

XXVIII CARREIRA POPULAR CONCELLO DE ORDES

CLASIFICACIÓN ABSOLUTA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	SEXO	CATEGORÍA	CAT	PREM	LOCAL
1	21	FIKIRE SERBESSA, WORKNEH	CLUB ATLETISMO NARON	00:27:04	M (1)	MASTER 1 M (1)	M1-2 M (1)		
2	165	LISTE MONTEAGUDO, PEDRO	CLUB ATLETISMO NARON	00:27:39	M (2)	SUB 23 M (1)	ABS M (1)		
3	130	SANTOS, DAVID	CLUB ATLETISMO SANTIAGO	00:27:49	M (3)	SENIOR M (1)	ABS M (2)		
4	127	GARCÍA GONZÁLEZ, JAIME	CLUB ATLETISMO NARON	00:28:46	M (4)	SENIOR M (2)	ABS M (3)		
5	167	LOUREIRO MOSQUERA, DANIEL	CLUB ATLETISMO SANTIAGO	00:29:02	M (5)	SUB 23 M (2)	ABS M (4)		M (1)
6	14	NOUCHE LÓPEZ, BORJA	CLUB ATLETISMO TAMBRE	00:29:08	M (6)	MASTER 1 M (2)	M1-2 M (2)		
7	56	DIAZ PEREZ, ESTEBAN	CLUB ATLETISMO NARON	00:29:14	M (7)	MASTER 2 M (1)	M1-2 M (3)		
8	125	LESTIDO REY, MARTÍN	CLUB ATLETISMO SAR	00:29:33	M (8)	SENIOR M (3)	ABS M (5)		
9	9	RIVEIRO LAMPON, ALBERTO	CLUB ATLETISMO SAR	00:29:45	M (9)	MASTER 1 M (3)	M1-2 M (4)		
10	8	REQUEIJO REQUEIJO, SERGIO	ATLETISMO ARENTEIRO	00:30:01	M (10)	MASTER 1 M (4)	M1-2 M (5)		
11	138	GARABATO LAGARES, ADRIAN	CLUB ATLETISMO SANTIAGO	00:30:47	M (11)	SENIOR M (4)	ABS M (6)		
12	170	MANEIRO TEIRA, DANIEL	CLUB ATLETISMO PINO	00:31:01	M (12)	SUB 20 M (1)	ABS M (7)		
13	25	BARROS GONZÁLEZ, ABEL	ATLETISMO +9 MORAÑA	00:31:03	M (13)	MASTER 2 M (2)	M1-2 M (6)		
14	11	BUA GONTAD, SERGIO		00:31:06	M (14)	MASTER 1 M (5)	M1-2 M (7)		
15	16	RIADIGOS PIÑEIRO, BRUNO	NOSPORTLIMIT	00:31:20	M (15)	MASTER 1 M (6)	M1-2 M (8)		
16	15	GARCIA VUELTA, JOSE MANUEL	NOSPORTLIMIT	00:31:35	M (16)	MASTER 1 M (7)	M1-2 M (9)		
17	63	MATA VIDAL, RUBÉN ISRAEL		00:31:44	M (17)	MASTER 2 M (3)	M1-2 M (10)		
18	44	VAZQUEZ GRELA, JUAN CARLOS	NOSPORTLIMIT	00:31:57	M (18)	MASTER 2 M (4)	M1-2 M (11)		
19	152	CASAL MOURELOS, MARTÍN	CLUB ATLETISMO TAMBRE	00:32:06	M (19)	SENIOR M (5)	ABS M (8)		
20	1	ROMAY RODRIGUEZ, RICARDO	CLUB ATLETISMO SAR	00:32:16	M (20)	MASTER 1 M (8)	M1-2 M (12)		
21	86	MARTÍNEZ NIETO, MÍCHEL	CLUB ATLETISMO OUTES MARISCOS ANTON	00:32:35	M (21)	MASTER 3 M (1)	M3-4 M (1)		
22	80	GONZÁLEZ ADÁN, MANUEL	ATLETISMO ARENTEIRO	00:32:37	M (22)	MASTER 3 M (2)	M3-4 M (2)		
23	53	PEREZ PORTELA, MARCOS		00:32:56	M (23)	MASTER 2 M (5)	M1-2 M (13)		
24	166	CASTRO, LARA	CLUB ATLETISMO TAMBRE	00:33:04	F (1)	SUB 23 F (1)	ABS F (1)		
25	46	GONZÁLEZ NÚÑEZ, J.LUIS		00:33:15	M (24)	MASTER 2 M (6)	M1-2 M (14)		
26	89	BAAMONDE SANDE, ANTONIO	NOSPORTLIMIT	00:33:50	M (25)	MASTER 3 M (3)	M3-4 M (3)		
27	103	MARTÍNEZ ANTA, EMILIO		00:34:10	M (26)	MASTER 4 M (1)	M3-4 M (4)		
28	148	BOADO FERNANDEZ, JUAN LUIS		00:34:12	M (27)	SENIOR M (6)	ABS M (9)		M (2)
29	29	REBORIDO REBOREDO, RUBEN	AD JARNACHAS	00:34:29	M (28)	MASTER 2 M (7)	M1-2 M (15)		
30	30	PÉREZ SOTO, DIEGO		00:34:32	M (29)	MASTER 2 M (8)	M1-2 M (16)		

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PTO DOR NOMBRE			CLUB	T.OFICIAL	SEXO	CATEGORÍA	CAT	PREM	LOCAL
31	92	VARELA MARZOA, JOSÉ ANTONIO	SD COMPOSTELA ATLETISMO	00:34:40	M (30)	MASTER 3 M (4)	M3-4 M (5)		
32	76	FERNANDEZ VIDAL, ANGEL		00:34:48	M (31)	MASTER 3 M (5)	M3-4 M (6)		
33	43	SOUTO CARRERA, VICTOR		00:34:49	M (32)	MASTER 2 M (9)	M1-2 M (17)	M (3)	
34	61	MARTINEZ DOPAZO, JOSE	TRAILEROS TOXOS E BIRRAS	00:34:53	M (33)	MASTER 2 M (10)	M1-2 M (18)		
35	59	RODRÍGUEZ GARCÍA, JOSÉ LUIS		00:35:17	M (34)	MASTER 2 M (11)	M1-2 M (19)		
36	84	RODRÍGUEZ GONZÁLEZ, RAMÓN	ATLETISMO ARENTEIRO	00:35:26	M (35)	MASTER 3 M (6)	M3-4 M (7)		
37	149	SOUTO IGLESIAS, ADRIÁN		00:35:32	M (36)	SENIOR M (7)	ABS M (10)	M (4)	
38	48	BARBEITO GESTAL, RAUL	NOSPORTLIMIT	00:35:35	M (37)	MASTER 2 M (12)	M1-2 M (20)		
39	108	PÉREZ PEREIRA, RAMIRO	CLUB ATLETISMO SAR	00:35:47	M (38)	MASTER 4 M (2)	M3-4 M (8)		
40	39	RODRÍGUEZ MONTES, CARLOS		00:35:50	M (39)	MASTER 2 M (13)	M1-2 M (21)		
41	98	CAJARAVILLE ARAÚJO, HÉCTOR		00:35:57	M (40)	MASTER 3 M (7)	M3-4 M (9)		
42	23	NOYA CEREIJO, DARIO		00:35:58	M (41)	MASTER 1 M (9)	M1-2 M (22)		
43	169	DÍAZ IGLESIAS, ANDREA	RÍA FERROL	00:36:09	F (2)	SUB 20 F (1)	ABS F (2)		
44	120	BERGONDO BRANDARIZ, JUAN CARLOS	RUNNING OLEIROS	00:36:17	M (42)	MASTER 4 M (3)	M3-4 M (10)		
45	79	TABOADA MILLAN, CESAR	CLUB ATLETISMO SAR	00:36:30	M (43)	MASTER 3 M (8)	M3-4 M (11)		
46	142	FERNANDEZ ROCA, PABLO		00:36:30	M (44)	SENIOR M (8)	ABS M (11)		
47	77	SARABANDO GAFANHA, MIGUEL		00:36:34	M (45)	MASTER 3 M (9)	M3-4 M (12)		
48	38	MARTÍNEZ IGLESIAS, ÓSCAR		00:36:47	M (46)	MASTER 2 M (14)	M1-2 M (23)	M (5)	
49	54	CUENCA GARCIA, FRANCISCO JOSE	CLUB ATLETISMO PINO	00:37:03	M (47)	MASTER 2 M (15)	M1-2 M (24)		
50	82	FIGUEIRA PÉREZ, MANUEL	CLUB ATLETISMO SAR	00:37:11	M (48)	MASTER 3 M (10)	M3-4 M (13)		
51	75	IGLESIAS CRISTOBO, ELOY	CLUB ATLETISMO SAR	00:37:11	M (49)	MASTER 3 M (11)	M3-4 M (14)		
52	52	REY LÓPEZ, ROBERTO	K2ORDES	00:37:19	M (50)	MASTER 2 M (16)	M1-2 M (25)		
53	151	MARTINEZ REY, ESTEBAN		00:37:34	M (51)	SENIOR M (9)	ABS M (12)	M (6)	
54	154	PASTUR MOSQUERA, PABLO	ATLETISMO CUNTIS	00:38:18	M (52)	SENIOR M (10)	ABS M (13)		
55	72	FONTANS SEBE, MARCOS		00:38:26	M (53)	MASTER 2 M (17)	M1-2 M (26)		
56	163	FERNANDEZ MARTINEZ, ROSANA	SD COMPOSTELA ATLETISMO	00:38:42	F (3)	SUB 23 F (2)	ABS F (3)		
57	143	REY VIDAL, DANIEL		00:38:51	M (54)	SENIOR M (11)	ABS M (14)	M (7)	
58	99	PIÑEIRO ABEIJON, BENITO		00:39:06	M (55)	MASTER 3 M (12)	M3-4 M (15)		
59	153	VARELA CASTRO, PABLO		00:39:12	M (56)	SENIOR M (12)	ABS M (15)	M (8)	
60	145	VARELA DOCAMPO, ADRIÁN		00:39:13	M (57)	SENIOR M (13)	ABS M (16)	M (9)	

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61	137	REY SEXTO, JACOBO	ACEADEAMA TRIARTEIXO	00:39:20	M (58)	SENIOR M (14)	ABS M (17)	M (10)
62	162	PAZ RODRÍGUEZ, BORJA		00:39:31	M (59)	SENIOR M (15)	ABS M (18)	
63	113	FONTENLA MUIÑO, MANUEL		00:39:35	M (60)	MASTER 4 M (4)	M3-4 M (16)	
64	135	CORDERO BARREAL, ALFONSO		00:39:39	M (61)	SENIOR M (16)	ABS M (19)	
65	10	FERNÁNDEZ PORTEIRO, LUCAS		00:39:41	M (62)	MASTER 1 M (10)	M1-2 M (27)	
66	60	ROEL MIRANDA, JOSE LUIS	CLUB ATLETISMO TAMBRE	00:39:44	M (63)	MASTER 2 M (18)	M1-2 M (28)	
67	172	AMBITE SANTANA, DANIEL		00:39:56	M (64)	SUB 18 M (1)	S18 M (1)	
68	4	GOYANES SOUTO, ADRIÁN		00:40:01	M (65)	MASTER 1 M (11)	M1-2 M (29)	
69	22	BELLO GÓMEZ, ISABEL	CLUB ATLETISMO SAR	00:40:06	F (4)	MASTER 1 F (1)	M1-2 F (1)	
70	57	PEREIRO SÁNCHEZ, MARCOS		00:40:07	M (66)	MASTER 2 M (19)	M1-2 M (30)	
71	73	BLANCO PENA, FINA		00:40:18	F (5)	MASTER 2 F (1)	M1-2 F (2)	F (NA)
72	17	VALE LÓPEZ, ABEL	ASFAS	00:40:28	M (67)	MASTER 1 M (12)	M1-2 M (31)	
73	90	YEBRA ROVIRA, DIEGO		00:40:41	M (68)	MASTER 3 M (13)	M3-4 M (17)	
74	136	ARES, MAINO		00:40:51	M (69)	SENIOR M (17)	ABS M (20)	
75	164	FERNÁNDEZ SOUTO, DIEGO		00:40:51	M (70)	SUB 23 M (3)	ABS M (21)	
76	70	LAVANDEIRA GARCIA, VÍCTOR M.		00:40:54	M (71)	MASTER 2 M (20)	M1-2 M (32)	
77	69	DIEGO, CESAR		00:41:05	M (72)	MASTER 2 M (21)	M1-2 M (33)	
78	160	BEIRÓ MARTÍNEZ, CARLOS		00:41:09	M (73)	SENIOR M (18)	ABS M (22)	
79	5	GARCÍA LÓPEZ, JOSÉ		00:41:10	M (74)	MASTER 1 M (13)	M1-2 M (34)	
80	67	RODRÍGUEZ IGLESIAS, AGUSTÍN		00:41:41	M (75)	MASTER 2 M (22)	M1-2 M (35)	M (11)
81	81	PAZOS PORTO, CARLOS MANUEL		00:41:52	M (76)	MASTER 3 M (14)	M3-4 M (18)	
82	102	BOTANA JIMÉNEZ, REYNALDO		00:41:59	M (77)	MASTER 3 M (15)	M3-4 M (19)	
83	131	GARCIA LOSAS, ALEJANDRO		00:42:00	M (78)	SENIOR M (19)	ABS M (23)	
84	19	DE VRIES LOUREIRO, DANIEL	RUNNING ARTEIXO	00:42:02	F (6)	MASTER 1 F (2)	M1-2 F (3)	
85	129	OLIVEIRA SOUSA, MARCOS MICHAEL		00:42:14	M (79)	SENIOR M (20)	ABS M (24)	
86	28	PIMENTEL, LEO		00:42:36	M (80)	MASTER 2 M (23)	M1-2 M (36)	
87	37	CESPON FIGUEIRO, MARCO		00:42:48	M (81)	MASTER 2 M (24)	M1-2 M (37)	
88	91	REMUIÑAN MOSQUERA, JOSE		00:42:50	M (82)	MASTER 3 M (16)	M3-4 M (20)	M (12)
89	101	CERNADAS MÉNDEZ, JUAN MANUEL		00:42:51	M (83)	MASTER 3 M (17)	M3-4 M (21)	
90	47	SUÁREZ GIADÁS, JAVIER	ATLETISMO ARENTEIRO	00:43:04	M (84)	MASTER 2 M (25)	M1-2 M (38)	

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PTO	DOR	NOMBRE	CLUB	T.OFICIAL	SEXO	CATEGORÍA	CAT	PREM	LOCAL
91	107	GOMEZ VIAÑO, JOSE		00:43:15	M (85)	MASTER 4 M (5)	M3-4 M (22)		
92	32	PEREIRO ARES, TONI		00:43:29	M (86)	MASTER 2 M (26)	M1-2 M (39)		
93	96	FIGUEIRAS TOREA, OSCAR	CLUB ATLETISMO OUTES MARISCOS ANTON	00:43:44	M (87)	MASTER 3 M (18)	M3-4 M (23)		
94	139	DIAS BENEVIDES, RAFAEL		00:43:47	M (88)	SENIOR M (21)	ABS M (25)		
95	171	AMBITE SANTANA, DARIO		00:44:06	M (89)	SUB 20 M (2)	ABS M (26)		
96	116	RÍOS GIBELLO, JOSÉ MANUEL		00:44:07	M (90)	MASTER 4 M (6)	M3-4 M (24)		
97	159	IGLESIAS AMORES, DORIS	CLUB DEPORTIVO BRION HYUPERSA SANTIAGO	00:44:12	F (7)	SENIOR F (1)	ABS F (4)		
98	33	BARRAL NOYA, AVELINO		00:44:14	M (91)	MASTER 2 M (27)	M1-2 M (40)		
99	132	SUÁREZ MANDAYO, MARÍA		00:44:21	F (8)	SENIOR F (2)	ABS F (5)		F (1)
100	133	FACHAL QUINTELA, ARACELI		00:44:21	F (9)	SENIOR F (3)	ABS F (6)		F (2)
101	114	SIMOEZ FERNÁNDEZ, JOSÉ LUIS	C.A.R MARISQUEIRO	00:44:27	M (92)	MASTER 4 M (7)	M3-4 M (25)		
102	36	CAMPOS FERRO, RUBÉN	ATLETISMO +9 MORAÑA	00:44:41	M (93)	MASTER 2 M (28)	M1-2 M (41)		
103	87	REBOREDO FRAGA, CARLOS		00:45:07	M (94)	MASTER 3 M (19)	M3-4 M (26)		
104	106	GARABATO GRELA, JESÚS		00:45:07	M (95)	MASTER 4 M (8)	M3-4 M (27)		
105	3	CASTRO ABUCIDE, ADRIÁN		00:45:07	M (96)	MASTER 1 M (14)	M1-2 M (42)		
106	85	ESCALONA, MARISA	CLUB ATLETISMO ORIPPO	00:45:13	F (10)	MASTER 3 F (1)	M3-4 F (1)		
107	13	VÁZQUEZ SÁNCHEZ, DANIEL		00:45:13	M (97)	MASTER 1 M (15)	M1-2 M (43)		M (13)
108	7	ROEL MIRANDA, PABLO	BRUTANZOS TEAM	00:45:16	M (98)	MASTER 1 M (16)	M1-2 M (44)		
109	157	NOVO GARCIA, PATRICIA		00:45:25	F (11)	SENIOR F (4)	ABS F (7)		
110	111	VILELA MONTERO, JOSE		00:45:35	M (99)	MASTER 4 M (9)	M3-4 M (28)		
111	41	MUÑIZ, SUSO		00:45:42	M (100)	MASTER 2 M (29)	M1-2 M (45)		
112	144	SOUTO VIEITES, LUCÍA		00:45:52	F (12)	SENIOR F (5)	ABS F (8)		F (3)
113	100	CATOIRA FRAGA, MARCOS		00:46:01	M (101)	MASTER 3 M (20)	M3-4 M (29)		
114	42	PAZOS MANTEIGA, RAQUEL		00:46:01	F (13)	MASTER 2 F (2)	M1-2 F (4)		
115	18	CABADO MIGUELEZ, ROSA		00:46:12	F (14)	MASTER 1 F (3)	M1-2 F (5)		
116	6	GARCÍA MANDÍA, MARÍA JOSÉ		00:47:21	F (15)	MASTER 1 F (4)	M1-2 F (6)		
117	40	LIRES RIAL, SANDRA		00:47:25	F (16)	MASTER 2 F (3)	M1-2 F (7)		
118	123	RODRÍGUEZ TRINIDAD, JOSÉ ANTONIO		00:47:27	M (102)	MASTER 4 M (10)	M3-4 M (30)		
119	27	NAVEIRA SANCHEZ, BORJA		00:47:41	M (103)	MASTER 2 M (30)	M1-2 M (46)		
120	2	CASTELAO PEREIRA, DANIEL		00:47:51	M (104)	MASTER 1 M (17)	M1-2 M (47)		

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121	55	VARELA GAGO, JOSÉ	CENTRO ONCOLÓGICO DE GALICIA	00:47:54	M (105)	MASTER 2 M (31)	M1-2 M (48)		
122	95	PÍA CASTIÑEIRA, JOSÉ MARÍA		00:47:54	M (106)	MASTER 3 M (21)	M3-4 M (31)		
123	122	CANDAL GOMEZ, ARTURO		00:47:54	M (107)	MASTER 4 M (11)	M3-4 M (32)		
124	121	PAMPÍN BOADO, CARLOS	CLUB DEPORTIVO PINARIUM	00:48:13	M (108)	MASTER 4 M (12)	M3-4 M (33)		
125	78	PIÑEIRO ESPERANTE, MARI		00:48:14	F (17)	MASTER 3 F (2)	M3-4 F (2)		
126	117	CONSTENLA JUNQUERA, ANTONIO OSCAR	CLUB ATLETISMO FONTES DO SAR	00:48:39	M (109)	MASTER 4 M (13)	M3-4 M (34)		
127	34	GUTIERREZ ROMERO, RAÚL	CLUB ATLETISMO ORIPPO	00:48:39	M (110)	MASTER 2 M (32)	M1-2 M (49)		
128	105	OTERO CEPEDA, DANIEL		00:49:24	M (111)	MASTER 4 M (14)	M3-4 M (35)		
129	141	FREITAS SANTOS, MATEUS		00:49:27	M (112)	SENIOR M (22)	ABS M (27)		M (14)
130	58	LLORENTE MONTES, ALEJANDRO		00:50:09	M (113)	MASTER 2 M (33)	M1-2 M (50)		
131	68	LEIRA CAMEDO, JACOBO		00:50:38	M (114)	MASTER 2 M (34)	M1-2 M (51)		M (15)
132	126	ISASI CASTRO, CARMEN		00:50:55	F (18)	SENIOR F (6)	ABS F (9)		
133	74	COSTOYA CASTELO, CHEMA		00:51:06	M (115)	MASTER 3 M (22)	M3-4 M (36)		
134	109	CALVO GERMALES, LUÍSA		00:51:10	F (19)	MASTER 4 F (1)	M3-4 F (3)		F (NA)
135	24	PARDIÑAS SILVEIRA, SONIA		00:51:10	F (20)	MASTER 1 F (5)	M1-2 F (8)		
136	119	RAÑA PREGO, MANUEL		00:51:53	M (116)	MASTER 4 M (15)	M3-4 M (37)		M (16)
137	35	VEIRAS PULLEIRO, MANUEL		00:51:56	M (117)	MASTER 2 M (35)	M1-2 M (52)		M (17)
138	26	SANCHEZ VIÑA, DIANA		00:52:37	F (21)	MASTER 2 F (4)	M1-2 F (9)		
139	88	HERNÁNDEZ GARCÍA, ANTONIO JAVIER		00:52:52	M (118)	MASTER 3 M (23)	M3-4 M (38)		
140	112	HERNÁNDEZ BARREIRO, ANTONIO		00:52:53	M (119)	MASTER 4 M (16)	M3-4 M (39)		
141	156	DORADO, JULIETA		00:53:49	F (22)	SENIOR F (7)	ABS F (10)		
142	155	SAN LUIS MENENDEZ, MARTA		00:53:49	F (23)	SENIOR F (8)	ABS F (11)		
143	158	CANDAL VILANOVA, NOELIA		00:54:28	F (24)	SENIOR F (9)	ABS F (12)		F (4)
144	64	JIMENEZ LORENZO, DIANA		00:55:02	F (25)	MASTER 2 F (5)	M1-2 F (10)		
145	65	VÁZQUEZ VIEITES, JESUS MANUEL		00:55:16	M (120)	MASTER 2 M (36)	M1-2 M (53)		
146	104	GONZALEZ TALAVERO, MIGUEL ANGEL		00:55:49	M (121)	MASTER 4 M (17)	M3-4 M (40)		
147	140	DA SILVA VENTURIN, SANDRA CRIS		00:55:54	F (26)	SENIOR F (10)	ABS F (13)		F (5)
148	115	PANTÍN LÓPEZ, JOSÉ	CLUB ATLETISMO NARON	00:56:59	M (122)	MASTER 4 M (18)	M3-4 M (41)		
149	118	VIEITES LOURO, ANDRÉS		01:04:07	M (123)	MASTER 4 M (19)	M3-4 M (42)		

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CLASIFICACIÓN CATEGORÍAS SUB16



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
FEMENINO						
SUB 16 F (1)	202	MALVAREZ, SOFIA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:09:14 (4)	3:50	F (1)
SUB 16 F (2)	203	CASTRO FANDIÑO, ICÍA	CLUB ATLETISMO TAMBRE	00:09:41 (5)	4:02	F (2)
SUB 16 F (3)	208	LÓPEZ LÓPEZ, MARTINA	SD COMPOSTELA ATLETISMO	00:09:47 (7)	4:04	F (3)
SUB 16 F (4)	201	CHENEL MARIÑO, ESTELA	ATLETISMO OBRADOIRO	00:10:45 (8)	4:28	F (4)
SUB 16 F (5)	213	RODRÍGUEZ GONZÁLEZ, ADRIANA	CLUB ATLETISMO TAMBRE	00:10:45 (9)	4:28	F (5)
SUB 16 F (6)	214	CAMPELO MALLO, ENMA	CLUB ATLETISMO TAMBRE	00:11:11 (10)	4:39	F (6)
SUB 16 F (7)	204	SUÁREZ MARTÍNEZ, NOA	CLUB ATLETISMO TAMBRE	00:12:24 (11)	5:09	F (7)
SUB 16 F (8)	218	NOUCHE PAMPÍN, CLAUDIA	CLUB ATLETISMO TAMBRE	00:12:33 (12)	5:13	F (8)
SUB 16 F (9)	215	ALRAHI, AYA		00:12:52 (13)	5:21	F (9)
SUB 16 F (10)	211	RUDA DÍAZ, ÁNGELA	CLUB ATLETISMO FONTES DO SAR	00:14:30 (14)	6:02	F (10)
MASCULINO						
SUB 16 M (1)	217	REY NEIRA, BRAIS	CLUB ATLETISMO A ESTRADA	00:08:08 (1)	3:22	M (1)
SUB 16 M (2)	210	RENDÓ BARREIRO, BRAIS	CLUB TRIATLON INFORHOUSE SANTIAGO	00:08:37 (2)	3:35	M (2)
SUB 16 M (3)	220	VILLAR CAMPOS, MARTÍN DEMETRIO		00:08:47 (3)	3:39	M (3)
SUB 16 M (4)	212	AMBITE SANTANA, DIEGO		00:09:45 (6)	4:03	M (4)

Total: 14

XXVIII CARREIRA POPULAR CONCELLO DE ORDES**CLASIFICACIÓN CATEGORÍAS SUB14**

P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
FEMENINO						
SUB 14 F (1)	226	BARROS CAMPOS, JUDIT	ATLETISMO +9 MORAÑA	00:09:23 (3)	3:54	F (1)
SUB 14 F (2)	247	SUÁREZ SUÁREZ, CARLA		00:09:37 (4)	4:00	F (2)
SUB 14 F (3)	232	SOUTO SEOANE, NOELIA	CLUB ATLETISMO TAMBRE	00:10:42 (7)	4:27	F (3)
SUB 14 F (4)	231	SOUTO SEOANE, SILVIA	CLUB ATLETISMO TAMBRE	00:10:44 (8)	4:28	F (4)
SUB 14 F (5)	235	JACOME FERNANDEZ, MARTA	CLUB ATLETISMO SADA	00:10:50 (9)	4:30	F (5)
SUB 14 F (6)	243	PENAS GARCIA, CHANEL	CLUB ATLETISMO TAMBRE	00:10:55 (10)	4:32	F (6)
SUB 14 F (7)	238	RENDON BARREIRO, ANTIA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:11:02 (11)	4:35	F (7)
SUB 14 F (8)	230	MORLÁN LIÑARES, ALBA	CLUB ATLETISMO TAMBRE	00:11:16 (12)	4:41	F (8)
SUB 14 F (9)	236	VEIRAS BELLO, NOA	CLUB ATLETISMO TAMBRE	00:11:42 (13)	4:52	F (9)
SUB 14 F (10)	237	RODEIRO BARREIRO, AINOA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:12:29 (14)	5:11	F (10)
SUB 14 F (11)	234	JACOME FERNADNEZ, MARIA	CLUB ATLETISMO SADA	00:13:13 (16)	5:30	F (11)
SUB 14 F (12)	239	BERTOIA CABADO, FELISA		00:13:37 (17)	5:40	F (12)
SUB 14 F (13)	245	PÉREZ REGOS, SOFÍA		00:13:40 (18)	5:41	F (13)
SUB 14 F (14)	244	PAZ RAÑA, MARTINA		00:13:40 (19)	5:41	F (14)
SUB 14 F (15)	221	PAMPIN BASANTA, LARA	ATLÉTICA A SILVA	00:14:20 (20)	5:58	F (15)
MASCULINO						
SUB 14 M (1)	241	MATA PORTOS, RAÚL	CLUB ATLETISMO FONTES DO SAR	00:08:57 (1)	3:43	M (1)
SUB 14 M (2)	224	MALVAREZ, JOSE IGNACIO	CLUB TRIATLON INFORHOUSE SANTIAGO	00:09:11 (2)	3:49	M (2)
SUB 14 M (3)	240	ALRAHI, MOUAZ		00:10:06 (5)	4:12	M (3)
SUB 14 M (4)	225	RILO HERMIDA, IAGO	CLUB ATLETISMO TAMBRE	00:10:15 (6)	4:15	M (4)
SUB 14 M (5)	228	PEREIRO JUNCAL, NICO		00:12:51 (15)	5:20	M (5)

Total: 20

XXVIII CARREIRA POPULAR CONCELLO DE ORDES

CLASIFICACIÓN CATEGORÍAS SUB12



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
FEMENINO						
SUB 12 F (1)	251	CONEJO BASCOY, NADIA	SOCIEDADE ATLÉTICA DO TREGA	00:04:11 (4)	3:28	F (1)
SUB 12 F (2)	277	REBOIRAS BUSTELO, AINHOA	ATLETISMO OBRADOIRO	00:04:15 (5)	3:32	F (2)
SUB 12 F (3)	289	VILLAR CAMPOS, NAGORE		00:04:36 (10)	3:49	F (3)
SUB 12 F (4)	269	PEDROUSO MALVASO, CANDELA	ATLETISMO OBRADOIRO	00:05:07 (19)	4:15	F (4)
SUB 12 F (5)	263	DONO DURO, CLAUDIA		00:05:18 (20)	4:24	F (5)
SUB 12 F (6)	267	BLANCO SANDE, LÍA		00:05:20 (21)	4:26	F (6)
SUB 12 F (7)	265	MIRA JARAZO, ANTIA		00:05:29 (23)	4:33	F (7)
SUB 12 F (8)	260	REMUIÑAN ROJO, NOA		00:05:34 (25)	4:38	F (8)
SUB 12 F (9)	268	GESTAL FERNÁNDEZ, CARLA	CLUB NATACIÓN ORDES	00:05:35 (26)	4:38	F (9)
SUB 12 F (10)	275	ALRAHI, ALAA		00:05:35 (27)	4:39	F (10)
SUB 12 F (11)	258	VILARIÑO RAMOS, VALERIA		00:06:30 (31)	5:24	F (11)

XXVIII CARREIRA POPULAR CONCELLO DE ORDES**CLASIFICACIÓN CATEGORÍAS SUB12**

P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
MASCULINO						
SUB 12 M (1)	284	AMADO PREGO, NICOLAS	CLUB ATLETISMO SADA	00:03:53 (1)	3:13	M (1)
SUB 12 M (2)	274	SANMARTIN TENREIRO, ANTONIO	CLUB ATLETISMO SADA	00:03:55 (2)	3:15	M (2)
SUB 12 M (3)	271	RODRÍGUEZ GONZÁLEZ, ÁLVARO	CLUB ATLETISMO TAMBRE	00:04:05 (3)	3:24	M (3)
SUB 12 M (4)	255	BARROS CAMPOS, ISMA	ATLETISMO +9 MORAÑA	00:04:17 (6)	3:34	M (4)
SUB 12 M (5)	280	NOYA MELLADO, CHRISTIAN		00:04:29 (7)	3:43	M (5)
SUB 12 M (6)	279	LEIRA DEL RÍO, COSME		00:04:33 (8)	3:46	M (6)
SUB 12 M (7)	256	JARAZO TRIANS, XOEL		00:04:34 (9)	3:47	M (7)
SUB 12 M (8)	264	VARELA ALVAREZ, TEO		00:04:36 (11)	3:49	M (8)
SUB 12 M (9)	281	ALVAREZ DEL RIO, MARTIÑO		00:04:43 (12)	3:55	M (9)
SUB 12 M (10)	257	PEREIRO JUNCAL, MANUEL		00:04:47 (13)	3:58	M (10)
SUB 12 M (11)	282	FIGUEIRA MOSQUERA, MATEO		00:04:50 (14)	4:01	M (11)
SUB 12 M (12)	283	SOUTO FIEIRA, HUGO		00:04:51 (15)	4:02	M (12)
SUB 12 M (13)	253	CASTRO FANDIÑO, XIÁN	CLUB ATLETISMO TAMBRE	00:04:53 (16)	4:03	M (13)
SUB 12 M (14)	272	LÓPEZ MOSQUERA, TIAGO		00:04:58 (17)	4:07	M (14)
SUB 12 M (15)	266	SUAREZ FUENTES, IKER		00:05:02 (18)	4:11	M (15)
SUB 12 M (16)	254	FERNÁNDEZ RAÑA, PEDRO		00:05:22 (22)	4:27	M (16)
SUB 12 M (17)	278	LIÑARES REY, ANTÓN		00:05:30 (24)	4:34	M (17)
SUB 12 M (18)	270	PREGO RAMA, DANIEL		00:05:57 (28)	4:57	M (18)
SUB 12 M (19)	259	ANTELO BARROS, XOEL	SANTA MARÍA DEL MAR (A CORUÑA)	00:05:58 (29)	4:57	M (19)
SUB 12 M (20)	261	REMUIÑAN CASTRO, UNAI		00:06:29 (30)	5:23	M (20)
SUB 12 M (21)	252	BARRERO GOMEZ, JHOJAN SANTIAGO		00:06:51 (32)	5:42	M (21)

Total: 32

P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
FEMENINO						
SUB 10 F (1)	298	DÍAZ LÓPEZ, MIREIA	OLYMPO AS PONTES	00:04:16 (2)	3:33	F (1)
SUB 10 F (2)	326	COBOS CUESTAS, JACQUELINE	ATLÉTICA A SILVA	00:04:43 (4)	3:55	F (2)
SUB 10 F (3)	292	CAMPOS AGRELO, PAULA	ATLETISMO +9 MORAÑA	00:05:08 (6)	4:16	F (3)
SUB 10 F (4)	295	GERMIÑAS SANCHEZ, SARA		00:05:11 (7)	4:19	F (4)
SUB 10 F (5)	309	LEIRA DEL RÍO, ROSALÍA		00:05:20 (11)	4:26	F (5)
SUB 10 F (6)	310	NOYA MELLADO, PAULA		00:05:34 (14)	4:37	F (6)
SUB 10 F (7)	323	CID REBOLLO, ROSALÍA	A.D. FOGAR	00:05:46 (16)	4:48	F (7)
SUB 10 F (8)	320	PÉREZ REGOS, MARTA		00:06:38 (18)	5:31	F (8)
SUB 10 F (9)	315	ISAYEVA, ALINA		00:06:48 (19)	5:39	F (9)
SUB 10 F (10)	324	MARTÍNEZ SANJURJO, SOFÍA		00:06:51 (20)	5:42	F (10)
SUB 10 F (11)	297	ESPIÑO FRANCO, ENERITZ		00:07:00 (22)	5:49	F (11)
SUB 10 F (12)	316	MIRA BASCOY, CARLOTA	ATLÉTICA A SILVA	00:07:00 (23)	5:49	F (12)
SUB 10 F (13)	303	MOSQUERA RODRÍGUEZ, MARA		00:07:08 (24)	5:56	F (13)
SUB 10 F (14)	302	LOUREIRO DE VRIES, JANNETTA	RUNNING ARTEIXO	00:07:33 (25)	6:16	F (14)
SUB 10 F (15)	317	PAMPIN SANCHEZ, NOA		00:07:34 (26)	6:18	F (15)
SUB 10 F (16)	318	PAMPIN SANCHEZ, MARTINA		00:07:38 (27)	6:21	F (16)

XXVIII CARREIRA POPULAR CONCELLO DE ORDES

CLASIFICACIÓN CATEGORÍAS SUB10



P. CAT	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P. SEXO
MASCULINO						
SUB 10 M (1)	304	VILELA MOSQUERA, MATEO	ATLETISMO MILLARAIO	00:04:13 (1)	3:30	M (1)
SUB 10 M (2)	308	RODRÍGUEZ BARRIL, ADRIÁN	ATLETISMO OBRADOIRO	00:04:17 (3)	3:33	M (2)
SUB 10 M (3)	325	MIRA MANTEIGA, MIGUEL ANGEL	A.D. FOGAR	00:04:44 (5)	3:56	M (3)
SUB 10 M (4)	322	CASTIÑEIRAS FUENTES, MARKEL	ATLÉTICA A SILVA	00:05:12 (8)	4:19	M (4)
SUB 10 M (5)	306	DÍAZ IGLESIAS, LEO		00:05:19 (9)	4:25	M (5)
SUB 10 M (6)	311	NOYA, AARON		00:05:20 (10)	4:25	M (6)
SUB 10 M (7)	301	VILLASVERDE LATA, ADRIAN		00:05:22 (12)	4:27	M (7)
SUB 10 M (8)	313	REY DEL RÍO, DARÍO		00:05:24 (13)	4:29	M (8)
SUB 10 M (9)	305	SÁNCHEZ DEL RÍO, TEO		00:05:37 (15)	4:40	M (9)
SUB 10 M (10)	293	LISTE VARELA, ADRIÁN	ATLETISMO OBRADOIRO	00:06:25 (17)	5:20	M (10)
SUB 10 M (11)	319	PAMPIN SANCHEZ, EDUARDO		00:06:53 (21)	5:43	M (11)

Total: 27

XXVIII CARREIRA POPULAR CONCELLO DE ORDES

CLASIFICACIÓN EQUIPOS



PTO	DOR	NOMBRE	SEXO	CAT	CAT PREMIO	TOFICIAL
1 - CLUB ATLETISMO NARON (14)						
1	21	WORKNEH FIKIRE SERBESSA	M (1)	MASTER 1 M (1)	M1-2 M (1)	00:27:04
2	165	PEDRO LISTE MONTEAGUDO	M (2)	SUB 23 M (1)	ABS M (1)	00:27:39
4	127	JAIME GARCÍA GONZÁLEZ	M (4)	SENIOR M (2)	ABS M (3)	00:28:46
7	56	ESTEBAN DIAZ PEREZ	M (7)	MASTER 2 M (1)	M1-2 M (3)	00:29:14
2 - NOSPORTLIMIT (75)						
15	16	BRUNO RIADIGOS PIÑEIRO	M (15)	MASTER 1 M (6)	M1-2 M (8)	00:31:20
16	15	JOSE MANUEL GARCIA VUELTA	M (16)	MASTER 1 M (7)	M1-2 M (9)	00:31:35
18	44	JUAN CARLOS VAZQUEZ GRELA	M (18)	MASTER 2 M (4)	M1-2 M (11)	00:31:57
26	89	ANTONIO BAAMONDE SANDE	M (25)	MASTER 3 M (3)	M3-4 M (3)	00:33:50
3 - CLUB ATLETISMO SAR (76)						
8	125	MARTÍN LESTIDO REY	M (8)	SENIOR M (3)	ABS M (5)	00:29:33
9	9	ALBERTO RIVEIRO LAMPON	M (9)	MASTER 1 M (3)	M1-2 M (4)	00:29:45
20	1	RICARDO ROMAY RODRIGUEZ	M (20)	MASTER 1 M (8)	M1-2 M (12)	00:32:16
39	108	RAMIRO PÉREZ PEREIRA	M (38)	MASTER 4 M (2)	M3-4 M (8)	00:35:47
4 - CLUB ATLETISMO TAMBRE (117)						
6	14	BORJA NOUCHE LÓPEZ	M (6)	MASTER 1 M (2)	M1-2 M (2)	00:29:08
19	152	MARTÍN CASAL MOURELOS	M (19)	SENIOR M (5)	ABS M (8)	00:32:06
24	166	LARA CASTRO	F (1)	SUB 23 F (1)	ABS F (1)	00:33:04
68	4	ADRIÁN GOYANES SOUTO	M (65)	MASTER 1 M (11)	M1-2 M (29)	00:40:01

XXVIII CARREIRA POPULAR CONCELLO DE ORDES

CLASIFICACIÓN EQUIPOS



PTO	DOR	NOMBRE	SEXO	CAT	CAT PREMIO	TOFICIAL
5 - ATLETISMO ARENTEIRO (158)						
10	8	SERGIO REQUEIJO REQUEIJO	M (10)	MASTER 1 M (4)	M1-2 M (5)	00:30:01
22	80	MANUEL GONZÁLEZ ADÁN	M (22)	MASTER 3 M (2)	M3-4 M (2)	00:32:37
36	84	RAMÓN RODRÍGUEZ GONZÁLEZ	M (35)	MASTER 3 M (6)	M3-4 M (7)	00:35:26
90	47	JAVIER SUÁREZ GIADÁS	M (84)	MASTER 2 M (25)	M1-2 M (38)	00:43:04