

XLIV GRAN FONDO CAIXABANK PONTEVEDRA 2026

MEDIO MARATON
Clasificación Xeral



Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidade	Licenza	T. Oficial	Ritmo	T. Neto	Ri. Neto	T. Total	T. KM 4.6	T. KM 9.1	T. KM 10	T. KM 15	T. KM 19.5
1	559	DENIS	INCUTTI TELLADO	M-1		CLUB DEPORTIVO DELIKIA	PONTEAREAS		01:06:25	00:03:09	01:06:23	00:03:09	01:06:25	00:14:21	00:28:54	01:04:22	00:47:09	01:02:06
2	10	ALEJANDRO	FERNANDEZ RIVERA	M-2	MST2M-1	BOX 001	OURENSE		01:06:44	00:03:10	01:06:41	00:03:10	01:06:44	00:14:21	00:28:53	01:04:36	00:47:12	01:02:16
3		HUGO	GARCÍA SOUTO	M-3		PORTUGALETE	PONTEVEDRA	GA768594	01:09:55	00:03:19	01:09:53	00:03:19	01:09:55	00:14:22	00:28:54	01:07:36	00:48:25	01:05:06
4	1	VICTOR	PUYUELO PARDO	M-4		VICKY FOODS ATHLETICS			01:11:57	00:03:25	01:11:55	00:03:25	01:11:57	00:15:31	00:31:26	01:09:38	00:51:08	01:07:12
5	596	ALBERTO	GARCIA GACIÑO	M-5			PORTO DO SON		01:12:20	00:03:26	01:12:17	00:03:26	01:12:20	00:16:02	00:31:47	01:10:09	00:51:39	01:07:43
6	15	BORJA	NOUCHE LÓPEZ	M-6	MST1M-1	CLUB ATLETISMO TAMBRE	OROSO		01:13:44	00:03:30	01:13:42	00:03:30	01:13:44	00:16:03	00:32:09	01:11:27	00:52:31	01:08:59
7	599	DAMIAN	GONZALEZ CASTRO	M-7			BOIRO		01:14:30	00:03:32	01:14:29	00:03:32	01:14:30	00:16:16	00:32:26	01:12:13	00:53:04	01:09:46
8	48	ALEJANDRO	SERRANO	M-8	MST2M-2	ACEADEAMA-TRIARTEIXO	CORUÑA (A)		01:14:38	00:03:33	01:14:34	00:03:33	01:14:38	00:16:02	00:32:25	01:12:15	00:53:07	01:09:46
9	571	DAVID	PARADA	M-9	MST2M-3	MONTEPORREIRUNN	PONTEVEDRA		01:14:55	00:03:34	01:14:52	00:03:33	01:14:55	00:16:03	00:32:27	01:12:35	00:53:07	01:10:00
10	540	ALEJANDRO	PEREZ VARELA	M-10		ACEADEAMA-TRIARTEIXO	CORUÑA (A)		01:15:02	00:03:34	01:14:59	00:03:34	01:15:02	00:16:03	00:32:27	01:12:35	00:53:08	01:09:59
11	554	CRISTÓBAL	DIOS RIOS	M-11	MST1M-2	CLUB ATLETISMO ESTRADA	ESTRADA (A)		01:15:32	00:03:35	01:15:29	00:03:35	01:15:32	00:16:04	00:32:28	01:13:09	00:53:08	01:10:29
12	46	BRUNO	RIADIGOS PIÑEIRO	M-12	MST2M-4	NOSPORTLIMIT	CORUÑA (A)		01:15:36	00:03:35	01:15:32	00:03:35	01:15:36	00:16:38	00:33:16	01:13:22	00:53:56	01:10:50
13	613	ADRIAN	QUINTES RIVERA	M-13	MST2M-5		PONTEVEDRA		01:15:39	00:03:36	01:15:35	00:03:35	01:15:39	00:16:11	00:32:42	01:13:16	00:53:34	01:10:41
14	552	ANDRES	SUEIRO MENDEZ	M-14	MST2M-6	CLUB ATLETISMO CAMBADOS	MEANO		01:15:48	00:03:36	01:15:45	00:03:36	01:15:48	00:16:22	00:32:49	01:13:22	00:53:43	01:10:49
15	1217	FELIPE	RAMOS CORREIA	M-15			MARÍN		01:16:17	00:03:37	01:16:15	00:03:37	01:16:17	00:16:52	00:33:37	01:13:53	00:54:23	01:11:19
16	49	JORGE	SIEIRA HERMIDA	M-16			CORUÑA (A)		01:16:39	00:03:38	01:16:34	00:03:38	01:16:39	00:17:20	00:34:13	01:14:20	00:55:01	01:11:49
17	592	DANIEL	DIAZ LÓPEZ	M-17	MST1M-3		CORUÑA (A)		01:16:49	00:03:39	01:16:47	00:03:39	01:16:49	00:16:12	00:33:08	01:14:25	00:54:20	01:11:53
18	24	MAXI	OUBIÑA FALCÓN	M-18	MST2M-7	CLUB ATLETISMO CAMBADOS	CAMBADOS	AG3576	01:16:56	00:03:39	01:16:52	00:03:39	01:16:56	00:16:26	00:33:21	01:14:27	00:54:24	01:11:52
19	489	GUILLELME DENIS	CASTILLO CARBALLA	M-19	MST1M-4	ADAS CUPA	OURENSE		01:17:06	00:03:40	01:16:50	00:03:39	01:17:06	00:16:49	00:33:37	01:14:41	00:54:37	01:12:05
20	583	ISMAEL	LÓPEZ GONZÁLEZ	M-20	MST1M-5	STRAIGHT EDGE RUNNER	CALDAS DE REIS		01:17:29	00:03:41	01:17:25	00:03:41	01:17:29	00:16:23	00:33:17	01:14:48	00:54:29	01:12:02
21	543	PABLO	LÓPEZ NÚÑEZ	M-21		ATLETISMO FONTES DO SAR	NOIA		01:17:44	00:03:42	01:17:40	00:03:41	01:17:44	00:17:20	00:34:26	01:15:18	00:55:41	01:12:44
22	29	ÁNGEL JULIÁN	VARELA REDONDO	M-22	MST3M-1	TANINOS RUNNERS PONTEAREAS	PONTEAREAS		01:17:55	00:03:42	01:17:48	00:03:42	01:17:55	00:17:00	00:34:07	01:15:22	00:55:36	01:12:45
23	44	RODRIGO	PINTADO DEL CAMPO	M-23	MST2M-8	NOSPORTLIMIT	CORUÑA (A)		01:18:20	00:03:43	01:18:16	00:03:43	01:18:20	00:16:51	00:33:48	01:15:55	00:55:32	01:13:18
24	564	JOSE ANTONIO	SANTAGO BOSCH	M-24	MST3M-2	CLUB DEPORTIVO PINARIUM	PONTEVEDRA		01:18:23	00:03:43	01:18:20	00:03:43	01:18:23	00:16:53	00:34:01	01:16:04	00:55:51	01:13:33
25	574	JUAN FRANCISCO	FERNANDEZ LIJO	M-25	MST3M-3	POR AMOR AL ARTE	RIBEIRA		01:18:24	00:03:43	01:18:19	00:03:43	01:18:24	00:17:21	00:34:27	01:16:05	00:55:45	01:13:27
26	12	JOSÉ ANTONIO	GÓMEZ RIOS	M-26	MST2M-9	CLUB ATLETISMO SAR	NOIA		01:18:27	00:03:44	01:18:23	00:03:43	01:18:27	00:17:19	00:34:25	01:15:58	00:55:42	01:13:16
27	42	TOÑITO	PARDIÑAS MALLÓN	M-27	MST1M-6	SD COMPOSTELA ATLETISMO	LARACHA (A)	GA1533	01:18:30	00:03:44	01:18:26	00:03:44	01:18:30	00:17:01	00:34:06	01:15:59	00:55:31	01:13:16
28	572	JUAN CARLOS	VÁZQUEZ GRELA	M-28	MST2M-10	NOSPORTLIMIT	CORUÑA (A)		01:18:41	00:03:44	01:18:36	00:03:44	01:18:41	00:17:21	00:34:37	01:16:20	00:56:05	01:13:42
29	80	MARIO	REBOREDO GONZÁLEZ	M-29		CLUB TRIATLÓN COMPOSTELA	SANTIAGO DE COMPOSTELA		01:18:46	00:03:44	01:18:42	00:03:44	01:18:46	00:17:19	00:34:36	01:16:21	00:56:07	01:13:41
30	587	NICOLÁS	MARÍN MOLLINEDO	M-30		TRIATLÓN VILAGARCÍA	VILAGARCÍA DE AROUSA		01:18:48	00:03:45	01:18:44	00:03:44	01:18:48	00:16:52	00:33:48	01:16:11	00:55:32	01:13:24
31	569	MANUEL	GAGO REY	M-31		MILER VINTAGE RUNNING CLUB	PONTEVEDRA		01:18:50	00:03:45	01:18:47	00:03:45	01:18:50	00:17:21	00:34:36	01:16:21	00:56:06	01:13:43
32	40	JORGE	MARTÍNEZ GÓMEZ	M-32	MST1M-7		CORUÑA (A)		01:18:54	00:03:45	01:18:50	00:03:45	01:18:54	00:17:22	00:34:36	01:16:20	00:56:00	01:13:38
33	36	NOEL	FERNANDEZ MARCOS	M-33	MST2M-11		RIBADEO	GA 1234	01:18:58	00:03:45	01:18:54	00:03:45	01:18:58	00:17:12	00:34:27	01:16:28	00:56:02	01:13:48
34	45	Diego	QUINTELA	M-34	MST1M-8		CORUÑA (A)		01:19:03	00:03:45	01:18:59	00:03:45	01:19:03	00:17:14	00:34:27	01:16:31	00:56:06	01:13:49
35	580	PITI	PEREIRA FARIÑA	M-35	MST2M-12	SD COMPOSTELA ATLETISMO	CUNTIS	GA8973	01:19:06	00:03:45	01:19:04	00:03:45	01:19:06	00:17:30	00:34:41	01:16:35	00:56:15	01:13:53
36	1305	PEDRO	TRABA CAAMAÑO	M-36	MST3M-4		GALICIA		01:19:22	00:03:46	01:19:15	00:03:46	01:19:22	00:17:20	00:34:38	01:16:48	00:56:28	01:14:05
37	775	MIGUEL	GARCÍA MARTÍN	M-37			MONFERO		01:19:33	00:03:47	01:19:19	00:03:46	01:19:33	00:17:54	00:35:13	01:17:04	00:56:43	01:14:25
38	553	RICARDO	TORRES-CUBA MOURIÑO	M-38	MST1M-9	CLUB ATLETISMO CAMBADOS	MEIS		01:19:45	00:03:47	01:19:41	00:03:47	01:19:45	00:17:22	00:34:36	01:17:16	00:56:22	01:14:30
39	548	JESÚS	FERNÁNDEZ PÉREZ	M-39	MST1M-10	CEACTIVO	LANGREO	O6047	01:20:18	00:03:49	01:20:13	00:03:49	01:20:18	00:16:35	00:34:16	01:17:52	00:56:54	01:15:10
40	918	ÁLVARO	BENAVIDES NIETO	M-40		ESCUELA NAVAL MILITAR	SEVILLA		01:20:44	00:03:50	01:20:39	00:03:50	01:20:44	00:17:08	00:34:19	01:18:02	00:56:19	01:15:09
41	291	SALVA	RIAL CASTAÑO	M-41	MST2M-13	TRIBU TRAIL	PADRÓN		01:20:56	00:03:51	01:20:49	00:03:50	01:20:56	00:17:52	00:35:22	01:18:26	00:57:21	01:15:35
42	83	XAN	RUBIRA HORTAS	M-42			SANTIAGO DE COMPOSTELA		01:21:17	00:03:52	01:21:07	00:03:51	01:21:17	00:18:08	00:36:10	01:18:45	00:58:17	01:16:00
43	1133	BRANUM	LLOYD	M-43			MOUNTAIN BROOK		01:21:37	00:03:53	01:21:09	00:03:51	01:21:37	00:18:47	00:36:12	01:19:08	00:57:59	01:16:18
44	767	RAFAEL	FRANCO PÉREZ	M-44	MST1M-11		PONTEVEDRA		01:21:46	00:03:53	01:21:33	00:03:52	01:21:46	00:18:11	00:36:09	01:19:17	00:58:16	01:16:29
45	602	CARLOS	MARTICORENA RODRIGUEZ	M-45	MST2M-14		PONTEVEDRA		01:21:49	00:03:53	01:21:42	00:03:53	01:21:49	00:17:52	00:35:41	01:19:16	00:58:13	01:16:30
46	882	PABLO	PIÑEIRO CAAMAÑO	M-46		BNZ	RIANXO		01:22:02	00:03:54	01:21:39	00:03:53	01:22:02	00:17:41	00:35:05	01:19:20	00:57:25	01:16:26
47	593	DAVID	DOMÍNGUEZ GÓMEZ	M-47			CAMPO LAMEIRO		01:22:03	00:03:54	01:22:00	00:03:54	01:22:03	00:17:52	00:35:41	01:19:31	00:57:54	01:16:41
48	639	MARCOS	BLANCO FARIÑAS	M-48	MST1M-12	CASTRO-TRAIL	OURENSE	AG2022076	01:22:04	00:03:54	01:21:50	00:03:53	01:22:04	00:18:38	00:36:39	01:19:38	00:59:01	01:16:55
49	33	CARLOS	ALVAREZ PAREDES	M-49	MST3M-5	NOSPORTLIMIT	CORUÑA (A)	TGAL513	01:22:15	00:03:54	01:22:11	00:03:54	01:22:15	00:17:54	00:35:40	01:19:35	00:58:12	01:16:44
50	132	HUGO	LÓPEZ FERNÁNDEZ	M-50	MST1M-13	CASTRO-TRAIL	VIGO		01:22:17	00:03:54	01:22:03	00:03:54	01:22:17	00:18:29	00:36:17	01:19:42	00:58:42	01:16:55
51	52	JOSE MANUEL	TEJUIRO VILA	M-51	MST3M-6	TEAM NEW BIKES-LOURES	LUGO		01:22:21	00:03:55	01:22:15	00:03:54	01:22:21	00:18:37	00:36:46	01:19:50	00:59:07	01:17:06
52	224	LUISINO	GRAÑA SOUTO	M-52	MST2M-15	CLUBE ATLETISMO VILALBA	LUGO		01:22:30	00:03:55	01:22:25	00:03:55	01:22:30	00:17:53	00:35:40	01:19:53	00:58:11	01:16:56
53	674	ALBERTO	FREIRE GOMEZ	M-53		MUF	PONTEVEDRA		01:22:32	00:03:55	01:22:23	00:03:55	01:22:32	00:18:21	00:36:18	01:20:00	00:58:53	01:17:15
54	13	PIO	IGLESIAS CARRERA	M-54	MST3M-7	CLUB TRIATLON COMPOSTELA	SANTIAGO DE COMPOSTELA		01:22:34	00:03:55	01:22:28	00:03:55	01:22:34	00:18:40	00:36:51	01:20:00	00:59:21	01:17:17
55	614	JORGE	RODRIGUEZ BENJUMEDA	M-55			MARÍN		01:22:39	00:03:56	01:22:36	00:03:55	01:22:39	00:17:19	00:35:41	01:19:53	00:58:19	01:17:01
56	922	IGNACIO	TORRALBO CANDIA	M-56		ESCUELA NAVAL MILITAR	MADRID		01:22:47	00:03:56	01:22:19	00:03:55	01:22:47	00:18:50	00:36:48	01:20:16	00:59:17	01:17:31
57	921	CARLOS	ROSANO CEREZO	M-57		ESCUELA NAVAL MILITAR	PUERTO DE SANTA MARÍA (EL)		01:22:57	00:03:56	01:22:30	00:03:55	01:22:57	00:18:51	00:36:49	01:20:19	00:59:19	01:17:31
58	726	HUGO	CALVO CASTRO	M-58			PONTEVEDRA		01:22:57	00:03:56	01:22:48	00:03:56	01:22:57	00:18:21	00:36:17	01:19:58	00:58:16	01:16:50
59</																		

80	419	FÉLIX	HERNÁNDEZ LÓPEZ	M-80	ACEADEAMA-TRIARTEIXO	ARTEIXO	01:24:10	00:04:00	01:24:07	00:04:00	01:24:10	00:17:31	00:35:42	01:21:20	00:58:54	01:18:16
81	756	CARLOS	FERNANDEZ FERNANDEZ	M-81		PONTEVEDRA	01:24:18	00:04:00	01:24:04	00:04:00	01:24:18	00:18:10	00:36:16	01:21:23	00:58:58	01:18:17
82	719	TOMÁS	AROSA GONZÁLEZ	M-82	MST2M-25	CAMBADOS	01:24:22	00:04:00	01:24:09	00:04:00	01:24:22	00:19:01	00:37:29	01:21:48	01:00:21	01:18:59
83	714	LUIS ALBERTO	ÁLVAREZ DÍAZ	M-83	MST2M-26	CASTROPOL	01:24:23	00:04:00	01:24:06	00:04:00	01:24:23	00:19:03	00:37:54	01:21:53	01:01:11	01:19:09
84	1099	FRANCISCO JAVIER	GÓMEZ-ULLA CASTRO-RIL	M-84		PONTEVEDRA	01:24:34	00:04:01	01:24:24	00:04:01	01:24:34	00:19:07	00:37:50	01:22:08	01:01:15	01:19:21
85	1099	GONZALO	CURRAS HUERTA	M-85		VIGO	01:24:36	00:04:01	01:24:29	00:04:01	01:24:36	00:19:06	00:37:51	01:22:12	01:01:19	01:19:29
86	66	CELESTINO	LOURO LOURO	M-86	MST2M-27	CLUBE DE ATLETISMO SERRES RUNNERS	01:24:36	00:04:01	01:24:25	00:04:01	01:24:36	00:18:41	00:36:53	01:21:59	00:59:57	01:19:02
87	547	MICHEL	REMIGIO LORENZO	M-87	MST3M-11	CABO DE PEÑAS	01:24:37	00:04:01	01:24:31	00:04:01	01:24:37	00:18:10	00:36:20	01:22:00	00:59:25	01:19:00
88	735	ANTONIO JOSÉ	CASTRO AREA	M-88	MST3M-12	ORTIGUEIRA	01:24:40	00:04:01	01:24:27	00:04:01	01:24:40	00:19:05	00:37:46	01:22:13	01:01:11	01:19:29
89	695	MARIO	UBEIRA GONZÁLEZ	M-89		NEVES (AS)	01:24:40	00:04:01	01:24:33	00:04:01	01:24:40	00:19:02	00:37:44	01:22:13	01:01:09	01:19:28
90	618	PABLO	ESPIN ARIAS	M-90	MST3M-13	ABRENTE LUGO	01:24:41	00:04:01	01:24:28	00:04:01	01:24:41	00:19:03	00:37:47	01:22:05	01:01:11	01:19:16
91	187	ADRIÁN	MONASTERIO	M-91		GLOBAL SPORT	01:24:43	00:04:01	01:24:39	00:04:01	01:24:43	00:17:33	00:35:31	01:22:04	00:58:39	01:19:09
92	166	ANTONIO	ARMENTIA GALAN	M-92	MST3M-14	CORUÑA (A)	01:24:45	00:04:01	01:24:30	00:04:01	01:24:45	00:18:50	00:37:13	01:22:14	01:00:40	01:19:27
93	821	JUAN JOSÉ	ONATE REQUENA	M-93		MURCIA	01:24:47	00:04:02	01:24:41	00:04:01	01:24:47	00:18:20	00:36:41	01:22:02	00:59:58	01:19:03
94	864	DAMIAN	SUSAVILA	M-94	MST1M-15	VALGA	01:24:48	00:04:02	01:24:40	00:04:01	01:24:48	00:19:04	00:37:46	01:22:15	01:01:12	01:19:29
95	551	SANTIAGO	FALCÓN PÉREZ	M-95	MST4M-1	CLUB ATLETISMO CAMBADOS	01:24:49	00:04:02	01:24:44	00:04:01	01:24:49	00:18:11	00:36:40	01:22:03	00:59:49	01:19:08
96	146	KIKE	PÉREZ CONDE	M-96	MST2M-28	CARMARISQUEIRO	01:24:49	00:04:02	01:24:35	00:04:01	01:24:49	00:18:43	00:37:00	01:22:15	01:00:04	01:19:20
97	1204	MIGUEL	PÉREZ MADARNÁS	M-97		CAMBADOS	01:24:50	00:04:02	01:24:20	00:04:00	01:24:50	00:19:07	00:37:47	01:22:20	01:01:10	01:19:32
98	112	BERNARDO	DURAN DURAN	M-98	MST3M-15	NEVES (AS)	01:24:50	00:04:02	01:24:44	00:04:01	01:24:50	00:19:02	00:37:45	01:22:14	01:01:09	01:19:28
99	694	PABLO	LIÑAYO FILGUEIRA	M-99		NOIA	01:24:52	00:04:02	01:24:35	00:04:01	01:24:52	00:19:16	00:37:48	01:22:20	01:01:00	01:19:33
100	678	DIEGO	ÁLVAREZ ACUÑA	M-100	MST2M-29	RAGNAROK OCR	01:24:53	00:04:02	01:24:39	00:04:01	01:24:53	00:19:09	00:37:52	01:22:18	01:01:11	01:19:30
101	586	ALFONSO	GONZALEZ	M-101	MST3M-16	RIANXO	01:24:54	00:04:02	01:24:49	00:04:02	01:24:54	00:19:03	00:37:47	01:22:13	01:01:11	01:19:22
102	804	JACOBO	LOURIDO INSUA	M-102	MST2M-30	CALDAS DE REIS	01:24:54	00:04:02	01:24:41	00:04:01	01:24:54	00:18:40	00:37:03	01:22:16	01:00:11	01:19:24
103	256	MIGUEL	SANMARTÍN GONZÁLEZ	M-103		OURENSE	01:24:55	00:04:02	01:24:43	00:04:01	01:24:55	00:19:05	00:37:46	01:22:21	01:00:57	01:19:33
104	273	ANGEL	FAGILDE FANDINO	M-104	MST2M-31	CLUB TRIATLÓN COMPOSTELA	01:24:58	00:04:02	01:24:53	00:04:02	01:24:58	00:19:06	00:37:55	01:22:26	01:01:10	01:19:38
105	116	ANDRÉS	FERNÁNDEZ FERNÁNDEZ	M-105	MST2M-32	CIBUS	01:24:59	00:04:02	01:24:44	00:04:01	01:24:59	00:19:02	00:37:45	01:22:22	01:01:10	01:19:30
106	75	MARTIN	PÉREZ SABORIDO	M-106		BRUNCH RUN CLUB	01:25:04	00:04:02	01:25:00	00:04:02	01:25:04	00:19:01	00:37:47	01:22:29	01:01:11	01:19:38
107	728	JORGE	CAMAÑO RIVEIRO	M-107	MST2M-33	CANGAS	01:25:07	00:04:03	01:24:54	00:04:02	01:25:07	00:19:06	00:37:48	01:22:26	01:01:03	01:19:33
108	198	MANUEL	PIÑEIRO FREIRE	M-108	MST2M-34	CORUÑA (A)	01:25:11	00:04:03	01:25:02	00:04:02	01:25:11	00:19:04	00:37:52	01:22:33	01:01:09	01:19:41
109	110	GUILLERMO	DOMÍNGUEZ LIBOREIRO	M-109	MST2M-35	VIGO	01:25:13	00:04:03	01:24:58	00:04:02	01:25:13	00:19:00	00:37:38	01:22:36	01:01:01	01:19:44
110	207	PABLO	SANMARTÍN OTERO	M-110	MST2M-36	OZA DOS RÍOS	01:25:14	00:04:03	01:25:02	00:04:02	01:25:14	00:19:05	00:37:47	01:22:36	01:01:12	01:19:47
111	163	DANIEL	TRENADO LOIS	M-111	MST2M-37	SALVATERRA DE MIÑO	01:25:15	00:04:03	01:25:06	00:04:03	01:25:15	00:18:09	00:36:30	01:22:29	00:59:50	01:19:32
112	218	DAVID	VILARIÑO GONZÁLEZ	M-112	MST2M-38	NOSPORTLIMIT	01:25:16	00:04:03	01:25:09	00:04:03	01:25:16	00:19:01	00:37:35	01:22:43	01:01:02	01:19:53
113	6	BEDILU	MENDOZA MIGUEZ	M-113		MILER RUNNING CLUB	01:25:18	00:04:03	01:25:15	00:04:03	01:25:18	00:19:02	00:37:45	01:22:33	01:01:08	01:19:34
114	701	FRANCISCO J.	REY PADIN	M-114	MST3M-17	TRIATLON VILAGARCIA	01:25:19	00:04:03	01:25:09	00:04:03	01:25:19	00:19:03	00:37:46	01:22:43	01:01:09	01:19:53
115	658	HUGO	DURAN ALVAREZ	M-115	MST2M-39	CLUB OS CORZOS DO ORTEGAL	01:25:24	00:04:03	01:25:18	00:04:03	01:25:24	00:19:03	00:37:45	01:22:41	01:01:05	01:19:45
116	18	ARTURO	RAMOS FERROL	M-116	MST3M-18	CLUB TRIATLON COMPOSTELA	01:25:25	00:04:03	01:25:19	00:04:03	01:25:25	00:19:05	00:37:47	01:22:44	01:01:10	01:19:48
117	1310	IVAN	COELLO CAMILA	M-117		GALICIA	01:25:31	00:04:04	01:25:15	00:04:03	01:25:31	00:19:02	00:37:45	01:22:49	01:01:10	01:19:53
118	220	ANTONIO	CABADO LOURÉS	M-118	MST3M-19	TEAM NEW BIKES-LOURES	01:25:34	00:04:04	01:25:19	00:04:03	01:25:34	00:19:12	00:37:48	01:22:48	01:01:12	01:19:53
119	22	JESUS	LORENZANA MEIRE	M-119	MST3M-20	ADNRUNNERS-TELMO PELUQUEROS F.C	01:25:35	00:04:04	01:25:28	00:04:04	01:25:35	00:19:20	00:38:04	01:22:57	01:01:17	01:20:06
120	56	DANIEL	BARDANCA ABELENDA	M-120		CLUB ATLETISMO SAR	01:25:38	00:04:04	01:25:22	00:04:03	01:25:38	00:19:34	00:38:22	01:23:05	01:01:41	01:20:17
121	568	CARLOS	RODRIGUEZ LEAL	M-121	MST1M-16	FERROL ATLETISMO	01:25:40	00:04:04	01:25:35	00:04:04	01:25:40	00:17:53	00:35:41	01:22:42	00:58:56	01:19:27
122	766	GUILLERMO	FRANCO PÉREZ	M-122	MST2M-40	PONTEVEDRA	01:25:47	00:04:04	01:25:33	00:04:04	01:25:47	00:18:13	00:36:27	01:22:49	00:59:49	01:19:44
123	685	DAVID	ÁLVAREZ RAFAEL DE LA CRUZ	M-123		PUEBLA DE MONTALBÁN (LA)	01:25:57	00:04:05	01:25:54	00:04:05	01:25:57	00:19:06	00:37:47	01:23:13	01:01:17	01:20:15
124	644	ADRIÁN	FERNÁNDEZ CASAS	M-124	MST1M-17	RIBADUMIA	01:25:58	00:04:05	01:25:45	00:04:04	01:25:58	00:19:03	00:37:30	01:23:11	01:00:53	01:20:14
125	615	ÁNGELA	RODRIGUEZ CORTEGOSO	F-1	MST1F-1	PONTEVEDRA	01:26:00	00:04:05	01:25:56	00:04:05	01:26:00	00:19:08	00:37:47	01:23:18	01:01:17	01:20:24
126	855	JULIO	SANTIAGO BUGALLO	M-125		AMES	01:26:02	00:04:05	01:25:56	00:04:05	01:26:02	00:18:38	00:37:23	01:23:14	01:01:05	01:20:09
127	1171	RAFAEL	NAVAS JIMÉNEZ	M-126		GROVE (O)	01:26:06	00:04:05	01:25:55	00:04:05	01:26:06	00:19:30	00:38:17	01:23:11	01:01:24	01:20:16
128	1287	DAVID	TRISTAN DIOS	M-127	MST3M-21	PONTEVEDRA	01:26:09	00:04:05	01:26:06	00:04:05	01:26:09	00:19:06	00:37:48	01:23:25	01:01:11	01:20:28
129	579	SABELA	MARTÍNEZ BLANCO	F-2	MST2F-1	SD COMPOSTELA ATLETISMO	01:26:12	00:04:06	01:26:09	00:04:05	01:26:12	00:19:06	00:37:48	01:23:27	01:01:13	01:20:28
130	763	SERGIO	FONTÁN LÓPEZ	M-128		REDONDELA	01:26:17	00:04:06	01:26:03	00:04:05	01:26:17	00:19:08	00:37:49	01:23:26	01:01:15	01:20:25
131	174	YAGO	FREIJE MARINO	M-129		RIBADEO	01:26:17	00:04:06	01:26:10	00:04:06	01:26:17	00:18:02	00:36:08	01:23:17	00:59:52	01:19:57
132	26	FERNANDO	POMBO FERREIRA	M-130	MST1M-18	C.A.R. MARISQUEIRO	01:26:27	00:04:06	01:26:20	00:04:06	01:26:27	00:18:39	00:37:01	01:23:33	01:00:06	01:20:26
133	656	RAUL	OTERO FREIRE	M-131		CLUB DEPORTIVO PINARIUM	01:26:36	00:04:07	01:26:27	00:04:06	01:26:36	00:19:31	00:38:23	01:24:05	01:02:04	01:21:06
134	725	AARON	CALDAS GARCIA	M-132	MST1M-19	MARIN	01:26:38	00:04:07	01:26:25	00:04:06	01:26:38	00:18:43	00:37:18	01:23:51	01:00:56	01:20:52
135	1226	JOSE MARÍA	RENDÓN MORILLO	M-133		CÁDIZ	01:26:38	00:04:07	01:26:10	00:04:06	01:26:38	00:19:07	00:37:36	01:23:47	01:01:06	01:20:37
136	760	SANTIAGO	FERNÁNDEZ PAREDES	M-134	MST3M-22	CANGAS	01:26:38	00:04:07	01:26:29	00:04:06	01:26:38	00:18:27	00:37:18	01:23:52	01:01:07	01:20:49
137	621	FRANCISCO ANTONIO	LAGO SANTIAGO	M-135	MST2M-41	ASOCIACIÓN DEPORTIVA	01:26:40	00:04:07	01:26:22	00:04:06	01:26:40	00:19:02	00:37:46	01:23:45	01:01:13	01:20:38
138	556	JOSÉ	BUJÁN GONZÁLEZ	M-136	MST3M-23	CLUB ATLETISMO OUTES-MARISCOS ANTÓN	01:26:40	00:04:07	01:26:31	00:04:07	01:26:40	00:18:56	00:38:08	01:24:00	01:01:46	01:21:05
139	648	MANUEL ALEJANDRO	PARADA RODRÍGUEZ	M-137	MST3M-24	CLUB ATLETISMO SAMERTOLAMEU	01:26:42	00:04:07	01:26:34	00:04:07	01:26:42	00:19:38	00:39:06	01:24:14	01:02:51	01:21:36
140	829	SAMUEL	PARADA JUNCAL	M-138		MOAÑA	01:26:44	00:04:07	01:26:37	00:04:07	01:26:44	00:18:40	00:37:21	01:24:16	01:01:26	01:21:26
141	107	DANIEL	COMESAÑA SAA	M-139	MST2M-42	VIGO	01:26:45	00:04:07	01:26:21	00:04:06	01:26:45	00:19:07	00:37:49	01:23:49	01:01:19	01:20:46
142	696	PABLO	RODRÍGUEZ ÁLVAREZ	M-140	MST1M-20	GUARDA (A)	01:26:48	00:04:07	01:26:21	00:04:06	01:26:48	00:19:54	00:38:58	01:24:2		

166	799	JAVIER	LÓPEZ BETRÁN	M-163		VALLADOLID		01:28:20	00:04:12	01:27:53	00:04:10	01:28:20	00:19:31	00:38:22	01:25:30	01:02:03	01:22:02	
167	920	LUIS	NAVARRETE ROBLLEDILLO	M-164		QUESADA		01:28:20	00:04:12	01:28:03	00:04:11	01:28:20	00:19:44	00:39:00	01:25:36	01:03:23	01:22:40	
168	765	FERNANDO	FRAILE MULAS	M-165		PONTEVEDRA		01:28:23	00:04:12	01:28:07	00:04:11	01:28:23	00:19:41	00:39:01	01:25:34	01:02:53	01:22:30	
169	590	JULIAN	ÁLVAREZ CASTAÑO	M-166	MST1M-22		CASTROPOL		01:28:26	00:04:12	01:28:09	00:04:11	01:28:26	00:19:42	00:39:25	01:25:54	01:03:46	01:23:01
170	156	RICARDO	SÁNCHEZ MOREIRA	M-167	MST2M-52	CD LA PURISIMA		01:28:26	00:04:12	01:28:10	00:04:11	01:28:26	00:19:04	00:37:51	01:25:44	01:02:12	01:22:42	
171	710	AITOR	ACUÑA CARREIRA	M-168	MST1M-23		VIGO	AG17438	01:28:29	00:04:12	01:28:11	00:04:11	01:28:29	00:20:07	00:39:19	01:25:48	01:03:13	01:22:51
172	895	DIEGO	MIGUENS SANCHEZ	M-169		BZN		01:28:30	00:04:12	01:28:07	00:04:11	01:28:30	00:19:46	00:38:56	01:25:51	01:03:23	01:22:48	
173	811	DAVID	MARTINEZ GRANA	M-170	MST1M-24		MARIN		01:28:32	00:04:12	01:28:08	00:04:11	01:28:32	00:19:31	00:38:24	01:25:46	01:02:53	01:22:45
174	134	MANUEL	LÓPEZ MUNIZ	M-171	MST1M-25		VIGO		01:28:35	00:04:12	01:28:27	00:04:12	01:28:35	00:19:19	00:38:04	01:25:52	01:02:20	01:22:52
175	849	MIGUEL	RODRIGUEZ MARTÍNEZ	M-172		PONTEVEDRA		01:28:43	00:04:13	01:28:27	00:04:12	01:28:43	00:19:22	00:38:27	01:25:49	01:02:34	01:22:37	
176	148	RAFAEL	RAMOS VÁZQUEZ	M-173	MST3M-30		VIGO		01:28:54	00:04:13	01:28:38	00:04:13	01:28:54	00:19:42	00:39:09	01:26:10	01:03:24	01:23:11
177	79	JUAN CARLOS	RAVINA FURELOS	M-174	MST3M-31		SANTIAGO DE COMPOSTELA		01:28:55	00:04:13	01:28:43	00:04:13	01:28:55	00:20:00	00:39:40	01:26:13	01:03:55	01:23:24
178	328	ANGEL	FERNÁNDEZ FERNÁNDEZ	M-175		SALCEDA DE CASELAS		01:28:56	00:04:13	01:28:43	00:04:13	01:28:56	00:20:06	00:39:40	01:26:23	01:04:05	01:23:26	
179	874	ALEJANDRO	VILLAR GOMEZ	M-176		TUI		01:28:58	00:04:13	01:28:45	00:04:13	01:28:58	00:20:05	00:39:38	01:26:22	01:04:04	01:23:29	
180	754	JOSÉ	FERNÁNDEZ ACUÑA	M-177		CANGAS		01:29:01	00:04:14	01:28:52	00:04:13	01:29:01	00:18:14	00:37:42	01:26:17	01:02:40	01:23:09	
181	137	ADRIÁN	MAQUIEIRA PEREIRA	M-178	MST1M-26	CLUB DEPORTIVO DELIKIA		01:29:05	00:04:14	01:28:58	00:04:13	01:29:05	00:19:37	00:38:55	01:26:19	01:03:16	01:23:21	
182	91	ALFONSO	TOIMIL CASTRO	M-179	MST3M-32		SANTIAGO DE COMPOSTELA	AG19643	01:29:08	00:04:14	01:28:56	00:04:13	01:29:08	00:20:00	00:39:41	01:26:27	01:03:56	01:23:27
183	5	ANDRES	CENDAN LLORENS	M-180		CLUB TRIATLÓN COMPOSTELA		01:29:09	00:04:14	01:29:07	00:04:14	01:29:09	00:18:23	00:37:25	01:26:17	01:02:16	01:23:06	
184	2	ANA MARÍA	SANTISO PRADO	F-4		CLUB ATLETISMO NARÓN		01:29:09	00:04:14	01:29:05	00:04:14	01:29:09	00:18:22	00:37:25	01:26:18	01:02:15	01:23:06	
185	27	VICTORIA	RODRIGUEZ PIRO	F-5			VIGO		01:29:10	00:04:14	01:29:05	00:04:14	01:29:10	00:19:03	00:37:50	01:26:24	01:02:20	01:23:19
186	835	MANUEL	PEREIRAS GARCIA	M-181	MST3M-33		PONTEVEDRA		01:29:17	00:04:14	01:29:01	00:04:14	01:29:17	00:19:34	00:38:51	01:26:21	01:03:12	01:23:16
187	219	MARCOS	ZAERA	M-182	MST2M-53	GLOBAL SPORT CLUB		01:29:21	00:04:15	01:29:07	00:04:14	01:29:21	00:20:22	00:39:52	01:26:42	01:04:23	01:23:45	
188	250	MARCOS	MARRA CAMPERO	M-183			OURENSE		01:29:26	00:04:15	01:29:15	00:04:14	01:29:26	00:20:00	00:39:35	01:26:34	01:03:44	01:23:27
189	813	JAKUB MIKOLAJ	MICHALOWICZ SWIECKIEWICZ	M-184			BOIRO		01:29:28	00:04:15	01:29:05	00:04:14	01:29:28	00:19:44	00:39:00	01:26:38	01:03:23	01:23:37
190	357	FRANCISCO	REBOIRAS RUA	M-185	MST2M-54		VIGO		01:29:29	00:04:15	01:29:21	00:04:15	01:29:29	00:19:28	00:38:42	01:26:36	01:03:06	01:23:25
191	650	RUBÉN	OTERO DOSIL	M-186		CLUB ATLETISMO SAR		01:29:34	00:04:15	01:29:17	00:04:14	01:29:34	00:20:03	00:39:39	01:26:41	01:04:03	01:23:38	
192	670	MARCIAL	FERNÁNDEZ DA SILVA	M-187	MST3M-34	L@S INSENSAT@S		01:29:42	00:04:16	01:29:13	00:04:14	01:29:42	00:20:38	00:40:24	01:27:03	01:04:43	01:24:06	
193	235	TELMO J	CHAO DOMINGUEZ	M-188		RIBADAVIA		01:29:54	00:04:16	01:29:29	00:04:15	01:29:54	00:20:10	00:39:44	01:27:07	01:04:12	01:24:06	
194	558	ELOY	CAMPOS DACOSTA	M-189	MST2M-55	CLUB DEPORTIVO AURUM		01:29:57	00:04:16	01:29:49	00:04:16	01:29:57	00:19:11	00:38:08	01:27:02	01:02:06	01:23:53	
195	92	MANUEL JORGE	TORRES BAUTÍS	M-190	MST3M-35	CLUB TRIATLÓN COMPOSTELA		01:29:58	00:04:16	01:29:45	00:04:16	01:29:58	00:20:01	00:39:40	01:27:04	01:03:58	01:24:01	
196	919	PABLO	MAURA	M-191		ESCUELA NAVAL MILITAR		01:30:05	00:04:17	01:29:36	00:04:15	01:30:05	00:19:11	00:37:45	01:27:10	01:01:40	01:23:44	
197	95	RICARDO	VÁZQUEZ GONZÁLEZ	M-192	MST1M-27	UNIT 365		01:30:05	00:04:17	01:29:57	00:04:16	01:30:05	00:20:08	00:39:55	01:27:25	01:04:30	01:24:24	
198	162	GERMÁN	TIZÓN FREIRÍA	M-193	MST2M-56	SEMPRE LA		01:30:06	00:04:17	01:29:50	00:04:16	01:30:06	00:19:30	00:38:35	01:27:15	01:03:10	01:24:07	
199	842	PABLO	LÓPEZ SOMOZA	M-194		CLUB ATLETISMO ANTAS DE ULLA		01:30:07	00:04:17	01:29:56	00:04:16	01:30:07	00:19:01	00:37:46	01:26:41	01:01:38	01:23:06	
200	897	PABLO	BARBOSA CLEMENTE	M-195		TRIATLÓN MAR DE VIGO		01:30:11	00:04:17	01:30:00	00:04:16	01:30:11	00:20:15	00:40:02	01:27:21	01:04:31	01:24:17	
201	727	JORGE	CALVO CASTRO	M-196			PONTEVEDRA		01:30:11	00:04:17	01:29:50	00:04:16	01:30:11	00:19:47	00:39:23	01:27:21	01:03:52	01:24:11
202	445	ALVARO	REY MIRA	M-197			CABANAS		01:30:12	00:04:17	01:30:02	00:04:17	01:30:12	00:20:13	00:40:00	01:27:25	01:04:30	01:24:25
203	257	IAGO	VILLAVERDE	M-198			OURENSE		01:30:28	00:04:18	01:30:21	00:04:17	01:30:28	00:19:36	00:39:30	01:27:38	01:04:19	01:24:31
204	761	PABLO	FERRÍN LORENZO	M-199			PONTEVEDRA		01:30:33	00:04:18	01:30:09	00:04:17	01:30:33	00:20:10	00:39:27	01:28:02	01:04:34	01:24:56
205	120	ALBERTO	GARCIA DE LA IGLESIA	M-200	MST3M-36		GONDOMAR		01:30:38	00:04:18	01:30:21	00:04:17	01:30:38	00:20:19	00:40:23	01:28:01	01:05:16	01:25:03
206	721	JACOB	BARRO PERNAS	M-201			CABANAS		01:30:41	00:04:18	01:30:29	00:04:18	01:30:41	00:19:40	00:39:09	01:27:34	01:03:39	01:24:19
207	28	YOLANDA	TRONCOSO SENRA	F-6	MST1F-2		CANIZA (A)		01:30:42	00:04:18	01:30:36	00:04:18	01:30:42	00:19:07	00:38:51	01:27:45	01:03:59	01:24:39
208	869	CÉSAR	VARELA CERDEIRA	M-202	MST4M-2		REDONDELA		01:30:45	00:04:19	01:30:36	00:04:18	01:30:45	00:19:41	00:39:23	01:27:58	01:04:18	01:24:52
209	713	DAVID	ÁLVAREZ ÁLVAREZ	M-203	MST2M-57		GROVE (O)		01:30:49	00:04:19	01:30:41	00:04:18	01:30:49	00:19:21	00:38:52	01:28:06	01:04:07	01:25:00
210	789	PEDRO	GUTIÉRREZ ANDRÉS	M-204			VIGO		01:30:52	00:04:19	01:30:43	00:04:18	01:30:52	00:19:22	00:39:08	01:28:18	01:04:15	01:25:23
211	100	JOSE LUIS	ÁLVAREZ MIRANDA	M-205	MST3M-37	CIBUS		01:30:55	00:04:19	01:30:41	00:04:18	01:30:55	00:20:47	00:40:36	01:28:04	01:05:21	01:25:04	
212	854	NICOLÁS	SÁNCHEZ CALVETE	M-206	MST3M-38		PONTEVEDRA		01:30:57	00:04:19	01:30:49	00:04:19	01:30:57	00:19:05	00:38:31	01:28:00	01:03:28	01:24:48
213	1246	MARCOS	RODRIGUEZ PONTEVEDRA	M-207	MST2M-58		PONTEVEDRA		01:31:03	00:04:19	01:30:50	00:04:19	01:31:03	00:20:49	00:40:36	01:28:12	01:05:14	01:25:04
214	150	VÍCTOR ÁNGEL	RIVAS CID	M-208	MST3M-39	C.A.R. MARISQUEIRO		01:31:03	00:04:19	01:30:47	00:04:19	01:31:03	00:20:00	00:39:40	01:28:09	01:04:22	01:24:58	
215	1051	ANXO	FARIÑA BIASI	M-209			PONTEVEDRA	AG-768921	01:31:07	00:04:20	01:30:47	00:04:19	01:31:07	00:20:38	00:40:40	01:28:20	01:05:31	01:25:16
216	732	EMILIO	CARBALLÉS SANDE	M-210	MST3M-40		LUGO		01:31:07	00:04:20	01:30:46	00:04:19	01:31:07	00:20:41	00:40:40	01:28:20	01:05:32	01:25:20
217	816	JUAN	MONTEAGUDO	M-211			CALDAS DE REIS		01:31:13	00:04:20	01:30:16	00:04:17	01:31:13	00:20:55	00:40:22	01:28:40	01:05:32	01:25:49
218	53	ADRIAN	CANDA CAMPO	M-212		BOUTUREIRA		01:31:18	00:04:20	01:31:16	00:04:20	01:31:18	00:17:30	00:35:04	01:28:44	01:07:52	01:25:53	
219	875	YAGO	VILLAVERDE PATIÑO	M-213			PONTEVEDRA		01:31:19	00:04:20	01:31:08	00:04:20	01:31:19	00:19:42	00:39:11	01:28:23	01:03:59	01:24:55
220	245	ANDRES	GONZALO	M-214	MST1M-28	VAL DO TÁMEGA		01:31:24	00:04:20	01:30:56	00:04:19	01:31:24	00:20:55	00:40:56	01:28:46	01:05:58	01:25:54	
221	39	ROCIO	MARTINEZ ARTEAGA	F-7	MST2F-2	CLUB ATLETISMO SADA		01:31:26	00:04:21	01:31:18	00:04:20	01:31:26	00:19:18	00:39:09	01:28:24	01:04:21	01:25:07	
222	778	JORGE	GARRIDO	M-215			OLEIROS		01:31:30	00:04:21	01:31:17	00:04:20	01:31:30	00:20:18	00:40:17	01:28:47	01:05:11	01:25:41
223	588	SALETA	ABOY PAZOS	F-8	MST1F-3		PONTEVEDRA		01:31:41	00:04:21	01:31:36	00:04:21	01:31:41	00:19:36	00:39:27	01:28:52	01:04:42	01:25:46
224	690	JAVIER	DOMINGUEZ ABAL	M-216	MST2M-59	SD COMPOSTELA ATLETISMO		01:31:45	00:04:21	01:31:32	00:04:21	01:31:45	00:19:04	00:37:47	01:28:57	01:01:18	01:25:23	
225	625	JOAQUIN	MINIÑO MARTÍNEZ	M-217	MST3M-41	ATLETISMO BAIONA		01:31:54	00:04:22	01:31:46	00:04:21	01:31:54	00:19:16	00:38:47	01:29:05	01:04:42	01:25:58	
226	236	MATEO	CHAO PÉREZ-QUEVEDO	M-218	MST2M-60		RIBADAVIA		01:31:55	00:04:22	01:31:31	00:04:21	01:31:55	00:20:11	00:39:46	01:28:49	01:04:42	01:25:34
227	458	XULIAN MATEU	SUÁREZ FUENTES	M-219	MST3M-42	NOSPORTLIMIT		01:3										

252	722	SAMUEL CARMELO	BETANCOR SARMIENTO	M-241	MST2M-65		VALLESECO		01:33:01	00:04:25	01:32:48	00:04:24	01:33:01	00:20:34	00:41:08	01:30:17	01:06:43	01:27:13
253	718	JAVIER	ANTA ALVAREZ	M-242	MST2M-66		CORUÑA (A)		01:33:04	00:04:25	01:32:44	00:04:24	01:33:04	00:21:42	00:42:07	01:30:18	01:07:16	01:27:10
254	819	JAVIER	MURADAS CONDE	M-243			VIGO		01:33:11	00:04:25	01:33:02	00:04:25	01:33:11	00:20:10	00:40:45	01:30:13	01:06:26	01:27:01
255	343	ENRIQUE	LEDO GONZALEZ	M-244	MST1M-33		VIGO		01:33:14	00:04:26	01:32:16	00:04:23	01:33:14	00:21:30	00:41:44	01:30:19	01:06:58	01:27:14
256	730	ANDRÉS	CAMPOS	M-245			PONTEVEDRA		01:33:14	00:04:26	01:32:48	00:04:24	01:33:14	00:21:17	00:41:09	01:30:24	01:06:29	01:27:11
257	286	NICOLAS	MUNPRE	M-246			SANTIAGO DE COMPOSTELA		01:33:15	00:04:26	01:33:06	00:04:25	01:33:15	00:20:40	00:41:00	01:30:23	01:06:36	01:27:12
258	736	DIEGO	CASTRO BALBOA	M-247	MST3M-48		MEÁÑO		01:33:17	00:04:26	01:32:56	00:04:25	01:33:17	00:20:46	00:40:57	01:30:23	01:06:11	01:27:09
259	850	MIGUEL	RODRIGUEZ PEREZ	M-248	MST2M-67		PONTEVEDRA		01:33:18	00:04:26	01:32:59	00:04:25	01:33:18	00:20:18	00:40:15	01:29:55	01:05:22	01:26:26
260	457	JOSE	SUÁREZ CANOSA	M-249	MST2M-68		LAXE		01:33:23	00:04:26	01:32:54	00:04:25	01:33:23	00:21:14	00:40:54	01:30:32	01:06:31	01:27:25
261	160	FACUNDO	SILVA PACKEBUSCH	M-250			SALCEDA DE CASELAS		01:33:25	00:04:26	01:33:06	00:04:25	01:33:25	00:20:08	00:40:24	01:30:24	01:05:54	01:27:06
262	318	DANIEL	BARCIA LAMAZARES	M-251			VIGO		01:33:25	00:04:26	01:33:07	00:04:25	01:33:25	00:20:54	00:41:08	01:30:32	01:06:37	01:27:24
263	570	PABLO	LOUREIRO MONTENEGRO	M-252	MST2M-69	MONTEPORREIRUNN	PONTEVEDRA		01:33:26	00:04:26	01:33:17	00:04:26	01:33:26	00:21:02	00:41:40	01:30:38	01:07:02	01:27:30
264	562	JUAN	PARADA	M-253	MST2M-70	CLUB DEPORTIVO PINARIUM	MARÍN	AG 2023742	01:33:30	00:04:26	01:33:21	00:04:26	01:33:30	00:20:56	00:41:08	01:30:32	01:06:46	01:27:24
265	612	JOSE LUIS	QUINTEIRO SILVA	M-254	MST3M-49		PONTEVEDRA		01:33:30	00:04:26	01:33:23	00:04:26	01:33:30	00:20:56	00:41:11	01:30:32	01:06:44	01:27:26
266	611	DOMINGO	PRESAS FARALDO	M-255	MST2M-71		BETANZOS	TRIATLÓN BETANZOS	01:33:32	00:04:26	01:33:23	00:04:26	01:33:32	00:20:57	00:41:08	01:30:32	01:06:45	01:27:25
267	858	FRANCISCO JAVIER	SIERRA ROMERO	M-256	MST1M-34		CANGAS		01:33:32	00:04:26	01:33:17	00:04:26	01:33:32	00:20:59	00:41:16	01:30:36	01:06:46	01:27:32
268	787	OSCAR	GONZÁLEZ GÓMEZ	M-257	MST3M-50		CARBALLIÑO (O)		01:33:36	00:04:27	01:32:02	00:04:22	01:33:36	00:21:08	00:40:45	01:30:12	01:05:26	01:26:48
269	212	MICHELE	SPINAZZOLA	M-258	MST3M-51		CORUÑA (A)		01:33:36	00:04:27	01:33:22	00:04:26	01:33:36	00:20:37	00:40:50	01:30:36	01:06:28	01:27:19
270	715	MIGUEL	ALVAREZ PALLIN	M-259	MST2M-72		CORUÑA (A)		01:33:37	00:04:27	01:33:15	00:04:26	01:33:37	00:21:23	00:42:00	01:30:55	01:07:36	01:27:48
271	88	SERGIO	SIXTO MONTERO	M-260	MST2M-73		SANTIAGO DE COMPOSTELA		01:33:38	00:04:27	01:33:12	00:04:26	01:33:38	00:21:56	00:42:14	01:30:44	01:07:22	01:27:37
272	749	ROGELIO	DOMÍNGUEZ CUQUEJO	M-261	MST2M-74		RIBADAVIA		01:33:46	00:04:27	01:33:21	00:04:26	01:33:46	00:20:16	00:40:47	01:31:02	01:06:36	01:27:49
273	336	SERGIO	GONZÁLEZ FERNÁNDEZ	M-262	MST2M-75		SALVATERRA DE MIÑO		01:33:48	00:04:27	01:33:19	00:04:26	01:33:48	00:21:33	00:42:15	01:30:50	01:07:35	01:27:40
274	822	ISMAEL	ORDOÑEZ REY	M-263			RIANXO		01:33:58	00:04:28	01:33:45	00:04:27	01:33:58	00:19:06	00:38:34	01:30:37	01:05:15	01:26:59
275	913	LUIS MIGUEL	BORRAJO GUTIERREZ	M-264	MST2M-76	CLUB VIA XVIII MACEDA	CARBALLIÑO (O)		01:34:04	00:04:28	01:33:45	00:04:27	01:34:04	00:20:00	00:40:13	01:30:52	01:05:52	01:27:27
276	145	YAGO	PÉREZ BARBEITO	M-265	MST2M-77	CLUB DEPORTIVO DELIKIA	VIGO		01:34:10	00:04:28	01:33:24	00:04:26	01:34:10	00:21:43	00:42:02	01:31:21	01:07:26	01:28:11
277	585	ANTÍA	PAZOS GARCÍA	F-12		TRIATLÓN MAR DE VIGO	VIGO		01:34:17	00:04:29	01:34:12	00:04:28	01:34:17	00:19:42	00:39:39	01:31:05	01:05:21	01:27:31
278	32	DAVID	ALONSO NOGUEIRA	M-266		ACEADEAMA-TRIARTEIXO	BERGONDO		01:34:17	00:04:29	01:34:14	00:04:28	01:34:17	00:17:21	00:40:53	01:31:04	01:05:20	01:27:30
279	99	JAIME	ALVAREZ DIAZ	M-267			VIGO		01:34:17	00:04:29	01:34:02	00:04:28	01:34:17	00:20:47	00:40:51	01:31:18	01:06:29	01:27:55
280	731	AZAEEL	CAPERÁN BECERRO	M-268			VIGO		01:34:24	00:04:29	01:34:05	00:04:28	01:34:24	00:21:09	00:41:21	01:31:33	01:07:15	01:28:20
281	1093	ALFONSO	GARCIA RODRIGUEZ	M-269			PONTEVEDRA		01:34:26	00:04:29	01:34:13	00:04:28	01:34:26	00:20:13	00:40:02	01:31:11	01:06:05	01:27:45
282	627	MIGUEL	MARTÍNEZ MARTÍNEZ	M-270	MST2M-78	ATLETISMO TUI	TUI		01:34:31	00:04:29	01:34:05	00:04:28	01:34:31	00:21:04	00:41:15	01:31:33	01:06:55	01:28:20
283	645	SERGIO	SOTO BUCETA	M-271	MST2M-79	CLUB ATLETISMO CAMBADOS	RIBADUMIA	054714685	01:34:31	00:04:29	01:34:11	00:04:28	01:34:31	00:21:15	00:42:02	01:31:40	01:07:31	01:28:36
284	845	VICENTE	REY JÁCOME	M-272	MST3M-52		PONTEVEDRA		01:34:33	00:04:29	01:34:14	00:04:28	01:34:33	00:21:18	00:41:57	01:31:35	01:07:33	01:28:22
285	1195	DIOGO	PEIXOTO	M-273			FERREIRA		01:34:37	00:04:30	01:34:07	00:04:28	01:34:37	00:22:06	00:43:15	01:31:55	01:08:41	01:28:50
286	708	JAVIER	ACCION	M-274	MST2M-80		CORUÑA (A)		01:34:38	00:04:30	01:34:01	00:04:28	01:34:38	00:21:11	00:41:31	01:31:45	01:07:24	01:28:37
287	962	NACHO	ÁLVAREZ SANTOS	M-275			NAVIA		01:34:38	00:04:30	01:33:58	00:04:28	01:34:38	00:22:23	00:42:51	01:31:41	01:07:51	01:28:29
288	135	DIEGO	LORENZO RIVEIRO	M-276	MST2M-81	AGRUPACION VIGUESA DE ATLETISMO	VIGO		01:34:40	00:04:30	01:34:24	00:04:29	01:34:40	00:21:11	00:42:13	01:31:50	01:07:54	01:28:42
289	709	JUAN PABLO	ACOSTA	M-277	MST2M-82		VIGO		01:34:40	00:04:30	01:34:17	00:04:29	01:34:40	00:21:36	00:42:27	01:31:51	01:08:20	01:28:45
290	90	CESAR	TABOADA MILLAN	M-278	MST3M-53	CLUB ATLETISMO SAR	SANTIAGO DE COMPOSTELA	AG 768472	01:34:41	00:04:30	01:34:23	00:04:29	01:34:41	00:21:31	00:42:17	01:31:51	01:08:09	01:28:39
291	582	MARIANA	MARTINS	F-13		SPORT COMERCIO E SALGUEIROS	MAIA		01:34:47	00:04:30	01:34:42	00:04:30	01:34:47	00:20:16	00:40:55	01:31:43	01:06:58	01:28:23
292	679	JUAN	SICILIA BARCI	M-279	MST3M-54	RANING CLUB	CANGAS	GA364	01:34:48	00:04:30	01:34:41	00:04:30	01:34:48	00:20:36	00:41:16	01:31:51	01:07:30	01:28:40
293	859	ANTÓN	SILVEIRA SANDÁ	M-280			SADA		01:34:50	00:04:30	01:34:25	00:04:29	01:34:50	00:21:40	00:42:45	01:31:59	01:08:40	01:28:53
294	901	RAUL	DEL PALACIO SAN MIGUEL	M-281	MST3M-55	CLUB ATLETISMO CAMBADOS	CAMBADOS		01:34:53	00:04:30	01:34:22	00:04:29	01:34:53	00:19:42	00:38:31	01:30:31	01:02:38	01:25:52
295	577	MANUEL	FREIRE GONZALEZ	M-282	MST2M-83	SANTANDER	BUEU		01:34:56	00:04:30	01:34:47	00:04:30	01:34:56	00:20:14	00:40:34	01:31:47	01:06:26	01:28:19
296	464	FERNANDO	VÁZQUEZ IGLESIAS	M-283			CORUÑA (A)		01:34:56	00:04:30	01:33:50	00:04:27	01:34:56	00:21:26	00:41:42	01:31:51	01:07:13	01:28:36
297	452	JUAN MIGUEL	RODRÍGUEZ PÉREZ	M-284		NOSPORTLIMIT	CORUÑA (A)		01:35:03	00:04:31	01:34:14	00:04:28	01:35:03	00:21:55	00:42:27	01:32:01	01:08:03	01:28:49
298	628	ADRIÁN	PORTELA RODRIGUEZ	M-285	MST2M-84	ATLETISMO TUI- ACTIVAMOSTUCASA	TUI		01:35:03	00:04:31	01:34:37	00:04:30	01:35:03	00:21:17	00:42:01	01:31:43	01:06:50	01:28:21
299	155	DIEGO	SALGADO LÓPEZ	M-286			NIGRÁN		01:35:05	00:04:31	01:34:40	00:04:30	01:35:05	00:20:57	00:41:23	01:32:00	01:07:40	01:28:47
300	624	ENRIQUE	MARTÍNEZ GAGO	M-287	MST3M-56	ATLETISMO +9 MORANA	VILAGARCÍA DE AROUSA	AG17395	01:35:07	00:04:31	01:34:56	00:04:30	01:35:07	00:20:58	00:41:12	01:32:03	01:06:49	01:28:42
301	213	DANIEL	SUSO SÁNCHEZ	M-288	MST1M-35	SONS OF POSEIDON	CULLEREDO		01:35:16	00:04:31	01:34:53	00:04:30	01:35:16	00:21:32	00:41:59	01:32:17	01:07:34	01:28:58
302	1047	ALFONSO	ESTEVEZ LAGO	M-289	MST3M-57		SALVATERRA DE MIÑO		01:35:22	00:04:32	01:34:53	00:04:30	01:35:22	00:21:42	00:42:19	01:32:34	01:08:24	01:29:18
303	1138	CRISTOBAL	LOURIDO RODRÍGUEZ	M-290	MST2M-85		CALDAS DE REIS		01:35:22	00:04:32	01:34:51	00:04:30	01:35:22	00:21:26	00:42:00	01:32:15	01:07:46	01:28:56
304	797	DARÍO	LEMONS RODRIGUEZ	M-291	MST2M-86		CANGAS	GA-3937459-A-T-C	01:35:22	00:04:32	01:35:03	00:04:31	01:35:22	00:21:32	00:42:25	01:32:38	01:08:34	01:29:27
305	704	JOSE MANUEL	GONZALEZ CHAYAN	M-292	MST3M-58	VETERAN@S DE GALICIA	CAMPO LAMEIRO		01:35:28	00:04:32	01:34:46	00:04:30	01:35:28	00:21:21	00:41:51	01:32:31	01:07:45	01:29:17
306	734	RAÚL	CASALDERREY ESPERÓN	M-293			POIO		01:35:35	00:04:32	01:35:15	00:04:31	01:35:35	00:21:55	00:42:18	01:32:30	01:08:10	01:29:15
307	668	JOSÉ LUÍS	ALARCON UTRERA	M-294	MST3M-59	EXTENUACION VALDEPEÑAS	VALDEPEÑAS		01:35:42	00:04:33	01:35:30	00:04:32	01:35:42	00:21:29	00:42:24	01:32:49	01:08:36	01:29:37
308	844	NICOLÁS	QUINONES SUÁREZ	M-295			PONTEVEDRA		01:35:46	00:04:33	01:35:35	00:04:32	01:35:46	00:21:32	00:42:27	01:32:54	01:08:40	01:29:40
309	183	JOSÉ	LÓPEZ VÁZQUEZ	M-296	MST2M-87		CORUÑA (A)		01:35:49	00:04:33	01:35:29	00:04:32	01:35:49	00:21:43	00:42:41	01:32:51	01:08:41	01:29:40
310	823	MANUEL	OTERO AIRA	M-297	MST3M-60		SANTIAGO DE COMPOSTELA		01:35:54	00:04:33	01:35:39	00:04:33	01:35:54	00:21:33	00:42:27	01:32:57	01:08:38	01:29:46
311	698	JUAN	PAZOS EIROA	M-298		TRIATLON PC RIAS BAIXAS	PONTEVEDRA	GA 765810	01:35:56	00:04:33								

338	769	JOSE MARI	GALANTE FRUTOS	M-324	MST1M-38		ESKORIATZA	01:37:02	00:04:36	01:36:24	00:04:35	01:37:02	00:22:34	00:43:55	01:34:01	01:10:07	01:30:43
339	636	MIGUEL	IGLESIAS REY	M-325	MST1M-39	C.D. RIA DE AROUSA O GROVE	GROVE (O)	01:37:03	00:04:36	01:36:55	00:04:36	01:37:03	00:20:11	00:40:37	01:33:51	01:07:24	01:30:30
340	647	JOSÉ ANTONIO	LORENZO RODRÍGUEZ	M-326	MST3M-66	CLUB ATLETISMO PORRIÑO	PONTEAREAS	01:37:03	00:04:37	01:36:40	00:04:35	01:37:03	00:22:04	00:43:31	01:34:13	01:09:49	01:31:03
341	58	MIGUEL	BOUZAS FERNANDEZ	M-327			POBRA DO CARAMIÑAL (A)	01:37:06	00:04:37	01:36:45	00:04:36	01:37:06	00:22:09	00:43:20	01:34:08	01:10:07	01:30:59
342	768	RUBEN	FREIRE ROMANI	M-328	MST1M-40		NOIA	01:37:07	00:04:37	01:36:57	00:04:36	01:37:07	00:20:58	00:41:12	01:33:58	01:07:48	01:30:35
343	979	Gael	BERNAL	M-329			PONTEVEDRA	01:37:09	00:04:37	01:36:42	00:04:35	01:37:09	00:22:54	00:44:22	01:34:27	01:10:43	01:31:20
344	126	MANUEL	GONZÁLEZ RODRÍGUEZ	M-330	MST3M-67	ADNRUNNERS-TELMO PELUQUEROS F.C	VIGO	01:37:11	00:04:37	01:36:55	00:04:36	01:37:11	00:21:53	00:43:21	01:34:27	01:10:29	01:31:20
345	866	MIGUEL	TAGARRO MELON	M-331			LLEIDA	01:37:11	00:04:37	01:35:52	00:04:33	01:37:11	00:21:47	00:45:01	01:34:21	01:10:54	01:31:11
346	573	INES	IGLESIAS HERVELLA	F-15	MST2F-3	OYSHO	CORUÑA (A)	01:37:12	00:04:37	01:37:01	00:04:36	01:37:12	00:21:45	00:42:49	01:34:09	01:09:16	01:30:53
347	161	RUBEN	SOUTO VAZQUEZ	M-332	MST2M-94		VIGO	01:37:13	00:04:37	01:36:53	00:04:36	01:37:13	00:21:39	00:42:55	01:33:56	01:08:46	01:30:32
348	121	JOSE MARIA	GIL TATO	M-333	MST3M-68	C.A.R. MARISQUEIRO	VIGO	01:37:14	00:04:37	01:36:59	00:04:36	01:37:14	00:21:53	00:43:20	01:34:27	01:10:28	01:31:18
349	910	PABLO	GARCÍA SOUTO	M-334		CLUB NAVAL DE PONTEVEDRA	MARIN	01:37:16	00:04:37	01:36:43	00:04:36	01:37:16	00:22:47	00:44:06	01:34:17	01:09:28	01:31:02
350	839	ENRIC	PEY PUJADAS	M-335	MST2M-95		PONTEVEDRA	01:37:16	00:04:37	01:37:06	00:04:37	01:37:16	00:21:02	00:41:45	01:34:03	01:08:37	01:30:39
351	1251	GONZALO	RUA	M-336	MST1M-41		VERÍN	01:37:18	00:04:37	01:36:51	00:04:36	01:37:18	00:20:52	00:41:11	01:34:05	01:07:56	01:30:29
352	348	DIEGO	MONTES VILA	M-337	MST2M-96		VIGO	01:37:23	00:04:37	01:36:55	00:04:36	01:37:23	00:21:34	00:42:28	01:34:20	01:08:58	01:30:59
353	204	JOSE	RILO LOPEZ	M-338	MST4M-3	NOSPORTLIMIT	OLEIROS	01:37:25	00:04:38	01:36:41	00:04:35	01:37:25	00:22:24	00:43:34	01:34:31	01:09:59	01:31:17
354	885	PABLO	BLANCO CALO	M-339		BNZ RUN CLUB	BOIRO	01:37:25	00:04:38	01:37:01	00:04:36	01:37:25	00:22:24	00:43:23	01:34:23	01:09:46	01:31:06
355	249	JORGE	MACIAS RODRIGUEZ	M-340	MST2M-97		CARBALLIÑO (O)	01:37:27	00:04:38	01:37:02	00:04:36	01:37:27	00:21:04	00:41:57	01:34:05	01:08:44	01:30:34
356	997	OSCAR	CALDAS MOREIRA	M-341			POIO	01:37:28	00:04:38	01:37:06	00:04:37	01:37:28	00:21:53	00:43:06	01:34:22	01:09:40	01:30:52
357	935	DIEGO LUIS	HUERTA DE UÑA	M-342	MST3M-69	PONTE A CORRER	PONTEVEDRA	01:37:31	00:04:38	01:37:03	00:04:36	01:37:31	00:21:21	00:42:02	01:34:22	01:08:44	01:30:57
358	743	ALESSANDRO	CUNEO	M-343			MILANO	01:37:32	00:04:38	01:37:14	00:04:37	01:37:32	00:20:00	00:40:45	01:34:23	01:07:46	01:30:47
359	794	SERGIO	LAGOA MILLÁN	M-344	MST3M-70		CANGAS	01:37:35	00:04:38	01:37:21	00:04:37	01:37:35	00:21:33	00:42:29	01:34:30	01:09:16	01:31:12
360	706	JACOBO	ABAD VARELA	M-345	MST2M-98		VIGO	01:37:42	00:04:38	01:37:24	00:04:37	01:37:42	00:20:58	00:41:19	01:34:21	01:08:15	01:30:53
361	1046	ANXO	ESTEVEZ CARBALLO	M-346			PONTEVEDRA	01:37:46	00:04:39	01:37:18	00:04:37	01:37:46	00:22:54	00:44:23	01:35:01	01:10:44	01:31:48
362	981	CARLOS	BERNÁNDEZ LORENZO-FARIÑA	M-347			PONTEVEDRA	01:37:50	00:04:39	01:37:22	00:04:37	01:37:50	00:22:55	00:44:22	01:35:01	01:10:46	01:31:50
363	914	JORGE	DEL RIO GONZALEZ	M-348	MST1M-42	CLUBE ATLETISMO OUTES - MARISCOS ANTON	OUTES	01:37:50	00:04:39	01:37:22	00:04:37	01:37:50	00:21:46	00:43:06	01:34:46	01:10:29	01:31:31
364	1259	MIGUEL	SÁNCHEZ-ANDRADE EXPOSITO	M-349			PONTEVEDRA	01:37:51	00:04:39	01:37:30	00:04:38	01:37:51	00:20:12	00:40:32	01:34:03	01:07:09	01:30:10
365	665	RAUL	IBÁÑEZ RODRÍGUEZ	M-350	MST2M-99	EL CANARIO	RIBEIRA	01:37:56	00:04:39	01:37:29	00:04:38	01:37:56	00:22:23	00:43:39	01:34:49	01:10:01	01:31:27
366	209	CHEMA	SEGADE ISASA	M-351	MST2M-100		BERGONDO	01:37:59	00:04:39	01:37:42	00:04:38	01:37:59	00:21:10	00:42:11	01:34:42	01:08:51	01:31:12
367	240	DAVID	FERNÁNDEZ RODRÍGUEZ	M-352	MST2M-101	CORREDORES DO MIÑO	OURENSE	01:37:59	00:04:39	01:37:43	00:04:38	01:37:59	00:21:18	00:42:27	01:34:49	01:09:04	01:31:30
368	663	RAUL	ROJO MARTINEZ	M-353	MST1M-43	CLUBE ATLETISMO VILALBA	VILALBA	01:38:03	00:04:39	01:37:50	00:04:39	01:38:03	00:21:36	00:43:08	01:35:03	01:10:00	01:31:46
369	193	ANTONIO	PATÍÑO GARCÍA	M-354			ARTEIXO	01:38:04	00:04:39	01:37:51	00:04:39	01:38:04	00:21:48	00:43:22	01:35:03	01:09:58	01:31:48
370	271	SERGIO	DI NATALE DOVAL	M-355			VILANOVA DE AROUSA	01:38:12	00:04:40	01:37:33	00:04:38	01:38:12	00:22:19	00:43:40	01:35:11	01:10:33	01:31:47
371	63	CARLOS	GARCÍA VÁZQUEZ	M-356	MST2M-102		SANTIAGO DE COMPOSTELA	01:38:16	00:04:40	01:38:01	00:04:39	01:38:16	00:21:18	00:42:25	01:34:57	01:08:58	01:31:19
372	251	JULIO	MOSQUERA GONZÁLEZ	M-357	MST2M-103		CELANOVA	01:38:17	00:04:40	01:37:53	00:04:39	01:38:17	00:20:59	00:41:56	01:34:59	01:08:55	01:31:26
373	640	JAVIER	SANZ LUCOTTI	M-358	MST4M-4	CIBUS SIRGON	VIGO	01:38:17	00:04:40	01:37:57	00:04:39	01:38:17	00:22:03	00:43:20	01:35:10	01:10:06	01:31:50
374	242	MIGUEL	GONZÁLEZ ALVAR	M-359			OURENSE	01:38:21	00:04:40	01:37:01	00:04:36	01:38:21	00:22:14	00:42:52	01:34:57	01:09:21	01:31:18
375	742	CRISTIAN JESÚS	CRESPO GARCÍA	M-360	MST1M-44		VILAGARCÍA DE AROUSA	01:38:22	00:04:40	01:37:56	00:04:39	01:38:22	00:22:23	00:43:48	01:35:20	01:11:04	01:32:06
376	530	MANUEL	PAINEIRA VEIGA	M-361			CEDEIRA	01:38:24	00:04:40	01:37:53	00:04:39	01:38:24	00:22:26	00:43:25	01:35:23	01:10:21	01:31:51
377	170	JOSÉ	DIEGUEZ CASTRO	M-362	MST3M-71		CORUÑA (A)	01:38:25	00:04:40	01:38:11	00:04:40	01:38:25	00:20:53	00:41:08	01:35:05	01:08:11	01:31:19
378	809	ISAAC	MARTINEZ CHOIZA	M-363	MST3M-72		GONDOMAR	01:38:27	00:04:40	01:38:08	00:04:40	01:38:27	00:21:57	00:43:23	01:35:30	01:10:30	01:32:11
379	67	JOSE MANUEL	MALLO NIEVES	M-364	MST3M-73		SANTIAGO DE COMPOSTELA	01:38:29	00:04:41	01:38:07	00:04:40	01:38:29	00:21:47	00:43:23	01:35:31	01:10:25	01:32:17
380	1211	ARTAI	POSES BLANCO	M-365			PONTEVEDRA	01:38:29	00:04:41	01:38:03	00:04:39	01:38:29	00:21:20	00:42:16	01:35:14	01:09:12	01:31:44
381	1050	AARÓN	FANDINO JORGE	M-366			BUEU	01:38:32	00:04:41	01:37:16	00:04:37	01:38:32	00:22:44	00:43:24	01:35:12	01:09:14	01:31:25
382	490	JOSÉ GILBERTO	CID PEREIRA	M-367	MST2M-104		OURENSE	01:38:33	00:04:41	01:37:54	00:04:39	01:38:33	00:22:49	00:44:21	01:35:35	01:10:58	01:32:15
383	23	MIRIAN	OJEA CAAMAÑO	F-16	MST1F-5		VIGO	01:38:33	00:04:41	01:38:28	00:04:41	01:38:33	00:20:52	00:42:23	01:35:29	01:09:37	01:32:05
384	693	JAVIER	LOPEZ ROMERO	M-368	MST2M-105	SPIKES	PONTEVEDRA	01:38:35	00:04:41	01:37:52	00:04:39	01:38:35	00:23:58	00:47:15	01:36:00	01:14:01	01:33:08
385	544	MIGUEL	ABREU FERNÁNDEZ	M-369	MST4M-5	ATLETISMO PORRIÑO	SALVATERRA DE MIÑO	01:38:36	00:04:41	01:38:28	00:04:40	01:38:36	00:21:45	00:43:20	01:35:35	01:10:11	01:32:18
386	65	JUAN JOSÉ	LEIS PUÑAL	M-370	MST2M-106		SANTIAGO DE COMPOSTELA	01:38:36	00:04:41	01:37:27	00:04:38	01:38:36	00:22:32	00:43:34	01:35:30	01:10:01	01:32:07
387	818	MIGUEL ANGEL	MOREIRA TRABAZO	M-371	MST1M-45		PONTEVEDRA	01:38:37	00:04:41	01:38:14	00:04:40	01:38:37	00:19:31	00:39:26	01:35:18	01:07:04	01:31:23
388	1172	MARTIN	NAYA ROSATO	M-372			PONTEVEDRA	01:38:39	00:04:41	01:38:06	00:04:39	01:38:39	00:22:46	00:44:22	01:35:41	01:10:50	01:32:31
389	870	RAMÓN ANTONIO	VARELA MIGUEZ	M-373	MST4M-6		CORUÑA (A)	01:38:41	00:04:41	01:38:30	00:04:41	01:38:41	00:21:54	00:43:21	01:35:30	01:10:30	01:32:05
390	184	ALEJANDRO	MARTÍNEZ PARDO	M-374		NOSPORTLIMIT	ARTEIXO	01:38:43	00:04:41	01:38:24	00:04:40	01:38:43	00:21:53	00:43:21	01:35:31	01:10:01	01:32:08
391	619	GERARDO JOSE	LOPEZ FURTUOSO	M-375	MST2M-107	AROMON (MONTAÑEIRO DE PONTEVEDRA - A ROELO)	PONTEVEDRA	01:38:44	00:04:41	01:38:15	00:04:40	01:38:44	00:21:10	00:41:52	01:35:11	01:08:49	01:31:39
392	1254	MIGUEL	RUIZ ESTERAS	M-376	MST1M-46		CORUÑA (A)	01:38:48	00:04:41	01:38:31	00:04:41	01:38:48	00:21:36	00:42:57	01:35:34	01:09:57	01:32:09
393	272	LUIS LORENZO	DOSUNA GARCIA	M-377	MST2M-108		SANTIAGO DE COMPOSTELA	01:38:50	00:04:42	01:38:30	00:04:41	01:38:50	00:21:32	00:42:25	01:35:28	01:09:20	01:32:04
394	976	MARTÍN	BELLO RAMOS	M-378			RIBEIRA	01:38:50	00:04:42	01:38:15	00:04:40	01:38:50	00:22:25	00:43:42	01:35:52	01:10:29	01:32:29
395	340	OSCAR	HERMIDA GOMEZ	M-379	MST2M-109		CANGAS	01:38:52	00:04:42	01:38:21	00:04:40	01:38:52	00:21:41	00:42:48	01:35:46	01:10:06	01:32:23
396	985	DANIEL	BLANCO	M-380	MST2M-110		BASSERSDORF	01:38:52	00:04:42	01:38:25	00:04:40	01:38:52	00:21:56	00:43:23	01:35:56	01:10:29	01:32:31
397	824	JOSE MANUEL	OTERO LOPEZ	M-381	MST3M-74		SANTIAGO DE COMPOSTELA	01:38:55	00:04:42	01:38:46	00:04:41	01:38:55	00:22:20	00:44:51	01:36:05	01:12:14	01:33:00
398	1012	DAVID	CASTRO IGLESIAS	M-382	MST3M-75		PONTEVEDRA	01:38:57	00:04:42	01:38:31	00:04:41	01:38:57	00:21:50	00:43:02	01:35:50	01:09:50	01:32:24
399	1302</																

424	1119	JUAN CARLOS	IGLESIAS DOVAL	M-407	MST2M-119		CORUÑA (A)		01:39:50	00:04:44	01:39:20	00:04:43	01:39:50	00:22:46	00:44:34	01:36:49	01:11:45	01:33:36
425	141	JOSÉ	NOVOA SIO	M-408	MST3M-78	CLUB ATLETISMO FLORISTERIA CARMEN SIO	VIGO		01:39:50	00:04:44	01:39:33	00:04:44	01:39:50	00:22:45	00:44:51	01:36:56	01:11:53	01:33:37
426	1235	LUIS MIGUEL	RIVEIRO CIMADEVILA	M-409	MST2M-120		TEO		01:39:54	00:04:45	01:39:17	00:04:43	01:39:54	00:22:13	00:43:47	01:36:46	01:10:45	01:33:17
427	915	FRANCISCO JAVIER	SANTAMARIA LORENZO	M-410	MST2M-121	CORREDORES DO MIÑO	ARNOIA (A)		01:39:55	00:04:45	01:39:22	00:04:43	01:39:55	00:22:45	00:44:39	01:36:52	01:11:40	01:33:35
428	1087	ALEJO	GARCÍA IGLESIAS	M-411	MST1M-48		MARÍN		01:39:56	00:04:45	01:39:27	00:04:43	01:39:56	00:22:24	00:43:53	01:36:53	01:11:22	01:33:33
429	1004	ELÍAS	CARRO SERANTES	M-412			CAMBADOS		01:39:58	00:04:45	01:38:51	00:04:42	01:39:58	00:23:23	00:44:15	01:36:45	01:09:15	01:33:17
430	856	ISIDORO	SANTIAGO PAZOS	M-413	MST4M-8		PONTEVEDRA		01:39:59	00:04:45	01:39:17	00:04:43	01:39:59	00:21:22	00:42:42	01:36:52	01:10:03	01:33:20
431	681	JAIME	PEREZ ÁLVAREZ	M-414	MST3M-79	RUN PONTEVEDRA	PONTEVEDRA		01:40:01	00:04:45	01:39:17	00:04:43	01:40:01	00:23:14	00:45:20	01:37:07	01:12:52	01:33:58
432	1125	DRISS	KLOUCHI	M-415	MST1M-49		OLEIROS		01:40:03	00:04:45	01:39:50	00:04:44	01:40:03	00:22:37	00:44:26	01:36:57	01:11:31	01:33:36
433	329	MARIO	FERNÁNDEZ FERNÁNDEZ	M-416	MST1M-50		VIGO		01:40:06	00:04:45	01:39:38	00:04:44	01:40:06	00:22:23	00:44:05	01:37:07	01:11:40	01:33:48
434	937	JAVIER	VARELA	M-417	MST3M-80	RAVACHOL A TODO TROTE	DOBRO		01:40:09	00:04:45	01:39:27	00:04:43	01:40:09	00:22:12	00:43:40	01:36:54	01:11:01	01:33:26
435	686	MARCOS	COSTAS RODRIGUEZ	M-418	MST2M-122	RUNNING TRACK-VIGO	VIGO		01:40:11	00:04:45	01:39:55	00:04:45	01:40:11	00:20:17	00:41:28	01:36:41	01:09:13	01:33:00
436	1013	ADRIÁN	CASTRO MATILLA	M-419			PONTEVEDRA		01:40:15	00:04:46	01:39:46	00:04:44	01:40:15	00:22:44	00:44:43	01:37:16	01:11:51	01:33:49
437	1101	BENITO	GONZALEZ	M-420	MST1M-51		PONTEVEDRA		01:40:16	00:04:46	01:39:32	00:04:44	01:40:16	00:23:01	00:44:58	01:37:10	01:12:15	01:33:55
438	331	ANGEL	GARCIA CUEVAS	M-421	MST3M-81		VIGO		01:40:17	00:04:46	01:39:35	00:04:44	01:40:17	00:22:22	00:43:23	01:37:09	01:10:42	01:33:42
439	808	PEDRO	MARIÑO RIVADULLA	M-422	MST3M-82		POIO		01:40:21	00:04:46	01:40:06	00:04:45	01:40:21	00:22:16	00:43:53	01:36:53	01:10:33	01:33:13
440	182	ÁLVARO	LÓPEZ JÁCOME	M-423	MST3M-83		CORUÑA (A)		01:40:22	00:04:46	01:39:29	00:04:43	01:40:22	00:24:22	00:45:38	01:37:04	01:11:54	01:33:42
441	1111	JOSE MANUEL	GONZÁLEZ SANTAMARÍA	M-424	MST3M-84		BOIRO	AG-2015071	01:40:24	00:04:46	01:39:56	00:04:45	01:40:24	00:21:46	00:43:05	01:29:54	01:10:34	01:33:28
442	661	CARLA	GONZÁLEZ BARGO	F-18		CLUBE ATLETISMO OUTES - MARISCOS ANTÓN	ROIS		01:40:24	00:04:46	01:39:57	00:04:45	01:40:24	00:21:45	00:43:08	01:37:03	01:10:34	01:33:30
443	1100	ANGEL	GONDAR	M-425	MST1M-52		SANXENXO		01:40:25	00:04:46	01:39:58	00:04:45	01:40:25	00:22:43	00:44:38	01:37:23	01:12:12	01:34:01
444	1146	FRANCISCO JAVIER	MARIÑO VIÉITEZ	M-426			CANGAS		01:40:32	00:04:46	01:39:19	00:04:43	01:40:32	00:23:44	00:45:07	01:37:23	01:12:17	01:33:58
445	206	NACHO	SAIZ VELDUQUE	M-427	MST1M-53		CORUÑA (A)		01:40:34	00:04:46	01:40:16	00:04:46	01:40:34	00:21:51	00:43:20	01:37:04	01:10:19	01:33:20
446	692	JOSÉ LUIS	AMADO RODRÍGUEZ	M-428	MST2M-123	SOCIEDAD GIMNASTICA DE PONTEVEDRA	FENE		01:40:35	00:04:47	01:40:08	00:04:45	01:40:35	00:21:18	00:42:35	01:37:10	01:10:14	01:33:26
447	892	MIGUEL	RODRIGUEZ TILVE	M-429		BRUNCH RUN CLUB	PONTEVEDRA		01:40:35	00:04:47	01:40:22	00:04:46	01:40:35	00:21:28	00:43:26	01:37:23	01:11:21	01:33:54
448	200	MARCOS ANTONIO	BLANCO FIGUEIRIDO	M-430	MST3M-85	CLUB ATLETISMO OUTES	OUTES	AG9519	01:40:38	00:04:47	01:40:17	00:04:46	01:40:38	00:21:55	00:43:22	01:37:19	01:10:46	01:33:45
449	641	GERMÁN	PÉREZ VIDAL	M-431	MST3M-86	CLUB ATLEETISMO NOIA	NOIA	AG9531	01:40:40	00:04:47	01:40:18	00:04:46	01:40:40	00:21:54	00:43:22	01:37:18	01:10:46	01:33:46
450	434	ALEJANDRO	PÉREZ ABOLI	M-432	MST3M-87		CAMBRE		01:40:46	00:04:47	01:40:16	00:04:46	01:40:46	00:22:37	00:44:26	01:37:32	01:11:43	01:33:57
451	180	MAGDALENA	KLOUCHI	F-19	MST1F-6		OLEIROS		01:40:49	00:04:47	01:40:37	00:04:47	01:40:49	00:22:32	00:44:25	01:37:43	01:11:46	01:34:15
452	432	EMILIO	PAZ GÍAO	M-433	MST3M-88	ACEA DE AMA TRI ARTEIXO	BERGONDO	32789694.0	01:41:01	00:04:48	01:40:25	00:04:46	01:41:01	00:22:48	00:44:20	01:37:40	01:11:24	01:33:59
453	172	SAMUEL	FERNÁNDEZ PÉREZ	M-434	MST1M-54		CORUÑA (A)		01:41:04	00:04:48	01:40:39	00:04:47	01:41:04	00:22:25	00:44:01	01:37:52	01:11:17	01:34:23
454	873	FRANCISCO JAVIER	VILLAMISAR CALVIÑO	M-435	MST4M-9		CORUÑA (A)		01:41:04	00:04:48	01:40:50	00:04:47	01:41:04	00:22:37	00:44:32	01:37:55	01:12:02	01:34:30
455	691	PABLO	LOIS	M-436	MST1M-55	SIN CLUB	PONTEVEDRA		01:41:07	00:04:48	01:40:49	00:04:47	01:41:07	00:20:20	00:41:11	01:37:40	01:09:05	01:33:44
456	234	DAVID	ÁLVAREZ VAZQUEZ	M-437	MST2M-124	CASTRO TRAIL	TOÉN		01:41:07	00:04:48	01:40:41	00:04:47	01:41:07	00:21:02	00:41:47	01:37:44	01:09:33	01:33:46
457	1317	DOLORES	GALEGO CASAS	F-20	MST2F-4		GALICIA		01:41:08	00:04:48	01:40:34	00:04:46	01:41:08	00:21:41	00:43:40	01:37:54	01:11:17	01:34:24
458	746	PATRICIA	DÍAZ SOUTULLO	F-21	MST1F-7		GROVE (O)		01:41:13	00:04:48	01:40:47	00:04:47	01:41:13	00:23:06	00:44:53	01:38:00	01:12:17	01:34:32
459	815	NICOLAS	MOLINOS OTERO	M-438	MST1M-56		GUARDA (A)		01:41:13	00:04:48	01:40:48	00:04:47	01:41:13	00:23:05	00:44:52	01:38:00	01:12:15	01:34:32
460	523	DIANA	GARCIA	F-22	MST1F-8		CARBALLO		01:41:15	00:04:48	01:41:15	00:04:48	01:41:15	00:21:53	00:43:22	01:37:59	01:11:09	01:34:26
461	114	MANUEL	ESTÉVEZ GARCÍA	M-439	MST4M-10	ACADEMIA FONSECA	VIGO		01:41:16	00:04:48	01:40:58	00:04:48	01:41:16	00:22:04	00:44:03	01:38:10	01:12:12	01:34:49
462	635	ALBERTO	FIGUEIRO ALFONSO	M-440	MST3M-89	C.D. RIA DE AROUSA O GROVE	GROVE (O)		01:41:22	00:04:49	01:40:59	00:04:48	01:41:22	00:22:08	00:43:44	01:38:02	01:11:06	01:34:31
463	402	JUANMA	FERNÁNDEZ PÉREZ	M-441	MST2M-125	TRIEUME AS PONTES	PONTES DE GARCÍA RODRÍGUEZ (AS)		01:41:26	00:04:49	01:40:56	00:04:48	01:41:26	00:22:34	00:44:01	01:37:59	01:11:14	01:34:22
464	232	JOSÉ	RODRÍGUEZ NOVO	M-442	MST4M-11		LUGO		01:41:33	00:04:49	01:41:13	00:04:48	01:41:33	00:21:57	00:43:33	01:37:56	01:11:22	01:34:15
465	1066	AARÓN	FERNÁNDEZ SERRANO	M-443	MST1M-57		CORUÑA (A)		01:41:36	00:04:49	01:40:53	00:04:47	01:41:36	00:22:58	00:45:00	01:38:20	01:12:18	01:34:57
466	1083	MANUEL	GARCÍA FERNÁNDEZ	M-444			REDONDELA		01:41:42	00:04:50	01:41:08	00:04:48	01:41:42	00:22:34	00:44:25	01:38:19	01:11:42	01:34:41
467	1037	JOSE FRANCISCO	DOMINGUEZ TORRES	M-445	MST3M-90		POBRA DO CARAMIÑAL (A)		01:41:44	00:04:50	01:40:49	00:04:47	01:41:44	00:23:09	00:44:51	01:38:23	01:12:16	01:34:53
468	1015	ALEXANDRE	CASTRO RODRIGUEZ	M-446			PONTEVEDRA		01:41:47	00:04:50	01:41:14	00:04:48	01:41:47	00:22:27	00:43:02	01:38:20	01:11:11	01:34:21
469	535	LUCIA	CASTRO	F-23			AMES		01:41:48	00:04:50	01:41:30	00:04:49	01:41:48	00:21:55	00:44:02	01:38:36	01:12:01	01:35:07
470	600	PEDRO	LEMONS	M-447			PORRIÑO (O)		01:41:50	00:04:50	01:41:29	00:04:49	01:41:50	00:22:22	00:44:05	01:38:29	01:11:50	01:34:46
471	817	SAMUEL	MORALES FERRER	M-448	MST1M-58		ZARAGOZA		01:41:54	00:04:50	01:40:29	00:04:46	01:41:54	00:24:36	00:46:19	01:38:48	01:13:15	01:35:22
472	655	RAFAEL	MILLAN GOMEZ	M-449	MST2M-126	CLUB DEPORTIVO PINARIUM	PONTEVEDRA	186.0	01:41:56	00:04:50	01:41:44	00:04:50	01:41:56	00:21:48	00:43:39	01:38:31	01:11:42	01:35:02
473	1316	ASIER	ROMERO GASAMANES	M-450	MST2M-127		GALICIA		01:42:05	00:04:51	01:41:03	00:04:48	01:42:05	00:23:46	00:45:55	01:38:52	01:13:29	01:35:31
474	113	AGUSTIN	ESTEBAN BLANCO	M-451	MST1M-59		ALBACETE		01:42:11	00:04:51	01:41:50	00:04:50	01:42:11	00:21:56	00:43:25	01:38:31	01:11:13	01:34:58
475	1063	AMANDA	FERNÁNDEZ LÓPEZ	F-24			POBIA		01:42:19	00:04:51	01:41:46	00:04:50	01:42:19	00:22:52	00:44:36	01:38:57	01:12:11	01:35:15
476	293	MARTIN	RODRIGUEZ CONDE	M-452		CLUB ATLETISMO OUTES	OUTES		01:42:23	00:04:52	01:41:53	00:04:50	01:42:23	00:23:20	00:45:32	01:39:17	01:13:31	01:35:52
477	652	EMILIO JOSE	JOVE CASTRO	M-453	MST3M-91	CLUB CASTRO DE LOBADIZ	FERROL		01:42:25	00:04:52	01:42:03	00:04:51	01:42:25	00:22:57	00:45:16	01:39:27	01:13:15	01:36:07
478	654	CARLOS	CAPA CASTIÑEIRAS	M-454	MST3M-92	CLUB DEPORTIVO PINARIUM	MARÍN	AG 2025558	01:42:28	00:04:52	01:42:18	00:04:51	01:42:28	00:21:01	00:42:40	01:38:56	01:10:48	01:35:07
479	825	FRANCISCO	OTERO LÓPEZ	M-455	MST2M-128		VIGO		01:42:29	00:04:52	01:42:16	00:04:51	01:42:29	00:21:57	00:43:44	01:39:16	01:11:46	01:35:46
480	211	PABLO	SOBRINO BRAVO	M-456	MST2M-129	BRUTANZOS TEAM	BETANZOS		01:42:30	00:04:52	01:42:19	00:04:51	01:42:30	00:21:02	00:42:26	01:39:05	01:10:32	01:35:07
481	453	IGNACIO ALEKOS	ROMERO BORRERO	M-457	MST2M-130		CORUÑA (A)		01:42:32	00:04:52	01:41:21	00:04:49	01:42:32	00:23:18	00:45:11	01:39:26	01:12:59	01:35:51
482	943	AURELIO	CASTRO RODRÍGUEZ	M-458	MST4M-12	TRABANDAINAS	BARCO DE VALDEORRAS (O)		01:42:36	00:04:52	01:41:51	00:04:50	01:42:36	00:23:43	00:45:42	01:39:24	01:13:14	01:35:48
483	912	ANTONIO																

510	406	LUCAS	FIUZA ABEIJON	M-483			CORUÑA (A)	01:43:39	00:04:55	01:42:43	00:04:53	01:43:39	00:24:41	00:47:17	01:40:41	01:15:25	01:37:23
511	41	ANA	MIRAGAYA	F-28	MST3F-2	CLUB ATLETISMO SADA	MIÑO	01:43:40	00:04:55	01:43:32	00:04:55	01:43:40	00:21:28	00:43:20	01:40:07	01:11:52	01:36:23
512	1090	JESÚS	GARCÍA LINEIRA	M-484	MST2M-139		PONTEVEDRA	01:43:43	00:04:55	01:43:08	00:04:54	01:43:43	00:23:44	00:46:35	01:40:30	01:14:47	01:36:58
513	275	EDUARDO	FIGUEIRAS LORENZO	M-485		EL CANARIO	RIBEIRA	01:43:46	00:04:56	01:43:17	00:04:54	01:43:46	00:22:36	00:44:29	01:40:27	01:13:13	01:36:51
514	173	MARÍA	FIDALGO PAZ	F-29			CORUÑA (A)	01:43:47	00:04:56	01:43:40	00:04:55	01:43:47	00:21:55	00:43:35	01:40:29	01:12:32	01:36:43
515	529	ABEL	RAMOS YÁÑEZ	M-486			CARIÑO	01:43:48	00:04:56	01:43:13	00:04:54	01:43:48	00:23:17	00:44:35	01:40:28	01:12:47	01:36:44
516	277	PABLO	HERMO TUBIO	M-487			NOIA	01:43:52	00:04:56	01:42:50	00:04:53	01:43:52	00:25:25	00:48:39	01:40:48	01:16:04	01:37:34
517	1045	IVÁN	ESCARIZ TORRES	M-488			ILLA DE AROUSA (A)	01:43:57	00:04:56	01:43:30	00:04:55	01:43:57	00:23:40	00:46:36	01:40:53	01:15:23	01:37:24
518	601	NOELIA	LOJO LÓPEZ	F-30			RIANXO	01:44:01	00:04:56	01:43:10	00:04:54	01:44:01	00:24:16	00:47:03	01:41:09	01:15:25	01:37:55
519	294	MARCOS	RODRÍGUEZ GARCIA	M-489	MST2M-140		PORTO DO SON	01:44:02	00:04:56	01:43:36	00:04:55	01:44:02	00:22:18	00:44:47	01:40:52	01:13:31	01:37:20
520	657	ÁNGEL	RODAL DÍZ	M-490	MST3M-98	CLUB DEPORTIVO PINARIUM	MARÍN	01:44:05	00:04:56	01:43:51	00:04:56	01:44:05	00:22:22	00:45:04	01:40:53	01:13:52	01:37:17
521	284	ADRIÁN	MARTÍNO IGLESIAS	M-491	MST2M-141		MADRID	01:44:08	00:04:57	01:42:58	00:04:53	01:44:08	00:24:42	00:47:55	01:41:08	01:16:19	01:37:53
522	723	SIMÓN	BUJÍA TOURON	M-492	MST1M-61		PONTEVEDRA	01:44:09	00:04:57	01:43:47	00:04:56	01:44:09	00:23:09	00:45:44	01:40:44	01:13:47	01:37:10
523	810	FERNANDO	MARTÍNEZ FERNÁNDEZ	M-493	MST1M-62		VIGO	01:44:09	00:04:57	01:43:13	00:04:54	01:44:09	00:23:28	00:45:18	01:40:45	01:13:42	01:37:13
524	353	PEDRO	PEREIRA-BORRAJO NÚÑEZ	M-494	MST2M-142		VIGO	01:44:15	00:04:57	01:43:26	00:04:55	01:44:15	00:24:28	00:46:38	01:41:03	01:15:26	01:37:43
525	843	JUAN ALFONSO	PRIETO SANROMÁN	M-495	MST1M-63		CANGAS	01:44:15	00:04:57	01:43:26	00:04:55	01:44:15	00:24:28	00:46:39	01:41:03	01:15:25	01:37:41
526	76	DAVID	PUENTE LIÑARES	M-496	MST2M-143		ESTRADA (A)	01:44:19	00:04:57	01:43:58	00:04:56	01:44:19	00:22:09	00:44:10	01:40:56	01:12:47	01:37:16
527	414	IAGO	GONZÁLEZ CAPARRÓS	M-497		VE AL PUTO GIMNASIO	CORUÑA (A)	01:44:21	00:04:57	01:43:42	00:04:55	01:44:21	00:23:39	00:45:36	01:40:53	01:13:26	01:37:17
528	61	ROSÍÑA	FERNÁNDEZ DE SANMAMED	F-31			PORTO DO SON	01:44:22	00:04:57	01:43:57	00:04:56	01:44:22	00:22:23	00:44:48	01:40:52	01:13:33	01:37:21
529	248	JOSÉ MARIA	LEVOSO TOUCEDA	M-498	MST3M-99	ESPRINTES OURENSE	CORUÑA (A)	01:44:24	00:04:57	01:44:03	00:04:56	01:44:24	00:21:49	00:44:10	01:40:44	01:12:43	01:37:03
530	181	JUNIOR	LÓPEZ CASTRO	M-499	MST2M-144		ORTIGUEIRA	01:44:26	00:04:57	01:43:56	00:04:56	01:44:26	00:23:18	00:46:22	01:41:14	01:15:06	01:37:48
531	1162	DAVID	MORA GONZÁLEZ	M-500	MST1M-64		MADRID	01:44:27	00:04:58	01:43:18	00:04:54	01:44:27	00:24:30	00:46:15	01:41:08	01:14:40	01:37:35
532	803	ÁNGEL	LORENZO SILVA	M-501	MST3M-100		PADRÓN	01:44:27	00:04:58	01:43:28	00:04:55	01:44:27	00:23:54	00:46:24	01:41:13	01:14:26	01:37:41
533	405	ADRIAN	FIDALGO SANCHEZ	M-502		TRIATLON ARTEIXO	ARTEIXO	01:44:27	00:04:58	01:43:54	00:04:56	01:44:27	00:22:47	00:45:25	01:41:07	01:14:09	01:37:38
534	1248	ANTONIO	ROGEL MESIAS	M-503			PONTEVEDRA	01:44:27	00:04:58	01:43:32	00:04:55	01:44:27	00:24:04	00:45:47	01:40:46	01:12:51	01:36:55
535	651	JUAN	SUAREZ BOUZA	M-504	MST3M-101	CLUB ATLETISMO TORTUJAS	OUTOS	01:44:30	00:04:58	01:44:12	00:04:57	01:44:30	00:22:02	00:44:51	01:41:14	01:14:09	01:37:38
536	309	DAVID	VILARIÑO DA SILVA	M-505			TOINÉS	01:44:30	00:04:58	01:44:00	00:04:56	01:44:30	00:23:22	00:45:35	01:41:10	01:13:46	01:37:31
537	667	MANUEL RAFAEL	PÉREZ GONZÁLEZ	M-506	MST3M-102	ESPRINTES OURENSE	PEREIRO DE AGUIAR (O)	01:44:35	00:04:58	01:43:23	00:04:54	01:44:35	00:24:20	00:46:57	01:41:30	01:15:25	01:38:13
538	1052	ASIER MANUEL	FARIÑA BIASI	M-507	MST1M-65		PONTEVEDRA	01:44:36	00:04:58	01:44:05	00:04:56	01:44:36	00:23:41	00:46:45	01:41:27	01:15:26	01:38:04
539	1144	BRYAN	MANDARADONI CARBALLO	M-508	MST2M-145		FENE	01:44:37	00:04:58	01:43:48	00:04:56	01:44:37	00:23:53	00:46:18	01:41:15	01:14:45	01:37:42
540	511	JOSE LUIS	PÉREZ GULIN	M-509	MST3M-103		CELANOVA	01:44:41	00:04:58	01:43:35	00:04:55	01:44:41	00:24:39	00:46:40	01:41:26	01:15:23	01:37:58
541	159	LUIS MIGUEL	SILVA ALONSO	M-510	MST1M-66		VIGO	01:44:41	00:04:58	01:44:06	00:04:57	01:44:41	00:23:46	00:46:35	01:41:13	01:14:46	01:37:39
542	280	FRANCISCO	LIEBANAS SANTOS	M-511	MST1M-67	MASCATO SALVATERRA	BAIONA	01:44:49	00:04:59	01:44:08	00:04:57	01:44:49	00:23:44	00:46:35	01:41:33	01:15:21	01:38:03
543	459	SANTIAGO	TOMÉ CANCELA	M-512		TEAM DG	CORISTANCO	01:44:50	00:04:59	01:44:12	00:04:57	01:44:50	00:23:37	00:46:44	01:41:44	01:15:24	01:38:15
544	886	ADRIÁN	ESTÉVEZ SOBRIDO	M-513		BNZ RUN CLUB	POBRA DO CARAMIÑAL (A)	01:44:51	00:04:59	01:44:25	00:04:57	01:44:51	00:22:46	00:45:18	01:41:08	01:13:25	01:37:32
545	546	ERICA	FERNÁNDEZ PASCUAL	F-32	MST2F-6	BNZ RUN CLUB	PONTECESURES	01:44:51	00:04:59	01:44:26	00:04:57	01:44:51	00:22:45	00:45:24	01:41:28	01:14:07	01:37:50
546	631	JOSE	SANLES ESTEVEZ	M-514		BNZ RUN CLUB	BOIRO	01:44:52	00:04:59	01:44:26	00:04:57	01:44:52	00:22:47	00:45:31	01:41:28	01:14:08	01:37:58
547	416	JAVIER	GRANDIO GONZALEZ	M-515			CORUÑA (A)	01:44:57	00:04:59	01:44:03	00:04:56	01:44:57	00:23:45	00:46:37	01:41:32	01:15:24	01:38:01
548	581	LAURA	PÉREZ TRABAZO	F-33		SD COMPOSTELA ATLETISMO	POIO	01:44:58	00:04:59	01:44:52	00:04:59	01:44:58	00:21:53	00:44:28	01:41:35	01:13:52	01:37:52
549	276	ALBERTO	FRANCO REY	M-516	MST2M-146		SANTIAGO DE COMPOSTELA	01:45:00	00:04:59	01:44:29	00:04:58	01:45:00	00:23:30	00:46:16	01:41:45	01:15:11	01:38:16
550	1205	CARLOS	PERNAS DOBALO	M-517			POIO	01:45:02	00:04:59	01:44:20	00:04:57	01:45:02	00:24:29	00:47:49	01:41:52	01:16:40	01:38:25
551	610	SERGIO	POSE FERNÁNDEZ	M-518			CORUÑA (A)	01:45:03	00:04:59	01:44:54	00:04:59	01:45:03	00:23:53	00:47:04	01:41:45	01:15:11	01:38:06
552	877	ÉRICA	DOMÍNGUEZ PAIS	F-34		ASOCIACIÓN DEPORTIVA OLIMPIA	DUMBRIA	01:45:04	00:04:59	01:44:41	00:04:58	01:45:04	00:23:30	00:46:17	01:41:56	01:14:56	01:38:18
553	1220	MARTÍN	RECAMÁN PAZOS	M-519			PONTEVEDRA	01:45:04	00:04:59	01:44:32	00:04:58	01:45:04	00:22:48	00:44:26	01:41:40	01:12:09	01:38:06
554	281	ÁNGEL	LÓPEZ LORENZO	M-520	MST3M-104		SANTIAGO DE COMPOSTELA	01:45:06	00:04:59	01:44:17	00:04:57	01:45:06	00:23:32	00:46:27	01:41:52	01:15:23	01:38:17
555	531	PABLO	GALÁN RODRÍGUEZ	M-521	MST2M-147		CORUÑA (A)	01:45:07	00:04:59	01:44:29	00:04:58	01:45:07	00:23:39	00:46:35	01:41:52	01:15:22	01:38:19
556	1107	JONATHAN	GONZÁLEZ PEÑA	M-522	MST2M-148		EXTRANJERO	01:45:07	00:04:59	01:44:14	00:04:57	01:45:07	00:24:44	00:48:00	01:41:59	01:16:20	01:38:30
557	1041	ALVARO	DURON LAZO	M-523	MST2M-149		BOULOGNE-BILLANCOURT	01:45:09	00:05:00	01:44:38	00:04:58	01:45:09	00:22:35	00:44:07	01:41:30	01:11:54	01:37:36
558	178	LIDIA	GONZÁLEZ PEÑAS	F-35			TEO	01:45:10	00:05:00	01:44:47	00:04:58	01:45:10	00:23:26	00:46:28	01:42:01	01:15:21	01:38:22
559	440	BRAIS	QUINTAIROS MANSO	M-524		NOSPORTLIMIT	CORUÑA (A)	01:45:13	00:05:00	01:44:29	00:04:58	01:45:13	00:23:43	00:46:34	01:41:53	01:15:23	01:38:20
560	119	ANDRES	GALLEGO MARTÍN-ESPERANZA	M-525	MST4M-13	CASTRELOS 20:30	VIGO	01:45:19	00:05:00	01:44:59	00:04:59	01:45:19	00:22:01	00:44:36	01:41:48	01:13:36	01:37:59
561	506	IVÁN	NORES	M-526			OURENSE	01:45:20	00:05:00	01:44:16	00:04:57	01:45:20	00:24:01	00:46:00	01:41:53	01:14:20	01:37:58
562	793	JAVIER	LAGO BERNÁNDEZ	M-527			PONTEVEDRA	01:45:22	00:05:00	01:45:04	00:04:59	01:45:22	00:22:23	00:44:05	01:41:59	01:12:57	01:38:04
563	188	CAROLINA	MONTENEGRO DE RAMON	F-36	MST2F-7		CORUÑA (A)	01:45:23	00:05:00	01:44:49	00:04:59	01:45:23	00:23:25	00:46:28	01:42:15	01:15:19	01:38:40
564	717	DAMIÁN	ANDRADE PADIN	M-528	MST2M-150		POIO	01:45:25	00:05:00	01:45:13	00:05:00	01:45:25	00:23:14	00:46:32	01:42:07	01:15:19	01:38:32
565	700	CHEMA	FERNANDEZ REY	M-529	MST3M-105	TRIATLON VILAGARCIA	VILAGARCÍA DE AROUSA	01:45:25	00:05:00	01:44:45	00:04:58	01:45:25	00:23:43	00:46:37	01:42:00	01:15:25	01:38:21
566	507	JONATHAN	PARADA MOJON	M-530			ALLARIZ	01:45:28	00:05:00	01:44:46	00:04:58	01:45:28	00:24:04	00:46:52	01:42:17	01:15:48	01:38:43
567	916	ALBERTO	MONTENEGRO	M-531	MST3M-106	DALPHI METAL ESPAÑA, S.A.U	PONTEVEDRA	01:45:32	00:05:01	01:44:47	00:04:58	01:45:32	00:23:42	00:46:36	01:42:09	01:15:23	01:38:28
568	863	PABLO	SUÁREZ LÓPEZ	M-532			OVEDO	01:45:39	00:05:01	01:45:11	00:05:00	01:45:39	00:23:57	00:47:00	01:42:29	01:16:02	01:39:01
569	1262	SILVIA	SANTAMARÍA IGLESIAS	F-37			PONTEVEDRA	01:45:39	00:05:01	01:44:54	00:04:59	01:45:39	00:23:23	00:45:33	01:42:02	01:13:29	01:38:06
570	900	ÁNGEL	QUIROS DE LA RIERA	M-533		CEAMSA	VIGO	01:45:42	00:05:01	01:45:05	00:04:59	01:45:42	00:23:00	00:45:34	01:41:49	01:14:06	01:37:57
571	902	IRIA	MARTINEZ PIÑEIRO	F-38		CLUB ATLETISMO CAMBADOS	CAMBADOS	01:45:50	00:05:01	01:44:53	00:04:59	01:45:50	00:24:21	00:			

596	1303	GENIFER	ZENKO	F-47		PONTEVEDRA	01:47:25	00:05:06	01:47:25	00:05:06	01:47:25	00:23:15	00:46:11	01:44:05	01:15:31	01:40:16
597	671	RODRIGO	RUBIAL LALIN	M-550	MST2M-154	LICENCIA DE 1 DIA	01:47:29	00:05:06	01:47:11	00:05:05	01:47:29	00:23:05	00:46:01	01:43:52	01:15:02	01:39:59
598	424	ELENA	MAISON DIAZ DE LA ROCHA	F-48	MST2F-15	CLUB ATLETISMO SADA	01:47:32	00:05:06	01:46:19	00:05:03	01:47:32	00:25:04	00:47:58	01:44:12	01:17:00	01:40:33
599	982	JUAN MIGUEL	BESADA VIDAL	M-551	MST1M-71		01:47:36	00:05:07	01:47:10	00:05:05	01:47:36	00:23:21	00:45:49	01:43:48	01:14:38	01:39:33
600	884	DANIEL	PARADA BREA	M-552	MST1M-72	BNZ RUN CLIB	01:47:38	00:05:07	01:47:01	00:05:05	01:47:38	00:23:50	00:46:49	01:44:07	01:16:01	01:40:22
601	508	MIGUEL ÁNGEL	PARDAVILA IGLESIAS	M-553	MST3M-112	CORRIDA DAS CABRAS	01:47:46	00:05:07	01:46:43	00:05:04	01:47:46	00:25:25	00:48:51	01:44:35	01:18:08	01:41:08
602	911	ANXO	BLANCO TRABAZO	M-554		CLUB REMO RIA DE MARIN	01:47:51	00:05:07	01:47:01	00:05:05	01:47:51	00:23:40	00:46:36	01:44:20	01:15:47	01:40:17
603	422	DANIEL	LOPEZ ENSEATN	M-555			01:47:52	00:05:07	01:46:58	00:05:05	01:47:52	00:23:46	00:46:37	01:44:31	01:15:27	01:40:42
604	444	FERNANDO	REY MIGUEZ	M-556	MST4M-15		01:47:53	00:05:07	01:47:10	00:05:05	01:47:53	00:24:29	00:47:29	01:44:32	01:17:18	01:40:55
605	1034	JOSE ANTONIO	DIAZ GONZALEZ	M-557	MST1M-73		01:48:02	00:05:08	01:47:39	00:05:07	01:48:02	00:23:25	00:46:17	01:44:16	01:14:57	01:40:12
606	1029	DAVID	DAVID TEJADO LODEIRO	M-558	MST1M-74		01:48:07	00:05:08	01:47:36	00:05:06	01:48:07	00:23:12	00:45:43	01:44:22	01:15:29	01:40:37
607	269	JUANMA	CERNADAS MÉNDEZ	M-559	MST3M-113		01:48:08	00:05:08	01:47:29	00:05:06	01:48:08	00:24:21	00:46:59	01:44:22	01:16:01	01:40:27
608	1149	MARISA	MATO MEIHOME	F-49	MST2F-16		01:48:09	00:05:08	01:47:18	00:05:06	01:48:09	00:24:45	00:48:20	01:44:54	01:17:32	01:41:19
609	124	JOSE LUIS	GONZALEZ MACIEL	M-560	MST3M-114	RIZOS TEAM	01:48:10	00:05:08	01:46:55	00:05:05	01:48:10	00:28:02	00:51:25	01:44:57	01:19:00	01:41:33
610	968	JOSÉ MARIA	BABARRO JORRETO	M-561	MST3M-115		01:48:11	00:05:08	01:47:20	00:05:06	01:48:11	00:24:45	00:48:25	01:44:54	01:17:32	01:41:21
611	669	FRANCISCO ELADIO	DIAZ GARCIA	M-562	MST4M-16	GRASIAS	01:48:19	00:05:09	01:47:16	00:05:06	01:48:19	00:24:57	00:47:59	01:44:53	01:16:51	01:41:04
612	620	JOSÉ ANTONIO	LÓPEZ FERNÁNDEZ	M-563	MST3M-116	ARTROGAL-TRI498	01:48:23	00:05:09	01:47:27	00:05:06	01:48:23	00:25:18	00:48:26	01:44:48	01:17:17	01:40:59
613	903	MARCOS	LOPEZ FIGUEIRA	M-564		CLUB ATLETISMO OUTES	01:48:23	00:05:09	01:47:27	00:05:06	01:48:23	00:25:16	00:48:27	01:44:49	01:17:15	01:41:01
614	130	ELISABETH	LODEIRO RODRIGUEZ	F-50	MST2F-17	CLUB ATLETISMO VETERANOS DE SAMIL	01:48:24	00:05:09	01:47:26	00:05:06	01:48:24	00:25:26	00:48:45	01:45:08	01:17:25	01:41:05
615	970	JOSÉ LUIS	BARREIRO LLANO	M-565	MST2M-155		01:48:29	00:05:09	01:47:52	00:05:07	01:48:29	00:24:32	00:48:00	01:45:09	01:17:42	01:41:31
616	345	SAMUEL	LEMONS LÓPEZ	M-566			01:48:36	00:05:09	01:48:03	00:05:08	01:48:36	00:24:49	00:48:40	01:45:24	01:17:59	01:41:45
617	1166	KADU	MORI	M-567	MST2M-156		01:48:36	00:05:09	01:47:48	00:05:07	01:48:36	00:24:44	00:47:53	01:44:58	01:16:50	01:40:53
618	1311	SILVIA	GONZALEZ CASTRO	F-51	MST2F-18		01:48:37	00:05:09	01:48:03	00:05:08	01:48:37	00:24:32	00:48:05	01:45:13	01:17:36	01:41:34
619	362	SAUL	RODRIGUEZ ALONSO	M-568	MST1M-75		01:48:38	00:05:09	01:48:02	00:05:08	01:48:38	00:23:43	00:46:37	01:44:52	01:15:37	01:40:49
620	302	JORGE	TUÑAS ARGIBAY	M-569	MST2M-157		01:48:38	00:05:09	01:48:00	00:05:08	01:48:38	00:24:22	00:47:53	01:45:21	01:18:09	01:41:45
621	474	PABLO	LOPEZ SOUTO	M-570	MST2M-158		01:48:40	00:05:10	01:47:33	00:05:06	01:48:40	00:24:15	00:46:45	01:45:02	01:16:33	01:41:18
622	1273	MANUEL ALEJANDRO	SOLLA GARCIA	M-571	MST2M-159		01:48:40	00:05:10	01:47:40	00:05:07	01:48:40	00:25:19	00:48:50	01:45:43	01:19:24	01:42:23
623	705	JAVIER	SANTOS	M-572	MST3M-117	VETERAN@S DE GALICIA	01:48:42	00:05:10	01:48:00	00:05:08	01:48:42	00:24:02	00:47:10	01:45:11	01:16:59	01:41:28
624	878	JOSÉ LUIS	VILLAVEVERDE CABAILEIRO	M-573	MST4M-17	ATLETAS VETERANOS DE GALICIA	01:48:42	00:05:10	01:48:00	00:05:08	01:48:42	00:24:02	00:47:11	01:45:11	01:16:59	01:41:26
625	364	NICOLAS	RODRIGUEZ DIP	M-574	MST2M-160		01:48:42	00:05:10	01:47:55	00:05:07	01:48:42	00:24:29	00:47:49	01:45:23	01:17:19	01:41:42
626	231	GUILLERMO	PUNÉZ ARIAS	M-575	MST2M-161	LUGO RUNNING CLUB	01:48:45	00:05:10	01:48:13	00:05:08	01:48:45	00:23:59	00:47:03	01:45:19	01:16:38	01:41:33
627	476	NURIA	PASTOR AMOROS	F-52	MST4F-2	LUGO RUNNING CLUB	01:48:45	00:05:10	01:48:13	00:05:08	01:48:45	00:23:56	00:47:02	01:45:19	01:16:35	01:41:32
628	1239	ROMINA	RODRIGUEZ ARCAV	F-53	MST2F-19		01:48:45	00:05:10	01:47:35	00:05:06	01:48:45	00:25:07	00:48:27	01:45:30	01:17:54	01:41:51
629	314	LUCAS	ALVAREZ HERMIDA	M-576			01:48:49	00:05:10	01:47:43	00:05:07	01:48:49	00:26:50	00:50:06	01:45:43	01:19:12	01:42:05
630	252	ANTONIO FRANCISCO	MUÑOZ RUBIO	M-577	MST2M-162		01:48:49	00:05:10	01:48:11	00:05:08	01:48:49	00:24:38	00:48:28	01:45:29	01:18:37	01:41:55
631	55	FRAN	ARCA VÁZQUEZ	M-578	MST1M-76		01:48:52	00:05:10	01:48:23	00:05:09	01:48:52	00:22:51	00:44:31	01:44:17	01:12:13	01:39:21
632	999	DAVID	CALVO COSTAS	M-579	MST2M-163		01:49:07	00:05:11	01:48:01	00:05:08	01:49:07	00:25:13	00:48:48	01:45:58	01:18:24	01:42:15
633	959	ALEXANDRE	ÁLVAREZ MÉNDEZ	M-580			01:49:08	00:05:11	01:48:06	00:05:08	01:49:08	00:25:07	00:48:44	01:46:07	01:18:47	01:42:37
634	550	ALEJANDRO	PUENTE MARTÍNEZ	M-581	MST1M-77	CLUB ATLETISMO A ESTRADA	01:49:11	00:05:11	01:49:02	00:05:11	01:49:11	00:23:56	00:47:16	01:45:39	01:17:09	01:41:42
635	1077	JOSÉ	GALLEGOS VILLALBA	M-582	MST3M-118		01:49:17	00:05:11	01:48:30	00:05:09	01:49:17	00:23:49	00:46:46	01:45:32	01:16:17	01:41:31
636	310	IAGO	VILLANUEVA DOFORNO	M-583			01:49:18	00:05:11	01:48:43	00:05:10	01:49:18	00:24:08	00:47:22	01:45:40	01:17:22	01:41:43
637	1216	ANTONIO	PULIDO CASAS	M-584			01:49:22	00:05:12	01:48:40	00:05:10	01:49:22	00:23:44	00:45:56	01:45:59	01:16:04	01:42:03
638	400	MOISÉS	OTERO ZAPATA	M-585			01:49:23	00:05:12	01:48:15	00:05:08	01:49:23	00:25:27	00:48:57	00:52:36	01:18:59	
639	337	JAVIER	GONZÁLEZ LÓPEZ	M-586			01:49:24	00:05:12	01:48:18	00:05:08	01:49:24	00:26:50	00:50:05	01:46:01	01:19:13	01:42:12
640	666	LUIS	FORNOS GALLEGO	M-587	MST3M-119	ESPRINTES OURENSE	01:49:26	00:05:12	01:48:14	00:05:08	01:49:26	00:25:35	00:48:54	01:45:47	01:17:38	01:41:47
641	410	ALEJANDRO	GARCÍA MARTÍNEZ	M-588			01:49:26	00:05:12	01:48:43	00:05:10	01:49:26	00:24:29	00:47:47	01:45:35	01:16:41	01:41:42
642	97	GRETA	ALVAREZ	F-54			01:49:27	00:05:12	01:48:02	00:05:08	01:49:27	00:25:40	00:49:27	01:46:17	01:19:31	01:42:54
643	1260	PABLO	SANJURJO CASTRO	M-589			01:49:27	00:05:12	01:48:12	00:05:08	01:49:27	00:25:23	00:49:35	01:46:11	01:19:17	01:42:38
644	439	ANDRÉS	POSE GARCÍA	M-590		ATLETISMO RIAZOR CORUÑA	01:49:34	00:05:12	01:48:41	00:05:10	01:49:34	00:24:42	00:48:20	01:46:09	01:17:52	01:42:20
645	591	MERCEDES	DE LA PUENTE ALVAREZ	F-55			01:49:34	00:05:12	01:49:00	00:05:10	01:49:34	00:23:53	00:46:39	01:46:02	01:15:58	01:41:47
646	940	MATÍAS	BENITO ARRIBAS	M-591	MST2M-164	SD COMPOSTELA ATLETISMO	01:49:39	00:05:12	01:49:23	00:05:12	01:49:39	00:24:19	00:47:56	01:45:54	01:17:38	01:41:47
647	359	ALBA	RIAL VIDAL	F-56			01:49:51	00:05:13	01:49:04	00:05:11	01:49:51	00:24:10	00:47:58	01:46:36	01:18:07	01:42:48
648	1290	JAIME	UBEIRA PEREZ	M-592	MST4M-18		01:49:57	00:05:13	01:49:28	00:05:12	01:49:57	00:23:42	00:47:37	01:46:33	01:17:54	01:42:44
649	72	ESTRELLA	MOREIRA BRENLLA	F-57	MST2F-20	ENTRENARUNNING	01:49:59	00:05:13	01:49:36	00:05:12	01:49:59	00:24:58	00:48:45	01:46:44	01:18:58	01:43:11
650	268	PAULO	CASTRO CASTIÑEIRAS	M-593	MST2M-165	ENTRENARUNNING	01:49:59	00:05:13	01:49:37	00:05:12	01:49:59	00:24:59	00:48:45	01:46:43	01:18:59	01:43:13
651	308	JUÁN PEDRO	VIGO SANZ	M-594	MST3M-120	ENTRENARUNNING	01:50:01	00:05:13	01:49:11	00:05:11	01:50:01	00:25:46	00:49:09	01:46:41	01:18:42	01:42:53
652	1109	NAHIR	GONZÁLEZ RODRIGUEZ	F-58			01:50:05	00:05:14	01:49:24	00:05:12	01:50:05	00:24:41	00:48:38	01:46:45	01:19:32	01:43:08
653	1222	XOÁN	RECUNA ARANDA	M-595			01:50:08	00:05:14	01:49:06	00:05:11	01:50:08	00:26:53	00:50:21	01:46:27	01:18:45	01:42:39
654	929	JOSE MANUEL	PÉREZ ÁLVAREZ	M-596	MST1M-78	LONZA BIOLOGICS	01:50:09	00:05:14	01:49:24	00:05:12	01:50:09	00:24:45	00:48:38	01:46:49	01:18:39	01:43:11
655	1192	IVÁN	PAZ GIL	M-597	MST2M-166		01:50:13	00:05:14	01:49:31	00:05:12	01:50:13	00:24:26	00:47:42	01:46:24	01:17:20	01:42:21
656	267	DANIEL	CASTRO CARREGAL	M-598	MST1M-79		01:50:16	00:05:14	01:48:57	00:05:10	01:50:16	00:27:04	00:50:56	01:47:09	01:20:58	01:43:50
657	409	ANA	GARCÍA LORENZO	F-59		NOSPORTLIMIT	01:50:19	00:05:14	01:49:32	00:05:12	01:50:19	00:24:41	00:48:39	01:47:07	01:19:10	01:43:24
658	673	JOSE MANUEL	JUNCAL CARRAGAL	M-599	MST2M-167	MILLER RUNNING CLUB	01:50:24	00:05:14	01:49:41	00:05:12	01:50:24	00:24:00	00:47:18	01:47:12	01:17:11	01:43:43
659	94	VIRGINIA	VÁZQUEZ CASTRO	F-60	MST2F-21	ATLETISMO FONTES DO SAR	01:50:24	00:05:14	01:50:01							

682	772	JAVIER	GARCÍA GIL	M-622	MST2M-173	LALIN	01:51:07	00:05:17	01:49:46	00:05:13	01:51:07	00:25:34	00:49:33	01:47:44	01:19:38	01:44:03
683	978	CECILIA	BERGUEIRO SALGUEIRO	F-61		SANXENXO	01:51:08	00:05:17	01:50:37	00:05:15	01:51:08	00:22:53	00:46:13	01:47:53	01:17:05	01:44:09
684	1076	MARIO	GALLEGO CARBALLO	M-623	MST3M-125	BUEU	01:51:08	00:05:17	01:50:08	00:05:14	01:51:08	00:25:22	00:49:02	01:47:58	01:19:41	01:44:12
685	1241	SILVIA	RODRIGUEZ DOMINGUEZ	F-62		GROVE (O)	01:51:08	00:05:17	01:50:23	00:05:14	01:51:08	00:24:54	00:48:38	01:47:35	01:18:41	01:43:31
686	1289	JORGE	UBEIRA LAGO	M-624	MST2M-174	VILAGARCÍA DE AROUSA	01:51:09	00:05:17	01:50:22	00:05:14	01:51:09	00:24:40	00:48:47	01:47:50	01:19:45	01:44:06
687	387	RAMÓN	ALVAREZ REY	M-625	MST2M-175	CORUÑA (A)	01:51:09	00:05:17	01:50:41	00:05:15	01:51:09	00:23:20	00:46:23	01:47:34	01:17:04	01:43:32
688	344	ROBERTO	LEMONS FERNANDEZ	M-626	MST2M-176	PORRINO (O)	01:51:10	00:05:17	01:50:37	00:05:15	01:51:10	00:24:42	00:48:39	01:47:59	01:19:45	01:44:15
689	1028	JORGE	CUQUEJO ALONSO	M-627	MST3M-126	CAMBADOS	01:51:11	00:05:17	01:50:14	00:05:14	01:51:11	00:24:56	00:48:40	01:47:58	01:19:44	01:44:15
690	1024	SECUNDINO	COSTAS SANZ	M-628	MST2M-177	VIGO	01:51:12	00:05:17	01:50:20	00:05:14	01:51:12	00:24:43	00:48:38	01:47:57	01:19:42	01:44:12
691	1037	LUIS	BAR PEREZ	M-629	MST3M-127	GALICIA	01:51:12	00:05:17	01:50:37	00:05:15	01:51:12	00:24:38	00:48:39	01:47:57	01:19:44	01:44:21
692	1315	EVA	CID	F-63	MST2F-22	GALICIA	01:51:12	00:05:17	01:50:37	00:05:15	01:51:12	00:24:40	00:48:38	01:47:57	01:19:43	01:44:16
693	677	MATIAS	RODRIGUEZ GONZALEZ	M-630	MST2M-178	LUGO	01:51:15	00:05:17	01:50:47	00:05:16	01:51:15	00:25:03	00:49:45	01:47:58	01:20:00	01:44:17
694	954	PATRICIA	ALONSO SUAREZ	F-64		VEGADEO	01:51:17	00:05:17	01:50:36	00:05:15	01:51:17	00:24:45	00:46:52	01:47:46	01:17:41	01:43:44
695	880	TAMARA CECILIA	VIA	F-65	MST3F-3	TEO	01:51:21	00:05:17	01:50:43	00:05:15	01:51:21	00:24:41	00:48:30	01:47:56	01:18:50	01:44:16
696	1044	FRANCISCO	ENSEÑAT MIRET	M-631		MARRATXI	01:51:25	00:05:17	01:50:15	00:05:14	01:51:25	00:24:53	00:48:33	01:47:59	01:19:12	01:44:16
697	851	SERGIO	RODRIGUEZ REY	M-632		VIGO	01:51:45	00:05:18	01:51:25	00:05:17	01:51:45	00:21:27	00:44:44	01:47:46	01:15:11	01:43:07
698	412	MARTIN	GÓMEZ BERGONDO	M-633	MST2M-179	CORUÑA (A)	01:51:49	00:05:18	01:51:17	00:05:17	01:51:49	00:22:56	00:46:10	01:48:09	01:16:57	01:43:59
699	442	ANTÓN	RAMÓN CANOSA	M-634		MUXIA	01:51:50	00:05:19	01:51:13	00:05:17	01:51:50	00:23:42	00:46:39	01:47:57	01:17:19	01:44:05
700	303	MIRIAM	VARELA SÁNCHEZ	F-66		MELIDE	01:51:51	00:05:19	01:51:13	00:05:17	01:51:51	00:24:45	00:48:58	01:48:34	01:20:05	01:44:44
701	367	JOSÉ JAVIER	RODRIGUEZ PEREIRO	M-635	MST2M-180	VIGO	01:51:52	00:05:19	01:51:13	00:05:17	01:51:52	00:24:39	00:48:39	01:48:12	01:19:44	01:44:18
702	431	FELIPE	OVALLE PINTOR	M-636	MST2M-181	CORUÑA (A)	01:51:55	00:05:19	01:51:02	00:05:16	01:51:55	00:24:41	00:48:26	01:48:20	01:19:10	01:44:25
703	991	JOSE MANUEL	BREA FLORIANI	M-637	MST3M-128	SANTIAGO DE COMPOSTELA	01:52:05	00:05:19	01:51:22	00:05:17	01:52:05	00:24:21	00:48:05	01:48:23	01:18:23	01:44:19
704	1103	BRAULIO	GONZÁLEZ CURRO	M-638	MST2M-182	VILABOA	01:52:10	00:05:19	01:51:31	00:05:18	01:52:10	00:23:42	00:46:39	01:48:40	01:18:30	01:44:43
705	1279	DANIEL	TOMÁS LÓPEZ	M-639	MST2M-183	PONTEVEDRA	01:52:10	00:05:19	01:51:02	00:05:16	01:52:10	00:27:14	00:51:26	01:48:49	01:21:10	01:45:05
706	1282	JUAN CARLOS	TORRES JAIME	M-640	MST2M-184	SOUTOMAIOR	01:52:12	00:05:20	01:51:10	00:05:17	01:52:12	00:25:30	00:49:45	01:48:44	01:20:01	01:44:47
707	1265	JOSE IGNACIO	SERANTES LOPEZ	M-641	MST2M-185	PONTEVEDRA	01:52:14	00:05:20	01:51:15	00:05:17	01:52:14	00:25:11	00:49:21	01:48:59	01:20:15	01:45:09
708	1242	EFREN	RODRIGUEZ FERNANDEZ	M-642	MST2M-186	VIGO	01:52:14	00:05:20	01:51:17	00:05:17	01:52:14	00:25:25	00:48:46	01:48:17	01:18:28	01:44:16
709	1020	ALBERTO	COLINAS PIÑEIRO	M-643		CANGAS	01:52:17	00:05:20	01:51:11	00:05:17	01:52:17	00:25:53	00:50:24	01:49:20	01:21:03	01:45:38
710	972	EVA	BASANTA FOUZ	F-67		POL	01:52:29	00:05:20	01:51:17	00:05:17	01:52:29	00:25:27	00:49:32	01:49:00	01:20:05	01:45:08
711	1194	PABLO	PAZOS TOMAS	M-644		PONTEVEDRA	01:52:29	00:05:20	01:51:53	00:05:19	01:52:29	00:23:34	00:46:02	01:47:42	01:15:10	01:42:18
712	2450	DANIEL	GARCÍA HERNÁNDEZ	M-645		OLEIROS	01:52:30	00:05:20	01:51:17	00:05:17	01:52:30	00:25:27	00:49:30	01:49:00	01:20:09	01:45:10
713	988	LUIGI	BOSETTI VEGA	M-646	MST1M-84	PONTEVEDRA	01:52:32	00:05:21	01:51:58	00:05:19	01:52:32	00:23:29	00:46:54	01:48:42	01:18:07	01:44:33
714	435	MARIA	PÉREZ DIAZ	F-68		CULLEREDO	01:52:32	00:05:21	01:51:39	00:05:18	01:52:32	00:25:29	00:49:24	01:49:11	01:19:51	01:45:15
715	356	JAVIER	RAMÍREZ DÍAZ	M-647		VIGO	01:52:40	00:05:21	01:51:39	00:05:18	01:52:40	00:26:07	00:50:33	01:49:19	01:20:54	01:45:36
716	263	ANDREA	BUSTELO CABANAS	F-69		DODRO	01:52:51	00:05:21	01:51:51	00:05:19	01:52:51	00:26:36	00:51:16	01:49:29	01:21:23	01:45:47
717	194	RICARDO	PATINO GESTAL	M-648	MST4M-19		01:52:52	00:05:21	01:52:03	00:05:19	01:52:52	00:27:01	00:52:29	01:49:44	01:23:16	01:46:11
718	941	VÍCTOR	FERNÁNDEZ VIDAL	M-649		SOCIEDAD GIMNASTICA DE PONTEVEDRA	01:52:53	00:05:22	01:51:40	00:05:18	01:52:53	00:27:26	00:53:04	01:49:42	01:22:53	01:46:05
719	517	JOSE	SEOANE ABAD	M-650	MST1M-85	OURENSE	01:52:58	00:05:22	01:52:12	00:05:20	01:52:58	00:24:45	00:48:35	01:49:02	01:18:57	01:44:50
720	138	DEBORA	MARTINEZ ALONSO	F-70	MST2F-23	RUNYTRI	01:53:06	00:05:22	01:52:02	00:05:19	01:53:06	00:26:50	00:50:37	01:49:31	01:21:09	01:45:39
721	923	MOISES	AMOEDO COLLAZO	M-651	MST2M-187	ESPARTAN@S CHIFLAD@S	01:53:07	00:05:22	01:52:02	00:05:19	01:53:07	00:26:46	00:50:37	01:49:31	01:21:09	01:45:38
722	462	MARÍA	URÍA ÁLVAREZ	F-71	MST1F-10	CORUÑA (A)	01:53:07	00:05:22	01:52:23	00:05:20	01:53:07	00:25:46	00:50:37	01:49:38	01:20:45	01:45:49
723	418	ESTEFANÍA	HERNÁNDEZ GARCÍA	F-72	MST2F-24	CORUÑA (A)	01:53:07	00:05:22	01:52:23	00:05:20	01:53:07	00:25:46	00:50:39	01:49:38	01:20:46	01:45:50
724	287	MANUEL	NIETO	M-652	MST3M-129	AMES	01:53:08	00:05:22	01:52:33	00:05:21	01:53:08	00:24:41	00:48:39	01:49:25	01:19:31	01:45:18
725	771	JOSE ANGEL	GARCIA GESTIDO	M-653	MST2M-188	PONTEVEDRA	01:53:11	00:05:22	01:52:47	00:05:21	01:53:11	00:21:58	00:45:12	01:49:41	01:17:58	01:45:34
726	443	ALBERTO	REY ABELAIRA	M-654		CORUÑA (A)	01:53:14	00:05:22	01:52:31	00:05:20	01:53:14	00:24:28	00:47:30	01:49:19	01:18:23	01:45:03
727	676	JUAN	FERNANDEZ ROSALES	M-655		PONTEVEDRA	01:53:14	00:05:23	01:52:40	00:05:21	01:53:14	00:23:43	00:47:17	01:49:13	01:18:15	01:45:03
728	1234	MARA	RIVEIRO	F-73		BOIRO	01:53:15	00:05:23	01:52:42	00:05:21	01:53:15	00:25:16	00:49:34	01:49:34	01:20:17	01:45:42
729	327	DAVID	FERNÁNDEZ DÍAZ	M-656	MST1M-86	VIGO	01:53:18	00:05:23	01:52:43	00:05:21	01:53:18	00:24:44	00:48:45	01:49:32	01:19:59	01:45:27
730	1128	JESUS	LEBOREIRO JUSTO	M-657	MST1M-87	PONTEVEDRA	01:53:18	00:05:23	01:52:13	00:05:20	01:53:18	00:24:43	00:48:38	01:49:25	01:19:43	01:45:07
731	361	DEBI	RODRIGUEZ	F-74	MST1F-11	VIGO	01:53:20	00:05:23	01:52:45	00:05:21	01:53:20	00:24:43	00:48:45	01:49:32	01:19:59	01:45:28
732	1169	JOAQUÍN	MURUAIS	M-658	MST1M-88	PONTEVEDRA	01:53:23	00:05:23	01:52:08	00:05:19	01:53:23	00:24:58	00:48:40	01:49:43	01:19:53	01:45:43
733	298	ADRIAN	SENDE FERRO	M-659	MST2M-189	SANTIAGO DE COMPOSTELA	01:53:24	00:05:23	01:52:05	00:05:19	01:53:24	00:27:05	00:50:56	01:49:46	01:20:59	01:45:52
734	1122	FRANCISCO JAVIER	JANZA MARTINEZ	M-660	MST1M-89	PORTAS	01:53:34	00:05:23	01:52:12	00:05:20	01:53:34	00:27:52	00:52:37	01:49:50	01:22:16	01:46:06
735	122	PAOLA	GONZALEZ CASALES	F-75	MST1F-12	PORRINO (O)	01:53:36	00:05:24	01:52:38	00:05:21	01:53:36	00:25:54	00:50:26	01:49:57	01:21:16	01:46:07
736	265	ÓSCAR	CARREIRA VALOIS	M-661	MST3M-130	SANTIAGO DE COMPOSTELA	01:53:39	00:05:24	01:53:00	00:05:22	01:53:39	00:23:56	00:47:01	01:49:08	01:17:31	01:44:22
737	243	JESÚS	GONZÁLEZ GONZÁLEZ	M-662	MST2M-190	CARBALLINO (O)	01:53:42	00:05:24	01:52:29	00:05:20	01:53:42	00:26:03	00:51:09	01:50:05	01:21:26	01:46:14
738	1022	MANUEL	CORTEGOSO SOBRAL	M-663		MARÍN	01:53:43	00:05:24	01:52:53	00:05:22	01:53:43	00:26:40	00:51:25	01:50:30	01:22:33	01:46:46
739	998	DAVID	CALVIÑO SOLLA	M-664	MST1M-90	MARÍN	01:53:44	00:05:24	01:52:59	00:05:22	01:53:44	00:25:51	00:50:39	01:50:21	01:22:01	01:46:37
740	889	LUCAS	ORGE MONTES	M-665		PONTEVEDRA	01:53:49	00:05:24	01:53:14	00:05:23	01:53:49	00:24:37	00:48:39	01:50:10	01:19:56	01:45:57
741	230	JOSE CARLOS	MILLARES DOMENECH	M-666	MST4M-20	DETRADI	01:53:50	00:05:24	01:52:51	00:05:21	01:53:50	00:25:19	00:49:03	01:49:51	01:19:48	01:45:43
742	403	RUBEN	FERNANDEZ SANTIAGO	M-667	MST2M-191	NOSPORTLIMIT	01:53:55	00:05:24	01:53:07	00:05:22	01:53:55	00:26:28	00:51:10	01:50:27	01:21:59	01:46:41
743	563	ANDRÉS	RODRIGUEZ DOMÍNGUEZ	M-668	MST3M-131	CLUB DEPORTIVO PINARIUM	01:53:56	00:05:24	01:53:16	00:05:23	01:53:56	00:24:25	00:48:25	01:50:00	01:19:38	01:45:51
744	622	IRIA	LAGO ANDRADE	F-76		CEE	01:54:00	00:05:25	01:53:37	00:05:24	01:54:00	00:24:49	00:49:15	01:50:24	01:20:38	01:46:22
745	1174</															

768	285	RAUL	MOLINOS RAMA	M-687		LALIN	01:54:42	00:05:27	01:53:45	00:05:24	01:54:42	00:26:30	00:51:21	01:51:24	01:22:44	01:47:42
769	279	MIGUEL	LAMAZARES	M-688		MADRID	01:54:43	00:05:27	01:53:46	00:05:24	01:54:43	00:26:25	00:51:22	01:51:24	01:22:46	01:47:42
770	1129	CRISTIAN	LEMA BAÑA	M-689		PONTEVEDRA	01:54:45	00:05:27	01:53:49	00:05:24	01:54:45	00:25:24	00:49:48	01:51:07	01:21:18	01:47:04
771	473	SERGIO	LÓPEZ IGLESIAS	M-690	MST2M-195	VILASANTAR	01:54:47	00:05:27	01:54:06	00:05:25	01:54:47	00:24:56	00:48:57	01:50:49	01:20:14	01:46:34
772	375	NOÉ	SOTO FARALDO	M-691	MST1M-94	VIGO	01:54:49	00:05:27	01:54:14	00:05:25	01:54:49	00:24:41	00:48:37	01:50:29	01:19:39	01:46:08
773	408	MARINA	GARCÍA CASCO	F-82		OLEIROS	01:54:53	00:05:27	01:54:03	00:05:25	01:54:53	00:26:26	00:51:03	01:51:26	01:22:08	01:47:41
774	229	FERNANDO	MARTÍNEZ RODRÍGUEZ	M-692	MST3M-136	MONFORTE DE LEMOS	01:54:59	00:05:27	01:54:59	00:05:27	01:54:59	00:28:20	00:52:21	01:51:39	01:22:53	01:47:46
775	358	INAKI	REBOREDA VAZQUEZ-PALACIOS	M-693		NIGRAN	01:55:02	00:05:28	01:54:13	00:05:25	01:55:02	00:26:10	00:51:15	01:51:16	01:22:16	01:47:16
776	149	DIONISIO	REINÉ CAMPELOS	M-694	MST2M-196	VIGO	01:55:02	00:05:28	01:54:01	00:05:25	01:55:02	00:27:22	00:52:30	01:51:33	01:23:29	01:47:47
777	514	SANTIAGO	REINOSO HERMIDA	M-695	MST2M-197	OURENSE	01:55:05	00:05:28	01:54:27	00:05:26	01:55:05	00:23:33	00:46:27	01:51:07	01:18:32	01:46:43
778	253	RUBÉN	PORTELA RUIZ	M-696		VERÍN	01:55:06	00:05:28	01:54:15	00:05:25	01:55:06	00:26:28	00:51:13	01:51:22	01:22:14	01:47:34
779	537	MONTSERRAT	CASTRO GONZALEZ	F-83	MST3F-4	VERÍN	01:55:06	00:05:28	01:54:16	00:05:25	01:55:06	00:26:27	00:51:12	01:51:23	01:22:13	01:47:35
780	1267	ALBERTO FRANCISCO	SILLA OTERO	M-697		PONTEVEDRA	01:55:11	00:05:28	01:54:09	00:05:25	01:55:11	00:26:10	00:51:33	01:51:49	01:22:56	01:48:05
781	407	MIGUEL	FRAGA PERNAS	M-698	MST2M-198	CORUÑA (A)	01:55:13	00:05:28	01:54:34	00:05:26	01:55:13	00:24:59	00:49:07	01:51:11	01:20:22	01:47:09
782	295	ANXO	RODRÍGUEZ SOBRADELO	M-699		RIANXO	01:55:18	00:05:28	01:54:02	00:05:25	01:55:18	00:26:48	00:49:56	01:51:02	01:20:28	01:46:27
783	471	JOSÉ	FERNÁNDEZ SOTO	M-700	MST2M-199	LUGO	01:55:49	00:05:30	01:54:44	00:05:27	01:55:49	00:27:35	00:54:19	01:52:42	01:25:21	01:48:55
784	1126	BREOGÁN	LAGO LÓPEZ	M-701		CEDEIRA	01:55:52	00:05:30	01:54:41	00:05:27	01:55:52	00:27:13	00:52:12	01:51:57	01:23:16	01:47:54
785	1203	ELIAS	PÉREZ LORENZO	M-702		PONTEVEDRA	01:55:52	00:05:30	01:54:56	00:05:27	01:55:52	00:26:05	00:49:53	01:51:57	01:18:48	01:47:28
786	505	DAMIÁN	MOSQUERA RODRÍGUEZ	M-703		CARBALLIÑO (O)	01:55:55	00:05:30	01:55:19	00:05:28	01:55:55	00:27:49	00:54:18	01:52:48	01:25:35	01:49:11
787	465	JAVIER	VÁZQUEZ MARTÍNEZ	M-704	MST3M-137	CORUÑA (A)	01:55:56	00:05:30	01:54:49	00:05:27	01:55:56	00:26:43	00:51:52	01:52:28	01:23:36	01:48:37
788	1215	JORGE	PRIETO VILABOA	M-705		VEROL	01:55:58	00:05:30	01:55:58	00:05:30	01:55:58	00:24:44	00:48:01	01:51:02	01:17:54	01:45:50
789	394	DAVID	BLANCO PICALLO	M-706		VILAGARCÍA DE AROUSA	01:55:59	00:05:30	01:55:00	00:05:28	01:55:59	00:27:25	00:52:46	01:52:40	01:24:04	01:48:55
790	899	XABIER	FERNÁNDEZ DAVILA	M-707	MST4M-22	OURENSE	01:56:07	00:05:31	01:55:26	00:05:29	01:56:07	00:25:01	00:49:32	01:52:16	01:21:56	01:48:10
791	1032	PABLO	DE RON FERNANDEZ-MOSQUERA	M-708	MST3M-138	CORUÑA (A)	01:56:17	00:05:31	01:55:40	00:05:29	01:56:17	00:25:11	00:50:01	01:52:25	01:21:43	01:48:14
792	312	SAMUEL	ALONSO CASTRO	M-709		ROSAL (O)	01:56:20	00:05:31	01:54:57	00:05:27	01:56:20	00:27:01	00:51:01	01:52:27	01:22:12	01:48:14
793	497	RAMÓN	GAYOSO GONZÁLEZ	M-710	MST3M-139	VILALBA	01:56:24	00:05:32	01:55:27	00:05:29	01:56:24	00:25:19	00:49:59	01:52:30	01:21:46	01:48:25
794	513	IAGO	PRESAS FERREIRO	M-711		COLES	01:56:28	00:05:32	01:55:31	00:05:29	01:56:28	00:26:16	00:51:09	01:52:39	01:23:26	01:48:27
795	503	MANUEL	LORENZO ESTEVEZ	M-712	MST3M-140	MERCA (A)	01:56:28	00:05:32	01:55:31	00:05:29	01:56:28	00:26:17	00:51:09	01:52:39	01:23:28	01:48:29
796	81	ALVARO	RODRIGUEZ GONZALEZ	M-713	MST3M-141	SANTIAGO DE COMPOSTELA	01:56:31	00:05:32	01:55:24	00:05:29	01:56:31	00:26:40	00:51:26	01:52:37	01:22:59	01:48:29
797	1123	ROBYN	JOHNSON	M-714		PONTEVEDRA	01:56:41	00:05:32	01:55:19	00:05:28	01:56:41	00:26:49	00:51:14	01:52:59	01:22:01	01:49:06
798	1088	RAQUEL	GARCIA JAEN	F-84		LUGO	01:56:42	00:05:32	01:55:39	00:05:29	01:56:42	00:26:34	00:51:46	01:53:19	01:23:43	01:49:27
799	128	CARLA	LEIROS GIRALDEZ	F-85	MST2F-29	VIGO	01:56:45	00:05:33	01:55:41	00:05:29	01:56:45	00:26:34	00:51:47	01:53:18	01:23:39	01:49:25
800	957	LUIS	ALVAREZ FERNANDEZ	M-715		MARÍN	01:56:50	00:05:33	01:55:48	00:05:30	01:56:50	00:26:35	00:51:45	01:53:19	01:23:42	01:49:29
801	21	JESÚS	CONDE LAGO	M-716		VIGO	01:56:50	00:05:33	01:53:57	00:05:25	01:56:50	00:26:33	00:51:46	01:53:19	01:23:42	01:49:27
802	496	PABLO	GARRIDO FARIÑAS	M-717		VERÍN	01:56:51	00:05:33	01:55:54	00:05:30	01:56:51	00:26:53	00:52:03	01:53:20	01:23:22	01:49:25
803	363	MARCOS	RODRÍGUEZ CASTRO	M-718		MOS	01:56:52	00:05:33	01:55:57	00:05:30	01:56:52	00:26:00	00:49:55	01:52:08	01:21:07	01:47:02
804	1097	GONZALO	GÓMEZ GARCÍA	M-719	MST4M-23	MADRID	01:56:59	00:05:33	01:56:02	00:05:30	01:56:59	00:25:07	00:49:13	01:52:54	01:20:15	01:48:20
805	482	JUAN	AGRA BARRAL	M-720	MST2M-200	OURENSE	01:57:10	00:05:34	01:56:07	00:05:31	01:57:10	00:27:06	00:52:36	01:53:49	01:24:54	01:50:03
806	1173	NOEL	NEIRA FELIZ	M-721		CAMBRE	01:57:11	00:05:34	01:56:08	00:05:31	01:57:11	00:26:58	00:50:21	01:53:20	01:21:03	01:49:16
807	429	JOSE IGNACIO	MOURENZA LARROSA	M-722	MST1M-95	CORUÑA (A)	01:57:15	00:05:34	01:56:30	00:05:32	01:57:15	00:24:48	00:49:25	01:53:19	01:21:57	01:49:28
808	498	RAQUEL MARIA	GUILLEN PEINO	F-86	MST2F-30	CARBALLIÑO (O)	01:57:17	00:05:34	01:56:10	00:05:31	01:57:17	00:26:47	00:52:00	01:53:51	01:24:18	01:50:02
809	879	ANA	LEYES BASTIDA	F-87	MST2F-31	SANTIAGO DE COMPOSTELA	01:57:20	00:05:34	01:56:41	00:05:32	01:57:20	00:24:45	00:49:16	01:53:14	01:21:33	01:48:51
810	924	CAMILO	BARANDA VALEIRAS	M-723	MST3M-142	CARBALLIÑO (O)	01:57:21	00:05:34	01:56:09	00:05:31	01:57:21	00:26:04	00:51:11	01:53:50	01:23:19	01:49:47
811	933	RAÚL	GÓMEZ FERNÁNDEZ	M-724		MAÑÓN	01:57:21	00:05:34	01:56:37	00:05:32	01:57:21	00:26:37	00:52:12	01:53:54	01:24:49	01:49:56
812	82	SONIA	RODRÍGUEZ VILLAR	F-88	MST3F-5	SANTIAGO DE COMPOSTELA	01:57:23	00:05:34	01:56:33	00:05:32	01:57:23	00:27:41	00:53:47	01:54:03	01:25:50	01:50:17
813	684	JOSÉ ANTONIO	SAAVEDRA PAZOS	M-725	MST4M-24	CORUÑA (A)	01:57:25	00:05:34	01:56:15	00:05:31	01:57:25	00:27:07	00:52:50	01:53:52	01:24:08	01:49:56
814	454	OSCAR	ROMERO LAGO	M-726	MST1M-96	MIÑO	01:57:27	00:05:35	01:56:23	00:05:31	01:57:27	00:26:47	00:52:26	01:54:01	01:24:52	01:50:09
815	608	BEATRIZ	PARDO PESCADOR	F-89		MADRID	01:57:28	00:05:35	01:57:11	00:05:34	01:57:28	00:24:06	00:49:22	01:53:50	01:22:05	01:49:34
816	254	FELIPE	RODRÍGUEZ FERNÁNDEZ	M-727	MST3M-143	OURENSE	01:57:35	00:05:35	01:56:22	00:05:31	01:57:35	00:27:36	00:53:31	01:54:16	01:25:32	01:50:39
817	481	CELIA	ADRIÁN RODRÍGUEZ	F-90	MST2F-32	OURENSE	01:57:42	00:05:35	01:56:36	00:05:32	01:57:42	00:27:47	00:52:54	01:54:04	01:24:00	01:50:06
818	934	MANUEL	TABLADO	M-728	MST4M-25	CANGAS	01:57:47	00:05:35	01:56:31	00:05:32	01:57:47	00:28:03	01:48:59	01:53:39	01:19:55	
819	942	JOSE MANUEL	VEIGA MARÍÑO	M-729		CARBALLO	01:57:49	00:05:36	01:57:12	00:05:34	01:57:49	00:25:17	00:51:20	01:54:18	01:23:56	01:50:22
820	1294	BORJA	VÁZQUEZ PAIS	M-730		PORTO DO SON	01:57:54	00:05:36	01:57:24	00:05:34	01:57:54	00:26:14	00:51:48	01:54:07	01:24:09	01:49:59
821	292	TAMARA	RODRÍGUEZ BERMUDEZ	F-91	MST1F-13	SANTIAGO DE COMPOSTELA	01:57:57	00:05:36	01:57:19	00:05:34	01:57:57	00:24:07	00:49:11	01:53:56	01:22:24	01:49:52
822	1030	JUAN JOSÉ	DE HARO	M-731	MST4M-26	PROVENCIO (EL)	01:57:59	00:05:36	01:57:19	00:05:34	01:57:59	00:26:29	00:51:48	01:54:09	01:23:45	01:49:58
823	1092	JOSÉ MARIA	GARCÍA POSE	M-732	MST3M-144	POIO	01:58:02	00:05:36	01:58:02	00:05:36	01:58:02	00:24:40	00:48:50	01:54:03	01:22:12	01:49:48
824	737	DIEGO	CASTRO GUERRA	M-733		PONTEVEDRA	01:58:04	00:05:36	01:57:24	00:05:34	01:58:04	00:26:23	00:51:23	01:54:12	01:23:20	01:49:54
825	1014	ADRIAN	CASTRO POSE	M-734		CORUÑA (A)	01:58:04	00:05:36	01:57:23	00:05:34	01:58:04	00:26:17	00:51:20	01:54:11	01:23:20	01:49:54
826	1080	DANIEL	GARCIA CHANTRERO	M-735		PONTEVEDRA	01:58:04	00:05:36	01:57:24	00:05:34	01:58:04	00:26:24	00:51:24	01:54:12	01:23:19	01:49:56
827	906	JESUS ANTONIO	RIVAS RIAL	M-736	MST4M-27	MELILLA	01:58:09	00:05:37	01:57:41	00:05:35	01:58:09	00:22:55	00:46:34	01:53:21	01:18:42	01:47:47
828	448	JOSE MARIA	RIVAS MOAR	M-737	MST3M-145	CAMBRE	01:58:09	00:05:37	01:57:14	00:05:34	01:58:09	00:26:11	00:51:10	01:54:21	01:23:29	01:50:12
829	1115	INMA	HERMIDA	F-92		CARBALLIÑO (O)	01:58:10	00:05:37	01:57:11	00:05:34	01:58:10	00:26:22	00:51:40	01:54:23	01:24:06	01:50:10
830	372	JAVIER	SANCHEZ PINZON	M-738		VIGO	01:58:14	00:05:37	01:56:54	00:05:33	01:58:14	00:27:29	00:53:08	01:54:30	01:25:02	01:50:25
831	1121	AGUSTIN	JAMARDO	M-739	MST1M-97	PONTE CALDELAS	01:58:25	00:05:37</								

854	501	SANTI	LÓPEZ GROBA	M-752	MST2M-203	OURENSE	01:59:47	00:05:41	01:59:11	00:05:39	01:59:47	00:25:35	00:51:47	01:55:45	01:24:42	01:51:27
855	282	LAURA	LÓPEZ REY	F-103		ESTRADA (A)	01:59:49	00:05:41	01:58:57	00:05:39	01:59:49	00:25:36	00:50:39	01:55:58	01:23:13	01:51:23
856	1168	DIEGO	MUNIZ TOMÉ	M-753		PONTEVEDRA	01:59:52	00:05:41	01:58:27	00:05:37	01:59:52	00:27:54	00:53:10	01:55:55	01:25:00	01:51:32
857	377	ROBERTO	VARELA VAZQUEZ	M-754	MST2M-204	REDONDELA	01:59:58	00:05:42	01:58:51	00:05:38	01:59:58	00:25:54	00:50:01	01:55:14	01:21:26	01:49:45
858	478	PABLO	RODRIGUEZ VAZQUEZ	M-755		GUNTÍN	02:00:00	00:05:42	01:59:18	00:05:40	02:00:00	00:24:57	00:49:14	01:55:12	01:21:53	01:50:25
859	1036	PAULA	DOMINGUEZ RODRIGUEZ	F-104		CORUÑA (A)	02:00:02	00:05:42	01:59:10	00:05:39	02:00:02	00:27:42	00:53:40	01:56:36	01:26:44	01:52:39
860	1095	AMANDO	GARRIDO EIRIN	M-756	MST3M-147	REDONDELA	02:00:07	00:05:42	01:59:16	00:05:40	02:00:07	00:25:26	00:50:20	01:55:57	01:23:18	01:51:16
861	891	LORENA	OGANDO DURÁN	F-105	BRUNCH RUN CLUB	PONTEVEDRA	02:00:10	00:05:42	01:59:29	00:05:40	02:00:10	00:25:20	00:50:17	01:56:14	01:23:56	01:51:37
862	1011	MARCOS ANTONIO	CASTRO COSTOYA	M-757	MST2M-205	CORUÑA (A)	02:00:17	00:05:43	01:59:24	00:05:40	02:00:17	00:25:34	00:50:13	01:56:09	01:23:07	01:51:47
863	307	CHELO	VIGO LIÑARES	F-106	MST3F-9	AMES	02:00:19	00:05:43	01:59:30	00:05:40	02:00:19	00:26:28	00:51:58	01:56:27	01:24:48	01:52:13
864	1065	ALEJANDRO	FERNÁNDEZ PORTAS	M-758	MST2M-206	SALCEDA DE CASELAS	02:00:20	00:05:43	01:59:05	00:05:39	02:00:20	00:24:54	00:48:39	01:56:32	01:19:51	01:51:16
865	1081	FERNANDO	GARCÍA CUESTA	M-759	MST1M-101	NOIA	02:00:27	00:05:43	01:59:25	00:05:40	02:00:27	00:26:32	00:51:20	01:56:03	01:22:50	01:51:17
866	201	LUIS	RAMIL HERMIDA	M-760	MST4M-29	CORUÑA (A)	02:00:40	00:05:44	01:59:50	00:05:41	02:00:40	00:26:47	00:52:25	01:56:38	01:25:11	01:52:20
867	396	OLGA	DASILVA FERNÁNDEZ	F-107	MST2F-37	MIÑO	02:00:40	00:05:44	01:59:37	00:05:41	02:00:40	00:26:33	00:52:07	01:56:44	01:25:00	01:52:36
868	1208	VICTOR	PIÑEIRO DÍAZ	M-761	MST1M-102	VIGO	02:00:46	00:05:44	02:00:01	00:05:42	02:00:46	00:26:54	00:52:42	01:56:53	01:25:30	01:52:34
869	951	JAVIER	ALFONSIN RODRIGUEZ	M-762		PONTEVEDRA	02:00:48	00:05:44	02:00:03	00:05:42	02:00:48	00:25:48	00:50:09	01:56:33	01:22:46	01:51:10
870	1139	OSCAR	LOZANO OTERO	M-763	MST1M-103	PONTEVEDRA	02:00:49	00:05:44	02:00:03	00:05:42	02:00:49	00:25:50	00:50:10	01:56:34	01:22:46	01:51:35
871	521	DANIEL	VILARIÑO VILLANUEVA	M-764	MST2M-207	OURENSE	02:00:59	00:05:45	02:00:14	00:05:42	02:00:59	00:24:59	00:50:34	01:56:57	01:24:34	01:52:24
872	1147	GABRIEL	MARTÍNEZ ARGIBAY	M-765		COTOBADE	02:01:03	00:05:45	02:00:04	00:05:42	02:01:03	00:27:02	00:52:12	01:57:14	01:25:01	01:52:41
873	463	MANUEL	VAZQUEZ ALVEDRO	M-766	MST4M-30	CAMBRE	02:01:03	00:05:45	02:00:07	00:05:42	02:01:03	00:27:08	00:53:01	01:57:14	01:25:58	01:53:01
874	1230	JULIO	RIOBO JUNCAL	M-767		PONTEVEDRA	02:01:12	00:05:45	01:59:54	00:05:41	02:01:12	00:29:27	00:55:56	01:57:39	01:28:25	01:53:41
875	527	RAMON	MORGADE VIÑAS	M-768	MST2M-208	OLEIROS	02:01:15	00:05:45	02:00:00	00:05:42	02:01:15	00:26:46	00:52:21	01:57:26	01:25:20	01:53:09
876	1135	DAVID	LÓPEZ FERNÁNDEZ	M-769		VIGO	02:01:22	00:05:46	02:00:00	00:05:42	02:01:22	00:29:06	00:55:16	01:58:05	01:29:00	01:54:23
877	289	MANUEL	PERMUY FERNÁNDEZ	M-770		NEDA	02:01:22	00:05:46	02:00:02	00:05:42	02:01:22	00:29:01	00:55:17	01:58:06	01:28:56	01:54:31
878	493	LAURA	FERNÁNDEZ GONZÁLEZ	F-108		VERÍN	02:01:26	00:05:46	02:00:27	00:05:43	02:01:26	00:29:06	00:56:19	01:58:09	01:29:38	01:54:28
879	468	REYNALDO	BOTANA JIMÉNEZ	M-771	MST3M-148	CARRAL	02:01:34	00:05:46	02:00:53	00:05:44	02:01:34	00:24:34	00:50:49	01:57:46	01:24:51	01:53:09
880	189	DOLORES	MORENO GONZÁLEZ	F-109	MST1F-14	CORUÑA (A)	02:01:35	00:05:46	02:00:40	00:05:44	02:01:35	00:27:15	00:53:22	01:57:46	01:26:52	01:53:37
881	1059	PAULA	FERNÁNDEZ CORES	F-110		VILAGARCÍA DE AROUSA	02:01:39	00:05:46	02:00:25	00:05:43	02:01:39	00:27:03	00:52:36	01:57:37	01:25:40	01:53:17
882	1179	DANIELA	ORBE ZARATE	F-111	MST2F-38	PONTEVEDRA	02:01:53	00:05:47	02:01:09	00:05:45	02:01:53	00:25:45	00:51:20	01:57:36	01:24:56	01:52:59
883	1206	RUBÉN LAUREANO	PESQUEIRA CORTEGOSO	M-772	MST2M-209	MARÍN	02:01:58	00:05:47	02:00:59	00:05:45	02:01:58	00:27:21	00:52:40	01:57:48	01:25:23	01:53:33
884	1106	MIGUEL	GONZÁLEZ MARTÍN	M-773	MST4M-31	CANGAS	02:02:03	00:05:48	02:01:01	00:05:45	02:02:03	00:26:46	00:52:33	01:58:02	01:25:29	01:53:49
885	73	BELÉN	NOYA PÉREZ	F-112	MST3F-10	SANTIAGO DE COMPOSTELA	02:02:07	00:05:48	02:01:43	00:05:47	02:02:07	00:24:49	00:50:11	01:58:20	01:24:06	01:54:05
886	977	RUBÉN	BEMPOSTA JUNCAL	M-774	MST1M-104	PONTEVEDRA	02:02:10	00:05:48	02:00:52	00:05:44	02:02:10	00:29:28	00:55:57	01:58:44	01:28:25	01:54:57
887	1280	ELVA	TORRES ESPERÓN	F-113		MARÍN	02:02:13	00:05:48	02:01:06	00:05:45	02:02:13	00:27:36	00:53:39	01:58:19	01:27:17	01:54:10
888	1006	FRANCISCO DE ASÍS	CASO SÁNCHEZ	M-775		ALCOBENDAS	02:02:13	00:05:48	02:01:05	00:05:45	02:02:13	00:26:08	00:51:29	01:58:03	01:25:12	01:53:24
889	1281	IRIA	TORRES ESPERÓN	F-114		PONTEVEDRA	02:02:13	00:05:48	02:01:06	00:05:45	02:02:13	00:27:40	00:53:40	01:58:19	01:27:19	01:54:14
890	1150	RAFA	MEIXUS FILGUEIRA	M-776	MST2M-210	MEÁN	02:02:16	00:05:48	02:01:18	00:05:45	02:02:16	00:27:11	00:53:08	01:58:14	01:26:07	01:53:53
891	840	ALEJANDRO	PICHEL VILLAR	M-777	MST2M-211	PONTEVEDRA	02:02:22	00:05:49	02:01:12	00:05:45	02:02:22	00:28:35	00:55:36	01:58:26	01:28:25	01:54:24
892	1225	LUIS	REGUEIRA MAS	M-778	MST1M-105	MARÍN	02:02:27	00:05:49	02:01:22	00:05:46	02:02:27	00:27:51	00:53:47	01:58:20	01:26:40	01:53:52
893	479	ALBERTO	VAZQUEZ VAZQUEZ	M-779	MST2M-212	CARRAL	02:02:28	00:05:49	02:01:24	00:05:46	02:02:28	00:27:33	00:53:16	01:58:13	01:26:06	01:53:47
894	304	ALEX	VAZQUEZ	M-780		ANTAS DE ULLA	02:02:29	00:05:49	02:01:12	00:05:45	02:02:29	00:27:01	00:52:28	01:58:09	01:25:40	01:53:30
895	382	MERCEDES	VILAR ÁLVAREZ	F-115		BAIONA	02:02:33	00:05:49	02:01:43	00:05:47	02:02:33	00:25:59	00:52:18	01:58:28	01:25:19	01:53:52
896	971	RAMÓN	BARREIRO VÁZQUEZ	M-781		VILAGARCÍA DE AROUSA	02:02:47	00:05:50	02:01:34	00:05:46	02:02:47	00:27:08	00:52:42	01:58:35	01:26:18	01:54:04
897	1270	IRYNA	SLOBODSKA	F-116	MST2F-39	SEIXO	02:02:48	00:05:50	02:01:47	00:05:47	02:02:48	00:28:41	00:55:42	01:59:06	01:28:26	01:54:57
898	1271	ANTON	SLOBODSKYI	M-782	MST2M-213	VIGO	02:02:48	00:05:50	02:01:48	00:05:47	02:02:48	00:28:40	00:55:46	01:59:05	01:28:30	01:54:59
899	897	ESTHER	HIDALGO REY	F-117	MST2F-40	C.D. RUNNING SANO MAIRENA	02:02:52	00:05:50	02:02:04	00:05:48	02:02:52	00:27:09	00:54:07	01:59:03	01:28:00	01:54:53
900	898	JOSÉ ÁNGEL	LOSADA MOARES	M-783	MST2M-214	C.D. RUNNING SANO MAIRENA	02:02:52	00:05:50	02:02:04	00:05:48	02:02:52	00:25:20	00:49:36	01:52:32	01:20:37	01:47:45
901	1175	DIEGO	NOGUEIRA	M-784	MST2M-215	VILANOVA DE AROUSA	02:02:52	00:05:50	02:02:04	00:05:48	02:02:52	00:25:16	00:49:34	01:52:31	01:20:37	01:47:45
902	421	RUBEN	LLANAS MARTINEZ	M-785		CORUÑA (A)	02:02:55	00:05:50	02:01:59	00:05:47	02:02:55	00:29:19	00:56:46	01:59:14	01:29:23	01:55:20
903	461	NICOLAS	UNDABEITIA	M-786		OLEIROS	02:02:55	00:05:50	02:02:00	00:05:47	02:02:55	00:29:20	00:56:45	01:59:14	01:29:23	01:55:18
904	436	ALBERTO	PEREZ MIRAMONTES	M-787	MST3M-149	CORUÑA (A)	02:03:02	00:05:50	02:01:56	00:05:47	02:03:02	00:26:45	00:51:52	01:58:48	01:25:09	01:54:18
905	1258	ROBERTO	SANCHEZ BELTRAN	M-788	MST2M-216	LAXE	02:03:02	00:05:50	02:01:48	00:05:47	02:03:02	00:26:36	00:51:22	01:59:11	01:24:39	01:54:34
906	1112	ÁLVARO	GONZÁLEZ SANTOS	M-789		AVILÉS	02:03:04	00:05:50	02:02:27	00:05:49	02:03:04	00:24:01	00:47:58	01:59:03	01:24:08	01:54:35
907	883	FRANCISCO JAVIER	QUINTÁNS GARCÍA	M-790	MST2M-217	BOIRO	02:03:05	00:05:51	02:01:48	00:05:47	02:03:05	00:27:56	00:53:18	01:59:08	01:25:53	01:54:44
908	753	EMMA	ESTÉVEZ	F-118		OURENSE	02:03:05	00:05:51	02:02:14	00:05:48	02:03:05	00:27:32	00:53:15	01:58:40	01:26:11	01:54:14
909	539	RAQUEL	FERNÁNDEZ ESTÉVEZ	F-119	MST2F-41	OURENSE	02:03:05	00:05:51	02:02:14	00:05:48	02:03:05	00:27:31	00:53:14	01:58:40	01:26:11	01:54:12
910	1058	MARÍA DEL PILAR	FERNÁNDEZ BALINAS	F-120	MST1F-15	MARÍN	02:03:09	00:05:51	02:02:23	00:05:49	02:03:09	00:28:48	00:55:21	01:59:25	01:28:34	01:55:26
911	1001	ESTRELA	CAMPOS RODRIGUEZ	F-121		PONTEVEDRA	02:03:10	00:05:51	02:01:58	00:05:47	02:03:10	00:27:30	00:53:06	01:59:13	01:26:04	01:54:34
912	1269	BRAIS	SIMÓN VÁZQUEZ	M-791		PONTEVEDRA	02:03:11	00:05:51	02:01:59	00:05:47	02:03:11	00:27:32	00:53:05	01:59:13	01:26:06	01:54:33
913	1256	AIDA	SABARIS ARAGUNDE	F-122		VILAGARCÍA DE AROUSA	02:03:11	00:05:51	02:01:49	00:05:47	02:03:11	00:28:54	00:55:15	01:59:34	01:28:56	01:55:17
914	967	LUIS	ARIZAGA JIMÉNEZ	M-792		VILAGARCÍA DE AROUSA	02:03:11	00:05:51	02:01:49	00:05:47	02:03:11	00:29:00	00:55:17	01:59:34	01:28:57	01:55:18
915	515	MIGUEL	RODRIGUEZ VÁZQUEZ	M-793	MST2M-218	CELANOVA	02:03:15	00:05:51	02:02:07	00:05:48	02:03:15	00:27:34	00:52:45	01:58:32	01:25:00	01:53:49
916	1255	JOSÉ FRANCISCO	RUIZ RODRIGUEZ	M-794	MST2M-219	MADRID	02:03:29	00:05:52	02:02:30	00:05:49	02:03:29	00:27:29	00:54:04	01:59:30	0	

940	1086	PABLO	GARCÍA GONZÁLEZ	M-812	MST2M-222		PAMPLONA/IRUÑA	02:06:23	00:06:00	02:05:29	00:05:57	02:06:23	00:28:12	00:55:24	02:02:24	01:29:45	01:57:57
941	1145	XABIER	MAQUEIRA ALVAREZ	M-813			PONTEVEDRA	02:06:25	00:06:00	02:05:18	00:05:57	02:06:25	00:29:17	00:56:47	02:02:40	01:30:59	01:58:35
942	1098	NEREA	GÓMEZ GARRIDO	F-129	MST2F-43		CULLEREDO	02:06:29	00:06:00	02:05:28	00:05:57	02:06:29	00:29:55	00:58:01	02:02:45	01:31:55	01:58:41
943	1183	ESTRELLA	PALLÍN TATO	F-130	MST1F-17		MARÍN	02:06:41	00:06:01	02:05:55	00:05:59	02:06:41	00:28:43	00:55:31	02:02:33	01:28:52	01:57:46
944	1161	MARTÍN	MONTES NACEMENTO	M-814	MST2M-223		POIO	02:06:59	00:06:02	02:06:06	00:05:59	02:06:59	00:27:51	00:54:04	02:02:35	01:28:22	01:57:49
945	805	ALBERTO	LUBIÁN PESQUEIRA	M-815			MARÍN	02:06:59	00:06:02	02:06:07	00:05:59	02:06:59	00:27:49	00:54:05	02:02:35	01:28:21	01:57:48
946	1140	LUIS	LUBIÁN VILAS	M-816	MST3M-153		MARÍN	02:06:59	00:06:02	02:06:07	00:05:59	02:06:59	00:27:51	00:54:04	02:02:36	01:28:17	01:57:53
947	1110	LUIS ALBERTO	GONZÁLEZ RODRIGUEZ	M-817	MST2M-224		PONTEVEDRA	02:06:59	00:06:02	02:05:44	00:05:58	02:06:59	00:29:26	00:56:50	02:03:12	01:31:11	01:58:52
948	1042	MARTÍN	EIRÍN GUANCE	M-818			PONTEVEDRA	02:07:01	00:06:02	02:05:38	00:05:58	02:07:01	00:29:04	00:54:50	02:02:45	01:29:32	01:57:55
949	154	JORDI	ROSTOLL	M-819			ALTEA	02:07:01	00:06:02	02:05:47	00:05:58	02:07:01	00:28:54	00:54:26	02:02:32	01:28:15	01:57:46
950	397	LARA	DIZ IGLESIAS	F-131			BETANZOS	02:07:02	00:06:02	02:06:02	00:05:59	02:07:02	00:27:29	00:53:38	02:02:32	01:28:17	01:57:46
951	1068	CAROLAINE	FERREIRA	F-132			PONTEVEDRA	02:07:12	00:06:02	02:06:24	00:06:00	02:07:12	00:26:47	00:54:02	02:03:03	01:29:35	01:58:17
952	958	SANTIAGO	ÁLVAREZ MARTÍNEZ	M-820	MST2M-225		CORUÑA (A)	02:07:22	00:06:03	02:06:10	00:05:59	02:07:22	00:26:38	00:52:37	02:02:45	01:26:41	01:57:47
953	534	SALETA AZALEA	GOBERNA PÉREZ	F-133	MST1F-18		LARACHA (A)	02:07:28	00:06:03	02:06:10	00:05:59	02:07:28	00:26:18	00:52:10	02:02:58	01:27:34	01:58:20
954	368	ALEX	RODRÍGUEZ SILVA-FERNÁNDEZ	M-821			VIGO	02:07:34	00:06:03	02:06:11	00:05:59	02:07:34	00:30:25	00:58:49	02:04:05	01:33:12	02:00:14
955	1193	JUAN CARLOS	PAZOS LOSADA	M-822	MST3M-154		PONTEVEDRA	02:07:52	00:06:04	02:06:38	00:06:01	02:07:52	00:29:16	00:56:02	02:03:28	01:30:15	01:58:53
956	1185	JOSÉ ANTONIO	PANADERO MORCILLO	M-823	MST3M-155		ALBACETE	02:08:01	00:06:05	02:07:18	00:06:03	02:08:01	00:26:45	00:54:21	02:04:11	01:30:37	02:00:08
957	927	CONCEPCIÓN	ÁLVAREZ CORREIA	F-134	MST2F-44	GTT GROBA TRAIL TEAM	VILABOA	02:08:05	00:06:05	02:06:52	00:06:01	02:08:05	00:27:15	00:53:49	00:57:57	01:28:50	01:59:10
958	316	LOIS	ARIAS CASTAÑO	M-824	MST3M-156		VIGO	02:08:16	00:06:05	02:06:53	00:06:01	02:08:16	00:30:23	00:58:05	02:04:18	01:32:07	01:59:56
959	1067	BRUNA	FERREIRA	F-135	MST1F-19		POVOA DE VARZIM	02:08:22	00:06:06	02:07:48	00:06:04	02:08:22	00:28:25	00:55:42	02:04:15	01:30:26	01:59:53
960	347	ADRIAN	MISA FERNÁNDEZ	M-825			GONDOMAR	02:08:25	00:06:06	02:07:20	00:06:03	02:08:25	00:28:05	00:53:29	02:04:06	01:28:10	01:59:08
961	1061	ADOLFO	FERNÁNDEZ GONZÁLEZ	M-826	MST3M-157		POIO	02:08:37	00:06:06	02:07:16	00:06:02	02:08:37	00:29:51	00:57:35	02:04:36	01:32:24	02:00:12
962	961	PABLO	ÁLVAREZ RIVAS	M-827	MST1M-108		POIO	02:08:42	00:06:07	02:07:37	00:06:03	02:08:42	00:29:18	00:56:54	02:04:39	01:31:26	02:00:05
963	338	BREOGAN	GRANA GOMEZ	M-828			OURENSE	02:08:47	00:06:07	02:07:54	00:06:04	02:08:47	00:29:19	00:57:08	02:04:53	01:32:13	02:00:46
964	1178	MANUEL	NÚÑEZ GARCIA	M-829	MST4M-34		PONTEVEDRA	02:08:50	00:06:07	02:07:41	00:06:04	02:08:50	00:28:58	00:56:13	02:04:23	01:30:52	01:59:41
965	1223	JESÚS	REFOJO GEY	M-830	MST2M-226		CATOIRA	02:08:54	00:06:07	02:07:47	00:06:04	02:08:54	00:27:45	00:53:27	02:04:12	01:28:28	01:58:38
966	1250	DIEGO	ROUCO MARCELINO	M-831			CANGAS	02:09:07	00:06:08	02:07:57	00:06:04	02:09:07	00:29:04	00:56:31	02:05:22	01:32:15	02:00:53
967	1229	SOFÍA	RIAL ALFAYA	F-136			MADRID	02:09:08	00:06:08	02:07:58	00:06:04	02:09:08	00:29:03	00:56:33	02:05:22	01:32:16	02:00:55
968	447	MARÍA	RIAL ALFAYA	F-137			CANGAS	02:09:09	00:06:08	02:07:59	00:06:04	02:09:09	00:29:23	00:56:52	02:05:22	01:32:22	02:00:56
969	317	RUTH	BALIÑO GONZALEZ	F-138	MST3F-12	RIZOS TEAM	VIGO	02:09:09	00:06:08	02:07:55	00:06:04	02:09:09	00:28:01	00:54:57	01:54:54	01:29:52	02:00:02
970	955	ARON	ÁLVAREZ	M-832	MST1M-109		PONTEVEDRA	02:09:19	00:06:08	02:08:33	00:06:06	02:09:19	00:29:04	00:58:03	02:05:59	01:34:31	02:02:26
971	842	MANUEL	PIÑEIRO ARRIBAS	M-833			PONTEVEDRA	02:09:20	00:06:08	02:08:36	00:06:06	02:09:20	00:29:00	00:58:04	02:06:00	01:34:32	02:02:26
972	270	HUGO	COUTO NAWROCKI	M-834			SANTIAGO DE COMPOSTELA	02:09:21	00:06:08	02:08:15	00:06:05	02:09:21	00:30:28	00:54:36	02:05:37	01:31:55	02:01:15
973	876	PEDRO MIGUEL	PEREIRA BARBOSA DE ALPOIM	M-835	MST2M-227	ADR "O RELÂMPAGO"	BRAGA	02:09:32	00:06:09	02:08:20	00:06:05	02:09:32	00:29:16	00:57:15	02:05:43	01:32:43	02:01:13
974	395	ELOY	CALDERÓN FERNÁNDEZ	M-836	MST4M-35		CORUÑA (A)	02:09:35	00:06:09	02:08:47	00:06:07	02:09:35	00:26:39	00:53:03	02:04:46	01:27:47	01:59:18
975	491	CELSO	FEIJOO DOMINGUEZ	M-837	MST2M-228		OURENSE	02:09:38	00:06:09	02:08:19	00:06:05	02:09:38	00:29:15	00:56:38	02:05:24	01:31:19	02:00:53
976	1184	VALERIA ZAHRA	PALOMBA ORTEGA VELASCO	F-139			ESTRADA (A)	02:09:52	00:06:10	02:08:59	00:06:07	02:09:52	00:25:10	00:50:09	02:04:55	01:27:22	01:59:08
977	1035	MARIA	DIESTE RIVAS	F-140			POBRA DO CARAMIÑAL (A)	02:09:58	00:06:10	02:08:52	00:06:07	02:09:58	00:30:30	00:58:07	02:06:19	01:32:47	02:01:53
978	378	CRISTHIAN JOEL	VARGAS MONTALVO	M-838			LIMA	02:09:59	00:06:10	02:08:16	00:06:00	02:09:59	00:27:04	00:51:28	02:04:37	01:24:21	01:58:44
979	208	MARTIN	SANTOS SUAREZ	M-839	MST1M-110		LAXE	02:10:04	00:06:10	02:08:45	00:06:07	02:10:04	00:30:39	00:59:05	02:06:32	01:34:37	02:02:29
980	456	JENNY	SUAREZ CANOSA	F-141	MST1F-20	RATÁS PELUDAS	CORUÑA (A)	02:10:04	00:06:10	02:08:46	00:06:07	02:10:04	00:30:40	00:59:06	02:06:32	01:34:39	02:02:30
981	1197	IVAN	PEREIRA TORRES	M-840	MST1M-111		LAXE	02:10:04	00:06:10	02:08:46	00:06:07	02:10:04	00:30:33	00:59:02	02:06:32	01:34:36	02:02:30
982	1165	LUCÍA	MOREDA SANTAMARIA	F-142	MST2F-45		CORUÑA (A)	02:10:05	00:06:10	02:08:56	00:06:07	02:10:05	00:29:29	00:57:42	01:32:47	02:01:33	
983	509	LUCÍA	PENA REGO	F-143	MST1F-21		OURENSE	02:10:08	00:06:11	02:08:58	00:06:07	02:10:08	00:29:26	00:57:24	02:06:08	01:32:50	02:01:39
984	1156	MARTA	MIGUEZ	F-144	MST1F-22		PONTEVEDRA	02:10:12	00:06:11	02:09:17	00:06:08	02:10:12	00:29:08	00:57:07	02:06:18	01:32:48	02:01:44
985	928	JOSE ANGEL	FERREIRA CARIDE	M-841		JURASSIC BOX	PONTEVEDRA	02:10:13	00:06:11	02:09:19	00:06:08	02:10:13	00:29:08	00:57:03	02:06:17	01:32:47	02:01:41
986	538	SONIA	PRADO PRIETO	F-145	MST2F-46		VERÍN	02:10:14	00:06:11	02:09:23	00:06:08	02:10:14	00:27:33	00:54:14	02:05:45	01:30:20	02:00:54
987	1078	RITA	GARCÍA	F-146	MST3F-13		PONTEVEDRA	02:10:21	00:06:11	02:09:28	00:06:09	02:10:21	00:28:52	00:56:33	02:06:11	01:31:44	02:01:31
988	324	ENRIQUE	DE LA PEÑA ZÁRATE	M-842	MST4M-36	MAIS QUE AUGA	VIGO	02:10:22	00:06:11	02:09:17	00:06:08	02:10:22	00:27:37	00:54:29	02:05:45	01:30:12	02:00:43
989	1199	ENRIQUE	PÉREZ CABALEIRO	M-843			TUI	02:10:28	00:06:12	02:09:34	00:06:09	02:10:28	00:29:14	00:57:07	02:06:25	01:32:49	02:01:47
990	960	SABELA	ÁLVAREZ PARAMOS	F-147			TUI	02:10:28	00:06:12	02:09:34	00:06:09	02:10:28	00:29:12	00:57:07	02:06:25	01:32:49	02:01:47
991	306	JUAN JOSE	VERDES GOMEZ	M-844	MST3M-158		SANTIAGO DE COMPOSTELA	02:10:45	00:06:12	02:09:21	00:06:08	02:10:45	00:29:52	00:58:05	02:06:41	01:33:16	02:02:14
992	393	MANUEL JUAN	BLANCO GABIN	M-845	MST3M-159		BETANZOS	02:11:20	00:06:14	02:10:12	00:06:11	02:11:20	00:27:28	00:53:18	02:06:38	01:28:54	02:01:30
993	1018	ALBERTO	CIDRÁS ALFONSO	M-846	MST2M-229		MARÍN	02:11:28	00:06:14	02:10:27	00:06:11	02:11:28	00:28:22	00:55:35	02:06:22	01:30:11	02:01:03
994	987	JACINTO	BLANCO VIDAL	M-847	MST2M-230		BUEU	02:11:28	00:06:14	02:10:28	00:06:12	02:11:28	00:28:23	00:55:34	02:06:24	01:30:14	02:01:04
995	1009	ALFONSO	CASTIÑEIRA PASTORIZA	M-848			PONTEVEDRA	02:11:30	00:06:14	02:10:12	00:06:11	02:11:30	00:29:29	00:57:16	02:06:50	01:32:33	02:01:49
996	1300	JOSÉ	VILLAVEDE	M-849	MST1M-112		PONTEVEDRA	02:11:31	00:06:15	02:10:13	00:06:11	02:11:31	00:31:21	00:57:21	02:06:47	01:32:34	02:01:44
997	936	MIGUEL ÁNGEL	PEREIRA MIGUEZ	M-850	MST1M-113	RAVACHOL A TODO TROTE	POIO	02:11:32	00:06:15	02:10:14	00:06:11	02:11:32	00:29:30	00:57:20	02:06:54	01:32:30	02:01:53
998	389	LUIS	ARMADA CASAS	M-851	MST4M-37		BERGONDO	02:11:48	00:06:15	02:10:31	00:06:12	02:11:48	00:29:16	00:57:01	02:07:29	01:32:50	02:01:53
999	299	CRISTINA	SONEIRA VIEITES	F-148			MUXÍA	02:12:15	00:06:17	02:11:29	00:06:14	02:12:15	00:29:18	00:57:10	02:08:04	01:33:25	02:03:29
1000	1136	PABLO	LÓPEZ NOVAS	M-852	MST2M-231		VILAGARCÍA DE AROUSA	02:12:32	00:06:17	02:11:28	00:06:14	02:12:32	00:27:53	00:53:25	02:07:32	01:28:41	02:02:21
1001	1214	ALICIA	PPG	F-149	MST2F-47		CORUÑA (A)	02:12:34	00:06:18	02:11:22	00:						

1026	30	FRANCISCO JAVIER	VAZQUEZ GONZÁLEZ	M-866	MST3M-162		VIGO	02:17:26	00:06:31	02:16:02	00:06:27	02:17:26	00:30:28	00:59:29	02:13:03	01:37:20	02:08:17
1027	1008	ALBERTO	CASTELO BECERRA	M-867	MST1M-116		PONTEVEDRA	02:17:45	00:06:32	02:16:30	00:06:29	02:17:45	00:29:56	00:59:14	02:12:54	01:36:25	02:07:36
1028	1062	RAQUEL	FERNÁNDEZ JUNCAL	F-161			MOAÑA	02:17:58	00:06:33	02:17:03	00:06:30	02:17:58	00:28:50	00:56:53	02:13:37	01:35:31	02:08:38
1029	860	MOISÉS	SOLINO HERMELO	M-868			CANGAS	02:17:59	00:06:33	02:17:05	00:06:30	02:17:59	00:28:46	00:56:51	02:13:39	01:35:26	02:08:39
1030	411	IRIA	GAYOSO LODEIROS	F-162			CORUÑA (A)	02:19:11	00:06:36	02:18:16	00:06:34	02:19:11	00:29:37	00:58:51	02:13:38	01:34:27	02:08:30
1031	441	LETICIA	QUINTANA DEL RIO	F-163	MST2F-50		CORUÑA (A)	02:19:12	00:06:36	02:18:16	00:06:34	02:19:12	00:30:19	01:00:02	02:14:35	01:38:04	02:09:38
1032	1073	BELÉN	FILGUEIRA GARCÍA	F-164	MST3F-14		FERROL	02:19:27	00:06:37	02:18:16	00:06:34	02:19:27	00:28:43	00:57:34	02:15:05	01:36:38	02:09:55
1033	983	ANTONIO	BIOSCA	M-869			MONCADA	02:19:38	00:06:38	02:18:19	00:06:34	02:19:38	00:30:52	01:00:03	02:15:35	01:38:20	02:11:04
1034	984	AITANA	BIOSCA GUILLÉN	F-165			MONCADA	02:19:39	00:06:38	02:18:20	00:06:34	02:19:39	00:30:54	01:00:03	02:15:35	01:38:20	02:11:04
1035	1091	SANDRA	GARCIA PEREZ	F-166			PONTEVEDRA	02:19:40	00:06:38	02:18:38	00:06:35	02:19:40	00:30:29	00:59:47	02:15:21	01:38:21	02:10:13
1036	1079	CARLA	GARCÍA ALBA	F-167			ALGORCÓN	02:19:40	00:06:38	02:18:39	00:06:35	02:19:40	00:30:41	00:59:49	02:15:21	01:38:35	02:10:18
1037	1257	VÍCTOR	SAINZ DEL RIO	M-870	MST3M-163		PONTEVEDRA	02:19:40	00:06:38	02:18:39	00:06:35	02:19:40	00:30:29	00:59:46	02:15:21	01:38:13	02:10:12
1038	296	TAMARA	RODRIGUEZ VILA	F-168			MELIDE	02:20:13	00:06:39	02:19:15	00:06:37	02:20:13	00:28:15	00:58:13	02:15:55	01:37:22	02:10:24
1039	301	ADÁN	TUBIO RODRIGUEZ	M-871		EL CANARIO	RIBEIRA	02:20:15	00:06:39	02:19:15	00:06:37	02:20:15	00:28:17	00:58:14	02:15:54	01:37:21	02:10:16
1040	956	IVAN SOANI	ALVAREZ ECHANDIA	M-872			TUI	02:20:16	00:06:39	02:19:06	00:06:36	02:20:16	00:28:55	00:58:50	02:15:36	01:37:59	02:10:10
1041	426	MARIANA	MARTINEZ TRABA	F-169	MST2F-51		CAMBRE	02:20:56	00:06:41	02:19:52	00:06:38	02:20:56	00:30:13	00:59:22	02:16:03	01:37:14	02:10:51
1042	186	XOAN CARLOS	MIRA LIÑEIRO	M-873	MST3M-164	NOSPORTLIMIT	CAMBRE	02:20:57	00:06:41	02:19:53	00:06:38	02:20:57	00:30:14	00:59:20	02:16:02	01:37:16	02:10:49
1043	1224	LARA	REFOJO RUSO	F-170			CATOIRA	02:21:43	00:06:44	02:20:36	00:06:40	02:21:43	00:30:04	00:59:41	02:17:11	01:38:43	02:12:01
1044	311	ELENA	ABUNDANCIA GONZALEZ	F-171		GINGKO CLUB	VIGO	02:22:58	00:06:47	02:21:48	00:06:44	02:22:58	00:30:33	00:59:51	02:17:48	01:38:13	02:12:10
1045	341	MARTA	HUIDOBRO PICATOSTE	F-172		GINGKO CLUB	VIGO	02:22:58	00:06:47	02:21:48	00:06:44	02:22:58	00:30:33	00:59:54	02:17:48	01:38:13	02:12:12
1046	480	JORGE JOSÉ	VILABOÁ PITEIRA	M-874	MST1M-117		LUGO	02:23:21	00:06:48	02:22:16	00:06:45	02:23:21	00:31:23	01:01:50	02:18:54	01:42:24	02:14:04
1047	1304	YSHNA	ZERPA	F-173	MST1F-24		OURENSE	02:23:22	00:06:48	02:21:59	00:06:44	02:23:22	00:31:13	01:01:58	02:18:42	01:41:02	02:13:31
1048	467	JAIME	VILLARINO COSTA	M-875	MST2M-234		CORUÑA (A)	02:26:47	00:06:58	02:25:24	00:06:54	02:26:47	00:30:42	01:00:21	02:20:51	01:39:41	02:14:39
1049	1130	FRANCISCA	LEÓN CASTRO	F-174	MST4F-3		OURENSE	02:29:44	00:07:06	02:28:21	00:07:02	02:29:44	00:31:09	01:02:01	02:24:21	01:41:47	02:17:47
1050	1010	NAZARET	CASTRO	F-175			CORIA DEL RÍO	02:29:48	00:07:07	02:28:47	00:07:04	02:29:48	00:29:47	00:58:55	02:25:16	01:44:25	02:20:00
1051	1219	OLIVIA ROSE	RAPPOLT	F-176			HUTTON	02:29:49	00:07:07	02:28:48	00:07:04	02:29:49	00:29:41	00:58:45	02:25:13	01:44:21	02:19:57
1052	379	ENRIQUE	VAZQUEZ	M-876	MST3M-165		VIGO	02:32:20	00:07:14	02:31:29	00:07:11	02:32:20	00:29:11	00:58:54	02:26:08	01:39:38	02:19:53
1053	1293	ERICA	VAZQUEZ CARREIRO	F-177			VILANOVA DE AROUSA	02:32:30	00:07:14	02:29:42	00:07:06	02:32:30	00:31:38	01:03:51	02:27:05	01:45:08	02:20:57
1054	1141	SARA	LUQUE CRUSSELLES	F-178			PONTEVEDRA	02:33:52	00:07:18	02:32:31	00:07:14	02:33:52	00:31:16	01:03:19	02:28:46	01:45:54	02:22:56
1055	1237	JORGE	RIVERA	M-877			PONTEVEDRA	02:33:52	00:07:18	02:32:32	00:07:14	02:33:52	00:31:16	01:03:18	02:28:46	01:46:04	02:22:57
0	557	ALBERTO	JUNCAL IGLESIAS	M-0	MST3M-0	CLUB ATLETISMO SAMERTOLAMEU	MOAÑA	0	0	0	0	0	0	0	0	0	0
DNF	35	ABDELAZIZ	FATHI CHHIMA	M-0			CORUÑA (A)	0	0	0	0	0	0	0	0	0	0
DNF	98	ANTONIO	ÁLVAREZ COSTAS	M-0	MST2M-0	CLUB DEPORTIVO PINARIUM	VIGO	GA-3926525-A-N-S	0	0	0	0	0	00:18:08	00:36:14	00:39:04	00:58:57
DNF	118	ANDREA	GABIÁN GUERRA	F-0	MST1F-0	CLUB DEPORTIVO DELIKIA	VIGO		0	0	0	0	0	00:24:43	00:49:32	00:53:31	
DNF	167	ELOY	BRAVO CEREIJO	M-0		ACEADEAMA-TRIARTEIXO	BERGONDO		0	0	0	0	0	00:20:19	00:40:57	00:44:17	
DNF	176	ELOY	GÓMEZ ARMADA	M-0	MST2M-0		ORTIGUEIRA		0	0	0	0	0	00:18:15	00:36:18	00:39:08	
DNF	192	RODRIGO	PARAPAR	M-0	MST2M-0		MAÑÓN		0	0	0	0	0	00:23:20			
DNF	205	JOSÉ MANUEL	RIOS GIBELLO	M-0	MST4M-0		CORUÑA (A)	AG2020962	0	0	0	0	0	00:23:56			
DNF	226	JONATAN	JORGE GUILLÉ	M-0	MST1M-0	RUNEIROS DO SUR	LUGO		0	0	0	0	0	00:27:35	00:53:21	01:56:31	01:26:05 01:52:25
DNF	227	VÍCTOR MANUEL	LÓPEZ GAGO	M-0	MST2M-0	LUGO RUNNING CLUB	LUGO		0	0	0	0	0	00:23:59	00:47:03		
DNF	266	CARLOS	CASTRO ÁRES	M-0	MST4M-0		CEE		0	0	0	0	0	00:21:21	00:42:24	00:45:45	01:09:35
DNF	335	JULIO	GÓMEZ LÓPEZ	M-0	MST2M-0	EL CONITO FELIZ	VIGO		0	0	0	0	0	00:27:26	00:53:52	00:58:10	
DNF	433	ÁNGELA	PENA TAIBO	F-0		CLUB CORREXALLAS	SANTA COMBA	AG14111	0	0	0	0	0	00:25:24	00:51:18	00:55:26	
DNF	494	ALBA	FERRO	F-0	MST2F-0		OURENSE		0	0	0	0	0	00:26:32		01:23:17	
DNF	532	ALEJANDRO	CALVO LUQUE	M-0			SANTIAGO DE COMPOSTELA		0	0	0	0	0	00:30:58	01:04:15		
DNF	545	PABLO	OTERO FARÍÑA	M-0		BIKILA	ILLA DE AROUSA (A)		0	0	0	0	0	00:17:21	00:34:35	01:17:16	00:56:21 01:14:30
DNF	565	ALVARO	PRESEDO FRAGUÍO	M-0	MST2M-0	CLUB MARINADA ATLETICO	CORUÑA (A)		0	0	0	0	0	00:15:32	00:31:27	00:33:58	
DNF	584	NICOLAS	IGLESIAS LOPEZ	M-0		TERRA DE SONEIRA C.D.	FISTERRA		0	0	0	0	0	00:16:25	00:34:05	00:36:59	00:57:48
DNF	617	ANDREA	VÁZQUEZ NÚÑEZ	F-0			POIO		0	0	0	0	0	00:23:47	00:46:35	01:41:14	01:14:48 01:37:39
DNF	632	RUBEN	VIEITES MENDEZ	M-0	MST2M-0	C. A. CAMBADOS	CAMBADOS	AG20128	0	0	0	0	0	00:20:48	00:41:00	00:44:09	01:07:45
DNF	664	MARÍA TERESA	CIMADEVILLA CRUJEIRAS	F-0	MST2F-0	EL CANARIO	RIBEIRA	AG11743	0	0	0	0	0	00:21:29	00:43:00	00:46:24	01:23:28
DNF	801	ALVARO	LOPEZ SANTOS	M-0			PONTEVEDRA		0	0	0	0	0				
DNF	826	MANUEL	OUTON OVIEDO	M-0	MST3M-0		SANXENXO		0	0	0	0	0	00:21:49	00:44:31	00:48:08	
DNF	828	MARINA	PAJÓN AREA	F-0			NARÓN		0	0	0	0	0	00:23:11	00:47:05	00:50:43	
DNF	833	JESÚS	PENA HERMIDA	M-0			LUGO		0	0	0	0	0	00:18:38	00:37:29	00:40:29	
DNF	861	DAVID	SOTELO ZAPATA	M-0	MST2M-0		PONTEVEDRA		0	0	0	0	0	00:23:27	00:44:32	00:47:53	
DNF	905	ANDRÉS	GONZÁLEZ GARCÍA	M-0	MST4M-0	CLUB CASTRO DE LOBADIZ	FERROL		0	0	0	0	0				
DNF	907	DAVID	ÁLVAREZ CARRIL	M-0	MST2M-0	CLUB DEPORTIVO PINARIUM	PONTEVEDRA		0	0	0	0	0	00:27:18	00:52:35	00:56:40	
DNF	966	CRISTINA	ARAUJO MOLINA	F-0	MST1F-0		VIGO		0	0	0	0	0	00:31:26			
DNF	1016	SANTIAGO	CAVADA	M-0			VILAGARCÍA DE AROUSA		0	0	0	0	0	00:31:41	01:03:57	01:08:52	
DNF	1026	ANXO	COUSIÑO SÓNORA	M-0	MST1M-0		RIANXO		0	0	0	0	0	00:23:34	00:44:45	00:47:59	01:11:17
DNF	1057	ZOE	FERNÁNDEZ	F-0			CORUÑA (A)		0	0	0	0	0	00:31:56			
DNF	1113	DIEGO	GONZALEZ VICENTE	M-0	MST3M-0		PONTEVEDRA		0	0	0	0	0	00:25:43	00:50:04	00:54:00	
DNF	1137	ELSA	LORENZO GARCÍA	F-0			VILAGARCÍA DE AROUSA		0	0	0	0	0	00:28:57	00:56:11	01:00:44	
DNF	1164	DAMIAN	MORALES	M-0	MST2M-0		BUEU		0	0	0	0	0	00:23:28	00:44:49	01:36:24	01:11:23 01:33:04
DNF	1170	MARÍA	MURUAIS PAREDES	F-0	MST1F-0		PONTEVEDRA		0	0	0	0	0	00:28:26	00:56:24	01:01:12	
DNF	1201	FERNANDO	PÉREZ ESTUPIÑÁN	M-0			MARÍN		0	0	0	0	0	00:18:49	00:36:49	00:39:36	00:59:18
DNF	1261	DIEGO	SANMIGUEL NANIN	M-0			OURENSE		0	0	0	0	0	00:21:05	00:41:20	00:54:02	
DNF	1272	COVA	SM	F-0	MST3F-0		OLEIROS		0	0	0	0	0	00:25:25	00:49:49	01:50:36	01:20:59 01:46:41
DNF	1284	PABLO	TORRES RUEDA	M-0	MST1M-0		PONTEVEDRA		0	0	0	0	0	00:22:26	00:44:23	00:48:38	

XLIV GRAN FONDO CAIXABANK PONTEVEDRA 2026

10K
Clasificación Xeral

Posto	Dorsal	Nome	Apellidos	Xénero	Categoría	Club	Localidade	Licenza	T. Oficial	Ritmo	T. Neto	R. Neto	T. Total	T. CORBACEIRAS
1	2165	PEPE	SANCHEZ DEL VALLE VERGE	M-1	ABM-1	SOCIEDAD GIMNASTICA DE PONTEVEDRA	LUGO	GA 2023491	00:32:21	00:03:15	00:32:19	00:03:14	00:32:21	00:15:00
2	2144	MARIO	SANTOS GARCÍA	M-2	ABM-2	ATLETISMO RIAS BAIXAS	VILANOVA DE AROUSA		00:33:02	00:03:19	00:33:00	00:03:18	00:33:02	00:15:02
3	2157	ALEJANDRO	CADAYA	M-3	ABM-3	REAL CLUB CELTA DE ATLETISMO	OURENSE		00:33:08	00:03:19	00:33:07	00:03:19	-10:29:21	00:15:01
4	2217	MARIO	VIZCAINO GARCIA	M-4	ABM-4	CLUB CORDOBA PATRIMONIO	MOJACAR		00:33:16	00:03:20	00:33:14	00:03:20	00:33:16	00:15:05
5	2164	IAGO	PEREIRA SEIJO	M-5	ABM-5	SOCIEDAD GIMNASTICA DE PONTEVEDRA	BARRO		00:34:29	00:03:27	00:34:27	00:03:27	00:34:29	00:16:01
6	2149	JAIME	RODRIGUEZ RODRIGUEZ	M-6	ABM-6	CIDADE DE LUGO FLUVIAL	LUGO		00:34:38	00:03:28	00:34:35	00:03:28	00:34:38	00:16:02
7	2183	FRANCISCO	VARELA RAMOS	M-7	ABM-7		PONTEVEDRA		00:34:49	00:03:29	00:34:47	00:03:29	00:34:49	00:16:03
8	2173	ELÍAS SALVADOR	DOMÍNGUEZ CABRAL	M-8	ABM-8		PONTEVEDRA		00:34:50	00:03:29	00:34:48	00:03:29	00:34:50	00:16:02
9	2179	IAGO	NEIRA DÍAZ	M-9	ABM-9		LUGO		00:34:53	00:03:30	00:34:52	00:03:30	00:34:53	00:16:01
10	2141	CRISTIAN	DÍAZ LORENZO	M-10	ABM-10	ADAS-PROINOR	OURENSE	GA764912	00:35:13	00:03:32	00:35:11	00:03:32	00:35:13	00:16:01
11	2176	FERNANDO	MARTÍN SILVA	M-11	ABM-11		PONTEVEDRA		00:35:19	00:03:32	00:35:16	00:03:32	00:35:19	00:16:24
12	2013	VÍCTOR	LÓPEZ FERNÁNDEZ	M-12	ABM-12	ATLETISMO ARENTEIRO	OURENSE	AG 14226	00:35:37	00:03:34	00:35:34	00:03:34	00:35:37	00:16:36
13	2156	MIGUEL	MERUENDANO SUÁREZ	M-13	ABM-13	MILLER	PONTEVEDRA		00:35:42	00:03:35	00:35:40	00:03:34	00:35:42	00:16:03
14	2143	DIEGO	GONZÁLEZ GONZÁLEZ	M-14	ABM-14	ASOCIACION DEPORTIVA CULTURAL A BOUTUREIRA	OURENSE		00:36:00	00:03:36	00:35:57	00:03:36	00:36:00	00:16:40
15	2150	CARLOS	GONZÁLEZ PIÑEIRO	M-15	ABM-15	CLUB ATLETISMO CAMBADOS	SANXENXO		00:36:03	00:03:37	00:36:01	00:03:37	00:36:03	00:16:35
16	2196	MOHAMED	RAMI	M-16	ABM-16	BE ONE	PONTEVEDRA		00:36:04	00:03:37	00:36:02	00:03:37	00:36:04	00:16:20
17	2177	DANIEL	MARTÍNEZ	M-17	ABM-17		OURENSE	AG2018783	00:36:47	00:03:41	00:36:44	00:03:41	00:36:47	00:17:06
18	2322	ZAKARIA	BAKHERRAZ	M-18	ABM-18		PONTEVEDRA		00:36:49	00:03:41	00:36:46	00:03:41	00:36:49	00:16:30
19	2128	SERAFÍN	RODRÍGUEZ RODRÍGUEZ	M-19	ABM-19	CORREDORES DO MIÑO	OURENSE		00:36:51	00:03:42	00:36:49	00:03:41	00:36:51	00:16:46
20	2163	SABELA	MARTÍNEZ PEÓN	F-1	ABF-1	SOCIEDAD GIMNASTICA DE PONTEVEDRA	POIO		00:36:55	00:03:42	00:36:52	00:03:42	00:36:55	00:17:08
21	2162	MANUEL	HURTADO SANJURJO	M-20	ABM-20	SOCIEDAD GIMNASTICA DE PONTEVEDRA	PONTEVEDRA	GA14652	00:36:56	00:03:42	00:36:54	00:03:42	00:36:56	00:17:08
22	2166	ROI	SURRIBAS PORTO	M-21	ABM-21	SOCIEDAD GIMNASTICA DE PONTEVEDRA	PONTEVEDRA		00:37:02	00:03:43	00:37:00	00:03:42	00:37:02	00:17:21
23	2245	MANUEL	FARTO SANTIAGO	M-22	ABM-22	EL TABLERO TEAM	PONTEVEDRA		00:37:22	00:03:45	00:37:20	00:03:44	00:37:22	00:17:08
24	2549	MATTHEW	MURPHY OCONNOR	M-23	ABM-23		ARTEIXO		00:37:26	00:03:45	00:37:23	00:03:45	00:37:26	00:17:21
25	2194	RUBÉN	SÁNCHEZ VÁZQUEZ	M-24	ABM-24	ATLETAS DE ACEA DE AMA	OLEIROS	72743117.0	00:37:37	00:03:46	00:37:33	00:03:46	00:37:37	00:17:22
26	2697	RUBEN	VIZOSO RODAS	M-25	ABM-25		CANGAS		00:37:42	00:03:47	00:37:39	00:03:46	00:37:42	00:17:22
27	2597	ALEJANDRO	QUINTAS CRESPO	M-26	ABM-26		PONTEVEDRA		00:37:56	00:03:48	00:37:51	00:03:48	00:37:56	00:17:26
28	2232	DANIEL	FERNÁNDEZ LEAL	M-27	ABM-27	CLUB MARINEDA ATLETICO	SANXENXO		00:37:58	00:03:48	00:37:54	00:03:48	00:37:58	00:17:34
29	2672	JOSE	UBEIRA VALLADARES	M-28	ABM-28		PONTEVEDRA		00:37:59	00:03:48	00:37:54	00:03:48	00:37:59	00:17:49
30	2442	NICOLAS	FUENTES PADIN	M-29	ABM-29		GROVE (O)		00:38:12	00:03:50	00:38:08	00:03:49	00:38:12	00:17:36
31	2161	ISABEL	CAEIRO MARÍÑO	F-2	ABF-2	SOCIEDAD GIMNASTICA DE PONTEVEDRA	PONTEVEDRA	GA 60035	00:38:21	00:03:51	00:38:18	00:03:50	00:38:21	00:17:22
32	2206	GONZALO	LOURIDO RODRIGUEZ	M-30	ABM-30	CDM XESTEIRAS	CALDAS DE REIS		00:38:25	00:03:51	00:38:20	00:03:50	00:38:25	00:17:47
33	2146	ALBA	RASO MORA	F-3	ABF-3	CAPOL	CORUÑA (A)	M-3876820-A	00:38:28	00:03:51	00:38:26	00:03:51	00:38:28	00:17:52
34	2145	ADRIÁN	GARCÍA HERRANZ	M-31	ABM-31	BEKDOOSAN	VALENCIA		00:38:28	00:03:51	00:38:26	00:03:51	00:38:28	00:17:51
35	2233	XOÁN	CORREDOIRA RODRÍGUEZ	M-32	ABM-32	CLUB TRIATLÓN COMPOSTELA	POIO		00:38:47	00:03:53	00:38:43	00:03:53	00:38:47	00:17:37
36	2686	HECTOR	VELASCO FERREIRÓS	M-33	ABM-33		PONTEVEDRA		00:38:47	00:03:53	00:38:29	00:03:51	00:38:47	00:18:23
37	2289	RAÚL	BLANCO PORTO	M-34	ABM-34	VERXEL NUTRICIÓN DEPORTIVA	LUGO		00:39:01	00:03:55	00:38:58	00:03:54	00:39:01	00:17:39
38	2585	HIPÓLITO	PIEDRAS PUIG	M-35	ABM-35		PONTEVEDRA		00:39:12	00:03:56	00:39:06	00:03:55	00:39:12	00:18:29
39	2010	LUIS EDUARDO	GARCIA NUÑEZ	M-36	ABM-36	MONUMENTAL CXC	LUGO	GA-16450	00:39:26	00:03:57	00:39:23	00:03:57	00:39:26	00:18:31
40	2112	FRANCISCO	VAZQUEZ SEOANE	M-37	ABM-37	ACEADEAMA-TRIARTEIXO	CAMBRE		00:39:27	00:03:57	00:39:22	00:03:57	00:39:27	00:18:31
41	2284	CÉSAR	CREO FERNÁNDEZ	M-38	ABM-38	TRIATLÓN RIANXO	RIANXO		00:39:30	00:03:57	00:39:22	00:03:57	00:39:30	00:18:44
42	2051	JAVIER	GIRÁLDEZ	M-39	ABM-39	ATLETISMO BAIONA	BAIONA		00:39:38	00:03:58	00:39:35	00:03:58	00:39:38	00:18:23
43	2611	FERNANDO	RODAS MARTINEZ	M-40	ABM-40		CANGAS		00:39:45	00:03:59	00:39:42	00:03:59	00:39:45	00:18:18
44	2372	EDUARDO	CONDE	M-41	ABM-41		SOUTOMAIOR		00:39:54	00:04:00	00:39:51	00:04:00	00:39:54	00:17:47
45	2015	ADRIÁN	ÁLVAREZ SANTOS	M-42	ABM-42		SANTIAGO DE COMPOSTELA		00:39:55	00:04:00	00:39:49	00:03:59	00:39:55	00:18:19
46	2152	JOSE MANUEL	OMIL IGLESIAS	M-43	ABM-43	CLUB DEPORTIVO PINARIUM	MARÍN		00:39:58	00:04:00	00:39:54	00:04:00	00:39:58	00:18:40
47	2211	MOHAMED	LACHHAB	M-44	ABM-44	CLUB ATLETISMO CUNTIS	CUNTIS		00:40:01	00:04:01	00:39:57	00:04:00	00:40:01	00:18:18
48	2097	SIMÓN	LOPEZ EIROA	M-45	ABM-45	ACEADEAMA-TRIARTEIXO	OLEIROS		00:40:01	00:04:01	00:39:56	00:04:00	00:40:01	00:18:32
49	2306	ANXO	ALFONSO PRESA	M-46	ABM-46		PONTEAREAS		00:40:07	00:04:01	00:40:00	00:04:00	00:40:07	00:18:43
50	2528	JOAQUÍN	MARTÍNEZ ÁLVAREZ	M-47	ABM-47		PONTEVEDRA		00:40:11	00:04:02	00:39:49	00:03:59	00:40:11	00:19:22
51	2076	JORGE	TINAQUERO	M-48	ABM-48		VIGO		00:40:14	00:04:02	00:40:10	00:04:01	00:40:14	00:18:43
52	2578	CARLOS	PÉREZ MARÍ	M-49	ABM-49		SANTA EULALIA DEL RÍO		00:40:15	00:04:02	00:40:11	00:04:02	00:40:15	00:18:44
53	2001	TONHO	ALVES PICALLO	M-50	ABM-50	CLUB USC	SANTIAGO DE COMPOSTELA	AG 767397	00:40:22	00:04:03	00:40:19	00:04:02	00:40:22	00:18:19
54	2658	LUIS	SUAREZ VILELA	M-51	ABM-51		CEDEIRA		00:40:39	00:04:04	00:40:30	00:04:03	00:40:39	00:18:56
55	2089	JORGE	DÍAZ VILLALBA	M-52	ABM-52	ACEADEAMA-TRIARTEIXO	CULLEREDO		00:40:42	00:04:05	00:40:36	00:04:04	00:40:42	00:18:50
56	2649	MARTÍN	SERANTES BASDEDIÓS	M-53	ABM-53		MEÁN		00:40:43	00:04:05	00:40:29	00:04:03	00:40:43	00:18:54
57	2159	CAYETANO	GARCÍA BLANCO	M-54	ABM-54	SAUDE SPORT	PORTO DO SON	GA768531	00:40:47	00:04:05	00:40:43	00:04:05	00:40:47	00:18:44
58	2377	RUBÉN	COSTA OTERO	M-55	ABM-55		GROVE (O)		00:41:02	00:04:07	00:40:39	00:04:04	00:41:02	00:19:24
59	2553	DAVID	NOGUEIRA SENTIES	M-56	ABM-56		VIGO		00:41:07	00:04:07	00:40:48	00:04:05	00:41:07	00:19:47
60	2425	ALEJANDRO	FERNANDEZ PEREZ	M-57	ABM-57		MEÁN		00:41:18	00:04:08	00:41:13	00:04:08	00:41:18	00:18:53
61	2005	ANA	BERNARDEZ RODRÍGUEZ	F-4	ABF-4		CORUÑA (A)		00:41:22	00:04:09	00:41:19	00:04:08	00:41:22	00:19:02
62	2241	FERNANDO	MARTÍN RODRÍGUEZ	M-58	ABM-58	CORREDORES DO MIÑO	OURENSE		00:41:23	00:04:09	00:41:18	00:04:08	00:41:23	00:19:03
63	2595	MATEO	PUIG GARCÍA	M-59	ABM-59		PONTEVEDRA		00:41:32	00:04:10	00:41:10	00:04:07	00:41:32	00:19:19
64	755	MARCO	FERNANDEZ CARDOSO	M-60	ABM-60		VIGO		00:41:33	00:04:10	00:41:28	00:04:09	00:41:33	00:19:02
65	2215	DAVID	ABAD GREGORIO	M-61	ABM-61	CLUB ATLETISMO SAMERTOLAMEU	MOAÑA	GA390	00:41:36	00:04:10	00:41:29	00:04:09	00:41:36	00:19:14
66	2187	PEDRO	BARANGA	M-62	ABM-62	ACEADEAMA-TRIARTEIXO	CULLEREDO		00:41:42	00:04:11	00:41:36	00:04:10	00:41:42	00:19:03
67	2281	MANUEL	ULLA REGA	M-63	ABM-63	SOCIEDAD GIMNASTICA DE PONTEVEDRA	REDONDELA		00:41:43	00:04:11	00:41:37	00:04:10	00:41:43	00:19:15
68	2011	PURIFICACIÓN	ANEGAS FERNÁNDEZ	F-5	ABF-5	CORREDORES DO MIÑO	OURENSE	GA3787904ATS	00:41:44	00:04:11	00:41:41	00:04:11	00:41:44	00:19:12
69	2316	JOSÉ VICENTE	ARES LORENZO	M-64	ABM-64		DODRO		00:42:00	00:04:12	00:41:49	00:04:11	00:42:00	00:19:45

70	2227	DAVID	OTERO CRESPO	M-65	ABM-65	CLUB DEPORTIVO PINARIUM	MARÍN		00:42:15	00:04:14	00:42:09	00:04:13	00:42:15	00:18:57
71	2239	MANUEL	CID LOMGUEIRA	M-66	ABM-66	COMESAÑA SPORTING CLUB	REDONDELA	AG2021211	00:42:19	00:04:14	00:42:13	00:04:14	00:42:19	00:19:05
72	2033	SEGUNDO	RIVEIRO MOLEDO	M-67	ABM-67	CLUB ATLETISMO NOIA	NOIA	AG19816	00:42:28	00:04:15	00:42:15	00:04:14	00:42:28	00:19:43
73	2009	IVÁN	GARCIA NUÑEZ	M-68	ABM-68	MONUMENTAL-CXC	OUTEIRO DE REI		00:42:29	00:04:15	00:42:26	00:04:15	00:42:29	00:19:46
74	2521	EDUARDO	MAGARIÑOS AMOEDO	M-69	ABM-69		VILABOA		00:42:30	00:04:15	00:42:18	00:04:14	00:42:30	00:20:01
75	2048	BORJA	FERNÁNDEZ CARDOSO	M-70	ABM-70		VIGO		00:42:30	00:04:15	00:42:24	00:04:15	00:42:30	00:19:58
76	2594	MIGUEL	PUIG GARCIA	M-71	ABM-71		PONTEVEDRA		00:42:38	00:04:16	00:42:16	00:04:14	00:42:38	00:20:02
77	2151	MAR	CHILLÓN CAMAÑO	F-6	ABF-6	CLUB ATLETISMO FEMENINO CELTA	VIGO	GA19667	00:42:40	00:04:16	00:42:37	00:04:16	00:42:40	00:19:53
78	2435	FERNANDO	FERRETE POZA	M-72	ABM-72		PONTEVEDRA		00:42:41	00:04:17	00:42:32	00:04:16	00:42:41	00:20:03
79	2020	ADRIAN	DARRIBA DAPENA	M-73	ABM-73		BAÑA (A)		00:42:54	00:04:18	00:42:41	00:04:17	00:42:54	00:20:37
80	2457	JORGE	GIL VARELA	M-74	ABM-74		OURENSE		00:42:57	00:04:18	00:42:43	00:04:17	00:42:57	00:19:11
81	2094	JAVIER	FERNÁNDEZ MARTÍNEZ	M-75	ABM-75		CAMBRE		00:43:07	00:04:19	00:43:00	00:04:18	00:43:07	00:19:51
82	2637	ADRIAN	SALGADO CARBALLO	M-76	ABM-76		PONTEVEDRA		00:43:09	00:04:19	00:43:05	00:04:19	00:43:09	00:20:30
83	2329	PABLO	BARREIRO RODRIGUEZ	M-77	ABM-77		PONTECESURES		00:43:19	00:04:20	00:43:09	00:04:19	00:43:19	00:20:37
84	2498	LIROY	JIMÉNEZ	M-78	ABM-78		BARRO		00:43:27	00:04:21	00:43:21	00:04:21	00:43:27	00:20:21
85	2336	ALEJANDRO	BERNARDO GARCIA	M-79	ABM-79		SANTIAGO DE COMPOSTELA		00:43:35	00:04:22	00:43:16	00:04:20	00:43:35	00:21:09
86	2361	JAIME	CASALDERREY SANMARTIN	M-80	ABM-80		PONTEVEDRA		00:43:46	00:04:23	00:43:36	00:04:22	00:43:46	00:20:00
87	2238	XIÁN	PARADA	M-81	ABM-81	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	BUEU		00:43:48	00:04:23	00:43:44	00:04:23	00:43:48	01:17:19
88	2448	MIGUEL	GARCIA GARCÍA	M-82	ABM-82		PONTEVEDRA		00:43:51	00:04:24	00:43:41	00:04:23	00:43:51	00:20:20
89	2219	ALFREDO	FERREIRO DEAÑO	M-83	ABM-83	CLUB DEPORTIVO AURUM	RIBADAVIA	A-10629	00:43:53	00:04:24	00:43:48	00:04:23	00:43:53	00:20:11
90	2185	SOUFIANE	TAMOUH	M-84	ABM-84	5TH PINE MTB TEAM	PONTEVEDRA		00:43:58	00:04:24	00:43:31	00:04:22	00:43:58	00:20:52
91	2321	MANUEL	ARZA GARCIA	M-85	ABM-85		PONTEVEDRA		00:44:04	00:04:25	00:43:55	00:04:24	00:44:04	00:20:45
92	2212	MANUEL	PAZ CASTRO	M-86	ABM-86	CLUB ATLETISMO CUNTIS	PONTEVEDRA		00:44:17	00:04:26	00:44:13	00:04:26	00:44:17	00:20:08
93	2663	JAIME	TILVE HERMIDA	M-87	ABM-87		PONTEVEDRA		00:44:19	00:04:26	00:44:12	00:04:26	00:44:19	00:20:21
94	2313	LUIS	ANSORENA BALTASAR	M-88	ABM-88		PONTEVEDRA		00:44:37	00:04:28	00:44:33	00:04:28	00:44:37	00:20:12
95	2684	GUILLERMO	VEIGA PEREIRA	M-89	ABM-89		PONTEVEDRA		00:44:38	00:04:28	00:44:20	00:04:26	00:44:38	00:21:22
96	2188	MANUEL	EIRAS CASAL	M-90	ABM-90	ACEADEAMA-TRIARTEIXO	OLEIROS		00:44:45	00:04:29	00:44:37	00:04:28	00:44:45	00:20:22
97	2468	VÍCTOR	GONZÁLEZ BUJÁN	M-91	ABM-91		PONTEVEDRA		00:44:48	00:04:29	00:44:34	00:04:28	00:44:48	00:20:50
98	2535	BORJA	MEIS BRAVO	M-92	ABM-92		GROVE (O)		00:44:49	00:04:29	00:44:42	00:04:29	00:44:49	00:20:50
99	2207	MANUEL	OTERO PAZ	M-93	ABM-93	CITANIAS	CORUÑA (A)		00:44:50	00:04:29	00:44:12	00:04:26	00:44:50	00:21:12
100	2182	JORGE	TORRES TORRES	M-94	ABM-94		SANXENXO		00:44:54	00:04:30	00:44:52	00:04:30	00:44:54	00:17:48
101	2495	LUZ	IGNACIO PEREZ	F-7	ABF-7		PONTEVEDRA		00:44:54	00:04:30	00:44:24	00:04:27	00:44:54	00:21:21
102	2214	FELIX	SAGRADO MORENO	M-95	ABM-95	CLUB ATLETISMO RÍAS BAIXAS	PONTEVEDRA		00:45:12	00:04:32	00:45:03	00:04:31	00:45:12	00:21:07
103	2542	UXIO	MILLAN PEREZ	M-96	ABM-96		CANGAS		00:45:20	00:04:32	00:45:07	00:04:31	00:45:20	00:21:34
104	2422	FRAN	FERNÁNDEZ FERNÁNDEZ	M-97	ABM-97		CANIZA (A)		00:45:21	00:04:33	00:44:47	00:04:29	00:45:21	00:21:27
105	2545	MARCOS	MONTOTO MORAIS	M-98	ABM-98		PONTEVEDRA		00:45:22	00:04:33	00:44:36	00:04:28	00:45:22	00:22:25
106	2440	BRUNO	FRAGUAS CADAVID	M-99	ABM-99		PONTEVEDRA		00:45:26	00:04:33	00:45:00	00:04:30	00:45:26	00:21:29
107	2567	IVÁN	PAZ LOSADA	M-100	ABM-100		PONTEVEDRA		00:45:28	00:04:33	00:45:02	00:04:31	00:45:28	00:21:29
108	2168	PAULA	ALFONSO TRIGUERO	F-8	ABF-8		CASTELL (ES)		00:45:31	00:04:34	00:45:28	00:04:33	00:45:31	00:20:54
109	2075	MAURO	SANTIAGO DOCÍO	M-101	ABM-101		VIGO		00:45:36	00:04:34	00:44:56	00:04:30	00:45:36	00:22:21
110	2587	JOSÉ MANUEL	POCEIRO HERMIDA	M-102	ABM-102		PONTEVEDRA		00:45:37	00:04:34	00:45:28	00:04:33	00:45:37	00:20:31
111	2154	LORENA	POSE VARELA	F-9	ABF-9	CLUB DEPORTIVO UNIVERSIDADE DE SANTIAGO	SANTIAGO DE COMPOSTELA	T AG 2021045	00:45:40	00:04:34	00:45:36	00:04:34	00:45:40	00:20:44
112	2186	JESÚS	ASTRAY CASTRO	M-103	ABM-103	ACEADEAMA-TRIARTEIXO	CORUÑA (A)		00:45:40	00:04:34	00:45:33	00:04:34	00:45:40	00:20:49
113	2687	MIGUEL	VELASCO FILLOY	M-104	ABM-104		PONTEVEDRA		00:45:43	00:04:35	00:45:22	00:04:33	00:45:43	00:21:41
114	2685	SOFIA	VEIGA PEREIRA	F-10	ABF-10		PONTEVEDRA		00:45:46	00:04:35	00:45:28	00:04:33	00:45:46	00:21:21
115	2678	BORJA	VÁZQUEZ ALVAREZ	M-105	ABM-105		CANIZA (A)		00:45:58	00:04:36	00:45:22	00:04:33	00:45:58	00:21:28
116	2098	JORGE	LUGRIS MIRON	M-106	ABM-106	ACEADEAMA-TRIARTEIXO	OLEIROS		00:45:59	00:04:36	00:45:41	00:04:35	00:45:59	00:21:05
117	2398	LOIS	DOCAMPO MIGUEZ	M-107	ABM-107		ESTRADA (A)		00:46:02	00:04:37	00:45:46	00:04:35	00:46:02	00:21:13
118	2019	ANTONIO	CALVIÑO CERVINO	M-108	ABM-108		ESTRADA (A)		00:46:07	00:04:37	00:45:50	00:04:35	00:46:07	00:21:15
119	2506	IVÁN	LOGROÑO REY	M-109	ABM-109		PONTEVEDRA		00:46:17	00:04:38	00:46:12	00:04:38	00:46:17	00:21:27
120	2044	ADRIÁN	COSTAS RODRÍGUEZ	M-110	ABM-110		VIGO		00:46:18	00:04:38	00:46:03	00:04:37	00:46:18	00:21:18
121	2178	LUCÍA	MARTÍNEZ PÉREZ	F-11	ABF-11		VERÍN		00:46:18	00:04:38	00:46:14	00:04:38	00:46:18	00:21:00
122	2607	BREOGÁN	RIOBÓO LOIS	M-111	ABM-111		PONTEVEDRA		00:46:19	00:04:38	00:46:01	00:04:37	00:46:19	00:20:59
123	2369	MIGUEL	CHAPELA RIVAS	M-112	ABM-112		PONTEVEDRA		00:46:25	00:04:39	00:45:57	00:04:36	00:46:25	00:21:29
124	2590	RAMON	PORTELA JUSTO	M-113	ABM-113		PONTEVEDRA		00:46:32	00:04:40	00:46:23	00:04:39	00:46:32	00:21:33
125	2375	CHECHO	CORREDOIRA VÁZQUEZ	M-114	ABM-114		POIO		00:46:32	00:04:40	00:46:25	00:04:39	00:46:32	00:21:36
126	2174	NIEVES	LORENTE MARTÍN	F-12	ABF-12		PONTEVEDRA		00:46:34	00:04:40	00:46:32	00:04:40	00:46:34	00:21:17
127	2077	SEBASTIAN	TRIMARCHI	M-115	ABM-115		VIGO		00:46:37	00:04:40	00:46:09	00:04:37	00:46:37	00:21:20
128	2624	DAVID	ROMERO LAGUNA	M-116	ABM-116		ALICANTE/ALACANT		00:46:41	00:04:41	00:46:10	00:04:37	00:46:41	00:22:07
129	2602	GABRIEL	REY MEIS	M-117	ABM-117		POIO		00:46:43	00:04:41	00:46:35	00:04:40	00:46:43	00:21:02
130	2171	JORGE	COUTO RODRÍGUEZ PEDROSA	M-118	ABM-118		PONTEVEDRA		00:46:43	00:04:41	00:46:36	00:04:40	00:46:43	00:21:01
131	2371	IVAN	CID PINAL	M-119	ABM-119		OURENSE		00:46:50	00:04:41	00:46:36	00:04:40	00:46:50	00:22:08
132	2493	JOSE	IGLESIAS TORRES	M-120	ABM-120		POIO		00:46:51	00:04:42	00:46:13	00:04:38	00:46:51	00:23:01
133	2032	MARCOS	REBOREDO VICENTE	M-121	ABM-121		ESTRADA (A)		00:46:54	00:04:42	00:46:25	00:04:39	00:46:54	00:22:11
134	2012	CARLA	DE DIOS GARCIA	F-13	ABF-13		OURENSE		00:46:55	00:04:42	00:46:49	00:04:41	00:46:55	00:21:42
135	2354	ADRIAN	CARBALLUDE LOSADA	M-122	ABM-122		PONTEVEDRA		00:46:59	00:04:42	00:46:32	00:04:40	00:46:59	00:22:51
136	2584	CARLOS	PICHEL RIVAS	M-123	ABM-123		PONTEVEDRA		00:47:00	00:04:42	00:46:50	00:04:41	00:47:00	00:21:49
137	2382	MANUEL	COUTO RODRIGUEZ	M-124	ABM-124		PONTEVEDRA		00:47:03	00:04:43	00:46:47	00:04:41	00:47:03	00:21:40
138	2261	CARLOS	ABAL ROMA	M-125	ABM-125	NUBEIROS OCR	CAMBADOS		00:47:05	00:04:43	00:46:45	00:04:41	00:47:05	00:22:03
139	2120	JOSÉ CARLOS	CHAVIANO CASTELLANOS	M-126	ABM-126		CARBALLIÑO (O)		00:47:08	00:04:43	00:46:44	00:04:41	00:47:08	00:21:43
140	2099	BORJA	MILLÁN RODRÍGUEZ	M-127	ABM-127		CORUÑA (A)		00:47:09	00:04:43	00:46:46	00:04:41	00:47:09	00:22:17
141	2362	JENIFER	CASALDERREY SORIA	F-14	ABF-14		PONTEVEDRA		00:47:12	00:04:44	00:47:00	00:04:42	00:47:12	00:21:33
142	2439	NANDI	FONTAN GOMEZ	M-128	ABM-128		PONTEVEDRA		00:47:12	00:04:44	00:46:43	00:04:41	00:47:12	00:21:46
143	2043	FERNANDO	CONDE LAMAS	M-129	ABM-129		CANGAS		00:47:15	00:04:44	00:46:51	00:04:42	00:47:15	00:21:51
144	2299	FERNANDO	AGRA SOTO	M-130	ABM-130		ESTRADA (A)		00:47:17	00:04:44	00:47:04	00:04:43	00:47:17	00:22:17
145	2040	IAGO	BARRERAS	M-131	ABM-131		NIGRÁN		00:47:18	00:04:44	00:47:10	00:04:43	00:47:18	00:21:55

146	2294	MARIA	ABEL DIEGUEZ	F-15	ABF-15		CANGAS	G-13072	00:47:18	00:04:44	00:46:45	00:04:41	00:47:18	00:22:36
147	2270	MANUEL	MORALES ADÁN	M-132	ABM-132	PONTE A CORRER	PONTEVEDRA		00:47:20	00:04:44	00:46:50	00:04:41	00:47:20	00:22:09
148	2340	MARTÍN	BORJAS ÁLVAREZ	M-133	ABM-133		PONTEVEDRA		00:47:21	00:04:45	00:47:12	00:04:44	00:47:21	00:22:44
149	2110	RAUL	VARELA FERNÁNDEZ	M-134	ABM-134	ACEADEAMA-TRIARTEIXO	OLEIROS		00:47:23	00:04:45	00:47:23	00:04:45	00:47:23	00:21:17
150	2204	DARÍO	GARCÍA PEREIRA	M-135	ABM-135	CD CADIZ COSTA DE LA LUZ	CANGAS		00:47:23	00:04:45	00:47:04	00:04:43	00:47:23	00:22:29
151	2135	JAIRO	REY PENA	M-136	ABM-136		CARBALLO		00:47:24	00:04:45	00:47:09	00:04:43	00:47:24	00:21:19
152	2391	JULIA	DEVEZA PRIETO	F-16	ABF-16		GROVE (O)		00:47:25	00:04:45	00:47:15	00:04:44	00:47:25	00:21:26
153	2208	MARÍA JOSÉ	PÉREZ HARO	F-17	ABF-17	CLUB ATLETISMO BRIÓN - HYUPERSA SANTIAGO	BRIÓN		00:47:25	00:04:45	00:47:10	00:04:43	00:47:25	00:21:37
154	2477	JORGE	GONZÁLEZ RODRÍGUEZ	M-137	ABM-137		VEDRA		00:47:26	00:04:45	00:47:10	00:04:43	00:47:26	00:21:33
155	2223	ROBERTO	FRAGA SANTIAGO	M-138	ABM-138	CLUB DEPORTIVO PINARIUM	MARÍN		00:47:28	00:04:45	00:47:22	00:04:45	00:47:28	00:22:10
156	2346	FERNANDO	CALVO BERNARDEZ	M-139	ABM-139		PONTEVEDRA		00:47:36	00:04:46	00:46:50	00:04:41	00:47:36	00:23:24
157	2586	PABLO	PINEIRO CARRETE	M-140	ABM-140		POIO		00:47:39	00:04:46	00:47:21	00:04:45	00:47:39	00:22:26
158	2213	RAMÓN	BARREIROS CERNADAS	M-141	ABM-141	CLUB ATLETISMO OUTES- MARISCOS ANTÓN	OUTES		00:47:39	00:04:46	00:47:29	00:04:45	00:47:39	00:22:09
159	2403	ANGEL	DOMINGUEZ MENDEZ	M-142	ABM-142		MEANO		00:47:41	00:04:47	00:47:33	00:04:46	00:47:41	00:22:14
160	2620	GABRIELA	ROMERO	F-18	ABF-18		VIGO		00:47:42	00:04:47	00:47:35	00:04:46	00:47:42	00:22:29
161	2385	DIEGO	DACOSTA GARCÍA	M-143	ABM-143		PONTEVEDRA		00:47:45	00:04:47	00:47:37	00:04:46	00:47:45	00:21:25
162	2363	JAIME	CASTEJON OTERO	M-144	ABM-144		VIGO		00:47:45	00:04:47	00:47:36	00:04:46	00:47:45	00:22:07
163	2054	CARLOS	LA TONA	M-145	ABM-145		VIGO		00:47:46	00:04:47	00:47:31	00:04:46	00:47:46	00:21:56
164	2324	CRISTINA	BALTAR	F-19	ABF-19		SANTIAGO DE COMPOSTELA		00:47:47	00:04:47	00:47:38	00:04:46	00:47:47	00:22:12
165	2271	GONZALO	PAZOS GONZALEZ	M-146	ABM-146	PONTE A CORRER	PONTEVEDRA		00:47:49	00:04:47	00:47:19	00:04:44	00:47:49	00:22:38
166	2479	MODESTO	GONZÁLEZ SENRA	M-147	ABM-147		PONTEVEDRA		00:47:50	00:04:47	00:47:29	00:04:45	00:47:50	00:22:00
167	2588	ALFREDO	POLÍN NÚÑEZ	M-148	ABM-148		MOAÑA		00:47:57	00:04:48	00:47:19	00:04:44	00:47:57	00:23:25
168	2501	RODRIGO	LAMAS	M-149	ABM-149		SANTIAGO DE COMPOSTELA		00:47:59	00:04:48	00:47:45	00:04:47	00:47:59	00:21:39
169	2638	ANTONIO	SALGADO MASIDE	M-150	ABM-150		BAÑOS DE MOLGAS		00:47:59	00:04:48	00:47:46	00:04:47	00:47:59	00:22:45
170	2561	DAVID	PARADA HERNÁNDEZ	M-151	ABM-151		VILAGARCÍA DE AROUSA		00:48:01	00:04:49	00:47:48	00:04:47	00:48:01	00:22:48
171	2600	LUIS	REQUEJO VARELA	M-152	ABM-152		SANXENXO		00:48:04	00:04:49	00:47:43	00:04:47	00:48:04	00:22:58
172	2343	MANUEL	BOUZAS ESPASANDIN	M-153	ABM-153		CORUÑA (A)	AG 2025019	00:48:07	00:04:49	00:47:43	00:04:47	00:48:07	00:22:37
173	2596	FRANCISCO	QUINTÁNS MORÁN	M-154	ABM-154		PONTEVEDRA		00:48:09	00:04:49	00:47:53	00:04:48	00:48:09	00:22:26
174	2641	DANIEL	SANTALICES DEL RIO	M-155	ABM-155		VIGO		00:48:11	00:04:50	00:47:44	00:04:47	00:48:11	00:22:14
175	2126	OSCAR	PALLARES BASALO	M-156	ABM-156		CELANOVA		00:48:11	00:04:50	00:47:44	00:04:47	00:48:11	00:22:13
176	2199	HUGO	PEREZ PINTOS	M-157	ABM-157	BUDO ASOCIACION DEPORTIVA	PONTEVEDRA		00:48:11	00:04:50	00:47:41	00:04:47	00:48:11	00:22:46
177	2006	SUSANA	CARBALLO BALOIRA	F-20	ABF-20	ACEADEAMA-TRIARTEIXO	CORUÑA (A)		00:48:16	00:04:50	00:48:12	00:04:50	00:48:16	00:21:32
178	2301	RODRIGO	AGUIN SARTAGES	M-158	ABM-158		PONTEVEDRA		00:48:21	00:04:51	00:48:13	00:04:50	00:48:21	00:22:48
179	2644	JULIÁN	SARTAL ESTÉVEZ	M-159	ABM-159		PONTEVEDRA		00:48:22	00:04:51	00:48:14	00:04:50	00:48:22	00:22:49
180	2386	ALBERTO	DACUNHA	M-160	ABM-160		SANTIAGO DE COMPOSTELA		00:48:22	00:04:51	00:47:50	00:04:47	00:48:22	00:22:36
181	2288	CARLOS	CASAL BLANCO	M-161	ABM-161	TUROQUA	PONTEVEDRA		00:48:25	00:04:51	00:48:16	00:04:50	00:48:25	00:22:50
182	2683	NOEMI	VEIGA	F-21	ABF-21		PONTEVEDRA		00:48:25	00:04:51	00:47:52	00:04:48	00:48:25	00:22:43
183	2427	SERGIO	FERNÁNDEZ RODRÍGUEZ	M-162	ABM-162		REDONDELA		00:48:26	00:04:51	00:48:13	00:04:50	00:48:26	00:22:50
184	2566	FRANCISCO	PATÍÑO GUILLÁN	M-163	ABM-163		VILAGARCÍA DE AROUSA		00:48:29	00:04:51	00:48:05	00:04:49	00:48:29	00:23:27
185	1308	ANTONIO	OTERO UHIA	M-164	ABM-164		GALICIA		00:48:31	00:04:52	00:48:28	00:04:51	00:48:31	00:22:09
186	2575	CRISTIAN	PERDOMO	M-165	ABM-165		VILAGARCÍA DE AROUSA		00:48:34	00:04:52	00:48:09	00:04:49	00:48:34	00:22:38
187	2265	ANDRÉS	RODRÍGUEZ DORNA	M-166	ABM-166	PEÑA TREVINCA MONTAÑEIRO DE GALICIA	TOMIÑO		00:48:38	00:04:52	00:48:32	00:04:52	00:48:38	00:22:51
188	2512	BORJA	LÓPEZ MEANO	M-167	ABM-167		MEANO		00:48:40	00:04:52	00:48:06	00:04:49	00:48:40	00:24:07
189	2269	LEONARDO	LÓPEZ PAZOS	M-168	ABM-168	PONTE A CORRER	PONTEVEDRA		00:48:46	00:04:53	00:48:16	00:04:50	00:48:46	00:22:19
190	2300	LUIS	AGUIN FERNANDEZ	M-169	ABM-169		SANXENXO		00:48:55	00:04:54	00:48:19	00:04:50	00:48:55	00:23:44
191	2618	MIGUEL ÁNGEL	RODRÍGUEZ MONTADO	M-170	ABM-170		VIGO		00:49:00	00:04:54	00:48:48	00:04:53	00:49:00	00:23:25
192	2544	RICARDO	MOLEDO VARELA	M-171	ABM-171		PONTEVEDRA		00:49:02	00:04:55	00:48:45	00:04:53	00:49:02	00:22:54
193	2364	IVÁN	CASTRO GARCÍA	M-172	ABM-172		POIO		00:49:04	00:04:55	00:48:53	00:04:54	00:49:04	00:23:25
194	2158	LAURA	GARCÍA GONZÁLEZ	F-22	ABF-22	RUN PONTEVEDRA	PONTEVEDRA		00:49:08	00:04:55	00:49:05	00:04:55	00:49:08	00:22:17
195	2205	OSCAR	GÓMEZ REBOREDO	M-173	ABM-173	CDM XESTEIRAS	CAMPO LAMEIRO		00:49:08	00:04:55	00:49:02	00:04:55	00:49:08	00:22:33
196	2286	JAVIER	FERREIRO VALENZUELA	M-174	ABM-174	TRX PONTEVEDRA	PONTEVEDRA		00:49:08	00:04:55	00:49:00	00:04:54	00:49:08	00:21:29
197	2080	DARWIN	ARGUETA	M-175	ABM-175	ACEADEAMA-TRIARTEIXO	ARTEIXO		00:49:11	00:04:56	00:48:50	00:04:53	00:49:11	00:23:33
198	2500	DAVID	LAGOA COSTA	M-176	ABM-176		CANGAS		00:49:11	00:04:56	00:48:59	00:04:54	00:49:11	00:22:14
199	2536	MARÍA	MENDEZ	F-23	ABF-23		ESTRADA (A)		00:49:16	00:04:56	00:49:03	00:04:55	00:49:16	00:22:47
200	2191	NUNO	DÍAS	M-177	ABM-177	ADEPE	VERMOIM		00:49:17	00:04:56	00:48:52	00:04:54	00:49:17	00:23:05
201	2160	ANDREA	CORES CANCELA	F-24	ABF-24	SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA	GA-3776847-A-T-S	00:49:18	00:04:56	00:48:56	00:04:54	00:49:18	00:23:17
202	2680	BRAIS	VÁZQUEZ VIDAL	M-178	ABM-178		PORTO DO SON		00:49:19	00:04:56	00:49:02	00:04:55	00:49:19	00:23:04
203	2172	JULIA	DOMÍNGUEZ	F-25	ABF-25		VIGO		00:49:19	00:04:56	00:49:07	00:04:55	00:49:19	00:22:56
204	2247	JUAN	NOVOA SIO	M-179	ABM-179	FLORISTERÍA CARMEN SIO	VIGO		00:49:26	00:04:57	00:49:04	00:04:55	00:49:26	00:23:44
205	2423	CARLOS	FERNÁNDEZ IGLESIAS	M-180	ABM-180		PONTEVEDRA		00:49:30	00:04:57	00:49:23	00:04:57	00:49:30	00:22:42
206	2123	NOEMÍ	FERNÁNDEZ COSTOYA	F-26	ABF-26		VIGO		00:49:31	00:04:58	00:49:22	00:04:57	00:49:31	00:23:07
207	2308	JOSE ANTONIO	ALVAREZ LUIS	M-181	ABM-181		PONTEVEDRA		00:49:32	00:04:58	00:48:45	00:04:53	00:49:32	00:25:40
208	2696	JOSE JULIO	VILLANUEVA RODRÍGUEZ	M-182	ABM-182		PONTEVEDRA		00:49:32	00:04:58	00:49:27	00:04:57	00:49:32	00:23:04
209	2606	MANUEL	RIAL VERDIA	M-183	ABM-183		CARBALLO		00:49:36	00:04:58	00:49:03	00:04:55	00:49:36	00:23:41
210	2148	LUIS	OTERO DIAZ	M-184	ABM-184	CASTRO-TRAIL TEAM	GROVE (O)		00:49:38	00:04:58	00:49:35	00:04:58	00:49:38	00:23:03
211	2252	MANUEL	GÁNDARA GARRIDO	M-185	ABM-185	GIN TRAIL	PONTEVEDRA		00:49:44	00:04:59	00:49:06	00:04:55	00:49:44	00:23:44
212	2657	RUBEN	SUAREZ TRONCOSO	M-186	ABM-186		SALCEDA DE CASELAS		00:49:44	00:04:59	00:49:18	00:04:56	00:49:44	00:23:02
213	2651	IRENE	SERRAT SEOANE	F-27	ABF-27		PONTEVEDRA		00:49:53	00:05:00	00:49:49	00:04:59	00:49:53	00:23:02
214	2235	ANTONIO FEDERICO	SERRAT SOTO	M-187	ABM-187	CLUB TRIATLON VAO	VIGO	36055152.0	00:49:53	00:05:00	00:49:49	00:04:59	00:49:53	00:23:00
215	2615	CRISTOBAL	RODRIGUEZ FIDALGO	M-188	ABM-188		PONTEVEDRA		00:49:53	00:05:00	00:49:49	00:04:59	00:49:53	00:23:02
216	2471	MANUEL	GONZALEZ CARRERA	M-189	ABM-189		SOUTOMAIOR		00:49:54	00:05:00	00:49:11	00:04:56	00:49:54	00:23:48
217	2083	IVÁN	BOUBETA VALVERDE	M-190	ABM-190		MOAÑA		00:50:03	00:05:01	00:49:54	00:05:00	00:50:03	00:23:30
218	2142	JORGE	OTERO LOPEZ DE REGO	M-191	ABM-191	ARTROGAL-TRI498	AMES	44818695K	00:50:06	00:05:01	00:50:02	00:05:01	00:50:06	00:22:42
219	2184	MARGA	VILLVERDE ROSALES	F-28	ABF-28		PONTEVEDRA		00:50:07	00:05:01	00:50:03	00:05:01	00:50:07	00:22:42
220	2272	JOSE MARIA	PELETEIRO ESTEVEZ	M-192	ABM-192	PONTE A CORRER	PONTEVEDRA		00:50:07	00:05:01	00:49:33	00:04:58	00:50:07	00:23:43
221	2689	GUILLELMO JOSE	VICENTE ALVAREZ	M-193	ABM-193		VIGO		00:50:08	00:05:01	00:49:54	00:05:00	00:50:08	00:23:43

222	2038	ALFONSO	ALONSO PRADO	M-194	ABM-194		BAIONA	00:50:10	00:05:01	00:50:06	00:05:01	00:50:10	00:21:58	
223	2443	CARLOS	FUENTS	M-195	ABM-195		POIO	00:50:15	00:05:02	00:49:56	00:05:00	00:50:15	00:22:27	
224	2463	JUAN PABLO	GÓMEZ TORRES	M-196	ABM-196		PONTEVEDRA	00:50:16	00:05:02	00:49:48	00:04:59	00:50:16	00:23:35	
225	2226	ANTONIO JESUS	MARTINEZ SANJORGE	M-197	ABM-197	CLUB DEPORTIVO PINARIUM	MARÍN	00:50:16	00:05:02	00:49:53	00:05:00	00:50:16	00:23:23	
226	2025	ANGELES	LEON VIÑAS	F-29	ABF-29	CLUB ATLETISMO NOIA	NOIA	00:50:17	00:05:02	00:50:03	00:05:01	00:50:17	00:23:28	
227	2274	MARA	VIDAL FERREIRÓS	F-30	ABF-30	RIA RUNNING CLUB	BOIRO	00:50:18	00:05:02	00:50:03	00:05:01	00:50:18	00:23:16	
228	2140	ÁLVARO	RENDO GÓMEZ	M-198	ABM-198		VEDRA	00:50:18	00:05:02	00:49:39	00:04:58	00:50:18	00:23:58	
229	2384	LUCÍA	CURRÁS VÁZQUEZ	F-31	ABF-31		MOAÑA	00:50:21	00:05:03	00:50:12	00:05:02	00:50:21	00:24:02	
230	2107	ALBA	SÁNCHEZ ALCOBET	F-32	ABF-32		CAMBRE	00:50:24	00:05:03	00:49:59	00:05:00	00:50:24	00:24:36	
231	2428	MANUEL	FERNANDEZ SUAREZ	M-199	ABM-199		OURENSE	00:50:25	00:05:03	00:49:49	00:04:59	00:50:25	00:23:48	
232	2664	MARIA	TOBIO DONEGA	F-33	ABF-33		PONTEVEDRA	00:50:26	00:05:03	00:50:07	00:05:01	00:50:26	00:23:26	
233	2509	AITOR	LÓPEZ FERREIRA	M-200	ABM-200		PADERNE	00:50:29	00:05:03	00:49:44	00:04:59	00:50:29	00:25:06	
234	2368	FRANCISCO	CHAPELA DOCIO	M-201	ABM-201		CANGAS	00:50:31	00:05:04	00:50:05	00:05:01	00:50:31	00:22:16	
235	2360	CARLA	CASAL OUTÓN	F-34	ABF-34		GROVE (O)	00:50:32	00:05:04	00:50:20	00:05:02	00:50:32	00:23:33	
236	2464	ANA	GONDAR PÉREZ	F-35	ABF-35		GROVE (O)	00:50:32	00:05:04	00:50:21	00:05:03	00:50:32	00:23:34	
237	2524	FERNANDO	MAILLO LLOVER	M-202	ABM-202		VILABOA	00:50:32	00:05:04	00:49:58	00:05:00	00:50:32	00:24:09	
238	2523	IVÁN	MAILLO BLANCO	M-203	ABM-203		VILABOA	00:50:32	00:05:04	00:49:58	00:05:00	00:50:32	00:24:10	
239	2298	SARA	AGÍS LEIRO	F-36	ABF-36		SANXENXO	00:50:36	00:05:04	00:50:23	00:05:03	00:50:36	00:22:51	
240	2175	MARIA TERESA	LORRIO GONZALEZ	F-37	ABF-37		PONTEVEDRA	00:50:37	00:05:04	00:50:08	00:05:01	00:50:37	00:23:44	
241	2583	FATIMA	PEREZ VARELA	F-38	ABF-38		VILANOVA DE AROUSA	00:50:38	00:05:04	00:50:19	00:05:02	00:50:38	00:24:07	
242	2540	DAVID	MIGUEL FERREIRA	M-204	ABM-204		PADERNE	00:50:41	00:05:05	00:49:56	00:05:00	00:50:41	00:24:22	
243	2537	FÉLIX	MÉNDEZ	M-205	ABM-205		PONTEVEDRA	00:50:46	00:05:05	00:50:40	00:05:04	00:50:46	00:23:09	
244	2654	BREIXO	SUAREZ FARINA	M-206	ABM-206		SALCEDA DE CASELAS	00:50:47	00:05:05	00:50:20	00:05:02	00:50:47	00:23:58	
245	2670	JUAN CARLOS	TOURÓN TOMÉ	M-207	ABM-207		PONTEVEDRA	00:50:47	00:05:05	00:49:58	00:05:00	00:50:47	00:23:48	
246	2243	DAVID	FERNÁNDEZ TENORIO	M-208	ABM-208	DAVIDFT	PONTEVEDRA	00:50:47	00:05:05	00:50:00	00:05:00	00:50:47	00:23:47	
247	2548	CARLOS	MORGADE MUÑIZ	M-209	ABM-209		PONTEVEDRA	00:50:51	00:05:06	00:50:13	00:05:02	00:50:51	00:24:37	
248	2024	MARÍA DEL AMOR	GONZÁLEZ MOYA	F-39	ABF-39		SANTIAGO DE COMPOSTELA	00:50:51	00:05:06	00:50:24	00:05:03	00:50:51	00:23:54	
249	2674	ADRIANA	VARELA BUCETA	F-40	ABF-40		PONTEVEDRA	00:50:58	00:05:06	00:50:44	00:05:05	00:50:58	00:23:24	
250	2646	JORGE	SEGURA ROLDÁN	M-210	ABM-210		PONTEVEDRA	00:50:58	00:05:06	00:50:44	00:05:05	00:50:58	00:23:26	
251	2249	RUBEN	GIL BLANCO	M-211	ABM-211	GALAICAS BUEU	BUEU	00:50:58	00:05:06	00:50:52	00:05:06	00:50:58	00:23:23	
252	2327	JOSE ANTONIO	BAÑO VILA	M-212	ABM-212		MONTERROSO	00:51:02	00:05:07	00:50:46	00:05:05	00:51:02	00:22:52	
253	2522	IAGO	MAGDALENA	M-213	ABM-213		PONTEVEDRA	00:51:09	00:05:07	00:50:56	00:05:06	00:51:09	00:23:26	
254	2452	ALBERT	GARCIA PORTAL	M-214	ABM-214		PONTEVEDRA	00:51:10	00:05:07	00:50:22	00:05:03	00:51:10	00:24:11	
255	2253	FÁTIMA	NOGUEIRA GONZÁLEZ	F-41	ABF-41	GTR GALAICO TRAIL RUN	LALÍN	44092955.0	00:51:11	00:05:08	00:50:45	00:05:05	00:51:11	00:24:34
256	2406	ZOE ANARA	ELIZONDO AGUIRRE	F-42	ABF-42		PONTEVEDRA	00:51:14	00:05:08	00:51:03	00:05:07	00:51:14	00:23:15	
257	2023	MANOLO	GÓMEZ RODRÍGUEZ	M-215	ABM-215		ESTRADA (A)	00:51:16	00:05:08	00:50:58	00:05:06	00:51:16	00:23:12	
258	2496	ALBERTO	INSUA BARROS	M-216	ABM-216		PONTEVEDRA	00:51:16	00:05:08	00:50:48	00:05:05	00:51:16	00:23:36	
259	2283	ALVARO	OGANDO ESPANTOSO	M-217	ABM-217	TRIATLON PC RIAS BAIXAS	PONTEVEDRA	35285464.0	00:51:16	00:05:08	00:50:44	00:05:05	00:51:16	00:23:44
260	2257	RUBÉN	CAMBA ALVAREZ	M-218	ABM-218	MALOSERÁ	POIO	00:51:18	00:05:08	00:51:08	00:05:07	00:51:18	00:24:48	
261	2605	PABLO	RIAL ASTORGA	M-219	ABM-219		VIGO	00:51:19	00:05:08	00:50:55	00:05:06	00:51:19	00:23:52	
262	2067	JOSÉ	PORTELA MAGDALENO	M-220	ABM-220		VIGO	00:51:21	00:05:09	00:50:32	00:05:04	00:51:21	00:25:13	
263	2642	LUIS MIGUEL	SANTIAGO PORRAS	M-221	ABM-221		POIO	00:51:23	00:05:09	00:50:57	00:05:06	00:51:23	00:25:33	
264	2456	JAVIER	GARRIDO SANTIAGO	M-222	ABM-222		PONTEVEDRA	00:51:29	00:05:09	00:50:42	00:05:05	00:51:29	00:25:50	
265	2342	SARA	BOUZA	F-43	ABF-43		PONTEVEDRA	00:51:32	00:05:10	00:51:04	00:05:07	00:51:32	00:23:46	
266	2276	ISABEL	CALO RODRÍGUEZ	F-44	ABF-44	SAUDE SPORT	PORTO DO SON	00:51:36	00:05:10	00:51:31	00:05:10	00:51:36	00:23:53	
267	2429	FRANCISCO	FERNANDEZ TIEBO	M-223	ABM-223		BUEU	00:51:40	00:05:10	00:51:06	00:05:07	00:51:40	00:25:22	
268	2502	ESTEFANÍA	LAMAS LAMAS	F-45	ABF-45		POIO	00:51:45	00:05:11	00:51:34	00:05:10	00:51:45	00:24:20	
269	2617	JOSÉ RAMÓN	RODRÍGUEZ JUNCAL	M-224	ABM-224		PONTEVEDRA	00:51:47	00:05:11	00:51:19	00:05:08	00:51:47	00:24:54	
270	2153	PAULA	ROSALES ROSALES	F-46	ABF-46	CLUB DEPORTIVO PINARIUM	MARÍN	00:51:48	00:05:11	00:51:09	00:05:07	00:51:48	00:25:16	
271	2228	JAVIER	RIVAS LÓPEZ	M-225	ABM-225	CLUB DEPORTIVO PINARIUM	MARÍN	AG 768938	00:51:48	00:05:11	00:51:10	00:05:07	00:51:48	00:25:21
272	2225	ENRIQUE	MARQUEZ CORTIZO	M-226	ABM-226	CLUB DEPORTIVO PINARIUM	MARÍN	00:51:49	00:05:11	00:51:06	00:05:07	00:51:49	00:25:39	
273	2210	JESÚS	PÉREZ GARCÍA	M-227	ABM-227	CLUB ATLETISMO CAMBADOS	GROVE (O)	GA3908960ATC	00:51:52	00:05:12	00:51:32	00:05:10	00:51:52	00:24:06
274	1309	ANDRES FELIPE	PEON MONTERO	M-228	ABM-228		GALICIA	00:51:56	00:05:12	00:51:35	00:05:10	00:51:56	00:23:22	
275	2031	EDUARDO	PORTELA MÉNDEZ	M-229	ABM-229		PONTEVEDRA	00:51:57	00:05:12	00:51:50	00:05:11	00:51:57	00:23:20	
276	2531	JOSÉ MANUEL	MARTÍNEZ SILVA	M-230	ABM-230		SANXENXO	00:51:58	00:05:12	00:51:20	00:05:08	00:51:58	00:25:21	
277	2290	ALVARO	QUINTANILLA MARFUL	M-231	ABM-231	VIGXIADOR	VIGO	00:51:58	00:05:12	00:51:22	00:05:09	00:51:58	00:24:24	
278	2325	ALEJANDRO	BANET PAEZ	M-232	ABM-232		PONTEVEDRA	00:52:06	00:05:13	00:51:44	00:05:11	00:52:06	00:24:05	
279	2461	ALBERTO	GÓMEZ RODRÍGUEZ	M-233	ABM-233		PONTEVEDRA	00:52:10	00:05:13	00:51:52	00:05:12	00:52:10	00:24:34	
280	2105	DAVID	ROEL CARRO	M-234	ABM-234	ACEADEAMA-TRIARTEIXO	CAMBRE	00:52:10	00:05:13	00:51:51	00:05:12	00:52:10	00:24:01	
281	2714	DAVID	REGUEIRO ESTEVEZ	M-235	ABM-235		GALICIA	00:52:12	00:05:14	00:51:39	00:05:10	00:52:12	00:24:25	
282	2712	IVAN	ROMERO NUÑEZ	M-236	ABM-236		GALICIA	00:52:12	00:05:14	00:52:03	00:05:13	00:52:12	00:23:46	
283	2525	ANA	MANGANA MOLINA	F-47	ABF-47		PONTEVEDRA	00:52:14	00:05:14	00:52:06	00:05:13	00:52:14	00:24:42	
284	2287	RUSCO	MOSQUERA GONZÁLEZ	M-237	ABM-237	TRX PONTEVEDRA	PONTEVEDRA	00:52:14	00:05:14	00:52:06	00:05:13	00:52:14	00:24:42	
285	2201	JOSÉ LUIS	PADIN COUSIDO	M-238	ABM-238	C.A.CAMBADOS	MEAÑO	00:52:14	00:05:14	00:52:04	00:05:13	00:52:14	00:24:06	
286	2472	SARA	GONZÁLEZ GALLEGO	F-4										

298	2401	RICARDO	DOMINGUEZ ALVAREZ	M-244	ABM-244		PONTEVEDRA		00:52:35	00:05:16	00:52:22	00:05:15	00:52:35	00:24:33
299	2552	JUAN	NOGUEIRA	M-245	ABM-245		VILANOVA DE AROUSA		00:52:40	00:05:16	00:52:11	00:05:14	00:52:40	00:25:59
300	2251	MOISÉS	CASALMORTO PEREZ	M-246	ABM-246	GIN TRAIL	PONTEVEDRA		00:52:41	00:05:17	00:52:03	00:05:13	00:52:41	00:23:52
301	2262	JOSÉ RAMÓN	BARRAL MOREIRA	M-247	ABM-247	OS CORREDORES DO INFERNO	PONTEVEDRA		00:52:41	00:05:17	00:52:20	00:05:14	00:52:41	00:25:04
302	2263	JOSE LUIS	DAPENA TENORIO	M-248	ABM-248	OS CORREDORES DO INFERNO	PONTEVEDRA		00:52:42	00:05:17	00:52:20	00:05:14	00:52:42	00:25:06
303	2392	ALICIA	DIAZ MOREIRA	F-55	ABF-55		PONTEVEDRA		00:52:51	00:05:18	00:52:35	00:05:16	00:52:51	00:23:15
304	2220	ANTONIO	ABAL BEIRO	M-249	ABM-249	CLUB DEPORTIVO PINARIUM	PONTEVEDRA	NO	00:52:56	00:05:18	00:52:24	00:05:15	00:52:56	00:25:29
305	2394	SERGIO	DÍOS GONZÁLEZ	M-250	ABM-250		PONTEVEDRA		00:52:57	00:05:18	00:52:24	00:05:15	00:52:57	00:23:24
306	2431	LINO	FERNÁNDEZ VIDAL	M-251	ABM-251		CANIZA (A)		00:53:01	00:05:19	00:52:26	00:05:15	00:53:01	00:24:16
307	2520	PATRICIA	MADRIÑÁN VAL	F-56	ABF-56		MARÍN		00:53:03	00:05:19	00:52:55	00:05:18	00:53:03	00:24:42
308	2451	SANDRA	GARCIA MAGARIÑOS	F-57	ABF-57		PONTEVEDRA		00:53:03	00:05:19	00:52:53	00:05:18	00:53:03	00:24:19
309	2121	PEDRO	DONO LÓPEZ	M-252	ABM-252		SAN CRISTOVO DE CEA		00:53:07	00:05:19	00:52:48	00:05:17	00:53:07	00:24:59
310	2437	LUCIA	FIDALGO	F-58	ABF-58		PONTEVEDRA		00:53:10	00:05:19	00:52:53	00:05:18	00:53:10	00:25:32
311	2482	ALICIA	GONZÁLEZ VILLAR	F-59	ABF-59		POIO		00:53:11	00:05:20	00:52:53	00:05:18	00:53:11	00:25:32
312	2396	JULIAN	DIZ	M-253	ABM-253		PONTEVEDRA		00:53:11	00:05:20	00:52:42	00:05:17	00:53:11	00:25:59
313	2117	MIRIAM	ALONSO FERNANDEZ	F-60	ABF-60		VERÍN		00:53:14	00:05:20	00:52:54	00:05:18	00:53:14	00:24:49
314	2122	ESMERALDA	FEIJOO BLANCO	F-61	ABF-61		VERÍN		00:53:14	00:05:20	00:52:54	00:05:18	00:53:14	00:24:46
315	2022	GUILLERMO	FIGUEIRA NÚÑEZ	M-254	ABM-254		SANTIAGO DE COMPOSTELA		00:53:23	00:05:21	00:52:41	00:05:17	00:53:23	00:26:13
316	2484	LIDIA MARIA	GRAÑA SOBRAL	F-62	ABF-62		PONTEVEDRA		00:53:26	00:05:21	00:53:09	00:05:19	00:53:26	00:24:36
317	2351	IVÁN	CAMPOS VARELA	M-255	ABM-255		CARBALLO		00:53:31	00:05:22	00:52:57	00:05:18	00:53:31	00:24:59
318	2248	LORENA	DAVILA CURRAS	F-63	ABF-63	GALAICAS BUEU	BUEU		00:53:32	00:05:22	00:53:26	00:05:21	00:53:32	00:24:20
319	2335	NEREA	BELLO	F-64	ABF-64		MORAÑA		00:53:32	00:05:22	00:53:08	00:05:19	00:53:32	00:25:28
320	2192	NATALIA	CHEDAS PAZ	F-65	ABF-65	AROUSABIKEBTT	VILAGARCÍA DE AROUSA		00:53:33	00:05:22	00:53:10	00:05:19	00:53:33	00:24:38
321	2441	VICTOR	FUENTE GONZÁLEZ	M-256	ABM-256		PONTEVEDRA		00:53:36	00:05:22	00:53:28	00:05:21	00:53:36	00:24:43
322	2349	ALEJANDRO	CAMESELLE RODRIGUEZ	M-257	ABM-257		SANXENXO		00:53:38	00:05:22	00:53:20	00:05:20	00:53:38	00:26:08
323	2374	MARÍA VICTORIA	CORDOBA PEREZ	F-66	ABF-66		PONTEVEDRA		00:53:39	00:05:22	00:53:21	00:05:21	00:53:39	00:24:51
324	2574	MANUEL	PEON CRESPO	M-258	ABM-258		POIO		00:53:42	00:05:23	00:53:05	00:05:19	00:53:42	00:25:48
325	2640	GONZALO	SANCHO SAN MARTIN	M-259	ABM-259		PONTEVEDRA		00:53:43	00:05:23	00:52:56	00:05:18	00:53:43	00:27:27
326	2387	JULIA	DALMASES SITJÀ	F-67	ABF-67		VILASSAR DE MAR		00:53:44	00:05:23	00:53:22	00:05:21	00:53:44	00:25:33
327	2555	PEDRO	NOVO VILLAVERDE	M-260	ABM-260		CANGAS		00:53:45	00:05:23	00:53:10	00:05:19	00:53:45	00:25:30
328	2101	MARTINA	OSORIO GONZÁLEZ	F-68	ABF-68		PORTO DO SON		00:53:46	00:05:23	00:53:31	00:05:22	00:53:46	00:25:31
329	2694	LUIS FERNANDO	VILAS ANDRADE	M-261	ABM-261		PONTEVEDRA		00:53:46	00:05:23	00:53:23	00:05:21	00:53:46	00:25:35
330	2460	FAUSTINO	GOMEZ MORGADE	M-262	ABM-262		PONTEVEDRA		00:53:46	00:05:23	00:53:14	00:05:20	00:53:46	00:25:34
331	2039	RODRIGO	ÁLVAREZ LAGO	M-263	ABM-263		MOS		00:53:46	00:05:23	00:53:31	00:05:22	00:53:46	00:24:46
332	2603	DAVID	REY MIGUEZ	M-264	ABM-264		POIO		00:53:47	00:05:23	00:53:37	00:05:22	00:53:47	00:24:20
333	2621	INÉS	ROMERO	F-69	ABF-69		PONTEVEDRA		00:53:51	00:05:24	00:53:20	00:05:20	00:53:51	00:26:32
334	2108	MANUELA	SÁNCHEZ RAMA	F-70	ABF-70		CARNOTA		00:53:52	00:05:24	00:53:12	00:05:20	00:53:52	00:25:30
335	2190	FRANCISCO JAVIER	SUAREZ ANSEDE	M-265	ABM-265	ACEADEAMA-TRIARTEIXO	BERGONDO		00:53:53	00:05:24	00:53:32	00:05:22	00:53:53	00:25:48
336	2436	IRIA	FERVENZA CHAPELA	F-71	ABF-71		MOAÑA		00:53:54	00:05:24	00:53:19	00:05:20	00:53:54	00:25:22
337	2405	DANIEL	DURAN FRESCO	M-266	ABM-266		MEIS		00:53:58	00:05:24	00:53:51	00:05:24	00:53:58	00:23:48
338	2222	BERNARDO	ALONSO ESCAÑO	M-267	ABM-267	CLUB DEPORTIVO PINARIUM	PONTEVEDRA		00:53:59	00:05:24	00:53:28	00:05:21	00:53:59	00:25:30
339	2470	LUIS	GONZALEZ CARBALLO	M-268	ABM-268		PONTEVEDRA		00:54:01	00:05:25	00:53:45	00:05:23	00:54:01	00:24:35
340	2475	JOSÉ MANUEL	GONZÁLEZ HERNÁNDEZ	M-269	ABM-269		PONTEVEDRA		00:54:08	00:05:25	00:53:57	00:05:24	00:54:08	00:25:33
341	2515	ANXO	LORENZO BAUTISTA	M-270	ABM-270		PONTEAREAS		00:54:10	00:05:25	00:53:29	00:05:21	00:54:10	00:25:45
342	2242	ISAAC	RODRÍGUEZ CASAL	M-271	ABM-271	CORREDORES FESTEIROS	PONTEAREAS		00:54:13	00:05:26	00:53:32	00:05:22	00:54:13	00:25:46
343	2622	CRISTIAN	ROMERO CONDE	M-272	ABM-272		VILANOVA DE AROUSA		00:54:15	00:05:26	00:53:45	00:05:23	00:54:15	00:26:00
344	2604	BORJA	RIAL	M-273	ABM-273		VILANOVA DE AROUSA		00:54:17	00:05:26	00:53:46	00:05:23	00:54:17	00:25:59
345	2458	ANDREA	GÓMEZ BARÁ	F-72	ABF-72		VILABOA		00:54:19	00:05:26	00:54:09	00:05:25	00:54:19	00:26:00
346	2356	ANTIA	CARRASCO	F-73	ABF-73		MORAÑA	AG 768919	00:54:24	00:05:27	00:54:17	00:05:26	00:54:24	00:23:50
347	2492	CRISTINA	IGLESIAS GONZÁLEZ	F-74	ABF-74		PONTEVEDRA		00:54:32	00:05:28	00:54:03	00:05:25	00:54:32	00:26:44
348	2666	AARON	TOME MARTINEZ	M-274	ABM-274		PONTEVEDRA		00:54:32	00:05:28	00:54:04	00:05:25	00:54:32	00:26:45
349	2533	ANA	MATEO GESTOSO	F-75	ABF-75		VIGO		00:54:35	00:05:28	00:53:59	00:05:24	00:54:35	00:25:58
350	2560	SOLEDAD	PÁEZ	F-76	ABF-76		BOIRO		00:54:39	00:05:28	00:54:21	00:05:27	00:54:39	00:25:05
351	2277	ALBERTO	ALVEAR	M-275	ABM-275	SOCIEDAD GIMNASTICA DE PONTEVEDRA	PONTEVEDRA		00:54:40	00:05:28	00:53:57	00:05:24	00:54:40	00:27:02
352	2519	SARA	LUNA FORTES	F-77	ABF-77		PONTEVEDRA		00:54:40	00:05:28	00:54:34	00:05:28	00:54:40	00:24:36
353	2370	LUCIA	CHAZO SILVA	F-78	ABF-78		VILANOVA DE AROUSA		00:54:43	00:05:29	00:54:12	00:05:26	00:54:43	00:26:31
354	2556	LAURA	OTERO FARIÑA	F-79	ABF-79		ILLA DE AROUSA (A)		00:54:43	00:05:29	00:54:12	00:05:26	00:54:43	00:26:31
355	2609	LUCIA	ROBLEDO GONZÁLEZ	F-80	ABF-80		MARÍN		00:54:48	00:05:29	00:54:29	00:05:27	00:54:48	00:26:25
356	2454	MARIA	GARCIA RAMOS	F-81	ABF-81		OURENSE		00:54:48	00:05:29	00:54:29	00:05:27	00:54:48	00:26:30
357	2034	ANDREA	RODRÍGUEZ SECO	F-82	ABF-82		SANTIAGO DE COMPOSTELA		00:54:50	00:05:29	00:54:06	00:05:25	00:54:50	00:26:13
358	2473	ISABEL	GONZALEZ GARCÍA	F-83	ABF-83		PONTEVEDRA		00:54:51	00:05:30	00:54:40	00:05:28	00:54:51	00:25:58
359	2115	GABRIEL	CUÑAS ARIAS	M-276	ABM-276		RIBADAVIA		00:54:53	00:05:30	00:54:29	00:05:27	00:54:53	00:26:33
360	2079	IRENE	VIEITO PENA	F-84	ABF-84		REDONDELA		00:54:53	00:05:30	00:54:14	00:05:26	00:54:53	00:25:20
361	2554	MARÍA	NOVO PARDAVILA	F-85	ABF-85		PONTEVEDRA		00:54:58	00:05:30	00:54:47	00:05:29	00:54:58	00:25:56
362	2058	CRISTINA	MARTÍN FERNÁNDEZ DEL RIEGO	F-86	ABF-86		VIGO		00:54:58	00:05:30	00:54:52	00:05:30	00:54:58	00:26:27
363	2317	ALEJANDRO	ARES TROITIÑO	M-277	ABM-277		MARÍN		00:55:01	00:05:31	00:54:29	00:05:27	00:55:01	00:26:33
364	2504	JORGE	LEAL	M-278	ABM-278		PONTEVEDRA		00:55:05	00:05:31	00:54:16	00:05:26	00:55:05	00:27:55
365	2399	NOÉ	DOCE ÁLVAREZ	M-279	ABM-279		MEAÑO		00:55:07	00:05:31	00:54:46	00:05:29	00:55:07	00:24:31
366	2532	IRIS	MASIP MATEU	F-87	ABF-87		LLEIDA		00:55:08	00:05:31	00:54:28	00:05:27	00:55:08	00:25:59
367	2014	CARLOS	VISPO BASALO	M-280	ABM-280	PATO BLANCO CELANOVA	OURENSE		00:55:12	00:05:32	00:54:44	00:05:29	00:55:12	00:25:18
368	2218	ÁNGEL MARÍA	GIL MARTÍN	M-281	ABM-281	CLUB DE ATLETISMO CASTILLO DE LA MOTA	MEDINA DEL CAMPO		00:55:14	00:05:32	00:55:04	00:05:31	00:55:14	00:25:36
369	2137	JULIO	SARMIENTO	M-282	ABM-282		POIO		00:55:17	00:05:32	00:54:32	00:05:28	00:55:17	00:26:57
370	2116	ANTONIO	RIO LOMBARDERO	M-283	ABM-283		BALEIRA		00:55:18	00:05:32	00:54:56	00:05:30	00:55:18	00:25:53
371	2328	GONZALO	BARCIELA FORTES	M-284	ABM-284		PONTEVEDRA		00:55:27	00:05:33	00:54:41	00:05:29	00:55:27	00:27:51
372	2543	SANTIAGO	MILLE	M-285	ABM-285		CORUÑA (A)		00:55:36	00:05:34	00:55:08	00:05:31	00:55:36	00:26:10
373	2639	MARTA	SANCHO ESTÉVEZ	F-88	ABF-88		PONTEVEDRA		00:55:40	00:05:34	00:55:26	00:05:33	00:55:40	00:25:10

374	2254	ABEL	IGLESIAS CIDRAS	M-286	ABM-286	ICACTIVE	MARÍN	00:55:45	00:05:35	00:55:19	00:05:32	00:55:45	00:27:32
375	2675	MANUEL	VARELA CANABAL	M-287	ABM-287		PONTEVEDRA	00:55:49	00:05:35	00:55:05	00:05:31	00:55:49	00:26:35
376	2293	JUAN C.	ABEIGON VIDAL	M-288	ABM-288		PONTEVEDRA	00:55:54	00:05:36	00:55:10	00:05:31	00:55:54	00:27:02
377	2073	FRANCISCO JAVIER	SÁNCHEZ GONZÁLEZ	M-289	ABM-289	PEÑA TREVINCA MONTAÑEIRO DE GALICIA	REDONDELA	00:55:59	00:05:36	00:55:14	00:05:32	00:55:59	00:26:56
378	2491	ENRIQUE	IGLESIAS FERNANDEZ	M-290	ABM-290		PONTEVEDRA	00:56:02	00:05:37	00:55:18	00:05:32	00:56:02	00:27:03
379	2407	LARA	ESTÉVEZ FERNÁNDEZ	F-89	ABF-89		VIGO	00:56:05	00:05:37	00:55:49	00:05:35	00:56:05	00:26:04
380	2380	ISABEL	COUTO	F-90	ABF-90		PONTEVEDRA	00:56:06	00:05:37	00:55:50	00:05:35	00:56:06	00:26:04
381	2402	ANICETO	DOMÍNGUEZ IGLESIAS	M-291	ABM-291		SANXENXO	00:56:08	00:05:37	00:55:21	00:05:33	00:56:08	00:26:49
382	2671	ANA	TUÑAS PUENTES	F-91	ABF-91		VIGO	00:56:11	00:05:38	00:55:30	00:05:33	00:56:11	00:26:23
383	2181	IRENE	TEROL	F-92	ABF-92		PALMA	00:56:16	00:05:38	00:56:10	00:05:37	00:56:16	00:24:46
384	2434	ALEJANDRO	FERREIRO ABEIJON	M-292	ABM-292		LOUSAME	00:56:29	00:05:39	00:55:47	00:05:35	00:56:29	00:26:57
385	2487	OSCAR	HERNANDEZ ARCILA	M-293	ABM-293		VILAGARCÍA DE AROUSA	00:56:32	00:05:40	00:55:50	00:05:35	00:56:32	00:26:49
386	2564	ESTELA	PASTORIZA COMEDEIRO	F-93	ABF-93		BUEU	00:56:33	00:05:40	00:56:20	00:05:38	00:56:33	00:26:54
387	2093	MARÍA CRISTINA	FEAL VICENTE	F-94	ABF-94	ACEADEAMA-TRIARTEIXO	SADA	00:56:36	00:05:40	00:56:18	00:05:38	00:56:36	00:26:30
388	2069	ALFONSO	RODRIGUEZ PEREIRA	M-294	ABM-294		VIGO	00:56:37	00:05:40	00:55:48	00:05:35	00:56:37	00:26:55
389	2378	JULIO	COSTAS NOVAS	M-295	ABM-295		VILABOA	00:56:37	00:05:40	00:56:32	00:05:40	00:56:37	00:25:31
390	2066	SANTIAGO	PLEVAK DE IÑIGO	M-296	ABM-296		VIGO	00:56:40	00:05:40	00:55:56	00:05:36	00:56:40	00:27:41
391	2246	ALEJANDRO	BARROS GONZÁLEZ	M-297	ABM-297	ENDURANCE PROGRAM	VIGO	00:56:40	00:05:40	00:55:56	00:05:36	00:56:40	00:27:43
392	2633	JOSE MIGUEL	RUIZ RUBIO	M-298	ABM-298		PONTEVEDRA	00:56:41	00:05:41	00:55:57	00:05:36	00:56:41	00:27:04
393	2303	JUAN CARLOS	ALFARO CEBRIÁN	M-299	ABM-299		PONTEVEDRA	00:56:42	00:05:41	00:56:00	00:05:36	00:56:42	00:27:20
394	2062	DIEGO	NUÑEZ GONZALEZ	M-300	ABM-300		VIGO	00:56:42	00:05:41	00:56:00	00:05:36	00:56:42	00:27:20
395	2462	REYES	GÓMEZ SÁNCHEZ	F-95	ABF-95		PONTEVEDRA	00:56:43	00:05:41	00:56:30	00:05:39	00:56:43	00:26:08
396	2088	RAQUEL	COBAS GARCÍA	F-96	ABF-96	ACEADEAMA-TRIARTEIXO	MIÑO	00:56:44	00:05:41	00:56:27	00:05:39	00:56:44	00:26:30
397	2365	FRANCISCO	CASTRO GONZALEZ	M-301	ABM-301		PONTEVEDRA	00:56:49	00:05:41	00:56:08	00:05:37	00:56:49	00:26:54
398	2631	MANUEL	RUIBAL MOLDES	M-302	ABM-302		PONTEVEDRA	00:56:52	00:05:42	00:56:09	00:05:37	00:56:52	00:27:03
399	2111	RICARDO GASPAR	VARELA PEREZ	M-303	ABM-303		LARACHA (A)	00:57:00	00:05:42	00:56:40	00:05:40	00:57:00	00:26:24
400	2562	AVELINO	PARCERO FERNANDEZ	M-304	ABM-304		MOAÑA	00:57:06	00:05:43	00:56:38	00:05:40	00:57:06	00:26:47
401	2480	GUADALUPE	GONZÁLEZ SOBRAL	F-97	ABF-97		PONTEVEDRA	00:57:07	00:05:43	00:56:20	00:05:38	00:57:07	00:27:22
402	2352	ANTONIO	CARBALLA GONZALEZ	M-305	ABM-305		SANXENXO	00:57:11	00:05:44	00:56:52	00:05:42	00:57:11	00:26:52
403	2691	ALICIA	VIEITEZ MINIÑO	F-98	ABF-98		SANXENXO	00:57:11	00:05:44	00:56:52	00:05:42	00:57:11	00:26:52
404	2200	LUPE	VILAR SEREN	F-99	ABF-99	C.A CAMBADOS	CAMBADOS	00:57:12	00:05:44	00:56:53	00:05:42	00:57:12	00:26:26
405	2650	CARLOS	SERRANO DE LA VEGA	M-306	ABM-306		PONTE CALDELAS	00:57:13	00:05:44	00:56:35	00:05:40	00:57:13	00:27:50
406	2268	MIGUEL	GARCIA CUERVO	M-307	ABM-307	PONTE A CORRER	PONTEVEDRA	00:57:15	00:05:44	00:56:32	00:05:40	00:57:15	00:26:55
407	2579	JOSE ANTONIO	PEREZ MILLARES	M-308	ABM-308		PONTEVEDRA	00:57:16	00:05:44	00:56:53	00:05:42	00:57:16	00:27:07
408	2682	SABELA	VAZQUEZ-GARZA VARELA	F-100	ABF-100		PONTEVEDRA	00:57:24	00:05:45	00:57:08	00:05:43	00:57:24	00:25:19
409	2629	JOSÉ RAMÓN	RUIBAL ARGIBAY	M-309	ABM-309		PONTEVEDRA	00:57:24	00:05:45	00:57:12	00:05:44	00:57:24	00:26:36
410	2648	PABLO	SEOANE MARTÍNEZ	M-310	ABM-310		PONTEVEDRA	00:57:28	00:05:45	00:56:52	00:05:42	00:57:28	00:27:48
411	2017	INES	BODERO RIVERA	F-101	ABF-101		AMPUDIA	00:57:31	00:05:46	00:57:04	00:05:43	00:57:31	00:27:24
412	2318	TOMÁS	ARIAS REDONDO	M-311	ABM-311		PONTEVEDRA	00:57:33	00:05:46	00:57:01	00:05:43	00:57:33	00:26:34
413	2305	MARCOS	ALFONSO	M-312	ABM-312		PONTEVEDRA	00:57:36	00:05:46	00:57:24	00:05:45	00:57:36	00:25:09
414	2655	XABIER	SUÁREZ FARÍÑA	M-313	ABM-313		SALCEDA DE CASELAS	00:57:42	00:05:47	00:57:15	00:05:44	00:57:42	00:27:44
415	2400	UXÍA	DOMÍNGUEZ	F-102	ABF-102		MEIS	00:57:43	00:05:47	00:57:00	00:05:42	00:57:43	00:27:39
416	2662	MARÍA JESUS	TEMBRA CARAMES	F-103	ABF-103		MEIS	00:57:43	00:05:47	00:57:00	00:05:42	00:57:43	00:27:38
417	2599	PABLO	REMIRO GONZÁLEZ	M-314	ABM-314		MONDARIZ	00:57:51	00:05:48	00:57:16	00:05:44	00:57:51	00:25:58
418	2643	PABLO	SANTIAGO VILAS	M-315	ABM-315		PONTEVEDRA	00:57:54	00:05:48	00:57:14	00:05:44	00:57:54	00:28:18
419	2426	BENITO	FERNANDEZ RODRÍGUEZ	M-316	ABM-316		PONTEVEDRA	00:57:54	00:05:48	00:57:14	00:05:44	00:57:54	00:28:19
420	2221	IAGO	ACUÑA VIEITES	M-317	ABM-317	CLUB DEPORTIVO PINARIUM	PONTEVEDRA	00:57:58	00:05:48	00:57:25	00:05:45	00:57:58	00:28:01
421	2273	PABLO	CHENLO CALVO	M-318	ABM-318	RIA RUNNING	PONTEVEDRA	00:57:59	00:05:48	00:57:25	00:05:45	00:57:59	00:28:12
422	2302	SARA	AGUIÑ SARTAGES	F-104	ABF-104		SANXENXO	00:58:00	00:05:48	00:57:39	00:05:46	00:58:00	00:27:23
423	2189	MAYTE	MEJUTO SOTO	F-105	ABF-105	ACEADEAMA-TRIARTEIXO	CULLEREDO	00:58:04	00:05:49	00:57:43	00:05:47	00:58:04	00:26:59
424	2091	MARY ALEJANDRA	FAJARDO TRIVELLONE	F-106	ABF-106	ACEADEAMA-TRIARTEIXO	OLEIROS	00:58:04	00:05:49	00:57:46	00:05:47	00:58:04	00:27:00
425	2474	MARTA MARIA	GONZALEZ HERNANDEZ	F-107	ABF-107		SANXENXO	00:58:09	00:05:49	00:57:59	00:05:48	00:58:09	00:26:19
426	2350	PAULA	CAMPO FARÍÑA	F-108	ABF-108		PONTEVEDRA	00:58:10	00:05:49	00:57:36	00:05:46	00:58:10	00:28:06
427	2055	LORENA	LAGO LAGO	F-109	ABF-109		VIGO	00:58:10	00:05:49	00:57:36	00:05:46	00:58:10	00:28:10
428	2018	SEVIM	CALISKAN	F-110	ABF-110		BARCELONA	00:58:14	00:05:50	00:58:08	00:05:49	00:58:14	00:25:40
429	2326	GABRIELA	BAÑO PENA	F-111	ABF-111		XOVE	00:58:14	00:05:50	00:57:33	00:05:46	00:58:14	00:27:13
430	2486	DAMIÁN	HERMELO MÉNDEZ	M-319	ABM-319		PONTEVEDRA	00:58:14	00:05:50	00:57:34	00:05:46	00:58:14	00:27:14
431	2616	LUCÍA	RODRIGUEZ GARAY	F-112	ABF-112		CORUÑA (A)	00:58:15	00:05:50	00:58:02	00:05:49	00:58:15	00:26:29
432	2230	LUCÍA	VÁZQUEZ HERMIDA	F-113	ABF-113	CLUB LA MOCHILA DEL DEPORTE	PONTEVEDRA	00:58:16	00:05:50	00:57:38	00:05:46	00:58:16	00:27:16
433	2231	PAULA	VÁZQUEZ HERMIDA	F-114	ABF-114	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:58:16	00:05:50	00:57:38	00:05:46	00:58:16	00:27:14
434	2229	ANA BELEN	HERMIDA CARBALLO	F-115	ABF-115	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:58:16	00:05:50	00:57:39	00:05:46	00:58:16	00:27:15
435	2224	ANA ISABEL	LOPEZ MOSTEIRO	F-116	ABF-116	CLUB DEPORTIVO PINARIUM	PONTEVEDRA	00:58:16	00:05:50	00:57:44	00:05:47	00:58:16	00:26:17
436	2267	MANUEL	FERNÁNDEZ BALBOA	M-320	ABM-320	PONTE A CORRER	PONTEVEDRA	00:58:16	00:05:50	00:57:42	00:05:47	00:58:16	00:26:16
437	2280	JAVIER	OTERO BARROS	M-321	ABM-321	SOCIEDAD GIMNASTICA DE PONTEVEDRA	PONTEVEDRA	00:58:17	00:05:50	00:57:28	00:05:45	00:58:17	00:27:44
438	2557	MARCOS	OTERO QUEIRO	M-322	ABM-322		PONTEVEDRA	00:58:17	00:05:50	00:57:28	00:05:45	00:58:17	00:27:47
439	2679	JORGE	VAZQUEZ FONDEVILA	M-323	ABM-323		CORUÑA (A)	00:58:17	00:05:50	00:57:29	00:05:45	00:58:17	00:27:48
440	2647	DAVID	SEOANE COLLAZO	M-324	ABM-324		POIO	00:58:20	00:05:50	00:57:58	00:05:48	00:58:20	00:27:58
441	2414	EVA MARIA	FEIJOO VALENCIA	F-117	ABF-117		XINZO DE LIMIA	00:58:22	00:05:51	00:57:56	00:05:48	00:58:22	00:26:45
442	2109	ARANTXA	SÁNCHEZ VARELA	F-118	ABF-118	BRUTANZOS	BETANZOS	00:58:24	00:05:51	00:57:42	00:05:47	00:58:24	00:27:44
443	2699	ROWAN	WINDVOGEL	M-325	ABM-325		CASTLEBLAYNEY	00:58:29	00:05:51	00:58:17	00:05:50	00:58:29	00:27:02
444	2348	DIEGO	CAMAÑO	M-326	ABM-326		CANGAS	00:58:32	00:05:52	00:57:45	00:05:47	00:58:32	00:27:52
445	2234	ENRIQUE	DIZ DIOS	M-327	ABM-327	CLUB TRIATLON MORRAZO	MOAÑA	00:58:36	00:05:52	00:58:04	00:05:49	00:58:36	00:27:34
446	2397	PEDRO	DIZ DIOS	M-328	ABM-328		CANGAS	00:58:36	00:05:52	00:58:04	00:05:49	00:58:36	00:27:35
447	2320	VICTOR	AROSA BARCO	M-329	ABM-329		PONTEVEDRA	00:58:37	00:05:52	00:58:14	00:05:50	00:58:37	00:27:55
448	2653	MOISÉS	SOLIÑO MARTÍNEZ	M-330	ABM-330		CANGAS	00:58:37	00:05:52	00:58:32	00:05:52	00:58:37	00:26:29
449	2319	ÁLVARO	AROSA BARCO	M-331	ABM-331		PONTEVEDRA	00:58:37	00:05:52	00:58:14	00:05:50	00:58:37	00:27:55

450	2367	MIGUEL	CERVIÑO ROSALES	M-332	ABM-332		BUEU	00:58:38	00:05:52	00:58:13	00:05:50	00:58:38	00:28:02	
451	2455	SUSANA	GARCIA UCHA	F-119	ABF-119		PONTEVEDRA	00:58:40	00:05:52	00:58:28	00:05:51	00:58:40	00:27:52	
452	2511	RAQUEL	LOPEZ LOPEZ	F-120	ABF-120		PONTEVEDRA	00:58:40	00:05:52	00:58:23	00:05:51	00:58:40	00:27:54	
453	2255	ARANTZAZU	IBARRETXE MARTÍNEZ	F-121	ABF-121	L@S INSENSAT@S	VIGO	00:58:41	00:05:53	00:58:00	00:05:48	00:58:41	00:27:28	
454	2197	FÁTIMA	OUBIÑA PADIN	F-122	ABF-122	BRUNCH RUN CLUB	VILANOVA DE AROUSA	00:58:45	00:05:53	00:58:14	00:05:50	00:58:45	00:27:35	
455	2388	MARIEL	DAPENA	F-123	ABF-123		POIO	00:58:47	00:05:53	00:58:02	00:05:49	00:58:47	00:27:33	
456	2430	SILVIA	FERNÁNDEZ VÁZQUEZ	F-124	ABF-124		PONTEVEDRA	00:58:50	00:05:53	00:58:09	00:05:49	00:58:50	00:27:56	
457	2063	IGNACIO	PÉREZ	M-333	ABM-333		OURENSE	34979794.0	00:58:51	00:05:54	00:58:12	00:05:50	00:58:51	00:28:15
458	2064	MAITE	PEREZ RODRIGUEZ	F-125	ABF-125		VIGO	00:58:51	00:05:54	00:58:12	00:05:50	00:58:51	00:28:14	
459	2198	ANTON	COSTA BAYON	M-334	ABM-334	BRUNCH RUN CLUB SANSENXO	VILANOVA DE AROUSA	00:58:52	00:05:54	00:58:23	00:05:51	00:58:52	00:27:53	
460	1306	CRISTINA	DE LA FUENTE SEIJO	F-126	ABF-126		VIGO	00:58:53	00:05:54	00:58:40	00:05:52	00:58:53	00:26:58	
461	2608	LORENA	RIVAS LOPEZ-CARBALLO	F-127	ABF-127		CORUÑA (A)	00:58:59	00:05:54	00:58:21	00:05:51	00:58:59	00:27:46	
462	2373	MILI	CORDAL MARTINEZ	M-335	ABM-335		PONTEVEDRA	00:59:00	00:05:54	00:58:34	00:05:52	00:59:00	00:26:55	
463	2681	JOSE	VÁZQUEZ Y	M-336	ABM-336		PONTEVEDRA	00:59:02	00:05:55	00:58:23	00:05:51	00:59:02	00:28:04	
464	2412	MANUEL	FARIÑA CASANOVA	M-337	ABM-337		PONTEVEDRA	00:59:02	00:05:55	00:58:24	00:05:51	00:59:02	00:28:05	
465	2052	LORENA	GONZÁLEZ SIERRA	F-128	ABF-128		VIGO	00:59:07	00:05:55	00:58:51	00:05:54	00:59:07	00:27:07	
466	2250	ANDRES	VILABOA DIAZ	M-338	ABM-338	GIMNASIO GALAICO	LUGO	00:59:10	00:05:55	00:58:38	00:05:52	00:59:10	00:27:07	
467	2667	CELIA	TORRES ESPERÓN	F-129	ABF-129		MARÍN	00:59:10	00:05:55	00:58:31	00:05:52	00:59:10	00:28:04	
468	2490	CARLOTA	IGLESIAS COBO	F-130	ABF-130		MARÍN	00:59:11	00:05:56	00:58:31	00:05:52	00:59:11	00:28:09	
469	2517	FELIPE	LORENZO PIÑEIRO	M-339	ABM-339		PONTEVEDRA	00:59:16	00:05:56	00:58:40	00:05:52	00:59:16	00:28:13	
470	2446	TERESA	GARCIA BLANCO	F-131	ABF-131		PONTEVEDRA	00:59:17	00:05:56	00:59:05	00:05:55	00:59:17	00:27:34	
471	2514	NATALIA	LORENZO ALONSO	F-132	ABF-132		PONTEVEDRA	00:59:18	00:05:56	00:59:06	00:05:55	00:59:18	00:27:53	
472	2550	ELENA	NARANJO TRIÑANES	F-133	ABF-133		GROVE (O)	00:59:20	00:05:56	00:58:56	00:05:54	00:59:20	00:27:00	
473	2481	MIGUEL	GONZÁLEZ TABOADA	M-340	ABM-340		PONTEVEDRA	00:59:30	00:05:57	00:58:53	00:05:54	00:59:30	00:28:05	
474	2295	JONATHAN	ABILLEIRA ESCUDERO	M-341	ABM-341		POIO	00:59:33	00:05:58	00:59:00	00:05:54	00:59:33	00:28:20	
475	2577	PATRICIA	PÉREZ LORES	F-134	ABF-134		POIO	00:59:33	00:05:58	00:58:59	00:05:54	00:59:33	00:28:17	
476	2413	ADRIÁN	FARIÑA LINO	M-342	ABM-342		PONTEVEDRA	00:59:34	00:05:58	00:59:10	00:05:55	00:59:34	00:28:08	
477	2092	NAILA	FAJARDO TRIVELLONE	F-135	ABF-135	ACEADEAMA-TRIARTEIXO	OLEIROS	00:59:37	00:05:58	00:59:20	00:05:56	00:59:37	00:27:04	
478	2576	ESTEBAN	PEREZ CURRAS	M-343	ABM-343		MOAÑA	00:59:50	00:05:59	00:59:23	00:05:57	00:59:50	00:28:09	
479	2628	MARTINA	ROSALES MARTINEZ	F-136	ABF-136		MOAÑA	00:59:51	00:06:00	00:59:23	00:05:57	00:59:51	00:28:08	
480	2698	ODETTE	WINDVOGEL	F-137	ABF-137		CASTLEBLAYNEY	00:59:54	00:06:00	00:59:42	00:05:59	00:59:54	00:27:10	
481	2690	ANTÍA	VIDAL GARCÍA	F-138	ABF-138		REDONDELA	01:00:00	00:06:00	00:59:52	00:06:00	01:00:00	00:28:32	
482	2237	FRANCISCO JAVIER MARIA	OTERO GARCIA	M-344	ABM-344	CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	BUEU	01:00:00	00:06:00	00:59:35	00:05:58	01:00:00	00:28:36	
483	2411	CARLOS	FANDIÑO	M-345	ABM-345		PONTEVEDRA	01:00:04	00:06:01	00:59:39	00:05:58	01:00:04	00:28:21	
484	2534	ÁNGELA	MAYO MARTINEZ	F-139	ABF-139		POIO	01:00:04	00:06:01	00:59:39	00:05:58	01:00:04	00:28:20	
485	2636	JAVIER	SAAVEDRA SANTIAGO	M-346	ABM-346		POIO	01:00:05	00:06:01	00:59:40	00:05:58	01:00:05	00:28:21	
486	2057	FELIPE	MARTIN ALGIERI	M-347	ABM-347		CANGAS	01:00:10	00:06:01	00:59:55	00:06:00	01:00:10	00:28:18	
487	2467	OSCAR	GONZÁLEZ	M-348	ABM-348		MEAÑO	01:00:11	00:06:02	00:59:57	00:06:00	01:00:11	00:28:00	
488	2601	MARÍA JOSE	REY GARCIA	F-140	ABF-140		MEAÑO	01:00:11	00:06:02	00:59:58	00:06:00	01:00:11	00:28:00	
489	2551	LIMA MARTÍNEZ	NOELIA	F-141	ABF-141		MEAÑO	01:00:11	00:06:02	00:59:57	00:06:00	01:00:11	00:28:00	
490	2082	MARTA	BLANCO PICALLO	F-142	ABF-142		VILAGARCÍA DE AROUSA	01:00:13	00:06:02	00:59:50	00:05:59	01:00:13	00:28:03	
491	2095	MANUEL ALBERTE	GARCIA GIRALDEZ	M-349	ABM-349		VILAGARCÍA DE AROUSA	01:00:13	00:06:02	00:59:50	00:05:59	01:00:13	00:28:03	
492	2072	PABLO	SÁNCHEZ ESTEVEZ	M-350	ABM-350		VIGO	01:00:22	00:06:03	00:59:41	00:05:59	01:00:22	00:28:20	
493	2086	XOSÉ MANUEL	CAMBÓN ARCEO	M-351	ABM-351		CORUÑA (A)	01:00:24	00:06:03	00:59:44	00:05:59	01:00:24	00:28:37	
494	2516	ANDRES	LORENZO PIÑEIRO	M-352	ABM-352		PONTEVEDRA	01:00:29	00:06:03	00:59:52	00:06:00	01:00:29	00:28:39	
495	2292	SOFIA	ABAL BONILLA	F-143	ABF-143		PONTEVEDRA	01:00:29	00:06:03	00:59:52	00:06:00	01:00:29	00:28:33	
496	2266	JUANJO	AGULLA LOPEZ	M-353	ABM-353	PONTE A CORRER	PONTEVEDRA	01:00:31	00:06:04	00:59:57	00:06:00	01:00:31	00:30:28	
497	2332	NICOLAS	BARROS FONDEVILA	M-354	ABM-354		PONTEVEDRA	01:00:38	00:06:04	00:59:49	00:05:59	01:00:38	00:29:27	
498	2445	ROI	GARCIA	M-355	ABM-355		PONTEVEDRA	01:00:38	00:06:04	00:59:50	00:05:59	01:00:38	00:27:47	
499	2035	SARA	ROO REY	F-144	ABF-144	SOCIEDADE DEPORTIVA BARBANTIA RODA	BOIRO	01:00:46	00:06:05	01:00:28	00:06:03	01:00:46	00:27:57	
500	2004	JOSE	NAVARRO ANTON	M-356	ABM-356	SD BARBANTIA RODA	BOIRO	AG 2015070	01:00:46	00:06:05	01:00:28	00:06:03	01:00:46	00:27:57
501	2081	FERNANDO	ARNAIZ RUBIO	M-357	ABM-357	ACEADEAMA-TRIARTEIXO	OLEIROS	01:00:48	00:06:05	01:00:28	00:06:03	01:00:48	00:27:28	
502	2119	ABELARDO	CARBALLO GIL	M-358	ABM-358		OURENSE	01:00:49	00:06:05	01:00:01	00:06:01	01:00:49	00:28:50	
503	2379	TERESA	COUÑAGO SOTO	F-145	ABF-145		REDONDELA	01:00:51	00:06:06	01:00:20	00:06:02	01:00:51	00:27:54	
504	2580	MIGUEL	PÉREZ NOVAS	M-359	ABM-359		REDONDELA	01:00:52	00:06:06	01:00:20	00:06:02	01:00:52	00:27:54	
505	2630	SONIA	RUIBAL CASALDERREY	F-146	ABF-146		PONTEVEDRA	01:01:02	00:06:07	01:00:50	00:06:05	01:01:02	00:26:40	
506	2612	VERÓNICA	RODÍÑO TILVE	F-147	ABF-147		PONTEVEDRA	01:01:05	00:06:07	01:00:29	00:06:03	01:01:05	00:28:57	
507	2688	CARMEN	VENTURA POCEIRO	F-148	ABF-148		PONTEVEDRA	01:01:05	00:06:07	01:00:30	00:06:03	01:01:05	00:28:58	
508	2355	MARTA	CARLÉS FONTÁN	F-149	ABF-149		PONTEVEDRA	01:01:05	00:06:07	01:00:29	00:06:03	01:01:05	00:28:54	
509	2503	ANTÍA	LANDEIRA NOYA	F-150	ABF-150		PONTEVEDRA	01:01:05	00:06:07	01:00:30	00:06:03	01:01:05	00:28:52	
510	2563	LUCÍA	PARCERO LEITES	F-151	ABF-151		MOAÑA	01:01:12	00:06:08	01:00:44	00:06:05	01:01:12	00:29:03	
511	2296	MAITE	ABILLEIRA GONZALEZ	F-152	ABF-152		PONTEVEDRA	01:01:28	00:06:09	01:01:22	00:06:09	01:01:28	00:28:33	
512	2592	JAIRO	PRESAS GÓMEZ	M-360	ABM-360		LALÍN	01:01:29	00:06:09	01:01:03	00:06:07	01:01:29	00:28:00	
513	2558	CARLOS	OUTÓN	M-361	ABM-361		POIO	01:01:35	00:06:10	01:00:52	00:06:06	01:01:35	00:28:47	
514	2626	EREA	ROSALES ACHA	F-153	ABF-153		POIO	01:01:45	00:06:11	01:01:24	00:06:09			

526	2008	LUCÍA	VÁZQUEZ SESAR	F-162	ABF-162		CULLEREDO	01:02:36	00:06:16	01:01:52	00:06:12	01:02:36	00:29:20
527	2256	RICARDO	PESTANA PEREIRA	M-365	ABM-365	LA UNIÓN	MIÑO	01:02:57	00:06:18	01:02:08	00:06:13	01:02:57	00:29:46
528	2030	CARMEN	OTERO DE ANDRÉS	F-163	ABF-163		SANTIAGO DE COMPOSTELA	01:03:14	00:06:20	01:02:54	00:06:18	01:03:14	00:28:25
529	2334	VICTORIA	BAUTISTA PÉREZ	F-164	ABF-164		CORUÑA (A)	01:03:17	00:06:20	01:03:09	00:06:19	01:03:17	00:28:28
530	2027	CRISTINA	LIJÓ CARBALLEDA	F-165	ABF-165		SANTIAGO DE COMPOSTELA	01:03:19	00:06:20	01:02:42	00:06:17	01:03:19	00:30:18
531	2016	ICIA	BERMÚDEZ FORNOS	F-166	ABF-166		ARES	01:03:23	00:06:21	01:02:59	00:06:18	01:03:23	00:29:55
532	2433	AMERICO DOMINGO	FERREIRA PEREIRA	M-366	ABM-366		SARRIA	01:03:24	00:06:21	01:02:38	00:06:16	01:03:24	00:30:17
533	2037	DANIEL	ADRIÁN CABO	M-367	ABM-367		VIGO	01:03:27	00:06:21	01:02:46	00:06:17	01:03:27	00:30:47
534	2393	NOELIA	DIESTE DEAN	F-167	ABF-167		BOIRO	01:03:41	00:06:23	01:03:25	00:06:21	01:03:41	00:29:25
535	2489	ALEJO	HUELIN DE SANTIAGO	M-368	ABM-368		TARRAGONA	01:03:44	00:06:23	01:03:33	00:06:22	01:03:44	00:28:23
536	2341	GEORGE TEODOR	BORTA BORTA	M-369	ABM-369		TARRAGONA	01:03:44	00:06:23	01:03:33	00:06:22	01:03:44	00:28:23
537	2569	AMARANTA	PAZO CALDERÓN	F-168	ABF-168		PONTEVEDRA	01:03:47	00:06:23	01:03:11	00:06:20	01:03:47	00:29:25
538	2570	ALASKA	PAZÓ CALDERÓN	F-169	ABF-169		PONTEVEDRA	01:03:47	00:06:23	01:03:10	00:06:19	01:03:47	00:29:28
539	2304	INÉS	ALFONSÍN DEVESA	F-170	ABF-170		GROVE (O)	01:03:48	00:06:23	01:03:19	00:06:20	01:03:48	00:28:49
540	2134	MARA	BELOSO CASTRO	F-171	ABF-171		PONFERRADA	01:03:51	00:06:24	01:03:45	00:06:23	01:03:51	00:29:28
541	2478	MARÍA BELÉN	GONZÁLEZ RODRÍGUEZ	F-172	ABF-172		PONTEVEDRA	01:03:58	00:06:24	01:03:20	00:06:20	01:03:58	00:29:48
542	2036	CLAUDIA	SILVA SUÁREZ	F-173	ABF-173		BOIRO	01:04:16	00:06:26	01:04:00	00:06:24	01:04:16	00:29:30
543	2466	LEIS	GONZALEZ	F-174	ABF-174		PONTEVEDRA	01:04:18	00:06:26	01:04:06	00:06:25	01:04:18	00:28:40
544	2546	MARÍA ELENA	MORALES AYALA	F-175	ABF-175		POIO	01:04:26	00:06:27	01:03:50	00:06:23	01:04:26	00:29:41
545	2547	ANGELES	MORALES FERRO	F-176	ABF-176		PONTEVEDRA	01:04:37	00:06:28	01:04:01	00:06:25	01:04:37	00:29:39
546	2087	MARI MAR	CANOSA TOJA	F-177	ABF-177	TROTALAXE	LAXE	01:04:42	00:06:29	01:04:21	00:06:27	01:04:42	00:30:26
547	2285	ANABEL	SONEIRA MARTINEZ	F-178	ABF-178	TROTALAXE	LAXE	01:04:42	00:06:29	01:04:22	00:06:27	01:04:42	00:30:25
548	2404	EVA	DOMÍNGUEZ PRADO	F-179	ABF-179		MEIS	01:04:44	00:06:29	01:04:00	00:06:24	01:04:44	00:30:14
549	2661	BEGOÑA	TEMBRA CARAMES	F-180	ABF-180		PONTEVEDRA	01:04:44	00:06:29	01:04:01	00:06:25	01:04:44	00:30:16
550	2598	CARLOS	QUIVÉN SÁNCHEZ	M-370	ABM-370		VILANOVA DE AROUSA	01:05:13	00:06:32	01:04:56	00:06:30	01:05:13	00:29:45
551	2053	ANDREA	GREGORES COTO	F-181	ABF-181		VIGO	01:05:24	00:06:33	01:04:51	00:06:30	01:05:24	00:30:41
552	2310	VITOR	ALVES	M-371	ABM-371		PONTEVEDRA	01:05:28	00:06:33	01:04:53	00:06:30	01:05:28	00:28:13
553	2510	NOELIA	LÓPEZ FERREIRA	F-182	ABF-182		PADERNE	01:05:44	00:06:35	01:04:58	00:06:30	01:05:44	00:30:16
554	2118	MARTA	ALONSO PADRÓN	F-183	ABF-183		OURENSE	01:05:45	00:06:35	01:05:10	00:06:31	01:05:45	00:30:25
555	2345	HELENA	CALO ORDÓÑEZ	F-184	ABF-184		BOIRO	01:05:46	00:06:35	01:05:31	00:06:34	01:05:46	00:29:24
556	2449	ANDREA	GARCÍA GONDAR	F-185	ABF-185		PONTEVEDRA	01:05:49	00:06:35	01:05:28	00:06:33	01:05:49	00:28:47
557	2497	ANTONIO	IRUESTE SANCHEZ	M-372	ABM-372		BUEU	01:05:58	00:06:36	01:05:33	00:06:34	01:05:58	00:29:39
558	2695	CRISTINA	VILAS VÁZQUEZ	F-186	ABF-186		PONTEVEDRA	01:06:00	00:06:36	01:05:19	00:06:32	01:06:00	00:30:53
559	2291	MARCONI	HOLANDA DE OLIVEIRA SOBRINHO	M-373	ABM-373		PORTO	01:06:06	00:06:37	01:05:35	00:06:34	01:06:06	00:30:04
560	2668	MARTA	TORRES LIJÓ	F-187	ABF-187		PONTEVEDRA	01:06:23	00:06:39	01:05:45	00:06:35	01:06:23	00:30:30
561	2359	LETICIA	CASAL GUDÍN	F-188	ABF-188		MOECHE	01:06:41	00:06:41	01:06:11	00:06:38	01:06:41	00:31:50
562	2193	MARÍA	ANDRADE LAGO	F-189	ABF-189	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE	01:06:47	00:06:41	01:06:01	00:06:37	01:06:47	00:30:23
563	2330	MARTA	BARRIOS MANRIQUE	F-190	ABF-190		MADRID	01:06:51	00:06:42	01:06:11	00:06:38	01:06:51	00:30:47
564	2090	MARÍA	DOMÍNGUEZ	F-191	ABF-191		OURENSE	01:06:52	00:06:42	01:06:28	00:06:39	01:06:52	00:30:00
565	2042	NOELIA	BOUZAS JAMARDO	F-192	ABF-192		VILAGARCÍA DE AROUSA	01:06:53	00:06:42	01:06:12	00:06:38	01:06:53	00:31:22
566	2106	ANA	RUBAL SÁNCHEZ	F-193	ABF-193		CORUÑA (A)	01:06:54	00:06:42	01:06:30	00:06:39	01:06:54	00:29:59
567	2508	AMADOR ANTONIO	LOPEZ COTON	M-374	ABM-374		VIGO	01:07:37	00:06:46	01:06:58	00:06:42	01:07:37	00:31:05
568	2021	LUCÍA	DOPICO TELLADO	F-194	ABF-194		AMES	01:07:38	00:06:46	01:07:06	00:06:43	01:07:38	00:33:18
569	2652	MIMI	SISIRUCA	F-195	ABF-195		PONTEVEDRA	01:07:48	00:06:47	01:07:33	00:06:46	01:07:48	00:32:48
570	2420	CARMEN	FERNÁNDEZ DOMATO	F-196	ABF-196		PONTEVEDRA	01:07:52	00:06:48	01:07:10	00:06:43	01:07:52	00:31:21
571	2127	JESUS ALBERTO	RAQUEL PALLARES	M-375	ABM-375		CELANOVA	01:07:55	00:06:48	01:07:26	00:06:45	01:07:55	00:31:23
572	2347	ISAÍAS	CALVO DE LA UZ	M-376	ABM-376		TEO	01:08:04	00:06:49	01:07:22	00:06:45	01:08:04	00:30:59
573	2635	MARINA	SAAVEDRA FERNANDEZ	F-197	ABF-197		PONTEVEDRA	01:08:25	00:06:51	01:07:44	00:06:47	01:08:25	00:31:12
574	2007	VICTORIA EUGENIA	LOPEZ PERMUY	F-198	ABF-198	BRIGANTIA AVENTURA	CORUÑA (A)	01:08:37	00:06:52	01:07:55	00:06:48	01:08:37	00:31:29
575	2113	MARIBEL	VICENTE GONZALEZ	F-199	ABF-199	CLUB HERCULES TERMARIA	MIÑO	01:08:39	00:06:52	01:07:56	00:06:48	01:08:39	00:31:30
576	2216	ANA	SABÍN VILARIÑO	F-200	ABF-200	CLUB CASTRO DE LOBADIZ	FERROL	01:08:39	00:06:52	01:08:29	00:06:51	01:08:39	00:31:23
577	2125	MONTSERRAT	PALLARES BASALO	F-201	ABF-201		CELANOVA	01:08:54	00:06:54	01:08:25	00:06:51	01:08:54	00:31:32
578	2130	SERVANDO	VAZQUEZ REY	M-377	ABM-377		OURENSE	01:08:54	00:06:54	01:08:25	00:06:51	01:08:54	00:31:30
579	2625	NEREA	RONCERO JUNCAL	F-202	ABF-202		PONTEVEDRA	01:09:01	00:06:55	01:08:26	00:06:51	01:09:01	00:32:20
580	2505	ADRIAN	LEIRO SOTO	M-378	ABM-378		VILAGARCÍA DE AROSA	01:09:09	00:06:55	01:08:26	00:06:51	01:09:09	00:32:04
581	2526	IRENE	MARTÍN ROBLES	F-203	ABF-203		PONTEVEDRA	01:10:25	00:07:03	01:09:38	00:06:58	01:10:25	00:32:45
582	2518	ROCÍO	LORES ROMAY	F-204	ABF-204		POIO	01:10:25	00:07:03	01:09:38	00:06:58	01:10:25	00:32:36
583	2074	PILAR	SÁNCHEZ LÓPEZ	F-205	ABF-205		CHANTADA	01:10:27	00:07:03	01:09:53	00:07:00	01:10:27	00:30:39
584	2333	JESSICA	BARROS LÓPEZ	F-206	ABF-206		PONTEVEDRA	01:10:27	00:07:03	01:10:12	00:07:02	01:10:27	00:32:49
585	2100	REBECA	MUÑOZ GUTIÉRREZ	F-207	ABF-207	ACEADEAMA-TRIARTEIXO	ARTEIXO	01:10:50	00:07:05	01:10:28	00:07:03	01:10:50	00:33:26
586	2331	DANIELA	BARRON NIEBLA	F-208	ABF-208		MAZATLÁN	01:10:52	00:07:06	01:10:39	00:07:04	01:10:52	00:32:25
587	2376	ANDREA	COSTA DURÁN	F-209	ABF-209		MOAÑA	01:11:18	00:07:08	01:10:42	00:07:05	01:11:18	00:33:06
588	2634	M CARMEN	SAA TORRES	F-210	ABF-210		PONTEVEDRA	01:12:03	00:07:13	01:11:48	00:07:11	01:12:03	00:33:14
589	2581	DELMIRO	PEREZ RUIZ	M-379	ABM-379		PONTEVEDRA	01:12:40	00:07:16	01:12:16	00:07:14	01:12:40	00:31:52
590	2469	JULIO	GONZÁLEZ CABALLERO	M-380	ABM-380		PONTEVEDRA	01:13:08	00:07:19	01:12:21	00:07:15	01:13:08	00:32:48
591	2645	RICARD ALEIX	SAVIDO VIEIRA	M-381	ABM-381		PONTEVEDRA	01:13:11	00:07:20	01:12:35	00:07:16	01:13:11	00:34:10
592	2366	ANTIA	CENTENO	F-211	ABF-211		PONTEVEDRA	01:13:12	00:07:20	01:12:35	00:07:16	01:13:12	00:34:11
593	2045	MARÍA	DE COO DIZ	F-212	ABF-212		VIGO	01:13:42	00:07:23	01:13:10	00:07:19	01:13:42	00:33:13
594	2383	ALBA	COYA MIRANDA	F-213	ABF-213		PONTEVEDRA	01:13:56	00:07:24	01:13:20	00:07:20	01:13:56	00:33:22
595	2715	JOSE CARLOS	FERNANDEZ RAJO	M-382	ABM-382		GALICIA	01:14:05	00:07:25	01:13:33	00:07:22	01:14:05	00:33:12
596	2673	JULIA MARIA	VALCARCEL PEREZ	F-214	ABF-214		PONTEVEDRA	01:15:15	00:07:32	01:14:46	00:07:29	01:15:15	00:33:30
597	2139	JAVIER	GONZÁLEZ GIMÉNEZ	M-383	ABM-383		VIGO	01:23:14	00:08:20	01:22:59	00:08:18	01:23:14	00:35:28
DNF	2167	PABLO	ULLA COUÑAGO	M-0	ABM-0	SOCIEDAD GIMNASTICA DE PONTEVEDRA	REDONDELA	0	0	0	0		00:15:00
DNF	2260	HERMES	ARNOSO GIAO	M-0	ABM-0	NOSPORTLIMIT	CORUÑA (A)	0	0	0	0		00:19:15
DNF	2711	MARÍA JOSE	LOPEZ SANMARCO	F-0	ABF-0		GALICIA	0	0	0	0		00:25:29