FEDERACIÓN GALLEGA DE ATLETISMO

# VI CARREIRA PEDESTRE POPULAR CONCELLO O PINO

**09/05/09**

## RESULTADOS CANICROSS

**DISTANCIA 3,2** KM.

| POSTO | DORSAL | APELIDOS E NOME | CLUBE | ANO | LICEN. | CAT | LUGAR | TEMPO | MEDIA |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 425 | SALVADO TEJEDOR, ROBERTO | **CANICROSS** | 08-10-70 | ACADE | **VAH** | Santiago Compostela | 11.08 | 3:29 |
| 2 | 286 | RÍO SILVA, JOSÉ LUIS | **CANICROSS** | 10-06-66 | 0 | **VAH** | Oleiros | 11.36 | 3:38 |
| 3 | 289 | VILLAR MOREIRA, JUAN CARLOS | **CANICROSS** | 04-12-66 | ACADE | **VAH** | Santiago Compostela | 11.56 | 3:44 |
| 4 | 377 | GUTIERREZ VÁZQUEZ, ENRIQUE | **CANICROSS** | 29-09-71 | ACADE | **VAH** | Boimorto | 12.35 | 3:56 |
| 5 | 212 | FERNÁNDEZ RODRÍGUEZ, JOSÉ | **CANICROSS** | 23-09-57 | ACADE | **VBH** | Carballiño | 13.15 | 4:08 |
| 6 | 379 | DIEGUEZ AREZ, PATRICIA | **CANICROSS** | 25-12-71 | ACADE | **VAM** | Santiago Compostela | 13.28 | 4:13 |
| 7 | 18 | TOURIÑO FERREIRÓS, MÓNICA | **CANICROSS** | 30-05-75 | ACADE | **SM** | Catoira | 13.58 | 4:22 |
| 8 | 476 | VILLAR SANMARTÍN ,CARLOS | **CANICROSS** | 16-01-96 | ACADE | **IH** | Santiago Compostela | 14.34 | 4:33 |
| 9 | 205 | TIZÓN REQUEIJO, ROSA | **CANICROSS** | 21-10-56 | 0 | **VBM** | Carballiño | 15.04 | 4:43 |
| 10 | 80 | OLVEIRA MIRANDA, MARCOS | **CANICROSS** | 26-06-79 | ACADE | **SH** | A Coruña | 15.31 | 4:51 |
| 11 | 11 | MANOLO + TOXO | **CANICROSS** | 01-01-75 | 0 | **SH** | 0 | 18.44 | 5:51 |
| 12 | 102 | PEREIRA GRACIA, JESÚS MIGUEL | **CANICROSS** | 30-01-81 | 0 | **SH** | Ames | 21.20 | 6:40 |

FEDERACIÓN GALLEGA DE ATLETISMO

# VI CARREIRA PEDESTRE POPULAR CONCELLO O PINO

## XERAL PREBENXAMÍNS

**DISTANCIA 0,5**

| POSTO | DORSAL | APELIDOS E NOME | CLUBE | ANO | LICEN. | CAT | LUGAR | TEMPO |
|---|---|---|---|---|---|---|---|---|
| 1 | 636 | LANDEIRA RODRÍGUEZ, ÁNGEL | 0 | 18-07-02 | 0 | **PBH** | Santiago Compostela | 1.44 |
| 2 | 632 | NOGUEIRA GONZÁLEZ, ANTÓN | AT. MILLA-RAIO | 29-03-02 | A-9842 | **PBH** | Ames | 1.53 |
| 3 | 633 | RECUNA PORTO, MARCELO | 0 | 02-05-02 | 0 | **PBH** | Vilagarcía de Arousa | 2.00 |
| 4 | 643 | LAREO MERA, LUCAS | 0 | 15-02-03 | 0 | **PBH** | O PINO | 2.01 |
| 5 | 634 | LÓPEZ FERNÁNDEZ, LARA | EDM TRAZO | 07-06-02 | 0 | **PBM** | Ordes | 2.02 |
| 6 | 630 | SEOANE LOUREDA, LUCÍA | 0 | 20-01-02 | 0 | **PBM** | Cambre | 2.03 |
| 7 | 626 | IOANNU, BRIAN | EDM BOIMORTO | 01-01-02 | 0 | **PBH** | Boimorto | 2.04 |
| 8 | 646 | CASTRO HERMIDA, IRIA | 0 | 11-05-03 | 0 | **PBM** | O PINO | 2.06 |
| 9 | 635 | RÍO GESTO, GABRIELA | 0 | 13-06-02 | 0 | **PBM** | Oleiros | 2.07 |
| 10 | 657 | LANDEIRA RODRÍGUEZ, GONZALO | 0 | 01-04-04 | 0 | **PBH** | Santiago Compostela | 2.08 |
| 11 | 631 | VALIÑO RODRÍGUEZ, ALBA | 0 | 14-03-02 | 0 | **PBM** | O PINO | 2.09 |
| 12 | 639 | FERNÁNDEZ VILLAVERDE, ÁLVARO | 0 | 26-10-02 | 0 | **PBH** | Ames | 2.14 |
| 13 | 642 | RIVAS RODÍS, PABLO | 0 | 14-02-03 | 0 | **PBH** | Santiago Compostela | 2.15 |
| 14 | 644 | SUÁREZ FERNÁNDEZ, LUIS | 0 | 16-02-03 | 0 | **PBH** | O PINO | 2.16 |
| 15 | 655 | UZQUIAGA ESCOURIDO, MARIO | AT. MILLA-RAIO | 10-01-04 | A-9850 | **PBH** | Ames | 2.16 |
| 16 | 652 | RAMOS LÓPEZ, IAGO | AT. MILLA-RAIO | 16-11-03 | 0 | **PBH** | Ames | 2.17 |
| 17 | 628 | RODEIRO MARTÍNEZ, ALDARA | 0 | 05-01-02 | 0 | **PBM** | O PINO | 2.19 |
| 18 | 637 | PAMPÍN DURO, RÁUL | CPI CAMIÑO SANTIAGO | 30-08-02 | 0 | **PBH** | O PINO | 2.20 |
| 19 | 665 | AREA VÁZQUEZ, PABLO | 0 | 15-08-05 | 0 | **PBH** | Arteixo | 2.21 |
| 20 | 670 | PAJARO BARRAN, DAVID | 0 | 01-01-03 | 0 | **PBH** | O PINO | 2.23 |
| 21 | 645 | CARREIRA RIAL, HUGO | 0 | 06-03-03 | 0 | **PBH** | O PINO | 2.52 |
| 22 | 659 | LOURO SANMARTÍN, DANIEL | 0 | 04-11-04 | 0 | **PBH** | Noia | 2.54 |
| 23 | 661 | VILAR VEIGA, MARIO | AT. MILLA-RAIO | 29-01-05 | 0 | **PBH** | Ames | 2.57 |
| 24 | 656 | BUELA ENJO, CARLA | AT. MILLA-RAIO | 17-01-04 | A-9843 | **PBM** | Ames | 3.04 |
| 25 | 654 | IOANNU, ALAN | EDM BOIMORTO | 01-01-04 | 0 | **PBH** | Boimorto | 3.06 |
| 26 | 663 | LAGO SUÁREZ, LUCÍA | 0 | 21-04-05 | 0 | **PBM** | Pastoriza | 4.12 |

FEDERACIÓN GALLEGA DE ATLETISMO

0

# VI CARREIRA PEDESTRE POPULAR CONCELLO O PINO

**09/05/09**

## XERAL BENXAMÍN ALEVÍN

**DISTANCIA 2 KM**

| POSTO | DORSAL | APELIDOS E NOME | CLUBE | ANO | LICEN. | CAT | LUGAR | TEMPO | MEDIA |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 553 | ROSENDE SÁEZ, MARCOS | 0 | 06/11/98 | 0 | **AH** | A Estrada | 7.12 | 3:36 |
| 2 | 563 | FERREIRO RIAL, RUBÉN | CPI CAMIÑO SANTIAGO | 10/02/99 | 0 | **AH** | O PINO | 7.33 | 3:47 |
| 3 | 530 | SOUTO RAMOS, VÍCTOR | CIMÁNS CORUÑA | 16/01/98 | 0 | **AH** | Carral | 7.43 | 3:52 |
| 4 | 581 | RAMOS REY, ARTURO | ATL. MILLADOIRO | 05/05/00 | A-9510 | **BH** | Santiago Compostela | 7.49 | 3:55 |
| 5 | 582 | OSORIO LÓPEZ, PEDRO | San Xoán Filgueira | 31/05/00 | POL310500 | **BH** | Ferrol | 7.52 | 3:56 |
| 6 | 554 | RIVAS RODÍS, GABRIEL | 0 | 17/11/98 | 0 | **AH** | Santiago Compostela | 8.00 | 4:00 |
| 7 | 549 | FERNÁNDEZ VILLAVERDE,ANTONIO | 0 | 29/09/98 | 0 | **AH** | Ames | 8.15 | 4:08 |
| 8 | 557 | AGUIÓN LÓPEZ, CARLOS | EDM BOIMORTO | 01/01/99 | 0 | **AH** | Boimorto | 8.33 | 4:17 |
| 9 | 571 | SOUTO PRIETO, ANTONIO | 0 | 18/10/99 | 0 | **AH** | Vilalba | 8.36 | 4:18 |
| 10 | 586 | LÓPEZ LÓPEZ, DAVID | ATL. ARTEIXO | 11/07/00 | DLL110700 | **BH** | Arteixo | 8.39 | 4:20 |
| 11 | 532 | CASTRO RODRÍGUEZ, INÉS | CD EGOVARROS | 26/02/98 | 0 | **AM** | Cambre | 8.50 | 4:25 |
| 12 | 601 | PÉREZ FERNÁNDEZ, PABLO | CPI CAMIÑO SANTIAGO | 11/05/01 | 0 | **BH** | O PINO | 8.52 | 4:26 |
| 13 | 551 | PINTOR MIRANDA, GERARDO | 0 | 16/10/98 | 0 | **AH** | O PINO | 8.57 | 4:29 |
| 14 | 570 | LÓPEZ ÁLVAREZ, IRENE | AT. RIA FERROL | 07/09/99 | 0 | **AM** | Ferrol | 8.58 | 4:29 |
| 15 | 596 | GUAZZONE MARIÑO, LEONARDO | AT. MILLA-RAIO | 21/01/01 | A-9846 | **BH** | Ames | 8.59 | 4:30 |
| 16 | 577 | REY LORENZO, LUCÍA | 0 | 27/12/99 | 0 | **AM** | Santiago Compostela | 9.02 | 4:31 |
| 17 | 538 | SUÁREZ CRUZ, BRUNO | COMESAÑA S.C. | 18/04/98 | 0 | **AH** | Vigo | 9.03 | 4:32 |
| 18 | 583 | MOSTEIRO SUÁREZ, MARÍA | CPI CAMIÑO SANTIAGO | 05/06/00 | 0 | **BM** | O PINO | 9.05 | 4:33 |
| 19 | 534 | CASTRO HERMIDA, BORJA | CPI CAMIÑO SANTIAGO | 05/03/98 | 0 | **AH** | O PINO | 9.15 | 4:38 |
| 20 | 584 | CENDÁN MALINGRET, LEO | 0 | 06/06/00 | 0 | **BH** | Teo | 9.22 | 4:41 |
| 21 | 575 | FUENTES GARCÍA, IAGO | AT. MILLA-RAIO | 10/12/99 | 0 | **AH** | Ames | 9.56 | 4:58 |
| 22 | 598 | DÍAZ DOMÍNGUEZ, JUAN | 0 | 28/02/01 | 0 | **BH** | O PINO | 9.57 | 4:59 |
| 23 | 572 | NOGUEIRA COLMEIRO, JACOBO | AT. MILLA-RAIO | 26/10/99 | A-9851 | **AH** | Ames | 9.58 | 4:59 |
| 24 | 602 | CUTRÍN GONZÁLEZ, NOE | AT. MILLA-RAIO | 18/07/01 | A-9859 | **BH** | Ames | 10.00 | 5:00 |
| 25 | 564 | NOGUEIRA GONZÁLEZ, PABLO | AT. MILLA-RAIO | 11/04/99 | A-9841 | **AH** | Ames | 10.04 | 5:02 |
| 26 | 591 | LÓPEZ PORTABALES, ALBA | AT. MILLA-RAIO | 24/08/00 | A-9844 | **BM** | Ames | 10.14 | 5:07 |
| 27 | 585 | SÁNCHEZ BÓVEDA, TERESA | SANTA UXIA AT. | 30/06/00 | 0 | **BM** | Riveira | 10.21 | 5:11 |
| 28 | 605 | GARCÍA VARELA, ALBA | 0 | 16/09/01 | 0 | **BM** | Arzúa | 10.35 | 5:18 |
| 29 | 573 | ALONSO GIRÓN, MIGUEL | 0 | 14/11/99 | 0 | **AH** | A Coruña | 10.40 | 5:20 |
| 30 | 599 | AMOR LLOPIS, FRANCISCO J. | 0 | 10/04/01 | 0 | **BH** | Ribadeo | 10.42 | 5:21 |
| 31 | 606 | VEIGA VAZQUEZ, ANA | 0 | 01-01-00 | 0 | **BM** | 0 | 10.43 | 5:22 |
| 32 | 576 | TARRÍO GÓMEZ, CRISTIAN | 0 | 22/12/99 | 0 | **AH** | O PINO | 10.54 | 5:27 |
| 33 | 544 | GARCÍA FERNÁNDEZ, SARA | 0 | 12/08/98 | 0 | **AM** | A Coruña | 11.03 | 5:32 |
| 34 | 574 | IRIMIA VARELA, MARTÍN | CPI CAMIÑO SANTIAGO | 25/11/99 | 0 | **AH** | O PINO | 11.54 | 5:57 |
| 35 | 527 | PARDO SÁNCHEZ, ELBA | EDM BOIMORTO | 01/01/98 | 0 | **AM** | Boimorto | 15.53 | 7:57 |

# VI CARREIRA PEDESTRE POPULAR CONCELLO O PINO

**09/05/09**

## XERAL INFATIL - CADETE E XUVENIL FEMININO

**DISTANCIA 3,2** KM.

| POSTO | DORSAL | APELIDOS E NOME | CLUBE | ANO | LICEN. | CAT | LUGAR | TEMPO | MEDIA |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 478 | BURLIDO PEÑALOZA, BRAIS | ATL. PORRIÑO | 29-02-96 | A-7800 | **IH** | Porriño | 13.05 | 4:05 |
| 2 | 480 | CAAMAÑO BLANCO, UXÍO | 0 | 05-05-96 | 0 | **IH** | Vimianzo | 13.36 | 4:15 |
| 3 | 466 | CHECKOV, IVÁN | CPI CAMIÑO SANTIAGO | 19-05-95 | 0 | **CH** | O PINO | 13.50 | 4:19 |
| 4 | 468 | PÉREZ DÍAZ, CELIA | 0 | 22-06-95 | 0 | **CM** | Vilagarcía de Arousa | 13.57 | 4:22 |
| 5 | 489 | VÁZQUEZ COTÓN, GONZALO | CPI CAMIÑO SANTIAGO | 25-11-96 | 0 | **IH** | O PINO | 14.00 | 4:23 |
| 6 | 491 | LAREO VARELA, CRISTIAN | 0 | 16-01-97 | 0 | **IH** | Arzúa | 14.16 | 4:28 |
| 7 | 452 | LOUZAO CARREIRA, ALEXANDRE | 0 | 21-04-94 | 0 | **CH** | Santiago Compostela | 14.50 | 4:38 |
| 8 | 505 | QUINTELA CASAL, LUCÍA | CPI CAMIÑO SANTIAGO | 29-09-97 | 0 | **IM** | O PINO | 15.31 | 4:51 |
| 9 | 483 | SEOANE LOUREDA, RUTH | 0 | 04-08-96 | 0 | **IM** | Cambre | 15.31 | 4:51 |
| 10 | 502 | PÉREZ FERNÁNDEZ, BRAIS | CPI CAMIÑO SANTIAGO | 09-09-97 | 0 | **IH** | O PINO | 15.47 | 4:56 |
| 11 | 457 | GONTÁN BARREIRO, ANTONIO | CPI CAMIÑO SANTIAGO | 11-10-94 | 0 | **CH** | O PINO | 16.31 | 5:10 |
| 12 | 487 | PINTOR MIRANDA, ANTÓN | CPI CAMIÑO SANTIAGO | 28-10-96 | 0 | **IH** | O PINO | 16.48 | 5:15 |
| 13 | 499 | SÁNCHEZ PARDO, CRISTINA | AT. MILLA-RAIO | 06-07-97 | A-9853 | **IM** | Ames | 17.40 | 5:31 |
| 14 | 488 | ABEL ASOREY, ANDREA | 0 | 12-11-96 | 0 | **IM** | Teo | 18.27 | 5:46 |
| 15 | 485 | GÓMEZ LÓPEZ, DANIEL | CPI CAMIÑO SANTIAGO | 11-10-96 | 0 | **IH** | O PINO | 18.28 | 5:46 |
| 16 | 495 | GONZÁLEZ FERNÁNDEZ, FELIPE | CPI CAMIÑO SANTIAGO | 26-05-97 | 0 | **IH** | O PINO | 18.53 | 5:54 |
| 17 | 490 | DÍAZ DOMÍNGUEZ, ANDRÉ | 0 | 02-01-97 | 0 | **IH** | O PINO | 18.57 | 5:55 |
| 18 | 508 | RODEIRO LAREO, MÓNICA | CPI CAMIÑO SANTIAGO | 25-12-97 | 0 | **IM** | O PINO | 18.59 | 5:56 |
| 19 | 454 | PEREIRO VILLAVERDE, PABLO | CPI CAMIÑO SANTIAGO | 27-07-94 | 0 | **CH** | O PINO | 19.25 | 6:04 |
| 20 | 474 | ÁLVAREZ AGUIÓN, MERITXEL | EDM BOIMORTO | 01-01-96 | 0 | **IM** | Boimorto | 19.28 | 6:05 |
| 21 | 455 | VIAÑO LÓPEZ, IVÁN | CPI CAMIÑO SANTIAGO | 15-09-94 | 0 | **CH** | O PINO | 20.20 | 6:21 |
| 22 | 469 | BLANCO RIVAS, ADRIÁN | CPI CAMIÑO SANTIAGO | 05-07-95 | 0 | **CH** | O PINO | 20.26 | 6:23 |
| 23 | 460 | GONZÁLEZ FERNÁNDEZ, MATEO | CPI CAMIÑO SANTIAGO | 18-02-95 | 0 | **CH** | O PINO | 22.06 | 6:54 |
| 24 | 456 | MACIÑEIRAS BLANCO, ÁNGELA | 0 | 02-10-94 | 0 | **CM** | Boqueixón | 22.28 | 7:01 |
| 25 | 497 | OSPINA SÁNCHEZ, EDISSON | AT. MILLA-RAIO | 26-06-97 | 0 | **IH** | Ames | 22.45 | 7:07 |

FEDERACIÓN GALLEGA DE ATLETISMO

# VI CARREIRA PEDESTRE POPULAR CONCELLO O PINO

**09/05/09**

## XERAL ABSOLUTA

**DISTANCIA 8,9** KM.

| POSTO | DORSAL | APELIDOS E NOME | CLUBE | ANO | LICEN. | CAT | LUGAR | TEMPO | MEDIA |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1 | PENAS BLANCO, MANUEL ÁNGEL | Os chapín de Jerez | 09-11-77 | 12255 | **SH** | Arzúa | 26.25 | 2:58 |
| 2 | 112 | JESUS, BRUNO | NA JOANE | 01-01-82 | 0 | **SH** | Portugal | 27.31 | 3:06 |
| 3 | 129 | GERALAVICIUS, ROBERTAS | OAAP | 10-02-84 | G-16793 | **SH** | Santiago Compostela | 27.41 | 3:07 |
| 4 | 361 | CONCIENçIAO, DELFIM | NA JOANE | 01-01-71 | 0 | **VAH** | Portugal | 27.48 | 3:07 |
| 5 | 13 | BARGIELA ARAUJO, DANIEL | 0 | 20-02-75 | 0 | **SH** | Bueu | 27.53 | 3:08 |
| 6 | 4 | IGLESIAS CARBALLO, IVÁN | CAMARGO SALGAR | 15-01-86 | GA-16122 | **SH** | Santiago Compostela | 28.10 | 3:10 |
| 7 | 96 | FERNÁNDEZ RODRIGUES,JUAN PABLO | SGP | 30-08-80 | GA-16812 | **SH** | Santiago Compostela | 28.59 | 3:15 |
| 8 | 89 | PENA HOLGUÍN, JUAN | S.F. LUCUS CAIXA R. | 01-04-80 | GA-13606 | **SH** | Lugo | 29.17 | 3:17 |
| 9 | 316 | SERANTES GÓMEZ, RAMÓN | SGP | 01-10-68 | G-5263 | **VAH** | A Coruña | 29.23 | 3:18 |
| 10 | 69 | ESAADAAQUI, AKKA | 0 | 10-11-78 | 0 | **SH** | Salceda de Caselas | 29.36 | 3:20 |
| 11 | 273 | PIÑEIRO RIVAS, CARLOS | SGP | 01-07-65 | GA-13553 | **VAH** | Ferrol | 29.53 | 3:21 |
| 12 | 128 | CRISOSTOMO, FILIPE | MAIA | 01-01-84 | 0 | **SH** | Portugal | 30.03 | 3:23 |
| 13 | 147 | CAEIRO VIGO, MANUEL | CIMÁNS CORUÑA | 22-12-87 | Ga-19951 | **PH** | A Coruña | 30.08 | 3:23 |
| 14 | 413 | VÁZQUEZ VAAMONDE, RICARDO | 0 | 07-09-74 | 0 | **VAH** | Lalín | 30.39 | 3:27 |
| 15 | 389 | CARRILLO SILVOSO,MIGUEL | ATL. MILLADOIRO | 10-10-72 | A-9738 | **VAH** | Vedra | 30.46 | 3:27 |
| 16 | 44 | PEREIRA CARDALDA, RUBÉN | C.A. PEREIRA | 27-04-77 | A-8411 | **SH** | Gondomar | 30.52 | 3:28 |
| 17 | 31 | CASAL PÉREZ,JUAN CARLOS | ATL. MILLADOIRO | 12-12-75 | A-5751 | **SH** | Santiago Compostela | 30.56 | 3:29 |
| 18 | 49 | SÁNCHEZ LÓPEZ, FRANCISCO JOSÉ | AT. USC | 08-10-77 | GA-06556 | **SH** | Santiago Compostela | 31.11 | 3:30 |
| 19 | 79 | NOVO VEIGA, LUIS ALFONSO | CIMÁNS CORUÑA | 18-06-79 | A-9802 | **SH** | A Coruña | 31.14 | 3:31 |
| 20 | 396 | LÓPEZ TORREIRO, JOSÉ LUIS | AÑARES | 01-09-73 | LO-6023 | **VAH** | Logroño | 31.16 | 3:31 |
| 21 | 261 | RODRIGUEZ LÓPEZ,ANGEL | ATL. MILLADOIRO | 07-02-64 | A-4521 | **VAH** | Santiago Compostela | 31.16 | 3:31 |
| 22 | 315 | SOBRADO FERNÁNDEZ,ANTONIO | VAL DA LOURIÑA | 13-06-68 | A-5811 | **VAH** | Redondela | 31.17 | 3:31 |
| 23 | 7 | PEIXOTO, DOROTEA | SPORT ZONE | 01-01-83 | 0 | **SM** | Portugal | 31.40 | 3:33 |
| 24 | 14 | RECOUSO CAAMAÑO, JOSÉ A. | AT. SAR | 04-03-75 | 0 | **SH** | A Coruña | 31.41 | 3:34 |
| 25 | 110 | MÉNDES PEREIRA, PATRICIA | COMESAÑA S.C. | 14-12-81 | GA-19613 | **SM** | Mos | 31.54 | 3:35 |
| 26 | 74 | SANTOS PÉREZ,ANTÓN | ATL. MILLADOIRO | 19-02-79 | A-7648 | **SH** | Santiago Compostela | 32.00 | 3:36 |
| 27 | 124 | AMADO GONZÁLEZ, JOSÉ ALFREDO | ATL. ORDES | 12-09-83 | A-9737 | **SH** | Ordes | 32.03 | 3:36 |
| 28 | 303 | VEIGA IGLESIAS, SAMUEL JOSÉ | ATL. MILLADOIRO | 12-08-67 | A-9798 | **VAH** | Santiago Compostela | 32.04 | 3:36 |
| 29 | 6 | GESTIDO RODRÍGUEZ, Mª JESÚS | PLAYAS DE JANDÍA | 01-11-77 | GA-10571 | **SM** | Pontevedra | 32.05 | 3:36 |
| 30 | 58 | VALES LOPEZ, ROBERTO CARLOS | CIMÁNS CORUÑA | 01-03-78 | Ga-17204 | **SH** | A Coruña | 32.08 | 3:37 |
| 31 | 185 | OTERO CEPEDA, XOSÉ LUIS | AT. USC | 02-11-51 | GA-07770 | **VCH** | Santiago Compostela | 32.10 | 3:37 |
| 32 | 263 | SANMARCO SANTOS, FRANCISCO | AT. SAR | 12-04-64 | A-5783 | **VAH** | Pontecesures | 32.11 | 3:37 |
| 33 | 373 | MÍGUENS GASAMANES, FELIPE | 0 | 03-07-71 | 0 | **VAH** | Pontecesures | 32.25 | 3:39 |
| 34 | 231 | BOUZA FREIRE, JOSÉ LUIS | ASN | 09-09-59 | G-17180 | **VBH** | Ferrol | 32.28 | 3:39 |
| 35 | 383 | ALVAREZ RODRIGUEZ,JESÚS MARÍA | CIMÁNS CORUÑA | 02-03-72 | Ga-17205 | **VAH** | A Coruña | 32.31 | 3:39 |
| 36 | 8 | RODRÍGUEZ LONGA, ROCÍO | PUERTO DE ALICANTE | 23-05-77 | GA-7381 | **SM** | Ferrol | 32.38 | 3:40 |
| 37 | 139 | SÁNCHEZ CAMPOS, BORJA | ATL. A SILVA | 05-02-87 | 0 | **PH** | Cerceda | 32.42 | 3:40 |
| 38 | 355 | CASTRO TOURÍS, JUAN CARLOS | AT. SAR | 18-08-70 | 0 | **VAH** | Dodro | 32.46 | 3:41 |
| 39 | 106 | SANMARTÍN MONTES, GONZALO | NOITEBRA FC | 10-08-81 | A-9796 | **SH** | Santiago Compostela | 32.51 | 3:41 |
| 40 | 251 | FERNÁNDEZ CASTRO,JUAN C. | ATL. MILLADOIRO | 10-12-62 | A-5807 | **VBH** | Santiago Compostela | 32.55 | 3:42 |
| 41 | 159 | GARCÍA RODRÍGUEZ, SANTIAGO | AT. RIA FERROL | 04-09-90 | GA-17144 | **JH** | Ferrol | 33.05 | 3:43 |
| 42 | 67 | RUBIO RENDO, GUSTAVO | 0 | 27-08-78 | 0 | **SH** | O PINO | 33.18 | 3:44 |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 43 | 59 | RAÑA FUENTES, NATALIA | AT. RIA FERROL | 15-03-78 | GA-16945 | **SM** | Ordes | 33.20 | 3:45 |
| 44 | 56 | IGLESIAS CASAL, RICARDO | AT. RIA FERROL | 16-01-78 | G-12484 | **SH** | Ames | 33.22 | 3:45 |
| 45 | 245 | REY IGLESIAS, FRANCISCO JAVIER | 0 | 04-01-62 | 0 | **VBH** | Santiago Compostela | 33.24 | 3:45 |
| 46 | 329 | TABOADA MILLÁN, CÉSAR | 0 | 22-03-69 | 0 | **VAH** | Santiago Compostela | 33.30 | 3:46 |
| 47 | 399 | RAMOS FERROL, ARTURO | ATL. MILLADOIRO | 26-11-73 | A-9509 | **VAH** | Santiago Compostela | 33.39 | 3:47 |
| 48 | 235 | DELGADO NÚÑEZ, PEDRO LUIS | ATL. MILLADOIRO | 26-05-60 | A-9797 | **VBH** | Santiago Compostela | 33.48 | 3:48 |
| 49 | 310 | GÓMEZ LÓPEZ,VICENTE | ATL. MILLADOIRO | 15-03-68 | A-0207 | **VAH** | Santiago Compostela | 33.50 | 3:48 |
| 50 | 3 | VALIÑO NOVO, CHUS | AT. RIA FERROL | 30-05-76 | GA-17528 | **SM** | Lugo | 33.55 | 3:49 |
| 51 | 20 | BABAIRO RODRÍGUEZ, DIEGO | SGP | 11-06-75 | GA-15568 | **SH** | Burela | 34.07 | 3:50 |
| 52 | 314 | GÓMEZ IGLESIAS, JOSÉ JAVIER | BURGAS OURENSE | 12-06-68 | A-7131 | **VAH** | Ourense | 34.18 | 3:51 |
| 53 | 378 | MONTERROSO PRIETO, JAVIER | 0 | 06-12-71 | 0 | **VAH** | Riveira | 34.19 | 3:51 |
| 54 | 372 | MÉNDEZ TORRES, LUIS | 0 | 01-07-71 | 0 | **VAH** | A Pobra do Caramiñal | 34.28 | 3:52 |
| 55 | 348 | PÉREZ SANTAMARÍA, DAVID | 0 | 15-04-70 | 0 | **VAH** | Padrón | 34.30 | 3:53 |
| 56 | 140 | DOPAZO REGUEIRO, PABLO ANT. | ATL. MARINEDA | 13-08-87 | 0 | **PH** | A Coruña | 34.33 | 3:53 |
| 57 | 346 | MUINELO PEDREIRA, PAULO XOAN | AS MARIÑAS | 15-03-70 | 0 | **VAH** | Cambre | 34.35 | 3:53 |
| 58 | 109 | SEGADE CAROU, IVÁN | 0 | 21-10-81 | 0 | **SH** | A Coruña | 34.38 | 3:53 |
| 59 | 335 | ABEL SOUTO,MIGUEL | ATL. MILLADOIRO | 16-08-69 | A-4106 | **VAH** | Santiago Compostela | 34,48 | 3:55 |
| 60 | 211 | FERNÁNDEZ GARRIDO,JUAN R. | ATL. MILLADOIRO | 25-08-57 | A-8009 | **VBH** | Vimianzo | 34.49 | 3:55 |
| 61 | 360 | PIÑÓN LOUREIRO, ANDRÉS | 0 | 19-12-70 | 0 | **VAH** | Cedeira | 34.50 | 3:55 |
| 62 | 107 | BOGA LESTA, MARIO | CIMÁNS CORUÑA | 22-09-81 | A-10415 | **SH** | A Coruña | 34.52 | 3:55 |
| 63 | 190 | BUGALLO SOUSA, AVELINO | 0 | 22-05-53 | 0 | **VCH** | Teo | 34.52 | 3:55 |
| 64 | 142 | GARCÍA SOAGE,ANDREA | AT. VILA DE CANGAS | 05-09-87 | GA-15956 | **PM** | Bueu | 34.55 | 3:55 |
| 65 | 403 | GÓMEZ POMBO, ANTÓN | 0 | 10-03-74 | 0 | **VAH** | Vigo | 34.57 | 3:56 |
| 66 | 407 | LÓPEZ VILLAR, JOSÉ ÁNGEL | ASN | 25-06-74 | G-19395 | **VAH** | Cedeira | 34.59 | 3:56 |
| 67 | 133 | JEREZ LÓPEZ,DAVID | ATL. MILLADOIRO | 21-10-85 | A-6564 | **SH** | Santiago Compostela | 35.04 | 3:56 |
| 68 | 351 | RODRÍGUEZ GIL, XIL | CD EGOVARROS | 24-05-70 | A-5079 | **VAH** | Ames | 35.05 | 3:57 |
| 69 | 305 | RECOUSO GARCÍA, JUAN CARLOS | 0 | 08-09-67 | 0 | **VAH** | A Coruña | 35.09 | 3:57 |
| 70 | 353 | FERNÁNDEZ OTERO, LUIS JAVIER | AT. SAR | 09-06-70 | 0 | **VAH** | Padrón | 35.14 | 3:58 |
| 71 | 398 | MARTÍNEZ OTERO,JOSÉ MANUEL | ATL. MILLADOIRO | 18-10-73 | A-9001 | **VAH** | Santiago Compostela | 35.14 | 3:58 |
| 72 | 276 | ABELEDO PATIÑO, TOMÁS | AS MARIÑAS | 22-08-65 | A-6321 | **VAH** | Culleredo | 35.25 | 3:59 |
| 73 | 342 | TOIMIL CASTRO, ALFONSO | ATL. MILLADOIRO | 15-01-70 | A-9547 | **VAH** | Santiago Compostela | 35.32 | 3:60 |
| 74 | 250 | ARUFE VIDAL,JOSÉ RAMÓN | ATL. MILLADOIRO | 06-10-62 | A-5567 | **VBH** | Ames | 35.34 | 3:60 |
| 75 | 225 | IGLESIAS LÓPEZ,CAMILO | ATL. MILLADOIRO | 22-12-58 | A-7653 | **VBH** | Santiago Compostela | 35.34 | 3:60 |
| 76 | 33 | FERNÁNDEZ CARBAJALES,JOSÉ L. | 0 | 25-07-76 | 0 | **SH** | Boimorto | 35.40 | 4:00 |
| 77 | 359 | ALONSO PIÑEIRO, GERARDO | 0 | 17-11-70 | 0 | **VAH** | Cabanas | 35.49 | 4:01 |
| 78 | 134 | ZAMORA PÉREZ, ADRIÁN | 0 | 11-11-85 | 0 | **SH** | Marín | 35.53 | 4:02 |
| 79 | 84 | NOGUEIRA PÉREZ, MIGUEL ANXO | NOITEBRA FC | 01-10-79 | A-9793 | **SH** | Santiago Compostela | 35.53 | 4:02 |
| 80 | 47 | BLANCO PÉREZ, AGUEDA OFELIA | COMESAÑA S.C. | 15-07-77 | GA-14402 | **SM** | Moaña | 35.58 | 4:02 |
| 81 | 65 | GAREA VÁZQUEZ, MANUEL | 0 | 29-07-78 | 0 | **SH** | A Coruña | 35.59 | 4:03 |
| 82 | 201 | VIGO MOURULLO, MANUEL | ATL. MILLADOIRO | 05-05-56 | A-9799 | **VBH** | Santiago Compostela | 36.03 | 4:03 |
| 83 | 270 | BARRO ROCHELA, MODESTO | 0 | 26-01-65 | 0 | **VAH** | As Pontes García Rdez | 36.03 | 4:03 |
| 84 | 425 | SALVADO TEJEDOR, ROBERTO | CANICROSS | 08-10-70 | ACADE | **VAH** | Santiago Compostela | 36.18 | 4:05 |
| 85 | 321 | SÁEZ BATALLÁN, ISABEL | 0 | 17-11-68 | 0 | **VAM** | A Estrada | 36.24 | 4:05 |
| 86 | 64 | FERRERO QUIÑOY, DAVID | 0 | 21-06-78 | 0 | **SH** | Santiago Compostela | 36.35 | 4:07 |
| 87 | 287 | ROSENDE BREA, JOSÉ | 0 | 13-07-66 | 0 | **VAH** | A Estrada | 36.39 | 4:07 |
| 88 | 115 | SANTOS ALONSO, PEDRO | 0 | 18-07-82 | 0 | **SH** | Tordoia | 36.40 | 4:07 |
| 89 | 155 | CANEDA BARREIRO, JOSÉ MANUEL | 0 | 04-12-89 | 0 | **PH** | O PINO | 36.55 | 4:09 |
| 90 | 286 | RÍO SILVA, JOSÉ LUIS | CANICROSS | 10-06-66 | 0 | **VAH** | Oleiros | 36.59 | 4:09 |
| 91 | 100 | SUÁREZ GARCÍA, CARLOS | 0 | 24-10-80 | 0 | **SH** | Santiago Compostela | 36.59 | 4:09 |
| 92 | 216 | INSÚA RODRÍGUEZ, JOSÉ MANUEL | OLYMPO | 10-02-58 | 0 | **VBH** | As Pontes García Rdez | 37.00 | 4:09 |
| 93 | 116 | BARREIRO GIGIREY, FERNANDO | 0 | 23-07-82 | 0 | **SH** | Santiago Compostela | 37.03 | 4:10 |
| 94 | 117 | CALZAS INSÚA, DAVID | 0 | 08-08-82 | 0 | **SH** | Vimianzo | 37.05 | 4:10 |
| 95 | 144 | MORENO RAMIL, ADRIÁN | 0 | 21-11-87 | 0 | **PH** | A Coruña | 37.05 | 4:10 |
| 96 | 197 | LODEIRO MËNDEZ,JESÚS | ATL. MILLADOIRO | 28-06-55 | A-1803 | **VBH** | Santiago Compostela | 37.11 | 4:11 |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 97 | 9 | SALVADO SANJUAN, FELIX M. | NOITEBRA FC | 07-08-60 | 0 | **VBH** | O PINO | 37.13 | 4:11 |
| 98 | 75 | PENAS BLANCO, MELA | COMESAÑA S.C. | 04-04-79 | GA-15655 | **SM** | Arzúa | 37.15 | 4:11 |
| 99 | 326 | ABELEDO PATIÑO, JOSÉ LUIS | 0 | 13-02-69 | 0 | **VAH** | Culleredo | 37.19 | 4:12 |
| 100 | 38 | ALDREY OTERO, ALBERTO | 0 | 03-05-76 | 0 | **SH** | Oleiros | 37.21 | 4:12 |
| 101 | 200 | GARABATO QUINTÁNS,JOSÉ RAM. | ATL. MILLADOIRO | 05-12-55 | A-6565 | **VBH** | Santiago Compostela | 37.25 | 4:12 |
| 102 | 412 | PIÑA GONZÁLEZ,MARCOS EDUARDO | 0 | 10-08-74 | 0 | **VAH** | Vigo | 37.27 | 4:12 |
| 103 | 210 | LENDOIRO SANTIAGO, JESÚS | 0 | 07-08-57 | 0 | **VBH** | Abegondo | 37.33 | 4:13 |
| 104 | 94 | VAGACE NÚÑEZ, CARMEN | 0 | 16-07-80 | 0 | **SM** | Lugo | 37.34 | 4:13 |
| 105 | 213 | GONZÁLEZ QUINTAIROS, JOSÉ D. | VAL DA RABEDA | 30-09-57 | A-10039 | **VBH** | Taboadela | 37.36 | 4:13 |
| 106 | 111 | CALVO FERNÁNDEZ, JOSÉ IGNACIO | CAN | 16-12-81 | A-9199 | **SH** | Ames | 37.40 | 4:14 |
| 107 | 21 | ACUÑA ALONSO, DIEGO | 0 | 14-06-75 | 0 | **SH** | Vigo | 37.49 | 4:15 |
| 108 | 10 | BUJÁN BARRAL, CÉSAR | 0 | 04-02-77 | 0 | **SH** | O PINO | 37.52 | 4:15 |
| 109 | 98 | ALVÁREZ BENDAÑA, ALBERTO | AT. SAR | 28-09-80 | A-6572 | **SH** | Padrón | 38.05 | 4:17 |
| 110 | 285 | LOUZAO RODRÍGUEZ, XOÁN A. | 0 | 18-04-66 | 0 | **VAH** | Touro | 38.12 | 4:18 |
| 111 | 27 | GARCÍA GARCÍA, ÁNGEL | 0 | 10-09-75 | 0 | **SH** | Aranga | 38.14 | 4:18 |
| 112 | 252 | SOUTO SILVA, RICARDO | 0 | 17-01-63 | 0 | **VBH** | Carral | 38.17 | 4:18 |
| 113 | 324 | DIEGUEA CONSTENLA, HUMBERTO | 0 | 30-01-69 | 0 | **VAH** | Pontevedra | 38.20 | 4:18 |
| 114 | 415 | LOSADA CARRIL,DAVID ENRIQUE | ATL. MILLADOIRO | 16-11-74 | A-9000 | **VAH** | Santiago Compostela | 38.33 | 4:20 |
| 115 | 243 | BERMÚDEZ TURNES,JOSÉ ANTONIO | 0 | 10-11-61 | 0 | **VBH** | Santiago Compostela | 38.38 | 4:20 |
| 116 | 343 | GIL LAMEIRO, HORACIO | San Miguel de Oia | 01-02-70 | A-8330 | **VAH** | Vigo | 38.44 | 4:21 |
| 117 | 83 | MORLÁN RODRÍGUEZ, JOSÉ ÁNGEL | ATL. ORDES | 19-08-79 | A-9548 | **SH** | Ordes | 38.46 | 4:21 |
| 118 | 318 | RIVEIRA RUANOVA, DANIEL | CIMÁNS CORUÑA | 16-10-68 | A-10418 | **VAH** | Ames | 38.47 | 4:21 |
| 119 | 402 | GODOY ARES, JOSÉ MANUEL | 0 | 09-02-74 | 0 | **VAH** | Rois | 38.56 | 4:22 |
| 120 | 92 | RAÑA VILLASENÍN, PABLO | 0 | 10-06-80 | 0 | **SH** | Ordes | 38.59 | 4:23 |
| 121 | 290 | RIVAS LAGE, JUAN JOSÉ | 0 | 19-12-66 | 0 | **VAH** | Riveira | 39.03 | 4:31 |
| 122 | 336 | SANTOS FERRADAS, CARLOS | 0 | 16-08-69 | 0 | **VAH** | 0 | 39.05 | 4:23 |
| 123 | 338 | VÁZQUEZ IGLESIAS, MANUEL | CD EGOVARROS | 18-09-69 | A-10402 | **VAH** | Cambre | 39.10 | 4:24 |
| 124 | 54 | BOTANA MOSQUERA, JUAN LUIS | 0 | 22-12-77 | 0 | **SH** | Oroso | 39.13 | 4:24 |
| 125 | 349 | GARCÍA GALLEGO, TOMÁS | 0 | 12-05-70 | 0 | **VAH** | A Coruña | 39.14 | 4:24 |
| 126 | 300 | CODÓN VEGA, ALFONSO | 0 | 30-04-67 | 0 | **VAH** | Vigo | 39.17 | 4:25 |
| 127 | 350 | RIAL CARNOTA, JOSÉ CARLOS | 0 | 13-05-70 | 0 | **VAH** | O PINO | 39.22 | 4:25 |
| 128 | 424 | BUELA CRUCES, FRANCISCO MIGUEL | AT. MILLA-RAIO | 01-01-68 | 0 | **VAH** | 0 | 39.31 | 4:26 |
| 129 | 281 | RODRÍGUEZ JARAZZO,Mª CARMEN | CD EGOVARROS | 29-12-65 | 0 | **VAM** | Cambre | 39.48 | 4:28 |
| 130 | 97 | CASTRO RAMOS, JAVIER | ATL. MARINEDA | 13-09-90 | 0 | **JH** | A Coruña | 39.49 | 4:28 |
| 131 | 149 | SALVADO SUÁREZ, IVÁN | 0 | 04-03-88 | 0 | **PH** | O PINO | 39.53 | 4:29 |
| 132 | 283 | GONZALEZ MARCOS, MARCOS | 0 | 26-02-66 | 0 | **VAH** | Ordes | 39.58 | 4:29 |
| 133 | 85 | COSTOYA PRADO, CÉSAR | 0 | 12-10-79 | 0 | **SH** | Frades | 39.59 | 4:30 |
| 134 | 145 | CASTRO SALMONTE, RUBÉN | 0 | 25-11-87 | 0 | **PH** | O PINO | 40.00 | 4:30 |
| 135 | 72 | NOGUEIRA MIÑÁN, SERGIO | 0 | 29-01-79 | 0 | **SH** | Cambre | 40.02 | 4:30 |
| 136 | 334 | GARCÍA MARTÍNEZ, EVARISTO | AT. SAR | 01-08-69 | A-5757 | **VAH** | Teo | 40.03 | 4:30 |
| 137 | 282 | SILVA CÉSAR, CARLOS | AT. USC | 17-01-66 | 0 | **VAH** | Santiago Compostela | 40.08 | 4:31 |
| 138 | 313 | CARBALLAL CUÑA, SIMÓN | 0 | 14-04-68 | 0 | **VAH** | Santiago Compostela | 40.22 | 4:32 |
| 139 | 228 | OMAR RÍOS, ADOLFO | CD EGOVARROS | 03-05-59 | A-7446 | **VBH** | Santiago Compostela | 40.24 | 4:32 |
| 140 | 187 | MARIÑO SANTAMARÍA, ANTONIO | ATL. BARBANZA | 15-05-52 | 0 | **VCH** | Riveira | 40.25 | 4:32 |
| 141 | 404 | RODRÍGUEZ GARRIDO,ANTONIO D. | 0 | 28-03-74 | 0 | **VAH** | O Grove | 40.38 | 4:34 |
| 142 | 387 | RODRÍGUEZ GARRIDO, MARCELINO | 0 | 10-06-72 | 0 | **VAH** | O Grove | 40.52 | 4:36 |
| 143 | 293 | LÓPEZ MARTÍNEZ, CURRO | 0 | 28-01-67 | 0 | **VAH** | Santiago Compostela | 40.53 | 4:36 |
| 144 | 291 | VALIÑO CEREIJO, JOSÉ MANUEL | 0 | 20-12-66 | 0 | **VAH** | O PINO | 41.06 | 4:37 |
| 145 | 418 | CAAMAÑO LIRA, ALEJANDRO | 0 | 20-09-83 | 0 | **SH** | Negreira | 41.08 | 4:37 |
| 146 | 347 | CORRALES PIQUERO, CARLOS | 0 | 31-03-70 | 0 | **VAH** | Ames | 41.15 | 4:38 |
| 147 | 25 | LÓPEZ CLAUDE, MARCOS B. | 0 | 15-07-75 | 0 | **SH** | A Coruña | 41.16 | 4:38 |
| 148 | 86 | QUINTÁNS CALVIÑO, JUDITH | 0 | 24-12-79 | 0 | **SM** | Oleiros | 41.22 | 4:39 |
| 149 | 113 | GUTIERREZ ROBLES,Mª YOLANDA | COMESAÑA S.C. | 12-01-82 | 0 | **SM** | Santiago Compostela | 41.24 | 4:39 |
| 150 | 196 | RODAL PARCEIRO, JOSÉ MANUEL | 0 | 25-04-55 | 0 | **VBH** | Cangas | 41.33 | 4:40 |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 151 | 344 | ANTELO FERRO, FERNANDO | 0 | 16-02-70 | 0 | **VAH** | Santiago Compostela | 41.39 | 4:41 |
| 152 | 423 | CIMADEVILA LOUZAO, DIEGO | 0 | 10-10-81 | 0 | **SH** | 0 | 41.42 | 4:41 |
| 153 | 322 | LANDEIRA CAAMAÑO, JESÚS | 0 | 30-11-68 | 0 | **VAH** | Santiago Compostela | 41.50 | 4:42 |
| 154 | 132 | VÁZQUEZ UZAL, DAVID | 0 | 31-07-85 | 0 | **SH** | A Coruña | 41.58 | 4:43 |
| 155 | 70 | PIÑEIRO IGLESIAS, IVÁN | 0 | 10-12-78 | 0 | **SH** | Santiago Compostela | 41.59 | 4:43 |
| 156 | 125 | LOURO SANMARTIN, BELEN | 0 | 01-01-89 | 0 | **PM** | 0 | 42.02 | 4:43 |
| 157 | 271 | FERNÁNDEZ GUINDA, EZEQUIEL | 0 | 12-03-65 | 0 | **VAH** | A Coruña | 42.07 | 4:44 |
| 158 | 138 | MOSQUERA GARCÍA, MARCOS | 0 | 11-12-86 | 0 | **SH** | Frades | 42.08 | 4:44 |
| 159 | 249 | RODRÍGUEZ CARRIL, JESÚS | AT. SAR | 15-09-62 | 0 | **VBH** | Pontecesures | 42.12 | 4:44 |
| 160 | 280 | CASTRO PENA, JESÚS | CD EGOVARROS | 02-12-65 | 0 | **VAH** | Cambre | 42.15 | 4:45 |
| 161 | 93 | CARRIL BOO, CRISTINA | 0 | 16-06-80 | 0 | **SM** | O PINO | 42.20 | 4:45 |
| 162 | 377 | GUTIERREZ VÁZQUEZ, ENRIQUE | CANICROSS | 29-09-71 | ACADE | **VAH** | Boimorto | 42.22 | 4:46 |
| 163 | 311 | FANDIÑO ARES, ALFREDO | 0 | 29-03-68 | 0 | **VAH** | O PINO | 42.29 | 4:46 |
| 164 | 91 | VARELA CRESPO, MARIO DANIEL | 0 | 08-06-80 | 0 | **SH** | O Carballiño | 42.30 | 4:47 |
| 165 | 192 | RAÑA PLATAS, JESÚS | 0 | 16-08-53 | 0 | **VCH** | Santiago Compostela | 42.33 | 4:47 |
| 166 | 182 | CALVO VARELA, CÁNDIDO | ATL. OBRADOIRO | 23-05-48 | A-9709 | **VCH** | Santiago Compostela | 42.43 | 4:48 |
| 167 | 364 | LEMA RIVADAS, XOSÉ FRANCISCO | 0 | 09-03-71 | 0 | **VAH** | Santiago Compostela | 42.48 | 4:49 |
| 168 | 202 | CONDE TORRES, RAMÓN | 0 | 08-08-56 | 0 | **VBH** | Porriño | 42.54 | 4:49 |
| 169 | 242 | BURLIDO BORREGO, JOSÉ ISAIAS | ATL. PORRIÑO | 01-11-61 | A-6784 | **VBH** | Porriño | 43.03 | 4:50 |
| 170 | 108 | GARCÍA MAGARIÑOS, MANUEL | 0 | 04-10-81 | 0 | **SH** | A Estrada | 43.07 | 4:51 |
| 171 | 236 | RODEIRO SEGADE, JOSÉ | 0 | 08-09-60 | 0 | **VBH** | Touro | 43.10 | 4:51 |
| 172 | 237 | SOUTO REGO, ANTONIO | 0 | 20-01-61 | 0 | **VBH** | Vilalba | 43.25 | 4:53 |
| 173 | 332 | ROMERO GAGO, ALEX | 0 | 17-05-69 | 0 | **VAH** | Negreira | 43.31 | 4:53 |
| 174 | 220 | GRANDE PENELA, XOSÉ ANXO | 0 | 13-06-58 | 0 | **VBH** | Arzúa | 43.32 | 4:53 |
| 175 | 229 | PALACIOS MARTÍNEZ, IGNACIO M. | 0 | 08-05-59 | 0 | **VBH** | Santiago Compostela | 43.43 | 4:55 |
| 176 | 45 | FERNÁNDEZ GARCÍA, VICTORIA | ATL. MILLADOIRO | 20-05-77 | A-9513 | **SM** | Vimianzo | 43.46 | 4:55 |
| 177 | 219 | MOURE SANDE, MANUEL | 0 | 24-04-58 | 0 | **VBH** | Santiago Compostela | 43.52 | 4:56 |
| 178 | 29 | CASTRO LISTA, JOSÉ IGNACIO | 0 | 25-10-75 | 0 | **SH** | Santiago Compostela | 43.53 | 4:56 |
| 179 | 40 | SÁNCHEZ DURO, JESÚS | 0 | 21-09-76 | 0 | **SH** | O PINO | 44.06 | 4:57 |
| 180 | 265 | ALONSO ISLA, MIGUEL | 0 | 13-07-64 | 0 | **VAH** | A Coruña | 44.13 | 4:58 |
| 181 | 189 | SONEIRA COUSELO, LUIS | 0 | 30-09-52 | 0 | **VCH** | Oroso | 44.24 | 4:59 |
| 182 | 215 | BREA SÁNCHEZ, JOSÉ MARÍA | 0 | 08-01-58 | 0 | **VBH** | A Coruña | 44.25 | 4:59 |
| 183 | 247 | FERNÁNDEZ GONZÁLEZ, MERCEDES | 0 | 25-01-62 | 0 | **VBM** | Oroso | 44.25 | 4:59 |
| 184 | 308 | RIVAS FRAGA, SANTIAGO | 0 | 03-02-68 | 0 | **VAH** | Ames | 44.29 | 4:60 |
| 185 | 340 | RIVAS FRAGA, JUAN JOSÉ | 0 | 21-12-69 | 0 | **VAH** | Santiago Compostela | 44.34 | 5:00 |
| 186 | 246 | ABEL SUÁREZ, JOSÉ RAMÓN | 0 | 20-01-62 | 0 | **VBH** | Teo | 45.03 | 5:04 |
| 187 | 150 | MARTÍNEZ FRANCOS, DANIEL | 0 | 29-08-88 | 0 | **PH** | Frades | 45.04 | 5:04 |
| 188 | 248 | RODRÍGUEZ VÁZQUEZ,FERNANDO | 0 | 20-02-62 | 0 | **VBH** | Aranga | 45.08 | 5:04 |
| 189 | 23 | ROCA RODRÍGUEZ, JOSÉ MANUEL | 0 | 04-07-75 | 0 | **SH** | Aranga | 45.13 | 5:05 |
| 190 | 302 | QUINTAS VILA, CARLOS | 0 | 02-07-67 | 0 | **VAH** | A Coruña | 45.18 | 5:05 |
| 191 | 376 | REY SOUTO, JESÚS ENRIQUE | 0 | 23-09-71 | 0 | **VAH** | Boimorto | 45.24 | 5:06 |
| 192 | 214 | RODRÍGUEZ DEL RÍO, ÁNGELES | ATL. ORDES | 20-11-57 | A-4541 | **VBM** | Ordes | 45.26 | 5:06 |
| 193 | 320 | MACIÑEIRAS NÚÑEZ,ÁNGEL MANUEL | 0 | 04-11-68 | 0 | **VAH** | Boqueixón | 45.27 | 5:06 |
| 194 | 176 | PÁJARO BARRÁN, DANIEL | CPI CAMIÑO SANTIAGO | 19-11-93 | 0 | **XH** | O PINO | 45.36 | 5:07 |
| 195 | 127 | GRANDE FERNÁNDEZ, IVÁN | 0 | 22-12-83 | 0 | **SH** | Arzúa | 45.43 | 5:08 |
| 196 | 422 | GARCIA BUJONES, CARLOS | AT. RIA FERROL | 01-01-60 | 0 | **VBH** | 0 | 45.50 | 5:09 |
| 197 | 333 | ÁLVAREZ CASTRO, JUAN JOSÉ | 0 | 23-05-69 | 0 | **VAH** | Ames | 46.02 | 5:10 |
| 198 | 171 | GONTÁN BARREIRO, IVÁN | CPI CAMIÑO SANTIAGO | 10-01-93 | 0 | **XH** | O PINO | 46.03 | 5:10 |
| 199 | 268 | SEIJO VÁZQUEZ, JOSÉ IGNACIO | 0 | 05-12-64 | 0 | **VAH** | Santiago Compostela | 46.34 | 5:14 |
| 200 | 161 | SOUTO PRIETO, MARÍA | S.F. LUCUS CAIXA R. | 09-05-91 | GA-19547 | **JM** | Vilalba | 46.49 | 5:16 |
| 201 | 226 | PRIETO VIEITES, LOURDES | ATL. MILLADOIRO | 12-03-59 | A-9800 | **VBM** | Santiago Compostela | 47.22 | 5:19 |
| 202 | 357 | VACAS GONZÁLEZ ,RAFAEL | 0 | 02-09-70 | 0 | **VAH** | A Coruña | 47.27 | 5:20 |
| 203 | 238 | LÓPEZ ANEIROS, JOSÉ | AT. RIA FERROL | 05-04-61 | GA-15845 | **VBH** | Ferrol | 47.35 | 5:21 |
| 204 | 363 | CASAL LLORENTE, CARMEN MARÍA | 0 | 26-02-71 | 0 | **VAM** | A Coruña | 47.38 | 7:21 |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 205 | 180 | CORES LISTE, VICTORINO | ATL. ORDES | 13-04-46 | 0 | **VCH** | Ordes | 47.48 | 5:22 |
| 206 | 119 | GARCÍA TRINCADO, FERNANDO | 0 | 15-09-82 | 0 | **SH** | Valdeorras | 47.48 | 5:22 |
| 207 | 420 | LISTE PIÑEIRO, JOSE MANUEL | 0 | 01-10-64 | 0 | **VAH** | Santiago Compostela | 48.23 | 5:26 |
| 208 | 421 | CALVO LOPEZ, ALBERTE | 0 | 01-08-83 | 0 | **SH** | Santiago Compostela | 48.41 | 5:28 |
| 209 | 101 | RIAL SANTOS, SUSANA | 0 | 08-01-81 | 0 | **SM** | O PINO | 48.44 | 5:29 |
| 210 | 212 | FERNÁNDEZ RODRÍGUEZ, JOSÉ | CANICROSS | 23-09-57 | ACADE | **VBH** | Carballiño | 48.55 | 5:30 |
| 211 | 277 | CASTRO SUÁREZ, JUAN CARLOS | 0 | 17-10-65 | 0 | **VAH** | O PINO | 49.19 | 5:32 |
| 212 | 90 | TORRES BLANCO, JOSÉ MANUEL | 0 | 06-05-80 | 0 | **SH** | O Carballiño | 49.20 | 5:33 |
| 213 | 292 | VESTEIRO ORBE, NICOLÁS | 0 | 30-12-66 | 0 | **VAH** | Ames | 50.12 | 5:38 |
| 214 | 405 | LÓPEZ PRESEDO, IGNACIO | EDM TRAZO | 30-03-74 | 0 | **VAH** | Ordes | 50.18 | 5:39 |
| 215 | 409 | RIAL SANTOS, MARÍA JOSÉ | 0 | 06-07-74 | 0 | **VAM** | O PINO | 51.25 | 5:47 |
| 216 | 24 | ORGEIRA REY, Mª DEL PILAR | 0 | 10-07-75 | 0 | **SM** | Tordoia | 51.41 | 5:48 |
| 217 | 173 | IRIMIA VARELA, ÁLVARO | CPI CAMIÑO SANTIAGO | 05-03-93 | 0 | **XH** | O PINO | 53.16 | 5:59 |
| 218 | 230 | ARAUJO BARRIOSO, SANTI | 0 | 04-08-59 | 0 | **VBH** | Santiago Compostela | 53.17 | 5:59 |
| 219 | 87 | RODRÍGUEZ JARAZZO, YOLANDA | CD EGOVARROS | 29-12-79 | 0 | **SM** | Cambre | 53.47 | 6:03 |
| 220 | 388 | SANMARTÍN CARREIRA, SERGIO | 0 | 13-09-72 | 0 | **VAH** | Ames | 54.23 | 6:07 |
| 221 | 312 | ARIAS PÉREZ, ISABEL | 0 | 29-03-68 | 0 | **VAM** | Ames | 54.48 | 6:09 |
| 222 | 255 | VIVANCO ANDINO, JUAN MANUEL | 0 | 12-05-63 | 0 | **VBH** | Teo | 55.07 | 6:12 |
| 223 | 17 | ALONSO MISA, EVARISTO | 0 | 30-05-75 | 0 | **SH** | Porriño | 55.07 | 6:12 |
| 224 | 323 | DIAZ MANSO, CARMEN | 0 | 10-01-69 | 0 | **VAM** | A Coruña | 56.44 | 6:22 |
| 225 | 307 | MÉNDEZ ESPINOSA, ROBERTO | 0 | 29-10-67 | 0 | **VAH** | A Coruña | 58.20 | 6:33 |
| 226 | 177 | VIVANCO VÁZQUEZ, DANIEL | 0 | 05-12-93 | 0 | **XH** | Teo | 59.00 | 6:38 |
| 227 | 52 | REY DA SILVA, DOLORES | CORRER EN GALICIA | 14-11-77 | 0 | **SM** | Santiago Compostela | 59.24 | 6:40 |
| 228 | 368 | CRUZ VILA, ÁNGELES | CD EGOVARROS | 09-05-71 | 0 | **VAM** | Vigo | 1.00.11 | 6:46 |
| 229 | 267 | PARDO MONTAÑA, Mª JOSEFINA | AT. MILLA-RAIO | 07-10-64 | A-9872 | **VAM** | Ames | 1.01.23 | 6:54 |
| 230 | 12 | AREA SANTOS, XOÁN MANUEL | CIMÁNS CORUÑA | 13-02-75 | A-9803 | **SH** | Pastoriza | 1.03.34 | 7:09 |

# VI CARREIRA PEDESTRE POPULAR CONCELLO O PINO

**09/05/2009**

## LISTADO DE PREMIACIONS

**CARREIRA PREBENXAMÍN**

| | NENOS | NENAS |
|---|---|---|
| 1º | LANDEIRA RODRÍGUEZ, ÁNGEL | LÓPEZ FERNÁNDEZ, LARA |
| 2º | NOGUEIRA GONZÁLEZ, ANTÓN | SEOANE LOUREDA, LUCÍA |
| 3º | RECUNA PORTO, MARCELO | CASTRO HERMIDA, IRIA |

**CARREIRA BENXAMÍN**

| | NENOS | NENAS |
|---|---|---|
| 1º | RAMOS REY, ARTURO | MOSTEIRO SUÁREZ, MARÍA |
| 2º | OSORIO LÓPEZ, PEDRO | LÓPEZ PORTABALES, ALBA |
| 3º | LÓPEZ LÓPEZ, DAVID | SÁNCHEZ BÓVEDA, TERESA |

**CARREIRA ALEVÍN**

| | NENOS | NENAS |
|---|---|---|
| 1º | ROSENDE SÁEZ, MARCOS | CASTRO RODRÍGUEZ, INÉS |
| 2º | FERREIRO RIAL, RUBÉN | LÓPEZ ÁLVAREZ, IRENE |
| 3º | SOUTO RAMOS, VÍCTOR | REY LORENZO, LUCÍA |

**CARREIRA INFANTIL**

| | NENOS | NENAS |
|---|---|---|
| 1º | BURLIDO PEÑALOZA, BRAIS | QUINTELA CASAL, LUCÍA |
| 2º | CAAMAÑO BLANCO, UXÍO | SEOANE LOUREDA, RUTH |
| 3º | VÁZQUEZ COTÓN, GONZALO | SÁNCHEZ PARDO, CRISTINA |

**CARREIRA CADETE**

| | NENOS | NENAS |
|---|---|---|
| 1º | CHECKOV, IVÁN | PÉREZ DÍAZ, CELIA |
| 2º | LOUZAO CARREIRA, ALEXANDRE | MACIÑEIRAS BLANCO, ÁNGELA |
| 3º | GONTÁN BARREIRO, ANTONIO | |

**CARREIRA XUVENIL**

| | NENOS | NENAS |
|---|---|---|
| 1º | PÁJARO BARRÁN, DANIEL | |
| 2º | GONTÁN BARREIRO, IVÁN | |
| 3º | IRIMIA VARELA, ÁLVARO | |

**CARREIRA JUNIOR**

| | NENOS | NENAS |
|---|---|---|
| 1º | GARCÍA RODRÍGUEZ, SANTIAGO | SOUTO PRIETO, MARÍA |
| 2º | CASTRO RAMOS, JAVIER | |
| 3º | | |

**CARREIRA PROMESA**

| | MULLERES | HOMES |
|---|---|---|
| 1º | GARCÍA SOAGE,ANDREA | CAEIRO VIGO, MANUEL |
| 2º | LOURO SANMARTIN, BELEN | SÁNCHEZ CAMPOS, BORJA |
| 3º | | DOPAZO REGUEIRO, PABLO ANT. |

**CARREIRA SENIOR**

| | MULLERES | HOMES |
|---|---|---|
| 1º | VALIÑO NOVO, CHUS | IGLESIAS CARBALLO, IVÁN |
| 2º | BLANCO PÉREZ, AGUEDA OFELIA | FERNÁNDEZ RODRIGUES,JUAN PABLO |
| 3º | PENAS BLANCO, MELA | PENA HOLGUÍN, JUAN |

**CARREIRA VETERÁNS A**

| | MULLERES | HOMES |
|---|---|---|
| 1º | SÁEZ BATALLÁN, ISABEL | SERANTES GÓMEZ, RAMÓN |
| 2º | RODRÍGUEZ JARAZZO,Mª CARMEN | PIÑEIRO RIVAS, CARLOS |
| 3º | CASAL LLORENTE, CARMEN MARÍA | VÁZQUEZ VAAMONDE, RICARDO |

**CARREIRA VETERÁNS B**

| | MULLERES | HOMES |
|---|---|---|
| 1º | FERNÁNDEZ GONZÁLEZ, MERCEDES | BOUZA FREIRE, JOSÉ LUIS |
| 2º | RODRÍGUEZ DEL RÍO, ÁNGELES | FERNÁNDEZ CASTRO,JUAN C. |
| 3º | PRIETO VIEITES, LOURDES | REY IGLESIAS, FRANCISCO JAVIER |

**CARREIRA VETERÁNS C**

| | MULLERES | HOMES |
|---|---|---|
| 1º | | OTERO CEPEDA, XOSÉ LUIS |
| 2º | | BUGALLO SOUSA, AVELINO |
| 3º | | MARIÑO SANTAMARÍA, ANTONIO |

**XERAL ABSOLUTA**

| | MULLERES | HOMES |
|---|---|---|
| 1º - 500 € | PEIXOTO, DOROTEA | PENAS BLANCO, MANUEL ÁNGEL |
| 2º - 300 € | MÉNDES PEREIRA, PATRICIA | JESUS, BRUNO |
| 3º - 200 € | GESTIDO RODRÍGUEZ, Mª JESÚS | GERALAVICIUS, ROBERTAS |
| 4º - 150 € | RODRÍGUEZ LONGA, ROCÍO | CONCIENçIAO, DELFIM |
| 5º - 100 € | RAÑA FUENTES, NATALIA | BARGIELA ARAUJO, DANIEL |

**CONCELLO O PINO**

| | MULLERES | HOMES |
|---|---|---|
| 1º | CARRIL BOO, CRISTINA | RUBIO RENDO, GUSTAVO |
| 2º | RIAL SANTOS, SUSANA | CANEDA BARREIRO, JOSÉ MANUEL |
| 3º | RIAL SANTOS, MARÍA JOSÉ | SALVADO SANJUAN, FELIX M. |

**EQUIPOS FEDERADOS**

| | | |
|---|---|---|
| 1º - 250 € | ATLETISMO MILLADOIRO | 242 puntos |
| 2º - 150 € | | |

| | |
|---|---|
| **3º - 100 €** | |

| **MÁIS VETERÁNS** | **MULLERES** | **HOMES** |
|---|---|---|
| **1º** | | VICTORINO CORES LISTE<br>13/04/1946 |

| **MÁIS XOVEN** | **NENAS** | **NENOS** |
|---|---|---|
| **1º** | | PABLO AREA VAZQUEZ<br>15/08/2005 |

| **CANICROSS** | **MULLERES** | **HOMES** |
|---|---|---|
| **1º** | DIEGUEZ ARES, PATRICIA | SALVADO TEJEDOR, ROBERTO |
| **2º** | TOURIÑO FERREIRO, MONICA | RÍO SILVA, JOSÉ LUIS |
| **3º** | TIZON REQUEIJO, ROSA | VILLAR MOREIRA, JUAN CARLOS |