

II Media Maratón de O Carballiño



O Carballiño, 16 de Marzo de 2014
 Organiza: FER3494 CARBALLIÑO
 Cronometra: CRONOTEC
 Sistema: CRONOMACH
 Clasificaciones: www.cronotec.es

Clasificación General

Conjunta

Carrera 0

21,10 Km.

Pos.	Dor.	Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
1		130	Bargiela Araujo, Daniel	Bikila	36-45M	1	00:19	23:29	48:38	1:12:25
2		60 AG76893	Silva Crespo, Jorge	C.OURENSE A.	18-35M	1	00:19	24:13	50:37	1:15:52
3		478 AG76632	Amoedo Gimenez, Antón	As. Deportiva C.A.R.	36-45M	2	00:20	24:20	51:53	1:17:47
4		403 AG 6807	Barros Gonzalez, Abel	C.+9 Moraña	36-45M	3	00:20	24:27	51:54	1:18:02
5		58	Novo Vaiga, Luis Alfonso	A.Boimorto	18-35M	2	00:34	24:33	51:52	1:18:05
6		55	Carou Carril, Alberto	C.A.Bertamirans	18-35M	3	00:19	24:24	51:52	1:18:15
7		38	Nodar Jiménez, Manuel	C.C.Pedro Nimo	18-35M	4	00:19	24:40	52:21	1:18:34
8		25	Pedrero López, Guillermo	As. Deportiva C.A.R.	18-35M	5	00:19	26:42	53:37	1:20:02
9		175	Rodríguez Lopez, Gonzalo	As. Deportiva C.A.R.	36-45M	4	00:19	26:42	53:39	1:20:53
10		30	Negro Rodríguez, Diego	Atenas Running VDA	18-35M	6	00:21	27:34	54:50	1:21:09
11		89	Groba Bargiela, Marcos	Taninos Runners Pont.	36-45M	5	00:20	27:18	54:17	1:21:14
12		98	Figueroa Fernández, Jesús	As. Deportiva C.A.R.	36-45M	6	00:20	26:49	54:01	1:21:24
13		259 AG76629	Goy Gomez, Eduardo	As. Deportiva C.A.R.	36-45M	7	00:20	26:49	54:01	1:21:29
14		75 53536099	Peláez Gancedo, Fran	C.Alpino Ourense	36-45M	8	00:20	27:18	54:38	1:21:36
15		141 AG 76368	Garcia Gonzalez, Santiago	Burgas Ourense A.	36-45M	9	00:22	26:49	54:02	1:21:39
16		54 AG 76631	Cao Perez, Alberto	C.+9 Moraña	18-35M	7	00:21	27:31	55:07	1:21:44
17		308	Iglesias Araujo, Jose Manuel	Korpore Carballiño	46-50M	1	00:19	26:46	54:02	1:21:45
18		150 a-9509	Ramos Ferrol, Arturo	C.A.Milladoiro	36-45M	10	00:21	27:29	54:56	1:22:02
19		18 768077	Agrafojo Manteiga, Domingo	C.C.Pedro Nimo	18-35M	8	00:20	27:06	54:32	1:22:13
20		112	Suárez Vazquez, Jacobo	Atenas Running VDA	36-45M	11	00:22	27:58	55:29	1:22:20
21		121 AG 76361	Andrés Fidalgo, Alán	Esprintes Ourense	36-45M	12	00:20	28:01	55:33	1:23:04
22		177	Estevez Garcia, Manuel Enrique	Seguros Bilbao- A Canuda	36-45M	13	00:18	28:00	55:28	1:23:14
23		268	Bernardez Macia, Santiago	Campestre R.C.	36-45M	14	00:29	28:22	55:36	1:23:17
24		312 AG 76410	Paz González, Juan Carlos	Seguros Bilbao- A Canuda	46-50M	2	00:20	28:01	55:58	1:23:56
25		153	Calvo Fernández, José Rubén	Os Afiadores Ourense	36-45M	15	00:25	28:01	55:46	1:23:56
26		73	Buján Barral, César	Atenas Running VDA	36-45M	16	00:22	27:58	55:47	1:24:17

Clasificación General**Conjunta****Carrera 0****21,10 Km.**

Pos.	Dor.	Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
27	505	AG-6766E	Suárez Leis, Jose	A.Boimorto	46-50M	3	00:21	27:36	55:29	1:24:26
28	110		Rodas Cambeiro, Jose Manuel	Ximnasio Coliseum	36-45M	17	00:26	28:31	56:08	1:24:35
29	571		Morenza doforno, Germán	C.D.Pinarium	51-55M	1	00:20	28:00	55:59	1:24:46
30	208		Feijoo Loureiro, Pablo	Veteranos de Ourense	36-45M	18	00:21	27:59	56:30	1:24:49
31	64		Garcia Garcia, Oscar	Independiente	18-35M	9	00:25	28:01	56:11	1:25:19
32	189		Barcala Mora, Víctor	Independiente	36-45M	19	00:23	28:03	56:22	1:25:27
33	607		Quiroga Fernández, Manuel	Independiente	51-55M	2	00:22	28:21	56:42	1:25:31
34	124		Iglesias Cabaleiro, Alberto	As. Deportiva C.A.R.	36-45M	20	00:24	27:43	56:10	1:25:35
35	568		Teixeira Vilela, Fernando Eduard	C.E. MILLENNIUM BCP	51-55M	3	00:22	27:40	56:29	1:25:48
36	56		Bello Ferreiros, Angel	C.C.Pedro Nimo	18-35M	10	00:21	28:00	56:33	1:25:53
37	608		Rey Castro, Ricardo	Independiente	51-55M	4	00:22	28:45	57:29	1:26:04
38	508		Gonzalez Freire, Mario	Independiente	46-50M	4	00:31	29:28	58:04	1:26:14
39	184		Rey Jácome, Vicente	Independiente	36-45M	21	00:23	28:07	56:19	1:26:23
40	192		Perez Rodriguez, Nacho	Independiente	36-45M	22	00:23	29:11	58:02	1:26:30
41	199		Selas Martinez, Miguel Angel	Independiente	36-45M	23	00:23	29:10	58:01	1:26:30
42	206	AG76624I	Cachaldora Sanchez, Jose Manu	Veteranos de Ourense	36-45M	24	00:23	29:10	58:05	1:26:47
43	205		Pintado Costa, Juan Manuel	C.A.Cambados	36-45M	25	00:24	28:35	57:55	1:26:49
44	107		Rey Padin, Francisco J.	Atenas Running VDA	36-45M	26	00:22	28:35	57:59	1:26:50
45	161	AG-7673C	Novoa Cid, Jose Luis	Os Afiadores Ourense	36-45M	27	00:22	28:43	57:39	1:26:53
46	104	AG-1108E	Mendez Quintela, Francisco M.	Noitebra	36-45M	28	00:24	29:11	58:06	1:26:54
47	380	6578	Gonzalez Reino, Carlos	A.Noia	46-50M	5	00:24	28:50	58:05	1:26:55
48	555	AG 76367	Feixóo Mirón, Xoán Carlos	Veteranos de Ourense	46-50M	6	00:21	28:22	57:14	1:26:56
49	127	AG 76903	Carnero Ledo, David	Burgas Ourense A.	36-45M	29	00:26	29:13	58:06	1:26:57
50	1	AG76875I	Vazquez Casares, Emilio	Burgas Ourense A.	36-45M	30	00:25	29:13	58:05	1:27:00
51	217		Blanco Alvarez, Francisco	Independiente	36-45M	31	00:24	28:44	57:41	1:27:05
52	269	AG 7131	Gomez Iglesias, Jose Javier	Burgas Ourense A.	36-45M	32	00:23	29:11	58:06	1:27:07
53	786	GA76481I	Teijeiro Ferro, Sonia	Orenruning	36-45F	1	00:24	29:10	58:06	1:27:26
54	118		Losada Conde, Federico	A Mercarunning	36-45M	33	00:26	29:08	58:07	1:27:28
55	49		Conde Valladares, Angel	Korpore Carballiño	18-35M	11	00:27	28:42	57:48	1:27:40
56	194		Fernández Díaz, Antonio	Independiente	36-45M	34	00:18	27:59	57:27	1:27:40
57	187		Rivera Corral, Cesar	Independiente	36-45M	35	00:25	28:55	58:07	1:27:40
58	132	AG76624I	Penedo Rodriguez, Alan	Veteranos de Ourense	36-45M	36	00:23	29:10	58:20	1:27:54
59	31	AG-7110	Romero Fernandez, Juan	C.D.Aurum	18-35M	12	00:21	28:31	58:19	1:27:58
60	249	11019	Casas Filgueira, Delmiro	Veteranos de Ourense	36-45M	37	00:19	28:36	58:18	1:27:58
61	163		Toledo Estevez, José Manuel	Pato Blanco Celanova	36-45M	38	00:21	28:49	58:13	1:28:01
62	748		Losada Marra, Jose	Running Sport Trail	+55M	1	00:23	29:40	59:00	1:28:07
63	125		Rodríguez Dominguez, Andres	Independiente	36-45M	39	00:24	28:53	58:13	1:28:19
64	47		Simon Ruido, Pablo	C.D.Aurum	18-35M	13	00:27	29:40	59:06	1:28:22
65	3		Novoa Iglesias, Jose Manuel	Independiente	18-35M	14	00:20	29:49	59:09	1:28:59

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21,10 Km.

Pos.	Dor.	Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
66	22		Telo Fernandez, Henrique	Montepenarubia	18-35M	15	00:29	28:50	58:07	1:29:01
67	444		Fernandez Guinda, Ezequiel	Trail Coruña	46-50M	7	00:32	29:46	59:28	1:29:12
68	69	AG-10629	Ferreiro Deaño, Alfredo	C.D.Aurum	36-45M	40	00:25	29:53	59:34	1:29:25
69	23	AG76935	Soto, Alfonso	C.D.Aurum	18-35M	16	00:20	28:23	57:43	1:29:53
70	172		Martinez Nieto, Miguel Angel	Independiente	36-45M	41	00:33	29:47	59:34	1:29:56
71	52		Rey Riveiro, Felipe	Independiente	18-35M	17	00:26	30:10	1:00:14	1:29:57
72	115		Arufe Vidal, Moncho	A. Milladoiro	51-55M	5	00:26	30:05	59:28	1:30:00
73	198		Lago Vazquez, Luis	Independiente	36-45M	42	00:29	30:25	1:00:13	1:30:03
74	379		Gonzalez Ferreira, Manuel	Café Bar Liña	46-50M	8	00:31	30:38	1:00:34	1:30:04
75	93		Cordero Rodriguez, Pablo	Independiente	36-45M	43	00:33	30:46	1:00:40	1:30:10
76	122		Castiñeira Lameiro, David	Sufflenorsa Team	36-45M	44	00:20	29:18	59:03	1:30:19
77	135		García Iglesias, José Luis	Independiente	36-45M	45	00:32	29:05	58:31	1:30:25
78	556	AG76694	Formoso Gonzalez, Jose Antonio	Orenruning	51-55M	6	00:23	30:11	1:00:34	1:30:26
79	181		Rivas González, Guillermo José	Independiente	36-45M	46	00:28	29:13	59:26	1:30:31
80	291		Vergara Castro, Aurelio	Autotodo Carballiño	46-50M	9	00:31	29:20	59:30	1:30:47
81	166		Rodriguez Meiriño, Alberto	F. Carmen Sio	36-45M	47	00:31	30:51	1:01:17	1:30:56
82	190		Vazquez Martinez, Jose Manuel	Beariz Triatlon	36-45M	48	00:25	29:15	59:03	1:31:04
83	37		Suarez Garcia, Juan	Atenas Running VDA	18-35M	18	00:23	28:35	58:06	1:31:06
84	167		Barros Barcala, Manuel	Independiente	36-45M	49	00:27	30:43	1:01:13	1:31:11
85	281		Veiga Teijeira, Juan Jose	Independiente	36-45M	50	00:29	29:40	59:35	1:31:12
86	219		Jandra Gonzalez, Jesus	Independiente	36-45M	51	00:29	30:13	1:00:33	1:31:21
87	171		Gallardo Canitrot, José Antonio	Korpore Carballiño	36-45M	52	00:27	29:46	59:52	1:31:39
88	6		Rodríguez Ferreira, Miguel	Independiente	18-35M	19	00:20	29:49	1:00:20	1:31:42
89	207	AG 76876	Mata Torreira, Juanma	Fontes do Sar	36-45M	53	00:21	28:24	58:15	1:31:45
90	179	AG 76932	Fariñas Rodriguez, Javier	Veteranos de Ourense	36-45M	54	00:41	31:55	1:02:00	1:31:47
91	78		Cid Perez, Jorge	Running Sport Trail	36-45M	55	00:26	31:03	1:01:24	1:31:52
92	493		Iglesias Iglesias, Isidro	C.A.Ría de Arousa	46-50M	10	00:28	30:11	1:00:34	1:31:53
93	197		Blanco Figueirido, Marcos	A.Noia	36-45M	56	00:35	31:11	1:01:47	1:31:56
94	397		Paz Rodriguez, Juan J.	Independiente	46-50M	11	00:26	29:10	59:45	1:32:03
95	12		Lago Gonzalez, Iago	Independiente	18-35M	20	00:44	31:54	1:01:59	1:32:05
96	99		Perez Lomba, Daniel	Independiente	36-45M	57	00:33	30:43	1:01:20	1:32:05
97	111		De Anta Lorenzo, Javier	Beariz Triatlon	36-45M	58	00:34	30:43	1:01:20	1:32:06
98	156		Boo Grande, Marcos	Independiente	36-45M	59	00:27	29:47	1:00:44	1:32:12
99	169		Figueiro Alfonso, Alberto	C.de A.Ría de Arousa	36-45M	60	00:28	29:53	1:01:10	1:32:18
100	777		Bascon Osuna, Maria Dolores	Orenruning	18-35F	1	00:25	31:03	1:01:35	1:32:22
101	101	AG 10064	Torres Barreiros, Ramsés	C.D.Aurum	36-45M	61	00:35	31:53	1:02:39	1:32:50
102	694	GA	Iglesias Lopez, Camilo	Independiente	51-55M	7	00:24	30:06	1:00:51	1:33:06
103	79		Lamas Cruz, Santiago	Korpore Carballiño	36-45M	62	00:30	31:53	1:02:52	1:33:09
104	737		Gonzalez Quinteiros, Jose Daniel	Val da Rabeda Taboadela	+55M	2	00:34	31:03	1:01:59	1:33:12

Clasificación General**Conjunta****Carrera 0****21,10 Km.**

Pos.	Dor. Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
105	307	Conde Dominguez, Alberto	Independiente	46-50M	12	00:26	31:12	1:02:18	1:33:13
106	129	Rodríguez Rodríguez, Adolfo	Atenas Running VDA	46-50M	13	00:34	30:20	1:01:21	1:33:16
107	21	Moyano Sanchez, Javier	Independiente	18-35M	21	00:32	30:50	1:01:46	1:33:21
108	76	Lopez Alonso, Carlos	Suflenorsa Team	36-45M	63	00:19	29:19	59:42	1:33:23
109	210	Álvarez Estévez, Julio	XTRAIL VIGO	36-45M	64	00:31	31:04	1:01:47	1:33:24
110	53	Ponte Iglesias, David	Independiente	18-35M	22	00:31	31:49	1:02:30	1:33:26
111	28	Montouto Requeijo, Diego	Independiente	18-35M	23	00:33	31:30	1:01:52	1:33:27
112	288	Carballo González, Miguel	TriOurense	46-50M	14	00:37	31:43	1:02:39	1:33:31
113	85	Alvarez Figueroa, Sabino	As. Deportiva C.A.R.	36-45M	65	00:30	30:50	1:01:44	1:33:33
114	317	Costas Fernandez, Alfonso	Independiente	46-50M	15	00:31	30:40	1:02:10	1:33:41
115	180	López Braga, Gonzalo	Metropolitan	36-45M	66	00:31	31:11	1:02:19	1:33:43
116	63	Garcia Yañez, Jose Antonio	Independiente	18-35M	24	00:43	31:55	1:02:25	1:33:48
117	86	Garcia Gil, Javier	Independiente	36-45M	67	00:42	31:50	1:02:46	1:33:57
118	106 AG 76912	Núñez Quinteiro, Indalecio	C.P. Armada	36-45M	68	00:45	31:51	1:02:36	1:34:01
119	131	Piñeiro López, Luis Antonio	Independiente	36-45M	69	00:37	32:08	1:03:38	1:34:05
120	87	Novo Martínez, David	Independiente	36-45M	70	00:38	32:28	1:03:38	1:34:09
121	764	Cebreiros, Seoane	Independiente	+55M	3	00:31	31:13	1:02:23	1:34:31
122	62	De Matos Fernandes, Orlando	Independiente	18-35M	25	00:25	30:50	1:03:11	1:34:34
123	152	Losada conde, David	Merca running	36-45M	71	00:26	31:19	1:02:42	1:34:38
124	105	Rodriguez Vargas, Jorge	Independiente	36-45M	72	00:25	29:33	1:00:53	1:34:39
125	113	Gomez Guillermo, Ramon Manue	Independiente	36-45M	73	00:34	31:42	1:03:05	1:34:41
126	212	Touceda Abelleira, Xose	C.A.Bertamirans	36-45M	74	00:30	31:45	1:02:42	1:34:41
127	211	Aramburu G ^a -pintos, Alberto	Independiente	36-45M	75	00:35	30:52	1:01:45	1:34:42
128	185	Calvo Casas, Fernando	C.D.Pinarium	36-45M	76	00:25	30:52	1:02:24	1:34:45
129	77	Mouriño Fortes, Victor Manuel	Atl. Porriño	36-45M	77	00:44	29:12	1:00:21	1:34:48
130	178	Fidalgo Villaverde, Manuel	Independiente	36-45M	78	00:26	29:33	1:01:35	1:34:49
131	34	Soto Vázquez, Diego	Pancitas Team	18-35M	26	00:27	31:59	1:03:30	1:34:50
132	19	Rodríguez Martínez, David	Base Mo-Bu Running	18-35M	27	00:36	32:27	1:03:56	1:34:53
133	202	Vazquez Ramos, Manuel	Independiente	36-45M	79	00:32	32:34	1:03:46	1:35:02
134	94	Castro Reboredo, Alberto	Lamargha-Temainteriores	36-45M	80	00:26	30:40	1:02:17	1:35:04
135	84	Suarez Bermudez, Francisco Javi	Independiente	36-45M	81	00:49	32:00	1:03:29	1:35:08
136	100	Lopez Sanchez, David	Independiente	36-45M	82	00:34	31:58	1:02:45	1:35:13
137	678	Alonso Martinez, Jose Manuel	RUN 04	51-55M	8	00:27	31:46	1:02:55	1:35:18
138	66	Perez Rodriguez, Jesus Eduardo	Independiente	18-35M	28	00:38	32:01	1:03:03	1:35:18
139	684	Ríos Giménez, Adolfo Omar	Independiente	51-55M	9	00:34	30:50	1:02:21	1:35:19
140	123	Roca Rodriguez, Jose Manuel	A Fume de Carozo	36-45M	83	00:32	32:33	1:03:46	1:35:28
141	50	Rey Iglesias, Juan Jose	C.C.Pedro Nimo	18-35M	29	00:23	30:25	1:01:24	1:35:28
142	24	Iglesias Caderno, Juan José	Pancitas Team	18-35M	30	00:28	31:59	1:03:30	1:35:30
143	209	Garcia Mosquera, Oscar	Independiente	36-45M	84	00:39	31:52	1:03:19	1:35:33

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Pos.	Dor.	Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
144	888		Pereira Machado, Paulo	Independiente	36-45M	85	00:37	31:59	1:03:32	1:35:33
145	117		Durán Durán, Bernardo	Seguros Bilbao- A Canuda	36-45M	86	00:28	32:48	1:03:54	1:35:46
146	387		Ferreiro Vazquez, Jose Manuel	Os Afiadores Ourense	46-50M	16	00:34	31:41	1:03:19	1:35:53
147	65		Taboada Calvo, Jose Carlos	Independiente	18-35M	31	00:41	31:50	1:02:47	1:36:04
148	348		Lopez Vilanova, Vicente	Independiente	46-50M	17	00:24	30:43	1:03:08	1:36:13
149	339		Abreu Fernández, Fernando	Seguros Bilbao- A Canuda	46-50M	18	00:28	32:50	1:04:39	1:36:14
150	68		Meijomin Fidalgo, Pablo	Independiente	18-35M	32	00:26	32:10	1:04:24	1:36:20
151	57		Navia Giráldez, Segundo	Independiente	18-35M	33	00:37	32:57	1:05:10	1:36:24
152	338		Dapena Tenorio, Jose Luis	Independiente	46-50M	19	00:34	31:48	1:03:47	1:36:29
153	267		Hernando Belda, Juan Francisco	Independiente	36-45M	87	00:32	31:12	1:04:00	1:36:39
154	91		Miranda Rivero, Roberto	Pato Blanco Celanova	36-45M	88	00:38	31:51	1:03:56	1:36:44
155	148		Rodriguez Iglesias, Alberto	Independiente	36-45M	89	00:36	31:32	1:03:01	1:36:51
156	462		Novoa Borrajo, Jose Manuel	Independiente	46-50M	20	00:22	31:04	1:02:57	1:36:56
157	500		Suárez Benito, Francisco	Independiente	46-50M	21	00:45	33:01	1:04:42	1:36:57
158	82		Cuns Santos, Jose Ramon	Independiente	36-45M	90	00:58	35:43	1:08:05	1:36:58
159	359 AG76361		Leboso Ferreiro, Cesar	Esprintes Ourense	46-50M	22	00:36	32:57	1:04:45	1:37:07
160	40		Suarez Giadas, Javier	Independiente	18-35M	34	00:34	31:30	1:03:19	1:37:20
161	151 AG76581		Rodriguez Fernandez, Felipe	Esprintes Ourense	36-45M	91	00:36	32:58	1:04:45	1:37:24
162	784		Grobas Garaboa, María José	A.A Silva	36-45F	2	00:34	32:57	1:04:54	1:37:29
163	95		Borrajo Des, Miguel	Independiente	36-45M	92	00:32	29:46	1:01:13	1:37:29
164	200 AG-9891		Antelo Ferro, Fernando	Noitebra	36-45M	93	00:40	32:29	1:04:49	1:37:30
165	806 AG76376		Bermudez Turnes, Purificacion	Noitebra	46-50F	1	00:40	32:28	1:04:48	1:37:34
166	149		Guiance Parada, Jose Maria	Independiente	36-45M	94	00:37	32:51	1:05:10	1:37:37
167	389		Duarte Vázquez, Jorge	A.Boimorto	46-50M	23	00:37	33:03	1:05:45	1:37:38
168	545		Vazquez Rodriguez, Justo	Independiente	46-50M	24	00:28	33:41	1:06:13	1:37:49
169	144 A-763759		Mallo Nieves, José Manuel	Noitebra	36-45M	95	00:41	32:30	1:04:55	1:37:56
170	138		Freire Cordeiro, Oscar	Independiente	36-45M	96	00:24	32:09	1:05:03	1:37:56
171	44		Perez Rodas, Daniel	Independiente	18-35M	35	00:36	31:53	1:03:54	1:37:58
172	628 AG 76558		Alende Cea, Ramon	Noitebra	51-55M	10	00:40	32:28	1:04:56	1:38:01
173	183 AG 76436		Rey Souto, Jesus Enrique	A.Boimorto	36-45M	97	00:37	33:01	1:06:03	1:38:22
174	214		Gil Ramos, Xose Manuel	C.VIA18	36-45M	98	00:35	32:19	1:05:14	1:38:25
175	287 AG-11025		Levoso Touceda, José María	Esprintes Ourense	46-50M	25	00:36	33:11	1:05:50	1:38:26
176	170		Señoris Bargo, Miguel	Esprintes Ourense	36-45M	99	00:36	33:10	1:05:52	1:38:28
177	61		Rodríguez Costa, Manuel	Base Mo-Bu Running	18-35M	36	00:37	33:10	1:05:55	1:38:36
178	504		Castro Rodriguez, Antonio	Autotodo Carballiño	46-50M	26	00:34	31:06	1:03:51	1:38:39
179	80		Garabatos Barciela, David	Independiente	36-45M	100	00:31	33:33	1:06:45	1:38:48
180	182		Fernandez Blanco, Cesar	Independiente	36-45M	101	00:31	33:33	1:06:44	1:38:48
181	157		Blanco Fumega, Alfonso	Independiente	36-45M	102	00:35	32:20	1:05:07	1:38:51
182	593		Fernandez Lopez, Martin	Autotodo Carballiño	51-55M	11	00:34	32:20	1:05:06	1:38:52

Clasificación General**Conjunta****Carrera 0****21,10 Km.**

Pos.	Dor. Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
183	689	Carbajal Mosquera, Fernando	C.A. Arenteiro	51-55M	12	00:35	31:58	1:04:29	1:38:55
184	133	Kondo, Dai	No Sport Limit	36-45M	103	00:40	33:17	1:05:41	1:39:12
185	318	Pintos Recarey, Carlos	Independiente	46-50M	27	00:44	34:51	1:08:26	1:39:14
186	721	Feijoo Meléndez, José Ángel	Independiente	+55M	4	00:42	33:51	1:06:51	1:39:31
187	46 AG76915	Blanco Gonzalez, Jose Antonio	C.D.Aurum	18-35M	37	00:24	31:25	1:05:02	1:39:44
188	443 AG-76479	Abellas Otero, Jose Benito	Esprintes Ourense	46-50M	28	00:35	32:36	1:05:18	1:39:47
189	762 A8791	Pujales Martínez, Xosé Enrique	A.Gomez	+55M	5	00:37	33:00	1:06:04	1:39:52
190	59	Fernandez Salgueiro, Marcos	Independiente	18-35M	38	00:30	31:52	1:04:14	1:39:55
191	83	Fidalgo Rivas, Carlos	Independiente	36-45M	104	00:46	32:30	1:04:58	1:40:07
192	196	Otero Ramirez, Fernando	Independiente	36-45M	105	00:38	33:09	1:06:16	1:40:08
193	309	Ramos Otero, Julio	Independiente	46-50M	29	00:48	33:51	1:06:48	1:40:14
194	146 AG76935	Rodriguez Rodriguez, Javier	C.D.Aurum	36-45M	106	00:36	31:59	1:04:38	1:40:29
195	577	Saavedra Gayoso, Nino	Val da Rabeda Taboadela	51-55M	13	00:32	33:42	1:06:24	1:40:35
196	27	Perez Gonzalez, David	Independiente	18-35M	39	00:39	33:15	1:06:56	1:40:36
197	780 AG 76891	Rial Santos, Susana	A.Boimorto	36-45F	3	00:37	32:59	1:06:07	1:40:40
198	652	Valeiras Rodriguez, Francisco	Autotodo Carballiño	51-55M	14	00:35	32:39	1:05:31	1:40:48
199	20	Dacosta Perez, Oscar	Independiente	18-35M	40	00:43	34:24	1:07:41	1:40:51
200	108	Castro Vidal, Juan Carlos	Independiente	36-45M	107	00:29	33:59	1:07:46	1:40:54
201	154	Perez Alvarez, Sergio	Independiente	36-45M	108	00:43	34:51	1:08:25	1:41:08
202	763 AG-76436	Raña Platas, Jesús	A.Boimorto	+55M	6	00:37	32:18	1:05:54	1:41:34
203	191	Perez, Eder	C.T.Motobike	36-45M	109	00:44	33:06	1:06:44	1:41:34
204	71	Casás Casás, José Manuel	Independiente	36-45M	110	00:30	33:07	1:07:24	1:41:41
205	17	Alvarez Rodriguez, Roberto	Pancitas Team	18-35M	41	00:27	31:59	1:04:39	1:41:46
206	450	Marquina Fuentes, Julio	Independiente	46-50M	30	00:46	32:56	1:06:10	1:41:53
207	116	Domínguez Zufiaurre, Francisco J	Independiente	36-45M	111	00:54	36:30	1:09:53	1:42:00
208	114	Martínez Yañez, Jose Miguel	Independiente	36-45M	112	00:45	34:58	1:08:52	1:42:02
209	137 AG11001	Iglesias Mira, Felipe	Esprintes Ourense	36-45M	113	00:36	33:07	1:05:53	1:42:10
210	277	López Iglesias, Luis	Independiente	36-45M	114	00:44	33:12	1:07:07	1:42:20
211	140	González Diéguez, Julio	Independiente	36-45M	115	00:21	31:32	1:05:51	1:42:27
212	70	Gomez Gomez, Juan Carlos	Independiente	36-45M	116	00:39	34:08	1:07:35	1:42:33
213	539	De Dios De Dios, Jose Ramon	Independiente	46-50M	31	00:48	35:14	1:09:25	1:42:34
214	620 6575	Arufe Santamaria, Mario	A.Noia	51-55M	15	00:39	34:17	1:07:51	1:42:39
215	26	Borrajo Viana, Diego	Independiente	18-35M	42	00:43	32:08	1:06:19	1:42:59
216	168 AG-76429	Perez Gonzalez, Manuel Rafael	Esprintes Ourense	36-45M	117	00:36	33:28	1:07:15	1:43:07
217	174	Sotelo Gallego, Joaquin	Independiente	36-45M	118	00:50	34:07	1:08:12	1:43:16
218	164	Sabucedo Blanco, Oscar	Merca running	36-45M	119	00:44	34:59	1:08:53	1:43:20
219	258	Provedo Silva, Jose Carlos	Gimnasio KIAP,Vigo.	36-45M	120	00:37	33:41	1:07:33	1:43:42
220	147	Lopez Alvarez, Jose Luis	Independiente	36-45M	121	00:37	33:03	1:07:13	1:43:43
221	521	Martínez Soto, Pablo José	Independiente	46-50M	32	00:48	35:16	1:09:26	1:43:49

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Pos.	Dor.	Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
222	321		Codón Vega, Alfonso	Independiente	46-50M	33	00:39	36:03	1:10:08	1:44:08
223	284		Brea Lopez, Miguel Angel	Independiente	46-50M	34	00:41	34:38	1:09:14	1:44:20
224	2		Lorenzo Lopez, Roberto	Semprenela	36-45M	122	00:43	35:12	1:08:35	1:44:22
225	162	AG 76866	Garrido Rodríguez, Óscar	Esprintes Ourense	36-45M	123	00:36	31:46	1:04:42	1:44:23
226	781	AG11090	Lorenzo Pérez, Natalia	C.A.Milladoiro	36-45F	4	00:27	32:39	1:07:53	1:44:26
227	201		Dopazo Louzan, Javier	Independiente	36-45M	124	00:35	34:06	1:09:16	1:44:46
228	5		Sánchez Valencia, Daniel	Independiente	18-35M	43	00:50	34:10	1:09:18	1:44:54
229	489		Rodriguez Ortega, José Luis	Independiente	46-50M	35	00:39	32:44	1:07:35	1:44:55
230	469		Fernandez Lopez, José Manuel	A. Castro Urdiales	+55M	7	00:34	33:59	1:08:49	1:45:00
231	35		Ferreiro Fuentes, Plácido	Independiente	18-35M	44	00:54	36:31	1:09:53	1:45:03
232	120		Cartujo Olmo, Pablo	C.P. Armada	36-45M	125	00:46	33:45	1:08:57	1:45:11
233	165		Gonzalez Seara, Cesar	Merca running	36-45M	126	00:44	34:58	1:09:07	1:45:18
234	383		Salgado Pazos, Miguel Luis	Independiente	46-50M	36	00:38	35:19	1:10:28	1:45:25
235	81		Valencia Alvarez, Jose Luis	Independiente	36-45M	127	00:34	34:50	1:09:07	1:45:28
236	74		Diaz Prado, Óscar	T. Mar De Vigo	36-45M	128	00:38	35:18	1:10:27	1:45:34
237	638		Vila Blanco, Jesus	Val da Rabeda Taboadela	51-55M	16	00:47	35:04	1:09:16	1:46:06
238	610	6580	Lopez Hermo, Jose Segundo	A.Noia	51-55M	17	00:38	35:00	1:10:09	1:46:25
239	680		Martínez, Javier	Independiente	51-55M	18	00:21	31:42	1:05:54	1:46:25
240	160	AG76930	Nores Gomez, Benito	Veteranos de Ourense	36-45M	129	00:43	34:09	1:08:05	1:46:27
241	119		Marquina Fuentes, Juan	Independiente	36-45M	130	00:46	35:19	1:10:32	1:46:29
242	97		Lama Perez, Jose Antonio	Independiente	36-45M	131	00:55	36:30	1:09:52	1:46:31
243	470		Rodríguez Gonzalez, Lola	Korpore Carballiño	18-35F	2	00:34	35:02	1:10:45	1:46:31
244	765		Conde Bermudez, Ramon Angel	Independiente	+55M	8	00:28	34:09	1:10:31	1:46:39
245	128		Otero Rodriguez, Mara	Semprenela	36-45M	132	00:44	35:39	1:10:50	1:46:40
246	188		Núñez González, José Amable	Independiente	36-45M	133	00:31	35:11	1:10:28	1:46:40
247	92		Pérez Vázquez, Luis	Runners Coroso	36-45M	134	00:31	34:30	1:10:50	1:46:44
248	42		Gutierrez Aller, Andrés	As. Deportiva C.A.R.	18-35M	45	00:35	35:02	1:11:12	1:46:45
249	733		Conde Torres, Jose Ramon	Atl. Porriño	+55M	9	00:41	36:31	1:11:56	1:46:47
250	134		Carreira Nodar, Jorge	Independiente	36-45M	135	00:39	36:03	1:11:30	1:46:50
251	109		Perez Gonzalez, Alejandro	Independiente	36-45M	136	00:49	35:27	1:10:40	1:46:53
252	692		Perez Rodriguez, Xoma	Esprintes Ourense	51-55M	19	00:39	34:25	1:09:40	1:47:10
253	215		Hernández Planas, Alfonso	Pernas Celtas	36-45M	137	00:38	34:51	1:11:03	1:47:10
254	672		Guzman Lorenzo, Guillermo	Autotodo Carballiño	51-55M	20	00:41	34:28	1:09:39	1:47:10
255	499		Garcia Barreiro, Fernando	Independiente	46-50M	37	00:42	34:50	1:10:49	1:47:26
256	195		Ojea Álvarez, Francisco José	Independiente	36-45M	138	00:45	36:44	1:13:06	1:47:27
257	16		Souto Santos, Asier	Independiente	18-35M	46	00:58	35:57	1:10:40	1:47:46
258	775		Stoudova, Linda	Metropolitan	18-35F	3	00:39	35:19	1:11:14	1:47:46
259	33	AG11037	Martinez Alvarez, Tomas	A.D.Limiactiva	18-35M	47	00:33	34:14	1:09:42	1:47:46
260	204		Perez Grande, Manuel	Runners Coroso	36-45M	139	00:31	35:16	1:11:05	1:47:47

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Pos.	Dor.	Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
261	278		Rodriguez Gonzalez, Jose	Autotodo Carballiño	36-45M	140	00:40	35:20	1:10:41	1:48:24
262	782		Vélez Tena, Mónica	Independiente	36-45F	5	00:46	35:36	1:11:15	1:48:34
263	8		Golmayo Rodriguez De Trujillo, M	C.P. Armada	18-35M	48	00:47	36:30	1:12:09	1:48:37
264	67		Santamaria Lorenzo, Francisco J	Independiente	18-35M	49	00:45	35:35	1:11:03	1:48:51
265	103		Gonzalez Alonso, Alfredo	PianoPiano	36-45M	141	00:43	37:17	1:13:40	1:48:56
266	774		Lago Blanco, Lucía	As. Deportiva C.A.R.	18-35F	4	00:39	35:46	1:11:40	1:48:59
267	544		Garcia Garcia, Juan Carlos	Independiente	46-50M	38	00:40	35:49	1:11:40	1:48:59
268	420		Diz Veiga, Rafael	Zeppelin Torguesa Finfloor	46-50M	39	00:40	35:59	1:11:58	1:49:06
269	155		Losada Fernandez, Roberto	Independiente	36-45M	142	00:42	35:29	1:11:51	1:49:26
270	41		Ramos Dopazo, Damián	Independiente	18-35M	50	00:47	35:56	1:11:23	1:49:29
271	622 6784		Burlido Borrego, Jose Isaias	Atl. Porriño	51-55M	21	00:50	37:34	1:13:30	1:49:38
272	7		Criado Fernandez, Jose Angel	C.P. Armada	18-35M	51	00:47	36:28	1:12:09	1:50:05
273	29		García Sanmamed, Feliciano	Independiente	18-35M	52	00:48	34:49	1:10:16	1:50:13
274	176		Rodriguez Viso, Marcos	Independiente	36-45M	143	00:46	36:55	1:12:57	1:50:16
275	776		Blanco Carrera, Rocio	PianoPiano	18-35F	5	00:42	37:12	1:13:41	1:50:16
276	633		González García, Andrés	Independiente	51-55M	22	00:30	35:00	1:11:47	1:50:28
277	329		Misa Alonso, Berto	Independiente	46-50M	40	00:31	34:31	1:11:04	1:50:35
278	642		Perez Gonzalez, Domingo	Independiente	51-55M	23	00:29	34:30	1:11:04	1:50:36
279	203		Garrido Pumar, Jose Manuel	Os Afiadores Ourense	36-45M	144	00:40	36:02	1:12:22	1:51:06
280	530		Lopez Vila, Francisco Javier	Independiente	46-50M	41	00:48	36:19	1:12:45	1:51:13
281	221		Otero Ramirez, Jose Antonio	Independiente	36-45M	145	00:42	35:58	1:12:13	1:51:17
282	576		Puga Gonzalez, Jorge	Val da Rabeda Taboadela	51-55M	24	00:48	37:51	1:15:04	1:51:29
283	229		Delgado Garcia, Jose Luis	Independiente	36-45M	146	00:47	36:45	1:13:06	1:51:38
284	96		Carracedo Pose, César	Independiente	36-45M	147	00:45	36:46	1:13:16	1:51:39
285	39		Fernandez Mendez, Carlos Andre	Independiente	18-35M	53	00:45	36:54	1:12:31	1:51:39
286	664		Bosch Figueras, Rafael	Independiente	51-55M	25	00:54	36:24	1:13:01	1:51:41
287	404		Liñares Martinez, Ignacio	Noitebra	36-45M	148	00:43	36:58	1:13:59	1:51:41
288	732		Bello, Ignacio	Independiente	+55M	10	00:50	37:31	1:13:49	1:51:45
289	220		Baranda Valeiras, Camilo	Independiente	36-45M	149	00:50	36:52	1:13:49	1:51:45
290	349 AG76664		López Beldrón, José Antonio	Veteranos de Ourense	46-50M	42	00:49	38:11	1:14:42	1:51:53
291	102		González Gómez, Óscar	Independiente	36-45M	150	00:52	37:51	1:15:42	1:51:54
292	741		Couto Nogueira, Manuel	Independiente	+55M	11	00:48	36:58	1:14:08	1:52:08
293	614		Solla Casqueiro, Jose María	Independiente	51-55M	26	00:34	36:59	1:14:07	1:52:18
294	829		Santamaria Gomez, Nieves	Independiente	51-55F	1	00:34	36:58	1:14:08	1:52:19
295	778		Vázquez Cao, Lara	Pernas Celtas	18-35F	6	00:38	36:43	1:14:52	1:53:50
296	11		Mosquera Martínez, César	Independiente	18-35M	54	00:34	34:59	1:13:06	1:54:05
297	142		Fernández Docampo, David	Independiente	36-45M	151	00:51	39:54	1:17:22	1:54:13
298	769		Iglesias Olivera, Serafin	Independiente	+55M	12	00:27	37:15	1:14:19	1:54:40
299	158		Rua Vazquez, Miguel	Independiente	36-45M	152	00:41	36:42	1:14:49	1:55:23

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Pos.	Dor.	Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
300	750		Rodriguez Lopez, Jose Manuel	Independiente	+55M	13	00:42	38:18	1:16:18	1:55:47
301	145		Lagoa Millan, Manuel	Independiente	36-45M	153	00:34	37:20	1:15:36	1:55:55
302	9		Vazquez Valeiras, Jesus	Independiente	18-35M	55	00:46	35:16	1:12:42	1:56:43
303	143		Hermida Vilas, Albano	Independiente	36-45M	154	00:45	40:08	1:17:46	1:56:49
304	319	766897	Otero Fernandez, Isaac	Veteranos de Ourense	46-50M	43	00:47	39:29	1:17:37	1:57:22
305	43		Lopez Pino, Javier	Independiente	18-35M	56	00:46	40:22	1:23:48	1:57:58
306	88		Besada Alonso, Fernando	Independiente	36-45M	155	00:39	38:41	1:18:15	1:58:25
307	10		Gonzalez Arias, Aitor	Wigo Running	18-35M	57	00:35	38:16	1:16:51	1:58:39
308	14		Nogueira Salgueiro, Martin	Wigo Running	18-35M	58	00:36	38:17	1:16:52	1:58:40
309	32		Alonso Barandela, Víctor	Independiente	18-35M	59	00:49	40:58	1:21:04	1:59:43
310	328		Perez Balirac, Jesus	Independiente	46-50M	44	00:41	37:29	1:18:10	2:00:34
311	770		Carballeira Hortas, Xose Manuel	Independiente	+55M	14	00:39	39:53	1:19:51	2:00:35
312	213		Pisos Arnoso, Jesus Angel	Runners Coroso	36-45M	156	00:32	38:14	1:18:19	2:01:02
313	51		Pérez Filgueira, David	Independiente	18-35M	60	00:49	40:59	1:21:05	2:01:47
314	15		Sánchez Fernandez, Rodrigo	Independiente	18-35M	61	00:53	39:36	1:19:09	2:01:53
315	785		Dacosta Otero, Mónica	C.D.Pinarium	36-45F	6	00:28	40:36	1:21:32	2:02:00
316	771		Zapata Cachafeiro, Maruxa	Independiente	18-35F	7	00:49	39:55	1:19:48	2:02:40
317	715		Brea Sanchez, Jose Maria	A.Boimorto	+55M	15	00:51	40:30	1:20:46	2:02:57
318	783	AG76837	Fernandez Tizon, Monica	Veteranos de Ourense	36-45F	7	00:48	41:15	1:22:27	2:04:02
319	279		Villar Alvarez, Juan	Independiente	36-45M	157	00:50	41:41	1:22:09	2:04:25
320	809		Guerra Álvarez, María Elena	C.A.Carballiño	46-50F	2	00:47	41:32	1:22:17	2:04:46
321	706		Arias Carral, Manuel	Independiente	51-55M	27	00:47	41:31	1:22:17	2:04:46
322	992		Cachafeiro Chamosa, Dolores	Independiente	+55F	16	00:49	40:13	1:20:57	2:05:50
323	768		Bernal Gómez, Jesús	Independiente	+55M	17	00:37	39:35	2:07:39	2:07:35
324	773		Cebreiros Iglesias, Sira	Independiente	18-35F	8	00:49	41:00	1:22:33	2:09:10
325	788		Chavez Vazquez, Mª Guadalupe	Autotodo Carballiño	36-45F	8	00:46	44:19	1:31:06	2:22:10
326	772	AG-76581	Novellas Julia, Cristina	Esprintes Ourense	18-35F	9	00:45	44:46	1:34:34	2:26:06
327	159	AG-11177	Quintas Barros, Jesús Carlos	Esprintes Ourense	36-45M	158	00:45	44:49	1:34:35	2:26:07
N.F.	126		Alvarez Duarte, Juan Enrique	Independiente	36-45M		00:55	37:54	1:15:43	
N.F.	789		Fernandez Piñeiro, Maria	A.Noia	36-45F			43:02	1:29:11	
D.Q.	36	AG76958	Perez Fontan, Ruben	Castrelos 20:30	18-35M		00:20		57:42	
D.Q.	766		Lopez Ramos, Luis	Independiente	+55M		00:46	40:24	1:23:48	
N.P.	4		Fernandez Soto, Miguel	Independiente	18-35M					
N.P.	13		Requeijo Requeijo, Sergio	Independiente	18-35M					
N.P.	45		Alonso Bargiela, David	Seguros Bilbao- A Canuda	18-35M					
N.P.	48		Valencia Barcia, Jose Ivan	Independiente	18-35M					
N.P.	72		Fernandez Lamela, Salvador	Independiente	36-45M					
N.P.	90		Balsera Sanmiguel, Hugo	C.Fis. Raquel Balsera	36-45M					
N.P.	136		Cajaraville Araújo, Héctor	Independiente	36-45M					

Clasificación General**Conjunta****Carrera 0****21,10 Km.**

Pos.	Dor.	Licencia	Nombre	Club	Categoría	Pos.	T. salida	Paso 1	Paso 2	T. Oficial
N.P.	139		Freixedo Quintela, Oscar	Independiente	36-45M					
N.P.	173		Farci Ojea, Cristian	Independiente	36-45M					
N.P.	186	14899	Fernández Rodríguez, Julio	A.A Silva	36-45M					
N.P.	193		Raña Gregorio, Juan Carlos	C.A.R. Marisqueiro	36-45M					
N.P.	216		Miramontes Barreiro, Manuel Ang	Independiente	36-45M					
N.P.	218	A765586	Munin Otero, Angel	Noitebra	36-45M					
N.P.	222	9205	Gomez Calviño, Emilio	A.Noia	36-45M					
N.P.	289		Parente Arias, Jose Vicente	Independiente	46-50M					
N.P.	510	AG76685	Barreiro Tato, Joaquín	A.A Estrada	46-50M					
N.P.	661		Menendez Villalva, Carlos	Independiente	51-55M					
N.P.	767	A 8839	López Pereira, Manuel	Ou. Academia Postal	+55M					
N.P.	779		Balsera Sanmiguel, Raquel	C.Fis. Raquel Balsera	18-35F					
N.P.	791		Martinez Adega, Eva Maria	Independiente	36-45F					