

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Prueba Absoluta. Distancia: 6.490 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
1	35	ABDELKADER BOUGUERROUDJ		VT1M- 1	00:22:38	00:03:30	00:22:38	00:03:30	GA-764529	ATLETISMO RIAZOR CORUÑA	A CORUÑA
2	1	MANUEL OLIVER PEREZ LOPEZ		VT2M- 1	00:22:46	00:03:31	00:22:46	00:03:31	GA-20506	CLUB ATLETISMO CORUÑA-COMA	EL BURGO
3	1061	MANUEL ANGEL PEREIRA RAMON		VT1M- 2	00:23:13	00:03:35	00:23:13	00:03:35			A CORUÑA
4	3037	FERNANDO DÍEZ GOMEZ		SNM- 1	00:23:25	00:03:37	00:23:25	00:03:37			LUGO
5	11	JAVIER SEOANE PUGA		VT1M- 3	00:23:41	00:03:39	00:23:41	00:03:39		A.D.C. BOMBEROS CORUÑA	CARBALLO
6	157	JOSE ANTONIO RECOUSO CAAMAÑO		VT1M- 4	00:23:45	00:03:40	00:23:45	00:03:40			A CORUÑA
7	3042	MARIO FRANCISCO FERNANDEZ		VT2M- 2	00:24:05	00:03:43	00:24:04	00:03:43			ESPAÑOLA
8	3006	HIGINIO RODRÍGUEZ SOUTO		VT3M- 1	00:24:06	00:03:43	00:24:06	00:03:43	GA764234	ATLETISMO MONTE SEGADE	LUGO
9	3002	JOSE SUAREZ LEIS		VT2M- 3	00:24:08	00:03:44	00:24:07	00:03:43	AG-766580	ATLETISMO BOIMORTO	A BAÑA
10	171	ANTONIO TEJIDO LOPEZ		SNM- 2	00:24:11	00:03:44	00:24:11	00:03:44			GUITIRIZ
11	3	OSCAR PAZOS BARBEITO		SNM- 3	00:24:14	00:03:44	00:24:14	00:03:44	AG 766303	ATLETISMO CORUÑA COMARCA	CAMBRE
12	47	JESUS ALVAREZ CHINCHILLA		VT2M- 4	00:24:15	00:03:45	00:24:12	00:03:44		CLUB ATLETISMO SADA	SADA
13	3015	FADY HOUT VARELA		VT1M- 5	00:24:20	00:03:45	00:24:19	00:03:45		CLUB TRIATLON CORUÑA	A CORUÑA
14	166	FERNANDO MANUEL LÓPEZ DE LAS HERAS		VT1M- 6	00:24:22	00:03:46	00:24:22	00:03:46			CULLEREDO
15	300	JOSE ANTONIO ABUIN TREUS		VT1M- 7	00:24:24	00:03:46	00:24:23	00:03:46		CLUB ATLETISMO SADA	CAMBRE
16	374	EMILIO MARTÍNEZ ANTA		VT3M- 2	00:24:30	00:03:47	00:24:30	00:03:47		EGOVARROS	A CORUÑA
17	221	ROI BARROS CORRAL		SNM- 4	00:24:52	00:03:50	00:24:52	00:03:50			A CORUÑA
18	373	PAULO XOÁN MUÍNELO PEDREIRA		VT2M- 5	00:24:55	00:03:51	00:24:54	00:03:51		CORUÑA COMARCA	CAMBRE
19	210	ERNESTO SOBRINO MARFULL		SNM- 5	00:25:01	00:03:52	00:25:01	00:03:52			A CORUÑA
20	3007	JOSE MANUEL GARCIA PAZ		VT1M- 8	00:25:05	00:03:52	00:25:00	00:03:52	A-10809	C. A. AS MARIÑAS BETANZOS	BETANZOS
21	370	IVAN SEGADE CAROU		SNM- 6	00:25:06	00:03:53	00:25:05	00:03:52	AG-766602	CLUB ATLETISMO BOIMORTO	A CORUÑA
22	3067	PABLO SEOANE AMOR		SNM- 7	00:25:07	00:03:53	00:25:01	00:03:52			BETANZOS
23	87	LINO SEOANE NARANJO		VT2M- 6	00:25:13	00:03:54	00:25:13	00:03:54		RIALTO	A CORUÑA
24	2096	MANUEL MEDIERO VEIRA		PRM- 1	00:25:22	00:03:55	00:25:22	00:03:55			A CORUÑA
25	10	FERNANDO MIGUEZ CARRO		SNM- 8	00:25:27	00:03:56	00:25:26	00:03:56		A.D. FOGAR	LA CORUÑA
26	1163	JOSE LUIS SEOANE UZAL		VT1M- 9	00:25:34	00:03:57	00:25:31	00:03:56			A CORUÑA
27	124	FERNANDO PÉREZ HERNÁNDEZ		VT2M- 7	00:25:46	00:03:59	00:25:44	00:03:58			A CORUÑA
28	1157	ANDRÉS VIDAL GIRÁLDEZ		SNM- 9	00:25:49	00:03:59	00:25:44	00:03:58			A CORUÑA
29	2081	JULIAN JOSE GESTO CAABEIRO		VT3M- 3	00:25:53	00:04:00	00:25:51	00:03:59			OLEIROS
30	1165	CARLOS RODRÍGUEZ SUÁÑEZ		SNM- 10	00:26:02	00:04:01	00:26:00	00:04:01			LA CORUÑA
31	3046	PABLO GINES MAYOR		VT1M- 10	00:26:05	00:04:02	00:26:03	00:04:01			A CORUÑA
32	2038	OSCAR BOUZA RODRIGUEZ		VT1M- 11	00:26:09	00:04:02	00:26:04	00:04:01			VALDOVIÑO
33	83	JOSE LUIS MARTINEZ VICENTE		VT1M- 12	00:26:11	00:04:03	00:26:11	00:04:03	GA 764739	PATUKOS TIM RANIN	A CORUÑA
34	298	ANTONIO ILLOBRE JIMENEZ		VT1M- 13	00:26:12	00:04:03	00:26:08	00:04:02		CLUB ATLETISMO SADA	SADA
35	1114	GONZALO BLANCO PAMPIN		SNM- 11	00:26:14	00:04:03	00:26:07	00:04:02			A CORUÑA
36	22	FCO JAVIER CORREA PIÑEIRO		VT2M- 8	00:26:24	00:04:05	00:26:21	00:04:04	AG-766585	ATLETISMO CORUÑA COMARCA	VILABOA-CULLEREDO
37	212	LUIS PINEDO ARMESTO		SNM- 12	00:26:25	00:04:05	00:26:21	00:04:04			A CORUÑA
38	371	ROBERTO GARCÍA PAZOS		SNM- 13	00:26:26	00:04:05	00:26:22	00:04:04		CLUB ATLETISMO SADA	SADA
39	5547	ALVARO GOMEZ CARDESIN		SNM- 14	00:26:27	00:04:05	00:26:23	00:04:04			A CORUÑA
40	1080	JESUS PEREDA FERNANDEZ		VT1M- 14	00:26:27	00:04:05	00:26:20	00:04:04			A CORUÑA
41	3059	GABRIEL PIZARRO VARELA		SNM- 15	00:26:30	00:04:05	00:26:27	00:04:05			A CORUÑA
42	77	RAFAEL SUAREZ FERNANDEZ		VT2M- 9	00:26:36	00:04:06	00:26:31	00:04:06	AG763630	MARINEDA ATLETICO	A CORUÑA
43	1074	FRANCISCO BASALO VAZQUEZ		VT1M- 15	00:26:42	00:04:07	00:26:39	00:04:07			CAMBRE
44	2507	SERGIO SANTOS CONCHEIRO		SNM- 16	00:26:48	00:04:08	00:26:45	00:04:08			LOUREDA
45	3050	DANIEL LEDO NEIRA		VT1M- 16	00:26:50	00:04:08	00:26:43	00:04:07			MEICENDE
46	160	JAVIER MUÑOZ		SNM- 17	00:26:51	00:04:09	00:26:44	00:04:08			LA CORUÑA
47	45	JESUS VAZQUEZ RODRIGUEZ		VT3M- 4	00:26:54	00:04:09	00:26:51	00:04:09		CLUB ATLETISMO MILLADOIRO	CEE
48	2090	JUAN LOUREIRO LODEIRO		VT1M- 17	00:26:55	00:04:09	00:26:47	00:04:08			A COTUÑA
49	3063	DIEGO RIVAS OLIVEIRA		VT1M- 18	00:26:57	00:04:10	00:26:54	00:04:09			A CORUÑA
50	93	SANTIAGO GARCIA BELLO		VT2M- 10	00:26:59	00:04:10	00:26:56	00:04:09		TRASNOS CORUÑA	CAMBRE
51	215	DANIEL PENAS LÓPEZ		SNM- 18	00:27:00	00:04:10	00:26:57	00:04:10			A CORUÑA
52	26	RODRIGO MÉNDEZ CASAS		SNM- 19	00:27:02	00:04:10	00:27:00	00:04:10	AG-767509	ATLETISMO CORUÑA COMARCA	A CORUÑA
53	151	RAMON EUGENIO MOSQUERA SILVA		VT1M- 19	00:27:04	00:04:11	00:26:57	00:04:10			LA CORUÑA
54	7	LUIS BALDÓ MACÍA		VT1M- 20	00:27:05	00:04:11	00:26:59	00:04:10		A.D. FOGAR	A CORUÑA
55	31	OSCAR DOPAZO PENIN		VT1M- 21	00:27:06	00:04:11	00:27:02	00:04:10		ATLETISMO RIAZOR CORUÑA	FEANS
56	154	EDU PINEDO ARMESTO		VT1M- 22	00:27:07	00:04:11	00:27:03	00:04:10			OLEIROS
57	1259	EDUARDO GRANDA FERNANDEZ		VT1M- 23	00:27:11	00:04:12	00:27:06	00:04:11		CLUB ATLETISMO SADA	SADA

58	2100 CARLOS MOAR ARES		SNM- 20	00:27:15	00:04:12	00:26:45	00:04:08		PONTECARREIRA
59	1072 JUAN CARLOS DIÉGUEZ TEJEIRO		VT2M- 11	00:27:16	00:04:13	00:27:14	00:04:12		CAMBRE
60	1009 ALEXANDRE GÓMEZ MIRAZ		SNM- 21	00:27:17	00:04:13	00:27:11	00:04:12	C.D. EGOVARROS-VIVEIRO	A CRUNHA
61	3032 CARLOS CASTRILLON CRESPO		VT2M- 12	00:27:18	00:04:13	00:27:09	00:04:11		A CORUÑA
62	3027 RAUL BARBEITO GESTAL		SNM- 22	00:27:23	00:04:14	00:27:22	00:04:13		MEICENDE
63	294 MANUEL FONTENLA MUIÑO		VT3M- 5	00:27:23	00:04:14	00:27:16	00:04:13	A7951	ATLETISMO CORUÑA COMARCA
64	2022 MARCOS ALONSO FILGUEIRA		SNM- 23	00:27:24	00:04:14	00:27:09	00:04:11		FERROL
65	194 LUIS GARRIDO LÓPEZ		SNM- 24	00:27:30	00:04:15	00:27:30	00:04:15		ARTEIXO
66	2165 ALVARO LOPEZ JACOME		VT1M- 24	00:27:31	00:04:15	00:27:18	00:04:13		A CORUÑA
67	368 DAVID GONZALEZ PARIS		SNM- 25	00:27:33	00:04:15	00:27:25	00:04:14	A.D.JARNACHAS	CORUÑA
68	335 DAVID SOUTO SANCHEZ		VT1M- 25	00:27:34	00:04:15	00:27:27	00:04:14		LA CORUÑA
69	2146 VICTOR MANUEL TASENDE GENDE		SNM- 26	00:27:35	00:04:15	00:27:17	00:04:13		CORISTANCO
70	5548 DIEGO TEJO GARCÍA		SNM- 27	00:27:35	00:04:15	00:27:27	00:04:14		A CORUÑA
71	232 ALEXANDRE PEDREIRA PENA		SNM- 28	00:27:40	00:04:16	00:27:38	00:04:16		A CORUÑA
72	230 JAVIER PARADELA MARTICÓ		VT1M- 26	00:27:44	00:04:17	00:27:41	00:04:16		ARTEIXO
73	2110 MARCOS PARDO FONTICOBIA		SNM- 29	00:27:45	00:04:17	00:27:37	00:04:16		FERROL
74	50 JUAN MÉNDEZ LÓPEZ		VT2M- 13	00:27:47	00:04:17	00:27:42	00:04:16	AG11270	CLUB ATLETISMO SADA
75	29 TOMAS ABLEDO PATIÑO		VT2M- 14	00:27:48	00:04:17	00:27:43	00:04:17	AG764064	ATLETISMO RIAZOR CORUÑA
76	3004 MANUEL PITA TRASANCOS		VT2M- 15	00:27:49	00:04:18	00:27:36	00:04:16		ATLETISMO CLUB SOCIAL BANCO
77	1005 MANUEL VARELA CAABEIRO		VT3M- 6	00:27:51	00:04:18	00:27:48	00:04:17		ATLETISMO CLUB SOCIAL BANCO
78	2174 SIN DATOS DEL DORSAL 2174		SNM- 30	00:27:53	00:04:18	00:27:48	00:04:17		
79	52 GIOVANNI QUINTANS MELENDEZ		VT2M- 16	00:27:53	00:04:18	00:27:47	00:04:17		CLUB ATLETISMO SADA
80	2053 OMAR DIAZ ABELAIRA		SNM- 31	00:27:53	00:04:18	00:27:44	00:04:17		LA CORUNA
81	225 STOIL NIKOLOV NIKOLOV		VT1M- 27	00:27:54	00:04:18	00:27:48	00:04:17	NO	A CORUÑA
82	231 ÓSCAR CARRACEDO REGUEIRA		VT1M- 28	00:27:55	00:04:19	00:27:50	00:04:18		ARTEIXO
83	3045 JOSE LUIS GESTAL CANDAL		VT3M- 7	00:27:58	00:04:19	00:27:29	00:04:15		A CORUÑA
84	209 DANIEL IGLESIAS PINTADO		SNM- 32	00:28:00	00:04:19	00:27:55	00:04:19		A CORUÑA
85	1316 JAVIER ACCION RODRIGUEZ		SNM- 33	00:28:02	00:04:20	00:27:58	00:04:19		A CORUÑA
86	185 FRANCISCO JAVIER GONZÁLEZ LEDO		VT2M- 17	00:28:06	00:04:20	00:28:02	00:04:20		CULLEREDO
87	3038 MANUEL DOLDAN		VT1M- 29	00:28:08	00:04:21	00:28:00	00:04:19		LA CORUÑA
88	1348 JACOBO RODRIGUEZ COBO		VT1M- 30	00:28:09	00:04:21	00:27:59	00:04:19		LA CORUÑA
89	400 PABLO FRANCO YAÑEZ		SNM- 34	00:28:10	00:04:21	00:27:57	00:04:19		A CORUÑA
90	12 FRANCISCO SOTO GARCÍA		VT3M- 8	00:28:11	00:04:21	00:28:01	00:04:19		AMIG@S DE SAN DIEGO
91	44 PEDRO DOMENECH GONZÁLEZ		VT1M- 31	00:28:19	00:04:22	00:28:06	00:04:20		CLUB ATLETISMO CORUÑA COMA
92	3030 SIMÓN CALVIÑO CALVIÑO		SNM- 35	00:28:20	00:04:22	00:28:04	00:04:20		CULLEREDO
93	1092 CONSTANTINO REAL RODRIGUEZ		VT2M- 18	00:28:20	00:04:22	00:28:17	00:04:22		A CORUÑA
94	1278 JUAN CARLOS BERGONDO BRANDARIZ		VT2M- 19	00:28:22	00:04:23	00:28:16	00:04:22		LA CORUÑA
95	1007 GABRIEL DOMÍNGUEZ DOS SANTOS		SNM- 36	00:28:24	00:04:23	00:28:21	00:04:22		NOS (OLEIROS)
96	3039 EZEQUIEL FERNANDEZ GUINDA		VT2M- 20	00:28:25	00:04:23	00:28:11	00:04:21	ATLETISMO CORUÑA COMARCA	A CORUÑA
97	134 MAURICIO VILLADONIGA MARTIN		VT2M- 21	00:28:29	00:04:24	00:28:23	00:04:23		LA CORUÑA
98	2059 SOFIA FERNANDEZ CASTRO	F- 1	PRF- 1	00:28:30	00:04:24	00:28:27	00:04:23		A CORUNA
99	2061 DAVID FERNANDEZ MARTINEZ		VT1M- 32	00:28:32	00:04:24	00:28:21	00:04:22		LA CARIDAD
100	1069 ALBERTO BARREIRO PÉREZ		VT1M- 33	00:28:33	00:04:24	00:28:19	00:04:22		A CORUÑA
101	2029 IGNACIO ARIAS FERNÁNDEZ		SNM- 37	00:28:37	00:04:25	00:28:14	00:04:21		A CORUÑA
102	1169 JOSE LUIS PÉREZ LADO		SNM- 38	00:28:37	00:04:25	00:28:25	00:04:23		A CORUÑA
103	317 CARLOS DEZA RODRIGUEZ		VT1M- 34	00:28:41	00:04:26	00:27:58	00:04:19	AG 767351	PATUKOS TIM RANIN
104	3052 JOSE LOSADA PEREZ		VT1M- 35	00:28:42	00:04:26	00:28:36	00:04:25		CULLEREDO
105	95 ANTONIO GARCIA BELLO		VT3M- 9	00:28:43	00:04:26	00:28:39	00:04:25		A CORUÑA
106	1031 JUAN ANTONIO RIVAS ROMERO		VT3M- 10	00:28:44	00:04:26	00:28:40	00:04:25		TRASNOS CORUÑA
107	180 DAVID CASADO BRAVO		VT2M- 22	00:28:45	00:04:26	00:28:21	00:04:23		EL TEMPLE
108	3017 ANDRES GARCIA RODRIGUEZ		PRM- 2	00:28:46	00:04:26	00:28:41	00:04:26		MESOIRO
109	304 ALBERTO MORLÁN OTERO		VT1M- 36	00:28:46	00:04:26	00:28:42	00:04:26	AG-764743	G.R. COMERCIAL PRAVIA
110	3025 NOEMI MORAL NAVAZO	F- 2	VT1F- 1	00:28:47	00:04:26	00:28:47	00:04:26		PRAVIA
111	76 RUBEN SERRAPIO GONZALEZ		SNM- 39	00:28:48	00:04:27	00:28:39	00:04:25		VERXEL NUTRICIÓN DEPORTIVA
112	91 EDUARDO JORGE VAZQUEZ AMOR		SNM- 40	00:28:49	00:04:27	00:28:40	00:04:25		OLEIROS
113	355 FELICIDAD LÓPEZ ARNAU	F- 3	VT1F- 2	00:28:50	00:04:27	00:28:50	00:04:27		LIDL
114	143 IAGO MARTINEZ LAFUENTE		VT1M- 37	00:28:50	00:04:27	00:28:21	00:04:22		SHIAI RUNNING TEAM
115	2169 CARLOS ONS VILAS		VT2M- 23	00:28:50	00:04:27	00:28:39	00:04:25		ATLETISMO RIAZOR CORUÑA
116	2088 OSCAR LOPEZ RODRIGUEZ		VT1M- 38	00:28:52	00:04:27	00:28:31	00:04:24		A CORUÑA
117	3048 MARCOS LAGO CASTRO		VT1M- 39	00:28:53	00:04:27	00:28:44	00:04:26		A CORUÑA
118	2019 JOSE AGRA RAMOS		VT2M- 24	00:28:54	00:04:28	00:28:27	00:04:24		A CORUÑA

119	3078 IGNACIO NORNIELLA FERNÁNDEZ		SNM- 41	00:28:54	00:04:28	00:28:37	00:04:25		LA CORUÑA
120	54 VICTOR MANUEL NAYA LOPEZ		VT2M- 25	00:28:56	00:04:28	00:28:47	00:04:27		CLUB DE COMUNICACIÓNS - FEDE LUGO
121	156 JOSÉ MANUEL CASÁS CASÁS		VT1M- 40	00:28:57	00:04:28	00:28:49	00:04:27		A CORUÑA
122	3005 TERESA CORRAL MARCOS	F- 4	VT2F- 1	00:29:02	00:04:29	00:29:02	00:04:29	GA-764232	ATLETISMO MONTE SEGADE LUGO
123	43 XESUS MANUEL SEGADE CAROU		VT1M- 41	00:29:02	00:04:29	00:28:53	00:04:27		CLUB ATLETISMO BOIMORTO A CORUÑA
124	2003 MARIO RODRÍGUEZ OTERO		VT1M- 42	00:29:02	00:04:29	00:28:56	00:04:28		ATLETISMO FONTES DO SAR AMES
125	387 JAIME LÓPEZ CAINZOS		VT1M- 43	00:29:03	00:04:29	00:28:55	00:04:28		A CORUÑA
126	62 JOSE ANDRES ALDREY VARELA		VT2M- 26	00:29:07	00:04:30	00:28:59	00:04:28		CLUB TRIATLON CORUÑA A CORUÑA
127	1016 ADRIÁN VIAÑO IGLESIAS		SNM- 42	00:29:10	00:04:30	00:28:58	00:04:28		DENODO RUNNING CLUB A CORUÑA
128	227 MARC PERRAMON BONIGNO		VT2M- 27	00:29:10	00:04:30	00:29:00	00:04:29		A CORUÑA
129	1089 JULIO COSTA RE CAREY		SNM- 43	00:29:11	00:04:30	00:29:04	00:04:29		LA CORUÑA
130	3012 JOSELO TUBIO MARTINEZ		VT2M- 28	00:29:11	00:04:30	00:28:56	00:04:28	A 9929	CLUB ATLETISMO NOIA NOIA
131	1018 ÁNGEL BRANTUAS GONZÁLEZ		SNM- 44	00:29:13	00:04:31	00:29:01	00:04:29		DENODO RUNNING CLUB A CORUÑA
132	3049 YUL LAMADRID RODRIGUEZ		SNM- 45	00:29:14	00:04:31	00:28:43	00:04:26		A CORUÑA
133	137 CARLOS CASTRO RODRIGUEZ		VT1M- 44	00:29:20	00:04:32	00:28:46	00:04:26		LARACHA
134	3024 IVAN SANCHEZ RILO		VT1M- 45	00:29:21	00:04:32	00:29:11	00:04:30		TRASNOS CORUÑA A CORUÑA
135	238 JAVIER VILLAMISAR VÁZQUEZ		PRM- 3	00:29:21	00:04:32	00:29:09	00:04:30		CORUÑA
136	2086 DAVID LAMAS DÍAZ		VT1M- 46	00:29:21	00:04:32	00:28:57	00:04:28		POLA DE SIERO
137	1319 UXIA GARCIA DIAZ	F- 5	PRF- 2	00:29:23	00:04:32	00:29:22	00:04:32		ATLETISMO RIAZOR CORUÑA A CORUÑA
138	395 FÉLIX QUINTÁNS MELÉNDEZ		VT2M- 29	00:29:27	00:04:33	00:29:22	00:04:32		OLEIROS (SANTA CRUZ)
139	1357 FRANCISCO SEGUIN OUTEIRIÑO		VT2M- 30	00:29:28	00:04:33	00:29:18	00:04:31		CULLEREDO
140	3068 JOSE MANUEL SEOANE CHAS		VT3M- 11	00:29:29	00:04:33	00:29:03	00:04:29		CECEBRE/CAMBRE
141	6 EUSEBIA MALDONADO	F- 6	SNF- 1	00:29:30	00:04:33	00:29:28	00:04:33	NO TENGO	A CORUÑA
142	98 DOMINGO ALVAREZ IGLESIAS		VT4M- 1	00:29:30	00:04:33	00:29:23	00:04:32		LA CORUÑA
143	2118 JESÚS PRESEDO MARTÍNEZ		VT1M- 47	00:29:32	00:04:33	00:28:55	00:04:28		OLEIROS
144	150 MARCOS ALVAREZ PATIÑO		VT1M- 48	00:29:32	00:04:34	00:29:26	00:04:32		A CORUÑA
145	2173 ENRIQUE JORGE RAMA RODRIGUEZ		VT2M- 31	00:29:34	00:04:34	00:29:24	00:04:32		A CORUÑA
146	51 CARLOS AMOR GOMEZ		VT2M- 32	00:29:35	00:04:34	00:29:15	00:04:31		CLUB ATLETISMO SADA A CORUÑA
147	354 ALBA REY PENELAS	F- 7	SNF- 2	00:29:36	00:04:34	00:29:29	00:04:33		ATLETISMO RIAZOR CORUÑA A CORUÑA
148	1345 MATEO TORRES NEIRA		SNM- 46	00:29:39	00:04:35	00:29:25	00:04:32		A CORUÑA
149	390 JUAN ANTONIO DOMINGUEZ LOPEZ		VT2M- 33	00:29:43	00:04:35	00:29:36	00:04:34		A CORUÑA
150	169 GIOVANI GARCÍA ESTÉVEZ		SNM- 47	00:29:44	00:04:35	00:29:15	00:04:31		LUGO
151	1175 ENRIQUE SEOANE PUGA		VT1M- 49	00:29:44	00:04:35	00:29:35	00:04:34		CARBALLO
152	263 MONTSERRAT HERNÁNDEZ GARCÍA	F- 8	VT2F- 2	00:29:44	00:04:35	00:29:41	00:04:35		CLUB RIALTO A CORUÑA
153	2076 PAULO GARCÍA SECO		PRM- 4	00:29:46	00:04:36	00:29:28	00:04:33		A CORUÑA
154	142 SIMON LOPEZ EIROA		VT1M- 50	00:29:46	00:04:36	00:29:39	00:04:35		PERILLO OLEIROS
155	347 CARLOS MÁIZ MANSO		SNM- 48	00:29:46	00:04:36	00:29:29	00:04:33		A CORUÑA
156	1039 JOSE MARIA MARTIN VEZ		SNM- 49	00:29:47	00:04:36	00:29:46	00:04:36		CORUÑA
157	3072 MANUEL VAZQUEZ RAMOS		VT2M- 34	00:29:51	00:04:36	00:29:43	00:04:35		ARANGA
158	2095 IVAN MARTINEZ QUINTÁ		SNM- 50	00:29:53	00:04:37	00:29:31	00:04:33		A CORUÑA
159	2503 ESTEBAN M. MONTEIRO CANO		SNM- 51	00:29:55	00:04:37	00:29:23	00:04:32		BEMBIBRE
160	73 DANIEL LÓPEZ GARCÍA		SNM- 52	00:29:56	00:04:37	00:29:18	00:04:31		INDRA RUNNERS PERILLO
161	362 KARINA CALLON TREUS	F- 9	SNF- 3	00:30:00	00:04:38	00:29:58	00:04:37		CLUB ATLETISMO SADA CAMBRE
162	3047 EVARISTO GONZALEZ JORGE		VT2M- 35	00:30:06	00:04:39	00:30:01	00:04:38		OLEIROS
163	1125 ERIK PARADA GUTIÉRREZ		SNM- 53	00:30:06	00:04:39	00:29:38	00:04:34		A CORUÑA
164	1003 JAVIER ESTÉVEZ RAMA		VT1M- 51	00:30:07	00:04:39	00:29:56	00:04:37		AMIG@S DE SAN DIEGO A CORUÑA
165	1151 MARTIN BARBEITO LONGARELA		PRM- 5	00:30:08	00:04:39	00:29:51	00:04:36		A CORUÑA
166	3023 PABLO GONZALEZ GONZALEZ		VT3M- 12	00:30:09	00:04:39	00:29:59	00:04:38	AG767014	RUNAWAYS A CORUÑA
167	358 INES PAPIN ESTEVEZ	F- 10	VT2F- 3	00:30:09	00:04:39	00:30:07	00:04:39		CLUB ATLETISMO SADA CAMBRE
168	1123 RUBÉN DIAZ GIL		SNM- 54	00:30:11	00:04:39	00:29:47	00:04:36		A CORUÑA
169	94 JESUS ASTRAY CASTRO		VT2M- 36	00:30:11	00:04:39	00:30:00	00:04:38		TRASNOS CORUÑA A CORUÑA
170	2051 MIGUEL ANGEL CUBA LOPEZ		VT1M- 52	00:30:13	00:04:40	00:30:01	00:04:38		LA CORUÑA
171	38 LUIS MARCELO BELLO GOMEZ		VT2M- 37	00:30:14	00:04:40	00:29:21	00:04:32		C.D. EGOVARROS - VIVEIRO VILABOA CULLEREDO
172	42 JUAN MENÉNDEZ ARBESÚ		VT3M- 13	00:30:15	00:04:40	00:29:20	00:04:32		C.D.EGOVARROS-VIVEIRO O BURGO
173	1257 RAMON DE LAS HERAS FERNANDEZ		JNM- 1	00:30:15	00:04:40	00:29:59	00:04:38		C.R.A.T. A CORUÑA
174	2066 ALBERTO FIGUEIRAS		VT1M- 53	00:30:18	00:04:40	00:30:07	00:04:39		A CORUÑA
175	1255 ISAAC BARJA PRIETO		JNM- 2	00:30:18	00:04:41	00:30:02	00:04:38		C.R.A.T. A CORUÑA
176	2139 OSCAR SEGADE ZAS		VT3M- 14	00:30:18	00:04:41	00:29:49	00:04:36		A CORUÑA
177	37 JULIO VÁZQUEZ PEDREIRA		VT2M- 38	00:30:20	00:04:41	00:29:54	00:04:37		C.A. AS MARIÑAS BETANZOS
178	1020 ANTONIO REMUIÑAN SANCHEZ		VT4M- 2	00:30:20	00:04:41	00:30:15	00:04:40		MEDIA DUCIA CARBALLO
179	2015 CARLOS ALVEDRO GARCÍA		VT2M- 39	00:30:22	00:04:41	00:30:04	00:04:38		SAPOCONCHOS LA CORUÑA

180	2132	LUIS RODRÍGUEZ FERREIRO		VT1M- 54	00:30:22	00:04:41	00:30:03	00:04:38		LA CORUÑA
181	228	SUSO RAMOS RODRIGUEZ		VT2M- 40	00:30:25	00:04:42	00:30:17	00:04:40	NO	A LARACHA
182	226	RUBEN MARTINEZ DEL RIO		VT2M- 41	00:30:25	00:04:42	00:30:09	00:04:39		O TEMPLE - CAMBRE
183	139	ANGEL JUVIÑO PREGO		VT2M- 42	00:30:25	00:04:42	00:30:09	00:04:39		ARTEIXO
184	3001	MARIA JOSÉ GROBAS GARABOA	F- 11	VT2F- 4	00:30:25	00:04:42	00:30:16	00:04:40		ATLETICA A SILVA
185	67	ANTONIO HERNANDEZ BARREIRO		VT4M- 3	00:30:26	00:04:42	00:30:18	00:04:41		EGOVARROS DE VIVEIRO
186	1052	MIGUEL LEMUS BARROS		VT2M- 43	00:30:27	00:04:42	00:30:07	00:04:39		A CORUÑA
187	388	LUIS GARCIA IGLESIAS		SNM- 55	00:30:31	00:04:42	00:30:19	00:04:41		A CORUÑA
188	1137	JOSE LOMBAN PAZOS		SNM- 56	00:30:31	00:04:43	00:30:16	00:04:40		A CORUÑA
189	2172	ADRIAN FERNANDEZ CASAL		SNM- 57	00:30:34	00:04:43	00:29:56	00:04:37		FERROL
190	2147	ALBERTO TOJO RODRIGUEZ		VT1M- 55	00:30:35	00:04:43	00:30:19	00:04:41		PASTORIZA
191	1119	EDUARDO NÚÑEZ IGLESIAS		ESPM- 1	00:30:36	00:04:43	00:30:22	00:04:41		A CORUÑA
192	1147	OSCAR LUCERO IÑIGUEZ		SNM- 58	00:30:37	00:04:43	00:30:10	00:04:39		A CORUÑA
193	1051	RAFAEL NÚÑEZ OTERO		VT2M- 44	00:30:37	00:04:44	00:30:16	00:04:40		A CORUÑA
194	223	ANTONIO SAUCA GUERRERO		SNM- 59	00:30:38	00:04:44	00:30:10	00:04:39		EL TEMPLE
195	2011	MANUEL PUENTE VEIGA		VT1M- 56	00:30:38	00:04:44	00:30:06	00:04:39		MANOLETE PUENTE
196	2089	DANIEL LOSADA GONZÁLEZ		VT2M- 45	00:30:39	00:04:44	00:30:17	00:04:40		LA CORUÑA
197	1185	MARTA GIL FERNÁNDEZ	F- 12	SNF- 4	00:30:40	00:04:44	00:30:40	00:04:44		A.D. FOGAR
198	239	GUILLERMO CONCHEIRO FERNÁNDEZ		VT3M- 15	00:30:42	00:04:44	00:30:14	00:04:40		CARRAL
199	24	ALBERTO PARDO FERNANDEZ		VT1M- 57	00:30:43	00:04:44	00:30:15	00:04:40	AG-766454	ATLETISMO CORUÑA COMARCA
200	359	MONTSE FERNÁNDEZ RAMOS	F- 13	VT2F- 5	00:30:44	00:04:45	00:30:41	00:04:44		CLUB ATLETISMO SADA
201	1344	JOSE RAMON SANDÁ LORENZO		VT1M- 58	00:30:51	00:04:46	00:30:35	00:04:43		LA CORUÑA
202	1260	JACINTO PARGA FERNANDEZ		VT2M- 46	00:30:52	00:04:46	00:30:32	00:04:43		CLUB ATLETISMO SADA
203	2052	OLAF DIAZ ABELAIRA		SNM- 60	00:30:55	00:04:46	00:30:43	00:04:44		A CORUÑA
204	1148	RAMON ISMAEL LUCERO IÑIGUEZ		PRM- 6	00:31:00	00:04:47	00:30:32	00:04:43		LA CORUÑA
205	2044	FRAN CASTRILLÓN SÁNCHEZ		VT2M- 47	00:31:01	00:04:47	00:30:59	00:04:47		A CORUÑA
206	268	MARIA LUISA LOPEZ GARCIA	F- 14	VT2F- 6	00:31:02	00:04:47	00:30:59	00:04:47		WWW.ROBERTOPICO.COM
207	1170	MARCOS GUSTAVO ALVAREZ LÓPEZ		SNM- 61	00:31:02	00:04:47	00:30:37	00:04:43		A CORUÑA
208	2027	ANGEL ARAÚJO		SNM- 62	00:31:04	00:04:48	00:30:33	00:04:43		FERROL
209	41	JOSE ANTONIO GOMEZ BOTANA		VT3M- 16	00:31:06	00:04:48	00:30:37	00:04:44	A7440	C.D.EGOVARROS-VIVEIRO
210	3014	NESTOR ARIAS PAZ		VT2M- 48	00:31:07	00:04:48	00:30:43	00:04:44		CLUB MONTEPENARUBIA RUNNIN
211	1273	BORIA MUÑOZ PLAZA		VT1M- 59	00:31:09	00:04:48	00:30:49	00:04:45		A CORUÑA
212	3062	RENATO RIVAS LOPEZ		SNM- 63	00:31:12	00:04:49	00:30:49	00:04:45		LA CORUÑA
213	278	IRIA SOTO IGLESIAS	F- 15	SNF- 5	00:31:12	00:04:49	00:31:00	00:04:47		A CORUÑA
214	244	VÍCTOR MANUEL VAZQUEZ MOSTEIRO		VT3M- 17	00:31:14	00:04:49	00:30:45	00:04:45		A CORUÑA
215	305	FERNANDO MÍGUEZ SÁNCHEZ		VT2M- 49	00:31:17	00:04:50	00:30:53	00:04:46		CLUB ATLETISMO SADA
216	90	JAVIER RIO RODRIGUEZ		VT2M- 50	00:31:17	00:04:50	00:31:03	00:04:47		RUNNERS CARBALLO
217	68	JOSE MARIA LEVOSO TOUCEDA		VT2M- 51	00:31:17	00:04:50	00:31:08	00:04:48		ESPRINTES OURENSE
218	2025	MIGUEL ALVEDRO GARCÍA		VT1M- 60	00:31:19	00:04:50	00:31:00	00:04:47		A CORUÑA
219	2097	NICOLAS MEDINA FONT		SNM- 64	00:31:21	00:04:50	00:31:13	00:04:49		LA CORUÑA
220	1172	JOSÉ ANTONIO REDONDO LOPEZ		PRM- 7	00:31:23	00:04:51	00:31:05	00:04:48		LA CORUÑA
221	152	CARLOS SANTOS MARTINEZ		VT1M- 61	00:31:25	00:04:51	00:31:17	00:04:50		A CORUÑA
222	240	ANTON GARCIA PEREZ		VT1M- 62	00:31:25	00:04:51	00:31:17	00:04:50		CORUÑA
223	2104	CARLOS ORGEIRA FERNANDEZ		SNM- 65	00:31:25	00:04:51	00:31:07	00:04:48		A CORUÑA
224	3060	JUSTO REAL IGLESIAS		VT2M- 52	00:31:26	00:04:51	00:31:14	00:04:49		A CORUÑA
225	1142	DAVID ULLOA SOBRINO		SNM- 66	00:31:27	00:04:51	00:31:05	00:04:48		A CORUÑA
226	2041	GONZALO CARNOTA COSTOYA		SNM- 67	00:31:28	00:04:51	00:30:45	00:04:45		OROSO
227	1027	FERNANDO I. MONTES MENDOZA		SNM- 68	00:31:28	00:04:51	00:30:57	00:04:47		BERGONDO
228	2159	JOSE MANUEL VILAR ARCOS		VT3M- 18	00:31:30	00:04:52	00:31:03	00:04:48		A CORUÑA
229	234	HECTOR BERTO A SANCHEZ		SNM- 69	00:31:30	00:04:52	00:31:22	00:04:50		ARTEIXO
230	2010	FRANCISCO FUENTES BERMEJO		VT2M- 53	00:31:32	00:04:52	00:31:15	00:04:49		LEONES RUNNING TEAM
231	59	JAVIER GRUEIRO BOUZA		VT2M- 54	00:31:34	00:04:52	00:31:20	00:04:50		CLUB RIALTO
232	1155	ÁLVARO GARCÍA FERNÁNDEZ		SNM- 70	00:31:37	00:04:53	00:30:58	00:04:47		A CORUÑA
233	1161	ALFONSO REMUIÑAN SANCHEZ		VT2M- 55	00:31:37	00:04:53	00:31:18	00:04:50		A CORUÑA
234	353	ADÁN A. ROQUE		SNM- 71	00:31:38	00:04:53	00:31:21	00:04:50		LA CORUÑA
235	129	JOSÉ MARÍA REIGOSA MARTINEZ		VT2M- 56	00:31:38	00:04:53	00:31:26	00:04:51		A CORUÑA
236	1054	MANUEL BASALO VAZQUEZ		VT2M- 57	00:31:39	00:04:53	00:31:28	00:04:51		LA CORUÑA
237	3028	MANUEL BOUZAS ESPASANDIN		SNM- 72	00:31:41	00:04:53	00:31:26	00:04:51		A CORUÑA
238	2131	JASON EDGAR RODRÍGUEZ FERREIRO		PRM- 8	00:31:43	00:04:54	00:31:23	00:04:51		A CORUÑA
239	1376	ELISA PAZ SOUTO	F- 16	VT3F- 1	00:31:43	00:04:54	00:31:40	00:04:53		A CORUÑA
240	1241	NOELIA CARUNCHO GARCIA	F- 17	VT1F- 3	00:31:48	00:04:54	00:31:34	00:04:52		LA CORUÑA

241	1133 DANIEL NOGUEIRA CARRO		SNM- 73	00:31:49	00:04:55	00:31:27	00:04:51		A CORUÑA
242	2106 CARLOS OTERO IGLESIAS		VT1M- 63	00:31:50	00:04:55	00:31:39	00:04:53		A CORUÑA
243	133 INDALECIO TEJEIRO MÉNDEZ		VT2M- 58	00:31:51	00:04:55	00:31:21	00:04:50		CULLEREDO
244	99 JOSE ANTONIO MÉNDEZ PAMPÍN		VT3M- 19	00:31:52	00:04:55	00:31:17	00:04:50		LA CORUÑA
245	3020 ADRIAN QUEVEDO PEREZ		SNM- 74	00:31:53	00:04:55	00:31:05	00:04:48	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
246	147 JOSÉ NÚÑEZ RODRÍGUEZ		SNM- 75	00:31:54	00:04:55	00:31:20	00:04:50		A CORUÑA
247	214 MIGUEL LOPEZ CASTELO		SNM- 76	00:31:55	00:04:56	00:31:49	00:04:55		A CORUÑA
248	3065 RAMON RODRIGUEZ ENRIQUEZ		VT2M- 59	00:31:56	00:04:56	00:31:56	00:04:56		O BURGO
249	2119 MARTIN PUÑAL		PRM- 9	00:31:57	00:04:56	00:31:34	00:04:52		A CORUÑA
250	2101 LALO NAVEIRA RAMOS		SNM- 77	00:31:59	00:04:56	00:31:41	00:04:53		A CORUÑA
251	311 JUAN JOSE GOMEZ NEGREIRA		VT2M- 60	00:31:59	00:04:56	00:31:34	00:04:52	CLUB TRIATLON CORUÑA	A CORUÑA
252	2103 MANUEL NOVO SANCHEZ		SNM- 78	00:31:59	00:04:56	00:31:19	00:04:50		BETANZOS
253	195 ROBERTO PONTE NOYA		VT1M- 64	00:31:59	00:04:56	00:31:48	00:04:54		A CORUÑA
254	198 ALEJANDRO PEREZ GIANNETTO		VT1M- 65	00:32:02	00:04:57	00:31:42	00:04:53		A CORUÑA
255	320 ALEX ANTELO		VT1M- 66	00:32:03	00:04:57	00:31:36	00:04:53	PROYECTO BULULÚ	A CORUÑA
256	2126 PABLO RIVAS OLIVEIRA		SNM- 79	00:32:05	00:04:57	00:32:02	00:04:57		CULLEREDO
257	1129 GONZALO PENA BUJAN		SNM- 80	00:32:06	00:04:57	00:31:23	00:04:51		A CORUÑA
258	2141 SERGIO REY AÑÓN		SNM- 81	00:32:09	00:04:58	00:31:48	00:04:54		A LARACHA
259	1106 JORGE ALVAREZ LOPEZ		VT1M- 67	00:32:09	00:04:58	00:31:36	00:04:53		A CORUÑA
260	2155 ALEJANDRO VAZQUEZ QUIAN		SNM- 82	00:32:12	00:04:58	00:31:19	00:04:50		CULLEREDO
261	3066 JUAN DAVID RUIZ PIÑEIRO		SNM- 83	00:32:14	00:04:58	00:31:56	00:04:56		A CORUÑA
262	2020 SONIA MARIA AGUIÓN COSTOYA	F- 18	VT1F- 4	00:32:17	00:04:59	00:32:08	00:04:58		A CORUÑA
263	1291 ELADIO FERNÁNDEZ BARRIGÜETE		VT1M- 68	00:32:17	00:04:59	00:31:58	00:04:56		A CORUÑA
264	242 FRAN RODRÍGUEZ LÓPEZ		VT1M- 69	00:32:17	00:04:59	00:31:58	00:04:56		A CORUÑA
265	3051 MANUEL LÓPEZ ROIBÁS		VT3M- 20	00:32:19	00:04:59	00:31:48	00:04:54		A CORUÑA
266	3021 SONIA ROCA CANZOBRE	F- 19	VT1F- 5	00:32:19	00:04:59	00:31:45	00:04:54	AG-766807 NOSPORTLIMIT-TREK GALICIA	CAMBRE
267	1211 EVA MARIA FARIÑAS LOPEZ	F- 20	VT2F- 7	00:32:20	00:04:59	00:32:11	00:04:58		CORUÑA
268	2080 DANIEL GESTAL MARTINEZ		PRM- 10	00:32:24	00:05:00	00:31:54	00:04:55		A CORUÑA
269	1150 HUGO IGLESIAS VIGIL		SNM- 84	00:32:25	00:05:00	00:32:00	00:04:56		A CORUÑA
270	313 ALEJANDRO ALVAREZ RODRÍGUEZ		SNM- 85	00:32:25	00:05:00	00:32:07	00:04:57	LEONES RUNNING TEAM	A CORUÑA
271	3010 VÍCTOR HUGO CONDE LÓPEZ		VT1M- 70	00:32:26	00:05:00	00:32:18	00:04:59	CD GAS NATURAL FENOSA	CEE
272	1067 FRANCISCO JAVIER MARTINEZ SANTOS		VT2M- 61	00:32:32	00:05:01	00:32:03	00:04:57		A CORUÑA
273	3036 DAVID DÍAZ PÉREZ		VT1M- 71	00:32:34	00:05:01	00:31:45	00:04:54		CORUÑA
274	2075 HÉCTOR GARCÍA MONTERO		SNM- 86	00:32:35	00:05:02	00:31:57	00:04:56		LA CORUÑA
275	1046 JUAN MANUEL HERBON ARIAS		VT2M- 62	00:32:38	00:05:02	00:32:22	00:05:00		EL TEMPLE
276	1160 SERGIO CAÑIZARES RIVAS		VT2M- 63	00:32:40	00:05:02	00:32:01	00:04:56		CULLEREDO
277	1251 RAQUEL BOTANA	F- 21	VT1F- 6	00:32:40	00:05:03	00:32:31	00:05:01		CAMBRE
278	2008 GONZALO ALONSO VÁZQUEZ		SNM- 87	00:32:41	00:05:03	00:32:08	00:04:57	GANTESPORT	A CORUÑA
279	1085 SERAFIN AFONSO BAÑA		VT3M- 21	00:32:42	00:05:03	00:32:30	00:05:01		A CORUÑA
280	117 FRANCISCO JAVIER VILLAMISAR CALVIÑO		VT2M- 64	00:32:43	00:05:03	00:32:31	00:05:01		LA CORUÑA
281	1292 JAVIER LÓPEZ FERNÁNDEZ		SNM- 88	00:32:44	00:05:03	00:32:26	00:05:00		A CORUÑA
282	3026 VÍCTOR MANUEL ALVAREZ TABOADA		SNM- 89	00:32:46	00:05:03	00:32:28	00:05:01		A CORUÑA
283	2032 GERMAN BARBEITO REY		VT2M- 65	00:32:47	00:05:04	00:32:10	00:04:58		CULLEREDO
284	2171 ALEJANDRO OCAMPOS VEIGA		SNM- 90	00:32:47	00:05:04	00:32:08	00:04:58		ARTEIXO - VILLARODIS
285	2077 MANUEL GAREA SUÁREZ		SNM- 92	00:32:47	00:05:04	00:32:06	00:04:57		FRADES
286	3041 JOSE FERREÑO GARCIA		SNM- 91	00:32:47	00:05:04	00:32:21	00:05:00		CULLEREDO
287	2148 MARCELO GABRIEL TRIPODI		VT3M- 22	00:32:48	00:05:04	00:32:15	00:04:59		A CORUÑA
288	3058 JOSE LUIS PENALTA DATORRE		VT3M- 23	00:32:49	00:05:04	00:32:16	00:04:59		EL TEMPLE -CAMBRE
289	1070 JOSE MANUEL DARRIBA GONZÁLEZ		VT2M- 66	00:32:49	00:05:04	00:32:16	00:04:59		CARBALLO
290	1162 JUAN FERNANDEZ		VT1M- 72	00:32:51	00:05:04	00:32:08	00:04:57		CAMBRE
291	2013 ROBERTO PEREZ Y OSUNA		VT2M- 67	00:32:52	00:05:04	00:32:04	00:04:57	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
292	357 BEGOÑA SENDON RICO	F- 22	VT2F- 8	00:32:52	00:05:04	00:32:49	00:05:04	CLUB ATLETISMO SADA	BERGONDO
293	2048 IVÁN CLAVEL SAN EMETERIO		VT1M- 73	00:32:53	00:05:04	00:32:32	00:05:01		ARTEIXO
294	2079 RUBÉN GERPE BERTOIA		SNM- 93	00:32:54	00:05:05	00:32:32	00:05:01		ARTEIXO
295	146 JUAN CARLOS PALLEIRO MOSQUERA		VT2M- 68	00:32:57	00:05:05	00:32:30	00:05:01		ARTEIXO
296	1126 EFRÉN SOMORROSTRO RODRÍGUEZ		SNM- 94	00:32:57	00:05:05	00:32:05	00:04:57		LA CORUÑA
297	1124 IVÁN TOMÉ BAYO		SNM- 95	00:32:59	00:05:05	00:32:32	00:05:01		A CORUÑA
298	237 CARLOS GARCÍA SECO		SNM- 96	00:33:00	00:05:06	00:32:41	00:05:03		A CORUÑA
299	1358 JAVIER RODRÍGUEZ TORRES		SNM- 97	00:33:04	00:05:06	00:32:21	00:05:00		A CORUÑA
300	1164 JULIO CAÑÁS LARA		VT1M- 74	00:33:07	00:05:07	00:32:42	00:05:03		A CORUÑA
301	2115 DAMIÁN PEDREIRA GARCÍA		VT1M- 75	00:33:07	00:05:07	00:32:55	00:05:05		CAMBRE

302	66	IVAN FOLLA-CISNEROS VIDAL		VT2M- 69	00:33:07	00:05:07	00:32:33	00:05:01		CRLM	A CORUÑA
303	72	FRANCISCO JAVIER SALGADO BADÁS		VT1M- 76	00:33:10	00:05:07	00:32:29	00:05:01	AG-11168	INDRA RUNNERS	A CORUÑA
304	100	MANUEL FIGUEROA ROEL		VT3M- 24	00:33:10	00:05:07	00:32:41	00:05:03			LA CORUÑA
305	2073	JORGE FREIRE SARANDESES		SNM- 98	00:33:11	00:05:07	00:32:24	00:05:00			A CORUÑA
306	1118	JAVIER COLLAZO PEREZ		VT1M- 77	00:33:11	00:05:07	00:32:25	00:05:00			A CORUÑA
307	2105	RAIMUNDO OTERO GULDRIS		SNM- 99	00:33:13	00:05:07	00:32:47	00:05:03			LA CORUÑA
308	145	JUAN IGNACIO PALEO VIEITO		VT1M- 78	00:33:14	00:05:08	00:32:40	00:05:02			A CORUÑA
309	258	NATALIA MIGUEZ LOPEZ	F- 23	VT1F- 7	00:33:14	00:05:08	00:33:00	00:05:05		CLUB ATLETISMO SADA	SADA
310	2114	MANUEL PAZ CARBÓN		VT2M- 70	00:33:21	00:05:09	00:32:50	00:05:04			A CORUÑA
311	378	JOSÉ ANTONIO SAAVEDRA PAZOS		VT2M- 71	00:33:23	00:05:09	00:32:45	00:05:03	AG767357	RUNAWAYS	A CORUÑA
312	3044	LUIS ANTONIO GARCIA		VT1M- 79	00:33:23	00:05:09	00:32:42	00:05:03	AG765560		CHANTADA
313	2017	ALBERTO MARTÍNEZ MILLÁN		SNM- 100	00:33:24	00:05:09	00:32:44	00:05:03		TERMARIA RUNNING	A CORUÑA
314	254	Mª LUISA BARREIRO FUENTES	F- 24	VT1F- 8	00:33:24	00:05:09	00:33:10	00:05:07	G-763977	ATLETISMO RIAZOR	A CORUÑA
315	3033	ISAAC CIBRÁN CARRIL		SNM- 101	00:33:25	00:05:09	00:32:56	00:05:05			A CORUÑA
316	1317	ROMA RIVAS ALVAR		SNM- 102	00:33:25	00:05:09	00:33:21	00:05:09			A CORUÑA
317	1115	PABLO GALLARDO NÚÑEZ		SNM- 103	00:33:26	00:05:10	00:32:44	00:05:03			ESTEIRO
318	201	DAVID IGLESIAS RIGUEIRA		SNM- 104	00:33:28	00:05:10	00:33:17	00:05:08			A CORUÑA
319	1370	ESTEFANIA ABELENDA POSE	F- 25	SNF- 6	00:33:29	00:05:10	00:33:17	00:05:08			LARACHA
320	3016	HERMINIO SANTOS CAMEÁN		VT2M- 72	00:33:31	00:05:10	00:33:03	00:05:06		CLUBE ATLETISMO SADA	SADA
321	2006	MANU MUIÑO MIRON		VT2M- 73	00:33:31	00:05:10	00:33:06	00:05:06		CLUB ATLETISMO SADA	SADA
322	1218	MARIA DO CARMEN LOUZAO RODRÍGUEZ	F- 26	VT2F- 9	00:33:35	00:05:11	00:33:13	00:05:08			A CORUÑA
323	2039	DOMINIC BUTLER		SNM- 105	00:33:38	00:05:11	00:33:06	00:05:06			A CORUNA
324	1055	JOSE LUIS MARTÍNEZ LÓPEZ		VT2M- 74	00:33:39	00:05:12	00:33:03	00:05:06			A CORUÑA
325	345	RAFA PEREZ GONZALEZ		SNM- 106	00:33:40	00:05:12	00:32:52	00:05:04			A CORUÑA
326	2031	CRISTIAN BARALLOBRE RÚA		SNM- 107	00:33:40	00:05:12	00:33:22	00:05:09			A CORUÑA
327	1026	CARLOS DE LUIS CARBALLADA		VT2M- 75	00:33:43	00:05:12	00:33:19	00:05:08			A CORUÑA
328	1243	ANGELA SOUTO GONZÁLEZ	F- 27	SNF- 7	00:33:46	00:05:13	00:33:03	00:05:06			CAMBRE
329	1086	JAVIER BANDÍN MARENTES		VT1M- 80	00:33:48	00:05:13	00:33:01	00:05:06			A CORUÑA
330	1171	HECTOR FRAGA LOPEZ		VT1M- 81	00:33:49	00:05:13	00:33:06	00:05:07			OLEIROS
331	1176	DOMINGO CABARCOS PAJON		VT2M- 76	00:33:51	00:05:13	00:33:22	00:05:09			A CORUÑA
332	105	JUAN PAZOS COUTO		VT3M- 25	00:33:53	00:05:14	00:33:24	00:05:09			A CORUÑA
333	1004	LUIS JOSE LOPEZ LOPEZ		VT3M- 26	00:33:53	00:05:14	00:33:37	00:05:11		ATLETISMO CLUB SOCIAL BANCO	A CORUÑA
334	1314	OSCAR LOPEZ BLANCO		SNM- 108	00:33:56	00:05:14	00:33:45	00:05:12			CORUÑA
335	206	MANUEL LOPEZ CASCALLAR		VT1M- 82	00:33:57	00:05:14	00:33:43	00:05:12			A CORUÑA
336	2083	CARLOS GÓMEZ NÚÑEZ		VT1M- 83	00:34:00	00:05:15	00:33:44	00:05:12			OURENSE
337	2164	ANGEL MANUEL MIGUENS VAZQUEZ		VT1M- 84	00:34:01	00:05:15	00:33:48	00:05:13			A CORUÑA
338	3031	XOSÉ MANUEL CAMBÓN ARCEO		VT2M- 77	00:34:02	00:05:15	00:33:39	00:05:12			A CORUÑA
339	1193	MARÍA JESÚS GARCÍA TRABAZO	F- 28	SNF- 8	00:34:03	00:05:15	00:33:52	00:05:14		DENODO RUNNING CLUB	A CORUÑA
340	233	DAVID TUÑAS RÓO		SNM- 109	00:34:03	00:05:15	00:33:41	00:05:12			A CORUÑA
341	264	PILAR MARQUIZ HERNANDEZ	F- 29	VT4F- 1	00:34:03	00:05:15	00:33:55	00:05:14	AG/764581	CLUB RIAZOR	A CORUÑA
342	2152	DANIEL VÁZQUEZ BRAÑAS		SNM- 110	00:34:04	00:05:15	00:33:28	00:05:10			O TEMPLE - CAMBRE (A CORUÑA)
343	2058	MANUEL ESTEBAN		VT1M- 85	00:34:07	00:05:16	00:33:44	00:05:12			A CORUÑA
344	2501	ELISEO GARCÍA CRISTÓBAL		VT2M- 78	00:34:10	00:05:16	00:33:43	00:05:12		CLUB ATLETISMO SADA	CAMBRE
345	1047	RAMÓN PASANDÍN REGUEIRA		VT2M- 79	00:34:12	00:05:17	00:33:35	00:05:11			A CORUÑA
346	1347	MIGUEL PEREIRA FERNÁNDEZ		SNM- 111	00:34:12	00:05:17	00:33:32	00:05:11			A CORUÑA
347	1153	MARCOS BEAHÍN VÁZQUEZ		SNM- 112	00:34:14	00:05:17	00:33:39	00:05:12			CULLEREDO
348	1240	NATALIA MORRONE MOLLO	F- 30	VT1F- 9	00:34:19	00:05:18	00:33:32	00:05:10			ARTEIXO
349	2167	CARLOS ALVAREZ FERNANDEZ		VT1M- 86	00:34:20	00:05:18	00:33:38	00:05:11			CULLEREDO
350	276	VANESA NAVEIRA	F- 31	VT1F- 10	00:34:22	00:05:18	00:34:07	00:05:16			A CORUÑA
351	1349	JORGE BLANCO MARTIÑO		SNM- 113	00:34:22	00:05:18	00:33:56	00:05:14			A CORUÑA
352	1077	JAVIER CUIÑA BALADO		VT1M- 87	00:34:27	00:05:19	00:33:44	00:05:12			A CORUÑA
353	2113	DAVID PATO VAZQUEZ		VT1M- 88	00:34:28	00:05:19	00:34:28	00:05:19			A CORUÑA
354	2150	JAVIER VARELA GARCIA		VT1M- 89	00:34:29	00:05:19	00:34:09	00:05:16			ARTEIXO
355	2084	JUAN CARLOS IGLESIAS CASTAÑO		VT2M- 80	00:34:29	00:05:19	00:34:00	00:05:15			LA CORUÑA
356	3029	RICARDO BRANDÓN VENOZZA		VT2M- 81	00:34:30	00:05:19	00:33:39	00:05:11			A CORUÑA
357	2130	XOSE ALFONSO RODEIRO FERNÁNDEZ		SNM- 114	00:34:31	00:05:20	00:33:54	00:05:14			BETANZOS
358	181	DANIEL CIUDAD CENDÁN		VT2M- 82	00:34:35	00:05:20	00:33:52	00:05:13			CORUÑA
359	106	MANUEL JAVIER MUÑIZ SEIJAS		VT3M- 27	00:34:36	00:05:20	00:34:09	00:05:16			A CORUÑA
360	3054	JULIAN MORENO MARTOS		VT3M- 28	00:34:37	00:05:20	00:33:51	00:05:13			LA CORUÑA
361	2023	VICTOR ALVAR PARIENTE		JNM- 3	00:34:37	00:05:20	00:34:15	00:05:17			A CORUÑA
362	3035	ARACELI CRUJEIRAS GONZÁLEZ	F- 32	SNF- 9	00:34:38	00:05:21	00:33:54	00:05:14			ARTES - RIBEIRA

363	189	ALBERTO MANTIÑÁN PERNAS		VT1M- 90	00:34:39	00:05:21	00:33:54	00:05:14		LA CORUÑA
364	2085	JESUS MANUEL IGLESIAS MARIÑO		VT2M- 83	00:34:40	00:05:21	00:34:19	00:05:18		LARACHA
365	2024	VÍCTOR MANUEL ÁLVAREZ NOYA		VT1M- 91	00:34:40	00:05:21	00:33:59	00:05:15		A CORUÑA
366	1327	SANDRA FERNANDEZ EXPOSITO	F- 33	VT1F- 11	00:34:44	00:05:22	00:34:03	00:05:15		OURENSE
367	2070	JAVIER FRAGA LAMAS		VT1M- 92	00:34:45	00:05:22	00:33:59	00:05:15		A CORUÑA
368	1227	MARÍA BERMÚDEZ RODRÍGUEZ	F- 34	SNF- 10	00:34:48	00:05:22	00:34:26	00:05:19		LA CORUÑA
369	312	OCTAVIO SUSACASA NOVAL		VT2M- 84	00:34:50	00:05:22	00:34:31	00:05:20	LEONES RUNNING TEAM	A CORUÑA
370	2140	ALBERTO SEOANE AMOR		SNM- 115	00:34:51	00:05:23	00:34:11	00:05:16		BETANZOS
371	108	ALBERTO FRAGA RODRIGUEZ		VT2M- 85	00:34:54	00:05:23	00:34:10	00:05:16		A CORUÑA
372	1111	JUAN ALVAREZ VILLAR		SNM- 116	00:34:55	00:05:23	00:34:36	00:05:20		VIGO
373	39	FERMIN PAN OTERO		VT3M- 29	00:34:57	00:05:24	00:34:30	00:05:19	C.D. EGOVARROS-VIVEIRO	CORUÑA
374	1091	ALBERTO COUTO LOSADA		VT2M- 86	00:34:57	00:05:24	00:34:42	00:05:21		SANTIAGO
375	222	ENRIQUE PÉREZ RODRÍGUEZ-CARMONA		SNM- 117	00:34:59	00:05:24	00:34:40	00:05:21		RUTIS (CULLEREDO)
376	1032	DAVID PEDRE LOUREIRO		VT1M- 93	00:34:59	00:05:24	00:34:23	00:05:18		A CORUÑA
377	48	EDUARDO MIGUEL PINEDO IGLESIAS		VT4M- 4	00:35:02	00:05:24	00:34:50	00:05:23	CLUB ATLETISMO SADA	OLEIROS
378	262	ANGELES CASTRO FERNANDEZ	F- 35	VT2F- 10	00:35:02	00:05:24	00:34:38	00:05:21	CLUB ATLETISMO SADA	A CORUÑA
379	316	MIGUEL DEZA RODRÍGUEZ		VT2M- 87	00:35:05	00:05:25	00:34:22	00:05:18	AG 767352	PATUKOS TIM RANIN
380	255	MARIA LUISA ARMESTO MIGUEL	F- 36	VT4F- 2	00:35:07	00:05:25	00:34:58	00:05:24		CLUB ATLETISMO SADA
381	2506	EVA SANCHEZ MARTINEZ	F- 37	VT2F- 11	00:35:08	00:05:25	00:34:35	00:05:20		LA CORUÑA
382	79	MARCOS PEREIRO SÁNCHEZ		SNM- 118	00:35:09	00:05:25	00:34:23	00:05:18	AG 767382	NOSPORLIMIT
383	1301	ALEJANDRO LUIS NOVOA		PRM- 11	00:35:10	00:05:26	00:34:55	00:05:23		A CORUÑA
384	360	LINA GARCÍA PORTAS	F- 38	VT2F- 12	00:35:10	00:05:26	00:34:46	00:05:22		CLUB ATLETISMO SADA
385	2154	OSCAR VAZQUEZ MIGUEZ		VT2M- 88	00:35:14	00:05:26	00:34:46	00:05:22		A CORUÑA
386	2504	SANTIAGO PENA CAÑIZARES		PRM- 12	00:35:19	00:05:27	00:34:45	00:05:22		LA CORUÑA
387	2026	MARÍA JOSÉ AÑÓN VARELA	F- 39	VT2F- 13	00:35:20	00:05:27	00:35:01	00:05:24		CARBALLO
388	2158	NARCISO VILA SUAREZ		VT2M- 89	00:35:20	00:05:27	00:35:00	00:05:24		CARBALLO
389	259	RAQUEL ARMESTO PINEDO	F- 40	VT1F- 12	00:35:21	00:05:27	00:35:12	00:05:26		CLUB ATLETISMO SADA
390	1297	JUAN ESPIDO NOYA		SNM- 119	00:35:29	00:05:29	00:35:04	00:05:25		A CORUÑA
391	3053	JOSE ANTONIO MONTERO DOMINGUEZ		VT2M- 90	00:35:34	00:05:29	00:35:10	00:05:26		CORUÑA
392	2109	NURIA ESTHER PALACIOS IBAN	F- 41	VT2F- 14	00:35:35	00:05:29	00:35:18	00:05:27		A CORUÑA
393	2033	VALENTIN BARRAL VALES		SNM- 120	00:35:38	00:05:30	00:34:58	00:05:24		BETANZOS
394	346	ROBERTO MACEIRAS SEOANE		SNM- 121	00:35:39	00:05:30	00:35:11	00:05:26		LUGO
395	3011	PEDRO SÁNCHEZ PARDO		SNM- 122	00:35:42	00:05:30	00:34:58	00:05:24		CLUB ATLÉTICO LOS BURROS
396	386	MANUEL TOJO RODRIGUEZ		VT2M- 91	00:35:44	00:05:31	00:35:29	00:05:28		O BURGO - CULLEREDO
397	1145	DIEGO MAQUES VARELA		SNM- 123	00:35:44	00:05:31	00:35:07	00:05:25		A CORUÑA
398	1237	LAURA HORTA ROMARIS	F- 42	SNF- 11	00:35:44	00:05:31	00:35:07	00:05:25		A CORUÑA
399	2063	PABLO FERRANT ROJO		VT1M- 94	00:35:45	00:05:31	00:34:55	00:05:23		A CORUÑA
400	200	ALBERTO PEREZ PARDIÑAS		VT1M- 95	00:35:46	00:05:31	00:35:25	00:05:28		CARRAL
401	1034	ROBERTO PICOS FONTICOBIA		VT1M- 96	00:35:46	00:05:31	00:34:54	00:05:23		A CORUÑA
402	1343	JESÚS ÁNGEL SÁNCHEZ VEIGA		VT2M- 92	00:35:49	00:05:32	00:35:49	00:05:32		CORUÑA SPORT CENTRE
403	216	JUAN CARLOS DOMATO VERDÍA		SNM- 124	00:35:49	00:05:32	00:35:22	00:05:27		ARTEIXO
404	2175	SONIA QUINTÁ MANCEBO	F- 43	VT2F- 15	00:35:50	00:05:32	00:35:11	00:05:26		A CORUÑA
405	2123	VÍCTOR MANUEL REY CASTELO		VT2M- 93	00:35:52	00:05:32	00:35:12	00:05:26		A CORUÑA
406	2138	ALEJANDRO SANTOS SÁNCHEZ		SNM- 125	00:35:53	00:05:32	00:35:12	00:05:26		BETANZOS
407	270	ARACELI VEIGA BERMEJO	F- 44	VT3F- 2	00:35:53	00:05:32	00:35:34	00:05:29		A CORUÑA
408	269	ROSA MARIA SANDES FERNANDEZ	F- 45	VT4F- 3	00:35:53	00:05:32	00:35:42	00:05:30		A CORUÑA
409	78	CARLOS ARMENTEROS LEÓN		VT1M- 97	00:35:54	00:05:32	00:35:08	00:05:25	NO SPORT LIMIT	A CORUÑA
410	2120	PATRICIA QUEVEDO PEREZ	F- 46	SNF- 12	00:35:55	00:05:32	00:35:07	00:05:25		TROBAJO DEL CAMINO
411	21	JUAN MANUEL MARTIN CARVAJAL		VT3M- 30	00:35:58	00:05:33	00:35:23	00:05:28	ATLETISMO CLUB SOCIAL BANCO	LA CORUÑA
412	2144	MITO SUAREZ FRAGA		VT1M- 98	00:35:58	00:05:33	00:35:32	00:05:29		ARILLO- DORNEDA
413	2098	LUCIANO MÉNDEZ NAYA		VT2M- 94	00:36:03	00:05:34	00:35:23	00:05:28		TEO
414	2099	MANUEL MIRAMONTES MENDEZ		VT1M- 99	00:36:05	00:05:34	00:35:41	00:05:30		ARTEIXO
415	277	ANA CELIA GOLPE GONZALEZ	F- 47	VT2F- 16	00:36:08	00:05:34	00:35:54	00:05:32		A CORUÑA
416	1120	JOSÉ IGNACIO PENAS LÓPEZ		VT1M- 100	00:36:09	00:05:35	00:35:55	00:05:32		A CORUÑA
417	299	FRANCISCO SOBRINO MOSQUERA		VT4M- 5	00:36:11	00:05:35	00:35:44	00:05:31	CLUB ATLETISMO SADA	OLEIROS
418	2117	MONTSE PONTE TABOADA	F- 48	VT1F- 13	00:36:12	00:05:35	00:35:24	00:05:28		A CORUÑA
419	1232	VANESSA PAZ ABRUÑEDO	F- 49	SNF- 13	00:36:12	00:05:35	00:35:25	00:05:28		CULLEREDO
420	2060	LUIS RUBÉN FERNÁNDEZ GONZÁLEZ		VT1M- 101	00:36:12	00:05:35	00:35:52	00:05:32		A CORUÑA
421	1058	JAVIER ARAÚJO QUINTEIRO		VT2M- 95	00:36:12	00:05:35	00:35:38	00:05:30		A CORUÑA
422	1305	SERGIO RODRIGUEZ MARTINEZ		SNM- 126	00:36:18	00:05:36	00:35:48	00:05:31		CAMBRE
423	1276	VICTOR MANUEL INSUA PICO		VT1M- 102	00:36:21	00:05:36	00:36:04	00:05:34		NARÓN

424	2094	MARÍA MARTÍNEZ MOSQUERA	F- 50	VT1F- 14	00:36:22	00:05:37	00:36:06	00:05:34		A CORUÑA
425	1066	VÍCTOR D. TEJIDO FELPETO		VT2M- 96	00:36:24	00:05:37	00:35:46	00:05:31		A CORUÑA
426	2160	GREGORIO JOSE VIÑUELAS AGRA		VT2M- 97	00:36:25	00:05:37	00:35:51	00:05:32		CULLEREDO
427	350	RAÚL GALÁN CERVERO		VT3M- 31	00:36:27	00:05:37	00:35:43	00:05:31		A CORUÑA
428	1181	ADRIÁN LÓPEZ VILLAVERDE		SNM- 127	00:36:27	00:05:37	00:35:55	00:05:32		PONTEVEDRA
429	2074	JORGE JASÓN GAMERO CORROTO		PRM- 13	00:36:28	00:05:38	00:35:53	00:05:32		A CORUÑA
430	2108	ANGEL OURO RIVAS		VT1M- 103	00:36:29	00:05:38	00:35:41	00:05:30		LA CORUÑA
431	2133	ENRIQUE RODRIGUEZ LAPIDO		VT1M- 104	00:36:30	00:05:38	00:35:49	00:05:32		A CORUÑA
432	2145	GABRIEL SUAREZ SUAREZ		VT1M- 105	00:36:30	00:05:38	00:35:40	00:05:30		A CORUÑA
433	2142	FRANCISCO SOLLA POUSADA		VT3M- 32	00:36:32	00:05:38	00:36:15	00:05:36		LA CORUÑA
434	261	MARIA LUISA RUA PRIETO	F- 51	SNF- 14	00:36:33	00:05:38	00:36:12	00:05:35	AG764232	CLUB ATLETISMO SADA
435	2166	DANIEL JUAN OTERO		VT1M- 106	00:36:33	00:05:38	00:35:42	00:05:30		CORUÑA
436	272	SILVIA SANCHEZ BASCOY	F- 52	VT3F- 3	00:36:38	00:05:39	00:36:28	00:05:38		A CORUÑA
437	40	CARLOS ROMAN REY VAZQUEZ		VT4M- 6	00:36:38	00:05:39	00:36:09	00:05:35		C.D.EGOVARROS-VIVEIRO
438	273	MARÍA VICTORIA PÉREZ HERNÁNDEZ	F- 53	VT2F- 17	00:36:38	00:05:39	00:36:29	00:05:38		A CORUÑA
439	288	ANA DIAZ MENDEZ	F- 54	VT2F- 18	00:36:39	00:05:39	00:36:26	00:05:37		A CORUÑA
440	2093	MANUEL JAVIER MARCOS PIÑEIRO		VT1M- 107	00:36:40	00:05:39	00:35:49	00:05:32		CAMBRE
441	1321	BEATRIZ SAAVEDRA CARRO	F- 55	VT1F- 15	00:36:42	00:05:40	00:35:55	00:05:32		NOSPORTLIMIT
442	120	MANUEL RAMUDO PRIETO		VT2M- 98	00:36:42	00:05:40	00:35:55	00:05:32		CAMBRE
443	2055	SANTIAGO EIRIS LOPEZ		VT2M- 99	00:36:47	00:05:40	00:36:12	00:05:35		A CORUÑA
444	177	VICTOR BAUTISTA HERNANDEZ		VT1M- 108	00:36:48	00:05:41	00:36:25	00:05:37		A CORUÑA
445	1368	MARILUZ SAN MARTIN FERNENDEZ	F- 56	VT4F- 4	00:36:50	00:05:41	00:36:37	00:05:39		A CORUÑA
446	2001	JUAN JOSE ABELLEIRA BLANCO		VT1M- 109	00:37:04	00:05:43	00:36:47	00:05:40		ATLETISMO CLUB SOCIAL BANCO
447	2067	IVÁN FRADE GARCÍA		VT1M- 110	00:37:04	00:05:43	00:36:49	00:05:41		A CORUÑA
448	1013	PABLO FERNÁNDEZ FREIRE		VT1M- 111	00:37:09	00:05:44	00:36:24	00:05:37		DENODO RUNNING CLUB
449	2002	ANTONIO MARTÍNEZ FERNANDEZ		VT1M- 112	00:37:11	00:05:44	00:37:04	00:05:43		ATLETISMO FONTES DO SAR
450	2065	ALBERTO FERREÑO RODRÍGUEZ		SNM- 128	00:37:19	00:05:45	00:36:44	00:05:40		CULLEREDO
451	204	RAFAEL ESPIDO LATA		SNM- 129	00:37:22	00:05:46	00:36:56	00:05:42		A CORUÑA
452	1355	ANTONIO LODEIRO PAZOS		VT1M- 113	00:37:23	00:05:46	00:36:45	00:05:40		A CORUÑA
453	1057	JUAN CARLOS ARCOS YÁÑEZ		VT2M- 100	00:37:25	00:05:46	00:37:13	00:05:44		LA CORUÑA
454	2151	MANUEL VÁZQUEZ ALVEDRO		VT3M- 33	00:37:26	00:05:47	00:36:49	00:05:41		O TEMPLE
455	326	JUAN MANUEL PEREZ FERNÁNDEZ		ESPM- 2	00:37:29	00:05:47	00:36:47	00:05:41		A CORUÑA
456	257	MÓNICA MOURELLE ZAS	F- 57	VT1F- 16	00:37:33	00:05:48	00:37:11	00:05:44		CLUB ATLETISMO SADA
457	2069	ALFREDO JOSE FRAGA GARCIA		VT3M- 34	00:37:35	00:05:48	00:36:53	00:05:41		MONDEGO-SADA
458	103	BENIGNO GAREA CAO		VT3M- 35	00:37:44	00:05:49	00:37:00	00:05:42		MERA-OLEIROS
459	2057	IVÁN ESPESO GARCÍA		SNM- 130	00:37:45	00:05:49	00:37:23	00:05:46		A CORUÑA
460	3069	PABLO TABOADA DURO		SNM- 131	00:37:46	00:05:50	00:37:07	00:05:44		EL TEMPLE
461	324	SANTIAGO TROBAJO DE LAS MATAS		VT3M- 36	00:37:49	00:05:50	00:37:07	00:05:44		A CORUÑA
462	2129	JAIME ROCA FREIRIA		VT1M- 114	00:37:50	00:05:50	00:37:14	00:05:45		BERGONDO
463	2128	CRISTINA RIVERA GUTIERREZ	F- 58	VT1F- 17	00:37:51	00:05:50	00:37:13	00:05:45		RONCAL
464	2007	JOSE FRANCISCO COBAS RODRIGUEZ		VT4M- 7	00:37:51	00:05:50	00:37:05	00:05:43		RONCAL
465	219	COSME MARTINEZ NAYA		SNM- 132	00:37:58	00:05:51	00:37:44	00:05:49		CRAT
466	1202	CRISTINA YUDEGO GARCÍA	F- 59	VT1F- 18	00:37:58	00:05:51	00:37:38	00:05:48		A CORUÑA
467	2116	CRISTIAN PINEDA RIOS		SNM- 133	00:37:59	00:05:52	00:37:27	00:05:47		CULLEREDO
468	295	JAVIER PRIETO SOUTO		VT1M- 115	00:38:01	00:05:52	00:37:26	00:05:47		MONDEGO-SADA
469	2012	ESTIBALIZ GARCIA GOMEZ	F- 60	VT1F- 19	00:38:03	00:05:52	00:37:14	00:05:45		A CORDEDA
470	144	MANUEL ANGEL POSE CASTIÑEIRA		VT1M- 116	00:38:04	00:05:52	00:37:34	00:05:48		ATLETISMO RIAZOR CORUÑA
471	2049	BEATRIZ COTROFE DEL RIO	F- 61	VT2F- 19	00:38:06	00:05:53	00:37:44	00:05:49		CAMBRE
472	1328	PAULA ALONSO MASIDE	F- 62	SNF- 15	00:38:06	00:05:53	00:37:21	00:05:46		LA CORUÑA
473	1229	MIRIAM SÁNCHEZ	F- 63	VT1F- 20	00:38:12	00:05:54	00:37:33	00:05:48		BAÑOS DE MOLGAS
474	289	SUSANA FERNANDEZ REDONDO	F- 64	VT1F- 21	00:38:20	00:05:55	00:37:44	00:05:49		LA CORUÑA
475	280	MARIA MANTIÑAN PAREDES	F- 65	VT1F- 22	00:38:20	00:05:55	00:37:40	00:05:49		ABEGONDO
476	1283	JOSE ANTONIO MARTÍNEZ LEMA		VT2M- 101	00:38:23	00:05:55	00:37:34	00:05:48		A CORUÑA
477	1048	JUAN CARLOS VALEIRO VEIGA		VT2M- 102	00:38:24	00:05:55	00:37:41	00:05:49		A CORUÑA
478	1101	JUAN GARCIA REGUEIRA		VT2M- 103	00:38:25	00:05:56	00:37:53	00:05:51		O BURGO - CULLEREDO
479	1206	MARIA DEL MAR BARCÓN SÁNCHEZ	F- 66	VT3F- 4	00:38:25	00:05:56	00:37:53	00:05:51		LA CORUÑA
480	2102	MIRIAM NEIRA DÍAZ	F- 67	SNF- 16	00:38:33	00:05:57	00:38:20	00:05:55		CULLEREDO
481	2170	CARLOS MALLEIRO ZORZANO		SNM- 134	00:38:38	00:05:58	00:38:07	00:05:53		CULLEREDO
482	92	JESUS MONTERO LAGO		VT4M- 8	00:38:40	00:05:58	00:38:23	00:05:55		TRASNOS CORUÑA
483	1144	ALBERTO BLANCO BOUZAS		SNM- 135	00:38:43	00:05:58	00:38:17	00:05:54		CAMBRE
484	2062	JOSE ANTONIO FERNÁNDEZ PEREIRO		VT2M- 104	00:38:43	00:05:58	00:38:26	00:05:56		A CORUÑA

485	1230 ROCIO CAMPOS BREA	F- 68	SNF- 17	00:38:46	00:05:59	00:38:09	00:05:53		A CORUÑA
486	1139 JAVIER CAMPOS BREA		SNM- 136	00:38:46	00:05:59	00:38:09	00:05:53		A CORUÑA
487	2034 BELEN BERMUDEZ FARIÑA	F- 69	VT2F- 20	00:38:47	00:05:59	00:38:20	00:05:55		ARTEIXO
488	1179 ALEJANDRO ENRIQUEZ VARELA		VT1M- 117	00:38:48	00:05:59	00:38:17	00:05:54		A CORUÑA
489	3009 JOSE MARIA BREA SANCHEZ		VT3M- 37	00:38:50	00:05:59	00:37:56	00:05:51	AG-764347	CA BOIMORTO
490	1167 IVAN BARBEITO PREGO		SNM- 137	00:38:52	00:06:00	00:38:05	00:05:53		A CORUÑA
491	290 INES IGLESIAS FRAGA	F- 70	VT1F- 23	00:38:55	00:06:00	00:38:24	00:05:55		NOS - OLEIROS
492	2136 DAVID SANCHEZ GOMEZ		SNM- 138	00:38:57	00:06:00	00:38:18	00:05:55		A CORUÑA
493	2016 CELSO BLANCO GARCIA		VT1M- 118	00:38:58	00:06:01	00:38:16	00:05:54		TERMARIA RUNNING
494	1223 MELINA FERNÁNDEZ SANTÁS	F- 71	SNF- 18	00:39:07	00:06:02	00:38:29	00:05:56		A CORUÑA
495	114 MIGUEL ABELEDO PATIÑO		VT3M- 38	00:39:10	00:06:03	00:38:40	00:05:58		CULLEREDO
496	250 MARTA MARÍA CRUZ AÑÓN	F- 72	VT2F- 21	00:39:14	00:06:03	00:38:32	00:05:57		A.D. ATLETES DE ESTEIRO
497	18 PABLO RAFAEL PRIETO CASAL		VT2M- 105	00:39:17	00:06:04	00:38:42	00:05:58		ATLETISMO CLUB SOCIAL BANCO
498	1325 MARÍA LUZ RODRÍGUEZ GARCÍA	F- 73	VT2F- 22	00:39:21	00:06:04	00:39:01	00:06:01		A CORUÑA
499	3008 BEGOÑA DE ARRIBA BELLOGIN	F- 74	VT3F- 5	00:39:24	00:06:05	00:38:53	00:06:00	GA 19107	C.D.EGOVARROS-VIVEIRO
500	1367 SUSANA GOYANES MARTINEZ	F- 75	VT2F- 23	00:39:25	00:06:05	00:38:57	00:06:01		A CORUÑA
501	2092 ROSA MARÍA MACEIRAS SEOANE	F- 76	VT1F- 24	00:39:27	00:06:05	00:38:42	00:05:58		ARTEIXO
502	318 JUAN FERNANDEZ GONZALEZ		VT1M- 119	00:39:29	00:06:05	00:38:45	00:05:59	AG 767350	PATUKOS TIM RANIN
503	2121 CURRO RAYA GARCIA		SNM- 139	00:39:29	00:06:05	00:39:07	00:06:02		A CORUÑA
504	1138 DAVID LÓPEZ FERNÁNDEZ		SNM- 140	00:39:30	00:06:06	00:39:00	00:06:01		A CORUÑA
505	1187 VIOLETA FERNANDEZ DIAZ	F- 77	SNF- 19	00:39:32	00:06:06	00:39:05	00:06:02		ATLETISMO RIAZOR CORUÑA
506	2004 SOFÍA CANZOBRE MARTÍNEZ	F- 78	SNF- 20	00:39:32	00:06:06	00:39:05	00:06:02	AG/768780	ATLETISMO RIAZOR CORUÑA
507	1108 MANUEL CID FERNÁNDEZ		VT3M- 39	00:39:39	00:06:07	00:38:52	00:06:00		CULLEREDO
508	82 ANTONIO CIUDAD PEREIRA		VT4M- 9	00:39:47	00:06:08	00:39:03	00:06:01		PATUKOS TIM RANIN
509	1159 GUILLERMO MALDONADO AVILA		VT2M- 106	00:39:50	00:06:09	00:39:15	00:06:03		O BURGO, CULLEREDO
510	159 MARCOS RODRIGUEZ ARMADA		VT1M- 120	00:40:01	00:06:10	00:39:25	00:06:05		ABEGONDO
511	2505 FÁTIMA RODRÍGUEZ CALVO	F- 79	SNF- 21	00:40:03	00:06:11	00:39:41	00:06:07		A CORUÑA
512	2502 JAVIER LÓPEZ SOUTO		VT2M- 107	00:40:05	00:06:11	00:39:31	00:06:06		MIXMASTER RUNNING
513	1156 GUILLERMO SÁNCHEZ VIDAL		SNM- 141	00:40:06	00:06:11	00:39:17	00:06:04		A CORUÑA
514	2111 MARTA PARDO GESTO	F- 80	VT2F- 24	00:40:09	00:06:12	00:39:39	00:06:07		LA CORUÑA
515	1361 ANA LUZ VÁZQUEZ FERNÁNDEZ	F- 81	VT2F- 25	00:40:14	00:06:12	00:40:14	00:06:12		CORUÑA SPORT CENTER
516	1236 ELENA COUTO SUAREZ	F- 82	SNF- 22	00:40:35	00:06:16	00:39:47	00:06:08		NOVO MESOIRO
517	2134 NICOLAS SALGADO LOPEZ		SNM- 142	00:40:45	00:06:17	00:40:07	00:06:11		BETANZOS
518	2157 LUCÍA VILA GARCÍA	F- 83	VT1F- 25	00:40:51	00:06:18	00:40:19	00:06:13		A CORUÑA
519	2030 SUSANA ARROJO GONZÁLEZ	F- 84	SNF- 23	00:40:51	00:06:18	00:40:28	00:06:15		A CORUÑA
520	2056 MARÍA JOSÉ EIRIZ NAVEIRA	F- 85	VT1F- 26	00:40:53	00:06:18	00:40:22	00:06:14		A CORUÑA
521	1079 PABLO PEREDA FERNÁNDEZ		VT1M- 121	00:40:57	00:06:19	00:40:11	00:06:12		A CORUÑA
522	2168 ANA MARÍA CAÑETA DEL CAMPO	F- 86	VT2F- 26	00:41:03	00:06:20	00:40:52	00:06:18		A CORUÑA
523	1029 JAVIER VALIÑO MOSTEIRO		VT2M- 108	00:41:04	00:06:20	00:40:40	00:06:16		ARTEIXO
524	1313 ANTONIO VARELA SALETA		VT3M- 40	00:41:06	00:06:20	00:40:17	00:06:13		A CORUÑA
525	81 JAVIER SAL PÉREZ		VT1M- 122	00:41:07	00:06:20	00:40:21	00:06:13		NOSPORTLIMIT-TREK GALICIA
526	113 JOSE ANTONIO BOCELO PRIETO		VT3M- 41	00:41:07	00:06:21	00:40:32	00:06:15	NO	O TEMPLE
527	2064 CRISTINA FERREIRO MUÑOZ	F- 87	VT1F- 27	00:41:09	00:06:21	00:40:24	00:06:14		A CORUÑA
528	1374 MANUELA RICO SÁNCHEZ	F- 88	VT2F- 27	00:41:26	00:06:24	00:40:36	00:06:16		
529	2045 BERTA CEBREIRO PULLEIRO	F- 89	VT1F- 28	00:41:33	00:06:25	00:41:00	00:06:19		A CORUÑA
530	2124 JORGE RIBERO CARNOTA		SNM- 143	00:41:35	00:06:25	00:40:42	00:06:17		A CORUÑA
531	1197 ANA ALVAREZ PAZ	F- 90	VT1F- 29	00:41:46	00:06:27	00:40:57	00:06:19		NOSPORTLIMIT-TREK GALICIA
532	148 CARLOS MUÑOZ LAGARÓN		VT1M- 123	00:41:46	00:06:27	00:40:57	00:06:19		A CORUÑA
533	361 BEATRIZ FARIÑA LÓPEZ	F- 91	SNF- 24	00:42:11	00:06:30	00:41:45	00:06:26		CLUB ATLETISMO SADA
534	2071 MARÍA FRAILE CANCELA	F- 92	SNF- 25	00:42:12	00:06:31	00:41:33	00:06:25		A CORUÑA
535	2042 SONIA MARÍA CARRO RÍOS	F- 93	VT1F- 30	00:42:19	00:06:32	00:42:00	00:06:29		A CORUÑA
536	1208 MARIÁN JUÁREZ PÉREZ	F- 94	VT2F- 28	00:42:30	00:06:33	00:42:30	00:06:33		A CORUÑA
537	2091 FEDERICA LUCCHETTI	F- 95	VT2F- 29	00:42:34	00:06:34	00:42:00	00:06:29		CULLEREDO
538	2005 CARLOS SEIJAS PERMUY		VT2M- 109	00:42:38	00:06:35	00:41:52	00:06:28		BEER RUNNERS
539	2028 ROSARIO AREOSA BRANDÓN	F- 96	SNF- 26	00:42:44	00:06:36	00:41:56	00:06:28		LARACHA
540	2143 JULIO SUAREZ CAMBA		VT2M- 110	00:42:45	00:06:36	00:42:03	00:06:29		O BURGO
541	2127 SONIA RIVERA DACAL	F- 97	VT1F- 31	00:42:51	00:06:37	00:42:01	00:06:29		A CORUÑA
542	1068 OSCAR EIROA PATIÑO		VT1M- 124	00:42:54	00:06:37	00:42:19	00:06:32		A CORUÑA
543	1366 MARIA JOSE SEIJAS MARTINEZ	F- 98	VT2F- 30	00:43:03	00:06:38	00:42:53	00:06:37		CULLEREDO
544	132 PABLO BUCETA BLANCO		VT2M- 111	00:43:03	00:06:38	00:42:53	00:06:37		CULLEREDO
545	1204 CARMEN CASAS PÉREZ	F- 99	VT3F- 6	00:43:08	00:06:39	00:42:52	00:06:37		SADA

546	1220	MARCELA FERNANDEZ	F- 100	SNF- 27	00:43:12	00:06:40	00:42:47	00:06:36	A CORUÑA
547	336	CARLOS VARELA FERNÁNDEZ		VT1M- 125	00:43:24	00:06:42	00:42:45	00:06:36	A CORUÑA
548	2018	ADRIAN MUÑOZ NION		SNM- 144	00:43:34	00:06:43	00:42:49	00:06:36	ZONA FIT A CORUÑA
549	191	VÍCTOR LÓPEZ RAMOS		VT2M- 112	00:43:35	00:06:43	00:42:55	00:06:37	CARRAL
550	3056	MARIA NAYA DIAZ	F- 101	VT2F- 31	00:43:40	00:06:44	00:43:02	00:06:38	LA CORUÑA
551	1329	LIDIA ESPIDO LATA	F- 102	SNF- 28	00:43:43	00:06:45	00:43:04	00:06:39	A CORUÑA
552	3073	JAVIER VILLAS PEDRUELO		VT3M- 42	00:43:43	00:06:45	00:43:05	00:06:39	LA CORUÑA
553	1050	JAVIER GANTES		VT2M- 113	00:44:02	00:06:48	00:43:26	00:06:42	A CORUÑA
554	183	JUAN CARLOS GANTES LESTA		VT1M- 126	00:44:02	00:06:48	00:43:32	00:06:43	A CORUÑA
555	1216	MARÍA FÁTIMA BLANCO CANCELA	F- 103	VT1F- 32	00:44:35	00:06:53	00:43:50	00:06:46	A CORUÑA
556	2149	JUAN MANUEL VALDERAS PANCORBO		SNM- 145	00:46:07	00:07:07	00:45:26	00:07:00	A CORUÑA
557	2035	BARBARA BLANCO	F- 104	SNF- 29	00:46:52	00:07:14	00:46:39	00:07:12	A CORUÑA
558	2087	CHRISTIAN LOIS		SNM- 146	00:46:52	00:07:14	00:46:39	00:07:12	A CORUÑA
559	1228	VANESSA VELO PICALLO	F- 105	VT1F- 33	00:46:58	00:07:15	00:46:18	00:07:09	A CORUÑA
560	2122	DELFIN REGA VILLAR		VT1M- 127	00:47:15	00:07:17	00:46:26	00:07:10	LARACHA
561	2156	RITA VERA ZARATE	F- 106	SNF- 30	00:47:25	00:07:19	00:46:43	00:07:12	CORUÑA
562	1244	EMMA MARÍA OTERO GULDRÍS	F- 107	SNF- 31	00:47:47	00:07:22	00:47:21	00:07:18	A CORUÑA
563	356	GUADALUPE LLAMOSAS ALBIZU	F- 108	VT3F- 7	00:48:04	00:07:25	00:47:17	00:07:17	C.R.A.T. A CORUÑA
564	2014	ISAURA ESPORRIN FRAGA	F- 109	SNF- 32	00:49:38	00:07:39	00:48:52	00:07:32	RETO 10K WOMEN ZARAGOZA CUARTE DE HUERVA
565	2125	FÁTIMA RÍOS PLATAS	F- 110	SNF- 33	00:52:26	00:08:05	00:51:51	00:08:00	OZA-CESURAS
566	2021	IVAN AGUION MIÑONES		SNM- 147	00:53:31	00:08:15	00:52:40	00:08:07	CULLEREDO
567	2047	CINTIA CHAMORRO PETRONACCI	F- 111	SNF- 34	00:53:33	00:08:16	00:52:42	00:08:08	CULLEREDO

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Prueba Absoluta. Distancia: 6.490 m

CLASIFICACION POR CATEGORIAS

JNM	JUNIOR MASCULINA	Inscritos:	10 Llegados:		3				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	1257 RAMON DE LAS HERAS FERNANDEZ	00:30:15	00:04:40	00:29:59	00:04:38		C.R.A.T.	A CORUÑA
	2	1255 ISAAC BARJA PRIETO	00:30:18	00:04:41	00:30:02	00:04:38		C.R.A.T.	A CORUÑA
	3	2023 VICTOR ALVAR PARIENTE	00:34:37	00:05:20	00:34:15	00:05:17			A CORUÑA

PRM	PROMESA MASCULINA	Inscritos:	20 Llegados:		13				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	2096 MANUEL MEDIERO VEIRA	00:25:22	00:03:55	00:25:22	00:03:55			A CORUÑA
	2	3017 ANDRES GARCIA RODRIGUEZ	00:28:46	00:04:26	00:28:41	00:04:26		G.R. COMERCIAL PRAVIA	
	3	238 JAVIER VILLAMISAR VÁZQUEZ	00:29:21	00:04:32	00:29:09	00:04:30			CORUÑA
	4	2076 PAULO GARCÍA SECO	00:29:46	00:04:36	00:29:28	00:04:33			A CORUÑA
	5	1151 MARTIN BARBEITO LONGARELA	00:30:08	00:04:39	00:29:51	00:04:36			A CORUÑA
	6	1148 RAMON ISMAEL LUCERO ÍÑIGUEZ	00:31:00	00:04:47	00:30:32	00:04:43			LA CORUÑA
	7	1172 JOSÉ ANTONIO REDONDO LOPEZ	00:31:23	00:04:51	00:31:05	00:04:48			LA CORUÑA
	8	2131 JASON EDGAR RODRÍGUEZ FERREIRO	00:31:43	00:04:54	00:31:23	00:04:51			A CORUÑA
	9	2119 MARTIN PUÑAL	00:31:57	00:04:56	00:31:34	00:04:52			A CORUÑA
	10	2080 DANIEL GESTAL MARTINEZ	00:32:24	00:05:00	00:31:54	00:04:55			A CORUÑA
	11	1301 ALEJANDRO LUIS NOVOA	00:35:10	00:05:26	00:34:55	00:05:23			A CORUÑA
	12	2504 SANTIAGO PEÑA CAÑIZARES	00:35:19	00:05:27	00:34:45	00:05:22			LA CORUÑA
	13	2074 JORGE JASÓN GAMERO CORROTO	00:36:28	00:05:38	00:35:53	00:05:32			A CORUÑA

PRF	PROMESA FEMENINA	Inscritos:	4 Llegados:		2				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	2059 SOFIA FERNANDEZ CASTRO	00:28:30	00:04:24	00:28:27	00:04:23			LA CARIDAD
	2	1319 UXIA GARCIA DIAZ	00:29:23	00:04:32	00:29:22	00:04:32		ATLETISMO RIAZ A CORUÑA	

SNM	SENIOR MASCULINA	Inscritos:	266 Llegados:		147				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	3037 FERNANDO DíEZ GOMEZ	00:23:25	00:03:37	00:23:25	00:03:37			LUGO
	2	171 ANTONIO TEJIDO LOPEZ	00:24:11	00:03:44	00:24:11	00:03:44			GUIRIZ
	3	3 OSCAR PAZOS BARBEITO	00:24:14	00:03:44	00:24:14	00:03:44	AG 766303	ATLETISMO COR CAMBRE	
	4	221 ROI BARROS CORRAL	00:24:52	00:03:50	00:24:52	00:03:50			A CORUÑA
	5	210 ERNESTO SOBRINO MARFULL	00:25:01	00:03:52	00:25:01	00:03:52			A CORUÑA

6	370	IVAN SEGADÉ CAROU	00:25:06	00:03:53	00:25:05	00:03:52	AG-766602	CLUB ATLETISMO A CORUÑA
7	3067	PABLO SEOANE AMOR	00:25:07	00:03:53	00:25:01	00:03:52		BETANZOS
8	10	FERNANDO MIGUEZ CARRO	00:25:27	00:03:56	00:25:26	00:03:56		A.D. FOGAR LA CORUÑA
9	1157	ANDRÉS VIDAL GIRÁLDEZ	00:25:49	00:03:59	00:25:44	00:03:58		A CORUÑA
10	1165	CARLOS RODRÍGUEZ SUÁÑEZ	00:26:02	00:04:01	00:26:00	00:04:01		LA CORUÑA
11	1114	GONZALO BLANCO PAMPIN	00:26:14	00:04:03	00:26:07	00:04:02		A CORUÑA
12	212	LUIS PINEDO ARMESTO	00:26:25	00:04:05	00:26:21	00:04:04		A CORUÑA
13	371	ROBERTO GARCÍA PAZOS	00:26:26	00:04:05	00:26:22	00:04:04		CLUB ATLETISMO SADA
14	5547	ALVARO GOMEZ CARDESIN	00:26:27	00:04:05	00:26:23	00:04:04		A CORUÑA
15	3059	GABRIEL PIZARRO VARELA	00:26:30	00:04:05	00:26:27	00:04:05		A CORUÑA
16	2507	SERGIO SANTOS CONCHEIRO	00:26:48	00:04:08	00:26:45	00:04:08		LOUREDA
17	160	JAVIER MUÑOZ	00:26:51	00:04:09	00:26:44	00:04:08		LA CORUÑA
18	215	DANIEL PENAS LÓPEZ	00:27:00	00:04:10	00:26:57	00:04:10		A CORUÑA
19	26	RODRIGO MÉNDEZ CASAS	00:27:02	00:04:10	00:27:00	00:04:10	AG-767509	ATLETISMO COR A CORUÑA
20	2100	CARLOS MOAR ARES	00:27:15	00:04:12	00:26:45	00:04:08		PONTECARREIRA
21	1009	ALEXANDRE GÓMEZ MIRAZ	00:27:17	00:04:13	00:27:11	00:04:12		C.D. EGOVARRO A CRUNHA
22	3027	RAUL BARBEITO GESTAL	00:27:23	00:04:14	00:27:22	00:04:13		MEICENDE
23	2022	MARCOS ALONSO FILGUEIRA	00:27:24	00:04:14	00:27:09	00:04:11		FERROL
24	194	LUIS GARRIDO LÓPEZ	00:27:30	00:04:15	00:27:30	00:04:15		ARTEIXO
25	368	DAVID GONZALEZ PARIS	00:27:33	00:04:15	00:27:25	00:04:14		A.D.JARNACHAS CORUÑA
26	2146	VICTOR MANUEL TASENDE GENDE	00:27:35	00:04:15	00:27:17	00:04:13		CORISTANCO
27	5548	DIEGO TEJO GARCÍA	00:27:35	00:04:15	00:27:27	00:04:14		A CORUÑA
28	232	ALEXANDRE PEDREIRA PENA	00:27:40	00:04:16	00:27:38	00:04:16		A CORUÑA
29	2110	MARCOS PARDO FONTICOBÁ	00:27:45	00:04:17	00:27:37	00:04:16		FERROL
30	2174	SIN DATOS DEL DORSAL 2174	00:27:53	00:04:18	00:27:48	00:04:17		
31	2053	OMAR DÍAZ ABELAIRA	00:27:53	00:04:18	00:27:44	00:04:17		A CORUÑA
32	209	DANIEL IGLESIAS PINTADO	00:28:00	00:04:19	00:27:55	00:04:19		A CORUÑA
33	1316	JAVIER ACCION RODRIGUEZ	00:28:02	00:04:20	00:27:58	00:04:19		A CORUÑA
34	400	PABLO FRANCO YAÑEZ	00:28:10	00:04:21	00:27:57	00:04:19		A CORUÑA
35	3030	SIMÓN CALVIÑO CALVIÑO	00:28:20	00:04:22	00:28:04	00:04:20		A CORUÑA
36	1007	GABRIEL DOMÍNGUEZ DOS SANTOS	00:28:24	00:04:23	00:28:21	00:04:22		ATLETISMO COR A CORUÑA
37	2029	IGNACIO ARIAS FERNÁNDEZ	00:28:37	00:04:25	00:28:14	00:04:21		A CORUÑA
38	1169	JOSE LUIS PÉREZ LADO	00:28:37	00:04:25	00:28:25	00:04:23		A CORUÑA
39	76	RUBEN SERRAPIO GONZALEZ	00:28:48	00:04:27	00:28:39	00:04:25		LIDL A CORUÑA
40	91	EDUARDO JORGE VAZQUEZ AMOR	00:28:49	00:04:27	00:28:40	00:04:25		SHIAI RUNNING LA CORUÑA
41	3078	IGNACIO NORRIELLA FERNÁNDEZ	00:28:54	00:04:28	00:28:37	00:04:25		LA CORUÑA
42	1016	ADRIÁN VIAÑO IGLESIAS	00:29:10	00:04:30	00:28:58	00:04:28		DENODO RUNNI A CORUÑA
43	1089	JULIO COSTA RECAREY	00:29:11	00:04:30	00:29:04	00:04:29		LA CORUÑA
44	1018	ÁNGEL BRANTUAS GONZÁLEZ	00:29:13	00:04:31	00:29:01	00:04:29		DENODO RUNNI A CORUÑA
45	3049	YUL LAMADRID RODRIGUEZ	00:29:14	00:04:31	00:28:43	00:04:26		A CORUÑA
46	1345	MATEO TORRES NEIRA	00:29:39	00:04:35	00:29:25	00:04:32		A CORUÑA
47	169	GIOVANI GARCÍA ESTÉVEZ	00:29:44	00:04:35	00:29:15	00:04:31		LUGO
48	347	CARLOS MÁIZ MANSO	00:29:46	00:04:36	00:29:29	00:04:33		A CORUÑA
49	1039	JOSE MARIA MARTIN VEZ	00:29:47	00:04:36	00:29:46	00:04:36		CORUÑA
50	2095	IVAN MARTINEZ QUINTÁ	00:29:53	00:04:37	00:29:31	00:04:33		A CORUÑA
51	2503	ESTEBAN M. MONTEIRO CANO	00:29:55	00:04:37	00:29:23	00:04:32		BEMBIBRE
52	73	DANIEL LÓPEZ GARCÍA	00:29:56	00:04:37	00:29:18	00:04:31		INDRA RUNNERS PERILLO
53	1125	ERIK PARADA GUTIÉRREZ	00:30:06	00:04:39	00:29:38	00:04:34		A CORUÑA
54	1123	RUBÉN DÍAZ GIL	00:30:11	00:04:39	00:29:47	00:04:36		A CORUÑA
55	388	LUIS GARCIA IGLESIAS	00:30:31	00:04:42	00:30:19	00:04:41		A CORUÑA
56	1137	JOSE LOMBA PAZOS	00:30:31	00:04:43	00:30:16	00:04:40		A CORUÑA
57	2172	ADRIAN FERNANDEZ CASAL	00:30:34	00:04:43	00:29:56	00:04:37		FERROL
58	1147	OSCAR LUCERO IÑIGUEZ	00:30:37	00:04:43	00:30:10	00:04:39		A CORUÑA
59	223	ANTONIO SAUCA GUERRERO	00:30:38	00:04:44	00:30:10	00:04:39		EL TEMPLE
60	2052	OLAF DÍAZ ABELAIRA	00:30:55	00:04:46	00:30:43	00:04:44		A CORUÑA
61	1170	MARCOS GUSTAVO ALVAREZ LÓPEZ	00:31:02	00:04:47	00:30:37	00:04:43		A CORUÑA
62	2027	ANGEL ARAÚJO	00:31:04	00:04:48	00:30:33	00:04:43		FERROL
63	3062	RENATO RIVAS LOPEZ	00:31:12	00:04:49	00:30:49	00:04:45		LA CORUÑA
64	2097	NICOLAS MEDINA FONT	00:31:21	00:04:50	00:31:13	00:04:49		LA CORUÑA
65	2104	CARLOS ORGEIRA FERNANDEZ	00:31:25	00:04:51	00:31:07	00:04:48		A CORUÑA
66	1142	DAVID ULLOA SOBRINO	00:31:27	00:04:51	00:31:05	00:04:48		A CORUÑA

67	2041 GONZALO CARNOTA COSTOYA	00:31:28	00:04:51	00:30:45	00:04:45		OROSO
68	1027 FERNANDO I. MONTES MENDOZA	00:31:28	00:04:51	00:30:57	00:04:47		BERGONDO
69	234 HECTOR BERTO A SANCHEZ	00:31:30	00:04:52	00:31:22	00:04:50		ARTEIXO
70	1155 ÁLVARO GARCÍA FERNÁNDEZ	00:31:37	00:04:53	00:30:58	00:04:47		A CORUÑA
71	353 ADÁN A. ROQUE	00:31:38	00:04:53	00:31:21	00:04:50		LA CORUÑA
72	3028 MANUEL BOUZAS ESPASANDIN	00:31:41	00:04:53	00:31:26	00:04:51		A CORUÑA
73	1133 DANIEL NOGUEIRA CARRO	00:31:49	00:04:55	00:31:27	00:04:51		A CORUÑA
74	3020 ADRIAN QUEVEDO PEREZ	00:31:53	00:04:55	00:31:05	00:04:48	NOSPORTLIMIT-	A CORUÑA
75	147 JOSÉ NÚÑEZ RODRÍGUEZ	00:31:54	00:04:55	00:31:20	00:04:50		A CORUÑA
76	214 MIGUEL LOPEZ CASTELO	00:31:55	00:04:56	00:31:49	00:04:55		A CORUÑA
77	2101 LALO NAVEIRA RAMOS	00:31:59	00:04:56	00:31:41	00:04:53		A CORUÑA
78	2103 MANUEL NOVO SANCHEZ	00:31:59	00:04:56	00:31:19	00:04:50		BETANZOS
79	2126 PABLO RIVAS OLIVEIRA	00:32:05	00:04:57	00:32:02	00:04:57		CULLEREDO
80	1129 GONZALO PENA BUJAN	00:32:06	00:04:57	00:31:23	00:04:51		A CORUÑA
81	2141 SERGIO REY AÑÓN	00:32:09	00:04:58	00:31:48	00:04:54		A LARACHA
82	2155 ALEJANDRO VAZQUEZ QUIAN	00:32:12	00:04:58	00:31:19	00:04:50		CULLEREDO
83	3066 JUAN DAVID RUIZ PIÑEIRO	00:32:14	00:04:58	00:31:56	00:04:56		A CORUÑA
84	1150 HUGO IGLESIAS VIGIL	00:32:25	00:05:00	00:32:00	00:04:56		A CORUÑA
85	313 ALEJANDRO ALVAREZ RODRÍGUEZ	00:32:25	00:05:00	00:32:07	00:04:57	LEONES RUNNIN	A CORUÑA
86	2075 HÉCTOR GARCÍA MONTERO	00:32:35	00:05:02	00:31:57	00:04:56		LA CORUÑA
87	2008 GONZALO ALONSO VÁZQUEZ	00:32:41	00:05:03	00:32:08	00:04:57	GANTESPORT	A CORUÑA
88	1292 JAVIER LÓPEZ FERNÁNDEZ	00:32:44	00:05:03	00:32:26	00:05:00		A CORUÑA
89	3026 VICTOR MANUEL ALVAREZ TABOADA	00:32:46	00:05:03	00:32:28	00:05:01		A CORUÑA
90	2171 ALEJANDRO OCAMPOS VEIGA	00:32:47	00:05:04	00:32:08	00:04:58		ARTEIXO - VILLARODIS
91	3041 JOSE FERREÑO GARCIA	00:32:47	00:05:04	00:32:21	00:05:00		CULLEREDO
92	2077 MANUEL GAREA SUÁREZ	00:32:47	00:05:04	00:32:06	00:04:57		FRADES
93	2079 RUBÉN GERPE BERTO A	00:32:54	00:05:05	00:32:32	00:05:01		ARTEIXO
94	1126 EFRÉN SOMORROSTRO RODRÍGUEZ	00:32:57	00:05:05	00:32:05	00:04:57		LA CORUÑA
95	1124 IVÁN TOMÉ BAYO	00:32:59	00:05:05	00:32:32	00:05:01		A CORUÑA
96	237 CARLOS GARCÍA SECO	00:33:00	00:05:06	00:32:41	00:05:03		A CORUÑA
97	1358 JAVIER RODRÍGUEZ TORRES	00:33:04	00:05:06	00:32:21	00:05:00		A CORUÑA
98	2073 JORGE FREIRE SARANDESES	00:33:11	00:05:07	00:32:24	00:05:00		A CORUÑA
99	2105 RAIMUNDO OTERO GULDRIS	00:33:13	00:05:07	00:32:47	00:05:03		LA CORUÑA
100	2017 ALBERTO MARTÍNEZ MILLÁN	00:33:24	00:05:09	00:32:44	00:05:03	TERMARIA RUNI	A CORUÑA
101	3033 ISAAC CIBRÁN CARRIL	00:33:25	00:05:09	00:32:56	00:05:05		A CORUÑA
102	1317 ROMA RIVAS ALVAR	00:33:25	00:05:09	00:33:21	00:05:09		A CORUÑA
103	1115 PABLO GALLARDO NÚÑEZ	00:33:26	00:05:10	00:32:44	00:05:03		ESTEIRO
104	201 DAVID IGLESIAS RIGUEIRA	00:33:28	00:05:10	00:33:17	00:05:08		A CORUÑA
105	2039 DOMINIC BUTLER	00:33:38	00:05:11	00:33:06	00:05:06		A CORUNA
106	345 RAFA PEREZ GONZALEZ	00:33:40	00:05:12	00:32:52	00:05:04		A CORUÑA
107	2031 CRISTIAN BARALLOBRE RÚA	00:33:40	00:05:12	00:33:22	00:05:09		A CORUÑA
108	1314 OSCAR LOPEZ BLANCO	00:33:56	00:05:14	00:33:45	00:05:12		CORUÑA
109	233 DAVID TUÑAS RÓO	00:34:03	00:05:15	00:33:41	00:05:12		A CORUÑA
110	2152 DANIEL VÁZQUEZ BRAÑAS	00:34:04	00:05:15	00:33:28	00:05:10		O TEMPLE - CAMBRE (A CORUÑA)
111	1347 MIGUEL PEREIRA FERNÁNDEZ	00:34:12	00:05:17	00:33:32	00:05:11		A CORUÑA
112	1153 MARCOS BEAHÍN VÁZQUEZ	00:34:14	00:05:17	00:33:39	00:05:12		CULLEREDO
113	1349 JORGE BLANCO MARTÍÑO	00:34:22	00:05:18	00:33:56	00:05:14		A CORUÑA
114	2130 XOSE ALFONSO RODEIRO FERNÁNDEZ	00:34:31	00:05:20	00:33:54	00:05:14		BETANZOS
115	2140 ALBERTO SEOANE AMOR	00:34:51	00:05:23	00:34:11	00:05:16		BETANZOS
116	1111 JUAN ALVAREZ VILLAR	00:34:55	00:05:23	00:34:36	00:05:20		VIGO
117	222 ENRIQUE PÉREZ RODRÍGUEZ-CARMONA	00:34:59	00:05:24	00:34:40	00:05:21		RUTIS (CULLEREDO)
118	79 MARCOS PEREIRO SÁNCHEZ	00:35:09	00:05:25	00:34:23	00:05:18	AG 767382 NOSPORLIMIT	CARRAL
119	1297 JUAN ESPIDO NOYA	00:35:29	00:05:29	00:35:04	00:05:25		A CORUÑA
120	2033 VALENTIN BARRAL VALES	00:35:38	00:05:30	00:34:58	00:05:24		BETANZOS
121	346 ROBERTO MACEIRAS SEOANE	00:35:39	00:05:30	00:35:11	00:05:26		LUGO
122	3011 PEDRO SÁNCHEZ PARDO	00:35:42	00:05:30	00:34:58	00:05:24	CLUB ATLÉTICO	CULLEREDO
123	1145 DIEGO MAQUES VARELA	00:35:44	00:05:31	00:35:07	00:05:25		A CORUÑA
124	216 JUAN CARLOS DOMATO VERDÍA	00:35:49	00:05:32	00:35:22	00:05:27		ARTEIXO
125	2138 ALEJANDRO SANTOS SÁNCHEZ	00:35:53	00:05:32	00:35:12	00:05:26		BETANZOS
126	1305 SERGIO RODRIGUEZ MARTINEZ	00:36:18	00:05:36	00:35:48	00:05:31		CAMBRE
127	1181 ADRIÁN LÓPEZ VILLAVEDE	00:36:27	00:05:37	00:35:55	00:05:32		PONTEVEDRA

128	2065	ALBERTO FERREÑO RODRÍGUEZ	00:37:19	00:05:45	00:36:44	00:05:40			CULLEREDO
129	204	RAFAEL ESPIDO LATA	00:37:22	00:05:46	00:36:56	00:05:42			A CORUÑA
130	2057	IVÁN ESPESO GARCÍA	00:37:45	00:05:49	00:37:23	00:05:46			EL TEMPLE
131	3069	PABLO TABOADA DURO	00:37:46	00:05:50	00:37:07	00:05:44			A CORUÑA
132	219	COSME MARTINEZ NAYA	00:37:58	00:05:51	00:37:44	00:05:49			CULLEREDO
133	2116	CRISTIAN PINEDA RIOS	00:37:59	00:05:52	00:37:27	00:05:47			A CORDEDA
134	2170	CARLOS MALLEIRO ZORZANO	00:38:38	00:05:58	00:38:07	00:05:53			ARTEIXO
135	1144	ALBERTO BLANCO BOUZAS	00:38:43	00:05:58	00:38:17	00:05:54			A CORUÑA
136	1139	JAVIER CAMPOS BREA	00:38:46	00:05:59	00:38:09	00:05:53			A CORUÑA
137	1167	IVAN BARBEITO PREGO	00:38:52	00:06:00	00:38:05	00:05:53			A CORUÑA
138	2136	DAVID SANCHEZ GOMEZ	00:38:57	00:06:00	00:38:18	00:05:55			A CORUÑA
139	2121	CURRO RAYA GARCIA	00:39:29	00:06:05	00:39:07	00:06:02			A CORUÑA
140	1138	DAVID LÓPEZ FERNÁNDEZ	00:39:30	00:06:06	00:39:00	00:06:01			A CORUÑA
141	1156	GUILLERMO SÁNCHEZ VIDAL	00:40:06	00:06:11	00:39:17	00:06:04			A CORUÑA
142	2134	NICOLAS SALGADO LOPEZ	00:40:45	00:06:17	00:40:07	00:06:11			BETANZOS
143	2124	JORGE RIBERO CARNOTA	00:41:35	00:06:25	00:40:42	00:06:17			A CORUÑA
144	2018	ADRIAN MUÑIZ NION	00:43:34	00:06:43	00:42:49	00:06:36		ZONA FIT	A CORUÑA
145	2149	JUAN MANUEL VALDERAS PANCORBO	00:46:07	00:07:07	00:45:26	00:07:00			A CORUÑA
146	2087	CHRISTIAN LOIS	00:46:52	00:07:14	00:46:39	00:07:12			A CORUÑA
147	2021	IVAN AGUION MIÑONES	00:53:31	00:08:15	00:52:40	00:08:07			CULLEREDO

SNF	SENIOR FEMENINA	Inscritos:	78 Llegados:		34				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	6 EUSEBIA MALDONADO	00:29:30	00:04:33	00:29:28	00:04:33	NO TENGO		A CORUÑA
	2	354 ALBA REY PENELAS	00:29:36	00:04:34	00:29:29	00:04:33		ATLETISMO RIAZ A	CORUÑA
	3	362 KARINA CALLON TREUS	00:30:00	00:04:38	00:29:58	00:04:37		CLUB ATLETISMO	CAMBRE
	4	1185 MARTA GIL FERNÁNDEZ	00:30:40	00:04:44	00:30:40	00:04:44		A.D. FOGAR	A CORUÑA
	5	278 IRIA SOTO IGLESIAS	00:31:12	00:04:49	00:31:00	00:04:47			A CORUÑA
	6	1370 ESTEFANIA ABELENDA POSE	00:33:29	00:05:10	00:33:17	00:05:08			LARACHA
	7	1243 ANGELA SOUTO GONZÁLEZ	00:33:46	00:05:13	00:33:03	00:05:06			CAMBRE
	8	1193 MARÍA JESÚS GARCÍA TRABAZO	00:34:03	00:05:15	00:33:52	00:05:14		DENODO RUNNI A	CORUÑA
	9	3035 ARACELI CRUJEIRAS GONZÁLEZ	00:34:38	00:05:21	00:33:54	00:05:14			ARTES - RIBEIRA
	10	1227 MARÍA BERMÚDEZ RODRÍGUEZ	00:34:48	00:05:22	00:34:26	00:05:19			LA CORUÑA
	11	1237 LAURA HORTA ROMARIS	00:35:44	00:05:31	00:35:07	00:05:25			A CORUÑA
	12	2120 PATRICIA QUEVEDO PEREZ	00:35:55	00:05:32	00:35:07	00:05:25			TROBAJO DEL CAMINO
	13	1232 VANESSA PAZ ABRUÑEDO	00:36:12	00:05:35	00:35:25	00:05:28			CULLEREDO
	14	261 MARIA LUISA RUA PRIETO	00:36:33	00:05:38	00:36:12	00:05:35	AG764232	CLUB ATLETISMO	SADA
	15	1328 PAULA ALONSO MASIDE	00:38:06	00:05:53	00:37:21	00:05:46			BAÑOS DE MOLGAS
	16	2102 MIRIAM NEIRA DÍAZ	00:38:33	00:05:57	00:38:20	00:05:55			CULLEREDO
	17	1230 ROCIO CAMPOS BREA	00:38:46	00:05:59	00:38:09	00:05:53			A CORUÑA
	18	1223 MELINA FERNÁNDEZ SANTÁS	00:39:07	00:06:02	00:38:29	00:05:56			A CORUÑA
	19	1187 VIOLETA FERNANDEZ DIAZ	00:39:32	00:06:06	00:39:05	00:06:02		ATLETISMO RIAZ A	CORUÑA
	20	2004 SOFÍA CANZOBRE MARTÍNEZ	00:39:32	00:06:06	00:39:05	00:06:02	AG/768780	ATLETISMO RIAZ A	CORUÑA
	21	2505 FÁTIMA RODRÍGUEZ CALVO	00:40:03	00:06:11	00:39:41	00:06:07			A CORUÑA
	22	1236 ELENA COUTO SUAREZ	00:40:35	00:06:16	00:39:47	00:06:08			NOVO MESOIRO
	23	2030 SUSANA ARROJO GONZÁLEZ	00:40:51	00:06:18	00:40:28	00:06:15			A CORUÑA
	24	361 BEATRIZ FARIÑA LÓPEZ	00:42:11	00:06:30	00:41:45	00:06:26		CLUB ATLETISMO	SADA
	25	2071 MARÍA FRAILE CANCELA	00:42:12	00:06:31	00:41:33	00:06:25			A CORUÑA
	26	2028 ROSARIO AREOSA BRANDÓN	00:42:44	00:06:36	00:41:56	00:06:28			LARACHA
	27	1220 MARCELA FERNANDEZ	00:43:12	00:06:40	00:42:47	00:06:36			A CORUÑA
	28	1329 LIDIA ESPIDO LATA	00:43:43	00:06:45	00:43:04	00:06:39			A CORUÑA
	29	2035 BARBARA BLANCO	00:46:52	00:07:14	00:46:39	00:07:12			A CORUÑA
	30	2156 RITA VERA ZARATE	00:47:25	00:07:19	00:46:43	00:07:12			CORUÑA
	31	1244 EMMA MARÍA OTERO GULDRÍS	00:47:47	00:07:22	00:47:21	00:07:18			A CORUÑA
	32	2014 ISaura ESPORRIN FRAGA	00:49:38	00:07:39	00:48:52	00:07:32		RETO 10K WOM	CUARTE DE HUERVA
	33	2125 FÁTIMA RÍOS PLATAS	00:52:26	00:08:05	00:51:51	00:08:00			OZA-CESURAS
	34	2047 CINTIA CHAMORRO PETRONACCI	00:53:33	00:08:16	00:52:42	00:08:08			CULLEREDO

VT1M	VETERANOS 1 MASC	Inscritos:	240 Llegados:		127				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	35 ABDELKADER BOUGUERROUDJ	00:22:38	00:03:30	00:22:38	00:03:30	GA-764529	ATLETISMO RIAZ A	CORUÑA

2	1061	MANUEL ANGEL PEREIRA RAMON	00:23:13	00:03:35	00:23:13	00:03:35		A CORUÑA
3	11	JAVIER SEOANE PUGA	00:23:41	00:03:39	00:23:41	00:03:39		A.D.C. BOMBERC CARBALLO
4	157	JOSE ANTONIO RECOUSO CAAMAÑO	00:23:45	00:03:40	00:23:45	00:03:40		A CORUÑA
5	3015	FADY HOUT VARELA	00:24:20	00:03:45	00:24:19	00:03:45		CLUB TRIATLON A CORUÑA
6	166	FERNANDO MANUEL LÓPEZ DE LAS HER	00:24:22	00:03:46	00:24:22	00:03:46		CULLEREDO
7	300	JOSE ANTONIO ABUIN TREUS	00:24:24	00:03:46	00:24:23	00:03:46		CLUB ATLETISMO CAMBRE
8	3007	JOSE MANUEL GARCIA PAZ	00:25:05	00:03:52	00:25:00	00:03:52	A-10809	C. A. AS MARÍÑA BETANZOS
9	1163	JOSE LUIS SEOANE UZAL	00:25:34	00:03:57	00:25:31	00:03:56		A CORUÑA
10	3046	PABLO GINES MAYOR	00:26:05	00:04:02	00:26:03	00:04:01		A CORUÑA
11	2038	OSCAR BOUZA RODRIGUEZ	00:26:09	00:04:02	00:26:04	00:04:01		VALDOVIÑO
12	83	JOSE LUIS MARTINEZ VICENTE	00:26:11	00:04:03	00:26:11	00:04:03	GA 764739	PATUKOS TIM R A CORUÑA
13	298	ANTONIO ILLOBRE JIMENEZ	00:26:12	00:04:03	00:26:08	00:04:02		CLUB ATLETISMO SADA
14	1080	JESUS PEREDA FERNANDEZ	00:26:27	00:04:05	00:26:20	00:04:04		A CORUÑA
15	1074	FRANCISCO BASALO VAZQUEZ	00:26:42	00:04:07	00:26:39	00:04:07		CAMBRE
16	3050	DANIEL LEDO NEIRA	00:26:50	00:04:08	00:26:43	00:04:07		MEICENDE
17	2090	JUAN LOUREIRO LODEIRO	00:26:55	00:04:09	00:26:47	00:04:08		A COTUÑA
18	3063	DIEGO RIVAS OLIVEIRA	00:26:57	00:04:10	00:26:54	00:04:09		A CORUÑA
19	151	RAMON EUGENIO MOSQUERA SILVA	00:27:04	00:04:11	00:26:57	00:04:10		LA CORUÑA
20	7	LUIS BALDÓ MACÍA	00:27:05	00:04:11	00:26:59	00:04:10		A.D. FOGAR A CORUÑA
21	31	OSCAR DOPAZO PENIN	00:27:06	00:04:11	00:27:02	00:04:10		ATLETISMO RIAZ FEANS
22	154	EDU PINEDO ARMESTO	00:27:07	00:04:11	00:27:03	00:04:10		OLEIROS
23	1259	EDUARDO GRANDA FERNANDEZ	00:27:11	00:04:12	00:27:06	00:04:11		CLUB ATLETISMO SADA
24	2165	ALVARO LOPEZ JACOME	00:27:31	00:04:15	00:27:18	00:04:13		A CORUÑA
25	335	DAVID SOUTO SANCHEZ	00:27:34	00:04:15	00:27:27	00:04:14		LA CORUÑA
26	230	JAVIER PARADELA MARTICÓ	00:27:44	00:04:17	00:27:41	00:04:16		ARTEIXO
27	225	STOIL NIKOLOV NIKOLOV	00:27:54	00:04:18	00:27:48	00:04:17	NO	A CORUÑA
28	231	ÓSCAR CARRACEDO REGUEIRA	00:27:55	00:04:19	00:27:50	00:04:18		ARTEIXO
29	3038	MANUEL DOLDAN	00:28:08	00:04:21	00:28:00	00:04:19		LA CORUÑA
30	1348	JACOBO RODRIGUEZ COBO	00:28:09	00:04:21	00:27:59	00:04:19		LA CORUÑA
31	44	PEDRO DOMENECH GONZÁLEZ	00:28:19	00:04:22	00:28:06	00:04:20		CLUB ATLETISMO CULLEREDO
32	2061	DAVID FERNANDEZ MARTINEZ	00:28:32	00:04:24	00:28:21	00:04:22		A CORUÑA
33	1069	ALBERTO BARREIRO PÉREZ	00:28:33	00:04:24	00:28:19	00:04:22		A CORUÑA
34	317	CARLOS DEZA RODRIGUEZ	00:28:41	00:04:26	00:27:58	00:04:19	AG 767351	PATUKOS TIM R CULLEREDO
35	3052	JOSE LOSADA PEREZ	00:28:42	00:04:26	00:28:36	00:04:25		A CORUÑA
36	304	ALBERTO MORLÁN OTERO	00:28:46	00:04:26	00:28:42	00:04:26	AG-764743	CLUB ATLETISMO SADA
37	143	IAGO MARTINEZ LAFUENTE	00:28:50	00:04:27	00:28:21	00:04:22		OLEIROS
38	2088	OSCAR LOPEZ RODRIGUEZ	00:28:52	00:04:27	00:28:31	00:04:24		A CORUÑA
39	3048	MARCOS LAGO CASTRO	00:28:53	00:04:27	00:28:44	00:04:26		A CORUÑA
40	156	JOSÉ MANUEL CASÁS CASÁS	00:28:57	00:04:28	00:28:49	00:04:27		A CORUÑA
41	43	XESUS MANUEL SEGADE CAROU	00:29:02	00:04:29	00:28:53	00:04:27		CLUB ATLETISMO A CORUÑA
42	2003	MARIO RODRÍGUEZ OTERO	00:29:02	00:04:29	00:28:56	00:04:28		ATLETISMO FON AMES
43	387	JAIME LÓPEZ CAINZOS	00:29:03	00:04:29	00:28:55	00:04:28		A CORUÑA
44	137	CARLOS CASTRO RODRIGUEZ	00:29:20	00:04:32	00:28:46	00:04:26		LARACHA
45	3024	IVAN SANCHEZ RILO	00:29:21	00:04:32	00:29:11	00:04:30		TRASNOS CORUI A CORUÑA
46	2086	DAVID LAMAS DÍAZ	00:29:21	00:04:32	00:28:57	00:04:28		POLA DE SIERO
47	2118	JESÚS PRESEDO MARTÍNEZ	00:29:32	00:04:33	00:28:55	00:04:28		OLEIROS
48	150	MARCOS ALVAREZ PATIÑO	00:29:32	00:04:34	00:29:26	00:04:32		A CORUÑA
49	1175	ENRIQUE SEOANE PUGA	00:29:44	00:04:35	00:29:35	00:04:34		CARBALLO
50	142	SIMON LOPEZ EIROA	00:29:46	00:04:36	00:29:39	00:04:35		PERILLO OLEIROS
51	1003	JAVIER ESTÉVEZ RAMA	00:30:07	00:04:39	00:29:56	00:04:37		AMIG@S DE SAI A CORUÑA
52	2051	MIGUEL ANGEL CUBA LOPEZ	00:30:13	00:04:40	00:30:01	00:04:38		LA CORUÑA
53	2066	ALBERTO FIGUEIRAS	00:30:18	00:04:40	00:30:07	00:04:39		A CORUÑA
54	2132	LUIS RODRÍGUEZ FERREIRO	00:30:22	00:04:41	00:30:03	00:04:38		LA CORUÑA
55	2147	ALBERTO TOJO RODRIGUEZ	00:30:35	00:04:43	00:30:19	00:04:41		PASTORIZA
56	2011	MANUEL PUENTE VEIGA	00:30:38	00:04:44	00:30:06	00:04:39		MANOLETE PUE A CORUÑA
57	24	ALBERTO PARDO FERNANDEZ	00:30:43	00:04:44	00:30:15	00:04:40	AG-766454	ATLETISMO COR A CORUÑA
58	1344	JOSE RAMON SANDÁ LORENZO	00:30:51	00:04:46	00:30:35	00:04:43		LA CORUÑA
59	1273	BORJA MUÑOZ PLAZA	00:31:09	00:04:48	00:30:49	00:04:45		A CORUÑA
60	2025	MIGUEL ALVEDRO GARCÍA	00:31:19	00:04:50	00:31:00	00:04:47		A CORUÑA
61	152	CARLOS SANTOS MARTINEZ	00:31:25	00:04:51	00:31:17	00:04:50		A CORUÑA
62	240	ANTON GARCIA PEREZ	00:31:25	00:04:51	00:31:17	00:04:50		CORUÑA

63	2106 CARLOS OTERO IGLESIAS	00:31:50	00:04:55	00:31:39	00:04:53		A CORUÑA
64	195 ROBERTO PONTE NOYA	00:31:59	00:04:56	00:31:48	00:04:54		A CORUÑA
65	198 ALEJANDRO PEREZ GIANNETTO	00:32:02	00:04:57	00:31:42	00:04:53		A CORUÑA
66	320 ALEX ANTELO	00:32:03	00:04:57	00:31:36	00:04:53	PROYECTO BULL	A CORUÑA
67	1106 JORGE ALVAREZ LOPEZ	00:32:09	00:04:58	00:31:36	00:04:53		A CORUÑA
68	1291 ELADIO FERNÁNDEZ BARRIGÜETE	00:32:17	00:04:59	00:31:58	00:04:56		A CORUÑA
69	242 FRAN RODRÍGUEZ LÓPEZ	00:32:17	00:04:59	00:31:58	00:04:56		A CORUÑA
70	3010 VÍCTOR HUGO CONDE LÓPEZ	00:32:26	00:05:00	00:32:18	00:04:59	CD GAS NATURA CEE	
71	3036 DAVID DÍAZ PÉREZ	00:32:34	00:05:01	00:31:45	00:04:54		CORUÑA
72	1162 JUAN FERNANDEZ	00:32:51	00:05:04	00:32:08	00:04:57		CAMBRE
73	2048 IVÁN CLAVEL SAN EMETERIO	00:32:53	00:05:04	00:32:32	00:05:01		ARTEIXO
74	1164 JULIO CAÑÁS LARA	00:33:07	00:05:07	00:32:42	00:05:03		A CORUÑA
75	2115 DAMIÁN PEDREIRA GARCÍA	00:33:07	00:05:07	00:32:55	00:05:05		CAMBRE
76	72 FRANCISCO JAVIER SALGADO BADÁS	00:33:10	00:05:07	00:32:29	00:05:01	AG-11168	INDRA RUNNERS A CORUÑA
77	1118 JAVIER COLLAZO PEREZ	00:33:11	00:05:07	00:32:25	00:05:00		A CORUÑA
78	145 JUAN IGNACIO PALEO VIEITO	00:33:14	00:05:08	00:32:40	00:05:02		A CORUÑA
79	3044 LUIS ANTONIO GARCIA	00:33:23	00:05:09	00:32:42	00:05:03	AG765560	CHANTADA
80	1086 JAVIER BANDÍN MARENTES	00:33:48	00:05:13	00:33:01	00:05:06		A CORUÑA
81	1171 HECTOR FRAGA LOPEZ	00:33:49	00:05:13	00:33:06	00:05:07		OLEIROS
82	206 MANUEL LOPEZ CASCALLAR	00:33:57	00:05:14	00:33:43	00:05:12		A CORUÑA
83	2083 CARLOS GÓMEZ NÚÑEZ	00:34:00	00:05:15	00:33:44	00:05:12		OURENSE
84	2164 ANGEL MANUEL MIGUENS VAZQUEZ	00:34:01	00:05:15	00:33:48	00:05:13		A CORUÑA
85	2058 MANUEL ESTEBAN	00:34:07	00:05:16	00:33:44	00:05:12		A CORUÑA
86	2167 CARLOS ALVAREZ FERNANDEZ	00:34:20	00:05:18	00:33:38	00:05:11		CULLEREDO
87	1077 JAVIER CUIÑA BALADO	00:34:27	00:05:19	00:33:44	00:05:12		A CORUÑA
88	2113 DAVID PATO VAZQUEZ	00:34:28	00:05:19	00:34:28	00:05:19		A CORUÑA
89	2150 JAVIER VARELA GARCIA	00:34:29	00:05:19	00:34:09	00:05:16		ARTEIXO
90	189 ALBERTO MANTIÑÁN PERNAS	00:34:39	00:05:21	00:33:54	00:05:14		LA CORUÑA
91	2024 VÍCTOR MANUEL ÁLVAREZ NOYA	00:34:40	00:05:21	00:33:59	00:05:15		A CORUÑA
92	2070 JAVIER FRAGA LAMAS	00:34:45	00:05:22	00:33:59	00:05:15		A CORUÑA
93	1032 DAVID PEDRE LOUREIRO	00:34:59	00:05:24	00:34:23	00:05:18		A CORUÑA
94	2063 PABLO FERRANT ROJO	00:35:45	00:05:31	00:34:55	00:05:23		A CORUÑA
95	200 ALBERTO PEREZ PARDIÑAS	00:35:46	00:05:31	00:35:25	00:05:28		CARRAL
96	1034 ROBERTO PICOS FONTICOPA	00:35:46	00:05:31	00:34:54	00:05:23		A CORUÑA
97	78 CARLOS ARMENTEROS LEÓN	00:35:54	00:05:32	00:35:08	00:05:25	NO SPORT LIMIT	A CORUÑA
98	2144 MITO SUAREZ FRAGA	00:35:58	00:05:33	00:35:32	00:05:29		ARILLO- DORNEDA
99	2099 MANUEL MIRAMONTES MENDEZ	00:36:05	00:05:34	00:35:41	00:05:30		ARTEIXO
100	1120 JOSÉ IGNACIO PENAS LÓPEZ	00:36:09	00:05:35	00:35:55	00:05:32		A CORUÑA
101	2060 LUIS RUBÉN FERNÁNDEZ GONZÁLEZ	00:36:12	00:05:35	00:35:52	00:05:32		A CORUÑA
102	1276 VÍCTOR MANUEL INSUA PICO	00:36:21	00:05:36	00:36:04	00:05:34		NARÓN
103	2108 ANGEL OURO RIVAS	00:36:29	00:05:38	00:35:41	00:05:30		LA CORUÑA
104	2133 ENRIQUE RODRIGUEZ LAPIDO	00:36:30	00:05:38	00:35:49	00:05:32		A CORUÑA
105	2145 GABRIEL SUAREZ SUAREZ	00:36:30	00:05:38	00:35:40	00:05:30		A CORUÑA
106	2166 DANIEL JUAN OTERO	00:36:33	00:05:38	00:35:42	00:05:30		CORUÑA
107	2093 MANUEL JAVIER MARCOS PIÑEIRO	00:36:40	00:05:39	00:35:49	00:05:32		CAMBRE
108	177 VÍCTOR BAUTISTA HERNANDEZ	00:36:48	00:05:41	00:36:25	00:05:37		A CORUÑA
109	2001 JUAN JOSE ABELLEIRA BLANCO	00:37:04	00:05:43	00:36:47	00:05:40	ATLETISMO CLUB	LA CORUNA
110	2067 IVÁN FRADE GARCÍA	00:37:04	00:05:43	00:36:49	00:05:41		A CORUÑA
111	1013 PABLO FERNÁNDEZ FREIRE	00:37:09	00:05:44	00:36:24	00:05:37	DENODO RUNNERS	A CORUÑA
112	2002 ANTONIO MARTÍNEZ FERNANDEZ	00:37:11	00:05:44	00:37:04	00:05:43	ATLETISMO FON EL BURGO	
113	1355 ANTONIO LODEIRO PAZOS	00:37:23	00:05:46	00:36:45	00:05:40		A CORUÑA
114	2129 JAIME ROCA FREIRIA	00:37:50	00:05:50	00:37:14	00:05:45		RONCAL
115	295 JAVIER PRIETO SOUTO	00:38:01	00:05:52	00:37:26	00:05:47	ATLETISMO RIAZ	CAMBRE
116	144 MANUEL ANGEL POSE CASTIÑEIRA	00:38:04	00:05:52	00:37:34	00:05:48		LA CORUÑA
117	1179 ALEJANDRO ENRIQUEZ VARELA	00:38:48	00:05:59	00:38:17	00:05:54		A CORUÑA
118	2016 CELSO BLANCO GARCIA	00:38:58	00:06:01	00:38:16	00:05:54	TERMARIA RUNNERS	A CORUÑA
119	318 JUAN FERNANDEZ GONZALEZ	00:39:29	00:06:05	00:38:45	00:05:59	AG 767350	PATUKOS TIM RUNNERS A CORUÑA
120	159 MARCOS RODRIGUEZ ARMADA	00:40:01	00:06:10	00:39:25	00:06:05		ABEGONDO
121	1079 PABLO PEREDA FERNÁNDEZ	00:40:57	00:06:19	00:40:11	00:06:12		A CORUÑA
122	81 JAVIER SAL PÉREZ	00:41:07	00:06:20	00:40:21	00:06:13	NOSPORTLIMIT	A CORUÑA
123	148 CARLOS MUÑOZ LAGARÓN	00:41:46	00:06:27	00:40:57	00:06:19		A CORUÑA

124	1068	OSCAR EIROA PATIÑO	00:42:54	00:06:37	00:42:19	00:06:32			A CORUÑA
125	336	CARLOS VARELA FERNÁNDEZ	00:43:24	00:06:42	00:42:45	00:06:36			A CORUÑA
126	183	JUAN CARLOS GANTES LESTA	00:44:02	00:06:48	00:43:32	00:06:43			A CORUÑA
127	2122	DELFIN REGA VILLAR	00:47:15	00:07:17	00:46:26	00:07:10			LARACHA

VT1F	VETERANAS 1 FEM	Inscritos:	66	Llegados:	33				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	3025 NOEMI MORAL NVAZO	00:28:47	00:04:26	00:28:47	00:04:26		VERXEL NUTRICI	OLEIROS
	2	355 FELICIDAD LÓPEZ ARNAU	00:28:50	00:04:27	00:28:50	00:04:27		ATLETISMO RIAZ	A CORUÑA
	3	1241 NOELIA CARUNCHO GARCIA	00:31:48	00:04:54	00:31:34	00:04:52			LA CORUÑA
	4	2020 SONIA MARIA AGUIÓN COSTOYA	00:32:17	00:04:59	00:32:08	00:04:58			A CORUÑA
	5	3021 SONIA ROCA CANZOBRE	00:32:19	00:04:59	00:31:45	00:04:54	AG-766807	NOSPORTLIMIT-	CAMBRE
	6	1251 RAQUEL BOTANA	00:32:40	00:05:03	00:32:31	00:05:01			CAMBRE
	7	258 NATALIA MIGUEZ LOPEZ	00:33:14	00:05:08	00:33:00	00:05:05		CLUB ATLETISM	SADA
	8	254 Mª LUISA BARREIRO FUENTES	00:33:24	00:05:09	00:33:10	00:05:07	G-763977	ATLETISMO RIAZ	A CORUÑA
	9	1240 NATALIA MORRONE MOLLO	00:34:19	00:05:18	00:33:32	00:05:10			ARTEIXO
	10	276 VANESA NAVEIRA	00:34:22	00:05:18	00:34:07	00:05:16			A CORUÑA
	11	1327 SANDRA FERNANDEZ EXPOSITO	00:34:44	00:05:22	00:34:03	00:05:15			OURENSE
	12	259 RAQUEL ARMESTO PINEDO	00:35:21	00:05:27	00:35:12	00:05:26		CLUB ATLETISM	OLEIROS
	13	2117 MONTSE PONTE TABOADA	00:36:12	00:05:35	00:35:24	00:05:28			A CORUÑA
	14	2094 MARÍA MARTÍNEZ MOSQUERA	00:36:22	00:05:37	00:36:06	00:05:34			A CORUÑA
	15	1321 BEATRIZ SAAVEDRA CARRO	00:36:42	00:05:40	00:35:55	00:05:32		NOSPORTLIMIT	A CORUÑA
	16	257 MÓNICA MOURELLE ZAS	00:37:33	00:05:48	00:37:11	00:05:44		CLUB ATLETISM	MONDEGO-SADA
	17	2128 CRISTINA RIVERA GUTIERREZ	00:37:51	00:05:50	00:37:13	00:05:45			RONCAL
	18	1202 CRISTINA YUDEGO GARCÍA	00:37:58	00:05:51	00:37:38	00:05:48			MONDEGO-SADA
	19	2012 ESTIBALIZ GARCIA GOMEZ	00:38:03	00:05:52	00:37:14	00:05:45		NO SPORT LIMIT	CAMBRE
	20	1229 MIRIAM SÁNCHEZ	00:38:12	00:05:54	00:37:33	00:05:48			LA CORUÑA
	21	289 SUSANA FERNANDEZ REDONDO	00:38:20	00:05:55	00:37:44	00:05:49			ABEGONDO
	22	280 MARIA MANTIÑAN PAREDES	00:38:20	00:05:55	00:37:40	00:05:49			A CORUÑA
	23	290 INES IGLESIAS FRAGA	00:38:55	00:06:00	00:38:24	00:05:55			NOS - OLEIROS
	24	2092 ROSA MARÍA MACEIRAS SEOANE	00:39:27	00:06:05	00:38:42	00:05:58			ARTEIXO
	25	2157 LUCÍA VILA GARCÍA	00:40:51	00:06:18	00:40:19	00:06:13			A CORUÑA
	26	2056 MARÍA JOSÉ EIRIZ NAVEIRA	00:40:53	00:06:18	00:40:22	00:06:14			A CORUÑA
	27	2064 CRISTINA FERREIRO MUÑIZ	00:41:09	00:06:21	00:40:24	00:06:14			A CORUÑA
	28	2045 BERTA CEBREIRO PULLEIRO	00:41:33	00:06:25	00:41:00	00:06:19			A CORUÑA
	29	1197 ANA ALVAREZ PAZ	00:41:46	00:06:27	00:40:57	00:06:19		NOSPORTLIMIT-	A CORUÑA
	30	2042 SONIA MARÍA CARRO RÍOS	00:42:19	00:06:32	00:42:00	00:06:29			A CORUÑA
	31	2127 SONIA RIVERA DACAL	00:42:51	00:06:37	00:42:01	00:06:29			A CORUÑA
	32	1216 MARÍA FÁTIMA BLANCO CANCELA	00:44:35	00:06:53	00:43:50	00:06:46			A CORUÑA
	33	1228 VANESSA VELO PICALLO	00:46:58	00:07:15	00:46:18	00:07:09			A CORUÑA

VT2M	VETERANOS 2 MASC	Inscritos:	205	Llegados:	113				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	1 MANUEL OLIVER PEREZ LOPEZ	00:22:46	00:03:31	00:22:46	00:03:31	GA-20506	CLUB ATLETISM	EL BURGO
	2	3042 MARIO FRANCISCO FERNANDEZ	00:24:05	00:03:43	00:24:04	00:03:43			ESPAÑOLA
	3	3002 JOSE SUAREZ LEIS	00:24:08	00:03:44	00:24:07	00:03:43	AG-766580	ATLETISMO BOII	A BAÑA
	4	47 JESUS ALVAREZ CHINCHILLA	00:24:15	00:03:45	00:24:12	00:03:44		CLUB ATLETISM	SADA
	5	373 PAULO XOÁN MUINELO PEDREIRA	00:24:55	00:03:51	00:24:54	00:03:51		CORUÑA COMAI	CAMBRE
	6	87 LINO SEOANE NARANJO	00:25:13	00:03:54	00:25:13	00:03:54		RIALTO	A CORUÑA
	7	124 FERNANDO PÉREZ HERNÁNDEZ	00:25:46	00:03:59	00:25:44	00:03:58			A CORUÑA
	8	22 FCO JAVIER CORREA PIÑEIRO	00:26:24	00:04:05	00:26:21	00:04:04	AG-766585	ATLETISMO COR	VILABOA-CULLEREDO
	9	77 RAFAEL SUAREZ FERNANDEZ	00:26:36	00:04:06	00:26:31	00:04:06	AG763630	MARINEDA ATLE	A CORUÑA
	10	93 SANTIAGO GARCIA BELLO	00:26:59	00:04:10	00:26:56	00:04:09		TRASNOS CORUI	CAMBRE
	11	1072 JUAN CARLOS DIÉGUEZ TEIJEIRO	00:27:16	00:04:13	00:27:14	00:04:12			CAMBRE
	12	3032 CARLOS CASTRILLON CRESPO	00:27:18	00:04:13	00:27:09	00:04:11			A CORUÑA
	13	50 JUAN MÉNDEZ LÓPEZ	00:27:47	00:04:17	00:27:42	00:04:16	AG11270	CLUB ATLETISM	SADA
	14	29 TOMAS ABELEDO PATIÑO	00:27:48	00:04:17	00:27:43	00:04:17	AG764064	ATLETISMO RIAZ	VILABOA - CULLEREDO
	15	3004 MANUEL PITA TRASANCOS	00:27:49	00:04:18	00:27:36	00:04:16		ATLETISMO CLU	A CORUÑA
	16	52 GIOVANNI QUINTANS MELENDEZ	00:27:53	00:04:18	00:27:47	00:04:17		CLUB ATLETISM	LA CORUNA
	17	185 FRANCISCO JAVIER GONZÁLEZ LEDO	00:28:06	00:04:20	00:28:02	00:04:20			CULLEREDO
	18	1092 CONSTANTINO REAL RODRIGUEZ	00:28:20	00:04:22	00:28:17	00:04:22			LA CORUÑA

19	1278 JUAN CARLOS BERGONDO BRANDARIZ	00:28:22	00:04:23	00:28:16	00:04:22		NOS (OLEIROS)
20	3039 EZEQUIEL FERNANDEZ GUINDA	00:28:25	00:04:23	00:28:11	00:04:21		LA CORUÑA
21	134 MAURICIO VILLADONIGA MARTIN	00:28:29	00:04:24	00:28:23	00:04:23		A CORUNA
22	180 DAVID CASADO BRAVO	00:28:45	00:04:26	00:28:21	00:04:23		MESOIRO
23	2169 CARLOS ONS VILAS	00:28:50	00:04:27	00:28:39	00:04:25		A CORUÑA
24	2019 JOSE AGRA RAMOS	00:28:54	00:04:28	00:28:27	00:04:24		A CORUÑA
25	54 VICTOR MANUEL NAYA LOPEZ	00:28:56	00:04:28	00:28:47	00:04:27		CLUB DE COMUI LUGO
26	62 JOSE ANDRES ALDREY VARELA	00:29:07	00:04:30	00:28:59	00:04:28		CLUB TRIATLON A CORUÑA
27	227 MARC PERRAMON BONIGNO	00:29:10	00:04:30	00:29:00	00:04:29		A CORUÑA
28	3012 JOSELO TUBIO MARTINEZ	00:29:11	00:04:30	00:28:56	00:04:28	A 9929	CLUB ATLETISM NOIA
29	395 FÉLIX QUINTÁNS MELÉNDEZ	00:29:27	00:04:33	00:29:22	00:04:32		OLEIROS (SANTA CRUZ)
30	1357 FRANCISCO SEGUIN OUTEIRIÑO	00:29:28	00:04:33	00:29:18	00:04:31		CULLEREDO
31	2173 ENRIQUE JORGE RAMA RODRIGUEZ	00:29:34	00:04:34	00:29:24	00:04:32		A CORUÑA
32	51 CARLOS AMOR GOMEZ	00:29:35	00:04:34	00:29:15	00:04:31		CLUB ATLETISM A CORUÑA
33	390 JUAN ANTONIO DOMINGUEZ LOPEZ	00:29:43	00:04:35	00:29:36	00:04:34		A CORUÑA
34	3072 MANUEL VAZQUEZ RAMOS	00:29:51	00:04:36	00:29:43	00:04:35		ARANGA
35	3047 EVARISTO GONZALEZ JORGE	00:30:06	00:04:39	00:30:01	00:04:38		OLEIROS
36	94 JESUS ASTRAY CASTRO	00:30:11	00:04:39	00:30:00	00:04:38		TRASNOS CORUI A CORUÑA
37	38 LUIS MARCELO BELLO GOMEZ	00:30:14	00:04:40	00:29:21	00:04:32		C.D. EGOVARRO VILABOA CULLEREDO
38	37 JULIO VÁZQUEZ PEDREIRA	00:30:20	00:04:41	00:29:54	00:04:37		C.A. AS MARIÑA BETANZOS
39	2015 CARLOS ALVEDRO GARCÍA	00:30:22	00:04:41	00:30:04	00:04:38		SAPOCONCHOS LA CORUÑA
40	228 SUSO RAMOS RODRIGUEZ	00:30:25	00:04:42	00:30:17	00:04:40	NO	A LARACHA
41	226 RUBEN MARTINEZ DEL RIO	00:30:25	00:04:42	00:30:09	00:04:39		O TEMPLE - CAMBRE
42	139 ANGEL JUVIÑO PREGO	00:30:25	00:04:42	00:30:09	00:04:39		ARTEIXO
43	1052 MIGUEL LEMUS BARROS	00:30:27	00:04:42	00:30:07	00:04:39		A CORUÑA
44	1051 RAFAEL NÚÑEZ OTERO	00:30:37	00:04:44	00:30:16	00:04:40		A CORUÑA
45	2089 DANIEL LOSADA GONZÁLEZ	00:30:39	00:04:44	00:30:17	00:04:40		LA CORUÑA
46	1260 JACINTO PARGA FERNANDEZ	00:30:52	00:04:46	00:30:32	00:04:43		CLUB ATLETISM SADA
47	2044 FRAN CASTRILLÓN SÁNCHEZ	00:31:01	00:04:47	00:30:59	00:04:47		A CORUÑA
48	3014 NESTOR ARIAS PAZ	00:31:07	00:04:48	00:30:43	00:04:44		CLUB MONTEPEI LUGO
49	305 FERNANDO MÍGUEZ SÁNCHEZ	00:31:17	00:04:50	00:30:53	00:04:46		CLUB ATLETISM SADA
50	90 JAVIER RIO RODRIGUEZ	00:31:17	00:04:50	00:31:03	00:04:47		RUNNERS CARB/ CARBALLO
51	68 JOSE MARIA LEVOSO TOUCEDA	00:31:17	00:04:50	00:31:08	00:04:48		ESPRINTES OURI A CORUÑA
52	3060 JUSTO REAL IGLESIAS	00:31:26	00:04:51	00:31:14	00:04:49		A CORUÑA
53	2010 FRANCISCO FUENTES BERMEJO	00:31:32	00:04:52	00:31:15	00:04:49		LEONES RUNNIN LA CORUÑA
54	59 JAVIER GRUEIRO BOUZA	00:31:34	00:04:52	00:31:20	00:04:50		CLUB RIALTO A CORUÑA
55	1161 ALFONSO REMUIÑAN SANCHEZ	00:31:37	00:04:53	00:31:18	00:04:50		A CORUÑA
56	129 JOSÉ MARÍA REIGOSA MARTINEZ	00:31:38	00:04:53	00:31:26	00:04:51		A CORUÑA
57	1054 MANUEL BASALO VAZQUEZ	00:31:39	00:04:53	00:31:28	00:04:51		LA CORUÑA
58	133 INDALECIO TEJEIRO MÉNDEZ	00:31:51	00:04:55	00:31:21	00:04:50		CULLEREDO
59	3065 RAMON RODRIGUEZ ENRIQUEZ	00:31:56	00:04:56	00:31:56	00:04:56		O BURGO
60	311 JUAN JOSE GOMEZ NEGREIRA	00:31:59	00:04:56	00:31:34	00:04:52		CLUB TRIATLON A CORUÑA
61	1067 FRANCISCO JAVIER MARTINEZ SANTOS	00:32:32	00:05:01	00:32:03	00:04:57		A CORUÑA
62	1046 JUAN MANUEL HERBON ARIAS	00:32:38	00:05:02	00:32:22	00:05:00		EL TEMPLE
63	1160 SERGIO CAÑIZARES RIVAS	00:32:40	00:05:02	00:32:01	00:04:56		CULLEREDO
64	117 FRANCISCO JAVIER VILLAMISAR CALVIÑO	00:32:43	00:05:03	00:32:31	00:05:01		LA CORUÑA
65	2032 GERMAN BARBEITO REY	00:32:47	00:05:04	00:32:10	00:04:58		CULLEREDO
66	1070 JOSE MANUEL DARRIBA GONZÁLEZ	00:32:49	00:05:04	00:32:16	00:04:59		CARBALLO
67	2013 ROBERTO PEREZ Y OSUNA	00:32:52	00:05:04	00:32:04	00:04:57		NOSPORTLIMIT- A CORUÑA
68	146 JUAN CARLOS PALLEIRO MOSQUERA	00:32:57	00:05:05	00:32:30	00:05:01		ARTEIXO
69	66 IVAN FOLLA-CISNEROS VIDAL	00:33:07	00:05:07	00:32:33	00:05:01		CRLM A CORUÑA
70	2114 MANUEL PAZ CARBÓN	00:33:21	00:05:09	00:32:50	00:05:04		A CORUÑA
71	378 JOSÉ ANTONIO SAAVEDRA PAZOS	00:33:23	00:05:09	00:32:45	00:05:03	AG767357	RUNAWAYS A CORUÑA
72	3016 HERMINIO SANTOS CAMEÁN	00:33:31	00:05:10	00:33:03	00:05:06		CLUBE ATLETISM SADA
73	2006 MANU MUIÑO MIRON	00:33:31	00:05:10	00:33:06	00:05:06		CLUB ATLETISM SADA
74	1055 JOSE LUIS MARTÍNEZ LÓPEZ	00:33:39	00:05:12	00:33:03	00:05:06		A CORUÑA
75	1026 CARLOS DE LUIS CARBALLADA	00:33:43	00:05:12	00:33:19	00:05:08		A CORUÑA
76	1176 DOMINGO CABARCOS PAJON	00:33:51	00:05:13	00:33:22	00:05:09		A CORUÑA
77	3031 XOSÉ MANUEL CAMBÓN ARCEO	00:34:02	00:05:15	00:33:39	00:05:12		A CORUÑA
78	2501 ELISEO GARCÍA CRISTÓBAL	00:34:10	00:05:16	00:33:43	00:05:12		CLUB ATLETISM CAMBRE
79	1047 RAMÓN PASANDÍN REGUEIRA	00:34:12	00:05:17	00:33:35	00:05:11		A CORUÑA

80	2084	JUAN CARLOS IGLESIAS CASTAÑO	00:34:29	00:05:19	00:34:00	00:05:15			LA CORUÑA
81	3029	RICARDO BRANDÓN VENOZZA	00:34:30	00:05:19	00:33:39	00:05:11			A CORUÑA
82	181	DANIEL CIUDAD CENDÁN	00:34:35	00:05:20	00:33:52	00:05:13			CORUÑA
83	2085	JESUS MANUEL IGLESIAS MARIÑO	00:34:40	00:05:21	00:34:19	00:05:18			LARACHA
84	312	OCTAVIO SUSACASA NOVAL	00:34:50	00:05:22	00:34:31	00:05:20		LEONES RUNNIN	A CORUÑA
85	108	ALBERTO FRAGA RODRIGUEZ	00:34:54	00:05:23	00:34:10	00:05:16			A CORUÑA
86	1091	ALBERTO COUTO LOSADA	00:34:57	00:05:24	00:34:42	00:05:21			SANTIAGO
87	316	MIGUEL DEZA RODRÍGUEZ	00:35:05	00:05:25	00:34:22	00:05:18	AG 767352	PATUKOS TIM R	A CORUÑA
88	2154	OSCAR VAZQUEZ MIGUEZ	00:35:14	00:05:26	00:34:46	00:05:22			A CORUÑA
89	2158	NARCISO VILA SUAREZ	00:35:20	00:05:27	00:35:00	00:05:24			CARBALLO
90	3053	JOSE ANTONIO MONTERO DOMINGUEZ	00:35:34	00:05:29	00:35:10	00:05:26			CORUÑA
91	386	MANUEL TOJO RODRIGUEZ	00:35:44	00:05:31	00:35:29	00:05:28			O BURGO - CULLEREDO
92	1343	JESÚS ÁNGEL SÁNCHEZ VEIGA	00:35:49	00:05:32	00:35:49	00:05:32		CORUÑA SPORT	A CORUÑA
93	2123	VICTOR MANUEL REY CASTELO	00:35:52	00:05:32	00:35:12	00:05:26			A CORUÑA
94	2098	LUCIANO MÉNDEZ NAYA	00:36:03	00:05:34	00:35:23	00:05:28			TEO
95	1058	JAVIER ARAÚJO QUINTEIRO	00:36:12	00:05:35	00:35:38	00:05:30			A CORUÑA
96	1066	VÍCTOR D. TEIJIDO FELPETO	00:36:24	00:05:37	00:35:46	00:05:31			A CORUÑA
97	2160	GREGORIO JOSE VIÑUELAS AGRA	00:36:25	00:05:37	00:35:51	00:05:32			CULLEREDO
98	120	MANUEL RAMUDO PRIETO	00:36:42	00:05:40	00:35:55	00:05:32			CAMBRE
99	2055	SANTIAGO EIRIS LOPEZ	00:36:47	00:05:40	00:36:12	00:05:35			A CORUÑA
100	1057	JUAN CARLOS ARCOS YÁÑEZ	00:37:25	00:05:46	00:37:13	00:05:44			LA CORUÑA
101	1283	JOSE ANTONIO MARTÍNEZ LEMA	00:38:23	00:05:55	00:37:34	00:05:48			A CORUÑA
102	1048	JUAN CARLOS VALEIRO VEIGA	00:38:24	00:05:55	00:37:41	00:05:49			O BURGO - CULLEREDO
103	1101	JUAN GARCÍA REGUEIRA	00:38:25	00:05:56	00:37:53	00:05:51			LA CORUÑA
104	2062	JOSE ANTONIO FERNÁNDEZ PEREIRO	00:38:43	00:05:58	00:38:26	00:05:56			A CORUÑA
105	18	PABLO RAFAEL PRIETO CASAL	00:39:17	00:06:04	00:38:42	00:05:58		ATLETISMO CLU	A CORUÑA
106	1159	GUILLERMO MALDONADO AVILA	00:39:50	00:06:09	00:39:15	00:06:03			O BURGO, CULLEREDO
107	2502	JAVIER LÓPEZ SOUTO	00:40:05	00:06:11	00:39:31	00:06:06		MIXMASTER RUI	A CORUÑA
108	1029	JAVIER VALIÑO MOSTEIRO	00:41:04	00:06:20	00:40:40	00:06:16			ARTEIXO
109	2005	CARLOS SEIJAS PERMUY	00:42:38	00:06:35	00:41:52	00:06:28		BEER RUNNERS	A CORUÑA
110	2143	JULIO SUAREZ CAMBA	00:42:45	00:06:36	00:42:03	00:06:29			O BURGO
111	132	PABLO BUCETA BLANCO	00:43:03	00:06:38	00:42:53	00:06:37			CULLEREDO
112	191	VÍCTOR LÓPEZ RAMOS	00:43:35	00:06:43	00:42:55	00:06:37			CARRAL
113	1050	JAVIER GANTES	00:44:02	00:06:48	00:43:26	00:06:42			A CORUÑA

VT2F	VETERANAS 2 FEM	Inscritos:	50 Llegados:		31				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	3005 TERESA CORRAL MARCOS	00:29:02	00:04:29	00:29:02	00:04:29	GA-764232	ATLETISMO MOI LUGO	
	2	263 MONTSERRAT HERNÁNDEZ GARCÍA	00:29:44	00:04:35	00:29:41	00:04:35		CLUB RIALTO	A CORUÑA
	3	358 INES PAPIN ESTEVEZ	00:30:09	00:04:39	00:30:07	00:04:39		CLUB ATLETISMO	CAMBRE
	4	3001 MARIA JOSÉ GROBAS GARABOA	00:30:25	00:04:42	00:30:16	00:04:40		ATLETICA A SILV	MESÍA
	5	359 MONTSE FERNÁNDEZ RAMOS	00:30:44	00:04:45	00:30:41	00:04:44		CLUB ATLETISMO	SADA
	6	268 MARIA LUISA LOPEZ GARCIA	00:31:02	00:04:47	00:30:59	00:04:47		WWW.ROBERTC	A CORUÑA
	7	1211 EVA MARIA FARIÑAS LOPEZ	00:32:20	00:04:59	00:32:11	00:04:58			CORUÑA
	8	357 BEGOÑA SENDON RICO	00:32:52	00:05:04	00:32:49	00:05:04		CLUB ATLETISMO	BERGONDO
	9	1218 MARIA DO CARMEN LOUZAO RODRÍGUEZ	00:33:35	00:05:11	00:33:13	00:05:08			A CORUÑA
	10	262 ANGELES CASTRO FERNANDEZ	00:35:02	00:05:24	00:34:38	00:05:21		CLUB ATLETISMO	A CORUÑA
	11	2506 EVA SANCHEZ MARTINEZ	00:35:08	00:05:25	00:34:35	00:05:20			LA CORUÑA
	12	360 LINA GARCÍA PORTAS	00:35:10	00:05:26	00:34:46	00:05:22		CLUB ATLETISMO	SADA
	13	2026 MARÍA JOSÉ AÑÓN VARELA	00:35:20	00:05:27	00:35:01	00:05:24			CARBALLO
	14	2109 NURIA ESTHER PALACIOS IBAN	00:35:35	00:05:29	00:35:18	00:05:27			A CORUÑA
	15	2175 SONIA QUINTÁ MANCEBO	00:35:50	00:05:32	00:35:11	00:05:26			A CORUÑA
	16	277 ANA CELIA GOLPE GONZALEZ	00:36:08	00:05:34	00:35:54	00:05:32			A CORUÑA
	17	273 MARÍA VICTORIA PÉREZ HERNÁNDEZ	00:36:38	00:05:39	00:36:29	00:05:38			A CORUÑA
	18	288 ANA DIAZ MENDEZ	00:36:39	00:05:39	00:36:26	00:05:37			A CORUÑA
	19	2049 BEATRIZ COTROFE DEL RIO	00:38:06	00:05:53	00:37:44	00:05:49			A CORUÑA
	20	2034 BELEN BERMUDEZ FARIÑA	00:38:47	00:05:59	00:38:20	00:05:55			ARTEIXO
	21	250 MARTA MARÍA CRUZ AÑÓN	00:39:14	00:06:03	00:38:32	00:05:57		A.D. ATLETES DE MUROS	
	22	1325 MARÍA LUZ RODRÍGUEZ GARCÍA	00:39:21	00:06:04	00:39:01	00:06:01			A CORUÑA
	23	1367 SUSANA GOYANES MARTINEZ	00:39:25	00:06:05	00:38:57	00:06:01			A CORUÑA
	24	2111 MARTA PARDO GESTO	00:40:09	00:06:12	00:39:39	00:06:07			LA CORUÑA

25	1361	ANA LUZ VÁZQUEZ FERNÁNDEZ	00:40:14	00:06:12	00:40:14	00:06:12		CORUÑA SPORT	A CORUÑA
26	2168	ANA MARÍA CAÑETA DEL CAMPO	00:41:03	00:06:20	00:40:52	00:06:18			A CORUÑA
27	1374	MANUELA RICO SÁNCHEZ	00:41:26	00:06:24	00:40:36	00:06:16			
28	1208	MARIÁN JUÁREZ PÉREZ	00:42:30	00:06:33	00:42:30	00:06:33			A CORUÑA
29	2091	FEDERICA LUCCHETTI	00:42:34	00:06:34	00:42:00	00:06:29			CULLEREDO
30	1366	MARIA JOSE SEIJAS MARTINEZ	00:43:03	00:06:38	00:42:53	00:06:37			CULLEREDO
31	3056	MARIA NAYA DIAZ	00:43:40	00:06:44	00:43:02	00:06:38			LA CORUÑA

VT3M	VETERANOS 3 MASC	Inscritos:	61 Llegados:		42				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
1	3006	HIGINIO RODRÍGUEZ SOUTO	00:24:06	00:03:43	00:24:06	00:03:43	GA764234	ATLETISMO MOI LUGO	
2	374	EMILIO MARTINEZ ANTA	00:24:30	00:03:47	00:24:30	00:03:47		EGOVARROS	A CORUÑA
3	2081	JULIAN JOSE GESTO CAABEIRO	00:25:53	00:04:00	00:25:51	00:03:59			OLEIROS
4	45	JESUS VAZQUEZ RODRIGUEZ	00:26:54	00:04:09	00:26:51	00:04:09		CLUB ATLETISMO CEE	
5	294	MANUEL FONTENLA MUIÑO	00:27:23	00:04:14	00:27:16	00:04:13	A7951	ATLETISMO COR CAMBRE	
6	1005	MANUEL VARELA CAABEIRO	00:27:51	00:04:18	00:27:48	00:04:17		ATLETISMO CLUB A CORUÑA	
7	3045	JOSE LUIS GESTAL CANDAL	00:27:58	00:04:19	00:27:29	00:04:15			A CORUÑA
8	12	FRANCISCO SOTO GARCÍA	00:28:11	00:04:21	00:28:01	00:04:19		AMIG@S DE SAN A CORUÑA	
9	95	ANTONIO GARCIA BELLO	00:28:43	00:04:26	00:28:39	00:04:25		TRASNOS CORUI EL TEMPLE	
10	1031	JUAN ANTONIO RIVAS ROMERO	00:28:44	00:04:26	00:28:40	00:04:25			A CORUÑA
11	3068	JOSE MANUEL SEOANE CHAS	00:29:29	00:04:33	00:29:03	00:04:29			CECEBRE/CAMBRE
12	3023	PABLO GONZALEZ GONZALEZ	00:30:09	00:04:39	00:29:59	00:04:38	AG767014	RUNAWAYS	A CORUÑA
13	42	JUAN MENÉNDEZ ARBESÚ	00:30:15	00:04:40	00:29:20	00:04:32		C.D.EGOVARROS O BURGO	
14	2139	OSCAR SEGADE ZAS	00:30:18	00:04:41	00:29:49	00:04:36			A CORUÑA
15	239	GUILLERMO CONCHEIRO FERNÁNDEZ	00:30:42	00:04:44	00:30:14	00:04:40			CARRAL
16	41	JOSE ANTONIO GOMEZ BOTANA	00:31:06	00:04:48	00:30:37	00:04:44	A7440	C.D.EGOVARROS A CORUÑA	
17	244	VÍCTOR MANUEL VAZQUEZ MOSTEIRO	00:31:14	00:04:49	00:30:45	00:04:45			A CORUÑA
18	2159	JOSE MANUEL VILAR ARCOS	00:31:30	00:04:52	00:31:03	00:04:48			A CORUÑA
19	99	JOSE ANTONIO MÉNDEZ PAMPÍN	00:31:52	00:04:55	00:31:17	00:04:50			LA CORUÑA
20	3051	MANUEL LÓPEZ ROIBÁS	00:32:19	00:04:59	00:31:48	00:04:54			A CORUÑA
21	1085	SERAFIN AFONSO BAÑA	00:32:42	00:05:03	00:32:30	00:05:01			A CORUÑA
22	2148	MARCELO GABRIEL TRIPODI	00:32:48	00:05:04	00:32:15	00:04:59			A CORUÑA
23	3058	JOSE LUIS PENALTA DATORRE	00:32:49	00:05:04	00:32:16	00:04:59			EL TEMPLE -CAMBRE
24	100	MANUEL FIGUEROA ROEL	00:33:10	00:05:07	00:32:41	00:05:03			LA CORUÑA
25	105	JUAN PAZOS COUTO	00:33:53	00:05:14	00:33:24	00:05:09			A CORUÑA
26	1004	LUIS JOSE LOPEZ LOPEZ	00:33:53	00:05:14	00:33:37	00:05:11		ATLETISMO CLUB A CORUÑA	
27	106	MANUEL JAVIER MUÑOZ SEIJAS	00:34:36	00:05:20	00:34:09	00:05:16			A CORUÑA
28	3054	JULIAN MORENO MARTOS	00:34:37	00:05:20	00:33:51	00:05:13			LA CORUÑA
29	39	FERMIN PAN OTERO	00:34:57	00:05:24	00:34:30	00:05:19		C.D. EGOVARRO CORUÑA	
30	21	JUAN MANUEL MARTIN CARVAJAL	00:35:58	00:05:33	00:35:23	00:05:28		ATLETISMO CLUB LA CORUÑA	
31	350	RAÚL GALÁN CERVERO	00:36:27	00:05:37	00:35:43	00:05:31			A CORUÑA
32	2142	FRANCISCO SOLLA POUSADA	00:36:32	00:05:38	00:36:15	00:05:36			LA CORUÑA
33	2151	MANUEL VÁZQUEZ ALVEDRO	00:37:26	00:05:47	00:36:49	00:05:41			O TEMPLE
34	2069	ALFREDO JOSE FRAGA GARCIA	00:37:35	00:05:48	00:36:53	00:05:41			MERA-OLEIROS
35	103	BENIGNO GAREA CAO	00:37:44	00:05:49	00:37:00	00:05:42			A CORUÑA
36	324	SANTIAGO TROBAJO DE LAS MATAS	00:37:49	00:05:50	00:37:07	00:05:44			BERGONDO
37	3009	JOSE MARIA BREA SANCHEZ	00:38:50	00:05:59	00:37:56	00:05:51	AG-764347	CA BOIMORTO	A CORUÑA
38	114	MIGUEL ABELEDO PATIÑO	00:39:10	00:06:03	00:38:40	00:05:58			CULLEREDO
39	1108	MANUEL CID FERNÁNDEZ	00:39:39	00:06:07	00:38:52	00:06:00			CULLEREDO
40	1313	ANTONIO VARELA SALETA	00:41:06	00:06:20	00:40:17	00:06:13			A CORUÑA
41	113	JOSE ANTONIO BOCELO PRIETO	00:41:07	00:06:21	00:40:32	00:06:15	NO		O TEMPLE
42	3073	JAVIER VILLAS PEDRUELO	00:43:43	00:06:45	00:43:05	00:06:39			LA CORUÑA

VT3F	VETERANAS 3 FEM	Inscritos:	11 Llegados:		7				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
1	1376	ELISA PAZ SOUTO	00:31:43	00:04:54	00:31:40	00:04:53			A CORUÑA
2	270	ARACELI VEIGA BERMEJO	00:35:53	00:05:32	00:35:34	00:05:29			A CORUÑA
3	272	SILVIA SANCHEZ BASCOY	00:36:38	00:05:39	00:36:28	00:05:38			A CORUÑA
4	1206	MARIA DEL MAR BARCÓN SÁNCHEZ	00:38:25	00:05:56	00:37:53	00:05:51			CULLEREDO
5	3008	BEGOÑA DE ARRIBA BELLOGIN	00:39:24	00:06:05	00:38:53	00:06:00	GA 19107	C.D.EGOVARROS OLEIROS	
6	1204	CARMEN CASAS PÉREZ	00:43:08	00:06:39	00:42:52	00:06:37			SADA

7	356	GUADALUPE LLAMOSAS ALBIZU	00:48:04	00:07:25	00:47:17	00:07:17	C.R.A.T.	A CORUÑA
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VT4M	VETERANOS 4 MASC	Inscritos:	10 Llegados:			9			
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
1	98	DOMINGO ALVAREZ IGLESIAS	00:29:30	00:04:33	00:29:23	00:04:32			LA CORUÑA
2	1020	ANTONIO REMUIÑAN SANCHEZ	00:30:20	00:04:41	00:30:15	00:04:40		MEDIA DUCIA	CARBALLO
3	67	ANTONIO HERNANDEZ BARREIRO	00:30:26	00:04:42	00:30:18	00:04:41		EGOVARROS DE	LA CORUÑA
4	48	EDUARDO MIGUEL PINEDO IGLESIAS	00:35:02	00:05:24	00:34:50	00:05:23		CLUB ATLETISM	OLEIROS
5	299	FRANCISCO SOBRINO MOSQUERA	00:36:11	00:05:35	00:35:44	00:05:31		CLUB ATLETISM	OLEIROS
6	40	CARLOS ROMAN REY VAZQUEZ	00:36:38	00:05:39	00:36:09	00:05:35		C.D.EGOVARROS	A CORUÑA
7	2007	JOSE FRANCISCO COBAS RODRIGUEZ	00:37:51	00:05:50	00:37:05	00:05:43		CRAT	A CORUÑA
8	92	JESUS MONTERO LAGO	00:38:40	00:05:58	00:38:23	00:05:55		TRASNOS CORUI	CAMBRE
9	82	ANTONIO CIUDAD PEREIRA	00:39:47	00:06:08	00:39:03	00:06:01		PATUKOS TIM R	A CORUÑA

VT4F	VETERANAS 4 FEM	Inscritos:	4 Llegados:			4			
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
1	264	PILAR MARQUIZ HERNANDEZ	00:34:03	00:05:15	00:33:55	00:05:14	AG/764581	CLUB RIAZOR	A CORUÑA
2	255	MARIA LUISA ARMESTO MIGUEL	00:35:07	00:05:25	00:34:58	00:05:24		CLUB ATLETISM	OLEIROS
3	269	ROSA MARIA SANDES FERNANDEZ	00:35:53	00:05:32	00:35:42	00:05:30			A CORUÑA
4	1368	MARILUZ SAN MARTIN FERNENDEZ	00:36:50	00:05:41	00:36:37	00:05:39			A CORUÑA

ESPM	ESPECIAL MASCULINA	Inscritos:	2 Llegados:			2			
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
1	1119	EDUARDO NÚÑEZ IGLESIAS	00:30:36	00:04:43	00:30:22	00:04:41			A CORUÑA
2	326	JUAN MANUEL PEREZ FERNÁNDEZ	00:37:29	00:05:47	00:36:47	00:05:41			A CORUÑA

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Prueba Absoluta. Distancia: 6.490 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

MASCULINO										
PtoSex	Dorsal	Nombre	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
1	35	ABDELKADER BOUGUERROUDJ	VT1M- 1	00:22:38	00:03:30	00:22:38	00:03:30	GA-764529	ATLETISMO RIA	A CORUÑA
2	1	MANUEL OLIVER PEREZ LOPEZ	VT2M- 1	00:22:46	00:03:31	00:22:46	00:03:31	GA-20506	CLUB ATLETISM	EL BURGO
3	1061	MANUEL ANGEL PEREIRA RAMON	VT1M- 2	00:23:13	00:03:35	00:23:13	00:03:35			A CORUÑA
4	3037	FERNANDO DÍEZ GOMEZ	SNM- 1	00:23:25	00:03:37	00:23:25	00:03:37			LUGO
5	11	JAVIER SEOANE PUGA	VT1M- 3	00:23:41	00:03:39	00:23:41	00:03:39		A.D.C. BOMBER	CARBALLO
6	157	JOSE ANTONIO RECOUSO CAAMAÑO	VT1M- 4	00:23:45	00:03:40	00:23:45	00:03:40			A CORUÑA
7	3042	MARIO FRANCISCO FERNANDEZ	VT2M- 2	00:24:05	00:03:43	00:24:04	00:03:43			ESPAÑOLA
8	3006	HIGINIO RODRÍGUEZ SOUTO	VT3M- 1	00:24:06	00:03:43	00:24:06	00:03:43	GA764234	ATLETISMO MO	LUGO
9	3002	JOSE SUAREZ LEIS	VT2M- 3	00:24:08	00:03:44	00:24:07	00:03:43	AG-766580	ATLETISMO BOI	A BAÑA
10	171	ANTONIO TEJIDO LOPEZ	SNM- 2	00:24:11	00:03:44	00:24:11	00:03:44			GUITIRIZ
11	3	OSCAR PAZOS BARBEITO	SNM- 3	00:24:14	00:03:44	00:24:14	00:03:44	AG 766303	ATLETISMO COF	CAMBRE
12	47	JESUS ALVAREZ CHINCHILLA	VT2M- 4	00:24:15	00:03:45	00:24:12	00:03:44		CLUB ATLETISM	SADA
13	3015	FADY HOUT VARELA	VT1M- 5	00:24:20	00:03:45	00:24:19	00:03:45		CLUB TRIATLON	A CORUÑA
14	166	FERNANDO MANUEL LÓPEZ DE LAS HER	VT1M- 6	00:24:22	00:03:46	00:24:22	00:03:46			CULLEREDO
15	300	JOSE ANTONIO ABUIN TREUS	VT1M- 7	00:24:24	00:03:46	00:24:23	00:03:46		CLUB ATLETISM	CAMBRE
16	374	EMILIO MARTINEZ ANTA	VT3M- 2	00:24:30	00:03:47	00:24:30	00:03:47		EGOVARROS	A CORUÑA
17	221	ROI BARROS CORRAL	SNM- 4	00:24:52	00:03:50	00:24:52	00:03:50			A CORUÑA
18	373	PAULO XOÁN MUINELO PEDREIRA	VT2M- 5	00:24:55	00:03:51	00:24:54	00:03:51		CORUÑA COMA	CAMBRE
19	210	ERNESTO SOBRINO MARFULL	SNM- 5	00:25:01	00:03:52	00:25:01	00:03:52			A CORUÑA
20	3007	JOSE MANUEL GARCIA PAZ	VT1M- 8	00:25:05	00:03:52	00:25:00	00:03:52	A-10809	C. A. AS MARIÑ	BETANZOS
21	370	IVAN SEGADE CAROU	SNM- 6	00:25:06	00:03:53	00:25:05	00:03:52	AG-766602	CLUB ATLETISM	A CORUÑA
22	3067	PABLO SEOANE AMOR	SNM- 7	00:25:07	00:03:53	00:25:01	00:03:52			BETANZOS
23	87	LINO SEOANE NARANJO	VT2M- 6	00:25:13	00:03:54	00:25:13	00:03:54		RIALTO	A CORUÑA
24	2096	MANUEL MEDIERO VEIRA	PRM- 1	00:25:22	00:03:55	00:25:22	00:03:55			A CORUÑA
25	10	FERNANDO MIGUEZ CARRO	SNM- 8	00:25:27	00:03:56	00:25:26	00:03:56		A.D. FOGAR	LA CORUÑA
26	1163	JOSE LUIS SEOANE UZAL	VT1M- 9	00:25:34	00:03:57	00:25:31	00:03:56			A CORUÑA
27	124	FERNANDO PÉREZ HERNÁNDEZ	VT2M- 7	00:25:46	00:03:59	00:25:44	00:03:58			A CORUÑA
28	1157	ANDRÉS VIDAL GIRÁLDEZ	SNM- 9	00:25:49	00:03:59	00:25:44	00:03:58			A CORUÑA
29	2081	JULIAN JOSE GESTO CAABEIRO	VT3M- 3	00:25:53	00:04:00	00:25:51	00:03:59			OLEIROS

30	1165	CARLOS RODRIGUEZ SUÁÑEZ	SNM- 10	00:26:02	00:04:01	00:26:00	00:04:01			LA CORUÑA	
31	3046	PABLO GINES MAYOR	VT1M- 10	00:26:05	00:04:02	00:26:03	00:04:01			A CORUÑA	
32	2038	OSCAR BOUZA RODRIGUEZ	VT1M- 11	00:26:09	00:04:02	00:26:04	00:04:01			VALDOVIÑO	
33	83	JOSE LUIS MARTINEZ VICENTE	VT1M- 12	00:26:11	00:04:03	00:26:11	00:04:03	GA 764739	PATUKOS TIM R A	CORUÑA	
34	298	ANTONIO ILLOBRE JIMENEZ	VT1M- 13	00:26:12	00:04:03	00:26:08	00:04:02			CLUB ATLETISM SADA	
35	1114	GONZALO BLANCO PAMPIN	SNM- 11	00:26:14	00:04:03	00:26:07	00:04:02			A CORUÑA	
36	22	FCO JAVIER CORREA PIÑEIRO	VT2M- 8	00:26:24	00:04:05	00:26:21	00:04:04	AG-766585	ATLETISMO COF	VILABOA-CULLEREDO	
37	212	LUIS PINEDO ARMESTO	SNM- 12	00:26:25	00:04:05	00:26:21	00:04:04			A CORUÑA	
38	371	ROBERTO GARCÍA PAZOS	SNM- 13	00:26:26	00:04:05	00:26:22	00:04:04			CLUB ATLETISM SADA	
39	5547	ALVARO GOMEZ CARDESIN	SNM- 14	00:26:27	00:04:05	00:26:23	00:04:04			A CORUÑA	
40	1080	JESUS PEREDA FERNANDEZ	VT1M- 14	00:26:27	00:04:05	00:26:20	00:04:04			A CORUÑA	
41	3059	GABRIEL PIZARRO VARELA	SNM- 15	00:26:30	00:04:05	00:26:27	00:04:05			A CORUÑA	
42	77	RAFAEL SUAREZ FERNANDEZ	VT2M- 9	00:26:36	00:04:06	00:26:31	00:04:06	AG763630	MARINEDA ATLI	A CORUÑA	
43	1074	FRANCISCO BASALO VAZQUEZ	VT1M- 15	00:26:42	00:04:07	00:26:39	00:04:07			CAMBRE	
44	2507	SERGIO SANTOS CONCHEIRO	SNM- 16	00:26:48	00:04:08	00:26:45	00:04:08			LOUREDA	
45	3050	DANIEL LEDO NEIRA	VT1M- 16	00:26:50	00:04:08	00:26:43	00:04:07			MEICENDE	
46	160	JAVIER MUÑOZ	SNM- 17	00:26:51	00:04:09	00:26:44	00:04:08			LA CORUÑA	
47	45	JESUS VAZQUEZ RODRIGUEZ	VT3M- 4	00:26:54	00:04:09	00:26:51	00:04:09			CLUB ATLETISM CEE	
48	2090	JUAN LOUREIRO LODEIRO	VT1M- 17	00:26:55	00:04:09	00:26:47	00:04:08			A COTUÑA	
49	3063	DIEGO RIVAS OLIVEIRA	VT1M- 18	00:26:57	00:04:10	00:26:54	00:04:09			A CORUÑA	
50	93	SANTIAGO GARCIA BELLO	VT2M- 10	00:26:59	00:04:10	00:26:56	00:04:09			TRASNOS CORU	CAMBRE
51	215	DANIEL PENAS LÓPEZ	SNM- 18	00:27:00	00:04:10	00:26:57	00:04:10			A CORUÑA	
52	26	RODRIGO MÉNDEZ CASAS	SNM- 19	00:27:02	00:04:10	00:27:00	00:04:10	AG-767509	ATLETISMO COF	A CORUÑA	
53	151	RAMON EUGENIO MOSQUERA SILVA	VT1M- 19	00:27:04	00:04:11	00:26:57	00:04:10			LA CORUÑA	
54	7	LUIS BALDÓ MACÍA	VT1M- 20	00:27:05	00:04:11	00:26:59	00:04:10			A.D. FOGAR	A CORUÑA
55	31	OSCAR DOPAZO PENIN	VT1M- 21	00:27:06	00:04:11	00:27:02	00:04:10			ATLETISMO RIA	FEANS
56	154	EDU PINEDO ARMESTO	VT1M- 22	00:27:07	00:04:11	00:27:03	00:04:10			OLEIROS	
57	1259	EDUARDO GRANDA FERNANDEZ	VT1M- 23	00:27:11	00:04:12	00:27:06	00:04:11			CLUB ATLETISM SADA	
58	2100	CARLOS MOAR ARES	SNM- 20	00:27:15	00:04:12	00:26:45	00:04:08			PONTECARREIRA	
59	1072	JUAN CARLOS DIÉGUEZ TEJEIRO	VT2M- 11	00:27:16	00:04:13	00:27:14	00:04:12			CAMBRE	
60	1009	ALEXANDRE GÓMEZ MIRAZ	SNM- 21	00:27:17	00:04:13	00:27:11	00:04:12			C.D. EGOVARRO	A CRUNHA
61	3032	CARLOS CASTRILLON CRESPO	VT2M- 12	00:27:18	00:04:13	00:27:09	00:04:11			A CORUÑA	
62	3027	RAUL BARBEITO GESTAL	SNM- 22	00:27:23	00:04:14	00:27:22	00:04:13			MEICENDE	
63	294	MANUEL FONTENLA MUIÑO	VT3M- 5	00:27:23	00:04:14	00:27:16	00:04:13	A7951	ATLETISMO COF	CAMBRE	
64	2022	MARCOS ALONSO FILGUEIRA	SNM- 23	00:27:24	00:04:14	00:27:09	00:04:11			FERROL	
65	194	LUIS GARRIDO LÓPEZ	SNM- 24	00:27:30	00:04:15	00:27:30	00:04:15			ARTEIXO	
66	2165	ALVARO LOPEZ JACOME	VT1M- 24	00:27:31	00:04:15	00:27:18	00:04:13			A CORUÑA	
67	368	DAVID GONZALEZ PARIS	SNM- 25	00:27:33	00:04:15	00:27:25	00:04:14			A.D.JARNACHAS	CORUÑA
68	335	DAVID SOUTO SANCHEZ	VT1M- 25	00:27:34	00:04:15	00:27:27	00:04:14			LA CORUÑA	
69	2146	VICTOR MANUEL TASENDE GENDE	SNM- 26	00:27:35	00:04:15	00:27:17	00:04:13			CORISTANCO	
70	5548	DIEGO TEJO GARCÍA	SNM- 27	00:27:35	00:04:15	00:27:27	00:04:14			A CORUÑA	
71	232	ALEXANDRE PEDREIRA PENA	SNM- 28	00:27:40	00:04:16	00:27:38	00:04:16			A CORUÑA	
72	230	JAVIER PARADELA MARTICÓ	VT1M- 26	00:27:44	00:04:17	00:27:41	00:04:16			ARTEIXO	
73	2110	MARCOS PARDO FONTICOBIA	SNM- 29	00:27:45	00:04:17	00:27:37	00:04:16			FERROL	
74	50	JUAN MÉNDEZ LÓPEZ	VT2M- 13	00:27:47	00:04:17	00:27:42	00:04:16	AG11270	CLUB ATLETISM SADA		
75	29	TOMAS ABELEDO PATIÑO	VT2M- 14	00:27:48	00:04:17	00:27:43	00:04:17	AG764064	ATLETISMO RIA	VILABOA - CULLEREDO	
76	3004	MANUEL PITA TRASANCOS	VT2M- 15	00:27:49	00:04:18	00:27:36	00:04:16			ATLETISMO CLU	A CORUÑA
77	1005	MANUEL VARELA CAABEIRO	VT3M- 6	00:27:51	00:04:18	00:27:48	00:04:17			ATLETISMO CLU	A CORUÑA
78	52	GIOVANNI QUINTANS MELENDEZ	VT2M- 16	00:27:53	00:04:18	00:27:47	00:04:17			CLUB ATLETISM	LA CORUNA
79	2174	SIN DATOS DEL DORSAL 2174	SNM- 30	00:27:53	00:04:18	00:27:48	00:04:17				
80	2053	OMAR DIAZ ABELAIRA	SNM- 31	00:27:53	00:04:18	00:27:44	00:04:17			A CORUÑA	
81	225	STOIL NIKOLOV NIKOLOV	VT1M- 27	00:27:54	00:04:18	00:27:48	00:04:17	NO		A CORUÑA	
82	231	ÓSCAR CARRACEDO REGUEIRA	VT1M- 28	00:27:55	00:04:19	00:27:50	00:04:18			ARTEIXO	
83	3045	JOSE LUIS GESTAL CANDAL	VT3M- 7	00:27:58	00:04:19	00:27:29	00:04:15			A CORUÑA	
84	209	DANIEL IGLESIAS PINTADO	SNM- 32	00:28:00	00:04:19	00:27:55	00:04:19			A CORUÑA	
85	1316	JAVIER ACCION RODRIGUEZ	SNM- 33	00:28:02	00:04:20	00:27:58	00:04:19			A CORUÑA	
86	185	FRANCISCO JAVIER GONZÁLEZ LEDO	VT2M- 17	00:28:06	00:04:20	00:28:02	00:04:20			CULLEREDO	
87	3038	MANUEL DOLDAN	VT1M- 29	00:28:08	00:04:21	00:28:00	00:04:19			LA CORUÑA	
88	1348	JACOBO RODRIGUEZ COBO	VT1M- 30	00:28:09	00:04:21	00:27:59	00:04:19			LA CORUÑA	
89	400	PABLO FRANCO YAÑEZ	SNM- 34	00:28:10	00:04:21	00:27:57	00:04:19			A CORUÑA	
90	12	FRANCISCO SOTO GARCÍA	VT3M- 8	00:28:11	00:04:21	00:28:01	00:04:19			AMIG@S DE SAI	A CORUÑA

91	44 PEDRO DOMENECH GONZÁLEZ	VT1M- 31	00:28:19	00:04:22	00:28:06	00:04:20		CLUB ATLETISM CULLEREDO
92	3030 SIMÓN CALVIÑO CALVIÑO	SNM- 35	00:28:20	00:04:22	00:28:04	00:04:20		A CORUÑA
93	1092 CONSTANTINO REAL RODRIGUEZ	VT2M- 18	00:28:20	00:04:22	00:28:17	00:04:22		LA CORUÑA
94	1278 JUAN CARLOS BERGONDO BRANDARIZ	VT2M- 19	00:28:22	00:04:23	00:28:16	00:04:22		NOS (OLEIROS)
95	1007 GABRIEL DOMÍNGUEZ DOS SANTOS	SNM- 36	00:28:24	00:04:23	00:28:21	00:04:22		ATLETISMO COF A CORUÑA
96	3039 EZEQUIEL FERNANDEZ GUINDA	VT2M- 20	00:28:25	00:04:23	00:28:11	00:04:21		LA CORUÑA
97	134 MAURICIO VILLADONIGA MARTIN	VT2M- 21	00:28:29	00:04:24	00:28:23	00:04:23		A CORUNA
98	2061 DAVID FERNANDEZ MARTINEZ	VT1M- 32	00:28:32	00:04:24	00:28:21	00:04:22		A CORUÑA
99	1069 ALBERTO BARREIRO PÉREZ	VT1M- 33	00:28:33	00:04:24	00:28:19	00:04:22		A CORUÑA
100	2029 IGNACIO ARIAS FERNÁNDEZ	SNM- 37	00:28:37	00:04:25	00:28:14	00:04:21		A CORUÑA
101	1169 JOSE LUIS PÉREZ LADO	SNM- 38	00:28:37	00:04:25	00:28:25	00:04:23		A CORUÑA
102	317 CARLOS DEZA RODRIGUEZ	VT1M- 34	00:28:41	00:04:26	00:27:58	00:04:19	AG 767351	PATUKOS TIM R CULLEREDO
103	3052 JOSE LOSADA PEREZ	VT1M- 35	00:28:42	00:04:26	00:28:36	00:04:25		A CORUÑA
104	95 ANTONIO GARCIA BELLO	VT3M- 9	00:28:43	00:04:26	00:28:39	00:04:25		TRASNOS CORU EL TEMPLE
105	1031 JUAN ANTONIO RIVAS ROMERO	VT3M- 10	00:28:44	00:04:26	00:28:40	00:04:25		A CORUÑA
106	180 DAVID CASADO BRAVO	VT2M- 22	00:28:45	00:04:26	00:28:21	00:04:23		MESOIRO
107	3017 ANDRES GARCIA RODRIGUEZ	PRM- 2	00:28:46	00:04:26	00:28:41	00:04:26		G.R. COMERCIAL PRAVIA
108	304 ALBERTO MORLÁN OTERO	VT1M- 36	00:28:46	00:04:26	00:28:42	00:04:26	AG-764743	CLUB ATLETISM SADA
109	76 RUBEN SERRAPIO GONZALEZ	SNM- 39	00:28:48	00:04:27	00:28:39	00:04:25		LIDL A CORUÑA
110	91 EDUARDO JORGE VAZQUEZ AMOR	SNM- 40	00:28:49	00:04:27	00:28:40	00:04:25		SHIAI RUNNING LA CORUÑA
111	143 IAGO MARTINEZ LAFUENTE	VT1M- 37	00:28:50	00:04:27	00:28:21	00:04:22		OLEIROS
112	2169 CARLOS ONS VILAS	VT2M- 23	00:28:50	00:04:27	00:28:39	00:04:25		A CORUÑA
113	2088 OSCAR LOPEZ RODRIGUEZ	VT1M- 38	00:28:52	00:04:27	00:28:31	00:04:24		A CORUÑA
114	3048 MARCOS LAGO CASTRO	VT1M- 39	00:28:53	00:04:27	00:28:44	00:04:26		A CORUÑA
115	3078 IGNACIO NORNIELLA FERNÁNDEZ	SNM- 41	00:28:54	00:04:28	00:28:37	00:04:25		LA CORUÑA
116	2019 JOSE AGRA RAMOS	VT2M- 24	00:28:54	00:04:28	00:28:27	00:04:24		A CORUÑA
117	54 VICTOR MANUEL NAYA LOPEZ	VT2M- 25	00:28:56	00:04:28	00:28:47	00:04:27		CLUB DE COMU LUGO
118	156 JOSÉ MANUEL CASÁS CASÁS	VT1M- 40	00:28:57	00:04:28	00:28:49	00:04:27		A CORUÑA
119	43 XESUS MANUEL SEGADÉ CAROU	VT1M- 41	00:29:02	00:04:29	00:28:53	00:04:27		CLUB ATLETISM A CORUÑA
120	2003 MARIO RODRÍGUEZ OTERO	VT1M- 42	00:29:02	00:04:29	00:28:56	00:04:28		ATLETISMO FON AMES
121	387 JAIME LÓPEZ CAINZOS	VT1M- 43	00:29:03	00:04:29	00:28:55	00:04:28		A CORUÑA
122	62 JOSE ANDRÉS ALDREY VARELA	VT2M- 26	00:29:07	00:04:30	00:28:59	00:04:28		CLUB TRIATLON A CORUÑA
123	1016 ADRIÁN VIAÑO IGLESIAS	SNM- 42	00:29:10	00:04:30	00:28:58	00:04:28		DENODO RUNN A CORUÑA
124	227 MARC PERRAMON BONIGNO	VT2M- 27	00:29:10	00:04:30	00:29:00	00:04:29		A CORUÑA
125	1089 JULIO COSTA RECAREY	SNM- 43	00:29:11	00:04:30	00:29:04	00:04:29		LA CORUÑA
126	3012 JOSELO TUBIO MARTINEZ	VT2M- 28	00:29:11	00:04:30	00:28:56	00:04:28	A 9929	CLUB ATLETISM NOIA
127	1018 ÁNGEL BRANTUAS GONZÁLEZ	SNM- 44	00:29:13	00:04:31	00:29:01	00:04:29		DENODO RUNN A CORUÑA
128	3049 YUL LAMADRID RODRIGUEZ	SNM- 45	00:29:14	00:04:31	00:28:43	00:04:26		A CORUÑA
129	137 CARLOS CASTRO RODRIGUEZ	VT1M- 44	00:29:20	00:04:32	00:28:46	00:04:26		LARACHA
130	3024 IVAN SANCHEZ RILO	VT1M- 45	00:29:21	00:04:32	00:29:11	00:04:30		TRASNOS CORU A CORUÑA
131	238 JAVIER VILLAMISAR VÁZQUEZ	PRM- 3	00:29:21	00:04:32	00:29:09	00:04:30		CORUÑA
132	2086 DAVID LAMAS DÍAZ	VT1M- 46	00:29:21	00:04:32	00:28:57	00:04:28		POLA DE SIERO
133	395 FÉLIX QUINTÁNS MELÉNDEZ	VT2M- 29	00:29:27	00:04:33	00:29:22	00:04:32		OLEIROS (SANTA CRUZ)
134	1357 FRANCISCO SEGUIN OUTEIRIÑO	VT2M- 30	00:29:28	00:04:33	00:29:18	00:04:31		CULLEREDO
135	3068 JOSE MANUEL SEOANE CHAS	VT3M- 11	00:29:29	00:04:33	00:29:03	00:04:29		CECEBRE/CAMBRE
136	98 DOMINGO ALVAREZ IGLESIAS	VT4M- 1	00:29:30	00:04:33	00:29:23	00:04:32		LA CORUÑA
137	2118 JESÚS PRESEDO MARTÍNEZ	VT1M- 47	00:29:32	00:04:33	00:28:55	00:04:28		OLEIROS
138	150 MARCOS ALVAREZ PATIÑO	VT1M- 48	00:29:32	00:04:34	00:29:26	00:04:32		A CORUÑA
139	2173 ENRIQUE JORGE RAMA RODRIGUEZ	VT2M- 31	00:29:34	00:04:34	00:29:24	00:04:32		A CORUÑA
140	51 CARLOS AMOR GOMEZ	VT2M- 32	00:29:35	00:04:34	00:29:15	00:04:31		CLUB ATLETISM A CORUÑA
141	1345 MATEO TORRES NEIRA	SNM- 46	00:29:39	00:04:35	00:29:25	00:04:32		A CORUÑA
142	390 JUAN ANTONIO DOMINGUEZ LOPEZ	VT2M- 33	00:29:43	00:04:35	00:29:36	00:04:34		A CORUÑA
143	169 GIOVANI GARCÍA ESTÉVEZ	SNM- 47	00:29:44	00:04:35	00:29:15	00:04:31		LUGO
144	1175 ENRIQUE SEOANE PUGA	VT1M- 49	00:29:44	00:04:35	00:29:35	00:04:34		CARBALLO
145	2076 PAULO GARCÍA SECO	PRM- 4	00:29:46	00:04:36	00:29:28	00:04:33		A CORUÑA
146	142 SIMON LOPEZ EIROA	VT1M- 50	00:29:46	00:04:36	00:29:39	00:04:35		PERILLO OLEIROS
147	347 CARLOS MÁIZ MANSO	SNM- 48	00:29:46	00:04:36	00:29:29	00:04:33		A CORUÑA
148	1039 JOSE MARIA MARTIN VEZ	SNM- 49	00:29:47	00:04:36	00:29:46	00:04:36		CORUÑA
149	3072 MANUEL VAZQUEZ RAMOS	VT2M- 34	00:29:51	00:04:36	00:29:43	00:04:35		ARANGA
150	2095 IVAN MARTINEZ QUINTÁ	SNM- 50	00:29:53	00:04:37	00:29:31	00:04:33		A CORUÑA
151	2503 ESTEBAN M. MONTEIRO CANO	SNM- 51	00:29:55	00:04:37	00:29:23	00:04:32		BEMBIBRE

152	73	DANIEL LÓPEZ GARCÍA	SNM- 52	00:29:56	00:04:37	00:29:18	00:04:31		INDRA RUNNER' PERILLO
153	3047	EVARISTO GONZALEZ JORGE	VT2M- 35	00:30:06	00:04:39	00:30:01	00:04:38		OLEIROS
154	1125	ERIK PARADA GUTIÉRREZ	SNM- 53	00:30:06	00:04:39	00:29:38	00:04:34		A CORUÑA
155	1003	JAVIER ESTÉVEZ RAMA	VT1M- 51	00:30:07	00:04:39	00:29:56	00:04:37		AMIG@S DE SAI A CORUÑA
156	1151	MARTIN BARBEITO LONGARELA	PRM- 5	00:30:08	00:04:39	00:29:51	00:04:36		A CORUÑA
157	3023	PABLO GONZALEZ GONZALEZ	VT3M- 12	00:30:09	00:04:39	00:29:59	00:04:38	AG767014	RUNAWAYS A CORUÑA
158	1123	RUBÉN DIAZ GIL	SNM- 54	00:30:11	00:04:39	00:29:47	00:04:36		A CORUÑA
159	94	JESUS ASTRAY CASTRO	VT2M- 36	00:30:11	00:04:39	00:30:00	00:04:38		TRASNOS CORU A CORUÑA
160	2051	MIGUEL ANGEL CUBA LOPEZ	VT1M- 52	00:30:13	00:04:40	00:30:01	00:04:38		LA CORUÑA
161	38	LUIS MARCELO BELLO GOMEZ	VT2M- 37	00:30:14	00:04:40	00:29:21	00:04:32		C.D. EGOVARRO VILABOA CULLEREDO
162	42	JUAN MENÉNDEZ ARBESÚ	VT3M- 13	00:30:15	00:04:40	00:29:20	00:04:32		C.D.EGOVARRO:'O BURGO
163	1257	RAMON DE LAS HERAS FERNANDEZ	JNM- 1	00:30:15	00:04:40	00:29:59	00:04:38		C.R.A.T. A CORUÑA
164	2066	ALBERTO FIGUEIRAS	VT1M- 53	00:30:18	00:04:40	00:30:07	00:04:39		A CORUÑA
165	1255	ISAAC BARJA PRIETO	JNM- 2	00:30:18	00:04:41	00:30:02	00:04:38		C.R.A.T. A CORUÑA
166	2139	OSCAR SEGADE ZAS	VT3M- 14	00:30:18	00:04:41	00:29:49	00:04:36		A CORUÑA
167	37	JULIO VÁZQUEZ PEDREIRA	VT2M- 38	00:30:20	00:04:41	00:29:54	00:04:37		C.A. AS MARIÑA BETANZOS
168	1020	ANTONIO REMUIÑAN SANCHEZ	VT4M- 2	00:30:20	00:04:41	00:30:15	00:04:40		MEDIA DUCIA CARBALLO
169	2015	CARLOS ALVEDRO GARCÍA	VT2M- 39	00:30:22	00:04:41	00:30:04	00:04:38		SAPOCONCHOS LA CORUÑA
170	2132	LUIS RODRÍGUEZ FERREIRO	VT1M- 54	00:30:22	00:04:41	00:30:03	00:04:38		LA CORUÑA
171	228	SUSO RAMOS RODRIGUEZ	VT2M- 40	00:30:25	00:04:42	00:30:17	00:04:40	NO	A LARACHA
172	226	RUBEN MARTINEZ DEL RIO	VT2M- 41	00:30:25	00:04:42	00:30:09	00:04:39		O TEMPLE - CAMBRE
173	139	ANGEL JUVIÑO PREGO	VT2M- 42	00:30:25	00:04:42	00:30:09	00:04:39		ARTEIXO
174	67	ANTONIO HERNANDEZ BARREIRO	VT4M- 3	00:30:26	00:04:42	00:30:18	00:04:41		EGOVARROS DE LA CORUÑA
175	1052	MIGUEL LEMUS BARROS	VT2M- 43	00:30:27	00:04:42	00:30:07	00:04:39		A CORUÑA
176	388	LUIS GARCIA IGLESIAS	SNM- 55	00:30:31	00:04:42	00:30:19	00:04:41		A CORUÑA
177	1137	JOSE LOMBAN PAZOS	SNM- 56	00:30:31	00:04:43	00:30:16	00:04:40		A CORUÑA
178	2172	ADRIAN FERNANDEZ CASAL	SNM- 57	00:30:34	00:04:43	00:29:56	00:04:37		FERROL
179	2147	ALBERTO TOJO RODRIGUEZ	VT1M- 55	00:30:35	00:04:43	00:30:19	00:04:41		PASTORIZA
180	1119	EDUARDO NÚÑEZ IGLESIAS	ESPM- 1	00:30:36	00:04:43	00:30:22	00:04:41		A CORUÑA
181	1147	OSCAR LUCERO IÑIGUEZ	SNM- 58	00:30:37	00:04:43	00:30:10	00:04:39		A CORUÑA
182	1051	RAFAEL NÚÑEZ OTERO	VT2M- 44	00:30:37	00:04:44	00:30:16	00:04:40		A CORUÑA
183	223	ANTONIO SAUCA GUERRERO	SNM- 59	00:30:38	00:04:44	00:30:10	00:04:39		EL TEMPLE
184	2011	MANUEL PUENTE VEIGA	VT1M- 56	00:30:38	00:04:44	00:30:06	00:04:39		MANOLETE PUE A CORUÑA
185	2089	DANIEL LOSADA GONZÁLEZ	VT2M- 45	00:30:39	00:04:44	00:30:17	00:04:40		LA CORUÑA
186	239	GUILLERMO CONCHEIRO FERNÁNDEZ	VT3M- 15	00:30:42	00:04:44	00:30:14	00:04:40		CARRAL
187	24	ALBERTO PARDO FERNANDEZ	VT1M- 57	00:30:43	00:04:44	00:30:15	00:04:40	AG-766454	ATLETISMO COF A CORUÑA
188	1344	JOSE RAMON SANDÁ LORENZO	VT1M- 58	00:30:51	00:04:46	00:30:35	00:04:43		LA CORUÑA
189	1260	JACINTO PARGA FERNANDEZ	VT2M- 46	00:30:52	00:04:46	00:30:32	00:04:43		CLUB ATLETISM SADA
190	2052	OLAF DIAZ ABELAIRA	SNM- 60	00:30:55	00:04:46	00:30:43	00:04:44		A CORUÑA
191	1148	RAMON ISMAEL LUCERO IÑIGUEZ	PRM- 6	00:31:00	00:04:47	00:30:32	00:04:43		LA CORUÑA
192	2044	FRAN CASTRILLÓN SÁNCHEZ	VT2M- 47	00:31:01	00:04:47	00:30:59	00:04:47		A CORUÑA
193	1170	MARCOS GUSTAVO ALVAREZ LÓPEZ	SNM- 61	00:31:02	00:04:47	00:30:37	00:04:43		A CORUÑA
194	2027	ANGEL ARAÚJO	SNM- 62	00:31:04	00:04:48	00:30:33	00:04:43		FERROL
195	41	JOSE ANTONIO GOMEZ BOTANA	VT3M- 16	00:31:06	00:04:48	00:30:37	00:04:44	A7440	C.D.EGOVARRO:'A CORUÑA
196	3014	NESTOR ARIAS PAZ	VT2M- 48	00:31:07	00:04:48	00:30:43	00:04:44		CLUB MONTEPE LUGO
197	1273	BORJA MUÑOZ PLAZA	VT1M- 59	00:31:09	00:04:48	00:30:49	00:04:45		A CORUÑA
198	3062	RENATO RIVAS LOPEZ	SNM- 63	00:31:12	00:04:49	00:30:49	00:04:45		LA CORUÑA
199	244	VÍCTOR MANUEL VAZQUEZ MOSTEIRO	VT3M- 17	00:31:14	00:04:49	00:30:45	00:04:45		A CORUÑA
200	305	FERNANDO MÍGUEZ SÁNCHEZ	VT2M- 49	00:31:17	00:04:50	00:30:53	00:04:46		CLUB ATLETISM SADA
201	68	JOSE MARIA LEVOSO TOUCEDA	VT2M- 51	00:31:17	00:04:50	00:31:08	00:04:48		ESPRINTES OUR A CORUÑA
202	90	JAVIER RIO RODRIGUEZ	VT2M- 50	00:31:17	00:04:50	00:31:03	00:04:47		RUNNERS CARB. CARBALLO
203	2025	MIGUEL ALVEDRO GARCÍA	VT1M- 60	00:31:19	00:04:50	00:31:00	00:04:47		A CORUÑA
204	2097	NICOLAS MEDINA FONT	SNM- 64	00:31:21	00:04:50	00:31:13	00:04:49		LA CORUÑA
205	1172	JOSÉ ANTONIO REDONDO LOPEZ	PRM- 7	00:31:23	00:04:51	00:31:05	00:04:48		LA CORUÑA
206	152	CARLOS SANTOS MARTINEZ	VT1M- 61	00:31:25	00:04:51	00:31:17	00:04:50		A CORUÑA
207	240	ANTON GARCIA PEREZ	VT1M- 62	00:31:25	00:04:51	00:31:17	00:04:50		CORUÑA
208	2104	CARLOS ORGEIRA FERNANDEZ	SNM- 65	00:31:25	00:04:51	00:31:07	00:04:48		A CORUÑA
209	3060	JUSTO REAL IGLESIAS	VT2M- 52	00:31:26	00:04:51	00:31:14	00:04:49		A CORUÑA
210	1142	DAVID ULLOA SOBRINO	SNM- 66	00:31:27	00:04:51	00:31:05	00:04:48		A CORUÑA
211	2041	GONZALO CARNOTA COSTOYA	SNM- 67	00:31:28	00:04:51	00:30:45	00:04:45		OROSO
212	1027	FERNANDO I. MONTES MENDOZA	SNM- 68	00:31:28	00:04:51	00:30:57	00:04:47		BERGONDO

213	2159 JOSE MANUEL VILAR ARCOS	VT3M- 18	00:31:30	00:04:52	00:31:03	00:04:48	A CORUÑA
214	234 HECTOR BERTO A SANCHEZ	SNM- 69	00:31:30	00:04:52	00:31:22	00:04:50	ARTEIXO
215	2010 FRANCISCO FUENTES BERMEJO	VT2M- 53	00:31:32	00:04:52	00:31:15	00:04:49	LEONES RUNNIN LA CORUÑA
216	59 JAVIER GRUEIRO BOUZA	VT2M- 54	00:31:34	00:04:52	00:31:20	00:04:50	CLUB RIALTO A CORUÑA
217	1155 ÁLVARO GARCÍA FERNÁNDEZ	SNM- 70	00:31:37	00:04:53	00:30:58	00:04:47	A CORUÑA
218	1161 ALFONSO REMUIÑAN SANCHEZ	VT2M- 55	00:31:37	00:04:53	00:31:18	00:04:50	A CORUÑA
219	353 ADÁN A. ROQUE	SNM- 71	00:31:38	00:04:53	00:31:21	00:04:50	LA CORUÑA
220	129 JOSÉ MARÍA REIGOSA MARTINEZ	VT2M- 56	00:31:38	00:04:53	00:31:26	00:04:51	A CORUÑA
221	1054 MANUEL BASALO VAZQUEZ	VT2M- 57	00:31:39	00:04:53	00:31:28	00:04:51	LA CORUÑA
222	3028 MANUEL BOUZAS ESPASANDIN	SNM- 72	00:31:41	00:04:53	00:31:26	00:04:51	A CORUÑA
223	2131 JASON EDGAR RODRÍGUEZ FERREIRO	PRM- 8	00:31:43	00:04:54	00:31:23	00:04:51	A CORUÑA
224	1133 DANIEL NOGUEIRA CARRO	SNM- 73	00:31:49	00:04:55	00:31:27	00:04:51	A CORUÑA
225	2106 CARLOS OTERO IGLESIAS	VT1M- 63	00:31:50	00:04:55	00:31:39	00:04:53	A CORUÑA
226	133 INDALICIO TEJEIRO MÉNDEZ	VT2M- 58	00:31:51	00:04:55	00:31:21	00:04:50	CULLEREDO
227	99 JOSE ANTONIO MÉNDEZ PAMPÍN	VT3M- 19	00:31:52	00:04:55	00:31:17	00:04:50	LA CORUÑA
228	3020 ADRIAN QUEVEDO PEREZ	SNM- 74	00:31:53	00:04:55	00:31:05	00:04:48	NOSPORTLIMIT- A CORUÑA
229	147 JOSÉ NÚÑEZ RODRÍGUEZ	SNM- 75	00:31:54	00:04:55	00:31:20	00:04:50	A CORUÑA
230	214 MIGUEL LOPEZ CASTELO	SNM- 76	00:31:55	00:04:56	00:31:49	00:04:55	A CORUÑA
231	3065 RAMON RODRIGUEZ ENRIQUEZ	VT2M- 59	00:31:56	00:04:56	00:31:56	00:04:56	O BURGO
232	2119 MARTIN PUÑAL	PRM- 9	00:31:57	00:04:56	00:31:34	00:04:52	A CORUÑA
233	2101 LALO NAVEIRA RAMOS	SNM- 77	00:31:59	00:04:56	00:31:41	00:04:53	A CORUÑA
234	311 JUAN JOSE GOMEZ NEGREIRA	VT2M- 60	00:31:59	00:04:56	00:31:34	00:04:52	CLUB TRIATLON A CORUÑA
235	2103 MANUEL NOVO SANCHEZ	SNM- 78	00:31:59	00:04:56	00:31:19	00:04:50	BETANZOS
236	195 ROBERTO PONTE NOYA	VT1M- 64	00:31:59	00:04:56	00:31:48	00:04:54	A CORUÑA
237	198 ALEJANDRO PEREZ GIANNETTO	VT1M- 65	00:32:02	00:04:57	00:31:42	00:04:53	A CORUÑA
238	320 ALEX ANTELO	VT1M- 66	00:32:03	00:04:57	00:31:36	00:04:53	PROYECTO BULLA CORUÑA
239	2126 PABLO RIVAS OLIVEIRA	SNM- 79	00:32:05	00:04:57	00:32:02	00:04:57	CULLEREDO
240	1129 GONZALO PENA BUJAN	SNM- 80	00:32:06	00:04:57	00:31:23	00:04:51	A CORUÑA
241	2141 SERGIO REY AÑÓN	SNM- 81	00:32:09	00:04:58	00:31:48	00:04:54	A LARACHA
242	1106 JORGE ALVAREZ LOPEZ	VT1M- 67	00:32:09	00:04:58	00:31:36	00:04:53	A CORUÑA
243	2155 ALEJANDRO VAZQUEZ QUIAN	SNM- 82	00:32:12	00:04:58	00:31:19	00:04:50	CULLEREDO
244	3066 JUAN DAVID RUIZ PIÑEIRO	SNM- 83	00:32:14	00:04:58	00:31:56	00:04:56	A CORUÑA
245	1291 ELADIO FERNÁNDEZ BARRIGÜETE	VT1M- 68	00:32:17	00:04:59	00:31:58	00:04:56	A CORUÑA
246	242 FRAN RODRÍGUEZ LÓPEZ	VT1M- 69	00:32:17	00:04:59	00:31:58	00:04:56	A CORUÑA
247	3051 MANUEL LÓPEZ ROIBÁS	VT3M- 20	00:32:19	00:04:59	00:31:48	00:04:54	A CORUÑA
248	2080 DANIEL GESTAL MARTINEZ	PRM- 10	00:32:24	00:05:00	00:31:54	00:04:55	A CORUÑA
249	1150 HUGO IGLESIAS VIGIL	SNM- 84	00:32:25	00:05:00	00:32:00	00:04:56	A CORUÑA
250	313 ALEJANDRO ALVAREZ RODRÍGUEZ	SNM- 85	00:32:25	00:05:00	00:32:07	00:04:57	LEONES RUNNIN A CORUÑA
251	3010 VÍCTOR HUGO CONDE LÓPEZ	VT1M- 70	00:32:26	00:05:00	00:32:18	00:04:59	CD GAS NATUR/ CEE
252	1067 FRANCISCO JAVIER MARTINEZ SANTOS	VT2M- 61	00:32:32	00:05:01	00:32:03	00:04:57	A CORUÑA
253	3036 DAVID DÍAZ PÉREZ	VT1M- 71	00:32:34	00:05:01	00:31:45	00:04:54	CORUÑA
254	2075 HÉCTOR GARCÍA MONTERO	SNM- 86	00:32:35	00:05:02	00:31:57	00:04:56	LA CORUÑA
255	1046 JUAN MANUEL HERBON ARIAS	VT2M- 62	00:32:38	00:05:02	00:32:22	00:05:00	EL TEMPLE
256	1160 SERGIO CAÑIZARES RIVAS	VT2M- 63	00:32:40	00:05:02	00:32:01	00:04:56	CULLEREDO
257	2008 GONZALO ALONSO VÁZQUEZ	SNM- 87	00:32:41	00:05:03	00:32:08	00:04:57	GANTESPORT A CORUÑA
258	1085 SERAFIN AFONSO BAÑA	VT3M- 21	00:32:42	00:05:03	00:32:30	00:05:01	A CORUÑA
259	117 FRANCISCO JAVIER VILLAMISAR CALVIÑO	VT2M- 64	00:32:43	00:05:03	00:32:31	00:05:01	LA CORUÑA
260	1292 JAVIER LÓPEZ FERNÁNDEZ	SNM- 88	00:32:44	00:05:03	00:32:26	00:05:00	A CORUÑA
261	3026 VÍCTOR MANUEL ALVAREZ TABOADA	SNM- 89	00:32:46	00:05:03	00:32:28	00:05:01	A CORUÑA
262	2032 GERMAN BARBEITO REY	VT2M- 65	00:32:47	00:05:04	00:32:10	00:04:58	CULLEREDO
263	2171 ALEJANDRO OCAMPOS VEIGA	SNM- 90	00:32:47	00:05:04	00:32:08	00:04:58	ARTEIXO - VILLARODIS
264	3041 JOSE FERREÑO GARCIA	SNM- 91	00:32:47	00:05:04	00:32:21	00:05:00	CULLEREDO
265	2077 MANUEL GAREA SUÁREZ	SNM- 92	00:32:47	00:05:04	00:32:06	00:04:57	FRADES
266	2148 MARCELO GABRIEL TRIPODI	VT3M- 22	00:32:48	00:05:04	00:32:15	00:04:59	A CORUÑA
267	3058 JOSE LUIS PENALTA DATORRE	VT3M- 23	00:32:49	00:05:04	00:32:16	00:04:59	EL TEMPLE -CAMBRE
268	1070 JOSE MANUEL DARRIBA GONZÁLEZ	VT2M- 66	00:32:49	00:05:04	00:32:16	00:04:59	CARBALLO
269	1162 JUAN FERNANDEZ	VT1M- 72	00:32:51	00:05:04	00:32:08	00:04:57	CAMBRE
270	2013 ROBERTO PEREZ Y OSUNA	VT2M- 67	00:32:52	00:05:04	00:32:04	00:04:57	NOSPORTLIMIT- A CORUÑA
271	2048 IVÁN CLAVEL SAN EMETERIO	VT1M- 73	00:32:53	00:05:04	00:32:32	00:05:01	ARTEIXO
272	2079 RUBÉN GERPE BERTO A	SNM- 93	00:32:54	00:05:05	00:32:32	00:05:01	ARTEIXO
273	146 JUAN CARLOS PALLEIRO MOSQUERA	VT2M- 68	00:32:57	00:05:05	00:32:30	00:05:01	ARTEIXO

274	1126 EFRÉN SOMORROSTRO RODRÍGUEZ	SNM- 94	00:32:57	00:05:05	00:32:05	00:04:57			LA CORUÑA
275	1124 IVÁN TOMÉ BAYO	SNM- 95	00:32:59	00:05:05	00:32:32	00:05:01			A CORUÑA
276	237 CARLOS GARCÍA SECO	SNM- 96	00:33:00	00:05:06	00:32:41	00:05:03			A CORUÑA
277	1358 JAVIER RODRÍGUEZ TORRES	SNM- 97	00:33:04	00:05:06	00:32:21	00:05:00			A CORUÑA
278	1164 JULIO CAÑÁS LARA	VT1M- 74	00:33:07	00:05:07	00:32:42	00:05:03			A CORUÑA
279	2115 DAMIÁN PEDREIRA GARCÍA	VT1M- 75	00:33:07	00:05:07	00:32:55	00:05:05			CAMBRE
280	66 IVAN FOLLA-CISNEROS VIDAL	VT2M- 69	00:33:07	00:05:07	00:32:33	00:05:01		CRLM	A CORUÑA
281	72 FRANCISCO JAVIER SALGADO BADÁS	VT1M- 76	00:33:10	00:05:07	00:32:29	00:05:01	AG-11168	INDRA RUNNER:	A CORUÑA
282	100 MANUEL FIGUEROA ROEL	VT3M- 24	00:33:10	00:05:07	00:32:41	00:05:03			LA CORUÑA
283	2073 JORGE FREIRE SARANDESES	SNM- 98	00:33:11	00:05:07	00:32:24	00:05:00			A CORUÑA
284	1118 JAVIER COLLAZO PEREZ	VT1M- 77	00:33:11	00:05:07	00:32:25	00:05:00			A CORUÑA
285	2105 RAIMUNDO OTERO GULDRIS	SNM- 99	00:33:13	00:05:07	00:32:47	00:05:03			LA CORUÑA
286	145 JUAN IGNACIO PALEO VIEITO	VT1M- 78	00:33:14	00:05:08	00:32:40	00:05:02			A CORUÑA
287	2114 MANUEL PAZ CARBÓN	VT2M- 70	00:33:21	00:05:09	00:32:50	00:05:04			A CORUÑA
288	378 JOSÉ ANTONIO SAAVEDRA PAZOS	VT2M- 71	00:33:23	00:05:09	00:32:45	00:05:03	AG767357	RUNAWAYS	A CORUÑA
289	3044 LUIS ANTONIO GARCIA	VT1M- 79	00:33:23	00:05:09	00:32:42	00:05:03	AG765560		CHANTADA
290	2017 ALBERTO MARTÍNEZ MILLÁN	SNM- 100	00:33:24	00:05:09	00:32:44	00:05:03		TERMARIA RUN	A CORUÑA
291	3033 ISAAC CIBRÁN CARRIL	SNM- 101	00:33:25	00:05:09	00:32:56	00:05:05			A CORUÑA
292	1317 ROMA RIVAS ALVAR	SNM- 102	00:33:25	00:05:09	00:33:21	00:05:09			A CORUÑA
293	1115 PABLO GALLARDO NÚÑEZ	SNM- 103	00:33:26	00:05:10	00:32:44	00:05:03			ESTEIRO
294	201 DAVID IGLESIAS RIGUEIRA	SNM- 104	00:33:28	00:05:10	00:33:17	00:05:08			A CORUÑA
295	3016 HERMINIO SANTOS CAMEÁN	VT2M- 72	00:33:31	00:05:10	00:33:03	00:05:06		CLUBE ATLETISN SADA	
296	2006 MANU MUIÑO MIRON	VT2M- 73	00:33:31	00:05:10	00:33:06	00:05:06		CLUB ATLETISM SADA	
297	2039 DOMINIC BUTLER	SNM- 105	00:33:38	00:05:11	00:33:06	00:05:06			A CORUNA
298	1055 JOSE LUIS MARTÍNEZ LÓPEZ	VT2M- 74	00:33:39	00:05:12	00:33:03	00:05:06			A CORUÑA
299	345 RAFA PEREZ GONZALEZ	SNM- 106	00:33:40	00:05:12	00:32:52	00:05:04			A CORUÑA
300	2031 CRISTIAN BARALLOBRE RÚA	SNM- 107	00:33:40	00:05:12	00:33:22	00:05:09			A CORUÑA
301	1026 CARLOS DE LUIS CARBALLADA	VT2M- 75	00:33:43	00:05:12	00:33:19	00:05:08			A CORUÑA
302	1086 JAVIER BANDÍN MARENTES	VT1M- 80	00:33:48	00:05:13	00:33:01	00:05:06			A CORUÑA
303	1171 HECTOR FRAGA LOPEZ	VT1M- 81	00:33:49	00:05:13	00:33:06	00:05:07			OLEIROS
304	1176 DOMINGO CABARCOS PAJON	VT2M- 76	00:33:51	00:05:13	00:33:22	00:05:09			A CORUÑA
305	105 JUAN PAZOS COUTO	VT3M- 25	00:33:53	00:05:14	00:33:24	00:05:09			A CORUÑA
306	1004 LUIS JOSE LOPEZ LOPEZ	VT3M- 26	00:33:53	00:05:14	00:33:37	00:05:11		ATLETISMO CLU	A CORUÑA
307	1314 OSCAR LOPEZ BLANCO	SNM- 108	00:33:56	00:05:14	00:33:45	00:05:12			CORUÑA
308	206 MANUEL LOPEZ CASCALLAR	VT1M- 82	00:33:57	00:05:14	00:33:43	00:05:12			A CORUÑA
309	2083 CARLOS GÓMEZ NÚÑEZ	VT1M- 83	00:34:00	00:05:15	00:33:44	00:05:12			OURENSE
310	2164 ANGEL MANUEL MIGUENS VAZQUEZ	VT1M- 84	00:34:01	00:05:15	00:33:48	00:05:13			A CORUÑA
311	3031 XOSÉ MANUEL CAMBÓN ARCEO	VT2M- 77	00:34:02	00:05:15	00:33:39	00:05:12			A CORUÑA
312	233 DAVID TUÑAS RÓO	SNM- 109	00:34:03	00:05:15	00:33:41	00:05:12			A CORUÑA
313	2152 DANIEL VÁZQUEZ BRAÑAS	SNM- 110	00:34:04	00:05:15	00:33:28	00:05:10			O TEMPLE - CAMBRE (A CORUÑA)
314	2058 MANUEL ESTEBAN	VT1M- 85	00:34:07	00:05:16	00:33:44	00:05:12			A CORUÑA
315	2501 ELISEO GARCÍA CRISTÓBAL	VT2M- 78	00:34:10	00:05:16	00:33:43	00:05:12		CLUB ATLETISM	CAMBRE
316	1047 RAMÓN PASANDÍN REGUEIRA	VT2M- 79	00:34:12	00:05:17	00:33:35	00:05:11			A CORUÑA
317	1347 MIGUEL PEREIRA FERNÁNDEZ	SNM- 111	00:34:12	00:05:17	00:33:32	00:05:11			A CORUÑA
318	1153 MARCOS BEAHÍN VÁZQUEZ	SNM- 112	00:34:14	00:05:17	00:33:39	00:05:12			CULLEREDO
319	2167 CARLOS ALVAREZ FERNANDEZ	VT1M- 86	00:34:20	00:05:18	00:33:38	00:05:11			CULLEREDO
320	1349 JORGE BLANCO MARTIÑO	SNM- 113	00:34:22	00:05:18	00:33:56	00:05:14			A CORUÑA
321	1077 JAVIER CUIÑA BALADO	VT1M- 87	00:34:27	00:05:19	00:33:44	00:05:12			A CORUÑA
322	2113 DAVID PATO VAZQUEZ	VT1M- 88	00:34:28	00:05:19	00:34:28	00:05:19			A CORUÑA
323	2150 JAVIER VARELA GARCIA	VT1M- 89	00:34:29	00:05:19	00:34:09	00:05:16			ARTEIXO
324	2084 JUAN CARLOS IGLESIAS CASTAÑO	VT2M- 80	00:34:29	00:05:19	00:34:00	00:05:15			LA CORUÑA
325	3029 RICARDO BRANDÓN VENOZZA	VT2M- 81	00:34:30	00:05:19	00:33:39	00:05:11			A CORUÑA
326	2130 XOSE ALFONSO RODEIRO FERNÁNDEZ	SNM- 114	00:34:31	00:05:20	00:33:54	00:05:14			BETANZOS
327	181 DANIEL CIUDAD CENDÁN	VT2M- 82	00:34:35	00:05:20	00:33:52	00:05:13			CORUÑA
328	106 MANUEL JAVIER MUÑIZ SEIJAS	VT3M- 27	00:34:36	00:05:20	00:34:09	00:05:16			A CORUÑA
329	3054 JULIAN MORENO MARTOS	VT3M- 28	00:34:37	00:05:20	00:33:51	00:05:13			LA CORUÑA
330	2023 VÍCTOR ALVAR PARIENTE	JNM- 3	00:34:37	00:05:20	00:34:15	00:05:17			A CORUÑA
331	189 ALBERTO MANTIÑÁN PERNAS	VT1M- 90	00:34:39	00:05:21	00:33:54	00:05:14			LA CORUÑA
332	2085 JESUS MANUEL IGLESIAS MARIÑO	VT2M- 83	00:34:40	00:05:21	00:34:19	00:05:18			LARACHA
333	2024 VÍCTOR MANUEL ÁLVAREZ NOYA	VT1M- 91	00:34:40	00:05:21	00:33:59	00:05:15			A CORUÑA
334	2070 JAVIER FRAGA LAMAS	VT1M- 92	00:34:45	00:05:22	00:33:59	00:05:15			A CORUÑA

335	312	OCTAVIO SUSACASA NOVAL	VT2M- 84	00:34:50	00:05:22	00:34:31	00:05:20	LEONES RUNNIN A CORUÑA
336	2140	ALBERTO SEOANE AMOR	SNM- 115	00:34:51	00:05:23	00:34:11	00:05:16	BETANZOS
337	108	ALBERTO FRAGA RODRIGUEZ	VT2M- 85	00:34:54	00:05:23	00:34:10	00:05:16	A CORUÑA
338	1111	JUAN ALVAREZ VILLAR	SNM- 116	00:34:55	00:05:23	00:34:36	00:05:20	VIGO
339	39	FERMIN PAN OTERO	VT3M- 29	00:34:57	00:05:24	00:34:30	00:05:19	C.D. EGOVARRO CORUÑA
340	1091	ALBERTO COUTO LOSADA	VT2M- 86	00:34:57	00:05:24	00:34:42	00:05:21	SANTIAGO
341	222	ENRIQUE PÉREZ RODRÍGUEZ-CARMONA	SNM- 117	00:34:59	00:05:24	00:34:40	00:05:21	RUTIS (CULLEREDO)
342	1032	DAVID PEDRE LOUREIRO	VT1M- 93	00:34:59	00:05:24	00:34:23	00:05:18	A CORUÑA
343	48	EDUARDO MIGUEL PINEDO IGLESIAS	VT4M- 4	00:35:02	00:05:24	00:34:50	00:05:23	CLUB ATLETISM OLEIROS
344	316	MIGUEL DEZA RODRÍGUEZ	VT2M- 87	00:35:05	00:05:25	00:34:22	00:05:18	AG 767352 PATUKOS TIM R A CORUÑA
345	79	MARCOS PEREIRO SÁNCHEZ	SNM- 118	00:35:09	00:05:25	00:34:23	00:05:18	AG 767382 NOSPORLIMIT CARRAL
346	1301	ALEJANDRO LUIS NOVOA	PRM- 11	00:35:10	00:05:26	00:34:55	00:05:23	A CORUÑA
347	2154	OSCAR VAZQUEZ MIGUEZ	VT2M- 88	00:35:14	00:05:26	00:34:46	00:05:22	A CORUÑA
348	2504	SANTIAGO PENA CAÑIZARES	PRM- 12	00:35:19	00:05:27	00:34:45	00:05:22	LA CORUÑA
349	2158	NARCISO VILA SUAREZ	VT2M- 89	00:35:20	00:05:27	00:35:00	00:05:24	CARBALLO
350	1297	JUAN ESPIDO NOYA	SNM- 119	00:35:29	00:05:29	00:35:04	00:05:25	A CORUÑA
351	3053	JOSE ANTONIO MONTERO DOMINGUEZ	VT2M- 90	00:35:34	00:05:29	00:35:10	00:05:26	CORUÑA
352	2033	VALENTIN BARRAL VALES	SNM- 120	00:35:38	00:05:30	00:34:58	00:05:24	BETANZOS
353	346	ROBERTO MACEIRAS SEOANE	SNM- 121	00:35:39	00:05:30	00:35:11	00:05:26	LUGO
354	3011	PEDRO SÁNCHEZ PARDO	SNM- 122	00:35:42	00:05:30	00:34:58	00:05:24	CLUB ATLÉTICO CULLEREDO
355	386	MANUEL TOJO RODRIGUEZ	VT2M- 91	00:35:44	00:05:31	00:35:29	00:05:28	O BURGO - CULLEREDO
356	1145	DIEGO MAQUES VARELA	SNM- 123	00:35:44	00:05:31	00:35:07	00:05:25	A CORUÑA
357	2063	PABLO FERRANT ROJO	VT1M- 94	00:35:45	00:05:31	00:34:55	00:05:23	A CORUÑA
358	200	ALBERTO PEREZ PARDIÑAS	VT1M- 95	00:35:46	00:05:31	00:35:25	00:05:28	CARRAL
359	1034	ROBERTO PICOS FONTICOBA	VT1M- 96	00:35:46	00:05:31	00:34:54	00:05:23	A CORUÑA
360	1343	JESÚS ÁNGEL SÁNCHEZ VEIGA	VT2M- 92	00:35:49	00:05:32	00:35:49	00:05:32	CORUÑA SPORT A CORUÑA
361	216	JUAN CARLOS DOMATO VERDÍA	SNM- 124	00:35:49	00:05:32	00:35:22	00:05:27	ARTEIXO
362	2123	VÍCTOR MANUEL REY CASTELO	VT2M- 93	00:35:52	00:05:32	00:35:12	00:05:26	A CORUÑA
363	2138	ALEJANDRO SANTOS SÁNCHEZ	SNM- 125	00:35:53	00:05:32	00:35:12	00:05:26	BETANZOS
364	78	CARLOS ARMENTEROS LEÓN	VT1M- 97	00:35:54	00:05:32	00:35:08	00:05:25	NO SPORT LIMIT A CORUÑA
365	21	JUAN MANUEL MARTIN CARVAJAL	VT3M- 30	00:35:58	00:05:33	00:35:23	00:05:28	ATLETISMO CLU LA CORUÑA
366	2144	MITO SUAREZ FRAGA	VT1M- 98	00:35:58	00:05:33	00:35:32	00:05:29	ARILLO- DORNEDA
367	2098	LUCIANO MÉNDEZ NAYA	VT2M- 94	00:36:03	00:05:34	00:35:23	00:05:28	TEO
368	2099	MANUEL MIRAMONTES MENDEZ	VT1M- 99	00:36:05	00:05:34	00:35:41	00:05:30	ARTEIXO
369	1120	JOSÉ IGNACIO PENAS LÓPEZ	VT1M- 100	00:36:09	00:05:35	00:35:55	00:05:32	A CORUÑA
370	299	FRANCISCO SOBRINO MOSQUERA	VT4M- 5	00:36:11	00:05:35	00:35:44	00:05:31	CLUB ATLETISM OLEIROS
371	2060	LUIS RUBÉN FERNÁNDEZ GONZÁLEZ	VT1M- 101	00:36:12	00:05:35	00:35:52	00:05:32	A CORUÑA
372	1058	JAVIER ARAÚJO QUINTEIRO	VT2M- 95	00:36:12	00:05:35	00:35:38	00:05:30	A CORUÑA
373	1305	SERGIO RODRIGUEZ MARTINEZ	SNM- 126	00:36:18	00:05:36	00:35:48	00:05:31	CAMBRE
374	1276	VÍCTOR MANUEL INSUA PICO	VT1M- 102	00:36:21	00:05:36	00:36:04	00:05:34	NARÓN
375	1066	VÍCTOR D. TEIJIDO FELPETO	VT2M- 96	00:36:24	00:05:37	00:35:46	00:05:31	A CORUÑA
376	2160	GREGORIO JOSE VIÑUELAS AGRA	VT2M- 97	00:36:25	00:05:37	00:35:51	00:05:32	CULLEREDO
377	1181	ADRIÁN LÓPEZ VILLAVERDE	SNM- 127	00:36:27	00:05:37	00:35:55	00:05:32	PONTEVEDRA
378	350	RAÚL GALÁN CERVERO	VT3M- 31	00:36:27	00:05:37	00:35:43	00:05:31	A CORUÑA
379	2074	JORGE JASÓN GAMERO CORROTO	PRM- 13	00:36:28	00:05:38	00:35:53	00:05:32	A CORUÑA
380	2108	ÁNGEL OURO RIVAS	VT1M- 103	00:36:29	00:05:38	00:35:41	00:05:30	LA CORUÑA
381	2133	ENRIQUE RODRIGUEZ LAPIDO	VT1M- 104	00:36:30	00:05:38	00:35:49	00:05:32	A CORUÑA
382	2145	GABRIEL SUAREZ SUAREZ	VT1M- 105	00:36:30	00:05:38	00:35:40	00:05:30	A CORUÑA
383	2142	FRANCISCO SOLLA POUSADA	VT3M- 32	00:36:32	00:05:38	00:36:15	00:05:36	LA CORUÑA
384	2166	DANIEL JUAN OTERO	VT1M- 106	00:36:33	00:05:38	00:35:42	00:05:30	CORUÑA
385	40	CARLOS ROMAN REY VAZQUEZ	VT4M- 6	00:36:38	00:05:39	00:36:09	00:05:35	C.D.EGOVARRO: A CORUÑA
386	2093	MANUEL JAVIER MARCOS PIÑEIRO	VT1M- 107	00:36:40	00:05:39	00:35:49	00:05:32	CAMBRE
387	120	MANUEL RAMUDO PRIETO	VT2M- 98	00:36:42	00:05:40	00:35:55	00:05:32	CAMBRE
388	2055	SANTIAGO EIRIS LOPEZ	VT2M- 99	00:36:47	00:05:40	00:36:12	00:05:35	A CORUÑA
389	177	VÍCTOR BAUTISTA HERNANDEZ	VT1M- 108	00:36:48	00:05:41	00:36:25	00:05:37	A CORUÑA
390	2001	JUAN JOSE ABELLEIRA BLANCO	VT1M- 109	00:37:04	00:05:43	00:36:47	00:05:40	ATLETISMO CLU LA CORUNA
391	2067	IVÁN FRADE GARCÍA	VT1M- 110	00:37:04	00:05:43	00:36:49	00:05:41	A CORUÑA
392	1013	PABLO FERNÁNDEZ FREIRE	VT1M- 111	00:37:09	00:05:44	00:36:24	00:05:37	DENODO RUNN A CORUÑA
393	2002	ANTONIO MARTÍNEZ FERNANDEZ	VT1M- 112	00:37:11	00:05:44	00:37:04	00:05:43	ATLETISMO FON EL BURGO
394	2065	ALBERTO FERREÑO RODRÍGUEZ	SNM- 128	00:37:19	00:05:45	00:36:44	00:05:40	CULLEREDO
395	204	RAFAEL ESPIDO LATA	SNM- 129	00:37:22	00:05:46	00:36:56	00:05:42	A CORUÑA

396	1355	ANTONIO LODEIRO PAZOS	VT1M- 113	00:37:23	00:05:46	00:36:45	00:05:40		A CORUÑA
397	1057	JUAN CARLOS ARCOS YÁÑEZ	VT2M- 100	00:37:25	00:05:46	00:37:13	00:05:44		LA CORUÑA
398	2151	MANUEL VÁZQUEZ ALVEDRO	VT3M- 33	00:37:26	00:05:47	00:36:49	00:05:41		O TEMPLE
399	326	JUAN MANUEL PEREZ FERNÁNDEZ	ESPM- 2	00:37:29	00:05:47	00:36:47	00:05:41		A CORUÑA
400	2069	ALFREDO JOSE FRAGA GARCIA	VT3M- 34	00:37:35	00:05:48	00:36:53	00:05:41		MERA-OLEIROS
401	103	BENIGNO GAREA CAO	VT3M- 35	00:37:44	00:05:49	00:37:00	00:05:42		A CORUÑA
402	2057	IVÁN ESPESO GARCÍA	SNM- 130	00:37:45	00:05:49	00:37:23	00:05:46		EL TEMPLE
403	3069	PABLO TABOADA DURO	SNM- 131	00:37:46	00:05:50	00:37:07	00:05:44		A CORUÑA
404	324	SANTIAGO TROBAJO DE LAS MATAS	VT3M- 36	00:37:49	00:05:50	00:37:07	00:05:44		BERGONDO
405	2129	JAIME ROCA FREIRA	VT1M- 114	00:37:50	00:05:50	00:37:14	00:05:45		RONCAL
406	2007	JOSE FRANCISCO COBAS RODRIGUEZ	VT4M- 7	00:37:51	00:05:50	00:37:05	00:05:43	CRAT	A CORUÑA
407	219	COSME MARTINEZ NAYA	SNM- 132	00:37:58	00:05:51	00:37:44	00:05:49		CULLEREDO
408	2116	CRISTIAN PINEDA RIOS	SNM- 133	00:37:59	00:05:52	00:37:27	00:05:47		A CORDEDA
409	295	JAVIER PRIETO SOUTO	VT1M- 115	00:38:01	00:05:52	00:37:26	00:05:47	ATLETISMO RIA	CAMBRE
410	144	MANUEL ANGEL POSE CASTIÑEIRA	VT1M- 116	00:38:04	00:05:52	00:37:34	00:05:48		LA CORUÑA
411	1283	JOSE ANTONIO MARTÍNEZ LEMA	VT2M- 101	00:38:23	00:05:55	00:37:34	00:05:48		A CORUÑA
412	1048	JUAN CARLOS VALEIRO VEIGA	VT2M- 102	00:38:24	00:05:55	00:37:41	00:05:49		O BURGO - CULLEREDO
413	1101	JUAN GARCIA REGUEIRA	VT2M- 103	00:38:25	00:05:56	00:37:53	00:05:51		LA CORUÑA
414	2170	CARLOS MALLEIRO ZORZANO	SNM- 134	00:38:38	00:05:58	00:38:07	00:05:53		ARTEIXO
415	92	JESUS MONTERO LAGO	VT4M- 8	00:38:40	00:05:58	00:38:23	00:05:55	TRASNOS CORU	CAMBRE
416	1144	ALBERTO BLANCO BOUZAS	SNM- 135	00:38:43	00:05:58	00:38:17	00:05:54		A CORUÑA
417	2062	JOSE ANTONIO FERNÁNDEZ PEREIRO	VT2M- 104	00:38:43	00:05:58	00:38:26	00:05:56		A CORUÑA
418	1139	JAVIER CAMPOS BREA	SNM- 136	00:38:46	00:05:59	00:38:09	00:05:53		A CORUÑA
419	1179	ALEJANDRO ENRIQUEZ VARELA	VT1M- 117	00:38:48	00:05:59	00:38:17	00:05:54		A CORUÑA
420	3009	JOSE MARIA BREA SANCHEZ	VT3M- 37	00:38:50	00:05:59	00:37:56	00:05:51	AG-764347	CA BOIMORTO A CORUÑA
421	1167	IVAN BARBEITO PREGO	SNM- 137	00:38:52	00:06:00	00:38:05	00:05:53		A CORUÑA
422	2136	DAVID SANCHEZ GOMEZ	SNM- 138	00:38:57	00:06:00	00:38:18	00:05:55		A CORUÑA
423	2016	CELSO BLANCO GARCIA	VT1M- 118	00:38:58	00:06:01	00:38:16	00:05:54	TERMARIA RUN	A CORUÑA
424	114	MIGUEL ABELEDO PATIÑO	VT3M- 38	00:39:10	00:06:03	00:38:40	00:05:58		CULLEREDO
425	18	PABLO RAFAEL PRIETO CASAL	VT2M- 105	00:39:17	00:06:04	00:38:42	00:05:58	ATLETISMO CLU	A CORUÑA
426	318	JUAN FERNANDEZ GONZALEZ	VT1M- 119	00:39:29	00:06:05	00:38:45	00:05:59	AG 767350	PATUKOS TIM R A CORUÑA
427	2121	CURRO RAYA GARCIA	SNM- 139	00:39:29	00:06:05	00:39:07	00:06:02		A CORUÑA
428	1138	DAVID LÓPEZ FERNÁNDEZ	SNM- 140	00:39:30	00:06:06	00:39:00	00:06:01		A CORUÑA
429	1108	MANUEL CID FERNÁNDEZ	VT3M- 39	00:39:39	00:06:07	00:38:52	00:06:00		CULLEREDO
430	82	ANTONIO CIUDAD PEREIRA	VT4M- 9	00:39:47	00:06:08	00:39:03	00:06:01	PATUKOS TIM R	A CORUÑA
431	1159	GUILLERMO MALDONADO AVILA	VT2M- 106	00:39:50	00:06:09	00:39:15	00:06:03		O BURGO, CULLEREDO
432	159	MARCOS RODRIGUEZ ARMADA	VT1M- 120	00:40:01	00:06:10	00:39:25	00:06:05		ABEGONDO
433	2502	JAVIER LÓPEZ SOUTO	VT2M- 107	00:40:05	00:06:11	00:39:31	00:06:06	MIXMASTER RU	A CORUÑA
434	1156	GUILLERMO SÁNCHEZ VIDAL	SNM- 141	00:40:06	00:06:11	00:39:17	00:06:04		A CORUÑA
435	2134	NICOLAS SALGADO LOPEZ	SNM- 142	00:40:45	00:06:17	00:40:07	00:06:11		BETANZOS
436	1079	PABLO PEREDA FERNÁNDEZ	VT1M- 121	00:40:57	00:06:19	00:40:11	00:06:12		A CORUÑA
437	1029	JAVIER VALIÑO MOSTEIRO	VT2M- 108	00:41:04	00:06:20	00:40:40	00:06:16		ARTEIXO
438	1313	ANTONIO VARELA SALETA	VT3M- 40	00:41:06	00:06:20	00:40:17	00:06:13		A CORUÑA
439	81	JAVIER SAL PÉREZ	VT1M- 122	00:41:07	00:06:20	00:40:21	00:06:13	NOSPORTLIMIT-	A CORUÑA
440	113	JOSE ANTONIO BOCELO PRIETO	VT3M- 41	00:41:07	00:06:21	00:40:32	00:06:15	NO	O TEMPLE
441	2124	JORGE RIBERO CARNOTA	SNM- 143	00:41:35	00:06:25	00:40:42	00:06:17		A CORUÑA
442	148	CARLOS MUÑOZ LAGARÓN	VT1M- 123	00:41:46	00:06:27	00:40:57	00:06:19		A CORUÑA
443	2005	CARLOS SEIJAS PERMUY	VT2M- 109	00:42:38	00:06:35	00:41:52	00:06:28	BEER RUNNERS	A CORUÑA
444	2143	JULIO SUAREZ CAMBA	VT2M- 110	00:42:45	00:06:36	00:42:03	00:06:29		O BURGO
445	1068	OSCAR EIROA PATIÑO	VT1M- 124	00:42:54	00:06:37	00:42:19	00:06:32		A CORUÑA
446	132	PABLO BUCETA BLANCO	VT2M- 111	00:43:03	00:06:38	00:42:53	00:06:37		CULLEREDO
447	336	CARLOS VARELA FERNÁNDEZ	VT1M- 125	00:43:24	00:06:42	00:42:45	00:06:36		A CORUÑA
448	2018	ADRIAN MUÑIZ NION	SNM- 144	00:43:34	00:06:43	00:42:49	00:06:36	ZONA FIT	A CORUÑA
449	191	VÍCTOR LÓPEZ RAMOS	VT2M- 112	00:43:35	00:06:43	00:42:55	00:06:37		CARRAL
450	3073	JAVIER VILLAS PEDRUELO	VT3M- 42	00:43:43	00:06:45	00:43:05	00:06:39		LA CORUÑA
451	1050	JAVIER GANTES	VT2M- 113	00:44:02	00:06:48	00:43:26	00:06:42		A CORUÑA
452	183	JUAN CARLOS GANTES LESTA	VT1M- 126	00:44:02	00:06:48	00:43:32	00:06:43		A CORUÑA
453	2149	JUAN MANUEL VALDERAS PANCORBO	SNM- 145	00:46:07	00:07:07	00:45:26	00:07:00		A CORUÑA
454	2087	CHRISTIAN LOIS	SNM- 146	00:46:52	00:07:14	00:46:39	00:07:12		A CORUÑA
455	2122	DELFIN REGA VILLAR	VT1M- 127	00:47:15	00:07:17	00:46:26	00:07:10		LARACHA
456	2021	IVAN AGUION MIÑONES	SNM- 147	00:53:31	00:08:15	00:52:40	00:08:07		CULLEREDO

FEMENINO

PtoSex	Dorsal	Nombre	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Licencia	Club	Localidad
	1	2059 SOFIA FERNANDEZ CASTRO	PRF- 1	00:28:30	00:04:24	00:28:27	00:04:23			LA CARIDAD
	2	3025 NOEMI MORAL NAVAZO	VT1F- 1	00:28:47	00:04:26	00:28:47	00:04:26		VERXEL NUTRIC	OLEIROS
	3	355 FELICIDAD LÓPEZ ARNAU	VT1F- 2	00:28:50	00:04:27	00:28:50	00:04:27		ATLETISMO RIAZ	A CORUÑA
	4	3005 TERESA CORRAL MARCOS	VT2F- 1	00:29:02	00:04:29	00:29:02	00:04:29	GA-764232	ATLETISMO MO LUGO	
	5	1319 UXIA GARCIA DIAZ	PRF- 2	00:29:23	00:04:32	00:29:22	00:04:32		ATLETISMO RIAZ	A CORUÑA
	6	6 EUSEBIA MALDONADO	SNF- 1	00:29:30	00:04:33	00:29:28	00:04:33	NO TENGO		A CORUÑA
	7	354 ALBA REY PENELAS	SNF- 2	00:29:36	00:04:34	00:29:29	00:04:33		ATLETISMO RIAZ	A CORUÑA
	8	263 MONTERRAT HERNÁNDEZ GARCÍA	VT2F- 2	00:29:44	00:04:35	00:29:41	00:04:35		CLUB RIALTO	A CORUÑA
	9	362 KARINA CALLON TREUS	SNF- 3	00:30:00	00:04:38	00:29:58	00:04:37		CLUB ATLETISM	CAMBRE
	10	358 INES PAPIN ESTEVEZ	VT2F- 3	00:30:09	00:04:39	00:30:07	00:04:39		CLUB ATLETISM	CAMBRE
	11	3001 MARIA JOSÉ GROBAS GARABOA	VT2F- 4	00:30:25	00:04:42	00:30:16	00:04:40		ATLETICA A SILV	MESÍA
	12	1185 MARTA GIL FERNÁNDEZ	SNF- 4	00:30:40	00:04:44	00:30:40	00:04:44		A.D. FOGAR	A CORUÑA
	13	359 MONTSE FERNÁNDEZ RAMOS	VT2F- 5	00:30:44	00:04:45	00:30:41	00:04:44		CLUB ATLETISM	SADA
	14	268 MARIA LUISA LOPEZ GARCIA	VT2F- 6	00:31:02	00:04:47	00:30:59	00:04:47		WWW.ROBERTC	A CORUÑA
	15	278 IRIA SOTO IGLESIAS	SNF- 5	00:31:12	00:04:49	00:31:00	00:04:47			A CORUÑA
	16	1376 ELISA PAZ SOUTO	VT3F- 1	00:31:43	00:04:54	00:31:40	00:04:53			A CORUÑA
	17	1241 NOELIA CARUNCHO GARCIA	VT1F- 3	00:31:48	00:04:54	00:31:34	00:04:52			LA CORUÑA
	18	2020 SONIA MARIA AGUIÓN COSTOYA	VT1F- 4	00:32:17	00:04:59	00:32:08	00:04:58			A CORUÑA
	19	3021 SONIA ROCA CANZOBRE	VT1F- 5	00:32:19	00:04:59	00:31:45	00:04:54	AG-766807	NOSPORTLIMIT	CAMBRE
	20	1211 EVA MARIA FARIÑAS LOPEZ	VT2F- 7	00:32:20	00:04:59	00:32:11	00:04:58			CORUÑA
	21	1251 RAQUEL BOTANA	VT1F- 6	00:32:40	00:05:03	00:32:31	00:05:01			CAMBRE
	22	357 BEGOÑA SENDON RICO	VT2F- 8	00:32:52	00:05:04	00:32:49	00:05:04		CLUB ATLETISM	BERGONDO
	23	258 NATALIA MIGUEZ LOPEZ	VT1F- 7	00:33:14	00:05:08	00:33:00	00:05:05		CLUB ATLETISM	SADA
	24	254 Mª LUISA BARREIRO FUENTES	VT1F- 8	00:33:24	00:05:09	00:33:10	00:05:07	G-763977	ATLETISMO RIAZ	A CORUÑA
	25	1370 ESTEFANIA ABELENDA POSE	SNF- 6	00:33:29	00:05:10	00:33:17	00:05:08			LARACHA
	26	1218 MARIA DO CARMEN LOUZAO RODRÍGUEZ	VT2F- 9	00:33:35	00:05:11	00:33:13	00:05:08			A CORUÑA
	27	1243 ANGELA SOUTO GONZÁLEZ	SNF- 7	00:33:46	00:05:13	00:33:03	00:05:06			CAMBRE
	28	1193 MARÍA JESÚS GARCÍA TRABAZO	SNF- 8	00:34:03	00:05:15	00:33:52	00:05:14		DENODO RUNN	A CORUÑA
	29	264 PILAR MARQUIZ HERNANDEZ	VT4F- 1	00:34:03	00:05:15	00:33:55	00:05:14	AG/764581	CLUB RIAZOR	A CORUÑA
	30	1240 NATALIA MORRONE MOLLO	VT1F- 9	00:34:19	00:05:18	00:33:32	00:05:10			ARTEIXO
	31	276 VANESA NAVEIRA	VT1F- 10	00:34:22	00:05:18	00:34:07	00:05:16			A CORUÑA
	32	3035 ARACELI CRUJEIRAS GONZÁLEZ	SNF- 9	00:34:38	00:05:21	00:33:54	00:05:14			ARTES - RIBEIRA
	33	1327 SANDRA FERNANDEZ EXPOSITO	VT1F- 11	00:34:44	00:05:22	00:34:03	00:05:15			OURENSE
	34	1227 MARÍA BERMÚDEZ RODRÍGUEZ	SNF- 10	00:34:48	00:05:22	00:34:26	00:05:19			LA CORUÑA
	35	262 ANGELES CASTRO FERNANDEZ	VT2F- 10	00:35:02	00:05:24	00:34:38	00:05:21		CLUB ATLETISM	A CORUÑA
	36	255 MARIA LUISA ARMESTO MIGUEL	VT4F- 2	00:35:07	00:05:25	00:34:58	00:05:24		CLUB ATLETISM	OLEIROS
	37	2506 EVA SANCHEZ MARTINEZ	VT2F- 11	00:35:08	00:05:25	00:34:35	00:05:20			LA CORUÑA
	38	360 LINA GARCÍA PORTAS	VT2F- 12	00:35:10	00:05:26	00:34:46	00:05:22		CLUB ATLETISM	SADA
	39	2026 MARÍA JOSÉ AÑÓN VARELA	VT2F- 13	00:35:20	00:05:27	00:35:01	00:05:24			CARBALLO
	40	259 RAQUEL ARMESTO PINEDO	VT1F- 12	00:35:21	00:05:27	00:35:12	00:05:26		CLUB ATLETISM	OLEIROS
	41	2109 NURIA ESTHER PALACIOS IBAN	VT2F- 14	00:35:35	00:05:29	00:35:18	00:05:27			A CORUÑA
	42	1237 LAURA HORTA ROMARIS	SNF- 11	00:35:44	00:05:31	00:35:07	00:05:25			A CORUÑA
	43	2175 SONIA QUINTÁ MANCEBO	VT2F- 15	00:35:50	00:05:32	00:35:11	00:05:26			A CORUÑA
	44	270 ARACELI VEIGA BERMEJO	VT3F- 2	00:35:53	00:05:32	00:35:34	00:05:29			A CORUÑA
	45	269 ROSA MARIA SANDES FERNANDEZ	VT4F- 3	00:35:53	00:05:32	00:35:42	00:05:30			A CORUÑA
	46	2120 PATRICIA QUEVEDO PEREZ	SNF- 12	00:35:55	00:05:32	00:35:07	00:05:25			TROBAJO DEL CAMINO
	47	277 ANA CELIA GOLPE GONZALEZ	VT2F- 16	00:36:08	00:05:34	00:35:54	00:05:32			A CORUÑA
	48	2117 MONTSE PONTE TABOADA	VT1F- 13	00:36:12	00:05:35	00:35:24	00:05:28			A CORUÑA
	49	1232 VANESSA PAZ ABRUÑEDO	SNF- 13	00:36:12	00:05:35	00:35:25	00:05:28			CULLEREDO
	50	2094 MARÍA MARTÍNEZ MOSQUERA	VT1F- 14	00:36:22	00:05:37	00:36:06	00:05:34			A CORUÑA
	51	261 MARIA LUISA RUA PRIETO	SNF- 14	00:36:33	00:05:38	00:36:12	00:05:35	AG764232	CLUB ATLETISM	SADA
	52	272 SILVIA SANCHEZ BASCOY	VT3F- 3	00:36:38	00:05:39	00:36:28	00:05:38			A CORUÑA
	53	273 MARÍA VICTORIA PÉREZ HERNÁNDEZ	VT2F- 17	00:36:38	00:05:39	00:36:29	00:05:38			A CORUÑA
	54	288 ANA DIAZ MENDEZ	VT2F- 18	00:36:39	00:05:39	00:36:26	00:05:37			A CORUÑA
	55	1321 BEATRIZ SAAVEDRA CARRO	VT1F- 15	00:36:42	00:05:40	00:35:55	00:05:32		NOSPORTLIMIT	A CORUÑA
	56	1368 MARILUZ SAN MARTIN FERNENDEZ	VT4F- 4	00:36:50	00:05:41	00:36:37	00:05:39			A CORUÑA
	57	257 MÓNICA MOURELLE ZAS	VT1F- 16	00:37:33	00:05:48	00:37:11	00:05:44		CLUB ATLETISM	MONDEGO-SADA
	58	2128 CRISTINA RIVERA GUTIERREZ	VT1F- 17	00:37:51	00:05:50	00:37:13	00:05:45			RONCAL

59	1202 CRISTINA YUDEGO GARCÍA	VT1F- 18	00:37:58	00:05:51	00:37:38	00:05:48		MONDEGO-SADA
60	2012 ESTIBALIZ GARCIA GOMEZ	VT1F- 19	00:38:03	00:05:52	00:37:14	00:05:45		NO SPORT LIMIT CMBRE
61	2049 BEATRIZ COTROFE DEL RIO	VT2F- 19	00:38:06	00:05:53	00:37:44	00:05:49		A CORUÑA
62	1328 PAULA ALONSO MASIDE	SNF- 15	00:38:06	00:05:53	00:37:21	00:05:46		BAÑOS DE MOLGAS
63	1229 MIRIAM SÁNCHEZ	VT1F- 20	00:38:12	00:05:54	00:37:33	00:05:48		LA CORUÑA
64	289 SUSANA FERNANDEZ REDONDO	VT1F- 21	00:38:20	00:05:55	00:37:44	00:05:49		ABEGONDO
65	280 MARIA MANTIÑAN PAREDES	VT1F- 22	00:38:20	00:05:55	00:37:40	00:05:49		A CORUÑA
66	1206 MARIA DEL MAR BARCÓN SÁNCHEZ	VT3F- 4	00:38:25	00:05:56	00:37:53	00:05:51		CULLEREDO
67	2102 MIRIAM NEIRA DÍAZ	SNF- 16	00:38:33	00:05:57	00:38:20	00:05:55		CULLEREDO
68	1230 ROCIO CAMPOS BREA	SNF- 17	00:38:46	00:05:59	00:38:09	00:05:53		A CORUÑA
69	2034 BELEN BERMUDEZ FARIÑA	VT2F- 20	00:38:47	00:05:59	00:38:20	00:05:55		ARTEIXO
70	290 INES IGLESIAS FRAGA	VT1F- 23	00:38:55	00:06:00	00:38:24	00:05:55		NOS - OLEIROS
71	1223 MELINA FERNÁNDEZ SANTÁS	SNF- 18	00:39:07	00:06:02	00:38:29	00:05:56		A CORUÑA
72	250 MARTA MARÍA CRUZ AÑÓN	VT2F- 21	00:39:14	00:06:03	00:38:32	00:05:57		A.D. ATLETES DE MUROS
73	1325 MARÍA LUZ RODRÍGUEZ GARCÍA	VT2F- 22	00:39:21	00:06:04	00:39:01	00:06:01		A CORUÑA
74	3008 BEGOÑA DE ARRIBA BELLOGIN	VT3F- 5	00:39:24	00:06:05	00:38:53	00:06:00	GA 19107	C.D.EGOVARRO:OLEIROS
75	1367 SUSANA GOYANES MARTINEZ	VT2F- 23	00:39:25	00:06:05	00:38:57	00:06:01		A CORUÑA
76	2092 ROSA MARÍA MACEIRAS SEOANE	VT1F- 24	00:39:27	00:06:05	00:38:42	00:05:58		ARTEIXO
77	1187 VIOLETA FERNANDEZ DIAZ	SNF- 19	00:39:32	00:06:06	00:39:05	00:06:02		ATLETISMO RIA: A CORUÑA
78	2004 SOFÍA CANZOBRE MARTÍNEZ	SNF- 20	00:39:32	00:06:06	00:39:05	00:06:02	AG/768780	ATLETISMO RIA: A CORUÑA
79	2505 FÁTIMA RODRÍGUEZ CALVO	SNF- 21	00:40:03	00:06:11	00:39:41	00:06:07		A CORUÑA
80	2111 MARTA PARDO GESTO	VT2F- 24	00:40:09	00:06:12	00:39:39	00:06:07		LA CORUÑA
81	1361 ANA LUZ VÁZQUEZ FERNÁNDEZ	VT2F- 25	00:40:14	00:06:12	00:40:14	00:06:12		CORUÑA SPORT A CORUÑA
82	1236 ELENA COUTO SUAREZ	SNF- 22	00:40:35	00:06:16	00:39:47	00:06:08		NOVO MESOIRO
83	2157 LUCÍA VILA GARCÍA	VT1F- 25	00:40:51	00:06:18	00:40:19	00:06:13		A CORUÑA
84	2030 SUSANA ARROJO GONZÁLEZ	SNF- 23	00:40:51	00:06:18	00:40:28	00:06:15		A CORUÑA
85	2056 MARÍA JOSÉ EIRIZ NAVEIRA	VT1F- 26	00:40:53	00:06:18	00:40:22	00:06:14		A CORUÑA
86	2168 ANA MARÍA CAÑETA DEL CAMPO	VT2F- 26	00:41:03	00:06:20	00:40:52	00:06:18		A CORUÑA
87	2064 CRISTINA FERREIRO MUÑIZ	VT1F- 27	00:41:09	00:06:21	00:40:24	00:06:14		A CORUÑA
88	1374 MANUELA RICO SÁNCHEZ	VT2F- 27	00:41:26	00:06:24	00:40:36	00:06:16		
89	2045 BERTA CEBREIRO PULLEIRO	VT1F- 28	00:41:33	00:06:25	00:41:00	00:06:19		A CORUÑA
90	1197 ANA ALVAREZ PAZ	VT1F- 29	00:41:46	00:06:27	00:40:57	00:06:19		NOSPORTLIMIT- A CORUÑA
91	361 BEATRIZ FARIÑA LÓPEZ	SNF- 24	00:42:11	00:06:30	00:41:45	00:06:26		CLUB ATLETISM SADA
92	2071 MARÍA FRAILE CANCELA	SNF- 25	00:42:12	00:06:31	00:41:33	00:06:25		A CORUÑA
93	2042 SONIA MARÍA CARRO RÍOS	VT1F- 30	00:42:19	00:06:32	00:42:00	00:06:29		A CORUÑA
94	1208 MARIÁN JUÁREZ PÉREZ	VT2F- 28	00:42:30	00:06:33	00:42:30	00:06:33		A CORUÑA
95	2091 FEDERICA LUCCHETTI	VT2F- 29	00:42:34	00:06:34	00:42:00	00:06:29		CULLEREDO
96	2028 ROSARIO AREOSA BRANDÓN	SNF- 26	00:42:44	00:06:36	00:41:56	00:06:28		LARACHA
97	2127 SONIA RIVERA DACAL	VT1F- 31	00:42:51	00:06:37	00:42:01	00:06:29		A CORUÑA
98	1366 MARIA JOSE SEIJAS MARTINEZ	VT2F- 30	00:43:03	00:06:38	00:42:53	00:06:37		CULLEREDO
99	1204 CARMEN CASAS PÉREZ	VT3F- 6	00:43:08	00:06:39	00:42:52	00:06:37		SADA
100	1220 MARCELA FERNANDEZ	SNF- 27	00:43:12	00:06:40	00:42:47	00:06:36		A CORUÑA
101	3056 MARIA NAYA DIAZ	VT2F- 31	00:43:40	00:06:44	00:43:02	00:06:38		LA CORUÑA
102	1329 LIDIA ESPIDO LATA	SNF- 28	00:43:43	00:06:45	00:43:04	00:06:39		A CORUÑA
103	1216 MARÍA FÁTIMA BLANCO CANCELA	VT1F- 32	00:44:35	00:06:53	00:43:50	00:06:46		A CORUÑA
104	2035 BARBARA BLANCO	SNF- 29	00:46:52	00:07:14	00:46:39	00:07:12		A CORUÑA
105	1228 VANESSA VELO PICALLO	VT1F- 33	00:46:58	00:07:15	00:46:18	00:07:09		A CORUÑA
106	2156 RITA VERA ZARATE	SNF- 30	00:47:25	00:07:19	00:46:43	00:07:12		CORUÑA
107	1244 EMMA MARÍA OTERO GULDRÍS	SNF- 31	00:47:47	00:07:22	00:47:21	00:07:18		A CORUÑA
108	356 GUADALUPE LLAMOSAS ALBIZU	VT3F- 7	00:48:04	00:07:25	00:47:17	00:07:17	C.R.A.T.	A CORUÑA
109	2014 ISAURA ESPORRIN FRAGA	SNF- 32	00:49:38	00:07:39	00:48:52	00:07:32		RETO 10K WOM CUARTE DE HUERVA
110	2125 FÁTIMA RÍOS PLATAS	SNF- 33	00:52:26	00:08:05	00:51:51	00:08:00		OZA-CESURAS
111	2047 CINTIA CHAMORRO PETRONACCI	SNF- 34	00:53:33	00:08:16	00:52:42	00:08:08		CULLEREDO

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Cadete y Juvenil. Distancia: 2.300 m

CDTM	CADETE MASCULINA	Inscritos:	40 Llegados:	3			
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
1	4123	YAGO PAZOS BARBEITO	00:08:46	00:03:49			CAMBRE
2	4058	PEDRO ROMERO MARTINEZ	00:09:04	00:03:57	AG/726216	ATLETISMO RIA: A CORUÑA	

CDTF	CADETE FEMENINA	Inscritos:	52 Llegados:		8		
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
1	5002	LUCÍA SUÁREZ CRESPO	00:09:16	00:04:02		USC- SANTIAGO A BAÑA	
2	4287	ANA Mª PAJARRÓN PUGA	00:10:33	00:04:35	AG 766054	ATLETISMO RIA; LA CORUÑA	
3	4234	SOL GARCÍA CAL	00:10:39	00:04:38		ATLETISMO RIA; LA CORUÑA	
4	4328	MARÍA SEXTO PÉREZ	00:11:00	00:04:47		CLUB DE ATLETI A CORUÑA	
5	4499	LUCIA CHAS VILLAVERDE	00:12:07	00:05:16	AG764836	CLUB MARINED A CORUÑA	
6	4321	CLAUDIA SUBIAS BOTANA	00:12:10	00:05:17		CLUB ATLETISM PERILLO	
7	4312	SARA GARCIA PAPIN	00:13:28	00:05:52		CLUB ATLETISM CAMBRE	
8	4371	IRIA HERBÓN PAZOS	00:13:34	00:05:54		EL TEMPLE-CAMBRE	

XVNM	XUVENIL MASCULINA	Inscritos:	31 Llegados:		12		
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
1	5517	PABLO BARREIRA VARELA	00:07:40	00:03:20			MALPICA DE BERGANTIÑOS
2	4066	GABRIEL RODRÍGUEZ LEVA	00:08:04	00:03:31		ATLETISMO RIA; A CORUÑA	
3	4024	RUBEN BUCETA SEIJAS	00:08:14	00:03:35		CULLEREDO	
4	5546	DAVID BERGONDO VARELA	00:08:40	00:03:47	AG-11059	ATLETISMO COF OLEIROS	
5	4418	DANIEL VILA MOURIÑO	00:08:53	00:03:52		C.R.A.T. A CORUÑA	
6	4042	OSCAR HERBON PAZOS	00:08:56	00:03:53		ATLETISMO RIA; EL TEMPLE	
7	4113	PABLO SOUTO SALGADO	00:08:59	00:03:54		CORUÑA COMA A CORUÑA	
8	4190	MANUEL VARELA PAINCEIRA	00:09:03	00:03:56		A CORUÑA	
9	4080	JESUS BABIO SILVA	00:10:24	00:04:32		C.R.A.T. OLEIROS	
10	4082	PABLO BESTILLEIRO ALVAREZ	00:10:30	00:04:34		C.R.A.T. A CORUÑA	
11	4079	MARCOS PRADO LÓPEZ	00:10:30	00:04:34		C.R.A.T. A CORUÑA	
12	5542	EMILIO TEJEIRO CASTELOS	00:13:10	00:05:44		CULLEREDO	

XVNF	XUVENIL FEMENINA	Inscritos:	25 Llegados:		5		
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
1	4251	PAULA IGLESIAS GARNELO	00:10:10	00:04:26	GA 764135	ATLETISMO RIA; LA CORUÑA	
2	4239	CANDELA PATIÑO CASTRO	00:10:32	00:04:35	AG 764134	ATLETISMO RIA; A CORUÑA	
3	4273	INES OITAVÉN PASCUAL	00:10:39	00:04:38	AG 764066	ATLETISMO RIA; LA CORUÑA	
4	4311	CARMEN MÉNDEZ DUMONT	00:12:50	00:05:35		CLUB ATLETISM SADA	
5	4307	MARIA DE LAS HERAS FERNANDEZ	00:13:34	00:05:54		C.R.A.T. A CORUÑA	

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Infantil. Distancia: 1.600 m

INFM	INFANTIL MASCULINA	Inscritos:	61 Llegados:		15		
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
1	4107	DIEGO MARTINEZ RIVAS	00:05:27	00:03:25	AG765159	CLUB CORUÑA (A CORUÑA	
2	4112	ERMÍAS FERNANDEZ CASABELLA	00:05:30	00:03:26	AG127681	CORUÑA COMA A CORUÑA	
3	4142	MARTIN VARELA PAINCEIRA	00:05:45	00:03:36		A CORUÑA	
4	4009	PABLO MARTÍNEZ FERRO	00:05:57	00:03:43		ATLETISMO COF CULLEREDO	
5	4003	ALVARO FARINÓS CRUZ	00:06:00	00:03:45		ATLETES MUROS	
6	5540	CÉSAR SEGUÍN GARCÍA	00:06:27	00:04:02		CULLEREDO	
7	4075	ABEL PÉREZ LÓPEZ	00:06:32	00:04:05		ATLETISMO RIA; LA CORUÑA	
8	4130	NOEL VILA VAZQUEZ	00:06:37	00:04:08		A CORUÑA	
9	4129	ALEJANDRO RUBIN KUSANO	00:06:38	00:04:09		LA CORUÑA	
10	4086	DARIO TEMPRANO PEREZ	00:06:42	00:04:11		CLUB ATLETISM SADA	
11	5521	IVAN ESMORIS BARREIRA	00:06:44	00:04:13		A CORUÑA	
12	4049	MARTÍN OITAVÉN PASCUAL	00:06:46	00:04:14	AG 764067	ATLETISMO RIA; LA CORUÑA	
13	4008	ALEJANDRO RIVAS GONZALEZ	00:06:49	00:04:16	AG-765158	ATLETISMO COF LA CORUÑA	
14	4044	ANDRÉS PÉREZ VEIRA	00:07:15	00:04:32		ATLETISMO RIA; LA CORUÑA	
15	4124	JUAN SIEIRA HERMIDA	00:07:21	00:04:36		A CORUÑA	

INFF	INFANTIL FEMENINA	Inscritos:	33 Llegados:		3		
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
1	4310	MARTA VILAS MARTÍNEZ	00:06:45	00:04:13	AG128088	CLUB ATLETISM A CORUÑA	
2	4331	LUCÍA SEOANE LOUREDA	00:06:52	00:04:17	LSL200102	CORUÑA COMA CAMBRE	

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Alevín Masculina. Distancia: 800 m

ALVM	ALEVIN MASCULINA	Inscritos:	93 Llegados:		10		
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
	1	4126 GABRIEL NÚÑEZ LOUZAO	00:02:46	00:03:27			A CORUÑA
	2	4465 YAGO BORT RESPINO	00:02:57	00:03:41			A CORUÑA
	3	4089 MARIO GARCIA PAPIN	00:02:57	00:03:41		CLUB ATLETISM	CAMBRE
	4	4004 OSCAR FARINÓS CRUZ	00:03:03	00:03:48		ATLETES	MUROS
	5	4178 MIGUEL VARELA PAINCEIRA	00:03:04	00:03:49			A CORUÑA
	6	4010 JAVIER PLACER MARTÍNEZ	00:03:10	00:03:57		ATLETISMO RIA	LA CORUÑA
	7	4102 IVÁN MAROÑO PASCALÍN	00:03:13	00:04:01		CLUB COMPAÑÍ	A CORUÑA
	8	4473 AAROM BARRETO LOYOLA	00:03:31	00:04:24			A CORUÑA
	9	5516 SERGIO BARBEITO GARCIA	00:03:55	00:04:53			A CORVEIRA - CULLEREDO
	10	4036 EZEQUIEL GASAMANS	00:04:06	00:05:07	AG764993	ATLETISMO RIA	LA CORUÑA

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Alevín Femenina. Distancia: 800 m

ALVF	ALEVIN FEMENINA	Inscritos:	76 Llegados:		10		
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
	1	4342 LUCÍA ACEBRÁS SUÁREZ	00:03:15	00:04:04			PERILLO (SANTA LEOCADIA)
	2	5511 ZELTIA FDEZ. DE LA PRADILLA NOYA	00:03:20	00:04:10		CLUB ATLETISM	SADA
	3	5501 ANHELIZ ALEXANDER JUSTÍN	00:03:20	00:04:10		ATLETISMO RIA	LA CORUÑA
	4	4345 CELIA FUENTES RODRIGUEZ	00:03:44	00:04:40			A CORUÑA
	5	4392 LUCIA VISO VARELA	00:03:50	00:04:47			A CORUÑA
	6	4381 FIORELLA NADIM MILHEM MORRONE	00:03:51	00:04:48			ARTEIXO
	7	4531 PAULA BLANCO VARELA	00:03:51	00:04:49			A CORUÑA
	8	4330 MARINA HERBÓN PAZOS	00:03:53	00:04:51		CLUB NÁUTICO	EL TEMPLE-CAMBRE
	9	4349 LAURA MATO DE LA IGLESIA	00:03:56	00:04:55			LA CORUÑA
	10	4389 ANA BALLESTEROS ALDARIZ	00:03:58	00:04:57			A CORUÑA

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Benjamín Masculina. Distancia: 800 m

BNXM	BENXAMIN MASCULINA	Inscritos:	109 Llegados:		22		
PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
	1	4103 NACHO MAROÑO PASCALÍN	00:03:06	00:03:52		CLUB COMPAÑÍ	A CORUÑA
	2	5534 TEO PÉREZ ALMARZA	00:03:06	00:03:53			A CORUÑA
	3	4005 UXÍO FARINÓS CRUZ	00:03:17	00:04:06		ATLETES	MUROS
	4	5515 OSCAR BARBEITO GARCIA	00:03:18	00:04:07			A CORVEIRA - CULLEREDO
	5	5545 HUGO DOPAZO MARTA	00:03:19	00:04:08		CALASANCIAS	A CORUÑA
	6	4141 SERGIO SOTO MANTEIGA	00:03:22	00:04:12			CAMBRE
	7	5531 SANTIAGO MARTÍNEZ GINÉS	00:03:23	00:04:14			A CORUÑA
	8	4060 UNAI LOUREIRO ARROJO	00:03:24	00:04:15	AG 764179	ATLETISMO RIA	LA CORUÑA
	9	4218 ELIAS RODRIGUEZ CANITROT	00:03:30	00:04:22			A CORUÑA
	10	4203 ANXO LORENZO CASTRO	00:03:33	00:04:26			A CORUÑA
	11	4171 KARIM MILHEM MORRONE	00:03:36	00:04:29			ARTEIXO
	12	4041 MARTÍN MACIEL MONTERO	00:03:36	00:04:30		ATLETISMO RIA	LA CORUÑA
	13	5506 ANTÓN JOPIA ASTRAY	00:03:37	00:04:31		ATLETISMO RIA	LA CORUÑA
	14	5519 IAGO CAÑIZARES PITA	00:03:41	00:04:36			CULLEREDO
	15	5518 SERGIO CABARCOS MONTERO	00:03:42	00:04:37			AS PONTES
	16	4185 ISAAC FUDILI PENA	00:03:50	00:04:47			O BURGO CULLEREDO
	17	4156 MARCOS MORO ESTEVEZ	00:03:52	00:04:50			LA CORUÑA
	18	5525 GERMAN ALONSO GARCIA-LOYGORRI G	00:03:53	00:04:51			A CORUÑA
	19	4145 PABLO ARAÚJO RODRÍGUEZ	00:03:55	00:04:53			A CORUÑA
	20	4139 ALEX GOMEZ BECERRA	00:04:10	00:05:13			LA CORUÑA
	21	4176 IVAN TOJO TORRES	00:04:16	00:05:20			ARTEIXO
	22	5536 IVAN PEREZ NAYA	00:04:27	00:05:33			CARRAL

VII BAIXADA POPULAR DE CROSS SAN PEDRO DE VISMA, A Coruña 29/06/2014

Benjamin Femenina. Distancia: 800 m

BNXF		BENXAMIN FEMENINA		Inscritos:		69 Llegados:		14	
PtoCat	Dorsal	Nombre		T_Final	RitmoKm	Licencia	Club	Localidad	
	1	4343	SUSANA AMOR CASTRO	00:03:15	00:04:04		CLUB ATLETISM A CORUÑA		
	2	4236	BEATRIZ LÓPEZ SALORIO	00:03:21	00:04:11	AG767390	ATLETISMO RIA; A CORUÑA		
	3	5502	LIZANHE ALEXANDER JUSTÍN	00:03:31	00:04:23		ATLETISMO RIA; LA CORUÑA		
	4	4493	AREA BARBEITO PAPIN	00:03:33	00:04:26		CLUB ATLETISM CAMBRE		
	5	4543	OLIVIA PATO SOUTO	00:03:45	00:04:41		A CORUÑA		
	6	5512	NOA FDEZ.DE LA PRADILLA NOYA	00:03:55	00:04:54		CLUB ATLETISM SADA		
	7	4334	EVA CASADO NÚÑEZ	00:04:04	00:05:05		TROCHAMUND(A CORUÑA		
	8	4346	SARA FUENTES RODRIGUEZ	00:04:05	00:05:06		A CORUÑA		
	9	5514	CARMEN ALMARZA LANDRISCINI	00:04:08	00:05:10		A CORUÑA		
	10	4363	MARINA RODRIGUEZ FERNANDEZ	00:04:14	00:05:17		ABEGONDO		
	11	4382	LAURA DE PRADO VARELA	00:04:25	00:05:31		A CORUÑA		
	12	5527	TANIA LAGO FERREIRO	00:04:35	00:05:44		A CORUÑA		
	13	4374	NOA SANTOS ALÉN	00:04:37	00:05:46		A CORUÑA		
	14	4491	SABELA FIAÑO GARCÍA	00:05:06	00:06:23		ATLETISMO RIA; LA CORUÑA		