

## XIV Nigrán Area

23.08.2025

Concello de Nigrán

Absoluta 5 km

11:00

## RESULTADOS OFICIAIS

| PTO | DORSAL | NOME                        | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA      | CLUBE                                   | SEXO | CATEGORÍA      |
|-----|--------|-----------------------------|-----------|-------|---------|-------|-------|--------------|-----------------------------------------|------|----------------|
| 1   | 238    | ANTÓN GÓMEZ GONZÁLEZ        | 1991      | 19:39 | 03:55   | 05:10 | 19:39 | GA9233       | REAL CLUB CELTA DE ATLETISMO            | M-1  | Sénior-1       |
| 2   | 167    | JAVIER PAREDES GONZÁLEZ     | 1979      | 19:45 | 03:57   | 05:09 | 19:45 | GA3744432    | CLUB OURENSE ATLETISMO                  | M-2  | Máster B-1     |
| 3   | 204    | ISMAEL LAGO MONROY          | 1985      | 20:04 | 04:00   | 05:11 | 20:04 | AG2018755    | SAN MIGUEL DE MARIN                     | M-3  | Máster A-1     |
| 4   | 239    | ALEJANDRO MONTERO LÓPEZ     | 1991      | 20:08 | 04:01   | 05:12 | 20:08 | TAG769633    | SOCIEDAD DEPORTIVA COMPOSTELA ATLETISMO | M-4  | Sénior-2       |
| 5   | 172    | JACI MELLO                  | 1979      | 20:21 | 04:04   | 05:10 | 20:21 | GA3777141ATS | CLUBE ATLETISMO BOIMORTO                | M-5  | Máster B-2     |
| 6   | 196    | ÓSCAR BERNARDEZ CARBALLO    | 1983      | 20:52 | 04:10   | 05:15 | 20:52 | GA765291     |                                         | M-6  | Máster A-2     |
| 7   | 141    | DARIO ARIAS COSTAS          | 1977      | 21:08 | 04:13   | 05:20 | 21:08 | GA1064       | ATHLETICS FISIOTERAPIA SAN LÁZARO       | M-7  | Máster B-3     |
| 8   | 114    | JOSÉ ANTONIO BURGOS REY     | 1973      | 21:10 | 04:14   | 05:24 | 21:10 | GA3745628ATS | SAN MIGUEL DE MARIN                     | M-8  | Máster B-4     |
| 9   | 289    | JOSE CUNHA                  | 2007      | 21:25 | 04:17   | 05:11 | 21:25 |              |                                         | M-9  | Sub-18-20-23-1 |
| 10  | 282    | HUGO CALVO CASTRO           | 2004      | 21:33 | 04:18   | 05:16 | 21:33 |              |                                         | M-10 | Sub-18-20-23-2 |
| 11  | 228    | ROBERTO GARRIDO PEREIRA     | 1988      | 21:36 | 04:19   | 05:30 | 21:36 | AG2026178    | ATHLETICS FISIOTERAPIA SAN LÁZARO       | M-11 | Máster A-3     |
| 12  | 296    | HUGO BERNARDEZ SABORIDO     | 2009      | 21:49 | 04:21   | 05:21 | 21:49 | 18800        |                                         | M-12 | Sub-18-20-23-3 |
| 13  | 221    | JACOBO ARMADA DIAZ          | 1988      | 21:54 | 04:22   | 05:22 | 21:54 |              |                                         | M-13 | Máster A-4     |
| 14  | 145    | ANTONIO LIEBANAS MENDEZ     | 1977      | 21:58 | 04:23   | 05:32 | 21:58 |              | ATLETISMO BAIONA                        | M-14 | Máster B-5     |
| 15  | 209    | GUILLERMO SAN RAMÓN ALLER   | 1985      | 22:01 | 04:24   | 05:34 | 22:01 |              |                                         | M-15 | Máster A-5     |
| 16  | 190    | BORJA PUERTA MARTINEZ       | 1982      | 22:04 | 04:24   | 05:38 | 22:04 | 77006809A    | ATLETISMO BAIONA                        | M-16 | Máster A-6     |
| 17  | 286    | XOSÉ CASTRO                 | 2006      | 22:04 | 04:24   | 05:24 | 22:04 |              |                                         | M-17 | Sub-18-20-23-4 |
| 18  | 126    | JORGE ALBORÉS MÍGUEZ        | 1975      | 22:13 | 04:26   | 05:40 | 22:13 |              | ATLETISMO BAIONA                        | M-18 | Máster B-6     |
| 19  | 142    | ELISEO FABELLO CID          | 1977      | 22:15 | 04:27   | 05:43 | 22:15 | 3705707      | ATLETISMO ARENTEIRO                     | M-19 | Máster B-7     |
| 20  | 206    | MIGUEL VILAR MIJÓN          | 1985      | 22:17 | 04:27   | 05:36 | 22:17 |              |                                         | M-20 | Máster A-7     |
| 21  | 253    | ADRIÁN FERNÁNDEZ PLATERO    | 1995      | 22:18 | 04:27   | 05:09 | 22:18 |              |                                         | M-21 | Sénior-3       |
| 22  | 191    | KIKE PÉREZ CONDE            | 1982      | 22:23 | 04:28   | 05:44 | 22:23 |              | GMTA CHUVONERS                          | M-22 | Máster A-8     |
| 23  | 125    | JESUS LORENZANA MEIRE       | 1975      | 22:26 | 04:29   | 05:38 | 22:26 |              | ADN RUNNERS-TELMO PELUQUEROS FC         | M-23 | Máster B-8     |
| 24  | 144    | RUBEN PEREIRA CARDALDA      | 1977      | 22:33 | 04:30   | 05:54 | 22:33 | GA724245     | ATHLETICS FISIOTERAPIA SAN LÁZARO       | M-24 | Máster B-9     |
| 25  | 285    | MIGUEL LÓPEZ ALONSO         | 2005      | 22:34 | 04:30   | 05:38 | 22:34 | GA1453       | COMESAÑA SPORTING CLUB                  | M-25 | Sub-18-20-23-5 |
| 26  | 160    | CARLOS GARCIA PEREZ         | 1978      | 22:52 | 04:34   | 05:56 | 22:52 |              |                                         | M-26 | Máster B-10    |
| 27  | 175    | EMILIO JOSE GARRIDO SOBRINO | 1980      | 22:53 | 04:34   | 05:55 | 22:53 |              | CLUB DEPORTIVO LA PURISIMA              | M-27 | Máster B-11    |
| 28  | 201    | DAVID LÓPEZ GARRIDO         | 1984      | 22:57 | 04:35   | 05:55 | 22:57 |              |                                         | M-28 | Máster A-9     |
| 29  | 275    | PABLO LÓPEZ ALONSO          | 2001      | 23:11 | 04:38   | 05:51 | 23:11 |              |                                         | M-29 | Sénior-4       |
| 30  | 168    | JUAN ENRIQUE LÓPEZ VÁZQUEZ  | 1979      | 23:17 | 04:39   | 05:52 | 23:17 |              |                                         | M-30 | Máster B-12    |
| 31  | 188    | JACOBO PONLLA ENCINAS       | 1982      | 23:21 | 04:40   | 05:41 | 23:21 |              |                                         | M-31 | Máster A-10    |

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| PTO | DORSAL | NOME                           | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA      | CLUBE                             | SEXO | CATEGORÍA       |
|-----|--------|--------------------------------|-----------|-------|---------|-------|-------|--------------|-----------------------------------|------|-----------------|
| 32  | 288    | MARCO AFONSO                   | 2007      | 23:21 | 04:40   | 05:41 | 23:21 |              |                                   | M-32 | Sub-18-20-23-6  |
| 33  | 276    | ALEJANDRO CAMPOS CRESPO        | 2002      | 23:22 | 04:40   | 06:03 | 23:22 |              |                                   | M-33 | Sénior-5        |
| 34  | 163    | HÉCTOR CADAVID VILLANUEVA      | 1978      | 23:25 | 04:41   | 05:42 | 23:25 |              |                                   | M-34 | Máster B-13     |
| 35  | 269    | JAVIER VÁZQUEZ QUINTANA        | 1999      | 23:28 | 04:41   | 05:50 | 23:28 |              |                                   | M-35 | Sénior-6        |
| 36  | 81     | CARLOS ALVES                   | 1964      | 23:35 | 04:43   | 05:46 | 23:35 |              |                                   | M-36 | Máster C-1      |
| 37  | 178    | LUIS ENRIQUE MARTÍNEZ COMESAÑA | 1980      | 23:51 | 04:46   | 05:58 | 23:51 |              | TORREÑOS                          | M-37 | Máster B-14     |
| 38  | 152    | JOAO AFONSO                    | 1977      | 23:54 | 04:46   | 05:42 | 23:54 |              |                                   | M-38 | Máster B-15     |
| 39  | 235    | MANOEL UCHA DÍAZ               | 1990      | 24:00 | 04:48   | 05:54 | 24:00 |              |                                   | M-39 | Sénior-7        |
| 40  | 164    | ÓSCAR COUCE SENRA              | 1979      | 24:01 | 04:48   | 06:03 | 24:01 |              |                                   | M-40 | Máster B-16     |
| 41  | 173    | JOSE CARLOS ALONSO ÁLVAREZ     | 1979      | 24:19 | 04:51   | 06:07 | 24:19 | GA3811244    |                                   | M-41 | Máster B-17     |
| 42  | 241    | PABLO MINAYO FERRERUELA        | 1992      | 24:21 | 04:52   | 05:57 | 24:21 |              |                                   | M-42 | Sénior-8        |
| 43  | 119    | EDUARDO ARIAS                  | 1974      | 24:23 | 04:52   | 06:08 | 24:23 | GA3694523ATS | ATHLETICS FISIOTERAPIA SAN LÁZARO | M-43 | Máster B-18     |
| 44  | 182    | DAVID FERNÁNDEZ GRADÍN         | 1981      | 24:25 | 04:53   | 06:03 | 24:25 |              | CIBUS                             | M-44 | Máster A-11     |
| 45  | 86     | FERNANDO MARTÍN RODRIGUEZ      | 1965      | 24:39 | 04:55   | 06:25 | 24:39 |              | CORREDORES DO MIÑO                | M-45 | Máster C-2      |
| 46  | 193    | JOSE FERNANDO PEREIRA IGLESIAS | 1983      | 24:40 | 04:56   | 06:03 | 24:40 |              |                                   | M-46 | Máster A-12     |
| 47  | 232    | DAMIÁN LÓPEZ GARRIDO           | 1990      | 24:44 | 04:56   | 06:14 | 24:44 |              |                                   | M-47 | Máster A-13     |
| 48  | 249    | FABIO PEDRIDO REBER            | 1994      | 24:45 | 04:57   | 06:16 | 24:45 |              |                                   | M-48 | Sénior-9        |
| 49  | 136    | JESÚS MARÍA SANROMÁN MARCOTE   | 1976      | 24:47 | 04:57   | 06:46 | 24:47 |              | RUNGALICIA INTERSPORT             | M-49 | Máster B-19     |
| 50  | 161    | PABLO DÍAZ LÓPEZ               | 1978      | 24:47 | 04:57   | 06:46 | 24:47 |              | RUNGALICIA INTERSPORT             | M-50 | Máster B-20     |
| 51  | 295    | ÓSCAR REFOJOS GONZÁLEZ         | 2009      | 24:51 | 04:58   | 05:57 | 24:51 |              |                                   | M-51 | Sub-18-20-23-7  |
| 52  | 137    | RAMON PEREZ OLIVAN             | 1976      | 24:53 | 04:58   | 06:30 | 24:53 |              |                                   | M-52 | Máster B-21     |
| 53  | 297    | JAVIER BRAGADO MARTÍN          | 2009      | 24:54 | 04:58   | 05:57 | 24:54 |              |                                   | M-53 | Sub-18-20-23-8  |
| 54  | 6      | JULIA VAQUERO SOUSA            | 1970      | 24:57 | 04:59   | 06:04 | 24:57 | GA3816003ANS | CLUB ATLETISMO VETERANOS DE SAMIL | F-1  | Máster B-1      |
| 55  | 291    | ANTÓN FREIRÍA MARTÍNEZ         | 2007      | 25:00 | 05:00   | 05:56 | 25:00 |              |                                   | M-54 | Sub-18-20-23-9  |
| 56  | 157    | JULIO MOSQUERA GONZÁLEZ        | 1978      | 25:04 | 05:00   | 06:18 | 25:04 |              |                                   | M-55 | Máster B-22     |
| 57  | 255    | JUAN RIVERO GAVARRÓN           | 1995      | 25:05 | 05:01   | 05:54 | 25:05 |              |                                   | M-56 | Sénior-10       |
| 58  | 57     | LUCÍA COUSO CASTRO             | 2000      | 25:07 | 05:01   | 06:12 | 25:07 |              | SOCIEDAD GIMNASTICA DE PONTEVEDRA | F-2  | Sénior-1        |
| 59  | 187    | IGNACIO DOMÍNGUEZ PRADO        | 1982      | 25:10 | 05:02   | 06:22 | 25:10 |              | BIENPREPARAOS                     | M-57 | Máster A-14     |
| 60  | 298    | GERARDO ELICES MUÑOZ DE DIOS   | 2009      | 25:10 | 05:02   | 06:26 | 25:10 |              |                                   | M-58 | Sub-18-20-23-10 |
| 61  | 194    | ALEJANDRO ALFAYA PEREIRA       | 1983      | 25:12 | 05:02   | 06:05 | 25:12 |              | ATLETISMO BAIONA                  | M-59 | Máster A-15     |
| 62  | 217    | DIEGO LOPEZ GARRIDO            | 1987      | 25:22 | 05:04   | 06:11 | 25:22 |              |                                   | M-60 | Máster A-16     |

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| PTO | DORSAL | NOME                            | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA      | CLUBE                             | SEXO | CATEGORÍA       |
|-----|--------|---------------------------------|-----------|-------|---------|-------|-------|--------------|-----------------------------------|------|-----------------|
| 63  | 284    | FRANCISCO JAVIER MARTÍN ESTÉVEZ | 2005      | 25:24 | 05:04   | 06:15 | 25:24 |              |                                   | M-61 | Sub-18-20-23-11 |
| 64  | 148    | YAGO GEFAELL BORRÁS             | 1977      | 25:25 | 05:05   | 06:40 | 25:25 |              |                                   | M-62 | Máster B-23     |
| 65  | 94     | JOSE VÁZQUEZ FERNÁNDEZ          | 1968      | 25:29 | 05:05   | 06:14 | 25:29 | 3772121      | CD LA PURÍSIMA                    | M-63 | Máster C-3      |
| 66  | 278    | JOSÉ OTTO STEIN                 | 2003      | 25:37 | 05:07   | 06:18 | 25:37 |              |                                   | M-64 | Sub-18-20-23-12 |
| 67  | 99     | ISAAC MARTINEZ CHOUZA           | 1969      | 25:37 | 05:07   | 06:12 | 25:37 |              |                                   | M-65 | Máster C-4      |
| 68  | 150    | SERGIO HERRERÍA ALONSO          | 1977      | 25:38 | 05:07   | 06:45 | 25:38 | GA2023278    | CLUB OURENSE ATLETISMO            | M-66 | Máster B-24     |
| 69  | 123    | JOSE CASTRO LÓPEZ               | 1975      | 25:41 | 05:08   | 06:08 | 25:41 |              |                                   | M-67 | Máster B-25     |
| 70  | 292    | ALBERTE CASTRO                  | 2008      | 25:41 | 05:08   | 06:10 | 25:41 |              |                                   | M-68 | Sub-18-20-23-13 |
| 71  | 244    | IAGO VÁZQUEZ FREIRE             | 1993      | 25:41 | 05:08   | 06:37 | 25:41 |              |                                   | M-69 | Sénior-11       |
| 72  | 59     | CATUXA FERNANDEZ BUSTILLO       | 2001      | 25:45 | 05:09   | 06:33 | 25:45 |              |                                   | F-3  | Sénior-2        |
| 73  | 109    | GUILLE PEITEADO RUIZ            | 1972      | 25:48 | 05:09   | 06:30 | 25:48 |              | ATHLETICS FISIOTERAPIA SAN LÁZARO | M-70 | Máster B-26     |
| 74  | 214    | IVÁN GARCÍA IGLESIAS            | 1987      | 25:54 | 05:10   | 06:29 | 25:54 |              |                                   | M-71 | Máster A-17     |
| 75  | 701    | MARTIÑO FERNÁNDEZ BUSTILLO      | 1998      | 25:56 | 05:11   | 06:39 | 25:56 |              |                                   | M-72 | Sénior-12       |
| 76  | 140    | GONZALO GONZÁLEZ RODRÍGUEZ      | 1977      | 25:58 | 05:11   | 06:40 | 25:58 |              |                                   | M-73 | Máster B-27     |
| 77  | 106    | GERMAN PÉREZ JUSTE              | 1971      | 26:01 | 05:12   | 06:36 | 26:01 |              |                                   | M-74 | Máster B-28     |
| 78  | 122    | ÁNGEL FERNÁNDEZ VILA            | 1975      | 26:01 | 05:12   | 06:30 | 26:01 |              |                                   | M-75 | Máster B-29     |
| 79  | 293    | GUIDO STEIN                     | 2008      | 26:05 | 05:13   | 06:36 | 26:05 |              |                                   | M-76 | Sub-18-20-23-14 |
| 80  | 120    | SERGIO GARCIA ACON              | 1975      | 26:06 | 05:13   | 06:23 | 26:06 |              |                                   | M-77 | Máster B-30     |
| 81  | 230    | LUIS COMESAÑA                   | 1989      | 26:09 | 05:13   | 06:31 | 26:09 |              | ATHLETICS FISIOTERAPIA SAN LÁZARO | M-78 | Máster A-18     |
| 82  | 31     | ROCÍO RODRIGUEZ OLIVEIRA        | 1983      | 26:10 | 05:14   | 06:30 | 26:10 | GA551        | ATHLETICS FISIOTERAPIA SAN LÁZARO | F-4  | Máster A-1      |
| 83  | 266    | ALEJANDRO RODRÍGUEZ CARAMÉS     | 1998      | 26:19 | 05:15   | 06:43 | 26:19 |              |                                   | M-79 | Sénior-13       |
| 84  | 112    | FRANCISCO FERNANDEZ TRONCOSO    | 1972      | 26:22 | 05:16   | 06:30 | 26:22 |              |                                   | M-80 | Máster B-31     |
| 85  | 88     | JOSÉ MARÍA LEVOSO TOUCEDA       | 1968      | 26:23 | 05:16   | 06:25 | 26:23 | GA3698512ATS | ESPRINTES OURENSE                 | M-81 | Máster C-5      |
| 86  | 219    | ARTURO GARCIA DENGRA            | 1987      | 26:27 | 05:17   | 06:37 | 26:27 |              | ESCONDITE                         | M-82 | Máster A-19     |
| 87  | 258    | OSCAR MARTIN-GRANIZO            | 1997      | 26:29 | 05:17   | 06:35 | 26:29 |              |                                   | M-83 | Sénior-14       |
| 88  | 211    | DANIEL SOTELO LORENZO           | 1986      | 26:30 | 05:18   | 06:39 | 26:30 |              | OS EIDOS TRAIL TEAM               | M-84 | Máster A-20     |
| 89  | 199    | PABLO ALBERTO HERRERAS HERRERAS | 1984      | 26:33 | 05:18   | 07:12 | 26:33 |              |                                   | M-85 | Máster A-21     |
| 90  | 89     | ANDRÉS ÁLVAREZ                  | 1968      | 26:38 | 05:19   | 06:37 | 26:38 |              | IMAXINATEA ESCOLA DE TEATRO       | M-86 | Máster C-6      |
| 91  | 259    | TOMÁS VÁZQUEZ PADÍN             | 1997      | 26:40 | 05:20   | 06:49 | 26:40 |              |                                   | M-87 | Sénior-15       |
| 92  | 261    | PABLO BARREIRO VIDAL            | 1997      | 26:40 | 05:20   | 06:49 | 26:40 |              |                                   | M-88 | Sénior-16       |
| 93  | 294    | ANXO ALFONSO PRESA              | 2008      | 26:43 | 05:20   | 06:17 | 26:43 |              |                                   | M-89 | Sub-18-20-23-15 |

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| PTO | DORSAL | NOME                            | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA      | CLUBE                                 | SEXO  | CATEGORÍA   |
|-----|--------|---------------------------------|-----------|-------|---------|-------|-------|--------------|---------------------------------------|-------|-------------|
| 94  | 50     | VERÓNICA GARCÍA-MUÑOZ REGUERA   | 1992      | 26:45 | 05:21   | 06:52 | 26:45 |              |                                       | F-5   | Sénior-3    |
| 95  | 37     | VICTORIA MOREU                  | 1984      | 26:45 | 05:21   | 06:25 | 26:45 | 39452389Y    |                                       | F-6   | Máster A-2  |
| 96  | 222    | VICTOR PEDRUELO BRAGADO         | 1988      | 26:45 | 05:21   | 06:53 | 26:45 |              |                                       | M-90  | Máster A-22 |
| 97  | 237    | RICARDO GARCIA DENGRA           | 1991      | 26:48 | 05:21   | 06:45 | 26:48 |              | ESCONDITE                             | M-91  | Sénior-17   |
| 98  | 183    | JESÚS FERNÁNDEZ GÓMEZ           | 1981      | 26:51 | 05:22   | 06:36 | 26:51 |              |                                       | M-92  | Máster A-23 |
| 99  | 149    | JORGE CORREIA                   | 1977      | 26:52 | 05:22   | 06:32 | 26:52 |              | AD NÓS ACREDITAMOS                    | M-93  | Máster B-32 |
| 100 | 10     | ELENA RIBEIRO FREIRE            | 1973      | 26:53 | 05:22   | 06:52 | 26:53 | GA3791974ATC |                                       | F-7   | Máster B-2  |
| 101 | 116    | CARLOS ARIAS CRESPO             | 1973      | 26:56 | 05:23   | 06:49 | 26:56 |              | A.D. MARATHON                         | M-94  | Máster B-33 |
| 102 | 260    | FACUNDO SILVA PACKEBUSCH        | 1997      | 26:58 | 05:23   | 06:35 | 26:58 |              |                                       | M-95  | Sénior-18   |
| 103 | 203    | JOSE MANUEL ROZAS NUÑEZ         | 1984      | 26:59 | 05:23   | 07:04 | 26:59 |              | ASOCIACION CULTURAL DEPORTIVA A PIRIM | M-96  | Máster A-24 |
| 104 | 247    | JESÚS MARTINÓN MARTÍNEZ         | 1994      | 27:00 | 05:24   | 07:08 | 27:00 |              |                                       | M-97  | Sénior-19   |
| 105 | 166    | CARLOS PAREDES GONZÁLEZ         | 1979      | 27:06 | 05:25   | 07:05 | 27:06 |              |                                       | M-98  | Máster B-34 |
| 106 | 153    | FERMIN PERALBA PENEDO           | 1977      | 27:07 | 05:25   | 06:56 | 27:07 |              |                                       | M-99  | Máster B-35 |
| 107 | 128    | ALFONSO ALONSO PRADO            | 1975      | 27:13 | 05:26   | 05:05 | 27:13 |              |                                       | M-100 | Máster B-36 |
| 108 | 268    | ALBERTO GARRIDO SEOANE          | 1999      | 27:15 | 05:27   | 07:11 | 27:15 |              |                                       | M-101 | Sénior-20   |
| 109 | 218    | ANDONI GARRIDO RODRIGUEZ        | 1987      | 27:22 | 05:28   | 07:02 | 27:22 |              |                                       | M-102 | Máster A-25 |
| 110 | 95     | ANTONIO DE LA CRUZ DE LA ROSA   | 1968      | 27:24 | 05:28   | 07:01 | 27:24 |              |                                       | M-103 | Máster C-7  |
| 111 | 171    | LUIS ALONSO CARRIEDO            | 1979      | 27:27 | 05:29   | 07:23 | 27:27 |              |                                       | M-104 | Máster B-37 |
| 112 | 251    | ROMÁN ZABALETA REIMÚNDEZ        | 1995      | 27:28 | 05:29   | 07:11 | 27:28 |              |                                       | M-105 | Sénior-21   |
| 113 | 202    | MANUEL FIDALGO CABALEIRO        | 1984      | 27:34 | 05:30   | 07:20 | 27:34 |              |                                       | M-106 | Máster A-26 |
| 114 | 186    | OIER EZIOLAZA REZABAL           | 1982      | 27:35 | 05:31   | 07:02 | 27:35 |              |                                       | M-107 | Máster A-27 |
| 115 | 236    | DAVID TABOADA                   | 1990      | 27:37 | 05:31   | 06:53 | 27:37 |              | RUNNING LUSEKELO                      | M-108 | Sénior-22   |
| 116 | 117    | MIGUEL ANGEL PARDAVILA IGLESIAS | 1973      | 27:51 | 05:34   | 07:34 | 27:51 |              |                                       | M-109 | Máster B-38 |
| 117 | 242    | DAVID ALVAREZ MARTINEZ          | 1992      | 27:55 | 05:35   | 07:07 | 27:55 |              |                                       | M-110 | Sénior-23   |
| 118 | 131    | JAVIER PAGÉS MACHO              | 1976      | 27:55 | 05:35   | 06:38 | 27:55 |              |                                       | M-111 | Máster B-39 |
| 119 | 72     | RAMIRO TABOADA GONZALEZ         | 1962      | 27:59 | 05:35   | 07:08 | 27:59 |              | RUNNING LUSEKELO                      | M-112 | Máster C-8  |
| 120 | 248    | MARTÍN LIZ DOMÍNGUEZ            | 1994      | 28:03 | 05:36   | 07:14 | 28:03 |              |                                       | M-113 | Sénior-24   |
| 121 | 246    | SAMUEL COSTAS ABALDE            | 1994      | 28:10 | 05:38   | 06:52 | 28:10 |              |                                       | M-114 | Sénior-25   |
| 122 | 151    | ÁLVARO DASILVA LORENZO          | 1977      | 28:13 | 05:38   | 06:49 | 28:13 |              | ATLETISMO BAIONA                      | M-115 | Máster B-40 |
| 123 | 13     | EMILIA VIDAL LORENZO            | 1977      | 28:14 | 05:38   | 07:14 | 28:14 |              | MAIS QUE AUGA                         | F-8   | Máster B-3  |
| 124 | 146    | RENÉ CHAMORRO REFOJOS           | 1977      | 28:21 | 05:40   | 06:39 | 28:21 |              |                                       | M-116 | Máster B-41 |

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Absoluta 5 km

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## RESULTADOS OFICIAIS

| PTO | DORSAL | NOME                           | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA | CLUBE                | SEXO  | CATEGORÍA       |
|-----|--------|--------------------------------|-----------|-------|---------|-------|-------|---------|----------------------|-------|-----------------|
| 125 | 280    | ADRIÁN VÁZQUEZ VELASCO         | 2004      | 28:28 | 05:41   | 07:05 | 28:28 |         |                      | M-117 | Sub-18-20-23-16 |
| 126 | 127    | DAVID ALFONSO GIRALDEZ         | 1975      | 28:29 | 05:41   | 06:47 | 28:29 |         |                      | M-118 | Máster B-42     |
| 127 | 66     | FERNANDO DE LEANDRO GALLARDO   | 1956      | 28:35 | 05:43   | 07:14 | 28:35 |         |                      | M-119 | Máster C-9      |
| 128 | 132    | ANTONIO FERNÁNDEZ TRONCOSO     | 1976      | 28:44 | 05:44   | 07:31 | 28:44 |         |                      | M-120 | Máster B-43     |
| 129 | 96     | DITO VILLANUEVA AREAL          | 1969      | 28:47 | 05:45   | 07:28 | 28:47 |         | RUNNING LUSEKELO     | M-121 | Máster C-10     |
| 130 | 71     | ALBERTO VIDEIRA CORREA         | 1962      | 28:47 | 05:45   | 07:28 | 28:47 |         | RUNNING LUSEKELO     | M-122 | Máster C-11     |
| 131 | 16     | SUSANA MARTÍNEZ RÚA            | 1978      | 28:49 | 05:45   | 07:01 | 28:49 |         |                      | F-9   | Máster B-4      |
| 132 | 73     | JOSÉ LUIS SIMOES FERNÁNDEZ     | 1962      | 29:05 | 05:49   | 07:06 | 29:05 | AG8716  | C.A.R. MARISQUEIRO   | M-123 | Máster C-12     |
| 133 | 262    | SERGIO RODRÍGUEZ GONZÁLEZ      | 1998      | 29:15 | 05:51   | 08:04 | 29:15 |         |                      | M-124 | Sénior-26       |
| 134 | 134    | JUAN KUTZ AZQUETA              | 1976      | 29:28 | 05:53   | 07:10 | 29:28 |         |                      | M-125 | Máster B-44     |
| 135 | 47     | CARLOTA SANROMAN               | 1991      | 29:39 | 05:55   | 07:15 | 29:39 |         | CDM VÉRTICE          | F-10  | Sénior-4        |
| 136 | 143    | ELENA SÁNCHEZ DOMÍNGUEZ        | 1977      | 29:43 | 05:56   | 07:36 | 29:43 |         |                      | F-11  | Máster B-5      |
| 137 | 195    | TIAGO DA SILVA PALHARES        | 1983      | 29:47 | 05:57   | 07:26 | 29:47 |         |                      | M-126 | Máster A-28     |
| 138 | 281    | JORGE DOMATO PIÑEIRO           | 2004      | 29:53 | 05:58   | 07:56 | 29:53 |         |                      | M-127 | Sub-18-20-23-17 |
| 139 | 277    | ADRIÁN DÍAZ LUSQUIÑOS          | 2002      | 29:53 | 05:58   | 07:57 | 29:53 |         |                      | M-128 | Sénior-27       |
| 140 | 64     | MANUEL KARAMES                 | 1955      | 29:53 | 05:58   | 07:19 | 29:53 |         | TRIATLON PORRIÑO     | M-129 | Máster C-13     |
| 141 | 156    | LUIS MANUEL RODRIGUEZ IGLESIAS | 1978      | 29:54 | 05:58   | 07:58 | 29:54 |         |                      | M-130 | Máster B-45     |
| 142 | 75     | SANTIAGO LEDO MARTINEZ         | 1963      | 29:55 | 05:59   | 08:01 | 29:55 |         |                      | M-131 | Máster C-14     |
| 143 | 98     | JESUS RANZ COLINO              | 1969      | 29:55 | 05:59   | 07:22 | 29:55 |         | CLUB MARATON BADAJOZ | M-132 | Máster C-15     |
| 144 | 273    | JUAN SANZ RANZ                 | 2001      | 29:55 | 05:59   | 07:21 | 29:55 |         |                      | M-133 | Sénior-28       |
| 145 | 108    | DANIEL CRUCES ALVAREZ          | 1972      | 30:02 | 06:00   | 07:59 | 30:02 |         |                      | M-134 | Máster B-46     |
| 146 | 80     | JOSE FEIJOO PRADO              | 1963      | 30:08 | 06:01   | 07:14 | 30:08 |         |                      | M-135 | Máster C-16     |
| 147 | 87     | JOSE RAMÓN ALONSO POSADA       | 1967      | 30:09 | 06:01   | 07:42 | 30:09 |         |                      | M-136 | Máster C-17     |
| 148 | 179    | ALEJANDRO HERMIDA RODRÍGUEZ    | 1980      | 30:18 | 06:03   | 08:00 | 30:18 |         |                      | M-137 | Máster A-29     |
| 149 | 181    | JORGE GUITIAN DELTEKK          | 1981      | 30:18 | 06:03   | 08:00 | 30:18 |         |                      | M-138 | Máster A-30     |
| 150 | 226    | DIEGO ALVAREZ PEREZ            | 1988      | 30:40 | 06:08   | 07:09 | 30:40 |         |                      | M-139 | Máster A-31     |
| 151 | 265    | ENRIQUE LAGO SANCHEZ           | 1998      | 30:45 | 06:09   | 07:30 | 30:45 |         |                      | M-140 | Sénior-29       |
| 152 | 231    | ÓSCAR POUSADELA PEREIRA        | 1990      | 30:47 | 06:09   | 07:36 | 30:47 |         |                      | M-141 | Máster A-32     |
| 153 | 83     | FÉLIX MARTÍNEZ MEIS            | 1964      | 30:49 | 06:09   | 07:39 | 30:49 |         |                      | M-142 | Máster C-18     |
| 154 | 263    | NÉSTOR TEIXEIRO GARRIDO        | 1998      | 30:54 | 06:10   | 08:56 | 30:54 |         |                      | M-143 | Sénior-30       |
| 155 | 234    | ÁLVARO ZORITA BUITRAGO         | 1990      | 31:11 | 06:14   | 08:25 | 31:11 |         |                      | M-144 | Máster A-33     |

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Absoluta 5 km

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## RESULTADOS OFICIAIS

| PTO | DORSAL | NOME                              | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA | CLUBE                      | SEXO  | CATEGORÍA       |
|-----|--------|-----------------------------------|-----------|-------|---------|-------|-------|---------|----------------------------|-------|-----------------|
| 156 | 174    | ALEJANDRO SEBASTIAN LAGO          | 1979      | 31:11 | 06:14   | 08:03 | 31:11 |         |                            | M-145 | Máster B-47     |
| 157 | 101    | JOSE MANUEL FERNÁNDEZ VIDAL       | 1969      | 31:12 | 06:14   | 08:06 | 31:12 |         |                            | M-146 | Máster C-19     |
| 158 | 170    | ALBERTO ALCALDE GIRÁLDEZ          | 1979      | 31:12 | 06:14   | 08:19 | 31:12 |         |                            | M-147 | Máster B-48     |
| 159 | 54     | ALICIA STEIN GONZÁLEZ             | 1998      | 31:15 | 06:15   | 07:55 | 31:15 |         |                            | F-12  | Sénior-5        |
| 160 | 27     | CRISTINA MINGO                    | 1982      | 31:18 | 06:15   | 08:08 | 31:18 |         |                            | F-13  | Máster A-3      |
| 161 | 197    | JUAN JOSÉ IGLESIAS CADERNO        | 1983      | 31:18 | 06:15   | 07:58 | 31:18 |         | JARTY&BRENLY               | M-148 | Máster A-34     |
| 162 | 32     | CELIA ADRIÁN RODRÍGUEZ            | 1983      | 31:18 | 06:15   | 07:58 | 31:18 |         | JARTY&BRENLY               | F-14  | Máster A-4      |
| 163 | 7      | OLIMPIA ÁLVAREZ CASTRO            | 1971      | 31:25 | 06:17   | 08:16 | 31:25 |         |                            | F-15  | Máster B-6      |
| 164 | 79     | PABLO MARTINEZ SOTO               | 1963      | 31:27 | 06:17   | 08:10 | 31:27 |         |                            | M-149 | Máster C-20     |
| 165 | 189    | SERGIO PEREIRA GINET              | 1982      | 31:31 | 06:18   | 07:41 | 31:31 |         |                            | M-150 | Máster A-35     |
| 166 | 85     | JOSE IGNACIO MIGUEZ GOCE          | 1965      | 31:33 | 06:18   | 08:14 | 31:33 |         |                            | M-151 | Máster C-21     |
| 167 | 192    | JAVIER LAGO CERQUEIRA             | 1983      | 31:46 | 06:21   | 07:59 | 31:46 |         |                            | M-152 | Máster A-36     |
| 168 | 283    | PEDRO GARCÍA CASTIÑEIRAS          | 2004      | 31:47 | 06:21   | 07:48 | 31:47 |         |                            | M-153 | Sub-18-20-23-18 |
| 169 | 290    | PABLO CRUCES FERREIRA             | 2007      | 31:48 | 06:21   | 07:09 | 31:48 |         |                            | M-154 | Sub-18-20-23-19 |
| 170 | 2      | PILAR FERNÁNDEZ LÓPEZ             | 1967      | 31:50 | 06:22   | 07:45 | 31:50 |         |                            | F-16  | Máster C-1      |
| 171 | 233    | FERNANDO BORRAJO QUINTAS          | 1990      | 31:53 | 06:22   | 08:01 | 31:53 |         |                            | M-155 | Máster A-37     |
| 172 | 257    | DANIEL PÉREZ FERNÁNDEZ            | 1997      | 31:56 | 06:23   | 08:39 | 31:56 |         |                            | M-156 | Sénior-31       |
| 173 | 28     | GENO GÓMEZ ANTÓN                  | 1982      | 31:58 | 06:23   | 08:48 | 31:58 |         |                            | F-17  | Máster A-5      |
| 174 | 70     | MANUEL FIDALGO IGLESIAS           | 1962      | 32:10 | 06:26   | 08:47 | 32:10 |         |                            | M-157 | Máster C-22     |
| 175 | 93     | CARLOS GONZÁLEZ OPPENHEIM         | 1968      | 32:13 | 06:26   | 08:13 | 32:13 |         |                            | M-158 | Máster C-23     |
| 176 | 82     | JOSÉ MANUEL GONZÁLEZ GONZÁLEZ     | 1964      | 32:14 | 06:26   | 07:51 | 32:14 |         |                            | M-159 | Máster C-24     |
| 177 | 9      | MARÍA ESTRELLA FERRO IGLESIAS     | 1971      | 32:17 | 06:27   | 08:15 | 32:17 |         | CLUB DEPORTIVO LA PURISIMA | F-18  | Máster B-7      |
| 178 | 155    | ALFONSO JOSÉ RIVEIRO CABALEIRO    | 1978      | 32:22 | 06:28   | 07:43 | 32:22 |         |                            | M-160 | Máster B-49     |
| 179 | 264    | DAVID RODRÍGUEZ BARBOSA           | 1998      | 32:26 | 06:29   | 08:24 | 32:26 |         |                            | M-161 | Sénior-32       |
| 180 | 56     | LUISA STEIN                       | 2000      | 32:28 | 06:29   | 07:55 | 32:28 |         |                            | F-19  | Sénior-6        |
| 181 | 133    | PABLO VELOSO ALONSO               | 1976      | 32:33 | 06:30   | 07:58 | 32:33 |         |                            | M-162 | Máster B-50     |
| 182 | 159    | EDUARDO FERNÁNDEZ RODRÍGUEZ       | 1978      | 32:35 | 06:31   | 08:36 | 32:35 |         |                            | M-163 | Máster B-51     |
| 183 | 77     | JOSE CARLOS SANTIAGO CAMERON WALK | 1963      | 32:35 | 06:31   | 08:50 | 32:35 |         |                            | M-164 | Máster C-25     |
| 184 | 68     | TOMÁS PÉREZ PINTO                 | 1958      | 32:36 | 06:31   | 08:27 | 32:36 |         |                            | M-165 | Máster C-26     |
| 185 | 5      | MARIA BUSTILLO CASADO             | 1970      | 32:37 | 06:31   | 08:15 | 32:37 |         |                            | F-20  | Máster C-2      |
| 186 | 23     | ELENA LARA ARENAS                 | 1980      | 32:41 | 06:32   | 08:34 | 32:41 |         |                            | F-21  | Máster B-8      |

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11:00

## RESULTADOS OFICIAIS

| PTO | DORSAL | NOME                              | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA   | CLUBE             | SEXO  | CATEGORÍA      |
|-----|--------|-----------------------------------|-----------|-------|---------|-------|-------|-----------|-------------------|-------|----------------|
| 187 | 26     | CARLA PÉREZ PÉREZ                 | 1981      | 32:46 | 06:33   | 08:19 | 32:46 |           |                   | F-22  | Máster A-6     |
| 188 | 223    | ADRIÁN BARREIRO GONZÁLEZ          | 1988      | 32:48 | 06:33   | 08:18 | 32:48 |           |                   | M-166 | Máster A-38    |
| 189 | 60     | LETICIA ELICES MUÑOZ DE DIOS      | 2003      | 32:54 | 06:34   | 08:43 | 32:54 |           |                   | F-23  | Sub-18-20-23-1 |
| 190 | 129    | MIGUEL MARTÍNEZ                   | 1975      | 32:55 | 06:35   | 08:40 | 32:55 |           |                   | M-167 | Máster B-52    |
| 191 | 210    | FRANCISCO TABOADA                 | 1985      | 32:56 | 06:35   | 08:38 | 32:56 |           |                   | M-168 | Máster A-39    |
| 192 | 200    | RODRIGO REY RUA                   | 1984      | 33:00 | 06:36   | 08:29 | 33:00 |           |                   | M-169 | Máster A-40    |
| 193 | 90     | PATRICK GAROUX                    | 1968      | 33:09 | 06:37   | 09:14 | 33:09 |           |                   | M-170 | Máster C-27    |
| 194 | 229    | ROBERTO BLANCO GONZALEZ           | 1989      | 33:12 | 06:38   | 08:55 | 33:12 |           | RAZA PALLEIRA     | M-171 | Máster A-41    |
| 195 | 53     | SARA PENEDO VÁZQUEZ               | 1996      | 33:13 | 06:38   | 08:28 | 33:13 | AG2027938 | SAN MIGUEL DE OIA | F-24  | Sénior-7       |
| 196 | 115    | SANTIAGO ARGIBAY GARCIA           | 1973      | 33:14 | 06:38   | 09:11 | 33:14 |           |                   | M-172 | Máster B-53    |
| 197 | 256    | SERGIO PEREZ DA COSTA             | 1996      | 33:15 | 06:39   | 08:20 | 33:15 |           |                   | M-173 | Sénior-33      |
| 198 | 20     | LUCÍA PEIXOTO PINO                | 1979      | 33:16 | 06:39   | 08:31 | 33:16 |           |                   | F-25  | Máster B-9     |
| 199 | 110    | ALFREDO NAZ                       | 1972      | 33:19 | 06:39   | 08:35 | 33:19 |           |                   | M-174 | Máster B-54    |
| 200 | 22     | SABELA VARA                       | 1980      | 33:23 | 06:40   | 08:49 | 33:23 |           |                   | F-26  | Máster B-10    |
| 201 | 224    | CARLOS FERNANDEZ                  | 1988      | 33:26 | 06:41   | 08:53 | 33:26 |           |                   | M-175 | Máster A-42    |
| 202 | 42     | PILI SANTANA CABRAL               | 1986      | 33:33 | 06:42   | 08:03 | 33:33 |           | MAIS QUE AUGA     | F-27  | Máster A-7     |
| 203 | 147    | PABLO FERNÁNDEZ REY               | 1977      | 33:34 | 06:42   | 09:02 | 33:34 |           |                   | M-176 | Máster B-55    |
| 204 | 36     | CRISTINA COSTAS HERMIDA           | 1984      | 33:34 | 06:42   | 09:02 | 33:34 |           |                   | F-28  | Máster A-8     |
| 205 | 225    | IAGO ÁLVAREZ GÓMEZ                | 1988      | 33:34 | 06:42   | 09:02 | 33:34 |           |                   | M-177 | Máster A-43    |
| 206 | 62     | PAULA REDONDO MURILLO             | 2004      | 33:34 | 06:42   | 09:02 | 33:34 |           |                   | F-29  | Sub-18-20-23-2 |
| 207 | 74     | JUAN GONZÁLEZ PÉREZ               | 1963      | 33:52 | 06:46   | 08:20 | 33:52 |           |                   | M-178 | Máster C-28    |
| 208 | 702    | MARÍA ARANZAZU PÉREZ DE LIS GÓMEZ | 1978      | 34:01 | 06:48   | 08:49 | 34:01 |           |                   | F-30  | Máster B-11    |
| 209 | 52     | ANTIA DE LA FUENTE REY            | 1995      | 34:10 | 06:50   | 08:40 | 34:10 |           |                   | F-31  | Sénior-8       |
| 210 | 220    | ENRIQUE KAIBEL                    | 1987      | 34:12 | 06:50   | 08:38 | 34:12 |           |                   | M-179 | Máster A-44    |
| 211 | 104    | ALEJANDRO ARGIBAY GARCIA          | 1970      | 34:16 | 06:51   | 09:11 | 34:16 |           |                   | M-180 | Máster B-56    |
| 212 | 1      | SONIA MALLO FERRER                | 1965      | 34:17 | 06:51   | 08:12 | 34:17 |           |                   | F-32  | Máster C-3     |
| 213 | 43     | LUCIA PÉREZ LÓPEZ                 | 1987      | 34:19 | 06:51   | 08:28 | 34:19 |           |                   | F-33  | Máster A-9     |
| 214 | 267    | PABLO LAGO SANCHEZ                | 1999      | 34:23 | 06:52   | 08:31 | 34:23 |           |                   | M-181 | Sénior-34      |
| 215 | 91     | ENRIQUE LAGO VELANDO              | 1968      | 34:24 | 06:52   | 08:31 | 34:24 |           |                   | M-182 | Máster C-29    |
| 216 | 3      | ANA MARIA VÁZQUEZ RIAL            | 1968      | 34:46 | 06:57   | 08:34 | 34:46 |           |                   | F-34  | Máster C-4     |
| 217 | 103    | JORGE MONTOYA ARANA               | 1970      | 34:50 | 06:58   | 09:16 | 34:50 |           |                   | M-183 | Máster C-30    |

## XIV Nigrán Area

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11:00

## RESULTADOS OFICIAIS

| PTO | DORSAL | NOME                           | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA | CLUBE               | SEXO  | CATEGORÍA       |
|-----|--------|--------------------------------|-----------|-------|---------|-------|-------|---------|---------------------|-------|-----------------|
| 218 | 97     | JUAN BASALO VÁZQUEZ            | 1969      | 34:50 | 06:58   | 09:16 | 34:50 |         |                     | M-184 | Máster C-31     |
| 219 | 216    | MANUEL VILAS ALONSO            | 1987      | 34:52 | 06:58   | 09:14 | 34:52 |         |                     | M-185 | Máster A-45     |
| 220 | 205    | JACOBO LÓPEZ GIRÁLDEZ          | 1985      | 34:53 | 06:58   | 07:40 | 34:53 |         | TORREÑOS            | M-186 | Máster A-46     |
| 221 | 243    | PABLO COSTAS FIGUEROA          | 1993      | 34:58 | 06:59   | 09:34 | 34:58 |         | RAZA PALLEIRA       | M-187 | Sénior-35       |
| 222 | 65     | JULIO COSTAS ROADE             | 1955      | 34:58 | 06:59   | 09:33 | 34:58 |         | RAZA PALLEIRA       | M-188 | Máster C-32     |
| 223 | 212    | JAVIER COSTAS FIGUEROA         | 1987      | 34:59 | 06:59   | 09:33 | 34:59 |         | RAZA PALLEIRA       | M-189 | Máster A-47     |
| 224 | 39     | MÓNICA FERNÁNDEZ SILVA         | 1986      | 35:17 | 07:03   | 08:52 | 35:17 |         | OS EIDOS TRAIL TEAM | F-35  | Máster A-10     |
| 225 | 207    | DIEGO VÁZQUEZ BARREIRO         | 1985      | 35:18 | 07:03   | 09:03 | 35:18 |         |                     | M-190 | Máster A-48     |
| 226 | 118    | ANGEL LOPEZ-JAUREGUI           | 1974      | 35:23 | 07:04   | 08:59 | 35:23 |         |                     | M-191 | Máster B-57     |
| 227 | 270    | ÓSCAR GARCÍA GÓMEZ             | 2000      | 35:33 | 07:06   | 08:08 | 35:33 |         |                     | M-192 | Sénior-36       |
| 228 | 227    | EMILIO ALBERTO MARTÍNEZ MARTÍN | 1988      | 35:43 | 07:08   | 09:38 | 35:43 |         |                     | M-193 | Máster A-49     |
| 229 | 38     | BELÉN PALOMA GARCÍA GALIANA    | 1986      | 35:43 | 07:08   | 09:48 | 35:43 |         |                     | F-36  | Máster A-11     |
| 230 | 40     | LAURA DUARTE DOMÍNGUEZ         | 1986      | 36:04 | 07:12   | 08:52 | 36:04 |         | OS EIDOS TRAIL TEAM | F-37  | Máster A-12     |
| 231 | 61     | LOURDES BARREIRO RONCAYOLI     | 2003      | 36:14 | 07:14   | 08:21 | 36:14 |         |                     | F-38  | Sub-18-20-23-3  |
| 232 | 14     | MARINA LORENTE LARA            | 1977      | 36:30 | 07:18   | 08:33 | 36:30 |         |                     | F-39  | Máster B-12     |
| 233 | 121    | JUAN ALONSO                    | 1975      | 36:32 | 07:18   | 09:22 | 36:32 |         |                     | M-194 | Máster B-58     |
| 234 | 45     | LILI LÓPEZ RODRÍGUEZ           | 1991      | 36:34 | 07:18   | 09:48 | 36:34 |         |                     | F-40  | Sénior-9        |
| 235 | 48     | NADIR DEL RÍO CERQUEIRA        | 1991      | 36:34 | 07:18   | 09:48 | 36:34 |         |                     | F-41  | Sénior-10       |
| 236 | 124    | FEDERICO PEREZ DOMINGUEZ       | 1975      | 36:39 | 07:19   | 08:42 | 36:39 |         |                     | M-195 | Máster B-59     |
| 237 | 185    | LUIS CHOYA                     | 1981      | 36:43 | 07:20   | 09:04 | 36:43 |         |                     | M-196 | Máster A-50     |
| 238 | 135    | IÑAKI SANTIDRIÁN GARCÍA        | 1976      | 36:47 | 07:21   | 09:51 | 36:47 |         |                     | M-197 | Máster B-60     |
| 239 | 15     | ELADI SANTANO RUBIO            | 1978      | 36:48 | 07:21   | 09:51 | 36:48 |         |                     | F-42  | Máster B-13     |
| 240 | 58     | ANAELLE GAROUX                 | 2001      | 37:03 | 07:24   | 09:21 | 37:03 |         |                     | F-43  | Sénior-11       |
| 241 | 113    | JORGE SANCHEZ RODRÍGUEZ        | 1972      | 37:05 | 07:25   | 08:42 | 37:05 |         |                     | M-198 | Máster B-61     |
| 242 | 138    | JOSE ANTONIO PALLARES ROJO     | 1976      | 37:32 | 07:30   | 09:10 | 37:32 |         |                     | M-199 | Máster B-62     |
| 243 | 8      | LAURENCE GAROUX                | 1971      | 37:53 | 07:34   | 09:23 | 37:53 |         |                     | F-44  | Máster B-14     |
| 244 | 215    | ÁLVARO FERNÁNDEZ FERNÁNDEZ     | 1987      | 38:11 | 07:38   | 09:26 | 38:11 |         |                     | M-200 | Máster A-51     |
| 245 | 169    | ALBERTO VÁZQUEZ HERNÁNDEZ      | 1979      | 38:11 | 07:38   | 09:26 | 38:11 |         |                     | M-201 | Máster B-63     |
| 246 | 176    | MIGUEL TRASHORRAS LAMELA       | 1980      | 38:11 | 07:38   | 09:30 | 38:11 |         |                     | M-202 | Máster B-64     |
| 247 | 162    | ÓSCAR MANUEL LORENZO FERNÁNDEZ | 1978      | 38:11 | 07:38   | 09:31 | 38:11 |         | LUMIEIRA LUGO       | M-203 | Máster B-65     |
| 248 | 279    | MARIO PÉREZ COSTAS             | 2004      | 38:32 | 07:42   | 08:51 | 38:32 |         |                     | M-204 | Sub-18-20-23-20 |

## XIV Nigrán Area

23.08.2025

Concello de Nigrán

Absoluta 5 km

11:00

## RESULTADOS OFICIAIS

| PTO | DORSAL | NOME                               | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA      | CLUBE                             | SEXO  | CATEGORÍA   |
|-----|--------|------------------------------------|-----------|-------|---------|-------|-------|--------------|-----------------------------------|-------|-------------|
| 249 | 51     | SARA GALLEGO PIÑEIRO               | 1994      | 38:33 | 07:42   | 09:10 | 38:33 |              |                                   | F-45  | Sénior-12   |
| 250 | 107    | JOSE AGUSTIN PAZOS SANTANA         | 1971      | 38:41 | 07:44   | 09:49 | 38:41 |              |                                   | M-205 | Máster B-66 |
| 251 | 78     | ISIDRO PAZOS COMESAÑA              | 1963      | 38:41 | 07:44   | 09:50 | 38:41 |              |                                   | M-206 | Máster C-33 |
| 252 | 139    | RAMON SANCHEZ DE IBARGUEN          | 1977      | 38:44 | 07:44   | 09:55 | 38:44 |              |                                   | M-207 | Máster B-67 |
| 253 | 105    | LUIS PORTELA FERNANDEZ             | 1971      | 38:49 | 07:45   | 09:10 | 38:49 | GA3824263ATP | CLUB ATLETISMO VETERANOS DE SAMIL | M-208 | Máster B-68 |
| 254 | 12     | KATIA GUIMARÉ GONZÁLEZ             | 1977      | 39:14 | 07:50   | 09:28 | 39:14 |              |                                   | F-46  | Máster B-15 |
| 255 | 69     | JOSÉ ANTONIO MATEOS CORTÉS         | 1961      | 39:16 | 07:51   | 09:10 | 39:16 |              |                                   | M-209 | Máster C-34 |
| 256 | 25     | CRISTINA GARRIDO POLVORINOS        | 1981      | 39:22 | 07:52   | 09:34 | 39:22 |              | BIENPREPARAOS                     | F-47  | Máster A-13 |
| 257 | 18     | PAULA MARIA DUARTE FIGUEROA        | 1978      | 39:23 | 07:52   | 09:31 | 39:23 |              |                                   | F-48  | Máster B-16 |
| 258 | 33     | ERIKA MEDINA MUÑOZ                 | 1983      | 39:40 | 07:56   | 09:09 | 39:40 |              |                                   | F-49  | Máster A-14 |
| 259 | 29     | MÓNICA FERNÁNDEZ REGUEIRA          | 1982      | 39:52 | 07:58   | 09:48 | 39:52 |              |                                   | F-50  | Máster A-15 |
| 260 | 184    | RAÚL RODRÍGUEZ COLLAZO             | 1981      | 39:57 | 07:59   | 09:38 | 39:57 |              |                                   | M-210 | Máster A-52 |
| 261 | 46     | CATARINA HERMIDA RODRÍGUEZ         | 1991      | 39:57 | 07:59   | 09:39 | 39:57 |              |                                   | F-51  | Sénior-13   |
| 262 | 180    | ALVARO BOURKAIB FERNÁNDEZ DE CORDI | 1980      | 40:21 | 08:04   | 10:04 | 40:21 |              |                                   | M-211 | Máster A-53 |
| 263 | 30     | MARCELA DE JOSEPH FORERO           | 1983      | 40:23 | 08:04   | 10:04 | 40:23 |              |                                   | F-52  | Máster A-16 |
| 264 | 34     | PATRICIA MARTÍNEZ RODRÍGUEZ        | 1984      | 40:25 | 08:05   | 10:28 | 40:25 |              |                                   | F-53  | Máster A-17 |
| 265 | 24     | ARIANA ALONSO POSADA               | 1980      | 40:55 | 08:11   | 10:12 | 40:55 |              |                                   | F-54  | Máster A-18 |
| 266 | 44     | BEGOÑA VÁZQUEZ VALIÑO              | 1988      | 44:25 | 08:53   | 11:01 | 44:25 |              |                                   | F-55  | Máster A-19 |
| 267 | 76     | GUIDO STEIN                        | 1963      | 45:08 | 09:01   | 11:25 | 45:08 |              |                                   | M-212 | Máster C-35 |
| 268 | 4      | LUISA GONZÁLEZ PÉREZ               | 1969      | 45:08 | 09:01   | 11:25 | 45:08 |              |                                   | F-56  | Máster C-5  |
| 269 | 102    | ALEJANDRO GANDARA BOUZA            | 1969      | 50:18 | 10:03   | 11:36 | 50:18 |              |                                   | M-213 | Máster C-36 |

Llegados: 269

# XIV Nigrán Area

23.08.2025

Concello de Nigrán

Sub-16

12:00

## RESULTADOS OFICIAIS

| PTO | DORSAL | NOME                             | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA      | CLUBE                                | SEXO | CATEGORÍA |
|-----|--------|----------------------------------|-----------|-------|---------|-------|-------|--------------|--------------------------------------|------|-----------|
| 1   | 612    | BISRAT MEIN CARBALLAL            | 2010      | 06:34 | 03:17   | 03:12 | 06:34 | AG2023814    | REAL CLUB CELTA DE ATLETISMO         | M-1  | Sub-16-1  |
| 2   | 614    | JESÚS COSTAS MOREU               | 2010      | 06:42 | 03:21   | 03:14 | 06:42 |              |                                      | M-2  | Sub-16-2  |
| 3   | 624    | LUCAS COSTAS DE FRANCISCO        | 2011      | 06:49 | 03:24   | 03:13 | 06:49 |              |                                      | M-3  | Sub-16-3  |
| 4   | 622    | YONÁS POUSA PAN                  | 2011      | 06:59 | 03:29   | 03:14 | 06:59 |              |                                      | M-4  | Sub-16-4  |
| 5   | 611    | PABLO PÉREZ LARA                 | 2010      | 07:11 | 03:35   | 03:28 | 07:11 |              |                                      | M-5  | Sub-16-5  |
| 6   | 617    | CARLOS PAZO MISA                 | 2010      | 07:11 | 03:35   | 03:34 | 07:11 | AG14832      | REAL CLUB CELTA DE ATLETISMO         | M-6  | Sub-16-6  |
| 7   | 626    | NICOLÁS VÁZQUEZ PÁRAMO           | 2011      | 07:21 | 03:40   | 03:28 | 07:21 |              |                                      | M-7  | Sub-16-7  |
| 8   | 621    | RUBÉN VÁZQUEZ SEJO               | 2011      | 07:28 | 03:44   | 03:29 | 07:28 |              |                                      | M-8  | Sub-16-8  |
| 9   | 620    | MATEO DOMÍNGUEZ VELASCO          | 2011      | 07:33 | 03:46   | 03:31 | 07:33 |              |                                      | M-9  | Sub-16-9  |
| 10  | 613    | IVÁN VILABOA RIAL                | 2010      | 07:37 | 03:48   | 03:35 | 07:37 | AG2026180    | REAL CLUB CELTA DE ATLETISMO         | M-10 | Sub-16-10 |
| 11  | 608    | BLANCA PÉREZ LARA                | 2011      | 07:46 | 03:53   | 03:42 | 07:46 |              |                                      | F-1  | Sub-16-1  |
| 12  | 623    | ALAIN SANTIDRIÁN SANTANO         | 2011      | 07:54 | 03:57   | 03:59 | 07:54 |              |                                      | M-11 | Sub-16-11 |
| 13  | 618    | ROI PAZOS TABOAS                 | 2010      | 08:03 | 04:01   | 03:49 | 08:03 | 54321513C    | REAL CLUB CELTA DE ATLETISMO         | M-12 | Sub-16-12 |
| 14  | 630    | MARIO SANCHEZ DE IBARGUEN CREGO  | 2011      | 08:10 | 04:05   | 03:58 | 08:10 |              |                                      | M-13 | Sub-16-13 |
| 15  | 603    | IRENE BALADO ALONSO              | 2010      | 08:20 | 04:10   | 03:51 | 08:20 | GA3756142ANP | COMESAÑA SPORTING CLUB               | F-2  | Sub-16-2  |
| 16  | 607    | SARA LIEBANAS GARCIA             | 2011      | 08:40 | 04:20   | 04:10 | 08:40 |              |                                      | F-3  | Sub-16-3  |
| 17  | 627    | JAIME PÉREZ LARA                 | 2011      | 08:48 | 04:24   | 04:06 | 08:48 |              |                                      | M-14 | Sub-16-14 |
| 18  | 629    | JAVIER DE JUANA ARIAS            | 2011      | 08:54 | 04:27   | 04:12 | 08:54 |              | CLUB DEPORTIVO UNION MADRILEÑA DE AM | M-15 | Sub-16-15 |
| 19  | 631    | CARLOS ARIAS AROCAS              | 2011      | 08:55 | 04:27   | 04:13 | 08:55 | M31062       | A.D. MARATHON                        | M-16 | Sub-16-16 |
| 20  | 619    | NICO VICENTE PEREIRA             | 2010      | 08:58 | 04:29   | 04:24 | 08:58 |              |                                      | M-17 | Sub-16-17 |
| 21  | 602    | UXÍA LÓPEZ ARGIBAY               | 2010      | 08:58 | 04:29   | 04:14 | 08:58 |              |                                      | F-4  | Sub-16-4  |
| 22  | 625    | JAIME ACOSTA GADEA               | 2011      | 09:00 | 04:30   | 04:24 | 09:00 |              |                                      | M-18 | Sub-16-18 |
| 23  | 610    | ALICIA LÓPEZ MARTÍNEZ            | 2011      | 09:01 | 04:30   | 04:24 | 09:01 |              | TORREÑOS                             | F-5  | Sub-16-5  |
| 24  | 604    | JIMENA KUTZ ALIER                | 2011      | 09:13 | 04:36   | 04:26 | 09:13 |              |                                      | F-6  | Sub-16-6  |
| 25  | 606    | ARIADNA ÁLVAREZ-BUYLLA PHILIPPOT | 2011      | 09:14 | 04:37   | 04:22 | 09:14 |              |                                      | F-7  | Sub-16-7  |

Llegados: 25

## XIV Nigrán Area

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Concello de Nigrán

Sub-14

RESULTADOS OFICIAIS

12:15

| PTO | DORSAL | NOME                              | DATA NAC. | TEMPO | RITMOKM | V1    | NETO  | LICENZA   | CLUBE                             | SEXO | CATEGORÍA |
|-----|--------|-----------------------------------|-----------|-------|---------|-------|-------|-----------|-----------------------------------|------|-----------|
| 1   | 542    | ÁNGEL RODRÍGUEZ CARBALLO          | 2013      | 05:14 | 03:29   | 01:32 | 05:14 |           |                                   | M-1  | Sub-14-1  |
| 2   | 522    | NACHO COSTAS MOREU                | 2012      | 05:23 | 03:35   | 01:35 | 05:23 |           |                                   | M-2  | Sub-14-2  |
| 3   | 505    | DANIELA BAYÓN DIZ                 | 2012      | 05:27 | 03:38   | 01:37 | 05:27 | AG12486   | CLUB ATLETISMO DE CAMBADOS        | F-1  | Sub-14-1  |
| 4   | 535    | HÉCTOR CARRERA CASTRO             | 2013      | 05:41 | 03:47   | 01:43 | 05:41 | AG13201   | ASOCIACION DEPORTIVA CAR          | M-3  | Sub-14-3  |
| 5   | 512    | VALENTINA ASENSIO LÓPEZ           | 2013      | 05:43 | 03:48   | 01:35 | 05:43 |           | CLUB BALONCESTO SALESIANOS        | F-2  | Sub-14-2  |
| 6   | 521    | XOANA SILVA VILLAR                | 2013      | 05:45 | 03:50   | 01:42 | 05:45 |           |                                   | F-3  | Sub-14-3  |
| 7   | 523    | MANUEL MENDEZ PEREZ               | 2012      | 05:52 | 03:54   | 01:45 | 05:52 |           |                                   | M-4  | Sub-14-4  |
| 8   | 539    | ILDEFONSO ALIER ALVAREZ DE TOLEDO | 2013      | 05:52 | 03:54   | 01:46 | 05:52 |           |                                   | M-5  | Sub-14-5  |
| 9   | 536    | BRUNO NOVOA VALIÑO                | 2013      | 05:59 | 03:59   | 01:43 | 05:59 | NO        | SOCIEDAD ATLETICA VAL MIÑOR       | M-6  | Sub-14-6  |
| 10  | 534    | IAGO ACOSTA GADEA                 | 2013      | 05:59 | 03:59   | 01:47 | 05:59 |           |                                   | M-7  | Sub-14-7  |
| 11  | 502    | CLAUDIA PALACIOS                  | 2012      | 06:01 | 04:00   | 01:44 | 06:01 | M22801    | CRONOS ATLETISMO VILLAVICIOSA     | F-4  | Sub-14-4  |
| 12  | 526    | RICARDO ROMERO GARCÍA             | 2012      | 06:07 | 04:04   | 01:48 | 06:07 |           | CLUB DEPORTIVO LA PURISIMA        | M-8  | Sub-14-8  |
| 13  | 538    | XOÁN MUIÑOS ORGE                  | 2013      | 06:08 | 04:05   | 01:53 | 06:08 | AG2028452 | ASOCIACION DEPORTIVA CAR          | M-9  | Sub-14-9  |
| 14  | 524    | MARTIN SANCHEZ DE IBARGUEN CREGO  | 2012      | 06:10 | 04:06   | 01:50 | 06:10 |           |                                   | M-10 | Sub-14-10 |
| 15  | 519    | LAURA ALONSO DOMÍNGUEZ            | 2013      | 06:11 | 04:07   | 01:45 | 06:11 | AG15486   | ATLETISMO PORRIÑO                 | F-5  | Sub-14-5  |
| 16  | 520    | NOA MARTÍNEZ ESTÉVEZ              | 2013      | 06:12 | 04:08   | 01:45 | 06:12 |           |                                   | F-6  | Sub-14-6  |
| 17  | 501    | ICÍA AMENEIRO GONZÁLEZ            | 2012      | 06:16 | 04:10   | 01:45 | 06:16 |           |                                   | F-7  | Sub-14-7  |
| 18  | 528    | PABLO ABENIACAR ALIER             | 2012      | 06:18 | 04:12   | 01:44 | 06:18 |           |                                   | M-11 | Sub-14-11 |
| 19  | 537    | NICO DURA                         | 2013      | 06:19 | 04:12   | 01:52 | 06:19 |           |                                   | M-12 | Sub-14-12 |
| 20  | 515    | CARMELA SANTOS FERNÁNDEZ          | 2013      | 06:25 | 04:16   | 01:50 | 06:25 | AG2025849 | ASOCIACION DEPORTIVA CAR          | F-8  | Sub-14-8  |
| 21  | 511    | PAULA HERRERÍA SÁNCHEZ            | 2013      | 06:35 | 04:23   | 01:50 | 06:35 |           |                                   | F-9  | Sub-14-9  |
| 22  | 517    | AROA BERNARDEZ SABORIDO           | 2013      | 06:38 | 04:25   | 01:57 | 06:38 |           |                                   | F-10 | Sub-14-10 |
| 23  | 509    | CLARA ARRUÑADA VASQUEZ            | 2012      | 06:41 | 04:27   | 01:56 | 06:41 |           |                                   | F-11 | Sub-14-11 |
| 24  | 544    | UNAI SANTIDRIÁN SANTANO           | 2013      | 06:48 | 04:32   | 02:03 | 06:48 |           |                                   | M-13 | Sub-14-13 |
| 25  | 530    | JUAN KUTZ ALIER                   | 2012      | 06:55 | 04:36   | 02:03 | 06:55 |           |                                   | M-14 | Sub-14-14 |
| 26  | 516    | AZAHARA VÁZQUEZ LÓPEZ             | 2013      | 07:23 | 04:55   | 02:08 | 07:23 |           |                                   | F-12 | Sub-14-12 |
| 27  | 503    | INES ALIER ALVAREZ DE TOLEDO      | 2012      | 07:43 | 05:08   | 02:02 | 07:43 |           |                                   | F-13 | Sub-14-13 |
| 28  | 507    | CARLOTA ABENIACAR ALIER           | 2012      | 07:43 | 05:08   | 01:52 | 07:43 |           |                                   | F-14 | Sub-14-14 |
| 29  | 541    | PABLO DE JUANA ARIAS              | 2013      | 08:04 | 05:22   | 02:06 | 08:04 |           | CLUB DEPORTIVO UNION MADRILEÑA DE | M-15 | Sub-14-15 |
| 30  | 525    | TIAGO GUIMARÉ GONZÁLEZ            | 2012      | 08:45 | 05:50   | 02:26 | 08:45 |           |                                   | M-16 | Sub-14-16 |
| 31  | 518    | DANIELA Balsa Ilodo               | 2013      | 08:50 | 05:53   | 02:15 | 08:50 |           |                                   | F-15 | Sub-14-15 |

## XIV Nigrán Area

23.08.2025

Concello de Nigrán

RESULTADOS OFICIAIS

Sub-14

12:15

| PTO       | DORSAL | NOME | DATA NAC. | TEMPO | RITMOKM | V1 | NETO | LICENZA | CLUBE | SEXO | CATEGORÍA |
|-----------|--------|------|-----------|-------|---------|----|------|---------|-------|------|-----------|
| Llegados: | 31     |      |           |       |         |    |      |         |       |      |           |

**RESULTADOS OFICIAIS**
**Sub-12**
**12:30**

| PTO | DOR                 | NOME                             | ANO  | TEMPO        | RITMO | T.NETO | LICENZA   | CLUBE                    | SEXO | CATEGORÍA |
|-----|---------------------|----------------------------------|------|--------------|-------|--------|-----------|--------------------------|------|-----------|
| 1   | 451                 | ALEXANDRE VEGA MARTINEZ          | 2015 | <b>03:26</b> | 03:26 | 03:26  | AG19911   | CLUB ATLETISMO CORUÑA CO | M-1  | Sub-12-1  |
| 2   | 433                 | ADRIÁN SACRISTÁN MANUEL          | 2014 | <b>03:31</b> | 03:31 | 03:31  | AG13212   | ASOCIACION DEPORTIVA CAR | M-2  | Sub-12-2  |
| 3   | <a href="#">422</a> | ALMA VICENTE MUÑIZ               | 2015 | <b>03:33</b> | 03:33 | 03:33  | GA3818915 | ATRIBEIRA ATLETISMO      | F-1  | Sub-12-1  |
| 4   | <a href="#">405</a> | FERNANDA MATEO REGALADO          | 2014 | <b>03:33</b> | 03:33 | 03:33  |           |                          | F-2  | Sub-12-2  |
| 5   | 454                 | ANDREI ASCARIZ PERERA            | 2015 | <b>03:34</b> | 03:34 | 03:34  |           |                          | M-3  | Sub-12-3  |
| 6   | <a href="#">411</a> | MÍA LAGO LAGO                    | 2014 | <b>03:35</b> | 03:35 | 03:35  |           |                          | F-3  | Sub-12-3  |
| 7   | 446                 | MATEO FERNÁNDEZ FERNÁNDEZ        | 2015 | <b>03:45</b> | 03:45 | 03:45  |           |                          | M-4  | Sub-12-4  |
| 8   | 989                 | DIEGO MEDEL FIGUERO              | 2014 | <b>03:46</b> | 03:46 | 03:46  |           |                          | M-5  | Sub-12-5  |
| 9   | 453                 | THIAGO ASCARIZ PERERA            | 2015 | <b>03:46</b> | 03:46 | 03:46  |           |                          | M-6  | Sub-12-6  |
| 10  | <a href="#">410</a> | XULIA VÁZQUEZ PÁRAMO             | 2014 | <b>03:47</b> | 03:47 | 03:47  |           |                          | F-4  | Sub-12-4  |
| 11  | 445                 | ALVARO IGLESIAS RUIZ             | 2015 | <b>03:52</b> | 03:52 | 03:52  |           | STELLA MARIS             | M-7  | Sub-12-7  |
| 12  | <a href="#">427</a> | CÍES RIAL COUSO                  | 2015 | <b>03:52</b> | 03:52 | 03:52  |           |                          | F-5  | Sub-12-5  |
| 13  | 437                 | NICOLAS PAYLOS BOURKAIB          | 2014 | <b>03:52</b> | 03:52 | 03:52  |           |                          | M-8  | Sub-12-8  |
| 14  | <a href="#">423</a> | AITANA GONZÁLEZ DOMÍNGUEZ        | 2015 | <b>03:53</b> | 03:53 | 03:53  |           |                          | F-6  | Sub-12-6  |
| 15  | 709                 | ERIK FERNÁNDEZ CRUZ              | 2015 | <b>03:56</b> | 03:56 | 03:56  |           |                          | M-9  | Sub-12-9  |
| 16  | 440                 | YOEL SERANTES SUÁREZ             | 2014 | <b>03:58</b> | 03:58 | 03:58  |           |                          | M-10 | Sub-12-10 |
| 17  | <a href="#">414</a> | CLARA ROCA LAMELA                | 2014 | <b>03:59</b> | 03:59 | 03:59  |           |                          | F-7  | Sub-12-7  |
| 18  | <a href="#">424</a> | MARÍA COSTAS DE FRANCISCO        | 2015 | <b>03:59</b> | 03:59 | 03:59  |           |                          | F-8  | Sub-12-8  |
| 19  | 438                 | LUCAS TRILLO ALONSO              | 2014 | <b>04:00</b> | 04:00 | 04:00  |           |                          | M-11 | Sub-12-11 |
| 20  | <a href="#">421</a> | SABELA MUIÑOS ORGE               | 2015 | <b>04:02</b> | 04:02 | 04:02  | AG10385   | ASOCIACION DEPORTIVA CAR | F-9  | Sub-12-9  |
| 21  | 462                 | MARTÍN SANROMÁN COSTAS           | 2015 | <b>04:05</b> | 04:05 | 04:05  |           |                          | M-12 | Sub-12-12 |
| 22  | 459                 | BREIXO REQUEJO                   | 2015 | <b>04:05</b> | 04:05 | 04:05  |           |                          | M-13 | Sub-12-13 |
| 23  | 443                 | MIGUEL POZA CASTRO               | 2014 | <b>04:05</b> | 04:05 | 04:05  |           |                          | M-14 | Sub-12-14 |
| 24  | 987                 | NOAH PENÍN PINO                  | 2015 | <b>04:08</b> | 04:08 | 04:08  |           |                          | M-15 | Sub-12-15 |
| 25  | 461                 | NICOLÁS MOURIÑO ÁLVAREZ          | 2015 | <b>04:10</b> | 04:10 | 04:10  |           |                          | M-16 | Sub-12-16 |
| 26  | 434                 | GUILLERMO LÓPEZ CHAMORRO         | 2014 | <b>04:11</b> | 04:11 | 04:11  |           |                          | M-17 | Sub-12-17 |
| 27  | 448                 | JAIME CHOYA                      | 2015 | <b>04:12</b> | 04:12 | 04:12  |           |                          | M-18 | Sub-12-18 |
| 28  | <a href="#">406</a> | ANA OLIVARES TURKOVIC            | 2014 | <b>04:14</b> | 04:14 | 04:14  |           |                          | F-10 | Sub-12-10 |
| 29  | <a href="#">413</a> | VICTORIA ALIER ALVAREZ DE TOLEDC | 2014 | <b>04:14</b> | 04:14 | 04:14  |           |                          | F-11 | Sub-12-11 |
| 30  | <a href="#">407</a> | CHLOÉ VAN VLERKEN POZA           | 2014 | <b>04:16</b> | 04:16 | 04:16  |           |                          | F-12 | Sub-12-12 |
| 31  | 988                 | JAIME VILA DE SANTALÓ            | 2015 | <b>04:18</b> | 04:18 | 04:18  |           |                          | M-19 | Sub-12-19 |
| 32  | <a href="#">401</a> | FABIOLA KUTZ ALIER               | 2014 | <b>04:20</b> | 04:20 | 04:20  |           |                          | F-13 | Sub-12-13 |
| 33  | 447                 | IGNACIO DE JUANA ARIAS           | 2015 | <b>04:22</b> | 04:22 | 04:22  |           | CLUB DEPORTIVO UNION MAC | M-20 | Sub-12-20 |
| 34  | 439                 | FELIPE ABENIACAR ALIER           | 2014 | <b>04:23</b> | 04:23 | 04:23  |           |                          | M-21 | Sub-12-21 |
| 35  | 452                 | JOSÉ HERRERO VALENCIA            | 2015 | <b>04:23</b> | 04:23 | 04:23  |           |                          | M-22 | Sub-12-22 |
| 36  | <a href="#">429</a> | JULIA COMESAÑA GARCÍA            | 2015 | <b>04:24</b> | 04:24 | 04:24  | AG20362   | COMESAÑA SPORTING CLUB   | F-14 | Sub-12-14 |
| 37  | <a href="#">419</a> | ZOE PORTAS ALONSO                | 2015 | <b>04:30</b> | 04:30 | 04:30  | AG16848   | COMESAÑA SPORTING CLUB   | F-15 | Sub-12-15 |
| 38  | <a href="#">402</a> | CANDELA ALONSO VILA              | 2014 | <b>04:33</b> | 04:33 | 04:33  |           |                          | F-16 | Sub-12-16 |
| 39  | <a href="#">425</a> | VALENTINA ÁLVAREZ ÁLVAREZ        | 2015 | <b>04:38</b> | 04:38 | 04:38  |           |                          | F-17 | Sub-12-17 |
| 40  | 463                 | EDUARDO FERNANDEZ VILLEGAS       | 2015 | <b>04:39</b> | 04:39 | 04:39  |           |                          | M-23 | Sub-12-23 |
| 41  | 441                 | MATEO LAÍÑO CAMBA                | 2014 | <b>04:41</b> | 04:41 | 04:41  |           |                          | M-24 | Sub-12-24 |
| 42  | <a href="#">418</a> | CAYETANA PEREIRA VILAR           | 2015 | <b>04:43</b> | 04:43 | 04:43  |           |                          | F-18 | Sub-12-18 |
| 43  | <a href="#">432</a> | CARLOTA BOURKAIB DE JOSEPH       | 2015 | <b>04:44</b> | 04:44 | 04:44  |           |                          | F-19 | Sub-12-19 |
| 44  | <a href="#">417</a> | CLARA LAGO SOLIÑO                | 2015 | <b>04:50</b> | 04:50 | 04:50  |           |                          | F-20 | Sub-12-20 |
| 45  | <a href="#">409</a> | VALENTINA DÍAZ-CASTROVERDE URF   | 2014 | <b>04:50</b> | 04:50 | 04:50  |           |                          | F-21 | Sub-12-21 |
| 46  | <a href="#">428</a> | RITA ARRUÑADA VAZQUEZ            | 2015 | <b>04:54</b> | 04:54 | 04:54  |           |                          | F-22 | Sub-12-22 |
| 47  | <a href="#">415</a> | IRIA DOMÍNGUEZ GARRIDO           | 2015 | <b>04:58</b> | 04:58 | 04:58  |           | BIENPREPARAOS            | F-23 | Sub-12-23 |
| 48  | <a href="#">408</a> | CRISTINA FERNANDEZ VILLEGAS      | 2014 | <b>04:59</b> | 04:59 | 04:59  |           |                          | F-24 | Sub-12-24 |
| 49  | <a href="#">412</a> | IRIA GUIMARÉ GONZÁLEZ            | 2014 | <b>05:02</b> | 05:02 | 05:02  |           |                          | F-25 | Sub-12-25 |
| 50  | 457                 | JUAN LOZANO DIAZ                 | 2015 | <b>05:08</b> | 05:08 | 05:08  |           |                          | M-25 | Sub-12-25 |
| 51  | <a href="#">420</a> | ABRIL IGLESIAS ÁLVAREZ           | 2015 | <b>05:13</b> | 05:13 | 05:13  |           |                          | F-26 | Sub-12-26 |
| 52  | 435                 | JOSÉ PERNAS HERRERA              | 2014 | <b>05:15</b> | 05:15 | 05:15  |           |                          | M-26 | Sub-12-26 |
| 53  | <a href="#">403</a> | MARÍA BLANCO CARIDE-TABARÉS      | 2014 | <b>05:29</b> | 05:29 | 05:29  |           |                          | F-27 | Sub-12-27 |
| 54  | <a href="#">426</a> | CARMEN ALONSO RIAL               | 2015 | <b>05:35</b> | 05:35 | 05:35  |           |                          | F-28 | Sub-12-28 |
| 55  | 458                 | MANUEL ARIAS CABRERIZO           | 2015 | <b>05:36</b> | 05:36 | 05:36  |           |                          | M-27 | Sub-12-27 |
| 56  | 442                 | LUIS LARA GONZÁLEZ               | 2014 | <b>05:37</b> | 05:37 | 05:37  |           |                          | M-28 | Sub-12-28 |
| 57  | <a href="#">430</a> | LOLA FERNÁNDEZ BARBARÁ           | 2015 | <b>13:38</b> | 13:38 | 13:38  |           |                          | F-29 | Sub-12-29 |

**Llegados: 57**

**RESULTADOS OFICIAIS**
**Sub-10**
**12:40**

| PTO | DOR | NOME                           | ANO  | TEMPO | RITMO | T.NETO | LICENZA    | CLUBE                       | SEXO | CATEGORÍA |
|-----|-----|--------------------------------|------|-------|-------|--------|------------|-----------------------------|------|-----------|
| 1   | 346 | BREIXO PEREIRO TOMBILLA        | 2016 | 01:39 | 03:18 | 01:39  |            | CARAMUXO                    | M-1  | Sub-10-1  |
| 2   | 361 | ELISEO GONZALEZ PIÑERO         | 2017 | 01:40 | 03:20 | 01:40  |            |                             | M-2  | Sub-10-2  |
| 3   | 303 | GABRIELA LÓPEZ CADILLA         | 2016 | 01:40 | 03:20 | 01:40  | AG19966    | SOCIEDADE ATLETICA DO TREC  | F-1  | Sub-10-1  |
| 4   | 308 | LARA M. ROZAS SALGADO          | 2016 | 01:40 | 03:20 | 01:40  |            | ASOCIACION CULTURAL DEPO    | F-2  | Sub-10-2  |
| 5   | 351 | ALEJANDRO CID GIL              | 2016 | 01:43 | 03:26 | 01:43  | AG13940    | CLUB OURENSE ATLETISMO      | M-3  | Sub-10-3  |
| 6   | 305 | SARA ROSALES RODRÍGUEZ         | 2016 | 01:43 | 03:26 | 01:43  |            |                             | F-3  | Sub-10-3  |
| 7   | 337 | MARTÍÑO COSCOLÍN ÁLVAREZ       | 2016 | 01:45 | 03:30 | 01:45  |            |                             | M-4  | Sub-10-4  |
| 8   | 341 | ALEJANDRO GONZÁLEZ PÉREZ       | 2016 | 01:47 | 03:34 | 01:47  |            |                             | M-5  | Sub-10-5  |
| 9   | 324 | MARÍA CORREA PÉREZ             | 2017 | 01:47 | 03:34 | 01:47  | 3818442ATS | COMESAÑA SPORTING CLUB      | F-4  | Sub-10-4  |
| 10  | 340 | ALFONSO BRAGADO MARTÍN         | 2016 | 01:51 | 03:42 | 01:51  |            |                             | M-6  | Sub-10-6  |
| 11  | 339 | HUGO DOMÍNGUEZ BASALO          | 2016 | 01:51 | 03:42 | 01:51  |            |                             | M-7  | Sub-10-7  |
| 12  | 332 | MARCO ALFARO MISA              | 2016 | 01:51 | 03:42 | 01:51  |            |                             | M-8  | Sub-10-8  |
| 13  | 353 | LUCAS GONZÁLEZ PÉREZ           | 2017 | 01:52 | 03:44 | 01:52  | AG20825    | SOCIEDADE ATLETICA DO TREC  | M-9  | Sub-10-9  |
| 14  | 316 | ANA VAN VLERKEN POZA           | 2016 | 01:54 | 03:48 | 01:54  |            |                             | F-5  | Sub-10-5  |
| 15  | 301 | CLOE VÁZQUEZ ROQUEIRO          | 2016 | 01:55 | 03:50 | 01:55  |            |                             | F-6  | Sub-10-6  |
| 16  | 306 | LUCÍA HERVA TORRES             | 2016 | 01:55 | 03:50 | 01:55  |            |                             | F-7  | Sub-10-7  |
| 17  | 362 | PABLO VILLALOBOS MARIÑO        | 2017 | 01:56 | 03:52 | 01:56  |            |                             | M-10 | Sub-10-10 |
| 18  | 352 | NICOLÁS MELLO                  | 2017 | 01:57 | 03:54 | 01:57  |            |                             | M-11 | Sub-10-11 |
| 19  | 348 | IGNACIO DOMÍNGUEZ GARRIDO      | 2016 | 01:57 | 03:54 | 01:57  |            | BIENPREPARAOS               | M-12 | Sub-10-12 |
| 20  | 349 | ANTÓN BARCALA PEIXOTO          | 2016 | 01:58 | 03:56 | 01:58  |            |                             | M-13 | Sub-10-13 |
| 21  | 377 | BRUNO GARCIA SALGADO           | 2017 | 01:58 | 03:56 | 01:58  |            |                             | M-14 | Sub-10-14 |
| 22  | 333 | MATEO ILLODO SIRVENT           | 2016 | 01:58 | 03:56 | 01:58  |            |                             | M-15 | Sub-10-15 |
| 23  | 372 | JORGE AURELIO SOLA DE OLAZABAL | 2017 | 01:58 | 03:56 | 01:58  |            |                             | M-16 | Sub-10-16 |
| 24  | 363 | JOAQUÍN BOURKAIB DE JOSEPH     | 2017 | 01:59 | 03:58 | 01:59  |            |                             | M-17 | Sub-10-17 |
| 25  | 365 | TEO MARTÍNEZ SALDAÑA           | 2017 | 01:59 | 03:58 | 01:59  |            |                             | M-18 | Sub-10-18 |
| 26  | 355 | GAEL SACRISTÁN MANUEL          | 2017 | 02:00 | 04:00 | 02:00  | AG18511    | ASOCIACION DEPORTIVA CAR    | M-19 | Sub-10-19 |
| 27  | 371 | JUAN ESPARZA SANDOVAL          | 2017 | 02:02 | 04:04 | 02:02  |            |                             | M-20 | Sub-10-20 |
| 28  | 302 | MARIANA DOGER DE SPEVILLE QUER | 2016 | 02:02 | 04:04 | 02:02  |            |                             | F-8  | Sub-10-8  |
| 29  | 338 | ROMÁN COSCOLÍN ÁLVAREZ         | 2016 | 02:02 | 04:04 | 02:02  |            |                             | M-21 | Sub-10-21 |
| 30  | 331 | ALONSO PAYLOS BOURKAIB         | 2016 | 02:03 | 04:06 | 02:03  |            |                             | M-22 | Sub-10-22 |
| 31  | 373 | DANIEL FERNÁNDEZ PAZ           | 2017 | 02:03 | 04:06 | 02:03  |            |                             | M-23 | Sub-10-23 |
| 32  | 323 | DANIELLA SOLIÑO PÉREZ          | 2017 | 02:04 | 04:08 | 02:04  | AG18850    | COMESAÑA SPORTING CLUB      | F-9  | Sub-10-9  |
| 33  | 358 | JORGE BELTRÁN VALCÁRCCEL       | 2017 | 02:04 | 04:08 | 02:04  |            |                             | M-24 | Sub-10-24 |
| 34  | 347 | AARÓN LÓPEZ MARTÍNEZ           | 2016 | 02:04 | 04:08 | 02:04  |            | TORREÑOS                    | M-25 | Sub-10-25 |
| 35  | 369 | LEO LORENZO ÁLVAREZ            | 2017 | 02:04 | 04:08 | 02:04  |            | LUMIEIRA LUGO               | M-26 | Sub-10-26 |
| 36  | 354 | ALEJANDRO VÁZQUEZ LÓPEZ        | 2017 | 02:05 | 04:10 | 02:05  |            |                             | M-27 | Sub-10-27 |
| 37  | 304 | BLANCA DOMÍNGUEZ RIVAS         | 2016 | 02:05 | 04:10 | 02:05  |            |                             | F-10 | Sub-10-10 |
| 38  | 374 | ÓSCAR COUCE AMARO              | 2017 | 02:06 | 04:12 | 02:06  |            | REAL CLUB CELTA DE ATLETISM | M-28 | Sub-10-28 |
| 39  | 334 | LUCIANO DÍAZ-CASTROVERDE URREI | 2016 | 02:08 | 04:16 | 02:08  |            |                             | M-29 | Sub-10-29 |
| 40  | 360 | RUBÉN RIVEIRO GONZÁLEZ         | 2017 | 02:09 | 04:18 | 02:09  |            |                             | M-30 | Sub-10-30 |
| 41  | 330 | MÓNICA IGLESIAS QUEREJETA      | 2017 | 02:09 | 04:18 | 02:09  |            |                             | F-11 | Sub-10-11 |
| 42  | 376 | IVÁN SÁNCHEZ GONZÁLEZ          | 2017 | 02:10 | 04:20 | 02:10  |            |                             | M-31 | Sub-10-31 |
| 43  | 350 | JAIME SÁNCHEZ-PUGA TOMAS       | 2016 | 02:10 | 04:20 | 02:10  |            |                             | M-32 | Sub-10-32 |
| 44  | 335 | IAGO PÉREZ FERNÁNDEZ           | 2016 | 02:11 | 04:22 | 02:11  |            |                             | M-33 | Sub-10-33 |
| 45  | 318 | INÉS RODRÍGUEZ SAN MILLÁN      | 2016 | 02:12 | 04:24 | 02:12  |            |                             | F-12 | Sub-10-12 |
| 46  | 357 | LEÓN SAMPEDRO MARTÍNEZ         | 2017 | 02:12 | 04:24 | 02:12  |            |                             | M-34 | Sub-10-34 |
| 47  | 359 | MANUEL SOLERA DIAZ             | 2017 | 02:13 | 04:26 | 02:13  |            |                             | M-35 | Sub-10-35 |
| 48  | 327 | INÉS SANTODOMINGO ENRIQUEZ     | 2017 | 02:14 | 04:28 | 02:14  |            |                             | F-13 | Sub-10-13 |
| 49  | 322 | ELSA CHOYA                     | 2017 | 02:15 | 04:30 | 02:15  |            |                             | F-14 | Sub-10-14 |
| 50  | 370 | LUCAS LORENZO ÁLVAREZ          | 2017 | 02:16 | 04:32 | 02:16  |            | LUMIEIRA LUGO               | M-36 | Sub-10-36 |
| 51  | 321 | ANA DE JUANA ARIAS             | 2017 | 02:17 | 04:34 | 02:17  |            | CLUB DEPORTIVO UNION MAC    | F-15 | Sub-10-15 |
| 52  | 317 | SARELA PEREIRA AREZES          | 2016 | 02:19 | 04:38 | 02:19  |            |                             | F-16 | Sub-10-16 |
| 53  | 325 | CRISTINA ARIAS FLÓREZ          | 2017 | 02:19 | 04:38 | 02:19  |            |                             | F-17 | Sub-10-17 |
| 54  | 315 | JIMENA ALONSO GALLO            | 2016 | 02:20 | 04:40 | 02:20  |            |                             | F-18 | Sub-10-18 |
| 55  | 344 | ALEJANDRO ARIAS MAZZUCHELLI    | 2016 | 02:22 | 04:44 | 02:22  |            |                             | M-37 | Sub-10-37 |
| 56  | 326 | MARÍA ARIAS CABRERIZO          | 2017 | 02:22 | 04:44 | 02:22  |            |                             | F-19 | Sub-10-19 |
| 57  | 345 | TRISTÁN NIEVES DE URZÁIZ       | 2016 | 02:25 | 04:50 | 02:25  |            |                             | M-38 | Sub-10-38 |
| 58  | 336 | IVAN PÉREZ FERNÁNDEZ           | 2016 | 02:29 | 04:58 | 02:29  |            |                             | M-39 | Sub-10-39 |
| 59  | 320 | VALERIA HERNÁNDEZ RAMOS        | 2017 | 02:29 | 04:58 | 02:29  |            |                             | F-20 | Sub-10-20 |
| 60  | 314 | VEGA FERNÁNDEZ MORALES         | 2016 | 02:31 | 05:02 | 02:31  |            |                             | F-21 | Sub-10-21 |

**RESULTADOS OFICIAIS****Sub-10****12:40**

| PTO | DOR | NOME                        | ANO  | TEMPO | RITMO | T.NETO | LICENZA | CLUBE | SEXO | CATEGORÍA |
|-----|-----|-----------------------------|------|-------|-------|--------|---------|-------|------|-----------|
| 61  | 343 | XUHAR EZIOLAZA ZABALETA     | 2016 | 02:36 | 05:12 | 02:36  |         |       | M-40 | Sub-10-40 |
| 62  | 364 | ROQUE GIL ESTÉVEZ           | 2017 | 02:37 | 05:14 | 02:37  |         |       | M-41 | Sub-10-41 |
| 63  | 310 | LEIRE PERALBA PEREIRA       | 2016 | 02:39 | 05:18 | 02:39  |         |       | F-22 | Sub-10-22 |
| 64  | 319 | GRETA ALCALDE HERRERA       | 2017 | 02:41 | 05:22 | 02:41  |         |       | F-23 | Sub-10-23 |
| 65  | 329 | VICTORIA FERNANDEZ VILLEGAS | 2017 | 02:41 | 05:22 | 02:41  |         |       | F-24 | Sub-10-24 |
| 66  | 328 | CLOE GONZÁLEZ MARTÍNEZ      | 2017 | 02:42 | 05:24 | 02:42  |         |       | F-25 | Sub-10-25 |

**Llegados: 66**

|     |     |                     |      |  |  |  |  |  |   |        |
|-----|-----|---------------------|------|--|--|--|--|--|---|--------|
| DNS | 307 | MAIKA DÍAZ EXPÓSITO | 2016 |  |  |  |  |  | F | Sub-10 |
|-----|-----|---------------------|------|--|--|--|--|--|---|--------|

**No presentados: 1**