

XVIII CARREIRA POPULAR DO CONCELLO DE ORDES, Ordes 09/06/2013

Proba Absoluta. Distancia: 9.500 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
1	320	ROBERTAS GERALAVICIUS		JPSM- 1	00:29:15	00:03:05	00:29:15	00:03:05	00:03:48	00:19:09		SOCIEDAD GIMNASTICA DE PONTEVEDRA	SANTIAGO DE COMPOSTELA
2	92	AKKA ESSAADAOUI		VTAM- 1	00:29:17	00:03:05	00:29:17	00:03:05	00:03:48	00:19:08		COMESAÑA SPORTING CLUB	SALCEDA DE CASELAS
3	1	RUBEN CAAMAÑO NIETO		JPSM- 2	00:29:38	00:03:08	00:29:38	00:03:08	00:03:48	00:19:09	AG-763858	ATLETISMO SAR - A POUTADA	NOIA
4	98	ELÍAS SALVADOR DOMÍNGUEZ CABRAL		VTAM- 2	00:30:32	00:03:13	00:30:31	00:03:13	00:03:48	00:19:31		NEW BALANCE TEAM	PONTEVEDRA
5	393	DAVID SANTOS DOMINGUEZ		JPSM- 3	00:31:27	00:03:19	00:31:26	00:03:19	00:03:50	00:20:36			ORDES
6	4	JOSÉ ALFREDO AMADO GONZÁLEZ		JPSM- 4	00:31:41	00:03:21	00:31:40	00:03:20	00:03:59	00:20:39	GA764470	A SILVA	ORDES
7	19	JAVIER TOURÍS FORNOS		VTAM- 3	00:31:44	00:03:21	00:31:42	00:03:21	00:04:01	00:20:36	GA-20507	ATLETISMO CORUÑA COMARCA	LA CORUÑA
8	317	DIEGO CRESPO NAYA		VTAM- 4	00:31:47	00:03:21	00:31:46	00:03:21	00:04:01	00:20:37	AG-764435	CLUB MARINEDA ATLETICO	CAMBRE
9	75	SAMUEL VEIGA IGLESIAS		VTBM- 1	00:31:49	00:03:21	00:31:47	00:03:21	00:04:06	00:20:48	AG 9798	CLUB ATLETISMO MILLADOIRO	MILLADOIRO
10	50	FELIPE MIGUENS GASAMANES		VTAM- 5	00:31:55	00:03:22	00:31:54	00:03:22	00:04:00	00:20:39	AG-763864	ATLETISMO SAR - A POUTADA	PONTECESURES
11	90	ADRIÁN MORENO RAMIL		JPSM- 5	00:31:57	00:03:22	00:31:56	00:03:22	00:04:00	00:20:37	AG-764022	CLUB MARINEDA ATLETICO	LA CORUÑA
12	43	ALBERTO ALVAREZ BENDAÑA		JPSM- 6	00:32:01	00:03:23	00:31:58	00:03:22	00:04:06	00:20:39	AG-763860	ATLETISMO SAR - A POUTADA	PADRON
13	321	CARLOS PIÑEIRO RIVAS		VTBM- 2	00:32:03	00:03:23	00:32:03	00:03:23	00:03:56	00:20:43		SOCIEDAD GIMNASTICA DE PONTEVEDRA	FERROL
14	48	ISMAEL BOUZAS REY		JPSM- 7	00:32:06	00:03:23	00:32:05	00:03:23	00:03:52	00:20:32	AG-763849	ATLETISMO SAR - A POUTADA	ROIS
15	67	VICTOR SANDE CHARLON		VTBM- 3	00:32:07	00:03:23	00:32:06	00:03:23	00:04:00	00:20:41		C.D.EGOVARROS-VIVEIRO	NARON
16	311	ROBERTO CANEDA GUEDE		VTAM- 6	00:32:11	00:03:24	00:32:10	00:03:24	00:04:00	00:20:40	AG 767452	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
17	501	MIGUEL CABO VILLAVERDE		VTAM- 7	00:32:22	00:03:25	00:32:20	00:03:25	00:04:00	00:20:49	AG 763812	CLUB ATLETISMO MILLADOIRO	VIGO
18	313	ABDELAZIZ FATHI		JPSM- 8	00:32:28	00:03:25	00:32:28	00:03:25	00:03:55	00:21:16	GA-16989	CLUB MARINEDA ATLETICO	SADA
19	155	JOSE ANTONIO RECOUSO CAAMAÑO		VTAM- 8	00:32:30	00:03:26	00:32:28	00:03:25	00:04:01	00:20:44		ATLETISMO CORUÑA COMARCA	A CORUÑA
20	17	JESÚS Mª ALVAREZ RODRIGUEZ		VTAM- 9	00:32:44	00:03:27	00:32:42	00:03:27	00:04:01	00:21:10	GA-17204	ATLETISMO CORUÑA COMARCA	A CORUÑA
21	52	ROBERTO CARLOS AGRELO GOMEZ		VTAM- 10	00:33:08	00:03:30	00:33:05	00:03:29	00:04:16	00:21:31	AG-763862	ATLETISMO SAR - A POUTADA	PADRON
22	56	SAMUEL SABORIDO SOÑORA		VTAM- 11	00:33:19	00:03:31	00:33:17	00:03:31	00:04:05	00:21:30	AG-766073	ATLETISMO SAR - A POUTADA	DODRO
23	49	JAVIER SÁNCHEZ PRIETO		VTBM- 4	00:33:20	00:03:31	00:33:17	00:03:31	00:04:05	00:21:30	AG-766080	ATLETISMO SAR - A POUTADA	MERA - OLEIROS
24	323	TONHO ALVES PICALLO		JPSM- 9	00:33:26	00:03:32	00:33:24	00:03:31	00:04:08	00:21:34	AG 767397	USC	SANTIAGO DE COMPOSTELA
25	128	BALTASAR FIGUEIRAS MARTINEZ		VTAM- 12	00:33:42	00:03:33	00:33:35	00:03:33	00:04:26	00:22:03			TEO
26	5	JAVIER SEOANE PUGA		VTAM- 13	00:33:42	00:03:33	00:33:41	00:03:33	00:04:06	00:21:34		A.D.C. BOMBEROS CORUÑA	CARBALLO
27	344	MARÍA JESÚS GESTIDO RODRÍGUEZ	F- 1	VTAF- 1	00:33:42	00:03:33	00:33:42	00:03:33	00:04:07	00:21:44	GA-10571		CANGAS DE MORRAZO
28	47	ANGEL MACEIRAS LAGO		VTAM- 14	00:33:45	00:03:34	00:33:43	00:03:33	00:04:06	00:21:46	AG-763863	ATLETISMO SAR - A POUTADA	EL BURGO
29	42	ENRIQUE GOCE PEREIRA		VTAM- 15	00:33:48	00:03:34	00:33:45	00:03:34	00:04:07	00:21:33	AG-766074	ATLETISMO SAR - A POUTADA	PADRON
30	122	CARLOS FERNANDEZ VILLAVERDE		VTAM- 16	00:33:53	00:03:34	00:33:51	00:03:34	00:04:08	00:21:53		VERXEL NUTRICIÓN DEPORTIVA	ORDES
31	58	PAULA MAYOBRE GONZALEZ	F- 2	JPSF- 1	00:33:58	00:03:35	00:33:58	00:03:35	00:04:07	00:22:05	GA15876	BIKILA	ARES
32	185	JOSE LUIS GONZÁLEZ NÚÑEZ		JPSM- 10	00:33:58	00:03:35	00:33:56	00:03:35	00:04:06	00:21:59			TEO
33	315	FRANCISCO PAZOS CAMPOS		VTBM- 5	00:34:01	00:03:35	00:34:00	00:03:35	00:04:03	00:21:54	AG 767359	CLUB SAN MIGUEL DE MARÍN	VILAGARCIA
34	110	JOSE CARLOS BUJAN OTERO		VTAM- 17	00:34:01	00:03:35	00:33:59	00:03:35	00:04:06	00:21:54	AG 11135	NOITEBRA FC	SANTIAGO
35	115	JOSE MANUEL TEJUIRO IGLESIAS		VTAM- 18	00:34:03	00:03:35	00:34:00	00:03:35	00:04:18	00:22:08	AG-763589	RIA DE FERROL-CONCEPCION ARENAL	NARON
36	124	JUAN CARLOS MARTINEZ VALVERDE		VTAM- 19	00:34:05	00:03:36	00:34:04	00:03:36	00:04:11	00:22:12		VERXEL NUTRICIÓN DEPORTIVA	ORDES
37	309	AZIZ ZIRANI		VTAM- 20	00:34:27	00:03:38	00:34:26	00:03:38	00:04:14	00:22:24		C.D.EGOVARROS-VIVEIRO	A CORUÑA
38	46	LUIS JAVIER FERNANDEZ OTERO		VTAM- 21	00:34:28	00:03:38	00:34:25	00:03:38	00:04:17	00:22:24	AG-766081	ATLETISMO SAR - A POUTADA	PADRON
39	91	SERGIO OLIVEIRA BOGA		VTAM- 22	00:34:29	00:03:38	00:34:24	00:03:38	00:04:17	00:22:19		CLUB NATACIÓN RIVEIRA	PADRÓN
40	183	ALBERTO CASTRO BLANCO		VTAM- 23	00:34:38	00:03:39	00:34:34	00:03:39	00:04:24	00:22:27			ARANGA
41	328	SANTIAGO JOSE BREA SANCHEZ		VTAM- 24	00:34:40	00:03:39	00:34:36	00:03:39	00:04:22	00:22:24			SIGÜEIRO
42	64	IVAN SEGADE CAROU		JPSM- 11	00:34:42	00:03:40	00:34:39	00:03:39	00:04:35	00:22:30	AG-766602	C.A. BOIMORTO	A CORUÑA
43	394	HECTOR JOSÉ SOTO SANTOS		JPSM- 12	00:34:43	00:03:40	00:34:34	00:03:39	00:04:31	00:22:28			VIMIANZO
44	335	RAMIRO PÉREZ PEREIRA		VTM- 1	00:34:44	00:03:40	00:34:40	00:03:39	00:04:20	00:22:31			SOLLÁNS, TEO
45	149	RICARDO VILLAR RODRIGUEZ		VTAM- 25	00:34:46	00:03:40	00:34:44	00:03:40	00:04:17	00:22:25			SANTA COMBA
46	314	DAVID EIROA DIAZ		JPSM- 13	00:34:47	00:03:40	00:34:45	00:03:40	00:04:02	00:22:32	AG-9806	CLUB MARINEDA ATLETICO	O BURGO
47	186	GONZALO MUIÑO CODESIDO		VTAM- 26	00:34:48	00:03:40	00:34:44	00:03:40	00:04:30	00:22:31			CAMBRE
48	194	ROI BARROS CORRAL		JPSM- 14	00:34:59	00:03:41	00:34:55	00:03:41	00:04:19	00:22:32			A CORUÑA
49	83	JUAN LUIS GÓMEZ DEL RIO		VTBM- 6	00:35:06	00:03:42	00:34:59	00:03:41	00:04:27	00:22:31		CLUB ATLETISMO RIBADEO	RIBADEO
50	51	MANUEL CES CRISTOBO		JPSM- 15	00:35:08	00:03:42	00:35:03	00:03:42	00:04:24	00:22:41	AG-766072	ATLETISMO SAR - A POUTADA	ROIS
51	10	SECHO FERNÁNDEZ CALVO		VTAM- 27	00:35:12	00:03:43	00:35:08	00:03:42	00:04:16	00:22:33		ATLÉTICO BERTAMIRÁNS	NOIA
52	199	JOSE MARIA SANCHEZ SAN LUIS		JPSM- 16	00:35:18	00:03:43	00:35:14	00:03:43	00:04:29	00:23:10			CULLEREDO
53	15	JOSE LUIS BOUZA FREIRE		VTBM- 7	00:35:20	00:03:44	00:35:17	00:03:43	00:04:20	00:22:46	GA-17180	ATLETISMO AFFLELOU NARON	FERROL
54	80	SANTIAGO VÁZQUEZ COLLAZO		VTBM- 8	00:35:23	00:03:44	00:35:18	00:03:43	00:04:41	00:23:19	A-10894	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA

55	324	MARCOS MATABUENA RODRÍGUEZ	JPSM- 17	00:35:27	00:03:44	00:35:22	00:03:44	00:04:33	00:23:05	GA 19907	USC	ORDES
56	109	OSCAR VALLE LOPEZ	VTAM- 28	00:35:32	00:03:45	00:35:30	00:03:45	00:04:17	00:23:06	AG 11136	NOITEBRA FC	TEO
57	89	JOSE LUIS PRADO MONTERO	VTAM- 29	00:35:33	00:03:45	00:35:31	00:03:45	00:04:34	00:23:17	AG-764436	CLUB MARINEDA ATLETICO	CULLEREDO
58	104	MIGUEL ANXO NOGUEIRA PÉREZ	JPSM- 18	00:35:36	00:03:45	00:35:34	00:03:45	00:04:22	00:23:06	AG 9793	NOITEBRA FC	SANTIAGO DE COMPOSTELA
59	421	JORGE MANUEL GARCIA RODRIGUEZ	VTAM- 30	00:35:37	00:03:45	00:35:37	00:03:45	00:04:24	00:23:21	AG 767429	NOITEBRA FC	STGO COMPOSTELA
60	348	MIGUEL MÍGUEZ MEIJOMIL	JPSM- 19	00:35:41	00:03:46	00:35:40	00:03:46	00:04:02	00:23:06			SANTIAGO DE COMPOSTELA
61	179	JOSÉ MANUEL GONZÁLEZ SANTAMARÍA	VTBM- 9	00:35:41	00:03:46	00:35:39	00:03:46	00:04:17	00:22:51			BOIRO
62	310	JOSE MANUEL GARCIA ESTEVEZ	VTAM- 31	00:35:48	00:03:47	00:35:46	00:03:46	00:04:27	00:23:14	AG 11091	CLUB ATLETISMO MILLADOIRO	NEGREIRA
63	65	JOSE SUAREZ LEIS	VTBM- 10	00:35:49	00:03:47	00:35:41	00:03:46	00:05:01	00:23:43	AG-766580	C.A. BOIMORTO	A BAÑA
64	305	CARLA MERAYO LÓPEZ	F- 3 JPSF- 2	00:35:49	00:03:47	00:35:46	00:03:46	00:04:15	00:23:05	GA-717304	ATLETISMO CORUÑA COMARCA	A CORUÑA
65	372	JUAN CHAO MARTÍNEZ	JPSM- 20	00:35:49	00:03:47	00:35:45	00:03:46	00:04:21	00:23:15			A CORUÑA
66	84	ROBERTO GARCÍA PAZOS	JPSM- 21	00:35:58	00:03:48	00:35:50	00:03:47	00:04:41	00:23:17	AG 764744	CLUB ATLETISMO SADA	SADA
67	395	PABLO RAÑA VILLASENIN	JPSM- 22	00:36:02	00:03:48	00:35:59	00:03:48	00:04:20	00:23:18			ORDES
68	304	BARCA TOBA SUÁREZ	F- 4 JPSF- 3	00:36:05	00:03:48	00:36:03	00:03:48	00:04:17	00:23:18	AG-766739	ATLETISMO CORUÑA COMARCA	MUXIA
69	116	JOSE LUIS NAYA ORGEIRA	VTAM- 32	00:36:10	00:03:49	00:36:05	00:03:48	00:04:41	00:23:26	AG-767018	RUNAWAYS	A CORUÑA
70	360	SERGIO REQUEIJO REQUEIJO	JPSM- 23	00:36:13	00:03:49	00:36:07	00:03:49	00:04:37	00:23:24			SILLEDA
71	403	DAVID MIRÁS CALVO	VTAM- 33	00:36:16	00:03:49	00:36:12	00:03:49	00:04:21	00:23:12			SANTIAGO
72	301	JOSE LUIS GARCÍA BOTANA	JPSM- 24	00:36:25	00:03:50	00:36:24	00:03:50	00:04:05	00:23:04	M-5454	AGRUPACIÓN DEPORTIVA SAN LORENZO DEL ESCORIAL	ORDENES
73	133	RAMON COLLAZO MOSQUERA	VTBM- 11	00:36:27	00:03:51	00:36:25	00:03:50	00:04:23	00:23:46			SANTIAGO DE COMPOSTELA
74	102	GONZALO SILVA BRENLLA	JPSM- 25	00:36:34	00:03:51	00:36:28	00:03:51	00:04:28	00:23:45	AG 766103	NOITEBRA FC	SANTA COMBA
75	316	CONSTANTE LORENZO SANTOS	VTAM- 34	00:36:36	00:03:52	00:36:35	00:03:51	00:04:14	00:24:07		EFA FONTEBOA	MUXIA
76	166	ALVARO LOPEZ JACOME	VTAM- 35	00:36:37	00:03:52	00:36:32	00:03:51	00:04:41	00:23:31			A CORUÑA
77	151	RAMÓN CANOSA CASTIÑEIRA	VTAM- 36	00:36:42	00:03:52	00:36:38	00:03:52	00:04:33	00:23:43			CÉE
78	87	JOSÉ ANTONIO MARTÍNEZ GARCÍA	VTBM- 12	00:36:46	00:03:53	00:36:39	00:03:52	00:04:42	00:24:02	AG764746	CLUB ATLETISMO SADA	OLEIROS
79	161	ALFONSO GARCIA BELLO	VTBM- 13	00:36:47	00:03:53	00:36:46	00:03:53	00:04:37	00:23:49			CAMBRE
80	96	RAFAEL SUAREZ FERNANDEZ	VTAM- 37	00:36:50	00:03:53	00:36:48	00:03:53	00:04:34	00:23:55	AG-763630	CLUB MARINEDA ATLETICO	A CORUÑA
81	100	DANIEL BECERRA RODRIGUEZ	VTBM- 14	00:37:06	00:03:55	00:37:02	00:03:54	00:04:42	00:23:48	AG 763846	NOITEBRA FC	SANTIAGO DE COMPOSTELA
82	341	ALBERTO SAAVEDRA MÉNDEZ	VTAM- 38	00:37:13	00:03:55	00:37:06	00:03:55	00:04:36	00:23:53			VILABOA
83	54	AVELINO CAAMAÑO NIETO	VTAM- 39	00:37:14	00:03:56	00:37:11	00:03:55	00:04:15	00:23:16		ATLETISMO SAR - A POUTADA	NOYA
84	507	RAMON GARCIA TEIRA	VTAM- 40	00:37:16	00:03:56	00:37:07	00:03:55	00:05:00	00:24:30	GA-763932	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
85	14	ISABEL SÁEZ BATALLÁN	F- 5 VTAF- 2	00:37:24	00:03:57	00:37:21	00:03:56	00:04:36	00:23:56		ATLETISMO A ESTRADA	A ESTRADA
86	193	JOSE LUIS ROIBAS FERNANDEZ	VTAM- 41	00:37:26	00:03:57	00:37:20	00:03:56	00:04:37	00:24:13			CAMBRE
87	164	RAMON MANUEL GÓMEZ GUILLERMO	VTAM- 42	00:37:29	00:03:57	00:37:22	00:03:56	00:04:46	00:24:21			ORDENES
88	30	XOSE MANUEL MALVIDO CARRILLO	VTM- 2	00:37:41	00:03:58	00:37:33	00:03:58	00:05:01	00:24:29	A-9758	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
89	28	ALFONSO ARIAS GARCIA	JPSM- 26	00:37:49	00:03:59	00:37:49	00:03:59			A-9907	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
90	76	ALBERTO VARELA NUÑEZ	VTAM- 43	00:37:50	00:03:59	00:37:43	00:03:59	00:04:45	00:24:35	AG 763830	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
91	312	FRANCISCO JAVIER GARCÍA BARREIRO	VTAM- 44	00:37:51	00:03:59	00:37:41	00:03:58	00:05:02	00:24:47		CLUB ATLETISMO SADA	OLEIROS
92	171	JUAN GIGIREY AMADO	VTAM- 45	00:37:58	00:04:00	00:37:52	00:04:00	00:04:40	00:24:26			BERTAMIRANS
93	101	MARTIN EUGENIO RODRIGUEZ GOMEZ	JPSM- 27	00:37:59	00:04:00	00:37:51	00:04:00	00:05:02	00:25:16	AG 9511	NOITEBRA FC	PONTECESURES
94	9	EDUARDO REY QUINTELA	VTAM- 46	00:38:00	00:04:00	00:37:51	00:03:59	00:05:09	00:25:03		ALEJANDRO GÓMEZ-ACADE	CULLEREDO
95	178	MIGUEL ABEL SOUTO	VTAM- 47	00:38:00	00:04:00	00:37:57	00:04:00	00:04:26	00:24:55	AG 4106	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
96	386	MIGUEL ANGEL MARTINEZ NIETO	VTAM- 48	00:38:05	00:04:01	00:37:51	00:03:59	00:05:15	00:24:54			SERRA DE OUTES
97	370	JAVI DOSIL RIVAS	JPSM- 28	00:38:05	00:04:01	00:38:02	00:04:01	00:04:43	00:24:45			NOIA
98	66	JUAN MENÉNDEZ ARBESÚ	VTBM- 15	00:38:09	00:04:01	00:37:45	00:03:59	00:05:31	00:25:10	20433	C.D.EGOVARROS-VIVEIRO	O BURGO
99	29	JOSE MANUEL CES ROMERO	VTAM- 49	00:38:10	00:04:01	00:38:00	00:04:00	00:05:02	00:25:00		ATLETISMO FONTES DO SAR	AMENEIRO-CALO-TEO
100	147	LUÍS GÓMEZ ALDEGUNDE	VTAM- 50	00:38:15	00:04:02	00:38:04	00:04:01	00:04:48	00:24:39			O CORGO
101	24	RODRIGO MÉNDEZ CASAS	JPSM- 29	00:38:23	00:04:03	00:38:20	00:04:03	00:04:12	00:24:36	AG-767509	ATLETISMO CORUÑA COMARCA	A CORUÑA
102	20	RICARDO GARCIA GESTAL	VTAM- 51	00:38:23	00:04:03	00:38:18	00:04:02	00:04:41	00:24:26		ATLETISMO CORUÑA COMARCA	A CORUÑA
103	111	FRANCISCO M. MENDEZ QUINTELA	VTAM- 52	00:38:26	00:04:03	00:38:21	00:04:03	00:05:02	00:25:16	AG 11085	NOITEBRA FC	BERTAMIRANS (AMES)
104	364	ROBERTO SENRA ALVAREZ	VTAM- 53	00:38:29	00:04:03	00:38:18	00:04:02	00:04:45	00:24:52			SANTIAGO
105	169	SANTIAGO GARCIA BELLO	VTBM- 16	00:38:29	00:04:04	00:38:25	00:04:03	00:04:46	00:24:52			CAMBRE
106	77	FRANCISCO PAIS TRIGO	VTAM- 54	00:38:29	00:04:04	00:38:22	00:04:03	00:04:51	00:24:59		CLUB ATLETISMO NEGREIRA	NEGREIRA
107	3	JOSÉ MANUEL ROCA RODRIGUEZ	VTAM- 55	00:38:32	00:04:04	00:38:21	00:04:03	00:04:58	00:25:01		A FUME DE CAROZO-ALFA FISIO	ARANGA
108	120	VIDAL GUERRA BREJO	JPSM- 30	00:38:34	00:04:04	00:38:25	00:04:03	00:05:03	00:24:34	AG 766110	USC	ORTOÑO-AMES
109	112	JOSE RAMON ABEL SUAREZ	VTBM- 17	00:38:36	00:04:04	00:38:29	00:04:03	00:05:02	00:25:17	AG 11137	NOITEBRA FC	TEO
110	139	DANIEL IGLESIAS PINTADO	VTAM- 56	00:38:38	00:04:04	00:38:23	00:04:03	00:05:23	00:25:43			A CORUÑA
111	119	JESSICA INES MUIÑOS REYES	F- 6 JPSF- 4	00:38:42	00:04:05	00:38:39	00:04:05	00:04:45	00:25:10		TRIATLON MOTOBike PONTEVEDRA	NOIA
112	154	ANGEL CAMPOS SANTIAGO	JPSM- 31	00:38:43	00:04:05	00:38:40	00:04:05	00:04:45	00:25:10			NOIA

113	137 JOSE CARLOS REBOREDO FRAGA	VTAM- 57	00:38:43	00:04:05	00:38:30	00:04:04	00:05:04	00:25:12			DEIXEBRE
114	59 DANIEL LÓPEZ REY	JPSM- 32	00:38:44	00:04:05	00:38:26	00:04:03	00:05:18	00:25:03	C. AT. INFARTO NO Q		CORUXOU
115	106 RAMON IGLESIAS REY	JPSM- 33	00:38:46	00:04:05	00:38:41	00:04:05	00:05:02	00:25:06	AG 9949	NOITEBRA FC	SANTIAGO
116	331 DIEGO MONTOUTO REQUEIJO	JPSM- 34	00:38:49	00:04:06	00:38:43	00:04:05	00:04:52	00:25:02			SILLEDA
117	387 NESTOR ROMERO AGRA	VTAM- 58	00:38:51	00:04:06	00:38:48	00:04:05	00:04:37	00:25:13			NOIA
118	399 JOSE MANUEL GARCIA SANTOS	VTAM- 59	00:38:53	00:04:06	00:38:37	00:04:04	00:05:42	00:25:35			VAL DO DUBRA
119	153 ÓSCAR CARRACEDO REGUEIRA	VTAM- 60	00:38:55	00:04:06	00:38:43	00:04:05	00:05:24	00:25:44			ARTEIXO
120	72 XOAN RAMÓN FERNÁNDEZ GARRIDO	VTAM- 3	00:38:56	00:04:06	00:38:49	00:04:06	00:05:14	00:25:41	AG 8009	CLUB ATLETISMO MILLADOIRO	VIMIANZO
121	346 JOSE REY CAMIÑO	VTAM- 4	00:38:56	00:04:06	00:38:50	00:04:06	00:04:58	00:25:15			VIMIANZO
122	173 FRANCISCO JAVIER GONZÁLEZ LEDO	VTAM- 61	00:38:59	00:04:07	00:38:54	00:04:06	00:04:39	00:25:11			CULLEREDO
123	400 ALBA BAAMONDE OTERO	F- 7 JPSF- 5	00:39:01	00:04:07	00:38:51	00:04:06	00:05:22	00:25:33			NOIA
124	504 GUSTAVO RAMA MARTÍNEZ	JPSM- 35	00:39:03	00:04:07	00:38:58	00:04:07	00:04:46	00:25:09			SANTIAGO DE COMPOSTELA
125	82 JUAN LUIS GÓMEZ IGLESIAS	XVNM- 1	00:39:05	00:04:07	00:39:05	00:04:07	00:04:21	00:25:16		CLUB ATLETISMO RIBADEO	RIBADEO
126	361 JAVIER SUAREZ GIADAS	JPSM- 36	00:39:11	00:04:08	00:39:05	00:04:07	00:04:57	00:25:41			TOURO
127	114 ANTONIO RODRIGUEZ RODRIGUEZ	VTAM- 62	00:39:12	00:04:08	00:38:56	00:04:06	00:05:08	00:25:17		PRAIA DE CARNOTA - RUNNERS	SANTIAGO
128	302 KISHWAR AMIN AFONSO CONTRERAS	JPSM- 37	00:39:14	00:04:08	00:38:59	00:04:07	00:05:20	00:25:46		ARMADA	FERROL
129	74 ARTURO RAMOS FERROL	VTAM- 63	00:39:16	00:04:08	00:38:44	00:04:05	00:05:08	00:25:17	AG 9509	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
130	189 JUNA LUIS BOTANA MOSQUERA	VTAM- 64	00:39:17	00:04:09	00:39:08	00:04:08	00:05:09	00:25:43			SANTIAGO
131	41 JAVIER GUIMAREY SENIN	VTAM- 65	00:39:18	00:04:09	00:39:10	00:04:08	00:04:55	00:25:34		ATLETISMO SAR - A POUTADA	PADRON
132	202 ARTURO ZAS MANEIRO	VTAM- 66	00:39:19	00:04:09	00:39:10	00:04:08	00:05:02	00:25:34			MILLADOIRO - AMES
133	121 EMILIO MEDINA JIMÉNEZ	VTBM- 18	00:39:26	00:04:10	00:39:17	00:04:09	00:05:05	00:25:37	AG 766109	USC	ORTOÑO. AMES
134	181 FELICIDAD LÓPEZ ARNAU	F- 8 VTAF- 3	00:39:27	00:04:10	00:39:25	00:04:09	00:04:44	00:25:27			A CORUÑA
135	150 JOSE MANUEL DOPICO SOTO	VTAM- 5	00:39:30	00:04:10	00:39:26	00:04:09	00:04:54	00:25:46			NEDA
136	354 JESÚS CASAS BOQUETE	JPSM- 38	00:39:30	00:04:10	00:39:23	00:04:09	00:04:56	00:25:59			ORDES
137	123 XOSE MANUEL BOQUETE CASAS	VTAM- 67	00:39:30	00:04:10	00:39:22	00:04:09	00:05:20	00:26:27		VERXEL NUTRICIÓN DEPORTIVA	ORDES
138	390 JOSE ALFONSO VILLAR CAAMAÑO	JPSM- 39	00:39:32	00:04:10	00:39:15	00:04:08	00:05:27	00:25:49			NOIA
139	367 DAVID VIQUEIRA PENA	JPSM- 40	00:39:35	00:04:10	00:39:17	00:04:09	00:05:17	00:25:59			ORDES
140	38 ESTEBAN CASTROMIL SUAREZ	JPSM- 41	00:39:40	00:04:11	00:39:31	00:04:10	00:05:04	00:25:56		ATLETISMO ORDES	OROSO
141	118 ANTONIO GARCIA BELLO	VTBM- 19	00:39:43	00:04:11	00:39:39	00:04:11	00:04:59	00:25:44		TRASNOS CORUÑA	EL TEMPLE
142	13 JOAQUÍN BARREIRO TATO	VTBM- 20	00:39:45	00:04:11	00:39:30	00:04:10	00:05:27	00:25:51	AG766856	ATLETISMO A ESTRADA	A ESTRADA
143	505 PRIMITIVO RAMA BLANCO	VTAM- 6	00:39:45	00:04:12	00:39:40	00:04:11	00:04:47	00:25:47			SANTIAGO DE COMPOSTELA
144	157 PURIFICACION FERNANDEZ CAMPOS	F- 9 VTAF- 4	00:39:47	00:04:12	00:39:41	00:04:11	00:04:56	00:25:47			BERGONDO
145	57 FRANCISCO JOSE OLIVEIRA MARTINEZ	VTAM- 68	00:39:48	00:04:12	00:39:42	00:04:11	00:04:47	00:25:44	A-11061	ATLETISMO SAR - A POUTADA	PORTO DO SON
146	16 PEDRO DOMENECH GONZÁLEZ	VTAM- 69	00:39:49	00:04:12	00:39:38	00:04:11	00:05:10	00:26:08	AG-766489	ATLETISMO CORUÑA COMARCA	CULLEREDO
147	337 ANTONIO BAZARRA AGULLA	VTAM- 70	00:39:50	00:04:12	00:39:35	00:04:10	00:05:26	00:25:45			LIRA
148	70 LUIS MARCELO BELLO GOMEZ	VTBM- 21	00:39:58	00:04:13	00:39:47	00:04:12	00:05:18	00:25:58		C.D.EGOVARROS-VIVEIRO	VILABOA CULLEREDO
149	319 DANIEL ALENDE LOPEZ	JPSM- 42	00:40:01	00:04:13	00:39:53	00:04:12	00:05:16	00:26:00		NOITEBRA FC	SANTIAGO DE COMPOSTELA
150	33 JOSE LUIS RODRIGUEZ DEL RIO	VTAM- 7	00:40:01	00:04:13	00:39:50	00:04:12	00:05:26	00:26:05		ATLETISMO ORDES	ORDES
151	2 MANUEL VAZQUEZ IGLESIAS	VTAM- 71	00:40:07	00:04:14	00:39:56	00:04:13	00:05:11	00:25:57		A FUME DE CAROZO	A CORUÑA
152	377 JUAN CASEIRO PALACIOS	JPSM- 43	00:40:15	00:04:15	00:40:09	00:04:14	00:05:14	00:26:28			ORDES
153	93 JOSE MARIA LEVOSO TOUCEDA	VTAM- 72	00:40:16	00:04:15	00:40:06	00:04:14	00:04:56	00:25:53		ESPRINTES OURENSE	A CORUÑA
154	330 ANTONIO MOSQUERA VALIÑO	VTAM- 73	00:40:20	00:04:15	00:40:13	00:04:14	00:04:47	00:26:06			ORDES
155	329 JESUS CASAS CORES	VTAM- 74	00:40:29	00:04:16	00:40:20	00:04:15	00:05:20	00:26:27			ORDES
156	195 DIEGO BELLO GRAIÑO	JPSM- 44	00:40:37	00:04:17	00:40:16	00:04:15	00:05:41	00:26:27			VIMIANZO
157	506 DAVID PONTE IGLESIAS	JPSM- 45	00:40:40	00:04:17	00:40:28	00:04:16	00:05:18	00:26:00			TRAZO
158	63 XESUS MANUEL SEGADO CAROU	VTAM- 75	00:40:43	00:04:18	00:40:36	00:04:17	00:05:07	00:26:22		C.A. BOIMORTO	A CORUÑA
159	200 MIGUEL G. COSTOYA	VTAM- 76	00:40:43	00:04:18	00:40:26	00:04:16	00:05:35	00:26:53			O BURGO
160	31 JESÚS NAVAZO RUIZ	VTAM- 77	00:40:45	00:04:18	00:40:31	00:04:16	00:05:26	00:26:17		ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
161	205 DIEGO LUIS LEÓN REQUEIJO	JPSM- 46	00:41:03	00:04:20	00:40:51	00:04:18	00:05:32	00:26:54			AMES
162	148 JORGE FERRADANS VALDES	JPSM- 47	00:41:08	00:04:20	00:40:49	00:04:18	00:05:47	00:26:52			SANTIAGO DE COMPOSTELA
163	373 RODRIGO LISTE FAYA	VTAM- 78	00:41:10	00:04:20	00:41:01	00:04:20	00:05:19	00:26:47			A CORUÑA
164	374 MIGUEL ANGEL MIRANDA SANCHEZ	VTAM- 79	00:41:11	00:04:21	00:41:06	00:04:20	00:05:00	00:26:55			ORDENES
165	125 EDER FERNANDEZ PEREZ	VTAM- 80	00:41:18	00:04:21	00:41:09	00:04:20	00:05:09	00:26:34			OROSO
166	175 RAFAEL GARCIA PENA	VTAM- 81	00:41:25	00:04:22	00:41:19	00:04:21	00:05:02	00:26:34			CERCEDA
167	204 FRANCISCO JAVIER SUAREZ BERMUDEZ	VTAM- 82	00:41:27	00:04:22	00:41:11	00:04:21	00:05:33	00:26:58			SANTIAGO DE COMPOSTELA
168	342 PEPE SABORIDO MARTINEZ	VTAM- 83	00:41:38	00:04:23	00:41:28	00:04:22	00:05:23	00:26:47			NOIA
169	333 DAVID DOMINGUEZ REY	JPSM- 48	00:41:39	00:04:23	00:41:31	00:04:23	00:04:54	00:26:36			TAPIA-AMES
170	32 DIEGO GARCIA LORENZO	JPSM- 49	00:41:45	00:04:24	00:41:31	00:04:23	00:05:59	00:27:30	A-11132	ATLETISMO FONTES DO SAR	RIANXO

171	375 ANGEL REY AMOR	VTAM- 84	00:41:48	00:04:24	00:41:28	00:04:22	00:05:42	00:27:25		A CORUÑA
172	419 PABLO GONZALEZ FRAGUAS	JPSM- 50	00:41:50	00:04:25	00:41:32	00:04:23	00:05:47	00:27:37		ORDES
173	6 BENITO PIÑEIRO ABEIJON	VTAM- 85	00:41:59	00:04:26	00:41:37	00:04:23	00:06:17	00:28:07	AGRUPACION DEPORTIVA ATLETES DE ESTEIRO	ESTEIRO
174	369 BENJAMIN COSTA FERNANDEZ	JPSM- 51	00:42:02	00:04:26	00:41:44	00:04:24	00:05:40	00:27:40		NOIA
175	196 JOSÉ MANUEL CASÁS CASÁS	VTAM- 86	00:42:02	00:04:26	00:41:50	00:04:25	00:05:39	00:27:28		A CORUÑA
176	85 INES PAPIN ESTEVEZ	F- 10 VTAF- 5	00:42:04	00:04:26	00:41:53	00:04:25	00:05:36	00:27:39	AG765854 CLUB ATLETISMO SADA	CAMBRE
177	129 SAMUEL RAMÍREZ RODRÍGUEZ	VTAM- 87	00:42:06	00:04:26	00:41:58	00:04:26	00:05:24	00:27:19		FENE
178	78 EDUARDO CERNADAS VAZQUEZ	VTAM- 89	00:42:10	00:04:27	00:42:00	00:04:26	00:05:27	00:27:28	CLUB ATLETISMO OLYMPO	PANTIN-VALDOVIÑO
179	105 ANGEL MUNIN OTERO	VTAM- 88	00:42:10	00:04:27	00:42:01	00:04:26	00:05:17	00:27:24	AG 765586 NOITEBRA FC	SANTIAGO DE COMPOSTELA
180	366 FELIPE CASAS BOQUETE	JPSM- 52	00:42:12	00:04:27	00:42:06	00:04:26	00:05:03	00:26:32		ORDES
181	99 RAMON ALENDE CEA	VTBM- 22	00:42:18	00:04:28	00:42:10	00:04:27	00:05:16	00:27:26	AG 765588 NOITEBRA FC	SANTIAGO DE COMPOSTELA
182	7 FRANCISCO LUIS CAAMAÑO RAMA	VTMCM- 8	00:42:19	00:04:28	00:42:12	00:04:27	00:05:24	00:27:17	A6547 AGRUPACION DEPORTIVA ATLETES DE ESTEIRO	ESTEIRO (MUROS)
183	174 ALBERTO COTELO SENANDE	JPSM- 53	00:42:26	00:04:28	00:42:20	00:04:28	00:05:00	00:27:24		CARBALLO
184	416 JOSE MANUEL LOPEZ CARBALLIDO	VTAM- 90	00:42:26	00:04:28	00:42:11	00:04:27	00:05:48	00:28:03		ORDES
185	168 IGNACIO LÓPEZ PRESEDO	VTAM- 91	00:42:35	00:04:29	00:42:27	00:04:29	00:05:22	00:27:22		ORDES
186	21 DANIEL RIVEIRA RUANOVA	VTAM- 92	00:42:37	00:04:30	00:42:23	00:04:28	00:05:32	00:27:23	A-10418 ATLETISMO CORUÑA COMARCA	O MILLADOIRO - AMES
187	108 FERNANDO ANTELO FERRO	VTAM- 93	00:42:41	00:04:30	00:42:33	00:04:29	00:05:17	00:27:25	AG 9891 NOITEBRA FC	MILLADOIRO-AMES
188	131 PABLO CREGO GIL	VTAM- 94	00:42:41	00:04:30	00:42:25	00:04:28	00:05:26	00:27:36		SANTIAGO DE COMPOSTELA
189	136 MIGUEL SEÑORIS BARGO	VTAM- 95	00:42:42	00:04:30	00:42:31	00:04:29	00:05:22	00:27:53		A CORUÑA
190	307 SONIA MARIA AGRASAR BARRAL	F- 11 VTAF- 6	00:42:43	00:04:30	00:42:31	00:04:29	00:05:17	00:27:31	AG-766076 ATLETISMO SAR - A POUTADA	PADRON
191	188 VÍTOR MANUEL RODRÍGUEZ JURJO	VTAM- 96	00:42:44	00:04:30	00:42:31	00:04:29	00:05:38	00:27:58		SANTIAGO DE COMPOSTELA
192	392 MIGUEL REY AMARELLE	JPSM- 54	00:42:45	00:04:30	00:42:34	00:04:29	00:05:26	00:28:11		ZAS
193	407 MARTÍN CASTÓN ALONSO	VTAM- 97	00:42:46	00:04:31	00:42:40	00:04:30	00:05:07	00:27:31		A CORUÑA
194	184 JUAN MANUEL MIRA IGLESIAS	JPSM- 55	00:42:50	00:04:31	00:42:32	00:04:29	00:05:26	00:27:51		ORDENES
195	8 XOSÉ ENRIQUE PUJALES MARTÍNEZ	VTMCM- 9	00:42:51	00:04:31	00:42:38	00:04:30	00:05:34	00:27:58	A8791 ALEJANDRO GÓMEZ-ACADE	A CORUÑA
196	355 JOSÉ MANUEL GOMEZ TAIOR	VTAM- 98	00:42:52	00:04:31	00:42:35	00:04:29	00:05:50	00:28:04		FRADES
197	134 RUBEN MARTINEZ DEL RIO	VTAM- 99	00:42:54	00:04:31	00:42:40	00:04:30	00:05:36	00:28:13		O TEMPLE - CAMBRE
198	144 ANGEL JUVIÑO PREGO	VTAM- 100	00:42:56	00:04:32	00:42:43	00:04:30	00:05:36	00:28:12		ARTEIXO
199	88 FERNANDO MÍGUEZ SÁNCHEZ	VTAM- 101	00:43:00	00:04:32	00:42:50	00:04:31	00:05:07	00:27:55	AG11256 CLUB ATLETISMO SADA	SADA
200	376 ALBERTO BOQUETE CASAS	JPSM- 56	00:43:04	00:04:32	00:42:56	00:04:32	00:05:20	00:28:01		ORDES
201	404 ANA BELÉN FERREIRO GONZÁLEZ	F- 12 VTAF- 7	00:43:07	00:04:33	00:43:07	00:04:33				ORDES
202	398 JESUS BALEATO PENSADO	VTBM- 23	00:43:08	00:04:33	00:42:52	00:04:31	00:05:43	00:28:05		VAL DO DUBRA
203	308 ANTONIO CABANA OROSA	VTMCM- 10	00:43:09	00:04:33	00:42:59	00:04:32	00:05:34	00:28:10	C.D.EGOVARROS-VIVEIRO	FERROL
204	406 ALBERTO ARES GERMIL	JPSM- 57	00:43:10	00:04:33	00:43:00	00:04:32	00:05:14	00:27:32		VAL DO DUBRA
205	345 MARCOS MANUEL GOSSENDE ROMARIS	VTAM- 102	00:43:13	00:04:33	00:42:58	00:04:32	00:05:54	00:28:20		OUTES
206	45 MARIA ELENA MIGUENS OTERO	F- 13 VTAF- 8	00:43:16	00:04:34	00:43:08	00:04:33	00:05:22	00:28:05	AG-766075 ATLETISMO SAR - A POUTADA	PADRON
207	358 MANUEL VAZQUEZ RAMOS	VTAM- 103	00:43:17	00:04:34	00:43:05	00:04:33	00:05:32	00:28:24		ARANGA
208	334 JOSÉ CALVIÑO CARREÑO	JPSM- 58	00:43:30	00:04:35	00:43:13	00:04:33	00:05:35	00:27:55		NOIA
209	420 MONTSE FERNÁNDEZ RAMOS	F- 14 VTAF- 9	00:43:32	00:04:35	00:43:21	00:04:34	00:05:36	00:28:15	AG11336 CLUB ATLETISMO SADA	SADA
210	152 JUAN MANUEL BAUTIS OTERO	VTAM- 104	00:43:33	00:04:36	00:43:20	00:04:34	00:05:27	00:27:56		AMES. MILLADOIRO
211	81 MARÍA MONTSERRAT FERNÁNDEZ SABURIDO	F- 15 VTAF- 10	00:43:41	00:04:36	00:43:36	00:04:36	00:05:25	00:28:25	AG766781 CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
212	176 MIGUEL LOPEZ CASTELO	JPSM- 59	00:43:46	00:04:37	00:43:36	00:04:36	00:04:55	00:27:52		A CORUÑA
213	53 XESUS M. RODRIGUEZ CARRIL	VTBM- 24	00:44:01	00:04:38	00:43:48	00:04:37	00:05:51	00:28:46	AG-766068 ATLETISMO SAR - A POUTADA	PONTECESURES
214	380 ANDRÉ GARCÍA PIÑEIRO	JPSM- 60	00:44:02	00:04:39	00:43:43	00:04:37	00:05:47	00:28:26		AMES
215	143 LUIS SESTAYO LEIS	JPSM- 61	00:44:06	00:04:39	00:43:46	00:04:37	00:06:13	00:28:54		SANTIAGO DE COMPOSTELA
216	11 MANUEL CALVO GERARDI	VTMCM- 11	00:44:14	00:04:40	00:44:08	00:04:39	00:05:23	00:28:33	AG 766312 ATLETISMO +9 MORAÑA	MORAÑA
217	340 MIGUEL CASTRO RODRÍGUEZ	VTAM- 105	00:44:14	00:04:40	00:43:59	00:04:38	00:06:01	00:28:54		CALO (TEO)
218	365 SEGUNDO DOMINGUEZ ALSINA	VTBM- 25	00:44:24	00:04:41	00:44:20	00:04:40	00:05:00	00:28:18		OROSO
219	203 JOSE ANTONIO MÉNDEZ PAMPÍN	VTMCM- 12	00:44:25	00:04:41	00:44:21	00:04:41	00:05:15	00:27:54		LA CORUÑA
220	198 MARIO CAL VARELA	VTBM- 26	00:44:26	00:04:41	00:44:12	00:04:40	00:05:41	00:28:44		BERTAMIRÁNS
221	135 JORGE PAZ CALO	JPSM- 62	00:44:28	00:04:41	00:44:15	00:04:40	00:05:33	00:27:45		SANTIAGO DE COMPOSTELA
222	160 JUAN JOSÉ TATO MAHÍA	VTAM- 106	00:44:30	00:04:41	00:44:20	00:04:40	00:05:19	00:28:22	1478718	SANTIAGO DE COMPOSTELA
223	351 OSCAR JUNCAL PAIS	JPSM- 63	00:44:31	00:04:42	00:44:19	00:04:40	00:05:43	00:29:01		ORDES
224	332 ALVARO BESTILLEIRO CALVIÑO	JPSM- 64	00:44:42	00:04:43	00:44:25	00:04:41	00:05:46	00:28:52		ORDES
225	62 JESUS RAÑA PLATAS	VTMCM- 13	00:44:45	00:04:43	00:44:41	00:04:43	00:05:23	00:28:55	AG-764360 C.A. BOIMORTO	SANTIAGO DE COMPOSTELA
226	162 DAVID TUÑAS RÓO	JPSM- 65	00:44:58	00:04:44	00:44:58	00:04:44				A CORUÑA
227	117 JAVIER RIO RODRIGUEZ	VTBM- 27	00:44:59	00:04:45	00:44:52	00:04:44	00:05:30	00:29:28	RUNNERS CARBALLO	CARBALLO
228	130 GIOVANI GARCÍA ESTÉVEZ	JPSM- 66	00:45:08	00:04:45	00:44:51	00:04:44	00:05:38	00:29:42		LUGO

229	359 JESUS GARABATO GRELA	VTBM- 28	00:45:12	00:04:46	00:44:57	00:04:44	00:05:50	00:29:19	DEIXEBRE
230	343 J.ALEJANDRO AÑÓN DOMÍNGUEZ	VTAM- 107	00:45:18	00:04:47	00:44:59	00:04:45	00:06:07	00:29:10	PORTOMOURO
231	127 ANTONIO JUNCAL COSTA	VTBM- 29	00:45:18	00:04:47	00:44:59	00:04:45	00:06:07	00:29:09	PORTOMOURO
232	356 JOSE LUIS ASENSIO RAMIL	VTMCM- 19	00:45:24	00:04:47	00:45:19	00:04:47	00:05:45	00:29:49	BERTAMIRANS
233	401 RICHARD EMBA JONH	VTAM- 108	00:45:24	00:04:47	00:45:09	00:04:46	00:05:17	00:28:38	SANTIAGO DE COMPOSTELA
234	60 JUAN ALBERTO SÁNCHEZ INÍGUEZ	JPSM- 67	00:45:25	00:04:47	00:45:16	00:04:46	00:05:25	00:29:11	AG-766994 C.A. BOIMORTO
235	192 ROGELIO MANUEL PEREZ MIÑONES	VTBM- 30	00:45:26	00:04:47	00:45:11	00:04:46	00:05:37	00:28:53	A CORUÑA
236	180 ADÁN ALMENDÁREZ ROQUE	JPSM- 68	00:45:38	00:04:49	00:45:28	00:04:48	00:05:37	00:29:25	LA CORUÑA
237	146 JORGE BLANCO FERNANDEZ	VTAM- 109	00:45:48	00:04:50	00:45:48	00:04:50			A CORUÑA
238	422 MARCELINO CASTRO PENA	VTBM- 31	00:45:49	00:04:50	00:45:29	00:04:48	00:06:16	00:29:34	FEFEME TRIATLON
239	158 DAVID IGLESIAS PENA	JPSM- 69	00:46:06	00:04:52	00:45:49	00:04:50	00:05:55	00:30:14	A CORUÑA
240	379 DANIEL FERREIRO CARBALLEIRA	JPSM- 70	00:46:08	00:04:52	00:45:50	00:04:50	00:05:56	00:29:39	BRIÓN
241	68 FERNANDO RAMOS MORENO	VTMCM- 15	00:46:08	00:04:52	00:45:57	00:04:51	00:05:46	00:29:48	GA764209 C.D.EGOVARROS-VIVEIRO
242	142 JESUS PEREZ BALIRAC	VTBM- 32	00:46:15	00:04:53	00:45:56	00:04:51	00:06:26	00:30:40	SANTIAGO DE COMPOSTELA
243	191 XOSÉ MANUEL CAMBÓN ARCEO	VTBM- 33	00:46:16	00:04:53	00:46:04	00:04:51	00:05:51	00:30:11	A CORUÑA
244	141 MIGUEL ARIAS SANCHEZ	VTMCM- 16	00:46:18	00:04:53	00:45:58	00:04:51	00:06:16	00:29:50	LUGO
245	368 FAUSTO RODRIGUEZ MONTERO	VTAM- 110	00:46:18	00:04:53	00:46:01	00:04:51	00:05:56	00:30:08	A CORUÑA
246	113 JORGE CARREIRA NODAR	VTAM- 111	00:46:21	00:04:53	00:46:02	00:04:51	00:06:27	00:30:50	AG764732 OLIMPICO DE VEDRA
247	418 XULIO LOUREIRO GONZALEZ	VTBM- 34	00:46:22	00:04:53	00:45:58	00:04:51	00:06:39	00:31:03	ABEGONDO
248	163 JUAN PEDRO VIGO SANZ	VTBM- 35	00:46:23	00:04:53	00:46:16	00:04:53	00:05:31	00:29:29	SANTIAGO DE COMPOSTELA
249	94 MAXIMINO LAGARES CARRO	VTAM- 112	00:46:34	00:04:55	00:46:15	00:04:53	00:06:25	00:30:41	ESPRINTES OURENSE
250	409 XABIER LÓPEZ REY	JPSM- 71	00:46:37	00:04:55	00:46:32	00:04:54	00:05:41	00:30:10	LIANS - OLEIROS
251	182 DANIEL OTERO CEPEDA	VTBM- 36	00:46:42	00:04:55	00:46:33	00:04:54	00:05:44	00:30:24	SANTIAGO
252	12 CELINA RODRIGUEZ SOBRINO	F- 16 VTBF- 1	00:46:47	00:04:56	00:46:40	00:04:55	00:05:44	00:30:04	AG 766311 ATLETISMO +9 MORAÑA
253	156 GONZALO ALVAREZ PRADO	VTBM- 37	00:47:00	00:04:57	00:46:53	00:04:57	00:05:30	00:30:43	ORDES
254	397 ANTONIO IGLESIAS ARNEJO	VTAM- 113	00:47:02	00:04:57	00:46:46	00:04:56	00:05:50	00:30:22	VIGO
255	39 MARICARMEN RODRÍGUEZ DEL RÍO	F- 17 VTCF- 1	00:47:03	00:04:58	00:46:53	00:04:57	00:05:58	00:30:17	ATLETISMO ORDES
256	197 JOSÉ LUIS LEÓN LÓPEZ	VTMCM- 17	00:47:04	00:04:58	00:46:52	00:04:56	00:05:54	00:30:33	AMES
257	336 MARIA PILAR ORGEIRA REY	F- 18 VTAF- 11	00:47:14	00:04:59	00:47:00	00:04:57	00:05:54	00:30:42	TORDOIA
258	389 MARIA IGLESIAS RODRIGUEZ	F- 19 VTAF- 12	00:47:30	00:05:00	00:47:30	00:05:00			VILARRODIS - ARTEIXO
259	357 ALVARO RAMON LOPEZ CARRERA	VTAM- 114	00:47:33	00:05:01	00:47:15	00:04:59	00:06:14	00:31:25	ORDES
260	378 ALBERTO COUTO LOSADA	VTAM- 115	00:47:35	00:05:01	00:47:30	00:05:00	00:06:11	00:30:58	SANTIAGO
261	172 MIGUEL CIDRE VÁZQUEZ	JPSM- 72	00:47:36	00:05:01	00:47:36	00:05:01			CERCEDA
262	138 JOSE LUIS ALVAREZ VIDAL	VTBM- 38	00:47:37	00:05:01	00:47:20	00:04:59	00:06:12	00:30:57	A CORUÑA
263	325 PEDRO CALDAS CASTRO	JPSM- 73	00:47:45	00:05:02	00:47:25	00:05:00	00:05:56	00:30:18	CARBALLO
264	303 FERNANDO SUAREZ CARRIL	VTBM- 39	00:47:45	00:05:02	00:47:22	00:05:00	00:06:36	00:31:46	AS MARIÑAS
265	34 MANUEL RAÑA PREGO	VTMCM- 18	00:47:51	00:05:03	00:47:40	00:05:02	00:06:14	00:31:43	ATLETISMO ORDES
266	414 ROSA GUTIERREZ MOUGAN	F- 20 VTAF- 13	00:48:14	00:05:05	00:47:58	00:05:03	00:06:36	00:31:50	SANTIAGO DE COMPOSTELA
267	159 VICTOR RODRIGUEZ LANDEIRA	JPSM- 74	00:48:32	00:05:07	00:48:23	00:05:06	00:05:45	00:30:53	VAL DO DUBRA- BEMBIBRE
268	383 JESUS LISTE FERNANDEZ	JPSM- 75	00:48:49	00:05:09	00:48:31	00:05:07	00:05:48	00:31:11	ORDES
269	363 JOSÉ VICENTE PIÑEIRO VÁZQUEZ	VTAM- 116	00:48:53	00:05:09	00:48:35	00:05:07	00:06:03	00:31:40	MILLADOIRO
270	327 INMACULADA CASTRO LOPEZ	F- 21 JPSF- 6	00:48:58	00:05:10	00:48:49	00:05:09	00:05:33	00:31:32	NOIA
271	503 PURI LÓPEZ PRESEDO	F- 22 VTAF- 14	00:48:59	00:05:10	00:48:47	00:05:09	00:06:03	00:31:30	ORDES
272	502 XOSE MANUEL LISTE PIÑEIRO	VTBM- 40	00:48:59	00:05:10	00:48:48	00:05:09	00:06:03	00:31:30	INSTALACIONS LISTE
273	402 ROSA DE LA CÁMARA	F- 23 VTAF- 15	00:49:27	00:05:13	00:49:11	00:05:11	00:06:20	00:32:01	SANTIAGO DE COMPOSTELA
274	353 MIGUEL PRADO VEIGA	JPSM- 76	00:49:30	00:05:13	00:49:15	00:05:12	00:06:11	00:31:56	ARZÚA
275	415 ALVARO DE RON FERNANDEZ-MOSQUERA	JPSM- 77	00:50:01	00:05:16	00:49:50	00:05:15	00:06:03	00:31:55	A CORUNA
276	347 LUIS ANDRADE RAMILO	JPSM- 78	00:50:01	00:05:16	00:49:49	00:05:15	00:06:03	00:31:54	A CORUÑA
277	417 LINDA CHISHOLM	F- 24 JPSF- 7	00:50:01	00:05:16	00:49:49	00:05:15	00:05:50	00:31:53	LA CORUNA
278	44 AGUSTIN PEREZ CARUNCHO	VTMCM- 19	00:50:05	00:05:17	00:49:47	00:05:15	00:06:30	00:32:51	ATLETISMO SAR - A POUTADA
279	412 LUCIA GUTIERREZ MOUGAN	F- 25 JPSF- 8	00:50:05	00:05:17	00:49:49	00:05:15	00:06:36	00:32:18	SANTIAGO DE COMPOSTELA
280	190 ALEJANDRO PAZOS LÓPEZ	JPSM- 79	00:50:20	00:05:18	00:49:55	00:05:16	00:06:47	00:33:19	BERTAMIRANS.AMES
281	140 MANUEL VILAS ABELENDA	VTMCM- 20	00:50:33	00:05:20	00:50:16	00:05:18	00:06:34	00:33:12	CEE
282	69 BEATRIZ CHOUCIÑO TRIGO	F- 26 VTAF- 16	00:50:39	00:05:20	00:50:15	00:05:18	00:06:36	00:33:11	AG765591 C.D.EGOVARROS-VIVEIRO
283	371 RICARDO BARRAL FERREIRO	JPSM- 80	00:50:39	00:05:20	00:50:33	00:05:20	00:04:54	00:32:54	ORDENES
284	349 JAVIER LAGARES LUCES	VTAM- 117	00:50:40	00:05:20	00:50:15	00:05:18	00:06:39	00:32:56	BETANZOS
285	167 JESUS MONTERO LAGO	VTMCM- 21	00:50:40	00:05:20	00:50:24	00:05:19	00:06:42	00:33:10	CAMBRE
286	170 JUAN CARLOS DOMATO VERDÍA	JPSM- 81	00:51:08	00:05:23	00:50:56	00:05:22	00:06:26	00:33:53	ARTEIXO

287	25	DIEGO PORTO CALVO	JPSM- 82	00:52:52	00:05:34	00:52:38	00:05:33	00:06:45	00:34:43	GA-766251	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
288	177	BORJA GARCIA CUESTA	VTM- 22	00:52:57	00:05:35	00:52:42	00:05:33	00:06:41	00:34:34			LA CORUÑA
289	37	LINA FUENTES NOYA	F- 27 VTCF- 2	00:53:07	00:05:36	00:53:03	00:05:35	00:05:56	00:34:11		ATLETISMO ORDES	A CORUÑA
290	339	VICTORINO LÓPEZ GARCÍA	JPSM- 83	00:53:12	00:05:36	00:53:00	00:05:35	00:06:36	00:34:40			NOIA
291	391	Mª SALATHIEL BARREIRO BREA	F- 28 JPSF- 9	00:53:12	00:05:36	00:53:00	00:05:35	00:06:36	00:34:40			AMES
292	71	FRANCISCA ROMASANTA PARADA	F- 29 VTCF- 3	00:53:29	00:05:38	00:53:18	00:05:37	00:06:44	00:34:52		C.D.EGOVARROS-VIVEIRO	SADA
293	61	JOSE MARIA BREA SANCHEZ	VTBM- 41	00:53:39	00:05:39	00:53:16	00:05:37	00:07:17	00:35:43	AG-764347	C.A. BOIMORTO	A CORUÑA
294	396	FRANCISCO DIAZ RODRIGUEZ	VTBM- 42	00:53:47	00:05:40	00:53:27	00:05:38	00:06:30	00:34:24			CAMBRE
295	55	RAMON REY MIGUENS	VTAM- 118	00:54:15	00:05:43	00:54:01	00:05:42	00:06:47	00:35:39		ATLETISMO SAR - A POUTADA	PADRON
296	36	LUISA CALVO GERMALES	F- 30 VTBF- 2	00:55:23	00:05:50	00:55:10	00:05:49	00:07:03	00:35:44		ATLETISMO ORDES	ORDES
297	410	CAROLINA REYES MARTÍNEZ	F- 31 VTAF- 17	00:55:35	00:05:52	00:55:19	00:05:50	00:06:48	00:35:56			SANTIAGO DE COMPOSTELA
298	362	FRANCISCO CAO LORENZO	JPSM- 84	00:56:17	00:05:56	00:56:00	00:05:54	00:06:09	00:35:53			A CORUÑA
299	126	CARLOS MALLEIRO ZORZANO	JPSM- 85	00:56:56	00:06:00	00:56:41	00:05:58	00:06:47	00:36:37			ARTEIXO
300	350	DAVID PERNAS FOLGAR	JPSM- 86	00:59:07	00:06:14	00:58:52	00:06:12	00:06:43	00:38:56			A CORUÑA
301	352	MARIA TERESA TASENDE PERNAS	F- 32 JPSF- 10	00:59:07	00:06:14	00:58:53	00:06:12	00:06:43	00:38:54			ARZUA
302	381	ANTONIO PRESEDO VARELA	VTM- 23	00:59:54	00:06:19	00:59:33	00:06:17	00:07:27	00:38:58			A CORUÑA
303	385	JOSÉ NEIRA HERMIDA	VTM- 24	01:06:57	00:07:03	01:06:53	00:07:03	00:07:24	00:41:46			RIANXO
304	382	MARIA INES CUADRADO LOPEZ	F- 33 VTBF- 3	01:10:57	00:07:29	01:10:47	00:07:28	00:08:02	00:46:32			OLEIROS

XVIII CARREIRA POPULAR DO CONCELLO DE ORDES, Ordes 09/06/2013

Proba Absoluta. Distancia: 9.500 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

MASCULINO

PtoSex Dorsal	Nombre	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
1	320 ROBERTAS GERALAVICIUS	JPSM- 1	00:29:15	00:03:05	00:29:15	00:03:05	00:03:48	00:19:09		SOCIEDAD GIMNASTICA DE PONTEVEDRA	SANTIAGO DE COMPOSTELA
2	92 AKKA ESSADAQUI	VTAM- 1	00:29:17	00:03:05	00:29:17	00:03:05	00:03:48	00:19:08		COMESAÑA SPORTING CLUB	SALCEDA DE CASELAS
3	1 RUBEN CAAMAÑO NIETO	JPSM- 2	00:29:38	00:03:08	00:29:38	00:03:08	00:03:48	00:19:09	AG-763858	ATLETISMO SAR - A POUTADA	NOIA
4	98 ELÍAS SALVADOR DOMÍNGUEZ CABRAL	VTAM- 2	00:30:32	00:03:13	00:30:31	00:03:13	00:03:48	00:19:31		NEW BALANCE TEAM	PONTEVEDRA
5	393 DAVID SANTOS DOMINGUEZ	JPSM- 3	00:31:27	00:03:19	00:31:26	00:03:19	00:03:50	00:20:36			ORDES
6	4 JOSÉ ALFREDO AMADO GONZÁLEZ	JPSM- 4	00:31:41	00:03:21	00:31:40	00:03:20	00:03:59	00:20:39	GA764470	A SILVA	ORDES
7	19 JAVIER TOURÍS FORNOS	VTAM- 3	00:31:44	00:03:21	00:31:42	00:03:21	00:04:01	00:20:36	GA-20507	ATLETISMO CORUÑA COMARCA	LA CORUÑA
8	317 DIEGO CRESPO NAYA	VTAM- 4	00:31:47	00:03:21	00:31:46	00:03:21	00:04:01	00:20:37	AG-764435	CLUB MARINEDA ATLETICO	CAMBRE
9	75 SAMUEL VEIGA IGLESIAS	VTBM- 1	00:31:49	00:03:21	00:31:47	00:03:21	00:04:06	00:20:48	AG 9798	CLUB ATLETISMO MILLADOIRO	MILLADOIRO
10	50 FELIPE MIGUENS GASAMANES	VTAM- 5	00:31:55	00:03:22	00:31:54	00:03:22	00:04:00	00:20:39	AG-763864	ATLETISMO SAR - A POUTADA	PONTECESURES
11	90 ADRIÁN MORENO RAMIL	JPSM- 5	00:31:57	00:03:22	00:31:56	00:03:22	00:04:00	00:20:37	AG-764022	CLUB MARINEDA ATLETICO	LA CORUÑA
12	43 ALBERTO ALVAREZ BENDAÑA	JPSM- 6	00:32:01	00:03:23	00:31:58	00:03:22	00:04:06	00:20:39	AG-763860	ATLETISMO SAR - A POUTADA	PADRON
13	321 CARLOS PIÑEIRO RIVAS	VTBM- 2	00:32:03	00:03:23	00:32:03	00:03:23	00:03:56	00:20:43		SOCIEDAD GIMNASTICA DE PONTEVEDRA	FERROL
14	48 ISMAEL BOUZAS REY	JPSM- 7	00:32:06	00:03:23	00:32:05	00:03:23	00:03:52	00:20:32	AG-763849	ATLETISMO SAR - A POUTADA	ROIS
15	67 VICTOR SANDE CHARLON	VTBM- 3	00:32:07	00:03:23	00:32:06	00:03:23	00:04:00	00:20:41		C.D.EGOVARROS-VIVEIRO	NARON
16	311 ROBERTO CANEDA GUEDE	VTAM- 6	00:32:11	00:03:24	00:32:10	00:03:24	00:04:00	00:20:40	AG 767452	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
17	501 MIGUEL CABO VILLAVERDE	VTAM- 7	00:32:22	00:03:25	00:32:20	00:03:25	00:04:00	00:20:49	AG 763812	CLUB ATLETISMO MILLADOIRO	VIGO
18	313 ABDELAZIZ FATHI	JPSM- 8	00:32:28	00:03:25	00:32:28	00:03:25	00:03:55	00:21:16	GA-16989	CLUB MARINEDA ATLETICO	SADA
19	155 JOSE ANTONIO RECOUSO CAAMAÑO	VTAM- 8	00:32:30	00:03:26	00:32:28	00:03:25	00:04:01	00:20:44		ATLETISMO CORUÑA COMARCA	A CORUÑA
20	17 JESUS Mª ALVAREZ RODRIGUEZ	VTAM- 9	00:32:44	00:03:27	00:32:42	00:03:27	00:04:01	00:21:10	GA-17204	ATLETISMO CORUÑA COMARCA	A CORUÑA
21	52 ROBERTO CARLOS AGRELO GOMEZ	VTAM- 10	00:33:08	00:03:30	00:33:05	00:03:29	00:04:16	00:21:31	AG-763862	ATLETISMO SAR - A POUTADA	PADRON
22	56 SAMUEL SABORIDO SOÑORA	VTAM- 11	00:33:19	00:03:31	00:33:17	00:03:31	00:04:05	00:21:30	AG-766073	ATLETISMO SAR - A POUTADA	DODRO
23	49 JAVIER SÁNCHEZ PRIETO	VTBM- 4	00:33:20	00:03:31	00:33:17	00:03:31	00:04:05	00:21:30	AG-766080	ATLETISMO SAR - A POUTADA	MERA - OLEIROS
24	323 TONHO ALVES PICALLO	JPSM- 9	00:33:26	00:03:32	00:33:24	00:03:31	00:04:08	00:21:34	AG 767397	USC	SANTIAGO DE COMPOSTELA
25	128 BALTASAR FIGUEIRAS MARTINEZ	VTAM- 12	00:33:42	00:03:33	00:33:35	00:03:33	00:04:26	00:22:03			TEO
26	5 JAVIER SEOANE PUGA	VTAM- 13	00:33:42	00:03:33	00:33:41	00:03:33	00:04:06	00:21:34		A.D.C. BOMBEROS CORUÑA	CARBALLO
27	47 ANGEL MACEIRAS LAGO	VTAM- 14	00:33:45	00:03:34	00:33:43	00:03:33	00:04:06	00:21:46	AG-763863	ATLETISMO SAR - A POUTADA	EL BURGO
28	42 ENRIQUE GOCE PEREIRA	VTAM- 15	00:33:48	00:03:34	00:33:45	00:03:34	00:04:07	00:21:33	AG-766074	ATLETISMO SAR - A POUTADA	PADRON
29	122 CARLOS FERNANDEZ VILLAVERDE	VTAM- 16	00:33:53	00:03:34	00:33:51	00:03:34	00:04:08	00:21:53		VERXEL NUTRICIÓN DEPORTIVA	ORDES
30	185 JOSE LUIS GONZÁLEZ NÚÑEZ	JPSM- 10	00:33:58	00:03:35	00:33:56	00:03:35	00:04:06	00:21:59			TEO
31	315 FRANCISCO PAZOS CAMPOS	VTBM- 5	00:34:01	00:03:35	00:34:00	00:03:35	00:04:03	00:21:54	AG 767359	CLUB SAN MIGUEL DE MARÍN	VILAGARCIA
32	110 JOSE CARLOS BUJAN OTERO	VTAM- 17	00:34:01	00:03:35	00:33:59	00:03:35	00:04:06	00:21:54	AG 11135	NOITEBRA FC	SANTIAGO
33	115 JOSE MANUEL TEJUIRO IGLESIAS	VTAM- 18	00:34:03	00:03:35	00:34:00	00:03:35	00:04:18	00:22:08	AG-763589	RIA DE FERROL-CONCEPCION ARENAL	NARON

34	124	JUAN CARLOS MARTINEZ VALVERDE	VTAM- 19	00:34:05	00:03:36	00:34:04	00:03:36	00:04:11	00:22:12		VERXEL NUTRICIÓN DEPORTIVA	ORDES
35	309	AZIZ ZIRANI	VTAM- 20	00:34:27	00:03:38	00:34:26	00:03:38	00:04:14	00:22:24		C.D.EGOVARROS-VIVEIRO	A CORUÑA
36	46	LUIS JAVIER FERNANDEZ OTERO	VTAM- 21	00:34:28	00:03:38	00:34:25	00:03:38	00:04:17	00:22:24	AG-766081	ATLETISMO SAR - A POUTADA	PADRON
37	91	SERGIO OLIVEIRA BOGA	VTAM- 22	00:34:29	00:03:38	00:34:24	00:03:38	00:04:17	00:22:19		CLUB NATACIÓN RIVEIRA	PADRÓN
38	183	ALBERTO CASTRO BLANCO	VTAM- 23	00:34:38	00:03:39	00:34:34	00:03:39	00:04:24	00:22:27			ARANGA
39	328	SANTIAGO JOSE BREA SANCHEZ	VTAM- 24	00:34:40	00:03:39	00:34:36	00:03:39	00:04:22	00:22:24			SIGÜEIRO
40	64	IVAN SEGADE CAROU	JPSM- 11	00:34:42	00:03:40	00:34:39	00:03:39	00:04:35	00:22:30	AG-766602	C.A. BOIMORTO	A CORUÑA
41	394	HECTOR JOSÉ SOTO SANTOS	JPSM- 12	00:34:43	00:03:40	00:34:43	00:03:39	00:04:31	00:22:28			VIMIANZO
42	335	RAMIRO PÉREZ PEREIRA	VTAM- 1	00:34:44	00:03:40	00:34:40	00:03:39	00:04:20	00:22:31			SOLLÁNS, TEO
43	149	RICARDO VILLAR RODRIGUEZ	VTAM- 25	00:34:46	00:03:40	00:34:44	00:03:40	00:04:17	00:22:25			SANTA COMBA
44	314	DAVID EIROA DIAZ	JPSM- 13	00:34:47	00:03:40	00:34:45	00:03:40	00:04:02	00:22:32	AG-9806	CLUB MARINEDA ATLETICO	O BURGO
45	186	GONZALO MUIÑO CODESIDO	VTAM- 26	00:34:48	00:03:40	00:34:44	00:03:40	00:04:30	00:22:31			CAMBRE
46	194	ROI BARROS CORRAL	JPSM- 14	00:34:59	00:03:41	00:34:55	00:03:41	00:04:19	00:22:32			A CORUÑA
47	83	JUAN LUIS GÓMEZ DEL RIO	VTBM- 6	00:35:06	00:03:42	00:34:59	00:03:41	00:04:27	00:22:31		CLUB ATLETISMO RIBADEO	RIBADEO
48	51	MANUEL CES CRISTOBO	JPSM- 15	00:35:08	00:03:42	00:35:03	00:03:42	00:04:24	00:22:41	AG-766072	ATLETISMO SAR - A POUTADA	ROIS
49	10	SECHO FERNÁNDEZ CALVO	VTAM- 27	00:35:12	00:03:43	00:35:08	00:03:42	00:04:16	00:22:33		ATLÉTICO BERTAMIRÁNS	NOIA
50	199	JOSE MARIA SANCHEZ SAN LUIS	JPSM- 16	00:35:18	00:03:43	00:35:14	00:03:43	00:04:29	00:23:10			CULLEREDO
51	15	JOSE LUIS BOUZA FREIRE	VTBM- 7	00:35:20	00:03:44	00:35:17	00:03:43	00:04:20	00:22:46	GA-17180	ATLETISMO AFFLELOU NARON	FERROL
52	80	SANTIAGO VÁZQUEZ COLLAZO	VTBM- 8	00:35:23	00:03:44	00:35:18	00:03:43	00:04:41	00:23:19	A-10894	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
53	324	MARCOS MATABUENA RODRÍGUEZ	JPSM- 17	00:35:27	00:03:44	00:35:22	00:03:44	00:04:33	00:23:05	GA 19907	USC	ORDES
54	109	OSCAR VALLE LOPEZ	VTAM- 28	00:35:32	00:03:45	00:35:30	00:03:45	00:04:17	00:23:06	AG 11136	NOITEBRA FC	TEO
55	89	JOSE LUIS PRADO MONTERO	VTAM- 29	00:35:33	00:03:45	00:35:31	00:03:45	00:04:34	00:23:17	AG-764436	CLUB MARINEDA ATLETICO	CULLEREDO
56	104	MIGUEL ANXO NOGUEIRA PÉREZ	JPSM- 18	00:35:36	00:03:45	00:35:34	00:03:45	00:04:22	00:23:06	AG 9793	NOITEBRA FC	SANTIAGO DE COMPOSTELA
57	421	JORGE MANUEL GARCIA RODRIGUEZ	VTAM- 30	00:35:37	00:03:45	00:35:33	00:03:45	00:04:24	00:23:21	AG 767429	NOITEBRA FC	STGO COMPOSTELA
58	348	MIGUEL MÍGUEZ MEIJOMIL	JPSM- 19	00:35:41	00:03:46	00:35:40	00:03:46	00:04:02	00:23:06			SANTIAGO DE COMPOSTELA
59	179	JOSÉ MANUEL GONZÁLEZ SANTAMARÍA	VTBM- 9	00:35:41	00:03:46	00:35:39	00:03:46	00:04:17	00:22:51			BOIRO
60	310	JOSE MANUEL GARCIA ESTEVEZ	VTAM- 31	00:35:48	00:03:47	00:35:46	00:03:46	00:04:27	00:23:14	AG 11091	CLUB ATLETISMO MILLADOIRO	NEGREIRA
61	65	JOSE SUAREZ LEIS	VTBM- 10	00:35:49	00:03:47	00:35:41	00:03:46	00:05:01	00:23:43	AG-766580	C.A. BOIMORTO	A BAÑA
62	372	JUAN CHAO MARTÍNEZ	JPSM- 20	00:35:49	00:03:47	00:35:45	00:03:46	00:04:21	00:23:15			A CORUÑA
63	84	ROBERTO GARCÍA PAZOS	JPSM- 21	00:35:58	00:03:48	00:35:50	00:03:47	00:04:41	00:23:17	AG 764744	CLUB ATLETISMO SADA	SADA
64	395	PABLO RAÑA VILLASENIN	JPSM- 22	00:36:02	00:03:48	00:35:59	00:03:48	00:04:20	00:23:18			ORDES
65	116	JOSE LUIS NAYA ORGEIRA	VTAM- 32	00:36:10	00:03:49	00:36:05	00:03:48	00:04:41	00:23:26	AG-767018	RUNAWAYS	A CORUÑA
66	360	SERGIO REQUEIJO REQUEIJO	JPSM- 23	00:36:13	00:03:49	00:36:07	00:03:49	00:04:37	00:23:24			SILLEDA
67	403	DAVID MIRÁS CALVO	VTAM- 33	00:36:16	00:03:49	00:36:12	00:03:49	00:04:21	00:23:12			SANTIAGO
68	301	JOSÉ LUIS GARCÍA BOTANA	JPSM- 24	00:36:25	00:03:50	00:36:24	00:03:50	00:04:05	00:23:04	M-5454	AGRUPACIÓN DEPORTIVA SAN LORENZO DEL ESCORIAL	ORDENES
69	133	RAMON COLLAZO MOSQUERA	VTBM- 11	00:36:27	00:03:51	00:36:25	00:03:50	00:04:23	00:23:46			SANTIAGO DE COMPOSTELA
70	102	GONZALO SILVA BRENLLA	JPSM- 25	00:36:34	00:03:51	00:36:28	00:03:51	00:04:28	00:23:45	AG 766103	NOITEBRA FC	SANTA COMBA
71	316	CONSTANTE LORENZO SANTOS	VTAM- 34	00:36:36	00:03:52	00:36:35	00:03:51	00:04:14	00:24:07		EFA FONTEBOA	MUXIA
72	166	ALVARO LOPEZ JACOME	VTAM- 35	00:36:37	00:03:52	00:36:32	00:03:51	00:04:41	00:23:31			A CORUÑA
73	151	RAMÓN CANOSA CASTIÑEIRA	VTAM- 36	00:36:42	00:03:52	00:36:38	00:03:52	00:04:33	00:23:43			CÉE
74	87	JOSÉ ANTONIO MARTÍNEZ GARCÍA	VTBM- 12	00:36:46	00:03:53	00:36:39	00:03:52	00:04:42	00:24:02	AG764746	CLUB ATLETISMO SADA	OLEIROS
75	161	ALFONSO GARCIA BELLO	VTBM- 13	00:36:47	00:03:53	00:36:46	00:03:53	00:04:37	00:23:49			CAMBRE
76	96	RAFAEL SUAREZ FERNANDEZ	VTAM- 37	00:36:50	00:03:53	00:36:48	00:03:53	00:04:34	00:23:55	AG-763630	CLUB MARINEDA ATLETICO	A CORUÑA
77	100	DANIEL BECERRA RODRIGUEZ	VTBM- 14	00:37:06	00:03:55	00:37:02	00:03:54	00:04:42	00:23:48	AG 763846	NOITEBRA FC	SANTIAGO DE COMPOSTELA
78	341	ALBERTO SAAVEDRA MÉNDEZ	VTAM- 38	00:37:13	00:03:55	00:37:06	00:03:55	00:04:36	00:23:53			VILABOA
79	54	AVELINO CAAMAÑO NIETO	VTAM- 39	00:37:14	00:03:56	00:37:11	00:03:55	00:04:15	00:23:16		ATLETISMO SAR - A POUTADA	NOYA
80	507	RAMON GARCIA TEIRA	VTAM- 40	00:37:16	00:03:56	00:37:07	00:03:55	00:05:00	00:24:30	GA-763932	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
81	193	JOSE LUIS ROIBAS FERNANDEZ	VTAM- 41	00:37:26	00:03:57	00:37:20	00:03:56	00:04:37	00:24:13			CAMBRE
82	164	RAMON MANUEL GÓMEZ GUILLERMO	VTAM- 42	00:37:29	00:03:57	00:37:22	00:03:56	00:04:46	00:24:21			ORDENES
83	30	XOSE MANUEL MALVIDO CARRILLO	VTAM- 2	00:37:41	00:03:58	00:37:33	00:03:58	00:05:01	00:24:29	A-9758	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
84	28	ALFONSO ARIAS GARCIA	JPSM- 26	00:37:49	00:03:59	00:37:49	00:03:59			A-9907	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
85	76	ALBERTO VARELA NUÑEZ	VTAM- 43	00:37:50	00:03:59	00:37:43	00:03:59	00:04:45	00:24:35	AG 763830	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
86	312	FRANCISCO JAVIER GARCÍA BARREIRO	VTAM- 44	00:37:51	00:03:59	00:37:41	00:03:58	00:05:02	00:24:47		CLUB ATLETISMO SADA	OLEIROS
87	171	JUAN GIGIREY AMADO	VTAM- 45	00:37:58	00:04:00	00:37:52	00:04:00	00:04:40	00:24:26			BERTAMIRANS
88	101	MARTIN EUGENIO RODRIGUEZ GOMEZ	JPSM- 27	00:37:59	00:04:00	00:37:51	00:04:00	00:05:02	00:25:16	AG 9511	NOITEBRA FC	PONTECESURES
89	9	EDUARDO REY QUINTELA	VTAM- 46	00:38:00	00:04:00	00:37:51	00:03:59	00:05:09	00:25:03		ALEJANDRO GÓMEZ-ACADE	CULLEREDO
90	178	MIGUEL ABEL SOUTO	VTAM- 47	00:38:00	00:04:00	00:37:57	00:04:00	00:04:26	00:24:55	AG 4106	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
91	386	MIGUEL ANGEL MARTINEZ NIETO	VTAM- 48	00:38:05	00:04:01	00:37:51	00:03:59	00:05:15	00:24:54			SERRA DE OUTES

92	370 JAVI DOSIL RIVAS	JPSM- 28	00:38:05	00:04:01	00:38:02	00:04:01	00:04:43	00:24:45		NOIA
93	66 JUAN MENÉNDEZ ARBESÚ	VTBM- 15	00:38:09	00:04:01	00:37:45	00:03:59	00:05:31	00:25:10	20433 C.D.EGOVARROS-VIVEIRO	O BURGO
94	29 JOSÉ MANUEL CES ROMERO	VTAM- 49	00:38:10	00:04:01	00:38:00	00:04:00	00:05:02	00:25:00	ATLETISMO FONTES DO SAR	AMENEIRO-CALO-TEO
95	147 LUÍS GÓMEZ ALDEGUNDE	VTAM- 50	00:38:15	00:04:02	00:38:04	00:04:01	00:04:48	00:24:39		O CORGO
96	24 RODRIGO MÉNDEZ CASAS	JPSM- 29	00:38:23	00:04:03	00:38:20	00:04:03	00:04:12	00:24:36	AG-767509 ATLETISMO CORUÑA COMARCA	A CORUÑA
97	20 RICARDO GARCIA GESTAL	VTAM- 51	00:38:23	00:04:03	00:38:18	00:04:02	00:04:41	00:24:26	ATLETISMO CORUÑA COMARCA	A CORUÑA
98	111 FRANCISCO M. MENDEZ QUINTELA	VTAM- 52	00:38:26	00:04:03	00:38:21	00:04:03	00:05:02	00:25:16	AG 11085 NOITEBRA FC	BERTAMIRANS (AMES)
99	364 ROBERTO SENRA ALVAREZ	VTAM- 53	00:38:29	00:04:03	00:38:18	00:04:02	00:04:45	00:24:52		SANTIAGO
100	169 SANTIAGO GARCIA BELLO	VTBM- 16	00:38:29	00:04:04	00:38:25	00:04:03	00:04:46	00:24:52		CAMBRE
101	77 FRANCISCO PAIS TRIGO	VTAM- 54	00:38:29	00:04:04	00:38:22	00:04:03	00:04:51	00:24:59	CLUB ATLETISMO NEGREIRA	NEGREIRA
102	3 JOSÉ MANUEL ROCA RODRIGUEZ	VTAM- 55	00:38:32	00:04:04	00:38:21	00:04:03	00:04:58	00:25:01	A FUME DE CAROZO-ALFA FISIO	ARANGA
103	120 VIDAL GUERRA BREIJO	JPSM- 30	00:38:34	00:04:04	00:38:25	00:04:03	00:05:03	00:24:34	AG 766110 USC	ORTOÑO-AMES
104	112 JOSE RAMON ABEL SUAREZ	VTBM- 17	00:38:36	00:04:04	00:38:29	00:04:03	00:05:02	00:25:17	AG 11137 NOITEBRA FC	TEO
105	139 DANIEL IGLESIAS PINTADO	VTAM- 56	00:38:38	00:04:04	00:38:23	00:04:03	00:05:23	00:25:43		A CORUÑA
106	154 ANGEL CAMPOS SANTIAGO	JPSM- 31	00:38:43	00:04:05	00:38:40	00:04:05	00:04:45	00:25:10		NOIA
107	137 JOSÉ CARLOS REBOREDO FRAGA	VTAM- 57	00:38:43	00:04:05	00:38:30	00:04:04	00:05:04	00:25:12		DEIXEBRE
108	59 DANIEL LÓPEZ REY	JPSM- 32	00:38:44	00:04:05	00:38:26	00:04:03	00:05:18	00:25:03	C. AT. INFARTO NO Q	CORUXOU
109	106 RAMON IGLESIAS REY	JPSM- 33	00:38:46	00:04:05	00:38:41	00:04:05	00:05:02	00:25:06	AG 9949 NOITEBRA FC	SANTIAGO
110	331 DIEGO MONTOUTO REQUEIJO	JPSM- 34	00:38:49	00:04:06	00:38:43	00:04:05	00:04:52	00:25:02		SILLEDA
111	387 NESTOR ROMERO AGRA	VTAM- 58	00:38:51	00:04:06	00:38:48	00:04:05	00:04:37	00:25:13		NOIA
112	399 JOSÉ MANUEL GARCIA SANTOS	VTAM- 59	00:38:53	00:04:06	00:38:37	00:04:04	00:05:42	00:25:35		VAL DO DUBRA
113	153 ÓSCAR CARRACEDO REGUEIRA	VTAM- 60	00:38:55	00:04:06	00:38:43	00:04:05	00:05:24	00:25:44		ARTEIXO
114	72 XOAN RAMÓN FERNÁNDEZ GARRIDO	VTAM- 3	00:38:56	00:04:06	00:38:49	00:04:06	00:05:14	00:25:41	AG 8009 CLUB ATLETISMO MILLADOIRO	VIMIANZO
115	346 JOSÉ REY CAMIÑO	VTAM- 4	00:38:56	00:04:06	00:38:50	00:04:06	00:04:58	00:25:15		VIMIANZO
116	173 FRANCISCO JAVIER GONZÁLEZ LEDO	VTAM- 61	00:38:59	00:04:07	00:38:54	00:04:06	00:04:39	00:25:11		CULLEREDO
117	504 GUSTAVO RAMA MARTÍNEZ	JPSM- 35	00:39:03	00:04:07	00:38:58	00:04:07	00:04:46	00:25:09		SANTIAGO DE COMPOSTELA
118	82 JUAN LUIS GÓMEZ IGLESIAS	XVNM- 1	00:39:05	00:04:07	00:39:05	00:04:07	00:04:21	00:25:16	CLUB ATLETISMO RIBADEO	RIBADEO
119	361 JAVIER SUAREZ GIADAS	JPSM- 36	00:39:11	00:04:08	00:39:05	00:04:07	00:04:57	00:25:41		TOURO
120	114 ANTONIO RODRIGUEZ RODRIGUEZ	VTAM- 62	00:39:12	00:04:08	00:38:56	00:04:06	00:05:08	00:25:17	PRAIA DE CARNOTA - RUNNERS	SANTIAGO
121	302 KISHWAR AMIN AFONSO CONTRERAS	JPSM- 37	00:39:14	00:04:08	00:38:59	00:04:07	00:05:20	00:25:46	ARMADA	FERROL
122	74 ARTURO RAMOS FERROL	VTAM- 63	00:39:16	00:04:08	00:38:44	00:04:05	00:05:08	00:25:17	AG 9509 CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
123	189 JUNA LUIS BOTANA MOSQUERA	VTAM- 64	00:39:17	00:04:09	00:39:08	00:04:08	00:05:09	00:25:43		SANTIAGO
124	41 JAVIER GUIMAREY SENIN	VTAM- 65	00:39:18	00:04:09	00:39:10	00:04:08	00:04:55	00:25:34	ATLETISMO SAR - A POUTADA	PADRON
125	202 ARTURO ZAS MANEIRO	VTAM- 66	00:39:19	00:04:09	00:39:10	00:04:08	00:05:02	00:25:34		MILLADOIRO - AMES
126	121 EMILIO MEDINA JIMÉNEZ	VTBM- 18	00:39:26	00:04:10	00:39:17	00:04:09	00:05:05	00:25:37	AG 766109 USC	ORTOÑO. AMES
127	150 JOSÉ MANUEL DOPICO SOTO	VTAM- 5	00:39:30	00:04:10	00:39:26	00:04:09	00:04:54	00:25:46		NEDA
128	354 JESÚS CASAS BOQUETE	JPSM- 38	00:39:30	00:04:10	00:39:23	00:04:09	00:04:56	00:25:59		ORDES
129	123 XOSE MANUEL BOQUETE CASAS	VTAM- 67	00:39:30	00:04:10	00:39:22	00:04:09	00:05:20	00:26:27	VERXEL NUTRICIÓN DEPORTIVA	ORDES
130	390 JOSÉ ALFONSO VILLAR CAAMAÑO	JPSM- 39	00:39:32	00:04:10	00:39:15	00:04:08	00:05:27	00:25:49		NOIA
131	367 DAVID VIQUEIRA PENA	JPSM- 40	00:39:35	00:04:10	00:39:17	00:04:09	00:05:17	00:25:59		ORDES
132	38 ESTEBAN CASTROMIL SUAREZ	JPSM- 41	00:39:40	00:04:11	00:39:31	00:04:10	00:05:04	00:25:56	ATLETISMO ORDES	OROSO
133	118 ANTONIO GARCIA BELLO	VTBM- 19	00:39:43	00:04:11	00:39:39	00:04:11	00:04:59	00:25:44	TRASNOS CORUÑA	EL TEMPLE
134	13 JOAQUÍN BARREIRO TATO	VTBM- 20	00:39:45	00:04:11	00:39:30	00:04:10	00:05:27	00:25:51	AG766856 ATLETISMO A ESTRADA	A ESTRADA
135	505 PRIMITIVO RAMA BLANCO	VTAM- 6	00:39:45	00:04:12	00:39:40	00:04:11	00:04:47	00:25:47		SANTIAGO DE COMPOSTELA
136	57 FRANCISCO JOSE OLIVEIRA MARTINEZ	VTAM- 68	00:39:48	00:04:12	00:39:42	00:04:11	00:04:47	00:25:44	A-11061 ATLETISMO SAR - A POUTADA	PORTO DO SON
137	16 PEDRO DOMENECH GONZÁLEZ	VTAM- 69	00:39:49	00:04:12	00:39:38	00:04:11	00:05:10	00:26:08	AG-766489 ATLETISMO CORUÑA COMARCA	CULLEREDO
138	337 ANTONIO BAZARRA AGULLA	VTAM- 70	00:39:50	00:04:12	00:39:35	00:04:10	00:05:26	00:25:45		LIRA
139	70 LUIS MARCELO BELLO GOMEZ	VTBM- 21	00:39:58	00:04:13	00:39:47	00:04:12	00:05:18	00:25:58	C.D.EGOVARROS-VIVEIRO	VILABOA CULLEREDO
140	319 DANIEL ALENDE LÓPEZ	JPSM- 42	00:40:01	00:04:13	00:39:53	00:04:12	00:05:16	00:26:00	NOITEBRA FC	SANTIAGO DE COMPOSTELA
141	33 JOSÉ LUIS RODRIGUEZ DEL RIO	VTAM- 7	00:40:01	00:04:13	00:39:50	00:04:12	00:05:26	00:26:05	ATLETISMO ORDES	ORDES
142	2 MANUEL VAZQUEZ IGLESIAS	VTAM- 71	00:40:07	00:04:14	00:39:56	00:04:13	00:05:11	00:25:57	A FUME DE CAROZO	A CORUÑA
143	377 JUAN CASEIRO PALACIOS	JPSM- 43	00:40:15	00:04:15	00:40:09	00:04:14	00:05:14	00:26:28		ORDES
144	93 JOSÉ MARIA LEVOSO TOUCEDA	VTAM- 72	00:40:16	00:04:15	00:40:06	00:04:14	00:04:56	00:25:53	ESPRINTES OURENSE	A CORUÑA
145	330 ANTONIO MOSQUERA VALIÑO	VTAM- 73	00:40:20	00:04:15	00:40:13	00:04:14	00:04:47	00:26:06		ORDES
146	329 JESUS CASAS CORES	VTAM- 74	00:40:29	00:04:16	00:40:20	00:04:15	00:05:20	00:26:27		ORDES
147	195 DIEGO BELLO GRAIÑO	JPSM- 44	00:40:37	00:04:17	00:40:16	00:04:15	00:05:41	00:26:27		VIMIANZO
148	506 DAVID PONTE IGLESIAS	JPSM- 45	00:40:40	00:04:17	00:40:28	00:04:16	00:05:18	00:26:00		TRAZO
149	63 XESUS MANUEL SEGADE CAROU	VTAM- 75	00:40:43	00:04:18	00:40:36	00:04:17	00:05:07	00:26:22	C.A. BOIMORTO	A CORUÑA

150	200 MIGUEL G. COSTOYA	VTAM- 76	00:40:43	00:04:18	00:40:26	00:04:16	00:05:35	00:26:53		O BURGO
151	31 JESÚS NAVAZO RUIZ	VTAM- 77	00:40:45	00:04:18	00:40:31	00:04:16	00:05:26	00:26:17	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
152	205 DIEGO LUIS LEÓN REQUEIJO	JPSM- 46	00:41:03	00:04:20	00:40:51	00:04:18	00:05:32	00:26:54		AMES
153	148 JORGE FERRADANS VALDES	JPSM- 47	00:41:08	00:04:20	00:40:49	00:04:18	00:05:47	00:26:52		SANTIAGO DE COMPOSTELA
154	373 RODRIGO LISTE FAYA	VTAM- 78	00:41:10	00:04:20	00:41:01	00:04:20	00:05:19	00:26:47		A CORUÑA
155	374 MIGUEL ANGEL MIRANDA SANCHEZ	VTAM- 79	00:41:11	00:04:21	00:41:06	00:04:20	00:05:00	00:26:55		ORDENES
156	125 EDER FERNANDEZ PEREZ	VTAM- 80	00:41:18	00:04:21	00:41:09	00:04:20	00:05:09	00:26:34		OROSO
157	175 RAFAEL GARCIA PENA	VTAM- 81	00:41:25	00:04:22	00:41:19	00:04:21	00:05:02	00:26:34		CERCEDA
158	204 FRANCISCO JAVIER SUAREZ BERMUDEZ	VTAM- 82	00:41:27	00:04:22	00:41:11	00:04:21	00:05:33	00:26:58		SANTIAGO DE COMPOSTELA
159	342 PEPE SABORIDO MARTINEZ	VTAM- 83	00:41:38	00:04:23	00:41:28	00:04:22	00:05:23	00:26:47		NOIA
160	333 DAVID DOMINGUEZ REY	JPSM- 48	00:41:39	00:04:23	00:41:31	00:04:23	00:04:54	00:26:36		TAPIA-AMES
161	32 DIEGO GARCIA LORENZO	JPSM- 49	00:41:45	00:04:24	00:41:31	00:04:23	00:05:59	00:27:30	A-11132 ATLETISMO FONTES DO SAR	RIANXO
162	375 ANGEL REY AMOR	VTAM- 84	00:41:48	00:04:24	00:41:28	00:04:22	00:05:42	00:27:25		A CORUÑA
163	419 PABLO GONZALEZ FRAGUAS	JPSM- 50	00:41:50	00:04:25	00:41:32	00:04:23	00:05:47	00:27:37		ORDES
164	6 BENITO PIÑEIRO ABEIJON	VTAM- 85	00:41:59	00:04:26	00:41:37	00:04:23	00:06:17	00:28:07	AGRUPACION DEPORTIVA ATLETES DE ESTEIRO	ESTEIRO
165	369 BENJAMIN COSTA FERNANDEZ	JPSM- 51	00:42:02	00:04:26	00:41:44	00:04:24	00:05:40	00:27:40		NOIA
166	196 JOSÉ MANUEL CASÁS CASÁS	VTAM- 86	00:42:02	00:04:26	00:41:50	00:04:25	00:05:39	00:27:28		A CORUÑA
167	129 SAMUEL RAMÍREZ RODRÍGUEZ	VTAM- 87	00:42:06	00:04:26	00:41:58	00:04:26	00:05:24	00:27:19		FENE
168	105 ANGEL MUNIN OTERO	VTAM- 88	00:42:10	00:04:27	00:42:01	00:04:26	00:05:17	00:27:24	AG 765586 NOITEBRA FC	SANTIAGO DE COMPOSTELA
169	78 EDUARDO CERNADAS VAZQUEZ	VTAM- 89	00:42:10	00:04:27	00:42:00	00:04:26	00:05:27	00:27:28	CLUB ATLETISMO OLYMPO	PANTIN-VALDOVIÑO
170	366 FELIPE CASAS BOQUETE	JPSM- 52	00:42:12	00:04:27	00:42:06	00:04:26	00:05:03	00:26:32		ORDES
171	99 RAMON ALENDE CEA	VTBM- 22	00:42:18	00:04:28	00:42:10	00:04:27	00:05:16	00:27:26	AG 765588 NOITEBRA FC	SANTIAGO DE COMPOSTELA
172	7 FRANCISCO LUIS CAAMAÑO RAMA	VTM- 8	00:42:19	00:04:28	00:42:12	00:04:27	00:05:24	00:27:17	A6547 AGRUPACION DEPORTIVA ATLETES DE ESTEIRO	ESTEIRO (MUROS)
173	174 ALBERTO COTELO SENANDE	JPSM- 53	00:42:26	00:04:28	00:42:20	00:04:28	00:05:00	00:27:24		CARBALLO
174	416 JOSE MANUEL LOPEZ CARBALLIDO	VTAM- 90	00:42:26	00:04:28	00:42:11	00:04:27	00:05:48	00:28:03		ORDES
175	168 IGNACIO LÓPEZ PRESEDO	VTAM- 91	00:42:35	00:04:29	00:42:27	00:04:29	00:05:22	00:27:22		ORDES
176	21 DANIEL RIVEIRA RUANOVA	VTAM- 92	00:42:37	00:04:30	00:42:23	00:04:28	00:05:32	00:27:23	A-10418 ATLETISMO CORUÑA COMARCA	O MILLADOIRO - AMES
177	108 FERNANDO ANTELO FERRO	VTAM- 93	00:42:41	00:04:30	00:42:33	00:04:29	00:05:17	00:27:25	AG 9891 NOITEBRA FC	MILLADOIRO-AMES
178	131 PABLO CREGO GIL	VTAM- 94	00:42:41	00:04:30	00:42:25	00:04:28	00:05:26	00:27:36		SANTIAGO DE COMPOSTELA
179	136 MIGUEL SEÑORIS BARGO	VTAM- 95	00:42:42	00:04:30	00:42:31	00:04:29	00:05:22	00:27:53		A CORUÑA
180	188 VÍTOR MANUEL RODRÍGUEZ JURJO	VTAM- 96	00:42:44	00:04:30	00:42:31	00:04:29	00:05:38	00:27:58		SANTIAGO DE COMPOSTELA
181	392 MIGUEL REY AMARELLE	JPSM- 54	00:42:45	00:04:30	00:42:34	00:04:29	00:05:26	00:28:11		ZAS
182	407 MARTÍN CASTÓN ALONSO	VTAM- 97	00:42:46	00:04:31	00:42:40	00:04:30	00:05:07	00:27:31		A CORUÑA
183	184 JUAN MANUEL MIRA IGLESIAS	JPSM- 55	00:42:50	00:04:31	00:42:32	00:04:29	00:05:26	00:27:51		ORDENES
184	8 XOSÉ ENRIQUE PUJALES MARTÍNEZ	VTM- 9	00:42:51	00:04:31	00:42:38	00:04:30	00:05:34	00:27:58	A8791 ALEJANDRO GÓMEZ-ACADE	A CORUÑA
185	355 JOSE MANUEL GOMEZ TAIBOR	VTAM- 98	00:42:52	00:04:31	00:42:35	00:04:29	00:05:50	00:28:04		FRADES
186	134 RUBEN MARTINEZ DEL RIO	VTAM- 99	00:42:54	00:04:31	00:42:40	00:04:30	00:05:36	00:28:13		O TEMPLE - CAMBRE
187	144 ANGEL JUVIÑO PREGO	VTAM- 100	00:42:56	00:04:32	00:42:43	00:04:30	00:05:36	00:28:12		ARTEIXO
188	88 FERNANDO MÍGUEZ SÁNCHEZ	VTAM- 101	00:43:00	00:04:32	00:42:50	00:04:31	00:05:07	00:27:55	AG11256 CLUB ATLETISMO SADA	SADA
189	376 ALBERTO BOQUETE CASAS	JPSM- 56	00:43:04	00:04:32	00:42:56	00:04:32	00:05:20	00:28:01		ORDES
190	398 JESUS BALEATO PENSADO	VTBM- 23	00:43:08	00:04:33	00:42:52	00:04:31	00:05:43	00:28:05		VAL DO DUBRA
191	308 ANTONIO CABANA OROSA	VTM- 10	00:43:09	00:04:33	00:42:59	00:04:32	00:05:34	00:28:10	C.D.EGOVARROS-VIVEIRO	FERROL
192	406 ALBERTO ARES GERMIL	JPSM- 57	00:43:10	00:04:33	00:43:00	00:04:32	00:05:14	00:27:32		VAL DO DUBRA
193	345 MARCOS MANUEL GONSENE ROMARIS	VTAM- 102	00:43:13	00:04:33	00:42:58	00:04:32	00:05:54	00:28:20		OUTES
194	358 MANUEL VAZQUEZ RAMOS	VTAM- 103	00:43:17	00:04:34	00:43:05	00:04:33	00:05:32	00:28:24		ARANGA
195	334 JOSÉ CALVIÑO CARREÑO	JPSM- 58	00:43:30	00:04:35	00:43:13	00:04:33	00:05:35	00:27:55		NOIA
196	152 JUAN MANUEL BAUTIS OTERO	VTAM- 104	00:43:33	00:04:36	00:43:20	00:04:34	00:05:27	00:27:56		AMES. MILLADOIRO
197	176 MIGUEL LOPEZ CASTELO	JPSM- 59	00:43:46	00:04:37	00:43:36	00:04:36	00:04:55	00:27:52		A CORUÑA
198	53 XESUS M. RODRIGUEZ CARRIL	VTBM- 24	00:44:01	00:04:38	00:43:48	00:04:37	00:05:51	00:28:46	AG-766068 ATLETISMO SAR - A POUTADA	PONTECESURES
199	380 ANDRÉ GARCIA PIÑEIRO	JPSM- 60	00:44:02	00:04:39	00:43:43	00:04:37	00:05:47	00:28:26		AMES
200	143 LUIS SESTAYO LEIS	JPSM- 61	00:44:06	00:04:39	00:43:46	00:04:37	00:06:13	00:28:54		SANTIAGO DE COMPOSTELA
201	11 MANUEL CALVO GERARDI	VTM- 11	00:44:14	00:04:40	00:44:08	00:04:39	00:05:23	00:28:33	AG 766312 ATLETISMO +9 MORAÑA	MORAÑA
202	340 MIGUEL CASTRO RODRÍGUEZ	VTAM- 105	00:44:14	00:04:40	00:43:59	00:04:38	00:06:01	00:28:54		CALO (TEO)
203	365 SEGUNDO DOMINGUEZ ALSINA	VTBM- 25	00:44:24	00:04:41	00:44:20	00:04:40	00:05:00	00:28:18		OROSO
204	203 JOSE ANTONIO MÉNDEZ PAMPÍN	VTM- 12	00:44:25	00:04:41	00:44:21	00:04:41	00:05:15	00:27:54		LA CORUÑA
205	198 MARIO CAL VARELA	VTBM- 26	00:44:26	00:04:41	00:44:12	00:04:40	00:05:41	00:28:44		BERTAMIRÁNS
206	135 JORGE PAZ CALO	JPSM- 62	00:44:28	00:04:41	00:44:15	00:04:40	00:05:33	00:27:45		SANTIAGO DE COMPOSTELA
207	160 JUAN JOSÉ TATO MAHÍA	VTAM- 106	00:44:30	00:04:41	00:44:20	00:04:40	00:05:19	00:28:22	1478718	SANTIAGO DE COMPOSTELA

208	351 OSCAR JUNCAL PAIS	JPSM- 63	00:44:31	00:04:42	00:44:19	00:04:40	00:05:43	00:29:01	ORDES
209	332 ALVARO BESTILLEIRO CALVIÑO	JPSM- 64	00:44:42	00:04:43	00:44:25	00:04:41	00:05:46	00:28:52	ORDES
210	62 JESUS RAÑA PLATAS	VTMCM- 13	00:44:45	00:04:43	00:44:41	00:04:43	00:05:23	00:28:55	AG-764360 C.A. BOIMORTO
211	162 DAVID TUÑAS RÓO	JPSM- 65	00:44:58	00:04:44	00:44:58	00:04:44			A CORUÑA
212	117 JAVIER RIO RODRIGUEZ	VTBM- 27	00:44:59	00:04:45	00:44:52	00:04:44	00:05:30	00:29:28	RUNNERS CARBALLO
213	130 GIOVANI GARCÍA ESTÉVEZ	JPSM- 66	00:45:08	00:04:45	00:44:51	00:04:44	00:05:38	00:29:42	LUGO
214	359 JESUS GARABATO GRELA	VTBM- 28	00:45:12	00:04:46	00:44:57	00:04:44	00:05:50	00:29:19	DEIXEBRE
215	343 J.ALEJANDRO AÑÓN DOMÍNGUEZ	VTAM- 107	00:45:18	00:04:47	00:44:59	00:04:45	00:06:07	00:29:10	PORTOMOURO
216	127 ANTONIO JUNCAL COSTA	VTBM- 29	00:45:18	00:04:47	00:44:59	00:04:45	00:06:07	00:29:09	PORTOMOURO
217	356 JOSE LUIS ASENSIO RAMIL	VTMCM- 14	00:45:24	00:04:47	00:45:19	00:04:47	00:05:45	00:29:49	BERTAMIRANS
218	401 RICHARD EMBA JONH	VTAM- 108	00:45:24	00:04:47	00:45:09	00:04:46	00:05:17	00:28:38	SANTIAGO DE COMPOSTELA
219	60 JUAN ALBERTO SÁNCHEZ INÍGUEZ	JPSM- 67	00:45:25	00:04:47	00:45:16	00:04:46	00:05:25	00:29:11	AG-766994 C.A. BOIMORTO
220	192 ROGELIO MANUEL PEREZ MIÑONES	VTBM- 30	00:45:26	00:04:47	00:45:11	00:04:46	00:05:37	00:28:53	BOIMORTO
221	180 ADÁN ALMENDÁREZ ROQUE	JPSM- 68	00:45:38	00:04:49	00:45:28	00:04:48	00:05:37	00:29:25	A CORUÑA
222	146 JORGE BLANCO FERNANDEZ	VTAM- 109	00:45:48	00:04:50	00:45:48	00:04:50			LA CORUÑA
223	422 MARCELINO CASTRO PENA	VTBM- 31	00:45:49	00:04:50	00:45:29	00:04:48	00:06:16	00:29:34	A CORUÑA
224	158 DAVID IGLESIAS PENA	JPSM- 69	00:46:06	00:04:52	00:45:49	00:04:50	00:05:55	00:30:14	FEFEME TRIATLON
225	379 DANIEL FERREIRO CARBALLEIRA	JPSM- 70	00:46:08	00:04:52	00:45:50	00:04:50	00:05:56	00:29:39	O CORGO
226	68 FERNANDO RAMOS MORENO	VTMCM- 15	00:46:08	00:04:52	00:45:57	00:04:51	00:05:46	00:29:48	A CORUÑA
227	142 JESUS PEREZ BALIRAC	VTBM- 32	00:46:15	00:04:53	00:45:56	00:04:51	00:06:26	00:30:40	BRIÓN
228	191 XOSÉ MANUEL CAMBÓN ARCEO	VTBM- 33	00:46:16	00:04:53	00:46:04	00:04:51	00:05:51	00:30:11	SANTIAGO DE COMPOSTELA
229	141 MIGUEL ARIAS SANCHEZ	VTMCM- 16	00:46:18	00:04:53	00:45:58	00:04:51	00:06:16	00:29:50	A CORUÑA
230	368 FAUSTO RODRIGUEZ MONTERO	VTAM- 110	00:46:18	00:04:53	00:46:01	00:04:51	00:05:56	00:30:08	A ESTRADA
231	113 JORGE CARREIRA NODAR	VTAM- 111	00:46:21	00:04:53	00:46:02	00:04:51	00:06:27	00:30:50	ABEGONDO
232	418 XULIO LOUREIRO GONZALEZ	VTBM- 34	00:46:22	00:04:53	00:45:58	00:04:51	00:06:39	00:31:03	SANTIAGO DE COMPOSTELA
233	163 JUAN PEDRO VIGO SANZ	VTBM- 35	00:46:23	00:04:53	00:46:16	00:04:53	00:05:31	00:29:29	SIGÜEIRO
234	94 MAXIMINO LAGARES CARRO	VTAM- 112	00:46:34	00:04:55	00:46:15	00:04:53	00:06:25	00:30:41	LIANS - OLEIROS
235	409 XABIER LÓPEZ REY	JPSM- 71	00:46:37	00:04:55	00:46:32	00:04:54	00:05:41	00:30:10	SANTIAGO
236	182 DANIEL OTERO CEPEDA	VTBM- 36	00:46:42	00:04:55	00:46:33	00:04:54	00:05:44	00:30:24	ORDES
237	156 GONZALO ALVAREZ PRADO	VTBM- 37	00:47:00	00:04:57	00:46:53	00:04:57	00:05:30	00:30:43	VIGO
238	397 ANTONIO IGLESIAS ARNEJO	VTAM- 113	00:47:02	00:04:57	00:46:46	00:04:56	00:05:50	00:30:22	AMES
239	197 JOSÉ LUIS LEÓN LÓPEZ	VTMCM- 17	00:47:04	00:04:58	00:46:52	00:04:56	00:05:54	00:30:33	ORDES
240	357 ALVARO RAMON LOPEZ CARRERA	VTAM- 114	00:47:33	00:05:01	00:47:15	00:04:59	00:06:14	00:31:25	SANTIAGO
241	378 ALBERTO COUTO LOSADA	VTAM- 115	00:47:35	00:05:01	00:47:30	00:05:00	00:06:11	00:30:58	CERCEDA
242	172 MIGUEL CIDRE VÁZQUEZ	JPSM- 72	00:47:36	00:05:01	00:47:36	00:05:01			A CORUÑA
243	138 JOSE LUIS ÁLVAREZ VIDAL	VTBM- 38	00:47:37	00:05:01	00:47:20	00:04:59	00:06:12	00:30:57	CARBALLO
244	325 PEDRO CALDAS CASTRO	JPSM- 73	00:47:45	00:05:02	00:47:25	00:05:00	00:05:56	00:30:18	BETANZOS
245	303 FERNANDO SUAREZ CARRIL	VTBM- 39	00:47:45	00:05:02	00:47:22	00:05:00	00:06:36	00:31:46	ORDES
246	34 MANUEL RAÑA PREGO	VTMCM- 18	00:47:51	00:05:03	00:47:40	00:05:02	00:06:14	00:31:43	VAL DO DUBRA- BEMBIBRE
247	159 VICTOR RODRIGUEZ LANDEIRA	JPSM- 74	00:48:32	00:05:07	00:48:23	00:05:06	00:05:45	00:30:53	ORDES
248	383 JESUS LISTE FERNANDEZ	JPSM- 75	00:48:49	00:05:09	00:48:31	00:05:07	00:05:48	00:31:11	MILLADOIRO
249	363 JOSÉ VICENTE PIÑEIRO VÁZQUEZ	VTAM- 116	00:48:53	00:05:09	00:48:35	00:05:07	00:06:03	00:31:40	SANTIAGO DE COMPOSTELA
250	502 XOSE MANUEL LISTE PIÑEIRO	VTBM- 40	00:48:59	00:05:10	00:48:48	00:05:09	00:06:03	00:31:30	ARZÚA
251	353 MIGUEL PRADO VEIGA	JPSM- 76	00:49:30	00:05:13	00:49:15	00:05:12	00:06:11	00:31:56	A CORUNA
252	415 ALVARO DE RON FERNANDEZ-MOSQUERA	JPSM- 77	00:50:01	00:05:16	00:49:50	00:05:15	00:06:03	00:31:55	A CORUÑA
253	347 LUIS ANDRADE RAMILO	JPSM- 78	00:50:01	00:05:16	00:49:49	00:05:15	00:06:03	00:31:54	PADRON
254	44 AGUSTIN PEREZ CARUNCHO	VTMCM- 19	00:50:05	00:05:17	00:49:47	00:05:15	00:06:30	00:32:51	BERTAMIRANS.AMES
255	190 ALEJANDRO PAZOS LÓPEZ	JPSM- 79	00:50:20	00:05:18	00:49:55	00:05:16	00:06:47	00:33:19	CEE
256	140 MANUEL VILAS ABELENDA	VTMCM- 20	00:50:33	00:05:20	00:50:16	00:05:18	00:06:34	00:33:12	ORDENES
257	371 RICARDO BARRAL FERREIRO	JPSM- 80	00:50:39	00:05:20	00:50:33	00:05:20	00:04:54	00:32:54	BETANZOS
258	349 JAVIER LAGARES LUCES	VTAM- 117	00:50:40	00:05:20	00:50:15	00:05:18	00:06:39	00:32:56	CAMBRE
259	167 JESUS MONTERO LAGO	VTMCM- 21	00:50:40	00:05:20	00:50:24	00:05:19	00:06:42	00:33:10	ARTEIXO
260	170 JUAN CARLOS DOMATO VERDÍA	JPSM- 81	00:51:08	00:05:23	00:50:56	00:05:22	00:06:26	00:33:53	SANTIAGO DE COMPOSTELA
261	25 DIEGO PORTO CALVO	JPSM- 82	00:52:52	00:05:34	00:52:38	00:05:33	00:06:45	00:34:43	LA CORUÑA
262	177 BORJA GARCIA CUESTA	VTMCM- 22	00:52:57	00:05:35	00:52:42	00:05:33	00:06:41	00:34:34	NOIA
263	339 VICTORINO LÓPEZ GARCÍA	JPSM- 83	00:53:12	00:05:36	00:53:00	00:05:35	00:06:36	00:34:40	A CORUÑA
264	61 JOSÉ MARIA BREA SANCHEZ	VTBM- 41	00:53:39	00:05:39	00:53:16	00:05:37	00:07:17	00:35:43	CAMBRE
265	396 FRANCISCO DIAZ RODRIGUEZ	VTBM- 42	00:53:47	00:05:40	00:53:27	00:05:38	00:06:30	00:34:24	

266	55 RAMON REY MIGUENS
267	362 FRANCISCO CAO LORENZO
268	126 CARLOS MALLEIRO ZORZANO
269	350 DAVID PERNAS FOLGAR
270	381 ANTONIO PRESEDO VARELA
271	385 JOSÉ NEIRA HERMIDA

VTAM- 118	00:54:15	00:05:43	00:54:01	00:05:42	00:06:47	00:35:39	ATLETISMO SAR - A POUTADA	PADRON
JPSM- 84	00:56:17	00:05:56	00:56:00	00:05:54	00:06:09	00:35:53		A CORUÑA
JPSM- 85	00:56:56	00:06:00	00:56:41	00:05:58	00:06:47	00:36:37		ARTEIXO
JPSM- 86	00:59:07	00:06:14	00:58:52	00:06:12	00:06:43	00:38:56		A CORUÑA
VTCM- 23	00:59:54	00:06:19	00:59:33	00:06:17	00:07:27	00:38:58		A CORUÑA
VTCM- 24	01:06:57	00:07:03	01:06:53	00:07:03	00:07:24	00:41:46		RIANXO

FEMENINO

PtoSex	Dorsal	Nombre
1	344	MARÍA JESÚS GESTIDO RODRÍGUEZ
2	58	PAULA MAYOBRE GONZALEZ
3	305	CARLA MERAYO LÓPEZ
4	304	BARCA TOBA SUÁREZ
5	14	ISABEL SÁEZ BATALLÁN
6	119	JESSICA INES MUIÑOS REYES
7	400	ALBA BAAMONDE OTERO
8	181	FELICIDAD LÓPEZ ARNAU
9	157	PURIFICACION FERNANDEZ CAMPOS
10	85	INES PAPIN ESTEVEZ
11	307	SONIA MARIA AGRASAR BARRAL
12	404	ANA BELÉN FERREIRO GONZÁLEZ
13	45	MARIA ELENA MIGUENS OTERO
14	420	MONTSE FERNÁNDEZ RAMOS
15	81	MARÍA MONTSERRAT FERNÁNDEZ SABURIDO
16	12	CELINA RODRIGUEZ SOBRINO
17	39	MARICARMEN RODRÍGUEZ DEL RÍO
18	336	MARIA PILAR ORGEIRA REY
19	389	MARIA IGLESIAS RODRGUEZ
20	414	ROSA GUTIERREZ MOUGAN
21	327	INMACULADA CASTRO LOPEZ
22	503	PURI LÓPEZ PRESEDO
23	402	ROSA DE LA CÁMARA
24	417	LINDA CHISHOLM
25	412	LUCIA GUTIERREZ MOUGAN
26	69	BEATRIZ CHOUCIÑO TRIGO
27	37	LINA FUENTES NOYA
28	391	Mª SALATHIEL BARREIRO BREA
29	71	FRANCISCA ROMASANTA PARADA
30	36	LUISA CALVO GERMALES
31	410	CAROLINA REYES MARTÍNEZ
32	352	MARIA TERESA TASENDE PERNAS
33	382	MARIA INES CUADRADO LOPEZ

PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
VTAF- 1	00:33:42	00:03:33	00:33:42	00:03:33	00:04:07	00:21:44	GA-10571		CANGAS DE MORRAZO
JPSF- 1	00:33:58	00:03:35	00:33:58	00:03:35	00:04:07	00:22:05	GA15876	BIKILA	ARES
JPSF- 2	00:35:49	00:03:47	00:35:46	00:03:46	00:04:15	00:23:05	GA-717304	ATLETISMO CORUÑA COMARCA	A CORUÑA
JPSF- 3	00:36:05	00:03:48	00:36:03	00:03:48	00:04:17	00:23:18	AG-766739	ATLETISMO CORUÑA COMARCA	MUXIA
VTAF- 2	00:37:24	00:03:57	00:37:21	00:03:56	00:04:36	00:23:56		ATLETISMO A ESTRADA	A ESTRADA
JPSF- 4	00:38:42	00:04:05	00:38:39	00:04:05	00:04:45	00:25:10		TRIATLON MOTOBIKE PONTEVEDRA	NOIA
JPSF- 5	00:39:01	00:04:07	00:38:51	00:04:06	00:05:22	00:25:33			NOIA
VTAF- 3	00:39:27	00:04:10	00:39:25	00:04:09	00:04:44	00:25:27			A CORUÑA
VTAF- 4	00:39:47	00:04:12	00:39:41	00:04:11	00:04:56	00:25:47			BERGONDO
VTAF- 5	00:42:04	00:04:26	00:41:53	00:04:25	00:05:36	00:27:39	AG765854	CLUB ATLETISMO SADA	CAMBRE
VTAF- 6	00:42:43	00:04:30	00:42:31	00:04:29	00:05:17	00:27:31	AG-766076	ATLETISMO SAR - A POUTADA	PADRON
VTAF- 7	00:43:07	00:04:33	00:43:07	00:04:33					ORDES
VTAF- 8	00:43:16	00:04:34	00:43:08	00:04:33	00:05:22	00:28:05	AG-766075	ATLETISMO SAR - A POUTADA	PADRON
VTAF- 9	00:43:32	00:04:35	00:43:21	00:04:34	00:05:36	00:28:15	AG11336	CLUB ATLETISMO SADA	SADA
VTAF- 10	00:43:41	00:04:36	00:43:36	00:04:36	00:05:25	00:28:25	AG766781	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
VTBF- 1	00:46:47	00:04:56	00:46:40	00:04:55	00:05:44	00:30:04	AG 766311	ATLETISMO +9 MORAÑA	MORAÑA
VTCF- 1	00:47:03	00:04:58	00:46:53	00:04:57	00:05:58	00:30:17		ATLETISMO ORDES	SANTIAGO DE COMPOSTELA
VTAF- 11	00:47:14	00:04:59	00:47:00	00:04:57	00:05:54	00:30:42			TORDOIA
VTAF- 12	00:47:30	00:05:00	00:47:30	00:05:00					VILARRODIS - ARTEIXO
VTAF- 13	00:48:14	00:05:05	00:47:58	00:05:03	00:06:36	00:31:50			SANTIAGO DE COMPOSTELA
JPSF- 6	00:48:58	00:05:10	00:48:49	00:05:09	00:05:33	00:31:32			NOIA
VTAF- 14	00:48:59	00:05:10	00:48:47	00:05:09	00:06:03	00:31:30			ORDES
VTAF- 15	00:49:27	00:05:13	00:49:11	00:05:11	00:06:20	00:32:01			SANTIAGO DE COMPOSTELA
JPSF- 7	00:50:01	00:05:16	00:49:49	00:05:15	00:05:50	00:31:53			LA CORUNA
JPSF- 8	00:50:05	00:05:17	00:49:49	00:05:15	00:06:36	00:32:18			SANTIAGO DE COMPOSTELA
VTAF- 16	00:50:39	00:05:20	00:50:15	00:05:18	00:06:36	00:33:11	AG765591	C.D.EGOVARROS-VIVEIRO	CULLEREDO
VTCF- 2	00:53:07	00:05:36	00:53:03	00:05:35	00:05:56	00:34:11		ATLETISMO ORDES	A CORUÑA
JPSF- 9	00:53:12	00:05:36	00:53:00	00:05:35	00:06:36	00:34:40			AMES
VTCF- 3	00:53:29	00:05:38	00:53:18	00:05:37	00:06:44	00:34:52		C.D.EGOVARROS-VIVEIRO	SADA
VTBF- 2	00:55:23	00:05:50	00:55:10	00:05:49	00:07:03	00:35:44		ATLETISMO ORDES	ORDES
VTAF- 17	00:55:35	00:05:52	00:55:19	00:05:50	00:06:48	00:35:56			SANTIAGO DE COMPOSTELA
JPSF- 10	00:59:07	00:06:14	00:58:53	00:06:12	00:06:43	00:38:54			ARZUA
VTBF- 3	01:10:57	00:07:29	01:10:47	00:07:28	00:08:02	00:46:32			OLEIROS

XVIII CARREIRA POPULAR DO CONCELLO DE ORDES, Ordes 09/06/2013

Proba Absoluta. Distancia: 9.500 m

CLASIFICACION POR CATEGORIAS

XVNM XUVENIL MA Inscritos:

PtoCat	Dorsal	Nombre
1	82	JUAN LUIS GÓMEZ IGLESIAS

3 Llegados: 1

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:39:05	00:04:07	00:39:05	00:04:07	00:04:21	00:25:16		CLUB ATLETISMO RIBADEO	RIBADEO

JPSM JUNIOR-PRO Inscritos:

PtoCat	Dorsal	Nombre
1	320	ROBERTAS GERALAVICIUS
2	1	RUBEN CAAMAÑO NIETO
3	393	DAVID SANTOS DOMINGUEZ
4	4	JOSÉ ALFREDO AMADO GONZÁLEZ
5	90	ADRIÁN MORENO RAMIL

95 Llegados: 86

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:29:15	00:03:05	00:29:15	00:03:05	00:03:48	00:19:09		SOCIEDAD GIMNASTICA DE PONTEVEDRA	SANTIAGO DE COMPOSTELA
00:29:38	00:03:08	00:29:38	00:03:08	00:03:48	00:19:09	AG-763858	ATLETISMO SAR - A POUTADA	NOIA
00:31:27	00:03:19	00:31:26	00:03:19	00:03:50	00:20:36			ORDES
00:31:41	00:03:21	00:31:40	00:03:20	00:03:59	00:20:39	GA764470	A SILVA	ORDES
00:31:57	00:03:22	00:31:56	00:03:22	00:04:00	00:20:37	AG-764022	CLUB MARINEDA ATLETICO	LA CORUÑA

6	43	ALBERTO ALVAREZ BENDAÑA	00:32:01	00:03:23	00:31:58	00:03:22	00:04:06	00:20:39	AG-763860	ATLETISMO SAR - A POUTADA	PADRON
7	48	ISMAEL BOUZAS REY	00:32:06	00:03:23	00:32:05	00:03:23	00:03:52	00:20:32	AG-763849	ATLETISMO SAR - A POUTADA	ROIS
8	313	ABDELAZIZ FATHI	00:32:28	00:03:25	00:32:28	00:03:25	00:03:55	00:21:16	GA-16989	CLUB MARINEDA ATLETICO	SADA
9	323	TONHO ALVES PICALLO	00:33:26	00:03:32	00:33:24	00:03:31	00:04:08	00:21:34	AG 767397	USC	SANTIAGO DE COMPOSTELA
10	185	JOSÉ LUIS GONZÁLEZ NÚÑEZ	00:33:58	00:03:35	00:33:56	00:03:35	00:04:06	00:21:59			TEO
11	64	IVAN SEGAEDE CAROU	00:34:42	00:03:40	00:34:39	00:03:39	00:04:35	00:22:30	AG-766602	C.A. BOIMORTO	A CORUÑA
12	394	HECTOR JOSÉ SOTO SANTOS	00:34:43	00:03:40	00:34:34	00:03:39	00:04:31	00:22:28			VIMIANZO
13	314	DAVID EIROA DIAZ	00:34:47	00:03:40	00:34:45	00:03:40	00:04:02	00:22:32	AG-9806	CLUB MARINEDA ATLETICO	O BURGO
14	194	ROI BARROS CORRAL	00:34:59	00:03:41	00:34:55	00:03:41	00:04:19	00:22:32			A CORUÑA
15	51	MANUEL CES CRISTOBO	00:35:08	00:03:42	00:35:03	00:03:42	00:04:24	00:22:41	AG-766072	ATLETISMO SAR - A POUTADA	ROIS
16	199	JOSE MARIA SANCHEZ SAN LUIS	00:35:18	00:03:43	00:35:14	00:03:43	00:04:29	00:23:10			CULLEREDO
17	324	MARCOS MATABUENA RODRÍGUEZ	00:35:27	00:03:44	00:35:22	00:03:44	00:04:33	00:23:05	GA 19907	USC	ORDES
18	104	MIGUEL ANXO NOGUEIRA PÉREZ	00:35:36	00:03:45	00:35:34	00:03:45	00:04:22	00:23:06	AG 9793	NOITEBRA FC	SANTIAGO DE COMPOSTELA
19	348	MIGUEL MÍGUEZ MEIJOMIL	00:35:41	00:03:46	00:35:40	00:03:46	00:04:02	00:23:06			SANTIAGO DE COMPOSTELA
20	372	JUAN CHAO MARTÍNEZ	00:35:49	00:03:47	00:35:45	00:03:46	00:04:21	00:23:15			A CORUÑA
21	84	ROBERTO GARCÍA PAZOS	00:35:58	00:03:48	00:35:50	00:03:47	00:04:41	00:23:17	AG 764744	CLUB ATLETISMO SADA	SADA
22	395	PABLO RAÑA VILLASENIN	00:36:02	00:03:48	00:35:59	00:03:48	00:04:20	00:23:18			ORDES
23	360	SERGIO REQUEJO REQUEIJO	00:36:13	00:03:49	00:36:07	00:03:49	00:04:37	00:23:24			SILLEDA
24	301	JOSÉ LUIS GARCÍA BOTANA	00:36:25	00:03:50	00:36:24	00:03:50	00:04:05	00:23:04	M-5454	AGRUPACIÓN DEPORTIVA SAN LORENZO DEL ESCORIAL	ORDENES
25	102	GONZALO SILVA BRENLLA	00:36:34	00:03:51	00:36:28	00:03:51	00:04:28	00:23:45	AG 766103	NOITEBRA FC	SANTA COMBA
26	28	ALFONSO ARIAS GARCIA	00:37:49	00:03:59	00:37:49	00:03:59			A-9907	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
27	101	MARTIN EUGENIO RODRIGUEZ GOMEZ	00:37:59	00:04:00	00:37:51	00:04:00	00:05:02	00:25:16	AG 9511	NOITEBRA FC	PONTECESURES
28	370	JAVI DOSIL RIVAS	00:38:05	00:04:01	00:38:02	00:04:01	00:04:43	00:24:45			NOIA
29	24	RODRIGO MÉNDEZ CASAS	00:38:23	00:04:03	00:38:20	00:04:03	00:04:12	00:24:36	AG-767509	ATLETISMO CORUÑA COMARCA	A CORUÑA
30	120	VIDAL GUERRA BREIJO	00:38:34	00:04:04	00:38:25	00:04:03	00:05:03	00:24:34	AG 766110	USC	ORTOÑO-AMES
31	154	ANGEL CAMPOS SANTIAGO	00:38:43	00:04:05	00:38:40	00:04:05	00:04:45	00:25:10			NOIA
32	59	DANIEL LÓPEZ REY	00:38:44	00:04:05	00:38:26	00:04:03	00:05:18	00:25:03		C. AT. INFARTO NO Q	CORUXOU
33	106	RAMON IGLESIAS REY	00:38:46	00:04:05	00:38:41	00:04:05	00:05:02	00:25:06	AG 9949	NOITEBRA FC	SANTIAGO
34	331	DIEGO MONTOUTO REQUEIJO	00:38:49	00:04:06	00:38:43	00:04:05	00:04:52	00:25:02			SILLEDA
35	504	GUSTAVO RAMA MARTÍNEZ	00:39:03	00:04:07	00:38:58	00:04:07	00:04:46	00:25:09			SANTIAGO DE COMPOSTELA
36	361	JAVIER SUAREZ GIADAS	00:39:11	00:04:08	00:39:05	00:04:07	00:04:57	00:25:41			TOURO
37	302	KISHWAR AMIN AFONSO CONTRERAS	00:39:14	00:04:08	00:38:59	00:04:07	00:05:20	00:25:46		ARMADA	FERROL
38	354	JESÚS CASAS BOQUETE	00:39:30	00:04:10	00:39:23	00:04:09	00:04:56	00:25:59			ORDES
39	390	JOSÉ ALFONSO VILLAR CAAMAÑO	00:39:32	00:04:10	00:39:15	00:04:08	00:05:27	00:25:49			NOIA
40	367	DAVID VIQUEIRA PENA	00:39:35	00:04:10	00:39:17	00:04:09	00:05:17	00:25:59			ORDES
41	38	ESTEBAN CASTROMIL SUAREZ	00:39:40	00:04:11	00:39:31	00:04:10	00:05:04	00:25:56		ATLETISMO ORDES	OROSO
42	319	DANIEL ALENDE LOPEZ	00:40:01	00:04:13	00:39:53	00:04:12	00:05:16	00:26:00		NOITEBRA FC	SANTIAGO DE COMPOSTELA
43	377	JUAN CASEIRO PALACIOS	00:40:15	00:04:15	00:40:09	00:04:14	00:05:14	00:26:28			ORDES
44	195	DIEGO BELLO GRAIÑO	00:40:37	00:04:17	00:40:16	00:04:15	00:05:41	00:26:27			VIMIANZO
45	506	DAVID PONTE IGLESIAS	00:40:40	00:04:17	00:40:28	00:04:16	00:05:18	00:26:00			TRAZO
46	205	DIEGO LUIS LEÓN REQUEIJO	00:41:03	00:04:20	00:40:51	00:04:18	00:05:32	00:26:54			AMES
47	148	JORGE FERRADANS VALDES	00:41:08	00:04:20	00:40:49	00:04:18	00:05:47	00:26:52			SANTIAGO DE COMPOSTELA
48	333	DAVID DOMÍNGUEZ REY	00:41:39	00:04:23	00:41:31	00:04:23	00:04:54	00:26:36			TAPIA-AMES
49	32	DIEGO GARCIA LORENZO	00:41:45	00:04:24	00:41:31	00:04:23	00:05:59	00:27:30	A-11132	ATLETISMO FONTES DO SAR	RIANXO
50	419	PABLO GONZALEZ FRAGUAS	00:41:50	00:04:25	00:41:32	00:04:23	00:05:47	00:27:37			ORDES
51	369	BENJAMIN COSTA FERNANDEZ	00:42:02	00:04:26	00:41:44	00:04:24	00:05:40	00:27:40			NOIA
52	366	FELIPE CASAS BOQUETE	00:42:12	00:04:27	00:42:06	00:04:26	00:05:03	00:26:32			ORDES
53	174	ALBERTO COTELO SENANDE	00:42:26	00:04:28	00:42:20	00:04:28	00:05:00	00:27:24			CARBALLO
54	392	MIGUEL REY AMARELLE	00:42:45	00:04:30	00:42:34	00:04:29	00:05:26	00:28:11			ZAS
55	184	JUAN MANUEL MIRA IGLESIAS	00:42:50	00:04:31	00:42:32	00:04:29	00:05:26	00:27:51			ORDENES
56	376	ALBERTO BOQUETE CASAS	00:43:04	00:04:32	00:42:56	00:04:32	00:05:20	00:28:01			ORDES
57	406	ALBERTO ARES GERMIL	00:43:10	00:04:33	00:43:00	00:04:32	00:05:14	00:27:32			VAL DO DUBRA
58	334	JOSÉ CALVIÑO CARREÑO	00:43:30	00:04:35	00:43:13	00:04:33	00:05:35	00:27:55			NOIA
59	176	MIGUEL LOPEZ CASTELO	00:43:46	00:04:37	00:43:36	00:04:36	00:04:55	00:27:52			A CORUÑA
60	380	ANDRÉ GARCIA PIÑEIRO	00:44:02	00:04:39	00:43:43	00:04:37	00:05:47	00:28:26			AMES
61	143	LUIS SESTAYO LEIS	00:44:06	00:04:39	00:43:46	00:04:37	00:06:13	00:28:54			SANTIAGO DE COMPOSTELA
62	135	JORGE PAZ CALO	00:44:28	00:04:41	00:44:15	00:04:40	00:05:33	00:27:45			SANTIAGO DE COMPOSTELA
63	351	OSCAR JUNCAL PAIS	00:44:31	00:04:42	00:44:19	00:04:40	00:05:43	00:29:01			ORDES

64	332	ALVARO BESTILLEIRO CALVIÑO
65	162	DAVID TUÑAS RÓO
66	130	GIOVANI GARCÍA ESTÉVEZ
67	60	JUAN ALBERTO SÁNCHEZ INÍGUEZ
68	180	ADÁN ALMENDÁREZ ROQUE
69	158	DAVID IGLESIAS PENA
70	379	DANIEL FERREIRO CARBALLEIRA
71	409	XABIER LÓPEZ REY
72	172	MIGUEL CIDRE VÁZQUEZ
73	325	PEDRO CALDAS CASTRO
74	159	VICTOR RODRIGUEZ LANDEIRA
75	383	JESUS LISTE FERNANDEZ
76	353	MIGUEL PRADO VEIGA
77	415	ALVARO DE RON FERNANDEZ-MOSQUERA
78	347	LUIS ANDRADE RAMILO
79	190	ALEJANDRO PAZOS LÓPEZ
80	371	RICARDO BARRAL FERREIRO
81	170	JUAN CARLOS DOMATO VERDÍA
82	25	DIEGO PORTO CALVO
83	339	VICTORINO LÓPEZ GARCÍA
84	362	FRANCISCO CAO LORENZO
85	126	CARLOS MALLEIRO ZORZANO
86	350	DAVID PERNAS FOLGAR

JPSF JUNIOR-PRO Inscritos:

PtoCat	Dorsal	Nombre
1	58	PAULA MAYOBRE GONZALEZ
2	305	CARLA MERAYO LÓPEZ
3	304	BARCA TOBA SUÁREZ
4	119	JESSICA INES MUIÑOS REYES
5	400	ALBA BARAMONDE OTERO
6	327	INMACULADA CASTRO LOPEZ
7	417	LINDA CHISHOLM
8	412	LUCIA GUTIERREZ MOUGAN
9	391	Mª SALATHIEL BARREIRO BREA
10	352	MARIA TERESA TASENDE PERNAS

VTAM VETERANOS Inscritos:

PtoCat	Dorsal	Nombre
1	92	AKKA ESSAADAQUI
2	98	ELÍAS SALVADOR DOMÍNGUEZ CABRAL
3	19	JAVIER TOURÍS FORNOS
4	317	DIEGO CRESPO NAYA
5	50	FELIPE MIGUENS GASAMANES
6	311	ROBERTO CANEDA GUEDE
7	501	MIGUEL CABO VILLAYERDE
8	155	JOSE ANTONIO RECOUSO CAAMAÑO
9	17	JESUS Mª ALVAREZ RODRIGUEZ
10	52	ROBERTO CARLOS AGRELO GOMEZ
11	56	SAMUEL SABORIDO SOÑORA
12	128	BALTASAR FIGUEIRAS MARTINEZ
13	5	JAVIER SEOANE PUGA
14	47	ANGEL MACEIRAS LAGO
15	42	ENRIQUE GOCCE PEREIRA
16	122	CARLOS FERNANDEZ VILLAYERDE
17	110	JOSE CARLOS BUJAN OTERO
18	115	JOSE MANUEL TEIXEIRO IGLESIAS
19	124	JUAN CARLOS MARTINEZ VALVERDE

00:44:42	00:04:43	00:44:25	00:04:41	00:05:46	00:28:52		ORDES
00:44:58	00:04:44	00:44:58	00:04:44				A CORUÑA
00:45:08	00:04:45	00:44:51	00:04:44	00:05:38	00:29:42		LUGO
00:45:25	00:04:47	00:45:16	00:04:46	00:05:25	00:29:11	AG-766994 C.A. BOIMORTO	BOIMORTO
00:45:38	00:04:49	00:45:28	00:04:48	00:05:37	00:29:25		LA CORUÑA
00:46:06	00:04:52	00:45:49	00:04:50	00:05:55	00:30:14		A CORUÑA
00:46:08	00:04:52	00:45:50	00:04:50	00:05:56	00:29:39		BRIÓN
00:46:37	00:04:55	00:46:32	00:04:54	00:05:41	00:30:10		LIANS - OLEIROS
00:47:36	00:05:01	00:47:36	00:05:01				CERCEDA
00:47:45	00:05:02	00:47:25	00:05:00	00:05:56	00:30:18		CARBALLO
00:48:32	00:05:07	00:48:23	00:05:06	00:05:45	00:30:53		VAL DO DUBRA- BEMBIBRE
00:48:49	00:05:09	00:48:31	00:05:07	00:05:48	00:31:11		ORDES
00:49:30	00:05:13	00:49:15	00:05:12	00:06:11	00:31:56		ARZÚA
00:50:01	00:05:16	00:49:50	00:05:15	00:06:03	00:31:55		A CORUNA
00:50:01	00:05:16	00:49:49	00:05:15	00:06:03	00:31:54		A CORUÑA
00:50:20	00:05:18	00:49:55	00:05:16	00:06:47	00:33:19		BERTAMIRANS.AMES
00:50:39	00:05:20	00:50:33	00:05:20	00:04:54	00:32:54		ORDENES
00:51:08	00:05:23	00:50:56	00:05:22	00:06:26	00:33:53		ARTEIXO
00:52:52	00:05:34	00:52:38	00:05:33	00:06:45	00:34:43	GA-766251 ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
00:53:12	00:05:36	00:53:00	00:05:35	00:06:36	00:34:40		NOIA
00:56:17	00:05:56	00:56:00	00:05:54	00:06:09	00:35:53		A CORUÑA
00:56:56	00:06:00	00:56:41	00:05:58	00:06:47	00:36:37		ARTEIXO
00:59:07	00:06:14	00:58:52	00:06:12	00:06:43	00:38:56		A CORUÑA

10 Llegados: 10

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:33:58	00:03:35	00:33:58	00:03:35	00:04:07	00:22:05	GA15876	BIKILA	ARES
00:35:49	00:03:47	00:35:46	00:03:46	00:04:15	00:23:05	GA-717304	ATLETISMO CORUÑA COMARCA	A CORUÑA
00:36:05	00:03:48	00:36:03	00:03:48	00:04:17	00:23:18	AG-766739	ATLETISMO CORUÑA COMARCA	MUXIA
00:38:42	00:04:05	00:38:39	00:04:05	00:04:45	00:25:10		TRIATLON MOTOBIKE PONTEVEDRA	NOIA
00:39:01	00:04:07	00:38:51	00:04:06	00:05:22	00:25:33			NOIA
00:48:58	00:05:10	00:48:49	00:05:09	00:05:33	00:31:32			NOIA
00:50:01	00:05:16	00:49:49	00:05:15	00:05:50	00:31:53			LA CORUNA
00:50:05	00:05:17	00:49:49	00:05:15	00:06:36	00:32:18			SANTIAGO DE COMPOSTELA
00:53:12	00:05:36	00:53:00	00:05:35	00:06:36	00:34:40			AMES
00:59:07	00:06:14	00:58:53	00:06:12	00:06:43	00:38:54			ARZUA

123 Llegados: 118

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:29:17	00:03:05	00:29:17	00:03:05	00:03:48	00:19:08		COMESAÑA SPORTING CLUB	SALCEDA DE CASELAS
00:30:32	00:03:13	00:30:31	00:03:13	00:03:48	00:19:31		NEW BALANCE TEAM	PONTEVEDRA
00:31:44	00:03:21	00:31:42	00:03:21	00:04:01	00:20:36	GA-20507	ATLETISMO CORUÑA COMARCA	LA CORUÑA
00:31:47	00:03:21	00:31:46	00:03:21	00:04:01	00:20:37	AG-764435	CLUB MARINEDA ATLETICO	CAMBRE
00:31:55	00:03:22	00:31:54	00:03:22	00:04:00	00:20:39	AG-763864	ATLETISMO SAR - A POUTADA	PONTECESURES
00:32:11	00:03:24	00:32:10	00:03:24	00:04:00	00:20:40	AG 767452	CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
00:32:22	00:03:25	00:32:20	00:03:25	00:04:00	00:20:49	AG 763812	CLUB ATLETISMO MILLADOIRO	VIGO
00:32:30	00:03:26	00:32:28	00:03:25	00:04:01	00:20:44		ATLETISMO CORUÑA COMARCA	A CORUÑA
00:32:44	00:03:27	00:32:42	00:03:27	00:04:01	00:21:10	GA-17204	ATLETISMO CORUÑA COMARCA	A CORUÑA
00:33:08	00:03:30	00:33:05	00:03:29	00:04:16	00:21:31	AG-763862	ATLETISMO SAR - A POUTADA	PADRON
00:33:19	00:03:31	00:33:17	00:03:31	00:04:05	00:21:30	AG-766073	ATLETISMO SAR - A POUTADA	DODRO
00:33:42	00:03:33	00:33:35	00:03:33	00:04:26	00:22:03			TEO
00:33:42	00:03:33	00:33:41	00:03:33	00:04:06	00:21:34		A.D.C. BOMBEROS CORUÑA	CARBALLO
00:33:45	00:03:34	00:33:43	00:03:33	00:04:06	00:21:46	AG-763863	ATLETISMO SAR - A POUTADA	EL BURGO
00:33:48	00:03:34	00:33:45	00:03:34	00:04:07	00:21:33	AG-766074	ATLETISMO SAR - A POUTADA	PADRON
00:33:53	00:03:34	00:33:51	00:03:34	00:04:08	00:21:53		VERXEL NUTRICIÓN DEPORTIVA	ORDES
00:34:01	00:03:35	00:33:59	00:03:35	00:04:06	00:21:54	AG 11135	NOITEBRA FC	SANTIAGO
00:34:03	00:03:35	00:34:00	00:03:35	00:04:18	00:22:08	AG-763589	RIA DE FERROL-CONCEPCION ARENAL	NARON
00:34:05	00:03:36	00:34:04	00:03:36	00:04:11	00:22:12		VERXEL NUTRICIÓN DEPORTIVA	ORDES

20	309 AZIZ ZIRANI	00:34:27	00:03:38	00:34:26	00:03:38	00:04:14	00:22:24	C.D.EGOVARROS-VIVEIRO	A CORUÑA
21	46 LUIS JAVIER FERNANDEZ OTERO	00:34:28	00:03:38	00:34:25	00:03:38	00:04:17	00:22:24	AG-766081 ATLETISMO SAR - A POUTADA	PADRON
22	91 SERGIO OLIVEIRA BOGA	00:34:29	00:03:38	00:34:24	00:03:38	00:04:17	00:22:19	CLUB NATACIÓN RIVEIRA	PADRÓN
23	183 ALBERTO CASTRO BLANCO	00:34:38	00:03:39	00:34:34	00:03:39	00:04:24	00:22:27		ARANGA
24	328 SANTIAGO JOSE BREA SANCHEZ	00:34:40	00:03:39	00:34:36	00:03:39	00:04:22	00:22:24		SIGÜEIRO
25	149 RICARDO VILLAR RODRIGUEZ	00:34:46	00:03:40	00:34:44	00:03:40	00:04:17	00:22:25		SANTA COMBA
26	186 GONZALO MUIÑO CODESIDO	00:34:48	00:03:40	00:34:44	00:03:40	00:04:30	00:22:31		CAMBRE
27	10 SECHO FERNÁNDEZ CALVO	00:35:12	00:03:43	00:35:08	00:03:42	00:04:16	00:22:33	ATLÉTICO BERTAMIRÁNS	NOIA
28	109 OSCAR VALLE LOPEZ	00:35:32	00:03:45	00:35:30	00:03:45	00:04:17	00:23:06	AG 11136 NOITEBRA FC	TEO
29	89 JOSE LUIS PRADO MONTERO	00:35:33	00:03:45	00:35:31	00:03:45	00:04:34	00:23:17	AG-764436 CLUB MARINEDA ATLETICO	CULLEREDO
30	421 JORGE MANUEL GARCIA RODRIGUEZ	00:35:37	00:03:45	00:35:33	00:03:45	00:04:24	00:23:21	AG 767429 NOITEBRA FC	STGO COMPOSTELA
31	310 JOSE MANUEL GARCIA ESTEVEZ	00:35:48	00:03:47	00:35:46	00:03:46	00:04:27	00:23:14	AG 11091 CLUB ATLETISMO MILLADOIRO	NEGREIRA
32	116 JOSE LUIS NAYA ORGEIRA	00:36:10	00:03:49	00:36:05	00:03:48	00:04:41	00:23:26	AG-767018 RUNAWAYS	A CORUÑA
33	403 DAVID MIRÁS CALVO	00:36:16	00:03:49	00:36:12	00:03:49	00:04:21	00:23:12		SANTIAGO
34	316 CONSTANTE LORENZO SANTOS	00:36:36	00:03:52	00:36:35	00:03:51	00:04:14	00:24:07	EFA FONTEBOA	MUXIA
35	166 ALVARO LOPEZ JACOME	00:36:37	00:03:52	00:36:32	00:03:51	00:04:41	00:23:31		A CORUÑA
36	151 RAMÓN CANOSA CASTIÑEIRA	00:36:42	00:03:52	00:36:38	00:03:52	00:04:33	00:23:43		CÉE
37	96 RAFAEL SUAREZ FERNANDEZ	00:36:50	00:03:53	00:36:48	00:03:53	00:04:34	00:23:55	AG-763630 CLUB MARINEDA ATLETICO	A CORUÑA
38	341 ALBERTO SAAVEDRA MÉNDEZ	00:37:13	00:03:55	00:37:06	00:03:55	00:04:36	00:23:53		VILABOA
39	54 AVELINO CAAMAÑO NIETO	00:37:14	00:03:56	00:37:11	00:03:55	00:04:15	00:23:16	ATLETISMO SAR - A POUTADA	NOYA
40	507 RAMON GARCIA TEIRA	00:37:16	00:03:56	00:37:07	00:03:55	00:05:00	00:24:30	GA-763932 ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
41	193 JOSE LUIS ROIBAS FERNANDEZ	00:37:26	00:03:57	00:37:20	00:03:56	00:04:37	00:24:13		CAMBRE
42	164 RAMON MANUEL GOMEZ GUILLERMO	00:37:29	00:03:57	00:37:22	00:03:56	00:04:46	00:24:21		ORDENES
43	76 ALBERTO VARELA NUÑEZ	00:37:50	00:03:59	00:37:43	00:03:59	00:04:45	00:24:35	AG 763830 CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
44	312 FRANCISCO JAVIER GARCÍA BARREIRO	00:37:51	00:03:59	00:37:41	00:03:58	00:05:02	00:24:47	CLUB ATLETISMO SADA	OLEIROS
45	171 JUAN GIGIREY AMADO	00:37:58	00:04:00	00:37:52	00:04:00	00:04:40	00:24:26		BERTAMIRANS
46	9 EDUARDO REY QUINTELA	00:38:00	00:04:00	00:37:51	00:03:59	00:05:09	00:25:03	ALEJANDRO GÓMEZ-ACADE	CULLEREDO
47	178 MIGUEL ABEL SOUTO	00:38:00	00:04:00	00:37:57	00:04:00	00:04:26	00:24:55	AG 4106 CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
48	386 MIGUEL ANGEL MARTINEZ NIETO	00:38:05	00:04:01	00:37:51	00:03:59	00:05:15	00:24:54		SERRA DE OUTES
49	29 JOSE MANUEL CES ROMERO	00:38:10	00:04:01	00:38:00	00:04:00	00:05:02	00:25:00	ATLETISMO FONTES DO SAR	AMENEIRO-CALO-TEO
50	147 LUÍS GÓMEZ ALDEGUNDE	00:38:15	00:04:02	00:38:04	00:04:01	00:04:48	00:24:39		O CORGO
51	20 RICARDO GARCIA GESTAL	00:38:23	00:04:03	00:38:18	00:04:02	00:04:41	00:24:26	ATLETISMO CORUÑA COMARCA	A CORUÑA
52	111 FRANCISCO M. MENDEZ QUINTELA	00:38:26	00:04:03	00:38:21	00:04:03	00:05:02	00:25:16	AG 11085 NOITEBRA FC	BERTAMIRANS (AMES)
53	364 ROBERTO SENRA ALVAREZ	00:38:29	00:04:03	00:38:18	00:04:02	00:04:45	00:24:52		SANTIAGO
54	77 FRANCISCO PAIS TRIGO	00:38:29	00:04:04	00:38:22	00:04:03	00:04:51	00:24:59	CLUB ATLETISMO NEGREIRA	NEGREIRA
55	3 JOSÉ MANUEL ROCA RODRIGUEZ	00:38:32	00:04:04	00:38:21	00:04:03	00:04:58	00:25:01	A FUME DE CAROZO-ALFA FISIO	ARANGA
56	139 DANIEL IGLESIAS PINTADO	00:38:38	00:04:04	00:38:23	00:04:03	00:05:23	00:25:43		A CORUÑA
57	137 JOSE CARLOS REBOREDO FRAGA	00:38:43	00:04:05	00:38:30	00:04:04	00:05:04	00:25:12		DEIXEBRE
58	387 NESTOR ROMERO AGRA	00:38:51	00:04:06	00:38:48	00:04:05	00:04:37	00:25:13		NOIA
59	399 JOSE MANUEL GARCIA SANTOS	00:38:53	00:04:06	00:38:37	00:04:04	00:05:42	00:25:35		VAL DO DUBRA
60	153 ÓSCAR CARRACEDO REGUEIRA	00:38:55	00:04:06	00:38:43	00:04:05	00:05:24	00:25:44		ARTEIXO
61	173 FRANCISCO JAVIER GONZÁLEZ LEDO	00:38:59	00:04:07	00:38:54	00:04:06	00:04:39	00:25:11		CULLEREDO
62	114 ANTONIO RODRIGUEZ RODRIGUEZ	00:39:12	00:04:08	00:38:56	00:04:06	00:05:08	00:25:17	PRAIA DE CARNOTA - RUNNERS	SANTIAGO
63	74 ARTURO RAMOS FERROL	00:39:16	00:04:08	00:38:44	00:04:05	00:05:08	00:25:17	AG 9509 CLUB ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA
64	189 JUNA LUIS BOTANA MOSQUERA	00:39:17	00:04:09	00:39:08	00:04:08	00:05:09	00:25:43		SANTIAGO
65	41 JAVIER GUIMAREY SENIN	00:39:18	00:04:09	00:39:10	00:04:08	00:04:55	00:25:34	ATLETISMO SAR - A POUTADA	PADRON
66	202 ARTURO ZAS MANEIRO	00:39:19	00:04:09	00:39:10	00:04:08	00:05:02	00:25:34		MILLADOIRO - AMES
67	123 XOSE MANUEL BOQUETE CASAS	00:39:30	00:04:10	00:39:22	00:04:09	00:05:20	00:26:27	VERXEL NUTRICIÓN DEPORTIVA	ORDES
68	57 FRANCISCO JOSE OLVEIRA MARTINEZ	00:39:48	00:04:12	00:39:42	00:04:11	00:04:47	00:25:44	A-11061 ATLETISMO SAR - A POUTADA	PORTO DO SON
69	16 PEDRO DOMENECH GONZÁLEZ	00:39:49	00:04:12	00:39:38	00:04:11	00:05:10	00:26:08	AG-766489 ATLETISMO CORUÑA COMARCA	CULLEREDO
70	337 ANTONIO BAZARRA AGULLA	00:39:50	00:04:12	00:39:35	00:04:10	00:05:26	00:25:45		LIRA
71	2 MANUEL VAZQUEZ IGLESIAS	00:40:07	00:04:14	00:39:56	00:04:13	00:05:11	00:25:57	A FUME DE CAROZO	A CORUÑA
72	93 JOSE MARIA LEVOSO TOUCEDA	00:40:16	00:04:15	00:40:06	00:04:14	00:04:56	00:25:53	ESPRINTES OURENSE	A CORUÑA
73	330 ANTONIO MOSQUERA VALIÑO	00:40:20	00:04:15	00:40:13	00:04:14	00:04:47	00:26:06		ORDES
74	329 JESUS CASAS CORES	00:40:29	00:04:16	00:40:20	00:04:15	00:05:20	00:26:27		ORDES
75	63 XESUS MANUEL SEGADE CAROU	00:40:43	00:04:18	00:40:36	00:04:17	00:05:07	00:26:22	C.A. BOIMORTO	A CORUÑA
76	200 MIGUEL G. COSTOYA	00:40:43	00:04:18	00:40:26	00:04:16	00:05:35	00:26:53		O BURGO
77	31 JESÚS NAVAZO RUIZ	00:40:45	00:04:18	00:40:31	00:04:16	00:05:26	00:26:17	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA

78	373	RODRIGO LISTE FAYA
79	374	MIGUEL ANGEL MIRANDA SANCHEZ
80	125	EDER FERNANDEZ PEREZ
81	175	RAFAEL GARCIA PENA
82	204	FRANCISCO JAVIER SUAREZ BERMUDEZ
83	342	PEPE SABORIDO MARTINEZ
84	375	ANGEL REY AMOR
85	6	BENITO PIÑEIRO ABEIJON
86	196	JOSÉ MANUEL CASÁS CASÁS
87	129	SAMUEL RAMÍREZ RODRÍGUEZ
88	105	ANGEL MUNIN OTERO
89	78	EDUARDO CERNADAS VAZQUEZ
90	416	JOSE MANUEL LOPEZ CARBALLIDO
91	168	IGNACIO LÓPEZ PRESEDO
92	21	DANIEL RIVEIRA RUANOVA
93	108	FERNANDO ANTELO FERRO
94	131	PABLO CREGO GIL
95	136	MIGUEL SEÑORIS BARGO
96	188	VÍTOR MANUEL RODRÍGUEZ JURJO
97	407	MARTÍN CASTÓN ALONSO
98	355	JOSÉ MANUEL GOMEZ TAIBOR
99	134	RUBEN MARTINEZ DEL RIO
100	144	ANGEL JUVIÑO PREGO
101	88	FERNANDO MÍGUEZ SÁNCHEZ
102	345	MARCOS MANUEL GOSSENDE ROMARIS
103	358	MANUEL VAZQUEZ RAMOS
104	152	JUAN MANUEL BAUTIS OTERO
105	340	MIGUEL CASTRO RODRÍGUEZ
106	160	JUAN JOSÉ TATO MAHÍA
107	343	J.ALEJANDRO AÑÓN DOMÍNGUEZ
108	401	RICHARD EMBA JONH
109	146	JORGE BLANCO FERNANDEZ
110	368	FAUSTO RODRIGUEZ MONTERO
111	113	JORGE CARREIRA NODAR
112	94	MAXIMINO LAGARES CARRO
113	397	ANTONIO IGLESIAS ARNEJO
114	357	ALVARO RAMON LOPEZ CARRERA
115	378	ALBERTO COUTO LOSADA
116	363	JOSÉ VICENTE PIÑEIRO VÁZQUEZ
117	349	JAVIER LAGARES LUCES
118	55	RAMON REY MIGUENS

VTAF VETERANAS Inscritos:

PtoCat	Dorsal	Nombre
1	344	MARÍA JESÚS GESTIDO RODRÍGUEZ
2	14	ISABEL SÁEZ BATALLÁN
3	181	FELICIDAD LÓPEZ ARNAU
4	157	PURIFICACION FERNANDEZ CAMPOS
5	85	INES PAPIN ESTEVEZ
6	307	SONIA MARIA AGRASAR BARRAL
7	404	ANA BELÉN FERREIRO GONZÁLEZ
8	45	MARIA ELENA MIGUENS OTERO
9	420	MONTSE FERNÁNDEZ RAMOS
10	81	MARÍA MONTSERRAT FERNÁNDEZ SABURIDO
11	336	MARIA PILAR ORGEIRA REY
12	389	MARIA IGLESIAS RODRIGUEZ
13	414	ROSA GUTIERREZ MOUGAN
14	503	PURI LÓPEZ PRESEDO

00:41:10	00:04:20	00:41:01	00:04:20	00:05:19	00:26:47			A CORUÑA
00:41:11	00:04:21	00:41:06	00:04:20	00:05:00	00:26:55			ORDENES
00:41:18	00:04:21	00:41:09	00:04:20	00:05:09	00:26:34			OROSO
00:41:25	00:04:22	00:41:19	00:04:21	00:05:02	00:26:34			CERCEDA
00:41:27	00:04:22	00:41:11	00:04:21	00:05:33	00:26:58			SANTIAGO DE COMPOSTELA
00:41:38	00:04:23	00:41:28	00:04:22	00:05:23	00:26:47			NOIA
00:41:48	00:04:24	00:41:28	00:04:22	00:05:42	00:27:25			A CORUÑA
00:41:59	00:04:26	00:41:37	00:04:23	00:06:17	00:28:07		AGRUPACION DEPORTIVA ATLETES DE ESTEIRO	ESTEIRO
00:42:02	00:04:26	00:41:50	00:04:25	00:05:39	00:27:28			A CORUÑA
00:42:06	00:04:26	00:41:58	00:04:26	00:05:24	00:27:19			FENE
00:42:10	00:04:27	00:42:01	00:04:26	00:05:17	00:27:24	AG 765586	NOITEBRA FC	SANTIAGO DE COMPOSTELA
00:42:10	00:04:27	00:42:00	00:04:26	00:05:27	00:27:28		CLUB ATLETISMO OLYMPO	PANTIN-VALDOVIÑO
00:42:26	00:04:28	00:42:11	00:04:27	00:05:48	00:28:03			ORDES
00:42:35	00:04:29	00:42:27	00:04:29	00:05:22	00:27:22			ORDES
00:42:37	00:04:30	00:42:23	00:04:28	00:05:32	00:27:23	A-10418	ATLETISMO CORUÑA COMARCA	O MILLADOIRO - AMES
00:42:41	00:04:30	00:42:33	00:04:29	00:05:17	00:27:25	AG 9891	NOITEBRA FC	MILLADOIRO-AMES
00:42:41	00:04:30	00:42:25	00:04:28	00:05:26	00:27:36			SANTIAGO DE COMPOSTELA
00:42:42	00:04:30	00:42:31	00:04:29	00:05:22	00:27:53			A CORUÑA
00:42:44	00:04:30	00:42:31	00:04:29	00:05:38	00:27:58			SANTIAGO DE COMPOSTLEA
00:42:46	00:04:31	00:42:40	00:04:30	00:05:07	00:27:31			A CORUÑA
00:42:52	00:04:31	00:42:35	00:04:29	00:05:50	00:28:04			FRADES
00:42:54	00:04:31	00:42:40	00:04:30	00:05:36	00:28:13			O TEMPLE - CAMBRE
00:42:56	00:04:32	00:42:43	00:04:30	00:05:36	00:28:12			ARTEIXO
00:43:00	00:04:32	00:42:50	00:04:31	00:05:07	00:27:55	AG11256	CLUB ATLETISMO SADA	SADA
00:43:13	00:04:33	00:42:58	00:04:32	00:05:54	00:28:20			OUTES
00:43:17	00:04:34	00:43:05	00:04:33	00:05:32	00:28:24			ARANGA
00:43:33	00:04:36	00:43:20	00:04:34	00:05:27	00:27:56			AMES. MILLADOIRO
00:44:14	00:04:40	00:43:59	00:04:38	00:06:01	00:28:54			CALO (TEO)
00:44:30	00:04:41	00:44:20	00:04:40	00:05:19	00:28:22	1478718		SANTIAGO DE COMPOSTELA
00:45:18	00:04:47	00:44:59	00:04:45	00:06:07	00:29:10			PORTOMOURO
00:45:24	00:04:47	00:45:09	00:04:46	00:05:17	00:28:38			SANTIAGO DE COMPOSTELA
00:45:48	00:04:50	00:45:48	00:04:50					A CORUÑA
00:46:18	00:04:53	00:46:01	00:04:51	00:05:56	00:30:08			A CORUÑA
00:46:21	00:04:53	00:46:02	00:04:51	00:06:27	00:30:50	AG764732	OLIMPICO DE VEDRA	A ESTRADA
00:46:34	00:04:55	00:46:15	00:04:53	00:06:25	00:30:41		ESPRINTES OURENSE	SIGÚEIRO
00:47:02	00:04:57	00:46:46	00:04:56	00:05:50	00:30:22			VIGO
00:47:33	00:05:01	00:47:15	00:04:59	00:06:14	00:31:25			ORDES
00:47:35	00:05:01	00:47:30	00:05:00	00:06:11	00:30:58			SANTIAGO
00:48:53	00:05:09	00:48:35	00:05:07	00:06:03	00:31:40			MILLADOIRO
00:50:40	00:05:20	00:50:15	00:05:18	00:06:39	00:32:56			BETANZOS
00:54:15	00:05:43	00:54:01	00:05:42	00:06:47	00:35:39		ATLETISMO SAR - A POUTADA	PADRON

19 Llegados:

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:33:42	00:03:33	00:33:42	00:03:33	00:04:07	00:21:44	GA-10571		CANGAS DE MORRAZO
00:37:24	00:03:57	00:37:21	00:03:56	00:04:36	00:23:56		ATLETISMO A ESTRADA	A ESTRADA
00:39:27	00:04:10	00:39:25	00:04:09	00:04:44	00:25:27			A CORUÑA
00:39:47	00:04:12	00:39:41	00:04:11	00:04:56	00:25:47			BERGONDO
00:42:04	00:04:26	00:41:53	00:04:25	00:05:36	00:27:39	AG765854	CLUB ATLETISMO SADA	CAMBRE
00:42:43	00:04:30	00:42:31	00:04:29	00:05:17	00:27:31	AG-766076	ATLETISMO SAR - A POUTADA	PADRON
00:43:07	00:04:33	00:43:07	00:04:33					ORDES
00:43:16	00:04:34	00:43:08	00:04:33	00:05:22	00:28:05	AG-766075	ATLETISMO SAR - A POUTADA	PADRON
00:43:32	00:04:35	00:43:21	00:04:34	00:05:36	00:28:15	AG11336	CLUB ATLETISMO SADA	SADA
00:43:41	00:04:36	00:43:36	00:04:36	00:05:25	00:28:25	AG766781	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
00:47:14	00:04:59	00:47:00	00:04:57	00:05:54	00:30:42			TORDOIA
00:47:30	00:05:00	00:47:30	00:05:00					VILARRODIS - ARTEIXO
00:48:14	00:05:05	00:47:58	00:05:03	00:06:36	00:31:50			SANTIAGO DE COMPOSTELA
00:48:59	00:05:10	00:48:47	00:05:09	00:06:03	00:31:30			ORDES

15	402 ROSA DE LA CÁMARA
16	69 BEATRIZ CHOUCIÑO TRIGO
17	410 CAROLINA REYES MARTÍNEZ

00:49:27	00:05:13	00:49:11	00:05:11	00:06:20	00:32:01			SANTIAGO DE COMPOSTELA
00:50:39	00:05:20	00:50:15	00:05:18	00:06:36	00:33:11	AG765591	C.D.EGOVARROS-VIVEIRO	CULLEREDO
00:55:35	00:05:52	00:55:19	00:05:50	00:06:48	00:35:56			SANTIAGO DE COMPOSTELA

VTBM VETERANOS Inscritos:

PtoCat	Dorsal	Nombre
1	75	SAMUEL VEIGA IGLESIAS
2	321	CARLOS PIÑEIRO RIVAS
3	67	VICTOR SANDE CHARLON
4	49	JAVIER SÁNCHEZ PRIETO
5	315	FRANCISCO PAZOS CAMPOS
6	83	JUAN LUIS GÓMEZ DEL RIO
7	15	JOSÉ LUIS BOUZA FREIRE
8	80	SANTIAGO VÁZQUEZ COLLAZO
9	179	JOSÉ MANUEL GONZÁLEZ SANTAMARÍA
10	65	JOSÉ SUAREZ LEIS
11	133	RAMON COLLAZO MOSQUERA
12	87	JOSÉ ANTONIO MARTÍNEZ GARCÍA
13	161	ALFONSO GARCIA BELLO
14	100	DANIEL BECERRA RODRIGUEZ
15	66	JUAN MENÉNDEZ ARBESÚ
16	169	SANTIAGO GARCIA BELLO
17	112	JOSÉ RAMON ABEL SUAREZ
18	121	EMILIO MEDINA JIMÉNEZ
19	118	ANTONIO GARCIA BELLO
20	13	JOAQUÍN BARREIRO TATO
21	70	LUIS MARCELO BELLO GOMEZ
22	99	RAMON ALENDE CEA
23	398	JESUS BALEATO PENSADO
24	53	XESUS M. RODRIGUEZ CARRIL
25	365	SEGUNDO DOMINGUEZ ALSINA
26	198	MARIO CAL VARELA
27	117	JAVIER RIO RODRIGUEZ
28	359	JESUS GARABATO GRELA
29	127	ANTONIO JUNCAL COSTA
30	192	ROGELIO MANUEL PEREZ MIÑONES
31	422	MARCELINO CASTRO PENA
32	142	JESUS PEREZ BALIRAC
33	191	XOSÉ MANUEL CAMBÓN ARCEO
34	418	XULIO LOUREIRO GONZALEZ
35	163	JUAN PEDRO VIGO SANZ
36	182	DANIEL OTERO CEPEDA
37	156	GONZALO ALVAREZ PRADO
38	138	JOSÉ LUIS ÁLVAREZ VIDAL
39	303	FERNANDO SUAREZ CARRIL
40	502	XOSE MANUEL LISTE PIÑEIRO
41	61	JOSE MARIA BREA SANCHEZ
42	396	FRANCISCO DIAZ RODRIGUEZ

VTBF VETERANAS Inscritos:

PtoCat	Dorsal	Nombre
1	12	CELINA RODRIGUEZ SOBRINO
2	36	LUISA CALVO GERMALES
3	382	MARIA INES CUADRADO LOPEZ

VTM VETERANOS Inscritos:

PtoCat	Dorsal	Nombre
1	335	RAMIRO PÉREZ PEREIRA

46 Llegados: 42

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:31:49	00:03:21	00:31:47	00:03:21	00:04:06	00:20:48	AG 9798	CLUB ATLETISMO MILLADOIRO	MILLADOIRO
00:32:03	00:03:23	00:32:03	00:03:23	00:03:56	00:20:43		SOCIEDAD GIMNASTICA DE PONTEVEDRA	FERROL
00:32:07	00:03:23	00:32:06	00:03:23	00:04:00	00:20:41		C.D.EGOVARROS-VIVEIRO	NARON
00:33:20	00:03:31	00:33:17	00:03:31	00:04:05	00:21:30	AG-766080	ATLETISMO SAR - A POUTADA	MERA - OLEIROS
00:34:01	00:03:35	00:34:00	00:03:35	00:04:03	00:21:54	AG 767359	CLUB SAN MIGUEL DE MARÍN	VILAGARCIA
00:35:06	00:03:42	00:34:59	00:03:41	00:04:27	00:22:31		CLUB ATLETISMO RIBADEO	RIBADEO
00:35:20	00:03:44	00:35:17	00:03:43	00:04:20	00:22:46	GA-17180	ATLETISMO AFFLELOU NARON	FERROL
00:35:23	00:03:44	00:35:18	00:03:43	00:04:41	00:23:19	A-10894	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
00:35:41	00:03:46	00:35:39	00:03:46	00:04:17	00:22:51			BOIRO
00:35:49	00:03:47	00:35:41	00:03:46	00:05:01	00:23:43	AG-766580	C.A. BOIMORTO	A BAÑA
00:36:27	00:03:51	00:36:25	00:03:50	00:04:23	00:23:46			SANTIAGO DE COMPOSTELA
00:36:46	00:03:53	00:36:39	00:03:52	00:04:42	00:24:02	AG764746	CLUB ATLETISMO SADA	OLEIROS
00:36:47	00:03:53	00:36:46	00:03:53	00:04:37	00:23:49			CAMBRE
00:37:06	00:03:55	00:37:02	00:03:54	00:04:42	00:23:48	AG 763846	NOITEBRA FC	SANTIAGO DE COMPOSTELA
00:38:09	00:04:01	00:37:45	00:03:59	00:05:31	00:25:10	20433	C.D.EGOVARROS-VIVEIRO	O BURGO
00:38:29	00:04:04	00:38:25	00:04:03	00:04:46	00:24:52			CAMBRE
00:38:36	00:04:04	00:38:29	00:04:03	00:05:02	00:25:17	AG 11137	NOITEBRA FC	TEO
00:39:26	00:04:10	00:39:17	00:04:09	00:05:05	00:25:37	AG 766109	USC	ORTOÑO. AMES
00:39:43	00:04:11	00:39:39	00:04:11	00:04:59	00:25:44		TRASNOS CORUÑA	EL TEMPLE
00:39:45	00:04:11	00:39:30	00:04:10	00:05:27	00:25:51	AG766856	ATLETISMO A ESTRADA	A ESTRADA
00:39:58	00:04:13	00:39:47	00:04:12	00:05:18	00:25:58		C.D.EGOVARROS-VIVEIRO	VILABOA CULLEREDO
00:42:18	00:04:28	00:42:10	00:04:27	00:05:16	00:27:26	AG 765588	NOITEBRA FC	SANTIAGO DE COMPOSTELA
00:43:08	00:04:33	00:42:52	00:04:31	00:05:43	00:28:05			VAL DO DUBRA
00:44:01	00:04:38	00:43:48	00:04:37	00:05:51	00:28:46	AG-766068	ATLETISMO SAR - A POUTADA	PONTECESURES
00:44:24	00:04:41	00:44:20	00:04:40	00:05:00	00:28:18			OROSO
00:44:26	00:04:41	00:44:12	00:04:40	00:05:41	00:28:44			BERTAMIRÁNS
00:44:59	00:04:45	00:44:52	00:04:44	00:05:30	00:29:28		RUNNERS CARBALLO	CARBALLO
00:45:12	00:04:46	00:44:57	00:04:44	00:05:50	00:29:19			DEIXEBRE
00:45:18	00:04:47	00:44:59	00:04:45	00:06:07	00:29:09			PORTOMOURO
00:45:26	00:04:47	00:45:11	00:04:46	00:05:37	00:28:53			A CORUÑA
00:45:49	00:04:50	00:45:29	00:04:48	00:06:16	00:29:34		FEFEME TRIATLON	O CORGO
00:46:15	00:04:53	00:45:56	00:04:51	00:06:26	00:30:40			SANTIAGO DE COMPOSTELA
00:46:16	00:04:53	00:46:04	00:04:51	00:05:51	00:30:11			A CORUÑA
00:46:22	00:04:53	00:45:58	00:04:51	00:06:39	00:31:03			ABEGONDO
00:46:23	00:04:53	00:46:16	00:04:53	00:05:31	00:29:29			SANTIAGO DE COMPOSTELA
00:46:42	00:04:55	00:46:33	00:04:54	00:05:44	00:30:24			SANTIAGO
00:47:00	00:04:57	00:46:53	00:04:57	00:05:30	00:30:43			ORDES
00:47:37	00:05:01	00:47:20	00:04:59	00:06:12	00:30:57			A CORUÑA
00:47:45	00:05:02	00:47:22	00:05:00	00:06:36	00:31:46		AS MARIÑAS	BETANZOS
00:48:59	00:05:10	00:48:48	00:05:09	00:06:03	00:31:30		INSTALACIONS LISTE	SANTIAGO DE COMPOSTELA
00:53:39	00:05:39	00:53:16	00:05:37	00:07:17	00:35:43	AG-764347	C.A. BOIMORTO	A CORUÑA
00:53:47	00:05:40	00:53:27	00:05:38	00:06:30	00:34:24			CAMBRE

4 Llegados: 3

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:46:47	00:04:56	00:46:40	00:04:55	00:05:44	00:30:04	AG 766311	ATLETISMO +9 MORAÑA	MORAÑA
00:55:23	00:05:50	00:55:10	00:05:49	00:07:03	00:35:44		ATLETISMO ORDES	ORDES
01:10:57	00:07:29	01:10:47	00:07:28	00:08:02	00:46:32			OLEIROS

26 Llegados: 24

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:34:44	00:03:40	00:34:40	00:03:39	00:04:20	00:22:31			SOLLÁNS, TEO

2	30	XOSE MANUEL MALVIDO CARRILLO
3	72	XOAN RAMÓN FERNÁNDEZ GARRIDO
4	346	JOSE REY CAMIÑO
5	150	JOSE MANUEL DOPICO SOTO
6	505	PRIMITIVO RAMA BLANCO
7	33	JOSE LUIS RODRIGUEZ DEL RIO
8	7	FRANCISCO LUIS CAAMAÑO RAMA
9	8	XOSÉ ENRIQUE PUJALES MARTÍNEZ
10	308	ANTONIO CABANA OROSA
11	11	MANUEL CALVO GERARDI
12	203	JOSE ANTONIO MÉNDEZ PAMPÍN
13	62	JESUS RAÑA PLATAS
14	356	JOSE LUIS ASENSIO RAMIL
15	68	FERNANDO RAMOS MORENO
16	141	MIGUEL ARIAS SANCHEZ
17	197	JOSE LUIS LEÓN LÓPEZ
18	34	MANUEL RAÑA PREGO
19	44	AGUSTIN PEREZ CARUNCHO
20	140	MANUEL VILAS ABELENDA
21	167	JESUS MONTERO LAGO
22	177	BORJA GARCIA CUESTA
23	381	ANTONIO PRESEDO VARELA
24	385	JOSÉ NEIRA HERMIDA

00:37:41	00:03:58	00:37:33	00:03:58	00:05:01	00:24:29	A-9758	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
00:38:56	00:04:06	00:38:49	00:04:06	00:05:14	00:25:41	AG 8009	CLUB ATLETISMO MILLADOIRO	VIMIANZO
00:38:56	00:04:06	00:38:50	00:04:06	00:04:58	00:25:15			VIMIANZO
00:39:30	00:04:10	00:39:26	00:04:09	00:04:54	00:25:46			NEDA
00:39:45	00:04:12	00:39:40	00:04:11	00:04:47	00:25:47			SANTIAGO DE COMPOSTELA
00:40:01	00:04:13	00:39:50	00:04:12	00:05:26	00:26:05		ATLETISMO ORDES	ORDES
00:42:19	00:04:28	00:42:12	00:04:27	00:05:24	00:27:17	A6547	AGRUPACION DEPORTIVA ATLETES DE ESTEIRO	ESTEIRO (MUROS)
00:42:51	00:04:31	00:42:38	00:04:30	00:05:34	00:27:58	A8791	ALEJANDRO GÓMEZ-ACADE	A CORUÑA
00:43:09	00:04:33	00:42:59	00:04:32	00:05:34	00:28:10		C.D.EGOVARROS-VIVEIRO	FERROL
00:44:14	00:04:40	00:44:08	00:04:39	00:05:23	00:28:33	AG 766312	ATLETISMO +9 MORAÑA	MORAÑA
00:44:25	00:04:41	00:44:21	00:04:41	00:05:15	00:27:54			LA CORUÑA
00:44:45	00:04:43	00:44:41	00:04:43	00:05:23	00:28:55	AG-764360	C.A. BOIMORTO	SANTIAGO DE COMPOSTELA
00:45:24	00:04:47	00:45:19	00:04:47	00:05:45	00:29:49			BERTAMIRANS
00:46:08	00:04:52	00:45:57	00:04:51	00:05:46	00:29:48	GA764209	C.D.EGOVARROS-VIVEIRO	SANTIAGO DE COMPOSTELA
00:46:18	00:04:53	00:45:58	00:04:51	00:06:16	00:29:50			LUGO
00:47:04	00:04:58	00:46:52	00:04:56	00:05:54	00:30:33			AMES
00:47:51	00:05:03	00:47:40	00:05:02	00:06:14	00:31:43		ATLETISMO ORDES	ORDES
00:50:05	00:05:17	00:49:47	00:05:15	00:06:30	00:32:51		ATLETISMO SAR - A POUTADA	PADRON
00:50:33	00:05:20	00:50:16	00:05:18	00:06:34	00:33:12			CEE
00:50:40	00:05:20	00:50:24	00:05:19	00:06:42	00:33:10			CAMBRE
00:52:57	00:05:35	00:52:42	00:05:33	00:06:41	00:34:34			LA CORUÑA
00:59:54	00:06:19	00:59:33	00:06:17	00:07:27	00:38:58			A CORUÑA
01:06:57	00:07:03	01:06:53	00:07:03	00:07:24	00:41:46			RIANXO

VTCF VETERANAS Insritos:

PtoCat	Dorsal	Nombre
1	39	MARICARMEN RODRÍGUEZ DEL RÍO
2	37	LINA FUENTES NOYA
3	71	FRANCISCA ROMASANTA PARADA

4 Llegados:

3

T_Oficial	RitmoKm	T_Real	RitKmReal	Paso 1	Control	Licencia	Club	Localidad
00:47:03	00:04:58	00:46:53	00:04:57	00:05:58	00:30:17		ATLETISMO ORDES	SANTIAGO DE COMPOSTELA
00:53:07	00:05:36	00:53:03	00:05:35	00:05:56	00:34:11		ATLETISMO ORDES	A CORUÑA
00:53:29	00:05:38	00:53:18	00:05:37	00:06:44	00:34:52		C.D.EGOVARROS-VIVEIRO	SADA

XVIII CARREIRA POPULAR DO CONCELLO DE ORDES, Ordes 09/06/2013

Proba Absoluta. Distancia: 9.500 m

PREMIO EN METÁLICO AOS TRES PRIMEIROS CLUBES FEDERADOS

1 ATLETISMO ! Llegados: 14 Puntos 4 pr 39

Pto	Dorsal	Nombre	Club	Puntos
3	1	RUBEN CAAMAÑO NIETO	ATLET	3
10	50	FELIPE MIGUENS GASAMANES	ATLET	10
12	43	ALBERTO ALVAREZ BENDAÑA	ATLET	12
14	48	ISMAEL BOUZAS REY	ATLET	14

2 CLUB MARIN Llegados: 6 Puntos 4 pr 83

Pto	Dorsal	Nombre	Club	Puntos
8	317	DIEGO CRESPO NAYA	CLUB	8
11	90	ADRIÁN MORENO RAMIL	CLUB	11
18	313	ABDELAZIZ FATHI	CLUB	18
46	314	DAVID EIROA DIAZ	CLUB	46

3 CLUB ATLETI! Llegados: 8 Puntos 4 pr 104

Pto	Dorsal	Nombre	Club	Puntos
9	75	SAMUEL VEIGA IGLESIAS	CLUB	9
16	311	ROBERTO CANEDA GUEDE	CLUB	16
17	501	MIGUEL CABO VILLAVERVE	CLUB	17
62	310	JOSE MANUEL GARCIA ESTEVEZ	CLUB	62

4 ATLETISMO (Llegados: 7 Puntos 4 pr 110

Pto	Dorsal	Nombre	Club	Puntos
7	19	JAVIER TOURÍS FORNOS	ATLET	7

19	155	JOSE ANTONIO RECOUSO CAAMAÑO	ATLET	19
20	17	JESUS Mª ALVAREZ RODRIGUEZ	ATLET	20
64	305	CARLA MERAYO LÓPEZ	ATLET	64

5 NOITEBRA F(Llegados:				13 Puntos 4 pr	207
Pto	Dorsal	Nombre	Club	Puntos	
	34	110 JOSE CARLOS BUJAN OTERO	NOITE	34	
	56	109 OSCAR VALLE LOPEZ	NOITE	56	
	58	104 MIGUEL ANXO NOGUEIRA PÉREZ	NOITE	58	
	59	421 JORGE MANUEL GARCIA RODRIGUEZ	NOITE	59	

6 CLUB ATLETI(Llegados:				6 Puntos 4 pr	411
Pto	Dorsal	Nombre	Club	Puntos	
	66	84 ROBERTO GARCÍA PAZOS	CLUB	66	
	78	87 JOSÉ ANTONIO MARTÍNEZ GARCÍA	CLUB	78	
	91	312 FRANCISCO JAVIER GARCÍA BARREIRO	CLUB	91	
	176	85 INES PAPIN ESTEVEZ	CLUB	176	

XVIII CARREIRA POPULAR DO CONCELLO DE ORDES, Ordes 09/06/2013

Proba Absoluta. Distancia: 9.500 m

PREMIO EN METÁLICO AOS 3 PRIMEIROS GRUPOS DO MUNICIPIO

1 CORRECAMI(Llegados:				8 Puntos 4 pr	329
Pto	Dorsal	Nombre	Club	Puntos	
	5	393 DAVID SANTOS DOMINGUEZ	CORRI	5	
	36	124 JUAN CARLOS MARTINEZ VALVERDE	CORRI	36	
	136	354 JESÚS CASAS BOQUETE	CORRI	136	
	152	377 JUAN CASEIRO PALACIOS	CORRI	152	

2 COYOTE Llegados:				8 Puntos 4 pr	461
Pto	Dorsal	Nombre	Club	Puntos	
	30	122 CARLOS FERNANDEZ VILLAVERDE	COYO'	30	
	137	123 XOSE MANUEL BOQUETE CASAS	COYO'	137	
	140	38 ESTEBAN CASTROMIL SUAREZ	COYO'	140	
	154	330 ANTONIO MOSQUERA VALIÑO	COYO'	154	

3 ATLETISMO (Llegados:				7 Puntos 4 pr	466
Pto	Dorsal	Nombre	Club	Puntos	
	6	4 JOSÉ ALFREDO AMADO GONZÁLEZ	ATLET	6	
	55	324 MARCOS MATABUENA RODRÍGUEZ	ATLET	55	
	150	33 JOSE LUIS RODRIGUEZ DEL RIO	ATLET	150	
	255	39 MARICARMEN RODRÍGUEZ DEL RÍO	ATLET	255	



XVIII CARREIRA POPULAR CONCELLO DE ORDES

09/06/13

**Concello de
ORDES**

XERAL INFANTIL - CADETE

DISTANCIA 3 KM

POSTO	ORSA	APELIDOS	NOME	ANO	CLUBE	LICEN.	CAT	LUGAR	TEMPO	MEDIA
1	825	Ramos Rey	Arturo	05-05-00	Club atletismo milladoiro		IH	santa comba	10.16	3:25
2	856	Del Río Pena	Luís	24-05-98			CH	Santiago	10.20	3:27
3	845	Fathallah	Mohamed	06-01-98			CH	ORDES	10.50	3:37
4	850	Martinez Villaverde	Alberto	14-05-98			CH	ORDES	10.50	3:37
5	852	Redondo Garcia	Jose Ramon	29-04-98	LETISMO +9 MORAI	AG767533	CH	MORAÑA	11.04	3:41
6	822	Osorio López	Pedro	31-05-00	Afflelou Narón	AG128048	IH	Ferrol	11.16	3:45
7	815	Gesto Sendon	Miguel	20-04-00	ATLETES		IH	MUROS	11.22	3:47
8	812	Farínos Cruz	Álvaro	04-10-01			IH	Muros	11.25	3:48
9	832	Cambeiro Caamaño	Miriam	12-03-00			IM	Noia	11.53	3:58
10	855	Vint	Daniel Gabriel	12-05-98			CH	ORDES	12.10	4:03
11	864	Santana Delgado	Patricia	30-06-98			CM	NEGREIRA	12.11	4:04
12	857	Estevez Ferreiro	Alejandro	09-07-98			CH	ORDES	12.26	4:09
13	846	Fathallah Ettahri	Soufiane	28-03-98			CH	ORDES	12.32	4:11
14	836	Fernandez-Couto Álvarez	Claudia	28-07-01	USC	AG764612	IM	Ames	12.36	4:12
15	839	Rey Abeijón	Antía	21-01-01	D. ATLETES de Esteiro	AG766469	IM	ESTEIRO	12.45	4:15
16	831	Caamaño Rama	Ana	12-02-01	D. ATLETES de Esteiro	AG766481	IM	ESTEIRO	12.47	4:16
17	841	Bartome Garcia	Francisco	16-04-99	LETISMO +9 MORAI	AG767425	CH	MORAÑA	12.48	4:20
18	821	Míguez Fernández	Diego	02-02-00	Club Atletismo Sada	DMF020200	IH	Sada	13.00	4:28
19	819	Lupu	Costi Agustin	27-02-01			IH	ORDES	13.24	4:34
20	862	Garcia Villaverde	Rocio	19-01-99	LETISMO MILLARA	AG764790	CM	ames	13.41	4:43
21	824	Paz González	Lucas	08-02-01			IH	Trazo	14.10	4:46
22	859	Cancela Martinez	Andrea	16-09-99	ATLETICA A SILVA	AG765574	CM	A SILVA	14.17	4:58
23	840	Veiga Vázquez	Ana	03-10-00	USC	AG764555	IM	Milladoiro-Ame	14.53	4:58
24	808	Abal Suarez	Sergio	08-05-00	LETISMO +9 MORAI	AG767424	IH	MORAÑA	14.53	5:35
25	849	Lagares Vázquez	Angel	19-11-99			CH	SIGÜEIRO	16.44	5:36
26	863	Romero Cela	Lucía	04-11-99	A Silva	Ag765287	CM	ordes	16.49	5:37
27	861	Garcia Papin	Sara	05-12-99	UB ATLETISMO SAI		CM	A CORUÑA	16.50	5:44
28	828	Señoris Bargo	Sergio	30-11-00			IH	A CORUÑA	17.13	



XVIII CARREIRA POPULAR CONCELLO DE ORDES

09/06/13



Concello de
ORDES

XERAL BENXAMIN - ALEVIN

DISTANCIA 1 KM

1

POSTO	ORSA	APELIDOS	NOME	ANO	CLUBE	LICEN.	0	LUGAR	TEMPO	MEDIA
1	816	Landeira Sabel	Alejandro	21-01-02			AH	ORDES	3.33	3:33
2	753	Farínos Cruz	Oscar	10-07-03			AH	Muros	3.44	3:44
3	746	Barreiro Rivera	Braixon David	08-08-02	CEIP ADR CASTELAO		AH	Ordes	3.45	3:45
4	707	Canal Piñón	Ephrem	23-12-04			BH	AMES	3.48	3:48
5	755	Garcia Papin	Mario	09-04-03	UB ATLETISMO SADA		AH	A CORUÑA	3.50	3:50
6	765	Souto Figueira	Francisco	08-01-02			AH	ORDES	3.59	3:59
7	722	Quindimil Garaboa	Manuel	19-02-04			BH	ORDES	4.01	4:01
8	713	Fernández-Couto Álvarez	Miguel	06-06-04	USC	AG764609	BH	Ames	4.04	4:04
9	762	Rafai Hamdaoui	Ayoub	07-10-02			AH	ORDES	4.06	4:06
10	751	Corral Mosquera	Daniel	11-08-03	CEIP ADR CASTELAO		AH	Ordes	4.06	4:06
11	748	Carrillo Mendez	Ruben	11-05-02			AH	ordes	4.08	4:08
12	772	Bartome Garcia	Nerea	29-01-03			AM	MORAÑA	4.09	4:09
13	726	Viqueira Castro	Álvaro	16-05-04			BH	ORDES	4.11	4:11
14	782	Eiras Leon	Daniela	11-04-02			AM	Noia	4.15	4:15
15	780	Castro Rey	Noelia	14-12-03	LETISMO MILLARAIO	AG764901	AM	SANTIAGO	4.16	4:18
16	716	Gonzalez Corbelle	Jorge	06-12-04			BH	Ordes	4.18	4:18
17	709	Caneda Pajaro	Martiño	04-05-05	ATLETICA A SILVA		BH	ORDES	4.18	4:25
18	791	López Fernández	Lara	07-06-02			AM	Ordes	4.25	4:25
19	806	Villasenín Bello	Tania	05-05-03			AM	Trazo	4.25	4:25
20	779	Caneda Pajaro	Andrea	02-02-03	ATLETICA A SIVA		AM	ORDES	4.27	4:27
21	712	Farínos Cruz	Uxío	18-01-05			BH	Muros	4.28	4:28
22	797	Pena Ferreiro	María	05-09-03	Atlética A Silva - Orde		AM	Ordes	4.32	4:32
23	801	Redondo Pego	Eva	05-02-03	LETISMO +9 MORAIA	AG767416	AM	MORAÑA	4.36	4:36
24	793	Míguez Fernández	Alba	23-02-03	Club Atletismo Sada	AMF230203	AM	Sada	4.37	4:37
25	710	Castro Rodriguez	Manuel	15-06-04			BH	Ordes	4.37	4:37
26	803	Rey Miguens	Sabela	18-03-02			AM	PADRON	4.41	4:41
27	804	Rey Muiño	Sara	01-12-03			AM	ORDES	4.42	4:42
28	711	Collazo Otero	Francisco	02-12-04			BH	SANTIAGO	4.43	4:43
29	734	Guridi Diéguez	Valeria Batire	22-01-05	Millaraio	AG764904	BM	Oroso	4.45	4:45
30	730	Codesido Fernandez	Laura	15-04-05			BM	Trazo	4.47	4:47
31	743	Suárez Mosquera	Eliana	25-01-04			BM	ORDES	4.47	4:47
32	788	Iglesias Mirás	Diana	07-03-02			AM	ORDES	4.50	4:50
33	781	Duque Ramirez	Luna Sofia	18-11-02	LETISMO +9 MORAIA	AG767423	AM	MORAÑA	4.50	4:50
34	789	Lavandeira Cajide	Antia	23-08-02			AM	0	4.54	4:50
35	802	Rey Gende	Lucía	26-05-03	CEIP ADR CASTELAO		AM	Ordes	4.55	4:55
36	798	Pena Taboada	Mara	20-09-03			AM	ORDES	4.59	4:59

37	805	Rodríguez Ditamo	Maria Jose	18-07-03			AM	Ordes	4.59	4:59
38	739	Rey Miguens	Mariña	18-12-05			BM	PADRON	5.10	5:10
39	795	Montes Camba	Ana	24-05-02			AM	ORDES	5.10	5:10
40	774	Bermúdez Vázquez	Verónica	11-09-03	CEIP ADR CASTELAO		AM	Ordes	5.11	5:11
41	732	Fernandez Liste	Carmen	14-06-04			BM	Ordes	5.18	5:18
42	727	Aneiros Souto	Celia	22-11-04			BM	ORDES	5.30	5:30
43	740	Rodríguez Mata	Diana	25-02-05			BM	ORDES	5.47	5:47
44	720	Miranda Viqueira	Martín	05-03-04			BH	ORDES	5.20	5:20
45	744	Vázquez Casas	Uxía	26-09-05			BM	OROSO	5.52	5:52



XVIII CARREIRA POPULAR CONCELLO DE ORDES

09/06/13



Concello de
ORDES

XERAL PREBENXAMIN

DISTANCIA 0,5 KM

POSTO	ORSA	APELIDOS	NOME	ANO	CLUBE	LICEN.	0	LUGAR	TEMPO	MEDIA
1	681	Rodriguez Sanchez	Diego	19-01-06			PBH	LUGO	2,01	4:02
2	658	Codesido Fernandez	Pablo	10-11-06			PBH	TRAZO	2,08	4:16
3	656	Casas Gómez	Saúl	28-10-06			PBH	ORDES	2,09	4:18
4	688	Dodman	Sofia	14-05-06			PBM	Teo	2,11	4:22
5	653	Boudjenane Liñares	Mateo	26-03-06			PBH	ORDES	2,11	4:22
6	650	Agra Boquete	Alonso	24-07-06			PBH	Santiago	2,18	4:36
7	651	Barreiro Rivera	Anxo	01-07-06	CEIP ADR CASTELAO		PBH	Ordes	2,19	4:38
8	649	Abal Suarez	Alejandro	08-07-06			PBH	MORAÑA	2,24	4:48
9	665	López Rodríguez	Gabriel	24-08-06			PBH	ORDES	2,28	4:56
10	654	Calvo García	Lucas	21-07-06			PBH	ORDES	2,29	4:58
11	659	Do Rio Couto	Mauro	04-05-07			PBH	ORDES	2,35	5:10
12	691	Gende Iglesias	Candela	25-05-07			PBM	ORDES	2,35	5:10
13	661	Franqueira Costa	Anxo	20-07-07			PBH	ORDES	2,36	5:12
14	683	Senra Barrantes	Sergio	16-01-06			PBH	SIGUEIRO	2,38	5:16
15	677	Regos Gomez	Raul	23-02-06			PBH	ORDES	2,40	5:22
16	675	Piñeiro Castro	Nicolás	14-11-06			PBH	Milladoiro	2,41	5:22
17	663	Gude Herves	Raul	31-12-07			PBH	ORDES	2,41	5:30
18	668	Montoto Suárez	Pablo	15-02-07			PBH	ORDES	2,45	5:36
19	676	Recarey Robles	Jorge	30-04-07			PBH	Deixebre	2,48	5:36
20	694	López-Larrosa Sánchez	Silvana	18-07-07			PBM	Mera-Oleiros	2,48	5:36
21	696	Orjales Pena	Andrea	04-01-06			PBM	ORDES	2,51	5:42
22	689	Feijo Jijirei	Sara	21-12-06			PBM	ORDES	2,56	5:52
23	695	Muiño Regos	Alicia	16-11-07			PBM	ORDES	2,57	5:54
24	669	Muiño Duarte	Jesus Daniel	22-01-06			PBH	ORDES	3,00	6:00
25	701	Quiroga Lamas	Marina	23-01-06			PBM	ORDES	3,01	6:02
26	704	Viqueira Pose	Abril	11-02-06			PBM	ORDES	3,01	6:02
27	690	Gende Iglesias	Xiana	25-05-07			PBM	ORDES	3,02	6:04
28	702	Regos Pereiro	Ana	20-03-07			PBM	ORDES	3,03	6:06
29	682	Seguí Lopes	Adrián	30-11-07			PBH	Arteixo	3,09	6:18
30	693	Levosó Gomez	Carmen Sol	05-01-07			PBM	A CORUÑA	3,19	6:38
31	664	López Boo	Pedro	15-01-07			PBH	Sigueiro	3,33	7:06
32	687	Darriba López	Nicole	20-07-07			PBM	A Coruña	3,42	7:24
33	868	Rodríguez Mata	Alonso	05-06-06			PBH	ORDES	3,43	7:26
34	697	Otero Liste	Carla	27-05-06			PBM	ORDES	3,44	7:26



XVIII CARREIRA POPULAR CONCELLO DE ORDES

09/06/13

**Concello de
ORDES**

XERAL BABY

DISTANCIA 0,5 KM

POSTO	ORSA	APELIDOS	NOME	ANO	CLUBE	LICEN.	0	LUGAR	TEMPO	MEDIA
1	605	Couselo Fernández	Alejandro	31-05-08			BBH	Ordenes	2.36	5:12
2	625	Zirani Elharfi	Asmaa	16-02-08	coruña comarca		BBH	A Coruña	2.48	5:36
3	619	Redondo Pego	Dario	15-02-08			BBH	MORAÑA	2.58	5:56
4	613	Labandeira Vázquez	Raul	09-09-08			BBH	ORDES	2.59	5:58
5	866	Pardo Cantero	Samuel	08-10-08			BBH	Ordes	3.10	6:20
6	640	Rey Prego	Aynara	11-01-08			BBM	La Coruña	3.13	6:26
7	643	Souto López	Vega	19-06-08			BBM	ORDES	3.17	6:34
8	641	Rivas Gonzalez	Sofia	09-07-08			BBM	LA CORUÑA	3.16	6:32
9	633	Figueira Mosquera	Dunia	23-08-08			BBM	ORDES	3.13	6:26
10	622	Tarrio Rios	Leonel	11-05-09			BBH	ORDES	3.18	6:36
11	610	Fraga Costa	Brais	06-05-09			BBH	Ordes	3.23	6:46
12	667	Miranda Viqueira	Ángel	10-08-07			PBH	ORDES	3.31	7:02
13	608	Fernández Riveira	Samuel	07-11-09			BBH	ORDES	3.44	7:28
14	607	Fernandez Liste	Diego	01-02-09			BBH	Ordes	3.44	7:28
15	867	Garcia Seijo	Xiana	18-10-08			BBM	O Pino	3.46	7:38
16	615	Mirás Agrelo	Ángel	02-06-09			BBH	SANTIAGO	3.49	7:38
17	603	Collazo Otero	Raul	02-10-09			BBH	SANTIAGO	3.49	7:38
18	620	Regos Pereiro	Mateo	14-11-10			BBH	ORDES	3.49	8:10
19	632	Feijoo Jijirei	María	07-12-08			BBM	ORDES	4.05	8:10
20	626	Candal Regueira	Sabela	10-03-09			BBM	ORDES	4.07	8:14
21	636	López Fernández	Xiana	17-03-09			BBM	Ordes	4.07	8:14
22	602	Casas Gómez	Mateo	11-03-10			BBH	ORDES	4.12	8:24
23	645	Tato Agra	Claudia	07-06-09			BBM	SANTIAGO	4.19	8:38
24	627	Carrillo Mendez	Sara	10-08-09			BBM	ORDES	4.20	8:40
25	601	Calviño Ferreiro	Samuel	29-12-09			BBH	ORDES	4.23	8:46
26	630	Do Rio Couto	Xiana	03-12-09			BBM	ORDES	4.36	9:12
27	647	Villar Alvite	Lola	20-11-10			BBM	SANTIAGO	4.46	9:32
28	635	Gude Herves	Sofia	27-11-11			BBM	ORDES	4.59	9:58
29	614	López Rodríguez	Yael	12-04-11			BBH	ORDES	5.20	10:40
30	624	Zirani	Yahya	23-01-11			BBH	A Coruña	5.40	11:20
31	612	García Seijo	Alexandre	28-02-12			BBH	O PINO	5.58	11:56