

# VI CARREIRA URBANA DE 10 KM CIDADE DA CORUÑA ( A CORUÑA10 ), A Coruña 07/10/2012

CARREIRA POPULAR. Distancia: 10.000 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro Casa del Agua	Licencia	Club
1	2110	ALEJANDRO FERNÁNDEZ RIVERA		SNM- 1	0:30:40	0:03:04	0:30:40	0:03:04	0:22:20	GA14828	OURENSE ATL. ACADEMIA POSTAL
2	2108	MANUEL HURTADO SANJURJO		SNM- 2	0:30:53	0:03:06	0:30:53	0:03:06	0:22:20	Ga14652	OURENSE ATL. ACADEMIA POSTAL
3	2746	IVAN DOCAMPO GONZÁLEZ		SNM- 3	0:31:13	0:03:08	0:31:13	0:03:08	0:22:43	GA-12895	SOCIEDAD GIMNÁSTICA PONTEVEDRA
4	2104	CARLOS VILLAMOR CASTIÑEIRA		SNM- 4	0:31:33	0:03:10	0:31:33	0:03:10	0:22:49	15205 GA	SOCIEDAD GIMNÁSTICA PONTEVEDRA
5	2129	RUBEN CAAMAÑO NIETO		SNM- 5	0:31:42	0:03:11	0:31:42	0:03:11	0:22:58		
6	209	MANUEL ANGEL PENAS BLANCO		SNM- 6	0:31:48	0:03:11	0:31:47	0:03:11	0:23:07		OTSU GUADALAJARA
7	2120	JOSE ANTONIO RAMALLO REBOREDO		VT1M- 1	0:31:49	0:03:11	0:31:48	0:03:11	0:23:12	Ga-12398	SOCIEDAD GIMNÁSTICA PONTEVEDRA
8	1378	AKKA ESSADAoui		SNM- 7	0:31:50	0:03:11	0:31:50	0:03:11	0:23:14		
9	201	IVAN CANOVAS FERNANDEZ		PRM- 1	0:32:14	0:03:14	0:32:14	0:03:14	0:23:19	L4043	A.D MARATHON
10	2082	SANTIAGO LOPEZ RODRIGUEZ		VT2M- 1	0:32:16	0:03:14	0:32:15	0:03:14	0:23:26	GA 19648	ATLETISMO PORRIÑO
11	2106	RUBEN DIZ DIAZ		SNM- 8	0:32:32	0:03:16	0:32:30	0:03:15	0:23:25	GA 11310	OAAP
12	2094	JUAN PENA HOLGUIN		SNM- 9	0:32:45	0:03:17	0:32:45	0:03:17	0:23:51	GA-13606	ATLETISMO CORUÑA COMARCA
13	2111	ELÍAS SALVADOR DOMÍNGUEZ CABRAL		VT1M- 2	0:32:53	0:03:18	0:32:52	0:03:18	0:24:06	GA 716995	OURENSE ATL. ACADEMIA POSTAL
14	2109	JOSE MANUEL FERNANDEZ MARQUEZ		VT2M- 2	0:33:01	0:03:19	0:33:00	0:03:18	0:24:08	GA19833	OURENSE ATL. ACADEMIA POSTAL
15	2073	ALEJANDRO CID VAZQUEZ		SNM- 10	0:33:25	0:03:21	0:33:23	0:03:21	0:24:19		ATLESIMO OURENSE
16	2101	ALVARO PRIETO FERVENZA		SNM- 11	0:33:29	0:03:21	0:33:29	0:03:21	0:24:12	fv-362	EAMJ FUERTEVENTURA
17	2745	JORGE CRESPO ARIAS		SNM- 12	0:33:38	0:03:22	0:33:37	0:03:22	0:24:23	AG-763861	SAR-A POUTADA
18	206	ADRIAN MORENO RAMIL		SNM- 13	0:33:41	0:03:23	0:33:40	0:03:22	0:24:34	AG764022	MARINEDA ATLETICO
19	2087	FERNANDO PÉREZ FERNÁNDEZ		SNM- 14	0:33:43	0:03:23	0:33:43	0:03:23	0:24:29	GA-19415	CAN
20	2075	MANUEL OLIVER PEREZ LOPEZ		VT2M- 3	0:33:59	0:03:24	0:33:59	0:03:24	0:24:43	GA-20506	ATLETISMO CORUÑA COMARCA
21	2095	JAVIER TOURIS FORNOS		VT1M- 3	0:34:28	0:03:27	0:34:27	0:03:27	0:25:08	GA-20507	ATLETISMO CORUÑA COMARCA
22	392	PABLO DIAZ MERA		VT1M- 4	0:34:34	0:03:28	0:34:22	0:03:27	0:25:21		CLUB ALEJANDRO GOMEZ
23	2097	RAMON SERANTES GOMEZ		VT2M- 4	0:34:39	0:03:28	0:34:38	0:03:28	0:25:15	g-5263	ATLETISMO CORUÑA COMARCA
24	2100	SERGIO RODRIGUEZ QUINTANA		JNM- 1	0:34:41	0:03:29	0:34:39	0:03:28	0:25:14	GA-19955	ATLETISMO CORUÑA COMARCA
25	2105	LEONARDO RODRIGUEZ PENA		SNM- 15	0:34:42	0:03:29	0:34:41	0:03:29	0:25:08	AG764399	LUGO MONUMENTAL
26	2122	VICTOR GONZALEZ HORTA		SNM- 16	0:34:53	0:03:30	0:34:51	0:03:30	0:25:27		
27	2137	PEDRO TRABA CAAMAÑO		VT1M- 5	0:34:59	0:03:30	0:34:57	0:03:30	0:25:27		
28	2118	FELIPE MIGUENS GASAMANES		VT2M- 5	0:35:01	0:03:31	0:35:00	0:03:30	0:25:26	ag-763864	SAR-A POUTADA
29	1379	ANGEL PEDREIRA VIEIRO		VT1M- 6	0:35:07	0:03:31	0:35:05	0:03:31	0:25:32		
30	2124	ANXO BARROS MONTEAGUDO		VT2M- 6	0:35:07	0:03:31	0:35:06	0:03:31	0:25:26		
31	2089	SERGIO PIÑÓN PAZ		JNM- 2	0:35:18	0:03:32	0:35:17	0:03:32	0:25:38	GA-19344	CLUB ATLETISMO NARON
32	2119	ANGEL MACEIRAS LAGO		VT1M- 7	0:35:26	0:03:33	0:35:25	0:03:33	0:25:33	AG-763863	SAR-A POUTADA
33	2398	VICTOR SANDE CHARLÓN		VT2M- 7	0:35:31	0:03:34	0:35:31	0:03:34	0:25:46	GA17114	C.D.EGOVARROS-VIVEIRO
34	220	MARCELO VASQUEZ CORTES		VT2M- 8	0:35:33	0:03:34	0:35:33	0:03:34	0:26:07		
35	2077	NEMESIO LOPEZ FERNANDEZ		VT1M- 8	0:35:40	0:03:34	0:35:38	0:03:34	0:26:06	A-11126	ATLETISMO FONTES DO SAR
36	305	IVAN REGO POSE		SNM- 17	0:35:41	0:03:35	0:35:39	0:03:34	0:26:02		
37	212	MARTIN TAIN MARQUEZ		PRM- 2	0:35:42	0:03:35	0:35:41	0:03:35	0:25:50	GA- 20029	SOCIEDAD GIMNÁSTICA PONTEVEDRA
38	2765	JOSE ANGEL LOPEZ VILLAR		VT1M- 9	0:35:48	0:03:35	0:35:48	0:03:35	0:25:52	GA19395	C.D.EGOVARROS-VIVEIRO
39	2207	DAVID DOMÍNGUEZ SALAS		SNM- 18	0:35:52	0:03:36	0:35:50	0:03:35	0:26:18	GA-17002	SOCIEDAD GIMNÁSTICA PONTEVEDRA
40	2078	JAVIER FERNANDEZ FERNANDEZ		SNM- 19	0:35:57	0:03:36	0:35:54	0:03:36	0:25:49	A6751	ATLETISMO FONTES DO SAR
41	2	MARÍA YOLANDA GUTIÉRREZ ROBLES	F- 1	SNF- 1	0:35:57	0:03:36	0:35:57	0:03:36	0:26:08	GA - 19638	COMESAÑA SPORTING CLUB
42	2088	JUAN CARLOS CASAL PEREZ		VT1M- 10	0:35:58	0:03:36	0:35:57	0:03:36	0:26:08		CLUB ALEJANDRO GOMEZ
43	101	ANDRÉS LEAL VIÑAS		PRM- 3	0:35:59	0:03:36	0:35:25	0:03:33	0:26:30		
44	208	DIEGO CRESPO NAYA		SNM- 20	0:36:00	0:03:36	0:35:58	0:03:36	0:26:07	AG764435	MARINEDA ATLETICO
45	214	JOSE MANUEL TEJJEIRO VILA		VT1M- 11	0:36:01	0:03:37	0:35:59	0:03:36	0:26:11		
46	2132	JAVIER LUIS LOPEZ HORTAS		VT1M- 12	0:36:03	0:03:37	0:36:03	0:03:37	0:26:04		
47	207	AZIZ FATIHI		PRM- 4	0:36:12	0:03:38	0:36:12	0:03:38	0:26:01	G716989	MARINEDA ATLETICO
48	17	ESTER NAVARRETE SANTANA	F- 2	PRF- 1	0:36:12	0:03:38	0:36:12	0:03:38	0:26:12	GA17415	ATLETISMO FEMENINO CELTA
49	202	FERNANDO SIEIRA RIOS		VT1M- 13	0:36:15	0:03:38	0:36:14	0:03:38	0:26:15	GA-19424	ATLETICA BARBANZA
50	314	JORGE ALEJANDRO RUMBO ROEL		VT1M- 14	0:36:22	0:03:39	0:36:17	0:03:38	0:26:22		
51	2074	JOSE LUIS BOUZA FREIRE		VT3M- 1	0:36:25	0:03:39	0:36:23	0:03:39	0:26:29	GA17180	ATLETISMO AFFELOU NARON
52	2392	SANTIAGO GARCIA GONZALEZ		VT1M- 15	0:36:25	0:03:39	0:36:20	0:03:38	0:26:26	AG-763689	BURGAS ATLETISMO OURENSE
53	2112	JOSE ANTONIO VELOSO MIRANDA		VT2M- 9	0:36:28	0:03:39	0:36:28	0:03:39	0:26:30	GA 716941	OURENSE ATL. ACADEMIA POSTAL
54	2337	DIEGO RUIZ BREIJO		SNM- 21	0:36:29	0:03:39	0:36:26	0:03:39	0:26:31		
55	2093	MIGUEL FERNANDEZ NUÑEZ		VT2M- 10	0:36:30	0:03:39	0:36:29	0:03:39	0:26:35	G-19506	ATLETISMO CORUÑA COMARCA
56	2125	JOSE MANUEL PARDO LEIS		VT1M- 16	0:36:32	0:03:40	0:36:30	0:03:39	0:26:28		
57	2102	EMILIO MARTINEZ ANTA		VT3M- 2	0:36:38	0:03:40	0:36:35	0:03:40	0:26:33	GA20450	EGOVARROS - VIVEIRO
58	1549	SERGIO CARRIL BREA		SNM- 22	0:36:38	0:03:40	0:36:37	0:03:40	0:26:43		EGOVARROS-VIVEIRO
59	2114	MANUEL LEIRACHA VALENTIN		VT1M- 17	0:36:40	0:03:40	0:36:37	0:03:40	0:26:39	GA-9597	RIA FERROL CONCEPCION ARENAL
60	2134	DIEGO NEGRO RODRÍGUEZ		SNM- 23	0:36:41	0:03:41	0:36:39	0:03:40	0:26:48		

61	2071	MANUEL PRIETO DE LA IGLESIA		VT1M- 18	0:36:43	0:03:41	0:36:43	0:03:41	0:26:41	A8413	ATHLETICS TEAM KRONOS
62	2172	ARTURO RAMOS FERROL		VT1M- 19	0:36:46	0:03:41	0:36:43	0:03:41	0:26:42	a-9509	ATLETISMO MILLADOIRO
63	2136	OSCAR PAZOS BARBEITO		SNM- 24	0:36:48	0:03:41	0:36:47	0:03:41	0:27:02		
64	2143	PAULO MUINELO PEDREIRA		VT2M- 11	0:36:51	0:03:42	0:36:49	0:03:41	0:26:51	GA-7950	ATLETISMO CORUÑA COMARCA
65	2202	JOSE MANUEL TEIJEIRO IGLESIAS		VT1M- 20	0:36:54	0:03:42	0:36:52	0:03:42	0:26:48	AG-763589	RIA FERROL CONCEPCION ARENAL
66	4	MARÍA JESÚS GESTIDO RODRIGUEZ	F- 3	SNF- 2	0:36:55	0:03:42	0:36:55	0:03:42	0:26:47	GA 10571	EAMJ FUERTEVENTURA
67	2113	ALVARO GAMUNDI CASTELEIRO		JNM- 3	0:36:59	0:03:42	0:36:57	0:03:42	0:26:49	GA-17524	REAL CLUB CELTA ATLETISMO
68	218	JOSE MARIA AGUETE		SNM- 25	0:37:00	0:03:42	0:36:58	0:03:42	0:26:41		
69	307	JAVIER GUILLÉN PÉREZ-CEPEDA		SNM- 26	0:37:00	0:03:42	0:36:57	0:03:42	0:27:05		
70	2107	PABLO FERNÁNDEZ VÁZQUEZ		SNM- 27	0:37:03	0:03:43	0:37:01	0:03:43	0:26:56	GA-19901	OURENSE ATL. ACADEMIA POSTAL
71	2131	MANUEL JESÚS GAYOSO REAL		VT2M- 12	0:37:06	0:03:43	0:37:05	0:03:43	0:26:38		
72	2442	JOSE LUIS VALIÑA MENDEZ		VT2M- 13	0:37:07	0:03:43	0:37:05	0:03:43	0:26:42	AG-10703	VERXEL NUTRICIÓN DEPORTIVA
73	211	ANTONIO FUERTES SAAVEDRA		VT3M- 3	0:37:08	0:03:43	0:37:07	0:03:43	0:27:06	GA16019	REAL CLUB CELTA ATLETISMO
74	2477	CHEMA RODRIGUEZ MARTINEZ		SNM- 28	0:37:09	0:03:43	0:37:07	0:03:43	0:26:56		
75	349	MANUEL NODAR JIMÉNEZ		SNM- 29	0:37:11	0:03:44	0:37:08	0:03:43	0:26:56		
Descalificad	2341	DIEGO EZQUERRO		SNM- 30							
77	215	JACOBO GESTO LAGO		SNM- 31	0:37:16	0:03:44	0:37:14	0:03:44	0:26:19		
78	2366	IVAN SEGADE CAROU		SNM- 32	0:37:19	0:03:44	0:37:12	0:03:44	0:27:08		
79	2768	ÁLVARO GARCÍA ÁLVAREZ		VT2M- 14	0:37:20	0:03:44	0:37:17	0:03:44	0:27:16		
80	2317	GONZALO MUIÑO CODESIDO		VT2M- 15	0:37:20	0:03:44	0:37:18	0:03:44	0:27:11		
81	1412	GUILLERMO LÓPEZ HERNÁNDEZ		VT1M- 21	0:37:24	0:03:45	0:37:18	0:03:44	0:27:25		
82	1519	ALEXANDRE RODRIGUEZ PAZ		SNM- 33	0:37:26	0:03:45	0:37:24	0:03:45	0:27:09		CLUB TRIATLON MORRAZO
83	2083	JOSE MANUEL PRIETO SOUTO		VT1M- 22	0:37:26	0:03:45	0:37:24	0:03:45	0:27:00		ATLETISMO RIAZOR CORUÑA
84	2092	JESUS MARIA ALVAREZ RODRIGUEZ		VT1M- 23	0:37:27	0:03:45	0:37:26	0:03:45	0:27:29	GA17204	ATLETISMO CORUÑA COMARCA
85	2277	JOSE FERRACES REGUEIRO		VT2M- 16	0:37:28	0:03:45	0:37:24	0:03:45	0:27:08		
86	2441	XOSE MANUEL BOQUETE CASAS		VT1M- 24	0:37:36	0:03:46	0:37:33	0:03:46	0:27:14	AG764752	VERXEL NUTRICIÓN DEPORTIVA
87	2747	MAYKEL PORTELA PORTELA		SNM- 34	0:37:39	0:03:46	0:37:37	0:03:46	0:27:03	ga-19645	VILA DE CANGAS
88	2217	BALTASAR FIGUEIRAS MARTÍNEZ		SNM- 35	0:37:41	0:03:47	0:37:31	0:03:46	0:27:33		
89	2121	XOSE LUIS OTERO CEPEDA		VT4M- 1	0:37:43	0:03:47	0:37:41	0:03:47	0:27:12	G7770	USC
90	2313	FERNANDO MANUEL LÓPEZ DE LAS HERAS		VT1M- 25	0:37:46	0:03:47	0:37:40	0:03:46	0:27:17		
91	2139	JOSÉ MANUEL GONZÁLEZ CHARLÓN		VT1M- 26	0:37:46	0:03:47	0:37:45	0:03:47	0:27:45	A-10270	C. A. AS MARIÑAS
92	376	RICARDO SANZO FERREIRO		VT2M- 17	0:37:48	0:03:47	0:37:34	0:03:46	0:27:50		
93	2247	CESAR BARRIOS GONZALEZ		VT1M- 27	0:37:49	0:03:47	0:37:46	0:03:47	0:27:37		
94	2178	JOSE ANTONIO MARTINEZ GARCIA		VT3M- 4	0:37:50	0:03:47	0:37:41	0:03:47	0:27:35	AG764746	CLUB ATLETISMO SADA
95	2192	JOSÉ LUIS MARTÍNEZ VICENTE		VT1M- 28	0:37:51	0:03:48	0:37:48	0:03:47	0:27:42	AG764441	MARINEDA ATLETICO
96	268	CONSTANTE LORENZO SANTOS		VT1M- 29	0:37:51	0:03:48	0:37:49	0:03:47	0:27:15		
97	2762	RAMON RODRIGUEZ GONZALEZ		VT2M- 18	0:37:52	0:03:48	0:37:46	0:03:47	0:27:43		
98	344	LORENZO SÁNCHEZ MARCOS		VT2M- 19	0:37:53	0:03:48	0:37:51	0:03:48	0:27:53		
99	2116	LINO SEOANE NARANJO		VT2M- 20	0:37:55	0:03:48	0:37:53	0:03:48	0:27:59	AG-11257	RIALTO
100	2130	CARLOS DEZA RODRIGUEZ		VT1M- 30	0:37:57	0:03:48	0:37:54	0:03:48	0:27:42		
101	273	DAVID BRUN PINTOR		VT2M- 21	0:37:58	0:03:48	0:37:54	0:03:48	0:27:37		
102	3	PATRICIA MENDES PEREIRA	F- 4	SNF- 3	0:38:01	0:03:49	0:38:01	0:03:49	0:27:35	GA - 19613	COMESAÑA SPORTING CLUB
103	2319	JAIME RUIZ DEL GANSO		VT2M- 22	0:38:02	0:03:49	0:37:59	0:03:48	0:27:23		
104	2098	JOSE MANUEL RODRIGUEZ MOURE		VT2M- 23	0:38:04	0:03:49	0:38:02	0:03:49	0:27:30	GA-19820	ATLETISMO CORUÑA COMARCA
105	291	FERMÍN LÓPEZ AGRA		SNM- 36	0:38:05	0:03:49	0:38:00	0:03:48	0:27:39		
106	2371	MARCOS GROBA BARGIELA		VT1M- 31	0:38:10	0:03:49	0:38:07	0:03:49	0:27:29		
107	328	JOSE MANUEL GÓMEZ PASANTES		SNM- 37	0:38:11	0:03:50	0:37:57	0:03:48	0:27:56		
108	2135	JAVIER SEOANE PUGA		VT1M- 32	0:38:14	0:03:50	0:38:12	0:03:50	0:27:31		
109	253	ÁLVARO GÓMEZ CARDESÍN		SNM- 38	0:38:15	0:03:50	0:38:04	0:03:49	0:27:45		
110	222	JOSE MANUEL GARCIA PAZ		VT1M- 34	0:38:16	0:03:50	0:38:12	0:03:50	0:27:53	A-10809	C. A. AS MARIÑAS
111	2195	OSCAR VALLE LÓPEZ		VT1M- 33	0:38:16	0:03:50	0:38:06	0:03:49	0:28:02	AG 11136	NOITEBRA F.C.
112	2103	JOSE VAZQUEZ ROJO		VT2M- 24	0:38:17	0:03:50	0:38:14	0:03:50	0:28:28	A8785	ESPRINTS OURENSE
113	251	ALEX SERRANO INCIARTE		SNM- 39	0:38:18	0:03:50	0:38:11	0:03:50	0:27:52		
114	2208	LUIS JAVIER FERNANDEZ OTERO		VT2M- 25	0:38:19	0:03:50	0:38:15	0:03:50	0:28:03	AG764372	SAR-A POUTADA
115	1	MARÍA SOLEDAD CASTRO SOLIÑO	F- 5	VT2F- 1	0:38:20	0:03:50	0:38:19	0:03:50	0:27:49	GA - 9172	COMESAÑA SPORTING CLUB
116	2126	JAVIER RAMOS BOTANA		VT1M- 35	0:38:21	0:03:51	0:38:19	0:03:50	0:27:49		
117	2300	EDUARDO SEOANE SANTISO		VT1M- 36	0:38:27	0:03:51	0:38:23	0:03:51	0:27:57		
118	2076	HIGINIO RODRIGUEZ SOUTO		VT3M- 5	0:38:29	0:03:51	0:38:26	0:03:51	0:28:09	GA-4011	ATLETISMO CORUÑA COMARCA
119	2369	PABLO GINÉS MAYOR		VT1M- 37	0:38:30	0:03:51	0:38:23	0:03:51	0:28:12		
120	2211	JOSE MANUEL FERNANDEZ SANGIAO		VT3M- 6	0:38:30	0:03:51	0:38:28	0:03:51	0:27:48	GA 19555	VERXEL NUTRICIÓN DEPORTIVA
121	2196	JOSE CARLOS BUJÁN OTERO		VT1M- 38	0:38:32	0:03:52	0:38:22	0:03:51	0:27:51	AG 11135	NOITEBRA F.C.
122	337	JUAN BLANCO MAROÑO		SNM- 40	0:38:33	0:03:52	0:38:29	0:03:51	0:28:04		
123	2764	ANDRES PIÑON LOUREIRO		VT2M- 26	0:38:36	0:03:52	0:38:29	0:03:51	0:28:11	GA19860	C.D.EGOVARROS-VIVEIRO
124	2694	DIEGO VALLEJO FOLGUEIRA		VT1M- 39	0:38:36	0:03:52	0:38:32	0:03:52	0:28:09		
125	217	JOSE MANUEL LOPEZ VARELA		VT1M- 40	0:38:37	0:03:52	0:38:35	0:03:52	0:27:54		

126	2070 FELIPE BARATA VILLAPOL		VT2M- 27	0:38:37	0:03:52	0:38:31	0:03:52	0:28:23	AG-10203	A GÁNDARA MONFORTE
127	2361 JOSE MARIA SANCHEZ SAN LUIS		SNM- 41	0:38:38	0:03:52	0:38:34	0:03:52	0:28:22		
128	2575 MIGUEL VILABOY FILGUEIRAS		SNM- 42	0:38:39	0:03:52	0:38:25	0:03:51	0:28:19		
129	389 AZIZ ZIRANI		VT2M- 28	0:38:39	0:03:52	0:38:37	0:03:52	0:28:02	AZ100269	C.D.EGOVARROS-VIVEIRO
130	319 JOSE FRANCISCO FIGUEIRAS FIGUEIRAS		VT2M- 29	0:38:39	0:03:52	0:38:36	0:03:52	0:28:06		
131	2117 GERARDO RAPOSO BUJAN		VT2M- 30	0:38:39	0:03:52	0:38:37	0:03:52	0:28:25	GA 17643	SAN FERNANDO LUCUS CAIXA
132	2194 MIGUEL ANXO NOGUEIRA PEREZ		SNM- 43	0:38:41	0:03:53	0:38:29	0:03:51	0:28:24	AG 9793	NOITEBRA F.C.
133	237 JAVIER SÁNCHEZ PRIETO		VT2M- 31	0:38:41	0:03:53	0:38:36	0:03:52	0:28:12	AG764311	SAR-A POUTADA
134	2001 PAULA MAYOBRE GONZÁLEZ	F- 6	SNF- 4	0:38:42	0:03:53	0:38:41	0:03:53	0:28:09	GA 15876	BIKILA
135	2199 BENIGNO MONTEAGUDO SÁNCHEZ		VT1M- 41	0:38:44	0:03:53	0:38:41	0:03:53	0:28:05	GA-717053	RIA FERROL CONCEPCION ARENAL
136	2271 JOSE MANUEL RODRIGUEZ TAJES		VT3M- 7	0:38:45	0:03:53	0:38:44	0:03:53	0:28:20		
137	1048 EMILIO JOSE CAPELAN MARTINEZ		SNM- 44	0:38:46	0:03:53	0:38:31	0:03:52	0:28:21		
138	229 BYRON OREJUELA REINO		VT1M- 42	0:38:47	0:03:53	0:38:33	0:03:52	0:28:18	AG717325	ATLETISMO RIAZOR CORUÑA
139	368 PABLO GONZALEZ FERNANDEZ		SNM- 45	0:38:48	0:03:53	0:38:45	0:03:53	0:28:06		
140	318 JOSÉ ANTONIO DE LA CRUZ RODRÍGUEZ		VT2M- 32	0:38:50	0:03:53	0:38:46	0:03:53	0:28:20		
141	2298 LUIS NAYA ORGEIRA		VT2M- 33	0:38:50	0:03:53	0:38:46	0:03:53	0:28:22		
142	2189 JOSÉ DOMINGO SENDON RODRÍGUEZ		VT1M- 43	0:38:50	0:03:53	0:38:42	0:03:53	0:28:26	A-9922	ATLETISMO FONTES DO SAR
143	2144 AVELINO CAAMAÑO NIETO		SNM- 46	0:38:51	0:03:54	0:38:51	0:03:54	0:28:21		ATLETISMO ELITE
144	2754 ENRIQUE ALVAREZ ESTEVEZ		VT2M- 34	0:38:52	0:03:54	0:38:43	0:03:53	0:28:23		
145	2154 JOAQUÍN SÁNCHEZ LEIRA		VT2M- 35	0:38:53	0:03:54	0:38:50	0:03:53	0:28:23	AG-9870	ATLETISMO MILLARAIO
146	225 ADRIAN VARELA SANZ		SNM- 47	0:38:54	0:03:54	0:38:50	0:03:53	0:28:21	a-7934	ATLETISMO CORUÑA COMARCA
147	2312 PABLO BARRIO VILAR		VT1M- 44	0:38:57	0:03:54	0:38:54	0:03:54	0:27:54		
148	301 HUGO RIVADULLA ABAD		VT1M- 45	0:38:59	0:03:54	0:38:41	0:03:53	0:28:22		
149	1288 PABLO RANHA VILLASENIN		SNM- 48	0:39:02	0:03:55	0:38:57	0:03:54	0:27:48		
150	367 PABLO ANIDO COUCE		SNM- 49	0:39:04	0:03:55	0:38:57	0:03:54	0:28:08		
151	2079 IVÁN PABLO SANMARTÍN CARREIRA		VT1M- 46	0:39:04	0:03:55	0:39:02	0:03:55	0:28:08	AG8011	ATLETISMO MILLADOIRO
152	2086 ISMAEL BOUZAS REY		SNM- 50	0:39:05	0:03:55	0:39:04	0:03:55	0:27:57	AG 763849	SAR-A POUTADA
153	2753 ALBERTO CASTRO BLANCO		VT1M- 47	0:39:06	0:03:55	0:38:56	0:03:54	0:28:23		
154	2225 EDUARDO SAAVEDRA LAGARES		SNM- 51	0:39:06	0:03:55	0:39:03	0:03:55	0:28:20		
155	1256 MARIO FRANCISCO FERNÁNDEZ		VT2M- 36	0:39:06	0:03:55	0:38:54	0:03:54	0:28:25		
156	2133 DANIEL LOPEZ CANTO		VT2M- 37	0:39:08	0:03:55	0:39:05	0:03:55	0:28:24		
157	1470 ALEJANDRO ALDAO LÓPEZ		VT1M- 48	0:39:09	0:03:55	0:38:41	0:03:53	0:28:57		
158	1360 LETICIA FERNÁNDEZ BARBOSA	F- 7	PRF- 2	0:39:11	0:03:56	0:39:09	0:03:55	0:28:26	GA-16556	OURENSE ATL. ACADEMIA POSTAL
159	1377 PABLO DIAZ LOPEZ		SNM- 52	0:39:11	0:03:56	0:39:10	0:03:55	0:28:26	GA-12865	SOCIEDAD GIMNÁSTICA PONTEVEDRA
160	2099 FCO JAVIER CORREA PIÑEIRO		VT2M- 38	0:39:12	0:03:56	0:39:09	0:03:55	0:28:25	A-10267	ATLETISMO CORUÑA COMARCA
161	2349 JAVIER ARIAS DE LA VEGA		VT1M- 49	0:39:13	0:03:56	0:39:10	0:03:55	0:28:24		
162	304 IVAN RUBIO RUBIRA		VT1M- 50	0:39:18	0:03:56	0:39:11	0:03:56	0:28:23		
163	2254 FERNANDO MARTINEZ OBARRIO		VT2M- 39	0:39:18	0:03:56	0:39:10	0:03:55	0:28:46		
164	285 EFRÉN SÁNCHEZ VIDAL		VT2M- 40	0:39:19	0:03:56	0:39:13	0:03:56	0:28:28		
165	280 DAVID SANISIDRO REGO		SNM- 53	0:39:22	0:03:57	0:39:18	0:03:56	0:28:42		
166	2347 JOSE ANTONIO ABUIN TREUS		VT1M- 51	0:39:23	0:03:57	0:39:13	0:03:56	0:28:38		
167	2141 FERNANDO NUÑEZ POL		VT1M- 52	0:39:25	0:03:57	0:39:16	0:03:56	0:28:48	Ga-17202	ATLETISMO CORUÑA COMARCA
168	1385 FELIPE MARTINEZ SANTOS		SNM- 54	0:39:27	0:03:57	0:39:18	0:03:56	0:28:51		
169	2182 RUBEN VILA SIEIRA		VT1M- 53	0:39:28	0:03:57	0:39:25	0:03:57	0:28:15	A-7426	EGOVARROS - VIVEIRO
170	224 JOSÉ SANLES PIÑEIRO		VT1M- 54	0:39:29	0:03:57	0:39:24	0:03:57	0:28:52	GA-20265	ATLETICA BARBANZA
171	2439 ALBERTO VALIÑA MENDEZ		VT1M- 55	0:39:29	0:03:57	0:39:27	0:03:57	0:28:35	AG 763772	VERXEL NUTRICIÓN DEPORTIVA
172	342 JULIAN PEREZ DURAN		VT2M- 41	0:39:30	0:03:57	0:39:22	0:03:57	0:28:46		
173	362 NARCISO INSUA GONZALEZ		SNM- 55	0:39:31	0:03:58	0:39:23	0:03:57	0:28:27		
174	2296 CARLOS SALVADOR RODRIGUEZ		SNM- 56	0:39:33	0:03:58	0:39:26	0:03:57	0:28:57		
175	1542 ALEJANDRO CARRIL BREA		VT1M- 56	0:39:33	0:03:58	0:39:30	0:03:57	0:28:44		
176	2309 FERNANDO PÉREZ HERNÁNDEZ		VT2M- 42	0:39:34	0:03:58	0:39:24	0:03:57	0:29:06		
177	203 FRANCISCO JAVIER OLIVEIRA BOGA		VT1M- 57	0:39:35	0:03:58	0:39:34	0:03:58	0:28:36		ATLETISMO OLIVEIRA
178	2357 ROBERTO CAMAÑES LOPEZ		VT1M- 58	0:39:35	0:03:58	0:39:23	0:03:57	0:29:11		
179	2281 PABLO M. CARRO SUAREZ		VT1M- 59	0:39:41	0:03:59	0:39:27	0:03:57	0:29:11		
180	242 JENSSSEN GALAN		SNM- 57	0:39:43	0:03:59	0:39:41	0:03:59	0:28:47		
181	2221 GUMERSINDO LOPÉZ IGLESIAS		VT2M- 43	0:39:43	0:03:59	0:39:36	0:03:58	0:28:53		
182	2201 JOSÉ GONZÁLEZ BAÑOBRE		VT2M- 44	0:39:46	0:03:59	0:39:40	0:03:58	0:28:34	GA 716922	RIA FERROL CONCEPCION ARENAL
183	2149 JUAN CARLOS BRANDÓN RODRIGUEZ		VT3M- 8	0:39:47	0:03:59	0:39:36	0:03:58	0:28:53	A-11133	ATLETISMO FONTES DO SAR
184	2158 JOSE MANUEL PIN GRAÑA		VT2M- 45	0:39:49	0:03:59	0:39:43	0:03:59	0:29:09	AG 10362	ATLETISMO MONTE SEGADE
185	2354 LUIGI GARCIA LOPEZ		SNM- 58	0:39:50	0:03:59	0:39:41	0:03:59	0:29:25		
186	2303 DIEGO ÁLVAREZ SOTO		SNM- 59	0:39:50	0:03:59	0:39:46	0:03:59	0:29:20		
187	2185 RAMON GARCIA TEIRA		VT2M- 46	0:39:50	0:03:59	0:39:42	0:03:59	0:28:53	AG 763932	ATLETISMO FONTES DO SAR
188	2168 JAVIER LÓPEZ PIÑEIRO		VT2M- 47	0:39:50	0:03:59	0:39:47	0:03:59	0:28:59	AG 764880	ATLETISMO RIAZOR CORUÑA
189	323 JOSE LUIS ALBOR DE LA TORRE		SNM- 60	0:39:52	0:04:00	0:39:48	0:03:59	0:28:58		
190	2261 DAVID NOVO MARTÍNEZ		VT1M- 60	0:39:52	0:04:00	0:39:42	0:03:59	0:29:20		

191	309 JESUS IGLESIAS MIER	VT3M- 9	0:39:53	0:04:00	0:39:46	0:03:59	0:29:05		
192	286 ELOY GONZALEZ HORTA	SNM- 61	0:39:54	0:04:00	0:39:47	0:03:59	0:28:48		
193	2374 PEDRO ESMORÍS GARCÍA	VT1M- 61	0:39:55	0:04:00	0:39:47	0:03:59	0:29:04		
194	281 DAVID PEREZ SOBRIDO	SNM- 62	0:39:55	0:04:00	0:39:50	0:03:59	0:29:09		
195	2308 ALFREDO VILA VEIGA	VT1M- 62	0:39:58	0:04:00	0:39:53	0:04:00	0:29:22		
196	2238 EDUARDO OTERO SALGADO	VT2M- 48	0:39:59	0:04:00	0:39:55	0:04:00	0:29:04		
197	266 CARLOS ALBERTO GONZALEZ ALVAREZ	SNM- 63	0:39:59	0:04:00	0:39:49	0:03:59	0:29:01		
198	2091 FELIX QUINTANS MELENDEZ	VT1M- 63	0:40:00	0:04:00	0:39:59	0:04:00	0:29:14	AG765457	COMESAÑA SPORTING CLUB
199	2393 JOSE MIRA FERNANDEZ	VT2M- 49	0:40:00	0:04:00	0:39:57	0:04:00	0:28:28	A-10167	BURGAS ATLETISMO OURENSE
200	247 ALBERTO FERNÁNDEZ MARTÍNEZ	VT1M- 64	0:40:01	0:04:01	0:39:55	0:04:00	0:28:55		
201	2301 ROBERTO ULLOA FERNÁNDEZ	SNM- 64	0:40:02	0:04:01	0:39:49	0:03:59	0:28:57		
202	2272 HUGO BALSERA SANMIGUEL	VT1M- 65	0:40:02	0:04:01	0:39:55	0:04:00	0:29:10		
203	2231 DAVID GARCIA PEREZ	VT1M- 66	0:40:03	0:04:01	0:40:00	0:04:00	0:28:08		
204	2683 JOSE LUIS CARRAL GARCIA	VT1M- 67	0:40:03	0:04:01	0:39:59	0:04:00	0:29:11		
205	2167 MANUEL OTERO GOMEZ	VT2M- 50	0:40:05	0:04:01	0:40:03	0:04:01	0:29:11	AG764109	ATLETISMO RIAZOR CORUÑA
206	2338 MAKARIO VEGA CORREDOR	VT2M- 51	0:40:07	0:04:01	0:40:02	0:04:01	0:29:16		
207	2278 MATIAS GARCIA-ANLLO REINOSO	VT2M- 52	0:40:09	0:04:01	0:39:59	0:04:00	0:29:18		
208	2177 ROBERTO GARCÍA PAZOS	SNM- 65	0:40:11	0:04:02	0:40:04	0:04:01	0:28:59	AG 764744	CLUB ATLETISMO SADA
209	2306 DIEGO PEREZ VIEITEZ	SNM- 66	0:40:11	0:04:02	0:40:07	0:04:01	0:29:21		
210	1525 JUAN ROMERO FERNANDEZ	SNM- 67	0:40:11	0:04:02	0:40:02	0:04:01	0:29:31	AG7110	CLUB DEPORTIVO AURUM
211	2224 ANTONIO FRAGA GARCIA	VT3M- 10	0:40:12	0:04:02	0:40:02	0:04:01	0:29:10		
212	2212 ADRIÁN MACEIRAS FIGUEIRAS	PRM- 5	0:40:14	0:04:02	0:40:11	0:04:02	0:29:00		
213	2592 GUILLERMO SEGUI FORTEZA	SNM- 68	0:40:14	0:04:02	0:38:57	0:03:54	0:29:38		
214	236 ISMAEL PICALLO RAMONDE	VT1M- 68	0:40:14	0:04:02	0:40:09	0:04:01	0:29:05	A-10913	RIA FERROL CONCEPCION ARENAL
215	210 ALVARO CARTELLE MARTINEZ	PRM- 6	0:40:15	0:04:02	0:40:13	0:04:02	0:28:08	GA17138	REAL CLUB CELTA ATLETISMO
216	295 FRANCISCO JAVIER JIMENEZ CIUDAD	VT2M- 53	0:40:15	0:04:02	0:40:07	0:04:01	0:29:19		
217	2184 JAVIER TORO MONTERO	VT3M- 11	0:40:16	0:04:02	0:40:12	0:04:02	0:29:27	GA14096	FLUVIAL DE LUGO
218	2748 JAVIER SÁNCHEZ LÓPEZ	VT1M- 69	0:40:18	0:04:02	0:40:02	0:04:01	0:29:42	A8866	CLUB ALEJANDRO GOMEZ
219	272 DAVID TEJIDO	SNM- 69	0:40:19	0:04:02	0:40:12	0:04:02	0:29:30		
220	292 FERNANDO LOPEZ LOPEZ	SNM- 70	0:40:20	0:04:02	0:40:01	0:04:01	0:29:36		
221	2399 BENIGNO VARELA LOUREDA	VT1M- 70	0:40:20	0:04:02	0:40:12	0:04:02	0:29:15	AG764190	C.D.EGOVARROS-VIVEIRO
222	2291 JOSE LUIS TORRES LOPEZ	VT2M- 54	0:40:21	0:04:03	0:40:17	0:04:02	0:29:36		
223	2232 PABLO MELLA SANCHEZ	VT1M- 71	0:40:23	0:04:03	0:40:15	0:04:02	0:29:43		
224	2165 AMADOR REBORDA GRAÑA	VT2M- 55	0:40:25	0:04:03	0:40:21	0:04:03	0:29:30	GA19738	ATLETISMO PORRIÑO
225	351 MARCELINO DOPICO RODRIGUEZ	VT1M- 72	0:40:25	0:04:03	0:40:21	0:04:03	0:29:21		
226	1259 MIGUEL LAMELA	VT2M- 56	0:40:26	0:04:03	0:40:15	0:04:02	0:29:32		
227	2749 SANTI CANICOBA	VT1M- 73	0:40:28	0:04:03	0:40:20	0:04:02	0:29:24	A-11123	ATLETISMO FONTES DO SAR
228	2280 ELOY MADERO ANTÓN	VT1M- 74	0:40:29	0:04:03	0:40:17	0:04:02	0:29:39		
229	2299 MIGUEL ANGEL VILLAR LÓPEZ	VT1M- 75	0:40:29	0:04:03	0:40:22	0:04:03	0:29:35		
230	882 RICARDO SALIDO ANDRÉS	SNM- 71	0:40:30	0:04:03	0:40:22	0:04:03	0:29:22		
231	2279 MARCOS GONZÁLEZ TALAVERO	VT2M- 57	0:40:31	0:04:04	0:40:19	0:04:02	0:29:29		
232	2359 FRANCISCO J. REY PADIN	VT1M- 76	0:40:35	0:04:04	0:40:27	0:04:03	0:29:35		
233	2363 JESUS BLANCO MONTERO	VT2M- 58	0:40:39	0:04:04	0:40:34	0:04:04	0:29:18		
234	6 MARIA CABADAS CANCELA	F- 8 VT2F- 2	0:40:40	0:04:04	0:40:37	0:04:04	0:29:54		
235	2150 XOSE MANUEL MALVIDO CARRILLO	VT3M- 12	0:40:40	0:04:04	0:40:31	0:04:04	0:29:36	A-9758	ATLETISMO FONTES DO SAR
236	2216 LORENZO MARCOS MATO ARMAS	VT3M- 13	0:40:41	0:04:05	0:40:30	0:04:03	0:29:33		
237	2206 TOMAS ABELEDO PATIÑO	VT2M- 59	0:40:41	0:04:05	0:40:37	0:04:04	0:29:29	AG764064	ATLETISMO RIAZOR CORUÑA
238	2011 IRIA CASTRO RODRIGUEZ	F- 9 PRF- 3	0:40:42	0:04:05	0:40:40	0:04:04	0:29:08	GA-176333	OURENSE ATL. ACADEMIA POSTAL
239	2191 JOSE LUIS PRADO MONTERO	VT2M- 60	0:40:42	0:04:05	0:40:35	0:04:04	0:29:49	AG-764436	MARINEDA ATLETICO
240	2096 RICARDO GARCIA GESTAL	SNM- 72	0:40:43	0:04:05	0:40:41	0:04:05	0:29:33	A-11205	ATLETISMO CORUÑA COMARCA
241	2230 DIEGO CRUZ PENA	VT1M- 77	0:40:44	0:04:05	0:40:39	0:04:04	0:29:40		
242	350 MANUEL ANTONIO GARRIDO CONCHADO	SNM- 73	0:40:45	0:04:05	0:40:41	0:04:05	0:29:29		
243	2565 PABLO MENÉNDEZ IGLESIAS	VT2M- 61	0:40:46	0:04:05	0:39:55	0:04:00	0:30:02		
244	232 LUIS CASAL AUGÉ	SNM- 74	0:40:47	0:04:05	0:40:43	0:04:05	0:29:16	AG11257	CLUB ATLETISMO SADA
245	371 RAFAEL RAMOS FOJÓN	SNM- 75	0:40:47	0:04:05	0:40:41	0:04:05	0:29:51		
246	2751 JAIME CARRODEGUAS MARTINEZ	VT2M- 62	0:40:47	0:04:05	0:40:45	0:04:05	0:29:41		CLUB TRIATLON CORUÑA
247	2750 CHRISTIAN SANCHEZ OTERO	VT1M- 78	0:40:47	0:04:05	0:40:42	0:04:05	0:29:46		C.M XESTEIRAS
Descalificad	2229 JOSE PEDRO RILO PENA	VT3M- 14							
249	2235 ROBERTO VALE GARCIA	VT1M- 79	0:40:48	0:04:05	0:40:41	0:04:05	0:29:27		
250	2173 ALBERTO MORLÁN OTERO	SNM- 76	0:40:48	0:04:05	0:40:42	0:04:05	0:30:01	AG764231	CLUB ATLETISMO SADA
251	1387 ROGELIO FERREIRA SÁNCHEZ	VT1M- 80	0:40:48	0:04:05	0:40:43	0:04:05	0:29:38		
252	335 JUAN SÁNCHEZ GÓMEZ	VT2M- 63	0:40:49	0:04:05	0:40:41	0:04:05	0:29:34		
253	321 JOSE JUAN SOLARES ESPÍNEIRA	VT2M- 64	0:40:52	0:04:06	0:40:38	0:04:04	0:29:50		
254	549 ESTEBAN FERNANDEZ DIAZ	SNM- 77	0:40:52	0:04:06	0:40:37	0:04:04	0:29:43		
255	970 BENIGNO POSE	VT2M- 65	0:40:53	0:04:06	0:40:19	0:04:02	0:30:06		



256	289 FADY HOUT VARELA	VT1M- 81	0:40:55	0:04:06	0:40:49	0:04:05	0:29:40		
257	327 JOSE MANUEL PAJARO SALAGRE	VT1M- 82	0:40:56	0:04:06	0:40:51	0:04:06	0:29:42		
258	311 JORGE FELPETO RODRÍGUEZ	VT1M- 83	0:40:57	0:04:06	0:40:50	0:04:05	0:29:54		
259	2621 ANTONIO FERNANDEZ COSTA	VT2M- 66	0:40:58	0:04:06	0:40:54	0:04:06	0:29:45		
260	298 GABRIEL CRESPO NAYA	VT1M- 84	0:40:58	0:04:06	0:40:52	0:04:06	0:29:27		
261	2335 JOSE ANDRES ALDREY VARELA	VT2M- 67	0:40:59	0:04:06	0:40:57	0:04:06	0:29:11		
262	2164 MODESTO BARRO ROCHELA	VT2M- 68	0:41:00	0:04:06	0:40:45	0:04:05	0:30:26	GA-19884	ATLETISMO OLYMPO AS PONTES
263	271 DAVID LÓPEZ FERNÁNDEZ	SNM- 78	0:41:00	0:04:06	0:40:46	0:04:05	0:29:51		
264	384 SIMON LOPEZ EIROA	VT1M- 85	0:41:01	0:04:07	0:40:58	0:04:06	0:29:55		
265	2578 ALBERTO CHAMORRO DIAZ	VT1M- 86	0:41:03	0:04:07	0:40:46	0:04:05	0:30:26		
266	269 DANIEL LEDO NEIRA	VT1M- 87	0:41:03	0:04:07	0:40:59	0:04:06	0:29:34		
267	2794 JAVIER CUPEIRO FRADE	VT2M- 69	0:41:04	0:04:07	0:40:50	0:04:05	0:29:57		
268	252 ALVARO LOPEZ JACOME	VT1M- 88	0:41:04	0:04:07	0:40:54	0:04:06	0:30:04		
269	2264 SAÚL GÓMEZ ARROJÓ	VT3M- 15	0:41:06	0:04:07	0:40:58	0:04:06	0:29:43		
270	2351 JOSE LUIS ROIBAS FERNANDEZ	VT2M- 70	0:41:06	0:04:07	0:40:57	0:04:06	0:29:50		
Descalificad:	2675 ROI BARROS CORRAL	SNM- 79							
272	633 JAVIER RODRIGUEZ VAILÑA	VT2M- 71	0:41:08	0:04:07	0:40:56	0:04:06	0:30:01		
273	357 MATÍAS LOSADA ARCA	VT2M- 72	0:41:09	0:04:07	0:41:02	0:04:07	0:29:58		
274	293 FRANCISCO GONZÁLEZ SÁNCHEZ	VT1M- 89	0:41:09	0:04:07	0:40:48	0:04:05	0:29:51		
275	2140 ALBERTO PARDO FERNANDEZ	VT1M- 90	0:41:10	0:04:07	0:41:04	0:04:07	0:29:48	A-10891	ATLETISMO CORUÑA COMARCA
276	938 ALBERTO SAAVEDRA MÉNDEZ	VT1M- 91	0:41:11	0:04:08	0:41:00	0:04:06	0:29:48		
277	339 JUAN CARLOS RAVIÑA	VT1M- 92	0:41:11	0:04:08	0:41:04	0:04:07	0:29:57		
278	966 ANTONIO ARMENTIA GALAN	VT1M- 93	0:41:12	0:04:08	0:40:57	0:04:06	0:29:57		
279	2171 CARLOS CORRALES PIQUERO	VT2M- 73	0:41:13	0:04:08	0:40:59	0:04:06	0:30:03	AG-764352	ATLETISMO BOIMORTO
280	2166 JOSE DANIEL REINOSO ROJO	VT2M- 74	0:41:15	0:04:08	0:40:52	0:04:06	0:30:28	GA20513	ATLETISMO RIAZOR
281	769 MANUEL ESCALANTE SIXTO	SNM- 80	0:41:15	0:04:08	0:41:05	0:04:07	0:29:56		
282	2757 JOSE CARLOS RIAL CARNOTA	VT2M- 75	0:41:19	0:04:08	0:41:09	0:04:07	0:29:47		
283	2142 JOSE FRANCISCO BLANCO FANDIÑO	VT1M- 94	0:41:19	0:04:08	0:41:13	0:04:08	0:30:20	A-10893	ATLETISMO CORUÑA COMARCA
284	1382 CARLOS DIAZ LOPEZ	VT1M- 95	0:41:22	0:04:09	0:41:17	0:04:08	0:30:21		
285	315 JOSE RAMOS BOTANA	VT2M- 76	0:41:22	0:04:09	0:41:05	0:04:07	0:30:27		
286	2256 RAMIRO CHAVES MON	SNM- 81	0:41:24	0:04:09	0:41:13	0:04:08	0:30:19		
287	277 DAVID GONÁLEZ ÁLVAREZ	SNM- 82	0:41:25	0:04:09	0:41:16	0:04:08	0:30:04		
288	361 MIGUEL ANGEL ZAS MANEIRO	VT1M- 96	0:41:26	0:04:09	0:41:18	0:04:08	0:29:56		
289	1047 ELISEO IGLESIAS SOLER	VT2M- 77	0:41:27	0:04:09	0:40:20	0:04:02	0:30:52		
290	2326 DIEGO SEGADO MIRAGAYA	SNM- 83	0:41:27	0:04:09	0:40:38	0:04:04	0:30:37		
291	2534 OSCAR DOPAZO DOPAZO	VT1M- 97	0:41:27	0:04:09	0:41:22	0:04:09	0:30:18		
292	2651 RAMON EUGENIO MOSQUERA SILVA	VT1M- 98	0:41:28	0:04:09	0:40:58	0:04:06	0:30:03		
293	264 CARLOS RODRIGUEZ SUÁÑEZ	SNM- 84	0:41:28	0:04:09	0:41:23	0:04:09	0:29:42		
294	2365 JOSE ALBERTO CASTELO SANCHEZ	VT1M- 99	0:41:29	0:04:09	0:41:26	0:04:09	0:29:55		
295	2346 CARLOS DE LA VEGA SIERRA	SNM- 85	0:41:30	0:04:09	0:41:16	0:04:08	0:30:22		
296	270 DAVID ALCANTARA TENREIRO	VT2M- 78	0:41:30	0:04:09	0:41:23	0:04:09	0:30:19		
297	2360 FRANCISCO SOTO GARCÍA	VT3M- 16	0:41:31	0:04:10	0:41:22	0:04:09	0:30:11		
298	2157 JOSE MANUEL ALONSO PEREZ	VT3M- 17	0:41:32	0:04:10	0:41:23	0:04:09	0:30:23		ATLETISMO MONTE SEGADE
299	2370 LUIS ANGEL CASTELO SANCHEZ	VT2M- 79	0:41:33	0:04:10	0:41:27	0:04:09	0:30:00		
300	1068 FRANCISCO DELGADO AMOR	VT2M- 80	0:41:33	0:04:10	0:41:07	0:04:07	0:30:37		
301	316 JOSE ANTONIO ALFONSÍN LAREO	VT2M- 81	0:41:34	0:04:10	0:41:25	0:04:09	0:29:54		
302	274 DAVID SOUTO SÁNCHEZ	VT1M- 100	0:41:35	0:04:10	0:41:28	0:04:09	0:29:56		
303	354 MARCOS ALVAREZ ALVES	VT1M- 101	0:41:36	0:04:10	0:41:30	0:04:09	0:30:15		
304	2214 FERNANDO CARBALLIDO FERNANDEZ	VT2M- 82	0:41:36	0:04:10	0:41:31	0:04:10	0:30:21		
305	346 MANUEL RODRIGUEZ CASAL	VT1M- 102	0:41:37	0:04:10	0:41:26	0:04:09	0:30:18		
306	2605 JUAN IGNACIO ROSENDE AMOR	VT2M- 83	0:41:38	0:04:10	0:41:20	0:04:08	0:30:26		
307	379 ROMÁN ROMERO FRANCO	SNM- 86	0:41:38	0:04:10	0:41:24	0:04:09	0:30:25		
308	2355 JUAN SUAREZ GARCIA	SNM- 87	0:41:39	0:04:10	0:41:32	0:04:10	0:30:02		
309	2262 JUAN CARLOS SALGADO VEGA	VT2M- 84	0:41:40	0:04:10	0:41:35	0:04:10	0:30:14		
310	1380 ANTONIO JOSE CASTRO AREA	VT1M- 103	0:41:40	0:04:10	0:41:33	0:04:10	0:30:52		
311	2760 MANUEL IGNACIO PIÑEIRO VEIRA	VT2M- 85	0:41:40	0:04:10	0:41:25	0:04:09	0:30:26		
312	373 RAUL PALLAS INSUA	SNM- 88	0:41:41	0:04:11	0:41:30	0:04:09	0:30:52		
313	290 FCO. JAVIER GARCIA PALLEIRO	VT1M- 104	0:41:42	0:04:11	0:41:24	0:04:09	0:30:28		
314	2153 RAMON SUAREZ GOMEZ	VT3M- 18	0:41:44	0:04:11	0:41:39	0:04:10	0:30:34		ATLETISMO MILLADOIRO
315	2283 LUIS VILASUSO PITA	VT1M- 105	0:41:46	0:04:11	0:41:31	0:04:10	0:30:25		
316	406 JACOB FERNÁNDEZ LÓPEZ	SNM- 89	0:41:46	0:04:11	0:41:35	0:04:10	0:30:21		
317	284 EDUARDO GRANDA FERNANDEZ	VT1M- 106	0:41:48	0:04:11	0:41:41	0:04:11	0:29:42		
318	1128 JESÚS PENSADO FIGUEIRAS	VT1M- 107	0:41:49	0:04:11	0:41:29	0:04:09	0:30:33		
319	744 JULIAN JOSE GESTO CAABEIRO	VT3M- 19	0:41:51	0:04:12	0:41:19	0:04:08	0:30:15		
320	2466 PABLO GARCÍA FREIRE	VT1M- 108	0:41:54	0:04:12	0:40:53	0:04:06	0:30:40		

321	213 FERNANDO RASCADO DEL PRADO	VT2M- 86	0:41:56	0:04:12	0:41:35	0:04:10	0:30:51		
322	2004 TERESA CORRAL MARCOS	F- 10 VT2F- 3	0:41:59	0:04:12	0:41:56	0:04:12	0:30:36	GA16443	ATLETISMO CORUÑA COMARCA
323	348 MANUEL FERNANDEZ CASAL	SNM- 90	0:41:59	0:04:12	0:41:52	0:04:12	0:29:58		
324	2294 RAMIRO GONZALEZ GARCIA	VT1M- 109	0:42:00	0:04:12	0:41:51	0:04:12	0:30:18		
325	1523 ROMÁN REBANAL ALFAYA	VT1M- 110	0:42:01	0:04:13	0:41:48	0:04:11	0:30:39	77004414T	TRIATLÓN MOTOBIKE PONTEVEDRA
326	2325 MIGUEL RUIZ ALARCON	SNM- 91	0:42:01	0:04:13	0:41:37	0:04:10	0:31:01		
327	2151 MARCELINO RODRÍGUEZ GARRIDO	VT1M- 111	0:42:02	0:04:13	0:41:53	0:04:12	0:30:25	A-9946	ATLETISMO FONTES DO SAR
328	1040 DIEGO CASTAÑO BARREIRO	PRM- 7	0:42:03	0:04:13	0:41:35	0:04:10	0:31:02		
329	2242 ALBERTO FERNANDEZ MUÑIZ	VT1M- 112	0:42:04	0:04:13	0:41:52	0:04:12	0:30:48		
330	2569 GONZALO FARIÑA VARELA	SNM- 92	0:42:04	0:04:13	0:41:48	0:04:11	0:30:54		
331	2234 JOSE LUIS RIO SILVA	VT2M- 87	0:42:05	0:04:13	0:41:54	0:04:12	0:30:39		
332	2544 CARLOS FERNANDEZ SANCHEZ	VT1M- 113	0:42:05	0:04:13	0:41:40	0:04:10	0:30:21		
333	343 JULIAN TOME CRESPO	VT1M- 114	0:42:05	0:04:13	0:42:02	0:04:13	0:30:24		
334	2267 JUAN JOSE GOMEZ CORTES	VT1M- 115	0:42:06	0:04:13	0:41:53	0:04:12	0:30:56		
335	2274 JOSÉ MANUEL ROCA RODRÍGUEZ	VT1M- 116	0:42:06	0:04:13	0:42:02	0:04:13	0:30:24		
336	2255 DANIEL FERNANDEZ PEREIRAS	PRM- 8	0:42:06	0:04:13	0:41:55	0:04:12	0:30:49		
337	2219 LUCHO FERREIRO AGRA	PRM- 9	0:42:06	0:04:13	0:41:55	0:04:12	0:30:49		
338	374 RAÚL PAREDES PASTOR	SNM- 93	0:42:07	0:04:13	0:41:55	0:04:12	0:30:47		
339	353 MARCOS VIZOSO PEREZ	VT1M- 117	0:42:09	0:04:13	0:42:02	0:04:13	0:30:43		
340	2336 MARC PERRAMON BONIGNO	VT1M- 118	0:42:10	0:04:13	0:42:05	0:04:13	0:30:30		
341	978 BRUNO BERMUDEZ TAJES	VT1M- 119	0:42:10	0:04:13	0:41:56	0:04:12	0:30:41		
342	1264 MIGUEL LARRAÑAGA ARCAY	PRM- 10	0:42:13	0:04:14	0:41:45	0:04:11	0:31:03		
343	2245 JOSE ANTONIO TEMBRAS AMENEIRO	VT2M- 88	0:42:13	0:04:14	0:42:07	0:04:13	0:30:32		
344	2145 ALBERTO VÁZQUEZ OTERO	SNM- 94	0:42:14	0:04:14	0:42:06	0:04:13	0:30:00	A-9875	ATLETISMO FONTES DO SAR
345	2394 JOSE ANTONIO GONZALEZ PAZ	VT3M- 20	0:42:14	0:04:14	0:42:11	0:04:14	0:29:38	GA-20632	BURGAS ATLETISMO OURENSE
346	2364 MIGUEL GÓMEZ COSTOYA	VT2M- 89	0:42:15	0:04:14	0:42:07	0:04:13	0:30:57		
347	2390 RAFAEL PÉREZ REGO	VT3M- 21	0:42:15	0:04:14	0:41:49	0:04:11	0:30:48	ag-8975	ATLETISMO TUI-THERMALIA
348	2292 CARLOS SANTOS MARTINEZ	VT1M- 120	0:42:15	0:04:14	0:42:11	0:04:14	0:30:38		
349	2615 JOSE ANTONIO JUL NEIRA	VT2M- 90	0:42:16	0:04:14	0:42:05	0:04:13	0:30:55		
350	2356 RAMIRO PAZ LEIRAS	SNM- 95	0:42:16	0:04:14	0:42:09	0:04:13	0:30:34		
351	1257 MAURICIO VILLADONIGA MARTIN	VT2M- 91	0:42:19	0:04:14	0:42:05	0:04:13	0:30:59		
352	227 JOSE MANUEL GARCIA NUÑEZ	VT2M- 92	0:42:20	0:04:14	0:42:02	0:04:13	0:31:00		ATLETISMO NOIA
353	2468 ÓSCAR FRESNEDO ARIAS	SNM- 96	0:42:21	0:04:15	0:41:52	0:04:12	0:31:17		
354	322 JOSE LUIS SANTISO FREIRE	VT1M- 121	0:42:22	0:04:15	0:42:18	0:04:14	0:30:42		
355	715 JOSE MARIO CES ABEIJON	SNM- 97	0:42:23	0:04:15	0:42:07	0:04:13	0:30:54		
356	2297 DAVID LOPEZ GONZALEZ	SNM- 98	0:42:24	0:04:15	0:42:15	0:04:14	0:30:50		
357	331 JOSÉ MANUEL ALDREY RAICES	SNM- 99	0:42:24	0:04:15	0:42:12	0:04:14	0:30:59		
358	2665 DAVID CRUZ SOTO	JNM- 4	0:42:25	0:04:15	0:41:57	0:04:12	0:31:01		
359	2188 ROBERTO MARTINEZ DOMINGUEZ	VT2M- 93	0:42:25	0:04:15	0:42:16	0:04:14	0:30:50	A-1113	ATLETISMO FONTES DO SAR
360	2270 PABLO SEIVANE VIOR	VT2M- 94	0:42:26	0:04:15	0:42:20	0:04:14	0:30:48		
361	313 JORGE MACIEL ANDRES	VT2M- 95	0:42:26	0:04:15	0:42:20	0:04:14	0:30:32		
362	2218 J.CARLOS CASTRILLON CRESPO	VT1M- 122	0:42:27	0:04:15	0:42:21	0:04:15	0:30:43		
363	310 JESUS VAZQUEZ VAZQUEZ	VT2M- 96	0:42:27	0:04:15	0:42:23	0:04:15	0:30:50		
364	1088 GUILLERMO CRIADO CAO	VT1M- 123	0:42:29	0:04:15	0:41:42	0:04:11	0:31:38		
365	2170 JOSÉ RAMÓN SÁEZ SUÁREZ	SNM- 100	0:42:29	0:04:15	0:42:11	0:04:14	0:30:27	GA-1938	C.A.RÍA DE FERROL
366	1225 LUIS HERMIDA REIMUNDEZ	VT1M- 124	0:42:31	0:04:16	0:41:54	0:04:12	0:31:12		
367	1238 MANUEL ROUCO FERNÁNDEZ	SNM- 101	0:42:31	0:04:16	0:42:06	0:04:13	0:31:15		
368	2288 RUBEN REIGADA SEIJO	VT2M- 97	0:42:31	0:04:16	0:42:21	0:04:15	0:30:53		
369	2348 IGNACIO PUEYO SANTILLANA	VT2M- 98	0:42:32	0:04:16	0:42:24	0:04:15	0:30:46		
370	2160 MANUEL ANTONIO TRABADA GOMEZ	VT3M- 22	0:42:32	0:04:16	0:42:25	0:04:15	0:31:16	AG 10224	ATLETISMO MONTE SEGADE
371	2253 JESUS MANUEL GANDOY VILAR	VT3M- 23	0:42:32	0:04:16	0:42:22	0:04:15	0:31:25		
372	2372 ALBERTO ANTELO SÁNCHEZ	VT1M- 125	0:42:33	0:04:16	0:42:19	0:04:14	0:30:25		
373	241 ANGEL MARTINEZ OVIEDO	VT2M- 99	0:42:34	0:04:16	0:42:30	0:04:15	0:30:45		
374	2215 IVÁN DIÉGUEZ BALADRÓN	VT1M- 126	0:42:34	0:04:16	0:42:27	0:04:15	0:31:03		
375	498 CARLOS BELLO BALADO	SNM- 102	0:42:36	0:04:16	0:42:09	0:04:13	0:31:14		
376	749 JULIO MANUEL MANCEBO LOPEZ	VT1M- 127	0:42:36	0:04:16	0:41:49	0:04:11	0:31:26		
377	2779 JOSE MARIA GARCIA REGUEIRO	VT1M- 128	0:42:37	0:04:16	0:41:29	0:04:09	0:31:26		
378	1425 JOSE REGO COUSO	SNM- 103	0:42:38	0:04:16	0:42:33	0:04:16	0:30:53		
379	2604 ROBERTO PARDAVILA PONCE	VT2M- 100	0:42:39	0:04:16	0:42:08	0:04:13	0:31:37		
380	2269 STOIL NIKOLOV NIKOLOV	VT1M- 129	0:42:41	0:04:17	0:42:28	0:04:15	0:31:15		
381	515 DANIEL BERMÚDEZ	SNM- 104	0:42:42	0:04:17	0:41:55	0:04:12	0:31:15		
382	336 JUAN CHAO MARTINEZ	SNM- 105	0:42:42	0:04:17	0:42:29	0:04:15	0:31:08		
383	1338 SANTIAGO PELETEIRO TUBÍO	SNM- 106	0:42:43	0:04:17	0:42:17	0:04:14	0:31:32		
384	2594 FEDERICO PORTO ARIAS	VT2M- 101	0:42:45	0:04:17	0:42:36	0:04:16	0:31:07		
385	223 CONSTANTINO D. BELLO COSTAL	VT2M- 102	0:42:48	0:04:17	0:42:40	0:04:16	0:31:12	AG 69823	ATLÉTICA A SILVA

386	1126	JESÚS LENDOIRO SANTIAGO	VT2M- 103	0:42:48	0:04:17	0:42:45	0:04:17	0:30:36	
387	545	ENRIQUE IGLESIAS GONZALEZ	VT3M- 24	0:42:48	0:04:17	0:42:32	0:04:16	0:31:29	
388	366	PABLO CAAVEIRO PIÑEIRO	SNM- 107	0:42:49	0:04:17	0:42:35	0:04:16	0:31:15	
389	1532	DAVID RAMOS BANEIRA	SNM- 108	0:42:49	0:04:17	0:42:21	0:04:15	0:31:30	
390	2352	XESUS MANUEL SEGADE CAROU	VT1M- 130	0:42:49	0:04:17	0:42:40	0:04:16	0:31:07	
391	2295	TOMÁS GARCÍA GALLEGO	VT2M- 104	0:42:50	0:04:17	0:42:40	0:04:16	0:31:00	
392	2407	ALFONSO FERNANDEZ DOMINGUEZ	VT1M- 131	0:42:52	0:04:18	0:42:31	0:04:16	0:31:39	CLUB ALEJANDRO GOMEZ
393	360	MIGUEL ANGEL VARELA LÓPEZ	VT2M- 105	0:42:52	0:04:18	0:42:33	0:04:16	0:31:13	
394	2633	RAFAEL ESPIDO LATA	SNM- 109	0:42:52	0:04:18	0:42:20	0:04:14	0:31:35	
395	2761	PABLO RODRIGUEZ ALVAREZ	VT1M- 132	0:42:53	0:04:18	0:42:48	0:04:17	0:31:00	
396	2146	JOSE ANTONIO JUANATEY PEREZ	VT2M- 106	0:42:54	0:04:18	0:42:45	0:04:17	0:31:01	A-9873 ATLETISMO FONTES DO SAR
397	421	AGUSTIN ALVAREZ FERNANDEZ	SNM- 110	0:42:54	0:04:18	0:42:40	0:04:16	0:31:10	
398	2273	JOSÉ MANUEL GUERRERO CASTILLO	VT1M- 133	0:42:54	0:04:18	0:42:41	0:04:17	0:30:36	
399	1337	SANTIAGO CARBALLO CHAPELA	VT1M- 134	0:42:55	0:04:18	0:42:11	0:04:14	0:32:00	
400	1404	FERNANDO VALIÑO PÉREZ	SNM- 111	0:42:55	0:04:18	0:41:43	0:04:11	0:31:53	
401	2239	JOSÉ ANTONIO ÁLVAREZ FLORES	VT2M- 107	0:42:55	0:04:18	0:42:39	0:04:16	0:31:18	
402	2345	JOSE MANUEL PETEIRO	VT2M- 108	0:42:57	0:04:18	0:42:44	0:04:17	0:31:18	
403	356	MARTÍN PARDO MAZÁS	SNM- 112	0:42:57	0:04:18	0:42:47	0:04:17	0:31:03	
404	2368	ANTONIO CASTRO HERMIDA	VT1M- 135	0:42:57	0:04:18	0:42:39	0:04:16	0:31:25	
405	2258	JAVIER FIGUEROA RODRIGUEZ	VT1M- 136	0:42:58	0:04:18	0:42:53	0:04:18	0:31:07	
406	2490	CESAR COSTOYA PRADO	SNM- 113	0:42:58	0:04:18	0:42:40	0:04:16	0:31:26	
407	2332	JOSÉ SÁNCHEZ PARDO	SNM- 114	0:42:59	0:04:18	0:42:53	0:04:18	0:31:30	
408	2328	CRISTÓBAL SOMOZA BELLO	SNM- 115	0:43:01	0:04:19	0:42:55	0:04:18	0:31:09	
409	2248	MANUEL PONTE LORENZO	SNM- 116	0:43:01	0:04:19	0:42:00	0:04:12	0:31:40	
410	1284	PABLO CAMPO FERNANDEZ	VT2M- 109	0:43:01	0:04:19	0:42:57	0:04:18	0:31:15	
411	2175	MANUEL FERREIRA VARELA	VT3M- 25	0:43:01	0:04:19	0:42:54	0:04:18	0:31:32	AG764010 CLUB ATLETISMO SADA
412	244	ADOLFO RODRIGUEZ RODRIGUEZ	VT3M- 26	0:43:02	0:04:19	0:42:52	0:04:18	0:30:30	
413	279	DAVID VIDAL LAGARES	SNM- 117	0:43:03	0:04:19	0:42:49	0:04:17	0:31:05	
414	2522	XAN XOSE SUAREZ VILELA	SNM- 118	0:43:03	0:04:19	0:42:45	0:04:17	0:32:01	
415	2320	MARCOS CORGO RIVEIRO	SNM- 119	0:43:04	0:04:19	0:41:57	0:04:12	0:31:43	
416	2016	EUSEBIA MALDONADO DE SUAREZ	F- 11 SNF- 5	0:43:04	0:04:19	0:42:59	0:04:18	0:31:15	
417	2304	ANGEL LORENZO SILVA	VT1M- 137	0:43:06	0:04:19	0:42:45	0:04:17	0:31:44	
418	394	FERNANDO VARELA CASTRO	PRM- 11	0:43:06	0:04:19	0:42:56	0:04:18	0:30:40	A10260 ATLETISMO CORUÑA COMARCA
419	1076	FRANCISCO JOSE MARTINEZ BLANCO	VT1M- 138	0:43:08	0:04:19	0:42:25	0:04:15	0:31:43	
420	258	BERNARDO DOMINGUEZ MANTEIGA	PRM- 12	0:43:08	0:04:19	0:42:51	0:04:18	0:31:16	
421	2331	ROBERTO JOSE MENDEZ QUINDIMIL	VT1M- 139	0:43:09	0:04:19	0:42:48	0:04:17	0:31:37	
422	2257	EMILIO CANAL BLANCO	VT3M- 27	0:43:09	0:04:19	0:42:56	0:04:18	0:31:36	
423	372	RAMÓN RODRÍGUEZ CASAL	VT1M- 140	0:43:10	0:04:19	0:42:53	0:04:18	0:31:34	
424	2163	PABLO DIAZ GAY	VT1M- 141	0:43:12	0:04:20	0:43:02	0:04:19	0:31:32	AG 10212 ATLETISMO MONTE SEGADE
425	282	DIEGO BERGONDO CAÑAS	SNM- 120	0:43:12	0:04:20	0:42:58	0:04:18	0:31:46	
426	2266	PABLO GONZALEZ GONZALEZ	VT3M- 28	0:43:12	0:04:20	0:43:06	0:04:19	0:31:14	
427	240	ANTONIO DE LA MATA GARCÍA	VT2M- 110	0:43:13	0:04:20	0:43:02	0:04:19	0:31:17	
428	2190	ROBERTO CID SANMARTIN	VT1M- 142	0:43:14	0:04:20	0:43:11	0:04:20	0:30:29	AG765082 MARINEDA ATLETICO
429	320	JOSE IVAN VALENCIA BARCIA	SNM- 121	0:43:16	0:04:20	0:42:51	0:04:18	0:31:37	
430	297	FRANCISCO XABIER RODRIGUEZ CAMPOS	SNM- 122	0:43:17	0:04:20	0:43:00	0:04:18	0:32:00	
431	2222	ISMAEL MANEIRO FERREIRO	SNM- 123	0:43:19	0:04:20	0:43:03	0:04:19	0:31:28	
432	2420	JUAN MENENDEZ ARBESÚ	VT2M- 111	0:43:20	0:04:20	0:41:17	0:04:08	0:32:12	EGOVARROS - VIVEIRO
433	2209	ROBERTO PICO POUSO	VT2M- 112	0:43:21	0:04:21	0:43:12	0:04:20	0:31:39	TRIATLON CORUÑA
434	2314	LUIS GAMUNDI MIRAZ	VT3M- 29	0:43:21	0:04:21	0:43:04	0:04:19	0:31:25	
435	2715	ENRIQUE MORALES BARBOSA	VT2M- 113	0:43:23	0:04:21	0:42:43	0:04:17	0:32:07	
436	643	JESUS PEREDA FERNANDEZ	VT1M- 143	0:43:23	0:04:21	0:42:55	0:04:18	0:31:41	
437	243	ADOLFO RIOBO MUIÑO	VT2M- 114	0:43:23	0:04:21	0:43:20	0:04:20	0:31:34	
438	345	LUIS SOLANO DIAZ DEL RIO	VT1M- 144	0:43:23	0:04:21	0:43:05	0:04:19	0:31:27	
439	404	DIEGO VARELA BARREIRO	SNM- 124	0:43:23	0:04:21	0:42:49	0:04:17	0:32:19	
440	2293	RENATO FARALDO SANTOS	VT2M- 115	0:43:24	0:04:21	0:43:12	0:04:20	0:31:44	
441	2226	JOSE ANTONIO CASTRO LISTA	VT1M- 145	0:43:25	0:04:21	0:43:16	0:04:20	0:31:48	
442	2174	JUAN MENDEZ LOPEZ	VT2M- 116	0:43:25	0:04:21	0:43:17	0:04:20	0:31:31	AG11270 CLUB ATLETISMO SADA
443	838	OSIRIS AMORIN RODRÍGUEZ	SNM- 125	0:43:25	0:04:21	0:43:11	0:04:20	0:32:12	
444	2460	LUIS MANUEL BUSSIERES FERREIRA	VT2M- 117	0:43:26	0:04:21	0:43:09	0:04:19	0:31:57	
445	2246	JULIÁN DE LA CALLE FERNÁNDEZ	SNM- 126	0:43:29	0:04:21	0:43:18	0:04:20	0:31:35	
446	1446	MARTÍN LAMAS DÍAZ	SNM- 127	0:43:30	0:04:21	0:43:05	0:04:19	0:31:29	
447	2681	XABIER VARELA LOPEZ	VT1M- 146	0:43:31	0:04:22	0:43:19	0:04:20	0:31:26	
448	2752	ANGEL FERRARI AUGUSTO	PRM- 13	0:43:31	0:04:22	0:43:28	0:04:21	0:29:21	ag-1691 VILA DE CANGAS
449	278	DAVID LOPEZ RIVAS	VT1M- 147	0:43:32	0:04:22	0:43:19	0:04:20	0:31:49	
450	2180	JOSÉ MARÍA LEVOSO TOUCEDA	VT2M- 118	0:43:32	0:04:22	0:43:19	0:04:20	0:31:41	AG-11025 CLUB ESPRINTES OURENSE

451	1488	JORGE RAMOS SEIJO		SNM- 128	0:43:33	0:04:22	0:43:29	0:04:21		0:30:23		
452	511	DANIEL ÁLVAREZ RAMOS		SNM- 129	0:43:33	0:04:22	0:42:56	0:04:18		0:32:21		
453	2311	MANUEL LUGILDE RODRÍGUEZ		VT1M- 148	0:43:34	0:04:22	0:43:28	0:04:21		0:31:19		
454	228	LUIS MIGUEL VILANOVA MARTELO		VT2M- 119	0:43:34	0:04:22	0:43:16	0:04:20		0:31:47		ATLETISMO NOIA
455	370	PABLO BREA PEÓN		SNM- 130	0:43:35	0:04:22	0:43:17	0:04:20		0:31:59		
456	1479	DIEGO GONZALEZ FERNANDEZ		PRM- 14	0:43:36	0:04:22	0:43:24	0:04:21		0:32:09		
457	508	COSME MARTINEZ NAYA		SNM- 131	0:43:36	0:04:22	0:43:20	0:04:20		0:31:43		
458	605	IGNACIO GARCIA RODRIGUEZ		SNM- 132	0:43:37	0:04:22	0:43:13	0:04:20		0:31:47		
459	1140	JORGE LAMAS CASARIEGO		VT2M- 120	0:43:38	0:04:22	0:43:28	0:04:21		0:32:06		
460	1148	JORJE RODRIGUEZ		SNM- 133	0:43:38	0:04:22	0:43:32	0:04:22		0:31:55		
Descalificad	779	MANUEL FOLGAR ROMAY		VT2M- 121								
462	2652	SERGIO MONTEAGUDO RODRIGUEZ		SNM- 134	0:43:41	0:04:23	0:43:33	0:04:22		0:31:58		
463	1118	JAVIER OUBIÑA ABUIN		SNM- 135	0:43:42	0:04:23	0:43:26	0:04:21		0:31:57		
464	2275	LEANDRO GONZÁLEZ CASTRO		VT2M- 122	0:43:44	0:04:23	0:43:37	0:04:22		0:31:51		
465	2688	ANTONIO RODRÍGUEZ RODRÍGUEZ		VT1M- 149	0:43:45	0:04:23	0:43:30	0:04:21		0:31:40		
466	12	FATIMA PAZ GAGO	F- 12	VT3F- 1	0:43:46	0:04:23	0:43:39	0:04:22		0:31:57	GA12761	USC
467	330	JOSE MANUEL SEOANE CHAS		VT3M- 30	0:43:46	0:04:23	0:43:38	0:04:22		0:31:38		
468	2679	JOSE MANUEL PENA LAMAS		SNM- 136	0:43:48	0:04:23	0:43:10	0:04:19		0:32:10		
469	2416	PEDRO DOMENECH GONZÁLEZ		VT1M- 150	0:43:49	0:04:23	0:43:29	0:04:21		0:32:10	A-10553	ATLETISMO CORUÑA COMARCA
470	326	JOSE MANUEL COLLAZO GOLÁN		VT2M- 123	0:43:50	0:04:23	0:43:41	0:04:23		0:32:05		
471	364	OSCAR LEIS MOURIÑO		VT2M- 124	0:43:50	0:04:23	0:43:17	0:04:20		0:31:57		
472	250	ALEX CORRAL IRIARTE		VT1M- 151	0:43:50	0:04:23	0:43:41	0:04:23		0:32:18		
473	338	JUAN CARLOS MATO MORADO		SNM- 137	0:43:51	0:04:24	0:43:31	0:04:22		0:32:21		
474	340	JUAN JOSE GARCIA LOPEZ		VT2M- 125	0:43:52	0:04:24	0:43:36	0:04:22		0:32:08		
475	2333	RODRIGO MENDEZ CASAS		SNM- 138	0:43:53	0:04:24	0:43:48	0:04:23		0:31:36		
476	2449	XAN CARLOS BARREIRO AMOR		VT3M- 31	0:43:54	0:04:24	0:43:30	0:04:21		0:32:00		
477	1499	LUIS ENRIQUE FERNANDEZ RODRIGUEZ		VT2M- 126	0:43:54	0:04:24	0:43:51	0:04:24		0:31:32		
478	2284	JOSE LUIS GRANDE GIL		VT1M- 152	0:43:57	0:04:24	0:42:56	0:04:18		0:32:47		
479	1063	FERNANDO PALOS PAZ		SNM- 139	0:43:57	0:04:24	0:43:38	0:04:22		0:31:57		
480	976	BRUNO GARCIA CERDEIRAS		VT1M- 153	0:43:57	0:04:24	0:43:08	0:04:19		0:32:14		
481	306	IVÁN SEOANE DÍAZ		SNM- 140	0:43:58	0:04:24	0:43:39	0:04:22		0:32:00		
482	1203	JUAN JESÚS PAZOS MANTIÑÁN		VT3M- 32	0:44:01	0:04:25	0:43:43	0:04:23		0:31:46		
483	2668	CARLOS ALBERTO ALONSO MOREIRA		SNM- 141	0:44:02	0:04:25	0:43:25	0:04:21		0:32:06		
484	660	JORGE FIALLEGA MARRUBE		SNM- 142	0:44:02	0:04:25	0:43:25	0:04:21		0:32:21		
485	2454	ANGEL GARCIA ESTRADA		SNM- 143	0:44:03	0:04:25	0:43:48	0:04:23		0:31:54		
486	1486	JAVIER IGLESIAS FREIRE		VT1M- 154	0:44:03	0:04:25	0:43:28	0:04:21		0:32:14		
487	1545	DIEGO ISMAEL FRAGA SISO		VT1M- 155	0:44:03	0:04:25	0:43:46	0:04:23		0:32:16		
488	2162	FERNANDO PIN GRAÑA		VT2M- 127	0:44:04	0:04:25	0:43:56	0:04:24		0:32:16	AG 763718	ATLETISMO MONTE SEGADE
489	862	PEDRO SALGUEIRO RILO		SNM- 144	0:44:05	0:04:25	0:43:12	0:04:20		0:32:50		
490	687	JOSÉ ENRIQUE EIROA MORÁS		VT1M- 156	0:44:06	0:04:25	0:43:45	0:04:23		0:32:40		
491	2329	EMILIO SABORIDO FERNANDEZ		SNM- 145	0:44:07	0:04:25	0:43:48	0:04:23		0:32:09		
492	975	BRANDAN VALBUENA GARCIA		SNM- 146	0:44:08	0:04:25	0:43:44	0:04:23		0:32:06		
493	2612	JUAN RAMÓN ROMERO PENA		VT2M- 128	0:44:09	0:04:25	0:44:02	0:04:25		0:31:52		
494	2250	JOSE MANUEL CASTRO ROIS		VT3M- 33	0:44:09	0:04:25	0:44:04	0:04:25		0:31:25		
495	527	DAVID CAZÓN TORREJÓN		SNM- 147	0:44:10	0:04:25	0:43:54	0:04:24		0:32:09		
496	852	PABLO FRANCO YÁÑEZ		SNM- 148	0:44:10	0:04:25	0:43:49	0:04:23		0:32:10		
497	1501	MATIAS RODRIGUEZ		PRM- 15	0:44:11	0:04:26	0:43:59	0:04:24		0:32:17		
498	2406	EDUARDO REY QUINTELA		VT1M- 157	0:44:15	0:04:26	0:43:48	0:04:23		0:32:44		CLUB ALEJANDRO GOMEZ
499	449	ALFONSO GONZÁLEZ JUAN		SNM- 149	0:44:15	0:04:26	0:42:50	0:04:17		0:33:02		
500	2512	PABLO PAZOS GARCIA		SNM- 150	0:44:16	0:04:26	0:43:58	0:04:24		0:32:12		
501	1037	DIEGO PEREZ PARDO		SNM- 151	0:44:16	0:04:26	0:43:55	0:04:24		0:32:14		
502	2307	MIGUEL ANGEL GÓMEZ SENÍN		VT1M- 158	0:44:16	0:04:26	0:43:57	0:04:24		0:32:39		
503	888	ROBERTO SUAREZ RODRIGUEZ		SNM- 152	0:44:17	0:04:26	0:44:07	0:04:25		0:32:14		
504	2696	GUILLERMO CONCHEIRO FERNÁNDEZ		VT3M- 34	0:44:17	0:04:26	0:44:04	0:04:25		0:32:24		
505	1355	XULIAN CARLOS BREA SANCHEZ		VT3M- 35	0:44:18	0:04:26	0:43:21	0:04:21		0:32:43		
506	861	PEDRO GONZALEZ LAGO		VT2M- 129	0:44:19	0:04:26	0:43:43	0:04:23		0:32:29		
507	901	SANTI MONTENEGRO MATO		SNM- 153	0:44:19	0:04:26	0:44:11	0:04:26		0:32:03		
508	2408	EUGENIO CHAMORRO RODRIGUEZ		VT3M- 36	0:44:19	0:04:26	0:44:10	0:04:25		0:32:27		CLUB ALEJANDRO GOMEZ
509	795	MARCOS SÁNCHEZ RILO		VT1M- 159	0:44:19	0:04:26	0:43:53	0:04:24		0:32:27		
510	2735	JOSÉ ALLEGUE BLANCO		VT3M- 37	0:44:20	0:04:26	0:44:03	0:04:25		0:32:40	ga17118	
511	603	HUMBERTO BRACCO MARINI		VT3M- 38	0:44:20	0:04:26	0:44:09	0:04:25		0:32:18		
512	1352	XIÁN MAYO MAURIZ		SNM- 154	0:44:21	0:04:27	0:44:06	0:04:25		0:32:48		
513	1422	JAVIER CACHO MOSQUERA		SNM- 155	0:44:21	0:04:27	0:44:04	0:04:25		0:32:02		
514	1371	MARGARITA POSE LORENZO	F- 13	SNF- 6	0:44:22	0:04:27	0:44:04	0:04:25		0:32:02		
515	2660	RAUL MARTINEZ LIJÓ		SNM- 156	0:44:23	0:04:27	0:43:51	0:04:24		0:32:15		



516	2159	ISIDORO FEIJOO ANSEAN		VT3M- 39	0:44:23	0:04:27	0:44:15	0:04:26	0:32:07	GA 19572	ATLETISMO MONTE SEGADE
517	1029	DAVID ALONSO GARCÍA		JNM- 5	0:44:23	0:04:27	0:43:14	0:04:20	0:33:05		
518	2268	MARCOS ORDÓÑEZ RODRÍGUEZ		VT1M- 160	0:44:24	0:04:27	0:44:07	0:04:25	0:32:16		
519	2586	DAVID RODRIGUEZ PARDO		SNM- 157	0:44:24	0:04:27	0:43:44	0:04:23	0:32:32		
520	894	RUBEN MENENDEZ FERNANDEZ		VT1M- 161	0:44:24	0:04:27	0:43:44	0:04:23	0:32:15		
521	2517	IVAN VARELA BARREIRO		VT1M- 162	0:44:26	0:04:27	0:43:52	0:04:24	0:32:50		
522	2561	JUANJO ORTEGA ORTEGA		VT1M- 163	0:44:27	0:04:27	0:44:05	0:04:25	0:32:22		
523	262	CARLOS PAZOS PORTO		VT2M- 130	0:44:27	0:04:27	0:44:11	0:04:26	0:32:25		
524	934	ADRIAN FERNANDEZ GARCIA		PRM- 16	0:44:27	0:04:27	0:43:16	0:04:20	0:32:49		
525	299	GABRIEL ROSÓN PORTO		VT2M- 131	0:44:27	0:04:27	0:44:17	0:04:26	0:32:15		
526	2343	MANUEL VILA CARBALLEDO		VT3M- 40	0:44:27	0:04:27	0:44:22	0:04:27	0:32:05		
527	2414	FERNANDO MIGUEZ SANCHEZ		VT2M- 132	0:44:28	0:04:27	0:44:08	0:04:25	0:32:47	AG11266	CLUB ATLETISMO SADA
528	2526	JESÚS PARDO CASTRO		VT2M- 133	0:44:28	0:04:27	0:43:59	0:04:24	0:32:29		
529	1395	CARLOS MARÍA RODRÍGUEZ LÓPEZ		PRM- 17	0:44:28	0:04:27	0:44:15	0:04:26	0:32:54		
530	1083	GONZALO LÓPEZ PAZ		SNM- 158	0:44:28	0:04:27	0:43:11	0:04:20	0:33:35		
531	2010	PURIFICACIÓN BERMÚDEZ TURNES	F- 14	VT2F- 4	0:44:30	0:04:27	0:44:17	0:04:26	0:32:35	AG 763763	NOITEBRA F.C.
532	369	PABLO INSUA PEDROSA		SNM- 159	0:44:30	0:04:27	0:44:14	0:04:26	0:32:37		
533	332	JOSÉ MANUEL PEDROSA MAYO		SNM- 160	0:44:30	0:04:27	0:44:16	0:04:26	0:32:26		
534	812	MIGUEL DIAZ CARBALLO		VT2M- 134	0:44:30	0:04:27	0:44:00	0:04:24	0:32:48		
535	2631	JOSE RAMON FERNANDEZ LOPEZ		VT1M- 164	0:44:31	0:04:28	0:44:19	0:04:26	0:31:48		
536	303	IAGO FERNÁNDEZ IGLESIAS		SNM- 161	0:44:32	0:04:28	0:44:12	0:04:26	0:32:27		
537	909	SENEBARRAL GOMEZ		VT1M- 165	0:44:35	0:04:28	0:44:21	0:04:27	0:32:08		
538	67	PATRICIA ALDAO VARELA	F- 15	VT1F- 1	0:44:35	0:04:28	0:44:22	0:04:27	0:32:08		
539	9	ANDREA MONTERO MARTINEZ	F- 16	PRF- 4	0:44:35	0:04:28	0:44:31	0:04:28	0:32:11	GA17123	RIA FERROL CONCEPCION ARENAL
540	1116	JAVIER FUENTES FÁBREGAS		SNM- 162	0:44:35	0:04:28	0:44:15	0:04:26	0:32:56		
541	2524	FRANCISCO ROMERO PARADA		VT1M- 166	0:44:36	0:04:28	0:44:19	0:04:26	0:32:13		
542	2409	DANIEL RIVEIRA RUANOVA		VT2M- 135	0:44:37	0:04:28	0:43:58	0:04:24	0:32:53	A-10418	ATLETISMO CORUÑA COMARCA
543	658	JORGE GARCÍA ZAS		VT1M- 167	0:44:39	0:04:28	0:44:06	0:04:25	0:32:44		
544	811	MIGUEL FLORES LOJO		VT1M- 168	0:44:40	0:04:28	0:44:23	0:04:27	0:32:13		
545	1262	MIGUEL REGUEIRA VEIGA		SNM- 163	0:44:41	0:04:29	0:43:58	0:04:24	0:33:44		
546	265	CARLOS A. VÁZQUEZ CASTELEIRO		VT1M- 169	0:44:41	0:04:29	0:43:47	0:04:23	0:33:38		
547	842	PABLO GARCÍA VAZQUEZ		VT1M- 170	0:44:42	0:04:29	0:44:21	0:04:27	0:32:43		
548	468	ANTONIO GARCIA-CARPINTERO DIAZ		SNM- 164	0:44:42	0:04:29	0:44:23	0:04:27	0:32:26		
549	1312	RAMON RIOS CALVO		VT3M- 41	0:44:45	0:04:29	0:44:16	0:04:26	0:32:38		
550	600	GUILLERMO PEREZ-NAVAS		VT2M- 136	0:44:47	0:04:29	0:44:39	0:04:28	0:32:50		
551	1384	FCO JAVIER GARCÍA BARREIRO		VT1M- 171	0:44:47	0:04:29	0:44:36	0:04:28	0:32:21		
552	2701	JOSÉ MANUEL CASÁS CASÁS		SNM- 166	0:44:48	0:04:29	0:44:31	0:04:28	0:32:48		
553	423	ALBERTO FERNANDEZ FERNANDEZ		SNM- 165	0:44:48	0:04:29	0:44:29	0:04:27	0:32:42		
554	799	MARCOS PENSADORRES		SNM- 167	0:44:49	0:04:29	0:43:56	0:04:24	0:32:51		
555	2236	LUIS VALBUENA GARRIDO		VT1M- 172	0:44:49	0:04:29	0:44:34	0:04:28	0:32:28		
556	599	GUILLERMO LESTA NAVEIRA		VT2M- 137	0:44:49	0:04:29	0:44:32	0:04:28	0:32:24		
557	1522	ROBERTO GONZALEZ BLANCO		VT2M- 138	0:44:50	0:04:29	0:43:35	0:04:22	0:33:34		
558	2640	JOSE SAMBADE CARREIRA		VT1M- 173	0:44:50	0:04:29	0:44:37	0:04:28	0:32:34		
559	2259	IVAN REDONDO VIDAL		SNM- 168	0:44:51	0:04:30	0:44:11	0:04:26	0:34:45		
560	411	BORJA CANTO BAÑA		SNM- 169	0:44:52	0:04:30	0:44:25	0:04:27	0:33:46		
561	2530	JOSÉ MANUEL DOPICO SOTO		VT3M- 42	0:44:52	0:04:30	0:44:33	0:04:28	0:32:35		
562	160	MARIA JESUS BODELON GONZÁLEZ	F- 17	VT1F- 2	0:44:52	0:04:30	0:44:26	0:04:27	0:33:19		
563	2276	OSCAR CARRACEDO REGUEIRA		SNM- 170	0:44:53	0:04:30	0:44:28	0:04:27	0:32:51		
564	2340	ENRIQUE JORGE RAMA RODRÍGUEZ		VT2M- 139	0:44:54	0:04:30	0:44:16	0:04:26	0:32:45		
565	395	ANTONIO RIERA CACHERO		VT4M- 2	0:44:54	0:04:30	0:44:51	0:04:30	0:32:44	AG764225 T	ESCOLA ATLETISMO DEZA
566	625	JAIME SANTIAGO PARDO RODRÍGUEZ		VT3M- 43	0:44:54	0:04:30	0:44:20	0:04:26	0:33:01		
567	1205	JUAN JOSÉ TRABAZO FARIÑA		VT3M- 44	0:44:54	0:04:30	0:44:16	0:04:26	0:32:48		
568	973	BERNALDO PENAS ANTELO		SNM- 171	0:44:55	0:04:30	0:44:34	0:04:28	0:33:25		
569	2334	JOSE ANGEL DIAZ BAUTISTA		SNM- 172	0:44:57	0:04:30	0:44:37	0:04:28	0:33:39		
570	10	CARMEN RODRIGUEZ JARAZO	F- 18	VT2F- 5	0:44:58	0:04:30	0:44:38	0:04:28	0:32:56		ATLETISMO RIAZOR CORUÑA
571	1270	MIGUEL ANGEL DOMINGUEZ MARTINEZ		VT1M- 174	0:44:59	0:04:30	0:44:30	0:04:27	0:33:17		
572	1155	JOSÉ NÚÑEZ RODRÍGUEZ		SNM- 173	0:45:00	0:04:30	0:44:05	0:04:25	0:33:20		
573	2617	JESUS LOPEZ VALLADARES		VT1M- 175	0:45:01	0:04:31	0:43:59	0:04:24	0:33:07		
574	383	SERGIO LORENZO BLANCO		SNM- 174	0:45:01	0:04:31	0:44:43	0:04:29	0:32:43		
575	2504	RAMON ANTONIO VARELA MIGUEZ		VT3M- 45	0:45:03	0:04:31	0:44:47	0:04:29	0:32:49		
576	2481	MIGUEL MARROZOS LOPEZ		SNM- 175	0:45:04	0:04:31	0:44:04	0:04:25	0:33:45		
577	2663	RAMON VILLAR RUIBAL		VT2M- 140	0:45:04	0:04:31	0:44:38	0:04:28	0:32:50		
578	1138	JORGE SANCLAUDIO PIÑÓN		SNM- 176	0:45:04	0:04:31	0:44:49	0:04:29	0:32:54		
579	2193	RAFAEL SUAREZ		VT2M- 141	0:45:04	0:04:31	0:44:58	0:04:30	0:32:42	AG763630	MARINEDA ATLETICO
580	516	DANIEL UZAL VEIGA		JNM- 6	0:45:04	0:04:31	0:44:22	0:04:27	0:33:44		

581	1386 RAFAEL PÉREZ INFANTE		VT2M- 142	0:45:05	0:04:31	0:44:54	0:04:30		0:31:22
582	2127 DAVID SENRA EIROA		SNM- 177	0:45:06	0:04:31	0:45:01	0:04:31		0:32:51
583	764 LUIS MIGUEL MARTIN PEREZ		VT1M- 176	0:45:07	0:04:31	0:44:54	0:04:30		0:32:41
584	2415 JORGE VALDES PORTO		VT2M- 143	0:45:07	0:04:31	0:44:37	0:04:28	AG764015	CLUB ATLETISMO SADA
585	2243 JAVIER LOPEZ RODRIGUEZ		VT2M- 144	0:45:07	0:04:31	0:44:58	0:04:30		0:33:04
586	2381 FRANCISCO DUARTE VAZQUEZ		VT2M- 145	0:45:09	0:04:31	0:44:52	0:04:30	AG-764342	ATLETISMO BOIMORTO
587	491 CARLOS CASÁS		VT1M- 177	0:45:09	0:04:31	0:44:38	0:04:28		0:33:06
588	752 LUCAS FREIRE LAGE		SNM- 178	0:45:11	0:04:32	0:44:22	0:04:27		0:33:11
589	879 RICARDO POVEDA SANCHEZ		VT1M- 178	0:45:11	0:04:32	0:44:45	0:04:29		0:33:01
590	2327 ROBERTO VENTUREIRA DOPICO		VT2M- 146	0:45:11	0:04:32	0:44:54	0:04:30		0:32:44
591	2674 MARTÍN IGLESIAS DORTA		SNM- 179	0:45:11	0:04:32	0:44:40	0:04:28		0:33:11
592	908 SEGUNDO OVIEDO HERMIDA		VT1M- 179	0:45:13	0:04:32	0:44:54	0:04:30		0:32:58
593	1539 SLAVA		SNM- 180	0:45:13	0:04:32	0:43:41	0:04:23		0:33:12
594	2353 JOSE RODRIGUEZ FIGUEROA		VT2M- 147	0:45:13	0:04:32	0:45:08	0:04:31		0:32:26
595	2324 RICARDO OTERO QUINTANA		VT1M- 180	0:45:14	0:04:32	0:45:02	0:04:31		0:32:22
596	378 RODRIGO ROMERO ABALO		SNM- 181	0:45:14	0:04:32	0:44:50	0:04:29		0:33:07
597	2516 ROBERTO LOPEZ PÉREZ		SNM- 182	0:45:15	0:04:32	0:45:01	0:04:31		0:32:50
598	380 SAID JUAN KALAJI GAREA		SNM- 183	0:45:15	0:04:32	0:45:04	0:04:31		0:33:07
599	1275 NICOLÁS FERNÁNDEZ PITA		SNM- 184	0:45:15	0:04:32	0:44:51	0:04:30		0:33:05
600	2789 ROBERTO SANJUÁN SÁNCHEZ		VT2M- 148	0:45:16	0:04:32	0:44:59	0:04:30		0:33:06
601	1191 JOSÉ RAMÓN FERNÁNDEZ LÓPEZ		VT3M- 46	0:45:16	0:04:32	0:44:28	0:04:27		0:33:23
602	1463 SERGIO CASTELLANOS JIMENEZ		VT1M- 181	0:45:17	0:04:32	0:45:05	0:04:31		0:32:46
603	2156 ALEJANDRO CUADROS VEGA		VT2M- 149	0:45:17	0:04:32	0:45:08	0:04:31	AG 7448	ATLETISMO MONTE SEGADE
604	2543 JOSE ANTONIO AGUIAR GARCIA		VT2M- 150	0:45:18	0:04:32	0:44:59	0:04:30		0:33:22
605	848 PABLO MIRAGAYA LOPEZ		SNM- 185	0:45:19	0:04:32	0:44:37	0:04:28		0:33:46
606	2249 OSCAR VAZQUEZ RIVAS		SNM- 186	0:45:19	0:04:32	0:44:58	0:04:30		0:32:57
607	2005 ANA ISABEL RODRIGUEZ EXPOSITO	F- 19	VT2F- 6	0:45:20	0:04:32	0:45:10	0:04:31	AG7471	ATLETISMO MONTE SEGADE
608	219 JUAN MARTIN FREIRE NOCHE		VT2M- 151	0:45:20	0:04:32	0:45:00	0:04:30		0:33:08
609	249 ALBERTO FERNANDEZ GONZALEZ		VT2M- 152	0:45:20	0:04:32	0:44:58	0:04:30		0:32:52
610	857 PABLO M. TARRÍO GUIRAO		VT1M- 182	0:45:21	0:04:33	0:44:30	0:04:27		0:33:04
611	2048 FELI LÓPEZ ARNAU	F- 20	SNF- 7	0:45:22	0:04:33	0:44:55	0:04:30		0:33:26
612	2450 DANIEL PEREZ LOMBA		VT1M- 183	0:45:22	0:04:33	0:45:00	0:04:30		0:33:36
613	461 ANTON GARCIA PEREZ		VT1M- 184	0:45:22	0:04:33	0:44:55	0:04:30		0:33:04
614	2429 EDUARDO CERNADAS VAZQUEZ		VT1M- 185	0:45:23	0:04:33	0:45:02	0:04:31	AG-763590	RIA FERROL CONCEPCION ARENAL
615	2485 JUAN MANUEL TABARA RODRIGUEZ		VT2M- 153	0:45:23	0:04:33	0:45:13	0:04:32		0:33:17
616	1158 JOSE ANGEL MAZZARELLA COTON		VT1M- 186	0:45:25	0:04:33	0:44:22	0:04:27		0:33:21
617	259 BORJA GONZALEZ REGO		SNM- 187	0:45:25	0:04:33	0:45:20	0:04:32		0:32:43
618	2563 JOSE CORTON GONZALEZ		VT1M- 187	0:45:25	0:04:33	0:44:57	0:04:30		0:32:42
619	181 PILAR ARIAS GRAÑA	F- 21	VT1F- 3	0:45:26	0:04:33	0:44:59	0:04:30		0:33:24
620	1026 DAVID ANDRADE SANDA		SNM- 188	0:45:26	0:04:33	0:44:22	0:04:27		0:33:48
621	2251 HENRIQUE VILA DIAZ		VT2M- 154	0:45:26	0:04:33	0:45:09	0:04:31		0:33:10
622	835 OSCAR DIAZ PRADO		SNM- 189	0:45:27	0:04:33	0:45:02	0:04:31		0:33:00
623	782 MANUEL ANDRES GOMEZ LOPEZ		VT2M- 155	0:45:27	0:04:33	0:44:18	0:04:26		0:33:48
624	144 LUCIA ARMESTO ABELAIRA	F- 22	VT1F- 4	0:45:27	0:04:33	0:44:57	0:04:30		0:33:25
625	569 FERNANDO MIGUEZ CARRO		PRM- 18	0:45:28	0:04:33	0:45:04	0:04:31		0:33:17
626	465 ANTONIO CAÑETE DEL CAMPO		VT2M- 156	0:45:29	0:04:33	0:45:21	0:04:33		0:32:53
627	1544 JUAN LUIS ALVAREZ CARNOTA		VT2M- 157	0:45:30	0:04:33	0:45:13	0:04:32		0:33:39
628	341 JUANJO LOPEZ DE LA OSA		SNM- 190	0:45:30	0:04:33	0:44:59	0:04:30		0:33:05
629	2726 ROMÁN RUIZ ALARCÓN		VT2M- 158	0:45:31	0:04:34	0:45:06	0:04:31		0:33:18
630	2538 EMILIO JOSE JOVE CASTRO		VT2M- 159	0:45:33	0:04:34	0:45:06	0:04:31		0:33:24
631	588 FRANCISCO JAVIER BERMUDEZ CERQUEIRO		SNM- 191	0:45:33	0:04:34	0:44:58	0:04:30		0:33:33
632	1036 DIEGO RIVAS OLIVEIRA		VT1M- 188	0:45:34	0:04:34	0:44:28	0:04:27		0:33:48
633	1229 MANUEL VARELA CAABEIRO		VT2M- 160	0:45:35	0:04:34	0:45:11	0:04:32		0:33:34
634	2579 SANTIAGO GARCÍA GARCIA		VT1M- 189	0:45:35	0:04:34	0:45:23	0:04:33		0:33:14
635	450 ALVARO YAÑEZ DIAZ		SNM- 192	0:45:35	0:04:34	0:45:20	0:04:32		0:33:05
636	2790 SANTIAGO MUIÑOS MAURIZ		VT2M- 161	0:45:35	0:04:34	0:45:04	0:04:31		0:33:24
637	2014 LOLA BASCON OSUNA	F- 23	SNF- 8	0:45:36	0:04:34	0:45:24	0:04:33		0:33:25
638	2227 DIEGO CAO DOPICO		SNM- 193	0:45:37	0:04:34	0:45:11	0:04:32		0:33:19
639	2138 BENITO SANTANA GÓMEZ		VT1M- 190	0:45:39	0:04:34	0:45:30	0:04:33		0:33:15
640	2551 JOSE LUIS LOPEZ ALVAREZ		VT1M- 191	0:45:39	0:04:34	0:45:24	0:04:33		0:33:36
641	652 JORGE FREIRE RICO		VT2M- 162	0:45:40	0:04:34	0:45:06	0:04:31		0:33:40
642	537 DOMINGO PRADO TEIJEIRO		VT1M- 192	0:45:41	0:04:35	0:45:21	0:04:33		0:32:42
643	1279 OSCAR Balsa SANCHEZ		VT2M- 163	0:45:41	0:04:35	0:45:08	0:04:31		0:33:25
644	300 GUSTAVO SEXTO RIVAS		VT1M- 193	0:45:42	0:04:35	0:45:17	0:04:32		0:33:24
645	719 JUAN HIDALGO RODRIGUEZ		VT2M- 164	0:45:42	0:04:35	0:45:24	0:04:33		0:33:14

646	540	EDUARDO RODRIGUEZ URTASUN		VT1M- 194	0:45:43	0:04:35	0:45:25	0:04:33	0:33:17	
647	2358	ENRIQUE LOPEZ FOLGUEIRAS		VT3M- 47	0:45:44	0:04:35	0:45:22	0:04:33	0:32:59	
648	2653	PABLO REY SANDUENDE		SNM- 194	0:45:44	0:04:35	0:45:20	0:04:32	0:33:39	
649	871	RAMON ALBA DOMINGUEZ		SNM- 196	0:45:44	0:04:35	0:45:24	0:04:33	0:33:01	
650	1388	TONI GARCIA PRADO		SNM- 195	0:45:44	0:04:35	0:45:33	0:04:34	0:33:13	
651	2405	JOSE LUIS SIMOES FRNANDEZ		VT3M- 48	0:45:45	0:04:35	0:45:34	0:04:34	0:32:40	CLUB ALEJANDRO GOMEZ
652	2528	IVÁN CRUZ SOTO		SNM- 197	0:45:45	0:04:35	0:45:18	0:04:32	0:33:23	
653	1381	BORJA MUÑOZ PLAZA		VT1M- 195	0:45:47	0:04:35	0:44:45	0:04:29	0:33:30	
654	2636	MARCOS ALVAREZ PATIÑO		VT1M- 196	0:45:48	0:04:35	0:44:53	0:04:30	0:33:00	
655	529	DAVID GONZALEZ PARIS		SNM- 198	0:45:48	0:04:35	0:45:35	0:04:34	0:32:56	
656	471	ANTONIO GARCIA FENTE		VT1M- 197	0:45:50	0:04:35	0:44:47	0:04:29	0:33:32	
657	234	MIGUEL ÁNGEL FERNÁNDEZ NÓVOA		VT2M- 165	0:45:51	0:04:36	0:45:35	0:04:34	0:33:20	AG 765456 MARINEDA ATLETICO
658	513	DANIEL RICO NUÑEZ		SNM- 199	0:45:52	0:04:36	0:44:50	0:04:29	0:33:39	
659	334	JUAN PATIÑO VARELA		VT2M- 166	0:45:52	0:04:36	0:45:33	0:04:34	0:33:42	
660	2493	DOMINGO ALVAREZ IGLESIAS		VT4M- 3	0:45:53	0:04:36	0:44:56	0:04:30	0:33:46	
661	2148	MODESTO GOMEZ		VT3M- 49	0:45:53	0:04:36	0:45:41	0:04:35	0:33:21	A-9756 ATLETISMO FONTES DO SAR
662	2769	AMADOR PUMARIÑO PÉREZ		SNM- 200	0:45:54	0:04:36	0:45:44	0:04:35	0:33:23	
663	2240	TINO CARRODEGUAS		VT2M- 167	0:45:54	0:04:36	0:45:46	0:04:35	0:33:03	
664	2740	FABIO CHAVES RODRIGUEZ		SNM- 201	0:45:54	0:04:36	0:45:52	0:04:36	0:32:48	
665	2783	LUIS MIGUEL LAVANDEIRA COTOS		VT1M- 198	0:45:55	0:04:36	0:44:12	0:04:26	0:34:37	
666	841	PABLO BUCETA BLANCO		VT2M- 168	0:45:57	0:04:36	0:45:23	0:04:33	0:33:29	
667	2427	RAMÓN IGLESIAS REY		SNM- 202	0:45:57	0:04:36	0:44:55	0:04:30	0:33:42	AG 9949 NOITEBRA F.C.
668	2456	JOAQUIN QUINTANS RUIDO		VT2M- 169	0:45:58	0:04:36	0:45:32	0:04:34	0:33:36	
669	2673	XURXO SEIJO SAAVEDRA		SNM- 203	0:45:59	0:04:36	0:45:17	0:04:32	0:33:20	
670	951	ALFONSO VAZQUEZ GOMEZ		SNM- 204	0:45:59	0:04:36	0:45:14	0:04:32	0:33:42	
671	689	JOSÉ FERNANDO TRILLO CARLÍN		VT2M- 170	0:46:00	0:04:36	0:45:23	0:04:33	0:33:54	
672	2629	MANUEL RODRIGUEZ RODRIGUEZ		VT3M- 50	0:46:01	0:04:37	0:45:56	0:04:36	0:33:19	
673	493	CARLOS RODRÍGUEZ RODRÍGUEZ		SNM- 205	0:46:01	0:04:37	0:45:15	0:04:32	0:34:02	
674	296	FRANCISCO JOSÉ DELGADO MONTES		SNM- 206	0:46:01	0:04:37	0:45:48	0:04:35	0:32:58	
675	1361	CARLA MERAYO LÓPEZ	F- 24	SNF- 9	0:46:02	0:04:37	0:45:37	0:04:34	0:33:53	Ga 717304 ATLETISMO CORUÑA COMARCA
676	412	ROBERTO VARELA URRUTIA		VT3M- 51	0:46:02	0:04:37	0:45:58	0:04:36	0:33:49	
677	1089	GUSTAVO GARCIA SEIJO		VT1M- 199	0:46:04	0:04:37	0:45:42	0:04:35	0:33:22	
678	1245	MARCO GIÓN LÓPEZ		VT1M- 200	0:46:04	0:04:37	0:44:47	0:04:29	0:33:38	
679	1159	JOSÉ ÁNGEL FANEGO IGLESIAS		SNM- 207	0:46:05	0:04:37	0:44:58	0:04:30	0:33:45	
680	713	JOSE MARIA LAGO NOCEDA		VT1M- 201	0:46:07	0:04:37	0:45:44	0:04:35	0:33:23	
681	1299	PEDRO PARDO PEREZ		VT2M- 171	0:46:07	0:04:37	0:45:44	0:04:35	0:33:27	
682	1277	OSCAR GARCIA FREIRE		SNM- 208	0:46:08	0:04:37	0:44:40	0:04:28	0:34:44	
683	388	ANTONIO CABANA OROSA		VT4M- 4	0:46:08	0:04:37	0:45:15	0:04:32	0:34:10	GA716928 C.D.EGOVARROS-VIVEIRO
684	783	MANUEL ANGEL JOVE SANTOS		VT2M- 172	0:46:09	0:04:37	0:45:46	0:04:35	0:33:52	
685	194	SUSANA MARIA CARBALLO BALOIRA	F- 25	VT1F- 5	0:46:10	0:04:37	0:45:08	0:04:31	0:33:40	
686	587	FRANCISCO JAVIER GONZÁLEZ LEDO		VT2M- 173	0:46:10	0:04:37	0:45:01	0:04:31	0:34:05	
687	2422	FERNANDO RODRIGUEZ VILARIÑO		VT2M- 174	0:46:11	0:04:38	0:46:07	0:04:37	0:33:24	AG763644 T ESCOLA ATLETISMO DEZA
688	2645	JUAN CASTRO PADIN		VT1M- 202	0:46:11	0:04:38	0:45:13	0:04:32	0:34:18	
689	1073	FRANCISCO JAVIER GARCIA MARTINEZ		SNM- 209	0:46:12	0:04:38	0:45:00	0:04:30	0:34:35	
690	1113	JAVIER TORRALBA DE LA FUENTE		VT1M- 203	0:46:13	0:04:38	0:45:14	0:04:32	0:34:30	
691	1052	ENRIQUE TELLADO NOGUEIRA		VT1M- 204	0:46:15	0:04:38	0:45:46	0:04:35	0:33:50	
692	2632	SERGIO SILVA BAUTISTA		SNM- 210	0:46:15	0:04:38	0:45:26	0:04:33	0:34:09	
693	2626	JAVIER BLANCO AQUINO		VT1M- 205	0:46:16	0:04:38	0:45:24	0:04:33	0:34:28	
694	8	SILVIA TEIJEIRO FERRO	F- 26	VT1F- 6	0:46:17	0:04:38	0:46:07	0:04:37	0:33:43	ga19115 OURENSE ATL. ACADEMIA POSTAL
695	2241	ALBERTO CARRO FERNÁNDEZ		VT1M- 206	0:46:17	0:04:38	0:45:53	0:04:36	0:34:00	
696	1129	JESUS JAVIER PRESEDO MARTINEZ		VT1M- 207	0:46:17	0:04:38	0:44:25	0:04:27	0:34:23	
697	700	JOSE LUIS TEMPRANO CASAL		VT2M- 175	0:46:19	0:04:38	0:45:09	0:04:31	0:34:32	
698	1144	JORGE DIAZ VILLALBA		SNM- 211	0:46:19	0:04:38	0:46:06	0:04:37	0:33:20	
699	2523	MANUEL ANGEL DIAZ FERNANDEZ		VT1M- 208	0:46:19	0:04:38	0:45:55	0:04:36	0:34:00	
700	1494	JULIO FERNÁNDEZ TROITIÑO		VT3M- 52	0:46:19	0:04:38	0:45:14	0:04:32	0:34:44	
701	2558	MIGUEL PICHIN BELLO		VT2M- 176	0:46:19	0:04:38	0:45:48	0:04:35	0:33:39	
702	2342	ALEJANDRO GONZÁLEZ MONTERO		SNM- 212	0:46:20	0:04:38	0:45:59	0:04:36	0:33:41	
703	2203	ANDRES PRIETO LOPEZ		VT2M- 177	0:46:20	0:04:38	0:46:08	0:04:37	0:33:59	
704	2727	JOSE BLANCO REY		VT3M- 53	0:46:21	0:04:39	0:45:54	0:04:36	0:34:02	RIALTO
705	1436	JUAN ANTONIO RIVASROMERO		VT2M- 178	0:46:21	0:04:39	0:45:25	0:04:33	0:34:09	
706	807	MAURICIO LENCE PAZ		VT2M- 179	0:46:21	0:04:39	0:45:25	0:04:33	0:33:45	
707	2791	XABIER CASTRO FERNÁNDEZ		SNM- 213	0:46:22	0:04:39	0:45:46	0:04:35	0:33:42	
708	442	ALEJANDRO RECOUSO SIERRA		SNM- 214	0:46:22	0:04:39	0:45:43	0:04:35	0:34:04	
709	661	JORGE SUÁREZ DE LIS		SNM- 215	0:46:22	0:04:39	0:45:09	0:04:31	0:34:35	
710	672	JOSE ANTA ALVAREZ		SNM- 216	0:46:22	0:04:39	0:45:24	0:04:33	0:34:41	

711	1242	MANUEL TOMÁS LORENZO JUANES		VT1M- 209	0:46:23	0:04:39	0:46:06	0:04:37	0:33:30		
712	536	DIEGO PÉREZ DOPICO		VT1M- 210	0:46:24	0:04:39	0:46:16	0:04:38	0:33:19		
713	2545	CARLOS GARCIA SALGADO		SNM- 217	0:46:24	0:04:39	0:46:15	0:04:38	0:33:24		
714	851	PABLO CASAS LOPEZ		SNM- 218	0:46:24	0:04:39	0:45:35	0:04:34	0:33:52		
715	507	CLAUDINO OUTON TRILLO		VT1M- 212	0:46:24	0:04:39	0:46:04	0:04:37	0:33:16		
716	1527	FERNANDO SILVARREY REDONDO		VT1M- 211	0:46:24	0:04:39	0:45:25	0:04:33	0:34:14		
717	420	AGUSTIN SOUSA GONZALEZ		SNM- 219	0:46:25	0:04:39	0:45:25	0:04:33	0:34:14		
718	2305	ALVARO RIVAS ARES		VT1M- 213	0:46:25	0:04:39	0:46:09	0:04:37	0:33:41		
719	1258	MIGUEL LEMUS BARRO		VT2M- 180	0:46:26	0:04:39	0:46:16	0:04:38	0:33:11		
720	2566	DOMINGO FERREIRO DIAZ		VT1M- 214	0:46:27	0:04:39	0:46:08	0:04:37	0:33:41		
721	2375	FRANCISCO LUIS CAAMAÑO RAMA		VT4M- 5	0:46:28	0:04:39	0:46:17	0:04:38	0:33:56	A6547	A.D. ATLETES DE ESTEIRO
722	2169	CARLOS MANUEL IGLESIAS CANDAL		VT2M- 181	0:46:29	0:04:39	0:46:19	0:04:38	0:34:05	A-10046	C. A. AS MARIÑAS
723	531	DIEGO SUAREZ CREGO		SNM- 220	0:46:29	0:04:39	0:46:04	0:04:37	0:34:04		
724	2470	RAÚL REY FIGUEIRA		VT1M- 215	0:46:29	0:04:39	0:45:57	0:04:36	0:33:57		
725	2611	ANTONIO LOVERA TEJEDOR		VT2M- 182	0:46:30	0:04:39	0:45:57	0:04:36	0:34:28		
726	1060	FERNANDO MARTÍNEZ LÓPEZ		VT1M- 216	0:46:30	0:04:39	0:45:35	0:04:34	0:34:29		
727	445	ALFONSO DANS ALVAREZ DE SOTOMAYOR		VT1M- 217	0:46:33	0:04:40	0:45:57	0:04:36	0:33:52		
728	494	CARLOS ALVEDRO GARCÍA		VT2M- 183	0:46:34	0:04:40	0:46:00	0:04:36	0:34:25		
729	377	ROBERTO BLASCO OTERO		SNM- 221	0:46:34	0:04:40	0:46:18	0:04:38	0:34:10		
730	2061	INES PAPIN ESTEVEZ	F- 27	VT2F- 7	0:46:35	0:04:40	0:46:11	0:04:38	0:33:56		
731	2598	LUIS ANDRÉS CASTRO ALMADA		VT1M- 218	0:46:36	0:04:40	0:45:43	0:04:35	0:34:30		
732	816	MIGUEL PETEIRO CASTRO		SNM- 222	0:46:37	0:04:40	0:46:08	0:04:37	0:34:33		
733	957	ANDRES ARDA FREIRE		SNM- 223	0:46:38	0:04:40	0:46:04	0:04:37	0:34:00		
734	396	MANUEL IGLESIAS UZAL		VT4M- 6	0:46:38	0:04:40	0:45:53	0:04:36	0:34:34	A-11097	ATLETISMO FONTES DO SAR
735	884	ROBERTO RODRIGUEZ RODRIGUEZ		VT2M- 184	0:46:39	0:04:40	0:46:00	0:04:36	0:34:23		
736	886	ROBERTO LOPEZ SOBRADO		VT1M- 219	0:46:39	0:04:40	0:45:37	0:04:34	0:35:00		
737	355	MARTIN CASTON ALONSO		VT1M- 220	0:46:39	0:04:40	0:46:21	0:04:39	0:33:12		
738	1287	PABLO PREGO ULLOA		SNM- 224	0:46:40	0:04:40	0:46:07	0:04:37	0:34:26		
739	1475	ANTONIO RAMOS RUBAL		VT3M- 54	0:46:41	0:04:41	0:46:20	0:04:38	0:34:02		
740	492	CARLOS PONTE SANTOS		SNM- 225	0:46:41	0:04:41	0:45:38	0:04:34	0:35:06		
741	365	PABLO VAL GUERREIRO		VT2M- 185	0:46:43	0:04:41	0:46:34	0:04:40	0:33:54		
742	458	ÁNGEL FRANCISCO CARRERA TERRÓN		VT1M- 221	0:46:43	0:04:41	0:46:17	0:04:38	0:34:18		
743	2400	XOSE ANTON GOMEZ BOTANA		VT3M- 55	0:46:44	0:04:41	0:46:34	0:04:40	0:34:06	A7440	C.D.EGOVARROS-VIVEIRO
744	14	SOLEDAD FRIAS	F- 28	SNF- 10	0:46:44	0:04:41	0:46:14	0:04:38	0:34:22		
745	2527	ALBERTO GARCÍA ROCA		SNM- 226	0:46:45	0:04:41	0:45:50	0:04:35	0:34:46		
746	583	FRANCISCO FERNANDEZ DE LA PRADILLA		VT1M- 222	0:46:46	0:04:41	0:46:07	0:04:37	0:34:33		
747	597	GREGORIO VALLES BORREGO		VT2M- 186	0:46:47	0:04:41	0:46:02	0:04:37	0:34:31		
748	785	MANUEL JOSE JIMENEZ GONZALEZ		VT2M- 187	0:46:48	0:04:41	0:45:15	0:04:32	0:34:52		
749	2302	ARTURO LOPEZ LAGO		VT2M- 188	0:46:48	0:04:41	0:46:12	0:04:38	0:34:09		
750	2597	CARLOS FONTEBOA BORRAZAS		VT3M- 56	0:46:49	0:04:41	0:46:26	0:04:39	0:34:24		
751	312	JORGE FORMOSO POU		VT2M- 189	0:46:50	0:04:41	0:46:34	0:04:40	0:33:49		
752	2521	MANUEL REDONDA INSUA		VT1M- 223	0:46:51	0:04:42	0:46:14	0:04:38	0:33:33		
753	887	ROBERTO PEDREIRA ULLOA		SNM- 227	0:46:52	0:04:42	0:46:12	0:04:38	0:33:59		
754	786	MANUEL JOSE VAZQUEZ SANJURJO		VT2M- 190	0:46:52	0:04:42	0:45:23	0:04:33	0:34:23		
755	692	JOSE GIL GARCIA DIAZ		VT4M- 7	0:46:53	0:04:42	0:46:20	0:04:38	0:34:19		
756	2585	JOSÉ SAS GOLPE		VT1M- 224	0:46:54	0:04:42	0:46:17	0:04:38	0:34:00		
757	895	RUBEN JUSTO FERNANDEZ		PRM- 19	0:46:55	0:04:42	0:46:14	0:04:38	0:34:06		
758	765	MANUEL MOURE FERNANDEZ		SNM- 228	0:46:55	0:04:42	0:46:14	0:04:38	0:34:06		
759	860	PEDRO FERNANDEZ SÁNCHEZ-ROLDÁN		VT2M- 191	0:46:55	0:04:42	0:46:16	0:04:38	0:34:11		
760	634	JAVIER GRUEIRO BOUZA		VT2M- 192	0:46:55	0:04:42	0:46:33	0:04:40	0:34:04		
761	504	CÉSAR LAMAS SOTO		VT1M- 225	0:46:56	0:04:42	0:46:39	0:04:40	0:34:16		
762	1166	JOSE IGNACIO GONZALEZ HERRERO		VT2M- 193	0:46:57	0:04:42	0:46:20	0:04:38	0:34:43		
763	1154	JOSÉ CRESPO RIESTRA		VT2M- 194	0:46:57	0:04:42	0:46:35	0:04:40	0:34:15		
764	567	FERNANDO MARTÍNEZ PÉREZ		SNM- 229	0:46:58	0:04:42	0:46:27	0:04:39	0:34:29		
765	554	FELIPE VAZQUEZ REY		VT1M- 226	0:46:58	0:04:42	0:46:42	0:04:41	0:34:01		
766	535	DIEGO GARCIA MELLA		VT1M- 227	0:46:59	0:04:42	0:46:04	0:04:37	0:34:39		
767	2482	FERNANDO SUAREZ VALDERREY		SNM- 230	0:46:59	0:04:42	0:46:40	0:04:40	0:34:02		
768	653	JORGE REGO CASÁS		SNM- 231	0:47:00	0:04:42	0:46:27	0:04:39	0:34:35		
769	1383	CARLOS CONCHEIRO PAN		VT2M- 195	0:47:01	0:04:43	0:46:43	0:04:41	0:34:20		
770	283	EDGAR SANCHEZ GARCIA		VT2M- 196	0:47:01	0:04:43	0:46:44	0:04:41	0:34:20		
771	134	HANNAH KATHLEEN KITTS	F- 29	SNF- 11	0:47:03	0:04:43	0:46:45	0:04:41	0:34:20		
772	971	BENIGNO GARCIA BARREIRO		VT1M- 228	0:47:03	0:04:43	0:46:11	0:04:38	0:34:31		
773	525	DAVID MENDEZ VILARIÑO		VT1M- 229	0:47:04	0:04:43	0:45:27	0:04:33	0:34:50		
774	1199	JUAN DIEGO RODRIGUEZ FERNANDEZ		VT1M- 230	0:47:04	0:04:43	0:46:49	0:04:41	0:34:14		
775	1097	IÑAKI MAZAIIRA GARCÍA		VT2M- 197	0:47:04	0:04:43	0:46:10	0:04:37	0:34:42		



776	2650 FELIX MARTINEZ GIGIRIN	SNM- 232	0:47:05	0:04:43	0:46:51	0:04:42		
777	2200 MIGUEL GONZÁLEZ-LLANOS RODRÍGUEZ RIVERA	VT1M- 231	0:47:05	0:04:43	0:46:27	0:04:39	A-10902	RIA FERROL CONCEPCION ARENAL
778	2670 MIGUEL MIRANTES MIRANTES	VT2M- 198	0:47:05	0:04:43	0:46:54	0:04:42		
779	2625 ELISEO CORRAL VEIGA	VT4M- 8	0:47:06	0:04:43	0:46:38	0:04:40		
780	539 EDUARDO CASAL RODRÍGUEZ	VT2M- 199	0:47:06	0:04:43	0:46:26	0:04:39		
781	2428 JOSE IGNACIO LIÑARES MARTINEZ	VT2M- 200	0:47:08	0:04:43	0:46:42	0:04:41	AG 9792	NOITEBRA F.C.
782	1090 HECTOR VAZQUEZ REY	SNM- 233	0:47:08	0:04:43	0:46:43	0:04:41		
783	2533 CARLOS FERNANDEZ EXPOSITO	VT2M- 201	0:47:09	0:04:43	0:46:43	0:04:41		
784	2782 LUIS ALBERTO MARTINEZ ARES	VT1M- 232	0:47:10	0:04:43	0:46:26	0:04:39		
785	2263 BLAS RODRIGUEZ VAZQUEZ	VT3M- 57	0:47:11	0:04:44	0:46:53	0:04:42		
786	641 JESUS SANTOS IGLESIAS	VT2M- 202	0:47:11	0:04:44	0:46:40	0:04:40		
787	1070 FRANCISCO RIOS PEREZ	SNM- 234	0:47:13	0:04:44	0:46:05	0:04:37		
788	429 ALBERTO CARREIRA GONZALEZ	SNM- 235	0:47:14	0:04:44	0:46:34	0:04:40		
789	245 ALBERTO DOPAZO HOLGADO	VT1M- 233	0:47:14	0:04:44	0:46:59	0:04:42		
790	629 JAVIER PLACER SANTOS	VT1M- 234	0:47:15	0:04:44	0:46:33	0:04:40		
791	870 RAMON JAMARDO DOMINGUEZ	SNM- 236	0:47:15	0:04:44	0:46:24	0:04:39		
792	2509 JOSE ALEJANDRO GANDARA BOUZA	VT2M- 203	0:47:17	0:04:44	0:47:06	0:04:43		
793	352 MARCELO LANZA BEN	VT1M- 235	0:47:17	0:04:44	0:47:07	0:04:43		
794	2443 ÍÑIGO FERNÁNDEZ SALEGUI	VT2M- 204	0:47:18	0:04:44	0:46:20	0:04:38		
795	956 ANDRÉS PARIS PAZOS	SNM- 237	0:47:19	0:04:44	0:46:02	0:04:37		
796	787 MANUEL JULIO SUAREZ MARTIN	VT3M- 58	0:47:20	0:04:44	0:46:28	0:04:39		
797	547 ENRIQUE BLANCO RAMOS	SNM- 238	0:47:20	0:04:44	0:46:31	0:04:40		
798	2658 OSCAR BARALLOBRE EIROA	VT1M- 236	0:47:21	0:04:45	0:47:03	0:04:43		
799	1180 JOSE MANUEL ABRUÑEDO BARBEITO	VT2M- 205	0:47:22	0:04:45	0:46:35	0:04:40		
800	832 OMAR DIAZ ABELAIRA	SNM- 239	0:47:22	0:04:45	0:46:32	0:04:40		
801	596 GONZALO PRADO PICHEL	VT1M- 237	0:47:23	0:04:45	0:46:32	0:04:40		
802	1491 JOSE CARLOS LAGO CASTRO	SNM- 240	0:47:23	0:04:45	0:46:51	0:04:42		
803	2323 SEVERINO FERNANDEZ CASCUDO	VT2M- 206	0:47:24	0:04:45	0:47:18	0:04:44		
804	621 JAIME ALVAREZ DE LA TORRE	SNM- 241	0:47:24	0:04:45	0:45:32	0:04:34		
805	1326 RUBEN AMOR BECERRA	SNM- 242	0:47:26	0:04:45	0:47:12	0:04:44		
806	2704 SANTIAGO LOSADA PEREZ	VT4M- 9	0:47:27	0:04:45	0:47:09	0:04:43		
807	757 LUIS SESTAYO LEIS	SNM- 243	0:47:27	0:04:45	0:47:04	0:04:43		
808	667 JORGE GARCÍA BOQUETE	SNM- 244	0:47:28	0:04:45	0:46:38	0:04:40		
809	2453 JOSE CARLOS SILVOSA PIÑEIRO	VT2M- 207	0:47:29	0:04:45	0:46:50	0:04:41		
810	781 MANUEL GARCIA MAGARIØS	SNM- 245	0:47:29	0:04:45	0:46:55	0:04:42		
811	1465 VICTOR TORRADO ARES	VT1M- 238	0:47:31	0:04:46	0:46:55	0:04:42		
812	964 ANTONIO RODRÍGUEZ SÁNCHEZ	SNM- 246	0:47:31	0:04:46	0:46:20	0:04:38		
813	2567 IVAN BUSTO CARRETE	SNM- 247	0:47:31	0:04:46	0:47:10	0:04:43		
814	2244 ROBERTO CARRACEDO FERNANDEZ	VT1M- 239	0:47:32	0:04:46	0:47:20	0:04:44		
815	1328 RUBEN LORENZO BLANCO	SNM- 248	0:47:32	0:04:46	0:47:07	0:04:43		
816	833 OSCAR RODRIGUEZ-TUBÍO FERNANDEZ	VT2M- 208	0:47:33	0:04:46	0:47:15	0:04:44		
817	2431 LUIS COSTA FERRER	VT3M- 59	0:47:33	0:04:46	0:46:56	0:04:42	AG-8897	S.A. VAL MIÑOR
818	1292 PABLO CANCELA VARELA	SNM- 249	0:47:33	0:04:46	0:46:23	0:04:39		
819	2322 JAVIER MUÑOZ DÍAZ-CASTROVERDE	SNM- 250	0:47:34	0:04:46	0:47:03	0:04:43		
820	260 BRAULIO GARCIA PAZOS	SNM- 251	0:47:34	0:04:46	0:47:19	0:04:44		
821	698 JOSE LUIS GUERRERO MONTERO	VT2M- 209	0:47:35	0:04:46	0:46:19	0:04:38		
822	945 ALBERTO PENA CABANA	PRM- 20	0:47:35	0:04:46	0:47:00	0:04:42		
823	2318 EZEQUIEL FERNANDEZ GUINDA	VT2M- 210	0:47:36	0:04:46	0:46:50	0:04:41		
824	792 MARCOS DOCAMPO FRAGA	VT1M- 240	0:47:36	0:04:46	0:47:06	0:04:43		
825	578 FRANCISCO DURAN PEREZ	SNM- 252	0:47:37	0:04:46	0:47:08	0:04:43		
826	892 RODRIGO LISTE FAYA	VT1M- 241	0:47:37	0:04:46	0:46:47	0:04:41		
827	2419 JESUS ENRIQUE REY SOUTO	VT2M- 211	0:47:37	0:04:46	0:47:01	0:04:43	AG-764362	ATLETISMO BOIMORTO
828	2589 JUAN JOSÉ FONTICOBÁ BETANZOS	VT2M- 212	0:47:40	0:04:46	0:47:40	0:04:46		
829	486 CARLOS PENEDO CASMARTIÑO	VT3M- 60	0:47:40	0:04:46	0:46:56	0:04:42		
830	418 ADRIÁN CONDE FRAGA	SNM- 253	0:47:40	0:04:46	0:47:22	0:04:45		
831	1230 MANUEL VARELA VILA	VT2M- 213	0:47:42	0:04:47	0:47:03	0:04:43		
832	905 SANTIAGO GONZALEZ PRADO	VT1M- 242	0:47:42	0:04:47	0:47:13	0:04:44		
833	1354 XOSE RAMON RAMUDO RIVAS	VT2M- 214	0:47:42	0:04:47	0:47:27	0:04:45		
834	163 MARTA RÍO REY	F- 30	0:47:43	0:04:47	0:47:19	0:04:44		
835	915 SERGIO DA SILVA MARIÑO	VT1M- 243	0:47:43	0:04:47	0:46:55	0:04:42		
836	1478 DIEGO TENREIRO PRADO	VT1M- 244	0:47:44	0:04:47	0:46:31	0:04:40		
837	2772 DAVID MARTINEZ MARTIN	VT2M- 215	0:47:45	0:04:47	0:47:15	0:04:44		
838	917 TOMÁS MARTÍNEZ MOSQUERA	VT3M- 61	0:47:45	0:04:47	0:47:06	0:04:43		
839	1013 DANIEL ALBERTO ARROYO SÁNCHEZ	VT1M- 245	0:47:46	0:04:47	0:46:12	0:04:38		
840	1034 DIEGO TEJO GARCÍA	SNM- 254	0:47:47	0:04:47	0:47:09	0:04:43		

841	1414	IAGO PÉREZ FERRÁNDEZ		PRM- 21	0:47:47	0:04:47	0:46:54	0:04:42	0:35:02		
842	2015	ROCIO ALVITE FERREIRO	F- 31	SNF- 12	0:47:48	0:04:47	0:47:32	0:04:46	0:34:27		
843	2729	HÉCTOR LOUREIRO GARRIDO		SNM- 255	0:47:49	0:04:47	0:47:18	0:04:44	0:34:40		
844	2680	NACHO VÁZQUEZ RODRÍGUEZ		VT1M- 246	0:47:49	0:04:47	0:47:29	0:04:45	0:34:39		
845	2013	MARIA DOLORES MUÑOZ CABANAS	F- 32	VT2F- 8	0:47:49	0:04:47	0:47:38	0:04:46	0:34:39		
846	650	JORDI URIACH MASGORET		SNM- 256	0:47:50	0:04:47	0:47:09	0:04:43	0:35:21		
847	1032	DAVID LIÑARES AMOR		PRM- 22	0:47:50	0:04:47	0:46:40	0:04:40	0:35:27		
848	2723	MIGUEL ÁNGEL PAZ LEIRAS		SNM- 257	0:47:51	0:04:48	0:47:19	0:04:44	0:34:37		
849	520	DAVID PUENTE SAAVEDRA		VT1M- 247	0:47:51	0:04:48	0:47:19	0:04:44	0:35:12		
850	2648	JAVIER ANGEL VAZQUEZ OREJAS		VT2M- 216	0:47:52	0:04:48	0:47:22	0:04:45	0:34:39		
851	1274	NICOLAS MANSILLA CASTELLANOS		VT2M- 217	0:47:52	0:04:48	0:47:18	0:04:44	0:35:40		
852	573	FRAN MARTINEZ GONZALEZ		VT1M- 248	0:47:53	0:04:48	0:47:11	0:04:44	0:35:26		
853	2384	DANIEL NEGREIRA BARCIA		SNM- 258	0:47:57	0:04:48	0:47:29	0:04:45	0:35:26	ag763935	ATLETISMO FONTES DO SAR
854	776	MANUEL BOUZAS ESPASANDIN		SNM- 259	0:47:58	0:04:48	0:47:15	0:04:44	0:35:08		
855	1290	PABLO TORREIRO BARRÓS		SNM- 260	0:47:58	0:04:48	0:47:10	0:04:43	0:35:09		
856	2531	LUIS JIMENEZ GARCIA		VT2M- 218	0:47:58	0:04:48	0:47:28	0:04:45	0:34:50		
857	254	ÁLVARO GARCÍA FERNÁNDEZ		SNM- 261	0:48:00	0:04:48	0:47:31	0:04:46	0:34:37		
858	485	CARLOS PEREZ SINTES		VT2M- 219	0:48:01	0:04:49	0:47:21	0:04:45	0:35:15		
859	2519	JORGE BLANCO FERNANDEZ		VT1M- 249	0:48:02	0:04:49	0:47:38	0:04:46	0:34:26		
860	827	MIGUEL LUIS SALGADO PAZOS		VT2M- 220	0:48:02	0:04:49	0:47:38	0:04:46	0:34:40		
861	2666	VICTOR MANUEL ALVAREZ TABOADA		SNM- 262	0:48:03	0:04:49	0:47:49	0:04:47	0:34:30		
862	2425	ANTONIO LOIS PEREZ		VT3M- 62	0:48:03	0:04:49	0:47:14	0:04:44	0:35:41	AG 763632	MARINEDA ATLETICO
863	1194	JUAN RODRIGUEZ VAZQUEZ		VT2M- 221	0:48:03	0:04:49	0:47:23	0:04:45	0:35:10		
864	1119	JAVIER MARTINEZ COTELO		SNM- 263	0:48:03	0:04:49	0:47:16	0:04:44	0:35:51		
865	1268	MIGUEL ANGEL CARREIRA GARCIA		VT1M- 250	0:48:03	0:04:49	0:47:16	0:04:44	0:35:51		
866	2642	CARLOS RUIZ SEIJO		VT1M- 251	0:48:04	0:04:49	0:47:02	0:04:43	0:35:38		
867	2330	OSCAR GARCIA GAGO		VT2M- 222	0:48:04	0:04:49	0:47:52	0:04:48	0:35:09		
868	889	ROBERTO RODRÍGUEZ LESTÓN		PRM- 23	0:48:05	0:04:49	0:46:39	0:04:40	0:35:41		
869	2475	CARLOS TORRES LOPEZ		VT1M- 252	0:48:05	0:04:49	0:47:01	0:04:43	0:35:25		
870	325	JOSE MANUEL TROITIÑO BOUZA		VT2M- 223	0:48:05	0:04:49	0:47:32	0:04:46	0:35:38		
871	1285	PABLO BELLO		VT1M- 253	0:48:06	0:04:49	0:47:02	0:04:43	0:35:50		
872	988	CARLOS TARRÍO BUGALLO		SNM- 264	0:48:06	0:04:49	0:46:26	0:04:39	0:35:19		
873	2026	SONIA ALONSO MIGUEZ	F- 33	VT1F- 8	0:48:06	0:04:49	0:46:53	0:04:42	0:35:53		
874	619	JACOBO PONLLA ENCINAS		SNM- 265	0:48:06	0:04:49	0:46:30	0:04:39	0:35:16		
875	586	FRANCISCO JAVIER REY PEDREIRA		VT2M- 224	0:48:07	0:04:49	0:47:36	0:04:46	0:33:48		
876	1122	JESUS VIDAL PAZ		VT3M- 63	0:48:08	0:04:49	0:47:31	0:04:46	0:34:42		
877	431	ALBERTO TOJO RODRIGUEZ		VT1M- 254	0:48:09	0:04:49	0:47:41	0:04:47	0:35:01		
878	2401	ANTONIO HERNANDEZ BARREIRO		VT4M- 10	0:48:10	0:04:49	0:47:41	0:04:47	0:34:36	A7400	C.D.EGOVARROS-VIVEIRO
879	2461	RUBEN MARTINEZ DEL RIO		VT2M- 225	0:48:11	0:04:50	0:47:52	0:04:48	0:34:51		
880	1022	DAVID ACEVEDO EDREIRA		SNM- 266	0:48:12	0:04:50	0:46:35	0:04:40	0:35:22		
881	560	FERNANDO PIÑEIRO RODRÍGUEZ		SNM- 267	0:48:12	0:04:50	0:47:30	0:04:45	0:34:45		
882	550	EUGENIO DE MIGUEL MIRO		VT2M- 226	0:48:13	0:04:50	0:47:41	0:04:47	0:35:13		
883	33	BETTY VILLAR OLAÑETA	F- 34	VT2F- 9	0:48:13	0:04:50	0:47:58	0:04:48	0:35:11		
884	2176	JAVIES FERNANDEZ RAMOS		VT2M- 227	0:48:15	0:04:50	0:47:55	0:04:48	0:35:00	AG11270	CLUB ATLETISMO SADA
885	165	MARTA GONZALEZ FERMOSE	F- 35	SNF- 13	0:48:16	0:04:50	0:47:15	0:04:44	0:36:15		
886	691	JOSÉ GENARO BARRÓS PENEDO		VT2M- 228	0:48:16	0:04:50	0:46:39	0:04:40	0:36:00		
887	1503	PABLO VARELA FERNANDEZ		SNM- 268	0:48:17	0:04:50	0:48:09	0:04:49	0:34:45		
888	447	ALFONSO HERÍAS GARCÍA		SNM- 269	0:48:17	0:04:50	0:47:43	0:04:47	0:36:03		
889	2590	OSCAR LOPEZ ALBA		VT1M- 255	0:48:17	0:04:50	0:47:36	0:04:46	0:35:17		
890	2568	JAVIER LÓPEZ MARTIN		VT3M- 64	0:48:18	0:04:50	0:47:43	0:04:47	0:35:09		
891	1314	RAMÓN TENREIRO MONTERO		VT1M- 256	0:48:20	0:04:50	0:46:59	0:04:42	0:35:19		
892	729	JUAN CARLOS COSTA REY		VT1M- 257	0:48:20	0:04:50	0:47:38	0:04:46	0:35:14		
893	2497	ANGEL JUVIÑO PREGO		VT1M- 258	0:48:21	0:04:51	0:48:01	0:04:49	0:34:51		
894	474	ANXO SANTIAGO SÁNCHEZ GÁNDARA		SNM- 270	0:48:21	0:04:51	0:47:39	0:04:46	0:35:18		
895	452	ANDRES GARCIA GONZALEZ		VT4M- 11	0:48:22	0:04:51	0:47:51	0:04:48	0:35:18		
896	686	JOSE CESAR FERNANDEZ LOPEZ		VT2M- 229	0:48:22	0:04:51	0:47:52	0:04:48	0:35:41		
897	1480	ENRIQUE ROEL FRAGA		PRM- 24	0:48:23	0:04:51	0:48:05	0:04:49	0:35:30		
898	617	JACOBO LÓPEZ ULLOA		VT1M- 259	0:48:23	0:04:51	0:47:44	0:04:47	0:35:17		
899	604	IAGO CRESPO TABOADA		SNM- 271	0:48:24	0:04:51	0:47:45	0:04:47	0:35:10		
900	2423	MARIO DANIEL VARELA CRESPO		SNM- 272	0:48:26	0:04:51	0:47:57	0:04:48	0:34:39	AG-763625	ESPRINTES OURENSE
901	556	FELIX MARTINEZ YAÑEZ		VT2M- 230	0:48:26	0:04:51	0:47:40	0:04:46	0:35:19		
902	1243	MARC GALLRGO MAURI		SNM- 273	0:48:26	0:04:51	0:47:54	0:04:48	0:35:35		
903	682	JOSÉ ANTONIO SUÁREZ CAMBÓN		VT4M- 12	0:48:27	0:04:51	0:47:51	0:04:48	0:36:11		
904	840	PABLO SANJOSE GATO		SNM- 274	0:48:27	0:04:51	0:47:46	0:04:47	0:35:32		
905	768	MANUEL VAZQUEZ LOBEIRAS		SNM- 275	0:48:27	0:04:51	0:47:46	0:04:47	0:35:32		

906	2724 ANDRES FAIÑA RODRIGUEZ-VILA		SNM- 276	0:48:28	0:04:51	0:48:01	0:04:49	0:35:44	
907	1341 SERGIO CANLE PAZ		SNM- 277	0:48:28	0:04:51	0:47:37	0:04:46	0:34:54	
908	405 CELSO BLANCO GARCIA		VT1M- 260	0:48:29	0:04:51	0:48:08	0:04:49	0:35:24	
909	981 CAMILO AFONSO FERNANDEZ		VT1M- 261	0:48:29	0:04:51	0:48:05	0:04:49	0:35:35	
910	2350 ROBERTO REY SEOANE		VT2M- 231	0:48:30	0:04:51	0:47:47	0:04:47	0:35:17	
911	753 LUIS PEREZ DIAZ		VT2M- 232	0:48:30	0:04:51	0:47:58	0:04:48	0:34:17	
912	2458 JACINTO ALVAREZ SOMOZA		SNM- 278	0:48:30	0:04:51	0:47:51	0:04:48	0:34:44	
913	2547 PABLO BECERRA LAGO		VT2M- 233	0:48:31	0:04:52	0:47:06	0:04:43	0:36:16	
914	1447 MIGUEL NINE TOMÉ		SNM- 279	0:48:31	0:04:52	0:47:47	0:04:47	0:35:24	
915	500 CARLOS AÑON CEAN		SNM- 280	0:48:31	0:04:52	0:47:32	0:04:46	0:35:42	
916	1291 PABLO GRANDÍO NOCHE		SNM- 281	0:48:32	0:04:52	0:47:20	0:04:44	0:36:53	
917	125 CRISTINA SANTIAGO MARTÍNEZ	F- 36	SNF- 14	0:48:32	0:04:52	0:48:24	0:04:51	0:35:19	
918	801 MARIO SANDÁ MORALES		SNM- 282	0:48:32	0:04:52	0:47:13	0:04:44	0:35:24	
919	1006 DANIEL PENAS LÓPEZ		SNM- 283	0:48:34	0:04:52	0:47:27	0:04:45	0:35:47	
920	2467 JUAN JOSE DEVESA LEIRA		VT3M- 65	0:48:34	0:04:52	0:47:42	0:04:47	0:35:35	
921	1396 CHISCO SANCHEZ ABRUÑEDO		VT1M- 262	0:48:35	0:04:52	0:48:19	0:04:50	0:35:34	
922	741 JUAN RAMÓN GARCÍA REGUEIRA		VT2M- 234	0:48:36	0:04:52	0:47:32	0:04:46	0:36:02	
923	2056 KARINA CALLON TREUS	F- 37	SNF- 15	0:48:36	0:04:52	0:47:35	0:04:46	0:35:51	
924	2741 ANTONIO JESUS PANTOJA CAMACHO		VT2M- 235	0:48:37	0:04:52	0:48:01	0:04:49	0:35:40	
925	1221 LUIS MANTIÑAN GARCIA		VT1M- 263	0:48:37	0:04:52	0:48:03	0:04:49	0:35:40	
926	845 PABLO PEREDA FERNANDEZ		VT1M- 264	0:48:37	0:04:52	0:48:09	0:04:49	0:35:45	
927	2559 OSCAR CORDERO		VT1M- 266	0:48:38	0:04:52	0:48:27	0:04:51	0:35:29	
928	1207 JUAN LUIS CHAO GOAS		VT1M- 265	0:48:38	0:04:52	0:48:08	0:04:49	0:35:17	
929	2777 JOSÉ MOURELLE DÍAZ		VT1M- 267	0:48:39	0:04:52	0:48:15	0:04:50	0:34:59	
930	2382 JESÚS RAÑA PLATAS		VT3M- 66	0:48:39	0:04:52	0:48:23	0:04:51	0:34:43	AG-764360 ATLETISMO BOIMORTO
931	863 PEDRO A. GARCIA SANCHEZ		VT1M- 268	0:48:41	0:04:53	0:46:52	0:04:42	0:36:53	
932	1468 ALBERTO PENA SANTISO		VT1M- 269	0:48:41	0:04:53	0:48:02	0:04:49	0:35:41	CC RIAZOR
933	1391 ALFONSO CASTELO TEIJIDO		VT1M- 270	0:48:41	0:04:53	0:47:00	0:04:42	0:36:53	
934	919 VICENTE AMADO GONZALEZ		VT2M- 236	0:48:43	0:04:53	0:48:17	0:04:50	0:35:39	
935	881 RICARDO MASIAN BESSARD		VT2M- 237	0:48:44	0:04:53	0:48:12	0:04:50	0:35:46	
936	523 DAVID CANOSA ROJO		SNM- 284	0:48:44	0:04:53	0:48:17	0:04:50	0:35:52	
937	1467 YAGO VALENCIA ABAD		SNM- 285	0:48:44	0:04:53	0:48:01	0:04:49	0:35:28	
938	1295 PABLO GÓMEZ FRAGUELA		SNM- 286	0:48:45	0:04:53	0:47:50	0:04:47	0:35:33	
939	2285 MANUEL VAZQUEZ IGLESIAS		VT2M- 238	0:48:45	0:04:53	0:48:40	0:04:52	0:34:28	
940	793 MARCOS COUSILLAS VILLAVERDE		VT1M- 271	0:48:46	0:04:53	0:48:16	0:04:50	0:35:48	
941	2639 ROBERTO DOLDÁN CORRAL		SNM- 287	0:48:46	0:04:53	0:48:26	0:04:51	0:37:16	
942	1445 MARCOS SANDIANES SUAREZ		SNM- 288	0:48:48	0:04:53	0:48:14	0:04:50	0:35:07	
943	2438 JOSE ANTONIO SANDIANES LORENZO		VT3M- 67	0:48:49	0:04:53	0:48:14	0:04:50	0:35:46	AG765306 VAL DE RABEDA
944	2717 JUAN CARLOS BODELÓN ALFONSO		VT2M- 239	0:48:49	0:04:53	0:48:07	0:04:49	0:35:42	
945	1309 RAMON LOPEZ ROMAN		VT2M- 240	0:48:49	0:04:53	0:48:05	0:04:49	0:35:25	
946	1427 JOSE ANTONIO NEIRA CORTES		VT2M- 241	0:48:50	0:04:53	0:48:35	0:04:52	0:34:37	
947	1340 SANTIAGO LÓPEZ BARROS		SNM- 289	0:48:51	0:04:54	0:48:20	0:04:50	0:36:26	
948	854 PABLO LOURO		JNM- 7	0:48:51	0:04:54	0:48:36	0:04:52	0:36:10	
949	534 DIEGO SÁNCHEZ PARDO		SNM- 290	0:48:51	0:04:54	0:48:11	0:04:50	0:36:17	
950	398 MAURO NAVEIRO GARAVITO		PRM- 25	0:48:51	0:04:54	0:48:23	0:04:51	0:35:41	AG9103 MARINEDA ATLETICO
951	697 JOSÉ JUAN LÓPEZ BECERRA		VT1M- 272	0:48:51	0:04:54	0:47:32	0:04:46	0:35:49	
952	1255 MARCOS MALLO RODRIGUEZ		VT1M- 273	0:48:52	0:04:54	0:48:15	0:04:50	0:35:50	
953	1117 JAVIER BARROS SANCHEZ		SNM- 291	0:48:52	0:04:54	0:48:23	0:04:51	0:36:36	
954	910 SERGIO QUINTANILLA MURILLAS		VT1M- 274	0:48:52	0:04:54	0:48:05	0:04:49	0:36:03	
955	593 GERARDO FERNANDEZ MAGDALENO		VT2M- 242	0:48:53	0:04:54	0:48:01	0:04:49	0:35:56	
956	797 MARCOS PRIETO SOUTO		SNM- 292	0:48:54	0:04:54	0:47:31	0:04:46	0:36:01	
957	2506 PABLO RODRÍGUEZ-LORASQUE VÁZQUEZ		VT1M- 275	0:48:55	0:04:54	0:47:51	0:04:48	0:35:30	
958	562 FERNANDO PEDREIRA ROMERO		VT2M- 243	0:48:56	0:04:54	0:48:12	0:04:50	0:36:13	
959	1183 JOSÉ MANUEL SANDE BAÑA		SNM- 293	0:48:56	0:04:54	0:48:28	0:04:51	0:34:56	
960	2498 JOSÉ ENRIQUE ÁLVAREZ PÉREZ		VT2M- 244	0:48:56	0:04:54	0:48:30	0:04:51	0:35:23	
961	2518 DANIEL ABADES REBOREDO		SNM- 294	0:48:57	0:04:54	0:47:46	0:04:47	0:35:57	
962	446 ALFONSO RODRÍGUEZ DONO		VT1M- 276	0:48:59	0:04:54	0:47:48	0:04:47	0:35:44	
963	2057 SUSANA BELLAS BERMÚDEZ	F- 38	VT2F- 10	0:48:59	0:04:54	0:48:37	0:04:52	0:35:50	
964	419 AGUSTIN LEIS MARIÑO		VT1M- 277	0:49:00	0:04:54	0:48:13	0:04:50	0:35:35	
965	2115 MANUEL BLANCO PARADA		VT2M- 245	0:49:00	0:04:54	0:48:27	0:04:51	0:35:59	A10652 RIALTO
966	2012 MONTSERRAT HERNANDEZ GARCIA	F- 39	VT2F- 11	0:49:01	0:04:55	0:48:45	0:04:53	0:35:47	RIALTO
967	1202 JUAN IGNACIO GARCIA RAMA		VT2M- 246	0:49:01	0:04:55	0:48:45	0:04:53	0:35:54	
968	1175 JOSE LUIS LONGUEIRA RECOUSO		VT1M- 278	0:49:01	0:04:55	0:48:39	0:04:52	0:35:54	
969	858 PASCUAL ZULUAGA RODRIGUEZ		VT1M- 279	0:49:02	0:04:55	0:48:27	0:04:51	0:36:18	
970	1115 JAVIER BLANCO CONDE		VT1M- 280	0:49:03	0:04:55	0:48:18	0:04:50	0:35:50	

971	571 FERNANDO LEAL IRIMIA		SNM- 295	0:49:03	0:04:55	0:48:50	0:04:53	0:36:22		
972	918 TONY LOURO		SNM- 296	0:49:03	0:04:55	0:48:48	0:04:53	0:36:11		
973	2028 NOELIA PAPIN ESTEVEZ	F- 40	VT1F- 9	0:49:04	0:04:55	0:48:21	0:04:51	0:36:14		
974	2198 ANTONIO RODRÍGUEZ GARCÍA		SNM- 297	0:49:04	0:04:55	0:48:44	0:04:53	0:35:18	A-9583	RIA FERROL CONCEPCION ARENAL
975	1254 MARCOS GARCÍA CAAMAÑO		SNM- 298	0:49:04	0:04:55	0:48:28	0:04:51	0:36:25		
976	2152 JESUS MARIA POMBO PAMPIN		VT2M- 247	0:49:06	0:04:55	0:48:16	0:04:50	0:35:52	AG-763936	ATLETISMO FONTES DO SAR
977	1316 RAMON FERNANDO PUENTE VARELA		VT2M- 248	0:49:07	0:04:55	0:48:06	0:04:49	0:36:29		
978	923 XOSÉ MANUEL SENLLE CANOSA		VT3M- 68	0:49:07	0:04:55	0:47:00	0:04:42	0:37:03		
979	659 JORGE MOLINA SOMOZA		VT1M- 281	0:49:08	0:04:55	0:48:08	0:04:49	0:36:14		
980	533 DIEGO GANDARA BELLO		PRM- 26	0:49:08	0:04:55	0:48:50	0:04:53	0:35:06		
981	594 GERARDO MAYO LAGE		VT1M- 282	0:49:08	0:04:55	0:48:37	0:04:52	0:35:51		
982	711 JOSE MARIA PEREZ VARELA		VT2M- 249	0:49:09	0:04:55	0:48:40	0:04:52	0:35:22		
983	671 JOSE TABOADA VEIGA		SNM- 299	0:49:10	0:04:55	0:48:22	0:04:51	0:35:37		
984	2738 MANUEL JAVIER MUÑOZ SEIJAS		VT2M- 250	0:49:12	0:04:56	0:48:41	0:04:53	0:35:50		
985	843 PABLO CUÑADO FERNÁNDEZ		VT1M- 283	0:49:12	0:04:56	0:48:45	0:04:53	0:35:48		
986	804 MARTÍN ADOLFO SANTOS ESPÍNEIRA		PRM- 27	0:49:12	0:04:56	0:48:34	0:04:52	0:35:49		
987	1171 JOSE LUIS FERNANDEZ GALLEGO		VT1M- 284	0:49:13	0:04:56	0:48:11	0:04:50	0:36:25		
988	2009 SUSANA FEIJOO SANCHEZ	F- 41	VT1F- 10	0:49:14	0:04:56	0:48:41	0:04:53	0:35:59	A-6328	ATLETISMO CORUÑA COMARCA
989	738 JUAN MANUEL PEREZ PASANTES		VT1M- 285	0:49:14	0:04:56	0:47:52	0:04:48	0:36:39		
990	2720 BRUNO PORTO CALVELO		SNM- 300	0:49:16	0:04:56	0:47:43	0:04:47	0:36:42		
991	582 FRANCISCO GULÍN RIVERA		VT2M- 251	0:49:16	0:04:56	0:48:55	0:04:54	0:35:39		
992	436 ALBERTO JOSÉ LEMA POSE		SNM- 301	0:49:16	0:04:56	0:48:39	0:04:52	0:36:24		
993	2413 JOSE ANTONIO GONZALEZ FERNANDEZ		VT2M- 252	0:49:17	0:04:56	0:48:47	0:04:53	0:36:08	AG764011	CLUB ATLETISMO SADA
994	1392 ÁLVARO YÁÑEZ REGO		VT1M- 286	0:49:18	0:04:56	0:47:58	0:04:48	0:36:44		
995	451 ALVARO RODRIGUEZ FERNANDEZ		SNM- 302	0:49:19	0:04:56	0:48:49	0:04:53	0:36:36		
996	991 CARLOS VARELA GARCÍA		SNM- 303	0:49:19	0:04:56	0:48:08	0:04:49	0:37:03		
997	963 ANTONIO GARROTE GARCIA		SNM- 304	0:49:20	0:04:56	0:47:52	0:04:48	0:37:19		
998	1524 DANIEL CALVIÑO MORENO		SNM- 305	0:49:21	0:04:57	0:49:14	0:04:56	0:35:43	a10899	ATLETISMO CORUÑA COMARCA
999	2069 MARIA MONTSERRAT FERNÁNDEZ SABURIDO	F- 42	VT1F- 11	0:49:21	0:04:57	0:48:44	0:04:53	0:35:53		
1000	2058 IRIA SOTO IGLESIAS	F- 43	SNF- 16	0:49:22	0:04:57	0:48:14	0:04:50	0:36:25		
1001	828 NÉSTOR QUINTANA PENA		SNM- 306	0:49:22	0:04:57	0:48:18	0:04:50	0:37:09		
1002	802 MARK WEST		VT2M- 253	0:49:23	0:04:57	0:48:36	0:04:52	0:36:54		
1003	519 DAVID MARTINEZ REGO		SNM- 307	0:49:23	0:04:57	0:48:54	0:04:54	0:35:34		
1004	916 SUSO RAMOS RODRIGUEZ		VT2M- 254	0:49:23	0:04:57	0:48:38	0:04:52	0:36:12		
1005	1150 JOSE FREIRE		VT3M- 69	0:49:24	0:04:57	0:48:41	0:04:53	0:35:49		
1006	1041 DIEGO LOZANO SANCHEZ		SNM- 308	0:49:26	0:04:57	0:48:23	0:04:51	0:36:25		
1007	2643 XESÚSMANOEL RODRÍGUEZ CARRIL		VT3M- 70	0:49:27	0:04:57	0:48:44	0:04:53	0:36:19		
1008	939 ALBERTO FRAGA RODRÍGUEZ		VT2M- 255	0:49:29	0:04:57	0:48:54	0:04:54	0:36:15		
1009	382 SERGIO MARTINEZ GOMEZ		SNM- 309	0:49:29	0:04:57	0:49:13	0:04:56	0:35:27		
1010	1434 JOSÉ MANUEL LÓPEZ VÁZQUEZ		VT3M- 71	0:49:30	0:04:57	0:49:02	0:04:55	0:35:37		
1011	1325 ROBERTO FUENTES LÓPEZ		VT1M- 287	0:49:31	0:04:58	0:49:02	0:04:55	0:34:38		
1012	920 VICTOR PAZ ARES		VT3M- 72	0:49:32	0:04:58	0:48:12	0:04:50	0:36:36		
1013	470 ANTONIO REMUIÑÁN SÁNCHEZ		VT4M- 13	0:49:32	0:04:58	0:49:16	0:04:56	0:36:12		
1014	2440 RICARDO FERNANDEZ GARCIA		JNM- 8	0:49:32	0:04:58	0:49:28	0:04:57	0:33:27	GA-17663	VERXEL NUTRICIÓN DEPORTIVA
1015	830 NICOLAS GONZALEZ FERMOSE		VT2M- 256	0:49:34	0:04:58	0:48:11	0:04:50	0:36:53		
1016	2007 MONTSE FERNANDEZ RAMOS	F- 44	VT2F- 12	0:49:34	0:04:58	0:49:12	0:04:56	0:35:44	AG11336	CLUB ATLETISMO SADA
1017	2698 FERNANDO SINES CRESPO		VT1M- 288	0:49:35	0:04:58	0:48:35	0:04:52	0:36:31		
1018	1269 MIGUEL ANGEL BALUJA VILAR		VT1M- 289	0:49:36	0:04:58	0:48:50	0:04:53	0:36:46		
1019	1537 JOSE MANUEL SABORIDO MARTINEZ		VT2M- 257	0:49:36	0:04:58	0:48:32	0:04:52	0:37:18		
1020	2474 JOSE LUIS GARCIA RODRIGUEZ		VT1M- 290	0:49:37	0:04:58	0:48:35	0:04:52	0:36:25		
1021	607 IGNACIO RODRIGUEZ		VT1M- 291	0:49:37	0:04:58	0:48:57	0:04:54	0:36:24		
1022	1046 ELADIO CALVIÑO GOLÁN		VT4M- 14	0:49:38	0:04:58	0:48:59	0:04:54	0:36:03		
1023	564 FERNANDO DÍAZ FRANCO		VT1M- 292	0:49:39	0:04:58	0:49:11	0:04:56	0:35:53		
Descalificad	696 JOSE JUAN FERNANDEZ CASTRO		SNM- 310							
1025	1331 RUBÉN SERRAPIO GONZÁLEZ		SNM- 311	0:49:40	0:04:58	0:49:02	0:04:55	0:36:16		
1026	872 RAMÓN CERNADAS VEIGA		VT1M- 293	0:49:40	0:04:58	0:48:56	0:04:54	0:37:04		
1027	2476 RODRIGO RUBIAL LALIN		SNM- 312	0:49:41	0:04:59	0:49:03	0:04:55	0:36:04		
1028	143 LOLA PERNAS ALONSO	F- 45	VT2F- 13	0:49:41	0:04:59	0:48:20	0:04:50	0:37:00		
1029	2603 ALFREDO SEIJAS SANMARTIN		VT1M- 294	0:49:42	0:04:59	0:48:37	0:04:52	0:36:11		
1030	2767 FRANCISCO JAVIER RODRIGUEZ FERREIRO		VT3M- 73	0:49:42	0:04:59	0:49:16	0:04:56	0:36:04	AG764185	ATLETISMO RIAZOR CORUÑA
1031	2775 IGNACIO REGO TESOURO		VT2M- 258	0:49:43	0:04:59	0:49:15	0:04:56	0:35:46		
1032	1327 RUBEN RODRIGUEZ POCEIRO		SNM- 313	0:49:44	0:04:59	0:48:44	0:04:53	0:36:21		
1033	2686 PABLO JOSE PAZOS HERNANDEZ		VT1M- 295	0:49:44	0:04:59	0:48:53	0:04:54	0:36:38		
1034	742 JUAN VIDAL PEREZ ALVAREZ		VT1M- 296	0:49:44	0:04:59	0:48:52	0:04:54	0:36:45		
1035	2721 JOSE ANTONIO MENDEZ PAMPIN		VT3M- 74	0:49:44	0:04:59	0:48:57	0:04:54	0:35:47		



1036	639 JAVIER VILLAMISAR VAZQUEZ	JNM- 9	0:49:45	0:04:59	0:48:56	0:04:54	0:36:43		
1037	1084 GONZALO PENA BUJÁN	SNM- 314	0:49:45	0:04:59	0:48:55	0:04:54	0:36:17		
1038	759 LUIS PRIEGUE MOLINOS	SNM- 315	0:49:46	0:04:59	0:48:48	0:04:53	0:37:06		
1039	469 ANTONIO LLAMAS PANIAGUA	VT2M- 259	0:49:46	0:04:59	0:48:24	0:04:51	0:36:48		
1040	874 RAMÓN GARCÍA-BARROS ALFONSO	VT2M- 260	0:49:47	0:04:59	0:48:52	0:04:54	0:36:47		
1041	71 REBECA ABELLA JOSA	F- 46	SNF- 17	0:49:47	0:04:59	0:49:26	0:04:57	0:36:41	
1042	2539 LUIS FERNANDEZ ESPADA	VT1M- 297	0:49:48	0:04:59	0:47:57	0:04:48	0:37:24		
1043	542 ELOY FRANCISCO RUIZ FERNANDEZ	VT1M- 298	0:49:48	0:04:59	0:49:15	0:04:56	0:36:04		
1044	1280 ÓSCAR DE BLAS VENCES	JNM- 10	0:49:48	0:04:59	0:48:43	0:04:53	0:36:05		
1045	2205 MARCELO RODRIGUEZ FILGUEIRAS	VT1M- 299	0:49:49	0:04:59	0:49:30	0:04:57	0:36:09	A-10661	RIALTO
1046	489 CARLOS LODEIRO LÓPEZ	VT1M- 300	0:49:49	0:04:59	0:49:29	0:04:57	0:36:10		
1047	2541 DIEGO DANS PÉREZ	VT1M- 301	0:49:50	0:04:59	0:48:28	0:04:51	0:36:31		
1048	2700 DANIEL FERNÁNDEZ CAJIAO	SNM- 316	0:49:50	0:04:59	0:48:21	0:04:51	0:37:07		
1049	522 DAVID GERMADE MOSQUERA	SNM- 317	0:49:50	0:04:59	0:49:04	0:04:55	0:36:33		
1050	791 MARCOS ALCANTARA TENREIRO	VT1M- 302	0:49:52	0:05:00	0:49:03	0:04:55	0:36:34		
1051	1156 JOSE ALBERTO RODRIGUEZ VARA	VT1M- 303	0:49:53	0:05:00	0:48:12	0:04:50	0:36:51		
1052	611 IGNACIO SEOANE VIGO	VT1M- 304	0:49:54	0:05:00	0:48:00	0:04:48	0:36:06		
1053	1057 FCO. BORJAR RODRÍGUEZ	SNM- 318	0:49:54	0:05:00	0:48:51	0:04:54	0:37:05		
1054	2220 JOSÉ LUIS FERREÑO LAMAS	VT2M- 261	0:49:54	0:05:00	0:49:29	0:04:57	0:35:50		
1055	2572 DANIEL PUMARES RAMIL	SNM- 319	0:49:55	0:05:00	0:48:44	0:04:53	0:36:45		
1056	400 JOAQUIN LOPEZ CAMPO	VT2M- 262	0:49:56	0:05:00	0:49:06	0:04:55	0:36:33	A-9657	RIA FERROL CONCEPCION ARENAL
1057	1343 SERGIO PEREZ DIOS	PRM- 28	0:49:57	0:05:00	0:48:48	0:04:53	0:37:05		
1058	997 DAI KONDO	VT1M- 305	0:49:57	0:05:00	0:49:41	0:04:59	0:37:08		
1059	1350 VÍCTOR LEDO LEMA	VT1M- 306	0:49:58	0:05:00	0:49:30	0:04:57	0:36:29		
1060	694 JOSE IGNACIO ARES FERREIRO	VT3M- 75	0:49:58	0:05:00	0:48:35	0:04:52	0:36:55		
1061	1472 ALVARO GAGINO FERNANDEZ	VT2M- 263	0:49:59	0:05:00	0:49:03	0:04:55	0:36:13		
1062	2505 BERNARDO BARREIRO CARRASCO	VT2M- 264	0:49:59	0:05:00	0:49:07	0:04:55	0:36:44		
1063	1127 JESÚS SIXTO GELPI	SNM- 320	0:50:00	0:05:00	0:48:55	0:04:54	0:37:35		
1064	2655 ANTONIO PABLO CARBALLINI DENES	SNM- 321	0:50:02	0:05:01	0:49:48	0:04:59	0:36:27		
1065	2006 PATRICIA GARCIA GONZALEZ	F- 47	VT1F- 12	0:50:02	0:05:01	0:49:55	0:05:00	0:37:13	GA 716960 ATLETISMO MONTE SEGADE
1066	2432 EMILIO VEIGA PIÑEIRO	VT3M- 76	0:50:02	0:05:01	0:49:55	0:05:00	0:37:13	ga17650	SAN FERNANDO LUCUS
1067	1403 FELIPE DE LA VEGA GÁNDARAS	VT1M- 307	0:50:03	0:05:01	0:49:39	0:04:58	0:36:50		
1068	1448 MIGUEL ÁNGEL BASTIDA MARTÍNEZ	SNM- 322	0:50:04	0:05:01	0:49:47	0:04:59	0:36:30		
1069	2552 ENRIQUE COMESAÑA	SNM- 323	0:50:05	0:05:01	0:48:50	0:04:53	0:37:37		
1070	2204 LUIS FERNANDEZ VIÑAS	VT1M- 308	0:50:05	0:05:01	0:49:45	0:04:59	0:36:24		RIALTO
1071	608 IGNACIO CÁRDENAS BOTAS	VT2M- 265	0:50:06	0:05:01	0:49:46	0:04:59	0:36:11		
1072	1231 MANUEL SEGADE MONTERO	VT2M- 266	0:50:06	0:05:01	0:49:58	0:05:00	0:35:16		
1073	1529 FRANCISCO BLANCO OTERO	VT3M- 77	0:50:07	0:05:01	0:49:32	0:04:58	0:36:43		
1074	358 MIGUEL ALONSO FERNANDEZ	VT1M- 309	0:50:07	0:05:01	0:49:59	0:05:00	0:36:15		
1075	2732 FRANCISCO JAVIER SUAREZ BERMUDEZ	VT1M- 310	0:50:08	0:05:01	0:49:15	0:04:56	0:36:27		
1076	2661 JAIME PRESAS BENEYTO	VT1M- 311	0:50:09	0:05:01	0:49:04	0:04:55	0:37:24		
1077	239 CARLOS PEREZ PEREZ	VT2M- 267	0:50:10	0:05:01	0:49:47	0:04:59	0:37:16		
1078	902 SANTIAGO CARDENAS BOTAS	VT2M- 268	0:50:10	0:05:01	0:49:51	0:05:00	0:36:12		
1079	2515 JAVIER RÍO RODRÍGUEZ	VT2M- 269	0:50:11	0:05:02	0:49:18	0:04:56	0:36:27		
1080	572 FERNANDO NICOLÁS PUENTE VARELA	SNM- 324	0:50:11	0:05:02	0:49:11	0:04:56	0:36:55		
1081	1546 RAMON HERMO REY	VT3M- 78	0:50:12	0:05:02	0:48:56	0:04:54	0:37:10		
1082	1015 DAVID HARO CANO	VT2M- 270	0:50:12	0:05:02	0:49:09	0:04:55	0:36:38		
1083	2607 ALEJANDRO ÁLVAREZ RODRÍGUEZ	SNM- 325	0:50:13	0:05:02	0:49:24	0:04:57	0:37:16		
1084	929 YAGO CORONILLA	VT1M- 312	0:50:14	0:05:02	0:49:21	0:04:57	0:36:15		
1085	2548 JOSE MANUEL PAZ CARREIRA	VT2M- 271	0:50:14	0:05:02	0:49:22	0:04:57	0:36:55		
1086	576 FRANCISCO PÉREZ	VT1M- 313	0:50:15	0:05:02	0:49:38	0:04:58	0:36:40		
1087	397 MOISES IGLESIAS AMENEIRO	VT1M- 314	0:50:15	0:05:02	0:49:30	0:04:57	0:36:37	A-11096	ATLETISMO FONTES DO SAR
1088	1440 JUAN CRUZ CARRETERO SANCHEZ	SNM- 326	0:50:16	0:05:02	0:49:38	0:04:58	0:36:50		
1089	1176 JOSÉ LUIS JIMÉNEZ AZORÍN	VT1M- 315	0:50:16	0:05:02	0:49:50	0:04:59	0:36:43		
1090	2494 JOSE MANUEL SEIJO PEREZ	VT1M- 316	0:50:16	0:05:02	0:48:10	0:04:49	0:37:34		
1091	2710 RICARDO CALVO LÓPEZ	VT2M- 272	0:50:17	0:05:02	0:49:16	0:04:56	0:37:15		
1092	730 JUAN CARLOS GÓMEZ PÉREZ	VT2M- 273	0:50:18	0:05:02	0:48:53	0:04:54	0:37:08		
1093	616 J LUIS SANTOME COLLAZO	SNM- 327	0:50:18	0:05:02	0:49:10	0:04:55	0:37:06		
1094	1276 ORLANDO FERNÁNDEZ COTADO	VT1M- 317	0:50:19	0:05:02	0:49:10	0:04:55	0:37:06		
1095	416 ADRIAN PEREZ RELLÁN	PRM- 29	0:50:19	0:05:02	0:49:20	0:04:56	0:37:13		
1096	1192 JOSÉ RAMÓN MARTÍNEZ PENA	SNM- 328	0:50:20	0:05:02	0:48:32	0:04:52	0:37:25		
1097	124 CRISTINA RODRÍGUEZ GARCÍA	F- 48	VT2F- 14	0:50:20	0:05:02	0:49:35	0:04:58	0:36:58	
1098	885 ROBERTO LOPEZ LOURO	VT2M- 274	0:50:21	0:05:03	0:50:05	0:05:01	0:36:40		
1099	1064 FERNANDO BUIDE DEL REAL	SNM- 329	0:50:21	0:05:03	0:49:09	0:04:55	0:37:44		
1100	706 JOSE MANUEL GARCIA FERNANDEZ	VT1M- 318	0:50:21	0:05:03	0:49:31	0:04:58	0:37:07		

1101	1311 RAMON RODRIGUEZ ENRIQUEZ		VT2M- 275	0:50:21	0:05:03	0:48:57	0:04:54	0:37:09	
1102	897 RUBEN REBORIDO RODRIGUEZ		JNM- 11	0:50:22	0:05:03	0:49:23	0:04:57	0:37:01	
1103	2664 GUILLERMO AMBROA BARBEITO		SNM- 330	0:50:23	0:05:03	0:48:37	0:04:52	0:37:20	
1104	732 JUAN CARLOS MUIÑO CASTRO		SNM- 331	0:50:25	0:05:03	0:49:56	0:05:00	0:36:23	
1105	637 JAVIER AGUION SEOANE		VT1M- 319	0:50:25	0:05:03	0:48:46	0:04:53	0:37:14	
1106	721 JUAN DIAZ SANJURJO		SNM- 332	0:50:25	0:05:03	0:48:46	0:04:53	0:37:14	
1107	1160 JOSE ANTONIO VAAMONDE CARRO		VT1M- 320	0:50:28	0:05:03	0:48:58	0:04:54	0:37:42	
1108	131 ESTIBALIZ GARCIA GOMEZ	F- 49	SNF- 18	0:50:28	0:05:03	0:50:18	0:05:02	0:36:46	
1109	1211 JULIO BRANDARIZ SEOANE		VT2M- 276	0:50:29	0:05:03	0:50:19	0:05:02	0:36:45	
1110	2707 JOSÉ CARLOS GONZÁLEZ MONTERO		SNM- 333	0:50:29	0:05:03	0:50:07	0:05:01	0:37:34	
1111	2684 ALEJANDRO GALAN FERNANDEZ		SNM- 334	0:50:30	0:05:03	0:49:31	0:04:58	0:37:17	
1112	1435 JOSÉ MARÍA TORRENTE GISBERT		SNM- 335	0:50:30	0:05:03	0:49:42	0:04:59	0:37:05	
1113	317 JOSÉ ANTONIO PIÑEIRO LAGO		VT2M- 277	0:50:31	0:05:04	0:50:17	0:05:02	0:36:09	
1114	1085 GONZALO FERNÁNDEZ RODRÍGUEZ		SNM- 336	0:50:33	0:05:04	0:49:16	0:04:56	0:37:17	
1115	821 MIGUEL ANGEL SECO FERREIRA		VT2M- 278	0:50:33	0:05:04	0:50:03	0:05:01	0:36:52	
1116	548 ERNESTO FEDERICO ZWIRNER ALEMAN		VT3M- 79	0:50:33	0:05:04	0:50:03	0:05:01	0:36:52	
1117	2290 MIGUEL RODRIGUEZ CORRAL		SNM- 337	0:50:34	0:05:04	0:50:14	0:05:02	0:36:07	
1118	876 RAMÓN ÁNGEL GARCÍA DE LAS HERAS		VT1M- 321	0:50:35	0:05:04	0:48:28	0:04:51	0:37:10	
1119	422 AITOR GOROZARRI DE MADARIAGA		VT1M- 322	0:50:36	0:05:04	0:49:19	0:04:56	0:37:19	
1120	773 MANUEL HERRERO VERDURA		VT1M- 323	0:50:36	0:05:04	0:49:19	0:04:56	0:37:19	
1121	709 JOSÉ MANUEL FERNÁNDEZ PUGA		VT2M- 279	0:50:36	0:05:04	0:50:21	0:05:03	0:36:56	
1122	1195 JUAN CABADO POU		VT1M- 324	0:50:37	0:05:04	0:49:40	0:04:58	0:36:57	
1123	1304 RAFAEL NUÑEZ OTERO		VT2M- 280	0:50:38	0:05:04	0:49:57	0:05:00	0:37:31	
1124	1074 FRANCISCO JAVIER DIAZ CALVO		VT1M- 326	0:50:40	0:05:04	0:49:41	0:04:59	0:36:58	
1125	541 EDUARDO IGLESIAS PARDAL		VT1M- 325	0:50:40	0:05:04	0:49:50	0:04:59	0:37:39	
1126	226 CARLOS GONZALEZ REINO		VT2M- 281	0:50:41	0:05:05	0:49:38	0:04:58	0:37:27	ATLETISMO NOIA
1127	961 ANTÓN LÓPEZ MOSQUERA		VT1M- 327	0:50:42	0:05:05	0:50:10	0:05:01	0:36:36	
1128	2618 RUBEN SOBRINO GOMEZ		SNM- 338	0:50:42	0:05:05	0:50:11	0:05:02	0:36:34	
1129	1106 JAIME LOPEZ PIÑEIRO		VT1M- 328	0:50:42	0:05:05	0:50:11	0:05:02	0:37:01	
1130	428 ALBERTO GARCIA GARCIA		VT1M- 329	0:50:43	0:05:05	0:49:52	0:05:00	0:36:35	
1131	731 JUAN CARLOS BERMEJO BARRO		VT1M- 330	0:50:45	0:05:05	0:49:26	0:04:57	0:37:30	
1132	1186 JOSÉ MANUEL GÓMEZ GÓMEZ		VT2M- 282	0:50:45	0:05:05	0:49:46	0:04:59	0:37:38	
1133	972 BENITO BUIDE DEL REAL		VT2M- 283	0:50:45	0:05:05	0:49:34	0:04:58	0:37:47	
1134	735 JUAN JOSÉ RUBIO GARCÍA DEL VILLAR		VT2M- 284	0:50:46	0:05:05	0:49:49	0:04:59	0:37:14	
1135	1016 DAVID VILLAGRA GARCIA		VT1M- 331	0:50:46	0:05:05	0:49:31	0:04:58	0:37:01	
1136	1044 EDUARDO ÁLVAREZ GONZÁLEZ		VT2M- 285	0:50:47	0:05:05	0:49:50	0:04:59	0:37:02	
1137	2546 MIGUEL DEZA RODRIGUEZ		VT2M- 286	0:50:47	0:05:05	0:49:43	0:04:59	0:37:16	
1138	2689 ENRIQUE PEÑA GONZÁLEZ		VT1M- 332	0:50:47	0:05:05	0:49:50	0:04:59	0:37:11	
1139	1092 IAGO GARRIDO IGLESIAS		SNM- 339	0:50:48	0:05:05	0:49:52	0:05:00	0:37:25	
1140	1066 FERNANDO-RUBÉN OROSA LÓPEZ		PRM- 30	0:50:50	0:05:05	0:50:10	0:05:01	0:36:51	
1141	1081 GONZALO VAZQUEZ VAZQUEZ		VT1M- 333	0:50:51	0:05:06	0:50:19	0:05:02	0:36:59	
1142	2708 LUIS ANTONIO GARCIA LINARES		VT1M- 334	0:50:52	0:05:06	0:49:06	0:04:55	0:37:57	
1143	1423 JAVIER VELAZQUEZ COUTO		VT1M- 335	0:50:52	0:05:06	0:49:52	0:05:00	0:38:21	
1144	2391 FRANCISCO JAVIER SALGADO BADAS		VT1M- 336	0:50:52	0:05:06	0:49:07	0:04:55	0:37:53	AG-11168 AURUM / INDRA RUNNERS
1145	1131 JESÚS MANUEL GÓMEZ FERNÁNDEZ		VT3M- 80	0:50:53	0:05:06	0:49:57	0:05:00	0:37:18	
1146	1149 JOSE RODRIGUEZ BARCIA		VT3M- 81	0:50:54	0:05:06	0:50:14	0:05:02	0:37:14	
1147	784 MANUEL ANTONIO CALVIÑO BESTILLEIRO		SNM- 340	0:50:56	0:05:06	0:50:17	0:05:02	0:36:45	
1148	2265 JOSE VARELA VAZQUEZ		VT3M- 82	0:50:56	0:05:06	0:50:42	0:05:05	0:36:54	
1149	2041 VIRGINIA POLO CAMPELLO	F- 50	SNF- 19	0:50:58	0:05:06	0:50:35	0:05:04	0:37:15	
1150	2702 JAIME PONTE MARÍN		VT1M- 337	0:50:58	0:05:06	0:50:02	0:05:01	0:37:21	
1151	994 CESÁREO PEDREIRA AÑÓN		VT2M- 287	0:50:58	0:05:06	0:50:33	0:05:04	0:37:28	
1152	1497 LUIS LOPEZ-RIOBO SALINAS		VT1M- 338	0:50:58	0:05:06	0:50:24	0:05:03	0:37:22	
1153	19 MARI ANGELES HUERTA GONZÁLEZ	F- 51	VT1F- 13	0:50:59	0:05:06	0:50:29	0:05:03	0:37:17	A-10004 ATLETISMO CORUÑA COMARCA
1154	762 LUIS ANGEL VILLAR ESMORIS		VT1M- 339	0:51:00	0:05:06	0:49:37	0:04:58	0:37:04	
1155	1296 PABLO JOSÉ GUITIÁN MEDIERO		SNM- 341	0:51:01	0:05:07	0:50:19	0:05:02	0:37:13	
1156	1123 JESUS ROBRES ZARDOYA		VT2M- 288	0:51:02	0:05:07	0:50:00	0:05:00	0:37:35	
1157	2685 JESUS LOPEZ RAMA		VT2M- 289	0:51:02	0:05:07	0:50:43	0:05:05	0:37:17	
1158	2426 ALBERTO CANO PELAEZ		VT2M- 290	0:51:02	0:05:07	0:50:49	0:05:05	0:37:02	NAUTICO NARON TRIATLON
1159	7 SEILA BLANCO VARELA	F- 52	SNF- 20	0:51:02	0:05:07	0:51:00	0:05:06	0:37:07	
1160	553 FEDERICO ROMERO YUSTE		VT2M- 291	0:51:03	0:05:07	0:50:16	0:05:02	0:37:48	
1161	796 MARCOS SUCASAS MEJUTO		SNM- 342	0:51:03	0:05:07	0:49:49	0:04:59	0:37:02	
1162	1418 JAIME GARCIA RIÑON		VT2M- 292	0:51:04	0:05:07	0:49:52	0:05:00	0:37:27	
1163	1307 RAFAEL VIZCAINO GONZALEZ		SNM- 343	0:51:04	0:05:07	0:50:22	0:05:03	0:37:48	
1164	1424 JESÚS COUSO GARCÍA		SNM- 344	0:51:05	0:05:07	0:50:03	0:05:01	0:36:38	
1165	2038 MARIA JESUS RIO GARCIA	F- 53	VT2F- 15	0:51:05	0:05:07	0:50:36	0:05:04	0:37:20	

1166	359 MIGUEL MARTINEZ MARTINEA		VT1M- 340	0:51:05	0:05:07	0:49:43	0:04:59	0:37:58		
1167	739 JUAN PEDRO VIGO SANZ		VT2M- 293	0:51:07	0:05:07	0:50:38	0:05:04	0:36:50		
1168	676 JOSÉ ALFONSO LÓPEZ VÁZQUEZ		VT2M- 294	0:51:07	0:05:07	0:50:26	0:05:03	0:37:15		
1169	276 DAVID MONTOYA LANDETE		VT1M- 341	0:51:08	0:05:07	0:50:40	0:05:04	0:38:03		
1170	2602 IVAN FOLLA-CISNEROS VIDAL		VT2M- 295	0:51:09	0:05:07	0:49:51	0:05:00	0:37:35		
1171	1165 JOSÉ FRANCISCO RAMOS DEVESA		VT3M- 83	0:51:10	0:05:07	0:51:02	0:05:07	0:37:19		
1172	1146 JORGE JUAN BARREIRO GONZALEZ		VT1M- 342	0:51:10	0:05:07	0:50:24	0:05:03	0:37:39		
1173	2484 ANGEL BARRIO RODRIGUEZ		VT4M- 15	0:51:11	0:05:08	0:50:38	0:05:04	0:37:08		
1174	401 JOSE LOPEZ ANEIROS		VT3M- 84	0:51:11	0:05:08	0:50:21	0:05:03	0:37:03	GA 15845	RIA FERROL CONCEPCION ARENAL
1175	1261 MIGUEL DELMAS COSTA		VT1M- 343	0:51:12	0:05:08	0:50:22	0:05:03	0:37:41		
1176	2714 CARLOS FERNÁNDEZ PITA		VT2M- 296	0:51:13	0:05:08	0:50:03	0:05:01	0:37:37		
1177	410 VICTOR REY MARTINEZ		VT1M- 344	0:51:13	0:05:08	0:50:42	0:05:05	0:37:03		
1178	2435 PABLO SANTIAGO LOPEZ		VT2M- 297	0:51:13	0:05:08	0:49:51	0:05:00	0:38:55		TRIATLON FERROL
1179	2067 MARÍA EUGENIA TORRES COSTA TORRES COSTAS	F- 54	VT2F- 16	0:51:14	0:05:08	0:50:26	0:05:03	0:37:28		
1180	1420 JAVIER FERNANDEZ RUIZ		VT1M- 345	0:51:15	0:05:08	0:50:04	0:05:01	0:37:37		
1181	2387 JOSE ISAIAS BURLIDO BORREGO		VT3M- 85	0:51:16	0:05:08	0:50:19	0:05:02	0:36:30		ATLETISMO PORRIÑO
1182	777 MANUEL DOLDAN ALONSO		VT1M- 346	0:51:16	0:05:08	0:50:15	0:05:02	0:37:56		
1183	44 JENNY MUIÑO ORDOÑEZ	F- 55	SNF- 21	0:51:17	0:05:08	0:50:55	0:05:06	0:37:56		
1184	1216 LLUÍS TARRIDAS MARTINEZ		SNM- 345	0:51:17	0:05:08	0:49:45	0:04:59	0:38:22		
1185	2616 JOSE MARIA TENREIRO EIRANOVA		SNM- 346	0:51:17	0:05:08	0:50:33	0:05:04	0:36:49		
1186	693 JOSE GUSTAVO JALLAS AMIGO		VT2M- 298	0:51:17	0:05:08	0:50:18	0:05:02	0:37:37		
1187	727 JUAN ANTONIO MARTINEZ CAYAZZO		VT1M- 347	0:51:18	0:05:08	0:50:17	0:05:02	0:37:44		
1188	891 ROBERTO PABLO JALLAS AMIGO		VT2M- 299	0:51:18	0:05:08	0:50:19	0:05:02	0:37:36		
1189	347 MANUEL CARREIRA PARRADO		SNM- 347	0:51:18	0:05:08	0:50:20	0:05:02	0:37:37		
1190	1439 JUAN CARLOS RODRÍGUEZ VÁZQUEZ		VT3M- 86	0:51:18	0:05:08	0:51:06	0:05:07	0:36:42		
1191	488 CARLOS ALVAREZ GONZALEZ		VT2M- 300	0:51:18	0:05:08	0:50:21	0:05:03	0:37:18		
1192	766 MANUEL ROMERO GARCIA		VT1M- 348	0:51:19	0:05:08	0:50:41	0:05:05	0:37:09		
1193	591 GABY MELLA VECINO		VT1M- 349	0:51:20	0:05:08	0:50:18	0:05:02	0:38:00		
1194	580 FRANCISCO LAFONT GANCEDO		SNM- 348	0:51:20	0:05:08	0:51:00	0:05:06	0:37:24		
1195	1031 DAVID LADO GONZALEZ		SNM- 349	0:51:20	0:05:08	0:50:25	0:05:03	0:36:53		
1196	2571 JULIO TORREIRA LÓPEZ		VT1M- 350	0:51:20	0:05:08	0:50:13	0:05:02	0:38:06		
1197	2383 ENRIQUE GANDARA ULLOA		VT3M- 87	0:51:21	0:05:09	0:50:48	0:05:05	0:37:49	A-6320	ATLETISMO CORUÑA COMARCA
1198	2445 SECUNDINO CARLOS FERNANDEZ FERNANDEZ		VT4M- 16	0:51:21	0:05:09	0:49:50	0:04:59	0:37:47		
1199	875 RAMÓN VECINO ALONSO		SNM- 350	0:51:22	0:05:09	0:51:01	0:05:07	0:37:39		
1200	950 ALFONSO LOPEZ VAZQUEZ		VT1M- 351	0:51:23	0:05:09	0:49:15	0:04:56	0:38:13		
1201	2039 MARIA LUISA LOPEZ GARCIA	F- 56	VT1F- 14	0:51:25	0:05:09	0:50:40	0:05:04	0:37:48		
1202	883 ROBERT BRUIJNZEELS		VT1M- 352	0:51:26	0:05:09	0:50:58	0:05:06	0:38:11		
1203	1451 OSCAR PATIÑO REVUELTA		VT2M- 301	0:51:28	0:05:09	0:50:22	0:05:03	0:38:03		
1204	1003 DANIEL VAZQUEZ ROEL		VT1M- 353	0:51:28	0:05:09	0:50:51	0:05:06	0:37:09		
1205	2008 PILAR MARQUIZ HERNANDEZ	F- 57	VT3F- 2	0:51:29	0:05:09	0:51:21	0:05:09	0:37:24	AG/764581	CLUB RIAZOR CORUÑA
1206	2181 SERGIO DEL ARCO MARQUIZ		VT1M- 354	0:51:30	0:05:09	0:51:21	0:05:09	0:36:59	ag/764424	CLUB RIAZOR CORUÑA
1207	501 CARLOS AURELIO RUIZ RIVERA		SNM- 351	0:51:31	0:05:10	0:49:58	0:05:00	0:38:18		
1208	2447 JOSE CARLOS CANDAL RIVERA		VT2M- 302	0:51:31	0:05:10	0:50:38	0:05:04	0:37:40		
1209	1548 MARI LUZ SANMARTIN FERNÁNDEZ	F- 58	VT4F- 1	0:51:32	0:05:10	0:51:17	0:05:08	0:36:43		
1210	649 JOAO NUNO DOMINGUES DIAS		VT2M- 303	0:51:33	0:05:10	0:51:00	0:05:06	0:37:14		
1211	825 MIGUEL ANGEL HERVA LÓPEZ		VT1M- 355	0:51:33	0:05:10	0:50:11	0:05:02	0:37:32		
1212	2465 PABLO BARREIRO GAREA		SNM- 352	0:51:33	0:05:10	0:50:22	0:05:03	0:37:29		
1213	826 MIGUEL ÁNGEL RODRÍGUEZ GÓMEZ		VT2M- 304	0:51:33	0:05:10	0:50:59	0:05:06	0:37:17		
1214	1458 REINALDO GONZALEZ PEDREIRA		VT2M- 305	0:51:34	0:05:10	0:50:39	0:05:04	0:38:03		
1215	2554 DAVID ESCUDERO DANS		VT1M- 356	0:51:35	0:05:10	0:50:59	0:05:06	0:37:44		
1216	717 JOSÉ RAMÓN LAGO CIVES		VT1M- 357	0:51:35	0:05:10	0:51:16	0:05:08	0:37:36		
1217	1444 MANUEL FORMOSO CANCELA		VT2M- 306	0:51:35	0:05:10	0:51:03	0:05:07	0:38:06		
1218	1457 RAUL ANTONIO SOBRINO GARFIA		VT3M- 88	0:51:39	0:05:10	0:50:04	0:05:01	0:38:24		
1219	1547 JAVIER ESCRIBANO GARCÍA		VT2M- 307	0:51:39	0:05:10	0:51:20	0:05:08	0:38:01		
1220	2623 JULIO SUÁREZ VÁZQUEZ		VT3M- 89	0:51:39	0:05:10	0:51:26	0:05:09	0:37:49		
1221	487 CARLOS PAZOS OVIEDO		VT2M- 308	0:51:39	0:05:10	0:50:55	0:05:06	0:37:43		
1222	707 JOSE MANUEL PIÑEIRO LAGO		SNM- 353	0:51:40	0:05:10	0:50:56	0:05:06	0:37:47		
1223	2695 DAVID IGLESIAS RIGUEIRA		SNM- 354	0:51:40	0:05:10	0:50:44	0:05:05	0:37:36		
1224	931 ABELARDO MAROÑO SANMARTIN		VT3M- 90	0:51:41	0:05:11	0:50:26	0:05:03	0:37:42		
1225	2736 ANTONIO MANUEL ULLOA MENDEZ		VT1M- 358	0:51:41	0:05:11	0:50:21	0:05:03	0:38:23		
1226	1353 XOAN LOPEZ ESTRAVIZ		VT3M- 91	0:51:41	0:05:11	0:50:26	0:05:03	0:37:42		
1227	595 GERARDO PÉREZ LÓPEZ		SNM- 355	0:51:42	0:05:11	0:50:33	0:05:04	0:37:26		
1228	1502 PABLO IGLESIAS FREIRE		SNM- 356	0:51:44	0:05:11	0:51:09	0:05:07	0:38:10		
1229	737 JUAN MANUEL FIORELLI DIEGUEZ		VT1M- 359	0:51:44	0:05:11	0:51:03	0:05:07	0:36:28		
1230	435 ALBERTO FOJO EIRAS		SNM- 357	0:51:45	0:05:11	0:51:23	0:05:09	0:37:57		

1231	267	CESAR GARCIA NUÑEZ		VT1M- 360	0:51:46	0:05:11	0:50:42	0:05:05	0:37:29	
1232	2499	ANDRÉS ANXO PÉREZ SÁNCHEZ		PRM- 31	0:51:47	0:05:11	0:51:07	0:05:07	0:37:20	
1233	2031	FATIMA CASARIEGO RICOY	F- 59	VT2F- 17	0:51:47	0:05:11	0:50:06	0:05:01	0:38:17	
1234	386	CARLOS VILLAR AGEITOS		VT2M- 309	0:51:48	0:05:11	0:50:45	0:05:05	0:37:29	ATLETISMO NOIA
1235	2647	JOSÉ ANTONIO SAAVEDRA PAZOS		VT2M- 310	0:51:48	0:05:11	0:50:48	0:05:05	0:38:34	
1236	2036	MARIA JESUS DEVESA FERREIRO	F- 60	VT2F- 18	0:51:48	0:05:11	0:51:26	0:05:09	0:37:42	
1237	168	MERCHI DE LA TORRE LINES	F- 61	VT1F- 15	0:51:48	0:05:11	0:51:23	0:05:09	0:38:28	
1238	1189	JOSE RAMON ALMIRON ALONSO		VT2M- 311	0:51:48	0:05:11	0:51:22	0:05:09	0:38:29	
1239	2742	LUZ MARIA DOMINGUEZ ROMAN	F- 62	VT3F- 3	0:51:49	0:05:11	0:51:21	0:05:09	0:38:11	GA-840 AT. FEMENINO CELTA
1240	434	ALBERTO VEIRAS MEJUTO		SNM- 358	0:51:49	0:05:11	0:49:56	0:05:00	0:38:47	
1241	2676	PABLO REZA RODRÍGUEZ		VT2M- 312	0:51:49	0:05:11	0:50:43	0:05:05	0:38:19	
1242	1538	ANTON VILAS GOMEZ		PRM- 32	0:51:50	0:05:11	0:50:45	0:05:05	0:38:14	
1243	231	MARIO ARUFE SANTAMARIA		VT3M- 92	0:51:50	0:05:11	0:50:46	0:05:05	0:38:14	ATLETISMO NOIA
1244	2529	BASILIO GUIJARRO ARCA		VT1M- 361	0:51:50	0:05:11	0:50:26	0:05:03	0:38:42	
1245	1393	ANDRES PEREZ ROUCO		VT1M- 362	0:51:50	0:05:11	0:50:29	0:05:03	0:38:34	
1246	2588	JESUS PEREZ LEIS		VT4M- 17	0:51:51	0:05:12	0:51:22	0:05:09	0:37:15	
1247	1449	MISAEI NÚÑEZ SENRA		SNM- 359	0:51:51	0:05:12	0:51:09	0:05:07	0:38:08	
1248	1056	EUSEBIO LAGO SAMPEDRO		VT4M- 18	0:51:51	0:05:12	0:51:06	0:05:07	0:38:15	
1249	1359	YELCO SANJURJO PAZ		SNM- 360	0:51:52	0:05:12	0:50:33	0:05:04	0:38:23	
1250	2690	FERNANDO MELÉNDEZ FERRO		VT2M- 313	0:51:52	0:05:12	0:51:04	0:05:07	0:37:50	
1251	808	MIGUEL CORUJO OTERO		SNM- 361	0:51:53	0:05:12	0:50:48	0:05:05	0:39:05	
1252	898	RUPER GARCÍA NEIRA		VT1M- 363	0:51:53	0:05:12	0:50:44	0:05:05	0:38:16	
1253	806	MATIAS NUÑEZ ARROJO		VT2M- 314	0:51:54	0:05:12	0:51:13	0:05:08	0:37:47	
1254	699	JOSE LUIS ORNOSA AGRA		VT1M- 364	0:51:54	0:05:12	0:49:46	0:04:59	0:38:20	
1255	1139	JORGE RAMA PAZOS		SNM- 362	0:51:54	0:05:12	0:50:46	0:05:05	0:37:55	
1256	986	CARLOS CASTRO RODRIGUEZ		VT1M- 365	0:51:55	0:05:12	0:51:33	0:05:10	0:37:16	
1257	2462	FRANCISCO ABEIJÓN COSTA		VT2M- 315	0:51:55	0:05:12	0:51:17	0:05:08	0:37:33	
1258	2787	RAMÓN LARREA MOURELLE		VT1M- 366	0:51:58	0:05:12	0:51:34	0:05:10	0:37:27	
1259	657	JORGE CASCALES FERNÁNDEZ		VT1M- 367	0:51:58	0:05:12	0:50:46	0:05:05	0:37:54	
1260	1528	ANTONIO SANCHEZ TOJO		VT3M- 93	0:51:58	0:05:12	0:51:27	0:05:09	0:38:00	
1261	2437	JOSEF FERNANDEZ AMORIN		VT3M- 94	0:51:59	0:05:12	0:50:41	0:05:05	0:38:24	AG765307 VAL DE RABEDA
1262	980	CALO LEE CANDAME		SNM- 363	0:51:59	0:05:12	0:50:51	0:05:06	0:38:36	
1263	409	JUAN JOSE GOMEZ NEGREIRA		VT2M- 316	0:51:59	0:05:12	0:51:06	0:05:07	0:38:36	
1264	1432	JOSE MANUEL GENDRA VIEITES		VT2M- 317	0:52:00	0:05:12	0:50:37	0:05:04	0:38:28	
1265	2630	JULIO PEINADO ZARCO		VT2M- 318	0:52:00	0:05:12	0:50:46	0:05:05	0:37:48	
1266	989	CARLOS MÁIZ MANSO		SNM- 364	0:52:01	0:05:13	0:51:13	0:05:08	0:37:25	
1267	1224	LUIS GARCÍA IGLESIAS		SNM- 365	0:52:01	0:05:13	0:51:13	0:05:08	0:37:55	
1268	720	JUAN PAZOS COUTO		VT3M- 95	0:52:03	0:05:13	0:51:22	0:05:09	0:38:03	
1269	1509	SALVADOR EIROA AMEIJIDE		SNM- 366	0:52:04	0:05:13	0:51:43	0:05:11	0:37:07	
1270	953	ALFONSO FERNANDEZ PEREZ		JNM- 12	0:52:05	0:05:13	0:50:55	0:05:06	0:38:51	
1271	509	DAMIAN ABELLAN YEPES		VT1M- 368	0:52:05	0:05:13	0:50:55	0:05:06	0:38:06	
1272	2793	CARLOS CARREIRA OTERO		VT2M- 319	0:52:06	0:05:13	0:51:16	0:05:08	0:38:37	ATLETISMO BOIMORTO
1273	2609	CARLOS MIGUEL FIDALGO RODRIGUEZ		SNM- 367	0:52:06	0:05:13	0:51:42	0:05:11	0:37:30	
1274	995	CHEMA LOPE-TOLEDO ARANGUREN		VT1M- 369	0:52:07	0:05:13	0:51:32	0:05:10	0:38:25	
1275	390	FRANCISCO BARRIENTOS CAPELO		VT3M- 96	0:52:08	0:05:13	0:51:14	0:05:08	0:38:38	A10394 C.D.EGOVARROS-VIVEIRO
1276	2451	JOSÉ ROBERTO REY IGLESIAS		VT2M- 320	0:52:08	0:05:13	0:51:18	0:05:08	0:38:38	
1277	2577	CARLOS PINACHO LASTRES		VT1M- 370	0:52:09	0:05:13	0:50:49	0:05:05	0:39:15	
1278	1469	ALBERTO NOYA TORRADO		VT1M- 371	0:52:10	0:05:13	0:52:00	0:05:12	0:37:23	
1279	1505	ROBERTO ROCA RODRIGUEZ		VT1M- 372	0:52:12	0:05:14	0:51:49	0:05:11	0:38:48	
1280	847	PABLO PEREZ VAZQUEZ		VT1M- 373	0:52:13	0:05:14	0:51:50	0:05:11	0:38:48	
1281	880	RICARDO RUBIO ALAMEDA		VT2M- 321	0:52:13	0:05:14	0:51:19	0:05:08	0:37:51	
1282	2712	ALFONSO VILAR CREGO		VT1M- 374	0:52:14	0:05:14	0:51:31	0:05:10	0:37:41	
1283	722	JUAN REDONDO LÓPEZ		VT1M- 375	0:52:14	0:05:14	0:51:48	0:05:11	0:37:46	
1284	2402	ELISEO LOPEZ RIO		VT4M- 19	0:52:15	0:05:14	0:52:11	0:05:14	0:37:34	GA19958 C.D.EGOVARROS-VIVEIRO
1285	439	ALEJANDRO CAÑADA MUÑOZ		VT2M- 322	0:52:17	0:05:14	0:51:04	0:05:07	0:38:29	
1286	2705	PABLO SECO TORRES		VT1M- 376	0:52:18	0:05:14	0:51:21	0:05:09	0:38:33	
1287	2022	BEATRIZ GONZALEZ SENIN	F- 63	VT2F- 19	0:52:19	0:05:14	0:51:56	0:05:12	0:37:47	AG764316 CLUB ATLETISMO SADA
1288	1410	FRANCISCO JAVIER VICENTE COSTA		VT1M- 377	0:52:20	0:05:14	0:51:29	0:05:09	0:38:28	
1289	13	DANIELA TRELLEZ CARRASQUILLA	F- 64	PRF- 5	0:52:20	0:05:14	0:52:10	0:05:13	0:38:43	
1290	790	MARCO ANTONIO GARCIA ARIAS		VT2M- 323	0:52:21	0:05:15	0:51:21	0:05:09	0:38:09	
1291	754	LUIS YEBRA LOPEZ		VT2M- 324	0:52:22	0:05:15	0:51:59	0:05:12	0:38:13	
1292	844	PABLO RIFON LASTRA		VT1M- 378	0:52:22	0:05:15	0:51:37	0:05:10	0:38:30	
1293	2562	JOSE SILVOSA PIÑEIRO		VT3M- 97	0:52:22	0:05:15	0:52:13	0:05:14	0:37:33	
1294	2286	JOSE BENITO PEREIRO CASTIÑEIRAS		VT2M- 325	0:52:23	0:05:15	0:52:13	0:05:14	0:37:34	
1295	1339	SANTIAGO CALLEJO LOPEZ		SNM- 368	0:52:23	0:05:15	0:51:56	0:05:12	0:38:35	



1296	1273 NICO BRASA GARCÍA-ARÉVALO		VT2M- 326	0:52:24	0:05:15	0:51:25	0:05:09	0:37:22	
1297	2669 EDUARDO PAREDES		VT2M- 327	0:52:24	0:05:15	0:51:13	0:05:08	0:38:35	
1298	2532 FRANCISCO UCHA DE LA BARRERA		VT2M- 328	0:52:24	0:05:15	0:51:16	0:05:08	0:38:25	
1299	551 EUSEBIO LAGO CASTRO		VT1M- 379	0:52:25	0:05:15	0:51:39	0:05:10	0:38:05	
1300	748 JULIO TEIXEIRA		SNM- 369	0:52:26	0:05:15	0:50:59	0:05:06	0:38:55	
1301	1302 PEDRO J MARCOS		VT1M- 380	0:52:27	0:05:15	0:50:54	0:05:06	0:38:53	
1302	618 JACOBO COBIÁN		VT1M- 381	0:52:28	0:05:15	0:51:34	0:05:10	0:37:02	
1303	158 MARÍA CARMEN LOUZAO RODRIGUEZ	F- 65	VT2F- 20	0:52:28	0:05:15	0:51:47	0:05:11	0:38:19	
1304	716 JOSE RAMON SUAREZ ARCAJ		SNM- 370	0:52:29	0:05:15	0:51:51	0:05:12	0:38:39	
1305	1240 MANUEL PEREZ PIÑON		VT2M- 329	0:52:29	0:05:15	0:50:52	0:05:06	0:39:09	
1306	333 JOSE MARIA ABAD TABOADA		VT2M- 330	0:52:30	0:05:15	0:51:00	0:05:06	0:38:34	
1307	2362 JUAN CARLOS CORTES GONZALEZ		VT3M- 98	0:52:30	0:05:15	0:51:00	0:05:06	0:38:34	
1308	2576 PEDRO ARTURO PETEIRO ROSENDE		VT2M- 331	0:52:31	0:05:16	0:52:15	0:05:14	0:37:46	
1309	1045 EDUARDO PÉREZ CAJARAVILLE		PRM- 33	0:52:32	0:05:16	0:51:33	0:05:10	0:38:10	
1310	1367 ELISA PAZ	F- 66	VT2F- 21	0:52:32	0:05:16	0:52:03	0:05:13	0:38:09	
1311	499 CARLOS VILLARINO MOURE		VT1M- 382	0:52:33	0:05:16	0:51:53	0:05:12	0:37:17	
1312	723 JUAN DE LA PEDRAJA SAAVEDRA		VT1M- 383	0:52:34	0:05:16	0:51:28	0:05:09	0:38:37	
1313	512 DANIEL LÓPEZ LÓPEZ		SNM- 371	0:52:34	0:05:16	0:51:23	0:05:09	0:38:06	
1314	1061 FERNANDO ARAMBILLET SALVADOR		VT1M- 384	0:52:34	0:05:16	0:51:14	0:05:08	0:38:36	
1315	2697 ADOLFO CRESPO MEJUTO		VT3M- 99	0:52:35	0:05:16	0:51:53	0:05:12	0:38:27	
1316	2455 GIOVANI GARCIA ESTEVEZ		SNM- 372	0:52:35	0:05:16	0:51:38	0:05:10	0:38:50	
1317	2786 PACHI FERNÁNDEZ MEDIN		SNM- 373	0:52:35	0:05:16	0:51:52	0:05:12	0:38:28	
1318	1014 DANILO RIVERA CUGLER		PRM- 34	0:52:36	0:05:16	0:51:56	0:05:12	0:39:57	
1319	425 ALBERTO PEREZ MIRAMONTES		VT2M- 332	0:52:36	0:05:16	0:51:32	0:05:10	0:38:04	
1320	555 FELIPE VILARIÑO CUTRÍN		VT1M- 385	0:52:37	0:05:16	0:51:56	0:05:12	0:37:53	
1321	912 SERGIO CEMBRANOS IGLESIAS		VT1M- 386	0:52:38	0:05:16	0:52:19	0:05:14	0:38:16	
1322	1030 DAVID PEREZ		VT1M- 387	0:52:38	0:05:16	0:52:01	0:05:13	0:37:45	A-11099
1323	385 PABLO PEREZ LOPEZ		SNM- 374	0:52:38	0:05:16	0:52:02	0:05:13	0:38:17	A-11100 ATLETISMO FONTES DO SAR
1324	2713 JOSE ANTONIO SANTISO SEOANE		VT2M- 333	0:52:39	0:05:16	0:50:59	0:05:06	0:38:16	
1325	502 CARLOS MIGUEL MARTINEZ LEMA		VT1M- 388	0:52:39	0:05:16	0:51:48	0:05:11	0:39:08	
1326	1110 JAVIER GARCIA SANCHEZ		JNM- 13	0:52:39	0:05:16	0:52:04	0:05:13	0:37:23	
1327	1141 JORGE CASARES		SNM- 375	0:52:40	0:05:16	0:51:51	0:05:12	0:38:20	
1328	2397 JESÚS BERNAL GÓMEZ		VT4M- 20	0:52:40	0:05:16	0:52:15	0:05:14	0:38:39	GA19332 C.D.EGOVARROS-VIVEIRO
1329	836 OSCAR VILARIÑO QUINTELA		VT1M- 389	0:52:40	0:05:16	0:50:51	0:05:06	0:38:59	
1331	1096 IGNACIO PEDRO RECIO SATUE		VT2M- 334	0:52:42	0:05:17	0:52:15	0:05:14	0:38:49	
1332	1450 OSCAR CASTELLANOS JIMENEZ		VT1M- 391	0:52:43	0:05:17	0:52:30	0:05:15	0:37:12	
1333	558 FERNANDO RAMOS MORENO		VT4M- 21	0:52:44	0:05:17	0:51:17	0:05:08	0:39:14	
1334	2389 ANTONIO GUERREIRO PANTALEÓN		VT1M- 392	0:52:44	0:05:17	0:52:18	0:05:14	0:37:21	AG764613 ATLETISMO RIAZOR CORUÑA
1335	1220 LUIS VEIGA MENÉNDEZ		VT2M- 335	0:52:46	0:05:17	0:51:11	0:05:08	0:38:54	
1336	1167 JOSE JAVIER TORRES REQUEIJO		SNM- 376	0:52:46	0:05:17	0:52:19	0:05:14	0:38:48	
1337	1210 JULIO CORDONIE PORTO		VT2M- 336	0:52:47	0:05:17	0:51:13	0:05:08	0:39:01	
1338	2699 NESTOR ARIAS PAZ		VT1M- 393	0:52:48	0:05:17	0:52:07	0:05:13	0:38:01	
1339	526 DAVID TUÑAS RÓO		SNM- 377	0:52:49	0:05:17	0:51:32	0:05:10	0:38:15	
1340	708 JOSÉ MANUEL LÓPEZ FERNÁNDEZ		VT3M- 100	0:52:49	0:05:17	0:51:17	0:05:08	0:39:08	
1341	2430 MARCOS RODRIGUEZ SANCHEZ		VT1M- 394	0:52:51	0:05:18	0:52:35	0:05:16	0:37:12	A000000 RIALTO
1342	675 JOSÉ ALEJANDRO ARENOSA GARCÍA		SNM- 378	0:52:51	0:05:18	0:51:47	0:05:11	0:38:53	
1343	648 JESUS ANGEL RODRIGUEZ RODRIGUEZ		VT2M- 337	0:52:51	0:05:18	0:51:26	0:05:09	0:39:26	
1344	1087 GONZALO JAVIER GARCÍA RUMBO		VT2M- 338	0:52:52	0:05:18	0:51:00	0:05:06	0:39:39	
1345	566 FERNANDO MARTINEZ ABELLA		VT2M- 339	0:52:55	0:05:18	0:51:59	0:05:12	0:38:02	
1346	1008 DANIEL BELLO VAZQUEZ		SNM- 379	0:52:56	0:05:18	0:52:09	0:05:13	0:39:11	
1347	645 JESUS VARELA VARELA		VT1M- 395	0:52:57	0:05:18	0:51:57	0:05:12	0:38:59	
1348	681 JOSE ANTONIO GARCIA MIRA		VT2M- 340	0:52:57	0:05:18	0:51:57	0:05:12	0:38:59	
1349	1187 JOSÉ MANUEL MÉNDEZ CASAL		VT1M- 396	0:52:58	0:05:18	0:52:12	0:05:14	0:38:26	
1350	496 CARLOS RODRIGUEZ NOVOA		VT3M- 101	0:52:59	0:05:18	0:51:43	0:05:11	0:38:54	
1351	495 CARLOS GONZÁLEZ SOUTO		VT3M- 102	0:52:59	0:05:18	0:51:43	0:05:11	0:38:53	
1352	2622 JOSE MANUEL LOPEZ BARREAL		VT3M- 103	0:53:00	0:05:18	0:51:40	0:05:10	0:38:41	
1353	774 MANUEL GONZALEZ ALVAREZ		VT1M- 397	0:53:01	0:05:19	0:52:20	0:05:14	0:39:24	
1354	402 JAVIER CAMPA GARCÍA		VT3M- 104	0:53:01	0:05:19	0:51:32	0:05:10	0:38:52	O 4068 TINEO ATLETISMO
1355	109 BEGOÑA GONZALEZ PENA	F- 67	VT1F- 16	0:53:01	0:05:19	0:52:36	0:05:16	0:39:09	
1356	1153 JOSE GARCIA RODRIGUEZ		VT2M- 341	0:53:01	0:05:19	0:52:37	0:05:16	0:39:09	
1357	2503 DANIEL RODRÍGUEZ TAIBO		SNM- 380	0:53:02	0:05:19	0:51:35	0:05:10	0:38:35	
1358	440 ALEJANDRO PEREZ GIANNETTO		VT1M- 398	0:53:03	0:05:19	0:52:10	0:05:13	0:38:35	
1359	1002 DANIEL TORREIRO VIDAL		VT1M- 399	0:53:03	0:05:19	0:51:14	0:05:08	0:40:37	
1360	2737 JUAN MANUEL RODRIGUEZ LEGARRETA		VT2M- 342	0:53:04	0:05:19	0:52:09	0:05:13	0:38:31	
1361	2722 IGNACIO URIBARRI DURÁN		VT2M- 343	0:53:04	0:05:19	0:52:10	0:05:13	0:38:30	

1362	2709 ANGEL CASTAÑEDA CAMBON		VT3M- 105	0:53:05	0:05:19	0:52:22	0:05:15	0:39:05
1363	1120 JAVIER ÁLVAREZ BORQUE		SNM- 381	0:53:06	0:05:19	0:51:51	0:05:12	0:38:27
1364	2606 JUAN ALFREDO HERRERO EVIA		VT1M- 400	0:53:06	0:05:19	0:52:17	0:05:14	0:38:59
1365	1071 FRANCISCO ALVARELLOS LEMA		VT2M- 344	0:53:07	0:05:19	0:52:30	0:05:15	0:38:17
1366	94 ALBA LONGUEIRA GÓMEZ	F- 68	SNF- 22	0:53:08	0:05:19	0:52:07	0:05:13	0:39:06
1367	859 PEDRO CALDAS CASTRO		SNM- 382	0:53:08	0:05:19	0:52:40	0:05:16	0:38:31
1368	2424 JESUS NAVAZO RUIZ		VT2M- 345	0:53:09	0:05:19	0:51:59	0:05:12	0:40:39 AG 763934 ATLETISMO FONTES DO SAR
1369	2560 MANUEL ANGEL POSE CASTIÑEIRA		VT1M- 401	0:53:09	0:05:19	0:51:27	0:05:09	0:39:18
1370	712 JOSE MARIA MEJUTO SOUTO		VT1M- 402	0:53:10	0:05:19	0:52:30	0:05:15	0:39:03
1371	1201 JUAN GABRIEL RIOS FUQUEZ		SNM- 383	0:53:10	0:05:19	0:52:19	0:05:14	0:39:09
1372	763 LUIS JOSE RAMOS RODRIGUEZ		VT1M- 403	0:53:10	0:05:19	0:52:32	0:05:16	0:39:03
1373	31 BEGOÑA PARADA TORRES	F- 69	VT1F- 17	0:53:11	0:05:20	0:51:10	0:05:07	0:39:27
1374	1520 IGNACIO JUANVELZ		SNM- 384	0:53:11	0:05:20	0:52:19	0:05:14	0:39:09
1375	1023 DAVID ALONSO VEGA		SNM- 385	0:53:11	0:05:20	0:52:36	0:05:16	0:38:42
1376	725 JUAN FIGUEIREDO VÁZQUEZ		PRM- 35	0:53:12	0:05:20	0:52:44	0:05:17	0:38:02
1377	855 PABLO DACAL LOPEZ		PRM- 36	0:53:12	0:05:20	0:52:18	0:05:14	0:39:10
1378	2610 RICARDO BRANDÓN VENOZZA		VT2M- 346	0:53:13	0:05:20	0:52:47	0:05:17	0:37:39
1379	747 JULIO CAÑAS LARA		VT1M- 404	0:53:13	0:05:20	0:52:47	0:05:17	0:38:32
1380	614 IVAN JAVIER ROEL BARALLOBRE		VT1M- 405	0:53:14	0:05:20	0:52:10	0:05:13	0:38:57
1381	1366 ELENA PONTE RODRÍGUEZ	F- 70	VT1F- 18	0:53:16	0:05:20	0:52:41	0:05:17	0:39:21
1382	472 ANTONIO A. PÉREZ VÁZQUEZ		VT2M- 347	0:53:19	0:05:20	0:52:44	0:05:17	0:38:23
1383	622 JAIME LOPEZ CAINZOS		VT1M- 406	0:53:19	0:05:20	0:52:50	0:05:17	0:37:53
1384	949 ALEJANDRO BARRAL DIEZ		SNM- 386	0:53:19	0:05:20	0:53:02	0:05:19	0:38:45
1385	2444 SANTIAGO GARCIA GONZALEZ		VT1M- 407	0:53:20	0:05:20	0:52:42	0:05:17	0:39:35
1386	581 FRANCISCO RIVADULLA RIVADULLA		VT2M- 348	0:53:20	0:05:20	0:51:21	0:05:09	0:39:28
1387	850 PABLO FERNANDEZ LOPEZ		SNM- 387	0:53:22	0:05:21	0:52:37	0:05:16	0:39:15
1388	1310 RAMON SEGURA VARELA		VT2M- 349	0:53:22	0:05:21	0:51:53	0:05:12	0:39:30
1389	829 NICASIO MEJUTO MARTI		VT3M- 106	0:53:23	0:05:21	0:51:48	0:05:11	0:39:00
1390	2123 MIGUEL ANGEL ACOSTA ALCOBA		SNM- 388	0:53:25	0:05:21	0:52:18	0:05:14	0:38:58
1391	87 TANIA MARIA MEDIN CAGIAO	F- 71	VT1F- 19	0:53:25	0:05:21	0:52:18	0:05:14	0:38:59
1392	705 JOSE MANUEL LIÑARES MARTINEZ		VT2M- 350	0:53:25	0:05:21	0:51:58	0:05:12	0:41:08
1393	937 ALBERTO GUZMÁN MARTÍN		VT1M- 408	0:53:27	0:05:21	0:52:54	0:05:18	0:38:50
1394	913 SERGIO COUTO WORNER		VT1M- 409	0:53:29	0:05:21	0:52:19	0:05:14	0:39:07
1395	427 ALBERTO BALLON LAGE		VT2M- 351	0:53:30	0:05:21	0:52:38	0:05:16	0:39:49
1396	628 JAVIER AZAGRA DEL CAMPO		VT2M- 352	0:53:30	0:05:21	0:52:58	0:05:18	0:38:46
1397	921 VICTOR REGUEIRO GARCÍA		SNM- 389	0:53:32	0:05:22	0:52:51	0:05:18	0:40:38
1398	552 FCO JAVIER IGLESIAS ALONSO		VT2M- 353	0:53:34	0:05:22	0:52:17	0:05:14	0:38:54
1399	728 JUAN CARLOS PALLEIRO MOSQUERA		VT1M- 410	0:53:34	0:05:22	0:52:47	0:05:17	0:39:49
1400	1218 LUCAS PASTUR ROMAY		PRM- 37	0:53:35	0:05:22	0:52:15	0:05:14	0:40:19
1401	148 MAGDALENA BOUZAMAYOR PAZ	F- 72	VT1F- 20	0:53:35	0:05:22	0:53:17	0:05:20	0:39:04
1402	1018 DAVID QUEIRUGA DIAZ		VT1M- 411	0:53:37	0:05:22	0:53:16	0:05:20	0:39:06
1403	2620 ANTONIO PARDO LOPEZ		VT3M- 107	0:53:40	0:05:22	0:53:00	0:05:18	0:39:07
1404	1184 JOSE MANUEL GARCIA CASTRO		VT2M- 354	0:53:43	0:05:23	0:53:02	0:05:19	0:38:47
1405	2766 DANIEL VERA VÁZQUEZ		VT2M- 355	0:53:43	0:05:23	0:52:48	0:05:17	0:39:42 AG-764364 ATLETISMO BOIMORTO
1406	1043 EDUARDO FERREIRO CRUZ		VT2M- 356	0:53:44	0:05:23	0:52:58	0:05:18	0:39:31
1407	1102 IVAN IGLESIAS CANDAL		VT1M- 412	0:53:45	0:05:23	0:53:18	0:05:20	0:40:01
1408	1495 LUIGI DE RITIS		SNM- 390	0:53:45	0:05:23	0:52:57	0:05:18	0:38:32
1409	2644 FRANCISCO SOBRINO MOSQUERA		VT3M- 108	0:53:46	0:05:23	0:53:00	0:05:18	0:39:32
1410	413 ADÁN ALMENDÁREZ ROQUE		SNM- 391	0:53:47	0:05:23	0:52:39	0:05:16	0:39:34
1411	673 JOSÉ PUGA GARCÍA-TIZÓN		VT1M- 413	0:53:48	0:05:23	0:52:29	0:05:15	0:38:57
1412	814 MIGUEL OGANDO SEDES		VT1M- 414	0:53:48	0:05:23	0:52:58	0:05:18	0:39:43
1413	1271 MIGUEL ÁNGEL IGLESIAS PELLICER		SNM- 392	0:53:48	0:05:23	0:51:58	0:05:12	0:40:31
1414	1172 JOSE LUIS PENEDO		VT2M- 357	0:53:48	0:05:23	0:52:57	0:05:18	0:39:35
1415	42 ISABEL DEL CANTO FERNÁNDEZ	F- 73	SNF- 23	0:53:49	0:05:23	0:52:37	0:05:16	0:39:22
1416	433 ALBERTO PEREZ PARDIÑAS		VT1M- 415	0:53:50	0:05:23	0:52:55	0:05:18	0:39:47
1417	598 GREGORIO MORRONDO REMIS		VT2M- 358	0:53:50	0:05:23	0:53:08	0:05:19	0:39:46
1418	2638 RODRIGO DOMINGUEZ BOUZO		SNM- 393	0:53:50	0:05:23	0:52:09	0:05:13	0:40:04
1419	1012 DANIEL FERNÁNDEZ NÚÑEZ		SNM- 394	0:53:51	0:05:24	0:52:24	0:05:15	0:39:31
1420	1334 SALVADOR JORGE MORA		VT1M- 416	0:53:51	0:05:24	0:53:20	0:05:20	0:39:03
1421	2448 OSCAR PATO LÓPEZ		VT1M- 417	0:53:52	0:05:24	0:51:59	0:05:12	0:39:39
1422	1080 GERMÁN ESTEVEZ MOSQUERA		SNM- 395	0:53:52	0:05:24	0:53:08	0:05:19	0:40:06
1423	640 JESUS LOURO MACEIRAS		VT3M- 109	0:53:54	0:05:24	0:52:24	0:05:15	0:39:10
1424	2728 SANTIAGO BORES BERMEJO		VT2M- 359	0:53:54	0:05:24	0:53:01	0:05:19	0:39:23
1425	736 JUAN JOSÉ BLANCO RAMOS		SNM- 396	0:53:55	0:05:24	0:53:06	0:05:19	0:39:32
1426	2019 MARISA BARREIRO FUENTES	F- 74	VT1F- 21	0:53:57	0:05:24	0:52:18	0:05:14	0:39:44 G-763977 ATLETISMO RIAZOR

1427	1104 IVÁN GÓMEZ VEGA		SNM- 397	0:53:58	0:05:24	0:52:48	0:05:17	0:39:15		
1428	846 PABLO RILO RODRIGUEZ		VT1M- 418	0:53:58	0:05:24	0:52:44	0:05:17	0:40:22		
1429	2595 CRHISTIAN PAIS LIMA		VT1M- 419	0:53:59	0:05:24	0:53:15	0:05:20	0:39:34		
1430	2065 EVA GARCIA COUNAGO	F- 75	SNF- 24	0:54:00	0:05:24	0:52:46	0:05:17	0:39:31		
1431	734 JUAN DIEGO PEREZ FREIRE		VT1M- 420	0:54:00	0:05:24	0:53:12	0:05:20	0:38:00		
1432	55 MARÍA VICTORIA PÉREZ HERNÁNDEZ	F- 76	VT2F- 22	0:54:01	0:05:25	0:53:30	0:05:21	0:39:48		
1433	1308 RAMON RODRIGUEZ VARGAS		VT1M- 421	0:54:01	0:05:25	0:52:47	0:05:17	0:39:31		
1434	831 OCTAVIO SUSACASA NOVAL		VT2M- 360	0:54:01	0:05:25	0:53:12	0:05:20	0:38:46		
1435	1161 JOSE ANTONIO MARTINEZ MAZAGATOS		VT1M- 422	0:54:01	0:05:25	0:52:21	0:05:15	0:39:41		
1436	90 VANESSA PARDO PENA	F- 77	VT1F- 22	0:54:02	0:05:25	0:52:41	0:05:17	0:39:50		
1437	952 ALFONSO FERNANDEZ VIDAL		JNM- 14	0:54:03	0:05:25	0:53:03	0:05:19	0:40:12		
1438	992 CÉSAR GARCÍA CAMPAÑA		SNM- 398	0:54:03	0:05:25	0:53:08	0:05:19	0:38:27		
1439	1401 ENRIQUE SORIA CEBALLOS		VT2M- 361	0:54:05	0:05:25	0:52:44	0:05:17	0:39:56		
1440	2223 DAVID CORGO RIVEIRO		SNM- 399	0:54:05	0:05:25	0:52:55	0:05:18	0:39:55		
1441	2395 LUIS VALIÑO PARDO		VT1M- 423	0:54:07	0:05:25	0:53:32	0:05:22	0:39:02	AG-764422	ATLETISMO RIAZOR CORUÑA
1442	579 FRANCISCO ALABART SEDO		VT3M- 110	0:54:08	0:05:25	0:53:19	0:05:20	0:40:09		
1443	1177 JOSÉ LUIS VÁZQUEZ PÉREZ-COLEMAN		VT1M- 424	0:54:08	0:05:25	0:53:27	0:05:21	0:39:43		
1444	589 FRANCISCO JOSE BARREIRO GABEIRAS		VT2M- 362	0:54:11	0:05:26	0:52:39	0:05:16	0:40:24		
1445	2692 FRANCISCO JAVIER FERNÁNDEZ PÉREZ		SNM- 400	0:54:11	0:05:26	0:53:15	0:05:20	0:39:25		
1446	1206 JUAN JOSÉ BRAVO SÁNCHEZ		SNM- 401	0:54:11	0:05:26	0:53:33	0:05:22	0:39:45		
1447	2734 SERGIO NOGUEIRA MIÑAN		SNM- 402	0:54:13	0:05:26	0:53:31	0:05:22	0:36:57		
1448	834 OSCAR COSTALAGO ASTRAY		VT1M- 425	0:54:14	0:05:26	0:52:33	0:05:16	0:38:56		
1449	2378 MIGUEL GARCÍA VÁZQUEZ		VT1M- 426	0:54:15	0:05:26	0:52:42	0:05:17	0:40:38	A9022	CLUB ALEJANDRO GOMEZ
1450	590 FRANCISCO JOSE PEREZ VIZOSO		VT1M- 427	0:54:16	0:05:26	0:53:21	0:05:21	0:39:25		
1451	1095 IGNACIO FONTENLA ABAD		SNM- 403	0:54:16	0:05:26	0:53:59	0:05:24	0:38:45		
1452	1170 JOSE LUIS GARRAPUCHO		VT3M- 111	0:54:17	0:05:26	0:53:09	0:05:19	0:39:38		
1453	1091 HUGO IGLESIAS VIGIL		SNM- 404	0:54:18	0:05:26	0:53:02	0:05:19	0:41:19		
1454	2687 CLEMENTE RIVERA CONCHADO		VT2M- 363	0:54:19	0:05:26	0:53:34	0:05:22	0:39:44		
1455	2756 JOAQUIN GONZALEZ VAZQUEZ		VT3M- 112	0:54:19	0:05:26	0:53:00	0:05:18	0:40:06		
1456	1297 PACO GARCIA DANS		VT1M- 428	0:54:19	0:05:26	0:53:38	0:05:22	0:39:47		
1457	1540 SLAVA		SNM- 405	0:54:21	0:05:27	0:52:50	0:05:17	0:40:10		
1458	655 JORGE PUIGDOLLERS CHAVES		VT2M- 364	0:54:21	0:05:27	0:53:49	0:05:23	0:39:43		
1459	914 SERGIO NOGUEROL URRUTIA		VT1M- 429	0:54:21	0:05:27	0:52:31	0:05:16	0:41:09		
1460	904 SANTIAGO MORAN AMIL		VT1M- 430	0:54:22	0:05:27	0:53:55	0:05:24	0:38:47		
1461	1200 JUAN EMILIO REJAS JIMÉNEZ		VT2M- 365	0:54:24	0:05:27	0:53:00	0:05:18	0:40:30		
1462	1143 JORGE FREIRE SARANDESSES		SNM- 406	0:54:24	0:05:27	0:53:39	0:05:22	0:40:04		
1463	2550 JUAN LUIS LIMORTE URRUTIA		VT2M- 366	0:54:25	0:05:27	0:53:24	0:05:21	0:39:13		
1464	417 ADRIAN RODRÍGUEZ CAMBÓN		SNM- 407	0:54:26	0:05:27	0:53:06	0:05:19	0:40:54		
1465	2627 FRANCISCO ESTEVEZ CID		SNM- 408	0:54:27	0:05:27	0:53:40	0:05:22	0:42:36		
1466	2487 MANUEL RAÑA PREGO		VT4M- 22	0:54:27	0:05:27	0:54:16	0:05:26	0:39:39		
1467	1500 MARCOS CAO BOEDO		VT1M- 431	0:54:28	0:05:27	0:53:50	0:05:23	0:39:20		
1468	1152 JOSE CASTRO FERNANDEZ		VT2M- 367	0:54:28	0:05:27	0:53:42	0:05:23	0:39:37		
1469	1004 DANIEL ROMEU VILAR		SNM- 409	0:54:28	0:05:27	0:53:20	0:05:20	0:39:36		
1470	2213 DANI LÓPEZ REY		SNM- 410	0:54:29	0:05:27	0:53:20	0:05:20	0:39:36		
1471	960 ANGEL JULIO BARBADILLO MARAN		VT3M- 113	0:54:29	0:05:27	0:54:00	0:05:24	0:39:28		
1472	2739 JUAN MANUEL CANO ACEVEDO		VT1M- 432	0:54:30	0:05:27	0:53:07	0:05:19	0:39:45		
1473	1038 DIEGO FERNÁNDEZ GARCÍA		SNM- 411	0:54:31	0:05:28	0:53:20	0:05:20	0:39:39		
1474	755 LUIS GESTAL GARCE		VT2M- 368	0:54:32	0:05:28	0:53:57	0:05:24	0:39:43		
1475	911 SERGIO ARES CHAO		SNM- 412	0:54:33	0:05:28	0:53:08	0:05:19	0:40:33		
1476	1286 PABLO MENDEZ CANDAME		SNM- 413	0:54:33	0:05:28	0:53:18	0:05:20	0:40:18		
1477	927 YAGO VAZQUEZ ALVAREZ		SNM- 414	0:54:34	0:05:28	0:53:18	0:05:20	0:40:15		
1478	2593 JOSE CARLOS FREIRE SALORIO		SNM- 415	0:54:34	0:05:28	0:53:40	0:05:22	0:39:54		
1479	25 ANA LEMA CARRIL	F- 78	SNF- 25	0:54:35	0:05:28	0:52:42	0:05:17	0:40:27		
1480	2469 VICENTE SANMARTÍN VIGO		VT1M- 433	0:54:36	0:05:28	0:53:55	0:05:24	0:39:22		
1481	2032 SONIA PRADO PRADO	F- 79	VT2F- 23	0:54:37	0:05:28	0:53:11	0:05:20	0:40:25		
1482	1417 IVAN RAFAEL BERMUDEZ GONZALEZ		VT2M- 369	0:54:37	0:05:28	0:52:42	0:05:17	0:42:02		
1483	740 JUAN RAMÓN PINEIRO		VT3M- 114	0:54:37	0:05:28	0:52:25	0:05:15	0:40:27		
1484	2763 ROBERTO CARLOS RAMILO CARBALLIDO		VT1M- 434	0:54:37	0:05:28	0:52:48	0:05:17	0:42:08		
1485	1108 JAIME ALVAREZ GONZALEZ		SNM- 416	0:54:37	0:05:28	0:53:40	0:05:22	0:39:52		
1486	1212 JULIO FERNANDEZ VILAS		VT2M- 370	0:54:39	0:05:28	0:53:27	0:05:21	0:38:58		
1487	746 JULIO TRAVESO NEIRA		VT1M- 435	0:54:40	0:05:28	0:52:51	0:05:18	0:41:10		
1488	2731 XABIER RODRIGUEZ SOTO		VT1M- 436	0:54:40	0:05:28	0:53:39	0:05:22	0:39:26		
1489	1349 VICTOR FEIJOO SOUSA		SNM- 417	0:54:42	0:05:29	0:54:01	0:05:25	0:40:05		
1490	2385 JOSE ANTONIO VIÑA VAZQUEZ		VT2M- 371	0:54:42	0:05:29	0:54:30	0:05:27	0:38:07	AG7483	ATLETISMO MONTE SEGADE
1491	1454 PABLO VALLEDOR GARCIA		JNM- 15	0:54:43	0:05:29	0:53:54	0:05:24	0:40:16		

1492	1389 ANTONIO RIOS GONZALEZ-CAMNIO		VT4M- 23	0:54:43	0:05:29	0:53:41	0:05:23		0:40:57	C. A. AS MARIÑAS
1493	1398 DAVID JOSE NACHON GARCIA		SNM- 418	0:54:43	0:05:29	0:53:54	0:05:24		0:40:16	
1494	647 JESÚS CARAMES BOUZÁN		VT4M- 24	0:54:46	0:05:29	0:54:16	0:05:26		0:40:13	
1495	1204 JUAN JOSE VARELA BARBEITO		VT1M- 437	0:54:48	0:05:29	0:53:50	0:05:23		0:39:19	
1496	1035 DIEGO BRANDIDO FERNANDEZ		VT1M- 438	0:54:48	0:05:29	0:53:50	0:05:23		0:39:20	
1497	1344 SERGIO GABÍN VÁZQUEZ		SNM- 419	0:54:50	0:05:29	0:54:28	0:05:27		0:39:51	
1498	606 IGNACIO CRESPO LOPEZ		VT2M- 372	0:54:51	0:05:30	0:54:09	0:05:25		0:39:55	
1499	2556 FRANCISCO ORRO ARCAJ		VT2M- 373	0:54:51	0:05:30	0:53:12	0:05:20		0:40:19	
1500	677 JOSE ANTONIO FACHAL MOSTEIRO		VT2M- 374	0:54:51	0:05:30	0:52:50	0:05:17		0:40:30	
1501	1135 JORGE VEIGA LENDOIRO		VT3M- 115	0:54:52	0:05:30	0:53:18	0:05:20		0:42:34	
1502	140 IZASKUN GARCÍA SUÁREZ	F- 80	SNF- 26	0:54:54	0:05:30	0:53:16	0:05:20		0:41:03	
1503	1145 JORGE AKIRA GRAÑA LOIS		SNM- 420	0:54:54	0:05:30	0:54:15	0:05:26		0:39:19	
1504	1075 FRANCISCO JAVIER SAAVEDRA PITA		VT1M- 439	0:54:54	0:05:30	0:53:16	0:05:20		0:41:03	
1505	1213 JULIO J. NUÑEZ LOPEZ		VT1M- 440	0:54:56	0:05:30	0:53:50	0:05:23		0:40:07	
1506	175 NOELIA SALIDO ANDRÉS	F- 81	SNF- 27	0:54:57	0:05:30	0:54:30	0:05:27		0:39:34	
1507	867 RAFAEL RÍO RODRÍGUEZ		VT1M- 441	0:54:57	0:05:30	0:53:39	0:05:22		0:39:36	
1508	2656 ROGELIO MANUEL PÉREZ MIÑONES		VT2M- 375	0:54:58	0:05:30	0:53:09	0:05:19		0:39:50	
1509	2457 XOSE RAMON LOPEZ TOJA		VT2M- 376	0:54:58	0:05:30	0:53:43	0:05:23		0:40:24	
1510	2396 FRANCISCO ALONSO CUEVAS		VT2M- 377	0:54:58	0:05:30	0:54:12	0:05:26		0:40:28	AG 764081 C.A.R. MARISQUEIRO
1511	2580 CARLOS SÁNCHEZ CARRETERO		VT2M- 378	0:54:59	0:05:30	0:53:39	0:05:22		0:40:13	
1512	925 YAGO BARROS		VT1M- 442	0:55:00	0:05:30	0:54:26	0:05:27		0:39:35	
1513	2463 GABRIEL BARREIRO GONZÁLEZ		VT2M- 379	0:55:01	0:05:31	0:54:14	0:05:26		0:40:26	
1514	761 LUIS ALBERTO LÓPEZ VIDAL		VT1M- 443	0:55:01	0:05:31	0:54:26	0:05:27		0:39:35	
1515	1134 JOAQUÍN PRADOS GÓMEZ		VT1M- 444	0:55:01	0:05:31	0:53:56	0:05:24		0:39:51	
1516	788 MARCELINO LAMELAS INSUA		VT1M- 445	0:55:02	0:05:31	0:54:13	0:05:26		0:39:40	
1517	544 ENRIQUE ALDEA SANCHEZ		VT2M- 380	0:55:02	0:05:31	0:53:15	0:05:20		0:40:57	
1518	666 JORGE ARIJÓN FERNÁNDEZ		SNM- 421	0:55:02	0:05:31	0:54:07	0:05:25		0:40:01	
1519	2377 JAVIER PARDO GOMEZ		VT1M- 446	0:55:03	0:05:31	0:54:35	0:05:28		0:39:16	CLUB ALEJANDRO GOMEZ
1520	164 MARTA RÚA LÓPEZ	F- 82	VT1F- 23	0:55:04	0:05:31	0:54:10	0:05:25		0:40:36	
1521	1151 JOSE PEDREIRA GARCIA		VT1M- 447	0:55:04	0:05:31	0:53:24	0:05:21		0:40:30	
1522	193 SONIA MARIÑAS	F- 83	VT1F- 24	0:55:05	0:05:31	0:54:55	0:05:30		0:40:29	
1523	1000 DANIEL ALVAREZ CARBALLEIRA		VT1M- 448	0:55:06	0:05:31	0:53:19	0:05:20		0:41:24	
1524	662 JORGE ALVAREZ LOPEZ		VT1M- 449	0:55:06	0:05:31	0:54:38	0:05:28		0:40:10	
1525	2043 ELIA RODRIGUEZ GALLEGRO	F- 84	VT2F- 24	0:55:06	0:05:31	0:53:35	0:05:22		0:40:21	
1526	767 MANUEL VEIGA FIGUEROA		SNM- 422	0:55:06	0:05:31	0:53:34	0:05:22		0:40:12	
1527	1190 JOSE RAMON VILABOY ROUCO		VT2M- 381	0:55:07	0:05:31	0:54:13	0:05:26		0:41:08	
1528	1397 DANIEL MATO ALDAO		SNM- 423	0:55:08	0:05:31	0:54:34	0:05:28		0:40:41	
1529	1179 JOSE MANUEL RAMA		VT1M- 450	0:55:08	0:05:31	0:54:34	0:05:28		0:40:42	
1530	2525 ALEKOS ROMERO BORREGO		SNM- 424	0:55:10	0:05:31	0:54:11	0:05:26		0:40:28	
1531	1059 FELIPE SEOANE FERREIRO		SNM- 425	0:55:10	0:05:31	0:54:54	0:05:30		0:39:01	
1532	28 ANGELES LOPEZ VILAS	F- 85	VT2F- 25	0:55:12	0:05:32	0:53:51	0:05:24		0:40:17	
1533	149 MAJO ABRALDES	F- 86	VT1F- 25	0:55:13	0:05:32	0:54:24	0:05:27		0:40:24	
1534	623 JAIME ALONSO FERNÁNDEZ		SNM- 426	0:55:15	0:05:32	0:53:59	0:05:24		0:40:17	
1535	2774 GABRIEL KESLER CANAN		VT2M- 382	0:55:16	0:05:32	0:54:40	0:05:28		0:39:48	
1536	996 CLAUDIO LEGIDE VILA		VT2M- 383	0:55:16	0:05:32	0:54:49	0:05:29		0:39:47	
1537	2733 JOSÉ LUIS AMIGO DIGÓN		VT2M- 384	0:55:19	0:05:32	0:54:12	0:05:26		0:40:08	
1538	426 ALBERTO GARCIA CASÁS		VT1M- 451	0:55:20	0:05:32	0:54:51	0:05:30		0:40:35	
1539	800 MARIANO RAMIREZ FERNANDEZ		VT1M- 452	0:55:20	0:05:32	0:53:21	0:05:21		0:39:20	
1540	2492 DANIEL VÁZQUEZ AÑEL		SNM- 427	0:55:20	0:05:32	0:54:26	0:05:27		0:40:56	
1541	664 JORGE DE LA FUENTE RAMON		VT1M- 453	0:55:21	0:05:33	0:53:57	0:05:24		0:41:17	
1542	878 RAÚL BELLAS RODRÍGUEZ		VT2M- 385	0:55:21	0:05:33	0:53:33	0:05:22		0:41:10	
1543	2725 NESTOR TOREA MOLEDO		VT1M- 454	0:55:21	0:05:33	0:53:58	0:05:24		0:41:18	
1544	701 JOSE LUIS GONZALEZ TEMPRANO		SNM- 428	0:55:24	0:05:33	0:54:25	0:05:27		0:41:02	
1545	1406 FERNANDO VALERIO BARRIO		VT1M- 455	0:55:24	0:05:33	0:54:49	0:05:29		0:40:41	
1546	2023 BLANCA GARCIA COUCEIRO	F- 87	PRF- 6	0:55:24	0:05:33	0:55:19	0:05:32	0:40:01	AG764215	CLUB ATLETISMO SADA
1547	2410 PEDRO ABELEDO CORTIZAS		VT2M- 386	0:55:24	0:05:33	0:55:19	0:05:32	0:40:00	G17172	CLUB ATLETISMO SADA
1548	2478 CARLOS MUÑOZ LAGARÓN		VT1M- 456	0:55:26	0:05:33	0:54:21	0:05:27		0:41:02	
1549	1185 JOSÉ MANUEL CAMBON REY		VT2M- 387	0:55:27	0:05:33	0:54:05	0:05:25		0:40:54	
1550	1485 JACOBO SEIJO MOLINOS		SNM- 429	0:55:27	0:05:33	0:53:26	0:05:21		0:41:14	
1551	561 FERNANDO SUAREZ CARRIL		VT2M- 388	0:55:28	0:05:33	0:53:27	0:05:21		0:41:11	
1552	76 ROSA INSUA FERREIRO	F- 88	VT1F- 26	0:55:29	0:05:33	0:54:53	0:05:30		0:40:28	
1553	2030 RUTH BALLESTEROS CANEL	F- 89	VT1F- 27	0:55:29	0:05:33	0:54:10	0:05:25		0:43:06	
1554	1214 JUSTO REAL IGLESIAS		VT2M- 389	0:55:29	0:05:33	0:55:05	0:05:31		0:41:53	
1555	1174 JOSE LUIS GONZALEZ MARTINEZ		SNM- 430	0:55:30	0:05:33	0:54:56	0:05:30		0:40:18	
1556	483 BRUNO LÓPEZ FERREIRO		VT2M- 390	0:55:33	0:05:34	0:54:48	0:05:29		0:41:03	



1557	1111	JAVIER BESCANSACARRO		VT2M- 391	0:55:41	0:05:35	0:53:55	0:05:24	0:42:07
1558	1228	MANUEL BECERRA LÓPEZ		VT3M- 116	0:55:43	0:05:35	0:54:52	0:05:30	0:40:58
1559	665	JORGE SANCHEZ FERREIRO		SNM- 431	0:55:45	0:05:35	0:54:29	0:05:27	0:41:34
1560	91	VERONICA DIAZ RODRIGUEZ	F- 90	VT1F- 28	0:55:46	0:05:35	0:54:53	0:05:30	0:41:09
1561	1178	JOSE MANUEL OREIRO BLANCO		VT3M- 117	0:55:47	0:05:35	0:55:03	0:05:31	0:40:29
1562	182	RAQUEL SEBIO GARCÍA	F- 91	SNF- 28	0:55:47	0:05:35	0:55:03	0:05:31	0:40:49
1563	775	MANUEL CID FERNÁNDEZ		VT3M- 118	0:55:50	0:05:35	0:54:23	0:05:27	0:40:52
1564	626	JAIRO ALDANA ALBORÉS		VT1M- 457	0:55:51	0:05:36	0:54:52	0:05:30	0:40:45
1565	670	JOSE LAREO SANTISO		VT2M- 392	0:55:52	0:05:36	0:54:16	0:05:26	0:41:08
1566	1431	JOSE MANUEL FERNANDEZ REY		VT3M- 119	0:55:52	0:05:36	0:54:16	0:05:26	0:41:08
1567	570	FERNANDO MÍGUEZ FERNÁNDEZ		SNM- 432	0:55:54	0:05:36	0:54:42	0:05:29	0:39:30
1568	255	ANTONIO CARRO MARINO		VT1M- 458	0:55:54	0:05:36	0:55:12	0:05:32	0:39:03
1569	1077	FRANCISCO JOSE ROCHA GARCIA		SNM- 433	0:55:56	0:05:36	0:54:26	0:05:27	0:41:12
1570	669	JOSE LEYTE VERDEJO		VT2M- 393	0:55:57	0:05:36	0:55:19	0:05:32	0:40:29
1571	481	BORJA DIAZ CARRO		SNM- 434	0:55:58	0:05:36	0:54:33	0:05:28	0:41:07
1572	1400	DIEGO SÁCHEZ GONZÁLEZ		SNM- 435	0:55:58	0:05:36	0:55:07	0:05:31	0:39:42
1573	612	IGNACIO ASUA ISASA		VT2M- 394	0:56:02	0:05:37	0:54:50	0:05:29	0:40:55
1574	183	RAQUEL SANJURJO LÓPEZ	F- 92	SNF- 29	0:56:03	0:05:37	0:55:27	0:05:33	0:40:51
1575	1481	FERNANDO RODRIGUEZ PENA		VT3M- 120	0:56:04	0:05:37	0:54:36	0:05:28	0:42:15
1576	115	CARMEN UZAL JANEIRO	F- 93	VT2F- 26	0:56:04	0:05:37	0:54:14	0:05:26	0:41:28
1577	1413	IAGO CASTRO MARCOTE		SNM- 436	0:56:05	0:05:37	0:55:25	0:05:33	0:41:44
1578	80	SARA MERA CARREIRO	F- 94	JNF- 1	0:56:05	0:05:37	0:55:40	0:05:34	0:40:38
1579	72	RITA CALVIÑO LÓPEZ-VILLALTA	F- 95	JNF- 2	0:56:06	0:05:37	0:55:40	0:05:34	0:40:38
1580	479	BENITO BLANCO PEQUEÑO		VT1M- 459	0:56:08	0:05:37	0:54:53	0:05:30	0:40:50
1581	745	JULIO LEMA IGLESIAS		VT1M- 460	0:56:09	0:05:37	0:54:02	0:05:25	0:40:27
1582	1482	FRANCISCO DIAZ CABIDO		VT1M- 461	0:56:10	0:05:37	0:54:41	0:05:29	0:40:47
1583	172	MÓNICA RODRÍGUEZ GARCÍA	F- 96	VT2F- 27	0:56:11	0:05:38	0:55:25	0:05:33	0:40:45
1584	656	JORGE ALVAREZ CARBALLEIRA		VT1M- 462	0:56:12	0:05:38	0:54:25	0:05:27	0:41:24
1585	2507	JAVIER SAL		VT1M- 463	0:56:13	0:05:38	0:55:08	0:05:31	0:41:02
1586	117	CARMEN GARCIA SIERRA	F- 97	SNF- 30	0:56:14	0:05:38	0:54:57	0:05:30	0:41:49
1587	1489	JORGE ANTONIO LOPEZ RODRIGUEZ		VT4M- 25	0:56:15	0:05:38	0:55:53	0:05:36	0:41:14
1588	1163	JOSÉ BENITO PÉREZ LÓPEZ		VT2M- 395	0:56:16	0:05:38	0:55:10	0:05:31	0:41:44
1589	443	ALEJANDRO SANTOS SÁNCHEZ		SNM- 437	0:56:17	0:05:38	0:54:21	0:05:27	0:42:05
1590	2557	MANUEL HURTADO LÓPEZ		VT3M- 121	0:56:17	0:05:38	0:55:36	0:05:34	0:41:13
1591	990	CARLOS GARCÍA SECO		PRM- 38	0:56:18	0:05:38	0:55:43	0:05:35	0:41:13
1592	733	JUAN CARLOS CEBRAL SANTOS		VT2M- 396	0:56:20	0:05:38	0:55:31	0:05:34	0:40:44
1593	1086	GONZALO BARCIA SESAR		SNM- 438	0:56:21	0:05:39	0:55:20	0:05:32	0:39:54
1594	2508	JOSE LOPEZ GAVIN		VT1M- 464	0:56:22	0:05:39	0:55:51	0:05:36	0:42:12
1595	1346	TOMAS TUBIO PIÑEIRO		VT1M- 465	0:56:22	0:05:39	0:55:57	0:05:36	0:40:24
1596	948	ALEJANDRO LUIS NOVOA		PRM- 39	0:56:23	0:05:39	0:55:30	0:05:33	0:40:09
1597	688	JOSÉ ERNESTO LEMA VIDAL		VT1M- 466	0:56:24	0:05:39	0:55:28	0:05:33	0:41:35
1598	2608	CARLOS FANDIÑO ASENSIO		VT1M- 467	0:56:24	0:05:39	0:55:29	0:05:33	0:41:35
1599	2599	IMRE KUKLA BOAN		VT4M- 26	0:56:25	0:05:39	0:56:13	0:05:38	0:40:40
1600	1421	JAVIER LORENZO CASTRO		VT1M- 468	0:56:25	0:05:39	0:55:18	0:05:32	0:42:07
1601	2496	GONZALO BRANDÓN CASTRO		SNM- 439	0:56:26	0:05:39	0:55:59	0:05:36	0:39:38
1602	2600	ANTONIO BERMEJO CONDE		VT4M- 27	0:56:28	0:05:39	0:55:53	0:05:36	0:41:08
1603	1010	DANIEL SANTOS LAMEIRO		SNM- 440	0:56:29	0:05:39	0:54:48	0:05:29	0:41:11
1604	638	JAVIER FERRERAS		SNM- 441	0:56:30	0:05:39	0:55:32	0:05:34	0:40:20
1605	191	SARAH JANE MEDINA	F- 98	PRF- 7	0:56:32	0:05:40	0:56:04	0:05:37	0:39:33
1606	2535	ÓSCAR CIUDAD CENDÁN		VT1M- 469	0:56:32	0:05:40	0:54:40	0:05:28	0:41:50
1607	2051	SILVIA SÁNCHEZ BASCOY	F- 99	VT3F- 4	0:56:32	0:05:40	0:55:40	0:05:34	0:40:56
1608	1011	DANIEL LÓPEZ GARCÍA		SNM- 442	0:56:33	0:05:40	0:56:04	0:05:37	0:41:48
1609	2021	BEGOÑA DE ARRIBA BELLOGIN	F- 100	VT3F- 5	0:56:34	0:05:40	0:55:58	0:05:36	0:41:13
1610	58	MERCEDES GARNELO PRECIADO	F- 101	VT1F- 29	0:56:36	0:05:40	0:55:40	0:05:34	0:41:30
1611	437	ALEJANDRO PERMUY FANDIÑO		VT1M- 470	0:56:36	0:05:40	0:55:40	0:05:34	0:41:30
1612	993	CÉSAR CARRO		SNM- 443	0:56:38	0:05:40	0:55:25	0:05:33	0:42:08
1613	2027	SANDRA RODRÍGUEZ NIETO	F- 102	VT1F- 30	0:56:39	0:05:40	0:56:05	0:05:37	0:41:27
1614	932	ADRIAN FERNADEZ CASAL		SNM- 444	0:56:40	0:05:40	0:56:11	0:05:38	0:41:48
1615	1278	OSCAR GARRIDO FRAGA		VT1M- 471	0:56:41	0:05:41	0:56:19	0:05:38	0:40:09
1616	1281	OSCAR ISIDORO SAEZ PAZ		SNM- 445	0:56:41	0:05:41	0:56:01	0:05:37	0:41:27
1617	620	JAIME CARRO MERCHAN		VT2M- 397	0:56:41	0:05:41	0:55:50	0:05:35	0:41:12
1618	651	JORGE REGO GÁRATE		VT3M- 122	0:56:43	0:05:41	0:55:51	0:05:36	0:40:53
1619	1336	SANTIAGO LAGO DÍAZ		VT1M- 472	0:56:43	0:05:41	0:56:06	0:05:37	0:41:01
1620	2464	GUILLERMO RODRIGUEZ PUJOL		VT2M- 398	0:56:44	0:05:41	0:55:57	0:05:36	0:39:17
1621	1498	LUIS ALBERTO LOPEZ MALDONADO		VT1M- 473	0:56:49	0:05:41	0:54:59	0:05:30	0:41:42

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1622	510 DAMIAN FERNANDEZ FERNANDEZ		SNM- 446	0:56:49	0:05:41	0:55:39	0:05:34	0:42:59		
1623	1301 PEDRO GUILLERMO GALDO ANDRADE		SNM- 447	0:56:50	0:05:41	0:56:13	0:05:38	0:40:43		
1624	497 CARLOS PUGA TRIGÁS		VT3M- 123	0:56:50	0:05:41	0:56:15	0:05:38	0:41:59		
1625	743 JUANCHO ALMARZA ESPARZA		VT1M- 474	0:56:51	0:05:42	0:55:44	0:05:35	0:41:33		
1626	684 JOSE BENITO LOPEZ BARREIRO		VT3M- 124	0:56:51	0:05:42	0:55:30	0:05:33	0:41:49		
1627	1456 RAFAEL PENNA FERNANDEZ		VT1M- 475	0:56:52	0:05:42	0:55:38	0:05:34	0:41:52		
1628	941 ALBERTO CAMPOS COUSELO		VT1M- 476	0:56:53	0:05:42	0:56:00	0:05:36	0:41:04		
1629	2770 ANGEL TARRIO TOBAR		VT2M- 399	0:56:54	0:05:42	0:55:23	0:05:33	0:41:19		
1630	642 JESUS SANDE VEIGA		VT1M- 477	0:56:54	0:05:42	0:56:08	0:05:37	0:40:37		
1631	100 ANDREA PRADO ESPÍÑEIRA	F- 103	SNF- 31	0:56:56	0:05:42	0:55:01	0:05:31	0:42:08		
1632	724 JUAN LAMAS BELLO		VT1M- 478	0:56:56	0:05:42	0:55:52	0:05:36	0:41:08		
1633	490 CARLOS CARRODEGUAS ABADIN		VT3M- 125	0:56:56	0:05:42	0:56:08	0:05:37	0:41:53		
1634	1289 PABLO BUGALLO VILARIÑO		SNM- 448	0:56:57	0:05:42	0:55:25	0:05:33	0:41:44		
1635	1079 GABRIEL ALVAREZ CARREIRA		VT2M- 400	0:56:57	0:05:42	0:55:47	0:05:35	0:42:11		
1636	52 MARÍA BELEN CASTILLO SIMÓN	F- 104	VT2F- 28	0:56:57	0:05:42	0:55:41	0:05:35	0:42:06		
1637	408 VÍCTOR HUGO CONDE LÓPEZ		VT1M- 479	0:56:57	0:05:42	0:56:45	0:05:41	0:40:55		
1638	631 JAVIER FERNANDEZ CONTO		VT2M- 401	0:56:57	0:05:42	0:55:40	0:05:34	0:42:07		
1639	1098 IÑAKI FERNANDEZ BAS		SNM- 449	0:56:59	0:05:42	0:56:35	0:05:40	0:41:21		
1640	592 GERARDO HERNANDEZ MENDEZ		VT1M- 480	0:57:00	0:05:42	0:56:04	0:05:37	0:42:04		
1641	1531 MANUEL MOLEDO NOYA		VT1M- 481	0:57:01	0:05:43	0:56:00	0:05:36	0:41:17		
1642	820 MIGUEL ANGEL ALONSO MONZON		VT2M- 402	0:57:01	0:05:43	0:56:10	0:05:37	0:41:12		
1643	1351 XENE CARREIRA GARCIA		SNM- 450	0:57:02	0:05:43	0:56:11	0:05:38	0:42:04		
1644	1323 ROBERTO CARBALLIDO SANDE		SNM- 451	0:57:02	0:05:43	0:56:11	0:05:38	0:42:15		
1645	2677 MANUEL GARRIDO ALVAREZ		VT2M- 403	0:57:02	0:05:43	0:55:46	0:05:35	0:42:06		
1646	974 BORJA GARCÍA CUESTA		VT3M- 126	0:57:03	0:05:43	0:55:56	0:05:36	0:41:42		
1647	2020 FRANCISCA ROMASANTA PARADA	F- 105	VT4F- 2	0:57:04	0:05:43	0:56:59	0:05:42	0:41:02	GA19965	C.D.EGOVARROS-VIVEIRO
1648	1402 ENRIQUE GONZÁLEZ PAREDES		SNM- 452	0:57:04	0:05:43	0:55:48	0:05:35	0:42:35		
1649	1313 RAMÓN ABELEDO ALVAREZ		VT2M- 404	0:57:04	0:05:43	0:55:52	0:05:36	0:42:08		
1650	524 DAVID SERRANO AMARELLE		SNM- 453	0:57:07	0:05:43	0:55:35	0:05:34	0:41:49		
1651	1132 JOAN CLARA TOLOSA		VT2M- 405	0:57:08	0:05:43	0:56:06	0:05:37	0:41:59		
1652	615 J ANTONIO DEL RIO MUIÑO		VT1M- 482	0:57:09	0:05:43	0:55:58	0:05:36	0:41:39		
1653	475 BENIGNO GAREA CAO		VT3M- 127	0:57:09	0:05:43	0:55:22	0:05:33	0:42:18		
1654	2059 BEATRIZ CHOUCIÑO TRIGO	F- 106	VT1F- 31	0:57:10	0:05:43	0:55:39	0:05:34	0:41:53		
1655	751 LUCAS MARTÍNEZ CORA		VT1M- 483	0:57:12	0:05:44	0:56:37	0:05:40	0:41:42		
1656	1058 FELIPE FUERTE GARCIA		VT1M- 484	0:57:13	0:05:44	0:55:58	0:05:36	0:43:02		
1657	1347 VICENTE GARCÍA ARROYO		SNM- 454	0:57:14	0:05:44	0:56:14	0:05:38	0:41:45		
1658	192 SONIA CARBALLO FOLGUEIRA	F- 107	SNF- 32	0:57:15	0:05:44	0:56:01	0:05:37	0:43:03		
1659	2634 ANGEL MANUEL MIGUENS VAZQUEZ		VT1M- 485	0:57:16	0:05:44	0:55:28	0:05:33	0:41:11		
1660	1147 JORGE RODRIGO BRIONES MEIJIDE		VT2M- 406	0:57:16	0:05:44	0:56:23	0:05:39	0:41:11		
1661	1375 TANIA LEIJA MUÑOZ	F- 108	SNF- 33	0:57:17	0:05:44	0:55:41	0:05:35	0:42:33		
1662	407 MANUEL FERNANDEZ VARELA		VT1M- 486	0:57:17	0:05:44	0:56:56	0:05:42	0:41:07		
1663	624 JAIME PUIG-PEY GONZALEZ		SNM- 455	0:57:19	0:05:44	0:56:03	0:05:37	0:42:35		
1664	21 AIDA RODRIGUEZ LOPEZ	F- 109	SNF- 34	0:57:19	0:05:44	0:56:05	0:05:37	0:42:35		
1665	112 BOGNA MAZUR	F- 110	SNF- 35	0:57:19	0:05:44	0:56:33	0:05:40	0:41:57		
1666	627 JAVIER BLANCO CLEMENTE		VT1M- 487	0:57:19	0:05:44	0:56:32	0:05:40	0:42:23		
1667	1484 HENRIQUE CASTRO ALONSO		JNM- 16	0:57:20	0:05:44	0:56:15	0:05:38	0:40:48		
1668	453 ANDRÉS GONZÁLEZ GARCÍA		VT3M- 128	0:57:21	0:05:45	0:55:38	0:05:34	0:41:16		
1669	1164 JOSE FRANCISCO SOBRINO OTERO		VT3M- 129	0:57:22	0:05:45	0:55:53	0:05:36	0:42:11		
1670	1283 OVIDIO LÓPEZ REY		VT2M- 407	0:57:23	0:05:45	0:55:30	0:05:33	0:41:46		
1671	2514 JOSE MANUEL LOPEZ LODEIRO		VT4M- 28	0:57:23	0:05:45	0:57:01	0:05:43	0:41:48		
1672	668 JOSE GOMEZ DURAN		VT3M- 130	0:57:26	0:05:45	0:55:46	0:05:35	0:42:12		
1673	2778 JOSÉ ANTONIO CONCHADO RODRÍGUEZ		SNM- 456	0:57:27	0:05:45	0:55:57	0:05:36	0:42:01		
1674	2473 SERGIO LÓPEZ REY		SNM- 457	0:57:27	0:05:45	0:55:41	0:05:35	0:41:59		
1675	432 ALBERTO MANTIÑÁN PERNAS		VT1M- 488	0:57:28	0:05:45	0:55:41	0:05:35	0:42:18		
1676	584 FRANCISCO JAVIER VILLAMISAR CALVIÑO		VT2M- 408	0:57:29	0:05:45	0:56:23	0:05:39	0:40:46		
1677	476 BENIGNO FERNANDEZ PORTILLA		VT2M- 409	0:57:32	0:05:46	0:56:14	0:05:38	0:42:29		
1678	521 DAVID IGLESIAS PENNA		SNM- 458	0:57:32	0:05:46	0:56:04	0:05:37	0:42:12		
1679	45 LAURA TABOADA VEIGA	F- 111	SNF- 36	0:57:32	0:05:46	0:56:46	0:05:41	0:43:08		
1680	184 RAQUEL BOTANA GONZALEZ	F- 112	VT1F- 32	0:57:33	0:05:46	0:56:59	0:05:42	0:41:43		
1681	1054 ENRIQUE PÉREZ RODRÍGUEZ-CARMONA		PRM- 40	0:57:33	0:05:46	0:56:58	0:05:42	0:42:00		
1682	944 ALBERTO ZUBIAURRE RODRÍGUEZ		SNM- 459	0:57:34	0:05:46	0:55:54	0:05:36	0:44:01		
1683	936 ADRIÁN LÓPEZ		SNM- 460	0:57:36	0:05:46	0:56:41	0:05:41	0:40:34		
1684	2054 MARIA LUISA CELADA DIAZ	F- 113	VT2F- 29	0:57:37	0:05:46	0:56:11	0:05:38	0:42:10		
1685	29 BEA ARES ARIAS	F- 114	SNF- 37	0:57:37	0:05:46	0:56:42	0:05:41	0:42:26		
1686	2418 JOSE MARIA BREA SANCHEZ		VT3M- 131	0:57:40	0:05:46	0:55:57	0:05:36	0:42:32	AG-764347	ATLETISMO BOIMORTO

1687	26 ANABELLA BUSTO SCARDAMAGLIA	F- 115	SNF- 38	0:57:41	0:05:47	0:57:04	0:05:43	0:41:18
1688	958 ANDRÉS MESÍAS BARCIA		VT3M- 132	0:57:41	0:05:47	0:56:34	0:05:40	0:42:28
1689	288 ERNESTO SOBRINO MARFULL		SNM- 461	0:57:42	0:05:47	0:57:04	0:05:43	0:41:52
1690	59 MERITXELL CREIXELL RIGOL	F- 116	SNF- 39	0:57:42	0:05:47	0:57:04	0:05:43	0:41:52
1691	2053 ISABEL PEÑA PEREZ	F- 117	VT2F- 30	0:57:43	0:05:47	0:56:23	0:05:39	0:41:37
1692	1248 MARCOS NÚÑEZ REGUEIRA		VT1M- 489	0:57:46	0:05:47	0:56:32	0:05:40	0:42:07
1693	1471 ALEJANDRO NOVO VILA		SNM- 462	0:57:46	0:05:47	0:57:42	0:05:47	0:42:03
1694	1094 IGNACIO ARES VAZQUEZ		VT2M- 410	0:57:48	0:05:47	0:56:06	0:05:37	0:43:16
1695	2282 JUAN CARLOS RECOUSO GARCIA		VT2M- 411	0:57:49	0:05:47	0:57:43	0:05:47	0:42:12
1696	2066 CARMEN CASAL LLORENTE	F- 118	VT2F- 31	0:57:49	0:05:47	0:57:13	0:05:44	0:42:12
1697	1051 ENRIQUE ROMERO BARREIRO		VT1M- 490	0:57:50	0:05:47	0:57:12	0:05:44	0:41:00
1698	837 OSCAR JAVIER OLCINA SALINAS		VT1M- 491	0:57:52	0:05:48	0:56:35	0:05:40	0:42:21
1699	1223 LUIS LOPEZ SERANTES		VT1M- 492	0:57:52	0:05:48	0:57:09	0:05:43	0:42:17
1700	1001 DANIEL VIDAL VICENTE		VT1M- 493	0:57:52	0:05:48	0:57:09	0:05:43	0:42:18
1701	987 CARLOS MARTÍNEZ ZAS		VT1M- 494	0:57:53	0:05:48	0:56:02	0:05:37	0:43:40
1702	50 MARIA PARDO LEIS	F- 119	VT1F- 33	0:57:53	0:05:48	0:56:32	0:05:40	0:42:38
1703	1103 IVÁN PALLEIRO PÉREZ		SNM- 463	0:57:56	0:05:48	0:56:50	0:05:41	0:43:09
1704	839 PABLO RODRIGUEZ-VELLANDO		VT2M- 412	0:57:56	0:05:48	0:56:29	0:05:39	0:42:07
1705	962 ANTÓN ZARRAONANDIA ANDRACA		SNM- 464	0:57:58	0:05:48	0:56:17	0:05:38	0:41:40
1706	704 JOSE MANUEL DACAL VAZQUEZ		VT3M- 133	0:57:59	0:05:48	0:56:44	0:05:41	0:42:21
1707	106 BEATRIZ ROMERO ROEL	F- 120	VT1F- 34	0:58:00	0:05:48	0:57:23	0:05:45	0:42:20
1708	935 ADRIÁN CASTRO VÁZQUEZ		SNM- 465	0:58:01	0:05:49	0:56:55	0:05:42	0:43:09
1709	954 ALFREDO DELGADO IZARRA		VT2M- 413	0:58:02	0:05:49	0:57:04	0:05:43	0:42:21
1710	1419 JAVIER MIRA		VT1M- 495	0:58:02	0:05:49	0:56:44	0:05:41	0:41:50
1711	2050 ISABEL MARGARITA DÍAZ DOMÍNGUEZ	F- 121	VT2F- 32	0:58:03	0:05:49	0:56:39	0:05:40	0:41:42
1712	2596 FRANCISCO FERNANDEZ-PEITEADO FERNANDEZ		VT1M- 496	0:58:03	0:05:49	0:56:49	0:05:41	0:42:06
1713	1100 ISAAC MARTIN SASTRE		SNM- 466	0:58:05	0:05:49	0:57:12	0:05:44	0:42:40
1714	63 NATALIA MARTINEZ-REBOREDO FERREIRO	F- 122	VT2F- 33	0:58:05	0:05:49	0:56:24	0:05:39	0:43:23
1715	1239 MANUEL PEREZ		VT3M- 134	0:58:06	0:05:49	0:56:44	0:05:41	0:42:01
1716	1209 JUAN MANUEL GÓMEZ CRESPO		SNM- 467	0:58:08	0:05:49	0:56:13	0:05:38	0:42:05
1717	998 DAMIAN RODRIGUEZ SANMARTIN		SNM- 468	0:58:09	0:05:49	0:57:29	0:05:45	0:43:04
1718	856 PABLO PIÑON ESTEBAN		VT1M- 497	0:58:10	0:05:49	0:56:37	0:05:40	0:42:11
1719	2555 JAVIER SARDIÑA AGRA		VT2M- 414	0:58:10	0:05:49	0:56:31	0:05:40	0:41:51
1720	565 FERNANDO VILA SANTOS		VT1M- 498	0:58:11	0:05:50	0:56:22	0:05:39	0:44:11
1721	2489 ARTURO BERMÚDEZ GARCÍA		VT1M- 499	0:58:11	0:05:50	0:56:25	0:05:39	0:43:48
1722	79 SABRINA RUMBO ROEL	F- 123	SNF- 40	0:58:12	0:05:50	0:56:49	0:05:41	0:43:37
1723	2641 CARLOS ARMENTEROS LEÓN		VT1M- 500	0:58:12	0:05:50	0:57:07	0:05:43	0:41:51
1724	1217 LUCAS LÓPEZ PIÑEIRO		SNM- 469	0:58:16	0:05:50	0:57:38	0:05:46	0:42:21
1725	1319 ROBERTO SUÁREZ GARCÍA		VT2M- 415	0:58:17	0:05:50	0:56:54	0:05:42	0:41:43
1726	248 ALBERTO POUSADA DUARTE		VT1M- 501	0:58:19	0:05:50	0:56:25	0:05:39	0:43:07
1727	546 ENRIQUE SOLA SANCHEZ		SNM- 470	0:58:19	0:05:50	0:56:25	0:05:39	0:43:08
1728	2785 OSCAR PITA VIDAL		SNM- 471	0:58:21	0:05:51	0:57:17	0:05:44	0:41:51
1729	864 PEDRO F. BLAZQUEZ FRAGOSO		VT2M- 416	0:58:23	0:05:51	0:56:57	0:05:42	0:43:45
1730	2501 JUAN DIEGO BERMEJO FERNANDEZ		SNM- 472	0:58:23	0:05:51	0:57:03	0:05:43	0:43:19
1731	1062 FERNANDO GRANELL ABAD		VT1M- 502	0:58:24	0:05:51	0:58:04	0:05:49	0:41:18
1732	460 ANSELMO MENENDEZ VILLALVA		VT2M- 417	0:58:27	0:05:51	0:56:52	0:05:42	0:41:58
1733	70 RAQUEL PITA REGUEIRO	F- 124	VT1F- 35	0:58:27	0:05:51	0:57:41	0:05:47	0:41:57
1734	473 ANTONIO ALEJANDRO MARTINEZ ZABALA		SNM- 473	0:58:29	0:05:51	0:57:08	0:05:43	0:43:20
1735	159 MARIA ELENA CASTRO SABIO	F- 125	VT2F- 34	0:58:29	0:05:51	0:57:02	0:05:43	0:42:58
1736	1356 XULIO CORREA CORREDOIRA		VT3M- 135	0:58:29	0:05:51	0:57:28	0:05:45	0:42:31
1737	122 CRIS ASENSIO FERNÁNDEZ	F- 126	VT3F- 6	0:58:29	0:05:51	0:57:27	0:05:45	0:42:31
1738	110 BELEN GARCIA GONZALEZ	F- 127	VT1F- 36	0:58:30	0:05:51	0:56:41	0:05:41	0:44:07
1739	869 RAMON CALVIÑO SANTOS		VT2M- 418	0:58:31	0:05:52	0:57:05	0:05:43	0:43:15
1740	141 LAURA CAMIÑOS PÉREZ	F- 128	SNF- 41	0:58:32	0:05:52	0:57:40	0:05:46	0:43:25
1741	999 DANIEL GRANELL OTERO		VT2M- 419	0:58:36	0:05:52	0:58:17	0:05:50	0:42:09
1742	1033 DIEGO PORTO MARGARIDE		SNM- 474	0:58:36	0:05:52	0:56:48	0:05:41	0:43:19
1743	663 JORGE CHACON SOUTO		SNM- 475	0:58:37	0:05:52	0:57:41	0:05:47	0:42:24
1744	1426 JOSÉ ALEJANDRO CASTRO BOTELLO		SNM- 476	0:58:38	0:05:52	0:57:58	0:05:48	0:42:51
1745	57 MARYEM SALI DUQUE	F- 129	SNF- 42	0:58:39	0:05:52	0:56:42	0:05:41	0:43:42
1746	1298 PAULINO CANLE PENA		VT4M- 29	0:58:39	0:05:52	0:57:35	0:05:46	0:43:06
1747	890 ROBERTO GONZALEZ MARTINEZ		VT2M- 420	0:58:40	0:05:52	0:57:41	0:05:47	0:42:14
1748	1437 JUAN ANTONIO LLORENTE REGLERO		VT3M- 136	0:58:41	0:05:53	0:56:46	0:05:41	0:43:54
1749	1543 ISABEL BREA POSE	F- 130	VT4F- 3	0:58:42	0:05:53	0:58:10	0:05:49	0:42:47
1750	532 DIEGO PORTO CALVO		SNM- 477	0:58:45	0:05:53	0:57:26	0:05:45	0:43:20
1751	1181 JOSE MANUEL ABEIJON SILLERO		VT2M- 421	0:58:46	0:05:53	0:57:46	0:05:47	0:43:12

EGOVARROS

1752	177 NURIA GONZALEZ VIRULEG	F- 131	SNF- 43	0:58:47	0:05:53	0:58:10	0:05:49	0:42:45		
1753	1342 SERGIO PAZOS GARRIDO		VT1M- 503	0:58:47	0:05:53	0:56:50	0:05:41	0:44:07		
1754	118 CHUS POSSE TEIRA	F- 132	VT2F- 35	0:58:50	0:05:53	0:57:51	0:05:48	0:43:07		
1755	2237 JUAN IGNACIO LOPEZ SILVA		VT2M- 422	0:58:50	0:05:53	0:57:52	0:05:48	0:43:06		
1756	1082 GONZALO FERNÁNDEZ PÉREZ-SOBA		VT2M- 423	0:58:51	0:05:54	0:57:22	0:05:45	0:43:40		
1757	714 JOSÉ MARÍA PEMÁN SEOANE		VT2M- 424	0:58:51	0:05:54	0:57:22	0:05:45	0:43:40		
1758	484 CAMILO FERNANDEZ BEMBRIBE		VT2M- 425	0:58:52	0:05:54	0:58:05	0:05:49	0:43:01		
1759	602 HÉCTOR LAMEIRO FRAGA		VT2M- 426	0:58:52	0:05:54	0:58:09	0:05:49	0:42:36		
1760	438 ALEJANDRO SUÁREZ GARCÍA		VT1M- 504	0:58:53	0:05:54	0:56:51	0:05:42	0:42:50		
1761	68 PAULA ROMERO CIMAS	F- 133	PRF- 8	0:58:54	0:05:54	0:58:08	0:05:49	0:44:24		
1762	674 JOSE A VESTEIRO RIVAS		VT1M- 505	0:58:54	0:05:54	0:57:12	0:05:44	0:43:57		
1763	146 Mª LUZ ALVAREZ GONZALEZ-MORO	F- 134	VT2F- 36	0:58:56	0:05:54	0:58:16	0:05:50	0:43:34		
1764	2795 MANUEL IGLESIAS PREGO		VT4M- 30	0:58:58	0:05:54	0:58:31	0:05:52	0:43:18		
1765	1055 EUGENIO CARBAJALES TABOADA		SNM- 478	0:59:02	0:05:55	0:58:30	0:05:51	0:43:04		
1766	119 CLARA MARÍA GÓMEZ LAGO	F- 135	SNF- 44	0:59:02	0:05:55	0:58:30	0:05:51	0:43:05		
1767	1241 MANUEL ANGEL COBAS OTERO		VT2M- 427	0:59:03	0:05:55	0:58:18	0:05:50	0:43:26		
1768	2471 JOAQUIN GARMA CASTRO		VT2M- 428	0:59:03	0:05:55	0:58:10	0:05:49	0:44:19		
1769	780 MANUEL LOPEZ PETINAL		VT1M- 506	0:59:07	0:05:55	0:57:24	0:05:45	0:43:58		
1770	180 PAULA ALONSO MASIDE	F- 136	PRF- 9	0:59:13	0:05:56	0:58:20	0:05:50	0:44:10		
1771	1017 DAVID ALFONSÍN LAREO		VT1M- 507	0:59:16	0:05:56	0:58:27	0:05:51	0:43:09		
1772	959 ANGEL RODRIGUEZ NAVEIRO		SNM- 479	0:59:17	0:05:56	0:57:31	0:05:46	0:44:16		
1773	2628 JOSÉ RAMÓN RAMOS IGLESIAS		VT2M- 429	0:59:17	0:05:56	0:57:36	0:05:46	0:42:24		
1774	1399 DIEGO AGUIÑO DOMINGUEZ		SNM- 480	0:59:20	0:05:56	0:58:55	0:05:54	0:43:12		
1775	2706 ANTONI OLIVERAS DOMÍNGUEZ		VT3M- 137	0:59:21	0:05:57	0:58:15	0:05:50	0:42:09		
1776	1236 MANUEL ÁLVAREZ-CIENFUEGOS GODAY		VT1M- 508	0:59:23	0:05:57	0:58:06	0:05:49	0:43:58		
1777	1442 LUIS COUREL REPISO		SNM- 481	0:59:26	0:05:57	0:58:17	0:05:50	0:44:10		
1778	205 ANDRÉS FLÓREZ PÉREZ		SNM- 482	0:59:26	0:05:57	0:58:17	0:05:50	0:44:10	17268-G	ATLETISMO CORUÑA COMARCA
1779	462 ANTONIO GONZÁLEZ MARTÍNEZ-PEDRAYO		VT3M- 138	0:59:28	0:05:57	0:58:06	0:05:49	0:42:06		
1780	16 CARMEN BELÉN PÉREZ GRAÑA	F- 137	VT1F- 37	0:59:29	0:05:57	0:58:24	0:05:51	0:43:50	AG-765292	ATLÉTICA A SILVA
1781	294 FRANCISCO GUARDDON GARCÍA		VT2M- 430	0:59:30	0:05:57	0:59:24	0:05:57	0:41:06		
1782	1234 MANUEL CORTIZO GARCÍA		VT1M- 509	0:59:32	0:05:58	0:57:55	0:05:48	0:43:52		
1783	924 XULIO GARCÍA GONZÁLEZ		VT3M- 139	0:59:33	0:05:58	0:57:59	0:05:48	0:44:15		
1784	2063 ESTEFANIA ARIAS CEDRÓN	F- 138	SNF- 45	0:59:33	0:05:58	0:58:48	0:05:53	0:43:32		
1785	1329 RUBÉN BARROS FERNÁNDEZ		VT1M- 510	0:59:34	0:05:58	0:58:38	0:05:52	0:43:44		
1786	2719 JUAN CARLOS GANTES LESTA		VT1M- 511	0:59:35	0:05:58	0:58:05	0:05:49	0:44:07		
1787	135 HELIANA MARTINEZ ALONSO	F- 139	VT1F- 38	0:59:36	0:05:58	0:58:52	0:05:54	0:43:51		
1788	2480 MANUEL VILAS ABELENDA		VT4M- 31	0:59:40	0:05:58	0:59:11	0:05:56	0:44:04		
1789	20 NADIA LELLIS TORTELLA GALIFI	F- 140	SNF- 46	0:59:43	0:05:59	0:59:33	0:05:58	0:43:14		GARRAPUCHO
1790	233 JAVIER DOSIL CARPINTERO		SNM- 483	0:59:43	0:05:59	0:59:33	0:05:58	0:43:14		GARRAPUCHO
1791	36 ESTÍBALIZ VEIGA VEIGA	F- 141	SNF- 47	0:59:43	0:05:59	0:58:10	0:05:49	0:44:25		
1792	771 MANUEL RAMUDO PRIETO		VT2M- 431	0:59:43	0:05:59	0:58:10	0:05:49	0:44:25		
1793	89 VANESSA MÍGUEZ MARTÍN	F- 142	VT1F- 39	0:59:45	0:05:59	0:57:49	0:05:47	0:45:44		
1794	1462 RUBÉN PÉREZ POSA		SNM- 484	0:59:46	0:05:59	0:57:54	0:05:48	0:45:12		
1795	2045 LAURA LOPEZ BLANCO	F- 143	VT3F- 7	0:59:48	0:05:59	0:59:07	0:05:55	0:42:59		
1796	480 BERNARDO VIQUEIRA ALLER		VT2M- 432	0:59:49	0:05:59	0:58:35	0:05:52	0:44:00		
1797	853 PABLO GÓMEZ DE PAULI		SNM- 485	0:59:58	0:06:00	0:58:03	0:05:49	0:45:46		
1798	1541 ABEL SANJOSE GATO		VT2M- 433	0:59:58	0:06:00	0:59:01	0:05:55	0:44:23		
1799	97 ANA GOMEZ LOPEZ	F- 144	VT2F- 37	0:59:59	0:06:00	0:58:33	0:05:52	0:45:03		
1800	464 ANTONIO SUAREZ RODRIGUEZ		SNM- 486	1:00:00	0:06:00	0:58:38	0:05:52	0:42:59		
1801	947 ALEJANDRO MARTINEZ ZAS		SNM- 487	1:00:04	0:06:01	0:58:12	0:05:50	0:44:29		
1802	1335 SALVADOR SOUTO SÁNCHEZ		VT1M- 512	1:00:04	0:06:01	0:58:12	0:05:50	0:45:13		
1803	1253 MARCOS FERNANDEZ MARTINEZ		VT1M- 513	1:00:05	0:06:01	0:59:14	0:05:56	0:43:10		
1804	574 FRANCISCO GOMEZ CONCHEIRO		VT3M- 140	1:00:05	0:06:01	0:58:37	0:05:52	0:43:49		
1805	1409 FRANCISCO FRAGA VEIGA		VT1M- 514	1:00:06	0:06:01	0:58:05	0:05:49	0:44:51		
1806	444 ALEJANDRO MONTERO SALINAS		SNM- 488	1:00:07	0:06:01	0:58:43	0:05:53	0:45:07		
1807	1433 JOSE MANUEL FRAGA VEIGA		VT2M- 434	1:00:08	0:06:01	0:58:07	0:05:49	0:44:51		
1808	1390 ALBERTO LOBO REQUEJO		VT2M- 435	1:00:08	0:06:01	0:59:32	0:05:58	0:45:02		
1809	2411 RAMIRO BLANCO MONTERO		VT2M- 436	1:00:10	0:06:01	0:58:53	0:05:54	0:44:27	AG76409	CLUB ATLETISMO SADA
1810	84 SONIA GÓMEZ-PORTALES	F- 145	VT2F- 38	1:00:10	0:06:01	0:58:46	0:05:53	0:44:47		
1811	466 ANTONIO SOUTO		VT2M- 437	1:00:11	0:06:02	0:58:46	0:05:53	0:44:48		
1812	2434 JUAN GÓMEZ-PORTALES		VT2M- 438	1:00:11	0:06:02	0:58:46	0:05:53	0:44:47	32804540P	TRIATLÓN CORUÑA
1813	197 VANESSA LODEIRO CORRAL	F- 146	SNF- 48	1:00:12	0:06:02	0:59:22	0:05:57	0:44:53		
1814	77 ROSA BLANCO MAGDALENA	F- 147	SNF- 49	1:00:14	0:06:02	0:58:53	0:05:54	0:44:09		
1815	169 MIRIAM SANCHEZ ALVAREZ	F- 148	SNF- 50	1:00:14	0:06:02	0:58:44	0:05:53	0:44:28		
1816	1476 CARLOS MONDELO RODRIGUEZ		VT2M- 439	1:00:16	0:06:02	0:58:49	0:05:53	0:44:03		



1817	2574 VÍCTOR SIERRA FERREIRO		VT1M- 515	1:00:19	0:06:02	0:59:16	0:05:56	0:43:31	
1818	113 CARMELA REGUEIRO BUENAGA	F- 149	VT1F- 40	1:00:19	0:06:02	0:59:59	0:06:00	0:43:37	
1819	275 DAVID CASTRO GRAIÑO		SNM- 489	1:00:19	0:06:02	0:59:29	0:05:57	0:44:53	
1820	199 YESICA LODEIRO CORRAL	F- 150	SNF- 51	1:00:19	0:06:02	0:59:29	0:05:57	0:44:54	
1821	877 RAMÓN DAVID FERNÁNDEZ LUACES		VT2M- 440	1:00:22	0:06:03	0:58:26	0:05:51	0:45:23	
1822	1169 JOSE JULIO ARES SUAREZ		VT2M- 441	1:00:23	0:06:03	0:59:22	0:05:57	0:44:40	
1823	387 JAVIER CAMBA MÉNDEZ		VT2M- 442	1:00:23	0:06:03	0:58:47	0:05:53	0:43:33	AG-764350 ATLETISMO BOIMORTO
1824	1407 FERNANDO VAZQUEZ BLANCO		VT3M- 141	1:00:25	0:06:03	0:58:57	0:05:54	0:42:15	
1826	2511 FERNANDO MOURIÑO VARELA		VT1M- 516	1:00:29	0:06:03	0:59:37	0:05:58	0:44:37	
1827	632 JAVIER AMADO BOUZA		SNM- 490	1:00:29	0:06:03	0:59:06	0:05:55	0:43:48	
1828	1464 VÍCTOR LORENZO		SNM- 491	1:00:29	0:06:03	0:59:03	0:05:55	0:44:26	
1829	15 AIDA ESTHER ALVAREZ VIDAL	F- 152	VT3F- 9	1:00:30	0:06:03	0:59:38	0:05:58	0:44:27	C. A. AS MARIÑAS
1830	104 ARACELI CRUJEIRAS GONZÁLEZ	F- 153	SNF- 52	1:00:30	0:06:03	0:59:38	0:05:58	0:45:32	
1831	82 SARA LIAÑO VIDAL	F- 154	SNF- 53	1:00:31	0:06:04	0:58:49	0:05:53	0:45:15	
1832	1511 ISABEL OGÁYAR BARRANCO	F- 155	VT2F- 39	1:00:31	0:06:04	0:59:17	0:05:56	0:44:06	
1833	1250 MARCOS ALVAREZ VAZQUEZ		VT1M- 517	1:00:32	0:06:04	1:00:02	0:06:01	0:43:25	
1834	1515 MARIA MARGARITA LOPEZ VAZQUEZ	F- 156	VT2F- 40	1:00:36	0:06:04	0:59:56	0:06:00	0:44:07	
1835	448 ALFONSO REMUIÑÁN SÁNCHEZ		VT2M- 443	1:00:41	0:06:05	1:00:25	0:06:03	0:40:15	
1836	2472 JAVIER YAÑEZ LOURO		SNM- 492	1:00:42	0:06:05	0:58:50	0:05:53	0:44:47	
1837	1372 MARIA LAMAS PEREZ	F- 157	SNF- 54	1:00:43	0:06:05	0:59:59	0:06:00	0:44:21	
1838	66 ORSOLYA VINCZE	F- 158	SNF- 55	1:00:43	0:06:05	1:00:00	0:06:00	0:44:22	
1839	1065 FERNANDO DE LOMBERA HERMIDA		SNM- 493	1:00:46	0:06:05	0:59:02	0:05:55	0:44:48	
1840	969 ARTURO DE LOMBERA HERMIDA		SNM- 494	1:00:46	0:06:05	0:59:03	0:05:55	0:44:47	
1841	907 SEGUNDO EIRAS SÁNCHEZ		VT2M- 444	1:00:49	0:06:05	0:59:31	0:05:58	0:42:58	
1842	2582 PABLO RAFAEL PRIETO CASAL		VT2M- 445	1:00:49	0:06:05	0:59:23	0:05:57	0:44:38	
1843	1235 MANUEL MIRAMONTES MENDEZ		VT1M- 518	1:00:52	0:06:06	0:59:07	0:05:55	0:43:48	
1844	2678 DIEGO RAÑA BOUZA		VT1M- 519	1:00:53	0:06:06	0:58:50	0:05:53	0:45:31	
1845	2637 CARLOS GONZÁLEZ MAGDALENA		SNM- 495	1:00:54	0:06:06	0:58:43	0:05:53	0:43:52	
1846	1019 DAVID SEIDEDOS HERMO		VT1M- 520	1:00:54	0:06:06	0:59:43	0:05:59	0:44:49	
1847	900 SAMUEL MENDEZ CAABEIRO		VT1M- 521	1:00:54	0:06:06	0:59:44	0:05:59	0:44:50	
1848	1142 JORGE SAIZ MERINO		SNM- 496	1:00:54	0:06:06	0:59:45	0:05:59	0:44:46	
1849	2537 ANTONIO CUBEL JIMENEZ		VT2M- 446	1:00:55	0:06:06	0:59:29	0:05:57	0:44:59	
1850	2743 PAULINA ANDREA MOSQUERA	F- 159	VT2F- 41	1:00:55	0:06:06	0:59:53	0:06:00	0:44:19	
1851	568 FERNANDO DIAZ - PACHE GONZALEZ		SNM- 497	1:00:55	0:06:06	0:59:45	0:05:59	0:44:45	
1852	147 MACARENA CASTRO PEREZ	F- 160	SNF- 56	1:00:59	0:06:06	1:00:02	0:06:01	0:44:18	
1853	2388 JAVIER PRIETO SOUTO		VT1M- 522	1:01:01	0:06:07	0:59:15	0:05:56	0:43:28	ag 764063 ATLETISMO RIAZOR CORUÑA
1854	822 MIGUEL ANGEL AYMERICH RICO		VT2M- 447	1:01:04	0:06:07	0:59:56	0:06:00	0:45:27	
1855	1530 JUAN PEDRO BARCO SANCHEZ		VT1M- 523	1:01:06	0:06:07	1:00:04	0:06:01	0:43:51	
1856	1394 CARLOS LÓPEZ IGLESIAS		VT1M- 524	1:01:07	0:06:07	0:59:37	0:05:58	0:44:59	
1857	1182 JOSE MANUEL SANMARTIN FERNANDEZ		VT2M- 448	1:01:07	0:06:07	1:00:10	0:06:01	0:44:23	
1858	1267 MIGUEL ANGEL MERA JUAN		SNM- 498	1:01:11	0:06:08	1:00:25	0:06:03	0:43:54	
1859	414 ADRIAN QUEVEDO PEREZ		SNM- 499	1:01:19	0:06:08	1:00:26	0:06:03	0:45:05	
1860	968 ANTONIO JOSÉ LAGE BARDERAS		VT2M- 449	1:01:19	0:06:08	0:59:59	0:06:00	0:44:55	
1861	139 IRENE AÑON REGUEIRA	F- 161	SNF- 57	1:01:23	0:06:09	0:59:54	0:06:00	0:46:03	
1862	2047 JAEL BALBOA GARCÍA	F- 162	SNF- 58	1:01:24	0:06:09	0:59:38	0:05:58	0:46:09	
1863	424 ALBERTO BUGALLO VAZQUEZ		VT1M- 525	1:01:25	0:06:09	1:00:20	0:06:02	0:44:22	
1864	174 NATALIA DOBARRIO CAMPOS	F- 163	SNF- 59	1:01:32	0:06:10	1:00:44	0:06:05	0:45:19	
1865	2062 SARA RODRIGUEZ	F- 164	VT1F- 41	1:01:32	0:06:10	1:00:59	0:06:06	0:45:19	
1866	41 IRENE VARELA MARTÍNEZ	F- 165	PRF- 10	1:01:36	0:06:10	1:01:09	0:06:07	0:44:41	
1867	906 SATIRO BRENLLA FAJÍN		SNM- 500	1:01:36	0:06:10	1:00:18	0:06:02	0:45:02	
1868	1249 MARCOS SEOANE VILARIÑO		VT2M- 450	1:01:41	0:06:11	1:00:43	0:06:05	0:45:51	
1869	1526 CARLOS VALDÉS LÓPEZ		VT3M- 142	1:01:41	0:06:11	0:59:53	0:06:00	0:44:58	
1870	2055 FELI SEOANE GRELA	F- 166	VT1F- 42	1:01:41	0:06:11	1:00:10	0:06:01	0:44:58	
1871	173 MONTSERRAT FERNÁNDEZ SUÁREZ	F- 167	VT1F- 43	1:01:43	0:06:11	1:00:47	0:06:05	0:45:54	
1872	2044 LINA FUENTES NOYA	F- 168	VT3F- 10	1:01:43	0:06:11	1:01:31	0:06:10	0:44:16	
1873	1021 DAVID FERRO NOVOA		VT1M- 526	1:01:45	0:06:11	1:00:48	0:06:05	0:45:54	
1874	1020 DAVID PIÑEIRO GONZÁLEZ		VT1M- 527	1:01:45	0:06:11	1:00:49	0:06:05	0:45:54	
1875	903 SANTIAGO MÍGUEZ CARIDAD		VT2M- 451	1:01:47	0:06:11	1:00:13	0:06:02	0:45:40	
1876	152 MARIA GONZÁLEZ-REGALADO ABEL	F- 169	VT2F- 42	1:01:48	0:06:11	1:01:18	0:06:08	0:46:02	
1877	86 SUSANA FERNANDEZ REDONDO	F- 170	VT1F- 44	1:01:48	0:06:11	1:01:19	0:06:08	0:46:02	
1878	679 JOSE ANTONIO GARCÍA PORTA		VT1M- 528	1:01:49	0:06:11	1:01:05	0:06:07	0:45:55	
1879	1107 JAIME PLATAS GARCÍA		VT1M- 529	1:01:49	0:06:11	1:00:17	0:06:02	0:47:42	
1880	155 MARIA PIÑEIRO CAAMAÑO	F- 171	SNF- 60	1:01:52	0:06:12	1:00:37	0:06:04	0:45:08	
1881	1294 PABLO SEOANE CANCELO		SNM- 501	1:01:52	0:06:12	1:00:24	0:06:03	0:45:21	
1882	770 MANUEL SANCHEZ CASTELO		VT2M- 452	1:01:55	0:06:12	1:01:09	0:06:07	0:45:46	

1883	30 BEGOÑA TABOADA MACHO	F- 172	VT2F- 43	1:01:55	0:06:12	1:01:11	0:06:08	0:45:46		
1884	1136 JORGE SOUTO MARIÑAS		VT2M- 453	1:02:09	0:06:13	1:00:59	0:06:06	0:44:16		
1885	985 CARLOS AMOR GOMEZ		VT2M- 454	1:02:13	0:06:14	1:00:32	0:06:04	0:45:26		
1886	2042 MERCEDES VÁZQUEZ BUGALLO	F- 173	VT2F- 44	1:02:17	0:06:14	1:00:58	0:06:06	0:45:32		
1887	121 CONCEPCION CARRO YAÑEZ	F- 174	VT3F- 11	1:02:17	0:06:14	1:01:33	0:06:10	0:45:32		
1888	1357 XURXO GOMEZ MOURIÑO		SNM- 502	1:02:18	0:06:14	1:01:01	0:06:07	0:45:00		
1889	48 LUCÍA CUENDA MOLINELLI	F- 175	VT1F- 45	1:02:20	0:06:14	1:01:01	0:06:07	0:45:56		
1890	2691 JUAN NAVARRO MOLINELLI		VT1M- 530	1:02:20	0:06:14	1:01:01	0:06:07	0:45:56		
1891	39 GISELLE MONTERO SALINAS	F- 176	SNF- 61	1:02:20	0:06:14	1:00:56	0:06:06	0:46:25		
1892	2404 ANXO VIGO PENA		VT3M- 143	1:02:21	0:06:15	1:01:38	0:06:10	0:44:37	A10005	C.D.EGOVARROS-VIVEIRO
1893	1133 JOAQUÍN PARADELO CARRACEDO		VT2M- 455	1:02:21	0:06:15	1:01:20	0:06:08	0:44:21		
1894	56 MARÍA VICTORIA ARES SÁNCHEZ	F- 177	VT2F- 45	1:02:22	0:06:15	1:00:45	0:06:05	0:45:31		
1895	505 CÉSAR FERREIRÓS LÓPEZ		SNM- 503	1:02:23	0:06:15	1:01:58	0:06:12	0:44:32		
1896	150 MANUELA DOS SANTOS FERNÁNDEZ	F- 178	VT2F- 46	1:02:25	0:06:15	1:02:14	0:06:14	0:45:22		
1897	1272 NANOBELIUS OTERO		VT3M- 144	1:02:25	0:06:15	1:02:14	0:06:14	0:45:22		
1898	2646 DIEGO PALLA NOGUEIRA		SNM- 504	1:02:34	0:06:16	1:01:37	0:06:10	0:45:16		
1899	88 TERESA DE LA CRUZ RODRÍGUEZ	F- 179	VT2F- 47	1:02:38	0:06:16	1:01:16	0:06:08	0:46:28		
1900	170 MONICA FRAGA RODRIGUEZ	F- 180	VT1F- 46	1:02:38	0:06:16	1:01:32	0:06:10	0:46:19		
1901	772 MANUEL FERNANDEZ SOUTO		VT1M- 531	1:02:40	0:06:16	1:02:17	0:06:14	0:47:35		
1902	710 JOSE MARIA FERNANDEZ GARCES		VT3M- 145	1:02:44	0:06:17	1:01:10	0:06:07	0:46:31		
1903	85 SUSANA BASTERRECHEA NOYA	F- 181	VT1F- 47	1:02:45	0:06:17	1:01:03	0:06:07	0:46:11		
1904	35 ESTHER FERNANDEZ FERNANDEZ	F- 182	VT2F- 48	1:02:47	0:06:17	1:01:00	0:06:06	0:46:49		
1905	563 FERNANDO MARTÍNEZ MONTERO		VT1M- 532	1:02:49	0:06:17	1:01:58	0:06:12	0:44:36		
1906	171 MONICA MEJUTO SOUTO	F- 183	SNF- 62	1:02:51	0:06:18	1:02:12	0:06:14	0:45:17		
1907	922 XABIER CHAO GARCIA		VT1M- 533	1:02:55	0:06:18	1:01:01	0:06:07	0:45:11		
1908	138 INÉS GRANELL ABAD	F- 184	VT1F- 48	1:02:56	0:06:18	1:02:36	0:06:16	0:45:28		
1909	114 CARMEN HERNANDEZ TUDA	F- 185	SNF- 63	1:02:57	0:06:18	1:01:16	0:06:08	0:46:46		
1910	928 YAGO SANTOS MARTINEZ		SNM- 505	1:02:59	0:06:18	1:02:02	0:06:13	0:47:39		
1911	630 JAVIER CARNEIRO PEREZ		VT2M- 456	1:03:01	0:06:19	1:01:29	0:06:09	0:46:37		
1912	2452 CARLOS MALLEIRO ZORZANO		SNM- 506	1:03:09	0:06:19	1:01:41	0:06:11	0:47:01		
1913	1516 PATRICIA POLANCO PEREIRO	F- 186	VT2F- 49	1:03:13	0:06:20	1:01:27	0:06:09	0:46:00		
1914	153 MARIA GOMEZ MARTINEZ	F- 187	VT1F- 49	1:03:15	0:06:20	1:01:50	0:06:11	0:46:26		
1915	1208 JUAN MANUEL AGRAS PRIETO		VT1M- 534	1:03:16	0:06:20	1:01:38	0:06:10	0:46:45		
1916	514 DANIEL CIUDAD CENDÁN		VT1M- 535	1:03:16	0:06:20	1:01:34	0:06:10	0:47:03		
1917	78 SABELA MARTINEZ FERNANDEZ	F- 188	SNF- 64	1:03:21	0:06:21	1:02:48	0:06:17	0:46:46		
1918	1370 LIDIA GARCIA GIL	F- 189	PRF- 11	1:03:22	0:06:21	1:01:55	0:06:12	0:46:54		
1919	24 ANA VARELA YAÑEZ	F- 190	SNF- 65	1:03:24	0:06:21	1:02:14	0:06:14	0:46:10		
1920	32 BELÉN MONTENEGRO BORRÁS	F- 191	SNF- 66	1:03:25	0:06:21	1:02:14	0:06:14	0:46:10		
1921	1112 JAVIER LOPEZ RODRIGUEZ		VT2M- 457	1:03:26	0:06:21	1:01:44	0:06:11	0:45:29		
1922	2540 JOSE ANTONIO BOCELO PRIETO		VT2M- 458	1:03:27	0:06:21	1:01:44	0:06:11	0:45:29		
1923	2024 MONICA ALARCON HERNANDEZ	F- 192	SNF- 67	1:03:28	0:06:21	1:02:50	0:06:17	0:47:19	AG764008	CLUB ATLETISMO SADA
1924	849 PABLO COBAS SANDE		VT1M- 536	1:03:31	0:06:22	1:01:50	0:06:11	0:45:54		
1925	1490 JOSE ANDRES VILLAR ESTER		VT4M- 32	1:03:33	0:06:22	1:02:41	0:06:17	0:45:39		
1926	47 LORENA GESTAL FERREIRO	F- 193	VT1F- 50	1:03:34	0:06:22	1:02:36	0:06:16	0:46:07		
1927	2672 BASILIO SANTOS BASANTA		VT2M- 459	1:03:39	0:06:22	1:03:07	0:06:19	0:46:24		
1928	116 CARMEN GÓMEZ PUENTE	F- 194	VT2F- 50	1:03:49	0:06:23	1:02:05	0:06:13	0:46:44		
1929	2564 MIGUEL CASTRO DE LA FUENTE		VT1M- 537	1:03:50	0:06:23	1:02:06	0:06:13	0:46:44		
1930	1251 MARCOS RODRIGUEZ ARMADA		VT1M- 538	1:03:52	0:06:24	1:02:07	0:06:13	0:46:47		
1931	1053 ENRIQUE VAZQUEZ RABUÑAL		SNM- 507	1:03:52	0:06:24	1:02:40	0:06:16	0:48:00		
1932	156 MARIA ALONSO CASTRO	F- 195	SNF- 68	1:04:00	0:06:24	1:02:40	0:06:16	0:48:26		
1933	2613 IVÁN PIÑEIRO PÉREZ		VT2M- 460	1:04:05	0:06:25	1:02:20	0:06:14	0:48:43		
1934	1124 JESUS MATO BOADO		SNM- 508	1:04:09	0:06:25	1:02:17	0:06:14	0:46:45		
1935	1039 DIEGO NOCEDA DAVILA		SNM- 509	1:04:10	0:06:25	1:02:35	0:06:16	0:48:12		
1936	1510 FIONA IRVINE	F- 196	VT1F- 51	1:04:17	0:06:26	1:03:02	0:06:19	0:47:03		
1937	1373 MARTA ORTIZ ANSEDE	F- 197	SNF- 69	1:04:17	0:06:26	1:02:39	0:06:16	0:46:45		
1938	1506 ROBERTO FERNÁNDEZ GARABATOS		SNM- 510	1:04:18	0:06:26	1:02:40	0:06:16	0:46:45		
1939	1453 OSCAR PASTOR MARTÍNEZ		SNM- 511	1:04:20	0:06:26	1:03:08	0:06:19	0:47:28		
1940	1027 DAVID MUIÑO REGUEIRO		SNM- 512	1:04:23	0:06:27	1:02:32	0:06:16	0:47:51		
1941	1512 MAIJO ALONSO MOIRON	F- 198	VT2F- 51	1:04:24	0:06:27	1:02:22	0:06:15	0:46:41		
1942	40 INMACULADA BORRAZAS ABELEIRA	F- 199	SNF- 70	1:04:25	0:06:27	1:03:03	0:06:19	0:47:37		
1943	43 ISABEL GARCIA RODRIGUEZ	F- 200	VT1F- 52	1:04:25	0:06:27	1:03:02	0:06:19	0:47:37		
1944	1374 SUSANA RODRIGUEZ PAZ	F- 201	VT1F- 53	1:04:25	0:06:27	1:03:10	0:06:19	0:47:39		
1945	127 DIANA LOURIDO CRIBEIRO	F- 202	SNF- 71	1:04:30	0:06:27	1:03:01	0:06:19	0:47:38		
1946	54 MARIA FRANCISCA FERNANDEZ CARBALLAL	F- 203	VT3F- 12	1:04:30	0:06:27	1:03:26	0:06:21	0:46:39		
1947	1028 DAVID ÁLVAREZ ALONSO		SNM- 513	1:04:32	0:06:28	1:02:40	0:06:16	0:47:59		

1948	2018	MARÍA JOSEFINA PARDO MONTAÑA	F- 204	VT2F- 52	1:04:35	0:06:28	1:02:39	0:06:16	0:47:41	AG-9872	ATLETISMO MILLARAI0
1949		64 NATALIA ROCHA	F- 205	SNF- 72	1:04:39	0:06:28	1:04:02	0:06:25	0:46:09		
1950	399	JOSÉ FRANCISCO AREA SANTOS		VT2M- 461	1:04:43	0:06:29	1:03:38	0:06:22	0:48:07	AG-11054	MARINEDA ATLETICO
1951	1227	MANUEL PASTUR GOICOA		VT3M- 146	1:04:43	0:06:29	1:02:52	0:06:18	0:47:46		
1952	1322	ROBERTO PONTE NOYA		SNM- 514	1:04:48	0:06:29	1:03:32	0:06:22	0:45:48		
1953	1430	JOSE MANUEL MIRAD VAZQUEZ		VT1M- 539	1:04:51	0:06:30	1:03:43	0:06:23	0:48:51		
1954	27	ANGELA SOUTO GONZALEZ	F- 206	SNF- 73	1:04:52	0:06:30	1:03:46	0:06:23	0:47:06		
1955	1317	RAÚL GALÁN CERVERÓ		VT3M- 147	1:04:55	0:06:30	1:03:19	0:06:20	0:48:20		
1956	1193	JOSÉ VICENTE PÉREZ PLANELLS		VT3M- 148	1:04:55	0:06:30	1:03:20	0:06:20	0:48:21		
1957	2049	DOLORES REY DA SILVA	F- 207	SNF- 74	1:04:58	0:06:30	1:03:02	0:06:19	0:47:41		
1958	813	MIGUEL MASIDE DE ARRIBA		VT2M- 462	1:05:04	0:06:31	1:03:42	0:06:23	0:47:05		
1959	1514	MARIA MANTIÑAN PAREDES	F- 208	VT1F- 54	1:05:04	0:06:31	1:03:11	0:06:20	0:47:32		
1960	92	YOLANDA RODRIGUEZ JARAZO	F- 209	SNF- 75	1:05:05	0:06:31	1:04:05	0:06:25	0:47:19		
1961	18	AURA RADU	F- 210	SNF- 76	1:05:11	0:06:32	1:03:18	0:06:20	0:47:45	AG6764881	ATLETISMO RIAZOR CORUÑA
1962	2376	FRANCISCO BAO ESTEVEZ		VT4M- 33	1:05:14	0:06:32	1:03:24	0:06:21	0:48:54	AG-10966	ADAS BARCO
1963	95	ALEXIA LOUREIRO GARRIDO	F- 211	PRF- 12	1:05:20	0:06:32	1:04:48	0:06:29	0:47:33		
1964	1518	ANGEL DÍAZ CHEDA		PRM- 41	1:05:20	0:06:32	1:03:57	0:06:24	0:47:16		
1965	2017	SARA CAAMAÑO RAMA	F- 212	PRF- 13	1:05:21	0:06:33	1:04:54	0:06:30	0:46:53	A9880	A.D. ATLETES DE ESTEIRO
1966	2052	SANDRA CAAMAÑO LÓPEZ	F- 213	VT1F- 55	1:05:22	0:06:33	1:04:49	0:06:29	0:48:01		
1967	196	TERESA YAÑEZ DÍAZ	F- 214	SNF- 77	1:05:22	0:06:33	1:04:50	0:06:29	0:48:01		
1968	161	MARÍA JOSÉ PAZ JALLAS	F- 215	SNF- 78	1:05:24	0:06:33	1:03:54	0:06:24	0:48:31		
1969	683	JOSÉ ANTONIO MARTÍNEZ ZAMUZ		VT3M- 149	1:05:31	0:06:34	1:03:55	0:06:24	0:47:57		
1970	1459	ROBERTO VARELA NAVEIRA		VT1M- 540	1:05:35	0:06:34	1:03:52	0:06:24	0:47:51		
1971	1415	INDALECIO TEJEIRO MÉNDEZ		VT2M- 463	1:05:42	0:06:35	1:04:06	0:06:25	0:47:23		
1972	463	ANTONIO PEREIRO MANIVESA		VT3M- 150	1:05:45	0:06:35	1:05:17	0:06:32	0:47:39		
1973	1405	FERNANDO DIAZ GESTAL		SNM- 515	1:05:45	0:06:35	1:04:33	0:06:28	0:47:35		
1974	1330	RUBÉN RODRÍGUEZ ZAS		SNM- 516	1:05:46	0:06:35	1:04:34	0:06:28	0:49:09		
1975	933	ADRIAN NOGUEIRA RODRIGUEZ		SNM- 517	1:05:46	0:06:35	1:04:33	0:06:28	0:49:06		
1976	2771	CARLOS QUINTAS VILA		VT2M- 464	1:05:50	0:06:35	1:03:46	0:06:23	0:48:06		
1977	2671	DAVID CONS COUSELO		SNM- 518	1:05:55	0:06:36	1:04:10	0:06:25	0:48:54		
1978	167	MERCEDES CASTRO GOMEZ	F- 216	VT1F- 56	1:05:58	0:06:36	1:04:47	0:06:29	0:49:39		
1979	2581	ANXO BARREIRO ALLER		SNM- 519	1:05:59	0:06:36	1:04:39	0:06:28	0:48:02		
1980	1125	JESUS BARRAL DIEZ		VT1M- 541	1:06:00	0:06:36	1:04:10	0:06:25	0:45:40		
1981	778	MANUEL VARELA		SNM- 520	1:06:04	0:06:37	1:04:43	0:06:29	0:48:37		
1982	1252	MARCOS PEREIRO SANCHEZ		SNM- 521	1:06:09	0:06:37	1:04:52	0:06:30	0:48:12		
1983	477	BENITO GONZALEZ GONTAD		VT3M- 151	1:06:10	0:06:37	1:04:09	0:06:25	0:48:12		
1984	1198	JUAN CARLOS DOMATO VERDÍA		SNM- 522	1:06:14	0:06:38	1:04:43	0:06:29	0:49:17		
1985	1042	DIEGO RICO LORENZO		SNM- 523	1:06:15	0:06:38	1:04:24	0:06:27	0:47:59		
1986	2549	SAMIR KAKÍSH MOYANO		SNM- 524	1:06:18	0:06:38	1:05:56	0:06:36	0:47:40		
1987	2649	MIGUEL FOLGUEIRA GARCÍA		VT2M- 465	1:06:19	0:06:38	1:04:55	0:06:30	0:47:51		
1988	1508	ROMA SANCHEZ FERNANDEZ		PRM- 42	1:06:21	0:06:39	1:04:19	0:06:26	0:48:14		
1989	810	MIGUEL LOPEZ ARIAS		VT2M- 466	1:06:23	0:06:39	1:05:30	0:06:33	0:44:06		
1990	1196	JUAN ANTONIO VILARIÑO DOBARRO		VT2M- 467	1:06:27	0:06:39	1:04:48	0:06:29	0:49:38		
1991	2037	SOLEDAD CAMACHO LOBATO	F- 217	SNF- 79	1:06:28	0:06:39	1:04:47	0:06:29	0:49:23		
1992	34	ELIANE CRISTINA DRUMOND SILVA	F- 218	SNF- 80	1:06:36	0:06:40	1:05:16	0:06:32	0:49:29		
1993	823	MIGUEL ANGEL POUSA RABINA		SNM- 525	1:06:37	0:06:40	1:05:08	0:06:31	0:48:42		
1994	984	CARLOS CANCELA GARRIDO		VT2M- 468	1:06:44	0:06:41	1:06:05	0:06:37	0:48:09		
1995	1093	IGNACIO RODRIGUEZ DEL RIO		VT3M- 152	1:06:48	0:06:41	1:04:49	0:06:29	0:49:15		
1996	195	TANIA CANCELO REY	F- 219	SNF- 81	1:06:49	0:06:41	1:05:33	0:06:34	0:48:52		
1997	65	NURIA PENA FIGUERUELO	F- 220	VT1F- 57	1:06:55	0:06:42	1:06:09	0:06:37	0:49:04		
1998	49	MARIA MADRUGA GARRIDO	F- 221	SNF- 82	1:07:01	0:06:43	1:05:36	0:06:34	0:49:02		
1999	53	MARÍA DOLORES CASÁS RODRÍGUEZ	F- 222	VT3F- 13	1:07:04	0:06:43	1:06:10	0:06:37	0:47:36		
2000	133	EVA VAZQUEZ CASTELO	F- 223	VT2F- 53	1:07:06	0:06:43	1:05:58	0:06:36	0:49:44		
2001	1050	ENRIQUE GARCIA PERALBO		VT2M- 469	1:07:06	0:06:43	1:05:58	0:06:36	0:49:44		
2002	157	MARÍA SUÁREZ TABOADA	F- 224	SNF- 83	1:07:17	0:06:44	1:05:49	0:06:35	0:48:47		
2003	23	ANA LEDESMA MURIEL	F- 225	SNF- 84	1:07:17	0:06:44	1:05:37	0:06:34	0:49:05		
2004	178	PATRICIA SANCHEZ LOPEZ	F- 226	VT1F- 58	1:07:17	0:06:44	1:05:38	0:06:34	0:49:05		
2005	179	PAULA FERNANDEZ AMBOAGE	F- 227	VT1F- 59	1:07:19	0:06:44	1:06:16	0:06:38	0:49:32		
2006	38	EVA VARO ROMERO	F- 228	SNF- 85	1:07:19	0:06:44	1:05:30	0:06:33	0:49:16		
2007	81	SARA VARO ROMERO	F- 229	SNF- 86	1:07:19	0:06:44	1:05:30	0:06:33	0:49:16		
2008	60	MONICA MARTINEZ GIGIRIN	F- 230	VT1F- 60	1:07:19	0:06:44	1:05:30	0:06:33	0:49:16		
2009	2667	ANTONIO SAUCA GUERRERO		PRM- 43	1:07:20	0:06:44	1:05:24	0:06:33	0:49:15		
2010	2483	MANUEL FIGUEROA ROEL		VT3M- 153	1:07:21	0:06:45	1:05:24	0:06:33	0:49:15		
2011	2046	MARIA FIGUEROA NAVEIRA	F- 231	SNF- 87	1:07:21	0:06:45	1:05:25	0:06:33	0:49:15		
2012	2421	FERMIN PAN OTERO		VT3M- 154	1:07:29	0:06:45	1:05:30	0:06:33	0:50:03	A-7444	EGOVARROS - VIVEIRO

2013	2730 FRANCISCO JAVIER PALOMERO ALBA		VT2M- 470	1:07:37	0:06:46	1:06:08	0:06:37	0:48:38		
2014	1492 JOSE DIEGO CACERES MARTIN		SNM- 526	1:07:45	0:06:47	1:06:40	0:06:40	0:49:08		
2015	1550 DIEGO CACERES ALVEZ		VT3M- 155	1:07:46	0:06:47	1:06:41	0:06:41	0:46:10		
2016	107 BEATRIZ PERMUY MARTÍNEZ	F- 232	SNF- 88	1:07:54	0:06:48	1:07:10	0:06:43	0:49:30		
2017	1305 RAFAEL SERRANO HERNANDEZ		VT1M- 542	1:07:55	0:06:48	1:06:45	0:06:41	0:50:02		
2018	188 ROSALÍA SEIJAS ARNEJO	F- 233	SNF- 89	1:08:02	0:06:49	1:06:33	0:06:40	0:49:51		
2019	105 ARANTZA DE LA PEDRAJA SAAVEDRA	F- 234	VT1F- 61	1:08:08	0:06:49	1:06:59	0:06:42	0:50:29		
2020	1358 YAGO BAZ VICENTE		VT1M- 543	1:08:08	0:06:49	1:06:59	0:06:42	0:50:29		
2021	1369 ISABEL RIO SALGADO	F- 235	VT1F- 62	1:08:18	0:06:50	1:07:14	0:06:44	0:50:20		
2022	137 INES VALIÑO CALVIÑO	F- 236	SNF- 90	1:08:19	0:06:50	1:06:43	0:06:41	0:50:20		
2023	1300 PEDRO ANGEL MARTINEZ GRAÑA		SNM- 527	1:08:19	0:06:50	1:06:43	0:06:41	0:50:20		
2024	946 ALBERTO JULIO ROLDAN ENCINA		VT1M- 544	1:08:24	0:06:51	1:06:34	0:06:40	0:50:49		
2025	1452 OSCAR NARANJO BEDOYA		VT1M- 545	1:08:24	0:06:51	1:06:35	0:06:40	0:50:48		
2026	1109 JAVIER FLOREZ ARIAS		VT2M- 471	1:08:25	0:06:51	1:06:49	0:06:41	0:49:59		
2027	2614 JOSE ENRIQUE NUÑEZ SEIJAS		VT3M- 156	1:08:32	0:06:52	1:07:26	0:06:45	0:49:25		
2028	2780 JUAN RODRIGUEZ		VT2M- 472	1:08:32	0:06:52	1:06:42	0:06:41	0:49:25		
2029	130 ESTHER MOSCOSO VIDAL	F- 237	VT2F- 54	1:08:34	0:06:52	1:07:32	0:06:46	0:49:48		
2030	517 DARIO HERNANDEZ BALLADARES		VT1M- 546	1:08:38	0:06:52	1:06:53	0:06:42	0:47:51		
2031	2417 XOÁN AREA SANTOS		VT1M- 547	1:08:39	0:06:52	1:06:53	0:06:42	0:51:06	AG-763624	CLUB MARINEDA ATLÉTICO
2032	2488 JUAN FERNÁNDEZ GONZÁLEZ		VT1M- 548	1:08:39	0:06:52	1:06:53	0:06:42	0:49:46		
2033	926 YAGO RODRÍGUEZ PENA		SNM- 528	1:08:39	0:06:52	1:08:16	0:06:50	0:49:08		
2034	136 INES IGLESIAS FRAGA	F- 238	VT1F- 63	1:08:41	0:06:53	1:07:06	0:06:43	0:50:35		
2035	1363 ANA CASTRILLON REINALDO	F- 239	VT1F- 64	1:08:42	0:06:53	1:06:42	0:06:41	0:51:21		
2036	1504 ROBERTO PICOS FONTICOBA		VT1M- 549	1:08:43	0:06:53	1:06:43	0:06:41	0:51:21		
2037	103 ANUSKA DAFONTE SANCHEZ	F- 240	VT1F- 65	1:08:44	0:06:53	1:06:50	0:06:41	0:50:13		
2038	162 MARTA ALCOBA GARCÍA	F- 241	VT1F- 66	1:08:51	0:06:54	1:07:04	0:06:43	0:49:19		
2039	2033 ISOLINA CASTIÑEIRA VÁZQUEZ	F- 242	VT2F- 55	1:08:56	0:06:54	1:07:55	0:06:48	0:50:31		
2040	809 MIGUEL ABELEDO PATIÑO		VT2M- 473	1:09:03	0:06:55	1:08:23	0:06:51	0:48:06		
2041	557 FÉLIX SÁNCHEZ-TEMBLEQUE DÍAZ-PACHE		VT2M- 474	1:09:07	0:06:55	1:07:10	0:06:43	0:50:56		
2042	1303 PEDRO PABLO FERNÁNDEZ ROUCO		VT2M- 475	1:09:34	0:06:58	1:08:50	0:06:53	0:49:50		
2043	1168 JOSE JOAQUÍN SUÁREZ VILAS		VT2M- 476	1:09:37	0:06:58	1:08:02	0:06:49	0:50:25		
2044	185 ROCIO MARTINEZ VALE	F- 243	SNF- 91	1:09:43	0:06:59	1:08:02	0:06:49	0:50:40		
2045	1105 JAIME SANMARTÍN MAZOY		VT2M- 477	1:09:47	0:06:59	1:08:47	0:06:53	0:49:13		
2046	2064 SANDRA GONZALEZ VEIGA	F- 244	VT1F- 67	1:09:48	0:06:59	1:08:01	0:06:49	0:51:13		
2047	1428 JOSÉ ANTONIO RODRÍGUEZ LEGARRETA		VT1M- 550	1:09:51	0:07:00	1:08:20	0:06:50	0:49:37		
2048	805 MARTIN LEONARDO MARIÑO ROO		VT1M- 551	1:09:59	0:07:00	1:08:11	0:06:50	0:51:19		
2049	538 DOMINGO JOSE GOMEZ FREIRE		VT1M- 552	1:09:59	0:07:00	1:09:01	0:06:55	0:50:05		
2050	186 ROSA GONZALEZ HERRADAS	F- 245	VT3F- 14	1:10:06	0:07:01	1:08:27	0:06:51	0:51:05		
2051	601 HECTOR JIMENEZ LOPEZ		SNM- 529	1:10:09	0:07:01	1:09:12	0:06:56	0:53:11		
2052	22 ANA GONZÁLEZ RODIL	F- 246	VT2F- 56	1:10:21	0:07:03	1:08:26	0:06:51	0:52:09		
2053	1233 MANUEL BUSTABAD ALONSO		VT1M- 553	1:10:26	0:07:03	1:09:23	0:06:57	0:50:59		
2054	102 ANGÉLICA DE ARAÚJO	F- 247	VT1F- 68	1:10:29	0:07:03	1:08:51	0:06:54	0:52:32		
2055	1078 FREDI NUÑEZ		VT1M- 554	1:10:30	0:07:03	1:08:52	0:06:54	0:52:32		
2056	221 RAFAEL PINELL CIENFUEGOS		SNM- 530	1:10:34	0:07:04	1:09:54	0:07:00	0:51:42		
2057	703 JOSE Mª GONZÁLEZ GIL		SNM- 531	1:11:03	0:07:07	1:10:17	0:07:02	0:51:40		
2058	750 JULIO MIGUEL CASTEDO LÓPEZ		SNM- 532	1:11:07	0:07:07	1:08:56	0:06:54	0:50:54		
2059	2784 MIGUEL ANGEL PAZ DANS		VT2M- 478	1:11:56	0:07:12	1:10:25	0:07:03	0:52:11		
2060	187 ROSA MARIA SANDES FERNANDEZ	F- 248	VT4F- 4	1:12:43	0:07:17	1:11:44	0:07:11	0:41:08		
2061	154 MARIA TUDO SANDES	F- 249	VT1F- 69	1:12:44	0:07:17	1:11:44	0:07:11	0:41:07		
2062	1429 JOSE JAVIER MESIAS VAZQUEZ		VT2M- 479	1:12:47	0:07:17	1:12:13	0:07:14	0:52:29		
2063	899 SALVADOR NAYA FERNÁNDEZ		VT3M- 157	1:12:47	0:07:17	1:11:11	0:07:08	0:53:23		
2064	93 ADRIANA CALO POL	F- 250	PRF- 14	1:12:48	0:07:17	1:11:18	0:07:08	0:53:02		
2065	166 MARTA BELÉN RODRÍGUEZ SÁNCHEZ	F- 251	VT1F- 70	1:12:58	0:07:18	1:12:21	0:07:15	0:54:35		
2066	69 PURI AREÑAS GÓMEZ	F- 252	VT1F- 71	1:13:07	0:07:19	1:11:36	0:07:10	0:53:25		
2067	803 MARTIN GARAZA CARNEIRO		VT1M- 555	1:13:07	0:07:19	1:11:36	0:07:10	0:53:25		
2068	646 JESÚS FERNÁNDEZ DIEZ		VT1M- 556	1:13:18	0:07:20	1:12:26	0:07:15	0:53:12		
2069	96 ANA VÁZQUEZ VILLARREAL	F- 253	VT2F- 57	1:13:33	0:07:22	1:12:28	0:07:15	0:53:43		
2071	1536 RAMON PIÑA MARTINEZ		VT3M- 159	1:14:05	0:07:25	1:13:02	0:07:19	0:53:29		
2072	2034 FEDRA ALVAREZ-VIJANDE MARTINEZ	F- 254	VT2F- 58	1:14:05	0:07:25	1:13:34	0:07:22	0:52:14		
2073	1535 CONSUELO COUSILLAS BLANCO	F- 255	VT3F- 15	1:14:05	0:07:25	1:13:03	0:07:19	0:53:30		
2074	636 JAVIER IGLESIAS GONZÁLEZ		SNM- 533	1:14:05	0:07:25	1:12:41	0:07:17	0:54:52		
2075	1365 BELEN LOPEZ ENCINAS	F- 256	VT1F- 72	1:14:52	0:07:30	1:13:37	0:07:22	0:54:41		
2076	819 MIGUEL ANGEL GONZALEZ TALAVERO		VT3M- 160	1:15:21	0:07:33	1:14:15	0:07:26	0:54:25		
2077	151 MARGA LÓPEZ RÍO	F- 257	VT2F- 59	1:15:21	0:07:33	1:14:58	0:07:30	0:55:13		
2078	1246 MARCO DELLE MONACHE		SNM- 534	1:19:38	0:07:58	1:17:58	0:07:48	0:58:33		



2079	198	VICTORIA TRABAZO MARTÍNEZ	F- 258	JNF- 3	1:23:08	0:08:19	1:22:21	0:08:15	1:00:40
2080	1513	MAR FERNANDEZ LINARES	F- 259	VT2F- 60	1:23:09	0:08:19	1:21:06	0:08:07	1:00:40
Desc Art. 13	1232	MANUEL SANCHEZ ARRANZ		VT1M- 0	1:09:12	0:06:56	1:08:41	0:06:53	0:48:07
Desc Art. 13	1411	GUILLERMO LIÑO VIDAL		VT1M- 0	1:02:41	0:06:17	1:00:59	0:06:06	0:45:16
Desc Art. 13	1441	JULIO PEREZ BOGA		VT2M- 0	0:48:25	0:04:51	0:47:49	0:04:47	0:34:58
Desc Art. 13	955	ANDRES DELL		VT2M- 0	0:50:44	0:05:05	0:50:31	0:05:04	0:36:52
Desc Art. 13	965	ANTONIO BAAMONDE SANDE		VT1M- 0	1:03:45	0:06:23	1:02:31	0:06:16	0:45:51
Desc Art. 13	1473	ALVARO CIMARRAS IGLESIAS		SNM- 0	1:00:53	0:06:06	0:58:50	0:05:53	0:45:31
Desc Art. 13	2711	KEKO PEREZ LOJO		VT1M- 0	1:02:56	0:06:18	1:02:03	0:06:13	0:44:06
Desc Art. 13	726	JUAN SAAVEDRA		VT1M- 0	0:40:20	0:04:02	0:40:07	0:04:01	0:29:36
Desc Art. 13	2228	JUAN CLEMENTE DIAZ CHEDA		SNM- 0	0:51:28	0:05:09	0:50:04	0:05:01	0:38:31
Descalificad	1474	ANDRÉS RÍOS MEJUTO		VT3M- 158					
Descalificad	1364	BELÉN PRIETO MARTINEZ		VT3F- 8					
Descalificad	690	JOSE FRANCISCO BUÑO BARREIRO		VT1M- 390					

<b>JNM</b>		<b>JUNIOR M Inscritos:</b>		<b>18 Llegados</b>		<b>16</b>					
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro Ca:	Licencia	Club	Nacionalidad	
1	2100	SERGIO RODRIGUEZ QUINTANA	0:34:41	0:03:29	0:34:39	0:03:28	0:25:14	GA-19955	ATLETISMO CORUÑA COMARCA		
2	2089	SERGIO PIÑÓN PAZ	0:35:18	0:03:32	0:35:17	0:03:32	0:25:38	GA-19344	CLUB ATLETISMO NARON		
3	2113	ALVARO GAMUNDI CASTELEIRO	0:36:59	0:03:42	0:36:57	0:03:42	0:26:49	GA-17524	REAL CLUB CELTA ATLETISMO		
4	2665	DAVID CRUZ SOTO	0:42:25	0:04:15	0:41:57	0:04:12	0:31:01				
5	1029	DAVID ALONSO GARCÍA	0:44:23	0:04:27	0:43:14	0:04:20	0:33:05				
6	516	DANIEL UZAL VEIGA	0:45:04	0:04:31	0:44:22	0:04:27	0:33:44				
7	854	PABLO LOURO	0:48:51	0:04:54	0:48:36	0:04:52	0:36:10				
8	2440	RICARDO FERNANDEZ GARCIA	0:49:32	0:04:58	0:49:28	0:04:57	0:33:27	GA-17663	VERXEL NUTRICIÓN DEPORTIVA		
9	639	JAVIER VILLAMISAR VAZQUEZ	0:49:45	0:04:59	0:48:56	0:04:54	0:36:43				
10	1280	ÓSCAR DE BLAS VENCES	0:49:48	0:04:59	0:48:43	0:04:53	0:36:05				
11	897	RUBEN REBORIDO RODRÍGUEZ	0:50:22	0:05:03	0:49:23	0:04:57	0:37:01				
12	953	ALFONSO FERNANDEZ PEREZ	0:52:05	0:05:13	0:50:55	0:05:06	0:38:51				
13	1110	JAVIER GARCIA SANCHEZ	0:52:39	0:05:16	0:52:04	0:05:13	0:37:23				
14	952	ALFONSO FERNANDEZ VIDAL	0:54:03	0:05:25	0:53:03	0:05:19	0:40:12				
15	1454	PABLO VALLEDOR GARCIA	0:54:43	0:05:29	0:53:54	0:05:24	0:40:16				
16	1484	HENRIQUE CASTRO ALONSO	0:57:20	0:05:44	0:56:15	0:05:38	0:40:48				

<b>JNF</b>		<b>JUNIOR F Inscritos:</b>		<b>3 Llegados</b>		<b>3</b>					
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro Ca:	Licencia	Club	Nacionalidad	
1	80	SARA MERA CARREIRO	0:56:05	0:05:37	0:55:40	0:05:34	0:40:38				
2	72	RITA CALVIÑO LÓPEZ-VILLALTA	0:56:06	0:05:37	0:55:40	0:05:34	0:40:38				
3	198	VICTORIA TRABAZO MARTÍNEZ	1:23:08	0:08:19	1:22:21	0:08:15	1:00:40				

<b>PRM</b>		<b>PROMES/ Inscritos:</b>		<b>46 Llegados</b>		<b>43</b>					
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro Ca:	Licencia	Club	Nacionalidad	
1	201	IVAN CANOVAS FERNANDEZ	0:32:14	0:03:14	0:32:14	0:03:14	0:23:19	L4043	A.D MARATHON		
2	212	MARTIN TAIN MARQUEZ	0:35:42	0:03:35	0:35:41	0:03:35	0:25:50	GA- 20029	SOCIEDAD GIMNÁSTICA PONTEVEDRA		
3	101	ANDRÉS LEAL VIÑAS	0:35:59	0:03:36	0:35:25	0:03:33	0:26:30				
4	207	AZIZ FATIHI	0:36:12	0:03:38	0:36:12	0:03:38	0:26:01	G716989	MARINEDA ATLETICC MARROQUI		
5	2212	ADRIÁN MACEIRAS FIGUEIRAS	0:40:14	0:04:02	0:40:11	0:04:02	0:29:00				
6	210	ALVARO CARTELLE MARTINEZ	0:40:15	0:04:02	0:40:13	0:04:02	0:28:08	GA17138	REAL CLUB CELTA ATLETISMO		
7	1040	DIEGO CASTAÑO BARREIRO	0:42:03	0:04:13	0:41:35	0:04:10	0:31:02				
8	2255	DANIEL FERNANDEZ PEREIRAS	0:42:06	0:04:13	0:41:55	0:04:12	0:30:49				
9	2219	LUCHO FERREIRO AGRA	0:42:06	0:04:13	0:41:55	0:04:12	0:30:49				
10	1264	MIGUEL LARRAÑAGA ARCAY	0:42:13	0:04:14	0:41:45	0:04:11	0:31:03				
11	394	FERNANDO VARELA CASTRO	0:43:06	0:04:19	0:42:56	0:04:18	0:30:40	A10260	ATLETISMO CORUÑA COMARCA		
12	258	BERNARDO DOMINGUEZ MANTEIGA	0:43:08	0:04:19	0:42:51	0:04:18	0:31:16				
13	2752	ANGEL FERRARI AGUSTO	0:43:31	0:04:22	0:43:28	0:04:21	0:29:21	ag-1691	VILA DE CANGAS		
14	1479	DIEGO GONZALEZ FERNANDEZ	0:43:36	0:04:22	0:43:24	0:04:21	0:32:09				
15	1501	MATIAS RODRIGUEZ	0:44:11	0:04:26	0:43:59	0:04:24	0:32:17				
16	934	ADRIAN FERNANDEZ GARCIA	0:44:27	0:04:27	0:43:16	0:04:20	0:32:49				
17	1395	CARLOS MARÍA RODRÍGUEZ LÓPEZ	0:44:28	0:04:27	0:44:15	0:04:26	0:32:54				
18	569	FERNANDO MIGUEZ CARRO	0:45:28	0:04:33	0:45:04	0:04:31	0:33:17				
19	895	RUBEN JUSTO FERNANDEZ	0:46:55	0:04:42	0:46:14	0:04:38	0:34:06				
20	945	ALBERTO PENA CABANA	0:47:35	0:04:46	0:47:00	0:04:42	0:34:51				
21	1414	IAGO PÉREZ FERRÁNDEZ	0:47:47	0:04:47	0:46:54	0:04:42	0:35:02				
22	1032	DAVID LIÑARES AMOR	0:47:50	0:04:47	0:46:40	0:04:40	0:35:27				
23	889	ROBERTO RODRÍGUEZ LESTÓN	0:48:05	0:04:49	0:46:39	0:04:40	0:35:41				

24	1480	ENRIQUE ROEL FRAGA	0:48:23	0:04:51	0:48:05	0:04:49	0:35:30												
25	398	MAURO NAVEIRO GARAVITO	0:48:51	0:04:54	0:48:23	0:04:51	0:35:41	AG9103	MARINEDA ATLETICO										
26	533	DIEGO GANDARA BELLO	0:49:08	0:04:55	0:48:50	0:04:53	0:35:06												
27	804	MARTÍN ADOLFO SANTOS ESPÍNEIRA	0:49:12	0:04:56	0:48:34	0:04:52	0:35:49												
28	1343	SERGIO PEREZ DIOS	0:49:57	0:05:00	0:48:48	0:04:53	0:37:05												
29	416	ADRIAN PEREZ RELLÁN	0:50:19	0:05:02	0:49:20	0:04:56	0:37:13												
30	1066	FERNANDO-RUBÉN ROSA LÓPEZ	0:50:50	0:05:05	0:50:10	0:05:01	0:36:51												
31	2499	ANDRÉS ANXO PÉREZ SÁNCHEZ	0:51:47	0:05:11	0:51:07	0:05:07	0:37:20												
32	1538	ANTON VILAS GOMEZ	0:51:50	0:05:11	0:50:45	0:05:05	0:38:14												
33	1045	EDUARDO PÉREZ CAJARAVILLE	0:52:32	0:05:16	0:51:33	0:05:10	0:38:10												
34	1014	DANILO RIVERA CUGLER	0:52:36	0:05:16	0:51:56	0:05:12	0:39:57												
35	725	JUAN FIGUEIREDO VÁZQUEZ	0:53:12	0:05:20	0:52:44	0:05:17	0:38:02												
36	855	PABLO DACAL LOPEZ	0:53:12	0:05:20	0:52:18	0:05:14	0:39:10												
37	1218	LUCAS PASTUR ROMAY	0:53:35	0:05:22	0:52:15	0:05:14	0:40:19												
38	990	CARLOS GARCÍA SECO	0:56:18	0:05:38	0:55:43	0:05:35	0:41:13												
39	948	ALEJANDRO LUIS NOVOA	0:56:23	0:05:39	0:55:30	0:05:33	0:40:09												
40	1054	ENRIQUE PÉREZ RODRÍGUEZ-CARMONA	0:57:33	0:05:46	0:56:58	0:05:42	0:42:00												
41	1518	ANGEL DÍAZ CHEDA	1:05:20	0:06:32	1:03:57	0:06:24	0:47:16												
42	1508	ROMA SANCHEZ FERNANDEZ	1:06:21	0:06:39	1:04:19	0:06:26	0:48:14												
43	2667	ANTONIO SAUCA GUERRERO	1:07:20	0:06:44	1:05:24	0:06:33	0:49:15												

PRF	PROMES/Inscritos:		15 Llegados		14												
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro	Ca:	Licencia	Club	Nacionalidad						
	1	17 ESTER NAVARRETE SANTANA	0:36:12	0:03:38	0:36:12	0:03:38	0:26:12	GA17415	ATLETISMO FEMENINO CELTA								
	2	1360 LETICIA FERNÁNDEZ BARBOSA	0:39:11	0:03:56	0:39:09	0:03:55	0:28:26	GA-16556	OURENSE ATL. ACADEMIA POSTAL								
	3	2011 IRIA CASTRO RODRÍGUEZ	0:40:42	0:04:05	0:40:40	0:04:04	0:29:08	GA-176333	OURENSE ATL. ACADEMIA POSTAL								
	4	9 ANDREA MONTERO MARTINEZ	0:44:35	0:04:28	0:44:31	0:04:28	0:32:11	GA17123	RIA FERROL CONCEPCION ARENAL								
	5	13 DANIELA TRELLEZ CARRASQUILLA	0:52:20	0:05:14	0:52:10	0:05:13	0:38:43										
	6	2023 BLANCA GARCIA COUCEIRO	0:55:24	0:05:33	0:55:19	0:05:32	0:40:01	AG764215	CLUB ATLETISMO SADA								
	7	191 SARAH JANE MEDINA	0:56:32	0:05:40	0:56:04	0:05:37	0:39:33			EE.UU.							
	8	68 PAULA ROMERO CIMAS	0:58:54	0:05:54	0:58:08	0:05:49	0:44:24										
	9	180 PAULA ALONSO MASIDE	0:59:13	0:05:56	0:58:20	0:05:50	0:44:10										
	10	41 IRENE VARELA MARTÍNEZ	1:01:36	0:06:10	1:01:09	0:06:07	0:44:41										
	11	1370 LIDIA GARCIA GIL	1:03:22	0:06:21	1:01:55	0:06:12	0:46:54										
	12	95 ALEXIA LOUREIRO GARRIDO	1:05:20	0:06:32	1:04:48	0:06:29	0:47:33										
	13	2017 SARA CAAMAÑO RAMA	1:05:21	0:06:33	1:04:54	0:06:30	0:46:53	A9880	A.D. ATLETES DE ESTEIRO								
	14	93 ADRIANA CALO POL	1:12:48	0:07:17	1:11:18	0:07:08	0:53:02										

SNM	SENIOR Inscritos:		600 Llegados		534												
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro	Ca:	Licencia	Club	Nacionalidad						
	1	2110 ALEJANDRO FERNÁNDEZ RIVERA	0:30:40	0:03:04	0:30:40	0:03:04	0:22:20	GA14828	OURENSE ATL. ACADEMIA POSTAL								
	2	2108 MANUEL HURTADO SANJURJO	0:30:53	0:03:06	0:30:53	0:03:06	0:22:20	GA14652	OURENSE ATL. ACADEMIA POSTAL								
	3	2746 IVAN DOCAMPO GONZÁLEZ	0:31:13	0:03:08	0:31:13	0:03:08	0:22:43	GA-12895	SOCIEDAD GIMNÁSTICA PONTEVEDRA								
	4	2104 CARLOS VILLAMOR CASTIÑEIRA	0:31:33	0:03:10	0:31:33	0:03:10	0:22:49	15205 GA	SOCIEDAD GIMNÁSTICA PONTEVEDRA								
	5	2129 RUBEN CAAMAÑO NIETO	0:31:42	0:03:11	0:31:42	0:03:11	0:22:58										
	6	209 MANUEL ANGEL PENAS BLANCO	0:31:48	0:03:11	0:31:47	0:03:11	0:23:07		OTSU GUADALAJARA								
	7	1378 AKKA ESSADAQUI	0:31:50	0:03:11	0:31:50	0:03:11	0:23:14			MARRUECOS							
	8	2106 RUBEN DIZ DIAZ	0:32:32	0:03:16	0:32:30	0:03:15	0:23:25	GA 11310	OAAP								
	9	2094 JUAN PENA HOLGUIN	0:32:45	0:03:17	0:32:45	0:03:17	0:23:51	GA-13606	ATLETISMO CORUÑA COMARCA								
	10	2073 ALEJANDRO CID VAZQUEZ	0:33:25	0:03:21	0:33:23	0:03:21	0:24:19		ATLESIMO OURENSE								
	11	2101 ALVARO PRIETO FERVENZA	0:33:29	0:03:21	0:33:29	0:03:21	0:24:12	fv-362	EAMJ FUERTEVENTURA								
	12	2745 JORGE CRESPO ARIAS	0:33:38	0:03:22	0:33:37	0:03:22	0:24:23	AG-763861	SAR-A POUTADA								
	13	206 ADRIAN MORENO RAMIL	0:33:41	0:03:23	0:33:40	0:03:22	0:24:34	AG764022	MARINEDA ATLETICO								
	14	2087 FERNANDO PÉREZ FERNÁNDEZ	0:33:43	0:03:23	0:33:43	0:03:23	0:24:29	GA-19415	CAN								
	15	2105 LEONARDO RODRIGUEZ PENA	0:34:42	0:03:29	0:34:41	0:03:29	0:25:08	AG764399	LUGO MONUMENTAL								
	16	2122 VICTOR GONZALEZ HORTA	0:34:53	0:03:30	0:34:51	0:03:30	0:25:27										
	17	305 IVAN REGO POSE	0:35:41	0:03:35	0:35:39	0:03:34	0:26:02										
	18	2207 DAVID DOMÍNGUEZ SALAS	0:35:52	0:03:36	0:35:50	0:03:35	0:26:18	GA-17002	SOCIEDAD GIMNÁSTICA PONTEVEDRA								
	19	2078 JAVIER FERNANDEZ FERNANDEZ	0:35:57	0:03:36	0:35:54	0:03:36	0:25:49	A6751	ATLETISMO FONTES DO SAR								
	20	208 DIEGO CRESPO NAYA	0:36:00	0:03:36	0:35:58	0:03:36	0:26:07	AG764435	MARINEDA ATLETICO								
	21	2337 DIEGO RUIZ BREIJO	0:36:29	0:03:39	0:36:26	0:03:39	0:26:31										
	22	1549 SERGIO CARRIL BREA	0:36:38	0:03:40	0:36:37	0:03:40	0:26:43		EGOVARROS-VIVEIRO								
	23	2134 DIEGO NEGRO RODRÍGUEZ	0:36:41	0:03:41	0:36:39	0:03:40	0:26:48										
	24	2136 OSCAR PAZOS BARBEITO	0:36:48	0:03:41	0:36:47	0:03:41	0:27:02										
	25	218 JOSE MARIA AGUETE	0:37:00	0:03:42	0:36:58	0:03:42	0:26:41										

26	307	JAVIER GUILLÉN PÉREZ-CEPEDA	0:37:00	0:03:42	0:36:57	0:03:42	0:27:05		
27	2107	PABLO FERNÁNDEZ VÁZQUEZ	0:37:03	0:03:43	0:37:01	0:03:43	0:26:56	GA-19901	OURENSE ATL. ACADEMIA POSTAL
28	2477	CHEMA RODRIGUEZ MARTINEZ	0:37:09	0:03:43	0:37:07	0:03:43	0:26:56		
29	349	MANUEL NODAR JIMÉNEZ	0:37:11	0:03:44	0:37:08	0:03:43	0:26:56		
30	2341	DIEGO EZQUERRO	0:37:15	0:03:44	0:36:55	0:03:42			
31	215	JACOBO GESTO LAGO	0:37:16	0:03:44	0:03:44	0:37:14	0:03:44	0:26:19	
32	2366	IVAN SEGADÉ CAROU	0:37:19	0:03:44	0:37:12	0:03:44	0:27:08		
33	1519	ALEXANDRE RODRIGUEZ PAZ	0:37:26	0:03:45	0:37:24	0:03:45	0:27:09		CLUB TRIATLON MORRAZO
34	2747	MAYKAL PORTELA PORTELA	0:37:39	0:03:46	0:37:37	0:03:46	0:27:03	ga-19645	VILA DE CANGAS
35	2217	BALTASAR FIGUEIRAS MARTÍNEZ	0:37:41	0:03:47	0:37:31	0:03:46	0:27:33		
36	291	FERMÍN LÓPEZ AGRA	0:38:05	0:03:49	0:38:00	0:03:48	0:27:39		
37	328	JOSE MANUEL GÓMEZ PASANTES	0:38:11	0:03:50	0:37:57	0:03:48	0:27:56		
38	253	ÁLVARO GÓMEZ CARDESÍN	0:38:15	0:03:50	0:38:04	0:03:49	0:27:45		
39	251	ALEX SERRANO INCIARTE	0:38:18	0:03:50	0:38:11	0:03:50	0:27:52		
40	337	JUAN BLANCO MAROÑO	0:38:33	0:03:52	0:38:29	0:03:51	0:28:04		
41	2361	JOSE MARIA SANCHEZ SAN LUIS	0:38:38	0:03:52	0:38:34	0:03:52	0:28:22		
42	2575	MIGUEL VILABOY FILGUEIRAS	0:38:39	0:03:52	0:38:25	0:03:51	0:28:19		
43	2194	MIGUEL ANXO NOGUEIRA PEREZ	0:38:41	0:03:53	0:38:29	0:03:51	0:28:24	AG 9793	NOITEBRA F.C.
44	1048	EMILIO JOSE CAPELAN MARTINEZ	0:38:46	0:03:53	0:38:31	0:03:52	0:28:21		
45	368	PABLO GONZALEZ FERNANDEZ	0:38:48	0:03:53	0:38:45	0:03:53	0:28:06		
46	2144	AVELINO CAAMAÑO NIETO	0:38:51	0:03:54	0:38:51	0:03:54	0:28:21		ATLETISMO ELITE
47	225	ADRIAN VARELA SANZ	0:38:54	0:03:54	0:38:50	0:03:53	0:28:21	a-7934	ATLETISMO CORUÑA COMARCA
48	1288	PABLO RANHA VILLASENIN	0:39:02	0:03:55	0:38:57	0:03:54	0:27:48		
49	367	PABLO ANIDO COUCE	0:39:04	0:03:55	0:38:57	0:03:54	0:28:08		
50	2086	ISMAEL BOUZAS REY	0:39:05	0:03:55	0:39:04	0:03:55	0:27:57	AG 763849	SAR-A POUTADA
51	2225	EDUARDO SAAVEDRA LAGARES	0:39:06	0:03:55	0:39:03	0:03:55	0:28:20		
52	1377	PABLO DIAZ LOPEZ	0:39:11	0:03:56	0:39:10	0:03:55	0:28:26	GA-12865	SOCIEDAD GIMNÁSTICA PONTEVEDRA
53	280	DAVID SANISIDRO REGO	0:39:22	0:03:57	0:39:18	0:03:56	0:28:42		
54	1385	FELIPE MARTINEZ SANTOS	0:39:27	0:03:57	0:39:18	0:03:56	0:28:51		
55	362	NARCISO INSUA GONZALEZ	0:39:31	0:03:58	0:39:23	0:03:57	0:28:27		
56	2296	CARLOS SALVADOR RODRIGUEZ	0:39:33	0:03:58	0:39:26	0:03:57	0:28:57		
57	242	JENSSEN GALAN	0:39:43	0:03:59	0:39:41	0:03:59	0:28:47		
58	2354	LUIGI GARCIA LOPEZ	0:39:50	0:03:59	0:39:41	0:03:59	0:29:25		
59	2303	DIEGO ÁLVAREZ SOTO	0:39:50	0:03:59	0:39:46	0:03:59	0:29:20		
60	323	JOSE LUIS ALBOR DE LA TORRE	0:39:52	0:04:00	0:39:48	0:03:59	0:28:58		
61	286	ELOY GONZALEZ HORTA	0:39:54	0:04:00	0:39:47	0:03:59	0:28:48		
62	281	DAVID PEREZ SOBRIDO	0:39:55	0:04:00	0:39:50	0:03:59	0:29:09		
63	266	CARLOS ALBERTO GONZALEZ ALVAREZ	0:39:59	0:04:00	0:39:49	0:03:59	0:29:01		
64	2301	ROBERTO ULLOA FERNÁNDEZ	0:40:02	0:04:01	0:39:49	0:03:59	0:28:57		
65	2177	ROBERTO GARCÍA PAZOS	0:40:11	0:04:02	0:40:04	0:04:01	0:28:59	AG 764744	CLUB ATLETISMO SADA
66	2306	DIEGO PEREZ VIEITEZ	0:40:11	0:04:02	0:40:07	0:04:01	0:29:21		
67	1525	JUAN ROMERO FERNANDEZ	0:40:11	0:04:02	0:40:02	0:04:01	0:29:31	AG7110	CLUB DEPORTIVO AURUM
68	2592	GUILLERMO SEGUI FORTEZA	0:40:14	0:04:02	0:38:57	0:03:54	0:29:38		
69	272	DAVID TEIJIDO	0:40:19	0:04:02	0:40:12	0:04:02	0:29:30		
70	292	FERNANDO LOPEZ LOPEZ	0:40:20	0:04:02	0:40:01	0:04:01	0:29:36		
71	882	RICARDO SALIDO ANDRÉS	0:40:30	0:04:03	0:40:22	0:04:03	0:29:22		
72	2096	RICARDO GARCIA GESTAL	0:40:43	0:04:05	0:40:41	0:04:05	0:29:33	A-11205	ATLETISMO CORUÑA COMARCA
73	350	MANUEL ANTONIO GARRIDO CONCHADO	0:40:45	0:04:05	0:40:41	0:04:05	0:29:29		
74	232	LUIS CASAL AUGE	0:40:47	0:04:05	0:40:43	0:04:05	0:29:16	AG11257	CLUB ATLETISMO SADA
75	371	RAFAEL RAMOS FOJÓN	0:40:47	0:04:05	0:40:41	0:04:05	0:29:51		
76	2173	ALBERTO MORLÁN OTERO	0:40:48	0:04:05	0:40:42	0:04:05	0:30:01	AG764231	CLUB ATLETISMO SADA
77	549	ESTEBAN FERNANDEZ DIAZ	0:40:52	0:04:06	0:40:37	0:04:04	0:29:43		
78	271	DAVID LÓPEZ FERNÁNDEZ	0:41:00	0:04:06	0:40:46	0:04:05	0:29:51		
79	2675	ROI BARROS CORRAL	0:41:08	0:04:07	0:40:54	0:04:06			
80	769	MANUEL ESCALANTE SIXTO	0:41:15	0:04:08	0:41:05	0:04:07	0:29:56		
81	2256	RAMIRO CHAVES MON	0:41:24	0:04:09	0:41:13	0:04:08	0:30:19		
82	277	DAVID GONÁLEZ ÁLVAREZ	0:41:25	0:04:09	0:41:16	0:04:08	0:30:04		
83	2326	DIEGO SEGADÉ MIRAGAYA	0:41:27	0:04:09	0:40:38	0:04:04	0:30:37		
84	264	CARLOS RODRIGUEZ SUÁÑEZ	0:41:28	0:04:09	0:41:23	0:04:09	0:29:42		
85	2346	CARLOS DE LA VEGA SIERRA	0:41:30	0:04:09	0:41:16	0:04:08	0:30:22		
86	379	ROMÁN ROMERO FRANCO	0:41:38	0:04:10	0:41:24	0:04:09	0:30:25		
87	2355	JUAN SUAREZ GARCIA	0:41:39	0:04:10	0:41:32	0:04:10	0:30:02		
88	373	RAUL PALLAS INSUA	0:41:41	0:04:11	0:41:30	0:04:09	0:30:52		
89	406	JACOB FERNÁNDEZ LÓPEZ	0:41:46	0:04:11	0:41:35	0:04:10	0:30:21		
90	348	MANUEL FERNANDEZ CASAL	0:41:59	0:04:12	0:41:52	0:04:12	0:29:58		

91	2325 MIGUEL RUIZ ALARCON	0:42:01	0:04:13	0:41:37	0:04:10	0:31:01		
92	2569 GONZALO FARIÑA VARELA	0:42:04	0:04:13	0:41:48	0:04:11	0:30:54		
93	374 RAÚL PAREDES PASTOR	0:42:07	0:04:13	0:41:55	0:04:12	0:30:47		
94	2145 ALBERTO VÁZQUEZ OTERO	0:42:14	0:04:14	0:42:06	0:04:13	0:30:00	A-9875	ATLETISMO FONTES DO SAR
95	2356 RAMIRO PAZ LEIRAS	0:42:16	0:04:14	0:42:09	0:04:13	0:30:34		
96	2468 ÓSCAR FRESNEDO ARIAS	0:42:21	0:04:15	0:41:52	0:04:12	0:31:17		
97	715 JOSE MARIO CES ABEIJON	0:42:23	0:04:15	0:42:07	0:04:13	0:30:54		
98	2297 DAVID LOPEZ GONZALEZ	0:42:24	0:04:15	0:42:15	0:04:14	0:30:50		
99	331 JOSÉ MANUEL ALDREY RAICES	0:42:24	0:04:15	0:42:12	0:04:14	0:30:59		
100	2170 JOSÉ RAMÓN SÁEZ SUÁREZ	0:42:29	0:04:15	0:42:11	0:04:14	0:30:27	GA-1938	C.A.ÍA DE FERROL
101	1238 MANUEL ROUCO FERNÁNDEZ	0:42:31	0:04:16	0:42:06	0:04:13	0:31:15		
102	498 CARLOS BELLO BALADO	0:42:36	0:04:16	0:42:09	0:04:13	0:31:14		
103	1425 JOSE REGO COUSO	0:42:38	0:04:16	0:42:33	0:04:16	0:30:53		
104	515 DANIEL BERMÚDEZ	0:42:42	0:04:17	0:41:55	0:04:12	0:31:15		
105	336 JUAN CHAO MARTINEZ	0:42:42	0:04:17	0:42:29	0:04:15	0:31:08		
106	1338 SANTIAGO PELETEIRO TUBÍO	0:42:43	0:04:17	0:42:17	0:04:14	0:31:32		
107	366 PABLO CAAVEIRO PIÑEIRO	0:42:49	0:04:17	0:42:35	0:04:16	0:31:15		
108	1532 DAVID RAMOS BANEIRA	0:42:49	0:04:17	0:42:21	0:04:15	0:31:30		
109	2633 RAFAEL ESPIDO LATA	0:42:52	0:04:18	0:42:20	0:04:14	0:31:35		
110	421 AGUSTIN ALVAREZ FERNANDEZ	0:42:54	0:04:18	0:42:40	0:04:16	0:31:10		
111	1404 FERNANDO VALIÑO PÉREZ	0:42:55	0:04:18	0:41:43	0:04:11	0:31:53		
112	356 MARTÍN PARDO MAZÁS	0:42:57	0:04:18	0:42:47	0:04:17	0:31:03		
113	2490 CESAR COSTOYA PRADO	0:42:58	0:04:18	0:42:40	0:04:16	0:31:26		
114	2332 JOSÉ SÁNCHEZ PARDO	0:42:59	0:04:18	0:42:53	0:04:18	0:31:30		
115	2328 CRISTÓBAL SOMOZA BELLO	0:43:01	0:04:19	0:42:55	0:04:18	0:31:09		
116	2248 MANUEL PONTE LORENZO	0:43:01	0:04:19	0:42:00	0:04:12	0:31:40		
117	279 DAVID VIDAL LAGARES	0:43:03	0:04:19	0:42:49	0:04:17	0:31:05		
118	2522 XAN XOSE SUAREZ VILELA	0:43:03	0:04:19	0:42:45	0:04:17	0:32:01		
119	2320 MARCOS CORGO RIVEIRO	0:43:04	0:04:19	0:41:57	0:04:12	0:31:43		
120	282 DIEGO BERGONDO CAÑAS	0:43:12	0:04:20	0:42:58	0:04:18	0:31:46		
121	320 JOSE IVAN VALENCIA BARCIA	0:43:16	0:04:20	0:42:51	0:04:18	0:31:37		
122	297 FRANCISCO XABIER RODRIGUEZ CAMPOS	0:43:17	0:04:20	0:43:00	0:04:18	0:32:00		
123	2222 ISMAEL MANEIRO FERREIRO	0:43:19	0:04:20	0:43:03	0:04:19	0:31:28		
124	404 DIEGO VARELA BARREIRO	0:43:23	0:04:21	0:42:49	0:04:17	0:32:19		
125	838 OSIRIS AMORIN RODRÍGUEZ	0:43:25	0:04:21	0:43:11	0:04:20	0:32:12		
126	2246 JULIÁN DE LA CALLE FERNÁNDEZ	0:43:29	0:04:21	0:43:18	0:04:20	0:31:35		
127	1446 MARTÍN LAMAS DÍAZ	0:43:30	0:04:21	0:43:05	0:04:19	0:31:29		
128	1488 JORGE RAMOS SEIJO	0:43:33	0:04:22	0:43:29	0:04:21	0:30:23		
129	511 DANIEL ÁLVAREZ RAMOS	0:43:33	0:04:22	0:42:56	0:04:18	0:32:21		
130	370 PABLO BREA PEÓN	0:43:35	0:04:22	0:43:17	0:04:20	0:31:59		
131	508 COSME MARTINEZ NAYA	0:43:36	0:04:22	0:43:20	0:04:20	0:31:43		
132	605 IGNACIO GARCIA RODRIGUEZ	0:43:37	0:04:22	0:43:13	0:04:20	0:31:47		
133	1148 JORJE RODRIGUEZ	0:43:38	0:04:22	0:43:32	0:04:22	0:31:55		
134	2652 SERGIO MONTEAGUDO RODRIGUEZ	0:43:41	0:04:23	0:43:33	0:04:22	0:31:58		
135	1118 JAVIER OUBIÑA ABUIN	0:43:42	0:04:23	0:43:26	0:04:21	0:31:57		
136	2679 JOSE MANUEL PENA LAMAS	0:43:48	0:04:23	0:43:10	0:04:19	0:32:10		
137	338 JUAN CARLOS MATO MORADO	0:43:51	0:04:24	0:43:31	0:04:22	0:32:21		
138	2333 RODRIGO MENDEZ CASAS	0:43:53	0:04:24	0:43:48	0:04:23	0:31:36		
139	1063 FERNANDO PALOS PAZ	0:43:57	0:04:24	0:43:38	0:04:22	0:31:57		
140	306 IVÁN SEOANE DÍAZ	0:43:58	0:04:24	0:43:39	0:04:22	0:32:00		
141	2668 CARLOS ALBERTO ALONSO MOREIRA	0:44:02	0:04:25	0:43:25	0:04:21	0:32:06		
142	660 JORGE FIALLEGA MARRUBE	0:44:02	0:04:25	0:43:25	0:04:21	0:32:21		
143	2454 ANGEL GARCIA ESTRADA	0:44:03	0:04:25	0:43:48	0:04:23	0:31:54		
144	862 PEDRO SALGUEIRO RILO	0:44:05	0:04:25	0:43:12	0:04:20	0:32:50		
145	2329 EMILIO SABORIDO FERNANDEZ	0:44:07	0:04:25	0:43:48	0:04:23	0:32:09		
146	975 BRANDAN VALBUENA GARCIA	0:44:08	0:04:25	0:43:44	0:04:23	0:32:06		
147	527 DAVID CAZÓN TORREJÓN	0:44:10	0:04:25	0:43:54	0:04:24	0:32:09		
148	852 PABLO FRANCO YÁÑEZ	0:44:10	0:04:25	0:43:49	0:04:23	0:32:10		
149	449 ALFONSO GONZÁLEZ JUAN	0:44:15	0:04:26	0:42:50	0:04:17	0:33:02		
150	2512 PABLO PAZOS GARCIA	0:44:16	0:04:26	0:43:58	0:04:24	0:32:12		
151	1037 DIEGO PEREZ PARDO	0:44:16	0:04:26	0:43:55	0:04:24	0:32:14		
152	888 ROBERTO SUAREZ RODRIGUEZ	0:44:17	0:04:26	0:44:07	0:04:25	0:32:14		
153	901 SANTI MONTENEGRO MATO	0:44:19	0:04:26	0:44:11	0:04:26	0:32:03		
154	1352 XIÁN MAYO MAURIZ	0:44:21	0:04:27	0:44:06	0:04:25	0:32:48		
155	1422 JAVIER CACHO MOSQUERA	0:44:21	0:04:27	0:44:04	0:04:25	0:32:02		



156	2660 RAUL MARTINEZ LIJÓ	0:44:23	0:04:27	0:43:51	0:04:24	0:32:15	
157	2586 DAVID RODRIGUEZ PARDO	0:44:24	0:04:27	0:43:44	0:04:23	0:32:32	
158	1083 GONZALO LÓPEZ PAZ	0:44:28	0:04:27	0:43:11	0:04:20	0:33:35	
159	369 PABLO INSUA PEDROSA	0:44:30	0:04:27	0:44:14	0:04:26	0:32:37	
160	332 JOSÉ MANUEL PEDROSA MAYO	0:44:30	0:04:27	0:44:16	0:04:26	0:32:26	
161	303 IAGO FERNÁNDEZ IGLESIAS	0:44:32	0:04:28	0:44:12	0:04:26	0:32:27	
162	1116 JAVIER FUENTES FÁBREGAS	0:44:35	0:04:28	0:44:15	0:04:26	0:32:56	
163	1262 MIGUEL REGUEIRA VEIGA	0:44:41	0:04:29	0:43:58	0:04:24	0:33:44	
164	468 ANTONIO GARCIA-CARPINTERO DIAZ	0:44:42	0:04:29	0:44:23	0:04:27	0:32:26	
165	423 ALBERTO FERNANDEZ FERNANDEZ	0:44:48	0:04:29	0:44:29	0:04:27	0:32:42	
166	2701 JOSÉ MANUEL CASÁS CASÁS	0:44:48	0:04:29	0:44:31	0:04:28	0:32:48	
167	799 MARCOS PENSADOTORRES	0:44:49	0:04:29	0:43:56	0:04:24	0:32:51	
168	2259 IVAN REDONDO VIDAL	0:44:51	0:04:30	0:44:11	0:04:26	0:34:45	
169	411 BORJA CANTO BAÑA	0:44:52	0:04:30	0:44:25	0:04:27	0:33:46	
170	2276 OSCAR CARRACEDO REGUEIRA	0:44:53	0:04:30	0:44:28	0:04:27	0:32:51	
171	973 BERNALDO PENAS ANTELO	0:44:55	0:04:30	0:44:34	0:04:28	0:33:25	
172	2334 JOSE ANGEL DIAZ BAUTISTA	0:44:57	0:04:30	0:44:37	0:04:28	0:33:39	
173	1155 JOSÉ NÚÑEZ RODRÍGUEZ	0:45:00	0:04:30	0:44:05	0:04:25	0:33:20	
174	383 SERGIO LORENZO BLANCO	0:45:01	0:04:31	0:44:43	0:04:29	0:32:43	
175	2481 MIGUEL MARROZOS LOPEZ	0:45:04	0:04:31	0:44:04	0:04:25	0:33:45	
176	1138 JORGE SANCLAUDIO PIÑÓN	0:45:04	0:04:31	0:44:49	0:04:29	0:32:54	
177	2127 DAVID SENRA EIROA	0:45:06	0:04:31	0:45:01	0:04:31	0:32:51	
178	752 LUCAS FREIRE LAGE	0:45:11	0:04:32	0:44:22	0:04:27	0:33:11	
179	2674 MARTÍN IGLESIAS DORTA	0:45:11	0:04:32	0:44:40	0:04:28	0:33:11	
180	1539 SLAVA	0:45:13	0:04:32	0:43:41	0:04:23	0:33:12	
181	378 RODRIGO ROMERO ABALO	0:45:14	0:04:32	0:44:50	0:04:29	0:33:07	
182	2516 ROBERTO LOPEZ PÉREZ	0:45:15	0:04:32	0:45:01	0:04:31	0:32:50	
183	380 SAID JUAN KALAJI GAREA	0:45:15	0:04:32	0:45:04	0:04:31	0:33:07	
184	1275 NICOLÁS FERNÁNDEZ PITA	0:45:15	0:04:32	0:44:51	0:04:30	0:33:05	
185	848 PABLO MIRAGAYA LOPEZ	0:45:19	0:04:32	0:44:37	0:04:28	0:33:46	
186	2249 OSCAR VAZQUEZ RIVAS	0:45:19	0:04:32	0:44:58	0:04:30	0:32:57	
187	259 BORJA GONZALEZ REGO	0:45:25	0:04:33	0:45:20	0:04:32	0:32:43	
188	1026 DAVID ANDRADE SANDA	0:45:26	0:04:33	0:44:22	0:04:27	0:33:48	
189	835 OSCAR DIAZ PRADO	0:45:27	0:04:33	0:45:02	0:04:31	0:33:00	
190	341 JUANJO LOPEZ DE LA OSA	0:45:30	0:04:33	0:44:59	0:04:30	0:33:05	
191	588 FRANCISCO JAVIER BERMUDEZ CERQUEIRO	0:45:33	0:04:34	0:44:58	0:04:30	0:33:33	
192	450 ALVARO YAÑEZ DIAZ	0:45:35	0:04:34	0:45:20	0:04:32	0:33:05	
193	2227 DIEGO CAO DOPICO	0:45:37	0:04:34	0:45:11	0:04:32	0:33:19	
194	2653 PABLO REY SANDUENDE	0:45:44	0:04:35	0:45:20	0:04:32	0:33:39	
195	1388 TONI GARCIA PRADO	0:45:44	0:04:35	0:45:33	0:04:34	0:33:13	
196	871 RAMON ALBA DOMINGUEZ	0:45:44	0:04:35	0:45:24	0:04:33	0:33:01	
197	2528 IVÁN CRUZ SOTO	0:45:45	0:04:35	0:45:18	0:04:32	0:33:23	
198	529 DAVID GONZALEZ PARIS	0:45:48	0:04:35	0:45:35	0:04:34	0:32:56	
199	513 DANIEL RICO NUÑEZ	0:45:52	0:04:36	0:44:50	0:04:29	0:33:39	
200	2769 AMADOR PUMARIÑO PÉREZ	0:45:54	0:04:36	0:45:44	0:04:35	0:33:23	
201	2740 FABIO CHAVES RODRIGUEZ	0:45:54	0:04:36	0:45:52	0:04:36	0:32:48	
202	2427 RAMÓN IGLESIAS REY	0:45:57	0:04:36	0:44:55	0:04:30	0:33:42	AG 9949
203	2673 XURXO SEIJO SAAVEDRA	0:45:59	0:04:36	0:45:17	0:04:32	0:33:20	NOITEBRA F.C.
204	951 ALFONSO VAZQUEZ GOMEZ	0:45:59	0:04:36	0:45:14	0:04:32	0:33:42	
205	493 CARLOS RODRÍGUEZ RODRÍGUEZ	0:46:01	0:04:37	0:45:15	0:04:32	0:34:02	
206	296 FRANCISCO JOSÉ DELGADO MONTES	0:46:01	0:04:37	0:45:48	0:04:35	0:32:58	
207	1159 JOSÉ ÁNGEL FANEGO IGLESIAS	0:46:05	0:04:37	0:44:58	0:04:30	0:33:45	
208	1277 OSCAR GARCIA FREIRE	0:46:08	0:04:37	0:44:40	0:04:28	0:34:44	
209	1073 FRANCISCO JAVIER GARCIA MARTINEZ	0:46:12	0:04:38	0:45:00	0:04:30	0:34:35	
210	2632 SERGIO SILVA BAUTISTA	0:46:15	0:04:38	0:45:26	0:04:33	0:34:09	
211	1144 JORGE DIAZ VILLALBA	0:46:19	0:04:38	0:46:06	0:04:37	0:33:20	
212	2342 ALEJANDRO GONZÁLEZ MONTERO	0:46:20	0:04:38	0:45:59	0:04:36	0:33:41	
213	2791 XABIER CASTRO FERNÁNDEZ	0:46:22	0:04:39	0:45:46	0:04:35	0:33:42	
214	442 ALEJANDRO RECOUSO SIERRA	0:46:22	0:04:39	0:45:43	0:04:35	0:34:04	
215	661 JORGE SUÁREZ DE LIS	0:46:22	0:04:39	0:45:09	0:04:31	0:34:35	
216	672 JOSE ANTA ALVAREZ	0:46:22	0:04:39	0:45:24	0:04:33	0:34:41	
217	2545 CARLOS GARCIA SALGADO	0:46:24	0:04:39	0:46:15	0:04:38	0:33:24	
218	851 PABLO CASAIS LOPEZ	0:46:24	0:04:39	0:45:35	0:04:34	0:33:52	
219	420 AGUSTIN SOUSA GONZALEZ	0:46:25	0:04:39	0:45:25	0:04:33	0:34:14	
220	531 DIEGO SUAREZ CREGO	0:46:29	0:04:39	0:46:04	0:04:37	0:34:04	

221	377	ROBERTO BLASCO OTERO	0:46:34	0:04:40	0:46:18	0:04:38	0:34:10		
222	816	MIGUEL PETEIRO CASTRO	0:46:37	0:04:40	0:46:08	0:04:37	0:34:33		
223	957	ANDRES ARDA FREIRE	0:46:38	0:04:40	0:46:04	0:04:37	0:34:00		
224	1287	PABLO PREGO ULLOA	0:46:40	0:04:40	0:46:07	0:04:37	0:34:26		
225	492	CARLOS PONTE SANTOS	0:46:41	0:04:41	0:45:38	0:04:34	0:35:06		
226	2527	ALBERTO GARCÍA ROCA	0:46:45	0:04:41	0:45:50	0:04:35	0:34:46		
227	887	ROBERTO PEDREIRA ULLOA	0:46:52	0:04:42	0:46:12	0:04:38	0:33:59		
228	765	MANUEL MOURE FERNANDEZ	0:46:55	0:04:42	0:46:14	0:04:38	0:34:06		
229	567	FERNANDO MARTÍNEZ PÉREZ	0:46:58	0:04:42	0:46:27	0:04:39	0:34:29		
230	2482	FERNANDO SUAREZ VALDERREY	0:46:59	0:04:42	0:46:40	0:04:40	0:34:02		
231	653	JORGE REGO CASÁS	0:47:00	0:04:42	0:46:27	0:04:39	0:34:35		
232	2650	FELIX MARTINEZ GIGIRIN	0:47:05	0:04:43	0:46:51	0:04:42	0:34:11		
233	1090	HECTOR VAZQUEZ REY	0:47:08	0:04:43	0:46:43	0:04:41	0:34:26		
234	1070	FRANCISCO RIOS PEREZ	0:47:13	0:04:44	0:46:05	0:04:37	0:35:30		
235	429	ALBERTO CARREIRA GONZALEZ	0:47:14	0:04:44	0:46:34	0:04:40	0:34:46		
236	870	RAMON JAMARDO DOMINGUEZ	0:47:15	0:04:44	0:46:24	0:04:39	0:34:29		
237	956	ANDRES PARIS PAZOS	0:47:19	0:04:44	0:46:02	0:04:37	0:35:02		
238	547	ENRIQUE BLANCO RAMOS	0:47:20	0:04:44	0:46:31	0:04:40	0:34:22		
239	832	OMAR DIAZ ABELAIRA	0:47:22	0:04:45	0:46:32	0:04:40	0:34:33		
240	1491	JOSE CARLOS LAGO CASTRO	0:47:23	0:04:45	0:46:51	0:04:42	0:34:13		
241	621	JAIME ALVAREZ DE LA TORRE	0:47:24	0:04:45	0:45:32	0:04:34	0:35:31		
242	1326	RUBEN AMOR BECERRA	0:47:26	0:04:45	0:47:12	0:04:44	0:34:29		
243	757	LUIS SESTAYO LEIS	0:47:27	0:04:45	0:47:04	0:04:43	0:34:41		
244	667	JORGE GARCÍA BOQUETE	0:47:28	0:04:45	0:46:38	0:04:40	0:35:04		
245	781	MANUEL GARCIA MAGARIØS	0:47:29	0:04:45	0:46:55	0:04:42	0:34:15		
246	964	ANTONIO RODRÍGUEZ SÁNCHEZ	0:47:31	0:04:46	0:46:20	0:04:38	0:35:21		
247	2567	IVAN BUSTO CARRETE	0:47:31	0:04:46	0:47:10	0:04:43	0:33:57		
248	1328	RUBEN LORENZO BLANCO	0:47:32	0:04:46	0:47:07	0:04:43	0:34:49		
249	1292	PABLO CANCELA VARELA	0:47:33	0:04:46	0:46:23	0:04:39	0:35:20		
250	2322	JAVIER MUÑOZ DÍAZ-CASTROVERDE	0:47:34	0:04:46	0:47:03	0:04:43	0:36:16		
251	260	BRAULIO GARCIA PAZOS	0:47:34	0:04:46	0:47:19	0:04:44	0:34:40		
252	578	FRANCISCO DURAN PEREZ	0:47:37	0:04:46	0:47:08	0:04:43	0:35:30		
253	418	ADRIÁN CONDE FRAGA	0:47:40	0:04:46	0:47:22	0:04:45	0:35:31		
254	1034	DIEGO TEJO GARCÍA	0:47:47	0:04:47	0:47:09	0:04:43	0:36:13		
255	2729	HÉCTOR LOUREIRO GARRIDO	0:47:49	0:04:47	0:47:18	0:04:44	0:34:40		
256	650	JORDI URIACH MASGORET	0:47:50	0:04:47	0:47:09	0:04:43	0:35:21		
257	2723	MIGUEL ÁNGEL PAZ LEIRAS	0:47:51	0:04:48	0:47:19	0:04:44	0:34:37		
258	2384	DANIEL NEGREIRA BARCIA	0:47:57	0:04:48	0:47:29	0:04:45	0:35:26	ag763935	ATLETISMO FONTES DO SAR
259	776	MANUEL BOUZAS ESPASANDIN	0:47:58	0:04:48	0:47:15	0:04:44	0:35:08		
260	1290	PABLO TORREIRO BARRÓS	0:47:58	0:04:48	0:47:10	0:04:43	0:35:09		
261	254	ÁLVARO GARCÍA FERNÁNDEZ	0:48:00	0:04:48	0:47:31	0:04:46	0:34:37		
262	2666	VICTOR MANUEL ALVAREZ TABOADA	0:48:03	0:04:49	0:47:49	0:04:47	0:34:30		
263	1119	JAVIER MARTINEZ COTELO	0:48:03	0:04:49	0:47:16	0:04:44	0:35:51		
264	988	CARLOS TARRÍO BUGALLO	0:48:06	0:04:49	0:46:26	0:04:39	0:35:19		
265	619	JACOBO PONLLA ENCINAS	0:48:06	0:04:49	0:46:30	0:04:39	0:35:16		
266	1022	DAVID ACEVEDO EDREIRA	0:48:12	0:04:50	0:46:35	0:04:40	0:35:22		
267	560	FERNANDO PIÑEIRO RODRÍGUEZ	0:48:12	0:04:50	0:47:30	0:04:45	0:34:45		
268	1503	PABLO VARELA FERNANDEZ	0:48:17	0:04:50	0:48:09	0:04:49	0:34:45		
269	447	ALFONSO HERÍAS GARCÍA	0:48:17	0:04:50	0:47:43	0:04:47	0:36:03		
270	474	ANXO SANTIAGO SÁNCHEZ GÁNDARA	0:48:21	0:04:51	0:47:39	0:04:46	0:35:18		
271	604	IAGO CRESPO TABOADA	0:48:24	0:04:51	0:47:45	0:04:47	0:35:10		
272	2423	MARIO DANIEL VARELA CRESPO	0:48:26	0:04:51	0:47:57	0:04:48	0:34:39	AG-763625	ESPRINTES OURENSE
273	1243	MARC GALLRGO MAURI	0:48:26	0:04:51	0:47:54	0:04:48	0:35:35		
274	840	PABLO SANJOSE GATO	0:48:27	0:04:51	0:47:46	0:04:47	0:35:32		
275	768	MANUEL VAZQUEZ LOBEIRAS	0:48:27	0:04:51	0:47:46	0:04:47	0:35:32		
276	2724	ANDRES FAIÑA RODRIGUEZ-VILA	0:48:28	0:04:51	0:48:01	0:04:49	0:35:44		
277	1341	SERGIO CANLE PAZ	0:48:28	0:04:51	0:47:37	0:04:46	0:34:54		
278	2458	JACINTO ALVAREZ SOMOZA	0:48:30	0:04:51	0:47:51	0:04:48	0:34:44		
279	1447	MIGUEL NINE TOMÉ	0:48:31	0:04:52	0:47:47	0:04:47	0:35:24		
280	500	CARLOS AÑON CEAN	0:48:31	0:04:52	0:47:32	0:04:46	0:35:42		
281	1291	PABLO GRANDÍO NOCHE	0:48:32	0:04:52	0:47:20	0:04:44	0:36:53		
282	801	MARIO SANDÁ MORALES	0:48:32	0:04:52	0:47:13	0:04:44	0:35:24		
283	1006	DANIEL PENAS LÓPEZ	0:48:34	0:04:52	0:47:27	0:04:45	0:35:47		
284	523	DAVID CANOSA ROJO	0:48:44	0:04:53	0:48:17	0:04:50	0:35:52		
285	1467	YAGO VALENCIA ABAD	0:48:44	0:04:53	0:48:01	0:04:49	0:35:28		

286	1295	PABLO GÓMEZ FRAGUELA	0:48:45	0:04:53	0:47:50	0:04:47	0:35:33		
287	2639	ROBERTO DOLDÁN CORRAL	0:48:46	0:04:53	0:48:26	0:04:51	0:37:16		
288	1445	MARCOS SANDIANES SUAREZ	0:48:48	0:04:53	0:48:14	0:04:50	0:35:07		
289	1340	SANTIAGO LÓPEZ BARROS	0:48:51	0:04:54	0:48:20	0:04:50	0:36:26		
290	534	DIEGO SÁNCHEZ PARDO	0:48:51	0:04:54	0:48:11	0:04:50	0:36:17		
291	1117	JAVIER BARROS SANCHEZ	0:48:52	0:04:54	0:48:23	0:04:51	0:36:36		
292	797	MARCOS PRIETO SOUTO	0:48:54	0:04:54	0:47:31	0:04:46	0:36:01		
293	1183	JOSE MANUEL SANDE BAÑA	0:48:56	0:04:54	0:48:28	0:04:51	0:34:56		
294	2518	DANIEL ABADES REBOREDO	0:48:57	0:04:54	0:47:46	0:04:47	0:35:57		
295	571	FERNANDO LEAL IRIMIA	0:49:03	0:04:55	0:48:50	0:04:53	0:36:22		
296	918	TONY LOURO	0:49:03	0:04:55	0:48:48	0:04:53	0:36:11		
297	2198	ANTONIO RODRÍGUEZ GARCÍA	0:49:04	0:04:55	0:48:44	0:04:53	0:35:18	A-9583	RIA FERROL CONCEPCION ARENAL
298	1254	MARCOS GARCÍA CAAMAÑO	0:49:04	0:04:55	0:48:28	0:04:51	0:36:25		
299	671	JOSE TABOADA VEIGA	0:49:10	0:04:55	0:48:22	0:04:51	0:35:37		
300	2720	BRUNO PORTO CALVELO	0:49:16	0:04:56	0:47:43	0:04:47	0:36:42		
301	436	ALBERTO JOSÉ LEMA POSE	0:49:16	0:04:56	0:48:39	0:04:52	0:36:24		
302	451	ALVARO RODRIGUEZ FERNANDEZ	0:49:19	0:04:56	0:48:49	0:04:53	0:36:36		
303	991	CARLOS VARELA GARCÍA	0:49:19	0:04:56	0:48:08	0:04:49	0:37:03		
304	963	ANTONIO GARROTE GARCIA	0:49:20	0:04:56	0:47:52	0:04:48	0:37:19		
305	1524	DANIEL CALVIÑO MORENO	0:49:21	0:04:57	0:49:14	0:04:56	0:35:43	a10899	ATLETISMO CORUÑA COMARCA
306	828	NÉSTOR QUINTANA PENA	0:49:22	0:04:57	0:48:18	0:04:50	0:37:09		
307	519	DAVID MARTINEZ REGO	0:49:23	0:04:57	0:48:54	0:04:54	0:35:34		
308	1041	DIEGO LOZANO SANCHEZ	0:49:26	0:04:57	0:48:23	0:04:51	0:36:25		
309	382	SERGIO MARTINEZ GOMEZ	0:49:29	0:04:57	0:49:13	0:04:56	0:35:27		
310	696	JOSE JUAN FERNANDEZ CASTRO	0:49:39	0:04:58	0:49:23	0:04:57			
311	1331	RUBÉN SERRAPIO GONZÁLEZ	0:49:40	0:04:58	0:49:02	0:04:55	0:36:16		
312	2476	RODRIGO RUBIAL LALIN	0:49:41	0:04:59	0:49:03	0:04:55	0:36:04		
313	1327	RUBEN RODRIGUEZ POCEIRO	0:49:44	0:04:59	0:48:44	0:04:53	0:36:21		
314	1084	GONZALO PENA BUJÁN	0:49:45	0:04:59	0:48:55	0:04:54	0:36:17		
315	759	LUIS PRIEGUE MOLINOS	0:49:46	0:04:59	0:48:48	0:04:53	0:37:06		
316	2700	DANIEL FERNÁNDEZ CAJIAO	0:49:50	0:04:59	0:48:21	0:04:51	0:37:07		
317	522	DAVID GERMADE MOSQUERA	0:49:50	0:04:59	0:49:04	0:04:55	0:36:33		
318	1057	FCO. BORJAR RODRÍGUEZ	0:49:54	0:05:00	0:48:51	0:04:54	0:37:05		
319	2572	DANIEL PUMARES RAMIL	0:49:55	0:05:00	0:48:44	0:04:53	0:36:45		
320	1127	JESÚS SIXTO GELPI	0:50:00	0:05:00	0:48:55	0:04:54	0:37:35		
321	2655	ANTONIO PABLO CARBALLINI DENES	0:50:02	0:05:01	0:49:48	0:04:59	0:36:27		
322	1448	MIGUEL ÁNGEL BASTIDA MARTÍNEZ	0:50:04	0:05:01	0:49:47	0:04:59	0:36:30		
323	2552	ENRIQUE COMESAÑA	0:50:05	0:05:01	0:48:50	0:04:53	0:37:37		
324	572	FERNANDO NICOLÁS PUENTE VARELA	0:50:11	0:05:02	0:49:11	0:04:56	0:36:55		
325	2607	ALEJANDRO ÁLVAREZ RODRÍGUEZ	0:50:13	0:05:02	0:49:24	0:04:57	0:37:16		
326	1440	JUAN CRUZ CARRETERO SANCHEZ	0:50:16	0:05:02	0:49:38	0:04:58	0:36:50		
327	616	J LUIS SANTOME COLLAZO	0:50:18	0:05:02	0:49:10	0:04:55	0:37:06		
328	1192	JOSÉ RAMÓN MARTÍNEZ PENA	0:50:20	0:05:02	0:48:32	0:04:52	0:37:25		
329	1064	FERNANDO BUIDE DEL REAL	0:50:21	0:05:03	0:49:09	0:04:55	0:37:44		
330	2664	GUILLERMO AMBROA BARBEITO	0:50:23	0:05:03	0:48:37	0:04:52	0:37:20		
331	732	JUAN CARLOS MUIÑO CASTRO	0:50:25	0:05:03	0:49:56	0:05:00	0:36:23		
332	721	JUAN DÍAZ SANJURJO	0:50:25	0:05:03	0:48:46	0:04:53	0:37:14		
333	2707	JOSÉ CARLOS GONZÁLEZ MONTERO	0:50:29	0:05:03	0:50:07	0:05:01	0:37:34		
334	2684	ALEJANDRO GALAN FERNANDEZ	0:50:30	0:05:03	0:49:31	0:04:58	0:37:17		
335	1435	JOSÉ MARÍA TORRENTE GISBERT	0:50:30	0:05:03	0:49:42	0:04:59	0:37:05		
336	1085	GONZALO FERNÁNDEZ RODRÍGUEZ	0:50:33	0:05:04	0:49:16	0:04:56	0:37:17		
337	2290	MIGUEL RODRIGUEZ CORRAL	0:50:34	0:05:04	0:50:14	0:05:02	0:36:07		
338	2618	RUBEN SOBRINO GÓMEZ	0:50:42	0:05:05	0:50:11	0:05:02	0:36:34		
339	1092	IAGO GARRIDO IGLESIAS	0:50:48	0:05:05	0:49:52	0:05:00	0:37:25		
340	784	MANUEL ANTONIO CALVIÑO BESTILLEIRO	0:50:56	0:05:06	0:50:17	0:05:02	0:36:45		
341	1296	PABLO JOSÉ GUITIÁN MEDIERO	0:51:01	0:05:07	0:50:19	0:05:02	0:37:13		
342	796	MARCOS SUCASAS MEJUTO	0:51:03	0:05:07	0:49:49	0:04:59	0:37:02		
343	1307	RAFAEL VIZCAINO GONZALEZ	0:51:04	0:05:07	0:50:22	0:05:03	0:37:48		
344	1424	JESÚS COUSO GARCÍA	0:51:05	0:05:07	0:50:03	0:05:01	0:36:38		
345	1216	LLUÍS TARRIDAS MARTINEZ	0:51:17	0:05:08	0:49:45	0:04:59	0:38:22		
346	2616	JOSE MARIA TENREIRO EIRANOVA	0:51:17	0:05:08	0:50:33	0:05:04	0:36:49		
347	347	MANUEL CARREIRA PARRADO	0:51:18	0:05:08	0:50:20	0:05:02	0:37:37		
348	580	FRANCISCO LAFONT GANCEDO	0:51:20	0:05:08	0:51:00	0:05:06	0:37:24		
349	1031	DAVID LADO GONZALEZ	0:51:20	0:05:08	0:50:25	0:05:03	0:36:53		
350	875	RAMÓN VECINO ALONSO	0:51:22	0:05:09	0:51:01	0:05:07	0:37:39		

351	501	CARLOS AURELIO RUIZ RIVERA	0:51:31	0:05:10	0:49:58	0:05:00	0:38:18		
352	2465	PABLO BARREIRO GAREA	0:51:33	0:05:10	0:50:22	0:05:03	0:37:29		
353	707	JOSE MANUEL PIÑEIRO LAGO	0:51:40	0:05:10	0:50:56	0:05:06	0:37:47		
354	2695	DAVID IGLESIAS RIGUEIRA	0:51:40	0:05:10	0:50:44	0:05:05	0:37:36		
355	595	GERARDO PÉREZ LÓPEZ	0:51:42	0:05:11	0:50:33	0:05:04	0:37:26		
356	1502	PABLO IGLESIAS FREIRE	0:51:44	0:05:11	0:51:09	0:05:07	0:38:10		
357	435	ALBERTO FOJO EIRAS	0:51:45	0:05:11	0:51:23	0:05:09	0:37:57		
358	434	ALBERTO VEIRAS MEJUTO	0:51:49	0:05:11	0:49:56	0:05:00	0:38:47		
359	1449	MISAEEL NÚÑEZ SENRA	0:51:51	0:05:12	0:51:09	0:05:07	0:38:08		
360	1359	YELCO SANJURJO PAZ	0:51:52	0:05:12	0:50:33	0:05:04	0:38:23		
361	808	MIGUEL CORUJO OTERO	0:51:53	0:05:12	0:50:48	0:05:05	0:39:05		
362	1139	JORGE RAMA PAZOS	0:51:54	0:05:12	0:50:46	0:05:05	0:37:55		
363	980	CALO LEE CANDAME	0:51:59	0:05:12	0:50:51	0:05:06	0:38:36		
364	989	CARLOS MÁIZ MANSO	0:52:01	0:05:13	0:51:13	0:05:08	0:37:25		
365	1224	LUIS GARCÍA IGLESIAS	0:52:01	0:05:13	0:51:13	0:05:08	0:37:55		
366	1509	SALVADOR EIROA AMEIJIDE	0:52:04	0:05:13	0:51:43	0:05:11	0:37:07		
367	2609	CARLOS MIGUEL FIDALGO RODRIGUEZ	0:52:06	0:05:13	0:51:42	0:05:11	0:37:30		
368	1339	SANTIAGO CALLEJO LOPEZ	0:52:23	0:05:15	0:51:56	0:05:12	0:38:35		
369	748	JULIO TEIXEIRA	0:52:26	0:05:15	0:50:59	0:05:06	0:38:55		
370	716	JOSE RAMON SUAREZ ARCAZ	0:52:29	0:05:15	0:51:51	0:05:12	0:38:39		
371	512	DANIEL LÓPEZ LÓPEZ	0:52:34	0:05:16	0:51:23	0:05:09	0:38:06		
372	2455	GIOVANI GARCIA ESTEVEZ	0:52:35	0:05:16	0:51:38	0:05:10	0:38:50		
373	2786	PACHI FERNÁNDEZ MEDIN	0:52:35	0:05:16	0:51:52	0:05:12	0:38:28		
374	385	PABLO PEREZ LOPEZ	0:52:38	0:05:16	0:52:02	0:05:13	0:38:17	A-11100	ATLETISMO FONTES DO SAR
375	1141	JORGE CASARES	0:52:40	0:05:16	0:51:51	0:05:12	0:38:20		
376	1167	JOSE JAVIER TORRES REQUEIJO	0:52:46	0:05:17	0:52:19	0:05:14	0:38:48		
377	526	DAVID TUÑAS RÓO	0:52:49	0:05:17	0:51:32	0:05:10	0:38:15		
378	675	JOSÉ ALEJANDRO ARENOSA GARCÍA	0:52:51	0:05:18	0:51:47	0:05:11	0:38:53		
379	1008	DANIEL BELLO VAZQUEZ	0:52:56	0:05:18	0:52:09	0:05:13	0:39:11		
380	2503	DANIEL RODRÍGUEZ TAIBO	0:53:02	0:05:19	0:51:35	0:05:10	0:38:35		
381	1120	JAVIER ÁLVAREZ BORQUE	0:53:06	0:05:19	0:51:51	0:05:12	0:38:27		
382	859	PEDRO CALDAS CASTRO	0:53:08	0:05:19	0:52:40	0:05:16	0:38:31		
383	1201	JUAN GABRIEL RIOS FUQUEZ	0:53:10	0:05:19	0:52:19	0:05:14	0:39:09		
384	1520	IGNACIO JUANVELZ	0:53:11	0:05:20	0:52:19	0:05:14	0:39:09		
385	1023	DAVID ALONSO VEGA	0:53:11	0:05:20	0:52:36	0:05:16	0:38:42		
386	949	ALEJANDRO BARRAL DIEZ	0:53:19	0:05:20	0:53:02	0:05:19	0:38:45		
387	850	PABLO FERNANDEZ LOPEZ	0:53:22	0:05:21	0:52:37	0:05:16	0:39:15		
388	2123	MIGUEL ANGEL ACOSTA ALCOBA	0:53:25	0:05:21	0:52:18	0:05:14	0:38:58		
389	921	VICTOR REGUEIRO GARCÍA	0:53:32	0:05:22	0:52:51	0:05:18	0:40:38		
390	1495	LUIGI DE RITIS	0:53:45	0:05:23	0:52:57	0:05:18	0:38:32		
391	413	ADÁN ALMENDÁREZ ROQUE	0:53:47	0:05:23	0:52:39	0:05:16	0:39:34		
392	1271	MIGUEL ÁNGEL IGLESIAS PELLICER	0:53:48	0:05:23	0:51:58	0:05:12	0:40:31		
393	2638	RODRIGO DOMINGUEZ BOUZO	0:53:50	0:05:23	0:52:09	0:05:13	0:40:04		
394	1012	DANIEL FERNÁNDEZ NÚÑEZ	0:53:51	0:05:24	0:52:24	0:05:15	0:39:31		
395	1080	GERMÁN ESTEVEZ MOSQUERA	0:53:52	0:05:24	0:53:08	0:05:19	0:40:06		
396	736	JUAN JOSÉ BLANCO RAMOS	0:53:55	0:05:24	0:53:06	0:05:19	0:39:32		
397	1104	IVÁN GÓMEZ VEGA	0:53:58	0:05:24	0:52:48	0:05:17	0:39:15		
398	992	CÉSAR GARCÍA CAMPAÑA	0:54:03	0:05:25	0:53:08	0:05:19	0:38:27		
399	2223	DAVID CORGO RIVEIRO	0:54:05	0:05:25	0:52:55	0:05:18	0:39:55		
400	2692	FRANCISCO JAVIER FERNÁNDEZ PÉREZ	0:54:11	0:05:26	0:53:15	0:05:20	0:39:25		
401	1206	JUAN JOSÉ BRAVO SÁNCHEZ	0:54:11	0:05:26	0:53:33	0:05:22	0:39:45		
402	2734	SERGIO NOGUEIRA MIÑAN	0:54:13	0:05:26	0:53:31	0:05:22	0:36:57		
403	1095	IGNACIO FONTENLA ABAD	0:54:16	0:05:26	0:53:59	0:05:24	0:38:45		
404	1091	HUGO IGLESIAS VIGIL	0:54:18	0:05:26	0:53:02	0:05:19	0:41:19		
405	1540	SLAVA	0:54:21	0:05:27	0:52:50	0:05:17	0:40:10		
406	1143	JORGE FREIRE SARANDESES	0:54:24	0:05:27	0:53:39	0:05:22	0:40:04		
407	417	ADRIAN RODRÍGUEZ CAMBÓN	0:54:26	0:05:27	0:53:06	0:05:19	0:40:54		
408	2627	FRANCISCO ESTEVEZ CID	0:54:27	0:05:27	0:53:40	0:05:22	0:42:36		
409	1004	DANIEL ROMEU VILAR	0:54:28	0:05:27	0:53:20	0:05:20	0:39:36		
410	2213	DANI LÓPEZ REY	0:54:29	0:05:27	0:53:20	0:05:20	0:39:36		
411	1038	DIEGO FERNÁNDEZ GARCÍA	0:54:31	0:05:28	0:53:20	0:05:20	0:39:39		
412	911	SERGIO ARES CHAO	0:54:33	0:05:28	0:53:08	0:05:19	0:40:33		
413	1286	PABLO MENDEZ CANDAME	0:54:33	0:05:28	0:53:18	0:05:20	0:40:18		
414	927	YAGO VAZQUEZ ALVAREZ	0:54:34	0:05:28	0:53:18	0:05:20	0:40:15		
415	2593	JOSE CARLOS FREIRE SALORIO	0:54:34	0:05:28	0:53:40	0:05:22	0:39:54		



416	1108	JAIME ALVAREZ GONZALEZ	0:54:37	0:05:28	0:53:40	0:05:22	0:39:52
417	1349	VICTOR FEIJOO SOUSA	0:54:42	0:05:29	0:54:01	0:05:25	0:40:05
418	1398	DAVID JOSE NACHON GARCIA	0:54:43	0:05:29	0:53:54	0:05:24	0:40:16
419	1344	SERGIO GABÍN VÁZQUEZ	0:54:50	0:05:29	0:54:28	0:05:27	0:39:51
420	1145	JORGE AKIRA GRAÑA LOIS	0:54:54	0:05:30	0:54:15	0:05:26	0:39:19
421	666	JORGE ARIJÓN FERNÁNDEZ	0:55:02	0:05:31	0:54:07	0:05:25	0:40:01
422	767	MANUEL VEIGA FIGUEROA	0:55:06	0:05:31	0:53:34	0:05:22	0:40:12
423	1397	DANIEL MATO ALDAO	0:55:08	0:05:31	0:54:34	0:05:28	0:40:41
424	2525	ALEKOS ROMERO BORREGO	0:55:10	0:05:31	0:54:11	0:05:26	0:40:28
425	1059	FELIPE SEOANE FERREIRO	0:55:10	0:05:31	0:54:54	0:05:30	0:39:01
426	623	JAIME ALONSO FERNÁNDEZ	0:55:15	0:05:32	0:53:59	0:05:24	0:40:17
427	2492	DANIEL VÁZQUEZ AÑEL	0:55:20	0:05:32	0:54:26	0:05:27	0:40:56
428	701	JOSE LUIS GONZALEZ TEMPRANO	0:55:24	0:05:33	0:54:25	0:05:27	0:41:02
429	1485	JACOBO SEIJO MOLINOS	0:55:27	0:05:33	0:53:26	0:05:21	0:41:14
430	1174	JOSE LUIS GONZALEZ MARTINEZ	0:55:30	0:05:33	0:54:56	0:05:30	0:40:18
431	665	JORGE SANCHEZ FERREIRO	0:55:45	0:05:35	0:54:29	0:05:27	0:41:34
432	570	FERNANDO MÍGUEZ FERNÁNDEZ	0:55:54	0:05:36	0:54:42	0:05:29	0:39:30
433	1077	FRANCISCO JOSE ROCHA GARCIA	0:55:56	0:05:36	0:54:26	0:05:27	0:41:12
434	481	BORJA DIAZ CARRO	0:55:58	0:05:36	0:54:33	0:05:28	0:41:07
435	1400	DIEGO SÁCHEZ GONZÁLEZ	0:55:58	0:05:36	0:55:07	0:05:31	0:39:42
436	1413	IAGO CASTRO MARCOTE	0:56:05	0:05:37	0:55:25	0:05:33	0:41:44
437	443	ALEJANDRO SANTOS SÁNCHEZ	0:56:17	0:05:38	0:54:21	0:05:27	0:42:05
438	1086	GONZALO BARCIA SESAR	0:56:21	0:05:39	0:55:20	0:05:32	0:39:54
439	2496	GONZALO BRANDÓN CASTRO	0:56:26	0:05:39	0:55:59	0:05:36	0:39:38
440	1010	DANIEL SANTOS LAMEIRO	0:56:29	0:05:39	0:54:48	0:05:29	0:41:11
441	638	JAVIER FERRERAS	0:56:30	0:05:39	0:55:32	0:05:34	0:40:20
442	1011	DANIEL LÓPEZ GARCÍA	0:56:33	0:05:40	0:56:04	0:05:37	0:41:48
443	993	CÉSAR CARRO	0:56:38	0:05:40	0:55:25	0:05:33	0:42:08
444	932	ADRIAN FERNADEZ CASAL	0:56:40	0:05:40	0:56:11	0:05:38	0:41:48
445	1281	OSCAR ISIDORO SAEZ PAZ	0:56:41	0:05:41	0:56:01	0:05:37	0:41:27
446	510	DAMIAN FERNANDEZ FERNANDEZ	0:56:49	0:05:41	0:55:39	0:05:34	0:42:59
447	1301	PEDRO GUILLERMO GALDO ANDRADE	0:56:50	0:05:41	0:56:13	0:05:38	0:40:43
448	1289	PABLO BUGALLO VILARIÑO	0:56:57	0:05:42	0:55:25	0:05:33	0:41:44
449	1098	IÑAKI FERNANDEZ BAS	0:56:59	0:05:42	0:56:35	0:05:40	0:41:21
450	1351	XENE CARREIRA GARCÍA	0:57:02	0:05:43	0:56:11	0:05:38	0:42:04
451	1323	ROBERTO CARBALLIDO SANDE	0:57:02	0:05:43	0:56:11	0:05:38	0:42:15
452	1402	ENRIQUE GONZÁLEZ PAREDES	0:57:04	0:05:43	0:55:48	0:05:35	0:42:35
453	524	DAVID SERRANO AMARELLE	0:57:07	0:05:43	0:55:35	0:05:34	0:41:49
454	1347	VICENTE GARCÍA ARROYO	0:57:14	0:05:44	0:56:14	0:05:38	0:41:45
455	624	JAIME PUIG-PEY GONZALEZ	0:57:19	0:05:44	0:56:03	0:05:37	0:42:35
456	2778	JOSÉ ANTONIO CONCHADO RODRÍGUEZ	0:57:27	0:05:45	0:55:57	0:05:36	0:42:01
457	2473	SERGIO LÓPEZ REY	0:57:27	0:05:45	0:55:41	0:05:35	0:41:59
458	521	DAVID IGLESIAS PENA	0:57:32	0:05:46	0:56:04	0:05:37	0:42:12
459	944	ALBERTO ZUBIAURRE RODRÍGUEZ	0:57:34	0:05:46	0:55:54	0:05:36	0:44:01
460	936	ADRIÁN LÓPEZ	0:57:36	0:05:46	0:56:41	0:05:41	0:40:34
461	288	ERNESTO SOBRINO MARFULL	0:57:42	0:05:47	0:57:04	0:05:43	0:41:52
462	1471	ALEJANDRO NOVO VILA	0:57:46	0:05:47	0:57:42	0:05:47	0:42:03
463	1103	IVÁN PALLEIRO PÉREZ	0:57:56	0:05:48	0:56:50	0:05:41	0:43:09
464	962	ANTÓN ZARRAONANDIA ANDRACA	0:57:58	0:05:48	0:56:17	0:05:38	0:41:40
465	935	ADRIÁN CASTRO VÁZQUEZ	0:58:01	0:05:49	0:56:55	0:05:42	0:43:09
466	1100	ISAAC MARTIN SASTRE	0:58:05	0:05:49	0:57:12	0:05:44	0:42:40
467	1209	JUAN MANUEL GÓMEZ CRESPO	0:58:08	0:05:49	0:56:13	0:05:38	0:42:05
468	998	DAMIAN RODRIGUEZ SANMARTIN	0:58:09	0:05:49	0:57:29	0:05:45	0:43:04
469	1217	LUCAS LÓPEZ PIÑEIRO	0:58:16	0:05:50	0:57:38	0:05:46	0:42:21
470	546	ENRIQUE SOLA SANCHEZ	0:58:19	0:05:50	0:56:25	0:05:39	0:43:08
471	2785	OSCAR PITA VIDAL	0:58:21	0:05:51	0:57:17	0:05:44	0:41:51
472	2501	JUAN DIEGO BERMEJO FERNANDEZ	0:58:23	0:05:51	0:57:03	0:05:43	0:43:19
473	473	ANTONIO ALEJANDRO MARTINEZ ZABALA	0:58:29	0:05:51	0:57:08	0:05:43	0:43:20
474	1033	DIEGO PORTO MARGARIDE	0:58:36	0:05:52	0:56:48	0:05:41	0:43:19
475	663	JORGE CHACON SOUTO	0:58:37	0:05:52	0:57:41	0:05:47	0:42:24
476	1426	JOSÉ ALEJANDRO CASTRO BOTELLO	0:58:38	0:05:52	0:57:58	0:05:48	0:42:51
477	532	DIEGO PORTO CALVO	0:58:45	0:05:53	0:57:26	0:05:45	0:43:20
478	1055	EUGENIO CARBAJALES TABOADA	0:59:02	0:05:55	0:58:30	0:05:51	0:43:04
479	959	ANGEL RODRIGUEZ NAVEIRO	0:59:17	0:05:56	0:57:31	0:05:46	0:44:16
480	1399	DIEGO AGUIÑO DOMINGUEZ	0:59:20	0:05:56	0:58:55	0:05:54	0:43:12

481	1442	LUIS COUREL REPISO	0:59:26	0:05:57	0:58:17	0:05:50	0:44:10			
482	205	ANDRÉS FLÓREZ PÉREZ	0:59:26	0:05:57	0:58:17	0:05:50	0:44:10	17268-G	ATLETISMO CORUÑA COMARCA	
483	233	JAVIER DOSIL CARPINTERO	0:59:43	0:05:59	0:59:33	0:05:58	0:43:14		GARRAPUCHO	
484	1462	RUBÉN PÉREZ POSA	0:59:46	0:05:59	0:57:54	0:05:48	0:45:12			
485	853	PABLO GOMEZ DE PAULI	0:59:58	0:06:00	0:58:03	0:05:49	0:45:46			
486	464	ANTONIO SUAREZ RODRIGUEZ	1:00:00	0:06:00	0:58:38	0:05:52	0:42:59			
487	947	ALEJANDRO MARTINEZ ZAS	1:00:04	0:06:01	0:58:12	0:05:50	0:44:29			
488	444	ALEJANDRO MONTERO SALINAS	1:00:07	0:06:01	0:58:43	0:05:53	0:45:07			
489	275	DAVID CASTRO GRAIÑO	1:00:19	0:06:02	0:59:29	0:05:57	0:44:53			
490	632	JAVIER AMADO BOUZA	1:00:29	0:06:03	0:59:06	0:05:55	0:43:48			
491	1464	VICTOR LORENZO	1:00:29	0:06:03	0:59:03	0:05:55	0:44:26			
492	2472	JAVIER YÁÑEZ LOURO	1:00:42	0:06:05	0:58:50	0:05:53	0:44:47			
493	1065	FERNANDO DE LOMBERA HERMIDA	1:00:46	0:06:05	0:59:02	0:05:55	0:44:48			
494	969	ARTURO DE LOMBERA HERMIDA	1:00:46	0:06:05	0:59:03	0:05:55	0:44:47			
495	2637	CARLOS GONZÁLEZ MAGDALENA	1:00:54	0:06:06	0:58:43	0:05:53	0:43:52			
496	1142	JORGE SAIZ MERINO	1:00:54	0:06:06	0:59:45	0:05:59	0:44:46			
497	568	FERNANDO DIAZ - PACHE GONZALEZ	1:00:55	0:06:06	0:59:45	0:05:59	0:44:45			
498	1267	MIGUEL ANGEL MERA JUAN	1:01:11	0:06:08	1:00:25	0:06:03	0:43:54			
499	414	ADRIAN QUEVEDO PEREZ	1:01:19	0:06:08	1:00:26	0:06:03	0:45:05			
500	906	SATIRO BRENLLA FAJÍN	1:01:36	0:06:10	1:00:18	0:06:02	0:45:02			
501	1294	PABLO SEOANE CANCELO	1:01:52	0:06:12	1:00:24	0:06:03	0:45:21			
502	1357	XURXO GOMEZ MOURIÑO	1:02:18	0:06:14	1:01:01	0:06:07	0:45:00			
503	505	CÉSAR FERREIRÓS LÓPEZ	1:02:23	0:06:15	1:01:58	0:06:12	0:44:32			
504	2646	DIEGO PALLA NOGUEIRA	1:02:34	0:06:16	1:01:37	0:06:10	0:45:16			
505	928	YAGO SANTOS MARTINEZ	1:02:59	0:06:18	1:02:02	0:06:13	0:47:39			
506	2452	CARLOS MALLEIRO ZORZANO	1:03:09	0:06:19	1:01:41	0:06:11	0:47:01			
507	1053	ENRIQUE VAZQUEZ RABUÑAL	1:03:52	0:06:24	1:02:40	0:06:16	0:48:00			
508	1124	JESUS MATO BOADO	1:04:09	0:06:25	1:02:17	0:06:14	0:46:45			
509	1039	DIEGO NOCEDA DAVILA	1:04:10	0:06:25	1:02:35	0:06:16	0:48:12			
510	1506	ROBERTO FERNÁNDEZ GARABATOS	1:04:18	0:06:26	1:02:40	0:06:16	0:46:45			
511	1453	OSCAR PASTOR MARTÍNEZ	1:04:20	0:06:26	1:03:08	0:06:19	0:47:28			
512	1027	DAVID MUIÑO REGUEIRO	1:04:23	0:06:27	1:02:32	0:06:16	0:47:51			
513	1028	DAVID ÁLVAREZ ALONSO	1:04:32	0:06:28	1:02:40	0:06:16	0:47:59			
514	1322	ROBERTO PONTE NOYA	1:04:48	0:06:29	1:03:32	0:06:22	0:45:48			
515	1405	FERNANDO DIAZ GESTAL	1:05:45	0:06:35	1:04:33	0:06:28	0:47:35			
516	1330	RUBÉN RODRÍGUEZ ZAS	1:05:46	0:06:35	1:04:34	0:06:28	0:49:09			
517	933	ADRIAN NOGUEIRA RODRIGUEZ	1:05:46	0:06:35	1:04:33	0:06:28	0:49:06			
518	2671	DAVID CONS COUSELO	1:05:55	0:06:36	1:04:10	0:06:25	0:48:54			
519	2581	ANXO BARREIRO ALLER	1:05:59	0:06:36	1:04:39	0:06:28	0:48:02			
520	778	MANUEL VARELA	1:06:04	0:06:37	1:04:43	0:06:29	0:48:37			
521	1252	MARCOS PEREIRO SANCHEZ	1:06:09	0:06:37	1:04:52	0:06:30	0:48:12			
522	1198	JUAN CARLOS DOMATO VERDÍA	1:06:14	0:06:38	1:04:43	0:06:29	0:49:17			
523	1042	DIEGO RICO LORENZO	1:06:15	0:06:38	1:04:24	0:06:27	0:47:59			
524	2549	SAMIR KAKISH MOYANO	1:06:18	0:06:38	1:05:56	0:06:36	0:47:40			
525	823	MIGUEL ANGEL POUSA RABINA	1:06:37	0:06:40	1:05:08	0:06:31	0:48:42			
526	1492	JOSE DIEGO CACERES MARTIN	1:07:45	0:06:47	1:06:40	0:06:40	0:49:08			
527	1300	PEDRO ANGEL MARTINEZ GRAÑA	1:08:19	0:06:50	1:06:43	0:06:41	0:50:20			
528	926	YAGO RODRÍGUEZ PENA	1:08:39	0:06:52	1:08:16	0:06:50	0:49:08			
529	601	HECTOR JIMENEZ LOPEZ	1:10:09	0:07:01	1:09:12	0:06:56	0:53:11			
530	221	RAFAEL PINELL CIENFUEGOS	1:10:34	0:07:04	1:09:54	0:07:00	0:51:42			
531	703	JOSE Mª GONZÁLEZ GIL	1:11:03	0:07:07	1:10:17	0:07:02	0:51:40			
532	750	JULIO MIGUEL CASTEDO LÓPEZ	1:11:07	0:07:07	1:08:56	0:06:54	0:50:54			
533	636	JAVIER IGLESIAS GONZÁLEZ	1:14:05	0:07:25	1:12:41	0:07:17	0:54:52			
534	1246	MARCO DELLE MONACHE	1:19:38	0:07:58	1:17:58	0:07:48	0:58:33		ITALIANA	

SNF	SENIOR F Inscritos:		105 Llegados		91						
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro	Ca:	Licencia	Club	Nacionalidad
	1	2	MARÍA YOLANDA GUTIÉRREZ ROBLES	0:35:57	0:03:36	0:35:57	0:03:36	0:26:08	GA - 19638	COMESAÑA SPORTING CLUB	
	2	4	MARÍA JESÚS GESTIDO RODRÍGUEZ	0:36:55	0:03:42	0:36:55	0:03:42	0:26:47	GA 10571	EAMJ FUERTEVENTURA	
	3	3	PATRICIA MENDES PEREIRA	0:38:01	0:03:49	0:38:01	0:03:49	0:27:35	GA - 19613	COMESAÑA SPORTIN PORTUGUESA	
	4	2001	PAULA MAYOBRE GONZÁLEZ	0:38:42	0:03:53	0:38:41	0:03:53	0:28:09	GA 15876	BIKILA	
	5	2016	EUSEBIA MALDONADO DE SUAREZ	0:43:04	0:04:19	0:42:59	0:04:18	0:31:15			
	6	1371	MARGARITA POSE LORENZO	0:44:22	0:04:27	0:44:04	0:04:25	0:32:02			
	7	2048	FELI LÓPEZ ARNAU	0:45:22	0:04:33	0:44:55	0:04:30	0:33:26			
	8	2014	LOLA BASCON OSUNA	0:45:36	0:04:34	0:45:24	0:04:33	0:33:25			

9	1361 CARLA MERAYO LÓPEZ	0:46:02	0:04:37	0:45:37	0:04:34	0:33:53	Ga 717304	ATLETISMO CORUÑA COMARCA
10	14 SOLEDAD FRIAS	0:46:44	0:04:41	0:46:14	0:04:38	0:34:22		
11	134 HANNAH KATHLEEN KITTS	0:47:03	0:04:43	0:46:45	0:04:41	0:34:20		INGLESA
12	2015 ROCIO ALVITE FERREIRO	0:47:48	0:04:47	0:47:32	0:04:46	0:34:27		
13	165 MARTA GONZALEZ FERMOSO	0:48:16	0:04:50	0:47:15	0:04:44	0:36:15		
14	125 CRISTINA SANTIAGO MARTÍNEZ	0:48:32	0:04:52	0:48:24	0:04:51	0:35:19		
15	2056 KARINA CALLON TREUS	0:48:36	0:04:52	0:47:35	0:04:46	0:35:51		
16	2058 IRIA SOTO IGLESIAS	0:49:22	0:04:57	0:48:14	0:04:50	0:36:25		
17	71 REBECA ABELLA JOSA	0:49:47	0:04:59	0:49:26	0:04:57	0:36:41		
18	131 ESTIBALIZ GARCIA GOMEZ	0:50:28	0:05:03	0:50:18	0:05:02	0:36:46		
19	2041 VIRGINIA POLO CAMPELLO	0:50:58	0:05:06	0:50:35	0:05:04	0:37:15		
20	7 SEILA BLANCO VARELA	0:51:02	0:05:07	0:51:00	0:05:06	0:37:07		
21	44 JENNY MUIÑO ORDOÑEZ	0:51:17	0:05:08	0:50:55	0:05:06	0:37:56		
22	94 ALBA LONGUEIRA GÓMEZ	0:53:08	0:05:19	0:52:07	0:05:13	0:39:06		
23	42 ISABEL DEL CANTO FERNÁNDEZ	0:53:49	0:05:23	0:52:37	0:05:16	0:39:22		
24	2065 EVA GARCIA COUNAGO	0:54:00	0:05:24	0:52:46	0:05:17	0:39:31		
25	25 ANA LEMA CARRIL	0:54:35	0:05:28	0:52:42	0:05:17	0:40:27		
26	140 IZASKUN GARCÍA SUÁREZ	0:54:54	0:05:30	0:53:16	0:05:20	0:41:03		
27	175 NOELIA SALIDO ANDRÉS	0:54:57	0:05:30	0:54:30	0:05:27	0:39:34		
28	182 RAQUEL SEBIO GARCÍA	0:55:47	0:05:35	0:55:03	0:05:31	0:40:49		
29	183 RAQUEL SANJURJO LÓPEZ	0:56:03	0:05:37	0:55:27	0:05:33	0:40:51		
30	117 CARMEN GARCIA SIERRA	0:56:14	0:05:38	0:54:57	0:05:30	0:41:49		
31	100 ANDREA PRADO ESPÍNEIRA	0:56:56	0:05:42	0:55:01	0:05:31	0:42:08		
32	192 SONIA CARBALLO FOLGUEIRA	0:57:15	0:05:44	0:56:01	0:05:37	0:43:03		
33	1375 TANIA LEIJA MUÑOZ	0:57:17	0:05:44	0:55:41	0:05:35	0:42:33		ESTADOS UNIDOS
34	21 AIDA RODRIGUEZ LOPEZ	0:57:19	0:05:44	0:56:05	0:05:37	0:42:35		
35	112 BOGNA MAZUR	0:57:19	0:05:44	0:56:33	0:05:40	0:41:57		POLACA
36	45 LAURA TABOADA VEIGA	0:57:32	0:05:46	0:56:46	0:05:41	0:43:08		
37	29 BEA ARES ARIAS	0:57:37	0:05:46	0:56:42	0:05:41	0:42:26		
38	26 ANABELLA BUSTO SCARDAMAGLIA	0:57:41	0:05:47	0:57:04	0:05:43	0:41:18		
39	59 MERITXELL CREIXELL RIGOL	0:57:42	0:05:47	0:57:04	0:05:43	0:41:52		
40	79 SABRINA RUMBO ROEL	0:58:12	0:05:50	0:56:49	0:05:41	0:43:37		
41	141 LAURA CAMIÑOS PÉREZ	0:58:32	0:05:52	0:57:40	0:05:46	0:43:25		
42	57 MARYEM SALI DUQUE	0:58:39	0:05:52	0:56:42	0:05:41	0:43:42		
43	177 NURIA GONZALEZ VIRULEG	0:58:47	0:05:53	0:58:10	0:05:49	0:42:45		
44	119 CLARA MARÍA GÓMEZ LAGO	0:59:02	0:05:55	0:58:30	0:05:51	0:43:05		
45	2063 ESTEFANÍA ARIAS CEDRÓN	0:59:33	0:05:58	0:58:48	0:05:53	0:43:32		
46	20 NADIA LELLIS TORTELLA GALIFI	0:59:43	0:05:59	0:59:33	0:05:58	0:43:14		GARRAPUCHO
47	36 ESTÍBALIZ VEIGA VEIGA	0:59:43	0:05:59	0:58:10	0:05:49	0:44:25		
48	197 VANESSA LODEIRO CORRAL	1:00:12	0:06:02	0:59:22	0:05:57	0:44:53		
49	77 ROSA BLANCO MAGDALENA	1:00:14	0:06:02	0:58:53	0:05:54	0:44:09		
50	169 MIRIAM SANCHEZ ALVAREZ	1:00:14	0:06:02	0:58:44	0:05:53	0:44:28		
51	199 YESICA LODEIRO CORRAL	1:00:19	0:06:02	0:59:29	0:05:57	0:44:54		
52	104 ARACELI CRUJEIRAS GONZÁLEZ	1:00:30	0:06:03	0:59:38	0:05:58	0:45:32		
53	82 SARA LIAÑO VIDAL	1:00:31	0:06:04	0:58:49	0:05:53	0:45:15		
54	1372 MARIA LAMAS PEREZ	1:00:43	0:06:05	0:59:59	0:06:00	0:44:21		
55	66 ORSOLYA VINCZE	1:00:43	0:06:05	1:00:00	0:06:00	0:44:22		HÚNGARA
56	147 MACARENA CASTRO PEREZ	1:00:59	0:06:06	1:00:02	0:06:01	0:44:18		
57	139 IRENE AÑON REGUEIRA	1:01:23	0:06:09	0:59:54	0:06:00	0:46:03		
58	2047 Jael BALBOA GARCIA	1:01:24	0:06:09	0:59:38	0:05:58	0:46:09		
59	174 NATALIA DOBARRIO CAMPOS	1:01:32	0:06:10	1:00:44	0:06:05	0:45:19		
60	155 MARIA PIÑEIRO CAAMAÑO	1:01:52	0:06:12	1:00:37	0:06:04	0:45:08		
61	39 GISELLE MONTERO SALINAS	1:02:20	0:06:14	1:00:56	0:06:06	0:46:25		
62	171 MONICA MEJUTO SOUTO	1:02:51	0:06:18	1:02:12	0:06:14	0:45:17		
63	114 CARMEN HERNANDEZ TUDA	1:02:57	0:06:18	1:01:16	0:06:08	0:46:46		
64	78 SABELA MARTINEZ FERNANDEZ	1:03:21	0:06:21	1:02:48	0:06:17	0:46:46		
65	24 ANA VARELA YAÑEZ	1:03:24	0:06:21	1:02:14	0:06:14	0:46:10		
66	32 BELÉN MONTENEGRO BORRÁS	1:03:25	0:06:21	1:02:14	0:06:14	0:46:10		
67	2024 MONICA ALARCON HERNANDEZ	1:03:28	0:06:21	1:02:50	0:06:17	0:47:19	AG764008	CLUB ATLETISMO SADA
68	156 MARIA ALONSO CASTRO	1:04:00	0:06:24	1:02:40	0:06:16	0:48:26		
69	1373 MARTA ORTIZ ANSEDE	1:04:17	0:06:26	1:02:39	0:06:16	0:46:45		
70	40 INMACULADA BORRAZAS ABELEIRA	1:04:25	0:06:27	1:03:03	0:06:19	0:47:37		
71	127 DIANA LOURIDO CRIBEIRO	1:04:30	0:06:27	1:03:01	0:06:19	0:47:38		
72	64 NATALIA ROCHA	1:04:39	0:06:28	1:04:02	0:06:25	0:46:09		
73	27 ANGELA SOUTO GONZALEZ	1:04:52	0:06:30	1:03:46	0:06:23	0:47:06		

74	2049 DOLORES REY DA SILVA	1:04:58	0:06:30	1:03:02	0:06:19	0:47:41			
75	92 YOLANDA RODRIGUEZ JARAZO	1:05:05	0:06:31	1:04:05	0:06:25	0:47:19			
76	18 AURA RADU	1:05:11	0:06:32	1:03:18	0:06:20	0:47:45	AG6764881	ATLETISMO RIAZOR (RUMANIA)	
77	196 TERESA YAÑEZ DÍAZ	1:05:22	0:06:33	1:04:50	0:06:29	0:48:01			
78	161 MARÍA JOSÉ PAZ JALLAS	1:05:24	0:06:33	1:03:54	0:06:24	0:48:31			
79	2037 SOLEDAD CAMACHO LOBATO	1:06:28	0:06:39	1:04:47	0:06:29	0:49:23			
80	34 ELIANE CRISTINA DRUMOND SILVA	1:06:36	0:06:40	1:05:16	0:06:32	0:49:29			
81	195 TANIA CANCELO REY	1:06:49	0:06:41	1:05:33	0:06:34	0:48:52			
82	49 MARÍA MADRUGA GARRIDO	1:07:01	0:06:43	1:05:36	0:06:34	0:49:02			
83	157 MARÍA SUÁREZ TABOADA	1:07:17	0:06:44	1:05:49	0:06:35	0:48:47			
84	23 ANA LEDESMA MURIEL	1:07:17	0:06:44	1:05:37	0:06:34	0:49:05			
85	38 EVA VARO ROMERO	1:07:19	0:06:44	1:05:30	0:06:33	0:49:16			
86	81 SARA VARO ROMERO	1:07:19	0:06:44	1:05:30	0:06:33	0:49:16			
87	2046 MARIA FIGUEROA NAVEIRA	1:07:21	0:06:45	1:05:25	0:06:33	0:49:15			
88	107 BEATRIZ PERMUY MARTÍNEZ	1:07:54	0:06:48	1:07:10	0:06:43	0:49:30			
89	188 ROSALÍA SEIJAS ARNEJO	1:08:02	0:06:49	1:06:33	0:06:40	0:49:51			
90	137 INES VALIÑO CALVIÑO	1:08:19	0:06:50	1:06:43	0:06:41	0:50:20			
91	185 ROCIO MARTINEZ VALE	1:09:43	0:06:59	1:08:02	0:06:49	0:50:40			

**VT1M**
**VETERAN Inscritos:**
**617 Llegados**
**556**

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro	Ca:	Licencia	Club	Nacionalidad
1	2120	JOSE ANTONIO RAMALLO REBOREDO	0:31:49	0:03:11	0:31:48	0:03:11	0:23:12	Ga-12398		SOCIEDAD GIMNÁSTICA PONTEVEDRA	
2	2111	ELÍAS SALVADOR DOMÍNGUEZ CABRAL	0:32:53	0:03:18	0:32:52	0:03:18	0:24:06	GA 716995		OURENSE ATL. ACADEMIA POSTAL	
3	2095	JAVIER TOURIS FORNOS	0:34:28	0:03:27	0:34:27	0:03:27	0:25:08	GA-20507		ATLETISMO CORUÑA COMARCA	
4	392	PABLO DIAZ MERA	0:34:34	0:03:28	0:34:22	0:03:27	0:25:21			CLUB ALEJANDRO GOMEZ	
5	2137	PEDRO TRABA CAAMAÑO	0:34:59	0:03:30	0:34:57	0:03:30	0:25:27				
6	1379	ANGEL PEDREIRA VIEIRO	0:35:07	0:03:31	0:35:05	0:03:31	0:25:32				
7	2119	ANGEL MACEIRAS LAGO	0:35:26	0:03:33	0:35:25	0:03:33	0:25:33	AG-763863		SAR-A POUTADA	
8	2077	NEMESIO LOPEZ FERNANDEZ	0:35:40	0:03:34	0:35:38	0:03:34	0:26:06	A-11126		ATLETISMO FONTES DO SAR	
9	2765	JOSE ANGEL LOPEZ VILLAR	0:35:48	0:03:35	0:35:48	0:03:35	0:25:52	GA19395		C.D.EGOVARROS-VIVEIRO	
10	2088	JUAN CARLOS CASAL PEREZ	0:35:58	0:03:36	0:35:57	0:03:36	0:26:08			CLUB ALEJANDRO GOMEZ	
11	214	JOSE MANUEL TEJEIRO VILA	0:36:01	0:03:37	0:35:59	0:03:36	0:26:11				
12	2132	JAVIER LUIS LOPEZ HORTAS	0:36:03	0:03:37	0:36:03	0:03:37	0:26:04				
13	202	FERNANDO SIEIRA RIOS	0:36:15	0:03:38	0:36:14	0:03:38	0:26:15	GA-19424		ATLETICA BARBANZA	
14	314	JORGE ALEJANDRO RUMBO ROEL	0:36:22	0:03:39	0:36:17	0:03:38	0:26:22				
15	2392	SANTIAGO GARCIA GONZALEZ	0:36:25	0:03:39	0:36:20	0:03:38	0:26:26	AG-763689		BURGAS ATLETISMO OURENSE	
16	2125	JOSE MANUEL PARDO LEIS	0:36:32	0:03:40	0:36:30	0:03:39	0:26:28				
17	2114	MANUEL LEIRACHA VALENTIN	0:36:40	0:03:40	0:36:37	0:03:40	0:26:39	GA-9597		RIA FERROL CONCEPCION ARENAL	
18	2071	MANUEL PRIETO DE LA IGLESIA	0:36:43	0:03:41	0:36:43	0:03:41	0:26:41	A8413		ATHLETICS TEAM KRONOS	
19	2172	ARTURO RAMOS FERROL	0:36:46	0:03:41	0:36:43	0:03:41	0:26:42	a-9509		ATLETISMO MILLADOIRO	
20	2202	JOSE MANUEL TEJEIRO IGLESIAS	0:36:54	0:03:42	0:36:52	0:03:42	0:26:48	AG-763589		RIA FERROL CONCEPCION ARENAL	
21	1412	GUILLERMO LÓPEZ HERNÁNDEZ	0:37:24	0:03:45	0:37:18	0:03:44	0:27:25				
22	2083	JOSE MANUEL PRIETO SOUTO	0:37:26	0:03:45	0:37:24	0:03:45	0:27:00			ATLETISMO RIAZOR CORUÑA	
23	2092	JESUS MARIA ALVAREZ RODRIGUEZ	0:37:27	0:03:45	0:37:26	0:03:45	0:27:29	GA17204		ATLETISMO CORUÑA COMARCA	
24	2441	JOSE MANUEL BOQUETE CASAS	0:37:36	0:03:46	0:37:33	0:03:46	0:27:14	AG764752		VERXEL NUTRICIÓN DEPORTIVA	
25	2313	FERNANDO MANUEL LÓPEZ DE LAS HERAS	0:37:46	0:03:47	0:37:40	0:03:46	0:27:17				
26	2139	JOSÉ MANUEL GONZÁLEZ CHARLÓN	0:37:46	0:03:47	0:37:45	0:03:47	0:27:45	A-10270		C. A. AS MARIÑAS	
27	2247	CESAR BARRIOS GONZALEZ	0:37:49	0:03:47	0:37:46	0:03:47	0:27:37				
28	2192	JOSÉ LUIS MARTÍNEZ VICENTE	0:37:51	0:03:48	0:37:48	0:03:47	0:27:42	AG764441		MARINEDA ATLETICO	
29	268	CONSTANTE LORENZO SANTOS	0:37:51	0:03:48	0:37:49	0:03:47	0:27:15				
30	2130	CARLOS DEZA RODRIGUEZ	0:37:57	0:03:48	0:37:54	0:03:48	0:27:42				
31	2371	MARCOS GROBA BARGIELA	0:38:10	0:03:49	0:38:07	0:03:49	0:27:29				
32	2135	JAVIER SEOANE PUGA	0:38:14	0:03:50	0:38:12	0:03:50	0:27:31				
33	2195	OSCAR VALLE LÓPEZ	0:38:16	0:03:50	0:38:06	0:03:49	0:28:02	AG 11136		NOITEBRA F.C.	
34	222	JOSE MANUEL GARCIA PAZ	0:38:16	0:03:50	0:38:12	0:03:50	0:27:53	A-10809		C. A. AS MARIÑAS	
35	2126	JAVIER RAMOS BOTANA	0:38:21	0:03:51	0:38:19	0:03:50	0:27:49				
36	2300	EDUARDO SEOANE SANTISO	0:38:27	0:03:51	0:38:23	0:03:51	0:27:57				
37	2369	PABLO GINÉS MAYOR	0:38:30	0:03:51	0:38:23	0:03:51	0:28:12				
38	2196	JOSE CARLOS BUJÁN OTERO	0:38:32	0:03:52	0:38:22	0:03:51	0:27:51	AG 11135		NOITEBRA F.C.	
39	2694	DIEGO VALLEJO FOLGUEIRA	0:38:36	0:03:52	0:38:32	0:03:52	0:28:09				
40	217	JOSE MANUEL LOPEZ VARELA	0:38:37	0:03:52	0:38:35	0:03:52	0:27:54				
41	2199	BENIGNO MONTEAGUDO SÁNCHEZ	0:38:44	0:03:53	0:38:41	0:03:53	0:28:05	GA-717053		RIA FERROL CONCEPCION ARENAL	
42	229	BYRON OREJUELA REINO	0:38:47	0:03:53	0:38:33	0:03:52	0:28:18	AG717325		ATLETISMO RIAZOR CORUÑA	
43	2189	JOSÉ DOMINGO SENDON RODRÍGUEZ	0:38:50	0:03:53	0:38:42	0:03:53	0:28:26	A-9922		ATLETISMO FONTES DO SAR	
44	2312	PABLO BARRIO VILAR	0:38:57	0:03:54	0:38:54	0:03:54	0:27:54				



45	301 HUGO RIVADULLA ABAD	0:38:59	0:03:54	0:38:41	0:03:53	0:28:22		
46	2079 IVÁN PABLO SANMARTÍN CARREIRA	0:39:04	0:03:55	0:39:02	0:03:55	0:28:08	AG8011	ATLETISMO MILLADOIRO
47	2753 ALBERTO CASTRO BLANCO	0:39:06	0:03:55	0:38:56	0:03:54	0:28:23		
48	1470 ALEJANDRO ALDAO LÓPEZ	0:39:09	0:03:55	0:38:41	0:03:53	0:28:57		
49	2349 JAVIER ARIAS DE LA VEGA	0:39:13	0:03:56	0:39:10	0:03:55	0:28:24		
50	304 IVAN RUBIO RUBIRA	0:39:18	0:03:56	0:39:11	0:03:56	0:28:23		
51	2347 JOSE ANTONIO ABUIN TREUS	0:39:23	0:03:57	0:39:13	0:03:56	0:28:38		
52	2141 FERNANDO NUÑEZ POL	0:39:25	0:03:57	0:39:16	0:03:56	0:28:48	Ga-17202	ATLETISMO CORUÑA COMARCA
53	2182 RUBEN VILA SIEIRA	0:39:28	0:03:57	0:39:25	0:03:57	0:28:15	A-7426	EGOVARROS - VIVEIRO
54	224 JOSÉ SANLES PIÑEIRO	0:39:29	0:03:57	0:39:24	0:03:57	0:28:52	GA-20265	ATLETICA BARBANZA
55	2439 ALBERTO VALIÑA MENDEZ	0:39:29	0:03:57	0:39:27	0:03:57	0:28:35	AG 763772	VERXEL NUTRICIÓN DEPORTIVA
56	1542 ALEJANDRO CARRIL BREA	0:39:33	0:03:58	0:39:30	0:03:57	0:28:44		
57	203 FRANCISCO JAVIER OLIVEIRA BOGA	0:39:35	0:03:58	0:39:34	0:03:58	0:28:36		ATLETISMO OLIVEIRA
58	2357 ROBERTO CAMAÑES LOPEZ	0:39:35	0:03:58	0:39:23	0:03:57	0:29:11		
59	2281 PABLO M. CARRO SUAREZ	0:39:41	0:03:59	0:39:27	0:03:57	0:29:11		
60	2261 DAVID NOVO MARTÍNEZ	0:39:52	0:04:00	0:39:42	0:03:59	0:29:20		
61	2374 PEDRO ESMORÍS GARCÍA	0:39:55	0:04:00	0:39:47	0:03:59	0:29:04		
62	2308 ALFREDO VILA VEIGA	0:39:58	0:04:00	0:39:53	0:04:00	0:29:22		
63	2091 FELIX QUINTANS MELENDEZ	0:40:00	0:04:00	0:39:59	0:04:00	0:29:14	AG765457	COMESAÑA SPORTING CLUB
64	247 ALBERTO FERNÁNDEZ MARTÍNEZ	0:40:01	0:04:01	0:39:55	0:04:00	0:28:55		
65	2272 HUGO BALSERA SANMIGUEL	0:40:02	0:04:01	0:39:55	0:04:00	0:29:10		
66	2231 DAVID GARCIA PEREZ	0:40:03	0:04:01	0:40:00	0:04:00	0:28:08		
67	2683 JOSE LUIS CARRAL GARCIA	0:40:03	0:04:01	0:39:59	0:04:00	0:29:11		
68	236 ISMAEL PICALLO RAMONDE	0:40:14	0:04:02	0:40:09	0:04:01	0:29:05	A-10913	RIA FERROL CONCEPCION ARENAL
69	2748 JAVIER SÁNCHEZ LÓPEZ	0:40:18	0:04:02	0:40:02	0:04:01	0:29:42	A8866	CLUB ALEJANDRO GOMEZ
70	2399 BENIGNO VARELA LOUREDA	0:40:20	0:04:02	0:40:12	0:04:02	0:29:15	AG764190	C.D.EGOVARROS-VIVEIRO
71	2232 PABLO MELLA SANCHEZ	0:40:23	0:04:03	0:40:15	0:04:02	0:29:43		
72	351 MARCELINO DOPICO RODRIGUEZ	0:40:25	0:04:03	0:40:21	0:04:03	0:29:21		
73	2749 SANTI CANICOBA	0:40:28	0:04:03	0:40:20	0:04:02	0:29:24	A-11123	ATLETISMO FONTES DO SAR
74	2280 ELOY MADERO ANTÓN	0:40:29	0:04:03	0:40:17	0:04:02	0:29:39		
75	2299 MIGUEL ANGEL VILLAR LÓPEZ	0:40:29	0:04:03	0:40:22	0:04:03	0:29:35		
76	2359 FRANCISCO J. REY PADIN	0:40:35	0:04:04	0:40:27	0:04:03	0:29:35		
77	2230 DIEGO CRUZ PENA	0:40:44	0:04:05	0:40:39	0:04:04	0:29:40		
78	2750 CHRISTIAN SANCHEZ OTERO	0:40:47	0:04:05	0:40:42	0:04:05	0:29:46		C.M XESTEIRAS
79	2235 ROBERTO VALE GARCIA	0:40:48	0:04:05	0:40:41	0:04:05	0:29:27		
80	1387 ROGELIO FERREIRA SÁNCHEZ	0:40:48	0:04:05	0:40:43	0:04:05	0:29:38		
81	289 FADY HOUT VARELA	0:40:55	0:04:06	0:40:49	0:04:05	0:29:40		
82	327 JOSE MANUEL PAJARO SALAGRE	0:40:56	0:04:06	0:40:51	0:04:06	0:29:42		
83	311 JORGE FELPETO RODRÍGUEZ	0:40:57	0:04:06	0:40:50	0:04:05	0:29:54		
84	298 GABRIEL CRESPO NAYA	0:40:58	0:04:06	0:40:52	0:04:06	0:29:27		
85	384 SIMON LOPEZ EIROA	0:41:01	0:04:07	0:40:58	0:04:06	0:29:55		
86	2578 ALBERTO CHAMORRO DIAZ	0:41:03	0:04:07	0:40:46	0:04:05	0:30:26		
87	269 DANIEL LEDO NEIRA	0:41:03	0:04:07	0:40:59	0:04:06	0:29:34		
88	252 ALVARO LOPEZ JACOME	0:41:04	0:04:07	0:40:54	0:04:06	0:30:04		
89	293 FRANCISCO GONZÁLEZ SÁNCHEZ	0:41:09	0:04:07	0:40:48	0:04:05	0:29:51		
90	2140 ALBERTO PARDO FERNANDEZ	0:41:10	0:04:07	0:41:04	0:04:07	0:29:48	A-10891	ATLETISMO CORUÑA COMARCA
91	938 ALBERTO SAAVEDRA MÉNDEZ	0:41:11	0:04:08	0:41:00	0:04:06	0:29:48		
92	339 JUAN CARLOS RAVIÑA	0:41:11	0:04:08	0:41:04	0:04:07	0:29:57		
93	966 ANTONIO ARMENTIA GALAN	0:41:12	0:04:08	0:40:57	0:04:06	0:29:57		
94	2142 JOSE FRANCISCO BLANCO FANDIÑO	0:41:19	0:04:08	0:41:13	0:04:08	0:30:20	A-10893	ATLETISMO CORUÑA COMARCA
95	1382 CARLOS DIAZ LOPEZ	0:41:22	0:04:09	0:41:17	0:04:08	0:30:21		
96	361 MIGUEL ANGEL ZAS MANEIRO	0:41:26	0:04:09	0:41:18	0:04:08	0:29:56		
97	2534 OSCAR DOPAZO DOPAZO	0:41:27	0:04:09	0:41:22	0:04:09	0:30:18		
98	2651 RAMON EUGENIO MOSQUERA SILVA	0:41:28	0:04:09	0:40:58	0:04:06	0:30:03		
99	2365 JOSE ALBERTO CASTELO SANCHEZ	0:41:29	0:04:09	0:41:26	0:04:09	0:29:55		
100	274 DAVID SOUTO SÁNCHEZ	0:41:35	0:04:10	0:41:28	0:04:09	0:29:56		
101	354 MARCOS ALVAREZ ALVES	0:41:36	0:04:10	0:41:30	0:04:09	0:30:15		
102	346 MANUEL RODRIGUEZ CASAL	0:41:37	0:04:10	0:41:26	0:04:09	0:30:18		
103	1380 ANTONIO JOSE CASTRO AREA	0:41:40	0:04:10	0:41:33	0:04:10	0:30:52		
104	290 FCO. JAVIER GARCIA PALLEIRO	0:41:42	0:04:11	0:41:24	0:04:09	0:30:28		
105	2283 LUIS VILASUSO PITA	0:41:46	0:04:11	0:41:31	0:04:10	0:30:25		
106	284 EDUARDO GRANDA FERNANDEZ	0:41:48	0:04:11	0:41:41	0:04:11	0:29:42		
107	1128 JESÚS PENSADO FIGUEIRAS	0:41:49	0:04:11	0:41:29	0:04:09	0:30:33		
108	2466 PABLO GARCÍA FREIRE	0:41:54	0:04:12	0:40:53	0:04:06	0:30:40		
109	2294 RAMIRO GONZALEZ GARCIA	0:42:00	0:04:12	0:41:51	0:04:12	0:30:18		

110	1523 ROMÁN REBANAL ALFAYA	0:42:01	0:04:13	0:41:48	0:04:11	0:30:39	77004414T	TRIATLÓN MOTOBIKE PONTEVEDRA
111	2151 MARCELINO RODRÍGUEZ GARRIDO	0:42:02	0:04:13	0:41:53	0:04:12	0:30:25	A-9946	ATLETISMO FONTES DO SAR
112	2242 ALBERTO FERNANDEZ MUÑIZ	0:42:04	0:04:13	0:41:52	0:04:12	0:30:48		
113	2544 CARLOS FERNANDEZ SANCHEZ	0:42:05	0:04:13	0:41:40	0:04:10	0:30:21		
114	343 JULIAN TOME CRESPO	0:42:05	0:04:13	0:42:02	0:04:13	0:30:24		
115	2267 JUAN JOSE GOMEZ CORTES	0:42:06	0:04:13	0:41:53	0:04:12	0:30:56		
116	2274 JOSÉ MANUEL ROCA RODRÍGUEZ	0:42:06	0:04:13	0:42:02	0:04:13	0:30:24		
117	353 MARCOS VIZOSO PEREZ	0:42:09	0:04:13	0:42:02	0:04:13	0:30:43		
118	2336 MARC PERRAMON BONIGNO	0:42:10	0:04:13	0:42:05	0:04:13	0:30:30		
119	978 BRUNO BERMUDEZ TAJES	0:42:10	0:04:13	0:41:56	0:04:12	0:30:41		
120	2292 CARLOS SANTOS MARTINEZ	0:42:15	0:04:14	0:42:11	0:04:14	0:30:38		
121	322 JOSE LUIS SANTISO FREIRE	0:42:22	0:04:15	0:42:18	0:04:14	0:30:42		
122	2218 J.CARLOS CASTRILLON CRESPO	0:42:27	0:04:15	0:42:21	0:04:15	0:30:43		
123	1088 GUILLERMO CRIADO CAO	0:42:29	0:04:15	0:41:42	0:04:11	0:31:38		
124	1225 LUIS HERMIDA REIMUNDEZ	0:42:31	0:04:16	0:41:54	0:04:12	0:31:12		
125	2372 ALBERTO ANTELO SÁNCHEZ	0:42:33	0:04:16	0:42:19	0:04:14	0:30:25		
126	2215 IVÁN DIÉGUEZ BALADRÓN	0:42:34	0:04:16	0:42:27	0:04:15	0:31:03		
127	749 JULIO MANUEL MANCEBO LOPEZ	0:42:36	0:04:16	0:41:49	0:04:11	0:31:26		
128	2779 JOSE MARIA GARCIA REGUEIRO	0:42:37	0:04:16	0:41:29	0:04:09	0:31:26		
129	2269 STOIL NIKOLOV NIKOLOV	0:42:41	0:04:17	0:42:28	0:04:15	0:31:15		
130	2352 XESUS MANUEL SEGAE CAROU	0:42:49	0:04:17	0:42:40	0:04:16	0:31:07		
131	2407 ALFONSO FERNANDEZ DOMINGUEZ	0:42:52	0:04:18	0:42:31	0:04:16	0:31:39		CLUB ALEJANDRO GOMEZ
132	2761 PABLO RODRIGUEZ ALVAREZ	0:42:53	0:04:18	0:42:48	0:04:17	0:31:00		
133	2273 JOSÉ MANUEL GUERRERO CASTILLO	0:42:54	0:04:18	0:42:41	0:04:17	0:30:36		
134	1337 SANTIAGO CARBALLO CHAPELA	0:42:55	0:04:18	0:42:11	0:04:14	0:32:00		
135	2368 ANTONIO CASTRO HERMIDA	0:42:57	0:04:18	0:42:39	0:04:16	0:31:25		
136	2258 JAVIER FIGUEROA RODRIGUEZ	0:42:58	0:04:18	0:42:53	0:04:18	0:31:07		
137	2304 ANGEL LORENZO SILVA	0:43:06	0:04:19	0:42:45	0:04:17	0:31:44		
138	1076 FRANCISCO JOSE MARTINEZ BLANCO	0:43:08	0:04:19	0:42:25	0:04:15	0:31:43		
139	2331 ROBERTO JOSE MENDEZ QUINDIMIL	0:43:09	0:04:19	0:42:48	0:04:17	0:31:37		
140	372 RAMÓN RODRÍGUEZ CASAL	0:43:10	0:04:19	0:42:53	0:04:18	0:31:34		
141	2163 PABLO DIAZ GAY	0:43:12	0:04:20	0:43:02	0:04:19	0:31:32	AG 10212	ATLETISMO MONTE SEGAE
142	2190 ROBERTO CID SANMARTIN	0:43:14	0:04:20	0:43:11	0:04:20	0:30:29	AG765082	MARINEDA ATLETICO
143	643 JESUS PEREDA FERNANDEZ	0:43:23	0:04:21	0:42:55	0:04:18	0:31:41		
144	345 LUIS SOLANO DIAZ DEL RIO	0:43:23	0:04:21	0:43:05	0:04:19	0:31:27		
145	2226 JOSE ANTONIO CASTRO LISTA	0:43:25	0:04:21	0:43:16	0:04:20	0:31:48		
146	2681 XABIER VARELA LOPEZ	0:43:31	0:04:22	0:43:19	0:04:20	0:31:26		
147	278 DAVID LOPEZ RIVAS	0:43:32	0:04:22	0:43:19	0:04:20	0:31:49		
148	2311 MANUEL LUGILDE RODRÍGUEZ	0:43:34	0:04:22	0:43:28	0:04:21	0:31:19		
149	2688 ANTONIO RODRÍGUEZ RODRÍGUEZ	0:43:45	0:04:23	0:43:30	0:04:21	0:31:40		
150	2416 PEDRO DOMENECH GONZÁLEZ	0:43:49	0:04:23	0:43:29	0:04:21	0:32:10	A-10553	ATLETISMO CORUÑA COMARCA
151	250 ALEX CORRAL IRIARTE	0:43:50	0:04:23	0:43:41	0:04:23	0:32:18		
152	2284 JOSE LUIS GRANDE GIL	0:43:57	0:04:24	0:42:56	0:04:18	0:32:47		
153	976 BRUNO GARCIA CERDEIRAS	0:43:57	0:04:24	0:43:08	0:04:19	0:32:14		
154	1486 JAVIER IGLESIAS FREIRE	0:44:03	0:04:25	0:43:28	0:04:21	0:32:14		
155	1545 DIEGO ISMAEL FRAGA SISO	0:44:03	0:04:25	0:43:46	0:04:23	0:32:16		
156	687 JOSÉ ENRIQUE EIROA MORÁS	0:44:06	0:04:25	0:43:45	0:04:23	0:32:40		
157	2406 EDUARDO REY QUINTELA	0:44:15	0:04:26	0:43:48	0:04:23	0:32:44		CLUB ALEJANDRO GOMEZ
158	2307 MIGUEL ANGEL GÓMEZ SENÍN	0:44:16	0:04:26	0:43:57	0:04:24	0:32:39		
159	795 MARCOS SÁNCHEZ RILO	0:44:19	0:04:26	0:43:53	0:04:24	0:32:27		
160	2268 MARCOS ORDÓÑEZ RODRÍGUEZ	0:44:24	0:04:27	0:44:07	0:04:25	0:32:16		
161	894 RUBEN MENENDEZ FERNANDEZ	0:44:24	0:04:27	0:43:44	0:04:23	0:32:15		
162	2517 IVAN VARELA BARREIRO	0:44:26	0:04:27	0:43:52	0:04:24	0:32:50		
163	2561 JUANJO ORTEGA ORTEGA	0:44:27	0:04:27	0:44:05	0:04:25	0:32:22		
164	2631 JOSE RAMON FERNANDEZ LOPEZ	0:44:31	0:04:28	0:44:19	0:04:26	0:31:48		
165	909 SENÉN BARRAL GOMEZ	0:44:35	0:04:28	0:44:21	0:04:27	0:32:08		
166	2524 FRANCISCO ROMERO PARADA	0:44:36	0:04:28	0:44:19	0:04:26	0:32:13		
167	658 JORGE GARCÍA ZAS	0:44:39	0:04:28	0:44:06	0:04:25	0:32:44		
168	811 MIGUEL FLORES LOJO	0:44:40	0:04:28	0:44:23	0:04:27	0:32:13		
169	265 CARLOS A. VÁZQUEZ CASTELEIRO	0:44:41	0:04:29	0:43:47	0:04:23	0:33:38		
170	842 PABLO GARCIA VAZQUEZ	0:44:42	0:04:29	0:44:21	0:04:27	0:32:43		
171	1384 FCO JAVIER GARCÍA BARREIRO	0:44:47	0:04:29	0:44:36	0:04:28	0:32:21		
172	2236 LUIS VALBUENA GARRIDO	0:44:49	0:04:29	0:44:34	0:04:28	0:32:28		
173	2640 JOSE SAMBADE CARREIRA	0:44:50	0:04:29	0:44:37	0:04:28	0:32:34		
174	1270 MIGUEL ANGEL DOMINGUEZ MARTINEZ	0:44:59	0:04:30	0:44:30	0:04:27	0:33:17		

175	2617	JESUS LOPEZ VALLADARES	0:45:01	0:04:31	0:43:59	0:04:24	0:33:07	
176	764	LUIS MIGUEL MARTIN PEREZ	0:45:07	0:04:31	0:44:54	0:04:30	0:32:41	
177	491	CARLOS CASÁS	0:45:09	0:04:31	0:44:38	0:04:28	0:33:06	
178	879	RICARDO POVEDA SANCHEZ	0:45:11	0:04:32	0:44:45	0:04:29	0:33:01	
179	908	SEGUNDO OVIEDO HERMIDA	0:45:13	0:04:32	0:44:54	0:04:30	0:32:58	
180	2324	RICARDO OTERO QUINTANA	0:45:14	0:04:32	0:45:02	0:04:31	0:32:22	
181	1463	SERGIO CASTELLANOS JIMENEZ	0:45:17	0:04:32	0:45:05	0:04:31	0:32:46	
182	857	PABLO M. TARRÍO GUIRAO	0:45:21	0:04:33	0:44:30	0:04:27	0:33:04	
183	2450	DANIEL PEREZ LOMBA	0:45:22	0:04:33	0:45:00	0:04:30	0:33:36	
184	461	ANTON GARCIA PEREZ	0:45:22	0:04:33	0:44:55	0:04:30	0:33:04	
185	2429	EDUARDO CERNADAS VAZQUEZ	0:45:23	0:04:33	0:45:02	0:04:31	0:33:49	AG-763590 RIA FERROL CONCEPCION ARENAL
186	1158	JOSE ANGEL MAZZARELLA COTON	0:45:25	0:04:33	0:44:22	0:04:27	0:33:21	
187	2563	JOSE CORTON GONZALEZ	0:45:25	0:04:33	0:44:57	0:04:30	0:32:42	
188	1036	DIEGO RIVAS OLIVEIRA	0:45:34	0:04:34	0:44:28	0:04:27	0:33:48	
189	2579	SANTIAGO GARCIA GARCIA	0:45:35	0:04:34	0:45:23	0:04:33	0:33:14	
190	2138	BENITO SANTANA GÓMEZ	0:45:39	0:04:34	0:45:30	0:04:33	0:33:15	A.D.FOGAR
191	2551	JOSE LUIS LOPEZ ALVAREZ	0:45:39	0:04:34	0:45:24	0:04:33	0:33:36	
192	537	DOMINGO PRADO TEJEIRO	0:45:41	0:04:35	0:45:21	0:04:33	0:32:42	
193	300	GUSTAVO SEXTO RIVAS	0:45:42	0:04:35	0:45:17	0:04:32	0:33:24	
194	540	EDUARDO RODRIGUEZ URTASUN	0:45:43	0:04:35	0:45:25	0:04:33	0:33:17	
195	1381	BORJA MUÑOZ PLAZA	0:45:47	0:04:35	0:44:45	0:04:29	0:33:30	
196	2636	MARCOS ALVAREZ PATIÑO	0:45:48	0:04:35	0:44:53	0:04:30	0:33:00	
197	471	ANTONIO GARCIA FENTE	0:45:50	0:04:35	0:44:47	0:04:29	0:33:32	
198	2783	LUIS MIGUEL LAVANDEIRA COTOS	0:45:55	0:04:36	0:44:12	0:04:26	0:34:37	
199	1089	GUSTAVO GARCIA SEIJO	0:46:04	0:04:37	0:45:42	0:04:35	0:33:22	
200	1245	MARCO GIÓN LÓPEZ	0:46:04	0:04:37	0:44:47	0:04:29	0:33:38	
201	713	JOSE MARIA LAGO NOCEDA	0:46:07	0:04:37	0:45:44	0:04:35	0:33:23	
202	2645	JUAN CASTRO PADIN	0:46:11	0:04:38	0:45:13	0:04:32	0:34:18	
203	1113	JAVIER TORRALBA DE LA FUENTE	0:46:13	0:04:38	0:45:14	0:04:32	0:34:30	
204	1052	ENRIQUE TELLADO NOGUEIRA	0:46:15	0:04:38	0:45:46	0:04:35	0:33:50	
205	2626	JAVIER BLANCO AQUINO	0:46:16	0:04:38	0:45:24	0:04:33	0:34:28	
206	2241	ALBERTO CARRO FERNÁNDEZ	0:46:17	0:04:38	0:45:53	0:04:36	0:34:00	
207	1129	JESUS JAVIER PRESEDO MARTINEZ	0:46:17	0:04:38	0:44:25	0:04:27	0:34:23	
208	2523	MANUEL ANGEL DIAZ FERNANDEZ	0:46:19	0:04:38	0:45:55	0:04:36	0:34:00	
209	1242	MANUEL TOMÁS LORENZO JUANES	0:46:23	0:04:39	0:46:06	0:04:37	0:33:30	
210	536	DIEGO PÉREZ DOPICO	0:46:24	0:04:39	0:46:16	0:04:38	0:33:19	
211	1527	FERNANDO SILVARREY REDONDO	0:46:24	0:04:39	0:45:25	0:04:33	0:34:14	
212	507	CLAUDINO OUTON TRILLO	0:46:24	0:04:39	0:46:04	0:04:37	0:33:16	
213	2305	ALVARO RIVAS ARES	0:46:25	0:04:39	0:46:09	0:04:37	0:33:41	
214	2566	DOMINGO FERREIRO DIAZ	0:46:27	0:04:39	0:46:08	0:04:37	0:33:41	
215	2470	RAÚL REY FIGUEIRA	0:46:29	0:04:39	0:45:57	0:04:36	0:33:57	
216	1060	FERNANDO MARTÍNEZ LÓPEZ	0:46:30	0:04:39	0:45:35	0:04:34	0:34:29	
217	445	ALFONSO DANS ALVAREZ DE SOTOMAYOR	0:46:33	0:04:40	0:45:57	0:04:36	0:33:52	
218	2598	LUIS ANDRÉS CASTRO ALMADA	0:46:36	0:04:40	0:45:43	0:04:35	0:34:30	
219	886	ROBERTO LOPEZ SOBRADO	0:46:39	0:04:40	0:45:37	0:04:34	0:35:00	
220	355	MARTIN CASTON ALONSO	0:46:39	0:04:40	0:46:21	0:04:39	0:33:12	
221	458	ÁNGEL FRANCISCO CARRERA TERRÓN	0:46:43	0:04:41	0:46:17	0:04:38	0:34:18	
222	583	FRANCISCO FERNANDEZ DE LA PRADILLA	0:46:46	0:04:41	0:46:07	0:04:37	0:34:33	
223	2521	MANUEL REDONDA INSUA	0:46:51	0:04:42	0:46:14	0:04:38	0:33:33	
224	2585	JOSÉ SAS GOLPE	0:46:54	0:04:42	0:46:17	0:04:38	0:34:00	
225	504	CÉSAR LAMAS SOTO	0:46:56	0:04:42	0:46:39	0:04:40	0:34:16	
226	554	FELIPE VAZQUEZ REY	0:46:58	0:04:42	0:46:42	0:04:41	0:34:01	
227	535	DIEGO GARCIA MELLA	0:46:59	0:04:42	0:46:04	0:04:37	0:34:39	
228	971	BENIGNO GARCIA BARREIRO	0:47:03	0:04:43	0:46:11	0:04:38	0:34:31	
229	525	DAVID MENDEZ VILARIÑO	0:47:04	0:04:43	0:45:27	0:04:33	0:34:50	
230	1199	JUAN DIEGO RODRIGUEZ FERNANDEZ	0:47:04	0:04:43	0:46:49	0:04:41	0:34:14	
231	2200	MIGUEL GONZÁLEZ-LLANOS RODRÍGUEZ RIVERA	0:47:05	0:04:43	0:46:27	0:04:39	0:34:51	A-10902 RIA FERROL CONCEPCION ARENAL
232	2782	LUIS ALBERTO MARTINEZ ARES	0:47:10	0:04:43	0:46:26	0:04:39	0:34:48	
233	245	ALBERTO DOPAZO HOLGADO	0:47:14	0:04:44	0:46:59	0:04:42	0:34:13	
234	629	JAVIER PLACER SANTOS	0:47:15	0:04:44	0:46:33	0:04:40	0:35:02	
235	352	MARCELO LANZA BEN	0:47:17	0:04:44	0:47:07	0:04:43	0:34:27	
236	2658	OSCAR BARALLOBRE EIROA	0:47:21	0:04:45	0:47:03	0:04:43	0:34:45	
237	596	GONZALO PRADO PICHEL	0:47:23	0:04:45	0:46:32	0:04:40	0:34:40	
238	1465	VICTOR TORRADO ARES	0:47:31	0:04:46	0:46:55	0:04:42	0:34:30	
239	2244	ROBERTO CARRACEDO FERNANDEZ	0:47:32	0:04:46	0:47:20	0:04:44	0:33:57	

240	792	MARCOS DOCAMPO FRAGA	0:47:36	0:04:46	0:47:06	0:04:43	0:35:08	
241	892	RODRIGO LISTE FAYA	0:47:37	0:04:46	0:46:47	0:04:41	0:35:12	
242	905	SANTIAGO GONZALEZ PRADO	0:47:42	0:04:47	0:47:13	0:04:44	0:34:24	
243	915	SERGIO DA SILVA MARIÑO	0:47:43	0:04:47	0:46:55	0:04:42	0:34:41	
244	1478	DIEGO TENREIRO PRADO	0:47:44	0:04:47	0:46:31	0:04:40	0:34:53	
245	1013	DANIEL ALBERTO ARROYO SÁNCHEZ	0:47:46	0:04:47	0:46:12	0:04:38	0:35:19	
246	2680	NACHO VÁZQUEZ RODRÍGUEZ	0:47:49	0:04:47	0:47:29	0:04:45	0:34:39	
247	520	DAVID PUENTE SAAVEDRA	0:47:51	0:04:48	0:47:19	0:04:44	0:35:12	
248	573	FRAN MARTINEZ GONZALEZ	0:47:53	0:04:48	0:47:11	0:04:44	0:35:26	
249	2519	JORGE BLANCO FERNANDEZ	0:48:02	0:04:49	0:47:38	0:04:46	0:34:26	
250	1268	MIGUEL ANGEL CARREIRA GARCIA	0:48:03	0:04:49	0:47:16	0:04:44	0:35:51	
251	2642	CARLOS RUIZ SEIJO	0:48:04	0:04:49	0:47:02	0:04:43	0:35:38	
252	2475	CARLOS TORRES LOPEZ	0:48:05	0:04:49	0:47:01	0:04:43	0:35:25	
253	1285	PABLO BELLO	0:48:06	0:04:49	0:47:02	0:04:43	0:35:50	
254	431	ALBERTO TOJO RODRIGUEZ	0:48:09	0:04:49	0:47:41	0:04:47	0:35:01	
255	2590	OSCAR LOPEZ ALBA	0:48:17	0:04:50	0:47:36	0:04:46	0:35:17	
256	1314	RAMÓN TENREIRO MONTERO	0:48:20	0:04:50	0:46:59	0:04:42	0:35:19	
257	729	JUAN CARLOS COSTA REY	0:48:20	0:04:50	0:47:38	0:04:46	0:35:14	
258	2497	ANGEL JUVIÑO PREGO	0:48:21	0:04:51	0:48:01	0:04:49	0:34:51	
259	617	JACOBO LÓPEZ ULLOA	0:48:23	0:04:51	0:47:44	0:04:47	0:35:17	
260	405	CELSO BLANCO GARCIA	0:48:29	0:04:51	0:48:08	0:04:49	0:35:24	
261	981	CAMILO AFONSO FERNANDEZ	0:48:29	0:04:51	0:48:05	0:04:49	0:35:35	
262	1396	CHISCO SANCHEZ ABRUÑEDO	0:48:35	0:04:52	0:48:19	0:04:50	0:35:34	
263	1221	LUIS MANTIÑAN GARCIA	0:48:37	0:04:52	0:48:03	0:04:49	0:35:40	
264	845	PABLO PEREDA FERNANDEZ	0:48:37	0:04:52	0:48:09	0:04:49	0:35:45	
265	1207	JUAN LUIS CHAO GOAS	0:48:38	0:04:52	0:48:08	0:04:49	0:35:17	
266	2559	OSCAR CORDERO	0:48:38	0:04:52	0:48:27	0:04:51	0:35:29	
267	2777	JOSÉ MOURELLE DÍAZ	0:48:39	0:04:52	0:48:15	0:04:50	0:34:59	
268	863	PEDRO A. GARCIA SANCHEZ	0:48:41	0:04:53	0:46:52	0:04:42	0:36:53	
269	1468	ALBERTO PENA SANTISO	0:48:41	0:04:53	0:48:02	0:04:49	0:35:41	CC RIAZOR
270	1391	ALFONSO CASTELO TEIJIDO	0:48:41	0:04:53	0:47:00	0:04:42	0:36:53	
271	793	MARCOS COUSILLAS VILLAVEVERDE	0:48:46	0:04:53	0:48:16	0:04:50	0:35:48	
272	697	JOSÉ JUAN LÓPEZ BECERRA	0:48:51	0:04:54	0:47:32	0:04:46	0:35:49	
273	1255	MARCOS MALLO RODRIGUEZ	0:48:52	0:04:54	0:48:15	0:04:50	0:35:50	
274	910	SERGIO QUINTANILLA MURILLAS	0:48:52	0:04:54	0:48:05	0:04:49	0:36:03	
275	2506	PABLO RODRÍGUEZ-LORASQUE VÁZQUEZ	0:48:55	0:04:54	0:47:51	0:04:48	0:35:30	
276	446	ALFONSO RODRÍGUEZ DONO	0:48:59	0:04:54	0:47:48	0:04:47	0:35:44	
277	419	AGUSTIN LEIS MARIÑO	0:49:00	0:04:54	0:48:13	0:04:50	0:35:35	
278	1175	JOSE LUIS LONGUEIRA RECOUSO	0:49:01	0:04:55	0:48:39	0:04:52	0:35:54	
279	858	PASCUAL ZULUAGA RODRIGUEZ	0:49:02	0:04:55	0:48:27	0:04:51	0:36:18	
280	1115	JAVIER BLANCO CONDE	0:49:03	0:04:55	0:48:18	0:04:50	0:35:50	
281	659	JORGE MOLINA SOMOZA	0:49:08	0:04:55	0:48:08	0:04:49	0:36:14	
282	594	GERARDO MAYO LAGE	0:49:08	0:04:55	0:48:37	0:04:52	0:35:51	
283	843	PABLO CUÑADO FERNÁNDEZ	0:49:12	0:04:56	0:48:45	0:04:53	0:35:48	
284	1171	JOSE LUIS FERNANDEZ GALLEGO	0:49:13	0:04:56	0:48:11	0:04:50	0:36:25	
285	738	JUAN MANUEL PEREZ PASANTES	0:49:14	0:04:56	0:47:52	0:04:48	0:36:39	
286	1392	ÁLVARO YÁÑEZ REGO	0:49:18	0:04:56	0:47:58	0:04:48	0:36:44	
287	1325	ROBERTO FUENTES LÓPEZ	0:49:31	0:04:58	0:49:02	0:04:55	0:34:38	
288	2698	FERNANDO SINES CRESPO	0:49:35	0:04:58	0:48:35	0:04:52	0:36:31	
289	1269	MIGUEL ANGEL BALUJA VILAR	0:49:36	0:04:58	0:48:50	0:04:53	0:36:46	
290	2474	JOSE LUIS GARCIA RODRIGUEZ	0:49:37	0:04:58	0:48:35	0:04:52	0:36:25	
291	607	IGNACIO RODRIGUEZ	0:49:37	0:04:58	0:48:57	0:04:54	0:36:24	
292	564	FERNANDO DÍAZ FRANCO	0:49:39	0:04:58	0:49:11	0:04:56	0:35:53	
293	872	RAMÓN CERNADAS VEIGA	0:49:40	0:04:58	0:48:56	0:04:54	0:37:04	
294	2603	ALFREDO SEIJAS SANMARTIN	0:49:42	0:04:59	0:48:37	0:04:52	0:36:11	
295	2686	PABLO JOSE PAZOS HERNANDEZ	0:49:44	0:04:59	0:48:53	0:04:54	0:36:38	
296	742	JUAN VIDAL PEREZ ALVAREZ	0:49:44	0:04:59	0:48:52	0:04:54	0:36:45	
297	2539	LUIS FERNANDEZ ESPADA	0:49:48	0:04:59	0:47:57	0:04:48	0:37:24	
298	542	ELOY FRANCISCO RUIZ FERNANDEZ	0:49:48	0:04:59	0:49:15	0:04:56	0:36:04	
299	2205	MARCELO RODRIGUEZ FILGUEIRAS	0:49:49	0:04:59	0:49:30	0:04:57	0:36:09	A-10661 RIALTO
300	489	CARLOS LODEIRO LÓPEZ	0:49:49	0:04:59	0:49:29	0:04:57	0:36:10	
301	2541	DIEGO DANS PÉREZ	0:49:50	0:04:59	0:48:28	0:04:51	0:36:31	
302	791	MARCOS ALCANTARA TENREIRO	0:49:52	0:05:00	0:49:03	0:04:55	0:36:34	
303	1156	JOSE ALBERTO RODRIGUEZ VARA	0:49:53	0:05:00	0:48:12	0:04:50	0:36:51	
304	611	IGNACIO SEOANE VIGO	0:49:54	0:05:00	0:48:00	0:04:48	0:36:06	



305	997 DAI KONDO	0:49:57	0:05:00	0:49:41	0:04:59	0:37:08	JAPONESA
306	1350 VÍCTOR LEDO LEMA	0:49:58	0:05:00	0:49:30	0:04:57	0:36:29	
307	1403 FELIPE DE LA VEGA GÁNDARAS	0:50:03	0:05:01	0:49:39	0:04:58	0:36:50	
308	2204 LUIS FERNANDEZ VIÑAS	0:50:05	0:05:01	0:49:45	0:04:59	0:36:24	RIALTO
309	358 MIGUEL ALONSO FERNANDEZ	0:50:07	0:05:01	0:49:59	0:05:00	0:36:15	
310	2732 FRANCISCO JAVIER SUAREZ BERMUDEZ	0:50:08	0:05:01	0:49:15	0:04:56	0:36:27	
311	2661 JAIME PRESAS BENEYTO	0:50:09	0:05:01	0:49:04	0:04:55	0:37:24	
312	929 YAGO CORONILLA	0:50:14	0:05:02	0:49:21	0:04:57	0:36:15	
313	576 FRANCISCO PÉREZ	0:50:15	0:05:02	0:49:38	0:04:58	0:36:40	
314	397 MOISES IGLESIAS AMENEIRO	0:50:15	0:05:02	0:49:30	0:04:57	0:36:37	A-11096 ATLETISMO FONTES DO SAR
315	1176 JOSÉ LUIS JIMÉNEZ AZORÍN	0:50:16	0:05:02	0:49:50	0:04:59	0:36:43	
316	2494 JOSE MANUEL SEIJO PEREZ	0:50:16	0:05:02	0:48:10	0:04:49	0:37:34	
317	1276 ORLANDO FERNÁNDEZ COTADO	0:50:19	0:05:02	0:49:10	0:04:55	0:37:06	
318	706 JOSE MANUEL GARCIA FERNANDEZ	0:50:21	0:05:03	0:49:31	0:04:58	0:37:07	
319	637 JAVIER AGUION SEOANE	0:50:25	0:05:03	0:48:46	0:04:53	0:37:14	
320	1160 JOSE ANTONIO VAAMONDE CARRO	0:50:28	0:05:03	0:48:58	0:04:54	0:37:42	
321	876 RAMÓN ÁNGEL GARCÍA DE LAS HERAS	0:50:35	0:05:04	0:48:28	0:04:51	0:37:10	
322	422 AITOR GOROZARRI DE MADARIAGA	0:50:36	0:05:04	0:49:19	0:04:56	0:37:19	
323	773 MANUEL HERRERO VERDURA	0:50:36	0:05:04	0:49:19	0:04:56	0:37:19	
324	1195 JUAN CABADO POU	0:50:37	0:05:04	0:49:40	0:04:58	0:36:57	
325	541 EDUARDO IGLESIAS PARDAL	0:50:40	0:05:04	0:49:50	0:04:59	0:37:39	
326	1074 FRANCISCO JAVIER DIAZ CALVO	0:50:40	0:05:04	0:49:41	0:04:59	0:36:58	
327	961 ANTÓN LÓPEZ MOSQUERA	0:50:42	0:05:05	0:50:10	0:05:01	0:36:36	
328	1106 JAIME LOPEZ PIÑEIRO	0:50:42	0:05:05	0:50:11	0:05:02	0:37:01	
329	428 ALBERTO GARCIA GARCIA	0:50:43	0:05:05	0:49:52	0:05:00	0:36:35	
330	731 JUAN CARLOS BERMEJO BARRO	0:50:45	0:05:05	0:49:26	0:04:57	0:37:30	
331	1016 DAVID VILLAGRA GARCIA	0:50:46	0:05:05	0:49:31	0:04:58	0:37:01	
332	2689 ENRIQUE PEÑA GONZÁLEZ	0:50:47	0:05:05	0:49:50	0:04:59	0:37:11	
333	1081 GONZALO VAZQUEZ VAZQUEZ	0:50:51	0:05:06	0:50:19	0:05:02	0:36:59	
334	2708 LUIS ANTONIO GARCIA LINARES	0:50:52	0:05:06	0:49:06	0:04:55	0:37:57	
335	1423 JAVIER VELAZQUEZ COUTO	0:50:52	0:05:06	0:49:52	0:05:00	0:38:21	
336	2391 FRANCISCO JAVIER SALGADO BADAS	0:50:52	0:05:06	0:49:07	0:04:55	0:37:53	AG-11168 AURUM / INDRA RUNNERS
337	2702 JAIME PONTE MARÍN	0:50:58	0:05:06	0:50:02	0:05:01	0:37:21	
338	1497 LUIS LOPEZ-RIOBO SALINAS	0:50:58	0:05:06	0:50:24	0:05:03	0:37:22	
339	762 LUIS ANGEL VILLAR ESMORIS	0:51:00	0:05:06	0:49:37	0:04:58	0:37:04	
340	359 MIGUEL MARTINEZ MARTINEA	0:51:05	0:05:07	0:49:43	0:04:59	0:37:58	
341	276 DAVID MONTOYA LANDETE	0:51:08	0:05:07	0:50:40	0:05:04	0:38:03	
342	1146 JORGE JUAN BARREIRO GONZALEZ	0:51:10	0:05:07	0:50:24	0:05:03	0:37:39	
343	1261 MIGUEL DELMAS COSTA	0:51:12	0:05:08	0:50:22	0:05:03	0:37:41	
344	410 VICTOR REY MARTINEZ	0:51:13	0:05:08	0:50:42	0:05:05	0:37:03	
345	1420 JAVIER FERNANDEZ RUIZ	0:51:15	0:05:08	0:50:04	0:05:01	0:37:37	
346	777 MANUEL DOLDAN ALONSO	0:51:16	0:05:08	0:50:15	0:05:02	0:37:56	
347	727 JUAN ANTONIO MARTINEZ CAYAZZO	0:51:18	0:05:08	0:50:17	0:05:02	0:37:44	
348	766 MANUEL ROMERO GARCIA	0:51:19	0:05:08	0:50:41	0:05:05	0:37:09	
349	591 GABY MELLA VECINO	0:51:20	0:05:08	0:50:18	0:05:02	0:38:00	
350	2571 JULIO TORREIRA LÓPEZ	0:51:20	0:05:08	0:50:13	0:05:02	0:38:06	
351	950 ALFONSO LOPEZ VAZQUEZ	0:51:23	0:05:09	0:49:15	0:04:56	0:38:13	
352	883 ROBERT BRUIJNZEELS	0:51:26	0:05:09	0:50:58	0:05:06	0:38:11	PAISES BAJOS
353	1003 DANIEL VAZQUEZ ROEL	0:51:28	0:05:09	0:50:51	0:05:06	0:37:09	
354	2181 SERGIO DEL ARCO MARQUIZ	0:51:30	0:05:09	0:51:21	0:05:09	0:36:59	ag/764424 CLUB RIAZOR CORUÑA
355	825 MIGUEL ANGEL HERVA LÓPEZ	0:51:33	0:05:10	0:50:11	0:05:02	0:37:32	
356	2554 DAVID ESCUDERO DANS	0:51:35	0:05:10	0:50:59	0:05:06	0:37:44	
357	717 JOSÉ RAMÓN LAGO CIVES	0:51:35	0:05:10	0:51:16	0:05:08	0:37:36	
358	2736 ANTONIO MANUEL ULLOA MENDEZ	0:51:41	0:05:11	0:50:21	0:05:03	0:38:23	
359	737 JUAN MANUEL FIORELLI DIEGUEZ	0:51:44	0:05:11	0:51:03	0:05:07	0:36:28	
360	267 CESAR GARCIA NUÑEZ	0:51:46	0:05:11	0:50:42	0:05:05	0:37:29	
361	2529 BASILIO GUIJARRO ARCA	0:51:50	0:05:11	0:50:26	0:05:03	0:38:42	
362	1393 ANDRES PEREZ ROUCO	0:51:50	0:05:11	0:50:29	0:05:03	0:38:34	
363	898 RUPER GARCÍA NEIRA	0:51:53	0:05:12	0:50:44	0:05:05	0:38:16	
364	699 JOSE LUIS ORNOSA AGRA	0:51:54	0:05:12	0:49:46	0:04:59	0:38:20	
365	986 CARLOS CASTRO RODRIGUEZ	0:51:55	0:05:12	0:51:33	0:05:10	0:37:16	
366	2787 RAMÓN LARREA MOURELLE	0:51:58	0:05:12	0:51:34	0:05:10	0:37:27	
367	657 JORGE CASCALES FERNÁNDEZ	0:51:58	0:05:12	0:50:46	0:05:05	0:37:54	
368	509 DAMIAN ABELLAN YEPES	0:52:05	0:05:13	0:50:55	0:05:06	0:38:06	
369	995 CHEMA LOPE-TOLEDO ARANGUREN	0:52:07	0:05:13	0:51:32	0:05:10	0:38:25	

370	2577	CARLOS PINACHO LASTRES	0:52:09	0:05:13	0:50:49	0:05:05	0:39:15		
371	1469	ALBERTO NOYA TORRADO	0:52:10	0:05:13	0:52:00	0:05:12	0:37:23		
372	1505	ROBERTO ROCA RODRIGUEZ	0:52:12	0:05:14	0:51:49	0:05:11	0:38:48		
373	847	PABLO PEREZ VAZQUEZ	0:52:13	0:05:14	0:51:50	0:05:11	0:38:48		
374	2712	ALFONSO VILAR CREGO	0:52:14	0:05:14	0:51:31	0:05:10	0:37:41		
375	722	JUAN REDONDO LÓPEZ	0:52:14	0:05:14	0:51:48	0:05:11	0:37:46		
376	2705	PABLO SECO TORRES	0:52:18	0:05:14	0:51:21	0:05:09	0:38:33		
377	1410	FRANCISCO JAVIER VICENTE COSTA	0:52:20	0:05:14	0:51:29	0:05:09	0:38:28		
378	844	PABLO RIFON LASTRA	0:52:22	0:05:15	0:51:37	0:05:10	0:38:30		
379	551	EUSEBIO LAGO CASTRO	0:52:25	0:05:15	0:51:39	0:05:10	0:38:05		
380	1302	PEDRO J MARCOS	0:52:27	0:05:15	0:50:54	0:05:06	0:38:53		
381	618	JACOBO COBIÁN	0:52:28	0:05:15	0:51:34	0:05:10	0:37:02		
382	499	CARLOS VILLARINO MOURE	0:52:33	0:05:16	0:51:53	0:05:12	0:37:17		
383	723	JUAN DE LA PEDRAJA SAAVEDRA	0:52:34	0:05:16	0:51:28	0:05:09	0:38:37		
384	1061	FERNANDO ARAMBILLET SALVADOR	0:52:34	0:05:16	0:51:14	0:05:08	0:38:36		
385	555	FELIPE VILARIÑO CUTRÍN	0:52:37	0:05:16	0:51:56	0:05:12	0:37:53		
386	912	SERGIO CEMBRANOS IGLESIAS	0:52:38	0:05:16	0:52:19	0:05:14	0:38:16		
387	1030	DAVID PEREZ	0:52:38	0:05:16	0:52:01	0:05:13	0:37:45	A-11099	
388	502	CARLOS MIGUEL MARTINEZ LEMA	0:52:39	0:05:16	0:51:48	0:05:11	0:39:08		
389	836	OSCAR VILARIÑO QUINTELA	0:52:40	0:05:16	0:50:51	0:05:06	0:38:59		
390	690	JOSE FRANCISCO BUÑO BARREIRO	0:52:41	0:05:17	0:51:00	0:05:06			
391	1450	OSCAR CASTELLANOS JIMENEZ	0:52:43	0:05:17	0:52:30	0:05:15	0:37:12		
392	2389	ANTONIO GUERREIRO PANTALEÓN	0:52:44	0:05:17	0:52:18	0:05:14	0:37:21	AG764613	ATLETISMO RIAZOR CORUÑA
393	2699	NESTOR ARIAS PAZ	0:52:48	0:05:17	0:52:07	0:05:13	0:38:01		
394	2430	MARCOS RODRIGUEZ SANCHEZ	0:52:51	0:05:18	0:52:35	0:05:16	0:37:12	A000000	RIALTO
395	645	JESUS VARELA VARELA	0:52:57	0:05:18	0:51:57	0:05:12	0:38:59		
396	1187	JOSÉ MANUEL MÉNDEZ CASAL	0:52:58	0:05:18	0:52:12	0:05:14	0:38:26		
397	774	MANUEL GONZALEZ ALVAREZ	0:53:01	0:05:19	0:52:20	0:05:14	0:39:24		
398	440	ALEJANDRO PEREZ GIANNETTO	0:53:03	0:05:19	0:52:10	0:05:13	0:38:35		
399	1002	DANIEL TORREIRO VIDAL	0:53:03	0:05:19	0:51:14	0:05:08	0:40:37		
400	2606	JUAN ALFREDO HERRERO EVIA	0:53:06	0:05:19	0:52:17	0:05:14	0:38:59		
401	2560	MANUEL ANGEL POSE CASTIÑEIRA	0:53:09	0:05:19	0:51:27	0:05:09	0:39:18		
402	712	JOSE MARIA MEJUTO SOUTO	0:53:10	0:05:19	0:52:30	0:05:15	0:39:03		
403	763	LUIS JOSE RAMOS RODRIGUEZ	0:53:10	0:05:19	0:52:32	0:05:16	0:39:03		
404	747	JULIO CAÑAS LARA	0:53:13	0:05:20	0:52:47	0:05:17	0:38:32		
405	614	IVAN JAVIER ROEL BARALLOBRE	0:53:14	0:05:20	0:52:10	0:05:13	0:38:57		
406	622	JAIME LOPEZ CAINZOS	0:53:19	0:05:20	0:52:50	0:05:17	0:37:53		
407	2444	SANTIAGO GARCÍA GONZALEZ	0:53:20	0:05:20	0:52:42	0:05:17	0:39:35		
408	937	ALBERTO GUZMÁN MARTÍN	0:53:27	0:05:21	0:52:54	0:05:18	0:38:50		
409	913	SERGIO COUTO WORNER	0:53:29	0:05:21	0:52:19	0:05:14	0:39:07		
410	728	JUAN CARLOS PALLEIRO MOSQUERA	0:53:34	0:05:22	0:52:47	0:05:17	0:39:49		
411	1018	DAVID QUEIRUGA DIAZ	0:53:37	0:05:22	0:53:16	0:05:20	0:39:06		
412	1102	IVAN IGLESIAS CANDAL	0:53:45	0:05:23	0:53:18	0:05:20	0:40:01		
413	673	JOSÉ PUGA GARCÍA-TIZÓN	0:53:48	0:05:23	0:52:29	0:05:15	0:38:57		
414	814	MIGUEL OGANDO SEDES	0:53:48	0:05:23	0:52:58	0:05:18	0:39:43		
415	433	ALBERTO PEREZ PARDIÑAS	0:53:50	0:05:23	0:52:55	0:05:18	0:39:47		
416	1334	SALVADOR JORGE MORA	0:53:51	0:05:24	0:53:20	0:05:20	0:39:03		
417	2448	OSCAR PATO LÓPEZ	0:53:52	0:05:24	0:51:59	0:05:12	0:39:39		
418	846	PABLO RILO RODRIGUEZ	0:53:58	0:05:24	0:52:44	0:05:17	0:40:22		
419	2595	CRHISTIAN PAIS LIMA	0:53:59	0:05:24	0:53:15	0:05:20	0:39:34		
420	734	JUAN DIEGO PEREZ FREIRE	0:54:00	0:05:24	0:53:12	0:05:20	0:38:00		
421	1308	RAMON RODRIGUEZ VARGAS	0:54:01	0:05:25	0:52:47	0:05:17	0:39:31		
422	1161	JOSE ANTONIO MARTINEZ MAZAGATOS	0:54:01	0:05:25	0:52:21	0:05:15	0:39:41		
423	2395	LUIS VALIÑO PARDO	0:54:07	0:05:25	0:53:32	0:05:22	0:39:02	AG-764422	ATLETISMO RIAZOR CORUÑA
424	1177	JOSÉ LUIS VÁZQUEZ PÉREZ-COLEMAN	0:54:08	0:05:25	0:53:27	0:05:21	0:39:43		
425	834	OSCAR COSTALAGO ASTRAY	0:54:14	0:05:26	0:52:33	0:05:16	0:38:56		
426	2378	MIGUEL GARCÍA VÁZQUEZ	0:54:15	0:05:26	0:52:42	0:05:17	0:40:38	A9022	CLUB ALEJANDRO GOMEZ
427	590	FRANCISCO JOSE PEREZ VIZOSO	0:54:16	0:05:26	0:53:21	0:05:21	0:39:25		
428	1297	PACO GARCIA DANS	0:54:19	0:05:26	0:53:38	0:05:22	0:39:47		
429	914	SERGIO NOGUEROL URRUTIA	0:54:21	0:05:27	0:52:31	0:05:16	0:41:09		
430	904	SANTIAGO MORAN AMIL	0:54:22	0:05:27	0:53:55	0:05:24	0:38:47		
431	1500	MARCOS CAO BOEDO	0:54:28	0:05:27	0:53:50	0:05:23	0:39:20		
432	2739	JUAN MANUEL CANO ACEVEDO	0:54:30	0:05:27	0:53:07	0:05:19	0:39:45		
433	2469	VICENTE SANMARTÍN VIGO	0:54:36	0:05:28	0:53:55	0:05:24	0:39:22		
434	2763	ROBERTO CARLOS RAMILO CARBALLIDO	0:54:37	0:05:28	0:52:48	0:05:17	0:42:08		

435	746	JULIO TRAVESO NEIRA	0:54:40	0:05:28	0:52:51	0:05:18	0:41:10	
436	2731	XABIER RODRIGUEZ SOTO	0:54:40	0:05:28	0:53:39	0:05:22	0:39:26	
437	1204	JUAN JOSE VARELA BARBEITO	0:54:48	0:05:29	0:53:50	0:05:23	0:39:19	
438	1035	DIEGO BRANDIDO FERNANDEZ	0:54:48	0:05:29	0:53:50	0:05:23	0:39:20	
439	1075	FRANCISCO JAVIER SAAVEDRA PITA	0:54:54	0:05:30	0:53:16	0:05:20	0:41:03	
440	1213	JULIO J. NUÑEZ LOPEZ	0:54:56	0:05:30	0:53:50	0:05:23	0:40:07	
441	867	RAFAEL RÍO RODRÍGUEZ	0:54:57	0:05:30	0:53:39	0:05:22	0:39:36	
442	925	YAGO BARROS	0:55:00	0:05:30	0:54:26	0:05:27	0:39:35	
443	761	LUIS ALBERTO LÓPEZ VIDAL	0:55:01	0:05:31	0:54:26	0:05:27	0:39:35	
444	1134	JOAQUÍN PRADOS GÓMEZ	0:55:01	0:05:31	0:53:56	0:05:24	0:39:51	
445	788	MARCELINO LAMELAS INSUA	0:55:02	0:05:31	0:54:13	0:05:26	0:39:40	
446	2377	JAVIER PARDO GOMEZ	0:55:03	0:05:31	0:54:35	0:05:28	0:39:16	CLUB ALEJANDRO GOMEZ
447	1151	JOSE PEDREIRA GARCIA	0:55:04	0:05:31	0:53:24	0:05:21	0:40:30	
448	1000	DANIEL ALVAREZ CARBALLEIRA	0:55:06	0:05:31	0:53:19	0:05:20	0:41:24	
449	662	JORGE ALVAREZ LOPEZ	0:55:06	0:05:31	0:54:38	0:05:28	0:40:10	
450	1179	JOSE MANUEL RAMA	0:55:08	0:05:31	0:54:34	0:05:28	0:40:42	
451	426	ALBERTO GARCIA CASÁS	0:55:20	0:05:32	0:54:51	0:05:30	0:40:35	
452	800	MARIANO RAMIREZ FERNANDEZ	0:55:20	0:05:32	0:53:21	0:05:21	0:39:20	
453	664	JORGE DE LA FUENTE RAMON	0:55:21	0:05:33	0:53:57	0:05:24	0:41:17	
454	2725	NESTOR TOREA MOLEDO	0:55:21	0:05:33	0:53:58	0:05:24	0:41:18	
455	1406	FERNANDO VALERIO BARRIO	0:55:24	0:05:33	0:54:49	0:05:29	0:40:41	
456	2478	CARLOS MUÑOZ LAGARÓN	0:55:26	0:05:33	0:54:21	0:05:27	0:41:02	
457	626	JAIRO ALDANA ALBORÉS	0:55:51	0:05:36	0:54:52	0:05:30	0:40:45	
458	255	ANTONIO CARRO MARIÑO	0:55:54	0:05:36	0:55:12	0:05:32	0:39:03	
459	479	BENITO BLANCO PEQUEÑO	0:56:08	0:05:37	0:54:53	0:05:30	0:40:50	
460	745	JULIO LEMA IGLESIAS	0:56:09	0:05:37	0:54:02	0:05:25	0:40:27	
461	1482	FRANCISCO DIAZ CABIDO	0:56:10	0:05:37	0:54:41	0:05:29	0:40:47	
462	656	JORGE ALVAREZ CARBALLEIRA	0:56:12	0:05:38	0:54:25	0:05:27	0:41:24	
463	2507	JAVIER SAL	0:56:13	0:05:38	0:55:08	0:05:31	0:41:02	
464	2508	JOSE LOPEZ GAVIN	0:56:22	0:05:39	0:55:51	0:05:36	0:42:12	
465	1346	TOMAS TUBIO PIÑEIRO	0:56:22	0:05:39	0:55:57	0:05:36	0:40:24	
466	688	JOSÉ ERNESTO LEMA VIDAL	0:56:24	0:05:39	0:55:28	0:05:33	0:41:35	
467	2608	CARLOS FANDIÑO ASENSIO	0:56:24	0:05:39	0:55:29	0:05:33	0:41:35	
468	1421	JAVIER LORENZO CASTRO	0:56:25	0:05:39	0:55:18	0:05:32	0:42:07	
469	2535	ÓSCAR CIUDAD CENDÁN	0:56:32	0:05:40	0:54:40	0:05:28	0:41:50	
470	437	ALEJANDRO PERMUY FANDIÑO	0:56:36	0:05:40	0:55:40	0:05:34	0:41:30	
471	1278	OSCAR GARRIDO FRAGA	0:56:41	0:05:41	0:56:19	0:05:38	0:40:09	
472	1336	SANTIAGO LAGO DÍAZ	0:56:43	0:05:41	0:56:06	0:05:37	0:41:01	
473	1498	LUIS ALBERTO LOPEZ MALDONADO	0:56:49	0:05:41	0:54:59	0:05:30	0:41:42	
474	743	JUANCHO ALMARZA ESPARZA	0:56:51	0:05:42	0:55:44	0:05:35	0:41:33	
475	1456	RAFAEL PENA FERNANDEZ	0:56:52	0:05:42	0:55:38	0:05:34	0:41:52	
476	941	ALBERTO CAMPOS COUSELO	0:56:53	0:05:42	0:56:00	0:05:36	0:41:04	
477	642	JESUS SANDE VEIGA	0:56:54	0:05:42	0:56:08	0:05:37	0:40:37	
478	724	JUAN LAMAS BELLO	0:56:56	0:05:42	0:55:52	0:05:36	0:41:08	
479	408	VÍCTOR HUGO CONDE LÓPEZ	0:56:57	0:05:42	0:56:45	0:05:41	0:40:55	
480	592	GERARDO HERNANDEZ MENDEZ	0:57:00	0:05:42	0:56:04	0:05:37	0:42:04	
481	1531	MANUEL MOLEDO NOYA	0:57:01	0:05:43	0:56:00	0:05:36	0:41:17	
482	615	J ANTONIO DEL RIO MUIÑO	0:57:09	0:05:43	0:55:58	0:05:36	0:41:39	
483	751	LUCAS MARTÍNEZ CORA	0:57:12	0:05:44	0:56:37	0:05:40	0:41:42	
484	1058	FELIPE FUERTE GARCIA	0:57:13	0:05:44	0:55:58	0:05:36	0:43:02	
485	2634	ANGEL MANUEL MIGUENS VAZQUEZ	0:57:16	0:05:44	0:55:28	0:05:33	0:41:11	
486	407	MANUEL FERNANDEZ VARELA	0:57:17	0:05:44	0:56:56	0:05:42	0:41:07	
487	627	JAVIER BLANCO CLEMENTE	0:57:19	0:05:44	0:56:32	0:05:40	0:42:23	
488	432	ALBERTO MANTIÑÁN PERNAS	0:57:28	0:05:45	0:55:41	0:05:35	0:42:18	
489	1248	MARCOS NÚÑEZ REGUEIRA	0:57:46	0:05:47	0:56:32	0:05:40	0:42:07	
490	1051	ENRIQUE ROMERO BARREIRO	0:57:50	0:05:47	0:57:12	0:05:44	0:41:00	
491	837	OSCAR JAVIER OLCINA SALINAS	0:57:52	0:05:48	0:56:35	0:05:40	0:42:21	
492	1223	LUIS LOPEZ SERANTES	0:57:52	0:05:48	0:57:09	0:05:43	0:42:17	
493	1001	DANIEL VIDAL VICENTE	0:57:52	0:05:48	0:57:09	0:05:43	0:42:18	
494	987	CARLOS MARTÍNEZ ZAS	0:57:53	0:05:48	0:56:02	0:05:37	0:43:40	
495	1419	JAVIER MIRA	0:58:02	0:05:49	0:56:44	0:05:41	0:41:50	
496	2596	FRANCISCO FERNANDEZ-PEITEADO FERNANDEZ	0:58:03	0:05:49	0:56:49	0:05:41	0:42:06	
497	856	PABLO PIÑON ESTEBAN	0:58:10	0:05:49	0:56:37	0:05:40	0:42:11	
498	565	FERNANDO VILA SANTOS	0:58:11	0:05:50	0:56:22	0:05:39	0:44:11	
499	2489	ARTURO BERMÚDEZ GARCÍA	0:58:11	0:05:50	0:56:25	0:05:39	0:43:48	

500	2641	CARLOS ARMENTEROS LEÓN	0:58:12	0:05:50	0:57:07	0:05:43	0:41:51		
501	248	ALBERTO POUSADA DUARTE	0:58:19	0:05:50	0:56:25	0:05:39	0:43:07		
502	1062	FERNANDO GRANELL ABAD	0:58:24	0:05:51	0:58:04	0:05:49	0:41:18		
503	1342	SERGIO PAZOS GARRIDO	0:58:47	0:05:53	0:56:50	0:05:41	0:44:07		
504	438	ALEJANDRO SUÁREZ GARCÍA	0:58:53	0:05:54	0:56:51	0:05:42	0:42:50		
505	674	JOSE A VESTEIRO RIVAS	0:58:54	0:05:54	0:57:12	0:05:44	0:43:57		
506	780	MANUEL LOPEZ PETINAL	0:59:07	0:05:55	0:57:24	0:05:45	0:43:58		
507	1017	DAVID ALFONSÍN LAREO	0:59:16	0:05:56	0:58:27	0:05:51	0:43:09		
508	1236	MANUEL ÁLVAREZ-CIENFUEGOS GODAY	0:59:23	0:05:57	0:58:06	0:05:49	0:43:58		
509	1234	MANUEL CORTIZO GARCÍA	0:59:32	0:05:58	0:57:55	0:05:48	0:43:52		
510	1329	RUBÉN BARROS FERNÁNDEZ	0:59:34	0:05:58	0:58:38	0:05:52	0:43:44		
511	2719	JUAN CARLOS GANTES LESTA	0:59:35	0:05:58	0:58:05	0:05:49	0:44:07		
512	1335	SALVADOR SOUTO SÁNCHEZ	1:00:04	0:06:01	0:58:12	0:05:50	0:45:13		
513	1253	MARCOS FERNANDEZ MARTINEZ	1:00:05	0:06:01	0:59:14	0:05:56	0:43:10		
514	1409	FRANCISCO FRAGA VEIGA	1:00:06	0:06:01	0:58:05	0:05:49	0:44:51		
515	2574	VÍCTOR SIERRA FERREIRO	1:00:19	0:06:02	0:59:16	0:05:56	0:43:31		
516	2511	FERNANDO MOURIÑO VARELA	1:00:29	0:06:03	0:59:37	0:05:58	0:44:37		
517	1250	MARCOS ALVAREZ VAZQUEZ	1:00:32	0:06:04	1:00:02	0:06:01	0:43:25		
518	1235	MANUEL MIRAMONTES MENDEZ	1:00:52	0:06:06	0:59:07	0:05:55	0:43:48		
519	2678	DIEGO RAÑA BOUZA	1:00:53	0:06:06	0:58:50	0:05:53	0:45:31		
520	1019	DAVID SEISDEDOS HERMO	1:00:54	0:06:06	0:59:43	0:05:59	0:44:49		
521	900	SAMUEL MENDEZ CAABEIRO	1:00:54	0:06:06	0:59:44	0:05:59	0:44:50		
522	2388	JAVIER PRIETO SOUTO	1:01:01	0:06:07	0:59:15	0:05:56	0:43:28	ag 764063	ATLETISMO RIAZOR CORUÑA
523	1530	JUAN PEDRO BARCO SANCHEZ	1:01:06	0:06:07	1:00:04	0:06:01	0:43:51		
524	1394	CARLOS LÓPEZ IGLESIAS	1:01:07	0:06:07	0:59:37	0:05:58	0:44:59		
525	424	ALBERTO BUGALLO VAZQUEZ	1:01:25	0:06:09	1:00:20	0:06:02	0:44:22		
526	1021	DAVID FERRO NOVOA	1:01:45	0:06:11	1:00:48	0:06:05	0:45:54		
527	1020	DAVID PIÑEIRO GONZÁLEZ	1:01:45	0:06:11	1:00:49	0:06:05	0:45:54		
528	679	JOSE ANTONIO GARCÍA PORTA	1:01:49	0:06:11	1:01:05	0:06:07	0:45:55		
529	1107	JAIME PLATAS GARCIA	1:01:49	0:06:11	1:00:17	0:06:02	0:47:42		
530	2691	JUAN NAVARRO MOLINELLI	1:02:20	0:06:14	1:01:01	0:06:07	0:45:56		
531	772	MANUEL FERNANDEZ SOUTO	1:02:40	0:06:16	1:02:17	0:06:14	0:47:35		
532	563	FERNANDO MARTÍNEZ MONTERO	1:02:49	0:06:17	1:01:58	0:06:12	0:44:36		
533	922	XABIER CHAO GARCIA	1:02:55	0:06:18	1:01:01	0:06:07	0:45:11		
534	1208	JUAN MANUEL AGRAS PRIETO	1:03:16	0:06:20	1:01:38	0:06:10	0:46:45		
535	514	DANIEL CIUDAD CENDÁN	1:03:16	0:06:20	1:01:34	0:06:10	0:47:03		
536	849	PABLO COBAS SANDE	1:03:31	0:06:22	1:01:50	0:06:11	0:45:54		
537	2564	MIGUEL CASTRO DE LA FUENTE	1:03:50	0:06:23	1:02:06	0:06:13	0:46:44		
538	1251	MARCOS RODRIGUEZ ARMADA	1:03:52	0:06:24	1:02:07	0:06:13	0:46:47		
539	1430	JOSE MANUEL MIRAD VAZQUEZ	1:04:51	0:06:30	1:03:43	0:06:23	0:48:51		
540	1459	ROBERTO VARELA NAVEIRA	1:05:35	0:06:34	1:03:52	0:06:24	0:47:51		
541	1125	JESUS BARRAL DIEZ	1:06:00	0:06:36	1:04:10	0:06:25	0:45:40		
542	1305	RAFAEL SERRANO HERNANDEZ	1:07:55	0:06:48	1:06:45	0:06:41	0:50:02		
543	1358	YAGO BAZ VICENTE	1:08:08	0:06:49	1:06:59	0:06:42	0:50:29		
544	946	ALBERTO JULIO ROLDAN ENCINA	1:08:24	0:06:51	1:06:34	0:06:40	0:50:49		
545	1452	OSCAR NARANJO BEDOYA	1:08:24	0:06:51	1:06:35	0:06:40	0:50:48		
546	517	DARIO HERNANDEZ BALLADARES	1:08:38	0:06:52	1:06:53	0:06:42	0:47:51		
547	2417	XOÁN AREA SANTOS	1:08:39	0:06:52	1:06:53	0:06:42	0:51:06	AG-763624	CLUB MARINEDA ATLÉTICO
548	2488	JUAN FERNÁNDEZ GONZÁLEZ	1:08:39	0:06:52	1:06:53	0:06:42	0:49:46		
549	1504	ROBERTO PICOS FONTICOBA	1:08:43	0:06:53	1:06:43	0:06:41	0:51:21		
550	1428	JOSÉ ANTONIO RODRÍGUEZ LEGARRETA	1:09:51	0:07:00	1:08:20	0:06:50	0:49:37		
551	805	MARTIN LEONARDO MARIÑO ROO	1:09:59	0:07:00	1:08:11	0:06:50	0:51:19		
552	538	DOMINGO JOSE GOMEZ FREIRE	1:09:59	0:07:00	1:09:01	0:06:55	0:50:05		
553	1233	MANUEL BUSTABAD ALONSO	1:10:26	0:07:03	1:09:23	0:06:57	0:50:59		
554	1078	FREDI NÚÑEZ	1:10:30	0:07:03	1:08:52	0:06:54	0:52:32		
555	803	MARTIN GARAZA CARNEIRO	1:13:07	0:07:19	1:11:36	0:07:10	0:53:25		
556	646	JESÚS FERNÁNDEZ DIEZ	1:13:18	0:07:20	1:12:26	0:07:15	0:53:12		

**VT1F VETERAN Inscritos:**
**85 Llegados**
**72**

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro Cas	Licencia	Club	Nacionalidad
	1	67 PATRICIA ALDAO VARELA	0:44:35	0:04:28	0:44:22	0:04:27	0:32:08			
	2	160 MARIA JESUS BODELON GONZÁLEZ	0:44:52	0:04:30	0:44:26	0:04:27	0:33:19			
	3	181 PILAR ARIAS GRAÑA	0:45:26	0:04:33	0:44:59	0:04:30	0:33:24			
	4	144 LUCIA ARMESTO ABELAIRA	0:45:27	0:04:33	0:44:57	0:04:30	0:33:25			
	5	194 SUSANA MARIA CARBALLO BALOIRA	0:46:10	0:04:37	0:45:08	0:04:31	0:33:40			



6	8 SILVIA TEJEIRO FERRO	0:46:17	0:04:38	0:46:07	0:04:37	0:33:43	ga19115	OURENSE ATL. ACADEMIA POSTAL
7	163 MARTA RÍO REY	0:47:43	0:04:47	0:47:19	0:04:44	0:35:14		
8	2026 SONIA ALONSO MIGUEZ	0:48:06	0:04:49	0:46:53	0:04:42	0:35:53		
9	2028 NOELIA PAPIN ESTEVEZ	0:49:04	0:04:55	0:48:21	0:04:51	0:36:14		
10	2009 SUSANA FEIJOO SANCHEZ	0:49:14	0:04:56	0:48:41	0:04:53	0:35:59	A-6328	ATLETISMO CORUÑA COMARCA
11	2069 MARÍA MONTSERRAT FERNÁNDEZ SABURIDO	0:49:21	0:04:57	0:48:44	0:04:53	0:35:53		
12	2006 PATRICIA GARCIA GONZALEZ	0:50:02	0:05:01	0:49:55	0:05:00	0:37:13	GA 716960	ATLETISMO MONTE SEGADE
13	19 MARI ANGELES HUERTA GONZÁLEZ	0:50:59	0:05:06	0:50:29	0:05:03	0:37:17	A-10004	ATLETISMO CORUÑA COMARCA
14	2039 MARIA LUISA LOPEZ GARCIA	0:51:25	0:05:09	0:50:40	0:05:04	0:37:48		
15	168 MERCHI DE LA TORRE LINES	0:51:48	0:05:11	0:51:23	0:05:09	0:38:28		
16	109 BEGOÑA GONZALEZ PENA	0:53:01	0:05:19	0:52:36	0:05:16	0:39:09		
17	31 BEGOÑA PARADA TORRES	0:53:11	0:05:20	0:51:10	0:05:07	0:39:27		
18	1366 ELENA PONTE RODRÍGUEZ	0:53:16	0:05:20	0:52:41	0:05:17	0:39:21		
19	87 TANIA MARIA MEDIN CAGIAO	0:53:25	0:05:21	0:52:18	0:05:14	0:38:59		
20	148 MAGDALENA BOUZAMAYOR PAZ	0:53:35	0:05:22	0:53:17	0:05:20	0:39:04		
21	2019 MARISA BARREIRO FUENTES	0:53:57	0:05:24	0:52:18	0:05:14	0:39:44	G-763977	ATLETISMO RIAZOR
22	90 VANESSA PARDO PENA	0:54:02	0:05:25	0:52:41	0:05:17	0:39:50		
23	164 MARTA RÚA LÓPEZ	0:55:04	0:05:31	0:54:10	0:05:25	0:40:36		
24	193 SONIA MARIÑAS	0:55:05	0:05:31	0:54:55	0:05:30	0:40:29		
25	149 MAJO ABRALDES	0:55:13	0:05:32	0:54:24	0:05:27	0:40:24		
26	76 ROSA INSUA FERREIRO	0:55:29	0:05:33	0:54:53	0:05:30	0:40:28		
27	2030 RUTH BALLESTEROS CANEL	0:55:29	0:05:33	0:54:10	0:05:25	0:43:06		
28	91 VERONICA DIAZ RODRIGUEZ	0:55:46	0:05:35	0:54:53	0:05:30	0:41:09		
29	58 MERCEDES GARNELO PRECIADO	0:56:36	0:05:40	0:55:40	0:05:34	0:41:30		
30	2027 SANDRA RODRÍGUEZ NIETO	0:56:39	0:05:40	0:56:05	0:05:37	0:41:27		
31	2059 BEATRIZ CHOUCIÑO TRIGO	0:57:10	0:05:43	0:55:39	0:05:34	0:41:53		
32	184 RAQUEL BOTANA GONZALEZ	0:57:33	0:05:46	0:56:59	0:05:42	0:41:43		
33	50 MARIA PARDO LEIS	0:57:53	0:05:48	0:56:32	0:05:40	0:42:38		
34	106 BEATRIZ ROMERO ROEL	0:58:00	0:05:48	0:57:23	0:05:45	0:42:20		
35	70 RAQUEL PITA REGUEIRO	0:58:27	0:05:51	0:57:41	0:05:47	0:41:57		
36	110 BELEN GARCIA GONZALEZ	0:58:30	0:05:51	0:56:41	0:05:41	0:44:07		
37	16 CARMEN BELÉN PÉREZ GRAÑA	0:59:29	0:05:57	0:58:24	0:05:51	0:43:50	AG-765292	ATLÉTICA A SILVA
38	135 HELIANA MARTINEZ ALONSO	0:59:36	0:05:58	0:58:52	0:05:54	0:43:51		
39	89 VANESSA MÍGUEZ MARTÍN	0:59:45	0:05:59	0:57:49	0:05:47	0:45:44		
40	113 CARMELA REGUEIRO BUENAGA	1:00:19	0:06:02	0:59:59	0:06:00	0:43:37		
41	2062 SARA RODRIGUEZ	1:01:32	0:06:10	1:00:59	0:06:06	0:45:19		
42	2055 FELI SEOANE GRELA	1:01:41	0:06:11	1:00:10	0:06:01	0:44:58		
43	173 MONTSERRAT FERNÁNDEZ SUÁREZ	1:01:43	0:06:11	1:00:47	0:06:05	0:45:54		
44	86 SUSANA FERNANDEZ REDONDO	1:01:48	0:06:11	1:01:19	0:06:08	0:46:02		
45	48 LUCÍA CUENDA MOLINELLI	1:02:20	0:06:14	1:01:01	0:06:07	0:45:56		
46	170 MONICA FRAGA RODRIGUEZ	1:02:38	0:06:16	1:01:32	0:06:10	0:46:19		
47	85 SUSANA BASTERRECHEA NOYA	1:02:45	0:06:17	1:01:03	0:06:07	0:46:11		
48	138 INÉS GRANELL ABAD	1:02:56	0:06:18	1:02:36	0:06:16	0:45:28		
49	153 MARIA GOMEZ MARTINEZ	1:03:15	0:06:20	1:01:50	0:06:11	0:46:26		
50	47 LORENA GESTAL FERREIRO	1:03:34	0:06:22	1:02:36	0:06:16	0:46:07		
51	1510 FIONA IRVINE	1:04:17	0:06:26	1:03:02	0:06:19	0:47:03		
52	43 ISABEL GARCIA RODRIGUEZ	1:04:25	0:06:27	1:03:02	0:06:19	0:47:37		
53	1374 SUSANA RODRIGUEZ PAZ	1:04:25	0:06:27	1:03:10	0:06:19	0:47:39		
54	1514 MARIA MANTIÑAN PAREDES	1:05:04	0:06:31	1:03:11	0:06:20	0:47:32		
55	2052 SANDRA CAAMAÑO LÓPEZ	1:05:22	0:06:33	1:04:49	0:06:29	0:48:01		
56	167 MERCEDES CASTRO GOMEZ	1:05:58	0:06:36	1:04:47	0:06:29	0:49:39		
57	65 NURIA PENA FIGUERUELO	1:06:55	0:06:42	1:06:09	0:06:37	0:49:04		
58	178 PATRICIA SANCHEZ LOPEZ	1:07:17	0:06:44	1:05:38	0:06:34	0:49:05		
59	179 PAULA FERNANDEZ AMBOAGE	1:07:19	0:06:44	1:06:16	0:06:38	0:49:32		
60	60 MONICA MARTINEZ GIGIRIN	1:07:19	0:06:44	1:05:30	0:06:33	0:49:16		
61	105 ARANTZA DE LA PEDRAJA SAAVEDRA	1:08:08	0:06:49	1:06:59	0:06:42	0:50:29		
62	1369 ISABEL RIO SALGADO	1:08:18	0:06:50	1:07:14	0:06:44	0:50:20		
63	136 INES IGLESIAS FRAGA	1:08:41	0:06:53	1:07:06	0:06:43	0:50:35		
64	1363 ANA CASTRILLON REINALDO	1:08:42	0:06:53	1:06:42	0:06:41	0:51:21		
65	103 ANUSKA DAFONTE SANCHEZ	1:08:44	0:06:53	1:06:50	0:06:41	0:50:13		
66	162 MARTA ALCOBA GARCÍA	1:08:51	0:06:54	1:07:04	0:06:43	0:49:19		
67	2064 SANDRA GONZALEZ VEIGA	1:09:48	0:06:59	1:08:01	0:06:49	0:51:13		
68	102 ANGÉLICA DE ARAÚJO	1:10:29	0:07:03	1:08:51	0:06:54	0:52:32		BRASILEÑA
69	154 MARIA TUDO SANDES	1:12:44	0:07:17	1:11:44	0:07:11	0:41:07		
70	166 MARTA BELÉN RODRÍGUEZ SÁNCHEZ	1:12:58	0:07:18	1:12:21	0:07:15	0:54:35		

71	69 PURI AREÑAS GOMEZ	1:13:07	0:07:19	1:11:36	0:07:10	0:53:25
72	1365 BELEN LOPEZ ENCINAS	1:14:52	0:07:30	1:13:37	0:07:22	0:54:41

**VT2M VETERAN Inscritos:**
**542 Llegados 479**

PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro Cas	Licencia	Club	Nacionalidad
1	2082	SANTIAGO LOPEZ RODRIGUEZ	0:32:16	0:03:14	0:32:15	0:03:14	0:23:26	GA 19648	ATLETISMO PORRIÑO	
2	2109	JOSE MANUEL FERNANDEZ MARQUEZ	0:33:01	0:03:19	0:33:00	0:03:18	0:24:08	GA19833	OURENSE ATL. ACADEMIA POSTAL	
3	2075	MANUEL OLIVER PEREZ LOPEZ	0:33:59	0:03:24	0:33:59	0:03:24	0:24:43	GA-20506	ATLETISMO CORUÑA COMARCA	
4	2097	RAMON SERANTES GOMEZ	0:34:39	0:03:28	0:34:38	0:03:28	0:25:15	g-5263	ATLETISMO CORUÑA COMARCA	
5	2118	FELIPE MIGUENS GASAMANES	0:35:01	0:03:31	0:35:00	0:03:30	0:25:26	ag-763864	SAR-A POUTADA	
6	2124	ANXO BARROS MONTEAGUDO	0:35:07	0:03:31	0:35:06	0:03:31	0:25:26			
7	2398	VICTOR SANDE CHARLÓN	0:35:31	0:03:34	0:35:31	0:03:34	0:25:46	GA17114	C.D.EGOVARROS-VIVEIRO	
8	220	MARCELO VASQUEZ CORTES	0:35:33	0:03:34	0:35:33	0:03:34	0:26:07			CHILENA
9	2112	JOSE ANTONIO VELOSO MIRANDA	0:36:28	0:03:39	0:36:28	0:03:39	0:26:30	GA 716941	OURENSE ATL. ACADEMIA POSTAL	
10	2093	MIGUEL FERNANDEZ NUÑEZ	0:36:30	0:03:39	0:36:29	0:03:39	0:26:35	G-19506	ATLETISMO CORUÑA COMARCA	
11	2143	PAULO MUINELO PEDREIRA	0:36:51	0:03:42	0:36:49	0:03:41	0:26:51	GA-7950	ATLETISMO CORUÑA COMARCA	
12	2131	MANUEL JESÚS GAYOSO REAL	0:37:06	0:03:43	0:37:05	0:03:43	0:26:38			
13	2442	JOSE LUIS VALIÑA MENDEZ	0:37:07	0:03:43	0:37:05	0:03:43	0:26:42	AG-10703	VERXEL NUTRICIÓN DEPORTIVA	
14	2768	ÁLVARO GARCÍA ÁLVAREZ	0:37:20	0:03:44	0:37:17	0:03:44	0:27:16			
15	2317	GONZALO MUIÑO CODESIDO	0:37:20	0:03:44	0:37:18	0:03:44	0:27:11			
16	2277	JOSE FERRACES REGUEIRO	0:37:28	0:03:45	0:37:24	0:03:45	0:27:08			
17	376	RICARDO SANZO FERREIRO	0:37:48	0:03:47	0:37:34	0:03:46	0:27:50			
18	2762	RAMON RODRIGUEZ GONZALEZ	0:37:52	0:03:48	0:37:46	0:03:47	0:27:43			
19	344	LORENZO SÁNCHEZ MARCOS	0:37:53	0:03:48	0:37:51	0:03:48	0:27:53			
20	2116	LINO SEOANE NARANJO	0:37:55	0:03:48	0:37:53	0:03:48	0:27:59	AG-11257	RIALTO	
21	273	DAVID BRUN PINTOR	0:37:58	0:03:48	0:37:54	0:03:48	0:27:37			
22	2319	JAIME RUIZ DEL GANSO	0:38:02	0:03:49	0:37:59	0:03:48	0:27:23			
23	2098	JOSE MANUEL RODRIGUEZ MOURE	0:38:04	0:03:49	0:38:02	0:03:49	0:27:30	GA-19820	ATLETISMO CORUÑA COMARCA	
24	2103	JOSE VAZQUEZ ROJO	0:38:17	0:03:50	0:38:14	0:03:50	0:28:28	A8785	ESPRINTES OURENSE	
25	2208	LUIS JAVIER FERNANDEZ OTERO	0:38:19	0:03:50	0:38:15	0:03:50	0:28:03	AG764372	SAR-A POUTADA	
26	2764	ANDRES PIÑON LOUREIRO	0:38:36	0:03:52	0:38:29	0:03:51	0:28:11	GA19860	C.D.EGOVARROS-VIVEIRO	
27	2070	FELIPE BARATA VILLAPOL	0:38:37	0:03:52	0:38:31	0:03:52	0:28:23	AG-10203	A GÁNDARA MONFORTE	
28	389	AZIZ ZIRANI	0:38:39	0:03:52	0:38:37	0:03:52	0:28:02	AZ100269	C.D.EGOVARROS-VIV MARROQUI	
29	319	JOSE FRANCISCO FIGUEIRAS FIGUEIRAS	0:38:39	0:03:52	0:38:36	0:03:52	0:28:06			
30	2117	GERARDO RAPOSO BUJAN	0:38:39	0:03:52	0:38:37	0:03:52	0:28:25	GA 17643	SAN FERNANDO LUCUS CAIXA	
31	237	JAVIER SÁNCHEZ PRIETO	0:38:41	0:03:53	0:38:36	0:03:52	0:28:12	AG764311	SAR-A POUTADA	
32	318	JOSÉ ANTONIO DE LA CRUZ RODRÍGUEZ	0:38:50	0:03:53	0:38:46	0:03:53	0:28:20			
33	2298	LUIS NAYA ORGEIRA	0:38:50	0:03:53	0:38:46	0:03:53	0:28:22			
34	2754	ENRIQUE ALVAREZ ESTEVEZ	0:38:52	0:03:54	0:38:43	0:03:53	0:28:23			
35	2154	JOAQUÍN SÁNCHEZ LEIRA	0:38:53	0:03:54	0:38:50	0:03:53	0:28:23	AG-9870	ATLETISMO MILLARAIO	
36	1256	MARIO FRANCISCO FERNÁNDEZ	0:39:06	0:03:55	0:38:54	0:03:54	0:28:25			
37	2133	DANIEL LOPEZ CANTO	0:39:08	0:03:55	0:39:05	0:03:55	0:28:24			
38	2099	FCO JAVIER CORREA PIÑEIRO	0:39:12	0:03:56	0:39:09	0:03:55	0:28:25	A-10267	ATLETISMO CORUÑA COMARCA	
39	2254	FERNANDO MARTINEZ OBARRIO	0:39:18	0:03:56	0:39:10	0:03:55	0:28:46			
40	285	EFRÉN SÁNCHEZ VIDAL	0:39:19	0:03:56	0:39:13	0:03:56	0:28:28			
41	342	JULIAN PEREZ DURAN	0:39:30	0:03:57	0:39:22	0:03:57	0:28:46			
42	2309	FERNANDO PÉREZ HERNÁNDEZ	0:39:34	0:03:58	0:39:24	0:03:57	0:29:06			
43	2221	GUMERSINDO LÓPEZ IGLESIAS	0:39:43	0:03:59	0:39:36	0:03:58	0:28:53			
44	2201	JOSÉ GONZÁLEZ BAÑOBBRE	0:39:46	0:03:59	0:39:40	0:03:58	0:28:34	GA 716922	RIA FERROL CONCEPCION ARENAL	
45	2158	JOSE MANUEL PIN GRAÑA	0:39:49	0:03:59	0:39:43	0:03:59	0:29:09	AG 10362	ATLETISMO MONTE SEGADE	
46	2185	RAMON GARCIA TEIRA	0:39:50	0:03:59	0:39:42	0:03:59	0:28:53	AG 763932	ATLETISMO FONTES DO SAR	
47	2168	JAVIER LÓPEZ PIÑEIRO	0:39:50	0:03:59	0:39:47	0:03:59	0:28:59	AG 764880	ATLETISMO RIAZOR CORUÑA	
48	2238	EDUARDO OTERO SALGADO	0:39:59	0:04:00	0:39:55	0:04:00	0:29:04			
49	2393	JOSE MIRA FERNANDEZ	0:40:00	0:04:00	0:39:57	0:04:00	0:28:28	A-10167	BURGAS ATLETISMO OURENSE	
50	2167	MANUEL OTERO GOMEZ	0:40:05	0:04:01	0:40:03	0:04:01	0:29:11	AG764109	ATLETISMO RIAZOR CORUÑA	
51	2338	MAKARIO VEGA CORREDOR	0:40:07	0:04:01	0:40:02	0:04:01	0:29:16			
52	2278	MATIAS GARCIA-ANLLO REINOSO	0:40:09	0:04:01	0:39:59	0:04:00	0:29:18			
53	295	FRANCISCO JAVIER JIMENEZ CIUDAD	0:40:15	0:04:02	0:40:07	0:04:01	0:29:19			
54	2291	JOSE LUIS TORRES LOPEZ	0:40:21	0:04:03	0:40:17	0:04:02	0:29:36			
55	2165	AMADOR REBORDA GRAÑA	0:40:25	0:04:03	0:40:21	0:04:03	0:29:30	GA19738	ATLETISMO PORRIÑO	
56	1259	MIGUEL LAMELA	0:40:26	0:04:03	0:40:15	0:04:02	0:29:32			
57	2279	MARCOS GONZÁLEZ TALAVERO	0:40:31	0:04:04	0:40:19	0:04:02	0:29:29			
58	2363	JESUS BLANCO MONTERO	0:40:39	0:04:04	0:40:34	0:04:04	0:29:18			
59	2206	TOMAS ABELEDO PATIÑO	0:40:41	0:04:05	0:40:37	0:04:04	0:29:29	AG764064	ATLETISMO RIAZOR CORUÑA	
60	2191	JOSE LUIS PRADO MONTERO	0:40:42	0:04:05	0:40:35	0:04:04	0:29:49	AG-764436	MARINEDA ATLETICO	

61	2565 PABLO MENÉNDEZ IGLESIAS	0:40:46	0:04:05	0:39:55	0:04:00	0:30:02		
62	2751 JAIME CARRODEGUAS MARTINEZ	0:40:47	0:04:05	0:40:45	0:04:05	0:29:41		CLUB TRIATLON CORUÑA
63	335 JUAN SÁNCHEZ GÓMEZ	0:40:49	0:04:05	0:40:41	0:04:05	0:29:34		
64	321 JOSE JUAN SOLARES ESPÍNEIRA	0:40:52	0:04:06	0:40:38	0:04:04	0:29:50		
65	970 BENIGNO POSE	0:40:53	0:04:06	0:40:19	0:04:02	0:30:06		
66	2621 ANTONIO FERNANDEZ COSTA	0:40:58	0:04:06	0:40:54	0:04:06	0:29:45		
67	2335 JOSE ANDRES ALDREY VARELA	0:40:59	0:04:06	0:40:57	0:04:06	0:29:11		
68	2164 MODESTO BARRO ROCHELA	0:41:00	0:04:06	0:40:45	0:04:05	0:30:26	GA-19884	ATLETISMO OLYMPO AS PONTES
69	2794 JAVIER CUPEIRO FRADE	0:41:04	0:04:07	0:40:50	0:04:05	0:29:57		
70	2351 JOSE LUIS ROIBAS FERNANDEZ	0:41:06	0:04:07	0:40:57	0:04:06	0:29:50		
71	633 JAVIER RODRIGUEZ VAILÑA	0:41:08	0:04:07	0:40:56	0:04:06	0:30:01		
72	357 MATÍAS LOSADA ARCA	0:41:09	0:04:07	0:41:02	0:04:07	0:29:58		
73	2171 CARLOS CORRALES PIQUERO	0:41:13	0:04:08	0:40:59	0:04:06	0:30:03	AG-764352	ATLETISMO BOIMORTO
74	2166 JOSE DANIEL REINOSO ROJO	0:41:15	0:04:08	0:40:52	0:04:06	0:30:28	GA20513	ATLETISMO RIAZOR
75	2757 JOSE CARLOS RIAL CARNOTA	0:41:19	0:04:08	0:41:09	0:04:07	0:29:47		
76	315 JOSE RAMOS BOTANA	0:41:22	0:04:09	0:41:05	0:04:07	0:30:27		
77	1047 ELISEO IGLESIAS SOLER	0:41:27	0:04:09	0:40:20	0:04:02	0:30:52		
78	270 DAVID ALCANTARA TENREIRO	0:41:30	0:04:09	0:41:23	0:04:09	0:30:19		
79	2370 LUIS ANGEL CASTELO SANCHEZ	0:41:33	0:04:10	0:41:27	0:04:09	0:30:00		
80	1068 FRANCISCO DELGADO AMOR	0:41:33	0:04:10	0:41:07	0:04:07	0:30:37		
81	316 JOSE ANTONIO ALFONSÍN LAREO	0:41:34	0:04:10	0:41:25	0:04:09	0:29:54		
82	2214 FERNANDO CARBALLIDO FERNANDEZ	0:41:36	0:04:10	0:41:31	0:04:10	0:30:21		
83	2605 JUAN IGNACIO ROSENDE AMOR	0:41:38	0:04:10	0:41:20	0:04:08	0:30:26		
84	2262 JUAN CARLOS SALGADO VEGA	0:41:40	0:04:10	0:41:35	0:04:10	0:30:14		
85	2760 MANUEL IGNACIO PIÑEIRO VEIRA	0:41:40	0:04:10	0:41:25	0:04:09	0:30:26		
86	213 FERNANDO RASCADO DEL PRADO	0:41:56	0:04:12	0:41:35	0:04:10	0:30:51		
87	2234 JOSE LUIS RIO SILVA	0:42:05	0:04:13	0:41:54	0:04:12	0:30:39		
88	2245 JOSE ANTONIO TEMBRAS AMENEIRO	0:42:13	0:04:14	0:42:07	0:04:13	0:30:32		
89	2364 MIGUEL GÓMEZ COSTOYA	0:42:15	0:04:14	0:42:07	0:04:13	0:30:57		
90	2615 JOSE ANTONIO JUL NEIRA	0:42:16	0:04:14	0:42:05	0:04:13	0:30:55		
91	1257 MAURICIO VILLADONIGA MARTIN	0:42:19	0:04:14	0:42:05	0:04:13	0:30:59		
92	227 JOSE MANUEL GARCIA NUÑEZ	0:42:20	0:04:14	0:42:02	0:04:13	0:31:00		ATLETISMO NOIA
93	2188 ROBERTO MARTINEZ DOMINGUEZ	0:42:25	0:04:15	0:42:16	0:04:14	0:30:50	A-1113	ATLETISMO FONTES DO SAR
94	2270 PABLO SEIVANE VIOR	0:42:26	0:04:15	0:42:20	0:04:14	0:30:48		
95	313 JORGE MACIEL ANDRES	0:42:26	0:04:15	0:42:20	0:04:14	0:30:32		
96	310 JESUS VAZQUEZ VAZQUEZ	0:42:27	0:04:15	0:42:23	0:04:15	0:30:50		
97	2288 RUBEN REIGADA SEIJO	0:42:31	0:04:16	0:42:21	0:04:15	0:30:53		
98	2348 IGNACIO PUEYO SANTILLANA	0:42:32	0:04:16	0:42:24	0:04:15	0:30:46		
99	241 ANGEL MARTINEZ OVIEDO	0:42:34	0:04:16	0:42:30	0:04:15	0:30:45		
100	2604 ROBERTO PARDAVILA PONCE	0:42:39	0:04:16	0:42:08	0:04:13	0:31:37		
101	2594 FEDERICO PORTO ARIAS	0:42:45	0:04:17	0:42:36	0:04:16	0:31:07		
102	223 CONSTANTINO D. BELLO COSTAL	0:42:48	0:04:17	0:42:40	0:04:16	0:31:12	AG 69823	ATLÉTICA A SILVA
103	1126 JESÚS LENDOIRO SANTIAGO	0:42:48	0:04:17	0:42:45	0:04:17	0:30:36		
104	2295 TOMÁS GARCÍA GALLEGO	0:42:50	0:04:17	0:42:40	0:04:16	0:31:00		
105	360 MIGUEL ANGEL VARELA LÓPEZ	0:42:52	0:04:18	0:42:33	0:04:16	0:31:13		
106	2146 JOSE ANTONIO JUANATEY PEREZ	0:42:54	0:04:18	0:42:45	0:04:17	0:31:01	A-9873	ATLETISMO FONTES DO SAR
107	2239 JOSÉ ANTONIO ÁLVAREZ FLORES	0:42:55	0:04:18	0:42:39	0:04:16	0:31:18		
108	2345 JOSE MANUEL PETEIRO	0:42:57	0:04:18	0:42:44	0:04:17	0:31:18		
109	1284 PABLO CAMPO FERNANDEZ	0:43:01	0:04:19	0:42:57	0:04:18	0:31:15		
110	240 ANTONIO DE LA MATA GARCÍA	0:43:13	0:04:20	0:43:02	0:04:19	0:31:17		
111	2420 JUAN MENENDEZ ARBESÚ	0:43:20	0:04:20	0:41:17	0:04:08	0:32:12		EGOVARROS - VIVEIRO
112	2209 ROBERTO PICO POUZO	0:43:21	0:04:21	0:43:12	0:04:20	0:31:39		TRIATLON CORUÑA
113	2715 ENRIQUE MORALES BARBOSA	0:43:23	0:04:21	0:42:43	0:04:17	0:32:07		
114	243 ADOLFO RIOBO MUIÑO	0:43:23	0:04:21	0:43:20	0:04:20	0:31:34		
115	2293 RENATO FARALDO SANTOS	0:43:24	0:04:21	0:43:12	0:04:20	0:31:44		
116	2174 JUAN MENDEZ LOPEZ	0:43:25	0:04:21	0:43:17	0:04:20	0:31:31	AG11270	CLUB ATLETISMO SADA
117	2460 LUIS MANUEL BUSSIÉRES FERREIRA	0:43:26	0:04:21	0:43:09	0:04:19	0:31:57		
118	2180 JOSÉ MARÍA LEVOSO TOUCEDA	0:43:32	0:04:22	0:43:19	0:04:20	0:31:41	AG-11025	CLUB ESPRINTES OURENSE
119	228 LUIS MIGUEL VILANOVA MARTELO	0:43:34	0:04:22	0:43:16	0:04:20	0:31:47		ATLETISMO NOIA
120	1140 JORGE LAMAS CASARIEGO	0:43:38	0:04:22	0:43:28	0:04:21	0:32:06		
121	779 MANUEL FOLGAR ROMAY	0:43:39	0:04:22	0:43:14	0:04:20			
122	2275 LEANDRO GONZÁLEZ CASTRO	0:43:44	0:04:23	0:43:37	0:04:22	0:31:51		
123	326 JOSE MANUEL COLLAZO GOLÁN	0:43:50	0:04:23	0:43:41	0:04:23	0:32:05		
124	364 OSCAR LEIS MOURIÑO	0:43:50	0:04:23	0:43:17	0:04:20	0:31:57		
125	340 JUAN JOSE GARCIA LOPEZ	0:43:52	0:04:24	0:43:36	0:04:22	0:32:08		

126	1499	LUIS ENRIQUE FERNANDEZ RODRIGUEZ	0:43:54	0:04:24	0:43:51	0:04:24	0:31:32		
127	2162	FERNANDO PIN GRAÑA	0:44:04	0:04:25	0:43:56	0:04:24	0:32:16	AG 763718	ATLETISMO MONTE SEGADE
128	2612	JUAN RAMÓN ROMERO PENA	0:44:09	0:04:25	0:44:02	0:04:25	0:31:52		
129	861	PEDRO GONZALEZ LAGO	0:44:19	0:04:26	0:43:43	0:04:23	0:32:29		
130	262	CARLOS PAZOS PORTO	0:44:27	0:04:27	0:44:11	0:04:26	0:32:25		
131	299	GABRIEL ROSÓN PORTO	0:44:27	0:04:27	0:44:17	0:04:26	0:32:15		
132	2414	FERNANDO MIGUEZ SANCHEZ	0:44:28	0:04:27	0:44:08	0:04:25	0:32:47	AG11266	CLUB ATLETISMO SADA
133	2526	JESÚS PARDO CASTRO	0:44:28	0:04:27	0:43:59	0:04:24	0:32:29		
134	812	MIGUEL DÍAZ CARBALLO	0:44:30	0:04:27	0:44:00	0:04:24	0:32:48		
135	2409	DANIEL RIVEIRA RUANOVA	0:44:37	0:04:28	0:43:58	0:04:24	0:32:53	A-10418	ATLETISMO CORUÑA COMARCA
136	600	GUILLERMO PEREZ-NAVAS	0:44:47	0:04:29	0:44:39	0:04:28	0:32:50		
137	599	GUILLERMO LESTA NAVEIRA	0:44:49	0:04:29	0:44:32	0:04:28	0:32:24		
138	1522	ROBERTO GONZALEZ BLANCO	0:44:50	0:04:29	0:43:35	0:04:22	0:33:34		
139	2340	ENRIQUE JORGE RAMA RODRÍGUEZ	0:44:54	0:04:30	0:44:16	0:04:26	0:32:45		
140	2663	RAMON VILLAR RUIBAL	0:45:04	0:04:31	0:44:38	0:04:28	0:32:50		
141	2193	RAFAEL SUAREZ	0:45:04	0:04:31	0:44:58	0:04:30	0:32:42	AG763630	MARINEDA ATLETICO
142	1386	RAFAEL PÉREZ INFANTE	0:45:05	0:04:31	0:44:54	0:04:30	0:31:22		
143	2415	JORGE VALDES PORTO	0:45:07	0:04:31	0:44:37	0:04:28	0:32:52	AG764015	CLUB ATLETISMO SADA
144	2243	JAVIER LÓPEZ RODRIGUEZ	0:45:07	0:04:31	0:44:58	0:04:30	0:33:04		
145	2381	FRANCISCO DUARTE VAZQUEZ	0:45:09	0:04:31	0:44:52	0:04:30	0:32:59	AG-764342	ATLETISMO BOIMORTO
146	2327	ROBERTO VENTUREIRA DOPICO	0:45:11	0:04:32	0:44:54	0:04:30	0:32:44		
147	2353	JOSE RODRIGUEZ FIGUEROA	0:45:13	0:04:32	0:45:08	0:04:31	0:32:26		
148	2789	ROBERTO SANJUÁN SÁNCHEZ	0:45:16	0:04:32	0:44:59	0:04:30	0:33:06		
149	2156	ALEJANDRO CUADROS VEGA	0:45:17	0:04:32	0:45:08	0:04:31	0:32:36	AG 7448	ATLETISMO MONTE SEGADE
150	2543	JOSE ANTONIO AGUIAR GARCIA	0:45:18	0:04:32	0:44:59	0:04:30	0:33:22		
151	219	JUAN MARTIN FREIRE NOCHE	0:45:20	0:04:32	0:45:00	0:04:30	0:33:08		
152	249	ALBERTO FERNANDEZ GONZALEZ	0:45:20	0:04:32	0:44:58	0:04:30	0:32:52		
153	2485	JUAN MANUEL TABARA RODRIGUEZ	0:45:23	0:04:33	0:45:13	0:04:32	0:33:17		
154	2251	HENRIQUE VILA DIAZ	0:45:26	0:04:33	0:45:09	0:04:31	0:33:10		
155	782	MANUEL ANDRES GOMEZ LOPEZ	0:45:27	0:04:33	0:44:18	0:04:26	0:33:48		
156	465	ANTONIO CAÑETE DEL CAMPO	0:45:29	0:04:33	0:45:21	0:04:33	0:32:53		
157	1544	JUAN LUIS ALVAREZ CARNOTA	0:45:30	0:04:33	0:45:13	0:04:32	0:33:39		
158	2726	ROMÁN RUIZ ALARCÓN	0:45:31	0:04:34	0:45:06	0:04:31	0:33:18		
159	2538	EMILIO JOSE JOVE CASTRO	0:45:33	0:04:34	0:45:06	0:04:31	0:33:24		
160	1229	MANUEL VARELA CAABEIRO	0:45:35	0:04:34	0:45:11	0:04:32	0:33:34		
161	2790	SANTIAGO MUIÑOS MAURIZ	0:45:35	0:04:34	0:45:04	0:04:31	0:33:24		
162	652	JORGÉ FREIRE RICO	0:45:40	0:04:34	0:45:06	0:04:31	0:33:40		
163	1279	OSCAR BALSA SANCHEZ	0:45:41	0:04:35	0:45:08	0:04:31	0:33:25		
164	719	JUAN HIDALGO RODRIGUEZ	0:45:42	0:04:35	0:45:24	0:04:33	0:33:14		
165	234	MIGUEL ÁNGEL FERNÁNDEZ NÓVOA	0:45:51	0:04:36	0:45:35	0:04:34	0:33:20	AG 765456	MARINEDA ATLETICO
166	334	JUAN PATIÑO VARELA	0:45:52	0:04:36	0:45:33	0:04:34	0:33:42		
167	2240	TINO CARRODEGUAS	0:45:54	0:04:36	0:45:46	0:04:35	0:33:03		
168	841	PABLO BUCETA BLANCO	0:45:57	0:04:36	0:45:23	0:04:33	0:33:29		
169	2456	JOAQUIN QUINTANS RUIDO	0:45:58	0:04:36	0:45:32	0:04:34	0:33:36		
170	689	JOSÉ FERNANDO TRILLO CARLÍN	0:46:00	0:04:36	0:45:23	0:04:33	0:33:54		
171	1299	PEDRO PARDO PEREZ	0:46:07	0:04:37	0:45:44	0:04:35	0:33:27		
172	783	MANUEL ANGEL JOVE SANTOS	0:46:09	0:04:37	0:45:46	0:04:35	0:33:52		
173	587	FRANCISCO JAVIER GONZÁLEZ LEDO	0:46:10	0:04:37	0:45:01	0:04:31	0:34:05		
174	2422	FERNANDO RODRIGUEZ VILARIÑO	0:46:11	0:04:38	0:46:07	0:04:37	0:33:24	AG763644	T ESCOLA ATLETISMO DEZA
175	700	JOSE LUIS TEMPRANO CASAL	0:46:19	0:04:38	0:45:09	0:04:31	0:34:32		
176	2558	MIGUEL PICHIN BELLO	0:46:19	0:04:38	0:45:48	0:04:35	0:33:39		
177	2203	ANDRES PRIETO LOPEZ	0:46:20	0:04:38	0:46:08	0:04:37	0:33:59		RIALTO
178	1436	JUAN ANTONIO RIVASROMERO	0:46:21	0:04:39	0:45:25	0:04:33	0:34:09		
179	807	MAURICIO LENCE PAZ	0:46:21	0:04:39	0:45:25	0:04:33	0:33:45		
180	1258	MIGUEL LEMUS BARRO	0:46:26	0:04:39	0:46:16	0:04:38	0:33:11		
181	2169	CARLOS MANUEL IGLESIAS CANDAL	0:46:29	0:04:39	0:46:19	0:04:38	0:34:05	A-10046	C. A. AS MARIÑAS
182	2611	ANTONIO LOVERA TEJEDOR	0:46:30	0:04:39	0:45:57	0:04:36	0:34:28		
183	494	CARLOS ALVEDRO GARCÍA	0:46:34	0:04:40	0:46:00	0:04:36	0:34:25		
184	884	ROBERTO RODRIGUEZ RODRIGUEZ	0:46:39	0:04:40	0:46:00	0:04:36	0:34:23		
185	365	PABLO VAL GUERREIRO	0:46:43	0:04:41	0:46:34	0:04:40	0:33:54		
186	597	GREGORIO VALLES BORREGO	0:46:47	0:04:41	0:46:02	0:04:37	0:34:31		
187	785	MANUEL JOSE JIMENEZ GONZALEZ	0:46:48	0:04:41	0:45:15	0:04:32	0:34:52		
188	2302	ARTURO LOPEZ LAGO	0:46:48	0:04:41	0:46:12	0:04:38	0:34:09		
189	312	JORGE FORMOSO POU	0:46:50	0:04:41	0:46:34	0:04:40	0:33:49		
190	786	MANUEL JOSE VAZQUEZ SANJURJO	0:46:52	0:04:42	0:45:23	0:04:33	0:34:23		

191	860	PEDRO FERNANDEZ SÁNCHEZ-ROLDÁN	0:46:55	0:04:42	0:46:16	0:04:38	0:34:11		
192	634	JAVIER GRUEIRO BOUZA	0:46:55	0:04:42	0:46:33	0:04:40	0:34:04		
193	1166	JOSE IGNACIO GONZALEZ HERRERO	0:46:57	0:04:42	0:46:20	0:04:38	0:34:43		
194	1154	JOSÉ CRESPO RIESTRA	0:46:57	0:04:42	0:46:35	0:04:40	0:34:15		
195	1383	CARLOS CONCHEIRO PAN	0:47:01	0:04:43	0:46:43	0:04:41	0:34:20		
196	283	EDGAR SANCHEZ GARCIA	0:47:01	0:04:43	0:46:44	0:04:41	0:34:20		
197	1097	IÑAKI MAZAIIRA GARCÍA	0:47:04	0:04:43	0:46:10	0:04:37	0:34:42		
198	2670	MIGUEL MIRANTES MIRANTES	0:47:05	0:04:43	0:46:54	0:04:42	0:33:58		
199	539	EDUARDO CASAL RODRÍGUEZ	0:47:06	0:04:43	0:46:26	0:04:39	0:34:35		
200	2428	JOSE IGNACIO LIÑARES MARTINEZ	0:47:08	0:04:43	0:46:42	0:04:41	0:34:40	AG 9792	NOITEBRA F.C.
201	2533	CARLOS FERNANDEZ EXPOSITO	0:47:09	0:04:43	0:46:43	0:04:41	0:34:26		
202	641	JESUS SANTOS IGLESIAS	0:47:11	0:04:44	0:46:40	0:04:40	0:34:47		
203	2509	JOSE ALEJANDRO GANDARA BOUZA	0:47:17	0:04:44	0:47:06	0:04:43	0:34:22		
204	2443	IÑIGO FERNÁNDEZ SALEGUI	0:47:18	0:04:44	0:46:20	0:04:38	0:35:02		
205	1180	JOSE MANUEL ABRUÑEDO BARBEITO	0:47:22	0:04:45	0:46:35	0:04:40	0:34:41		
206	2323	SEVERINO FERNANDEZ CASCUDO	0:47:24	0:04:45	0:47:18	0:04:44	0:34:18		
207	2453	JOSE CARLOS SILVOSA PIÑEIRO	0:47:29	0:04:45	0:46:50	0:04:41	0:34:38		
208	833	OSCAR RODRIGUEZ-TUBÍO FERNANDEZ	0:47:33	0:04:46	0:47:15	0:04:44	0:35:05		
209	698	JOSE LUIS GUERRERO MONTERO	0:47:35	0:04:46	0:46:19	0:04:38	0:35:13		
210	2318	EZEQUIEL FERNANDEZ GUINDA	0:47:36	0:04:46	0:46:50	0:04:41	0:35:42		
211	2419	JESUS ENRIQUE REY SOUTO	0:47:37	0:04:46	0:47:01	0:04:43	0:35:10	AG-764362	ATLETISMO BOIMORTO
212	2589	JUAN JOSÉ FONTICOBIA BETANZOS	0:47:40	0:04:46	0:47:40	0:04:46	0:34:22		
213	1230	MANUEL VARELA VILA	0:47:42	0:04:47	0:47:03	0:04:43	0:35:03		
214	1354	XOSE RAMON RAMUDO RIVAS	0:47:42	0:04:47	0:47:27	0:04:45	0:34:50		
215	2772	DAVID MARTINEZ MARTIN	0:47:45	0:04:47	0:47:15	0:04:44	0:34:56		
216	2648	JAVIER ANGEL VAZQUEZ OREJAS	0:47:52	0:04:48	0:47:22	0:04:45	0:34:39		
217	1274	NICOLAS MANSILLA CASTELLANOS	0:47:52	0:04:48	0:47:18	0:04:44	0:35:40		
218	2531	LUIS JIMENEZ GARCIA	0:47:58	0:04:48	0:47:28	0:04:45	0:34:50		
219	485	CARLOS PEREZ SINTES	0:48:01	0:04:49	0:47:21	0:04:45	0:35:15		
220	827	MIGUEL LUIS SALGADO PAZOS	0:48:02	0:04:49	0:47:38	0:04:46	0:34:40		
221	1194	JUAN RODRIGUEZ VAZQUEZ	0:48:03	0:04:49	0:47:23	0:04:45	0:35:10		
222	2330	OSCAR GARCIA GAGO	0:48:04	0:04:49	0:47:52	0:04:48	0:35:09		
223	325	JOSE MANUEL TROITIÑO BOUZA	0:48:05	0:04:49	0:47:32	0:04:46	0:35:38		
224	586	FRANCISCO JAVIER REY PEDREIRA	0:48:07	0:04:49	0:47:36	0:04:46	0:33:48		
225	2461	RUBEN MARTINEZ DEL RIO	0:48:11	0:04:50	0:47:52	0:04:48	0:34:51		
226	550	EUGENIO DE MIGUEL MIRO	0:48:13	0:04:50	0:47:41	0:04:47	0:35:13		
227	2176	JAVIES FERNANDEZ RAMOS	0:48:15	0:04:50	0:47:55	0:04:48	0:35:00	AG11270	CLUB ATLETISMO SADA
228	691	JOSÉ GENARO BARRÓS PENEDO	0:48:16	0:04:50	0:46:39	0:04:40	0:36:00		
229	686	JOSE CESAR FERNANDEZ LOPEZ	0:48:22	0:04:51	0:47:52	0:04:48	0:35:41		
230	556	FELIX MARTINEZ YAÑEZ	0:48:26	0:04:51	0:47:40	0:04:46	0:35:19		
231	2350	ROBERTO REY SEOANE	0:48:30	0:04:51	0:47:47	0:04:47	0:35:17		
232	753	LUIS PEREZ DIAZ	0:48:30	0:04:51	0:47:58	0:04:48	0:34:17		
233	2547	PABLO BECERRA LAGO	0:48:31	0:04:52	0:47:06	0:04:43	0:36:16		
234	741	JUAN RAMÓN GARCÍA REGUEIRA	0:48:36	0:04:52	0:47:32	0:04:46	0:36:02		
235	2741	ANTONIO JESUS PANTOJA CAMACHO	0:48:37	0:04:52	0:48:01	0:04:49	0:35:40		
236	919	VICENTE AMADO GONZALEZ	0:48:43	0:04:53	0:48:17	0:04:50	0:35:39		
237	881	RICARDO MASIAN BESSARD	0:48:44	0:04:53	0:48:12	0:04:50	0:35:46		
238	2285	MANUEL VAZQUEZ IGLESIAS	0:48:45	0:04:53	0:48:40	0:04:52	0:34:28		
239	2717	JUAN CARLOS BODELÓN ALFONSO	0:48:49	0:04:53	0:48:07	0:04:49	0:35:42		
240	1309	RAMON LOPEZ ROMAN	0:48:49	0:04:53	0:48:05	0:04:49	0:35:25		
241	1427	JOSE ANTONIO NEIRA CORTES	0:48:50	0:04:53	0:48:35	0:04:52	0:34:37		
242	593	GERARDO FERNANDEZ MAGDALENO	0:48:53	0:04:54	0:48:01	0:04:49	0:35:56		
243	562	FERNANDO PEDREIRA ROMERO	0:48:56	0:04:54	0:48:12	0:04:50	0:36:13		
244	2498	JOSÉ ENRIQUE ÁLVAREZ PÉREZ	0:48:56	0:04:54	0:48:30	0:04:51	0:35:23		
245	2115	MANUEL BLANCO PARADA	0:49:00	0:04:54	0:48:27	0:04:51	0:35:59	A10652	RIALTO
246	1202	JUAN IGNACIO GARCIA RAMA	0:49:01	0:04:55	0:48:45	0:04:53	0:35:54		
247	2152	JESUS MARIA POMBO PAMPIN	0:49:06	0:04:55	0:48:16	0:04:50	0:35:52	AG-763936	ATLETISMO FONTES DO SAR
248	1316	RAMON FERNANDO PUENTE VARELA	0:49:07	0:04:55	0:48:06	0:04:49	0:36:29		
249	711	JOSE MARIA PEREZ VARELA	0:49:09	0:04:55	0:48:40	0:04:52	0:35:22		
250	2738	MANUEL JAVIER MUÑIZ SEIJAS	0:49:12	0:04:56	0:48:41	0:04:53	0:35:50		
251	582	FRANCISCO GULÍN RIVERA	0:49:16	0:04:56	0:48:55	0:04:54	0:35:39		
252	2413	JOSE ANTONIO GONZALEZ FERNANDEZ	0:49:17	0:04:56	0:48:47	0:04:53	0:36:08	AG764011	CLUB ATLETISMO SADA
253	802	MARK WEST	0:49:23	0:04:57	0:48:36	0:04:52	0:36:54		INGLESA
254	916	SUSO RAMOS RODRIGUEZ	0:49:23	0:04:57	0:48:38	0:04:52	0:36:12		
255	939	ALBERTO FRAGA RODRÍGUEZ	0:49:29	0:04:57	0:48:54	0:04:54	0:36:15		



256	830 NICOLAS GONZALEZ FERMOSE	0:49:34	0:04:58	0:48:11	0:04:50	0:36:53	
257	1537 JOSE MANUEL SABORIDO MARTINEZ	0:49:36	0:04:58	0:48:32	0:04:52	0:37:18	
258	2775 IGNACIO REGO TESOURO	0:49:43	0:04:59	0:49:15	0:04:56	0:35:46	
259	469 ANTONIO LLAMAS PANIAGUA	0:49:46	0:04:59	0:48:24	0:04:51	0:36:48	
260	874 RAMÓN GARCÍA-BARROS ALFONSO	0:49:47	0:04:59	0:48:52	0:04:54	0:36:47	
261	2220 JOSÉ LUIS FERREÑO LAMAS	0:49:54	0:05:00	0:49:29	0:04:57	0:35:50	
262	400 JOAQUIN LOPEZ CAMPO	0:49:56	0:05:00	0:49:06	0:04:55	0:36:33	A-9657 RIA FERROL CONCEPCION ARENAL
263	1472 ALVARO GAGINO FERNANDEZ	0:49:59	0:05:00	0:49:03	0:04:55	0:36:13	
264	2505 BERNARDO BARREIRO CARRASCO	0:49:59	0:05:00	0:49:07	0:04:55	0:36:44	
265	608 IGNACIO CÁRDENAS BOTAS	0:50:06	0:05:01	0:49:46	0:04:59	0:36:11	
266	1231 MANUEL SEGADE MONTERO	0:50:06	0:05:01	0:49:58	0:05:00	0:35:16	
267	239 CARLOS PEREZ PEREZ	0:50:10	0:05:01	0:49:47	0:04:59	0:37:16	
268	902 SANTIAGO CARDENAS BOTAS	0:50:10	0:05:01	0:49:51	0:05:00	0:36:12	
269	2515 JAVIER RÍO RODRIGUEZ	0:50:11	0:05:02	0:49:18	0:04:56	0:36:27	
270	1015 DAVID HARO CANO	0:50:12	0:05:02	0:49:09	0:04:55	0:36:38	
271	2548 JOSE MANUEL PAZ CARREIRA	0:50:14	0:05:02	0:49:22	0:04:57	0:36:55	
272	2710 RICARDO CALVO LÓPEZ	0:50:17	0:05:02	0:49:16	0:04:56	0:37:15	
273	730 JUAN CARLOS GÓMEZ PÉREZ	0:50:18	0:05:02	0:48:53	0:04:54	0:37:08	
274	885 ROBERTO LOPEZ LOURO	0:50:21	0:05:03	0:50:05	0:05:01	0:36:40	
275	1311 RAMON RODRIGUEZ ENRIQUEZ	0:50:21	0:05:03	0:48:57	0:04:54	0:37:09	
276	1211 JULIO BRANDARIZ SEOANE	0:50:29	0:05:03	0:50:19	0:05:02	0:36:45	
277	317 JOSÉ ANTONIO PIÑEIRO LAGO	0:50:31	0:05:04	0:50:17	0:05:02	0:36:09	
278	821 MIGUEL ANGEL SECO FERREIRA	0:50:33	0:05:04	0:50:03	0:05:01	0:36:52	
279	709 JOSÉ MANUEL FERNÁNDEZ PUGA	0:50:36	0:05:04	0:50:21	0:05:03	0:36:56	
280	1304 RAFAEL NUÑEZ OTERO	0:50:38	0:05:04	0:49:57	0:05:00	0:37:31	
281	226 CARLOS GONZALEZ REINO	0:50:41	0:05:05	0:49:38	0:04:58	0:37:27	ATLETISMO NOIA
282	1186 JOSÉ MANUEL GÓMEZ GÓMEZ	0:50:45	0:05:05	0:49:46	0:04:59	0:37:38	
283	972 BENITO BUIDE DEL REAL	0:50:45	0:05:05	0:49:34	0:04:58	0:37:47	
284	735 JUAN JOSÉ RUBIO GARCÍA DEL VILLAR	0:50:46	0:05:05	0:49:49	0:04:59	0:37:14	
285	1044 EDUARDO ÁLVAREZ GONZÁLEZ	0:50:47	0:05:05	0:49:50	0:04:59	0:37:02	
286	2546 MIGUEL DEZA RODRIGUEZ	0:50:47	0:05:05	0:49:43	0:04:59	0:37:16	
287	994 CESÁREO PEDREIRA AÑÓN	0:50:58	0:05:06	0:50:33	0:05:04	0:37:28	
288	1123 JESUS ROBRES ZARDOYA	0:51:02	0:05:07	0:50:00	0:05:00	0:37:35	
289	2685 JESUS LOPEZ RAMA	0:51:02	0:05:07	0:50:43	0:05:05	0:37:17	
290	2426 ALBERTO CANO PELAEZ	0:51:02	0:05:07	0:50:49	0:05:05	0:37:02	NAUTICO NARON TRIATLON
291	553 FEDERICO ROMERO YUSTE	0:51:03	0:05:07	0:50:16	0:05:02	0:37:48	
292	1418 JAIME GARCIA RIÑON	0:51:04	0:05:07	0:49:52	0:05:00	0:37:27	
293	739 JUAN PEDRO VIGO SANZ	0:51:07	0:05:07	0:50:38	0:05:04	0:36:50	
294	676 JOSÉ ALFONSO LÓPEZ VÁZQUEZ	0:51:07	0:05:07	0:50:26	0:05:03	0:37:15	
295	2602 IVAN FOLLA-CISNEROS VIDAL	0:51:09	0:05:07	0:49:51	0:05:00	0:37:35	
296	2714 CARLOS FERNÁNDEZ PITA	0:51:13	0:05:08	0:50:03	0:05:01	0:37:37	
297	2435 PABLO SANTIAGO LOPEZ	0:51:13	0:05:08	0:49:51	0:05:00	0:38:55	TRIATLON FERROL
298	693 JOSE GUSTAVO JALLAS AMIGO	0:51:17	0:05:08	0:50:18	0:05:02	0:37:37	
299	891 ROBERTO PABLO JALLAS AMIGO	0:51:18	0:05:08	0:50:19	0:05:02	0:37:36	
300	488 CARLOS ALVAREZ GONZALEZ	0:51:18	0:05:08	0:50:21	0:05:03	0:37:18	
301	1451 OSCAR PATIÑO REVUELTA	0:51:28	0:05:09	0:50:22	0:05:03	0:38:03	
302	2447 JOSE CARLOS CANDAL RIVERA	0:51:31	0:05:10	0:50:38	0:05:04	0:37:40	
303	649 JOAO NUNO DOMINGUES DIAS	0:51:33	0:05:10	0:51:00	0:05:06	0:37:14	PORTUGUESA
304	826 MIGUEL ÁNGEL RODRÍGUEZ GÓMEZ	0:51:33	0:05:10	0:50:59	0:05:06	0:37:17	
305	1458 REINALDO GONZALEZ PEDREIRA	0:51:34	0:05:10	0:50:39	0:05:04	0:38:03	
306	1444 MANUEL FORMOSO CANCELA	0:51:35	0:05:10	0:51:03	0:05:07	0:38:06	
307	1547 JAVIER ESCRIBANO GARCÍA	0:51:39	0:05:10	0:51:20	0:05:08	0:38:01	
308	487 CARLOS PAZOS OVIEDO	0:51:39	0:05:10	0:50:55	0:05:06	0:37:43	
309	386 CARLOS VILLAR AGEITOS	0:51:48	0:05:11	0:50:45	0:05:05	0:37:29	ATLETISMO NOIA
310	2647 JOSÉ ANTONIO SAAVEDRA PAZOS	0:51:48	0:05:11	0:50:48	0:05:05	0:38:34	
311	1189 JOSE RAMON ALMIRON ALONSO	0:51:48	0:05:11	0:51:22	0:05:09	0:38:29	
312	2676 PABLO REZA RODRÍGUEZ	0:51:49	0:05:11	0:50:43	0:05:05	0:38:19	
313	2690 FERNANDO MELÉNDEZ FERRO	0:51:52	0:05:12	0:51:04	0:05:07	0:37:50	
314	806 MATIAS NUÑEZ ARROJO	0:51:54	0:05:12	0:51:13	0:05:08	0:37:47	
315	2462 FRANCISCO ABEIJÓN COSTA	0:51:55	0:05:12	0:51:17	0:05:08	0:37:33	
316	409 JUAN JOSE GOMEZ NEGREIRA	0:51:59	0:05:12	0:51:06	0:05:07	0:38:36	
317	1432 JOSE MANUEL GENDRA VIEITES	0:52:00	0:05:12	0:50:37	0:05:04	0:38:28	
318	2630 JULIO PEINADO ZARCO	0:52:00	0:05:12	0:50:46	0:05:05	0:37:48	
319	2793 CARLOS CARREIRA OTERO	0:52:06	0:05:13	0:51:16	0:05:08	0:38:37	ATLETISMO BOIMORTO
320	2451 JOSÉ ROBERTO REY IGLESIAS	0:52:08	0:05:13	0:51:18	0:05:08	0:38:38	

321	880 RICARDO RUBIO ALAMEDA	0:52:13	0:05:14	0:51:19	0:05:08	0:37:51	
322	439 ALEJANDRO CAÑADA MUÑOZ	0:52:17	0:05:14	0:51:04	0:05:07	0:38:29	
323	790 MARCO ANTONIO GARCIA ARIAS	0:52:21	0:05:15	0:51:21	0:05:09	0:38:09	
324	754 LUIS YEBRA LOPEZ	0:52:22	0:05:15	0:51:59	0:05:12	0:38:13	
325	2286 JOSE BENITO PEREIRO CASTIÑEIRAS	0:52:23	0:05:15	0:52:13	0:05:14	0:37:34	
326	1273 NICO BRASA GARCÍA-ARÉVALO	0:52:24	0:05:15	0:51:25	0:05:09	0:37:22	
327	2669 EDUARDO PAREDES	0:52:24	0:05:15	0:51:13	0:05:08	0:38:35	
328	2532 FRANCISCO UCHA DE LA BARRERA	0:52:24	0:05:15	0:51:16	0:05:08	0:38:25	
329	1240 MANUEL PEREZ PIÑON	0:52:29	0:05:15	0:50:52	0:05:06	0:39:09	
330	333 JOSE MARIA ABAD TABOADA	0:52:30	0:05:15	0:51:00	0:05:06	0:38:34	
331	2576 PEDRO ARTURO PETEIRO ROSENDE	0:52:31	0:05:16	0:52:15	0:05:14	0:37:46	
332	425 ALBERTO PEREZ MIRAMONTES	0:52:36	0:05:16	0:51:32	0:05:10	0:38:04	
333	2713 JOSE ANTONIO SANTISO SEOANE	0:52:39	0:05:16	0:50:59	0:05:06	0:38:16	
334	1096 IGNACIO PEDRO RECIO SATUE	0:52:42	0:05:17	0:52:15	0:05:14	0:38:49	
335	1220 LUIS VEIGA MENÉNDEZ	0:52:46	0:05:17	0:51:11	0:05:08	0:38:54	
336	1210 JULIO CORDONIE PORTO	0:52:47	0:05:17	0:51:13	0:05:08	0:39:01	
337	648 JESUS ANGEL RODRIGUEZ RODRIGUEZ	0:52:51	0:05:18	0:51:26	0:05:09	0:39:26	
338	1087 GONZALO JAVIER GARCÍA RUMBO	0:52:52	0:05:18	0:51:00	0:05:06	0:39:39	
339	566 FERNANDO MARTINEZ ABELLA	0:52:55	0:05:18	0:51:59	0:05:12	0:38:02	
340	681 JOSE ANTONIO GARCIA MIRA	0:52:57	0:05:18	0:51:57	0:05:12	0:38:59	
341	1153 JOSE GARCIA RODRIGUEZ	0:53:01	0:05:19	0:52:37	0:05:16	0:39:09	
342	2737 JUAN MANUEL RODRIGUEZ LEGARRETA	0:53:04	0:05:19	0:52:09	0:05:13	0:38:31	
343	2722 IGNACIO URIBARRI DURÁN	0:53:04	0:05:19	0:52:10	0:05:13	0:38:30	
344	1071 FRANCISCO ALVARELLOS LEMA	0:53:07	0:05:19	0:52:30	0:05:15	0:38:17	
345	2424 JESUS NAVAZO RUIZ	0:53:09	0:05:19	0:51:59	0:05:12	0:40:39	AG 763934 ATLETISMO FONTES DO SAR
346	2610 RICARDO BRANDÓN VENOZZA	0:53:13	0:05:20	0:52:47	0:05:17	0:37:39	
347	472 ANTONIO A. PÉREZ VÁZQUEZ	0:53:19	0:05:20	0:52:44	0:05:17	0:38:23	
348	581 FRANCISCO RIVADULLA RIVADULLA	0:53:20	0:05:20	0:51:21	0:05:09	0:39:28	
349	1310 RAMON SEGURA VARELA	0:53:22	0:05:21	0:51:53	0:05:12	0:39:30	
350	705 JOSE MANUEL LIÑARES MARTINEZ	0:53:25	0:05:21	0:51:58	0:05:12	0:41:08	
351	427 ALBERTO BALLON LAGE	0:53:30	0:05:21	0:52:38	0:05:16	0:39:49	
352	628 JAVIER AZAGRA DEL CAMPO	0:53:30	0:05:21	0:52:58	0:05:18	0:38:46	
353	552 FCO JAVIER IGLESIAS ALONSO	0:53:34	0:05:22	0:52:17	0:05:14	0:38:54	
354	1184 JOSE MANUEL GARCIA CASTRO	0:53:43	0:05:23	0:53:02	0:05:19	0:38:47	
355	2766 DANIEL VERA VÁZQUEZ	0:53:43	0:05:23	0:52:48	0:05:17	0:39:42	AG-764364 ATLETISMO BOIMORTO
356	1043 EDUARDO FERREIRO CRUZ	0:53:44	0:05:23	0:52:58	0:05:18	0:39:31	
357	1172 JOSE LUIS PENEDO	0:53:48	0:05:23	0:52:57	0:05:18	0:39:35	
358	598 GREGORIO MORRONDO REMIS	0:53:50	0:05:23	0:53:08	0:05:19	0:39:46	
359	2728 SANTIAGO BORES BERMEJO	0:53:54	0:05:24	0:53:01	0:05:19	0:39:23	
360	831 OCTAVIO SUSACASA NOVAL	0:54:01	0:05:25	0:53:12	0:05:20	0:38:46	
361	1401 ENRIQUE SORIA CEBALLOS	0:54:05	0:05:25	0:52:44	0:05:17	0:39:56	
362	589 FRANCISCO JOSE BARREIRO GABEIRAS	0:54:11	0:05:26	0:52:39	0:05:16	0:40:24	
363	2687 CLEMENTE RIVERA CONCHADO	0:54:19	0:05:26	0:53:34	0:05:22	0:39:44	
364	655 JORGE PUIGDOLLERS CHAVES	0:54:21	0:05:27	0:53:49	0:05:23	0:39:43	
365	1200 JUAN EMILIO REJAS JIMÉNEZ	0:54:24	0:05:27	0:53:00	0:05:18	0:40:30	
366	2550 JUAN LUIS LIMORTE URRUTIA	0:54:25	0:05:27	0:53:24	0:05:21	0:39:13	
367	1152 JOSE CASTRO FERNANDEZ	0:54:28	0:05:27	0:53:42	0:05:23	0:39:37	
368	755 LUIS GESTAL GARCE	0:54:32	0:05:28	0:53:57	0:05:24	0:39:43	
369	1417 IVAN RAFAEL BERMUDEZ GONZALEZ	0:54:37	0:05:28	0:52:42	0:05:17	0:42:02	
370	1212 JULIO FERNANDEZ VILAS	0:54:39	0:05:28	0:53:27	0:05:21	0:38:58	
371	2385 JOSE ANTONIO VIÑA VAZQUEZ	0:54:42	0:05:29	0:54:30	0:05:27	0:38:07	AG7483 ATLETISMO MONTE SEGADE
372	606 IGNACIO CRESPO LOPEZ	0:54:51	0:05:30	0:54:09	0:05:25	0:39:55	
373	2556 FRANCISCO ORRO ARCAÏ	0:54:51	0:05:30	0:53:12	0:05:20	0:40:19	
374	677 JOSE ANTONIO FACHAL MOSTEIRO	0:54:51	0:05:30	0:52:50	0:05:17	0:40:30	
375	2656 ROGELIO MANUEL PÉREZ MIÑONES	0:54:58	0:05:30	0:53:09	0:05:19	0:39:50	
376	2457 XOSE RAMON LOPEZ TOJA	0:54:58	0:05:30	0:53:43	0:05:23	0:40:24	
377	2396 FRANCISCO ALONSO CUEVAS	0:54:58	0:05:30	0:54:12	0:05:26	0:40:28	AG 764081 C.A.R. MARISQUEIRO
378	2580 CARLOS SÁNCHEZ CARRETERO	0:54:59	0:05:30	0:53:39	0:05:22	0:40:13	
379	2463 GABRIEL BARREIRO GONZÁLEZ	0:55:01	0:05:31	0:54:14	0:05:26	0:40:26	
380	544 ENRIQUE ALDEA SANCHEZ	0:55:02	0:05:31	0:53:15	0:05:20	0:40:57	
381	1190 JOSE RAMON VILABOY ROUCO	0:55:07	0:05:31	0:54:13	0:05:26	0:41:08	
382	2774 GABRIEL KESLER CANAN	0:55:16	0:05:32	0:54:40	0:05:28	0:39:48	
383	996 CLAUDIO LEGIDE VILA	0:55:16	0:05:32	0:54:49	0:05:29	0:39:47	
384	2733 JOSÉ LUIS AMIGO DIGÓN	0:55:19	0:05:32	0:54:12	0:05:26	0:40:08	
385	878 RAÚL BELLAS RODRÍGUEZ	0:55:21	0:05:33	0:53:33	0:05:22	0:41:10	

386	2410	PEDRO ABELEDO CORTIZAS	0:55:24	0:05:33	0:55:19	0:05:32	0:40:00	G17172	CLUB ATLETISMO SADA
387	1185	JOSÉ MANUEL CAMBON REY	0:55:27	0:05:33	0:54:05	0:05:25	0:40:54		
388	561	FERNANDO SUAREZ CARRIL	0:55:28	0:05:33	0:53:27	0:05:21	0:41:11		
389	1214	JUSTO REAL IGLESIAS	0:55:29	0:05:33	0:55:05	0:05:31	0:41:53		
390	483	BRUNO LÓPEZ FERREIRO	0:55:33	0:05:34	0:54:48	0:05:29	0:41:03		
391	1111	JAVIER BESCANSACARRO	0:55:41	0:05:35	0:53:55	0:05:24	0:42:07		
392	670	JOSE LAREO SANTISO	0:55:52	0:05:36	0:54:16	0:05:26	0:41:08		
393	669	JOSE LEYTE VERDEJO	0:55:57	0:05:36	0:55:19	0:05:32	0:40:29		
394	612	IGNACIO ASUA ISASA	0:56:02	0:05:37	0:54:50	0:05:29	0:40:55		
395	1163	JOSÉ BENITO PÉREZ LÓPEZ	0:56:16	0:05:38	0:55:10	0:05:31	0:41:44		
396	733	JUAN CARLOS CEBRAL SANTOS	0:56:20	0:05:38	0:55:31	0:05:34	0:40:44		
397	620	JAIME CARRO MERCHAN	0:56:41	0:05:41	0:55:50	0:05:35	0:41:12		
398	2464	GUILLERMO RODRIGUEZ PUJOL	0:56:44	0:05:41	0:55:57	0:05:36	0:39:17		
399	2770	ANGEL TARRÍO TOBAR	0:56:54	0:05:42	0:55:23	0:05:33	0:41:19		
400	1079	GABRIEL ALVAREZ CARREIRA	0:56:57	0:05:42	0:55:47	0:05:35	0:42:11		
401	631	JAVIER FERNANDEZ CONTO	0:56:57	0:05:42	0:55:40	0:05:34	0:42:07		
402	820	MIGUEL ANGEL ALONSO MONZON	0:57:01	0:05:43	0:56:10	0:05:37	0:41:12		
403	2677	MANUEL GARRIDO ALVAREZ	0:57:02	0:05:43	0:55:46	0:05:35	0:42:06		
404	1313	RAMÓN ABELEDO ALVAREZ	0:57:04	0:05:43	0:55:52	0:05:36	0:42:08		
405	1132	JOAN CLARA TOLOSA	0:57:08	0:05:43	0:56:06	0:05:37	0:41:59		
406	1147	JORGE RODRIGO BRIONES MEIJIDE	0:57:16	0:05:44	0:56:23	0:05:39	0:41:11		
407	1283	OVIDIO LÓPEZ REY	0:57:23	0:05:45	0:55:30	0:05:33	0:41:46		
408	584	FRANCISCO JAVIER VILLAMISAR CALVIÑO	0:57:29	0:05:45	0:56:23	0:05:39	0:40:46		
409	476	BENIGNO FERNANDEZ PORTILLA	0:57:32	0:05:46	0:56:14	0:05:38	0:42:29		
410	1094	IGNACIO ARES VAZQUEZ	0:57:48	0:05:47	0:56:06	0:05:37	0:43:16		
411	2282	JUAN CARLOS RECOUSO GARCIA	0:57:49	0:05:47	0:57:43	0:05:47	0:42:12		
412	839	PABLO RODRIGUEZ-VELLANDO	0:57:56	0:05:48	0:56:29	0:05:39	0:42:07		
413	954	ALFREDO DELGADO IZARRA	0:58:02	0:05:49	0:57:04	0:05:43	0:42:21		
414	2555	JAVIER SARDIÑA AGRA	0:58:10	0:05:49	0:56:31	0:05:40	0:41:51		
415	1319	ROBERTO SUÁREZ GARCÍA	0:58:17	0:05:50	0:56:54	0:05:42	0:41:43		
416	864	PEDRO F. BLAZQUEZ FRAGOSO	0:58:23	0:05:51	0:56:57	0:05:42	0:43:45		
417	460	ANSELMO MENENDEZ VILLALVA	0:58:27	0:05:51	0:56:52	0:05:42	0:41:58		
418	869	RAMON CALVIÑO SANTOS	0:58:31	0:05:52	0:57:05	0:05:43	0:43:15		
419	999	DANIEL GRANELL OTERO	0:58:36	0:05:52	0:58:17	0:05:50	0:42:09		
420	890	ROBERTO GONZALEZ MARTINEZ	0:58:40	0:05:52	0:57:41	0:05:47	0:42:14		
421	1181	JOSE MANUEL ABEIJON SILLERO	0:58:46	0:05:53	0:57:46	0:05:47	0:43:12		
422	2237	JUAN IGNACIO LÓPEZ SILVA	0:58:50	0:05:53	0:57:52	0:05:48	0:43:06		
423	1082	GONZALO FERNÁNDEZ PÉREZ-SOBA	0:58:51	0:05:54	0:57:22	0:05:45	0:43:40		
424	714	JOSÉ MARÍA PEMÁN SEOANE	0:58:51	0:05:54	0:57:22	0:05:45	0:43:40		
425	484	CAMILO FERNANDEZ BEMBRIBE	0:58:52	0:05:54	0:58:05	0:05:49	0:43:01		
426	602	HÉCTOR LAMEIRO FRAGA	0:58:52	0:05:54	0:58:09	0:05:49	0:42:36		
427	1241	MANUEL ANGEL COBAS OTERO	0:59:03	0:05:55	0:58:18	0:05:50	0:43:26		
428	2471	JOAQUIN GARMA CASTRO	0:59:03	0:05:55	0:58:10	0:05:49	0:44:19		
429	2628	JOSÉ RAMÓN RAMOS IGLESIAS	0:59:17	0:05:56	0:57:36	0:05:46	0:42:24		
430	294	FRANCISCO GUARDDON GARCÍA	0:59:30	0:05:57	0:59:24	0:05:57	0:41:06		
431	771	MANUEL RAMUDO PRIETO	0:59:43	0:05:59	0:58:10	0:05:49	0:44:25		
432	480	BERNARDO VIQUEIRA ALLER	0:59:49	0:05:59	0:58:35	0:05:52	0:44:00		
433	1541	ABEL SANJOSE GATO	0:59:58	0:06:00	0:59:01	0:05:55	0:44:23		
434	1433	JOSE MANUEL FRAGA VEIGA	1:00:08	0:06:01	0:58:07	0:05:49	0:44:51		
435	1390	ALBERTO LOBO REQUEJO	1:00:08	0:06:01	0:59:32	0:05:58	0:45:02		
436	2411	RAMIRO BLANCO MONTERO	1:00:10	0:06:01	0:58:53	0:05:54	0:44:27	AG76409	CLUB ATLETISMO SADA
437	466	ANTONIO SOUTO	1:00:11	0:06:02	0:58:46	0:05:53	0:44:48		
438	2434	JUAN GÓMEZ-PORTALES	1:00:11	0:06:02	0:58:46	0:05:53	0:44:47	32804540P	TRIATLÓN CORUÑA
439	1476	CARLOS MONDELO RODRIGUEZ	1:00:16	0:06:02	0:58:49	0:05:53	0:44:03		
440	877	RAMÓN DAVID FERNÁNDEZ LUACES	1:00:22	0:06:03	0:58:26	0:05:51	0:45:23		
441	1169	JOSE JULIO ARES SUAREZ	1:00:23	0:06:03	0:59:22	0:05:57	0:44:40		
442	387	JAVIER CAMBA MÉNDEZ	1:00:23	0:06:03	0:58:47	0:05:53	0:43:33	AG-764350	ATLETISMO BOIMORTO
443	448	ALFONSO REMUIÑÁN SÁNCHEZ	1:00:41	0:06:05	1:00:25	0:06:03	0:40:15		
444	907	SEGUNDO EIRAS SÁNCHEZ	1:00:49	0:06:05	0:59:31	0:05:58	0:42:58		
445	2582	PABLO RAFAEL PRIETO CASAL	1:00:49	0:06:05	0:59:23	0:05:57	0:44:38		
446	2537	ANTONIO CUBEL JIMENEZ	1:00:55	0:06:06	0:59:29	0:05:57	0:44:59		
447	822	MIGUEL ANGEL AYMERICH RICO	1:01:04	0:06:07	0:59:56	0:06:00	0:45:27		
448	1182	JOSE MANUEL SANMARTIN FERNANDEZ	1:01:07	0:06:07	1:00:10	0:06:01	0:44:23		
449	968	ANTONIO JOSÉ LAGE BARDERAS	1:01:19	0:06:08	0:59:59	0:06:00	0:44:55		
450	1249	MARCOS SEOANE VILARIÑO	1:01:41	0:06:11	1:00:43	0:06:05	0:45:51		

451	903 SANTIAGO MÍGUEZ CARIDAD	1:01:47	0:06:11	1:00:13	0:06:02	0:45:40						
452	770 MANUEL SANCHEZ CASTELO	1:01:55	0:06:12	1:01:09	0:06:07	0:45:46						
453	1136 JORGE SOUTO MARIÑAS	1:02:09	0:06:13	1:00:59	0:06:06	0:44:16						
454	985 CARLOS AMOR GOMEZ	1:02:13	0:06:14	1:00:32	0:06:04	0:45:26						
455	1133 JOAQUÍN PARADELO CARRACEDO	1:02:21	0:06:15	1:01:20	0:06:08	0:44:21						
456	630 JAVIER CARNEIRO PEREZ	1:03:01	0:06:19	1:01:29	0:06:09	0:46:37						
457	1112 JAVIER LOPEZ RODRIGUEZ	1:03:26	0:06:21	1:01:44	0:06:11	0:45:29						
458	2540 JOSE ANTONIO BOCELO PRIETO	1:03:27	0:06:21	1:01:44	0:06:11	0:45:29						
459	2672 BASILIO SANTOS BASANTA	1:03:39	0:06:22	1:03:07	0:06:19	0:46:24						
460	2613 IVÁN PIÑEIRO PÉREZ	1:04:05	0:06:25	1:02:20	0:06:14	0:48:43						
461	399 JOSÉ FRANCISCO AREA SANTOS	1:04:43	0:06:29	1:03:38	0:06:22	0:48:07	AG-11054	MARINEDA ATLETICO				
462	813 MIGUEL MASIDE DE ARRIBA	1:05:04	0:06:31	1:03:42	0:06:23	0:47:05						
463	1415 INDALECIO TEJEIRO MÉNDEZ	1:05:42	0:06:35	1:04:06	0:06:25	0:47:23						
464	2771 CARLOS QUINTAS VILA	1:05:50	0:06:35	1:03:46	0:06:23	0:48:06						
465	2649 MIGUEL FOLGUEIRA GARCÍA	1:06:19	0:06:38	1:04:55	0:06:30	0:47:51						
466	810 MIGUEL LOPEZ ARIAS	1:06:23	0:06:39	1:05:30	0:06:33	0:44:06						
467	1196 JUAN ANTONIO VILARIÑO DOBARRO	1:06:27	0:06:39	1:04:48	0:06:29	0:49:38						
468	984 CARLOS CANCELA GARRIDO	1:06:44	0:06:41	1:06:05	0:06:37	0:48:09						
469	1050 ENRIQUE GARCIA PERALBO	1:07:06	0:06:43	1:05:58	0:06:36	0:49:44						
470	2730 FRANCISCO JAVIER PALOMERO ALBA	1:07:37	0:06:46	1:06:08	0:06:37	0:48:38						
471	1109 JAVIER FLOREZ ARIAS	1:08:25	0:06:51	1:06:49	0:06:41	0:49:59						
472	2780 JUAN RODRIGUEZ	1:08:32	0:06:52	1:06:42	0:06:41	0:49:25						
473	809 MIGUEL ABELEDO PATIÑO	1:09:03	0:06:55	1:08:23	0:06:51	0:48:06						
474	557 FÉLIX SÁNCHEZ-TEMBLEQUE DÍAZ-PACHE	1:09:07	0:06:55	1:07:10	0:06:43	0:50:56						
475	1303 PEDRO PABLO FERNÁNDEZ ROUCO	1:09:34	0:06:58	1:08:50	0:06:53	0:49:50						
476	1168 JOSE JOAQUÍN SUÁREZ VILAS	1:09:37	0:06:58	1:08:02	0:06:49	0:50:25						
477	1105 JAIME SANMARTÍN MAZOY	1:09:47	0:06:59	1:08:47	0:06:53	0:49:13						
478	2784 MIGUEL ANGEL PAZ DANS	1:11:56	0:07:12	1:10:25	0:07:03	0:52:11						
479	1429 JOSE JAVIER MESIAS VAZQUEZ	1:12:47	0:07:17	1:12:13	0:07:14	0:52:29						

VT2F	VETERAN Inscritos:		68 Llegados		60							
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro	Ca:	Licencia	Club	Nacionalidad	
1	1	MARÍA SOLEDAD CASTRO SOLIÑO	0:38:20	0:03:50	0:38:19	0:03:50	0:27:49	GA - 9172		COMESAÑA SPORTING CLUB		
2	6	MARIA CABADAS CANCELA	0:40:40	0:04:04	0:40:37	0:04:04	0:29:54					
3	2004	TERESA CORRAL MARCOS	0:41:59	0:04:12	0:41:56	0:04:12	0:30:36	GA16443		ATLETISMO CORUÑA COMARCA		
4	2010	PURIFICACIÓN BERMÚDEZ TURNES	0:44:30	0:04:27	0:44:17	0:04:26	0:32:35	AG 763763		NOITEBRA F.C.		
5	10	CARMEN RODRIGUEZ JARAZO	0:44:58	0:04:30	0:44:38	0:04:28	0:32:56			ATLETISMO RIAZOR CORUÑA		
6	2005	ANA ISABEL RODRIGUEZ EXPOSITO	0:45:20	0:04:32	0:45:10	0:04:31	0:32:52	AG7471		ATLETISMO MONTE SEGADE		
7	2061	INES PAPIN ESTEVEZ	0:46:35	0:04:40	0:46:11	0:04:38	0:33:56					
8	2013	MARIA DOLORES MUÑIZ CABANAS	0:47:49	0:04:47	0:47:38	0:04:46	0:34:39					
9	33	BETTY VILLAR OLAÑETA	0:48:13	0:04:50	0:47:58	0:04:48	0:35:11					
10	2057	SUSANA BELLAS BERMÚDEZ	0:48:59	0:04:54	0:48:37	0:04:52	0:35:50					
11	2012	MONTSERRAT HERNANDEZ GARCIA	0:49:01	0:04:55	0:48:45	0:04:53	0:35:47			RIALTO		
12	2007	MONTSE FERNANDEZ RAMOS	0:49:34	0:04:58	0:49:12	0:04:56	0:35:44	AG11336		CLUB ATLETISMO SADA		
13	143	LOLA PERNAS ALONSO	0:49:41	0:04:59	0:48:20	0:04:50	0:37:00					
14	124	CRISTINA RODRÍGUEZ GARCÍA	0:50:20	0:05:02	0:49:35	0:04:58	0:36:58					
15	2038	MARIA JESUS RIO GARCIA	0:51:05	0:05:07	0:50:36	0:05:04	0:37:20					
16	2067	MARÍA EUGENIA TORRES COSTA TORRES COSTAS	0:51:14	0:05:08	0:50:26	0:05:03	0:37:28					
17	2031	FATIMA CASARIEGO RICOY	0:51:47	0:05:11	0:50:06	0:05:01	0:38:17					
18	2036	MARIA JESUS DEVESA FERREIRO	0:51:48	0:05:11	0:51:26	0:05:09	0:37:42					
19	2022	BEATRIZ GONZALEZ SENIN	0:52:19	0:05:14	0:51:56	0:05:12	0:37:47	AG764316		CLUB ATLETISMO SADA		
20	158	MARÍA CARMEN LOUZAO RODRIGUEZ	0:52:28	0:05:15	0:51:47	0:05:11	0:38:19					
21	1367	ELISA PAZ	0:52:32	0:05:16	0:52:03	0:05:13	0:38:09					
22	55	MARÍA VICTORIA PÉREZ HERNÁNDEZ	0:54:01	0:05:25	0:53:30	0:05:21	0:39:48					
23	2032	SONIA PRADO PRADO	0:54:37	0:05:28	0:53:11	0:05:20	0:40:25					
24	2043	ELIA RODRIGUEZ GALLEGRO	0:55:06	0:05:31	0:53:35	0:05:22	0:40:21					
25	28	ANGELES LOPEZ VILAS	0:55:12	0:05:32	0:53:51	0:05:24	0:40:17					
26	115	CARMEN UZAL JANEIRO	0:56:04	0:05:37	0:54:14	0:05:26	0:41:28					
27	172	MÓNICA RODRÍGUEZ GARCÍA	0:56:11	0:05:38	0:55:25	0:05:33	0:40:45					
28	52	MARÍA BELEN CASTILLO SIMÓN	0:56:57	0:05:42	0:55:41	0:05:35	0:42:06					
29	2054	MARIA LUISA CELADA DIAZ	0:57:37	0:05:46	0:56:11	0:05:38	0:42:10					
30	2053	ISABEL PEÑA PEREZ	0:57:43	0:05:47	0:56:23	0:05:39	0:41:37					
31	2066	CARMEN CASAL LLORENTE	0:57:49	0:05:47	0:57:13	0:05:44	0:42:12					
32	2050	ISABEL MARGARITA DÍAZ DOMÍNGUEZ	0:58:03	0:05:49	0:56:39	0:05:40	0:41:42					
33	63	NATALIA MARTINEZ-REBOREDO FERREIRO	0:58:05	0:05:49	0:56:24	0:05:39	0:43:23					

34	159	MARIA ELENA CASTRO SABIO	0:58:29	0:05:51	0:57:02	0:05:43	0:42:58		
35	118	CHUS POSSE TEIRA	0:58:50	0:05:53	0:57:51	0:05:48	0:43:07		
36	146	Mª LUZ ALVAREZ GONZALEZ-MORO	0:58:56	0:05:54	0:58:16	0:05:50	0:43:34		
37	97	ANA GOMEZ LOPEZ	0:59:59	0:06:00	0:58:33	0:05:52	0:45:03		
38	84	SONIA GÓMEZ-PORTALES	1:00:10	0:06:01	0:58:46	0:05:53	0:44:47		
39	1511	ISABEL OGÁYAR BARRANCO	1:00:31	0:06:04	0:59:17	0:05:56	0:44:06		
40	1515	MARIA MARGARITA LOPEZ VAZQUEZ	1:00:36	0:06:04	0:59:56	0:06:00	0:44:07		
41	2743	PAULINA ANDREA MOSQUERA	1:00:55	0:06:06	0:59:53	0:06:00	0:44:19		
42	152	MARIA GONZÁLEZ-REGALADO ABEL	1:01:48	0:06:11	1:01:18	0:06:08	0:46:02		
43	30	BEGOÑA TABOADA MACHO	1:01:55	0:06:12	1:01:11	0:06:08	0:45:46		
44	2042	MERCEDES VÁZQUEZ BUGALLO	1:02:17	0:06:14	1:00:58	0:06:06	0:45:32		
45	56	MARÍA VICTORIA ARES SÁNCHEZ	1:02:22	0:06:15	1:00:45	0:06:05	0:45:31		
46	150	MANUELA DOS SANTOS FERNÁNDEZ	1:02:25	0:06:15	1:02:14	0:06:14	0:45:22		
47	88	TERESA DE LA CRUZ RODRÍGUEZ	1:02:38	0:06:16	1:01:16	0:06:08	0:46:28		
48	35	ESTHER FERNANDEZ FERNANDEZ	1:02:47	0:06:17	1:01:00	0:06:06	0:46:49		
49	1516	PATRICIA POLANCO PEREIRO	1:03:13	0:06:20	1:01:27	0:06:09	0:46:00		
50	116	CARMEN GÓMEZ PUENTE	1:03:49	0:06:23	1:02:05	0:06:13	0:46:44		
51	1512	MAIJO ALONSO MOIRON	1:04:24	0:06:27	1:02:22	0:06:15	0:46:41		
52	2018	MARÍA JOSEFINA PARDO MONTAÑA	1:04:35	0:06:28	1:02:39	0:06:16	0:47:41	AG-9872	ATLETISMO MILLARAIO
53	133	EVA VAZQUEZ CASTELO	1:07:06	0:06:43	1:05:58	0:06:36	0:49:44		
54	130	ESTHER MOSCOSO VIDAL	1:08:34	0:06:52	1:07:32	0:06:46	0:49:48		
55	2033	ISOLINA CASTIÑEIRA VÁZQUEZ	1:08:56	0:06:54	1:07:55	0:06:48	0:50:31		
56	22	ANA GONZÁLEZ RODIL	1:10:21	0:07:03	1:08:26	0:06:51	0:52:09		
57	96	ANA VÁZQUEZ VILLARREAL	1:13:33	0:07:22	1:12:28	0:07:15	0:53:43		
58	2034	FEDRA ALVAREZ-VIJANDE MARTINEZ	1:14:05	0:07:25	1:13:34	0:07:22	0:52:14		
59	151	MARGA LÓPEZ RÍO	1:15:21	0:07:33	1:14:58	0:07:30	0:55:13		
60	1513	MAR FERNANDEZ LINARES	1:23:09	0:08:19	1:21:06	0:08:07	1:00:40		

VT3M		VETERAN Inscritos:		174 Llegados		160				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro	Ca: Licencia	Club	Nacionalidad
	1	2074	JOSE LUIS BOUZA FREIRE	0:36:25	0:03:39	0:36:23	0:03:39	0:26:29 GA17180	ATLETISMO AFFELOU NARON	
	2	2102	EMILIO MARTINEZ ANTA	0:36:38	0:03:40	0:36:35	0:03:40	0:26:33 GA20450	EGOVARROS - VIVEIRO	
	3	211	ANTONIO FUERTES SAAVEDRA	0:37:08	0:03:43	0:37:07	0:03:43	0:27:06 GA16019	REAL CLUB CELTA ATLETISMO	
	4	2178	JOSE ANTONIO MARTINEZ GARCIA	0:37:50	0:03:47	0:37:41	0:03:47	0:27:35 AG764746	CLUB ATLETISMO SADA	
	5	2076	HIGINIO RODRÍGUEZ SOUTO	0:38:29	0:03:51	0:38:26	0:03:51	0:28:09 GA-4011	ATLETISMO CORUÑA COMARCA	
	6	2211	JOSE MANUEL FERNANDEZ SANGIAO	0:38:30	0:03:51	0:38:28	0:03:51	0:27:48 GA 19555	VERXEL NUTRICIÓN DEPORTIVA	
	7	2271	JOSE MANUEL RODRIGUEZ TAJES	0:38:45	0:03:53	0:38:44	0:03:53	0:28:20		
	8	2149	JUAN CARLOS BRANDÓN RODRIGUEZ	0:39:47	0:03:59	0:39:36	0:03:58	0:28:53 A-11133	ATLETISMO FONTES DO SAR	
	9	309	JESUS IGLESIAS MIER	0:39:53	0:04:00	0:39:46	0:03:59	0:29:05		
	10	2224	ANTONIO FRAGA GARCÍA	0:40:12	0:04:02	0:40:02	0:04:01	0:29:10		
	11	2184	JAVIER TORO MONTERO	0:40:16	0:04:02	0:40:12	0:04:02	0:29:27 GA14096	FLUVIAL DE LUGO	
	12	2150	XOSE MANUEL MALVIDO CARRILLO	0:40:40	0:04:04	0:40:31	0:04:04	0:29:36 A-9758	ATLETISMO FONTES DO SAR	
	13	2216	LORENZO MARCOS MATO ARMAS	0:40:41	0:04:05	0:40:30	0:04:03	0:29:33		
	14	2229	JOSE PEDRO RILO PENA	0:40:48	0:04:05	0:40:35	0:04:04			
	15	2264	SAÚL GÓMEZ ARROJÓ	0:41:06	0:04:07	0:40:58	0:04:06	0:29:43		
	16	2360	FRANCISCO SOTO GARCÍA	0:41:31	0:04:10	0:41:22	0:04:09	0:30:11		
	17	2157	JOSE MANUEL ALONSO PEREZ	0:41:32	0:04:10	0:41:23	0:04:09	0:30:23	ATLETISMO MONTE SEGADE	
	18	2153	RAMON SUAREZ GOMEZ	0:41:44	0:04:11	0:41:39	0:04:10	0:30:34	ATLETISMO MILLADOIRO	
	19	744	JULIAN JOSE GESTO CAABEIRO	0:41:51	0:04:12	0:41:19	0:04:08	0:30:15		
	20	2394	JOSE ANTONIO GONZALEZ PAZ	0:42:14	0:04:14	0:42:11	0:04:14	0:29:38 GA-20632	BURGAS ATLETISMO OURENSE	
	21	2390	RAFAEL PÉREZ REGO	0:42:15	0:04:14	0:41:49	0:04:11	0:30:48 ag-8975	ATLETISMO TUI-THERMALIA	
	22	2160	MANUEL ANTONIO TRABADA GOMEZ	0:42:32	0:04:16	0:42:25	0:04:15	0:31:16 AG 10224	ATLETISMO MONTE SEGADE	
	23	2253	JESUS MANUEL GANDOY VILAR	0:42:32	0:04:16	0:42:22	0:04:15	0:31:25		
	24	545	ENRIQUE IGLESIAS GONZALEZ	0:42:48	0:04:17	0:42:32	0:04:16	0:31:29		
	25	2175	MANUEL FERREIRA VARELA	0:43:01	0:04:19	0:42:54	0:04:18	0:31:32 AG764010	CLUB ATLETISMO SADA	
	26	244	ADOLFO RODRIGUEZ RODRIGUEZ	0:43:02	0:04:19	0:42:52	0:04:18	0:30:30		
	27	2257	EMILIO CANAL BLANCO	0:43:09	0:04:19	0:42:56	0:04:18	0:31:36		
	28	2266	PABLO GONZALEZ GONZALEZ	0:43:12	0:04:20	0:43:06	0:04:19	0:31:14		
	29	2314	LUIS GAMUNDI MIRAZ	0:43:21	0:04:21	0:43:04	0:04:19	0:31:25		
	30	330	JOSE MANUEL SEOANE CHAS	0:43:46	0:04:23	0:43:38	0:04:22	0:31:38		
	31	2449	XAN CARLOS BARREIRO AMOR	0:43:54	0:04:24	0:43:30	0:04:21	0:32:00		
	32	1203	JUAN JESÚS PAZOS MANTINIÁN	0:44:01	0:04:25	0:43:43	0:04:23	0:31:46		
	33	2250	JOSE MANUEL CASTRO ROIS	0:44:09	0:04:25	0:44:04	0:04:25	0:31:25		
	34	2696	GUILLERMO CONCHEIRO FERNÁNDEZ	0:44:17	0:04:26	0:44:04	0:04:25	0:32:24		
	35	1355	XULIAN CARLOS BREA SANCHEZ	0:44:18	0:04:26	0:43:21	0:04:21	0:32:43		



36	2408 EUGENIO CHAMORRO RODRIGUEZ	0:44:19	0:04:26	0:44:10	0:04:25	0:32:27		CLUB ALEJANDRO GOMEZ
37	2735 JOSÉ ALLEGUE BLANCO	0:44:20	0:04:26	0:44:03	0:04:25	0:32:40	ga17118	
38	603 HUMBERTO BRACCO MARINI	0:44:20	0:04:26	0:44:09	0:04:25	0:32:18		
39	2159 ISIDORO FEIJOO ANSEAN	0:44:23	0:04:27	0:44:15	0:04:26	0:32:07	GA 19572	ATLETISMO MONTE SEGADE
40	2343 MANUEL VILA CARBALLEDO	0:44:27	0:04:27	0:44:22	0:04:27	0:32:05		
41	1312 RAMON RIOS CALVO	0:44:45	0:04:29	0:44:16	0:04:26	0:32:38		
42	2530 JOSÉ MANUEL DOPICO SOTO	0:44:52	0:04:30	0:44:33	0:04:28	0:32:35		
43	625 JAIME SANTIAGO PARDO RODRIGUEZ	0:44:54	0:04:30	0:44:20	0:04:26	0:33:01		
44	1205 JUAN JOSÉ TRABAZO FARIÑA	0:44:54	0:04:30	0:44:16	0:04:26	0:32:48		
45	2504 RAMON ANTONIO VARELA MIGUEZ	0:45:03	0:04:31	0:44:47	0:04:29	0:32:49		
46	1191 JOSÉ RAMÓN FERNÁNDEZ LÓPEZ	0:45:16	0:04:32	0:44:28	0:04:27	0:33:23		
47	2358 ENRIQUE LOPEZ FOLGUEIRAS	0:45:44	0:04:35	0:45:22	0:04:33	0:32:59		
48	2405 JOSE LUIS SIMOES FRNANDEZ	0:45:45	0:04:35	0:45:34	0:04:34	0:32:40		CLUB ALEJANDRO GOMEZ
49	2148 MODESTO GOMEZ	0:45:53	0:04:36	0:45:41	0:04:35	0:33:21	A-9756	ATLETISMO FONTES DO SAR
50	2629 MANUEL RODRIGUEZ RODRIGUEZ	0:46:01	0:04:37	0:45:56	0:04:36	0:33:19		
51	412 ROBERTO VARELA URRUTIA	0:46:02	0:04:37	0:45:58	0:04:36	0:33:49		
52	1494 JULIO FERNÁNDEZ TROITÍÑO	0:46:19	0:04:38	0:45:14	0:04:32	0:34:44		
53	2727 JOSE BLANCO REY	0:46:21	0:04:39	0:45:54	0:04:36	0:34:02		
54	1475 ANTONIO RAMOS RUBAL	0:46:41	0:04:41	0:46:20	0:04:38	0:34:02		
55	2400 XOSE ANTON GOMEZ BOTANA	0:46:44	0:04:41	0:46:34	0:04:40	0:34:06	A7440	C.D.EGOVARROS-VIVEIRO
56	2597 CARLOS FONTEBOA BORRAZAS	0:46:49	0:04:41	0:46:26	0:04:39	0:34:24		
57	2263 BLAS RODRIGUEZ VAZQUEZ	0:47:11	0:04:44	0:46:53	0:04:42	0:34:52		
58	787 MANUEL JULIO SUAREZ MARTIN	0:47:20	0:04:44	0:46:28	0:04:39	0:35:11		
59	2431 LUIS COSTA FERRER	0:47:33	0:04:46	0:46:56	0:04:42	0:35:05	AG-8897	S.A. VAL MIÑOR
60	486 CARLOS PENEDO CASMARTÍÑO	0:47:40	0:04:46	0:46:56	0:04:42	0:34:57		
61	917 TOMÁS MARTÍNEZ MOSQUERA	0:47:45	0:04:47	0:47:06	0:04:43	0:34:43		
62	2425 ANTONIO LOIS PEREZ	0:48:03	0:04:49	0:47:14	0:04:44	0:35:41	AG 763632	MARINEDA ATLETICO
63	1122 JESUS VIDAL PAZ	0:48:08	0:04:49	0:47:31	0:04:46	0:34:42		
64	2568 JAVIER LÓPEZ MARTIN	0:48:18	0:04:50	0:47:43	0:04:47	0:35:09		
65	2467 JUAN JOSE DEVESA LEIRA	0:48:34	0:04:52	0:47:42	0:04:47	0:35:35		
66	2382 JESÚS RAÑA PLATAS	0:48:39	0:04:52	0:48:23	0:04:51	0:34:43	AG-764360	ATLETISMO BOIMORTO
67	2438 JOSE ANTONIO SANDIANES LORENZO	0:48:49	0:04:53	0:48:14	0:04:50	0:35:46	AG765306	VAL DE RABEDA
68	923 XOSÉ MANUEL SENLLE CANOSA	0:49:07	0:04:55	0:47:00	0:04:42	0:37:03		
69	1150 JOSE FREIRE	0:49:24	0:04:57	0:48:41	0:04:53	0:35:49		
70	2643 XESÚSMANOEL RODRÍGUEZ CARRIL	0:49:27	0:04:57	0:48:44	0:04:53	0:36:19		
71	1434 JOSÉ MANUEL LÓPEZ VÁZQUEZ	0:49:30	0:04:57	0:49:02	0:04:55	0:35:37		
72	920 VICTOR PAZ ARES	0:49:32	0:04:58	0:48:12	0:04:50	0:36:36		
73	2767 FRANCISCO JAVIER RODRIGUEZ FERREIRO	0:49:42	0:04:59	0:49:16	0:04:56	0:36:04	AG764185	ATLETISMO RIAZOR CORUÑA
74	2721 JOSE ANTONIO MENDEZ PAMPIN	0:49:44	0:04:59	0:48:57	0:04:54	0:35:47		
75	694 JOSE IGNACIO ARES FERREIRO	0:49:58	0:05:00	0:48:35	0:04:52	0:36:55		
76	2432 EMILIO VEIGA PIÑEIRO	0:50:02	0:05:01	0:49:55	0:05:00	0:37:13	ga17650	SAN FERNANDO LUCUS
77	1529 FRANCISCO BLANCO OTERO	0:50:07	0:05:01	0:49:32	0:04:58	0:36:43		
78	1546 RAMON HERMO REY	0:50:12	0:05:02	0:48:56	0:04:54	0:37:10		
79	548 ERNESTO FEDERICO ZWIRNER ALEMAN	0:50:33	0:05:04	0:50:03	0:05:01	0:36:52		
80	1131 JESÚS MANUEL GÓMEZ FERNÁNDEZ	0:50:53	0:05:06	0:49:57	0:05:00	0:37:18		
81	1149 JOSE RODRIGUEZ BARCIA	0:50:54	0:05:06	0:50:14	0:05:02	0:37:14		
82	2265 JOSE VARELA VAZQUEZ	0:50:56	0:05:06	0:50:42	0:05:05	0:36:54		
83	1165 JOSÉ FRANCISCO RAMOS DEVESA	0:51:10	0:05:07	0:51:02	0:05:07	0:37:19		
84	401 JOSE LOPEZ ANEIROS	0:51:11	0:05:08	0:50:21	0:05:03	0:37:03	GA 15845	RIA FERROL CONCEPCION ARENAL
85	2387 JOSE ISAIAS BURLIDO BORREGO	0:51:16	0:05:08	0:50:19	0:05:02	0:36:30		ATLETISMO PORRIÑO
86	1439 JUAN CARLOS RODRÍGUEZ VÁZQUEZ	0:51:18	0:05:08	0:51:06	0:05:07	0:36:42		
87	2383 ENRIQUE GANDARA ULLOA	0:51:21	0:05:09	0:50:48	0:05:05	0:37:49	A-6320	ATLETISMO CORUÑA COMARCA
88	1457 RAUL ANTONIO SOBRINO GARFIA	0:51:39	0:05:10	0:50:04	0:05:01	0:38:24		
89	2623 JULIO SUÁREZ VÁZQUEZ	0:51:39	0:05:10	0:51:26	0:05:09	0:37:49		
90	931 ABELARDO MAROÑO SANMARTIN	0:51:41	0:05:11	0:50:26	0:05:03	0:37:42		
91	1353 XOAN LOPEZ ESTRIVIZ	0:51:41	0:05:11	0:50:26	0:05:03	0:37:42		
92	231 MARIO ARUFE SANTAMARIA	0:51:50	0:05:11	0:50:46	0:05:05	0:38:14		ATLETISMO NOIA
93	1528 ANTONIO SANCHEZ TOJO	0:51:58	0:05:12	0:51:27	0:05:09	0:38:00		
94	2437 JOSEF FERNANDEZ AMORIN	0:51:59	0:05:12	0:50:41	0:05:05	0:38:24	AG765307	VAL DE RABEDA
95	720 JUAN PAZOS COUTO	0:52:03	0:05:13	0:51:22	0:05:09	0:38:03		
96	390 FRANCISCO BARRIENTOS CAPELO	0:52:08	0:05:13	0:51:14	0:05:08	0:38:38	A10394	C.D.EGOVARROS-VIVEIRO
97	2562 JOSE SILVOSA PIÑEIRO	0:52:22	0:05:15	0:52:13	0:05:14	0:37:33		
98	2362 JUAN CARLOS CORTES GONZALEZ	0:52:30	0:05:15	0:51:00	0:05:06	0:38:34		
99	2697 ADOLFO CRESPO MEJUTO	0:52:35	0:05:16	0:51:53	0:05:12	0:38:27		
100	708 JOSÉ MANUEL LÓPEZ FERNÁNDEZ	0:52:49	0:05:17	0:51:17	0:05:08	0:39:08		

101	496	CARLOS RODRIGUEZ NOVOA	0:52:59	0:05:18	0:51:43	0:05:11	0:38:54		
102	495	CARLOS GONZÁLEZ SOUTO	0:52:59	0:05:18	0:51:43	0:05:11	0:38:53		
103	2622	JOSE MANUEL LOPEZ BARREAL	0:53:00	0:05:18	0:51:40	0:05:10	0:38:41		
104	402	JAVIER CAMPA GARCÍA	0:53:01	0:05:19	0:51:32	0:05:10	0:38:52	O 4068	TINEO ATLETISMO
105	2709	ANGEL CASTAÑEDA CAMBON	0:53:05	0:05:19	0:52:22	0:05:15	0:39:05		
106	829	NICASIO MEJUTO MARTI	0:53:23	0:05:21	0:51:48	0:05:11	0:39:00		
107	2620	ANTONIO PARDO LOPEZ	0:53:40	0:05:22	0:53:00	0:05:18	0:39:07		
108	2644	FRANCISCO SOBRINO MOSQUERA	0:53:46	0:05:23	0:53:00	0:05:18	0:39:32		
109	640	JESUS LOURO MACEIRAS	0:53:54	0:05:24	0:52:24	0:05:15	0:39:10		
110	579	FRANCISCO ALABART SEDO	0:54:08	0:05:25	0:53:19	0:05:20	0:40:09		
111	1170	JOSE LUIS GARRAPUCHO	0:54:17	0:05:26	0:53:09	0:05:19	0:39:38		
112	2756	JOAQUIN GONZALEZ VAZQUEZ	0:54:19	0:05:26	0:53:00	0:05:18	0:40:06		
113	960	ANGEL JULIO BARBADILLO MARAN	0:54:29	0:05:27	0:54:00	0:05:24	0:39:28		
114	740	JUAN RAMÓN PIÑEIRO	0:54:37	0:05:28	0:52:25	0:05:15	0:40:27		
115	1135	JORGE VEIGA LENDOIRO	0:54:52	0:05:30	0:53:18	0:05:20	0:42:34		
116	1228	MANUEL BECERRA LÓPEZ	0:55:43	0:05:35	0:54:52	0:05:30	0:40:58		
117	1178	JOSE MANUEL OREIRO BLANCO	0:55:47	0:05:35	0:55:03	0:05:31	0:40:29		
118	775	MANUEL CID FERNÁNDEZ	0:55:50	0:05:35	0:54:23	0:05:27	0:40:52		
119	1431	JOSE MANUEL FERNANDEZ REY	0:55:52	0:05:36	0:54:16	0:05:26	0:41:08		
120	1481	FERNANDO RODRIGUEZ PENA	0:56:04	0:05:37	0:54:36	0:05:28	0:42:15		
121	2557	MANUEL HURTADO LÓPEZ	0:56:17	0:05:38	0:55:36	0:05:34	0:41:13		
122	651	JORGE REGO GÁRATE	0:56:43	0:05:41	0:55:51	0:05:36	0:40:53		
123	497	CARLOS PUGA TRIGÁS	0:56:50	0:05:41	0:56:15	0:05:38	0:41:59		
124	684	JOSE BENITO LOPEZ BARREIRO	0:56:51	0:05:42	0:55:30	0:05:33	0:41:49		
125	490	CARLOS CARRODEGUAS ABADIN	0:56:56	0:05:42	0:56:08	0:05:37	0:41:53		
126	974	BORJA GARCÍA CUESTA	0:57:03	0:05:43	0:55:56	0:05:36	0:41:42		
127	475	BENIGNO GAREA CAO	0:57:09	0:05:43	0:55:22	0:05:33	0:42:18		
128	453	ANDRÉS GONZÁLEZ GARCÍA	0:57:21	0:05:45	0:55:38	0:05:34	0:41:16		
129	1164	JOSE FRANCISCO SOBRINO OTERO	0:57:22	0:05:45	0:55:53	0:05:36	0:42:11		
130	668	JOSE GOMEZ DURAN	0:57:26	0:05:45	0:55:46	0:05:35	0:42:12		
131	2418	JOSE MARIA BREA SANCHEZ	0:57:40	0:05:46	0:55:57	0:05:36	0:42:32	AG-764347	ATLETISMO BOIMORTO
132	958	ANDRÉS MESÍAS BARCIA	0:57:41	0:05:47	0:56:34	0:05:40	0:42:28		
133	704	JOSE MANUEL DACAL VAZQUEZ	0:57:59	0:05:48	0:56:44	0:05:41	0:42:21		
134	1239	MANUEL PEREZ	0:58:06	0:05:49	0:56:44	0:05:41	0:42:01		
135	1356	XULIO CORREA CORREDOIRA	0:58:29	0:05:51	0:57:28	0:05:45	0:42:31		
136	1437	JUAN ANTONIO LLORENTE REGLERO	0:58:41	0:05:53	0:56:46	0:05:41	0:43:54		
137	2706	ANTONI OLIVERAS DOMÍNGUEZ	0:59:21	0:05:57	0:58:15	0:05:50	0:42:09		
138	462	ANTONIO GONZÁLEZ MARTÍNEZ-PEDRAYO	0:59:28	0:05:57	0:58:06	0:05:49	0:42:06		
139	924	XULIO GARCÍA GONZÁLEZ	0:59:33	0:05:58	0:57:59	0:05:48	0:44:15		
140	574	FRANCISCO GOMEZ CONCHEIRO	1:00:05	0:06:01	0:58:37	0:05:52	0:43:49		
141	1407	FERNANDO VAZQUEZ BLANCO	1:00:25	0:06:03	0:58:57	0:05:54	0:42:15		
142	1526	CARLOS VALDÉS LÓPEZ	1:01:41	0:06:11	0:59:53	0:06:00	0:44:58		
143	2404	ANXO VIGO PENA	1:02:21	0:06:15	1:01:38	0:06:10	0:44:37	A10005	C.D.EGOVARROS-VIVEIRO
144	1272	NANOBELIUS OTERO	1:02:25	0:06:15	1:02:14	0:06:14	0:45:22		
145	710	JOSE MARIA FERNANDEZ GARCES	1:02:44	0:06:17	1:01:10	0:06:07	0:46:31		
146	1227	MANUEL PASTUR GOICOA	1:04:43	0:06:29	1:02:52	0:06:18	0:47:46		
147	1317	RAÚL GALÁN CERVERÓ	1:04:55	0:06:30	1:03:19	0:06:20	0:48:20		
148	1193	JOSÉ VICENTE PÉREZ PLANELLS	1:04:55	0:06:30	1:03:20	0:06:20	0:48:21		
149	683	JOSÉ ANTONIO MARTÍNEZ ZAMUZ	1:05:31	0:06:34	1:03:55	0:06:24	0:47:57		
150	463	ANTONIO PEREIRO MANIVESA	1:05:45	0:06:35	1:05:17	0:06:32	0:47:39		
151	477	BENITO GONZALEZ GONTAD	1:06:10	0:06:37	1:04:09	0:06:25	0:48:12		
152	1093	IGNACIO RODRIGUEZ DEL RIO	1:06:48	0:06:41	1:04:49	0:06:29	0:49:15		
153	2483	MANUEL FIGUEROA ROEL	1:07:21	0:06:45	1:05:24	0:06:33	0:49:15		
154	2421	FERMIN PAN OTERO	1:07:29	0:06:45	1:05:30	0:06:33	0:50:03	A-7444	EGOVARROS - VIVEIRO
155	1550	DIEGO CÁCERES ALVEZ	1:07:46	0:06:47	1:06:41	0:06:41	0:46:10		
156	2614	JOSE ENRIQUE NUÑEZ SEIJAS	1:08:32	0:06:52	1:07:26	0:06:45	0:49:25		
157	899	SALVADOR NAYA FERNÁNDEZ	1:12:47	0:07:17	1:11:11	0:07:08	0:53:23		
158	1474	ANDRÉS RÍOS MEJUTO	1:14:02	0:07:25	1:13:22	0:07:21			
159	1536	RAMON PIÑA MARTINEZ	1:14:05	0:07:25	1:13:02	0:07:19	0:53:29		
160	819	MIGUEL ANGEL GONZALEZ TALAVERO	1:15:21	0:07:33	1:14:15	0:07:26	0:54:25		

VT3F	VETERAN Inscritos:		19 Llegados		15						
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro	Ca:	Licencia	Club	Nacionalidad
	1	12 FATIMA PAZ GAGO	0:43:46	0:04:23	0:43:39	0:04:22	0:31:57	GA12761		USC	
	2	2008 PILAR MARQUIZ HERNANDEZ	0:51:29	0:05:09	0:51:21	0:05:09	0:37:24	AG/764581		CLUB RIAZOR CORUÑA	

3	2742	LUZ MARIA DOMINGUEZ ROMAN	0:51:49	0:05:11	0:51:21	0:05:09	0:38:11	GA-840	AT. FEMENINO CELTA
4	2051	SILVIA SÁNCHEZ BASCOY	0:56:32	0:05:40	0:55:40	0:05:34	0:40:56		
5	2021	BEGOÑA DE ARRIBA BELLOGIN	0:56:34	0:05:40	0:55:58	0:05:36	0:41:13	GA19107	C.D.EGOVARROS-VIVEIRO
6	122	CRIS ASENSIO FERNÁNDEZ	0:58:29	0:05:51	0:57:27	0:05:45	0:42:31		
7	2045	LAURA LOPEZ BLANCO	0:59:48	0:05:59	0:59:07	0:05:55	0:42:59		
8	1364	BELEN PRIETO MARTINEZ	1:00:27	0:06:03	0:59:23	0:05:57			
9	15	AIDA ESTHER ALVAREZ VIDAL	1:00:30	0:06:03	0:59:38	0:05:58	0:44:27		C. A. AS MARIÑAS
10	2044	LINA FUENTES NOYA	1:01:43	0:06:11	1:01:31	0:06:10	0:44:16		
11	121	CONCEPCION CARRO YAÑEZ	1:02:17	0:06:14	1:01:33	0:06:10	0:45:32		
12	54	MARIA FRANCISCA FERNANDEZ CARBALLAL	1:04:30	0:06:27	1:03:26	0:06:21	0:46:39		
13	53	MARÍA DOLORES CASÁS RODRÍGUEZ	1:07:04	0:06:43	1:06:10	0:06:37	0:47:36		
14	186	ROSA GONZALEZ HERRADAS	1:10:06	0:07:01	1:08:27	0:06:51	0:51:05		
15	1535	CONSUELO COUSILLAS BLANCO	1:14:05	0:07:25	1:13:03	0:07:19	0:53:30		

VT4M		VETERAN Inscritos:		39 Llegados		33				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro Ca:	Licencia	Club	Nacionalidad
1	2121	XOSE LUIS OTERO CEPEDA	0:37:43	0:03:47	0:37:41	0:03:47	0:27:12	G7770	USC	
2	395	ANTONIO RIERA CACHERO	0:44:54	0:04:30	0:44:51	0:04:30	0:32:44	AG764225	T ESCOLA ATLETISMO DEZA	
3	2493	DOMINGO ALVAREZ IGLESIAS	0:45:53	0:04:36	0:44:56	0:04:30	0:33:46			
4	388	ANTONIO CABANA OROSA	0:46:08	0:04:37	0:45:15	0:04:32	0:34:10	GA716928	C.D.EGOVARROS-VIVEIRO	
5	2375	FRANCISCO LUIS CAAMAÑO RAMA	0:46:28	0:04:39	0:46:17	0:04:38	0:33:56	A6547	A.D. ATLETES DE ESTEIRO	
6	396	MANUEL IGLESIAS UZAL	0:46:38	0:04:40	0:45:53	0:04:36	0:34:34	A-11097	ATLETISMO FONTES DO SAR	
7	692	JOSE GIL GARCIA DIAZ	0:46:53	0:04:42	0:46:20	0:04:38	0:34:19			
8	2625	ELISEO CORRAL VEIGA	0:47:06	0:04:43	0:46:38	0:04:40	0:34:41			
9	2704	SANTIAGO LOSADA PEREZ	0:47:27	0:04:45	0:47:09	0:04:43	0:34:29			
10	2401	ANTONIO HERNANDEZ BARREIRO	0:48:10	0:04:49	0:47:41	0:04:47	0:34:36	A7400	C.D.EGOVARROS-VIVEIRO	
11	452	ANDRES GARCIA GONZALEZ	0:48:22	0:04:51	0:47:51	0:04:48	0:35:18			
12	682	JOSÉ ANTONIO SUÁREZ CAMBÓN	0:48:27	0:04:51	0:47:51	0:04:48	0:36:11			
13	470	ANTONIO REMUIÑÁN SÁNCHEZ	0:49:32	0:04:58	0:49:16	0:04:56	0:36:12			
14	1046	ELADIO CALVIÑO GOLÁN	0:49:38	0:04:58	0:48:59	0:04:54	0:36:03			
15	2484	ANGEL BARRIO RODRIGUEZ	0:51:11	0:05:08	0:50:38	0:05:04	0:37:08			
16	2445	SECUNDINO CARLOS FERNANDEZ FERNANDEZ	0:51:21	0:05:09	0:49:50	0:04:59	0:37:47			
17	2588	JESUS PEREZ LEIS	0:51:51	0:05:12	0:51:22	0:05:09	0:37:15			
18	1056	EUSEBIO LAGO SAMPEDRO	0:51:51	0:05:12	0:51:06	0:05:07	0:38:15			
19	2402	ELISEO LOPEZ RIO	0:52:15	0:05:14	0:52:11	0:05:14	0:37:34	GA19958	C.D.EGOVARROS-VIVEIRO	
20	2397	JESÚS BERNAL GÓMEZ	0:52:40	0:05:16	0:52:15	0:05:14	0:38:39	GA19332	C.D.EGOVARROS-VIVEIRO	
21	558	FERNANDO RAMOS MORENO	0:52:44	0:05:17	0:51:17	0:05:08	0:39:14			
22	2487	MANUEL RAÑA PREGO	0:54:27	0:05:27	0:54:16	0:05:26	0:39:39			
23	1389	ANTONIO RIOS GONZALEZ-CAMNIO	0:54:43	0:05:29	0:53:41	0:05:23	0:40:57		C. A. AS MARIÑAS	
24	647	JESÚS CARAMES BOUZÁN	0:54:46	0:05:29	0:54:16	0:05:26	0:40:13			
25	1489	JORGE ANTONIO LOPEZ RODRIGUEZ	0:56:15	0:05:38	0:55:53	0:05:36	0:41:14			
26	2599	IMRE KUKLA BOAN	0:56:25	0:05:39	0:56:13	0:05:38	0:40:40			
27	2600	ANTONIO BERMEJO CONDE	0:56:28	0:05:39	0:55:53	0:05:36	0:41:08			
28	2514	JOSE MANUEL LOPEZ LODEIRO	0:57:23	0:05:45	0:57:01	0:05:43	0:41:48			
29	1298	PAULINO CANLE PENA	0:58:39	0:05:52	0:57:35	0:05:46	0:43:06			
30	2795	MANUEL IGLESIAS PREGO	0:58:58	0:05:54	0:58:31	0:05:52	0:43:18			
31	2480	MANUEL VILAS ABELENDA	0:59:40	0:05:58	0:59:11	0:05:56	0:44:04			
32	1490	JOSE ANDRES VILLAR ESTER	1:03:33	0:06:22	1:02:41	0:06:17	0:45:39			
33	2376	FRANCISCO BAO ESTEVEZ	1:05:14	0:06:32	1:03:24	0:06:21	0:48:54	AG-10966	ADAS BARCO	

VT4F		VETERAN Inscritos:		4 Llegados		4				
PtoCat	Dorsal	Nombre	T_Oficial	RitmoKm	T_Real	RitKmReal	Giro Ca:	Licencia	Club	Nacionalidad
1	1548	MARI LUZ SANMARTIN FERNÁNDEZ	0:51:32	0:05:10	0:51:17	0:05:08	0:36:43			
2	2020	FRANCISCA ROMASANTA PARADA	0:57:04	0:05:43	0:56:59	0:05:42	0:41:02	GA19965	C.D.EGOVARROS-VIVEIRO	
3	1543	ISABEL BREA POSE	0:58:42	0:05:53	0:58:10	0:05:49	0:42:47		EGOVARROS	
4	187	ROSA MARIA SANDES FERNANDEZ	1:12:43	0:07:17	1:11:44	0:07:11	0:41:08			