

XXXIV CARREIRA POPULAR PASCUA PADRÓN 2013, Padrón 30/03/2013**Prueba Absoluta. Distancia: 13.300 m**

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Contol	Licencia	Club	Localidad
1	37	UXIO ABUIN ARES		JPM- 1	00:43:02	00:03:15	00:43:02	00:03:15	00:21:31		ATLETISMO SAR A POUTADA	LESTROVE (DODRO)
2	27	SANTIAGO LOPEZ RODRIGUEZ		VTAM- 1	00:43:39	00:03:17	00:43:39	00:03:17	00:21:22	GA19648	ATLETISMO PORRIÑO	O PORRIÑO
3	1	JORGE CRESPO ARIAS		SNM- 1	00:44:49	00:03:23	00:44:49	00:03:23	00:22:30		ATLETISMO SAR A POUTADA	NEGREIRA
4	2	MANUEL OLIVER PEREZ LOPEZ		VTAM- 2	00:45:15	00:03:25	00:45:15	00:03:25	00:22:35		CLUB ATLETISMO CORUÑA COM EL BURGO	
5	570	ANTÓN RUANOVA FERNANDEZ		SNM- 2	00:45:30	00:03:26	00:45:30	00:03:26	00:22:26		ATLETISMO SAR A POUTADA	SANTIAGO
6	225	MARCOS JUNCAL MAROÑAS		SNM- 3	00:46:08	00:03:29	00:46:08	00:03:29	00:22:58		CDCHICLANERO	CHICLANA DE LA FRON
7	70	DIEGO GONZALEZ MARTINEZ		SNM- 4	00:46:30	00:03:30	00:46:30	00:03:30	00:23:23		CLUB DEPORTIVO PINARIUM	MARIN
8	302	ERNESTO BUCETA-POUSO		VTAM- 3	00:46:33	00:03:30	00:46:33	00:03:30	00:23:00		AAD BARBANZA	PUEBLA-DEL-CARAMIÑ
9	31	DAVID PÉREZ SANTAMARÍA		VTAM- 4	00:46:34	00:03:31	00:46:34	00:03:31	00:23:22		ATLETISMO SAR A POUTADA	PADRÓN
10	36	ALBERTO ALVAREZ BENDAÑA		SNM- 5	00:46:36	00:03:31	00:46:36	00:03:31	00:23:23		ATLETISMO SAR A POUTADA	PADRON
11	104	RAMON IGNACIO FOLGAR POUSO		VTBM- 1	00:46:43	00:03:31	00:46:43	00:03:31	00:23:25		SANTA UXIA ATLETISMO	SANTA EUGENIA DE RI
12	195	ABEL BARROS GONZÁLEZ		VTAM- 5	00:46:54	00:03:32	00:46:54	00:03:32	00:23:24		ATLETISMO +9 MORAÑA	MORAÑA
13	33	MANOEL LOURO INSUA		VTAM- 6	00:47:00	00:03:33	00:47:00	00:03:33	00:23:24		ATLETISMO SAR A POUTADA	NOIA
14	316	MIGUEL CABO VILLAVERDE		VTAM- 7	00:47:53	00:03:37	00:47:53	00:03:37	00:24:00		ATLETISMO MILLADOIRO	VIGO
15	270	ALBERTO RODRIGUEZ PEREZ		VTAM- 8	00:48:09	00:03:38	00:48:09	00:03:38	00:24:13			PADRON
16	162	SAMUEL SABORIDO SOÑORA		VTAM- 9	00:48:34	00:03:40	00:48:34	00:03:40	00:24:13			DODRO
17	413	ROBERTO CANEDA GUEDE		VTAM- 10	00:48:45	00:03:40	00:48:45	00:03:40	00:24:07			SANTIAGO DE COMPOS
18	50	EMILIO MARTINEZ ANTA		VTBM- 2	00:48:47	00:03:41	00:48:47	00:03:41	00:24:14		C.D. EGOVARROS-VIVEIRO	A CORUÑA
19	568	LUIS ALFONSO NOVO VEIGA		SNM- 6	00:48:50	00:03:41	00:48:50	00:03:41	00:24:38		CA BOIMORTO	BOIMORTO
20	382	YOUSSEF KOUAOU		JPM- 2	00:48:51	00:03:41	00:48:51	00:03:41	00:24:08		CLUB ATLETISMO NEGREIRA	NEGREIRA
21	172	JOSE LUIS GONZÁLEZ NÚÑEZ		SNM- 7	00:48:57	00:03:41	00:48:57	00:03:41	00:24:24			TEO
22	102	JOSE MANUEL TEIJEIRO IGLESIAS		VTAM- 11	00:49:03	00:03:42	00:49:03	00:03:42	00:24:32		RIA DE FERROL-CONCEPCION AF NARON	
23	77	ANGEL JOSE RODRIGUEZ LOPEZ		VTBM- 3	00:49:07	00:03:42	00:49:07	00:03:42	00:24:31		ATLETISMO MILLADOIRO	SANTIAGO DE COMPOS
24	440	MIGUEL VIEITO VALENZUELA		SNM- 8	00:49:12	00:03:42	00:49:12	00:03:42	00:24:32			NEGREIRA
25	9	JAVIER SEOANE PUGA		VTAM- 12	00:49:14	00:03:43	00:49:14	00:03:43	00:24:53		A.D.C. BOMBEROS CORUÑA	CARBALLO
26	68	JOSE ANTONIO ABUIN TREUS		VTAM- 13	00:49:18	00:03:43	00:49:17	00:03:43	00:24:50		CLUB ATLETISMO SADA	CAMBRE
27	76	ALEXANDRE ALONSO FERNÁNDEZ		SNM- 9	00:49:35	00:03:44	00:49:35	00:03:44	00:24:27		CLUB TRIATLON MAR DE VIGO	VIGO
28	14	EDUARDO GOY GOMEZ		VTAM- 14	00:49:38	00:03:44	00:49:38	00:03:44	00:24:49	AG 766298	ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
29	379	J. SANTOS PROL CAMBADOS		VTAM- 15	00:49:43	00:03:45	00:49:43	00:03:45	00:24:53		C.A. RIA DE AROUSA, O GROVE	O GROVE

30	241	ANGEL MACEIRAS LAGO	VTAM- 16	00:49:49	00:03:45	00:49:49	00:03:45	00:25:16	ATLETISMO SAR A POUTADA	EL BURGO
31	318	IMANOL MONTERO MADARIAGA	VTAM- 17	00:49:54	00:03:46	00:49:53	00:03:45	00:25:17	RUNNING ZARAGOZA	ZARAGOZA
32	17	GONZALO RODRIGUEZ LOPEZ	VTAM- 18	00:49:55	00:03:46	00:49:55	00:03:46	00:24:48	AG 766357 ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
33	445	ALBERTO DOS REIS GONZALEZ	SNM- 10	00:50:03	00:03:46	00:50:03	00:03:46	00:24:29		VILAGARCIA DE AROUS
34	199	OSCAR PAZOS BARBEITO	SNM- 11	00:50:04	00:03:46	00:50:03	00:03:46	00:25:08	CLUB ATLETISMO CORUÑA CON CAMBRE	
35	35	ROBERTO CARLOS AGRELO GOMEZ	VTAM- 19	00:50:07	00:03:47	00:50:07	00:03:47	00:24:49	ATLETISMO SAR A POUTADA	PADRON
36	374	MARTIN VALVERDE VILLAR	VTBM- 4	00:50:23	00:03:48	00:50:23	00:03:48	00:25:15	ALEJANDRO GÓMEZ-ACADE	NIGRAN
37	101	RUBÉN RODRÍGUEZ VIDAL	SNM- 12	00:50:53	00:03:50	00:50:49	00:03:50	00:25:37	RIA DE AROUSA	O GROVE
38	552	XOSÉ ANTÓN BARREIRO PEREIRA	VTAM- 20	00:50:57	00:03:50	00:50:51	00:03:50	00:25:46		SANTIAGO DE COMPOS
39	267	CARLOS ROCA RODRIGUEZ	VTAM- 21	00:51:03	00:03:51	00:51:03	00:03:51	00:25:38	VETERANOS DE SAMIL/MANUEL VIGO	
40	387	CONSTANTE LORENZO SANTOS	VTAM- 22	00:51:06	00:03:51	00:51:06	00:03:51	00:24:34	EFA FONTEBOA	CARBALLO
41	30	CARLOS BUSTO LOBATO	VTBM- 5	00:51:09	00:03:51	00:51:09	00:03:51	00:25:16	ATLETISMO SAR A POUTADA	CATOIRA
42	231	JOSE MANUEL CURIYES LOPEZ	VTAM- 23	00:51:12	00:03:51	00:51:12	00:03:51	00:25:33	CLUB ATLETISMO SAMERTOLAN	MOAÑA
43	375	JOSÉ MANUEL LÓPEZ VARELA	VTAM- 24	00:51:18	00:03:52	00:51:18	00:03:52	00:25:40	ATLÉTICA DE ARDILLEIROS	ABEGONDO
44	142	RICARDO VILLAR RODRIGUEZ	VTAM- 25	00:51:38	00:03:53	00:51:37	00:03:53	00:25:45		SANTA COMBA
45	397	RAMIRO PÉREZ PEREIRA	VTAM- 1	00:51:38	00:03:53	00:51:38	00:03:53	00:25:46		SOLLÁNS, TEO
46	218	JUAN DIEGO VAZQUEZ REMIGIO	VTAM- 26	00:51:39	00:03:53	00:51:39	00:03:53	00:25:39	C.A. RIA DE AROUSA, O GROVE	O GROVE
47	53	JESÚS PENAS ESPERANTE	VTAM- 27	00:51:47	00:03:54	00:51:47	00:03:54	00:25:46	CLUB ALPINO OURENSÁN	AMES
48	284	JUAN LUIS GÓMEZ DEL RIO	VTBM- 6	00:51:50	00:03:54	00:51:44	00:03:54	00:26:06		RIBADEO
49	144	LUIS MENDEZ TORRES	VTAM- 28	00:51:52	00:03:54	00:51:52	00:03:54	00:25:44		POBRA DO CARAMIÑAL
50	189	CESAR TABOADA MILLAN	VTAM- 29	00:52:00	00:03:55	00:51:57	00:03:55	00:26:33	ALEJANDRO GÓMEZ-ACADE	SANTIAGO DE COMPOS
51	266	CARLOS FERNANDEZ VILLAVERDE	VTAM- 30	00:52:04	00:03:55	00:52:04	00:03:55	00:25:20	VERXEL NUTRICIÓN DEPORTIVA	ORDES
52	206	IVAN PABLO SANMARTIN CARREIRA	VTAM- 31	00:52:04	00:03:55	00:52:04	00:03:55	00:26:03	ATLETISMO MILLADOIRO	AMES
53	161	BALTASAR FIGUEIRAS MARTINEZ	VTAM- 32	00:52:08	00:03:56	00:52:07	00:03:56	00:26:09		TEO
54	44	IVAN SEGADE CAROU	SNM- 13	00:52:10	00:03:56	00:52:10	00:03:56	00:26:11	C.A. BOIMORTO	A CORUÑA
55	40	JOSE SUAREZ LEIS	VTBM- 7	00:52:21	00:03:57	00:52:21	00:03:57	00:25:39	C.A. BOIMORTO	A BAÑA
56	461	LUCAS ESCANEO MACIÑEIRAS	SNM- 14	00:52:21	00:03:57	00:52:21	00:03:57	00:25:34	CLUB DEPORTIVO PINARIUM	BUEU
57	171	IÑAKI SANCHEZ POLO	SNM- 15	00:52:24	00:03:57	00:52:24	00:03:57	00:26:08		IRUN
58	47	MIGUEL ANGEL FERNANDEZ ALVAREZ	VTAM- 33	00:52:26	00:03:57	00:52:25	00:03:57	00:25:59	C.A.R. MARISQUEIRO	VIGO
59	262	ELADIO RAMOS RODRIGUEZ	VTAM- 34	00:52:27	00:03:57	00:52:14	00:03:56	00:26:38	TRIATLON MOTOBIKE PONTEVE	PONTEVEDRA
60	32	LUIS JAVIER FERNANDEZ OTERO	VTAM- 35	00:52:37	00:03:58	00:52:36	00:03:58	00:26:36	ATLETISMO SAR A POUTADA	PADRON
61	217	FRANCISCO MÍGUEZ GUILLAN	VTAM- 36	00:52:39	00:03:58	00:52:39	00:03:58	00:26:21	C.A. RIA DE AROUSA, O GROVE	OGROBE
62	52	HUGO BALSERA SANMIGUEL	VTAM- 37	00:52:45	00:03:58	00:52:41	00:03:58	00:26:45	CENTRO DE FISIOTERAPIA RAQL	VILAGARCIA DE AROS

63	60	JOSE LUIS LORENZO FIGUEIRA	SNM- 16	00:52:46	00:03:59	00:52:40	00:03:58	00:26:40	ATLETISMO FONTES DO SAR	RIANXO
64	304	JOSE ANTONIO COSTA RODRIGUEZ	VTAM- 38	00:52:54	00:03:59	00:52:51	00:03:59	00:26:38	AGRUPACIÓN ATLÉTICA MAZÍ	CAMBADOS
65	456	JOSE ANTONIO GOMEZ RIOS	VTAM- 39	00:53:00	00:04:00	00:52:59	00:03:59	00:26:41		NOIA
66	18	ALBERTO IGLESIAS CABALEIRO	VTAM- 40	00:53:06	00:04:00	00:53:04	00:04:00	00:26:24	AG 766404 ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
67	215	ALEJANDRO OTERO RAMIREZ	SNM- 17	00:53:08	00:04:00	00:53:03	00:04:00	00:26:59	BOUZA SPRINT	VIGO
68	358	ALBERTO SANTOS CEA	SNM- 18	00:53:17	00:04:01	00:53:11	00:04:00	00:26:50		VILA DE CRUCES
69	347	PABLO PEREZ PEDREIRA	VTAM- 41	00:53:22	00:04:01	00:53:12	00:04:00	00:26:25		LALIN
70	272	RAMON COLLAZO MOSQUERA	VTBM- 8	00:53:24	00:04:01	00:53:23	00:04:01	00:27:03		SANTIAGO DE COMPOS
71	13	AMADOR REBORDA GRAÑA	VTBM- 9	00:53:27	00:04:02	00:53:24	00:04:01	00:26:51	ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
72	418	DAVID MIRÁS CALVO	VTAM- 42	00:53:34	00:04:02	00:53:32	00:04:02	00:26:33		SANTIAGO
73	293	MIGUEL BREY LOUZAO	VTAM- 43	00:53:36	00:04:02	00:53:35	00:04:02	00:26:33		VEDRA
74	78	FRANCISCO VIDAL BEA	VTAM- 44	00:53:40	00:04:03	00:53:40	00:04:03	00:26:27	C.A. RIA DE AROUSA, O GROVE	O GROVE
75	233	JESUS BLANCO MONTERO	VTBM- 10	00:53:47	00:04:03	00:53:45	00:04:03	00:26:29	AG-76569C CLUB CASTRO DE LOBADIZ	AS PONTES
76	341	JUAN CARLOS RODRIGUEZ TORRES	VTAM- 45	00:53:48	00:04:03	00:53:39	00:04:03	00:27:41		RIANXO
77	175	MANUEL CES CRISTOBO	SNM- 19	00:53:53	00:04:04	00:53:47	00:04:03	00:27:36		ROIS
78	383	NARCISO INSUA GONZALEZ	VTAM- 46	00:53:54	00:04:04	00:53:53	00:04:04	00:26:44	CLUB ATLETISMO NOIA	NOIA
79	6	JOSE ANTONIO PEREZ BOLAÑO	VTBM- 11	00:53:57	00:04:04	00:53:53	00:04:04	00:26:59	A. D. LIMIACTIVA	XINZO DE LIMIA
80	8	CLAUDIO SÁNCHEZ	VTAM- 47	00:54:01	00:04:04	00:53:56	00:04:04	00:27:16	A.D. CERNE	MELIDE
81	132	JOSÉ MANUEL GONZÁLEZ SANTAMARÍA	VTBM- 12	00:54:02	00:04:04	00:54:00	00:04:04	00:26:33		BOIRO
82	242	Mª DEL CARMEN PENAS BLANCO	F- 1 SNF- 1	00:54:02	00:04:04	00:53:58	00:04:04	00:27:04	COMESAÑA SPORTING CLUB	ARZÚA
83	232	JOSE ANTONIO TEMBRAS AMENEIRO	VTBM- 13	00:54:03	00:04:04	00:54:01	00:04:04	00:27:17	AG-765704 CLUB CASTRO DE LOBADIZ	AS PONTES
84	21	JOSE MATIAS REGUEIRA BOO	VTM- 2	00:54:06	00:04:05	00:54:04	00:04:04	00:27:30	ATLETISMO E DEPORTES DO BAI A POBRA DO CARAMIÑ	
85	205	ARTURO RAMOS FERROL	VTAM- 48	00:54:07	00:04:05	00:54:00	00:04:04	00:27:59	ATLETISMO MILLADOIRO	SANTIAGO DE COMPOS
86	386	DAVID ESTEVEZ DOMINGUEZ	SNM- 20	00:54:09	00:04:05	00:54:03	00:04:04	00:27:18	CLUB DEPORTIVO PINARIUM	MARIN
87	429	ABELARDO MANUEL SOLER RIVAS	SNM- 21	00:54:11	00:04:05	00:54:00	00:04:04	00:27:49		POBRA DO CARAMIÑAI
88	384	JOSE ANGEL FUENTES SAYAR	VTAM- 49	00:54:17	00:04:05	00:54:11	00:04:05	00:27:23	CLUB DEPORTIVO PINARIUM	MARIN
89	405	JOSE ANTONIO VARELA MARZOA	VTAM- 50	00:54:18	00:04:05	00:54:17	00:04:05	00:26:56		OROSO
90	253	CARLOS DEZA RODRIGUEZ	VTAM- 51	00:54:20	00:04:06	00:54:12	00:04:05	00:27:19	PATUKOS TIM RANIN	CULLEREDO
91	48	MARCOS MENDEZ BARRAN	VTAM- 52	00:54:31	00:04:06	00:54:28	00:04:06	00:27:44	C.A.R. MARISQUEIRO	VIGO
92	72	JAVIER FONTAO AGEITOS	VTAM- 53	00:54:33	00:04:07	00:54:29	00:04:06	00:27:50	CLUB NATACION RIVEIRA	RIBEIRA
93	147	MARCELO LANZA BEN	VTAM- 54	00:54:33	00:04:07	00:54:32	00:04:07	00:27:04		CAMBRE
94	196	MARCOS OTERO RODRIGUEZ	SNM- 22	00:54:34	00:04:07	00:54:25	00:04:06	00:27:28	ATLETISMO A ESTRADA	A ESTRADA
95	106	FERNANDO FERNANDEZ MARTINEZ	VTAM- 55	00:54:41	00:04:07	00:54:37	00:04:07	00:27:14	TORTUGAS TRAIL LEÓN	MILLADOIRO AMES

96	135	DANIEL LOPEZ CANTO	VTAM- 56	00:54:46	00:04:07	00:54:39	00:04:07	00:27:32		LUGO
97	51	JOSE CORTON GONZALEZ	VTAM- 57	00:54:46	00:04:08	00:54:39	00:04:07	00:27:32	CATEDRATICOS DO ASFALTO	LUGO
98	46	JUAN CARLOS PAZ GONZÁLEZ	VTBM- 14	00:54:51	00:04:08	00:54:49	00:04:08	00:28:02	C.A.R. MARISQUEIRO	VIGO
99	99	JOSE MANUEL TOLEDO ESTEVEZ	VTAM- 58	00:54:52	00:04:08	00:54:48	00:04:08	00:27:24	PATO BLANCO CELANOVA	CELANOVA
100	426	OSCAR GARCIA GARCIA	VTAM- 59	00:54:59	00:04:09	00:54:54	00:04:08	00:27:22		SALCEDA
101	457	RICARDO LEON VIÑAS	SNM- 23	00:55:01	00:04:09	00:54:59	00:04:08	00:28:13		NOIA
102	34	XAÍÑO MÉNDEZ FROJÁN	VTAM- 60	00:55:01	00:04:09	00:54:56	00:04:08	00:27:30	ATLETISMO SAR A POUTADA	BOIRO
103	321	RICARDO FERNÁNDEZ COSTA	VTBM- 15	00:55:05	00:04:09	00:55:03	00:04:09	00:27:04	A8565T VETERANOS DE SAMIL/MANUEL	VIGO
104	369	JAVIER COCA GUTIÉRREZ	JPM- 3	00:55:07	00:04:09	00:55:07	00:04:09	00:27:29		SANTIAGO DE COMPOSTELA
105	209	LUIS VILASUSO PITA	VTAM- 61	00:55:11	00:04:09	00:55:10	00:04:09	00:27:55	ATLETISMO OLYMPO	XERMADE
106	81	PABLO VILAS CABO	JPM- 4	00:55:13	00:04:10	00:55:13	00:04:10	00:27:23	DEXTER TRIATLON COMPOSTEL	SANTIAGO DE COMPOSTELA
107	15	JUAN ANTONIO QUIÑONES MIGUEZ	VTAM- 62	00:55:14	00:04:10	00:55:08	00:04:09	00:27:33	ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
108	362	SERGIO REQUEIJO REQUEIJO	SNM- 24	00:55:15	00:04:10	00:55:15	00:04:10	00:27:27		SILLEDA
109	169	ANGEL BELLO FERREIROS	SNM- 25	00:55:20	00:04:10	00:55:19	00:04:10	00:27:28		PADRON
110	228	GERMÁN PÉREZ VIDAL	VTAM- 63	00:55:21	00:04:10	00:55:14	00:04:10	00:28:00	CLUB ATLETISMO NOIA	NOIA
111	57	FERNANDO VARELA CASTRO	SNM- 26	00:55:27	00:04:11	00:55:23	00:04:10	00:27:21	CLUB ATLETISMO CORUÑA CON A	CORUÑA
112	381	FRANCISCO JAVIER OLIVEIRA BOGA	VTAM- 64	00:55:27	00:04:11	00:55:27	00:04:11	00:27:04	CLUB ATLETISMO BICICLETAS OI	SANTIAGO
113	512	ALBERTO VALIÑA MÉNDEZ	VTAM- 65	00:55:29	00:04:11	00:55:29	00:04:11	00:27:20	VERXEL NUTRICIÓN DEPORTIVA A	PASTORIZA
114	298	SANTIAGO CID GARCÍA	SNM- 27	00:55:30	00:04:11	00:55:27	00:04:11	00:27:57		SANTIAGO DE COMPOSTELA
115	10	JOSE MANUEL ROMERO OLVEIRA	VTBM- 16	00:55:34	00:04:11	00:55:32	00:04:11	00:27:26	AAD BARBANZA	POBRA DO CARAMIÑAL
116	459	ANA DOMINGUEZ VIVERO	F- 2 VTAF- 1	00:55:35	00:04:11	00:55:30	00:04:11	00:28:11	USC	SANTIAGO
117	212	CARLOS SANTOS ARGIBAY	VTBM- 17	00:55:35	00:04:11	00:55:34	00:04:11	00:27:48	AG766545 ATLETISMO PORRIÑO	O PORRIÑO
118	62	ANTONIO FERNANDEZ HERMIDA	VTCM- 3	00:55:37	00:04:11	00:55:37	00:04:11	00:28:11	CLUB ATLETISMO NOIA	SANTIAGO DE COMPOSTELA
119	198	JUAN NUÑEZ SEOANE	VTAM- 66	00:55:42	00:04:12	00:55:33	00:04:11	00:28:02	ATLETISMO A ESTRADA	A ESTRADA
120	220	RICARDO OTERO QUINTANA	VTAM- 67	00:55:44	00:04:12	00:55:42	00:04:12	00:27:46	C.A.R. MARISQUEIRO	PONTEVEDRA
121	214	TOMAS ABELEDO PATIÑO	VTBM- 18	00:55:45	00:04:12	00:55:42	00:04:12	00:28:22	ATLETISMO RIAZOR CORUÑA	VILABOA - CULLEREDO
122	263	ROMAN REBANAL ALFAYA	VTAM- 68	00:55:46	00:04:12	00:55:46	00:04:12		TRIATLON MOTOBIKE PONTEVE	PONTEVEDRA
123	54	FCO JAVIER CORREA PIÑEIRO	VTBM- 19	00:55:46	00:04:12	00:55:42	00:04:12	00:28:22	CLUB ATLETISMO CORUÑA CON	VILABOA-CULLEREDO
124	113	PABLO MÉNDEZ TOURAL	VTAM- 69	00:55:59	00:04:13	00:55:59	00:04:13	00:26:26	ZEPPELIN ATLÉTICO	LUGO
125	343	MARTIN SENDE MIRANDA	VTAM- 70	00:56:01	00:04:13	00:55:59	00:04:13	00:27:41		PADRÓN
126	505	MIGUEL ANGEL BLANCO PLAZA	VTAM- 71	00:56:01	00:04:13	00:56:01	00:04:13	00:28:04	FLORISTERIA CARMEN SIO	VIGO
127	38	ISIDRO IGLESIAS IGLESIAS	VTBM- 20	00:56:05	00:04:13	00:56:04	00:04:13	00:27:38	C.A. RIA DE AROUSA, O GROVE	O GROBE
128	204	RAMÓN SUAREZ GOMEZ	VTCM- 4	00:56:07	00:04:14	00:56:00	00:04:13	00:28:31	ATLETISMO MILLADOIRO	MILLADOIRO . AMES.

129	553	JAVIER MOYANO SANCHEZ	SNM- 28	00:56:09	00:04:14	00:56:02	00:04:13	00:28:50		CHANTADA
130	509	JOSE CARLOS TABOADA CALVO	VTAM- 72	00:56:11	00:04:14	00:56:01	00:04:13	00:27:58		LALIN
131	415	ROBERTO CARLOS MOURIÑO ORTIGUEIRA	VTAM- 73	00:56:19	00:04:15	00:56:11	00:04:14	00:28:12		VIGO
132	288	RAMÓN CANOSA CASTIÑEIRA	VTAM- 74	00:56:24	00:04:15	00:56:17	00:04:14	00:29:07		CÉE
133	167	MIGUEL ANGEL PARADA REMISEIRO	SNM- 29	00:56:26	00:04:15	00:56:20	00:04:15	00:28:36		LASARTE-ORIA
134	88	CESAR COSTOYA PRADO	SNM- 30	00:56:32	00:04:15	00:56:18	00:04:14	00:28:55	MONTAEVAI BTT O PINO	FRADES
135	93	MIGUEL ANXO NOGUEIRA PÉREZ	SNM- 31	00:56:32	00:04:16	00:56:19	00:04:14	00:28:54	NOITEBRA FC	SANTIAGO DE COMPOS
136	84	ALFONSO RODRÍGUEZ DONO	VTAM- 75	00:56:34	00:04:16	00:56:28	00:04:15	00:29:04	FON-FER	OLEIROS
137	314	FRANCISCO JOSE GARCIA SOAGE	VTAM- 76	00:56:35	00:04:16	00:56:30	00:04:15	00:28:38	CLUB DEPORTIVO PINARIUM	MARIN
138	265	FRANCISCO J. REY PADIN	VTAM- 77	00:56:35	00:04:16	00:56:30	00:04:15	00:28:14	V.D.A.-CASAL & ASOCIADOS	VILAGARCIA DE AROUS
139	450	PABLO PEREZ LAGO	VTBM- 21	00:56:37	00:04:16	00:56:28	00:04:15	00:29:37	ATLETISMO PORRIÑO	MOS
140	271	FRANCISCO RAMON BLANCO PAN	VTAM- 78	00:56:39	00:04:16	00:56:35	00:04:16	00:28:26		NOIA
141	296	ADOLFO RODRIGUEZ RODRIGUEZ	VTBM- 22	00:56:40	00:04:16	00:56:34	00:04:16	00:28:33		VILAGARCIA DE AROUS
142	197	DAVID RODRÍGUEZ OTERO	SNM- 32	00:56:51	00:04:17	00:56:42	00:04:16	00:28:44	ATLETISMO A ESTRADA	A ESTRADA
143	276	JUANMA MATA TORREIRA	VTAM- 79	00:56:55	00:04:17	00:56:50	00:04:17	00:27:43		SANTIAGO DE COMPOS
144	131	SANTIAGO GARCIA BELLO	VTBM- 23	00:56:56	00:04:17	00:56:55	00:04:17	00:28:05		CAMBRE
145	94	MARTIN EUGENIO RODRIGUEZ GOMEZ	SNM- 33	00:56:58	00:04:17	00:56:45	00:04:16	00:28:47	AG 9511 NOITEBRA FC	PONTECESURES
146	5	JOSÉ MANUEL ROCA RODRIGUEZ	VTAM- 80	00:57:00	00:04:18	00:56:50	00:04:17	00:28:59	A FUME DE CAROZO-ALFA FISIO ARANGA	
147	112	SERGIO PRIETO FARIÑA	SNM- 34	00:57:05	00:04:18	00:57:03	00:04:18	00:27:44	VETERANOS DE SAMIL/MANUEL VIGO	
148	43	JOSE LUIS FDEZ. CARBAJALES	VTAM- 81	00:57:09	00:04:18	00:56:58	00:04:17	00:29:25	C.A. BOIMORTO	BOIMORTO
149	100	JESÚS ÁNGEL ARIAS CASTRO	VTAM- 82	00:57:11	00:04:18	00:57:07	00:04:18	00:29:09	PATO BLANCO CELANOVA	VEREA
150	281	JOSE ANTONIO ALVAREZ FLORES	VTBM- 24	00:57:14	00:04:19	00:57:10	00:04:18	00:28:35		LUGO
151	229	MARCOS ANTONIO BLANCO FIGUEIRIDO	VTAM- 83	00:57:17	00:04:19	00:57:09	00:04:18	00:29:06	CLUB ATLETISMO NOIA	SERRA DE OUTES
152	219	ROBERTO GARCÍA COLLAZO	VTAM- 84	00:57:21	00:04:19	00:57:19	00:04:19	00:28:44	C.A.R. MARISQUEIRO	VIGO
153	45	JOSE MANUEL RODRIGUEZ CARAMÈS	VTCM- 5	00:57:22	00:04:19	00:57:22	00:04:19	00:28:45	C.A.R. MARISQUEIRO	SALCEDA DE CASELAS
154	156	DAVID NOVO MARTÍNEZ	VTAM- 85	00:57:27	00:04:20	00:57:22	00:04:19	00:29:45		RIBEIRA
155	449	ANDRÉS AGIS GONDAR	VTBM- 25	00:57:27	00:04:20	00:57:14	00:04:19	00:29:18		SANXENXO
156	312	TERESA CASTRO VILLAVERDE	F- 3 VTAF- 2	00:57:30	00:04:20	00:57:27	00:04:20	00:29:02	CLUB ATLETISMO NOIA	VIMIANZO
157	310	JAVIER NOVO BUJEIRO	SNM- 35	00:57:32	00:04:20	00:57:23	00:04:19	00:29:00	CLUB ATLETISMO CORUÑA COM CEE	
158	420	BERNARDO DURAN DURAN	VTAM- 86	00:57:32	00:04:20	00:57:30	00:04:20	00:29:03		AS NEVES
159	508	MANUEL JULIAN GARCIA PRADO	VTAM- 87	00:57:37	00:04:20	00:57:37	00:04:20	00:28:03		
160	64	JOSÉ IGNACIO CALVO FERNÁNDEZ	SNM- 36	00:57:40	00:04:21	00:57:38	00:04:20	00:28:24	CLUB ATLETISMO NOIA	AMES
161	247	AMADOR PENA TORREIRA	SNM- 37	00:57:46	00:04:21	00:57:29	00:04:20	00:30:47	NOITEBRA FC	SANTIAGO DE COMPOS

162	331	SEBASTIAN ALIA MORAL		VTAM- 88	00:57:52	00:04:21	00:57:33	00:04:20	00:29:53		GUITIRIZ
163	80	ROBERTO PARDAVILA PONCE		VTAM- 89	00:57:56	00:04:22	00:57:49	00:04:21	00:29:46	CORREDORES POPULARES ARM.	FERROL
164	511	MARCOS FANDIÑO REISSMANN		SNM- 38	00:58:03	00:04:22	00:57:47	00:04:21	00:29:36	AG766785 CLUB DEPORTIVO PINARIUM	PONTEVEDRA
165	502	JOSE MANUEL CES ROMERO		VTAM- 90	00:58:07	00:04:23	00:57:49	00:04:21	00:29:59	ATLETISMO FONTES DO SAR	AMENEIRO-CALO-TEO
166	277	JOSE CARLOS REBOREDO FRAGA		VTAM- 91	00:58:13	00:04:23	00:58:07	00:04:23	00:29:05		DEIXEBRE
167	283	JULIO ÁLVAREZ ESTÉVEZ		VTAM- 92	00:58:15	00:04:23	00:58:12	00:04:23	00:29:44		VIGO
168	349	ROBERTO PICON ESPIÑO		SNM- 39	00:58:18	00:04:23	00:58:05	00:04:23	00:29:51		BERTAMIRANS
169	424	ELIAS TRILLO LEMA		VTAM- 93	00:58:22	00:04:24	00:58:05	00:04:22	00:29:38		A CORUÑA
170	268	IVÁN MAGARIÑOS CONDE		SNM- 40	00:58:22	00:04:24	00:58:16	00:04:23	00:29:53		LA ESTRADA
171	221	JUAN MENÉNDEZ ARBESÚ		VTBM- 26	00:58:23	00:04:24	00:57:55	00:04:22	00:30:01	C.D. EGOVARROS-VIVEIRO	O BURGO
172	42	XESUS MANUEL SEGADE CAROU		VTAM- 94	00:58:27	00:04:24	00:58:20	00:04:24	00:29:27	C.A. BOIMORTO	A CORUÑA
173	294	MARTIN PIRES SANTOS		SNM- 41	00:58:27	00:04:24	00:58:07	00:04:23	00:29:54		BUEU
174	16	MARCOS MANUEL GARCIA LAGO		VTAM- 95	00:58:29	00:04:24	00:58:22	00:04:24	00:28:52	ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
175	192	JOSE ANTONIO VALLEJO PEREZ		VTAM- 96	00:58:29	00:04:24	00:58:22	00:04:24	00:29:05	ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
176	202	SANTI CANICOBA		VTAM- 97	00:58:39	00:04:25	00:58:22	00:04:24	00:30:47	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOS
177	24	ROCIO PORTO ARIAS	F- 4	SNF- 2	00:58:45	00:04:26	00:58:45	00:04:26		ATLETISMO MONTE SEGADE	LUGO
178	151	JUAN GIGIREY AMADO		VTAM- 98	00:58:55	00:04:26	00:58:49	00:04:26	00:28:37		BERTAMIRANS
179	55	PEDRO DOMENECH GONZÁLEZ		VTAM- 99	00:58:55	00:04:26	00:58:49	00:04:26	00:29:56	CLUB ATLETISMO CORUÑA COM	CULLEREDO
180	564	PABLO PAZOS OTERO		VTAM- 100	00:58:57	00:04:26	00:58:44	00:04:25	00:30:10		PONTEVEDRA
181	87	MARIO GONZALEZ FREIRE		VTBM- 27	00:58:58	00:04:26	00:58:29	00:04:24	00:31:09	MILLARAIO	BRION
182	41	FRANCISCO DUARTE VAZQUEZ		VTBM- 28	00:59:01	00:04:27	00:58:56	00:04:26	00:30:04	C.A. BOIMORTO	A CORUÑA
183	436	DAVID DOMINGUEZ REY		SNM- 42	00:59:08	00:04:27	00:59:01	00:04:27	00:29:49		TAPIA-AMES
184	61	MAXIMINO LIMÉNS PRADO		VTBM- 29	00:59:09	00:04:27	00:59:05	00:04:27	00:29:13	CLUB ATLETISMO NEGREIRA	NEGREIRA
185	164	JESUS EDUARDO PEREZ RODRIGUEZ		VTAM- 101	00:59:14	00:04:28	00:59:06	00:04:27	00:30:57		PORRIÑO
186	90	SONIA VÁZQUEZ RODRÍGUEZ	F- 5	VTAF- 3	00:59:19	00:04:28	00:59:16	00:04:28	00:29:44	MTC Y HERMANOS LOURES	LUGO
187	324	FAUSTINO VELASCO MUNICIO		VTBM- 30	00:59:19	00:04:28	00:59:19	00:04:28	00:29:55		VALLADOLID
188	455	VICTOR CANTAVELLA NADAL		VTAM- 102	00:59:20	00:04:28	00:59:20	00:04:28	00:28:13		MADRID
189	250	MANUEL LOJO CARAMÉS		SNM- 43	00:59:25	00:04:29	00:59:21	00:04:28	00:29:48	PATO BLANCO CELANOVA	NOIA
190	239	JAVIER GUIMAREY SENIN		VTAM- 103	00:59:40	00:04:30	00:59:35	00:04:29	00:29:11	ATLETISMO SAR A POUTADA	PADRON
191	567	MARGARITA PEREZ BARDANCA	F- 6	VTAF- 4	00:59:40	00:04:30	00:59:40	00:04:30	00:29:30	ATLETISMO SAR A POUTADA	CAION- LARACHA
192	179	HÉCTOR TARRÍO PÉREZ		SNM- 44	00:59:40	00:04:30	00:59:35	00:04:29	00:29:14		CATOIRA
193	559	EMILIO SABORIDO FERNANDEZ		SNM- 45	00:59:44	00:04:30	00:59:39	00:04:30	00:30:12		RIANXO
194	98	RAMON BARREIRO CERNADAS		VTBM- 31	00:59:44	00:04:30	00:59:25	00:04:29	00:30:53	PATO BLANCO CELANOVA	OUTES

195	299	DIEGO COSTAS MARIÑO	VTAM- 104	00:59:46	00:04:30	00:59:37	00:04:29	00:29:43		MILLADOIRO
196	19	JOAQUÍN BARREIRO TATO	VTBM- 32	00:59:51	00:04:30	00:59:33	00:04:29	00:30:43	ATLETISMO A ESTRADA	A ESTRADA
197	430	DANIEL RIVEIRO HERMO	SNM- 46	00:59:52	00:04:31	00:59:46	00:04:30	00:29:46		CATOIRA
198	75	EDUARDO CERNADAS VAZQUEZ	VTAM- 105	00:59:58	00:04:31	00:59:58	00:04:31	00:29:59	CLUB RIA FERROL	PANTIN-VALDOVIÑO
199	416	JAVIER BORRAJO RODRIGUEZ	VTAM- 106	01:00:01	00:04:31	00:59:59	00:04:31	00:29:31		MOS
200	388	CÉSAR TRASEIRA LINARES	JPM- 5	01:00:02	00:04:31	00:59:57	00:04:31	00:28:27	GRUPO ISN PAMPLONA ATLÉTIC	LUGO
201	235	FRANCISCO SOBRAL ROSALES	VTAM- 107	01:00:02	00:04:31	00:59:57	00:04:31	00:29:45	CLUB DEPORTIVO PINARIUM	MARIN
202	338	ANTONIO BAZARRA AGULLA	VTAM- 108	01:00:04	00:04:31	00:59:47	00:04:30	00:30:32		LIRA
203	125	ANGEL MARTINEZ OVIEDO	VTBM- 33	01:00:10	00:04:32	01:00:10	00:04:32	00:30:31		NOIA
204	3	EUSEBIA MALDONADO	F- 7 SNF- 3	01:00:13	00:04:32	01:00:07	00:04:32	00:30:21		A CORUÑA
205	177	ISMAEL PRIETO SOUTO	SNM- 47	01:00:19	00:04:33	01:00:10	00:04:32	00:31:18		CAMBRE
206	65	JOSE MANUEL PRIETO SOUTO	VTAM- 109	01:00:23	00:04:33	01:00:14	00:04:32	00:31:18	ATLETISMO RIAZOR CORUÑA	CAMBRE
207	292	PURIFICACION FERNANDEZ CAMPOS	F- 8 VTAF- 5	01:00:32	00:04:34	01:00:27	00:04:33	00:30:21		BERGONDO
208	193	MANUEL CALVO GERARDI	VTM- 6	01:00:32	00:04:34	01:00:32	00:04:34	00:30:23	ATLETISMO +9 MORAÑA	MORAÑA
209	201	IVÁN VIDAL CASTAÑO	SNM- 48	01:00:33	00:04:34	01:00:16	00:04:32	00:30:48	ATLETISMO FONTES DO SAR	LOUSAME
210	330	JOSE MANUEL VALIÑO CEREIJO	VTBM- 34	01:00:38	00:04:34	01:00:31	00:04:33	00:30:25		TOURO
211	380	BEGOÑA FEIJOO SANCHEZ	F- 9 VTAF- 6	01:00:41	00:04:34	01:00:38	00:04:34	00:30:52	CLUB ATLETISMO ARTUNDUAGA	BASAURI
212	160	JAVIER GONZÁLEZ LÓPEZ-MOSQUERA	VTAM- 110	01:00:41	00:04:34	01:00:29	00:04:33	00:30:19		PONTEVEDRA
213	234	JORGE FERMÍN RODAL VIDAL	VTBM- 35	01:00:42	00:04:34	01:00:38	00:04:34	00:30:29	CLUB DEPORTIVO PINARIUM	MARÍN
214	89	FRANCISCO ULLOA PRADO	VTBM- 36	01:00:55	00:04:35	01:00:52	00:04:35	00:29:49	MTC Y HERMANOS LOURES	TABOADA
215	163	JOSÉ MANUEL CASÁS CASÁS	VTAM- 111	01:00:57	00:04:35	01:00:55	00:04:35	00:31:01		A CORUÑA
216	462	VICENTE ARMENTAL PÉREZ	VTAM- 112	01:00:58	00:04:36	01:00:55	00:04:35	00:30:03		CAMBRE
217	155	JAVIER BLANCO AQUINO	VTAM- 113	01:00:58	00:04:36	01:00:41	00:04:34	00:31:30		CORCUBION
218	441	JAVIER TAIBO GARCÍA	SNM- 49	01:01:03	00:04:36	01:00:58	00:04:35	00:30:55		CATOIRA
219	255	XOSE FRANCISCO LEMA RIVADAS	VTAM- 114	01:01:07	00:04:36	01:01:06	00:04:36	00:30:37	QUESCREM	SANTIAGO DE COMPOSTELA
220	412	ENRIQUE CASTAÑO ROMERO	VTAM- 115	01:01:11	00:04:36	01:00:57	00:04:35	00:31:19		NOIA
221	353	JAVIER SUAREZ GIADAS	SNM- 50	01:01:15	00:04:37	01:01:15	00:04:37	00:30:59		TOURO
222	391	MARIA COYA OTERO	F- 10 VTAF- 7	01:01:20	00:04:37	01:01:15	00:04:37	00:31:18	TRIATLON DUERO	ESPAÑA
223	360	DIEGO MONTOUTO REQUEIJO	SNM- 51	01:01:21	00:04:37	01:01:21	00:04:37	00:31:00		SILLEDA
224	313	RAUL IGLESIAS GONZALEZ	VTBM- 37	01:01:21	00:04:37	01:01:15	00:04:37	00:30:44	CLUB DEPORTIVO PINARIUM	MARIN
225	236	DIEGO MOLEDO ESTEVEZ	VTAM- 116	01:01:21	00:04:37	01:01:05	00:04:36	00:30:45	AG767237 CLUB DEPORTIVO PINARIUM	PONTEVEDRA
226	150	JOSE LUIS LOPEZ ALVAREZ	VTAM- 117	01:01:23	00:04:37	01:01:18	00:04:37	00:30:54		LEIRADO
227	376	DANIEL SANDE QUINTANS	VTAM- 118	01:01:24	00:04:37	01:01:14	00:04:37	00:30:43	ATLETISMO A ESTRADA	A ESTRADA

228	507	DAVID SUÁREZ NEGREIRA	SNM- 52	01:01:28	00:04:38	01:01:18	00:04:37	00:30:20		NEGREIRA
229	307	SONIA MARIA AGRASAR BARRAL	F- 11 VTAF- 8	01:01:32	00:04:38	01:01:32	00:04:38	00:30:22	ATLETISMO SAR A POUTADA	PADRON
230	280	ANTONIO SOUTO REGO	VTBM- 38	01:01:33	00:04:38	01:01:27	00:04:38	00:30:48		VILALBA
231	224	JESÚS ENRIQUE REY SOUTO	VTAM- 119	01:01:33	00:04:38	01:01:23	00:04:37	00:31:30	C.A. BOIMORTO	BOIMORTO
232	119	RAMON HERMO REY	VTBM- 39	01:01:36	00:04:38	01:01:24	00:04:37	00:31:20		VIGO
233	463	SANTIAGO MUIÑOS MAURIZ	VTAM- 120	01:01:40	00:04:39	01:01:32	00:04:38	00:30:57	CORREDORES POPULARES ARM. FERROL	
234	287	IGNACIO GARCÍA FEIJÓO	VTAM- 121	01:01:41	00:04:39	01:01:39	00:04:39	00:30:19		PADRÓN
235	269	JOSEFINA CASTRO CASTRO	F- 12 VTBF- 1	01:01:42	00:04:39	01:01:42	00:04:39	00:30:48		LUGO
236	556	FRANCISCO ESTEVEZ CID	VTAM- 122	01:01:52	00:04:40	01:01:38	00:04:38	00:31:55		OLEIROS
237	122	JUAN RAMON ROMERO PENA	VTBM- 40	01:01:58	00:04:40	01:01:53	00:04:40	00:30:45		A CORUÑA
238	346	MIGUEL TIRADO VAL	VTAM- 123	01:01:59	00:04:40	01:01:38	00:04:38	00:32:00		PONFERRADA
239	414	SUSO PIÑEIRO BAAMONDE	VTAM- 124	01:02:06	00:04:41	01:01:48	00:04:39	00:29:55		NOIA
240	152	HÉCTOR CAJARAVILLE ARAÚJO	VTAM- 125	01:02:06	00:04:41	01:02:04	00:04:40	00:31:32		SANTIAGO DE COMPOSTELA
241	361	JAVIER IGLESIAS VIGO	SNM- 53	01:02:11	00:04:41	01:02:07	00:04:41	00:31:36		PADRON
242	357	SERGIO COBAS SEOANE	SNM- 54	01:02:13	00:04:41	01:02:04	00:04:40	00:32:56		SANTIAGO DE COMPOSTELA
243	111	MARGA VILLAVARDE ROSALES	F- 13 SNF- 4	01:02:17	00:04:41	01:02:04	00:04:40	00:31:14	TRIATLON MOTOBIKE PONTEVE	LOURIZAN-PONTEVEDRA
244	506	EDER FERNANDEZ PEREZ	VTAM- 126	01:02:17	00:04:41	01:02:07	00:04:41	00:31:13		OROSO
245	356	SANTIAGO LOPEZ PENA	SNM- 55	01:02:20	00:04:42	01:02:07	00:04:41	00:31:15		OCA AMES
246	560	JESUS BALIÑA DE JESUS	VTAM- 127	01:02:23	00:04:42	01:02:18	00:04:42	00:31:05		AMES
247	137	VÍTOR MANUEL RODRÍGUEZ JURJO	VTAM- 128	01:02:26	00:04:42	01:02:24	00:04:42	00:31:15		SANTIAGO DE COMPOSTELA
248	95	GONZALO SILVA BRENLLA	SNM- 56	01:02:27	00:04:42	01:02:20	00:04:42	00:30:02	NOITEBRA FC	SANTA COMBA
249	238	XABIER CASTRO FERNANDEZ	SNM- 57	01:02:28	00:04:42	01:02:16	00:04:41	00:31:10	CLUB ZEPPELIN ATLETICO	OROSO
250	555	ALFONSO CODON VEGA	VTBM- 41	01:02:30	00:04:42	01:02:26	00:04:42	00:31:45		VIGO
251	350	JOSÈ CARLOS ESTÈVEZ DURÀN	SNM- 58	01:02:37	00:04:43	01:02:16	00:04:41	00:32:07		BELUSO-BUEU
252	210	SUSANA BELLAS BERMÚDEZ	F- 14 VTAF- 9	01:02:39	00:04:43	01:02:35	00:04:43	00:31:46	ATLETISMO OLYMPO	AS PONTES
253	554	MANUEL FERREIRO OROSA	SNM- 59	01:02:39	00:04:43	01:02:32	00:04:43	00:31:04		VILALBA
254	211	MARIA JOSÉ GROBAS GARABOA	F- 15 VTAF- 10	01:02:39	00:04:43	01:02:37	00:04:43	00:31:46	ATLETISMO ORDES	MESÍA
255	12	HIPOLITO JAVIER MAQUIEIRA RODRIGUEZ	VTBM- 42	01:02:41	00:04:43	01:02:34	00:04:43	00:31:48	AG767206 ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
256	69	KARINA CALLON TREUS	F- 16 SNF- 5	01:02:44	00:04:43	01:02:37	00:04:43	00:31:36	CLUB ATLETISMO SADA	CAMBRE
257	158	EDUARDO MENDEZ VAZQUEZ	VTAM- 129	01:02:46	00:04:44	01:02:28	00:04:42	00:32:39		VIGO
258	454	FELIPE IGLESIAS MIRA	VTAM- 130	01:02:46	00:04:44	01:02:29	00:04:42	00:32:38	AG-11001 ESPRINTES OURENSE	OURENSE
259	109	DIEGO DANS PÉREZ	VTAM- 131	01:02:49	00:04:44	01:02:25	00:04:42	00:31:39	TRASNOS CORUÑA	CURTIS
260	337	DANIEL CASTELO GUERRERO	VTAM- 132	01:02:49	00:04:44	01:02:41	00:04:43	00:31:06		VIGO

261	174	CARLOS SALVADO BERMUDEZ	SNM- 60	01:03:03	00:04:45	01:02:47	00:04:44	00:33:09		AMES
262	244	MARIO DANIEL VARELA CRESPO	SNM- 61	01:03:11	00:04:46	01:02:54	00:04:44	00:32:40	AG-763625 ESPRINTES OURENSE	O CARBALLIÑO
263	118	JOSE ENRIQUE GOMEZ LOPEZ	VTBM- 43	01:03:13	00:04:46	01:02:55	00:04:44	00:32:24		PONTEVEDRA
264	22	JOSE CARLOS SILVOSA PIÑEIRO	VTAM- 133	01:03:13	00:04:46	01:02:55	00:04:44	00:32:22	ATLETISMO MONTE SEGADE	CASTRO DE REY
265	207	RAMON JOSE GAYOSO PITA	VTAM- 134	01:03:13	00:04:46	01:02:55	00:04:44	00:32:22	ATLETISMO MONTE SEGADE	LUGO
266	166	SERGIO DOMINGUEZ PAZ	VTAM- 135	01:03:14	00:04:46	01:03:09	00:04:45	00:31:44		VIGO
267	315	ANTONIO COUSO GARCIA	VTM- 7	01:03:15	00:04:46	01:03:15	00:04:46	00:30:24	ATLETISMO +9 MORAÑA	CUNTIS
268	240	MARINELA MAYO CAAMAÑO	F- 17 SNF- 6	01:03:16	00:04:46	01:03:15	00:04:46	00:31:11	ATLETISMO SAR A POUTADA	BERTAMIRANS
269	504	MARIA ELENA MIGUENS OTERO	F- 18 VTAF- 11	01:03:17	00:04:46	01:03:15	00:04:46	00:31:12	ATLETISMO SAR A POUTADA	PADRON
270	317	DAVID TABOADA MARTÍNEZ	SNM- 62	01:03:18	00:04:46	01:03:03	00:04:45	00:31:25	RUNNING LUSEKELO	VIGO
271	345	MIGUEL SANTOMIL LAPIDO	VTAM- 136	01:03:26	00:04:47	01:03:22	00:04:46	00:31:34		PADRON
272	168	CARMEN VAGACE NÚÑEZ	F- 19 SNF- 7	01:03:32	00:04:47	01:03:12	00:04:46	00:34:07		LUGO
273	186	MANUEL VAZQUEZ IGLESIAS	VTAM- 137	01:03:34	00:04:47	01:03:23	00:04:46	00:31:29	A FUME DE CAROZO	A CORUÑA
274	433	DIEGO PAZOS OTERO	SNM- 63	01:03:35	00:04:47	01:03:14	00:04:46	00:32:12		SANXENXO
275	129	JOSÉ ANTONIO SAAVEDRA PAZOS	VTBM- 44	01:03:37	00:04:47	01:03:37	00:04:47	00:31:47		A CORUÑA
276	183	PABLO ROO MAROÑAS	SNM- 64	01:03:38	00:04:48	01:03:22	00:04:46	00:33:21		LOUSAME
277	185	FERNANDO OTERO RAMIREZ	VTAM- 138	01:03:38	00:04:48	01:03:34	00:04:47	00:31:34	A BOUZA SPRINT	VIGO
278	452	JUAN NEGREIRA MONTERO	SNM- 65	01:03:48	00:04:48	01:03:39	00:04:48	00:32:55		SANTIAGO
279	182	ALBERTO GÓMEZ VILA	SNM- 66	01:03:49	00:04:48	01:03:33	00:04:47	00:33:21		NOIA
280	59	DIEGO GARCIA LORENZO	SNM- 67	01:03:52	00:04:49	01:03:36	00:04:47	00:32:08	ATLETISMO FONTES DO SAR	RIANXO
281	58	DANIEL NEGREIRA BARCIA	SNM- 68	01:03:52	00:04:49	01:03:44	00:04:48	00:32:09	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
282	260	MARCOS ALVAREZ PATIÑO	VTAM- 139	01:03:57	00:04:49	01:03:44	00:04:48	00:31:33	TRASNOS CORUÑA	A CORUÑA
283	173	DIEGO LUIS LEÓN REQUEIJO	SNM- 69	01:04:04	00:04:49	01:03:49	00:04:48	00:33:10		AMES
284	444	SANTIAGO LOPEZ LOPEZ	SNM- 70	01:04:10	00:04:50	01:03:54	00:04:49	00:33:36		PONTEVEDRA
285	434	ROBERTO REY LÓPEZ	SNM- 71	01:04:22	00:04:51	01:03:57	00:04:49	00:32:28		A CORUÑA
286	249	JORGE CARREIRA NODAR	VTAM- 140	01:04:23	00:04:51	01:04:11	00:04:50	00:32:47	OLIMPICO DE VEDRA	A ESTRADA
287	26	JOSE ISAIAS BURLIDO BORREGO	VTBM- 45	01:04:24	00:04:51	01:04:21	00:04:51	00:32:17	ATLETISMO PORRIÑO	PORRIÑO
288	513	JOSE ALVAREZ LORENZO	VTAM- 141	01:04:26	00:04:51	01:04:11	00:04:50	00:32:24		VIGO
289	103	RAMIRO TABOADA GONZÁLEZ	VTBM- 46	01:04:27	00:04:51	01:04:11	00:04:50	00:32:24	RUNNING LUSEKELO	VIGO
290	181	ALBERTO COTELO SENANDE	SNM- 72	01:04:27	00:04:51	01:04:25	00:04:51	00:32:33		CARBALLO
291	458	HELENA FERNÁNDEZ LAGO	F- 20 SNF- 8	01:04:29	00:04:51	01:04:16	00:04:50	00:32:33	CLUB NATACION RIVEIRA	PALMEIRA
292	73	RAMON FERNANDEZ LAGO	VTAM- 142	01:04:30	00:04:51	01:04:18	00:04:51	00:32:32	CLUB NATACION RIVEIRA	RIVEIRA
293	557	DAVID LÓPEZ VILARIÑO	VTAM- 143	01:04:33	00:04:52	01:04:25	00:04:51	00:31:17		MILLADOIRO (AMES)

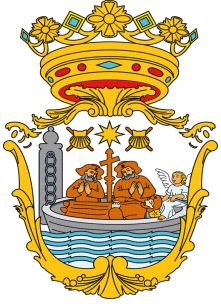
294	256 JAIME CARLOS MARTINEZ LOSADA	VTAM- 144	01:04:35	00:04:52	01:04:19	00:04:51	00:32:33	RUNNING LUSEKELO	VIGO
295	25 JOSE RAMON CONDE TORRES	VTAM- 8	01:04:39	00:04:52	01:04:24	00:04:51	00:33:05	ATLETISMO PORRIÑO	PORRIÑO
296	351 JUAN FARIÑA LAMEIRO	SNM- 73	01:04:40	00:04:52	01:04:36	00:04:52	00:30:43		VILAGARCÍA DE AROUS
297	377 CESAR OSORIO DIEGUEZ	VTAM- 145	01:04:40	00:04:52	01:04:14	00:04:50	00:34:11	BEKELE RUNNING TEAM	VIGO
298	190 FERNANDO CARNERO ESTEVEZ	VTAM- 146	01:04:44	00:04:53	01:04:39	00:04:52	00:33:16	ALEJANDRO GÓMEZ-ACADE	TUI
299	551 JUAN JESÚS TAJES MAYO	VTAM- 147	01:04:48	00:04:53	01:04:38	00:04:52	00:32:59		BERTAMIRÁNS
300	286 JOAQUIN RODIÑO REY	VTAM- 148	01:04:49	00:04:53	01:04:34	00:04:52	00:33:19		CAMBADOS
301	342 XOSEMARIA RODRIGUEZ FERNANDEZ	VTAM- 149	01:04:51	00:04:53	01:04:31	00:04:52	00:33:16		TEO
302	438 ANDRÉ ADRIO	SNM- 74	01:04:53	00:04:53	01:04:31	00:04:52	00:34:30		VIGO
303	20 ANTONIO MARIÑO SANTAMARIA	VTAM- 9	01:05:03	00:04:54	01:04:52	00:04:53	00:33:31	ATLETISMO BARBANZA DE POBÍ RIBEIRA	
304	442 JOSE MOURE DIOS	SNM- 75	01:05:19	00:04:55	01:05:15	00:04:55	00:30:55		CATOIRA
305	563 ROBERTO REY SEOANE	VTBM- 47	01:05:20	00:04:55	01:05:14	00:04:55	00:32:36		A BAÑA
306	7 FÁTIMA GONZÁLEZ OUTUMURO	F- 21 VTAF- 12	01:05:21	00:04:55	01:05:15	00:04:55	00:32:35	A. D. LIMIACTIVA	XINZO DE LIMIA
307	569 ANGEL JUVIÑO PREGO	VTAM- 150	01:05:36	00:04:56	01:05:35	00:04:56	00:32:19		ARTEIXO
308	56 SUSANA FEIJOO SÁNCHEZ	F- 22 VTAF- 13	01:05:39	00:04:57	01:05:36	00:04:56	00:33:15	CLUB ATLETISMO CORUÑA COM A CORUÑA	
309	124 EMILIO ABAL MORRAZO	VTBM- 48	01:05:42	00:04:57	01:05:40	00:04:57	00:32:39		CAMBADOS
310	252 MIGUEL DEZA RODRÍGUEZ	VTAM- 151	01:05:44	00:04:57	01:05:34	00:04:56	00:33:39	PATUKOS TIM RANIN	A CORUÑA
311	333 ANTONIO DASILVA LIMA	VTAM- 152	01:05:44	00:04:57	01:05:36	00:04:56	00:33:15		BARRO
312	140 JOSE MANUEL NOCEDA NOCEDA	VTAM- 153	01:05:46	00:04:57	01:05:20	00:04:55	00:32:39		LARIÑO/CARNOTA
313	421 FERNANDO VICENTE SÁNCHEZ	VTAM- 154	01:05:48	00:04:57	01:05:48	00:04:57	00:31:54		VIGO
314	355 PLACIDO FERREIRO FUENTES	SNM- 76	01:05:51	00:04:58	01:05:27	00:04:56	00:34:25		BOBORAS
315	423 ÓSCAR GONZÁLEZ GOMEZ	VTAM- 155	01:05:52	00:04:58	01:05:28	00:04:56	00:34:28		O CARBALLIÑO
316	154 FRANCISCO JAVIER DOMINGUEZ ZUFIAURRE	VTAM- 156	01:05:52	00:04:58	01:05:28	00:04:56	00:34:27		O, CARBALLIÑO
317	410 DANIEL GARCIA ARELLANO	VTAM- 157	01:05:54	00:04:58	01:05:47	00:04:57	00:33:34		PONTEVEDRA
318	407 SANTIAGO RODRIGUEZ VIDAL	VTAM- 158	01:05:56	00:04:58	01:05:56	00:04:58	00:33:08		SEIRA- ROIS
319	246 MARÍA SOUTO PRIETO	F- 23 JPF- 1	01:06:00	00:04:58	01:06:00	00:04:58	00:33:04	LUCUS CAIXA RURAL	VILALBA
320	460 ROI GONZALEZ BELLO	SNM- 77	01:06:05	00:04:59	01:05:59	00:04:58	00:31:58		SANTIAGO
321	279 AGUSTÍN AGRA	VTBM- 49	01:06:08	00:04:59	01:06:07	00:04:59	00:33:29		NOIA
322	378 DAVID RODRÍGUEZ LAGO	SNM- 78	01:06:10	00:04:59	01:06:01	00:04:58	00:32:57	C. N CIUDAD DE SANTIAGO	MILLADOIRO (AMES)
323	23 PABLO DIAZ GAY	VTAM- 159	01:06:17	00:05:00	01:05:58	00:04:58	00:32:05	ATLETISMO MONTE SEGADE	PONTEVEDRA
324	451 MANUEL ROSALES TOUZA	VTAM- 10	01:06:26	00:05:00	01:06:26	00:05:00	00:33:02	VETERANOS DE GALICIA	MARÍN
325	282 JACOBO GONZÁLEZ RODRÍGUEZ	VTAM- 160	01:06:39	00:05:01	01:06:25	00:05:00	00:34:09		ROIS
326	86 JULIO MARQUINA FUENTES	VTBM- 50	01:06:41	00:05:01	01:06:29	00:05:00	00:32:41	KÓRPORE-CARBALLIÑO	O CARBALLIÑO

327	149	MIGUEL ANGEL FEIJOO ALVAREZ	VTAM- 161	01:06:42	00:05:01	01:06:36	00:05:01	00:33:27		VIGO
328	39	JESUS RAÑA PLATAS	VTCM- 11	01:06:45	00:05:02	01:06:43	00:05:01	00:32:41	C.A. BOIMORTO	SANTIAGO DE COMPOS
329	245	FERNANDO MÍGUEZ FERNÁNDEZ	SNM- 79	01:06:45	00:05:02	01:06:39	00:05:01	00:33:34	FON-FER	A CORUÑA
330	92	MANUEL MOURE SANDE	VTBM- 51	01:06:46	00:05:02	01:06:32	00:05:01	00:34:03	AG 9867	NOITEBRA FC
331	273	ANGEL PEREZ SUSAVILA	VTBM- 52	01:06:48	00:05:02	01:06:29	00:05:00	00:33:36		DODRO
332	148	JUAN MANUEL BAUTIS OTERO	VTAM- 162	01:06:49	00:05:02	01:06:35	00:05:01	00:33:10		AMES. MILLADOIRO
333	322	SONIA AMATRIAIN SUAREZ	F- 24 VTAF- 14	01:06:54	00:05:02	01:06:50	00:05:02	00:33:50	A8396T	VETERANOS DE SAMIL/MANUEL VIGO
334	194	CELINA RODRIGUEZ SOBRINO	F- 25 VTBF- 2	01:06:59	00:05:03	01:06:59	00:05:03	00:33:26		ATLETISMO +9 MORAÑA
335	136	EVA MARIA MARTINEZ ADEGA	F- 26 VTAF- 15	01:07:04	00:05:03	01:06:50	00:05:02	00:34:29		O PORRIÑO
336	133	JUAN JOSE VEIGA TEJEIRA	VTAM- 163	01:07:05	00:05:03	01:06:50	00:05:02	00:34:31		O PORRIÑO
337	417	RAFAEL CUÑA VILÁN	VTAM- 164	01:07:21	00:05:04	01:07:11	00:05:04	00:34:26		ROIS
338	311	JUAN RAMON PEÑA BARREIRO	VTAM- 165	01:07:31	00:05:05	01:07:14	00:05:04	00:33:28		CLUB ATLETISMO NOIA
339	389	ANTONIO REMUIÑAN SANCHEZ	VTCM- 12	01:07:38	00:05:06	01:07:27	00:05:05	00:34:25		MEDIA DUCIA
340	402	ALFONSO REMUIÑAN SANCHEZ	VTBM- 53	01:07:39	00:05:06	01:07:27	00:05:05	00:34:20		A CORUÑA
341	146	GERARDO MIGUEL FONTÁN PÉREZ	VTAM- 166	01:07:45	00:05:06	01:07:24	00:05:05	00:34:24		ROMAI
342	170	SERGIO SOTO BUCETA	SNM- 80	01:07:45	00:05:06	01:07:24	00:05:05	00:34:23		RIBADUMIA
343	187	XOSÉ ENRIQUE PUJALES MARTÍNEZ	VTCM- 13	01:07:50	00:05:06	01:07:41	00:05:06	00:33:45		ALEJANDRO GÓMEZ-ACADE
344	344	MIGUEL CASTRO RODRÍGUEZ	VTAM- 167	01:07:54	00:05:07	01:07:35	00:05:05	00:35:20		CALO (TEO)
345	328	JUAN CARLOS GARCIA GARCIA	VTBM- 54	01:07:54	00:05:07	01:07:37	00:05:06	00:34:29		MOS
346	261	TATIANA DOMINGUEZ RODRIGUEZ	F- 27 SNF- 9	01:07:58	00:05:07	01:07:34	00:05:05	00:34:23		TRIATLON MOTOBIKE PONTEVE VIGO
347	278	FERNANDO DURAN LAGO	VTCM- 14	01:08:00	00:05:07	01:07:40	00:05:06	00:35:08		VIGO
348	431	ALBERTO SIEIRO MUÑIZ	SNM- 81	01:08:01	00:05:07	01:07:49	00:05:06	00:34:17		POBRA DO CARAMIÑAL
349	392	VERONICA BLANCO BAJO	F- 28 SNF- 10	01:08:15	00:05:08	01:08:10	00:05:08	00:33:58		TRIATLON DUERO
350	123	BASILIO VERDEAL GONZALEZ	VTBM- 55	01:08:16	00:05:08	01:08:03	00:05:07	00:34:32		O PORRIÑO
351	216	FCO. JAVIER GONZALEZ DOMINGUEZ	VTCM- 15	01:08:18	00:05:09	01:08:16	00:05:08	00:34:23		C.A. RIA DE AROUSA, O GROVE
352	319	ANTONIO GONZALEZ GARCIA	VTBM- 56	01:08:27	00:05:09	01:08:20	00:05:09	00:33:51		TONI
353	230	JUAN LUIS GÓMEZ IGLESIAS	JPM- 6	01:08:34	00:05:10	01:08:28	00:05:09	00:33:00		CLUB ATLETISMO RIBADEO
354	409	EMMANUEL GIRONDO RUEDA	VTAM- 168	01:08:44	00:05:11	01:08:19	00:05:09	00:32:25		BAIONA
355	359	DAVID PEREZ GONZALEZ	SNM- 82	01:08:45	00:05:11	01:08:37	00:05:10	00:34:06		SALCEDA DE CASELAS
356	227	SANTIAGO ANDRES ROUBADO	VTBM- 57	01:08:52	00:05:11	01:08:46	00:05:11	00:33:53		CLUB ATLETISMO NOIA
357	49	JESUS BERNAL GOMEZ	VTCM- 16	01:08:52	00:05:11	01:08:51	00:05:11	00:34:35		C.D. EGOVARROS-VIVEIRO
358	372	CARLOS ARCA VIDAL	JPM- 7	01:09:07	00:05:12	01:08:44	00:05:11	00:35:42		RIBEIRA
359	159	DANIEL PUMARES RAMIL	VTAM- 169	01:09:09	00:05:12	01:08:59	00:05:12	00:34:21		VILLALBA

360	398	JULIA HERNÁNDEZ MATEOS	F- 29 VTBF- 3	01:09:14	00:05:13	01:09:02	00:05:12	00:35:29		VALLADOLID
361	396	JUAN MIGUEL SÁNCHEZ-VILLARES GÓMEZ	VTAM- 17	01:09:15	00:05:13	01:09:02	00:05:12	00:35:29		VALLADOLID
362	145	JORDI MONROY ROMERO	VTAM- 170	01:09:48	00:05:15	01:09:39	00:05:15	00:34:13		BAIONA
363	408	ENRIQUE FERNANDO PENA CARRIL	VTAM- 171	01:09:56	00:05:16	01:09:44	00:05:15	00:35:41		MILLADOIRO
364	411	FERNANDO PATRICIO REY	VTAM- 172	01:09:58	00:05:16	01:09:42	00:05:15	00:35:06		CAMBADOS
365	428	JORGE MELLE CALVO	VTAM- 173	01:10:11	00:05:17	01:09:56	00:05:16	00:38:24		RARIS TEO, LA CORUÑA
366	258	JOSE LUIS VAZQUEZ GUERRA	VTAM- 18	01:10:16	00:05:17	01:10:03	00:05:17	00:36:19	TRAN-TRAN	VILAGARCIA DE AROUS
367	329	RAUL GONZALEZ GONZALEZ	VTBM- 58	01:10:21	00:05:18	01:10:04	00:05:17	00:36:15		PORRIÑO
368	327	DAMIAN FERNANDEZ RODRIGUEZ	VTBM- 59	01:10:22	00:05:18	01:10:05	00:05:17	00:36:14		O PORRIÑO
369	300	CARLOS CASTRO ESTÉVEZ	VTAM- 174	01:10:22	00:05:18	01:10:01	00:05:16	00:35:46		BUEU
370	366	FERNANDO MÍLLARA ROLÁN	SNM- 83	01:10:34	00:05:19	01:10:12	00:05:17	00:35:19		VIGO
371	208	VIRGINIA POLO CAMPELLO	F- 30 SNF- 11	01:10:45	00:05:20	01:10:41	00:05:19	00:33:49	ATLETISMO OLYMPO	AS PONTES
372	368	JAVIER SADA GONZÁLEZ	SNM- 84	01:10:46	00:05:20	01:10:36	00:05:19	00:36:24		CUNTIS
373	295	PURI CARIÑENA AMIGO	F- 31 VTAF- 16	01:11:10	00:05:21	01:11:02	00:05:21	00:34:50		MILLADOIRO
374	130	JESUS PEREZ BALIRAC	VTBM- 60	01:11:32	00:05:23	01:11:23	00:05:23	00:35:46		SANTIAGO DE COMPOSTELA
375	425	RICARDO JAVIER CAMINO GIL	VTAM- 175	01:11:43	00:05:24	01:11:33	00:05:23	00:34:49		PADRÓN
376	203	CANDIDO CALVO VARELA	VTAM- 19	01:12:00	00:05:25	01:11:55	00:05:25	00:35:10	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
377	128	JOSE MANUEL PEREZ VELOSO	VTBM- 61	01:12:02	00:05:25	01:11:54	00:05:25	00:35:52		SALCEDA DE CASELAS
378	226	RAQUEL BALSERA SANMIGUEL	F- 32 SNF- 12	01:12:04	00:05:26	01:11:50	00:05:25	00:35:49	CENTRO DE FISIOTERAPIA RAQUEL	VILLAGARCÍA DE AROUS
379	275	ENRIQUE JAVIER PÉREZ NEIVA	VTAM- 176	01:12:05	00:05:26	01:11:43	00:05:24	00:36:39		VIGO
380	141	PEDRO PETEIRO ROSENDE	VTAM- 177	01:12:30	00:05:28	01:12:18	00:05:27	00:35:48		A CORUÑA
381	120	ANDRÉS GONZÁLEZ GARCÍA	VTBM- 62	01:12:35	00:05:28	01:12:17	00:05:27	00:35:21		FERROL
382	352	INMACULADA CASTRO LOPEZ	F- 33 SNF- 13	01:12:45	00:05:29	01:12:36	00:05:28	00:36:07		NOIA
383	114	JESUS MONTERO LAGO	VTAM- 20	01:12:54	00:05:29	01:12:41	00:05:28	00:36:56		CAMBRE
384	116	FRANCISCO SOBRINO MOSQUERA	VTAM- 21	01:12:55	00:05:29	01:12:41	00:05:28	00:36:55		OLEIROS
385	301	ROCIO VAZQUEZ DE LA IGLESIA	F- 34 JPF- 2	01:12:57	00:05:30	01:12:52	00:05:29	00:36:47	A.D. PORTO DO SON	PORTO DP SON
386	105	VICENTE SANMARTIN VIGO	VTAM- 178	01:13:08	00:05:30	01:12:54	00:05:29	00:36:04	SETE MUIÑOS GUITIRIZ	GUITIRIZ
387	306	IRENE SOBREIRA CASTRO	F- 35 VTBF- 4	01:13:14	00:05:31	01:13:10	00:05:31	00:36:47	AG 766440 ATLETISMO PORRIÑO	PONTEAREAS
388	470	OMAR RODRIGUEZ MAYO	SNM- 85	01:13:15	00:05:31	01:12:56	00:05:29	00:36:48		AVILÉS
389	439	CARLOS GONZÁLEZ	SNM- 86	01:13:18	00:05:31	01:13:06	00:05:30	00:36:13		LEON
390	419	OSCAR GARCIA SOUTO	VTAM- 179	01:13:24	00:05:32	01:13:14	00:05:31	00:35:39		PADRON
391	309	GUILLERMO OTERO DELFÍN	VTAM- 180	01:13:31	00:05:32	01:13:15	00:05:31	00:36:03	C.A. LA MANGA	CARTAGENA
392	437	RAFAEL FERNANDEZ CASADO	SNM- 87	01:13:35	00:05:32	01:13:27	00:05:32	00:36:09		SANTA COMBA

393	91	CONSUELO AMADO RODRIGUEZ	F- 36 VTAF- 17	01:13:43	00:05:33	01:13:21	00:05:31	00:37:21	NOE TRAINERS STUDIO	FERROL
394	305	ALBERTO REBOREDO DURÁN	JPM- 8	01:13:43	00:05:33	01:13:31	00:05:32	00:36:44	ATLETISMO A ESTRADA	A ESTRADA
395	373	JOSE RAMON GONZÁLEZ LORENZO	VTBM- 63	01:13:47	00:05:33	01:13:35	00:05:32	00:34:26	ACRUNNER	PAMPLONA
396	558	MANUEL CASTIÑEIRA GIL	VTBM- 64	01:13:47	00:05:33	01:13:35	00:05:32	00:36:06		PONTEVEDRA
397	115	XOSE MANUEL CARBALLEIRA HORTAS	VTAM- 22	01:14:05	00:05:35	01:14:04	00:05:35	00:37:13		SANTIAGO
398	176	JAVIER LEDO CASTRO	SNM- 88	01:14:07	00:05:35	01:13:52	00:05:34	00:36:54		PONTEAREAS
399	285	FERNANDO BESADA ALONSO	VTAM- 181	01:14:54	00:05:38	01:14:46	00:05:38	00:35:57		SALCEDA DE CASELAS
400	200	DIEGO PORTO CALVO	SNM- 89	01:15:06	00:05:39	01:14:48	00:05:38	00:38:11	GA-766251 ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
401	178	GONZALO MARTIN BRANDON CASTRO	SNM- 90	01:15:08	00:05:39	01:14:59	00:05:39	00:34:33		ARTEIXO
402	394	JOSÉ ANTONIO RIAL FERNÁNDEZ	VTAM- 23	01:15:23	00:05:41	01:15:16	00:05:40	00:36:22		SANTIAGO
403	501	CARLOS MUIÑOS CONDE	VTBM- 65	01:15:32	00:05:41	01:15:25	00:05:41	00:36:56	AG767415 ASOCIACIÓN DEPORTIVA C.A.R.	REDONDELA
404	308	SONIA GARCIA GARCIA	F- 37 SNF- 14	01:15:32	00:05:41	01:15:20	00:05:40	00:36:22	C. RACING CHAPELA	PADRON
405	406	ALEJANDRO ROMERO GAGO	VTAM- 182	01:15:33	00:05:41	01:15:13	00:05:40	00:38:00		NEGREIRA
406	453	JOSÉ MANUEL TORRES BLANCO	SNM- 91	01:15:45	00:05:42	01:15:27	00:05:41	00:38:08	ESPRINTES OURENSE	O CARBALLIÑO
407	403	JULIAN FLORES GONZALEZ	VTAM- 183	01:15:59	00:05:43	01:15:45	00:05:42	00:38:24		BERTAMIRANS
408	432	PAULA BLANCO LATORRE	F- 38 SNF- 15	01:16:00	00:05:43	01:15:46	00:05:42	00:38:25		A CORUÑA
409	85	PABLO ANTONIO RODRIGUEZ REY	VTAM- 184	01:16:24	00:05:45	01:16:02	00:05:43	00:39:09	GIMNASIO GALAICO	SANTIAGO DE COMPOSTELA
410	108	ELIA RODRÍGUEZ GALLEGO	F- 40 VTAF- 19	01:17:00	00:05:48	01:16:34	00:05:46	00:37:31	TRASNOS CORUÑA	O TEMPLE, CAMBRE
411	222	BEATRIZ CHOUCIÑO TRIGO	F- 39 VTAF- 18	01:17:00	00:05:48	01:16:33	00:05:46	00:37:30	C.D. EGOVARROS-VIVEIRO	CULLEREDO
412	435	PATRICIA CORDEIRO GONZALEZ	F- 41 SNF- 16	01:17:04	00:05:48	01:16:57	00:05:48	00:38:52		SANTA COMBA
413	427	JULIO ALBERTO ALDREY BAO	VTAM- 185	01:17:14	00:05:49	01:16:56	00:05:47	00:38:31		TEO
414	422	MARÍA OTERO ÁLVAREZ	F- 42 VTAF- 20	01:17:24	00:05:50	01:17:00	00:05:48	00:39:31		PADRÓN
415	363	ENRIQUE REBOREDO DURÁN	SNM- 92	01:18:05	00:05:53	01:17:51	00:05:52	00:36:44		A ESTRADA
416	371	LAURA SEOANE CAJARAVILLE	F- 43 JPF- 3	01:18:06	00:05:53	01:17:54	00:05:52	00:41:26		PONTECESURES
417	446	CARLOS PÉREZ CREGO	SNM- 93	01:18:13	00:05:53	01:17:49	00:05:51	00:39:32		CERVO
418	510	MANUEL ANGEL COBAS OTERO	VTBM- 66	01:18:17	00:05:54	01:17:59	00:05:52	00:39:24		BERTAMIRANS-AMES
419	297	VICTOR BAUTISTA HERNANDEZ	VTAM- 186	01:18:42	00:05:56	01:18:27	00:05:54	00:40:29		A CORUÑA
420	274	FRANCISCO JOSE TILVE GARCÍA	VTAM- 187	01:19:01	00:05:57	01:18:45	00:05:56	00:39:19		COTOBADÉ
421	97	FERNANDO SILVARREY REDONDO	VTAM- 188	01:19:13	00:05:58	01:18:47	00:05:56	00:39:14	NOSPORTLIMIT - TREK GALICIA	LA CORUÑA
422	96	MARIA TERESA SILVARREY REDONDO	F- 44 VTAF- 22	01:19:13	00:05:58	01:18:50	00:05:56	00:39:15	NOSPORTLIMIT - TREK GALICIA	A CORUÑA
423	390	BEATRIZ SAAVEDRA CARRO	F- 45 VTAF- 21	01:19:13	00:05:58	01:18:50	00:05:56	00:39:14	NOSPORTLIMIT	A CORUÑA
424	332	ISA LOPEZ SIERRA	F- 46 VTAF- 23	01:19:32	00:05:59	01:19:23	00:05:59	00:38:58		PADRON
425	251	JUAN FERNANDEZ GONZALEZ	VTAM- 189	01:19:41	00:06:00	01:19:31	00:05:59	00:38:27	PATUKOS TIM RANIN	A CORUÑA

426	404	JUAN MANUEL BLANCO GOMEZ	VTAM- 190	01:19:51	00:06:01	01:19:25	00:05:59	00:36:53		COLMENAREJO
427	385	JAVIER SOBRAL ROSALES	VTAM- 191	01:21:16	00:06:07	01:21:12	00:06:07	00:37:33	CLUB DEPORTIVO PINARIUM	MARIN
428	365	TOMAS MENDEZ	SNM- 94	01:21:58	00:06:10	01:21:36	00:06:09	00:41:29		VIGO
429	143	Mª GUADALUPE CHAVEZ VAZQUEZ	F- 47 VTAF- 24	01:22:41	00:06:13	01:22:28	00:06:13	00:42:29		SEÑORIN-CARBALLIÑO
430	188	JAE BALBOA GARCÍA	F- 48 SNF- 17	01:23:10	00:06:16	01:22:59	00:06:15		ALEJANDRO GÓMEZ-ACADE	VIGO
431	370	YAGO REY VIÑAS	JPM- 9	01:23:36	00:06:18	01:23:26	00:06:17	00:42:26		MUROS
432	395	JESUS GOMEZ VILARELLE	VTCM- 24	01:23:40	00:06:18	01:22:56	00:06:15	00:42:12		PADRON
433	264	MARÍA ROSANA GARAY PERALTA	F- 49 SNF- 18	01:24:02	00:06:20	01:23:48	00:06:19	00:41:56	TUI THERMALIA	VIGO
434	191	DAVID CONS COUSELO	SNM- 95	01:25:26	00:06:26	01:25:15	00:06:25	00:41:58	ALEJANDRO GÓMEZ-ACADE	PONTEVEDRA
435	121	FRANCISCO JOSE FERNANDEZ REGO	VTBM- 67	01:25:29	00:06:26	01:25:17	00:06:25	00:41:25		RIVEIRA
436	443	FRANCISCO GARCÍA OTETO	SNM- 96	01:25:52	00:06:28	01:25:42	00:06:27	00:42:00		CARCACÍA
437	447	JAVIER GARCÍA OTERO	JPM- 10	01:25:52	00:06:28	01:25:41	00:06:27	00:41:59		PADRÓN
438	67	RAQUEL PRIETO SOUTO	F- 50 SNF- 19	01:27:09	00:06:34	01:26:53	00:06:32	00:41:35	ATLETISMO RIAZOR CORUÑA	CAMBRE
439	66	JAVIER PRIETO SOUTO	VTAM- 192	01:27:10	00:06:34	01:26:54	00:06:33	00:41:35	ATLETISMO RIAZOR CORUÑA	CAMBRE
440	139	JOSE MANUEL SOUTULLO SAMPEDRO	VTAM- 193	01:27:20	00:06:34	01:26:58	00:06:33	00:41:43		SANTIAGO DE COMPOSTELA
441	561	JORGE PAINCEIRA MACIÑEIRAS	VTBM- 68	01:34:19	00:07:06	01:33:59	00:07:04	00:47:45		VIGO
442	325	RAQUEL ZURRO CARRO	F- 51 VTBF- 5	01:35:25	00:07:11	01:35:04	00:07:09	00:44:14		VALLADOLID
443	448	JUAN CONDE COUSELO	JPM- 11	01:36:13	00:07:14	01:36:13	00:07:14	00:44:23		CALO
444	340	FRANCISCO JAVIER CES LAIÑO	VTAM- 194	01:36:46	00:07:17	01:36:37	00:07:16	00:45:49		SANTIAGO
445	323	JOSÉ NEIRA HERMIDA	VTCM- 25	01:58:47	00:08:56	01:58:44	00:08:56	00:50:16		RIANXO



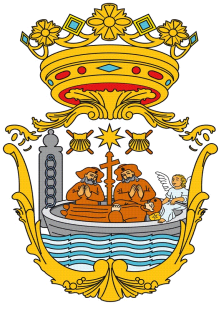
XXXIV CARREIRA POPULAR PASCUA PADRON

30/03/13

XERAL CADETE-XUVENIL

DISTANCIA 4 KM

POSTO	ORSA	APELIDOS	NOME	ANO	CLUBE	LICEN.	CAT	LUGAR	TEMPO	MEDIA
1	882	Monteagudo Lago	Pablo	16-02-99	ATLETES DE ESTEIRO	AG766460	CH	ESTEIRO	13.59	3:30
2	907	Sobreira García	Iago	19-07-97	ATLETISMO PORRIÑO	AG764962	XH	PONTEAREAS	14.15	3:34
3	886	Fernández Blanco	Sergio	04-08-98	CLUB ATLETISMO NOIA		CH	NOIA	14.34	3:39
4	911	Ardions Gomez	David	05-12-96	ATLETISMO NEGREIRO		XH	NEGREIRA	14.36	3:39
5	909	Otero Lestón	Brais	19-07-97			XH	Santiago	14.40	3:40
6	876	Ruiz Brage	Marcos	17-01-98			CH	Fene	14.41	3:40
7	910	Iglesias Vilela	Antonio	06-08-96			XH	TEO	14.41	3:40
8	875	Insua Regueira	Brais	04-09-99	Elite Noia	BIR040999	CH	Noia	14.56	3:44
9	908	Kouaou	Ayoub	16-12-96			XH	RABAT	14.56	3:44
10	905	Freire Gil	Adrian	02-05-97	ATLETISMO NEGREIRO	AG767241	XH	NEGREIRA	15.28	3:52
11	889	Carnero Rodriguez	Ivan	15-03-99	Club Alejandro Gómez		CH	TUY	15.41	3:55
12	881	Sieira Hermida	Jorge	15-09-99			CH	Coruña	15.47	3:57
13	887	Souto Prieto	Antonio	18-10-99	Lucus Caixa Rural	GA764432	CH	Lugo	15.48	3:57
14	896	Suarez Crespo	Lucia	01-11-99	USC	AG764552	CM	A Baña	16.13	4:03
15	912	Dumbrava Florin	Cristian	26-03-97	COMESAÑA		XH	CALDAS	16.53	4:13
16	890	Laaribi	Smail	16-10-99	ATLETISMO CUNTIS		CH	CUNTIS	16.55	4:14
17	917	Fraguas Iglesias	Elena	10-01-97	COMESAÑA		XM	CUNTIS	17.11	4:18
18	901	Fernández Sobral	Angela	20-08-98	Atletismo Cuntis	GA717187	CM	Cotobade	17.24	4:21
19	877	Fariña Mallon	Jairo	30-08-98	atletismo noia		CH	noia	17.35	4:24
20	891	Novas Barral	Emilio	15-11-98	ATLETISMO CUNTIS		CH	CALDAS	17.36	4:24
21	883	Orejuela Ararat	Edwin David	15-11-99			CH	VIGO	17.41	4:25
22	900	Santana Delgado	Patricia	30-06-98			CM	NEGREIRA	17.44	4:26
23	919	Rosales Ramírez	Walter	02-09-98	NOITEBRA FC		CH	Santiago	18.08	4:32
24	898	Gomez Fernandez	Xana	06-12-98	ATLETISMO A ESTRADA	AG767012	CM	A ESTRADA	18.38	4:40
25	899	Dominguez Martis	Lara	14-04-99			CM	Pobra	18.41	4:40
26	880	Bartome Garcia	Francisco	16-04-99	ATLETISMO +9 MORAÑA	AG767425	CH	MORAÑA	18.57	4:44
27	879	Francisco Fernandez	Manuel Antonio	30-10-99	ATLETISMO +9 MORAÑA	AG767413	CH	MORAÑA	19.26	4:52
28	885	Vilariño Fontán	Pablo	26-04-99			CH	PADRÓN	20.26	5:07
29	927	González García Andrea	Andrea	09-04-99	MILLARAIO		CM	Brión	21.08	5:17
30	906	Fabeiro Cabo	José	20-05-97			XH	Padrón	22.01	5:30



XXXIV CARREIRA POPULAR PASCUA PADRON

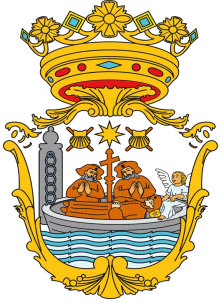
30/03/13

XERAL ALEVIN - INFANTIL

DISTANCIA 2 KM

POSTO	ORSAS	APELIDOS	NOME	ANO	CLUBE	LICEN.	CAT	LUGAR	TEMPO	MEDIA
1	845	Ramos Rey	Arturo	05-05-00	club atletismo milladoi	AG9510	IH	Santa Comba	6.44	3:22
2	838	Osorio López	Pedro	31-05-00	Afflelou narón	AG128048	IH	Ferrol	7.15	3:38
3	832	Ramos Gey	Dario	24-05-00			IH	Ames	7.18	3:39
4	797	Loufti El Ghazali	Salamah	12-02-03			AH	NEGREIRA	7.19	3:40
5	792	Mato Gómez	Daniel	28-03-03	club Atletismo MillaRa	AG764897	AH	Bertamiráns	7.35	3:48
6	836	Martínez Rivas	Diego	25-06-01	Coruña Comarca	AG765159	IH	A Coruña	7.37	3:49
7	860	Blanco Olivares	Esther	05-08-01	Elite Noia	EBO050801	IM	Noia	7.51	3:56
8	782	Rodríguez Abad	Xoel	10-08-02	omesaña Sporting Clu	XRA100802	AH	Vigo	7.53	3:57
9	859	Cambeiro Caamaño	Miriam	12-03-00	Elite Noia	MCC120300	IM	Noia	8.01	4:01
10	801	Saborido Valiño	Iván	03-03-02			AH	PADRON	8.03	4:02
11	869	Ramírez Carballo	Noa	30-03-00	ATLETISMO CUNTIS		IM	CUNTIS	8.05	4:03
12	862	Rivadulla Blanco	Clara	16-03-01	LETISMO A ESTRADA	AG767224	IM	A ESTRADA	8.08	4:04
13	868	Rivas Iglesias	Iria	01-11-01	ATLETISMO CUNTIS		IM	CUNTIS	8.12	4:06
14	788	Santiago Monteagudo	Adrian	19-07-03	LETISMO +9 MORA	AG767418	AH	MORAÑA	8.16	4:08
15	850	Laaribi	Omar	19-06-01	ATLETISMO CUNTIS		IH	CUNTIS	8.22	4:11
16	824	Iglesias Chavez	Nayeli	09-08-02	URENSE ATLETISM	AG764528	AM	D CARBALLIÑO	8.25	4:13
17	803	Rey Perez	Iker	05-03-03			AH	A Coruña	8.27	4:14
18	821	Dominguez Martis	Alejandra	26-03-02			AM	Pobra	8.28	4:14
19	839	Souto Calvelo	Jesus	23-01-01	LETISMO A ESTRADA	AG767228	IH	A ESTRADA	8.30	4:15
20	863	Souto Calvelo	Maria	23-10-01	LETISMO A ESTRADA	AG767227	IM	A ESTRADA	8.32	4:16
21	844	Méndez Toural	Miguel	27-12-01			IH	Iugo	8.35	4:18
22	808	Eiras Leon	Daniela	11-04-02	Elite Noia	DEL110402	AM	Noia	8.39	4:20
23	842	Silva Sayans	Jose Benito	19-03-00			IH	D CARBALLIÑO	8.45	4:23
24	825	Perez Rodriguez	Thaisa	21-07-02			AM	D CARBALLIÑO	8.46	4:23
25	851	Novas Barral	Alejandro	05-05-01	ATLETISMO CUNTIS		IH	CALDAS	8.48	4:24
26	856	Sanchez Boveda	Teresa	30-06-00	AAD BARBANZA	AG764615	IM	RIVEIRA	8.57	4:29
27	823	Monteagudo Lago	Mariña	23-08-02	TLETES DE ESTEIRO	AG766479	AM	ESTEIRO	9.01	4:31
28	865	Costa Nuñez	Lara	10-09-00	grupación Atlética Ma		IM	Vilanova	9.03	4:32
29	780	Figueiras Leston	Gerardo	07-03-03	ATLETES ESTEIRO		AH	ESTEIRO	9.04	4:32
30	798	Iglesias Vilela	Nicolas	10-08-02	club Atletismo MillaRa	AG764891	AH	TEO	9.17	4:39
31	795	Ruso Quintans	David	28-09-02			AH	NEGREIRA	9.27	4:44
32	843	Sieira Hermida	Juan	25-04-01			IH	A CORUÑA	9.32	4:46
33	786	Sande Otero	Aaron	30-12-02		AG767223	AH	A ESTRADA	9.33	4:47
34	781	Caamaño Maceiras	Carlos	03-01-03	ATLETES ESTEIRO		AH	ESTEIRO	9.33	4:47
35	861	Ruiz Brage	Raquel	24-02-00			IM	Fene	9.36	4:48
36	789	Abal Fontenla	Pablo	14-07-02	LETISMO +9 MORA	AG767421	AH	MORAÑA	9.39	4:50
37	817	Francisco Fernandez	Carmen Casilda	10-05-03	LETISMO +9 MORA	AG767414	AM	MORAÑA	9.47	4:54

38	818	Redondo Pego	Eva	05-02-03	LETISMO +9 MORAN	AG767416	AM	MORAÑA	9.54	4:57
39	785	Franco Martinez	Julen	17-01-02			AH	PADRON	9.55	4:58
40	784	Coton Mendez	Iker	03-06-02			AH	PADRON	9.55	4:59
41	804	Currás Iglesias	Elena	25-03-03			AM	Moaña	9.58	4:59
42	814	Prieto Campos	Efi	24-05-02	LETISMO A ESTRADA	AG767220	AM	A ESTRADA	10.00	5:00
43	826	Tuñez Ferrin	Ines	25-01-03			AM	NEGREIRA	10.01	5:01
44	866	Deza Martínez	Antia	23-12-00	Club Marinada Atlético	AG764845	IM	A Coruña	10.03	5:02
45	790	Rodriguez Orejuela	Edgar	06-07-02			AH	VIGO	10.07	5:04
46	752	Rey Miguens	Mariña	18-12-05			BM	PADRON	10.15	5:08
47	864	Sande Sevio	Alba	14-12-01	LETISMO A ESTRADA	AG767226	IM	A ESTRADA	10.18	5:09
48	841	Abal Suarez	Sergio	08-05-00	LETISMO +9 MORAN	AG767424	IH	MORAÑA	10.24	5:09
49	829	De La Torre Cancela	Antia	10-01-03	ATLETISMO CUNTIS		AM	CUNTIS	10.29	5:15
50	811	Zaballa Daza	Ana	02-02-02			AM	Bertamirans	10.55	5:28
51	812	Magariños Dios	Sara	10-02-03			AM	LA CORUÑA	10.59	5:30
52	819	Abal Fontenla	Nerea	23-09-03	LETISMO +9 MORAN	AG767422	AM	MORAÑA	11.11	5:36
53	800	Carnero Rodriguez	Hugo	28-05-03	Club Alejandro Gómez		AH	TUY	11.54	5:57
54	828	Calvo Martinez	Zaira	09-12-03			AM	PADRON	12.43	6:22
55	815	Rosende Di Battista	Ayelén	11-11-02			AM	Padrón	12.47	6:24
56	858	Eiras Leon	Alejandra	26-02-01	Elite Noia	AEL260201	IM	Noia	15.53	7:57



XXXIV CARREIRA POPULAR PASCUA PADRON

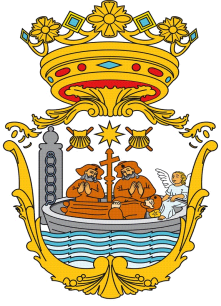
30/03/13

XERAL BENXAMIN

DISTANCIA 0,5 KM

POSTO	ORSAS	APELIDOS	NOME	ANO	CLUBE	LICEN.	CAT	LUGAR	TEMPO	MEDIA
1	707	Tejero Pazo	Teo	04-02-04			BH	Catoira	1.27	2:54
2	734	Nuñes Acibeirp	Carlos	29-06-04			BH	Pontevedra	1.28	2:56
3	699	Picón Montero	Brais	11-08-05	DEXTER TRIATLON	BPM120805	BH	Bertamiráns	1.29	2:58
4	759	Mato Gómez	Deki	11-04-04	Club Atletismo MillaRa	AG764898	BM	Bertamiráns	1.31	3:02
5	753	Rivadulla Blanco	Sonia	08-02-05	LETISMO A ESTRADA	AG766979	BM	A ESTRADA	1.31	3:02
6	723	Navia Rey	Pablo	18-07-04			BH	PADRÓN	1.33	3:06
7	756	Rodriguez Lopez	Paula	16-04-05	LETISMO A ESTRADA	AG767210	BM	A ESTRADA	1.33	3:06
8	744	Mallo Alfonso	Sara	12-03-04			BM	Cangas	1.34	3:08
9	754	Sande Otero	Ingrid	23-05-05	LETISMO A ESTRADA	AG767222	BM	A ESTRADA	1.35	3:10
10	713	Sanjurjo Rivas	Rodrigo	15-02-05	LETISMO A ESTRADA	AG766886	BH	A ESTRADA	1.38	3:16
11	767	Solla Boo	Clara	12-01-04	grupacion Atletica MA		BM	Vilagarcia	1.40	3:20
12	719	Paz Castro	Luis Miguel	29-03-04			BH	PADRON	1.41	3:22
13	766	Gemperle Ares	Maruxa	10-04-04			BM	Padrón	1.41	3:22
14	730	Aragunde Fernandez	Samuel	24-10-04			BH	PADRÓN	1.41	3:22
15	921	Seco Estévez	Martín	14-11-05			BH	Padrón	1.41	3:22
16	748	Zaballa Daza	Clara	02-05-04			BM	Bertamirans	1.42	3:24
17	813	Rey Miguens	Sabela	18-03-02			AM	PADRON	1.44	3:28
18	715	Andion Montans	Lorenzo	20-05-05	LETISMO +9 MORAI	AG767417	BH	MORAÑA	1.44	3:28
19	702	Bello Soto	Martín	24-09-05			BH	padrón	1.45	3:30
20	716	Santiago Monteagudo	Joel	22-09-04	LETISMO +9 MORAI	AG767419	BH	MORAÑA	1.45	3:30
21	722	Lorenzo Alvarez	Jose Ramon	13-01-05			BH	PADRON	1.45	3:30
22	735	Lago Varela	Judith	03-10-04	RIA DE FERROL	AG763949	BM	valdoviño	1.45	3:30
23	725	González Gómez	Diego	11-11-04			BH	Rois	1.46	3:32
24	747	Sieira Monteagudo	Laura	18-12-05	ATLETES ESTEIRO		BM	ESTEIRO	1.47	3:34
25	729	Soto Viturro	Marcos Antonio	12-08-04			BH	PADRON	1.48	3:36
26	721	Prol Cacabelos	Pablo	26-11-04	MILISKER		BH	O GROVE	1.49	3:38
27	740	Pereira Seijo	Candela	24-11-05	AT. FONTES DO SAR	AG766558	BM	Santiago	1.51	3:42
28	751	Codesido Fernandez	Laura	15-04-05			BM	TRAZO	1.51	3:42
29	743	Tomé Garcia	Noelia	01-11-05	Elite Noia	NTG011105	BM	Noia	1.52	3:44
30	709	Rivera Dieguez	Diego	16-07-05			BH		1.56	3:52
31	741	Pereira Seijo	Lia	24-06-05	AT. FONTES DO SAR	AG766559	BM	Santiago	1.56	3:52
32	920	Reboiras Sosa	Alejandro	01-10-05			BH	Padrón	1.57	3:54
33	700	Buceta Queiruga	Alejandro	02-12-05			BH	A POBRA	1.58	3:56
34	758	Rosende Di Battista	Tiara	17-04-05			BM	Padrón	2.00	3:56
35	726	Rodriguez Fraga	Adolfo	31-12-04			BH	BOIRO	2.01	4:02
36	757	Baloira Herrera	Noa	11-11-05	LETISMO A ESTRADA	AG767213	BM	A ESTRADA	2.02	4:04
37	745	Carballo Boga	Laura	31-03-05			BM	La Coruña	2.03	4:06

38	765	García Pazos	Noa	17-10-04			BM	Pontevedra	2.04	4:28
39	750	Carramal Garcia	Mayra	15-12-04			BM	Marin	2.14	4:28
40	749	García Pidre	Celina	24-01-05			BM	Marin	2.17	4:34
41	644	Perez Formoso	Asier	31-08-07			PBH	Padrón	2.17	4:34



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XERAL PREBENXAMIN

DISTANCIA 0,5 KM

POSTO	ORSA	APELIDOS	NOME	ANO	CLUBE	LICEN.	CAT	LUGAR	TEMPO	MEDIA
1	626	Currás Iglesias	Daniel	11-01-06			PBH	Moaña	1.36	3:12
2	670	Dodman	Sofia	14-05-06			PBM	Teo	1.37	3:14
3	637	Pardal Autrán	Eros	19-09-06	Atletismo A Estrada		PBH	PADRÓN	1.38	3:16
4	688	Iglesias Grobas	Gloria	15-03-06	Atlética A Silva		PBM	Mesía	1.40	3:20
5	652	Blanco Rodriguez	Iago	28-01-06			PBH	Ames	1.41	3:22
6	636	Agra Boquete	Alonso	24-07-06			PBH	Santiago	1.42	3:24
7	646	Codesido Fernandez	Pablo	10-11-06			PBH	TRAZO	1.43	3:26
8	659	Suárez Couto	Damián	08-02-07			PBH	CEDEIRA	1.44	3:28
9	693	Rivas Iglesias	Natalia	10-10-06	ATLETISMO CUNTIS		PBM	CUNTIS	1.45	3:30
10	627	Cernadas Varela	Adrian	08-10-06			PBH	valdoviño	1.48	3:36
11	679	Prieto Campos	Zoe	01-01-06			PBM	A ESTRADA	1.49	3:38
12	640	Mariño Martínez	Blas	17-05-06			PBH	Cabana de B.	1.52	3:44
13	628	Candamo Martinez	Marcos	10-09-06			PBH	esteiro	1.53	3:46
14	642	Rodeiro García	Antón	12-03-06			PBH	Brión	1.54	3:48
15	648	Calvo Costas	Pablo	14-04-07			PBH	rianxo	1.54	3:48
16	651	Abal Suarez	Alejandro	08-07-06			PBH	MORAÑA	1.56	3:52
17	686	Nieto-Garcia Dios	Noa	11-03-06			PBM	Noia	2.01	4:02
18	655	Leiro Cores	Oscar	14-10-06			PBH	VILANOVA	2.01	4:02
19	641	Carballo Boga	Hugo	21-11-06			PBH	La Coruña	2.02	4:04
20	656	Rivas Dominguez	Anton	23-12-06			PBH	PADRON	2.02	4:04
21	647	Saborido Rodriguez	Samuel	06-03-07			PBH	DODRO	2.04	4:08
22	662	Rey Perez	Borja	07-06-06			PBH	A Coruña	2.04	4:08
23	689	Fuentes Lorenzo	Maria	22-11-07			PBM	Marin	2.05	4:10
24	668	Lazzari Otero	Irene	29-08-06	AT. FONTES DO SAR		PBM	Santiago	2.07	4:14
25	653	Barañano Martinez	Aritz	21-05-06			PBH	BARACALDO	2.09	4:18
26	650	Redondo Pego	Dario	15-02-08			PBH	MORAÑA	2.09	4:18
27	690	Nuñez Blanco	Sophia	13-12-06			PBM	PADRON	2.10	4:20
28	671	Piñeiro Quiroga	Claudia	27-04-06			PBM	PADRÓN	2.11	4:22
29	657	Rivas Dominguez	Pablo	23-12-06			PBH	PADRON	2.11	4:22
30	692	Sanmartin Perez	Lola	20-02-06			PBM	PADRON	2.12	4:24
31	649	Rivera Dieguez	Angel	17-12-07			PBH	padron	2.13	4:26
32	675	García Pidre	Sabela	04-06-07			PBM	Marin	2.14	4:28
33	926	Santa Clara Martínez	Xavi	09-04-08			PBM	Bueu	2.14	4:28
34	678	Calvo Caamaño	Laura	17-05-06			PBM	padron	2.15	4:30
35	672	Goce Miranda	Carla	07-02-06			PBM	padron	2.15	4:30
36	639	Blanco Barreiro	Ivan	09-09-06			PBH	vigo	2.16	4:32
37	685	Fernández Fernández	Marta	07-03-07			PBM	RIANXO	2.19	4:38

38	676	Mendez Gonzalez	Xoana	10-02-07			PBM	BOIRO	2.20	4:48
39	925	Alcalde Patiño	Xiana	23-07-07			PBM	Rianxo	2.24	5:00
40	663	Rey Perez	Yago	03-04-08			PBH	A coruña	2.30	5:12
41	923	González Calle	Ángela	09-03-07			PBM	Padrón	2.33	5:12
42	684	Busto Davila	Manuela	13-12-08			PBM	Catoira	2.36	6:10
43	674	Perez Fernandez	Sara	12-02-08			PBM	Padron	3.05	6.14



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XERAL PITUFO

30/03/13

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POSTO	DORSAL	APELIDOS	NOME	ANO	CLUBE	LICEN.	CAT	LUGAR	TEMPO
1	603	Piñeiro Quiroga	Pablo	19-01-09			PFH	PADRÓN	0.17
2	606	Midón Varela	Xoán	26-12-09			PFH	Ames	0.17
3	615	Dodman	Katia	14-04-09			PFM	Teo	0.18
4	601	Salgado Lorenzo	Pablo	23-06-09			PFH	PADRON	0.20
5	610	Nuñez Blanco	Alejandro	21-04-09			PFH	PADRON	0.21
6	609	Alonso Álvarez	Lois	21-11-09			PFH	Vigo	0.21
7	924	Fernández Fernández	Lúa Mariña	27-06-09	MORAÑA		PFM	Moraña	0.25
8	607	Lorenzo Alvarez	Luis	11-11-09			PFH	PADRÓN	0.26
9	623	González Gómez	Julia	24-08-09			PFM	Rois	0.30
10	616	Mendez Gonzalez	Amalia	02-05-10			PFM	BOIRO	0.31
11	608	Agra Malvar	Antón	29-03-10			PFH	Noia	0.31
12	612	Lopez Lorenzo	Anxo	10-09-11			PFH	PADRÓN	0.32
13	619	Sanjurjo Rivas	Sara	14-10-10			PFM	A ESTRADA	0.33
14	602	Picón Montero	Iago	01-10-10			PFH	Bertamiráns	0.34
15	605	Conde Dominguez	Iker	08-08-10			PFH	CATOIRA	0.36
16	620	Villar Alvite	Lola	20-11-10			PFM	Santiago	0.38
17	614	Folse Tubio	Samuel	14-12-10			PFH	Padron	0.43
18	922	Seco Estévez	Lucía	02-12-09			PFM	Padrón	0.46
19	618	Saborido Rodriguez	Carolina	08-03-11			PFM	dodro	0.47



XXXIV CARREIRA POPULAR PASCUA PADRON

30/03/2013

LISTADO DE PREMIACIONS

PITUFO

NENOS

1º	Piñeiro Quiroga, Pablo
2º	Midón Varela, Xoán
3º	Salgado Lorenzo, Pablo

NENAS

Dodman, Katia
Fernández Fernández, Lúa Mariña
González Gómez, Julia

PREBENXAMIN

NENOS

1º	Currás Iglesias, Daniel
2º	Pardal Atruán, Eros
3º	Blanco Rodríguez, Iago

NENAS

Dodman, Sofia
Iglesias Grobas, Gloria
Rivas Iglesias, Natalia

BENXAMIN

NENOS

1º	Tejero Pazo, Teo
2º	Nuñes Acibeirp, Carlos
3º	Picón Montero, Brais

NENAS

Mato Gómez, Deki
Rivadulla Blanco, Sonia
Rodríguez López, Paula

ALEVIN

NENOS

1º	Loufti El Ghazali, Salamah
2º	Mato Gómez, Daniel
3º	Rodríguez Abad, Xoel

NENAS

Iglesias Chaves, Nayeli
Domínguez Martis, Alejandra
Eiras Leon, Daniela

INFANTIL

NENOS

1º	Ramos Rey, Arturo
2º	Osorio López, Pedro
3º	Ramos Gey, Darío

NENAS

Blanco Olivares, Esther
Camberio Caamaño, Miriam
Ramirez Carballo, Noa

CADETE

NENOS

1º	Monteagudo Lago, Pablo
2º	Fernández Blanco, Sergio
3º	Ruiz Brage, Marcos

NENAS

Suárez Crespo, Lucía
Fernández Sobral, Angela
Santana Delgado, Patricia

XUVENIL

HOMES

1º	Sobreira García, Iago
2º	Ardions Gomez, David
3º	Otero Lestón, Brais

MULLERES

Fraguas Iglesias Elena

XXXIV CARREIRA POPULAR PASCUA PADRON

30/03/2013



LISTADO DE PREMIACIONS

JUNIOR - PROMESA

	HOMES	MULLERES
1º	Kouaou, Youssef	Souto Prieto, María
2º	CoCa Gutierrez, Javier	Vázquez de la Iglesias, Rocío
3º	Vilas Cabo, Pablo	Seoane Cajaraville, Laura

SENIOR

	HOMES	MULLERES
1º	Rúanova Fernández, Antón	Porto Arias, Rocío
2º	Juncal Maroñas, Marcos	Maldonado, Eusebia
3º	González Martínez, Diego	Villaverde Rosales, Marga

VETERANOS A

	HOMES	MULLERES
1º	Pérez López, Manuel Oliver	Vázquez Rodríguez, Sonia
2º	Buceta Pouso, Ernesto	Pérez Bardanca, Margarita
3º	Pérez Santamaría, David	Fernández Campos, Purificación

VETERANOS B

	HOMES	MULLERES
1º	Folgar Pouso, Ramón Ignacio	Castro Castro, Josefina
2º	Martínez Antia, Emilio	Rodríguez Sobrino, Celina
3º	Rodríguez López, Angel José	Hernández Mateo, Julia

VETERANOS C

	HOMES
1º	Pérez Pereira, Ramiro
2º	Regueira Boo, José Matías
3º	Fernández Hermida, Antonio

(Trofeo Especial Pascua)

PATROCINADO POR NAUTICA A POUTADA

GAÑADORES ABSOLUTOS

	HOMES	MULLERES
1º	Abuín Ares, Uxío	Penas Blanco, María del Carmen
2º	López Rodríguez, Santiago	Domínguez Vivero, Ana
3º	Crespo Arias, Jorge	Castro Villaverde, Teresa

LOCAIS CARREIRA ABSOLUTA

	HOMES	MULLERES
1º	Pérez Santamaría, David	Agrasar Barral, Sonia María

XXXIV CARREIRA POPULAR PASCUA PADRON

30/03/2013

LISTADO DE PREMIACIONS



TROFEO SUPERVETERAN

HOMES

MULLERES

1º	Neira Hermida, Xosé	Hernández Mateos, Julia
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TROFEO BENXAMIN

HOMES

1º	Lopez Lorenzo, Anxo
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TROFEO PARTICIPACION

Colexio / Clube con máis atletas

1º	Clube Atletismo A Estrada
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