

# V MEDIO MARATÓN A CORUÑA 21, A Coruña 24/02/2013

PROBA POPULAR. Distancia: 21.097,5 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

## MASCULINO

PtoSex	Dorsal	Nombre	PtoCat	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1509	MOHEMED BOUCETTA	SNM- 1	1:05:35	0:03:07	1:05:35	0:09:15	0:20:07	0:22:03	0:31:03	0:41:53	0:43:54	1:03:40	v20383	PUERTO ALICANTE	ALICANTE
2	1508	HASSANE AHOUCAR	VT1M- 1	1:06:06	0:03:08	1:06:06	0:09:15	0:20:05	0:22:03	0:31:03	0:41:53	0:43:54	1:04:04	v-18894	C.A. CARNICAS SERRANO	VALENCIA
3	1684	PEDRO NIMO DEL ORO	SNM- 2	1:06:32	0:03:10	1:06:32	0:09:15	0:20:05	0:22:03	0:31:08	0:42:06	0:44:06	1:04:35	GA716988	BIKILA	SANTIAGO
4	2	AKKA ESSAUAOUI	SNM- 3	1:08:44	0:03:16	1:08:44	0:09:15	0:20:22	0:22:24	0:31:55	0:43:23	0:45:29	1:06:43	GA - 764361	COMESAÑA SPORTING CLUB	SALCEDA DE CASELAS
5	1445	RAFAEL FUENTES LUBIÁN	VT1M- 2	1:09:46	0:03:19	1:09:45	0:10:05	0:21:44	0:23:51	0:33:29	0:44:57	0:47:01	1:07:51	GA10165	SOCIEDAD GIMNÁSTICA DE PONTEVE	PONTEVEDRA
6	57	RUBEN CAAMAÑO NIETO	SNM- 4	1:09:58	0:03:19	1:09:58	0:10:06	0:21:44	0:23:52	0:33:30	0:44:57	0:47:00	1:07:53		ATLETISMO SAR A POUTADA	NOIA
7	72	JOSE ANTONIO RAMALLO REBOREDO	VT1M- 3	1:10:48	0:03:22	1:10:47	0:10:19	0:21:53	0:24:01	0:33:40	0:45:14	0:47:23	1:08:45	GA-12398	SAN MIGUEL DE MARIN	PONTEVEDRA
8	52	ALVARO PRIETO FERVENZA	SNM- 5	1:11:14	0:03:23	1:11:13	0:10:19	0:21:53	0:24:02	0:33:40	0:45:18	0:47:26	1:09:14	ga-764292	AFLELOU NARÓN	CANGAS
9	1441	JOSE ANTONIO REQUEJO SANTOS	SNM- 6	1:11:17	0:03:23	1:11:17	0:10:05	0:21:44	0:23:52	0:33:30	0:45:14	0:47:25	1:09:13	BU-3536	BEN CHO SHEY	BURGOS
10	1030	ALFONSO ANTONIO GÓMEZ RUIZ	VT2M- 1	1:11:53	0:03:25	1:11:53	0:10:06	0:21:52	0:24:01	0:33:59	0:45:58	0:48:10	1:09:50	M1861	AMIGOS DEL ATLE. VALDEMORO	MADRID
11	71	ABDELKADER BOUGUERROUDJ	VT1M- 4	1:12:07	0:03:26	1:12:07	0:10:05	0:21:44	0:23:51	0:33:50	0:45:50	0:48:01	1:10:06	GA-764529	RIAZOR CORUÑA	TIARET
12	1034	ROBERTO GONZÁLEZ PASCUAL	VT1M- 5	1:12:08	0:03:26	1:12:08	0:10:06	0:21:49	0:24:01	0:33:59	0:45:59	0:48:11	1:09:59	mu-15181	FONDISTAS ALCANTARILLA	PONFERRADA
13	1210	PABLO DIAZ MERA	VT1M- 6	1:12:16	0:03:26	1:12:15	0:10:07	0:21:53	0:24:02	0:34:00	0:45:59	0:48:10	1:10:10		CLUB ALEJANDRO GOMEZ	ORTIGUEIRA
14	63	MANUEL OLIVER PEREZ LOPEZ	VT2M- 2	1:12:17	0:03:26	1:12:17	0:10:06	0:21:52	0:24:02	0:34:01	0:46:04	0:48:16	1:10:14	GA-20506	CORUÑA COMARCA	CULLEREDO
15	75	JOSE MANUEL PARDO LEIS	VT1M- 7	1:13:01	0:03:28	1:13:01	0:10:06	0:21:53	0:24:02	0:34:00	0:45:59	0:48:11	1:10:53			ARTEIXO
16	55	NEMESIO LOPEZ FERNANDEZ	VT1M- 8	1:13:25	0:03:29	1:13:23	0:10:31	0:22:49	0:25:04	0:35:15	0:47:21	0:49:32	1:11:22	A-11126	ATLETISMO FONTES DO SAR	AMES
17	636	RICARDO ALVAREZ AMOR	VT2M- 3	1:13:33	0:03:30	1:13:32	0:10:07	0:21:51	0:24:01	0:34:01	0:46:06	0:48:20	1:11:21		VERXEL NUTRICIÓN DEPORTIVA	VALDOVIÑO
18	1032	PABLO CARRERA BLANCO	SNM- 7	1:13:39	0:03:30	1:13:39	0:10:30	0:22:48	0:25:04	0:35:20	0:47:20	0:49:32	1:11:32	GA-19075	COMESAÑA SPORTING CLUB	VIGO
19	1039	JESUS MANUEL PASANDIN GARCIA	VT1M- 9	1:13:42	0:03:30	1:13:41	0:10:20	0:22:20	0:24:32	0:34:40	0:46:48	0:49:01	1:11:32			A CORUÑA
20	1440	CAYETANO GARCÍA BLANCO	SNM- 8	1:13:45	0:03:30	1:13:44	0:10:40	0:22:56	0:25:07	0:35:14	0:47:20	0:49:32	1:11:38	GA 764720	A.D.PORTO DO SON	PORTO DO SON
21	1031	DAVID PÉREZ SANTAMARIA	VT2M- 4	1:13:52	0:03:31	1:13:50	0:10:26	0:22:43	0:24:55	0:35:09	0:47:23	0:49:36	1:11:48	AG763850	ATLETISMO SAR A POUTADA	PADRON
22	516	JUAN CARLOS CASAL PEREZ	VT1M- 10	1:13:56	0:03:31	1:13:55	0:10:18	0:22:08	0:24:16	0:34:23	0:46:40	0:48:55	1:11:45	GA717067	CLUB ALEJANDRO GOMEZ-ACADE	SANTIAGO
23	1444	JAVIER TOURIS FORNOS	VT1M- 11	1:15:32	0:03:35	1:15:30	0:10:35	0:22:43	0:24:55	0:35:09	0:47:29	0:49:51	1:13:18	GA-20507	CORUÑA COMARCA	LA CORUÑA
24	53	ALBERTO CAROU CARRIL	SNM- 9	1:15:36	0:03:35	1:15:34	0:10:22	0:22:42	0:24:57	0:35:20	0:47:51	0:50:09	1:13:22	AG765673	ATLETICO BERTAMIRANS	BERTAMIRANS
25	1029	PEDRO ALEN MIJEZ	VT2M- 5	1:15:46	0:03:36	1:15:43	0:10:57	0:23:37	0:25:53	0:36:18	0:48:43	0:51:00	1:13:35	A7072	A.A SILVA	CARBALLO
26	1046	CESAR VAZQUEZ AGRA	SNM- 10	1:16:12	0:03:37	1:16:10	0:10:29	0:22:55	0:25:12	0:35:56	0:48:27	0:50:44	1:14:03			LA CORUÑA
27	61	JOSE ANTONIO RECOUSO CAAMAÑO	VT1M- 12	1:16:40	0:03:39	1:16:39	0:10:39	0:22:57	0:25:12	0:35:55	0:48:34	0:50:52	1:14:31	A-9763	CORUÑA COMARCA	A CORUÑA
28	54	LUIS ALFONSO NOVO VEIGA	SNM- 11	1:16:41	0:03:39	1:16:38	0:10:39	0:23:11	0:25:28	0:35:55	0:48:28	0:50:48	1:14:31	A-9802	ATLETISMO BOIMORTO	A CORUÑA
29	1286	JOSE ANTONIO ALVAREZ OTERO	VT1M- 13	1:17:20	0:03:40	1:17:18	0:10:27	0:22:57	0:25:14	0:35:56	0:48:40	0:51:02	1:15:03			VIGO
30	517	OSCAR FAZOS BARBEITO	SNM- 12	1:17:22	0:03:40	1:17:20	0:10:42	0:23:21	0:25:44	0:36:33	0:49:28	0:51:49	1:15:17	AG766303	CORUÑA COMARCA	CAMBRE
31	1292	AGUSTÍN GONZÁLEZ ÁLVAREZ	SNM- 13	1:17:22	0:03:40	1:16:45	0:11:32	0:24:18	0:26:38	0:37:18	0:49:55	0:52:14	1:15:14			A GUARDA
32	1035	LUIS PÉREZ SÁNCHEZ	SNM- 14	1:17:23	0:03:41	1:17:23	0:10:59	0:23:57	0:26:19	0:37:06	0:49:51	0:52:10	1:15:17	ZA-0372	VINO DE TORO	TORO
33	80	MIGUEL DAPORTA MÉNDEZ	VT1M- 14	1:17:28	0:03:41	1:17:27	0:11:00	0:23:57	0:26:19	0:37:07	0:49:50	0:52:09	1:15:18			POIO
34	1036	SAMUEL FERRERAS JIMENEZ	SNM- 15	1:17:28	0:03:41	1:17:28	0:10:59	0:23:57	0:26:19	0:37:05	0:49:49	0:52:09	1:15:16		VINO DE TORO	PONFERRADA
35	76	JOSÉ LUIS GONZÁLEZ NÚÑEZ	SNM- 16	1:17:31	0:03:41	1:17:29	0:10:38	0:23:04	0:25:22	0:35:57	0:48:45	0:51:08	1:15:16			TEO
36	1057	JUAN LUIS RUIZ BUJAN	VT2M- 6	1:17:42	0:03:41	1:17:39	0:10:43	0:23:17	0:25:37	0:36:19	0:49:06	0:51:29	1:15:24			VEDRA
37	1519	SALVADOR VAZQUEZ FERREIRO	VT1M- 15	1:17:43	0:03:42	1:17:41	0:11:09	0:24:00	0:26:19	0:37:05	0:49:51	0:52:10	1:15:27			CARRAL ( A CORUÑA)
38	1072	CONSTANTE LORENZO SANTOS	VT1M- 16	1:17:50	0:03:42	1:17:50	0:10:35	0:23:04	0:25:22	0:35:56	0:48:42	0:51:00	1:15:31			MUXIA
39	467	ALBERTO RILO MOSTEIRO	JNM- 1	1:18:02	0:03:42	1:17:58	0:11:07	0:23:58	0:26:19	0:37:05	0:49:51	0:52:09	1:15:47			A CORUÑA
40	1041	HORACIO MUÑOZ FERNÁNDEZ	SNM- 17	1:18:05	0:03:43	1:18:03	0:11:30	0:24:34	0:26:57	0:37:55	0:50:53	0:53:12	1:15:59			SARRIA
41	66	PABLO FERNÁNDEZ VÁZQUEZ	SNM- 18	1:18:06	0:03:43	1:18:05	0:10:41	0:23:18	0:25:37	0:36:17	0:49:08	0:51:31	1:15:47	AG-765824	ESCOLA ATLÉTICA BENCHOSHEY	O BOLO
42	73	MAYKEL PORTELA PORTELA	SNM- 19	1:18:07	0:03:43	1:18:05	0:10:59	0:23:56	0:26:18	0:37:07	0:50:01	0:52:21	1:15:50	ga-19645	VILA DE CANGAS	BUEU
43	59	ELADIO GÓMEZ ROSALES	SNM- 20	1:18:13	0:03:43	1:18:12	0:10:40	0:23:13	0:25:33	0:36:16	0:49:18	0:51:41	1:15:58	A10060	AURUM	OURENSE
44	69	JOSE MANUEL TEIJEIRO IGLESIAS	VT1M- 17	1:18:17	0:03:43	1:18:14	0:11:08	0:24:03	0:26:26	0:37:18	0:50:11	0:52:30	1:16:04	AG-763589	RIA FERROL CONCEPCION ARENAL	NARON
45	1065	FERNANDO REVUELTA MÉNDEZ	VT2M- 7	1:18:29	0:03:44	1:18:27	0:10:59	0:23:57	0:26:19	0:37:07	0:49:51	0:52:10	1:16:12			O BARCO
46	51	JAVIER SEOANE PUGA	VT1M- 18	1:18:42	0:03:44	1:18:41	0:10:45	0:23:37	0:25:58	0:36:55	0:49:54	0:52:15	1:16:28	AG766449	A.D.C.BOMBEIROS CORUÑA	A CORUÑA
47	515	JOSE LUIS BOUZA FREIRE	VT3M- 1	1:18:42	0:03:44	1:18:41	0:11:08	0:24:03	0:26:26	0:37:18	0:50:13	0:52:33	1:16:28	GA17180	AFLELOU NARON	FERROL
48	64	LINO SEOANE NARANJO	VT2M- 8	1:18:43	0:03:44	1:18:41	0:10:50	0:23:46	0:26:10	0:37:06	0:50:07	0:52:29	1:16:28	AG-7673145	CORUÑA COMARCA	A CORUÑA
49	1443	ADRIAN VARELA SANZ	SNM- 21	1:18:46	0:03:44	1:18:45	0:11:04	0:24:02	0:26:25	0:37:18	0:50:09	0:52:29	1:16:28	a-7934	CORUÑA COMARCA	LA CORUÑA
50	1037	JOSÉ MANUEL GONZÁLEZ IGLESIAS	SNM- 22	1:18:50	0:03:45	1:18:49	0:11:07	0:24:03	0:26:25	0:37:19	0:50:13	0:52:34	1:16:29			LA CORUÑA
51	594	JUAN BAPTISTA SUAREZ CRUCES	VT1M- 19	1:18:51	0:03:45	1:18:49	0:11:13	0:24:14	0:26:36	0:37:18	0:50:05	0:52:26	1:16:33		TANINOS RUNNERS PONTEAREAS	PONTEAREAS
52	1102	ALBERTO SAN EMETERIO FERNANDEZ	SNM- 23	1:18:54	0:03:45	1:18:49	0:11:30	0:24:34	0:26:57	0:37:47	0:50:37	0:52:57	1:16:39			LUGO
53	425	JOSE MANUEL CACHAFEIRO LÓPEZ	VT1M- 20	1:18:59	0:03:45	1:18:57	0:11:29	0:24:36	0:26:56	0:37:25	0:50:04	0:52:25	1:16:37			SARRIA
54	144	FERNANDO MANUEL LOPEZ DE LAS HERAS	VT1M- 21	1:19:29	0:03:47	1:19:24	0:10:46	0:23:37	0:25:58	0:37:00	0:49:59	0:52:24	1:17:05			CULLEREDO
55	1451	ALBERTO CASTRO BLANCO	VT1M- 22	1:19:30	0:03:47	1:19:26	0:11:15	0:24:15	0:26:37	0:37:26	0:50:13	0:52:32	1:17:07			ARANGA
56	1513	JOSE MANUEL CARRERA MARTINEZ	VT1M- 23	1:19:43	0:03:47	1:19:39	0:11:14	0:24:14	0:26:36	0:37:27	0:50:35	0:52:57	1:17:25		TANINOS RUNNERS PONTEAREAS	PONTEAREAS
57	87	IVAN SEGAE CAROU	SNM- 24	1:19:44	0:03:47	1:19:41	0:11:06	0:24:02	0:26:24	0:37:20	0:50:15	0:52:37	1:17:20	AG-766602	ATLETISMO BOIMORTO	A CORUÑA
58	492	MARIO FRANCISCO FERNÁNDEZ	VT2M- 9	1:19:50	0:03:48	1:19:45	0:11:07	0:24:03	0:26:25	0:37:19	0:50:14	0:52:38	1:17:25			A CORUÑA
59	101	ANGEL FERRARI AUGUSTO	PRM- 1	1:19:55	0:03:48	1:19:54	0:11:12	0:24:16	0:26:39	0:37:42	0:50:52	0:53:17	1:17:31		CLUB ATLETISMO VILA DE CANGAS	CANGAS
60	129	PABLO BARRIO VILAR	VT1M- 24	1:20:00	0:03:48	1:19:58	0:11:38	0:24:53	0:27:16	0:38:21	0:51:32	0:53:56	1:17:52			ARTEIXO
61	1093	ADRIAN LAMAPEREIRA YAÑEZ	SNM- 25	1:20:06	0:03:48	1:20:03	0:11:31	0:24:50	0:27:16	0:38:22	0:51:32	0:53:56	1:17:53			SARRIA
62	1520	JOSE MARIA AGUETE LEMA	SNM- 26	1:20:08	0:03:48	1:20:03	0:11:25	0:24:33	0:26:58	0:38:00	0:51:10	0:53:35	1:17:50			A CORUÑA
63	1062	FERNANDO PEREZ REBOREDO	SNM- 27	1:20:20	0:03:49	1:20:18	0:11:27	0:24:35	0:26:59	0:38:02	0:51:15	0:53:40	1:18:01			

74	1089	ELEUTERIO MANUEL COUCEIRO EIRIS	VT2M- 12	1:21:02	0:03:51	1:20:59	0:11:19	0:24:35	0:26:59	0:38:02	0:51:24	0:53:52	1:18:40			CAMBRE
75	585	JOSE MANUEL GONZALEZ CHARLON	VT1M- 30	1:21:03	0:03:51	1:21:00	0:11:43	0:24:59	0:27:21	0:38:24	0:51:34	0:53:57	1:18:43			C. A. AS MARIÑAS BETANZOS
76	109	MIGUEL ÁNGEL NOGUEIRA PEREZ	SNM- 30	1:21:15	0:03:52	1:21:11	0:11:49	0:25:31	0:27:59	0:39:27	0:52:53	0:55:18	1:19:07	AG 9793	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
77	185	GONZALO MUÑO CODESIDO	VT2M- 13	1:21:16	0:03:52	1:21:15	0:11:27	0:24:51	0:27:16	0:38:24	0:51:35	0:54:01	1:18:54			CAMBRE
78	1302	JOSE NAVARRO ANTON	VT1M- 31	1:21:24	0:03:52	1:20:50	0:11:56	0:25:37	0:28:05	0:39:29	0:52:53	0:55:18	1:19:12			BOIRO
79	104	RUBEN VILA SIEIRA	VT1M- 32	1:21:27	0:03:52	1:21:22	0:11:56	0:25:37	0:28:05	0:39:29	0:52:53	0:55:18	1:19:12			EGOBARROS-VIVEIRO
80	1412	GUSTAVO LÓPEZ MARTÍNEZ	VT1M- 33	1:21:33	0:03:52	1:21:25	0:11:30	0:24:48	0:27:14	0:38:28	0:51:57	0:54:25	1:19:09			CAMBADOS
81	161	MANUEL FREIRE GONZALEZ	SNM- 31	1:21:37	0:03:53	1:21:30	0:11:40	0:25:12	0:27:34	0:38:48	0:52:01	0:54:27	1:19:17			BUEU
82	1071	IVAN RUBIO RUBIRA	VT1M- 34	1:21:38	0:03:53	1:21:32	0:11:44	0:25:23	0:27:53	0:39:14	0:52:45	0:55:10	1:19:18			ARTEIXO
83	1040	LUIS MENDEZ TORRES	VT2M- 14	1:21:39	0:03:53	1:21:37	0:11:31	0:24:49	0:27:13	0:38:22	0:51:56	0:54:24	1:19:19			POBRA DO CARAMIÑAL
84	1033	JOSE VAZQUEZ ROJO	VT2M- 15	1:21:41	0:03:53	1:21:37	0:11:49	0:25:29	0:27:59	0:39:27	0:52:54	0:55:20	1:19:23	AG-8785	ESPRINTES OURENSE	OURENSE
85	1056	LORENZO SÁNCHEZ MARCOS	VT2M- 16	1:21:50	0:03:53	1:21:41	0:12:10	0:25:48	0:28:15	0:39:30	0:52:54	0:55:19	1:19:33	AG767020	RUNNING FOR GENTLEMAN	A CORUÑA
86	1154	RAFA FONTAL ALONSO	VT1M- 35	1:21:50	0:03:53	1:21:40	0:11:45	0:25:20	0:27:51	0:39:14	0:52:49	0:55:18	1:19:31			A CORUÑA
87	1463	ALEJANDRO (CANO ) ALDAO LOPEZ	VT1M- 36	1:21:51	0:03:53	1:21:19	0:12:26	0:25:47	0:28:11	0:39:25	0:52:42	0:55:06	1:19:31			LA CORUÑA
88	164	CESAR BARRIOS GONZALEZ	VT2M- 17	1:21:53	0:03:53	1:21:51	0:11:38	0:25:03	0:27:30	0:38:49	0:52:18	0:54:46	1:19:32			A CORUÑA
89	1061	JOSE ALBERTO ARES DEL VALLE	SNM- 32	1:21:55	0:03:53	1:21:52	0:11:37	0:25:06	0:27:32	0:38:54	0:52:30	0:54:59	1:19:35			HORTA
90	1448	MANUEL NODAR JIMENEZ	SNM- 33	1:21:56	0:03:53	1:21:54	0:10:48	0:23:32	0:25:54	0:36:55	0:50:07	0:52:37	1:19:08			SANTIAGO DE COMPOSTELA
91	95	SERGIO CURRA PASTORIZA	SNM- 34	1:22:01	0:03:54	1:22:00	0:11:41	0:25:01	0:27:28	0:38:45	0:52:13	0:54:46	1:19:41	AG764957	C.A. SAMERTOLAMEU	MOAÑA
92	1042	DAVID BRUN PINTOR	VT2M- 18	1:22:10	0:03:54	1:22:09	0:11:31	0:24:51	0:27:18	0:38:26	0:51:56	0:54:26	1:19:40			LA CORUÑA
93	1073	FERMÍN LÓPEZ AGRA	SNM- 35	1:22:15	0:03:54	1:22:08	0:11:53	0:25:06	0:27:32	0:38:47	0:52:18	0:54:47	1:19:48			A CORUÑA
94	1512	FRANCISCO JOSE RUIZ GONZALEZ	VT3M- 3	1:22:21	0:03:55	1:22:17	0:11:53	0:25:37	0:28:07	0:39:28	0:52:53	0:55:20	1:20:00		LOS PENULTIMOS	LA BAÑEZA
95	93	SANTIAGO VÁZQUEZ COLLAZO	VT2M- 19	1:22:25	0:03:55	1:22:21	0:11:53	0:25:36	0:28:05	0:39:25	0:52:49	0:55:17	1:20:00	GA717165	ATLETISMO RIAZOR CORUÑA	A CORUÑA
96	600	JOSE TOMAS BUJAN DOSIL	VT2M- 20	1:22:32	0:03:55	1:22:27	0:11:38	0:25:02	0:27:31	0:38:53	0:52:32	0:55:00	1:20:08			BERGONDO
97	78	JOSÉ MANUEL ÁLVAREZ RIVAS	VT2M- 21	1:22:33	0:03:55	1:22:31	0:12:07	0:25:50	0:28:19	0:39:41	0:53:08	0:55:37	1:20:10			LUGO
98	186	JOSE MARIA SANCHEZ SAN LUIS	SNM- 36	1:22:34	0:03:55	1:22:22	0:12:34	0:26:31	0:29:03	0:40:33	0:54:10	0:56:36	1:20:21			CULLEREDO
99	1044	AQUILINO ASENJO PACIOS	VT2M- 22	1:22:35	0:03:55	1:22:31	0:11:34	0:24:50	0:27:16	0:38:29	0:52:15	0:54:45	1:20:07			VILLAVERDE ABADIA
100	1047	JOSE ANTONIO COSTA RODRIGUEZ	VT2M- 23	1:22:42	0:03:56	1:22:40	0:11:29	0:25:07	0:27:37	0:39:02	0:52:46	0:55:15	1:20:16		AGRUPACIÓN ATLÉTICA MAZÍ	CAMBADOS
101	157	ROBERTO SOUSA FERNANDEZ	VT2M- 24	1:22:46	0:03:56	1:22:44	0:11:34	0:25:06	0:27:35	0:38:58	0:52:30	0:55:01	1:20:30			SANTIAGO DE COMPOSTELA
102	151	AARÓN CABADO VÁZQUEZ	PRM- 2	1:22:46	0:03:56	1:22:34	0:11:50	0:25:29	0:27:58	0:39:26	0:52:58	0:55:28	1:20:29			LUGO
103	182	JUAN CARLOS VILLADÓNIGA GARROTE	VT1M- 37	1:22:54	0:03:56	1:22:50	0:11:48	0:25:21	0:27:52	0:39:19	0:52:57	0:55:25	1:20:34			NARON
104	178	JOSÉ MANUEL RODRIGUEZ TAJES	VT3M- 4	1:22:57	0:03:56	1:22:53	0:11:51	0:25:24	0:27:54	0:39:16	0:52:51	0:55:20	1:20:37			CAMARIÑAS
105	1511	LUIS CASAL AUGE	SNM- 37	1:22:57	0:03:56	1:22:50	0:12:10	0:25:49	0:28:19	0:39:40	0:53:08	0:55:37	1:20:36		CLUB ATLETISMO SADA	A CORUÑA
106	1054	BERNARDO GARCIA DE PAZ	VT2M- 25	1:22:57	0:03:56	1:22:50	0:12:09	0:25:49	0:28:19	0:39:39	0:53:08	0:55:37	1:20:36	GA764657	RUNAWAYS	LA CORUÑA
107	1080	MIGUEL PUENTE RAPELA	VT1M- 38	1:22:57	0:03:56	1:22:51	0:11:40	0:25:05	0:27:33	0:38:50	0:52:27	0:54:57	1:20:31			A CORUÑA
108	1670	ERNESTO SOBRINO MARFULL	SNM- 38	1:23:00	0:03:57	1:22:51	0:11:50	0:25:11	0:27:36	0:38:53	0:52:26	0:54:56	1:20:34			A CORUÑA
109	1078	MANUEL ABEL PASTORIZA MIRANDA	VT1M- 39	1:23:00	0:03:57	1:22:58	0:12:06	0:25:47	0:28:18	0:39:43	0:53:22	0:55:49	1:20:44		riazor coruña	A CORUÑA
110	169	XOSE CARLOS GONZÁLEZ AVIÓN	VT1M- 40	1:23:02	0:03:57	1:22:57	0:12:09	0:26:07	0:28:42	0:40:28	0:54:10	0:56:36	1:20:40			VILAGARCIA
111	593	EDUARDO PINO MARTINEZ	VT1M- 41	1:23:11	0:03:57	1:23:07	0:11:37	0:25:05	0:27:32	0:38:54	0:52:36	0:55:08	1:20:42		TANINOS RUNNERS PONTEAREAS	PONTEAREAS
112	154	ROI BARROS CORRAL	SNM- 39	1:23:12	0:03:57	1:23:08	0:12:11	0:26:06	0:28:37	0:40:08	0:53:43	0:56:12	1:20:52			A CORUÑA
113	188	ROY GONZÁLEZ SALGADO	SNM- 40	1:23:15	0:03:57	1:23:11	0:11:51	0:25:31	0:27:59	0:39:28	0:53:09	0:55:34	1:20:53	AG10628	A. D. LIMIACTIVA	XINZO DE LIMIA
114	1043	RICARDO SANZO	VT2M- 26	1:23:16	0:03:57	1:23:13	0:12:33	0:26:25	0:28:54	0:40:04	0:53:26	0:55:56	1:20:56			A CORUÑA
115	92	ROBERTO VALE GARCIA	VT2M- 27	1:23:17	0:03:57	1:23:13	0:11:52	0:25:25	0:27:54	0:39:14	0:52:49	0:55:18	1:20:53		ATLETISMO MONTE SEGADE	LUGO
116	1367	SERGIO GIGARE AMADO	SNM- 41	1:23:17	0:03:57	1:22:42	0:12:35	0:26:10	0:28:38	0:40:00	0:53:36	0:56:05	1:21:08			SANTIAGO DE COMPOSTELA
117	591	DANIEL PORTO PEDROSA	VT1M- 42	1:23:18	0:03:57	1:23:13	0:11:53	0:25:37	0:28:05	0:39:30	0:53:08	0:55:37	1:20:57		TANINOS RUNNERS PONTEAREAS	PONTEAREAS
118	137	EMILIO CAPELÁN MARTINEZ	SNM- 42	1:23:26	0:03:58	1:23:20	0:11:51	0:25:11	0:27:36	0:38:48	0:52:23	0:54:55	1:20:51			CULLEREDO
119	116	JOSE LUIS NAYA ORGEIRA	VT2M- 28	1:23:29	0:03:58	1:23:24	0:11:53	0:25:36	0:28:05	0:39:26	0:52:59	0:55:29	1:21:01	AG767018	RUNAWAYS	A CORUÑA
120	445	RICARDO VILLAR RODRIGUEZ	VT2M- 29	1:23:31	0:03:58	1:22:59	0:12:11	0:25:39	0:28:04	0:39:24	0:53:01	0:55:31	1:21:01			SANTA COMBA
121	1059	HUGO PACHÓN MORENO	SNM- 43	1:23:33	0:03:58	1:23:26	0:12:04	0:25:37	0:28:05	0:39:25	0:52:58	0:55:28	1:20:59			A CORUÑA
122	505	JOSE ANTONIO TEMBRAS AMENEIRO	VT2M- 30	1:23:33	0:03:58	1:23:30	0:12:08	0:25:50	0:28:19	0:39:40	0:53:08	0:55:37	1:21:04			AS PONTES
123	1038	MIGUEL MARTINEZ BASURCO	VT2M- 31	1:23:35	0:03:58	1:23:33	0:11:37	0:25:05	0:27:32	0:38:54	0:52:30	0:54:59	1:21:03			VILLAFRANCA DEL BIERZO
124	146	EDUARDO SAAVEDRA LAGARES	SNM- 44	1:23:44	0:03:59	1:23:40	0:11:42	0:25:09	0:27:38	0:39:03	0:52:47	0:55:19	1:21:13			NARÓN
125	100	ROBERTO GARCÍA PAZOS	SNM- 45	1:23:47	0:03:59	1:23:42	0:11:50	0:25:23	0:27:53	0:39:24	0:53:03	0:55:36	1:21:28	AG764744	CLUB ATLETISMO SADA	SADA
126	155	MARCOS GONZALEZ TALAVERO	VT2M- 32	1:23:48	0:03:59	1:23:48	0:12:06	0:25:47	0:28:18	0:39:43	0:53:22	0:55:53	1:21:22			A CORUÑA
127	1067	EMILIO JOSÉ DIESTE REGADES	VT1M- 43	1:23:59	0:03:59	1:23:52	0:12:08	0:26:04	0:28:35	0:40:04	0:53:52	0:56:24	1:21:39			A POBRA DO CARAMIÑAL
128	1081	RAMON COLLAZO MOSQUERA	VT2M- 33	1:23:59	0:03:59	1:23:54	0:11:52	0:25:33	0:28:00	0:39:27	0:53:05	0:55:37	1:21:31			SANTIAGO
129	380	CARLOS DEZA RODRIGUEZ	VT1M- 44	1:24:11	0:04:00	1:23:49	0:11:53	0:25:30	0:27:59	0:39:26	0:52:59	0:55:29	1:21:37	AG767351	PATUKOS TIM RANIN	CULLEREDO
130	97	ANTONIO FERNANDEZ HERMIDA	VT3M- 5	1:24:13	0:04:00	1:24:07	0:12:10	0:26:04	0:28:35	0:40:03	0:53:53	0:56:23	1:21:42	GA-19412	CLUB ATLETISMO NOIA	SANTIAGO DE COMPOSTELA
131	1168	PABLO GONZALEZ FERNANDEZ	SNM- 46	1:24:19	0:04:00	1:24:05	0:12:29	0:26:11	0:28:38	0:40:00	0:53:37	0:56:05	1:21:46			RIBEIRA
132	237	RAMON EUGENIO MOSQUERA SILVA	VT1M- 45	1:24:20	0:04:00	1:24:07	0:11:52	0:25:24	0:27:54	0:39:25	0:53:16	0:55:49	1:21:53			LA CORUÑA
133	529	JOSE ANGEL PITA TORRES	VT3M- 6	1:24:23	0:04:00	1:24:15	0:12:32	0:26:23	0:28:55	0:40:16	0:53:49	0:56:17	1:21:51			CEDEIRA
134	1070	JORGE MANUEL GARCIA RODRIGUEZ	VT1M- 46	1:24:29	0:04:01	1:24:20	0:12:30	0:26:36	0:29:08	0:40:52	0:54:38	0:57:10	1:22:03			SANTIAGO DE COMPOSTELA
135	1094	MARIO GARCIA FERNANDEZ	VT1M- 47	1:24:29	0:04:01	1:24:26	0:11:51	0:25:30	0:28:00	0:39:31	0:53:20	0:55:55	1:22:00			RIBADEO
136	1085	DAVID ROMERO ALORES	VT1M- 48	1:24:33	0:04:01	1:24:22	0:12:27	0:26:13	0:28:42	0:40:11	0:54:03	0:56:37	1:22:11			A CORUÑA
137	1104	RICARDO ARIAS ALVAREDO	VT2M- 34	1:24:34	0:04:01	1:24:31	0:11:41	0:25:23	0:27:54	0:39:39	0:53:41	0:56:14	1:22:08			SARRIA
138	70	NICOLAS MANUEL SEDES DOCE	VT1M- 49	1:24:37	0:04:01	1:24:35	0:12:06	0:26:00	0:28:36	0:40:11	0:54:01	0:56:37	1:22:05	G17185	RIA FERROL CONCEPCION ARENAL	FERROL
139	1198	JESUS BECEIRO NOVO	VT1M- 50	1:24:38	0:04:01	1:23:58	0:12:47	0:26:29	0:28:52	0:40:16	0:53:49	0:56:18	1:22:11			FERROL</

154	604 ESTEBAN FERNANDEZ DIAZ	SNM- 49	1:25:27	0:04:04	1:24:53	0:13:07	0:26:56	0:29:24	0:41:06	0:54:52	0:57:20	1:23:06	AG766855	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
155	108 MARCOS LOSADA GARCIA	VT1M- 57	1:25:28	0:04:04	1:25:20	0:12:30	0:26:36	0:29:08	0:40:52	0:54:46	0:57:21	1:23:07	AG 763757	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
156	184 JAVIER ARIAS DE LA VEGA	VT2M- 39	1:25:29	0:04:04	1:25:22	0:12:15	0:26:24	0:28:57	0:40:49	0:54:48	0:57:21	1:23:05			MONFORTE DE LEMOS
157	1048 JOSE MATIAS REGUEIRA BOO	VT4M- 1	1:25:30	0:04:04	1:25:25	0:12:13	0:26:04	0:28:36	0:40:12	0:54:11	0:56:44	1:23:01	GA-19236	ATLETISMO BARBANZA	A POBRA DO CARAMIÑAL
158	1450 PABLO FEIJOO LOUREIRO	VT2M- 40	1:25:40	0:04:04	1:25:33	0:12:03	0:26:05	0:28:39	0:40:24	0:54:20	0:56:51	1:22:57	AG-766598	ATLETAS VETERANOS OURENSE	SANDIÁS-(OURENSE).
159	128 DIEGO MARTINEZ RIBAO	SNM- 50	1:25:40	0:04:04	1:25:38	0:11:52	0:25:30	0:28:00	0:39:28	0:53:16	0:55:51	1:22:57			OURENSE
160	1516 FERNANDO CASTRO PAREDES	VT1M- 58	1:25:46	0:04:04	1:25:41	0:12:07	0:26:01	0:28:35	0:40:16	0:54:23	0:57:01	1:23:13			SANTIAGO DE COMPOSTELA
161	122 MATIAS LOSADA ARCA	VT2M- 41	1:25:47	0:04:04	1:25:40	0:12:31	0:26:25	0:28:59	0:40:40	0:54:46	0:57:22	1:23:21			A CORUÑA
162	1055 EDUARDO SEOANE SANTISO	VT1M- 59	1:25:50	0:04:05	1:25:42	0:12:44	0:27:03	0:29:37	0:41:31	0:55:16	0:57:48	1:23:31	ga76458	RUNAWAYS	LA CORUÑA
163	523 PABLO ANLLO RIVEIRO	VT2M- 42	1:25:50	0:04:05	1:25:41	0:12:43	0:27:03	0:29:37	0:41:31	0:55:15	0:57:48	1:23:30	GA764670	RUNAWAYS RUNNING CLUB FOR	A CORUÑA
164	527 DIEGO ÁLVAREZ SOTO	SNM- 51	1:25:51	0:04:05	1:25:40	0:12:34	0:26:34	0:29:06	0:40:42	0:54:36	0:57:13	1:23:31			NARÓN
165	1221 CARLOS LOPEZ PEREZ	SNM- 52	1:25:54	0:04:05	1:25:47	0:12:23	0:26:27	0:29:01	0:40:59	0:55:08	0:57:42	1:23:28			LUGO
166	106 CHRISTIAN SANCHEZ OTERO	VT1M- 60	1:25:55	0:04:05	1:25:52	0:12:04	0:26:10	0:28:42	0:40:35	0:54:46	0:57:22	1:23:24		FONTES DO SAR	SANTIAGO DE COMPOSTELA
167	284 FERNANDO PÉREZ HERNÁNDEZ	VT2M- 43	1:26:00	0:04:05	1:25:42	0:12:38	0:26:31	0:29:04	0:40:54	0:54:53	0:57:27	1:23:28			A CORUÑA
168	1567 LUCIANO JESÚS CARRETERO SANCHEZ	SNM- 53	1:26:01	0:04:05	1:25:47	0:12:44	0:26:49	0:29:20	0:41:11	0:55:08	0:57:39	1:23:28		AQUAGESTC.C	A CORUÑA
169	1091 JOSE MANUEL GARCIA PAZ	VT1M- 61	1:26:02	0:04:05	1:25:59	0:11:54	0:25:33	0:28:00	0:39:47	0:53:54	0:56:29	1:23:36			BETANZOS
170	1515 DAVID CASTRO GRAIÑO	SNM- 54	1:26:04	0:04:05	1:25:52	0:12:44	0:26:46	0:29:24	0:41:12	0:55:08	0:57:41	1:23:36			A CORUÑA
171	589 FEDERICO JOSÉ LESENDE VALIÑO	VT1M- 62	1:26:05	0:04:05	1:26:03	0:11:39	0:25:31	0:28:07	0:39:58	0:54:21	0:57:02	1:23:35		NOSPORTLIMIT TREK A CORUÑA	LA CORUÑA
172	1447 JESUS RODRIGUEZ MOURINO	SNM- 55	1:26:09	0:04:05	1:26:06	0:12:06	0:26:00	0:28:31	0:40:04	0:53:55	0:56:32	1:23:28			NOIA
173	86 JOSE MANUEL CERNADAS TRILLO	VT2M- 44	1:26:11	0:04:06	1:26:00	0:12:47	0:27:06	0:29:41	0:41:32	0:55:41	0:58:17	1:23:53	AG11105	ATLETICO BERTAMIRANS	BERTAMIRANS
174	132 JORGE BLANCO LÓPEZ	VT1M- 63	1:26:20	0:04:06	1:26:17	0:11:54	0:26:00	0:28:36	0:40:28	0:54:46	0:57:21	1:23:49			FERROL
175	118 DIEGO CRUZ PENA	VT1M- 64	1:26:21	0:04:06	1:26:16	0:12:24	0:26:27	0:29:01	0:40:50	0:55:06	0:57:42	1:23:49	46895911S	TRIATLON CORUÑA	A CORUÑA
176	1086 ALVARO LÓPEZ JÁCOME	VT1M- 65	1:26:21	0:04:06	1:26:18	0:11:54	0:25:50	0:28:22	0:40:11	0:54:24	0:56:59	1:23:51			LA CORUÑA
177	1361 JOSE RAMON SANCHEZ QUINTELA	SNM- 56	1:26:24	0:04:06	1:26:40	0:14:01	0:28:16	0:30:54	0:42:45	0:56:40	0:59:12	1:24:10			LUGO
178	88 JUAN CARLOS BRANDÓN RODRIGUEZ	VT3M- 8	1:26:24	0:04:06	1:26:21	0:12:22	0:26:41	0:29:18	0:41:17	0:55:34	0:58:10	1:24:01	A-11133	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
179	1211 ANGEL LOZANO NOVAS	VT1M- 66	1:26:25	0:04:06	1:26:05	0:12:51	0:27:18	0:29:58	0:41:57	0:56:03	0:58:36	1:24:01		CLUB ALEJANDRO GOMEZ	ORTIGUEIRA
180	105 JOSE ANTONIO JUANATEY PÉREZ	VT2M- 45	1:26:26	0:04:06	1:26:22	0:12:21	0:26:41	0:29:18	0:41:18	0:55:34	0:58:11	1:24:00	A-9873	FONTES DO SAR	SANTIAGO
181	172 ISMAEL MANEIRO FERREIRO	SNM- 57	1:26:27	0:04:06	1:26:19	0:11:39	0:25:20	0:27:53	0:39:34	0:54:03	0:56:51	1:23:53			A CORUÑA
182	598 COSME MARTINEZ NAYA	SNM- 58	1:26:31	0:04:07	1:25:44	0:12:29	0:26:24	0:29:01	0:40:53	0:55:05	0:57:39	1:23:59			CULLEREDO
183	364 JESUS BLANCO MONTERO	VT2M- 46	1:26:35	0:04:07	1:26:31	0:12:07	0:25:52	0:28:25	0:40:15	0:54:35	0:57:15	1:24:13	AG765690	CASTRO DE LOVADIZ	AS PONTES
184	107 JOSE LUIS PRADO MONTERO	VT2M- 47	1:26:37	0:04:07	1:26:30	0:12:40	0:27:02	0:29:36	0:41:39	0:55:52	0:58:27	1:24:16	AG-764436	MARINEDA ATLETICO	CULLEREDO
185	1100 LORENZO MARCOS MATO ARMAS	VT3M- 9	1:26:38	0:04:07	1:26:19	0:13:00	0:26:54	0:29:24	0:41:06	0:55:06	0:57:39	1:24:02			PALAS DE REI
186	112 GONZALO SILVA BRENLLA	SNM- 59	1:26:42	0:04:07	1:26:31	0:12:31	0:26:40	0:29:15	0:41:16	0:55:25	0:58:06	1:24:18	AG 766103	NOITEBRA F.C.	SANTA COMBA
187	1098 MARCOS ALVAREZ SEOANE	VT1M- 67	1:26:43	0:04:07	1:26:35	0:12:29	0:26:33	0:29:06	0:40:50	0:55:09	0:57:49	1:24:18			ARTEIXO
188	202 ALBERTO MORLÁN OTERO	SNM- 60	1:26:48	0:04:07	1:26:32	0:12:46	0:27:10	0:29:51	0:42:00	0:56:19	0:58:54	1:24:21	AG764231	CLUB ATLETISMO SADA	SADA
189	480 RUBEN DOMÍNGUEZ GÓMEZ	SNM- 61	1:26:51	0:04:07	1:26:45	0:12:09	0:26:10	0:28:47	0:40:42	0:55:00	0:57:36	1:24:31			OURENSE
190	627 MARCOS LORENZO EIRIS	VT1M- 68	1:26:51	0:04:07	1:26:26	0:12:45	0:26:52	0:29:25	0:41:19	0:55:16	0:57:50	1:24:28			OLEIROS
191	257 FRANCISCO JAVIER PALOMO CAMPOS	VT2M- 48	1:26:54	0:04:08	1:26:42	0:12:40	0:27:05	0:29:41	0:41:45	0:55:58	0:58:31	1:24:38			SADA
192	168 CARLOS DE LA VEGA SIERRA	SNM- 62	1:26:56	0:04:08	1:26:45	0:12:42	0:27:01	0:29:39	0:41:38	0:55:55	0:58:32	1:24:27			SANTA CRUZ - OLEIROS
193	167 ÓSCAR FRESNEDO ARIAS	SNM- 63	1:26:56	0:04:08	1:26:45	0:12:42	0:27:01	0:29:39	0:41:37	0:55:55	0:58:32	1:24:29			A CORUÑA
194	103 ALBERTO PARDÓ FERNANDEZ	VT1M- 69	1:26:56	0:04:08	1:26:48	0:12:10	0:26:06	0:28:41	0:40:31	0:54:45	0:57:23	1:24:17	AG-766454	CORUÑA COMARCA	A CORUÑA
195	1617 JORGE ROSSI LÓPEZ	SNM- 64	1:26:58	0:04:08	1:25:42	0:14:04	0:27:47	0:30:17	0:41:56	0:55:59	0:58:35	1:24:28			A CORUÑA
196	114 JOSÉ ANTONIO FORMOSO GONZALEZ	VT2M- 49	1:27:00	0:04:08	1:26:49	0:12:40	0:26:55	0:29:31	0:41:35	0:55:55	0:58:33	1:24:42	AG766946	ORENRUNNING	OURENSE
197	234 HENRIQUE TELO FERNÁNDEZ	SNM- 65	1:27:02	0:04:08	1:26:47	0:12:44	0:26:41	0:29:12	0:40:59	0:55:14	0:57:51	1:24:29			CHANTADA
198	586 JAVIER LÓPEZ PINEIRO	VT2M- 50	1:27:03	0:04:08	1:26:55	0:12:34	0:26:43	0:29:17	0:41:15	0:55:33	0:58:10	1:24:39	ag 764880	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
199	152 JUAN MANUEL PINTADO COSTA	VT2M- 51	1:27:06	0:04:08	1:27:00	0:11:41	0:25:35	0:28:13	0:40:32	0:55:09	0:57:43	1:24:37			PONTEVEDRA
200	200 JUAN MENDEZ LOPEZ	VT2M- 52	1:27:09	0:04:08	1:26:53	0:12:46	0:27:11	0:29:52	0:42:00	0:56:19	0:58:54	1:24:42	AG 11270	CLUB ATLETISMO SADA	SADA
201	111 JOSÉ ANTONIO BERMÚDEZ TURNES	VT3M- 10	1:27:11	0:04:08	1:27:01	0:12:14	0:26:11	0:28:48	0:40:41	0:55:00	0:57:40	1:24:36	AG 9892	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
202	438 ALEJANDRO ESTRÁVIZ SALINAS	VT1M- 70	1:27:17	0:04:09	1:27:11	0:11:56	0:25:48	0:28:24	0:40:23	0:54:55	0:57:36	1:24:47			CULLEREDO
203	170 LUIS VILASUSO PITA	VT1M- 71	1:27:18	0:04:09	1:27:13	0:12:36	0:27:04	0:29:40	0:41:41	0:55:57	0:58:32	1:24:46			XERMEDA
204	113 SERAFIN PASCUAL CANAL	VT2M- 53	1:27:19	0:04:09	1:27:08	0:12:40	0:26:55	0:29:31	0:41:36	0:55:56	0:58:33	1:24:49	AG766945	ORENRUNNING	OURENSE
205	58 JUAN MANUEL MENDEZ FROJAN	VT1M- 72	1:27:19	0:04:09	1:27:17	0:12:06	0:26:07	0:28:40	0:40:32	0:54:48	0:57:25	1:24:37	AG763845	ATLETISMO SAR A POUTADA	BOIRO
206	180 XOSÉ MANUEL CARRERA CARRERA	VT2M- 54	1:27:20	0:04:09	1:27:12	0:12:39	0:26:54	0:29:30	0:41:28	0:55:50	0:58:30	1:24:53			PONTEAREAS
207	1533 ALBERTO GÓMEZ GARCÍA	VT1M- 73	1:27:23	0:04:09	1:26:22	0:13:28	0:27:13	0:29:40	0:41:18	0:55:16	0:57:50	1:24:43			FERROL
208	1053 SIMÓN LÓPEZ EIROA	VT1M- 74	1:27:28	0:04:09	1:27:24	0:12:44	0:27:05	0:29:41	0:41:42	0:56:01	0:58:37	1:24:55		RIAZOR	A CORUÑA
209	94 TOMAS ABELEDO PATIÑO	VT2M- 55	1:27:28	0:04:09	1:27:24	0:12:42	0:27:04	0:29:41	0:41:42	0:56:01	0:58:37	1:24:56	AG764064	ATLETISMO RIAZOR CORUÑA	CULLEREDO-A CORUÑA
210	267 DAVID CRUZ SOTO	JNM- 2	1:27:29	0:04:09	1:27:04	0:13:31	0:28:29	0:31:11	0:43:25	0:57:30	0:59:59	1:25:07			ARANGA
211	1688 ANTONIO PRIEGUE LEIS	VT2M- 56	1:27:29	0:04:09	1:27:23	0:12:38	0:27:00	0:29:39	0:41:39	0:55:57	0:58:33	1:24:52			OURENSE
212	120 PABLO GINÉS MAYOR	VT1M- 75	1:27:30	0:04:09	1:27:25	0:12:00	0:26:25	0:29:01	0:41:10	0:55:41	0:58:22	1:25:08			A CORUÑA
213	1069 JOSE ALBERTO LOPEZ FERNANDEZ	VT2M- 57	1:27:32	0:04:09	1:27:22	0:12:33	0:26:47	0:29:25	0:41:25	0:55:44	0:58:23	1:25:02			PONFERRADA
214	1097 JAVIER MONTEROSSO PRIETO	VT2M- 58	1:27:33	0:04:09	1:27:25	0:12:08	0:26:10	0:28:46	0:40:52	0:55:20	0:58:02	1:25:08			RIBEIRA
215	1052 JOSÉ RAMÓN SÁEZ SUÁREZ	SNM- 66	1:27:34	0:04:10	1:27:26	0:12:39	0:27:04	0:29:41	0:41:44	0:56:14	0:58:51	1:25:06	GA-1938	RIA FERROL CONCEPCION ARENAL	NARÓN
216	588 JOSÉ MARÍA FERNÁNDEZ BLANCO	SNM- 67	1:27:36	0:04:10	1:27:27	0:13:06	0:27:40	0:30:20	0:42:16	0:56:30	0:59:06	1:25:08		CORUÑA COMARCA	A CORUÑA
217	1105 ANTONIO ARMENTIA GALAN	VT1M- 76	1:27:36	0:04:10	1:27:25	0:12:52	0:27:16	0:29:54	0:41:58	0:56:19	0:58:54	1:25:07			A CORUÑA
218	524 AURELIO GONZALEZ LAMELAS	VT2M- 59	1:27:41	0:04:10	1:27:30	0:12:23	0:26:27	0:29:02	0:41:00	0:55:22	0:58:05	1:25:11			SANTIAGO DE COMPOSTELA
219	521 RAMON GARCIA TEIRA	VT2M- 60	1:27:41	0:04:10	1:27:31	0:12:49	0:27:53	0:30:37	0:42:58	0:57:38	1:00:16	1:25:21	AG 763932	FONTES DO SAR	SANTIAGO DE COMPOSTELA
220	1082 JAVIER FUENTES FAREGAS	SNM- 68	1:27:42	0:04:10	1:27:31	0:12:47	0:26:54	0:29:25	0:41:05	0:55:4					

234	142	JOSE MANUEL GUERRERO CASTILLO	VT1M- 79	1:28:06	0:04:11	1:27:57	0:12:50	0:27:14	0:29:52	0:42:01	0:56:23	0:59:02	1:25:29			A CORUÑA
235	150	MARCELO FILGUEIRAS	VT1M- 80	1:28:10	0:04:11	1:28:04	0:12:21	0:26:28	0:29:02	0:41:00	0:55:23	0:58:05	1:25:32			LA CORUÑA
236	259	LUIS ANDRES CASTRO ALMADA	VT1M- 81	1:28:13	0:04:11	1:28:03	0:12:50	0:27:14	0:29:52	0:42:01	0:56:24	0:59:03	1:25:37			LA CORUÑA
237	125	JOSÉ CARRERA	VT2M- 68	1:28:16	0:04:11	1:28:07	0:12:37	0:26:45	0:29:20	0:41:30	0:56:05	0:58:46	1:25:45			VIGO
238	1064	FRANCISCO COUTO COTELO	VT2M- 69	1:28:18	0:04:12	1:28:10	0:12:40	0:27:05	0:29:41	0:41:46	0:56:15	0:58:52	1:25:45			LA CORUÑA
239	1079	JAVIER GENDRE FERNANDEZ	VT1M- 82	1:28:20	0:04:12	1:28:13	0:12:17	0:26:37	0:29:16	0:41:18	0:55:34	0:58:12	1:25:43			SANTIAGO
240	134	JOSE LUIS LORENZO RIVERA	VT2M- 70	1:28:20	0:04:12	1:28:12	0:12:45	0:27:24	0:30:06	0:42:19	0:56:51	0:59:31	1:25:52			VIGO
241	1063	IGNACIO GARCIA RODRIGUEZ	SNM- 69	1:28:21	0:04:12	1:28:13	0:12:51	0:27:24	0:30:03	0:42:07	0:56:28	0:59:06	1:25:39			FENE
242	1152	FCO JAVIER ABAD MARTINEZ	VT1M- 83	1:28:22	0:04:12	1:28:04	0:12:51	0:27:14	0:29:51	0:41:59	0:56:25	0:59:02	1:25:47			A CORUÑA
243	264	IVAN HORTAS LUACES	SNM- 70	1:28:25	0:04:12	1:28:13	0:12:37	0:27:07	0:29:44	0:42:00	0:56:39	0:59:17	1:25:51			LUGO
244	136	JOSE ALFONSO VAZQUEZ CORREA	VT3M- 14	1:28:29	0:04:12	1:28:17	0:12:52	0:27:30	0:30:09	0:42:19	0:56:52	0:59:32	1:25:58			VIGO
245	121	RAMIRO CHAVES MON	SNM- 71	1:28:31	0:04:12	1:28:24	0:12:27	0:26:41	0:29:15	0:41:24	0:55:59	0:58:36	1:25:54			CERVO
246	1514	ALBERTO FERNÁNDEZ MARTÍNEZ	VT1M- 84	1:28:32	0:04:12	1:28:28	0:12:05	0:26:17	0:28:55	0:41:16	0:55:57	0:58:39	1:25:57			OLEIROS
247	599	JOSE MANUEL GOMEZ PASANTES	SNM- 72	1:28:37	0:04:13	1:28:30	0:12:05	0:25:39	0:28:07	0:39:54	0:54:04	0:56:37	1:25:34			A CORUÑA
248	131	LEANDRO GONZÁLEZ CASTRO	VT2M- 71	1:28:46	0:04:13	1:28:42	0:12:09	0:26:32	0:29:08	0:41:23	0:56:00	0:58:41	1:26:14			LUGO
249	173	JESUS SANVICENTE FIGUEIRAS	SNM- 73	1:28:46	0:04:13	1:28:40	0:12:38	0:27:01	0:29:39	0:41:40	0:56:00	0:58:40	1:26:03			MUROS
250	338	JUAN RIGUEIRO GARCÍA	VT2M- 72	1:28:48	0:04:13	1:28:30	0:13:05	0:27:57	0:30:37	0:42:44	0:57:14	0:59:53	1:26:19			LUGO
251	635	ANTONIO GARCIA BELLO	VT3M- 15	1:28:48	0:04:13	1:28:38	0:12:55	0:27:30	0:30:10	0:42:25	0:56:55	0:59:34	1:26:15			EL TEMPLE
252	83	JOSE MANUEL PEREZ VAZQUEZ	VT3M- 16	1:28:49	0:04:13	1:28:40	0:12:45	0:27:24	0:30:07	0:42:20	0:56:55	0:59:34	1:26:16	A8151		TRANSNOS CORUÑA ATHLETICS AVENTURA
253	1083	MIGUEL ANGEL RODRIGUEZ JUÁREZ	VT3M- 17	1:28:49	0:04:13	1:27:43	0:13:49	0:28:09	0:30:44	0:42:46	0:57:13	0:59:51	1:26:18			TANGER
254	110	FRANCISCO M. MENDEZ QUINTELA	VT1M- 85	1:28:51	0:04:13	1:28:41	0:13:12	0:27:55	0:30:36	0:42:47	0:57:25	1:00:04	1:26:38	AG - 11085		NOITEBRA F.C.
255	609	ANTONIO RODRIGUEZ RODRIGUEZ	VT1M- 86	1:28:52	0:04:13	1:28:31	0:13:04	0:27:24	0:30:03	0:42:18	0:56:51	0:59:31	1:26:23			PRAIA DE CARNOTA - RUNNERS
256	592	LUIS DAVID MARTIN PEÑA	VT2M- 73	1:28:53	0:04:13	1:28:44	0:12:41	0:27:10	0:29:46	0:42:00	0:56:38	0:59:19	1:26:21			TANINOS RUNNERS PONTEÁREAS
257	135	BERNARDINO MATA MIRANDA	VT2M- 74	1:28:55	0:04:13	1:28:46	0:12:51	0:27:31	0:30:09	0:42:19	0:56:52	0:59:32	1:26:19			VIGO
258	143	FRANCISCO SOTO GARCÍA	VT3M- 18	1:28:55	0:04:13	1:28:50	0:12:21	0:26:30	0:29:06	0:41:30	0:56:02	0:58:42	1:26:13			A CORUÑA
259	282	JUAN SAAVEDRA ORTIZ	VT1M- 87	1:28:57	0:04:13	1:28:29	0:13:15	0:27:26	0:30:00	0:42:42	0:57:27	1:00:08	1:26:29			A CORUÑA
260	355	AMADOR REBORDA GRAÑA	VT2M- 75	1:28:59	0:04:14	1:28:40	0:13:14	0:27:50	0:30:30	0:42:39	0:57:03	0:59:42	1:26:28	AG766359		ASOCIACIÓN DEPORTIVA C.A.R
261	1592	JUAN MANUEL FERNÁNDEZ RODRIGUEZ	VT3M- 19	1:29:04	0:04:14	1:28:21	0:13:42	0:28:10	0:30:45	0:43:00	0:57:20	0:59:58	1:26:32			MABEGONDO
262	147	CÉSAR RAMIL FERREIRO	SNM- 74	1:29:05	0:04:14	1:28:59	0:13:06	0:27:58	0:30:39	0:43:03	0:57:31	1:00:08	1:26:32			AS PONTES
263	60	GERMÁN PÉREZ VIDAL	VT2M- 76	1:29:06	0:04:14	1:28:55	0:12:44	0:27:02	0:29:40	0:41:39	0:56:09	0:58:49	1:26:31			CLUB ATLETISMO NOIA
264	1507	JOSE RAMON RIOS RECAREY	VT1M- 88	1:29:08	0:04:14	1:28:37	0:12:44	0:27:08	0:29:45	0:41:56	0:56:27	0:59:05	1:26:38			A.D. MEDIA DUCIA
265	1090	J.CARLOS SÁNCHEZ GÓMEZ	VT2M- 77	1:29:09	0:04:14	1:29:05	0:12:22	0:26:41	0:29:18	0:41:22	0:55:54	0:58:33	1:26:20			CORUÑA
266	556	ROBERTO MENDEZ QUINDIMIL	VT1M- 89	1:29:09	0:04:14	1:28:46	0:13:09	0:27:39	0:30:20	0:42:41	0:57:13	0:59:50	1:26:39			O BURGO
267	1200	MANUEL MIYARES CES	VT1M- 90	1:29:09	0:04:14	1:28:44	0:12:58	0:27:26	0:30:03	0:42:08	0:56:34	0:59:16	1:26:32			PORTO DO SON
268	295	ANTONIO GARCIA PARDO	VT2M- 78	1:29:11	0:04:14	1:28:47	0:13:38	0:28:48	0:31:32	0:43:56	0:58:24	1:01:00	1:26:43			LUGO
269	296	OSCAR GARCIA GAGO	VT2M- 79	1:29:17	0:04:14	1:28:48	0:13:15	0:27:35	0:30:13	0:42:42	0:57:26	1:00:08	1:26:50			OLEIROS
270	1425	FADY HOUT VARELA	VT1M- 91	1:29:20	0:04:15	1:28:54	0:12:20	0:26:30	0:29:07	0:41:14	0:55:48	0:58:29	1:26:54			LA CORUÑA
271	1659	ADAN CARBO ARGIBAY	SNM- 75	1:29:21	0:04:15	1:28:45	0:13:39	0:28:21	0:31:03	0:43:24	0:58:00	1:00:38	1:26:58			VIGO
272	1570	NICOLAS PICHEL CASTRO	SNM- 76	1:29:23	0:04:15	1:28:49	0:14:03	0:29:11	0:31:57	0:44:18	0:58:45	1:01:21	1:27:05			CLUB CICLISTA MONTENEME
273	1576	FRANCISCO COUSILLAS COLLAZOS	SNM- 77	1:29:23	0:04:15	1:28:49	0:13:40	0:28:23	0:30:58	0:43:19	0:58:00	1:00:37	1:27:04			SAUNIER DUVAL
274	318	ALFONSO RODRÍGUEZ DONO	VT1M- 92	1:29:28	0:04:15	1:29:14	0:12:41	0:26:51	0:29:27	0:41:40	0:56:16	0:58:51	1:26:53			A CORUÑA
275	1113	LUIS HERMIDA REIMUNDEZ	VT1M- 93	1:29:33	0:04:15	1:29:16	0:12:49	0:27:27	0:30:11	0:42:42	0:57:26	1:00:08	1:27:00			OLEIROS
276	1417	DAVID GONZALEZ ALVAREZ	SNM- 79	1:29:34	0:04:15	1:28:51	0:13:58	0:28:56	0:31:37	0:43:43	0:58:11	1:00:49	1:27:07			CORUÑA
277	1068	GONZALO PEÑA BALSEIRO	SNM- 78	1:29:34	0:04:15	1:29:29	0:12:36	0:27:04	0:29:39	0:41:42	0:56:10	0:58:49	1:27:08			AS PONTES
278	629	ALEXANDRE PEDREIRA PEÑA	SNM- 80	1:29:35	0:04:15	1:29:12	0:13:05	0:27:40	0:30:21	0:42:43	0:57:33	1:00:14	1:27:01			A CORUÑA
279	1403	MARCOS PERILLE SEOANE	VT1M- 94	1:29:38	0:04:15	1:29:01	0:13:04	0:27:32	0:30:11	0:42:23	0:57:05	0:59:47	1:27:09			FERROL
280	605	MANUEL FONTENLA MUIÑO	VT3M- 20	1:29:38	0:04:15	1:29:23	0:13:04	0:27:26	0:30:04	0:42:22	0:56:54	0:59:33	1:27:15			CORUÑA COMARCA
281	603	JUAN RAMON GARCIA HERNANZ	VT1M- 95	1:29:41	0:04:16	1:29:31	0:12:04	0:26:17	0:28:56	0:41:06	0:56:05	0:58:49	1:26:47			A.D. FOGAR
282	558	JOSÉ RAMÓN ARUFE VIDAL	VT3M- 21	1:29:41	0:04:16	1:29:10	0:13:29	0:27:56	0:30:35	0:42:42	0:57:09	0:59:48	1:27:05	AG6567		ATLETISMO MILLADOIRO
283	1208	JOSE DANIEL REINOSO ROJO	VT2M- 80	1:29:43	0:04:16	1:29:02	0:14:00	0:29:00	0:31:51	0:44:01	0:58:13	1:00:50	1:27:13	AG766446		A.D.C.BOMBEIROS CORUÑA
284	241	JOSE MANUEL GONZALEZ SALGADO	VT1M- 96	1:29:51	0:04:16	1:29:31	0:13:18	0:28:04	0:30:44	0:43:02	0:57:37	1:00:16	1:27:16			MELIDE
285	250	IVÁN RODRÍGUEZ RUIZ	SNM- 81	1:29:53	0:04:16	1:29:32	0:13:12	0:28:05	0:30:43	0:43:11	0:57:47	1:00:22	1:27:25			VIVEIRO
286	1118	FRANCISCO JAVIER FERNÁNDEZ MARTÍNEZ	VT2M- 81	1:30:01	0:04:16	1:29:46	0:13:29	0:28:34	0:31:16	0:43:39	0:58:21	1:00:57	1:27:37			PONFERRADA
287	366	JOSE IGNACIO CALVO FERNANDEZ	SNM- 82	1:30:06	0:04:17	1:29:45	0:12:56	0:27:25	0:30:04	0:42:23	0:57:00	0:59:43	1:27:33	A/9199		CLUB ATLETISMO NOIA
288	1103	JUAN JOSE GONZALEZ RAMIL	VT2M- 82	1:30:11	0:04:17	1:30:04	0:12:51	0:27:32	0:30:12	0:42:41	0:57:28	1:00:11	1:27:37			A LARACHA
289	1143	OSCAR LEIS MOURIÑO	VT2M- 83	1:30:17	0:04:17	1:30:06	0:12:14	0:27:15	0:29:54	0:42:35	0:57:23	1:00:03	1:27:35			SANTIAGO
290	235	ALEJANDRO EIRÍS BARCA	SNM- 83	1:30:20	0:04:17	1:29:58	0:12:57	0:27:27	0:30:07	0:42:25	0:57:12	0:59:56	1:27:44			CARBALLO
291	138	CESAR PEREZ VARELA	SNM- 84	1:30:20	0:04:17	1:30:11	0:12:37	0:27:07	0:29:44	0:42:00	0:56:39	0:59:23	1:27:34			MONFORTE DE LEMOS
292	360	MANUEL CUTRÍN DOMÍNGUEZ	SNM- 85	1:30:22	0:04:17	1:30:04	0:13:25	0:28:16	0:30:57	0:43:27	0:58:16	1:00:56	1:27:48	AG 763929		ATLETISMO FONTES DO SAR
293	272	J.CARLOS CASTRILLON CRESPO	VT2M- 84	1:30:27	0:04:18	1:30:13	0:12:46	0:27:06	0:29:45	0:42:05	0:56:59	0:59:45	1:27:51			LA CORUÑA
294	226	FRANCISCO JOSE FERNANDEZ DE LA PRADILLA	VT1M- 97	1:30:32	0:04:18	1:30:10	0:12:46	0:27:23	0:30:03	0:42:42	0:57:41	1:00:23	1:27:59			SADA
295	526	DANIEL LEDO NEIRA	VT1M- 98	1:30:37	0:04:18	1:30:29	0:12:32	0:26:59	0:29:39	0:41:48	0:56:28	0:59:13	1:27:56			LA CORUÑA
296	246	FERNANDO MIGUEZ CARRO	SNM- 86	1:30:37	0:04:18	1:30:29	0:13:13	0:28:10	0:30:54	0:43:37	0:58:38	1:01:20	1:28:17			LA CORUÑA
297	1176	FRANCISCO JAVIER GARCIA BARREIRO	VT1M- 99	1:30:40	0:04:18	1:30:14	0:13:33	0:28:28	0:31:12	0:43:42	0:58:33	1:01:15	1:28:14			OLEIROS
298	223	JOSE MANUEL VÁZQUEZ MARTÍNEZ	VT2M- 85	1:30:40	0:04:18	1:30:27	0:12:52	0:27:34	0:30:16	0:42:45	0:57:41	1:00:25	1:27:58			ALLARIZ
299	615	SANTIAGO GARCIA BELLO	VT2M- 86	1:30:40	0:04:18	1:30:31	0:12:55	0:27:25	0:30:04	0:42:19	0:56:59	0:59:42	1:27:46			CAMBRE
300	570	IVAN BUSTO CARRETTE	SNM- 87	1:30:42	0:04:18	1:30:27	0:12:45	0:26:58	0:29:39	0:41:58	0:56:52</					

314	1074	LUIS SEOANE	VT4M- 3	1:31:20	0:04:20	1:31:09	0:13:12	0:28:03	0:30:46	0:43:18	0:58:09	1:00:53	1:28:39			OURENSE
315	528	FRANCISCO PAIS TRIGO	VT1M- 10	1:31:27	0:04:21	1:31:21	0:12:26	0:26:53	0:29:33	0:41:53	0:57:05	0:59:52	1:28:46			NEGREIRA
316	187	JULIO JOSE SOUTO DIZ	VT2M- 92	1:31:29	0:04:21	1:31:17	0:12:53	0:27:46	0:30:29	0:42:56	0:57:44	1:00:31	1:28:46			OLEIROS
317	460	FELIPE MARTINEZ MERA	SNM- 91	1:31:32	0:04:21	1:31:26	0:13:24	0:28:42	0:31:34	0:44:30	0:59:41	1:02:28	1:29:05			VIVEIRO
318	158	PEDRO ESMORIS GARCÍA	VT1M- 10	1:31:32	0:04:21	1:31:30	0:11:39	0:25:31	0:28:12	0:40:50	0:55:33	0:58:12	1:28:41			VIVEIRO
319	217	PABLO GONZALEZ GONZALEZ	VT3M- 23	1:31:35	0:04:21	1:31:19	0:13:27	0:28:31	0:31:14	0:43:49	0:58:46	1:01:28	1:28:57	AG767014	RUNAWAYS	A CORUÑA
320	414	JAVIER RODRIGUEZ VALIÑA	VT2M- 93	1:31:38	0:04:21	1:31:03	0:14:39	0:30:19	0:33:05	0:45:34	1:00:20	1:02:56	1:29:10			A CORUÑA
321	619	JOSÉ ENRIQUE EIROA MORÁS	VT1M- 10	1:31:39	0:04:21	1:31:18	0:13:48	0:28:58	0:31:45	0:44:31	0:59:35	1:02:17	1:29:09			A CORUÑA
322	286	MIGUEL ANGEL GÓMEZ SENIN	VT1M- 10	1:31:39	0:04:21	1:31:18	0:13:48	0:28:58	0:31:45	0:44:31	0:59:35	1:02:18	1:29:10			CAMBRE
323	176	STOIL NIKOLOV NIKOLOV	VT1M- 10	1:31:45	0:04:21	1:31:38	0:12:43	0:27:41	0:30:25	0:42:59	0:57:59	1:00:43	1:29:03			LA CORUÑA
324	630	DANIEL CADENAS TORRÓN	SNM- 92	1:31:48	0:04:22	1:31:04	0:13:59	0:29:00	0:31:41	0:44:12	0:58:43	1:01:22	1:29:05			VILABOA
325	323	DANIEL LÓPEZ REY	SNM- 93	1:31:49	0:04:22	1:31:25	0:13:39	0:28:50	0:31:34	0:44:04	0:58:56	1:01:39	1:29:18			CORXOUX-IRIXOA
326	574	JOSE CARLOS REBOREDO FRAGA	VT2M- 94	1:31:52	0:04:22	1:31:42	0:12:43	0:27:13	0:29:57	0:42:34	0:57:40	1:00:26	1:29:03			OROSO
327	99	JESUS ALVAREZ CHINCHILLA	VT2M- 95	1:31:52	0:04:22	1:31:34	0:12:59	0:27:51	0:30:36	0:43:06	0:58:07	1:00:51	1:29:22	AG 764217	CLUB ATLETISMO SADA	SADA
328	203	RAUL MARTINEZ LUJÓ	SNM- 94	1:31:52	0:04:22	1:31:34	0:12:59	0:27:51	0:30:36	0:43:06	0:58:06	1:00:51	1:29:22	AG767361	CLUB ATLETISMO SADA	SADA
329	310	VENANCIO CHAO ALVAREZ	VT2M- 96	1:31:52	0:04:22	1:31:07	0:13:33	0:27:56	0:30:37	0:42:50	0:57:43	1:00:28	1:29:01			LUGO
330	271	FRANCISCO JOSE LÓPEZ REY	VT3M- 24	1:32:01	0:04:22	1:31:45	0:13:28	0:28:17	0:31:00	0:43:33	0:58:28	1:01:15	1:29:25			LUGO
331	183	MARCOS CORGO RIVEIRO	SNM- 95	1:32:02	0:04:22	1:31:56	0:12:23	0:26:31	0:29:05	0:41:04	0:55:38	0:58:22	1:28:43			A CORUÑA
332	1160	JORGE FONTECOTBA PORTO	VT1M- 10	1:32:04	0:04:22	1:31:56	0:12:51	0:27:32	0:30:12	0:42:42	0:57:37	1:00:22	1:29:09			A CORUÑA
333	365	JOSE MANUEL TURNES CORDEIRO	SNM- 96	1:32:07	0:04:22	1:31:07	0:14:05	0:28:45	0:31:27	0:43:48	0:58:32	1:01:16	1:29:31			SANTA COMBA
334	89	RAMON BARBA SANTOS	VT3M- 25	1:32:08	0:04:23	1:31:49	0:13:25	0:28:32	0:31:19	0:44:02	0:59:19	1:02:03	1:29:37	A-9712	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
335	462	FERNANDO GONZÁLEZ RODRIGUEZ	VT1M- 11	1:32:13	0:04:23	1:31:22	0:14:50	0:29:52	0:32:33	0:45:03	0:59:56	1:02:37	1:29:41			VEDRA
336	617	MAURICIO VILLADONIGA MARTIN	VT2M- 97	1:32:13	0:04:23	1:31:36	0:13:22	0:28:16	0:31:02	0:43:47	0:59:03	1:01:49	1:29:38			A CORUNA
337	1485	JORGE PINTOR PRADA	SNM- 97	1:32:16	0:04:23	1:31:16	0:13:45	0:28:01	0:30:38	0:43:01	0:57:54	1:00:38	1:29:24			PONFERRADA
338	1687	ALBERTO JOSE CONDE DOMINGUEZ	VT2M- 98	1:32:17	0:04:23	1:31:54	0:13:39	0:28:42	0:31:25	0:44:02	0:58:54	1:01:39	1:29:32			VIGO
339	597	CARLOS DIAZ LOPEZ	VT1M- 11	1:32:18	0:04:23	1:32:08	0:12:55	0:27:30	0:30:09	0:42:27	0:58:11	1:00:49	1:29:20			EL BURGO (CULLEREDO)
340	304	ÓSCAR CARRACEDO REGUEIRA	SNM- 98	1:32:20	0:04:23	1:32:04	0:13:47	0:29:08	0:31:56	0:44:40	0:59:42	1:02:27	1:30:00			ARTEIXO
341	455	LORENZO GRANÁ MURADO	VT1M- 11	1:32:24	0:04:23	1:32:19	0:13:07	0:28:12	0:30:58	0:43:42	0:58:54	1:01:40	1:29:51			AS PONTES
342	251	XAQUÍN CASTRO IGLESÍAS	VT2M- 99	1:32:24	0:04:23	1:32:13	0:12:24	0:26:46	0:29:27	0:41:56	0:56:54	0:59:52	1:29:37			LUGO
343	551	MANUEL ROUCO FERNANDEZ	SNM- 99	1:32:27	0:04:23	1:32:00	0:13:30	0:28:36	0:31:20	0:44:03	0:59:17	1:02:04	1:29:52			A CORUÑA
344	174	DANIEL IGLESÍAS PINTADO	SNM- 100	1:32:28	0:04:23	1:32:11	0:13:47	0:29:08	0:31:55	0:44:40	0:59:42	1:02:27	1:29:59			A CORUÑA
345	302	ALEJANDRO GONZALEZ MONTERO	SNM- 101	1:32:37	0:04:24	1:32:17	0:13:38	0:29:03	0:31:50	0:44:47	0:59:55	1:02:39	1:30:06			LUGO
346	268	IVÁN CRUZ SOTO	SNM- 102	1:32:39	0:04:24	1:32:15	0:13:48	0:29:04	0:31:50	0:44:47	0:59:44	1:02:25	1:30:06			GUITIRIZ
347	1123	JUAN ANTONIO RIVAS ROMERO	VT2M- 10	1:32:40	0:04:24	1:32:30	0:12:55	0:27:57	0:30:44	0:43:42	0:58:59	1:01:49	1:30:12			A CORUÑA
348	1544	LUIS ARADAS LOPEZ	SNM- 103	1:32:42	0:04:24	1:31:50	0:15:13	0:30:35	0:33:19	0:45:56	1:00:48	1:03:30	1:30:11			
349	616	DIEGO CASTRO SUAREZ	VT2M- 10	1:32:44	0:04:24	1:32:31	0:13:07	0:28:10	0:30:55	0:43:36	0:58:44	1:01:31	1:30:02			A CORUÑA
350	1532	DAVID ALCÁNTARA TENREIRO	VT2M- 10	1:32:45	0:04:24	1:32:18	0:14:01	0:29:10	0:31:55	0:44:22	0:59:21	1:02:05	1:30:05			A CORUÑA
351	542	JESUS PARDO CASTRO	VT2M- 10	1:32:46	0:04:24	1:32:32	0:13:14	0:28:15	0:30:58	0:43:35	0:58:45	1:01:33	1:30:02			LUGO
352	1344	EUTIQUIANO APARCIO MARTINEZ	SNM- 104	1:32:46	0:04:24	1:31:57	0:14:19	0:29:05	0:31:48	0:44:30	0:59:41	1:02:28	1:30:08			VIVEIRO
353	328	ALBERTO RODRIGUEZ	SNM- 105	1:32:47	0:04:24	1:32:05	0:14:23	0:29:40	0:32:29	0:45:26	1:00:37	1:03:19	1:30:15			LEÓN
354	1542	JAVIER DOSIL CARPINTERO	SNM- 106	1:32:49	0:04:24	1:32:33	0:12:38	0:27:19	0:30:02	0:42:39	0:57:57	1:00:46	1:29:58			CORUÑA
355	1075	EMILIO VAZQUEZ LOPEZ	VT2M- 10	1:32:52	0:04:25	1:32:41	0:13:29	0:28:40	0:31:26	0:44:07	0:59:11	1:01:56	1:30:09			OURENSE
356	1262	DARIO LOBELOS MOUZO	VT1M- 11	1:32:54	0:04:25	1:32:32	0:13:58	0:29:18	0:32:02	0:44:44	0:59:42	1:02:29	1:30:15			OLEIROS
357	1665	FELIPE MARTINEZ SANTOS	VT1M- 11	1:32:54	0:04:25	1:31:37	0:14:24	0:29:26	0:32:09	0:44:48	0:59:39	1:02:20	1:30:14			A CORUÑA
358	1285	JOSE CARLOS TABOADA CALVO	SNM- 107	1:32:55	0:04:25	1:32:02	0:14:30	0:29:48	0:32:35	0:45:14	1:00:15	1:03:02	1:30:19			LALIN
359	493	JUAN NEIRA TALAVERA	VT1M- 11	1:32:55	0:04:25	1:32:05	0:13:32	0:27:58	0:30:36	0:42:45	0:57:39	1:00:27	1:29:55			VIVEIRO
360	1204	ROBERTO PEDREIRA ULLOA	SNM- 108	1:32:56	0:04:25	1:32:46	0:12:56	0:27:57	0:30:42	0:43:28	0:58:44	1:01:29	1:30:08			CESURAS
361	1163	JOSÉ RAMÓN LAGO CIVES	VT1M- 11	1:32:57	0:04:25	1:32:31	0:13:54	0:29:07	0:31:52	0:44:41	0:59:43	1:02:30	1:30:16			NOIA
362	1416	ERNESTO DE LA VEGA PERNAS	SNM- 109	1:32:57	0:04:25	1:32:13	0:14:49	0:30:19	0:32:56	0:45:18	1:00:00	1:02:37	1:30:04			CORUÑA
363	1111	JOAQUÍN GONZÁLEZ OLVEIRA	VT2M- 10	1:32:58	0:04:25	1:32:32	0:13:28	0:28:34	0:31:20	0:44:03	0:59:00	1:01:44	1:30:11	AG-765968	CLUB ATLETISMO NOIA	BRION
364	269	JAVIER PAJON FERNANDEZ	VT1M- 11	1:32:59	0:04:25	1:32:39	0:13:38	0:29:03	0:31:50	0:44:48	0:59:55	1:02:40	1:30:16			LUGO
365	329	GUILLERMO CONCHEIRO FERNÁNDEZ	VT3M- 26	1:32:59	0:04:25	1:32:32	0:13:51	0:29:14	0:32:00	0:44:52	0:59:54	1:02:38	1:30:23			CARRAL (A CORUÑA)
366	1556	GONZALO COUCEIRO SANCHEZ	VT2M- 10	1:33:00	0:04:25	1:32:32	0:13:40	0:29:02	0:31:50	0:44:47	0:59:55	1:02:42	1:30:26			A CORUÑA
367	256	MARCOS LAGO CASTRO	VT1M- 11	1:33:01	0:04:25	1:32:43	0:13:45	0:29:06	0:31:55	0:44:49	0:59:55	1:02:40	1:30:25			CAMBRE
368	1139	DIEGO PÉREZ PARDO	SNM- 110	1:33:03	0:04:25	1:32:33	0:15:02	0:30:39	0:33:27	0:46:13	1:01:10	1:03:52	1:30:35			A CORUÑA
369	1624	ANTONIO GÍRALDEZ LÓPEZ	SNM- 111	1:33:04	0:04:25	1:32:31	0:13:49	0:29:00	0:31:44	0:44:33	0:59:37	1:02:22	1:30:36			LUGO
370	275	FERNANDO VILLAR CORTÍZO	SNM- 112	1:33:04	0:04:25	1:32:52	0:13:26	0:28:31	0:31:15	0:43:55	0:59:11	1:01:56	1:30:14			A ESTRADA
371	1458	JOSE MANUEL SEOANE CHAS	VT3M- 27	1:33:05	0:04:25	1:32:44	0:12:47	0:27:38	0:30:27	0:43:15	0:58:47	1:01:34	1:30:21			LA CORUÑA
372	292	PABLO FRANCO YÁÑEZ	SNM- 113	1:33:06	0:04:25	1:32:37	0:15:02	0:30:39	0:33:27	0:46:13	1:01:11	1:03:51	1:30:38			A CORUÑA
373	102	DANIEL RIVEIRA RUANOVA	VT2M- 10	1:33:07	0:04:25	1:32:43	0:13:33	0:28:33	0:31:18	0:43:58	0:59:17	1:02:10	1:30:27	A-10418	CORUÑA COMARCA C.D PINARIUM	MILLADOIRO - AMES - CORUÑA
374	1524	JUANJO FERNANDEZ	PRM- 4	1:33:11	0:04:25	1:32:41	0:14:54	0:30:28	0:33:21	0:46:07	1:00:57	1:03:36	1:30:29			CAMBADOS
375	1058	SANTIAGO COLADAS-GUZMAN GARCIA	VT1M- 11	1:33:12	0:04:26	1:32:36	0:14:39	0:30:11	0:33:00	0:45:46	1:00:46	1:03:32	1:30:41			A PONTENOVA
376	1543	SANTIAGO PELETEIRO TUBIO	SNM- 114	1:33:13	0:04:26	1:32:53	0:14:15	0:29:54	0:32:41	0:45:27	1:00:39	1:03:20	1:30:56			A CORUÑA
377	209	BENITO GUTIÉRREZ ALONSO	VT2M- 10	1:33:14	0:04:26	1:32:54	0:13:25	0:28:32	0:31:20	0:44:02	0:59:18	1:02:07	1:30:35	A-9761	FONTES DO SAR	SANTIAGO DE COMPOSTELA
378	485	LUCAS TUDO SANDES	SNM- 115	1:33:21	0:04:26	1:32:48	0:14:46	0:29:54	0:32:40	0:45:24	1:00:28	1:03:12	1:30:46			LA CORUÑA
379	301	AGUSTIN VILAS FERNANDEZ	VT1M- 12	1:33:26	0:04:26	1:33:07	0:13:44	0:29:08	0:31:55	0:44:31	0:59:41	1:02:27	1:30:35			NOIA
380	278	MIGUEL MIRANTES MIRANTES	VT2M- 10	1:33:28	0:04:26	1:33:14	0:13:01	0:28:11	0:30:57	0:43:55	0:59:20	1:02:10	1:30:42			

394	482 ENRIQUE JORGE RAMA RODRIGUEZ	VT2M- 11-	1:33:42	0:04:27	1:33:29	0:12:42	0:27:18	0:30:03	0:42:55	0:58:29	1:01:22	1:30:48			A CORUÑA
395	446 DANIEL PENAS LÓPEZ	SNM- 118	1:33:44	0:04:27	1:33:10	0:14:08	0:29:47	0:32:37	0:45:37	1:00:50	1:03:36	1:31:06			A CORUÑA
396	1175 JESÚS M. LÓPEZ PALEO	VT2M- 11-	1:33:47	0:04:27	1:33:33	0:14:00	0:29:30	0:32:21	0:45:17	1:00:45	1:03:29	1:31:11			CAMBRE
397	1461 SERGIO LORENZO BLANCO	SNM- 119	1:33:49	0:04:27	1:33:02	0:14:42	0:29:57	0:32:43	0:45:37	1:00:51	1:03:34	1:31:13			BOIRO
398	212 JOSÉ MANUEL MALLO NIEVES	VT1M- 12-	1:33:50	0:04:27	1:33:29	0:13:13	0:28:02	0:30:46	0:43:38	0:59:04	1:01:59	1:31:10	A-763759	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
399	119 JESÚS MANUEL PENA NÚÑEZ	VT2M- 11-	1:33:52	0:04:27	1:33:43	0:13:31	0:28:56	0:31:45	0:44:54	1:00:17	1:03:08	1:31:22			CARBALLO
400	573 JORGE ALEJANDRO RUMBO ROEL	VT1M- 12-	1:33:53	0:04:27	1:33:47	0:12:15	0:26:22	0:29:04	0:41:17	0:56:16	0:59:06	1:30:45			LA CORUÑA
401	1632 PABLO IGLESIAS FREIRE	SNM- 120	1:33:57	0:04:28	1:32:59	0:14:49	0:29:54	0:32:39	0:45:24	1:00:25	1:03:09	1:31:10			A CORUÑA
402	508 VICTOR PARDO CASTRO	SNM- 121	1:34:00	0:04:28	1:32:58	0:15:17	0:31:01	0:33:49	0:46:34	1:01:09	1:03:51	1:31:28			FERROL
403	229 ROMAN RUIZ ALARCON	VT2M- 11-	1:34:01	0:04:28	1:33:43	0:13:46	0:29:16	0:32:07	0:45:12	1:00:25	1:03:12	1:31:21			A CORUÑA
404	196 JOAQUIM ANTAO	VT2M- 11-	1:34:03	0:04:28	1:33:50	0:13:18	0:28:30	0:31:18	0:44:05	0:59:33	1:02:27	1:31:08	GA764366	BENCHOSHEY	OURENSE
405	260 JUAN LUIS BOTANA MOSQUERA	VT1M- 12-	1:34:04	0:04:28	1:33:43	0:13:37	0:28:58	0:31:46	0:44:40	0:59:43	1:02:31	1:31:18			OROSO
406	207 JOSÉ MARIA LEVOSO TOUCEDA	VT2M- 11-	1:34:05	0:04:28	1:33:48	0:13:27	0:28:50	0:31:37	0:44:29	0:59:56	1:02:45	1:31:25	AG-11025	ESPRINTES OURENSE	A CORUÑA
407	1803 MIGUEL VERGARA FREIRE	VT1M- 12-	1:34:06	0:04:28	1:33:54	0:12:55	0:27:49	0:30:35	0:43:30	0:58:46	1:01:41	1:31:12			OLEIROS
408	1526 ALBERTO BOLIBAR MACIAS	VT2M- 12-	1:34:07	0:04:28	1:33:53	0:13:49	0:29:17	0:32:06	0:45:07	1:00:40	1:03:27	1:31:28		RIALTO	A CORUÑA
409	1631 JAVIER IGLESIAS FREIRE	VT1M- 12-	1:34:13	0:04:28	1:33:16	0:14:49	0:29:54	0:32:41	0:45:24	1:00:25	1:03:09	1:31:26			VIGO
410	548 JOSÉ MANUEL ROCA RODRIGUEZ	VT1M- 13-	1:34:18	0:04:29	1:34:06	0:12:51	0:27:30	0:30:10	0:42:20	0:56:57	0:59:43	1:30:46			ARANGA
411	345 IAGO FERNÁNDEZ IGLESIAS	SNM- 122	1:34:19	0:04:29	1:33:50	0:14:31	0:30:23	0:33:18	0:46:34	1:02:12	1:04:58	1:31:47			A CORUÑA
412	1096 GUSTAVO VILLAR PÉREZ	VT1M- 13-	1:34:19	0:04:29	1:33:50	0:14:31	0:30:23	0:33:18	0:46:34	1:02:11	1:04:58	1:31:47			A CORUÑA
413	1101 LUIS ALBERTO PRIETO GUBELALDE	VT3M- 30-	1:34:20	0:04:29	1:33:13	0:14:25	0:29:50	0:32:36	0:45:25	1:00:44	1:03:28	1:31:40			PONFERRADA
414	576 JOSE RAMON FERNANDEZ LOPEZ	VT1M- 13-	1:34:22	0:04:29	1:33:44	0:14:25	0:29:50	0:32:36	0:45:25	1:00:44	1:03:27	1:31:41			LUGO
415	536 ÁLVARO FERNÁNDEZ RIAL	VT2M- 12-	1:34:26	0:04:29	1:34:02	0:15:18	0:31:43	0:34:38	0:48:07	1:03:37	1:06:12	1:32:02			LUGO
416	276 MANUEL GARCIA MAGRANOS	SNM- 123	1:34:27	0:04:29	1:34:15	0:13:26	0:28:31	0:31:15	0:43:56	0:59:12	1:02:00	1:31:30			A ESTRADA
417	218 PABLO SEIVANE VIOR	VT2M- 12-	1:34:29	0:04:29	1:34:12	0:13:35	0:28:54	0:31:43	0:44:36	0:59:53	1:02:43	1:31:44	AG767021	RUNAWAYS	LA CORUÑA
418	1171 MANUEL VARELA CAABEIRO	VT2M- 12-	1:34:29	0:04:29	1:33:58	0:14:25	0:29:53	0:32:40	0:45:28	1:00:44	1:03:30	1:31:45			A CORUÑA
419	67 ANTÓN COUO OLIVEIRA	VT2M- 12-	1:34:31	0:04:29	1:33:03	0:15:18	0:30:49	0:33:43	0:46:31	1:01:02	1:03:39	1:31:49	AG765816	ESPRINTES OURENSE	A CAÑIZA
420	91 MODESTO GOMEZ GARCIA	VT3M- 31	1:34:32	0:04:29	1:34:13	0:13:25	0:28:34	0:31:20	0:44:08	0:59:38	1:02:29	1:31:41	A-9756	ATLETISMO FONTES DO SAR	OURENSE
421	1392 JESUS MANUEL DARRIBA PENA	VT1M- 13-	1:34:37	0:04:30	1:33:53	0:14:03	0:29:00	0:31:45	0:44:32	0:59:37	1:02:26	1:31:42			CERCEDA
422	1426 JOSE MANUEL PETEIRO LOZANO	VT2M- 12-	1:34:40	0:04:30	1:33:57	0:14:21	0:30:01	0:32:51	0:45:44	1:00:56	1:03:44	1:32:12			A CORUÑA
423	1223 MARCOS VÁZQUEZ ALONSO	JNM- 3	1:34:40	0:04:30	1:34:02	0:13:15	0:28:08	0:30:53	0:43:54	0:59:49	1:02:42	1:31:53			A CORUÑA
424	369 LUIS MARCELO BELLO GOMEZ	VT2M- 12-	1:34:43	0:04:30	1:34:23	0:13:50	0:29:28	0:32:19	0:45:21	1:00:53	1:03:39	1:32:05	AG763735	EGOBARROS-VIVEIRO	A CORUÑA
425	193 ENRIQUE GUTIERREZ VAZQUEZ	VT2M- 12-	1:34:43	0:04:30	1:34:10	0:14:47	0:30:51	0:33:39	0:46:36	1:01:45	1:04:28	1:32:06	AG-764356	ATLETISMO BOIMORTO	BOIMORTO
426	1141 JOSE MANUEL COLLAZO GOLÁN	VT2M- 12-	1:34:44	0:04:30	1:34:12	0:14:07	0:29:30	0:32:20	0:45:15	1:00:38	1:03:27	1:32:06			LA CORUÑA
427	1623 ELIAS RIVERA TRIANA	PRM- 6	1:34:48	0:04:30	1:34:04	0:14:35	0:30:25	0:33:14	0:46:10	1:01:33	1:04:22	1:32:18			SARRIA
428	261 JORGE FREIRE RICO	VT3M- 32	1:34:48	0:04:30	1:34:34	0:13:49	0:29:17	0:32:06	0:45:06	1:00:40	1:03:27	1:31:56			A CORUÑA
429	1177 ANDRÉS GÓMEZ LOPEZ	VT2M- 12-	1:34:49	0:04:30	1:34:23	0:14:02	0:29:42	0:32:31	0:45:29	1:00:55	1:03:46	1:32:12			A CORUÑA
430	1125 JOSE Mª GIL GÓMEZ	SNM- 124	1:34:50	0:04:30	1:34:20	0:13:58	0:28:58	0:31:41	0:44:18	0:59:45	1:02:36	1:32:11			PONTEVEDRA
431	1188 JESUS JAVIER PRESSED MARTINEZ	VT1M- 13-	1:34:50	0:04:30	1:34:29	0:12:57	0:27:55	0:30:38	0:43:28	0:58:55	1:01:41	1:31:46			A CORUÑA
432	298 RAMON BARREIRO CERNADAS	VT3M- 33	1:34:53	0:04:30	1:33:53	0:15:14	0:30:40	0:33:29	0:46:20	1:01:32	1:04:17	1:32:18			OUTES
433	534 ABEL PÉREZ CORRAL	VT1M- 13-	1:34:53	0:04:30	1:34:24	0:14:44	0:30:09	0:32:57	0:45:46	1:00:54	1:03:38	1:32:14			XERMADE
434	535 ALBERTO FERNÁNDEZ MUÑIZ	VT1M- 13-	1:34:55	0:04:30	1:34:25	0:13:29	0:28:34	0:31:19	0:44:17	0:59:45	1:02:36	1:32:11			LA CORUÑA
435	231 JUAN CARLOS BODELÓN ALFONSO	VT2M- 13-	1:34:56	0:04:30	1:34:43	0:14:07	0:29:39	0:32:31	0:45:41	1:00:58	1:03:46	1:32:16			OLEIROS
436	216 EDUARDO CERNADAS VAZQUEZ	VT1M- 13-	1:34:56	0:04:30	1:34:45	0:13:49	0:29:18	0:32:09	0:45:15	1:00:44	1:03:33	1:32:18	GA-764253	RIA FERROL CONCEPCION ARENAL	VALDOVIÑO
437	1117 DIEGO CORCOBA	VT1M- 13-	1:34:57	0:04:30	1:34:18	0:14:45	0:30:13	0:32:59	0:45:47	1:00:53	1:03:40	1:32:18			LA CORUÑA
438	1235 MIGUEL LEMUS BARROS	VT2M- 13-	1:34:57	0:04:31	1:34:49	0:12:33	0:27:29	0:30:16	0:43:18	0:59:10	1:02:04	1:32:12			A CORUÑA
439	236 SEVERINO FERNANDEZ CASCUDO	VT2M- 13-	1:34:59	0:04:31	1:34:39	0:13:38	0:29:04	0:31:51	0:44:46	1:00:03	1:02:54	1:32:15			LUGO
440	613 ANTONIO HERNANDEZ BARREIRO	VT4M- 4	1:34:59	0:04:31	1:34:38	0:13:13	0:28:12	0:30:57	0:43:44	0:59:25	1:02:22	1:32:04			LA CORUÑA
441	433 PABLO REY SANDUENDE	SNM- 125	1:35:06	0:04:31	1:34:26	0:14:59	0:30:45	0:33:35	0:46:37	1:01:52	1:04:39	1:32:29			SADA
442	252 RUBEN FERNANDEZ PEREZ	SNM- 126	1:35:07	0:04:31	1:34:40	0:14:34	0:30:16	0:33:07	0:46:09	1:01:39	1:04:26	1:32:31			LUGO
443	1193 PABLO VAL GUERRERO	VT2M- 13-	1:35:07	0:04:31	1:34:26	0:13:54	0:29:13	0:32:05	0:44:53	1:00:09	1:03:04	1:32:20			FERROL
444	1639 ANXO GARCIA VARELA	SNM- 127	1:35:09	0:04:31	1:33:57	0:15:29	0:31:15	0:34:08	0:47:17	1:02:45	1:05:30	1:32:38			CARBALLO
445	1186 MANUEL GARRIDO MOREIRA	VT2M- 13-	1:35:13	0:04:31	1:34:59	0:13:14	0:28:26	0:31:10	0:44:09	0:59:44	1:02:36	1:32:24			A CORUÑA
446	1493 JUAN JOSE RAMOS BOTANA	VT2M- 13-	1:35:14	0:04:31	1:34:18	0:14:30	0:30:02	0:32:52	0:45:50	1:01:04	1:03:48	1:32:36			ARTEIXO
447	437 DAVID SOUTO SANCHEZ	VT1M- 13-	1:35:18	0:04:31	1:34:37	0:14:49	0:30:41	0:33:35	0:46:57	1:02:33	1:05:13	1:32:47			LA CORUÑA
448	225 MIGUEL RUIZ ALARCON	SNM- 128	1:35:19	0:04:32	1:35:02	0:13:46	0:29:17	0:32:07	0:45:12	1:00:24	1:03:12	1:32:17			A CORUÑA
449	459 FABIO CHAVES RODRIGUEZ	SNM- 129	1:35:20	0:04:32	1:34:35	0:14:08	0:29:13	0:32:00	0:44:31	0:59:34	1:02:22	1:32:17			VIVEIRO
450	316 SANTIAGO MUÑOZ MAURIZ	VT2M- 13-	1:35:20	0:04:32	1:35:09	0:13:20	0:28:43	0:31:32	0:44:33	1:00:10	1:03:04	1:32:27			VALENCIA
451	1172 JOSÉ MARIA CAMPOS MARTÍN	VT2M- 13-	1:35:21	0:04:32	1:35:03	0:13:45	0:29:23	0:32:11	0:45:29	1:01:07	1:03:58	1:32:44			ÁVILA
452	133 ALFONSO FERRADAS VILÁN	VT2M- 13-	1:35:21	0:04:32	1:34:29	0:14:46	0:30:06	0:32:54	0:45:39	1:00:58	1:03:47	1:32:47			A CORUÑA
453	307 JOSE PITA ANDREU	VT3M- 34	1:35:25	0:04:32	1:34:58	0:14:24	0:30:13	0:33:05	0:46:23	1:02:01	1:04:48	1:32:50			PONTEVEDRA
454	1239 RAMON ALBA DOMINGUEZ	VT1M- 14-	1:35:26	0:04:32	1:34:20	0:15:30	0:31:32	0:34:22	0:47:20	1:02:37	1:05:23	1:32:48			A CORUÑA
455	340 VÍCTOR ÁLVAREZ TABOADA	SNM- 130	1:35:26	0:04:32	1:35:13	0:13:09	0:28:20	0:31:11	0:44:22	1:00:02	1:02:57	1:32:36			A CORUÑA
456	1638 JAVIER BARRAL CARRACEDO	SNM- 131	1:35:28	0:04:32	1:35:08	0:13:15	0:28:19	0:31:10	0:44:32	1:00:07	1:03:02	1:32:35			VIGO
457	1099 MANEL DIAZ VIDAL	VT3M- 35	1:35:29	0:04:32	1:34:47	0:14:16	0:30:00	0:32:51	0:45:53	1:01:37	1:04:28	1:32:45			FERROL
458	1568 ÓSCAR ALBERTO TRIAY PERILLO	VT2M- 13-	1:35:29	0:04:32	1:35:04	0:14:46	0:29:44	0:32:30	0:45:26	1:00:57	1:03:50	1:32:55		BRILAT	PONTEVEDRA
459	1134 FERNANDO FERNÁNDEZ VÁZQUEZ	VT2M- 14-	1:35:30	0:04:32	1:35:08	0:14:28	0:30:08	0:33:02	0:46:09	1:01:33	1:04:19	1:32:59			CACABELOS
460	557 VICTOR LOPEZ BELLO	SNM- 132	1:35:31	0:04:32	1:35:11	0:13:40	0:28:53	0:31:47	0:45:18	1:00:53	1:03:42	1:32:54			LUGO
461	362 FRANCISCO JAVIER RODRIGUEZ FERREIRO	VT3M- 36	1:35:31	0:04:32	1:34:53	0:14:18	0:29:18	0:32:04	0:44:35	0:59:41	1:02:32	1:32:36	AG764185	ATLETISMO RIAZOR CORUÑA	CULLEREDO-A CORUÑA
462	1146 ÓSCAR DÍAZ PRADO	VT1M- 14-													

474	1246	JOSE MANUEL ABRUÑO BARBEITO	VT2M- 14	1:35:48	0:04:33	1:34:44	0:14:55	0:30:19	0:33:05	0:45:56	1:01:08	1:03:54	1:32:54			A CORUÑA
475	1077	FERNANDO GARCIA LEMA	SNM- 138	1:35:53	0:04:33	1:34:35	0:15:58	0:32:08	0:35:02	0:48:25	1:03:23	1:06:04	1:33:14			PONTECESO
476	1374	CARLOS ONS VILAS	VT2M- 14	1:35:54	0:04:33	1:35:07	0:15:27	0:31:44	0:34:40	0:47:34	1:02:08	1:04:51	1:33:11			A CORUÑA
477	488	MARCOS RODRIGUEZ SANCHEZ	VT1M- 14	1:35:54	0:04:33	1:35:07	0:15:27	0:31:45	0:34:40	0:47:34	1:02:06	1:04:30	1:33:10			A CORUÑA
478	554	RAMIRO PAZ LEIRAS	SNM- 139	1:35:55	0:04:33	1:35:32	0:14:09	0:29:49	0:32:40	0:45:48	1:01:39	1:04:39	1:33:18			OLEIROS
479	343	SERGIO MARTINEZ GOMEZ	SNM- 140	1:35:58	0:04:33	1:35:36	0:14:19	0:30:00	0:32:52	0:46:03	1:01:37	1:04:29	1:33:17			A CORUÑA
480	320	AARÓN BERNÁRDEZ PÉREZ	SNM- 141	1:35:59	0:04:33	1:35:44	0:13:27	0:29:00	0:31:49	0:45:08	1:00:55	1:03:46	1:33:28			OURENSE
481	191	FRANCISCO DUARTE VAZQUEZ	VT2M- 14	1:35:59	0:04:33	1:35:47	0:13:40	0:29:21	0:32:21	0:45:30	1:01:02	1:03:56	1:33:13	AG-764342	ATLETISMO BOIMORTO	LA CORUÑA
482	626	JOSE RAMÓN VILLALVERDE RIAL	VT1M- 14	1:36:01	0:04:34	1:35:20	0:14:30	0:30:17	0:33:12	0:46:29	1:02:03	1:04:50	1:33:18			CULLEREDO
483	1095	JUSTO VAZQUEZ RODRIGUEZ	VT2M- 14	1:36:02	0:04:34	1:35:51	0:13:14	0:28:16	0:31:06	0:44:21	1:00:13	1:03:10	1:33:19			OURENSE
484	1525	CARLOS DAVILA QUEIRUGA	VT1M- 14	1:36:03	0:04:34	1:35:29	0:14:27	0:30:15	0:33:05	0:45:59	1:01:31	1:04:20	1:33:11		INDAR	A CORUÑA
485	1332	FRANCISCO GONZALEZ BARROS	SNM- 142	1:36:03	0:04:34	1:35:24	0:13:47	0:29:08	0:31:57	0:45:10	1:00:51	1:03:43	1:33:15			NARON
486	1202	MANUEL CENDON SAMPEDRO	SNM- 143	1:36:05	0:04:34	1:34:58	0:15:13	0:31:06	0:33:55	0:46:52	1:02:23	1:05:12	1:33:30			A CORUÑA
487	1648	IVAN LAVOREL	JNM- 4	1:36:05	0:04:34	1:35:21	0:15:56	0:32:22	0:35:23	0:48:45	1:04:09	1:06:52	1:33:44			A CORUÑA
488	335	JAVIER ANGEL VAZQUEZ OREJAS	VT2M- 14	1:36:05	0:04:34	1:35:54	0:14:11	0:29:40	0:32:30	0:45:31	1:01:06	1:03:57	1:33:13			LUGO
489	1578	SERGIO IVAN DEZA FERNÁNDEZ	PRM- 8	1:36:05	0:04:34	1:35:19	0:15:15	0:31:33	0:34:31	0:48:11	1:04:10	1:07:08	1:33:44			
490	228	MANUEL GONZÁLEZ ALVAREZ	VT1M- 14	1:36:06	0:04:34	1:35:43	0:13:06	0:28:31	0:31:19	0:44:29	1:00:12	1:03:08	1:33:16			SADA
491	1189	RAFAEL GARCÍA GONZÁLEZ	VT2M- 14	1:36:11	0:04:34	1:35:58	0:14:48	0:30:55	0:33:47	0:46:46	1:02:04	1:04:52	1:33:24			A CORUÑA
492	1076	PABLO CAMINO MARTINEZ	VT1M- 14	1:36:12	0:04:34	1:34:49	0:17:24	0:34:15	0:37:26	0:50:13	1:04:42	1:07:15	1:33:32			SARRIA
493	220	EMILIO MEDINA JIMÉNEZ	VT2M- 15	1:36:12	0:04:34	1:35:58	0:13:35	0:29:04	0:31:55	0:45:05	1:00:53	1:03:46	1:33:23	AG766109	USC	ORTONO-AMES
494	1574	JOSÉ MANUEL PEDROSA MAYO	SNM- 144	1:36:13	0:04:34	1:35:26	0:15:00	0:30:29	0:33:16	0:46:11	1:01:34		1:33:22		PONTE TRAIL	OUTES
495	299	HIGINIO ARCOS MOURIS	VT1M- 14	1:36:16	0:04:34	1:35:44	0:15:02	0:30:55	0:33:48	0:46:58	1:02:29	1:05:17	1:33:31			OUTES
496	336	XESUS MANUEL SEGAE CAROU	VT1M- 14	1:36:16	0:04:34	1:35:42	0:13:52	0:29:23	0:32:11	0:45:30	1:01:00	1:03:52	1:33:37			A CORUÑA
497	595	ROBERTO CID SANMARTIN	VT1M- 15	1:36:18	0:04:34	1:36:07	0:12:54	0:27:46	0:30:29	0:42:56	1:00:57	1:00:33	1:33:17		TRIATLÓN CORUÑA	PERILLO-OLEIROS
498	552	MARC PERRAMON BONIGNO	VT2M- 15	1:36:19	0:04:34	1:35:56	0:14:09	0:29:49	0:32:41	0:45:48	1:01:39	1:04:39	1:33:40			A CORUÑA
499	1478	JAVIER CACHO MOSQUERA	SNM- 145	1:36:20	0:04:34	1:35:24	0:14:29	0:30:03	0:32:51	0:45:54	1:01:25	1:04:16	1:33:43			A CORUÑA
500	341	DOMINGO PRADO TEIJEIRO	VT1M- 15	1:36:20	0:04:34	1:35:29	0:13:49	0:29:06	0:31:56	0:45:12	1:01:02	1:03:56	1:33:41			A CORUÑA
501	344	IVAN RAMOS CADIERO	SNM- 146	1:36:21	0:04:34	1:35:39	0:15:16	0:31:13	0:34:07	0:47:16	1:02:54	1:05:44	1:33:46			LA CORUÑA
502	1663	CARLOS LOPEZ PAMPIN	VT2M- 15	1:36:22	0:04:35	1:35:44	0:14:01	0:29:14	0:32:03	0:45:06	1:00:51	1:03:46	1:33:27			A CORUÑA
503	210	ANTONIO J. LOIS PEREZ	VT3M- 38	1:36:25	0:04:35	1:35:48	0:14:54	0:30:54	0:33:48	0:47:09	1:02:44	1:05:34	1:33:43	AG763632	MARINEDA ATLETICO	LA BARCALA CAMBRE
504	1536	LUIS FERNANDEZ RODRIGUEZ	VT2M- 15	1:36:25	0:04:35	1:36:06	0:14:36	0:30:56	0:33:50	0:47:09	1:02:44	1:05:34	1:33:44			A CORUÑA
505	1540	MARCOS SANCHEZ RILO	VT1M- 15	1:36:31	0:04:35	1:36:13	0:13:34	0:29:04	0:31:51	0:44:52	1:00:22	1:03:17	1:33:25			OUCES-BERGONDO
506	430	JUAN PUENTE RAPELA	VT1M- 15	1:36:32	0:04:35	1:35:51	0:15:16	0:31:13	0:34:06	0:47:16	1:02:54	1:05:44	1:33:55			A CORUÑA
507	297	JOSÉ ENRIQUE ÁLVAREZ PÉREZ	VT2M- 15	1:36:33	0:04:35	1:36:07	0:14:26	0:30:14	0:33:03	0:45:59	1:01:30	1:04:21	1:33:40			A CORUÑA
508	1630	MIGUEL ANGEL GARCIA GONZALEZ	VT2M- 15	1:36:34	0:04:35	1:36:17	0:14:59	0:31:16	0:34:08	0:47:30	1:03:03	1:05:45	1:33:49			
509	242	ANTONIO DÍAZ LÓPEZ	VT2M- 15	1:36:35	0:04:35	1:36:19	0:13:44	0:29:42	0:32:36	0:46:11	1:02:13	1:05:07	1:33:52			LUGO
510	1199	IVÁN BUENO HERMIDA	VT1M- 15	1:36:37	0:04:35	1:35:53	0:15:47	0:32:10	0:35:05	0:48:06	1:03:24	1:06:09	1:33:59			CEE
511	1212	FELIPE LOPEZ PEREZ	VT2M- 15	1:36:40	0:04:35	1:36:00	0:15:13	0:30:46	0:33:36	0:46:37	1:01:52	1:04:39	1:33:48	ag764216	CLUB ATLETISMO SADA	DEXO-OLEIROS
512	201	MANUEL FERREIRA VARELA	VT3M- 39	1:36:40	0:04:35	1:36:23	0:13:31	0:29:06	0:31:58	0:45:14	1:01:16	1:04:13	1:33:49	AG 764010	CLUB ATLETISMO SADA	SADA
513	1477	JAVIER TORRALBA DE LA FUENTE	VT1M- 15	1:36:44	0:04:36	1:35:54	0:14:52	0:30:46	0:33:44	0:46:53	1:02:28	1:05:22	1:34:04			LA CORUÑA
514	1274	JOSE ANTA ALVAREZ	SNM- 147	1:36:46	0:04:36	1:36:10	0:14:49	0:30:57	0:33:45	0:46:57	1:02:43	1:05:34	1:34:14			A CORUÑA
515	247	JOSE LUIS SANTOME COLLAZO	SNM- 148	1:36:48	0:04:36	1:36:07	0:15:00	0:30:57	0:33:50	0:47:05	1:02:38	1:05:26	1:34:08			OLEIROS
516	1677	ORLANDO FERNANDEZ COSTADO	VT1M- 15	1:36:48	0:04:36	1:36:07	0:15:00	0:30:56	0:33:50	0:47:05	1:02:39	1:05:26	1:34:08			
517	353	JOSÉ MANUEL GONZÁLEZ GONZÁLEZ	VT2M- 15	1:36:48	0:04:36	1:36:23	0:14:26	0:30:14	0:33:03	0:45:59	1:01:30	1:04:21	1:33:58			LUGO
518	315	HÉCTOR CAJARVILLE ARAÚJO	VT1M- 15	1:36:49	0:04:36	1:36:26	0:14:07	0:30:02	0:32:54	0:46:08	1:01:48	1:04:39	1:34:01			SANTIAGO
519	243	JUANJO ORTEGA ORTEGA	VT1M- 15	1:36:52	0:04:36	1:36:37	0:13:32	0:28:56	0:31:45	0:44:58	1:00:49	1:03:41	1:33:55			LUGO
520	1116	ANDRÉS RODRIGUEZ DOMINGUEZ	VT1M- 15	1:36:56	0:04:36	1:36:42	0:13:21	0:29:00	0:31:50	0:45:03	1:00:45	1:03:38	1:34:08			PONTEVEDRA
521	1547	JUAN CRUZ CARRETERO SANCHEZ	SNM- 149	1:36:56	0:04:36	1:36:43	0:13:31	0:29:01	0:31:53	0:44:59	1:01:08	1:04:02	1:34:07			CORUÑA
522	1301	SERGIO CANLE PAZ	VT1M- 16	1:36:58	0:04:36	1:35:59	0:14:37	0:29:49	0:32:38	0:45:43	1:01:36	1:04:33	1:34:09			SADA
523	580	MANUEL CARBALLAL	VT1M- 16	1:36:58	0:04:36	1:36:43	0:13:17	0:29:09	0:32:07	0:45:51	1:01:57	1:04:46	1:34:13			LUGO
524	1245	BERNALDO PENAS ANTELO	SNM- 150	1:37:00	0:04:36	1:36:23	0:15:17	0:31:36	0:34:32	0:47:54	1:03:22	1:06:10	1:34:21			SANTIAGO
525	1355	FRANCISCO RÍOS PÉREZ	SNM- 151	1:37:00	0:04:36	1:35:54	0:15:51	0:31:50	0:34:43	0:48:05	1:03:48	1:06:42	1:34:27			A CORUÑA
526	1282	JOSÉ IGNACIO GONZÁLEZ HERRERO	VT2M- 15	1:37:01	0:04:36	1:36:23	0:14:22	0:30:00	0:32:52	0:46:03	1:01:38	1:04:28	1:34:07			LA CORUÑA
527	179	MIGUEL ANGEL VIDAL REIGOSA	VT1M- 16	1:37:05	0:04:37	1:36:57	0:12:42	0:27:49	0:30:39	0:43:47	0:59:46	1:02:51	1:34:12			RIBADEO
528	1495	MANUEL CALO CANOSA	VT1M- 16	1:37:10	0:04:37	1:36:58	0:13:24	0:28:58	0:31:47	0:45:15	1:01:00	1:03:56	1:34:12			CEE
529	382	MANUEL VALCÁRCCEL LASTRA	VT4M- 5	1:37:12	0:04:37	1:36:35	0:14:41	0:30:11	0:33:00	0:46:19	1:02:13	1:05:03	1:34:29			A PONTENOVA
530	211	FERNANDO ANTELO FERRO	VT2M- 16	1:37:13	0:04:37	1:36:55	0:13:59	0:29:49	0:32:40	0:45:50	1:01:38	1:04:34	1:34:25	AG 9891	NOITEBRA F.C.	AMES
531	1628	JULIO FERNÁNDEZ TROITIÑO	VT3M- 40	1:37:17	0:04:37	1:36:41	0:15:19	0:31:26	0:34:21	0:47:24	1:03:03	1:05:46	1:34:30			CAMBRE
532	1159	PEDRO PARDO PEREZ	VT2M- 16	1:37:18	0:04:37	1:36:40	0:14:50	0:31:00	0:33:57	0:47:09	1:02:46	1:05:37	1:34:33			A CORUÑA
533	244	MANUEL VARELA VILA	VT2M- 16	1:37:20	0:04:37	1:36:43	0:14:46	0:30:18	0:33:12	0:46:21	1:02:09	1:05:02	1:34:34			PONTEDEUME
534	1538	FRANCISCO JAVIER REY PEDREIRA	VT2M- 16	1:37:21	0:04:37	1:37:04	0:14:18	0:30:25	0:33:21	0:46:48	1:02:51	1:05:43	1:34:37			A CORUÑA
535	623	MANUEL FRANCISCO RODRIGUEZ FERNANDEZ	SNM- 152	1:37:31	0:04:38	1:36:49	0:14:28	0:30:03	0:32:54	0:46:04	1:01:57	1:04:48	1:34:46			CEA
536	1487	JOSÉ GENARO BARRÓS PENEDO	VT2M- 16	1:37:35	0:04:38	1:36:36	0:15:28	0:31:36	0:34:27	0:47:24	1:02:56	1:05:47	1:34:40			LA CORUÑA
537	533	RAMON ALENDE CEA	VT3M- 41	1:37:36	0:04:38	1:37:19	0:13:59	0:29:37	0:32:27	0:45:35	1:01:27	1:04:40	1:34:36	AG765588	NOITEBRA, F.C.	SANTIAGO
538	288	SENEN BARRAL GOMEZ	VT1M- 16	1:37:37	0:04:38	1:36:57	0:14:49	0:30:41	0:33:35	0:46:56	1:02:46	1:05:35	1:34:52			ARTEIXO
539	222	ALEJANDRO GALAN FERNANDEZ	SNM- 153	1:37:38	0:04:38	1:37:21	0:13:29	0:29:08	0:31:57	0:45:11	1:01:29	1:04:26	1:34:47			A CORUÑA
540	1133	EDER FERNANDEZ PÉREZ	VT2M- 16	1:37:41	0:04:38	1:37:25	0:13:37	0:29:15	0:32:11	0:45:28	1:01					

554	197 FERNANDO ABREU FERNÁNDEZ	VT2M- 161	1:38:07	0:04:40	1:37:51	0:14:38	0:30:58	0:33:57	0:47:36	1:03:32	1:06:24	1:35:25	GA 19780	C.A.R. MARISQUEIRO	SALVATERRA DE MIÑO
555	305 JOSÉ NÚÑEZ RODRÍGUEZ	SNM- 161	1:38:08	0:04:40	1:37:54	0:13:28	0:28:49	0:31:42	0:45:13	1:01:30	1:04:24	1:35:12			A CORUÑA
556	1158 DAVID LADO GONZÁLEZ	SNM- 162	1:38:08	0:04:40	1:37:53	0:13:21	0:28:43	0:31:33	0:44:37	1:00:30	1:03:28	1:35:06			A CORUÑA
557	321 HENRIQUE VILTA DIAZ	VT2M- 161	1:38:08	0:04:40	1:37:20	0:15:27	0:31:50	0:34:43	0:48:21	1:04:22	1:07:13	1:35:38			A CORÑA
558	1502 PEDRO LUIS CAYÓN OTERO	VT1M- 161	1:38:10	0:04:40	1:37:17	0:15:23	0:31:48	0:34:41	0:48:02	1:03:52	1:06:44	1:35:26			BURELA
559	232 GIOVANI GARCIA ESTEVEZ	SNM- 163	1:38:11	0:04:40	1:37:46	0:14:44	0:30:48	0:33:44	0:47:06	1:02:56	1:05:47	1:35:21			LUGO
560	1459 PEPE SABORIDO MARTINEZ	VT2M- 171	1:38:14	0:04:40	1:37:50	0:14:25	0:30:22	0:33:16	0:46:28	1:02:05	1:04:57	1:35:14			CORUÑA
561	442 SERGIO MONTEAGUDO RODRIGUEZ	SNM- 164	1:38:16	0:04:40	1:37:49	0:14:34	0:30:39	0:33:28	0:46:24	1:01:59	1:04:56	1:35:31			A CORUÑA
562	1314 VICTOR M. BALTAR ESTEVEZ	VT2M- 171	1:38:16	0:04:40	1:37:46	0:14:25	0:30:30	0:33:26	0:47:00	1:02:56	1:05:48	1:35:23			VIGO
563	1220 ÁNGEL BRANTUAS GONZÁLEZ	SNM- 165	1:38:17	0:04:40	1:37:48	0:14:32	0:30:24	0:33:18	0:46:34	1:02:13	1:04:59	1:35:31			A CORUÑA
564	1165 ANGEL BURREL BOTAYA	VT2M- 171	1:38:18	0:04:40	1:37:52	0:14:30	0:30:21	0:33:13	0:46:33	1:02:25	1:05:18	1:35:22			FERROL
565	1356 FELIX MARTINEZ YAÑEZ	VT2M- 171	1:38:18	0:04:40	1:37:52	0:14:29	0:30:21	0:33:12	0:46:33	1:02:13	1:05:04	1:35:17			FERROL
566	1303 LEOPOLDO MOSQUERA BARGO	SNM- 166	1:38:18	0:04:40	1:37:05	0:15:40	0:31:45	0:34:38	0:47:52	1:03:23	1:06:14	1:35:33			PORTO DO SON
567	1571 MIGUEL LÓPEZ GARCIA	VT1M- 161	1:38:21	0:04:40	1:37:37	0:15:21	0:31:10	0:34:02	0:47:22	1:03:03	1:05:56	1:35:33		CORRE CORRE QUE TE PILLO NA LAF	A LARACHA
568	1474 HECTOR VAZQUEZ REY	SNM- 167	1:38:22	0:04:40	1:37:15	0:15:11	0:31:01	0:33:51	0:46:59	1:02:52	1:05:48	1:35:37			LA CORUÑA
569	501 VICENTE ARMENTAL PÉREZ	SNM- 168	1:38:26	0:04:40	1:37:58	0:14:32	0:30:23	0:33:18	0:46:35	1:02:14	1:05:03	1:35:34			CAMBRE
570	248 DIEGO TEJERO RUIZ	SNM- 169	1:38:30	0:04:41	1:38:01	0:14:44	0:30:50	0:33:46	0:47:08	1:03:07	1:06:04	1:35:53			A CORUÑA
571	1597 RAMON LOPEZ ROMAN	VT2M- 171	1:38:31	0:04:41	1:37:58	0:14:32	0:30:30	0:33:23	0:46:53	1:02:58	1:05:49	1:35:08			A CORUÑA
572	208 JESUS NAVAZO RUIZ	VT2M- 171	1:38:37	0:04:41	1:38:18	0:13:32	0:28:36	0:31:23	0:44:01	1:00:50	1:03:55	1:35:27	AG763934	FONTES DO SAR	SANTIAGO
573	564 ENRIQUE TELLADO NOGUEIRA	VT1M- 161	1:38:42	0:04:41	1:38:10		0:30:52	0:33:48	0:47:04	1:02:49	1:05:46	1:35:47			A CORUÑA
574	560 ANTONIO RUBIO GARCÍA	SNM- 170	1:38:48	0:04:41	1:38:06	0:14:59	0:30:55	0:33:47	0:47:06	1:03:05	1:06:00	1:35:55			A CORUÑA
575	1151 PEDRO PRALLONG ÁLVAREZ	VT4M- 6	1:38:50	0:04:42	1:38:34	0:14:46	0:31:32	0:34:36	0:48:14	1:04:18	1:07:11	1:36:08			GIJÓN
576	555 ROBERTO SANJUAN SÁNCHEZ	VT2M- 171	1:38:53	0:04:42	1:38:40	0:13:48	0:29:33	0:32:27	0:45:43	1:01:53	1:04:45	1:35:51			FRANZA-MUGARDOS
577	1382 JOSE LUIS VAZQUEZ RODRIGUEZ	VT1M- 171	1:38:55	0:04:42	1:37:51	0:15:44	0:31:43	0:34:38	0:47:53	1:03:42	1:06:34	1:36:03			OURENSE
578	1418 VICTOR REGO IGLESIAS	SNM- 171	1:39:03	0:04:42	1:38:00	0:15:42	0:31:45	0:34:37	0:47:49	1:03:24	1:06:14	1:36:06			CORUÑA
579	502 CARLOS ALONSO MOREIRA	SNM- 172	1:39:03	0:04:42	1:37:59	0:16:50	0:32:57	0:35:48	0:49:00	1:04:25	1:07:15	1:36:26			A CORUÑA
580	612 JAVIER CAMPOS PEÑA	VT1M- 171	1:39:05	0:04:42	1:38:48	0:13:51	0:29:45	0:32:41	0:46:23	1:02:34	1:05:36	1:36:15		TRIATLON FERROL	NARON
581	1528 VICENTE GRAS PEREZ	VT3M- 44	1:39:06	0:04:42	1:38:45	0:14:39	0:31:02	0:33:55	0:47:31	1:03:47	1:06:41	1:36:26			LA CORUÑA
582	620 ALBERTO MENDEZ RODRIGUEZ	VT2M- 171	1:39:07	0:04:42	1:38:53	0:14:07	0:29:39	0:32:31	0:45:41	1:02:12	1:05:11	1:36:14			OLEIROS
583	1530 AGUSTÍN BARDANCA AMEJIDEZ	VT3M- 45	1:39:07	0:04:42	1:38:30	0:15:04	0:31:08	0:34:07	0:47:37	1:03:41	1:06:39	1:36:26			LA CORUÑA
584	322 JORGE CORREAL CAGIAO	VT2M- 171	1:39:08	0:04:42	1:38:42	0:14:40	0:30:27	0:33:21	0:47:04	1:03:30	1:06:21	1:36:16			LUGO
585	221 LUIS LOPEZ IGLESIAS	VT2M- 171	1:39:08	0:04:42	1:38:45	0:13:39	0:29:48	0:32:43	0:46:21	1:02:34	1:05:33	1:36:25			OURENSE
586	85 MANUEL GALLEGO PRIEGO	VT2M- 181	1:39:11	0:04:43	1:38:00	0:15:33	0:31:36	0:34:28	0:47:52	1:03:56	1:06:54	1:36:29	AG11108	ATLETICO BERTAMIRANS	BERTAMIRANS
587	1140 EMILIO BRUN VÁZQUEZ	VT2M- 181	1:39:11	0:04:43	1:37:59	0:15:34	0:31:36	0:34:28	0:47:52	1:03:55	1:06:54	1:36:29			COVAS
588	349 DAVID IGLESIAS RIQUEIRA	SNM- 173	1:39:12	0:04:43	1:39:00	0:13:36	0:29:28	0:32:24	0:46:06	1:02:35	1:05:33	1:36:20			A CORUÑA
589	192 JESUS ENRIQUE REY SOUTO	VT2M- 181	1:39:14	0:04:43	1:38:41	0:14:47	0:30:57	0:33:50	0:47:19	1:03:20	1:06:14	1:36:31	AG-764362	ATLETISMO BOIMORTO	BOIMORTO
590	1120 ISMAEL NAVARRO CASTELL	SNM- 174	1:39:17	0:04:43	1:38:39	0:14:54	0:30:55	0:33:49	0:47:14	1:03:15	1:06:11	1:36:27			MADRID
591	1153 CARLOS OTERO IGLESIAS	VT1M- 171	1:39:20	0:04:43	1:38:46	0:13:53	0:29:33	0:32:30	0:46:03	1:02:31	1:05:36	1:36:18			A CORUÑA
592	227 JOSE SAMBADE CARREIRA	VT1M- 171	1:39:20	0:04:43	1:38:52	0:14:35	0:30:26	0:33:22	0:46:49	1:03:04	1:06:03	1:36:21			LA CORUÑA
593	289 JOSE Mª RUBIO JIMENEZ DE LLANO	VT2M- 181	1:39:23	0:04:43	1:38:54	0:14:44	0:30:51	0:33:46	0:47:08	1:03:06	1:06:04	1:36:30			LA CORUÑA
594	417 MIGUEL DELMAS COSTA	VT1M- 171	1:39:23	0:04:43	1:38:16	0:15:45	0:31:43	0:34:39	0:47:55	1:03:57	1:06:55	1:36:30			A CORUÑA
595	581 MATÍAS GARCÍA-ANLLO REINOSO	VT2M- 181	1:39:24	0:04:43	1:38:36	0:15:28	0:31:44	0:34:40	0:47:34	1:02:09	1:04:47	1:35:45			VILALBA
596	416 MANUEL BLANCO PARADA	VT2M- 181	1:39:27	0:04:43	1:39:13	0:14:24	0:30:32	0:33:31	0:47:12	1:03:38	1:06:37	1:36:42			LA CORUÑA
597	1375 FRANCISCO GULIN RIVERA	VT2M- 181	1:39:29	0:04:43	1:38:24	0:15:17	0:31:20	0:34:14	0:47:29	1:03:30	1:06:27	1:36:35			A CORUÑA
598	1555 RAMON RIOS CALVO	VT3M- 46	1:39:31	0:04:44	1:39:03	0:14:05	0:29:46	0:32:37	0:45:56	1:02:02	1:05:00	1:36:25			A CORUÑA
599	538 CARLOS FERNANDEZ EXPOSITO	VT2M- 181	1:39:32	0:04:44	1:38:25	0:15:11	0:31:00	0:33:51	0:46:58	1:02:53	1:05:49	1:36:24			A CORUÑA
600	643 MARCOS CAO BOEDO	VT1M- 171	1:39:32	0:04:44	1:38:56	0:14:46	0:30:36	0:33:32	0:47:01	1:03:17	1:06:13	1:36:42			A CORUÑA
601	1185 MIGUEL ANGEL DOMINGUEZ MARTINEZ	VT1M- 171	1:39:36	0:04:44	1:39:14	0:15:00	0:31:47	0:34:46	0:48:36	1:04:47	1:07:44	1:36:55			A CORUÑA
602	1288 PABLO CANCELVA VARELA	SNM- 175	1:39:38	0:04:44	1:39:03	0:15:08	0:31:35	0:34:37	0:48:23	1:04:36	1:07:36	1:37:05			A CORUÑA
603	1195 SAMER NACHAWATI REGO	SNM- 176	1:39:41	0:04:44	1:38:58	0:14:07	0:29:50	0:32:41	0:46:18	1:02:30	1:05:19	1:36:55			SANTIAGO DE COMPOSTELA
604	1405 ENRIQUE PRIETO	VT2M- 181	1:39:42	0:04:44	1:38:28	0:16:36	0:32:56	0:35:55	0:49:28	1:05:20	1:08:13	1:36:56			O BURGO
605	1591 RUBEN DIAZ ROMERO	SNM- 177	1:39:44	0:04:44	1:38:26	0:16:18	0:32:38	0:35:35	0:48:57	1:05:03	1:07:59	1:37:05			FERROL
606	350 MIGUEL LAMEIRO NIETO	VT1M- 171	1:39:53	0:04:45	1:39:00	0:14:33	0:30:14	0:33:07	0:46:29	1:02:24	1:05:20	1:36:50			STA CRUZ, OLEIROS
607	1343 HUGO BLANCO BLANCO	SNM- 178	1:39:53	0:04:45	1:39:02	0:15:17	0:30:59	0:33:48	0:47:19	1:03:36	1:06:34	1:37:02			AS PONTES
608	1661 FERNANDO CARDEÑA DE HARO	PRM- 9	1:39:53	0:04:45	1:39:08	0:15:16	0:31:33	0:34:48	0:48:11	1:04:11	1:07:08	1:36:35			
609	1641 JOSE MANUEL CIVES ENJO	SNM- 179	1:39:55	0:04:45	1:39:20	0:15:36	0:32:13	0:35:17	0:49:14	1:05:42	1:08:39	1:37:28			A CORUÑA
610	1178 JULIO TORREIRA LÓPEZ	VT1M- 171	1:39:56	0:04:45	1:39:25	0:14:45	0:31:00	0:33:58	0:47:51	1:04:14	1:07:14	1:37:13			A CORUÑA
611	1249 BRUNO DE LLANO GOMEZ ULLA	VT1M- 171	1:39:58	0:04:45	1:38:38	0:15:20	0:31:05	0:34:01	0:47:28	1:03:36	1:06:37	1:37:07			CAMBRE
612	1155 LUCIO ÁLVAREZ GARCIA	SNM- 180	1:39:58	0:04:45	1:38:49	0:14:51	0:30:31	0:33:14	0:51:21	1:06:35	1:09:22	1:37:26			LEON
613	421 TONI CALVIÑO BESTILLEIRO	SNM- 181	1:40:00	0:04:45	1:38:57	0:15:30	0:31:55	0:34:54	0:48:33	1:04:44	1:07:38	1:37:10			ARTEIXO
614	1399 ALEJANDRO VIJANDE LÓPEZ	PRM- 10	1:40:01	0:04:45	1:38:50	0:15:58	0:31:57	0:34:49	0:48:22	1:04:10	1:07:08	1:37:17			BARREIROS
615	230 EDUARDO JORGE VAZQUEZ AMOR	SNM- 182	1:40:01	0:04:45	1:39:44	0:13:16	0:29:05	0:32:09	0:46:26	1:03:01	1:05:56	1:37:14			LA CORUÑA
616	481 DAI KONDO	VT1M- 181	1:40:08	0:04:45	1:39:30	0:15:38	0:32:41	0:35:48	0:49:41	1:05:56	1:08:53	1:37:32			LA CORUÑA
617	441 GUILLERMO BLANCO PITA	SNM- 183	1:40:09	0:04:45	1:39:24	0:16:07	0:33:27	0:36:31	0:50:05	1:05:56	1:08:47	1:37:25			PERILLO - OLEIROS
618	352 ROBERT TOMÉ MARCOTE	VT2M- 181	1:40:12	0:04:45	1:39:46	0:14:27	0:30:26	0:33:21	0:47:04	1:03:34	1:06:29	1:37:22			LA CORUÑA
619	1457 FRANCISCO ROCA LOPEZ	VT3M- 47	1:40:12	0:04:45	1:39:40	0:15:06	0:31:36	0:34:39	0:48:24	1:04:40	1:07:41	1:37:24			LA CORUÑA
620	1142 SAID JUAN KALAJI GAREA	SNM- 184	1:40:13	0:04:45	1:39:39	0:15:03	0:31:36	0:34:39	0:48:15	1:04:24	1:07:18	1:37:23			LA CORUÑA
621	1340 STEPHAN JEANDON	VT2M- 191	1:40:14	0:04:46	1:39:25	0:15:16	0:31:09	0:34:07	0:47:41	1:03:58	1:06:59	1:37:20			CARBALLO
622	549 LUIS VALBUENA GARRIDO	VT2M- 191	1:40:16	0:04:46	1:39:52	0:15:18	0:								



634	1501 PABLO CORDERO RODRIGUEZ	VT1M- 18	1:40:43	0:04:47	1:39:16	0:16:50	0:33:23	0:36:23	0:50:03	1:06:03	1:08:58	1:37:53	MOAÑA
635	1385 ENRIQUE BLANCO RAMOS	SNM- 188	1:40:43	0:04:47	1:40:19	0:14:15	0:31:15	0:34:26	0:48:39	1:05:01	1:07:58	1:37:50	MIÑO
636	496 MANUEL NAVEIRA FACHAL	VT2M- 19	1:40:45	0:04:47	1:39:38	0:15:19	0:31:45	0:34:45	0:48:31	1:04:46	1:07:46	1:37:56	LA CORUÑA
637	562 CARLOS RUIZ SEIJO	VT1M- 18	1:40:46	0:04:47	1:40:10	0:15:10	0:31:49	0:34:51	0:48:44	1:05:15	1:08:12	1:37:59	FERROL
638	213 PABLO RODRIGUEZ-LORASQUE VÁZQUEZ	VT1M- 18	1:40:46	0:04:47	1:40:23	0:15:17	0:31:47	0:34:49	0:48:37	1:05:03	1:08:02	1:38:04	AG 766884 NOSPORLIMIT LUGO
639	1179 ANTONIO CAÑETE DEL CAMPO	VT2M- 19	1:40:47	0:04:47	1:40:10	0:15:12	0:31:47	0:34:48	0:48:41	1:05:10	1:08:09	1:38:02	A CORUÑA
640	432 GUSTAVO SEIJO GARCIA	VT1M- 18	1:40:47	0:04:47	1:40:08	0:15:14	0:31:47	0:34:47	0:48:41	1:05:10	1:08:09	1:38:02	A CORUÑA
641	618 JUAN ANTONIO DOMINGUEZ LOPEZ	VT2M- 19	1:40:49	0:04:47	1:39:50	0:15:42	0:31:46	0:34:42	0:48:20	1:04:35	1:07:35	1:37:58	A CORUÑA
642	1467 CARLOS EDMUNDO PONTE PEREIRA	VT1M- 18	1:40:50	0:04:47	1:40:05	0:15:17	0:31:29	0:34:29	0:48:07	1:04:22	1:07:23	1:38:07	A CORUÑA
643	449 MARTIN FERNANDEZ LOPEZ	VT3M- 50	1:40:51	0:04:47	1:40:06	0:15:26	0:31:41	0:34:39	0:48:31	1:04:31	1:07:34	1:38:01	O CARBALLIÑO
644	1317 MARCOS FREIJEIRO VARELA	VT1M- 18	1:40:52	0:04:47	1:39:56	0:15:24	0:31:29	0:34:25	0:48:10	1:04:32	1:07:30	1:37:53	A CORUÑA
645	1237 JESUS PIÑEIRO VAZQUEZ	VT1M- 19	1:40:53	0:04:47	1:39:48	0:15:46	0:31:49	0:34:47	0:48:27	1:04:53	1:07:56	1:37:59	A CORUÑA
646	621 DAVID CORGO RIVEIRO	SNM- 189	1:40:54	0:04:47	1:39:57	0:15:37	0:31:29	0:34:29	0:47:59	1:04:06	1:07:04	1:38:06	A CORUÑA
647	1337 ALEJANDRO FERNÁNDEZ CORTÉS	SNM- 190	1:41:03	0:04:48	1:39:48	0:16:25	0:33:26	0:36:30	0:50:08	1:06:18	1:09:16	1:38:19	LA CORUÑA
648	435 FERNANDO SUÁREZ VALDERREY	SNM- 191	1:41:04	0:04:48	1:40:29	0:15:30	0:32:47	0:35:53	0:50:03	1:06:32	1:09:31	1:38:30	A CORUÑA
649	214 ENRIQUE PEÑA GONZÁLEZ	VT1M- 19	1:41:08	0:04:48	1:40:39	0:15:03	0:31:37	0:34:36	0:48:28	1:05:02	1:08:03	1:38:18	AG767354 PATUKOS TIM RANIN CAMBRE
650	194 FÉLIX DE CASTRO RODRÍGUEZ	VT2M- 19	1:41:10	0:04:48	1:40:54	0:13:53	0:30:31	0:33:34	0:47:45	1:04:49	1:07:55	1:38:14	AG763651 ATLETISMO DEZA A CORUÑA
651	634 VICTOR MANUEL NAYA LOPEZ	VT2M- 19	1:41:11	0:04:48	1:40:33	0:15:42	0:32:18	0:35:21	0:48:58	1:05:16	1:08:16	1:38:26	CLUB MONTEPENARUBIA RUNNING LUGO
652	294 JOSE ANTONIO GARCIA FANDIÑO	VT3M- 51	1:41:11	0:04:48	1:40:54	0:14:43	0:31:11	0:34:10	0:48:06	1:04:37	1:07:38	1:38:26	FERROL
653	293 SANTIAGO LOSADA PEREZ	VT4M- 7	1:41:12	0:04:48	1:40:54	0:14:42	0:31:11	0:34:10	0:48:06	1:04:37	1:07:38	1:38:26	FERROL
654	1318 ENRIQUE CASTAÑO ROMERO	VT1M- 19	1:41:20	0:04:49	1:40:20	0:15:19	0:31:37	0:34:34	0:48:15	1:04:42	1:07:45	1:38:36	NOIA
655	1635 JUAN PÉREZ FERREIRO	SNM- 192	1:41:20	0:04:49	1:40:35	0:14:00	0:29:27	0:32:16	0:45:23	1:02:35	1:05:34	1:38:09	A CORUÑA
656	325 JOSE ANTONIO LOPEZ FERNANDEZ	VT1M- 19	1:41:21	0:04:49	1:40:20	0:15:19	0:31:37	0:34:34	0:48:14	1:04:40	1:07:44	1:38:32	NOIA
657	1593 LUIS PRADA MEDINA	VT2M- 20	1:41:21	0:04:49	1:40:03	0:15:59	0:32:33	0:35:33	0:49:11	1:05:20	1:08:19	1:38:29	A CORUÑA
658	1386 JOSE RAMON IGLESIAS MARTINEZ	VT1M- 19	1:41:21	0:04:49	1:40:41	0:15:31	0:31:51	0:34:50	0:48:34	1:05:02	1:07:59	1:38:29	CULLEREDO
659	614 JULIO SUÁREZ VAZQUEZ	VT3M- 52	1:41:22	0:04:49	1:41:10	0:14:39	0:30:58	0:33:55	0:47:32	1:03:50	1:06:54	1:38:13	A CORUÑA
660	489 FERNANDO VILABOY LEDO	SNM- 193	1:41:23	0:04:49	1:40:53	0:15:10	0:31:32	0:34:31	0:48:25	1:05:04	1:08:06	1:38:24	AS PONTES
661	1341 DAVID LIÑARES AMOR	PRM- 11	1:41:25	0:04:49	1:40:50	0:15:09	0:31:35	0:34:38	0:48:23	1:04:39	1:07:43	1:38:31	GUISAMO
662	1265 MIGUEL SALGADO PAZOS	VT2M- 20	1:41:25	0:04:49	1:40:32	0:14:45	0:30:40	0:33:36	0:47:21	1:03:52	1:06:58	1:38:28	A CORUÑA
663	346 JUAN MANUEL TABARA RODRÍGUEZ	VT2M- 20	1:41:27	0:04:49	1:40:40	0:15:28	0:31:48	0:34:44	0:48:26	1:04:44	1:07:46	1:38:34	LA CORUÑA
664	1391 ELADIO CALVIÑO GOLÁN	VT4M- 8	1:41:31	0:04:49	1:40:25	0:15:30	0:31:55	0:34:54	0:48:33	1:04:44	1:07:38	1:38:21	CERCEDA
665	300 JOSÉ CARLOS GONZALEZMONTERO	SNM- 194	1:41:32	0:04:49	1:41:11	0:15:41	0:32:11	0:35:05	0:48:34	1:05:06	1:08:16	1:38:59	LUGO
666	162 JOSÉ MANUEL LOPEZ LOPEZ	VT2M- 20	1:41:33	0:04:49	1:40:11	0:17:26	0:34:23	0:37:26	0:51:14	1:07:12	1:10:13	1:38:55	SARRIA
667	1432 MARIO SEIJAS LOPEZ	VT1M- 19	1:41:33	0:04:49	1:40:09	0:17:25	0:34:23	0:37:26	0:51:14	1:07:11	1:10:03	1:38:56	SARRIA
668	1108 JOSE RAMON CONDE TORRES	VT3M- 53	1:41:50	0:04:50	1:41:26	0:14:48	0:31:28	0:34:33	0:48:36	1:05:14	1:08:16	1:38:52	ATLETISMO PORRIÑO O PORRIÑO
669	1248 ENRIQUE GRIÑAN TORRADO	VT1M- 19	1:41:50	0:04:50	1:41:05	0:15:17	0:31:44	0:34:43	0:48:35	1:05:00	1:08:03	1:38:52	CORUNA
670	319 DOMINGO FERREIRO DIAZ	VT1M- 19	1:41:51	0:04:50	1:41:29	0:15:43	0:32:33	0:35:39	0:49:53	1:06:59	1:10:03	1:39:09	LUGO
671	1527 IGNACIO RODRIGUEZ PEREZ	VT1M- 19	1:41:52	0:04:50	1:41:26	0:13:54	0:30:05	0:33:03	0:46:41	1:03:09	1:06:11	1:38:30	VICLAUMAIA PORTO DO SON
672	1224 JOSE VICENTE NAVARRO	SNM- 195	1:41:56	0:04:50	1:41:17	0:14:56	0:31:23	0:34:23	0:48:12	1:04:59	1:08:03	1:38:56	MADRID
673	199 JORGE VALDES PORTO	VT2M- 20	1:41:57	0:04:50	1:41:27	0:15:13	0:32:04	0:35:09	0:49:13	1:05:57	1:08:58	1:38:55	AG 764015 CLUB ATLETISMO SADA SADA
674	1161 XOSÉ MANUEL SENLLE CANOSA	VT3M- 54	1:41:58	0:04:50	1:40:25	0:16:21	0:33:08	0:36:09	0:50:02	1:06:15	1:09:11	1:39:12	A CORUÑA
675	1201 CELSO BLANCO GARCIA	VT1M- 19	1:42:01	0:04:51	1:40:55	0:16:05	0:32:57	0:35:56	0:49:52	1:06:33	1:09:36	1:39:13	LA CORUÑA
676	224 JOSÉ MANUEL CASÁS CASÁS	VT1M- 20	1:42:01	0:04:51	1:42:01	0:14:35	0:31:06	0:34:09	0:48:16	1:05:08	1:08:14	1:39:08	A CORUÑA
677	1625 JOSE CARLOS SAA RAMOS	VT1M- 20	1:42:02	0:04:51	1:41:28	0:13:55	0:29:16	0:32:05	0:45:11	1:01:15	1:04:16	1:38:40	A CORUÑA
678	448 DANIEL VÁZQUEZ PACHECO	SNM- 196	1:42:03	0:04:51	1:40:58	0:16:03	0:32:20	0:35:19	0:48:51	1:05:07	1:08:08	1:39:12	A CORUÑA
679	559 ALBERTO NOVO	SNM- 197	1:42:04	0:04:51	1:41:22	0:15:41	0:32:19	0:35:21	0:49:20	1:05:53	1:08:52	1:39:11	VILALBA
680	1456 EUGENIO DE MIGUEL MIRO	VT2M- 20	1:42:08	0:04:51	1:41:46	0:15:22	0:32:15	0:35:14	0:49:03	1:05:26	1:08:28	1:39:13	A CORUÑA
681	205 JOSE JAVIER FERNANDEZ RAMOS	VT2M- 20	1:42:09	0:04:51	1:41:39	0:15:15	0:32:04	0:35:09	0:49:13	1:05:56	1:08:58	1:39:23	AG 764218 CLUB ATLETISMO SADA SADA
682	331 JOSÉ RODRÍGUEZ FIGUEROA	VT2M- 20	1:42:10	0:04:51	1:41:22	0:16:46	0:33:51	0:36:53	0:50:34	1:06:29	1:09:18	1:39:10	LA CORUÑA
683	641 JAVIER FIGUEROA RODRIGUEZ	VT2M- 20	1:42:10	0:04:51	1:41:23	0:16:47	0:33:52	0:36:54	0:50:35	1:06:30	1:09:18	1:39:10	A CORUÑA
684	330 RAÚL REY FIGUEIRA	VT1M- 20	1:42:11	0:04:51	1:41:39	0:15:10	0:31:38	0:34:35	0:48:34	1:05:25	1:08:27	1:39:27	A CORUÑA
685	1431 ALBERTO MINGUEZ-GOYANES CASTILLA	PRM- 12	1:42:13	0:04:51	1:41:40	0:15:25	0:32:24	0:35:37	0:50:19	1:08:22	1:11:31	1:39:19	A CORUÑA
686	1504 SANTIAGO GATO DOCE	SNM- 198	1:42:16	0:04:51	1:41:34	0:15:15	0:31:53	0:34:54	0:48:44	1:05:14	1:08:14	1:39:18	FERROL
687	347 XURXO SEIJO SAAVEDRA	SNM- 200	1:42:19	0:04:51	1:41:52	0:15:10	0:31:58	0:35:02	0:49:07	1:06:01	1:09:03	1:39:26	A CORUÑA
688	1455 DIEGO SANCHEZ GONZALEZ	SNM- 199	1:42:19	0:04:51	1:41:59	0:15:03	0:31:56	0:35:02	0:49:06	1:06:00	1:09:03	1:39:26	MELIDE
689	311 JUAN JOSE FONTICOBA BETANZOS	VT2M- 20	1:42:19	0:04:51	1:41:47	0:15:28	0:32:26	0:35:33	0:50:01	1:06:59	1:10:04	1:39:50	A CORUÑA
690	1271 MARTIN VILLAR NÚÑEZ	SNM- 201	1:42:20	0:04:51	1:41:57	0:14:01	0:29:35	0:32:33	0:46:21	1:03:06	1:06:15	1:38:47	OLEIROS
691	567 FERNANDO PEREZ GOMEZ	VT2M- 21	1:42:21	0:04:52	1:42:04	0:15:31	0:32:37	0:35:42	0:49:58	1:06:56	1:10:01	1:39:47	PONTEVEDRA
692	342 CELESTINO MATO PEÓN	VT1M- 20	1:42:30	0:04:52	1:42:09	0:14:20	0:30:16	0:33:10	0:47:06	1:03:59	1:07:09	1:39:21	NOIA
693	1494 JUAN RAMÓN GARCÍA REGUEIRA	VT2M- 21	1:42:32	0:04:52	1:41:58	0:15:22	0:32:03	0:35:10	0:49:17	1:06:12	1:09:16	1:39:44	A CORUÑA
694	1500 MIGUEL ANGEL CARREIRA GARCIA	VT1M- 20	1:42:33	0:04:52	1:41:41	0:15:25	0:31:48	0:34:45	0:48:34	1:05:16	1:08:18	1:39:39	A CORUÑA
695	407 PABLO PAZOS GARCÍA	VT1M- 20	1:42:36	0:04:52	1:41:31	0:15:33	0:31:59	0:34:59	0:48:56	1:05:18	1:08:19	1:39:40	A CORUÑA
696	1615 MARCOS RILO TABEAYO	VT1M- 20	1:42:36	0:04:52	1:42:03	0:15:23	0:32:19	0:35:20	0:49:29	1:06:06	1:09:07	1:39:39	A CORVE IRÁ
697	1636 MARTIN PENELAS SALGUEIRO	SNM- 202	1:42:36	0:04:52	1:42:02	0:15:23	0:32:17	0:35:20	0:49:29	1:06:06	1:09:07	1:39:37	A CORUÑA
698	584 JAIME LÓPEZ CAINZOS	VT1M- 20	1:42:38	0:04:52	1:42:15	0:15:08	0:32:13	0:35:22	0:49:51	1:06:40	1:09:43	1:39:52	A CORUÑA
699	477 RUBEN SERRAPÍO GONZALEZ	SNM- 203	1:42:38	0:04:52	1:41:33	0:16:44	0:33:43	0:36:47	0:50:33	1:07:00	1:09:56	1:39:49	A CORUÑA
700	457 DIEGO TEJO GARCÍA	SNM- 204	1:42:38	0:04:52	1:41:33	0:16:47	0:33:45	0:36:51	0:50:50	1:07:25	1:10:27	1:39:49	A CORUÑA
701	239 MANUEL ANGEL MIRAMONTES BARREIRO	VT2M- 21	1:42:42	0:04:53	1:42:20	0:14:52	0:32:01	0:35:08	0:49:26	1:06:12	1:09:15	1:39:41	SANTIAGO DE COMPOSTELA
702	1429 PEPE RUBAL GARCIA	VT2M- 21	1:42:42	0:04:53	1:41:51	0:15:23	0:31:50	0:34:49	0:48:43	1:05:17	1:08:18	1:39:47	VIVEIRO
703	253 JOSE JAVIER MONTERO GONZALEZ	VT1M- 20	1:42:43	0:04:53	1:42:16	0:14:39	0:31:35	0:34:44	0:48:56	1:05:47	1:08:51	1:39:48	LUGO
704	1395 JUAN DIAZ PARDO	SNM- 205	1:42:43	0:04:53	1:42:01	0:15:15	0:31:53	0:34:55	0:48:44	1:05:15	1:08:15	1:39:29	MIÑO
705	1546 JUAN CHAO MARTÍNEZ	SNM- 206	1:42:47	0:04:53	1:42:23	0:14:56	0:32:02	0:35:00	0:48:55	1:05:29	1:08:28	1:40:02	A CORUÑA
706	539 FERNANDO LAFUENTE	VT3M- 55											

714	606 RAFAEL ALEJANDRO VACAS GONZALEZ	VT2M- 21'	1:43:02	0:04:54	1:41:52	0:15:55	0:32:17	0:35:17	0:49:38	1:06:18	1:09:22	1:40:10			CORUÑA TRAIL	A CORUÑA
715	1258 JUAN CABADO	VT1M- 21'	1:43:04	0:04:54	1:42:04	0:16:13	0:33:00	0:36:00	0:50:02	1:06:34	1:09:36	1:40:07				LA CORUÑA
716	204 FERNANDO MIGUEZ SANCHEZ	VT2M- 21'	1:43:07	0:04:54	1:42:37	0:15:14	0:32:05	0:35:11	0:49:28	1:06:17	1:09:24	1:40:13	AG 11266	CLUB ATLETISMO SADA		SADA
717	1492 JUAN DIEGO PEREIRO AREÁN	VT1M- 21'	1:43:08	0:04:54	1:42:26	0:15:43	0:32:40	0:35:43	0:50:03	1:06:54	1:09:55	1:40:06				A CORUÑA
718	402 CARLOS MIGUEL FIDALGO RODRIGUEZ	SNM- 210	1:43:10	0:04:54	1:42:41	0:14:43	0:31:16	0:34:19	0:48:20	1:05:14	1:08:19	1:40:10				OURENSE
719	1587 ANDRÉS CASTRO FERNÁNDEZ	SNM- 211	1:43:10	0:04:54	1:42:39	0:15:04	0:31:30	0:34:32	0:48:38	1:05:24	1:08:30	1:40:12				FERROL
720	273 PABLO TORREIRO BARRÓS	SNM- 212	1:43:13	0:04:54	1:42:50	0:13:56	0:29:48	0:32:42	0:46:46	1:03:38	1:06:41	1:39:56				ABEGONDO
721	1180 DAVID GONZALEZ PARIS	SNM- 213	1:43:17	0:04:54	1:42:36	0:14:51	0:31:25	0:34:25	0:48:33	1:05:37	1:08:42	1:40:16				CORUNA
722	1190 FRANCISCO JOSE VILLANUEVA AMADO	VT1M- 21'	1:43:19	0:04:54	1:43:01	0:14:49	0:31:18	0:34:22	0:48:33	1:05:29	1:08:39	1:40:21				A CORUÑA
723	652 ANTON GARCIA PEREZ	VT1M- 21'	1:43:19	0:04:54	1:42:20	0:15:40	0:32:23	0:35:26	0:49:33	1:06:35	1:09:40	1:40:33				CORUNA
724	379 MIGUEL DEZA RODRIGUEZ	VT2M- 21'	1:43:20	0:04:54	1:42:22	0:15:53	0:32:55	0:36:00	0:50:07	1:06:50	1:09:55	1:40:28	AG767352	PATUKOS TIM RANIN		A CORUÑA
725	471 CARLOS MAÍZ MANSO	SNM- 214	1:43:22	0:04:54	1:42:20	0:15:41	0:32:18	0:35:20	0:49:08	1:05:52	1:08:53	1:40:15				A CORUÑA
726	447 SANTIAGO FERNÁNDEZ-NORIEGA FERNÁNDEZ	VT2M- 22'	1:43:24	0:04:55	1:42:52	0:15:30	0:32:27	0:35:30	0:49:59	1:06:51	1:09:56	1:40:30				LUGO
727	1351 MANUEL VAZQUEZ RAMOS	VT2M- 22'	1:43:24	0:04:55	1:42:44	0:16:01	0:32:58	0:35:57	0:49:54	1:06:41	1:09:43	1:40:32				ARANGA
728	1275 ALBERTO VEIRAS MEJUTO	SNM- 215	1:43:25	0:04:55	1:42:32	0:16:23	0:33:46	0:36:54	0:51:11	1:07:55	1:10:57	1:40:36				OLEIROS
729	1647 ALFONSO SMILES FERNANDEZ VIDAL	JNM- 5	1:43:26	0:04:55	1:42:41	0:15:23	0:32:45	0:35:52	0:50:09	1:06:39	1:09:43	1:40:30				LA CORUÑA
730	1434 JAVIER BLANCO CONDE	VT1M- 21'	1:43:28	0:04:55	1:42:57	0:14:45	0:31:12	0:34:12	0:48:05	1:04:47	1:07:56	1:40:11				A CORUÑA
731	337 EMILIO JOSE JOVE CASTRO	VT2M- 22'	1:43:29	0:04:55	1:43:15	0:13:58	0:30:19	0:33:19	0:47:19	1:04:07	1:07:13	1:40:06	CASTRO DE LOBADZ			FERROL
732	1801 ANGEL MUNIN OTERO	VT2M- 22'	1:43:29	0:04:55	1:43:11	0:13:59	0:29:49	0:32:41	0:46:55	1:04:18	1:07:31	1:40:15			NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
733	219 ARTURO LOPEZ LAGO	VT2M- 22'	1:43:30	0:04:55	1:42:40	0:15:01	0:31:26	0:34:32	0:48:21	1:04:51	1:07:57	1:40:30			TRIATLON CORUÑA	OLEIROS
734	1404 LUIS FORNOS GALLEGO	VT1M- 21'	1:43:33	0:04:55	1:42:28	0:16:09	0:33:00	0:36:02	0:50:06	1:06:43	1:09:46	1:40:34				OURENSE
735	403 ROBUSTIANO PEGO REIGOSA	VT2M- 22'	1:43:35	0:04:55	1:42:57	0:15:45	0:32:20	0:35:22	0:49:13	1:06:04	1:09:10	1:40:31				LUGO
736	1348 ALBERTO LOPEZ GARCIA	VT1M- 21'	1:43:36	0:04:55	1:42:55	0:14:53	0:31:25	0:34:25	0:48:33	1:05:38	1:08:42	1:40:33				LA CORUÑA
737	431 JOSÉ ANTONIO RUIZ DE VALBUENA BUENO	VT2M- 22'	1:43:37	0:04:55	1:42:42	0:16:08	0:33:22	0:36:36	0:50:34	1:07:08	1:10:12	1:40:59				LUGO
738	537 ANTONIO TORRON CASAL	VT2M- 22'	1:43:41	0:04:55	1:43:24	0:15:31	0:32:36	0:35:42	0:49:58	1:06:57	1:10:02	1:40:52				PONTEVEDRA
739	1167 JORGE FORMOSO POU	VT2M- 22'	1:43:41	0:04:55	1:42:45	0:15:01	0:31:23	0:34:22	0:48:17	1:04:46	1:07:49	1:40:20				LA CORUÑA
740	478 DANIEL ABADES REBOREDO	SNM- 216	1:43:42	0:04:55	1:42:45	0:15:41	0:31:33	0:34:31	0:48:21	1:05:25	1:08:38	1:40:51				LA CORUÑA
741	1683 SERGIO GALLEGO PINON	VT1M- 21'	1:43:45	0:04:56	1:43:14	0:16:11	0:33:17	0:36:18	0:50:25	1:07:16	1:10:14	1:40:47				FERROL
742	1369 MARIO LEDO FARIÑAS	VT1M- 21'	1:43:45	0:04:56	1:43:14	0:16:11	0:33:17	0:36:18	0:50:25	1:07:16	1:10:14	1:40:46				FERROL
743	1672 ANTONIO LUIS GONZALEZ FERNANDEZ	VT1M- 21'	1:43:46	0:04:56	1:43:38	0:13:20	0:28:57	0:31:49	0:45:19	1:01:50	1:04:51	1:40:39	AG9808			
744	262 JOSÉ ANTONIO SAAVEDRA PAZOS	VT2M- 22'	1:43:46	0:04:56	1:42:46	0:15:55	0:33:11	0:36:18	0:50:36	1:07:27	1:10:31	1:40:59				A. CORUÑA
745	1397 OSCAR GARRIDO FRAGA	VT1M- 22'	1:43:46	0:04:56	1:43:04	0:15:13	0:31:46	0:34:47	0:48:42	1:05:26	1:08:27	1:40:36				EL TEMPLE
746	1130 PEDRO ANGEL MARTINEZ GRAÑA	SNM- 217	1:43:49	0:04:56	1:42:37	0:15:59	0:32:24	0:35:20	0:49:09	1:05:53	1:08:54	1:40:48				BETANZOS
747	1114 CARLOS PEREZ SINTES	VT2M- 23'	1:43:52	0:04:56	1:43:03	0:15:25	0:32:10	0:35:14	0:49:27	1:06:26	1:09:30	1:40:56				MADRID
748	410 SUSO RAMOS RODRIGUEZ	VT2M- 23'	1:43:54	0:04:56	1:43:20	0:15:22	0:32:24	0:35:31	0:49:51	1:06:32	1:09:38	1:40:57				A CORUÑA
749	1551 ALBERTO NOYA TORRADO	VT1M- 22'	1:43:56	0:04:56	1:43:28	0:14:34	0:30:46	0:33:44	0:47:35	1:04:22	1:07:32	1:40:35				A CORUÑA
750	1466 ANTONIO BARCÓN VÁZQUEZ	VT1M- 22'	1:44:01	0:04:56	1:43:04	0:16:33	0:33:33	0:36:37	0:50:39	1:07:03	1:10:05	1:41:10				A CORUÑA
751	1372 ALBERTO PEREZ MIRAMONTES	VT2M- 23'	1:44:03	0:04:56	1:43:05	0:15:54	0:32:55	0:36:00	0:50:08	1:06:51	1:09:55	1:40:59				A CORUÑA
752	1129 GREGORIO EUGENIO VALLES BORREGO	VT2M- 23'	1:44:05	0:04:56	1:42:37	0:17:13	0:34:29	0:37:34	0:51:51	1:08:40	1:11:44	1:41:28				A CORUÑA
753	546 JOSÉ VARELA VÁZQUEZ	VT3M- 56	1:44:07	0:04:57	1:43:55	0:15:00	0:32:09	0:35:15	0:49:30	1:06:42	1:09:52	1:41:11				LUGO
754	577 JUAN LUIS CHAO GOAS	VT1M- 22'	1:44:08	0:04:57	1:43:16	0:15:29	0:32:25	0:35:33	0:49:34	1:06:33	1:09:32	1:41:00				A CORUÑA
755	1232 ROBERTO BANDE RAMUDO	VT1M- 22'	1:44:08	0:04:57	1:43:12	0:16:38	0:33:58	0:37:05	0:51:19	1:08:05	1:11:10	1:41:19				LUGO
756	1658 IGNACIO SEOANE VIGO	VT1M- 22'	1:44:13	0:04:57	1:43:09	0:15:40	0:32:23	0:35:28	0:49:38	1:06:17	1:09:18	1:41:11				A CORUÑA
757	233 CARLOS GARCIA SALGADO	SNM- 218	1:44:13	0:04:57	1:43:46	0:14:33	0:30:40	0:33:40	0:47:38	1:04:17	1:07:23	1:40:52				CORUNA
758	1110 JUAN PAMÓN PEÑA BARREIRO	VT2M- 23'	1:44:19	0:04:57	1:43:52	0:14:06	0:29:52	0:32:50	0:46:47	1:04:05	1:07:52	1:40:58				
759	1539 DAVID PUENTE SAAVEDRA	VT1M- 22'	1:44:24	0:04:57	1:43:32	0:15:30	0:32:19	0:35:27	0:49:50	1:06:55	1:10:05	1:41:27			CLUB ATLETISMO NOIA	NOIA
760	388 MIGUEL ANGEL HERVA LÓPEZ	VT1M- 22'	1:44:28	0:04:58	1:43:16	0:16:32	0:33:22	0:36:26	0:50:24	1:07:10	1:10:12	1:41:36				VILASANTAR
761	1338 RICARDO VARA	VT3M- 57	1:44:28	0:04:58	1:43:49	0:15:24	0:32:22	0:35:26	0:49:36	1:06:35	1:09:41	1:41:27				A CORUÑA
762	1654 JUAN GABRIEL RIOS	SNM- 219	1:44:28	0:04:58	1:43:41	0:15:32	0:32:09	0:35:12	0:49:24	1:06:04	1:09:06	1:41:05				A CORUÑA
763	1330 DIEGO PÉREZ DOPICO	VT1M- 22'	1:44:36	0:04:58	1:44:12	0:14:12	0:30:25	0:33:25	0:46:58	1:03:50	1:07:29	1:41:34				ORTIGUEIRA
764	1238 BENITO EIROA MORÁS	VT2M- 23'	1:44:38	0:04:58	1:43:10	0:17:14	0:34:28	0:37:34	0:51:52	1:08:41	1:11:44	1:41:56				A CORUÑA
765	1290 ANTONIO BAAMONDE SANDE	VT1M- 22'	1:44:39	0:04:58	1:43:18	0:17:24	0:34:22	0:37:22	0:51:34	1:08:27	1:11:28	1:41:40				A CORUÑA
766	1529 JOSE MANUEL NOYA FORJAN	VT3M- 58	1:44:49	0:04:59	1:44:22	0:15:46	0:32:56	0:35:59	0:50:23	1:07:03	1:10:05	1:41:51				A CORUÑA
767	420 BENJAMÍN MURAS GEADA	VT1M- 23'	1:44:52	0:04:59	1:44:15	0:15:45	0:32:25	0:35:29	0:49:34	1:06:32	1:09:36	1:41:52				LUGO
768	1365 AITOR CALO BLANCO	SNM- 220	1:44:56	0:04:59	1:43:22	0:17:27	0:34:29	0:37:41	0:51:53	1:08:43	1:11:44	1:42:13				A CORUÑA
769	1088 JOSÉ LUIS SANTISO FREIRE	VT1M- 23'	1:44:56	0:04:59	1:43:57	0:15:40	0:32:25	0:35:26	0:49:33	1:06:35	1:09:40	1:41:37				A CORUÑA
770	399 EDUARDO PAREDES	VT2M- 23'	1:44:58	0:04:59	1:44:03	0:15:57	0:33:07	0:36:16	0:50:31	1:07:20	1:10:26	1:41:54				A CORUÑA
771	1194 MIGUEL MARTINEZ MARTINEZ	VT1M- 23'	1:44:59	0:04:59	1:44:32	0:14:46	0:31:16	0:34:18	0:48:14	1:05:22	1:08:36	1:41:57				A CORUÑA
772	1324 CRISTIAN IRAVEDRA MOREIRA	SNM- 221	1:45:00	0:04:59	1:43:50	0:15:54	0:32:01	0:35:03	0:49:07	1:06:11	1:09:20	1:42:12				BARREIROS
773	1192 OSCAR CARLOS MATE MATE	VT1M- 23'	1:45:02	0:04:59	1:44:30	0:14:53	0:31:34	0:34:36	0:48:55	1:06:38	1:09:52	1:42:00				FERROL
774	1614 ANTONIO FUENTES SEOANE	VT1M- 23'	1:45:07	0:04:59	1:44:32	0:15:37	0:32:18	0:35:18	0:49:38	1:06:52	1:10:03	1:42:12				CULLEREDO
775	1373 HÉCTOR GONZÁLEZ MARTÍNEZ	SNM- 222	1:45:11	0:05:00	1:44:26	0:16:16	0:33:43	0:36:52	0:51:16	1:08:25	1:11:29	1:42:26				A CORUÑA
776	1170 RAFAEL SEÑARIS GONZALEZ	VT3M- 59	1:45:16	0:05:00	1:44:25	0:15:27	0:32:27	0:35:32	0:50:01	1:06:58	1:10:04	1:42:07				AMES
777	543 JESÚS CASTRO LÓPEZ	VT2M- 23'	1:45:22	0:05:00	1:44:27	0:16:08	0:33:22	0:36:36	0:50:34	1:07:08	1:10:12	1:42:19				LUGO
778	509 ALFONSO DÑS ALVAREZ	VT2M- 23'	1:45:23	0:05:00	1:45:10	0:14:24	0:31:13	0:34:23	0:48:55	1:06:13	1:09:26	1:42:32				OLEIROS
779	1300 PABLO GARCÍA LUIEIRO	VT1M- 23'	1:45:23	0:05:00	1:44:09	0:16:18	0:33:03	0:35:49	0:49:27	1:06:36	1:09:42	1:41:54				NEGREIRA
780	1586 ROBERTO CASAS DURÁN	VT1M- 23'	1:45:24	0:05:00	1:44:13	0:16:11	0:32:59	0:36:03	0:50:00	1:06:39	1:09:45	1:42:18				CULLEREDO
781	1534 JOSE LUIS LÓPEZ PAZOS	VT3M- 60	1:45:25	0:05:00	1:44:14	0:16:10	0:32:59	0:36:03	0:50:00							

794	1387 ADRIÁN NÚÑEZ GARCÍA	SNM- 226	1:45:54	0:05:02	1:45:11	0:18:10	0:36:16	0:39:32	0:54:00	1:10:23	1:13:23	1:43:15			A CORUÑA
795	351 SECUNDINO CARLOS FERNANDEZ FERNANDEZ	VT4M- 10	1:45:54	0:05:02	1:45:27	0:15:36	0:32:56	0:36:07	0:50:53	1:08:26	1:11:30	1:42:51			BETANZOS
796	375 LUIS COIRA SÁNCHEZ DE TOCA	VT2M- 24:	1:45:55	0:05:02	1:44:35	0:16:58	0:34:12	0:37:19	0:51:33	1:08:28	1:11:33	1:43:01	AG11060	MARINEDA ATLETICO	MIÑO
797	434 RUBEN MARTINEZ DEL RIO	VT2M- 24:	1:45:56	0:05:02	1:45:05	0:15:29	0:32:01	0:35:09	0:49:49	1:07:13	1:10:25	1:42:49			O TEMPLE-CAMBRE
798	1334 FRANCISCO GARCIA RIAL	SNM- 227	1:45:57	0:05:02	1:45:17	0:15:21	0:32:16	0:35:24	0:49:50	1:07:11	1:10:20	1:43:06			NARON
799	1197 XOAN LOPEZ ESTRAVIZ	VT3M- 61	1:45:58	0:05:02	1:45:21	0:15:27	0:32:41	0:35:47	0:50:17	1:07:18	1:10:26	1:42:50			FENE
800	1182 LUIS VALDÉS LÓPEZ	VT2M- 24:	1:45:58	0:05:02	1:45:43	0:14:45	0:31:53	0:35:04	0:49:46	1:07:17	1:10:32	1:42:51			SAMOS
801	1294 CARLOS ALVAREZ GONZALEZ	VT2M- 24:	1:46:00	0:05:02	1:45:22	0:16:04	0:33:30	0:36:42	0:51:05	1:08:18	1:11:31	1:43:13			LA CORUÑA
802	1572 JOSE ANTONIO SUMAY REY	VT1M- 24:	1:46:02	0:05:02	1:44:41	0:17:10	0:34:16	0:37:20	0:51:31	1:08:25	1:11:30	1:42:57	CRISIS 34		A CORUÑA
803	1297 PABLO PREGO ULLOA	SNM- 228	1:46:04	0:05:02	1:44:36	0:16:49	0:33:55	0:37:02	0:51:16	1:08:27	1:11:32	1:43:00			LALÍN
804	1481 JORGE REGO CASÁS	SNM- 229	1:46:04	0:05:02	1:44:36	0:16:48	0:33:55	0:37:02	0:51:16	1:08:26	1:11:31	1:43:00			A CORUÑA
805	363 FRANCISCO ALONSO CUEVAS	VT2M- 24:	1:46:05	0:05:02	1:44:38	0:16:51	0:34:28	0:37:39	0:52:02	1:08:58	1:12:02	1:43:16	AG764081	C.A.R. MARISQUEIRO	VIGO
806	1251 THOMAS PINNA	SNM- 230	1:46:06	0:05:02	1:45:18	0:16:05	0:33:46	0:37:00	0:51:40	1:08:54	1:12:04	1:43:17			BOLOGNA
807	1537 FERNANDO GARCIA BARREIRO	VT2M- 24:	1:46:07	0:05:02	1:45:51	0:14:04	0:30:08	0:33:11	0:47:11	1:04:17	1:07:29	1:42:28			A CORUÑA
808	1230 JUAN JOSE VARELA BARBEITO	VT1M- 24:	1:46:08	0:05:02	1:44:55	0:16:38	0:33:31	0:36:33	0:50:54	1:08:02	1:11:09	1:43:03			CORUNA
809	1250 JAVIER RODRIGUEZ MEIRAMA	VT2M- 24:	1:46:13	0:05:03	1:45:54	0:15:20	0:32:55	0:36:06	0:50:50	1:08:29	1:11:42	1:43:27			LA CORUÑA
810	1581 VICTOR PAZ ARES	VT3M- 62	1:46:14	0:05:03	1:45:29	0:16:15	0:33:57	0:37:04	0:51:37	1:08:44	1:11:48	1:43:25			A CORUÑA
811	1645 CRISTIAN PEREZ ALLO	SNM- 231	1:46:17	0:05:03	1:44:57	0:17:32	0:35:24	0:38:37	0:53:20	1:10:22	1:13:22	1:43:51			A CORUÑA
812	1611 FELIPE DE LA VEGA GÁNDARAS	VT1M- 24:	1:46:18	0:05:03	1:45:37	0:16:02	0:33:22	0:36:28	0:50:57	1:08:12	1:11:24	1:43:11			A CORUÑA
813	1289 JORGE ALONSO CASUSCELLI	VT3M- 63	1:46:21	0:05:03	1:46:02	0:15:21	0:32:55	0:36:06	0:50:51	1:08:29	1:11:42	1:43:28			OLEIROS
814	451 BENITO BLANCO PEQUEÑO	VT1M- 24:	1:46:23	0:05:03	1:45:49	0:15:06	0:31:52	0:34:56	0:49:26	1:06:50	1:10:04	1:43:12			O TEMPLE
815	1315 XAIME RIVAS REY	PRM- 13	1:46:24	0:05:03	1:46:14	0:14:26	0:31:32	0:34:41	0:49:21	1:07:10	1:10:28	1:43:59			A CORUÑA
816	1333 ERO SANTE GUEIMONDE	SNM- 232	1:46:28	0:05:03	1:45:52	0:15:43	0:32:40	0:35:43	0:50:03	1:06:54	1:10:04	1:43:24			A PONTENOVA
817	1552 JOSE LUIS GONZALEZ TEMPRANO	SNM- 233	1:46:36	0:05:04	1:45:23	0:17:41	0:35:42	0:39:01	0:53:36	1:10:10	1:13:09	1:43:42			CORUNA
818	308 ADAN ALMENDAREZ ROQUE	SNM- 234	1:46:45	0:05:04	1:46:14	0:15:07	0:32:02	0:35:09	0:49:50	1:07:13	1:10:24	1:43:26			A CORUÑA
819	1621 JAVIER LORENZO CASTRO	VT1M- 24:	1:46:47	0:05:04	1:46:08	0:15:55	0:33:12	0:36:21	0:50:46	1:07:54	1:11:11	1:43:27			A CORUÑA
820	1270 CARLOS CASTRO RODRIGUEZ	VT1M- 24:	1:46:49	0:05:04	1:46:06	0:15:57	0:33:02	0:36:10	0:50:42	1:08:04	1:11:20	1:43:52			A CORUÑA
821	1489 JOSE LUIS ARMADA LUACES	VT3M- 64	1:46:49	0:05:04	1:46:29	0:15:12	0:32:20	0:35:30	0:50:20	1:07:55	1:11:06	1:43:35			VIGO
822	436 LUCAS GONZALEZ ROCHA	SNM- 235	1:46:58	0:05:05	1:46:08	0:16:05	0:33:46	0:37:00	0:51:40	1:08:54	1:12:03	1:43:58			OLEIROS
823	1360 JORGE VEIGA LENDOIRO	VT3M- 65	1:46:58	0:05:05	1:45:39	0:17:42	0:35:51	0:38:59	0:53:40	1:10:28	1:13:34	1:44:10			LA CORUÑA
824	1109 JUAN JOSE DEVESA LEIRA	VT3M- 66	1:47:04	0:05:05	1:45:56	0:16:27	0:33:32	0:36:36	0:50:53	1:08:07	1:11:15	1:43:53	AG-765708	CASTRO DE LOVADIZ	FERROL
825	607 ELISEO LÓPEZ LÓPEZ	VT3M- 67	1:47:05	0:05:05	1:46:14	0:15:13	0:32:06	0:35:15	0:49:49	1:07:36	1:10:49	1:43:50		FEFEME TRIATLON	VILALBA
826	1218 JOSE FIGUEROA CASAL	SNM- 236	1:47:05	0:05:05	1:46:09	0:16:43	0:34:02	0:37:09	0:51:38	1:09:11	1:12:11	1:44:07			ARTEIXO
827	265 JOSE LUIS GARCIA SANTOS	VT2M- 24:	1:47:06	0:05:05	1:46:36	0:16:00	0:33:24	0:36:36	0:51:23	1:09:01	1:12:14	1:44:00			A CORUÑA
828	500 ADOLFO CRESPO MEJUTO	VT3M- 68	1:47:06	0:05:05	1:46:35	0:16:01	0:33:24	0:36:36	0:51:24	1:09:01	1:12:14	1:44:00			LA CORUÑA
829	1390 GERARDO FERNANDEZ MAGDALENO	VT2M- 25:	1:47:16	0:05:06	1:46:04	0:17:05	0:34:57	0:38:07	0:52:57	1:10:16	1:13:22	1:44:23			CORUNA
830	1497 MARIO LÓPEZ PAZ	SNM- 237	1:47:17	0:05:06	1:46:38	0:16:28	0:34:16	0:37:29	0:51:56	1:08:59	1:12:07	1:44:21			ARES
831	372 MARCOS GARCIA CAAMAÑA	SNM- 238	1:47:19	0:05:06	1:46:01	0:17:29	0:35:38	0:38:58	0:54:18	1:11:52	1:15:02	1:44:44	GA-764469	FONTES DO SAR	NOIA
832	1414 ANTONIO REMUÍNÁN SÁNCHEZ	VT4M- 11	1:47:19	0:05:06	1:46:30	0:16:17	0:34:01	0:37:11	0:51:53	1:09:22	1:12:35	1:44:32			CARBALLO
833	1241 JUAN RODRIGUEZ VAZQUEZ	VT2M- 25:	1:47:21	0:05:06	1:46:29	0:16:07	0:33:21	0:36:31	0:51:19	1:09:03	1:12:15	1:44:31			A CORUÑA
834	1181 JOSÉ CÉSAR FERNÁNDEZ LÓPEZ	VT2M- 25:	1:47:25	0:05:06	1:46:06	0:17:09	0:34:21	0:37:30	0:51:52	1:09:19	1:12:31	1:44:33			A CORUÑA
835	1215 RAMON SANTOS PEREZ	SNM- 239	1:47:26	0:05:06	1:46:08	0:17:29	0:35:38	0:38:58	0:54:18	1:11:53	1:15:03	1:44:45	A-9905	FONTES DO SAR	NOIA
836	348 ADOLFO FERNÁNDEZ DOCASAR	VT2M- 25:	1:47:29	0:05:06	1:47:03	0:14:34	0:31:18	0:34:24	0:48:56	1:06:41	1:10:02	1:44:03			O BARCO DE VALDEORRAS
837	1517 LUIS ÁNGEL VOCES REBORDINOS	VT2M- 25:	1:47:30	0:05:06	1:46:35	0:15:57	0:33:07	0:36:16	0:50:32	1:07:58	1:11:13	1:44:30			OLEIROS
838	470 MIGUEL LÓPEZ CASTELO	SNM- 240	1:47:31	0:05:06	1:47:06	0:15:24	0:32:59	0:36:13	0:50:54	1:08:28	1:11:41	1:44:31			A CORUÑA
839	1379 JOSE Mª FREIRE	VT3M- 69	1:47:31	0:05:06	1:46:23	0:16:05	0:32:44	0:35:49	0:50:06	1:07:43	1:10:59	1:44:29			A CORUÑA
840	409 ÁNGEL BARRIO RODRÍGUEZ	VT4M- 12	1:47:33	0:05:06	1:46:49	0:15:25	0:32:27	0:35:39	0:50:21	1:07:52	1:11:05	1:44:33			LUGO
841	198 JESUS BERNAL GOMEZ	VT4M- 13	1:47:33	0:05:06	1:47:19	0:15:02	0:32:38	0:35:50	0:51:09	1:09:25	1:12:39	1:44:40	GA19332	C.D. EGOVARROS	FERROL (CORUÑA)
842	1428 FERNANDO VICENTE DAVILA	VT2M- 25:	1:47:34	0:05:06	1:46:33	0:16:46	0:34:13	0:37:20	0:51:55	1:09:03	1:12:12	1:44:27			VILAGARCIA
843	1268 JORGE MIYARES CES	VT1M- 24:	1:47:39	0:05:07	1:46:38	0:16:43	0:34:27	0:37:42	0:52:52	1:10:11	1:13:17	1:44:32			PORTO DO SON
844	579 MANUEL VILARIÑO FREIRE	VT1M- 24:	1:47:40	0:05:07	1:47:07	0:16:04	0:33:42	0:36:57	0:51:53	1:09:25	1:12:39	1:44:42			LUGO
845	1321 JORGE VICENTE DIAZ VICENTE DIAZ	SNM- 241	1:47:42	0:05:07	1:46:34	0:17:43	0:35:51	0:39:01	0:53:53	1:11:02	1:14:03	1:44:51			AMES
846	1339 JOSE RAMON ALMIRON ALONSO	VT2M- 25:	1:47:43	0:05:07	1:46:56	0:16:11	0:33:14	0:36:17	0:50:46	1:08:08	1:11:19	1:44:32			A CORUÑA
847	1326 SERGIO PRIETO LOPEZ	VT1M- 25:	1:47:52	0:05:07	1:47:14	0:15:33	0:32:24	0:35:29	0:50:02	1:07:49	1:11:01	1:44:37			MADRID
848	429 JESUS PEREZ LEIS	VT4M- 14	1:47:53	0:05:07	1:47:05	0:15:25	0:32:07	0:35:12	0:49:59	1:07:27	1:10:39	1:44:40			CEE
849	1606 DANIEL ALVAREZ CARBALLEIRA	VT1M- 25:	1:47:54	0:05:07	1:46:45	0:16:25	0:33:44	0:36:55	0:51:38	1:09:19	1:12:33	1:44:51			A CORUÑA
850	1278 FRANCISCO BARREIRO GABEIRAS	VT2M- 25:	1:47:56	0:05:07	1:47:03	0:16:28	0:33:59	0:37:10	0:51:48	1:09:19	1:12:30	1:44:43			FERROL
851	1353 JUANMA VILLARIÑO RÚA	SNM- 242	1:47:57	0:05:08	1:46:42	0:17:31	0:35:29	0:38:46	0:53:36	1:10:55	1:14:03	1:45:05			OURENSE
852	1376 JORGE ALVAREZ CARBALLEIRA	VT1M- 25:	1:48:18	0:05:08	1:47:09	0:16:26	0:33:44	0:36:55	0:51:37	1:09:19	1:12:34	1:45:08			LA CORUÑA
853	1377 ENRIQUE ALDEA SANCHEZ	VT2M- 25:	1:48:18	0:05:08	1:47:09	0:16:25	0:33:44	0:36:55	0:51:36	1:09:19	1:12:34	1:45:08			LA CORUÑA
854	1554 JUAN ANTONIO MARTINEZ CAYAZZO	VT1M- 25:	1:48:27	0:05:09	1:48:14	0:14:24	0:31:10	0:34:16	0:48:55	1:06:19	1:09:34	1:44:47			PONTEDEUME
855	1657 JORGE AMADO TOURIÑO	VT1M- 25:	1:48:27	0:05:09	1:47:14	0:16:48	0:34:11	0:37:20	0:51:55	1:09:12	1:12:26	1:45:04			ARTEIXO
856	1138 MANUEL A. RODRIGUEZ PRADA	VT3M- 70	1:48:27	0:05:09	1:47:14	0:16:48	0:34:11	0:37:20	0:51:55	1:09:13	1:12:27	1:45:04			NARÓN
857	1613 JOAQUIN EDUARDO DOLDAN PARGA	SNM- 243	1:48:32	0:05:09	1:47:30	0:17:09	0:35:28	0:38:45	0:53:44	1:11:01	1:14:10	1:45:32			A CORUÑA
858	1640 FRANCISCO VÁZQUEZ CASTIÑEIRA	SNM- 244	1:48:32	0:05:09	1:47:30	0:17:10	0:35:28	0:38:45	0:53:44	1:11:02	1:14:10	1:45:34			A CORUÑA
859	1634 RUBEN RAMA VÁZQUEZ	SNM- 245	1:48:32	0:05:09	1:47:29	0:17:10	0:35:29	0:38:45	0:53:44	1:11:02	1:14:10	1:45:35			A CORUÑA
860	370 PABLO PÉREZ	VT1M- 25:	1:48:41	0:05:10	1:47:23	0:17:28	0:35:38	0:38:57	0:54:17	1:11:52	1:15:02	1:45:42	A-11100	FONTES DO SAR	NOIA
861	1675 PACO GARCIA DANS	VT1M- 25:	1:48:42	0:05:10	1:47:31	0:16:59	0:34:54	0:38:08	0:53:08	1:10:39	1:13:51	1:45:41			
862	1468 CHRISTIAN SUAU ALGABA	SNM- 246	1:48:46	0:05:10	1:47:36	0:									

874	1652	GUILERMO PÉREZ TOBA	JNM- 7	1:49:19	0:05:11	1:48:14	0:16:54	0:34:30	0:37:45	0:52:42	1:10:22	1:13:34	1:46:21			A CORUÑA
875	608	OSCAR CIUDDA CENDAN	VT1M- 26i	1:49:25	0:05:12	1:48:11	0:16:44	0:34:10	0:37:20	0:52:10	1:09:40	1:12:56	1:46:13		PATUKOS TIM RANIN	O BURGO, CULLEREDO
876	1600	DAVID ALFONSÍN LAREO	VT1M- 25i	1:49:25	0:05:12	1:48:24	0:16:52	0:34:16	0:37:26	0:51:48	1:08:47	1:12:00	1:46:13			ARMUÑO
877	314	FERNANDO SINES CRESPO	VT1M- 26*	1:49:25	0:05:12	1:48:55	0:15:39	0:33:19	0:36:35	0:51:42	1:09:39	1:12:56	1:46:24			A CORUÑA
878	1273	JESUS MIGUEL LÓPEZ URDANETA	VT1M- 26i	1:49:30	0:05:12	1:48:28	0:16:46	0:34:29	0:37:42	0:52:27	1:10:00	1:13:13	1:46:20			A CORUÑA
879	1480	JOAQUIN TEIJO SANCHEZ	VT1M- 26i	1:49:30	0:05:12	1:48:05	0:17:52	0:35:54	0:39:09	0:54:08	1:11:47	1:14:59	1:46:35			LA CORUÑA
880	491	JUAN PEDRO VIGO SANZ	VT2M- 26*	1:49:33	0:05:12	1:48:35	0:16:28	0:33:46	0:36:53	0:51:44	1:09:17	1:12:33	1:46:22			A CORUÑA
881	476	JAVIER RÍO RODRÍGUEZ	VT2M- 26i	1:49:34	0:05:12	1:48:35	0:16:28	0:33:46	0:36:53	0:51:44	1:09:18	1:12:33	1:46:22			CARBALLO
882	1679	IGNACIO CAAMAÑO RODRÍGUEZ	SNM- 249	1:49:36	0:05:12	1:49:00	0:15:46	0:32:21	0:35:23	0:49:50	1:07:51	1:11:10	1:46:31			
883	1383	J IGNACIO CAAMAÑO GONZÁLEZ	VT4M- 15	1:49:37	0:05:12	1:49:00	0:15:46	0:32:22	0:35:24	0:49:49	1:07:51	1:11:10	1:46:31			CORUÑA
884	1413	ALFONSO REMUÍÑÁN SANCHEZ	VT2M- 26i	1:49:39	0:05:12	1:48:50	0:16:25	0:34:17	0:37:42	0:53:07	1:11:26	1:14:45	1:46:43			A CORUÑA
885	1409	VICENTE GOMEZ LOUREDA	VT2M- 26*	1:49:44	0:05:13	1:48:50	0:16:40	0:34:37	0:37:52	0:52:59	1:10:51	1:14:09	1:46:42			A CORUÑA
886	486	IVAN FOLLA-CISNEROS VIDAL	VT2M- 26i	1:49:45	0:05:13	1:48:35	0:16:36	0:34:09	0:37:22	0:52:22	1:10:01	1:13:16	1:46:32			A CORUÑA
887	468	JOSÉ MIGUEL DÍAZ GRANDE	VT3M- 72	1:49:46	0:05:13	1:48:57	0:16:22	0:34:18	0:37:33	0:52:23	1:10:06	1:13:20	1:46:32			PONTEVEDRA
888	1618	MARCOS SAN LUIS CASTRO	VT1M- 26*	1:49:52	0:05:13	1:49:12	0:15:56	0:33:39	0:36:53	0:51:47	1:09:47	1:13:08	1:46:44			FONTÁN-SADA
889	1368	HUGO SOBRAL PUJADES	SNM- 250	1:49:52	0:05:13	1:48:21	0:19:05	0:36:46	0:39:51	0:54:21	1:13:33	1:16:43	1:47:02			OLEIROS
890	1347	NICOLÁS GONZÁLEZ FERMOZO	VT2M- 26i	1:49:52	0:05:13	1:48:32	0:17:35	0:35:12	0:38:21	0:53:39	1:11:30	1:14:44	1:47:06			LA CORUÑA
891	206	FERMIN PAN OTERO	VT3M- 73	1:49:54	0:05:13	1:49:08	0:16:41	0:34:40	0:38:00	0:53:23	1:11:25	1:14:38	1:46:45		EGOBARROS-VIVEIRO	A CORUÑA
892	1342	MIGUEL OGDANO SEDES	VT1M- 26i	1:49:58	0:05:13	1:49:02	0:16:35	0:34:27	0:37:37	0:53:06	1:10:49	1:14:06	1:46:59			OLEIROS
893	1272	JOSE LUIS ALVAREZ VIDAL	VT3M- 74	1:49:58	0:05:13	1:48:59	0:16:31	0:34:04	0:37:17	0:52:15	1:10:09	1:13:26	1:46:50			A CORUÑA
894	1277	JUAN DE LA PEDRAJA SAAVEDRA	VT1M- 26i	1:50:00	0:05:13	1:48:55	0:17:12	0:35:11	0:38:26	0:53:29	1:11:18	1:14:32	1:47:11			A CORUÑA
895	458	JOSE CARLOS CANDAL RIVERA	VT2M- 27i	1:50:01	0:05:13	1:48:58	0:16:34	0:34:29	0:37:46	0:53:01	1:10:40	1:13:47	1:46:40			O BURGO
896	1228	ERNESTO FEDERICO ZWIRNER ALEMAN	VT3M- 75	1:50:01	0:05:13	1:49:25	0:15:33	0:32:53	0:36:05	0:51:01	1:09:04	1:12:24	1:46:57			CABAÑAS
897	1316	MIGUEL ANGEL SECO FERREIRA	VT2M- 27*	1:50:01	0:05:13	1:49:24	0:15:32	0:32:53	0:36:03	0:51:00	1:09:03	1:12:22	1:46:55			FENE
898	1668	JOSÉ RIVAS VALEIRO	SNM- 251	1:50:05	0:05:14	1:48:44	0:17:07	0:34:42	0:37:58	0:52:52	1:10:24	1:13:38	1:46:45			A CORUÑA
899	1084	JESUS MARIA LOSADA ARCA	VT1M- 26i	1:50:10	0:05:14	1:48:43	0:17:45	0:35:53	0:39:13	0:54:20	1:12:05	1:15:18	1:47:18			NIGRAN
900	1394	JOSE ENRIQUE BOLAÑOS CAGIAO	VT3M- 76	1:50:11	0:05:14	1:49:19	0:16:30	0:34:18	0:37:30	0:52:36	1:10:40	1:14:00	1:47:29			A CORUÑA
901	1328	JESUS ÁNGEL RODRÍGUEZ RODRÍGUEZ	VT2M- 27*	1:50:13	0:05:14	1:48:55	0:17:44	0:35:58	0:39:16	0:54:14	1:11:42	1:14:56	1:47:17			LA CORUÑA
902	565	ESTEVO RIVAS BANDE	VT2M- 27*	1:50:17	0:05:14	1:49:21	0:16:08	0:33:31	0:36:42	0:51:53	1:10:07	1:13:31	1:47:20			LUGO
903	240	ANTONIO MANUEL ULLOA MENDEZ	VT1M- 26i	1:50:20	0:05:14	1:50:04	0:14:19	0:32:11	0:35:30	0:50:51	1:09:17	1:12:43	1:47:00			A CORUÑA
904	1380	YAGO MAZOU	VT2M- 27*	1:50:23	0:05:14	1:49:27	0:16:08	0:33:23	0:36:36	0:51:53	1:10:08	1:13:32	1:47:22			LUGO
905	1649	JUAN DAVID RUIZ PIÑEIRO	SNM- 252	1:50:25	0:05:15	1:49:37	0:15:32	0:32:39	0:35:48	0:50:23	1:08:10	1:11:26	1:47:01			A CORUÑA
906	1371	LUIS ANDRADE RAMILO	SNM- 253	1:50:28	0:05:15	1:49:12	0:16:56	0:34:22	0:37:30	0:52:14	1:09:57	1:13:10	1:47:18			A CORUÑA
907	390	SANTIAGO GARCÍA GONZÁLEZ	VT1M- 26i	1:50:33	0:05:15	1:49:34	0:18:15	0:37:28	0:40:59	0:56:19	1:13:34	1:16:46	1:47:43			A CORUÑA
908	650	CARLOS GARCÍA SECO	SNM- 254	1:50:36	0:05:15	1:49:56	0:16:39	0:34:43	0:38:02	0:53:28	1:11:30	1:14:46	1:47:37			A CORUÑA
909	396	MANUEL FIGUEROA ROEL	VT3M- 77	1:50:36	0:05:15	1:48:48	0:17:43	0:35:51	0:39:41	0:54:55	1:12:53	1:16:10	1:47:31			A CORUÑA
910	395	ANTONIO SAUCA GUERRERO	SNM- 255	1:50:37	0:05:15	1:48:49	0:17:44	0:35:51	0:39:40	0:54:55	1:12:53	1:16:10	1:47:30			A CORUÑA
911	1216	JOSE TEDIN LOPEZ	VT3M- 78	1:50:39	0:05:15	1:48:56	0:17:57	0:35:41	0:39:01	0:53:58	1:11:53	1:15:06	1:47:36	AG767022	RUNAWAYS	A CORUÑA
912	1651	ANDRÉS VIDAL GIRÁLDEZ	PRM- 14	1:50:41	0:05:15	1:49:55	0:14:02	0:29:10	0:32:01	0:46:24	1:04:45	1:08:11	1:46:53			A CORUÑA
913	1291	RAFAEL CUÑA VILÁN	VT1M- 27i	1:50:42	0:05:15	1:49:27	0:16:47	0:34:19	0:37:29	0:52:24	1:10:11	1:13:32	1:47:33			ROIS
914	1454	ALFONSO VAZQUEZ FERREIRO	VT2M- 27i	1:50:45	0:05:15	1:50:41	0:14:42	0:32:12	0:35:24	0:50:16	1:08:34	1:11:54	1:47:24			RAÑOBRE-ARTEIXO
915	422	MANUEL TRABADO GONZALEZ	VT2M- 27i	1:50:45	0:05:15	1:50:14	0:15:46	0:33:35	0:36:52	0:52:16	1:09:58	1:13:16	1:47:24			LUGO
916	648	GABRIEL KESLER CANAN	VT2M- 27*	1:50:45	0:05:15	1:49:48	0:17:45	0:36:22	0:39:45	0:55:06	1:13:16	1:16:34	1:47:58			A CORUÑA
917	541	INACIO XESÚS LÓPEZ DA OSA XIMÉNEZ	VT3M- 79	1:50:46	0:05:16	1:49:25	0:16:49	0:34:19	0:37:33	0:52:39	1:11:01	1:14:19	1:47:35			A CORUÑA
918	1643	IVAN CERNADAS VAZQUEZ	SNM- 256	1:50:51	0:05:16	1:49:38	0:17:42	0:35:40	0:38:58	0:54:07	1:11:44	1:14:57	1:47:40			LA CORUÑA
919	1633	EDUARDO DOMINGUEZ	VT1M- 27*	1:50:53	0:05:16	1:50:40	0:16:26	0:35:22	0:38:52	0:55:04	1:13:47	1:16:48	1:47:41			OLEIROS
920	398	ALEJANDRO CAÑADA MUÑOZ	VT2M- 27i	1:50:53	0:05:16	1:50:04	0:16:24	0:34:05	0:37:19	0:52:28	1:10:44	1:14:07	1:47:43			LA CORUÑA
921	359	JESUS RAÑA PLATAS	VT3M- 80	1:50:55	0:05:16	1:50:26	0:14:26	0:30:54	0:34:00	0:48:36	1:06:48	1:10:17	1:47:05	AG-764360	ATLETISMO BOIMORTO	SANTIAGO DE COMPOSTELA
922	1486	JOSE RODRÍGUEZ DOMINGUEZ	VT2M- 27i	1:51:00	0:05:16	1:49:38	0:16:11	0:33:00	0:36:07	0:50:36	1:08:08	1:11:20	1:47:36			ENTRIMO
923	1335	YAGO SANTOS MARTÍNEZ	SNM- 257	1:51:01	0:05:16	1:50:20	0:15:28	0:32:02	0:35:09	0:49:32	1:07:24	1:10:43	1:47:16			A CORUÑA
924	376	JOSE IGNACIO LIÑARES MARTINEZ	VT2M- 28i	1:51:03	0:05:16	1:50:19	0:16:32	0:34:14	0:37:29	0:52:36	1:12:55	1:16:14	1:48:08	AG 9792	NOITEBRA F.C.	TEO
925	1331	MARCOS SEOANE VILARINO	VT2M- 28i	1:51:06	0:05:16	1:49:41	0:17:32	0:35:40	0:38:59	0:54:25	1:12:34	1:15:55	1:48:07			LA CORUÑA
926	1398	JOSÉ PUGA GARCÍA-TIZÓN	VT1M- 27*	1:51:07	0:05:16	1:49:46	0:17:03	0:34:29	0:37:41	0:52:25	1:10:04	1:13:20	1:47:41			LA CORUÑA
927	1384	JOSÉ LUIS PENEDO	VT2M- 28*	1:51:09	0:05:17	1:49:57	0:17:05	0:34:58	0:38:20	0:53:27	1:11:08	1:14:24	1:48:21			LA CORUÑA
928	1566	OSCAR CASTELLANOS JIMENEZ	VT1M- 27*	1:51:09	0:05:17	1:50:49	0:15:21	0:32:55	0:36:08	0:50:58	1:09:02	1:12:21	1:47:25		4 GATOS BTT	A CORUÑA
929	1400	FERNANDO MARTINEZ ABELLA	VT2M- 28*	1:51:10	0:05:17	1:50:36	0:15:24	0:32:24	0:35:36	0:50:20	1:08:23	1:11:48	1:47:39			CAMBRE
930	1310	VICENTE FERNANDEZ SUAREZ	VT2M- 28*	1:51:13	0:05:17	1:49:50	0:17:28	0:35:06	0:38:20	0:53:35	1:11:42	1:15:02	1:48:22			SARRIA
931	568	FERNANDO MELÉNDEZ FERRO	VT2M- 28*	1:51:13	0:05:17	1:50:27	0:16:46	0:34:21	0:37:39	0:52:44	1:10:31	1:13:50	1:47:47			SANTA CRUZ DE LIANS
932	1260	DAVID SUÁREZ NEGREIRA	SNM- 258	1:51:14	0:05:17	1:49:59	0:16:33	0:33:32	0:36:37	0:50:53	1:08:11	1:11:33	1:47:57			NEGREIRA
933	1283	ORLANDO LOPEZ MELLE	VT2M- 28*	1:51:19	0:05:17	1:49:56	0:17:27	0:35:05	0:38:20	0:53:35	1:11:45	1:15:04	1:48:23			SARRIA
934	1256	JORGE GARCÍA FERNANDEZ	VT2M- 28*	1:51:27	0:05:17	1:50:09	0:17:15	0:35:13	0:38:29	0:53:38	1:11:41	1:15:04	1:48:24			A CORUÑA
935	1482	JORGE SÁNCHEZ FERREIRO	SNM- 259	1:51:28	0:05:17	1:51:07	0:16:28	0:34:45	0:38:03	0:53:20	1:11:18	1:14:36	1:48:25			A CORUÑA
936	1366	RAMON BOHORQUE MONTERO	SNM- 260	1:51:35	0:05:18	1:50:43	0:15:43	0:33:15	0:36:25	0:51:10	1:09:04	1:12:23	1:47:53			LUGO
937	1470	DIEGO PEREZ FERNANDEZ	PRM- 15	1:51:36	0:05:18	1:50:16	0:18:03	0:36:52	0:40:09	0:55:06	1:13:00	1:16:15	1:48:37			A CORUÑA
938	406	REINALDO GONZÁLEZ PEDREIRA	VT2M- 28*	1:51:38	0:05:18	1:50:28	0:17:01	0:35:07	0:38:26	0:53:55	1:12:06	1:15:26	1:48:43			CORUÑA
939	357	JOSÉ ANTONIO LÓPEZ BELDRÓN	VT2M- 28*	1:51:38	0:05:18	1:50:40	0:17:45	0:36:35	0:39:53	0:54:54	1:12:39	1:15:53	1:48:26	AG766647	ATLETAS VETERANOS OURENSE	OURENSE
940	1601	JESUS ALVAREZ CASAPRIMA	VT1M- 27*	1:51:39	0:05:18	1:50:13	0:17:									

954	1569	JUAN JOSÉ SEOANE FREIRE	VT1M- 27'	1:52:20	0:05:20	1:51:43	0:15:24	0:32:34	0:35:46	0:50:49	1:09:08	1:12:37	1:48:42	BRILAT	MONTEPORREIRO
955	1298	GERARDO GONZALEZ RODRIGUEZ	VT2M- 29'	1:52:22	0:05:20	1:51:13	0:16:54	0:34:55	0:38:13	0:53:34	1:11:34	1:14:52	1:49:13		LA CORUÑA
956	1427	LUIS VILLAR	VT1M- 28'	1:52:29	0:05:20	1:51:09	0:17:35	0:35:12	0:38:21	0:53:39	1:11:40	1:14:57	1:49:07		A CORUÑA
957	646	PABLO COBAS SANDE	VT1M- 28'	1:52:30	0:05:20	1:51:08	0:19:13	0:37:21	0:40:29	0:55:33	1:13:26	1:16:38	1:49:25		A CORUÑA
958	654	MANUEL FORMOSO CANCELA	SNM- 266	1:52:31	0:05:20	1:51:25	0:17:13	0:35:36	0:38:55	0:54:01	1:12:01	1:15:21	1:49:15		A CORUÑA
959	1051	MIGUEL ANTONIO GONZALEZ REY	VT1M- 28'	1:52:32	0:05:21	1:51:58	0:16:12	0:34:21	0:37:44	0:53:03	1:11:10	1:14:31	1:49:28	CORUÑA COMARCA	CORUÑA
960	490	IGNACIO URIBARRI DURAN	VT2M- 29'	1:52:37	0:05:21	1:51:29	0:16:52	0:35:04	0:38:25	0:53:55	1:12:06	1:15:26	1:49:27		ORTIGUEIRA
961	495	JUAN MANUEL RODRIGUEZ LEGARRETA	VT2M- 29'	1:52:37	0:05:21	1:51:29	0:16:52	0:35:04	0:38:25	0:53:55	1:12:06	1:15:26	1:49:27		ORTIGUEIRA
962	1491	JOSE MARIA BERGANTIÑOS LOPEZ	SNM- 267	1:52:38	0:05:21	1:51:14	0:17:27	0:35:13	0:38:27	0:53:19	1:11:12	1:14:33	1:49:07		GUITRIZ
963	1476	JACOBO TORRES SANCHEZ	SNM- 268	1:52:45	0:05:21	1:51:21	0:16:55	0:35:07	0:38:24	0:53:43	1:12:13	1:15:34	1:49:24		A CORUÑA
964	386	JOSÉ A. BORREGÁN TARANILLA	VT2M- 29'	1:52:48	0:05:21	1:51:55	0:16:44	0:34:41	0:38:00	0:53:08	1:11:16	1:14:36	1:49:26		FENE
965	391	FRANCISCO UCHA DE LA BARRERA	VT2M- 29'	1:52:51	0:05:21	1:51:50	0:16:23	0:34:09	0:37:26	0:52:57	1:11:36	1:14:54	1:49:30		A CORUÑA
966	1424	JAVIER GIL PEREIRA	VT1M- 28'	1:52:53	0:05:22	1:51:29	0:17:46	0:36:11	0:39:33	0:54:28	1:12:22	1:15:35	1:49:41		TEO
967	1588	JAVIER GONZALEZ PITA	SNM- 269	1:52:54	0:05:22	1:51:45	0:17:34	0:36:36	0:40:01	0:55:43	1:14:17	1:17:37	1:50:04		A CORUÑA
968	569	FRAN FERNANDEZ-PEITEADO FERNANDEZ	VT1M- 28'	1:53:00	0:05:22	1:52:10	0:17:23	0:36:08	0:39:35	0:55:03	1:13:35	1:17:00	1:50:03		A CORUÑA
969	1612	DAVID SEISDEDOS HERMO	VT1M- 28'	1:53:00	0:05:22	1:52:09	0:17:24	0:36:08	0:39:31	0:54:40	1:12:19	1:15:30	1:49:34		A CORUÑA
970	553	PABLO JOSÉ PAZOS HERNÁNDEZ	VT1M- 28'	1:53:05	0:05:22	1:52:37	0:16:10	0:34:26	0:37:47	0:53:17	1:11:39	1:15:05	1:49:45		OLEIROS
971	1381	GUILLEMO HERAS DOMINGUEZ	VT1M- 28'	1:53:05	0:05:22	1:51:41	0:17:46	0:36:11	0:39:33	0:54:45	1:13:03	1:16:23	1:49:54		O BURGO
972	415	JOSE FRANCISCO BUÑO BARREIRO	VT1M- 28'	1:53:18	0:05:23	1:51:56	0:19:14	0:37:21	0:40:29	0:55:32	1:13:26	1:16:38	1:50:10		A CORUÑA
973	354	CARLOS REVUELTA MÉNDEZ	VT3M- 83	1:53:19	0:05:23	1:51:37	0:17:56	0:36:07	0:39:27	0:54:36	1:12:50	1:16:18	1:50:11	GA17319	ADAS
974	1583	JOSE MARIA BARREIRO BELLO	VT3M- 84	1:53:21	0:05:23	1:51:59	0:17:16	0:35:11	0:38:29	0:53:31	1:11:38	1:14:59	1:49:40		A CORUÑA
975	504	JUAN HERRERO EVIA	VT1M- 28'	1:53:23	0:05:23	1:52:20	0:16:42	0:34:12	0:37:29	0:52:35	1:11:07	1:14:33	1:50:01		FERROL
976	1406	MIGUEL ÁNGEL FERNÁNDEZ VARELA	SNM- 270	1:53:33	0:05:23	1:52:50	0:15:49	0:33:33	0:36:50	0:52:09	1:10:42	1:14:15	1:50:12		SANTIAGO DE COMPOSTELA
977	374	JOSE MANUEL GONZALEZ GRAÑA	VT3M- 85	1:53:34	0:05:23	1:52:34	0:16:40	0:34:40	0:38:00	0:53:24	1:11:31	1:14:53	1:50:02	A-9714	FONTES DO SAR
978	572	JESÚS PALACIOS	VT1M- 29'	1:53:48	0:05:24	1:52:27	0:17:51	0:36:13	0:39:33	0:55:01	1:13:28	1:16:40	1:50:40		SANTIAGO DE COMPOSTELA
979	1599	GONZALO JAVIER GARCÍA RUMBO	VT2M- 29'	1:53:56	0:05:25	1:52:54	0:17:10	0:35:37	0:39:01	0:54:50	1:13:16	1:16:36	1:50:58		A CORUÑA
980	1590	RICARDO REY RODRIGUEZ	SNM- 271	1:54:00	0:05:25	1:52:51	0:17:35	0:36:40	0:40:04	0:55:51	1:14:20	1:17:40	1:51:11		NARON
981	1627	LUIS DANIEL LESENDE VALIÑO	VT1M- 29'	1:54:02	0:05:25	1:52:36	0:17:53	0:36:01	0:39:20	0:54:50	1:13:17	1:16:39	1:50:46		
982	1184	HUMBERTO BRACCO MARINI	VT3M- 86	1:54:05	0:05:25	1:53:40	0:16:25	0:34:28	0:37:47	0:53:18	1:11:53	1:15:18	1:50:39		Á LARACHA
983	1244	GUILLEMO RODRÍGUEZ GONZÁLEZ	SNM- 272	1:54:08	0:05:25	1:52:59	0:17:48	0:35:56	0:39:10	0:54:15	1:12:07	1:15:32	1:51:18		FERROL
984	1660	ANDRÉS GARCÍA FIGUEROA	/ - 1	1:54:12	0:05:25	1:53:24	0:16:59	0:35:10	0:38:28	0:54:09	1:12:51	1:16:12	1:51:02		A CORUÑA
985	1472	FRANCISCO JAVIER TENREIRO VARELA	VT2M- 29'	1:54:15	0:05:25	1:53:43	0:16:38	0:35:03	0:38:26	0:53:57	1:12:07	1:15:26	1:50:42		ACORUÑA
986	1462	ALBERTO DEL BADO	PRM- 16	1:54:15	0:05:25	1:53:13	0:17:40	0:35:59	0:39:22	0:54:59	1:13:36	1:17:03	1:51:20		LA CORUÑA
987	1596	ALEJANDRO DOMÍNGUEZ GUIMARAENS	VT2M- 29'	1:54:23	0:05:26	1:53:00	0:17:51	0:36:10	0:39:25	0:55:01	1:13:22	1:16:41	1:51:07		LA CORUÑA
988	1584	JOSE GARCÍA BARBEITO	VT3M- 87	1:54:31	0:05:26	1:53:01	0:18:16	0:36:53	0:40:15	0:55:42	1:14:14	1:17:36	1:51:22		A CORUÑA
989	1311	ALVARO ALEXANDER ALVAREZ BECERRA	SNM- 273	1:54:34	0:05:26	1:53:51	0:15:48	0:33:25	0:36:47	0:52:27	1:11:20	1:14:52	1:51:09		A CORUÑA
990	1496	MANUEL JOSE ROMERO GARCIA	VT1M- 29'	1:54:46	0:05:27	1:53:21	0:18:18	0:37:30	0:41:02	0:56:42	1:14:57	1:18:15	1:51:29		NARON
991	384	VICENTE SANMARTIN VIGO	VT1M- 29'	1:54:59	0:05:27	1:53:44	0:16:15	0:33:17	0:36:29	0:51:28	1:10:01	1:13:35	1:51:02		GUITRIZ
992	1579	IVAN VAZQUEZ GÓMEZ	SNM- 274	1:55:06	0:05:28	1:53:45	0:17:54	0:35:26	0:38:36	0:53:41	1:11:21	1:14:38	1:51:34		A CORUÑA
993	1325	J. LUIS VÁZQUEZ PÉREZ-COLEMAN	VT2M- 30'	1:55:06	0:05:28	1:53:48	0:18:05	0:37:43	0:41:11	0:56:27	1:14:40	1:17:51	1:52:06		A CORUÑA
994	571	IVAN JAVIER ROEL BARALLOBRE	VT1M- 29'	1:55:14	0:05:28	1:54:09	0:17:12	0:35:26	0:38:47	0:54:10	1:12:54	1:16:20	1:51:55		BASTIAQUEIRO
995	464	PABLO RAFAEL PRIETO CASAL	VT2M- 30'	1:55:17	0:05:28	1:54:35	0:17:33	0:36:34	0:40:04	0:55:34	1:14:19	1:17:46	1:52:10		A CORUÑA
996	1280	ÁNGEL SÁNCHEZ ENANO	VT1M- 29'	1:55:18	0:05:28	1:54:25	0:16:48	0:34:39	0:38:00	0:53:26	1:12:00	1:15:37	1:51:31		MADRID
997	1595	PEDRO BLAZQUEZ FRAGOSO	VT2M- 30'	1:55:19	0:05:28	1:53:59	0:18:06	0:37:44	0:41:12	0:57:12	1:15:58	1:19:23	1:52:27		A CORUÑA
998	1313	JAVIER CAAMAÑO TOMAS	VT2M- 30'	1:55:21	0:05:29	1:54:01	0:18:19	0:37:10	0:40:32	0:55:46	1:14:00	1:17:18	1:51:51		LA CORUÑA
999	371	DAVID PÉREZ	VT1M- 29'	1:55:27	0:05:29	1:54:09	0:17:29	0:35:38	0:38:58	0:54:18	1:12:27	1:15:53	1:51:48	A-11099	FONTES DO SAR
1000	639	JOAQUÍN VICENTE PINTO BLANCO	VT2M- 30'	1:55:32	0:05:29	1:54:32	0:17:16	0:35:36	0:38:57	0:54:15	1:12:47	1:16:13	1:52:03		BERGONDO
1001	1276	ALFREDO GUISTADO PÉREZ	SNM- 275	1:55:36	0:05:29	1:54:40	0:17:43	0:36:34	0:40:00	0:55:53	1:14:30	1:17:53	1:52:30		CADIZ
1002	1267	SILVESTRE MÁRQUEZ SERRANO	VT1M- 29'	1:55:36	0:05:29	1:54:40	0:17:43	0:36:34	0:40:00	0:55:53	1:14:31	1:17:53	1:52:30		HUELVA
1003	466	JORGE CASCALES FERNANDEZ	VT1M- 29'	1:55:37	0:05:29	1:54:22	0:17:53	0:36:50	0:40:18	0:56:22	1:15:13	1:18:38	1:52:54		A CORUÑA
1004	1671	JUAN MENÉNDEZ ARBESÚ	VT2M- 30'	1:55:40	0:05:29	1:53:56	0:17:48	0:36:06	0:39:29	0:55:00	1:13:40	1:17:07	1:52:21		
1005	461	MARIANO PÉREZ LÓPEZ	VT2M- 30'	1:55:41	0:05:29	1:54:41	0:16:45	0:35:01	0:38:24	0:53:43	1:11:56	1:15:25	1:51:47		LUGO
1006	377	ANTONIO PARDO LOPEZ	VT3M- 88	1:55:45	0:05:30	1:55:13	0:16:24	0:35:14	0:38:41	0:54:35	1:13:17	1:16:48	1:52:17	NOSPORTLIMIT-TREK-GALICIA	A CORUÑA
1007	1585	JOSÉ GONZALEZ CANEIRO	VT4M- 16	1:55:51	0:05:30	1:54:44	0:17:35	0:36:36	0:40:01	0:55:43	1:14:17	1:17:37	1:52:02		VALDOVIÑO
1008	1422	CARLOS DÍAZ-PACHE MACKINLAY	VT2M- 30'	1:55:53	0:05:30	1:55:00	0:16:49	0:35:25	0:38:46	0:54:42	1:13:36	1:17:09	1:52:36		FERROL
1009	1124	NELSON CORDOBA TORRES	SNM- 276	1:55:56	0:05:30	1:55:18	0:15:01	0:31:38	0:34:46	0:49:22	1:08:06	1:11:39	1:52:05		MADRID
1010	1421	SERGIO COUTO WORNER	VT1M- 29'	1:56:05	0:05:31	1:54:50	0:17:53	0:36:51	0:40:18	0:56:22	1:15:14	1:18:38	1:52:54		A CORUÑA
1011	1484	JORGE DEL RÍO MONTILLA	VT1M- 30'	1:56:08	0:05:31	1:55:05	0:17:40	0:35:59	0:39:22	0:54:59	1:13:37	1:17:03	1:52:39		MADRID
1012	1137	DANIEL LÓPEZ LÓPEZ	VT1M- 30'	1:56:13	0:05:31	1:55:45	0:15:40	0:34:17	0:37:44	0:53:21	1:14:39	1:18:02	1:52:53		LA CORUÑA
1013	1231	ADRIAN SOUTO SOUTO	SNM- 277	1:56:16	0:05:31	1:55:25	0:16:07	0:33:50	0:37:07	0:52:25	1:11:17	1:14:49	1:52:29		A CORUÑA
1014	465	JOSE CARLOS FREIRE SALORIO	SNM- 278	1:56:18	0:05:31	1:54:58	0:17:20	0:35:50	0:39:15	0:54:59	1:13:49	1:17:18	1:52:59		A CORUÑA
1015	1622	JOSE LUIS FERNANDEZ ALVAREZ	VT2M- 30'	1:56:19	0:05:31	1:55:04	0:17:42	0:35:46	0:39:01	0:54:16	1:12:20	1:15:45	1:52:30		
1016	1488	JOSÉ JAVIER RAMOS ULLOA	VT1M- 30'	1:56:28	0:05:32	1:56:09	0:15:20	0:32:56	0:36:11	0:51:31	1:10:30	1:14:05	1:52:43		OLEIROS
1017	472	MANUEL JAVIER MUÑOZ SEIJAS	VT2M- 30'	1:56:36	0:05:32	1:55:49	0:16:42	0:34:41	0:38:01	0:53:24	1:12:09	1:15:43	1:53:03		A CORUÑA
1018	1523	JESUS CARAMES BOUZAN	VT4M- 17	1:56:46	0:05:33	1:56:31	0:16:26	0:35:22	0:38:53	0:55:10	1:14:28	1:17:58	1:53:34		ATLETISMO CLUB SOCIAL BANCO PA...
1019	1498	MICHAEL CARRO NOYA	SNM- 279	1:56:50	0:05:33	1:56:20	0:13:20	0:28:40	0:31:27	0:44:35	1:00:57	1:04:08	1:52:10		CORUÑA
1020	1357	NICO BRASA GARCÍA-ARÉVALO	VT2M- 31'	1:56:54	0:05:33	1:56:24	0:15:25	0:32:57	0:36:12	0:51:32	1:10:33	1:14:07	1:53:08		A CORUÑA
1021	645	JORGE GRAÑA LOIS	SNM- 280	1:56:59	0:05:33	1:55:34	0:17:52	0:36:37	0:40:04	0:55:41	1:14:11	1:17:34	1:53:09		A CORUÑA
1022	439	SANTIAGO BORES BERMEJO													

1034	638	ALBERTO FRAGA RODRÍGUEZ	VT2M- 31:	1:58:07	0:05:36	1:57:03	0:16:57	0:35:22	0:38:43	0:54:24	1:13:34	1:17:08	1:54:43	A CORUÑA		
1035	1112	CALOS PEREZ HAERRERO	VT3M- 90	1:58:18	0:05:37	1:57:14	0:17:19	0:35:41	0:39:01	0:53:59	1:12:04	1:15:41	1:54:19	ag767024	RUNAWAYS	A CORUÑA
1036	408	NESTOR ARIAS PAZ	VT1M- 30:	1:58:28	0:05:37	1:57:27	0:17:07	0:35:26	0:38:46	0:54:07	1:12:27	1:15:54	1:54:16			LUGO
1037	1503	RUPERTO GARCÍA NEIRA	VT1M- 30:	1:58:29	0:05:37	1:57:40	0:17:49	0:37:02	0:40:31	0:56:37	1:15:44	1:19:13	1:55:12			A CORUÑA
1038	651	OMAR RODRÍGUEZ MAYO	SNM- 286	1:58:37	0:05:38	1:57:40	0:16:32	0:34:19	0:37:36	0:52:50	1:11:52	1:15:27	1:54:38			AVILÉS
1039	1608	ALVARO DÍAZ GRANDIA	VT1M- 30:	1:58:37	0:05:38	1:57:48	0:17:09	0:35:57	0:39:28	0:55:30	1:15:08	1:18:42	1:55:12			A CORUÑA
1040	1225	MANUEL ÁNGEL COBAS OTERO	VT2M- 31:	1:58:52	0:05:39	1:58:13	0:16:44	0:35:25	0:38:54	0:54:48	1:13:51	1:17:22	1:55:00			BERTAMIRANS-AMES
1041	498	DAMIAN CASTRO OANES	SNM- 287	1:58:58	0:05:39	1:57:57	0:17:41	0:36:33	0:40:00	0:56:13	1:15:24	1:18:53	1:55:18			A CORUÑA
1042	1358	ALBERTO CASTAÑO HERNANDEZ	VT1M- 30:	1:59:02	0:05:39	1:57:52	0:18:09	0:37:03	0:40:30	0:56:25	1:15:25	1:18:52	1:55:31			A CORUÑA
1043	463	CARLOS ALBERTO CASTAÑO CAMEJO	VT2M- 31:	1:59:02	0:05:39	1:57:52	0:18:09	0:37:03	0:40:31	0:56:26	1:15:25	1:18:52	1:55:31			CULLEREDO
1044	1469	DAVID IGLESIAS PENA	SNM- 288	1:59:06	0:05:39	1:58:02	0:16:18	0:33:49	0:37:04	0:52:13	1:11:35	1:15:17	1:55:42			A COPUÑA
1045	1396	SANTIAGO RAMOS FERNÁNDEZ	SNM- 289	1:59:10	0:05:39	1:57:38	0:19:04	0:38:29	0:42:05	0:58:00	1:16:46	1:20:18	1:55:51			A CORUÑA
1046	1644	XURXO SUAREZ NOVOA	SNM- 290	1:59:23	0:05:40	1:58:52	0:16:36	0:35:32	0:38:56	0:54:43	1:14:12	1:17:52	1:55:47			A CORUÑA
1047	1483	JORGE GARCÍA VÁZQUEZ	SNM- 291	1:59:35	0:05:41	1:58:05	0:18:33	0:38:09	0:41:46	0:58:35	1:17:46	1:21:15	1:56:23			A CORUÑA
1048	474	LUIS FERNANDEZ ESPADA	VT1M- 30:	1:59:39	0:05:41	1:58:09	0:18:32	0:38:09	0:41:46	0:58:35	1:17:46	1:21:15	1:56:23			LA CORUÑA
1049	1610	JAVIER DEIBE DOVAL	SNM- 292	1:59:40	0:05:41	1:58:37	0:19:00	0:39:00	0:42:33	0:59:24	1:18:49	1:22:18	1:56:47			A CORUÑA
1050	1226	FRANCISCO JOSE VILLARES COUSILLAS	VT3M- 91	1:59:41	0:05:41	1:58:25	0:17:47	0:36:47	0:40:15	0:56:16	1:15:34	1:19:07	1:56:03			A CORUÑA
1051	423	ROMAN SANCHEZ FERNANDEZ	PRM- 17	1:59:43	0:05:41	1:58:50	0:16:56	0:35:44	0:39:19	0:55:38	1:15:55	1:19:37	1:56:26			LA CORUÑA
1052	1411	FERNANDO VAZQUEZ BLANCO	VT3M- 92	1:59:44	0:05:41	1:58:31	0:18:08	0:37:01	0:40:31	0:56:31	1:16:08	1:19:41	1:56:15			CORUÑA
1053	1253	CARLOS LODEIRO LÓPEZ	VT1M- 31:	1:59:44	0:05:41	1:58:32	0:18:08	0:37:01	0:40:31	0:56:32	1:16:08	1:19:42	1:56:14			LA CORUÑA
1054	578	JUAN MANUEL PEREZ FERNANDEZ	VT3M- 93	2:00:04	0:05:42	1:58:40	0:18:19	0:37:17	0:40:43	0:56:56	1:16:19	1:19:47	1:56:02			A CORUÑA
1055	358	JOSE MARIA BREA SANCHEZ	VT3M- 94	2:00:21	0:05:43	1:59:18	0:17:22	0:37:04	0:40:43	0:57:30	1:17:26	1:21:00	1:57:06	AG-764347	ATLETISMO BOIMORTO	A CORUÑA
1056	1676	JUAN FERNÁNDEZ GONZÁLEZ	VT1M- 31:	2:00:31	0:05:43	1:59:18	0:18:10	0:37:27	0:40:59	0:57:07	1:16:31	1:20:07	1:57:15	AG 767350	PATUKOS TIM RANIN	A CORUÑA
1057	583	SERGIO LÓPEZ REY	VT1M- 31:	2:00:38	0:05:44	1:59:24	0:18:11	0:37:27	0:40:59	0:57:11	1:16:32	1:20:07	1:57:16			A CORUÑA
1058	1329	PEDRO CALDAS CASTRO	SNM- 293	2:00:45	0:05:44	1:59:29	0:16:16	0:33:34	0:36:50	0:51:45	1:10:35	1:14:12	1:56:07			A CORUÑA
1059	582	MIGUEL GARCÍA VÁZQUEZ	VT1M- 31:	2:00:50	0:05:44	1:59:23	0:18:16	0:37:47	0:41:19	0:57:41	1:17:13	1:20:48	1:57:11			A CORUÑA
1060	405	JAVIER MARTINEZ RIVAS	VT2M- 31:	2:00:54	0:05:44	1:59:33	0:18:18	0:37:43	0:41:16	0:57:52	1:18:39	1:22:21	1:57:53			LUGO
1061	392	CARLOS ARMENTEROS LEÓN	VT1M- 31:	2:01:08	0:05:45	2:00:17	0:17:39	0:36:53	0:40:24	0:56:50	1:16:40	1:20:16	1:57:47			LA CORUÑA
1062	1352	PABLO NIETO BLASCO	VT1M- 31:	2:01:32	0:05:46	2:00:11	0:18:59	0:38:42	0:42:15	0:58:32	1:18:07	1:21:38	1:58:04			LA CORUÑA
1063	1620	JOSE MANUEL ABEJON SILLERO	VT2M- 31:	2:01:42	0:05:47	2:00:28	0:18:07	0:37:42	0:41:17	0:57:42	1:17:27	1:21:11	1:58:03			SANTA COMBA
1064	1433	SEBASTIÁN GARCÍA ORRO	SNM- 294	2:01:58	0:05:47	2:00:27	0:19:06	0:38:29	0:42:05	0:58:11	1:17:33	1:21:03	1:58:27			A CORUÑA
1065	1320	MANUEL BOUZAS ESPASANDIN	SNM- 295	2:02:02	0:05:48	2:01:07	0:16:32	0:34:25	0:37:45	0:52:48	1:11:29	1:15:06	1:56:45			A CORUÑA
1066	1214	FRANCISCO COUCEIRO MAGAN	VT2M- 32:	2:02:12	0:05:48	2:00:59	0:17:38	0:36:28	0:39:59	0:55:56	1:15:47	1:19:34	1:58:21	AG 764872	FONTES DO SAR	SANTIAGO
1067	1281	ALVARO ISAAC COUCEIRO RODRIGUEZ	SNM- 296	2:02:12	0:05:48	2:00:58	0:17:38	0:36:28	0:39:59	0:55:57	1:15:47	1:19:34	1:58:22			SANTIAGO
1068	1257	FEDERICO DELGADO MARTÍN	VT1M- 31:	2:02:21	0:05:48	2:01:21	0:16:13	0:33:29	0:36:48	0:52:49	1:13:07	1:16:59	1:58:17			MADRID
1069	1350	JORGE PUIGDOLLERS CHAVES	VT2M- 32:	2:02:31	0:05:49	2:01:36	0:18:00	0:37:29	0:41:15	0:58:16	1:18:48	1:22:37	1:59:06			LA CORUÑA
1070	1219	FAUSTINO LAGE REGO	VT1M- 31:	2:02:32	0:05:49	2:01:11	0:18:58	0:38:42	0:42:15	0:58:32	1:18:08	1:21:37	1:58:57			LA CORUÑA
1071	637	MANUEL GARCÍA GARCÍA	VT4M- 18	2:02:48	0:05:50	2:01:55	0:17:27	0:36:23	0:39:51	0:56:15	1:16:04	1:19:51	1:58:53			A CORUÑA
1072	1609	FERNANDO VALERIO BARRIO	VT1M- 31:	2:02:54	0:05:50	2:01:35	0:17:31	0:37:28	0:41:13	0:58:49	1:18:41	1:22:24	1:59:34			OLEIROS
1073	1354	FERNANDO COSTA GONZÁLEZ	SNM- 297	2:03:18	0:05:51	2:02:42	0:16:45	0:35:05	0:38:32	0:54:35	1:14:11	1:17:51	1:59:15			A CORUÑA
1074	383	BORJA GARCÍA CUESTA	VT3M- 95	2:03:27	0:05:52	2:02:54	0:16:19	0:35:01	0:38:30	0:55:25	1:15:46	1:19:33	1:59:31			LA CORUÑA
1075	1388	JOSE MARTINEZ ZAS	VT2M- 32:	2:03:36	0:05:52	2:02:43	0:16:03	0:33:45	0:37:03	0:52:42	1:12:37	1:16:27	1:59:04			ARTEIXO
1076	503	PEDRO PETEIRO ROSENDE	VT2M- 32:	2:03:48	0:05:53	2:03:04	0:15:54	0:34:13	0:37:43	0:54:37	1:14:55	1:18:45	1:59:44			A CORUÑA
1077	540	FERNANDO MÍGUEZ FERNÁNDEZ	SNM- 298	2:03:48	0:05:53	2:03:33	0:14:33	0:33:27	0:37:02	0:54:10	1:15:02	1:18:55	1:59:55			A CORUÑA
1078	1364	JAVIER LOPEZ RODRIGUEZ	VT2M- 32:	2:04:15	0:05:54	2:03:03	0:18:15	0:37:39	0:41:14	0:57:52	1:18:41	1:22:23	2:00:19			A CORUÑA
1079	1284	GUILLEMO LIAÑO VIDAL	VT1M- 31:	2:04:28	0:05:54	2:02:57	0:19:51	0:40:35	0:44:17	1:01:22	1:20:56	1:24:30	2:01:00			A CORUÑA
1080	389	PABLO URRUTIA FERRIN	VT1M- 32:	2:04:43	0:05:55	2:03:11	0:17:35	0:36:13	0:40:06	0:56:55	1:17:04	1:20:50	2:00:49			A CORUÑA
1081	1419	DANIEL FERNANDEZ SANCHEZ	SNM- 299	2:04:45	0:05:55	2:03:21	0:16:27	0:33:56	0:37:19	0:52:57	1:12:15	1:15:48	1:59:15			A CORUÑA
1082	1242	FCO.JAVIER IGLESIAS ALONSO	VT2M- 32:	2:04:47	0:05:55	2:03:37	0:17:00	0:34:57	0:38:15	0:54:05	1:14:23	1:18:11	2:00:51			BETANZOS
1083	1577	DANIEL TERESA DE FRUTOS	VT1M- 32:	2:04:51	0:05:56	2:03:37	0:17:36	0:36:12	0:39:35	0:56:27	1:16:43	1:20:20	2:00:49			LA CORUÑA
1084	1209	ISAAC OTERO FERNANDEZ	VT2M- 32:	2:05:28	0:05:57	2:04:11	0:19:15	0:37:49	0:41:11	0:57:03	1:16:38	1:20:11	2:01:15	AG766897	ATLETAS VETERANOS OURENSE	OURENSE
1085	499	ADRIAN FERNANDEZ CASAL	SNM- 300	2:05:42	0:05:58	2:04:59	0:18:09	0:38:45	0:42:25	0:59:07	1:19:07	1:22:49	2:02:36			FERROL
1086	1401	JOSE LEYTE VERDEJO	VT2M- 32:	2:05:43	0:05:58	2:04:27	0:18:26	0:37:42	0:41:19	0:58:06	1:18:01	1:21:38	2:01:54			LA CORUÑA
1087	1410	DANIEL LOUREIRO ORIZALES	VT1M- 32:	2:05:55	0:05:59	2:04:27	0:18:27	0:38:17	0:41:58	0:58:39	1:18:48	1:22:37	2:02:09			NEDA
1088	1259	MANUEL MARIÑO VILA	VT2M- 32:	2:05:56	0:05:59	2:05:33	0:17:16	0:37:09	0:40:47	0:57:36	1:18:17	1:21:58	2:01:59			A CORUÑA
1089	1261	MARIANO CONDE BERMEJO	VT2M- 32:	2:06:16	0:06:00	2:05:44	0:16:24	0:35:15	0:38:40	0:54:36	1:14:33	1:18:17	2:02:00			OLEIROS
1090	494	OSCAR COSTALAGO ASTRAY	VT1M- 32:	2:06:40	0:06:01	2:05:17	0:19:14	0:37:51	0:41:17	0:57:19	1:16:54	1:20:32	2:02:27			LA CORUÑA
1091	401	JOSE LUIS MENDEZ PASCUAL	VT2M- 33:	2:06:50	0:06:01	2:05:17	0:19:31	0:40:13	0:43:58	1:01:13	1:21:35	1:25:14	2:03:11			A CORUÑA
1092	443	LUIS RODRIGUEZ FANDIÑO	VT1M- 32:	2:06:50	0:06:01	2:05:17	0:19:31	0:40:13	0:43:58	1:01:13	1:21:35	1:25:14	2:03:11			SADA
1093	473	PABLO ANTONIO RODRIGUEZ REY	VT1M- 32:	2:06:55	0:06:01	2:05:25	0:19:39	0:40:14	0:44:00	1:01:28	1:22:02	1:25:38	2:03:20			SANTIAGO DE COMPOSTELA
1094	393	JAVIER VILLAS PEDRUELO	VT3M- 96	2:07:21	0:06:03	2:05:49	0:18:05	0:37:48	0:41:23	0:58:13	1:18:47	1:22:37	2:03:28			LA CORUÑA
1095	649	DANIEL LÓPEZ GARCÍA	SNM- 301	2:07:26	0:06:03	2:06:45	0:18:10	0:38:45	0:42:25	0:59:08	1:19:07	1:22:49	2:03:37			PERILLO
1096	561	CARLOS VALDÉS LÓPEZ	VT3M- 97	2:07:29	0:06:03	2:06:02	0:19:12	0:39:19	0:42:56	0:59:52	1:20:31	1:24:16	2:03:42			A BARCALA- CAMBRE
1097	427	RAÚL GALÁN CERVERO	VT3M- 98	2:07:54	0:06:04	2:06:37	0:18:57	0:39:11	0:42:49	1:00:03	1:21:08	1:25:02	2:04:08			A CORUÑA
1098	1408	JUAN CARLOS DOMATO VERDIA	SNM- 302	2:07:55	0:06:04	2:06:26	0:19:26	0:40:05	0:43:50	1:01:04	1:21:38	1:25:27	2:04:24			A CORUÑA
1099	1327	JOSE ANTONIO FACHAL MOSTEIRO	VT2M- 33	2:08:05	0:06:05	2:06:32	0:18:50	0:38:51	0:42:30	0:59:22	1:20:11	1:24:00	2:04:29			A CORUÑA
1100	1402	ENRIQUE FERNANDO PENA CARRIL	VT2M- 33:	2:09:01	0:06:07	2:07:46										

4	11 CRISTINA LOEDA SOTO	VT1F- 2	1:26:23	0:04:06	1:26:22	0:11:42	0:25:46	0:28:20	0:40:16	0:54:38	0:57:17	1:23:48	V20212	CARNICAS SERRANO	VALENCIA
5	1002 MARIA CABADAS CANCELA	VT2F- 1	1:27:50	0:04:10	1:27:43	0:12:39	0:27:05	0:29:41	0:41:45	0:56:16	0:58:51	1:25:24			CORUÑA
6	15 ELENA MARÍA FERREIRO LÓPEZ	VT2F- 2	1:28:23	0:04:12	1:28:15	0:12:54	0:27:19	0:29:57	0:42:02	0:56:25	0:59:04	1:25:48			A CORUÑA
7	1436 MARÍA HURTADO SANJURJO	SNF- 3	1:30:13	0:04:17	1:30:10	0:13:01	0:28:06	0:30:50	0:43:40	0:58:43	1:01:24	1:27:43	GA 15222	OURENSE ATLETISMO	LUGO
8	12 TERESA CORRAL MARCOS	VT2F- 3	1:31:17	0:04:20	1:31:12	0:13:09	0:28:14	0:30:56	0:43:41	0:58:45	1:01:24	1:28:40	GA-764232	ATLETISMO MONTE SEGADE	LUGO
9	22 MIRIAM RIVAS LOZANO	SNF- 4	1:33:12	0:04:26	1:33:36	0:14:39	0:30:11	0:33:00	0:45:46	1:00:47	1:03:32	1:30:41			A PONTENOVA
10	1678 SILVIA TEIJEIRO FERRO	VT2F- 4	1:33:45	0:04:27	1:33:31	0:13:26	0:28:27	0:31:14	0:44:06	0:59:19	1:02:03		ga19115	OURENSE ATLETISMO	OURENSE
11	16 EUSEBIA MALDONADO DE SUAREZ	SNF- 5	1:34:05	0:04:28	1:33:53	0:13:01	0:28:06	0:30:49	0:43:43	0:59:16	1:02:07	1:31:21			A CORUÑA
12	1681 SILVIA RODRÍGUEZ FERRO	VT2F- 5	1:34:31	0:04:29	1:34:07	0:14:37	0:30:07	0:32:54	0:45:37	1:00:42	1:03:28	1:31:49	AG764007	ESPRINTES OURENSE	A CAÑIZA
13	1682 PURIFICACIÓN BERMÚDEZ TURNES	VT2F- 6	1:37:43	0:04:38	1:37:26	0:13:58	0:29:50	0:32:40	0:45:50	1:01:51	1:04:47	1:34:54	AG 763763	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
14	48 CORA DÍAZ AQUINO	PRF- 1	1:38:59	0:04:42	1:38:25	0:15:26	0:31:37	0:34:32	0:48:00	1:03:51	1:06:46	1:36:07			A CORUÑA
15	1004 HANNAH KITTS	SNF- 6	1:39:10	0:04:43	1:38:55	0:14:00	0:30:03	0:32:57	0:46:23	1:02:35	1:05:35	1:36:27			FERROL
16	29 SUSANA BELLAS BERMÚDEZ	VT2F- 7	1:40:53	0:04:47	1:40:24	0:15:09	0:31:31	0:34:31	0:48:25	1:05:04	1:08:06	1:38:09			AS PONTES
17	601 REBECA ABELLA JOSA	SNF- 7	1:42:00	0:04:51	1:40:56	0:16:09	0:32:56	0:35:56	0:49:52	1:06:33	1:09:35	1:39:14			VILABOA
18	1012 IRIS PÉREZ FERNÁNDEZ	SNF- 8	1:42:44	0:04:53	1:41:28	0:16:33	0:33:32	0:36:36	0:50:33	1:07:01	1:10:03	1:39:54			NEGREIRA
19	23 MARÍA JESUS DEVESA FERREIRO	VT2F- 8	1:42:58	0:04:53	1:42:46	0:14:04	0:30:49	0:33:53	0:47:56	1:05:07	1:08:16	1:39:57			LUGO
20	33 INES PAPIN ESTEVEZ	VT2F- 9	1:43:06	0:04:54	1:42:37	0:15:14	0:32:05	0:35:10	0:49:28	1:06:16	1:09:24	1:40:13	AG 765854	CLUB ATLETISMO SADA	SADA
21	18 MONTSE FERNÁNDEZ RAMOS	VT2F- 10	1:43:06	0:04:54	1:42:37	0:15:15	0:32:05	0:35:10	0:49:28	1:06:16	1:09:24	1:40:13	AG 11336	CLUB ATLETISMO SADA	SADA
22	1003 ANA ISABEL SOUTULLO PARADELA	SNF- 9	1:43:55	0:04:56	1:43:38	0:14:06	0:30:49	0:33:56	0:48:18	1:05:32	1:08:45	1:40:49			OURENSE
23	31 MARÍA MONTSERRAT FERNÁNDEZ SABURIDO	VT1F- 3	1:44:11	0:04:57	1:43:23	0:15:29	0:32:12	0:35:16	0:49:27	1:06:36	1:09:42	1:41:18	AG766781	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
24	511 SUSANA FEIJO SANCHEZ	VT1F- 4	1:44:26	0:04:58	1:44:11	0:15:15	0:32:17	0:35:23	0:49:34	1:06:36	1:09:46	1:41:30	AG-766584	CORUÑA COMARCA	A CORUÑA
25	38 TERESA GARCÍA RODRÍGUEZ	VT1F- 5	1:44:51	0:04:59	1:44:17	0:16:33	0:34:17	0:37:29	0:51:55	1:09:04	1:12:11	1:42:04			LUGO
26	512 SONIA ROCA CANZOBRE	VT1F- 6	1:45:12	0:05:00	1:44:53	0:14:58	0:31:49	0:34:53	0:49:17	1:06:25	1:09:36	1:42:11	AG-766807	CORUÑA COMARCA	CAMBRE
27	1025 LOLA PERNAS ALONSO	VT2F- 11	1:46:15	0:05:03	1:45:38	0:15:45	0:32:25	0:35:28	0:49:51	1:07:01	1:10:08	1:43:12			PERILLO OLEIROS
28	19 PILAR MARQUIZ HERNÁNDEZ	VT3F- 1	1:46:56	0:05:05	1:46:39	0:14:36	0:31:30	0:34:35	0:49:21	1:06:49	1:10:03	1:43:39	AG 764581	CLUB RIAZOR CORUÑA	A CORUÑA
29	513 ANA PEREIRA FERREIRO	VT1F- 7	1:47:05	0:05:05	1:46:18	0:16:45	0:34:02	0:37:09	0:51:37	1:08:53	1:12:03	1:44:07			CORUÑA COMARCA
30	631 MARÍA LUISA LOPEZ GARCIA	VT2F- 12	1:47:15	0:05:05	1:46:35	0:16:17	0:33:27	0:36:33	0:50:47	1:08:07	1:11:19	1:44:10			CLUB TRIATLÓN CORUÑA
31	39 NURIA ANGLI MAS	SNF- 10	1:47:31	0:05:06	1:47:12	0:15:20	0:32:55	0:36:06	0:50:53	1:08:30	1:11:42	1:44:29			CORUÑA
32	1560 BEGO GONZÁLEZ PENA	VT1F- 8	1:47:43	0:05:07	1:46:57	0:16:10	0:33:13	0:36:17	0:50:45	1:08:07	1:11:19	1:44:31			A CORUÑA
33	1437 MARI LUZ SANMARTIN FERNANDEZ	VT4F- 1	1:48:28	0:05:09	1:47:47	0:15:59	0:33:20	0:36:28	0:50:55	1:08:36	1:11:51	1:45:17			A CORUÑA
34	1016 MARTA JUAN MARTINEZ	VT1F- 9	1:49:48	0:05:13	1:48:35	0:16:47	0:34:16	0:37:30	0:52:24	1:10:21	1:13:44	1:46:49			PONFERRADA
35	24 BERIT SORENSEN	SNF- 11	1:50:14	0:05:14	1:49:58	0:14:42	0:32:06	0:35:16	0:50:21	1:09:00	1:12:25	1:47:06			CORUÑA
36	1027 MONICA DÍAZ VILLAPOL	SNF- 12	1:50:23	0:05:14	1:49:20	0:16:53	0:34:30	0:37:45	0:52:42	1:10:32	1:13:50	1:47:22			CORUÑA
37	1557 VANESA NAVEIRA LÓPEZ	VT1F- 10	1:50:27	0:05:15	1:49:38	0:16:06	0:33:42	0:36:58	0:52:01	1:09:55	1:13:15	1:47:15			A CORUÑA
38	1006 ÁNGELES VÁZQUEZ SUÁREZ	VT1F- 11	1:50:36	0:05:15	1:49:52	0:16:31	0:34:14	0:37:29	0:52:36	1:10:40	1:14:00	1:47:29	AG765590	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
39	1009 PILAR BLANCO-RAJOY FERNANDEZ	VT2F- 13	1:50:42	0:05:15	1:49:46	0:16:29	0:33:59	0:37:10	0:51:50	1:09:39	1:12:56	1:47:14			LA CORUÑA
40	43 RAQUEL ARMESTO PINEDO	VT1F- 12	1:50:54	0:05:16	1:50:22	0:16:20	0:34:27	0:37:45	0:52:59	1:10:57	1:14:13	1:47:53			A CORUÑA
41	17 ANA FERNÁNDEZ GARCIA	SNF- 13	1:51:10	0:05:17	1:50:06	0:16:05	0:33:11	0:36:20	0:51:06	1:09:03	1:12:23	1:47:52	GA-717059	AFFLELOU NARÓN	A CORUÑA
42	1018 BETTY VILLAR OLANETA	VT2F- 14	1:51:35	0:05:18	1:50:46	0:16:46	0:35:01	0:38:20	0:53:35	1:11:45	1:15:04	1:48:29			A CORUÑA
43	1010 Mª VICTORIA MARTÍNEZ VÉREZ	VT1F- 13	1:51:35	0:05:18	1:50:08	0:17:31	0:34:51	0:38:02	0:53:08	1:11:14	1:14:31	1:48:19			A CORUÑA
44	27 MONTSERRAT ARIAS SILVARREY	VT2F- 15	1:51:36	0:05:18	1:50:34	0:17:07	0:35:11	0:38:28	0:53:35	1:11:26	1:14:44	1:48:20			LUGO
45	1013 LOURDES LIQUETE MEDRANO	VT3F- 2	1:51:58	0:05:19	1:50:45	0:16:47	0:34:14	0:37:30	0:52:24	1:10:20	1:13:44	1:48:43			PONFERRADA
46	1026 MARÍA CARMEN LOUZO RODRÍGUEZ	VT2F- 16	1:53:02	0:05:22	1:52:02	0:16:38	0:34:22	0:37:36	0:52:45	1:11:03	1:14:30	1:49:29			A CORUÑA
47	21 Mª LUISA BARREIRO FUENTES	VT1F- 14	1:53:14	0:05:23	1:52:45	0:15:56	0:33:43	0:36:57	0:52:01	1:10:14	1:13:38	1:49:39	G-763977	RIAZOR ATLETISMO	LA CORUÑA
48	514 MARÍA FERNÁNDEZ GONZÁLEZ	SNF- 14	1:53:48	0:05:24	1:52:27	0:17:55	0:36:14	0:39:34	0:55:03	1:13:37	1:16:58	1:50:39			SANTIAGO DE COMPOSTELA
49	47 CRISTINA NAVEDO PRIETO	VT1F- 15	1:54:02	0:05:25	1:52:36	0:18:12	0:36:53	0:40:11	0:55:09	1:13:05	1:16:23	1:50:53			A CORUÑA
50	35 BELÉN NOYA PÉREZ	VT1F- 16	1:54:03	0:05:25	1:53:17	0:16:31	0:34:15	0:37:29	0:52:40	1:11:04	1:14:33	1:50:30	A763760	NOITEBRA F.C.	SANTIAGO DE COMPOSTELA
51	1439 YESICA LODEIRO CORRAL	SNF- 15	1:54:27	0:05:26	1:53:28	0:17:28	0:36:38	0:40:04	0:55:51	1:14:20	1:17:40	1:51:22			A CORUÑA
52	34 BEATRIZ CHOUCIÑO TRIGO	VT1F- 17	1:55:40	0:05:29	1:53:55	0:17:47	0:36:06	0:39:29	0:55:00	1:13:40	1:17:08	1:52:21	AG765591	EGOBARROS-VIVEIRO	A CORUÑA
53	45 MAR CASANA OLIVER	VT2F- 17	1:56:18	0:05:31	1:55:27	0:17:34	0:36:21	0:39:45	0:55:27	1:14:20	1:17:45	1:52:56			A CORUÑA
54	50 SABRINA LIDIA RUMBO ROEL	SNF- 16	1:57:08	0:05:34	1:56:14	0:17:26	0:36:18	0:39:48	0:56:03	1:15:31	1:18:58	1:54:00			A CORUÑA
55	1559 ESTIBALZ VEIGA VEIGA	SNF- 17	1:57:19	0:05:34	1:56:17	0:17:41	0:36:34	0:40:00	0:56:13	1:15:14	1:18:36	1:54:02			A CORUÑA
56	32 MARISA RUA PRIETO	SNF- 18	1:58:37	0:05:38	1:57:56	0:17:01	0:35:58	0:39:26	0:55:38	1:15:08	1:18:42	1:55:12	AG 764232	CLUB ATLETISMO SADA	SADA
57	1558 MARÍA DE LOS ANGELES VILLAVERDE RIAL	VT1F- 18	1:59:07	0:05:39	1:57:49	0:19:14	0:38:57	0:42:29	0:58:43	1:17:39	1:21:05	1:55:54			CULLEREDO
58	46 MARÍA ELENA CASTRO SABIO	VT2F- 18	1:59:28	0:05:40	1:58:16	0:17:28	0:36:23	0:39:47	0:55:50	1:15:40	1:19:17	1:56:05			A CORUÑA
59	1005 ISABEL BREA POSSE	VT4F- 2	2:00:31	0:05:43	2:00:11	0:18:00	0:37:40	0:41:13	0:57:45	1:17:28	1:21:01	1:57:10			LA CORUÑA
60	1022 MANUELA DOS SANTOS	VT2F- 19	2:01:45	0:05:47	2:01:30	0:16:56	0:36:37	0:40:12	0:56:38	1:16:36	1:20:18	1:58:05			LA CORUÑA
61	1011 LUISA GARCIA ALVARÍO	VT2F- 20	2:04:09	0:05:54	2:03:01	0:16:53	0:35:23	0:38:47	0:54:41	1:14:56	1:18:41	2:00:01			FERROL
62	1007 MARÍA ESTHER BOUSO FUENTECILLA	VT3F- 3	2:04:13	0:05:54	2:02:45	0:18:16	0:37:36	0:41:07	0:57:20	1:16:55	1:20:36	1:59:52	GA0831	OURENSE ATLETISMO	OURENSE
63	1561 ESTEFANIA FERRO PEREZ	VT1F- 19	2:04:21	0:05:54	2:02:56	0:19:35	0:40:08	0:43:49	1:00:55	1:21:11	1:24:48	2:01:10			A CORUÑA
64	1017 SUSANA BASTERRECHA NOYA	VT1F- 20	2:04:28	0:05:54	2:02:57	0:19:51	0:40:35	0:44:17	1:01:22	1:20:56	1:24:30	2:01:00			A CORUÑA
65	1023 AIDA ESTHER ALVAREZ VIDAL	VT3F- 4	2:04:33	0:05:55	2:04:09	0:17:45	0:37:40	0:41:20	0:58:23	1:18:45	1:22:28	2:00:55			BETANZOS
66	1024 RITA CALVIÑO	JNF- 1	2:05:10	0:05:56	2:04:26	0:16:58	0:36:22	0:39:55	0:56:54	1:17:25	1:21:10	2:01:10			LA CORUÑA
67	41 FELICITAS SEOANE GRELA	VT1F- 21	2:06:04	0:05:59	2:04:38	0:19:12	0:39:03	0:42:38	0:59:18	1:19:44	1:23:24	2:02:19			A CORUÑA
68	1562 BEATRIZ ARES ARIAS	SNF- 19	2:06:21	0:06:00	2:05:18	0:19:13	0:39:15	0:42:58	0:59:45	1:20:13	1:23:58	2:02:48			LA CORUÑA
69	1021 PAULA SANTOS HERRAIZ	SNF- 20	2:07:20	0:06:03	2:06:19	0:18:18	0:38:15	0:41:56	0:59:00	1:19:34	1:23:21	2:03:40			VALENCIA
70	1438 PATRICIA ALDAO VARELA	VT1F- 22	2:07:29	0:06:03	2:06:03	0:19:12	0:39:19	0:42:56	0:59:52	1:20:31	1:24:16	2:03:42			ARTEIXO
71	1565 CARLA FRIEIRO DANTAS	SNF- 21	2:07:45	0:06:04	2:07:12	0:16:37	0:36:16	0:39:59	0:57:41	1:19:21	1:23:15	2:03:59			PONTEVEDRA
72	36 LORENA GESTAL FERREIRO	VT1F- 23	2:07:59												

**V MEDIO MARATÓN A CORUÑA 21, A Coruña 24/02/2013**

PROBA POPULAR. Distancia: 21.097,5 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1509	MOHEMED BOUCETTA		SNM- 1	1:05:35	0:03:07	1:05:35	0:09:15	0:20:07	0:22:03	0:31:03	0:41:53	0:43:54	1:03:40	v20383	PUERTO ALICANTE	ALICANTE
2	1508	HASSANE AHOUCAR		VT1M- 1	1:06:06	0:03:08	1:06:06	0:09:15	0:20:05	0:22:03	0:31:03	0:41:53	0:43:54	1:04:04	v-18894	C.A. CARNICAS SERRANO	VALENCIA
3	1684	PEDRO NIMO DEL ORO		SNM- 2	1:06:32	0:03:10	1:06:32	0:09:15	0:20:05	0:22:03	0:31:08	0:42:06	0:44:06	1:04:35	GA716988	BIKILA	SANTIAGO
4	2	AKKA ESSAADAUI		SNM- 3	1:08:44	0:03:16	1:08:44	0:09:15	0:20:22	0:22:24	0:31:55	0:43:23	0:45:29	1:06:43	GA - 764361	COMESAÑA SPORTING CLUB	SALCEDA DE CASELAS
5	1445	RAFAEL FUENTES LUBIÁN		VT1M- 2	1:09:46	0:03:19	1:09:45	0:10:05	0:21:44	0:23:51	0:33:29	0:44:57	0:47:01	1:07:51	GA10165	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	PONTEVEDRA
6	57	RUBEN CAAMAÑO NIETO		SNM- 4	1:09:58	0:03:19	1:09:58	0:10:06	0:21:44	0:23:52	0:33:30	0:44:57	0:47:00	1:07:53		ATLETISMO SAR A POUTADA	NOIA
7	72	JOSE ANTONIO RAMALLO REBOREDO		VT1M- 3	1:10:48	0:03:22	1:10:47	0:10:19	0:21:53	0:24:01	0:33:40	0:45:14	0:47:23	1:08:45	GA-12398	SAN MIGUEL DE MARIN	PONTEVEDRA
8	52	ÁLVARO PRIETO FERVENZA		SNM- 5	1:11:14	0:03:23	1:11:13	0:10:19	0:21:53	0:24:02	0:33:40	0:45:18	0:47:26	1:09:14	ga-764292	AFFLELOU NARÓN	CANGAS
9	1441	JOSE ANTONIO REQUEJO SANTOS		SNM- 6	1:11:17	0:03:23	1:11:17	0:10:05	0:21:44	0:23:52	0:33:30	0:45:14	0:47:25	1:09:13	BU-3536	BEN CHO SHEY	BURGOS
10	1030	ALFONSO ANTONIO GÓMEZ RUIZ		VT2M- 1	1:11:53	0:03:25	1:11:53	0:10:06	0:21:52	0:24:01	0:33:59	0:45:58	0:48:10	1:09:50	M1861	AMIGOS DEL ATLE. VALDEMORO	MADRID
11	71	ABDELKADER BOUGUERROUDJ		VT1M- 4	1:12:07	0:03:26	1:12:07	0:10:05	0:21:44	0:23:51	0:33:50	0:45:50	0:48:01	1:10:06	GA-764529	RIAZOR CORUÑA	TIARET
12	1034	ROBERTO GONZALEZ PASCUAL		VT1M- 5	1:12:08	0:03:26	1:12:08	0:10:06	0:21:49	0:24:01	0:33:59	0:45:59	0:48:11	1:09:59	mu-15181	FONDISTAS ALCANTARILLA	PONFERRADA
13	1210	PABLO DÍAZ MERA		VT1M- 6	1:12:16	0:03:26	1:12:15	0:10:07	0:21:53	0:24:02	0:34:00	0:45:59	0:48:10	1:10:10		CLUB ALEJANDRO GOMEZ	ORTIGUEIRA
14	63	MANUEL OLIVER PEREZ LOPEZ		VT2M- 2	1:12:17	0:03:26	1:12:17	0:10:06	0:21:52	0:24:02	0:34:01	0:46:04	0:48:16	1:10:14	GA-20506	CORUÑA COMARCA	CULLEREDO
15	75	JOSE MANUEL PARDO LEIS		VT1M- 7	1:13:01	0:03:28	1:13:01	0:10:06	0:21:53	0:24:02	0:34:00	0:45:59	0:48:11	1:10:53			ARTEIXO
16	55	NEMESIO LOPEZ FERNANDEZ		VT1M- 8	1:13:25	0:03:29	1:13:23	0:10:31	0:22:49	0:25:04	0:35:15	0:47:21	0:49:32	1:11:22	A-11126	ATLETISMO FONTES DO SAR	AMES
17	636	RICARDO ALVAREZ AMOR		VT2M- 3	1:13:33	0:03:30	1:13:32	0:10:07	0:21:51	0:24:01	0:34:01	0:46:06	0:48:20	1:11:21		VERXEL NUTRICIÓN DEPORTIVA	VALDOVIÑO
18	1032	PABLO CARRERA BLANCO		SNM- 7	1:13:39	0:03:30	1:13:39	0:10:30	0:22:48	0:25:04	0:35:20	0:47:20	0:49:32	1:11:32	GA-19075	COMESAÑA SPORTING CLUB	VIGO
19	1039	JESÚS MANUEL PASANDIN GARCIA		VT1M- 9	1:13:42	0:03:30	1:13:41	0:10:20	0:22:20	0:24:32	0:34:40	0:46:48	0:49:01	1:11:32			A CORUÑA
20	1440	CAYETANO GARCÍA BLANCO		SNM- 8	1:13:45	0:03:30	1:13:44	0:10:40	0:22:56	0:25:07	0:35:14	0:47:20	0:49:32	1:11:38	GA 764720	A.D.PORTO DO SON	PORTO DO SON
21	1031	DAVID PÉREZ SANTAMARÍA		VT2M- 4	1:13:52	0:03:31	1:13:50	0:10:26	0:22:43	0:24:55	0:35:09	0:47:23	0:49:36	1:11:48	AG763850	ATLETISMO SAR A POUTADA	PADRON
22	1506	FATIMA AYACHI	F- 1	SNF- 1	1:13:56	0:03:31	1:13:54	0:10:39	0:22:56	0:25:08	0:35:15	0:47:20	0:49:32	1:11:46	v-20785	C.A. CARNICAS SERRANO	VALENCIA
23	516	JUAN CARLOS CASAL PEREZ		VT1M- 10	1:13:56	0:03:31	1:13:55	0:10:18	0:22:08	0:24:16	0:34:23	0:46:40	0:48:55	1:11:45	GA717067	CLUB ALEJANDRO GOMEZ-ACADE	SANTIAGO
24	1444	JAVIER TOURIS FORNOS		VT1M- 11	1:15:32	0:03:35	1:15:30	0:10:35	0:22:43	0:24:55	0:35:09	0:47:29	0:49:51	1:13:18	GA-20507	CORUÑA COMARCA	LA CORUÑA
25	53	ALBERTO CAROU CARRIL		SNM- 9	1:15:36	0:03:35	1:15:34	0:10:22	0:22:42	0:24:57	0:35:20	0:47:51	0:50:09	1:13:22	AG765673	ATLETICO BERTAMIRANS	BERTAMIRANS
26	1029	PEDRO ALEN MIJUEZ		VT2M- 5	1:15:46	0:03:36	1:15:43	0:10:57	0:23:37	0:25:53	0:36:18	0:48:43	0:51:00	1:13:35	AF072	A.A SILVA	CARBALLO
27	1046	CESAR VAZQUEZ AGRA		SNM- 10	1:16:12	0:03:37	1:16:10	0:10:29	0:22:55	0:25:12	0:35:56	0:48:27	0:50:44	1:14:03			LA CORUÑA
28	61	JOSE ANTONIO RECOUSO CAAMAÑO		VT1M- 12	1:16:40	0:03:39	1:16:39	0:10:39	0:22:57	0:25:12	0:35:55	0:48:34	0:50:52	1:14:31	A-9763	CORUÑA COMARCA	A CORUÑA
29	54	LUIS ALFONSO NOVO VEIGA		SNM- 11	1:16:41	0:03:39	1:16:38	0:10:39	0:23:11	0:25:28	0:35:55	0:48:28	0:50:48	1:14:31	A-9802	ATLETISMO BOIMORTO	A CORUÑA
30	1286	JOSE ANTONIO ALVAREZ OTERO		VT1M- 13	1:17:20	0:03:40	1:17:18	0:10:27	0:22:57	0:25:14	0:35:56	0:48:40	0:51:02	1:15:03			VIGO
31	517	OSCAR PAZOS BARBEITO		SNM- 12	1:17:22	0:03:40	1:17:20	0:10:42	0:23:21	0:25:44	0:36:33	0:49:28	0:51:49	1:15:17	AG766303	CORUÑA COMARCA	CAMBRE
32	1292	AGUSTÍN GONZÁLEZ ÁLVAREZ		SNM- 13	1:17:22	0:03:40	1:16:45	0:11:32	0:24:18	0:26:38	0:37:18	0:49:55	0:52:14	1:15:14			A GUARDA
33	1035	LUIS PÉREZ SÁNCHEZ		SNM- 14	1:17:23	0:03:41	1:17:23	0:10:59	0:23:57	0:26:19	0:37:06	0:49:51	0:52:10	1:15:17	ZA-O372	VINO DE TORO	TORO
34	80	MIGUEL DAPORTA MÉNDEZ		VT1M- 14	1:17:28	0:03:41	1:17:27	0:11:00	0:23:57	0:26:19	0:37:07	0:49:50	0:52:09	1:15:18			POIO
35	1036	SAMUEL FERRERAS JIMÉNEZ		SNM- 15	1:17:28	0:03:41	1:17:28	0:10:59	0:23:57	0:26:19	0:37:05	0:49:49	0:52:09	1:15:16		VINO DE TORO	PONFERRADA
36	76	JOSÉ LUIS GONZÁLEZ NÚÑEZ		SNM- 16	1:17:31	0:03:41	1:17:29	0:10:38	0:23:04	0:25:22	0:35:57	0:48:45	0:51:08	1:15:16			TEO
37	1057	JUAN LUIS RUIZ BUJAN		VT2M- 6	1:17:42	0:03:41	1:17:39	0:10:43	0:23:17	0:25:37	0:36:19	0:49:06	0:51:29	1:15:24			VEDRA
38	1519	SALVADOR VAZQUEZ FERREIRO		VT1M- 15	1:17:43	0:03:42	1:17:41	0:11:09	0:24:00	0:26:19	0:37:05	0:49:51	0:52:10	1:15:27			CARRAL ( A CORUÑA)
39	1072	CONSTANTE LORENZO SANTOS		VT1M- 16	1:17:50	0:03:42	1:17:50	0:10:35	0:23:04	0:25:22	0:35:56	0:48:42	0:51:00	1:15:31			MUXIA
40	467	ALBERTO RILO MOSTEIRO		JNM- 1	1:18:02	0:03:42	1:17:58	0:11:07	0:23:58	0:26:19	0:37:05	0:49:51	0:52:09	1:15:47			A CORUÑA
41	1041	HORACIO MUÑOZ FERNÁNDEZ		SNM- 17	1:18:05	0:03:43	1:18:03	0:11:30	0:24:34	0:26:57	0:37:55	0:50:53	0:53:12	1:15:59			SARRIA
42	66	PABLO FERNÁNDEZ VÁZQUEZ		SNM- 18	1:18:06	0:03:43	1:18:05	0:10:41	0:23:18	0:25:37	0:36:17	0:49:08	0:51:31	1:15:47	AG-765824	ESCOLA ATLÉTICA BENCHOSHEY	O BOLO
43	73	MAYKEL PORTELA PORTELA		SNM- 19	1:18:07	0:03:43	1:18:05	0:10:59	0:23:56	0:26:18	0:37:07	0:50:01	0:52:21	1:15:50	ga-19645	VILA DE CANGAS	BUEU
44	59	ELADIO GÓMEZ ROSALES		SNM- 20	1:18:13	0:03:43	1:18:12	0:10:40	0:23:13	0:25:33	0:36:16	0:49:18	0:51:41	1:15:58	A10060	AURUM	OURENSE
45	69	JOSE MANUEL TEJUIRO IGLESIAS		VT1M- 17	1:18:17	0:03:43	1:18:14	0:11:08	0:24:03	0:26:26	0:37:18	0:50:11	0:52:30	1:16:04	AG-763589	RIA FERROL CONCEPCION ARENAL	NARON
46	1065	FERNANDO RUEVTELA MÉNDEZ		VT2M- 7	1:18:29	0:03:44	1:18:27	0:10:59	0:23:57	0:26:19	0:37:07	0:49:51	0:52:10	1:16:12			O BARCO
47	51	JAVIER SEOANE PUGA		VT1M- 18	1:18:42	0:03:44	1:18:41	0:10:45	0:23:37	0:25:58	0:36:55	0:49:54	0:52:15	1:16:28	AG766449	A.D.C.BOMBEIROS CORUÑA	A CORUÑA
48	515	JOSE LUIS BOUZA FREIRE		VT3M- 1	1:18:42	0:03:44	1:18:41	0:11:08	0:24:03	0:26:26	0:37:18	0:50:13	0:52:33	1:16:28	GA17180	AFFLELOU NARON	FERROL
49	64	LINO SEOANE NARANJO		VT2M- 8	1:18:43	0:03:44	1:18:41	0:10:50	0:23:46	0:26:10	0:37:06	0:50:07	0:52:29	1:16:28	AG-7673145	CORUÑA COMARCA	A CORUÑA
50	1443	ADRIAN VARELA SANZ		SNM- 21	1:18:46	0:03:44	1:18:45	0:11:04	0:24:02	0:26:25	0:37:18	0:50:09	0:52:29	1:16:28	a-7934	CORUÑA COMARCA	LA CORUÑA
51	1037	JOSÉ MANUEL GONZÁLEZ IGLESIAS		SNM- 22	1:18:50	0:03:45	1:18:49	0:11:07	0:24:03	0:26:25	0:37:19	0:50:13	0:52:34	1:16:29			LA CORUÑA
52	594	JUAN BAUTISTA SUAREZ CRUCES		VT1M- 19	1:18:51	0:03:45	1:18:49	0:11:13	0:24:14	0:26:36	0:37:18	0:50:05	0:52:26	1:16:33		TANINOS RUNNERS PONTEAREAS	PONTEAREAS
53	1001	MARÍA JESÚS GESTIDO RODRÍGUEZ		VT1F- 1	1:18:51	0:03:45	1:18:50	0:10:59	0:23:56	0:26:18	0:37:07	0:50:13	0:52:34	1:16:33	GA10571		CANGAS
54	1102	ALBERTO SAN EMETERIO FERNANDEZ	F- 2	SNM- 23	1:18:54	0:03:45	1:18:49	0:11:30	0:24:34	0:26:57	0:37:47	0:50:37	0:52:57	1:16:39			LUGO
55	425	JOSE MANUEL CACHAFEIRO LÓPEZ		VT1M- 20	1:18:59	0:03:45	1:18:57	0:11:29	0:24:36	0:26:56	0:37:25	0:50:04	0:52:25	1:16:37			SARRIA
56	144	FERNANDO MANUEL LÓPEZ DE LAS HERAS		VT1M- 21	1:19:29	0:03:47	1:19:24	0:10:46	0:23:37	0:25:58	0:37:00	0:49:59	0:52:24	1:17:05			CULLEREDO
57	1451	ALBERTO CASTRO BLANCO		VT1M- 22	1:19:30	0:03:47	1:19:26	0:11:15	0:24:15	0:26:37	0:37:26	0:50:13	0:52:32	1:17:07			ARANGA
58	1513	JOSE MANUEL CARRERA MARTINEZ		VT1M- 23	1:19:43	0:03:47	1:19:39	0:11:14	0:24:14	0:26:36	0:37:27	0:50:35	0:52:57	1:17:25		TANINOS RUNNERS PONTEAREAS	PONTEAREAS
59	87	IVAN SEGADE CAROU		SNM- 24	1:19:44	0:03:47	1:19:41	0:11:06	0:24:02	0:26:24	0:37:20	0:50:15	0:52:37	1:17:20	AG-766602	ATLETISMO BOIMORTO	A CORUÑA
60	492	MARIO FRANCISCO FERNÁNDEZ		VT2M- 9	1:19:50	0:03:48	1:19:45	0:11:07	0:24:03	0:26:25	0:37:19	0:50:14	0:52:38	1:17:25			A CORUÑA
61	101	ANGEL FERRARI AUGUSTO		PRM- 1	1:19:55	0:03:48	1:19:54	0:11:12	0:24:16	0:26:39	0:37:42	0:50:52	0:53:17	1:17:31		CLUB ATLETISMO VILA DE CANGAS	CANGAS
62	129	PABLO BARRIO VILAR		VT1M- 24	1:20:00	0:03:48	1:19:58	0:11:38	0:24:53	0:27:16	0:38:21	0:51:32	0:53:56	1:17:52		</	































1186	426	MIGUEL ANGEL CASTRO DE LA FUENTE	VT1M-328	2:16:00	0:06:27	2:14:37	0:18:49	0:39:57	0:43:58	1:02:27	1:25:00	1:29:07	2:11:53	MEIRÁS
1187	1019	CARMEN GÓMEZ PUENTE	F-80 VT2F-22	2:16:00	0:06:27	2:14:37	0:18:49	0:39:57	0:43:58	1:02:27	1:25:00	1:29:07	2:11:53	A CORUÑA

Publicada a las 13:13:27 del 24/02/2013

## V MEDIO MARATÓN A CORUÑA 21, A Coruña 24/02/2013

PROBA POPULAR. Distancia: 21.097,5 m

CLASIFICACION POR CATEGORIAS

### JNM JUNIOR MASCUL Inscritos:

8 Llegados 7

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	467	ALBERTO RILO MOSTEIRO	1:18:02	0:03:42	1:17:58	0:11:07	0:23:58	0:26:19	0:37:05	0:49:51	0:52:09	1:15:47			A CORUÑA
2	267	DAVID CRUZ SOTO	1:27:29	0:04:09	1:27:04	0:13:31	0:28:29	0:31:11	0:43:25	0:57:30	0:59:59	1:25:07			ARANGA
3	1223	MARCOS VÁZQUEZ ALONSO	1:34:40	0:04:30	1:34:02	0:13:15	0:28:08	0:30:53	0:43:54	0:59:49	1:02:42	1:31:53			A CORUÑA
4	1648	IVAN LAVOREL	1:36:05	0:04:34	1:35:21	0:15:56	0:32:22	0:35:23	0:48:45	1:04:09	1:06:52	1:33:44			A CORUÑA
5	1647	ALFONSO SMILES FERNANDEZ VIDAL	1:43:26	0:04:55	1:42:41	0:15:23	0:32:45	0:35:52	0:50:09	1:06:39	1:09:43	1:40:30			LA CORUÑA
6	1650	DANIEL PÉREZ REY	1:49:04	0:05:11	1:48:20	0:16:22	0:34:02	0:37:14	0:52:03	1:09:42	1:12:55	1:45:56			A CORUÑA
7	1652	GUILLERMO PÉREZ TOBA	1:49:19	0:05:11	1:48:14	0:16:54	0:34:30	0:37:45	0:52:42	1:10:22	1:13:34	1:46:21			A CORUÑA

### JNF JUNIOR FEMENIN Inscritos:

1 Llegados 1

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1024	RITA CALVIÑO	2:05:10	0:05:56	2:04:26	0:16:58	0:36:22	0:39:55	0:56:54	1:17:25	1:21:10	2:01:10			LA CORUÑA

### PRM PROMESA MASC Inscritos:

19 Llegados 17

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	101	ANGEL FERRARI AUGUSTO	1:19:55	0:03:48	1:19:54	0:11:12	0:24:16	0:26:39	0:37:42	0:50:52	0:53:17	1:17:31			CLUB CANGAS
2	151	AARÓN CABADO VÁZQUEZ	1:22:46	0:03:56	1:22:34	0:11:50	0:25:29	0:27:58	0:39:26	0:52:58	0:55:28	1:20:29			LUGO
3	195	ADRIÁN MACEIRAS FIGUEIRAS	1:25:13	0:04:03	1:25:01	0:12:34	0:26:32	0:29:04	0:40:36	0:54:22	0:56:53	1:22:41	AG-76607	ATLE'	MUROS
4	1524	JUANJO FERNANDEZ	1:33:11	0:04:25	1:32:41	0:14:54	0:30:28	0:33:21	0:46:07	1:00:57	1:03:36	1:30:29			C.D P CAMBADOS
5	1092	DARÍO GERPE MEIRÁS	1:33:34	0:04:27	1:33:30	0:12:42	0:27:41	0:30:30	0:43:37	0:59:17	1:02:06	1:30:53			A CORUÑA
6	1623	ELIAS RIVERA TRIANA	1:34:48	0:04:30	1:34:04	0:14:35	0:30:25	0:33:14	0:46:10	1:01:33	1:04:22	1:32:18			SARRIA
7	1415	JORGE GARRIDO RICO	1:35:38	0:04:32	1:35:29	0:13:13	0:28:12	0:30:54	0:43:48	0:59:23	1:02:17	1:32:48			OURENSE
8	1578	SERGIO IVAN DEZA FERNÁNDEZ	1:36:05	0:04:34	1:35:19	0:15:15	0:31:33	0:34:31	0:48:11	1:04:10	1:07:08	1:33:44			
9	1661	FERNANDO CARDEÑA DE HARO	1:39:53	0:04:45	1:39:08	0:15:16	0:31:33	0:34:48	0:48:11	1:04:11	1:07:08	1:36:35			
10	1399	ALEJANDRO VIJANDE LÓPEZ	1:40:01	0:04:45	1:38:50	0:15:58	0:31:57	0:34:49	0:48:22	1:04:10	1:07:08	1:37:17			BARREIROS
11	1341	DAVID LIÑARES AMOR	1:41:25	0:04:49	1:40:50	0:15:09	0:31:35	0:34:38	0:48:23	1:04:39	1:07:43	1:38:31			GUÍSAMO
12	1431	ALBERTO MINGUEZ-GOYANES CASTILLA	1:42:13	0:04:51	1:41:40	0:15:25	0:32:24	0:35:37	0:50:19	1:08:22	1:11:31	1:39:19			A CORUÑA
13	1315	XAIME RIVAS REY	1:46:24	0:05:03	1:46:14	0:14:26	0:31:32	0:34:41	0:49:21	1:07:10	1:10:28	1:43:59			A CORUÑA
14	1651	ANDRÉS VIDAL GIRÁLDEZ	1:50:41	0:05:15	1:49:55	0:14:02	0:29:10	0:32:01	0:46:24	1:04:45	1:08:11	1:46:53			A CORUÑA
15	1470	DIEGO PEREZ FERNANDEZ	1:51:36	0:05:18	1:50:16	0:18:03	0:36:52	0:40:09	0:55:06	1:13:00	1:16:15	1:48:37			A CORUÑA
16	1462	ALBERTO DEL BADO	1:54:15	0:05:25	1:53:13	0:17:40	0:35:59	0:39:22	0:54:59	1:13:36	1:17:03	1:51:20			LA CORUÑA
17	423	ROMAN SANCHEZ FERNANDEZ	1:59:43	0:05:41	1:58:50	0:16:56	0:35:44	0:39:19	0:55:38	1:15:55	1:19:37	1:56:26			LA CORUÑA

### PRF PROMESA FEMEI Inscritos:

2 Llegados 2

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	48	CORA DÍAZ AQUINO	1:38:59	0:04:42	1:38:25	0:15:26	0:31:37	0:34:32	0:48:00	1:03:51	1:06:46	1:36:07			A CORUÑA
2	1014	PAULA ALONSO MASIDE	2:10:55	0:06:13	2:09:48	0:19:44	0:40:58	0:44:49	1:02:41	1:24:04	1:27:59	2:07:18			OURENSE

### SNM SENIOR MASCUL Inscritos:

336 Llegados 304

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1509	MOHEMED BOUCETTA	1:05:35	0:03:07	1:05:35	0:09:15	0:20:07	0:22:03	0:31:03	0:41:53	0:43:54	1:03:40	v20383		PUERALICANTE
2	1684	PEDRO NIMO DEL ORO	1:06:32	0:03:10	1:06:32	0:09:15	0:20:05	0:22:03	0:31:08	0:42:06	0:44:06	1:04:35	GA716988	BIKIL	SANTIAGO
3	2	AKKA ESSAADOUI	1:08:44	0:03:16	1:08:44	0:09:15	0:20:22	0:22:24	0:31:55	0:43:23	0:45:29	1:06:43	GA - 7643	COME	SALCEDA DE CASELAS
4	57	RUBEN CAAMAÑO NIETO	1:09:58	0:03:19	1:09:58	0:10:06	0:21:44	0:23:52	0:33:30	0:44:57	0:47:00	1:07:53		ATLE'	NOIA
5	52	ALVARO PRIETO FERVENZA	1:11:14	0:03:23	1:11:13	0:10:19	0:21:53	0:24:02	0:33:40	0:45:18	0:47:26	1:09:14	ga-764292	AFFLI	CANGAS
6	1441	JOSE ANTONIO REQUEJO SANTOS	1:11:17	0:03:23	1:11:17	0:10:05	0:21:44	0:23:52	0:33:30	0:45:14	0:47:25	1:09:13	BU-3536	BEN	(BURGOS)
7	1032	PABLO CARRERA BLANCO	1:13:39	0:03:30	1:13:39	0:10:30	0:22:48	0:25:04	0:35:20	0:47:20	0:49:32	1:11:32	GA-19075	COME	VIGO
8	1440	CAYETANO GARCÍA BLANCO	1:13:45	0:03:30	1:13:44	0:10:40	0:22:56	0:25:07	0:35:14	0:47:20	0:49:32	1:11:38	GA 764721	A.D.P	PORTO DO SON
9	53	ALBERTO CAROU CARRIL	1:15:36	0:03:35	1:15:34	0:10:22	0:22:42	0:24:57	0:35:20	0:47:51	0:50:09	1:13:22	AG765673	ATLE'	BERTAMIRANS
10	1046	CESAR VAZQUEZ AGRA	1:16:12	0:03:37	1:16:10	0:10:29	0:22:55	0:25:12	0:35:56	0:48:27	0:50:44	1:14:03			LA CORUÑA
11	54	LUIS ALFONSO NOVO VEIGA	1:16:41	0:03:39	1:16:38	0:10:39	0:23:11	0:25:28	0:35:55	0:48:28	0:50:48	1:14:31	A-9802	ATLE'	A CORUÑA
12	517	OSCAR PAZOS BARBEITO	1:17:22	0:03:40	1:17:20	0:10:42	0:23:21	0:25:44	0:36:33	0:49:28	0:51:49	1:15:17	AG766303	CORL	CAMBRE
13	1292	AGUSTÍN GONZÁLEZ ÁLVAREZ	1:17:22	0:03:40	1:16:45	0:11:32	0:24:18	0:26:38	0:37:18	0:49:55	0:52:14	1:15:14			A GUARDA
14	1035	LUIS PÉREZ SÁNCHEZ	1:17:23	0:03:41	1:17:23	0:10:59	0:23:57	0:26:19	0:37:06	0:49:51	0:52:10	1:15:17	ZA-O372	VINO	TORO
15	1036	SAMUEL FERRERAS JIMENEZ	1:17:28	0:03:41	1:17:28	0:10:59	0:23:57	0:26:19	0:37:05	0:49:49	0:52:09	1:15:16			VINO POFERRADA
16	76	JOSÉ LUIS GONZÁLEZ NUÑEZ	1:17:31	0:03:41	1:17:29	0:10:38	0:23:04	0:25:22	0:35:57	0:48:45	0:51:08	1:15:16			TEO

17	1041	HORACIO MUÑOZ FERNÁNDEZ	1:18:05	0:03:43	1:18:03	0:11:30	0:24:34	0:26:57	0:37:55	0:50:53	0:53:12	1:15:59	SARRIA
18	66	PABLO FERNÁNDEZ VÁZQUEZ	1:18:06	0:03:43	1:18:05	0:10:41	0:23:18	0:25:37	0:36:17	0:49:08	0:51:31	1:15:47	AG-76582 ESCO BOLO
19	73	MAYKEL PORTELA PORTELA	1:18:07	0:03:43	1:18:05	0:10:59	0:23:56	0:26:18	0:37:07	0:50:01	0:52:21	1:15:50	ga-19645 VILA IBUEU
20	59	ELADIO GÓMEZ ROSALES	1:18:13	0:03:43	1:18:12	0:10:40	0:23:13	0:25:33	0:36:16	0:49:18	0:51:41	1:15:58	A10060 AURU OURENSE
21	1443	ADRIAN VARELA SANZ	1:18:46	0:03:44	1:18:45	0:11:04	0:24:02	0:26:25	0:37:18	0:50:09	0:52:29	1:16:28	a-7934 CORL LA CORUÑA
22	1037	JOSÉ MANUEL GONZÁLEZ IGLESIAS	1:18:50	0:03:45	1:18:49	0:11:07	0:24:03	0:26:25	0:37:19	0:50:13	0:52:34	1:16:29	LA CORUÑA
23	1102	ALBERTO SAN EMETERIO FERNANDEZ	1:18:54	0:03:45	1:18:49	0:11:30	0:24:34	0:26:57	0:37:47	0:50:37	0:52:57	1:16:39	LUGO
24	87	IVAN SEGAE CAROU	1:19:44	0:03:47	1:19:41	0:11:06	0:24:02	0:26:24	0:37:20	0:50:15	0:52:37	1:17:20	AG-76660.ATLE A CORUÑA
25	1093	ADRIAN LAMAPEREIRA YAÑEZ	1:20:06	0:03:48	1:20:03	0:11:31	0:24:50	0:27:16	0:38:22	0:51:32	0:53:56	1:17:53	SARRIA
26	1520	JOSE MARIA AGUETE LEMA	1:20:08	0:03:48	1:20:03	0:11:25	0:24:33	0:26:58	0:38:00	0:51:10	0:53:35	1:17:50	A CORUÑA
27	1062	FERNANDO PEREZ REBOREDO	1:20:20	0:03:49	1:20:18	0:11:27	0:24:35	0:26:59	0:38:02	0:51:15	0:53:40	1:18:01	O CARBALLIÑO
28	1187	ÁLVARO GÓMEZ CARDESÍN	1:20:43	0:03:50	1:20:32	0:11:50	0:25:10	0:27:36	0:38:47	0:51:57	0:54:20	1:18:27	A CORUÑA
29	1510	DAVID LANDEIRA CASTRO	1:20:48	0:03:50	1:20:36	0:11:55	0:25:08	0:27:34	0:38:46	0:52:00	0:54:25	1:18:32	A. D. CARBALLO
30	109	MIGUEL ÁNGEL NOGUEIRA PEREZ	1:21:15	0:03:52	1:21:11	0:11:49	0:25:31	0:27:59	0:39:27	0:52:53	0:55:18	1:19:07	AG 9793 NOITE SANTIAGO DE COMPOSTELA
31	161	MANUEL FREIRE GONZALEZ	1:21:37	0:03:53	1:21:30	0:11:40	0:25:12	0:27:34	0:38:48	0:52:01	0:54:27	1:19:17	BUEU
32	1061	JOSE ALBERTO ARES DEL VALLE	1:21:55	0:03:53	1:21:52	0:11:37	0:25:06	0:27:32	0:38:54	0:52:30	0:54:59	1:19:35	HORTA
33	1448	MANUEL NODAR JIMENEZ	1:21:56	0:03:53	1:21:54	0:10:48	0:23:32	0:25:54	0:36:55	0:50:07	0:52:37	1:19:08	SANTIAGO DE COMPOSTELA
34	95	SERGIO CURRA PASTORIZA	1:22:01	0:03:54	1:22:00	0:11:41	0:25:01	0:27:28	0:38:45	0:52:13	0:54:46	1:19:41	AG764957 C.A. SMOAÑA
35	1073	FERMIN LÓPEZ AGRA	1:22:15	0:03:54	1:22:08	0:11:53	0:25:06	0:27:32	0:38:47	0:52:18	0:54:47	1:19:48	A CORUÑA
36	186	JOSE MARIA SANCHEZ SAN LUIS	1:22:34	0:03:55	1:22:22	0:12:34	0:26:31	0:29:03	0:40:33	0:54:10	0:56:36	1:20:21	CULLEREDO
37	1511	LUIS CASAL AUGE	1:22:57	0:03:56	1:22:50	0:12:10	0:25:49	0:28:19	0:39:40	0:53:08	0:55:37	1:20:36	CLUB A CORUÑA
38	1670	ERNESTO SOBRINO MARFULL	1:23:00	0:03:57	1:22:51	0:11:50	0:25:11	0:27:36	0:38:53	0:52:26	0:54:56	1:20:34	A CORUÑA
39	154	ROI BARRÓS CORRAL	1:23:12	0:03:57	1:23:08	0:12:11	0:26:06	0:28:37	0:40:08	0:53:43	0:56:12	1:20:52	A CORUÑA
40	188	ROY GONZÁLEZ SALGADO	1:23:15	0:03:57	1:23:11	0:11:51	0:25:31	0:27:59	0:39:28	0:53:09	0:55:34	1:20:53	AG10628 A. D. IXINZO DE LIMIA
41	1367	SERGIO GIGIREY AMADO	1:23:17	0:03:57	1:22:42	0:12:35	0:26:10	0:28:38	0:40:00	0:53:36	0:56:05	1:21:08	SANTIAGO DE COMPOSTELA
42	137	EMILIO CAPELAN MARTÍNEZ	1:23:26	0:03:58	1:23:20	0:11:51	0:25:11	0:27:36	0:38:48	0:52:23	0:54:55	1:20:51	CULLEREDO
43	1059	HUGO PACHÓN MORENO	1:23:33	0:03:58	1:23:26	0:12:04	0:25:37	0:28:05	0:39:25	0:52:58	0:55:28	1:20:59	A CORUÑA
44	146	EDUARDO SAAVEDRA LAGARES	1:23:44	0:03:59	1:23:40	0:11:42	0:25:09	0:27:38	0:39:03	0:52:47	0:55:19	1:21:13	NARÓN
45	100	ROBERTO GARCÍA PAZOS	1:23:47	0:03:59	1:23:42	0:11:50	0:25:23	0:27:53	0:39:24	0:53:03	0:55:36	1:21:28	AG764744 CLUB SADA
46	1168	PABLO GONZALEZ FERNANDEZ	1:24:19	0:04:00	1:24:05	0:12:29	0:26:11	0:28:38	0:40:00	0:53:37	0:56:05	1:21:46	RIBEIRA
47	145	IVAN REDONDO VIDAL	1:24:48	0:04:02	1:24:40	0:12:10	0:26:01	0:28:31	0:40:11	0:54:03	0:56:32	1:22:24	RABADE
48	1345	FRANCISCO GUEIMUNDE CABALEIRO	1:25:26	0:04:03	1:25:05	0:12:36	0:26:10	0:28:36	0:40:10	0:54:08	0:56:42	1:22:54	VIVEIRO
49	604	ESTEBAN FERNANDEZ DIAZ	1:25:27	0:04:04	1:24:53	0:13:07	0:26:56	0:29:24	0:41:06	0:54:52	0:57:20	1:23:06	AG766855 CLUB A CORUÑA
50	128	DIEGO MARTÍNEZ RIBAO	1:25:40	0:04:04	1:25:38	0:11:52	0:25:30	0:28:00	0:39:28	0:53:16	0:55:51	1:22:57	OURENSE
51	527	DIEGO ÁLVAREZ SOTO	1:25:51	0:04:05	1:25:40	0:12:34	0:26:34	0:29:06	0:40:42	0:54:36	0:57:13	1:23:31	NARÓN
52	1221	CARLOS LOPEZ PEREZ	1:25:54	0:04:05	1:25:47	0:12:23	0:26:27	0:29:01	0:40:59	0:55:08	0:57:42	1:23:28	LUGO
53	1567	LUCIANO JESÚS CARRETERO SANCHEZ	1:26:01	0:04:05	1:25:47	0:12:44	0:26:49	0:29:20	0:41:11	0:55:08	0:57:39	1:23:28	AQUA A CORUÑA
54	1515	DAVID CASTRO GRAIÑO	1:26:04	0:04:05	1:25:52	0:12:44	0:26:46	0:29:24	0:41:12	0:55:08	0:57:41	1:23:36	A CORUÑA
55	1447	JESUS RODRIGUEZ MOURIÑO	1:26:09	0:04:05	1:26:06	0:12:06	0:26:00	0:28:31	0:40:04	0:53:55	0:56:32	1:23:28	NOIA
56	1361	JOSE RAMON SANCHEZ QUINTELA	1:26:24	0:04:06	1:25:40	0:14:01	0:28:16	0:30:54	0:42:45	0:56:40	0:59:12	1:24:10	LUGO
57	172	ISMAEL MANEIRO FERREIRO	1:26:27	0:04:06	1:26:19	0:11:39	0:25:20	0:27:53	0:39:34	0:54:03	0:56:51	1:23:53	A CORUÑA
58	598	COSME MARTINEZ NAYA	1:26:31	0:04:07	1:25:44	0:12:29	0:26:24	0:29:01	0:40:53	0:55:05	0:57:39	1:23:59	CULLEREDO
59	112	GONZALO SILVA BRENLLA	1:26:42	0:04:07	1:26:31	0:12:31	0:26:40	0:29:15	0:41:16	0:55:25	0:58:06	1:24:18	AG 76610:NOITE SANTA COMBA
60	202	ALBERTO MORLÁN OTERO	1:26:48	0:04:07	1:26:32	0:12:46	0:27:10	0:29:51	0:42:00	0:56:19	0:58:54	1:24:21	AG764231 CLUB SADA
61	480	RUBEN DOMÍNGUEZ GÓMEZ	1:26:51	0:04:07	1:26:45	0:12:09	0:26:10	0:28:47	0:40:42	0:55:00	0:57:36	1:24:31	OURENSE
62	168	CARLOS DE LA VEGA SIERRA	1:26:56	0:04:08	1:26:45	0:12:42	0:27:01	0:29:39	0:41:38	0:55:55	0:58:32	1:24:27	SANTA CRUZ - OLEIROS
63	167	ÓSCAR FRESNEDO ARIAS	1:26:56	0:04:08	1:26:45	0:12:42	0:27:01	0:29:39	0:41:37	0:55:55	0:58:32	1:24:29	A CORUÑA
64	1617	JORGE ROSSI LÓPEZ	1:26:58	0:04:08	1:25:42	0:14:04	0:27:47	0:30:17	0:41:56	0:55:59	0:58:35	1:24:28	A CORUÑA
65	234	HENRIQUE TELO FERNÁNDEZ	1:27:02	0:04:08	1:26:47	0:12:44	0:26:41	0:29:12	0:40:59	0:55:14	0:57:51	1:24:29	CHANTADA
66	1052	JOSÉ RAMÓN SÁEZ SUÁREZ	1:27:34	0:04:10	1:27:26	0:12:39	0:27:04	0:29:41	0:41:44	0:56:14	0:58:51	1:25:06	GA-1938 RIA F NARÓN
67	588	JOSÉ MARÍA FERNÁNDEZ BLANCO	1:27:36	0:04:10	1:27:27	0:13:06	0:27:40	0:30:20	0:42:16	0:56:30	0:59:06	1:25:08	CORL A CORUÑA
68	1082	JAVIER FUENTES FABREGAS	1:27:42	0:04:10	1:27:31	0:12:47	0:26:54	0:29:25	0:41:05	0:55:46	0:58:59	1:25:14	MUROS
69	1063	IGNACIO GARCIA RODRIGUEZ	1:28:21	0:04:12	1:28:13	0:12:51	0:27:24	0:30:03	0:42:07	0:56:28	0:59:06	1:25:39	FENE
70	264	IVAN HORTAS LUACES	1:28:25	0:04:12	1:28:13	0:12:37	0:27:07	0:29:44	0:42:00	0:56:39	0:59:17	1:25:51	LUGO
71	121	RAMIRO CHAVES MON	1:28:31	0:04:12	1:28:24	0:12:27	0:26:41	0:29:15	0:41:24	0:55:59	0:58:36	1:25:54	CERVO
72	599	JOSE MANUEL GÓMEZ PASANTES	1:28:37	0:04:13	1:28:30	0:12:05	0:25:39	0:28:07	0:39:54	0:54:04	0:56:37	1:25:34	A CORUÑA
73	173	JESÚS SANVICENTE FIGUEIRAS	1:28:46	0:04:13	1:28:40	0:12:38	0:27:01	0:29:39	0:41:40	0:56:00	0:58:40	1:26:03	MUROS
74	147	CÉSAR RAMIL FERREIRO	1:29:05	0:04:14	1:28:59	0:13:06	0:27:58	0:30:39	0:43:03	0:57:31	1:00:08	1:26:32	AS PONTES
75	1659	ADAN CARBO ARGIBAY	1:29:21	0:04:15	1:28:45	0:13:39	0:28:21	0:31:03	0:43:24	0:58:00	1:00:38	1:26:58	VIGO
76	1570	NICOLAS PICHEL CASTRO	1:29:23	0:04:15	1:28:49	0:14:03	0:29:11	0:31:57	0:44:18	0:58:45	1:01:21	1:27:05	CLUB CARBALLO
77	1576	FRANCISCO COUSILLAS COLLAZOS	1:29:23	0:04:15	1:28:49	0:13:40	0:28:23	0:30:58	0:43:19	0:58:00	1:00:37	1:27:04	SAUNA CORUÑA
78	1068	GONZALO PEÑA BALSEIRO	1:29:34	0:04:15	1:29:29	0:12:36	0:27:04	0:29:39	0:41:42	0:56:10	0:58:49	1:27:08	AS PONTES
79	1417	DAVID GONZALEZ ALVAREZ	1:29:34	0:04:15	1:28:51	0:13:58	0:28:56	0:31:37	0:43:43	0:58:11	1:00:49	1:27:07	CORUÑA



80	629 ALEXANDRE PEDREIRA PENA	1:29:35	0:04:15	1:29:12	0:13:05	0:27:40	0:30:21	0:42:43	0:57:33	1:00:14	1:27:01	A CORUÑA
81	250 IVÁN RODRÍGUEZ RUIZ	1:29:53	0:04:16	1:29:32	0:13:12	0:28:05	0:30:43	0:43:11	0:57:47	1:00:22	1:27:25	VIVEIRO
82	366 JOSE IGNACIO CALVO FERNANDEZ	1:30:06	0:04:17	1:29:45	0:12:56	0:27:25	0:30:04	0:42:23	0:57:00	0:59:43	1:27:33	A/9199 CLUB BERTAMIRANS
83	235 ALEJANDRO EIRÍS BARCA	1:30:20	0:04:17	1:29:58	0:12:57	0:27:27	0:30:07	0:42:25	0:57:12	0:59:56	1:27:44	CARBALLO
84	138 CESAR PEREZ VARELA	1:30:20	0:04:17	1:30:11	0:12:37	0:27:07	0:29:44	0:42:00	0:56:39	0:59:23	1:27:34	MONFORTE DE LEMOS
85	360 MANUEL CUTRÍN DOMÍNGUEZ	1:30:22	0:04:17	1:30:04	0:13:25	0:28:16	0:30:57	0:43:27	0:58:16	1:00:56	1:27:48	AG 76392ATLE SANTIAGO
86	246 FERNANDO MIGUEZ CARRO	1:30:37	0:04:18	1:30:29	0:13:13	0:28:10	0:30:54	0:43:37	0:58:38	1:01:20	1:28:17	LA CORUÑA
87	570 IVAN BUSTO CARRETE	1:30:42	0:04:18	1:30:27	0:12:45	0:26:58	0:29:39	0:41:58	0:56:52	0:59:31	1:27:54	LUGO
88	1144 JESUS BLANCO MANIN	1:30:43	0:04:18	1:30:28	0:12:49	0:27:34	0:30:15	0:42:46	0:57:40	1:00:23	1:28:01	BURELA
89	312 JACOB FERNANDEZ LOPEZ	1:31:04	0:04:19	1:30:35	0:13:23	0:28:14	0:30:56	0:43:26	0:58:15	1:00:58	1:28:27	A CORUÑA
90	1549 SIMÓN CAMIÑAS YEPES	1:31:08	0:04:20	1:30:31	0:13:47	0:28:50	0:31:32	0:43:55	0:58:46	1:01:27	1:28:30	OLEIROS
91	460 FELIPE MARTINEZ MERA	1:31:32	0:04:21	1:31:26	0:13:24	0:28:42	0:31:34	0:44:30	0:59:41	1:02:28	1:29:05	VIVEIRO
92	630 DANIEL CADENAS TORRÓN	1:31:48	0:04:22	1:31:04	0:13:59	0:29:00	0:31:41	0:44:12	0:58:43	1:01:22	1:29:05	VILABOA
93	323 DANIEL LÓPEZ REY	1:31:49	0:04:22	1:31:25	0:13:39	0:28:50	0:31:34	0:44:04	0:58:56	1:01:39	1:29:18	CORUXOU-IRIXOIA
94	203 RAUL MARTINEZ LIJÓ	1:31:52	0:04:22	1:31:34	0:12:59	0:27:51	0:30:36	0:43:06	0:58:06	1:00:51	1:29:22	AG767361 CLUB SADA
95	183 MARCOS CORGO RIVEIRO	1:32:02	0:04:22	1:31:56	0:12:23	0:26:31	0:29:05	0:41:04	0:55:38	0:58:22	1:28:43	A CORUÑA
96	365 JOSE MANUEL TURNES CORDEIRO	1:32:07	0:04:22	1:31:07	0:14:05	0:28:45	0:31:27	0:43:48	0:58:32	1:01:16	1:29:31	CLUB SANTA COMBA
97	1485 JORGE PINTOR PRADA	1:32:16	0:04:23	1:31:16	0:13:45	0:28:01	0:30:38	0:43:01	0:57:54	1:00:38	1:29:24	PONFERRADA
98	304 ÓSCAR CARRACEDO REGUEIRA	1:32:20	0:04:23	1:32:04	0:13:47	0:29:08	0:31:56	0:44:40	0:59:42	1:02:27	1:30:00	ARTEIXO
99	551 MANUEL ROUCO FERNANDEZ	1:32:27	0:04:23	1:32:00	0:13:30	0:28:36	0:31:20	0:44:03	0:59:17	1:02:04	1:29:52	A CORUÑA
100	174 DANIEL IGLESIAS PINTADO	1:32:28	0:04:23	1:32:11	0:13:47	0:29:08	0:31:55	0:44:40	0:59:42	1:02:27	1:29:59	A CORUÑA
101	302 ALEJANDRO GONZALEZ MONTERO	1:32:37	0:04:24	1:32:17	0:13:38	0:29:03	0:31:50	0:44:47	0:59:55	1:02:39	1:30:06	LUGO
102	268 IVÁN CRUZ SOTO	1:32:39	0:04:24	1:32:15	0:13:48	0:29:04	0:31:50	0:44:47	0:59:44	1:02:25	1:30:06	GUIRIRIZ
103	1544 LUIS ARADAS LOPEZ	1:32:42	0:04:24	1:31:50	0:15:13	0:30:35	0:33:19	0:45:56	1:00:48	1:03:30	1:30:11	
104	1344 EUTQUIANO APARICIO MARTINEZ	1:32:46	0:04:24	1:31:57	0:14:19	0:29:05	0:31:48	0:44:30	0:59:41	1:02:28	1:30:08	VIVEIRO
105	328 ALBERTO RODRIGUEZ	1:32:47	0:04:24	1:32:05	0:14:23	0:29:40	0:32:29	0:45:26	1:00:37	1:03:19	1:30:15	LEÓN
106	1542 JAVIER DOSIL CARPINTERO	1:32:49	0:04:24	1:32:33	0:12:38	0:27:19	0:30:02	0:42:39	0:57:57	1:00:46	1:29:58	CORUÑA
107	1285 JOSE CARLOS TABOADA CALVO	1:32:55	0:04:25	1:32:02	0:14:30	0:29:48	0:32:35	0:45:14	1:00:15	1:03:02	1:30:19	LALIN
108	1204 ROBERTO PEDREIRA ULLOA	1:32:56	0:04:25	1:32:46	0:12:56	0:27:57	0:30:42	0:43:28	0:58:44	1:01:29	1:30:08	CESURAS
109	1416 ERNESTO DE LA VEGA PERNAS	1:32:57	0:04:25	1:32:13	0:14:49	0:30:19	0:32:56	0:45:18	1:00:00	1:02:37	1:30:04	CORUÑA
110	1139 DIEGO PÉREZ PARDO	1:33:03	0:04:25	1:32:33	0:15:02	0:30:39	0:33:27	0:46:13	1:01:10	1:03:52	1:30:35	A CORUÑA
111	1624 ANTONIO GIRALDEZ LÓPEZ	1:33:04	0:04:25	1:32:31	0:13:49	0:29:00	0:31:44	0:44:33	0:59:37	1:02:22	1:30:36	LUGO
112	275 FERNANDO VILLAR CORTIZO	1:33:04	0:04:25	1:32:52	0:13:26	0:28:31	0:31:15	0:43:55	0:59:11	1:01:56	1:30:14	A ESTRADA
113	292 PABLO FRANCO YÁÑEZ	1:33:06	0:04:25	1:32:37	0:15:02	0:30:39	0:33:27	0:46:13	1:01:11	1:03:51	1:30:38	A CORUÑA
114	1543 SANTIAGO PELETEIRO TUBIO	1:33:13	0:04:26	1:32:53	0:14:15	0:29:54	0:32:41	0:45:27	1:00:39	1:03:20	1:30:56	A CORUÑA
115	485 LUCAS TUDO SANDES	1:33:21	0:04:26	1:32:48	0:14:46	0:29:54	0:32:40	0:45:24	1:00:28	1:03:12	1:30:46	LA CORUÑA
116	309 PABLO INSUA PEDROSA	1:33:30	0:04:26	1:33:03	0:13:01	0:27:48	0:30:33	0:43:09	0:58:18	1:01:07	1:30:28	CARNOTA
117	1191 IVÁN SEOANE DÍAZ	1:33:37	0:04:27	1:33:17	0:14:00	0:29:46	0:32:39	0:45:50	1:01:17	1:03:57	1:30:59	A CORUÑA
118	446 DANIEL PENAS LÓPEZ	1:33:44	0:04:27	1:33:10	0:14:08	0:29:47	0:32:37	0:45:37	1:00:50	1:03:36	1:31:06	A CORUÑA
119	1461 SERGIO LORENZO BLANCO	1:33:49	0:04:27	1:33:02	0:14:42	0:29:57	0:32:43	0:45:37	1:00:51	1:03:34	1:31:13	BOIRO
120	1632 PABLO IGLESIAS FREIRE	1:33:57	0:04:28	1:32:59	0:14:49	0:29:54	0:32:39	0:45:24	1:00:25	1:03:09	1:31:10	A CORUÑA
121	508 VICTOR PARDO CASTRO	1:34:00	0:04:28	1:32:58	0:15:17	0:31:01	0:33:49	0:46:34	1:01:09	1:03:51	1:31:28	FERROL
122	345 IAGO FERNANDEZ IGLESIAS	1:34:19	0:04:29	1:33:50	0:14:31	0:30:23	0:33:18	0:46:34	1:02:12	1:04:58	1:31:47	A CORUÑA
123	276 MANUEL GARCIA MAGARIÑOS	1:34:27	0:04:29	1:34:15	0:13:26	0:28:31	0:31:15	0:43:56	0:59:12	1:02:00	1:31:30	A ESTRADA
124	1125 JOSE Mª GIL GÓMEZ	1:34:50	0:04:30	1:34:20	0:13:58	0:28:58	0:31:41	0:44:18	0:59:45	1:02:36	1:32:11	PONTEVEDRA
125	433 PABLO REY SANDUENDE	1:35:06	0:04:31	1:34:26	0:14:59	0:30:45	0:33:35	0:46:37	1:01:52	1:04:39	1:32:29	SADA
126	252 RUBEN FERNANDEZ PEREZ	1:35:07	0:04:31	1:34:40	0:14:34	0:30:16	0:33:07	0:46:09	1:01:39	1:04:26	1:32:31	LUGO
127	1639 ANXO GARCIA VARELA	1:35:09	0:04:31	1:33:57	0:15:29	0:31:15	0:34:08	0:47:17	1:02:45	1:05:30	1:32:38	CARBALLO
128	225 MIGUEL RUIZ ALARCON	1:35:19	0:04:32	1:35:02	0:13:46	0:29:17	0:32:07	0:45:12	1:00:24	1:03:12	1:32:17	A CORUÑA
129	459 FABIO CHAVES RODRIGUEZ	1:35:20	0:04:32	1:34:35	0:14:08	0:29:13	0:32:00	0:44:31	0:59:34	1:02:22	1:32:17	VIVEIRO
130	340 VÍCTOR ÁLVAREZ TABOADA	1:35:26	0:04:32	1:35:13	0:13:09	0:28:20	0:31:11	0:44:22	1:00:02	1:02:57	1:32:36	A CORUÑA
131	1638 JAVIER BARRAL CARRACEDO	1:35:28	0:04:32	1:35:08	0:13:15	0:28:19	0:31:10	0:44:32	1:00:07	1:03:02	1:32:35	VIGO
132	557 VÍCTOR LOPEZ BELLO	1:35:31	0:04:32	1:35:11	0:13:40	0:28:53	0:31:47	0:45:18	1:00:53	1:03:42	1:32:54	LUGO
133	373 DANIEL NEGREIRA BARCIA	1:35:35	0:04:32	1:34:40	0:14:47	0:30:36	0:33:30	0:46:52	1:02:36	1:05:27	1:32:53	FONT SANTIAGO
134	1295 JAIME ÁLVAREZ DE LA TORRE	1:35:39	0:04:32	1:34:43	0:15:16	0:30:43	0:33:31	0:46:35	1:02:03	1:04:44	1:33:01	A CORUÑA
135	1656 MARCOS ANTONIO COUTO COSTA	1:35:41	0:04:33	1:35:08	0:14:06	0:29:38	0:32:30	0:45:34	1:00:42	1:03:32	1:32:47	CARBALLO
136	1655 FRANCISCO JAVIER COUTO COSTA	1:35:42	0:04:33	1:35:07	0:14:06	0:29:38	0:32:30	0:45:34	1:00:41	1:03:32	1:32:47	CARBALLO
137	1522 AYMERIC PERRONE	1:35:46	0:04:33	1:35:40	0:13:04	0:28:37	0:31:31	0:44:45	1:00:33	1:03:22	1:33:05	A CORUÑA
138	1077 FERNANDO GARCIA LEMA	1:35:53	0:04:33	1:34:35	0:15:58	0:32:08	0:35:02	0:48:25	1:03:23	1:06:04	1:33:14	PONTECESO
139	554 RAMIRO PAZ LEIRAS	1:35:55	0:04:33	1:35:32	0:14:09	0:29:49	0:32:40	0:45:48	1:01:39	1:04:39	1:33:18	OLEIROS
140	343 SERGIO MARTINEZ GOMEZ	1:35:58	0:04:33	1:35:36	0:14:19	0:30:00	0:32:52	0:46:03	1:01:37	1:04:29	1:33:17	A CORUÑA
141	320 AARÓN BERNÁRDEZ PÉREZ	1:35:59	0:04:33	1:35:44	0:13:27	0:29:00	0:31:49	0:45:08	1:00:55	1:03:46	1:33:28	OURENSE
142	1332 FRANCISCO GONZALEZ BARROS	1:36:03	0:04:34	1:35:24	0:13:47	0:29:08	0:31:57	0:45:10	1:00:51	1:03:43	1:33:15	NARÓN

143	1202 MANUEL CENDON SAMPEDRO	1:36:05	0:04:34	1:34:58	0:15:13	0:31:06	0:33:55	0:46:52	1:02:23	1:05:12	1:33:30	A CORUÑA
144	1574 JOSÉ MANUEL PEDROSA MAYO	1:36:13	0:04:34	1:35:26	0:15:00	0:30:29	0:33:16	0:46:11	1:01:34		1:33:22	PONT OUTES
145	1478 JAVIER CACHO MOSQUERA	1:36:20	0:04:34	1:35:24	0:14:29	0:30:03	0:32:51	0:45:54	1:01:25	1:04:16	1:33:43	A CORUÑA
146	344 IVAN RAMOS CADIerno	1:36:21	0:04:34	1:35:39	0:15:16	0:31:13	0:34:07	0:47:16	1:02:54	1:05:44	1:33:46	LA CORUÑA
147	1274 JOSE ANTA ALVAREZ	1:36:46	0:04:36	1:36:10	0:14:49	0:30:57	0:33:45	0:46:57	1:02:43	1:05:34	1:34:14	A CORUÑA
148	247 JOSE LUIS SANTOME COLLAZO	1:36:48	0:04:36	1:36:07	0:15:00	0:30:57	0:33:50	0:47:05	1:02:38	1:05:26	1:34:08	OLEIROS
149	1547 JUAN CRUZ CARRETERO SANCHEZ	1:36:56	0:04:36	1:36:43	0:13:31	0:29:01	0:31:53	0:44:59	1:01:08	1:04:02	1:34:07	CORUÑA
150	1245 BERNALDO PENAS ANTELO	1:37:00	0:04:36	1:36:23	0:15:17	0:31:36	0:34:32	0:47:54	1:03:22	1:06:10	1:34:21	SANTIAGO
151	1355 FRANCISCO RÍOS PÉREZ	1:37:00	0:04:36	1:35:54	0:15:51	0:31:50	0:34:43	0:48:05	1:03:48	1:06:42	1:34:27	A CORUÑA
152	623 MANUEL FRANCISCO RODRIGUEZ FERNANDEZ	1:37:31	0:04:38	1:36:49	0:14:28	0:30:03	0:32:54	0:46:04	1:01:57	1:04:48	1:34:46	CEA
153	222 ALEJANDRO GALAN FERNANDEZ	1:37:38	0:04:38	1:37:21	0:13:29	0:29:08	0:31:57	0:45:11	1:01:29	1:04:26	1:34:47	A CORUÑA
154	1252 IVAN LOPEZ GONZALEZ	1:37:44	0:04:38	1:36:45	0:15:27	0:31:50	0:34:48	0:48:24	1:04:34	1:07:28	1:35:17	O BURGO
155	1312 JUAN GREGORIO ACEMEL	1:37:50	0:04:39	1:36:55	0:14:52	0:30:53	0:33:49	0:47:13	1:03:12	1:06:09	1:35:19	VIGO
156	1162 VICENTE LOURIDO VÁZQUEZ	1:37:54	0:04:39	1:36:40	0:15:40	0:31:44	0:34:38	0:47:53	1:03:23	1:06:15	1:35:02	A CORUÑA
157	1573 GONZALO FERNANDEZ RODRIGUEZ	1:37:57	0:04:39	1:37:34	0:15:18	0:31:47	0:34:49	0:48:36	1:04:31	1:07:20	1:35:18	NOSF ABEGONDO
158	566 FELIX MARTINEZ GIGIRIN	1:37:59	0:04:39	1:37:34	0:14:27	0:30:42	0:33:42	0:47:14	1:03:14	1:06:09	1:35:13	SANTIAGO
159	1119 GONZALO NOVOA RODRÍGUEZ	1:37:59	0:04:39	1:37:34	0:14:30	0:30:33	0:33:31	0:47:13	1:03:20	1:06:07	1:35:11	RIANXO
160	1147 PABLO RAMIL FREÁN	1:38:04	0:04:39	1:37:52	0:13:30	0:29:12	0:32:08	0:45:33	1:01:33	1:04:30	1:35:01	LA CORUÑA
161	305 JOSÉ NUÑEZ RODRIGUEZ	1:38:08	0:04:40	1:37:54	0:13:28	0:28:49	0:31:42	0:45:13	1:01:30	1:04:24	1:35:12	A CORUÑA
162	1158 DAVID LADO GONZALEZ	1:38:08	0:04:40	1:37:53	0:13:21	0:28:43	0:31:33	0:44:37	1:00:30	1:03:28	1:35:06	A CORUÑA
163	232 GIOVANI GARCIA ESTEVEZ	1:38:11	0:04:40	1:37:46	0:14:44	0:30:48	0:33:44	0:47:06	1:02:56	1:05:47	1:35:21	LUGO
164	442 SERGIO MONTEAGUDO RODRIGUEZ	1:38:16	0:04:40	1:37:49	0:14:34	0:30:39	0:33:28	0:46:24	1:01:59	1:04:56	1:35:31	A CORUÑA
165	1220 ÁNGEL BRANTUAS GONZÁLEZ	1:38:17	0:04:40	1:37:48	0:14:32	0:30:24	0:33:18	0:46:34	1:02:13	1:04:59	1:35:31	A CORUÑA
166	1303 LEOPOLDO MOSQUERA BARGO	1:38:18	0:04:40	1:37:05	0:15:40	0:31:45	0:34:38	0:47:52	1:03:23	1:06:14	1:35:33	PORTO DO SON
167	1474 HECTOR VAZQUEZ REY	1:38:22	0:04:40	1:37:15	0:15:11	0:31:01	0:33:51	0:46:59	1:02:52	1:05:48	1:35:37	LA CORUÑA
168	501 VICENTE ARMENTAL PÉREZ	1:38:26	0:04:40	1:37:58	0:14:32	0:30:23	0:33:18	0:46:35	1:02:14	1:05:03	1:35:34	CAMBRE
169	248 DIEGO TEJUIRO RUIZ	1:38:30	0:04:41	1:38:01	0:14:44	0:30:50	0:33:46	0:47:08	1:03:07	1:06:04	1:35:53	A CORUÑA
170	560 ANTONIO RUBIO GARCÍA	1:38:48	0:04:41	1:38:06	0:14:59	0:30:55	0:33:47	0:47:06	1:03:05	1:06:00	1:35:55	A CORUÑA
171	1418 VICTOR REGO IGLESIAS	1:39:03	0:04:42	1:38:00	0:15:42	0:31:45	0:34:37	0:47:49	1:03:24	1:06:14	1:36:06	CORUÑA
172	502 CARLOS ALONSO MOREIRA	1:39:03	0:04:42	1:37:59	0:16:50	0:32:57	0:35:48	0:49:00	1:04:25	1:07:15	1:36:26	A CORUÑA
173	349 DAVID IGLESIAS RIGUEIRA	1:39:12	0:04:43	1:39:00	0:13:36	0:29:28	0:32:24	0:46:06	1:02:35	1:05:33	1:36:20	A CORUÑA
174	1120 ISMAEL NAVARRO CASTELL	1:39:17	0:04:43	1:38:39	0:14:54	0:30:55	0:33:49	0:47:14	1:03:15	1:06:11	1:36:27	MADRID
175	1288 PABLO CANCELA VARELA	1:39:38	0:04:44	1:39:03	0:15:08	0:31:35	0:34:37	0:48:23	1:04:36	1:07:36	1:37:05	A CORUÑA
176	1195 SAMER NACHAWATI REGO	1:39:41	0:04:44	1:38:58	0:14:07	0:29:50	0:32:41	0:46:18	1:02:30	1:05:19	1:36:55	SANTIAGO DE COMPOSTELA
177	1591 RUBEN DIAZ ROMERO	1:39:44	0:04:44	1:38:26	0:16:18	0:32:38	0:35:35	0:48:57	1:05:03	1:07:59	1:37:05	FERROL
178	1343 HUGO BLANCO BLANCO	1:39:53	0:04:45	1:39:02	0:15:17	0:30:59	0:33:48	0:47:19	1:03:36	1:06:34	1:37:02	AS PONTES
179	1641 JOSE MANUEL CIVES ENJO	1:39:55	0:04:45	1:39:20	0:15:36	0:32:13	0:35:17	0:49:14	1:05:42	1:08:39	1:37:28	A CORUÑA
180	1155 LUCIO ALVAREZ GARCIA	1:39:58	0:04:45	1:38:49	0:14:51	0:30:31	0:33:14	0:51:21	1:06:35	1:09:22	1:37:26	LEON
181	421 TONI CALVIÑO BESTILLEIRO	1:40:00	0:04:45	1:38:57	0:15:30	0:31:55	0:34:54	0:48:33	1:04:44	1:07:38	1:37:10	ARTEIXO
182	230 EDUARDO JORGE VAZQUEZ AMOR	1:40:01	0:04:45	1:39:44	0:13:16	0:29:05	0:32:09	0:46:26	1:03:01	1:05:56	1:37:14	LA CORUÑA
183	441 GUILLERMO BLANCO PITA	1:40:09	0:04:45	1:39:24	0:16:07	0:33:27	0:36:31	0:50:05	1:05:56	1:08:47	1:37:25	PERILLO - OLEIROS
184	1142 SAID JUAN KALAJI GAREA	1:40:13	0:04:45	1:39:39	0:15:03	0:31:36	0:34:39	0:48:15	1:04:24	1:07:18	1:37:23	LA CORUÑA
185	628 RUBEN CASTRO PAZOS	1:40:20	0:04:46	1:39:03	0:15:58	0:32:08	0:35:02	0:48:26	1:04:24	1:07:20	1:37:31	A CORUÑA
186	1550 ALVARO CIMARRAS IGLESIAS	1:40:33	0:04:46	1:39:40	0:15:47	0:32:36	0:35:38	0:49:36	1:05:55	1:08:54	1:37:50	A CORUÑA
187	1370 MIGUEL GRUEIRO MENDEZ	1:40:35	0:04:47	1:39:52	0:15:15	0:31:53	0:34:54	0:48:45	1:05:01	1:07:54	1:37:53	FERROL
188	1385 ENRIQUE BLANCO RAMOS	1:40:43	0:04:47	1:40:19	0:14:15	0:31:15	0:34:26	0:48:39	1:05:01	1:07:58	1:37:50	MIÑO
189	621 DAVID CORGO RIVEIRO	1:40:54	0:04:47	1:39:57	0:15:37	0:31:29	0:34:29	0:47:59	1:04:06	1:07:04	1:38:06	A CORUÑA
190	1337 ALEJANDRO FERNÁNDEZ CORTÉS	1:41:03	0:04:48	1:39:48	0:16:25	0:33:26	0:36:30	0:50:08	1:06:18	1:09:16	1:38:19	LA CORUÑA
191	435 FERNANDO SUAREZ VALDERREY	1:41:04	0:04:48	1:40:29	0:15:30	0:32:47	0:35:53	0:50:03	1:06:32	1:09:31	1:38:30	A CORUÑA
192	1635 JUAN PÉREZ FERREIRO	1:41:20	0:04:49	1:40:35	0:14:00	0:29:27	0:32:16	0:45:23	1:02:35	1:05:34	1:38:09	A CORUÑA
193	489 FERNANDO VILABOY LEDO	1:41:23	0:04:49	1:40:53	0:15:10	0:31:32	0:34:31	0:48:25	1:05:04	1:08:06	1:38:24	AS PONTES
194	300 JOSÉ CARLOS GONZÁLEZ MONTERO	1:41:32	0:04:49	1:41:11	0:15:41	0:32:11	0:35:05	0:48:34	1:05:06	1:08:16	1:38:59	LUGO
195	1224 JOSE VICENTE NAVARRO	1:41:56	0:04:50	1:41:17	0:14:56	0:31:23	0:34:23	0:48:12	1:04:59	1:08:03	1:38:56	MADRID
196	448 DANIEL VÁZQUEZ PACHECO	1:42:03	0:04:51	1:40:58	0:16:03	0:32:20	0:35:19	0:48:51	1:05:07	1:08:08	1:39:12	A CORUÑA
197	559 ALBERTO NOVO	1:42:04	0:04:51	1:41:22	0:15:41	0:32:19	0:35:21	0:49:20	1:05:53	1:08:52	1:39:11	VILALBA
198	1504 SANTIAGO GATO DOCE	1:42:16	0:04:51	1:41:34	0:15:15	0:31:53	0:34:54	0:48:44	1:05:14	1:08:14	1:39:18	FERROL
199	1455 DIEGO SANCHEZ GONZALEZ	1:42:19	0:04:51	1:41:59	0:15:03	0:31:56	0:35:02	0:49:06	1:06:00	1:09:03	1:39:26	MELIDE
200	347 XURXO SEIJO SAAVEDRA	1:42:19	0:04:51	1:41:52	0:15:10	0:31:58	0:35:02	0:49:07	1:06:01	1:09:03	1:39:26	A CORUÑA
201	1271 MARTIN VILLAR NUÑEZ	1:42:20	0:04:51	1:41:57	0:14:01	0:29:35	0:32:33	0:46:21	1:03:06	1:06:15	1:38:47	OLEIROS
202	1636 MARTIN PENELAS SALGUEIRO	1:42:36	0:04:52	1:42:02	0:15:23	0:32:17	0:35:20	0:49:29	1:06:06	1:09:07	1:39:37	A CORUÑA
203	477 RUBEN SERRAPIO GONZALEZ	1:42:38	0:04:52	1:41:33	0:16:44	0:33:43	0:36:47	0:50:33	1:07:00	1:09:56	1:39:49	A CORUÑA
204	457 DIEGO TEJO GARCÍA	1:42:38	0:04:52	1:41:33	0:16:47	0:33:45	0:36:51	0:50:50	1:07:25	1:10:27	1:39:49	A CORUÑA
205	1395 JUAN DIAZ PARDO	1:42:43	0:04:53	1:42:01	0:15:15	0:31:53	0:34:55	0:48:44	1:05:15	1:08:15	1:39:29	MIÑO

206	1546 JUAN CHAO MARTÍNEZ	1:42:47	0:04:53	1:42:23	0:14:56	0:32:02	0:35:00	0:48:55	1:05:29	1:08:28	1:40:02	A CORUÑA
207	1305 CARLOS VARELA GARCÍA	1:42:53	0:04:53	1:42:18	0:14:36	0:30:24	0:33:16	0:46:39	1:03:00	1:06:05	1:39:40	OUTES
208	475 JORGE DIAZ VILLALBA	1:42:55	0:04:53	1:42:25	0:15:07	0:31:58	0:35:02	0:49:06	1:06:01	1:09:03	1:39:51	EL BURGO
209	1205 JACINTO FERNANDEZ CABALEIRO	1:42:58	0:04:53	1:42:01	0:15:49	0:32:36	0:35:41	0:49:57	1:06:48	1:09:44	1:40:09	A CORUÑA
210	402 CARLOS MIGUEL FIDALGO RODRIGUEZ	1:43:10	0:04:54	1:42:41	0:14:43	0:31:16	0:34:19	0:48:20	1:05:14	1:08:19	1:40:10	OURENSE
211	1587 ANDRÉS CASTRO FERNÁNDEZ	1:43:10	0:04:54	1:42:39	0:15:04	0:31:30	0:34:32	0:48:38	1:05:24	1:08:30	1:40:12	FERROL
212	273 PABLO TORREIRO BARRÓS	1:43:13	0:04:54	1:42:50	0:13:56	0:29:48	0:32:42	0:46:46	1:03:38	1:06:41	1:39:56	ABEGONDO
213	1180 DAVID GONZALEZ PARIS	1:43:17	0:04:54	1:42:36	0:14:51	0:31:25	0:34:25	0:48:33	1:05:37	1:08:42	1:40:16	CORUNA
214	471 CARLOS MÁIZ MANSO	1:43:22	0:04:54	1:42:20	0:15:41	0:32:18	0:35:20	0:49:08	1:05:52	1:08:53	1:40:15	A CORUÑA
215	1275 ALBERTO VEIRAS MEJUTO	1:43:25	0:04:55	1:42:32	0:16:23	0:33:46	0:36:54	0:51:11	1:07:55	1:10:57	1:40:36	OLEIROS
216	478 DANIEL ABADES REBOREDO	1:43:42	0:04:55	1:42:45	0:15:41	0:31:33	0:34:31	0:48:21	1:05:25	1:08:38	1:40:51	LA CORUÑA
217	1130 PEDRO ANGEL MARTINEZ GRAÑA	1:43:49	0:04:56	1:42:37	0:15:59	0:32:24	0:35:20	0:49:09	1:05:53	1:08:54	1:40:48	BETANZOS
218	233 CARLOS GARCÍA SALGADO	1:44:13	0:04:57	1:43:46	0:14:33	0:30:40	0:33:40	0:47:38	1:04:17	1:07:23	1:40:52	CORUNA
219	1654 JUAN GABRIEL RIOS	1:44:28	0:04:58	1:43:41	0:15:32	0:32:09	0:35:12	0:49:24	1:06:04	1:09:06	1:41:05	A CORUÑA
220	1365 AITOR CALO BLANCO	1:44:56	0:04:59	1:43:22	0:17:27	0:34:29	0:37:41	0:51:53	1:08:43	1:11:44	1:42:13	A CORUÑA
221	1324 CRISTIAN IRAVEDRA MOREIRA	1:45:00	0:04:59	1:43:50	0:15:54	0:32:01	0:35:03	0:49:07	1:06:11	1:09:20	1:42:12	BARREIROS
222	1373 HÉCTOR GONZÁLEZ MARTÍNEZ	1:45:11	0:05:00	1:44:26	0:16:16	0:33:43	0:36:52	0:51:16	1:08:25	1:11:29	1:42:26	A CORUÑA
223	1227 ARTURO OITABÉN MARIÑO	1:45:32	0:05:01	1:44:53	0:14:59	0:31:27	0:34:25	0:48:22	1:05:27	1:08:34	1:42:14	VIGO
224	507 XOAN CARLOS MUIÑO CASTRO	1:45:35	0:05:01	1:44:39	0:15:26	0:32:04	0:35:09	0:49:19	1:06:35	1:09:50	1:42:49	SANTA COMBA
225	497 FRANCISCO JAVIER FERNÁNDEZ PÉREZ	1:45:53	0:05:02	1:44:55	0:15:48	0:32:36	0:35:41	0:49:57	1:06:50	1:09:58	1:42:46	A CORUÑA
226	1387 ADRIÁN NÚÑEZ GARCÍA	1:45:54	0:05:02	1:45:11	0:18:10	0:36:16	0:39:32	0:54:00	1:10:23	1:13:23	1:43:15	A CORUÑA
227	1334 FRANCISCO GARCIA RIAL	1:45:57	0:05:02	1:45:17	0:15:21	0:32:16	0:35:24	0:49:50	1:07:11	1:10:20	1:43:06	NARON
228	1297 PABLO PREGO ULLOA	1:46:04	0:05:02	1:44:36	0:16:49	0:33:55	0:37:02	0:51:16	1:08:27	1:11:32	1:43:00	LALÍN
229	1481 JORGE REGO CASÁS	1:46:04	0:05:02	1:44:36	0:16:48	0:33:55	0:37:02	0:51:16	1:08:26	1:11:31	1:43:00	A CORUÑA
230	1251 THOMAS PINNA	1:46:06	0:05:02	1:45:18	0:16:05	0:33:46	0:37:00	0:51:40	1:08:54	1:12:04	1:43:17	BOLOGNA
231	1645 CRISTIAN PEREZ ALLO	1:46:17	0:05:03	1:44:57	0:17:32	0:35:24	0:38:37	0:53:20	1:10:22	1:13:22	1:43:51	A CORUÑA
232	1333 ERO SANTE GUEIMONDE	1:46:28	0:05:03	1:45:52	0:15:43	0:32:40	0:35:43	0:50:03	1:06:54	1:10:04	1:43:24	A PONTENOVA
233	1552 JOSE LUIS GONZALEZ TEMPRANO	1:46:36	0:05:04	1:45:23	0:17:41	0:35:42	0:39:01	0:53:36	1:10:10	1:13:09	1:43:42	CORUNA
234	308 ADAN ALMENDAREZ ROQUE	1:46:45	0:05:04	1:46:14	0:15:07	0:32:02	0:35:09	0:49:50	1:07:13	1:10:24	1:43:26	A CORUÑA
235	436 LUCAS GONZALEZ ROCHA	1:46:58	0:05:05	1:46:08	0:16:05	0:33:46	0:37:00	0:51:40	1:08:54	1:12:03	1:43:58	OLEIROS
236	1218 JOSE FIGUEROA CASAL	1:47:05	0:05:05	1:46:09	0:16:43	0:34:02	0:37:09	0:51:38	1:09:11	1:12:11	1:44:07	ARTEIXO
237	1497 MARIO LÓPEZ PAZ	1:47:17	0:05:06	1:46:38	0:16:28	0:34:16	0:37:29	0:51:56	1:08:59	1:12:07	1:44:21	ARES
238	372 MARCOS GARCIA CAAMAÑO	1:47:19	0:05:06	1:46:01	0:17:29	0:35:38	0:38:58	0:54:18	1:11:52	1:15:02	1:44:44	GA-76446 FONT NOIA
239	1215 RAMON SANTOS PEREZ	1:47:26	0:05:06	1:46:08	0:17:29	0:35:38	0:38:58	0:54:18	1:11:53	1:15:03	1:44:45	A-9905 FONT NOIA
240	470 MIGUEL LÓPEZ CASTELO	1:47:31	0:05:06	1:47:06	0:15:24	0:32:59	0:36:13	0:50:54	1:08:28	1:11:41	1:44:31	A CORUÑA
241	1321 JORGE VICENTE DIAZ VICENTE DIAZ	1:47:42	0:05:07	1:46:34	0:17:43	0:35:51	0:39:01	0:53:53	1:11:02	1:14:03	1:44:51	AMES
242	1353 JUANMA VILLARINO RÚA	1:47:57	0:05:08	1:46:42	0:17:31	0:35:29	0:38:46	0:53:36	1:10:55	1:14:03	1:45:05	OURENSE
243	1613 JOAQUIN EDUARDO DOLDAN PARGA	1:48:32	0:05:09	1:47:30	0:17:09	0:35:28	0:38:45	0:53:44	1:11:01	1:14:10	1:45:32	A CORUÑA
244	1640 FRANCISCO VÁZQUEZ CASTIÑEIRA	1:48:32	0:05:09	1:47:30	0:17:10	0:35:28	0:38:45	0:53:44	1:11:02	1:14:10	1:45:34	A CORUÑA
245	1634 RUBEN RAMA VÁZQUEZ	1:48:32	0:05:09	1:47:29	0:17:10	0:35:29	0:38:45	0:53:44	1:11:02	1:14:10	1:45:35	A CORUÑA
246	1468 CHRISTIAN SUAU ALGABA	1:48:46	0:05:10	1:47:36	0:17:48	0:35:51	0:38:58	0:53:45	1:10:59	1:14:13	1:45:50	TARRAGONA
247	428 SERGIO ARES CHAO	1:48:47	0:05:10	1:48:12	0:16:07	0:33:48	0:37:02	0:51:58	1:09:44	1:13:00	1:45:53	A CORUÑA
248	1473 GERARDO PÉREZ LÓPEZ	1:48:49	0:05:10	1:47:50	0:15:48	0:32:45	0:35:50	0:50:12	1:07:38	1:10:55	1:45:21	A CORUÑA
249	1679 IGNACIO CAAMAÑO RODRIGUEZ	1:49:36	0:05:12	1:49:00	0:15:46	0:32:21	0:35:23	0:49:50	1:07:51	1:11:10	1:46:31	A CORUÑA
250	1368 HUGO SOBRAL PUJADES	1:49:52	0:05:13	1:48:21	0:19:05	0:36:46	0:39:51	0:54:21	1:13:33	1:16:43	1:47:02	OLEIROS
251	1668 JOSÉ RIVAS VALEIRO	1:50:05	0:05:14	1:48:44	0:17:07	0:34:42	0:37:58	0:52:52	1:10:24	1:13:38	1:46:45	A CORUÑA
252	1649 JUAN DAVID RUIZ PIÑEIRO	1:50:25	0:05:15	1:49:37	0:15:32	0:32:39	0:35:48	0:50:23	1:08:10	1:11:26	1:47:01	A CORUÑA
253	1371 LUIS ANDRADE RAMILO	1:50:28	0:05:15	1:49:12	0:16:56	0:34:22	0:37:30	0:52:14	1:09:57	1:13:10	1:47:18	A CORUÑA
254	650 CARLOS GARCÍA SECO	1:50:36	0:05:15	1:49:56	0:16:39	0:34:43	0:38:02	0:53:28	1:11:30	1:14:46	1:47:37	A CORUÑA
255	395 ANTONIO SAUCA GUERRERO	1:50:37	0:05:15	1:48:49	0:17:44	0:35:51	0:39:40	0:54:55	1:12:53	1:16:10	1:47:30	A CORUÑA
256	1643 IVAN CERNADAS VAZQUEZ	1:50:51	0:05:16	1:49:38	0:17:42	0:35:40	0:38:58	0:54:07	1:11:44	1:14:57	1:47:40	LA CORUÑA
257	1335 YAGO SANTOS MARTÍNEZ	1:51:01	0:05:16	1:50:20	0:15:28	0:32:02	0:35:09	0:49:32	1:07:24	1:10:43	1:47:16	A CORUÑA
258	1260 DAVID SUÁREZ NEGREIRA	1:51:14	0:05:17	1:49:59	0:16:33	0:33:32	0:36:37	0:50:53	1:08:11	1:11:33	1:47:57	NEGREIRA
259	1482 JORGE SÁNCHEZ FERREIRO	1:51:28	0:05:17	1:51:07	0:16:28	0:34:45	0:38:03	0:53:20	1:11:18	1:14:36	1:48:25	A CORUÑA
260	1366 RAMON BOHORQUE MONTERO	1:51:35	0:05:18	1:50:43	0:15:43	0:33:15	0:36:25	0:51:10	1:09:04	1:12:23	1:47:53	LUGO
261	1269 JAVIER FERRERAS ROBLES	1:51:43	0:05:18	1:50:30	0:17:40	0:35:43	0:39:01	0:53:37	1:11:12	1:14:33	1:48:17	A CORUÑA
262	1122 RAMÓN VECINO ALONSO	1:51:56	0:05:19	1:50:48	0:16:14	0:34:10	0:37:17	0:52:12	1:09:57	1:13:11	1:48:31	FERROL
263	483 ROBERTO MACEIRAS SEOANE	1:51:57	0:05:19	1:50:28	0:17:08	0:35:15	0:38:38	0:53:56	1:11:43	1:15:00	1:48:47	LUGO
264	413 RUBEN RODRIGUEZ NEGRO	1:52:11	0:05:20	1:51:32	0:16:55	0:35:21	0:38:40	0:53:48	1:11:47	1:15:07	1:48:55	CORUNA
265	456 BORJA DÍAZ CARRO	1:52:14	0:05:20	1:51:06	0:17:46	0:36:33	0:39:59	0:55:36	1:13:57	1:17:18	1:49:18	A CORUÑA
266	654 MANUEL FORMOSO CANCELA	1:52:31	0:05:20	1:51:25	0:17:13	0:35:36	0:38:55	0:54:01	1:12:01	1:15:21	1:49:15	A CORUÑA
267	1491 JOSE MARIA BERGANTIÑOS LOPEZ	1:52:38	0:05:21	1:51:14	0:17:27	0:35:13	0:38:27	0:53:19	1:11:12	1:14:33	1:49:07	GUITIRIZ
268	1476 JACOBO TORRES SANCHEZ	1:52:45	0:05:21	1:51:21	0:16:55	0:35:07	0:38:24	0:53:43	1:12:13	1:15:34	1:49:24	A CORUÑA

269	1588	JAVIER GONZALEZ PITA	1:52:54	0:05:22	1:51:45	0:17:34	0:36:36	0:40:01	0:55:43	1:14:17	1:17:37	1:50:04		A CORUÑA
270	1406	MIGUEL ÁNGEL FERNÁNDEZ VARELA	1:53:33	0:05:23	1:52:50	0:15:49	0:33:33	0:36:50	0:52:09	1:10:42	1:14:15	1:50:12		SANTIAGO DE COMPOSTELA
271	1590	RICARDO REY RODRIGUEZ	1:54:00	0:05:25	1:52:51	0:17:35	0:36:40	0:40:04	0:55:51	1:14:20	1:17:40	1:51:11		NARON
272	1244	GUILLERMO RODRIGUEZ GONZÁLEZ	1:54:08	0:05:25	1:52:59	0:17:48	0:35:56	0:39:10	0:54:15	1:12:07	1:15:32	1:51:18		FERROL
273	1311	ALVARO ALEXANDER ALVAREZ BECERRA	1:54:34	0:05:26	1:53:51	0:15:48	0:33:25	0:36:47	0:52:27	1:11:20	1:14:52	1:51:09		A CORUÑA
274	1579	IVAN VAZQUEZ GOMEZ	1:55:06	0:05:28	1:53:45	0:17:54	0:35:26	0:38:36	0:53:41	1:11:21	1:14:38	1:51:34		A CORUÑA
275	1276	ALFREDO GUISADO PÉREZ	1:55:36	0:05:29	1:54:40	0:17:43	0:36:34	0:40:00	0:55:53	1:14:30	1:17:53	1:52:30		CADIZ
276	1124	NELSON CORDOBA TORRES	1:55:56	0:05:30	1:55:18	0:15:01	0:31:38	0:34:46	0:49:22	1:08:06	1:11:39	1:52:05		MADRID
277	1231	ADRIAN SOUTO SOUTO	1:56:16	0:05:31	1:55:25	0:16:07	0:33:50	0:37:07	0:52:25	1:11:17	1:14:49	1:52:29		A CORUÑA
278	465	JOSE CARLOS FREIRE SALORIO	1:56:18	0:05:31	1:54:58	0:17:20	0:35:50	0:39:15	0:54:59	1:13:49	1:17:18	1:52:59		A CORUÑA
279	1498	MICHAEL CARRO NOYA	1:56:50	0:05:33	1:56:20	0:13:20	0:28:40	0:31:27	0:44:35	1:00:57	1:04:08	1:52:10		CORUNA
280	645	JORGE GRAÑA LOIS	1:56:59	0:05:33	1:55:34	0:17:52	0:36:37	0:40:04	0:55:41	1:14:11	1:17:34	1:53:09		A CORUÑA
281	1605	JAVIER SALGADO	1:57:24	0:05:34	1:56:49	0:16:56	0:35:39	0:39:02	0:54:42	1:13:33	1:16:57	1:53:39		A CORUÑA
282	1642	RICARDO SALGADO	1:57:24	0:05:34	1:56:49	0:16:56	0:35:39	0:39:02	0:54:42	1:13:33	1:16:57	1:53:39		A CORUÑA
283	1490	JOSE MANUEL PIÑEIRO LAGO	1:57:33	0:05:35	1:56:02	0:17:53	0:36:51	0:40:06	0:56:14	1:14:13	1:17:40	1:53:59		LA CORUÑA
284	1307	FRAN SANTOS TARRIO	1:57:51	0:05:36	1:56:52	0:16:10	0:34:05	0:37:26	0:53:16	1:12:59	1:16:36	1:54:09		A CORUÑA
285	1471	FRAN GARCIA	1:58:05	0:05:36	1:56:47	0:17:30	0:35:38	0:38:58	0:54:32	1:13:34	1:17:08	1:54:43		NOIA
286	651	OMAR RODRIGUEZ MAYO	1:58:37	0:05:38	1:57:40	0:16:32	0:34:19	0:37:36	0:52:50	1:11:52	1:15:27	1:54:38		AVILÉS
287	498	DAMIAN CASTRO OANES	1:58:58	0:05:39	1:57:57	0:17:41	0:36:33	0:40:00	0:56:13	1:15:24	1:18:53	1:55:18		A CORUÑA
288	1469	DAVID IGLESIAS PENA	1:59:06	0:05:39	1:58:02	0:16:18	0:33:49	0:37:04	0:52:13	1:11:35	1:15:17	1:55:42		A COPUÑA
289	1396	SANTIAGO RAMOS FERNÁNDEZ	1:59:10	0:05:39	1:57:38	0:19:04	0:38:29	0:42:05	0:58:00	1:16:46	1:20:18	1:55:51		A CORUÑA
290	1644	XURXO SUAREZ NOVOA	1:59:23	0:05:40	1:58:52	0:16:36	0:35:32	0:38:56	0:54:43	1:14:12	1:17:52	1:55:47		A CORUÑA
291	1483	JORGE GARCÍA VÁZQUEZ	1:59:35	0:05:41	1:58:05	0:18:33	0:38:09	0:41:46	0:58:35	1:17:46	1:21:15	1:56:23		A CORUÑA
292	1610	JAVIER DEIBE DOVALE	1:59:40	0:05:41	1:58:37	0:19:00	0:39:00	0:42:33	0:59:24	1:18:49	1:22:18	1:56:47		A CORUÑA
293	1329	PEDRO CALDAS CASTRO	2:00:45	0:05:44	1:59:29	0:16:16	0:33:34	0:36:50	0:51:45	1:10:35	1:14:12	1:56:07		A CORUÑA
294	1433	SEBASTIÁN GARCÍA ORRO	2:01:58	0:05:47	2:00:27	0:19:06	0:38:29	0:42:05	0:58:11	1:17:33	1:21:03	1:58:27		A CORUÑA
295	1320	MANUEL BOUZAS ESPASANDIN	2:02:02	0:05:48	2:01:07	0:16:32	0:34:25	0:37:45	0:52:48	1:11:29	1:15:06	1:56:45		A CORUÑA
296	1281	ALVARO ISAAC COUCEIRO RODRIGUEZ	2:02:12	0:05:48	2:00:58	0:17:38	0:36:28	0:39:59	0:55:57	1:15:47	1:19:34	1:58:22		SANTIAGO
297	1354	FERNANDO COSTA GONZÁLEZ	2:03:18	0:05:51	2:02:42	0:16:45	0:35:05	0:38:32	0:54:35	1:14:11	1:17:51	1:59:15		A CORUÑA
298	540	FERNANDO MÍGUEZ FERNÁNDEZ	2:03:48	0:05:53	2:03:33	0:14:33	0:33:27	0:37:02	0:54:10	1:15:02	1:18:55	1:59:55		A CORUÑA
299	1419	DANIEL FERNANDEZ SANCHEZ	2:04:45	0:05:55	2:03:21	0:16:27	0:33:56	0:37:19	0:52:57	1:12:15	1:15:48	1:59:15		A CORUÑA
300	499	ADRIAN FERNANDEZ CASAL	2:05:42	0:05:58	2:04:59	0:18:09	0:38:45	0:42:25	0:59:07	1:19:07	1:22:49	2:02:36		FERROL
301	649	DANIEL LÓPEZ GARCIA	2:07:26	0:06:03	2:06:45	0:18:10	0:38:45	0:42:25	0:59:08	1:19:07	1:22:49	2:03:37		PERILLO
302	1408	JUAN CARLOS DOMATO VERDIA	2:07:55	0:06:04	2:06:26	0:19:26	0:40:05	0:43:50	1:01:04	1:21:38	1:25:27	2:04:24		A CORUÑA
303	1243	ERIK PARADA GUTIÉRREZ	2:11:34	0:06:15	2:10:05	0:19:06	0:38:54	0:42:30	0:59:28	1:20:36	1:24:35	2:07:00		A CORUÑA
304	1646	IÑAKI ALVAREZ LOSADA	2:15:06	0:06:25	2:13:49	0:19:52	0:40:55	0:44:41	1:02:39	1:24:28	1:28:24	2:11:16		A CORUÑA

**SNF SENIOR FEMENIN Inscritos:**

PtoCat	Dorsal	Nombre	27 Llegados		25		PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
			T_Oficial	RitmoKm	T_Real	Km 3									
1	1506	FATIMA AYACHI	1:13:56	0:03:31	1:13:54	0:10:39	0:22:56	0:25:08	0:35:15	0:47:20	0:49:32	1:11:46	v-20785	C.A. CVALENCIA	
2	1435	YOLANDA GUTIERREZ ROBLES	1:21:22	0:03:52	1:21:21	0:10:58	0:23:56	0:26:18	0:37:15	0:50:42	0:53:10	1:19:03	GA19638	NEW	TEO-LOS TILOS
3	1436	MARÍA HURTADO SANJURJO	1:30:13	0:04:17	1:30:10	0:13:01	0:28:06	0:30:50	0:43:40	0:58:43	1:01:24	1:27:43	GA 15222	OURE	LUGO
4	22	MIRIAM RIVAS LOZANO	1:33:12	0:04:26	1:32:36	0:14:39	0:30:11	0:33:00	0:45:46	1:00:47	1:03:32	1:30:41			A PONTENOVA
5	16	EUSEBIA MALDONADO DE SUAREZ	1:34:05	0:04:28	1:33:53	0:13:01	0:28:06	0:30:49	0:43:43	0:59:16	1:02:07	1:31:21			A CORUÑA
6	1004	HANNAH KITTS	1:39:10	0:04:43	1:38:55	0:14:00	0:30:03	0:32:57	0:46:23	1:02:35	1:05:35	1:36:27			FERROL
7	601	REBECA ABELLA JOSA	1:42:00	0:04:51	1:40:56	0:16:09	0:32:56	0:35:56	0:49:52	1:06:33	1:09:35	1:39:14			VILABOA
8	1012	IRIS PÉREZ FERNÁNDEZ	1:42:44	0:04:53	1:41:28	0:16:33	0:33:32	0:36:36	0:50:33	1:07:01	1:10:03	1:39:54			NEGREIRA
9	1003	ANA ISABEL SOUTULLO PARADELA	1:43:55	0:04:56	1:43:38	0:14:06	0:30:49	0:33:56	0:48:18	1:05:32	1:08:45	1:40:49			ESPR OURENSE
10	39	NÚRIA ANGLI MAS	1:47:31	0:05:06	1:47:12	0:15:20	0:32:55	0:36:06	0:50:53	1:08:30	1:11:42	1:44:29			CORUNA
11	24	BERIT SORENSEN	1:50:14	0:05:14	1:49:58	0:14:42	0:32:06	0:35:16	0:50:21	1:09:00	1:12:25	1:47:06			CORUNA
12	1027	MONICA DIAZ VILLAPOL	1:50:23	0:05:14	1:49:20	0:16:53	0:34:30	0:37:45	0:52:42	1:10:32	1:13:50	1:47:22			CORUNA
13	17	ANA FERNÁNDEZ GARCIA	1:51:10	0:05:17	1:50:06	0:16:05	0:33:11	0:36:20	0:51:06	1:09:03	1:12:23	1:47:52	GA-17105	AFFLIA	CORUÑA
14	514	MARIA FERNANDEZ GONZALEZ	1:53:48	0:05:24	1:52:27	0:17:55	0:36:14	0:39:34	0:55:03	1:13:37	1:16:58	1:50:39			SANTIAGO DE COMPOSTELA
15	1439	YESICA LODEIRO CORRAL	1:54:27	0:05:26	1:53:28	0:17:28	0:36:38	0:40:04	0:55:51	1:14:20	1:17:40	1:51:22			A CORUÑA
16	50	SABRINA LIDIA RUMBO ROEL	1:57:08	0:05:34	1:56:14	0:17:26	0:36:18	0:39:48	0:56:03	1:15:31	1:18:58	1:54:00			A CORUÑA
17	1559	ESTIBALIZ VEIGA VEIGA	1:57:19	0:05:34	1:56:17	0:17:41	0:36:34	0:40:00	0:56:13	1:15:14	1:18:36	1:54:02			A CORUÑA
18	32	MARISA RUA PRIETO	1:58:37	0:05:38	1:57:56	0:17:01	0:35:58	0:39:26	0:55:38	1:15:08	1:18:42	1:55:12	AG 76423		CLUB SADA
19	1562	BEATRIZ ARES ARIAS	2:06:21	0:06:00	2:05:18	0:19:13	0:39:15	0:42:58	0:59:45	1:20:13	1:23:58	2:02:48			LA CORUÑA
20	1021	PAULA SANTOS HERRAIZ	2:07:20	0:06:03	2:06:19	0:18:18	0:38:15	0:41:56	0:59:00	1:19:34	1:23:21	2:03:40			VALENCIA
21	1565	CARLA FRIEIRO DANTAS	2:07:45	0:06:04	2:07:12	0:16:37	0:36:16	0:39:59	0:57:41	1:19:21	1:23:15	2:03:59			PONTEVEDRA
22	42	ANA LEDESSA MURIEL	2:10:06	0:06:10	2:08:38	0:20:24	0:41:00	0:44:48	1:02:01	1:22:33	1:26:20	2:06:04			A CORUÑA
23	1015	ARACELI CRUJEIRAS GONZÁLEZ	2:10:55	0:06:13	2:09:48	0:19:44	0:40:58	0:44:49	1:02:41	1:24:04	1:27:59	2:07:18			ARTES - RIBEIRA
24	1008	ISABEL DARRIBA RODRIGUEZ	2:11:34	0:06:15	2:10:05	0:19:06	0:38:54	0:42:31	0:59:28	1:20:36	1:24:35	2:07:00			A CORUÑA

25 1564 NEREA VARELA MARTINEZ 2:15:06 0:06:25 2:13:50 0:19:52 0:40:55 0:44:40 1:02:39 1:24:28 1:28:24 2:11:16 A CORUÑA

VT1M VETERANOS 1 M. Inscritos:

379 Llegados 328

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1508	HASSANE AHOUCAR	1:06:06	0:03:08	1:06:06	0:09:15	0:20:05	0:22:03	0:31:03	0:41:53	0:43:54	1:04:04	v-18894	C.A. C/VALENCIA	
2	1445	RAFAEL FUENTES LUBIÁN	1:09:46	0:03:19	1:09:45	0:10:05	0:21:44	0:23:51	0:33:29	0:44:57	0:47:01	1:07:51	GA10165	SOCIE/PONTEVEDRA	
3	72	JOSE ANTONIO RAMALLO REBOREDO	1:10:48	0:03:22	1:10:47	0:10:19	0:21:53	0:24:01	0:33:40	0:45:14	0:47:23	1:08:45	GA-12398	SAN I/PONTEVEDRA	
4	71	ABELKADER BOUGUERROUDJ	1:12:07	0:03:26	1:12:07	0:10:05	0:21:44	0:23:51	0:33:50	0:45:50	0:48:01	1:10:06	GA-76452	RIAZCTIARET	
5	1034	ROBERTO GONZALEZ PASCUAL	1:12:08	0:03:26	1:12:08	0:10:06	0:21:49	0:24:01	0:33:59	0:45:59	0:48:11	1:09:59	mu-15181	FOND/PONFERRADA	
6	1210	PABLO DIAZ MERA	1:12:16	0:03:26	1:12:15	0:10:07	0:21:53	0:24:02	0:34:00	0:45:59	0:48:10	1:10:10		CLUB ORTIGUEIRA	
7	75	JOSE MANUEL PARDO LEIS	1:13:01	0:03:28	1:13:01	0:10:06	0:21:53	0:24:02	0:34:00	0:45:59	0:48:11	1:10:53		ARTEIXO	
8	55	NEMESIO LOPEZ FERNANDEZ	1:13:25	0:03:29	1:13:23	0:10:31	0:22:49	0:25:04	0:35:15	0:47:21	0:49:32	1:11:22	A-11126	ATLE/AMES	
9	1039	JESÚS MANUEL PASANDIN GARCIA	1:13:42	0:03:30	1:13:41	0:10:20	0:22:20	0:24:32	0:34:40	0:46:48	0:49:01	1:11:32		A CORUÑA	
10	516	JUAN CARLOS CASAL PEREZ	1:13:56	0:03:31	1:13:55	0:10:18	0:22:08	0:24:16	0:34:23	0:46:40	0:48:55	1:11:45	GA717067	CLUB SANTIAGO	
11	1444	JAVIER TOURIS FORNOS	1:15:32	0:03:35	1:15:30	0:10:35	0:22:43	0:24:55	0:35:09	0:47:29	0:49:51	1:13:18	GA-20507	COR/LA CORUÑA	
12	61	JOSE ANTONIO RECOUSO CAAMAÑO	1:16:40	0:03:39	1:16:39	0:10:39	0:22:57	0:25:12	0:35:55	0:48:34	0:50:52	1:14:31	A-9763	COR/LA CORUÑA	
13	1286	JOSE ANTONIO ALVAREZ OTERO	1:17:20	0:03:40	1:17:18	0:10:27	0:22:57	0:25:14	0:35:56	0:48:40	0:51:02	1:15:03		VIGO	
14	80	MIGUEL DAPORTA MÉNDEZ	1:17:28	0:03:41	1:17:27	0:11:00	0:23:57	0:26:19	0:37:07	0:49:50	0:52:09	1:15:18		POIO	
15	1519	SALVADOR VAZQUEZ FERREIRO	1:17:43	0:03:42	1:17:41	0:11:09	0:24:00	0:26:19	0:37:05	0:49:51	0:52:10	1:15:27		CARRAL ( A CORUÑA)	
16	1072	CONSTANTE LORENZO SANTOS	1:17:50	0:03:42	1:17:50	0:10:35	0:23:04	0:25:22	0:35:56	0:48:42	0:51:00	1:15:31		MUXIA	
17	69	JOSE MANUEL TEJIEIRO IGLESIAS	1:18:17	0:03:43	1:18:14	0:11:08	0:24:03	0:26:26	0:37:18	0:50:11	0:52:30	1:16:04	AG-76358	RIA F/NARON	
18	51	JAVIER SEOANE PUGA	1:18:42	0:03:44	1:18:41	0:10:45	0:23:37	0:25:58	0:36:55	0:49:54	0:52:15	1:16:28	AG766449	A.D.C A CORUÑA	
19	594	JUAN BAUTISTA SUAREZ CRUCES	1:18:51	0:03:45	1:18:49	0:11:13	0:24:14	0:26:36	0:37:18	0:50:05	0:52:26	1:16:33		TANI/PONTEAREAS	
20	425	JOSE MANUEL CACHAFEIRO LÓPEZ	1:18:59	0:03:45	1:18:57	0:11:29	0:24:36	0:26:56	0:37:25	0:50:04	0:52:25	1:16:37		SARRIA	
21	144	FERNANDO MANUEL LOPEZ DE LAS HERAS	1:19:29	0:03:47	1:19:24	0:10:46	0:23:37	0:25:58	0:37:00	0:49:59	0:52:24	1:17:05		CULLEREDO	
22	1451	ALBERTO CASTRO BLANCO	1:19:30	0:03:47	1:19:26	0:11:15	0:24:15	0:26:37	0:37:26	0:50:13	0:52:32	1:17:07		ARANGA	
23	1513	JOSE MANUEL CARRERA MARTINEZ	1:19:43	0:03:47	1:19:39	0:11:14	0:24:14	0:26:36	0:37:27	0:50:35	0:52:57	1:17:25		TANI/PONTEAREAS	
24	129	PABLO BARRIO VILAR	1:20:00	0:03:48	1:19:58	0:11:38	0:24:53	0:27:16	0:38:21	0:51:32	0:53:56	1:17:52		ARTEIXO	
25	153	ANGEL FERNÁNDEZ ALBERTE	1:20:27	0:03:49	1:20:24	0:11:27	0:24:36	0:27:00	0:38:01	0:51:14	0:53:40	1:18:05		O CARBALLIÑO	
26	74	ANGEL VEIGUELA PEDRE	1:20:30	0:03:49	1:20:28	0:10:48	0:23:32	0:25:52	0:36:46	0:50:07	0:52:35	1:17:56		MUGARDOS	
27	68	JOSÉ LUIS MARTÍNEZ VICENTE	1:20:35	0:03:50	1:20:33	0:11:24	0:24:33	0:26:58	0:38:02	0:51:13	0:53:40	1:18:13	AG 76734	PATU A CORUÑA	
28	1518	PEDRO CALVO ROO	1:20:52	0:03:50	1:20:48	0:11:34	0:24:50	0:27:16	0:38:22	0:51:32	0:53:56	1:18:29		LOUSAME	
29	130	PABLO M. CARRO SUÁREZ	1:20:54	0:03:51	1:20:51	0:11:38	0:24:53	0:27:16	0:38:21	0:51:32	0:53:56	1:18:31		A CORUÑA	
30	585	JOSE MANUEL GONZALEZ CHARLON	1:21:03	0:03:51	1:21:00	0:11:43	0:24:59	0:27:21	0:38:24	0:51:34	0:53:57	1:18:43		C. A. /BETANZOS	
31	1302	JOSE NAVARRO ANTON	1:21:24	0:03:52	1:20:50	0:11:56	0:25:37	0:28:05	0:39:29	0:52:53	0:55:18	1:19:12		BOIRO	
32	104	RUBEN VILA SIEIRA	1:21:27	0:03:52	1:21:22	0:11:56	0:25:37	0:28:05	0:39:29	0:52:53	0:55:18	1:19:12		EGOEBOIRO	
33	1412	GUSTAVO LÓPEZ MARTÍNEZ	1:21:33	0:03:52	1:21:25	0:11:30	0:24:48	0:27:14	0:38:28	0:51:57	0:54:25	1:19:09		CAMBADOS	
34	1071	IVAN RUBIO RUBIRA	1:21:38	0:03:53	1:21:32	0:11:44	0:25:23	0:27:53	0:39:14	0:52:45	0:55:10	1:19:18		ARTEIXO	
35	1154	RAFA FONTAL ALONSO	1:21:50	0:03:53	1:21:40	0:11:45	0:25:20	0:27:51	0:39:14	0:52:49	0:55:18	1:19:31		A CORUÑA	
36	1463	ALEJANDRO ( CANO ) ALDAO LOPEZ	1:21:51	0:03:53	1:21:19	0:12:26	0:25:47	0:28:11	0:39:25	0:52:42	0:55:06	1:19:31		LA CORUÑA	
37	182	JUAN CARLOS VILLADÓNIGA GARROTE	1:22:54	0:03:56	1:22:50	0:11:48	0:25:21	0:27:52	0:39:19	0:52:57	0:55:25	1:20:34		NARON	
38	1080	MIGUEL PUENTE RAPELA	1:22:57	0:03:56	1:22:51	0:11:40	0:25:05	0:27:33	0:38:50	0:52:27	0:54:57	1:20:31		A CORUÑA	
39	1078	MANUEL ABEL PASTORIZA MIRANDA	1:23:00	0:03:57	1:22:58	0:12:06	0:25:47	0:28:18	0:39:43	0:53:22	0:55:49	1:20:44	riazor coruña	A CORUÑA	
40	169	XOSE CARLOS GONZÁLEZ AVIÓN	1:23:02	0:03:57	1:22:57	0:12:09	0:26:07	0:28:42	0:40:28	0:54:10	0:56:36	1:20:40		VILAGARCIA	
41	593	EDUARDO PINO MARTINEZ	1:23:11	0:03:57	1:23:07	0:11:37	0:25:05	0:27:32	0:38:54	0:52:36	0:55:08	1:20:42		TANI/PONTEAREAS	
42	591	DANIEL PORTO PEDROSA	1:23:18	0:03:57	1:23:13	0:11:53	0:25:37	0:28:05	0:39:30	0:53:08	0:55:37	1:20:57		TANI/PONTEAREAS	
43	1067	EMILIO JOSÉ DIESTE REGADES	1:23:59	0:03:59	1:23:52	0:12:08	0:26:04	0:28:35	0:40:04	0:53:52	0:56:24	1:21:39		A POBRA DO CARAMIÑAL	
44	380	CARLOS DEZA RODRÍGUEZ	1:24:11	0:04:00	1:23:49	0:11:53	0:25:30	0:27:59	0:39:26	0:52:59	0:55:29	1:21:37	AG767351	PATU/CULLEREDO	
45	237	RAMON EUGENIO MOSQUERA SILVA	1:24:20	0:04:00	1:24:07	0:11:52	0:25:24	0:27:54	0:39:25	0:53:16	0:55:49	1:21:53		LA CORUÑA	
46	1070	JORGE MANUEL GARCIA RODRIGUEZ	1:24:29	0:04:01	1:24:20	0:12:30	0:26:36	0:29:08	0:40:52	0:54:38	0:57:10	1:22:03		SANTIAGO DE COMPOSTELA	
47	1094	MARIO GARCIA FERNANDEZ	1:24:29	0:04:01	1:24:26	0:11:51	0:25:30	0:28:00	0:39:31	0:53:20	0:55:55	1:22:00		RIBADEO	
48	1085	DAVID ROMERO ALORES	1:24:33	0:04:01	1:24:22	0:12:27	0:26:13	0:28:42	0:40:11	0:54:03	0:56:37	1:22:11		A CORUÑA	
49	70	NICOLAS MANUEL SEDES DOCE	1:24:37	0:04:01	1:24:35	0:12:06	0:26:00	0:28:36	0:40:11	0:54:01	0:56:37	1:22:05	G17185	RIA F/ FERROL	
50	1198	JESUS BECEIRO NOVO	1:24:38	0:04:01	1:23:58	0:12:47	0:26:29	0:28:52	0:40:16	0:53:49	0:56:18	1:22:11		FERROL	
51	171	MARCELINO DOPICO RODRIGUEZ	1:24:42	0:04:01	1:24:30	0:12:33	0:26:33	0:29:06	0:40:36	0:54:20	0:56:52	1:22:14		NARON	
52	177	BALTASAR FIGUEIRAS MARTÍNEZ	1:24:46	0:04:02	1:24:34	0:12:35	0:26:33	0:29:04	0:40:37	0:54:22	0:56:53	1:22:21		MUROS	
53	141	MANUEL FRAGA DÍAZ	1:25:02	0:04:02	1:24:56	0:11:47	0:25:37	0:28:12	0:39:59	0:53:58	0:56:34	1:22:36		TEO	
54	1060	ANGEL FERNANDEZ ESCUREDO	1:25:02	0:04:02	1:24:57	0:11:54	0:25:36	0:28:05	0:39:46	0:53:41	0:56:15	1:22:29		A CORUÑA	
55	1686	JOSÉ MANUEL LÓPEZ VARELA	1:25:05	0:04:02	1:25:02	0:12:15	0:26:28	0:29:03	0:40:51	0:54:39	0:57:10	1:22:42		CARRAL	
56	1452	ANTONIO JOSE CASTRO AREA	1:25:24	0:04:03	1:25:04	0:12:33	0:26:31	0:29:03	0:40:45	0:54:46	0:57:20	1:23:09		ORTIGUEIRA	
57	108	MARCOS LOSADA GARCIA	1:25:28	0:04:04	1:25:20	0:12:30	0:26:36	0:29:08	0:40:52	0:54:46	0:57:21	1:23:07	AG 76375	NOITE/SANTIAGO DE COMPOSTELA	
58	1516	FERNANDO CASTRO PAREDES	1:25:46	0:04:04	1:25:41	0:12:07	0:26:01	0:28:35	0:40:16	0:54:23	0:57:01	1:23:13		SANTIAGO DE COMPOSTELA	
59	1055	EDUARDO SEOANE SANTISO	1:25:50	0:04:05	1:25:42	0:12:44	0:27:03	0:29:37	0:41:31	0:55:16	0:57:48	1:23:31	ga76458	RUNALA CORUÑA	

60	106	CHRISTIAN SANCHEZ OTERO	1:25:55	0:04:05	1:25:52	0:12:04	0:26:10	0:28:42	0:40:35	0:54:46	0:57:22	1:23:24	FONT SANTIAGO DE COMPOSTELA
61	1091	JOSE MANUEL GARCIA PAZ	1:26:02	0:04:05	1:25:59	0:11:54	0:25:33	0:28:00	0:39:47	0:53:54	0:56:29	1:23:36	BETANZOS
62	589	FEDERICO JOSÉ LESENDE VALIÑO	1:26:05	0:04:05	1:26:03	0:11:39	0:25:31	0:28:07	0:39:58	0:54:21	0:57:02	1:23:35	NOSFLA CORUÑA
63	132	JORGE BLANCO LÓPEZ	1:26:20	0:04:06	1:26:17	0:11:54	0:26:00	0:28:36	0:40:28	0:54:46	0:57:21	1:23:49	FERROL
64	118	DIEGO CRUZ PENA	1:26:21	0:04:06	1:26:16	0:12:24	0:26:27	0:29:01	0:40:50	0:55:06	0:57:42	1:23:49	46895911 TRIATA CORUÑA
65	1086	ALVARO LÓPEZ JÁCOME	1:26:21	0:04:06	1:26:18	0:11:54	0:25:50	0:28:22	0:40:11	0:54:24	0:56:59	1:23:51	LA CORUÑA
66	1211	ANGEL LOZANO NOVAS	1:26:25	0:04:06	1:26:05	0:12:51	0:27:18	0:29:58	0:41:57	0:56:03	0:58:36	1:24:01	CLUB ORTIGUEIRA
67	1098	MARCOS ALVAREZ SEOANE	1:26:43	0:04:07	1:26:35	0:12:29	0:26:33	0:29:06	0:40:50	0:55:09	0:57:49	1:24:18	ARTEIXO
68	627	MARCOS LORENZO EIRIS	1:26:51	0:04:07	1:26:26	0:12:45	0:26:52	0:29:25	0:41:19	0:55:16	0:57:50	1:24:28	OLEIROS
69	103	ALBERTO PARDO FERNANDEZ	1:26:56	0:04:08	1:26:48	0:12:10	0:26:06	0:28:41	0:40:31	0:54:45	0:57:23	1:24:17	AG-76645 CORLA CORUÑA
70	438	ALEJANDRO ESTRAVIZ SALINAS	1:27:17	0:04:09	1:27:11	0:11:56	0:25:48	0:28:24	0:40:23	0:54:55	0:57:36	1:24:47	CULLEREDO
71	170	LUIS VILASUSO PITA	1:27:18	0:04:09	1:27:13	0:12:36	0:27:04	0:29:40	0:41:41	0:55:57	0:58:32	1:24:46	XERMADE
72	58	JUAN MANUEL MENDEZ FROJAN	1:27:19	0:04:09	1:27:17	0:12:06	0:26:07	0:28:40	0:40:32	0:54:48	0:57:25	1:24:37	AG763845 ATLE/ BOIRO
73	1533	ALBERTO GÓMEZ GARCÍA	1:27:23	0:04:09	1:26:22	0:13:28	0:27:13	0:29:40	0:41:18	0:55:16	0:57:50	1:24:43	FERROL
74	1053	SIMON LOPEZ EIROA	1:27:28	0:04:09	1:27:24	0:12:44	0:27:05	0:29:41	0:41:42	0:56:01	0:58:37	1:24:55	RIAZA CORUÑA
75	120	PABLO GINÉS MAYOR	1:27:30	0:04:09	1:27:25	0:12:00	0:26:25	0:29:01	0:41:10	0:55:41	0:58:22	1:25:08	A CORUÑA
76	1105	ANTONIO ARMENTIA GALAN	1:27:36	0:04:10	1:27:25	0:12:52	0:27:16	0:29:54	0:41:58	0:56:19	0:58:54	1:25:07	A CORUÑA
77	166	CARLOS SANTOS MARTINEZ	1:27:46	0:04:10	1:27:39	0:12:32	0:26:59	0:29:38	0:41:48	0:56:15	0:58:52	1:25:15	A CORUÑA
78	1183	MARTÍN SENDE MIRANDA	1:27:51	0:04:10	1:27:28	0:12:44	0:26:42	0:29:13	0:41:07	0:55:23	0:58:00	1:25:14	CORUÑA
79	142	JOSE MANUEL GUERRERO CASTILLO	1:28:06	0:04:11	1:27:57	0:12:50	0:27:14	0:29:52	0:42:01	0:56:23	0:59:02	1:25:29	A CORUÑA
80	150	MARCELO FILGUEIRAS	1:28:10	0:04:11	1:28:04	0:12:21	0:26:28	0:29:02	0:41:00	0:55:23	0:58:05	1:25:32	LA CORUÑA
81	259	LUIS ANDRES CASTRO ALMADA	1:28:13	0:04:11	1:28:03	0:12:50	0:27:14	0:29:52	0:42:01	0:56:24	0:59:03	1:25:37	LA CORUÑA
82	1079	JAVIER GENDRE FERNANDEZ	1:28:20	0:04:12	1:28:13	0:12:17	0:26:37	0:29:16	0:41:18	0:55:34	0:58:12	1:25:43	SANTIAGO
83	1152	FCO JAVIER ABAD MARTINEZ	1:28:22	0:04:12	1:28:04	0:12:51	0:27:14	0:29:51	0:41:59	0:56:25	0:59:02	1:25:47	A CORUÑA
84	1514	ALBERTO FERNÁNDEZ MARTÍNEZ	1:28:32	0:04:12	1:28:28	0:12:05	0:26:17	0:28:55	0:41:16	0:55:57	0:58:39	1:25:57	OLEIROS
85	110	FRANCISCO M. MENDEZ QUINTELA	1:28:51	0:04:13	1:28:41	0:13:12	0:27:55	0:30:36	0:42:47	0:57:25	1:00:04	1:26:38	AG - 1108 NOITE BERTAMIRANS (AMES)
86	609	ANTONIO RODRIGUEZ RODRIGUEZ	1:28:52	0:04:13	1:28:31	0:13:04	0:27:24	0:30:03	0:42:18	0:56:51	0:59:31	1:26:23	PRAI/ SANTIAGO
87	282	JUAN SAAVEDRA ORTIZ	1:28:57	0:04:13	1:28:29	0:13:15	0:27:26	0:30:00	0:42:42	0:57:27	1:00:08	1:26:29	A CORUÑA
88	1507	JOSE RAMON RIOS RECAREY	1:29:08	0:04:14	1:28:37	0:12:44	0:27:08	0:29:45	0:41:56	0:56:27	0:59:05	1:26:38	A.D. CARBALLO
89	556	ROBERTO MENDEZ QUINDIMIL	1:29:09	0:04:14	1:28:46	0:13:09	0:27:39	0:30:20	0:42:41	0:57:13	0:59:50	1:26:39	O BURGO
90	1200	MANUEL MIYARES CES	1:29:09	0:04:14	1:28:44	0:12:58	0:27:26	0:30:03	0:42:08	0:56:34	0:59:16	1:26:32	PORTO DO SON
91	1425	FADY HOUT VARELA	1:29:20	0:04:15	1:28:54	0:12:20	0:26:30	0:29:07	0:41:14	0:55:48	0:58:29	1:26:54	LA CORUÑA
92	318	ALFONSO RODRÍGUEZ DONO	1:29:28	0:04:15	1:29:14	0:12:41	0:26:51	0:29:27	0:41:40	0:56:16	0:58:51	1:26:53	A CORUÑA
93	1113	LUIS HERMIDA REIMUNDEZ	1:29:33	0:04:15	1:29:16	0:12:49	0:27:27	0:30:11	0:42:42	0:57:26	1:00:08	1:27:00	OLEIROS
94	1403	MARCOS PERILLE SEOANE	1:29:38	0:04:15	1:29:01	0:13:04	0:27:32	0:30:11	0:42:23	0:57:05	0:59:47	1:27:09	FERROL
95	603	JUAN RAMON GARCIA HERNANZ	1:29:41	0:04:16	1:29:31	0:12:04	0:26:17	0:28:56	0:41:06	0:56:05	0:58:49	1:26:47	A.D. FARTEIXO
96	241	JOSE MANUEL GONZALEZ SALGADO	1:29:51	0:04:16	1:29:31	0:13:18	0:28:04	0:30:44	0:43:02	0:57:37	1:00:16	1:27:16	MELIDE
97	226	FRANCISCO JOSE FERNANDEZ DE LA PRADILLA GARCIA	1:30:32	0:04:18	1:30:10	0:12:46	0:27:23	0:30:03	0:42:42	0:57:41	1:00:23	1:27:59	SADA
98	526	DANIEL LEDO NEIRA	1:30:37	0:04:18	1:30:29	0:12:32	0:26:59	0:29:39	0:41:48	0:56:28	0:59:13	1:27:56	LA CORUÑA
99	1176	FRANCISCO JAVIER GARCIA BARREIRO	1:30:40	0:04:18	1:30:14	0:13:33	0:28:28	0:31:12	0:43:42	0:58:33	1:01:15	1:28:14	OLEIROS
100	1616	JULIAN AMOR GONZALEZ	1:30:45	0:04:19	1:30:22	0:13:32	0:28:16	0:30:57	0:43:18	0:58:01	1:00:43	1:28:05	CULLEREDO - O BURGO
101	249	RAFAEL CORRAL ESCRIBANO	1:30:48	0:04:19	1:30:24	0:13:15	0:27:53	0:30:31	0:42:55	0:57:35	1:00:17	1:28:08	ORDES
102	479	XABIER VARELA LOPEZ	1:30:53	0:04:19	1:30:30	0:13:18	0:28:05	0:30:44	0:43:03	0:57:43	1:00:24	1:28:16	MELIDE
103	126	ALBERTO CARRO FERNÁNDEZ	1:30:57	0:04:19	1:30:52	0:13:32	0:28:48	0:31:33	0:44:11	0:59:08	1:01:50	1:28:25	LUGO
104	528	FRANCISCO PAIS TRIGO	1:31:27	0:04:21	1:31:21	0:12:26	0:26:53	0:29:33	0:41:53	0:57:05	0:59:52	1:28:46	NEGREIRA
105	158	PEDRO ESMORÍS GARCÍA	1:31:32	0:04:21	1:31:30	0:11:39	0:25:31	0:28:12	0:40:50	0:55:33	0:58:12	1:28:41	VIVEIRO
106	619	JOSÉ ENRIQUE EIROA MORÁS	1:31:39	0:04:21	1:31:18	0:13:48	0:28:58	0:31:45	0:44:31	0:59:35	1:02:17	1:29:09	A CORUÑA
107	286	MIGUEL ANGEL GÓMEZ SENIN	1:31:39	0:04:21	1:31:18	0:13:48	0:28:58	0:31:45	0:44:31	0:59:35	1:02:18	1:29:10	CAMBRE
108	176	STOIL NIKOLOV NIKOLOV	1:31:45	0:04:21	1:31:38	0:12:43	0:27:41	0:30:25	0:42:59	0:57:59	1:00:43	1:29:03	LA CORUÑA
109	1160	JORGE FONTECOBA PORTO	1:32:04	0:04:22	1:31:56	0:12:51	0:27:32	0:30:12	0:42:42	0:57:37	1:00:22	1:29:09	A CORUÑA
110	462	FERNANDO GONZÁLEZ RODRÍGUEZ	1:32:13	0:04:23	1:31:22	0:14:50	0:29:52	0:32:33	0:45:03	0:59:56	1:02:37	1:29:41	VEDRA
111	597	CARLOS DIAZ LOPEZ	1:32:18	0:04:23	1:32:08	0:12:55	0:27:30	0:30:09	0:42:27	0:58:11	1:00:49	1:29:20	EL BURGO (CULLEREDO)
112	455	LORENZO GRAÑA MURADO	1:32:24	0:04:23	1:32:19	0:13:07	0:28:12	0:30:58	0:43:42	0:58:54	1:01:40	1:29:51	AS PONTES
113	1262	DARIO LOBELLOS MOUZO	1:32:54	0:04:25	1:32:32	0:13:58	0:29:18	0:32:02	0:44:44	0:59:42	1:02:29	1:30:15	OLEIROS
114	1665	FELIPE MARTINEZ SANTOS	1:32:54	0:04:25	1:31:37	0:14:24	0:29:26	0:32:09	0:44:48	0:59:39	1:02:20	1:30:14	A CORUÑA
115	493	JUAN NEIRA TALAVERA	1:32:55	0:04:25	1:32:05	0:13:32	0:27:58	0:30:36	0:42:45	0:57:39	1:00:27	1:29:55	VIVEIRO
116	1163	JOSÉ RAMÓN LAGO CIVÉS	1:32:57	0:04:25	1:32:31	0:13:54	0:29:07	0:31:52	0:44:41	0:59:43	1:02:30	1:30:16	NOIA
117	269	JAVIER PAJON FERNANDEZ	1:32:59	0:04:25	1:32:39	0:13:38	0:29:03	0:31:50	0:44:48	0:59:55	1:02:40	1:30:16	LUGO
118	256	MARCOS LAGO CASTRO	1:33:01	0:04:25	1:32:43	0:13:45	0:29:06	0:31:55	0:44:49	0:59:55	1:02:40	1:30:25	CAMBRE
119	1058	SANTIAGO COLADAS-GUZMAN GARCIA	1:33:12	0:04:26	1:32:36	0:14:39	0:30:11	0:33:00	0:45:46	1:00:46	1:03:32	1:30:41	A PONTENOVA
120	301	AGUSTÍN VILAS FERNANDEZ	1:33:26	0:04:26	1:33:07	0:13:44	0:29:08	0:31:55	0:44:31	0:59:41	1:02:27	1:30:35	NOIA
121	644	JAVIER TELMO MIRANDA	1:33:31	0:04:26	1:33:29	0:14:33	0:29:33	0:32:18	0:44:48	0:59:42	1:02:22	1:30:47	LUGO
122	1293	MARCOS VARELA MÉNDEZ	1:33:32	0:04:26	1:32:46	0:14:27	0:29:55	0:32:43	0:45:35	1:00:43	1:03:28	1:31:01	PONTEVEDRA

123	263 JULIAN DE LA CALLE FERNANDEZ	1:33:33	0:04:27	1:33:20	0:13:15	0:28:27	0:31:14	0:44:01	0:59:26	1:02:12	1:30:50	A CORUÑA
124	412 IAGO FONTELA SÁNCHEZ	1:33:35	0:04:27	1:32:59	0:13:41	0:28:51	0:31:38	0:44:23	0:59:36	1:02:20	1:30:47	CORUÑA
125	212 JOSÉ MANUEL MALLO NIEVES	1:33:50	0:04:27	1:33:29	0:13:13	0:28:02	0:30:46	0:43:38	0:59:04	1:01:59	1:31:10	A-763759 NOITESANTIAGO DE COMPOSTELA
126	573 JORGE ALEJANDRO RUMBO ROEL	1:33:53	0:04:27	1:33:47	0:12:15	0:26:22	0:29:04	0:41:17	0:56:16	0:59:06	1:30:45	LA CORUÑA
127	260 JUAN LUIS BOTANA MOSQUERA	1:34:04	0:04:28	1:33:43	0:13:37	0:28:58	0:31:46	0:44:40	0:59:43	1:02:31	1:31:18	OROSO
128	1803 MIGUEL VERGARA FREIRE	1:34:06	0:04:28	1:33:54	0:12:55	0:27:49	0:30:35	0:43:30	0:58:46	1:01:41	1:31:12	OLEIROS
129	1631 JAVIER IGLESIAS FREIRE	1:34:13	0:04:28	1:33:16	0:14:49	0:29:54	0:32:41	0:45:24	1:00:25	1:03:09	1:31:26	VIGO
130	548 JOSÉ MANUEL ROGA RODRÍGUEZ	1:34:18	0:04:29	1:34:06	0:12:51	0:27:30	0:30:10	0:42:20	0:56:57	0:59:43	1:30:46	ARANGA
131	1096 GUSTAVO VILLAR PÉREZ	1:34:19	0:04:29	1:33:50	0:14:31	0:30:23	0:33:18	0:46:34	1:02:11	1:04:58	1:31:47	A CORUÑA
132	576 JOSE RAMÓN FERNÁNDEZ LOPEZ	1:34:22	0:04:29	1:33:44	0:14:25	0:29:50	0:32:36	0:45:25	1:00:44	1:03:27	1:31:41	LUGO
133	1392 JESÚS MANUEL DARRIBA PENA	1:34:37	0:04:30	1:33:53	0:14:03	0:29:00	0:31:45	0:44:32	0:59:37	1:02:26	1:31:42	CERCEDA
134	1188 JESUS JAVIER PRESEDO MARTINEZ	1:34:50	0:04:30	1:34:29	0:12:57	0:27:55	0:30:38	0:43:28	0:58:55	1:01:41	1:31:46	A CORUÑA
135	534 ABEL PÉREZ CORRAL	1:34:53	0:04:30	1:34:24	0:14:44	0:30:09	0:32:57	0:45:46	1:00:54	1:03:38	1:32:14	XERMADE
136	535 ALBERTO FERNÁNDEZ MUÑIZ	1:34:55	0:04:30	1:34:25	0:13:29	0:28:34	0:31:19	0:44:17	0:59:45	1:02:36	1:32:11	LA CORUÑA
137	216 EDUARDO CERNADAS VAZQUEZ	1:34:56	0:04:30	1:34:45	0:13:49	0:29:18	0:32:09	0:45:15	1:00:44	1:03:33	1:32:18	GA-76425 RIA F VALDOVIÑO
138	1117 DIEGO CORCOBA	1:34:57	0:04:30	1:34:18	0:14:45	0:30:13	0:32:59	0:45:47	1:00:53	1:03:40	1:32:18	LA CORUÑA
139	437 DAVID SOUTO SANCHEZ	1:35:18	0:04:31	1:34:37	0:14:49	0:30:41	0:33:35	0:46:57	1:02:33	1:05:13	1:32:47	LA CORUÑA
140	1239 RAMON ALBA DOMINGUEZ	1:35:26	0:04:32	1:34:20	0:15:30	0:31:32	0:34:22	0:47:20	1:02:37	1:05:23	1:32:48	A CORUÑA
141	1146 ÓSCAR DÍAZ PRADO	1:35:32	0:04:32	1:34:37	0:14:38	0:29:51	0:32:36	0:45:27	1:00:51	1:03:41	1:32:49	A CORUÑA
142	1164 CESAR IGLESIAS FERNANDEZ	1:35:45	0:04:33	1:34:26	0:14:33	0:29:47	0:32:35	0:45:36	1:00:47	1:03:35	1:32:59	VIGO
143	488 MARCOS RODRIGUEZ SANCHEZ	1:35:54	0:04:33	1:35:07	0:15:27	0:31:45	0:34:40	0:47:34	1:02:06	1:04:30	1:33:10	A CORUÑA
144	626 JOSE RAMÓN VILLAVEDRE RIAL	1:36:01	0:04:34	1:35:20	0:14:30	0:30:17	0:33:12	0:46:29	1:02:03	1:04:50	1:33:18	CULLEREDO
145	1525 CARLOS DAVILA QUEIRUGA	1:36:03	0:04:34	1:35:29	0:14:27	0:30:15	0:33:05	0:45:59	1:01:31	1:04:20	1:33:11	INDAFA CORUÑA
146	228 MANUEL GONZALEZ ALVAREZ	1:36:06	0:04:34	1:35:43	0:13:06	0:28:31	0:31:19	0:44:29	1:00:12	1:03:08	1:33:16	SADA
147	1076 PABLO CAMINO MARTINEZ	1:36:12	0:04:34	1:34:49	0:17:24	0:34:15	0:37:26	0:50:13	1:04:42	1:07:15	1:33:32	SARRIA
148	299 HIGINIO ARCÓS MOURIS	1:36:16	0:04:34	1:35:44	0:15:02	0:30:55	0:33:48	0:46:58	1:02:29	1:05:17	1:33:31	OUTES
149	336 XESUS MANUEL SEGAE CAROU	1:36:16	0:04:34	1:35:42	0:13:52	0:29:23	0:32:11	0:45:30	1:01:00	1:03:52	1:33:37	A CORUÑA
150	595 ROBERTO CID SANMARTIN	1:36:18	0:04:34	1:36:07	0:12:54	0:27:46	0:30:29	0:42:56	0:57:45	1:00:33	1:33:17	TRIATPERILLO-OLEIROS
151	341 DOMINGO PRADO TEJIEIRO	1:36:20	0:04:34	1:35:29	0:13:49	0:29:06	0:31:56	0:45:12	1:01:02	1:03:56	1:33:41	A CORUÑA
152	1540 MARCOS SANCHEZ RILO	1:36:31	0:04:35	1:36:13	0:13:34	0:29:04	0:31:51	0:44:52	1:00:22	1:03:17	1:33:25	OUCES-BERGONDO
153	430 JUAN PUENTE RAPELA	1:36:32	0:04:35	1:35:51	0:15:16	0:31:13	0:34:06	0:47:16	1:02:54	1:05:44	1:33:55	A CORUÑA
154	1199 IVÁN BUENO HERMIDA	1:36:37	0:04:35	1:35:53	0:15:47	0:32:10	0:35:05	0:48:06	1:03:24	1:06:09	1:33:59	CEE
155	1477 JAVIER TORRALBA DE LA FUENTE	1:36:44	0:04:36	1:35:54	0:14:52	0:30:46	0:33:44	0:46:53	1:02:28	1:05:22	1:34:04	LA CORUÑA
156	1677 ORLANDO FERNANDEZ COSTADO	1:36:48	0:04:36	1:36:07	0:15:00	0:30:56	0:33:50	0:47:05	1:02:39	1:05:26	1:34:08	
157	315 HÉCTOR CAJARAVILLE ARAÚJO	1:36:49	0:04:36	1:36:26	0:14:07	0:30:02	0:32:54	0:46:08	1:01:48	1:04:39	1:34:01	SANTIAGO
158	243 JUANJO ORTEGA ORTEGA	1:36:52	0:04:36	1:36:37	0:13:32	0:28:56	0:31:45	0:44:58	1:00:49	1:03:41	1:33:55	LUGO
159	1116 ANDRES RODRIGUEZ DOMINGUEZ	1:36:56	0:04:36	1:36:42	0:13:21	0:29:00	0:31:50	0:45:03	1:00:45	1:03:38	1:34:08	PONTEVEDRA
160	1301 SERGIO CANLE PAZ	1:36:58	0:04:36	1:35:59	0:14:37	0:29:49	0:32:38	0:45:43	1:01:36	1:04:33	1:34:09	SADA
161	580 MANUEL CARBALLAL	1:36:58	0:04:36	1:36:43	0:13:17	0:29:09	0:32:07	0:45:51	1:01:57	1:04:46	1:34:13	LUGO
162	179 MIGUEL ANGEL VIDAL REIGOSA	1:37:05	0:04:37	1:36:57	0:12:42	0:27:49	0:30:39	0:43:47	0:59:46	1:02:51	1:34:12	RIBADEO
163	1495 MANUEL CALO CANOSA	1:37:10	0:04:37	1:36:58	0:13:24	0:28:58	0:31:47	0:45:15	1:01:00	1:03:56	1:34:12	CEE
164	288 SENÉN BARRAL GOMEZ	1:37:37	0:04:38	1:36:57	0:14:49	0:30:41	0:33:35	0:46:56	1:02:46	1:05:35	1:34:52	ARTEIXO
165	440 FRANCISCO JAVIER SUÁREZ BERMÚDEZ	1:37:52	0:04:39	1:37:06	0:14:47	0:30:36	0:33:31	0:46:52	1:02:36	1:05:27	1:35:01	SANTIAGO DE COMPOSTELA
166	1131 JOAQUIN DIBUJA BARREIROS	1:37:55	0:04:39	1:37:25	0:14:43	0:30:37	0:33:32	0:46:50	1:02:36	1:05:27	1:34:55	OURENSE
167	1502 PEDRO LUIS CAYÓN OTERO	1:38:10	0:04:40	1:37:17	0:15:23	0:31:48	0:34:41	0:48:02	1:03:52	1:06:44	1:35:26	BURELA
168	1571 MIGUEL LÓPEZ GARCIA	1:38:21	0:04:40	1:37:37	0:15:21	0:31:10	0:34:02	0:47:22	1:03:03	1:05:56	1:35:33	CORFA LARACHA
169	564 ENRIQUE TELLADO NOGUEIRA	1:38:42	0:04:41	1:38:10		0:30:52	0:33:48	0:47:04	1:02:49	1:05:46	1:35:47	A CORUÑA
170	1382 JOSE LUIS VAZQUEZ RODRIGUEZ	1:38:55	0:04:42	1:37:51	0:15:44	0:31:43	0:34:38	0:47:53	1:03:42	1:06:34	1:36:03	OURENSE
171	612 JAVIER CAMPOS PEÑA	1:39:05	0:04:42	1:38:48	0:13:51	0:29:45	0:32:41	0:46:23	1:02:34	1:05:36	1:36:15	TRIATNARON
172	1153 CARLOS OTERO IGLESIAS	1:39:20	0:04:43	1:38:46	0:13:53	0:29:33	0:32:30	0:46:03	1:02:31	1:05:36	1:36:18	A CORUÑA
173	227 JOSE SAMBADE CARREIRA	1:39:20	0:04:43	1:38:52	0:14:35	0:30:26	0:33:22	0:46:49	1:03:04	1:06:03	1:36:21	LA CORUÑA
174	417 MIGUEL DELMAS COSTA	1:39:23	0:04:43	1:38:16	0:15:45	0:31:43	0:34:39	0:47:55	1:03:57	1:06:55	1:36:30	A CORUÑA
175	643 MARCOS CAO BOEDO	1:39:32	0:04:44	1:38:56	0:14:46	0:30:36	0:33:32	0:47:01	1:03:17	1:06:13	1:36:42	A CORUÑA
176	1185 MIGUEL ANGEL DOMINGUEZ MARTINEZ	1:39:36	0:04:44	1:39:14	0:15:00	0:31:47	0:34:46	0:48:36	1:04:47	1:07:44	1:36:55	A CORUÑA
177	350 MIGUEL LAMEIRO NIETO	1:39:53	0:04:45	1:39:00	0:14:33	0:30:14	0:33:07	0:46:29	1:02:24	1:05:20	1:36:50	STA CRUZ, OLEIROS
178	1178 JULIO TORREIRA LÓPEZ	1:39:56	0:04:45	1:39:25	0:14:45	0:31:00	0:33:58	0:47:51	1:04:14	1:07:14	1:37:13	A CORUÑA
179	1249 BRUNO DE LLANO GOMEZ ULLA	1:39:58	0:04:45	1:38:38	0:15:20	0:31:05	0:34:01	0:47:28	1:03:36	1:06:37	1:37:07	CAMBRE
180	481 DAI KONDO	1:40:08	0:04:45	1:39:30	0:15:38	0:32:41	0:35:48	0:49:41	1:05:56	1:08:53	1:37:32	LA CORUÑA
181	444 MARCOS DAPOZA ALONSO	1:40:24	0:04:46	1:39:37	0:15:26	0:31:48	0:34:40	0:48:23	1:04:30	1:07:34	1:37:30	OURENSE
182	1279 DAVID PIÑEIRO GONZALEZ	1:40:36	0:04:47	1:39:55	0:14:43	0:30:44	0:33:46	0:47:27	1:03:51	1:06:49	1:37:34	A CORUÑA
183	291 FRANCISCO VILLACAMPA CAAMAÑO	1:40:36	0:04:47	1:39:46	0:15:17	0:31:28	0:34:32	0:48:19	1:04:51	1:07:57	1:37:55	SADA
184	1501 PABLO CORDERO RODRIGUEZ	1:40:43	0:04:47	1:39:16	0:16:50	0:33:23	0:36:23	0:50:03	1:06:03	1:08:58	1:37:53	MOAÑA
185	562 CARLOS RUIZ SEIJO	1:40:46	0:04:47	1:40:10	0:15:10	0:31:49	0:34:51	0:48:44	1:05:15	1:08:12	1:37:59	FERROL

186	213 PABLO RODRÍGUEZ-LORASQUE VÁZQUEZ	1:40:46	0:04:47	1:40:23	0:15:17	0:31:47	0:34:49	0:48:37	1:05:03	1:08:02	1:38:04	AG 76688-NOSPLUGO
187	432 GUSTAVO SEIJO GARCIA	1:40:47	0:04:47	1:40:08	0:15:14	0:31:47	0:34:47	0:48:41	1:05:10	1:08:09	1:38:02	A CORUÑA
188	1467 CARLOS EDMUNDO PONTE PEREIRA	1:40:50	0:04:47	1:40:05	0:15:17	0:31:29	0:34:29	0:48:07	1:04:22	1:07:23	1:38:07	A CORUÑA
189	1317 MARCOS FREIJEIRO VARELA	1:40:52	0:04:47	1:39:56	0:15:24	0:31:29	0:34:25	0:48:10	1:04:32	1:07:30	1:37:53	A CORUÑA
190	1237 JESUS PIÑEIRO VÁZQUEZ	1:40:53	0:04:47	1:39:48	0:15:46	0:31:49	0:34:47	0:48:27	1:04:53	1:07:56	1:37:59	A CORUÑA
191	214 ENRIQUE PEÑA GONZÁLEZ	1:41:08	0:04:48	1:40:39	0:15:03	0:31:37	0:34:36	0:48:28	1:05:02	1:08:03	1:38:18	AG767354PATU CAMBRE
192	1318 ENRIQUE CASTAÑO ROMERO	1:41:20	0:04:49	1:40:20	0:15:19	0:31:37	0:34:34	0:48:15	1:04:42	1:07:45	1:38:36	NOIA
193	325 JOSE ANTONIO LOPEZ FERNANDEZ	1:41:21	0:04:49	1:40:20	0:15:19	0:31:37	0:34:34	0:48:14	1:04:40	1:07:44	1:38:32	NOIA
194	1386 JOSE RAMON IGLESIAS MARTINEZ	1:41:21	0:04:49	1:40:41	0:15:31	0:31:51	0:34:50	0:48:34	1:05:02	1:07:59	1:38:29	CULLEREDO
195	1432 MARIO SEIJAS LOPEZ	1:41:33	0:04:49	1:40:09	0:17:25	0:34:23	0:37:26	0:51:14	1:07:11	1:10:03	1:38:56	SARRIA
196	1248 ENRIQUE GRIÑAN TORRADO	1:41:50	0:04:50	1:41:05	0:15:17	0:31:44	0:34:43	0:48:35	1:05:00	1:08:03	1:38:52	CORUÑA
197	319 DOMINGO FERREIRO DIAZ	1:41:51	0:04:50	1:41:29	0:15:43	0:32:33	0:35:39	0:49:53	1:06:59	1:10:03	1:39:09	LUGO
198	1527 IGNACIO RODRIGUEZ PEREZ	1:41:52	0:04:50	1:41:26	0:13:54	0:30:05	0:33:03	0:46:41	1:03:09	1:06:11	1:38:30	VICLA PORTO DO SON
199	1201 CELSO BLANCO GARCIA	1:42:01	0:04:51	1:40:55	0:16:05	0:32:57	0:35:56	0:49:52	1:06:33	1:09:36	1:39:13	LA CORUÑA
200	224 JOSÉ MANUEL CASÁS CASÁS	1:42:01	0:04:51	1:42:01	0:14:35	0:31:06	0:34:09	0:48:16	1:05:08	1:08:14	1:39:08	A CORUÑA
201	1625 JOSE CARLOS SAA RAMOS	1:42:02	0:04:51	1:41:28	0:13:55	0:29:16	0:32:05	0:45:11	1:01:15	1:04:16	1:38:40	A CORUÑA
202	330 RAÚL REY FIGUEIRA	1:42:11	0:04:51	1:41:39	0:15:10	0:31:38	0:34:35	0:48:34	1:05:25	1:08:27	1:39:27	A CORUÑA
203	342 CELESTINO MATO PEÓN	1:42:30	0:04:52	1:42:09	0:14:20	0:30:16	0:33:10	0:47:06	1:03:59	1:07:09	1:39:21	NOIA
204	1500 MIGUEL ANGEL CARREIRA GARCIA	1:42:33	0:04:52	1:41:41	0:15:25	0:31:48	0:34:45	0:48:34	1:05:16	1:08:18	1:39:39	A CORUÑA
205	407 PABLO PAZOS GARCIA	1:42:36	0:04:52	1:41:31	0:15:33	0:31:59	0:34:59	0:48:56	1:05:18	1:08:19	1:39:40	A CORUÑA
206	1615 MARCOS RILO TABEAYO	1:42:36	0:04:52	1:42:03	0:15:23	0:32:19	0:35:20	0:49:29	1:06:06	1:09:07	1:39:39	A CORVE IRÁ
207	584 JAIME LÓPEZ CAINZOS	1:42:38	0:04:52	1:42:15	0:15:08	0:32:13	0:35:22	0:49:51	1:06:40	1:09:43	1:39:52	A CORUÑA
208	253 JOSE JAVIER MONTERO GONZALEZ	1:42:43	0:04:53	1:42:16	0:14:39	0:31:35	0:34:44	0:48:56	1:05:47	1:08:51	1:39:48	LUGO
209	653 DIEGO RANA BOUZA	1:42:54	0:04:53	1:42:01	0:15:47	0:32:36	0:35:39	0:49:36	1:06:02	1:09:04	1:40:00	LA CORUÑA
210	1258 JUAN CABADO	1:43:04	0:04:54	1:42:04	0:16:13	0:33:00	0:36:00	0:50:02	1:06:34	1:09:36	1:40:07	LA CORUÑA
211	1492 JUAN DIEGO PEREIRO AREÁN	1:43:08	0:04:54	1:42:26	0:15:43	0:32:40	0:35:43	0:50:03	1:06:54	1:09:55	1:40:06	A CORUÑA
212	1190 FRANCISCO JOSE VILLANUEVA AMADO	1:43:19	0:04:54	1:43:01	0:14:49	0:31:18	0:34:22	0:48:33	1:05:29	1:08:39	1:40:21	A CORUÑA
213	652 ANTON GARCIA PEREZ	1:43:19	0:04:54	1:42:20	0:15:40	0:32:23	0:35:26	0:49:33	1:06:35	1:09:40	1:40:33	CORUÑA
214	1434 JAVIER BLANCO CONDE	1:43:28	0:04:55	1:42:57	0:14:45	0:31:12	0:34:12	0:48:05	1:04:47	1:07:56	1:40:11	A CORUÑA
215	1404 LUIS FORNOS GALLEGO	1:43:33	0:04:55	1:42:28	0:16:09	0:33:00	0:36:02	0:50:06	1:06:43	1:09:46	1:40:34	OURENSE
216	1348 ÁLBERTO LOPEZ GARCIA	1:43:36	0:04:55	1:42:55	0:14:53	0:31:25	0:34:25	0:48:33	1:05:38	1:08:42	1:40:33	LA CORUÑA
217	1369 MARIO LEDO FARIÑAS	1:43:45	0:04:56	1:43:14	0:16:11	0:33:17	0:36:18	0:50:25	1:07:16	1:10:14	1:40:46	FERROL
218	1683 SERGIO GALLEGO PIÑÓN	1:43:45	0:04:56	1:43:14	0:16:11	0:33:17	0:36:18	0:50:25	1:07:16	1:10:14	1:40:47	FERROL
219	1672 ANTONIO LUIS GONZALEZ FERNANDEZ	1:43:46	0:04:56	1:43:38	0:13:20	0:28:57	0:31:49	0:45:19	1:01:50	1:04:51	1:40:39	AG9808
220	1397 OSCAR GARRIDO FRAGA	1:43:46	0:04:56	1:43:04	0:15:13	0:31:46	0:34:47	0:48:42	1:05:26	1:08:27	1:40:36	EL TEMPLE
221	1551 ALBERTO NOYA TORRADO	1:43:56	0:04:56	1:43:28	0:14:34	0:30:46	0:33:44	0:47:35	1:04:22	1:07:32	1:40:35	A CORUÑA
222	1466 ANTONIO BARCÓN VÁZQUEZ	1:44:01	0:04:56	1:43:04	0:16:33	0:33:33	0:36:37	0:50:39	1:07:03	1:10:05	1:41:10	A CORUÑA
223	577 JUAN LUIS CHAO GOAS	1:44:08	0:04:57	1:43:16	0:15:29	0:32:25	0:35:33	0:49:34	1:06:33	1:09:32	1:41:00	A CORUÑA
224	1232 ROBERTO BANDE RAMUDO	1:44:08	0:04:57	1:43:12	0:16:38	0:33:58	0:37:05	0:51:19	1:08:05	1:11:10	1:41:19	LUGO
225	1658 IGNACIO SEOANE VIGO	1:44:13	0:04:57	1:43:09	0:15:40	0:32:23	0:35:28	0:49:38	1:06:17	1:09:18	1:41:11	A CORUÑA
226	1539 DAVID PUENTE SAAVEDRA	1:44:24	0:04:57	1:43:32	0:15:30	0:32:19	0:35:27	0:49:50	1:06:55	1:10:05	1:41:27	VILASANTAR
227	388 MIGUEL ANGEL HERVA LÓPEZ	1:44:28	0:04:58	1:43:16	0:16:32	0:33:22	0:36:26	0:50:24	1:07:10	1:10:12	1:41:36	A CORUÑA
228	1330 DIEGO PÉREZ DOPICO	1:44:36	0:04:58	1:44:12	0:14:12	0:30:25	0:33:25	0:46:58	1:03:50	1:07:29	1:41:34	ORTIGUEIRA
229	1290 ANTONIO BAAMONDE SANDE	1:44:39	0:04:58	1:43:18	0:17:24	0:34:22	0:37:22	0:51:34	1:08:27	1:11:28	1:41:40	A CORUÑA
230	420 BENJAMÍN MURAS GEADA	1:44:52	0:04:59	1:44:15	0:15:45	0:32:25	0:35:29	0:49:34	1:06:32	1:09:36	1:41:52	LUGO
231	1088 JOSÉ LUIS SANTISO FREIRE	1:44:56	0:04:59	1:43:57	0:15:40	0:32:25	0:35:26	0:49:33	1:06:35	1:09:40	1:41:37	A CORUÑA
232	1194 MIGUEL MARTINEZ MARTINEZ	1:44:59	0:04:59	1:44:32	0:14:46	0:31:16	0:34:18	0:48:14	1:05:22	1:08:36	1:41:57	A CORUÑA
233	1192 OSCAR CARLOS MATE MATE	1:45:02	0:04:59	1:44:30	0:14:53	0:31:34	0:34:36	0:48:55	1:06:38	1:09:52	1:42:00	FERROL
234	1614 ANTONIO FUENTES SEOANE	1:45:07	0:04:59	1:44:32	0:15:37	0:32:18	0:35:18	0:49:38	1:06:52	1:10:03	1:42:12	CULLEREDO
235	1300 PABLO GARCÍA LUEIRO	1:45:23	0:05:00	1:44:09	0:16:18	0:33:03	0:35:49	0:49:27	1:06:36	1:09:42	1:41:54	NEGREIRA
236	1586 ROBERTO CASAS DURÁN	1:45:24	0:05:00	1:44:13	0:16:11	0:32:59	0:36:03	0:50:00	1:06:39	1:09:45	1:42:18	CULLEREDO
237	544 JORGE BLANCO FERNÁNDEZ	1:45:25	0:05:00	1:44:54	0:15:06	0:32:02	0:35:09	0:49:48	1:07:13	1:10:25	1:42:34	A CORUÑA
238	1255 ANGEL JUVIÑO PREGO	1:45:26	0:05:00	1:44:55	0:15:06	0:32:01	0:35:09	0:49:49	1:07:14	1:10:25	1:42:33	A CORUÑA
239	611 DIEGO DANS PÉREZ	1:45:33	0:05:01	1:44:08	0:16:03	0:32:40	0:35:42	0:49:08	1:05:18	1:08:17	1:42:10	TRAS CURTIS
240	1346 JOSE GUEIMUNDE CABALEIRO	1:45:39	0:05:01	1:44:49	0:15:48	0:32:42	0:35:49	0:50:04	1:07:17	1:10:28	1:42:43	VIVEIRO
241	1580 GONZALO RODRIGUEZ BARCON	1:45:40	0:05:01	1:44:25	0:16:47	0:33:42	0:36:48	0:50:54	1:07:53	1:10:59	1:42:42	SADA
242	1572 JOSÉ ANTONIO SUMAY REY	1:46:02	0:05:02	1:44:41	0:17:10	0:34:16	0:37:20	0:51:31	1:08:25	1:11:30	1:42:57	CRISI A CORUÑA
243	1230 JUAN JOSE VARELA BARBEITO	1:46:08	0:05:02	1:44:55	0:16:38	0:33:31	0:36:33	0:50:54	1:08:02	1:11:09	1:43:03	CORUÑA
244	1611 FELIPE DE LA VEGA GÁNDARAS	1:46:18	0:05:03	1:45:37	0:16:02	0:33:22	0:36:28	0:50:57	1:08:12	1:11:24	1:43:11	A CORUÑA
245	451 BENITO BLANCO PEQUEÑO	1:46:23	0:05:03	1:45:49	0:15:06	0:31:52	0:34:56	0:49:26	1:06:50	1:10:04	1:43:12	O TEMPLE
246	1621 JAVIER LORENZO CASTRO	1:46:47	0:05:04	1:46:08	0:15:55	0:33:12	0:36:21	0:50:46	1:07:54	1:11:11	1:43:27	A CORUÑA
247	1270 CARLOS CASTRO RODRIGUEZ	1:46:49	0:05:04	1:46:06	0:15:57	0:33:02	0:36:10	0:50:42	1:08:04	1:11:20	1:43:52	A CORUÑA
248	1268 JORGE MIYARES CES	1:47:39	0:05:07	1:46:38	0:16:43	0:34:27	0:37:42	0:52:52	1:10:11	1:13:17	1:44:32	PORTO DO SON



249	579 MANUEL VILARIÑO FREIRE	1:47:40	0:05:07	1:47:07	0:16:04	0:33:42	0:36:57	0:51:53	1:09:25	1:12:39	1:44:42	LUGO
250	1326 SERGIO PRIETO LOPEZ	1:47:52	0:05:07	1:47:14	0:15:33	0:32:24	0:35:29	0:50:02	1:07:49	1:11:01	1:44:37	MADRID
251	1606 DANIEL ALVAREZ CARBALLEIRA	1:47:54	0:05:07	1:46:45	0:16:25	0:33:44	0:36:55	0:51:38	1:09:19	1:12:33	1:44:51	A CORUÑA
252	1376 JORGE ALVAREZ CARBALLEIRA	1:48:18	0:05:08	1:47:09	0:16:26	0:33:44	0:36:55	0:51:37	1:09:19	1:12:34	1:45:08	LA CORUÑA
253	1554 JUAN ANTONIO MARTINEZ CAYAZZO	1:48:27	0:05:09	1:48:14	0:14:24	0:31:10	0:34:16	0:48:55	1:06:19	1:09:34	1:44:47	PONTEDEUME
254	1657 JORGE AMADO TOURIÑO	1:48:27	0:05:09	1:47:14	0:16:48	0:34:11	0:37:20	0:51:55	1:09:12	1:12:26	1:45:04	ARTEIXO
255	370 PABLO PÉREZ	1:48:41	0:05:10	1:47:23	0:17:28	0:35:38	0:38:57	0:54:17	1:11:52	1:15:02	1:45:42	A-11100 FONTNOIA
256	1675 PACO GARCIA DANS	1:48:42	0:05:10	1:47:31	0:16:59	0:34:54	0:38:08	0:53:08	1:10:39	1:13:51	1:45:41	
257	1619 AGUSTIN LEIS MARIÑO	1:48:53	0:05:10	1:48:02	0:16:15	0:33:38	0:36:52	0:51:39	1:09:26	1:12:44	1:45:57	LA CORUÑA
258	1336 JACOBO LÓPEZ ULLOA	1:49:01	0:05:11	1:47:41	0:17:45	0:35:11	0:38:20	0:53:30	1:10:36	1:13:50	1:45:55	A CORUÑA
259	1600 DAVID ALFONSIN LAREO	1:49:25	0:05:12	1:48:24	0:16:52	0:34:16	0:37:26	0:51:48	1:08:47	1:12:00	1:46:13	ARMUÑO
260	608 OSCAR CIUDAD CENDAN	1:49:25	0:05:12	1:48:11	0:16:44	0:34:10	0:37:20	0:52:10	1:09:40	1:12:56	1:46:13	PATU O BURGO, CULLEREDO
261	314 FERNANDO SINES CRESPO	1:49:25	0:05:12	1:48:55	0:15:39	0:33:19	0:36:35	0:51:42	1:09:39	1:12:56	1:46:24	A CORUÑA
262	1273 JESÚS MIGUEL LÓPEZ URDANETA	1:49:30	0:05:12	1:48:28	0:16:46	0:34:29	0:37:42	0:52:27	1:10:00	1:13:13	1:46:20	A CORUÑA
263	1480 JOAQUIN TEJO SANCHEZ	1:49:30	0:05:12	1:48:05	0:17:52	0:35:54	0:39:09	0:54:08	1:11:47	1:14:59	1:46:35	LA CORUÑA
264	1618 MARCOS SAN LUIS CASTRO	1:49:52	0:05:13	1:49:12	0:15:56	0:33:39	0:36:53	0:51:47	1:09:47	1:13:08	1:46:44	FONTÁN-SADA
265	1342 MIGUEL OGANDO SEDES	1:49:58	0:05:13	1:49:02	0:16:35	0:34:27	0:37:37	0:53:06	1:10:49	1:14:06	1:46:59	OLEIROS
266	1277 JUAN DE LA PEDRAJA SAAVEDRA	1:50:00	0:05:13	1:48:55	0:17:12	0:35:11	0:38:26	0:53:29	1:11:18	1:14:32	1:47:11	A CORUÑA
267	1084 JESUS MARIA LOSADA ARCA	1:50:10	0:05:14	1:48:43	0:17:45	0:35:53	0:39:13	0:54:20	1:12:05	1:15:18	1:47:18	NIGRAN
268	240 ANTONIO MANUEL ULLOA MENDEZ	1:50:20	0:05:14	1:50:04	0:14:19	0:32:11	0:35:30	0:50:51	1:09:17	1:12:43	1:47:00	A CORUÑA
269	390 SANTIAGO GARCIA GONZÁLEZ	1:50:33	0:05:15	1:49:34	0:18:15	0:37:28	0:40:59	0:56:19	1:13:34	1:16:46	1:47:43	A CORUÑA
270	1291 RAFAEL CUÑA VILÁN	1:50:42	0:05:15	1:49:27	0:16:47	0:34:19	0:37:29	0:52:24	1:10:11	1:13:32	1:47:33	ROIS
271	1633 EDUARDO DOMINGUEZ	1:50:53	0:05:16	1:50:40	0:16:26	0:35:22	0:38:52	0:55:04	1:13:47	1:16:48	1:47:41	OLEIROS
272	1398 JOSÉ PUGA GARCÍA-TIZÓN	1:51:07	0:05:16	1:49:46	0:17:03	0:34:29	0:37:41	0:52:25	1:10:04	1:13:20	1:47:41	LA CORUÑA
273	1566 OSCAR CASTELLANOS JIMENEZ	1:51:09	0:05:17	1:50:49	0:15:21	0:32:55	0:36:08	0:50:58	1:09:02	1:12:21	1:47:25	4 GATA CORUÑA
274	1601 JESUS ALVAREZ CASAPRIMA	1:51:39	0:05:18	1:50:13	0:17:52	0:35:55	0:39:09	0:54:09	1:11:47	1:15:00	1:48:26	A CORUÑA
275	484 CRHISTIAN PAIS LIMA	1:51:45	0:05:18	1:50:30	0:17:19	0:35:53	0:39:18	0:54:51	1:13:02	1:16:23	1:48:44	A CORUÑA
276	1323 MARIANO RAMIREZ FERNANDEZ	1:51:58	0:05:19	1:50:39	0:17:46	0:35:10	0:38:20	0:53:28	1:10:35	1:13:50	1:49:03	A CORUÑA
277	1453 JUAN RAVIÑA	1:52:06	0:05:19	1:50:19	0:19:21	0:37:52	0:41:02	0:55:11	1:14:37	1:18:10	1:49:25	SANTIAGO
278	1393 JORGE JUAN BARREIRO GONZALEZ	1:52:13	0:05:20	1:50:56	0:17:06	0:34:44	0:38:01	0:52:58	1:11:15	1:14:37	1:48:51	MIÑO
279	1569 JUAN JOSÉ SEOANE FREIRE	1:52:20	0:05:20	1:51:43	0:15:24	0:32:34	0:35:46	0:50:49	1:09:08	1:12:37	1:48:42	BRILA MONTEPORREIRO
280	1427 LUIS VILLAR	1:52:29	0:05:20	1:51:09	0:17:35	0:35:12	0:38:21	0:53:39	1:11:40	1:14:57	1:49:07	A CORUÑA
281	646 PABLO COBAS SANDE	1:52:30	0:05:20	1:51:08	0:19:13	0:37:21	0:40:29	0:55:33	1:13:26	1:16:38	1:49:25	A CORUÑA
282	1051 MIGUEL ANTONIO GONZALEZ REY	1:52:32	0:05:21	1:51:58	0:16:12	0:34:21	0:37:44	0:53:03	1:11:10	1:14:31	1:49:28	CORL CORUÑA
283	1424 JAVIER GIL PEREIRA	1:52:53	0:05:22	1:51:29	0:17:46	0:36:11	0:39:33	0:54:28	1:12:22	1:15:35	1:49:41	TEO
284	569 FRAN FERNANDEZ-PEITEADO FERNANDEZ	1:53:00	0:05:22	1:52:10	0:17:23	0:36:08	0:39:35	0:55:03	1:13:35	1:17:00	1:50:03	A CORUÑA
285	1612 DAVID SEISDEDOS HERMO	1:53:00	0:05:22	1:52:09	0:17:24	0:36:08	0:39:31	0:54:40	1:12:19	1:15:30	1:49:34	A CORUÑA
286	553 PABLO JOSÉ PAZOS HERNÁNDEZ	1:53:05	0:05:22	1:52:37	0:16:10	0:34:26	0:37:47	0:53:17	1:11:39	1:15:05	1:49:45	OLEIROS
287	1381 GUILLERMO HERAS DOMINGUEZ	1:53:05	0:05:22	1:51:41	0:17:46	0:36:11	0:39:33	0:54:45	1:13:03	1:16:23	1:49:54	O BURGO
288	415 JOSÉ FRANCISCO BUÑO BARREIRO	1:53:18	0:05:23	1:51:56	0:19:14	0:37:21	0:40:29	0:55:32	1:13:26	1:16:38	1:50:10	A CORUÑA
289	504 JUAN HERRERO EVIA	1:53:23	0:05:23	1:52:20	0:16:42	0:34:12	0:37:29	0:52:35	1:11:07	1:14:33	1:50:01	FERROL
290	572 JESÚS PALACIOS	1:53:48	0:05:24	1:52:27	0:17:51	0:36:13	0:39:33	0:55:01	1:13:28	1:16:40	1:50:40	SANTIAGO DE COMPOSTELA
291	1627 LUIS DANIEL LESENDE VALIÑO	1:54:02	0:05:25	1:52:36	0:17:53	0:36:01	0:39:20	0:54:50	1:13:17	1:16:39	1:50:46	
292	1496 MANUEL JOSE ROMERO GARCIA	1:54:46	0:05:27	1:53:21	0:18:18	0:37:30	0:41:02	0:56:42	1:14:57	1:18:15	1:51:29	NARON
293	384 VICENTE SANMARTÍN VIGO	1:54:59	0:05:27	1:53:44	0:16:15	0:33:17	0:36:29	0:51:28	1:10:01	1:13:35	1:51:02	GUITIRIZ
294	571 IVAN JAVIER ROEL BARALLOBRE	1:55:14	0:05:28	1:54:09	0:17:12	0:35:26	0:38:47	0:54:10	1:12:54	1:16:20	1:51:55	BASTIAGUEIRO
295	1280 ÁNGEL SÁNCHEZ ENANO	1:55:18	0:05:28	1:54:25	0:16:48	0:34:39	0:38:00	0:53:26	1:12:00	1:15:37	1:51:31	MADRID
296	371 DAVID PÉREZ	1:55:27	0:05:29	1:54:09	0:17:29	0:35:38	0:38:58	0:54:18	1:12:27	1:15:53	1:51:48	A-11099 FONTNOIA
297	1267 SILVESTRE MÁRQUEZ SERRANO	1:55:36	0:05:29	1:54:40	0:17:43	0:36:34	0:40:00	0:55:53	1:14:31	1:17:53	1:52:30	HUELVA
298	466 JORGE CASCALES FERNANDEZ	1:55:37	0:05:29	1:54:22	0:17:53	0:36:50	0:40:18	0:56:22	1:15:13	1:18:38	1:52:54	A CORUÑA
299	1421 SERGIO COUTO WORNER	1:56:05	0:05:31	1:54:50	0:17:53	0:36:51	0:40:18	0:56:22	1:15:14	1:18:38	1:52:54	A CORUÑA
300	1484 JORGE DEL RÍO MONTILLA	1:56:08	0:05:31	1:55:05	0:17:40	0:35:59	0:39:22	0:54:59	1:13:37	1:17:03	1:52:39	MADRID
301	1137 DANIEL LÓPEZ LÓPEZ	1:56:13	0:05:31	1:55:45	0:15:40	0:34:17	0:37:44	0:53:21	1:14:39	1:18:02	1:52:53	LA CORUÑA
302	1488 JOSÉ JAVIER RAMOS ULLOA	1:56:28	0:05:32	1:56:09	0:15:20	0:32:56	0:36:11	0:51:31	1:10:30	1:14:05	1:52:43	OLEIROS
303	1423 OSCAR VILARINO QUINTELA	1:57:19	0:05:34	1:56:07	0:17:25	0:35:50	0:39:16	0:55:03	1:14:02	1:17:34	1:53:43	A CORUÑA
304	400 MANUEL ANGEL POSE CASTIÑEIRA	1:58:06	0:05:36	1:56:42	0:19:13	0:37:22	0:40:31	0:55:34	1:13:54	1:17:23	1:54:34	LA CORUÑA
305	408 NESTOR ARIAS PAZ	1:58:28	0:05:37	1:57:27	0:17:07	0:35:26	0:38:46	0:54:07	1:12:27	1:15:54	1:54:16	LUGO
306	1503 RUPERTO GARCIA NEIRA	1:58:29	0:05:37	1:57:40	0:17:49	0:37:02	0:40:31	0:56:37	1:15:44	1:19:13	1:55:12	A CORUÑA
307	1608 ALVARO DIAZ GRANDIA	1:58:37	0:05:38	1:57:48	0:17:09	0:35:57	0:39:28	0:55:30	1:15:08	1:18:42	1:55:12	A CORUÑA
308	1358 ALBERTO CASTAÑO HERNANDEZ	1:59:02	0:05:39	1:57:52	0:18:09	0:37:03	0:40:30	0:56:25	1:15:25	1:18:52	1:55:31	A CORUÑA
309	474 LUIS FERNANDEZ ESPADA	1:59:39	0:05:41	1:58:09	0:18:32	0:38:09	0:41:46	0:58:35	1:17:46	1:21:15	1:56:23	LA CORUÑA
310	1253 CARLOS LODEIRO LÓPEZ	1:59:44	0:05:41	1:58:32	0:18:08	0:37:01	0:40:31	0:56:32	1:16:08	1:19:42	1:56:14	LA CORUÑA
311	1676 JUAN FERNÁNDEZ GONZÁLEZ	2:00:31	0:05:43	1:59:18	0:18:10	0:37:27	0:40:59	0:57:07	1:16:31	1:20:07	1:57:15	AG 76735IPATU A CORUÑA

312	583 SERGIO LÓPEZ REY	2:00:38	0:05:44	1:59:24	0:18:11	0:37:27	0:40:59	0:57:11	1:16:32	1:20:07	1:57:16	A CORUÑA
313	582 MIGUEL GARCÍA VÁZQUEZ	2:00:50	0:05:44	1:59:23	0:18:16	0:37:47	0:41:19	0:57:41	1:17:13	1:20:48	1:57:11	A CORUÑA
314	392 CARLOS ARMENTEROS LEÓN	2:01:08	0:05:45	2:00:17	0:17:39	0:36:53	0:40:24	0:56:50	1:16:40	1:20:16	1:57:47	LA CORUÑA
315	1352 PABLO NIETO BLASCO	2:01:32	0:05:46	2:00:11	0:18:59	0:38:42	0:42:15	0:58:32	1:18:07	1:21:38	1:58:04	A CORUÑA
316	1257 FEDERICO DELGADO MARTÍN	2:02:21	0:05:48	2:01:21	0:16:13	0:33:29	0:36:48	0:52:49	1:13:07	1:16:59	1:58:17	MADRID
317	1219 FAUSTINO LAGE REGO	2:02:32	0:05:49	2:01:11	0:18:58	0:38:42	0:42:15	0:58:32	1:18:08	1:21:37	1:58:57	LA CORUÑA
318	1609 FERNANDO VALERIO BARRIO	2:02:54	0:05:50	2:01:35	0:17:31	0:37:28	0:41:13	0:58:49	1:18:41	1:22:24	1:59:34	OLEIROS
319	1284 GUILLERMO LIAÑO VIDAL	2:04:28	0:05:54	2:02:57	0:19:51	0:40:35	0:44:17	1:01:22	1:20:56	1:24:30	2:01:00	A CORUÑA
320	389 PABLO URRUTIA FERRIN	2:04:43	0:05:55	2:03:11	0:17:35	0:36:13	0:40:06	0:56:55	1:17:04	1:20:50	2:00:49	A CORUÑA
321	1577 DANIEL TERESA DE FRUTOS	2:04:51	0:05:56	2:03:37	0:17:36	0:36:12	0:39:35	0:56:27	1:16:43	1:20:20	2:00:49	LA CORUÑA
322	1410 DANIEL LOUREIRO ORIZALES	2:05:55	0:05:59	2:04:27	0:18:27	0:38:17	0:41:58	0:58:39	1:18:48	1:22:37	2:02:09	NEDA
323	494 OSCAR COSTALAGO ASTRAY	2:06:40	0:06:01	2:05:17	0:19:14	0:37:51	0:41:17	0:57:19	1:16:54	1:20:32	2:02:27	LA CORUÑA
324	443 LUIS RODRÍGUEZ FANDIÑO	2:06:50	0:06:01	2:05:17	0:19:31	0:40:13	0:43:58	1:01:13	1:21:35	1:25:14	2:03:11	SADA
325	473 PABLO ANTONIO RODRÍGUEZ REY	2:06:55	0:06:01	2:05:25	0:19:39	0:40:14	0:44:00	1:01:28	1:22:02	1:25:38	2:03:20	SANTIAGO DE COMPOSTELA
326	1236 EURICO DE LA PEÑA LOURO	2:10:11	0:06:11	2:09:13	0:19:35	0:40:57	0:44:44	1:02:13	1:23:02	1:26:48	2:06:38	MADRID
327	1287 MANUEL LOPEZ PETINAL	2:11:08	0:06:13	2:11:08	0:22:07	0:40:44	0:44:07	1:00:24	1:20:37	1:24:28	2:06:45	LA CORUÑA
328	426 MIGUEL ANGEL CASTRO DE LA FUENTE	2:16:00	0:06:27	2:14:37	0:18:49	0:39:57	0:43:58	1:02:27	1:25:00	1:29:07	2:11:53	MEIRÁS

**VT1F VETERANAS 1 FE Inscritos:**
**27 Llegados**
**23**

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1001	MARÍA JESÚS GESTIDO RODRÍGUEZ	1:18:51	0:03:45	1:18:50	0:10:59	0:23:56	0:26:18	0:37:07	0:50:13	0:52:34	1:16:33	GA10571		CANGAS
2	11	CRISTINA LOEDA SOTO	1:26:23	0:04:06	1:26:22	0:11:42	0:25:46	0:28:20	0:40:16	0:54:38	0:57:17	1:23:48	V20212		CARN VALENCIA
3	31	MARÍA MONTSERRAT FERNÁNDEZ SABURIDO	1:44:11	0:04:57	1:43:23	0:15:29	0:32:12	0:35:16	0:49:27	1:06:36	1:09:42	1:41:18	AG766781		CLUB A CORUÑA
4	511	SUSANA FEIJOO SANCHEZ	1:44:26	0:04:58	1:44:11	0:15:15	0:32:17	0:35:23	0:49:34	1:06:36	1:09:46	1:41:30	AG-76658		CORLA A CORUÑA
5	38	TERESA GARCÍA RODRÍGUEZ	1:44:51	0:04:59	1:44:17	0:16:33	0:34:17	0:37:29	0:51:55	1:09:04	1:12:11	1:42:04			LUGO
6	512	SONIA ROCA CANZOBRE	1:45:12	0:05:00	1:44:53	0:14:58	0:31:49	0:34:53	0:49:17	1:06:25	1:09:36	1:42:11	AG-76680		CORLA CAMBRE
7	513	ANA PEREIRA FERREIRO	1:47:05	0:05:05	1:46:18	0:16:45	0:34:02	0:37:09	0:51:37	1:08:53	1:12:03	1:44:07			CORLA A CORUÑA
8	1560	BEGO GONZALEZ PENA	1:47:43	0:05:07	1:46:57	0:16:10	0:33:13	0:36:17	0:50:45	1:08:07	1:11:19	1:44:31			A CORUÑA
9	1016	MARTA JUAN MARTINEZ	1:49:48	0:05:13	1:48:35	0:16:47	0:34:16	0:37:30	0:52:24	1:10:21	1:13:44	1:46:49			PONFERRADA
10	1557	VANESA NAVEIRA LÓPEZ	1:50:27	0:05:15	1:49:38	0:16:06	0:33:42	0:36:58	0:52:01	1:09:55	1:13:15	1:47:15			A CORUÑA
11	1006	ÁNGELES VÁZQUEZ SUÁREZ	1:50:36	0:05:15	1:49:52	0:16:31	0:34:14	0:37:29	0:52:36	1:10:40	1:14:00	1:47:29	AG765590		NOITE SANTIAGO DE COMPOSTELA
12	43	RAQUEL ARMESTO PINEDO	1:50:54	0:05:16	1:50:22	0:16:20	0:34:27	0:37:45	0:52:59	1:10:57	1:14:13	1:47:53			A CORUÑA
13	1010	Mª VICTORIA MARTÍNEZ VÉREZ	1:51:35	0:05:18	1:50:08	0:17:31	0:34:51	0:38:02	0:53:08	1:11:14	1:14:31	1:48:19			A CORUÑA
14	21	Mª LUISA BARREIRO FUENTES	1:53:14	0:05:23	1:52:45	0:15:56	0:33:43	0:36:57	0:52:01	1:10:14	1:13:38	1:49:39	G-763977		RIAZA LA CORUÑA
15	47	CRISTINA NAVEDO PRIETO	1:54:02	0:05:25	1:52:36	0:18:12	0:36:53	0:40:11	0:55:09	1:13:05	1:16:23	1:50:53			A CORUÑA
16	35	BELEN NOYA PÉREZ	1:54:03	0:05:25	1:53:17	0:16:31	0:34:15	0:37:29	0:52:40	1:11:04	1:14:33	1:50:30	A763760		NOITE SANTIAGO DE COMPOSTELA
17	34	BEATRIZ CHOUCIÑO TRIGO	1:55:40	0:05:29	1:53:55	0:17:47	0:36:06	0:39:29	0:55:00	1:13:40	1:17:08	1:52:21	AG765591		EGOE A CORUÑA
18	1558	MARIA DE LOS ANGELES VILLAVERDE RIAL	1:59:07	0:05:39	1:57:49	0:19:14	0:38:57	0:42:29	0:58:43	1:17:39	1:21:05	1:55:54			CULLEREDO
19	1561	ESTEFANIA FERRO PEREZ	2:04:21	0:05:54	2:02:56	0:19:35	0:40:08	0:43:49	1:00:55	1:21:11	1:24:48	2:01:10			A CORUÑA
20	1017	SUSANA BASTERRECHEA NOYA	2:04:28	0:05:54	2:02:57	0:19:51	0:40:35	0:44:17	1:01:22	1:20:56	1:24:30	2:01:00			A CORUÑA
21	41	FELICITAS SEOANE GRELA	2:06:04	0:05:59	2:04:38	0:19:12	0:39:03	0:42:38	0:59:18	1:19:44	1:23:24	2:02:19			A CORUÑA
22	1438	PATRICIA ALDAO VARELA	2:07:29	0:06:03	2:06:03	0:19:12	0:39:19	0:42:56	0:59:52	1:20:31	1:24:16	2:03:42			ARTEIXO
23	36	LORENA GESTAL FERREIRO	2:07:59	0:06:04	2:06:33	0:19:35	0:40:07	0:43:50	1:00:54	1:21:14	1:25:04	2:04:23	AG766999		NOSFLA CORUÑA

**VT2M VETERANOS 2 M. Inscritos:**
**359 Llegados**
**333**

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1030	ALFONSO ANTONIO GÓMEZ RUIZ	1:11:53	0:03:25	1:11:53	0:10:06	0:21:52	0:24:01	0:33:59	0:45:58	0:48:10	1:09:50	M1861		AMIGI/MADRID
2	63	MANUEL OLIVER PEREZ LOPEZ	1:12:17	0:03:26	1:12:17	0:10:06	0:21:52	0:24:02	0:34:01	0:46:04	0:48:16	1:10:14	GA-20506		CORLA CULLEREDO
3	636	RICARDO ALVAREZ AMOR	1:13:33	0:03:30	1:13:32	0:10:07	0:21:51	0:24:01	0:34:01	0:46:06	0:48:20	1:11:21			VERX VALDOVIÑO
4	1031	DAVID PEREZ SANTAMARÍA	1:13:52	0:03:31	1:13:50	0:10:26	0:22:43	0:24:55	0:35:09	0:47:23	0:49:36	1:11:48	AG763850		ATLE' PADRON
5	1029	PEDRO ALEN MIJEZ	1:15:46	0:03:36	1:15:43	0:10:57	0:23:37	0:25:53	0:36:18	0:48:43	0:51:00	1:13:35	A7072		A.A.S CARBALLO
6	1057	JUAN LUIS RUIZ BUJAN	1:17:42	0:03:41	1:17:39	0:10:43	0:23:17	0:25:37	0:36:19	0:49:06	0:51:29	1:15:24			VEDRA
7	1065	FERNANDO REVUELTA MÉNDEZ	1:18:29	0:03:44	1:18:27	0:10:59	0:23:57	0:26:19	0:37:07	0:49:51	0:52:10	1:16:12			O BARCO
8	64	LINO SEOANE NARANJO	1:18:43	0:03:44	1:18:41	0:10:50	0:23:46	0:26:10	0:37:06	0:50:07	0:52:29	1:16:28	AG-76731		CORLA CORUÑA
9	492	MARIO FRANCISCO FERNÁNDEZ	1:19:50	0:03:48	1:19:45	0:11:07	0:24:03	0:26:25	0:37:19	0:50:14	0:52:38	1:17:25			A CORUÑA
10	163	JUAN CARLOS DÍAZ LÓPEZ	1:20:28	0:03:49	1:20:25	0:11:30	0:24:35	0:26:59	0:38:00	0:51:13	0:53:38	1:18:07			SARRIA
11	62	PAULO MUINELO PEDREIRA	1:20:52	0:03:50	1:20:50	0:11:26	0:24:52	0:27:18	0:38:26	0:51:44	0:54:12	1:18:35	A-7950		CORLA CAMBRE
12	1089	ELEUTERIO MANUEL COUCEIRO EIRÍS	1:21:02	0:03:51	1:20:59	0:11:19	0:24:35	0:26:59	0:38:02	0:51:24	0:53:52	1:18:40			CAMBRE
13	185	GONZALO MUINO CODESIDO	1:21:16	0:03:52	1:21:15	0:11:27	0:24:51	0:27:16	0:38:24	0:51:35	0:54:01	1:18:54			CAMBRE
14	1040	LUIS MENDEZ TORRES	1:21:39	0:03:53	1:21:37	0:11:31	0:24:49	0:27:13	0:38:22	0:51:56	0:54:24	1:19:19			POBRA DO CARAMIÑAL
15	1033	JOSE VAZQUEZ ROJO	1:21:41	0:03:53	1:21:37	0:11:49	0:25:29	0:27:59	0:39:27	0:52:54	0:55:20	1:19:23	AG-8785		ESPR OURENSE
16	1056	LORENZO SÁNCHEZ MARCOS	1:21:50	0:03:53	1:21:41	0:12:10	0:25:48	0:28:15	0:39:30	0:52:54	0:55:19	1:19:33	AG767020		RUNA A CORUÑA
17	164	CESAR BARRIOS GONZALEZ	1:21:53	0:03:53	1:21:51	0:11:38	0:25:03	0:27:30	0:38:49	0:52:18	0:54:46	1:19:32			A CORUÑA

18	1042 DAVID BRUN PINTOR	1:22:10	0:03:54	1:22:09	0:11:31	0:24:51	0:27:18	0:38:26	0:51:56	0:54:26	1:19:40	LA CORUÑA
19	93 SANTIAGO VÁZQUEZ COLLAZO	1:22:25	0:03:55	1:22:21	0:11:53	0:25:36	0:28:05	0:39:25	0:52:49	0:55:17	1:20:00	GA717165 ATLE A CORUÑA
20	600 JOSÉ TOMÁS BUJAN DOSIL	1:22:32	0:03:55	1:22:27	0:11:38	0:25:02	0:27:31	0:38:53	0:52:32	0:55:00	1:20:08	BERGONDO
21	78 JOSÉ MANUEL ÁLVAREZ RIVAS	1:22:33	0:03:55	1:22:31	0:12:07	0:25:50	0:28:19	0:39:41	0:53:08	0:55:37	1:20:10	LUGO
22	1044 AQUILINO ASENJO PACIOS	1:22:35	0:03:55	1:22:31	0:11:34	0:24:50	0:27:16	0:38:29	0:52:15	0:54:45	1:20:07	VILLAVERDE ABADIA
23	1047 JOSÉ ANTONIO COSTA RODRIGUEZ	1:22:42	0:03:56	1:22:40	0:11:29	0:25:07	0:27:37	0:39:02	0:52:46	0:55:15	1:20:16	AGRL CAMBADOS
24	157 ROBERTO SOUSA FERNANDEZ	1:22:46	0:03:56	1:22:44	0:11:34	0:25:06	0:27:35	0:38:58	0:52:30	0:55:01	1:20:30	SANTIAGO DE COMPOSTELA
25	1054 BERNARDO GARCIA DE PAZ	1:22:57	0:03:56	1:22:50	0:12:09	0:25:49	0:28:19	0:39:39	0:53:08	0:55:37	1:20:36	GA764657 RUNA LA CORUÑA
26	1043 RICARDO SANZO	1:23:16	0:03:57	1:23:13	0:12:33	0:26:25	0:28:54	0:40:04	0:53:26	0:55:56	1:20:56	A CORUÑA
27	92 ROBERTO VALE GARCIA	1:23:17	0:03:57	1:23:13	0:11:52	0:25:25	0:27:54	0:39:14	0:52:49	0:55:18	1:20:53	ATLE LUGO
28	116 JOSÉ LUIS NAYA ORGEIRA	1:23:29	0:03:58	1:23:24	0:11:53	0:25:36	0:28:05	0:39:26	0:52:59	0:55:29	1:21:01	AG767018 RUNA A CORUÑA
29	445 RICARDO VILLAR RODRIGUEZ	1:23:31	0:03:58	1:22:59	0:12:11	0:25:39	0:28:04	0:39:24	0:53:01	0:55:31	1:21:01	SANTA COMBA
30	505 JOSÉ ANTONIO TEMBRAS AMENEIRO	1:23:33	0:03:58	1:23:30	0:12:08	0:25:50	0:28:19	0:39:40	0:53:08	0:55:37	1:21:04	AS PONTES
31	1038 MIGUEL MARTINEZ BASURCO	1:23:35	0:03:58	1:23:33	0:11:37	0:25:05	0:27:32	0:38:54	0:52:30	0:54:59	1:21:03	VILLAFRANCA DEL BIERZO
32	155 MARCOS GONZALEZ TALAVERO	1:23:48	0:03:59	1:23:48	0:12:06	0:25:47	0:28:18	0:39:43	0:53:22	0:55:53	1:21:22	A CORUÑA
33	1081 RAMON COLLAZO MOSQUERA	1:23:59	0:03:59	1:23:54	0:11:52	0:25:33	0:28:00	0:39:27	0:53:05	0:55:37	1:21:31	SANTIAGO
34	1104 RICARDO ARIAS ALVAREDO	1:24:34	0:04:01	1:24:31	0:11:41	0:25:23	0:27:54	0:39:39	0:53:41	0:56:14	1:22:08	SARRIA
35	518 BYRON OREJUELA	1:24:51	0:04:02	1:24:49	0:11:42	0:25:07	0:27:34	0:39:02	0:52:50	0:55:17	1:22:22	GA717325 ATLE QUITO
36	1050 CARLOS GONZALEZ REINO	1:25:09	0:04:03	1:25:02	0:12:09	0:26:05	0:28:36	0:40:09	0:54:08	0:56:42	1:22:44	A6578 CLUB A CORUÑA
37	575 JOSÉ MANUEL VILAS FERNANDEZ	1:25:20	0:04:03	1:25:14	0:11:59	0:25:53	0:28:27	0:40:09	0:54:17	0:56:53	1:22:50	NOIA
38	139 EDUARDO OTERO SALGADO	1:25:26	0:04:03	1:25:22	0:12:12	0:26:08	0:28:40	0:40:18	0:54:17	0:56:48	1:22:58	LUGO
39	184 JAVIER ARIAS DE LA VEGA	1:25:29	0:04:04	1:25:22	0:12:15	0:26:24	0:28:57	0:40:49	0:54:48	0:57:21	1:23:05	MONFORTE DE LEMOS
40	1450 PABLO FELIJO LOUREIRO	1:25:40	0:04:04	1:25:33	0:12:03	0:26:05	0:28:39	0:40:24	0:54:20	0:56:51	1:22:57	AG-76659 ATLE SANDIÁS-(OURENSE).
41	122 MATÍAS LOSADA ARCA	1:25:47	0:04:04	1:25:40	0:12:31	0:26:25	0:28:59	0:40:40	0:54:46	0:57:22	1:23:21	A CORUÑA
42	523 PABLO ANLLO RIVEIRO	1:25:50	0:04:05	1:25:41	0:12:43	0:27:03	0:29:37	0:41:31	0:55:15	0:57:48	1:23:30	GA764670 RUNA A CORUÑA
43	284 FERNANDO PÉREZ HERNÁNDEZ	1:26:00	0:04:05	1:25:42	0:12:38	0:26:31	0:29:04	0:40:54	0:54:53	0:57:27	1:23:28	A CORUÑA
44	86 JOSÉ MANUEL CERNADAS TRILLO	1:26:11	0:04:06	1:26:00	0:12:47	0:27:06	0:29:41	0:41:32	0:55:41	0:58:17	1:23:53	AG11105 ATLE BERTAMIRANS
45	105 JOSÉ ANTONIO JUANATEY PÉREZ	1:26:26	0:04:06	1:26:22	0:12:21	0:26:41	0:29:18	0:41:18	0:55:34	0:58:11	1:24:00	A-9873 FONT SANTIAGO
46	364 JESUS BLANCO MONTERO	1:26:35	0:04:07	1:26:31	0:12:07	0:25:52	0:28:25	0:40:15	0:54:35	0:57:15	1:24:13	AG765690 CAST AS PONTES
47	107 JOSÉ LUIS PRADO MONTERO	1:26:37	0:04:07	1:26:30	0:12:40	0:27:02	0:29:36	0:41:39	0:55:52	0:58:27	1:24:16	AG-76443 MARIII CULLEREDO
48	257 FRANCISCO JAVIER PALOMO CAMPOS	1:26:54	0:04:08	1:26:42	0:12:40	0:27:05	0:29:41	0:41:45	0:55:58	0:58:31	1:24:38	SADA
49	114 JOSÉ ANTONIO FORMOSO GONZALEZ	1:27:00	0:04:08	1:26:49	0:12:40	0:26:55	0:29:31	0:41:35	0:55:55	0:58:33	1:24:42	AG766946 OREN OURENSE
50	586 JAVIER LÓPEZ PIÑEIRO	1:27:03	0:04:08	1:26:55	0:12:34	0:26:43	0:29:17	0:41:15	0:55:33	0:58:10	1:24:39	ag 764880 CLUB A CORUÑA
51	152 JUAN MANUEL PINTADO COSTA	1:27:06	0:04:08	1:27:00	0:11:41	0:25:35	0:28:13	0:40:32	0:55:09	0:57:43	1:24:37	PONTEVEDRA
52	200 JUAN MENDEZ LOPEZ	1:27:09	0:04:08	1:26:53	0:12:46	0:27:11	0:29:52	0:42:00	0:56:19	0:58:54	1:24:42	AG 11270 CLUB SADA
53	113 SERAFIN PASCUAL CANAL	1:27:19	0:04:09	1:27:08	0:12:40	0:26:55	0:29:31	0:41:36	0:55:56	0:58:33	1:24:49	AG766945 OREN OURENSE
54	180 JOSÉ MANUEL CARRERA CARRERA	1:27:20	0:04:09	1:27:12	0:12:39	0:26:54	0:29:30	0:41:28	0:55:50	0:58:30	1:24:53	PONTEAREAS
55	94 TOMÁS ABLEDO PATIÑO	1:27:28	0:04:09	1:27:24	0:12:42	0:27:04	0:29:41	0:41:42	0:56:01	0:58:37	1:24:56	AG764064 ATLE CULLEREDO-A CORUÑA
56	1688 ANTONIO PRIEGUE LEIS	1:27:29	0:04:09	1:27:23	0:12:38	0:27:00	0:29:39	0:41:39	0:55:57	0:58:33	1:24:52	PONTEAREAS
57	1069 JOSÉ ALBERTO LOPEZ FERNANDEZ	1:27:32	0:04:09	1:27:22	0:12:33	0:26:47	0:29:25	0:41:25	0:55:44	0:58:23	1:25:02	PONFERRADA
58	1097 JAVIER MONTEROSO PRIETO	1:27:33	0:04:09	1:27:25	0:12:08	0:26:10	0:28:46	0:40:52	0:55:20	0:58:02	1:25:08	RIBEIRA
59	524 AURELIO GONZALEZ LAMELAS	1:27:41	0:04:10	1:27:30	0:12:23	0:26:27	0:29:02	0:41:00	0:55:22	0:58:05	1:25:11	SANTIAGO DE COMPOSTELA
60	521 RAMON GARCIA TEIRA	1:27:41	0:04:10	1:27:31	0:12:49	0:27:53	0:30:37	0:42:58	0:57:38	1:00:16	1:25:21	AG 76393:FONT SANTIAGO DE COMPOSTELA
61	1548 HECTOR DANIEL SILVA ARAN	1:27:44	0:04:10	1:27:41	0:12:16	0:26:34	0:29:12	0:41:28	0:56:08	0:58:49	1:25:18	BURGO
62	520 FCO JAVIER CORREA PIÑEIRO	1:27:47	0:04:10	1:27:32	0:13:04	0:27:24	0:30:03	0:42:01	0:56:17	0:58:50	1:25:15	AG-76658 CORL VILABOIA-CULLEREDO
63	610 VICTOR MANUEL CARBALLIDO ARAUJO	1:27:47	0:04:10	1:27:38	0:12:41	0:26:56	0:29:30	0:41:28	0:55:52	0:58:30	1:25:16	TANI P ONTEAREAS
64	1087 JORGE MACIEL ANDRES	1:27:49	0:04:10	1:27:43	0:11:55	0:25:48	0:28:24	0:40:19	0:54:44	0:57:23	1:24:49	LA CORUÑA
65	255 FRANCISCO JAVIER GONZÁLEZ LEDO	1:27:50	0:04:10	1:27:25	0:12:41	0:26:51	0:29:27	0:41:39	0:56:12	0:58:52	1:25:24	A CORUÑA (CULLEREDO)
66	1802 CARLOS ZAPATERO MATA	1:27:57	0:04:11	1:27:48	0:12:43	0:27:08	0:29:47	0:41:57	0:56:24	0:59:04	1:25:30	SANTIAGO DE COMPOSTELA
67	1521 ALBERTO VEIGA MARTINEZ	1:28:05	0:04:11	1:27:57	0:12:42	0:27:06	0:29:42	0:41:45	0:56:15	0:58:53	1:25:28	PONTEAREAS
68	125 JOSÉ CARRERA	1:28:16	0:04:11	1:28:07	0:12:37	0:26:45	0:29:20	0:41:30	0:56:05	0:58:46	1:25:45	VIGO
69	1064 FRANCISCO COUTO COTELO	1:28:18	0:04:12	1:28:10	0:12:40	0:27:05	0:29:41	0:41:46	0:56:15	0:58:52	1:25:45	LA CORUÑA
70	134 JOSÉ LUIS LORENZO RIVERA	1:28:20	0:04:12	1:28:12	0:12:45	0:27:24	0:30:06	0:42:19	0:56:51	0:59:31	1:25:52	VIGO
71	131 LEANDRO GONZÁLEZ CASTRO	1:28:46	0:04:13	1:28:42	0:12:09	0:26:32	0:29:08	0:41:23	0:56:00	0:58:41	1:26:14	LUGO
72	338 JUAN RIGUIERO GARCÍA	1:28:48	0:04:13	1:28:30	0:13:05	0:27:57	0:30:37	0:42:44	0:57:14	0:59:53	1:26:19	LUGO
73	592 LUIS DAVID MARTÍN PEÑA	1:28:53	0:04:13	1:28:44	0:12:41	0:27:10	0:29:46	0:42:00	0:56:38	0:59:19	1:26:21	TANI P ONTEAREAS
74	135 BERNARDINO MATA MIRANDA	1:28:55	0:04:13	1:28:46	0:12:51	0:27:31	0:30:09	0:42:19	0:56:52	0:59:32	1:26:19	VIGO
75	355 AMADOR REBOREDA GRAÑA	1:28:59	0:04:14	1:28:40	0:13:14	0:27:50	0:30:30	0:42:39	0:57:03	0:59:42	1:26:28	AG766359 ASOC REDONDELA
76	60 GERMAN PÉREZ VIDAL	1:29:06	0:04:14	1:28:55	0:12:44	0:27:02	0:29:40	0:41:39	0:56:09	0:58:49	1:26:31	CLUB NOIA
77	1090 J. CARLOS SÁNCHEZ GÓMEZ	1:29:09	0:04:14	1:29:05	0:12:22	0:26:41	0:29:18	0:41:22	0:55:54	0:58:33	1:26:20	CORUÑA
78	295 ANTONIO GARCIA PARDO	1:29:11	0:04:14	1:28:47	0:13:38	0:28:48	0:31:32	0:43:56	0:58:24	1:01:00	1:26:43	LUGO
79	296 OSCAR GARCIA GAGO	1:29:17	0:04:14	1:28:48	0:13:15	0:27:35	0:30:13	0:42:42	0:57:26	1:00:08	1:26:50	OLEIROS
80	1208 JOSÉ DANIEL REINOSO ROJO	1:29:43	0:04:16	1:29:02	0:14:00	0:29:00	0:31:51	0:44:01	0:58:13	1:00:50	1:27:13	AG766446 A.D.C LA CORUÑA

81	1118 FRANCISCO JAVIER FERNÁNDEZ MARTÍNEZ	1:30:01	0:04:16	1:29:46	0:13:29	0:28:34	0:31:16	0:43:39	0:58:21	1:00:57	1:27:37	PONFERRADA
82	1103 JUAN JOSE GONZALEZ RAMIL	1:30:11	0:04:17	1:30:04	0:12:51	0:27:32	0:30:12	0:42:41	0:57:28	1:00:11	1:27:37	A LARACHA
83	1143 OSCAR LEIS MOURIÑO	1:30:17	0:04:17	1:30:06	0:12:14	0:27:15	0:29:54	0:42:35	0:57:23	1:00:03	1:27:35	SANTIAGO
84	272 J.CARLOS CASTRILLON CRESPO	1:30:27	0:04:18	1:30:13	0:12:46	0:27:06	0:29:45	0:42:05	0:56:59	0:59:45	1:27:51	LA CORUÑA
85	223 JOSE MANUEL VÁZQUEZ MARTÍNEZ	1:30:40	0:04:18	1:30:27	0:12:52	0:27:34	0:30:16	0:42:45	0:57:41	1:00:25	1:27:58	ALLARIZ
86	615 SANTIAGO GARCÍA BELLO	1:30:40	0:04:18	1:30:31	0:12:55	0:27:25	0:30:04	0:42:19	0:56:59	0:59:42	1:27:46	CAMBRE
87	531 TOMÁS GARCÍA GALLEGO	1:30:45	0:04:19	1:30:35	0:12:40	0:27:10	0:29:54	0:42:26	0:57:38	1:00:18	1:28:01	A CORUÑA
88	124 ROBERTO PARDAVILA PONCE	1:31:00	0:04:19	1:30:57	0:12:23	0:27:09	0:29:51	0:42:30	0:57:36	1:00:21	1:28:19	FERROL
89	550 LUIS MANUEL BUSSIERES FERREIRA	1:31:15	0:04:20	1:31:04	0:12:50	0:27:50	0:30:38	0:43:21	0:58:33	1:01:22	1:28:39	A CORUÑA
90	96 CARLOS M. IGLESÍAS CANDAL	1:31:16	0:04:20	1:31:06	0:12:59	0:27:59	0:30:43	0:43:07	0:58:06	1:00:50	1:28:38	A-10046 CAS BETANZOS
91	1066 EMILIO ENRÍQUEZ RODRÍGUEZ	1:31:19	0:04:20	1:31:07	0:12:47	0:27:26	0:30:08	0:42:40	0:57:38	1:00:19	1:28:41	CACABELOS
92	187 JULIO JOSE SOUTO DIZ	1:31:29	0:04:21	1:31:17	0:12:53	0:27:46	0:30:29	0:42:56	0:57:44	1:00:31	1:28:46	OLEIROS
93	414 JAVIER RODRIGUEZ VALIÑA	1:31:38	0:04:21	1:31:03	0:14:39	0:30:19	0:33:05	0:45:34	1:00:20	1:02:56	1:29:10	A CORUÑA
94	574 JOSE CARLOS REBOREDO FRAGA	1:31:52	0:04:22	1:31:42	0:12:43	0:27:13	0:29:57	0:42:34	0:57:40	1:00:26	1:29:03	OROSO
95	99 JESUS ALVAREZ CHINCHILLA	1:31:52	0:04:22	1:31:34	0:12:59	0:27:51	0:30:36	0:43:06	0:58:07	1:00:51	1:29:22	AG 76421 CLUB SADA
96	310 VENANCIO CHAO ALVAREZ	1:31:52	0:04:22	1:31:07	0:13:33	0:27:56	0:30:37	0:42:50	0:57:43	1:00:28	1:29:01	LUGO
97	617 MAURICIO VILLADONIGA MARTIN	1:32:13	0:04:23	1:31:36	0:13:22	0:28:16	0:31:02	0:43:47	0:59:03	1:01:49	1:29:38	A CORUNA
98	1687 ALBERTO JOSE CONDE DOMINGUEZ	1:32:17	0:04:23	1:31:54	0:13:39	0:28:42	0:31:25	0:44:02	0:58:54	1:01:39	1:29:32	VIGO
99	251 XAQUÍN CASTRO IGLESÍAS	1:32:24	0:04:23	1:32:13	0:12:24	0:26:46	0:29:27	0:41:56	0:56:54	0:59:52	1:29:37	LUGO
100	1123 JUAN ANTONIO RIVAS ROMERO	1:32:40	0:04:24	1:32:30	0:12:55	0:27:57	0:30:44	0:43:42	0:58:59	1:01:49	1:30:12	A CORUÑA
101	616 DIEGO CASTRO SUAREZ	1:32:44	0:04:24	1:32:31	0:13:07	0:28:10	0:30:55	0:43:36	0:58:44	1:01:31	1:30:02	A CORUNA
102	1532 DAVID ALCÁNTARA TENREIRO	1:32:45	0:04:24	1:32:18	0:14:01	0:29:10	0:31:55	0:44:22	0:59:21	1:02:05	1:30:05	A CORUÑA
103	542 JESUS PARDO CASTRO	1:32:46	0:04:24	1:32:32	0:13:14	0:28:15	0:30:58	0:43:35	0:58:45	1:01:33	1:30:02	LUGO
104	1075 EMILIO VAZQUEZ LOPEZ	1:32:52	0:04:25	1:32:41	0:13:29	0:28:40	0:31:26	0:44:07	0:59:11	1:01:56	1:30:09	OURENSE
105	1111 JOAQUÍN GONZÁLEZ OLVEIRA	1:32:58	0:04:25	1:32:32	0:13:28	0:28:34	0:31:20	0:44:03	0:59:00	1:01:44	1:30:11	AG-76596 CLUB BRIÓN
106	1556 GONZALO COUCEIRO SANCHEZ	1:33:00	0:04:25	1:32:32	0:13:40	0:29:02	0:31:50	0:44:47	0:59:55	1:02:42	1:30:26	A CORUÑA
107	102 DANIEL RIVEIRA RUANOVA	1:33:07	0:04:25	1:32:43	0:13:33	0:28:33	0:31:18	0:43:58	0:59:17	1:02:10	1:30:27	A-10418 CORL MILLADOIRO - AMES - CORUÑA
108	209 BENITO GUTIÉRREZ ALONSO	1:33:14	0:04:26	1:32:54	0:13:25	0:28:32	0:31:20	0:44:02	0:59:18	1:02:07	1:30:35	A-9761 FONT SANTIAGO DE COMPOSTELA
109	278 MIGUEL MIRANTES MIRANTES	1:33:28	0:04:26	1:33:14	0:13:01	0:28:11	0:30:57	0:43:55	0:59:20	1:02:10	1:30:42	A CORUÑA
110	450 MANUEL JOSE VAZQUEZ SANJURJO	1:33:33	0:04:27	1:32:27	0:14:31	0:29:11	0:31:53	0:44:37	0:59:38	1:02:26	1:30:41	LA CORUÑA
111	254 RAMÓN VILLAR RUIBAL	1:33:37	0:04:27	1:33:12	0:13:18	0:28:14	0:30:56	0:43:33	0:58:40	1:01:28	1:30:40	A CORUÑA
112	1203 HERNANDO GONZÁLEZ GÓMEZ	1:33:38	0:04:27	1:33:21	0:13:37	0:29:02	0:31:50	0:44:46	0:59:54	1:02:42	1:30:51	LEÓN
113	1233 IÑAKI MAZAIRA GARCIA	1:33:40	0:04:27	1:33:05	0:14:10	0:29:20	0:32:05	0:44:42	0:59:45	1:02:35	1:31:02	A CORUNA
114	482 ENRIQUE JORGE RAMA RODRIGUEZ	1:33:42	0:04:27	1:33:29	0:12:42	0:27:18	0:30:03	0:42:55	0:58:29	1:01:22	1:30:48	A CORUÑA
115	1175 JESÚS M. LÓPEZ PALEO	1:33:47	0:04:27	1:33:33	0:14:00	0:29:30	0:32:21	0:45:17	1:00:45	1:03:29	1:31:11	CAMBRE
116	119 JESÚS MANUEL PEÑA NÚÑEZ	1:33:52	0:04:27	1:33:43	0:13:31	0:28:56	0:31:45	0:44:54	1:00:17	1:03:08	1:31:22	CARBALLO
117	229 ROMAN RUIZ ALARCON	1:34:01	0:04:28	1:33:43	0:13:46	0:29:16	0:32:07	0:45:12	1:00:25	1:03:12	1:31:21	A CORUÑA
118	196 JOAQUIM ANTÃO	1:34:03	0:04:28	1:33:50	0:13:18	0:28:30	0:31:18	0:44:05	0:59:33	1:02:27	1:31:08	GA764366BENC OURENSE
119	207 JOSÉ MARÍA LEVOSO TOUCEDA	1:34:05	0:04:28	1:33:48	0:13:27	0:28:50	0:31:37	0:44:29	0:59:56	1:02:45	1:31:25	AG-11025 ESPRA CORUÑA
120	1526 ALBERTO BOLIBAR MACÍAS	1:34:07	0:04:28	1:33:53	0:13:49	0:29:17	0:32:06	0:45:07	1:00:40	1:03:27	1:31:28	RIALTA CORUÑA
121	536 ÁLVARO FERNÁNDEZ RIAL	1:34:26	0:04:29	1:34:02	0:15:18	0:31:43	0:34:38	0:48:07	1:03:37	1:06:12	1:32:02	LUGO
122	218 PABLO SEIVANE VIOR	1:34:29	0:04:29	1:34:12	0:13:35	0:28:54	0:31:43	0:44:36	0:59:53	1:02:43	1:31:44	AG767021RUNA LA CORUÑA
123	1171 MANUEL VARELA CAABEIRO	1:34:29	0:04:29	1:33:58	0:14:25	0:29:53	0:32:40	0:45:28	1:00:44	1:03:30	1:31:45	A CORUÑA
124	67 ANTÓN COUTO OLIVEIRA	1:34:31	0:04:29	1:33:03	0:15:18	0:30:49	0:33:43	0:46:31	1:01:02	1:03:39	1:31:49	AG765816ESPR A CAÑIZA
125	1426 JOSE MANUEL PETEIRO LOZANO	1:34:40	0:04:30	1:33:57	0:14:21	0:30:01	0:32:51	0:45:44	1:00:56	1:03:44	1:32:12	A CORUÑA
126	369 LUIS MARCELO BELLO GOMEZ	1:34:43	0:04:30	1:34:23	0:13:50	0:29:28	0:32:19	0:45:21	1:00:53	1:03:39	1:32:05	AG763735EGOE A CORUÑA
127	193 ENRIQUE GUTIERREZ VAZQUEZ	1:34:43	0:04:30	1:34:10	0:14:47	0:30:51	0:33:39	0:46:36	1:01:45	1:04:28	1:32:06	AG-76435 ATLE BOIMORTO
128	1141 JOSE MANUEL COLLAZO GOLÁN	1:34:44	0:04:30	1:34:12	0:14:07	0:29:30	0:32:20	0:45:15	1:00:38	1:03:27	1:32:06	LA CORUÑA
129	1177 ANDRÉS GÓMEZ LOPEZ	1:34:49	0:04:30	1:34:23	0:14:02	0:29:42	0:32:31	0:45:29	1:00:55	1:03:46	1:32:12	A CORUÑA
130	231 JUAN CARLOS BODELÓN ALFONSO	1:34:56	0:04:30	1:34:43	0:14:07	0:29:39	0:32:31	0:45:41	1:00:58	1:03:46	1:32:16	OLEIROS
131	1235 MIGUEL LEMUS BARROS	1:34:57	0:04:31	1:34:49	0:12:33	0:27:29	0:30:16	0:43:18	0:59:10	1:02:04	1:32:12	A CORUÑA
132	236 SEVERINO FERNANDEZ CASCUDO	1:34:59	0:04:31	1:34:39	0:13:38	0:29:04	0:31:51	0:44:46	1:00:03	1:02:54	1:32:15	LUGO
133	1193 PABLO VAL GUERREIRO	1:35:07	0:04:31	1:34:26	0:13:54	0:29:13	0:32:05	0:44:53	1:00:09	1:03:04	1:32:20	FERROL
134	1186 MANUEL GARRIDO MOREIRA	1:35:13	0:04:31	1:34:59	0:13:14	0:28:26	0:31:10	0:44:09	0:59:44	1:02:36	1:32:24	A CORUÑA
135	1493 JUAN JOSE RAMOS BOTANA	1:35:14	0:04:31	1:34:18	0:14:30	0:30:02	0:32:52	0:45:50	1:01:04	1:03:48	1:32:36	ARTEIXA
136	316 SANTIAGO MUIÑOS MAURIZ	1:35:20	0:04:32	1:35:09	0:13:20	0:28:43	0:31:32	0:44:33	1:00:10	1:03:04	1:32:27	VALENCIA
137	1172 JOSÉ MARÍA CAMPOS MARTÍN	1:35:21	0:04:32	1:35:03	0:13:45	0:29:23	0:32:11	0:45:29	1:01:07	1:03:58	1:32:44	ÁVILA
138	133 ALFONSO FERRADÁS VILÁN	1:35:21	0:04:32	1:34:29	0:14:46	0:30:06	0:32:54	0:45:39	1:00:58	1:03:47	1:32:47	A CORUÑA
139	1568 OSCAR ALBERTO TRIAY PERILLO	1:35:29	0:04:32	1:34:54	0:14:46	0:29:44	0:32:30	0:45:26	1:00:57	1:03:50	1:32:55	BRIL A PONTEVEDRA
140	1134 FERNANDO FERNÁNDEZ VÁZQUEZ	1:35:30	0:04:32	1:35:08	0:14:28	0:30:08	0:33:02	0:46:09	1:01:33	1:04:19	1:32:59	CACABELOS
141	1264 RAUL HOYUELOS ARANDA	1:35:36	0:04:32	1:35:08	0:13:43	0:29:05	0:31:58	0:45:04	1:00:38	1:03:32	1:32:52	PERILLO
142	1128 JUAN LUIS ALVAREZ CARNOTA	1:35:40	0:04:33	1:35:18	0:13:47	0:29:11	0:32:02	0:45:15	1:00:54	1:03:47	1:33:02	LA CORUÑA
143	303 JUAN PATIÑO VARELA	1:35:40	0:04:33	1:35:25	0:13:32	0:28:45	0:31:31	0:44:04	0:59:18	1:02:12	1:32:43	LA CORUÑA

144	1246	JOSÉ MANUEL ABRUÑEDO BARBEITO	1:35:48	0:04:33	1:34:44	0:14:55	0:30:19	0:33:05	0:45:56	1:01:08	1:03:54	1:32:54	A CORUÑA
145	1374	CARLOS ONS VILAS	1:35:54	0:04:33	1:35:07	0:15:27	0:31:44	0:34:40	0:47:34	1:02:08	1:04:51	1:33:11	A CORUÑA
146	191	FRANCISCO DUARTE VAZQUEZ	1:35:59	0:04:33	1:35:47	0:13:40	0:29:21	0:32:21	0:45:30	1:01:02	1:03:56	1:33:13	AG-76434 ATLE' LA CORUÑA
147	1095	JUSTO VAZQUEZ RODRIGUEZ	1:36:02	0:04:34	1:35:51	0:13:14	0:28:16	0:31:06	0:44:21	1:00:13	1:03:10	1:33:19	OURENSE
148	335	JAVIER ANGEL VAZQUEZ OREJAS	1:36:05	0:04:34	1:35:54	0:14:11	0:29:40	0:32:30	0:45:31	1:01:06	1:03:57	1:33:13	LUGO
149	1189	RAFAEL GARCÍA GONZÁLEZ	1:36:11	0:04:34	1:35:58	0:14:48	0:30:55	0:33:47	0:46:46	1:02:04	1:04:52	1:33:24	A CORUÑA
150	220	EMILIO MEDINA JIMÉNEZ	1:36:12	0:04:34	1:35:58	0:13:35	0:29:04	0:31:55	0:45:05	1:00:53	1:03:46	1:33:23	AG766109 USC ORTONO-AMES
151	552	MARC PERRAMON BONIGNO	1:36:19	0:04:34	1:35:56	0:14:09	0:29:49	0:32:41	0:45:48	1:01:39	1:04:39	1:33:40	A CORUÑA
152	1663	CARLOS LOPEZ PAMPIN	1:36:22	0:04:35	1:35:44	0:14:01	0:29:14	0:32:03	0:45:06	1:00:51	1:03:46	1:33:27	A CORUÑA
153	1536	LUIS FERNANDEZ RODRIGUEZ	1:36:25	0:04:35	1:36:06	0:14:36	0:30:56	0:33:50	0:47:09	1:02:44	1:05:34	1:33:44	A CORUÑA
154	297	JOSÉ ENRIQUE ÁLVAREZ PÉREZ	1:36:33	0:04:35	1:36:07	0:14:26	0:30:14	0:33:03	0:45:59	1:01:30	1:04:21	1:33:40	A CORUÑA
155	1630	MIGUEL ANGEL GARCIA GONZALEZ	1:36:34	0:04:35	1:36:17	0:14:59	0:31:16	0:34:08	0:47:30	1:03:03	1:05:45	1:33:49	A CORUÑA
156	242	ANTONIO DÍAZ LÓPEZ	1:36:35	0:04:35	1:36:19	0:13:44	0:29:42	0:32:36	0:46:11	1:02:13	1:05:07	1:33:52	LUGO
157	1212	FELIPE LOPEZ PEREZ	1:36:40	0:04:35	1:36:00	0:15:13	0:30:46	0:33:36	0:46:37	1:01:52	1:04:39	1:33:48	ag764216 CLUB DEXO-OLEIROS
158	353	JOSÉ MANUEL GONZÁLEZ GONZÁLEZ	1:36:48	0:04:36	1:36:23	0:14:26	0:30:14	0:33:03	0:45:59	1:01:30	1:04:21	1:33:58	LUGO
159	1282	JOSÉ IGNACIO GONZÁLEZ HERRERO	1:37:01	0:04:36	1:36:23	0:14:22	0:30:00	0:32:52	0:46:03	1:01:38	1:04:28	1:34:07	LA CORUÑA
160	211	FERNANDO ANTELO FERRO	1:37:13	0:04:37	1:36:55	0:13:59	0:29:49	0:32:40	0:45:50	1:01:38	1:04:34	1:34:25	AG 9891 NOITE AMES
161	1159	PEDRO PARDO PEREZ	1:37:18	0:04:37	1:36:40	0:14:50	0:31:00	0:33:57	0:47:09	1:02:46	1:05:37	1:34:33	A CORUÑA
162	244	MANUEL VARELA VILA	1:37:20	0:04:37	1:36:43	0:14:46	0:30:18	0:33:12	0:46:21	1:02:09	1:05:02	1:34:34	PONTEDEUME
163	1538	FRANCISCO JAVIER REY PEDREIRA	1:37:21	0:04:37	1:37:04	0:14:18	0:30:25	0:33:21	0:46:48	1:02:51	1:05:43	1:34:37	A CORUÑA
164	1487	JOSÉ GENARO BARRÓS PENEDO	1:37:35	0:04:38	1:36:36	0:15:28	0:31:36	0:34:27	0:47:24	1:02:56	1:05:47	1:34:40	LA CORUÑA
165	1133	EDER FERNANDEZ PÉREZ	1:37:41	0:04:38	1:37:25	0:13:37	0:29:15	0:32:11	0:45:28	1:01:06	1:04:01	1:34:49	A CORUÑA
166	1145	PEDRO FERNÁNDEZ SÁNCHEZ-ROLDAN	1:37:42	0:04:38	1:37:27	0:14:13	0:30:14	0:33:10	0:46:29	1:02:21	1:05:15	1:34:50	FERROL
167	602	SERGIO CASTELLANOS JIMENEZ	1:37:43	0:04:38	1:37:25	0:13:45	0:29:06	0:31:55	0:44:53	1:00:54	1:03:50	1:34:39	4 GATCAMBRE
168	197	FERNANDO ABREU FERNÁNDEZ	1:38:07	0:04:40	1:37:51	0:14:38	0:30:58	0:33:57	0:47:36	1:03:32	1:06:24	1:35:25	GA 19780 C.A.R SALVATERRA DE MIÑO
169	321	HENRIQUE VILA DIAZ	1:38:08	0:04:40	1:37:20	0:15:27	0:31:50	0:34:43	0:48:21	1:04:22	1:07:13	1:35:38	A CORUÑA
170	1459	PEPE SABORIDO MARTINEZ	1:38:14	0:04:40	1:37:50	0:14:25	0:30:22	0:33:16	0:46:28	1:02:05	1:04:57	1:35:14	CORUÑA
171	1314	VÍCTOR M. BALTAR ESTEVEZ	1:38:16	0:04:40	1:37:46	0:14:25	0:30:30	0:33:26	0:47:00	1:02:56	1:05:48	1:35:23	VIGO
172	1165	ÁNGEL BURREL BOTAYA	1:38:18	0:04:40	1:37:52	0:14:30	0:30:21	0:33:13	0:46:33	1:02:25	1:05:18	1:35:22	FERROL
173	1356	FELIX MARTINEZ YAÑEZ	1:38:18	0:04:40	1:37:52	0:14:29	0:30:21	0:33:12	0:46:33	1:02:13	1:05:04	1:35:17	FERROL
174	1597	RAMON LOPEZ ROMAN	1:38:31	0:04:41	1:37:58	0:14:32	0:30:30	0:33:23	0:46:53	1:02:58	1:05:49	1:35:08	A CORUÑA
175	208	JESUS NAVAZO RUIZ	1:38:37	0:04:41	1:38:18	0:13:32	0:28:36	0:31:23	0:44:01	1:00:50	1:03:55	1:35:27	AG763934 FONT SANTIAGO
176	555	ROBERTO SANJUÁN SÁNCHEZ	1:38:53	0:04:42	1:38:40	0:13:48	0:29:33	0:32:27	0:45:43	1:01:53	1:04:45	1:35:51	FRANZA-MUGARDOS
177	620	ALBERTO MENDEZ RODRIGUEZ	1:39:07	0:04:42	1:38:53	0:14:07	0:29:39	0:32:31	0:45:41	1:02:12	1:05:11	1:36:14	OLEIROS
178	322	JORGE CORREAL CAGIAO	1:39:08	0:04:42	1:38:42	0:14:40	0:30:27	0:33:21	0:47:04	1:03:30	1:06:21	1:36:16	LUGO
179	221	LUIS LOPEZ IGLESIAS	1:39:08	0:04:42	1:38:45	0:13:39	0:29:48	0:32:43	0:46:21	1:02:34	1:05:33	1:36:25	OURENSE
180	85	MANUEL GALLEGO PRIEGO	1:39:11	0:04:43	1:38:00	0:15:33	0:31:36	0:34:28	0:47:52	1:03:56	1:06:54	1:36:29	AG11108 ATLE' BERTAMIRANS
181	1140	EMILIO BRUN VÁZQUEZ	1:39:11	0:04:43	1:37:59	0:15:34	0:31:36	0:34:28	0:47:52	1:03:55	1:06:54	1:36:29	COVAS
182	192	JESUS ENRIQUE REY SOUTO	1:39:14	0:04:43	1:38:41	0:14:47	0:30:57	0:33:50	0:47:19	1:03:20	1:06:14	1:36:31	AG-76436 ATLE' BOIMORTO
183	289	JOSE Mª RUBIO JIMENEZ DE LLANO	1:39:23	0:04:43	1:38:54	0:14:44	0:30:51	0:33:46	0:47:08	1:03:06	1:06:04	1:36:30	LA CORUÑA
184	581	MATÍAS GARCÍA-ANLLO REINOSO	1:39:24	0:04:43	1:38:36	0:15:28	0:31:44	0:34:40	0:47:34	1:02:09	1:04:47	1:35:45	VILALBA
185	416	MANUEL BLANCO PARADA	1:39:27	0:04:43	1:39:13	0:14:24	0:30:32	0:33:31	0:47:12	1:03:38	1:06:37	1:36:42	LA CORUÑA
186	1375	FRANCISCO GULIN RIVERA	1:39:29	0:04:43	1:38:24	0:15:17	0:31:20	0:34:14	0:47:29	1:03:30	1:06:27	1:36:35	A CORUÑA
187	538	CARLOS FERNANDEZ EXPOSITO	1:39:32	0:04:44	1:38:25	0:15:11	0:31:00	0:33:51	0:46:58	1:02:53	1:05:49	1:36:24	A CORUÑA
188	1405	ENRIQUE PRIETO	1:39:42	0:04:44	1:38:28	0:16:36	0:32:56	0:35:55	0:49:28	1:05:20	1:08:13	1:36:56	O BURGO
189	352	ROBERT TOMÉ MARCOTE	1:40:12	0:04:45	1:39:46	0:14:27	0:30:26	0:33:21	0:47:04	1:03:34	1:06:29	1:37:22	LA CORUÑA
190	1340	STEPHAN JEANDON	1:40:14	0:04:46	1:39:25	0:15:16	0:31:09	0:34:07	0:47:41	1:03:58	1:06:59	1:37:20	CARBALLO
191	549	LUIS VALBUENA GARRIDO	1:40:16	0:04:46	1:39:52	0:15:18	0:31:43	0:34:39	0:48:09	1:04:15	1:07:15	1:37:33	OURENSE
192	1598	EVARISTO LEMA MARINO	1:40:27	0:04:46	1:39:49	0:15:12	0:31:47	0:34:48	0:48:42	1:05:10	1:08:08	1:37:41	A CORUÑA
193	1604	EMILIO GONZALEZ GARCIA	1:40:37	0:04:47	1:40:24	0:14:02	0:30:14	0:33:12	0:46:55	1:03:26	1:06:30	1:37:34	CARBALLO
194	1603	ANTÓN ÁLVAREZ FORMOSO	1:40:41	0:04:47	1:39:45	0:15:17	0:31:34	0:34:32	0:48:19	1:04:48	1:07:48	1:37:52	A CORUÑA
195	496	MANUEL NAVEIRA FACHAL	1:40:45	0:04:47	1:39:38	0:15:19	0:31:45	0:34:45	0:48:31	1:04:46	1:07:46	1:37:56	LA CORUÑA
196	1179	ANTONIO CAÑETE DEL CAMPO	1:40:47	0:04:47	1:40:10	0:15:12	0:31:47	0:34:48	0:48:41	1:05:10	1:08:09	1:38:02	A CORUÑA
197	618	JUAN ANTONIO DOMINGUEZ LOPEZ	1:40:49	0:04:47	1:39:50	0:15:42	0:31:46	0:34:42	0:48:20	1:04:35	1:07:35	1:37:58	A CORUÑA
198	194	FÉLIX DE CASTRO RODRÍGUEZ	1:41:10	0:04:48	1:40:54	0:13:53	0:30:31	0:33:34	0:47:45	1:04:49	1:07:55	1:38:14	AG763651 ATLE' A CORUÑA
199	634	VÍCTOR MANUEL NAYA LOPEZ	1:41:11	0:04:48	1:40:33	0:15:42	0:32:18	0:35:21	0:48:58	1:05:16	1:08:16	1:38:26	CLUB LUGO
200	1593	LUIS PRADA MEDINA	1:41:21	0:04:49	1:40:03	0:15:59	0:32:33	0:35:33	0:49:11	1:05:20	1:08:19	1:38:29	A CORUÑA
201	1265	MIGUEL SALGADO PAZOS	1:41:25	0:04:49	1:40:32	0:14:45	0:30:40	0:33:36	0:47:21	1:03:52	1:06:58	1:38:28	A CORUÑA
202	346	JUAN MANUEL TABARA RODRÍGUEZ	1:41:27	0:04:49	1:40:40	0:15:28	0:31:48	0:34:44	0:48:26	1:04:44	1:07:46	1:38:34	LA CORUÑA
203	162	JOSÉ MANUEL LÓPEZ LOPEZ	1:41:33	0:04:49	1:40:11	0:17:26	0:34:23	0:37:26	0:51:14	1:07:12	1:10:13	1:38:55	SARRIA
204	199	JORGE VALDES PORTO	1:41:57	0:04:50	1:41:27	0:15:13	0:32:04	0:35:09	0:49:13	1:05:57	1:08:58	1:38:55	AG 76401 CLUB SADA
205	1456	EUGENIO DE MIGUEL MIRO	1:42:08	0:04:51	1:41:46	0:15:22	0:32:15	0:35:14	0:49:03	1:05:26	1:08:28	1:39:13	A CORUÑA
206	205	JOSÉ JAVIER FERNÁNDEZ RAMOS	1:42:09	0:04:51	1:41:39	0:15:15	0:32:04	0:35:09	0:49:13	1:05:56	1:08:58	1:39:23	AG 76421 CLUB SADA

207	331	JOSE RODRÍGUEZ FIGUEROA	1:42:10	0:04:51	1:41:22	0:16:46	0:33:51	0:36:53	0:50:34	1:06:29	1:09:18	1:39:10	LA CORUÑA
208	641	JAVIER FIGUEROA RODRIGUEZ	1:42:10	0:04:51	1:41:23	0:16:47	0:33:52	0:36:54	0:50:35	1:06:30	1:09:18	1:39:10	A CORUÑA
209	311	JUAN JOSE FONTICOPA BETANZOS	1:42:19	0:04:51	1:41:47	0:15:28	0:32:26	0:35:33	0:50:01	1:06:59	1:10:04	1:39:50	A CORUÑA
210	567	FERNANDO PEREZ GOMEZ	1:42:21	0:04:52	1:42:04	0:15:31	0:32:37	0:35:42	0:49:58	1:06:56	1:10:01	1:39:47	PONTEVEDRA
211	1494	JUAN RAMÓN GARCÍA REGUEIRA	1:42:32	0:04:52	1:41:58	0:15:22	0:32:03	0:35:10	0:49:17	1:06:12	1:09:16	1:39:44	A CORUÑA
212	239	MANUEL ÁNGEL MIRAMONTES BARREIRO	1:42:42	0:04:53	1:42:20	0:14:52	0:32:01	0:35:08	0:49:26	1:06:12	1:09:15	1:39:41	SANTIAGO DE COMPOSTELA
213	1429	PEPE RUBAL GARCIA	1:42:42	0:04:53	1:41:51	0:15:23	0:31:50	0:34:49	0:48:43	1:05:17	1:08:18	1:39:47	VIVEIRO
214	283	GABRIEL BARREIRO GONZÁLEZ	1:42:55	0:04:53	1:42:13	0:15:11	0:31:38	0:34:39	0:48:42	1:05:35	1:08:39	1:39:56	CULLEREDO
215	1499	MIGUEL ANGEL VALDIVIESO CARNERO	1:43:00	0:04:53	1:41:54	0:16:47	0:33:45	0:36:51	0:50:50	1:07:25	1:10:27	1:40:14	BETANZOS
216	1196	MAURICIO LENÇE PAZ	1:43:02	0:04:53	1:42:07	0:14:50	0:30:46	0:33:41	0:47:09	1:03:45	1:06:56	1:39:46	A CORUÑA
217	606	RAFAEL ALEJANDRO VACAS GONZALEZ	1:43:02	0:04:54	1:41:52	0:15:55	0:32:17	0:35:17	0:49:38	1:06:18	1:09:22	1:40:10	CORLA CORUÑA
218	204	FERNANDO MIGUEZ SANCHEZ	1:43:07	0:04:54	1:42:37	0:15:14	0:32:05	0:35:11	0:49:28	1:06:17	1:09:24	1:40:13	AG 11266 CLUB SADA
219	379	MIGUEL DEZA RODRÍGUEZ	1:43:20	0:04:54	1:42:22	0:15:53	0:32:55	0:36:00	0:50:07	1:06:50	1:09:55	1:40:28	AG767352 PATU A CORUÑA
220	447	SANTIAGO FERNÁNDEZ-NORIEGA FERNÁNDEZ	1:43:24	0:04:55	1:42:52	0:15:30	0:32:27	0:35:30	0:49:59	1:06:51	1:09:56	1:40:30	LUGO
221	1351	MANUEL VAZQUEZ RAMOS	1:43:24	0:04:55	1:42:44	0:16:01	0:32:58	0:35:57	0:49:54	1:06:41	1:09:43	1:40:32	ARANGA
222	337	EMILIO JOSE JOVE CASTRO	1:43:29	0:04:55	1:43:15	0:13:58	0:30:19	0:33:19	0:47:19	1:04:07	1:07:13	1:40:06	CASTRO DE LO FERROL
223	1801	ANGEL MUNIN OTERO	1:43:29	0:04:55	1:43:11	0:13:59	0:29:49	0:32:41	0:46:55	1:04:18	1:07:31	1:40:15	NOIAT SANTIAGO DE COMPOSTELA
224	219	ARTURO LOPEZ LAGO	1:43:30	0:04:55	1:42:40	0:15:01	0:31:26	0:34:32	0:48:21	1:04:51	1:07:57	1:40:30	TRIATOLEIROS
225	403	ROBUSTIANO PEGO REIGOSA	1:43:35	0:04:55	1:42:57	0:15:45	0:32:20	0:35:22	0:49:13	1:06:04	1:09:10	1:40:31	LUGO
226	431	JOSÉ ANTONIO RUIZ DE VALBUENA BUENO	1:43:37	0:04:55	1:42:42	0:16:08	0:33:22	0:36:36	0:50:34	1:07:08	1:10:12	1:40:59	LUGO
227	537	ANTONIO TORRON CASAL	1:43:41	0:04:55	1:43:24	0:15:31	0:32:36	0:35:42	0:49:58	1:06:57	1:10:02	1:40:52	PONTEVEDRA
228	1167	JORGE FORMOSO POU	1:43:41	0:04:55	1:42:45	0:15:01	0:31:23	0:34:22	0:48:17	1:04:46	1:07:49	1:40:20	LA CORUÑA
229	262	JOSÉ ANTONIO SAAVEDRA PAZOS	1:43:46	0:04:56	1:42:46	0:15:55	0:33:11	0:36:18	0:50:36	1:07:27	1:10:31	1:40:59	A. CORUÑA
230	1114	CARLOS PEREZ SINTES	1:43:52	0:04:56	1:43:03	0:15:25	0:32:10	0:35:14	0:49:27	1:06:26	1:09:30	1:40:56	MADRID
231	410	SUSO RAMOS RODRIGUEZ	1:43:54	0:04:56	1:43:20	0:15:22	0:32:24	0:35:31	0:49:51	1:06:32	1:09:38	1:40:57	A CORUÑA
232	1372	ALBERTO PEREZ MIRAMONTES	1:44:03	0:04:56	1:43:05	0:15:54	0:32:55	0:36:00	0:50:08	1:06:51	1:09:55	1:40:59	A CORUÑA
233	1129	GREGORIO EUGENIO VALLES BORREGO	1:44:05	0:04:56	1:42:37	0:17:13	0:34:29	0:37:34	0:51:51	1:08:40	1:11:44	1:41:28	A CORUÑA
234	1110	JUAN PAMÓN PEÑA BARREIRO	1:44:19	0:04:57	1:43:52	0:14:06	0:29:52	0:32:50	0:46:47	1:04:05	1:07:52	1:40:58	CLUB NOIA
235	1238	BENITO EIROA MORÁS	1:44:38	0:04:58	1:43:10	0:17:14	0:34:28	0:37:34	0:51:52	1:08:41	1:11:44	1:41:56	A CORUÑA
236	399	EDUARDO PAREDES	1:44:58	0:04:59	1:44:03	0:15:57	0:33:07	0:36:16	0:50:31	1:07:20	1:10:26	1:41:54	A CORUÑA
237	543	JESUS CASTRO LÓPEZ	1:45:22	0:05:00	1:44:27	0:16:08	0:33:22	0:36:36	0:50:34	1:07:08	1:10:12	1:42:19	LUGO
238	509	ALFONSO DANC ALVAREZ	1:45:23	0:05:00	1:45:10	0:14:24	0:31:13	0:34:23	0:48:55	1:06:13	1:09:26	1:42:32	OLEIROS
239	385	ROGELIO MANUEL PEREZ MIÑONES	1:45:25	0:05:00	1:44:28	0:15:57	0:33:12	0:36:19	0:51:01	1:08:14	1:11:16	1:42:34	A CORUÑA
240	1535	FERNANDO GAREIA VIDAL	1:45:43	0:05:01	1:45:00	0:15:32	0:32:09	0:35:11	0:49:08	1:06:05	1:09:15	1:42:29	A CORUÑA
241	419	JESUS PEREZ BALIRAC	1:45:50	0:05:01	1:45:30	0:16:06	0:33:50	0:37:06	0:51:49	1:08:54	1:11:59	1:42:56	SANTIAGO DE COMPOSTELA
242	375	LUIS COIRA SÁNCHEZ DE TOCA	1:45:55	0:05:02	1:44:35	0:16:58	0:34:12	0:37:19	0:51:33	1:08:28	1:11:33	1:43:01	AG11060 MARI MIÑO
243	434	RUBEN MARTINEZ DEL RIO	1:45:56	0:05:02	1:45:05	0:15:29	0:32:01	0:35:09	0:49:49	1:07:13	1:10:25	1:42:49	O TEMPLE-CAMBRE
244	1182	LUIS VALDÉS LÓPEZ	1:45:58	0:05:02	1:45:43	0:14:45	0:31:53	0:35:04	0:49:46	1:07:17	1:10:32	1:42:51	SAMOS
245	1294	CARLOS ALVAREZ GONZALEZ	1:46:00	0:05:02	1:45:22	0:16:04	0:33:30	0:36:42	0:51:05	1:08:18	1:11:31	1:43:13	LA CORUÑA
246	363	FRANCISCO ALONSO CUEVAS	1:46:05	0:05:02	1:44:38	0:16:51	0:34:28	0:37:39	0:52:02	1:08:58	1:12:02	1:43:16	AG764081 C.A.R VIGO
247	1537	FERNANDO GARCIA BARREIRO	1:46:07	0:05:02	1:45:51	0:14:04	0:30:08	0:33:11	0:47:11	1:04:17	1:07:29	1:42:28	A CORUÑA
248	1250	JAVIER RODRIGUEZ MEIRAMA	1:46:13	0:05:03	1:45:54	0:15:20	0:32:55	0:36:06	0:50:50	1:08:29	1:11:42	1:43:27	LA CORUÑA
249	265	JOSE LUIS GARCIA SANTOS	1:47:06	0:05:05	1:46:36	0:16:00	0:33:24	0:36:36	0:51:23	1:09:01	1:12:14	1:44:00	A CORUÑA
250	1390	GERARDO FERNANDEZ MAGDALENO	1:47:16	0:05:06	1:46:04	0:17:05	0:34:57	0:38:07	0:52:57	1:10:16	1:13:22	1:44:23	CORUÑA
251	1241	JUAN RODRIGUEZ VAZQUEZ	1:47:21	0:05:06	1:46:29	0:16:07	0:33:21	0:36:31	0:51:19	1:09:03	1:12:15	1:44:31	A CORUÑA
252	1181	JOSÉ CÉSAR FERNÁNDEZ LÓPEZ	1:47:25	0:05:06	1:46:06	0:17:09	0:34:21	0:37:30	0:51:52	1:09:19	1:12:31	1:44:33	A CORUÑA
253	348	ADOLFO FERNANDEZ DOCASAR	1:47:29	0:05:06	1:47:03	0:14:34	0:31:18	0:34:24	0:48:56	1:06:41	1:10:02	1:44:03	O BARCO DE VALDEORRAS
254	1517	LUIS ÁNGEL VOCES REBORDINOS	1:47:30	0:05:06	1:46:35	0:15:57	0:33:07	0:36:16	0:50:32	1:07:58	1:11:13	1:44:30	OLEIROS
255	1428	FERNANDO VICENTE DAVILA	1:47:34	0:05:06	1:46:33	0:16:46	0:34:13	0:37:20	0:51:55	1:09:03	1:12:12	1:44:27	VILAGARCIA
256	1339	JOSE RAMON ALMIRON ALONSO	1:47:43	0:05:07	1:46:56	0:16:11	0:33:14	0:36:17	0:50:46	1:08:08	1:11:19	1:44:32	A CORUÑA
257	1278	FRANCISCO BARREIRO GABEIRAS	1:47:56	0:05:07	1:47:03	0:16:28	0:33:59	0:37:10	0:51:48	1:09:19	1:12:30	1:44:43	FERROL
258	1377	ENRIQUE ALDEA SANCHEZ	1:48:18	0:05:08	1:47:09	0:16:25	0:33:44	0:36:55	0:51:36	1:09:19	1:12:34	1:45:08	LA CORUÑA
259	452	JOSÉ LUIS FERREÑO LAMAS	1:48:47	0:05:10	1:47:44	0:16:35	0:33:48	0:36:56	0:51:34	1:09:09	1:12:24	1:45:38	CESURAS
260	381	MIGUEL LÓPEZ ARIAS	1:48:52	0:05:10	1:47:31	0:17:53	0:35:57	0:39:08	0:54:07	1:11:16	1:14:24	1:45:59	AG767313 RUNA LA CORUÑA
261	387	FEDERICO ROMERO YUSTE	1:49:09	0:05:11	1:48:25	0:15:58	0:34:09	0:37:27	0:52:37	1:10:25	1:13:40	1:46:19	A CORUÑA
262	454	FRANCISCO JAVIER VILLAMISAR CALVIÑO	1:49:11	0:05:11	1:48:05	0:16:50	0:34:41	0:37:56	0:52:56	1:10:38	1:13:52	1:46:23	LA CORUÑA
263	215	MIGUEL GONZÁLEZ-LLANOS RODRÍGUEZ DE RIV	1:49:12	0:05:11	1:48:21	0:15:32	0:32:20	0:35:25	0:49:52	1:07:29	1:10:46	1:45:59	A-10902 RIA F CABAÑAS
264	491	JUAN PEDRO VIGO SANZ	1:49:33	0:05:12	1:48:35	0:16:28	0:33:46	0:36:53	0:51:44	1:09:17	1:12:33	1:46:22	A CORUÑA
265	476	JAVIER RÍO RODRÍGUEZ	1:49:34	0:05:12	1:48:35	0:16:28	0:33:46	0:36:53	0:51:44	1:09:18	1:12:33	1:46:22	CARBALLO
266	1413	ALFONSO REMUÍÑÁN SÁNCHEZ	1:49:39	0:05:12	1:48:50	0:16:25	0:34:17	0:37:42	0:53:07	1:11:26	1:14:45	1:46:43	A CORUÑA
267	1409	VICENTE GOMEZ LOUREDA	1:49:44	0:05:13	1:48:50	0:16:40	0:34:37	0:37:52	0:52:59	1:10:51	1:14:09	1:46:42	A CORUÑA
268	486	IVAN FOLLA-CISNEROS VIDAL	1:49:45	0:05:13	1:48:35	0:16:36	0:34:09	0:37:22	0:52:22	1:10:01	1:13:16	1:46:32	A CORUÑA
269	1347	NICOLÁS GONZÁLEZ FERMOSEO	1:49:52	0:05:13	1:48:32	0:17:35	0:35:12	0:38:21	0:53:39	1:11:30	1:14:44	1:47:06	LA CORUÑA

270	458 JOSE CARLOS CANDAL RIVERA	1:50:01	0:05:13	1:48:58	0:16:34	0:34:29	0:37:46	0:53:01	1:10:40	1:13:47	1:46:40	O BURGO
271	1316 MIGUEL ANGEL SECO FERREIRA	1:50:01	0:05:13	1:49:24	0:15:32	0:32:53	0:36:03	0:51:00	1:09:03	1:12:22	1:46:55	FENE
272	1328 JESUS ANGEL RODRIGUEZ RODRIGUEZ	1:50:13	0:05:14	1:48:55	0:17:44	0:35:58	0:39:16	0:54:14	1:11:42	1:14:56	1:47:17	LA CORUÑA
273	565 ESTEVO RIVAS BANDE	1:50:17	0:05:14	1:49:21	0:16:08	0:33:31	0:36:42	0:51:53	1:10:07	1:13:31	1:47:20	LUGO
274	1380 YAGO MAZOY	1:50:23	0:05:14	1:49:27	0:16:08	0:33:23	0:36:36	0:51:53	1:10:08	1:13:32	1:47:22	LUGO
275	1454 ALFONSO VAZQUEZ FERREIRO	1:50:45	0:05:15	1:50:41	0:14:42	0:32:12	0:35:24	0:50:16	1:08:34	1:11:54	1:47:24	RAÑOBRE-ARTEIXO
276	422 MANUEL TRABADO GONZALEZ	1:50:45	0:05:15	1:50:14	0:15:46	0:33:35	0:36:52	0:52:16	1:09:58	1:13:16	1:47:24	LUGO
277	648 GABRIEL KESLER CANAN	1:50:45	0:05:15	1:49:48	0:17:45	0:36:22	0:39:45	0:55:06	1:13:16	1:16:34	1:47:58	A CORUÑA
278	398 ALEJANDRO CAÑADA MUÑOZ	1:50:53	0:05:16	1:50:04	0:16:24	0:34:05	0:37:19	0:52:28	1:10:44	1:14:07	1:47:43	LA CORUÑA
279	1486 JOSE RODRIGUEZ DOMINGUEZ	1:51:00	0:05:16	1:49:38	0:16:11	0:33:00	0:36:07	0:50:36	1:08:08	1:11:20	1:47:36	ENTRIMO
280	376 JOSE IGNACIO LIÑARES MARTINEZ	1:51:03	0:05:16	1:50:19	0:16:32	0:34:14	0:37:29	0:52:36	1:12:55	1:16:14	1:48:08	AG 9792 NOITE TEO
281	1331 MARCOS SEOANE VILARINO	1:51:06	0:05:16	1:49:41	0:17:32	0:35:40	0:38:59	0:54:25	1:12:34	1:15:55	1:48:07	LA CORUÑA
282	1384 JOSÉ LUIS PENEDO	1:51:09	0:05:17	1:49:57	0:17:05	0:34:58	0:38:20	0:53:27	1:11:08	1:14:24	1:48:21	LA CORUÑA
283	1400 FERNANDO MARTINEZ ABELLA	1:51:10	0:05:17	1:50:36	0:15:24	0:32:24	0:35:36	0:50:20	1:08:23	1:11:48	1:47:39	CAMBRE
284	1310 VICENTE FERNANDEZ SUAREZ	1:51:13	0:05:17	1:49:50	0:17:28	0:35:06	0:38:20	0:53:35	1:11:42	1:15:02	1:48:22	SARRIA
285	568 FERNANDO MELÉNDEZ FERRO	1:51:13	0:05:17	1:50:27	0:16:46	0:34:21	0:37:39	0:52:44	1:10:31	1:13:50	1:47:47	SANTA CRUZ DE LIÑAS
286	1283 ORLANDO LOPEZ MELLE	1:51:19	0:05:17	1:49:56	0:17:27	0:35:05	0:38:20	0:53:35	1:11:45	1:15:04	1:48:23	SARRIA
287	1256 JORGE GARCIA FERNANDEZ	1:51:27	0:05:17	1:50:09	0:17:15	0:35:13	0:38:29	0:53:38	1:11:41	1:15:04	1:48:24	A CORUÑA
288	406 REINALDO GONZALEZ PEDREIRA	1:51:38	0:05:18	1:50:28	0:17:01	0:35:07	0:38:26	0:53:55	1:12:06	1:15:26	1:48:43	CORUÑA
289	357 JOSÉ ANTONIO LÓPEZ BELDRÓN	1:51:38	0:05:18	1:50:40	0:17:45	0:36:35	0:39:53	0:54:54	1:12:39	1:15:53	1:48:26	AG766647 ATLE' OURENSE
290	633 RICARDO BRANDÓN VENOZZA	1:52:02	0:05:19	1:50:33	0:17:07	0:34:41	0:37:57	0:52:53	1:10:32	1:13:47	1:48:27	CLUB A CORUÑA
291	1213 ROBERTO PABLO JALLAS AMIGO	1:52:12	0:05:20	1:51:38	0:15:28	0:32:26	0:35:37	0:50:33	1:08:52	1:12:18	1:48:36	CORLA CORUÑA
292	1298 GERARDO GONZALEZ RODRIGUEZ	1:52:22	0:05:20	1:51:13	0:16:54	0:34:55	0:38:13	0:53:34	1:11:34	1:14:52	1:49:13	LA CORUÑA
293	495 JUAN MANUEL RODRIGUEZ LEGARRETA	1:52:37	0:05:21	1:51:29	0:16:52	0:35:04	0:38:25	0:53:55	1:12:06	1:15:26	1:49:27	ORTIGUEIRA
294	490 IGNACIO URIBARRI DURAN	1:52:37	0:05:21	1:51:29	0:16:52	0:35:04	0:38:25	0:53:55	1:12:06	1:15:26	1:49:27	ORTIGUEIRA
295	386 JOSÉ A. BORREGÁN TARANILLA	1:52:48	0:05:21	1:51:55	0:16:44	0:34:41	0:38:00	0:53:08	1:11:16	1:14:36	1:49:26	FENE
296	391 FRANCISCO UCHA DE LA BARRERA	1:52:51	0:05:21	1:51:50	0:16:23	0:34:09	0:37:26	0:52:57	1:11:36	1:14:54	1:49:30	A CORUÑA
297	1599 GONZALO JAVIER GARCÍA RUMBO	1:53:56	0:05:25	1:52:54	0:17:10	0:35:37	0:39:01	0:54:50	1:13:16	1:16:36	1:50:58	A CORUÑA
298	1472 FRANCISCO JAVIER TENREIRO VARELA	1:54:15	0:05:25	1:53:43	0:16:38	0:35:03	0:38:26	0:53:57	1:12:07	1:15:26	1:50:42	ACORUÑA
299	1596 ALEJANDRO DOMÍNGUEZ GUIMARAENS	1:54:23	0:05:26	1:53:00	0:17:51	0:36:10	0:39:25	0:55:01	1:13:22	1:16:41	1:51:07	LA CORUÑA
300	1325 J. LUIS VÁZQUEZ PÉREZ-COLEMAN	1:55:06	0:05:28	1:53:48	0:18:05	0:37:43	0:41:11	0:56:27	1:14:40	1:17:51	1:52:06	A CORUÑA
301	464 PABLO RAFAEL PRIETO CASAL	1:55:17	0:05:28	1:54:35	0:17:33	0:36:34	0:40:04	0:55:34	1:14:19	1:17:46	1:52:10	A CORUÑA
302	1595 PEDRO BLAZQUEZ FRAGOSO	1:55:19	0:05:28	1:53:59	0:18:06	0:37:44	0:41:12	0:57:12	1:15:58	1:19:23	1:52:27	A CORUÑA
303	1313 JAVIER CAAMAÑO TOMAS	1:55:21	0:05:29	1:54:01	0:18:19	0:37:10	0:40:32	0:55:46	1:14:00	1:17:18	1:51:51	LA CORUÑA
304	639 JOAQUÍN VICENTE PINTO BLANCO	1:55:32	0:05:29	1:54:32	0:17:16	0:35:36	0:38:57	0:54:15	1:12:47	1:16:13	1:52:03	BERGONDO
305	1671 JUAN MENÉNDEZ ARBESÚ	1:55:40	0:05:29	1:53:56	0:17:48	0:36:06	0:39:29	0:55:00	1:13:40	1:17:07	1:52:21	
306	461 MARIANO PÉREZ LÓPEZ	1:55:41	0:05:29	1:54:41	0:16:45	0:35:01	0:38:24	0:53:43	1:11:56	1:15:25	1:51:47	LUGO
307	1422 CARLOS DÍAZ-PACHE MACKINLAY	1:55:53	0:05:30	1:55:00	0:16:49	0:35:25	0:38:46	0:54:42	1:13:36	1:17:09	1:52:36	FERROL
308	1622 JOSE LUIS FERNANDEZ ALVAREZ	1:56:19	0:05:31	1:55:04	0:17:42	0:35:46	0:39:01	0:54:16	1:12:20	1:15:45	1:52:30	
309	472 MANUEL JAVIER MUÑOZ SEJAS	1:56:36	0:05:32	1:55:49	0:16:42	0:34:41	0:38:01	0:53:24	1:12:09	1:15:43	1:53:03	A CORUÑA
310	1357 NICO BRASA GARCÍA-ARÉVALO	1:56:54	0:05:33	1:56:24	0:15:25	0:32:57	0:36:12	0:51:32	1:10:33	1:14:07	1:53:08	A CORUÑA
311	439 SANTIAGO BORES BERMEJO	1:56:59	0:05:33	1:56:08	0:15:35	0:33:38	0:37:03	0:52:44	1:11:41	1:15:10	1:53:12	FERROL
312	640 MANUEL RAMUDO PRIETO	1:57:19	0:05:34	1:56:17	0:17:41	0:36:33	0:40:01	0:56:12	1:15:13	1:18:36	1:54:02	CAMBRE
313	404 LUIS PITA ANDREU	1:57:19	0:05:34	1:56:31	0:16:17	0:34:03	0:37:24	0:52:49	1:11:34	1:15:12	1:53:24	PONTEVEDRA
314	1602 JUSTO REAL IGLESIAS	1:57:33	0:05:35	1:56:07	0:17:02	0:34:51	0:38:07	0:53:19	1:11:49	1:15:24	1:53:51	A CORUÑA
315	638 ALBERTO FRAGA RODRIGUEZ	1:58:07	0:05:36	1:57:03	0:16:57	0:35:22	0:38:43	0:54:24	1:13:34	1:17:08	1:54:43	A CORUÑA
316	1225 MANUEL ANGEL COBAS OTERO	1:58:52	0:05:39	1:58:13	0:16:44	0:35:25	0:38:54	0:54:48	1:13:51	1:17:22	1:55:00	BERTAMIRANS-AMES
317	463 CARLOS ALBERTO CASTAÑO CAMEJO	1:59:02	0:05:39	1:57:52	0:18:09	0:37:03	0:40:31	0:56:26	1:15:25	1:18:52	1:55:31	CULLEREDO
318	405 JAVIER MARTINEZ RIVAS	2:00:54	0:05:44	1:59:33	0:18:18	0:37:43	0:41:16	0:57:52	1:18:39	1:22:21	1:57:53	LUGO
319	1620 JOSE MANUEL ABEIJON SILLERO	2:01:42	0:05:47	2:00:28	0:18:07	0:37:42	0:41:17	0:57:42	1:17:27	1:21:11	1:58:03	SANTA COMBA
320	1214 FRANCISCO COUCEIRO MCHAN	2:02:12	0:05:48	2:00:59	0:17:38	0:36:28	0:39:59	0:55:56	1:15:47	1:19:34	1:58:21	AG 76487:FONT SANTIAGO
321	1350 JORGE PUIGDOLLERS CHAVES	2:02:31	0:05:49	2:01:36	0:18:00	0:37:29	0:41:15	0:58:16	1:18:48	1:22:37	1:59:06	LA CORUÑA
322	1388 JOSE MARTINEZ ZAS	2:03:36	0:05:52	2:02:43	0:16:03	0:33:45	0:37:03	0:52:42	1:12:37	1:16:27	1:59:04	ARTEIXO
323	503 PEDRO PETEIRO ROSENDE	2:03:48	0:05:53	2:03:04	0:15:54	0:34:13	0:37:43	0:54:37	1:14:55	1:18:45	1:59:44	A CORUÑA
324	1364 JAVIER LOPEZ RODRIGUEZ	2:04:15	0:05:54	2:03:03	0:18:15	0:37:39	0:41:14	0:57:52	1:18:41	1:22:23	2:00:19	A CORUÑA
325	1242 FCO.JAVIER IGLESIAS ALONSO	2:04:47	0:05:55	2:03:37	0:17:00	0:34:57	0:38:15	0:54:05	1:14:23	1:18:11	2:00:51	BETANZOS
326	1209 ISAAC OTERO FERNANDEZ	2:05:28	0:05:57	2:04:11	0:19:15	0:37:49	0:41:11	0:57:03	1:16:38	1:20:11	2:01:15	AG766897 ATLE' OURENSE
327	1401 JOSE LEYTE VERDEJO	2:05:43	0:05:58	2:04:27	0:18:26	0:37:42	0:41:19	0:58:06	1:18:01	1:21:38	2:01:54	LA CORUÑA
328	1259 MANUEL MARINO VILA	2:05:56	0:05:59	2:05:33	0:17:16	0:37:09	0:40:47	0:57:36	1:18:17	1:21:58	2:01:59	A CORUÑA
329	1261 MARIANO CONDE BERMEJO	2:06:16	0:06:00	2:05:44	0:16:24	0:35:15	0:38:40	0:54:36	1:14:33	1:18:17	2:02:00	OLEIROS
330	401 JOSE LUIS MENDEZ PASCUAL	2:06:50	0:06:01	2:05:17	0:19:31	0:40:13	0:43:58	1:01:13	1:21:35	1:25:14	2:03:11	A CORUÑA
331	1327 JOSE ANTONIO FACHAL MOSTEIRO	2:08:05	0:06:05	2:06:32	0:18:50	0:38:51	0:42:30	0:59:22	1:20:11	1:24:00	2:04:29	A CORUÑA
332	1402 ENRIQUE FERNANDO PEÑA CARRIL	2:09:01	0:06:07	2:07:46	0:20:24	0:41:00	0:44:48	1:02:01	1:22:32	1:26:20	2:05:53	MILLADOIRO

333 1407 SEGUNDO EIRAS SÁNCHEZ 2:10:42 0:06:12 2:09:14 0:18:42 0:38:10 0:41:51 0:59:09 1:20:15 1:24:26 2:06:27 LA CORUÑA

**VT2F VETERANAS 2 FE Inscritos:**

**26 Llegados 22**

PtoCat	Dorsal	Nombre	T. Oficial	RitmoKm	T. Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1002	MARIA CABADAS CANCELA	1:27:50	0:04:10	1:27:43	0:12:39	0:27:05	0:29:41	0:41:45	0:56:16	0:58:51	1:25:24			CORUÑA
2	15	ELENA MARÍA FERREIRO LÓPEZ	1:28:23	0:04:12	1:28:15	0:12:54	0:27:19	0:29:57	0:42:02	0:56:25	0:59:04	1:25:48			A CORUÑA
3	12	TERESA CORRAL MARCOS	1:31:17	0:04:20	1:31:12	0:13:09	0:28:14	0:30:56	0:43:41	0:58:45	1:01:24	1:28:40	GA-76423		ATLE' LUGO
4	1678	SILVIA TEIJEIRO FERRO	1:33:45	0:04:27	1:33:31	0:13:26	0:28:27	0:31:14	0:44:06	0:59:19	1:02:03		ga19115		OURE OURENSE
5	1681	SILVIA RODRÍGUEZ FERRO	1:34:31	0:04:29	1:34:07	0:14:37	0:30:07	0:32:54	0:45:37	1:00:42	1:03:28	1:31:49	AG764007		ESPR A CAÑIZA
6	1682	PURIFICACIÓN BERMÚDEZ TURNES	1:37:43	0:04:38	1:37:26	0:13:58	0:29:50	0:32:40	0:45:50	1:01:51	1:04:47	1:34:54	AG 76376		NOITE SANTIAGO DE COMPOSTELA
7	29	SUSANA BELLAS BERMÚDEZ	1:40:53	0:04:47	1:40:24	0:15:09	0:31:31	0:34:31	0:48:25	1:05:04	1:08:06	1:38:09			AS PONTES
8	23	MARIA JESUS DEVESA FERREIRO	1:42:58	0:04:53	1:42:46	0:14:04	0:30:49	0:33:53	0:47:56	1:05:07	1:08:16	1:39:57			LUGO
9	33	INES PAPIN ESTEVEZ	1:43:06	0:04:54	1:42:37	0:15:14	0:32:05	0:35:10	0:49:28	1:06:16	1:09:24	1:40:13	AG 76585		CLUB SADA
10	18	MONTSE FERNANDEZ RAMOS	1:43:06	0:04:54	1:42:37	0:15:15	0:32:05	0:35:10	0:49:28	1:06:16	1:09:24	1:40:13	AG 11336		CLUB SADA
11	1025	LOLA PERNAS ALONSO	1:46:15	0:05:03	1:45:38	0:15:45	0:32:25	0:35:28	0:49:51	1:07:01	1:10:08	1:43:12			PERILLO OLEIROS
12	631	MARIA LUISA LOPEZ GARCIA	1:47:15	0:05:05	1:46:35	0:16:17	0:33:27	0:36:33	0:50:47	1:08:07	1:11:19	1:44:10			CLUB A CORUÑA
13	1009	PILAR BLANCO-RAJOY FERNANDEZ	1:50:42	0:05:15	1:49:46	0:16:29	0:33:59	0:37:10	0:51:50	1:09:39	1:12:56	1:47:14			LA CORUÑA
14	1018	BETTY VILLAR OLANETA	1:51:35	0:05:18	1:50:46	0:16:46	0:35:01	0:38:20	0:53:35	1:11:45	1:15:04	1:48:29			A CORUÑA
15	27	MONTERRAT ARIAS SILVARREY	1:51:36	0:05:18	1:50:34	0:17:07	0:35:11	0:38:28	0:53:35	1:11:26	1:14:44	1:48:20			LUGO
16	1026	MARIA CARMEN LOUZA RODRÍGUEZ	1:53:02	0:05:22	1:52:02	0:16:38	0:34:22	0:37:36	0:52:45	1:11:03	1:14:30	1:49:29			A CORUÑA
17	45	MAR CASAÑA OLIVER	1:56:18	0:05:31	1:55:27	0:17:34	0:36:21	0:39:45	0:55:27	1:14:20	1:17:45	1:52:56			A CORUÑA
18	46	MARIA ELENA CASTRO SABIO	1:59:28	0:05:40	1:58:16	0:17:28	0:36:23	0:39:47	0:55:50	1:15:40	1:19:17	1:56:05			A CORUÑA
19	1022	MANUELA DOS SANTOS	2:01:45	0:05:47	2:01:30	0:16:56	0:36:37	0:40:12	0:56:38	1:16:36	1:20:18	1:58:05			LA CORUÑA
20	1011	LUISA GARCIA ALVARINO	2:04:09	0:05:54	2:03:01	0:16:53	0:35:23	0:38:47	0:54:41	1:14:56	1:18:41	2:00:01			FERROL
21	37	TERESA SILVARRET REDONDO	2:07:59	0:06:04	2:06:33	0:19:35	0:40:08	0:43:50	1:00:56	1:21:14	1:25:04	2:04:23	AG766879		NOSFLA CORUÑA
22	1019	CARMEN GÓMEZ PUENTE	2:16:00	0:06:27	2:14:37	0:18:49	0:39:57	0:43:58	1:02:27	1:25:00	1:29:07	2:11:53			A CORUÑA

**VT3M VETERANOS 3 M Inscritos:**

**114 Llegados 99**

PtoCat	Dorsal	Nombre	T. Oficial	RitmoKm	T. Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	515	JOSE LUIS BOUZA FREIRE	1:18:42	0:03:44	1:18:41	0:11:08	0:24:03	0:26:26	0:37:18	0:50:13	0:52:33	1:16:28	GA17180		AFFLI FERROL
2	159	RICARDO REY CASTRO	1:20:45	0:03:50	1:20:41	0:11:22	0:24:34	0:26:58	0:38:01	0:51:15	0:53:40	1:18:16			PONTEVEDRA
3	1512	FRANCISCO JOSE RUIZ GONZALEZ	1:22:21	0:03:55	1:22:17	0:11:53	0:25:37	0:28:07	0:39:28	0:52:53	0:55:20	1:20:00			LOS FLA BANEZA
4	178	JOSÉ MANUEL RODRIGUEZ TAJES	1:22:57	0:03:56	1:22:53	0:11:51	0:25:24	0:27:54	0:39:16	0:52:51	0:55:20	1:20:37			CAMARIÑAS
5	97	ANTONIO FERNANDEZ HERMIDA	1:24:13	0:04:00	1:24:07	0:12:10	0:26:04	0:28:35	0:40:03	0:53:53	0:56:23	1:21:42	GA-19412		CLUB SANTIAGO DE COMPOSTELA
6	529	JOSE ANGEL PITA TORRES	1:24:23	0:04:00	1:24:15	0:12:32	0:26:23	0:28:55	0:40:16	0:53:49	0:56:17	1:21:51			CEDEIRA
7	115	MACARIO VEGA CORREDOR	1:25:08	0:04:03	1:25:04	0:11:53	0:25:40	0:28:14	0:40:00	0:54:07	0:56:40	1:22:42	AG767023		RUNA A CORUÑA
8	88	JUAN CARLOS BRANDÓN RODRIGUEZ	1:26:24	0:04:06	1:26:21	0:12:22	0:26:41	0:29:18	0:41:17	0:55:34	0:58:10	1:24:01	A-11133		ATLE' SANTIAGO DE COMPOSTELA
9	1100	LORENZO MARCOS MATO ARMAS	1:26:38	0:04:07	1:26:19	0:13:00	0:26:54	0:29:24	0:41:06	0:55:06	0:57:39	1:24:02			PALAS DE REI
10	111	JOSÉ ANTONIO BERMÚDEZ TURNES	1:27:11	0:04:08	1:27:01	0:12:14	0:26:11	0:28:48	0:40:41	0:55:00	0:57:40	1:24:36	AG 9892		NOITE SANTIAGO DE COMPOSTELA
11	1674	FERNANDO JOSÉ GUERRA ALVAREZ	1:27:44	0:04:10	1:27:41	0:12:22	0:26:44	0:29:23	0:41:37	0:55:54	0:58:32	1:25:19			CARBALLIÑO
12	175	JOSE PEDRO RILO PENA	1:27:53	0:04:10	1:27:47	0:12:21	0:26:30	0:29:06	0:41:13	0:55:41	0:58:22	1:25:20			A CORUÑA
13	90	XOSE MANUEL MALVIDO CARRILLO	1:28:02	0:04:11	1:27:53	0:12:48	0:27:54	0:30:37	0:42:59	0:57:38	1:00:16	1:25:40	A-9758		ATLE' SANTIAGO
14	136	JOSE ALFONSO VAZQUEZ CORREA	1:28:29	0:04:12	1:28:17	0:12:52	0:27:30	0:30:09	0:42:19	0:56:52	0:59:32	1:25:58			VIGO
15	635	ANTONIO GARCIA BELLO	1:28:48	0:04:13	1:28:38	0:12:55	0:27:30	0:30:10	0:42:25	0:56:55	0:59:34	1:26:15			TRAS EL TEMPLE
16	83	JOSE MANUEL PEREZ VAZQUEZ	1:28:49	0:04:13	1:28:40	0:12:45	0:27:24	0:30:07	0:42:20	0:56:55	0:59:34	1:26:16	A8151		ATHL VIGO
17	1083	MIGUEL ANGEL RODRÍGUEZ JUÁREZ	1:28:49	0:04:13	1:27:43	0:13:49	0:28:09	0:30:44	0:42:46	0:57:13	0:59:51	1:26:18			TANGER
18	143	FRANCISCO SOTO GARCÍA	1:28:55	0:04:13	1:28:50	0:12:21	0:26:30	0:29:06	0:41:30	0:56:02	0:58:42	1:26:13			A CORUÑA
19	1592	JUAN MANUEL FERNÁNDEZ RODRIGUEZ	1:29:04	0:04:14	1:28:21	0:13:42	0:28:10	0:30:45	0:43:00	0:57:20	0:59:58	1:26:32			MABEGONDO
20	605	MANUEL FONTENLA MUIÑO	1:29:38	0:04:15	1:29:23	0:13:04	0:27:26	0:30:04	0:42:22	0:56:54	0:59:33	1:27:15			CORL CAMBRE
21	558	JOSÉ RAMÓN ARUFE VIDAL	1:29:41	0:04:16	1:29:10	0:13:29	0:27:56	0:30:35	0:42:42	0:57:09	0:59:48	1:27:05	AG6567		ATLE' SANTIAGO
22	266	RAMON MARTINEZ MARQUEZ	1:31:12	0:04:20	1:31:01	0:13:00	0:28:07	0:30:50	0:43:41	0:58:44	1:01:24	1:28:39			VIGO
23	217	PABLO GONZALEZ GONZALEZ	1:31:35	0:04:21	1:31:19	0:13:27	0:28:31	0:31:14	0:43:49	0:58:46	1:01:28	1:28:57	AG767014		RUNA A CORUÑA
24	271	FRANCISCO JOSÉ LÓPEZ REY	1:32:01	0:04:22	1:31:45	0:13:28	0:28:17	0:31:00	0:43:33	0:58:28	1:01:15	1:29:25			LUGO
25	89	RAMON BARBA SANTOS	1:32:08	0:04:23	1:31:49	0:13:25	0:28:32	0:31:19	0:44:02	0:59:19	1:02:03	1:29:37	A-9712		ATLE' SANTIAGO DE COMPOSTELA
26	329	GUILLERMO CONCHEIRO FERNÁNDEZ	1:32:59	0:04:25	1:32:32	0:13:51	0:29:14	0:32:00	0:44:52	0:59:54	1:02:38	1:30:23			CARRAL (A CORUÑA)
27	1458	JOSE MANUEL SEOANE CHAS	1:33:05	0:04:25	1:32:44	0:12:47	0:27:38	0:30:27	0:43:15	0:58:47	1:01:34	1:30:21			LA CORUÑA
28	98	FRANCISCO FERNANDEZ ARUFE	1:33:36	0:04:27	1:33:09	0:14:05	0:29:45	0:32:36	0:45:31	1:00:29	1:03:17	1:31:02	GA-19414		CLUB S. OUTES
29	1541	ALBERTO FERNANDEZ GONZALEZ	1:33:42	0:04:27	1:33:31	0:12:50	0:27:52	0:30:39	0:43:35	0:59:10	1:02:03	1:30:54			A CORUÑA
30	1101	LUIS ALBERTO PRIETO GUILBALDE	1:34:20	0:04:29	1:33:13	0:14:25	0:29:50	0:32:36	0:45:25	1:00:44	1:03:28	1:31:40			PONFERRADA
31	91	MODESTO GÓMEZ GARCIA	1:34:32	0:04:29	1:34:13	0:13:25	0:28:34	0:31:20	0:44:08	0:59:38	1:02:29	1:31:41	A-9756		ATLE' OURENSE
32	261	JORGE FREIRE RICO	1:34:48	0:04:30	1:34:34	0:13:49	0:29:17	0:32:06	0:45:06	1:00:40	1:03:27	1:31:56			A CORUÑA
33	298	RAMON BARREIRO CERNADAS	1:34:53	0:04:30	1:33:53	0:15:14	0:30:40	0:33:29	0:46:20	1:01:32	1:04:17	1:32:18			OUTES
34	307	JOSE PITA ANDREU	1:35:25	0:04:32	1:34:58	0:14:24	0:30:13	0:33:05	0:46:23	1:02:01	1:04:48	1:32:50			PONTEVEDRA



35	1099 MANEL DIAZ VIDAL	1:35:29	0:04:32	1:34:47	0:14:16	0:30:00	0:32:51	0:45:53	1:01:37	1:04:28	1:32:45	FERROL
36	362 FRANCISCO JAVIER RODRIGUEZ FERREIRO	1:35:31	0:04:32	1:34:53	0:14:18	0:29:18	0:32:04	0:44:35	0:59:41	1:02:32	1:32:36	AG764185 ATLE' CULLEREDO-A CORUÑA
37	56 RAMON SUAREZ GOMEZ	1:35:36	0:04:32	1:35:16	0:14:37	0:30:37	0:33:32	0:46:51	1:02:36	1:05:27	1:32:53	ATLE' MILLADOIRO-AMES
38	210 ANTONIO J. LOIS PEREZ	1:36:25	0:04:35	1:35:48	0:14:54	0:30:54	0:33:48	0:47:09	1:02:44	1:05:34	1:33:43	AG763632 MARI LA BARCALA CAMBRE
39	201 MANUEL FERREIRA VARELA	1:36:40	0:04:35	1:36:23	0:13:31	0:29:06	0:31:58	0:45:14	1:01:16	1:04:13	1:33:49	AG 76401 CLUB SADA
40	1628 JULIO FERNÁNDEZ TROITINO	1:37:17	0:04:37	1:36:41	0:15:19	0:31:26	0:34:21	0:47:24	1:03:03	1:05:46	1:34:30	CAMBRE
41	533 RAMON ALENDE CEA	1:37:36	0:04:38	1:37:19	0:13:59	0:29:37	0:32:27	0:45:35	1:01:27	1:04:40	1:34:36	AG765588 NOITE SANTIAGO
42	1420 RAMON ANTONIO VARELA MIGUEZ	1:37:45	0:04:38	1:37:19	0:13:51	0:29:21	0:32:11	0:45:38	1:01:35	1:04:32	1:34:56	A CORUÑA
43	1531 JOSÉ MIGUEL ARADAS BALBÁS	1:37:46	0:04:39	1:37:28	0:14:19	0:30:51	0:33:48	0:47:22	1:03:31	1:06:31	1:35:08	LA CORUÑA
44	1528 VICENTE GRAS PEREZ	1:39:06	0:04:42	1:38:45	0:14:39	0:31:02	0:33:55	0:47:31	1:03:47	1:06:41	1:36:26	LA CORUÑA
45	1530 AGUSTÍN BARDANCA AMEJIDEZ	1:39:07	0:04:42	1:38:30	0:15:04	0:31:08	0:34:07	0:47:37	1:03:41	1:06:39	1:36:26	LA CORUÑA
46	1555 RAMON RIOS CALVO	1:39:31	0:04:44	1:39:03	0:14:05	0:29:46	0:32:37	0:45:56	1:02:02	1:05:00	1:36:25	A CORUÑA
47	1457 FRANCISCO ROCA LOPEZ	1:40:12	0:04:45	1:39:40	0:15:06	0:31:36	0:34:39	0:48:24	1:04:40	1:07:41	1:37:24	LA CORUÑA
48	327 MANUEL JULIO SUAREZ MARTIN	1:40:31	0:04:46	1:40:02	0:14:59	0:31:49	0:34:50	0:48:42	1:05:15	1:08:12	1:37:49	CULLEREDO
49	190 BELARMINO BOO ACUÑA	1:40:32	0:04:46	1:39:21	0:15:33	0:31:39	0:34:33	0:48:08	1:04:12	1:07:10	1:37:37	AG11104 ATLE' BERTAMIRANS
50	449 MARTIN FERNANDEZ LOPEZ	1:40:51	0:04:47	1:40:06	0:15:26	0:31:41	0:34:39	0:48:31	1:04:31	1:07:34	1:38:01	O CARBALLIÑO
51	294 JOSE ANTONIO GARCIA FANDIÑO	1:41:11	0:04:48	1:40:54	0:14:43	0:31:11	0:34:10	0:48:06	1:04:37	1:07:38	1:38:26	FERROL
52	614 JULIO SUÁREZ VÁZQUEZ	1:41:22	0:04:49	1:41:10	0:14:39	0:30:58	0:33:55	0:47:32	1:03:50	1:06:54	1:38:13	A CORUÑA
53	1108 JOSE RAMON CONDE TORRES	1:41:50	0:04:50	1:41:26	0:14:48	0:31:28	0:34:33	0:48:36	1:05:14	1:08:16	1:38:52	ATLE' O PORRIÑO
54	1161 XOSÉ MANUEL SENLLE CANOSA	1:41:58	0:04:50	1:40:25	0:16:21	0:33:08	0:36:09	0:50:02	1:06:15	1:09:11	1:39:12	A CORUÑA
55	539 FERNANDO LAFUENTE	1:42:52	0:04:53	1:42:25	0:15:29	0:32:28	0:35:34	0:49:37	1:06:13	1:09:15	1:39:59	PONTEVEDRA
56	546 JOSÉ VARELA VÁZQUEZ	1:44:07	0:04:57	1:43:55	0:15:00	0:32:09	0:35:15	0:49:30	1:06:42	1:09:52	1:41:11	LUGO
57	1338 RICARDO VARA	1:44:28	0:04:58	1:43:49	0:15:24	0:32:22	0:35:26	0:49:36	1:06:35	1:09:41	1:41:27	A CORUÑA
58	1529 JOSE MANUEL NOYA FORJAN	1:44:49	0:04:59	1:44:22	0:15:46	0:32:56	0:35:59	0:50:23	1:07:03	1:10:05	1:41:51	A CORUÑA
59	1170 RAFAEL SEÑARIS GONZALEZ	1:45:16	0:05:00	1:44:25	0:15:27	0:32:27	0:35:32	0:50:01	1:06:58	1:10:04	1:42:07	AMES
60	1534 JOSE LUIS LÓPEZ PAZOS	1:45:25	0:05:00	1:44:14	0:16:10	0:32:59	0:36:03	0:50:00	1:06:39	1:09:45	1:42:18	CULLEREDO
61	1197 XOAN LOPEZ ESTRAVIZ	1:45:58	0:05:02	1:45:21	0:15:27	0:32:41	0:35:47	0:50:17	1:07:18	1:10:26	1:42:50	FENE
62	1581 VICTOR PAZ ARES	1:46:14	0:05:03	1:45:29	0:16:15	0:33:57	0:37:04	0:51:37	1:08:44	1:11:48	1:43:25	A CORUÑA
63	1289 JORGE ALONSO CASUSCELLI	1:46:21	0:05:03	1:46:02	0:15:21	0:32:55	0:36:06	0:50:51	1:08:29	1:11:42	1:43:28	OLEIROS
64	1489 JOSE LUIS ARMADA LUACES	1:46:49	0:05:04	1:46:29	0:15:12	0:32:20	0:35:30	0:50:20	1:07:55	1:11:06	1:43:35	VIGO
65	1360 JORGE VEIGA LENDOIRO	1:46:58	0:05:05	1:45:39	0:17:42	0:35:51	0:38:59	0:53:40	1:10:28	1:13:34	1:44:10	LA CORUÑA
66	1109 JUAN JOSE DEVEASA LEIRA	1:47:04	0:05:05	1:45:56	0:16:27	0:33:32	0:36:36	0:50:53	1:08:07	1:11:15	1:43:53	AG-76570 CAST FERROL
67	607 ELISEO LÓPEZ LÓPEZ	1:47:05	0:05:05	1:46:14	0:15:13	0:32:06	0:35:15	0:49:49	1:07:36	1:10:49	1:43:50	FEFEVILLALBA
68	500 ADOLFO CRESPO MEJUTO	1:47:06	0:05:05	1:46:35	0:16:01	0:33:24	0:36:36	0:51:24	1:09:01	1:12:14	1:44:00	LA CORUÑA
69	1379 JOSE Mª FREIRE	1:47:31	0:05:06	1:46:23	0:16:05	0:32:44	0:35:49	0:50:06	1:07:43	1:10:59	1:44:29	A CORUÑA
70	1138 MANUEL A. RODRÍGUEZ PRADA	1:48:27	0:05:09	1:47:14	0:16:48	0:34:11	0:37:20	0:51:55	1:09:13	1:12:27	1:45:04	NARÓN
71	313 JAVIER LOPEZ MARTIN	1:48:58	0:05:10	1:48:25	0:15:29	0:32:27	0:35:33	0:50:02	1:07:48	1:11:08	1:45:37	A CORUÑA
72	468 JOSÉ MIGUEL DÍAZ GRANDE	1:49:46	0:05:13	1:48:57	0:16:22	0:34:18	0:37:33	0:52:23	1:10:06	1:13:20	1:46:32	PONTEVEDRA
73	206 FERMIN PAN OTERO	1:49:54	0:05:13	1:49:08	0:16:41	0:34:40	0:38:00	0:53:23	1:11:25	1:14:38	1:46:45	EGOEA CORUÑA
74	1272 JOSE LUIS ALVAREZ VIDAL	1:49:58	0:05:13	1:48:59	0:16:31	0:34:04	0:37:17	0:52:15	1:10:09	1:13:26	1:46:50	A CORUÑA
75	1228 ERNESTO FEDERICO ZWIRNER ALEMAN	1:50:01	0:05:13	1:49:25	0:15:33	0:32:53	0:36:05	0:51:01	1:09:04	1:12:24	1:46:57	CABAÑAS
76	1394 JOSE ENRIQUE BOLAÑOS CAGIAO	1:50:11	0:05:14	1:49:19	0:16:30	0:34:18	0:37:30	0:52:36	1:10:40	1:14:00	1:47:29	A CORUÑA
77	396 MANUEL FIGUEROA ROEL	1:50:36	0:05:15	1:48:48	0:17:43	0:35:51	0:39:41	0:54:55	1:12:53	1:16:10	1:47:31	A CORUÑA
78	1216 JOSE TEDIN LOPEZ	1:50:39	0:05:15	1:48:56	0:17:57	0:35:41	0:39:01	0:53:58	1:11:53	1:15:06	1:47:36	AG767022 RUNA A CORUÑA
79	541 INACIO XESÚS LÓPEZ DA OSA XIMÉNEZ	1:50:46	0:05:16	1:49:25	0:16:49	0:34:19	0:37:33	0:52:39	1:11:01	1:14:19	1:47:35	A CORUÑA
80	359 JESÚS RAÑA PLATAS	1:50:55	0:05:16	1:50:26	0:14:26	0:30:54	0:34:00	0:48:36	1:06:48	1:10:17	1:47:05	AG-76436 ATLE' SANTIAGO DE COMPOSTELA
81	1594 LUIS CALVIÑO MORLA	1:51:54	0:05:19	1:51:04	0:16:34	0:34:25	0:37:46	0:53:12	1:11:26	1:14:44	1:48:36	A CORUÑA
82	525 CÁNIDO CALVIÑO MORLA	1:51:54	0:05:19	1:51:05	0:16:35	0:34:25	0:37:46	0:53:11	1:11:25	1:14:43	1:48:36	A CORUÑA
83	354 CARLOS REVUELTA MÉNDEZ	1:53:19	0:05:23	1:51:37	0:17:56	0:36:07	0:39:27	0:54:36	1:12:50	1:16:18	1:50:11	GA17319 ADAS O BARCO
84	1583 JOSE MARIA BARREIRO BELLO	1:53:21	0:05:23	1:51:59	0:17:16	0:35:11	0:38:29	0:53:31	1:11:38	1:14:59	1:49:40	A CORUÑA
85	374 JOSE MANUEL GONZALEZ GRAÑA	1:53:34	0:05:23	1:52:34	0:16:40	0:34:40	0:38:00	0:53:24	1:11:31	1:14:53	1:50:02	A-9714 FONT SANTIAGO DE COMPOSTELA
86	1184 HUMBERTO BRACCO MARINI	1:54:05	0:05:25	1:53:40	0:16:25	0:34:28	0:37:47	0:53:18	1:11:53	1:15:18	1:50:39	À LARACHA
87	1584 JOSE GARCÍA BARBEITO	1:54:31	0:05:26	1:53:01	0:18:16	0:36:53	0:40:15	0:55:42	1:14:14	1:17:36	1:51:22	A CORUÑA
88	377 ANTONIO PARDO LOPEZ	1:55:45	0:05:30	1:55:13	0:16:24	0:35:14	0:38:41	0:54:35	1:13:17	1:16:48	1:52:17	NOSPFA CORUÑA
89	1582 SANTIAGO SUAREZ	1:57:06	0:05:34	1:55:41	0:18:16	0:37:05	0:40:31	0:56:16	1:15:05	1:18:30	1:53:44	A CORUÑA
90	1112 CALOS PEREZ HAERRERO	1:58:18	0:05:37	1:57:14	0:17:19	0:35:41	0:39:01	0:53:59	1:12:04	1:15:41	1:54:19	ag767024 RUNA A CORUÑA
91	1226 FRANCISCO JOSE VILLARES COUSILLAS	1:59:41	0:05:41	1:58:25	0:17:47	0:36:47	0:40:15	0:56:16	1:15:34	1:19:07	1:56:03	A CORUÑA
92	1411 FERNANDO VAZQUEZ BLANCO	1:59:44	0:05:41	1:58:31	0:18:08	0:37:01	0:40:31	0:56:31	1:16:08	1:19:41	1:56:15	CORUÑA
93	578 JUAN MANUEL PEREZ FERNANDEZ	2:00:04	0:05:42	1:58:40	0:18:19	0:37:17	0:40:43	0:56:56	1:16:19	1:19:47	1:56:02	A CORUÑA
94	358 JOSE MARIA BREA SANCHEZ	2:00:21	0:05:43	1:59:18	0:17:22	0:37:04	0:40:43	0:57:30	1:17:26	1:21:00	1:57:06	AG-76434 ATLE' A CORUÑA
95	383 BORJA GARCÍA CUESTA	2:03:27	0:05:52	2:02:54	0:16:19	0:35:01	0:38:30	0:55:25	1:15:46	1:19:33	1:59:31	LA CORUÑA
96	393 JAVIER VILLAS PEDRUELO	2:07:21	0:06:03	2:05:49	0:18:05	0:37:48	0:41:23	0:58:13	1:18:47	1:22:37	2:03:28	LA CORUÑA
97	561 CARLOS VALDÉS LÓPEZ	2:07:29	0:06:03	2:06:02	0:19:12	0:39:19	0:42:56	0:59:52	1:20:31	1:24:16	2:03:42	A BARCALA- CAMBRE

98	427 RAÚL GALÁN CERVERO	2:07:54	0:06:04	2:06:37	0:18:57	0:39:11	0:42:49	1:00:03	1:21:08	1:25:02	2:04:08	A CORUÑA
99	424 JOSE VICENTE PEREZ PLANELLS	2:09:47	0:06:10	2:08:30	0:18:58	0:39:10	0:42:49	1:00:03	1:21:07	1:25:02	2:05:51	LA CORUÑA

**VT3F VETERANAS 3 FE Inscritos:**
**5 Llegados 5**

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	19	PILAR MARQUIZ HERNANDEZ	1:46:56	0:05:05	1:46:39	0:14:36	0:31:30	0:34:35	0:49:21	1:06:49	1:10:03	1:43:39	AG 76458	CLUB A CORUÑA	
2	1013	LOURDES LIQUETE MEDRANO	1:51:58	0:05:19	1:50:45	0:16:47	0:34:14	0:37:30	0:52:24	1:10:20	1:13:44	1:48:43		PONFERRADA	
3	1007	MARIA ESTHER BOUSO FUENTECILLA	2:04:13	0:05:54	2:02:45	0:18:16	0:37:36	0:41:07	0:57:20	1:16:55	1:20:36	1:59:52	GA0831	OURE OURENSE	
4	1023	AIDA ESTHER ALVAREZ VIDAL	2:04:33	0:05:55	2:04:09	0:17:45	0:37:40	0:41:20	0:58:23	1:18:45	1:22:28	2:00:55		BETANZOS	
5	30	LAURA LOPEZ BLANCO	2:10:24	0:06:11	2:09:07	0:19:29	0:40:38	0:44:28	1:02:03	1:23:01	1:26:55	2:06:39	AG766406	ATLE' OURENSE	

**VT4M VETERANOS 4 M Inscritos:**
**23 Llegados 18**

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1048	JOSE MATIAS REGUEIRA BOO	1:25:30	0:04:04	1:25:25	0:12:13	0:26:04	0:28:36	0:40:12	0:54:11	0:56:44	1:23:01	GA-19236	ATLE' A POBRA DO CARAMIÑAL	
2	522	JOSÉ LUIS MERODIO VÁZQUEZ	1:27:46	0:04:10	1:27:40	0:12:14	0:26:09	0:28:45	0:40:50	0:55:29	0:58:08	1:25:20	GA-14666	LUCU LUGO	
3	1074	LUIS SEOANE	1:31:20	0:04:20	1:31:09	0:13:12	0:28:03	0:30:46	0:43:18	0:58:09	1:00:53	1:28:39		OURENSE	
4	613	ANTONIO HERNANDEZ BARREIRO	1:34:59	0:04:31	1:34:38	0:13:13	0:28:12	0:30:57	0:43:44	0:59:25	1:02:22	1:32:04		LA CORUÑA	
5	382	MANUEL VALCÁRCEL LASTRA	1:37:12	0:04:37	1:36:35	0:14:41	0:30:11	0:33:00	0:46:19	1:02:13	1:05:03	1:34:29		A PONTENOVA	
6	1151	PEDRO PRALLONG ÁLVAREZ	1:38:50	0:04:42	1:38:34	0:14:46	0:31:32	0:34:36	0:48:14	1:04:18	1:07:11	1:36:08		GIJÓN	
7	293	SANTIAGO LOSADA PEREZ	1:41:12	0:04:48	1:40:54	0:14:42	0:31:11	0:34:10	0:48:06	1:04:37	1:07:38	1:38:26		FERROL	
8	1391	ELADIO CALVIÑO GOLÁN	1:41:31	0:04:49	1:40:25	0:15:30	0:31:55	0:34:54	0:48:33	1:04:44	1:07:38	1:38:21		CERCEDA	
9	189	PACO CAAMAÑO RAMA	1:45:27	0:05:00	1:45:07	0:14:04	0:30:17	0:33:20	0:47:59	1:05:28	1:08:44	1:42:01	A6547	A.D. A ESTEIRO	
10	351	SECUNDINO CARLOS FERNANDEZ FERNANDEZ	1:45:54	0:05:02	1:45:27	0:15:36	0:32:56	0:36:07	0:50:53	1:08:26	1:11:30	1:42:51		BETANZOS	
11	1414	ANTONIO REMUIÑÁN SÁNCHEZ	1:47:19	0:05:06	1:46:30	0:16:17	0:34:01	0:37:11	0:51:53	1:09:22	1:12:35	1:44:32		CARBALLO	
12	409	ANGEL BARRIO RODRÍGUEZ	1:47:33	0:05:06	1:46:49	0:15:25	0:32:27	0:35:39	0:50:21	1:07:52	1:11:05	1:44:33		LUGO	
13	198	JESUS BERNAL GOMEZ	1:47:33	0:05:06	1:47:19	0:15:02	0:32:38	0:35:50	0:51:09	1:09:25	1:12:39	1:44:40	GA19332	C.D. FERROL (CORUÑA)	
14	429	JESUS PEREZ LEIS	1:47:53	0:05:07	1:47:05	0:15:25	0:32:07	0:35:12	0:49:59	1:07:27	1:10:39	1:44:40		CEE	
15	1383	J IGNACIO CAAMAÑO GONZÁLEZ	1:49:37	0:05:12	1:49:00	0:15:46	0:32:22	0:35:24	0:49:49	1:07:51	1:11:10	1:46:31		CORUÑA	
16	1585	JOSÉ GONZALEZ CANEIRO	1:55:51	0:05:30	1:54:44	0:17:35	0:36:36	0:40:01	0:55:43	1:14:17	1:17:37	1:52:02		VALDOVIÑO	
17	1523	JESUS CARAMES BOUZAN	1:56:46	0:05:33	1:56:31	0:16:26	0:35:22	0:38:53	0:55:10	1:14:28	1:17:58	1:53:34		ATLE' STA CRUZ- OLEIROS	
18	637	MANUEL GARCÍA GARCÍA	2:02:48	0:05:50	2:01:55	0:17:27	0:36:23	0:39:51	0:56:15	1:16:04	1:19:51	1:58:53		A CORUÑA	

**VT4F VETERANAS 4 FE Inscritos:**
**2 Llegados 2**

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	PortaReal_3	Licencia	Club	Localidad
1	1437	MARI LUZ SANMARTIN FERNANDEZ	1:48:28	0:05:09	1:47:47	0:15:59	0:33:20	0:36:28	0:50:55	1:08:36	1:11:51	1:45:17		A CORUÑA	
2	1005	ISABEL BREA POSSE	2:00:31	0:05:43	2:00:11	0:18:00	0:37:40	0:41:13	0:57:45	1:17:28	1:21:01	1:57:10		LA CORUÑA	