

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1	4	DOCE GONZÁLEZ, ERO		00:28:45	--	2:52	28:45	14:41 (1)	M (1)	SENIOR M (NA)	
2	12	DE LA FUENTE GÓMEZ, DAVID	CD PINARIUM	00:29:18	+33	2:55	29:18	15:08 (2)	M (2)	SENIOR M (NA)	
3	1	BEN MONTENEGRO, ADRIAN	C. A. ADIDAS	00:29:27	+42	2:56	29:27	15:08 (3)	M (3)	SENIOR M (NA)	
4	2	PUNTES BARCIA, IVÁN	ATLETISMO NARÓN	00:29:35	+50	2:57	29:35	15:09 (5)	M (4)	SENIOR M (1)	
5	6	PUIG MALVAR, JORGE		00:29:48	+1:03	2:58	29:48	15:09 (6)	M (5)	SENIOR M (2)	
6	3	FIKIRE SERBESSA, WORKNEH	CLUB ATLETISMO NARON	00:30:28	+1:43	3:02	30:28	15:09 (4)	M (6)	MASTER 1 M (1)	
7	9	BOUCHAIB, NASR	CLUBE DEPORTIVO ARZÚA	00:30:28	+1:43	3:02	30:28	15:29 (8)	M (7)	SENIOR M (3)	
8	28	PENA CARRACEDO, LUCAS	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	00:30:37	+1:52	3:03	30:36	15:29 (9)	M (8)	SUB 20 M (1)	
9	1188	INCUTTI TELLADO, DENIS		00:30:49	+2:04	3:04	30:48	15:26 (7)	M (9)	SENIOR M (4)	
10	41	RAMOS SAMBADE, VICTOR	TRIKI TEAM	00:31:37	+2:52	3:09	31:37	15:43 (10)	M (10)	SUB 23 M (1)	
11	80	VIEITEZ PORTO, ISMAEL	CLUB DEPORTIVO DELIKIA	00:31:47	+3:02	3:10	31:47	16:05 (11)	M (11)	SENIOR M (5)	
12	82	LIJÓ ARES, YAGO	CLUB TRIATLON RIANXO	00:32:17	+3:32	3:13	32:16	16:17 (12)	M (12)	SENIOR M (6)	
13	39	DÍAZ OÍZ, PABLO	CLUB ATLETISMO SANTIAGO	00:32:27	+3:42	3:14	32:26	16:22 (13)	M (13)	SUB 23 M (2)	
14	32	BENITEZ PEREZ, SAUL	EL CANARIO	00:32:39	+3:54	3:15	32:37	16:43 (18)	M (14)	SUB 20 M (2)	
15	33	SE SAR MIGUEZ, ADRIÁN	CLUB ATLETISMO SANTIAGO	00:32:43	+3:58	3:16	32:42	16:46 (20)	M (15)	SUB 20 M (3)	
16	73	SIEIRA HERMIDA, JORGE	CORUÑA COMARCA	00:32:46	+4:01	3:16	32:45	16:43 (16)	M (16)	SENIOR M (7)	
17	108	GARCÍA CARBALLO, ISMAEL	CLUB ATLETISMO LOUSAME	00:32:47	+4:02	3:16	32:46	16:46 (23)	M (17)	MASTER 1 M (2)	
18	131	RIVEIRO LAMPÓN, ALBERTO	CLUB ATLETISMO SAR	00:32:48	+4:03	3:16	32:47	16:47 (24)	M (18)	MASTER 1 M (3)	
19	1339	VILA MARIÑO, ABEL	BERANGO ATLETISMO	00:32:50	+4:05	3:16	32:50	16:22 (14)	M (19)	SUB 20 M (4)	M (1)
20	144	MARIÑO RIAL, ALBERTO	SD COMPOSTELA ATLETISMO	00:32:59	+4:14	3:17	32:57	16:46 (21)	M (20)	MASTER 2 M (1)	
21	35	CAO BLANCO, GONZALO	CLUB TRIATLON INFORHOUSE SANTIAGO	00:33:06	+4:21	3:18	33:05	16:48 (25)	M (21)	SUB 23 M (3)	
22	63	GARCIA GACIÑO, ALBERTO	CYT	00:33:08	+4:23	3:18	33:07	16:43 (17)	M (22)	SENIOR M (8)	M (2)
23	56	AGRASO ALONSO, XABI	EL CANARIO	00:33:13	+4:28	3:19	33:12	16:46 (22)	M (23)	SENIOR M (9)	
24	77	ALVAREZ VAZQUEZ, ALEJANDRO	FLUVIAL LUGO MONTE SEGADE	00:33:17	+4:32	3:19	33:16	16:48 (26)	M (24)	SENIOR M (10)	
25	51	GONZÁLEZ MARIÑO, JORGE	CLUB NATACIÓN RIBEIRA	00:33:24	+4:39	3:20	33:22	16:49 (27)	M (25)	SENIOR M (11)	
26	133	ARAÚJO PÉREZ, DAMIAN	MARINEDA ATLETICO	00:33:29	+4:44	3:20	33:28	16:50 (28)	M (26)	MASTER 1 M (4)	
27	121	GARCIA, JOSÉ FRANCISCO	BRUTANZOS TEAM	00:33:32	+4:47	3:21	33:32	17:05 (30)	M (27)	MASTER 1 M (5)	
28	62	MARTÍN ÁLVAREZ, ESTEBAN	ACEA DE AMA - TRIATLON ARTEIXO	00:33:33	+4:48	3:21	33:32	17:06 (32)	M (28)	SENIOR M (12)	
29	81	ALONSO NOGUEIRA, DAVID	ACEA DE AMA - TRIATLON ARTEIXO	00:33:43	+4:58	3:22	33:42	17:06 (33)	M (29)	SENIOR M (13)	
30	34	LOUREIRO MOSQUERA, DANIEL	CLUB ATLETISMO SANTIAGO	00:33:47	+5:02	3:22	33:46	16:58 (29)	M (30)	SUB 23 M (4)	
31	90	LOPEZ NUÑEZ, PABLO		00:33:49	+5:04	3:22	33:47	17:14 (42)	M (31)	SENIOR M (14)	
32	872	MELLO BIRKHAN, JACI AUGUSTO		00:33:50	+5:05	3:22	33:50	17:09 (37)	M (32)	MASTER 2 M (2)	
33	129	LÓPEZ GONZÁLEZ, ISMAEL	RISE UP RUNNING	00:33:58	+5:13	3:23	33:58	17:09 (36)	M (33)	MASTER 1 M (6)	
34	71	VÁZQUEZ AMADO, JUAN	BRUTANZOS TEAM	00:33:58	+5:13	3:23	33:56	17:06 (34)	M (34)	SENIOR M (15)	
35	166	SABORIDO SOÑORA, SAMUEL	CLUB ATLETISMO SAR	00:34:04	+5:19	3:24	34:02	17:17 (44)	M (35)	MASTER 2 M (3)	



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
36	45	MARTINEZ SANCHEZ, DAMIÁN	CLUB ATLETISMO TAMBRE	00:34:11	+5:26	3:25	34:11	17:19 (45)	M (36)	SENIOR M (16)	
37	190	FERNANDEZ LIJÓ, JUAN FRANCISCO	POR AMOR AL ARTE	00:34:14	+5:29	3:25	34:13	17:10 (39)	M (37)	MASTER 2 M (4)	
38	64	MONTEAGUDO LAGO, PABLO		00:34:18	+5:33	3:25	34:17	17:07 (35)	M (38)	SENIOR M (17)	
39	31	SOUTO ANDÚJAR, HUGO	A.D.FOGAR	00:34:20	+5:35	3:25	34:19	17:13 (41)	M (39)	SUB 20 M (5)	
40	123	BARREIRO CASTIÑEIRA, MARCOS	CLUB TRIATLÓN COMPOSTELA	00:34:20	+5:35	3:25	34:19	17:32 (49)	M (40)	MASTER 1 M (7)	
41	1581	PATIÑO RIOS, JESUS		00:34:21	+5:36	3:26	34:21	17:29 (47)	M (41)	SUB 18 M (1)	
42	37	OTERO LADO, FERNANDO	TRIKI TEAM	00:34:28	+5:43	3:26	34:28	17:06 (31)	M (42)	SUB 23 M (5)	
43	25	MATEOS CALVIÑO, IAGO	SD COMPOSTELA ATLETISMO	00:34:29	+5:44	3:26	34:28	17:15 (43)	M (43)	SUB 18 M (2)	
44	38	LÓPEZ OTERO, PEDRO	A.D.FOGAR	00:34:30	+5:45	3:26	34:29	17:13 (40)	M (44)	SUB 23 M (6)	
45	105	FONTÁN MARTÍNEZ, XACOBE	CLUB ATLETISMO SAR	00:34:39	+5:54	3:27	34:37	17:25 (46)	M (45)	MASTER 1 M (8)	
46	138	PARDO MONTERO, ALBERTO		00:34:48	+6:03	3:28	34:44	17:37 (51)	M (46)	MASTER 1 M (9)	
47	114	PAZ ÁLVAREZ, MARCOS	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:34:52	+6:07	3:29	34:50	17:54 (57)	M (47)	MASTER 1 M (10)	
<b>48</b>	<b>182</b>	<b>CAAMAÑO NIETO, RUBEN</b>	<b>CLUB ATLETISMO SAR</b>	<b>00:34:56</b>	<b>+6:11</b>	<b>3:29</b>	<b>34:55</b>	<b>17:09 (38)</b>	<b>M (48)</b>	<b>MASTER 2 M (5)</b>	<b>M (3)</b>
49	163	GOMEZ RIOS, ANTONIO	CLUB ATLETISMO SAR	00:34:59	+6:14	3:29	34:56	17:55 (58)	M (49)	MASTER 2 M (6)	
50	30	MOURE FERNÁNDEZ, NUNO	A. D. FOGAR	00:35:02	+6:17	3:30	35:00	16:45 (19)	M (50)	SUB 20 M (6)	
51	177	LOSADA ORTIZ, GONZALO	8 SUELAS	00:35:09	+6:24	3:30	35:07	17:49 (53)	M (51)	MASTER 2 M (7)	
52	69	GARCÍA VIDAL, JAVIER	CORSICA RUN XTREM	00:35:11	+6:26	3:31	35:10	17:32 (48)	M (52)	SENIOR M (18)	
53	74	CAPELO VIEITES, EFREN	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:35:13	+6:28	3:31	35:13	17:53 (54)	M (53)	SENIOR M (19)	
<b>54</b>	<b>29</b>	<b>GONZALEZ FERNANDEZ, SANDRA</b>	<b>ESCUELA ATLETICA LUCENSE</b>	<b>00:35:13</b>	<b>+6:28</b>	<b>3:31</b>	<b>35:11</b>	<b>17:53 (56)</b>	<b>F (1)</b>	<b>SUB 20 F (NA)</b>	
55	59	OTERO LESTÓN, JESÚS		00:35:14	+6:29	3:31	35:13	17:42 (52)	M (54)	SENIOR M (20)	
56	130	MARTINEZ LOUZAO, LUIS MIGUEL	CLUB TRIATLÓN COMPOSTELA	00:35:19	+6:34	3:31	35:18	17:32 (50)	M (55)	MASTER 1 M (11)	
57	186	RODRÍGUEZ TORRES, JUAN CARLOS	S.D. BARBANTIA RODA	00:35:20	+6:35	3:31	35:16	17:56 (59)	M (56)	MASTER 2 M (8)	
58	116	BOUZAS REY, PABLO		00:35:25	+6:40	3:32	35:24	18:03 (60)	M (57)	MASTER 1 M (12)	
<b>59</b>	<b>5</b>	<b>HIMI, LAMYAE</b>	<b>ATLETISMO NARON</b>	<b>00:35:29</b>	<b>+6:44</b>	<b>3:32</b>	<b>35:26</b>	<b>17:53 (55)</b>	<b>F (2)</b>	<b>SENIOR F (NA)</b>	
60	188	GONZÁLEZ REY, BONI	O JERREIRO CARNOTA	00:35:30	+6:45	3:32	35:25	18:31 (83)	M (58)	MASTER 2 M (9)	
61	193	DOPAZO MIGUEZ, ALBERTO	CLUB TRIATLÓN COMPOSTELA	00:35:33	+6:48	3:33	35:31	18:04 (61)	M (59)	MASTER 2 M (10)	
62	160	TRABA CAAMAÑO, PEDRO	CLUB ATLETISMO OUTES- MARISCOS ANTÓN	00:35:33	+6:48	3:33	35:27	18:14 (66)	M (60)	MASTER 2 M (11)	
<b>63</b>	<b>11</b>	<b>MARTÍNEZ PÉON, SABELA</b>	<b>SOCIEDAD GIMNASTICA PONTEVEDRA</b>	<b>00:35:37</b>	<b>+6:52</b>	<b>3:33</b>	<b>35:37</b>	<b>18:08 (63)</b>	<b>F (3)</b>	<b>SUB 18 F (NA)</b>	
64	111	GEY MARTÍNEZ, RAMÓN	CLUB ATLETISMO LOUSAME	00:35:43	+6:58	3:34	35:40	18:17 (68)	M (61)	MASTER 1 M (13)	
65	115	SANDE PUGA, JUAN JESÚS	SD COMPOSTELA ATLETISMO	00:35:47	+7:02	3:34	35:44	18:26 (79)	M (62)	MASTER 1 M (14)	
66	146	TARELA MIRAMONTES, DANIEL		00:35:59	+7:14	3:35	35:57	18:17 (69)	M (63)	MASTER 2 M (12)	
67	119	BOUZAS REY, ISMAEL		00:36:06	+7:21	3:36	36:05	18:15 (67)	M (64)	MASTER 1 M (15)	
68	195	OVIEDO BOUZAS, FRANCISCO	CLUB ATLETISMO NOIA	00:36:09	+7:24	3:36	36:07	18:29 (81)	M (65)	MASTER 2 M (13)	
69	165	CALVO CES, ARMANDO	ATLETISMO SAR	00:36:12	+7:27	3:37	36:07	18:47 (95)	M (66)	MASTER 2 M (14)	
70	61	CASAL MOURELOS, MARTÍN	CLUB ATLETISMO TAMBRE	00:36:14	+7:29	3:37	36:13	18:08 (64)	M (67)	SENIOR M (21)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
71	175	CREGO, XACOBO	CLUB TRIATLON INFORHOUSE SANTIAGO	00:36:18	+7:33	3:37	36:18	18:07 (62)	M (68)	MASTER 2 M (15)	
72	225	IGLESIAS CARRERA, PIO	CLUB TRIATLÓN COMPOSTELA	00:36:18	+7:33	3:37	36:16	18:30 (82)	M (69)	MASTER 3 M (1)	
<b>73</b>	<b>149</b>	<b>VILLAVERDE VAZQUEZ, LUIS</b>	<b>CLUB ATLETISMO NEGREIRA</b>	<b>00:36:22</b>	<b>+7:37</b>	<b>3:38</b>	<b>36:20</b>	<b>18:23 (75)</b>	<b>M (70)</b>	<b>MASTER 2 M (16)</b>	<b>M (4)</b>
74	196	POSE PEREZ, AGUS	SI FORAS SACHAR	00:36:23	+7:38	3:38	36:17	18:48 (97)	M (71)	MASTER 2 M (17)	
75	184	REY LAGO, JESUS		00:36:27	+7:42	3:38	36:23	18:21 (72)	M (72)	MASTER 2 M (18)	
<b>76</b>	<b>209</b>	<b>NIETO GONZALEZ, JOSE MANUEL</b>	<b>CLUB ATLETISMO SAR</b>	<b>00:36:28</b>	<b>+7:43</b>	<b>3:38</b>	<b>36:25</b>	<b>18:23 (74)</b>	<b>M (73)</b>	<b>MASTER 3 M (2)</b>	<b>M (5)</b>
77	67	MATA CASTRO, ARTURO	CLUB ATLETISMO SANTIAGO	00:36:29	+7:44	3:38	36:28	18:09 (65)	M (74)	SENIOR M (22)	
78	187	GONZÁLEZ REY, JOSECHO	O JERREIRO CARNOTA	00:36:29	+7:44	3:38	36:27	18:44 (91)	M (75)	MASTER 2 M (19)	
79	227	FALCÓN PÉREZ, SANTIAGO	CLUB ATLETISMO CAMBADOS	00:36:30	+7:45	3:38	36:30	18:22 (73)	M (76)	MASTER 3 M (3)	
80	57	IGLESIAS AMORES, MIGUEL	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:36:30	+7:45	3:38	36:26	18:41 (88)	M (77)	SENIOR M (23)	
81	127	FERNÁNDEZ FREIRE, JULIO	NOSPORTLIMIT	00:36:33	+7:48	3:39	36:30	18:19 (71)	M (78)	MASTER 1 M (16)	
82	171	LÓPEZ-RIOBOO SALINAS, LUIS		00:36:35	+7:50	3:39	36:32	18:25 (78)	M (79)	MASTER 2 M (20)	
83	85	LÓPEZ PARDO, ALEJANDRO	A.D.FOGAR	00:36:37	+7:52	3:39	36:31	18:47 (94)	M (80)	SENIOR M (24)	
84	181	BUGALLO DEL PUERTO, XAQUIN	RUNNING OLEIROS	00:36:41	+7:56	3:40	36:39	18:48 (98)	M (81)	MASTER 2 M (21)	
85	42	ABELENDA SALGADO, IAGO		00:36:42	+7:57	3:40	36:39	18:27 (80)	M (82)	SUB 23 M (7)	
86	201	DOBARRO, ADRIAN	ATLETISMO FONTES DO SAR	00:36:44	+7:59	3:40	36:38	18:42 (89)	M (83)	MASTER 2 M (22)	
87	94	PÉREZ GARCÍA, CÉSAR		00:36:56	+8:11	3:41	36:55	18:46 (93)	M (84)	MASTER 1 M (17)	
88	199	DIAZ BAUTISTA, JOSE ANGEL	BRUTANZOS TEAM	00:36:57	+8:12	3:41	36:53	18:38 (87)	M (85)	MASTER 2 M (23)	
89	197	FABEIRO RAPOSO, EDUARDO	TRIBU TRAIL	00:36:58	+8:13	3:41	36:56	18:35 (85)	M (86)	MASTER 2 M (24)	
90	75	TORRESCUSA MOURIÑO, RICARDO		00:37:01	+8:16	3:42	36:57	18:45 (92)	M (87)	SENIOR M (25)	
91	148	BELLO GARCÍA, JUAN JOSÉ		00:37:02	+8:17	3:42	36:57	18:47 (96)	M (88)	MASTER 2 M (25)	
92	147	MANEIRO FREIRE, VICTOR	CDM VERTICE	00:37:02	+8:17	3:42	36:56	18:37 (86)	M (89)	MASTER 2 M (26)	
93	43	FERNANDEZ DIAZ, PABLO	CLUB ATLETISMO TORRELAVEGA	00:37:02	+8:17	3:42	36:59	18:43 (90)	M (90)	SUB 23 M (8)	
94	101	RODRÍGUEZ PIMENTEL, PATRICK		00:37:03	+8:18	3:42	37:03	19:05 (111)	M (91)	MASTER 1 M (18)	
95	79	PAMPIN RIOS, PABLO	BJ RUNNING TEAM	00:37:05	+8:20	3:42	37:03	18:18 (70)	M (92)	SENIOR M (26)	
96	84	QUINTIÁN AGRAFOJO, CHEMA	FIND YOUR EVEREST	00:37:06	+8:21	3:42	37:02	18:55 (104)	M (93)	SENIOR M (27)	
<b>97</b>	<b>176</b>	<b>MANEIRO TORRES, DAVID</b>	<b>SAUDE SPORT</b>	<b>00:37:07</b>	<b>+8:22</b>	<b>3:42</b>	<b>37:05</b>	<b>18:55 (103)</b>	<b>M (94)</b>	<b>MASTER 2 M (27)</b>	<b>M (6)</b>
98	48	LÓPEZ DOPICO, MIGUEL	CLUB FERROL ATLETISMO	00:37:08	+8:23	3:42	37:06	18:35 (84)	M (95)	SENIOR M (28)	
99	78	MARTÍNEZ IGLESIAS, ERIC	S.D. BARBANTIA RODA	00:37:12	+8:27	3:43	37:06	18:57 (105)	M (96)	SENIOR M (29)	
100	50	VIDAL VÁZQUEZ, MATEO		00:37:16	+8:31	3:43	37:14	18:23 (76)	M (97)	SENIOR M (30)	
101	226	MARIÑO CARREÑO, MANUEL Mª	PA TOXO EU	00:37:24	+8:39	3:44	37:19	19:08 (113)	M (98)	MASTER 3 M (4)	
102	398	CEBEY GONZÁLEZ, JORGE	TRAILEROS TOXOS E BIRRAS	00:37:27	+8:42	3:44	37:20	19:28 (133)	M (99)	SENIOR M (31)	
103	60	PÉREZ FERNÁNDEZ, BRAIS	CLUB ATLETISMO TAMBRE	00:37:28	+8:43	3:44	37:27	18:51 (99)	M (100)	SENIOR M (32)	
104	55	FERNÁNDEZ TOJO, ALEXANDRE	CLUB ATLETISMO TAMBRE	00:37:28	+8:43	3:44	37:27	18:51 (100)	M (101)	SENIOR M (33)	
105	106	CACHAFEIRO GARCÍA, GERARDO	CLUB TRIATLÓN COMPOSTELA	00:37:29	+8:44	3:44	37:27	19:05 (110)	M (102)	MASTER 1 M (19)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
106	36	GONTAN IGLESIAS, AINOA	SD COMPOSTELA ATLETISMO	00:37:29	+8:44	3:44	37:26	18:52 (101)	F (4)	SUB 23 F (1)	
107	142	RODRIGUEZ LIAS, ALEX		00:37:32	+8:47	3:45	37:30	19:05 (107)	M (103)	MASTER 1 M (20)	
108	54	POSE REGUEIRO, PASTOR ADRIAN	ACEA DE AMA - TRIATLON ARTEIXO	00:37:34	+8:49	3:45	37:30	19:03 (106)	M (104)	SENIOR M (34)	
109	224	BUJÁN OTERO, JOSÉ CARLOS	CLUB TRIATLÓN COMPOSTELA	00:37:36	+8:51	3:45	37:34	19:05 (108)	M (105)	MASTER 3 M (5)	
110	159	PENEDO TABOADA, MIGUEL		00:37:37	+8:52	3:45	37:34	18:23 (76)	M (106)	MASTER 2 M (28)	
111	198	GARCIA FANDIÑO, JUAN	CLUB TRIATLÓN COMPOSTELA	00:37:41	+8:56	3:46	37:39	19:05 (109)	M (107)	MASTER 2 M (29)	
112	27	CASAS FERNÁNDEZ, IVÁN	CLUB ATLETISMO TAMBRE	00:37:47	+9:02	3:46	37:44	19:23 (123)	M (108)	SUB 18 M (3)	
113	248	ABEAL, ALBERTO	BRUTANZOS TEAM	00:37:50	+9:05	3:46	37:50	18:55 (102)	M (109)	MASTER 1 M (21)	
114	151	SANDÁ ARES, JOSE	SD COMPOSTELA ATLETISMO	00:37:54	+9:09	3:47	37:48	19:30 (135)	M (110)	MASTER 2 M (30)	
115	125	BLANCO LESTÓN, JOSE MANUEL	O JERREIRO CARNOTA	00:37:55	+9:10	3:47	37:52	19:12 (115)	M (111)	MASTER 1 M (22)	
116	280	GÓMEZ GÓMEZ, MANUEL	PONTE TRAIL	00:38:00	+9:15	3:47	37:56	19:08 (112)	M (112)	MASTER 3 M (6)	
117	1653	ZARAUZA BEIRAS, ALVARO		00:38:01	+9:16	3:48	37:56	19:26 (130)	M (113)	MASTER 2 M (31)	
118	274	PANIAGUA FERNANDEZ, JOSE LUIS	ATLETISMO FONTES DO SAR	00:38:05	+9:20	3:48	38:00	19:23 (122)	M (114)	MASTER 2 M (32)	
119	246	GONZÁLEZ PARGA, RUBÉN		00:38:06	+9:21	3:48	38:01	19:15 (117)	M (115)	MASTER 1 M (23)	
120	630	GARCIA CABALEIRO, DARIO	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:38:07	+9:22	3:48	38:05	19:12 (116)	M (116)	MASTER 1 M (24)	
121	1311	RODRIGUEZ POUSO, LITO		00:38:10	+9:25	3:48	38:09	19:37 (140)	M (117)	MASTER 2 M (33)	
122	521	FONTAN MONTEAGUDO, IVAN		00:38:11	+9:26	3:49	38:01	19:26 (129)	M (118)	SENIOR M (35)	
123	385	BLANCO GOMEZ, SAUL	CLIB ATLETISMO OUTES	00:38:13	+9:28	3:49	37:57	19:47 (154)	M (119)	SENIOR M (36)	
124	369	LÓPEZ LÓPEZ, BORJA	HENKO	00:38:14	+9:29	3:49	37:46	20:27 (205)	M (120)	SENIOR M (37)	
125	65	CASTRO GÓMEZ, DANIEL	CLUB ATLETISMO TAMBRE	00:38:15	+9:30	3:49	38:11	19:24 (124)	M (121)	SENIOR M (38)	
126	91	GALAN BERJANO, SERGIO		00:38:16	+9:31	3:49	38:12	19:28 (134)	M (122)	SENIOR M (39)	
127	230	SILVA BANDÍN, DANIEL		00:38:18	+9:33	3:49	38:13	19:41 (147)	M (123)	SENIOR M (40)	M (7)
128	167	MIRANDA VIEITO, JOSE MANUEL	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:38:21	+9:36	3:50	38:20	19:17 (119)	M (124)	MASTER 2 M (34)	
129	397	BLANCO COSTA, MARCOS		00:38:21	+9:36	3:50	38:12	19:55 (169)	M (125)	SENIOR M (41)	
130	68	MIGUÉNS SUÁREZ, PABLO		00:38:23	+9:38	3:50	38:18	19:26 (126)	M (126)	SENIOR M (42)	
131	93	QUERENTES SANTOS, JORGE	TRIBU TRAIL	00:38:23	+9:38	3:50	38:19	19:15 (118)	M (127)	SENIOR M (43)	M (8)
132	214	MARTÍNEZ NIETO, MÍCHEL	CLUB ATLETISMO OUTES- MARISCOS ANTÓN	00:38:24	+9:39	3:50	38:18	19:18 (120)	M (128)	MASTER 3 M (7)	
133	174	VÁZQUEZ MATO, JOSÉ MANUEL	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:38:26	+9:41	3:50	38:26	19:12 (114)	M (129)	MASTER 2 M (35)	
134	264	SILVA BRENLLA, GONZALO	NOITEBRA F.C.	00:38:28	+9:43	3:50	38:23	19:42 (149)	M (130)	MASTER 2 M (36)	
135	92	CARLEOS MAYÁN, FRANCISCO	CORRIDA DAS CABRAS	00:38:29	+9:44	3:50	38:22	19:26 (127)	M (131)	SENIOR M (44)	
136	137	RAMIRO GÓMEZ, JUAN LUIS	CLUB DEPORTIVO PINARIUM	00:38:29	+9:44	3:50	38:23	19:44 (151)	M (132)	MASTER 1 M (25)	
137	218	CÉSAR VILA, ÁLVARO	CLUB ATLETISMO TAMBRE	00:38:31	+9:46	3:51	38:27	19:24 (125)	M (133)	MASTER 3 M (8)	
138	200	CÓRDOBA OTERO, ROBERTO		00:38:31	+9:46	3:51	38:21	19:41 (146)	M (134)	MASTER 2 M (37)	
139	172	CARBALLO MORÁN, RUBEN	CLUB ATLETISMO TAMBRE	00:38:34	+9:49	3:51	38:31	19:41 (148)	M (135)	MASTER 2 M (38)	
140	109	PÉREZ VILAS, RAFAEL	TRIBU TRAIL	00:38:37	+9:52	3:51	38:33	19:27 (131)	M (136)	MASTER 1 M (26)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
141	122	IGLESIAS CARBALLIDO, ANDREA	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:38:38	+9:53	3:51	38:35	19:26 (128)	F (5)	MASTER 1 F (1)	
142	70	GÓMEZ GONZÁLEZ, ANTÓN	REAL CLUB CELTA ATLETISMO	00:38:38	+9:53	3:51	38:38	16:31 (15)	M (137)	SENIOR M (45)	
143	1330	VILLAR CES, PABLO	CLUB ATLETISMO NOIA	00:38:42	+9:57	3:52	38:37	20:07 (180)	M (138)	SUB 18 M (4)	
144	424	CASALDERREY ESPERÓN, RAÚL		00:38:43	+9:58	3:52	38:26	20:35 (215)	M (139)	SENIOR M (46)	
145	135	LAIÑO SILVA, VICTOR	SAN MIGUEL DE MARIN	00:38:44	+9:59	3:52	38:40	19:31 (136)	M (140)	MASTER 1 M (27)	
146	49	CORTÉS ESPERÓN, JORGE		00:38:45	+10:00	3:52	38:37	19:50 (158)	M (141)	SENIOR M (47)	
147	141	MOURE SANLES, BASILIO		00:38:47	+10:02	3:52	38:43	19:42 (150)	M (142)	MASTER 1 M (28)	M (9)
148	191	AYASO ROMERO, JOSE LUIS	SANTA UXIA ATLETISMO	00:38:47	+10:02	3:52	38:43	19:35 (137)	M (143)	MASTER 2 M (39)	
149	26	AYASO PARADA, IKER	SANTA UXIA ATLETISMO	00:38:47	+10:02	3:52	38:43	19:47 (155)	M (144)	SUB 18 M (5)	
150	178	VÁZQUEZ TUBIO, ALBERTO	S. D BARBANTIA RODA	00:38:48	+10:03	3:52	38:41	19:52 (159)	M (145)	MASTER 2 M (40)	
151	420	MOGO CASTRO, CRISTIAN		00:38:49	+10:04	3:52	38:42	19:52 (161)	M (146)	SENIOR M (48)	
152	180	CALERO FERNÁNDEZ, JOSÉ MANUEL	CLUB ATLETISMO SAR	00:38:51	+10:06	3:53	38:44	19:44 (152)	M (147)	MASTER 2 M (41)	
153	203	GARCÍA SÓÑORA, MARCOS	CLUB ATLETISMO NOIA	00:38:52	+10:07	3:53	38:49	19:35 (138)	M (148)	MASTER 2 M (42)	
154	237	PLACER GARCÍA-RODEJA, MARTIÑO	SD COMPOSTELA ATLETISMO	00:38:55	+10:10	3:53	38:49	19:40 (141)	M (149)	SENIOR M (49)	
155	254	PÉREZ MUROS, SEBAS	SERRES RUNNERS	00:38:55	+10:10	3:53	38:40	20:18 (196)	M (150)	MASTER 2 M (43)	
156	206	VALIÑO CES, JOSE ANTONIO	ATLETISMO FONTES DO SAR	00:38:56	+10:11	3:53	38:50	19:52 (162)	M (151)	MASTER 2 M (44)	
157	143	ALDAO LÓPEZ, ALEJANDRO		00:38:56	+10:11	3:53	38:52	19:41 (143)	M (152)	MASTER 2 M (45)	
158	124	MOURE VÁZQUEZ, MANUEL	CLUB TRIATLON CERVECERÍA O COTÓN	00:38:57	+10:12	3:53	38:52	19:53 (163)	M (153)	MASTER 1 M (29)	
159	134	CASTROAGUDIN GÓMEZ, ADRIÁN	CLUB ATLETISMO MORAÑA EN RUTA	00:38:57	+10:12	3:53	38:54	19:27 (132)	M (154)	MASTER 1 M (30)	
160	228	LUACES PAZ, ANTONIO	CLUB ATLETISMO SAR	00:38:57	+10:12	3:53	38:51	20:24 (198)	M (155)	SUB 23 M (9)	
161	212	ADÁN ARIAS, JOSE CARLOS	ADN TELMO PELUQUEROS	00:38:58	+10:13	3:53	38:57	19:36 (139)	M (156)	MASTER 3 M (9)	
162	827	CASTRO FERNANDEZ, JACOBO		00:38:58	+10:13	3:53	38:50	20:01 (177)	M (157)	MASTER 2 M (46)	
163	169	DOSIL RIVAS, JAVI	ATLETISMO FONTES DO SAR	00:38:58	+10:13	3:53	38:52	19:54 (167)	M (158)	MASTER 2 M (47)	
164	426	SANTIAGO BUGALLO, JULIO		00:39:00	+10:15	3:53	38:51	19:55 (168)	M (159)	SENIOR M (50)	
165	373	IGLESIAS RODRÍGUEZ, JOAQUÍN		00:39:01	+10:16	3:54	38:53	20:11 (184)	M (160)	SENIOR M (51)	
166	1016	PORTA VALES, DOMINGO TOMÁS	CLUB ATLETISMO SADA	00:39:03	+10:18	3:54	38:52	19:41 (145)	M (161)	MASTER 3 M (10)	
167	83	CARREÑO GONZALEZ, MARTIN		00:39:07	+10:22	3:54	38:58	20:12 (188)	M (162)	SENIOR M (52)	
168	40	GONZÁLEZ PAIS, RAMÓN	CLUB ATLETISMO SAR	00:39:08	+10:23	3:54	38:55	20:39 (218)	M (163)	SUB 23 M (10)	
169	222	JUANATEY PÉREZ, JOSÉ ANTONIO	ATLETISMO FONTES DO SAR	00:39:08	+10:23	3:54	39:03	19:54 (165)	M (164)	MASTER 3 M (11)	
170	265	FERNÁNDEZ RODRIGUEZ, JOSE ANTONIO	CLUBE ATLETISMO BOIMORTO	00:39:11	+10:26	3:55	39:06	19:45 (153)	M (165)	MASTER 2 M (48)	
171	803	MOSQUERA DE VALDIVIELSO, JAVIER		00:39:12	+10:27	3:55	39:04	19:52 (160)	M (166)	MASTER 2 M (49)	
172	620	RIVAS DE JESUS, SERGIO		00:39:17	+10:32	3:55	39:08	20:12 (189)	M (167)	MASTER 1 M (31)	
173	1327	SALGADO POUZO, JORGE	CLUB NATACIÓN RIBEIRA	00:39:20	+10:35	3:55	39:19	19:41 (142)	M (168)	SUB 18 M (6)	
174	793	MARTÍNEZ RICO, ALBERTO	CDM VERTICE	00:39:22	+10:37	3:56	39:14	19:58 (173)	M (169)	MASTER 2 M (50)	
175	104	CABODEVILA PIVIDAL, MATEO		00:39:22	+10:37	3:56	39:14	19:48 (156)	M (170)	MASTER 1 M (32)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
176	1725	PIÑEIRO ABEIJON, BENITO		00:39:26	+10:41	3:56	39:17	19:54 (164)	M (171)	MASTER 3 M (12)	
177	240	FREIRE FACAL, RAFA		00:39:29	+10:44	3:56	39:22	20:11 (182)	M (172)	SENIOR M (53)	
178	276	CABO BLANCO, CARLOS		00:39:31	+10:46	3:57	39:23	20:13 (192)	M (173)	MASTER 3 M (13)	
179	98	PALACIOS LADO, SERGIO	CLUB ATLETISMO O PINO	00:39:33	+10:48	3:57	39:25	20:01 (176)	M (174)	MASTER 1 M (33)	
180	635	VEGA LEAL, JORGE		00:39:34	+10:49	3:57	39:31	19:57 (171)	M (175)	MASTER 1 M (34)	
181	379	LIÑAYO FILGUERIA, PABLO		00:39:35	+10:50	3:57	39:07	21:02 (245)	M (176)	SENIOR M (54)	
182	1456	MICHALOWICZ, JAKUB MIKOLAJ		00:39:35	+10:50	3:57	39:27	20:00 (174)	M (177)	SENIOR M (55)	
183	253	OTERO RAMA, JUAN JOSE	TRIKI TEAM	00:39:36	+10:51	3:57	39:34	19:49 (157)	M (178)	MASTER 2 M (51)	
184	1658	VAZQUEZ TOURON, ANTONIO	SD COMPOSTELA ATLETISMO	00:39:37	+10:52	3:57	39:32	19:56 (170)	M (179)	MASTER 3 M (14)	
185	277	BOO FARIÑA, SALVADOR	TRIBU TRAIL	00:39:38	+10:53	3:57	39:36	20:01 (175)	M (180)	MASTER 3 M (15)	
186	271	PICÓN ESPÍÑO, ROBERTO	CLUB TRIATLON CERVECERÍA O COTÓN	00:39:42	+10:57	3:58	39:35	20:11 (183)	M (181)	MASTER 2 M (52)	
187	223	PARADA GARCÍA, LUIS MIGUEL	EL CANARIO	00:39:42	+10:57	3:58	39:36	20:25 (200)	M (182)	MASTER 3 M (16)	
188	423	PÉREZ LÓPEZ, DIEGO		00:39:44	+10:59	3:58	39:35	20:38 (217)	M (183)	SENIOR M (56)	
189	58	PITA ROMERO, PEDRO		00:39:44	+10:59	3:58	39:31	20:21 (197)	M (184)	SENIOR M (57)	
190	205	TRIÑANES, JAVIER	SERRES RUNNERS	00:39:44	+10:59	3:58	39:41	19:57 (172)	M (185)	MASTER 2 M (53)	
191	783	MARTÍNEZ FERRACES, JORGE		00:39:48	+11:03	3:58	39:27	20:29 (207)	M (186)	MASTER 2 M (54)	
192	76	OTERO DOSIL, RUBÉN	CLUB ATLETISMO NOIA	00:39:49	+11:04	3:58	39:45	19:41 (144)	M (187)	SENIOR M (58)	
193	161	<b>GARCÍA SÁNCHEZ, NATI</b>	<b>CLUB ATLETISMO SADA</b>	00:39:49	<b>+11:04</b>	<b>3:58</b>	<b>39:44</b>	<b>20:28 (206)</b>	<b>F (6)</b>	<b>MASTER 2 F (1)</b>	
194	366	OTERO DOMÍNGUEZ, XAQUÍN		00:39:52	+11:07	3:59	39:38	20:31 (213)	M (188)	SENIOR M (59)	
195	1017	FERNANDEZ VIDAL, ANGEL	SD COMPOSTELA ATLETISMO	00:39:52	+11:07	3:59	39:44	20:11 (186)	M (189)	MASTER 3 M (17)	
196	263	<b>VARELA ALVAREZ, LAUREANO</b>	<b>SD COMPOSTELA ATLETISMO</b>	00:39:53	<b>+11:08</b>	<b>3:59</b>	<b>39:48</b>	<b>20:11 (185)</b>	<b>M (190)</b>	<b>MASTER 2 M (55)</b>	<b>M (10)</b>
197	273	<b>MARTINEZ MANEIRO, ALBERTO</b>	<b>INCOR AUTOVIDRIO</b>	00:39:53	<b>+11:08</b>	<b>3:59</b>	<b>39:45</b>	<b>20:12 (190)</b>	<b>M (191)</b>	<b>MASTER 2 M (56)</b>	<b>M (11)</b>
198	399	IGLESIAS SUEIRO, JORGE		00:39:54	+11:09	3:59	39:30	20:34 (214)	M (192)	SENIOR M (60)	
199	733	VIDAL TOME, JAVIER		00:39:54	+11:09	3:59	39:48	20:26 (201)	M (193)	MASTER 2 M (57)	
200	612	SAMPAIO BARBOSA, NUNO MIGUEL		00:39:56	+11:11	3:59	39:39	20:11 (187)	M (194)	MASTER 1 M (35)	
201	287	TAJES MAYO, JUAN JESÚS	ATLETISMO FONTES DO SAR	00:39:59	+11:14	3:59	39:52	20:15 (194)	M (195)	MASTER 3 M (18)	
202	912	BARBÉ MARTÍN, MIGUEL ANGEL	SERRES RUNNERS	00:40:00	+11:15	3:59	39:52	20:24 (199)	M (196)	MASTER 2 M (58)	
203	345	<b>FERNANDEZ MARTINEZ, ROSANA</b>	<b>SD COMPOSTELA ATLETISMO</b>	00:40:00	<b>+11:15</b>	<b>3:59</b>	<b>39:57</b>	<b>19:54 (166)</b>	<b>F (7)</b>	<b>SUB 23 F (2)</b>	
204	234	MACEIRAS INSUA, DANIEL		00:40:08	+11:23	4:00	40:00	20:30 (210)	M (197)	SENIOR M (61)	
205	267	PIÑERO LAMAS, RAMÓN	S.D. BARBANTIA RODA	00:40:09	+11:24	4:00	40:02	20:30 (211)	M (198)	MASTER 2 M (59)	
206	414	BLANCO MÉNDEZ, JORGE	DS TEAM	00:40:12	+11:27	4:01	40:08	20:27 (204)	M (199)	SENIOR M (62)	
207	269	MAYO BALDERRABANO, JUAN JOSÉ	CLUB ATLETISMO NOIA	00:40:16	+11:31	4:01	40:09	20:29 (208)	M (200)	MASTER 2 M (60)	
208	261	CIGÜENZA GESTOSO, JOSÉ IGNACIO	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:40:19	+11:34	4:01	40:14	20:10 (181)	M (201)	MASTER 2 M (61)	
209	235	ALONSO GARRIDO, ÁLVARO		00:40:23	+11:38	4:02	40:12	20:46 (228)	M (202)	SENIOR M (63)	
210	229	<b>VERES OJEA, ELENA</b>	<b>SD COMPOSTELA ATLETISMO</b>	00:40:27	<b>+11:42</b>	<b>4:02</b>	<b>40:27</b>	<b>20:27 (203)</b>	<b>F (8)</b>	<b>SENIOR F (1)</b>	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
211	257	BUJÁN GONZÁLEZ, JOSÉ	CLUB ATLETISMO OUTES- MARISCOS ANTÓN	00:40:29	+11:44	4:02	40:12	20:42 (223)	M (203)	MASTER 2 M (62)	
212	179	MOURE ANDRADE, ALBERTO		00:40:33	+11:48	4:03	40:31	20:02 (178)	M (204)	MASTER 2 M (63)	
213	435	FROJAN TUBIO, JORGE		00:40:34	+11:49	4:03	40:01	20:46 (227)	M (205)	SENIOR M (64)	
214	221	SENDON RODRIGUEZ, JOSE DOMINGO	ATLETISMO FONTES DO SAR	00:40:37	+11:52	4:03	40:31	20:17 (195)	M (206)	MASTER 3 M (19)	
215	1710	ROSENDE FUENTES, LUIS	CLUB ATLETISMO TAMBRE	00:40:38	+11:53	4:03	40:38	20:42 (224)	M (207)	MASTER 2 M (64)	
216	89	VÁZQUEZ TEIRA, DAVID	CERVECERÍA O COTÓN NEGREIRA	00:40:40	+11:55	4:03	40:35	20:07 (179)	M (208)	SENIOR M (65)	
217	232	FERNÁNDEZ GARCIA, ADRIÁN		00:40:40	+11:55	4:03	40:30	20:31 (212)	M (209)	SENIOR M (66)	
218	1509	MARIÑO NOYA, DIEGO		00:40:41	+11:56	4:04	40:02	21:29 (272)	M (210)	SENIOR M (67)	
219	266	TRILLO CAAMAÑO, JUAN CARLOS	ASOCIACIÓN DEPORTIVA OLIMPIA	00:40:42	+11:57	4:04	40:31	20:51 (231)	M (211)	MASTER 2 M (65)	
220	808	MANCERA, RODRIGO	S.M. ARTABROS	00:40:43	+11:58	4:04	40:35	20:13 (191)	M (212)	MASTER 2 M (66)	
221	805	GÓMEZ RAPOSO, EDUARDO	CLUB TRIATLÓN COMPOSTELA	00:40:43	+11:58	4:04	40:36	20:36 (216)	M (213)	MASTER 2 M (67)	
222	1040	PÉREZ VIDAL, GERMAN DELFIN	CLUB ATLETISMO NOIA	00:40:45	+12:00	4:04	40:37	20:45 (226)	M (214)	MASTER 3 M (20)	
223	217	IGLESIAS CRISTOBO, ELOY	CLUB ATLETISMO SAR	00:40:48	+12:03	4:04	40:38	20:59 (239)	M (215)	MASTER 3 M (21)	
224	107	ROMAY RODRIGUEZ, RICARDO	CLUB ATLETISMO SAR	00:40:48	+12:03	4:04	40:38	20:59 (238)	M (216)	MASTER 1 M (36)	
225	242	RODRIGUEZ GONZALEZ, IVAN	SAUDE SPORT	00:40:50	+12:05	4:04	40:42	20:29 (209)	M (217)	MASTER 1 M (37)	
226	720	SEOANE CIMADEVILA, MIGUEL		00:40:52	+12:07	4:05	40:28	21:24 (261)	M (218)	MASTER 1 M (38)	
227	278	GENDRE FERNANDEZ, JAVIER	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:40:54	+12:09	4:05	40:48	21:00 (242)	M (219)	MASTER 3 M (22)	
228	291	FERNANDEZ TOME, JUAN		00:40:57	+12:12	4:05	40:51	20:53 (233)	M (220)	MASTER 4 M (1)	
<b>229</b>	<b>425</b>	<b>GOMEZ GONZALEZ, CANDELA</b>	<b>CLUB RIAZOR CORUÑA</b>	<b>00:40:57</b>	<b>+12:12</b>	<b>4:05</b>	<b>40:46</b>	<b>20:41 (221)</b>	<b>F (9)</b>	<b>SENIOR F (2)</b>	
230	220	NOYA PÉREZ, JOSÉ ANTONIO	ATLETISMO FONTES DO SAR	00:40:58	+12:13	4:05	40:52	20:44 (225)	M (221)	MASTER 3 M (23)	
231	279	CAO GARCÍA, JOSÉ MANUEL	ATLETISMO FONTES DO SAR	00:40:59	+12:14	4:05	40:53	20:47 (229)	M (222)	MASTER 3 M (24)	
232	623	PÉREZ GONZÁLEZ, MARCOS	NOSPORTLIMIT	00:41:02	+12:17	4:06	40:45	21:06 (247)	M (223)	MASTER 1 M (39)	
233	499	SOBRIDO YARZA, JAVIER		00:41:04	+12:19	4:06	40:52	20:41 (220)	M (224)	SENIOR M (68)	
234	911	MIGUEZ RIAL, MIGUEL	TRIBU TRAIL	00:41:04	+12:19	4:06	41:01	20:39 (219)	M (225)	MASTER 2 M (68)	
235	944	BOQUETE CORNES, JOSE MANUEL		00:41:05	+12:20	4:06	40:43	21:38 (280)	M (226)	MASTER 2 M (69)	
236	374	VILLAR LÓPEZ, MARTÍN	CLUB FERROL ATLETISMO	00:41:07	+12:22	4:06	41:00	20:54 (234)	M (227)	SENIOR M (69)	
237	46	SOUTO IGLESIAS, ADRIÁN	AD FOGAR	00:41:07	+12:22	4:06	41:01	20:14 (193)	M (228)	SENIOR M (70)	
<b>238</b>	<b>828</b>	<b>LIJÓ CRUJEIRAS, ANDRÉS M.</b>		<b>00:41:09</b>	<b>+12:24</b>	<b>4:06</b>	<b>40:49</b>	<b>21:09 (250)</b>	<b>M (229)</b>	<b>MASTER 2 M (70)</b>	<b>M (12)</b>
239	286	TABOADA GARCIA, JAVIER		00:41:10	+12:25	4:06	41:02	21:00 (243)	M (230)	MASTER 3 M (25)	
240	636	MAYÁN MARTÍNEZ, MIGUEL	TRIBU TRAIL	00:41:10	+12:25	4:06	40:54	21:11 (251)	M (231)	MASTER 1 M (40)	
241	251	SÁNCHEZ LIÑARES, MARQUITOS		00:41:12	+12:27	4:07	41:04	20:58 (236)	M (232)	MASTER 2 M (71)	
242	204	FERNÁNDEZ GÓMEZ, RAIMUNDO		00:41:13	+12:28	4:07	41:10	20:53 (232)	M (233)	MASTER 2 M (72)	
243	629	SEOANE CEA, BRAIS		00:41:14	+12:29	4:07	40:55	21:08 (249)	M (234)	MASTER 1 M (41)	
244	626	FERNÁNDEZ NIMO, IVI	SERRES RUNNERS	00:41:17	+12:32	4:07	40:39	21:54 (301)	M (235)	MASTER 1 M (42)	
245	10	VAQUERO SOUSA, JULIA	C. A. VETERANOS DE SAMIL	00:41:22	+12:37	4:08	41:19	20:48 (230)	F (10)	MASTER 3 F (1)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
246	841	NEGREIRA FERNÁNDEZ, DENIS		00:41:23	+12:38	4:08	41:08	21:13 (253)	M (236)	MASTER 2 M (73)	
247	815	FERNANDEZ GONZALEZ, OSCAR		00:41:24	+12:39	4:08	41:07	21:01 (244)	M (237)	MASTER 2 M (74)	
248	831	MONTERO, JOSÉ		00:41:28	+12:43	4:08	41:19	20:58 (237)	M (238)	MASTER 2 M (75)	
249	1037	SARABANDO GAFANHA, MIGUEL		00:41:29	+12:44	4:08	41:20	20:58 (235)	M (239)	MASTER 3 M (26)	
250	322	BAHAMONDE BARCALA, BRAIS	CLUB ATLETISMO TAMBRE	00:41:33	+12:48	4:09	41:25	21:07 (248)	M (240)	SUB 18 M (7)	
251	806	CALLE VELLÉS, JESÚS		00:41:35	+12:50	4:09	41:26	20:42 (222)	M (241)	MASTER 2 M (76)	
252	418	RAMDANI, SEYF		00:41:41	+12:56	4:10	41:16	21:32 (277)	M (242)	SENIOR M (71)	
253	378	ÁLVAREZ MARTÍNEZ, ADRIÁN		00:41:44	+12:59	4:10	41:23	21:21 (258)	M (243)	SENIOR M (72)	
254	813	HERNÁNDEZ NAVEIRO, RAFAEL	S D BARBANTIA RODA	00:41:49	+13:04	4:10	41:41	20:59 (240)	M (244)	MASTER 2 M (77)	
255	545	BLANCO GARCIA, ADRIAN	CANARIO	00:41:51	+13:06	4:11	41:40	21:16 (257)	M (245)	SENIOR M (73)	
256	259	CARBIA MENDEZ, JUAN LUIS	TRIATLON OUTES	00:41:51	+13:06	4:11	41:40	21:22 (260)	M (246)	MASTER 2 M (78)	
257	796	<b>ABEIJON OLVEIRA, JUAN</b>		00:41:51	<b>+13:06</b>	<b>4:11</b>	<b>41:41</b>	<b>21:11 (252)</b>	<b>M (247)</b>	<b>MASTER 2 M (79)</b>	<b>M (13)</b>
258	392	<b>VILA SANTOS, LAURA</b>	<b>SAÚDE SPORT</b>	00:41:52	<b>+13:07</b>	<b>4:11</b>	<b>41:42</b>	<b>21:04 (246)</b>	<b>F (11)</b>	<b>SENIOR F (3)</b>	<b>F (1)</b>
259	404	ROMERO CHOUZA, ÓSCAR	SERRES RUNNERS	00:41:52	+13:07	4:11	41:30	21:21 (259)	M (248)	SENIOR M (74)	
260	258	DIZ CHAVES, MANUEL	TRIATLON VILAGARCIA	00:41:53	+13:08	4:11	41:38	21:39 (282)	M (249)	MASTER 2 M (80)	
261	332	BUDIÑO GESTIDO, DAVID		00:41:53	+13:08	4:11	41:29	22:07 (324)	M (250)	SUB 20 M (7)	
262	928	DIAZ FIGUEIRAS, SUSO		00:41:54	+13:09	4:11	41:42	21:14 (254)	M (251)	MASTER 2 M (81)	
263	247	CAMPAÑA BARROS, ADRIÁN		00:41:55	+13:10	4:11	41:43	21:31 (273)	M (252)	MASTER 1 M (43)	
264	383	LAGO BARREIROS, JOSÉ		00:41:57	+13:12	4:11	41:37	21:54 (304)	M (253)	SENIOR M (75)	
265	233	RENDO GARCÍA, SALVADOR		00:42:00	+13:15	4:11	42:00	21:53 (296)	M (254)	SENIOR M (76)	
266	1598	FERNÁNDEZ BUCETA, PABLO	SLAO TRAINING	00:42:02	+13:17	4:12	42:02	21:31 (274)	M (255)	MASTER 1 M (44)	
267	231	FERRÓN MOURE, ADRIÁN		00:42:07	+13:22	4:12	42:00	21:14 (255)	M (256)	SENIOR M (77)	
268	816	BARRIENTOS OREIRO, JAVIER	CONCOBOX	00:42:07	+13:22	4:12	41:43	21:53 (295)	M (257)	MASTER 2 M (82)	
269	639	<b>LÓPEZ GESTAL, MARTINA</b>	<b>SD COMPOSTELA ATLETISMO</b>	00:42:07	<b>+13:22</b>	<b>4:12</b>	<b>41:40</b>	<b>21:53 (297)</b>	<b>F (12)</b>	<b>MASTER 1 F (2)</b>	
270	611	LUACES PAZ, ENRIQUE		00:42:09	+13:24	4:12	41:58	21:31 (275)	M (258)	MASTER 1 M (45)	
271	750	MARTINEZ CONCHAS, MANUEL	SERRES RUNNERS	00:42:10	+13:25	4:12	41:39	21:25 (264)	M (259)	MASTER 2 M (83)	
272	751	<b>MONTOTO VÁZQUEZ, PATRICIA</b>	<b>ATLETISMO DEZA</b>	00:42:11	<b>+13:26</b>	<b>4:13</b>	<b>41:48</b>	<b>21:39 (281)</b>	<b>F (13)</b>	<b>MASTER 2 F (2)</b>	
273	1138	SEOANE CHAS, JOSE MANUEL	ACEA DE AMA - TRIATLON ARTEIXO	00:42:15	+13:30	4:13	42:04	21:24 (262)	M (260)	MASTER 4 M (2)	
274	341	<b>FORMOSO RECAREY, ALEJANDRA</b>	<b>TRIKI TEAM</b>	00:42:15	<b>+13:30</b>	<b>4:13</b>	<b>42:12</b>	<b>21:26 (268)</b>	<b>F (14)</b>	<b>SUB 23 F (3)</b>	
275	428	CARDONA DE LA TERGA, SANTIAGO	CLUB DEPORTIVO PINARIUM	00:42:16	+13:31	4:13	41:46	21:57 (310)	M (261)	SENIOR M (78)	
276	387	LATA RIOS, DAVID		00:42:17	+13:32	4:13	42:04	21:39 (284)	M (262)	SENIOR M (79)	
277	272	MONTANÉ LÓPEZ, JAVIER	SD BARBANTIA RODA	00:42:19	+13:34	4:13	41:53	21:39 (283)	M (263)	MASTER 2 M (84)	
278	619	ESCALANTE, DAVID	NOITEBRA F.C.	00:42:20	+13:35	4:13	42:03	21:41 (288)	M (264)	MASTER 1 M (46)	
279	759	MARTINEZ VILAS, AGUSTIN		00:42:22	+13:37	4:14	42:06	21:52 (294)	M (265)	MASTER 2 M (85)	
280	646	SUAREZ TABOADA, MANUEL		00:42:23	+13:38	4:14	42:15	21:25 (265)	M (266)	MASTER 1 M (47)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
281	1061	MOSQUERA BARGO, MARCOS		00:42:23	+13:38	4:14	41:57	22:07 (325)	M (267)	MASTER 3 M (27)	
282	262	CASTIÑEIRAS PORTOS, MANUEL	SD COMPOSTELA ATLETISMO	00:42:25	+13:40	4:14	41:59	21:53 (298)	M (268)	MASTER 2 M (86)	
283	430	FIGUEIRAS LORENZO, EDUARDO	EL CANARIO	00:42:28	+13:43	4:14	42:18	21:55 (307)	M (269)	SENIOR M (80)	
<b>284</b>	<b>1015</b>	<b>GONZÁLEZ MARGARIDE, ANA</b>	<b>CORRE POR BEGONTE</b>	<b>00:42:31</b>	<b>+13:46</b>	<b>4:15</b>	<b>42:21</b>	<b>21:26 (270)</b>	<b>F (15)</b>	<b>MASTER 3 F (2)</b>	
285	774	GOMEZ BEIRO, SANTIAGO	FONTES DO SAR	00:42:31	+13:46	4:15	42:05	22:05 (322)	M (270)	MASTER 2 M (87)	
286	1745	DURO AGRAFOJO, JOSE CARLOS		00:42:34	+13:49	4:15	42:29	21:14 (256)	M (271)	MASTER 3 M (28)	
287	641	VAZQUEZ GARCÍA, ISMAEL		00:42:34	+13:49	4:15	42:20	21:37 (278)	M (272)	MASTER 1 M (48)	
288	211	QUINTELA VAZQUEZ, SUSO	NOITEBRA F.C.	00:42:36	+13:51	4:15	42:29	21:55 (306)	M (273)	MASTER 3 M (29)	
289	730	SOTO LOPE, MANUEL	CLUBE ATLETISMO BOIMORTO	00:42:37	+13:52	4:15	42:19	21:26 (267)	M (274)	MASTER 2 M (88)	
290	283	RODRÍGUEZ FERNANDEZ, JULIO		00:42:37	+13:52	4:15	42:19	21:26 (269)	M (275)	MASTER 3 M (30)	
291	450	MARIL CARREGAL, ALBERTO		00:42:38	+13:53	4:15	42:09	22:01 (317)	M (276)	SENIOR M (81)	
292	457	VIQUEIRA GOMEZ, YAGO		00:42:38	+13:53	4:15	42:11	22:09 (328)	M (277)	SENIOR M (82)	
293	735	FREIRE CABALEIRO, CARLOS		00:42:41	+13:56	4:16	42:32	21:51 (293)	M (278)	MASTER 2 M (89)	
294	1021	CASAL BARREIRO, MIGUEL ANGEL		00:42:43	+13:58	4:16	42:36	21:25 (263)	M (279)	MASTER 3 M (31)	
295	1702	REY AGRELO, RAMIRO	CLUB ATLETISMO LOUSAME	00:42:44	+13:59	4:16	42:16	21:54 (302)	M (280)	MASTER 2 M (90)	
296	285	BARREIRO BLANCO, PEPE		00:42:44	+13:59	4:16	42:35	21:40 (285)	M (281)	MASTER 3 M (32)	
297	634	DIÉGUEZ GONZÁLEZ, BRUNO		00:42:49	+14:04	4:16	42:41	21:27 (271)	M (282)	MASTER 1 M (49)	
298	790	DOMÍNGUEZ OTERO, JOSE	ATLETISMO FONTES DO SAR	00:42:49	+14:04	4:16	42:23	22:12 (331)	M (283)	MASTER 2 M (91)	
<b>299</b>	<b>933</b>	<b>RAMOS LEIS, ANDREIA</b>	<b>ATLETISMO FONTES DO SAR</b>	<b>00:42:49</b>	<b>+14:04</b>	<b>4:16</b>	<b>42:49</b>	<b>22:11 (329)</b>	<b>F (16)</b>	<b>MASTER 2 F (3)</b>	
300	820	ABEIJÓN FERNANDEZ, JOSE MANUEL	DLUX MOTOR	00:42:51	+14:06	4:17	42:39	22:08 (326)	M (284)	MASTER 2 M (92)	
301	603	MANEIRO POUSO, DIEGO		00:42:52	+14:07	4:17	42:26	22:17 (338)	M (285)	SENIOR M (83)	
<b>302</b>	<b>742</b>	<b>ALONSO RODRÍGUEZ, FRAN</b>	<b>TRAIL MENS</b>	<b>00:42:54</b>	<b>+14:09</b>	<b>4:17</b>	<b>42:42</b>	<b>21:50 (289)</b>	<b>M (286)</b>	<b>MASTER 2 M (93)</b>	<b>M (14)</b>
<b>303</b>	<b>442</b>	<b>VENTOSO TORRES, AARÓN</b>		<b>00:42:56</b>	<b>+14:11</b>	<b>4:17</b>	<b>42:42</b>	<b>21:56 (308)</b>	<b>M (287)</b>	<b>SENIOR M (84)</b>	<b>M (15)</b>
<b>304</b>	<b>954</b>	<b>VILAS RODAS, LETICIA</b>		<b>00:42:56</b>	<b>+14:11</b>	<b>4:17</b>	<b>42:32</b>	<b>22:38 (371)</b>	<b>F (17)</b>	<b>MASTER 2 F (4)</b>	
305	622	CABANAS SÁNCHEZ, FRAN	NOSPORTLIMIT	00:42:56	+14:11	4:17	42:39	21:59 (314)	M (288)	MASTER 1 M (50)	
306	625	GOYANES SOUTO, ADRIÁN	CLUB ATLETISMO TAMBRE	00:43:01	+14:16	4:18	42:35	21:59 (312)	M (289)	MASTER 1 M (51)	
<b>307</b>	<b>362</b>	<b>LIJÓ SAMPEDRO, DAMIÁN</b>		<b>00:43:01</b>	<b>+14:16</b>	<b>4:18</b>	<b>42:30</b>	<b>22:40 (374)</b>	<b>M (290)</b>	<b>SUB 23 M (11)</b>	<b>M (16)</b>
308	1039	RAMALLO MIÑÁN, EDUARDO	BRUTANZOS TEAM	00:43:02	+14:17	4:18	42:49	22:23 (345)	M (291)	MASTER 3 M (33)	
309	637	VERDES FARALDO, ALEX	BRUTANZOS TEAM	00:43:03	+14:18	4:18	42:50	21:41 (287)	M (292)	MASTER 1 M (52)	
310	835	MAYO ZUBIELA, SERGIO	ESCOLA ATLETICA LUCENSE	00:43:03	+14:18	4:18	42:55	21:55 (305)	M (293)	MASTER 2 M (94)	
<b>311</b>	<b>539</b>	<b>LEIS MONTEMUIÑO, AITOR</b>		<b>00:43:04</b>	<b>+14:19</b>	<b>4:18</b>	<b>42:46</b>	<b>21:57 (309)</b>	<b>M (294)</b>	<b>SENIOR M (85)</b>	<b>M (17)</b>
312	370	OROZA PARGA, BRUNO	HENKO	00:43:06	+14:21	4:18	42:37	22:21 (344)	M (295)	SENIOR M (86)	
313	243	MARQUE RUIBAL, JOSÉ ANTONIO	CDM VERTICE	00:43:07	+14:22	4:18	42:58	21:32 (276)	M (296)	MASTER 1 M (53)	
314	758	MÉNDEZ SANTOS, ALEX		00:43:08	+14:23	4:18	42:59	22:04 (321)	M (297)	MASTER 2 M (95)	
315	1609	VARGAS SILVA, ROBERTO CARLOS		00:43:08	+14:23	4:18	42:58	21:26 (266)	M (298)	MASTER 1 M (54)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
316	140	FERNÁNDEZ GÓMEZ, ANTONIO		00:43:12	+14:27	4:19	43:08	21:00 (241)	M (299)	MASTER 1 M (55)	
317	647	PÉREZ LEIROS, RUBÉN		00:43:13	+14:28	4:19	43:00	21:40 (286)	M (300)	MASTER 1 M (56)	
318	1350	REBOREDO GONZÁLEZ, MARIO		00:43:13	+14:28	4:19	43:03	22:35 (364)	M (301)	SUB 23 M (12)	
319	207	COSTA CASTRO, MANUEL	CLUB ATLETISMO TAMBRE	00:43:13	+14:28	4:19	43:04	21:54 (300)	M (302)	MASTER 3 M (34)	
320	1461	SILVA CASAIS, PABLO		00:43:17	+14:32	4:19	43:09	22:26 (349)	M (303)	SENIOR M (87)	
<b>321</b>	<b>729</b>	<b>TARRÍO MARTÍNEZ, MARIA</b>	<b>SD COMPOSTELA ATLETISMO</b>	<b>00:43:18</b>	<b>+14:33</b>	<b>4:19</b>	<b>42:51</b>	<b>22:14 (335)</b>	<b>F (18)</b>	<b>MASTER 2 F (5)</b>	
322	791	DOSUNA GARCIA, LUIS LORENZO		00:43:19	+14:34	4:19	42:36	22:44 (380)	M (304)	MASTER 2 M (96)	
323	780	MOSQUERA DONO, PABLO		00:43:20	+14:35	4:19	43:10	22:09 (327)	M (305)	MASTER 2 M (97)	
324	382	MEJUTO SÁNCHEZ, DIEGO		00:43:23	+14:38	4:20	43:10	21:37 (279)	M (306)	SENIOR M (88)	
<b>325</b>	<b>215</b>	<b>DE LA TORRE, PACO</b>		<b>00:43:24</b>	<b>+14:39</b>	<b>4:20</b>	<b>43:13</b>	<b>22:00 (316)</b>	<b>M (307)</b>	<b>MASTER 3 M (35)</b>	<b>M (18)</b>
<b>326</b>	<b>766</b>	<b>TRIÑANES VIDAL, QUIQUE</b>		<b>00:43:24</b>	<b>+14:39</b>	<b>4:20</b>	<b>43:14</b>	<b>22:00 (315)</b>	<b>M (308)</b>	<b>MASTER 2 M (98)</b>	<b>M (19)</b>
327	360	FERNANDEZ PIÑEIRO, DUARTE		00:43:26	+14:41	4:20	43:12	22:52 (390)	M (309)	SUB 23 M (13)	
328	784	LÓPEZ GONZALEZ, ALBERTO		00:43:26	+14:41	4:20	43:06	22:19 (342)	M (310)	MASTER 2 M (99)	
329	676	BARGO PEREZ, JOSÉ MANUEL	CLUB ATLETISMO LOUSAME	00:43:28	+14:43	4:20	43:01	22:14 (333)	M (311)	MASTER 1 M (57)	
330	904	PAZOS VÁZQUEZ, SANTI	CLUB ATLETISMO LOUSAME	00:43:28	+14:43	4:20	43:01	22:14 (334)	M (312)	MASTER 2 M (100)	
331	740	RÁDEKE FARIÑA, EDUARDO		00:43:29	+14:44	4:20	43:02	22:31 (352)	M (313)	MASTER 2 M (101)	
332	771	COSTOYA, JORGE	CLUB ATLETISMO LOUSAME	00:43:31	+14:46	4:21	43:17	22:19 (341)	M (314)	MASTER 2 M (102)	
333	802	SILVA GARCÍA, FERNANDO	SERRES RUNNERS	00:43:31	+14:46	4:21	42:58	23:02 (405)	M (315)	MASTER 2 M (103)	
334	1201	MAYAN DIOS, MIGUEL		00:43:31	+14:46	4:21	43:25	21:54 (299)	M (316)	MASTER 2 M (104)	
335	152	DOSIL, JOAQUIN		00:43:31	+14:46	4:21	43:25	21:51 (291)	M (317)	MASTER 2 M (105)	
336	624	MARTINON MARTINEZ, JOSE		00:43:33	+14:48	4:21	43:22	22:47 (384)	M (318)	MASTER 1 M (58)	
337	1808	FREIRE ROMANÍ, RUBÉN		00:43:34	+14:49	4:21	43:25	22:34 (361)	M (319)	MASTER 1 M (59)	
338	427	DOMÍNGUEZ NEGREIRA, JAVIER		00:43:35	+14:50	4:21	43:14	23:01 (403)	M (320)	SENIOR M (89)	
339	561	PEREZ DEL RIO, FEDERICO		00:43:36	+14:51	4:21	43:00	23:03 (407)	M (321)	SENIOR M (90)	
340	411	ZAS SANDE, JOSE IGNACIO		00:43:36	+14:51	4:21	43:24	22:05 (323)	M (322)	SENIOR M (91)	
341	560	TABOADA GOMEZ, ALBERTO MIGUEL		00:43:36	+14:51	4:21	43:00	23:07 (414)	M (323)	SENIOR M (92)	
342	814	AGEITOS SANLES, FERNANDO	INCOR AUTOVIDRIO	00:43:36	+14:51	4:21	43:22	22:12 (332)	M (324)	MASTER 2 M (106)	
343	736	IBAÑEZ PEREIRO, AITOR	CLUB NATACIÓN RIBEIRA	00:43:36	+14:51	4:21	43:25	21:58 (311)	M (325)	MASTER 2 M (107)	
344	797	RODRÍGUEZ PEREZ, JAVIER		00:43:37	+14:52	4:21	43:25	22:34 (360)	M (326)	MASTER 2 M (108)	
345	753	MIGUÉNS MAGARIÑOS, JAVIER		00:43:37	+14:52	4:21	43:13	22:31 (353)	M (327)	MASTER 2 M (109)	
<b>346</b>	<b>832</b>	<b>BLANCO REY, VANESA</b>	<b>CLUB ATLETISMO NOIA</b>	<b>00:43:37</b>	<b>+14:52</b>	<b>4:21</b>	<b>43:26</b>	<b>22:34 (359)</b>	<b>F (19)</b>	<b>MASTER 2 F (6)</b>	
347	1031	RODRÍGUEZ GIL, XIL		00:43:38	+14:53	4:21	43:28	22:33 (354)	M (328)	MASTER 3 M (36)	
348	984	ROMAY SIEIRA, JUAN FRANCISCO	METE MEDO	00:43:39	+14:54	4:21	43:31	21:54 (303)	M (329)	MASTER 2 M (110)	
349	219	RAMOS FERROL, ARTURO	CLUB TRIATLÓN COMPOSTELA	00:43:41	+14:56	4:22	43:31	22:35 (363)	M (330)	MASTER 3 M (37)	
<b>350</b>	<b>344</b>	<b>COUSELO MIRA, NOEMI</b>	<b>CLUB ATLETISMO TAMBRE</b>	<b>00:43:41</b>	<b>+14:56</b>	<b>4:22</b>	<b>43:31</b>	<b>22:35 (365)</b>	<b>F (20)</b>	<b>SUB 23 F (4)</b>	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
351	834	ROEL BARBEITO, FABIÁN	BRUTANZOS TEAM	00:43:41	+14:56	4:22	43:27	22:25 (347)	M (331)	MASTER 2 M (111)	
352	798	COSTOYA PRADO, CESAR	CLUB TRIATLÓN COMPOSTELA	00:43:41	+14:56	4:22	43:30	22:33 (356)	M (332)	MASTER 2 M (112)	
353	417	PÉREZ ABEIJÓN, ALVARO	DLUX	00:43:42	+14:57	4:22	43:31	22:26 (348)	M (333)	SENIOR M (93)	
<b>354</b>	<b>429</b>	<b>PÉREZ TRABAZO, LAURA</b>	<b>CLUB DEPORTIVO PINARIUM</b>	<b>00:43:43</b>	<b>+14:58</b>	<b>4:22</b>	<b>43:13</b>	<b>22:18 (340)</b>	<b>F (21)</b>	<b>SENIOR F (4)</b>	
355	1033	DURO CANCELA, JAIME		00:43:43	+14:58	4:22	43:13	22:21 (343)	M (334)	MASTER 3 M (38)	
356	1347	BARREIRO CORDIDO, BRAIS		00:43:44	+14:59	4:22	42:48	23:09 (420)	M (335)	SUB 23 M (14)	
357	763	SENRA ALVAREZ, ROBERTO	CLUB ATLETISMO TAMBRE	00:43:44	+14:59	4:22	43:40	20:26 (202)	M (336)	MASTER 3 M (39)	
<b>358</b>	<b>384</b>	<b>SENRA MARTÍNEZ, IRIA</b>	<b>CLUB ATLETISMO TAMBRE</b>	<b>00:43:45</b>	<b>+15:00</b>	<b>4:22</b>	<b>43:34</b>	<b>22:03 (320)</b>	<b>F (22)</b>	<b>SENIOR F (5)</b>	
359	1128	TRIGO BAO, MANUEL	CDM VERTICE	00:43:46	+15:01	4:22	43:39	22:12 (330)	M (337)	MASTER 3 M (40)	
<b>360</b>	<b>431</b>	<b>PENSADO DEUS, ADRIANA</b>	<b>CLUB TRIATLON INFORHOUSE SANTIAGO</b>	<b>00:43:48</b>	<b>+15:03</b>	<b>4:22</b>	<b>43:36</b>	<b>21:50 (290)</b>	<b>F (23)</b>	<b>SENIOR F (6)</b>	
361	826	ATÁN AGULLEIRO, JOSÉ MIGUEL	ASOCIACIÓN DEPORTIVA OLIMPIA	00:43:49	+15:04	4:22	43:06	22:48 (385)	M (338)	MASTER 2 M (113)	
362	988	IBÁÑEZ RODRÍGUEZ, RAÚL	EL CANARIO	00:43:49	+15:04	4:22	43:23	22:45 (381)	M (339)	MASTER 2 M (114)	
<b>363</b>	<b>1708</b>	<b>CAMEAN CAMEAN, ROBERTO</b>	<b>INCOR AUTOVIDRIO</b>	<b>00:43:50</b>	<b>+15:05</b>	<b>4:22</b>	<b>43:35</b>	<b>22:02 (318)</b>	<b>M (340)</b>	<b>MASTER 2 M (115)</b>	<b>M (20)</b>
364	419	LÓPEZ MIRAGAYA, FELIX		00:43:50	+15:05	4:22	43:33	22:23 (346)	M (341)	SENIOR M (94)	
<b>365</b>	<b>377</b>	<b>NÚÑEZ AMADO, ALEJANDRA</b>	<b>CLUB TRIATLON INFORHOUSE SANTIAGO</b>	<b>00:43:51</b>	<b>+15:06</b>	<b>4:23</b>	<b>43:37</b>	<b>22:46 (382)</b>	<b>F (24)</b>	<b>SENIOR F (7)</b>	
<b>366</b>	<b>761</b>	<b>QUEIRUGA TORRES, ALBERTO</b>	<b>INCOR AUTOVIDRIO</b>	<b>00:43:51</b>	<b>+15:06</b>	<b>4:23</b>	<b>43:35</b>	<b>22:02 (319)</b>	<b>M (342)</b>	<b>MASTER 2 M (116)</b>	<b>M (21)</b>
367	389	SÁNCHEZ LAGARES, MARCOS		00:43:58	+15:13	4:23	43:36	23:01 (404)	M (343)	SENIOR M (95)	
368	236	ALVAREZ BOUZAS, ALBERTO		00:43:59	+15:14	4:23	43:47	21:59 (313)	M (344)	SENIOR M (96)	
369	400	CARBALLO ÁLVAREZ, ALEX		00:44:00	+15:15	4:23	43:53	21:51 (292)	M (345)	SENIOR M (97)	
370	958	FONTANS SEBE, MARCOS	ATLETISMO CUNTIS	00:44:01	+15:16	4:24	43:46	23:08 (415)	M (346)	MASTER 2 M (117)	
371	1308	GIL VIÑAS, ANDRÉS		00:44:01	+15:16	4:24	42:57	23:10 (423)	M (347)	MASTER 1 M (60)	
372	1326	VARELA SEIJAS, DIEGO		00:44:02	+15:17	4:24	43:34	23:26 (440)	M (348)	SUB 18 M (8)	
373	836	PARADA MINIÑO, JESÚS MANUEL		00:44:04	+15:19	4:24	43:52	22:34 (358)	M (349)	MASTER 2 M (118)	
<b>374</b>	<b>1811</b>	<b>SANTOS CAMBON, MARIA</b>		<b>00:44:05</b>	<b>+15:20</b>	<b>4:24</b>	<b>43:13</b>	<b>23:14 (428)</b>	<b>F (25)</b>	<b>MASTER 2 F (7)</b>	
<b>375</b>	<b>745</b>	<b>ARUFE SANTAMARIA, JUAN</b>	<b>SAUDESPT BARBANZA</b>	<b>00:44:06</b>	<b>+15:21</b>	<b>4:24</b>	<b>43:51</b>	<b>22:50 (387)</b>	<b>M (350)</b>	<b>MASTER 2 M (119)</b>	<b>M (22)</b>
376	386	FERNANDEZ BARREIRO, ANDRES	BOX 004 SANTIAGO	00:44:06	+15:21	4:24	43:31	23:06 (412)	M (351)	SENIOR M (98)	
377	1145	ÁLVAREZ LODEIRO, SANTI	ENTRENARUNNING	00:44:12	+15:27	4:25	43:59	22:39 (373)	M (352)	MASTER 4 M (3)	
378	567	ILIEV, IVO		00:44:14	+15:29	4:25	43:49	23:07 (413)	M (353)	SENIOR M (99)	
379	375	LEIS REYNOSO, ÓSCAR		00:44:15	+15:30	4:25	43:28	23:40 (463)	M (354)	SENIOR M (100)	
380	764	VIAÑO LORENZO, PABLO		00:44:16	+15:31	4:25	43:57	22:29 (350)	M (355)	MASTER 2 M (120)	
381	321	ALONSO RODRÍGUEZ, DANIEL	TRAIL MENS	00:44:17	+15:32	4:25	44:05	22:44 (378)	M (356)	SUB 18 M (9)	
382	1027	MONTES TEIJIDO, ROBERTO	CLUBE DE ATLETISMO DE OUTES	00:44:17	+15:32	4:25	43:59	23:38 (458)	M (357)	MASTER 3 M (41)	
383	1060	GONZÁLEZ REINO, CARLOS		00:44:21	+15:36	4:26	44:00	22:52 (389)	M (358)	MASTER 3 M (42)	
384	998	CAMIÑA MARTÍNEZ, RAI	CLUB ATLETISMO CAMBADOS	00:44:22	+15:37	4:26	43:48	22:55 (396)	M (359)	MASTER 2 M (121)	
385	844	MALLO NIETO, JULIO	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:44:24	+15:39	4:26	43:45	23:33 (448)	M (360)	MASTER 2 M (122)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
386	597	<b>CERVERA TORRES, ADRIÁN</b>		00:44:25	+15:40	4:26	44:04	22:37 (368)	M (361)	SENIOR M (101)	M (23)
387	650	GARCIA JAR, PABLO		00:44:28	+15:43	4:26	44:07	22:38 (372)	M (362)	MASTER 1 M (61)	
388	542	MAYO ESTEIRO, ALEXANDRE		00:44:34	+15:49	4:27	44:34	23:39 (460)	M (363)	SENIOR M (102)	
389	608	<b>BUDIÑO GESTIDO, AIDA</b>		00:44:34	+15:49	4:27	44:09	22:59 (400)	F (26)	SENIOR F (8)	
390	997	<b>PRESAS VENCE, MANUEL</b>		00:44:35	+15:50	4:27	44:11	22:37 (366)	M (364)	MASTER 2 M (123)	M (24)
391	1346	BAUTISTA SANDOVAL, EMIL DANIEL		00:44:36	+15:51	4:27	43:41	23:09 (421)	M (365)	SUB 23 M (15)	
392	762	CASAS COUSELO, ÓSCAR	CLUB ATLETISMO TAMBRE	00:44:37	+15:52	4:27	44:12	22:54 (393)	M (366)	MASTER 2 M (124)	
393	1536	<b>RIVEIRO, IVAN</b>		00:44:38	+15:53	4:27	43:57	22:37 (369)	M (367)	SENIOR M (103)	M (25)
394	799	MONTERO, GABRIEL	CLUB TRIATLÓN COMPOSTELA	00:44:38	+15:53	4:27	44:27	22:34 (362)	M (368)	MASTER 2 M (125)	
395	703	GARCÍA CODESIDO, MIGUEL	CLUB DEPORTIVO ARZÚA	00:44:39	+15:54	4:27	44:25	22:15 (336)	M (369)	MASTER 1 M (62)	
396	993	MARIÑO RIVADULLA, PEDRO		00:44:39	+15:54	4:27	43:54	23:23 (437)	M (370)	MASTER 2 M (126)	
397	443	<b>RODRIGUEZ DEAN, JUANLU</b>		00:44:39	+15:54	4:27	44:13	22:37 (370)	M (371)	SENIOR M (104)	M (26)
398	731	NÚÑEZ MARTIN, ALEJANDRO		00:44:41	+15:56	4:28	44:32	22:41 (375)	M (372)	MASTER 2 M (127)	
399	804	CAMBEIRO CAMBEIRO, FERMÍN		00:44:41	+15:56	4:28	44:19	22:43 (377)	M (373)	MASTER 2 M (128)	
400	550	MEIS BRAVO, BORJA		00:44:41	+15:56	4:28	44:07	22:55 (397)	M (374)	SENIOR M (105)	
401	381	BARROS SOLLA, ALBERTO		00:44:45	+16:00	4:28	44:05	23:11 (425)	M (375)	SENIOR M (106)	
402	1108	MAYO CAAMAÑO, JOSÉ ANTONIO	CLUB ATLETISMO OUTES	00:44:45	+16:00	4:28	44:34	23:39 (459)	M (376)	MASTER 3 M (43)	
403	390	TOMÉ, CARLOS		00:44:46	+16:01	4:28	44:42	22:16 (337)	M (377)	SENIOR M (107)	
404	610	VIDAL, DAVID		00:44:51	+16:06	4:29	44:20	23:17 (432)	M (378)	MASTER 1 M (63)	
405	282	PEREIRA REDONDO, JUAN CARLOS		00:44:52	+16:07	4:29	44:43	22:30 (351)	M (379)	MASTER 3 M (44)	
406	1137	REY PAULOS, MANUEL JOSE		00:44:52	+16:07	4:29	44:39	23:04 (409)	M (380)	MASTER 4 M (4)	
407	284	<b>LORENZO QUEIRUGA, MANUEL</b>	SAUDE SPORT	00:44:54	+16:09	4:29	44:54	22:59 (401)	M (381)	MASTER 3 M (45)	M (27)
408	1764	FIGUEIRAS TOREA, OSCAR	CLIB ATLETISMO OUTES	00:44:54	+16:09	4:29	44:37	22:37 (367)	M (382)	MASTER 3 M (46)	
409	1036	<b>OUJO POUSO, LUCHO</b>		00:44:54	+16:09	4:29	44:02	23:02 (405)	M (383)	MASTER 3 M (47)	M (28)
410	1500	SANTOS ROJAS, FRANCISCO	FRAN ROJAS ENTRENAMIENTO Y NUTRICIÓN	00:44:56	+16:11	4:29	44:50	22:18 (339)	M (384)	SENIOR M (108)	
411	410	<b>NOGUEIRA VIÑAS, NOELIA</b>	CLUB ATLETISMO CAMBADOS	00:44:56	+16:11	4:29	44:22	22:56 (399)	F (27)	SENIOR F (9)	
412	1349	ALBORES MARTINEZ, PELAYO		00:44:56	+16:11	4:29	44:02	24:14 (527)	M (385)	SUB 23 M (16)	
413	628	CRESPO GARCÍA, CRISTIAN JESÚS		00:44:58	+16:13	4:29	44:20	23:47 (483)	M (386)	MASTER 1 M (64)	
414	1443	CELA BOISA, JESUS	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:44:59	+16:14	4:29	44:19	23:40 (462)	M (387)	SENIOR M (109)	
415	371	<b>MUÑIZ LESTA, ALBA</b>	CLUB TRIATLON INFORHOUSE SANTIAGO	00:45:04	+16:19	4:30	44:50	22:56 (398)	F (28)	SENIOR F (10)	
416	485	<b>ADÁN BARRIENTOS, BEATRIZ</b>		00:45:05	+16:20	4:30	44:51	22:54 (394)	F (29)	SENIOR F (11)	
417	441	<b>BETANZOS FREIRE, ALDARA</b>	SD BARBANTIA RODA	00:45:05	+16:20	4:30	44:43	22:55 (395)	F (30)	SENIOR F (12)	
418	1591	ZITANE DAR RADI, MOHAMED		00:45:08	+16:23	4:30	44:56	23:03 (408)	M (388)	MASTER 1 M (65)	
419	778	RODRÍGUEZ IGLESIAS, AGUSTÍN		00:45:09	+16:24	4:30	44:32	23:12 (426)	M (389)	MASTER 2 M (129)	
420	702	<b>DEL RIO RIOS, TERESA</b>		00:45:09	+16:24	4:30	44:48	22:52 (391)	F (31)	MASTER 1 F (3)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
421	926	GUTIÉRREZ PELAYO, ALBERTO		00:45:09	+16:24	4:30	44:36	23:24 (438)	M (390)	MASTER 2 M (130)	
422	365	DÍAZ BOUZA, ANTÓN	OS CORZOS DO ORTEGAL	00:45:10	+16:25	4:30	44:29	23:42 (468)	M (391)	SENIOR M (110)	
423	782	PIÑEIRO MOLINA, RAMÓN		00:45:10	+16:25	4:30	44:36	23:24 (439)	M (392)	MASTER 2 M (131)	
424	477	ARCA VÁZQUEZ, FRANCISCO		00:45:13	+16:28	4:31	44:43	23:44 (477)	M (393)	SENIOR M (111)	
425	494	VARELA DOCAMPO, ADRIÁN		00:45:13	+16:28	4:31	44:53	22:44 (379)	M (394)	SENIOR M (112)	
426	707	PENSADO RIVAS, FERNANDO		00:45:15	+16:30	4:31	44:52	23:29 (444)	M (395)	MASTER 1 M (66)	
427	394	DURO PICHEL, JAIME		00:45:16	+16:31	4:31	44:45	23:29 (445)	M (396)	SENIOR M (113)	
428	947	<b>MARIÑO PAZ, LUCIA</b>	<b>CLUB ATLETISMO EL CANARIO</b>	<b>00:45:20</b>	<b>+16:35</b>	<b>4:31</b>	<b>45:14</b>	<b>22:33 (357)</b>	<b>F (32)</b>	<b>MASTER 2 F (8)</b>	
429	1840	PEÑA GAVILÁN, CARLOS		00:45:22	+16:37	4:32	45:01	23:44 (475)	M (397)	MASTER 2 M (132)	
430	1810	AREOSA BRANDON, ALBERTO		00:45:22	+16:37	4:32	44:44	23:34 (451)	M (398)	MASTER 3 M (48)	
431	1131	CIMADEVILA GARCÍA, ANTÓN		00:45:22	+16:37	4:32	45:22	23:15 (431)	M (399)	MASTER 3 M (49)	
432	734	CASTRO CABEZA, MARCOS		00:45:23	+16:38	4:32	44:41	23:49 (487)	M (400)	MASTER 2 M (133)	
433	789	SUÁREZ FUENTES, BORJA	ATLETISMO FONTES DO SAR	00:45:24	+16:39	4:32	45:24	22:33 (355)	M (401)	MASTER 2 M (134)	
434	697	CAROLLO VARELA, ADRIÁN	CLUB ATLETISMO TAMBRE	00:45:25	+16:40	4:32	44:58	23:10 (422)	M (402)	MASTER 1 M (67)	
435	1073	MOURIÑO ROMANÍ, MANUEL	CLUB ATLETISMO OUTES-MARISCOS	00:45:25	+16:40	4:32	44:37	23:35 (452)	M (403)	MASTER 3 M (50)	
436	395	SAMBADE SUAREZ, PARDE	SERRES RUNNERS	00:45:25	+16:40	4:32	44:51	23:36 (453)	M (404)	SENIOR M (114)	
437	838	SEGADE ISASA, JOSÉ MANUEL		00:45:27	+16:42	4:32	45:00	23:11 (424)	M (405)	MASTER 2 M (135)	
438	652	FERNÁNDEZ GARCIA, DIEGO	FORZATRAINING	00:45:27	+16:42	4:32	44:56	23:09 (419)	M (406)	MASTER 1 M (68)	
439	281	FERNÁNDEZ EIRAS, ERNESTO	CLUB ATLETISMO OUTES	00:45:28	+16:43	4:32	45:14	23:51 (494)	M (407)	MASTER 3 M (51)	
440	779	GONZALEZ REDONDO, ENRIQUE		00:45:28	+16:43	4:32	45:14	23:51 (492)	M (408)	MASTER 2 M (136)	
441	455	<b>LÓPEZ RODRÍGUEZ, IRIA</b>		<b>00:45:28</b>	<b>+16:43</b>	<b>4:32</b>	<b>44:57</b>	<b>23:21 (436)</b>	<b>F (33)</b>	<b>SENIOR F (13)</b>	
442	408	CADABAL GAGO, JUAN JOSÉ		00:45:28	+16:43	4:32	45:16	23:19 (434)	M (409)	SENIOR M (115)	
443	416	ESPERANTE LLAGO, IVAN	DLUX MOTOR	00:45:29	+16:44	4:32	45:18	22:41 (376)	M (410)	SENIOR M (116)	
444	1839	LUCAS PEREZ, LUCIANO		00:45:30	+16:45	4:32	45:09	23:42 (466)	M (411)	MASTER 2 M (137)	
445	1180	LUCES TASJES, MANUEL	SERRES RUNNERS	00:45:30	+16:45	4:32	44:56	23:36 (454)	M (412)	MASTER 4 M (5)	
446	1433	FERNÁNDEZ VILLAVERDE, ÁLVARO		00:45:32	+16:47	4:33	45:17	23:09 (417)	M (413)	SENIOR M (117)	
447	483	LAGOS CARRERA, JULIO	ADC ARNELA	00:45:33	+16:48	4:33	45:04	23:27 (441)	M (414)	SENIOR M (118)	
448	1713	BLANCO VÁZQUEZ, ÁNGEL		00:45:33	+16:48	4:33	44:53	23:47 (485)	M (415)	MASTER 2 M (138)	
449	817	<b>CABANAS CAMPELO, ISA</b>	<b>ACEA-TRIARTEIXO</b>	<b>00:45:35</b>	<b>+16:50</b>	<b>4:33</b>	<b>45:01</b>	<b>23:17 (433)</b>	<b>F (34)</b>	<b>MASTER 2 F (9)</b>	
450	840	RODRIGUEZ MARTIN, ISAAC	ACEA DE AMA - TRIATLON ARTEIXO	00:45:35	+16:50	4:33	45:01	23:06 (411)	M (416)	MASTER 2 M (139)	
451	1139	BLANCO PIAS, FRANCISCO JAVIER	CLUB ATLETISMO LOUSAME	00:45:39	+16:54	4:33	45:11	23:13 (427)	M (417)	MASTER 4 M (6)	
452	453	ÁLVAREZ CABANA, MIGUEL		00:45:41	+16:56	4:34	45:33	22:51 (388)	M (418)	SENIOR M (119)	
453	906	SANTOS VICENS, SANTIAGO		00:45:41	+16:56	4:34	45:13	23:43 (474)	M (419)	MASTER 2 M (140)	
454	801	PAZ CALO, JORGE		00:45:42	+16:57	4:34	45:42	22:49 (386)	M (420)	MASTER 2 M (141)	
455	938	<b>CARREGAL FERNÁNDEZ, CRISTINA</b>	<b>SERRES RUNNERS</b>	<b>00:45:43</b>	<b>+16:58</b>	<b>4:34</b>	<b>45:11</b>	<b>23:42 (467)</b>	<b>F (35)</b>	<b>MASTER 2 F (10)</b>	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
456	602	ARGIBAY AROSA, DANIEL	CLUB ATLETISMO CAMBADOS	00:45:43	+16:58	4:34	45:08	23:45 (480)	M (421)	SENIOR M (120)	
457	1835	GURTUBAY OLIVER, PABLO		00:45:44	+16:59	4:34	45:44	24:04 (515)	M (422)	SENIOR M (121)	
<b>458</b>	<b>1112</b>	<b>CASTRO VILLAVERDE, MARÍA TERESA</b>	<b>CLUB ATLETISMO NOIA</b>	<b>00:45:44</b>	<b>+16:59</b>	<b>4:34</b>	<b>45:00</b>	<b>24:04 (513)</b>	<b>F (36)</b>	<b>MASTER 3 F (3)</b>	
459	572	EITOR SUMAY, ÁLVARO		00:45:47	+17:02	4:34	45:22	24:24 (541)	M (423)	SENIOR M (122)	
460	760	RIVAS ALENDE, JUAN	NOITEBRA F.C.	00:45:49	+17:04	4:34	45:35	22:46 (383)	M (424)	MASTER 2 M (142)	
461	1174	FERNANDEZ ARUFE, FRANCISCO	CLUB ATLETISMO NOIA	00:45:49	+17:04	4:34	45:49	23:45 (479)	M (425)	MASTER 4 M (7)	
462	1085	BLANCO FIGUEIRIDO, MARCOS ANTONIO	ATLETISMO OUTES MARISCOS ANTON	00:45:49	+17:04	4:34	45:29	23:45 (478)	M (426)	MASTER 3 M (52)	
463	839	BAHAMONDE SUÁREZ, FRANCISCO	CLUB ATLETISMO TAMBRE	00:45:51	+17:06	4:35	45:24	23:48 (486)	M (427)	MASTER 2 M (143)	
<b>464</b>	<b>526</b>	<b>GIL OTERO, LIDIA</b>		<b>00:45:53</b>	<b>+17:08</b>	<b>4:35</b>	<b>45:38</b>	<b>23:09 (416)</b>	<b>F (37)</b>	<b>SENIOR F (14)</b>	
465	851	CAAMAÑO LIRA, ALEJANDRO	CLUB CERVECERIA O COTON NEGREIRA	00:45:55	+17:10	4:35	45:15	23:51 (493)	M (428)	MASTER 2 M (144)	
466	732	PEON LADO, ANGEL M.		00:45:55	+17:10	4:35	45:15	23:51 (491)	M (429)	MASTER 2 M (145)	
467	1064	GONZALEZ ARIAS, ALEJANDRO		00:45:55	+17:10	4:35	45:31	23:58 (502)	M (430)	MASTER 3 M (53)	
<b>468</b>	<b>1817</b>	<b>DE JOSÉ RODRIGUEZ, YOLANDA</b>		<b>00:45:56</b>	<b>+17:11</b>	<b>4:35</b>	<b>45:38</b>	<b>23:41 (465)</b>	<b>F (38)</b>	<b>SENIOR F (15)</b>	
469	202	RODRIGUEZ FERNÁNDEZ, XOSEMARIA	SD COMPOSTELA ATLETISMO	00:45:56	+17:11	4:35	45:37	23:41 (464)	M (431)	MASTER 2 M (146)	
<b>470</b>	<b>445</b>	<b>PENA CARBÓN, NOEMI</b>	<b>CLUB ATLETISMO SAR</b>	<b>00:45:59</b>	<b>+17:14</b>	<b>4:35</b>	<b>45:40</b>	<b>23:15 (430)</b>	<b>F (39)</b>	<b>SENIOR F (16)</b>	
471	1140	DÍAZ CARBALLO, MIGUEL		00:46:03	+17:18	4:36	45:32	23:57 (500)	M (432)	MASTER 4 M (8)	
472	437	VICTORERO DOMÍNGUEZ, ALEJANDRO	ADC ARNELA	00:46:08	+17:23	4:36	45:40	24:14 (530)	M (433)	SENIOR M (123)	
<b>473</b>	<b>712</b>	<b>NOYA RODRIGUEZ, PATRICIA</b>	<b>TRIBU TRAIL</b>	<b>00:46:11</b>	<b>+17:26</b>	<b>4:37</b>	<b>45:56</b>	<b>22:53 (392)</b>	<b>F (40)</b>	<b>MASTER 1 F (4)</b>	
474	1356	PIÑEIRO LAVANDEIRA, IAGO		00:46:12	+17:27	4:37	45:24	24:21 (535)	M (434)	SUB 23 M (17)	
475	616	ABALO PARDAL, JUAN JOSÉ		00:46:15	+17:30	4:37	45:56	23:29 (446)	M (435)	MASTER 1 M (69)	
476	491	MILLÁN RODRÍGUEZ, BORJA		00:46:16	+17:31	4:37	45:59	24:02 (509)	M (436)	SENIOR M (124)	
477	902	FERNANDEZ OLVEIRA, VICTOR JOSE		00:46:16	+17:31	4:37	45:12	24:45 (577)	M (437)	MASTER 2 M (147)	
478	337	AMBITE SANTANA, DARIO		00:46:18	+17:33	4:37	46:04	23:00 (402)	M (438)	SUB 20 M (8)	
479	1168	TABOADA GONZÁLEZ, RAMIRO	RUNNING LUSEKELO	00:46:19	+17:34	4:37	45:55	23:37 (456)	M (439)	MASTER 4 M (9)	
480	335	ESTEVEZ CARBALLO, ANXO		00:46:20	+17:35	4:37	46:12	23:59 (504)	M (440)	SUB 20 M (9)	
481	942	DÍAZ MONTERO, JOSE MANUEL	BRUTANZOS TEAM	00:46:22	+17:37	4:38	46:08	23:43 (473)	M (441)	MASTER 2 M (148)	
<b>482</b>	<b>824</b>	<b>FIGUEIRA DOMÍNGUEZ, LETICIA</b>	<b>BRUTANZOS TEAM</b>	<b>00:46:23</b>	<b>+17:38</b>	<b>4:38</b>	<b>46:08</b>	<b>23:43 (471)</b>	<b>F (41)</b>	<b>MASTER 2 F (11)</b>	
<b>483</b>	<b>698</b>	<b>MELLA BARBEITO, VANESA</b>	<b>BRUTANZOS TEAM</b>	<b>00:46:23</b>	<b>+17:38</b>	<b>4:38</b>	<b>46:11</b>	<b>23:43 (472)</b>	<b>F (42)</b>	<b>MASTER 1 F (5)</b>	
484	696	GARCÍA LIÑEIRA, JESÚS		00:46:23	+17:38	4:38	46:09	23:38 (457)	M (442)	MASTER 1 M (70)	
485	892	GÓMEZ CRESPO, JUAN M	BRUTANZOS TEAM	00:46:23	+17:38	4:38	46:07	23:43 (470)	M (443)	MASTER 2 M (149)	
486	421	LOJO, MIGUEL		00:46:30	+17:45	4:38	45:46	24:02 (511)	M (444)	SENIOR M (125)	
487	1045	LOJO, JUAN		00:46:30	+17:45	4:38	45:47	24:04 (516)	M (445)	MASTER 3 M (54)	
<b>488</b>	<b>1486</b>	<b>MOREIRA FAJARDO, LUIS</b>		<b>00:46:32</b>	<b>+17:47</b>	<b>4:39</b>	<b>46:19</b>	<b>23:20 (435)</b>	<b>M (446)</b>	<b>SENIOR M (126)</b>	<b>M (29)</b>
489	856	VIDAL VILA, JUAN RAMÓN		00:46:32	+17:47	4:39	46:00	24:13 (526)	M (447)	MASTER 2 M (150)	
<b>490</b>	<b>565</b>	<b>OLVEIRA MINIÑO, ÓSCAR</b>		<b>00:46:33</b>	<b>+17:48</b>	<b>4:39</b>	<b>46:01</b>	<b>23:53 (497)</b>	<b>M (448)</b>	<b>SENIOR M (127)</b>	<b>M (30)</b>

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
491	621	MARTÍNEZ ALONSO, MANUEL		00:46:34	+17:49	4:39	46:13	23:33 (450)	M (449)	MASTER 1 M (71)	
492	687	OTERO REY, RAFAEL	O JERREIRO	00:46:37	+17:52	4:39	46:08	23:42 (469)	M (450)	MASTER 1 M (72)	
493	466	REBORDA DÍAZ, PABLO		00:46:38	+17:53	4:39	45:55	24:33 (554)	M (451)	SENIOR M (128)	
494	402	LAREU CRESPO, DIEGO		00:46:40	+17:55	4:39	46:02	24:06 (519)	M (452)	SENIOR M (129)	
495	775	VILA BALEATO, LITO		00:46:41	+17:56	4:40	46:28	23:05 (410)	M (453)	MASTER 2 M (151)	
496	1034	MUIÑO CASTRO, JOSÉ ANTONIO		00:46:43	+17:58	4:40	46:10	24:54 (593)	M (454)	MASTER 3 M (55)	
497	1691	<b>RILO GÓMEZ, ROSA</b>	<b>CLUB DEPORTIVO EQUILÁTERO</b>	00:46:43	<b>+17:58</b>	<b>4:40</b>	<b>46:19</b>	<b>24:40 (564)</b>	<b>F (43)</b>	<b>MASTER 2 F (12)</b>	
498	1005	CREGO GIL, PABLO	CHORIMA	00:46:44	+17:59	4:40	46:26	23:53 (496)	M (455)	MASTER 2 M (152)	
499	689	BARRAL AGRASO, ALBERTO		00:46:45	+18:00	4:40	46:27	23:09 (418)	M (456)	MASTER 1 M (73)	
500	633	MILLARES SIEIRA, CLARA MARÍA	EL CANARIO	00:46:45	<b>+18:00</b>	<b>4:40</b>	<b>46:45</b>	<b>24:01 (507)</b>	<b>F (44)</b>	<b>MASTER 1 F (6)</b>	
501	809	CIMADEVILLA CRUJEIRAS, MARIA	EL CANARIO	00:46:45	<b>+18:00</b>	<b>4:40</b>	<b>46:35</b>	<b>23:59 (505)</b>	<b>F (45)</b>	<b>MASTER 2 F (13)</b>	
502	857	FEIJOÓ SÁNCHEZ, SUSANA	ACEA DE AMA - TRIATLON ARTEIXO	00:46:46	<b>+18:01</b>	<b>4:40</b>	<b>46:14</b>	<b>24:06 (518)</b>	<b>F (46)</b>	<b>MASTER 2 F (14)</b>	
503	574	SIXTO GARCIA, PABLO		00:46:47	+18:02	4:40	46:03	24:24 (538)	M (457)	SENIOR M (130)	
504	981	CALVO FERNANDEZ, JOSE IGNACIO		00:46:48	+18:03	4:40	46:24	23:53 (498)	M (458)	MASTER 2 M (153)	
505	694	TUÑAS NOVO, ROBERTO		00:46:50	+18:05	4:40	46:10	24:58 (598)	M (459)	MASTER 1 M (74)	
506	631	ATÁN RODRÍGUEZ, BANESA	SERRES RUNNERS	00:46:51	<b>+18:06</b>	<b>4:41</b>	<b>46:20</b>	<b>24:02 (510)</b>	<b>F (47)</b>	<b>MASTER 1 F (7)</b>	
507	1001	GARCIA PENA, CHUS	CLUB ATLETISMO TAMBRE	00:46:52	<b>+18:07</b>	<b>4:41</b>	<b>46:52</b>	<b>24:19 (531)</b>	<b>F (48)</b>	<b>MASTER 2 F (15)</b>	
508	1078	VALIÑO CEREIJO, JOSE MANUEL		00:46:52	+18:07	4:41	46:28	24:02 (508)	M (460)	MASTER 3 M (56)	
509	842	SANTOS SANTAMARÍA, JOSÉ RAMÓN	CHORIMA	00:46:53	+18:08	4:41	46:36	23:40 (461)	M (461)	MASTER 2 M (154)	
510	489	VARELA CHENLO, BRUNO		00:46:53	+18:08	4:41	46:53	23:44 (476)	M (462)	SENIOR M (131)	
511	353	ANGUEIRA RICO, JUAN		00:46:55	+18:10	4:41	46:17	24:34 (556)	M (463)	SUB 23 M (18)	
512	741	PENEDO TABOADA, MARCOS		00:46:56	+18:11	4:41	46:33	24:23 (537)	M (464)	MASTER 2 M (155)	
513	391	COUSELO MIRA, ALEXIA		00:46:58	<b>+18:13</b>	<b>4:41</b>	<b>46:47</b>	<b>23:28 (442)</b>	<b>F (49)</b>	<b>SENIOR F (17)</b>	
514	767	VIAÑO NIETO, MAICA		00:46:58	<b>+18:13</b>	<b>4:41</b>	<b>46:40</b>	<b>24:01 (506)</b>	<b>F (50)</b>	<b>MASTER 2 F (16)</b>	
515	292	SAINZ GARCÍA, FERNANDO	CLUB ATLETISMO SAR	00:46:58	+18:13	4:41	46:47	23:51 (490)	M (465)	MASTER 4 M (10)	
516	1498	GUILLÉN, CARLOS		00:47:04	+18:19	4:42	46:41	24:27 (547)	M (466)	SENIOR M (132)	
517	1146	ALVAREZ AYUSO, CLAUDIO	ATMOS HOTEL	00:47:06	+18:21	4:42	46:45	23:58 (503)	M (467)	MASTER 4 M (11)	
518	323	RODRIGUEZ GONZALEZ, DAMASO		00:47:06	+18:21	4:42	47:06	24:25 (543)	M (468)	SUB 18 M (10)	
519	769	MARTÍNS REY, CARLOS		00:47:07	+18:22	4:42	46:48	25:01 (605)	M (469)	MASTER 2 M (156)	
520	406	LÓPEZ-LAZCANO VÁZQUEZ, JUAN		00:47:08	+18:23	4:42	46:14	24:06 (520)	M (470)	SENIOR M (133)	
521	754	GARCÍA PENA, JESUS	CLUB ATLETISMO TAMBRE	00:47:08	+18:23	4:42	46:42	23:58 (501)	M (471)	MASTER 2 M (157)	
522	268	VARELA GÓMEZ, JAVIER		00:47:08	+18:23	4:42	46:48	24:24 (542)	M (472)	MASTER 2 M (158)	
523	396	<b>TOME GONZALEZ, CARLOS</b>		00:47:09	<b>+18:24</b>	<b>4:42</b>	<b>46:20</b>	<b>23:56 (499)</b>	<b>M (473)</b>	<b>SENIOR M (134)</b>	<b>M (31)</b>
524	983	FARIÑA MARTINEZ, JUAN CARLOS		00:47:10	+18:25	4:42	46:49	23:33 (449)	M (474)	MASTER 2 M (159)	
525	1044	DIAZ MESA, ROCIO	SD COMPOSTELA ATLETISMO	00:47:10	<b>+18:25</b>	<b>4:42</b>	<b>46:54</b>	<b>24:04 (514)</b>	<b>F (51)</b>	<b>MASTER 3 F (4)</b>	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
526	1143	FERNANDEZ RODRIGUEZ, EMILIO	SD COMPOSTELA ATLETISMO	00:47:10	+18:25	4:42	46:54	24:03 (512)	M (475)	MASTER 4 M (12)	
527	1424	ESTÉVEZ PÉREZ, MANUEL		00:47:10	+18:25	4:42	46:24	24:42 (570)	M (476)	SENIOR M (135)	
528	1503	FERNÁNDEZ BLANCO, SERGIO		00:47:11	+18:26	4:43	47:11	24:42 (570)	M (477)	SENIOR M (136)	
529	1151	DE MARTÍN VÁZQUEZ, MARCIAL		00:47:11	+18:26	4:43	46:56	23:49 (488)	M (478)	MASTER 4 M (13)	
530	1704	ROMERO GACIÑO, CARLOS		00:47:12	+18:27	4:43	46:33	24:51 (586)	M (479)	MASTER 2 M (160)	
531	1062	RODRIGUEZ BACARIZA, JUAN ANTONIO		00:47:14	+18:29	4:43	46:47	25:07 (613)	M (480)	MASTER 3 M (57)	
<b>532</b>	<b>644</b>	<b>LIÑARES BARREIRO, CARLA CAROLINA</b>		<b>00:47:15</b>	<b>+18:30</b>	<b>4:43</b>	<b>47:05</b>	<b>23:32 (447)</b>	<b>F (52)</b>	<b>MASTER 1 F (8)</b>	<b>F (2)</b>
533	1125	CERNADAS MÉNDEZ, JUAN MANUEL		00:47:21	+18:36	4:44	46:39	24:29 (550)	M (481)	MASTER 3 M (58)	
534	1038	CONDE PEREIRA, ANGEL		00:47:21	+18:36	4:44	46:40	24:29 (551)	M (482)	MASTER 3 M (59)	
535	1164	RODRÍGUEZ RODRIGUEZ, SERGIO		00:47:22	+18:37	4:44	47:01	25:07 (612)	M (483)	MASTER 4 M (14)	
536	249	TUBIO DEL RIO, ANDRES		00:47:23	+18:38	4:44	47:08	24:32 (553)	M (484)	MASTER 1 M (75)	
537	293	RIAL SANCHIÑO, CAMILO		00:47:24	+18:39	4:44	47:07	24:06 (517)	M (485)	MASTER 4 M (15)	
<b>538</b>	<b>890</b>	<b>MUÑIZ POSE, SANDRA</b>	<b>S D BARBANTIA RODA</b>	<b>00:47:26</b>	<b>+18:41</b>	<b>4:44</b>	<b>47:26</b>	<b>24:48 (581)</b>	<b>F (53)</b>	<b>MASTER 2 F (17)</b>	
539	995	FERREIRÓS JAMARDO, ÁLEX		00:47:27	+18:42	4:44	47:01	24:38 (560)	M (486)	MASTER 2 M (161)	
540	982	PORTAS TATO, MANUEL ANGEL		00:47:27	+18:42	4:44	47:02	24:38 (561)	M (487)	MASTER 2 M (162)	
541	777	CONDE LORENZO, DANIEL		00:47:29	+18:44	4:44	46:54	25:49 (676)	M (488)	MASTER 2 M (163)	
<b>542</b>	<b>354</b>	<b>MOTA CAMINO, LEA</b>	<b>CLUB TRIATLON INFORHOUSE SANTIAGO</b>	<b>00:47:29</b>	<b>+18:44</b>	<b>4:44</b>	<b>46:57</b>	<b>24:33 (555)</b>	<b>F (54)</b>	<b>SUB 23 F (5)</b>	
543	1617	LINARES JUANATEY, JAIME		00:47:38	+18:53	4:45	46:55	24:31 (552)	M (489)	MASTER 1 M (76)	
544	338	RIAL GARCIA, ROI	CLUB ATLETISMO SANTIAGO	00:47:38	+18:53	4:45	47:01	24:58 (599)	M (490)	SUB 20 M (10)	
545	768	FOLGAR BREA, ESTEBAN	CHORIMA	00:47:41	+18:56	4:46	47:08	24:08 (522)	M (491)	MASTER 2 M (164)	
<b>546</b>	<b>725</b>	<b>FERNÁNDEZ PASCUAL, ERICA</b>	<b>CDM XESTEIRAS</b>	<b>00:47:41</b>	<b>+18:56</b>	<b>4:46</b>	<b>47:22</b>	<b>23:49 (489)</b>	<b>F (55)</b>	<b>MASTER 1 F (9)</b>	
<b>547</b>	<b>719</b>	<b>ALARIO FERNANDEZ, ANA</b>		<b>00:47:41</b>	<b>+18:56</b>	<b>4:46</b>	<b>47:20</b>	<b>24:08 (524)</b>	<b>F (56)</b>	<b>MASTER 1 F (10)</b>	
<b>548</b>	<b>643</b>	<b>DE VRIES LOUREIRO, DANEL</b>	<b>RUNNING ARTEIXO</b>	<b>00:47:42</b>	<b>+18:57</b>	<b>4:46</b>	<b>47:24</b>	<b>24:42 (573)</b>	<b>F (57)</b>	<b>MASTER 1 F (11)</b>	
549	1042	PÉREZ SUSAVILA, ÁNGEL		00:47:42	+18:57	4:46	47:14	25:03 (607)	M (492)	MASTER 3 M (60)	
<b>550</b>	<b>599</b>	<b>ESPIÑO ALBELA, ANDREA</b>		<b>00:47:43</b>	<b>+18:58</b>	<b>4:46</b>	<b>47:43</b>	<b>24:43 (574)</b>	<b>F (58)</b>	<b>SENIOR F (18)</b>	
551	1080	VARELA MAZAS, JAVIER		00:47:43	+18:58	4:46	47:14	24:11 (525)	M (493)	MASTER 3 M (61)	
<b>552</b>	<b>1429</b>	<b>BLANCO DEL VALLE, MARÍA</b>		<b>00:47:44</b>	<b>+18:59</b>	<b>4:46</b>	<b>47:20</b>	<b>24:26 (546)</b>	<b>F (59)</b>	<b>SENIOR F (19)</b>	
553	444	JUANATEY GAREA, MANUEL	ATLETISMO FONTES DO SAR	00:47:44	+18:59	4:46	47:16	25:10 (619)	M (494)	SENIOR M (137)	
<b>554</b>	<b>349</b>	<b>DOMINGUEZ TRIÑANES, ALBA</b>		<b>00:47:44</b>	<b>+18:59</b>	<b>4:46</b>	<b>47:12</b>	<b>23:15 (429)</b>	<b>F (60)</b>	<b>SUB 23 F (6)</b>	
<b>555</b>	<b>562</b>	<b>VAAMONDE AGRELO, RAQUEL</b>		<b>00:47:44</b>	<b>+18:59</b>	<b>4:46</b>	<b>47:15</b>	<b>24:43 (575)</b>	<b>F (61)</b>	<b>SENIOR F (20)</b>	
<b>556</b>	<b>530</b>	<b>DURO PICHEL, PAULA</b>		<b>00:47:48</b>	<b>+19:03</b>	<b>4:46</b>	<b>47:19</b>	<b>24:53 (591)</b>	<b>F (62)</b>	<b>SENIOR F (21)</b>	
<b>557</b>	<b>548</b>	<b>PÉREZ MASEDA, MARTA</b>	<b>CLUB TRIATLÓN COMPOSTELA</b>	<b>00:47:51</b>	<b>+19:06</b>	<b>4:47</b>	<b>47:34</b>	<b>24:14 (528)</b>	<b>F (63)</b>	<b>SENIOR F (22)</b>	
558	522	NEGREIRA GOMEZ, MANUEL ANGEL		00:47:53	+19:08	4:47	47:23	23:47 (482)	M (495)	SENIOR M (138)	
559	519	MUNÍN PRESEDO, NICOLÁS		00:47:53	+19:08	4:47	47:23	23:47 (484)	M (496)	SENIOR M (139)	
560	821	VICENTE GARCÍA, JOSÉ DANIEL		00:47:53	+19:08	4:47	47:19	25:49 (675)	M (497)	MASTER 2 M (165)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
561	355	SERANTES ABAL, ELOI	ADC ARNELA	00:47:54	+19:09	4:47	47:54	24:51 (589)	M (498)	SUB 23 M (19)	M (32)
562	590	LOPEZ MACIA, REBECA	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:47:55	+19:10	4:47	47:44	24:20 (533)	F (64)	SENIOR F (23)	
563	470	BELLO RAMOS, MARTIN		00:47:55	+19:10	4:47	47:05	24:57 (595)	M (499)	SENIOR M (140)	
564	594	BETANZOS FREIRE, SARELA	SD BARBANTIA RODA	00:47:56	+19:11	4:47	47:32	24:07 (521)	F (65)	SENIOR F (24)	
565	747	CASTRO ROMÁN, ALEJANDRO JOSÉ		00:47:57	+19:12	4:47	47:32	23:46 (481)	M (500)	MASTER 2 M (166)	
566	1615	ORTIZ DE GUINEA, JAVIER		00:48:00	+19:15	4:47	47:21	23:28 (443)	M (501)	MASTER 1 M (77)	
567	896	FEIJOO GARCIA, XURXO		00:48:02	+19:17	4:48	47:17	24:24 (539)	M (502)	MASTER 2 M (167)	
568	447	PEÓN VARELA, DAMIÁN	CDM VERTICE	00:48:03	+19:18	4:48	47:43	24:57 (596)	M (503)	SENIOR M (141)	
569	1802	BETANZOS REGO, TOBÍAS	SD BARBANTIA RODA	00:48:07	+19:22	4:48	47:42	24:08 (523)	M (504)	MASTER 4 M (16)	
570	440	MARTÍNEZ HERMO, MARINA	EQUILATERO	00:48:08	+19:23	4:48	47:52	24:20 (534)	F (66)	SENIOR F (25)	
571	1439	GARCÍA FERNÁNDEZ, ALFREDO		00:48:11	+19:26	4:49	47:41	24:52 (590)	M (505)	SENIOR M (142)	
572	467	GONZÁLEZ BUSTELO, MANUEL		00:48:14	+19:29	4:49	48:14	25:05 (608)	M (506)	SENIOR M (143)	
573	343	GÓMEZ TUBIO, ANDREA	ASESOU	00:48:16	+19:31	4:49	48:00	24:20 (532)	F (67)	SUB 23 F (7)	
574	1118	OUJO CASTELO, SANTIAGO		00:48:17	+19:32	4:49	47:54	24:50 (582)	M (507)	MASTER 3 M (62)	M (33)
575	1171	SERANTES MANEIRO, CAMILO	ADC ARNELA	00:48:17	+19:32	4:49	47:54	25:05 (609)	M (508)	MASTER 4 M (17)	M (34)
576	875	VELAY REY, MIGUEL		00:48:19	+19:34	4:49	47:44	25:07 (611)	M (509)	MASTER 2 M (168)	
577	684	SAAVEDRA DELGADO, LAURA	BJ RUNNING TEAM	00:48:21	+19:36	4:50	48:02	24:42 (569)	F (68)	MASTER 1 F (12)	
578	451	HERMO TUBIO, PABLO		00:48:21	+19:36	4:50	47:44	25:27 (642)	M (510)	SENIOR M (144)	
579	155	LOURIDO RIAL, LORENZO	CLUB ATLETISMO NEGREIRA	00:48:22	+19:37	4:50	47:05	27:07 (791)	M (511)	MASTER 2 M (169)	
580	683	MIRÁS CARBALLAL, SUSANA	CDM VÉRTICE	00:48:22	+19:37	4:50	48:03	24:42 (572)	F (69)	MASTER 1 F (13)	
581	156	GARCÍA ANTELO, JOSÉ MANUEL		00:48:22	+19:37	4:50	47:03	27:08 (796)	M (512)	MASTER 2 M (170)	
582	1756	FERNANDEZ LUCES, CASTOR	SERRES RUNNERS	00:48:22	+19:37	4:50	47:46	24:54 (592)	M (513)	MASTER 3 M (63)	
583	943	SAMBADE LESTÓN, LORETO	TRIKI TEAM	00:48:22	+19:37	4:50	47:56	24:58 (597)	F (70)	MASTER 2 F (18)	
584	665	ESPIÑO LÓPEZ, REBECA		00:48:23	+19:38	4:50	48:06	24:28 (548)	F (71)	MASTER 1 F (14)	
585	168	DEVESA PEQUENO, IGNACIO	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:48:24	+19:39	4:50	47:43	24:39 (563)	M (514)	MASTER 2 M (171)	
586	1074	CACHEIRO DEL RIO, JUAN		00:48:25	+19:40	4:50	48:07	25:01 (604)	M (515)	MASTER 3 M (64)	
587	785	TORRADO RIAL, RICARDO		00:48:25	+19:40	4:50	48:00	24:41 (568)	M (516)	MASTER 2 M (172)	
588	474	VIDAL MAÑÁ, ALBA		00:48:26	+19:41	4:50	47:55	24:55 (594)	F (72)	SENIOR F (26)	
589	1419	BENAVIDES ALONSO, MIGUEL		00:48:28	+19:43	4:50	48:09	24:14 (529)	M (517)	SENIOR M (145)	
590	721	DESTITO, PAOLO		00:48:28	+19:43	4:50	47:45	25:27 (641)	M (518)	MASTER 1 M (78)	
591	1122	SEIJO PEREIRA, MANUEL	CHUSAUDE	00:48:30	+19:45	4:50	47:58	24:38 (559)	M (519)	MASTER 3 M (65)	
592	874	GARCÍA REA, FERNANDO		00:48:30	+19:45	4:50	48:17	23:37 (455)	M (520)	MASTER 2 M (173)	
593	537	BOTANA RÍOS, SABELA		00:48:30	+19:45	4:50	48:03	24:51 (588)	F (73)	SENIOR F (27)	
594	1092	LORENZO ESTEVEZ, MANUEL		00:48:31	+19:46	4:51	48:31	24:22 (536)	M (521)	MASTER 3 M (66)	
595	1095	ARMADA FERNÁNDEZ, ERNESTO MANUEL		00:48:32	+19:47	4:51	48:10	25:19 (630)	M (522)	MASTER 3 M (67)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
596	1100	LEIS MOURIÑO, OSCAR	ATLETISMO FONTES DO SAR	00:48:33	+19:48	4:51	47:56	24:50 (583)	M (523)	MASTER 3 M (68)	
597	1030	PALLARES LEAL, XOSÉ RAMÓN		00:48:33	+19:48	4:51	48:03	24:51 (584)	M (524)	MASTER 3 M (69)	
598	497	MUIÑO PEREZ, KEVIN		00:48:35	+19:50	4:51	48:16	25:01 (603)	M (525)	SENIOR M (146)	
599	469	LEMONS LEIRO, JACOBO		00:48:36	+19:51	4:51	48:00	25:27 (643)	M (526)	SENIOR M (147)	
600	853	PONTE PINTOR, JAVIER		00:48:38	+19:53	4:51	47:44	25:24 (637)	M (527)	MASTER 2 M (174)	
601	887	GONZALEZ FERNANDEZ, LUCIA	GTR-GALAICO TRAIL RUM	00:48:41	+19:56	4:52	48:23	24:28 (549)	F (74)	MASTER 2 F (19)	
602	858	QUINTIÁ NOVO, JOSE MANUEL		00:48:41	+19:56	4:52	48:03	25:21 (635)	M (528)	MASTER 2 M (175)	
603	932	RODRIGUEZ FERNANDEZ, CRISTINA	TIGERS RUNNING CLUB	00:48:43	+19:58	4:52	48:08	25:09 (614)	F (75)	MASTER 2 F (20)	
604	935	MARTINEZ RIVADEMAR, ARACELI	ATLETISMO FONTES DO SAR	00:48:43	+19:58	4:52	48:08	25:10 (618)	F (76)	MASTER 2 F (21)	
605	669	RODRÍGUEZ GONZÁLEZ, PABLO	CLUBE DE ATLETISMO DE OUTES	00:48:44	+19:59	4:52	48:21	24:37 (558)	M (529)	MASTER 1 M (79)	
606	459	RODRÍGUEZ RODRÍGUEZ, MIGUEL		00:48:44	+19:59	4:52	48:04	25:18 (629)	M (530)	SENIOR M (148)	
607	529	DURO PICHEL, ANTIA		00:48:45	+20:00	4:52	48:15	24:59 (600)	F (77)	SENIOR F (28)	
608	511	CABO TABERNEIRO, FERNANDO		00:48:47	+20:02	4:52	48:05	25:40 (664)	M (531)	SENIOR M (149)	
609	346	NEGREIRA SANCHEZ, CANDELA		00:48:48	+20:03	4:52	48:25	24:48 (580)	F (78)	SUB 23 F (8)	
610	936	BREA FLORIANI, JOSÉ MANUEL		00:48:48	+20:03	4:52	48:23	24:40 (566)	M (532)	MASTER 2 M (176)	
611	1123	FERNÁNDEZ CASASNOVAS, ANTONIO	LUCUS CAIXA RURAL GALEGA	00:48:48	+20:03	4:52	48:36	24:48 (579)	M (533)	MASTER 3 M (70)	
612	883	MARTINEZ GUIMAREY, JORGE		00:48:49	+20:04	4:52	48:17	25:10 (620)	M (534)	MASTER 2 M (177)	
613	609	CARBALLO FAZANES, AIDA		00:48:49	+20:04	4:52	48:21	25:27 (640)	F (79)	SENIOR F (29)	
614	510	CABO TABERNEIRO, JAIME		00:48:50	+20:05	4:52	48:08	25:41 (665)	M (535)	SENIOR M (150)	
615	787	SUAREZ, VICTOR	CLUB TRIATLÓN COMPOSTELA	00:48:50	+20:05	4:52	48:28	25:39 (662)	M (536)	MASTER 2 M (178)	
616	577	VILANOVA REY, ANA	CLUB DEPORTIVO EQUILÁTERO	00:48:50	+20:05	4:52	48:25	25:12 (623)	F (80)	SENIOR F (30)	
617	538	PEREZ PAZ, ALBA	CLUB TRIATLON COMPOSTELA	00:48:50	+20:05	4:52	48:28	25:39 (661)	F (81)	SENIOR F (31)	
618	1455	OLVEIRA SAMPEDRO, ALEXANDRE		00:48:51	+20:06	4:53	48:23	25:01 (602)	M (537)	SENIOR M (151)	
619	1815	LÓPEZ IGREXAS, MACÍAS	NOSPORTLIMIT	00:48:52	+20:07	4:53	47:48	25:25 (638)	M (538)	MASTER 1 M (80)	
620	557	BOTANA, IRENE		00:48:52	+20:07	4:53	48:25	25:09 (615)	F (82)	SENIOR F (32)	
621	700	BLANCO TASENDE, OSCAR	DUBRA TEAM	00:48:52	+20:07	4:53	48:25	25:09 (616)	M (539)	MASTER 1 M (81)	
622	1135	GONZALEZ PEREZ, XOSE LUIS	RUN RUN MONTERROSO.	00:48:53	+20:08	4:53	48:15	25:38 (660)	M (540)	MASTER 3 M (71)	
623	1007	GONZÁLEZ GRAIÑO, JAVIER	O JERREIRO	00:48:53	+20:08	4:53	48:16	25:36 (656)	M (541)	MASTER 2 M (179)	
624	1667	OJEDA HERNÁNDEZ, OSWALDO		00:48:55	+20:10	4:53	47:55	25:56 (688)	M (542)	MASTER 2 M (180)	
625	1097	OTERO, GONZALO		00:48:56	+20:11	4:53	48:56	24:47 (578)	M (543)	MASTER 3 M (72)	
626	446	VÁZQUEZ FEIJOO, DIEGO		00:48:57	+20:12	4:53	48:21	26:06 (701)	M (544)	SENIOR M (152)	
627	980	ABAL CAMAÑO, RAQUEL	CLUB ATLETISMO TAMBRE	00:49:01	+20:16	4:54	48:35	25:31 (646)	F (83)	MASTER 2 F (22)	
628	1011	DAVILA IBAÑEZ, ANA BELEN		00:49:05	+20:20	4:54	48:56	24:39 (562)	F (84)	MASTER 2 F (23)	
629	1487	LESTÓN GÚETO, GABRIEL		00:49:06	+20:21	4:54	48:43	23:52 (495)	M (545)	SENIOR M (153)	M (35)
630	492	GARCÍA NAVAS CORRALES, JULIO		00:49:07	+20:22	4:54	48:25	25:14 (625)	M (546)	SENIOR M (154)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
631	1079	MARQUINA FUENTES, JULIO		00:49:08	+20:23	4:54	48:39	24:41 (567)	M (547)	MASTER 3 M (73)	
<b>632</b>	<b>1499</b>	<b>GARCIA CALO, ALVARO</b>		<b>00:49:08</b>	<b>+20:23</b>	<b>4:54</b>	<b>48:21</b>	<b>25:56 (687)</b>	<b>M (548)</b>	<b>SENIOR M (155)</b>	<b>M (36)</b>
633	509	GARCÍA LAGOAS, MIGUEL		00:49:09	+20:24	4:54	48:33	25:13 (624)	M (549)	SENIOR M (156)	
<b>634</b>	<b>934</b>	<b>VÁZQUEZ, VIRGINIA</b>	<b>ATLETISMO FONTES DO SAR</b>	<b>00:49:10</b>	<b>+20:25</b>	<b>4:54</b>	<b>48:35</b>	<b>25:10 (621)</b>	<b>F (85)</b>	<b>MASTER 2 F (24)</b>	
635	757	GRUEIRO MÉNDEZ, MIGUEL		00:49:11	+20:26	4:55	48:38	25:11 (622)	M (550)	MASTER 2 M (181)	
636	668	PAZO RODRIGUEZ, JACOBO	LOS MEGORES	00:49:14	+20:29	4:55	48:42	25:34 (651)	M (551)	MASTER 1 M (82)	
<b>637</b>	<b>1614</b>	<b>RODRÍGUEZ GARCIA, MARCOS</b>		<b>00:49:14</b>	<b>+20:29</b>	<b>4:55</b>	<b>48:13</b>	<b>25:34 (652)</b>	<b>M (552)</b>	<b>MASTER 1 M (83)</b>	<b>M (37)</b>
<b>638</b>	<b>1534</b>	<b>FERNÁNDEZ DE SANMAMED LEMA, ROSA</b>		<b>00:49:15</b>	<b>+20:30</b>	<b>4:55</b>	<b>48:13</b>	<b>25:34 (653)</b>	<b>F (86)</b>	<b>SENIOR F (33)</b>	<b>F (3)</b>
639	1161	CALVO GERARDI, MANUEL	CLUB ATLETISMO SAR	00:49:15	+20:30	4:55	48:57	25:20 (632)	M (553)	MASTER 4 M (18)	
640	755	FERNANDEZ FERRO, ALVARO		00:49:17	+20:32	4:55	49:17	24:25 (545)	M (554)	MASTER 2 M (182)	
<b>641</b>	<b>1178</b>	<b>POUSO, JOSÉ</b>		<b>00:49:20</b>	<b>+20:35</b>	<b>4:55</b>	<b>48:33</b>	<b>25:54 (684)</b>	<b>M (555)</b>	<b>MASTER 4 M (19)</b>	<b>M (38)</b>
642	678	LORENZO VILOUTA, MARTÍN		00:49:20	+20:35	4:55	49:20	25:30 (645)	M (556)	MASTER 1 M (84)	
643	1117	ABEIJÓN COSTA, FRANCISCO		00:49:21	+20:36	4:56	49:05	25:16 (627)	M (557)	MASTER 3 M (74)	
644	294	GIL BREA, JOSE ANTONIO	NOITEBRA F.C.	00:49:22	+20:37	4:56	49:05	25:41 (666)	M (558)	MASTER 4 M (20)	
<b>645</b>	<b>999</b>	<b>MATOSIAN CARRERA, MARÍA ALEJANDRA</b>	<b>SD BARBANTIA RODA</b>	<b>00:49:22</b>	<b>+20:37</b>	<b>4:56</b>	<b>48:57</b>	<b>25:06 (610)</b>	<b>F (87)</b>	<b>MASTER 2 F (25)</b>	
<b>646</b>	<b>527</b>	<b>LAGO TORRES, NEREA</b>		<b>00:49:26</b>	<b>+20:41</b>	<b>4:56</b>	<b>49:11</b>	<b>24:36 (557)</b>	<b>F (88)</b>	<b>SENIOR F (34)</b>	
647	1071	GARCIA LOUREIRO, ANTONIO		00:49:28	+20:43	4:56	48:57	24:51 (585)	M (559)	MASTER 3 M (75)	
648	865	TUÑAS ARGIBAY, JORGE		00:49:29	+20:44	4:56	48:39	26:04 (699)	M (560)	MASTER 2 M (183)	
<b>649</b>	<b>962</b>	<b>MANEIRO CAAMAÑO, VANESSA</b>		<b>00:49:29</b>	<b>+20:44</b>	<b>4:56</b>	<b>48:47</b>	<b>25:54 (683)</b>	<b>F (89)</b>	<b>MASTER 2 F (26)</b>	
<b>650</b>	<b>1497</b>	<b>LAÓ SÁNCHEZ, ROCÍO</b>	<b>CLUB DO MAR NOIA</b>	<b>00:49:29</b>	<b>+20:44</b>	<b>4:56</b>	<b>48:36</b>	<b>26:00 (695)</b>	<b>F (90)</b>	<b>SENIOR F (35)</b>	
651	1358	HORTA POMBO, CAETANO	CLUB DO MAR NOIA	00:49:30	+20:45	4:56	48:35	26:00 (694)	M (561)	SUB 23 M (20)	
652	1103	LAMAS CANOSA, JESÚS		00:49:31	+20:46	4:57	48:58	25:46 (669)	M (562)	MASTER 3 M (76)	
653	800	ROSENDO MOURIÑO, RAFA		00:49:32	+20:47	4:57	49:07	24:51 (587)	M (563)	MASTER 2 M (184)	
<b>654</b>	<b>352</b>	<b>GONZÁLEZ VILAS, SABELA</b>	<b>CLUB TRIATLON INFORHOUSE SANTIAGO</b>	<b>00:49:33</b>	<b>+20:48</b>	<b>4:57</b>	<b>49:01</b>	<b>25:02 (606)</b>	<b>F (91)</b>	<b>SUB 23 F (9)</b>	
<b>655</b>	<b>708</b>	<b>TORRES FERNANDEZ, VIRGINIA</b>		<b>00:49:33</b>	<b>+20:48</b>	<b>4:57</b>	<b>49:11</b>	<b>25:55 (685)</b>	<b>F (92)</b>	<b>MASTER 1 F (15)</b>	
656	583	ALVAREZ CASTRO, DAVID	CLUB ATLETISMO O PINO	00:49:34	+20:49	4:57	48:51	26:18 (724)	M (564)	SENIOR M (157)	
657	1712	JAMARDO DOMINGUEZ, RAMON		00:49:35	+20:50	4:57	48:55	25:09 (617)	M (565)	MASTER 2 M (185)	
<b>658</b>	<b>776</b>	<b>NIETO PAZOS, SUSANA</b>		<b>00:49:38</b>	<b>+20:53</b>	<b>4:57</b>	<b>49:29</b>	<b>25:21 (634)</b>	<b>F (93)</b>	<b>MASTER 2 F (27)</b>	
659	1489	VARELA FUENTES, EMILIO JOSÉ		00:49:41	+20:56	4:58	48:37	26:01 (697)	M (566)	SENIOR M (158)	
660	1157	ALBORÉS DÍAZ, JOSÉ MANUEL	CLUB ATLETISMO OUTES- MARISCOS ANTÓN	00:49:44	+20:59	4:58	49:22	25:23 (636)	M (567)	MASTER 4 M (21)	
661	1525	LÓPEZ BUSTELO, MARCOS		00:49:46	+21:01	4:58	49:02	26:17 (723)	M (568)	SENIOR M (159)	
662	1709	ROMERO GACIÑO, IAGO		00:49:47	+21:02	4:58	49:08	26:01 (696)	M (569)	MASTER 2 M (186)	
663	1126	FERNANDEZ OLIVEIRA, JUAN CARLOS		00:49:49	+21:04	4:58	49:23	25:49 (678)	M (570)	MASTER 3 M (77)	
664	606	OTERO TROITIÑO, LUIS		00:49:49	+21:04	4:58	49:05	26:16 (722)	M (571)	SENIOR M (160)	
665	690	GARCÍA SOUTO, SERGIO	LUME NO CAÑO	00:49:50	+21:05	4:58	49:35	25:27 (639)	M (572)	MASTER 1 M (85)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
666	525	GARCÍA CASTRO, MARTÍN		00:49:51	+21:06	4:59	49:36	25:39 (663)	M (573)	SENIOR M (161)	
667	1010	CALVIÑO BAUTIS, LITO		00:49:54	+21:09	4:59	49:54	25:32 (648)	M (574)	MASTER 2 M (187)	
668	1111	TARELA MIRAMONTES, MARIA DOLORES	CLUB ATLETISMO NOIA	00:49:58	+21:13	4:59	49:53	25:59 (690)	F (94)	MASTER 3 F (5)	
669	1098	GARCÍA FERNÁNDEZ, ISABEL	ATLETISMO FONTES DO SAR	00:50:02	+21:17	5:00	49:28	25:36 (658)	F (95)	MASTER 3 F (6)	
670	823	NÚÑEZ QUEIRUGA, ZALO	MONTEMUIÑO	00:50:03	+21:18	5:00	49:27	26:13 (711)	M (575)	MASTER 2 M (188)	M (39)
671	1099	GÓMEZ GÓMEZ, ROSA	ATLETISMO FONTES DO SAR	00:50:04	+21:19	5:00	50:04	25:36 (659)	F (96)	MASTER 3 F (7)	
672	1606	PAN MOLEDO, RUBEN		00:50:06	+21:21	5:00	50:06	26:21 (730)	M (576)	MASTER 1 M (86)	
673	968	MARIÑO BLANCO, MANUEL		00:50:07	+21:22	5:00	49:03	26:16 (721)	M (577)	MASTER 2 M (189)	M (40)
674	1003	PIÑEIRO GARCÍA, HÉCTOR	CLUB ATLETISMO LOUSAME	00:50:08	+21:23	5:00	49:36	25:44 (668)	M (578)	MASTER 2 M (190)	
675	1838	BOUZAS TOREA, FRANCISCO		00:50:10	+21:25	5:00	49:24	26:33 (754)	M (579)	SENIOR M (162)	
676	478	RODRIGUEZ CONDE, FABIÁN	CLUB ATLETISMO OUTES	00:50:12	+21:27	5:01	49:26	26:33 (753)	M (580)	SENIOR M (163)	
677	1527	FERNÁNDEZ MELCÓN, LUCIA		00:50:14	+21:29	5:01	49:51	26:07 (702)	F (97)	SENIOR F (36)	
678	1155	FERNÁNDEZ LÓPEZ, MARINA LAURA	CLUB ATLETISMO SADA	00:50:14	+21:29	5:01	49:43	25:35 (655)	F (98)	MASTER 4 F (1)	
679	573	LOURO RAMA, MARIA NEREA		00:50:14	+21:29	5:01	49:51	26:07 (703)	F (99)	SENIOR F (37)	
680	1013	ALVAREZ PARDIÑAS PUENTE, LUIS		00:50:17	+21:32	5:01	49:30	25:48 (674)	M (581)	MASTER 3 M (78)	
681	917	PIÑEIRO PIÑEIRO, PABLO		00:50:17	+21:32	5:01	49:39	25:59 (692)	M (582)	MASTER 2 M (191)	M (41)
682	873	REY ALBARELLOS, FERNANDO	SD COMPOSTELA ATLETISMO	00:50:17	+21:32	5:01	49:30	25:49 (676)	M (583)	MASTER 2 M (192)	
683	920	REGUEIRO BARREIRO, JUAN RAMÓN	MESOIRO CD	00:50:19	+21:34	5:01	49:33	26:32 (752)	M (584)	MASTER 2 M (193)	
684	1004	FONTAN MIRON, JOSE MANUEL	CLUB ATLETISMO NOIA	00:50:20	+21:35	5:01	49:58	25:36 (657)	M (585)	MASTER 2 M (194)	M (42)
685	724	GARCIA CUESTA, FERNANDO		00:50:21	+21:36	5:02	49:48	25:53 (681)	M (586)	MASTER 1 M (87)	
686	1720	BERNÁRDEZ VARELA, ROBERTO		00:50:22	+21:37	5:02	49:32	26:13 (715)	M (587)	MASTER 2 M (195)	M (43)
687	1524	DIOS MAYÁN, SARA		00:50:23	+21:38	5:02	49:33	26:28 (746)	F (100)	SENIOR F (38)	
688	1338	PAZ SANTAMARÍA, JUAN		00:50:24	+21:39	5:02	49:42	25:55 (686)	M (588)	SUB 20 M (11)	M (44)
689	506	MONTOUTO LÓPEZ, JESÚS RAMÓN		00:50:25	+21:40	5:02	50:01	25:20 (631)	M (589)	SENIOR M (164)	
690	1529	EIRAS LAMAS, LUCÍA		00:50:26	+21:41	5:02	50:26	26:10 (707)	F (101)	SENIOR F (39)	
691	973	FIGUEIRA ORDÓÑEZ, ÓSCAR		00:50:26	+21:41	5:02	49:52	26:15 (719)	M (590)	MASTER 2 M (196)	
692	822	ASTRAY LÓPEZ, PABLO		00:50:27	+21:42	5:02	49:51	26:14 (718)	M (591)	MASTER 2 M (197)	
693	534	AMOEDO MARTÍNEZ, ADRIÁN	RAVACHOL A TODO TROTE	00:50:27	+21:42	5:02	49:26	26:09 (705)	M (592)	SENIOR M (165)	
694	677	MIRANTES, ANGEL		00:50:30	+21:45	5:02	49:58	25:28 (644)	M (593)	MASTER 1 M (88)	
695	693	RODRIGUEZ BERMUDEZ, TAMARA		00:50:34	+21:49	5:03	50:16	25:20 (633)	F (102)	MASTER 1 F (16)	
696	1474	ANTELO BARREIRO, ALEXANDRE		00:50:35	+21:50	5:03	49:20	26:55 (775)	M (594)	SENIOR M (166)	
697	479	IGLESIAS ANDRADE, BRAIS	ASOCIACIÓN DEPORTIVA OLIMPIA	00:50:35	+21:50	5:03	49:51	26:05 (700)	M (595)	SENIOR M (167)	
698	328	AMBITE SANTANA, DANIEL		00:50:38	+21:53	5:03	50:24	25:01 (601)	M (596)	SUB 18 M (11)	
699	664	ALONSO FIGUEIRAS, MELODIA	SERRES RUNNERS	00:50:39	+21:54	5:03	50:03	26:13 (712)	F (103)	MASTER 1 F (17)	
700	1130	TOREA, ELENA	CLUB ATLETISMO LOUSAME	00:50:39	+21:54	5:03	50:07	25:59 (693)	F (104)	MASTER 3 F (8)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
701	818	ZAMAR ALAMANCOS, JUAN CARLOS		00:50:40	+21:55	5:03	50:13	26:19 (726)	M (597)	MASTER 2 M (198)	
702	495	MARTINEZ ORDOÑEZ, ANXO		00:50:42	+21:57	5:04	50:02	26:14 (717)	M (598)	SENIOR M (168)	
<b>703</b>	<b>1520</b>	<b>FERNÁNDEZ, ANDREA</b>		<b>00:50:44</b>	<b>+21:59</b>	<b>5:04</b>	<b>50:08</b>	<b>26:26 (739)</b>	<b>F (105)</b>	<b>SENIOR F (40)</b>	
<b>704</b>	<b>1501</b>	<b>ROO MAROÑAS, GEMA</b>		<b>00:50:44</b>	<b>+21:59</b>	<b>5:04</b>	<b>50:08</b>	<b>26:26 (740)</b>	<b>F (106)</b>	<b>SENIOR F (41)</b>	
705	1518	OTERO VACCARELLO, MIGUEL		00:50:45	+22:00	5:04	49:55	26:13 (714)	M (599)	SENIOR M (169)	
706	1181	OTERO FERNANDEZ, JOSE MANUEL	FLUVIAL MONTE SEGADE	00:50:45	+22:00	5:04	49:55	26:13 (713)	M (600)	MASTER 4 M (22)	
<b>707</b>	<b>580</b>	<b>IGLESIAS AMORES, DORIS</b>	<b>CLUB DEPORTIVO BRION HYUPERSA NORTE</b>	<b>00:50:50</b>	<b>+22:05</b>	<b>5:04</b>	<b>50:09</b>	<b>26:25 (737)</b>	<b>F (107)</b>	<b>SENIOR F (42)</b>	
<b>708</b>	<b>351</b>	<b>GRELA OUTEIRAL, DAVID</b>		<b>00:50:50</b>	<b>+22:05</b>	<b>5:04</b>	<b>49:57</b>	<b>27:17 (813)</b>	<b>M (601)</b>	<b>SUB 23 M (21)</b>	<b>M (45)</b>
<b>709</b>	<b>921</b>	<b>LEYES BASTIDA, ANA</b>	<b>ATLETISMO FONTES DO SAR</b>	<b>00:50:51</b>	<b>+22:06</b>	<b>5:05</b>	<b>50:17</b>	<b>25:46 (670)</b>	<b>F (108)</b>	<b>MASTER 2 F (28)</b>	
710	1076	LÓPEZ FERNÁNDEZ, JOSÉ ANTONIO	CLUB ATLETISMO OUTES- MARISCOS ANTÓN	00:50:52	+22:07	5:05	50:04	26:12 (709)	M (602)	MASTER 3 M (79)	
711	504	LÓPEZ FIGUEIRA, MARCOS	CLUB ATLETISMO OUTES- MARISCOS ANTÓN	00:50:52	+22:07	5:05	50:04	26:12 (710)	M (603)	SENIOR M (170)	
712	901	AGRA SOTO, FERNANDO		00:50:53	+22:08	5:05	50:35	26:10 (706)	M (604)	MASTER 2 M (199)	
<b>713</b>	<b>1774</b>	<b>DEL RÍO MOSQUERA, JULIA</b>		<b>00:50:55</b>	<b>+22:10</b>	<b>5:05</b>	<b>50:07</b>	<b>26:26 (742)</b>	<b>F (109)</b>	<b>MASTER 3 F (9)</b>	<b>F (4)</b>
714	927	LÓPEZ ROUCO, DAVID		00:50:55	+22:10	5:05	50:12	27:32 (834)	M (605)	MASTER 2 M (200)	
715	807	SIXTO MONTERO, SERGIO		00:50:55	+22:10	5:05	50:11	27:33 (836)	M (606)	MASTER 2 M (201)	
<b>716</b>	<b>1413</b>	<b>MARCOS GÓMEZ, VICTORIA</b>		<b>00:50:55</b>	<b>+22:10</b>	<b>5:05</b>	<b>50:11</b>	<b>27:33 (835)</b>	<b>F (110)</b>	<b>SENIOR F (43)</b>	
<b>717</b>	<b>559</b>	<b>GONZÁLEZ BRANTUAS, ESTELA</b>		<b>00:50:56</b>	<b>+22:11</b>	<b>5:05</b>	<b>50:33</b>	<b>26:28 (744)</b>	<b>F (111)</b>	<b>SENIOR F (44)</b>	
<b>718</b>	<b>558</b>	<b>DIAZ MARIN, ALDARA</b>		<b>00:50:56</b>	<b>+22:11</b>	<b>5:05</b>	<b>50:32</b>	<b>26:28 (745)</b>	<b>F (112)</b>	<b>SENIOR F (45)</b>	
<b>719</b>	<b>465</b>	<b>PEDROSA, PAMELA</b>		<b>00:50:58</b>	<b>+22:13</b>	<b>5:05</b>	<b>50:33</b>	<b>25:46 (672)</b>	<b>F (113)</b>	<b>SENIOR F (46)</b>	
<b>720</b>	<b>464</b>	<b>VÁZQUEZ, SOFÍA</b>		<b>00:50:58</b>	<b>+22:13</b>	<b>5:05</b>	<b>50:33</b>	<b>25:46 (671)</b>	<b>F (114)</b>	<b>SENIOR F (47)</b>	
721	716	PENA RODRIGUEZ, FERNANDO		00:50:59	+22:14	5:05	50:27	25:31 (647)	M (607)	MASTER 1 M (89)	
722	990	GARCÍA PUMAR, JAVIER		00:51:03	+22:18	5:06	49:50	28:29 (897)	M (608)	MASTER 2 M (202)	
723	1152	GARCIA CURROS, DAVID	ATLETISMO DEZA	00:51:05	+22:20	5:06	50:31	26:12 (708)	M (609)	MASTER 4 M (23)	
724	640	TEIRA OTERO, LUIS MANUEL	PROLOGO PROJECT	00:51:08	+22:23	5:06	50:39	26:21 (732)	M (610)	MASTER 1 M (90)	
<b>725</b>	<b>1325</b>	<b>DEL RÍO CRESPO, CARLA</b>		<b>00:51:10</b>	<b>+22:25</b>	<b>5:06</b>	<b>50:21</b>	<b>27:09 (798)</b>	<b>F (115)</b>	<b>SUB 18 F (1)</b>	
<b>726</b>	<b>1740</b>	<b>CRESPO POUSO, ANA</b>		<b>00:51:11</b>	<b>+22:26</b>	<b>5:07</b>	<b>51:11</b>	<b>27:09 (799)</b>	<b>F (116)</b>	<b>MASTER 3 F (10)</b>	
727	518	VÁZQUEZ GENDE, PABLO		00:51:12	+22:27	5:07	50:49	25:44 (667)	M (611)	SENIOR M (171)	
728	1307	PAZ VALLADARES, ALEJANDRO		00:51:12	+22:27	5:07	50:43	26:21 (731)	M (612)	SENIOR M (172)	
729	462	DI NATALE DOVAL, SERGIO		00:51:14	+22:29	5:07	50:28	26:39 (762)	M (613)	SENIOR M (173)	
730	900	RODRÍGUEZ SILVA, ANGEL	CLUB ATLETISMO MORAÑA EN RUTA	00:51:17	+22:32	5:07	50:58	25:54 (682)	M (614)	MASTER 2 M (203)	
731	1706	VILA QUINTEIRO, CESAR		00:51:17	+22:32	5:07	50:16	27:20 (817)	M (615)	MASTER 2 M (204)	
732	512	FERNANDEZ CARRASCO, MANUEL		00:51:18	+22:33	5:07	50:49	26:41 (767)	M (616)	SENIOR M (174)	
<b>733</b>	<b>975</b>	<b>MOLEDO GONZÁLEZ, YOLANDA</b>	<b>ASOCIACIÓN DEPORTIVA OLIMPIA</b>	<b>00:51:20</b>	<b>+22:35</b>	<b>5:07</b>	<b>50:36</b>	<b>26:24 (736)</b>	<b>F (117)</b>	<b>MASTER 2 F (29)</b>	
<b>734</b>	<b>513</b>	<b>MARQUINA RODRÍGUEZ, ANDREA</b>		<b>00:51:21</b>	<b>+22:36</b>	<b>5:08</b>	<b>50:52</b>	<b>26:40 (765)</b>	<b>F (118)</b>	<b>SENIOR F (48)</b>	
735	974	CAPELO VILAR, FABIO	CORREXALLAS	00:51:22	+22:37	5:08	50:31	26:38 (761)	M (617)	MASTER 2 M (205)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
736	1471	BARREIRO VÁZQUEZ, RAMÓN		00:51:22	+22:37	5:08	50:23	26:35 (756)	M (618)	SENIOR M (175)	
<b>737</b>	<b>1063</b>	<b>FERNANDEZ BRAN, EVA MARIA</b>	<b>MULLER EN FORMA</b>	<b>00:51:25</b>	<b>+22:40</b>	<b>5:08</b>	<b>51:01</b>	<b>26:59 (778)</b>	<b>F (119)</b>	<b>MASTER 3 F (11)</b>	
738	581	ALVAREZ CASTRO, CARLOS	CLUB ATLETISMO O PINO	00:51:26	+22:41	5:08	50:43	26:30 (748)	M (619)	SENIOR M (176)	
739	1109	MARTÍNEZ SANTOS, FRANCISCO JAVIER		00:51:28	+22:43	5:08	50:59	25:48 (673)	M (620)	MASTER 3 M (80)	
740	1094	CALVIÑO CERVIÑO, ANTONIO		00:51:30	+22:45	5:08	50:36	26:59 (777)	M (621)	MASTER 3 M (81)	
741	1096	GOMEZ, MANOLO		00:51:30	+22:45	5:08	50:36	27:00 (779)	M (622)	MASTER 3 M (82)	
742	1160	CERNADAS LADO, FRANCISCO	SERRES RUNNERS	00:51:33	+22:48	5:09	50:58	25:51 (679)	M (623)	MASTER 4 M (24)	
<b>743</b>	<b>924</b>	<b>BLANCO VARELA, SEILA</b>	<b>8 SUELAS</b>	<b>00:51:33</b>	<b>+22:48</b>	<b>5:09</b>	<b>51:00</b>	<b>26:24 (734)</b>	<b>F (120)</b>	<b>MASTER 2 F (30)</b>	
744	1058	NÚÑEZ GONZALEZ, JOSÉ AMABLE	ATLETISMO +9 MORAÑA	00:51:36	+22:51	5:09	50:57	26:20 (728)	M (624)	MASTER 3 M (83)	
745	1663	GÓMEZ TORRES, JUAN PABLO		00:51:36	+22:51	5:09	51:36	26:39 (763)	M (625)	MASTER 2 M (206)	
746	1169	GOMEZ VIAÑO, JOSE		00:51:37	+22:52	5:09	51:03	26:32 (750)	M (626)	MASTER 4 M (25)	
747	1088	TEDÍN MOUZO, MARCOS		00:51:38	+22:53	5:09	50:50	26:58 (776)	M (627)	MASTER 3 M (84)	
748	584	VEIRAS GONZÁLEZ, PABLO		00:51:39	+22:54	5:09	50:55	26:19 (725)	M (628)	SENIOR M (177)	
<b>749</b>	<b>601</b>	<b>BAULDE SUMAY, ANGELA</b>		<b>00:51:39</b>	<b>+22:54</b>	<b>5:09</b>	<b>51:15</b>	<b>25:57 (689)</b>	<b>F (121)</b>	<b>SENIOR F (49)</b>	
<b>750</b>	<b>1115</b>	<b>VIA, TAMARA</b>	<b>ATLETISMO FONTES DO SAR</b>	<b>00:51:40</b>	<b>+22:55</b>	<b>5:09</b>	<b>51:06</b>	<b>26:03 (698)</b>	<b>F (122)</b>	<b>MASTER 3 F (12)</b>	
<b>751</b>	<b>571</b>	<b>FERNANDEZ HERMO, ANDREA</b>		<b>00:51:41</b>	<b>+22:56</b>	<b>5:10</b>	<b>51:01</b>	<b>27:18 (814)</b>	<b>F (123)</b>	<b>SENIOR F (50)</b>	
<b>752</b>	<b>540</b>	<b>TAJES MARTÍNEZ, MARÍA</b>	<b>SERRES RUNNERS</b>	<b>00:51:43</b>	<b>+22:58</b>	<b>5:10</b>	<b>51:09</b>	<b>26:24 (735)</b>	<b>F (124)</b>	<b>SENIOR F (51)</b>	
753	552	BERNARDO GARCIA, ALEJANDRO		00:51:45	+23:00	5:10	51:07	27:07 (792)	M (629)	SENIOR M (178)	
<b>754</b>	<b>551</b>	<b>GOMEZ CHOUZA, GRETA</b>		<b>00:51:45</b>	<b>+23:00</b>	<b>5:10</b>	<b>51:08</b>	<b>27:07 (793)</b>	<b>F (125)</b>	<b>SENIOR F (52)</b>	
755	587	GONZÁLEZ LÓPEZ, ADRIÁN	CLUB REMO PUEBLA	00:51:46	+23:01	5:10	50:35	27:35 (839)	M (630)	SENIOR M (179)	
756	1105	MOURE CAÑETE, FRANCISCO	NOITEBRA, F.C.	00:51:47	+23:02	5:10	51:18	26:32 (751)	M (631)	MASTER 3 M (85)	
757	1107	RAMOS ARCOS, JULIAN	TRIKI TEAM	00:51:47	+23:02	5:10	51:12	27:26 (824)	M (632)	MASTER 3 M (86)	
758	991	GENDRA MARTINEZ, ÁNGEL		00:51:53	+23:08	5:11	50:39	28:32 (905)	M (633)	MASTER 2 M (207)	
759	1699	QUINTANS VARELA, MANUEL		00:51:53	+23:08	5:11	50:40	28:32 (903)	M (634)	MASTER 2 M (208)	
760	952	CASTAÑO BRIONES, JUAN RAMÓN		00:51:55	+23:10	5:11	51:01	26:13 (716)	M (635)	MASTER 2 M (209)	
<b>761</b>	<b>966</b>	<b>VÁZQUEZ SALVADORES, LUCÍA</b>	<b>BRUTANZOS TEAM</b>	<b>00:51:56</b>	<b>+23:11</b>	<b>5:11</b>	<b>51:14</b>	<b>26:36 (757)</b>	<b>F (126)</b>	<b>MASTER 2 F (31)</b>	
762	1153	HERMO MARINO, SANTIAGO		00:51:56	+23:11	5:11	51:03	27:06 (789)	M (636)	MASTER 4 M (26)	
<b>763</b>	<b>1796</b>	<b>BALADO LÓPEZ, MARÍA CAROLINA</b>		<b>00:51:59</b>	<b>+23:14</b>	<b>5:11</b>	<b>51:08</b>	<b>26:34 (755)</b>	<b>F (127)</b>	<b>MASTER 4 F (2)</b>	
764	1354	BUJÁN PEREIRA, ÓSCAR		00:52:01	+23:16	5:12	51:05	27:26 (826)	M (637)	SUB 23 M (22)	
765	860	MIRA LLOPIS, MANUEL	ASOCIACIÓN DEPORTIVA OLIMPIA	00:52:04	+23:19	5:12	51:21	26:41 (766)	M (638)	MASTER 2 M (210)	
766	1421	CASTRO MOAR, ADRIÁN		00:52:06	+23:21	5:12	51:08	27:08 (797)	M (639)	SENIOR M (180)	
767	449	NOGUEIRA GONZÁLEZ, ANTÓN		00:52:09	+23:24	5:12	51:06	27:31 (831)	M (640)	SENIOR M (181)	
<b>768</b>	<b>348</b>	<b>FERREIRO VILLANUEVA, IRIA</b>		<b>00:52:09</b>	<b>+23:24</b>	<b>5:12</b>	<b>51:05</b>	<b>27:32 (833)</b>	<b>F (128)</b>	<b>SUB 23 F (10)</b>	
<b>769</b>	<b>1417</b>	<b>PORTAS LEMA, JIMENA</b>		<b>00:52:10</b>	<b>+23:25</b>	<b>5:12</b>	<b>51:52</b>	<b>25:14 (626)</b>	<b>F (129)</b>	<b>SENIOR F (53)</b>	
770	1771	LIÑARES ARÁN, ALBERTO		00:52:11	+23:26	5:13	51:15	26:29 (747)	M (641)	MASTER 3 M (87)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
771	1664	MONTEAGUDO ARUFE, MANUEL	TRIBU TRAIL	00:52:15	+23:30	5:13	51:21	28:22 (886)	M (642)	MASTER 2 M (211)	
772	1132	GARCÍA SASTRE, JUAN CARLOS		00:52:16	+23:31	5:13	51:38	27:23 (820)	M (643)	MASTER 3 M (88)	
<b>773</b>	<b>1361</b>	<b>CALVO EZARA, MARÍA</b>		<b>00:52:18</b>	<b>+23:33</b>	<b>5:13</b>	<b>51:31</b>	<b>26:21 (729)</b>	<b>F (130)</b>	<b>SENIOR F (54)</b>	
774	1360	CALVO EZARA, ADRIAN		00:52:19	+23:34	5:13	51:31	26:20 (727)	M (644)	SENIOR M (182)	
775	914	TOUZÓN LIJÓ, IGNACIO	BAJANDODE40.COM	00:52:21	+23:36	5:14	51:48	27:03 (784)	M (645)	MASTER 2 M (212)	
776	880	FLORES GARCÍA, SUSO	ATLETISMO A ESTRADA	00:52:21	+23:36	5:14	51:59	26:31 (749)	M (646)	MASTER 2 M (213)	
<b>777</b>	<b>595</b>	<b>LORENZO BLANCO, LARA</b>		<b>00:52:24</b>	<b>+23:39</b>	<b>5:14</b>	<b>51:39</b>	<b>27:03 (785)</b>	<b>F (131)</b>	<b>SENIOR F (55)</b>	
<b>778</b>	<b>1721</b>	<b>HERMIDA MARTINEZ, VANESA</b>		<b>00:52:24</b>	<b>+23:39</b>	<b>5:14</b>	<b>51:34</b>	<b>27:33 (837)</b>	<b>F (132)</b>	<b>MASTER 2 F (32)</b>	
779	1148	ROCA AVILA, JAIME		00:52:28	+23:43	5:14	51:51	26:44 (768)	M (647)	MASTER 4 M (27)	
780	356	BALUJA FERRACES, SERGIO		00:52:31	+23:46	5:15	51:54	26:38 (760)	M (648)	SUB 23 M (23)	
<b>781</b>	<b>1093</b>	<b>FERRACES VAZQUEZ, MONTSE</b>		<b>00:52:32</b>	<b>+23:47</b>	<b>5:15</b>	<b>51:53</b>	<b>26:38 (759)</b>	<b>F (133)</b>	<b>MASTER 3 F (13)</b>	
782	1613	GIL MARIÑO, JAVIER AUGUSTO		00:52:32	+23:47	5:15	51:33	26:54 (772)	M (649)	MASTER 1 M (91)	
783	1629	SUÁREZ GAREA, MANUEL ALEJANDRO		00:52:33	+23:48	5:15	52:01	26:38 (758)	M (650)	MASTER 2 M (214)	
784	1041	CALVO CALVO, LUIS		00:52:34	+23:49	5:15	52:05	25:35 (654)	M (651)	MASTER 3 M (89)	
785	1733	SUEIRAS FIEIRO, LUIS CARLOS		00:52:34	+23:49	5:15	51:38	27:04 (786)	M (652)	MASTER 3 M (90)	
<b>786</b>	<b>326</b>	<b>GÓMEZ LEÓN, NOA</b>	<b>CLUB ATLETISMO NOIA</b>	<b>00:52:34</b>	<b>+23:49</b>	<b>5:15</b>	<b>52:13</b>	<b>27:15 (804)</b>	<b>F (134)</b>	<b>SUB 18 F (2)</b>	
<b>787</b>	<b>615</b>	<b>GARCIA LORENZO, SILVIA</b>	<b>CLUB ATLETISMO NOIA</b>	<b>00:52:34</b>	<b>+23:49</b>	<b>5:15</b>	<b>52:34</b>	<b>27:15 (805)</b>	<b>F (135)</b>	<b>MASTER 1 F (18)</b>	
<b>788</b>	<b>895</b>	<b>LEON VIÑAS, VANESSA</b>	<b>CLUB ATLETISMO SAR</b>	<b>00:52:34</b>	<b>+23:49</b>	<b>5:15</b>	<b>52:13</b>	<b>27:16 (808)</b>	<b>F (136)</b>	<b>MASTER 2 F (33)</b>	
<b>789</b>	<b>746</b>	<b>BARROSO PÉREZ, BEATRIZ</b>	<b>CLUB ATLETISMO NOIA</b>	<b>00:52:34</b>	<b>+23:49</b>	<b>5:15</b>	<b>52:13</b>	<b>27:16 (810)</b>	<b>F (137)</b>	<b>MASTER 2 F (34)</b>	
<b>790</b>	<b>325</b>	<b>RIVEIRO LEÓN, IRENE</b>	<b>CLUB ATLETISMO NOIA</b>	<b>00:52:34</b>	<b>+23:49</b>	<b>5:15</b>	<b>52:13</b>	<b>27:15 (806)</b>	<b>F (138)</b>	<b>SUB 18 F (3)</b>	
<b>791</b>	<b>1065</b>	<b>LEÓN VIÑAS, ÁNGELES</b>	<b>CLUB ATLETISMO NOIA</b>	<b>00:52:35</b>	<b>+23:50</b>	<b>5:15</b>	<b>52:13</b>	<b>27:16 (809)</b>	<b>F (139)</b>	<b>MASTER 3 F (14)</b>	
<b>792</b>	<b>327</b>	<b>LAREO BARROSO, NEREA</b>	<b>CLUB ATLETISMO NOIA</b>	<b>00:52:35</b>	<b>+23:50</b>	<b>5:15</b>	<b>52:13</b>	<b>27:16 (807)</b>	<b>F (140)</b>	<b>SUB 18 F (4)</b>	
793	1732	SUEIRAS FIEIRO, IGNACIO		00:52:35	+23:50	5:15	51:39	27:04 (787)	M (653)	MASTER 3 M (91)	
794	850	VARELA ROMERO, JAVIER		00:52:36	+23:51	5:15	51:46	27:00 (781)	M (654)	MASTER 2 M (215)	
795	290	RIVEIRO MOLEDO, SEGUNDO MANUEL	CLUB ATLETISMO NOIA	00:52:36	+23:51	5:15	52:15	27:17 (812)	M (655)	MASTER 3 M (92)	
<b>796</b>	<b>607</b>	<b>CANDAL GONZÁLEZ, MARÍA</b>		<b>00:52:36</b>	<b>+23:51</b>	<b>5:15</b>	<b>52:20</b>	<b>26:25 (738)</b>	<b>F (141)</b>	<b>SENIOR F (56)</b>	
<b>797</b>	<b>554</b>	<b>GONZALEZ MAYÁN, JOSE BENITO</b>		<b>00:52:37</b>	<b>+23:52</b>	<b>5:15</b>	<b>52:37</b>	<b>28:32 (906)</b>	<b>M (656)</b>	<b>SENIOR M (183)</b>	<b>M (46)</b>
798	1589	VIGO DOMÍNGUEZ, SANTIAGO		00:52:39	+23:54	5:15	51:28	29:20 (983)	M (657)	MASTER 1 M (92)	
799	1134	GEREMIAS, MANUEL		00:52:45	+24:00	5:16	52:04	27:25 (822)	M (658)	MASTER 3 M (93)	
<b>800</b>	<b>1468</b>	<b>TORRES SANMARTIN, RAQUEL</b>		<b>00:52:46</b>	<b>+24:01</b>	<b>5:16</b>	<b>51:49</b>	<b>28:15 (880)</b>	<b>F (142)</b>	<b>SENIOR F (57)</b>	
<b>801</b>	<b>508</b>	<b>DÍAZ GARCÍA, BELÉN</b>		<b>00:52:48</b>	<b>+24:03</b>	<b>5:16</b>	<b>52:15</b>	<b>27:36 (841)</b>	<b>F (143)</b>	<b>SENIOR F (58)</b>	
802	859	NUÑEZ PARDO DE VERA, LISARDO		00:52:52	+24:07	5:17	52:14	26:40 (764)	M (659)	MASTER 2 M (216)	
803	1176	FERNÁNDEZ VILLANUEVA, SERAFÍN		00:52:58	+24:13	5:17	52:39	26:45 (769)	M (660)	MASTER 4 M (28)	
<b>804</b>	<b>458</b>	<b>BALSEIRO VILELA, IRIA</b>		<b>00:53:01</b>	<b>+24:16</b>	<b>5:18</b>	<b>52:32</b>	<b>26:27 (743)</b>	<b>F (144)</b>	<b>SENIOR F (59)</b>	
805	1082	CARRASCO ITURRA, CARLOS	DUBRA TEAM	00:53:04	+24:19	5:18	52:34	27:07 (795)	M (661)	MASTER 3 M (94)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
806	1055	RIAL OTERO, JOSE LUIS	TARTARUGAS	00:53:05	+24:20	5:18	52:05	28:30 (899)	M (662)	MASTER 3 M (95)	
<b>807</b>	<b>897</b>	<b>DOMÍNGUEZ GONZÁLEZ, PATRICIA</b>		<b>00:53:06</b>	<b>+24:21</b>	<b>5:18</b>	<b>52:10</b>	<b>28:06 (871)</b>	<b>F (145)</b>	<b>MASTER 2 F (35)</b>	
808	899	GARCÍA FREIRE, PABLO	CHORIMA	00:53:07	+24:22	5:18	52:34	26:55 (774)	M (663)	MASTER 2 M (217)	
<b>809</b>	<b>501</b>	<b>HERMIDA CALVEIRO, TERESA</b>		<b>00:53:08</b>	<b>+24:23</b>	<b>5:18</b>	<b>52:26</b>	<b>27:07 (790)</b>	<b>F (146)</b>	<b>SENIOR F (60)</b>	
810	1343	MANEIRO SANISIDRO, JEYKO		00:53:09	+24:24	5:18	52:12	27:46 (846)	M (664)	SUB 23 M (24)	
811	523	CABALEIRO DÍAZ, ALFONSO		00:53:11	+24:26	5:19	52:40	26:49 (770)	M (665)	SENIOR M (184)	
812	524	RE CAREY LISTE, YAGO		00:53:12	+24:27	5:19	52:40	26:49 (771)	M (666)	SENIOR M (185)	
813	1600	PEREIRA MÍGUEZ, MIGUEL ÁNGEL	RAVACHOL A TODO TROTE	00:53:12	+24:27	5:19	52:10	28:47 (929)	M (667)	MASTER 1 M (93)	
814	1564	QUILES NOGUÉS, RUBÈN		00:53:12	+24:27	5:19	52:10	27:27 (827)	M (668)	MASTER 1 M (94)	
<b>815</b>	<b>908</b>	<b>MARTÍNEZ PARCERO, VERÓNICA</b>	<b>DUBRA TEAM</b>	<b>00:53:14</b>	<b>+24:29</b>	<b>5:19</b>	<b>52:45</b>	<b>27:06 (788)</b>	<b>F (147)</b>	<b>MASTER 2 F (36)</b>	
<b>816</b>	<b>566</b>	<b>ALONSO LIMA, VICTORIA</b>		<b>00:53:17</b>	<b>+24:32</b>	<b>5:19</b>	<b>52:50</b>	<b>27:07 (794)</b>	<b>F (148)</b>	<b>SENIOR F (61)</b>	
817	1799	BARREIRO CERNADAS, RAMON	ATLETISMO OUTES MARISCOS ANTON	00:53:17	+24:32	5:19	52:02	27:54 (854)	M (669)	MASTER 4 M (29)	
<b>818</b>	<b>1638</b>	<b>COSTA GONZÁLEZ, MARCOS</b>		<b>00:53:20</b>	<b>+24:35</b>	<b>5:19</b>	<b>52:33</b>	<b>28:05 (868)</b>	<b>M (670)</b>	<b>MASTER 2 M (218)</b>	<b>M (47)</b>
<b>819</b>	<b>454</b>	<b>GARRIDO BEADE, NOELIA</b>	<b>CLUB DEPORTIVO BRION HYUPERSA NORTE</b>	<b>00:53:20</b>	<b>+24:35</b>	<b>5:19</b>	<b>53:20</b>	<b>26:09 (704)</b>	<b>F (149)</b>	<b>SENIOR F (62)</b>	
820	852	ARCA PEDRIDO, MANOLO	CLUB ATLETISMO LOUSAME	00:53:22	+24:37	5:20	52:33	27:13 (803)	M (671)	MASTER 2 M (219)	
<b>821</b>	<b>967</b>	<b>TOBÍO DÓNEGA, MARÍA</b>		<b>00:53:23</b>	<b>+24:38</b>	<b>5:20</b>	<b>52:37</b>	<b>27:40 (843)</b>	<b>F (150)</b>	<b>MASTER 2 F (37)</b>	
822	330	TRILLO CASTELO, JOSE		00:53:26	+24:41	5:20	52:28	28:06 (870)	M (672)	SUB 20 M (12)	
823	1335	BOLAÑOS OLVEIRA, DAVID		00:53:28	+24:43	5:20	52:18	28:41 (919)	M (673)	SUB 20 M (13)	
824	1678	CARREIRA VALOIS, ÓSCAR		00:53:28	+24:43	5:20	53:28	29:10 (969)	M (674)	MASTER 2 M (220)	
<b>825</b>	<b>1782</b>	<b>MAROÑAS SOÑORA, MARÍA</b>		<b>00:53:28</b>	<b>+24:43</b>	<b>5:20</b>	<b>53:08</b>	<b>27:00 (780)</b>	<b>F (151)</b>	<b>MASTER 3 F (15)</b>	
826	727	FERNANDEZ VAZQUEZ, FRANCISCO		00:53:29	+24:44	5:20	52:20	27:53 (853)	M (675)	MASTER 1 M (95)	
827	1786	LÓPEZ RODRÍGUEZ, ANDRÉS		00:53:30	+24:45	5:20	53:01	28:26 (891)	M (676)	MASTER 4 M (30)	
828	1645	RIAL TABOADA, MARCOS		00:53:34	+24:49	5:21	53:06	26:26 (741)	M (677)	MASTER 2 M (221)	
<b>829</b>	<b>1385</b>	<b>MONTERO GONZALEZ, DAVID</b>		<b>00:53:34</b>	<b>+24:49</b>	<b>5:21</b>	<b>52:39</b>	<b>28:33 (907)</b>	<b>M (678)</b>	<b>SENIOR M (186)</b>	<b>M (48)</b>
<b>830</b>	<b>1772</b>	<b>GARCÍA BORRAZÁS, ANTONIO</b>		<b>00:53:35</b>	<b>+24:50</b>	<b>5:21</b>	<b>52:25</b>	<b>28:01 (864)</b>	<b>M (679)</b>	<b>MASTER 3 M (96)</b>	<b>M (49)</b>
831	1806	VÁZQUEZ VIDAL, BRAIS		00:53:36	+24:51	5:21	52:41	27:19 (815)	M (680)	SENIOR M (187)	
832	717	LÓPEZ TEMES, MANUEL	CORREXALLAS	00:53:36	+24:51	5:21	52:50	27:47 (851)	M (681)	MASTER 1 M (96)	
833	1656	CARTER, BENJAMIN		00:53:36	+24:51	5:21	52:27	28:00 (861)	M (682)	MASTER 2 M (222)	
<b>834</b>	<b>723</b>	<b>CASTRO ALONSO, SONIA</b>		<b>00:53:37</b>	<b>+24:52</b>	<b>5:21</b>	<b>52:50</b>	<b>28:05 (867)</b>	<b>F (152)</b>	<b>MASTER 1 F (19)</b>	
<b>835</b>	<b>1329</b>	<b>HORTA POMBO, JIMENA</b>		<b>00:53:37</b>	<b>+24:52</b>	<b>5:21</b>	<b>52:43</b>	<b>27:19 (816)</b>	<b>F (153)</b>	<b>SUB 18 F (5)</b>	
836	578	BUGARÍN CARREIRA, MIGUEL		00:53:38	+24:53	5:21	53:23	27:28 (828)	M (683)	SENIOR M (188)	
<b>837</b>	<b>1608</b>	<b>CARREÑO LOJO, NATALIA</b>		<b>00:53:42</b>	<b>+24:57</b>	<b>5:22</b>	<b>52:53</b>	<b>28:01 (865)</b>	<b>F (154)</b>	<b>MASTER 1 F (20)</b>	<b>F (5)</b>
<b>838</b>	<b>1517</b>	<b>GARCÍA TOMÉ, CRISTIAN</b>		<b>00:53:42</b>	<b>+24:57</b>	<b>5:22</b>	<b>52:53</b>	<b>28:00 (863)</b>	<b>M (684)</b>	<b>SENIOR M (189)</b>	<b>M (50)</b>
839	1832	SIMOES FERNÁNDEZ, JOSÉ LUIS	C.A.R MARISQUEIRO	00:53:43	+24:58	5:22	52:30	28:46 (926)	M (685)	MASTER 4 M (31)	
<b>840</b>	<b>996</b>	<b>VARELA VARELA, SABELA</b>	<b>CORRIDA DAS CABRAS</b>	<b>00:53:43</b>	<b>+24:58</b>	<b>5:22</b>	<b>53:43</b>	<b>27:47 (849)</b>	<b>F (155)</b>	<b>MASTER 2 F (38)</b>	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
841	1751	SEIJAS AMEIJIDE, FRANCISCO		00:53:45	+25:00	5:22	52:49	28:13 (876)	M (686)	MASTER 3 M (97)	
842	1677	GONZALEZ MIGUENS, BENJAMIN		00:53:47	+25:02	5:22	52:45	28:55 (941)	M (687)	MASTER 2 M (223)	
843	648	PEREZ SABORIDO, ALBERTO		00:53:49	+25:04	5:22	53:16	26:54 (773)	M (688)	MASTER 1 M (97)	
844	1057	TARRIO RODRIGUEZ, FRANCISCO	CLUB DE ATLETISMO INDEPENDIENTE DE A	00:53:51	+25:06	5:23	53:03	28:12 (875)	M (689)	MASTER 3 M (98)	
845	1328	PERES GARRIDO, MACARENA	SERRES RUNNERS	00:53:51	+25:06	5:23	53:03	27:23 (821)	F (156)	SUB 18 F (6)	
846	1682	CÓRDOBA OTERO, MARÍA		00:53:52	+25:07	5:23	52:59	28:28 (895)	F (157)	MASTER 2 F (39)	
847	1619	SANTIAGO CAJARAVILLE, FERNANDO		00:53:53	+25:08	5:23	53:53	29:10 (970)	M (690)	MASTER 2 M (224)	
848	1425	BARROS SANTOS, DANIEL		00:53:53	+25:08	5:23	53:04	28:48 (932)	M (691)	SENIOR M (190)	
849	555	CALO RODRÍGUEZ, ISABEL	SAUDE SPORT	00:53:55	+25:10	5:23	53:12	27:39 (842)	F (158)	SENIOR F (63)	F (6)
850	1000	SERAL ELOLA, DAVID		00:53:57	+25:12	5:23	53:25	27:42 (844)	M (692)	MASTER 2 M (225)	
851	1574	ROMEU, RUBÉN		00:54:00	+25:15	5:23	53:05	27:53 (852)	M (693)	MASTER 1 M (98)	
852	1593	RAMA LEIS, OSCAR		00:54:02	+25:17	5:24	53:23	29:02 (951)	M (694)	MASTER 1 M (99)	
853	1592	FRECHA ARUFE, NICANOR		00:54:02	+25:17	5:24	53:23	29:02 (953)	M (695)	MASTER 1 M (100)	
854	1693	RAMA LEIS, RAMON		00:54:02	+25:17	5:24	53:24	29:03 (960)	M (696)	MASTER 2 M (226)	
855	1571	GARCIA BECERRA, SERGIO		00:54:04	+25:19	5:24	53:32	26:15 (720)	M (697)	MASTER 1 M (101)	
856	1068	AMADO BOUZA, JOSÉ MARÍA	ACEA DE AMA - TRIATLON ARTEIXO	00:54:04	+25:19	5:24	53:26	27:36 (840)	M (698)	MASTER 3 M (99)	
857	704	LADO TARELA, PABLO	CLUB ATLETISMO NOIA	00:54:05	+25:20	5:24	54:00	25:59 (691)	M (699)	MASTER 1 M (102)	
858	1559	LANDEIRA GOLÁN, MARCOS		00:54:08	+25:23	5:24	53:03	29:16 (977)	M (700)	MASTER 1 M (103)	
859	1735	AUMENTAL GODON, MARCOS		00:54:10	+25:25	5:24	53:08	28:55 (940)	M (701)	MASTER 3 M (100)	
860	861	LOPEZ PLATAS, CARLOS		00:54:12	+25:27	5:25	53:51	27:10 (801)	M (702)	MASTER 2 M (227)	
861	653	DÍAZ LÓPEZ, CARLA		00:54:12	+25:27	5:25	53:52	27:10 (802)	F (159)	MASTER 1 F (21)	
862	847	VEIGA AGUIÓN, VICTOR	CLUBE ATLETISMO BOIMORTO	00:54:15	+25:30	5:25	53:18	27:56 (855)	M (703)	MASTER 2 M (228)	
863	532	GOMEZ, TANIA	CLUB TRIATLON COMPOSTELA	00:54:18	+25:33	5:25	54:02	27:30 (830)	F (160)	SENIOR F (64)	
864	781	OCA GONZALEZ, ANA	CLUB DE ATLETISMO INDEPENDIENTE DE A	00:54:19	+25:34	5:25	53:32	28:15 (881)	F (161)	MASTER 2 F (40)	
865	1666	SANTAMARÍA OLIVEIRA, JUAN ANTONIO		00:54:20	+25:35	5:25	53:29	28:56 (942)	M (704)	MASTER 2 M (229)	
866	473	TOBA CAAMAÑO, ADRIÁN		00:54:23	+25:38	5:26	53:33	27:57 (856)	M (705)	SENIOR M (191)	
867	1484	LOUZAO NEIRA, MARCOS		00:54:24	+25:39	5:26	53:13	29:30 (992)	M (706)	SENIOR M (192)	
868	1530	GONZALEZ IGLESIAS, XOAN		00:54:25	+25:40	5:26	53:13	29:30 (993)	M (707)	SENIOR M (193)	
869	1179	RAMOS SUÁREZ, BEGOÑA	ENTRENARUNNING	00:54:27	+25:42	5:26	54:15	27:29 (829)	F (162)	MASTER 4 F (3)	
870	1435	MARTÍNEZ LOBATO, MARIO		00:54:29	+25:44	5:26	53:41	28:24 (889)	M (708)	SENIOR M (194)	
871	1776	BALADO MOSQUERA, SERGIO ANGEL	CLUB ATLETISMO SAR	00:54:32	+25:47	5:27	53:45	29:20 (981)	M (709)	MASTER 3 M (101)	
872	1046	RODRIGUEZ GONZALEZ, ALVARO	ATLETISMO OBRADOIRO	00:54:34	+25:49	5:27	54:15	24:45 (576)	M (710)	MASTER 3 M (102)	
873	1090	CORREDOIRA BALEATO, MARIA	ENKI	00:54:34	+25:49	5:27	54:13	27:01 (782)	F (163)	MASTER 3 F (16)	
874	588	VEIGA ÁLVAREZ, SARAI		00:54:34	+25:49	5:27	53:37	28:11 (874)	F (164)	SENIOR F (65)	
875	463	OSORIO GONZALEZ, MARTINA		00:54:35	+25:50	5:27	53:43	28:29 (898)	F (165)	SENIOR F (66)	F (7)

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
876	1408	FERNÁNDEZ GONZÁLEZ, IVAN		00:54:36	+25:51	5:27	53:31	29:16 (978)	M (711)	SENIOR M (195)	
877	819	PALMERO DOSIL, MIGUEL ÁNGEL		00:54:36	+25:51	5:27	54:17	27:09 (800)	M (712)	MASTER 2 M (230)	
878	575	LOURO VAZQUEZ, LAURA	FIND YOUR EVEREST	00:54:37	+25:52	5:27	54:04	27:45 (845)	F (166)	SENIOR F (67)	
879	1121	MARTINEZ MARTINEZ, JOSE MANUEL		00:54:38	+25:53	5:27	54:13	27:34 (838)	M (713)	MASTER 3 M (103)	
880	316	GALIÑANES, MANÉ		00:54:38	+25:53	5:27	53:32	28:37 (912)	M (714)	MASTER 2 M (231)	
881	1412	MARTÍNEZ HERMO, JULIA		00:54:39	+25:54	5:27	53:48	28:11 (873)	F (167)	SENIOR F (68)	
882	472	FRAGA DÍAZ, SARA		00:54:39	+25:54	5:27	53:49	28:00 (862)	F (168)	SENIOR F (69)	
883	953	MIGUEZ NEO, MIRIAM		00:54:39	+25:54	5:27	53:51	28:41 (918)	F (169)	MASTER 2 F (41)	
884	1162	RODRÍGUEZ SOBRINO, CELINA	CLUB ATLETISMO MORAÑA EN RUTA	00:54:41	+25:56	5:28	54:23	27:21 (818)	F (170)	MASTER 4 F (4)	
885	1056	GARCÍA GARCÍA, CARMEN	TARTARUGAS	00:54:42	+25:57	5:28	53:42	28:32 (904)	F (171)	MASTER 3 F (17)	
886	705	CES COMOJO, CRISTINA		00:54:43	+25:58	5:28	54:20	27:47 (850)	F (172)	MASTER 1 F (22)	
887	1642	CARREÑO OTERO, ISMAEL		00:54:49	+26:04	5:28	54:03	28:29 (896)	M (715)	MASTER 2 M (232)	M (51)
888	1643	BLANCO CES, ANA MARIA		00:54:49	+26:04	5:28	54:03	28:30 (900)	F (173)	MASTER 2 F (42)	F (8)
889	674	DOMÍNGUEZ RODRÍGUEZ, FRANCISCO		00:54:50	+26:05	5:28	54:09	28:48 (930)	M (716)	MASTER 1 M (104)	
890	1803	CAAMAÑO RIVEIRO, HERMINIO	CLUB ATLETISMO OUTES	00:54:50	+26:05	5:28	53:40	28:16 (882)	M (717)	MASTER 4 M (32)	
891	673	VEGA LÓPEZ, GIOVANNA		00:54:50	+26:05	5:28	54:08	28:48 (931)	F (174)	MASTER 1 F (23)	
892	868	PESTONIT FREIRE, NOE		00:54:51	+26:06	5:29	53:43	29:30 (994)	M (718)	MASTER 2 M (233)	
893	864	FAGILDE FANDIÑO, SANTIAGO	ATLETISMO FONTES DO SAR	00:54:52	+26:07	5:29	54:16	27:32 (832)	M (719)	MASTER 2 M (234)	
894	481	DÍAZ RODRÍGUEZ, LÍA		00:54:53	+26:08	5:29	54:24	27:58 (858)	F (175)	SENIOR F (70)	
895	1357	IGLESIAS FILGUEIRA, PAULA		00:54:54	+26:09	5:29	54:07	28:36 (911)	F (176)	SUB 23 F (11)	
896	898	DÍAZ PARDO, JUAN	TRAIL RUNNING GALEA SPORT	00:54:55	+26:10	5:29	54:22	27:03 (783)	M (720)	MASTER 2 M (235)	
897	1159	GROBA NUÑEZ, CARLOS		00:54:57	+26:12	5:29	54:21	27:46 (848)	M (721)	MASTER 4 M (33)	
898	919	CERNADAS LAGO, PAULA	SERRES RUNNERS	00:54:58	+26:13	5:29	54:21	27:46 (847)	F (177)	MASTER 2 F (43)	
899	1533	SAMBAD LEMA, LORENA		00:55:01	+26:16	5:30	54:00	28:23 (888)	F (178)	SENIOR F (71)	
900	507	MELLA MONTOUTO, MARTINA		00:55:02	+26:17	5:30	54:39	27:16 (811)	F (179)	SENIOR F (72)	
901	1189	LOJO SEIJAS, JAVIER		00:55:03	+26:18	5:30	54:14	27:21 (819)	M (722)	SENIOR M (196)	
902	976	ROMERO ONS, LUCIA	CLUB ATLETISMO LOUSAME	00:55:03	+26:18	5:30	54:39	28:00 (860)	F (180)	MASTER 2 F (44)	
903	1348	GÓMEZ CAMPOS, CELIA		00:55:04	+26:19	5:30	54:06	28:15 (877)	F (181)	SUB 23 F (12)	
904	1753	GÓMEZ CASTRO, FRANCISCO JOSÉ		00:55:04	+26:19	5:30	54:06	28:15 (878)	M (723)	MASTER 3 M (104)	
905	1129	SOMOZA LÓPEZ, CARLOS		00:55:04	+26:19	5:30	53:58	28:51 (933)	M (724)	MASTER 3 M (105)	
906	358	FERNÁNDEZ RODAL, INDIRA		00:55:10	+26:25	5:30	54:42	28:40 (917)	F (182)	SUB 23 F (13)	F (9)
907	1106	LORENZO RIVEIRO, JOSE ANGEL		00:55:16	+26:31	5:31	54:49	28:46 (927)	M (725)	MASTER 3 M (106)	
908	657	MOSQUERA VILLAVERDE, VALENTÍN	CDM XESTEIRAS	00:55:17	+26:32	5:31	54:57	27:25 (823)	M (726)	MASTER 1 M (105)	
909	680	ESPIÑA GARRIDO, MARÍA	CDM XESTEIRAS	00:55:19	+26:34	5:31	54:59	27:26 (825)	F (183)	MASTER 1 F (24)	
910	1372	DOMINGUEZ MIGUÉNS, JACOBO	TRIBU TRAIL	00:55:22	+26:37	5:32	54:26	28:38 (913)	M (727)	SENIOR M (197)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
911	1166	PAÍS FERNANDEZ, MANUEL	SERRES RUNNING	00:55:22	+26:37	5:32	54:45	28:52 (935)	M (728)	MASTER 4 M (34)	
912	1590	MAGAN ESCARIZ, AURORA		00:55:22	+26:37	5:32	54:11	29:20 (982)	F (184)	MASTER 1 F (25)	
913	1561	PÉREZ GARCÍA, JOSE MANUEL		00:55:23	+26:38	5:32	54:38	27:57 (857)	M (729)	MASTER 1 M (106)	
914	528	RÍOS SÁEZ, CARMEN		00:55:24	+26:39	5:32	54:32	29:06 (963)	F (185)	SENIOR F (73)	
915	1809	SANCHEZ LEIS, ALEJANDRA		00:55:25	+26:40	5:32	54:09	29:39 (1005)	F (186)	MASTER 2 F (45)	
916	1075	LAGO MOLEDO, MANUEL	CLUB ATLETISMO OUTES	00:55:25	+26:40	5:32	54:15	28:46 (928)	M (730)	MASTER 3 M (107)	
917	863	CAJADE BLANCO, MARIA BEGOÑA	CLUBE ATLETISMO BOIMORTO	00:55:26	+26:41	5:32	55:01	28:26 (892)	F (187)	MASTER 2 F (46)	
918	1147	SÁNCHEZ BASCOY, SILVIA		00:55:32	+26:47	5:33	55:01	28:15 (879)	F (188)	MASTER 4 F (5)	
919	681	MELÉNDREZ VILA, DÁNAE	NOSPORTLIMIT	00:55:34	+26:49	5:33	55:06	28:45 (924)	F (189)	MASTER 1 F (26)	
920	563	PINTOR, LÉOPOLDINE		00:55:34	+26:49	5:33	55:34	29:15 (976)	F (190)	SENIOR F (74)	
921	500	DÍAZ RODRÍGUEZ, SARA		00:55:34	+26:49	5:33	54:34	29:14 (975)	F (191)	SENIOR F (75)	
922	891	FERNÁNDEZ SALGUEIRO, PILAR		00:55:39	+26:54	5:33	54:55	28:45 (925)	F (192)	MASTER 2 F (47)	
923	1472	HERMO ROMERO, MARIO		00:55:40	+26:55	5:33	54:58	28:59 (947)	M (731)	SENIOR M (198)	
924	359	ROIG TORRES, ÁLVARO		00:55:40	+26:55	5:33	54:40	28:35 (910)	M (732)	SUB 23 M (25)	
925	1485	HERMO ROMERO, ANDREA	LUGO RUNNING CLUB	00:55:40	+26:55	5:33	54:57	28:58 (945)	F (193)	SENIOR F (76)	
926	1120	TORRES CEBREIRO, FELIPE SANTIAGO		00:55:41	+26:56	5:34	54:41	28:33 (908)	M (733)	MASTER 3 M (108)	
927	1532	FRAGUELA MOAS, YAGO		00:55:45	+27:00	5:34	55:01	28:51 (934)	M (734)	SENIOR M (199)	
928	1684	LÓPEZ DE LA IGLESIA, ALFREDO		00:55:46	+27:01	5:34	55:19	28:16 (883)	M (735)	MASTER 2 M (236)	
929	1588	MARIÑO SEÑORIS, ANA		00:55:46	+27:01	5:34	55:18	28:16 (884)	F (194)	MASTER 1 F (27)	
930	1452	BARCIA DE LA IGLESIA, ANA MARÍA		00:55:47	+27:02	5:34	55:18	28:17 (885)	F (195)	SENIOR F (77)	
931	605	GONZÁLEZ HERMO, ANTÓN		00:55:47	+27:02	5:34	55:01	29:05 (962)	M (736)	SENIOR M (200)	
932	1403	CAO CREO, IVÁN		00:55:47	+27:02	5:34	55:02	29:05 (961)	M (737)	SENIOR M (201)	
933	862	GARCÍA FERNÁNDEZ, DAVID	NO SPORT LIMIT	00:55:52	+27:07	5:35	55:08	28:22 (887)	M (738)	MASTER 2 M (237)	
934	1790	RODRIGUEZ TRINIDAD, JOSÉ ANTONIO		00:55:55	+27:10	5:35	55:02	29:19 (980)	M (739)	MASTER 4 M (35)	
935	1762	PEREZ BELMONTE, CARLOS	BRUTANZOS TEAM	00:55:57	+27:12	5:35	55:15	29:02 (952)	M (740)	MASTER 3 M (109)	
936	977	GONZÁLEZ SANJUÁN, IRIA	BRUTANZOS TEAM	00:55:58	+27:13	5:35	55:58	29:02 (954)	F (196)	MASTER 2 F (48)	
937	1182	MARTINEZ OVIEDO, ANGEL		00:56:01	+27:16	5:36	55:16	28:25 (890)	M (741)	MASTER 4 M (36)	
938	1626	MILLÁN AGRASAR, MARÍA JESÚS		00:56:03	+27:18	5:36	55:27	29:03 (955)	F (197)	MASTER 2 F (49)	
939	1345	ESPAÑA PETEIRO, CARLA	ATLETISMO FONTES DO SAR	00:56:03	+27:18	5:36	55:27	29:03 (958)	F (198)	SUB 23 F (14)	
940	985	GOMEZ VIDAL, MARIA		00:56:04	+27:19	5:36	55:35	29:06 (964)	F (199)	MASTER 2 F (50)	F (10)
941	1749	PÉREZ DE GUZMÁN VALLEJO, CRISTIAN		00:56:05	+27:20	5:36	56:05	29:03 (958)	M (742)	MASTER 3 M (110)	
942	1072	GOMEZ LODEIROS, SUSANA	TARTARUGAS	00:56:06	+27:21	5:36	55:32	28:31 (901)	F (200)	MASTER 3 F (18)	F (11)
943	956	QUINTÁNS VÁZQUEZ, JOSÉ ANTONIO	CLUB TRIATLÓN COMPOSTELA	00:56:07	+27:22	5:36	56:07	28:38 (914)	M (743)	MASTER 2 M (238)	
944	960	FIGUEROA CEBRO, FERNANDO		00:56:08	+27:23	5:36	55:30	28:38 (915)	M (744)	MASTER 2 M (239)	
945	1558	QUEIRO SÁNCHEZ, SANDRA		00:56:13	+27:28	5:37	55:42	29:03 (956)	F (201)	MASTER 1 F (28)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
946	544	FERNANDEZ ARCOS, RUTH		00:56:13	+27:28	5:37	55:42	29:03 (957)	F (202)	SENIOR F (78)	
947	1404	QUEIRO, JUAN		00:56:14	+27:29	5:37	55:44	29:59 (1036)	M (745)	SENIOR M (202)	
948	1187	GÓMEZ ROMÁN, MARCOS JAVIER		00:56:16	+27:31	5:37	55:09	29:28 (991)	M (746)	MASTER 2 M (240)	
949	1469	PINTOS TORRES, JONATHAN	TRIATLON RÍAS BAIXAS	00:56:17	+27:32	5:37	55:19	29:54 (1031)	M (747)	SENIOR M (203)	
950	1780	FERNÁNDEZ MARTINEZ, JOAQUIN	SERRES RUNNERS	00:56:18	+27:33	5:37	55:41	28:53 (936)	M (748)	MASTER 3 M (111)	
951	1426	ALVAREZ GONZALEZ, ANGEL		00:56:21	+27:36	5:38	55:12	27:58 (859)	M (749)	SENIOR M (204)	
952	1087	IGLESIAS PAYO, RUBÉN	GLADIATORS CULLEREDO	00:56:21	+27:36	5:38	55:39	28:53 (937)	M (750)	MASTER 3 M (112)	
953	333	DÍAZ RODENAS, SERGIO		00:56:24	+27:39	5:38	55:26	30:16 (1063)	M (751)	SUB 20 M (14)	
954	1837	BOUZAS TOREA, SOFIA		00:56:26	+27:41	5:38	55:40	29:43 (1011)	F (203)	SENIOR F (79)	
955	312	CAMPOY MONREAL, JAVIER		00:56:28	+27:43	5:38	55:20	29:42 (1008)	M (752)	MASTER 1 M (107)	
956	1679	CABO SOUTO, JESÚS	SD COMPOSTELA ATLETISMO	00:56:34	+27:49	5:39	55:46	28:34 (909)	M (753)	MASTER 2 M (241)	
957	923	BAÑA MOLEDO, JOSÉ	CLUB ATLETISMO LOUSAME	00:56:35	+27:50	5:39	55:36	28:43 (921)	M (754)	MASTER 2 M (242)	
958	922	GARCÍA CASTELO, MARÍA	CLUB ATLETISMO LOUSAME	00:56:35	+27:50	5:39	55:39	28:44 (922)	F (204)	MASTER 2 F (51)	
959	878	ROMERO ONS, SANTIAGO		00:56:35	+27:50	5:39	55:36	28:43 (920)	M (755)	MASTER 2 M (243)	
960	1399	LORENZO CAMPOS, AIDA	ENTRENARUNNING	00:56:38	+27:53	5:39	55:38	29:08 (967)	F (205)	SENIOR F (80)	
961	1788	CONSTENLA JUNQUERA, ANTONIO OSCAR	ATLETISMO FONTES DO SAR	00:56:39	+27:54	5:39	55:45	28:31 (902)	M (756)	MASTER 4 M (37)	
962	1584	ESTÉVEZ CUBAS, ANA		00:56:42	+27:57	5:40	55:41	29:01 (950)	F (206)	MASTER 1 F (29)	
963	1639	DE LIMA, DAVID		00:56:48	+28:03	5:40	55:45	29:50 (1025)	M (757)	MASTER 2 M (244)	
964	1618	SOMOZA MOURE, LAURA	INDEPENDIENTE	00:56:49	+28:04	5:40	56:28	28:54 (939)	F (207)	MASTER 1 F (30)	
965	1388	GÓMEZ, XANA		00:56:50	+28:05	5:40	55:52	29:43 (1010)	F (208)	SENIOR F (81)	
966	1170	LOPEZ BRAÑA FREIJE, INMACULADA		00:56:50	+28:05	5:40	55:53	29:18 (979)	F (209)	MASTER 4 F (6)	
967	699	IGLESIAS MOSCONI, MARIA		00:56:54	+28:09	5:41	55:47	29:48 (1024)	F (210)	MASTER 1 F (31)	
968	1444	GUILLÁN SUMAY, NATALIA		00:56:55	+28:10	5:41	56:11	29:37 (1000)	F (211)	SENIOR F (82)	
969	100	GARCÍA BLANCO, CAYETANO	SAUDE SPORT	00:56:55	+28:10	5:41	56:35	28:54 (938)	M (758)	MASTER 1 M (108) M (52)	
970	710	MARTÍNEZ ALONSO, GEMMA	ACEA-TRIARTEIXO	00:57:00	+28:15	5:41	56:24	29:37 (999)	F (212)	MASTER 1 F (32)	
971	1437	JIMÉNEZ NÚÑEZ, CARLA	BRUNCH RUN CLUB	00:57:00	+28:15	5:41	57:00	29:51 (1028)	F (213)	SENIOR F (83)	
972	438	PÉREZ SABORIDO, MARTÍN		00:57:00	+28:15	5:41	56:27	29:51 (1027)	M (759)	SENIOR M (205)	
973	1734	MELLA OTERO, INES		00:57:01	+28:16	5:42	56:14	29:00 (949)	F (214)	MASTER 3 F (19)	
974	1560	PEREIRA RAMOS, ALEJANDRO		00:57:02	+28:17	5:42	55:56	29:34 (997)	M (760)	MASTER 1 M (109)	
975	1661	CASTRO CAAMAÑO, SANDRA M.	SERRES RUNNING	00:57:02	+28:17	5:42	56:25	28:59 (946)	F (215)	MASTER 2 F (52)	
976	1688	FERNÁNDEZ PADERNE, ALBERTO		00:57:05	+28:20	5:42	56:19	30:50 (1091)	M (761)	MASTER 2 M (245)	
977	1473	SEOANE CASTAÑO, CYNTHIA		00:57:05	+28:20	5:42	56:19	30:50 (1092)	F (216)	SENIOR F (84)	
978	1427	BEZERRA RAMALHO, ANDRESSA		00:57:07	+28:22	5:42	56:00	29:23 (987)	F (217)	SENIOR F (85)	
979	1428	PYSAR, JOSHUA AXEL		00:57:07	+28:22	5:42	57:07	29:22 (986)	M (762)	SENIOR M (206)	
980	1365	TRIÑANES LÓPEZ, SANDRA		00:57:13	+28:28	5:43	56:20	28:27 (893)	F (218)	SENIOR F (86)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
981	582	FERRADAS RODRIGUEZ, MARINA		00:57:13	+28:28	5:43	56:09	31:20 (1120)	F (219)	SENIOR F (87)	
982	486	PAINCEIRA CABELLO, ANDREA		00:57:14	+28:29	5:43	56:34	29:14 (973)	F (220)	SENIOR F (88)	
983	1519	ABEIJÓN CASTRO, PAUALA		00:57:15	+28:30	5:43	57:15	29:38 (1002)	F (221)	SENIOR F (89)	
984	502	JAMARDO TEIRA, OLAYA	CLUB ATLETISMO OUTES	00:57:16	+28:31	5:43	56:24	29:22 (984)	F (222)	SENIOR F (90)	
985	1727	RODRÍGUEZ FERNÁNDEZ, RICARDO JULIO	CLUB ATLETISMO OUTES- MARISCOS ANTÓN	00:57:16	+28:31	5:43	56:05	30:20 (1073)	M (763)	MASTER 3 M (113)	
986	1783	RIAL PAIS, JOSÉ	ATLETISMO OUTES MARISCOS ANTON	00:57:16	+28:31	5:43	56:25	29:22 (985)	M (764)	MASTER 4 M (38)	
987	1816	BENAVIDES ALONSO, DANIEL		00:57:21	+28:36	5:44	56:56	28:06 (869)	M (765)	MASTER 3 M (114)	
988	1154	PAINCEIRA FERRACES, ALVARO		00:57:21	+28:36	5:44	56:40	29:14 (974)	M (766)	MASTER 4 M (39)	
989	1150	TABOADA VILLARAVID, AMPARO		00:57:21	+28:36	5:44	56:16	29:30 (995)	F (223)	MASTER 4 F (7)	
990	1744	HERMIDA PESTONIT, JOSE LUIS		00:57:23	+28:38	5:44	56:30	29:07 (966)	M (767)	MASTER 3 M (115)	
991	1671	RODRIGUEZ MOURIÑI, MARIA		00:57:24	+28:39	5:44	56:32	29:51 (1029)	F (224)	MASTER 2 F (53)	
992	1051	MARTI, PATO		00:57:24	+28:39	5:44	56:30	29:07 (965)	M (768)	MASTER 3 M (116)	
993	591	RAMOS DOCAMPO, EMMA		00:57:24	+28:39	5:44	56:49	30:01 (1043)	F (225)	SENIOR F (91)	
994	1006	CARRACEDO POSE, RUBÉN JOSÉ	CHORIMA	00:57:27	+28:42	5:44	56:13	30:03 (1047)	M (769)	MASTER 2 M (246)	
995	848	LAREO RODRÍGUEZ, RAQUEL		00:57:27	+28:42	5:44	56:36	29:46 (1015)	F (226)	MASTER 2 F (54)	
996	1054	BREA LÓPEZ, GONZALO		00:57:27	+28:42	5:44	56:35	29:46 (1014)	M (770)	MASTER 3 M (117)	
997	1766	FERNANDEZ BELLO, BEGOÑA		00:57:27	+28:42	5:44	56:13	30:03 (1045)	F (227)	MASTER 3 F (20)	
998	1715	PIÑEIRO IGLESIAS, MARÍA ISABEL		00:57:27	+28:42	5:44	56:14	30:03 (1046)	F (228)	MASTER 2 F (55)	
999	1332	GONZÁLEZ PIÑEIRO, PABLO		00:57:30	+28:45	5:44	56:31	30:06 (1053)	M (771)	SUB 20 M (15)	
1000	336	GARCIA ORDOÑEZ, MARTIN		00:57:31	+28:46	5:45	56:51	28:39 (916)	M (772)	SUB 20 M (16)	
1001	311	RUEDA VALENZUELA, ALFONSO		00:57:33	+28:48	5:45	56:27	29:47 (1018)	M (773)	MASTER 3 M (118)	
1002	315	FERNANDEZ LÓPEZ, PABLO		00:57:34	+28:49	5:45	56:27	29:47 (1017)	M (774)	MASTER 2 M (247)	
1003	1646	SEÑORANS TOURIÑO, BEATRIZ	CAI ESTRADA	00:57:36	+28:51	5:45	56:43	29:38 (1004)	F (229)	MASTER 2 F (56)	
1004	1551	RICO RICO, BEATRIZ	BRUTANZOS TEAM	00:57:36	+28:51	5:45	56:55	30:17 (1068)	F (230)	MASTER 1 F (33)	
1005	686	SERRANO NEIRA, LUIS	BRUTANZOS TEAM	00:57:36	+28:51	5:45	56:55	30:17 (1067)	M (775)	MASTER 1 M (110)	
1006	894	NÚÑEZ SANTIAGO, ALVARO		00:57:37	+28:52	5:45	57:37	30:16 (1064)	M (776)	MASTER 2 M (248)	
1007	1647	RODRÍGUEZ PEREIRO, LORENA		00:57:41	+28:56	5:46	57:06	30:00 (1042)	F (231)	MASTER 2 F (57)	
1008	1401	FERRADÁS RODRÍGUEZ, PABLO		00:57:41	+28:56	5:46	57:06	30:00 (1039)	M (777)	SENIOR M (207)	
1009	1165	RIAL GALLEGO, JUAN	ATLETISMO FONTES DO SAR	00:57:44	+28:59	5:46	57:06	28:59 (948)	M (778)	MASTER 4 M (40)	
1010	1089	IZQUIERDO LOPEZ, ANGEL CARLOS		00:57:46	+29:01	5:46	56:58	28:56 (943)	M (779)	MASTER 3 M (119)	
1011	1101	BIG, NOTORIOUS		00:57:46	+29:01	5:46	56:50	29:50 (1026)	M (780)	MASTER 3 M (120)	
1012	1731	DIEZ GARCIA, BERNARDO	AEROCLUB SANTIAGO DE COMPOSTELA	00:57:47	+29:02	5:46	56:53	29:42 (1007)	M (781)	MASTER 3 M (121) M (53)	
1013	845	VIÉITEZ FERRADÁNS, JOSE		00:57:49	+29:04	5:46	56:55	29:25 (989)	M (782)	MASTER 2 M (249)	
1014	1628	SUAREZ GAREA, JORGE ALBERTO		00:57:54	+29:09	5:47	57:22	28:27 (894)	M (783)	MASTER 2 M (250)	
1015	1700	RODRIGUEZ JATO, TERESA		00:57:57	+29:12	5:47	56:59	30:29 (1077)	F (232)	MASTER 2 F (58)	

CLASIFICACIÓN ABSOLUTA



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1016 1400	LÓPEZ REY, LAURA		00:57:58	+29:13	5:47	56:52	29:46 (1016)	F (233)	SENIOR F (92)	
1017 1386	SERVIDE NEIRA, MÓNICA		00:58:04	+29:19	5:48	56:56	30:04 (1048)	F (234)	SENIOR F (93)	
1018 1674	RODRIGUEZ SUAREZ, ALVARO		00:58:05	+29:20	5:48	56:59	31:21 (1126)	M (784)	MASTER 2 M (251)	
1019 1757	TOME PONTEA, BEGOÑA		00:58:09	+29:24	5:48	57:18	29:52 (1030)	F (235)	MASTER 3 F (21)	
1020 531	CASAL BALDOMIR, UXIA	NOSPORTLIMIT	00:58:10	+29:25	5:48	57:27	29:40 (1006)	F (236)	SENIOR F (94)	
1021 1470	MARTÍNEZ TOURIÑO, ALBA		00:58:12	+29:27	5:49	57:39	29:44 (1013)	F (237)	SENIOR F (95)	
1022 978	C FERNÁNDEZ, FRAN		00:58:13	+29:28	5:49	57:24	29:27 (990)	M (785)	MASTER 2 M (252)	
1023 1698	VILLARINO RODRIGUEZ, FERNANDO		00:58:15	+29:30	5:49	57:04	30:29 (1080)	M (786)	MASTER 2 M (253)	
1024 1770	LOPEZ GONZALEZ, CRISTINA		00:58:15	+29:30	5:49	57:05	30:30 (1081)	F (238)	MASTER 3 F (22)	
1025 1133	PRADOS SANDE, JORGE		00:58:16	+29:31	5:49	57:24	29:48 (1023)	M (787)	MASTER 3 M (122)	
1026 241	PRADOS NIETO, DIEGO		00:58:16	+29:31	5:49	57:23	29:48 (1021)	M (788)	SENIOR M (208)	
1027 1769	PRADOS SANDE, CARLOS		00:58:16	+29:31	5:49	57:25	29:47 (1019)	M (789)	MASTER 3 M (123)	
1028 1442	MACEIRAS AÑÓN, PABLO		00:58:19	+29:34	5:49	57:18	31:17 (1119)	M (790)	SENIOR M (209)	
1029 1785	PAMPÍN BOADO, CARLOS	CLUB DEPORTIVO PINARIUM	00:58:21	+29:36	5:50	57:09	31:04 (1105)	M (791)	MASTER 4 M (41)	
1030 1765	LÓPEZ OUTEIRAL, JESÚS		00:58:23	+29:38	5:50	57:24	29:55 (1032)	M (792)	MASTER 3 M (124)	
1031 940	ROEL BARBEITO, NOELIA	BRUTANZOS TEAM	00:58:23	+29:38	5:50	57:41	30:18 (1071)	F (239)	MASTER 2 F (59)	
1032 484	OUJO MÍGUEZ, NURIA	ADC ARNELA	00:58:24	+29:39	5:50	57:55	29:38 (1003)	F (240)	SENIOR F (96)	
1033 1377	ARIAS MATO, ANDREA	ATLETISMO A ESTRADA	00:58:27	+29:42	5:50	57:32	29:56 (1033)	F (241)	SENIOR F (97)	
1034 1542	NOGUEIRA BALSEIROS, EVA MARIA	ATLETISMO A ESTRADA	00:58:27	+29:42	5:50	57:33	31:15 (1117)	F (242)	MASTER 1 F (34)	
1035 1008	MARIÑO SUAREZ, ANTONIO		00:58:27	+29:42	5:50	57:18	31:33 (1132)	M (793)	MASTER 2 M (254)	
1036 1480	MERINO FIGUEIRA, ALDARA		00:58:27	+29:42	5:50	57:43	29:38 (1001)	F (243)	SENIOR F (98)	
1037 576	SAMPEDRO ROMAN, KRISTIAN		00:58:27	+29:42	5:50	57:18	31:33 (1131)	M (794)	SENIOR M (210)	M (54)
1038 1448	SÁNCHEZ REMUIÑÁN, ANDRÉS		00:58:29	+29:44	5:50	57:22	30:33 (1083)	M (795)	SENIOR M (211)	
1039 1002	RAÑA VÁZQUEZ, MARTÍN		00:58:31	+29:46	5:51	57:35	30:14 (1059)	M (796)	MASTER 2 M (255)	
1040 1818	SIABA LARIÑO, JOSE		00:58:31	+29:46	5:51	57:35	30:14 (1058)	M (797)	MASTER 2 M (256)	
1041 1800	VILAR SEREN, LUPE	C.A.CAMBADOS	00:58:31	+29:46	5:51	57:53	30:01 (1044)	F (244)	MASTER 4 F (8)	
1042 1383	AGUIN SARTAGES, SARA		00:58:34	+29:49	5:51	57:44	30:50 (1090)	F (245)	SENIOR F (99)	
1043 1459	FERREIRO PAZ, LORENZO		00:58:38	+29:53	5:51	57:59	30:15 (1061)	M (798)	SENIOR M (212)	
1044 709	PEREZ PEREZ, FRANCISCO JOSE		00:58:38	+29:53	5:51	57:58	30:15 (1060)	M (799)	MASTER 1 M (111)	
1045 556	VIDAL GOMEZ, JESSICA		00:58:38	+29:53	5:51	57:59	30:15 (1062)	F (246)	SENIOR F (100)	
1046 1634	TEIJJO LÓPEZ, JOSÉ ANGEL	BRUTANZOS TEAM	00:58:42	+29:57	5:52	57:32	25:17 (628)	M (800)	MASTER 2 M (257)	
1047 1059	FERNÁNDEZ PIÑEIRO, MARÍA		00:58:43	+29:58	5:52	58:22	29:13 (972)	F (247)	MASTER 3 F (23)	
1048 1523	GÓMEZ TEJEDO, JESUS		00:58:43	+29:58	5:52	57:44	29:13 (971)	M (801)	SENIOR M (213)	
1049 987	MIGUÉNS BLANCO, M. ALBERTO		00:58:44	+29:59	5:52	57:59	30:00 (1041)	M (802)	MASTER 2 M (258)	
1050 1697	MARTÍNEZ RIVADENEIRA, RODOLFO		00:58:44	+29:59	5:52	57:59	30:00 (1040)	M (803)	MASTER 2 M (259)	

CLASIFICACIÓN ABSOLUTA



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1051 546	MACEIRA PENA, MIRIAM	TRIATLON VILAGARCIA	00:58:44	+29:59	5:52	58:17	25:33 (650)	F (248)	SENIOR F (101)	F (12)
1052 403	PADIN GONZALEZ, DIEGO	TRIATLON VILAGARCIA	00:58:45	+30:00	5:52	58:17	25:32 (649)	M (804)	SENIOR M (214)	
1053 794	MARÍA MOCHALES, PAOLA		00:58:45	+30:00	5:52	58:17	29:43 (1012)	F (249)	MASTER 2 F (60)	
1054 1804	LORENZO SANTAMARIA, SEVERIANO		00:58:47	+30:02	5:52	58:31	29:08 (968)	M (805)	MASTER 4 M (42)	M (55)
1055 496	SUAREZ CACHEIRO, ADRIAN		00:58:49	+30:04	5:52	58:32	28:11 (872)	M (806)	SENIOR M (215)	
1056 1052	CASTELO ALVITE, BELEN		00:58:52	+30:07	5:53	57:45	30:29 (1078)	F (250)	MASTER 3 F (24)	
1057 685	CANCELO ALFONSO, JUAN JOSE	CLUB DEPORTIVO BRION HYUPERSA NORTE	00:58:53	+30:08	5:53	58:13	28:02 (866)	M (807)	MASTER 1 M (112)	
1058 1641	BADA MOREIRA, SILVIA	ENTRENARUNNING	00:58:55	+30:10	5:53	57:55	29:57 (1034)	F (251)	MASTER 2 F (61)	
1059 1368	MARIÑO, ELIA		00:59:01	+30:16	5:54	58:16	30:06 (1050)	F (252)	SENIOR F (102)	
1060 1406	RODRÍGUEZ CASTRO, DENÍS		00:59:02	+30:17	5:54	58:05	30:28 (1075)	F (253)	SENIOR F (103)	
1061 855	SERANS QUEIRUGA, JUAN JOSÉ		00:59:08	+30:23	5:54	58:22	29:42 (1009)	M (808)	MASTER 2 M (260)	M (56)
1062 961	SANMARTÍN RODRÍGUEZ, NOEMI	CLUB ATLETISMO O PINO	00:59:10	+30:25	5:54	58:05	31:20 (1121)	F (254)	MASTER 2 F (62)	
1063 1077	DIZ DIOS, ENRIQUE	CLUB TRIATLON MORRAZO	00:59:11	+30:26	5:55	58:03	30:58 (1101)	M (809)	MASTER 3 M (125)	
1064 1795	DIZ DIOS, PEDRO		00:59:11	+30:26	5:55	58:03	30:58 (1102)	M (810)	MASTER 4 M (43)	
1065 1553	REGO LAIÑO, ISA		00:59:14	+30:29	5:55	58:28	29:58 (1035)	F (255)	MASTER 1 F (35)	F (13)
1066 1793	GARCÍA PEREIRA, ROSA MARÍA		00:59:25	+30:40	5:56	58:35	30:08 (1056)	F (256)	MASTER 4 F (9)	F (14)
1067 1447	GARCIA MIRAS, PEDRO		00:59:26	+30:41	5:56	58:21	30:33 (1084)	M (811)	SENIOR M (216)	
1068 1190	PEREZ FERREIRO, RITA		00:59:27	+30:42	5:56	58:27	31:16 (1118)	F (257)	MASTER 2 F (63)	
1069 1587	BALSA DA TORRE, JUAN LUIS		00:59:29	+30:44	5:56	58:28	31:07 (1107)	M (812)	MASTER 1 M (113)	
1070 1672	REY, BEATRIZ		00:59:31	+30:46	5:57	58:33	31:07 (1106)	F (258)	MASTER 2 F (64)	
1071 1441	CASTRO, MARTÍN		00:59:32	+30:47	5:57	58:49	25:53 (680)	M (813)	SENIOR M (217)	
1072 1686	CRUZ IRIMIA, NOELIA		00:59:32	+30:47	5:57	58:33	31:08 (1108)	F (259)	MASTER 2 F (65)	
1073 1445	ANDRADE VALLÉS, MARIÑA		00:59:33	+30:48	5:57	58:49	29:33 (996)	F (260)	SENIOR F (104)	F (15)
1074 1362	LOPEZ RODRIGUEZ, OLALLA		00:59:33	+30:48	5:57	58:32	30:30 (1082)	F (261)	SENIOR F (105)	
1075 1390	MARTÍNEZ SANTOS, LARA		00:59:33	+30:48	5:57	58:35	30:18 (1070)	F (262)	SENIOR F (106)	F (16)
1076 1175	FERNANDEZ HERMIDA, ANTONIO		00:59:36	+30:51	5:57	58:57	30:06 (1051)	M (814)	MASTER 4 M (44)	
1077 1454	ALCALDE SÁNCHEZ, JORGE		00:59:40	+30:55	5:57	58:31	32:54 (1175)	M (815)	SENIOR M (218)	M (57)
1078 909	VARELA GAGO, JOSE		00:59:41	+30:56	5:58	59:41	30:28 (1076)	M (816)	MASTER 2 M (261)	
1079 1387	MÍGUEZ IGLESIAS, AINOA	ATLETISMO A ESTRADA	00:59:43	+30:58	5:58	58:47	29:59 (1037)	F (263)	SENIOR F (107)	
1080 1513	PAZOS GARCÍA, XANDRE		00:59:44	+30:59	5:58	59:28	29:36 (998)	M (817)	SENIOR M (219)	M (58)
1081 992	REY SOUTO, LORENZO		00:59:44	+30:59	5:58	59:18	28:44 (923)	M (818)	MASTER 2 M (262)	
1082 460	RIVEIRO, PABLO		00:59:44	+30:59	5:58	58:45	30:53 (1096)	M (819)	SENIOR M (220)	
1083 1834	RODRÍGUEZ GARCÍA, LUCÍA		00:59:45	+31:00	5:58	58:56	29:48 (1021)	F (264)	SUB 20 F (1)	
1084 1825	RODRÍGUEZ TUBIO, ALBERTO		00:59:45	+31:00	5:58	58:56	29:47 (1020)	M (820)	MASTER 2 M (263)	
1085 1376	SEOANE CAJARAVILLE, LAURA		00:59:45	+31:00	5:58	58:45	30:54 (1097)	F (265)	SENIOR F (108)	

CLASIFICACIÓN ABSOLUTA



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1086 1396	GONZALEZ SIERRA, LORENA		00:59:49	+31:04	5:58	58:37	31:21 (1127)	F (266)	SENIOR F (109)	
1087 1657	GARCIA ALONSO, PABLO	SAUDE SPORT	00:59:57	+31:12	5:59	59:37	31:04 (1104)	M (821)	MASTER 2 M (264)	M (59)
1088 1340	OTERO SERRAMITO, IVÁN		01:00:00	+31:15	5:59	59:03	32:26 (1163)	M (822)	SUB 23 M (26)	
1089 1102	MAYO CAAMAÑO, JOSÉ MANUEL	VENDAVAL ESTEIRO	01:00:01	+31:16	6:00	58:52	31:13 (1114)	M (823)	MASTER 3 M (126)	
1090 357	CREO FERNÁNDEZ, CÉSAR		01:00:03	+31:18	6:00	59:07	32:27 (1165)	M (824)	SUB 23 M (27)	
1091 1630	CASASNOVAS FERNÁNDEZ, DAVID		01:00:04	+31:19	6:00	59:51	30:06 (1049)	M (825)	MASTER 2 M (265)	
1092 1767	BUGALLO LOPE, AURORA		01:00:10	+31:25	6:00	1:00:10	30:16 (1065)	F (267)	MASTER 3 F (25)	
1093 1562	RODRÍGUEZ BLANCO, NEREA		01:00:10	+31:25	6:00	59:01	31:11 (1109)	F (268)	MASTER 1 F (36)	
1094 1475	GONZÁLEZ HERMO, JUAN MANUEL		01:00:10	+31:25	6:00	59:11	30:55 (1098)	M (826)	SENIOR M (221)	
1095 989	VÁZQUEZ GARCIA, MERCEDES		01:00:10	+31:25	6:00	1:00:10	31:11 (1111)	F (269)	MASTER 2 F (66)	F (17)
1096 1557	VILA OLVEIRA, CRISTINA		01:00:11	+31:26	6:01	59:00	31:11 (1110)	F (270)	MASTER 1 F (37)	F (18)
1097 1627	ROSAL GÓMEZ, ROCÍO	ATHLETICS FISIOTERAPIA SAN LÁZARO	01:00:13	+31:28	6:01	59:41	30:19 (1072)	F (271)	MASTER 2 F (67)	
1098 1836	EVANGELISTA RAMOS, MARTA		01:00:19	+31:34	6:01	1:00:19	30:13 (1057)	F (272)	SENIOR F (110)	
1099 1707	CAO PRADA, SANTIAGO		01:00:22	+31:37	6:02	59:12	30:47 (1088)	M (827)	MASTER 2 M (266)	
1100 589	LOURIDO GACIÑO, ANDREA		01:00:23	+31:38	6:02	59:52	30:07 (1055)	F (273)	SENIOR F (111)	F (19)
1101 592	FERNÁNDEZ PELLÓN, INÉS		01:00:23	+31:38	6:02	59:52	30:06 (1052)	F (274)	SENIOR F (112)	
1102 1451	MIGUÉNS SÁNCHEZ, ANA		01:00:25	+31:40	6:02	59:40	30:07 (1054)	F (275)	SENIOR F (113)	
1103 1582	ALLER CODESIDO, ELENA		01:00:26	+31:41	6:02	1:00:26	31:21 (1128)	F (276)	MASTER 1 F (38)	
1104 535	IGLESIAS SUEIRO, SANTIAGO		01:00:26	+31:41	6:02	59:19	31:11 (1113)	M (828)	SENIOR M (222)	
1105 1375	SANGIOVANNI LORENZO, CAMILA		01:00:26	+31:41	6:02	59:19	31:11 (1112)	F (277)	SENIOR F (114)	
1106 1156	RAÑA PREGO, MANUEL		01:00:33	+31:48	6:03	1:00:05	30:29 (1079)	M (829)	MASTER 4 M (45)	
1107 1637	LÓPEZ TEMES, ROCÍO	CORREXALLAS	01:00:38	+31:53	6:03	59:51	31:41 (1134)	F (278)	MASTER 2 F (68)	
1108 1446	PIÑEIRO DIESTE, SANDRA		01:00:41	+31:56	6:04	59:33	31:14 (1115)	F (279)	SENIOR F (115)	
1109 1124	VEIGA LAGE, RICARDO		01:00:42	+31:57	6:04	59:44	31:31 (1129)	M (830)	MASTER 3 M (127)	
1110 1741	LAREO MOUGAN, JAVIER	EOLO SON	01:00:45	+32:00	6:04	59:37	30:46 (1087)	M (831)	MASTER 3 M (128)	
1111 1488	TEIRA CANCELO, MARTA		01:00:52	+32:07	6:05	59:54	30:51 (1093)	F (280)	SENIOR F (116)	
1112 1514	PAZOS GARCÍA, LAURA		01:00:54	+32:09	6:05	1:00:05	30:43 (1086)	F (281)	SENIOR F (117)	F (20)
1113 1580	GONZÁLEZ GARCÍA, RAQUEL		01:01:01	+32:16	6:06	59:58	30:41 (1085)	F (282)	MASTER 1 F (39)	
1114 1381	FERNANDEZ SALGUEIRO, CLARA		01:01:01	+32:16	6:06	59:50	32:13 (1152)	F (283)	SENIOR F (118)	
1115 1506	RIOS SAEZ, AVELINO		01:01:01	+32:16	6:06	1:00:10	30:57 (1099)	M (832)	SENIOR M (223)	
1116 1504	GARCIA LUIS, UXIA		01:01:02	+32:17	6:06	1:00:10	30:57 (1100)	F (284)	SENIOR F (119)	
1117 1670	MALGA NOSTI, PABLO		01:01:02	+32:17	6:06	59:59	30:50 (1089)	M (833)	MASTER 2 M (267)	
1118 1737	SUAREZ BRENLLA, XULIO		01:01:02	+32:17	6:06	59:50	32:12 (1150)	M (834)	MASTER 3 M (129)	
1119 1750	RODRIGUEZ DIEZ, FEDERICO		01:01:03	+32:18	6:06	59:51	32:13 (1151)	M (835)	MASTER 3 M (130)	
1120 1779	VAZQUEZ FEIJOO, OSCAR IGNACIO		01:01:27	+32:42	6:08	1:00:36	30:18 (1069)	M (836)	MASTER 3 M (131)	

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1121	1149	MENÉNDEZ DOMINGUEZ, JUAN CARLOS		01:01:28	+32:43	6:08	1:01:25	30:27 (1074)	M (837)	MASTER 4 M (46)	
1122	1432	BEMPOSTA IGLESIAS, IRENE		01:01:35	+32:50	6:09	1:00:42	31:20 (1122)	F (285)	SENIOR F (120)	
1123	722	LOURIDO GACIÑO, ELENA	ADC ARNELA	01:01:35	+32:50	6:09	1:00:42	31:21 (1124)	F (286)	MASTER 1 F (40)	F (21)
1124	614	NOVEGIL IGLESIAS, LUIS MIGUEL		01:01:35	+32:50	6:09	1:00:42	31:20 (1123)	M (838)	MASTER 1 M (114)	
1125	1599	VILA NIETO, PAULA	RAVACHOL A TODO TROTE	01:01:39	+32:54	6:09	1:00:36	32:16 (1155)	F (287)	MASTER 1 F (41)	
1126	1478	FERREIRO AMADO, ALEJANDRO		01:01:42	+32:57	6:10	1:00:46	31:14 (1116)	M (839)	SENIOR M (224)	M (60)
1127	1477	NIETO ANTELO, CLAUDIA		01:01:44	+32:59	6:10	1:00:35	32:21 (1159)	F (288)	SENIOR F (121)	
1128	1367	HOURIHAN, MADISON		01:01:44	+32:59	6:10	1:00:36	32:21 (1158)	F (289)	SENIOR F (122)	
1129	1556	FORJÁN SANMARTÍN, RAMIRO		01:01:57	+33:12	6:11	1:01:19	30:51 (1094)	M (840)	MASTER 1 M (115)	
1130	1393	BALSA BALSA, CAROLINA		01:01:57	+33:12	6:11	1:01:19	30:51 (1095)	F (290)	SENIOR F (123)	
1131	1775	DEL RÍO MOSQUERA, ESTHER		01:01:59	+33:14	6:11	1:00:54	32:47 (1172)	F (291)	MASTER 3 F (26)	F (22)
1132	1544	MIGUÉNS DOMÍNGUEZ, MELISA		01:02:00	+33:15	6:11	1:00:57	32:02 (1144)	F (292)	MASTER 1 F (42)	
1133	1144	TEIRA PIÑEIRO, MANUEL MARÍA	PROLOGO PROJECT	01:02:00	+33:15	6:11	1:01:31	29:59 (1038)	M (841)	MASTER 4 M (47)	
1134	1508	QUESADA JIMENEZ, SONIA		01:02:00	+33:15	6:11	1:01:21	31:46 (1137)	F (293)	SENIOR F (124)	
1135	1402	ANDRADE MORENO, ANA		01:02:01	+33:16	6:12	1:01:21	31:46 (1136)	F (294)	SENIOR F (125)	
1136	1594	SUAREZ LAREO, RUBEN		01:02:03	+33:18	6:12	1:00:52	31:32 (1130)	M (842)	MASTER 1 M (116)	
1137	1842	ABEIJÓN MINIÑO, FRANCISCO		01:02:06	+33:21	6:12	1:00:54	32:02 (1142)	M (843)	MASTER 2 M (268)	
1138	1841	BRIÓN RODRÍGUEZ, ISABEL		01:02:07	+33:22	6:12	1:00:54	32:03 (1145)	F (295)	MASTER 2 F (69)	
1139	1649	CASAL COUCEIRO, JOSE MANUEL		01:02:15	+33:30	6:13	1:01:00	33:13 (1187)	M (844)	MASTER 2 M (269)	
1140	1380	CÓRDOBA PÉREZ, MARÍA VICTORIA		01:02:16	+33:31	6:13	1:01:17	32:26 (1162)	F (296)	SENIOR F (126)	
1141	1397	TORRES, CECILIA		01:02:25	+33:40	6:14	1:01:26	32:02 (1143)	F (297)	SENIOR F (127)	
1142	1730	BASCOY, ANDRÉS		01:02:27	+33:42	6:14	1:01:46	31:01 (1103)	M (845)	MASTER 3 M (132)	
1143	482	LÓPEZ CACHO, RAQUEL		01:02:35	+33:50	6:15	1:01:40	33:38 (1201)	F (298)	SENIOR F (128)	
1144	1373	GONZALEZ LAREU, ISABEL	GTR	01:02:35	+33:50	6:15	1:01:40	33:38 (1202)	F (299)	SENIOR F (129)	
1145	1758	CAAMAÑO LOPEZ, SANDRA		01:02:40	+33:55	6:15	1:01:36	32:35 (1170)	F (300)	MASTER 3 F (27)	
1146	1673	BAAMONDE OTERO, ALBA		01:02:40	+33:55	6:15	1:01:37	32:35 (1169)	F (301)	MASTER 2 F (70)	
1147	1324	GIL VIVERO, ANDRÉS		01:02:40	+33:55	6:15	1:01:35	32:08 (1148)	M (846)	MASTER 4 M (48)	
1148	1644	LAGO COSTOYA, RUBEN		01:02:41	+33:56	6:16	1:01:38	31:35 (1133)	M (847)	MASTER 2 M (270)	
1149	905	CARNEIRO NOGUEIRAS, FRANCISCO	SD COMPOSTELA ATLETISMO	01:02:42	+33:57	6:16	1:02:25	29:25 (988)	M (848)	MASTER 2 M (271)	
1150	1382	TRILLO FERNANDEZ, ABRAHAM	TERRA DE SONEIRA	01:02:44	+33:59	6:16	1:01:34	33:31 (1198)	M (849)	SENIOR M (225)	
1151	1436	ARCE OTERO, MAYTE		01:02:46	+34:01	6:16	1:01:40	31:51 (1140)	F (302)	SENIOR F (130)	
1152	1407	BRENLLA MARIÑO, ANGELA		01:03:03	+34:18	6:18	1:02:00	32:31 (1168)	F (303)	SENIOR F (131)	
1153	1535	TRILLO LESTON, MANUEL		01:03:03	+34:18	6:18	1:02:00	32:31 (1167)	M (850)	SENIOR M (226)	
1154	1596	VILLAR MARTINEZ, PAULINO	CDM VERTICE	01:03:22	+34:37	6:20	1:02:30	32:15 (1153)	M (851)	MASTER 1 M (117)	M (61)
1155	1595	BLANCO IGLESIAS, MARIA DE PAZ		01:03:22	+34:37	6:20	1:02:31	32:15 (1154)	F (304)	MASTER 1 F (43)	F (23)



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1156 1355	ROSELLO ROMERO, SANTI		01:03:27	+34:42	6:20	1:02:37	31:43 (1135)	M (852)	SUB 23 M (28)	
1157 1342	RAÑA RODRÍGUEZ, UXÍA		01:03:27	+34:42	6:20	1:02:24	33:04 (1181)	F (305)	SUB 23 F (15)	
1158 1341	MARTINEZ BELLO, ANDRÉS		01:03:27	+34:42	6:20	1:02:24	33:04 (1180)	M (853)	SUB 23 M (29)	
1159 1622	BERMÚDEZ CAAMAÑO, MÓNICA	SERRES RUNNERS	01:03:30	+34:45	6:20	1:02:43	31:54 (1141)	F (306)	MASTER 2 F (71)	
1160 1511	CAAMAÑO MANEIRO, EMILIO		01:03:31	+34:46	6:21	1:02:38	32:57 (1176)	M (854)	SENIOR M (227)	M (62)
1161 1510	SANTIAGO MAREQUE, MARÍA		01:03:31	+34:46	6:21	1:02:38	32:57 (1177)	F (307)	SENIOR F (132)	F (24)
1162 96	BUGLIOT FERNÁNDEZ, RUBÉN	OS CORZO DO ORTEGAL	01:03:35	+34:50	6:21	1:02:54	30:16 (1066)	M (855)	MASTER 1 M (118)	
1163 1481	GARCÍA ORTIZ, ESPERANZA		01:03:41	+34:56	6:22	1:02:31	33:31 (1199)	F (308)	SENIOR F (133)	
1164 1482	ABEIJON VIDAL, RAMÓN MANUEL		01:03:41	+34:56	6:22	1:02:24	33:30 (1197)	M (856)	SENIOR M (228)	
1165 1601	DURAN GATO, SARAY		01:03:45	+35:00	6:22	1:02:47	32:26 (1164)	F (309)	MASTER 1 F (44)	
1166 1683	DURÁN GATO, REBECA		01:03:45	+35:00	6:22	1:02:48	32:26 (1161)	F (310)	MASTER 2 F (72)	
1167 1545	SANTOS GRELA, LORENA		01:03:48	+35:03	6:22	1:02:47	32:05 (1147)	F (311)	MASTER 1 F (45)	
1168 570	BLANCO GÓMEZ, ELOÍSA		01:03:51	+35:06	6:23	1:02:42	32:54 (1173)	F (312)	SENIOR F (134)	
1169 1541	AGUADO LAGO, PABLO		01:03:51	+35:06	6:23	1:02:42	32:54 (1174)	M (857)	MASTER 1 M (119)	
1170 1648	NÚÑEZ CASTRO, MARÍA VANESA		01:04:01	+35:16	6:24	1:02:50	32:27 (1166)	F (313)	MASTER 2 F (73)	
1171 1632	VALLS GUTIÉRREZ, SERGI		01:04:03	+35:18	6:24	1:02:56	33:13 (1186)	M (858)	MASTER 2 M (272)	
1172 1633	CALVEIRO HERMO, MARTA		01:04:03	+35:18	6:24	1:02:57	33:14 (1189)	F (314)	MASTER 2 F (74)	
1173 498	RIAL LESTON, STEVEN .		01:04:06	+35:21	6:24	1:03:49	28:58 (944)	M (859)	SENIOR M (229)	
1174 1743	INSUA LOURO, JUAN JOSE	DUBRA TEAM	01:04:15	+35:30	6:25	1:03:44	31:21 (1125)	M (860)	MASTER 3 M (133)	
1175 1573	CONDE BENASACH, SARA		01:04:24	+35:39	6:26	1:03:20	33:09 (1184)	F (315)	MASTER 1 F (46)	
1176 536	RAMOS REY, FATIMA	ARCA DE NOE	01:04:25	+35:40	6:26	1:03:21	33:11 (1185)	F (316)	SENIOR F (135)	
1177 1416	GONZÁLEZ PIÑEIRO, CHRISTIAN		01:04:39	+35:54	6:27	1:03:40	31:49 (1138)	M (861)	SENIOR M (230)	
1178 598	CALO ROMEU, CARLOS		01:04:39	+35:54	6:27	1:03:40	32:09 (1149)	M (862)	SENIOR M (231)	M (63)
1179 314	FRANCISCO GUTIERREZ, MANUEL		01:04:44	+35:59	6:28	1:03:36	31:49 (1139)	M (863)	MASTER 3 M (134)	
1180 1549	CAPELO VILAR, KARINA	CORREXALLAS	01:04:49	+36:04	6:28	1:04:02	33:23 (1192)	F (317)	MASTER 1 F (47)	
1181 361	VAZQUEZ PIÑEIRO, MATEO		01:04:58	+36:13	6:29	1:03:56	32:59 (1178)	M (864)	SUB 23 M (30)	
1182 1676	VIDAL GARCÍA, VICTOR		01:04:59	+36:14	6:29	1:03:45	34:03 (1216)	M (865)	MASTER 2 M (273)	
1183 979	ROMERO HERMO, JOSE		01:05:00	+36:15	6:29	1:03:58	33:03 (1179)	M (866)	MASTER 2 M (274)	
1184 317	ALADRO FERNÁNDEZ, JUAN CARLOS		01:05:27	+36:42	6:32	1:04:17	33:45 (1204)	M (867)	MASTER 4 M (49)	
1185 313	ALADRO ALAEZ, IRENE		01:05:27	+36:42	6:32	1:04:18	33:45 (1205)	F (318)	SENIOR F (136)	
1186 1792	LUSQUIÑOS DOMÍNGUEZ, CUNDI		01:05:32	+36:47	6:33	1:04:24	33:08 (1182)	M (868)	MASTER 4 M (50)	
1187 1531	LUSQUIÑOS PASCUAL, LAURA		01:05:33	+36:48	6:33	1:04:24	33:09 (1183)	F (319)	SENIOR F (137)	
1188 208	NAVARRO ANTON, JOSE	S.D. BARBANTIA RODA	01:05:33	+36:48	6:33	1:05:07	32:16 (1156)	M (869)	MASTER 3 M (135)	
1189 568	ROO REY, SARA	S.D. BARBANTIA RODA	01:05:33	+36:48	6:33	1:05:08	32:16 (1157)	F (320)	SENIOR F (138)	
1190 1739	LÓPEZ BRAÑA FREIJE, CAMPO		01:05:40	+36:55	6:33	1:04:43	32:21 (1160)	M (870)	MASTER 3 M (136)	

CLASIFICACIÓN ABSOLUTA



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1191 1724	GAMARRA MONDELO, TRINI		01:06:04	+37:19	6:36	1:04:58	34:01 (1215)	F (321)	MASTER 3 F (28)	
1192 1723	LAMEIRAS FERNÁNDEZ, CARLOS		01:06:05	+37:20	6:36	1:05:00	34:01 (1213)	M (871)	MASTER 3 M (137)	
1193 1805	FERNANDEZ GONZALEZ, ADOLFO		01:06:05	+37:20	6:36	1:05:01	34:01 (1214)	M (872)	MASTER 3 M (138)	
1194 1505	AYASO RIVEIRO, PABLO		01:06:08	+37:23	6:36	1:05:17	33:52 (1207)	M (873)	SENIOR M (232)	M (64)
1195 1507	PEROL GONZÁLEZ, IRENE		01:06:09	+37:24	6:36	1:06:09	33:53 (1208)	F (322)	SENIOR F (139)	F (25)
1196 1457	IGLESIAS GONZALEZ, TERESA		01:06:09	+37:24	6:36	1:05:18	33:53 (1209)	F (323)	SENIOR F (140)	F (26)
1197 1690	JANEIRO SUEIRO, CARMEN		01:06:16	+37:31	6:37	1:05:08	32:04 (1146)	F (324)	MASTER 2 F (75)	
1198 1597	RODRÍGUEZ ROCHA, HUMBERTO		01:06:21	+37:36	6:38	1:05:21	33:54 (1211)	M (874)	MASTER 1 M (120)	
1199 1476	CASAFUZ, LUZ MARÍA ESTER		01:06:22	+37:37	6:38	1:05:21	33:54 (1210)	F (325)	SENIOR F (141)	
1200 870	COSTOYA, ANDREA	CLUB ATLETISMO BOIMORTO	01:06:24	+37:39	6:38	1:05:28	33:37 (1200)	F (326)	MASTER 2 F (76)	
1201 1334	RODRÍGUEZ MIYARES, CLAUDIA	VICLAUMAIA	01:06:25	+37:40	6:38	1:05:19	33:25 (1194)	F (327)	SUB 20 F (2)	
1202 1662	MIYARES CES, MARÍA JOSÉ	VICLAUMAIA	01:06:25	+37:40	6:38	1:05:19	33:24 (1193)	F (328)	MASTER 2 F (77)	
1203 1395	GRELA CASAL, UXIA		01:06:26	+37:41	6:38	1:05:14	33:28 (1196)	F (329)	SENIOR F (142)	
1204 1572	MARTÍN GONZÁLEZ, LAURA		01:06:27	+37:42	6:38	1:05:34	33:28 (1195)	F (330)	MASTER 1 F (48)	
1205 569	LEMA BAÑA, CRISTIAN		01:06:40	+37:55	6:39	1:05:35	33:21 (1190)	M (875)	SENIOR M (233)	
1206 1392	TUÑAS SUAREZ, NATALIA		01:06:40	+37:55	6:39	1:05:35	33:21 (1191)	F (331)	SENIOR F (143)	
1207 1091	SUÁREZ BORRAZÁS, CRISTINA		01:06:48	+38:03	6:40	1:05:44	33:13 (1188)	F (332)	MASTER 3 F (29)	
1208 1391	VÁZQUEZ NIETO, CARLOTA		01:06:50	+38:05	6:40	1:05:59	32:41 (1171)	F (333)	SENIOR F (144)	
1209 1726	POSE GOMEZ, BELEN	CLUBE ATLETISMO BOIMORTO	01:06:52	+38:07	6:41	1:05:57	33:44 (1203)	F (334)	MASTER 3 F (30)	
1210 1554	NICOLI GODON, MURIEL		01:07:07	+38:22	6:42	1:05:58	34:32 (1219)	F (335)	MASTER 1 F (49)	
1211 1798	MON CASARIEGO, RITA		01:07:14	+38:29	6:43	1:06:10	33:59 (1212)	F (336)	MASTER 4 F (10)	
1212 1548	SÁNCHEZ VARÓ, BÁRBARA		01:08:16	+39:31	6:49	1:07:20	33:48 (1206)	F (337)	MASTER 1 F (50)	
1213 1453	DA CRUZ SOAGE, NATALIA		01:08:33	+39:48	6:51	1:08:33	35:36 (1224)	F (338)	SENIOR F (145)	
1214 1729	VÁZQUEZ FERNÁNDEZ, ANA	CLUB ATLETISMO O PINO	01:10:01	+41:16	7:00	1:09:14	35:04 (1220)	F (339)	MASTER 3 F (31)	
1215 1537	DEÁN, VERO		01:10:05	+41:20	7:00	1:09:02	34:30 (1217)	F (340)	SENIOR F (146)	F (27)
1216 1463	LEÓN LÓPEZ, CRISTINA		01:10:05	+41:20	7:00	1:09:02	34:30 (1218)	F (341)	SENIOR F (147)	F (28)
1217 1543	SANJURJO CONSTENLA, SUSANA		01:10:34	+41:49	7:03	1:10:12	35:05 (1221)	F (342)	MASTER 1 F (51)	
1218 1761	PONTE LORENZO, ARTURO		01:11:38	+42:53	7:09	1:10:24	36:27 (1230)	M (876)	MASTER 3 M (139)	
1219 1431	LIJÓ SANLÉS, DIEGO		01:12:34	+43:49	7:15	1:11:34	35:43 (1225)	M (877)	SENIOR M (234)	M (65)
1220 1787	BREA SÁNCHEZ, XULIAN CARLOS	MANDEO AVENTURA	01:13:09	+44:24	7:18	1:12:45	36:09 (1226)	M (878)	MASTER 4 M (51)	
1221 1414	BAZARRA GARCÍA, NOELIA		01:13:14	+44:29	7:19	1:12:08	36:18 (1227)	F (343)	SENIOR F (148)	F (29)
1222 1496	BLANCO SUAREZ, ADRIAN		01:13:20	+44:35	7:19	1:12:08	36:25 (1228)	M (879)	SENIOR M (235)	
1223 1495	RAMOS VIEITEZ, ANDREA		01:13:20	+44:35	7:19	1:12:09	36:25 (1229)	F (344)	SENIOR F (149)	
1224 1351	SANTOS SANLÉS, SOFÍA		01:14:50	+46:05	7:28	1:14:07	35:12 (1222)	F (345)	SUB 23 F (16)	F (30)
1225 1640	SANZ MENDIGUCHÍA, BÁRBARA		01:15:15	+46:30	7:31	1:13:57	24:25 (544)	F (346)	MASTER 2 F (78)	

**CLASIFICACIÓN ABSOLUTA**



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1226 930	REY DA SILVA, DOLORES	CLUB ATLETISMO O PINO	01:15:17	+46:32	7:31	1:13:59	24:24 (540)	F (347)	MASTER 2 F (79)	
1227 1467	CALVO VITURRO, MOISÉS	S.D. BARBANTIA RODA	01:15:25	+46:40	7:32	1:15:25	36:29 (1231)	M (880)	SENIOR M (236)	
1228 1081	ANDRADE DEVESA, JUAN		01:15:45	+47:00	7:34	1:14:38	35:33 (1223)	M (881)	MASTER 3 M (140)	
1229 1784	PERALA NICOLAU, MANUEL JUAN		01:17:17	+48:32	7:43	1:16:32	37:59 (1232)	M (882)	MASTER 4 M (52)	
DSQ 986	TORRES ESPÍÑO, DANIEL	CAI ESTRADA	00:51:34	+22:49	5:09	51:03	26:22 (733)	M (-1)	MASTER 2 M (NA)	

Total: 1230

# SIN-SON 10 K 2025 ESCOLARES

## CLASIFICACIÓN CATEGORÍAS SUB16



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
<b>FEMENINO</b>						
SUB 16/CADETE F (1)	2025	DOPAZO NUÑEZ, CANDELA	CLUB TRIATLÓN COMPOSTELA	00:05:39 (6)	2:49	F (1)
SUB 16/CADETE F (2)	2304	RODIL ILLOBRE, XOANA	CLUB TRIATLÓN COMPOSTELA	00:05:42 (7)	2:50	F (2)
SUB 16/CADETE F (3)	2002	LÓPEZ RODRÍGUEZ, CLARA	ATLETISMO OBRADOIRO	00:05:55 (9)	2:57	F (3)
SUB 16/CADETE F (4)	2011	LÓPEZ LÓPEZ, MARTINA	SD COMPOSTELA ATLETISMO	00:06:10 (11)	3:04	F (4)
SUB 16/CADETE F (5)	2003	VILLAR ALVITE, LOLA	NOITEBRA F.C.	00:06:15 (12)	3:07	F (5)
SUB 16/CADETE F (6)	2001	CHENEL MARIÑO, ESTELA	ATLETISMO OBRADOIRO	00:06:36 (14)	3:17	F (6)
SUB 16/CADETE F (7)	2010	CASTRO FANDIÑO, CLAUDIA	SD COMPOSTELA ATLETISMO	00:07:05 (16)	3:32	F (7)
<b>MASCULINO</b>						
SUB 16/CADETE M (1)	2014	FUENTES SOSA, MAURO	CLUB TRIATLON INFORHOUSE SANTIAGO	00:05:10 (1)	2:34	M (1)
SUB 16/CADETE M (2)	2008	CAMBA VÁZQUEZ, XABI	CORUÑA COMARCA	00:05:17 (2)	2:38	M (2)
SUB 16/CADETE M (3)	2028	OTERO RIAL, XOEL	CLUB ATLETISMO TAMBRE	00:05:22 (3)	2:40	M (3)
SUB 16/CADETE M (4)	2024	VILLAR CAMPOS, MARTÍN DEMETRIO	CLUB ATLETISMO TAMBRE	00:05:33 (4)	2:46	M (4)
SUB 16/CADETE M (5)	2006	GRACIANO TOREA, OSCAR	CLUB ATLETISMO NOIA	00:05:39 (5)	2:49	M (5)
SUB 16/CADETE M (6)	2016	BARCALA LÓPEZ, MARCOS	CLUB ATLETISMO TAMBRE	00:05:48 (8)	2:53	M (6)
SUB 16/CADETE M (7)	2004	ROMERO SANCHEZ, LUCAS		00:06:08 (10)	3:03	M (7)
SUB 16/CADETE M (8)	2302	MEDINA RODRÍGUEZ, ANXO	CLUB ATLETISMO MILLARAIO	00:06:27 (13)	3:13	M (8)
SUB 16/CADETE M (9)	2021	SENDÓN FERNÁNDEZ, ANXO	ATLETISMO FONTES DO SAR	00:06:54 (15)	3:26	M (9)

Total: 16

# SIN-SON 10 K 2025 ESCOLARES

## CLASIFICACIÓN CATEGORÍAS SUB14



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
<b>FEMENINO</b>						
SUB 14/INFANTIL F (1)	2070	RODRÍGUEZ BLANCO, VEGA	CLUB ATLETISMO NOIA	00:05:55 (4)	2:57	F (1)
SUB 14/INFANTIL F (2)	2034	BARROS CAMPOS, JUDIT	ATLETISMO +9 MORAÑA	00:05:55 (5)	2:57	F (2)
SUB 14/INFANTIL F (3)	2044	VALES BOQUETE, NOA	CLUB ATLETISMO NEGREIRA	00:05:55 (6)	2:57	F (3)
SUB 14/INFANTIL F (4)	2068	SUÁREZ SUÁREZ, CARLA		00:06:06 (7)	3:02	F (4)
SUB 14/INFANTIL F (5)	2077	SESAZ MIGUEZ, MARÍA	SD COMPOSTELA ATLETISMO	00:06:07 (9)	3:03	F (5)
SUB 14/INFANTIL F (6)	2045	CAO HERMO, CELIA	SD BARBANTIA RODA	00:06:37 (12)	3:18	F (6)
SUB 14/INFANTIL F (7)	2039	MORLÁN LIÑARES, ALBA	CLUB ATLETISMO TAMBRE	00:07:01 (14)	3:30	F (7)
SUB 14/INFANTIL F (8)	2043	VEIRAS BELLO, NOA	CLUB ATLETISMO TAMBRE	00:07:21 (16)	3:40	F (8)
SUB 14/INFANTIL F (9)	2057	MONTEAGUDO GALLARDO, JULIA	ESCOLA DE TRIATLON OUTES	00:07:24 (17)	3:41	F (9)
SUB 14/INFANTIL F (10)	2041	FERNANDEZ SANTOS, ALTEA	ADC ARNELA	00:07:39 (18)	3:49	F (10)
SUB 14/INFANTIL F (11)	2065	ALBÁN LORENZO, LIA		00:07:43 (19)	3:51	F (11)
SUB 14/INFANTIL F (12)	2052	SALVADOR DEL RÍO, FLAVIA		00:07:44 (20)	3:51	F (12)
SUB 14/INFANTIL F (13)	2060	CAMPOS AGRELO, ALEJANDRA	ATLETISMO +9 MORAÑA	00:07:47 (21)	3:53	F (13)
SUB 14/INFANTIL F (14)	2049	PÉREZ GONZÁLEZ, ARIADNA		00:07:55 (22)	3:57	F (14)
<b>MASCULINO</b>						
SUB 14/INFANTIL M (1)	2301	RODIL ILLOBRE, XABIER	CLUB TRIATLÓN COMPOSTELA	00:05:07 (1)	2:33	M (1)
SUB 14/INFANTIL M (2)	2071	GIANZO GONZÁLEZ, DANIEL	CLUB TRIATLÓN COMPOSTELA	00:05:29 (2)	2:44	M (2)
SUB 14/INFANTIL M (3)	2055	SUAREZ MIRAMONTES, IVÁN	ATLETISMO OBRADOIRO	00:05:45 (3)	2:52	M (3)
SUB 14/INFANTIL M (4)	2036	ROMARÍS GARCÍA, SIMÓN	CLUB ATLETISMO TAMBRE	00:06:06 (8)	3:02	M (4)
SUB 14/INFANTIL M (5)	2054	MARTINEZ CANOSA, MARCOS	MARINEDA ATLETICO	00:06:18 (10)	3:08	M (5)
SUB 14/INFANTIL M (6)	2035	ROMARÍS GARCÍA, ALDÁN	CLUB ATLETISMO TAMBRE	00:06:29 (11)	3:14	M (6)
SUB 14/INFANTIL M (7)	2040	RILO HERMIDA, IAGO	CLUB ATLETISMO TAMBRE	00:06:49 (13)	3:24	M (7)
SUB 14/INFANTIL M (8)	2032	SEGADE VINAGRE, MARCELINO		00:07:14 (15)	3:36	M (8)
SUB 14/INFANTIL M (9)	2061	PUENTE SUAREZ, JULIO		00:08:31 (23)	4:15	M (9)

Total: 23

# SIN-SON 10 K 2025 ESCOLARES

## CLASIFICACIÓN CATEGORÍAS SUB 12



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
FEMENINO						
SUB 12/ALEVÍN F (1)	2148	VICENTE MUÑIZ, ALMA	RIBEIRA ATLETISMO	00:02:45 (2)	2:44	F (1)
SUB 12/ALEVÍN F (2)	2102	REBOIRAS BUSTELO, AINHOA	ATLETISMO OBRADOIRO	00:02:48 (3)	2:47	F (2)
SUB 12/ALEVÍN F (3)	2293	LÓPEZ NOVO, NOA	ATLETISMO OBRADOIRO	00:02:50 (5)	2:49	F (3)
SUB 12/ALEVÍN F (4)	2294	GIL CASTIÑEIRAS, DANIELA	SD COMPOSTELA ATLETISMO	00:03:00 (10)	2:59	F (4)
SUB 12/ALEVÍN F (5)	2141	VILLAR CAMPOS, NAGORE	CLUB ATLETISMO TAMBRE	00:03:01 (12)	3:00	F (5)
SUB 12/ALEVÍN F (6)	2087	LESTÓN MARQUINA, JULIA	ESCOLA DE TRIATLON OUTES	00:03:25 (17)	3:24	F (6)
SUB 12/ALEVÍN F (7)	2119	CERNADAS OLVEIRA, VALERIA	ESCOLA DE TRIATLON OUTES	00:03:37 (20)	3:36	F (7)
SUB 12/ALEVÍN F (8)	2125	FIGUEIRAS MARTÍNEZ, LUA	ESCOLA DE TRIATLON OUTES	00:03:40 (21)	3:39	F (8)
SUB 12/ALEVÍN F (9)	2133	ROMAY OUJO, SABELA		00:03:43 (22)	3:42	F (9)
SUB 12/ALEVÍN F (10)	2093	NIETO DIAZ, CAMILA		00:03:46 (23)	3:45	F (10)
SUB 12/ALEVÍN F (11)	2112	BARREIRO CASTRO, ALEXIA	ESCOLA DE TRIATLON OUTES	00:03:51 (24)	3:50	F (11)
SUB 12/ALEVÍN F (12)	2157	PÉREZ MARIÑO, CARLOTA		00:04:04 (27)	4:03	F (12)
SUB 12/ALEVÍN F (13)	2130	DEÁN FERNÁNDEZ, AROA		00:04:18 (33)	4:17	F (13)

# SIN-SON 10 K 2025 ESCOLARES

## CLASIFICACIÓN CATEGORÍAS SUB 12



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
<b>MASCULINO</b>						
SUB 12/ALEVÍN M (1)	2153	RODRÍGUEZ GONZÁLEZ, ÁLVARO	CLUB ATLETISMO TAMBRE	00:02:38 (1)	2:37	M (1)
SUB 12/ALEVÍN M (2)	2143	DOPAZO NUÑEZ, ROI	CLUB TRIATLÓN COMPOSTELA	00:02:48 (4)	2:47	M (2)
SUB 12/ALEVÍN M (3)	2081	BARROS CAMPOS, ISMA	ATLETISMO +9 MORAÑA	00:02:50 (6)	2:49	M (3)
SUB 12/ALEVÍN M (4)	2129	RODRÍGUEZ BLANCO, BENIGNO	ESCOLA DE TRIATLON OUTES	00:02:52 (7)	2:51	M (4)
SUB 12/ALEVÍN M (5)	2152	ZUÑIGA MANEIRO, RAMON		00:02:52 (8)	2:51	M (5)
SUB 12/ALEVÍN M (6)	2270	NOYA MELLADO, CHRISTIAN		00:02:56 (9)	2:55	M (6)
SUB 12/ALEVÍN M (7)	2110	VARELA ÁLVAREZ, TEO		00:03:00 (11)	2:59	M (7)
SUB 12/ALEVÍN M (8)	2098	MARTÍNEZ GONZÁLEZ, MATEO	ESCOLA DE TRIATLON OUTES	00:03:03 (13)	3:02	M (8)
SUB 12/ALEVÍN M (9)	2151	ROMERO PIÑEIRO, MARTÍN		00:03:12 (14)	3:11	M (9)
SUB 12/ALEVÍN M (10)	2268	BLANCO SANTOS, ROQUE		00:03:18 (15)	3:17	M (10)
SUB 12/ALEVÍN M (11)	2095	SERANS SANTOS, NICO		00:03:21 (16)	3:20	M (11)
SUB 12/ALEVÍN M (12)	2144	RODRÍGUEZ REGO, MARCO		00:03:29 (18)	3:28	M (12)
SUB 12/ALEVÍN M (13)	2296	ROMERO GÓMEZ, XURXO		00:03:36 (19)	3:35	M (13)
SUB 12/ALEVÍN M (14)	2127	CADARSO PARDAL, MATEO	ESCOLA DE TRIATLON OUTES	00:03:57 (25)	3:56	M (14)
SUB 12/ALEVÍN M (15)	2082	BAAMONDE ABELLEIRA, ADRIÁN	ADC ARNELA	00:04:01 (26)	4:00	M (15)
SUB 12/ALEVÍN M (16)	2097	RUZO LORENZO, MARTÍN		00:04:06 (28)	4:05	M (16)
SUB 12/ALEVÍN M (17)	2136	DEÁN SANLÉS, GAEL		00:04:07 (29)	4:06	M (17)
SUB 12/ALEVÍN M (18)	2111	BARREIRO CASTRO, MIGUEL	ESCOLA DE TRIATLON OUTES	00:04:11 (30)	4:10	M (18)
SUB 12/ALEVÍN M (19)	2295	AGRAFOJO ATÁN, ANTÓN		00:04:12 (31)	4:11	M (19)
SUB 12/ALEVÍN M (20)	2103	REY VIÑAS, EIDAN		00:04:17 (32)	4:16	M (20)
SUB 12/ALEVÍN M (21)	2109	MOLEDO NEIRA, YAGO		00:04:24 (34)	4:23	M (21)

Total: 34

# SIN-SON 10 K 2025 ESCOLARES

## CLASIFICACIÓN CATEGORÍAS SUB 10



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
<b>FEMENINO</b>						
SUB 10/BENXAMÍN F (1)	2170	LÓPEZ CADILLA, GABRIELA		00:01:45 (1)	3:29	F (1)
SUB 10/BENXAMÍN F (2)	2227	MATEOS CALVIÑO, XEILA	SD COMPOSTELA ATLETISMO	00:01:52 (2)	3:43	F (2)
SUB 10/BENXAMÍN F (3)	2244	GIANZO GONZÁLEZ, VEGA	CLUB TRIATLÓN COMPOSTELA	00:01:52 (3)	3:43	F (3)
SUB 10/BENXAMÍN F (4)	2205	CAMPOS AGRELO, PAULA	ATLETISMO +9 MORAÑA	00:01:59 (4)	3:57	F (4)
SUB 10/BENXAMÍN F (5)	2164	FERNANDEZ SANTOS, VERA	ADC ARNELA	00:02:00 (5)	3:58	F (5)
SUB 10/BENXAMÍN F (6)	2245	PAZ GARCÍA, ALEJANDRA		00:02:00 (6)	3:59	F (6)
SUB 10/BENXAMÍN F (7)	2243	RODRÍGUEZ QUEIRO, YARA		00:02:07 (7)	4:13	F (7)
SUB 10/BENXAMÍN F (8)	2204	GARCIA PENA, CANDELA	SD BARBANTIA RODA	00:02:11 (8)	4:21	F (8)
SUB 10/BENXAMÍN F (9)	2199	GARCIA QUEIRUGA, SABELA		00:02:12 (9)	4:23	F (9)
SUB 10/BENXAMÍN F (10)	2287	CAPEANS DELGADO, LUISA		00:02:14 (10)	4:26	F (10)
SUB 10/BENXAMÍN F (11)	2208	CERNADAS OLVEIRA, CLAUDIA	ESCOLA DE TRIATLON OUTES	00:02:14 (11)	4:26	F (11)
SUB 10/BENXAMÍN F (12)	2247	GARCIA QUEIRUGA, AINARA		00:02:14 (12)	4:27	F (12)
SUB 10/BENXAMÍN F (13)	2284	NOYA MELLADO, PAULA		00:02:16 (13)	4:31	F (13)
SUB 10/BENXAMÍN F (14)	2223	CADARSO PARDAL, SOFÍA	ESCOLA DE TRIATLON OUTES	00:02:16 (14)	4:31	F (14)
SUB 10/BENXAMÍN F (15)	2202	BARBÉ MAYO, VALERIA	ESCOLA DE TRIATLON OUTES	00:02:19 (15)	4:36	F (15)
SUB 10/BENXAMÍN F (16)	2207	PEREIRA OTERO, OLIMPIA		00:02:19 (16)	4:37	F (16)
SUB 10/BENXAMÍN F (17)	2260	CAAMAÑO VÁZQUEZ, ELENA		00:02:27 (17)	4:53	F (17)
SUB 10/BENXAMÍN F (18)	2191	MARTINEZ CANOSA, ALBA	MARINEDA ATLETICO	00:02:28 (18)	4:55	F (18)
SUB 10/BENXAMÍN F (19)	2251	TOBÍO EGEA, EIRE		00:02:29 (19)	4:56	F (19)
SUB 10/BENXAMÍN F (20)	2189	DE MARTÍN LOUZAO, NOA		00:02:29 (20)	4:57	F (20)
SUB 10/BENXAMÍN F (21)	2182	FAJARDO MANEIRO, CLARA		00:02:29 (21)	4:57	F (21)
SUB 10/BENXAMÍN F (22)	2190	DE MARTÍN LOUZAO, BAIA		00:02:30 (22)	4:59	F (22)
SUB 10/BENXAMÍN F (23)	2226	DEÁN FERNÁNDEZ, CLARA		00:02:31 (23)	5:00	F (23)
SUB 10/BENXAMÍN F (24)	2163	NIMO PÉREZ, OLIVIA		00:02:32 (24)	5:02	F (24)
SUB 10/BENXAMÍN F (25)	2224	MARTINEZ CAROU, VEGA	ESCOLA DE TRIATLON OUTES	00:02:32 (25)	5:03	F (25)
SUB 10/BENXAMÍN F (26)	2218	MUIÑOS CASTRO, LOLA	ESCOLA DE TRIATLON OUTES	00:02:32 (26)	5:03	F (26)
SUB 10/BENXAMÍN F (27)	2261	VILA ABEIJÓN, JULIA		00:02:39 (27)	5:16	F (27)

# SIN-SON 10 K 2025 ESCOLARES

## CLASIFICACIÓN CATEGORÍAS SUB 10



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
<b>MASCULINO</b>						
SUB 10/BENXAMÍN M (1)	2239	VILELA MOSQUERA, MATEO	CLUB ATLETISMO MILLARAIO	00:01:36 (1)	3:10	M (1)
SUB 10/BENXAMÍN M (2)	2253	RODRÍGUEZ BARRIL, ADRIÁN	ATLETISMO OBRADOIRO	00:01:36 (2)	3:11	M (2)
SUB 10/BENXAMÍN M (3)	2200	GONZÁLEZ DOSIL, ÁNGEL	CLUB ATLETISMO NOIA	00:01:40 (3)	3:19	M (3)
SUB 10/BENXAMÍN M (4)	2206	FUENTES SOSA, ANDRÉS	CLUB TRIATLON INFORHOUSE SANTIAGO	00:01:43 (4)	3:25	M (4)
SUB 10/BENXAMÍN M (5)	2167	LÓPEZ GARCÍA, PEDRO	CLUB ATLETISMO MILLARAIO	00:01:50 (5)	3:38	M (5)
SUB 10/BENXAMÍN M (6)	2241	OVIEDO POSE, ALEX	DESGUACES FERREIRO	00:01:51 (6)	3:41	M (6)
SUB 10/BENXAMÍN M (7)	2236	AGEITOS MARIÑO, TELMO		00:02:01 (7)	4:00	M (7)
SUB 10/BENXAMÍN M (8)	2210	FERNÁNDEZ BUENO, JUAN	ESCOLA DE TRIATLON OUTES	00:02:02 (8)	4:02	M (8)
SUB 10/BENXAMÍN M (9)	2252	QUINTELA SANTOS, SIMÓN		00:02:02 (9)	4:02	M (9)
SUB 10/BENXAMÍN M (10)	2237	SANTOS RIVEIRO, JOSÉ	ASOCIACION DE ATLETISMO E DEPORTES DO BARBANZA	00:02:03 (10)	4:04	M (10)
SUB 10/BENXAMÍN M (11)	2196	MARTINEZ VILA, THIAGO		00:02:04 (11)	4:07	M (11)
SUB 10/BENXAMÍN M (12)	2213	RIVAS ROMERO, LUCAS	ESCOLA DE TRIATLON OUTES	00:02:06 (12)	4:11	M (12)
SUB 10/BENXAMÍN M (13)	2184	RUZO LORENZO, ANXO		00:02:07 (13)	4:13	M (13)
SUB 10/BENXAMÍN M (14)	2264	CAO NÚÑEZ, IAGO		00:02:10 (14)	4:18	M (14)
SUB 10/BENXAMÍN M (15)	2177	PEDROSA BLANCO, LEO		00:02:11 (15)	4:20	M (15)
SUB 10/BENXAMÍN M (16)	2203	OLVEIRA MARIÑO, ERIK		00:02:14 (16)	4:27	M (16)
SUB 10/BENXAMÍN M (17)	2194	VITURRO VENTOSO, TRISTAN		00:02:15 (17)	4:29	M (17)
SUB 10/BENXAMÍN M (18)	2221	QUEIRUGA OLVEIRA, TELMO		00:02:16 (18)	4:30	M (18)
SUB 10/BENXAMÍN M (19)	2198	CAMBÓN CARBALLO, ÓLIVER		00:02:19 (19)	4:36	M (19)
SUB 10/BENXAMÍN M (20)	2165	GALLARDO MAYO, MANUEL	CLUB ATLETISMO MILLARAIO	00:02:20 (20)	4:39	M (20)
SUB 10/BENXAMÍN M (21)	2225	CASTELLANOS ALONSO, LEO		00:02:23 (21)	4:45	M (21)
SUB 10/BENXAMÍN M (22)	2220	FIGUEIRAS MARTÍNEZ, XIÁN	ESCOLA DE TRIATLON OUTES	00:02:24 (22)	4:47	M (22)
SUB 10/BENXAMÍN M (23)	2214	SAN ROMÁN VÁZQUEZ, TEO	ESCOLA DE TRIATLON OUTES	00:02:25 (23)	4:48	M (23)
SUB 10/BENXAMÍN M (24)	2162	RODRÍGUEZ REQUEJO, ABEL		00:02:25 (24)	4:49	M (24)
SUB 10/BENXAMÍN M (25)	2254	SOUTO POUZO, HUGO		00:02:28 (25)	4:55	M (25)
SUB 10/BENXAMÍN M (26)	2256	LIJÓ RODRÍGUEZ, ROI		00:02:31 (26)	5:01	M (26)
SUB 10/BENXAMÍN M (27)	2201	REY GARCIA, GABRIEL		00:02:37 (27)	5:12	M (27)
SUB 10/BENXAMÍN M (28)	2255	ROMEU, GAEL		00:02:37 (28)	5:12	M (28)
SUB 10/BENXAMÍN M (29)	2187	SAMPEDRO REGO, MARTÍN		00:02:37 (29)	5:12	M (29)

# SIN-SON 10 K 2025 ESCOLARES

## CLASIFICACIÓN CATEGORÍAS SUB 10



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
SUB 10/BENXAMÍN M (30)	2161	SANTOS BAZARRA, DARÍO		00:02:40 (30)	5:18	M (30)
SUB 10/BENXAMÍN M (31)	2178	SERANS SANTOS, LEO		00:02:59 (31)	5:57	M (31)

Total: 58