

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE, A Coruña 13/12/2015

Prueba Absoluta. Distancia: 5.535 m



RESULTADOS

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	Licencia	Club	Localidad
1	873	ABDELAZIZ FATIHI CHHIMA		SNM- 1	00:18:01		MARINEDA ATLETICO	A CORUÑA
2	829	PABLO BOCELO BELLAS		SNM- 2	00:18:07			A CORUÑA
3	401	JAVIER TOURÍS FORNOS		VT1M- 1	00:18:20			LA CORUÑA
4	102	JESÚS REGO CADAHÍA		VT3M- 1	00:18:25		ESCOLA ATLETICA LUCENSE	LUGO
5	862	ALBERTO MORIS VIEITES		SNM- 3	00:18:32			MARINEDA ATLETICO
6	41	FERNANDO DÍEZ GOMEZ		SNM- 4	00:18:37		ATLETISMO CORUÑA COMARCA	LUGO
7	3	JAVIER SEOANE PUGA		VT2M- 1	00:18:45		OS MUDITOS	CARBALLO
8	28	BRUNO GARCIA CERDEIRAS		VT2M- 2	00:19:09		ATLETAS DE ACEA DE AMA	CULLEREDO
9	2	BORJA SÁNCHEZ CAMPOS		SNM- 5	00:19:12		3&RUN PEDRO NIMO DEL ORO	ARTEIXO
10	863	OSCAR PAZOS BARBEITO		VT1M- 2	00:19:12			ATLETISMO CORUÑA COMARCA
11	435	ALVARO GOMEZ CARDESIN		SNM- 6	00:19:16			A CORUÑA
12	97	JOSE MANUEL RODRIGUEZ MOURE		VT2M- 3	00:19:23	GA-19820	CORUÑA COMARCA	CULLEREDO
13	128	JOSE ANTONIO RECOUSO CAAMAÑO		VT1M- 3	00:19:28	AG 2015527	NOSPORTLIMIT-TREK GALICIA	OLEIROS
14	320	FERNANDO MANUEL LÓPEZ DE LAS HERAS		VT1M- 4	00:19:38			CULLEREDO
15	56	EMILIO MARTINEZ ANTA		VT3M- 2	00:19:40	GA20450	C.D.EGOVARROS-VIVEIRO	A CORUÑA
16	157	SERGIO DANIEL OROSA LÓPEZ		SNM- 7	00:19:52		RUNNING SARRIA	A CORUÑA
17	485	CARLOS RODRÍGUEZ SUÁÑEZ		SNM- 8	00:19:55			LA CORUÑA
18	561	PABLO SEOANE AMOR		SNM- 9	00:19:56			BETANZOS
19	837	JAVIER SISO GARCIA		VT2M- 4	00:19:57			MABEGONDO
20	44	ANDRÉS FLÓREZ PÉREZ		SNM- 10	00:20:03		ATLETISMO CORUÑA COMARCA	PONFERRADA
21	8	ROI BARROS CORRAL		SNM- 11	00:20:03	AG2017827	3RUN	A CORUÑA
22	64	FERNANDO PEREZ HERNANDEZ		VT2M- 5	00:20:06	GA765039	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
23	82	JESUS Mª ALVAREZ RODRIGUEZ		VT2M- 6	00:20:07		CLUB CORUÑA COMARCA	A CORUÑA
24	449	IÑAKI ALVAREZ LOSADA		SNM- 12	00:20:10			A CORUÑA
25	10	ADRIAN RODRIGUEZ CAMBON		SNM- 13	00:20:13		A.D. DOWNHILL	A LARACHA
26	81	LUIGI GARCIA		VT1M- 5	00:20:15		CLUB CICLISTA RIAZOR	A CORUÑA
27	27	SIMON LOPEZ EIROA		VT2M- 7	00:20:15		ATLETAS DE ACEA DE AMA	PERILLO OLEIROS
28	88	OSCAR DOPAZO PENIN		VT1M- 6	00:20:19		CLUB MARINEDA ATLETICO	FEANS
29	547	JOSÉ MIGUEL GÓMEZ SÁNCHEZ		VT1M- 7	00:20:23			A CORUÑA
30	196	JULIAN JOSE GESTO CAABEIRO		VT3M- 3	00:20:24			OLEIROS
31	95	JULIO VÁZQUEZ ENJAMIO		SNM- 14	00:20:27		CLUBE ATLETISMO BOIMORTO	BOIMORTO
32	452	ALEJANDRO VÁZQUEZ GÓMEZ		PRM- 1	00:20:31			A CORUÑA
33	969	ALEJANDRO Balsa CASTRO		SNM- 15	00:20:32			A CORUÑA
34	14	VICTOR SOUTO RAMOS		JNM- 1	00:20:34		AD FOGAR	CARRAL
35	563	MARTIN BARCA GUILLIN		SNM- 16	00:20:37			A CORUÑA
36	93	ALEXANDRE RODRIGUEZ PAZ		VT1M- 8	00:20:38		CLUB TRIATLON MORRAZO	CULLEREDO
37	162	CARLOS SANTOS MARTINEZ		VT1M- 9	00:20:38		SIEIRO RUNNING	A CORUÑA

38	565 DAMIANO ESPASANDIN LEMA	SNM- 17	00:20:39			VIMIANZO
39	21 MARCOS GONZALEZ TALAVERO	VT2M- 8	00:20:40		ATLETAS ACEA DE AMA	ORRO CULLEREDO
40	76 ROBERTO GARCÍA PAZOS	SNM- 18	00:20:42	AG 764744	CLUB ATLETISMO SADA	SADA
41	52 BYRON OREJUELA REINO	VT2M- 9	00:20:42	GA717325	ATLETISMO RIAZOR CORUÑA	A CORUÑA
42	66 SANTIAGO VÁZQUEZ COLLAZO	VT3M- 4	00:20:43	GA 717165	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
43	174 JOSE MARIA PÉREZ OTERO	VT3M- 5	00:20:43		VERXEL NUTRICIÓN DEPORTIVA	LUGO
44	165 JOSÉ LUIS ROIBÁS FERNÁNDEZ	VT2M- 10	00:20:50		TRASNOS	CAMBRE
45	803 JOSE ADOLFO VILARES MACEIRAS	VT2M- 11	00:20:51		CLUB MARINEDA ATLETICO	A CORUÑA
46	147 GABRIEL RODRIGUEZ LEVA	JNM- 2	00:20:57		RIAZOR CORUÑA	A CORUÑA
47	166 ALFONSO GARCIA BELLO	VT2M- 12	00:20:57		TRASNOS CORUÑA	CAMBRE
48	276 JACOBO GONZALEZ MORAO	VT2M- 13	00:20:59			A CORUÑA
49	18 MANUEL ANTONIO GARRIDO CONCHADO	VT1M- 10	00:20:59		ARTROGAL-TRI498	OLEIROS
50	353 FRANCISCO JAVIER GONZÁLEZ LEDO	VT2M- 14	00:21:00			CULLEREDO
51	29 GUILLERMO VIDAL RODRÍGUEZ	VT2M- 15	00:21:03		ATLETAS DE ACEA DE AMA	CULLEREDO
52	163 DAVID DOMÍNGUEZ SALAS	VT1M- 11	00:21:05	GA-17002	SOCIEDAD GIMNASTICA DE PONTEVEDRA	A CORUÑA
53	448 ALEXANDRE BECERRA GALEGO	SNM- 19	00:21:06	47371862G		A CORUÑA
54	134 DIEGO COLLAZO VARELA	PRM- 2	00:21:06		NOSPORTLIMIT-TREK GALICIA	A CORVEIRA (CULLEREDO)
55	178 RUBÉN PERRINO PÉREZ	SNM- 20	00:21:07			A CORUÑA
56	179 JAVIER ALEGRE LEIRA	SNM- 21	00:21:11			OLEIROS
57	445 GONZALO BELMONTE MARTELL	SNM- 22	00:21:13			SADA
58	497 ALBERTO CASTRO SANCHEZ	VT1M- 12	00:21:13			VILABOA CULLEREDO
59	286 JUAN CARLOS DIÉGUEZ TEIJEIRO	VT2M- 16	00:21:18			CAMBRE
60	43 GIULIANO DANIEL LANCELOTTI CRESPO	JNM- 3	00:21:21		ATLETISMO CORUÑA COMARCA	A CORUÑA
61	555 ALEJANDRO ALDAO LOPEZ	VT1M- 13	00:21:21			ARTEIXO
62	934 PEDRO PACHO GONZALEZ LAGO	VT2M- 17	00:21:22			CARBALLO
63	228 PABLO ANDRÉS LEMA PÉREZ	VT2M- 18	00:21:24			CULLEREDO
64	24 JAVIER CORREA PIÑEIRO	VT3M- 6	00:21:26	AG-766585	ATLETAS DE ACEA DE AMA	VILABOA-CULLEREDO
65	35 EDUARDO REY QUINTELA	VT2M- 19	00:21:26		ATLETAS DE ACEA DE AMA	CULLEREDO
66	71 JOSE LUIS TEMPRANO CASAL	VT2M- 20	00:21:29		CLUB ATLETISMO SADA	SADA
67	802 EUGENIO LAMAS MOSTEIRO	SNM- 23	00:21:31		AVE FÉNIX	A CORUÑA
68	30 PAULO XOÁN MUINELO PEDREIRA	VT2M- 21	00:21:32		ATLETAS DE ACEA DE AMA	CAMBRE
69	32 IVAN VARELA BARREIRO	VT2M- 22	00:21:32		ATLETAS DE ACEA DE AMA	CULLEREDO
70	288 JUAN CARLOS MEJUTO SEOANE	VT2M- 23	00:21:39			A CORUÑA
71	110 CARLOS ALBERTO GRACIA FERNÁNDEZ	VT1M- 14	00:21:43		HERCULES TERMARIA	A CORUÑA
72	87 REMIGIO RIOBOO GUTIERREZ	VT2M- 24	00:21:44		CLUB MARINEDA ATLETICO	A CORUÑA
73	61 JORGE ROMERO PENA	VT2M- 25	00:21:44		CD GAS NATURAL FENOSA	A CORUÑA
74	465 DANIEL RIVERA SUAREZ	PRM- 3	00:21:44			A CORUÑA
75	305 DIEGO RIVAS OLIVEIRA	VT1M- 15	00:21:47			A CORUÑA
76	518 JAVIER VILLAMISAR VÁZQUEZ	PRM- 4	00:21:48			CORUÑA
77	101 SERGIO SANTOS CONCHEIRO	SNM- 24	00:21:50		EQUIPO MANS	LOUREDA
78	91 SANTIAGO TIMIRAO GONZÁLEZ	PRM- 5	00:21:51		CLUB TRIATLON CIDADE DE LUGO FLUVIAL	VIVEIRO
79	434 JACOBO PONLLA ENCINAS	SNM- 25	00:21:51			A CORUÑA
80	478 DAVID RAMOS BANEIRA	VT1M- 16	00:21:52			A LARACHA
81	493 JOSE MANUEL CRESPO CENDAN	VT1M- 17	00:21:52			SADA
82	50 JUAN OROZCO CORREDOIRA	VT1M- 18	00:21:54	AG768333	ATLETISMO RIAZOR CORUÑA	A CORUÑA

83	48 JOSÉ MARÍA FERNÁNDEZ BLANCO	VT1M- 19	00:21:55	AG-104107	ATLETISMO RIAZOR CORUÑA	A CORUÑA
84	57 JOSÉ FRANCISCO LODEIRO RODRÍGUEZ	VT1M- 20	00:21:56		CAIMANES BETANZOS	A CORUÑA
85	125 ANTONIO BAAMONDE SANDE	VT2M- 26	00:21:58		NOSPORTLIMIT-TREK GALICIA	A CORUÑA
86	294 JESÚS PEREDA FERNÁNDEZ	VT1M- 21	00:21:58			A CORUÑA
87	226 CARLOS PEREIRA REY	VT3M- 7	00:21:58			ARTEIXO
88	208 DIEGO SOTO VIÑAS	VT1M- 22	00:21:59			CAMBRE
89	424 DANIEL PENAS LÓPEZ	SNM- 26	00:22:00			A CORUÑA
90	551 VÍCTOR MANUEL FRANCO VÁZQUEZ	VT2M- 27	00:22:00			A CORUÑA
91	150 CARLOS SUÁREZ GUTIÉRREZ	SNM- 27	00:22:00		RUNNER4LIFE	A CORUÑA
92	564 HUGO CASCUDO FOJO	SNM- 28	00:22:01			A CORUÑA
93	515 MIGUEL BUDIÑO VÁZQUEZ	SNM- 29	00:22:02			A CORUÑA
94	384 MANUEL FERNÁNDEZ TABOADA	JNM- 4	00:22:09			SIGÜEIRO
95	350 NACHO BECERRA CARRIL	VT2M- 28	00:22:10			A CORUÑA
96	112 MOISÉS LÓPEZ LÓPEZ	SNM- 30	00:22:11		INDRA RUNNERS	LOURENZÁ
97	400 RICARDO GARCÍA GESTAL	VT1M- 23	00:22:12			A CORUÑA
98	392 JAVIER OUBIÑA ABUIN	VT1M- 24	00:22:13			A CORUÑA
99	430 MIGUEL SÁNCHEZ LÓPEZ	SNM- 31	00:22:14			A CORUÑA
100	324 SAUL GOMEZ ARROJO	VT3M- 8	00:22:15			FURIS-CASTROVERDE
101	17 FRANCISCO SOTO GARCÍA	VT3M- 9	00:22:17		AMIG@S DE SAN DIEGO	A CORUÑA
102	7 DAVID HERRERA GARCIA	VT1M- 25	00:22:18		3 & RUN BY PEDRO NIMO	A CORUÑA
103	498 ALEJANDRO CARREIRA VILLAVEDE	VT1M- 26	00:22:22			OLEIROS
104	68 LUIS BALDÓ MACÍA	VT2M- 29	00:22:24		CLUB ATLETISMO SADA	A CORUÑA
105	237 RAMON LOPEZ ROMAN	VT2M- 30	00:22:25			A CORUÑA
106	155 JOSE LUIS RIO SILVA	VT2M- 31	00:22:27		RUNNING OLEIROS	OLEIROS
107	970 YOEL LÓPEZ VENTUREIRA	PRM- 6	00:22:29			CULLEREDO
108	307 MIGUEL ANGEL CARREIRA GARCIA	VT1M- 27	00:22:31			ARANGA
109	149 JESUS EIRIS PONTE	VT3M- 10	00:22:31		RUN4ONE	CARBALLO
110	171 DAVID CASADO BRAVO	VT2M- 32	00:22:32		TROCHAMUNDOS	MESOIRO
111	31 CARLOS PARDO FARIÑA	VT2M- 33	00:22:36		ATLETAS DE ACEA DE AMA	O BURGO - CULLEREDO
112	266 FRANCISCO JAVIER PORTAS LEMUS	VT2M- 34	00:22:36			LA CORUÑA
113	25 TOMAS ABELEDO PATIÑO	VT3M- 11	00:22:37		ATLETAS DE ACEA DE AMA	VILABOA - CULLEREDO
114	560 RODRIGO MARINO TAIBO	VT1M- 28	00:22:38			MESOIRO
115	89 LUCIANO ESPINO LOPEZ	VT1M- 29	00:22:41		CLUB MONTEPENARUBIA LUGO	LUGO
116	933 LUIS ÁNGEL VOCES REBORDINOS	VT2M- 35	00:22:42			OLEIROS
117	239 JUAN MANUEL HERBÓN ARIAS	VT2M- 36	00:22:45			EL TEMPLE
118	451 JORGE POUSO TOJA	SNM- 32	00:22:45			VIMIANZO
119	457 HÉCTOR SIMÓN MARTÍNEZ	SNM- 33	00:22:46			A CORUÑA
120	34 MANUEL FONTENLA MUIÑO	VT3M- 12	00:22:47		ATLETAS DE ACEA DE AMA	CAMBRE
121	153 JUAN CARLOS BERGONDO BRANDARIZ	VT3M- 13	00:22:49		RUNNING OLEIROS	NOS (OLEIROS)
122	431 DAVID RILO RODRIGUEZ	SNM- 34	00:22:49			CULLEREDO
123	278 ENRIQUE CABANA PICADO	SNM- 35	00:22:51			A CORUÑA
124	85 GIOVANNI QUINTANS MELENDEZ	VT2M- 37	00:22:52		CLUB DEPORTIVO SAN PAIO	LA CORUNA
125	594 UXIA GARCIA DIAZ	F- 1 SNF- 1	00:22:52		ATLETISMO RIAZOR CORUÑA	A CORUÑA
126	152 DANIEL VÁZQUEZ BRUÑA	VT2M- 38	00:22:56		RUNNING OLEIROS	PERILLO
127	605 RAQUEL VÁZQUEZ	F- 2 SNF- 2	00:22:57		CLUB ATLETISMO SADA	BETANZOS

128	363 ANGEL REY AMOR		VT1M- 30	00:22:58		A CORUÑA
129	4 NOEMI MORAL NAVAJO	F- 3	VT1F- 1	00:22:59	VERXEL NUTRICIÓN DEPORTIVA	OLEIROS
130	26 CARLOS ALLER FERNANDEZ		VT2M- 39	00:23:00	AG2016940 ATLETAS DE ACEA DE AMA	CULLEREDO
131	407 JOSE LUIS ALVAREZ RODRIGUEZ		SNM- 36	00:23:00		VIGO
132	115 MARC PERRAMON BONIGNO		VT2M- 40	00:23:04	LICENZA DE UN DÍA	A CORUÑA
133	495 JORGE DIAZ VILLALBA		VT1M- 31	00:23:06		O BURGO
134	354 SERGIO MARTINEZ GOMEZ		VT1M- 32	00:23:06		A CORUÑA
135	151 RUBEN MARCOS SUAREZ GUTIERREZ		SNM- 37	00:23:07	RUNNER4LIFE	A CORUÑA
136	906 FELIPE CORRAL REY		VT1M- 33	00:23:08	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
137	164 MANUEL PUENTE VEIGA		VT1M- 34	00:23:08	SOLORUNNERS CORUÑA	A CORUÑA
138	385 FRANCISCO JAVIER GARCIA PALLEIRO		VT2M- 41	00:23:14		CULLEREDO
139	544 ÓSCAR BENAVIDES FALCÓN		VT1M- 35	00:23:17		CAMBRE
140	13 MANUEL LÓPEZ LODEIRO		VT1M- 36	00:23:19	ABRENTE LUGO	FRIOL
141	248 MIGUEL GOMEZ C.		VT2M- 42	00:23:25		O BURGO
142	75 ANDRÉS SAAVEDRA MOLINERO		VT1M- 37	00:23:25	CLUB ATLETISMO SADA	SADA
143	477 JAVIER FERNÁNDEZ MARTÍNEZ		VT2M- 43	00:23:27		EL TEMPLE - CAMBRE
144	567 MARTÍN VIDAL LORENZO		SNM- 38	00:23:28		VIMIANZO
145	135 JOSE FERREÑO GARCIA		SNM- 39	00:23:34	NOSPORTLIMIT-TREK GALICIA	CULLEREDO
146	398 ERIK PARADA GUTIÉRREZ		VT1M- 38	00:23:36		A CORUÑA
147	827 GABRIEL JOSÉ FERNANDEZ ORIZALES		PRM- 7	00:23:38		A CORUÑA
148	627 MONTSERRAT PALLISÉ MEILÁN	F- 4	VT3F- 1	00:23:39	VERXEL NUTRICIÓN DEPORTIVA	LUGO
149	114 DANIEL IGLESIAS PINTADO		VT1M- 39	00:23:39	LICENZA DE UN DÍA	A CORUÑA
150	470 GREGORIO LÓPEZ LABALLOS		VT2M- 44	00:23:40		BETANZOS
151	338 GERMAN BARBEITO REY		VT2M- 45	00:23:42		CULLEREDO
152	38 MANUEL VARELA CAABEIRO		VT3M- 14	00:23:43	ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
153	212 ALEJANDRO OCAMPOS VEIGA		SNM- 40	00:23:47		A CORUÑA
154	217 JESÚS ÁNGEL SANTIUSTE INSUA		VT3M- 15	00:23:47		LA CORUÑA
155	249 JOSE ROBERTO BARBEITO REY		VT2M- 46	00:23:48		A CORUÑA
156	437 ROBERTO REY LÓPEZ		SNM- 41	00:23:54		A CORUÑA
157	180 PEDRO PRADA RODRÍGUEZ		VT2M- 47	00:23:55	AFICIONADO	O BURGO
158	73 MANUEL ANTONIO FERREIRA VARELA		VT3M- 16	00:23:55	AG764010 CLUB ATLETISMO SADA	OLEIROS - BASTIAGUEIRO
159	825 FERNANDO GARCIA DEL RIO		SNM- 42	00:23:56		LA CORUÑA
160	22 ANTONIO GARCIA BELLO		VT3M- 17	00:23:57	ATLETAS DE ACEA DE AMA	EL TEMPLE
161	461 DANIEL SUSO SÁNCHEZ		SNM- 43	00:23:58		A CORUÑA
162	260 JOSE MARIA FERNANDEZ LOPEZ		VT2M- 48	00:23:59		A CORUÑA
163	275 FRANCISCO JAVIER MARTINEZ SANTOS		VT2M- 49	00:24:01		A CORUÑA
164	272 MARCOS GONZALEZ TOURINAN		VT2M- 50	00:24:02		A CORUÑA
165	364 JAIME LÓPEZ CAINZOS		VT2M- 51	00:24:03		A CORUÑA
166	169 ALBERTO VARELA COLLAZO		VT1M- 40	00:24:06	TRI FONSECA	A CORUÑA
167	425 JAIME ARIAS LÓPEZ		SNM- 44	00:24:06		A CORUÑA
168	522 ALVARO XOSÉ CARREIRA MANSO		SNM- 45	00:24:08		CULLEREDO
169	832 ALBERTO FERNÁNDEZ DOLDÁN		SNM- 46	00:24:08		A CORUÑA
170	227 RAMON MIGUEL GARCIA BARBA		VT3M- 18	00:24:10		LA CORUÑA
171	467 TOMÁS GONZÁLEZ VIDAL		PRM- 8	00:24:12		A CORUÑA
172	538 CARLOS GONZALEZ CRIADO		VT1M- 41	00:24:13		CAMBRE

173	516 ADRIÁN BALLESTEROS ALDARIZ		PRM- 9	00:24:14		A CORUÑA
174	347 JOSE ANGEL MARTINEZ ABAD		VT2M- 52	00:24:16		A CORUÑA
175	447 GONZALO PEREIRO BOQUETE		SNM- 47	00:24:18		A CORUÑA
176	423 MIGUEL LOPEZ CASTELO		VT1M- 42	00:24:20		A CORUÑA
177	502 LUÍS CABANAS BOCIJA		SNM- 48	00:24:20		CAMBRE
178	404 ROMÁN RIVAS ÁLVAREZ		SNM- 49	00:24:20		A CORUÑA
179	508 BORJA PAMPIN RAMOS		SNM- 50	00:24:21		A CORUÑA
180	310 GERARDO MARIÑO BALSA		VT1M- 43	00:24:22		ARTEIXO
181	944 MARCOS GARCIA GARCIA		VT1M- 44	00:24:23		EL TEMPLE CAMBRE
182	6 NOELIA CARUNCHO GARCIA	F- 5	VT1F- 2	00:24:23		LA CORUÑA
183	247 DOMINGO PRADO TEJEIRO		VT1M- 45	00:24:24		A CORUÑA
184	971 JOSE ANTA		VT1M- 46	00:24:25		A CORUÑA
185	801 CARLOS SAINZ CALVIÑO		PRM- 10	00:24:26	ATLETAS DE ACEA DE AMA	CULLEREDO
186	189 MIGUEL ÁNGEL GARCÍA ÁLVAREZ		VT2M- 53	00:24:26		A CORUÑA
187	929 ADRIÁN RAMA ALVAREZ		JNM- 5	00:24:27		A CORUÑA
188	225 ENRIQUE JORGE RAMA RODRÍGUEZ		VT3M- 19	00:24:27		A CORUÑA
189	156 GONZALO LOPEZ PAZ		SNM- 51	00:24:27	RUNNING OLEIROS	OLEIROS
190	871 FRANCISCO JOSE FARIÑAS RIVERA		VT1M- 47	00:24:29	CLUB ATLETISMO QUIEN NO CORRE VUELA	GUITIRIZ
191	273 DAMIAN ABELLAN YEPES		VT2M- 54	00:24:30		A CORUÑA
192	458 FRANCISCO PILLADO RABUÑAL		SNM- 52	00:24:30		LA CORUÑA
193	872 ADRIÁN CARPENTE RECOUSO		SNM- 53	00:24:30		MIÑO
194	244 ANDRÉS VALES GONZÁLEZ		VT2M- 55	00:24:31		A CORUÑA
195	103 MIGUEL ANGEL VAZQUEZ GONZALEZ		VT1M- 48	00:24:31	FAICAMIÑO	A CORUÑA
196	426 JOSE LUIS BENITO MARTINEZ		VT1M- 49	00:24:31		A CORUNA
197	116 JOSE LUIS PAULOS SOUTO		VT2M- 56	00:24:32	LUIS	A CORUÑA
198	501 BREGÁN GARCÍA MATOS		SNM- 54	00:24:34		A CORUÑA
199	432 ALBERTO LIÑARES GESTAL		SNM- 55	00:24:34		CULLEREDO
200	255 ROGELIO MANUEL PEREZ MIÑONES		VT3M- 20	00:24:36		A CORUÑA
201	835 DAVID ESTEBAN FERREIRO		PRM- 11	00:24:38		CARRAL
202	875 GUILLERMO CRIADO CAO		VT1M- 50	00:24:39		A CORUÑA
203	381 GONZALO BLANCO PAMPIN		SNM- 56	00:24:40		A CORUÑA
204	106 JOSE MANUEL PAZ CARREIRA		VT2M- 57	00:24:43	GAES PERSIGUE TUS SUEÑOS	LA CORUÑA
205	643 ELISA COBELO ROMERO	F- 6	VT2F- 1	00:24:44		LA CORUÑA
206	374 FRANCISCO JAVIER LÓPEZ DE LA FUENTE		VT1M- 51	00:24:45		A CORUÑA
207	483 FERNANDO LEAL IRIMIA		SNM- 57	00:24:46		MESOIRO
208	177 RAFAEL OLIVEIRA		VT1M- 52	00:24:47		A CORUÑA
209	334 ANGEL PEREZ BURGOS		SNM- 58	00:24:47		CORUÑA
210	315 MANUEL CALVO		VT2M- 58	00:24:47		A CORUÑA
211	133 FRANCISCO JAVIER FERNÁNDEZ PÉREZ		SNM- 59	00:24:48	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
212	42 FERNANDO JOSE. VARELA CASTRO		SNM- 60	00:24:49	ATLETISMO CORUÑA COMARCA	A CORUÑA
213	557 NACHO PEREIRA NAVAZA		VT2M- 59	00:24:50		CARBALLO
214	870 REBECA CANOTA FANDIÑO	F- 7	JNF- 1	00:24:52		
215	441 DAVID ULLOA SOBRINO		SNM- 61	00:24:56		A CORUÑA
216	190 DOMINGO ALVAREZ IGLESIAS		VT4M- 1	00:24:59		LA CORUÑA
217	869 ALBERTO SOTO CAMPOS		VT1M- 53	00:25:00		

218	271	MANUEL GARCIA EDREIRA	VT2M- 60	00:25:00		CORUÑA
219	433	REYNALDO BOTANA JIMENEZ	VT2M- 61	00:25:00		CARRAL
220	279	DANIEL LOSADA GONZÁLEZ	VT2M- 62	00:25:01		LA CORUÑA
221	301	MARCOS ALVAREZ PATIÑO	VT1M- 54	00:25:02		A CORUÑA
222	229	FRANCISCO JAVIER VILLAMISAR CALVIÑO	VT3M- 21	00:25:03		LA CORUÑA
223	69	JUAN GALÁN PRESAS	VT2M- 63	00:25:05	CLUB ATLETISMO SADA	A CORUÑA
224	92	JUAN JOSE GOMEZ NEGREIRA	VT2M- 64	00:25:06	CLUB TRIATLON CORUÑA	A CORUÑA
225	454	DANIEL GARCÍA FERNÁNDEZ	SNM- 62	00:25:06		LA CORUÑA
226	309	ROBERTO BLANCO EIRAS	VT2M- 65	00:25:07		A CORUÑA
227	707	PAULA ESTEIRO RAMOS	F- 8 SNF- 3	00:25:09		CAMARIÑAS
228	552	FERNANDO VAZQUEZ	VT1M- 55	00:25:11		CAMBRE
229	421	GONZALO PENA BUJAN	SNM- 63	00:25:12		A CORUÑA
230	213	JOSE MARIA MARTIN VEZ	SNM- 64	00:25:14		CORUÑA
231	919	DIEGO CABARCOS VAL	SNM- 65	00:25:15		BURELA
232	216	CARLOS FONTEBOA BORRAZAS	VT3M- 22	00:25:15		ARTEIXO
233	187	ADRIÁN EGUIZÁBAL CARO	SNM- 66	00:25:16		LA CORUÑA
234	559	AGUSTÍN CAAMAÑO SALGADO	SNM- 67	00:25:17		A CORUNA
235	542	LUIS VALDÉS LÓPEZ	VT2M- 66	00:25:17		CAMBRE
236	254	RICARDO AREA TEIJEIRO	VT2M- 67	00:25:22		A CORUÑA
237	553	PABLO ANTELO GARCÍA	SNM- 68	00:25:25		A CORUÑA
238	78	JOSE MANUEL OURENS PARDO	VT1M- 56	00:25:26	CLUB ATLETISMO SADA	PERILLO- OLEIROS
239	357	JOSE LUIS BERGONDO VAZQUEZ	VT1M- 57	00:25:29		A CORUÑA
240	604	MONTSE FERNÁNDEZ RAMOS	F- 9 VT2F- 2	00:25:29	CLUB ATLETISMO SADA	SADA
241	355	DAVID PIÑEIRO LOPEZ	VT1M- 58	00:25:29		A CORUÑA
242	521	MIGUEL PEÑA RECALDE	PRM- 12	00:25:31		FONTECULLER
243	569	DIEGO MAQUES	SNM- 69	00:25:31		A CORUÑA
244	253	PEDRO FLORES	VT2M- 68	00:25:33		LA CORUÑA
245	258	PABLO BUCETA BLANCO	VT2M- 69	00:25:34		CULLEREDO
246	546	VICENTE LOURIDO VÁZQUEZ	VT1M- 59	00:25:34		A CORUÑA
247	531	JOSE IGNACIO ARES FERREIRO	VT3M- 23	00:25:35		A CORUÑA
248	505	MOISES PEREZ PREGO	VT1M- 60	00:25:35		VILARRODIS (ARTEIXO)
249	822	FERNANDO CASTRO VILLASENÍN	SNM- 70	00:25:36		ORDES
250	371	JUAN FERNANDEZ VILABOA	VT2M- 70	00:25:38		LUGO
251	281	FERNANDO MATO VIDAL	VT1M- 61	00:25:41		OLEIROS
252	517	CARLOS GARCÍA SECO	SNM- 71	00:25:41		A CORUÑA
253	414	FERNANDO JOSÉ SALES AGRA	SNM- 72	00:25:42		CAMBRE
254	549	ENRIQUE BRITO GONZALEZ	VT1M- 62	00:25:42		OLEIROS
255	809	ESTEBAN GONZÁLEZ ALONSO	VT2M- 71	00:25:43		FONTECULLER. A CORUÑA
256	660	JOSEFINA LUGRIS FRAGA	F- 10 VT2F- 3	00:25:44		A CORUÑA
257	943	GUILLERMO JOSÉ RODICIO CIMADEVILLA	SNM- 73	00:25:44		A CORUÑA
258	380	JUAN FRANCISCO QUINTANS RIAL	VT1M- 63	00:25:44		A CORUÑA
259	328	EVARISTO GONZALEZ JORGE	VT2M- 72	00:25:45		OLEIROS
260	373	ROBERTO PONTE NOYA	VT1M- 64	00:25:45		A CORUÑA
261	408	ROI SIEIRO DE CEANO-VIVAS	VT1M- 65	00:25:48		SADA
262	592	ANDREA PICO BLANCO	F- 11 SNF- 4	00:25:52	ATLETISMO RIAZOR CORUÑA	A CORUÑA

263	901 FERNANDO VAZQUEZ MARTINEZ	VT3M- 24	00:25:53	AFICIONADO	MEICENDE
264	362 MARCOS VEIGA RODRIGUEZ	VT1M- 66	00:25:54		A CORUÑA
265	499 MANUEL VARELA GARCIA	VT1M- 67	00:25:56		ARTEIXO
266	816 MIGUEL DÍAZ VARELA	VT2M- 73	00:25:57		LA CORUÑA
267	514 ALEX VAZQUEZ ROIBAS	SNM- 74	00:25:57		A CORUÑA
268	416 JOSE MANUEL MOURONTE ALVAREZ	VT1M- 68	00:25:58		LA CORUÑA
269	548 JESUS ANGEL CORRALES CASTRO	VT1M- 69	00:26:00		SAN PEDRO DE NOS
270	422 DIEGO VÁZQUEZ PÉREZ	SNM- 75	00:26:00		A CORUÑA
271	459 FRAN VARELA BERMÚDEZ	SNM- 76	00:26:00		OLEIROS
272	340 MANUEL PAZ CARBON	VT2M- 74	00:26:01		A CORUÑA
273	527 PABLO RODRIGO GONZÁLEZ	SNM- 77	00:26:02		PONFERRADA
274	519 ALEJANDRO CASTRO VARELA	JNM- 6	00:26:03		A CORUÑA
275	427 ARÓN ULLOA CASTRO	SNM- 78	00:26:03		A CORUÑA
276	411 JAVIER ACCION	SNM- 79	00:26:04		A CORUÑA
277	931 RUBÉN PEREIRA ÁLVAREZ	SNM- 80	00:26:05		CARBALLO
278	209 ALEJANDRO RODRÍGUEZ LORENZO	VT1M- 70	00:26:06		CAMBRE (EL TEMPLE)
279	438 JAVIER VILLAVERDE DOVAL	SNM- 81	00:26:07		A CORUÑA
280	158 ROBERTO PABLO JALLAS AMIGO	VT2M- 75	00:26:07	SAUNIER DOUVAL	A CORUÑA
281	489 ADRIAN FERNANDEZ CARBALLEIRA	SNM- 82	00:26:08		CULLEREDO
282	11 SUSO RAMOS RODRIGUEZ	VT2M- 76	00:26:09	A.D. DOWNHILL LARACHA	A LARACHA
283	191 JOSE ANTONIO MÉNDEZ PAMPÍN	VT4M- 2	00:26:10		LA CORUÑA
284	55 ANTONIO HERNÁNDEZ BARREIRO	VT4M- 3	00:26:10	C.D.EGOVARROS-VIVEIRO	LA CORUÑA
285	814 GABRIEL ALVAREZ CARREIRA	VT2M- 77	00:26:11		CORUÑA
286	277 OSCAR CABANA PICADO	VT1M- 71	00:26:11		A CORUÑA
287	590 LUCÍA RODRÍGUEZ PARDO	F- 12 PRF- 1	00:26:11	ATLETISMO CORUÑA COMARCA	OLEIROS
288	808 CRISTÓBAL BALSEIRO PITA	VT2M- 78	00:26:11	RUNNING OLEIROS	OLEIROS
289	257 JAVIER GRUEIRO BOUZA	VT2M- 79	00:26:12		A CORUÑA
290	554 JESUS MANUEL REY VARELA	VT1M- 72	00:26:13		CARBALLO
291	866 ADRIAN FERNANDEZ CASAL	SNM- 83	00:26:15		
292	113 DANIEL LÓPEZ GARCÍA	SNM- 84	00:26:15	KURAI	PERILLO
293	520 JAVIER LIÑAYO CHOUZA	SNM- 85	00:26:16		A CORUÑA
294	632 NURIA PALACIOS IBÁN	F- 13 VT2F- 4	00:26:17		A CORUÑA
295	318 SERVANDO OTERO PUENTE	VT2M- 80	00:26:18		SADA
296	419 OSCAR DURO PAZOS	SNM- 86	00:26:19		A CORUÑA
297	415 DAVID VILLAR VILLAR	VT1M- 73	00:26:19		A CORUÑA
298	577 WILLIAM VARNEY	VT1M- 74	00:26:20		LA CORUÑA
299	439 IVAN FUENTES REGUEIRO	SNM- 87	00:26:20		LA CORUÑA
300	946 ISABEL CARBAJALES CASAL	F- 14 VT2F- 5	00:26:20	CLUB ATLETISMO SADA	OLEIROS
301	463 ROLAND NUÑEZ PRIETO	VT2M- 81	00:26:21		A CORUÑA
302	332 FABIÁN VALCÁRCEL MARTÍNEZ	SNM- 88	00:26:22		A CORUÑA
303	503 SERGIO RODRIGUEZ MARTINEZ	SNM- 89	00:26:23		O TEMPLE - CAMBRE
304	396 MANUEL LOPEZ CASCALLAR	VT1M- 75	00:26:23		A CORUÑA
305	319 REINALDO GONZALEZ PEDREIRA	VT2M- 82	00:26:23		A CORUÑA
306	65 PEDRO DOMENECH GONZÁLEZ	VT2M- 83	00:26:24	CLUB ATLETISMO CORUÑA COMARCA	CULLEREDO
307	168 MIGUEL MARROZOS LOPEZ	VT1M- 76	00:26:24	TRASNOS CORUÑA	A COREUÑA

308	966 SARA PIÑEIRO GOLAN	F- 15	VT2F- 6	00:26:24	GA 19269	CAIÓN
309	596 INÉS OITAVÉN PASCUAL	F- 16	JNF- 2	00:26:26	ATLETISMO RIAZOR CORUÑA	LA CORUÑA
310	473 JUÁN PEDRO VIGO SANZ		VT2M- 84	00:26:26		CARBALLO
311	186 JOSE ANGEL MARCOS MARCOS		VT2M- 85	00:26:26		A CORUÑA
312	523 RUBÉN VÁZQUEZ		PRM- 13	00:26:26		CAMBRE
313	370 NATALIO LORENZO PINTOS		VT3M- 25	00:26:27		CULLEREDO
314	220 BENIGNO FUENTES VAZQUEZ		VT3M- 26	00:26:28		LA CORUÑA
315	323 EDELMIRO PORTO BLANCO		VT1M- 77	00:26:29		A CORUÑA
316	240 CARLOS PAZOS OVIEDO		VT2M- 86	00:26:30		A CORUÑA
317	558 ISAAC CIBRÁN CARRIL		VT1M- 78	00:26:31		A CORUÑA
318	23 FRANCISCO JAVIER RODRIGUEZ FERREIRO		VT3M- 27	00:26:32	ATLETAS DE ACEA DE AMA	CULLEREDO
319	589 RAQUEL BOTANA GONZALEZ	F- 17	VT1F- 3	00:26:32	ATLETAS DE ACEA DE AMA	CAMBRE
320	556 ANTONIO PEREIRO CALVIÑO		VT1M- 79	00:26:35		LA CORVEIRA CULLEREDO
321	304 MIGUEL PARDO PEREIRA		VT1M- 80	00:26:36		A CORUÑA
322	861 JESUS MOURAZOS GONZÁLEZ		VT1M- 81	00:26:36		
323	838 JAVIER MARTINEZ VALIÑO		SNM- 90	00:26:37		BETANZOS
324	58 LUIS MONTERO VEGA		VT2M- 87	00:26:38	CAMISETASLUGO.COM	LUGO
325	241 PEDRO ENRIQUE FAGINAS SANCHEZ		VT2M- 88	00:26:39		CULLEREDO
326	639 MARI LUZ SANMARTIN FERNANDEZ	F- 18	VT4F- 1	00:26:39		A CORUÑA
327	841 PAULA IGLESIAS GARNELO	F- 19	JNF- 3	00:26:42	ATLETISMO RIAZOR CORUÑA	LA CORUÑA
328	160 JULIAN MORENO MARTOS		VT3M- 28	00:26:42	SCHOOL RIDERS TEAM	LA CORUÑA
329	138 JUAN CARLOS DOMATO VERDÍA		SNM- 91	00:26:45	OS DESBROZA CARRETERAS	ARTEIXO
330	142 DANIEL CIUDAD CENDÁN		VT2M- 89	00:26:46	PATUKOS TIM RANIN	CORUÑA
331	406 FRANCISCO JOSE FIGUEROA		VT1M- 82	00:26:46		ARTEIXO
332	287 JUAN IGNACIO PALEO VIEITO		VT1M- 83	00:26:47		A CORUÑA
333	428 SERGIO RODRIGUEZ RODRIGUEZ		SNM- 92	00:26:47		LUBRE - BERGONDO
334	230 SANTIAGO EIRIS LOPEZ		VT2M- 90	00:26:50		A CORUÑA
335	223 FERNANDO GAREA VIDAL		VT3M- 29	00:26:50		BERGONDO
336	651 ESTHER GIMENEZ MOOLHUYZEN	F- 20	VT2F- 7	00:26:51		A CORUÑA
337	500 RUBEN DARIO GARCIA MATOS		VT1M- 84	00:26:51		A CORUÑA
338	129 VICTOR LUACES VAZQUEZ		SNM- 93	00:26:53	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
339	291 FRANCISCO JAVIER CUENCA PUJADES		VT2M- 91	00:26:53		CULLEREDO
340	388 VICTOR RICO DOSIL		SNM- 94	00:26:55		LA CORUÑA
341	399 IAGO GONZALEZ		VT1M- 85	00:26:55		A CORUÑA
342	33 ENRIQUE GANDARA ULLOA		VT3M- 30	00:26:55	ATLETAS DE ACEA DE AMA	EL TEMPLE
343	850 NURIA BENITO GUTIERREZ	F- 21	VT1F- 4	00:26:56		A CORUÑA
344	874 RICARDO CALVO LÓPEZ		VT2M- 92	00:26:57		Fonteculler
345	235 EMILIO ALCALA ZAMORA CANEL		VT2M- 93	00:26:59		A CORUNA
346	143 ALEX ANTELO		VT2M- 94	00:26:59	PROYECTO BULULU	A CORUÑA
347	464 FERNANDO MIGUEZ FERNANDEZ		SNM- 95	00:27:00		A CORUÑA
348	462 DANIEL FERNANDEZ SUAREZ		SNM- 96	00:27:01		A CORUÑA
349	296 PEDRO MANUEL SALIDO VARELA		VT2M- 95	00:27:03		OLEIROS
350	346 ALFONSO DÍAZ PÉREZ		VT2M- 96	00:27:04		LA CORUÑA
351	479 VÍCTOR MANUEL LEDO LEMA		VT1M- 86	00:27:05		LA CORUÑA
352	80 MANUEL NISTAL GARCIA		VT1M- 87	00:27:06	CLUB CICLISTA EO	RIBADEO

353	79	EDUARDO NISTAL GARCIA		VT2M- 97	00:27:06		CLUB CICLISTA EO	A CORUÑA
354	721	MARTA GIL FERNÁNDEZ	F- 22	SNF- 5	00:27:07			A CORUÑA
355	607	IONELA RÓMAN	F- 23	SNF- 6	00:27:07	AG 2016025	CLUB ATLETISMO SADA	SADA
356	70	FRANCISCO VAZQUEZ GIL		VT2M- 98	00:27:07		CLUB ATLETISMO SADA	SADA
357	74	JOSE ANTONIO BANGUESES GARCÍA		VT1M- 88	00:27:08	AG 2016026	CLUB ATLETISMO SADA	SADA
358	198	MANUEL JAVIER MUÑIZ SEIJAS		VT3M- 31	00:27:08			A CORUÑA
359	579	HECTOR FRAGA		VT1M- 89	00:27:08			OLEIROS
360	368	EDUARDO ALVAREZ MAGALHAES		VT1M- 90	00:27:09			O TEMPLE-CAMBRE
361	672	VANESSA RAMA	F- 24	VT1F- 5	00:27:09			A CORUÑA
362	669	MONTSE PONTE TABOADA	F- 25	VT2F- 8	00:27:10			A CORUÑA
363	583	YOLANDA VÁZQUEZ ESPASANDÍN	F- 26	SNF- 7	00:27:10		ALTAFIT GYM CLUB	LA CORUÑA
364	806	ALEJANDRO FONTÁN TARACIDO		VT2M- 99	00:27:11		MUNDOCIO	CULLEREDO
365	397	VICTOR MANUEL ALVAREZ TABOADA		VT1M- 91	00:27:11			A CORUÑA
366	532	JAVIER RIO RODRIGUEZ		VT3M- 32	00:27:12			CARBALLO
367	184	CARLOS DE LUIS CARBALLADA		VT3M- 33	00:27:15			A CORUÑA
368	700	MARÍA BERMÚDEZ RODRÍGUEZ	F- 27	SNF- 8	00:27:15			LA CORUÑA
369	268	IÑIGO MARTINEZ IGLESIAS		VT2M- 100	00:27:15			LA CORUÑA
370	183	FRANCISCO RODRIGUEZ BARBEITO		SNM- 97	00:27:18			A CORUÑA
371	664	MARÍA MARTÍNEZ MOSQUERA	F- 28	VT1F- 6	00:27:18			A CORUÑA
372	935	JORGE E.		VT1M- 92	00:27:18			LA CORUÑA
373	667	BEGOÑA LOIS ALVAREZ	F- 29	VT1F- 7	00:27:19			A CORUÑA
374	681	ALBA CAAMAÑO FERNANDEZ	F- 30	SNF- 9	00:27:21			A CORUÑA
375	322	ANTONIO MANUEL ULLOA MENDEZ		VT1M- 93	00:27:25			A CORUÑA
376	313	MANUEL LIRES FREIRE		VT1M- 94	00:27:26			CORUÑA
377	936	JUAN CARLOS PASTOR PORTILLO		VT1M- 95	00:27:26			A CORUÑA
378	582	PASCALE ABAD DUJARDIN	F- 31	VT1F- 8	00:27:27		ALTAFIT GYM CLUB	LA CORUÑA
379	132	MIGUEL PEREIRA FERNÁNDEZ		VT1M- 96	00:27:28		NOSPORTLIMIT-TREK GALICIA	A CORUÑA
380	290	RENATO RIVAS LOPEZ		VT1M- 97	00:27:28			LA CORUÑA
381	314	JUAN CARLOS TABOADA RIVADULLA		VT2M- 101	00:27:29			A CORUÑA
382	197	JUAN PAZOS COUTO		VT3M- 34	00:27:29			A CORUÑA
383	185	DOMINGO MIGUEL ARIAS		VT3M- 35	00:27:30			CULLEREDO
384	824	JUAN CARTELLE SÁEZ		SNM- 98	00:27:31			A CORUÑA
385	635	MIRIAM SAN ROMÁN BORBOLLA	F- 32	SNF- 10	00:27:31			COLOMBRES
386	911	FRANCISCO JAVIER VARELA MAZAS		VT2M- 102	00:27:31			A CORUÑA
387	575	PAULO LOIACONO		VT2M- 103	00:27:31			A CORUÑA
388	468	HUMBERTO BRACCO MARINI		VT3M- 36	00:27:32			A LARACHA
389	306	CARLOS OJEA CASTRO		VT2M- 104	00:27:33			A CORUÑA
390	144	SANTIAGO PÉREZ BARBEITO		VT1M- 98	00:27:40		PROYECTO BULULU	A CORUÑA
391	376	JAVIER PORTO LÓPEZ		SNM- 99	00:27:40			A CORUÑA
392	339	ALFONSO TEIJIDO FRANCO		VT2M- 105	00:27:41			A CORUÑA
393	238	JAIME REGUEIRO YEBRA		VT2M- 106	00:27:41			OLEIROS
394	96	FRANCISCO JAVIER FERNANDEZ-PEITEADO FERNANDEZ		VT2M- 107	00:27:44		COMPAÑIA DE MARIA	A CORUÑA
395	405	ÓSCAR LÓPEZ BLANCO		VT1M- 99	00:27:44			A CORUÑA
396	932	IGNACIO CARMONA PÉREZ		PRM- 14	00:27:44			CORUÑA
397	352	ANDRES DOPICO PENA		VT2M- 108	00:27:45			BETANZOS

398	833 DANIEL FREIRE PRESEDO		SNM- 100	00:27:46		LAS PALMAS DE GRAN CANARIA
399	204 JUAN MARTIN FREIRE NOCHE		VT2M- 109	00:27:46		FERROL
400	120 MARCELO GABRIEL TRIPODI		VT3M- 37	00:27:48	MIXMASTER RUNNING	A CORUÑA
401	712 MARTA MUIÑO VIDAL	F- 33	SNF- 11	00:27:48		A CORUÑA
402	460 ALEJANDRO LUIS NOVOA		SNM- 101	00:27:50		A CORUÑA
403	471 VIRGILIO CALVO MARTINEZ		VT2M- 110	00:27:50		LA CORUÑA
404	456 PABLO TABOADA DURO		SNM- 102	00:27:50		A CORUÑA
405	443 NICOLAS LOIS CANDA		SNM- 103	00:27:50		A CORUÑA
406	876 ALBERTO PENA CABANA		SNM- 104	00:27:53		PONTEDEUME
407	386 ROBERTO HERNANDO SANTALLA		VT1M- 100	00:27:55		A CORUÑA
408	727 MARLEN TRUCIOS	F- 34	VT1F- 9	00:27:55		A CORUÑA
409	154 GERARDO GAYOSO VIQUEIRA		VT2M- 111	00:27:55	RUNNING OLEIROS	SADA
410	234 XOSE RAMON LOPEZ TOJA		VT3M- 38	00:27:57		CARRAL
411	650 PILAR RAMOS SANCHEZ	F- 35	VT2F- 9	00:27:58		LA CORUÑA
412	813 LUIS YEBRA LÓPEZ		VT3M- 39	00:28:03		A CORUÑA
413	902 ARTURO RABUÑAL VAZQUEZ		VT4M- 4	00:28:04	AFICIONADO	MEICENDE
414	735 VANESA MELLA BARBEITO	F- 36	SNF- 12	00:28:04		BETANZOS
415	59 ALEJANDRO BARRAL DIEZ		SNM- 105	00:28:06	CC RIAZOR	A CORUÑA
416	123 RUBÉN SÁNCHEZ VÁZQUEZ		SNM- 106	00:28:08	NOSPORTLIMIT	CULLEREDO
417	410 ALBERTO PERNAS MARIÑO		SNM- 107	00:28:08		LA CORUÑA
418	525 PEDRO OVALLE PINTOR		VT1M- 101	00:28:09		A CORUÑA
419	591 MARIA MONTSERRAT FERNÁNDEZ SABURIDO	F- 37	VT2F- 10	00:28:09	ATLETISMO RIAZOR CORUÑA	A CORUÑA
420	141 MIGUEL DEZA RODRIGUEZ		VT2M- 112	00:28:09	AG 767352 PATUKOS	A CORUÑA
421	409 MANU GIL QUÍLEZ		SNM- 108	00:28:10		A CORUÑA
422	842 MARILUZ SANDA GUERRA	F- 38	VT2F- 11	00:28:11	LA MOCHILA DEL DEPORTE	A BARCALA-CAMBRE
423	393 RUBÉN DÍAZ GIL		VT1M- 102	00:28:12		LA CORUÑA
424	507 MARTÍN BRAIS CRESPO RODRIGUEZ		VT1M- 103	00:28:12		A CORUÑA
425	539 JOSE ANTONIO FRAGA GARABATO		VT1M- 104	00:28:14		A CORUÑA
426	47 JULIO SANTIAGO FREIJANES		VT2M- 113	00:28:15	ATLETISMO RIAZOR CORUÑA	A CORUÑA
427	593 SOFÍA CANZOBRE MARTÍNEZ	F- 39	SNF- 13	00:28:15	AG/768780 ATLETISMO RIAZOR CORUÑA	A CORUÑA
428	108 GONZALO ALONSO VÁZQUEZ		VT1M- 105	00:28:15	GANTESPORT	A CORUÑA
429	562 JUAN MANUEL GÓMEZ CRESPO		SNM- 109	00:28:16		BETANZOS
430	264 JOSE ANTONIO MONTERO DOMINGUEZ		VT2M- 114	00:28:16		A CORUÑA
431	941 MARTÍN ADOLFO SANTOS ESPIÑEIRA		SNM- 110	00:28:17		CULLEREDO
432	119 JOSE LUIS PENALTA DATORRE		VT3M- 40	00:28:17	MIXMASTER RUNNING	EL TEMPLE -CAMBRE
433	251 CARLOS MARTÍN FERNÁNDEZ		VT2M- 115	00:28:18		A CORUÑA
434	668 OLALLA TORRES BURILLO	F- 40	VT1F- 10	00:28:18		A CORUÑA
435	686 BEGO GONZALEZ PENA	F- 41	VT2F- 12	00:28:19		A CORUÑA
436	526 FELIPE OVALLE PINTOR		SNM- 111	00:28:20		A CORUÑA
437	615 EVA SANCHEZ MARTINEZ	F- 42	VT2F- 13	00:28:20	MIXMASTER RUNNING	LA CORUÑA
438	711 LUCÍA VÁZQUEZ SESAR	F- 43	SNF- 14	00:28:20		CULLEREDO
439	606 ANGELES CASTRO FERNANDEZ	F- 44	VT2F- 14	00:28:26	CLUB ATLETISMO SADA	A CORUÑA
440	124 JOSE SUAREZ NUÑEZ		VT2M- 116	00:28:26	NOSPORTLIMIT-TREK GALICIA	LA CORUÑA
441	12 ALBERTO VILAS MARTÍNEZ		VT3M- 41	00:28:26	A.V. [RIAZOR COR.]	A CORUÑA
442	356 CARLOS ÁLVAREZ FERNÁNDEZ		VT2M- 117	00:28:28		CULLEREDO

443	550 GABRIEL SANTOS ALONSO		VT1M- 106	00:28:28		A CORUÑA
444	915 ANTONIO VAZQUEZ GIL		VT1M- 107	00:28:29		A CORUÑA
445	389 IVAN BERMUDEZ BRAVO		VT1M- 108	00:28:30		A CORUÑA
446	487 HECTOR ABEL MONELOS DIAZ		VT1M- 109	00:28:32		PERILLO-OLEIROS
447	734 NOELIA MIRANDA CASTRO	F- 45	SNF- 15	00:28:34		A CORUÑA
448	599 LOLY LOSADA GARCIA	F- 46	VT3F- 2	00:28:35	CD GAS NATURAL FENOSA	CAMBRE
449	603 DOLORES PAZOS MALLO	F- 47	VT2F- 15	00:28:36	CLUB ATLETISMO SADA	SADA - LA CORUÑA
450	282 ANGEL MANUEL MIGUENS VAZQUEZ		VT2M- 118	00:28:38		A CORUÑA
451	367 JOSÉ LUIS LÓPEZ RODRÍGUEZ		VT2M- 119	00:28:38		A CORUÑA
452	588 LAURA FERNÁNDEZ NOCELO	F- 48	VT1F- 11	00:28:38	ATLETAS DE ACEA DE AMA	OLEIROS
453	679 SANDRA FERREIRO HERMIDA	F- 49	SNF- 16	00:28:38		CULLEREDO
454	647 SILVIA SÁNCHEZ BASCOY	F- 50	VT3F- 3	00:28:39		A CORUÑA
455	267 JOSE CARVALLO CAVERO		VT2M- 120	00:28:41		A CORUÑA
456	724 BALBINA TARRIO MANGAS	F- 51	PRF- 2	00:28:42		CORISTANCO
457	610 ANA VIGO BARREIRA	F- 52	VT2F- 16	00:28:42	CSC RUNNING CLUB	LA CORUÑA
458	195 SANTIAGO SIMON CUADRADO		VT3M- 42	00:28:44		LA CORUÑA
459	611 ANA LUZ VÁZQUEZ FERNÁNDEZ	F- 53	VT3F- 4	00:28:45	CSC RUNNING CLUB	A CORUÑA
460	139 DIEGO MARTIN PETEIRO VIGO		SNM- 112	00:28:46	OS DESBROZA CARRETERAS	ARTEIXO
461	684 BEGOÑA MARTINEZ LORENZO	F- 54	VT2F- 17	00:28:48		ARTEIXO
462	233 ANGEL RAMON MARTINEZ CAMBON		VT2M- 121	00:28:48		A CORUÑA
463	335 ABEL VALE LÓPEZ		SNM- 113	00:28:50		VIVEIRO
464	83 ÓSCAR ESTRAVIZ LORENZO		VT1M- 110	00:28:53	CLUB DEPORTIVO FERVELLO	CULLEREDO
465	345 CARLOS CURTO NOVAS		VT2M- 122	00:28:53		A CORUÑA
466	749 AIDA LOUREIRO NION	F- 55	VT1F- 12	00:28:53		ARTEIXO
467	509 PABLO REYES FUENTES		SNM- 114	00:28:55		LA CORUÑA
468	224 FERNANDO SANDÁ MACHO		VT3M- 43	00:28:59		A CORUÑA
469	644 MARTA MELLA SEIJIDO	F- 56	VT1F- 13	00:28:59		EL TEMPLE, CAMBRE
470	351 MANUEL TOJO RODRIGUEZ		VT2M- 123	00:28:59		O BURGO - CULLEREDO
471	9 CARLOS GÓMEZ NÚÑEZ		VT1M- 111	00:28:59	A. D. LIMIACTIVA	OURENSE
472	231 AVELINO DOPAZO PONTE		VT2M- 124	00:29:01		A CORUÑA
473	740 ROCÍO ALFONSO PITA	F- 57	VT1F- 14	00:29:01		A CORUÑA
474	818 GUSTAVO SANCHEZ ARES		VT2M- 125	00:29:02		A CORUÑA
475	194 BENIGNO GAREA CAO		VT3M- 44	00:29:02		A CORUÑA
476	159 DIEGO LAGO BARROS		SNM- 115	00:29:02	SAUNIER DUVAL	A CORUÑA
477	968 HÉCTOR CASTIÑEIRA BLANCO		SNM- 116	00:29:02		A CORUÑA
478	609 ANA BANEIRA SUAREZ	F- 58	JNF- 4	00:29:02	CLUB CICLISTA RIAZOR	A CORUÑA
479	976 ANDREA BANEIRA	F- 59	JNF- 5	00:29:02		LA CORUÑA
480	349 PABLO BARCA GARCIA		VT2M- 126	00:29:03		A CORUÑA
481	830 HELIODORO CURRAS ESMORIS		SNM- 117	00:29:05		LA CORUÑA
482	925 RICARD TRINCHET		SNM- 118	00:29:05		A CORUÑA
483	613 ANA BELÉN VÁZQUEZ VALENCIA	F- 60	JNF- 6	00:29:08	ESCUELA DE ATLETISMO PAULA MAYOBRE	BARALLOBRE
484	375 CARLOS VÁZQUEZ ALONSO		VT1M- 112	00:29:09		PONTEVEDRA
485	104 OVIDIO SÁNCHEZ		SNM- 119	00:29:13	FILLOAS TEAM	FERROL
486	878 MANUEL LINARES FRANCO		VT1M- 113	00:29:14		A CORUÑA
487	181 ANGEL CARLOS IZQUIERDO LOPEZ		VT2M- 127	00:29:15		LA CORUÑA

488	638 ROSA MARIA SANDES FERNANDEZ	F- 61	VT4F- 2	00:29:15		A CORUÑA
489	587 ESTEFANIA MENDOZA	F- 62	VT2F- 18	00:29:16	ATLETAS DE ACEA DE AMA	SAN PEDRO DE NOS
490	490 DIEGO LÓPEZ AMARELLE		SNM- 120	00:29:17		A CORUÑA
491	53 PABLO FERRANT ROJO		VT2M- 128	00:29:18	BR	A CORUÑA
492	688 CRISTINA OTERO LAGO	F- 63	VT2F- 19	00:29:22		A CORUÑA
493	864 RAMÓN PASANDÍN REGUEIRA		VT2M- 129	00:29:22		
494	572 JOSE MANUEL MARTINEZ MARTINEZ		VT2M- 130	00:29:22		CAMBRE
495	312 JUAN ALVAREZ RODRIGUEZ		VT1M- 114	00:29:22		CORUÑA
496	843 SUSANA SOMME LOPEZ	F- 64	VT2F- 20	00:29:23	MOCHILA DEL DEPORTE	A CORUÑA
497	811 JORGE LOPEZ RODRIGUEZ		VT4M- 5	00:29:25		A CORUÑA
498	403 PABLO MONTAÑÉS FERNÁNDEZ		SNM- 121	00:29:26		A CORUÑA
499	656 MARÍA VICTORIA PÉREZ HERNÁNDEZ	F- 65	VT2F- 21	00:29:29		A CORUÑA
500	16 OSCAR DE LA FUENTE SENIN		VT1M- 115	00:29:32	ALTAFIT GYM CLUB	A CORUÑA
501	391 OSCAR VIDAL RODRIGUEZ		VT1M- 116	00:29:34		A CORUÑA
502	199 JOSÉ MANUEL RIOS GIBELLO		VT3M- 45	00:29:37		A CORUÑA
503	595 ESTEFANIA ABELENDA POSE	F- 66	SNF- 17	00:29:37	ATLETISMO RIAZOR CORUÑA	LARACHA
504	412 JAVIER LÓPEZ FERNÁNDEZ		SNM- 122	00:29:39		A CORUÑA
505	175 SANTIAGO PENA CAÑIZARES		SNM- 123	00:29:39	WHERE IS THE LIMIT?	LA CORUÑA
506	536 FRAN RODRÍGUEZ LÓPEZ		VT2M- 131	00:29:39		A CORUÑA
507	654 BEATRIZ PATIÑO SEIJAS	F- 67	VT2F- 22	00:29:39		A CORUÑA
508	576 EDGAR ALBA BARRILE		VT1M- 117	00:29:40		LA CORUÑA
509	475 LUIS ALBERTO LÓPEZ MALDONADO		VT2M- 132	00:29:40		CORUÑA
510	200 JESÚS GAREA VIDAL		VT3M- 46	00:29:47		A CORUÑA
511	584 LAURA NÚÑEZ NAVEIRA	F- 68	VT1F- 15	00:29:49	ANDAINA	A CORUÑA
512	484 DAVID DÍAZ PÉREZ		VT1M- 118	00:29:50		CORUÑA
513	528 MANUEL LÓPEZ PETINAL		VT1M- 119	00:29:50		A CORUÑA
514	222 JOSE ANTONIO BOCELO PRIETO		VT3M- 47	00:29:52		O TEMPLE
515	440 JAVIER CAMPOS BREA		SNM- 124	00:29:53		A CORUÑA
516	673 SILVIA GESTAL GOLÁN	F- 69	VT1F- 16	00:29:54		CULLEREDO
517	698 MARÍA RIVAS BARCALA	F- 70	SNF- 18	00:29:55		A ESTRADA
518	655 NURIA PENA MUIÑO	F- 71	VT2F- 23	00:29:56		LA CORUÑA
519	98 JOSE FRANCISCO COBAS RODRIGUEZ		VT4M- 6	00:29:56	CRAT	A CORUÑA
520	578 OSCAR BESTEIRO VAZQUEZ		VT1M- 120	00:29:56		A CORUÑA
521	511 MARCOS CASTELO PRADO		SNM- 125	00:30:00		A CORUÑA
522	823 FERNANDO OTERO CALVIÑO		SNM- 126	00:30:00		A CORUÑA
523	442 ALEJANDRO LARRAURI PAJON		SNM- 127	00:30:00		A CORUÑA
524	942 JOAO CARLOS PINTO DA CUNHA PIMENTA		VT3M- 48	00:30:01		PERRILLO (OLEIROS)
525	699 PAULA DIAZ GETINO	F- 72	SNF- 19	00:30:01		A CORUÑA
526	649 MARIÁN JUÁREZ PÉREZ	F- 73	VT3F- 5	00:30:02		A CORUÑA
527	118 AGUSTIN FERRAN ANEGON		VT2M- 133	00:30:05	MIXMASTER RUNNING	CULLEREDO
528	361 ADRIAN PAN CONCHEIRO		SNM- 128	00:30:05		A CORUÑA
529	834 GUSTAVO BARRAL PREGO		SNM- 129	00:30:06		PERILLO
530	270 CARLOS ZAPATA ARENAS		VT2M- 134	00:30:07		A CORUÑA
531	646 MARTA VIÑA RICO	F- 74	SNF- 20	00:30:08		A CORUÑA
532	19 XABIER RODRÍGUEZ SOTO		VT1M- 121	00:30:08	ATHLETIC CORUÑA HOCKEY	A CORUÑA

533	618	IVANNA M GUTIERREZ SUAREZ	F- 75	VT2F- 24	00:30:08	NOSPORTLIMIT	OLEIROS
534	713	ANA MARÍA BOEDO AGRASO	F- 76	SNF- 21	00:30:09		A CORUÑA
535	821	ALEJANDRO GONZALEZ LAMAS		SNM- 130	00:30:11		A CORUÑA
536	541	VÍCTOR MANUEL VÁZQUEZ MOSTEIRO		VT3M- 49	00:30:11		A CORUÑA
537	714	LUCÍA VÁZQUEZ BLANCO	F- 77	SNF- 22	00:30:12		A CORUÑA
538	722	AMIRA SIMÓN MARTÍNEZ	F- 78	SNF- 23	00:30:12		A CORUÑA
539	336	HECTOR LAMEIRO FRAGA		VT2M- 135	00:30:13		CAMBRE
540	530	JUAN JOSÉ REDONDO LAGO		VT3M- 50	00:30:16		A CORUÑA
541	263	CELSO LOPEZ ARES		VT2M- 136	00:30:18		O TEMPLE - CAMBRE
542	677	ISABEL GARCIA RODRIGUEZ	F- 79	VT2F- 25	00:30:21		ARTEIXO
543	37	LUÍS GRACILIANO IGLESIAS GONZÁLEZ		VT4M- 7	00:30:21	A-10826	ATLETISMO A GÁNDARA MONFORTE
544	285	VICTOR MANUEL VALDERRABANO SOUTO		VT2M- 137	00:30:23		PASTORIZA ARTEIXO
545	574	JAVIER FERNANDEZ CASTRO		VT1M- 122	00:30:24		A CORUÑA
546	743	LUCÍA RAMOS CALVELO	F- 80	SNF- 24	00:30:25		MALPICA DE BERGANTIÑOS
547	292	MARTÍN LÓPEZ CASTRO		VT2M- 138	00:30:27		A CORUÑA
548	298	PABLO CALVO CALVO		VT2M- 139	00:30:27		A CORUÑA
549	691	MARIA SEIJO CALAZA	F- 81	VT1F- 17	00:30:27		A CORUÑA
550	687	SONIA MARÍA CARRO RIOS	F- 82	VT1F- 18	00:30:28		A CORUÑA
551	631	MARTA MUÑOZ PÉREZ	F- 83	VT2F- 26	00:30:28		A CORUÑA
552	513	ALEJANDRO PAZOS SÁNCHEZ		SNM- 131	00:30:28		PASTORIZA, ARTEIXIO
553	283	MANUEL ANGEL POSE CASTIÑEIRA		VT2M- 140	00:30:32		LA CORUÑA
554	868	PILAR VÁZQUEZ FEBRERO	F- 84	SNF- 25	00:30:33		
555	948	CRISTINA CASTRO ALVAREZ	F- 85	VT1F- 19	00:30:35	NOSPORTLIMIT	PERILLO
556	395	FRANCISCO DE LA IGLESIA VAZQUEZ		VT1M- 123	00:30:36		A CORUÑA
557	733	VERÓNICA RODRÍGUEZ RÍOS	F- 86	VT1F- 20	00:30:36		A CORUÑA
558	221	MANUEL DIAZ SALGUEIRO		VT3M- 51	00:30:38		A CORUÑA
559	299	JUAN SALVADOR SEOANE PARDO		VT1M- 124	00:30:39		A CORUÑA
560	327	VICTOR MARTIN BLANCO		VT2M- 141	00:30:40		LUGO
561	331	MIGUEL CIDRE VÁZQUEZ		SNM- 132	00:30:40		CERCEDA
562	846	MONTSERRAT FRAGA MARTÍNEZ	F- 87	VT2F- 27	00:30:40		A CORUÑA
563	912	JOSE ANTONIO ARES SANCHEZ		VT2M- 142	00:30:41		O BURGO
564	201	JUAN MANUEL PEREZ FERNÁNDEZ		VT3M- 52	00:30:42		A CORUÑA
565	269	RAMÓN GUITIÁN FERNÁNDEZ		VT2M- 143	00:30:42		A CORUÑA
566	245	JOSE LUIS VILLAR MORCILLO		VT2M- 144	00:30:43		A CORUÑA
567	317	JOSE ANTONIO LOPEZ LOPEZ		VT2M- 145	00:30:49		A CORUÑA
568	140	ANTONIO CIUDAD PEREIRA		VT4M- 8	00:30:49	PATUKOS	A CORUÑA
569	99	JESÚS ÁNGEL SÁNCHEZ VEIGA		VT2M- 146	00:30:50	CSC RUNNING CLUB	A CORUÑA
570	844	ISABEL TERESA FOLGOSO CRUZ	F- 88	VT2F- 28	00:30:50		CULLEREDO
571	954	MÓNICA EIRAS SÁNCHEZ	F- 89	VT2F- 29	00:30:52		A CORUÑA
572	847	PATRICIA AMENEIRO	F- 90	SNF- 26	00:30:53		A CORUÑA
573	817	ROBERTO GAYOSO		VT2M- 147	00:30:54		A CORUÑA
574	480	JOSE MANUEL PICO MOSQUERA		VT1M- 125	00:30:55		OLEIROS
575	482	JOSÉ LUIS DURÁN BARREIRO		VT1M- 126	00:30:56		A CORUÑA
576	852	ISABEL LÓPEZ ESPINEIRA	F- 91	VT1F- 21	00:30:56		LA CORUÑA
577	601	CARMEN CASAS PÉREZ	F- 92	VT3F- 6	00:30:57	CLUB ATLETISMO SADA	SADA

578	506 IVAN BARBEITO PREGO		SNM- 133	00:30:58		A CORUÑA
579	524 JAVIER YÉPEZ ARÁMBULO		SNM- 134	00:31:01		A CORUÑA
580	581 ROCIO CAMPOS BREA	F- 93	SNF- 27	00:31:09	ADC BOMBEIROS	A CORUÑA
581	916 JOSÉ ANDRÉS MONDELO GONZÁLEZ		VT3M- 53	00:31:12		A CORUÑA
582	622 VANESSA PAZ ABRUÑEDO	F- 94	SNF- 28	00:31:13	NOSPORTLIMIT-TREK GALICIA	CAMBRE
583	344 CARLOS MALLEIRO ZORZANO		SNM- 135	00:31:16		ARTEIXO
584	926 CARLOS DEL RIO VAZQUEZ		SNM- 136	00:31:18		A CORUÑA
585	637 SUSANA GOYANES MARTINEZ	F- 95	VT2F- 30	00:31:20		A CORUÑA
586	545 SANTIAGO ÁLVAREZ MARTÍNEZ		SNM- 137	00:31:21		A CORUÑA
587	492 ALEJANDRO SANTOS SÁNCHEZ		SNM- 138	00:31:26		BETANZOS
588	849 PATRICIA REDONDO SILVA	F- 96	VT1F- 22	00:31:27		CORUÑA
589	580 YASMINA BEN-HAKIM PARDIÑAS	F- 97	SNF- 29	00:31:30	A. D. DOWNHILL	A CORUÑA
590	293 EDUARDO NOVO GOMEZ		VT1M- 127	00:31:32		ARTEIXO
591	636 LYDIA MARTINEZ MOUTON	F- 98	VT2F- 31	00:31:32		ARTEIXO
592	436 RUBÉN LORENZO GÓMEZ		SNM- 139	00:31:40		CARBALLO
593	977 OLGA MARIA CASTRO BLANCO	F- 99	SNF- 30	00:31:44		ARTEIXO
594	913 JAVIER GONZALEZ MENDEZ		VT2M- 148	00:31:44		CULLEREDO
595	494 ADRIÁN CASTRO VÁZQUEZ		SNM- 140	00:31:45		A CORUÑA
596	697 VANESSA LÓPEZ PÉREZ	F- 100	SNF- 31	00:31:46		A CORUÑA
597	653 CHUS GÓMEZ GESTAL	F- 101	VT2F- 32	00:31:50		CAMBRE
598	628 BLANCA ORTEGA JIMÉNEZ	F- 102	SNF- 32	00:31:58	ZAPETRON	PIEDRABUEA
599	176 MARIANO TOLOSANA LABARTA		VT1M- 128	00:31:58	ZAPETRON	ALMUDEVAR
600	805 ANGEL DELGADO BARONA		VT2M- 149	00:32:10	LOSPEZES	LA CORUÑA
601	683 LUCHI PÉREZ GARCÍA	F- 103	VT2F- 33	00:32:10		EL TEMPLE - CAMBRE
602	859 MARTINA CASARIN	F- 104	VT1F- 23	00:32:11		LUGAR SOUTO DA IGLESIA 58C
603	20 MIGUEL ANGEL GONZALEZ TALAVERO		VT3M- 54	00:32:14	ATLETAS ACEA DE AMA	LA CORUÑA
604	242 JUAN CARLOS VALEIRO VEIGA		VT2M- 150	00:32:16		O BURGO - CULLEREDO
605	193 PABLO PARGUIÑA FERNANDEZ		VT3M- 55	00:32:16		A CORUÑA
606	534 JOSE ANGEL LORENZO RIVEIRO		VT2M- 151	00:32:16		CULLEREDO
607	689 BELÉN PARDO FARIÑA	F- 105	VT2F- 34	00:32:17		A CORUÑA
608	877 MELANIE LEMA CAMBLOR	F- 106	SNF- 33	00:32:20		LA CORUÑA
609	717 BELÉN CAMBLOR	F- 107	VT2F- 35	00:32:24		A CORUÑA
610	360 RUBÉN VÁZQUEZ GÓMEZ		VT1M- 129	00:32:25		CORUÑA
611	703 VANESSA HERVADA LÓPEZ	F- 108	SNF- 34	00:32:25		CORUÑA
612	303 PABLO NAVEIRA ÁLVAREZ		SNM- 141	00:32:27		A CORUÑA
613	670 NOELIA SEOANE PARDO	F- 109	VT1F- 24	00:32:33		A CORUÑA
614	634 ROSA MARIA VIQUEIRA RIVAS	F- 110	VT3F- 7	00:32:33		A CORUÑA
615	203 RICARDO FERNÁNDEZ GONZÁLEZ		VT2M- 152	00:32:34		A CORUÑA
616	529 MANUEL GONZALEZ PEREIRA		VT4M- 9	00:32:39		ARTEIXO
617	633 MA.JOSÉ FILGUEIRA HERMIDA	F- 111	VT2F- 36	00:32:39		VALDOVIÑO
618	192 ROBERTO VAZQUEZ MARTINEZ		VT3M- 56	00:32:39		ARMENTON-ARTEIXO
619	815 SANTIAGO COLLAZO SÁNCHEZ		VT2M- 153	00:32:39		A CORUÑA
620	300 CARLOS ARMENTEROS LEÓN		VT2M- 154	00:32:45		A CORUÑA
621	444 JOSE DAVID RÍOS LESTA		SNM- 142	00:32:48		BETANZOS
622	905 DANIEL RODRÍGUEZ AYUSO		SNM- 143	00:32:49	MERDA ENLATADA	A CORUÑA

623	719 ANA CARRO ABARRATEGUI	F- 112	SNF- 35	00:32:54		A CORUÑA
624	537 RAMÓN SOMORROSTRO CASTRO		VT1M- 130	00:32:55		A CORUÑA
625	732 BELÉN FERREIRO GAREA	F- 113	VT1F- 25	00:32:55		A CORUÑA
626	629 BEGOÑA SÁNCHEZ ZABALA	F- 114	VT3F- 8	00:32:57		A CORUÑA
627	904 JUAN QUINTÁNS FRANCO.		SNM- 144	00:33:01	COPCISA	LA CORUÑA
628	676 SORAYA VARELA BAO	F- 115	VT1F- 26	00:33:04		A CORUÑA
629	486 VICTOR MANUEL ESPÍÑEIRA RODRIGUEZ		VT1M- 131	00:33:04		A CORUÑA
630	252 JOSE ANTONIO VILLAMISAR VARELA		VT2M- 155	00:33:05		EL TEMPLE (CAMBRE)
631	848 MARTA GARCIA QUIJADA	F- 116	VT1F- 27	00:33:08		A CORUÑA
632	695 LOLI RIAL CARBALLA	F- 117	VT1F- 28	00:33:10		A CORUÑA
633	207 VICTOR MANUEL INSUA PICO		VT2M- 156	00:33:11		NARÓN
634	387 JAVIER COLLAZO PEREZ		VT1M- 132	00:33:13		A CORUÑA
635	865 CAROLINA FRAGA SECO	F- 118	VT1F- 29	00:33:16		
636	706 ANA MARIA FERNANDEZ BELLO	F- 119	VT1F- 30	00:33:17		A CORUÑA
637	956 ALMA BLANCO PITA	F- 120	VT1F- 31	00:33:18		LA CORUÑA
638	690 RAQUEL VÁZQUEZ SÁNCHEZ	F- 121	SNF- 36	00:33:19		A CORUÑA
639	218 EDUARDO REY GONZALEZ		VT3M- 57	00:33:20		A CORUÑA
640	504 JAVIER YÁÑEZ LOURO		VT1M- 133	00:33:25		A CORUÑA
641	472 LUIS SÁNCHEZ SANTOS		VT2M- 157	00:33:30		A CORUÑA
642	812 BERNARDO RODRIGUEZ VAZQUEZ		VT3M- 58	00:33:33		A CORUÑA
643	737 ALBA COSTA LAGOA	F- 122	SNF- 37	00:33:33		A CORUÑA
644	723 SONIA GALLARDO GRILLE	F- 123	SNF- 38	00:33:33		LA CORUÑA
645	616 ARANTXA ABAD PÉREZ	F- 124	VT1F- 32	00:33:38	NOSPORTLIMIT	A CORUÑA
646	624 MARÍA MÓNICA CORTÉS PATIÑO	F- 125	VT1F- 33	00:33:40	NSL	PERILLO
647	728 PATRICIA SUSO SANCHEZ	F- 126	JNF- 7	00:33:46		A CORUÑA
648	640 Mª GLORIA OREIRO PAZOS	F- 127	VT3F- 9	00:33:51		PERILLO - OLEIROS
649	831 ÉDGAR SÁNCHEZ RODRÍGUEZ		VT1M- 134	00:33:56		BERGONDO
650	105 DAVID LÓPEZ FERNÁNDEZ		SNM- 145	00:33:58	FUBASA LEGENDS	A CORUÑA
651	543 ALVARO ERIQUEZ VARELA		SNM- 146	00:33:59		A CORUÑA
652	819 ANTONIO DOMÍNGUEZ LEIS		VT2M- 158	00:33:59		A CORUÑA
653	330 MIGUEL LÓPEZ ÁLVAREZ		SNM- 147	00:33:59		A CORUÑA
654	602 INMA MELENDREZ TAPIA	F- 128	VT2F- 37	00:34:00	CLUB ATLETISMO SADA	OLEIROS
655	973 VICTORIA LOPEZ PERMUY	F- 129	VT2F- 38	00:34:00		LA CORUÑA
656	662 NURIA LAGO PALMEIRO	F- 130	VT2F- 39	00:34:04		LA CORUÑA
657	701 LUCÍA VILA GARCÍA	F- 131	VT1F- 35	00:34:06		A CORUÑA
658	747 MARÍA JOSÉ EIRIZ NAVEIRA	F- 132	VT1F- 34	00:34:06		A CORUÑA
659	708 NURIA VIDAL VICENTE	F- 133	VT1F- 36	00:34:09		A CORUÑA
660	845 MARIA RAMIL HERMIDA	F- 134	VT1F- 37	00:34:14		CULLEREDO
661	418 XURXO LOUREIRO VEIRA		VT1M- 135	00:34:20		A CORUÑA
662	739 LIDIA MORENO MORENO	F- 135	SNF- 39	00:34:24		A CORUÑA
663	947 PURI LÓPEZ FIDALGO	F- 136	VT3F- 10	00:34:37	NOSPORTLIMIT	CULLEREDO
664	921 MANUEL PENAS COEGO		VT1M- 136	00:34:38		A CORUÑA
665	680 CRISTINA FOUBELO SIMÓN	F- 137	SNF- 40	00:34:42		A CORUÑA
666	952 MARIA DEL ROSARIO CRESPO MERELAS	F- 138	VT2F- 40	00:34:43		A CORUÑA
667	907 ARTURO FILGUEIRA HERMIDA		VT3M- 59	00:34:43		VALDOVIÑO

668	710 KARINA LOPEZ PALLAS	F- 139	SNF- 41	00:34:44		CERCEDA
669	496 SUSO LAMAS LAMAS		VT1M- 137	00:34:44		CERCEDA
670	450 ALEJANDRO VELO GARCIA		SNM- 148	00:34:45		A CORUÑA
671	716 LORENA COIRA	F- 140	SNF- 42	00:34:45		OLEIROS, A CORUÑA
672	130 ALBERTO ESCOURIDO MOAR		SNM- 149	00:34:45	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
673	696 JULIA MARÍA CANDAÑEDO GAREA	F- 141	SNF- 43	00:34:46		A CORUÑA
674	918 JUAN RAMON TEIJEIRA LOPEZ		VT1M- 138	00:34:48		A CORUÑA
675	746 LAURA AGUILERA QUINTEROS	F- 142	SNF- 44	00:34:49		A CORUÑA
676	920 EMILIO GONZÁLEZ VILLAMIL		SNM- 150	00:34:53		A CORUÑA
677	840 DIEGO JOSE BOLAÑOS		SNM- 151	00:34:56		A CORUÑA
678	748 ANA MARIA CORTOJAN	F- 143	SNF- 45	00:34:59		CULLEREDO
679	648 MARY CARMEN SANMARTIN PENA	F- 144	VT3F- 11	00:35:02		VILARRODIS - ARTEIXO
680	804 ENRIQUE MARTOREL PASCUAL		VT2M- 159	00:35:14	CSC	CULLEREDO
681	839 MIGUEL ANGEL MOSQUERA ABAD		VT4M- 10	00:35:14		A CORUÑA
682	709 LAURA MARÍA GARCÍA CASTIÑEIRA	F- 145	SNF- 46	00:35:16		ARTEIXO
683	726 ESTHER JIMENEZ SANCHIS	F- 146	SNF- 47	00:35:17		A CORUÑA
684	573 EMILIO TEJEIRO CASTELOS		JNM- 7	00:35:19		A CORUÑA
685	261 JOSE ANTONIO SUAREZ GARCIA		VT2M- 160	00:35:21		A CORUÑA
686	693 ESTHER MUÑOZ AVILA	F- 147	VT1F- 38	00:35:23		A CORUÑA
687	250 JORGE JOSÉ MÉNDEZ HERRERA		VT2M- 161	00:35:26		A CORUÑA
688	685 VERÓNICA MOSQUERA SILVA	F- 148	VT1F- 39	00:35:27		A CORUÑA
689	121 BORJA FERNANDEZ BERMUDEZ		VT2M- 162	00:35:27	NOSPORTLIMIT	NARÓN
690	665 PAULA MEDIN CAGIAO	F- 149	VT1F- 40	00:35:30		LUGO
691	951 MARTA PEÑA AREA	F- 150	VT2F- 41	00:35:30		OLEIROS
692	967 CELIA MALDONADO	F- 151	VT1F- 41	00:35:37		LA CORUÑA
693	657 MARIA JOSE SEIJAS MARTINEZ	F- 152	VT2F- 42	00:36:02		CULLEREDO
694	965 CRISTINA TUERO GONZÁLEZ-ZABALETA	F- 153	SNF- 48	00:36:02		PONFERRADA
695	671 LAURA BEN CASTELAO	F- 154	SNF- 49	00:36:05		A CORUÑA
696	960 TANIA GONZALEZ RODRIGUEZ	F- 155	VT1F- 42	00:36:10		A CORUÑA
697	953 ANA FERREIRA GONZALEZ	F- 156	VT1F- 43	00:36:10		A CORUÑA
698	741 MARIA ISABEL DOMINGUEZ GARCIA	F- 157	VT3F- 12	00:36:15		LA CORUÑA
699	585 MARÍA BELÉN RAMOS MOUZO	F- 158	VT2F- 43	00:36:16	AQA RUNNERS	CEE
700	731 BEATRIZ CARBALLO DOPAZO	F- 159	VT2F- 44	00:36:44		SADA
701	243 ALFONSO VILLAR		VT2M- 163	00:36:44		SADA
702	297 ARTURO CANTO VAZQUEZ		VT2M- 164	00:36:45		MIÑO
703	652 IRIA FERNÁNDEZ SÁNCHEZ	F- 160	VT1F- 44	00:36:47		A CORUÑA
704	626 ELIA NÚÑEZ OTERO	F- 161	VT2F- 45	00:36:48	TROCHAMUNDOS	A CORUÑA
705	256 JOSE LUIS CRUZ ALVAREZ		VT2M- 165	00:36:54		A CORUÑA
706	704 LUCIA CAMPELO PALACIOS	F- 162	SNF- 50	00:36:54		A CORUÑA
707	215 JOSE MANUEL GARCÍA CACABELOS		VT3M- 60	00:37:21		A CORUÑA
708	614 WEI TING LIANG	F- 163	SNF- 51	00:37:30	KURAI	PERILLO
709	858 SANDRA COTELO VARELA	F- 164	VT1F- 45	00:37:41		A CORUÑA
710	659 SILVIA LAMAS SENRA	F- 165	VT2F- 46	00:37:57		OSEIRO-ARTEIXO
711	715 LAURA VARELA SILVESTRE	F- 166	SNF- 52	00:38:10		A CORUÑA
712	853 YASMINA CALVO SOUTO	F- 167	SNF- 53	00:38:14		VILABOA

713	856 MARIA TERESA CEAN VEIGA	F- 168 SNF- 54	00:38:14		CULLEREDO
714	682 EMMA LÓPEZ MARIÑO	F- 169 VT2F- 47	00:38:27		A CORUÑA
715	949 MAYKA PAZÓ PÉREZ	F- 170 VT2F- 48	00:38:31	RUNNING OLEIROS	OLEIROS
716	413 JOSE IGNACIO MOURENZA LARROSA	SNM- 152	00:38:56		A CORUÑA
717	860 RALUCA MIHAELA POENAR	F- 171 SNF- 55	00:39:39		A CORUÑA
718	855 ANA MARÍA SEIJAS YÁÑEZ	F- 172 SNF- 56	00:39:55		A CORUÑA
719	366 ANGEL HERMIDA OTERO	VT1M- 139	00:40:43		CULLEREDO
720	694 MARTA GIL VILLARINO	F- 173 VT1F- 46	00:40:43		CULLEREDO
721	957 CRISTINA MONTERO HERNANDEZ	F- 174 VT2F- 49	00:41:03		CULLEREDO
722	729 MINI MARGARET MENDEZ SAMBOY	F- 175 SNF- 57	00:46:16		ARTEIXO

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE,

Prueba Absoluta. Distancia: 5.535 m

CLASIFICACION POR CATEGORIAS

JNM JUNIOF Inscritos:

13 Llegados:

7

PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	14	VICTOR SOUTO RAMOS	00:20::	00:03:43	00:20:33		AD FOGAR	CARRAL
2	147	GABRIEL RODRIGUEZ LEVA	00:20::	00:03:47	00:20:56		RIAZOR CORUÑA	A CORUÑA
3	43	GIULIANO DANIEL LANCELOTTI CRESPO	00:21::	00:03:52	00:21:19		ATLETISMO CORUÑA COMARCA	A CORUÑA
4	384	MANUEL FERNÁNDEZ TABOADA	00:22::	00:04:01	00:22:08			SIGÜEIRO
5	929	ADRIÁN RAMA ALVAREZ	00:24::	00:04:25	00:24:18			A CORUÑA
6	519	ALEJANDRO CASTRO VARELA	00:26::	00:04:43	00:25:51			A CORUÑA
7	573	EMILIO TEJEIRO CASTELOS	00:35::	00:06:23	00:34:29			A CORUÑA

JNF JUNIOF Inscritos:

8 Llegados:

7

PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	870	REBECA CANOTA FANDIÑO	00:24::	00:04:30	00:24:48			
2	596	INÉS OITAVÉN PASCUAL	00:26::	00:04:47	00:26:20		ATLETISMO RIAZOR CORUÑA	LA CORUÑA
3	841	PAULA IGLESIAS GARNELO	00:26::	00:04:50	00:26:36		ATLETISMO RIAZOR CORUÑA	LA CORUÑA
4	609	ANA BANEIRA SUAREZ	00:29::	00:05:15	00:28:27		CLUB CICLISTA RIAZOR	A CORUÑA
5	976	ANDREA BANEIRA	00:29::	00:05:15	00:28:28			LA CORUÑA
6	613	ANA BELÉN VÁZQUEZ VALENCIA	00:29::	00:05:16	00:28:54		ESCUELA DE ATLETISMO PAULA MAYOBRE	BARALLOBRE
7	728	PATRICIA SUSO SANCHEZ	00:33::	00:06:06	00:33:15			A CORUÑA

PRN PROMI Inscritos:

17 Llegados:

14

PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	452	ALEJANDRO VÁZQUEZ GÓMEZ	00:20::	00:03:43	00:20:31			A CORUÑA
2	134	DIEGO COLLAZO VARELA	00:21::	00:03:49	00:21:02		NOSPORTLIMIT-TREK GALICIA	A CORVEIRA (CULLEREDO)
3	465	DANIEL RIVERA SUAREZ	00:21::	00:03:56	00:21:41			A CORUÑA
4	518	JAVIER VILLAMISAR VÁZQUEZ	00:21::	00:03:57	00:21:45			CORUÑA
5	91	SANTIAGO TIMIRAO GONZÁLEZ	00:21::	00:03:57	00:21:44		CLUB TRIATLON CIDADE DE LUGO FLUVIAL	VIVEIRO
6	970	YOEL LÓPEZ VENTUREIRA	00:22::	00:04:04	00:22:16			CULLEREDO
7	827	GABRIEL JOSÉ FERNANDEZ ORIZALES	00:23::	00:04:17	00:23:15			A CORUÑA

8	467 TOMÁS GONZÁLEZ VIDAL	00:24:00:04:23	00:24:07			A CORUÑA
9	516 ADRIÁN BALLESTEROS ALDARIZ	00:24:00:04:23	00:24:07			A CORUÑA
10	801 CARLOS SAINZ CALVIÑO	00:24:00:04:25	00:24:13		ATLETAS DE ACEA DE AMA	CULLEREDO
11	835 DAVID ESTEBAN FERREIRO	00:24:00:04:27	00:24:14			CARRAL
12	521 MIGUEL PEÑA RECALDE	00:25:00:04:37	00:25:25			Fonteculler
13	523 RUBÉN VÁZQUEZ	00:26:00:04:47	00:26:20			Cambre
14	932 IGNACIO CARMONA PÉREZ	00:27:00:05:01	00:27:36			CORUÑA

PRF PROMI Inscritos:

6 Llegados: 2

PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	590	LUCÍA RODRÍGUEZ PARDO	00:26:00:04:44	00:26:08			ATLETISMO CORUÑA COMARCA	Oleiros
2	724	BALBINA TARRIO MANGAS	00:28:00:05:12	00:28:19				Coristanco

SNN SENIOF Inscritos:

207 Llegados: 152

PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	873	ABDELAZIZ FATIHI CHHIMA	00:18:00:03:16	00:18:01			MARINEDA ATLETICO	A CORUÑA
2	829	PABLO BOCELO BELLAS	00:18:00:03:17	00:18:07				A CORUÑA
3	862	ALBERTO MORIS VIEITES	00:18:00:03:21	00:18:32				MARINEDA ATLETICO
4	41	FERNANDO DÍEZ GOMEZ	00:18:00:03:22	00:18:37			ATLETISMO CORUÑA COMARCA	LUGO
5	2	BORJA SÁNCHEZ CAMPOS	00:19:00:03:28	00:19:12			3&RUN PEDRO NIMO DEL ORO	Arteixo
6	435	ALVARO GOMEZ CARDESIN	00:19:00:03:29	00:19:16				A CORUÑA
7	157	SERGIO DANIEL OROSA LÓPEZ	00:19:00:03:36	00:19:52			RUNNING SARRIA	A CORUÑA
8	485	CARLOS RODRÍGUEZ SUÁÑEZ	00:19:00:03:36	00:19:54				LA CORUÑA
9	561	PABLO SEOANE AMOR	00:19:00:03:36	00:19:54				BETANZOS
10	44	ANDRÉS FLÓREZ PÉREZ	00:20:00:03:38	00:20:02			ATLETISMO CORUÑA COMARCA	Ponferrada
11	8	ROI BARROS CORRAL	00:20:00:03:38	00:20:03	AG2017827	3RUN		A CORUÑA
12	449	IÑAKI ALVAREZ LOSADA	00:20:00:03:39	00:20:09				A CORUÑA
13	10	ADRIAN RODRIGUEZ CAMBON	00:20:00:03:40	00:20:12			A.D. DOWNHILL	A LARACHA
14	95	JULIO VÁZQUEZ ENJAMIO	00:20:00:03:42	00:20:25			CLUBE ATLETISMO BOIMORTO	BOIMORTO
15	969	ALEJANDRO BALSA CASTRO	00:20:00:03:43	00:20:31				A CORUÑA
16	563	MARTIN BARCA GUILLIN	00:20:00:03:44	00:20:35				A CORUÑA
17	565	DAMIANO ESPASANDIN LEMA	00:20:00:03:44	00:20:39				VIMIANZO
18	76	ROBERTO GARCÍA PAZOS	00:20:00:03:45	00:20:40	AG 764744	CLUB ATLETISMO SADA		SADA
19	448	ALEXANDRE BECERRA GALEGO	00:21:00:03:49	00:20:56	47371862G			A CORUÑA
20	178	RUBÉN PERRINO PÉREZ	00:21:00:03:49	00:21:01				A CORUÑA
21	179	JAVIER ALEGRE LEIRA	00:21:00:03:50	00:21:06				Oleiros
22	445	GONZALO BELMONTE MARTELL	00:21:00:03:50	00:21:08				SADA
23	802	EUGENIO LAMAS MOSTEIRO	00:21:00:03:54	00:21:30			AVE FÉNIX	A CORUÑA
24	101	SERGIO SANTOS CONCHEIRO	00:21:00:03:57	00:21:48			EQUIPO MANS	LOUREDA
25	434	JACOBO PONLLA ENCINAS	00:21:00:03:57	00:21:50				A CORUÑA
26	424	DANIEL PENAS LÓPEZ	00:22:00:03:59	00:21:56				A CORUÑA
27	150	CARLOS SUÁREZ GUTIÉRREZ	00:22:00:03:59	00:21:59			RUNNER4LIFE	A CORUÑA
28	564	HUGO CASCUDO FOJO	00:22:00:03:59	00:21:56				A CORUÑA
29	515	MIGUEL BUDIÑO VÁZQUEZ	00:22:00:03:59	00:21:48				A CORUÑA

30	112 MOISÉS LÓPEZ LÓPEZ	00:22:00	00:04:01	00:22:00	INDRA RUNNERS	LOURENZÁ
31	430 MIGUEL SÁNCHEZ LÓPEZ	00:22:13	00:04:01	00:22:13		A CORUÑA
32	451 JORGE POUSO TOJA	00:22:37	00:04:07	00:22:37		VIMIANZO
33	457 HÉCTOR SIMÓN MARTÍNEZ	00:22:35	00:04:07	00:22:35		A CORUÑA
34	431 DAVID RILO RODRIGUEZ	00:22:47	00:04:08	00:22:47		CULLEREDO
35	278 ENRIQUE CABANA PICADO	00:22:44	00:04:08	00:22:44		A CORUÑA
36	407 JOSE LUIS ALVAREZ RODRIGUEZ	00:22:50	00:04:10	00:22:50		VIGO
37	151 RUBEN MARCOS SUAREZ GUTIERREZ	00:23:04	00:04:11	00:23:04	RUNNER4LIFE	A CORUÑA
38	567 MARTÍN VIDAL LORENZO	00:23:19	00:04:15	00:23:19		VIMIANZO
39	135 JOSE FERREÑO GARCIA	00:23:30	00:04:16	00:23:30	NOSPORTLIMIT-TREK GALICIA	CULLEREDO
40	212 ALEJANDRO OCAMPOS VEIGA	00:23:06	00:04:18	00:23:06		A CORUÑA
41	437 ROBERTO REY LÓPEZ	00:23:52	00:04:19	00:23:52		A CORUÑA
42	825 FERNANDO GARCIA DEL RIO	00:23:48	00:04:20	00:23:48		LA CORUÑA
43	461 DANIEL SUSO SÁNCHEZ	00:23:46	00:04:20	00:23:46		A CORUÑA
44	425 JAIME ARIAS LÓPEZ	00:24:04	00:04:22	00:24:04		A CORUÑA
45	522 ALVARO XOSÉ CARREIRA MANSO	00:23:48	00:04:22	00:23:48		CULLEREDO
46	832 ALBERTO FERNÁNDEZ DOLDÁN	00:24:00	00:04:22	00:24:00		A CORUÑA
47	447 GONZALO PEREIRO BOQUETE	00:24:10	00:04:24	00:24:10		A CORUÑA
48	502 LUÍS CABANAS BOCIJA	00:24:03	00:04:24	00:24:03		CAMBRE
49	404 ROMÁN RIVAS ÁLVAREZ	00:24:09	00:04:24	00:24:09		A CORUÑA
50	508 BORJA PAMPIN RAMOS	00:24:15	00:04:24	00:24:15		A CORUÑA
51	156 GONZALO LOPEZ PAZ	00:24:18	00:04:26	00:24:18	RUNNING OLEIROS	OLEIROS
52	458 FRANCISCO PILLADO RABUÑAL	00:24:10	00:04:26	00:24:10		LA CORUÑA
53	872 ADRIÁN CARPENTE RECOUSO	00:23:52	00:04:26	00:23:52		MIÑO
54	501 BREGÁN GARCÍA MATOS	00:24:05	00:04:27	00:24:05		A CORUÑA
55	432 ALBERTO LIÑARES GESTAL	00:24:17	00:04:27	00:24:17		CULLEREDO
56	381 GONZALO BLANCO PAMPIN	00:24:05	00:04:28	00:24:05		A CORUÑA
57	483 FERNANDO LEAL IRIMIA	00:24:40	00:04:29	00:24:40		MESOIRO
58	334 ANGEL PEREZ BURGOS	00:24:26	00:04:29	00:24:26		CORUÑA
59	133 FRANCISCO JAVIER FERNÁNDEZ PÉREZ	00:24:43	00:04:29	00:24:43	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
60	42 FERNANDO JOSE. VARELA CASTRO	00:24:35	00:04:29	00:24:35	ATLETISMO CORUÑA COMARCA	A CORUÑA
61	441 DAVID ULLOA SOBRINO	00:24:39	00:04:31	00:24:39		A CORUÑA
62	454 DANIEL GARCÍA FERNÁNDEZ	00:25:00	00:04:33	00:25:00		LA CORUÑA
63	421 GONZALO PENA BUJAN	00:24:41	00:04:34	00:24:41		A CORUÑA
64	213 JOSE MARIA MARTIN VEZ	00:24:41	00:04:34	00:24:41		CORUÑA
65	919 DIEGO CABARCOS VAL	00:24:57	00:04:34	00:24:57		BURELA
66	187 ADRIÁN EGUIZÁBAL CARO	00:24:49	00:04:34	00:24:49		LA CORUÑA
67	559 AGUSTÍN CAAMAÑO SALGADO	00:25:07	00:04:34	00:25:07		A CORUNA
68	553 PABLO ANTELO GARCÍA	00:24:56	00:04:36	00:24:56		A CORUÑA
69	569 DIEGO MAQUES	00:25:03	00:04:37	00:25:03		A CORUÑA
70	822 FERNANDO CASTRO VILLASENÍN	00:25:24	00:04:38	00:25:24		ORDES
71	517 CARLOS GARCÍA SECO	00:25:22	00:04:39	00:25:22		A CORUÑA
72	414 FERNANDO JOSÉ SALES AGRA	00:25:06	00:04:39	00:25:06		CAMBRE
73	943 GUILLERMO JOSÉ RODICIO CIMADEVILLA	00:25:27	00:04:39	00:25:27		A CORUÑA
74	514 ALEX VAZQUEZ ROIBAS	00:25:41	00:04:42	00:25:41		A CORUÑA

75	422 DIEGO VÁZQUEZ PÉREZ	00:26:1	00:04:42	00:25:42		A CORUÑA
76	459 FRAN VARELA BERMÚDEZ	00:26:1	00:04:42	00:25:41		OLEIROS
77	527 PABLO RODRIGO GONZÁLEZ	00:26:1	00:04:43	00:25:37		PONFERRADA
78	427 ARÓN ULLOA CASTRO	00:26:1	00:04:43	00:25:53		A CORUÑA
79	411 JAVIER ACCION	00:26:1	00:04:43	00:25:53		A CORUÑA
80	931 RUBÉN PEREIRA ÁLVAREZ	00:26:1	00:04:43	00:25:29		CARBALLO
81	438 JAVIER VILLAVARDE DOVAL	00:26:1	00:04:43	00:25:37		A CORUÑA
82	489 ADRIAN FERNANDEZ CARBALLEIRA	00:26:1	00:04:44	00:26:00		CULLEREDO
83	866 ADRIAN FERNANDEZ CASAL	00:26:1	00:04:45	00:26:05		
84	113 DANIEL LÓPEZ GARCÍA	00:26:1	00:04:45	00:25:33	KURAI	PERILLO
85	520 JAVIER LIÑAYO CHOUZA	00:26:1	00:04:45	00:26:02		A CORUÑA
86	419 OSCAR DURO PAZOS	00:26:1	00:04:46	00:25:55		A CORUÑA
87	439 IVAN FUENTES REGUEIRO	00:26:1	00:04:46	00:26:08		LA CORUÑA
88	332 FABIÁN VALCÁRCEL MARTÍNEZ	00:26:1	00:04:46	00:26:04		A CORUÑA
89	503 SERGIO RODRIGUEZ MARTINEZ	00:26:1	00:04:46	00:25:53		O TEMPLE - CAMBRE
90	838 JAVIER MARTINEZ VALIÑO	00:26:1	00:04:49	00:26:19		BETANZOS
91	138 JUAN CARLOS DOMATO VERDÍA	00:26:1	00:04:50	00:26:32	OS DESBROZA CARRETERAS	ARTEIXO
92	428 SERGIO RODRIGUEZ RODRIGUEZ	00:26:1	00:04:51	00:26:28		LUBRE - BERGONDO
93	129 VICTOR LUACES VAZQUEZ	00:26:1	00:04:52	00:26:28	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
94	388 VICTOR RICO DOSIL	00:26:1	00:04:52	00:26:20		LA CORUÑA
95	464 FERNANDO MIGUEZ FERNANDEZ	00:27:1	00:04:53	00:26:52		A CORUÑA
96	462 DANIEL FERNANDEZ SUAREZ	00:27:1	00:04:53	00:26:31		A CORUÑA
97	183 FRANCISCO RODRIGUEZ BARBEITO	00:27:1	00:04:56	00:27:10		A CORUÑA
98	824 JUAN CARTELLÉ SÁEZ	00:27:1	00:04:59	00:27:09		A CORUÑA
99	376 JAVIER PORTO LÓPEZ	00:27:1	00:05:00	00:26:49		A CORUÑA
100	833 DANIEL FREIRE PRESEDO	00:27:1	00:05:01	00:26:52		LAS PALMAS DE GRAN CANARIA
101	460 ALEJANDRO LUIS NOVOA	00:27:1	00:05:02	00:27:36		A CORUÑA
102	456 PABLO TABOADA DURO	00:27:1	00:05:02	00:27:11		A CORUÑA
103	443 NICOLAS LOIS CANDA	00:27:1	00:05:02	00:27:36		A CORUÑA
104	876 ALBERTO PENA CABANA	00:27:1	00:05:03	00:27:25		PONTEDEUME
105	59 ALEJANDRO BARRAL DIEZ	00:28:1	00:05:05	00:27:22	CC RIAZOR	A CORUÑA
106	123 RUBÉN SÁNCHEZ VÁZQUEZ	00:28:1	00:05:05	00:27:43	NOSPORTLIMIT	CULLEREDO
107	410 ALBERTO PERNAS MARIÑO	00:28:1	00:05:05	00:27:43		LA CORUÑA
108	409 MANU GIL QUÍLEZ	00:28:1	00:05:06	00:27:57		A CORUÑA
109	562 JUAN MANUEL GÓMEZ CRESPO	00:28:1	00:05:07	00:27:46		BETANZOS
110	941 MARTÍN ADOLFO SANTOS ESPÍÑEIRA	00:28:1	00:05:07	00:27:32		CULLEREDO
111	526 FELIPE OVALLE PINTOR	00:28:1	00:05:07	00:27:35		A CORUÑA
112	139 DIEGO MARTIN PETEIRO VIGO	00:28:1	00:05:12	00:28:24	OS DESBROZA CARRETERAS	ARTEIXO
113	335 ABEL VALE LÓPEZ	00:28:1	00:05:13	00:28:01		VIVEIRO
114	509 PABLO REYES FUENTES	00:28:1	00:05:14	00:28:33		LA CORUÑA
115	159 DIEGO LAGO BARROS	00:29:1	00:05:15	00:28:27	SAUNIER DUVAL	A CORUÑA
116	968 HÉCTOR CASTIÑEIRA BLANCO	00:29:1	00:05:15	00:28:28		A CORUÑA
117	830 HELIODORO CURRAS ESMORIS	00:29:1	00:05:16	00:28:21		LA CORUÑA
118	925 RICARD TRINCHET	00:29:1	00:05:16	00:28:46		A CORUÑA
119	104 OVIDIO SÁNCHEZ	00:29:1	00:05:17	00:28:24	FILLOAS TEAM	FERROL

120	490	DIEGO LÓPEZ AMARELLE	00:29:00	00:05:18	00:28:56		A CORUÑA
121	403	PABLO MONTAÑÉS FERNÁNDEZ	00:29:00	00:05:20	00:28:44		A CORUÑA
122	412	JAVIER LÓPEZ FERNÁNDEZ	00:29:00	00:05:22	00:29:07		A CORUÑA
123	175	SANTIAGO PENA CAÑIZARES	00:29:00	00:05:22	00:29:11	WHERE IS THE LIMIT?	LA CORUÑA
124	440	JAVIER CAMPOS BREA	00:29:00	00:05:24	00:29:08		A CORUÑA
125	511	MARCOS CASTELO PRADO	00:30:00	00:05:26	00:29:19		A CORUÑA
126	823	FERNANDO OTERO CALVIÑO	00:30:00	00:05:26	00:29:38		A CORUÑA
127	442	ALEJANDRO LARRAURI PAJON	00:30:00	00:05:26	00:29:05		A CORUÑA
128	361	ADRIAN PAN CONCHEIRO	00:30:00	00:05:27	00:29:39		A CORUÑA
129	834	GUSTAVO BARRAL PREGO	00:30:00	00:05:27	00:29:25		PERILLO
130	821	ALEJANDRO GONZALEZ LAMAS	00:30:00	00:05:28	00:29:20		A CORUÑA
131	513	ALEJANDRO PAZOS SÁNCHEZ	00:30:00	00:05:31	00:30:00		PASTORIZA, ARTEIXIO
132	331	MIGUEL CIDRE VÁZQUEZ	00:30:00	00:05:33	00:30:20		CERCEDA
133	506	IVAN BARBEITO PREGO	00:30:00	00:05:36	00:30:21		A CORUÑA
134	524	JAVIER YÉPEZ ARÁMBULO	00:31:00	00:05:37	00:30:17		A CORUÑA
135	344	CARLOS MALLEIRO ZORZANO	00:31:00	00:05:39	00:30:45		ARTEIXO
136	926	CARLOS DEL RIO VAZQUEZ	00:31:00	00:05:40	00:30:50		A CORUÑA
137	545	SANTIAGO ÁLVAREZ MARTÍNEZ	00:31:00	00:05:40	00:30:39		A CORUÑA
138	492	ALEJANDRO SANTOS SÁNCHEZ	00:31:00	00:05:41	00:30:56		BETANZOS
139	436	RUBÉN LORENZO GÓMEZ	00:31:00	00:05:44	00:30:44		CARBALLO
140	494	ADRIÁN CASTRO VÁZQUEZ	00:31:00	00:05:45	00:31:07		A CORUÑA
141	303	PABLO NAVEIRA ÁLVAREZ	00:32:00	00:05:52	00:31:35		A CORUÑA
142	444	JOSE DAVID RÍOS LESTA	00:32:00	00:05:56	00:32:07		BETANZOS
143	905	DANIEL RODRÍGUEZ AYUSO	00:32:00	00:05:56	00:32:40	MERDA ENLATADA	A CORUÑA
144	904	JUAN QUINTÁNS FRANCO.	00:33:00	00:05:58	00:32:23	COPCISA	LA CORUÑA
145	105	DAVID LÓPEZ FERNÁNDEZ	00:33:00	00:06:09	00:33:09	FUBASA LEGENDS	A CORUÑA
146	543	ALVARO ERIQUEZ VARELA	00:33:00	00:06:09	00:33:15		A CORUÑA
147	330	MIGUEL LÓPEZ ÁLVAREZ	00:33:00	00:06:09	00:33:12		A CORUÑA
148	450	ALEJANDRO VELO GARCIA	00:34:00	00:06:17	00:33:57		A CORUÑA
149	130	ALBERTO ESCOURIDO MOAR	00:34:00	00:06:17	00:33:58	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
150	920	EMILIO GONZÁLEZ VILLAMIL	00:34:00	00:06:19	00:34:04		A CORUÑA
151	840	DIEGO JOSE BOLAÑOS	00:34:00	00:06:19	00:34:08		A CORUÑA
152	413	JOSE IGNACIO MOURENZA LARROSA	00:38:00	00:07:03	00:38:12		A CORUÑA

SNF SENIOF Inscritos:

78 Llegados:

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Pto	C Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	594	UXIA GARCIA DIAZ	00:22:00	00:04:08	00:22:52		ATLETISMO RIAZOR CORUÑA	A CORUÑA
2	605	RAQUEL VÁZQUEZ	00:22:00	00:04:09	00:22:57		CLUB ATLETISMO SADA	BETANZOS
3	707	PAULA ESTEIRO RAMOS	00:25:00	00:04:33	00:25:06			CAMARIÑAS
4	592	ANDREA PICO BLANCO	00:25:00	00:04:41	00:25:29		ATLETISMO RIAZOR CORUÑA	A CORUÑA
5	721	MARTA GIL FERNÁNDEZ	00:27:00	00:04:54	00:26:42			A CORUÑA
6	607	IONELA RÓMAN	00:27:00	00:04:54	00:26:58	AG 2016025	CLUB ATLETISMO SADA	SADA
7	583	YOLANDA VÁZQUEZ ESPASANDÍN	00:27:00	00:04:55	00:27:00		ALTA FIT GYM CLUB	LA CORUÑA
8	700	MARÍA BERMÚDEZ RODRÍGUEZ	00:27:00	00:04:56	00:26:59			LA CORUÑA

9	681 ALBA CAAMAÑO FERNANDEZ	00:27:00	00:04:57	00:27:00		A CORUÑA
10	635 MIRIAM SAN ROMÁN BORBOLLA	00:27:17	00:04:59	00:27:17		COLOMBRES
11	712 MARTA MUIÑO VIDAL	00:27:30	00:05:02	00:27:30		A CORUÑA
12	735 VANESA MELLA BARBEITO	00:27:49	00:05:05	00:27:49		BETANZOS
13	593 SOFÍA CANZOBRE MARTÍNEZ	00:27:52	00:05:07	00:27:52	AG/768780	ATLETISMO RIAZOR CORUÑA
14	711 LUCÍA VÁZQUEZ SESAR	00:27:49	00:05:08	00:27:49		CULLEREDO
15	734 NOELIA MIRANDA CASTRO	00:28:11	00:05:10	00:28:11		A CORUÑA
16	679 SANDRA FERREIRO HERMIDA	00:27:59	00:05:11	00:27:59		CULLEREDO
17	595 ESTEFANIA ABELENDA POSE	00:29:14	00:05:22	00:29:14		ATLETISMO RIAZOR CORUÑA
18	698 MARÍA RIVAS BARCALA	00:29:09	00:05:25	00:29:09		LARACHA
19	699 PAULA DIAZ GETINO	00:29:18	00:05:26	00:29:18		A ESTRADA
20	646 MARTA VIÑA RICO	00:29:23	00:05:27	00:29:23		A CORUÑA
21	713 ANA MARÍA BOEDO AGRASO	00:29:50	00:05:27	00:29:50		A CORUÑA
22	714 LUCÍA VÁZQUEZ BLANCO	00:29:42	00:05:28	00:29:42		A CORUÑA
23	722 AMIRA SIMÓN MARTÍNEZ	00:29:49	00:05:28	00:29:49		A CORUÑA
24	743 LUCÍA RAMOS CALVELO	00:29:37	00:05:30	00:29:37		MALPICA DE BERGANTIÑOS
25	868 PILAR VÁZQUEZ FEBRERO	00:30:07	00:05:32	00:30:07		
26	847 PATRICIA AMENEIRO	00:30:31	00:05:35	00:30:31		A CORUÑA
27	581 ROCIO CAMPOS BREA	00:30:25	00:05:38	00:30:25		ADC BOMBEIROS
28	622 VANESSA PAZ ABRUÑEDO	00:30:24	00:05:39	00:30:24		NOSPORTLIMIT-TREK GALICIA
29	580 YASMINA BEN-HAKIM PARDIÑAS	00:30:45	00:05:42	00:30:45		A. D. DOWNHILL
30	977 OLGA MARIA CASTRO BLANCO	00:31:22	00:05:44	00:31:22		A CORUÑA
31	697 VANESSA LÓPEZ PÉREZ	00:31:20	00:05:45	00:31:20		ARTEIXO
32	628 BLANCA ORTEGA JIMÉNEZ	00:31:18	00:05:47	00:31:18		A CORUÑA
33	877 MELANIE LEMA CAMBLOR	00:31:44	00:05:51	00:31:44		ZAPETRON
34	703 VANESSA HERVADA LÓPEZ	00:31:35	00:05:52	00:31:35		PIEDRABUEA
35	719 ANA CARRO ABARRATEGUI	00:32:40	00:05:57	00:32:40		LA CORUÑA
36	690 RAQUEL VÁZQUEZ SÁNCHEZ	00:32:33	00:06:02	00:32:33		CORUÑA
37	737 ALBA COSTA LAGOA	00:33:16	00:06:04	00:33:16		A CORUÑA
38	723 SONIA GALLARDO GRILLE	00:33:16	00:06:04	00:33:16		A CORUÑA
39	739 LIDIA MORENO MORENO	00:33:57	00:06:13	00:33:57		LA CORUÑA
40	680 CRISTINA FOUBELO SIMÓN	00:34:02	00:06:17	00:34:02		A CORUÑA
41	710 KARINA LOPEZ PALLAS	00:34:02	00:06:17	00:34:02		A CORUÑA
42	716 LORENA COIRA	00:33:58	00:06:17	00:33:58		CERCEDA
43	696 JULIA MARÍA CANDAÑEDO GAREA	00:34:02	00:06:17	00:34:02		OLEIROS, A CORUÑA
44	746 LAURA AGUILERA QUINTEROS	00:34:01	00:06:18	00:34:01		A CORUÑA
45	748 ANA MARIA CORTOJAN	00:34:11	00:06:20	00:34:11		A CORUÑA
46	709 LAURA MARÍA GARCÍA CASTIÑEIRA	00:34:27	00:06:23	00:34:27		CULLEREDO
47	726 ESTHER JIMENEZ SANCHIS	00:34:03	00:06:23	00:34:03		ARTEIXO
48	965 CRISTINA TUERO GONZÁLEZ-ZABALETA	00:35:35	00:06:31	00:35:35		A CORUÑA
49	671 LAURA BEN CASTELAO	00:35:13	00:06:32	00:35:13		PONFERRADA
50	704 LUCIA CAMPELO PALACIOS	00:36:06	00:06:40	00:36:06		A CORUÑA
51	614 WEI TING LIANG	00:36:48	00:06:47	00:36:48		A CORUÑA
52	715 LAURA VARELA SILVESTRE	00:37:32	00:06:54	00:37:32		KURAI
53	853 YASMINA CALVO SOUTO	00:37:28	00:06:55	00:37:28		PERILLO
						A CORUÑA
						VILABOA

54	856 MARIA TERESA CEAN VEIGA	00:38:: 00:06:55	00:37:28			CULLEREDO
55	860 RALUCA MIHAELA POENAR	00:39:: 00:07:10	00:38:57			A CORUÑA
56	855 ANA MARÍA SEIJAS YÁÑEZ	00:39:: 00:07:13	00:38:42			A CORUÑA
57	729 MINI MARGARET MENDEZ SAMBOY	00:46:: 00:08:22	00:45:26			ARTEIXO

VT1 VETER/ Inscritos:
180 Llegados:
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PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	401	JAVIER TOURÍS FORNOS	00:18::	00:03:19	00:18:20			LA CORUÑA
2	863	OSCAR PAZOS BARBEITO	00:19::	00:03:28	00:19:12			ATLETISMO CORUÑA COMARCA
3	128	JOSE ANTONIO RECOUSO CAAMAÑO	00:19::	00:03:31	00:19:28	AG 2015527	NOSPORTLIMIT-TREK GALICIA	OLEIROS
4	320	FERNANDO MANUEL LÓPEZ DE LAS HERAS	00:19::	00:03:33	00:19:38			CULLEREDO
5	81	LUIGI GARCIA	00:20::	00:03:40	00:20:15		CLUB CICLISTA RIAZOR	A CORUÑA
6	88	OSCAR DOPAZO PENIN	00:20::	00:03:41	00:20:18		CLUB MARINEDA ATLETICO	FEANS
7	547	JOSÉ MIGUEL GÓMEZ SÁNCHEZ	00:20::	00:03:41	00:20:23			A CORUÑA
8	93	ALEXANDRE RODRIGUEZ PAZ	00:20::	00:03:44	00:20:38		CLUB TRIATLON MORRAZO	CULLEREDO
9	162	CARLOS SANTOS MARTINEZ	00:20::	00:03:44	00:20:37		SIEIRO RUNNING	A CORUÑA
10	18	MANUEL ANTONIO GARRIDO CONCHADO	00:20::	00:03:48	00:20:58		ARTROGAL-TRI498	OLEIROS
11	163	DAVID DOMÍNGUEZ SALAS	00:21::	00:03:49	00:21:01	GA-17002	SOCIEDAD GIMNASTICA DE PONTEVEDRA	A CORUÑA
12	497	ALBERTO CASTRO SANCHEZ	00:21::	00:03:50	00:21:11			VILABOA CULLEREDO
13	555	ALEJANDRO ALDAO LOPEZ	00:21::	00:03:52	00:21:18			ARTEIXO
14	110	CARLOS ALBERTO GRACIA FERNÁNDEZ	00:21::	00:03:56	00:21:34		HERCULES TERMARIA	A CORUÑA
15	305	DIEGO RIVAS OLIVEIRA	00:21::	00:03:57	00:21:44			A CORUÑA
16	478	DAVID RAMOS BANEIRA	00:21::	00:03:57	00:21:48			A LARACHA
17	493	JOSE MANUEL CRESPO CENDAN	00:21::	00:03:57	00:21:50			SADA
18	50	JUAN OROZCO CORREDOIRA	00:21::	00:03:58	00:21:50	AG768333	ATLETISMO RIAZOR CORUÑA	A CORUÑA
19	48	JOSÉ MARÍA FERNÁNDEZ BLANCO	00:21::	00:03:58	00:21:50	AG-104107	ATLETISMO RIAZOR CORUÑA	A CORUÑA
20	57	JOSÉ FRANCISCO LODEIRO RODRÍGUEZ	00:21::	00:03:58	00:21:53		CAIMANES BETANZOS	A CORUÑA
21	294	JESÚS PEREDA FERNÁNDEZ	00:21::	00:03:59	00:21:53			A CORUÑA
22	208	DIEGO SOTO VIÑAS	00:21::	00:03:59	00:21:55			CAMBRE
23	400	RICARDO GARCÍA GESTAL	00:22::	00:04:01	00:22:11			A CORUÑA
24	392	JAVIER OUBIÑA ABUIN	00:22::	00:04:01	00:22:09			A CORUÑA
25	7	DAVID HERRERA GARCIA	00:22::	00:04:02	00:22:17		3 & RUN BY PEDRO NIMO	A CORUÑA
26	498	ALEJANDRO CARREIRA VILLAVEDE	00:22::	00:04:03	00:22:20			OLEIROS
27	307	MIGUEL ANGEL CARREIRA GARCIA	00:22::	00:04:04	00:22:27			ARANGA
28	560	RODRIGO MARINO TAIBO	00:22::	00:04:06	00:22:34			MESOIRO
29	89	LUCIANO ESPINO LOPEZ	00:22::	00:04:06	00:22:32		CLUB MONTEPENARUBIA LUGO	LUGO
30	363	ANGEL REY AMOR	00:22::	00:04:09	00:22:55			A CORUÑA
31	495	JORGE DIAZ VILLALBA	00:23::	00:04:11	00:22:58			O BURGO
32	354	SERGIO MARTINEZ GOMEZ	00:23::	00:04:11	00:23:04			A CORUÑA
33	906	FELIPE CORRAL REY	00:23::	00:04:11	00:23:01		NOSPORTLIMIT-TREK GALICIA	A CORUÑA
34	164	MANUEL PUENTE VEIGA	00:23::	00:04:11	00:23:05		SOLORUNNERS CORUÑA	A CORUÑA
35	544	ÓSCAR BENAVIDES FALCÓN	00:23::	00:04:13	00:23:16			CAMBRE
36	13	MANUEL LÓPEZ LODEIRO	00:23::	00:04:13	00:23:13		ABRENTE LUGO	FRIOL
37	75	ANDRÉS SAAVEDRA MOLINERO	00:23::	00:04:14	00:23:18		CLUB ATLETISMO SADA	SADA

38	398 ERIK PARADA GUTIÉRREZ	00:23:00	00:04:16	00:23:25		A CORUÑA
39	114 DANIEL IGLESIAS PINTADO	00:23:00	00:04:17	00:23:29	LICENZA DE UN DÍA	A CORUÑA
40	169 ALBERTO VARELA COLLAZO	00:24:00	00:04:22	00:24:03	TRI FONSECA	A CORUÑA
41	538 CARLOS GONZALEZ CRIADO	00:24:00	00:04:23	00:23:49		CAMBRE
42	423 MIGUEL LOPEZ CASTELO	00:24:00	00:04:24	00:24:13		A CORUÑA
43	310 GERARDO MARIÑO BALSA	00:24:00	00:04:24	00:24:15		ARTEIXO
44	944 MARCOS GARCIA GARCIA	00:24:00	00:04:25	00:24:03		EL TEMPLE CAMBRE
45	247 DOMINGO PRADO TEJEIRO	00:24:00	00:04:25	00:24:19		A CORUÑA
46	971 JOSE ANTA	00:24:00	00:04:25	00:23:46		A CORUÑA
47	871 FRANCISCO JOSE FARIÑAS RIVERA	00:24:00	00:04:26	00:24:22	CLUB ATLETISMO QUIEN NO CORRE VUELA	GUITIRIZ
48	103 MIGUEL ANGEL VAZQUEZ GONZALEZ	00:24:00	00:04:26	00:24:29	FAICAMIÑO	A CORUÑA
49	426 JOSE LUIS BENITO MARTINEZ	00:24:00	00:04:26	00:24:25		A CORUNA
50	875 GUILLERMO CRIADO CAO	00:24:00	00:04:28	00:23:54		A CORUÑA
51	374 FRANCISCO JAVIER LÓPEZ DE LA FUENTE	00:24:00	00:04:29	00:24:42		A CORUÑA
52	177 RAFAEL OLIVEIRA	00:24:00	00:04:29	00:24:47		A CORUÑA
53	869 ALBERTO SOTO CAMPOS	00:25:00	00:04:31	00:24:46		
54	301 MARCOS ALVAREZ PATIÑO	00:25:00	00:04:32	00:24:52		A CORUÑA
55	552 FERNANDO VAZQUEZ	00:25:00	00:04:33	00:24:42		CAMBRE
56	78 JOSE MANUEL OURENS PARDO	00:25:00	00:04:36	00:25:13	CLUB ATLETISMO SADA	PERILLO- OLEIROS
57	357 JOSE LUIS BERGONDO VAZQUEZ	00:25:00	00:04:37	00:25:25		A CORUÑA
58	355 DAVID PIÑEIRO LOPEZ	00:25:00	00:04:37	00:25:04		A CORUÑA
59	546 VICENTE LOURIDO VÁZQUEZ	00:25:00	00:04:38	00:25:16		A CORUÑA
60	505 MOISES PEREZ PREGO	00:25:00	00:04:38	00:25:09		VILARRODIS (ARTEIXO)
61	281 FERNANDO MATO VIDAL	00:25:00	00:04:39	00:24:59		OLEIROS
62	549 ENRIQUE BRITO GONZALEZ	00:25:00	00:04:39	00:25:05		OLEIROS
63	380 JUAN FRANCISCO QUINTANS RIAL	00:25:00	00:04:39	00:25:25		A CORUÑA
64	373 ROBERTO PONTE NOYA	00:25:00	00:04:40	00:25:38		A CORUÑA
65	408 ROI SIEIRO DE CEANO-VIVAS	00:25:00	00:04:40	00:25:33		SADA
66	362 MARCOS VEIGA RODRIGUEZ	00:25:00	00:04:41	00:25:34		A CORUÑA
67	499 MANUEL VARELA GARCIA	00:25:00	00:04:42	00:25:25		ARTEIXO
68	416 JOSE MANUEL MOURONTE ALVAREZ	00:25:00	00:04:42	00:25:36		LA CORUÑA
69	548 JESUS ANGEL CORRALES CASTRO	00:26:00	00:04:42	00:25:29		SAN PEDRO DE NOS
70	209 ALEJANDRO RODRÍGUEZ LORENZO	00:26:00	00:04:43	00:25:30		CAMBRE (EL TEMPLE)
71	277 OSCAR CABANA PICADO	00:26:00	00:04:44	00:26:04		A CORUÑA
72	554 JESUS MANUEL REY VARELA	00:26:00	00:04:45	00:25:53		CARBALLO
73	415 DAVID VILLAR VILLAR	00:26:00	00:04:46	00:26:06		A CORUÑA
74	577 WILLIAM VARNEY	00:26:00	00:04:46	00:25:53		LA CORUÑA
75	396 MANUEL LOPEZ CASCALLAR	00:26:00	00:04:46	00:26:19		A CORUÑA
76	168 MIGUEL MARROZOS LOPEZ	00:26:00	00:04:47	00:25:45	TRASNOS CORUÑA	A COREUÑA
77	323 EDELMIRO PORTO BLANCO	00:26:00	00:04:48	00:26:00		A CORUÑA
78	558 ISAAC CIBRÁN CARRIL	00:26:00	00:04:48	00:26:04		A CORUÑA
79	556 ANTONIO PEREIRO CALVIÑO	00:26:00	00:04:49	00:26:12		LA CORVEIRA CULLEREDO
80	304 MIGUEL PARDO PEREIRA	00:26:00	00:04:49	00:26:08		A CORUÑA
81	861 JESUS MOURAZOS GONZÁLEZ	00:26:00	00:04:49	00:26:28		
82	406 FRANCISCO JOSE FIGUEROA	00:26:00	00:04:51	00:26:15		ARTEIXO

83	287 JUAN IGNACIO PALEO VIEITO	00:26:	00:04:51	00:26:14		A CORUÑA
84	500 RUBEN DARIO GARCIA MATOS	00:26::	00:04:52	00:26:23		A CORUÑA
85	399 IAGO GONZALEZ	00:26::	00:04:52	00:26:20		A CORUÑA
86	479 VÍCTOR MANUEL LEDO LEMA	00:27::	00:04:54	00:26:53		LA CORUÑA
87	80 MANUEL NISTAL GARCIA	00:27::	00:04:54	00:26:59	CLUB CICLISTA EO	RIBADEO
88	74 JOSE ANTONIO BANGUESES GARCÍA	00:27::	00:04:54	00:26:59	AG 2016026 CLUB ATLETISMO SADA	SADA
89	579 HECTOR FRAGA	00:27::	00:04:55	00:26:26		OLEIROS
90	368 EDUARDO ALVAREZ MAGALHAES	00:27::	00:04:55	00:26:54		O TEMPLE-CAMBRE
91	397 VICTOR MANUEL ALVAREZ TABOADA	00:27::	00:04:55	00:27:02		A CORUÑA
92	935 JORGE E.	00:27::	00:04:56	00:26:44		LA CORUÑA
93	322 ANTONIO MANUEL ULLOA MENDEZ	00:27::	00:04:58	00:27:04		A CORUÑA
94	313 MANUEL LIRES FREIRE	00:27::	00:04:58	00:27:02		CORUÑA
95	936 JUAN CARLOS PASTOR PORTILLO	00:27::	00:04:58	00:27:14		A CORUÑA
96	132 MIGUEL PEREIRA FERNÁNDEZ	00:27::	00:04:58	00:27:22	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
97	290 RENATO RIVAS LOPEZ	00:27::	00:04:58	00:26:57		LA CORUÑA
98	144 SANTIAGO PÉREZ BARBEITO	00:27::	00:05:00	00:26:53	PROYECTO BULULU	A CORUÑA
99	405 ÓSCAR LÓPEZ BLANCO	00:27::	00:05:01	00:27:21		A CORUÑA
100	386 ROBERTO HERNANDO SANTALLA	00:27::	00:05:03	00:27:22		A CORUÑA
101	525 PEDRO OVALLE PINTOR	00:28::	00:05:05	00:27:23		A CORUÑA
102	393 RUBÉN DÍAZ GIL	00:28::	00:05:06	00:27:36		LA CORUÑA
103	507 MARTÍN BRAIS CRESPO RODRIGUEZ	00:28::	00:05:06	00:27:37		A CORUÑA
104	539 JOSE ANTONIO FRAGA GARABATO	00:28::	00:05:06	00:27:31		A CORUÑA
105	108 GONZALO ALONSO VÁZQUEZ	00:28::	00:05:07	00:27:45	GANTESPORT	A CORUÑA
106	550 GABRIEL SANTOS ALONSO	00:28::	00:05:09	00:27:46		A CORUÑA
107	915 ANTONIO VAZQUEZ GIL	00:28::	00:05:09	00:28:10		A CORUÑA
108	389 IVAN BERMUDEZ BRAVO	00:28::	00:05:09	00:27:49		A CORUÑA
109	487 HECTOR ABEL MONELOS DIAZ	00:28::	00:05:10	00:27:51		PERILLO-OLEIROS
110	83 ÓSCAR ESTRAVIZ LORENZO	00:28::	00:05:13	00:28:30	CLUB DEPORTIVO FERVELLO	CULLEREDO
111	9 CARLOS GÓMEZ NÚÑEZ	00:28::	00:05:15	00:28:26	A. D. LIMIACTIVA	OURENSE
112	375 CARLOS VÁZQUEZ ALONSO	00:29::	00:05:16	00:28:37		PONTEVEDRA
113	878 MANUEL LINARES FRANCO	00:29::	00:05:17	00:28:23		A CORUÑA
114	312 JUAN ALVAREZ RODRIGUEZ	00:29::	00:05:19	00:29:04		CORUÑA
115	16 OSCAR DE LA FUENTE SENIN	00:29::	00:05:21	00:29:22	ALTA FIT GYM CLUB	A CORUÑA
116	391 OSCAR VIDAL RODRIGUEZ	00:29::	00:05:21	00:28:25		A CORUÑA
117	576 EDGAR ALBA BARRILE	00:29::	00:05:22	00:29:09		LA CORUÑA
118	484 DAVID DÍAZ PÉREZ	00:29::	00:05:24	00:29:00		CORUÑA
119	528 MANUEL LÓPEZ PETINAL	00:29::	00:05:24	00:29:17		A CORUÑA
120	578 OSCAR BESTEIRO VAZQUEZ	00:29::	00:05:25	00:29:10		A CORUÑA
121	19 XABIER RODRÍGUEZ SOTO	00:30::	00:05:27	00:29:58	ATHLETIC CORUÑA HOCKEY	A CORUÑA
122	574 JAVIER FERNANDEZ CASTRO	00:30::	00:05:30	00:29:47		A CORUÑA
123	395 FRANCISCO DE LA IGLESIA VAZQUEZ	00:30::	00:05:32	00:29:56		A CORUÑA
124	299 JUAN SALVADOR SEOANE PARDO	00:30::	00:05:33	00:30:02		A CORUÑA
125	480 JOSE MANUEL PICO MOSQUERA	00:30::	00:05:36	00:30:26		OLEIROS
126	482 JOSÉ LUIS DURÁN BARREIRO	00:30::	00:05:36	00:30:09		A CORUÑA
127	293 EDUARDO NOVO GOMEZ	00:31::	00:05:42	00:30:58		ARTEIXO

128	176	MARIANO TOLOSANA LABARTA	00:31:00	00:05:47	00:31:19	ZAPETRON	ALMUDEVAR
129	360	RUBÉN VÁZQUEZ GÓMEZ	00:32:00	00:05:52	00:31:34		CORUÑA
130	537	RAMÓN SOMORROSTRO CASTRO	00:32:00	00:05:57	00:32:00		A CORUÑA
131	486	VICTOR MANUEL ESPÍNEIRA RODRIGUEZ	00:33:00	00:05:59	00:32:03		A CORUÑA
132	387	JAVIER COLLAZO PEREZ	00:33:00	00:06:00	00:30:31		A CORUÑA
133	504	JAVIER YÁÑEZ LOURO	00:33:00	00:06:03	00:32:32		A CORUÑA
134	831	ÉDGAR SÁNCHEZ RODRÍGUEZ	00:33:00	00:06:08	00:33:02		BERGONDO
135	418	XURXO LOUREIRO VEIRA	00:34:00	00:06:13	00:33:31		A CORUÑA
136	921	MANUEL PENAS COEGO	00:34:00	00:06:16	00:34:03		A CORUÑA
137	496	SUSO LAMAS LAMAS	00:34:00	00:06:17	00:34:01		CERCEDA
138	918	JUAN RAMON TEIJEIRA LOPEZ	00:34:00	00:06:18	00:34:03		A CORUÑA
139	366	ANGEL HERMIDA OTERO	00:40:00	00:07:22	00:39:50		CULLEREDO

VT1 VETER/ Inscritos:

64 Llegados:

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PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	4	NOEMI MORAL NAVAZO	00:22:00	00:04:09	00:22:59		VERXEL NUTRICIÓN DEPORTIVA	OLEIROS
2	6	NOELIA CARUNCHO GARCIA	00:24:00	00:04:25	00:24:19			LA CORUÑA
3	589	RAQUEL BOTANA GONZALEZ	00:26:00	00:04:48	00:26:21		ATLETAS DE ACEA DE AMA	CAMBRE
4	850	NURIA BENITO GUTIERREZ	00:26:00	00:04:52	00:26:47			A CORUÑA
5	672	VANESSA RAMA	00:27:00	00:04:55	00:26:48			A CORUÑA
6	664	MARÍA MARTÍNEZ MOSQUERA	00:27:00	00:04:56	00:27:02			A CORUÑA
7	667	BEGOÑA LOIS ALVAREZ	00:27:00	00:04:57	00:26:56			A CORUÑA
8	582	PASCALE ABAD DUJARDIN	00:27:00	00:04:58	00:27:17		ALTAFIT GYM CLUB	LA CORUÑA
9	727	MARLEN TRUCIOS	00:27:00	00:05:03	00:27:13			A CORUÑA
10	668	OLALLA TORRES BURILLO	00:28:00	00:05:07	00:27:53			A CORUÑA
11	588	LAURA FERNÁNDEZ NOCELO	00:28:00	00:05:11	00:28:12		ATLETAS DE ACEA DE AMA	OLEIROS
12	749	AIDA LOUREIRO NION	00:28:00	00:05:14	00:28:20			ARTEIXO
13	644	MARTA MELLA SEIJIDO	00:28:00	00:05:15	00:28:08			EL TEMPLE, CAMBRE
14	740	ROCÍO ALFONSO PITA	00:29:00	00:05:15	00:28:44			A CORUÑA
15	584	LAURA NÚÑEZ NAVEIRA	00:29:00	00:05:24	00:29:24		ANDAINA	A CORUÑA
16	673	SILVIA GESTAL GOLÁN	00:29:00	00:05:25	00:29:37			CULLEREDO
17	691	MARIA SEIJO CALAZA	00:30:00	00:05:30	00:30:02			A CORUÑA
18	687	SONIA MARÍA CARRO RIOS	00:30:00	00:05:31	00:30:14			A CORUÑA
19	948	CRISTINA CASTRO ALVAREZ	00:30:00	00:05:32	00:30:01		NOSPORTLIMIT	PERILLO
20	733	VERÓNICA RODRÍGUEZ RÍOS	00:30:00	00:05:32	00:29:58			A CORUÑA
21	852	ISABEL LÓPEZ ESPINEIRA	00:30:00	00:05:36	00:30:10			LA CORUÑA
22	849	PATRICIA REDONDO SILVA	00:31:00	00:05:41	00:30:44			CORUÑA
23	859	MARTINA CASARIN	00:32:00	00:05:49	00:31:44			LUGAR SOUTO DA IGLESIA 58C
24	670	NOELIA SEOANE PARDO	00:32:00	00:05:53	00:31:55			A CORUÑA
25	732	BELÉN FERREIRO GAREA	00:32:00	00:05:57	00:32:37			A CORUÑA
26	676	SORAYA VARELA BAO	00:33:00	00:05:59	00:32:13			A CORUÑA
27	848	MARTA GARCIA QUIJADA	00:33:00	00:06:00	00:32:30			A CORUÑA
28	695	LOLI RIAL CARBALLA	00:33:00	00:06:00	00:32:29			A CORUÑA
29	865	CAROLINA FRAGA SECO	00:33:00	00:06:01	00:32:42			

30	706 ANA MARIA FERNANDEZ BELLO	00:33:	00:06:01	00:32:42		A CORUÑA
31	956 ALMA BLANCO PITA	00:33:	00:06:01	00:32:34		LA CORUÑA
32	616 ARANTXA ABAD PÉREZ	00:33:	00:06:05	00:33:03	NOSPORTLIMIT	A CORUÑA
33	624 MARÍA MÓNICA CORTÉS PATIÑO	00:33:	00:06:05	00:33:05	NSL	PERILLO
34	747 MARÍA JOSÉ EIRIZ NAVEIRA	00:34:	00:06:10	00:33:26		A CORUÑA
35	701 LUCÍA VILA GARCÍA	00:34:	00:06:10	00:33:27		A CORUÑA
36	708 NURIA VIDAL VICENTE	00:34:	00:06:11	00:33:31		A CORUÑA
37	845 MARIA RAMIL HERMIDA	00:34:	00:06:11	00:33:37		CULLEREDO
38	693 ESTHER MUÑOZ AVILA	00:35:	00:06:24	00:34:37		A CORUÑA
39	685 VERÓNICA MOSQUERA SILVA	00:35:	00:06:25	00:34:52		A CORUÑA
40	665 PAULA MEDIN CAGIAO	00:35:	00:06:25	00:35:14		LUGO
41	967 CELIA MALDONADO	00:35:	00:06:27	00:35:19		LA CORUÑA
42	960 TANIA GONZALEZ RODRIGUEZ	00:36:	00:06:32	00:35:41		A CORUÑA
43	953 ANA FERREIRA GONZALEZ	00:36:	00:06:32	00:35:44		A CORUÑA
44	652 IRIA FERNÁNDEZ SÁNCHEZ	00:36:	00:06:39	00:36:02		A CORUÑA
45	858 SANDRA COTELO VARELA	00:37:	00:06:49	00:36:51		A CORUÑA
46	694 MARTA GIL VILLARINO	00:40:	00:07:22	00:39:50		CULLEREDO

VT2 VETER/ Inscritos:
212 Llegados:
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PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	3	JAVIER SEOANE PUGA	00:18:	00:03:24	00:18:45		OS MUDITOS	CARBALLO
2	28	BRUNO GARCIA CERDEIRAS	00:19:	00:03:28	00:19:09		ATLETAS DE ACEA DE AMA	CULLEREDO
3	97	JOSE MANUEL RODRIGUEZ MOURE	00:19:	00:03:30	00:19:23	GA-19820	CORUÑA COMARCA	CULLEREDO
4	837	JAVIER SISO GARCIA	00:19:	00:03:37	00:19:56			MABEGONDO
5	64	FERNANDO PEREZ HERNANDEZ	00:20:	00:03:38	00:20:05	GA765039	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
6	82	JESUS Mª ALVAREZ RODRIGUEZ	00:20:	00:03:38	00:20:07		CLUB CORUÑA COMARCA	A CORUÑA
7	27	SIMON LOPEZ EIROA	00:20:	00:03:40	00:20:14		ATLETAS DE ACEA DE AMA	PERILLO OLEIROS
8	21	MARCOS GONZALEZ TALAVERO	00:20:	00:03:44	00:20:39		ATLETAS ACEA DE AMA	ORRO CULLEREDO
9	52	BYRON OREJUELA REINO	00:20:	00:03:45	00:20:40	GA717325	ATLETISMO RIAZOR CORUÑA	A CORUÑA
10	165	JOSÉ LUIS ROIBÁS FERNÁNDEZ	00:20:	00:03:46	00:20:49		TRASNOS	CAMBRE
11	803	JOSE ADOLFO VILARES MACEIRAS	00:20:	00:03:46	00:20:51		CLUB MARINEDA ATLETICO	A CORUÑA
12	166	ALFONSO GARCIA BELLO	00:20:	00:03:48	00:20:57		TRASNOS CORUÑA	CAMBRE
13	276	JACOBO GONZALEZ MORAO	00:20:	00:03:48	00:20:58			A CORUÑA
14	353	FRANCISCO JAVIER GONZÁLEZ LEDO	00:21:	00:03:48	00:21:00			CULLEREDO
15	29	GUILLERMO VIDAL RODRÍGUEZ	00:21:	00:03:49	00:21:01		ATLETAS DE ACEA DE AMA	CULLEREDO
16	286	JUAN CARLOS DIÉGUEZ TEJUIRO	00:21:	00:03:51	00:21:18			CAMBRE
17	934	PEDRO PACHO GONZALEZ LAGO	00:21:	00:03:52	00:21:18			CARBALLO
18	228	PABLO ANDRÉS LEMA PÉREZ	00:21:	00:03:52	00:21:22			CULLEREDO
19	35	EDUARDO REY QUINTELA	00:21:	00:03:53	00:21:24		ATLETAS DE ACEA DE AMA	CULLEREDO
20	71	JOSE LUIS TEMPRANO CASAL	00:21:	00:03:53	00:21:22		CLUB ATLETISMO SADA	SADA
21	30	PAULO XOÁN MUINELO PEDREIRA	00:21:	00:03:54	00:21:30		ATLETAS DE ACEA DE AMA	CAMBRE
22	32	IVAN VARELA BARREIRO	00:21:	00:03:54	00:21:30		ATLETAS DE ACEA DE AMA	CULLEREDO
23	288	JUAN CARLOS MEJUTO SEOANE	00:21:	00:03:55	00:21:34			A CORUÑA
24	87	REMIGIO RIOBOO GUTIERREZ	00:21:	00:03:56	00:21:43		CLUB MARINEDA ATLETICO	A CORUÑA

25	61 JORGE ROMERO PENA	00:21:	00:03:56	00:21:43	CD GAS NATURAL FENOSA	A CORUÑA
26	125 ANTONIO BAAMONDE SANDE	00:21:	00:03:59	00:21:53	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
27	551 VÍCTOR MANUEL FRANCOS VÁZQUEZ	00:22:	00:03:59	00:21:57		A CORUÑA
28	350 NACHO BECERRA CARRIL	00:22:	00:04:01	00:22:05		A CORUÑA
29	68 LUIS BALDÓ MACÍA	00:22:	00:04:03	00:22:20	CLUB ATLETISMO SADA	A CORUÑA
30	237 RAMON LOPEZ ROMAN	00:22:	00:04:03	00:22:22		A CORUÑA
31	155 JOSE LUIS RIO SILVA	00:22:	00:04:04	00:22:24	RUNNING OLEIROS	OLEIROS
32	171 DAVID CASADO BRAVO	00:22:	00:04:05	00:22:30	TROCHAMUNDOS	MESOIRO
33	31 CARLOS PARDO FARIÑA	00:22:	00:04:05	00:22:32	ATLETAS DE ACEA DE AMA	O BURGO - CULLEREDO
34	266 FRANCISCO JAVIER PORTAS LEMUS	00:22:	00:04:05	00:22:32		LA CORUÑA
35	933 LUIS ÁNGEL VOCES REBORDINOS	00:22:	00:04:06	00:22:19		OLEIROS
36	239 JUAN MANUEL HERBÓN ARIAS	00:22:	00:04:07	00:22:40		EL TEMPLE
37	85 GIOVANNI QUINTANS MELENDEZ	00:22:	00:04:08	00:22:52	CLUB DEPORTIVO SAN PAIO	LA CORUNA
38	152 DANIEL VÁZQUEZ BRUÑA	00:22:	00:04:09	00:22:47	RUNNING OLEIROS	PERILLO
39	26 CARLOS ALLER FERNANDEZ	00:23:	00:04:10	00:22:56	AG2016940 ATLETAS DE ACEA DE AMA	CULLEREDO
40	115 MARC PERRAMON BONIGNO	00:23:	00:04:11	00:23:01	LICENZA DE UN DÍA	A CORUÑA
41	385 FRANCISCO JAVIER GARCIA PALLEIRO	00:23:	00:04:12	00:23:12		CULLEREDO
42	248 MIGUEL GOMEZ C.	00:23:	00:04:14	00:23:19		O BURGO
43	477 JAVIER FERNÁNDEZ MARTÍNEZ	00:23:	00:04:15	00:23:22		EL TEMPLE - CAMBRE
44	470 GREGORIO LÓPEZ LABALLOS	00:23:	00:04:17	00:23:25		BETANZOS
45	338 GERMAN BARBEITO REY	00:23:	00:04:17	00:23:34		CULLEREDO
46	249 JOSE ROBERTO BARBEITO REY	00:23:	00:04:18	00:23:03		A CORUÑA
47	180 PEDRO PRADA RODRÍGUEZ	00:23:	00:04:20	00:23:50	AFICIONADO	O BURGO
48	260 JOSE MARIA FERNANDEZ LOPEZ	00:23:	00:04:20	00:23:45		A CORUÑA
49	275 FRANCISCO JAVIER MARTINEZ SANTOS	00:24:	00:04:21	00:23:53		A CORUÑA
50	272 MARCOS GONZALEZ TOURINAN	00:24:	00:04:21	00:23:57		A CORUÑA
51	364 JAIME LÓPEZ CAINZOS	00:24:	00:04:21	00:23:51		A CORUÑA
52	347 JOSE ANGEL MARTINEZ ABAD	00:24:	00:04:24	00:24:11		A CORUÑA
53	189 MIGUEL ÁNGEL GARCÍA ÁLVAREZ	00:24:	00:04:25	00:24:18		A CORUÑA
54	273 DAMIAN ABELLAN YEPES	00:24:	00:04:26	00:24:20		A CORUÑA
55	244 ANDRÉS VALES GONZÁLEZ	00:24:	00:04:26	00:24:24		A CORUÑA
56	116 JOSE LUIS PAULOS SOUTO	00:24:	00:04:26	00:24:11	LUIS	A CORUÑA
57	106 JOSE MANUEL PAZ CARREIRA	00:24:	00:04:28	00:24:33	GAES PERSIGUE TUS SUEÑOS	LA CORUÑA
58	315 MANUEL CALVO	00:24:	00:04:29	00:24:27		A CORUÑA
59	557 NACHO PEREIRA NAVAZA	00:24:	00:04:30	00:24:18		CARBALLO
60	271 MANUEL GARCIA EDREIRA	00:25:	00:04:31	00:24:46		CORUÑA
61	433 REYNALDO BOTANA JIMENEZ	00:25:	00:04:31	00:24:40		CARRAL
62	279 DANIEL LOSADA GONZÁLEZ	00:25:	00:04:32	00:24:32		LA CORUÑA
63	69 JUAN GALÁN PRESAS	00:25:	00:04:32	00:24:53	CLUB ATLETISMO SADA	A CORUÑA
64	92 JUAN JOSE GOMEZ NEGREIRA	00:25:	00:04:33	00:24:50	CLUB TRIATLON CORUÑA	A CORUÑA
65	309 ROBERTO BLANCO EIRAS	00:25:	00:04:33	00:24:43		A CORUÑA
66	542 LUIS VALDÉS LÓPEZ	00:25:	00:04:35	00:25:08		CAMBRE
67	254 RICARDO AREA TEIJEIRO	00:25:	00:04:35	00:25:09		A CORUÑA
68	253 PEDRO FLORES	00:25:	00:04:37	00:25:21		LA CORUÑA
69	258 PABLO BUCETA BLANCO	00:25:	00:04:38	00:25:23		CULLEREDO

70	371 JUAN FERNANDEZ VILABOA	00:25:00	00:04:38	00:25:23		LUGO
71	809 ESTEBAN GONZÁLEZ ALONSO	00:25:00	00:04:39	00:25:22		FONTECULLER. A CORUÑA
72	328 EVARISTO GONZALEZ JORGE	00:25:00	00:04:39	00:25:43		OLEIROS
73	816 MIGUEL DÍAZ VARELA	00:25:00	00:04:42	00:25:37		LA CORUÑA
74	340 MANUEL PAZ CARBON	00:26:00	00:04:42	00:25:48		A CORUÑA
75	158 ROBERTO PABLO JALLAS AMIGO	00:26:00	00:04:44	00:25:38	SAUNIER DOUVAL	A CORUÑA
76	11 SUSO RAMOS RODRIGUEZ	00:26:00	00:04:44	00:25:58	A.D. DOWNHILL LARACHA	A LARACHA
77	814 GABRIEL ALVAREZ CARREIRA	00:26:00	00:04:44	00:25:41		CORUÑA
78	808 CRISTÓBAL BALSEIRO PITA	00:26:00	00:04:44	00:25:48	RUNNING OLEIROS	OLEIROS
79	257 JAVIER GRUEIRO BOUZA	00:26:00	00:04:44	00:25:46		A CORUÑA
80	318 SERVANDO OTERO PUENTE	00:26:00	00:04:45	00:25:52		SADA
81	463 ROLAND NUÑEZ PRIETO	00:26:00	00:04:46	00:26:09		A CORUÑA
82	319 REINALDO GONZALEZ PEDREIRA	00:26:00	00:04:46	00:26:07		A CORUÑA
83	65 PEDRO DOMENECH GONZÁLEZ	00:26:00	00:04:47	00:26:11	CLUB ATLETISMO CORUÑA COMARCA	CULLEREDO
84	473 JUÁN PEDRO VIGO SANZ	00:26:00	00:04:47	00:26:15		CARBALLO
85	186 JOSE ANGEL MARCOS MARCOS	00:26:00	00:04:47	00:26:01		A CORUÑA
86	240 CARLOS PAZOS OVIEDO	00:26:00	00:04:48	00:26:09		A CORUÑA
87	58 LUIS MONTERO VEGA	00:26:00	00:04:49	00:26:23	CAMISETASLUGO.COM	LUGO
88	241 PEDRO ENRIQUE FAGINAS SANCHEZ	00:26:00	00:04:49	00:25:50		CULLEREDO
89	142 DANIEL CIUDAD CENDÁN	00:26:00	00:04:51	00:26:24	PATUKOS TIM RANIN	CORUÑA
90	230 SANTIAGO EIRIS LOPEZ	00:26:00	00:04:51	00:26:25		A CORUÑA
91	291 FRANCISCO JAVIER CUENCA PUJADES	00:26:00	00:04:52	00:26:36		CULLEREDO
92	874 RICARDO CALVO LÓPEZ	00:26:00	00:04:53	00:26:24		FONTECULLER
93	235 EMILIO ALCALA ZAMORA CANEL	00:26:00	00:04:53	00:26:39		A CORUNA
94	143 ALEX ANTELO	00:26:00	00:04:53	00:26:12	PROYECTO BULULU	A CORUÑA
95	296 PEDRO MANUEL SALIDO VARELA	00:27:00	00:04:54	00:26:31		OLEIROS
96	346 ALFONSO DÍAZ PÉREZ	00:27:00	00:04:54	00:26:43		LA CORUÑA
97	79 EDUARDO NISTAL GARCIA	00:27:00	00:04:54	00:27:00	CLUB CICLISTA EO	A CORUÑA
98	70 FRANCISCO VAZQUEZ GIL	00:27:00	00:04:54	00:26:48	CLUB ATLETISMO SADA	SADA
99	806 ALEJANDRO FONTÁN TARACIDO	00:27:00	00:04:55	00:26:54	MUNDOCIO	CULLEREDO
100	268 IÑIGO MARTINEZ IGLESIAS	00:27:00	00:04:56	00:27:03		LA CORUÑA
101	314 JUAN CARLOS TABOADA RIVADULLA	00:27:00	00:04:58	00:26:41		A CORUÑA
102	911 FRANCISCO JAVIER VARELA MAZAS	00:27:00	00:04:59	00:27:03		A CORUÑA
103	575 PAULO LOIACONO	00:27:00	00:04:59	00:26:58		A CORUÑA
104	306 CARLOS OJEIA CASTRO	00:27:00	00:04:59	00:27:17		A CORUÑA
105	339 ALFONSO TEJIDO FRANCO	00:27:00	00:05:01	00:27:14		A CORUÑA
106	238 JAIME REGUEIRO YEBRA	00:27:00	00:05:01	00:27:14		OLEIROS
107	96 FRANCISCO JAVIER FERNANDEZ-PEITEADO FERNANDEZ	00:27:00	00:05:01	00:27:27	COMPAÑIA DE MARIA	A CORUÑA
108	352 ANDRES DOPICO PENA	00:27:00	00:05:01	00:27:13		BETANZOS
109	204 JUAN MARTIN FREIRE NOCHE	00:27:00	00:05:01	00:27:22		FERROL
110	471 VIRGILIO CALVO MARTINEZ	00:27:00	00:05:02	00:27:17		LA CORUÑA
111	154 GERARDO GAYOSO VIQUEIRA	00:27:00	00:05:03	00:27:33	RUNNING OLEIROS	SADA
112	141 MIGUEL DEZA RODRIGUEZ	00:28:00	00:05:06	00:27:48	AG 767352 PATUKOS	A CORUÑA
113	47 JULIO SANTIAGO FREIJANES	00:28:00	00:05:07	00:27:52	ATLETISMO RIAZOR CORUÑA	A CORUÑA
114	264 JOSE ANTONIO MONTERO DOMINGUEZ	00:28:00	00:05:07	00:27:46		A CORUÑA

115	251 CARLOS MARTÍN FERNÁNDEZ	00:28:	00:05:07	00:27:51		A CORUÑA
116	124 JOSE SUAREZ NUÑEZ	00:28:	00:05:09	00:27:54	NOSPORTLIMIT-TREK GALICIA	LA CORUÑA
117	356 CARLOS ÁLVAREZ FERNÁNDEZ	00:28:	00:05:09	00:27:58		CULLEREDO
118	282 ANGEL MANUEL MIGUENS VAZQUEZ	00:28:	00:05:11	00:27:47		A CORUÑA
119	367 JOSÉ LUIS LÓPEZ RODRÍGUEZ	00:28:	00:05:11	00:28:20		A CORUÑA
120	267 JOSE CARVALLO CAVERO	00:28:	00:05:11	00:28:00		A CORUÑA
121	233 ANGEL RAMON MARTINEZ CAMBON	00:28:	00:05:13	00:28:34		A CORUÑA
122	345 CARLOS CURTO NOVAS	00:28:	00:05:14	00:28:11		A CORUÑA
123	351 MANUEL TOJO RODRIGUEZ	00:28:	00:05:15	00:28:27		O BURGO - CULLEREDO
124	231 AVELINO DOPAZO PONTE	00:29:	00:05:15	00:28:44		A CORUÑA
125	818 GUSTAVO SANCHEZ ARES	00:29:	00:05:15	00:28:22		A CORUÑA
126	349 PABLO BARCA GARCIA	00:29:	00:05:15	00:28:46		A CORUÑA
127	181 ANGEL CARLOS IZQUIERDO LOPEZ	00:29:	00:05:17	00:28:44		LA CORUÑA
128	53 PABLO FERRANT ROJO	00:29:	00:05:18	00:28:34	BR	A CORUÑA
129	864 RAMÓN PASANDÍN REGUEIRA	00:29:	00:05:19	00:28:34		
130	572 JOSE MANUEL MARTINEZ MARTINEZ	00:29:	00:05:19	00:29:00		CAMBRE
131	536 FRAN RODRÍGUEZ LÓPEZ	00:29:	00:05:22	00:29:07		A CORUÑA
132	475 LUIS ALBERTO LÓPEZ MALDONADO	00:29:	00:05:22	00:29:00		CORUÑA
133	118 AGUSTIN FERRAN ANEGON	00:30:	00:05:27	00:29:31	MIXMASTER RUNNING	CULLEREDO
134	270 CARLOS ZAPATA ARENAS	00:30:	00:05:27	00:29:12		A CORUÑA
135	336 HECTOR LAMEIRO FRAGA	00:30:	00:05:28	00:29:39		CAMBRE
136	263 CELSO LOPEZ ARES	00:30:	00:05:29	00:29:54		O TEMPLE - CAMBRE
137	285 VICTOR MANUEL VALDERRABANO SOUTO	00:30:	00:05:30	00:29:44		PASTORIZA ARTEIXO
138	292 MARTÍN LÓPEZ CASTRO	00:30:	00:05:30	00:29:58		A CORUÑA
139	298 PABLO CALVO CALVO	00:30:	00:05:30	00:30:03		A CORUÑA
140	283 MANUEL ANGEL POSE CASTIÑEIRA	00:30:	00:05:31	00:30:01		LA CORUÑA
141	327 VICTOR MARTIN BLANCO	00:30:	00:05:33	00:30:22		LUGO
142	912 JOSE ANTONIO ARES SANCHEZ	00:30:	00:05:33	00:30:22		O BURGO
143	269 RAMÓN GUITIÁN FERNÁNDEZ	00:30:	00:05:33	00:30:02		A CORUÑA
144	245 JOSE LUIS VILLAR MORCILLO	00:30:	00:05:33	00:30:17		A CORUÑA
145	317 JOSE ANTONIO LOPEZ LOPEZ	00:30:	00:05:34	00:30:04		A CORUÑA
146	99 JESÚS ÁNGEL SÁNCHEZ VEIGA	00:30:	00:05:35	00:30:29	CSC RUNNING CLUB	A CORUÑA
147	817 ROBERTO GAYOSO	00:30:	00:05:35	00:30:32		A CORUÑA
148	913 JAVIER GONZALEZ MENDEZ	00:31:	00:05:44	00:31:24		CULLEREDO
149	805 ANGEL DELGADO BARONA	00:32:	00:05:49	00:31:31	LOSPEZES	LA CORUÑA
150	242 JUAN CARLOS VALEIRO VEIGA	00:32:	00:05:50	00:31:26		O BURGO - CULLEREDO
151	534 JOSE ANGEL LORENZO RIVEIRO	00:32:	00:05:50	00:31:36		CULLEREDO
152	203 RICARDO FERNÁNDEZ GONZÁLEZ	00:32:	00:05:53	00:31:39		A CORUÑA
153	815 SANTIAGO COLLAZO SÁNCHEZ	00:32:	00:05:54	00:32:01		A CORUÑA
154	300 CARLOS ARMENTEROS LEÓN	00:32:	00:05:55	00:32:06		A CORUÑA
155	252 JOSE ANTONIO VILLAMISAR VARELA	00:33:	00:05:59	00:32:03		EL TEMPLE (CAMBRE)
156	207 VICTOR MANUEL INSUA PICO	00:33:	00:06:00	00:32:36		NARÓN
157	472 LUIS SÁNCHEZ SANTOS	00:33:	00:06:03	00:32:53		A CORUÑA
158	819 ANTONIO DOMÍNGUEZ LEIS	00:33:	00:06:09	00:33:08		A CORUÑA
159	804 ENRIQUE MARTOREL PASCUAL	00:35:	00:06:22	00:34:52	CSC	CULLEREDO

160	261	JOSE ANTONIO SUAREZ GARCIA	00:35: 00:06:24	00:34:31		A CORUÑA
161	250	JORGE JOSÉ MÉNDEZ HERRERA	00:35: 00:06:25	00:34:33		A CORUÑA
162	121	BORJA FERNANDEZ BERMUDEZ	00:35: 00:06:25	00:34:52	NOSPORTLIMIT	NARÓN
163	243	ALFONSO VILLAR	00:36: 00:06:39	00:35:56		SADA
164	297	ARTURO CANTO VAZQUEZ	00:36: 00:06:39	00:36:45		MIÑO
165	256	JOSE LUIS CRUZ ALVAREZ	00:36: 00:06:40	00:36:07		A CORUÑA

VT2 VETER/ Inscritos:
64 Llegados:
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Pto	C	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1		643	ELISA COBELO ROMERO	00:24: 00:04:29	00:24:34				LA CORUÑA
2		604	MONTSE FERNÁNDEZ RAMOS	00:25: 00:04:37	00:25:21			CLUB ATLETISMO SADA	SADA
3		660	JOSEFINA LUGRIS FRAGA	00:25: 00:04:39	00:25:38				A CORUÑA
4		632	NURIA PALACIOS IBÁN	00:26: 00:04:45	00:26:10				A CORUÑA
5		946	ISABEL CARBAJALES CASAL	00:26: 00:04:46	00:26:09			CLUB ATLETISMO SADA	OLEIROS
6		966	SARA PIÑEIRO GOLAN	00:26: 00:04:47	00:26:10	GA 19269			CAIÓN
7		651	ESTHER GIMENEZ MOOLHUYZEN	00:26: 00:04:51	00:26:39				A CORUÑA
8		669	MONTSE PONTE TABOADA	00:27: 00:04:55	00:26:54				A CORUÑA
9		650	PILAR RAMOS SANCHEZ	00:27: 00:05:04	00:27:34				LA CORUÑA
10		591	MARIA MONTSERRAT FERNÁNDEZ SABURIDO	00:28: 00:05:06	00:27:46			ATLETISMO RIAZOR CORUÑA	A CORUÑA
11		842	MARILUZ SANDA GUERRA	00:28: 00:05:06	00:27:58			LA MOCHILA DEL DEPORTE	A BARCALA-CAMBRE
12		686	BEGO GONZALEZ PENA	00:28: 00:05:07	00:28:13				A CORUÑA
13		615	EVA SANCHEZ MARTINEZ	00:28: 00:05:08	00:27:47			MIXMASTER RUNNING	LA CORUÑA
14		606	ANGELES CASTRO FERNANDEZ	00:28: 00:05:09	00:28:13			CLUB ATLETISMO SADA	A CORUÑA
15		603	DOLORES PAZOS MALLO	00:28: 00:05:11	00:28:24			CLUB ATLETISMO SADA	SADA - LA CORUÑA
16		610	ANA VIGO BARREIRA	00:28: 00:05:12	00:28:22			CSC RUNNING CLUB	LA CORUÑA
17		684	BEGOÑA MARTINEZ LORENZO	00:28: 00:05:13	00:28:33				ARTEIXO
18		587	ESTEFANIA MENDOZA	00:29: 00:05:18	00:28:49			ATLETAS DE ACEA DE AMA	SAN PEDRO DE NOS
19		688	CRISTINA OTERO LAGO	00:29: 00:05:19	00:28:53				A CORUÑA
20		843	SUSANA SOMME LOPEZ	00:29: 00:05:19	00:29:11			MOCHILA DEL DEPORTE	A CORUÑA
21		656	MARÍA VICTORIA PÉREZ HERNÁNDEZ	00:29: 00:05:20	00:29:18				A CORUÑA
22		654	BEATRIZ PATIÑO SEIJAS	00:29: 00:05:22	00:29:13				A CORUÑA
23		655	NURIA PENA MUIÑO	00:29: 00:05:25	00:29:38				LA CORUÑA
24		618	IVANNA M GUTIERREZ SUAREZ	00:30: 00:05:27	00:29:33			NOSPORTLIMIT	OLEIROS
25		677	ISABEL GARCIA RODRIGUEZ	00:30: 00:05:29	00:29:49				ARTEIXO
26		631	MARTA MUÑOZ PÉREZ	00:30: 00:05:31	00:29:52				A CORUÑA
27		846	MONTSERRAT FRAGA MARTÍNEZ	00:30: 00:05:33	00:30:26				A CORUÑA
28		844	ISABEL TERESA FOLGOSO CRUZ	00:30: 00:05:35	00:30:29				CULLEREDO
29		954	MÓNICA EIRAS SÁNCHEZ	00:30: 00:05:35	00:30:02				A CORUÑA
30		637	SUSANA GOYANES MARTINEZ	00:31: 00:05:40	00:30:37				A CORUÑA
31		636	LYDIA MARTINEZ MOUTON	00:31: 00:05:42	00:30:57				ARTEIXO
32		653	CHUS GÓMEZ GESTAL	00:31: 00:05:45	00:31:20				CAMBRE
33		683	LUCHI PÉREZ GARCÍA	00:32: 00:05:49	00:31:29				EL TEMPLE - CAMBRE
34		689	BELÉN PARDO FARIÑA	00:32: 00:05:50	00:31:39				A CORUÑA
35		717	BELÉN CAMBLOR	00:32: 00:05:52	00:31:48				A CORUÑA

36	633	MA.JOSÉ FILGUEIRA HERMIDA	00:32:00	00:05:54	00:31:51		VALDOVIÑO
37	602	INMA MELENDREZ TAPIA	00:34:00	00:06:09	00:33:16	CLUB ATLETISMO SADA	OLEIROS
38	973	VICTORIA LOPEZ PERMUY	00:34:00	00:06:09	00:33:16		LA CORUÑA
39	662	NURIA LAGO PALMEIRO	00:34:00	00:06:10	00:33:27		LA CORUÑA
40	952	MARIA DEL ROSARIO CRESPO MERELAS	00:34:00	00:06:17	00:34:14		A CORUÑA
41	951	MARTA PEÑA AREA	00:35:00	00:06:25	00:35:14		OLEIROS
42	657	MARIA JOSE SEIJAS MARTINEZ	00:36:00	00:06:31	00:35:28		CULLEREDO
43	585	MARIA BELÉN RAMOS MOUZO	00:36:00	00:06:34	00:35:31	AQA RUNNERS	CEE
44	731	BEATRIZ CARBALLO DOPAZO	00:36:00	00:06:39	00:35:55		SADA
45	626	ELIA NÚÑEZ OTERO	00:36:00	00:06:39	00:36:02	TROCHAMUNDOS	A CORUÑA
46	659	SILVIA LAMAS SENRA	00:37:00	00:06:52	00:37:04		OSEIRO-ARTEIXO
47	682	EMMA LÓPEZ MARIÑO	00:38:00	00:06:57	00:37:59		A CORUÑA
48	949	MAYKA PAZÓ PÉREZ	00:38:00	00:06:58	00:37:48	RUNNING OLEIROS	OLEIROS
49	957	CRISTINA MONTERO HERNANDEZ	00:41:00	00:07:25	00:40:11		CULLEREDO

VT3 VETER/ Inscritos:

74 Llegados:

60

PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	102	JESÚS REGO CADAHÍA	00:18:00	00:03:20	00:18:25		ESCOLA ATLETICA LUCENSE	LUGO
2	56	EMILIO MARTINEZ ANTA	00:19:00	00:03:34	00:19:40	GA20450	C.D.EGOVARROS-VIVEIRO	A CORUÑA
3	196	JULIAN JOSE GESTO CAABEIRO	00:20:00	00:03:42	00:20:24			OLEIROS
4	66	SANTIAGO VÁZQUEZ COLLAZO	00:20:00	00:03:45	00:20:42	GA 717165	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
5	174	JOSE MARIA PÉREZ OTERO	00:20:00	00:03:45	00:20:43		VERXEL NUTRICIÓN DEPORTIVA	LUGO
6	24	JAVIER CORREA PIÑEIRO	00:21:00	00:03:53	00:21:23	AG-766585	ATLETAS DE ACEA DE AMA	VILABOA-CULLEREDO
7	226	CARLOS PEREIRA REY	00:21:00	00:03:59	00:21:51			ARTEIXO
8	324	SAUL GOMEZ ARROJO	00:22:00	00:04:02	00:22:09			FURIS-CASTROVERDE
9	17	FRANCISCO SOTO GARCÍA	00:22:00	00:04:02	00:22:14		AMIG@S DE SAN DIEGO	A CORUÑA
10	149	JESUS EIRIS PONTE	00:22:00	00:04:05	00:22:28		RUN4ONE	CARBALLO
11	25	TOMAS ABELEDO PATIÑO	00:22:00	00:04:06	00:22:33		ATLETAS DE ACEA DE AMA	VILABOA - CULLEREDO
12	34	MANUEL FONTENLA MUIÑO	00:22:00	00:04:07	00:22:44		ATLETAS DE ACEA DE AMA	CAMBRE
13	153	JUAN CARLOS BERGONDO BRANDARIZ	00:22:00	00:04:08	00:22:47		RUNNING OLEIROS	NOS (OLEIROS)
14	38	MANUEL VARELA CAABEIRO	00:23:00	00:04:18	00:23:40		ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
15	217	JESÚS ÁNGEL SANTIUSTE INSUA	00:23:00	00:04:18	00:23:35			LA CORUÑA
16	73	MANUEL ANTONIO FERREIRA VARELA	00:23:00	00:04:20	00:23:48	AG764010	CLUB ATLETISMO SADA	OLEIROS - BASTIAGUEIRO
17	22	ANTONIO GARCIA BELLO	00:23:00	00:04:20	00:23:54		ATLETAS DE ACEA DE AMA	EL TEMPLE
18	227	RAMON MIGUEL GARCIA BARBA	00:24:00	00:04:22	00:24:04			LA CORUÑA
19	225	ENRIQUE JORGE RAMA RODRÍGUEZ	00:24:00	00:04:25	00:24:18			A CORUÑA
20	255	ROGELIO MANUEL PEREZ MIÑONES	00:24:00	00:04:27	00:24:31			A CORUÑA
21	229	FRANCISCO JAVIER VILLAMISAR CALVIÑO	00:25:00	00:04:32	00:24:53			LA CORUÑA
22	216	CARLOS FONTEBOA BORRAZAS	00:25:00	00:04:34	00:25:05			ARTEIXO
23	531	JOSE IGNACIO ARES FERREIRO	00:25:00	00:04:38	00:25:20			A CORUÑA
24	901	FERNANDO VAZQUEZ MARTINEZ	00:25:00	00:04:41	00:25:21		AFICIONADO	MEICENDE
25	370	NATALIO LORENZO PINTOS	00:26:00	00:04:47	00:26:12			CULLEREDO
26	220	BENIGNO FUENTES VAZQUEZ	00:26:00	00:04:47	00:26:16			LA CORUÑA
27	23	FRANCISCO JAVIER RODRIGUEZ FERREIRO	00:26:00	00:04:48	00:26:21		ATLETAS DE ACEA DE AMA	CULLEREDO

28	160 JULIAN MORENO MARTOS	00:26:00:04:50	00:26:12	SCHOOL RIDERS TEAM	LA CORUÑA
29	223 FERNANDO GAREA VIDAL	00:26:00:04:51	00:26:18		BERGONDO
30	33 ENRIQUE GANDARA ULLOA	00:26:00:04:52	00:26:44	ATLETAS DE ACEA DE AMA	EL TEMPLE
31	198 MANUEL JAVIER MUÑOZ SEIJAS	00:27:00:04:55	00:26:43		A CORUÑA
32	532 JAVIER RIO RODRIGUEZ	00:27:00:04:55	00:27:01		CARBALLO
33	184 CARLOS DE LUIS CARBALLADA	00:27:00:04:56	00:26:49		A CORUÑA
34	197 JUAN PAZOS COUTO	00:27:00:04:58	00:27:07		A CORUÑA
35	185 DOMINGO MIGUEL ARIAS	00:27:00:04:58	00:26:57		CULLEREDO
36	468 HUMBERTO BRACCO MARINI	00:27:00:04:59	00:27:18		A LARACHA
37	120 MARCELO GABRIEL TRIPODI	00:27:00:05:02	00:27:14	MIXMASTER RUNNING	A CORUÑA
38	234 XOSE RAMON LOPEZ TOJA	00:27:00:05:03	00:27:30		CARRAL
39	813 LUIS YEBRA LÓPEZ	00:28:00:05:05	00:27:36		A CORUÑA
40	119 JOSE LUIS PENALTA DATORRE	00:28:00:05:07	00:27:42	MIXMASTER RUNNING	EL TEMPLE -CAMBRE
41	12 ALBERTO VILAS MARTÍNEZ	00:28:00:05:09	00:28:04	A.V. [RIAZOR COR.]	A CORUÑA
42	195 SANTIAGO SIMON CUADRADO	00:28:00:05:12	00:28:21		LA CORUÑA
43	224 FERNANDO SANDÁ MACHO	00:28:00:05:15	00:28:15		A CORUÑA
44	194 BENIGNO GAREA CAO	00:29:00:05:15	00:28:34		A CORUÑA
45	199 JOSÉ MANUEL RIOS GIBELLO	00:29:00:05:21	00:28:56		A CORUÑA
46	200 JESÚS GAREA VIDAL	00:29:00:05:23	00:29:14		A CORUÑA
47	222 JOSE ANTONIO BOCELO PRIETO	00:29:00:05:24	00:29:21		O TEMPLE
48	942 JOAO CARLOS PINTO DA CUNHA PIMENTA	00:30:00:05:26	00:29:48		PERRILLO (OLEIROS)
49	541 VÍCTOR MANUEL VÁZQUEZ MOSTEIRO	00:30:00:05:28	00:29:41		A CORUÑA
50	530 JUAN JOSÉ REDONDO LAGO	00:30:00:05:29	00:29:38		A CORUÑA
51	221 MANUEL DIAZ SALGUEIRO	00:30:00:05:32	00:30:30		A CORUÑA
52	201 JUAN MANUEL PEREZ FERNÁNDEZ	00:30:00:05:33	00:29:48		A CORUÑA
53	916 JOSÉ ANDRÉS MONDELO GONZÁLEZ	00:31:00:05:39	00:31:04		A CORUÑA
54	20 MIGUEL ANGEL GONZALEZ TALAVERO	00:32:00:05:50	00:31:40	ATLETAS ACEA DE AMA	LA CORUÑA
55	193 PABLO PARGUIÑA FERNANDEZ	00:32:00:05:50	00:31:26		A CORUÑA
56	192 ROBERTO VAZQUEZ MARTINEZ	00:32:00:05:54	00:31:48		ARMENTON-ARTEIXO
57	218 EDUARDO REY GONZALEZ	00:33:00:06:02	00:32:32		A CORUÑA
58	812 BERNARDO RODRIGUEZ VAZQUEZ	00:33:00:06:04	00:32:45		A CORUÑA
59	907 ARTURO FILGUEIRA HERMIDA	00:34:00:06:17	00:33:56		VALDOVIÑO
60	215 JOSE MANUEL GARCÍA CACABELOS	00:37:00:06:45	00:36:55		A CORUÑA

VT3 VETER/ Inscritos:

13 Llegados:

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PtoC	Dorsal	Nombre	T_Ofici RitmoKm	T_Real	Licencia	Club	Localidad
1	627	MONTSERRAT PALLISÉ MEILÁN	00:23:00:04:17	00:23:37		VERXEL NUTRICIÓN DEPORTIVA	LUGO
2	599	LOLY LOSADA GARCIA	00:28:00:05:10	00:28:11		CD GAS NATURAL FENOSA	CAMBRE
3	647	SILVIA SÁNCHEZ BASCOY	00:28:00:05:11	00:28:28			A CORUÑA
4	611	ANA LUZ VÁZQUEZ FERNÁNDEZ	00:28:00:05:12	00:28:25		CSC RUNNING CLUB	A CORUÑA
5	649	MARIÁN JUÁREZ PÉREZ	00:30:00:05:26	00:29:31			A CORUÑA
6	601	CARMEN CASAS PÉREZ	00:30:00:05:36	00:30:31		CLUB ATLETISMO SADA	SADA
7	634	ROSA MARIA VIQUEIRA RIVAS	00:32:00:05:53	00:31:47			A CORUÑA
8	629	BEGOÑA SÁNCHEZ ZABALA	00:32:00:05:58	00:32:15			A CORUÑA

9	640 Mª GLORIA OREIRO PAZOS	00:33:00	00:06:07	00:33:37		PERILLO - OLEIROS
10	947 PURI LÓPEZ FIDALGO	00:34:00	00:06:16	00:34:01	NOSPORTLIMIT	CULLEREDO
11	648 MARY CARMEN SANMARTIN PENA	00:35:00	00:06:20	00:34:19		VILARRODIS - ARTEIXO
12	741 MARIA ISABEL DOMINGUEZ GARCIA	00:36:00	00:06:33	00:35:29		LA CORUÑA

VT4 VETER/ Inscritos:

12 Llegados:

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PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	190	DOMINGO ALVAREZ IGLESIAS	00:24:00	00:04:31	00:24:49			LA CORUÑA
2	191	JOSE ANTONIO MÉNDEZ PAMPÍN	00:26:00	00:04:44	00:25:57			LA CORUÑA
3	55	ANTONIO HERNÁNDEZ BARREIRO	00:26:00	00:04:44	00:25:58		C.D.EGOVARROS-VIVEIRO	LA CORUÑA
4	902	ARTURO RABUÑAL VAZQUEZ	00:28:00	00:05:05	00:27:32		AFICIONADO	MEICENDE
5	811	JORGE LOPEZ RODRIGUEZ	00:29:00	00:05:19	00:28:44			A CORUÑA
6	98	JOSE FRANCISCO COBAS RODRIGUEZ	00:29:00	00:05:25	00:29:01		CRAT	A CORUÑA
7	37	LUÍS GRACILIANO IGLESIAS GONZÁLEZ	00:30:00	00:05:29	00:29:44	A-10826	ATLETISMO A GÁNDARA MONFORTE	ARTEIXO
8	140	ANTONIO CIUDAD PEREIRA	00:30:00	00:05:34	00:30:13		PATUKOS	A CORUÑA
9	529	MANUEL GONZALEZ PEREIRA	00:32:00	00:05:54	00:31:49			ARTEIXO
10	839	MIGUEL ANGEL MOSQUERA ABAD	00:35:00	00:06:22	00:34:52			A CORUÑA

VT4 VETER/ Inscritos:

4 Llegados:

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PtoC	Dorsal	Nombre	T_Ofici	RitmoKm	T_Real	Licencia	Club	Localidad
1	639	MARI LUZ SANMARTIN FERNANDEZ	00:26:00	00:04:49	00:26:32			A CORUÑA
2	638	ROSA MARIA SANDES FERNANDEZ	00:29:00	00:05:18	00:28:57			A CORUÑA

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE

Prueba Absoluta. Distancia: 5.535 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

MASCULINO

PtoS	Dorsal	Nombre	PtoCat	T_Oficial	RitmoKm	Licencia	Club	Localidad
1	873	ABDELAZIZ FATIHI CHHIMA	SNM- 1	00:18:01	00:03:16		MARINEDA ATLETICO	A CORUÑA
2	829	PABLO BOCELO BELLAS	SNM- 2	00:18:07	00:03:17			A CORUÑA
3	401	JAVIER TOURÍS FORNOS	VT1M-	00:18:20	00:03:19			LA CORUÑA
4	102	JESÚS REGO CADAHÍA	VT3M-	00:18:25	00:03:20		ESCOLA ATLETICA LUCENSE	LUGO
5	862	ALBERTO MORIS VIEITES	SNM- 3	00:18:32	00:03:21			MARINEDA ATLETICO
6	41	FERNANDO DÍEZ GOMEZ	SNM- 4	00:18:37	00:03:22		ATLETISMO CORUÑA COMARCA	LUGO
7	3	JAVIER SEQANE PUGA	VT2M-	00:18:45	00:03:24		OS MUDITOS	CARBALLO
8	28	BRUNO GARCIA CERDEIRAS	VT2M-	00:19:09	00:03:28		ATLETAS DE ACEA DE AMA	CULLEREDO
9	2	BORJA SÁNCHEZ CAMPOS	SNM- 5	00:19:12	00:03:28		3&RUN PEDRO NIMO DEL ORO	ARTEIXO
10	863	OSCAR PAZOS BARBEITO	VT1M-	00:19:12	00:03:28			ATLETISMO CORUÑA COMARCA
11	435	ALVARO GOMEZ CARDESIN	SNM- 6	00:19:16	00:03:29			A CORUÑA
12	97	JOSE MANUEL RODRIGUEZ MOURE	VT2M-	00:19:23	00:03:30	GA-19820	CORUÑA COMARCA	CULLEREDO
13	128	JOSE ANTONIO RECOUSO CAAMAÑO	VT1M-	00:19:28	00:03:31	AG 2015527	NOSPORTLIMIT-TREK GALICIA	OLEIROS
14	320	FERNANDO MANUEL LÓPEZ DE LAS HERAS	VT1M-	00:19:38	00:03:33			CULLEREDO

15	56 EMILIO MARTINEZ ANTA	VT3M-	00:19:40	00:03:34	GA20450	C.D.EGOVARROS-VIVEIRO	A CORUÑA
16	157 SERGIO DANIEL OROSA LÓPEZ	SNM- 7	00:19:52	00:03:36		RUNNING SARRIA	A CORUÑA
17	485 CARLOS RODRÍGUEZ SUÁÑEZ	SNM- 8	00:19:55	00:03:36			LA CORUÑA
18	561 PABLO SEOANE AMOR	SNM- 9	00:19:56	00:03:36			BETANZOS
19	837 JAVIER SISO GARCIA	VT2M-	00:19:57	00:03:37			MABEGONDO
20	44 ANDRÉS FLÓREZ PÉREZ	SNM- 1	00:20:03	00:03:38		ATLETISMO CORUÑA COMARCA	PONFERRADA
21	8 ROI BARROS CORRAL	SNM- 1	00:20:03	00:03:38	AG2017827	3RUN	A CORUÑA
22	64 FERNANDO PEREZ HERNANDEZ	VT2M-	00:20:06	00:03:38	GA765039	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
23	82 JESUS Mª ALVAREZ RODRIGUEZ	VT2M-	00:20:07	00:03:38		CLUB CORUÑA COMARCA	A CORUÑA
24	449 IÑAKI ALVAREZ LOSADA	SNM- 1	00:20:10	00:03:39			A CORUÑA
25	10 ADRIAN RODRIGUEZ CAMBON	SNM- 1	00:20:13	00:03:40		A.D. DOWNHILL	A LARACHA
26	81 LUIGI GARCIA	VT1M-	00:20:15	00:03:40		CLUB CICLISTA RIAZOR	A CORUÑA
27	27 SIMON LOPEZ EIROA	VT2M-	00:20:15	00:03:40		ATLETAS DE ACEA DE AMA	PERILLO OLEIROS
28	88 OSCAR DOPAZO PENIN	VT1M-	00:20:19	00:03:41		CLUB MARINEDA ATLETICO	FEANS
29	547 JOSÉ MIGUEL GÓMEZ SÁNCHEZ	VT1M-	00:20:23	00:03:41			A CORUÑA
30	196 JULIAN JOSE GESTO CAABEIRO	VT3M-	00:20:24	00:03:42			OLEIROS
31	95 JULIO VÁZQUEZ ENJAMIO	SNM- 1	00:20:27	00:03:42		CLUBE ATLETISMO BOIMORTO	BOIMORTO
32	452 ALEJANDRO VÁZQUEZ GÓMEZ	PRM- 1	00:20:31	00:03:43			A CORUÑA
33	969 ALEJANDRO BALSA CASTRO	SNM- 1	00:20:32	00:03:43			A CORUÑA
34	14 VICTOR SOUTO RAMOS	JNM- 1	00:20:34	00:03:43		AD FOGAR	CARRAL
35	563 MARTIN BARCA GUILLIN	SNM- 1	00:20:37	00:03:44			A CORUÑA
36	93 ALEXANDRE RODRIGUEZ PAZ	VT1M-	00:20:38	00:03:44		CLUB TRIATLON MORRAZO	CULLEREDO
37	162 CARLOS SANTOS MARTINEZ	VT1M-	00:20:38	00:03:44		SIEIRO RUNNING	A CORUÑA
38	565 DAMIANO ESPASANDIN LEMA	SNM- 1	00:20:39	00:03:44			VIMIANZO
39	21 MARCOS GONZALEZ TALAVERO	VT2M-	00:20:40	00:03:44		ATLETAS ACEA DE AMA	ORRO CULLEREDO
40	76 ROBERTO GARCÍA PAZOS	SNM- 1	00:20:42	00:03:45	AG 764744	CLUB ATLETISMO SADA	SADA
41	52 BYRON OREJUELA REINO	VT2M-	00:20:42	00:03:45	GA717325	ATLETISMO RIAZOR CORUÑA	A CORUÑA
42	66 SANTIAGO VÁZQUEZ COLLAZO	VT3M-	00:20:43	00:03:45	GA 717165	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
43	174 JOSE MARIA PÉREZ OTERO	VT3M-	00:20:43	00:03:45		VERXEL NUTRICIÓN DEPORTIVA	LUGO
44	165 JOSÉ LUIS ROIBÁS FERNÁNDEZ	VT2M-	00:20:50	00:03:46		TRASNOS	CAMBRE
45	803 JOSE ADOLFO VILARES MACEIRAS	VT2M-	00:20:51	00:03:46		CLUB MARINEDA ATLETICO	A CORUÑA
46	147 GABRIEL RODRIGUEZ LEVA	JNM- 2	00:20:57	00:03:47		RIAZOR CORUÑA	A CORUÑA
47	166 ALFONSO GARCIA BELLO	VT2M-	00:20:57	00:03:48		TRASNOS CORUÑA	CAMBRE
48	276 JACOBO GONZALEZ MORAO	VT2M-	00:20:59	00:03:48			A CORUÑA
49	18 MANUEL ANTONIO GARRIDO CONCHADO	VT1M-	00:20:59	00:03:48		ARTROGAL-TRI498	OLEIROS
50	353 FRANCISCO JAVIER GONZÁLEZ LEDO	VT2M-	00:21:00	00:03:48			CULLEREDO
51	29 GUILLERMO VIDAL RODRÍGUEZ	VT2M-	00:21:03	00:03:49		ATLETAS DE ACEA DE AMA	CULLEREDO
52	163 DAVID DOMÍNGUEZ SALAS	VT1M-	00:21:05	00:03:49	GA-17002	SOCIEDAD GIMNASTICA DE PONTEVEDRA	A CORUÑA
53	134 DIEGO COLLAZO VARELA	PRM- 2	00:21:06	00:03:49		NOSPORTLIMIT-TREK GALICIA	A CORVEIRA (CULLEREDO)
54	448 ALEXANDRE BECERRA GALEGO	SNM- 1	00:21:06	00:03:49	47371862G		A CORUÑA
55	178 RUBÉN PERRINO PÉREZ	SNM- 2	00:21:07	00:03:49			A CORUÑA
56	179 JAVIER ALEGRE LEIRA	SNM- 2	00:21:11	00:03:50			OLEIROS
57	445 GONZALO BELMONTE MARTELL	SNM- 2	00:21:13	00:03:50			SADA
58	497 ALBERTO CASTRO SANCHEZ	VT1M-	00:21:13	00:03:50			VILABOA CULLEREDO
59	286 JUAN CARLOS DIÉGUEZ TEIJEIRO	VT2M-	00:21:18	00:03:51			CAMBRE

60	43 GIULIANO DANIEL LANCELOTTI CRESPO	JNM- 3	00:21:21	00:03:52		ATLETISMO CORUÑA COMARCA	A CORUÑA
61	555 ALEJANDRO ALDAO LOPEZ	VT1M-	00:21:21	00:03:52			ARTEIXO
62	934 PEDRO PACHO GONZALEZ LAGO	VT2M-	00:21:22	00:03:52			CARBALLO
63	228 PABLO ANDRÉS LEMA PÉREZ	VT2M-	00:21:24	00:03:52			CULLEREDO
64	24 JAVIER CORREA PIÑEIRO	VT3M-	00:21:26	00:03:53	AG-766585	ATLETAS DE ACEA DE AMA	VILABOA-CULLEREDO
65	35 EDUARDO REY QUINTELA	VT2M-	00:21:26	00:03:53		ATLETAS DE ACEA DE AMA	CULLEREDO
66	71 JOSE LUIS TEMPRANO CASAL	VT2M-	00:21:29	00:03:53		CLUB ATLETISMO SADA	SADA
67	802 EUGENIO LAMAS MOSTEIRO	SNM- 2	00:21:31	00:03:54		AVE FÉNIX	A CORUÑA
68	30 PAULO XOÁN MUINELO PEDREIRA	VT2M-	00:21:32	00:03:54		ATLETAS DE ACEA DE AMA	CAMBRE
69	32 IVAN VARELA BARREIRO	VT2M-	00:21:32	00:03:54		ATLETAS DE ACEA DE AMA	CULLEREDO
70	288 JUAN CARLOS MEJUTO SEOANE	VT2M-	00:21:39	00:03:55			A CORUÑA
71	110 CARLOS ALBERTO GRACIA FERNÁNDEZ	VT1M-	00:21:43	00:03:56		HERCULES TERMARIA	A CORUÑA
72	87 REMIGIO RIOBOO GUTIERREZ	VT2M-	00:21:44	00:03:56		CLUB MARINEDA ATLETICO	A CORUÑA
73	61 JORGE ROMERO PENA	VT2M-	00:21:44	00:03:56		CD GAS NATURAL FENOSA	A CORUÑA
74	465 DANIEL RIVERA SUAREZ	PRM- 3	00:21:44	00:03:56			A CORUÑA
75	305 DIEGO RIVAS OLIVEIRA	VT1M-	00:21:47	00:03:57			A CORUÑA
76	518 JAVIER VILLAMISAR VÁZQUEZ	PRM- 4	00:21:48	00:03:57			CORUÑA
77	101 SERGIO SANTOS CONCHEIRO	SNM- 2	00:21:50	00:03:57		EQUIPO MANS	LOUREDA
78	91 SANTIAGO TIMIRAOS GONZÁLEZ	PRM- 5	00:21:51	00:03:57		CLUB TRIATLON CIDADE DE LUGO FLUVIAL	VIVEIRO
79	434 JACOBO PONLLA ENCINAS	SNM- 2	00:21:51	00:03:57			A CORUÑA
80	478 DAVID RAMOS BANEIRA	VT1M-	00:21:52	00:03:57			A LARACHA
81	493 JOSE MANUEL CRESPO CENDAN	VT1M-	00:21:52	00:03:57			SADA
82	50 JUAN OROZCO CORREDOIRA	VT1M-	00:21:54	00:03:58	AG768333	ATLETISMO RIAZOR CORUÑA	A CORUÑA
83	48 JOSÉ MARÍA FERNÁNDEZ BLANCO	VT1M-	00:21:55	00:03:58	AG-104107	ATLETISMO RIAZOR CORUÑA	A CORUÑA
84	57 JOSÉ FRANCISCO LODEIRO RODRÍGUEZ	VT1M-	00:21:56	00:03:58		CAIMANES BETANZOS	A CORUÑA
85	125 ANTONIO BAAMONDE SANDE	VT2M-	00:21:58	00:03:59		NOSPORTLIMIT-TREK GALICIA	A CORUÑA
86	294 JESÚS PEREDA FERNÁNDEZ	VT1M-	00:21:58	00:03:59			A CORUÑA
87	226 CARLOS PEREIRA REY	VT3M-	00:21:58	00:03:59			ARTEIXO
88	208 DIEGO SOTO VIÑAS	VT1M-	00:21:59	00:03:59			CAMBRE
89	424 DANIEL PENAS LÓPEZ	SNM- 2	00:22:00	00:03:59			A CORUÑA
90	551 VÍCTOR MANUEL FRANCOS VÁZQUEZ	VT2M-	00:22:00	00:03:59			A CORUÑA
91	150 CARLOS SUÁREZ GUTIÉRREZ	SNM- 2	00:22:00	00:03:59		RUNNER4LIFE	A CORUÑA
92	564 HUGO CASCUDO FOJO	SNM- 2	00:22:01	00:03:59			A CORUÑA
93	515 MIGUEL BUDIÑO VÁZQUEZ	SNM- 2	00:22:02	00:03:59			A CORUÑA
94	384 MANUEL FERNÁNDEZ TABOADA	JNM- 4	00:22:09	00:04:01			SIGÜEIRO
95	350 NACHO BECERRA CARRIL	VT2M-	00:22:10	00:04:01			A CORUÑA
96	112 MOISÉS LÓPEZ LÓPEZ	SNM- 3	00:22:11	00:04:01		INDRA RUNNERS	LOURENZÁ
97	400 RICARDO GARCÍA GESTAL	VT1M-	00:22:12	00:04:01			A CORUÑA
98	392 JAVIER OUBIÑA ABUIN	VT1M-	00:22:13	00:04:01			A CORUÑA
99	430 MIGUEL SÁNCHEZ LÓPEZ	SNM- 3	00:22:14	00:04:01			A CORUÑA
100	324 SAUL GOMEZ ARROJO	VT3M-	00:22:15	00:04:02			FURIS-CASTROVERDE
101	17 FRANCISCO SOTO GARCÍA	VT3M-	00:22:17	00:04:02		AMIG@S DE SAN DIEGO	A CORUÑA
102	7 DAVID HERRERA GARCIA	VT1M-	00:22:18	00:04:02		3 & RUN BY PEDRO NIMO	A CORUÑA
103	498 ALEJANDRO CARREIRA VILLAVERDE	VT1M-	00:22:22	00:04:03			OLEIROS
104	68 LUIS BALDÓ MACÍA	VT2M-	00:22:24	00:04:03		CLUB ATLETISMO SADA	A CORUÑA

105	237 RAMON LOPEZ ROMAN	VT2M-	00:22:25	00:04:03		A CORUÑA
106	155 JOSE LUIS RIO SILVA	VT2M-	00:22:27	00:04:04	RUNNING OLEIROS	OLEIROS
107	970 YOEL LÓPEZ VENTUREIRA	PRM- 6	00:22:29	00:04:04		CULLEREDO
108	307 MIGUEL ANGEL CARREIRA GARCIA	VT1M-	00:22:31	00:04:04		ARANGA
109	149 JESUS EIRIS PONTE	VT3M-	00:22:31	00:04:05	RUN4ONE	CARBALLO
110	171 DAVID CASADO BRAVO	VT2M-	00:22:32	00:04:05	TROCHAMUNDOS	MESOIRO
111	31 CARLOS PARDO FARIÑA	VT2M-	00:22:36	00:04:05	ATLETAS DE ACEA DE AMA	O BURGO - CULLEREDO
112	266 FRANCISCO JAVIER PORTAS LEMUS	VT2M-	00:22:36	00:04:05		LA CORUÑA
113	25 TOMAS ABELEDO PATIÑO	VT3M-	00:22:37	00:04:06	ATLETAS DE ACEA DE AMA	VILABOA - CULLEREDO
114	560 RODRIGO MARINO TAIBO	VT1M-	00:22:38	00:04:06		MESOIRO
115	89 LUCIANO ESPINO LOPEZ	VT1M-	00:22:41	00:04:06	CLUB MONTEPENARUBIA LUGO	LUGO
116	933 LUIS ÁNGEL VOCES REBORDINOS	VT2M-	00:22:42	00:04:06		OLEIROS
117	239 JUAN MANUEL HERBÓN ARIAS	VT2M-	00:22:45	00:04:07		EL TEMPLE
118	451 JORGE POUSO TOJA	SNM- 3	00:22:45	00:04:07		VIMIANZO
119	457 HÉCTOR SIMÓN MARTÍNEZ	SNM- 3	00:22:46	00:04:07		A CORUÑA
120	34 MANUEL FONTENLA MUIÑO	VT3M-	00:22:47	00:04:07	ATLETAS DE ACEA DE AMA	CAMBRE
121	153 JUAN CARLOS BERGONDO BRANDARIZ	VT3M-	00:22:49	00:04:08	RUNNING OLEIROS	NOS (OLEIROS)
122	431 DAVID RILO RODRIGUEZ	SNM- 3	00:22:49	00:04:08		CULLEREDO
123	278 ENRIQUE CABANA PICADO	SNM- 3	00:22:51	00:04:08		A CORUÑA
124	85 GIOVANNI QUINTANS MELENDEZ	VT2M-	00:22:52	00:04:08	CLUB DEPORTIVO SAN PAIO	LA CORUNA
125	152 DANIEL VÁZQUEZ BRUÑA	VT2M-	00:22:56	00:04:09	RUNNING OLEIROS	PERILLO
126	363 ANGEL REY AMOR	VT1M-	00:22:58	00:04:09		A CORUÑA
127	26 CARLOS ALLER FERNANDEZ	VT2M-	00:23:00	00:04:10	AG2016940 ATLETAS DE ACEA DE AMA	CULLEREDO
128	407 JOSE LUIS ALVAREZ RODRIGUEZ	SNM- 3	00:23:00	00:04:10		VIGO
129	115 MARC PERRAMON BONIGNO	VT2M-	00:23:04	00:04:11	LICENZA DE UN DÍA	A CORUÑA
130	495 JORGE DIAZ VILLALBA	VT1M-	00:23:06	00:04:11		O BURGO
131	354 SERGIO MARTINEZ GOMEZ	VT1M-	00:23:06	00:04:11		A CORUÑA
132	151 RUBEN MARCOS SUAREZ GUTIERREZ	SNM- 3	00:23:07	00:04:11	RUNNER4LIFE	A CORUÑA
133	906 FELIPE CORRAL REY	VT1M-	00:23:08	00:04:11	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
134	164 MANUEL PUENTE VEIGA	VT1M-	00:23:08	00:04:11	SOLORUNNERS CORUÑA	A CORUÑA
135	385 FRANCISCO JAVIER GARCIA PALLEIRO	VT2M-	00:23:14	00:04:12		CULLEREDO
136	544 ÓSCAR BENAVIDES FALCÓN	VT1M-	00:23:17	00:04:13		CAMBRE
137	13 MANUEL LÓPEZ LODEIRO	VT1M-	00:23:19	00:04:13	ABRENTE LUGO	FRIOL
138	248 MIGUEL GOMEZ C.	VT2M-	00:23:25	00:04:14		O BURGO
139	75 ANDRÉS SAAVEDRA MOLINERO	VT1M-	00:23:25	00:04:14	CLUB ATLETISMO SADA	SADA
140	477 JAVIER FERNÁNDEZ MARTÍNEZ	VT2M-	00:23:27	00:04:15		EL TEMPLE - CAMBRE
141	567 MARTÍN VIDAL LORENZO	SNM- 3	00:23:28	00:04:15		VIMIANZO
142	135 JOSE FERREÑO GARCIA	SNM- 3	00:23:34	00:04:16	NOSPORTLIMIT-TREK GALICIA	CULLEREDO
143	398 ERIK PARADA GUTIÉRREZ	VT1M-	00:23:36	00:04:16		A CORUÑA
144	827 GABRIEL JOSÉ FERNANDEZ ORIZALES	PRM- 7	00:23:38	00:04:17		A CORUÑA
145	114 DANIEL IGLESIAS PINTADO	VT1M-	00:23:39	00:04:17	LICENZA DE UN DÍA	A CORUÑA
146	470 GREGORIO LÓPEZ LABALLOS	VT2M-	00:23:40	00:04:17		BETANZOS
147	338 GERMAN BARBEITO REY	VT2M-	00:23:42	00:04:17		CULLEREDO
148	38 MANUEL VARELA CAABEIRO	VT3M-	00:23:43	00:04:18	ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
149	212 ALEJANDRO OCAMPOS VEIGA	SNM- 4	00:23:47	00:04:18		A CORUÑA

150	217 JESÚS ÁNGEL SANTIUSTE INSUA	VT3M-	00:23:47	00:04:18		LA CORUÑA
151	249 JOSE ROBERTO BARBEITO REY	VT2M-	00:23:48	00:04:18		A CORUÑA
152	437 ROBERTO REY LÓPEZ	SNM- 4	00:23:54	00:04:19		A CORUÑA
153	180 PEDRO PRADA RODRÍGUEZ	VT2M-	00:23:55	00:04:20	AFICIONADO	O BURGO
154	73 MANUEL ANTONIO FERREIRA VARELA	VT3M-	00:23:55	00:04:20	AG764010 CLUB ATLETISMO SADA	OLEIROS - BASTIAGUEIRO
155	825 FERNANDO GARCIA DEL RIO	SNM- 4	00:23:56	00:04:20		LA CORUÑA
156	22 ANTONIO GARCIA BELLO	VT3M-	00:23:57	00:04:20	ATLETAS DE ACEA DE AMA	EL TEMPLE
157	461 DANIEL SUSO SÁNCHEZ	SNM- 4	00:23:58	00:04:20		A CORUÑA
158	260 JOSE MARIA FERNANDEZ LOPEZ	VT2M-	00:23:59	00:04:20		A CORUÑA
159	275 FRANCISCO JAVIER MARTINEZ SANTOS	VT2M-	00:24:01	00:04:21		A CORUÑA
160	272 MARCOS GONZALEZ TOURINAN	VT2M-	00:24:02	00:04:21		A CORUÑA
161	364 JAIME LÓPEZ CAINZOS	VT2M-	00:24:03	00:04:21		A CORUÑA
162	169 ALBERTO VARELA COLLAZO	VT1M-	00:24:06	00:04:22	TRI FONSECA	A CORUÑA
163	425 JAIME ARIAS LÓPEZ	SNM- 4	00:24:06	00:04:22		A CORUÑA
164	522 ALVARO XOSÉ CARREIRA MANSO	SNM- 4	00:24:08	00:04:22		CULLEREDO
165	832 ALBERTO FERNÁNDEZ DOLDÁN	SNM- 4	00:24:08	00:04:22		A CORUÑA
166	227 RAMON MIGUEL GARCIA BARBA	VT3M-	00:24:10	00:04:22		LA CORUÑA
167	467 TOMÁS GONZÁLEZ VIDAL	PRM- 8	00:24:12	00:04:23		A CORUÑA
168	538 CARLOS GONZALEZ CRIADO	VT1M-	00:24:13	00:04:23		CAMBRE
169	516 ADRIÁN BALLESTROS ALDARIZ	PRM- 9	00:24:14	00:04:23		A CORUÑA
170	347 JOSE ANGEL MARTINEZ ABAD	VT2M-	00:24:16	00:04:24		A CORUÑA
171	447 GONZALO PEREIRO BOQUETE	SNM- 4	00:24:18	00:04:24		A CORUÑA
172	423 MIGUEL LOPEZ CASTELO	VT1M-	00:24:20	00:04:24		A CORUÑA
173	502 LUÍS CABANAS BOCIJA	SNM- 4	00:24:20	00:04:24		CAMBRE
174	404 ROMÁN RIVAS ÁLVAREZ	SNM- 4	00:24:20	00:04:24		A CORUÑA
175	508 BORJA PAMPIN RAMOS	SNM- 5	00:24:21	00:04:24		A CORUÑA
176	310 GERARDO MARIÑO Balsa	VT1M-	00:24:22	00:04:24		ARTEIXO
177	944 MARCOS GARCIA GARCIA	VT1M-	00:24:23	00:04:25		EL TEMPLE CAMBRE
178	247 DOMINGO PRADO TEJEIRO	VT1M-	00:24:24	00:04:25		A CORUÑA
179	971 JOSE ANTA	VT1M-	00:24:25	00:04:25		A CORUÑA
180	801 CARLOS SAINZ CALVIÑO	PRM- 1	00:24:26	00:04:25	ATLETAS DE ACEA DE AMA	CULLEREDO
181	189 MIGUEL ÁNGEL GARCÍA ÁLVAREZ	VT2M-	00:24:26	00:04:25		A CORUÑA
182	929 ADRIÁN RAMA ALVAREZ	JNM- 5	00:24:27	00:04:25		A CORUÑA
183	225 ENRIQUE JORGE RAMA RODRÍGUEZ	VT3M-	00:24:27	00:04:25		A CORUÑA
184	156 GONZALO LOPEZ PAZ	SNM- 5	00:24:27	00:04:26	RUNNING OLEIROS	OLEIROS
185	871 FRANCISCO JOSE FARIÑAS RIVERA	VT1M-	00:24:29	00:04:26	CLUB ATLETISMO QUIEN NO CORRE VUELA	GUITIRIZ
186	273 DAMIAN ABELLAN YEPES	VT2M-	00:24:30	00:04:26		A CORUÑA
187	458 FRANCISCO PILLADO RABUÑAL	SNM- 5	00:24:30	00:04:26		LA CORUÑA
188	872 ADRIÁN CARPENTE RECOUSO	SNM- 5	00:24:30	00:04:26		MIÑO
189	244 ANDRÉS VALES GONZÁLEZ	VT2M-	00:24:31	00:04:26		A CORUÑA
190	103 MIGUEL ANGEL VAZQUEZ GONZALEZ	VT1M-	00:24:31	00:04:26	FAICAMIÑO	A CORUÑA
191	426 JOSE LUIS BENITO MARTINEZ	VT1M-	00:24:31	00:04:26		A CORUNA
192	116 JOSE LUIS PAULOS SOUTO	VT2M-	00:24:32	00:04:26	LUIS	A CORUÑA
193	501 BREGÁN GARCÍA MATOS	SNM- 5	00:24:34	00:04:27		A CORUÑA
194	432 ALBERTO LIÑARES GESTAL	SNM- 5	00:24:34	00:04:27		CULLEREDO

195	255 ROGELIO MANUEL PEREZ MIÑONES	VT3M-	00:24:36	00:04:27		A CORUÑA
196	835 DAVID ESTEBAN FERREIRO	PRM- 1	00:24:38	00:04:27		CARRAL
197	875 GUILLERMO CRIADO CAO	VT1M-	00:24:39	00:04:28		A CORUÑA
198	381 GONZALO BLANCO PAMPIN	SNM- 5	00:24:40	00:04:28		A CORUÑA
199	106 JOSE MANUEL PAZ CARREIRA	VT2M-	00:24:43	00:04:28	GAES PERSIGUE TUS SUEÑOS	LA CORUÑA
200	374 FRANCISCO JAVIER LÓPEZ DE LA FUENTE	VT1M-	00:24:45	00:04:29		A CORUÑA
201	483 FERNANDO LEAL IRIMIA	SNM- 5	00:24:46	00:04:29		MESOIRO
202	177 RAFAEL OLIVEIRA	VT1M-	00:24:47	00:04:29		A CORUÑA
203	334 ANGEL PEREZ BURGOS	SNM- 5	00:24:47	00:04:29		CORUÑA
204	315 MANUEL CALVO	VT2M-	00:24:47	00:04:29		A CORUÑA
205	133 FRANCISCO JAVIER FERNÁNDEZ PÉREZ	SNM- 5	00:24:48	00:04:29	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
206	42 FERNANDO JOSE. VARELA CASTRO	SNM- 6	00:24:49	00:04:29	ATLETISMO CORUÑA COMARCA	A CORUÑA
207	557 NACHO PEREIRA NAVAZA	VT2M-	00:24:50	00:04:30		CARBALLO
208	441 DAVID ULLOA SOBRINO	SNM- 6	00:24:56	00:04:31		A CORUÑA
209	190 DOMINGO ALVAREZ IGLESIAS	VT4M-	00:24:59	00:04:31		LA CORUÑA
210	869 ALBERTO SOTO CAMPOS	VT1M-	00:25:00	00:04:31		
211	271 MANUEL GARCIA EDREIRA	VT2M-	00:25:00	00:04:31		CORUÑA
212	433 REYNALDO BOTANA JIMENEZ	VT2M-	00:25:00	00:04:31		CARRAL
213	279 DANIEL LOSADA GONZÁLEZ	VT2M-	00:25:01	00:04:32		LA CORUÑA
214	301 MARCOS ALVAREZ PATIÑO	VT1M-	00:25:02	00:04:32		A CORUÑA
215	229 FRANCISCO JAVIER VILLAMISAR CALVIÑO	VT3M-	00:25:03	00:04:32		LA CORUÑA
216	69 JUAN GALÁN PRESAS	VT2M-	00:25:05	00:04:32	CLUB ATLETISMO SADA	A CORUÑA
217	92 JUAN JOSE GOMEZ NEGREIRA	VT2M-	00:25:06	00:04:33	CLUB TRIATLON CORUÑA	A CORUÑA
218	454 DANIEL GARCÍA FERNÁNDEZ	SNM- 6	00:25:06	00:04:33		LA CORUÑA
219	309 ROBERTO BLANCO EIRAS	VT2M-	00:25:07	00:04:33		A CORUÑA
220	552 FERNANDO VAZQUEZ	VT1M-	00:25:11	00:04:33		CAMBRE
221	421 GONZALO PENA BUJAN	SNM- 6	00:25:12	00:04:34		A CORUÑA
222	213 JOSE MARIA MARTIN VEZ	SNM- 6	00:25:14	00:04:34		CORUÑA
223	919 DIEGO CABARCOS VAL	SNM- 6	00:25:15	00:04:34		BURELA
224	216 CARLOS FONTEBOA BORRAZAS	VT3M-	00:25:15	00:04:34		ARTEIXO
225	187 ADRIÁN EGUIZÁBAL CARO	SNM- 6	00:25:16	00:04:34		LA CORUÑA
226	559 AGUSTÍN CAAMAÑO SALGADO	SNM- 6	00:25:17	00:04:34		A CORUNA
227	542 LUIS VALDÉS LÓPEZ	VT2M-	00:25:17	00:04:35		CAMBRE
228	254 RICARDO AREA TEIJEIRO	VT2M-	00:25:22	00:04:35		A CORUÑA
229	553 PABLO ANTELO GARCÍA	SNM- 6	00:25:25	00:04:36		A CORUÑA
230	78 JOSE MANUEL OURENS PARDO	VT1M-	00:25:26	00:04:36	CLUB ATLETISMO SADA	PERILLO- OLEIROS
231	357 JOSE LUIS BERGONDO VAZQUEZ	VT1M-	00:25:29	00:04:37		A CORUÑA
232	355 DAVID PIÑEIRO LOPEZ	VT1M-	00:25:29	00:04:37		A CORUÑA
233	521 MIGUEL PEÑA RECALDE	PRM- 1	00:25:31	00:04:37		FONTECULLER
234	569 DIEGO MAQUES	SNM- 6	00:25:31	00:04:37		A CORUÑA
235	253 PEDRO FLORES	VT2M-	00:25:33	00:04:37		LA CORUÑA
236	258 PABLO BUCETA BLANCO	VT2M-	00:25:34	00:04:38		CULLEREDO
237	546 VICENTE LOURIDO VÁZQUEZ	VT1M-	00:25:34	00:04:38		A CORUÑA
238	531 JOSE IGNACIO ARES FERREIRO	VT3M-	00:25:35	00:04:38		A CORUÑA
239	505 MOISES PEREZ PREGO	VT1M-	00:25:35	00:04:38		VILARRODIS (ARTEIXO)

240	822 FERNANDO CASTRO VILLASENÍN	SNM- 7	00:25:36	00:04:38		ORDES
241	371 JUAN FERNANDEZ VILABOA	VT2M-	00:25:38	00:04:38		LUGO
242	281 FERNANDO MATO VIDAL	VT1M-	00:25:41	00:04:39		OLEIROS
243	517 CARLOS GARCÍA SECO	SNM- 7	00:25:41	00:04:39		A CORUÑA
244	414 FERNANDO JOSÉ SALES AGRA	SNM- 7	00:25:42	00:04:39		CAMBRE
245	549 ENRIQUE BRITO GONZALEZ	VT1M-	00:25:42	00:04:39		OLEIROS
246	809 ESTEBAN GONZÁLEZ ALONSO	VT2M-	00:25:43	00:04:39		Fonteculler. A CORUÑA
247	380 JUAN FRANCISCO QUINTANS RIAL	VT1M-	00:25:44	00:04:39		A CORUÑA
248	943 GUILLERMO JOSÉ RODICIO CIMADEVILLA	SNM- 7	00:25:44	00:04:39		A CORUÑA
249	328 EVARISTO GONZALEZ JORGE	VT2M-	00:25:45	00:04:39		OLEIROS
250	373 ROBERTO PONTE NOYA	VT1M-	00:25:45	00:04:40		A CORUÑA
251	408 ROI SIEIRO DE CEANO-VIVAS	VT1M-	00:25:48	00:04:40		SADA
252	901 FERNANDO VAZQUEZ MARTINEZ	VT3M-	00:25:53	00:04:41	AFICIONADO	MEICENDE
253	362 MARCOS VEIGA RODRIGUEZ	VT1M-	00:25:54	00:04:41		A CORUÑA
254	499 MANUEL VARELA GARCIA	VT1M-	00:25:56	00:04:42		ARTEIXO
255	816 MIGUEL DÍAZ VARELA	VT2M-	00:25:57	00:04:42		LA CORUÑA
256	514 ALEX VAZQUEZ ROIBAS	SNM- 7	00:25:57	00:04:42		A CORUÑA
257	416 JOSE MANUEL MOURONTE ALVAREZ	VT1M-	00:25:58	00:04:42		LA CORUÑA
258	548 JESUS ANGEL CORRALES CASTRO	VT1M-	00:26:00	00:04:42		SAN PEDRO DE NOS
259	422 DIEGO VÁZQUEZ PÉREZ	SNM- 7	00:26:00	00:04:42		A CORUÑA
260	459 FRAN VARELA BERMÚDEZ	SNM- 7	00:26:00	00:04:42		OLEIROS
261	340 MANUEL PAZ CARBON	VT2M-	00:26:01	00:04:42		A CORUÑA
262	527 PABLO RODRIGO GONZÁLEZ	SNM- 7	00:26:02	00:04:43		PONFERRADA
263	519 ALEJANDRO CASTRO VARELA	JNM- 6	00:26:03	00:04:43		A CORUÑA
264	427 ARÓN ULLOA CASTRO	SNM- 7	00:26:03	00:04:43		A CORUÑA
265	411 JAVIER ACCION	SNM- 7	00:26:04	00:04:43		A CORUÑA
266	931 RUBÉN PEREIRA ÁLVAREZ	SNM- 8	00:26:05	00:04:43		CARBALLO
267	209 ALEJANDRO RODRÍGUEZ LORENZO	VT1M-	00:26:06	00:04:43		CAMBRE (EL TEMPLE)
268	438 JAVIER VILLAVERDE DOVAL	SNM- 8	00:26:07	00:04:43		A CORUÑA
269	158 ROBERTO PABLO JALLAS AMIGO	VT2M-	00:26:07	00:04:44	SAUNIER DOUAL	A CORUÑA
270	489 ADRIAN FERNANDEZ CARBALLEIRA	SNM- 8	00:26:08	00:04:44		CULLEREDO
271	11 SUSO RAMOS RODRIGUEZ	VT2M-	00:26:09	00:04:44	A.D. DOWNHILL LARACHA	A LARACHA
272	55 ANTONIO HERNÁNDEZ BARREIRO	VT4M-	00:26:10	00:04:44	C.D.EGOVARROS-VIVEIRO	LA CORUÑA
273	191 JOSE ANTONIO MÉNDEZ PAMPÍN	VT4M-	00:26:10	00:04:44		LA CORUÑA
274	814 GABRIEL ALVAREZ CARREIRA	VT2M-	00:26:11	00:04:44		CORUÑA
275	277 OSCAR CABANA PICADO	VT1M-	00:26:11	00:04:44		A CORUÑA
276	808 CRISTÓBAL BALSEIRO PITA	VT2M-	00:26:11	00:04:44	RUNNING OLEIROS	OLEIROS
277	257 JAVIER GRUEIRO BOUZA	VT2M-	00:26:12	00:04:44		A CORUÑA
278	554 JESUS MANUEL REY VARELA	VT1M-	00:26:13	00:04:45		CARBALLO
279	866 ADRIAN FERNANDEZ CASAL	SNM- 8	00:26:15	00:04:45		
280	113 DANIEL LÓPEZ GARCÍA	SNM- 8	00:26:15	00:04:45	KURAI	PERILLO
281	520 JAVIER LIÑAYO CHOUZA	SNM- 8	00:26:16	00:04:45		A CORUÑA
282	318 SERVANDO OTERO PUENTE	VT2M-	00:26:18	00:04:45		SADA
283	419 OSCAR DURO PAZOS	SNM- 8	00:26:19	00:04:46		A CORUÑA
284	415 DAVID VILLAR VILLAR	VT1M-	00:26:19	00:04:46		A CORUÑA

285	577 WILLIAM VARNEY	VT1M-	00:26:20	00:04:46		LA CORUÑA
286	439 IVAN FUENTES REGUEIRO	SNM- 8	00:26:20	00:04:46		LA CORUÑA
287	463 ROLAND NUÑEZ PRIETO	VT2M-	00:26:21	00:04:46		A CORUÑA
288	332 FABIÁN VALCÁRCEL MARTÍNEZ	SNM- 8	00:26:22	00:04:46		A CORUÑA
289	503 SERGIO RODRIGUEZ MARTINEZ	SNM- 8	00:26:23	00:04:46		O TEMPLE - CAMBRE
290	396 MANUEL LOPEZ CASCALLAR	VT1M-	00:26:23	00:04:46		A CORUÑA
291	319 REINALDO GONZALEZ PEDREIRA	VT2M-	00:26:23	00:04:46		A CORUÑA
292	65 PEDRO DOMENECH GONZÁLEZ	VT2M-	00:26:24	00:04:47	CLUB ATLETISMO CORUÑA COMARCA	CULLEREDO
293	168 MIGUEL MARROZOS LOPEZ	VT1M-	00:26:24	00:04:47	TRASNOS CORUÑA	A COREUÑA
294	473 JUÁN PEDRO VIGO SANZ	VT2M-	00:26:26	00:04:47		CARBALLO
295	186 JOSE ANGEL MARCOS MARCOS	VT2M-	00:26:26	00:04:47		A CORUÑA
296	523 RUBÉN VÁZQUEZ	PRM- 1	00:26:26	00:04:47		CAMBRE
297	370 NATALIO LORENZO PINTOS	VT3M-	00:26:27	00:04:47		CULLEREDO
298	220 BENIGNO FUENTES VAZQUEZ	VT3M-	00:26:28	00:04:47		LA CORUÑA
299	323 EDELMIRO PORTO BLANCO	VT1M-	00:26:29	00:04:48		A CORUÑA
300	240 CARLOS PAZOS OVIEDO	VT2M-	00:26:30	00:04:48		A CORUÑA
301	558 ISAAC CIBRÁN CARRIL	VT1M-	00:26:31	00:04:48		A CORUÑA
302	23 FRANCISCO JAVIER RODRIGUEZ FERREIRO	VT3M-	00:26:32	00:04:48	ATLETAS DE ACEA DE AMA	CULLEREDO
303	556 ANTONIO PEREIRO CALVIÑO	VT1M-	00:26:35	00:04:49		LA CORVEIRA CULLEREDO
304	304 MIGUEL PARDO PEREIRA	VT1M-	00:26:36	00:04:49		A CORUÑA
305	861 JESUS MOURAZOS GONZÁLEZ	VT1M-	00:26:36	00:04:49		
306	838 JAVIER MARTINEZ VALIÑO	SNM- 9	00:26:37	00:04:49		BETANZOS
307	58 LUIS MONTERO VEGA	VT2M-	00:26:38	00:04:49	CAMISETASLUGO.COM	LUGO
308	241 PEDRO ENRIQUE FAGINAS SANCHEZ	VT2M-	00:26:39	00:04:49		CULLEREDO
309	160 JULIAN MORENO MARTOS	VT3M-	00:26:42	00:04:50	SCHOOL RIDERS TEAM	LA CORUÑA
310	138 JUAN CARLOS DOMATO VERDÍA	SNM- 9	00:26:45	00:04:50	OS DESBROZA CARRETERAS	ARTEIXO
311	142 DANIEL CIUDAD CENDÁN	VT2M-	00:26:46	00:04:51	PATUKOS TIM RANIN	CORUÑA
312	406 FRANCISCO JOSE FIGUEROA	VT1M-	00:26:46	00:04:51		ARTEIXO
313	287 JUAN IGNACIO PALEO VIEITO	VT1M-	00:26:47	00:04:51		A CORUÑA
314	428 SERGIO RODRIGUEZ RODRIGUEZ	SNM- 9	00:26:47	00:04:51		LUBRE - BERGONDO
315	230 SANTIAGO EIRIS LOPEZ	VT2M-	00:26:50	00:04:51		A CORUÑA
316	223 FERNANDO GAREA VIDAL	VT3M-	00:26:50	00:04:51		BERGONDO
317	500 RUBEN DARIO GARCIA MATOS	VT1M-	00:26:51	00:04:52		A CORUÑA
318	129 VICTOR LUACES VAZQUEZ	SNM- 9	00:26:53	00:04:52	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
319	291 FRANCISCO JAVIER CUENCA PUJADES	VT2M-	00:26:53	00:04:52		CULLEREDO
320	388 VICTOR RICO DOSIL	SNM- 9	00:26:55	00:04:52		LA CORUÑA
321	399 IAGO GONZALEZ	VT1M-	00:26:55	00:04:52		A CORUÑA
322	33 ENRIQUE GANDARA ULLOA	VT3M-	00:26:55	00:04:52	ATLETAS DE ACEA DE AMA	EL TEMPLE
323	874 RICARDO CALVO LÓPEZ	VT2M-	00:26:57	00:04:53		Fonteculler
324	235 EMILIO ALCALA ZAMORA CANEL	VT2M-	00:26:59	00:04:53		A CORUNA
325	143 ALEX ANTELO	VT2M-	00:26:59	00:04:53	PROYECTO BULULU	A CORUÑA
326	464 FERNANDO MIGUEZ FERNANDEZ	SNM- 9	00:27:00	00:04:53		A CORUÑA
327	462 DANIEL FERNANDEZ SUAREZ	SNM- 9	00:27:01	00:04:53		A CORUÑA
328	296 PEDRO MANUEL SALIDO VARELA	VT2M-	00:27:03	00:04:54		OLEIROS
329	346 ALFONSO DÍAZ PÉREZ	VT2M-	00:27:04	00:04:54		LA CORUÑA

330	479 VÍCTOR MANUEL LEDO LEMA	VT1M-	00:27:05	00:04:54		LA CORUÑA
331	80 MANUEL NISTAL GARCIA	VT1M-	00:27:06	00:04:54	CLUB CICLISTA EO	RIBADEO
332	79 EDUARDO NISTAL GARCIA	VT2M-	00:27:06	00:04:54	CLUB CICLISTA EO	A CORUÑA
333	70 FRANCISCO VAZQUEZ GIL	VT2M-	00:27:07	00:04:54	CLUB ATLETISMO SADA	SADA
334	74 JOSE ANTONIO BANGUESES GARCÍA	VT1M-	00:27:08	00:04:54	AG 2016026 CLUB ATLETISMO SADA	SADA
335	198 MANUEL JAVIER MUÑIZ SEIJAS	VT3M-	00:27:08	00:04:55		A CORUÑA
336	579 HECTOR FRAGA	VT1M-	00:27:08	00:04:55		OLEIROS
337	368 EDUARDO ALVAREZ MAGALHAES	VT1M-	00:27:09	00:04:55		O TEMPLE-CAMBRE
338	806 ALEJANDRO FONTÁN TARACIDO	VT2M-	00:27:11	00:04:55	MUNDOCIO	CULLEREDO
339	397 VICTOR MANUEL ALVAREZ TABOADA	VT1M-	00:27:11	00:04:55		A CORUÑA
340	532 JAVIER RIO RODRIGUEZ	VT3M-	00:27:12	00:04:55		CARBALLO
341	184 CARLOS DE LUIS CARBALLADA	VT3M-	00:27:15	00:04:56		A CORUÑA
342	268 IÑIGO MARTINEZ IGLESIAS	VT2M-	00:27:15	00:04:56		LA CORUÑA
343	183 FRANCISCO RODRIGUEZ BARBEITO	SNM- 9	00:27:18	00:04:56		A CORUÑA
344	935 JORGE E.	VT1M-	00:27:18	00:04:56		LA CORUÑA
345	322 ANTONIO MANUEL ULLOA MENDEZ	VT1M-	00:27:25	00:04:58		A CORUÑA
346	313 MANUEL LIRES FREIRE	VT1M-	00:27:26	00:04:58		CORUÑA
347	936 JUAN CARLOS PASTOR PORTILLO	VT1M-	00:27:26	00:04:58		A CORUÑA
348	132 MIGUEL PEREIRA FERNÁNDEZ	VT1M-	00:27:28	00:04:58	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
349	290 RENATO RIVAS LOPEZ	VT1M-	00:27:28	00:04:58		LA CORUÑA
350	314 JUAN CARLOS TABOADA RIVADULLA	VT2M-	00:27:29	00:04:58		A CORUÑA
351	197 JUAN PAZOS COUTO	VT3M-	00:27:29	00:04:58		A CORUÑA
352	185 DOMINGO MIGUEL ARIAS	VT3M-	00:27:30	00:04:58		CULLEREDO
353	824 JUAN CARTELLE SÁEZ	SNM- 9	00:27:31	00:04:59		A CORUÑA
354	911 FRANCISCO JAVIER VARELA MAZAS	VT2M-	00:27:31	00:04:59		A CORUÑA
355	575 PAULO LOIACONO	VT2M-	00:27:31	00:04:59		A CORUÑA
356	468 HUMBERTO BRACCO MARINI	VT3M-	00:27:32	00:04:59		A LARACHA
357	306 CARLOS OJEA CASTRO	VT2M-	00:27:33	00:04:59		A CORUÑA
358	144 SANTIAGO PÉREZ BARBEITO	VT1M-	00:27:40	00:05:00	PROYECTO BULULU	A CORUÑA
359	376 JAVIER PORTO LÓPEZ	SNM- 9	00:27:40	00:05:00		A CORUÑA
360	339 ALFONSO TEJIDO FRANCO	VT2M-	00:27:41	00:05:01		A CORUÑA
361	238 JAIME REGUEIRO YEBRA	VT2M-	00:27:41	00:05:01		OLEIROS
362	96 FRANCISCO JAVIER FERNANDEZ-PEITEADO FERNANDEZ	VT2M-	00:27:44	00:05:01	COMPAÑIA DE MARIA	A CORUÑA
363	405 ÓSCAR LÓPEZ BLANCO	VT1M-	00:27:44	00:05:01		A CORUÑA
364	932 IGNACIO CARMONA PÉREZ	PRM- 1	00:27:44	00:05:01		CORUÑA
365	352 ANDRES DOPICO PENA	VT2M-	00:27:45	00:05:01		BETANZOS
366	833 DANIEL FREIRE PRESEDO	SNM- 1	00:27:46	00:05:01		LAS PALMAS DE GRAN CANARIA
367	204 JUAN MARTIN FREIRE NOCHE	VT2M-	00:27:46	00:05:01		FERROL
368	120 MARCELO GABRIEL TRIPODI	VT3M-	00:27:48	00:05:02	MIXMASTER RUNNING	A CORUÑA
369	460 ALEJANDRO LUIS NOVOA	SNM- 1	00:27:50	00:05:02		A CORUÑA
370	471 VIRGILIO CALVO MARTINEZ	VT2M-	00:27:50	00:05:02		LA CORUÑA
371	456 PABLO TABOADA DURO	SNM- 1	00:27:50	00:05:02		A CORUÑA
372	443 NICOLAS LOIS CANDA	SNM- 1	00:27:50	00:05:02		A CORUÑA
373	876 ALBERTO PENA CABANA	SNM- 1	00:27:53	00:05:03		PONTEDEUME
374	386 ROBERTO HERNANDO SANTALLA	VT1M-	00:27:55	00:05:03		A CORUÑA

375	154 GERARDO GAYOSO VIQUEIRA	VT2M-	00:27:55	00:05:03		RUNNING OLEIROS	SADA
376	234 XOSE RAMON LOPEZ TOJA	VT3M-	00:27:57	00:05:03			CARRAL
377	813 LUIS YEBRA LÓPEZ	VT3M-	00:28:03	00:05:05			A CORUÑA
378	902 ARTURO RABUÑAL VAZQUEZ	VT4M-	00:28:04	00:05:05		AFICIONADO	MEICENDE
379	59 ALEJANDRO BARRAL DIEZ	SNM- 1	00:28:06	00:05:05		CC RIAZOR	A CORUÑA
380	123 RUBÉN SÁNCHEZ VÁZQUEZ	SNM- 1	00:28:08	00:05:05		NOSPORTLIMIT	CULLEREDO
381	410 ALBERTO PERNAS MARIÑO	SNM- 1	00:28:08	00:05:05			LA CORUÑA
382	525 PEDRO OVALLE PINTOR	VT1M-	00:28:09	00:05:05			A CORUÑA
383	141 MIGUEL DEZA RODRIGUEZ	VT2M-	00:28:09	00:05:06	AG 767352	PATUKOS	A CORUÑA
384	409 MANU GIL QUÍLEZ	SNM- 1	00:28:10	00:05:06			A CORUÑA
385	393 RUBÉN DÍAZ GIL	VT1M-	00:28:12	00:05:06			LA CORUÑA
386	507 MARTÍN BRAIS CRESPO RODRIGUEZ	VT1M-	00:28:12	00:05:06			A CORUÑA
387	539 JOSE ANTONIO FRAGA GARABATO	VT1M-	00:28:14	00:05:06			A CORUÑA
388	47 JULIO SANTIAGO FREIJANES	VT2M-	00:28:15	00:05:07		ATLETISMO RIAZOR CORUÑA	A CORUÑA
389	108 GONZALO ALONSO VÁZQUEZ	VT1M-	00:28:15	00:05:07		GANTESPORT	A CORUÑA
390	562 JUAN MANUEL GÓMEZ CRESPO	SNM- 1	00:28:16	00:05:07			BETANZOS
391	264 JOSE ANTONIO MONTERO DOMINGUEZ	VT2M-	00:28:16	00:05:07			A CORUÑA
392	941 MARTÍN ADOLFO SANTOS ESPÍÑEIRA	SNM- 1	00:28:17	00:05:07			CULLEREDO
393	119 JOSE LUIS PENALTA DATORRE	VT3M-	00:28:17	00:05:07		MIXMASTER RUNNING	EL TEMPLE -CAMBRE
394	251 CARLOS MARTÍN FERNÁNDEZ	VT2M-	00:28:18	00:05:07			A CORUÑA
395	526 FELIPE OVALLE PINTOR	SNM- 1	00:28:20	00:05:07			A CORUÑA
396	124 JOSE SUAREZ NUÑEZ	VT2M-	00:28:26	00:05:09		NOSPORTLIMIT-TREK GALICIA	LA CORUÑA
397	12 ALBERTO VILAS MARTÍNEZ	VT3M-	00:28:26	00:05:09		A.V. [RIAZOR COR.]	A CORUÑA
398	356 CARLOS ÁLVAREZ FERNÁNDEZ	VT2M-	00:28:28	00:05:09			CULLEREDO
399	550 GABRIEL SANTOS ALONSO	VT1M-	00:28:28	00:05:09			A CORUÑA
400	915 ANTONIO VAZQUEZ GIL	VT1M-	00:28:29	00:05:09			A CORUÑA
401	389 IVAN BERMUDEZ BRAVO	VT1M-	00:28:30	00:05:09			A CORUÑA
402	487 HECTOR ABEL MONELOS DIAZ	VT1M-	00:28:32	00:05:10			PERILLO-OLEIROS
403	282 ANGEL MANUEL MIGUENS VAZQUEZ	VT2M-	00:28:38	00:05:11			A CORUÑA
404	367 JOSÉ LUIS LÓPEZ RODRÍGUEZ	VT2M-	00:28:38	00:05:11			A CORUÑA
405	267 JOSE CARVALLO CAVERO	VT2M-	00:28:41	00:05:11			A CORUÑA
406	195 SANTIAGO SIMON CUADRADO	VT3M-	00:28:44	00:05:12			LA CORUÑA
407	139 DIEGO MARTIN PETEIRO VIGO	SNM- 1	00:28:46	00:05:12		OS DESBROZA CARRETERAS	ARTEIXO
408	233 ANGEL RAMON MARTINEZ CAMBON	VT2M-	00:28:48	00:05:13			A CORUÑA
409	335 ABEL VALE LÓPEZ	SNM- 1	00:28:50	00:05:13			VIVEIRO
410	83 ÓSCAR ESTRAVIZ LORENZO	VT1M-	00:28:53	00:05:13		CLUB DEPORTIVO FERVELLO	CULLEREDO
411	345 CARLOS CURTO NOVAS	VT2M-	00:28:53	00:05:14			A CORUÑA
412	509 PABLO REYES FUENTES	SNM- 1	00:28:55	00:05:14			LA CORUÑA
413	224 FERNANDO SANDÁ MACHO	VT3M-	00:28:59	00:05:15			A CORUÑA
414	351 MANUEL TOJO RODRIGUEZ	VT2M-	00:28:59	00:05:15			O BURGO - CULLEREDO
415	9 CARLOS GÓMEZ NÚÑEZ	VT1M-	00:28:59	00:05:15		A. D. LIMIACTIVA	OURENSE
416	231 AVELINO DOPAZO PONTE	VT2M-	00:29:01	00:05:15			A CORUÑA
417	818 GUSTAVO SANCHEZ ARES	VT2M-	00:29:02	00:05:15			A CORUÑA
418	194 BENIGNO GAREA CAO	VT3M-	00:29:02	00:05:15			A CORUÑA
419	159 DIEGO LAGO BARROS	SNM- 1	00:29:02	00:05:15		SAUNIER DUVAL	A CORUÑA

420	968 HÉCTOR CASTIÑEIRA BLANCO	SNM- 1	00:29:02	00:05:15		A CORUÑA
421	349 PABLO BARCA GARCIA	VT2M-	00:29:03	00:05:15		A CORUÑA
422	830 HELIODORO CURRAS ESMORIS	SNM- 1	00:29:05	00:05:16		LA CORUÑA
423	925 RICARD TRINCHET	SNM- 1	00:29:05	00:05:16		A CORUÑA
424	375 CARLOS VÁZQUEZ ALONSO	VT1M-	00:29:09	00:05:16		PONTEVEDRA
425	104 OVIDIO SÁNCHEZ	SNM- 1	00:29:13	00:05:17	FILLOAS TEAM	FERROL
426	878 MANUEL LINARES FRANCO	VT1M-	00:29:14	00:05:17		A CORUÑA
427	181 ANGEL CARLOS IZQUIERDO LOPEZ	VT2M-	00:29:15	00:05:17		LA CORUÑA
428	490 DIEGO LÓPEZ AMARELLE	SNM- 1	00:29:17	00:05:18		A CORUÑA
429	53 PABLO FERRANT ROJO	VT2M-	00:29:18	00:05:18	BR	A CORUÑA
430	864 RAMÓN PASANDÍN REGUEIRA	VT2M-	00:29:22	00:05:19		
431	312 JUAN ALVAREZ RODRIGUEZ	VT1M-	00:29:22	00:05:19		CORUÑA
432	572 JOSE MANUEL MARTINEZ MARTINEZ	VT2M-	00:29:22	00:05:19		CAMBRE
433	811 JORGE LOPEZ RODRIGUEZ	VT4M-	00:29:25	00:05:19		A CORUÑA
434	403 PABLO MONTAÑÉS FERNÁNDEZ	SNM- 1	00:29:26	00:05:20		A CORUÑA
435	16 OSCAR DE LA FUENTE SENIN	VT1M-	00:29:32	00:05:21	ALTAFIT GYM CLUB	A CORUÑA
436	391 OSCAR VIDAL RODRIGUEZ	VT1M-	00:29:34	00:05:21		A CORUÑA
437	199 JOSÉ MANUEL RIOS GIBELLO	VT3M-	00:29:37	00:05:21		A CORUÑA
438	412 JAVIER LÓPEZ FERNÁNDEZ	SNM- 1	00:29:39	00:05:22		A CORUÑA
439	175 SANTIAGO PENA CAÑIZARES	SNM- 1	00:29:39	00:05:22	WHERE IS THE LIMIT?	LA CORUÑA
440	536 FRAN RODRÍGUEZ LÓPEZ	VT2M-	00:29:39	00:05:22		A CORUÑA
441	576 EDGAR ALBA BARRILE	VT1M-	00:29:40	00:05:22		LA CORUÑA
442	475 LUIS ALBERTO LÓPEZ MALDONADO	VT2M-	00:29:40	00:05:22		CORUÑA
443	200 JESÚS GAREA VIDAL	VT3M-	00:29:47	00:05:23		A CORUÑA
444	484 DAVID DÍAZ PÉREZ	VT1M-	00:29:50	00:05:24		CORUÑA
445	528 MANUEL LÓPEZ PETINAL	VT1M-	00:29:50	00:05:24		A CORUÑA
446	222 JOSE ANTONIO BOCELO PRIETO	VT3M-	00:29:52	00:05:24		O TEMPLE
447	440 JAVIER CAMPOS BREA	SNM- 1	00:29:53	00:05:24		A CORUÑA
448	98 JOSE FRANCISCO COBAS RODRIGUEZ	VT4M-	00:29:56	00:05:25	CRAT	A CORUÑA
449	578 OSCAR BESTEIRO VAZQUEZ	VT1M-	00:29:56	00:05:25		A CORUÑA
450	511 MARCOS CASTELO PRADO	SNM- 1	00:30:00	00:05:26		A CORUÑA
451	823 FERNANDO OTERO CALVIÑO	SNM- 1	00:30:00	00:05:26		A CORUÑA
452	442 ALEJANDRO LARRAURI PAJON	SNM- 1	00:30:00	00:05:26		A CORUÑA
453	942 JOAO CARLOS PINTO DA CUNHA PIMENTA	VT3M-	00:30:01	00:05:26		PERRILLO (OLEIROS)
454	118 AGUSTIN FERRAN ANEGON	VT2M-	00:30:05	00:05:27	MIXMASTER RUNNING	CULLEREDO
455	361 ADRIAN PAN CONCEIRO	SNM- 1	00:30:05	00:05:27		A CORUÑA
456	834 GUSTAVO BARRAL PREGO	SNM- 1	00:30:06	00:05:27		PERILLO
457	270 CARLOS ZAPATA ARENAS	VT2M-	00:30:07	00:05:27		A CORUÑA
458	19 XABIER RODRÍGUEZ SOTO	VT1M-	00:30:08	00:05:27	ATHLETIC CORUÑA HOCKEY	A CORUÑA
459	821 ALEJANDRO GONZALEZ LAMAS	SNM- 1	00:30:11	00:05:28		A CORUÑA
460	541 VÍCTOR MANUEL VÁZQUEZ MOSTEIRO	VT3M-	00:30:11	00:05:28		A CORUÑA
461	336 HECTOR LAMEIRO FRAGA	VT2M-	00:30:13	00:05:28		CAMBRE
462	530 JUAN JOSÉ REDONDO LAGO	VT3M-	00:30:16	00:05:29		A CORUÑA
463	263 CELSO LOPEZ ARES	VT2M-	00:30:18	00:05:29		O TEMPLE - CAMBRE
464	37 LUÍS GRACILIANO IGLESIAS GONZÁLEZ	VT4M-	00:30:21	00:05:29	A-10826 ATLETISMO A GÁNDARA MONFORTE	ARTEIXO

465	285	VICTOR MANUEL VALDERRABANO SOUTO	VT2M-	00:30:23	00:05:30		PASTORIZA ARTEIXO
466	574	JAVIER FERNANDEZ CASTRO	VT1M-	00:30:24	00:05:30		A CORUÑA
467	292	MARTÍN LÓPEZ CASTRO	VT2M-	00:30:27	00:05:30		A CORUÑA
468	298	PABLO CALVO CALVO	VT2M-	00:30:27	00:05:30		A CORUÑA
469	513	ALEJANDRO PAZOS SÁNCHEZ	SNM- 1	00:30:28	00:05:31		PASTORIZA, ARTEIXIO
470	283	MANUEL ANGEL POSE CASTIÑEIRA	VT2M-	00:30:32	00:05:31		LA CORUÑA
471	395	FRANCISCO DE LA IGLESIA VAZQUEZ	VT1M-	00:30:36	00:05:32		A CORUÑA
472	221	MANUEL DIAZ SALGUEIRO	VT3M-	00:30:38	00:05:32		A CORUÑA
473	299	JUAN SALVADOR SEOANE PARDO	VT1M-	00:30:39	00:05:33		A CORUÑA
474	327	VICTOR MARTIN BLANCO	VT2M-	00:30:40	00:05:33		LUGO
475	331	MIGUEL CIDRE VÁZQUEZ	SNM- 1	00:30:40	00:05:33		CERCEDA
476	912	JOSE ANTONIO ARES SANCHEZ	VT2M-	00:30:41	00:05:33		O BURGO
477	201	JUAN MANUEL PEREZ FERNÁNDEZ	VT3M-	00:30:42	00:05:33		A CORUÑA
478	269	RAMÓN GUITIÁN FERNÁNDEZ	VT2M-	00:30:42	00:05:33		A CORUÑA
479	245	JOSE LUIS VILLAR MORCILLO	VT2M-	00:30:43	00:05:33		A CORUÑA
480	317	JOSE ANTONIO LOPEZ LOPEZ	VT2M-	00:30:49	00:05:34		A CORUÑA
481	140	ANTONIO CIUDAD PEREIRA	VT4M-	00:30:49	00:05:34	PATUKOS	A CORUÑA
482	99	JESÚS ÁNGEL SÁNCHEZ VEIGA	VT2M-	00:30:50	00:05:35	CSC RUNNING CLUB	A CORUÑA
483	817	ROBERTO GAYOSO	VT2M-	00:30:54	00:05:35		A CORUÑA
484	480	JOSE MANUEL PICO MOSQUERA	VT1M-	00:30:55	00:05:36		OLEIROS
485	482	JOSÉ LUIS DURÁN BARREIRO	VT1M-	00:30:56	00:05:36		A CORUÑA
486	506	IVAN BARBEITO PREGO	SNM- 1	00:30:58	00:05:36		A CORUÑA
487	524	JAVIER YÉPEZ ARÁMBULO	SNM- 1	00:31:01	00:05:37		A CORUÑA
488	916	JOSÉ ANDRÉS MONDELO GONZÁLEZ	VT3M-	00:31:12	00:05:39		A CORUÑA
489	344	CARLOS MALLEIRO ZORZANO	SNM- 1	00:31:16	00:05:39		ARTEIXO
490	926	CARLOS DEL RIO VAZQUEZ	SNM- 1	00:31:18	00:05:40		A CORUÑA
491	545	SANTIAGO ÁLVAREZ MARTÍNEZ	SNM- 1	00:31:21	00:05:40		A CORUÑA
492	492	ALEJANDRO SANTOS SÁNCHEZ	SNM- 1	00:31:26	00:05:41		BETANZOS
493	293	EDUARDO NOVO GOMEZ	VT1M-	00:31:32	00:05:42		ARTEIXO
494	436	RUBÉN LORENZO GÓMEZ	SNM- 1	00:31:40	00:05:44		CARBALLO
495	913	JAVIER GONZALEZ MENDEZ	VT2M-	00:31:44	00:05:44		CULLEREDO
496	494	ADRIÁN CASTRO VÁZQUEZ	SNM- 1	00:31:45	00:05:45		A CORUÑA
497	176	MARIANO TOLOSANA LABARTA	VT1M-	00:31:58	00:05:47	ZAPETRON	ALMUDEVAR
498	805	ANGEL DELGADO BARONA	VT2M-	00:32:10	00:05:49	LOSPEZES	LA CORUÑA
499	20	MIGUEL ANGEL GONZALEZ TALAVERO	VT3M-	00:32:14	00:05:50	ATLETAS ACEA DE AMA	LA CORUÑA
500	242	JUAN CARLOS VALEIRO VEIGA	VT2M-	00:32:16	00:05:50		O BURGO - CULLEREDO
501	193	PABLO PARGUIÑA FERNANDEZ	VT3M-	00:32:16	00:05:50		A CORUÑA
502	534	JOSE ANGEL LORENZO RIVEIRO	VT2M-	00:32:16	00:05:50		CULLEREDO
503	360	RUBÉN VÁZQUEZ GÓMEZ	VT1M-	00:32:25	00:05:52		CORUÑA
504	303	PABLO NAVEIRA ÁLVAREZ	SNM- 1	00:32:27	00:05:52		A CORUÑA
505	203	RICARDO FERNÁNDEZ GONZÁLEZ	VT2M-	00:32:34	00:05:53		A CORUÑA
506	529	MANUEL GONZALEZ PEREIRA	VT4M-	00:32:39	00:05:54		ARTEIXO
507	192	ROBERTO VAZQUEZ MARTINEZ	VT3M-	00:32:39	00:05:54		ARMENTON-ARTEIXO
508	815	SANTIAGO COLLAZO SÁNCHEZ	VT2M-	00:32:39	00:05:54		A CORUÑA
509	300	CARLOS ARMENTEROS LEÓN	VT2M-	00:32:45	00:05:55		A CORUÑA

510	444	JOSE DAVID RÍOS LESTA	SNM- 1	00:32:48	00:05:56		BETANZOS
511	905	DANIEL RODRÍGUEZ AYUSO	SNM- 1	00:32:49	00:05:56	MERDA ENLATADA	A CORUÑA
512	537	RAMÓN SOMORROSTRO CASTRO	VT1M-	00:32:55	00:05:57		A CORUÑA
513	904	JUAN QUINTÁNS FRANCO.	SNM- 1	00:33:01	00:05:58	COPCISA	LA CORUÑA
514	486	VICTOR MANUEL ESPÍNEIRA RODRIGUEZ	VT1M-	00:33:04	00:05:59		A CORUÑA
515	252	JOSE ANTONIO VILLAMISAR VARELA	VT2M-	00:33:05	00:05:59		EL TEMPLE (CAMBRE)
516	207	VICTOR MANUEL INSUA PICO	VT2M-	00:33:11	00:06:00		NARÓN
517	387	JAVIER COLLAZO PEREZ	VT1M-	00:33:13	00:06:00		A CORUÑA
518	218	EDUARDO REY GONZALEZ	VT3M-	00:33:20	00:06:02		A CORUÑA
519	504	JAVIER YÁÑEZ LOURO	VT1M-	00:33:25	00:06:03		A CORUÑA
520	472	LUIS SÁNCHEZ SANTOS	VT2M-	00:33:30	00:06:03		A CORUÑA
521	812	BERNARDO RODRIGUEZ VAZQUEZ	VT3M-	00:33:33	00:06:04		A CORUÑA
522	831	ÉDGAR SÁNCHEZ RODRÍGUEZ	VT1M-	00:33:56	00:06:08		BERGONDO
523	105	DAVID LÓPEZ FERNÁNDEZ	SNM- 1	00:33:58	00:06:09	FUBASA LEGENDS	A CORUÑA
524	543	ALVARO ERIQUEZ VARELA	SNM- 1	00:33:59	00:06:09		A CORUÑA
525	819	ANTONIO DOMÍNGUEZ LEIS	VT2M-	00:33:59	00:06:09		A CORUÑA
526	330	MIGUEL LÓPEZ ÁLVAREZ	SNM- 1	00:33:59	00:06:09		A CORUÑA
527	418	XURXO LOUREIRO VEIRA	VT1M-	00:34:20	00:06:13		A CORUÑA
528	921	MANUEL PENAS COEGO	VT1M-	00:34:38	00:06:16		A CORUÑA
529	907	ARTURO FILGUEIRA HERMIDA	VT3M-	00:34:43	00:06:17		VALDOVIÑO
530	496	SUSO LAMAS LAMAS	VT1M-	00:34:44	00:06:17		CERCEDA
531	450	ALEJANDRO VELO GARCIA	SNM- 1	00:34:45	00:06:17		A CORUÑA
532	130	ALBERTO ESCOURIDO MOAR	SNM- 1	00:34:45	00:06:17	NOSPORTLIMIT-TREK GALICIA	A CORUÑA
533	918	JUAN RAMON TEJEIRA LOPEZ	VT1M-	00:34:48	00:06:18		A CORUÑA
534	920	EMILIO GONZÁLEZ VILLAMIL	SNM- 1	00:34:53	00:06:19		A CORUÑA
535	840	DIEGO JOSE BOLAÑOS	SNM- 1	00:34:56	00:06:19		A CORUÑA
536	804	ENRIQUE MARTOREL PASCUAL	VT2M-	00:35:14	00:06:22	CSC	CULLEREDO
537	839	MIGUEL ANGEL MOSQUERA ABAD	VT4M-	00:35:14	00:06:22		A CORUÑA
538	573	EMILIO TEJEIRO CASTELOS	JNM- 7	00:35:19	00:06:23		A CORUÑA
539	261	JOSE ANTONIO SUAREZ GARCIA	VT2M-	00:35:21	00:06:24		A CORUÑA
540	250	JORGE JOSÉ MÉNDEZ HERRERA	VT2M-	00:35:26	00:06:25		A CORUÑA
541	121	BORJA FERNANDEZ BERMUDEZ	VT2M-	00:35:27	00:06:25	NOSPORTLIMIT	NARÓN
542	243	ALFONSO VILLAR	VT2M-	00:36:44	00:06:39		SADA
543	297	ARTURO CANTO VAZQUEZ	VT2M-	00:36:45	00:06:39		MIÑO
544	256	JOSE LUIS CRUZ ALVAREZ	VT2M-	00:36:54	00:06:40		A CORUÑA
545	215	JOSE MANUEL GARCÍA CACABELOS	VT3M-	00:37:21	00:06:45		A CORUÑA
546	413	JOSE IGNACIO MOURENZA LARROSA	SNM- 1	00:38:56	00:07:03		A CORUÑA
547	366	ANGEL HERMIDA OTERO	VT1M-	00:40:43	00:07:22		CULLEREDO

FEMENINO

PtoS	Dorsal	Nombre	PtoCat	T_Oficial	RitmoKm	Licencia	Club	Localidad
1	594	UXIA GARCIA DIAZ	SNF- 1	00:22:52	00:04:08		ATLETISMO RIAZOR CORUÑA	A CORUÑA
2	605	RAQUEL VÁZQUEZ	SNF- 2	00:22:57	00:04:09		CLUB ATLETISMO SADA	BETANZOS
3	4	NOEMI MORAL NAVAZO	VT1F- 1	00:22:59	00:04:09		VERXEL NUTRICIÓN DEPORTIVA	OLEIROS

4	627 MONTSE RATTALLSÉ MELLÁN	VT3F- 1	00:23:39	00:04:17	VERXEL NUTRICIÓN DEPORTIVA	LUGO
5	6 NOELIA CARUNCHO GARCIA	VT1F- 2	00:24:23	00:04:25		LA CORUÑA
6	643 ELISA COBELO ROMERO	VT2F- 1	00:24:44	00:04:29		LA CORUÑA
7	870 REBECA CANOTA FANDIÑO	JNF- 1	00:24:52	00:04:30		
8	707 PAULA ESTEIRO RAMOS	SNF- 3	00:25:09	00:04:33		CAMARIÑAS
9	604 MONTSE FERNÁNDEZ RAMOS	VT2F- 2	00:25:29	00:04:37	CLUB ATLETISMO SADA	SADA
10	660 JOSEFINA LUGRIS FRAGA	VT2F- 3	00:25:44	00:04:39		A CORUÑA
11	592 ANDREA PICO BLANCO	SNF- 4	00:25:52	00:04:41	ATLETISMO RIAZOR CORUÑA	A CORUÑA
12	590 LUCÍA RODRÍGUEZ PARDO	PRF- 1	00:26:11	00:04:44	ATLETISMO CORUÑA COMARCA	OLEIROS
13	632 NURIA PALACIOS IBÁN	VT2F- 4	00:26:17	00:04:45		A CORUÑA
14	946 ISABEL CARBAJALS CASAL	VT2F- 5	00:26:20	00:04:46	CLUB ATLETISMO SADA	OLEIROS
15	966 SARA PIÑEIRO GOLAN	VT2F- 6	00:26:24	00:04:47	GA 19269	CAIÓN
16	596 INÉS OITAVÉN PASCUAL	JNF- 2	00:26:26	00:04:47	ATLETISMO RIAZOR CORUÑA	LA CORUÑA
17	589 RAQUEL BOTANA GONZALEZ	VT1F- 3	00:26:32	00:04:48	ATLETAS DE ACEA DE AMA	CAMBRE
18	639 MARI LUZ SANMARTIN FERNANDEZ	VT4F- 1	00:26:39	00:04:49		A CORUÑA
19	841 PAULA IGLESIAS GARNELO	JNF- 3	00:26:42	00:04:50	ATLETISMO RIAZOR CORUÑA	LA CORUÑA
20	651 ESTHER GIMENEZ MOOLHUYZEN	VT2F- 7	00:26:51	00:04:51		A CORUÑA
21	850 NURIA BENITO GUTIERREZ	VT1F- 4	00:26:56	00:04:52		A CORUÑA
22	721 MARTA GIL FERNÁNDEZ	SNF- 5	00:27:07	00:04:54		A CORUÑA
23	607 IONELA RÓMAN	SNF- 6	00:27:07	00:04:54	AG 2016025 CLUB ATLETISMO SADA	SADA
24	672 VANESSA RAMA	VT1F- 5	00:27:09	00:04:55		A CORUÑA
25	669 MONTSE PONTE TABOADA	VT2F- 8	00:27:10	00:04:55		A CORUÑA
26	583 YOLANDA VÁZQUEZ ESPASANDÍN	SNF- 7	00:27:10	00:04:55	ALTA FIT GYM CLUB	LA CORUÑA
27	700 MARÍA BERMÚDEZ RODRÍGUEZ	SNF- 8	00:27:15	00:04:56		LA CORUÑA
28	664 MARÍA MARTÍNEZ MOSQUERA	VT1F- 6	00:27:18	00:04:56		A CORUÑA
29	667 BEGOÑA LOIS ALVAREZ	VT1F- 7	00:27:19	00:04:57		A CORUÑA
30	681 ALBA CAAMAÑO FERNANDEZ	SNF- 9	00:27:21	00:04:57		A CORUÑA
31	582 PASCALE ABAD DUJARDIN	VT1F- 8	00:27:27	00:04:58	ALTA FIT GYM CLUB	LA CORUÑA
32	635 MIRIAM SAN ROMÁN BORBOLLA	SNF- 10	00:27:31	00:04:59		COLOMBRES
33	712 MARTA MUIÑO VIDAL	SNF- 11	00:27:48	00:05:02		A CORUÑA
34	727 MARLEN TRUCIOS	VT1F- 9	00:27:55	00:05:03		A CORUÑA
35	650 PILAR RAMOS SANCHEZ	VT2F- 9	00:27:58	00:05:04		LA CORUÑA
36	735 VANESA MELLA BARBEITO	SNF- 12	00:28:04	00:05:05		BETANZOS
37	591 MARIA MONTSE RATTALLSÉ FERNÁNDEZ SABURIDO	VT2F- 1	00:28:09	00:05:06	ATLETISMO RIAZOR CORUÑA	A CORUÑA
38	842 MARILUZ SANDA GUERRA	VT2F- 1	00:28:11	00:05:06	LA MOCHILA DEL DEPORTE	A BARCALA-CAMBRE
39	593 SOFÍA CANZOBRE MARTÍNEZ	SNF- 13	00:28:15	00:05:07	AG/768780 ATLETISMO RIAZOR CORUÑA	A CORUÑA
40	668 OLALLA TORRES BURILLO	VT1F- 1	00:28:18	00:05:07		A CORUÑA
41	686 BEGO GONZALEZ PENA	VT2F- 1	00:28:19	00:05:07		A CORUÑA
42	615 EVA SANCHEZ MARTINEZ	VT2F- 1	00:28:20	00:05:08	MIXMASTER RUNNING	LA CORUÑA
43	711 LUCÍA VÁZQUEZ SESAR	SNF- 14	00:28:20	00:05:08		CULLEREDO
44	606 ANGELES CASTRO FERNANDEZ	VT2F- 1	00:28:26	00:05:09	CLUB ATLETISMO SADA	A CORUÑA
45	734 NOELIA MIRANDA CASTRO	SNF- 15	00:28:34	00:05:10		A CORUÑA
46	599 LOLY LOSADA GARCIA	VT3F- 2	00:28:35	00:05:10	CD GAS NATURAL FENOSA	CAMBRE
47	603 DOLORES PAZOS MALLO	VT2F- 1	00:28:36	00:05:11	CLUB ATLETISMO SADA	SADA - LA CORUÑA
48	588 LAURA FERNÁNDEZ NOCELO	VT1F- 1	00:28:38	00:05:11	ATLETAS DE ACEA DE AMA	OLEIROS

49	679 SANDRA FERREIRO HERMIDA	SNF- 1€	00:28:38	00:05:11		CULLEREDO
50	647 SILVIA SÁNCHEZ BASCOY	VT3F- 3	00:28:39	00:05:11		A CORUÑA
51	724 BALBINA TARRIO MANGAS	PRF- 2	00:28:42	00:05:12		CORISTANCO
52	610 ANA VIGO BARREIRA	VT2F- 1	00:28:42	00:05:12	CSC RUNNING CLUB	LA CORUÑA
53	611 ANA LUZ VÁZQUEZ FERNÁNDEZ	VT3F- 4	00:28:45	00:05:12	CSC RUNNING CLUB	A CORUÑA
54	684 BEGOÑA MARTINEZ LORENZO	VT2F- 1	00:28:48	00:05:13		ARTEIXO
55	749 AIDA LOUREIRO NION	VT1F- 1	00:28:53	00:05:14		ARTEIXO
56	644 MARTA MELLA SEIJIDO	VT1F- 1	00:28:59	00:05:15		EL TEMPLE, CAMBRE
57	740 ROCÍO ALFONSO PITA	VT1F- 1	00:29:01	00:05:15		A CORUÑA
58	609 ANA BANEIRA SUAREZ	JNF- 4	00:29:02	00:05:15	CLUB CICLISTA RIAZOR	A CORUÑA
59	976 ANDREA BANEIRA	JNF- 5	00:29:02	00:05:15		LA CORUÑA
60	613 ANA BELÉN VÁZQUEZ VALENCIA	JNF- 6	00:29:08	00:05:16	ESCUELA DE ATLETISMO PAULA MAYOBRE	BARALLOBRE
61	638 ROSA MARIA SANDES FERNANDEZ	VT4F- 2	00:29:15	00:05:18		A CORUÑA
62	587 ESTEFANIA MENDOZA	VT2F- 1	00:29:16	00:05:18	ATLETAS DE ACEA DE AMA	SAN PEDRO DE NOS
63	688 CRISTINA OTERO LAGO	VT2F- 1	00:29:22	00:05:19		A CORUÑA
64	843 SUSANA SOMME LOPEZ	VT2F- 2	00:29:23	00:05:19	MOCHILA DEL DEPORTE	A CORUÑA
65	656 MARÍA VICTORIA PÉREZ HERNÁNDEZ	VT2F- 2	00:29:29	00:05:20		A CORUÑA
66	595 ESTEFANIA ABELENDA POSE	SNF- 17	00:29:37	00:05:22	ATLETISMO RIAZOR CORUÑA	LARACHA
67	654 BEATRIZ PATIÑO SEIJAS	VT2F- 2	00:29:39	00:05:22		A CORUÑA
68	584 LAURA NÚÑEZ NAVEIRA	VT1F- 1	00:29:49	00:05:24	ANDAINA	A CORUÑA
69	673 SILVIA GESTAL GOLÁN	VT1F- 1	00:29:54	00:05:25		CULLEREDO
70	698 MARÍA RIVAS BARCALA	SNF- 18	00:29:55	00:05:25		A ESTRADA
71	655 NURIA PENA MUIÑO	VT2F- 2	00:29:56	00:05:25		LA CORUÑA
72	699 PAULA DIAZ GETINO	SNF- 15	00:30:01	00:05:26		A CORUÑA
73	649 MARIÁN JUÁREZ PÉREZ	VT3F- 5	00:30:02	00:05:26		A CORUÑA
74	646 MARTA VIÑA RICO	SNF- 20	00:30:08	00:05:27		A CORUÑA
75	618 IVANNA M GUTIERREZ SUAREZ	VT2F- 2	00:30:08	00:05:27	NOSPORTLIMIT	OLEIROS
76	713 ANA MARÍA BOEDO AGRASO	SNF- 21	00:30:09	00:05:27		A CORUÑA
77	714 LUCÍA VÁZQUEZ BLANCO	SNF- 22	00:30:12	00:05:28		A CORUÑA
78	722 AMIRA SIMÓN MARTÍNEZ	SNF- 23	00:30:12	00:05:28		A CORUÑA
79	677 ISABEL GARCIA RODRIGUEZ	VT2F- 2	00:30:21	00:05:29		ARTEIXO
80	743 LUCÍA RAMOS CALVELO	SNF- 24	00:30:25	00:05:30		MALPICA DE BERGANTIÑOS
81	691 MARIA SEIJO CALAZA	VT1F- 1	00:30:27	00:05:30		A CORUÑA
82	687 SONIA MARÍA CARRO RIOS	VT1F- 1	00:30:28	00:05:31		A CORUÑA
83	631 MARTA MUÑOZ PÉREZ	VT2F- 2	00:30:28	00:05:31		A CORUÑA
84	868 PILAR VÁZQUEZ FEBRERO	SNF- 25	00:30:33	00:05:32		
85	948 CRISTINA CASTRO ALVAREZ	VT1F- 1	00:30:35	00:05:32	NOSPORTLIMIT	PERILLO
86	733 VERÓNICA RODRÍGUEZ RÍOS	VT1F- 2	00:30:36	00:05:32		A CORUÑA
87	846 MONTSERRAT FRAGA MARTÍNEZ	VT2F- 2	00:30:40	00:05:33		A CORUÑA
88	844 ISABEL TERESA FOLGOSO CRUZ	VT2F- 2	00:30:50	00:05:35		CULLEREDO
89	954 MÓNICA EIRAS SÁNCHEZ	VT2F- 2	00:30:52	00:05:35		A CORUÑA
90	847 PATRICIA AMENEIRO	SNF- 26	00:30:53	00:05:35		A CORUÑA
91	852 ISABEL LÓPEZ ESPINEIRA	VT1F- 2	00:30:56	00:05:36		LA CORUÑA
92	601 CARMEN CASAS PÉREZ	VT3F- 6	00:30:57	00:05:36	CLUB ATLETISMO SADA	SADA
93	581 ROCIO CAMPOS BREA	SNF- 27	00:31:09	00:05:38	ADC BOMBEIROS	A CORUÑA

94	622 VANESSA PAZ ABRUÑEDO	SNF- 28 00:31:13	00:05:39	NOSPORTLIMIT-TREK GALICIA	CAMBRE
95	637 SUSANA GOYANES MARTINEZ	VT2F- 3 00:31:20	00:05:40		A CORUÑA
96	849 PATRICIA REDONDO SILVA	VT1F- 2 00:31:27	00:05:41		CORUÑA
97	580 YASMINA BEN-HAKIM PARDIÑAS	SNF- 25 00:31:30	00:05:42	A. D. DOWNHILL	A CORUÑA
98	636 LYDIA MARTINEZ MOUTON	VT2F- 3 00:31:32	00:05:42		ARTEIXO
99	977 OLGA MARIA CASTRO BLANCO	SNF- 30 00:31:44	00:05:44		ARTEIXO
100	697 VANESSA LÓPEZ PÉREZ	SNF- 31 00:31:46	00:05:45		A CORUÑA
101	653 CHUS GÓMEZ GESTAL	VT2F- 3 00:31:50	00:05:45		CAMBRE
102	628 BLANCA ORTEGA JIMÉNEZ	SNF- 32 00:31:58	00:05:47	ZAPETRON	PIEDRABUEA
103	683 LUCHI PÉREZ GARCÍA	VT2F- 3 00:32:10	00:05:49		EL TEMPLE - CAMBRE
104	859 MARTINA CASARIN	VT1F- 2 00:32:11	00:05:49		LUGAR SOUTO DA IGLESIA 58C
105	689 BELÉN PARDO FARIÑA	VT2F- 3 00:32:17	00:05:50		A CORUÑA
106	877 MELANIE LEMA CAMBLOR	SNF- 33 00:32:20	00:05:51		LA CORUÑA
107	717 BELÉN CAMBLOR	VT2F- 3 00:32:24	00:05:52		A CORUÑA
108	703 VANESSA HERVADA LÓPEZ	SNF- 34 00:32:25	00:05:52		CORUÑA
109	670 NOELIA SEOANE PARDO	VT1F- 2 00:32:33	00:05:53		A CORUÑA
110	634 ROSA MARIA VIQUEIRA RIVAS	VT3F- 7 00:32:33	00:05:53		A CORUÑA
111	633 MA.JOSÉ FILGUEIRA HERMIDA	VT2F- 3 00:32:39	00:05:54		VALDOVIÑO
112	719 ANA CARRO ABARRATEGUI	SNF- 35 00:32:54	00:05:57		A CORUÑA
113	732 BELÉN FERREIRO GAREA	VT1F- 2 00:32:55	00:05:57		A CORUÑA
114	629 BEGOÑA SÁNCHEZ ZABALA	VT3F- 8 00:32:57	00:05:58		A CORUÑA
115	676 SORAYA VARELA BAO	VT1F- 2 00:33:04	00:05:59		A CORUÑA
116	848 MARTA GARCIA QUIJADA	VT1F- 2 00:33:08	00:06:00		A CORUÑA
117	695 LOLI RIAL CARBALLA	VT1F- 2 00:33:10	00:06:00		A CORUÑA
118	865 CAROLINA FRAGA SECO	VT1F- 2 00:33:16	00:06:01		
119	706 ANA MARIA FERNANDEZ BELLO	VT1F- 3 00:33:17	00:06:01		A CORUÑA
120	956 ALMA BLANCO PITA	VT1F- 3 00:33:18	00:06:01		LA CORUÑA
121	690 RAQUEL VÁZQUEZ SÁNCHEZ	SNF- 36 00:33:19	00:06:02		A CORUÑA
122	737 ALBA COSTA LAGOA	SNF- 37 00:33:33	00:06:04		A CORUÑA
123	723 SONIA GALLARDO GRILLE	SNF- 38 00:33:33	00:06:04		LA CORUÑA
124	616 ARANTXA ABAD PÉREZ	VT1F- 3 00:33:38	00:06:05	NOSPORTLIMIT	A CORUÑA
125	624 MARÍA MÓNICA CORTÉS PATIÑO	VT1F- 3 00:33:40	00:06:05	NSL	PERILLO
126	728 PATRICIA SUSO SANCHEZ	JNF- 7 00:33:46	00:06:06		A CORUÑA
127	640 Mª GLORIA OREIRO PAZOS	VT3F- 9 00:33:51	00:06:07		PERILLO - OLEIROS
128	602 INMA MELENDREZ TAPIA	VT2F- 3 00:34:00	00:06:09	CLUB ATLETISMO SADA	OLEIROS
129	973 VICTORIA LOPEZ PERMUY	VT2F- 3 00:34:00	00:06:09		LA CORUÑA
130	662 NURIA LAGO PALMEIRO	VT2F- 3 00:34:04	00:06:10		LA CORUÑA
131	701 LUCÍA VILA GARCÍA	VT1F- 3 00:34:06	00:06:10		A CORUÑA
132	747 MARÍA JOSÉ EIRIZ NAVEIRA	VT1F- 3 00:34:06	00:06:10		A CORUÑA
133	708 NURIA VIDAL VICENTE	VT1F- 3 00:34:09	00:06:11		A CORUÑA
134	845 MARIA RAMIL HERMIDA	VT1F- 3 00:34:14	00:06:11		CULLEREDO
135	739 LIDIA MORENO MORENO	SNF- 39 00:34:24	00:06:13		A CORUÑA
136	947 PURI LÓPEZ FIDALGO	VT3F- 1 00:34:37	00:06:16	NOSPORTLIMIT	CULLEREDO
137	680 CRISTINA FOUBELO SIMÓN	SNF- 40 00:34:42	00:06:17		A CORUÑA
138	952 MARIA DEL ROSARIO CRESPO MERELAS	VT2F- 4 00:34:43	00:06:17		A CORUÑA

139	710 KARINA LOPEZ PALLAS	SNF- 41	00:34:44	00:06:17		CERCEDA
140	716 LORENA COIRA	SNF- 42	00:34:45	00:06:17		OLEIROS, A CORUÑA
141	696 JULIA MARÍA CANDAÑEDO GAREA	SNF- 43	00:34:46	00:06:17		A CORUÑA
142	746 LAURA AGUILERA QUINTEROS	SNF- 44	00:34:49	00:06:18		A CORUÑA
143	748 ANA MARIA CORTOJAN	SNF- 45	00:34:59	00:06:20		CULLEREDO
144	648 MARY CARMEN SANMARTIN PENA	VT3F- 1	00:35:02	00:06:20		VILARRODIS - ARTEIXO
145	709 LAURA MARÍA GARCÍA CASTIÑEIRA	SNF- 46	00:35:16	00:06:23		ARTEIXO
146	726 ESTHER JIMENEZ SANCHIS	SNF- 47	00:35:17	00:06:23		A CORUÑA
147	693 ESTHER MUÑOZ AVILA	VT1F- 3	00:35:23	00:06:24		A CORUÑA
148	685 VERÓNICA MOSQUERA SILVA	VT1F- 3	00:35:27	00:06:25		A CORUÑA
149	665 PAULA MEDIN CAGIAO	VT1F- 4	00:35:30	00:06:25		LUGO
150	951 MARTA PEÑA AREA	VT2F- 4	00:35:30	00:06:25		OLEIROS
151	967 CELIA MALDONADO	VT1F- 4	00:35:37	00:06:27		LA CORUÑA
152	657 MARIA JOSE SEIJAS MARTINEZ	VT2F- 4	00:36:02	00:06:31		CULLEREDO
153	965 CRISTINA TUERO GONZÁLEZ-ZABALETA	SNF- 48	00:36:02	00:06:31		PONFERRADA
154	671 LAURA BEN CASTELAO	SNF- 49	00:36:05	00:06:32		A CORUÑA
155	960 TANIA GONZALEZ RODRIGUEZ	VT1F- 4	00:36:10	00:06:32		A CORUÑA
156	953 ANA FERREIRA GONZALEZ	VT1F- 4	00:36:10	00:06:32		A CORUÑA
157	741 MARIA ISABEL DOMINGUEZ GARCIA	VT3F- 1	00:36:15	00:06:33		LA CORUÑA
158	585 MARÍA BELÉN RAMOS MOUZO	VT2F- 4	00:36:16	00:06:34	AQA RUNNERS	CEE
159	731 BEATRIZ CARBALLO DOPAZO	VT2F- 4	00:36:44	00:06:39		SADA
160	652 IRIA FERNÁNDEZ SÁNCHEZ	VT1F- 4	00:36:47	00:06:39		A CORUÑA
161	626 ELIA NÚÑEZ OTERO	VT2F- 4	00:36:48	00:06:39	TROCHAMUNDOS	A CORUÑA
162	704 LUCIA CAMPELO PALACIOS	SNF- 50	00:36:54	00:06:40		A CORUÑA
163	614 WEI TING LIANG	SNF- 51	00:37:30	00:06:47	KURAI	PERILLO
164	858 SANDRA COTELO VARELA	VT1F- 4	00:37:41	00:06:49		A CORUÑA
165	659 SILVIA LAMAS SENRA	VT2F- 4	00:37:57	00:06:52		OSEIRO-ARTEIXO
166	715 LAURA VARELA SILVESTRE	SNF- 52	00:38:10	00:06:54		A CORUÑA
167	853 YASMINA CALVO SOUTO	SNF- 53	00:38:14	00:06:55		VILABOA
168	856 MARIA TERESA CEAN VEIGA	SNF- 54	00:38:14	00:06:55		CULLEREDO
169	682 EMMA LÓPEZ MARIÑO	VT2F- 4	00:38:27	00:06:57		A CORUÑA
170	949 MAYKA PAZÓ PÉREZ	VT2F- 4	00:38:31	00:06:58	RUNNING OLEIROS	OLEIROS
171	860 RALUCA MIHAELA POENAR	SNF- 55	00:39:39	00:07:10		A CORUÑA
172	855 ANA MARÍA SEIJAS YÁÑEZ	SNF- 56	00:39:55	00:07:13		A CORUÑA
173	694 MARTA GIL VILLARINO	VT1F- 4	00:40:43	00:07:22		CULLEREDO
174	957 CRISTINA MONTERO HERNANDEZ	VT2F- 4	00:41:03	00:07:25		CULLEREDO
175	729 MINI MARGARET MENDEZ SAMBOY	SNF- 57	00:46:16	00:08:22		ARTEIXO

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE

Juvenil-Cadete. Distancia: 2.325 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	Licencia	Club	Localidad
1	1129	ERMÍAS FERNANDEZ CASABELLA		CDTM- 1	00:07:25	GA 765427	ATLETISMO CORUÑA COMARCA	A CORUÑA
2	1127	DIEGO MARTÍNEZ RIVAS		CDTM- 2	00:07:39		ATLETISMO CORUÑA COMARCA	A CORUÑA

3	1122	DAVID FERNÁNDEZ ARGUL		CDTM- 3	00:07:41		CLUB MARINEDA ATLETICO	A CORUÑA
4	1131	MARTIN VARELA PAINCEIRA		CDTM- 4	00:07:48		CORUÑA COMARCA	A CORUÑA
5	1107	YAGO PAZOS BARBEITO		JVNM- 1	00:07:51		ATLETAS DE ACEA DE AMA	CAMBRE
6	1118	PEDRO ROMERO MARTÍNEZ		JVNM- 2	00:07:53		ATLETISMO RIAZOR CORUÑA	A CORUÑA
7	1130	TAMIRAT MEDÍN VÁZQUEZ		CDTM- 5	00:07:53		CLUB MARINEDA ATLETICO	CAMBRE
8	1104	ALEJANDRO FIEL BAÑA		JVNM- 3	00:07:57		CLUB MARINEDA ATLETICO	A CORUÑA
9	1111	NICOLAS GENS LÓPEZ		JVNM- 4	00:08:05			A CORUÑA
10	1139	IAGO JOPIA ASTRAY		CDTM- 6	00:08:12		CORUÑA COMARCA	A CORUÑA
11	1101	ISAAC RIVAS MACEIRAS		JVNM- 5	00:08:13	54152747Y	CLUB NATACION CORUÑA	A CORUÑA
12	1110	LUCAS RODRIGUEZ PASTORIZA		JVNM- 6	00:08:15		CLUB MARINEDA ATLETICO	A CORUÑA
13	1135	CRISTIAN SANTOS BUJAN		CDTM- 7	00:08:16		ATLETISMO FRIOL	FRIOL
14	1115	MANUEL SERNA VILA		JVNM- 7	00:08:17		ATLETISMO RIAZOR CORUÑA	
15	1105	ISMAEL VIÑAS MONTES DE OCA		JVNM- 8	00:08:21			ANDEIRO
16	1124	MARTÍN OITAVÉN PASCUAL		CDTM- 8	00:08:23		ATLETISMO RIAZOR CORUÑA	A CORUÑA
17	1316	ANA GARCIA VAZQUEZ	F- 1	CDTF- 1	00:08:25		ATLETISMO CARBALLO	CARBALLO
18	1109	MIGUEL ALONSO GIRON		JVNM- 9	00:08:31	SI	ATLETISMO RIAZOR CORUÑA	A CORUÑA
19	1133	ALEJANDRO RUBÍN KUSANO		CDTM- 9	00:08:34		CORUÑA COMARCA	LA CORUÑA
20	1112	JORGE RAMOS RAMOS		JVNM- 10	00:08:36			
21	1483	MARTA VILAS MARTÍNEZ	F- 2	CDTF- 2	00:08:40	AG128088 / M	ATLETISMO RIAZOR CORUÑA	A CORUÑA
22	1138	JOSÉ LUIS DIAZ LEIRA		CDTM- 10	00:08:41			
23	1128	ALEJANDRO BECERRA SUAREZ		CDTM- 11	00:08:48		CORUÑA COMARCA	A CORUÑA
24	1120	CARLOS LAMAS		JVNM- 11	00:08:50		CLUB MARINEDA ATLETICO	A CORUÑA
25	1114	IAGO PEREIRA SEIJO		JVNM- 12	00:08:58		FONTES DO SAR	TEO
26	1477	SALOME CALVIÑO HERMIDA	F- 3	JVNF- 1	00:09:03			
27	1102	PEDRO ALONSO		JVNM- 13	00:09:18			
28	1315	ALEXANDRA MIRA VALES	F- 4	JVNF- 2	00:09:19		ATLETISMO CORUÑA COMARCA	
29	1119	PABLOS SUÁREZ SUCUNZA		JVNM- 14	00:09:22		CLUB MARINEDA ATLETICO	A CORUÑA
30	1307	ANDREA CANCELA MARTINEZ	F- 5	JVNF- 3	00:09:26		ATLETICA A SILVA	CERCEDA
31	1125	MARTÍN ALONSO PÉREZ		CDTM- 12	00:09:31		ATLETISMO RIAZOR CORUÑA	CAMBRE
32	1106	ÓSCAR LORENZO FRAILE		JVNM- 15	00:09:33		CLUB ATLETISMO SADA	SADA
33	1314	CLARA ARNAIZ ALVAREZ	F- 6	JVNF- 4	00:09:33		CLUB ATLETISMO SADA	OLEIROS
34	1121	MARIO LÓPEZ CEA		CDTM- 13	00:09:33		CLUB ATLETISMO SADA	OLEIROS
35	1116	SERGIO PRADO SANCHEZ		JVNM- 16	00:09:46			
36	1117	LUIS NUÑEZ LOSADA		JVNM- 17	00:09:53			
37	1321	VALERIA LATA LESTON	F- 7	CDTF- 3	00:09:55			
38	1103	JORGE GARCIA PARADELA		JVNM- 18	00:10:08			SADA
39	1311	MARÍA GAREA BARBEITO	F- 8	JVNF- 5	00:10:08		CLUB ATLETISMO SADA	BERGONDO
40	1476	ALBA MENDEZ DUMONT	F- 9	CDTF- 4	00:10:38			
41	1309	AITANA MIRAS RODRIGUEZ	F- 10	JVNF- 6	00:11:02		CLUB SALVAMENTO SADA	SADA
42	1323	MARTA GARCIA MARTINEZ	F- 11	CDTF- 5	00:11:08			
43	1312	VANESA FUENTES REGUEIRO	F- 12	JVNF- 7	00:11:13			A CORUÑA
44	1310	ELENA COTELO GARCÍA	F- 13	JVNF- 8	00:11:13		CLUB MARINEDA ATLETICO	A CORUÑA
45	1313	MARÍA SEXTO PÉREZ	F- 14	JVNF- 9	00:11:33		CLUB DE ATLETISMO CORUÑA COMARCA	A CORUÑA
46	1325	LUCIA GARCÍA ASTRAY	F- 15	CDTF- 6	00:11:42			
47	1320	ANGELES ARES FILLOY	F- 16	CDTF- 7	00:11:43		CLUB ATLETISMO SADA	OLEIROS

48	1305	IRIA HERBON PAZOS	F- 17	JVNF- 10	00:13:34		EL TEMPLE-CAMBRE
49	1308	SARA GARCIA PAPIN	F- 18	JVNF- 11	00:13:35	CLUB ATLETISMO SADA	CAMBRE

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE

Infantil. Distancia: 1.600 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	Licencia	Club	Localidad
1	1142	TOMÁS LÓPEZ VIZCAÍNO		INFM- 1	00:05:57		CLUB ATLETISMO SADA	OLEIROS
2	1148	ALEJANDRO MANUEL FERREIRA MELENDREZ		INFM- 2	00:05:58		CLUB ATLETISMO SADA	OLEIROS
3	1151	MIGUEL E. LATAS CHICO		INFM- 3	00:05:58		CAS	BERGONDO
4	1140	DANIEL BARCIA RAMA		INFM- 4	00:05:58		RUNNING OLEIROS	TEMPLE-CAMBRE
5	1143	MARIO GARCIA PAPIN		INFM- 5	00:06:05	AG 766131	CLUB ATLETISMO SADA	CAMBRE
6	1164	JAVIER GALÁN MÉNDEZ		INFM- 6	00:06:13	AG2018639	CLUB ATLETISMO SADA	A CORUÑA
7	1152	BRUNO SALIDO JOVE		INFM- 7	00:06:14			
8	1169	IVAN MAROÑO PASCALIN		INFM- 8	00:06:22		COMPAÑIA DE MARIA	A CORUÑA
9	1341	ANDREA LOPEZ LOPEZ	F- 1	INFF- 1	00:06:27			CEDEIRA
10	1145	MIGUEL MARTINEZ POSE		INFM- 9	00:06:28		MARINEDA ATLETICO	
11	1346	SALMA BARRÓS VIGO	F- 2	INFF- 2	00:06:34		RIAZOR CORUÑA	
12	1156	MIGUEL VARELA PAINCEIRA		INFM- 10	00:06:39		CORUÑA COMARCA	A CORUÑA
13	1158	JUAN VILAS GONZALEZ		INFM- 11	00:06:39		RUNNING OLEIROS	
14	1334	LUCÍA CONDE TEJIDO	F- 3	INFF- 3	00:06:44			
15	1162	ANDRES GARCIA VAZQUEZ		INFM- 12	00:06:45		ATLETISMO CARBALLO	CARBALLO
16	1345	NOELIA CASTRO REY	F- 4	INFF- 4	00:06:47		ATLETISMO MILLARAIO	SANTIAGO DE COMPOSTELA
17	1344	NOA MIRANTES SANTOS	F- 5	INFF- 5	00:06:47		MARINEDA ATLETICO	A CORUÑA
18	1149	HUGO REINLEIN GARCÍA		INFM- 13	00:06:49		CLUB ATLETISMO SADA	
19	1338	LUCIA VAZQUEZ HERMIDA	F- 6	INFF- 6	00:06:49		MARINEDA ATLETICO	A CORUNA
20	1330	LAURA VALLES BARBEITO	F- 7	INFF- 7	00:06:50		ATLÉTICO MARINEDA	
21	1359	LUCÍA ACEBRÁS SUÁREZ	F- 8	INFF- 8	00:06:53		CLUB ATLETISMO SADA	PERILLO (SANTA LEOCADIA)
22	1141	HUGO VAZQUEZ PEREZ		INFM- 14	00:06:54		MARINEDA	
23	1327	AITANA GUERRA VAZQUEZ	F- 9	INFF- 9	00:06:58		CLUB ATLETISMO SADA	O BURGO
24	1353	LUCIA NISTAL PALACIOS	F- 10	INFF- 10	00:07:01			LA CORUÑA
25	1329	ALBA MÍGUEZ FERNÁNDEZ	F- 11	INFF- 11	00:07:13		CLUB ATLETISMO SADA	SADA
26	1358	LUCIA BARCIA RAMA	F- 12	INFF- 12	00:07:32		RUNNING OLEIROS	EL TEMPLE-CAMBRE
27	1356	LAURA MATO DE LA IGLESIA	F- 13	INFF- 13	00:07:35		RIAZOR CORUÑA	
28	1336	PALOMA LOPEZ GIRONES	F- 14	INFF- 14	00:07:37			A CORUÑA
29	1337	AINARA FERNÁNDEZ LOPEZ	F- 15	INFF- 15	00:07:42		MARINEDA ATLÉTICO	
30	1350	IRIA REY SANCHEZ	F- 16	INFF- 16	00:07:42		MARINEDA ATLETICO	
31	1154	ABEL BODELÓN SANTAMARÍA		INFM- 15	00:07:43			A CORUÑA
32	1340	LOLA CANCELO SUAREZ	F- 17	INFF- 17	00:07:44		MARINEDA ATLETICO	
33	1339	MARINA HERBON PAZOS	F- 18	INFF- 18	00:07:46			
34	1153	HUGO VÁZQUEZ VÁZQUEZ		INFM- 16	00:07:59	HVV061203	ATLETISMO RIAZOR CORUÑA	A CORUÑA
35	1150	SERGIO BARBEITO GARCIA		INFM- 17	00:08:01			
36	1355	MARIA OURENS ANODO	F- 19	INFF- 19	00:08:09		CLUB ATLETISMO SADA	
37	1349	CARLA SÁNCHEZ VEIGA	F- 20	INFF- 20	00:08:09		RIAZOR CORUÑA	

38	1332 SARA CARME SANTOS CÀCERES	F- 21	INFF- 21	00:08:11	MARINEDA ATLÉTICO
39	1147 MARCO PÉREZ GONZÁLEZ		INFM- 18	00:08:20	MARINEDA ATLÉTICO
40	1331 CRISTINA RAMOS VIZOSO	F- 22	INFF- 22	00:08:37	MARINEDA
41	1328 MARÍA FONTÁN ROCA	F- 23	INFF- 23	00:08:49	COLEGIO MONTESPIÑO
42	1163 SAMUEL DOMINGUEZ FRANCOS		INFM- 19	00:09:01	

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE

Alevín Masculino. Distancia: 800 m

ALV ALEVIN Inscritos:		65 Llegados:		45		
PtoC	Dorsal	Nombre	T_Final RitmoKm	PasoContr: Licencia	Club	Localidad
1	1192	SERGIO SOTO MANTEIGA	00:02: 00:03:37	0:01:24	A.D.FOGAR	CAMBRE
2	1226	NACHO MAROÑO PASCALIN	00:02: 00:03:39	0:01:24	COMPAÑIA DE MARIA	A CORUÑA
3	1202	SAMUEL FRAGA RIOS	00:03: 00:03:53	0:01:32	CLUB ATLETISMO SADA	
4	1208	TOMAS POMBO ALVAREZ	00:03: 00:03:56	0:01:27		
5	1189	RAFAEL BALSEIRO COUCEIRO	00:03: 00:03:58	0:01:30	CLUB ATLETISMO SADA	OLEIROS
6	1174	MARTÍN PÉREZ LOIS	00:03: 00:03:59	0:01:33	RIAZOR ATLETISMO	
7	1177	ALEJANDRO FONTÁN ROCA	00:03: 00:04:00	0:01:30		
8	1176	MARIO CASTRO FERNANDEZ	00:03: 00:04:04	0:01:32		
9	1230	MARTIN MACIEL MONTERO	00:03: 00:04:05	0:01:34	ATLETISMO RIAZOR	
10	1210	JUANFRAN PAZOS SEOANE	00:03: 00:04:06	0:01:32		
11	1187	JACOBO LATAS CHICO	00:03: 00:04:07	0:01:38	CAS	BERGONDO
12	1173	HUGO DOPAZO MARTA	00:03: 00:04:07	0:01:38	MARINEDA ATLETICO	
13	1204	DARÍO AMBITE SANTANA	00:03: 00:04:09	0:01:29	RUNNING OLEIROS	
14	1217	IAGO LÓPEZ MOLINELLI	00:03: 00:04:10	0:01:34	RIAZOR	
15	1182	XOEL CALVO SEJO	00:03: 00:04:11	0:01:37		
16	1203	PEDRO SALIDO JOVE	00:03: 00:04:12	0:01:39		
17	1188	DIEGO LORENZO CACHARRÓN	00:03: 00:04:12	0:01:36		A CORUÑA
18	1234	ANTON LOPEZ FUENTES	00:03: 00:04:14	0:01:38		
19	1196	ABENU VALDES PAZOS	00:03: 00:04:14	0:01:38	CLUB ATLETISMO SADA	SADA
20	1175	ANXO LORENZO CASTRO	00:03: 00:04:17	0:01:42	MARINEDA ATLÉTICO	
21	1220	CARLOS JIMENEZ PONCE	00:03: 00:04:18	0:01:34		
22	1199	HUGO GÓMEZ ARIAS	00:03: 00:04:19	0:01:40		
23	1215	JAVIER ÁLVAREZ BENEYTO	00:03: 00:04:24	0:01:40		LA CORUÑA
24	1185	JORGE VAZQUEZ PEREZ	00:03: 00:04:26	0:01:40	MARINEDA	
25	1180	HUGO MARIÑO VÁZQUEZ	00:03: 00:04:26	0:01:43		
26	1195	MATEO GARCIA CAEIRO	00:03: 00:04:27	0:01:44		
27	1190	SIMÓN LAGO HERMIDA	00:03: 00:04:27	0:01:37	MARINEDA ATLÉTICO	
28	1213	ADRIAN NOVO ALVAREZ	00:03: 00:04:32	0:01:42	MARINEDA ATLÉTICO	
29	1207	GONZALO GÓMEZ BLANCO	00:03: 00:04:35	0:01:46		
30	1216	VÍCTOR MARTÍN GARCÍA	00:03: 00:04:37	0:01:44		
31	1232	FERNANDO GONZALEZ OTERO	00:03: 00:04:38	0:01:41	COMPAÑIA DE MARIA	LA CORUÑA
32	1235	IAGO BECEIRO	00:03: 00:04:40	0:01:45		
33	1236	YAGO CERNADAS COTELO	00:03: 00:04:41	0:01:46	MARINEDA ATLETICO	

34	1172	HÉCTOR LÓPEZ ALFONSO	00:03:00	00:04:41	0:01:47		A CORUÑA
35	1178	JAVIER CANCELA RIOS	00:03:00	00:04:45	0:01:45		A CORUÑA
36	1191	XOEL LAGO HERMIDA	00:03:00	00:04:45	0:01:45	MARINEDA ATLÉTICO	
37	1186	ALVARO GARCIA FUENTES	00:03:00	00:04:48	0:01:40		
38	1227	MANUEL BALDO COMELLAS	00:03:00	00:04:52	0:01:46	COMPAÑIA DE MARIA	
39	1184	NICOLÁS BARRO RIVEIRO	00:03:00	00:04:57	0:01:48		A CORUÑA
40	1209	JAVIER PAZOS PÉREZ	00:03:00	00:04:59	0:01:48		
41	1179	SAMUEL SUMAY MIGUEZ	00:04:00	00:05:02	0:01:51	MARINEDA	A CORUÑA
42	1229	ÁLVARO VARELA PORTAS	00:04:00	00:05:04	0:01:58	CLUB COMPAÑÍA DE MARÍA	A CORUÑA
43	1206	IKER LODEIRO PÉREZ	00:04:00	00:05:05	0:01:54	XANELA CORRE	A CORUÑA
44	1194	MATEO SUÁREZ LÓPEZ	00:04:00	00:05:05	0:01:53		
45	1219	HÉCTOR BOEDO PENA	00:05:00	00:06:24	0:02:19		

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE

Alevín Femenino. Distancia: 800 m

ALV ALEVIN Inscritos:

46 Llegados:

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PtoC	Dorsal	Nombre	T_Final	RitmoKm	PasoContr:	Licencia	Club	Localidad
1	1394	SUSANA AMOR CASTRO	00:03:00	00:03:55	0:01:30		CLUB ATLETISMO SADA	A CORUÑA
2	1370	INES VAZQUEZ SANCHEZ	00:03:00	00:03:59	0:01:30			
3	1376	SOFÍA GÓMEZ RODRÍGUEZ	00:03:00	00:04:00	0:01:33			A CORUÑA
4	1391	AREA BARBEITO PAPIN	00:03:00	00:04:07	0:01:34		CLUB ATLETISMO SADA	
5	1402	MARÍA FILGUEIRAS BARCENILLA	00:03:00	00:04:08	0:01:34			
6	1364	YENI BEATRIZ BORDÓN MALDONADO	00:03:00	00:04:17	0:01:32		CORUÑA COMARCA	LA CORUÑA
7	1400	SOFÍA SÁNCHEZ GESTO	00:03:00	00:04:17	0:01:41		COMPAÑIA DE MARÍA	
8	1363	ALICIA LÓPEZ JUÁREZ	00:03:00	00:04:18	0:01:34			
9	1371	HELENA FERNANDEZ GARCIA	00:03:00	00:04:20	0:01:36		CLUB ATLETISMO SADA	A CORUÑA
10	1378	AYNALEM PARCERO PRIETO	00:03:00	00:04:21	0:01:31			
11	1362	ANTIA SALGADO SANCLAUDIO	00:03:00	00:04:27	0:01:49		XANELA CORUÑA	A CORUÑA
12	1360	LUCIA PEREZ RODRIGUEZ	00:03:00	00:04:29	0:01:41		RIAZOR CORUÑA	A CORUÑA
13	1372	MARIA TEBA POUSO	00:03:00	00:04:38	0:01:51		XANELA CORUÑA	A CORUÑA
14	1382	NORA KHIDROUN MELÉNDREZ	00:03:00	00:04:38	0:01:50		CAS	
15	1405	LAURA RODRÍGUEZ FERNÁNDEZ	00:03:00	00:04:42	0:01:40		OSEIRA	
16	1397	EVA CASADO NÚÑEZ	00:03:00	00:04:42	0:01:51		AMPA XANELA	A CORUÑA
17	1366	RAQUEL MADRID MENO	00:03:00	00:04:42	0:01:53		MARINEDA	
18	1389	SABELA SENRA LOPEZ	00:03:00	00:04:43	0:01:52			
19	1375	LUCIA LEMA CORRAL	00:03:00	00:04:51	0:01:57			
20	1387	PAULA LOPEZ VILLAR	00:03:00	00:04:55	0:01:57			
21	1373	LIDIA BODELÓN SANTAMARÍA	00:03:00	00:04:58	0:01:58			A CORUÑA
22	1384	ANA GARCÍA MARTINEZ	00:03:00	00:04:58	0:01:55			
23	1386	MARTA GALIÑANES LAGE	00:04:00	00:05:00	0:01:47		COMPAÑIA DE MARIA	LA CORUÑA
24	1385	ALICIA CONSTELA CONCHA	00:04:00	00:05:03	0:01:52		SEROCIO	
25	1404	EMMA SUMAY MIGUEZ	00:04:00	00:05:06	0:01:53		MARINEDA	A CORUÑA
26	1381	ANTÍA VALDÉS LÓPEZ	00:04:00	00:05:11	0:02:01			

27	1367	ERIK SILVA PENSADO	00:04:00:05:11	0:01:57	
28	1369	LUCÍA MARTÍNEZ PRIETO	00:04:00:05:21	0:02:02	
29	1374	ELVIRA BALTAR POUSA	00:04:00:05:31	0:02:05	
30	1399	LAURA REGUEIRO PEREZ	00:04:00:05:31	0:01:56	
31	1392	NOA ROIBÁS BUJÁN	00:04:00:05:38	0:02:06	
32	1401	CLAUDIA GALÁN PENA	00:04:00:05:44	0:02:13	
33	1383	AROA ORBE SAINZ	00:04:00:05:45	0:02:15	XANELA CORUÑA
34	1396	IRENE GARCIA REMO	00:04:00:05:45	0:02:13	SEROCIO
35	1361	SARA SALGADO SANCLAUDIO	00:04:00:05:59	0:02:15	XANELA CORRE
36	1368	SARA TEJEIRA PEREIRA	00:04:00:05:59	0:02:15	XANELA CORUÑA

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE, A Coruña 13/12/2015

Benjamin Masculino. Distancia: 800 m

BNJI BENJAI Inscritos:

69 Llegados:

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PtoC	Dorsal	Nombre	T_Final RitmoKm	PasoContri: Licencia	Club	Localidad
1	1238	DANIEL SALGUEIRO UCEIRA	00:02:00:03:43	0:01:22	CORUÑA COMARCA	A CORUÑA
2	1239	MANUEL SOUTO RAMOS	00:03:00:03:56	0:01:29		CARRAL
3	1297	PAULO RIVAS TORRES	00:03:00:04:13	0:01:35	CORUÑA COMARCA	
4	1303	IKER LAVANDEIRA RODRÍGUEZ	00:03:00:04:16	0:01:37		A CORUÑA
5	1259	FERNANDO LÓPEZ SALORIO	00:03:00:04:17	0:01:39		A CORUÑA
6	1482	MARCOS GALÁN MÉNDEZ	00:03:00:04:19	0:01:34	CLUB ATLETISMO SADA	A CORUÑA
7	1249	NICOLÁS SEOANE SÁNCHEZ	00:03:00:04:20	0:01:40		A CORUÑA
8	1244	IAGO PRADA MAROÑO	00:03:00:04:21	0:01:44	COMPAÑÍA DE MARIA	A CORUÑA
9	1246	MARKEL IBINARRIAGA BARBA	00:03:00:04:24	0:01:34		
10	1245	DAVID FIGUEROA GEIJO	00:03:00:04:25	0:01:44	CLUB COMPAÑÍA DE MARÍA	A CORUÑA
11	1262	DIEGO GRACIA GÓMEZ	00:03:00:04:27	0:01:44		A CORUÑA
12	1286	GALDER AYERBE CASABELLA	00:03:00:04:28	0:01:39	COMARCA CORUÑA	
13	1248	LUCAS HUERTAS GANDOY	00:03:00:04:30	0:01:44	MARINEDA ATLETICO	
14	1272	JORGE GONZALEZ LOPEZ	00:03:00:04:32	0:01:48	CORUÑA COMARCA	
15	1237	ENRIQUE SERANTES BLANCO	00:03:00:04:34	0:01:41		
16	1277	HUGO BLANCO VAZQUEZ	00:03:00:04:34	0:01:46		
17	1251	PABLO CASTIÑEIRA	00:03:00:04:35	0:01:45		A CORUÑA
18	1263	XIAN QUINTELA VALCARCEL	00:03:00:04:35	0:01:41		CASTRO - VILABOA - CULLEREDO
19	1279	MARTIN TOJEIRO RAMOS	00:03:00:04:38	0:01:44	ATLETISMO CORUÑA COMARCA	A CORUÑA
20	1270	IGNACIO VILELA NÚÑEZ	00:03:00:04:39	0:01:49	MARINEDA ATLÉTICO	
21	1247	LEO LAVANDEIRA RODRIGUEZ	00:03:00:04:43	0:01:51		A CORUÑA
22	1288	MANUEL MONTERO BOEDO	00:03:00:04:43	0:01:46		
23	1280	MATEO VARELA VARELA	00:03:00:04:43	0:01:46		
24	1271	NICOLÁS ALFONSO LÓPEZ LÓPEZ	00:03:00:04:46	0:01:49	MAISTROTE	OLEIROS
25	1282	MANUEL VAZQUEZ LOPEZ	00:03:00:04:46	0:01:43	MARINEDA	
26	1250	IÑIGO FERNANDEZ-PEITEADO ECHEVERRIA	00:03:00:04:47	0:01:52	COMPAÑÍA DE MARIA	
27	1260	DIEGO PEREIRO MARTÍNEZ	00:03:00:04:49	0:01:57		
28	1300	ALEJANDRO PEREIRA CARUNCHO	00:03:00:04:51	0:01:51		

29	1296	ADRIAN ZAS PEREZ	00:03:00	00:04:52	0:01:49	MARINEDA	
30	1252	BRAIS PALLAS RUBIDO	00:03:00	00:04:58	0:01:48		A CORUÑA
31	1299	ÁNGEL SÁNCHEZ LANDEIRA	00:03:00	00:04:58	0:01:49		
32	1254	RUBEN SANCHEZ RICO	00:04:00	00:05:02	0:01:50		
33	1269	BROGÁN FERNÁNDEZ RODRÍGUEZ	00:04:00	00:05:03	0:01:55	ARTEIXO	ARTEIXO
34	1289	ANXO FERNANDEZ GARCÍA	00:04:00	00:05:05	0:02:00		
35	1298	SERGIO VIEJO PIÑEIRO	00:04:00	00:05:06	0:01:51		
36	1301	OSCAR CONSTELA CONCHA	00:04:00	00:05:12	0:01:52	SEROCIO	
37	1268	SEBASTIÁN BASCOY RENTERÍA	00:04:00	00:05:15	0:01:48		
38	1256	DIEGO DOPAZO MARTA	00:04:00	00:05:17	0:02:01	MARINEDA ATLETICO	
39	1281	RAUL LOPEZ VILLAR	00:04:00	00:05:17	0:01:50		
40	1274	ÍKER RODRÍGUEZ EIRIZ	00:04:00	00:05:21	0:02:00		
41	1302	DAVID HERNANDO ALVARIÑAS	00:04:00	00:05:23	0:02:03		
42	1255	DANIEL BALTAR POUSA	00:04:00	00:05:30	0:02:00		
43	1290	MARTIN ULLOA LEON	00:04:00	00:05:31	0:02:04		
44	1257	XIAO RUBIDO PEREZ	00:04:00	00:05:32	0:01:59		
45	1285	DANIEL AMBITE SANTANA	00:04:00	00:05:32	0:02:08	RUNNING OLEIROS	
46	1258	JOSÉ JAUREGUI AMIGO	00:04:00	00:05:34	0:02:05		
47	1275	HUGO BELLO CASÁS	00:04:00	00:05:46	0:01:48		
48	1241	FRANCISCO BLANCO LEMA	00:04:00	00:05:51	0:01:57		
49	1291	ANTON ROCHA RODRIGUEZ	00:04:00	00:05:52	0:02:08		

V CARRERA POPULAR NOVO MESOIRO MEMORIAL IVÁN ROCHA FREIRE

Benjamin Femenino. Distancia: 800 m

BNJI BENJAI Inscritos:

		70 Llegados:		50			
PtoC	Dorsal	Nombre	T_Final	RitmoKm	PasoContri	Licencia	Localidad
1	1417	ROCIO GARCIA DOMENECH	00:03:00	00:04:09	0:01:31	MARINEDA	
2	1423	CARLOTA FONTENLA PÉREZ	00:03:00	00:04:12	0:01:32		CAMBRE
3	1416	ADRIANA GAGO CEBRIAN	00:03:00	00:04:16	0:01:32	CLUB ATLETISMO RIAZOR	LA CORUÑA
4	1413	PAULA VAZQUEZ HERMIDA	00:03:00	00:04:21	0:01:35	MARINEDA ATLETICO	
5	1470	ALBA PEÑA SOTO	00:03:00	00:04:28	0:01:42	C. A. NARON	
6	1421	ALBA BARALLOBRE NAVEIRAS	00:03:00	00:04:30	0:01:33	ATLETISMO RIAZOR	LA CORUÑA
7	1406	SANDRA ABELEDO ULLA	00:03:00	00:04:34	0:01:41	MARINEDA ATLETICO	
8	1453	IRENE SERANTES RODRIGUEZ	00:03:00	00:04:36	0:01:38	MARINEDA ATLETICO	
9	1415	STELA FRAGA RIOS	00:03:00	00:04:36	0:01:40	CLUB ATLETISMO SADA	
10	1436	TERRY FERNÁNDEZ NAYLOR	00:03:00	00:04:42	0:01:41		A CORUÑA
11	1443	ICIA ARES BETANZOS	00:03:00	00:04:50	0:01:44	ATLETICA A SILVA	
12	1425	CARME LÓPEZ LÓPEZ	00:03:00	00:04:51	0:01:55		CEDEIRA
13	1434	MARIÑA NISTAL PALACIOS	00:03:00	00:04:55	0:01:44		LA CORUÑA
14	1444	CELIA PUENTE GONZÁLEZ	00:03:00	00:04:57	0:01:46	MARINEDA ATLÉTICO	
15	1409	ANTIA CALVIÑO SEANE	00:04:00	00:05:00	0:01:56		
16	1432	MARIA MENÉNDEZ LOURO	00:04:00	00:05:00	0:01:49	COMPAÑIA DE MARIA	
17	1412	PAULA CAMBEIRO RIAL	00:04:00	00:05:00	0:01:42		

18	1441	ANTÍA MONTEAGUDO BLANCO	00:04:00	00:05:06	0:01:56		
19	1460	RAQUEL DE SANTIAGO GRUEIRO	00:04:00	00:05:08	0:01:53	RUNNING OLEIROS	
20	1458	ALBA CASTRO CAÑETE	00:04:00	00:05:11	0:01:48	RIAZOR ATLETISMO	
21	1419	SABELA GARCÍA LÓPEZ	00:04:00	00:05:12	0:01:59		A CORUÑA
22	1410	VICTORIA TABOADA OTERO	00:04:00	00:05:15	0:02:06		
23	1414	JIMENA AREA PÉREZ	00:04:00	00:05:18	0:01:54		
24	1446	SILVIA SERRANO NUÑEZ	00:04:00	00:05:20	0:02:01	CLUB ATLETISMO RIAZOR	A CORUÑA
25	1440	NEREA MONTEAGUDO BLANCO	00:04:00	00:05:21	0:01:54		
26	1471	ANDREA FERNANDEZ AÑON	00:04:00	00:05:21	0:01:57		
27	1449	ENYA SANCHEZ MUÑOZ	00:04:00	00:05:22	0:01:50	CORUÑA COMARCA	A CORUÑA
28	1408	AROA DAPORTA AMADO	00:04:00	00:05:25	0:02:09		A CORUÑA
29	1463	ALBA ASENSIO BENITO	00:04:00	00:05:28	0:01:59		
30	1430	VERA DOMINGUEZ FRANCOS	00:04:00	00:05:36	0:02:04		
31	1435	CARLA ESTRAVIZ LOPEZ	00:04:00	00:05:37	0:02:01		CULLEREDO
32	1469	AINHOA MARTA LEMA	00:04:00	00:05:39	0:01:58		NOVO MESOIRO
33	1445	ALBA FERNÁNDEZ GESTAL	00:04:00	00:05:44	0:02:16		A CORUÑA
34	1450	ANTIA MARTINEZ MUÑOZ	00:04:00	00:05:47	0:01:58		A CORUÑA
35	1433	GABRIELLA GRILLE CASTELO	00:04:00	00:05:51	0:02:10		
36	1462	ALEJANDRA RODRÍGUEZ CANO	00:04:00	00:05:54	0:02:19		CAMBRE (EL TEMPLE)
37	1411	ISABEL VILAS GONZALEZ	00:04:00	00:05:54	0:02:03	RUNNING OLEIROS	
38	1452	SOFIA LOPEZ BLANCO	00:04:00	00:05:56	0:02:13		
39	1448	NOA LÓPEZ VÁZQUEZ	00:04:00	00:05:59	0:02:11		
40	1424	MARA NUÑEZ SANCHEZ	00:04:00	00:06:00	0:02:11		
41	1472	LAURA ROMERO HERRERO-RINCÓN	00:04:00	00:06:05	0:02:13		
42	1438	CARMEN VARELA FERREIRO	00:04:00	00:06:08	0:02:21		
43	1457	NOELA SEOANE PELETEIRO	00:04:00	00:06:09	0:02:18		
44	1473	SARA ROMERO HERRERO-RINCÓN	00:04:00	00:06:11	0:02:15		
45	1456	ESTELA RODRIGUEZ RIVERA	00:05:00	00:06:14	0:02:22	ATHLETIC CORUÑA HOCKEY	
46	1439	ANTIA REY FELPETO	00:05:00	00:06:19	0:02:27		CELAS-CULLEREDO
47	1465	ALBA LIMIA BORRAZAS	00:05:00	00:06:26	0:02:27		A CORUÑA
48	1422	AMALIA GARCIA BLANCO	00:05:00	00:06:27	0:02:25		A CORUÑA
49	1427	CLARA GARCIA FELPETO	00:05:00	00:06:45	0:02:26		
50	1461	ADRIANA SALGADO	00:06:00	00:07:33	0:02:34		