

CAMPIONATO GALEGO DE MEDIA MARATON POPULAR A CORUÑA CORUÑA 21, A Coruña 15/05/2011

CLASIFICACION XERAL

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	Km 3	PortaReal_1	Km 7,1	Km 10	PortaReal_2	Km 14,1	Km 17	PortaReal_3	Licencia	Club
1	2	MANUEL HURTADO SANJURJO		SNM- 1	1:07:59	0:03:14	1:07:59	0:09:41	0:20:30	0:22:33	0:32:09	0:43:19	0:45:30	0:54:46	1:06:09	GA-14652	OURENSE ATLETISMO ACADEMIA POSTAL
2	2007	CARLOS VILLAMOR CASTIÑEIRA		SNM- 2	1:08:16	0:03:15	1:08:15	0:09:32	0:20:23	0:22:32	0:32:09	0:43:19	0:45:30	0:54:46	1:06:09	15205-GA	Sociedad Gimnástica de Pontevedra
3	1903	ELÍAS SALVADOR DOMÍNGUEZ CABRAL		VTAM- 1	1:09:54	0:03:19	1:09:54	0:09:32	0:20:30	0:22:39	0:32:33	0:44:06	0:46:20	0:56:16	1:07:48	Ga 17488	Club de Corredores Vig-Bay
4	2008	JOSE ANTONIO RAMALLO REBOREDO		SNM- 3	1:11:41	0:03:24	1:11:41	0:09:46	0:21:25	0:23:38	0:33:37	0:45:17	0:47:33	0:57:32	1:09:27	Ga-12398	Sociedad Gimnástica de Pontevedra
5	1949	ALVARO PRIETO FERVENZA		SNM- 4	1:12:06	0:03:26	1:12:06	0:09:50	0:21:25	0:23:39	0:33:37	0:45:17	0:47:33	0:57:41	1:09:50	fv-362	eamj Fuerteventura
6	1705	JOSE MANUEL FERNANDEZ MARQUEZ		VTBM- 1	1:12:14	0:03:26	1:12:14	0:10:05	0:21:44	0:23:59	0:33:57	0:45:40	0:47:58	0:58:06	1:09:58	19833	ADAS
7	1937	ANTONIO SOBRADO FERNÁNDEZ		VTBM- 2	1:13:16	0:03:29	1:13:15	0:10:06	0:21:51	0:24:07	0:34:12	0:46:12	0:48:30	0:58:52	1:11:01	GA - 19700	Comesaña Sporting Club
8	1883	CARLOS CASAL PEREZ		VTAM- 2	1:13:23	0:03:29	1:13:22	0:10:06	0:21:47	0:24:06	0:34:30	0:46:38	0:48:57	0:59:15	1:11:13	a-5751	CLUB ATLETISMO OLIVEIRA
9	721	GUSTAVO SILVAN SILVAN		VTAM- 3	1:13:24	0:03:29	1:13:24	0:10:06	0:21:47	0:24:06	0:34:14	0:46:26	0:48:46	0:59:15	1:11:13	LE-3815	SPORT LIFE
10	317	JUAN MANUEL MENDEZ ESTEVEZ		VTMCM- 1	1:13:38	0:03:30	1:13:36	0:10:25	0:22:04	0:24:20	0:34:27	0:46:25	0:48:43	0:59:05	1:11:17		
11	1941	CARLOS CARRERA MORANA		SNM- 5	1:13:41	0:03:30	1:13:41	0:10:12	0:22:03	0:24:21	0:34:42	0:46:37	0:48:58	0:59:16	1:11:24		Comesaña Sporting Club
12	1998	JORGE CRESPO ARIAS		SNM- 6	1:13:48	0:03:30	1:13:47	0:10:06	0:21:51	0:24:09	0:34:29	0:46:38	0:48:57	0:59:20	1:11:37	A-9944	Sar A Poutada
13	1849	MANUEL OLIVER PEREZ LOPEZ		VTAM- 4	1:15:06	0:03:34	1:15:06	0:09:50	0:21:33	0:23:51	0:34:03	0:46:06	0:48:28	1:00:13	1:12:45	GA-20506	CLUB ATLETISMO CORUÑA COMARCA
14	2004	XABIER DÍAZ FERNÁNDEZ		VTAM- 5	1:15:29	0:03:35	1:15:27	0:10:06	0:21:48	0:24:06	0:34:20	0:46:41	0:49:05	1:00:09	1:13:08	GA-17661	SF LUCUS CAIXA RURAL GALEGA
15	1858	LUIS ALFONSO NOVO VEIGA		SNM- 7	1:15:36	0:03:35	1:15:35	0:10:33	0:22:46	0:25:08	0:35:36	0:47:52	0:50:13	1:00:47	1:13:18	A-9802	CLUB ATLETISMO CORUÑA COMARCA
16	1766	MANUEL PRIETO DE LA IGLESIA		VTAM- 6	1:15:44	0:03:36	1:15:43	0:10:11	0:22:05	0:24:25	0:34:59	0:47:31	0:49:58	1:00:46	1:13:25	A8413	ATLETISMO PEREIRA
17	1843	JOSE ANTONIO RECOUSO CAAMAÑO		VTAM- 7	1:15:48	0:03:36	1:15:46	0:10:36	0:22:46	0:25:09	0:35:47	0:48:16	0:50:37	1:01:15	1:13:34	A-9763	CLUB ATLETISMO CORUÑA COMARCA
18	748	JOSE ANTONIO ÁLVAREZ OTERO		VTAM- 8	1:15:54	0:03:36	1:15:53	0:10:10	0:22:13	0:24:39	0:35:21	0:47:52	0:50:14	1:00:46	1:13:30		
19	540	ERNESTO BUCETA POUSO		VTBM- 3	1:15:56	0:03:36	1:15:56	0:10:10	0:22:04	0:24:22	0:34:53	0:47:31	0:49:57	1:00:49	1:13:32	GA 20247	AAD BARBANZA
20	2109	OSCAR CES SUAREZ		SNM- 8	1:16:13	0:03:37	1:16:12	0:10:53	0:23:27	0:25:50	0:36:22	0:48:37	0:50:58	1:01:31	1:13:56	A-9887	SAR-A POUTADA
21	539	PEDRO ALEN MIJEZ		VTBM- 4	1:16:18	0:03:37	1:16:16	0:10:36	0:22:46	0:25:08	0:35:36	0:47:51	0:50:14	1:00:49	1:13:43	A7072	A.A SILVA
22	1774	ANXO MACEIRAS LAGO		VTAM- 9	1:16:20	0:03:38	1:16:18	0:10:57	0:23:27	0:25:50	0:36:22	0:48:37	0:50:59	1:01:32	1:13:57	4554	ATLETISMO SAR A POUTADA
23	869	SAMUEL RODRÍGUEZ GÓMEZ		JNM- 1	1:16:32	0:03:38	1:16:32	0:10:12	0:22:04	0:24:21	0:34:51	0:47:31	0:50:02	1:01:25	1:14:14	GA - 16595	Comesaña Sporting Club
24	1832	VICTOR JOSE SANCHEZ PEREZ		SNM- 9	1:16:35	0:03:38	1:16:34	0:10:34	0:22:47	0:25:11	0:35:48	0:48:18	0:50:43	1:01:28	1:14:14		Club Atletismo As Mariñas
25	1850	HIGINIO RODRIGUEZ SOUTO		VTMCM- 2	1:16:53	0:03:39	1:16:51	0:11:15	0:23:35	0:25:58	0:36:36	0:48:54	0:51:16	1:01:59	1:14:35	GA-4011	CLUB ATLETISMO CORUÑA COMARCA
26	671	LUIS MAURICIO LOAIZA JARAMILLO		SNM- 10	1:17:03	0:03:40	1:17:02	0:10:35	0:22:47	0:25:08	0:35:35	0:48:02	0:50:27	1:01:29	1:14:39		E.E. Antonio de Escaño
27	1801	JOSE MANUEL CORRAL LOPEZ		VTAM- 10	1:17:03	0:03:40	1:17:03	0:10:25	0:22:43	0:25:08	0:35:41	0:48:19	0:50:46	1:01:45	1:14:39	GA 19967	C.D.EGOVARROS-VIVEIRO
28	660	MIGUEL ÁNGEL COSTAS IGLESIAS		SNM- 11	1:17:18	0:03:40	1:17:15	0:10:36	0:22:47	0:25:11	0:35:59	0:48:39	0:51:08	1:02:01	1:14:58	A - 8401	Comesaña Sporting Club
29	1898	JOSE ANTONIO VELOSO MIRANDA		VTBM- 5	1:17:20	0:03:40	1:17:20	0:10:25	0:22:48	0:25:13	0:35:53	0:48:38	0:51:07	1:02:00	1:14:59	A-7175	CLUB DE ATLETAS INDEPENDIENTES DE OURENSE
30	1934	JUAN CARLOS BARRO ROCHELA		VTBM- 6	1:17:34	0:03:41	1:17:34	0:10:12	0:22:06	0:24:26	0:35:25	0:48:16	0:50:45	1:02:09	1:15:12	A20546	Clube Atletismo Olympo
31	659	PABLO CARRERA BLANCO		SNM- 12	1:17:55	0:03:42	1:17:55	0:10:34	0:22:50	0:25:13	0:35:53	0:48:33	0:51:01	1:02:11	1:15:25	GA - 19075	Comesaña Sporting Club
32	881	ROBERTO GRANADO SÁNCHEZ		VTBM- 7	1:17:58	0:03:42	1:17:55	0:10:56	0:23:27	0:25:51	0:36:36	0:49:21	0:51:50	1:02:45	1:15:36	S9170	Netto Colindres
33	547	SANTIAGO REY GONZALEZ		VTAM- 11	1:18:28	0:03:44	1:18:28	0:10:22	0:22:42	0:25:08	0:36:02	0:48:52	0:51:23	1:02:44	1:15:57	A8867	ALEJANDRO GOMEZ ADIDAS
34	1874	ANTÓN SANTOS PÉREZ		SNM- 13	1:18:37	0:03:44	1:18:34	0:10:59	0:23:35	0:26:01	0:36:58	0:49:48	0:52:17	1:03:27	1:16:19	A-7648	CLUB ATLETISMO MILLADOIRO (SANTIAGO)
35	1782	JOSE ALVAREZ ALFONSO		VTDM- 1	1:18:46	0:03:45	1:18:45	0:10:56	0:23:26	0:25:52	0:36:37	0:49:22	0:51:52	1:03:03	1:16:15	8230	Atletismo Vigo
36	1750	MARIO LAGO BLANCO		SNM- 14	1:18:54	0:03:45	1:18:46	0:10:57	0:23:35	0:26:01	0:36:59	0:49:48	0:52:18	1:03:28	1:16:34		ATLETISMO MILLADOIRO
37	1865	VÍCTOR DOMARCO GARCÁ-A		SNM- 15	1:18:57	0:03:45	1:18:52	0:11:08	0:23:54	0:26:20	0:37:14	0:49:56	0:52:26	1:03:34	1:16:35	A-9919	CLUB ATLETISMO FONTES DO SAR
38	1800	EMILIO MARTÍNEZ ANTA		VTMCM- 3	1:18:58	0:03:45	1:18:57	0:11:04	0:23:48	0:26:16	0:37:14	0:49:58	0:52:28	1:03:42	1:16:39	GA-20450	C.D.EGOVARROS-VIVEIRO
39	546	CESAR PEREZ GARCIA		SNM- 16	1:19:09	0:03:46	1:19:02	0:11:01	0:23:37	0:26:05	0:36:58	0:49:50	0:52:18	1:03:33	1:16:43		ALEJANDRO GOMEZ ADIDAS
40	1764	JOSE ANGEL SANCHEZ REDONDO		VTBM- 8	1:19:10	0:03:46	1:19:08	0:10:59	0:23:35	0:26:01	0:36:58	0:49:48	0:52:18	1:03:28	1:16:39		ATLETISMO MONTE SEGADE
41	780	JOSE MANUEL TEIJEIRO IGLESIAS		VTAM- 12	1:19:27	0:03:46	1:19:25	0:11:17	0:23:59	0:26:29	0:37:23	0:50:20	0:52:50	1:03:57	1:17:05		
42	294	LUCIANO MALLO PÉREZ		VTMCM- 4	1:19:28	0:03:46	1:19:25	0:10:59	0:23:52	0:26:21	0:37:17	0:50:21	0:52:51	1:04:07	1:17:08		
43	702	ANTONIO FUERTES SAAVEDRA		VTDM- 2	1:19:28	0:03:46	1:19:26	0:10:57	0:23:36	0:26:04	0:37:06	0:50:02	0:52:34	1:03:57	1:17:05	GA-16019	REAL CLUB CELTA ATLETISMO
44	2091	EDUARDO DAPORTA CASTRO		VTAM- 13	1:19:31	0:03:47	1:19:31	0:10:35	0:22:48	0:25:12	0:35:53	0:48:34	0:51:08	1:02:45	1:16:53		CLUB DE ATLETISMO DE CAMBADOS
45	1975	PEDRO PABLO OUTERELO COUSIÑO		VTBM- 9	1:19:45	0:03:47	1:19:41	0:11:15	0:24:00	0:26:28	0:37:23	0:50:21	0:52:51	1:04:05	1:17:14		OLIMPICO DE VEDRA
46	232	JOSE MANUEL GONZALEZ IGLESIAS		SNM- 17	1:19:48	0:03:47	1:19:45	0:11:34	0:24:29	0:26:59	0:37:55	0:50:53	0:53:24	1:04:35	1:17:25		
47	446	DAVID ANTONIO ROMERO PEREIRA		VTAM- 14	1:19:48	0:03:47	1:19:47	0:10:43	0:23:27	0:25:58	0:37:00	0:50:02	0:52:34	1:03:57	1:17:16		
48	1758	GINÉS VÁZQUEZ LOSADA		VTMCM- 5	1:19:53	0:03:48	1:19:50	0:11:16	0:24:00	0:26:29	0:37:40	0:50:51	0:53:23	1:04:35	1:17:27		ATLETISMO MONTE SEGADE
49	1	MARÍA YOLANDA GUTIÉRREZ ROBLES	F- 1	SNF- 1	1:19:59	0:03:48	1:19:58	0:11:33	0:24:29	0:26:59	0:37:55	0:50:53	0:53:24	1:04:37	1:17:38	GA - 19638	Comesaña Sporting Club
50	2052	PABLO ALONSO FIGUEROA		SNM- 18	1:20:03	0:03:48	1:19:59	0:11:34	0:24:30	0:27:00	0:37:58	0:50:54	0:53:25	1:04:36	1:17:35		
51	722	JOSE LUIS GOMEZ SOTO		SNM- 19	1:20:08	0:03:48	1:20:05	0:11:19	0:23:59	0:26:27	0:37:23	0:50:20	0:52:51	1:04:08	1:17:38		Taninos Runners
52	229	MANUEL GONZALEZ CUÑA		VTAM- 15	1:20:10	0:03:48	1:20:09	0:10:57	0:23:37	0:26:06	0:37:16	0:50:28	0:53:03	1:04:36	1:17:43		
53	1717	DAVID SENRA EIROA		SNM- 20	1:20:24	0:03:49	1:20:19	0:11:17	0:23:59	0:26:28	0:37:23	0:50:20	0:52:51	1:04:26	1:18:00	A8789	ALEJANDRO GOMEZ ADIDAS
54	1836	MATÍAS REGUEIRA MUÑOZ		SNM- 21	1:20:37	0:03:50	1:20:32	0:11:33	0:24:29	0:26:59	0:37:56	0:50:54	0:53:24	1:04:38	1:18:03	A-10854	CLUB ATLETISMO CORUÑA COMARCA
55	1991	MANUEL LEIRACHA VALENTIN		VTAM- 16	1:20:40	0:03:50	1:20:38	0:11:17	0:24:00	0:26:28	0:37:23	0:50:24	0:53:01	1:04:24	1:18:09	GA-9597	RIA DE FERROL CONCEPCION ARENAL
56	709	FELIPE BUGARIN SOLLÁ		SNM- 22	1:20:44	0:03:50	1:20:39	0:11:14	0:24:00	0:26:28	0:37:35	0:50:51	0:53:24	1:04:38	1:18:13		rocio
57	575	JOSE MANUEL GARCIA PAZ		VTAM- 17	1:20:56	0:03:51	1:20:54	0:11:18	0:24:14	0:26:45	0:37:57	0:51:16	0:53:51	1:05:14	1:18:21	A-10809	C.A. AS MARIÑAS BETANZOS
58	665	PATRICIA MENDES PEREIRA	F- 2	SNF- 2	1:21:02	0:03:51	1:21:02	0:11:34	0:24:41	0:27:13	0:38:26	0:51:39	0:54:11	1:05:29	1:18:38	GA - 19613	Comesaña Sporting Club
59	1811	ERNESTO RODRÍGUEZ BOLÍBAR		VTBM- 10	1:21:07	0:03:51	1:21:03	0:11:34	0:24:34	0:27:04	0:37:57	0:50:59	0:53:34	1:05:06	1:18:36		CASTRELOS 20.30
60	1668	IVAN SEGADÉ CAROU		SNM- 23	1:21:12	0:03:51	1:21:03	0:11:43	0:24:49	0:27:17	0:38:17	0:51:23	0:53:55	1:05:10	1:18:39		

67	868	GERMÁN DÍAZ ALONSO	VTAM- 20	1:21:39	0:03:53	1:21:38	0:11:33	0:24:29	0:26:59	0:38:04	0:51:26	0:54:03	1:05:40	1:19:05	A - 7884	Comesaña Sporting Club
68	153	FRAANCISCO JAVIER DOMINGUEZ SEOANE	SNM- 25	1:21:40	0:03:53	1:21:27	0:11:55	0:25:10	0:27:45	0:39:06	0:52:27	0:55:01	1:06:18	1:19:22		
69	1613	DELIO VAL VILLARINO	SNM- 26	1:21:42	0:03:53	1:21:31	0:11:34	0:24:30	0:27:00	0:38:04	0:51:26	0:54:03	1:05:40	1:19:09		
70	296	RAÚL MANTILLA GIL	SNM- 27	1:21:45	0:03:53	1:21:40	0:11:19	0:24:12	0:26:45	0:37:58	0:51:05	0:53:41	1:05:23	1:19:10		
71	367	JAIME PEÑAS COGOLLUDO	VTBM- 12	1:21:54	0:03:53	1:21:53	0:11:48	0:25:03	0:27:38	0:39:05	0:52:27	0:55:00	1:06:25	1:19:26		
72	1814	RAFAEL AMENEIRO	VTAM- 21	1:21:56	0:03:53	1:21:52	0:11:34	0:24:41	0:27:13	0:38:21	0:51:37	0:54:11	1:05:35	1:19:18		CASTRELOS 20:30
73	545	JOSE VICENTE AGUIAR GIZ	VTM- 7	1:22:04	0:03:54	1:22:04	0:11:04	0:24:00	0:26:29	0:37:41	0:51:11	0:53:50	1:05:43	1:19:32	A8688	ALEJANDRO GOMEZ ADIDAS
74	1978	MIJAIL MORIATOV YAKIMYCHEVA	VTAM- 22	1:22:12	0:03:54	1:22:10	0:11:18	0:24:15	0:26:45	0:38:00	0:51:26	0:53:59	1:06:02	1:19:42		Os Galácticos
75	738	JOSE BENITO GOMEZ LOPEZ	VTDM- 4	1:22:20	0:03:55	1:22:18	0:11:17	0:24:19	0:26:54	0:38:06	0:51:36	0:54:16	1:06:07	1:19:46	GA 20393	Veteranos Pabellon Orense
76	2064	JOSE ANGEL PITA TORRES	VTDM- 5	1:22:21	0:03:55	1:22:17	0:11:36	0:24:42	0:27:15	0:38:27	0:51:52	0:54:31	1:06:10	1:19:47	-	
77	567	JOSE MANUEL GARCÍA ESTÉVEZ	VTAM- 23	1:22:28	0:03:55	1:22:20	0:11:36	0:24:44	0:27:19	0:38:39	0:52:09	0:54:48	1:06:24	1:19:57	11091	ATLETISMO MILLADORIO
78	1976	MANUEL FERRO DOPICO	SNM- 28	1:22:34	0:03:55	1:22:34	0:11:36	0:24:43	0:27:16	0:38:32	0:52:09	0:54:47	1:06:25	1:20:01	a-20545	Olympto As Pontes
79	763	ALEJANDRO LLAMAZARES SIXTO	SNM- 29	1:22:37	0:03:55	1:22:31	0:11:36	0:24:43	0:27:16	0:38:31	0:51:56	0:54:37	1:06:25	1:20:08		
80	1972	MIGUEL ÁNGEL NOGUEIRA PÉREZ	SNM- 30	1:22:43	0:03:56	1:22:38	0:11:52	0:25:22	0:27:56	0:39:20	0:52:46	0:55:23	1:06:55	1:20:18	A-9793	NOITEBRA F.C.
81	257	JAVIER LAMAS GUISANDE	VTM- 8	1:22:47	0:03:56	1:22:42	0:11:19	0:24:15	0:26:46	0:38:05	0:51:49	0:54:28	1:06:23	1:20:14		
82	1650	XOSÉ CARLOS GONZÁLEZ AVIÓN	VTAM- 24	1:22:49	0:03:56	1:22:43	0:11:35	0:24:43	0:27:16	0:38:32	0:52:09	0:54:47	1:06:26	1:20:14		
83	154	ENRIQUE JOSÉ DOPICO RODRÍGUEZ	VTAM- 25	1:22:53	0:03:56	1:22:47	0:11:49	0:25:11	0:27:46	0:39:16	0:52:47	0:55:24	1:06:56	1:20:26		
84	466	RICARDO SANZO FERREIRO	VTBM- 13	1:22:56	0:03:56	1:22:32	0:12:18	0:25:58	0:28:34	0:39:56	0:53:07	0:55:42	1:07:14	1:20:29		
85	554	VICTOR COUSILLAS DIEGUEZ	VTAM- 26	1:23:04	0:03:57	1:22:55	0:11:18	0:24:01	0:26:30	0:37:48	0:51:20	0:53:59	1:06:02	1:20:21		ARTEIXO
86	538	JUAN CARLOS DÍAZ LOPEZ	VTBM- 14	1:23:14	0:03:57	1:22:49	0:12:58	0:26:39	0:29:12	0:40:27	0:53:30	0:56:01	1:07:27	1:20:44		A GÁNDARA MONFORTE
87	756	ANTONIO DÍEZ SILVÁN	VTAM- 27	1:23:17	0:03:57	1:23:13	0:11:43	0:25:03	0:27:38	0:39:04	0:52:42	0:55:24	1:07:14	1:20:49		
88	629	XULIO CRUZ COUSO	VTM- 9	1:23:21	0:03:58	1:23:18	0:11:15	0:24:27	0:27:00	0:38:24	0:51:59	0:54:38	1:06:29	1:20:30		CLUB ATLETISMO SAMERTOLAMEU
89	627	JUAN DAVID CAAVEIRO RUEDA	VTBM- 15	1:23:21	0:03:58	1:23:17	0:11:15	0:24:27	0:27:00	0:38:24	0:52:00	0:54:39	1:06:30	1:20:35	7814	CLUB ATLETISMO SAMERTOLAMEU
90	650	PABLO LOPEZ GALAZA	VTAM- 28	1:23:21	0:03:58	1:23:10	0:11:51	0:25:10	0:27:42	0:39:01	0:52:33	0:55:07	1:06:56	1:20:47		CLUB TIERRA TRAGAME
91	327	GONZALO MUÑO CODESIDO	VTBM- 16	1:23:27	0:03:58	1:23:20	0:11:09	0:24:25	0:27:00	0:38:26	0:51:50	0:54:27	1:06:31	1:20:45		
92	1860	FRANCISCO JAVIER LAGO GOBERNA	VTAM- 29	1:23:37	0:03:58	1:23:29	0:11:53	0:25:25	0:28:05	0:39:43	0:53:20	0:55:55	1:07:25	1:21:02		CLUB ATLETISMO FLORISTERIA CARMEN SIO
93	743	DAMIAN ARAUJO PEREZ	SNM- 31	1:23:40	0:03:58	1:23:40	0:10:25	0:23:09	0:25:36	0:37:16	0:50:45	0:53:20	1:05:46	1:21:13		
94	1940	YAGO LAGO ÁLVAREZ	SNM- 32	1:23:49	0:03:59	1:23:39	0:11:53	0:25:25	0:28:04	0:39:42	0:53:07	0:55:45	1:07:36	1:21:18	A -8398	Comesaña Sporting Club
95	606	ANDRÉS FLÓREZ PÉREZ	SNM- 33	1:23:53	0:03:59	1:23:44	0:11:36	0:24:45	0:27:19	0:38:57	0:52:29	0:55:08	1:07:13	1:21:18	17268-G	CLUB ATLETISMO CORUÑA COMARCA
96	1877	GERMÁN PÉREZ VIDAL	VTBM- 17	1:23:56	0:03:59	1:23:52	0:11:49	0:25:10	0:27:46	0:39:16	0:52:47	0:55:24	1:07:28	1:21:24		CLUB ATLETISMO NOIA
97	823	JAVIER SISO GARCIA	VTAM- 30	1:23:57	0:03:59	1:23:04	0:12:49	0:25:30	0:27:58	0:38:57	0:52:08	0:54:46	1:06:45	1:21:17		
98	1681	CARLOS VAZQUEZ TRONCOSO	SNM- 34	1:23:58	0:03:59	1:23:50	0:11:53	0:25:26	0:28:04	0:39:43	0:53:20	0:56:00	1:07:50	1:21:27		
99	1896	CARLOS JAVIER ESTEVEZ ALONSO	VTM- 10	1:23:58	0:03:59	1:23:49	0:11:53	0:25:24	0:28:04	0:39:43	0:53:20	0:56:00	1:07:50	1:21:26		Club Atletismo Vigo
100	541	EMILIO DIESTE REGADES	VTAM- 31	1:24:07	0:04:00	1:24:01	0:11:35	0:24:45	0:27:18	0:38:52	0:52:27	0:55:05	1:07:04	1:21:33	GA 20217	AAD BARBANZA
101	542	JOSE MANUEL PAREDES PARADA	VTBM- 18	1:24:14	0:04:00	1:24:12	0:11:20	0:24:34	0:27:10	0:38:40	0:52:23	0:55:06	1:07:12	1:21:26	GA 19421	AAD BARBANZA
102	1675	FELIX QUINTANS MELENDEZ	VTAM- 32	1:24:26	0:04:01	1:24:26	0:11:52	0:25:53	0:28:32	0:40:16	0:54:01	0:56:39	1:08:30	1:22:01		
103	1990	JORGE SOTO FERNÁNDEZ	VTM- 11	1:24:31	0:04:01	1:24:16	0:12:24	0:25:58	0:28:38	0:40:28	0:54:16	0:56:55	1:08:31	1:22:01	A-9595	RIA DE FERROL CONCEPCION ARENAL
104	670	RUBÉN LESTÓN AGULLEIRO	SNM- 35	1:24:39	0:04:01	1:24:33	0:11:38	0:24:58	0:27:33	0:39:04	0:52:50	0:55:31	1:07:38	1:21:55		Covos Brancos
105	1895	JOSE LUIS PICO PITA	VTBM- 19	1:24:41	0:04:01	1:24:36	0:11:55	0:25:26	0:28:05	0:39:44	0:53:21	0:56:01	1:07:56	1:22:02		Club Atletismo Vigo
106	485	ANDRE LUIZ SOUZA	SNM- 36	1:24:42	0:04:01	1:24:32	0:12:02	0:25:56	0:28:37	0:40:24	0:54:16	0:56:54	1:08:32	1:22:10		
107	632	LUIS NAYA ORGEIRA	VTBM- 20	1:24:43	0:04:01	1:24:31	0:12:01	0:25:55	0:28:36	0:40:24	0:54:16	0:56:54	1:08:34	1:22:11		Club del mar
108	1775	EVARISTO GARCIA MARTINEZ	VTBM- 21	1:24:44	0:04:01	1:24:40	0:12:01	0:25:56	0:28:37	0:40:27	0:54:16	0:56:55	1:08:46	1:22:13	a-5757	ATLETISMO SAR A POUTADA
109	259	OSCAR LAMAS VAZQUEZ	SNM- 37	1:24:49	0:04:02	1:24:40	0:11:18	0:24:18	0:26:54	0:38:29	0:52:38	0:55:23	1:07:30	1:22:13		
110	761	JESUS IGLESIAS MIER	VTDM- 6	1:24:49	0:04:02	1:24:30	0:12:39	0:26:15	0:28:54	0:40:33	0:54:14	0:56:51	1:08:34	1:22:17		
111	601	ALBERTO CAO P.EREZ	SNM- 38	1:24:50	0:04:02	1:24:45	0:11:39	0:25:00	0:27:36	0:39:26	0:53:33	0:56:16	1:08:26	1:22:18		CLUB ALPINO BERCIANO
112	2000	GERARDO RAPOSO BUJAN	VTBM- 22	1:24:51	0:04:02	1:24:47	0:11:35	0:24:44	0:27:17	0:38:57	0:52:54	0:55:37	1:07:54	1:22:17	GA 17643	SF LUCUS CAIXA RURAL GALEGA
113	1863	ALFONSO ARIAS GARCIA	SNM- 39	1:24:54	0:04:02	1:24:43	0:11:48	0:25:28	0:28:05	0:39:47	0:53:34	0:56:15	1:08:32	1:22:30	A-9907	CLUB ATLETISMO FONTES DO SAR
114	1787	JOSE MIRA FERNANDEZ	VTAM- 33	1:24:54	0:04:02	1:24:53	0:11:47	0:25:10	0:27:45	0:39:16	0:52:50	0:55:32	1:07:37	1:22:13	A-10167	BURGAS ATLETISMO OURENSE
115	543	JOSE SANLES PIÑEIRO	VTAM- 34	1:24:57	0:04:02	1:24:52	0:12:14	0:26:52	0:29:39		0:57:20		1:09:00	1:22:14	GA 20265	AAD BARBANZA
116	11	JOSE MARIA AGUETE LEMA	SNM- 40	1:24:58	0:04:02	1:24:22	0:13:10	0:27:11	0:29:51	0:41:29	0:55:02	0:57:39	1:09:08	1:22:29		
117	576	FERNANDO PÉREZ REBOREDO	SNM- 41	1:25:03	0:04:02	1:24:56	0:12:02	0:25:49	0:28:28	0:40:15	0:54:07	0:56:47	1:08:34	1:22:31		C.C.A. Carballiño
118	1845	JOSE FRANCISCO VAZQUEZ BRAÑAS	VTBM- 23	1:25:10	0:04:03	1:25:07	0:11:43	0:25:18	0:27:54	0:39:43	0:53:30	0:56:10	1:08:13	1:22:34	GA-10886	CLUB ATLETISMO CORUÑA COMARCA
119	1856	JULIO GARCIA FACHAL	SNM- 42	1:25:11	0:04:03	1:25:04	0:11:36	0:25:01	0:27:38	0:39:28	0:53:25	0:56:07	1:08:19	1:22:34	a/9152	CLUB ATLETISMO CORUÑA COMARCA
120	1970	ANTONIO PRIEGUE LEIS	VTBM- 24	1:25:12	0:04:03	1:25:10	0:11:51	0:25:29	0:28:09	0:39:52	0:53:39	0:56:20	1:08:21	1:22:35		murosarqueolóxico.org
121	2045	MARCOS MENDEZ BARRAN	SNM- 43	1:25:13	0:04:03	1:25:05	0:12:01	0:25:38	0:28:16	0:39:54	0:53:39	0:56:20	1:08:20	1:22:35		
122	82	ISMAEL CAMPELO PENA	VTAM- 35	1:25:18	0:04:03	1:25:05	0:12:01	0:25:25	0:28:02	0:39:44	0:53:40	0:56:25	1:08:47	1:22:48		
123	697	JOSE LINO LOPEZ FERNANDEZ	VTM- 1	1:25:19	0:04:03	1:25:14	0:12:12	0:26:02	0:28:44	0:40:35	0:54:25	0:57:08	1:09:00	1:22:45		PINAR DE DONIÑOS
124	661	SERAFÍN COSTAS IGLESIAS	SNM- 44	1:25:29	0:04:04	1:25:26	0:11:33	0:24:41	0:27:12	0:39:03	0:52:53	0:55:38	1:08:44	1:22:50	A - 8399	Comesaña Sporting Club
125	1730	JOSE MANUEL PEREZ VAZQUEZ	VTDM- 7	1:25:36	0:04:04	1:25:26	0:12:00	0:25:39	0:28:19	0:40:05	0:54:04	0:56:47	1:08:54	1:23:00	a8151	Athletics Aventura
126	657	LUIS ALBERTO CARNERO DÍAZ	VTAM- 36	1:25:39	0:04:04	1:25:28	0:11:54	0:25:25	0:28:04	0:39:43	0:53:23	0:56:02	1:08:16	1:22:55	A - 8793	Comesaña Sporting Club
127	579	AQUILINO ASENJO PACIOS	VTBM- 25	1:25:42	0:04:04	1:25:31	0:12:02	0:25:38	0:28:17	0:39:59	0:53:48	0:56:30	1:09:00	1:23:08		C.D. Basurco
128	580	ROBERTO GONZALEZ PASCUAL	VTAM- 37	1:25:43	0:04:04	1:25:42	0:10:53	0:23:32	0:26:05	0:37:23	0:51:50	0:55:25	1:09:00	1:23:09		C.D. Basurco
129	201	JULIO MANUEL GALLO FERNANDEZ	VTEM- 1	1:25:43	0:04:04	1:25:30	0:12:02	0:25:32	0:28:09	0:39:44	0:53:20	0:56:01	1:07:59	1:22:53		
130	653	JOSE ANTONIO COSTA RODRIGUEZ	VTBM- 26	1:25:52	0:04:05	1:25:48	0:11:59	0:25:48	0:28:28	0:40:18	0:54:14	0:56:56	1:08:54	1:23:15		CLUBE ATLETISMO CAM

138	1651	JAVIER CUPEIRO FRADE	VTBM- 29	1:26:05	0:04:05	1:26:01	0:11:20	0:24:54	0:27:34	0:39:28	0:53:30	0:56:13	1:08:45	1:23:22	
139	692	LUÍS MALPICA GONTAD	VTBM- 30	1:26:05	0:04:05	1:25:37	0:12:22	0:26:03	0:28:41	0:40:29	0:54:26	0:57:09	1:09:11	1:23:33	Peña Ciclista Media Ducia
140	672	CONSTANTE LORENZO SANTOS	SNM- 45	1:26:05	0:04:05	1:25:39	0:12:21	0:26:04	0:28:45	0:40:39	0:54:42	0:57:28	1:09:33	1:23:33	EFA FONTEBOA
141	663	MARÍA DE LAS MERCEDES GÓMEZ ALONSO	F- 4 VTFB- 1	1:26:06	0:04:05	1:26:04	0:12:11	0:26:14	0:28:57	0:40:47	0:54:55	0:57:35	1:09:33	1:23:33	GA -19992 Comesaña Sporting Club
142	551	OSCAR FERNANDEZ FRANCISCO	VTAM- 41	1:26:07	0:04:05	1:25:40	0:12:45	0:26:43	0:29:28	0:41:42	0:55:52	0:58:31	1:10:16	1:23:37	AREA C.D.
143	1789	JUAN CARLOS PAZ GONZÁLEZ	VTBM- 31	1:26:07	0:04:05	1:26:00	0:12:04	0:25:56	0:28:36	0:40:27	0:54:18	0:57:01	1:09:14	1:23:30	GA19713 C.A.R. MARISQUEIRO
144	276	JONATHAN LÓPEZ REY	SNM- 46	1:26:17	0:04:06	1:25:47	0:12:17	0:25:57	0:28:39	0:40:35	0:54:41	0:57:25	1:09:34	1:23:44	
145	1724	BRUNO FELIPE MUIÑOS CARBALLO	SNM- 47	1:26:18	0:04:06	1:26:11	0:11:58	0:25:33	0:28:12	0:39:59	0:54:03	0:56:47	1:09:07	1:23:41	A 8862 ALEJANDRO GOMEZ ADIDAS
146	1587	EDELMIRO LOPEZ PEREZ	SNM- 48	1:26:18	0:04:06	1:25:56	0:12:44	0:26:38	0:29:21	0:41:14	0:55:13	0:57:55	1:09:56	1:23:48	
147	345	JAVIER OUBIÑA ABUIN	SNM- 49	1:26:20	0:04:06	1:26:01	0:13:03	0:26:57	0:29:34	0:41:19	0:55:15	0:57:52	1:09:43	1:23:49	
148	2101	ALEJANDRO CELIS FRESCO	SNM- 50	1:26:35	0:04:07	1:26:25	0:12:17	0:26:07	0:28:48	0:40:46	0:54:44	0:57:26	1:09:34	1:23:51	NAUTICO DE NARON - VISTA OPTICA
149	1881	CESAR TABOADA MILLAN	VTBM- 32	1:26:35	0:04:07	1:26:29	0:12:28	0:26:40	0:29:27	0:41:32	0:55:34	0:58:16	1:10:14	1:24:05	A11110 CLUB ATLETISMO OLIVEIRA
150	740	MARCOS SOBRADILLO SANCHEZ	SNM- 51	1:26:35	0:04:07	1:26:33	0:12:07	0:25:57	0:28:38	0:40:28	0:54:37	0:57:21	1:09:43	1:23:54	zblaviana.com
151	656	MANUEL AYUSO VILABOA	SNM- 52	1:26:36	0:04:07	1:26:28	0:12:36	0:26:58	0:29:45	0:41:37	0:55:26	0:58:11	1:10:09	1:24:06	A - 6073 Comesaña Sporting Club
152	409	MIGUEL ANGEL REY LÓPEZ	VTAM- 42	1:26:37	0:04:07	1:26:14	0:12:19	0:26:01	0:28:41	0:40:33	0:54:24	0:57:08	1:09:08	1:23:41	
153	2108	JOSE BUJAN GONZALEZ	VTAM- 43	1:26:39	0:04:07	1:26:24	0:11:50	0:24:58	0:27:32	0:39:03	0:52:53	0:55:37	1:08:01	1:23:41	PATO BLANCO DE CELANOVA
154	605	JAVIER MELLA FERNANDEZ	VTBM- 33	1:26:45	0:04:07	1:26:33	0:12:08	0:25:46	0:28:24	0:40:02	0:54:08	0:56:52	1:09:10	1:23:58	11220 CLUB ATLETISMO CORUÑA COMARCA
155	1661	JAVIER ÁLVAREZ VARELA	SNM- 53	1:26:51	0:04:07	1:26:46	0:12:05	0:25:58	0:28:39	0:40:50	0:55:15	0:57:59	1:10:13	1:24:18	
156	67	OSCAR BOUZA RODRIGUEZ	VTAM- 44	1:26:55	0:04:08	1:26:45	0:12:41	0:26:50	0:29:26	0:41:14	0:55:13	0:57:56	1:09:36	1:24:15	
157	769	MANUEL ABEL PASTORIZA MIRANDA	VTAM- 45	1:26:58	0:04:08	1:26:45	0:12:02	0:25:38	0:28:22	0:40:29	0:54:50	0:57:33	1:09:58	1:24:22	
158	1521	FRANCISCO MARTINEZ NUÑEZ	VTAM- 46	1:26:59	0:04:08	1:26:52	0:12:29	0:26:40	0:29:27	0:41:32	0:55:35	0:58:18	1:10:18	1:24:23	
159	1916	MARCOS GONZALEZ TALAVERO	VTBM- 34	1:27:01	0:04:08	1:26:55	0:12:03	0:25:56	0:28:36	0:40:30	0:54:41	0:57:27	1:09:57	1:24:31	CLUB RIALTO
160	1767	TOMÁS ABELEDO PATIÑO	VTBM- 12	1:27:01	0:04:08	1:26:58	0:12:06	0:26:06	0:28:51	0:40:53	0:55:08	0:57:52	1:10:11	1:24:27	A-6321 ATLETISMO RIAZOR CORUÑA
161	1876	ANTONIO FERNANDEZ HERMIDA	VTDM- 9	1:27:04	0:04:08	1:27:02	0:12:08	0:25:56	0:28:37	0:40:27	0:54:38	0:57:25	1:09:49	1:24:21	GA- 19412 CLUB ATLETISMO NOIA
162	1720	NICOLAS PIÑEIRO CALOTO	VTBM- 13	1:27:08	0:04:08	1:26:38	0:12:59	0:27:00	0:29:43	0:41:33	0:55:37	0:58:17	1:10:16	1:24:29	A8828 ALEJANDRO GOMEZ ADIDAS
163	68	OSCAR BOUZAS MARTINEZ	SNM- 54	1:27:08	0:04:08	1:27:00	0:11:44	0:25:28	0:28:07	0:40:03	0:54:20	0:57:08	1:09:39	1:24:25	
164	773	IGNACIO PUEYO SANTILLANA	VTBM- 35	1:27:08	0:04:08	1:27:01	0:12:04	0:25:55	0:28:36	0:40:29	0:54:40	0:57:27	1:09:56	1:24:31	
165	1526	EDUARDO OTERO SALLADO	VTBM- 14	1:27:14	0:04:09	1:27:07	0:11:53	0:25:29	0:28:09	0:40:12	0:54:39	0:57:28	1:09:58	1:24:32	
166	1823	MARTIN RUDIÑO IGLESIAS	VTBM- 36	1:27:18	0:04:09	1:27:14	0:11:56	0:26:20	0:29:10	0:41:45	0:56:15	0:59:01	1:11:04	1:24:45	G70202189 CC. OS ESFOLA ARROS
167	1519	JUAN JESUS BARRAL VAREL	VTBM- 37	1:27:18	0:04:09	1:27:14	0:11:55	0:26:20	0:29:10	0:41:45	0:56:15	0:59:01	1:11:03	1:24:44	
168	1966	JUAN ANTONIO FERNANDEZ IGLESIAS	VTAM- 47	1:27:24	0:04:09	1:27:11	0:12:27	0:26:29	0:29:11	0:41:26	0:55:48	0:58:30	1:10:54	1:24:49	MARATHONTOURS
169	694	JOSÉ RAMÓN RÍOS RECAREY	VTAM- 48	1:27:30	0:04:09	1:27:03	0:12:24	0:26:13	0:28:57	0:40:58	0:55:17	0:58:05	1:10:29	1:24:53	Peña Ciclista Media Ducia
170	482	ANDRES SISO VECINO	VTBM- 15	1:27:31	0:04:09	1:27:27	0:11:37	0:25:03	0:27:43	0:39:45	0:53:59	0:56:46	1:09:28	1:24:33	
171	36	JOSE ALBERTO ANTELO CAO	SNM- 55	1:27:35	0:04:10	1:27:24	0:11:56	0:25:32	0:28:16	0:40:23	0:55:11	0:57:57	1:10:27	1:24:54	
172	1713	JULIO ALONSO DA COSTA	VTBM- 38	1:27:42	0:04:10	1:27:35	0:12:07	0:26:18	0:29:04	0:41:14	0:55:37	0:58:26	1:10:57	1:25:10	A8694 ALEJANDRO GOMEZ ADIDAS
173	1511	JOSE LUIS MARTÍNEZ VICENTE	VTAM- 49	1:27:42	0:04:10	1:27:22	0:12:48	0:26:55	0:29:44	0:42:10	0:56:50	0:59:37	1:11:39	1:25:17	
174	565	BENITO GUTIERREZ ALONSO	VTBM- 16	1:27:45	0:04:10	1:27:39	0:12:01	0:26:02	0:28:45	0:40:56	0:55:14	0:57:59	1:10:30	1:25:06	ATLETISMO FONTES DO SAR
175	450	DIEGO RUIZ BREIJO	SNM- 56	1:27:47	0:04:10	1:27:32	0:12:08	0:25:58	0:28:38	0:40:34	0:54:39	0:57:25	1:09:57	1:25:01	
176	231	ELOY GONZÁLEZ HORTA	SNM- 57	1:27:50	0:04:10	1:27:35	0:11:49	0:25:27	0:28:07	0:40:17	0:54:41	0:57:28	1:09:58	1:25:03	
177	1629	BENIGNO VARELA LOUREDA	VTAM- 50	1:27:53	0:04:10	1:27:50	0:12:30	0:26:46	0:29:33	0:41:40	0:55:55	0:58:36	1:10:54	1:25:12	
178	59	DIEGO BERGONDO CAÑÁS	SNM- 58	1:28:00	0:04:11	1:27:36	0:13:17	0:27:34	0:30:17	0:42:15	0:56:22	0:59:04	1:11:05	1:25:26	
179	1884	AMADOR REBOREDA GRAÑA	VTBM- 17	1:28:01	0:04:11	1:27:50	0:12:09	0:26:08	0:28:52	0:40:53	0:55:18	0:58:08	1:10:41	1:25:24	GA19738 CLUB ATLETISMO PORRIÑO
180	552	JOSE MARCOS PEREZ ALVAREZ	SNM- 59	1:28:04	0:04:11	1:27:37	0:12:45	0:26:43	0:29:28	0:41:42	0:55:57	0:58:41	1:11:03	1:25:27	AREA C.D.
181	1504	CARLOS ENRIQUE SANTOS ARGIBAY	VTBM- 18	1:28:06	0:04:11	1:27:44	0:12:46	0:27:02	0:29:50	0:42:04	0:56:27	0:59:12	1:11:16	1:25:24	
182	1515	DIEGO CRUZ PENA	SNM- 60	1:28:08	0:04:11	1:28:00	0:12:01	0:25:57	0:28:41	0:40:48	0:55:24	0:58:17	1:10:55	1:25:29	
183	2001	JOSE LUIS MERODIO VAZQUEZ	VTFM- 2	1:28:09	0:04:11	1:27:54	0:12:22	0:26:22	0:29:04	0:41:20	0:55:44	0:58:30	1:11:09	1:25:35	GA-14660 SF LUCUS CAIXA RURAL GALEGA
184	106	ANTONIO JOSE CASTRO AREA	VTAM- 51	1:28:12	0:04:11	1:28:05	0:12:28	0:26:23	0:29:08	0:41:15	0:55:40	0:58:29	1:10:59	1:25:36	
185	1621	PEPE DIEGO DURÁN	VTAM- 52	1:28:15	0:04:11	1:27:55	0:12:33	0:26:26	0:29:09	0:41:12	0:55:25	0:58:11	1:10:47	1:25:30	
186	1606	JOSE LUIS LOPEZ VALCARCEL	VTDM- 10	1:28:16	0:04:12	1:28:05	0:12:09	0:26:09	0:28:52	0:40:53	0:55:22	0:58:13	1:10:52	1:25:37	
187	2014	JAIME VÁZQUEZ MEIJIDE	SNM- 61	1:28:17	0:04:12	1:28:07	0:11:52	0:25:33	0:28:18	0:40:26	0:54:57	0:57:49	1:10:41	1:25:34	TRAN-TRAN
188	210	FCO. JAVIER GARCÍA PALLEIRO	VTAM- 53	1:28:20	0:04:12	1:28:10	0:12:07	0:26:17	0:28:59	0:41:04	0:55:34	0:58:23	1:10:57	1:25:36	
189	35	PABLO ANIDO COUCE	SNM- 62	1:28:22	0:04:12	1:27:50	0:12:10	0:26:02	0:28:44	0:40:48	0:54:50	0:57:32	1:10:07	1:25:33	
190	1771	SANTIAGO VÁZQUEZ COLLAZO	VTBM- 19	1:28:24	0:04:12	1:28:13	0:12:00	0:25:55	0:28:36	0:40:28	0:54:45	0:57:34	1:10:07	1:25:28	A-10894 ATLETISMO RIAZOR CORUÑA
191	1868	JOSE MANUEL MALVIDO CARRILLO	VTM- 2	1:28:29	0:04:12	1:28:14	0:12:38	0:26:52	0:29:38	0:41:54	0:56:17	0:59:04	1:11:31	1:25:51	A-9758 CLUB ATLETISMO FONTES DO SAR
192	408	VICENTE REY JÁCOME	VTAM- 54	1:28:31	0:04:12	1:28:00	0:13:11	0:27:35	0:30:19	0:42:28	0:56:33	0:59:15	1:11:31	1:25:50	
193	1714	JAVIER SANCHEZ LOPEZ	VTAM- 55	1:28:38	0:04:13	1:28:16	0:12:58	0:27:02	0:29:48	0:41:54	0:56:11	0:58:56	1:11:32	1:26:03	A8868 ALEJANDRO GOMEZ ADIDAS
194	2010	EDUARDO PINO MARTÍNEZ	VTAM- 56	1:28:44	0:04:13	1:28:40	0:11:34	0:24:43	0:27:17	0:38:57	0:53:09	0:57:48	1:11:04	1:25:51	Taninos Runners Pontearreas
195	33	JULIAN AMOR GONZALEZ	VTAM- 57	1:28:48	0:04:13	1:28:45	0:11:54	0:25:57	0:28:42	0:40:52	0:55:14	0:58:05	1:10:52	1:25:58	
196	462	CLAUDIO SÁNCHEZ MOURAZOS	SNM- 63	1:28:49	0:04:13	1:28:38	0:12:05	0:26:02	0:28:46	0:40:55	0:55:40	0:58:34	1:11:25	1:26:03	
197	1769	MANUEL OTERO GOMEZ	VTBM- 39	1:28:51	0:04:13	1:28:39	0:12:53	0:27:05	0:29:51	0:42:05	0:56:28	0:59:15	1:11:30	1:26:04	A7954 ATLETISMO RIAZOR CORUÑA
198	47	ANTONIO ARMENTIA GALAN	VTAM- 58	1:28:53	0:04:13	1:28:42	0:12:37	0:26:55	0:29:42	0:42:07	0:56:35	0:59:25	1:11:56	1:26:19	
199	1862	RAMON BARBA SANTOS	VTDM- 11	1:28:54	0:04:13	1:28:40	0:12:37	0:26:44	0:29:30	0:41:42	0:56:16	0:59:04	1:11:39	1:26:11	A9712 CLUB ATLETISMO FONTES DO SAR
200	1786	MANUEL SALGADO GOMEZ	VTAM- 59	1:28:55	0:04:13	1:28:47	0:12:10	0:26:21	0:29:08	0:41:30	0:56:10	0:59:00	1:11:40	1:26:15	A-11043 BURGAS ATLETISMO OURENSE
201	1785	SANTIAGO CONDE BERMUDEZ	VTBM- 20	1:28:56	0:04:13	1:28:46	0:12:10	0:26:21	0:29:08	0:41:31	0:56:10	0:59:00	1:11:40	1:26:16	A-6370 BURGAS ATLETISMO OURENSE
202	1944	RAMIRO AMIGO GONZALEZ	VTAM- 60	1:28:56	0:04:13	1:28:41	0:12:23	0:26:26	0:29:12	0:41:23	0:55:53	0:58:44	1:11:22	1:26:14	CORREDORES BECERREA
203	1855	JOSE FRANCISCO BLANCO FANDIÑO	VTAM- 61	1:28:57	0:04:13	1:28:52									

209	1754	ROBERTO VALE GARCÍA	VTAM- 64	1:28:59	0:04:14	1:28:53	0:11:49	0:25:27	0:28:07	0:40:13	0:54:40	0:57:28	1:10:31	1:26:07	ATLETISMO MONTE SEGADE
210	1679	ANGEL GARCIA GARCÍA	VTAM- 65	1:29:02	0:04:14	1:28:41	0:13:12	0:27:43	0:30:33	0:42:57	0:57:25	1:00:14	1:12:27	1:26:35	
211	1620	CRISTÓBAL SOMOZA BELLO	SNM- 64	1:29:03	0:04:14	1:28:34	0:13:41	0:27:58	0:30:44	0:42:54	0:57:07	0:59:52	1:12:04	1:26:18	
212	1900	JUAN ANTONIO CASTRO GANDÓY	VTDM- 12	1:29:07	0:04:14	1:29:04	0:12:11	0:26:29	0:29:18	0:41:41	0:56:13	0:59:03	1:11:38	1:26:25	CLUB DE COMUNICACIONES BANCORREOS
213	117	FRANC COLLAZO LORENZO	VTAM- 66	1:29:09	0:04:14	1:29:04	0:12:03	0:26:20	0:29:10	0:41:43	0:56:15	0:59:01	1:11:27	1:26:17	
214	161	ALEJANDRO ELÚA PINÍN	JNM- 2	1:29:11	0:04:14	1:28:06	0:14:23	0:28:45	0:31:30	0:43:36	0:57:47	1:00:34	1:12:57	1:26:47	
215	1673	PABLO GINÉS MAYOR	SNM- 65	1:29:12	0:04:14	1:29:07	0:12:06	0:26:27	0:29:12	0:41:39	0:56:27	0:59:16	1:12:05	1:26:45	
216	602	MARCOS OTERO RODRÍGUEZ	SNM- 66	1:29:13	0:04:14	1:29:06	0:12:37	0:27:07	0:29:55	0:42:16	0:56:36	0:59:25	1:11:56	1:26:31	Club Atletismo A Vila
217	1977	ALEJANDRO BEGEGA ORDIZ	SNM- 67	1:29:14	0:04:14	1:28:58	0:13:01	0:27:42	0:30:35	0:43:14	0:58:46	1:01:40	1:12:52	1:26:45	O6344 ORIENTE ATLETISMO
218	1746	JOSÉ ANTONIO JUANATEY PÉREZ	VTBM- 42	1:29:15	0:04:14	1:28:59	0:13:02	0:27:42	0:30:34	0:43:09	0:57:50	1:00:41	1:12:53	1:26:46	A-9873 ATLETISMO FONTES DO SAR
219	45	JAVIER ARIAS DE LA VEGA	VTAM- 67	1:29:16	0:04:14	1:28:58	0:13:25	0:28:04	0:30:53	0:43:16	0:57:42	1:00:29	1:12:45	1:26:46	
220	456	JUAN CARLOS SALGADO VEGA	VTBM- 43	1:29:17	0:04:14	1:29:13	0:12:09	0:26:28	0:29:18	0:41:47	0:56:30	0:59:20	1:11:54	1:26:33	
221	514	MACARIO VEGA CORREDOR	VTM- 22	1:29:17	0:04:14	1:28:53	0:12:18	0:26:06	0:28:48	0:40:57	0:55:34	0:58:23	1:11:35	1:26:33	
222	599	ROBERTO VENTUREIRA DOPICO	VTBM- 44	1:29:17	0:04:14	1:29:13	0:12:01	0:25:57	0:28:38	0:40:55	0:55:30	0:58:20	1:11:12	1:26:22	Castro de Lobadiz
223	1546	JUAN JOSÉ GÓMEZ CORTÉS	VTAM- 68	1:29:17	0:04:14	1:29:05	0:13:08	0:27:56	0:30:45	0:43:09	0:57:43	1:00:27	1:12:45	1:26:45	
224	1925	MARCOS RODRIGUEZ SANCHEZ	VTAM- 69	1:29:17	0:04:14	1:29:12	0:12:30	0:26:56	0:29:44	0:42:10	0:56:50	0:59:41	1:12:21	1:26:46	CLUB RIALTO
225	2015	JOSÉ LUIS VÁZQUEZ MEIJIDE	VTBM- 45	1:29:18	0:04:14	1:29:13	0:11:53	0:26:05	0:28:56	0:41:41	0:56:48	0:59:45	1:12:26	1:26:45	TRAN-TRAN
226	561	DAVID ROMERO ALBORES	VTAM- 70	1:29:18	0:04:14	1:29:06	0:12:53	0:27:23	0:30:13	0:42:41	0:57:07	0:59:53	1:12:18	1:26:43	ATLETISMO CLUB SOCIAL BANCO PASTOR
227	1820	BALBINO GARCIA PINAL	VTBM- 46	1:29:20	0:04:15	1:29:15	0:12:27	0:26:44	0:29:30	0:41:39	0:56:12	0:59:02	1:11:46	1:26:41	Catedráticos do Asfalto
228	676	JUAN CARLOS CRESPO FRAIZ	VTBM- 47	1:29:20	0:04:15	1:29:11	0:12:05	0:26:05	0:28:52	0:41:22	0:56:19	0:59:12	1:12:07	1:26:46	KORPORE CARBALLIÑO
229	217	ELTON GARRIDO CONCHADO	SNM- 68	1:29:21	0:04:15	1:29:15	0:12:58	0:27:00	0:29:45	0:42:14	0:56:52	0:59:43	1:12:19	1:26:47	
230	1784	FRANCISCO JAVIER GOMEZ LAGO	VTBM- 48	1:29:22	0:04:15	1:29:15	0:12:37	0:27:01	0:29:49	0:42:07	0:56:41	0:59:31	1:12:05	1:26:44	4987 Atletismo Vigo
231	17	EMILIO ALONSO CADAVAL	VTBM- 49	1:29:29	0:04:15	1:29:26	0:12:20	0:26:57	0:29:44	0:42:07	0:56:55	0:59:49	1:12:28	1:26:56	
232	158	ALBERTO DURÁN AMORES	VTAM- 71	1:29:29	0:04:15	1:29:27	0:12:25	0:26:56	0:29:43	0:42:00	0:56:49	0:59:40	1:12:24	1:26:54	
233	1989	ANTONIO RODRÍGUEZ GARCÍA	SNM- 69	1:29:30	0:04:15	1:29:13	0:12:57	0:27:24	0:30:14	0:42:41	0:57:12	1:00:04	1:12:33	1:26:53	A-9583 RIA DE FERROL CONCEPCION ARENAL
234	1927	ROBERTO CAMAÑEZ LOPEZ	VTAM- 72	1:29:30	0:04:15	1:29:21	0:12:56	0:27:35	0:30:26	0:42:48	0:57:24	1:00:13	1:12:36	1:26:57	CLUB RIALTO
235	478	JAVIER SEOANE PUGA	VTAM- 73	1:29:32	0:04:15	1:29:26	0:12:58	0:27:52	0:30:45	0:43:01	0:57:12	0:59:58	1:12:18	1:26:49	
236	1723	JESUS CARBALLAIRA FLOREZ	VTEM- 3	1:29:38	0:04:15	1:29:21	0:13:11	0:27:36	0:30:24	0:42:46	0:57:11	1:00:00	1:12:23	1:26:49	A8629 ALEJANDRO GOMEZ ADIDAS
237	861	RICARDO ALVAREDO ARIAS	VTBM- 50	1:29:41	0:04:16	1:29:35	0:12:36	0:27:01	0:29:49	0:42:07	0:56:41	0:59:31	1:12:08	1:26:56	Atletismo A Gandara Monforte
238	1692	ALEJANDRO OTERO RAMIREZ	SNM- 70	1:29:42	0:04:16	1:29:31	0:12:12	0:26:02	0:28:44	0:40:42	0:54:50	0:57:36	1:10:20	1:26:27	A BOUZA SPRINT
239	610	XULIÁN MATEU SUÁREZ FONTES	VTAM- 74	1:29:43	0:04:16	1:29:31	0:12:13	0:26:21	0:29:08	0:41:29	0:56:13	0:59:05	1:12:03	1:26:58	11224 CLUB ATLETISMO CORUÑA COMARCA
240	1911	JULIO CESAR BARRIOS GONZALEZ	VTAM- 75	1:29:43	0:04:16	1:29:38	0:12:56	0:27:35	0:30:26	0:42:48	0:57:24	1:00:13	1:12:37	1:27:05	CLUB RIALTO
241	1575	CARLOS CID COELLO	VTBM- 51	1:29:44	0:04:16	1:29:37	0:12:36	0:27:00	0:29:49	0:42:07	0:56:40	0:59:31	1:12:07	1:27:01	
242	1696	RAMON MUÑOZ LOPEZ	VTDM- 13	1:29:45	0:04:16	1:29:39	0:12:36	0:27:01	0:29:49	0:42:07	0:56:41	0:59:31	1:12:08	1:27:01	A GÁNDARA MONFORTE
243	537	PABLO GARCÍA FREIRE	SNM- 71	1:29:46	0:04:16	1:29:35	0:12:37	0:27:01	0:29:49	0:42:07	0:56:41	0:59:31	1:12:08	1:27:00	A GÁNDARA MONFORTE
244	1708	JORGE CARNEIRO DENIS	SNM- 72	1:29:47	0:04:16	1:29:39	0:13:04	0:27:43	0:30:30	0:42:31	0:56:58	0:59:51	1:12:18	1:27:03	Afilados Runners
245	1837	FÉLIX MANUEL HERNÁNDEZ LOZANO	VTBM- 52	1:29:48	0:04:16	1:29:33	0:12:53	0:27:24	0:30:16	0:42:49	0:57:24	1:00:15	1:12:38	1:27:07	GA-19507 CLUB ATLETISMO CORUÑA COMARCA
246	1641	JOSE MANUEL MIGUEZ PIÑEIRO	VTM- 23	1:29:50	0:04:16	1:29:40	0:12:37	0:27:01	0:29:50	0:42:08	0:56:42	0:59:33	1:12:09	1:27:02	
247	77	FRANCISCO JAVIER CAGIAO CRIBEIRO	VTAM- 76	1:29:52	0:04:16	1:29:13	0:13:46	0:28:39	0:31:30	0:43:57	0:58:29	1:01:10	1:13:09	1:27:15	
248	357	ANGEL PAZ BERMÚDEZ	VTAM- 77	1:29:54	0:04:16	1:29:00	0:13:27	0:27:31	0:30:13	0:42:14	0:56:35	0:59:25	1:11:54	1:27:00	
249	415	RAMON RIOS CALVO	VTDM- 14	1:29:56	0:04:16	1:29:34	0:12:55	0:27:02	0:29:50	0:42:06	0:56:38	0:59:28	1:12:09	1:27:07	
250	1922	MARCELO RODRIGUEZ FILGUEIRAS	VTAM- 78	1:29:56	0:04:16	1:29:51	0:12:30	0:26:55	0:29:44	0:42:10	0:56:50	0:59:42	1:12:23	1:27:16	CLUB RIALTO
251	197	MANUEL FREIRE GONZALEZ	SNM- 73	1:29:59	0:04:16	1:29:21	0:13:17	0:27:35	0:30:22	0:42:43	0:57:10	0:59:57	1:12:32	1:27:20	
252	882	JOSE ANTONIO HERRERO GUTIERREZ	VTDM- 15	1:29:59	0:04:16	1:29:57	0:12:26	0:26:51	0:29:39	0:42:00	0:56:41	0:59:31	1:12:10	1:27:09	PARQUESPORT
253	256	MARTÍN LAMAS DÍAZ	SNM- 74	1:30:02	0:04:17	1:29:55	0:12:30	0:27:07	0:29:56	0:42:20	0:57:04	0:59:54	1:12:24	1:27:12	
254	1527	ALBERTO GONZÁLEZ DUARTE	SNM- 75	1:30:02	0:04:17	1:29:16	0:13:40	0:27:53	0:30:42	0:42:59	0:57:38	1:00:27	1:12:58	1:27:19	
255	2044	SAUL GOMEZ ARROJO	VTDM- 16	1:30:08	0:04:17	1:30:02	0:11:55	0:26:01	0:28:45	0:41:21	0:56:28	0:59:23	1:12:22	1:27:27	
256	1819	EUSEBIO ALÉN CASTELAIN	VTM- 24	1:30:09	0:04:17	1:30:00	0:12:38	0:26:56	0:29:43	0:42:06	0:56:47	0:59:41	1:12:31	1:27:28	CASTRELOS 20:30
257	887	MANUEL RODRIGUEZ COELLO	VTBM- 53	1:30:09	0:04:17	1:30:01	0:12:46	0:26:43	0:29:26	0:41:13	0:56:28	0:59:20	1:12:30	1:27:28	CASTRELOS 20:30
258	1818	DAVID ALVAREZ ALONSO	SNM- 76	1:30:09	0:04:17	1:30:04	0:11:34	0:24:41	0:27:13	0:38:21	0:56:14	0:59:21	1:12:31	1:27:28	CASTRELOS 20:30
259	1852	FCO JAVIER CORREA PIÑEIRO	VTM- 25	1:30:09	0:04:17	1:29:37	0:12:52	0:27:04	0:29:51	0:42:04	0:56:28	0:59:19	1:12:07	1:27:28	A-10267 CLUB ATLETISMO CORUÑA COMARCA
260	637	PABLO FREIRE CASTRO	VTAM- 79	1:30:10	0:04:17	1:29:59	0:12:40	0:27:04	0:29:52	0:42:16	0:57:08	1:00:03	1:12:41	1:27:30	CLUB NAUTICO LANGOSTEIRA
261	591	RUBEN PEREZ FONTAN	SNM- 77	1:30:10	0:04:17	1:30:01	0:12:38	0:26:56	0:29:43	0:42:06	0:56:47	0:59:41	1:12:30	1:27:29	CASTRELOS 20:30
262	1560	JOSÉ LUIS GRANDE GIL	VTAM- 80	1:30:10	0:04:17	1:29:43	0:13:02	0:27:10	0:29:57	0:42:16	0:56:40	0:59:29	1:12:09	1:27:18	
263	568	JAIME FERNÁNDEZ BLAS	VTAM- 81	1:30:11	0:04:17	1:30:01	0:13:06	0:27:40	0:30:29	0:42:56	0:57:38	1:00:32	1:13:03	1:27:30	8668 ATLETISMO PEREIRA
264	1733	JOSE MANUEL CERNADAS TRILLO	VTBM- 54	1:30:11	0:04:17	1:29:57	0:13:08	0:27:49	0:30:40	0:43:15	0:58:09	1:01:00	1:13:34	1:27:43	A11105 Atletico Bertamirans
265	1839	ALBERTO PARDO FERNANDEZ	VTAM- 82	1:30:12	0:04:17	1:29:39	0:13:16	0:27:37	0:30:21	0:42:47	0:57:11	1:00:01	1:12:37	1:27:29	A-10891 CLUB ATLETISMO CORUÑA COMARCA
266	1854	JOSE RILO LOPEZ	VTDM- 17	1:30:24	0:04:18	1:30:17	0:12:28	0:27:06	0:29:56	0:42:27	0:57:17	1:00:08	1:12:45	1:27:43	A 11202 CLUB ATLETISMO CORUÑA COMARCA
267	681	BERNARDO GARCÍA DE PAZ	VTM- 26	1:30:24	0:04:18	1:30:05	0:13:29	0:28:15	0:31:06	0:43:41	0:58:15	1:01:00	1:13:09	1:27:47	Ga16241 Marineda Atlético
268	461	LORENZO SÁNCHEZ MARCOS	VTM- 27	1:30:25	0:04:18	1:30:04	0:13:29	0:28:15	0:31:07	0:43:41	0:58:15	1:01:00	1:13:09	1:27:49	
269	1563	JAVIER ÁNGEL GÓMEZ ARIAS	VTAM- 83	1:30:28	0:04:18	1:30:25	0:12:23	0:26:58	0:29:49	0:42:12	0:57:00	0:59:53	1:12:36	1:27:40	
270	233	ESTEBAN GONZALEZ LOSADA	VTAM- 84	1:30:30	0:04:18	1:30:29	0:12:34	0:26:57	0:29:43	0:42:10	0:57:00	0:59:54	1:12:46	1:27:46	
271	1988	ALFONSO PEREZ SANFIZ	VTAM- 85	1:30:32	0:04:18	1:30:14	0:12:25	0:26:37	0:29:27	0:41:53	0:56:46	0:59:42	1:12:29	1:27:40	A10911 RIA DE FERROL CONCEPCION ARENAL
272	1867	OSCAR FERNANDEZ GONZALEZ	SNM- 78	1:30:35	0:04:18	1:30:19	0:13:02	0:27:41	0:30:34	0:43:08	0:57:50	1:00:41	1:13:04	1:27:41	A-9874 CLUB ATLETISMO FONTES DO SAR
273	2026	FERNANDO CARBALLIDO FERNANDEZ	VTBM- 55	1:30:37	0:04:18	1:30:36	0:12:11	0:26:14	0:28:59	0:41:19	0:55:58	0:58:55	1:12:14	1:27:49	874156 ZEPPELLIN ATLETICO
274	1842	JOSE MARIA FERNANDEZ BLANCO	SNM- 79	1:30:38	0:0										

280	1995	JOSE DANIEL REINOSO ROJO	VTBM- 58	1:30:51	0:04:19	1:29:46	0:14:27	0:28:58	0:31:48	0:44:02	0:58:24	1:01:12	1:13:40	1:28:17	RIAZOR CORUÑA
281	1726	FRANCISCO SOTO GARCÍA	VTDM- 20	1:30:58	0:04:19	1:30:43	0:12:37	0:26:59	0:29:45	0:42:01	0:56:46	0:59:41	1:12:34	1:28:02	Amigos de San Diego
282	440	CARLOS RODRIGUEZ SUÁÑEZ	SNM- 80	1:31:07	0:04:20	1:30:37	0:13:41	0:27:58	0:30:45	0:42:54	0:57:08	0:59:54	1:12:24	1:28:05	
283	1568	ALFONSO FERRADÁS VILÁN	VTBM- 59	1:31:12	0:04:20	1:30:31	0:13:38	0:27:59	0:30:46	0:43:07	0:57:48	1:00:41	1:13:31	1:28:30	
284	75	MARIA CABADAS CANCELA	F- 5 VTAF- 1	1:31:15	0:04:20	1:31:04	0:12:52	0:27:23	0:30:13	0:42:42	0:57:31	1:00:27	1:13:28	1:28:34	
285	185	LUIS FERNÁNDEZ RODRÍGUEZ	VTBM- 29	1:31:23	0:04:20	1:31:08	0:13:10	0:27:41	0:30:32	0:43:01	0:57:52	1:00:45	1:13:31	1:28:27	
286	739	GONZALO ALBERTO VAZQUEZ FERREIRO	VTEM- 4	1:31:24	0:04:20	1:31:21	0:12:13	0:26:38	0:29:30	0:42:08	0:57:17	1:00:16	1:13:28	1:28:38	GA 20392 Veteranos Pabellon Orense
287	1740	ALFREDO VÁZQUEZ OLIVEIRA	VTBM- 60	1:31:26	0:04:21	1:31:15	0:13:12	0:27:53	0:30:44	0:43:19	0:58:12	1:01:07	1:14:05	1:28:54	ATLETISMO CAMBADOS
288	562	MANUEL VARELA CAAVEIRO	VTBM- 30	1:31:28	0:04:21	1:31:09	0:13:10	0:27:50	0:30:40	0:43:21	0:58:21	1:01:14	1:14:06	1:28:45	ATLETISMO CLUB SOCIAL BANCO PASTOR
289	1747	PABLO SANCHEZ GOMEZ	VTAM- 86	1:31:28	0:04:21	1:31:06	0:13:23	0:28:06	0:30:59	0:43:27	0:58:07	1:01:00	1:13:42	1:28:40	a-9877 ATLETISMO FONTES DO SAR
290	123	FRANCISCO JOSÉ CORREDOIRA GONZÁLEZ	SNM- 81	1:31:33	0:04:21	1:30:41	0:14:21	0:29:08	0:31:55	0:44:17	0:58:35	1:01:19	1:13:37	1:28:49	
291	1589	JESUS RIVAS PRADO	SNM- 82	1:31:42	0:04:21	1:31:14	0:13:43	0:28:14	0:31:08	0:44:05	0:58:37	1:01:24	1:13:56	1:28:54	
292	704	FERNANDO ALVAREZ CID	VTBM- 61	1:31:42	0:04:21	1:31:12	0:13:44	0:28:43	0:31:35	0:44:14	0:58:58	1:01:46	1:14:14	1:28:58	REAL CLUB NAUTICO DE VIGO
293	206	TOMÁS GARCÍA GALLEGO	VTBM- 62	1:31:43	0:04:21	1:31:22	0:13:12	0:27:44	0:30:33	0:43:09	0:58:12	1:01:03	1:13:59	1:28:53	
294	623	JOSE LUIS HERMIDA PESTONIT	VTBM- 63	1:31:45	0:04:21	1:31:20	0:12:50	0:27:01	0:29:50	0:42:12	0:57:16	1:00:13	1:13:29	1:28:38	CLUB ATLETISMO NOIA
295	39	FRANCISCO XAVIER APARICIO OLIVÁN	VTAM- 87	1:31:47	0:04:22	1:31:38	0:12:45	0:27:27	0:30:18	0:42:53	0:57:48	1:00:41	1:13:54	1:28:59	
296	101	JUAN CARLOS CARRILLO CLARO	VTAM- 88	1:31:47	0:04:22	1:31:40	0:12:45	0:27:26	0:30:18	0:42:53	0:57:48	1:00:42	1:13:54	1:28:59	
297	1643	FÉLIX POZA PEÑA	VTAM- 31	1:31:49	0:04:22	1:31:30	0:12:50	0:27:06	0:29:52	0:42:18	0:57:24	1:00:19	1:13:28	1:29:03	
298	1514	XOSÉ MANUEL LAMAS POSE	VTAM- 89	1:31:54	0:04:22	1:31:35	0:13:10	0:27:56	0:30:46	0:43:16	0:58:10	1:01:02	1:13:44	1:28:58	
299	699	EMILIO CANAL BLANCO	VTEM- 5	1:31:55	0:04:22	1:31:48	0:12:54	0:27:44	0:30:36	0:43:17	0:58:15	1:01:08	1:14:07	1:29:06	PRAIA DE CARNOTA - RUNNERS
300	395	MIGUEL PUENTE RAPELA	SNM- 83	1:31:55	0:04:22	1:31:54	0:11:15	0:25:07	0:27:53	0:40:27	0:55:33	0:58:33	1:11:58	1:28:34	
301	1709	ALBERTO GONZÁLEZ LÓPEZ	VTBM- 64	1:31:58	0:04:22	1:31:51	0:13:05	0:27:43	0:30:30	0:42:32	0:56:59	0:59:51	1:12:59	1:29:00	Afilados Runners
302	1596	ALFONSO CODON VEGA	VTBM- 65	1:32:01	0:04:22	1:31:50	0:13:13	0:27:53	0:30:44	0:43:19	0:58:12	1:01:07	1:14:06	1:29:09	
303	270	JOSÉ MANUEL LÓPEZ LÓPEZ	VTBM- 66	1:32:02	0:04:22	1:31:36	0:14:13	0:29:32	0:32:32	0:45:29	1:00:35	1:03:29	1:15:39	1:29:29	
304	502	GREGORIO VALLES BORREGO	VTBM- 67	1:32:14	0:04:23	1:31:49	0:14:12	0:29:06	0:31:57	0:44:15	0:58:59	1:01:50	1:14:28	1:29:33	
305	2047	STOIL NIKOLOV NIKOLOV	VTAM- 90	1:32:15	0:04:23	1:32:06	0:12:12	0:26:44	0:29:37	0:42:22	0:57:30	1:00:26	1:13:30	1:29:20	
306	655	ALBERTO AYUSO VILABOIA	JNM- 3	1:32:16	0:04:23	1:32:09	0:12:12	0:26:10	0:28:53	0:40:49	0:55:19	0:58:12	1:12:47	1:29:35	A - 8254 Comesaña Sporting Club
307	1588	CARLOS CORRALES PIQUERO	VTBM- 68	1:32:22	0:04:23	1:31:56	0:13:35	0:28:42	0:31:37	0:44:19	0:59:24	1:02:16	1:14:56	1:29:33	
308	145	JOAQUIN DIOS MARTINEZ	VTAM- 91	1:32:23	0:04:23	1:31:39	0:14:14	0:29:13	0:32:06	0:44:43	0:59:31	1:02:22	1:14:55	1:29:36	
309	386	MANUEL PONTE LORENZO	SNM- 84	1:32:25	0:04:23	1:32:13	0:12:47	0:27:15	0:30:06	0:42:40	0:57:39	1:00:37	1:13:54	1:29:33	
310	1522	JOSÉ LUIS RIO SILVA	VTBM- 69	1:32:26	0:04:23	1:32:15	0:12:39	0:27:18	0:30:08	0:42:41	0:57:28	1:00:26	1:13:44	1:29:31	
311	1880	XOSE TOUCEDA ABELLEIRA	VTBM- 70	1:32:27	0:04:23	1:32:18	0:12:39	0:27:46	0:30:36	0:43:20	0:58:55	1:01:58	1:14:54	1:29:46	A11109 CLUB ATLETISMO OLIVEIRA
312	70	PABLO BRUN PINTOR	VTBM- 71	1:32:27	0:04:23	1:32:12	0:13:12	0:27:42	0:30:32	0:43:11	0:58:12	1:01:06	1:14:05	1:29:34	
313	1933	ROBERTO FARINA CHARLIN	VTAM- 92	1:32:27	0:04:23	1:32:14	0:13:13	0:27:53	0:30:44	0:43:19	0:58:12	1:01:08	1:14:05	1:29:50	CLUBE ATLETISMO CAMBADOS
314	1963	LUIS VALBUENA GARRIDO	VTAM- 93	1:32:30	0:04:24	1:32:22	0:12:26	0:27:06	0:29:57	0:42:44	0:57:54	1:00:50	1:14:16	1:29:46	La Hermandad Runners Club
315	1773	MANUEL FIGUEIRA PEREZ	VTAM- 94	1:32:31	0:04:24	1:32:20	0:13:15	0:28:06	0:31:00	0:43:28	0:58:07	1:01:00	1:13:43	1:29:46	ATLETISMO SAR A POUTADA
316	1576	JOSE DOMINGO CARRERA CAMISÓN	VTBM- 72	1:32:32	0:04:24	1:32:01	0:14:22	0:29:15	0:32:06	0:44:46	0:59:35	1:02:29	1:15:05	1:29:46	
317	54	ALVARO BARROS ARAUJO	VTAM- 95	1:32:35	0:04:24	1:32:16	0:12:58	0:27:24	0:30:14	0:42:43	0:57:41	1:00:35	1:14:09	1:29:50	
318	1936	MARÍA DEL CARMEN PENAS BLANCO	F- 6 SNF- 3	1:32:39	0:04:24	1:32:37	0:12:08	0:26:22	0:29:09	0:41:45	0:57:09	1:00:12	1:13:53	1:29:45	GA - 15655 Comesaña Sporting Club
319	725	ADOLFO RODRIGUEZ RODRIGUEZ	VTBM- 32	1:32:41	0:04:24	1:32:17	0:13:28	0:28:17	0:31:12	0:44:00	0:58:53	1:01:46	1:14:49	1:29:52	TRAN-TRAN
320	1939	FRANCISCO JOSÉ GARCÍA VILLAVARDE	VTAM- 96	1:32:44	0:04:24	1:32:33	0:12:46	0:27:06	0:29:50	0:41:58	0:56:34	0:59:27	1:12:25	1:29:03	A - 8987 Comesaña Sporting Club
321	596	ALBERTO CALVO FERNANDEZ	VTFM- 3	1:32:50	0:04:24	1:32:44	0:12:36	0:27:05	0:29:54	0:42:39	0:57:52	1:00:51	1:14:15	1:29:51	Castro de Lobadiz
322	1665	JESUS BLANCO MONTERO	VTBM- 33	1:32:51	0:04:25	1:32:36	0:12:42	0:26:57	0:29:43	0:42:03	0:56:56	1:00:01	1:13:48	1:29:49	
323	1955	JOSÉ MARÍA LEVOSO TOUCEDA	VTBM- 73	1:32:56	0:04:25	1:32:24	0:13:20	0:28:21	0:31:17	0:44:01	0:59:01	1:01:58	1:15:08	1:30:12	A-11025/ ESPRINTES OURENSE
324	1710	MANUEL MORÁN CABALLERO	VTBM- 74	1:33:02	0:04:25	1:32:53	0:13:05	0:27:45	0:30:28	0:43:15	0:58:28	1:01:28	1:14:52	1:30:12	Afilados Runners
325	1628	PABLO RODRIGUEZ ALVAREZ	VTAM- 97	1:33:04	0:04:25	1:32:44	0:12:34	0:26:28	0:29:13	0:41:42	0:56:37	0:59:36	1:13:07	1:29:49	
326	772	LUIS ALBERTO PRIETO GUILBALDE	VTDM- 21	1:33:05	0:04:25	1:32:54	0:12:56	0:27:45	0:30:39	0:43:26	0:58:38	1:01:37	1:14:50	1:30:20	
327	752	MANUEL CALO CANOSA	SNM- 85	1:33:06	0:04:25	1:32:10	0:14:36	0:29:17	0:32:02	0:44:32	0:59:20	1:02:12	1:15:17	1:30:24	
328	859	ANGEL LOZANO NOVAS	SNM- 86	1:33:07	0:04:25	1:33:01	0:13:06	0:28:01	0:30:54	0:43:43	0:58:44	1:01:45	1:14:48	1:30:14	A8723 ALEJANDRO GOMEZ
329	434	VICENTE RODRIGUEZ PEREZ	VTBM- 75	1:33:07	0:04:25	1:32:48	0:13:18	0:28:12	0:31:05	0:43:54	0:58:53	1:01:49	1:14:58	1:30:20	
330	244	ROBERTO IGLESIAS ALONSO	VTAM- 98	1:33:09	0:04:25	1:32:45	0:13:30	0:28:18	0:31:10	0:43:47	0:58:38	1:01:35	1:14:27	1:30:27	
331	755	AGAPITO CORREDOIRA	VTFM- 4	1:33:13	0:04:26	1:32:59	0:13:14	0:28:08	0:31:02	0:43:50	0:58:59	1:01:56	1:15:15	1:30:31	
332	1951	JOSE TOIMIL CASTRO	VTDM- 22	1:33:17	0:04:26	1:33:04	0:13:06	0:27:54	0:30:48	0:43:45	0:58:59	1:01:56	1:15:04	1:30:27	ESCOLA ATLETISMO DEZA
333	1905	JOSÉ RAMÓN BARREIRO CERNADAS	VTDM- 23	1:33:19	0:04:26	1:33:03	0:13:48	0:28:55	0:31:51	0:44:45	0:59:51	1:02:47	1:15:43	1:30:35	Club Pato Blanco Celanova
334	2069	JUAN ANTONIO QUIÑONES MIGUEZ	VTBM- 76	1:33:20	0:04:26	1:32:37	0:14:16	0:28:45	0:31:35	0:43:58	0:58:50	1:01:46	1:14:50	1:30:19	
335	311	MANUEL MAYOBRE REY	VTAM- 99	1:33:22	0:04:26	1:32:58	0:13:37	0:28:20	0:31:11	0:43:59	0:59:03	1:01:59	1:15:16	1:30:35	
336	283	MANUEL TOMÁS LORENZO JUANES	VTAM- 100	1:33:25	0:04:26	1:33:15	0:12:07	0:26:10	0:28:56	0:41:24	0:56:30	0:59:29	1:13:11	1:30:12	
337	711	DAVID HOLGUIN HOLGUIN SERNA	VTAM- 34	1:33:30	0:04:26	1:33:06	0:13:45	0:28:44	0:31:37	0:44:16	0:59:35	1:02:35	1:15:43	1:30:48	Rutas del Bierzo
338	1848	TERESA CORRAL MARCOS	F- 7 VTCF- 2	1:33:32	0:04:26	1:33:30	0:13:05	0:28:25	0:31:21	0:44:07	0:59:09	1:02:05	1:15:15	1:30:39	GA-16443 CLUB ATLETISMO CORUÑA COMARCA
339	1799	JOSE MANUEL NUÑEZ FARIÑAS	VTBM- 77	1:33:33	0:04:27	1:32:55	0:13:55	0:28:37	0:31:28	0:44:07	0:59:09	1:02:06	1:15:15	1:30:38	A7442 C.D.EGOVARROS-VIVEIRO
340	515	LUIS VEIGA MENÉNDEZ	VTBM- 78	1:33:33	0:04:27	1:32:38	0:15:45	0:32:30	0:35:50		1:08:15	1:11:48		1:29:59	
341	777	CARLOS SALVADOR RODRIGUEZ	SNM- 87	1:33:34	0:04:27	1:33:02	0:13:29	0:27:44	0:30:28	0:42:40	0:57:07	0:59:54	1:13:28	1:30:27	
342	1608	JORGE RODRIGUEZ BASANTA	SNM- 88	1:33:34	0:04:27	1:33:27	0:12:41	0:28:03	0:31:01	0:44:01	0:59:16	1:02:13	1:15:30	1:30:49	
343	1637	RAMIRO PAZ LEIRAS	SNM- 89	1:33:35	0:04:27	1:33:30	0:12:47	0:28:00	0:30:57	0:43:53	0:59:10	1:02:10	1:15:24	1:30:44	
344	1999	PAOLO RODRIGUEZ ALONSO	VTAM- 35	1:33:36	0:04:27	1:33:09	0:13:14	0:27:44	0:30:35	0:43:26	0:58:39	1:01:36	1:15:09	1:30:40	SERVICIOO -PONTEVEDRA
345	1795	FERNANDO JOSÉ GUERRA ÁLVAREZ	VTAM- 36	1:33:37	0:04:27	1:33:33	0:12:38	0:27:47	0:30:46	0:43:48	0:59:10	1:02:09	1:15:25	1:30:51	C.C.A. Carballiño
346	23	JAVIER ALVAREZ GESTO													

351	93 JUAN CARLOS CARCEDO FERNANDEZ	VTBM- 79	1:33:50	0:04:27	1:33:43	0:12:57	0:28:17	0:31:15	0:44:09	0:59:31	1:02:31	1:15:38	1:31:00	
352	19 JOSE JUSTO ALVAREZ LORENZO	VTCM- 39	1:33:52	0:04:27	1:33:36	0:13:22	0:28:21	0:31:18	0:44:07	0:59:26	1:02:25	1:15:39	1:31:01	
353	422 ANTONIO JOSE RODRIGUEZ CARREIRO	VTBM- 80	1:33:53	0:04:27	1:33:36	0:13:35	0:28:44	0:31:39	0:44:38	0:59:41	1:02:36	1:15:40	1:31:03	
354	1617 JESUS FERNANDEZ RICO	SNM- 92	1:33:55	0:04:28	1:33:41	0:12:55	0:27:34	0:30:27	0:42:53	0:57:38	1:00:34	1:14:00	1:30:39	
355	612 HELIODORO GIL LORENZO	VTBM- 81	1:33:57	0:04:28	1:33:45	0:13:14	0:28:05	0:31:01	0:43:58	0:59:22	1:02:23	1:15:50	1:31:14	CLUB ATLETISMO FLORISTERIA CARMEN SIO
356	174 SUSO FELIPEZ PAZOS	VTBM- 82	1:33:58	0:04:28	1:33:23	0:13:43	0:28:35	0:31:30	0:44:14	0:59:17	1:02:14	1:15:23	1:31:06	
357	269 MARCOS LÓPEZ GARCIA	SNM- 93	1:34:01	0:04:28	1:33:21	0:14:32	0:29:55	0:32:55	0:45:58	1:01:07	1:03:59	1:16:47	1:31:20	
358	463 JOSE LUIS SANTISO FREIRE	VTAM- 102	1:34:03	0:04:28	1:33:33	0:14:09	0:29:14	0:32:11	0:45:08	1:00:28	1:03:30	1:16:59	1:31:26	
359	1778 FRANCISCO J. REY PADIN	VTAM- 103	1:34:04	0:04:28	1:33:45	0:13:04	0:27:48	0:30:41	0:43:33	0:58:59	1:01:59	1:15:25	1:31:13	ATLETISMO V.D.A. - CASAL & ASOCIADOS
360	180 ALBERTO FERNANDEZ MUÑIZ	VTAM- 104	1:34:04	0:04:28	1:33:33	0:13:46	0:28:47	0:31:41	0:44:37	0:59:38	1:02:31	1:15:40	1:31:12	
361	194 DIEGO FRAGA SANO	VTAM- 105	1:34:07	0:04:28	1:33:16	0:13:40	0:28:07	0:30:57	0:43:42	0:59:05	1:02:08	1:15:52	1:31:20	
362	566 SANTIAGO LOPEZ CANICOBA	VTAM- 106	1:34:08	0:04:28	1:33:45	0:14:33	0:29:54	0:32:55	0:45:58	1:01:06	1:03:58	1:16:46	1:31:26	A-11123 ATLETISMO FONTES DO SAR
363	1864 IVÁN VIDAL CASTAÑO	SNM- 94	1:34:08	0:04:28	1:33:47	0:14:33	0:29:54	0:32:55	0:45:57	1:01:06	1:03:58	1:16:46	1:31:26	A-11122 CLUB ATLETISMO FONTES DO SAR
364	291 JOSE MANUEL MACIÁ MAREY	SNM- 95	1:34:10	0:04:28	1:33:56	0:13:13	0:28:05	0:31:00	0:43:56	0:59:18	1:02:22	1:15:55	1:31:17	
365	1700 ROBERTO FEIJOO CANTARILLA	VTAM- 107	1:34:10	0:04:28	1:33:58	0:12:58	0:27:32	0:30:21	0:43:00	0:58:38	1:01:42	1:15:13	1:31:19	A10155 A.D. LIMIACTIVA
366	698 MANUEL LAGO RAMA	VTDM- 24	1:34:11	0:04:28	1:34:04	0:13:01	0:28:08	0:31:06	0:44:03	0:59:25	1:02:26	1:15:41	1:31:18	PRAIÁ DE CARNOTA - RUNNERS
367	1738 JOSE MATIAS REGUEIRA BOO	VTEM- 6	1:34:11	0:04:28	1:34:03	0:12:45	0:27:03	0:29:53	0:42:35	0:58:20	1:01:18	1:15:33	1:31:29	GA-19236 ATLETISMO BARBANZA DE POBRA DO CARAMIÑAL
368	1664 JOSE MARIA SANCHEZ SAN LUIS	SNM- 96	1:34:11	0:04:28	1:34:03	0:14:13	0:30:01	0:33:01	0:46:07	1:01:33	1:04:28	1:17:14	1:31:37	
369	512 MARTÍN VAZQUEZ SANCHEZ	SNM- 97	1:34:14	0:04:28	1:33:44	0:13:16	0:28:05	0:30:51	0:43:20	0:58:32	1:01:25	1:14:53	1:31:18	
370	375 FERNANDO PÉREZ HERNÁNDEZ	VTBM- 83	1:34:16	0:04:29	1:34:01	0:13:28	0:28:49	0:31:48	0:44:59	1:00:41	1:03:49	1:16:52	1:31:24	
371	1886 MIGUEL NOVO REGUEIRA	SNM- 98	1:34:17	0:04:29	1:33:55	0:13:10	0:28:03	0:31:02	0:44:01	0:59:38	1:02:42	1:16:03	1:31:30	CLUB ATLETISMO PORRIÑO
372	1711 FRANCISCO LUIS CAAMAÑO RAMA	VTEM- 7	1:34:18	0:04:29	1:34:08	0:12:53	0:27:49	0:30:43	0:43:51	0:59:10	1:02:15	1:15:42	1:31:23	A6547 AGRUPACION DEPORTIVA ATLETES - ESTEIRO
373	1834 PEDRO DOMENECH GONZÁLEZ	VTAM- 108	1:34:18	0:04:29	1:34:10	0:12:29	0:27:16	0:30:14	0:42:52	0:58:13	1:01:23	1:14:54	1:31:20	A-10553 CLUB ATLETISMO CORUÑA COMARCA
374	285 MATÍAS LOSADA ARCA	VTBM- 84	1:34:20	0:04:29	1:34:01	0:14:02	0:29:05	0:32:03	0:45:04	0:59:55	1:02:50	1:16:02	1:31:27	
375	712 ROBERTO GARCÍA PAZOS	SNM- 99	1:34:21	0:04:29	1:33:45	0:14:00	0:29:16	0:32:14	0:45:20	1:00:26	1:03:21	1:16:21	1:31:34	Sada
376	686 JOSE MANUEL SECO VEIGA	VTCM- 40	1:34:25	0:04:29	1:34:16	0:12:16	0:26:42	0:29:32	0:42:16	0:57:51	1:00:59	1:15:03	1:31:30	NOE TRAINERS STUDIO FERROL
377	475 IVAN SEOANE DIAZ	SNM- 100	1:34:26	0:04:29	1:33:33	0:14:53	0:29:57	0:32:55	0:45:40	1:00:40	1:03:34	1:16:32	1:31:33	
378	1509 MIGUEL ANGEL GARCIA LAGO	VTAM- 109	1:34:27	0:04:29	1:33:44	0:14:16	0:28:45	0:31:35	0:44:05	0:59:21	1:02:22	1:15:51	1:31:32	
379	2110 VICTOR MANUEL CARBALLIDO ARAUJO	VTBM- 85	1:34:38	0:04:30	1:34:18	0:12:49	0:27:27	0:30:19	0:43:23	0:58:54	1:01:58	1:15:36	1:31:41	TANINOS RUNNERS PONTEAREAS
380	1626 JORGE GASPAR CISNEROS	VTAM- 110	1:34:41	0:04:30	1:34:25	0:13:11	0:28:16	0:31:15	0:44:17	0:59:45	1:02:48	1:16:16	1:31:48	
381	1844 FERNANDO NUÑEZ POL	VTAM- 111	1:34:42	0:04:30	1:34:08	0:13:15	0:27:36	0:30:21	0:42:50	0:57:42	1:00:36	1:14:52	1:31:40	GA-17202 CLUB ATLETISMO CORUÑA COMARCA
382	732 JUAN CAMEAN LAMPÓN	VTEM- 8	1:34:44	0:04:30	1:34:14	0:13:49	0:28:50	0:31:44	0:44:39	1:00:01	1:03:03	1:16:21	1:31:47	GA19665 Veteranos de Samil
383	205 FRANCISCO ALFONSO GARCÍA CONDE	VTBM- 86	1:34:49	0:04:30	1:34:22	0:14:13	0:29:32	0:32:32	0:45:29	1:00:36	1:03:34	1:16:38	1:31:57	
384	98 LUIS ISMAEL CARREIRA PIÑEIRO	SNM- 101	1:34:53	0:04:30	1:34:13	0:14:21	0:29:15	0:32:06	0:44:47	0:59:37	1:02:32	1:15:54	1:32:05	
385	2024 BEGOÑA DONIZ FREIRE	F- 8 VTAF- 2	1:34:53	0:04:30	1:34:46	0:12:52	0:28:06	0:31:05	0:44:11	0:59:38	1:02:36	1:16:06	1:31:58	GA-20312 Veteranos Pabellon Orense
386	1816 ALBERTO BELERDAS TESAN	VTCM- 41	1:34:54	0:04:30	1:34:42	0:13:35	0:29:01	0:32:02	0:45:27	1:01:25	1:04:33		1:31:58	CASTRELOS 20:30
387	1957 JUAN MANUEL GONZÁLEZ QUIROGA	VTEM- 9	1:34:54	0:04:30	1:34:46	0:12:52	0:28:06	0:31:05	0:44:11	0:59:38	1:02:36	1:16:06	1:31:58	A-11176 ESPRINTES OURENSE
388	2011 JOSE ANTONIO CORTIÑAS SEIJO	SNM- 102	1:34:54	0:04:30	1:34:27	0:13:44	0:28:14	0:31:08	0:44:05	0:59:45	1:02:53	1:16:47	1:31:51	TENDENCIAS MOBILIARIO
389	553 JUAN JOSE GONZALEZ RAMIL	VTCM- 42	1:34:55	0:04:30	1:34:27	0:13:09	0:28:02	0:30:56	0:44:02	0:59:35	1:02:34	1:16:03	1:31:51	Artabros
390	1698 BRAIS RODRIGUEZ SANCHEZ	SNM- 103	1:34:57	0:04:31	1:34:48	0:12:37	0:27:01	0:29:49	0:42:07	0:56:47	0:59:44	1:13:35	1:31:50	A GÁNDARA MONFORTE
391	1721 EUGENIO CHAMORRO RODRIGUEZ	VTDM- 25	1:35:03	0:04:31	1:34:51	0:13:15	0:28:05	0:31:01	0:43:58	0:59:22	1:02:23	1:15:51	1:31:54	A8837 ALEJANDRO GOMEZ ADIDAS
392	1872 JESUS VAZQUEZ RODRIGUEZ	VTDM- 26	1:35:13	0:04:31	1:34:23	0:15:19	0:30:53	0:33:48	0:46:39	1:01:24	1:04:13	1:17:07	1:32:29	5804 CLUB ATLETISMO MILLADOIRO (SANTIAGO)
393	262 DANIEL LEDO NEIRA	VTAM- 112	1:35:17	0:04:31	1:34:48	0:14:09	0:29:14	0:32:12	0:45:08	1:00:28	1:03:30	1:16:59	1:32:25	
394	1753 PEDRO TEIJEIRO PENA	VTCM- 43	1:35:23	0:04:32	1:34:18	0:14:56	0:29:56	0:32:48	0:45:40	1:00:40	1:03:33	1:16:54	1:32:26	GA 14691 ATLETISMO MONTE SEGADE
395	73 PEDRO JOSÉ CAAMAÑO VARELA	SNM- 104	1:35:26	0:04:32	1:34:55	0:14:02	0:28:50	0:31:42	0:44:21	0:59:29	1:02:30	1:16:14	1:32:21	
396	741 FERNANDO CABANAS PORTO	VTBM- 87	1:35:29	0:04:32	1:35:06	0:13:55	0:29:19	0:32:19	0:45:39	1:00:41	1:03:38	1:17:12	1:32:51	
397	2063 MARCOS PRADO FANDIÑO	SNM- 105	1:35:34	0:04:32	1:35:21	0:12:36	0:26:41	0:29:26	0:41:55	0:56:52	1:00:02	1:14:17	1:32:07	
398	459 EDGAR SANCHEZ GARCIA	VTBM- 88	1:35:35	0:04:32	1:35:02	0:14:28	0:29:16	0:32:05	0:44:47	0:59:36	1:02:32	1:15:53	1:32:16	
399	1987 EMILIO JOSE JOVE CASTRO	VTBM- 89	1:35:37	0:04:32	1:35:27	0:13:06	0:28:21	0:31:23	0:44:37	1:00:07	1:03:14	1:16:50	1:32:46	RIA DE FERROL CONCEPCION ARENAL
400	1878 JOSE IGNACIO CALVO FERNANDEZ	SNM- 106	1:35:37	0:04:32	1:35:28	0:12:39	0:27:08	0:29:56	0:42:34	0:58:13	1:01:41	1:15:34	1:32:49	A/9199 CLUB ATLETISMO NOIA
401	805 AURELIO GONZALEZ LAMELAS	VTBM- 90	1:35:40	0:04:33	1:35:01	0:14:15	0:29:16	0:32:10	0:45:05	1:00:34	1:03:38	1:17:10	1:32:58	
402	110 RAMÓN CASTRO CUERVO	VTDM- 27	1:35:41	0:04:33	1:35:20	0:13:30	0:28:26	0:31:25	0:44:31	1:00:01	1:03:04	1:16:56	1:32:49	
403	100 ANDRÉS CARRERA COSTAS	SNM- 107	1:35:42	0:04:33	1:35:22	0:12:49	0:28:00	0:31:05	0:44:51	1:00:41	1:03:45	1:17:32	1:32:56	
404	1618 VÍTOR MANUEL RODRÍGUEZ JURJO	VTBM- 91	1:35:43	0:04:33	1:35:07	0:14:02	0:29:15	0:32:13	0:45:19	1:00:43	1:03:46	1:17:13	1:32:58	
405	1945 OSCAR BLANCO LORENZO	VTBM- 92	1:35:45	0:04:33	1:35:32	0:12:39	0:27:24	0:30:19	0:42:51	0:58:00	1:00:58	1:14:56	1:32:28	CORREDORES BRETAÑA
406	1656 JOSE LUIS LOMBAO ARIAS	SNM- 108	1:35:46	0:04:33	1:35:40	0:12:41	0:28:03	0:31:01	0:44:01	0:59:16	1:02:13	1:15:30	1:32:36	
407	563 JUAN CARLOS BRANDÓN RODRIGUEZ	VTCM- 44	1:35:47	0:04:33	1:35:06	0:14:29	0:30:00	0:33:01	0:46:10	1:01:40	1:04:43	1:18:05	1:33:07	11133 ATLETISMO FONTES DO SAR
408	898 JORGE DUARTE VAZQUEZ	VTCM- 45	1:35:53	0:04:33	1:35:37	0:13:37	0:28:48	0:31:43	0:44:38	0:59:58	1:03:02	1:16:58	1:32:56	
409	310 FERNANDO MAYOBRE REY	VTAM- 113	1:35:54	0:04:33	1:35:29	0:13:39	0:28:32	0:31:29	0:44:30	1:00:08	1:03:11	1:17:02	1:33:09	
410	1921 DIEGO RODRIGUEZ BELLO	SNM- 109	1:35:59	0:04:33	1:35:03	0:14:43	0:29:55	0:32:49	0:45:39	1:00:52	1:03:49	1:17:09	1:33:05	CLUB RIALTO
411	1540 JUAN MANUEL BAUTÍS OTERO	VTAM- 114	1:36:03	0:04:34	1:35:22	0:14:13	0:29:34	0:32:32	0:45:33	1:00:58	1:03:56	1:17:27	1:33:20	
412	286 JUAN LOUREIRO LODEIRO	VTAM- 115	1:36:08	0:04:34	1:35:55	0:13:19	0:28:16	0:31:11	0:44:06	0:59:17	1:02:21	1:16:01	1:32:55	
413	1875 ESTANISLAO FRANCISCO FERNÁNDEZ INSUA	VTCM- 46	1:36:12	0:04:34	1:35:50	0:13:00	0:27:53	0:30:53	0:44:16	1:00:18	1:03:24	1:17:18	1:33:17	AG9524 CLUB ATLETISMO NOIA
414	788 EDUARDO JORGE PEREZ DIAZ	VTEM- 10	1:36:12	0:04:34	1:35:42	0:14:14	0:29:21	0:32:19	0:45:23	1:01:00	1:04:02	1:17:31	1:33:15	
415	778 CARLOS SOUTO VEIGA	VTBM- 93	1:36:16	0:04:34	1:35:47	0:14:19	0:29:49	0:32:48	0:46:03	1:01:41	1:04:41	1:18:07	1:33:29	
416	323 JOÃO MONTEIRO	SNM- 110	1:36:18	0:04:34	1:35:36	0:14:19	0:29:36	0:32:34	0:45:36	1:01:11	1:04:16	1:17:54	1:33:23	
417	448 MANUEL ROUCO FERNÁNDEZ	SNM- 111	1:36:18	0:04:34	1:35:52	0:13:26	0:28:42	0:31:40	0:44:52	1:00:32	1:03:34	1:17:19	1:33:20	
418	705 ANTONIO GARCIA COUCE	VTDM- 28	1:36:19	0										

422	587	MIGUEL ANGEL FERNANDEZ PEREZ	VTAM- 116	1:36:27	0:04:35	1:36:00	0:13:46	0:29:08	0:32:08	0:45:27	1:01:07	1:04:09	1:17:45	1:33:30	CAO Navia	
423	497	JUAN JOSE TRABAZO FARIÑA	VTMCM- 47	1:36:42	0:04:35	1:36:08	0:13:46	0:28:44	0:31:39	0:44:38	1:00:15	1:03:18	1:17:14	1:33:37		
424	1869	MARCELINO RODRÍGUEZ GARRIDO	VTAM- 117	1:36:42	0:04:35	1:36:20	0:13:42	0:29:07	0:32:06	0:45:13	1:00:44	1:03:46	1:17:29	1:33:48	A-9946 CLUB ATLETISMO FONTES DO SAR	
425	750	JUAN BLANCO MAROÑO	SNM- 113	1:36:42	0:04:36	1:35:45	0:15:49	0:29:49	0:32:38	0:45:01	1:00:02	1:02:59	1:16:40	1:33:23		
426	1748	MODESTO GOMEZ GARCIA	VTDM- 30	1:36:44	0:04:36	1:36:02	0:14:29	0:30:00	0:33:02	0:46:11	1:01:42	1:04:43	1:18:06	1:33:47	A-9756 ATLETISMO FONTES DO SAR	
427	1672	ANTONIO INSUA RODRÍGUEZ-VILA	SNM- 114	1:36:48	0:04:36	1:36:04	0:14:37	0:29:57	0:32:55	0:46:09	1:01:51	1:04:55	1:18:26	1:33:59		
428	147	ROBERTO DOLDÁN CORRAL	SNM- 115	1:36:50	0:04:36	1:35:43	0:16:43	0:33:10	0:36:14	0:49:26	1:04:11	1:06:58	1:19:25	1:34:07		
429	1687	IVÁN RODRÍGUEZ RUIZ	SNM- 116	1:36:50	0:04:36	1:36:14	0:14:08	0:29:02	0:31:59	0:45:07	1:00:55	1:04:01	1:17:46	1:33:58		
430	1893	FERNANDO M. VILAR DÍAZ	VTBM- 94	1:36:54	0:04:36	1:36:36	0:13:54	0:29:35	0:32:36	0:46:01	1:01:41	1:04:43	1:18:07	1:33:59	CLUB ATLETISMO SADA	
431	61	DANIEL BERMÚDEZ ÁLVAREZ	SNM- 117	1:36:56	0:04:36	1:36:14	0:14:32	0:30:05	0:33:04	0:46:13	1:01:54	1:04:55	1:18:27	1:34:11		
432	1887	PEDRO ABELEDO CORTIZAS	VTBM- 95	1:36:57	0:04:36	1:36:40	0:13:06	0:28:09	0:32:35	0:46:01	1:02:05	1:05:04	1:18:33	1:34:12	CLUB ATLETISMO SADA	
433	634	GUILLERMO SILVA FUENTES	VTAM- 118	1:36:59	0:04:36	1:36:32	0:13:27	0:28:44	0:31:43	0:45:04	1:00:56	1:04:00	1:17:34	1:33:57	Club Deportivo Pinarium	
434	648	ALBERTO BOLIBAR MACIAS	VTBM- 96	1:36:59	0:04:36	1:36:48	0:13:13	0:28:23	0:31:23	0:44:39	1:00:26	1:03:32	1:17:23	1:33:57	CLUB RIALTO	
435	604	SONIA BOTANA GONZALEZ	F- 9	VTBF- 2	1:37:01	0:04:36	1:36:49	0:14:00	0:29:17	0:32:19	0:45:57	1:01:38	1:04:41	1:18:14	1:34:03	A/10871 CLUB ATLETISMO CORUÑA COMARCA
436	1732	MANUEL GALLEGO PRIEGO	VTBM- 97	1:37:02	0:04:36	1:36:48	0:13:08	0:27:50	0:30:40	0:43:12	0:58:33	1:01:42	1:16:12	1:33:42	A11108 Atletico Bertamirans	
437	486	WOJCIECH STEFANIAK	SNM- 118	1:37:06	0:04:37	1:35:53	0:14:22	0:29:43	0:32:41	0:46:04	1:01:45	1:04:54	1:18:51	1:34:21		
438	593	GUSTAVO SUAREZ GULLON	VTAM- 119	1:37:07	0:04:37	1:36:47	0:13:42	0:29:02	0:32:02	0:45:27	1:01:13	1:04:14	1:17:52	1:33:59	CASTRELOS 20:30	
439	1888	JUAN MENDEZ LOPEZ	VTBM- 98	1:37:10	0:04:37	1:36:53	0:13:14	0:28:19	0:31:20	0:44:39	1:00:34	1:03:38	1:17:45	1:34:12	11260 CLUB ATLETISMO SADA	
440	389	DOMINGO PRADO TEJUIRO	VTAM- 120	1:37:11	0:04:37	1:36:35	0:13:05	0:27:46	0:30:42	0:43:59	0:59:54	1:03:04	1:17:23	1:34:08		
441	304	MIGUEL MARTINEZ MARTINEZ	VTAM- 121	1:37:11	0:04:37	1:36:20	0:14:44	0:29:52	0:32:45	0:45:57	1:01:38	1:04:41	1:18:31	1:34:18		
442	1616	ANXO MARTINEZ OVIEDO	VTMCM- 48	1:37:11	0:04:37	1:36:53	0:13:32	0:28:19	0:31:15	0:44:06	1:01:37	1:04:46	1:18:48	1:34:24		
443	172	RENATO FARALDO SANTOS	VTBM- 99	1:37:12	0:04:37	1:36:42	0:13:09	0:27:35	0:30:26	0:42:48	0:58:16	1:01:25	1:16:09	1:33:56		
444	1534	ANTONIO MARIÑO SANTAMARIA	VTEM- 12	1:37:14	0:04:37	1:36:32	0:13:56	0:29:20	0:32:22	0:45:30	1:01:08	1:04:10	1:18:04	1:34:17		
445	359	JUAN JESÚS PAZOS MANTIÑÁN	VTEM- 13	1:37:14	0:04:37	1:36:48	0:13:17	0:27:54	0:30:49	0:44:02	0:59:56	1:03:03	1:17:27	1:34:01		
446	1974	FERNANDO ANTELO FERRO	VTBM- 100	1:37:14	0:04:37	1:36:44	0:14:02	0:29:23	0:32:28	0:45:55	1:01:41	1:04:43	1:18:17	1:34:14	A-9891 NOITEBRA F.C.	
447	1632	SILVIA RODRÍGUEZ FERRO	F- 10	VTBF- 3	1:37:14	0:04:37	1:37:04	0:14:18	0:29:41	0:32:43	0:46:10	1:02:05	1:05:04	1:18:30	1:34:12	
448	474	JOSE MANUEL SEOANE CHAS	VTMCM- 49	1:37:16	0:04:37	1:37:11	0:13:04	0:28:50	0:31:57	0:46:01	1:03:14	1:06:36		1:33:41		
449	2040	ALBERTO LÓPEZ VÁZQUEZ	SNM- 119	1:37:16	0:04:37	1:36:43	0:14:21	0:29:52	0:32:52	0:46:09	1:01:58	1:05:01	1:18:32	1:34:26		
450	380	DANIEL PERNAS SOUTO	SNM- 120	1:37:21	0:04:37	1:36:55	0:14:05	0:29:20	0:32:23	0:45:48	1:01:24	1:04:27	1:18:04	1:34:16		
451	1574	FRANCISCO TORRENTE HORTAS	VTEM- 14	1:37:25	0:04:38	1:37:21	0:13:05	0:28:23	0:31:21	0:44:51	1:01:11	1:04:17	1:18:29	1:34:31		
452	1960	M. ALBERTO FERNÁNDEZ FRAGA	VTDM- 31	1:37:26	0:04:38	1:37:05	0:13:25	0:28:16	0:31:09	0:44:06	0:59:45	1:02:53	1:17:05	1:34:07	FUNDACIÓN AZKAR	
453	1776	HUGO BALSERA SANMIGUEL	SNM- 121	1:37:26	0:04:38	1:37:08	0:13:16	0:28:19	0:31:16	0:44:24	1:00:25	1:03:34	1:18:05	1:34:21	ATLETISMO V.D.A. - CASAL & ASOCIADOS	
454	1838	Mª VICTORIA LEIRA MARTIN	F- 11	SNF- 4	1:37:28	0:04:38	1:37:12	0:13:55	0:29:40	0:32:42	0:46:02	1:01:51	1:04:55	1:18:30	1:34:31	A-9805 CLUB ATLETISMO CORUÑA COMARCA
455	361	CARLOS MANUEL PAZOS PORTO	VTBM- 101	1:37:29	0:04:38	1:36:51	0:14:00	0:29:16	0:32:14	0:45:20	1:00:49	1:03:50	1:17:26	1:34:31		
456	1964	LUIS RAMOS ALVAREZ	VTAM- 122	1:37:29	0:04:38	1:37:16	0:13:34	0:29:05	0:32:06	0:45:32	1:01:26	1:04:32	1:18:31	1:34:33	11036 LIMIACTIVA	
457	468	XESUS MANUEL SEGAE CAROU	VTAM- 123	1:37:30	0:04:38	1:36:56	0:13:52	0:29:20	0:32:19	0:45:38	1:01:24	1:04:26	1:18:13	1:34:34		
458	544	JULIO ROMERO VÁZQUEZ	SNM- 122	1:37:34	0:04:38	1:36:59	0:15:07	0:30:49	0:33:51	0:47:09	1:02:55	1:05:55	1:19:10	1:34:43	ADPT TORRE DA MOA	
459	89	ANTONIO CARBALLINI DENES	SNM- 123	1:37:36	0:04:38	1:37:14	0:15:08	0:31:24	0:34:24	0:47:38	1:02:58	1:05:55	1:19:12	1:34:47		
460	1516	DANIEL IGLESIAS PINTADO	SNM- 124	1:37:37	0:04:38	1:36:50	0:15:18	0:31:09	0:34:11	0:47:37	1:03:21	1:06:23	1:19:53	1:34:59		
461	1555	ÓSCAR CARRACEDO REGUEIRA	SNM- 125	1:37:39	0:04:38	1:36:52	0:15:18	0:31:09	0:34:11	0:47:37	1:03:21	1:06:23	1:19:53	1:34:59		
462	203	SANTIAGO GARCIA BELLO	VTBM- 102	1:37:40	0:04:38	1:37:16	0:13:43	0:29:12	0:32:13	0:45:44	1:01:38	1:04:38	1:18:18	1:34:35		
463	341	CARLOS OTERO IGLESIAS	VTAM- 124	1:37:41	0:04:38	1:37:02	0:13:56	0:29:06	0:32:08	0:45:50	1:01:52	1:04:57	1:18:29	1:34:36		
464	362	ALEXANDRE PEDREIRA PENA	SNM- 126	1:37:45	0:04:38	1:37:21	0:14:42	0:31:26	0:34:42	0:49:03	1:05:30	1:08:38	1:20:55	1:35:02		
465	1904	JOSE BESTEIRO GAYOSO	VTBM- 103	1:37:48	0:04:39	1:37:24	0:14:18	0:29:50	0:32:52	0:45:58	1:01:26	1:04:28	1:18:08	1:34:38	CLUB FLUVIAL DE LUGO	
466	516	LUIS VENCE CORTON	VTBM- 104	1:37:51	0:04:39	1:37:25	0:12:40	0:27:02	0:29:53	0:42:34	0:59:13	1:02:34	1:16:02	1:34:27		
467	399	RAMON RAMA LEIS	SNM- 127	1:37:53	0:04:39	1:36:54	0:16:54	0:32:17	0:35:11	0:47:59	1:03:20	1:06:22	1:19:30	1:34:57		
468	1646	EMILIO MEDINA JIMÉNEZ	VTMCM- 50	1:37:54	0:04:39	1:37:25	0:14:25	0:30:15	0:33:19	0:46:45	1:02:43	1:05:43	1:19:21	1:34:54		
469	53	AGUSTIN BARDANCA AMEIJIDEZ	VTDM- 32	1:37:55	0:04:39	1:37:44	0:13:33	0:29:00	0:32:01	0:45:34	1:01:34	1:04:39	1:18:33	1:34:42		
470	715	EDUARDO VALEIJE ALVAREZ	VTBM- 105	1:38:01	0:04:39	1:37:24	0:14:48	0:30:46	0:33:46	0:47:13	1:02:57	1:05:58	1:19:49	1:35:11	SERVICIO REDONDELA	
471	714	LOLY COVELO GREGORIO	F- 12	VTBF- 4	1:38:02	0:04:39	1:37:25	0:14:49	0:30:46	0:33:46	0:47:14	1:02:57	1:05:59	1:19:49	1:35:11	SERVICIO REDONDELA
472	385	JESUS MARIA POMBO PANPIN	VTMCM- 51	1:38:03	0:04:39	1:37:59	0:13:12	0:29:05	0:32:10	0:45:51	1:02:13	1:05:18	1:19:28	1:35:12		
473	1627	PEDRO ARIAS SÁNCHEZ	VTMCM- 52	1:38:05	0:04:39	1:36:56	0:17:04	0:35:06	0:38:43	0:51:23	1:05:50	1:08:37	1:21:02	1:35:36		
474	1581	BENITO RODRIGUEZ MARTINEZ	VTAM- 125	1:38:06	0:04:39	1:37:25	0:13:57	0:29:19	0:32:21	0:45:49	1:01:47	1:04:55	1:18:50	1:35:08		
475	1667	SUSANA GONZALEZ LEAL	F- 13	SNF- 5	1:38:06	0:04:39	1:37:43	0:15:31	0:31:49	0:34:56	0:48:25	1:04:11	1:07:11	1:20:12	1:35:16	
476	833	IAGO FERREIRO LORENZO	SNM- 128	1:38:08	0:04:40	1:37:03	0:14:24	0:29:08	0:31:59	0:44:43	0:59:59	1:03:02	1:16:59	1:34:40		
477	573	JOSE CARLOS MARTIN RODRIGUEZ	VTAM- 126	1:38:08	0:04:40	1:37:44	0:13:17	0:28:01	0:30:52	0:44:08	0:59:39	1:02:36	1:16:54	1:34:40	Betanzos	
478	521	JAVIER VILA PORTO	PRM- 1	1:38:09	0:04:40	1:37:49	0:13:40	0:29:09	0:32:10	0:45:44	1:01:32	1:04:37	1:18:38	1:35:14		
479	900	JOSE MANUEL GONZALEZ SALGADO	VTAM- 127	1:38:10	0:04:40	1:37:47	0:14:33	0:30:40	0:33:49	0:47:36	1:03:41	1:06:43	1:19:51	1:35:13		
480	484	JUAN RAMON SOUSA FERREIRO	VTAM- 128	1:38:11	0:04:40	1:37:43	0:14:17	0:30:13	0:33:19	0:47:10	1:03:31	1:06:40	1:20:29	1:35:34		
481	479	ALEJANDRO SERRANO BUJAN	SNM- 129	1:38:11	0:04:40	1:37:24	0:15:43	0:32:17	0:35:23	0:48:54	1:04:28	1:07:27	1:20:51	1:35:35		
482	1735	BELARMINO ANDRADE LAMELA	VTBM- 106	1:38:22	0:04:40	1:37:58	0:14:24	0:30:12	0:33:17	0:46:45	1:02:39	1:05:42	1:19:20	1:35:21	A11103 Atletico Bertamirans	
483	1622	BORJA CANTO BAÑA	SNM- 130	1:38:22	0:04:40	1:37:54	0:14:15	0:30:20	0:33:31	0:47:29	1:03:42	1:06:48	1:20:31	1:35:47		
484	877	PABLO GARCIA GARCIA-PAZ	SNM- 131	1:38:22	0:04:40	1:37:55	0:14:15	0:30:20	0:33:30	0:47:29	1:03:42	1:06:48	1:20:31	1:35:48		
485	211	IAGO GARCIA PATIÑO	SNM- 132	1:38:23	0:04:40	1:37:35	0:15:11	0:30:47	0:33:51	0:47:17	1:02:59	1:06:05	1:19:46	1:35:35		
486	1908	JUAN TABARA RODRIGUEZ	VTDM- 33	1:38:27	0:04:40	1:38:19	0:13:32	0:29:02	0:32:04	0:45:28	1:01:21	1:04:31	1:18:34	1:35:18	CLUB RIALTO	
487	1507	MARCOS MANUEL GARCIA LAGO	VTBM- 107	1:38:29	0:04:41	1:37:46	0:14:17	0:29:20	0:32:20	0:45:35	1:01:26	1:04:33	1:18:35	1:35:15		
488	1821															

493	556	JORGE FERREIROA GONZALEZ	VTEM- 15	1:38:39	0:04:41	1:38:27	0:13:34	0:29:01	0:32:02	0:45:27	1:01:28	1:04:33	1:18:45	1:35:29	Athletics Aventura
494	2021	JOSE DO PAZO DIAZ	VTFM- 5	1:38:41	0:04:41	1:38:37	0:13:16	0:28:45	0:31:48	0:45:19	1:01:18	1:04:26	1:18:36	1:35:30	VETERAN@S DE GALICIA
495	1536	JAVIER FIGUEROA RODRIGUEZ	VTAM- 130	1:38:43	0:04:41	1:38:13	0:15:04	0:31:17	0:34:24	0:48:14	1:04:19	1:07:28	1:21:01	1:36:04	
496	105	J.CARLOS CASTRILLON CRESPO	VTAM- 131	1:38:52	0:04:42	1:38:47	0:12:27	0:26:57	0:29:52	0:43:27	1:00:04	1:03:20	1:18:13	1:35:48	
497	243	JUAN HIDALGO RODRIGUEZ	VTAM- 53	1:38:53	0:04:42	1:38:36	0:14:28	0:30:34	0:33:36	0:47:22	1:03:22	1:06:24	1:20:10	1:35:55	
498	96	MANUEL CARREIRA PARRADO	SNM- 133	1:38:54	0:04:42	1:38:42	0:13:32	0:29:09	0:32:14	0:45:36	1:01:30	1:04:37	1:18:37	1:35:42	11229
499	382	MARC PERRAMON BONIGO	VTAM- 132	1:38:55	0:04:42	1:38:55	0:11:59	0:26:23	0:29:15	0:41:59	0:57:06	1:00:04	1:15:25	1:34:52	
500	328	BORJA MUÑOZ PLAZA	VTAM- 133	1:38:57	0:04:42	1:37:52	0:15:51	0:31:42	0:34:45	0:48:16	1:04:17	1:07:17	1:20:39	1:36:04	
501	603	JOSE UCHA CALVO	VTAM- 134	1:39:04	0:04:42	1:38:18	0:14:03	0:29:22	0:32:27	0:46:02	1:02:05	1:05:14	1:19:27	1:35:48	A-11852 CLUB ATLETISMO CORUÑA COMARCA
502	273	ROBERTO LOPEZ PEREZ	SNM- 134	1:39:05	0:04:42	1:38:45	0:14:23	0:29:41	0:32:38	0:45:47	1:01:25	1:04:26	1:18:45	1:36:14	
503	1910	Diego Castro Suarez	VTBM- 111	1:39:06	0:04:42	1:38:25	0:15:13	0:30:58	0:34:01	0:47:34	1:03:29	1:06:32	1:20:20	1:36:13	CLUB RIALTO
504	2016	PABLO BARRIO VILAR	SNM- 135	1:39:06	0:04:42	1:38:25	0:15:13	0:30:58	0:34:00	0:47:34	1:03:29	1:06:33	1:20:20	1:36:14	TRIATLON FERROL
505	1985	JESÚS GONZALO PÉREZ LÓPEZ	VTEM- 16	1:39:09	0:04:42	1:38:47	0:13:42	0:29:08	0:32:09	0:45:46	1:01:55	1:05:10	1:19:24	1:36:07	Promocións Abuín e Escolante
506	135	ALFREDO PABLO DELGADO IZARRA	VTBM- 112	1:39:12	0:04:43	1:38:33	0:14:57	0:30:49	0:33:56	0:47:42	1:04:12	1:07:24	1:20:29	1:36:11	
507	334	ANTÓNIO NOBREGA	VTAM- 135	1:39:14	0:04:43	1:38:33	0:14:05	0:29:09	0:32:06	0:45:06	1:01:05	1:04:16	1:18:17	1:35:49	
508	2041	VENANCIO CHAO ALVAREZ	VTBM- 113	1:39:16	0:04:43	1:38:17	0:14:26	0:30:02	0:33:06	0:46:22	1:02:11	1:05:14	1:19:17	1:36:07	
509	490	JULIO SUAREZ VAZQUEZ	VTEM- 17	1:39:17	0:04:43	1:39:02	0:14:00	0:29:42	0:32:47	0:46:32	1:02:58	1:06:08	1:19:56	1:36:09	
510	360	PABLO PAZOS OTERO	SNM- 136	1:39:18	0:04:43	1:38:44	0:13:47	0:29:01	0:32:02	0:45:28	1:01:39	1:04:50	1:19:06	1:36:01	
511	1777	JUAN SUAREZ GARCIA	SNM- 137	1:39:19	0:04:43	1:39:00	0:13:16	0:28:19	0:31:16	0:44:23	1:00:25	1:03:34	1:18:07	1:35:51	ATLETISMO V.D.A. - CASAL & ASOCIADOS
512	824	ANGEL CABANA PEREZ	VTAM- 136	1:39:20	0:04:43	1:38:39	0:16:28	0:33:15	0:36:23	0:49:43	1:04:54	1:07:48	1:20:50	1:36:26	
513	2058	SANTIAGO MUÑOES MAURIZ	VTBM- 114	1:39:21	0:04:43	1:38:59	0:14:37	0:30:41	0:33:49	0:47:37	1:03:43	1:06:50	1:20:43	1:36:32	
514	175	CARLOS FERNANDEZ EXPOSITO	VTBM- 115	1:39:22	0:04:43	1:38:39	0:14:37	0:30:38	0:33:44	0:47:32	1:03:39	1:06:44	1:20:33	1:36:23	
515	880	JUAN JOSE LOPEZ DE LA OSA	SNM- 138	1:39:24	0:04:43	1:38:58	0:15:54	0:32:31	0:35:23	0:48:10	1:03:28	1:06:28	1:20:10	1:36:17	
516	1625	CARLOS DE LA VEGA SIERRA	SNM- 139	1:39:29	0:04:43	1:39:12	0:13:09	0:28:15	0:31:12	0:44:36	1:00:58	1:04:07	1:18:47	1:36:15	
517	1851	DANIEL CALVIÑO MORENO	SNM- 140	1:39:30	0:04:43	1:39:23	0:13:57	0:29:54	0:32:58	0:46:42	1:03:05	1:06:12	1:20:19	1:36:33	a/10899 CLUB ATLETISMO CORUÑA COMARCA
518	260	MIGUEL LAMEIRO NIETO	VTAM- 137	1:39:38	0:04:44	1:39:13	0:14:56	0:31:01	0:34:06	0:47:48	1:03:49	1:06:54	1:20:28	1:36:37	
519	746	MONICA GONCALVES DIAS	F- 15 VTAF- 3	1:39:48	0:04:44	1:39:08	0:14:08	0:29:26	0:32:30	0:46:10	1:02:35	1:05:45	1:20:05	1:36:45	
520	1947	JORGE LÓPEZ MUÑOZ	SNM- 141	1:39:48	0:04:44	1:38:47	0:15:50	0:32:15	0:35:23	0:49:04	1:05:11	1:08:14	1:22:07	1:37:13	CORTES ZAPATERIAS
521	1577	ENRIQUE SEGUI FERNANDEZ	SNM- 142	1:39:52	0:04:44	1:39:38	0:12:50	0:27:27	0:30:21	0:43:33	1:00:03	1:03:19	1:18:21	1:36:25	
522	319	RAMON MIGUENS LAGO	SNM- 143	1:39:52	0:04:45	1:39:31	0:14:05	0:29:44	0:32:44	0:46:20	1:02:40	1:05:47	1:19:59	1:36:52	
523	1707	JAVIER SANTOS GONZALEZ	VTAM- 138	1:39:56	0:04:45	1:39:43	0:13:07	0:28:28	0:31:32	0:45:21	1:01:31	1:04:47	1:19:20	1:36:34	Afilados Runners
524	1706	IVÁN ABAL PULLEIRO	SNM- 144	1:39:56	0:04:45	1:39:44	0:13:07	0:28:28	0:31:32	0:45:21	1:01:31	1:04:46	1:19:19	1:36:34	Afilados Runners
525	1792	MICHAEL ROSBERG	VTAM- 139	1:39:58	0:04:45	1:39:23	0:15:19	0:31:27	0:34:37	0:48:11	1:04:08	1:07:11	1:20:59	1:37:01	GA-19708 C.A.R. MARISQUEIRO
526	883	MANUEL ROSALES TOUZA	VTFM- 6	1:40:06	0:04:45	1:39:56	0:14:02	0:29:36	0:32:38	0:46:08	1:02:19	1:05:31	1:19:58	1:36:51	GA-13433 REAL CLUB CELTA ATLETISMO
527	1644	GUILLERMO CONCHEIRO FERNÁNDEZ	VTDM- 34	1:40:07	0:04:45	1:38:59	0:15:03	0:30:42	0:33:44	0:47:08	1:03:14	1:06:25	1:20:44	1:37:13	
528	32	ROCÍO ALVITE FERREIRO	F- 16 SNF- 7	1:40:09	0:04:45	1:39:08	0:15:48	0:32:14	0:35:20	0:49:02	1:05:13	1:08:19	1:22:07	1:37:32	
529	320	VICTOR MANUEL MIGUEZ NOVOA	VTAM- 54	1:40:09	0:04:45	1:39:38	0:15:04	0:31:25	0:34:37	0:48:26	1:04:30	1:07:38	1:21:28	1:37:13	
530	349	JUAN PARDO CANOSA	VTAM- 55	1:40:12	0:04:45	1:39:20	0:15:47	0:31:48	0:34:54	0:48:24	1:04:15	1:07:21	1:21:08	1:37:13	
531	1993	FRANCISCO GEN ARBE	VTEM- 18	1:40:13	0:04:45	1:40:03	0:14:13	0:30:04	0:33:13	0:47:07	1:03:30	1:06:40	1:20:44	1:37:19	GA-17135 RIA DE FERROL CONCEPCION ARENAL
532	1889	CARLOS REINLEIN FARRE	VTBM- 116	1:40:14	0:04:46	1:39:57	0:13:54	0:30:12	0:33:24	0:47:33	1:04:13	1:07:24	1:21:25	1:37:30	11262 CLUB ATLETISMO SADA
533	1892	FERNANDO MIGUEZ SÁNCHEZ	VTBM- 117	1:40:14	0:04:46	1:39:56	0:13:54	0:30:11	0:33:24	0:47:33	1:04:13	1:07:25	1:21:25	1:37:29	11256 CLUB ATLETISMO SADA
534	473	XOSE MANUEL SENLLE CANOSA	VTDM- 35	1:40:17	0:04:46	1:39:03	0:15:24	0:31:25	0:34:35	0:48:13	1:04:15	1:07:12	1:21:12	1:37:28	
535	2087	JOSE LUIS RODRIGUEZ DEL RIO	VTEM- 19	1:40:18	0:04:46	1:39:10	0:15:52	0:31:44	0:34:52	0:48:26	1:04:11	1:07:11	1:20:42	1:37:11	ATLETISMO ORDES
536	1759	JOSE MANUEL MARTINEZ FERNANDEZ	VTBM- 118	1:40:20	0:04:46	1:39:59	0:13:25	0:28:17	0:31:10	0:44:25	1:00:51	1:04:08	1:19:03	1:37:07	ATLETISMO MONTE SEGADE
537	164	CARLOS J. ESCUDERO CASCÓN	VTBM- 119	1:40:23	0:04:46	1:39:57	0:14:16	0:30:18	0:33:24	0:47:11	1:03:38	1:06:50	1:20:49	1:37:24	
538	1727	CARLOS MARÍA FERNÁNDEZ PITA	VTBM- 120	1:40:23	0:04:46	1:40:10	0:14:22	0:30:39	0:33:49	0:47:44	1:03:58	1:07:06	1:20:56	1:37:16	Amigos de San Diego
539	2095	ANTONIO HERNANDEZ BARREIRO	VTFM- 7	1:40:26	0:04:46	1:40:09	0:13:09	0:28:15	0:31:15	0:44:52	1:01:28	1:04:43	1:19:29	1:36:54	7400 EGOVARROS DE VIVEIRO
540	835	JULIO MUÑOZ ESPASANDÍN	SNM- 145	1:40:26	0:04:46	1:39:25	0:15:48	0:32:15	0:35:22	0:49:05	1:05:11	1:08:17	1:22:07	1:37:31	
541	669	JUAN MANUEL LAGE VIDAL	SNM- 146	1:40:30	0:04:46	1:39:43	0:14:36	0:30:08	0:33:15	0:46:44	1:02:56	1:06:02	1:20:33	1:37:27	Correlume
542	708	MARISA BARREIRO FUENTES	F- 17 VTAF- 4	1:40:31	0:04:46	1:39:44	0:15:04	0:30:42	0:33:44	0:47:11	1:02:59	1:06:05	1:19:58	1:37:06	A/10870 Riazor Atletismo
543	72	IVÁN BUENO HERMIDA	VTAM- 140	1:40:35	0:04:47	1:39:33	0:15:58	0:32:47	0:36:00	0:49:53	1:05:58	1:09:04	1:22:22	1:37:43	
544	465	CARLOS SANTOS MARÍNEZ	VTAM- 141	1:40:35	0:04:47	1:40:07	0:14:27	0:30:21	0:33:27	0:47:27	1:03:48	1:06:59	1:21:05	1:37:21	
545	774	ARTURO RABUÑAL VÁZQUEZ	VTEM- 20	1:40:36	0:04:47	1:39:34	0:15:29	0:31:19	0:34:26	0:48:06	1:04:00	1:07:08	1:21:06	1:37:40	
546	401	FRANCO RAMOS CARBALLO	SNM- 147	1:40:41	0:04:47	1:40:13	0:14:55	0:31:23	0:34:38	0:48:45	1:05:30	1:08:50	1:23:20	1:38:10	
547	1684	FRANCISCO JAVIER SUAREZ BERMUDEZ	SNM- 148	1:40:42	0:04:47	1:40:00	0:14:20	0:29:41	0:32:42	0:46:03	1:02:08	1:05:25	1:20:03	1:37:25	
548	600	FRANCISCO CORDEIRO RODRIGUEZ	VTEM- 21	1:40:46	0:04:47	1:40:08	0:14:20	0:29:55	0:32:58	0:46:35	1:03:08	1:06:21	1:20:56	1:37:44	CENTOLOS RUNNERS CANGAS DE MORRAZO
549	1979	JOSE RAMON NUÑEZ VAZQUEZ	VTFM- 8	1:40:47	0:04:47	1:40:02	0:14:40	0:29:33	0:32:30	0:45:57	1:02:11	1:05:22	1:19:52	1:37:27	PATO BLANCO DE CELANOVA
550	817	JOSE BENITO BARBOSA ARRIVAS	VTAM- 142	1:40:47	0:04:47	1:40:01	0:15:57	0:33:21	0:36:18	0:49:15	1:05:03	1:08:00	1:21:36	1:37:26	
551	368	JOSE IGNACIO PEREZ GONZALEZ	VTDM- 36	1:40:49	0:04:47	1:40:17	0:15:11	0:31:25	0:34:35	0:48:33	1:04:52	1:07:55	1:21:41	1:37:48	
552	590	BERNARDINO MATA MIRANDA	VTAM- 56	1:40:52	0:04:47	1:40:43	0:12:38	0:27:09	0:30:02	0:46:51	1:03:19	1:06:35	1:20:58	1:37:50	CASTRELOS 20:30
553	771	JUAN CARLOS PIÑEIRO MÉNDEZ	VTAM- 143	1:40:57	0:04:48	1:40:47	0:14:13	0:30:04	0:33:13	0:47:06	1:03:16	1:06:23	1:20:20	1:37:40	
554	500	JESÚS TRILLO PRADO	VTBM- 121	1:41:01	0:04:48	1:40:43	0:13:48	0:29:37	0:32:39	0:46:13	1:02:51	1:06:05	1:20:44	1:37:49	
555	1815	JOSE ALEJANDRO GANDARA BOUZA	VTBM- 122	1:41:05	0:04:48	1:40:44	0:13:58	0:30:00	0:33:08	0:46:51	1:03:20	1:06:35	1:20:58	1:38:02	CASTRELOS 20:30
556	1562	ROBERTO GARCÍA VALLADARES	SNM- 149	1:41:07	0:04:48	1:40:04	0:15:23	0:31:26	0:34:34	0:48:18	1:04:26	1:07:21	1:21:30	1:38:08	
557	658	MOTSERRAT CARREIRA COSTAS	F- 18 VTBF- 5	1:41:07	0:04:48	1:41:04	0:13:28	0:29:04	0:32:05	0:45:41	1:02:03	1:05:18	1:20:58	1:37:56	GA -15983 Comesaña Sporting Club
558	2082	EDUARDO REY QUINTELA	VTAM- 144	1:41:12	0:04:48	1:40:34	0:14:50	0:31:06	0:34:15	0:47:59	1:04:12	1:07:23	1:21:34</		

564	1678	JOSE MANUEL MESIAS FERNANDEZ	VTBM- 125	1:41:18	0:04:49	1:40:46	0:14:38	0:30:46	0:33:53	0:47:55	1:04:20	1:07:29	1:21:38	1:38:16	
565	633	FRANCISCO JOSÉ GARCÍA SOAGE	SNM- 153	1:41:22	0:04:49	1:40:55	0:14:36	0:30:49	0:33:59	0:47:56	1:04:18	1:07:28	1:21:48	1:38:20	Club Deportivo Pinarium
566	1605	CELESTINO MATO PEÓN	VTAM- 145	1:41:27	0:04:49	1:40:42	0:14:58	0:30:55	0:33:57	0:47:43	1:04:08	1:07:17	1:21:37	1:38:16	
567	411	ROBERTO REY SEOANE	VTCM- 57	1:41:34	0:04:49	1:40:55	0:14:43	0:30:33	0:33:32	0:47:31	1:03:51	1:06:58	1:21:22	1:38:32	
568	853	PABLO DE PAZ ABEIGÓN	SNM- 154	1:41:35	0:04:49	1:41:02	0:15:42	0:32:22	0:35:33	0:49:36	1:06:02	1:09:12	1:23:32	1:38:35	
569	1853	SUSANA FEIJOO SANCHEZ	F- 19 VTAF- 5	1:41:36	0:04:49	1:40:59	0:14:53	0:31:06	0:34:15	0:47:59	1:04:13	1:07:23	1:21:37	1:38:33	A-6328 CLUB ATLETISMO CORUÑA COMARCA
570	826	MARCOS GARCIA MARTINEZ	VTAM- 146	1:41:38	0:04:50	1:40:34	0:15:51	0:31:43	0:34:45	0:48:17	1:04:19	1:07:22	1:21:15	1:38:18	
571	710	JESÚS RODRIGUEZ ALAMO	VTEM- 22	1:41:42	0:04:50	1:41:32	0:14:17	0:30:36	0:33:49	0:48:00	1:04:33	1:07:47	1:22:06	1:38:35	Ruidera
572	453	EMILIO SABORIDO FERNANDEZ	SNM- 155	1:41:44	0:04:50	1:40:54	0:16:11	0:32:31	0:35:41	0:49:26	1:05:17	1:08:27	1:22:31	1:38:42	
573	808	JOSE MANUEL QUIROGA PRADO	VTBM- 126	1:41:47	0:04:50	1:41:32	0:14:42	0:31:26	0:34:42	0:49:04	1:05:31	1:08:39	1:22:40	1:38:59	
574	1831	MIGUEL ÁNGEL ACOSTA ALCOBA	SNM- 156	1:41:47	0:04:50	1:41:22	0:11:13	0:24:30	0:27:20	0:49:03	1:05:30	1:08:39	1:22:39	1:38:58	Cidade de Lugo Fluvial
575	1599	FRANCISCO DUARTE VAZQUEZ	VTCM- 58	1:41:49	0:04:50	1:41:34	0:14:20	0:30:38	0:33:49	0:47:36	1:03:54	1:07:01	1:21:02	1:38:14	
576	99	IVAN LUCAS CARREIRO FERREIRA	SNM- 157	1:41:50	0:04:50	1:41:30	0:13:58	0:29:35	0:32:44	0:46:25	1:03:06	1:06:23	1:21:09	1:38:52	
577	192	MIGUEL ANGEL FLORES LOJO	VTAM- 147	1:41:50	0:04:50	1:40:50	0:14:53	0:30:30	0:33:36	0:47:36	1:04:06	1:07:22	1:22:03	1:38:44	
578	1559	PABLO BECERRA LAGO	VTBM- 127	1:41:53	0:04:50	1:40:51	0:15:33	0:31:56	0:35:10	0:49:06	1:05:34	1:08:46	1:22:53	1:39:11	
579	529	MARCOS VINAGRE REY	VTAM- 148	1:41:53	0:04:50	1:40:57	0:14:08	0:29:04	0:31:59	0:44:49	1:00:17	1:03:19	1:17:50	1:37:46	
580	376	CARLOS PEREZ HERRERO	VTEM- 23	1:41:58	0:04:50	1:41:32	0:14:25	0:30:34	0:33:41	0:47:45	1:04:25	1:07:37	1:22:05	1:38:46	
581	1768	JORGE GARCIA LOSADA	VTAM- 149	1:41:59	0:04:50	1:41:35	0:14:13	0:30:23	0:33:34	0:47:48	1:04:38	1:07:52	1:22:19	1:38:54	ATLETISMO RIAZOR CORUÑA
582	624	Mª DOLORES TARELA MIRAMONTES	F- 20 VTBF- 6	1:42:01	0:04:51	1:41:58	0:13:22	0:29:16	0:32:18	0:46:26	1:03:24	1:06:40	1:21:41	1:38:52	6586 CLUB ATLETISMO NOIA
583	1938	VICTORIA FERNÁNDEZ GARCÍA	F- 21 SNF- 8	1:42:02	0:04:51	1:41:56	0:13:52	0:29:48	0:32:57	0:47:04	1:03:56	1:07:09	1:21:47	1:39:04	A - 9513 Comesaña Sporting Club
584	754	JOSE ANTONIO CASANOVA PEREZ	VTEM- 24	1:42:02	0:04:51	1:41:38	0:14:33	0:30:46	0:33:57	0:47:56	1:04:24	1:07:32	1:22:04	1:39:01	
585	662	AMALIA DOPAZO OTERO	F- 22 SNF- 9	1:42:03	0:04:51	1:41:30	0:15:44	0:32:12	0:35:20	0:49:12	1:05:51	1:08:59	1:23:00	1:39:14	GA - 14400 Comesaña Sporting Club
586	179	MARTIN FERNANDEZ LOPEZ	VTCM- 59	1:42:04	0:04:51	1:41:25	0:15:06	0:31:14	0:34:18	0:48:09	1:04:31	1:07:33	1:22:05	1:39:02	
587	363	ROBERTO PEDREIRA ULLOA	SNM- 158	1:42:05	0:04:51	1:41:33	0:14:26	0:30:36	0:33:49	0:47:51	1:04:13	1:07:21	1:21:36	1:38:41	
588	452	JOSE ANTONIO SAAVEDRA PAZOS	VTCM- 60	1:42:07	0:04:51	1:41:23	0:15:16	0:31:52	0:35:00	0:49:01	1:05:26	1:08:36	1:22:57	1:39:14	
589	182	MANUEL LUIS FERNÁNDEZ PENA	VTBM- 128	1:42:07	0:04:51	1:41:33	0:15:22	0:31:49	0:35:01	0:49:02	1:05:32	1:08:40	1:22:44	1:39:09	
590	433	JUAN JESUS RODRIGUEZ PEREZ	VTAM- 150	1:42:08	0:04:51	1:42:00	0:14:41	0:31:05	0:34:17	0:48:12	1:04:38	1:07:53	1:22:07	1:39:03	
591	250	MANUEL ANGEL JOVE SANTOS	VTBM- 129	1:42:13	0:04:51	1:41:55	0:14:43	0:31:05	0:34:16	0:48:24	1:05:09	1:08:25	1:22:45	1:39:17	
592	724	RAMON REY GEY	VTDM- 37	1:42:19	0:04:51	1:41:35	0:14:22	0:29:54	0:32:55	0:46:36	1:03:08	1:06:20	1:20:57	1:38:47	TRAN-TRAN
593	742	CARMEN MARTINEZ BUENHOMBRE	F- 23 SNF- 10	1:42:19	0:04:51	1:41:46	0:15:11	0:31:25	0:34:35	0:48:31	1:05:22	1:08:38	1:23:08	1:39:18	
594	736	ANTOLÁ-N RODRIGUEZ GOMEZ	VTFM- 9	1:42:21	0:04:52	1:41:52	0:15:05	0:31:26	0:34:35	0:48:33	1:05:06	1:08:16	1:22:57	1:39:16	GA15622 Veteranos de Samil
595	457	SERGIO SAMPEDRO HERRANZ	SNM- 159	1:42:22	0:04:52	1:41:44	0:16:00	0:33:09	0:36:38	0:50:32	1:06:08	1:09:05	1:23:19	1:39:27	
596	421	FRANCISCO ROCA LOPEZ	VTCM- 61	1:42:24	0:04:52	1:41:29	0:15:42	0:31:44	0:34:52	0:48:29	1:04:48	1:07:57	1:22:05	1:39:04	
597	208	JUAN JOSE GARCIA LOPEZ	VTBM- 130	1:42:25	0:04:52	1:42:04	0:15:01	0:31:24	0:34:38	0:48:44	1:05:26	1:08:41	1:23:16	1:39:36	
598	1645	ALBERTO BRAGADO RODRIGUEZ	VTBM- 131	1:42:27	0:04:52	1:41:40	0:15:01	0:31:09	0:34:20	0:48:21	1:05:09	1:08:21	1:22:57	1:39:45	
599	166	JAVIER ESTÉVEZ RAMA	SNM- 160	1:42:28	0:04:52	1:41:33	0:15:54	0:31:52	0:34:59	0:48:38	1:05:11	1:08:18	1:22:41	1:39:24	
600	683	JULIO REGO FERNÁNDEZ	VTCM- 62	1:42:30	0:04:52	1:42:07	0:14:49	0:30:48	0:33:57	0:48:01	1:04:21	1:07:31	1:22:00	1:39:24	10799 Marineda Atlético
601	2012	PABLO FERNÁNDEZ TRASEIRA	SNM- 161	1:42:35	0:04:52	1:42:08	0:14:01	0:30:02	0:33:14	0:47:03	1:03:47	1:07:05	1:21:49	1:39:44	TENDENCIAS MOBILIARIO
602	1943	ABEL AMIGO DIGÁ³N	VTCM- 63	1:42:38	0:04:52	1:42:22	0:13:55	0:29:27	0:32:32	0:46:20	1:03:07	1:06:22	1:21:08	1:39:21	CORREDORES BECERREA
603	847	JOSE LOMBAN PAZOS	SNM- 162	1:42:39	0:04:52	1:41:47	0:15:35	0:31:48	0:34:57	0:49:06	1:06:09	1:09:28	1:23:35	1:39:43	
604	46	JAVIER ARIJA TEJERO	SNM- 163	1:42:40	0:04:52	1:41:47	0:15:35	0:31:47	0:34:57	0:49:06	1:06:08	1:09:28	1:23:34	1:39:43	
605	1719	DOMINGO LOPEZ PENA	VTBM- 132	1:42:41	0:04:53	1:42:11	0:15:13	0:32:09	0:35:22	0:49:25	1:06:11	1:09:21	1:23:27	1:39:48	A8827 ALEJANDRO GOMEZ ADIDAS
606	50	GONZALO BALSEIRO QUELLE	VTBM- 133	1:42:45	0:04:53	1:42:07	0:15:22	0:31:28	0:34:44	0:48:46	1:05:27	1:08:41	1:23:17	1:39:48	
607	1591	JUAN ANTONIO EXPOSITO LOZANO	VTAM- 151	1:42:47	0:04:53	1:42:19	0:14:31	0:30:40	0:33:51	0:47:51	1:04:32	1:07:45	1:22:15	1:39:32	
608	2025	IVAN DARRIBA RODRIGUEZ	VTAM- 152	1:42:47	0:04:53	1:42:19	0:14:31	0:30:40	0:33:51	0:47:51	1:04:29	1:07:40	1:22:01	1:39:31	ZEPELIN ATLETICO
609	1793	FERNANDO ABREU FERNÁNDEZ	VTBM- 134	1:42:52	0:04:53	1:42:35	0:15:21	0:32:32	0:35:48	0:49:58	1:06:28	1:09:41	1:23:32	1:39:49	GA 19710 C.A.R. MARISQUEIRO
610	138	MIGUEL DIAZ CARBALLO	VTCM- 64	1:42:58	0:04:53	1:42:00	0:15:38	0:31:39	0:34:40	0:48:27	1:04:55	1:08:10	1:22:42	1:39:50	
611	155	JAVIER DOSIL CARPINTERO	SNM- 164	1:43:02	0:04:54	1:42:18	0:16:21	0:34:32	0:38:11	0:51:44	1:07:34	1:10:41	1:24:15	1:40:10	
612	767	NICOLAS MIGUEL OTERO SERANTES	VTCM- 65	1:43:08	0:04:54	1:42:58	0:14:13	0:30:05	0:33:13	0:47:08	1:03:42	1:06:56	1:22:01	1:39:46	
613	340	JORGE OTERO CANABAL	VTCM- 66	1:43:08	0:04:54	1:42:39	0:14:20	0:30:14	0:33:25	0:47:28	1:04:20	1:07:43	1:22:37	1:39:58	
614	1685	JOSE MANUEL AGEITOS SAMPEDRO	SNM- 165	1:43:16	0:04:54	1:42:35	0:15:40	0:31:43	0:34:48	0:48:30	1:05:03	1:08:17	1:22:47	1:40:10	
615	255	MARCOS LAGO CASTRO	VTAM- 153	1:43:20	0:04:54	1:42:17	0:16:16	0:33:16	0:36:33	0:50:18	1:06:31	1:09:42	1:23:40	1:40:16	
616	585	JOSE ALVAREZ RODRIGUEZ	VTBM- 135	1:43:22	0:04:54	1:42:47	0:15:28	0:33:04	0:36:30	0:51:29	1:09:13	1:12:23	1:25:48	1:40:37	Cambados
617	1529	JORGE ALEJANDRO LOPEZ PRADO	VTAM- 154	1:43:23	0:04:55	1:42:27	0:16:30	0:33:49	0:37:06	0:51:23	1:08:03	1:11:11	1:24:54	1:40:32	
618	488	MANUEL JULIO SUAREZ MARTIN	VTDM- 38	1:43:26	0:04:55	1:42:43	0:15:24	0:32:05	0:35:19	0:49:35	1:06:45	1:10:03	1:24:27	1:40:32	
619	1614	JOSE RAMON RODRIGUEZ LAGARES	VTAM- 155	1:43:26	0:04:55	1:42:49	0:14:58	0:30:49	0:33:56	0:47:42	1:04:13	1:07:27	1:22:37	1:40:06	
620	400	ENRIQUE JORGE RAMA RODRIGUEZ	VTCM- 67	1:43:27	0:04:55	1:43:08	0:13:46	0:28:57	0:32:03	0:45:53	1:02:54	1:06:14	1:21:19	1:39:47	
621	2068	JUAN CARLOS VILARIÑO MONTERROSO	VTCM- 68	1:43:27	0:04:55	1:42:48	0:14:47	0:31:02	0:34:13	0:47:54	1:04:09	1:07:17	1:22:06	1:40:03	
622	1642	LUIS JAVIER RAMOS ASENSIO	VTAM- 156	1:43:28	0:04:55	1:42:31	0:16:39	0:34:00	0:37:15	0:51:32	1:08:05	1:11:14	1:24:56	1:40:44	
623	219	PETER GATES	VTAM- 157	1:43:28	0:04:55	1:42:33	0:16:39	0:34:00	0:37:15	0:51:32	1:08:05	1:11:14	1:24:57	1:40:45	
624	183	FRANCISCO JAVIER FERNÁNDEZ POLO	VTCM- 69	1:43:29	0:04:55	1:42:56	0:15:16	0:32:22	0:35:42	0:50:12	1:06:56	1:10:13	1:24:13	1:40:32	
625	1683	JORGE VALDES PORTO	VTBM- 136	1:43:30	0:04:55	1:42:46	0:15:07	0:31:49	0:35:02	0:49:03	1:05:48	1:09:04	1:23:27	1:40:13	
626	313	MANUEL MEDIERO VEIRA	JNM- 4	1:43:32	0:04:55	1:43:23	0:12:45	0:28:14	0:31:20	0:45:06	1:02:37	1:05:58	1:21:37	1:40:21	
627	1924	ANDRES MANUEL ALVITE COUSILLAS	VTAM- 158	1:43:34	0:04:55	1:42:36	0:16:27	0:33:30	0:36:43	0:50:39	1:06:50	1:09:50	1:23:58	1:40:37	CLUB RIALTO
628	1623	JESUS ENRIQUE REY SOUTO	VTAM- 159	1:43:34	0:04:55	1:42:52	0:15:38	0:32:21	0:35:34	0:49:43	1:06:19	1:09:35	1:23:57	1:40:38	
629	768	JOSE MIGUEL PARAMIO TERUELO	VTDM- 39	1:43:35	0:04:55	1:43:01	0:15:11	0:31:26	0:34:35	0:48:30	1:05:22	1:08:38	1:23:08	1:40:06	
630	2070	JAVIER DIAZ-TEJERO IZQUIERDO	VTCM- 70	1:43:35	0:04:55	1:43:06									

635	1736	JUAN JOSÉ REY IGLESIAS	SNM- 168	1:43:44	0:04:55	1:43:21	0:14:24	0:30:12	0:33:17	0:46:46	1:03:24	1:06:39	1:21:29	1:40:06	Atletico Bertamirans
636	2056	JESUS BALIÑA DE JESUS	VTAM- 161	1:43:45	0:04:56	1:43:10	0:14:37	0:30:42	0:33:54	0:48:00	1:04:59	1:08:14	1:22:51	1:40:22	
637	356	VICTOR J. PAZ ARES	VTEM- 25	1:43:47	0:04:56	1:42:58	0:15:43	0:32:05	0:35:14	0:49:19	1:05:57	1:09:09	1:23:58	1:40:43	
638	1648	JORGE SOTO CARBALLO	VTBM- 138	1:43:48	0:04:56	1:42:54	0:15:49	0:31:44	0:34:54	0:48:44	1:05:18	1:08:33	1:22:48	1:40:28	
639	425	XABIER RODRIGUEZ CASTRO	VTBM- 139	1:43:50	0:04:56	1:42:50	0:15:41	0:31:46	0:34:53	0:48:45	1:05:24	1:08:39	1:23:18	1:40:36	
640	390	JOSÉ MANUEL PREGO LOPEZ	VTEM- 26	1:43:50	0:04:56	1:43:25	0:14:16	0:30:37	0:33:49	0:48:10	1:05:04	1:08:19	1:22:57	1:40:27	
641	412	JESUS REY SOTO	SNM- 169	1:43:54	0:04:56	1:43:18	0:15:56	0:32:59	0:36:17	0:50:33	1:07:14	1:10:18	1:24:23	1:41:09	
642	751	ANTONIO CABANAS OROSA	VTFM- 10	1:43:56	0:04:56	1:43:46	0:14:27	0:30:19	0:33:24	0:47:18	1:03:58	1:07:09	1:22:43	1:40:35	
643	381	JULIO PERNAS URRUTIA	VTAM- 162	1:43:58	0:04:56	1:43:34	0:14:01	0:29:38	0:32:44	0:46:19	1:03:10	1:06:25	1:21:37	1:40:34	
644	60	JUAN DIEGO BERMEJO FERNÁNDEZ	SNM- 170	1:43:58	0:04:56	1:43:41	0:14:29	0:31:10	0:34:23	0:48:33	1:05:05	1:08:16	1:22:58	1:40:31	
645	840	CÉSAR OLAIZ NOGUES	SNM- 171	1:43:58	0:04:56	1:43:26	0:15:41	0:32:22	0:35:32	0:49:36	1:06:03	1:09:12	1:23:33	1:40:53	
646	2090	ANTONIO BARRREIRA PAZOS	VTBM- 140	1:44:04	0:04:56	1:43:10	0:15:21	0:32:32	0:35:48	0:49:58	1:06:28	1:09:41	1:24:13	1:41:03	GA19707 C.A.R. Marisqueiro
647	40	JOSÉ MIGUEL ARADAS BALBÁS	VTDM- 40	1:44:06	0:04:57	1:43:42	0:15:56	0:32:59	0:36:17	0:50:35	1:07:13	1:10:30	1:25:00	1:41:11	
648	643	JAVIER PEREZ PAZ	VTCM- 71	1:44:06	0:04:57	1:43:42	0:15:56	0:32:59	0:36:17	0:50:35	1:07:13	1:10:30	1:25:00	1:41:12	CLUB RIALTO
649	261	CESAR LEBOSO FERREIRO	VTBM- 141	1:44:07	0:04:57	1:43:01	0:16:11	0:32:31	0:35:46	0:49:44	1:06:21	1:09:45	1:23:53	1:40:46	
650	1658	XOSÉ CANEDO REY	SNM- 172	1:44:10	0:04:57	1:44:00	0:13:15	0:29:19	0:32:34	0:46:14	1:03:55	1:07:16	1:23:13	1:40:54	
651	119	YOLANDA CONESA ALEDO	F- 24 VTAF- 6	1:44:10	0:04:57	1:43:14	0:15:58	0:32:43	0:36:00	0:50:15	1:07:01	1:10:15	1:24:27	1:41:02	
652	152	TOMAS DOMINGUEZ SANTANO	VTCM- 72	1:44:11	0:04:57	1:43:20	0:16:32	0:33:57	0:37:15	0:51:08	1:07:27	1:10:35	1:24:36	1:40:59	
653	350	CARLOS PARDO FARIÑA	VTAM- 163	1:44:15	0:04:57	1:43:11	0:15:52	0:32:13	0:35:25	0:49:24	1:06:03	1:09:21	1:23:36	1:40:55	
654	1725	JULIO PEINADO ZARCO	VTCM- 73	1:44:19	0:04:57	1:44:04	0:14:54	0:32:02	0:35:18	0:49:22	1:06:13	1:09:28	1:23:47	1:41:08	Amigos de San Diego
655	1827	JUAN CLEMENTE DÍAZ CHEDA	SNM- 173	1:44:21	0:04:57	1:43:34	0:15:14	0:31:48	0:35:00	0:49:05	1:05:42	1:08:53	1:23:24	1:40:51	Cedeira Runners
656	747	MARIO ALVARADO NARVAEZ	VTAM- 164	1:44:22	0:04:57	1:43:48	0:14:55	0:31:15	0:34:27	0:48:48	1:05:53	1:09:13	1:24:11	1:41:22	
657	1635	JAVIER FIDALGO RODRIGUEZ	VTAM- 165	1:44:22	0:04:57	1:43:20	0:15:02	0:30:54	0:34:06	0:48:06	1:04:28	1:07:43	1:22:54	1:40:51	
658	1567	DOMINGO FERREIRO DIAZ	VTAM- 166	1:44:31	0:04:58	1:43:35	0:16:30	0:33:49	0:37:07	0:51:24	1:08:02	1:11:13	1:25:08	1:41:23	
659	1718	JOSE LUIS LOPEZ ALVAREZ	VTAM- 167	1:44:32	0:04:58	1:43:49	0:15:38	0:32:21	0:35:35	0:49:43	1:06:20	1:09:36	1:24:03	1:41:30	ALEJANDRO GOMEZ ADIDAS
660	369	JUAN VIDAL PEREZ ALVAREZ	VTAM- 168	1:44:34	0:04:58	1:43:54	0:15:10	0:31:23	0:34:31	0:48:11	1:04:52	1:08:09	1:23:01	1:41:21	
661	1997	ARTURO VARELA FREIJANES	VTFM- 11	1:44:38	0:04:58	1:43:46	0:15:37	0:32:08	0:35:20	0:49:08	1:05:54	1:09:09	1:24:02	1:41:43	8815 S.D. SAMERTOLAMEU
662	1630	JOSE RODRIGUEZ FIGUEROA	VTBM- 142	1:44:41	0:04:58	1:44:13	0:14:28	0:29:35	0:32:36	0:46:14	1:02:45	1:05:59	1:21:19	1:41:08	
663	523	RUBÉN VILAR VÁZQUEZ	SNM- 174	1:44:41	0:04:58	1:44:08	0:14:46	0:31:17	0:34:32	0:49:10	1:06:11	1:09:25	1:24:30	1:41:42	
664	1690	FRANCISCO CORREDOIRA VÁZQUEZ	SNM- 175	1:44:47	0:04:58	1:44:27	0:14:06	0:29:15	0:32:09	0:45:00	1:01:11	1:04:33	1:19:45	1:40:13	
665	1670	JOSE ANTONIO MENDEZ PAMPIN	VTEM- 27	1:44:50	0:04:59	1:44:14	0:15:06	0:31:04	0:34:11	0:48:01	1:04:47	1:08:08	1:23:22	1:41:39	
666	447	VERONICA ROMERO RIVERO	F- 25 VTAF- 7	1:44:50	0:04:59	1:44:20	0:14:37	0:30:48	0:33:56	0:48:03	1:05:16	1:08:38	1:23:55	1:41:44	
667	1597	ALFREDO SEIJAS SANMARTIN	VTAM- 169	1:44:52	0:04:59	1:44:23	0:14:45	0:30:54	0:34:07	0:48:32	1:05:34	1:08:51	1:23:57	1:41:38	
668	1808	ELISEO LOPEZ RIO	VTFM- 12	1:45:00	0:04:59	1:44:50	0:14:27	0:30:18	0:33:30	0:48:03	1:05:35	1:09:02	1:24:22	1:41:34	GA19958 C.D.EGOVARROS-VIVEIRO
669	458	JOSE MANUEL SANCHEZ LOUREDA	VTCM- 74	1:45:00	0:04:59	1:44:13	0:15:25	0:31:54	0:35:05	0:49:17	1:05:58	1:09:15	1:24:00	1:41:38	
670	1926	MANUEL BLANCO PARADA	VTBM- 143	1:45:03	0:04:59	1:44:05	0:16:27	0:33:30	0:36:43	0:50:39	1:07:13	1:10:30	1:25:00	1:41:51	CLUB RIALTO
671	193	CARLOS FONTEBOA BORRAZAS	VTCM- 75	1:45:04	0:04:59	1:44:47	0:15:10	0:32:10	0:35:26	0:49:39	1:06:34	1:09:52	1:24:27	1:41:51	
672	116	MARIANO CODESIDO BELLO	VTBM- 144	1:45:06	0:04:59	1:44:13	0:15:43	0:32:14	0:35:26	0:49:35	1:06:13	1:09:28	1:24:21	1:41:52	
673	776	JOSÉ LUIS REY RODRÍGUEZ	VTDM- 41	1:45:07	0:04:59	1:44:43	0:14:50	0:31:27	0:34:40	0:48:50	1:05:50	1:09:07	1:24:01	1:41:56	
674	2073	RAMON ANTONIO VARELA MIGUEZ	VTDM- 42	1:45:08	0:04:59	1:44:30	0:14:43	0:30:53	0:34:07	0:48:35	1:05:40	1:08:59	1:24:13	1:42:01	
675	1935	FÉLIX DE CASTRO RODRÍGUEZ	VTBM- 145	1:45:10	0:05:00	1:44:57	0:14:11	0:30:47	0:33:56	0:47:55	1:04:24	1:07:35	1:22:33	1:41:57	Clube Escola Atletismo Deza
676	1829	ANTON GOMEZ ARIAS	VTBM- 146	1:45:12	0:05:00	1:44:34	0:15:20	0:32:01	0:35:14	0:49:26	1:06:17	1:09:34	1:24:27	1:41:58	CENTRO CONSULTOR ASOCIADO-ÓSYFIC ISMAEL CARBALLO
677	85	ANTONIO CAÑETE DEL CAMPO	VTBM- 147	1:45:13	0:05:00	1:44:35	0:16:57	0:34:18	0:37:32	0:51:32	1:08:15	1:11:29	1:25:43	1:42:12	
678	378	ALBERTO PEREZ MIRAMONTES	VTBM- 148	1:45:14	0:05:00	1:44:28	0:15:15	0:31:53	0:35:04	0:49:16	1:06:09	1:09:26	1:24:07	1:41:55	
679	230	JOSÉ IGNACIO GONZÁLEZ HERRERO	VTBM- 149	1:45:17	0:05:00	1:44:47	0:14:43	0:30:39	0:33:45	0:47:38	1:03:51	1:07:01	1:21:44	1:41:24	
680	1583	DANIEL OTERO CEPEDA	VTDM- 43	1:45:18	0:05:00	1:45:04	0:14:23	0:30:54	0:34:11	0:49:30	1:07:06	1:10:26	1:25:17	1:42:24	
681	2074	DIEGO DANS PEREZ	VTAM- 170	1:45:18	0:05:00	1:44:58	0:14:44	0:30:40	0:33:39	0:47:23	1:03:57	1:07:14	1:22:54	1:41:56	
682	451	EDUARDO SAAVEDRA LAGARES	SNM- 176	1:45:19	0:05:00	1:44:28	0:15:44	0:31:47	0:34:47	0:48:10	1:04:41	1:08:02	1:23:18	1:41:51	
683	1749	CÁNDIDO CALVO VARELA	VTFM- 13	1:45:20	0:05:00	1:45:08	0:14:09	0:30:44	0:33:59	0:48:31	1:05:59	1:09:18	1:24:16	1:41:59	A-9709 ATLETISMO FONTES DO SAR
684	1930	JUAN CARLOS BODELÓN ALFONSO	VTCM- 76	1:45:22	0:05:00	1:44:36	0:15:43	0:32:05	0:35:14	0:49:33	1:06:18	1:09:30	1:24:24	1:42:05	CLUB RIALTO
685	513	JAVIER VAZQUEZ SOUTO	VTBM- 150	1:45:28	0:05:00	1:45:15	0:14:42	0:30:49	0:34:03	0:48:09	1:05:28	1:08:50	1:23:53	1:42:02	
686	1722	IMRE KUKLA BOÁN	VTEM- 28	1:45:29	0:05:00	1:44:52	0:15:03	0:31:46	0:35:01	0:49:20	1:06:30	1:09:50	1:24:46	1:42:23	ALEJANDRO GOMEZ ADIDAS
687	1659	ANGEL CASTAÑEDA CAMBON	VTDM- 44	1:45:30	0:05:01	1:44:44	0:15:24	0:32:05	0:35:19	0:49:36	1:06:46	1:10:04	1:24:47	1:42:23	
688	508	ALFONSO VAZQUEZ FERREIRO	VTBM- 151	1:45:33	0:05:01	1:45:15	0:14:42	0:30:49	0:34:03	0:48:09	1:05:28	1:08:49	1:23:52	1:41:58	
689	1825	SERGIO DEL ARCO MARQUIZ	VTAM- 171	1:45:41	0:05:01	1:45:23	0:12:34	0:27:57	0:31:05	0:45:57	1:04:18	1:07:41	1:23:14	1:42:05	CC.Ames
690	177	ADRIÁN FERNÁNDEZ GARCÍA	JNM- 5	1:45:43	0:05:01	1:45:20	0:15:18	0:32:19	0:35:38	0:49:26	1:05:17	1:08:27	1:23:19	1:42:04	
691	65	ROBERTO BLASCO OTERO	SNM- 177	1:45:45	0:05:01	1:45:25	0:14:43	0:31:11	0:34:24	0:48:37	1:05:43	1:09:02	1:24:12	1:42:28	
692	25	DOMINGO ALVAREZ IGLESIAS	VTEM- 29	1:45:47	0:05:01	1:45:02	0:14:42	0:30:49	0:34:02	0:48:09	1:05:27	1:08:49	1:23:52	1:42:19	
693	214	FRANCISCO JOSE GARCIA PITA	VTDM- 45	1:45:50	0:05:01	1:45:01	0:15:36	0:32:11	0:35:26	0:49:37	1:06:28	1:09:47	1:24:49	1:42:32	
694	333	SANTIAGO NEMIAÑA MARTINEZ	SNM- 178	1:45:50	0:05:01	1:44:59	0:16:07	0:32:26	0:35:29	0:49:31	1:06:20	1:09:35	1:24:32	1:42:28	
695	278	MIGUEL ANGEL LOPEZ SIEIRO	VTBM- 152	1:45:52	0:05:02	1:45:24	0:14:47	0:31:10	0:34:25	0:48:37	1:05:43	1:09:07	1:24:21	1:42:32	
696	271	JOSE MARIA LOPEZ MAQUIEIRA	VTDM- 46	1:45:55	0:05:02	1:45:39	0:14:30	0:30:48	0:33:58	0:48:09	1:05:28	1:08:52	1:23:57	1:42:18	
697	62	FRANCISCO JAVIER BERMÚDEZ CERQUEIRO	SNM- 179	1:45:56	0:05:02	1:45:20	0:16:07	0:33:34	0:36:54	0:51:28	1:08:25	1:11:39	1:26:08	1:42:44	
698	1913	JOSE RAMON AMADOR PARDO	VTCM- 77	1:45:56	0:05:02	1:45:12	0:16:36	0:33:31	0:36:43	0:50:41	1:06:53	1:10:05	1:25:03	1:42:38	CLUB RIALTO
699	1879	AGUSTIN VILAS FERNANDEZ	VTAM- 172	1:45:57	0:05:02	1:45:12	0:15:03	0:31:11	0:34:21	0:48:04	1:06:33	1:09:53	1:24:24	1:42:46	CLUB ATLETISMO NOIA
700	1571	DANIEL PUMARES RAMIL	SNM- 180	1:45:58	0:05:02	1:45:13	0:14:28	0:30:15	0:33:27	0:47:46	1:04:56	1:08:16	1:23:49	1:42:25	
701	1532	XOSÉ FRANCISCO LEMA RIVADAS	VTBM- 153	1:45:59	0:05:02	1:45:22	0:16:14	0:34:04							

706	353	CRISTINA PATIÑO ALENDE	F- 26	VTAF- 8	1:46:15	0:05:03	1:45:30	0:15:53	0:32:48	0:36:07	0:50:37	1:07:48	1:11:09	1:26:00	1:43:07	
707	83	DAVID CANOSA ROJO		SNM- 184	1:46:33	0:05:03	1:45:49	0:14:48	0:31:10	0:34:27	0:48:53	1:06:10	1:09:42	1:25:06	1:43:23	
708	22	JAIME ÁLVAREZ DE LA TORRE		SNM- 185	1:46:33	0:05:03	1:45:43	0:16:22	0:33:43	0:37:03	0:51:40	1:08:44	1:12:02	1:26:39	1:43:30	
709	770	DAVID PERALTA RIVERO		SNM- 186	1:46:38	0:05:04	1:46:13	0:15:14	0:31:53	0:35:01	0:49:46	1:07:07	1:10:27	1:25:31	1:43:14	
710	274	TOMÁS LÓPEZ PINAL		VTFM- 14	1:46:39	0:05:04	1:46:12	0:14:47	0:31:47	0:35:04	0:49:47	1:07:12	1:10:34	1:25:51	1:43:31	
711	802	LUIS CALVIÑO MORLA		VTM- 79	1:46:43	0:05:04	1:45:56	0:15:50	0:32:30	0:35:47	0:50:14	1:07:13	1:10:39	1:25:42	1:43:29	
712	220	JUAN MANUEL GESTAL PAN		VTM- 80	1:46:43	0:05:04	1:46:03	0:15:21	0:31:50	0:34:59	0:49:30	1:07:08	1:10:33	1:25:43	1:43:29	
713	74	SANTIAGO CAAVEIRO AGEITOS		SNM- 187	1:46:44	0:05:04	1:45:56	0:16:51	0:34:09	0:37:21	0:52:29	1:09:54	1:13:11	1:27:21	1:43:42	
714	549	XAN CARLOS BARRREIRO AMOR		VTEM- 30	1:46:45	0:05:04	1:46:29	0:14:54	0:32:02	0:35:18	0:49:22	1:06:19	1:09:42	1:24:46	1:43:08	Amigos de San Diego
715	1553	ANDRÉS PAZ-ARES RODRÍGUEZ		VTM- 81	1:46:46	0:05:04	1:45:52	0:15:49	0:32:29	0:35:50	0:50:40	1:08:04	1:11:27	1:26:13	1:43:38	
716	1647	ADOLFO CRESPO MEJUTO		VTM- 82	1:46:47	0:05:04	1:46:13	0:15:55	0:32:51	0:36:10	0:50:33	1:07:14	1:10:41	1:25:48	1:43:25	
717	441	MARCOS RODRIGUEZ SUAREZ		SNM- 188	1:46:47	0:05:04	1:46:09	0:15:22	0:31:24	0:34:25	0:47:54	1:04:06	1:07:15	1:21:52	1:42:39	
718	1636	JOSE MANUEL LOPEZ CAAMAÑO		VTM- 173	1:46:47	0:05:04	1:46:13	0:15:55	0:32:52	0:36:11	0:50:33	1:07:15	1:10:41	1:25:49	1:43:25	
719	1524	DAVID MATILLA DIEZ		SNM- 189	1:46:48	0:05:04	1:45:52	0:16:30	0:33:50	0:37:07	0:51:25	1:08:04	1:11:21	1:26:20	1:43:41	
720	1830	CARLOS GÓMEZ OSA		VTDM- 47	1:46:49	0:05:04	1:46:16	0:15:29	0:32:05	0:35:18	0:49:28	1:06:37	1:09:59	1:25:11	1:43:21	Cidade de Lugo Fluvial
721	2061	ALFONSO VILAR CREGO		VTM- 174	1:46:50	0:05:04	1:46:41	0:12:40	0:28:02	0:31:14	0:46:08	1:04:29	1:07:55	1:25:01	1:43:41	
722	199	JORGE FREIRE RICO		VTM- 83	1:46:52	0:05:04	1:46:24	0:15:03	0:32:03	0:35:18	0:49:23	1:06:20	1:09:42	1:24:56	1:43:20	
723	498	IVAN TRASHORRAS JUNQUEIRA		SNM- 190	1:46:53	0:05:04	1:46:32	0:14:44	0:30:41	0:33:49	0:47:45	1:04:42	1:08:02	1:23:34	1:43:16	
724	1965	ROBERTO GONZALEZ BLANCO		VTM- 175	1:46:53	0:05:04	1:46:24	0:15:35	0:32:38	0:35:54	0:50:14	1:07:16	1:10:38	1:25:40	1:43:31	LOS LOMBIS
725	871	SERVANDO SANCHEZ ARROYO		VTBM- 154	1:46:53	0:05:04	1:46:25	0:15:35	0:32:38	0:35:54	0:50:14	1:07:16	1:10:38	1:25:40	1:43:30	Lombis
726	1906	JOAQUIN GONZALEZ VAZQUEZ		VTEM- 31	1:46:53	0:05:04	1:46:25	0:15:35	0:32:39	0:35:54	0:50:15	1:07:16	1:10:38	1:25:40	1:43:31	CLUB RIALTO
727	1604	JOSE ANTONIO SANDIANES LORENZO		VTEM- 32	1:46:56	0:05:05	1:46:17	0:15:36	0:32:07	0:35:19	0:49:10	1:06:16	1:09:40	1:25:12	1:43:42	
728	198	FRANCISCO FREIRE HERMIDA		VTBM- 155	1:46:56	0:05:05	1:46:09	0:15:36	0:32:11	0:35:26	0:49:37	1:07:05	1:10:27	1:25:23	1:43:27	
729	526	IVÁN VILLARTE SANTOS		SNM- 191	1:46:57	0:05:05	1:46:04	0:16:30	0:33:25	0:36:40	0:50:56	1:07:34	1:10:48	1:25:41	1:43:35	
730	620	SANTIAGO ANDRES ROUBADO		VTM- 84	1:46:59	0:05:05	1:46:49	0:14:14	0:30:45	0:34:00	0:48:23	1:05:44	1:09:11	1:24:40	1:43:28	CLUB ATLETISMO NOIA
731	1594	OSCAR JAVIER BLANCO GARCIA		SNM- 192	1:46:59	0:05:05	1:46:13	0:15:20	0:32:25	0:35:44	0:50:12	1:07:25	1:10:39	1:25:30	1:43:37	
732	1633	ANTONIO RODRIGUEZ RODRIGUEZ		VTM- 176	1:46:59	0:05:05	1:46:53	0:13:27	0:29:21	0:32:32	0:46:16	1:03:11	1:06:35	1:22:26	1:43:35	
733	332	DAVID NEMIÑA MARTINEZ		SNM- 193	1:47:00	0:05:05	1:46:09	0:16:07	0:32:27	0:35:29	0:49:42	1:06:44	1:10:00	1:25:19	1:43:31	
734	1891	MONTSE FERNÁNDEZ RAMOS	F- 27	VTBF- 7	1:47:01	0:05:05	1:46:42	0:15:11	0:32:03	0:35:20	0:50:02	1:07:18	1:10:40	1:25:53	1:43:45	11336 CLUB ATLETISMO SADA
735	428	RUBÉN RODRÍGUEZ FERNÁNDEZ		JNM- 6	1:47:01	0:05:05	1:46:38	0:15:18	0:32:19	0:35:38	0:49:38	1:06:29	1:09:47	1:24:49	1:43:23	
736	1544	JOSÉ JAVIER FERNÁNDEZ RAMOS		VTBM- 156	1:47:01	0:05:05	1:46:42	0:15:11	0:32:03	0:35:21	0:50:02	1:07:18	1:10:40	1:25:52	1:43:44	
737	611	RAMON DAPORTA FERNANDEZ		VTDM- 48	1:47:03	0:05:05	1:46:28	0:15:02	0:31:25	0:34:41	0:48:59	1:06:21	1:09:48	1:25:08	1:43:39	CLUB ATLETISMO DE CAMBADOS
738	1745	FERNANDO SINES CRESPO		VTM- 177	1:47:04	0:05:05	1:46:20	0:15:57	0:33:20	0:36:40	0:51:26	1:08:43	1:12:04	1:26:49	1:43:52	ATLETISMO CLUB SOCIAL BANCO PASTOR
739	1804	MANUELA GUIASOLA ESCUDERO	F- 28	VTDF- 1	1:47:06	0:05:05	1:46:56	0:14:28	0:30:57	0:34:12	0:48:37	1:06:05	1:09:33	1:25:02	1:43:44	GA20432 C.D.EGOVARROS-VIVEIRO
740	265	FRANCISCO LEÓN MARTÍNEZ		SNM- 194	1:47:13	0:05:05	1:46:55	0:14:20	0:30:46	0:34:01	0:48:27	1:05:45	1:09:13	1:24:45	1:43:35	
741	1598	JOSE MARIA BREA SANCHEZ		VTDM- 49	1:47:19	0:05:06	1:46:37	0:15:07	0:32:13	0:35:32	0:50:24	1:07:57	1:11:21	1:26:46	1:44:17	
742	2022	JAVIER SARANDESES PEDROUSO		VTM- 178	1:47:20	0:05:06	1:46:20	0:16:47	0:33:45	0:36:59	0:51:21	1:08:25	1:11:44	1:26:38	1:44:06	VETERAN@S DE GALICIA
743	374	ALEJANDRO PEREZ GIANNETTO		SNM- 195	1:47:21	0:05:06	1:46:43	0:15:10	0:31:50	0:35:18	0:49:53	1:07:21	1:10:43	1:25:54	1:44:12	
744	510	ÁNGEL VÁZQUEZ LAMAS		VTBM- 157	1:47:25	0:05:06	1:47:13	0:14:07	0:30:08	0:33:14	0:47:08	1:03:48	1:07:03	1:22:09	1:44:06	
745	218	EDUAR S. GARZA CABRERA		VTM- 85	1:47:26	0:05:06	1:46:23	0:16:46	0:34:06	0:37:28	0:52:05	1:09:17	1:12:42	1:27:10	1:44:14	
746	1694	MARIA OTERO RAMIREZ	F- 29	VTAF- 9	1:47:35	0:05:06	1:47:25	0:15:01	0:32:14	0:35:37	0:50:35	1:08:09	1:11:31	1:26:48	1:44:21	A BOUZA SPRINT
747	56	JOSÉ GENARO BARRÓS PENEDO		VTBM- 158	1:47:39	0:05:07	1:46:41	0:16:49	0:33:50	0:37:14	0:52:56	1:10:58	1:14:06	1:28:03	1:44:30	
748	1859	MARCOS CASTRO RODRIGUEZ		VTM- 179	1:47:45	0:05:07	1:47:34	0:13:25	0:28:52	0:31:56	0:45:41	1:02:09	1:05:26	1:22:22	1:44:17	CLUB ATLETISMO FLORISTERIA CARMEN SIO
749	850	DIEGO PEREZ PARDO		SNM- 196	1:47:45	0:05:07	1:47:27	0:15:14	0:32:16	0:35:37	0:50:14	1:07:47	1:11:18	1:26:43	1:44:23	
750	444	JOSE ANGEL ROMAN PICOS		VTDM- 50	1:47:46	0:05:07	1:47:43	0:14:19	0:30:48	0:33:56	0:48:27	1:06:27	1:09:55	1:26:25	1:44:22	
751	680	LUIS COIRA SÁNCHEZ DE TOCA		VTM- 86	1:47:47	0:05:07	1:47:24	0:14:48	0:31:22	0:34:38	0:49:22	1:07:09	1:10:37	1:26:16	1:44:26	11060 Marineda Atlético
752	2050	FERNANDO GARCÍA TRINCADO		SNM- 197	1:47:53	0:05:07	1:47:50	0:14:25	0:31:26	0:34:46	0:49:32	1:07:09	1:10:37	1:26:22	1:44:40	
753	1929	JUAN CARLOS CORTES GONZALEZ		VTEM- 33	1:47:56	0:05:07	1:47:11	0:16:36	0:33:31	0:36:43	0:50:41	1:07:14	1:10:32	1:25:51	1:44:22	CLUB RIALTO
754	55	ROI BARROS CORRAL		SNM- 198	1:47:58	0:05:08	1:47:33	0:15:40	0:32:49	0:36:13	0:50:55	1:08:27	1:11:51	1:26:48	1:44:54	
755	1772	LUIS VALIÑO PARDO		VTM- 180	1:48:00	0:05:08	1:47:41	0:14:43	0:31:08	0:34:18	0:48:14	1:04:40	1:07:54	1:23:01	1:43:40	ATLETISMO RIAZOR CORUÑA
756	335	EDUARDO NÚÑEZ IGLESIAS		SNM- 199	1:48:00	0:05:08	1:47:53	0:14:22	0:31:07	0:34:27	0:49:25	1:06:59	1:10:29	1:27:25	1:45:02	
757	1652	JAIME JOSÉ PONTE MARÍN		VTM- 181	1:48:01	0:05:08	1:47:19	0:15:40	0:32:44	0:36:03	0:50:36	1:07:52	1:11:18	1:26:51	1:44:45	
758	324	JESUS MONTERO LAGO		VTFM- 15	1:48:03	0:05:08	1:47:58	0:14:40	0:31:35	0:34:58	0:49:58	1:07:34	1:11:03	1:26:42	1:44:38	
759	146	ALEJANDRO DOCAMPO SIMÓN		JNM- 7	1:48:05	0:05:08	1:47:00	0:16:21	0:32:53	0:36:05	0:50:38	1:08:14	1:11:41	1:26:35	1:44:39	
760	1586	CANDIDO VILABOA CRESPO		VTM- 87	1:48:10	0:05:08	1:48:06	0:14:20	0:31:04	0:34:26	0:49:30	1:07:22	1:10:58	1:26:33	1:44:26	
761	195	PABLO FRANCO YÁÑEZ		SNM- 200	1:48:11	0:05:08	1:47:54	0:15:04	0:31:56	0:35:13	0:49:39	1:07:13	1:10:40	1:25:45	1:44:37	
762	136	FRANCISCO JOSE DELGADO MONTES		SNM- 201	1:48:12	0:05:08	1:47:55	0:13:10	0:28:26	0:31:40	0:46:09	1:03:32	1:06:48	1:22:01	1:44:01	
763	492	JOSE TABOADA VEIGA		SNM- 202	1:48:13	0:05:08	1:47:31	0:16:14	0:33:50	0:37:13	0:51:36	1:08:48	1:12:05	1:27:11	1:45:15	
764	298	MIGUEL MARROZOS LOPEZ		SNM- 203	1:48:15	0:05:08	1:47:29	0:16:15	0:33:11	0:36:23	0:50:22	1:07:17	1:10:41	1:26:14	1:44:53	
765	121	DAVID CORGO RIVEIRO		SNM- 204	1:48:16	0:05:08	1:47:08	0:15:13	0:31:21	0:34:28	0:49:00	1:07:56	1:11:16	1:26:39	1:44:51	
766	2006	EDUARDO VAZQUEZ AMOR		SNM- 205	1:48:18	0:05:08	1:47:33	0:16:29	0:33:48	0:37:10	0:51:55	1:08:58	1:12:20	1:27:32	1:45:14	Shiai Racing Team
767	758	MIGUEL ÁNGEL GONZÁLEZ CAL		SNM- 206	1:48:18	0:05:08	1:47:33	0:16:29	0:33:48	0:37:10	0:51:55	1:08:58	1:12:19	1:27:32	1:45:14	
768	690	FRANCISCO XOSÉ VARELA VARELA		SNM- 207	1:48:24	0:05:09	1:47:57	0:14:45	0:31:23	0:34:38	0:49:06	1:06:18	1:09:42	1:25:18	1:44:36	Palmeiras de Corne
769	224	ISAAC GOMEZ LINARES		SNM- 208	1:48:26	0:05:09	1:47:33	0:16:28	0:33:15	0:36:23	0:50:29	1:07:53	1:11:23	1:26:36	1:45:12	
770	2048	CARLOS RIADIGOS MOSQUERA		SNM- 209	1:48:26	0:05:09	1:47:52	0:14:22	0:30:51	0:34:09	0:48:44	1:06:32	1:10:03	1:26:09	1:45:22	
771	190	FRANCISCO JOSE FIGUEROA RODRIGUEZ														

777	1595 ANTONIO DIAZ LOPEZ	VTBM- 162	1:48:45	0:05:10	1:48:18	0:15:03	0:32:17	0:35:43	0:51:01	1:09:16	1:12:49	1:28:02	1:45:38		
778	443 JOSE LUIS ROIBAS FERNANDEZ	VTAM- 184	1:48:49	0:05:10	1:47:51	0:16:37	0:34:13	0:37:37	0:52:42	1:10:34	1:13:59	1:29:06	1:45:54		
779	329 OSCAR NAVAS ARANDA	VTAM- 185	1:48:54	0:05:10	1:48:31	0:15:05	0:32:04	0:35:25	0:50:11	1:08:11	1:11:39	1:27:30	1:45:55		
780	370 JULIO PEREZ BOGA	VTBM- 163	1:49:01	0:05:11	1:48:11	0:15:30	0:32:08	0:35:27	0:50:31	1:08:19	1:11:45	1:27:17	1:45:39		
781	678 JULIO TORREIRA LÓPEZ	VTAM- 186	1:49:01	0:05:11	1:48:26	0:15:08	0:32:06	0:35:28	0:50:34	1:08:13	1:11:42	1:26:58	1:45:21	Laxe	
782	454 JESUS SALETA CASTRO	SNM- 211	1:49:02	0:05:11	1:48:13	0:16:09	0:33:42	0:37:07	0:51:58	1:09:44	1:13:13	1:28:46	1:45:59		
783	417 FRANCISCO RÍOS PÉREZ	SNM- 212	1:49:02	0:05:11	1:48:13	0:16:10	0:33:43	0:37:07	0:51:58	1:09:45	1:13:13	1:28:46	1:45:59		
784	737 CEFERINO SANCHEZ GESTIDO	VTEM- 34	1:49:02	0:05:11	1:48:57	0:15:01	0:32:25	0:35:45	0:50:35	1:08:20	1:11:45	1:27:31	1:45:39	GA15624	Veteranos de Samil
785	347 NOELIA PAPIÑ ESTÉVEZ	F- 30 VTAF- 10	1:49:02	0:05:11	1:48:08	0:15:27	0:32:13	0:35:35	0:50:36	1:08:05	1:11:26	1:27:03	1:45:38		
786	44 SERGIO ARGUESO LÓPEZ	SNM- 213	1:49:03	0:05:11	1:48:45	0:14:35	0:31:21	0:34:41	0:49:26	1:07:38	1:11:15	1:26:53	1:45:42		
787	829 MARTÍN GARAZA CARNEIRO	VTAM- 187	1:49:04	0:05:11	1:48:26	0:15:22	0:31:28	0:34:44	0:48:54	1:06:30	1:10:05	1:25:43	1:44:49		
788	49 JESUS ASTRAY CASTRO	VTBM- 164	1:49:13	0:05:11	1:48:26	0:16:34	0:34:34	0:38:03	0:53:24	1:10:47	1:14:07	1:29:02	1:46:13		
789	1503 RAFAEL ALEJANDRO VACAS GONZALEZ	VTBM- 165	1:49:15	0:05:11	1:48:19	0:15:56	0:33:35	0:36:48	0:51:24	1:09:27	1:12:52	1:27:54	1:45:52		
790	885 JOSE ANTONIO GÓMEZ BOTANA	VTEM- 35	1:49:16	0:05:11	1:49:00	0:14:54	0:32:03	0:35:18	0:49:22	1:06:21	1:09:43	1:25:16	1:45:26		EGOVARROS DE VIVEIRO
791	94 SANTIAGO CARDENAS BOTAS	VTBM- 166	1:49:22	0:05:12	1:49:14	0:13:33	0:30:03	0:33:23	0:48:35	1:06:40	1:10:12	1:26:16	1:45:43		
792	112 MARCO CASTRO SUÁREZ	SNM- 214	1:49:24	0:05:12	1:48:30	0:16:27	0:33:45	0:37:07	0:51:59	1:09:29	1:12:57	1:28:15	1:46:11		
793	2046 DIEGO TEIJEIRO RUIZ	SNM- 215	1:49:27	0:05:12	1:48:28	0:16:58	0:34:38	0:38:05	0:52:59	1:10:31	1:13:56	1:29:05	1:46:26	no	
794	532 PEDRO JOSE ZAPATERO ALFONSO	VTAM- 188	1:49:33	0:05:12	1:48:29	0:15:56	0:32:41	0:35:57	0:50:15	1:07:40	1:11:14	1:27:04	1:46:09		
795	336 JULIO JOSE NUÑEZ LOPEZ	SNM- 216	1:49:33	0:05:12	1:48:20	0:17:03	0:34:31	0:37:49	0:52:42	1:10:00	1:13:23	1:28:44	1:46:16		
796	1688 ANTONIO MANUEL ULLOA MENDEZ	SNM- 217	1:49:35	0:05:12	1:49:07	0:15:03	0:32:17	0:35:43	0:51:01	1:09:16	1:12:49	1:28:18	1:46:27		
797	76 JUAN CABADO POU	VTAM- 189	1:49:36	0:05:12	1:48:28	0:16:31	0:33:49	0:37:08	0:51:45	1:09:07	1:12:35	1:27:58	1:46:13		
798	2057 MANUEL PICOUTO DURAN	VTCM- 89	1:49:42	0:05:12	1:49:10	0:15:23	0:32:43	0:36:11	0:51:25	1:09:19	1:12:49	1:28:14	1:46:18		
799	2060 MARILO MOREDA CANAL	F- 31 VTCF- 3	1:49:42	0:05:12	1:49:09	0:15:24	0:32:41	0:36:09	0:51:19	1:09:19	1:12:49	1:28:14	1:46:19		
800	2031 ERNESTO PICOUTO DURAN	VTCM- 89	1:49:43	0:05:13	1:49:09	0:15:23	0:32:40	0:36:09	0:51:18	1:09:18	1:12:48	1:28:13	1:46:10		
801	735 ANGEL PRADO NIETO	VTFM- 16	1:49:49	0:05:13	1:49:17	0:15:13	0:32:03	0:35:20	0:49:58	1:07:28	1:10:58	1:26:57	1:46:12	A8933	Veteranos de Samil
802	2089 OSCAR MARTÍNEZ MILLÁN	VTAM- 190	1:49:51	0:05:13	1:48:49	0:17:12	0:34:53	0:38:26	0:54:19	1:11:32	1:14:54	1:29:28	1:46:43	A-10903	C.A. Ría Ferrol
803	504 JUAN JOSÉ VARELA BARBEITO	SNM- 218	1:49:53	0:05:13	1:48:53	0:16:52	0:34:22	0:37:42	0:52:53	1:10:42	1:14:03	1:29:21	1:46:42		
804	471 JOSE MANUEL SEIJO PEREZ	VTAM- 191	1:49:56	0:05:13	1:48:48	0:18:35	0:36:43	0:40:08	0:55:00	1:12:11	1:15:30	1:30:03	1:46:49		
805	589 RUBÉN MARTINEZ MOREIRA	SNM- 219	1:49:57	0:05:13	1:49:37	0:14:18	0:30:51	0:34:10	0:48:34	1:06:07	1:09:34	1:25:10	1:45:56		CASTRELOS 20:30
806	684 MIGUEL ÁNGEL FERNÁNDEZ NÓVOA	VTBM- 167	1:50:00	0:05:13	1:49:44	0:14:10	0:30:13	0:33:26	0:48:05	1:06:10	1:09:45	1:26:19	1:46:42		Nemetóbriga
807	1907 JOSE PEDRO RILO PENA	VTEM- 36	1:50:07	0:05:14	1:49:58	0:12:56	0:27:35	0:30:27	0:43:24	1:05:57	1:12:02	1:27:23	1:46:48		CLUB RIALTO
808	673 SONIA RAMOS DE GANZO	F- 32 SNF- 11	1:50:08	0:05:14	1:49:34	0:15:49	0:33:10	0:36:38	0:51:45	1:09:46	1:13:17	1:28:54	1:46:45	gb1240	FEDC
809	1601 JAVIER LÓPEZ PIÑEIRO	VTBM- 168	1:50:08	0:05:14	1:49:34	0:15:49	0:33:10	0:36:38	0:51:45	1:09:46	1:13:17	1:28:54	1:46:45		
810	644 JESUS PRIETO PEREZ	VTFM- 17	1:50:08	0:05:14	1:49:18	0:15:43	0:32:39	0:35:55	0:50:37	1:08:32	1:12:02	1:27:24	1:46:49		CLUB RIALTO
811	299 DANIEL MARTÍNEZ GALDÓS	VTBM- 169	1:50:22	0:05:14	1:49:39	0:15:36	0:32:36	0:35:56	0:50:48	1:08:18	1:11:46	1:27:45	1:46:53		
812	1585 JOSE FERNANDEZ AMORIN	VTDM- 51	1:50:23	0:05:14	1:49:43	0:16:21	0:34:14	0:37:43	0:52:57	1:10:56	1:14:24	1:29:53	1:47:25		
813	509 MIGUEL ANGEL VAZQUEZ GONZALEZ	SNM- 220	1:50:26	0:05:15	1:49:29	0:15:57	0:32:39	0:35:56	0:50:32	1:08:13	1:11:44	1:27:28	1:46:50		
814	196 JOSE MARIA FREIRE DURO	VTDM- 52	1:50:29	0:05:15	1:49:40	0:15:22	0:31:40	0:34:49	0:49:31	1:07:32	1:11:03	1:27:09	1:46:53		
815	489 SANTIAGO SUAREZ PITA	VTDM- 53	1:50:32	0:05:15	1:49:27	0:16:29	0:33:38	0:36:59	0:51:47	1:09:27	1:12:56	1:28:39	1:47:12		
816	227 FRANCISCO JAVIER GONZALEZ ALVAREZ	VTAM- 192	1:50:33	0:05:15	1:50:02	0:15:12	0:32:10	0:35:29	0:50:28	1:08:36	1:12:11	1:28:09	1:47:06		
817	1973 JOSÉ IGNACIO LILLARES MARTÍNEZ	VTBM- 170	1:50:36	0:05:15	1:49:56	0:16:02	0:34:16	0:37:56	0:54:05	1:13:15	1:16:32	1:31:05	1:47:33	A-9792	NOITEBRA F.C.
818	525 JOSE MARIA VILLARQUIDE VEGA	VTCM- 90	1:50:42	0:05:15	1:49:51	0:17:40	0:35:38	0:39:05	0:53:45	1:11:20	1:14:46	1:30:06	1:47:44		
819	533 PASCUAL ZULUAGA RODRIGUEZ	VTAM- 193	1:50:42	0:05:15	1:49:54	0:16:09	0:33:42	0:37:07	0:51:58	1:09:45	1:13:16	1:29:00	1:47:21		
820	586 MARCELINO GONZALEZ OZORES	VTEM- 37	1:50:44	0:05:15	1:50:26	0:15:30	0:33:06	0:36:31	0:51:29	1:09:37	1:13:09	1:28:36	1:47:16		Cambados
821	790 DANIEL ABADES REBOREDO	SNM- 221	1:50:46	0:05:16	1:49:38	0:15:36	0:32:25	0:35:49	0:51:15	1:10:30	1:13:58	1:29:57	1:47:34		
822	1550 FERNANDO RODRIGUEZ VAZQUEZ	VTCM- 91	1:50:47	0:05:16	1:50:25	0:15:02	0:32:21	0:35:44	0:50:51	1:08:48	1:12:18	1:28:24	1:47:21		
823	592 Mª PAZ RODRIGUEZ ALONSO	F- 33 VTFB- 8	1:50:55	0:05:16	1:50:35	0:15:38	0:33:06	0:36:28	0:51:33	1:09:40	1:13:13	1:29:15	1:47:33		CASTRELOS 20:30
824	242 GUILLERMO HERAS DOMINGUEZ	VTAM- 194	1:51:04	0:05:16	1:50:01	0:16:55	0:34:35	0:38:04	0:53:05	1:11:03	1:14:30	1:29:37	1:47:35		
825	507 JOSE LUIS VAZQUEZ FERNANDEZ	VTCM- 92	1:51:06	0:05:16	1:50:15	0:17:40	0:35:38	0:39:05	0:53:45	1:11:21	1:14:46	1:30:06	1:47:44		
826	169 JOSE ANTONIO FACHAL MOSTEIRO	VTBM- 171	1:51:10	0:05:17	1:50:05	0:16:28	0:33:37	0:36:59	0:51:46	1:09:26	1:12:56	1:28:39	1:47:38		
827	813 CESAR DIAZ TAMARGO	VTBM- 172	1:51:31	0:05:18	1:51:11	0:17:25	0:35:32	0:38:55	0:53:56	1:11:35	1:15:00	1:30:23	1:48:18		
828	140 MARIOLA DIAZ DIAZ	F- 34 SNF- 12	1:51:32	0:05:18	1:50:47	0:16:16	0:33:56	0:37:19	0:52:21	1:10:32	1:13:56	1:29:42	1:48:09		
829	1824 PILAR MARQUIZ HERNANDEZ	F- 35 VTEF- 1	1:51:37	0:05:18	1:51:18	0:14:41	0:31:58	0:35:25	0:51:01	1:09:01	1:12:37	1:28:40	1:47:57		CC.Ames
830	173 CARMEN FAUNDEZ BERMUDEZ	F- 36 SNF- 13	1:51:52	0:05:19	1:51:40	0:14:45	0:31:41	0:35:00	0:50:12	1:08:15	1:11:51	1:28:24	1:48:16		
831	2029 RAFAEL DIZ VEIGA	VTCM- 93	1:51:54	0:05:19	1:51:15	0:16:14	0:34:11	0:37:39	0:52:51	1:11:03	1:14:36	1:30:21	1:48:42		Zeppelin atlético Finsa
832	1631 SONIA ROCA CANZOBRE	F- 37 SNF- 14	1:52:09	0:05:19	1:51:02	0:17:38	0:35:52	0:39:15	0:54:17	1:12:00	1:15:21	1:31:08	1:48:54		
833	470 JOSE CARLOS SEIJO FERNANDEZ	VTAM- 195	1:52:11	0:05:20	1:51:28	0:16:09	0:33:38	0:37:07	0:52:22	1:10:27	1:14:00	1:29:47	1:48:33		
834	69 NICO BRASA GARCÍA-ARÉVALO	VTBM- 173	1:52:13	0:05:20	1:51:18	0:15:38	0:32:32	0:35:51	0:50:49	1:08:31	1:11:59	1:27:57	1:48:11		
835	277 JOSÉ LÓPEZ RIVAS	VTCM- 94	1:52:19	0:05:20	1:51:32	0:16:31	0:34:24	0:37:55	0:53:12	1:11:12	1:14:41	1:30:12	1:48:55		
836	1655 PABLO SECO TORRES	VTAM- 196	1:52:21	0:05:20	1:51:27	0:17:05	0:35:11	0:38:43	0:54:02	1:12:06	1:15:33	1:31:07	1:48:53		
837	597 ALFONSO LOPEZ VAZQUEZ	VTCM- 95	1:52:24	0:05:20	1:51:22	0:17:12	0:34:53	0:38:25	0:53:49	1:12:01	1:15:35	1:31:06	1:49:01		Castro de Lobadiz
838	693 ANTONIO REMUIÑÁN SÁNCHEZ	VTFM- 18	1:52:25	0:05:20	1:52:03	0:15:52	0:33:22	0:36:46	0:51:51	1:10:09	1:13:39	1:29:45	1:48:55		Peña Ciclista Media Ducia
839	127 MANUEL COUTO NOGUEIRA	VTEM- 38	1:52:27	0:05:20	1:52:06	0:14:59	0:32:00	0:35:22	0:50:31	1:08:48	1:12:24	1:28:35	1:48:41		
840	834 RAMÓN TENREIRO MONTERO	SNM- 222	1:52:30	0:05:20	1:51:25	0:16:03	0:33:13	0:36:34	0:51:27	1:09:15	1:12:51	1:29:08	1:48:57		
841	290 CARLOS MACHO LUCAS	JNM- 8	1:52:32	0:05:21	1:51:40	0:16:16	0:33:22	0:36:51	0:51:26	1:09:18	1:12:52	1:29:47	1:48:58		
842	1531 JOSE ANTONIO FERREIRO DIAZ	VTAM- 197	1:52:34	0:05:21	1:51:39	0:16:52	0:34:36	0:38:04	0:53:14	1:11:14	1:14:42	1:30:25	1:49:03		
843	87 JOSE MARCOS CAO BOEDO	VTAM- 198	1:52:34	0:05:21	1:51:51	0:16:08	0:33:27	0:36:48	0:51:45	1:09:40	1:13:15	1:29:21			

848	358 PABLO JOSÉ PAZOS HERNÁNDEZ	VTAM- 199	1:52:40	0:05:21	1:51:53	0:16:26	0:33:54	0:37:15	0:52:10	1:09:46	1:13:12	1:29:00	1:48:39	
849	635 DAVID VILARIÑO FERNANDEZ	SNM- 225	1:52:45	0:05:21	1:52:10	0:15:32	0:31:47	0:35:14	0:49:42	1:07:13	1:10:53	1:26:27	1:48:21	CLUB DEPORTIVO VITAL FITNESS
850	1805 FERMIN PAN OTERO	VTDM- 54	1:52:46	0:05:21	1:52:33	0:15:10	0:32:45	0:36:12	0:51:06	1:09:43	1:13:22	1:30:25	1:49:11	A7444 C.D.EGOVARROS-VIVEIRO
851	832 IAGO FONTELA SÁNCHEZ	SNM- 226	1:52:55	0:05:22	1:51:46	0:17:57	0:36:27	0:40:06	0:55:41	1:13:58	1:17:28	1:32:12	1:49:32	
852	95 JAVIER CARRAL MARTINEZ	VTM- 96	1:53:00	0:05:22	1:52:24	0:15:40	0:33:07	0:36:36	0:52:12	1:10:33	1:14:09	1:30:35	1:49:34	
853	21 JORGE ALVAREZ CARBALLEIRA	VTAM- 200	1:53:02	0:05:22	1:52:18	0:16:21	0:34:33	0:38:11	0:54:04	1:12:06	1:15:40	1:31:20	1:49:28	
854	20 DANIEL ALVAREZ CARBALLEIRA	VTAM- 201	1:53:02	0:05:22	1:52:18	0:16:22	0:34:33	0:38:11	0:54:04	1:12:06	1:15:40	1:31:20	1:49:28	
855	1554 MIGUEL DEZA RODRIGUEZ	VTBM- 175	1:53:15	0:05:23	1:52:28	0:16:36	0:33:35	0:36:53	0:51:24	1:08:46	1:12:16	1:28:20	1:49:15	
856	413 FERNANDO RIAL RAMA	VTEM- 39	1:53:21	0:05:23	1:53:16	0:15:56	0:34:00	0:37:30	0:53:19	1:12:43	1:16:32	1:32:59	1:50:02	
857	132 JOSÉ CARLOS DE OYA VITURRO	VTAM- 202	1:53:30	0:05:23	1:52:47	0:15:30	0:32:22	0:35:47	0:50:39	1:08:45	1:12:21	1:28:37	1:49:24	
858	254 EUSEBIO LAGO CASTRO	VTAM- 203	1:53:33	0:05:23	1:52:30	0:16:17	0:33:16	0:36:33	0:51:29	1:09:33	1:13:02	1:29:19	1:49:38	
859	477 JUAN JOSE SEOANE FREIRE	VTAM- 204	1:53:35	0:05:24	1:52:52	0:16:09	0:33:36	0:37:03	0:52:13	1:10:20	1:13:53	1:30:18	1:49:45	
860	1612 ANGEL MANUEL VIGO GONZALEZ	SNM- 227	1:53:38	0:05:24	1:53:05	0:15:13	0:32:10	0:35:27	0:49:49	1:07:33	1:11:02	1:27:47	1:49:18	
861	555 JOSE A. VESTEIRO RIVAS	VTAM- 205	1:53:40	0:05:24	1:52:34	0:16:51	0:34:57	0:38:32	0:54:11	1:12:23	1:15:57	1:31:53	1:50:25	Asociación Riazor Coruña
862	125 JUAN CARLOS COSTA REY	VTAM- 206	1:53:42	0:05:24	1:52:42	0:17:22	0:35:24	0:38:53	0:53:47	1:11:31	1:15:19	1:30:53	1:50:16	
863	2051 JESUS PEREZ LEIS	VTEM- 40	1:53:44	0:05:24	1:52:54	0:15:18	0:32:15	0:35:28	0:50:30	1:08:43	1:12:22	1:29:16	1:49:59	no
864	410 CARLOS REY MERA	VTDM- 55	1:53:46	0:05:24	1:53:05	0:16:17	0:33:42	0:37:12	0:52:32	1:10:38	1:14:13	1:30:24	1:49:48	
865	1552 MAXIMINO LAGARES CARRO	VTBM- 176	1:53:52	0:05:24	1:53:17	0:15:31	0:32:46	0:36:13	0:51:29	1:10:01	1:13:42	1:30:15	1:50:08	
866	522 JOSE MANUEL VILAR ARCOS	VTM- 97	1:53:53	0:05:24	1:52:54	0:17:04	0:34:21	0:37:40	0:51:46	1:08:43	1:12:13	1:28:32	1:50:14	
867	391 PABLO PREGO ULLOA	SNM- 228	1:53:59	0:05:25	1:52:47	0:17:32	0:35:23	0:38:56	0:54:30	1:12:55	1:16:33	1:32:19	1:50:47	
868	404 JORGE REGO CASÁS	SNM- 229	1:53:59	0:05:25	1:52:45	0:17:32	0:35:23	0:38:56	0:54:31	1:12:55	1:16:33	1:32:20	1:50:46	
869	366 JOSE LUIS PENEDO FERNANDEZ	VTBM- 177	1:54:00	0:05:25	1:53:21	0:16:28	0:33:45	0:37:15	0:52:56	1:11:31	1:15:05	1:31:29	1:50:26	
870	1798 JESUS BERNAL GOMEZ	VTFM- 19	1:54:04	0:05:25	1:53:50	0:14:52	0:32:52	0:36:25	0:52:31	1:11:48	1:15:29	1:31:45	1:50:47	GA19332 C.D.EGOVARROS-VIVEIRO
871	302 SERGIO MARTINEZ GOMEZ	SNM- 230	1:54:09	0:05:25	1:53:48	0:15:21	0:32:36	0:35:57	0:51:02	1:09:40	1:13:21	1:31:01	1:50:50	
872	1580 JOSE CARLOS FREIRE SALORIO	SNM- 231	1:54:15	0:05:25	1:53:34	0:14:46	0:31:24	0:34:39	0:49:16	1:07:09	1:10:40	1:27:20	1:50:34	
873	42 JOSE IGNACIO ARES FERREIRO	VTDM- 56	1:54:16	0:05:25	1:53:05	0:17:37	0:36:05	0:39:43	0:55:30	1:13:59	1:17:36	1:33:15	1:51:08	
874	2097 MARCELINO CASTRO PENA	VTM- 98	1:54:17	0:05:25	1:53:07	0:17:04	0:35:07	0:38:43	0:54:15	1:11:52	1:15:20	1:31:32	1:50:36	FeFeMe Triatlón
875	1657 PALOMA RAYÓN FERNÁNDEZ	F- 39 SNF- 15	1:54:17	0:05:26	1:53:22	0:16:39	0:34:14	0:37:43	0:53:23	1:12:10	1:15:48	1:32:07	1:50:53	
876	481 SILVANA SIEIRO	F- 40 SNF- 16	1:54:17	0:05:26	1:53:22	0:15:17	0:32:35	0:36:03	0:51:40	1:10:50	1:14:30	1:31:11	1:50:35	
877	786 JOAQUIN CASAL SEIJO	VTBM- 178	1:54:17	0:05:26	1:53:24	0:16:30	0:34:44	0:38:15	0:54:06	1:12:25	1:15:59	1:32:07	1:50:53	
878	796 EMILIO JUAN GOYANES RIVERO	VTDM- 57	1:54:22	0:05:26	1:53:55	0:15:56	0:33:16	0:36:40	0:51:50	1:10:08	1:13:45	1:30:20	1:50:34	
879	407 RAÚL REY FIGUEIRA	VTAM- 207	1:54:24	0:05:26	1:53:36	0:16:44	0:34:40	0:38:09	0:53:42	1:12:05	1:15:38	1:31:37	1:50:49	
880	113 EUGENIO CEGARRA GARCIA	VTM- 99	1:54:33	0:05:26	1:53:43	0:16:33	0:34:15	0:37:46	0:53:22	1:11:27	1:15:04	1:31:12	1:50:49	
881	84 ALEJANDRO CAÑADA MUÑOZ	VTBM- 179	1:54:43	0:05:27	1:54:06	0:16:41	0:34:50	0:38:18	0:53:45	1:12:06	1:15:37	1:31:35	1:51:11	
882	314 TANIA MEDIN CAGIAO	F- 41 VTAF- 12	1:54:48	0:05:27	1:54:24	0:15:33	0:32:52	0:36:21	0:51:50	1:10:19	1:14:01	1:30:43	1:50:50	
883	1638 FERNANDO MELÉNDEZ FERRO	VTBM- 180	1:54:50	0:05:27	1:53:43	0:17:38	0:35:59	0:39:40	0:55:54	1:14:20	1:17:57	1:33:41	1:51:36	
884	472 XURXO SEIJO SAAVEDRA	SNM- 232	1:54:52	0:05:27	1:53:55	0:16:56	0:35:07	0:38:43	0:54:17	1:12:46	1:16:21	1:32:18	1:51:13	
885	1513 IÑAKI DE SANTIAGO MARIN	VTAM- 208	1:54:54	0:05:27	1:54:19	0:16:14	0:34:30	0:38:13	0:54:16	1:13:21	1:17:13	1:34:00	1:51:52	
886	2096 MIGUEL ARIAS SANCHEZ	VTDM- 58	1:54:55	0:05:27	1:53:45	0:17:04	0:35:07	0:38:44	0:54:17	1:12:46	1:16:21	1:32:18	1:51:13	Fefeme
887	234 NICOLÁS GONZÁLEZ MÁRQUEZ	JNM- 9	1:54:55	0:05:27	1:54:03	0:16:16	0:33:23	0:36:51	0:52:33	1:11:47	1:15:31	1:31:45	1:51:07	
888	2065 JAVIER PITA VIDAL	SNM- 233	1:54:57	0:05:27	1:54:38	0:15:51	0:34:15	0:37:48	0:53:21	1:11:47	1:15:21	1:31:43	1:51:28	
889	29 PABLO ALVAREZ SOAZ	VTAM- 209	1:54:57	0:05:27	1:54:38	0:15:51	0:34:15	0:37:48	0:53:21	1:11:47	1:15:21	1:31:43	1:51:29	
890	114 ANTONIO CENDAN PRADO	VTFM- 20	1:55:04	0:05:28	1:54:37	0:16:19	0:34:11	0:37:36	0:52:59	1:11:30	1:15:03	1:31:03	1:51:22	
891	2043 VICTOR MANUEL ARMESTO APARICIO	VTAM- 210	1:55:05	0:05:28	1:54:12	0:16:56	0:34:54	0:38:24	0:54:08	1:13:09	1:16:35	1:32:33	1:51:34	
892	791 JOSE ABELLA ARCOS	VTBM- 181	1:55:07	0:05:28	1:54:00	0:17:38	0:35:59	0:39:40	0:55:54	1:14:19	1:17:57	1:33:41	1:51:47	
893	109 MARCOS CASTRO COVELO	VTAM- 211	1:55:16	0:05:28	1:54:23	0:17:41	0:36:29	0:40:06	0:55:40	1:13:48	1:17:25	1:33:22	1:51:55	
894	2035 JOSE MANUEL SOUTULLO SAMPEDRO	VTBM- 182	1:55:20	0:05:28	1:54:39	0:15:32	0:32:55	0:36:23	0:51:49	1:10:49	1:14:35	1:31:46	1:51:30	
895	397 ADRIAN QUEVEDO PÉREZ	SNM- 234	1:55:21	0:05:29	1:54:30	0:16:40	0:35:23	0:38:53	0:53:35	1:11:14	1:14:56	1:31:26	1:52:05	
896	696 NARCISO VILA SUÁREZ	VTBM- 183	1:55:22	0:05:29	1:54:32	0:15:58	0:32:53	0:36:13	0:50:34	1:07:22	1:10:42	1:25:59	1:51:08	Peña Ciclista Media Ducia
897	1565 JOSE MANUEL LAGO GONZALEZ	VTDM- 59	1:55:23	0:05:29	1:54:58	0:16:00	0:33:40	0:37:10	0:52:41	1:11:22	1:15:05	1:31:40	1:51:31	
898	1715 JAVIER CASTRO FERNANDEZ	SNM- 235	1:55:23	0:05:29	1:54:51	0:15:54	0:33:53	0:37:17	0:52:39	1:10:48	1:14:21	1:30:44	1:51:51	A8836 ALEJANDRO GOMEZ ADIDAS
899	351 EDUARDO PAREDES FERRIO	VTBM- 184	1:55:25	0:05:29	1:54:24	0:16:59	0:35:01	0:38:35	0:54:19	1:12:47	1:16:24	1:32:40	1:51:53	
900	841 MARCOS DíEZ MADRIGAL	SNM- 236	1:55:29	0:05:29	1:54:54	0:16:43	0:34:18	0:37:42	0:52:50	1:11:05	1:14:37	1:30:20	1:51:46	
901	830 DIEGO DONO MAYER	VTAM- 212	1:55:29	0:05:29	1:54:54	0:16:43	0:34:18	0:37:42	0:52:49	1:11:05	1:14:37	1:30:20	1:51:46	
902	844 ALEJANDRO LUIS CASAR FOLGAR	SNM- 237	1:55:36	0:05:29	1:54:59	0:16:57	0:34:19	0:37:39	0:52:38	1:10:44	1:14:25	1:31:24	1:52:20	
903	1956 FELIPE IGLESIAS MIRA	VTAM- 213	1:55:48	0:05:30	1:55:15	0:14:49	0:31:26	0:34:42	0:49:45	1:10:53	1:14:29	1:30:26	1:52:08	A-11001 ESPRINTES OURENSE
904	564 JOSE MANUEL GONZÁLEZ GRAÑA	VTM- 100	1:55:53	0:05:30	1:55:13	0:15:56	0:33:22	0:36:49	0:51:55	1:10:12	1:13:56	1:31:27	1:51:58	A-9714 ATLETISMO FONTES DO SAR
905	1984 MANUEL HURTADO LÓPEZ	VTEM- 41	1:55:54	0:05:30	1:55:15	0:16:50	0:35:18	0:38:56	0:54:55	1:13:35	1:17:12	1:33:11	1:52:22	Promocios Abuin e Escoante
906	188 DAVID FERREIRO CASTILLO	VTAM- 214	1:55:54	0:05:30	1:55:36	0:16:02	0:34:08	0:37:35	0:53:21	1:12:13	1:15:52	1:32:47	1:52:20	
907	16 ADÁN ALMENDÁREZ ROQUE	SNM- 238	1:56:02	0:05:30	1:54:48	0:17:59	0:36:50	0:40:29	0:56:21	1:14:35	1:18:08	1:33:41	1:52:40	
908	51 MARCOS BAQUERO ESCUDERO	VTAM- 215	1:56:03	0:05:31	1:55:35	0:14:24	0:30:43	0:33:56	0:48:30	1:06:43	1:10:30	1:27:45	1:52:04	
909	872 DAVID SEISDEDOS HERMO	VTAM- 216	1:56:10	0:05:31	1:55:09	0:18:15	0:37:38	0:41:24	0:57:37	1:16:28	1:20:06	1:35:23	1:52:49	-----
910	178 GEMMA FERNÁNDEZ GARCÍA	F- 42 VTAF- 13	1:56:13	0:05:31	1:55:35	0:16:44	0:34:12	0:37:42	0:53:33	1:12:49	1:16:42	1:33:00	1:52:50	
911	321 MIGUEL MIRANTES MIRANTES	VTBM- 185	1:56:14	0:05:31	1:55:44	0:16:13	0:34:30	0:38:12	0:54:54	1:14:30	1:18:22	1:35:38	1:53:06	
912	2071 MANUEL VILARIÑO FREIRE	VTAM- 217	1:56:17	0:05:31	1:55:18	0:16:55	0:35:23	0:38:58	0:54:56	1:13:37	1:17:13	1:33:38	1:52:58	
913	1847 ENRIQUE GANDARA ULLOA	VTDM- 60	1:56:20	0:05:31	1:55:09	0:17:37	0:36:06	0:39:42	0:55:30	1:13:58	1:17:36	1:33:36	1:53:00	A-6320 CLUB ATLETISMO CORUÑA COMARCA
914	102 GUZMÁN CASAS RODRÍGUEZ	VTBM- 186	1:56:20	0:05:31	1:55:11	0:17:37	0:36:06	0:39:42	0:55:31	1:14:00	1:17:36	1:33:39	1:52:34	
915	2083 MARTIN GONZALEZ PEREZ	PRM- 2	1:56:29	0:05:32	1:56:13	0:14:36	0:31:20	0:34:37	0:49:27	1:08:32	1:12:30	1:30:33	1:52:21	A-6720 Atletismo Venturiña
916	251 MIRIAM JURADO ROALES	F- 43 SNF- 17	1:56:43	0:05:32	1:55:50	0:17								

919	757 MIGUEL ANGEL FERREIRO CAMPOS	VTDM- 61	1:57:02	0:05:33	1:56:53	0:15:53	0:34:20	0:38:06	0:53:35	1:13:16	1:17:16	1:34:12	1:53:30			
920	239 JAVIER GRUEIRO BOUZA	VTBM- 187	1:57:04	0:05:33	1:56:25	0:15:55	0:33:39	0:37:08	0:52:41	1:11:38	1:15:23	1:32:24	1:53:03			
921	176 PABLO FERNANDEZ GARCIA	SNM- 239	1:57:05	0:05:33	1:56:20	0:14:37	0:31:15	0:34:32	0:49:25	1:07:50	1:11:34	1:29:07	1:52:51			
922	511 MANUEL VÁZQUEZ LAMAS	VTFM- 21	1:57:10	0:05:34	1:56:59	0:15:48	0:34:06	0:37:41	0:53:27	1:12:12	1:15:56	1:33:02	1:53:18			
923	487 FERNANDO SUAREZ CARRIL	VTM- 101	1:57:12	0:05:34	1:55:58	0:17:19	0:35:14	0:38:45	0:54:16	1:12:58	1:16:39	1:33:03	1:53:16			
924	268 JOSÉ LÓPEZ FEAL	VTFM- 22	1:57:18	0:05:34	1:56:28	0:17:26	0:35:53	0:39:27	0:55:29	1:14:23	1:18:04	1:34:39	1:53:44			
925	798 PEDRO SANCHEZ RODILLA	VTDM- 62	1:57:19	0:05:34	1:56:27	0:17:27	0:35:53	0:39:27	0:55:28	1:14:23	1:18:04	1:34:39	1:53:43			
926	293 ELOY MAHIA SANCHEZ	VTEM- 42	1:57:19	0:05:34	1:56:28	0:17:26	0:35:53	0:39:27	0:55:29	1:14:23	1:18:04	1:34:39	1:53:43			
927	103 CARLOS ALBERTO CASTAÑO CAMEJO	VTBM- 188	1:57:25	0:05:34	1:56:27	0:16:54	0:34:58	0:38:31	0:54:18	1:13:13	1:16:57	1:33:45	1:53:46			
928	221 ALEJO GÓMEZ DORRIO	VTBM- 189	1:57:34	0:05:35	1:56:56	0:16:44	0:34:12	0:37:42	0:53:33	1:12:49	1:16:42	1:33:11	1:53:46			
929	34 JESUS ANDRES SILVA	VTBM- 190	1:57:40	0:05:35	1:56:51	0:17:30	0:36:33	0:40:16	0:56:40	1:15:36	1:19:10	1:35:45	1:54:08			
930	26 MARCOS ALVAREZ PATIÑO	VTAM- 219	1:57:55	0:05:36	1:57:36	0:16:02	0:34:07	0:37:35	0:53:20	1:12:13	1:15:53	1:32:47	1:54:10			
931	284 JESUS MARIA LOSADA ARCA	VTAM- 220	1:58:01	0:05:36	1:56:50	0:18:05	0:37:28	0:41:16	0:57:45	1:16:43	1:20:20	1:36:08	1:54:32			
932	246 JESUS IGLESIAS DEL POZO	VTAM- 221	1:58:12	0:05:37	1:57:40	0:15:26	0:34:03	0:37:37	0:53:43	1:12:56	1:16:44	1:33:40	1:54:37			
933	1543 FRANCISCO UCHA DE LA BARRERA	VTM- 102	1:58:17	0:05:37	1:57:07	0:16:24	0:34:15	0:37:49	0:53:48	1:13:16	1:17:00	1:33:53	1:54:16			
934	837 ISABEL DEL CANTO FERNÁNDEZ	F- 45 SNF- 18	1:58:17	0:05:37	1:57:10	0:17:22	0:35:24	0:38:58	0:54:28	1:12:58	1:16:35	1:33:37	1:54:32			
935	1603 JESÚS ARES FRAGA	VTBM- 191	1:58:17	0:05:37	1:57:42	0:16:13	0:34:31	0:38:13	0:54:16	1:13:22	1:17:14	1:33:59	1:54:20			
936	1948 FRANCISCO GARCÍA CARRO	VTAM- 222	1:58:23	0:05:37	1:57:28	0:16:36	0:35:02	0:38:38	0:54:31	1:13:30	1:17:10	1:33:44	1:54:47		CRM	
937	338 MIGUEL OGANDO SEDES	VTAM- 223	1:58:41	0:05:38	1:57:37	0:18:40	0:38:07	0:41:48	0:58:02	1:17:15	1:20:58	1:37:20	1:55:30			
938	815 JOSÉ MANUEL LÓPEZ PALLAS	VTAM- 224	1:58:41	0:05:38	1:57:33	0:18:09	0:37:27	0:41:06	0:57:30	1:16:30	1:20:09	1:36:36	1:55:21			
939	202 BEATRIZ GANTES CRESPO	F- 46 SNF- 19	1:58:42	0:05:38	1:57:36	0:17:13	0:35:44	0:39:19	0:55:07	1:14:04	1:17:48	1:34:36	1:55:24			
940	377 ROGELIO MANUEL PEREZ MIÑONES	VTM- 103	1:58:52	0:05:39	1:57:51	0:17:30	0:36:22	0:40:02	0:56:04	1:15:04	1:18:45	1:35:11	1:54:51			
941	874 FERNANDO VAZQUEZ BLANCO	VTDM- 63	1:58:56	0:05:39	1:58:34	0:16:11	0:34:28	0:38:03	0:54:06	1:13:29	1:17:20	1:34:13	1:55:06			
942	531 RAFAEL VIZCAINO GONZALEZ	SNM- 240	1:59:16	0:05:40	1:58:33	0:16:26	0:34:48	0:38:26	0:54:43	1:14:10	1:18:03	1:35:37	1:56:07			
943	43 XOÁN CARLOS ARGIZ LANDEIRA	VTBM- 192	1:59:21	0:05:40	1:58:07	0:17:19	0:35:14	0:38:45	0:54:16	1:12:58	1:16:40	1:33:58	1:55:15			
944	305 FERNANDO MANUEL MARTINEZ PEREZ	SNM- 241	1:59:22	0:05:40	1:58:25	0:18:09	0:37:31	0:41:12	0:57:33	1:17:14	1:21:09	1:38:14	1:56:08			
945	1584 ANTONIO BERMEJO CONDE	VTFM- 23	1:59:23	0:05:40	1:58:45	0:16:58	0:35:54	0:39:36	0:55:32	1:15:05	1:18:59	1:36:05	1:55:50			
946	420 JUAN CARLOS RIVAS VARELA	VTDM- 64	1:59:28	0:05:40	1:58:51	0:16:46	0:34:59	0:38:32	0:54:19	1:13:13	1:16:59	1:33:28	1:55:31			
947	528 SANTIAGO VILLASUSO CABAÑAS	SNM- 242	1:59:35	0:05:41	1:59:04	0:16:21	0:35:06	0:38:47	0:55:08	1:14:19	1:18:10	1:35:29	1:55:45			
948	865 JOSÉ LÓPEZ ANEIROS	VTDM- 65	1:59:39	0:05:41	1:59:05	0:15:55	0:33:21	0:36:46	0:51:54	1:10:11	1:13:56	1:32:03	1:55:26	GA 15845	C.A. Ría Ferrol	
949	1520 JULIO YÁNEZ NOVO	SNM- 243	1:59:43	0:05:41	1:58:57	0:16:37	0:34:23	0:37:53	0:53:26	1:12:10	1:16:01	1:34:25	1:56:10			
950	252 ANGEL JUVIÑO PREGO	VTAM- 225	1:59:44	0:05:41	1:58:49	0:17:50	0:36:26	0:40:01	0:55:39	1:14:00	1:17:39	1:34:38	1:55:38			
951	675 RUBEN MARTINEZ DEL RIO	VTBM- 193	1:59:44	0:05:41	1:58:47	0:17:51	0:36:26	0:40:01	0:55:40	1:14:01	1:17:39	1:34:38	1:55:38		IND.ATL.ARTABRO	
952	558 MIGUEL ANGEL MARTINEZ DEL RIO	VTBM- 194	1:59:44	0:05:41	1:58:46	0:17:50	0:36:25	0:40:01	0:55:39	1:14:00	1:17:39	1:34:38	1:55:38		ATLETICO.PARLA	
953	843 SERGIO MANUEL LEMA RODRÍGUEZ	SNM- 244	1:59:47	0:05:41	1:59:47	0:17:55		0:40:51	0:57:10	1:16:47	1:20:41	1:37:44	1:56:36			
954	1870 JOSÉ JUAN LORENZO AGUIAR	VTEM- 43	1:59:49	0:05:41	1:59:36	0:16:53	0:35:58	0:39:37	0:55:47	1:14:52	1:18:35	1:35:35	1:56:12	A-9759	CLUB ATLETISMO FONTES DO SAR	
955	495 JOSÉ TOBA QUINTANS	VTEM- 44	2:00:10	0:05:42	2:00:05	0:15:56	0:34:00	0:37:30	0:53:19	1:12:44	1:16:33	1:34:02	1:56:05			
956	289 ANTONIO MACEIRAS SUÁREZ	VTAM- 226	2:00:10	0:05:42	1:59:10	0:16:36	0:33:43	0:37:07	0:52:12	1:10:51	1:14:35	1:32:04	1:55:14			
957	1691 JUAN MANUEL CANO ACEVEDO	VTAM- 227	2:00:12	0:05:42	1:59:28	0:15:57	0:34:01	0:37:31	0:53:19	1:12:50	1:16:37	1:34:39	1:56:22			
958	718 MANUEL TREUS PAMPIN	VTBM- 195	2:00:13	0:05:42	1:59:04	0:18:15	0:37:55	0:41:39	0:58:29	1:18:04	1:21:42	1:37:55	1:56:39	GA-12464	Sociedad Gimnástica de Pontevedra	
959	483 IRIA SOTO IGLESIAS	F- 47 SNF- 20	2:00:50	0:05:44	1:59:51	0:17:05	0:34:56	0:38:23	0:53:54	1:12:26	1:16:08	1:34:06	1:56:45			
960	316 RODRIGO MENDEZ CASAS	SNM- 245	2:00:50	0:05:44	1:59:51	0:17:05	0:34:56	0:38:23	0:53:54	1:12:26	1:16:08	1:34:07	1:56:46			
961	30 VICTOR MANUEL ALVAREZ TABOADA	SNM- 246	2:00:53	0:05:44	2:00:35	0:15:55	0:34:30	0:38:12	0:54:54	1:14:30	1:18:21	1:35:39	1:57:00			
962	439 CARLOS RODRIGUEZ SANTISO	SNM- 247	2:01:02	0:05:45	2:00:29	0:15:44	0:32:43	0:36:12	0:52:11	1:11:52	1:15:39	1:34:30	1:56:53			
963	455 LUIS MIGUEL SALGADO RIO	SNM- 248	2:01:02	0:05:45	2:00:29	0:15:44	0:32:42	0:35:59	0:52:10	1:10:16	1:13:38	1:34:30	1:56:53			
964	759 BENITO GONZALEZ GONTAD	VTDM- 66	2:01:03	0:05:45	2:00:47	0:15:52	0:34:38	0:38:20	0:55:13	1:14:50	1:18:47	1:36:29	1:57:02			
965	159 JAVIER EIRAS TABOADA	VTAM- 228	2:01:15	0:05:45	2:00:35	0:17:43	0:37:28	0:41:22	0:58:21	1:17:57	1:21:45	1:38:48	1:57:38			
966	1770 JAVIER PRIETO SOUTO	SNM- 249	2:01:27	0:05:46	2:00:23	0:16:37	0:34:35	0:38:03	0:53:42	1:13:12	1:17:01	1:34:32	1:56:58	a/10752	ATLETISMO RIAZOR CORUÑA	
967	228 CARLOS GONZALEZ CRIADO	VTAM- 229	2:01:27	0:05:46	2:00:23	0:16:37	0:34:35	0:38:03	0:53:41	1:13:10	1:17:01	1:34:32	1:56:56			
968	1742 JUAN MANUEL MARTIN CARBAJAL	VTDM- 67	2:01:28	0:05:46	2:00:37	0:17:01	0:36:01	0:39:48	0:56:17	1:15:51	1:19:41	1:36:58	1:57:53		ATLETISMO CLUB SOCIAL BANCO PASTOR	
969	723 JAVIER CAMPA GARCÍA	VTDM- 68	2:01:30	0:05:46	2:00:29	0:16:53	0:34:59	0:38:31	0:54:18	1:13:14	1:16:57	1:34:33	1:56:50	O 4068	TINEO ATLETISMO	
970	1561 JAVIER SARDIÑA AGRA	VTM- 104	2:01:55	0:05:47	2:00:54	0:18:06	0:37:49	0:41:35	0:58:11	1:17:33	1:21:25	1:38:33	1:58:28			
971	804 LUIS ALBERTO CODESIDO BELLO	VTBM- 196	2:02:07	0:05:48	2:01:14	0:18:14	0:37:59	0:41:48	0:58:31	1:18:39	1:22:28	1:39:37	1:58:49			
972	822 CARMEN ANGULO RUIZ DE PELLON	F- 48 VTAF- 14	2:02:07	0:05:48	2:01:14	0:18:14	0:37:59	0:41:48	0:58:31	1:18:39	1:22:28	1:39:37	1:58:50			
973	1502 GUILLERMO RODRIGUEZ PUJOL	VTBM- 197	2:02:21	0:05:48	2:01:58	0:15:53	0:33:39	0:37:16	0:54:16	1:13:26	1:17:21	1:36:24	1:58:32			
974	857 LUCAS PASTUR ROMAY	PRM- 3	2:03:29	0:05:52	2:02:37	0:17:41	0:37:49	0:41:39	0:58:48	1:19:24	1:23:20	1:40:49	2:00:15			
975	2034 MANUEL VILAS ABELENDA	VTFM- 24	2:03:44	0:05:52	2:02:53	0:18:13	0:37:57	0:41:47	0:58:29	1:18:05	1:21:54	1:39:27	1:59:39	no		
976	2105 MANUEL MOURE SANDE	VTDM- 69	2:04:02	0:05:53	2:03:18	0:16:02	0:34:16	0:37:56	0:54:05	1:14:17	1:18:17	1:36:40	1:59:43	A-9867	NOITEBRA F.C.	
977	1743 PABLO PRIETO CASAL	VTM- 105	2:04:02	0:05:53	2:03:10	0:17:01	0:36:01	0:39:48	0:56:17	1:15:51	1:19:41	1:36:59	1:59:52		ATLETISMO CLUB SOCIAL BANCO PASTOR	
978	527 JAVIER VILLAS PEDRUELO	VTDM- 70	2:04:20	0:05:54	2:03:58	0:17:16	0:36:29	0:40:10	0:56:45	1:16:08	1:20:04	1:37:36	1:59:50			
979	803 MIGUEL ABELEDO PATIÑO	VTM- 106	2:04:20	0:05:54	2:03:31	0:17:15	0:36:29	0:40:10	0:56:45	1:16:08	1:20:05	1:37:36	1:59:50			
980	793 RICARDO RUBIO ALAMEDA	VTM- 107	2:04:21	0:05:54	2:03:46	0:16:50	0:36:13	0:40:01	0:56:47	1:16:14	1:20:10	1:37:37	1:59:50	r27		
981	536 ISMAEL PRIETO SOUTO	SNM- 250	2:04:29	0:05:55	2:03:25	0:17:24	0:35:07	0:38:15	0:53:03	1:11:29	1:15:17	1:32:56	1:59:55			
982	124 RAMIRO CORUJO FERRO	VTAM- 230	2:04:45	0:05:55	2:04:09	0:16:00	0:33:09	0:36:38	0:51:40	1:10:27	1:14:24	1:34:06	2:00:18			
983	1573 DANIEL BORJA DURÁN ALONSO	VTAM- 231	2:04:56	0:05:56	2:03:54	0:17:15	0:36:17	0:40:10	0:56:29	1:16:01	1:19:59	1:37:13	2:00:01			
984	876 ROI ALONSO PADÍN	SNM- 251	2:05:00	0:05:56	2:04:35	0:14:32	0:31:53	0:35:21	0:50:46	1:						

990	431	XOSE MANOEL RODRIGUEZ ORGEIRA	VTBM- 198	2:06:07	0:05:59	2:05:43	0:17:18	0:37:06	0:41:02	0:58:30	1:19:27	1:23:30	1:40:53	2:01:54	
991	1897	ÓSCAR FRESNEDO ARIAS	SNM- 255	2:06:15	0:06:00	2:05:11	0:18:51	0:38:48	0:42:45	1:00:08	1:20:40	1:24:39	1:42:07	2:02:40	CLUB CORREDORES BECERREÁ
992	787	FRANCISCO MARTÍNEZ MARTÍNEZ	VTFM- 25	2:06:16	0:06:00	2:05:39	0:16:54	0:36:05	0:39:57	0:57:07	1:18:01	1:22:05	1:40:47	2:02:09	
993	258	BORJA MANUEL LAMAS LAGE	SNM- 256	2:06:21	0:06:00	2:05:24	0:18:15	0:36:57	0:40:30	0:56:43	1:17:17	1:21:22	1:39:36	2:02:14	
994	387	ANDREA PRADO ESPÍNEIRA	F- 50 SNF- 21	2:06:22	0:06:00	2:05:25	0:18:15	0:36:57	0:40:30	0:56:43	1:17:17	1:21:22	1:39:36	2:02:14	
995	753	CARLOS CARRODEGUAS ABADIN	VTDM- 71	2:06:32	0:06:00	2:05:51	0:17:32	0:37:04	0:40:56	0:58:11	1:18:23	1:22:15	1:40:49	2:02:45	
996	92	MIGUEL ANGEL CARBALLO TORTOSA	SNM- 257	2:06:39	0:06:01	2:05:42	0:18:09	0:37:30	0:41:12	0:57:33	1:17:14	1:21:09	1:39:12	2:02:19	
997	342	KIKO OTERO PEREZ	SNM- 258	2:06:43	0:06:01	2:05:48	0:17:13	0:37:58	0:41:50	0:58:36	1:18:52	1:22:53	1:41:13	2:02:19	
998	559	MARÍA ELENA CASTRO SABIO	F- 51 VTBF- 10	2:06:46	0:06:01	2:05:57	0:17:17	0:36:52	0:40:35	0:57:51	1:18:33	1:22:26	1:41:04	2:02:59	ATLETISMO CLUB SOCIAL BANCO PASTOR
999	2078	JAVIER MARTINEZ RIVAS	VTM- 109	2:06:57	0:06:02	2:06:15	0:17:35	0:36:23	0:40:08	0:57:05	1:17:57	1:22:09	1:40:17	2:02:53	
1000	1558	FRANCISCO VILA BALEATO	VTAM- 232	2:07:11	0:06:02	2:06:10	0:18:17	0:38:02	0:41:55	0:58:45	1:19:04	1:23:04	1:41:07	2:02:55	
1001	275	JOSE ANTONIO LOPEZ QUIROGA	VTBM- 199	2:07:22	0:06:03	2:06:35	0:16:52	0:36:08	0:40:00	0:57:20	1:17:51	1:21:57	1:40:20	2:02:55	
1002	187	ROSA FERNANDEZ VALDIVIESO	F- 52 VTAF- 15	2:07:43	0:06:04	2:06:49	0:17:12	0:36:26	0:40:16	0:57:39	1:18:19	1:22:14	1:40:47	2:03:53	
1003	200	PACO FUENTES BERMEJO	VTM- 110	2:07:43	0:06:04	2:06:50	0:17:12	0:36:26	0:40:16	0:57:39	1:18:19	1:22:14	1:40:47	2:03:53	
1004	300	GERMAN MARTINEZ GOMEZ	VTAM- 233	2:08:10	0:06:05	2:07:15	0:18:04	0:38:11	0:42:06	0:59:06	1:19:36	1:23:41	1:41:54	2:03:58	
1005	52	JUAN PEDRO BARCO SANCHEZ	VTAM- 234	2:08:18	0:06:05	2:07:20	0:17:17	0:37:03	0:40:56	0:58:06	1:19:01	1:23:02	1:41:10	2:03:47	
1006	849	LUIS CALZON DOPAZO	SNM- 259	2:09:06	0:06:08	2:08:22	0:17:43	0:38:16	0:42:21	0:59:51	1:20:21	1:24:21	1:42:22	2:05:02	
1007	2020	MARÍA AMALIA OTERO GONZALEZ	F- 53 VTEF- 3	2:09:22	0:06:08	2:08:44	0:17:46	0:37:33	0:41:33	0:59:05	1:20:12	1:24:11	1:43:11	2:05:32	VETERAN@S DE GALICIA
1008	1803	MARÍA OSORIO LÓPEZ	F- 54 SNF- 22	2:09:45	0:06:09	2:08:56	0:17:50	0:37:47	0:41:38	0:59:21	1:20:31	1:24:33	1:43:02	2:05:38	AG 10774 T C.D.EGOVARROS-VIVEIRO
1009	2067	MANUEL JAVIER MUÑIZ SEIJAS	VTM- 111	2:09:52	0:06:10	2:08:53	0:17:19	0:35:37	0:39:14	0:56:50	1:19:08	1:23:24	1:41:48	2:05:25	
1010	427	JOSE RODRIGUEZ DOMINGUEZ	VTM- 112	2:09:57	0:06:10	2:08:59	0:18:18	0:38:14	0:42:10	0:59:34	1:20:40	1:24:39	1:43:20	2:06:00	
1011	821	OSCAR CAJIDE MATA	VTAM- 235	2:10:03	0:06:10	2:09:18	0:19:04	0:39:29	0:43:12	1:00:05	1:20:45	1:25:04	1:43:54	2:05:51	
1012	1510	SERGIO LÓPEZ REY	SNM- 260	2:10:27	0:06:11	2:09:39	0:17:29	0:36:44	0:40:31	0:58:13	1:19:26	1:23:28	1:42:36	2:06:15	
1013	2093	JAVIER LOPEZ MARTIN LOPEZ MARTIN	VTDM- 72	2:11:23	0:06:14	2:10:07	0:18:13	0:37:33	0:41:13	0:57:50	1:18:27	1:22:33	1:41:55	2:06:54	CLUB SOCIAL BANCO PASTOR
1014	691	JOSÉ GARCÍA GESTO	VTEM- 45	2:11:30	0:06:14	2:10:24	0:17:41	0:36:44	0:40:27	0:57:38	1:18:54	1:22:58	1:42:27	2:06:54	Peña Ciclista Media Ducia
1015	1901	JOSE ANIBAL GARCÍA DIAZ	VTDM- 74	2:12:43	0:06:18	2:11:36	0:18:50	0:38:30	0:42:22	1:00:25	1:21:51	1:25:55	1:44:50	2:08:18	CLUB DE COMUNICACIONES BANCORREOS
1016	726	ANGEL MEIJIDE PEDROSA	VTDM- 73	2:12:43	0:06:18	2:11:32	0:18:50	0:38:30	0:42:22	1:00:25	1:21:51	1:25:56	1:44:50	2:08:18	TRAN-TRAN
1017	1639	FRAN RODRÍGUEZ LÓPEZ	VTAM- 236	2:12:43	0:06:18	2:12:17	0:17:10	0:37:18	0:41:13	0:59:25	1:20:43	1:25:05	1:44:47	2:08:18	
1018	727	JOSÉ VÁZQUEZ GUERRA	VTFM- 26	2:12:43	0:06:18	2:11:32	0:18:51	0:38:30	0:42:22	1:00:25	1:21:51	1:25:56	1:44:50	2:08:18	TRAN-TRAN
1019	476	RAMON SEOANE FREIJIDO	VTBM- 200	2:12:54	0:06:18	2:12:17	0:20:41	0:42:53	0:46:59	1:05:11	1:26:27	1:30:30	1:48:25	2:09:02	
1020	781	CARMEN UZAL JANEIRO	F- 55 VTCF- 4	2:13:06	0:06:19	2:12:01	0:18:40	0:38:57	0:42:57	1:01:00	1:22:24	1:26:32	1:45:38	2:08:41	
1021	91	SILVIA CARBALLO RODRIGUEZ	F- 56 SNF- 23	2:13:38	0:06:21	2:13:11	0:16:16	0:35:30	0:39:26	0:58:11	1:21:03	1:25:28	1:45:05	2:08:54	
1022	1890	MARÍA LUISA RUA PRIETO	F- 57 SNF- 24	2:16:15	0:06:28	2:15:56	0:16:57	0:37:19	0:41:23	0:59:50	1:21:59	1:26:17	1:46:57	2:11:40	CLUB ATLETISMO SADA
1023	160	FELIPE ELENA RODRÍGUEZ	PRM- 4	2:16:15	0:06:28	2:15:42	0:16:08	0:34:52	0:38:36	0:55:44	1:17:04	1:21:25	1:41:25	2:11:40	
1024	81	JAVIER CAMBA MÉNDEZ	VTBM- 201	2:17:25	0:06:31	2:16:28	0:17:19	0:36:27	0:40:22	0:58:39	1:20:25	1:24:45	1:47:00	2:12:39	
1025	253	FRANCISCO LAFONT GANCEDO	SNM- 261	2:18:00	0:06:33	2:17:24	0:17:59	0:39:13	0:43:07	1:01:27	1:23:29	1:27:34	1:47:49	2:13:53	
1026	348	XOAQUÍN PARADELO CARRACEDO	VTM- 113	2:18:09	0:06:33	2:17:48	0:16:23	0:36:52	0:41:01	1:00:29	1:23:27	1:27:51	1:48:18	2:13:48	
1027	642	MIGUEL ANGEL GONZALEZ TALAVERO	VTM- 114	2:18:32	0:06:34	2:18:03	0:16:00	0:35:28	0:39:21	0:57:12	1:19:14	1:23:35	1:45:50	2:13:22	CLUB RIALTO
1028	1549	JOSE ANTONIO BOCELO PRIETO	VTM- 115	2:19:22	0:06:37	2:18:42	0:18:11	0:38:10	0:41:54	1:00:13	1:23:04	1:27:43	1:48:15	2:14:23	
1029	783	ENRIQUETA IGLESIAS VAZQUEZ	F- 58 SNF- 25	2:21:03	0:06:42	2:20:04	0:18:58	0:39:00	0:42:56	1:00:05	1:20:12	1:24:10	1:49:57	2:16:25	
1030	1547	MARÍA MONTSERRAT LÓPEZ CORTIÑAS	F- 59 VTAF- 16	2:21:55	0:06:44	2:21:06	0:18:13	0:39:18	0:43:25	1:02:04	1:24:20	1:28:42	1:49:57	2:17:04	
1031	1790	FRANCISCO ALONSO CUEVAS	VTBM- 202	2:21:56	0:06:44	2:20:46	0:18:13	0:39:19	0:43:25	1:02:04	1:24:19	1:28:41	1:49:57	2:17:05	A10892 C.A.R. MARISQUEIRO
1032	1810	ENRIQUE RIO NIETO	VTFM- 27	2:24:06	0:06:50	2:23:56	0:17:45	0:39:30	0:43:44	1:03:25	1:27:03	1:31:41	1:53:21	2:19:23	A-7018 C.D.EGOVARROS-VIVEIRO
1033	879	MANUEL SANCHEZ ARRANZ	SNM- 262	2:27:29	0:07:00	2:27:03	0:15:54	0:36:24	0:41:35	1:02:04	1:24:20	1:28:42	1:55:59		
1034	1794	EVARISTO ALONSO MISA	VTAM- 237	2:28:19	0:07:02	2:27:10	0:20:05	0:41:36	0:45:42	1:05:01	1:28:43	1:33:50	1:56:13		A-8904 C.A.R. MARISQUEIRO