

21ª EDICIÓN DA CARRERIA NOCTURNA CONCELLO DE VILAGARCÍA 2025

10KM

Clasificación Xeral



Posto	Dorsal	Nome	Apellidos	Xénero	Categoría	T. Oficial	Ritmo	T. Neto	Ritmo Neto	T. KM 2	T. KM 3,3	T. KM 5,3	T. KM 6,6	T. KM 8,6	Licenza	Club	Localidade
1	111	JAIME	DÍAZ LOPEZ	M-1	MSBM-1	00:33:36	00:03:22	00:33:32	00:03:22	00:06:40	00:11:20	00:18:03	00:22:24	00:29:01		CA ATLETISMO SAN PABLO	NAMBROCA
2	121	ALBERTO	RIVEIRO LAMPÓN	M-2	SNM-1	00:34:13	00:03:26	00:34:11	00:03:26	00:06:42	00:11:20	00:18:10	00:22:49	00:29:47	GA-3675536	CLUB ATLETISMO SAR	RIBEIRA
3	2	NICOLÁS	MARÍN MOLLINEDO	M-3	SNM-2	00:34:53	00:03:30	00:34:49	00:03:29	00:06:41	00:11:20	00:18:23	00:23:07	00:30:17		TRIATLÓN VILAGARCÍA	VILAGARCÍA DE AROUSA
4	134	DAVID	PARADA MONTOTO	M-4	MSBM-2	00:34:56	00:03:30	00:34:52	00:03:30	00:06:41	00:11:20	00:18:24	00:23:07	00:30:16		MONTEPORREIRRUNN	PONTEVEDRA
5	1	PEDRO PABLO	BERNÁRDEZ FERREIRÓS	M-5	MSBM-3	00:35:01	00:03:31	00:34:57	00:03:30	00:06:42	00:11:21	00:18:24	00:23:07	00:30:17		TRIATLÓN VILAGARCÍA	VILAGARCÍA DE AROUSA
6	75	ALBERTO	PARDO MONTERO	M-6	SNM-3	00:35:05	00:03:31	00:35:01	00:03:31	00:06:42	00:11:20	00:18:23	00:23:09	00:30:24			VILA DE CRUCES
7	258	MAXI	OUBIÑA FALCÓN	M-7	MSAM-1	00:35:17	00:03:32	00:35:15	00:03:32	00:06:40	00:11:20	00:18:24	00:23:08	00:30:26	AG3576	CLUB ATLETISMO CAMBADOS	CAMBADOS
8	56	ALEJANDRO	BEGEGA ORDIZ	M-8	MSBM-4	00:35:25	00:03:33	00:35:21	00:03:33	00:07:00	00:11:45	00:18:47	00:23:31	00:30:45			VILAGARCÍA DE AROUSA
9	14	RUBÉN	RODRÍGUEZ VIDAL	M-9	MSAM-2	00:35:46	00:03:35	00:35:43	00:03:35	00:06:55	00:11:41	00:18:48	00:23:37	00:30:59		C.M.D.C. BEOGAN, O GROVE	GROVE (O)
10	256	CARLOS	GONZÁLEZ PIÑEIRO	M-10	SNM-4	00:36:04	00:03:37	00:36:01	00:03:37	00:06:55	00:11:40	00:18:48	00:23:36	00:31:04		CLUB ATLETISMO CAMBADOS	SANXENXO
11	139	MICHEL	FERNÁNDEZ GARCÍA	M-11	SNM-5	00:36:06	00:03:37	00:36:02	00:03:37	00:06:41	00:11:34	00:19:05	00:24:04	00:31:21	GA-3811517	S.D. BARBANTIA RODA	RIANXO
12	259	SANTIAGO	GARCÍA GONZÁLEZ	M-12	MSBM-5	00:36:24	00:03:39	00:36:19	00:03:38	00:07:03	00:11:55	00:19:13	00:24:09	00:31:34		BURGAS ATLETISMO OURENSE	OURENSE
13	206	ALEX	MELLA SUÁREZ	M-13	MSAM-3	00:36:24	00:03:39	00:36:21	00:03:39	00:07:00	00:11:53	00:19:12	00:24:09	00:31:34			BRIÓN
14	115	SANTIAGO	FALCÓN PÉREZ	M-14	MSCM-1	00:36:29	00:03:39	00:36:25	00:03:39	00:07:03	00:11:54	00:19:11	00:24:07	00:31:34	AG 2018451	CLUB ATLETISMO CAMBADOS	GROVE (O)
15	254	PITI	PEREIRA FARIÑA	M-15	MSBM-6	00:36:49	00:03:41	00:36:45	00:03:41	00:07:28	00:12:25	00:19:48	00:24:42	00:32:01	GA8973	SD COMPOSTELA ATLETISMO	CUNTIS
16	216	RUBÉN	PATÍÑO VEITES	M-16	SNM-6	00:36:53	00:03:42	00:36:49	00:03:41	00:07:19	00:12:14	00:19:40	00:24:37	00:31:57			VILAGARCÍA DE AROUSA
17	89	HH	SD	M-17	MSAM-4	00:37:04	00:03:43	00:36:59	00:03:42	0	0	0	0	0			CARBALLO
18	33	SERAFIN	RODRÍGUEZ RODRÍGUEZ	M-18	MSBM-7	00:37:20	00:03:44	00:37:14	00:03:44	00:07:32	00:12:28	00:19:48	00:24:48	00:32:19		CORREDORES DO MIÑO	OURENSE
19	77	MARCOS	PAZ ALVAREZ	M-19	MSAM-5	00:37:24	00:03:45	00:37:21	00:03:45	00:07:19	00:12:13	00:19:40	00:24:45	00:32:22			VIGO
20	250	MATEO	VIDAL VÁZQUEZ	M-20	SNM-7	00:37:30	00:03:45	00:37:26	00:03:45	00:07:03	00:11:55	00:19:32	00:24:35	00:32:21			PADRÓN
21	27	PEDRO PABLO	OUTERLO COUSIÑO	M-21	MSCM-2	00:37:36	00:03:46	00:37:31	00:03:46	00:07:26	00:12:27	00:19:55	00:25:00	00:32:32		CLUB TRIATLON VILAGARCIA	VILAGARCÍA DE AROUSA
22	37	ADRIAN	CASTROAGUDIN GOMEZ	M-22	MSAM-6	00:37:44	00:03:47	00:37:41	00:03:47	00:07:05	00:12:04	00:19:40	00:24:52	00:32:37		MORAÑA EN RUTA	PONTECESURES
23	213	MIGUEL	OTERO REY	M-23	SNM-8	00:38:00	00:03:48	00:37:56	00:03:48	00:07:30	00:12:41	00:20:16	00:25:22	00:33:02			CUNTIS
24	180	RAFAEL	FORTES OTERO	M-24	SNM-9	00:38:01	00:03:49	00:37:55	00:03:48	00:07:30	00:12:29	00:20:08	00:25:15	00:33:01			ESTRADA (A)
25	84	ALEJANDRO	RODRÍGUEZ FRAGUELA	M-25	MSAM-7	00:38:15	00:03:50	00:38:09	00:03:49	00:07:29	00:12:26	00:20:04	00:25:15	00:33:03			CORUÑA (A)
26	246	RICARDO	TORRESCUSA MOURIÑO	M-26	SNM-10	00:38:18	00:03:50	00:38:13	00:03:50	00:07:19	00:12:16	00:20:01	00:25:15	00:33:09			MADRID
27	255	BRUNO	GONZÁLEZ TEJIDO	M-27	SNM-11	00:38:38	00:03:52	00:38:36	00:03:52	00:07:11	00:12:24	00:20:20	00:25:40	00:33:39		TROTACAMIÑOS RUNNING CLUB	TUI
28	198	DAVID	LÓPEZ GARRIDO	M-28	MSAM-8	00:38:39	00:03:52	00:38:35	00:03:52	00:07:37	00:12:46	00:20:35	00:25:53	00:33:41			VIGO
29	141	EDGAR MANUEL	LÓPEZ BALEIRÓN	M-29	MSBM-8	00:38:54	00:03:54	00:38:49	00:03:53	00:07:25	00:12:36	00:20:30	00:25:48	00:33:44		S.D. BARBANTIA RODA	BOIRO
30	233	CARLOS	RODRÍGUEZ MARTINEZ	M-30	MSAM-9	00:38:57	00:03:54	00:38:51	00:03:54	00:07:43	00:12:56	00:20:44	00:25:58	00:33:48			PONTEVEDRA
31	35	ADRIAN	SOUTO IGLESIAS	M-31	SNM-12	00:39:01	00:03:55	00:38:56	00:03:54	00:07:42	00:12:52	00:20:40	00:25:58	00:33:54		FOGAR TRIATLON CARBALLO	ORDES
32	257	CHRISTIAN	BESADA IGLESIAS	M-32	MSBM-9	00:39:18	00:03:56	00:39:13	00:03:56	00:07:40	00:12:47	00:20:43	00:26:01	00:34:04			ILLA DE AROUSA (A)
33	86	MANUEL	ROMERO VÁZQUEZ	M-33	MSBM-10	00:39:24	00:03:57	00:39:19	00:03:56	00:07:43	00:12:58	00:20:53	00:26:15	00:34:08			BOIRO
34	109	MIGUEL	IGLESIAS REY	M-34	MSAM-10	00:39:30	00:03:57	00:39:24	00:03:57	00:07:43	00:12:58	00:20:53	00:26:16	00:34:16		C.D. RIA DE AROUSA O GROVE	GROVE (O)
35	151	OSCAR	ARES SANDEZ	M-35	SNM-13	00:39:36	00:03:58	00:39:31	00:03:58	00:07:31	00:12:41	00:20:38	00:26:07	00:34:24			PADRÓN
36	228	MANUEL	RIVADULLA PESADO	M-36	SNM-14	00:39:40	00:03:58	00:39:33	00:03:58	00:07:53	00:13:12	00:21:12	00:26:35	00:34:36			PONTECESURES
37	7	JOSE ANTONIO	GARCÍA YAÑEZ	M-37	MSBM-11	00:39:45	00:03:59	00:39:39	00:03:58	00:07:44	00:12:58	00:20:58	00:26:27	00:34:29		ATLETISMO CLUB SOCIAL BANCO PASTOR	VIGO
38	240	JHOAN	SAYAVEDRA SOCA	M-38	MSAM-11	00:39:46	00:03:59	00:39:39	00:03:58	00:07:55	00:13:15	00:21:10	00:26:28	00:34:26			PONTEVEDRA
39	120	DANIEL	SUSSMAN VILLAVEVERDE	M-39	SNM-15	00:39:47	00:03:59	00:39:41	00:03:59	00:07:52	00:13:13	00:21:08	00:26:35	00:34:35		CLUB ATLETISMO SANTIAGO	SANTIAGO DE COMPOSTELA
40	5	JOSÉ MANUEL	MIRANDA VEITO	M-40	MSBM-12	00:40:21	00:04:03	00:40:13	00:04:02	00:07:59	00:13:15	00:21:18	00:26:47	00:34:57		ATHLETICS FISIOTERAPIA SAN LAZARO	PORRIÑO (O)
41	28	MANUEL	SOTO LOPEZ	M-41	MSBM-13	00:40:38	00:04:04	00:40:29	00:04:03	00:08:20	00:13:48	00:22:00	00:27:22	00:35:22	AG12934	CLUBE ATLETISMO BOIMORTO	VILAGARCÍA DE AROUSA
42	16	ALVARO	CAROU GARCÍA	M-42	MSBM-14	00:40:46	00:04:05	00:40:38	00:04:04	00:07:56	00:13:17	00:21:28	00:27:02	00:35:17	AG11188	CLUB ATLETISMO CAMBADOS	VILAGARCÍA DE AROUSA
43	95	FRANCISCO JAVIER	ABAL VELOSO	M-43	SNM-16	00:40:53	00:04:06	00:40:49	00:04:05	00:07:34	00:12:52	00:21:07	00:26:51	00:35:25			VILAGARCÍA DE AROUSA
44	251	DAMIÁN	VILA MILLÁN	M-44	MSAM-12	00:40:54	00:04:06	00:40:51	00:04:06	00:07:39	00:13:00	00:21:10	00:26:50	00:35:14			PONTEVEDRA
45	117	ADOLFO	CARBALLO PENELA	M-45	MSBM-15	00:40:59	00:04:06	00:40:59	00:04:06	00:08:18	00:13:49	00:21:59	00:27:25	00:35:33		CLUB ATLETISMO ESTRADA	ESTRADA (A)
46	4	JOSE ANTONIO	COSTA RODRÍGUEZ	M-46	MSBM-16	00:41:05	00:04:07	00:40:57	00:04:06	00:08:21	00:13:45	00:22:06	00:27:41	00:35:54	AG 767379	AGRUPACIÓN ATLÉTICA MAZI	CAMBADOS
47	50	MIRIAN	TRIGO CASTRO	F-1	SNF-1	00:41:11	00:04:08	00:41:07	00:04:07	00:07:54	00:13:22	00:21:40	00:27:13	00:35:34		TRIATLÓN INFORHOUSE SANTIAGO	CAMBADOS
48	147	DENIS	ROMERO	M-47	SNM-17	00:41:20	00:04:08	00:41:17	00:04:08	00:07:43	00:13:07	00:21:27	00:27:14	00:35:44		TROTACAMIÑOS RUNNING CLUB	TUI
49	178	ADRIÁN	FERNÁNDEZ BOUZAS	M-48	MSAM-13	00:41:28	00:04:09	00:41:25	00:04:09	00:08:10	00:13:43	00:22:07	00:27:48	00:36:12			PADRÓN
50	153	JAVIER	BARREIRO ABALO	M-49	MSAM-14	00:41:29	00:04:09	00:41:19	00:04:08	00:08:30	00:14:02	00:22:12	00:27:40	00:35:58			PONTEVEDRA
51	161	MANUEL	BUGALLO RODRÍGUEZ	M-50	SNM-18	00:41:33	00:04:10	00:41:28	00:04:09	00:07:37	00:13:00	00:21:26	00:27:12	00:35:52			VILAGARCÍA DE AROUSA
52	229	DANIEL	RIVERA SÁNCHEZ	M-51	MSAM-15	00:41:36	00:04:10	00:41:33	00:04:10	00:07:46	00:13:21	00:21:45	00:27:30	00:36:10			SANTIAGO DE COMPOSTELA
53	195	BRUNO	LEMA BALEATO	M-52	MSAM-16	00:41:40	00:04:10	00:41:29	00:04:09	00:08:10	00:13:44	00:22:02	00:27:44	00:36:11			VIGO
54	32	PURIFICACIÓN	ANEGAS FERNÁNDEZ	F-2	MSCF-1	00:41:43	00:04:11	00:41:36	00:04:10	00:08:23	00:13:59	00:22:14	00:27:46	00:36:10	AG-18445	CORREDORES DO MIÑO	OURENSE
55	212	ALEXANDRE	OCHOA PIÑEIRO	M-53	SNM-19	00:41:47	00:04:11	00:41:40	00:04:10	00:07:49	00:13:14	00:21:43	00:27:31	00:36:21			GROVE (O)
56	219	XACOB	PIÑEIRO PÉREZ	M-54	MSBM-17	00:42:08	00:04:13	00:41:57	00:04:12	00:08:23	00:13:54	00:22:15	00:28:00	00:36:38			VILAGARCÍA DE AROUSA
57	194	YAGO	JIMENEZ FRESCO	M-55	MSAM-17	00:42:14	00:04:14	00:42:07	00:04:13	00:08:25	00:13:59	00:22:16	00:27:56	00:36:29			VILAGARCÍA DE AROUSA
58	24	ALEJANDRO	LISTE BASCOY	M-56	MSBM-18	00:42:32	00:04:16	00:42:25	00:04:15	00:08:20	00:14:01	00:22:48	00:28:42	00:37:09		CLUB DEPORTIVO DELIKIA	VIGO
59	192	ELOY	IGLESIAS CRISTOBO	M-57	MSCM-3	00:42:42	00:04:17	00:42:35	00:04:16	00:08:15	00:13:44	00:22:11	00:28:03	00:37:01			VALGA
60	122	RICARDO	ROMAY RODRÍGUEZ	M-58	MSAM-18	00:42:43	00:04:17	00:42:36	00:04:16	00:08:15	00:13:44	00:22:11	00:28:03	00:37:01		CLUB ATLETISMO SAR	VALGA
61	230	MARCOS	RODRÍGUEZ	M-59	SNM-20	00:42:44	00:04:17	00:42:33	00:04:16	00:08:06	00:13:31	00:21:57	00:27:41	00:37:00			BARCELONA
62	143	MAYLIS	DAUBY	F-3	S18F-1	00:42:49	00:04:17	00:42:41									

71	73	IVÁN	OUTERELO COUSIÑO	M-67	MSBM-20	00:43:38	00:04:22	00:43:33	00:04:22	00:08:10	00:13:42	00:22:07	00:27:50	00:37:02	VIGO
72	201	MIGUEL ANXO	MARTINEZ OUBIÑA	M-68	MSBM-21	00:43:39	00:04:22	00:43:28	00:04:21	00:08:45	00:14:33	00:23:23	00:29:16	00:37:58	VILAGARCÍA DE AROUSA
73	145	ANXO	JAMARDO CAPELO	M-69	S18M-1	00:43:41	00:04:23	00:43:37	00:04:22	00:08:27	00:14:16	00:23:13	00:29:14	00:37:59	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA
74	110	ÁLVARO	VAQUERO GARROTE	M-70	S23M-1	00:43:47	00:04:23	00:43:36	00:04:22	00:08:31	00:14:17	00:23:01	00:29:00	00:38:03	C.D.N. SAN JOSÉ OBRERO
75	144	ELISA	BOULLOSA BERNARDEZ	F-5	MSAF-2	00:43:50	00:04:23	00:43:42	00:04:23	00:08:54	00:14:47	00:23:34	00:29:28	00:38:12	GA-3782607-A-T-S SD COMPOSTELA ATLETISMO
76	119	XOSÉ MANUEL	PARDO LÓPEZ	M-71	MSCM-8	00:43:51	00:04:24	00:43:39	00:04:22	00:08:53	00:14:45	00:23:33	00:29:23	00:38:08	CLUB ATLETISMO OUTES
77	98	PABLO	FERRIN FERREIRO	M-72	MSBM-22	00:43:52	00:04:24	00:43:33	00:04:22	00:08:55	00:14:40	00:23:29	00:29:23	00:38:09	BRION
78	155	PEPE	BARREIRO BLANCO	M-73	MSCM-9	00:43:55	00:04:24	00:43:49	00:04:23	00:08:22	00:14:05	00:22:53	00:28:49	00:37:49	MEIS
79	137	RONALDO	MIQUELENO	M-74	SNM-22	00:44:06	00:04:25	00:44:03	00:04:25	00:07:35	00:13:25	00:22:37	00:28:21	00:37:55	PONTECESURES
80	146	YAGO	GONZÁLEZ TEJIDO	M-75	SNM-23	00:44:10	00:04:25	00:44:06	00:04:25	00:07:42	00:13:18	00:22:16	00:28:31	00:38:02	S.A. VAL MIÑOR
81	243	ALBERTO	SOTO GONZALEZ	M-76	S23M-2	00:44:32	00:04:28	00:44:26	00:04:27	00:08:26	00:14:21	00:23:24	00:29:29	00:38:34	TROTACAMIÑOS RUNNING CLUB
82	79	ROI	PÉREZ TORRADO	M-77	MSBM-23	00:44:36	00:04:28	00:44:24	00:04:27	00:08:56	00:14:48	00:23:46	00:29:45	00:38:43	TOURENSE
83	177	ALEJANDRO	DURAN CASTRELO	M-78	MSBM-24	00:44:40	00:04:28	00:44:21	00:04:27	00:09:21	00:15:11	00:24:02	00:29:59	00:38:52	VIGO
84	76	DAVID	PARRADO MAQUIEIRA	M-79	MSAM-20	00:44:43	00:04:29	00:44:33	00:04:28	00:08:46	00:14:33	00:23:21	00:29:21	00:38:29	VILAGARCÍA DE AROUSA
85	200	PAOLA	MARÍA MOCHALES	F-6	MSBF-1	00:44:47	00:04:29	00:44:39	00:04:28	00:09:06	00:15:08	00:24:01	00:29:59	00:38:55	BARRO
86	253	PABLO	YOLDI MÉNDEZ	M-80	SNM-24	00:44:47	00:04:29	00:44:37	00:04:28	00:08:57	00:14:59	00:24:03	00:30:03	00:39:01	VILAGARCÍA DE AROUSA
87	49	JAIME	VAZQUEZ MEIJIDE	M-81	MSBM-25	00:44:47	00:04:29	00:44:37	00:04:28	00:08:58	00:15:03	00:24:00	00:30:02	00:38:52	MADRID
88	156	PABLO	BARREIRO RODRÍGUEZ	M-82	SNM-25	00:45:00	00:04:30	00:44:55	00:04:30	00:08:35	00:14:19	00:23:21	00:29:29	00:38:46	TRAN-TRAN
89	70	GUILLERMO	MATEOS GARCÍA	M-83	MSBM-26	00:45:05	00:04:31	00:44:55	00:04:30	00:09:00	00:14:57	00:23:51	00:29:55	00:39:00	VILAGARCÍA DE AROUSA
90	74	CRISTINA	PAMPÍN ALVAREZ	F-7	MSAF-3	00:45:11	00:04:32	00:45:04	00:04:31	00:08:25	00:14:17	00:23:20	00:29:32	00:38:54	PONTECESURES
91	72	MIGUEL ANGEL	OCAMPO REY	M-84	MSCM-10	00:45:17	00:04:32	00:45:06	00:04:31	00:09:14	00:15:15	00:24:17	00:30:17	00:39:20	OURENSE
92	81	MANUEL ANGEL	QUINTANS VARELA	M-85	MSBM-27	00:45:22	00:04:33	00:45:09	00:04:31	00:08:55	00:14:45	00:23:49	00:29:54	00:39:04	VILAGARCÍA DE AROUSA
93	129	FERNANDO	FILGUEIRA PONCE	M-86	MSBM-28	00:45:28	00:04:33	00:45:21	00:04:33	00:08:00	00:13:39	00:23:13	00:29:27	00:39:37	SANTIAGO DE COMPOSTELA
94	165	MARIA	CASAL GARCIA	F-8	MSAF-4	00:45:28	00:04:33	00:45:16	00:04:32	00:09:02	00:15:03	00:24:00	00:30:02	00:39:37	VIGO
95	123	BEATRIZ	MOREU PEREIRA-BORRAJO	F-9	MSBF-2	00:45:29	00:04:33	00:45:23	00:04:33	00:09:05	00:15:08	00:24:17	00:30:26	00:39:36	COMESAÑA SPORTING CLUB
96	154	MIGUEL	BARREIRO BLANCO	M-87	MSAM-21	00:45:30	00:04:33	00:45:25	00:04:33	00:08:52	00:14:48	00:23:53	00:30:05	00:39:30	MEANO
97	136	JOSE	FERNANDEZ PRIETO	M-88	MSCM-11	00:45:37	00:04:34	00:45:31	00:04:34	00:08:27	00:14:25	00:23:32	00:29:51	00:39:19	VIGO
98	242	ANGEL	SOMOZA MUELLE	M-89	MSBM-29	00:45:49	00:04:35	00:45:41	00:04:35	00:08:44	00:14:46	00:24:08	00:30:21	00:39:45	CLUB DEPORTIVO DELIKIA
99	158	CESAR	BONOME ROEL	M-90	SNM-26	00:45:57	00:04:36	00:45:44	00:04:35	00:09:08	00:15:12	00:24:31	00:30:54	00:40:10	PONTECESURES
100	221	EUGENIO	POSES SOBRAL	M-91	MSBM-30	00:46:00	00:04:36	00:45:52	00:04:36	00:08:44	00:14:46	00:24:08	00:30:22	00:39:47	PONTECESURES
101	238	ALBERTO	SÁNCHEZ ALONSO	M-92	MSBM-31	00:46:06	00:04:37	00:45:59	00:04:36	00:09:05	00:15:08	00:24:17	00:30:26	00:39:58	MORAÑA EN RUTA
102	245	FELIPE SANTIAGO	TORRES CEBREIRO	M-93	MSCM-12	00:46:10	00:04:37	00:45:58	00:04:36	00:09:03	00:15:04	00:24:09	00:30:29	00:39:55	VIGO
103	92	VICENTE	SOTO RODRÍGUEZ	M-94	MSCM-13	00:46:19	00:04:38	00:46:13	00:04:38	00:08:52	00:14:56	00:24:07	00:30:23	00:39:50	SANTIAGO DE COMPOSTELA
104	223	DAMIÁN	PUJALES SOUTO	M-95	SNM-27	00:46:26	00:04:39	00:46:06	00:04:37	00:10:17	00:16:39	00:26:05	00:32:04	00:40:53	RIBADAVIA
105	126	CARLOS	IGLESIAS GÓMEZ	M-96	SNM-28	00:46:27	00:04:39	00:46:10	00:04:37	00:09:18	00:15:14	00:24:19	00:30:27	00:40:06	VILAGARCÍA DE AROUSA
106	63	JOSÉ	FERNÁNDEZ IGLESIAS	M-97	MSBM-32	00:46:27	00:04:39	00:46:18	00:04:38	00:08:43	00:14:39	00:23:55	00:30:20	00:39:51	CLUB PIRAGÜISMO RÍAS BAIXAS
107	249	DIEGO	VIDAL SILVA	M-98	S23M-3	00:46:44	00:04:41	00:46:28	00:04:39	00:09:13	00:15:09	00:24:18	00:30:33	00:40:17	POBRA DO CARAMIÑAL (A)
108	235	JAVIER	ROMERO LÓPEZ	M-99	SNM-29	00:46:51	00:04:42	00:46:35	00:04:40	00:09:17	00:15:13	00:24:19	00:30:38	00:40:35	VILAGARCÍA DE AROUSA
109	148	SEVERINO	ABALO LAFUENTE	M-100	SNM-30	00:46:51	00:04:42	00:46:42	00:04:41	00:08:35	00:14:36	00:24:06	00:30:32	00:40:24	VILAGARCÍA DE AROUSA
110	61	IAGO	CASAS	M-101	MSAM-22	00:46:52	00:04:42	00:46:44	00:04:41	00:08:46	00:14:57	00:24:23	00:30:55	00:40:32	BOIRO
111	21	MARTA	BARBEITO DOMÍNGUEZ	F-10	MSAF-5	00:47:00	00:04:42	00:46:51	00:04:42	00:08:54	00:14:57	00:24:16	00:30:47	00:40:32	BOIRO
112	132	SERGIO	YV	M-102	MSBM-33	00:47:07	00:04:43	00:46:53	00:04:42	00:09:05	00:15:09	00:24:18	00:30:41	00:40:36	VILAGARCÍA DE AROUSA
113	193	MANUEL	ISORNA FOLGAR	M-103	MSCM-14	00:47:12	00:04:44	00:47:05	00:04:43	00:09:15	00:15:26	00:24:59	00:31:20	00:40:47	BOIRO
114	205	DANIEL	MEIS GARCÍA	M-104	SNM-31	00:47:13	00:04:44	00:47:03	00:04:43	00:08:33	00:14:28	00:24:04	00:30:41	00:40:58	VILAGARCÍA DE AROUSA
115	174	JOSE	DE LA TORRE CULLER	M-105	MSAM-23	00:47:14	00:04:44	00:47:03	00:04:43	00:09:16	00:15:16	00:24:42	00:31:15	00:40:59	BOIRO
116	131	JAVI	QUINTANS BERRIDI	M-106	MSBM-34	00:47:22	00:04:45	00:47:07	00:04:43	00:09:22	00:15:11	00:24:02	00:30:09	00:40:57	DODRO
117	162	LUIS	CALVO CALVO	M-107	MSCM-15	00:47:33	00:04:46	00:47:16	00:04:44	00:09:34	00:15:44	00:25:01	00:31:21	00:40:54	VIGO
118	78	ANGEL	PEREZ SUSAVILA	M-108	MSCM-16	00:47:33	00:04:46	00:47:16	00:04:44	00:09:34	00:15:44	00:25:02	00:31:21	00:40:53	FENDETESTAS
119	34	JOSÉ EDUARDO	RODRÍGUEZ ALONSO	M-109	MSAM-24	00:47:40	00:04:46	00:47:24	00:04:45	00:10:24	00:16:40	00:26:00	00:32:16	00:41:35	VILAGARCÍA DE AROUSA
120	172	SERXIO	CORTIÑAS CARBALLIDO	M-110	MSBM-35	00:48:06	00:04:49	00:47:47	00:04:47	00:09:36	00:15:48	00:25:17	00:31:46	00:41:30	BOIRO
121	12	JOSE MANUEL	ROMERO OLVEIRA	M-111	MSCM-17	00:48:10	00:04:49	00:47:54	00:04:48	00:09:48	00:16:10	00:25:41	00:32:02	00:41:40	VILAGARCÍA DE AROUSA
122	135	DAVID	CAMPOS FRAMIÑAN	M-112	MSAM-25	00:48:15	00:04:50	00:47:58	00:04:48	00:09:32	00:15:46	00:25:31	00:32:02	00:41:52	POBRA DO CARAMIÑAL (A)
123	218	JUAN CARLOS	PEREIRA REDONDO	M-113	MSCM-18	00:48:18	00:04:50	00:43:54	00:04:24	00:12:47	00:18:42	00:27:37	00:33:31	00:42:27	PONTEVEDRA
124	247	SERGIO	TORRESCUSA MOURIÑO	M-114	SNM-32	00:48:27	00:04:51	00:48:11	00:04:50	00:09:42	00:16:04	00:25:50	00:32:09	00:42:10	POBRA DO CARAMIÑAL (A)
125	15	ÁNGEL	GENDRA MARTÍNEZ	M-115	MSBM-36	00:48:28	00:04:51	00:48:15	00:04:50	00:10:00	00:16:21	00:25:50	00:31:52	00:42:19	MADRID
126	80	CARLOS	PIÑEIRO PASTORIZA	M-116	MSBM-37	00:48:49	00:04:53	00:48:37	00:04:52	00:09:59	00:16:22	00:25:58	00:32:27	00:42:18	SANTIAGO DE COMPOSTELA
127	149	NABIL	AIT BOUHIHA EL MALZOUMI	M-117	S23M-4	00:48:52	00:04:54	00:48:35	00:04:52	00:09:02	00:15:06	00:25:08	00:32:04	00:42:15	MARÍN
128	127	FRANCISCO	CERNADAS LADO	M-118	MSCM-19	00:48:56	00:04:54	00:48:45	00:04:53	00:09:33	00:16:02	00:25:55	00:32:31	00:42:27	LUGO
129	31	CARLA	GONZÁLEZ BARGO	F-11	SNF-2	00:48:56	00:04:54	00:48:46	00:04:53	00:09:09	00:15:27	00:25:11	00:31:52	00:41:57	CLUBE DE ATLETISMO SERRES RUNNERS
130	30	JORGE	DEL RÍO GONZÁLEZ	M-119	SNM-33	00:48:57	00:04:54	00:48:46	00:04:53	00:09:09	00:15:27	00:25:11	00:31:51	00:41:55	CLUBE ATLETISMO OUTES - MARISCOS ANTON
131	188	GONZALO	GÓMEZ GARCÍA	M-120	MSCM-20	00:49:00	00:04:54	00:48:44	00:04:53	00:09:43	00:16:04	00:25:50	00:32:17	00:42:18	CLUBE ATLETISMO OUTES - MARISCOS ANTON
132	260	MARÍA DEL CARMEN	RODRÍGUEZ DEL RÍO	F-12	MSCF-2	00:49:26	00:04:57	00:49:17	00:04:56	00:09:34	00:16:06	00:25:54	00:32:36	00:42:38	MADRID
133	25	AMADOR	REBOREDA GRAÑA	M-121	MSCM-21	00:49:34	00:04:58	00:49:17	00:04:56	00:10:02	00:16:33	00:26:28	00:33:08	00:43:05	SANTIAGO DE COMPOSTELA
134	179	ALBA	FERRÉ FERNÁNDEZ	F-13	SNF-3	00:49:36	00:04:58	00:49:21	00:04:57	00:10:04	00:16:40	00:26:40	00:33:21	00:43:20	CLUB DEPORTIVO PINARIUM
135	190	GREGORY	HERNÁNDEZ LOPEZ	M-122	MSBM-38	00:49:40	00:04:58	00:49:27	00:04:57	00:10:01	00:16:36	00:26:32	00:33:22	00:43:21	REDONDELA
136	36	MARÍA	TAJES MARTÍNEZ	F-14	SNF-4	00:49:44	00:04:59	00:49:36	00:04:58	00:09:56	00:16:40	00:26:42	00:33:27	00:43:22	MARÍN
137	244	DAVID	TORINOS PÉREZ	M-123	MSBM-39	00:49:45	00:04:59	00:49:27	00:04:57	00:10:03	00:16:37	00:26:35	00:33:22	00:43	

147	124	MANUEL	JAMARDO BASCOY	M-130	MSCM-24	00:50:51	00:05:06	00:50:47	00:05:05	00:09:37	00:16:23	00:26:53	00:33:50	00:44:16	CLUB DEPORTIVO PINARIUM	MARÍN
148	232	JESUS MANUEL	RODRIGUEZ BARREIRO	M-131	MSBM-41	00:50:58	00:05:06	00:50:42	00:05:05	00:09:51	00:16:17	00:26:24	00:33:14	00:43:56		VILAGARCÍA DE AROUSA
149	239	LETICIA	SÁNCHEZ BERNABÉ	F-18	SNF-6	00:51:19	00:05:08	00:51:07	00:05:07	00:09:55	00:16:38	00:26:50	00:33:43	00:44:16		VILAGARCÍA DE AROUSA
150	187	MARCOS ANTONIO	GÓMEZ DOVALO	M-132	SNM-35	00:51:37	00:05:10	00:51:19	00:05:08	00:10:32	00:17:18	00:27:30	00:34:24	00:44:56		VILAGARCÍA DE AROUSA
151	225	FRANCISCO	REIGOSA GALÁNS	M-133	SNM-36	00:51:37	00:05:10	00:51:20	00:05:08	00:10:33	00:17:18	00:27:31	00:34:24	00:44:56		VILANOVA DE AROUSA
152	69	CRISTÓBAL	MATEOS GARCÍA	M-134	MSBM-42	00:51:42	00:05:11	00:51:31	00:05:10	00:10:06	00:16:55	00:27:19	00:34:19	00:44:38		OURENSE
153	234	MIGUEL ÁNGEL	RODRÍGUEZ RODRÍGUEZ	M-135	S20M-1	00:51:49	00:05:11	00:51:39	00:05:10	00:08:53	00:15:09	00:26:00	00:33:17	00:44:28		VILAGARCÍA DE AROUSA
154	142	DORES	TORRADO ARES	F-19	MSBF-4	00:51:52	00:05:12	00:51:40	00:05:10	00:10:05	00:16:55	00:27:18	00:34:21	00:44:49	S.D. BARBANTIA RODA	BOIRO
155	211	RUBÉN	MONTÁNS REDONDO	M-136	SNM-37	00:52:02	00:05:13	00:51:43	00:05:11	00:10:49	00:17:51	00:28:52	00:36:28	00:45:40		MORAÑA
156	138	PATRICIA	BESADA ESPERÓN	F-20	SNF-7	00:52:18	00:05:14	00:52:06	00:05:13	00:10:42	00:17:42	00:28:12	00:35:13	00:45:33	S.D. BARBANTIA RODA	RIANXO
157	128	AGUSTÍN	PIÑEIRO CANDAMO	M-137	MSAM-28	00:52:20	00:05:14	00:52:09	00:05:13	00:09:31	00:16:16	00:26:59	00:34:18	00:45:17	CLUBE DE ATLETISMO SERRES RUNNERS	VILANOVA DE AROUSA
158	231	IGNACIO	RODRIGUEZ ALARCON	M-138	MSBM-43	00:52:25	00:05:15	00:52:13	00:05:14	00:09:37	00:16:19	00:26:40	00:33:54	00:44:58		MADRID
159	182	BORJA	FRESCO AMEIJERAS	M-139	MSBM-44	00:52:33	00:05:16	00:52:19	00:05:14	00:09:49	00:16:35	00:27:13	00:34:31	00:45:42		VILAGARCÍA DE AROUSA
160	65	JOSE	GÓMEZ BIOQUE	M-140	MSCM-25	00:52:34	00:05:16	00:52:18	00:05:14	00:10:54	00:18:00	00:28:24	00:35:19	00:45:39		CAMBADOS
161	130	PICU	NUÑEZ TORRADO	M-141	MSBM-45	00:52:34	00:05:16	00:52:20	00:05:14	00:09:44	00:16:08	00:25:57	00:34:09	00:45:43	CORTEGADA	VILAGARCÍA DE AROUSA
162	191	RUBEN	IGLESIAS	M-142	MSBM-46	00:52:53	00:05:18	00:52:36	00:05:16	00:10:38	00:17:40	00:28:15	00:35:15	00:45:48		BOQUEIXÓN
163	125	ANTONIO	RIERA CACHERO	M-143	MSCM-26	00:53:11	00:05:20	00:52:52	00:05:18	00:10:50	00:17:48	00:28:20	00:35:24	00:46:02	CLUB ESCOLA ATLETISMO DEZA	LALÍN
164	248	DANIEL	VÁZQUEZ SÁNCHEZ	M-144	MSAM-29	00:53:55	00:05:24	00:53:41	00:05:23	00:10:03	00:16:56	00:27:37	00:34:51	00:46:18		ORDES
165	189	PABLO	GONZÁLEZ RODRÍGUEZ	M-145	SNM-38	00:54:08	00:05:25	00:53:48	00:05:23	00:10:49	00:17:51	00:28:54	00:36:27	00:47:10		MORAÑA
166	103	NATALIA	CHEDAS PAZ	F-21	MSBF-5	00:54:22	00:05:27	00:54:09	00:05:25	00:11:08	00:18:39	00:29:39	00:36:51	00:47:21	AROUSA BIKE BTT	VILAGARCÍA DE AROUSA
167	104	DAVID	JANZA MARTÍNEZ	M-146	MSCM-27	00:54:22	00:05:27	00:54:09	00:05:25	00:11:08	00:20:01	00:29:40	00:36:51	00:47:21	AROUSA BIKE BTT	VILAGARCÍA DE AROUSA
168	83	ALEJO	RODRÍGUEZ CHORÉN	M-147	MSAM-30	00:54:23	00:05:27	00:54:05	00:05:25	00:10:50	00:18:13	00:29:34	00:36:58	00:47:39		VILAGARCÍA DE AROUSA
169	222	ALEX	PRADA	M-148	MSBM-47	00:54:45	00:05:29	00:54:22	00:05:27	00:11:55	00:19:39	00:30:20	00:37:26	00:47:54		VIGO
170	185	MANUEL ALBERTE	GARCIA GIRALDEZ	M-149	SNM-39	00:54:48	00:05:29	00:54:35	00:05:28	00:10:24	00:17:27	00:28:25	00:36:12	00:47:20		VILAGARCÍA DE AROUSA
171	102	YERISSA ELENA	RODRIGUEZ GARCIA	F-22	SNF-8	00:54:55	00:05:30	00:54:37	00:05:28	00:10:48	00:17:58	00:29:03	00:36:24	00:47:53	195METROS-ALTONALÓN	LANGREO
172	101	PABLO	MARTÍNEZ VÁZQUEZ	M-150	SNM-40	00:54:55	00:05:30	00:54:37	00:05:28	00:10:48	00:17:58	00:29:02	00:36:24	00:47:53	195METROS-ALTONALÓN	LANGREO
173	60	PAULA	CARREGAL SÖMME	F-23	SNF-9	00:55:15	00:05:32	00:55:04	00:05:31	00:10:17	00:17:20	00:28:24	00:36:03	00:47:32		CORUÑA (A)
174	58	EMILIO	BLANCO RODRÍGUEZ	M-151	MSCM-28	00:55:16	00:05:32	00:54:59	00:05:30	00:10:34	00:17:44	00:28:46	00:36:22	00:47:57		TEO
175	112	FERNANDO	BLANCO SILVA	M-152	MSBM-48	00:55:21	00:05:33	00:55:07	00:05:31	00:11:19	00:18:40	00:29:35	00:36:53	00:48:07	CABE	SANTIAGO DE COMPOSTELA
176	94	DANIEL	VILARIÑO VILLANUEVA	M-153	MSBM-49	00:55:43	00:05:35	00:55:28	00:05:33	00:10:18	00:17:18	00:28:17	00:35:50	00:48:12		OURENSE
177	210	SINGER 2	MILLAN FARO	M-154	MSAM-31	00:55:47	00:05:35	00:55:28	00:05:33	00:11:09	00:18:21	00:29:10	00:36:37	00:47:58		VILAGARCÍA DE AROUSA
178	68	SONIA	LEMONS CABRERA	F-24	MSBF-6	00:56:05	00:05:37	00:55:55	00:05:36	00:10:06	00:17:13	00:28:20	00:36:15	00:48:08		MEIS
179	160	DANIEL	BOUZAS GAGO	M-155	SNM-41	00:56:25	00:05:39	00:56:04	00:05:37	00:11:15	00:18:51	00:30:32	00:38:33	00:49:36		VILAGARCÍA DE AROUSA
180	184	MANUEL	GARCÍA DAPONTE	M-156	MSCM-29	00:56:27	00:05:39	00:56:13	00:05:38	00:10:43	00:18:19	00:29:45	00:37:21	00:48:56		VILAGARCÍA DE AROUSA
181	91	SUSANA	SOMME LÓPEZ	F-25	MSBF-7	00:56:57	00:05:42	00:56:46	00:05:41	00:10:40	00:18:15	00:29:38	00:37:18	00:49:00		CORUÑA (A)
182	241	SVEN	SCHNEIDER	M-157	MSBM-50	00:57:47	00:05:47	00:57:33	00:05:46	00:10:41	00:18:20	00:30:00	00:37:57	00:50:06		FRANFURT
183	29	MARIA JOSÉ	BRAGAÑA MIGUENS	F-26	MSBF-8	00:57:47	00:05:47	00:57:33	00:05:46	00:10:40	00:18:19	00:29:58	00:37:55	00:49:58	CLUBE ATLETISMO OUTES - JOHN TURKEY	BRIÓN
184	208	SUSANA	MIGUENS PIÑEIRO	F-27	MSBF-9	00:57:49	00:05:47	00:57:35	00:05:46	00:10:41	00:18:19	00:29:59	00:37:56	00:50:02		VILLAGARCIA
185	186	VANINA	GBIORCZYK	F-28	MSBF-10	00:57:52	00:05:48	00:57:42	00:05:47	00:11:41	00:19:29	00:31:11	00:39:05	00:50:35		TOULOUSE
186	202	SARA	MARTINEZ SANCHEZ	F-29	SNF-10	00:57:54	00:05:48	00:57:34	00:05:46	00:11:13	00:18:49	00:30:31	00:38:32	00:50:15		VALGA
187	88	ALBERTO	SANTIAGO ACUÑA	M-158	MSAM-32	00:58:07	00:05:49	00:57:50	00:05:47	00:10:50	00:18:13	00:29:37	00:37:25	00:49:20		VILAGARCÍA DE AROUSA
188	152	SILVIA	AYCART	F-30	MSAF-7	00:59:42	00:05:59	00:59:22	00:05:57	00:11:09	00:18:29	00:30:01	00:37:59	00:50:54		SANTIAGO DE COMPOSTELA
189	93	ANA MARÍA	VÁZQUEZ RIAL	F-31	MSCF-3	01:00:14	00:06:02	01:00:04	00:06:01	00:11:21	00:19:03	00:31:01	00:39:16	00:51:45		GONDOMAR
190	64	JOSÉ MANUEL	FERNÁNDEZ VIDAL	M-159	MSCM-30	01:00:15	00:06:02	01:00:06	00:06:01	00:11:20	00:19:02	00:31:01	00:39:16	00:51:45		GONDOMAR
191	113	JACKIEL ANTONIO	FERREIRA GONZÁLEZ	M-160	S23M-5	01:00:29	00:06:03	01:00:11	00:06:02	00:12:22	00:20:54	00:33:46	00:41:56	00:52:26	CB CIDADE DE LUGO	LUGO
192	224	PABLO	REGUERA PENA	M-161	S23M-6	01:01:19	00:06:08	01:01:02	00:06:07	00:12:22	00:20:54	00:33:46	00:41:56	00:53:19		OUTEIRO DE REI
193	166	GABRIEL	CASALDERREY CHIMENTI	M-162	MSAM-33	01:03:04	00:06:19	01:02:55	00:06:18	00:10:47	00:18:32	00:31:22	00:40:02	00:53:53		VILAGARCÍA DE AROUSA
194	150	EMILIANO GABRIEL	ANGELANI CASTRO	M-163	SNM-42	01:03:39	00:06:22	01:03:20	00:06:20	00:11:45	00:19:37	00:31:55	00:40:29	00:54:44		VILAGARCÍA DE AROUSA
195	175	XIAN	DIEGUES GUERRA	M-164	S18M-2	01:04:20	00:06:26	01:04:15	00:06:26	00:10:16	00:18:05	00:31:28	00:40:36	00:54:38		ESTRADA (A)
196	118	EVA	GIL RIVADULLA	F-32	S23F-1	01:04:20	00:06:26	01:04:15	00:06:26	00:10:16	00:18:05	00:31:28	00:40:36	00:54:38	CLUB ATLETISMO ESTRADA	ESTRADA (A)
197	196	MATEO	LÓPEZ ABELLA	M-165	S20M-2	01:06:08	00:06:37	01:05:51	00:06:36	00:12:26	00:20:57	00:34:02	00:43:15	00:57:16		LUGO
198	157	JESÚS	BIANCO	M-166	MSCM-31	01:06:25	00:06:39	01:05:59	00:06:36	00:12:46	00:21:25	00:34:55	00:44:08	00:57:37		SANXENXO
199	48	JOSÉ LUIS	VÁZQUEZ GUERRA	M-167	MSCM-32	01:07:01	00:06:43	01:06:41	00:06:41	00:12:56	00:21:15	00:34:28	00:43:54	00:57:54	TRAN-TRAN	VILAGARCÍA DE AROUSA
200	181	JOSE RAMON	FREIJEIRO OTERO	M-168	MSBM-51	01:11:59	00:07:12	01:10:22	00:07:03	00:13:55	00:23:10	00:37:46	00:47:53	01:02:30		SANXENXO
201	159	MARCO CONSTANTINO	BOO TORRES	M-169	MSBM-52	01:12:00	00:07:12	01:11:11	00:07:08	00:13:57	00:23:10	00:37:48	00:47:53	01:02:31		VILAGARCÍA DE AROUSA