

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
1	760	CABANILLAS AÑO, XAVI		00:29:47	+21	00:29:47	14:50 (1)	2:58	M (1)	SNM (1)	
2	750	GARCÍA SOUTO, HUGO	CLUB ATLETISMO PORTUGALETE	00:29:52	+26	00:29:52	14:50 (2)	2:59	M (2)	SNM (2)	
3	7	INCUTTI TELLADO, DENIS	DELIKIA	00:30:01	+35	00:30:00	14:56 (4)	3:00	M (3)	SNM (3)	
4	3	ABAL CHAVES, AMADEO	SURCO LUCENA	00:30:16	+50	00:30:16	14:56 (3)	3:01	M (4)	SNM (4)	
5	746	SANTOS DOMINGUEZ, DAVID	CLUB ATLETISMO TAMBRE	00:31:24	+1:58	00:31:24	15:30 (5)	3:08	M (5)	SNM (5)	
6	305	SANTIAGO FERNÁNDEZ, GUSTAVO	CLUB DEPORTIVO PINARIUM	00:31:54	+2:28	00:31:52	15:59 (7)	3:11	M (6)	SNM (6)	M (1)
7	1	GONZÁLEZ MOURELOS, YAGO	MILER RUNNING CLUB	00:32:10	+2:44	00:32:10	15:40 (6)	3:12	M (7)	SNM (7)	
8	63	PRIETO FERVENZA, ALVARO	CLUB DEPORTIVO PINARIUM	00:32:51	+3:25	00:32:51	16:20 (9)	3:17	M (8)	MBM (1)	
9	53	DOMÍNGUEZ JUNCAL, HUGO	SAN MIGUEL DE MARÍN	00:33:00	+3:34	00:32:58	16:34 (11)	3:17	M (9)	SNM (8)	
10	413	RÚA MORENO, ADRIÁN	CLUB ATLETISMO ANTAS DE ULLA	00:33:12	+3:46	00:33:10	16:34 (12)	3:19	M (10)	SNM (9)	
11	763	ALVAREZ FERREIRA, ALEXANDRE		00:33:53	+4:27	00:33:52	16:01 (8)	3:23	M (11)	SNM (10)	
12	165	ÁLVAREZ VÁZQUEZ, ALEJANDRO	CLUB TRIATLON VILAGARCIA	00:33:54	+4:28	00:33:53	16:43 (13)	3:23	M (12)	SNM (11)	
13	632	LOMBARDÍA ROCHA, YAGO	MASIVOS	00:34:05	+4:39	00:34:05	17:05 (22)	3:24	M (13)	SNM (12)	
14	19	MARTÍN PÉREZ, DIEGO		00:34:10	+4:44	00:34:10	31:56 (595)	3:24	M (14)	SNM (13)	
15	34	PINO SUÁREZ, ÓSCAR		00:34:12	+4:46	00:34:10	17:04 (20)	3:25	M (15)	SNM (14)	M (2)
16	242	ÁLVAREZ ÁLVAREZ, DANIEL	SD COMPOSTELA ATLETISMO	00:34:13	+4:47	00:34:11	17:04 (17)	3:25	M (16)	MBM (2)	
17	173	LOPEZ DE DIOS, FRANCISCO	LA CEREZAL TEAM	00:34:13	+4:47	00:34:12	16:46 (14)	3:25	M (17)	MBM (3)	
18	110	GUTIÉRREZ GONZÁLEZ, CARLOS	CLUB DEPORTIVO DELIKIA	00:34:16	+4:50	00:34:14	17:04 (19)	3:25	M (18)	MAM (1)	
19	205	PARADA MONTOTO, DAVID	MONTEPORREIRUNN	00:34:17	+4:51	00:34:15	17:04 (18)	3:25	M (19)	MBM (4)	
20	212	CARRASCO NUÑEZ, JORDI	SD COMPOSTELA ATLETISMO	00:34:23	+4:57	00:34:23	17:03 (16)	3:26	M (20)	MBM (5)	
21	757	LOBATO ELVIRA, RUBEN		00:34:43	+5:17	00:34:43	17:04 (21)	3:28	M (21)	MBM (6)	
22	394	FERREIRA VALÍN, MANUEL	CLUB ATLETISMO ANTAS DE ULLA	00:34:52	+5:26	00:34:50	17:40 (41)	3:29	M (22)	SNM (15)	
23	197	DOMÍNGUEZ CABRAL, ELÍAS		00:35:00	+5:34	00:34:59	17:07 (24)	3:29	M (23)	MBM (7)	
24	78	DAPORTA MÉNDEZ, MIGUEL	SOCIEDAD GIMNÁSTICA DE	00:35:00	+5:34	00:34:59	17:33 (36)	3:29	M (24)	MBM (8)	
25	97	REBOREDO GONZÁLEZ, MARIO	CLUB TRIATLÓN COMPOSTELA	00:35:01	+5:35	00:34:58	17:34 (37)	3:30	M (25)	SNM (16)	
26	415	MALVIDO GARCÍA, ALBERTO	CLUB CORREDOIRAS BUEU	00:35:04	+5:38	00:35:03	17:34 (38)	3:30	M (26)	MBM (9)	M (3)
27	685	NÚÑEZ PÉREZ, AGUSTÍN		00:35:04	+5:38	00:35:02	17:08 (25)	3:30	M (27)	MBM (10)	
28	132	IGLESIAS AMORES, MIGUEL	CLUB DEPORTIVO BRIÓN HYUPERSA	00:35:06	+5:40	00:35:01	17:30 (32)	3:30	M (28)	MAM (2)	
29	289	PEREIRO BOQUETE, GONZALO		00:35:08	+5:42	00:35:04	17:30 (33)	3:30	M (29)	SNM (17)	
30	72	FRAGA ADRIO, CARLOS	SD COMPOSTELA ATLETISMO	00:35:15	+5:49	00:35:12	17:34 (39)	3:31	M (30)	MAM (3)	
31	518	RAMOS CORREIA, FELIPE		00:35:24	+5:58	00:35:24	17:27 (30)	3:32	M (31)	SNM (18)	M (4)

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
32	32	VARELA RAMOS, FRANCISCO		00:35:25	+5:59	00:35:22	17:32 (35)	3:32	M (32)	SNM (19)	
33	562	MERUÉNDANO SUÁREZ, MIGUEL		00:35:29	+6:03	00:35:28	17:43 (44)	3:32	M (33)	SNM (20)	
34	12	HUERTA ESTEVEZ, DIEGO JOSE	SOCIEDAD GIMNÁSTICA DE	00:35:29	+6:03	00:35:28	17:06 (23)	3:32	M (34)	SNM (21)	
35	74	VÁZQUEZ PAVÓN, ROBERTO	TANINOS RUNNER PONTEAREAS	00:35:31	+6:05	00:35:29	17:23 (29)	3:33	M (35)	MAM (4)	
36	28	FONTÁN MARTÍNEZ, XACOB	ATLETISMO SAR	00:35:34	+6:08	00:35:32	17:43 (46)	3:33	M (36)	MAM (5)	
37	224	MARIN MOLLINEDO, NICOLAS	TRIATLON VILAGARCÍA	00:35:43	+6:17	00:35:40	17:43 (45)	3:34	M (37)	SNM (22)	
38	62	CASTILLO OÑATE, SARA	CLUB ATLETISMO FEMENINO CELTA	00:35:46	+6:20	00:35:45	17:57 (51)	3:34	F (1)	MAF (1)	
39	411	GALAN BERJANO, SERGIO	CLUB ATLETISMO ANTAS DE ULLA	00:35:49	+6:23	00:35:47	17:58 (55)	3:34	M (38)	SNM (23)	
40	742	NUÑEZ PARADA, SERGIO	CELTA ATLETISMO	00:35:50	+6:24	00:35:47	17:57 (52)	3:34	M (39)	MAM (6)	
41	24	CANEDA DEVESA, EROS MARTÍN	CLUB ATLETISMO CAMBADOS	00:35:51	+6:25	00:35:48	17:49 (48)	3:35	M (40)	MAM (7)	
42	119	LEIRO CAMBESES, YAGO	ATLETISMO RÍAS BAIXAS	00:35:55	+6:29	00:35:53	17:39 (40)	3:35	M (41)	MAM (8)	
43	105	BUA GARCÍA, FABIÁN	CD TRAILRUNNER STORE-HYGGE	00:35:56	+6:30	00:35:54	17:19 (28)	3:35	M (42)	MAM (9)	
44	406	PEREZ LOMBA, SERGIO	CLUB DEPORTIVO DELIKIA	00:35:58	+6:32	00:35:56	17:31 (34)	3:35	M (43)	SNM (24)	
45	494	RODRIGUEZ DOMÍNGUEZ, ANDRES	CLUB DEPORTIVO PINARIUM	00:35:59	+6:33	00:35:57	18:00 (56)	3:35	M (44)	MBM (11)	
46	50	SAINZ TRESGUERRAS, JESÚS FERNANDO	ATLETISMO SAR	00:36:06	+6:40	00:36:03	17:54 (49)	3:36	M (45)	MAM (10)	
47	228	ALVAREZ COSTAS, ANTONIO	CLUB DEPORTIVO PINARIUM	00:36:09	+6:43	00:36:07	17:55 (50)	3:36	M (46)	MAM (11)	
48	277	MATA CASTRO, ARTURO	CLUB ATLETISMO SANTIAGO	00:36:17	+6:51	00:36:16	34:05 (601)	3:37	M (47)	SNM (25)	M (5)
49	263	OTERO LOPEZ DE REGO, JORGE	ATLETISMO FONTES DO SAR	00:36:20	+6:54	00:36:17	17:14 (26)	3:37	M (48)	MBM (12)	
50	234	MIGUÉNS SOLANA, MARTÍ	ATLETISMO OBRADOIRO	00:36:29	+7:03	00:36:28	17:18 (27)	3:38	M (49)	SNM (26)	
51	200	PIÑEIRO PEDREIRA, ÓSCAR	NOSPORTLIMIT	00:36:31	+7:05	00:36:23	19:32 (109)	3:39	M (50)	SNM (27)	
52	361	SINEIRO DEVESA, ADRIÁN	CLUB ATLETISMO SADA	00:36:32	+7:06	00:36:29	17:57 (53)	3:39	M (51)	SNM (28)	
53	405	GARCIA SEOANE, FRANCISCO	GLOBAL SPORT CLUB	00:36:34	+7:08	00:36:28	17:58 (54)	3:39	M (52)	MAM (12)	
54	266	PAMPIN RIOS, PABLO	TAMBRE	00:36:36	+7:10	00:36:34	34:14 (605)	3:39	M (53)	SNM (29)	
55	255	VIDAL MORENO, FERNANDO	TRIATLON VILAGARCÍA	00:36:38	+7:12	00:36:34	18:19 (58)	3:39	M (54)	MBM (13)	
56	76	DAPORTA VÉLEZ, DIEGO	SOCIEDAD GIMNÁSTICA DE	00:36:38	+7:12	00:36:36	18:24 (60)	3:39	M (55)	SNM (30)	
57	162	ESPIÑEIRA MOSQUERA, MARTÍN	NOSPORTLIMIT	00:36:38	+7:12	00:36:29	19:32 (108)	3:39	M (56)	SNM (31)	
58	176	CASAL MOURELOS, MARTIN	TRIATLÓN COMPOSTELA	00:36:39	+7:13	00:36:36	34:15 (606)	3:39	M (57)	SNM (32)	
59	349	ALONSO ABALDE, MIGUEL ÁNGEL	ATLETISMO BAIONA	00:36:43	+7:17	00:36:28	18:27 (63)	3:40	M (58)	MBM (14)	
60	312	ARTHAUD ÁLVAREZ, ALEJANDRO		00:36:43	+7:17	00:36:42	18:11 (57)	3:40	M (59)	MAM (13)	
61	318	RODRIGUEZ QUINTANA, SERGIO	CORUÑA COMARCA	00:36:46	+7:20	00:36:36	18:35 (66)	3:40	M (60)	SNM (33)	
62	317	DEL BUEY, NACHO	CLUB ATLETISMO SADA	00:37:10	+7:44	00:37:00	18:53 (72)	3:42	M (61)	SNM (34)	M (6)

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
63	542	JAMARDO CAPELO, ANXO	SOCIEDAD GIMNÁSTICA DE	00:37:14	+7:48	00:37:12	18:24 (59)	3:43	M (62)	SNM (35)	M (7)
64	115	CALVO CASTRO, HUGO		00:37:16	+7:50	00:37:10	17:43 (43)	3:43	M (63)	SNM (36)	
65	254	VAZQUEZ TEIRA, DAVID	TRIATLON FISIONICRA NEGREIRA	00:37:21	+7:55	00:37:04	19:05 (89)	3:44	M (64)	SNM (37)	
66	61	LÓPEZ BÉRTOLO, JAVIER	RUNYTRI	00:37:24	+7:58	00:37:19	18:54 (74)	3:44	M (65)	SNM (38)	
67	416	SOLIÑO LANZOS, JUAN	CLUB CORREDOIRAS BUEU	00:37:27	+8:01	00:37:26	18:35 (65)	3:44	M (66)	MBM (15)	
68	14	ARMADA DIAZ, JACOBO		00:37:27	+8:01	00:37:24	18:55 (76)	3:44	M (67)	MAM (14)	
69	151	GESTERA GONZÁLEZ, PABLO		00:37:28	+8:02	00:37:19	18:55 (75)	3:44	M (68)	SNM (39)	
70	700	VILA MILLÁN, DAMIÁN	CLUB TRAIL-RUNNING RAVACHOL A	00:37:28	+8:02	00:37:25	18:46 (68)	3:44	M (69)	MAM (15)	
71	236	RIVADULLA PESADO, MANUEL		00:37:29	+8:03	00:37:24	18:54 (73)	3:44	M (70)	SNM (40)	
72	69	NOGUEIRA OUTERELO, MANUEL		00:37:34	+8:08	00:37:26	19:03 (86)	3:45	M (71)	MAM (16)	
73	662	PAZOS MAQUIEIRA, ADRIÁN	PIRAGÜISMO RÍAS BAIXAS	00:37:43	+8:17	00:37:39	19:25 (107)	3:46	M (72)	SNM (41)	
74	372	FREIRE GOMEZ, ALBERTO		00:37:46	+8:20	00:37:39	19:07 (91)	3:46	M (73)	SNM (42)	
75	226	SUSAVILA RODRIGUEZ, DAMIAN		00:37:47	+8:21	00:37:42	18:58 (83)	3:46	M (74)	MAM (17)	
76	210	FERNANDEZ MENDEZ, JOAQUÍN	CLUB ATLETISMO ILLA DE TAMBO	00:37:49	+8:23	00:37:46	18:57 (78)	3:46	M (75)	MAM (18)	
77	472	VELOSO LOURIDO, JORGE		00:37:56	+8:30	00:37:51	18:57 (79)	3:47	M (76)	MAM (19)	
78	290	RODRÍGUEZ LEAL, CARLOS	CLUB FERROL ATLETISMO	00:37:57	+8:31	00:37:54	18:28 (64)	3:47	M (77)	MAM (20)	
79	402	OTERO DÁVILA, GUILLERMO	CARTAGO	00:38:04	+8:38	00:38:03	17:46 (47)	3:48	M (78)	MAM (21)	M (8)
80	462	ALFAYA BLANCO, RUBÉN	AD MONDARIZ	00:38:07	+8:41	00:38:02	18:57 (82)	3:48	M (79)	SNM (43)	
81	302	FANDIÑO MELLA, JORGE		00:38:09	+8:43	00:38:00	18:47 (70)	3:48	M (80)	SNM (44)	
82	113	FONTÁN LÓPEZ, SERGIO		00:38:11	+8:45	00:38:06	18:38 (67)	3:49	M (81)	SNM (45)	
83	452	SANTIAGO BOSCH, JOSE ANTONIO	CLUB DEPORTIVO PINARIUM	00:38:11	+8:45	00:38:09	19:18 (99)	3:49	M (82)	MBM (16)	
84	55	FERNÁNDEZ MAGARIÑOS, FABIÁN		00:38:16	+8:50	00:38:13	19:03 (87)	3:49	M (83)	SNM (46)	
85	753	LOPEZ SILVA, ALEJANDRO	CLUB OURENSE ATLETISMO	00:38:16	+8:50	00:38:13	18:48 (71)	3:49	M (84)	MBM (17)	
86	111	GARCIA QUEROL, PABLO	CLUB DEPORTIVO DELIKIA	00:38:16	+8:50	00:38:13	19:03 (85)	3:49	M (85)	MAM (22)	
87	5	QUINTAS CRESPO, ALEJANDRO	MILER RUNNING CLUB	00:38:17	+8:51	00:38:17	19:19 (100)	3:49	M (86)	SNM (47)	
88	612	PEIXOTO MOLEDO, CRISTOFER	OS CORREDORES DO INFERNO	00:38:21	+8:55	00:38:18	18:26 (62)	3:50	M (87)	SNM (48)	
89	121	NAVAS JIMÉNEZ, RAFAEL		00:38:22	+8:56	00:38:14	19:43 (114)	3:50	M (88)	SNM (49)	
90	418	LÓPEZ GARRIDO, DAVID		00:38:26	+9:00	00:38:22	19:23 (105)	3:50	M (89)	MAM (23)	
91	247	REY PADIN, FRANCISCO JAVIER	TRIATLON VILAGARCÍA	00:38:28	+9:02	00:38:24	18:57 (80)	3:50	M (90)	MBM (18)	
92	407	GARCÍA CÓRDOBA, SUSO	RUN PONTEVEDRA	00:38:28	+9:02	00:38:26	19:19 (102)	3:50	M (91)	MAM (24)	M (9)
93	710	FALCÓN PÉREZ, SANTIAGO	CLUB ATLETISMO CAMBADOS	00:38:32	+9:06	00:38:27	18:56 (77)	3:51	M (92)	MCM (1)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
94	143	FEIJOO VILANOVA, PABLO		00:38:34	+9:08	00:38:32	19:18 (98)	3:51	M (93)	SNM (50)	
95	572	UBEIRA VALLADARES, JOSE		00:38:40	+9:14	00:38:33	19:07 (90)	3:51	M (94)	SNM (51)	
96	731	FERNÁNDEZ FERNÁNDEZ, HÉCTOR	MILER RUNNING CLUB	00:38:42	+9:16	00:38:38	19:17 (97)	3:52	M (95)	SNM (52)	
97	545	OMIL IGLESIAS, JOSE MANUEL	CLUB DEPORTIVO PINARIUM	00:38:43	+9:17	00:38:39	19:13 (95)	3:52	M (96)	MBM (19)	M (10)
98	141	ALVARELLOS PÉREZ, PABLO	CLUB TRIATLÓN COMPOSTELA	00:38:47	+9:21	00:38:42	19:12 (92)	3:52	M (97)	SNM (53)	
99	705	AROSA GONZÁLEZ, TOMÁS		00:38:50	+9:24	00:38:44	19:14 (96)	3:52	M (98)	MAM (25)	
100	628	CORTÉS ESPERÓN, JORGE		00:38:51	+9:25	00:38:47	19:24 (106)	3:53	M (99)	SNM (54)	
101	473	RASO MORA, ALBA	CAPOL	00:38:51	+9:25	00:38:48	18:57 (81)	3:53	F (2)	SNF (1)	
102	529	FERNÁNDEZ BLANCO, TEODORO BRAIS		00:38:53	+9:27	00:38:42	19:37 (112)	3:53	M (100)	SNM (55)	
103	103	CALVO CASTRO, JORGE		00:38:54	+9:28	00:38:54	19:57 (124)	3:53	M (101)	SNM (56)	
104	40	SUÁREZ MARTÍNEZ, MANUEL	VETERANOS DE SAMIL	00:38:58	+9:32	00:38:55	19:20 (103)	3:53	M (102)	MDM (1)	
105	235	BELLO, DIEGO		00:39:04	+9:38	00:38:55	19:55 (122)	3:54	M (103)	MAM (26)	
106	568	GAGO REY, MANUEL		00:39:12	+9:46	00:39:10	17:43 (42)	3:55	M (104)	SNM (57)	
107	408	PUIG GARCÍA, MATEO		00:39:16	+9:50	00:39:07	19:13 (94)	3:55	M (105)	SNM (58)	
108	4	CAEIRO MARIÑO, ISABEL	SOCIEDAD GIMNÁSTICA DE	00:39:17	+9:51	00:39:14	19:05 (88)	3:55	F (3)	SNF (2)	
109	8	CASTROAGUDIN GOMEZ, ADRIAN	SD. COMPOSTELA ATLETISMO	00:39:21	+9:55	00:39:17	19:13 (93)	3:56	M (106)	MAM (27)	
110	215	LANDEIRA SABEL, ALEJANDRO		00:39:25	+9:59	00:39:21	19:19 (101)	3:56	M (107)	SNM (59)	
111	138	RODRÍGUEZ GARCÍA, IVÁN	RUNNING TRACK VIGO	00:39:34	+10:08	00:39:15	19:46 (116)	3:57	M (108)	SNM (60)	
112	692	ULLA REGA, MANUEL	SOCIEDAD GIMNÁSTICA DE	00:39:38	+10:12	00:39:34	19:48 (117)	3:57	M (109)	MBM (20)	
113	425	SENIN DOMINGUEZ, ANDRES	IKIGAI	00:39:39	+10:13	00:39:28	19:53 (121)	3:57	M (110)	MBM (21)	
114	137	LÓPEZ CHEDAS, ÁLVARO		00:39:43	+10:17	00:39:37	19:21 (104)	3:58	M (111)	SNM (61)	
115	528	DOMINGUEZ ABAL, JAVIER	SD COMPOSTELA ATLETISMO	00:39:45	+10:19	00:39:35	20:15 (136)	3:58	M (112)	MAM (28)	
116	404	PEREIRA PEREIRA, IVAN		00:39:51	+10:25	00:39:48	19:55 (123)	3:59	M (113)	SNM (62)	
117	252	POMBAL PORTELA, DAVID	CLUB ATLETISMO SAMERTOLAMEU	00:39:51	+10:25	00:39:44	20:18 (142)	3:59	M (114)	SNM (63)	
118	543	BLANCO FUENTES, ADRIAN	CLUB DEPORTIVO PINARIUM	00:39:51	+10:25	00:39:49	18:47 (69)	3:59	M (115)	SNM (64)	M (11)
119	423	SOUSA DOMINGUEZ, ADRIAN	GMTA&CHUVONERS	00:39:57	+10:31	00:39:49	19:53 (119)	3:59	M (116)	MAM (29)	
120	422	ALONSO HERRERO, ANA		00:39:58	+10:32	00:39:50	19:53 (120)	3:59	F (4)	MAF (2)	
121	428	OYA ROMERO, ALEX		00:39:59	+10:33	00:39:52	20:16 (138)	3:59	M (117)	SNM (65)	
122	540	RAMIRO GÓMEZ, JUAN LUIS	CLUB DEPORTIVO PINARIUM	00:39:59	+10:33	00:39:53	19:34 (111)	3:59	M (118)	MAM (30)	M (12)
123	392	FERNÁNDEZ LINARES, CESAR		00:40:02	+10:36	00:39:57	19:44 (115)	4:00	M (119)	MAM (31)	
124	745	OBES PRADA, MARÍA		00:40:03	+10:37	00:39:53	20:22 (147)	4:00	F (5)	SNF (3)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
125	156	CASÁIS GONZÁLEZ, MARIANO	ASOCIACIÓN DEPORTIVA OLIMPIA	00:40:05	+10:39	00:39:47	19:59 (126)	4:00	M	(120) MBM	(22)
126	609	PIRES, LUIS MANUEL	SAMERTOLAMEU MOAÑA	00:40:09	+10:43	00:40:06	20:16 (141)	4:00	M	(121) MCM	(2)
127	243	CAYETANO ESMERODES, LUCÍA		00:40:10	+10:44	00:40:08	20:09 (129)	4:00	F (6)	MBF (1)	
128	91	FRAILE MULAS, FERNANDO		00:40:11	+10:45	00:39:59	20:23 (153)	4:01	M	(122) SNM	(66)
129	106	BUGALLO MOSQUERA, DAVID		00:40:11	+10:45	00:40:03	20:18 (143)	4:01	M	(123) SNM	(67)
130	458	TRONCOSO GOMEZ, HÉCTOR		00:40:12	+10:46	00:40:00	20:22 (148)	4:01	M	(124) MAM	(32)
131	10	SANTOS BLANCO, DIEGO	SD. COMPOSTELA ATLETISMO	00:40:14	+10:48	00:40:08	20:16 (139)	4:01	M	(125) MAM	(33)
132	454	PUIME COMESAÑA, JONATHAN		00:40:20	+10:54	00:40:07	20:14 (134)	4:01	M	(126) MAM	(34)
133	453	GRANDAL CHIVITE, GUILLERMO HERMAN	C.D. BIOSBARDO	00:40:20	+10:54	00:40:06	20:15 (137)	4:01	M	(127) MAM	(35)
134	464	SERANTES FERNÁNDEZ, ANDRÉS		00:40:35	+11:09	00:40:24	20:09 (128)	4:03	M	(128) MAM	(36)
135	124	PAREDES PARADA, MANUEL	AT. BARBANZA	00:40:38	+11:12	00:40:33	19:58 (125)	4:03	M	(129) MCM	(3)
136	718	OCHOA PIÑEIRO, ALEXANDRE	SD AMANECER	00:40:39	+11:13	00:40:30	19:39 (113)	4:03	M	(130) SNM	(68)
137	519	MARTINEZ BARROS, HILARIO		00:40:39	+11:13	00:40:24	19:59 (127)	4:03	M	(131) SNM	(69)
138	330	PAZ OTERO, DANIEL	RUN PONTEVEDRA	00:40:47	+11:21	00:40:41	20:21 (146)	4:04	M	(132) MBM	(23)
139	451	ABOY PAZOS, SALETA	RUN PONTEVEDRA	00:40:48	+11:22	00:40:42	20:22 (149)	4:04	F (7)	MAF (3)	
140	223	FLORES SANTOS, ANTONIO	ATLETISMO +9 MORAÑA	00:40:54	+11:28	00:40:49	20:45 (168)	4:05	M	(133) MAM	(37)
141	295	SIXTO TATO, ISABEL	LEA LA BLANCA	00:40:59	+11:33	00:40:53	20:24 (155)	4:05	F (8)	MBF (2)	
142	489	SUAREZ SUAREZ, SAMUEL		00:41:00	+11:34	00:40:52	20:21 (145)	4:05	M	(134) SNM	(70)
143	70	MORENZA DOFORNO, GERMÁN	C.D. PINARIUM	00:41:02	+11:36	00:41:02	20:25 (156)	4:06	M	(135) MCM	(4) M (13)
144	668	LUBIÁN PESQUEIRA, ALBERTO		00:41:05	+11:39	00:41:01	20:27 (159)	4:06	M	(136) SNM	(71) M (14)
145	307	BELTRÁN TABOADA, JOSÉ JULIÁN	RUN PONTEVEDRA	00:41:06	+11:40	00:41:02	20:13 (132)	4:06	M	(137) MBM	(24)
146	308	LEIRO BELTRÁN, FÁTIMA	RUN PONTEVEDRA	00:41:07	+11:41	00:41:03	20:14 (133)	4:06	F (9)	SNF (4)	
147	98	SOTO BUCETA, SERGIO	CLUB ATLETISMO CAMBADOS	00:41:08	+11:42	00:41:02	20:43 (167)	4:06	M	(138) MBM	(25)
148	515	LORENZO GALLEGU, JAVIER		00:41:17	+11:51	00:41:11	20:15 (135)	4:07	M	(139) MAM	(38)
149	264	RODRIGUEZ FLORES, MARCO ANTONIO	CLUB OURENSE ATLETISMO	00:41:20	+11:54	00:41:13	21:23 (194)	4:07	M	(140) MAM	(39)
150	218	AMEZAOUD IMASKINE, SAMIR		00:41:20	+11:54	00:41:17	21:01 (175)	4:07	M	(141) SNM	(72) M (15)
151	603	FERREIRA MÍGUEZ, ANDRÉS		00:41:25	+11:59	00:41:08	20:55 (174)	4:08	M	(142) MAM	(40)
152	709	RODRÍGUEZ GONZÁLEZ, ABRAHAM		00:41:25	+11:59	00:41:25	21:01 (175)	4:08	M	(143) MBM	(26) M (16)
153	728	NAVIA IGLESIAS, RUBEN	BIKILA	00:41:29	+12:03	00:41:21	20:23 (152)	4:08	M	(144) MAM	(41)
154	299	CAVIDO DIÉGUEZ, SERGIO		00:41:33	+12:07	00:41:28	20:21 (144)	4:09	M	(145) MDM	(2)
155	167	PALACIOS URDA, JUAN		00:41:34	+12:08	00:41:28	20:26 (158)	4:09	M	(146) SNM	(73)

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
156	744	HERVADA LÓPEZ, VANESSA		00:41:34	+12:08	00:41:28	20:30 (163)	4:09	F (10)	MBF (3)	
157	161	PASSETTI, ALBERTO	CAGLIARI MARATHON CLUB	00:41:37	+12:11	00:41:23	21:01 (177)	4:09	M (147)	MCM (5)	
158	262	SOUTULLO PARADELA, ANA ISABEL	SANYSEC OURENSE ATLETISMO	00:41:37	+12:11	00:41:35	20:29 (160)	4:09	F (11)	MBF (4)	
159	497	ALARCÓN SABARÍS, GABRIEL	DIPINTO DI BLU RUNNING	00:41:37	+12:11	00:41:31	20:22 (150)	4:09	M (148)	MAM (42)	
160	727	FERNANDEZ CAMBADOS, JOAQUIN	C D.RIA DE AROUA	00:41:38	+12:12	00:41:34	21:12 (180)	4:09	M (149)	MBM (27)	
161	29	OURO VÁZQUEZ, MANUEL		00:41:41	+12:15	00:41:38	20:10 (131)	4:10	M (150)	MBM (28)	
162	698	IGLESIAS REY, MIGUEL	C.D. RIA DE AROUSA	00:41:41	+12:15	00:41:32	21:25 (199)	4:10	M (151)	MAM (43)	
163	89	BUGALLO RODRIGUEZ, MANUEL		00:41:42	+12:16	00:41:26	20:35 (164)	4:10	M (152)	MAM (44)	
164	384	NÚÑEZ AMADO, ALEJANDRA	TRIATLON INFORHOUSE SANTIAGO	00:41:48	+12:22	00:41:41	20:29 (162)	4:10	F (12)	SNF (5)	
165	75	OTERO LESTÓN, BRAIS	TRIATLON INFORHOUSE SANTIAGO	00:41:48	+12:22	00:41:42	20:29 (161)	4:10	M (153)	SNM (74)	
166	594	OTERO FREIRE, RAÚL	CLUB DEPORTIVO PINARIUM	00:41:49	+12:23	00:41:39	20:16 (140)	4:10	M (154)	SNM (75)	
167	690	TOZON FREIRIA, GERMAN	SEMPRE LA	00:41:51	+12:25	00:41:41	21:20 (188)	4:11	M (155)	MBM (29)	
168	535	SOTO PARADA, JUAN CARLOS	CLUB DEPORTIVO PINARIUM	00:41:53	+12:27	00:41:53	21:47 (219)	4:11	M (156)	MBM (30)	M (17)
169	81	TEMBRA CESPON, PEDRO		00:41:56	+12:30	00:41:56	21:24 (196)	4:11	M (157)	MAM (45)	
170	39	JUSTO MARTINEZ, MARCOS		00:41:58	+12:32	00:41:58	21:30 (206)	4:11	M (158)	SNM (76)	
171	293	LORENZO LÓPEZ, PEDRO		00:42:00	+12:34	00:41:54	21:26 (200)	4:11	M (159)	SNM (77)	
172	109	PARRADO PINAQUE, TERE	CLUB ATLETISMO SANTIAGO	00:42:02	+12:36	00:42:00	20:24 (154)	4:12	F (13)	MAF (4)	
173	331	PUIG GARCÍA, MARTÍN		00:42:06	+12:40	00:41:57	20:47 (170)	4:12	M (160)	SNM (78)	
174	409	PUIG GARCIA, MIGUEL		00:42:07	+12:41	00:41:58	20:47 (169)	4:12	M (161)	MAM (46)	
175	403	ZABALETA REIMÚNDEZ, ROMÁN		00:42:13	+12:47	00:42:01	21:19 (184)	4:13	M (162)	SNM (79)	
176	131	LOURIDO RODRÍGUEZ, CRISTOBAL		00:42:16	+12:50	00:42:01	20:38 (165)	4:13	M (163)	MAM (47)	
177	148	GÓMEZ RAPOSO, EDUARDO	CLUB TRIATLÓN COMPOSTELA	00:42:17	+12:51	00:42:04	21:09 (179)	4:13	M (164)	MBM (31)	
178	64	PADÍN GONZÁLEZ, MARA		00:42:17	+12:51	00:42:11	20:25 (157)	4:13	F (14)	MAF (5)	
179	526	RODRÍGUEZ BARREIRO, DAVID		00:42:17	+12:51	00:42:06	21:33 (208)	4:13	M (165)	SNM (80)	
180	285	QUINTANS BARREIRO, YAGO		00:42:20	+12:54	00:42:15	21:29 (204)	4:13	M (166)	SNM (81)	
181	610	ESTÉVEZ CARBALLO, ANXO		00:42:24	+12:58	00:42:19	21:21 (189)	4:14	M (167)	SNM (82)	
182	734	VÁZQUEZ REMIGIO, JUAN DIEGO		00:42:27	+13:01	00:42:22	20:49 (171)	4:14	M (168)	MBM (32)	
183	339	AMATRIA BARRAL, IÑAKI		00:42:27	+13:01	00:42:16	21:22 (190)	4:14	M (169)	SNM (83)	
184	635	CHAPELA PASTORIZA, DAVID		00:42:30	+13:04	00:42:21	21:20 (187)	4:14	M (170)	SNM (84)	M (18)
185	654	MARTÍNEZ RIOBÓ, IGNACIO		00:42:32	+13:06	00:42:25	21:19 (186)	4:15	M (171)	MAM (48)	
186	58	GONZÁLEZ MORÓN, ADRIÁN		00:42:35	+13:09	00:42:25	20:39 (166)	4:15	M (172)	SNM (85)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
187	364	ANGUEIRA, ROBERTO	CDA VALMOJADO	00:42:38	+13:12	00:42:29	21:02 (178)	4:15	M	(173) MBM (33)	
188	272	COELHO, ANTONINO		00:42:39	+13:13	00:42:23	21:22 (192)	4:15	M	(174) SNM (86)	
189	87	CARBALLA GONZALEZ, ANTONIO		00:42:41	+13:15	00:42:28	21:14 (182)	4:16	M	(175) MAM (49)	
190	498	ROMAR SALGUEIRO, ANDREA	NOSPORTLIMIT	00:42:45	+13:19	00:42:45	21:19 (185)	4:16	F	(15) SNF (6)	
191	259	BERNÁRDEZ RODRÍGUEZ, ANA		00:42:46	+13:20	00:42:37	21:51 (221)	4:16	F	(16) MAF (6)	
192	261	MOREIRA, LUIS	A ESTRADA ATLETISMO	00:42:51	+13:25	00:42:41	21:37 (210)	4:17	M	(176) MCM (6)	
193	86	CORTEGOSO BARREIRO, ALBERTO		00:42:55	+13:29	00:42:55	21:34 (209)	4:17	M	(177) SNM (87)	M (19)
194	112	ACCIÓN, JAVIER		00:42:55	+13:29	00:42:46	21:29 (203)	4:17	M	(178) MAM (50)	
195	600	VILLAVERTDE MONTES, DAVID		00:43:00	+13:34	00:43:00	20:53 (173)	4:17	M	(179) SNM (88)	M (20)
196	294	GOMEZ PRADO, MARIO	BASAURIKO KUKURRUSTU KIROL KLUBA	00:43:03	+13:37	00:42:56	21:41 (213)	4:18	M	(180) MCM (7)	
197	703	FERNÁNDEZ DA SILVA, MARCIAL		00:43:05	+13:39	00:43:05	22:26 (252)	4:18	M	(181) MBM (34)	
198	221	CARBALLIDO, ESTEBAN	RIA RUNNING	00:43:05	+13:39	00:43:01	21:25 (197)	4:18	M	(182) SNM (89)	
199	630	SANTACLARA, LARA	OYSHO RUNNING CLUB A CORUÑA	00:43:06	+13:40	00:43:06	21:25 (198)	4:18	F	(17) SNF (7)	
200	92	CAROLLO VARELA, ADRIÁN	CLUB ATLETISMO TAMBRE	00:43:11	+13:45	00:42:55	21:39 (211)	4:19	M	(183) MAM (51)	
201	681	NOGUEIRA VIÑAS, NOELIA	CLUB ATLETISMO CAMBADOS	00:43:16	+13:50	00:43:05	21:45 (215)	4:19	F	(18) SNF (8)	
202	743	CANITROT JANEIRO, MIGUEL	MILER	00:43:20	+13:54	00:43:11	21:19 (183)	4:19	M	(184) MBM (35)	
203	399	LAGO BERNÁRDEZ, JAVIER		00:43:26	+14:00	00:43:13	21:52 (223)	4:20	M	(185) SNM (90)	
204	373	LOPEZ FURTUOSO, GERARDO JOSE	AROMON	00:43:29	+14:03	00:43:21	21:13 (181)	4:20	M	(186) MAM (52)	
205	102	SANMIGUEL NANIN, DIEGO		00:43:31	+14:05	00:43:23	22:14 (241)	4:21	M	(187) SNM (91)	
206	505	VERGARA GONZÁLEZ, DANIEL		00:43:33	+14:07	00:43:33	21:30 (205)	4:21	M	(188) SNM (92)	M (21)
207	316	SANTIAGO GARRIDO, LUIS MIGUEL		00:43:34	+14:08	00:43:20	22:50 (268)	4:21	M	(189) SNM (93)	
208	27	HURTADO DE CASTRO, RUBEN		00:43:36	+14:10	00:43:34	21:28 (201)	4:21	M	(190) MBM (36)	
209	127	SANTIAGO, ISI	VETERANOS DE GALICIA	00:43:38	+14:12	00:43:28	22:01 (226)	4:21	M	(191) MDM (3)	
210	196	MISER JUNQUERA, JORGE		00:43:40	+14:14	00:43:23	21:28 (202)	4:21	M	(192) SNM (94)	
211	192	CARRO SERANTES, ELÍAS		00:43:43	+14:17	00:43:27	20:51 (172)	4:22	M	(193) SNM (95)	
212	204	HUERTA DE UÑA, DIEGO LUIS	PONTE A CORRER	00:43:45	+14:19	00:43:40	21:24 (195)	4:22	M	(194) MBM (37)	
213	133	MONTOTO VÁZQUEZ, PATRICIA	CLUB DEPORTIVO BRIÓN HYUPERSA	00:43:46	+14:20	00:43:35	21:46 (218)	4:22	F	(19) MAF (7)	
214	270	ANTAS MÁRQUEZ, ADRIÁN		00:43:48	+14:22	00:43:48	22:32 (258)	4:22	M	(195) SNM (96)	M (22)
215	90	LUCIA PAREDES, GIOVANNI		00:43:48	+14:22	00:43:44	21:45 (216)	4:22	M	(196) MBM (38)	
216	707	PÉREZ MEIS, FRANCISCO JOSÉ		00:43:51	+14:25	00:43:46	22:24 (249)	4:23	M	(197) MCM (8)	
217	611	BERNÁRDEZ LORENZO-FARIÑA, CARLOS		00:43:53	+14:27	00:43:49	21:23 (193)	4:23	M	(198) SNM (97)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
218	258	BAR IGLESIAS, AROHA	REAL CLUB CELTA DE ATLETISMO	00:43:58	+14:32	00:43:53	21:49 (220)	4:23	F (20)	SNF (9)	
219	208	CARBALLO MORÁN, RUBEN	CLUB ATLETISMO TAMBRE	00:43:59	+14:33	00:43:44	21:51 (222)	4:23	M (199)	MBM (39)	
220	257	BAR PÉREZ, LUIS	C.A.R. MARISQUEIRO	00:44:00	+14:34	00:43:55	19:48 (118)	4:23	M (200)	MBM (40)	
221	582	MÉNDEZ IGLESIAS, MARTIN		00:44:01	+14:35	00:43:53	22:12 (236)	4:24	M (201)	MAM (53)	
222	348	COSTAS RODRIGUEZ, MARCOS	RUNNING TRACK VIGO	00:44:04	+14:38	00:43:44	21:41 (212)	4:24	M (202)	MAM (54)	
223	482	ALMEIDA FRANCO, BENITO ANTONIO		00:44:08	+14:42	00:43:54	21:22 (191)	4:24	M (203)	MBM (41)	
224	725	FONOLLA SOPENA, XAVI	CAIMANES RUNNING CLUB	00:44:09	+14:43	00:44:01	22:14 (240)	4:24	M (204)	SNM (98)	
225	362	JACOME FERRER, IGNACIO		00:44:11	+14:45	00:44:11	21:45 (214)	4:25	M (205)	SNM (99)	M (23)
226	487	PINELA JIMENEZ, MANUEL		00:44:16	+14:50	00:43:59	21:59 (224)	4:25	M (206)	MAM (55)	M (24)
227	278	JUEGUEN SUAREZ, RUBEN		00:44:17	+14:51	00:44:00	22:08 (231)	4:25	M (207)	MAM (56)	
228	455	INCHUSTA IRISARRI, AITOR		00:44:25	+14:59	00:44:11	22:24 (250)	4:26	M (208)	MAM (57)	
229	71	GARCÍA BERNAL, JOAQUIN		00:44:26	+15:00	00:44:26	23:06 (274)	4:26	M (209)	MAM (58)	
230	438	CASTRO IGLESIAS, DAVID		00:44:29	+15:03	00:44:29	22:06 (229)	4:26	M (210)	MCM (9)	
231	296	BARREIRO PADIN, ALFONSO	C.D. RIA DE AROUSA	00:44:30	+15:04	00:44:21	22:33 (260)	4:26	M (211)	MCM (10)	
232	292	MIGUEZ LAGO, JESSICA		00:44:32	+15:06	00:44:28	21:45 (217)	4:27	F (21)	MAF (8)	
233	431	SUAREZ FIDALGO, ALVARO		00:44:33	+15:07	00:44:33	22:13 (238)	4:27	M (212)	MAM (59)	
234	536	GIL BLANCO, FRANCISCO JOSÉ	CLUB DEPORTIVO PINARIUM	00:44:35	+15:09	00:44:28	22:31 (254)	4:27	M (213)	MBM (42)	M (25)
235	646	FERNANDEZ BAS, JON	PINARIUM	00:44:35	+15:09	00:44:28	22:32 (257)	4:27	M (214)	MAM (60)	M (26)
236	539	OTERO CRESPO, DAVID	CLUB DEPORTIVO PINARIUM	00:44:35	+15:09	00:44:29	22:32 (255)	4:27	M (215)	MAM (61)	M (27)
237	85	GARRIDO, MIGUEL ANXO		00:44:35	+15:09	00:44:35	22:10 (235)	4:27	M (216)	SNM (100)	M (28)
238	248	CAL PESO, JOEL		00:44:36	+15:10	00:44:36	22:06 (230)	4:27	M (217)	SNM (101)	
239	803	COLADAS-GUZMÁN, ALFONSO	CLUB ATLETISMO SAMERTOLAMEU	00:44:37	+15:11	00:44:28	22:16 (242)	4:27	M (218)	MBM (43)	
240	13	GARCÍA OTERO, PABLO	CLUB ATLETISMO SANTIAGO	00:44:38	+15:12	00:44:22	22:09 (232)	4:27	M (219)	SNM (102)	
241	614	PARADA CABALEIRO, XIÁN	CLUB CORREDOIRAS BUEU	00:44:41	+15:15	00:44:30	21:31 (207)	4:28	M (220)	SNM (103)	
242	187	NOVOA SIO, JOSE	FLORISTERÍA CARMEN SIO	00:44:42	+15:16	00:44:24	22:59 (272)	4:28	M (221)	MBM (44)	
243	699	PASTORIZA QUEIMAÑO, DAVID	CLUB ATLETISMO SAMERTOLAMEU	00:44:46	+15:20	00:44:37	22:12 (237)	4:28	M (222)	SNM (104)	
244	323	ACUÑA FERNANDEZ, UNAI		00:44:49	+15:23	00:44:49	23:13 (278)	4:28	M (223)	MAM (62)	M (29)
245	581	TRABAZO GRACIA, JOSEFA	PONTE A CORRER	00:44:50	+15:24	00:44:44	22:10 (234)	4:28	F (22)	MCF (1)	
246	693	CASADO GÓMEZ, SERGIO		00:44:52	+15:26	00:44:34	24:22 (338)	4:29	M (224)	MAM (63)	
247	123	SANTOS FERRADAS, CARLOS	ASOCIACIÓN GALEGA DE	00:44:55	+15:29	00:44:41	22:00 (225)	4:29	M (225)	MCM (11)	
248	309	BEA CANO, JOSE MIGUEL		00:44:55	+15:29	00:44:49	22:25 (251)	4:29	M (226)	SNM (105)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
249	695	NAYA ROSATO, MARTÍN		00:44:56	+15:30	00:44:56	23:14 (279)	4:29	M (227)	SNM (106)	
250	206	PÉREZ TRABAZO, LAURA	SD COMPOSTELA ATLETISMO	00:45:01	+15:35	00:44:54	22:01 (227)	4:30	F (23)	SNF (10)	
251	44	SOBRINO BRAVO, PABLO	BRUTANZOS TESM	00:45:06	+15:40	00:44:47	22:26 (253)	4:30	M (228)	MBM (45)	
252	168	ANDRADE PADIN, DAMIAN		00:45:09	+15:43	00:45:03	22:19 (245)	4:30	M (229)	MBM (46)	
253	708	ABOAL ABOAL, SANTIAGO		00:45:10	+15:44	00:45:10	22:58 (271)	4:30	M (230)	MBM (47)	
254	627	AGULLA, PABLO		00:45:11	+15:45	00:45:11	23:27 (289)	4:31	M (231)	SNM (107)	
255	576	JIMÉNEZ TOVAR MARRERO, LIROY		00:45:13	+15:47	00:45:02	22:23 (247)	4:31	M (232)	MAM (64)	
256	56	CANCELA GONZALEZ, LUIS		00:45:14	+15:48	00:45:04	22:23 (248)	4:31	M (233)	MBM (48)	
257	183	CODESIDO, PABLO		00:45:20	+15:54	00:45:20	23:07 (275)	4:31	M (234)	SNM (108)	
258	6	JUNCAL CARRAGAL, JOSE MANUEL	MILER RUNNING CLUB	00:45:21	+15:55	00:45:10	22:33 (261)	4:32	M (235)	MAM (65)	
259	636	MARTÍNEZ PÉREZ, LUCÍA		00:45:22	+15:56	00:45:22	22:34 (262)	4:32	F (24)	SNF (11)	
260	326	IGLESIAS GONZÁLEZ, RAUL	PINARIUM	00:45:27	+16:01	00:45:27	22:57 (270)	4:32	M (236)	MCM (12)	M (30)
261	284	LAGO NOGUEIRA, MAURO		00:45:33	+16:07	00:45:33	23:33 (297)	4:33	M (237)	SNM (109)	
262	713	NORES CID, IVÁN		00:45:37	+16:11	00:45:37	23:34 (300)	4:33	M (238)	SNM (110)	
263	496	PORTELA MOSTEIRO, RAFAEL		00:45:38	+16:12	00:45:38	23:36 (305)	4:33	M (239)	MBM (49)	
264	601	CAPA CASTIÑEIRAS, CARLOS	CLUB DEPORTIVO PINARIUM	00:45:41	+16:15	00:45:31	22:21 (246)	4:34	M (240)	MCM (13)	M (31)
265	644	COUTO RODRÍGUEZ, MANUEL		00:45:45	+16:19	00:45:45	22:32 (256)	4:34	M (241)	MCM (14)	
266	732	SUÁREZ FERNÁNDEZ, ESTEBAN		00:45:47	+16:21	00:45:47	23:09 (276)	4:34	M (242)	SNM (111)	
267	368	PUENTE LIÑARES, DAVID		00:45:49	+16:23	00:45:49	22:36 (263)	4:34	M (243)	MAM (66)	
268	325	FUENTES SAYAR, JOSE ANGEL	PINARIUM	00:45:51	+16:25	00:45:51	23:28 (290)	4:35	M (244)	MCM (15)	M (32)
269	280	GOMEZ LÓPEZ, PABLO	LOS INSENS@TOS	00:45:53	+16:27	00:45:53	23:31 (295)	4:35	M (245)	MBM (50)	
270	217	BRIONES MEIJIDE, JORGE		00:45:53	+16:27	00:45:35	23:09 (277)	4:35	M (246)	MBM (51)	
271	213	GONZÁLEZ RODRÍGUEZ, JORGE		00:46:01	+16:35	00:45:55	22:49 (266)	4:36	M (247)	MBM (52)	
272	747	GONZÁLEZ PORTO, HUGO		00:46:04	+16:38	00:45:44	23:33 (298)	4:36	M (248)	SNM (112)	
273	748	GONZÁLEZ CARRACEDO, FRANCISCO		00:46:04	+16:38	00:46:04	23:34 (299)	4:36	M (249)	MBM (53)	
274	625	MUÑIZ CADAVAL, ALEXANDRE		00:46:13	+16:47	00:46:13	23:31 (294)	4:37	M (250)	MBM (54)	
275	686	NOGUEIRA ROMERO, OSCAR	RUNYTRI	00:46:15	+16:49	00:46:08	22:14 (239)	4:37	M (251)	MAM (67)	
276	46	MELLA BARBEITO, VANESA	BRUTANZOS TEAM	00:46:15	+16:49	00:45:55	23:20 (286)	4:37	F (25)	MAF (9)	
277	759	RODAL DIZ, ANGEL		00:46:15	+16:49	00:46:09	22:50 (267)	4:37	M (252)	MCM (16)	
278	480	OUTEIRIÑO FERNÁNDEZ, ALEJANDRA	BRUTANZOS TEAM	00:46:15	+16:49	00:45:55	23:19 (284)	4:37	F (26)	MBF (5)	
279	555	DE LA TORRE CULLER, JOSECHO		00:46:19	+16:53	00:46:15	22:33 (259)	4:37	M (253)	MAM (68)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
280	580	BARRIO, JOSE	RUN PONTEVEDRA	00:46:27	+17:01	00:46:27	23:00 (273)	4:38	M (254)	MAM (69)	
281	412	SAGRADO MORENO, FÉLIX		00:46:27	+17:01	00:46:27	23:30 (293)	4:38	M (255)	SNM (113)	
282	463	PEREIRA PAZOS, MANUEL		00:46:28	+17:02	00:46:18	23:29 (291)	4:38	M (256)	MBM (55)	
283	256	CASQUEIRO TENORIO, IVÁN		00:46:32	+17:06	00:46:16	23:52 (310)	4:39	M (257)	SNM (114)	
284	521	MONTEAGUDO, JUAN		00:46:42	+17:16	00:46:27	19:33 (110)	4:40	M (258)	SNM (115)	
285	550	GARCÍA LÓPEZ, SATURNINO		00:46:43	+17:17	00:46:43	23:35 (304)	4:40	M (259)	MAM (70)	M (33)
286	552	BLANCO GESTIDO, MARTÍN		00:46:43	+17:17	00:46:43	23:35 (303)	4:40	M (260)	MAM (71)	
287	656	MARTIÑO RODRIGUEZ, FERNANDO		00:46:50	+17:24	00:46:34	22:43 (265)	4:40	M (261)	MAM (72)	
288	320	GRAÑA OMIL, JAIME		00:46:53	+17:27	00:46:53	23:52 (308)	4:41	M (262)	MAM (73)	
289	512	MOLINOS OTERO, NICOLÁS		00:46:53	+17:27	00:46:36	24:05 (319)	4:41	M (263)	MAM (74)	
290	371	BALENTZIAGA IRIBAR, ANE		00:46:54	+17:28	00:46:44	23:34 (302)	4:41	F (27)	MAF (10)	
291	354	MEIS BRAVO, BORJA		00:46:55	+17:29	00:46:37	23:57 (314)	4:41	M (264)	SNM (116)	
292	104	QUIROGA QUINTELA, IAGO		00:46:57	+17:31	00:46:46	22:06 (228)	4:41	M (265)	SNM (117)	
293	595	LÓPEZ GÓMEZ, JORGE		00:46:58	+17:32	00:46:58	24:41 (356)	4:41	M (266)	MBM (56)	M (34)
294	723	FIGUEIRO ALFONSO, ALBERTO	C.D. RIA DE AROUSA	00:46:58	+17:32	00:46:46	23:18 (281)	4:41	M (267)	MBM (57)	
295	652	QUINTÁNS MORÁN, FRANCISCO		00:47:01	+17:35	00:47:01	23:32 (296)	4:42	M (268)	MCM (17)	
296	729	CASTRO TOBIO, EUGENIA	ROMERO'S RUNNERS	00:47:01	+17:35	00:46:51	22:51 (269)	4:42	F (28)	MBF (6)	
297	157	SEARA RODRIGUEZ, NOEL	RUN CLUB CANGAS	00:47:05	+17:39	00:47:05	24:26 (345)	4:42	M (269)	SNM (118)	
298	551	FONTAN GOMEZ, NANDO		00:47:19	+17:53	00:47:03	23:30 (292)	4:43	M (270)	MAM (75)	
299	370	COUCHEIRO RODAL, MAURO		00:47:22	+17:56	00:47:22	24:12 (330)	4:44	M (271)	MBM (58)	
300	511	GONZÁLEZ LAINS, MANUEL	CLUB DEPORTIVO PINARIUM	00:47:22	+17:56	00:47:22	24:09 (328)	4:44	M (272)	MCM (18)	M (35)
301	253	BELOSO BALAGONES, ANDREA		00:47:23	+17:57	00:47:23	23:19 (283)	4:44	F (29)	SNF (12)	F (1)
302	672	PACHECO LEINS, CESAR		00:47:27	+18:01	00:47:16	23:45 (306)	4:44	M (273)	MBM (59)	
303	170	OTERO ALVAREZ, LETICIA	LA CEREZAL TEAM	00:47:35	+18:09	00:47:28	23:19 (282)	4:45	F (30)	MBF (7)	
304	363	FANDIÑO DOVALO, DAVID		00:47:40	+18:14	00:47:40	24:02 (317)	4:45	M (274)	SNM (119)	
305	360	BARREIRO VIÑA, MARCOS		00:47:40	+18:14	00:47:23	24:02 (316)	4:45	M (275)	MBM (60)	
306	310	BOUZÓN COUÑAGO, DIEGO		00:47:42	+18:16	00:47:34	23:23 (287)	4:46	M (276)	MBM (61)	
307	616	SOTO FARALDO, NOE	ZIPIS	00:47:46	+18:20	00:47:33	23:14 (280)	4:46	M (277)	MAM (76)	
308	282	BOUZÓN BALDOMERO, MANUEL		00:47:49	+18:23	00:47:49	23:19 (285)	4:46	M (278)	MAM (77)	
309	597	ABAL NAVEIRO, DIEGO		00:47:50	+18:24	00:47:50	23:54 (311)	4:46	M (279)	SNM (120)	
310	530	SALGADO MASIDE, ANTONIO		00:47:54	+18:28	00:47:34	24:14 (331)	4:47	M (280)	MBM (62)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
311	650	PÉREZ PINTOS, HUGO		00:47:57	+18:31	00:47:40	23:49 (307)	4:47	M (281)	MAM (78)	
312	642	MONTOTO MORAIS, MARCOS		00:48:01	+18:35	00:48:01	25:12 (379)	4:48	M (282)	MAM (79)	
313	150	GESTERA GONZÁLEZ, HUGO		00:48:06	+18:40	00:47:56	25:19 (391)	4:48	M (283)	SNM (121)	
314	145	FERNÁNDEZ FERNÁNDEZ, MARIO		00:48:09	+18:43	00:47:55	23:34 (301)	4:48	M (284)	MAM (80)	
315	687	GONZÁLEZ CURRO, BRAULIO		00:48:11	+18:45	00:48:11	24:25 (343)	4:49	M (285)	MAM (81)	
316	279	LOURIDO PARADA, BREOGÁN	EKIPO DO TOUCIÑO E CUNCA DE VIÑO	00:48:12	+18:46	00:48:12	24:37 (352)	4:49	M (286)	MBM (63)	
317	617	VARELA VAZQUEZ, ROBERTO		00:48:23	+18:57	00:48:06	23:52 (309)	4:50	M (287)	MBM (64)	
318	184	FERNÁNDEZ GARCÍA, ALBERTO	TRUCO RUNERS ICACTIVE	00:48:24	+18:58	00:48:24	24:34 (351)	4:50	M (288)	MCM (19)	M (36)
319	567	VIDAL FREIJEIRO, MARCOS	C.D. PINARIUM	00:48:24	+18:58	00:48:24	23:57 (315)	4:50	M (289)	MBM (65)	
320	244	MAZA LÓPEZ, ALFREDO	CLUB ATLETISMO TAMBRE	00:48:25	+18:59	00:48:09	24:06 (323)	4:50	M (290)	SNM (122)	
321	677	FERNÁNDEZ LOPEZ, JUAN LUIS		00:48:27	+19:01	00:48:22	23:54 (312)	4:50	M (291)	MBM (66)	
322	673	MILLAN GOMEZ, RAFAEL	CLUB DEPORTIVO PINARIUM	00:48:27	+19:01	00:48:27	24:40 (354)	4:50	M (292)	MBM (67)	
323	676	FERNÁNDEZ ÁLVAREZ, MARÍA	QPRO GYM	00:48:27	+19:01	00:48:24	23:55 (313)	4:50	F (31)	MAF (11)	
324	671	SERANTES LOPEZ, JOSE IGNACIO		00:48:32	+19:06	00:48:12	24:26 (345)	4:51	M (293)	MBM (68)	
325	359	GIL ROMERO, MATEO		00:48:36	+19:10	00:48:21	24:09 (327)	4:51	M (294)	SNM (123)	
326	366	TRONCOSO RODIÑO, ALEJANDRO		00:48:37	+19:11	00:48:23	24:08 (326)	4:51	M (295)	SNM (124)	
327	322	GONZÁLEZ GONZÁLEZ, ALBERTO		00:48:37	+19:11	00:48:24	25:16 (384)	4:51	M (296)	MBM (69)	
328	267	TOLEDANO, MIGUEL ANGEL		00:48:42	+19:16	00:48:25	24:08 (324)	4:52	M (297)	MBM (70)	
329	578	CORTEGOSO SOBRAL, MANUEL		00:48:43	+19:17	00:48:43	24:56 (364)	4:52	M (298)	SNM (125)	M (37)
330	658	FERNÁNDEZ BELOSO, HUGO		00:48:44	+19:18	00:48:44	25:06 (367)	4:52	M (299)	SNM (126)	M (38)
331	558	PÉREZ GONZÁLEZ, RAÚL		00:48:48	+19:22	00:48:48	24:21 (337)	4:52	M (300)	SNM (127)	
332	114	FAZANES NOVAS, JOSE LUIS		00:48:48	+19:22	00:48:34	24:06 (320)	4:52	M (301)	MBM (71)	
333	592	MARTÍNEZ RODRÍGUEZ, ABRAHAM		00:48:50	+19:24	00:48:38	24:25 (341)	4:52	M (302)	MCM (20)	
334	126	ALICIA, GOMEZ	TRIBOOST	00:48:53	+19:27	00:48:53	25:17 (385)	4:53	F (32)	SNF (13)	
335	117	LORENZO, MIGUEL		00:48:53	+19:27	00:48:53	25:17 (386)	4:53	M (303)	MAM (82)	
336	445	JURADO CABALLERO, IVAN		00:48:55	+19:29	00:48:55	25:50 (411)	4:53	M (304)	SNM (128)	
337	185	LAZARO TEIJEIRA, FELIPE		00:49:06	+19:40	00:48:55	23:25 (288)	4:54	M (305)	SNM (129)	
338	154	JORDAN MARTINEZ, ANTONIO		00:49:07	+19:41	00:49:07	24:15 (332)	4:54	M (306)	MBM (72)	
339	178	SALVADO CANEDA, ROCIO	CLUB ATLETISMO TAMBRE	00:49:11	+19:45	00:48:55	24:18 (334)	4:55	F (33)	MAF (12)	
340	596	MARTINEZ SANJORGE, ANTONIO JESUS	CLUB DEPORTIVO PINARIUM	00:49:11	+19:45	00:49:11	24:29 (348)	4:55	M (307)	MBM (73)	M (39)
341	439	RIAL VIDAL, ALBA		00:49:13	+19:47	00:49:13	24:10 (329)	4:55	F (34)	SNF (14)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
342	640	SEPÚLVEDA DURÁN, NICOLÁS	CLUB ATLETISMO TAMBRE	00:49:14	+19:48	00:49:14	24:41 (355)	4:55	M (308)	SNM (130)	
343	139	GUTIÉRREZ PRIETO, FERNANDO		00:49:16	+19:50	00:49:12	18:26 (61)	4:55	M (309)	MAM (83)	
344	666	BLANCO TRABAZO, ANXO		00:49:16	+19:50	00:49:16	24:20 (335)	4:55	M (310)	SNM (131)	M (40)
345	9	ARNAU LÓPEZ, DANIEL		00:49:26	+20:00	00:49:26	25:30 (402)	4:56	M (311)	SNM (132)	
346	88	DONOSO GIMENEZ, DANIEL		00:49:27	+20:01	00:49:13	24:46 (358)	4:56	M (312)	MBM (74)	
347	201	GARCÍA ALMARCHA, JUAN ANTONIO	BRUTANZOS TEAM	00:49:27	+20:01	00:49:09	25:08 (372)	4:56	M (313)	SNM (133)	
348	128	SOTO, GAETAN		00:49:31	+20:05	00:49:31	25:08 (371)	4:57	M (314)	MAM (84)	
349	51	LÓPEZ SANMARTÍN, ALBA		00:49:36	+20:10	00:49:16	24:25 (340)	4:57	F (35)	MAF (13)	
350	481	ARES YEBRA, AITANA		00:49:37	+20:11	00:49:37	24:25 (342)	4:57	F (36)	MAF (14)	
351	534	VIDAL VILAS, IZAN		00:49:37	+20:11	00:49:37	24:20 (336)	4:57	M (315)	SNM (134)	M (41)
352	41	SERRANO NEIRA, LUIS	BRUTANZOS TEAM	00:49:38	+20:12	00:49:18	24:24 (339)	4:57	M (316)	MAM (85)	
353	45	DÍAZ MONTERO, JOSE MANUEL	BRUTANZOS TEAM	00:49:38	+20:12	00:49:19	24:26 (344)	4:57	M (317)	MAM (86)	
354	684	NOVEGIL IGLESIAS, LUIS MIGUEL	CLUB DEPORTIVO PINARIUM	00:49:47	+20:21	00:49:47	24:06 (322)	4:58	M (318)	MAM (87)	
355	475	SESTAY PRIETO, AARON		00:49:47	+20:21	00:49:47	25:25 (396)	4:58	M (319)	MAM (88)	
356	340	AMATRIA BARRAL, ANA		00:49:49	+20:23	00:49:38	24:16 (333)	4:58	F (37)	SNF (15)	
357	180	VIDAL MOLEDO, SALVADOR		00:49:51	+20:25	00:49:39	24:55 (363)	4:59	M (320)	MBM (75)	M (42)
358	245	RODRIGUEZ, DAVID		00:49:51	+20:25	00:49:51	25:40 (405)	4:59	M (321)	SNM (135)	
359	764	BARROSO GONZALEZ, ANTONIO	CLUB ATLETISMO VETERANOS DE SAMIL RUN PONTEVEDRA	00:49:53	+20:27	00:49:53	25:00 (366)	4:59	M (322)	MCM (21)	
360	338	GARCÍA GONZÁLEZ, LAURA		00:49:55	+20:29	00:49:55	25:08 (373)	4:59	F (38)	MAF (15)	
361	18	GÓMEZ REBOREDO, OSCAR		00:50:04	+20:38	00:49:45	24:52 (362)	5:00	M (323)	MBM (76)	
362	149	BERGUEIRO SALGUEIRO, CECILIA		00:50:05	+20:39	00:49:50	24:08 (325)	5:00	F (39)	SNF (16)	
363	468	ÁLVAREZ BUDIÑO, ENRIQUE		00:50:07	+20:41	00:49:48	24:31 (350)	5:00	M (324)	SNM (136)	
364	159	BUSTELO CABANAS, ANDREA	CD PINARIUM	00:50:08	+20:42	00:49:48	25:07 (370)	5:00	F (40)	SNF (17)	
365	35	TURRIÓN PEREIRO, ÁNGEL JOSÉ		00:50:09	+20:43	00:50:09	25:16 (383)	5:00	M (325)	MCM (22)	
366	664	VILLALBA RODRIGUEZ, XAIME		00:50:11	+20:45	00:50:11	25:46 (409)	5:01	M (326)	MBM (77)	
367	315	LOIS CARRO, LUIS		00:50:11	+20:45	00:49:58	24:28 (347)	5:01	M (327)	SNM (137)	
368	641	TORRES TABOAS, MANUEL		00:50:12	+20:46	00:50:12	24:30 (349)	5:01	M (328)	MAM (89)	
369	417	TABOADA GONZÁLEZ, RAMIRO	RUNNING LUSEKELO	00:50:18	+20:52	00:50:18	24:50 (360)	5:01	M (329)	MCM (23)	
370	696	AMOEDO MARTÍNEZ, ADRIÁN	RAVACHOL A TODO TROTE	00:50:23	+20:57	00:50:23	25:19 (392)	5:02	M (330)	SNM (138)	
371	301	CID, EVA		00:50:25	+20:59	00:50:25	25:52 (415)	5:02	F (41)	MAF (16)	
372	670	TOBÍO DÓNEGA, MARÍA		00:50:26	+21:00	00:50:23	24:51 (361)	5:02	F (42)	MBF (8)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
373	557	OCHOA VIDAL, FRANCISCO	C.D. RIA DE AROUSA	00:50:30	+21:04	00:50:17	25:26 (397)	5:02	M (331)	MCM (24)	
374	544	DIAZ RIVAS, BEATRIZ	CD PINARIUM	00:50:33	+21:07	00:50:19	24:58 (365)	5:03	F (43)	MBF (9)	F (2)
375	469	RODIÑO TOMÉ, ÁLVARO	RUN PONTEVEDRA	00:50:34	+21:08	00:50:22	25:12 (378)	5:03	M (332)	SNM (139)	
376	211	NÚÑEZ GONZALEZ, JOSÉ AMABLE	ATLETISMO +9 MORAÑA	00:50:36	+21:10	00:50:36	24:48 (359)	5:03	M (333)	MCM (25)	
377	172	ROSENDO GONZÁLEZ, IRIA		00:50:38	+21:12	00:50:38	26:28 (431)	5:03	F (44)	MAF (17)	
378	171	GÓMEZ CERQUEIRO, ALEJANDRO		00:50:38	+21:12	00:50:38	26:28 (432)	5:03	M (334)	SNM (140)	
379	546	CONDE LAMAS, FERNANDO		00:50:46	+21:20	00:50:42	25:28 (400)	5:04	M (335)	MBM (78)	
380	623	DOPAZO PEREIRA, IVAN		00:50:49	+21:23	00:50:35	25:40 (404)	5:04	M (336)	MAM (90)	M (43)
381	130	YÁÑEZ COIRA, AVELINO	RUNNING LUSEKELO	00:50:51	+21:25	00:50:51	25:29 (401)	5:05	M (337)	MCM (26)	
382	357	MÁRQUEZ CORTIZO, ENRIQUE	CLUB DEPORTIVO PINARIUM	00:50:54	+21:28	00:50:54	25:19 (390)	5:05	M (338)	MCM (27)	M (44)
383	726	PADIN COUSIDO, JOSÉ LUIS	C.A.CAMBADOS	00:50:56	+21:30	00:50:54	25:07 (368)	5:05	M (339)	MDM (4)	
384	608	FERNÁNDEZ IGLESIAS, CARLOS		00:50:56	+21:30	00:50:42	25:07 (369)	5:05	M (340)	MDM (5)	
385	300	FERREIRA, VÍCTORMAN		00:50:59	+21:33	00:50:59	25:52 (414)	5:05	M (341)	MBM (79)	
386	460	LEBOREIRO JUSTO, JESUS		00:51:00	+21:34	00:51:00	25:53 (417)	5:05	M (342)	MAM (91)	
387	509	GARCÍA GRAÑA, ENRIQUE		00:51:03	+21:37	00:51:03	25:42 (406)	5:06	M (343)	SNM (141)	M (45)
388	547	MACEIRA ROMWRO, AARON		00:51:06	+21:40	00:51:06	25:18 (388)	5:06	M (344)	SNM (142)	
389	281	BLANCO RODRÍGUEZ, EMILIO	ATLETISMO OBRADOIRO	00:51:07	+21:41	00:51:07	25:27 (398)	5:06	M (345)	MCM (28)	
390	645	OGANDO DURÁN, LORENA	BRUNCH RUN CLUB SANXENXO	00:51:08	+21:42	00:51:08	26:34 (435)	5:06	F (45)	SNF (18)	
391	564	FERNÁNDEZ BELOSO, JORGE		00:51:10	+21:44	00:51:10	26:49 (446)	5:06	M (346)	SNM (143)	
392	490	GONZÁLEZ PAZ, JAVIER		00:51:14	+21:48	00:51:01	25:28 (399)	5:07	M (347)	MBM (80)	
393	202	VEIGA GARCÍA, JERÓNIMO	CLUB DEPORTIVO PINARIUM	00:51:18	+21:52	00:51:18	26:10 (425)	5:07	M (348)	MBM (81)	M (46)
394	493	BALIRAC LAGO, NOA	RUN SLOW CLUB	00:51:20	+21:54	00:51:20	25:15 (382)	5:07	F (46)	SNF (19)	
395	186	TEIJEIRA BARRIOS, JAVIER		00:51:23	+21:57	00:51:23	25:24 (395)	5:08	M (349)	SNM (144)	M (47)
396	66	VIEIRA FRANCO, JOSÉ ISMAEL		00:51:23	+21:57	00:51:23	25:51 (413)	5:08	M (350)	MBM (82)	
397	166	CASAL GONZÁLEZ, ANI		00:51:24	+21:58	00:51:24	26:18 (429)	5:08	F (47)	SNF (20)	
398	426	SERANTES SOMOZA, ROSA MARIA	IKIGAI	00:51:31	+22:05	00:51:20	25:32 (403)	5:09	F (48)	MBF (10)	
399	152	RODRÍGUEZ DOMÍNGUEZ, SILVIA		00:51:32	+22:06	00:51:32	26:18 (430)	5:09	F (49)	SNF (21)	
400	522	SANCHEZ SANTAMARIA, GORKA		00:51:37	+22:11	00:51:37	25:18 (387)	5:09	M (351)	SNM (145)	
401	525	FERNÁNDEZ NICOLÁS, JUAN ANTONIO		00:51:41	+22:15	00:51:25	25:11 (377)	5:10	M (352)	MBM (83)	
402	54	PÉREZ SÁNCHEZ, VIRGINIA	CORREDORES DO MIÑO	00:51:45	+22:19	00:51:34	25:53 (416)	5:10	F (50)	MBF (11)	
403	291	VIDEIRA CORREA, ALBERTO	RUNNING LUSEKELO	00:51:49	+22:23	00:51:49	26:10 (426)	5:10	M (353)	MCM (29)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
404	181	PAZ SANTAMARÍA, LIDIA	CLUB ATLETISMO TAMBRE	00:51:51	+22:25	00:51:36	25:14 (380)	5:11	F (51)	MAF (18)	
405	619	CASTIÑEIRA PASTORIZA, ALFONSO	RAVACHOL A TODO TROTE	00:51:56	+22:30	00:51:56	25:21 (393)	5:11	M (354)	SNM (146)	
406	533	MARTÍNEZ BEIS, FERNANDO	CLUB DEPORTIVO PINARIUM	00:51:58	+22:32	00:51:46	25:43 (408)	5:11	M (355)	MBM (84)	M (48)
407	116	PADRÓN, ANTONIO		00:52:01	+22:35	00:51:44	24:43 (357)	5:12	M (356)	MAM (92)	
408	429	MEIS ROMERO, JENNIFER		00:52:05	+22:39	00:52:05	26:34 (434)	5:12	F (52)	SNF (22)	
409	633	GARCÍA FERRAL, AARÓN		00:52:09	+22:43	00:52:09	25:15 (381)	5:12	M (357)	SNM (147)	M (49)
410	444	LÓPEZ LOIRA, DAVID		00:52:10	+22:44	00:52:10	25:22 (394)	5:12	M (358)	SNM (148)	
411	118	VARELA CAROU, ABEL		00:52:12	+22:46	00:51:52	25:10 (376)	5:13	M (359)	MAM (93)	
412	195	PÉREZ SUÁREZ, REBECA		00:52:14	+22:48	00:51:58	25:56 (420)	5:13	F (53)	SNF (23)	
413	638	PUERTAS SANTOS, JOSE MANUEL		00:52:14	+22:48	00:52:14	27:53 (479)	5:13	M (360)	SNM (149)	
414	17	CRUZ PEÑA, MARIA	BRUNCH RUN	00:52:18	+22:52	00:52:18	26:43 (440)	5:13	F (54)	MAF (19)	
415	194	MONDRAGON CHORÉN, AIDA		00:52:21	+22:55	00:52:05	25:56 (421)	5:14	F (55)	SNF (24)	
416	286	QUINTANS CORES, MANUEL		00:52:24	+22:58	00:52:24	26:00 (422)	5:14	M (361)	MBM (85)	
417	251	DURÁN CAL, MARÍA		00:52:30	+23:04	00:52:14	26:37 (436)	5:14	F (56)	SNF (25)	
418	586	GARCIA RODRIGUEZ, JOSE		00:52:33	+23:07	00:52:33	27:13 (460)	5:15	M (362)	MAM (94)	
419	471	SOAGE PRECIADO, EDUARDO		00:52:35	+23:09	00:52:22	26:38 (437)	5:15	M (363)	MBM (86)	M (50)
420	606	FRAGA SANTIAGO, ROBERTO	CD PINARIUM	00:52:37	+23:11	00:52:37	25:18 (389)	5:15	M (364)	MBM (87)	
421	615	PEREZ DE PEÑA, ALTAGRACIA	OS CORREDORES DO INFERNO	00:52:38	+23:12	00:52:31	25:50 (412)	5:15	F (57)	MAF (20)	
422	375	CANAL CASADO, ELENA		00:52:42	+23:16	00:52:33	25:48 (410)	5:16	F (58)	MAF (21)	
423	741	POSE ROMAY, YOLANDA		00:52:46	+23:20	00:52:33	26:17 (428)	5:16	F (59)	MAF (22)	F (3)
424	634	LÓPEZ ALVAREZ, PEDRO		00:52:48	+23:22	00:52:40	25:10 (375)	5:16	M (365)	MCM (30)	
425	459	MARTÍNEZ CALVO, JOSE		00:52:55	+23:29	00:52:55	26:59 (451)	5:17	M (366)	SNM (150)	
426	620	SONEIRA PEREZ, TAMARA		00:52:55	+23:29	00:52:55	27:01 (452)	5:17	F (60)	SNF (26)	
427	31	LÓPEZ FIGUEIRAS, ANTIA		00:53:07	+23:41	00:53:07	26:17 (427)	5:18	F (61)	MAF (23)	
428	653	CHAMADOIRA MARTÍNEZ, JOSÉ LUIS		00:53:08	+23:42	00:53:08	27:05 (453)	5:18	M (367)	SNM (151)	
429	660	RODRÍGUEZ ESTÉVEZ, JORGE		00:53:09	+23:43	00:53:09	27:05 (454)	5:18	M (368)	SNM (152)	
430	736	LORENZO GARCIA, ELSA		00:53:10	+23:44	00:53:10	26:45 (442)	5:18	F (62)	SNF (27)	
431	621	PADIN VAZQUEZ, BENITO		00:53:10	+23:44	00:53:10	26:45 (443)	5:18	M (369)	MBM (88)	
432	182	ALVAREZ RIAL, SERGIO		00:53:11	+23:45	00:53:11	27:12 (458)	5:19	M (370)	MBM (89)	
433	443	COLLAZO FERNÁNDEZ, GERMÁN		00:53:12	+23:46	00:53:12	26:44 (441)	5:19	M (371)	MCM (31)	
434	517	JÁCOME FERRER, IRENE		00:53:19	+23:53	00:53:19	26:06 (424)	5:19	F (63)	SNF (28)	F (4)

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
435	395	BANET PAEZ, ALEJANDRO		00:53:23	+23:57	00:53:23	26:59 (450)	5:20	M (372)	MCM (32)	
436	342	MAYÁN SANTOMÉ, INÉS		00:53:23	+23:57	00:53:23	29:08 (532)	5:20	F (64)	SNF (29)	F (5)
437	665	GUTIÉRREZ VEIGA, DANIEL		00:53:26	+24:00	00:53:08	25:43 (407)	5:20	M (373)	MBM (90)	
438	740	PESQUEIRA CORTEGOSO, RUBÉN		00:53:30	+24:04	00:53:10	27:06 (455)	5:20	M (374)	MBM (91)	M (51)
439	378	GARCÍA SOLIÑO, BRAIS		00:53:36	+24:10	00:53:36	26:47 (444)	5:21	M (375)	SNM (153)	M (52)
440	23	FRESNEDA, LAURA		00:53:38	+24:12	00:53:38	26:28 (433)	5:21	F (65)	SNF (30)	
441	479	RODRÍGUEZ JUNCAL, JOSÉ RAMÓN		00:53:38	+24:12	00:53:38	28:06 (495)	5:21	M (376)	MAM (95)	
442	337	VILLAVARDE SANISIDRO, JOSÉ LUIS		00:53:42	+24:16	00:53:42	26:41 (439)	5:22	M (377)	MBM (92)	
443	629	TORRÓN DÍAZ, XOEL		00:53:44	+24:18	00:53:44	27:26 (467)	5:22	M (378)	SNM (154)	M (53)
444	446	VILABOA PITEIRA, JORGE JOSÉ		00:53:49	+24:23	00:53:31	28:10 (496)	5:22	M (379)	MAM (96)	
445	391	FERNÁNDEZ DAVIÑA, PEDRO		00:53:50	+24:24	00:53:50	27:54 (482)	5:22	M (380)	SNM (155)	
446	73	CANDOCIA RECAREY, ALEJO		00:53:55	+24:29	00:53:36	27:59 (488)	5:23	M (381)	MBM (93)	
447	153	TORRADO BEA, FRANCISCO RAMÓN		00:53:56	+24:30	00:53:56	27:59 (489)	5:23	M (382)	MBM (94)	
448	659	DA SILVA SANTOS, MIGUEL		00:53:58	+24:32	00:53:58	26:41 (438)	5:23	M (383)	MAM (97)	M (54)
449	334	SAURA ÁLVAREZ, PABLO		00:54:11	+24:45	00:54:11	27:16 (464)	5:25	M (384)	MAM (98)	
450	574	RODRÍGUEZ GONZÁLEZ, ISABEL		00:54:16	+24:50	00:54:16	26:50 (448)	5:25	F (66)	MAF (24)	
451	239	HERMELO GÓMEZ, SERGIO		00:54:17	+24:51	00:54:17	27:13 (459)	5:25	M (385)	SNM (156)	
452	240	OTERO LEIRO, ALEJANDRO		00:54:17	+24:51	00:54:17	27:13 (461)	5:25	M (386)	SNM (157)	
453	335	BLANCO NUÑEZ, ENRIQUE		00:54:21	+24:55	00:54:21	27:16 (463)	5:26	M (387)	MBM (95)	
454	48	RODILLA IRISO, SANTIAGO		00:54:21	+24:55	00:54:21	28:26 (511)	5:26	M (388)	SNM (158)	
455	663	FREIRE HERMIDA, IVAN		00:54:21	+24:55	00:54:21	28:00 (490)	5:26	M (389)	MAM (99)	
456	47	PEDROSA FERREIRA, PABLO		00:54:25	+24:59	00:54:25	28:25 (510)	5:26	M (390)	SNM (159)	
457	674	GONZALEZ GARCIA, MIGUEL		00:54:36	+25:10	00:54:36	27:54 (480)	5:27	M (391)	SNM (160)	
458	711	CASADO GÓMEZ, HÉCTOR		00:54:36	+25:10	00:54:36	27:54 (481)	5:27	M (392)	SNM (161)	
459	548	OTERO HERVADA, ANA		00:54:36	+25:10	00:54:36	27:54 (482)	5:27	F (67)	MAF (25)	
460	275	ARIAS VILABOA, DAFNE LUCÍA	LUGO RUNNING CLUB	00:54:36	+25:10	00:54:36	27:11 (457)	5:27	F (68)	SNF (31)	
461	398	IGLESIAS GENDE, IRIA	RUN SLOW CLUB	00:54:45	+25:19	00:54:45	28:24 (508)	5:28	F (69)	SNF (32)	
462	485	NOVO GARCIA, PATRICIA		00:54:49	+25:23	00:54:49	27:40 (471)	5:28	F (70)	SNF (33)	
463	174	TORRADO BEA, RAQUEL		00:54:50	+25:24	00:54:31	27:59 (487)	5:28	F (71)	MBF (12)	
464	733	RIAL SEGADE, RAQUEL		00:54:53	+25:27	00:54:40	27:32 (470)	5:29	F (72)	MBF (13)	
465	383	ALONSO MARTINEZ, MIRIAM		00:54:54	+25:28	00:54:54	28:13 (500)	5:29	F (73)	SNF (34)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
466	273	BABO, MARTA		00:54:54	+25:28	00:54:38	28:15 (504)	5:29	F (74)	SNF (35)	
467	11	GARCÍA ALFAYA, IAGO		00:54:55	+25:29	00:54:55	27:56 (484)	5:29	M (393)	SNM (162)	
468	400	LAREU GUTIÉRREZ, JOSÉ MANUEL		00:54:55	+25:29	00:54:55	28:01 (494)	5:29	M (394)	MCM (33)	
469	49	GARCIA CORREDOIRA, PABLO		00:54:55	+25:29	00:54:55	28:26 (512)	5:29	M (395)	SNM (163)	
470	467	CÓRDOBA PÉREZ, VICTORIA		00:54:58	+25:32	00:54:58	27:45 (474)	5:29	F (75)	SNF (36)	
471	321	AGUÍN TRELLES, MARGARITA		00:55:08	+25:42	00:54:55	27:27 (468)	5:30	F (76)	MCF (2)	
472	749	ACEVEDO LÓPEZ, BERNARDO		00:55:24	+25:58	00:55:24	27:31 (469)	5:32	M (396)	MBM (96)	
473	613	GIL MARTINEZ, VANESA	ZIPIS	00:55:25	+25:59	00:55:12	27:11 (456)	5:32	F (77)	SNF (37)	
474	65	LINARES CAAMAÑO, JUAN		00:55:25	+25:59	00:55:25	26:49 (447)	5:32	M (397)	MBM (97)	
475	680	NUÑEZ LOPEZ, PABLO		00:55:31	+26:05	00:55:31	27:14 (462)	5:33	M (398)	MAM (100)	
476	382	MEIXUS FILGUEIRA, RAFAEL		00:55:32	+26:06	00:55:32	27:53 (478)	5:33	M (399)	MBM (98)	
477	401	LAREU PEREIRA, IREA REXINA		00:55:34	+26:08	00:55:34	28:01 (493)	5:33	F (78)	SNF (38)	
478	419	NOVO VILLAVARDE, PEDRO		00:55:35	+26:09	00:55:35	27:56 (485)	5:33	M (400)	SNM (164)	
479	457	DOS REIS BOULLOSA, LAURA		00:55:41	+26:15	00:55:41	28:47 (526)	5:34	F (79)	SNF (39)	F (6)
480	158	FANDIÑO MOURIÑO, GONZALO		00:55:47	+26:21	00:55:47	27:44 (473)	5:34	M (401)	SNM (165)	
481	351	CASTRO GONZÁLEZ, ESTELA	CLUB ATLETISMO CAMBADOS	00:55:52	+26:26	00:55:52	28:23 (506)	5:35	F (80)	SNF (40)	
482	350	BARRIO FERNÁNDEZ, DAVID		00:55:52	+26:26	00:55:52	28:24 (507)	5:35	M (402)	SNM (166)	
483	477	DACOSTA ALBASANZ, BEATRIZ		00:55:55	+26:29	00:55:37	27:51 (477)	5:35	F (81)	SNF (41)	
484	476	DACOSTA PARADA, JOSÉ LUIS		00:55:55	+26:29	00:55:38	27:49 (476)	5:35	M (403)	MDM (6)	M (55)
485	385	FERNÁNDEZ, ABEL		00:56:02	+26:36	00:56:02	26:47 (445)	5:36	M (404)	MAM (101)	M (56)
486	554	IGLESIAS BUGARIN, DIHANA		00:56:04	+26:38	00:55:53	26:56 (449)	5:36	F (82)	MAF (26)	
487	720	FERRÉ FERNÁNDEZ, ALBA		00:56:04	+26:38	00:56:04	28:35 (513)	5:36	F (83)	SNF (42)	F (7)
488	437	TORRES ESPERÓN, CELIA		00:56:04	+26:38	00:56:04	28:36 (514)	5:36	F (84)	SNF (43)	F (8)
489	352	ALONSO CARBALLO, CANDELA		00:56:06	+26:40	00:55:48	28:00 (492)	5:36	F (85)	SNF (44)	
490	353	BOUBETA VALVERDE, IVÁN		00:56:07	+26:41	00:55:49	28:00 (491)	5:36	M (405)	SNM (167)	
491	701	PEREIRA MÍGUEZ, MIGUEL ÁNGEL	CLUB TRAIL-RUNNING RAVACHOL A	00:56:20	+26:54	00:56:20	29:53 (552)	5:37	M (406)	MAM (102)	
492	389	MÍGUEZ LAMAS, PATRICIA		00:56:22	+26:56	00:56:22	28:14 (503)	5:38	F (86)	SNF (45)	
493	390	MÍGUEZ LAMAS, MARÍA		00:56:22	+26:56	00:56:22	28:14 (501)	5:38	F (87)	SNF (46)	
494	427	JUANATEY MURADAS, MARTA		00:56:28	+27:02	00:56:28	28:11 (497)	5:38	F (88)	SNF (47)	
495	33	MIGUEZ, YULEMA		00:56:29	+27:03	00:56:29	29:23 (538)	5:38	F (89)	SNF (48)	
496	68	DACOSTA CEA, JONATHAN		00:56:38	+27:12	00:56:38	28:38 (518)	5:39	M (407)	MBM (99)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
497	396	POUSADA GONZALEZ, ANGELA		00:56:41	+27:15	00:56:41	28:14 (502)	5:40	F (90)	SNF (49)	
498	60	CHAPELA, MARIA		00:56:45	+27:19	00:56:45	27:44 (472)	5:40	F (91)	SNF (50)	
499	59	GESTIDO, DANIEL		00:56:45	+27:19	00:56:45	27:46 (475)	5:40	M (408)	SNM (168)	
500	125	TOME MARTINEZ, AARON		00:56:49	+27:23	00:56:49	28:42 (523)	5:40	M (409)	MAM (103)	
501	712	LUBIAN VILAS, LUIS		00:56:50	+27:24	00:56:50	29:03 (530)	5:40	M (410)	MBM (100)	M (57)
502	311	MONTES NACEMENTO, MARTÍN		00:56:50	+27:24	00:56:50	29:03 (531)	5:40	M (411)	MAM (104)	M (58)
503	461	BELOSO CRESPO, LINO		00:56:58	+27:32	00:56:58	29:43 (547)	5:41	M (412)	SNM (169)	M (59)
504	164	FERNÁNDEZ BALIÑAS, PILI		00:57:03	+27:37	00:57:03	29:50 (548)	5:42	F (92)	MAF (27)	F (9)
505	365	ARAGÓN SEIJO, JOSE LUIS		00:57:03	+27:37	00:57:03	29:43 (546)	5:42	M (413)	MCM (34)	M (60)
506	704	GARCÍA GRAÑA, TATYANA		00:57:16	+27:50	00:57:16	28:47 (527)	5:43	F (93)	SNF (51)	F (10)
507	129	IGLESIAS GONZÁLEZ, CRISTINA		00:57:16	+27:50	00:57:16	28:43 (524)	5:43	F (94)	MAF (28)	
508	356	AGÍS, SARA		00:57:19	+27:53	00:57:19	28:12 (498)	5:43	F (95)	SNF (52)	
509	355	AGÍS, PAULA		00:57:19	+27:53	00:57:19	28:12 (499)	5:43	F (96)	SNF (53)	
510	214	DE LA TORRE VILLAVERDE, LETICIA		00:57:29	+28:03	00:57:22	27:22 (466)	5:44	F (97)	MAF (29)	
511	624	AMADO PEREZ, JESUS		00:57:33	+28:07	00:57:19	27:57 (486)	5:45	M (414)	MBM (101)	M (61)
512	591	TORRES ESPERÓN, ELVA		00:57:40	+28:14	00:57:40	28:39 (521)	5:45	F (98)	SNF (54)	
513	683	BEMPOSTA IGLESIAS, IRENE		00:57:40	+28:14	00:57:40	30:26 (569)	5:45	F (99)	MAF (30)	
514	381	CARNERO, SISO		00:57:42	+28:16	00:57:42	27:22 (465)	5:46	M (415)	MAM (105)	M (62)
515	571	GONZÁLEZ MARTÍNEZ, ALBA		00:57:44	+28:18	00:57:44	28:38 (515)	5:46	F (100)	SNF (55)	
516	504	MOREIRA LORENZO, EMILIO		00:57:45	+28:19	00:57:45	28:39 (519)	5:46	M (416)	SNM (170)	M (63)
517	500	MONTES MOREIRA, ANDREA		00:57:46	+28:20	00:57:46	28:39 (520)	5:46	F (101)	SNF (56)	F (11)
518	175	VILLAVERDE FERNÁNDEZ, JOSÉ	CLUB TRAIL-RUNNING RAVACHOL A	00:58:01	+28:35	00:58:01	29:53 (552)	5:48	M (417)	MAM (106)	
519	43	ROLÁN DÍAZ, ERIC		00:58:04	+28:38	00:58:04	28:38 (516)	5:48	M (418)	SNM (171)	
520	332	CARRACEDO SEGADE, AITOR		00:58:20	+28:54	00:58:01	29:54 (554)	5:49	M (419)	SNM (172)	
521	179	PAZOS PAZOS, CRISTIAN		00:58:20	+28:54	00:58:01	29:54 (556)	5:49	M (420)	MAM (107)	M (64)
522	333	CAMPELO SANTIAGO, IRENE		00:58:20	+28:54	00:58:01	29:54 (555)	5:49	F (102)	SNF (57)	F (12)
523	466	OUTON LUNA, ADRIAN		00:58:21	+28:55	00:58:21	30:14 (561)	5:50	M (421)	SNM (173)	
524	288	LÓPEZ NOGUEIRA, SAMANTA		00:58:29	+29:03	00:58:10	29:14 (534)	5:50	F (103)	SNF (58)	
525	283	RODRÍGUEZ DOVAL, MAR		00:58:40	+29:14	00:58:40	29:13 (533)	5:51	F (104)	SNF (59)	
526	99	FERNÁNDEZ ALONSO, JORDANA		00:58:46	+29:20	00:58:46	29:33 (540)	5:52	F (105)	MAF (31)	
527	268	ORTEGA GARCÍA, DAVID		00:58:51	+29:25	00:58:51	29:22 (537)	5:53	M (422)	MAM (108)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
528	230	SERRATOSA VIDAL, ELISENDA		00:59:03	+29:37	00:59:03	29:34 (542)	5:54	F (106)	SNF (60)	
529	229	BAUTISTA GARCÍA, FERNANDO DAVID		00:59:03	+29:37	00:59:03	29:34 (543)	5:54	M (423)	SNM (174)	
530	433	LÓPEZ CERQUEIRA, MÓNICA		00:59:03	+29:37	00:59:03	28:15 (505)	5:54	F (107)	SNF (61)	
531	343	LANDIN RIOS, ALBERTO		00:59:12	+29:46	00:59:12	28:45 (525)	5:55	M (424)	SNM (175)	
532	21	AROSA BARCO, ÁLVARO		00:59:28	+30:02	00:59:28	31:01 (583)	5:56	M (425)	SNM (176)	
533	492	DOMÍNGUEZ NAVARRO, LORENA	RUN SLOW CLUB	00:59:29	+30:03	00:59:29	28:25 (509)	5:56	F (108)	SNF (62)	
534	96	VIEITEZ MINIÑO, ALICIA		00:59:32	+30:06	00:59:19	28:40 (522)	5:57	F (109)	MAF (32)	
535	346	RODRÍGUEZ IGLESIAS, RAMÓN		00:59:33	+30:07	00:59:33	28:57 (529)	5:57	M (426)	SNM (177)	M (65)
536	345	LUBIÁN PESQUEIRA, PABLO		00:59:33	+30:07	00:59:33	29:40 (545)	5:57	M (427)	SNM (178)	M (66)
537	135	ETXEBARRIA CABALLERO, JOKIN	BASAURIKO KUKURRUSTU KIROL KLUBA	00:59:36	+30:10	00:59:36	30:16 (563)	5:57	M (428)	MBM (102)	
538	134	GARCES JUMENEZ, ARANTZAZU	BASAURIKO KUKURRUSTU KIROL	00:59:37	+30:11	00:59:37	30:19 (564)	5:57	F (110)	MAF (33)	
539	107	DÍAZ RODRIGUEZ, MARGA		00:59:49	+30:23	00:59:49	29:52 (550)	5:58	F (111)	MBF (14)	F (13)
540	108	TEMPERAN DIAZ, PABLO		00:59:49	+30:23	00:59:49	29:52 (551)	5:58	M (429)	SNM (179)	
541	20	RODRIGUEZ VIDAL, JIMENA		01:00:01	+30:35	01:00:01	31:01 (584)	6:00	F (112)	SNF (63)	
542	328	BRITO ALONSO, PAULA		01:00:10	+30:44	01:00:10	29:20 (536)	6:00	F (113)	MAF (34)	
543	327	GARCIA FERNANDEZ, JOSE LUIS		01:00:10	+30:44	01:00:10	29:20 (535)	6:00	M (430)	MAM (109)	
544	618	PÉREZ DIEGUEZ, DANIEL	CLUB ATLETISMO SAMERTOLAMEU	01:00:12	+30:46	01:00:12	30:29 (572)	6:01	M (431)	MAM (110)	
545	626	RAMA NOVOA, SUSANA	CLUB ATLETISMO SAMERTOLAMEU	01:00:13	+30:47	01:00:13	30:28 (570)	6:01	F (114)	MAF (35)	
546	447	LOPEZ GESTAL, SAMARA		01:00:17	+30:51	01:00:17	30:33 (574)	6:01	F (115)	SNF (64)	
547	449	RICOY GONZALEZ, MARTA		01:00:18	+30:52	01:00:18	30:22 (566)	6:01	F (116)	SNF (65)	
548	448	ROSALES CONCHEIRO, MARTA		01:00:18	+30:52	01:00:18	30:22 (567)	6:01	F (117)	SNF (66)	
549	220	MUINELO LORENZO, MANUEL	BRUNCH RUN CLUB SANXENXO	01:00:34	+31:08	01:00:34	30:28 (571)	6:03	M (432)	MBM (103)	
550	82	PÉREZ ÁLVAREZ, ELIAS	AAF	01:00:39	+31:13	01:00:39	30:25 (568)	6:03	M (433)	MAM (111)	
551	155	TORRES PRADO, CRISTINA		01:00:44	+31:18	01:00:24	30:15 (562)	6:04	F (118)	MAF (36)	
552	79	BÉRTOLO BOULLOSA, BELÉN		01:01:13	+31:47	01:01:13	30:10 (559)	6:07	F (119)	SNF (67)	
553	77	CAL ALVARIÑO, ALEJANDRO		01:01:13	+31:47	01:01:13	30:09 (558)	6:07	M (434)	SNM (180)	
554	486	REMIRO GONZÁLEZ, PABLO		01:01:21	+31:55	01:01:21	30:31 (573)	6:08	M (435)	SNM (181)	
555	397	SIMES CASTRO, PAULA		01:01:21	+31:55	01:01:21	31:23 (587)	6:08	F (120)	MBF (15)	
556	84	GOMEZ CERQUEIRO, FRANCISCO JOSE		01:01:38	+32:12	01:01:38	30:20 (565)	6:09	M (436)	SNM (182)	
557	430	RODRÍGUEZ GÓMEZ, RAQUEL	BRUNCH RUN CLUB SANXENXO	01:01:46	+32:20	01:01:33	30:13 (560)	6:10	F (121)	SNF (68)	
558	450	FERNANDEZ CALVAR, BORJA	CULOGRANDIS	01:02:01	+32:35	01:01:43	30:04 (557)	6:12	M (437)	MAM (112)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T5K	RITM	SEXO	CAT	LOC
559	83	SOTO CABA, MIGUEL ÁNGEL	CLUB DE LOS POETAS MUERTOS	01:02:08	+32:42	01:02:08	31:11 (585)	6:12	M	(438) MCM (35)	
560	216	GARCIA JIMENEZ, DANIEL	ATLETISMO RÍAS BAIXAS	01:02:11	+32:45	01:02:11	29:51 (549)	6:13	M	(439) MBM (104)	
561	532	BEMPOSTA IGLESIAS, LAURA		01:02:18	+32:52	01:02:18	30:48 (577)	6:13	F	(122) SNF (69)	
562	199	BUGALLO LÓPEZ, ÁNGEL		01:02:19	+32:53	01:02:19	31:14 (586)	6:13	M	(440) MDM (7)	M (67)
563	598	ALFONSO FREIJEIRO, MARCOS		01:02:24	+32:58	01:02:24	28:51 (528)	6:14	M	(441) MBM (105)	
564	478	DIAZ FERNANDEZ, MARÍA JESUS		01:02:34	+33:08	01:02:24	30:53 (580)	6:15	F	(123) MDF (1)	
565	52	SAENZ, ERNESTO	REBUFO	01:02:44	+33:18	01:02:44	29:38 (544)	6:16	M	(442) SNM (183)	
566	488	HERNANDEZ LUGARES, CLARA DE LOS		01:02:52	+33:26	01:02:34	30:43 (576)	6:17	F	(124) MAF (37)	F (14)
567	502	GUARDADO CABALEIRO, ROMAN		01:03:26	+34:00	01:03:08	31:47 (592)	6:20	M	(443) MBM (106)	
568	142	BUGALLO MONTEAGUDO, CARMEN		01:03:27	+34:01	01:03:27	30:38 (575)	6:20	F	(125) MAF (38)	
569	250	ESTÉVEZ ESCUDERO, ALBA		01:03:29	+34:03	01:03:13	31:00 (582)	6:20	F	(126) SNF (70)	
570	655	PIDRE DOMINGUEZ, ZHAIRA		01:03:32	+34:06	01:03:21	29:32 (539)	6:21	F	(127) MAF (39)	F (15)
571	324	BLANCO RIO, TATIANA		01:03:34	+34:08	01:03:34	31:30 (589)	6:21	F	(128) MAF (40)	
572	193	LOMBARDÍA FERNÁNDEZ, YASMINA		01:03:42	+34:16	01:03:42	31:28 (588)	6:22	F	(129) MAF (41)	
573	136	DOMÍNGUEZ CASTRO, MARÍA		01:03:55	+34:29	01:03:55	30:56 (581)	6:23	F	(130) SNF (71)	F (16)
574	420	RONCERO JUNCAL, NEREA		01:04:42	+35:16	01:04:42	62:31 (613)	6:28	F	(131) SNF (72)	
575	231	MONROY ANGULO, LAY ALEJANDRA		01:04:42	+35:16	01:04:26	30:50 (578)	6:28	F	(132) SNF (73)	F (17)
576	232	ARES TROITIÑO, ALEJANDRO		01:04:42	+35:16	01:04:25	30:50 (579)	6:28	M	(444) SNM (184)	M (68)
577	260	OUBIÑA PADIN, FÁTIMA		01:04:46	+35:20	01:04:46	31:48 (594)	6:28	F	(133) SNF (74)	
578	16	VIDAL BRUN, DAVID	CLUB TRAIL-RUNNING RAVACHOL A	01:05:59	+36:33	01:05:59	(-1)	6:35	M	(445) MAM (113)	M (69)
579	304	ROMÁN TEIJEIRO, EVA		01:06:36	+37:10	01:06:36	33:56 (599)	6:39	F	(134) SNF (75)	
580	238	ROSAL VARELA, ANDREA		01:08:34	+39:08	01:08:34	34:11 (603)	6:51	F	(135) SNF (76)	
581	237	DADÍN PIÑEIRO, IVÁN		01:08:34	+39:08	01:08:34	34:11 (602)	6:51	M	(446) SNM (185)	
582	440	PASANTES MOUZO, ANDREA	RUN SLOW CLUB	01:08:48	+39:22	01:08:48	34:19 (607)	6:52	F	(136) SNF (77)	
583	506	CABEZUDO NIEMI, MIA		01:08:50	+39:24	01:08:50	34:04 (600)	6:52	F	(137) SNF (78)	F (18)
584	605	VALCARCEL PEREZ, JULIA MARIA		01:13:55	+44:29	01:13:55	35:42 (609)	7:23	F	(138) MAF (42)	
585	376	PAZOS RUIBAL, ALBA		01:13:55	+44:29	01:13:55	36:25 (611)	7:23	F	(139) SNF (79)	F (19)
586	377	PIÑEIRO CRESPO, LUCI		01:13:55	+44:29	01:13:55	36:24 (610)	7:23	F	(140) SNF (80)	F (20)
587	177	OJEDA GARCIA, JOSE MANUEL	CLUB DEPORTIVO PASOS X LA VIDA	01:17:25	+47:59	01:17:24	38:31 (612)	7:44	M	(447) MDM (8)	

Total: 587

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T2.5K	RITM	SEXO	CAT
1	960	QUINTAS RIVERA, SERGIO	CD LA PURÍSIMA	00:15:19	--	00:15:19	14:49 (1)	3:03	M (1)	ABM (1)
2	880	SANTOS GARCÍA, MARIO	ATLETISMO RÍAS BAIXAS	00:16:11	+52	00:16:09	15:42 (2)	3:14	M (2)	ABM (2)
3	801	DE LA TORRE ABOAL, CARLOS	SAN MIGUEL DE MARÍN	00:16:15	+56	00:16:15	15:43 (3)	3:14	M (3)	ABM (3)
4	869	CELA TEIJEIRO, MARTÍN	ATLETISMO OBRADOIRO	00:16:29	+1:10	00:16:27	16:02 (5)	3:17	M (4)	ABM (4)
5	876	ABAL ESTÉVEZ, CARLOS	SD COMPOSTELA ATLETISMO	00:16:29	+1:10	00:16:28	15:59 (4)	3:17	M (5)	ABM (5)
6	828	CASTRO TIELES, ELOY	SD COMPOSTELA ATLETISMO	00:16:41	+1:22	00:16:41	16:06 (6)	3:20	M (6)	ABM (6)
7	761	SANCHEZ TOUZA, CANDELA		00:16:45	+1:26	00:16:45	16:09 (7)	3:20	F (1)	ABF (1)
8	808	MARTÍNEZ MARTÍNEZ, ENRIQUE	CLUB ATLETISMO SANTIAGO	00:16:54	+1:35	00:16:54	16:21 (8)	3:22	M (7)	ABM (7)
9	847	PARDAL COCA, IVAN	CLUB ATLETISMO SANTIAGO	00:16:58	+1:39	00:16:58	16:27 (9)	3:23	M (8)	ABM (8)
10	825	SANDA ARES, JOSE	SD COMPOSTELA ATLETISMO	00:17:07	+1:48	00:17:04	16:32 (10)	3:25	M (9)	ABM (9)
11	923	NEIRA DÍAZ, IAGO	MILER RUNNING CLUB	00:17:09	+1:50	00:17:06	16:35 (11)	3:25	M (10)	ABM (10)
12	874	CORREDOIRA, XOAN	TRIATLÓN COMPOSTELA	00:17:34	+2:15	00:17:31	16:55 (12)	3:30	M (11)	ABM (11)
13	853	MELLA SUAREZ, ALEX	ATLETISMO OBRADOIRO	00:17:40	+2:21	00:17:36	17:07 (13)	3:31	M (12)	ABM (12)
14	891	CASALMORTO, XAVIER		00:17:54	+2:35	00:17:54	17:18 (14)	3:34	M (13)	ABM (13)
15	895	LÓPEZ CAPÓN, JAVIER	SD COMPOSTELA ATLETISMO	00:18:10	+2:51	00:18:05	17:34 (15)	3:37	M (14)	ABM (14)
16	910	RÚA PENA, DANIEL	C R VIRXE DA GUÍA	00:18:38	+3:19	00:18:36	17:59 (16)	3:43	M (15)	ABM (15)
17	886	MONTEAGUDO MORAÑA, BREOGAN		00:18:44	+3:25	00:18:37	18:09 (17)	3:44	M (16)	ABM (16)
18	834	PIÑEIRO ARIAS, SANTIAGO		00:18:51	+3:32	00:18:43	18:12 (19)	3:46	M (17)	ABM (17)
19	951	MIRANDA VIEITO, JOSE MANUEL	ATHLETICS FISIOTERAPIA SAN LAZARO	00:18:58	+3:39	00:18:58	18:19 (20)	3:47	M (18)	ABM (18)
20	866	ROSENDE FUENTES, LUIS	CLUB ATLETISMO TAMBRE	00:19:05	+3:46	00:19:01	18:28 (21)	3:48	M (19)	ABM (19)
21	836	ALVAREZ, NOEMI	CLUB DEPORTIVO DELIKIA	00:19:10	+3:51	00:19:06	18:33 (22)	3:49	F (2)	ABF (2)
22	860	PENAS GARCÍA, RUBÉN	CLUB ATLETISMO TAMBRE	00:19:17	+3:58	00:19:12	18:39 (23)	3:51	M (20)	ABM (20)
23	802	CASALDERREY MORA, KEVIN		00:19:17	+3:58	00:19:12	18:42 (24)	3:51	M (21)	ABM (21)
24	966	GONZÁLEZ VÁZQUEZ, ABEL		00:19:37	+4:18	00:19:21	19:02 (26)	3:55	M (22)	ABM (22)
25	839	DARRIBA BARBA, ABEL	ASOCIACIÓN DEPORTIVA CAR	00:19:37	+4:18	00:19:32	18:58 (25)	3:55	M (23)	ABM (23)
26	831	TORRESCUSA MOURIÑO, RICARDO	CLUB ATLETISMO CAMBADOS	00:19:45	+4:26	00:19:45	19:08 (27)	3:56	M (24)	ABM (24)
27	835	FREIRE CALVO, DIEGO		00:20:13	+4:54	00:20:02	19:37 (28)	4:02	M (25)	ABM (25)
28	877	PEDROSA, ESTHER	DAWAKO ATLETIC	00:20:22	+5:03	00:20:19	19:40 (29)	4:04	F (3)	ABF (3)
29	909	BARCIA BEMPOSTA, ALEJANDRO		00:20:36	+5:17	00:20:32	19:54 (31)	4:07	M (26)	ABM (26)
30	845	PORTO CIMA, ALBA		00:20:37	+5:18	00:20:33	19:53 (30)	4:07	F (4)	ABF (4)
31	806	BLANCO REY, VANESA	CLUB ATLETISMO NOIA	00:20:51	+5:32	00:20:51	20:10 (32)	4:10	F (5)	ABF (5)

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T2.5K	RITM	SEXO	CAT
32	890	CANAL, BRUNO		00:20:52	+5:33	00:20:52	20:12 (33)	4:10	M (27)	ABM (27)
33	868	KOBA, STANISLAV		00:20:54	+5:35	00:20:41	20:13 (34)	4:10	M (28)	ABM (28)
34	840	POCEIRO HERMIDA, JOSÉ MANUEL		00:21:22	+6:03	00:21:07	20:35 (35)	4:16	M (29)	ABM (29)
35	963	CHAPELA GALLEGU, NOEL		00:21:22	+6:03	00:21:16	20:47 (36)	4:16	M (30)	ABM (30)
36	942	CUESTA BENITO, GONZALO	VALDERUNNERS	00:21:39	+6:20	00:21:32	20:54 (37)	4:19	M (31)	ABM (31)
37	870	ZAMORA, ADRIAN		00:21:44	+6:25	00:21:39	21:01 (38)	4:20	M (32)	ABM (32)
38	816	CASTRO CASAL, ELOY	RIA RUNNINGCLUB	00:21:45	+6:26	00:21:30	21:02 (39)	4:20	M (33)	ABM (33)
39	807	LÓPEZ VILLAVERDE, ADRIÁN		00:21:57	+6:38	00:21:44	21:12 (40)	4:23	M (34)	ABM (34)
40	822	GOYANES SOUTO, ADRIÁN	CLUB ATLETISMO TAMBRE	00:21:57	+6:38	00:21:40	21:13 (41)	4:23	M (35)	ABM (35)
41	805	CASTRO CHAMORRO, TANIA		00:22:08	+6:49	00:21:54	21:24 (42)	4:25	F (6)	ABF (6)
42	859	GARCÍA TRABAZO, MARÍA JESÚS		00:22:08	+6:49	00:21:55	21:24 (43)	4:25	F (7)	ABF (7)
43	914	VÁZQUEZ RAMIL, INÉS		00:22:11	+6:52	00:22:07	21:26 (44)	4:26	F (8)	ABF (8)
44	838	RODAL, ÓSCAR	C.D. PINARIUM	00:22:14	+6:55	00:22:10	21:33 (45)	4:26	M (36)	ABM (36)
45	964	HERMIDA TRUJILLO, VICTOR		00:22:20	+7:01	00:22:20	21:33 (46)	4:27	M (37)	ABM (37)
46	867	GARCIA PENA, CHUS	CLUB ATLETISMO TAMBRE	00:22:24	+7:05	00:22:09	21:44 (47)	4:28	F (9)	ABF (9)
47	911	RÚA SUÁREZ, MARA	CELTA ATLETISMO	00:22:39	+7:20	00:22:37	21:58 (48)	4:31	F (10)	ABF (10)
48	823	ALFAYA FERNÁNDEZ, RUBÉN		00:22:51	+7:32	00:22:51	22:11 (49)	4:34	M (38)	ABM (38)
49	122	RILO GÓMEZ, ROSA	ATLETISMO OBRADOIRO	00:22:56	+7:37	00:22:36	22:13 (50)	4:35	F (11)	ABF (11)
50	541	JAMARDO BASCOY, MANUEL	CLUB DEPORTIVO PINARIUM	00:22:57	+7:38	00:22:52	22:15 (51)	4:35	M (39)	ABM (39)
51	920	PÉREZ PÉREZ, FÁTIMA		00:23:05	+7:46	00:22:54	22:20 (53)	4:36	F (12)	ABF (12)
52	850	CARBALLO SALGADO, PAULA		00:23:06	+7:47	00:23:06	22:19 (52)	4:37	F (13)	ABF (13)
53	862	OTERO NOVÁS, PEDRO		00:23:21	+8:02	00:23:01	22:32 (54)	4:40	M (40)	ABM (40)
54	945	CASAL CARREIRA, ÁNGEL		00:23:23	+8:04	00:23:23	22:37 (55)	4:40	M (41)	ABM (41)
55	896	CORES CANCELA, ANDREA	SD COMPOSTELA ATLETISMO	00:23:26	+8:07	00:23:09	22:43 (57)	4:41	F (14)	ABF (14)
56	894	PÉREZ HARO, MARÍA JOSÉ	CLUB DEPORTIVO BRIÓN HYUPERSA	00:23:29	+8:10	00:23:23	22:42 (56)	4:41	F (15)	ABF (15)
57	893	ANTEPAZO, ISMAEL		00:23:33	+8:14	00:23:27	22:46 (58)	4:42	M (42)	ABM (42)
58	907	PRIETO BARRIO, SARA		00:23:41	+8:22	00:23:41	22:56 (59)	4:44	F (16)	ABF (16)
59	814	FERNÁNDEZ CRUZ, RAMÓN		00:23:54	+8:35	00:23:42	23:08 (61)	4:46	M (43)	ABM (43)
60	944	FERNÁNDEZ LOPEZ, CRISTINA		00:23:56	+8:37	00:23:51	23:07 (60)	4:47	F (17)	ABF (17)
61	961	PEREZ HERMIDA, VICTOR		00:24:04	+8:45	00:24:04	23:17 (63)	4:48	M (44)	ABM (44)
62	915	RAÑAL ESCALONA, ANA		00:24:05	+8:46	00:24:05	23:15 (62)	4:48	F (18)	ABF (18)

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T2.5K	RITM	SEXO	CAT
63	908	NENY, GUILLAUME JULIEN		00:24:17	+8:58	00:24:17	23:31 (64)	4:51	M (45)	ABM (45)
64	817	VIDAL FERREIRÓS, MARA	RIA RUNNINGCLUB	00:24:35	+9:16	00:24:21	23:47 (65)	4:54	F (19)	ABF (19)
65	818	LOIS LUGO, MAICOL		00:24:39	+9:20	00:24:23	23:52 (66)	4:55	M (46)	ABM (46)
66	824	PAILLET LOPEZ, PAULA		00:24:40	+9:21	00:24:40	23:53 (67)	4:55	F (20)	ABF (20)
67	812	EXPÓSITO ESPERÓN, EULOGIO		00:24:50	+9:31	00:24:50	23:59 (70)	4:57	M (47)	ABM (47)
68	844	DAPORTA MÉNDEZ, DAVID		00:24:50	+9:31	00:24:50	23:59 (68)	4:57	M (48)	ABM (48)
69	833	COTOVAD MALVAR, MARÍA DEL CARMEN	RUN PONTEVEDRA	00:24:50	+9:31	00:24:50	23:59 (69)	4:57	F (21)	ABF (21)
70	858	RODRIGUEZ CARBONELL, MARIA DEL		00:25:06	+9:47	00:24:52	24:17 (71)	5:01	F (22)	ABF (22)
71	892	MALVAR PUGA, JOSÉ IGNACIO		00:25:33	+10:14	00:25:27	24:41 (72)	5:06	M (49)	ABM (49)
72	902	SANTOS LOPEZ, MIGUEL		00:25:50	+10:31	00:25:36	24:51 (73)	5:09	M (50)	ABM (50)
73	883	OTERO PAZOS, MARTA		00:25:57	+10:38	00:25:57	25:09 (74)	5:11	F (23)	ABF (23)
74	538	ROSALES ROSALES, PAULA	CLUB DEPORTIVO PINARIUM	00:26:02	+10:43	00:26:02	25:18 (76)	5:12	F (24)	ABF (24)
75	879	VIÑAS MARTINEZ, JOSE		00:26:08	+10:49	00:26:08	25:15 (75)	5:13	M (51)	ABM (51)
76	898	GONZÁLEZ RAMÍREZ, JUAN		00:26:15	+10:56	00:26:15	25:28 (77)	5:14	M (52)	ABM (52)
77	901	SANTOS PÉREZ, MARTÍN		00:26:22	+11:03	00:26:22	25:37 (82)	5:16	M (53)	ABM (53)
78	900	ARCA NIETO, ALBA UXÍA		00:26:22	+11:03	00:26:22	25:37 (80)	5:16	F (25)	ABF (25)
79	899	GONZÁLEZ RODRÍGUEZ, MANUEL		00:26:23	+11:04	00:26:23	25:37 (81)	5:16	M (54)	ABM (54)
80	926	SLOBODSKA, IRYNA		00:26:37	+11:18	00:26:26	25:35 (79)	5:19	F (26)	ABF (26)
81	925	SLOBODSKYI, ANTON		00:26:37	+11:18	00:26:26	25:34 (78)	5:19	M (55)	ABM (55)
82	921	CERVIÑO ROSALES, MIGUEL		00:27:16	+11:57	00:27:16	26:22 (84)	5:27	M (56)	ABM (56)
83	943	RONCERO MEDINA, ANA MARÍA	VALDERUNNERS	00:27:18	+11:59	00:27:10	26:20 (83)	5:27	F (27)	ABF (27)
84	884	RODAL MALVIDO, LOLI	CAVERNÍCOLA OCR TEAM	00:27:21	+12:02	00:27:21	26:29 (85)	5:28	F (28)	ABF (28)
85	956	IBARRETXE MARTÍNEZ, ARANTZAZU		00:27:51	+12:32	00:27:51	26:56 (86)	5:34	F (29)	ABF (29)
86	955	OMIL CRUZ, XOAN RAMON		00:27:54	+12:35	00:27:39	26:58 (87)	5:34	M (57)	ABM (57)
87	889	PAZÓ COUSO, CARLA		00:27:56	+12:37	00:27:56	27:08 (90)	5:35	F (30)	ABF (30)
88	888	AREA GARCÍA, PABLO		00:27:57	+12:38	00:27:39	27:08 (89)	5:35	M (58)	ABM (58)
89	843	VÉLEZ TENA, MÓNICA		00:27:59	+12:40	00:27:59	27:00 (88)	5:35	F (31)	ABF (31)
90	829	GARCÍA MAGARIÑOS, SANDRA		00:28:06	+12:47	00:28:06	27:10 (92)	5:37	F (32)	ABF (32)
91	830	PICHEL RIVAS, CARLOS		00:28:06	+12:47	00:28:06	27:10 (91)	5:37	M (59)	ABM (59)
92	854	RAMA PAZOS, ANA		00:28:10	+12:51	00:28:10	27:16 (94)	5:37	F (33)	ABF (33)
93	863	TANOIRA SOTO, JORGE		00:28:16	+12:57	00:28:07	27:12 (93)	5:39	M (60)	ABM (60)

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T2.5K	RITM	SEXO	CAT
94	820	GONZÁLEZ JORQYERA, JUAN MANUEL		00:28:33	+13:14	00:28:24	27:44 (95)	5:42	M (61)	ABM (61)
95	928	OTERO LOPEZ, TAMARA	OYSHO RUNNING CLUB A CORUÑA	00:28:51	+13:32	00:28:51	27:55 (97)	5:46	F (34)	ABF (34)
96	948	IGLESIAS GARCÍA, TINO		00:28:54	+13:35	00:28:54	28:07 (99)	5:46	M (62)	ABM (62)
97	819	GONZÁLEZ PARADA, YAGO		00:28:58	+13:39	00:28:50	27:52 (96)	5:47	M (63)	ABM (63)
98	903	FERNANDEZ STEFANUTO, VERONICA		00:29:03	+13:44	00:28:50	28:06 (98)	5:48	F (35)	ABF (35)
99	958	OTERO MARTÍNEZ, NAGORE	CLUB TRIATLON POIO	00:29:22	+14:03	00:29:22	28:24 (100)	5:52	F (36)	INCF (1)
100	848	CASTRO CASTRO, INÉS		00:29:22	+14:03	00:29:02	28:24 (101)	5:52	F (37)	ABF (36)
101	906	PEREIRA ESTÉVEZ, JOSÉ LUIS		00:29:31	+14:12	00:29:15	28:29 (102)	5:54	M (64)	ABM (64)
102	852	MARTÍNEZ ÁLVAREZ, CAROLINA		00:29:34	+14:15	00:29:34	28:36 (103)	5:54	F (38)	ABF (37)
103	841	LÓPEZ DE GUEREÑU NODAR, GONZALO	CLUB TRIATLÓ GRANOLLERS	00:29:56	+14:37	00:29:56	28:58 (104)	5:59	M (65)	ABM (65)
104	842	PAN FERRO, RAQUEL		00:29:56	+14:37	00:29:56	28:58 (105)	5:59	F (39)	ABF (38)
105	857	ÁLVAREZ GARCÍA, LAURA		00:30:00	+14:41	00:30:00	28:59 (106)	5:59	F (40)	ABF (39)
106	810	NOVOA RIOS, ISMAEL	FLORISTERÍA CARMEN SIO	00:30:01	+14:42	00:29:42	29:04 (107)	6:00	M (66)	ABM (66)
107	912	LORENZO LÓPEZ, MARÍA DEL CARMEN		00:30:04	+14:45	00:30:04	29:07 (108)	6:00	F (41)	ABF (40)
108	917	VILLARIÑO, AMANDA		00:30:12	+14:53	00:30:12	29:21 (112)	6:02	F (42)	ABF (41)
109	875	MORALES AYALA, MARÍA ELENA		00:30:13	+14:54	00:30:13	29:09 (109)	6:02	F (43)	ABF (42)
110	916	CENTENO, DANIEL		00:30:13	+14:54	00:30:13	29:21 (111)	6:02	M (67)	ABM (67)
111	849	AROSA FILGUEIRA, SONIA		00:30:19	+15:00	00:30:19	29:22 (113)	6:03	F (44)	ABF (43)
112	856	VILA RODRÍGUEZ, BEATRIZ		00:30:21	+15:02	00:30:21	29:20 (110)	6:04	F (45)	ABF (44)
113	887	RODRIGUEZ LAGO, DANIEL		00:30:21	+15:02	00:30:21	29:23 (114)	6:04	M (68)	ABM (68)
114	878	ARAUJO MOLINA, CRISTINA	CLUB TRAIL-RUNNING RAVACHOL A	00:30:25	+15:06	00:30:25	29:24 (115)	6:04	F (46)	ABF (45)
115	931	AREA VILLANUEVA, LAURA		00:30:27	+15:08	00:30:27	29:28 (116)	6:05	F (47)	ABF (46)
116	932	REY BARROS, SARAI		00:30:44	+15:25	00:30:44	29:50 (118)	6:08	F (48)	ABF (47)
117	905	REY BARROS, TANIA		00:30:44	+15:25	00:30:44	29:50 (117)	6:08	F (49)	ABF (48)
118	865	IGLESIAS COMESAÑA, LAURA		00:30:55	+15:36	00:30:55	30:02 (120)	6:10	F (50)	ABF (49)
119	937	CID FERNÁNDEZ, PATRICIA		00:30:55	+15:36	00:30:55	30:01 (119)	6:10	F (51)	ABF (50)
120	950	ROSAL GÓMEZ, ROCÍO	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:31:07	+15:48	00:30:56	30:10 (121)	6:13	F (52)	ABF (51)
121	904	BARBADO LÓPEZ, ESTELA		00:31:13	+15:54	00:30:54	30:18 (122)	6:14	F (53)	ABF (52)
122	813	ÁLVAREZ SANTOS, CARLOTA		00:31:27	+16:08	00:31:27	30:22 (124)	6:17	F (54)	ABF (53)
123	809	DOMÍNGUEZ ESTÉVEZ, SONIA		00:31:28	+16:09	00:31:28	30:21 (123)	6:17	F (55)	ABF (54)
124	821	PÉREZ RODIL, LAURA		00:31:29	+16:10	00:31:16	30:24 (125)	6:17	F (56)	ABF (55)



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	TNETO	T2.5K	RITM	SEXO	CAT
125	861	MORGADE MUÑIZ, CARLOS		00:31:30	+16:11	00:31:30	30:26 (127)	6:17	M (69)	ABM (69)
126	897	MORGADE GAGO, ELENA		00:31:30	+16:11	00:31:30	30:26 (126)	6:17	F (57)	ABF (56)
127	885	BAQUERO HERNÁNDEZ, MARÍA JESÚS	NAVAL PONTEVEDRA	00:31:31	+16:12	00:31:31	30:31 (128)	6:18	F (58)	ABF (57)
128	815	FERNÁNDEZ BUCETA, MARIÑA	RÍA CLUB	00:31:42	+16:23	00:31:28	30:53 (130)	6:20	F (59)	ABF (58)
129	811	RIAL MARTINEZ, EVA MARIA		00:31:49	+16:30	00:31:49	30:40 (129)	6:21	F (60)	ABF (59)
130	954	AYALUA MENDEZ, DIANA		00:32:29	+17:10	00:32:29	31:22 (131)	6:29	F (61)	ABF (60)
131	872	ALFAYA RODRIGUEZ, LUCÍA		00:32:41	+17:22	00:32:41	31:37 (132)	6:32	F (62)	ABF (61)
132	873	JORDAN DUQUE, AROA		00:32:51	+17:32	00:32:51	31:41 (133)	6:34	F (63)	ABF (62)
133	832	OURO CARRIL, NATALIA		00:33:46	+18:27	00:33:38	32:35 (134)	6:45	F (64)	ABF (63)
134	837	FERNÁNDEZ TOMÉ, CELIA		00:34:16	+18:57	00:34:16	33:13 (135)	6:51	F (65)	ABF (64)
135	965	DOMINGUEZ DOMINGUEZ, ANGEL		00:34:42	+19:23	00:34:42	33:39 (136)	6:56	M (70)	ABM (70)
136	967	SOUTO OTERO, CRISTIAN	BIKILA	00:34:42	+19:23	00:34:42	33:40 (137)	6:56	M (71)	ABM (71)
137	930	BARREIRO BOULLOSA, IRIA		00:34:53	+19:34	00:34:53	33:45 (139)	6:58	F (66)	ABF (65)
138	929	BOULLOSA FRANCO, ANA CRISTINA		00:34:53	+19:34	00:34:53	33:45 (138)	6:58	F (67)	ABF (66)
139	871	ALFAYA PÉREZ, ELISA		00:35:39	+20:20	00:35:39	34:32 (140)	7:07	F (68)	ABF (67)
140	846	RODRÍGUEZ SANZ, ALBA		00:36:17	+20:58	00:36:17	35:08 (141)	7:15	F (69)	ABF (68)
141	882	EXPÓSITO DORADO, CRISTINA		00:37:22	+22:03	00:37:13	36:13 (142)	7:28	F (70)	ABF (69)
142	881	PERDIZ BERNARDEZ, JOSE		00:37:23	+22:04	00:37:13	36:15 (143)	7:28	M (72)	ABM (72)
143	864	GOMES, THAISE		00:40:26	+25:07	00:40:11	39:00 (144)	8:05	F (71)	ABF (70)
144	851	BALBOA ALFAYA, DIANA	NOSPORTLIMIT	00:42:44	+27:25	00:42:44	(-1)	8:32	F (72)	ABF (71)

Total: 144



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	P1	RITMO	SEXO
SUB 18 M								
S18M (1)	1197	ANDRADE BARCIA, LUCAS	SOCIEDADE ATLÉTICA VILA DE VIGO	00:03:17 (1)	--	01:39 (2)	3:16	M (1)
S18M (2)	1196	ACUÑA GONZÁLEZ, PEDRO		00:03:17 (2)	+00	01:35 (1)	3:16	M (2)
SUB 18 F								
S18F (1)	1001	LÓPEZ LÓPEZ, MARTINA	SD COMPOSTELA ATLETISMO	00:03:46 (3)	--	01:45 (3)	3:45	F (1)
S18F (2)	1195	LÓPEZ ARGIBAY, UXÍA	SOCIEDADE ATLÉTICA VILA DE VIGO	00:04:00 (4)	+14	01:50 (4)	3:59	F (2)

P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	P1	RITMO	SEXO
SUB 16 M								
S16M (1)	1199	COSTAS DE FRANCISCO, LUCAS	SOCIEDADE ATLÉTICA VILA DE VIGO	00:02:56 (1)	--	01:25 (1)	2:55	M (1)
S16M (2)	1198	POUSA PAN, YONÁS	SOCIEDADE ATLÉTICA VILA DE VIGO	00:02:58 (2)	+02	01:27 (2)	2:57	M (2)
S16M (3)	1013	ESTÉVEZ CARBALLO, MARTÍN		00:03:15 (3)	+19	01:35 (3)	3:14	M (3)
S16M (4)	1009	HUERTA ESTEVEZ, NICOLÁS AGUSTÍN	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	00:03:17 (4)	+21	01:39 (5)	3:16	M (4)
S16M (5)	1200	DOMÍNGUEZ VELASCO, MATEO	SOCIEDADE ATLÉTICA VILA DE VIGO	00:03:18 (5)	+22	01:35 (4)	3:17	M (5)
S16M (6)	1007	GARCÍA LORENZO, CARLOS	CLUB DEPORTIVO PINARIUM	00:03:50 (9)	+54	01:48 (11)	3:49	M (6)
S16M (7)	1333	LEDO PAN, ADRIAN		00:03:53 (10)	+57	01:50 (12)	3:52	M (7)
S16M (8)	1332	PESQUEIRA FARIÑO, CARLOS		00:03:56 (11)	+1:00	01:50 (12)	3:55	M (8)
S16M (9)	1335	VILLEGAS MARTINEZ, EDUARDO		00:04:00 (12)	+1:04	01:48 (9)	3:59	M (9)
S16M (10)	1334	CASTRO VILLANUEVA, JAVIER		00:04:00 (13)	+1:04	01:48 (9)	3:59	M (10)
S16M (11)	1331	VILLANUEVA COSTA, SANTIAGO		00:04:05 (14)	+1:09	01:50 (12)	4:04	M (11)
S16M (12)	1336	PIDREI RIOS, AARON		00:04:05 (15)	+1:09	01:50 (12)	4:04	M (12)
SUB 16 F								
S16F (1)	1005	BAYON DIZ, DANIELA	CLUB DE ATLETISMO DE CAMBADOS	00:03:18 (6)	--	01:40 (6)	3:17	F (1)
S16F (2)	1004	RODRÍGUEZ BLANCO, VEGA	CLUB ATLETISMO NOIA	00:03:31 (7)	+13	01:42 (7)	3:30	F (2)
S16F (3)	1202	ÁLVAREZ VIDAL, PAULA	CLUB ATLETISMO CAMBADOS	00:03:37 (8)	+19	01:43 (8)	3:36	F (3)



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	P1	RITMO	SEXO
INCL ESC M								
INC-ESCM (1)	1278	ESTÉVEZ FERNÁNDEZ, PAIO	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	00:02:59 (1)	--	01:29 (1)	2:58	M (1)
INCL ESC F								
INC-ESCF (1)	1271	ROSALES GALLEGO, MARTA	CLUB DEPORTIVO PINARIUM	00:04:05 (2)	--	01:48 (2)	4:04	F (1)

Total: 21

P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	P1	RITMO	SEXO
SUB 14 M								
S14M (1)	1214	RODRÍGUEZ CARBALLO, ÁNGEL	SOCIEDADE ATLÉTICA VILA DE VIGO	00:03:13 (1)	--	01:32 (1)	3:12	M (1)
S14M (2)	1026	CARRERA CASTRO, HÉCTOR	ASOCIACION DEPORTIVA CAR	00:03:20 (2)	+07	01:39 (4)	3:19	M (2)
S14M (3)	1018	DOCAMPO VENTOSINOS, HUGO	ED MOSTEIRO BEMBRIVE	00:03:31 (5)	+18	01:40 (5)	3:30	M (3)
S14M (4)	1207	VÁZQUEZ HERVADA, ENZO		00:03:40 (8)	+27	01:48 (7)	3:39	M (4)
S14M (5)	1017	MUIÑOS ORGE, XOÁN	ASOCIACION DEPORTIVA CAR	00:03:43 (9)	+30	01:48 (9)	3:42	M (5)
S14M (6)	1031	POCEIRO HERMIDA, HUGO		00:03:43 (10)	+30	01:51 (11)	3:42	M (6)
S14M (7)	1021	DAPORTA SHORE, LOGAN	KINGSTON & POLYTECHNIC AC	00:03:46 (11)	+33	01:54 (17)	3:45	M (7)
S14M (8)	1022	DAPORTA SHORE, ALEX	KINGSTON & POLYTECHNIC AC	00:03:48 (12)	+35	01:54 (16)	3:47	M (8)
S14M (9)	1213	LAÍÑO CAMBA, MATEO	SOCIEDADE ATLÉTICA VILA DE VIGO	00:03:55 (16)	+42	01:53 (14)	3:54	M (9)
S14M (10)	1029	JUNCAL SOLLA, MARCOS	SAN MIGUEL DE MARÍN	00:04:10 (19)	+57	02:07 (20)	4:09	M (10)
S14M (11)	1019	PÉREZ BRAGA, LUCAS		00:04:15 (20)	+1:02	02:04 (19)	4:14	M (11)
S14M (12)	1205	MARTÍNEZ PÉREZ, ERIK	ATLETISMO +9 MORAÑA	00:04:37 (21)	+1:24	02:07 (21)	4:36	M (12)
S14M (13)	1212	MARTÍNEZ HERNÁNDEZ, YARIEL ALEJANDRO	SOCIEDADE ATLÉTICA VILA DE VIGO	00:04:51 (22)	+1:38	02:07 (22)	4:50	M (13)
SUB 14 F								
S14F (1)	1204	SUÁREZ SUÁREZ, CARLA	RIBEIRA ATLETISMO	00:03:24 (3)	--	01:38 (3)	3:23	F (1)
S14F (2)	1211	MATEO REGALADO, FERNANDA PHOEBE	SOCIEDADE ATLÉTICA VILA DE VIGO	00:03:30 (4)	+06	01:37 (2)	3:29	F (2)
S14F (3)	1023	SANTOS FERNÁNDEZ, CARMELA	ASOCIACION DEPORTIVA CAR	00:03:32 (6)	+08	01:43 (6)	3:31	F (3)
S14F (4)	1208	SESAR MIGUEZ, MARIA	SD COMPOSTELA ATLETISMO	00:03:39 (7)	+15	01:48 (8)	3:38	F (4)
S14F (5)	1210	GONZÁLEZ DOMÍNGUEZ, MARA	SOCIEDADE ATLÉTICA VILA DE VIGO	00:03:49 (13)	+25	01:52 (12)	3:48	F (5)
S14F (6)	1216	SOUTO AGUETE, CELIA	CLUB DEPORTIVO PINARIUM	00:03:52 (14)	+28	01:52 (13)	3:51	F (6)
S14F (7)	1206	CONDE ANDÚJAR, SARA	SOCIEDADE ATLÉTICA VILA DE VIGO	00:03:53 (15)	+29	01:50 (10)	3:52	F (7)
S14F (8)	1027	CABANELAS CARBALLO, NATALIA	CLUB DEPORTIVO PINARIUM	00:03:57 (17)	+33	01:54 (15)	3:56	F (8)
S14F (9)	1032	POCEIRO HERMIDA, SARAY	CD PINARIUM	00:04:02 (18)	+38	01:54 (18)	4:01	F (9)
S14F (10)	1020	SOUTELO GÓMEZ, ICÍA		00:04:53 (23)	+1:29	02:08 (23)	4:52	F (10)

Total: 23