

A TRINTAEUNODOCE" (SAN SILVESTRE NARONESA) 2024

31/12/2024

- ABSOLUTA -



POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META
1	1	23	BASANTA FOUZ , ESTEBAN	MALE	SENIOR	CIDADE DE LUGO FLUVIAL	00:10:39
2	2	85	GARCÍA GONZÁLEZ , JAIME	MALE	SENIOR	ADC MONTE BREAMO	00:10:41
3	3	204	VILLANUEVA RICO , ELOY BREOGÁN	MALE	SENIOR	AD NÁUTICO DE NARÓN	00:11:00
4	4	169	ROCA RIVERA , ALEJANDRO	MALE	SENIOR		00:11:04
5	1	122	MARTÍNEZ CASTRO , ROBERTO	MALE	MASTER	C.D. PINARIUM	00:11:06
6	2	175	SAAVEDRA , EDU	MALE	MASTER	AD NÁUTICO DE NARON	00:11:08
7	3	124	MARTÍNEZ RIVERA , DANIEL	MALE	MASTER	AD NÁUTICO DE NARON	00:11:09
8	4	154	PIÑEIRO , PABLO	MALE	MASTER		00:11:10
9	5	108	LIEBANAS MENDEZ , ANTONIO	MALE	MASTER		00:11:24
10	5	144	PEDROSA PAZ , PABLO	MALE	SENIOR	TRIATLON FERROL	00:11:29
11	6	89	GONZÁLEZ , DIEGO	MALE	SENIOR	A.D. NÁUTICO NARÓN	00:11:34
12	1	97	GUERRERO MANSO , SARA	FEMALE	SENIOR-F	AD NÁUTICO NARON	00:11:38
13	6	115	LÓPEZ PAZ , MARIO	MALE	MASTER	TRIATLON FERROL	00:11:44
14	7	162	RILO GONZALEZ VALLES , LUIS	MALE	MASTER	TRIATLON FERROL	00:11:47
15	8	90	GONZÁLEZ , JUANCHI	MALE	MASTER	TRIFERROL	00:11:49
16	7	183	SERANTES BOUZA , HUGO	MALE	SENIOR		00:11:58
17	2	32	CAEIRO MARIÑO , ISABEL	FEMALE	SENIOR-F	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	00:12:01
18	3	61	DÍAZ IGLESIAS , ANDREA	FEMALE	SENIOR-F	RÍA DE FERROL	00:12:07
19	9	13	AMADO , OSCAR	MALE	MASTER		00:12:22
20	1	71	FERNÁNDEZ GARCÍA , TAMARA	FEMALE	MASTER-F	CIUDAD DE LUGONES	00:12:28
21	10	36	CANEIRO CANEIRO , MARCOS	MALE	MASTER	TRIATLON FERROL	00:12:45
22	11	16	AMENEDO GONZÁLEZ , RICARDO	MALE	MASTER	PASA OU ENTORNA	00:12:46
23	12	125	MARTÍNEZ RODRIGUEZ , FERNANDO	MALE	MASTER	AD NÁUTICO DE NARON	00:12:52
24	8	189	TELLADO REY , DANIEL	MALE	SENIOR		00:12:56
25	9	7	ALONSO FREIRE , MARCO	MALE	SENIOR		00:13:00
26	13	184	SERANTES LÓPEZ , PABLO	MALE	MASTER		00:13:07
27	14	111	LÓPEZ BARBEITO , PABLO	MALE	MASTER		00:13:08
28	10	129	MENDEZ BUGALLO , ALFONSO	MALE	SENIOR	SADA	00:13:10
29	11	159	PRIETO , DANIEL	MALE	SENIOR		00:13:12
30	2	138	NIETO RODRIGUEZ , BELEN	FEMALE	MASTER-F	AD NÁUTICO DE NARON	00:13:14
31	15	158	POZUELO MARTÍNEZ , EDUARDO	MALE	MASTER		00:13:19

A TRINTAEUNODOCE" (SAN SILVESTRE NARONESA) 2024

31/12/2024

- ABSOLUTA -



POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META
32	12	164	RÍOS , SERGIO	MALE	SENIOR		00:13:20
33	16	76	FERREÑO MERLÁN , IGNACIO	MALE	MASTER		00:13:21
34	13	77	FONTICOPA TUIMIL , IVAN	MALE	SENIOR		00:13:23
35	17	205	YAÑEZ LOPEZ , DANIEL	MALE	MASTER	AD NÁUTICO DE NARON	00:13:25
36	18	181	SARMIENTO CALVO , DIEGO	MALE	MASTER	OS KARAKOIS	00:13:44
37	19	142	PAZ CABADA , JOSE LUIS	MALE	MASTER	OS KARAKOIS	00:13:45
38	20	161	RAMOS GONZÁLEZ , CHRISTIAN	MALE	MASTER		00:13:51
39	21	114	LOPEZ LAGARES , RUBEN	MALE	MASTER		00:13:52
40	22	86	GARCIA RODRIGUEZ , JOSE LUIS	MALE	MASTER		00:14:05
41	23	93	GONZÁLEZ CARBALLAL , JOSÉ MIGUEL	MALE	MASTER		00:14:22
42	24	24	BASOA RODRIGUEZ , MANU	MALE	MASTER		00:14:27
43	3	28	BLANCO PENA , FINA	FEMALE	MASTER-F	C.D. 21 LEGUAS	00:14:38
44	25	45	CELIS FRESCO , ALEJANDRO	MALE	MASTER		00:14:40
45	26	48	CORRAL LÓPEZ , ALBERTO	MALE	MASTER		00:14:47
46	14	26	BLANCO , ALEJANDRO	MALE	SENIOR		00:14:56
47	4	1	ABELLA BOUZA , ROMAN	FEMALE	MASTER-F		00:15:00
48	15	58	CUENDE SANZ , SERGIO	MALE	SENIOR		00:15:03
49	16	51	CREGO GONZALEZ , JONATAN	MALE	SENIOR		00:15:06
50	5	182	SEÑOR , LOLI	FEMALE	MASTER-F	CLUB BENI GYM SPORT	00:15:13
51	27	163	RIOBÓO LOIS , BREOGÁN	MALE	MASTER		00:15:21
52	28	31	CAEIRO GONZÁLEZ , EUGENIO	MALE	MASTER		00:15:24
53	4	55	CRUZ RODRÍGUEZ , VERONICA	FEMALE	SENIOR-F		00:15:26
54	17	41	CARRACEDO PORTO , XOSÉ CARLOS	MALE	SENIOR	CLUBE DEPORTIVO ARZÚA	00:15:32
55	18	145	PENA PICOS , HEBER	MALE	SENIOR		00:15:33
56	19	39	CARNEIRO PRIMROY , LINO	MALE	SENIOR	CLUB BENI GYM SPORT	00:15:37
57	6	112	LÓPEZ DÍAZ , TAMARA	FEMALE	MASTER-F		00:15:37
58	29	22	BARCIA MARTÍNEZ , MANUEL	MALE	MASTER	OS CORZOS DO ORTEGAL	00:15:37
59	7	135	MONTERO BOUZA , NATALIA	FEMALE	MASTER-F	CLUB BENI GYM SPORT	00:15:37
60	8	18	ANIDO , LUISA	FEMALE	MASTER-F	PROAM	00:15:38
61	30	203	VILARIÑO LOPEZ , MARTIN	MALE	MASTER		00:15:40
62	9	141	PANTIN LOPEZ , ALMUDENA	FEMALE	MASTER-F		00:15:45
63	20	56	CUENDE SANZ , ALEJANDRO	MALE	SENIOR		00:15:48

A TRINTAEUNODOCE" (SAN SILVESTRE NARONESA) 2024

31/12/2024

- ABSOLUTA -



POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META
64	31	153	PIDAL LÓPEZ , JUAN PABLO	MALE	MASTER		00:15:49
65	21	109	LÓPEZ ANIDO , NELSON ANDRÉS	MALE	SENIOR	CLUB NATACIÓN FERROL	00:15:57
66	22	199	VELAYOS LÓPEZ , SERGIO	MALE	SENIOR		00:15:58
67	5	99	HERRERO DOMÍNGUEZ , EVA	FEMALE	SENIOR-F		00:16:00
68	32	110	LÓPEZ BARBEITO , MARCOS	MALE	MASTER		00:16:07
69	23	6	ALONSO FILGUEIRA , ÁLVARO	MALE	SENIOR		00:16:09
70	24	211	ALONSO , MARCOS	MALE	SENIOR		00:16:10
71	33	187	SUÁREZ QUINTIA , ALBERTO	MALE	MASTER		00:16:11
72	34	59	DE LA PUENTE LÓPEZ , FERNANDO	MALE	MASTER		00:16:11
73	35	107	LEIRA REY , RUBEN	MALE	MASTER	ADC MONTE BREAMO	00:16:13
74	36	88	GOMEZ VAZQUEZ , JUAN LUIS	MALE	MASTER	PASA OU ENTORNA	00:16:18
75	25	40	CARNEIRO TELLA , IGNACIO	MALE	SENIOR		00:16:23
76	37	53	CRUZ RAMOS , JAVIER	MALE	MASTER		00:16:26
77	38	44	CEBALLOS ROMERO , JOSE FRANCISCO	MALE	MASTER		00:16:36
78	6	91	GONZÁLEZ ARTECHE , AROA	FEMALE	SENIOR-F		00:16:40
79	26	168	ROCA DAPENA , BRAIS	MALE	SENIOR	CLUB DE REMO SAN FELIPE	00:16:41
80	7	173	RODRÍGUEZ LÓPEZ , CRISTINA	FEMALE	SENIOR-F	CLUB DE REMO SAN FELIPE	00:16:41
81	39	9	ÁLVAREZ CASTRILLÓN , JORGE JUAN	MALE	MASTER		00:16:46
82	40	143	PAZOS VAZQUEZ , JUAN MANUEL	MALE	MASTER		00:16:49
83	8	29	BOUZA , BEA	FEMALE	SENIOR-F		00:16:49
84	10	46	CERRÓN GONZÁLEZ , YEANETH	FEMALE	MASTER-F		00:17:00
85	41	186	SIMÓN LAGO , RESTITUTO	MALE	MASTER		00:17:02
86	42	117	LÓPEZ PINTOS , XESUS ANXO	MALE	MASTER	PASA OU ENTORNA	00:17:16
87	43	146	PENABAD PENABAD , ANGEL	MALE	MASTER		00:17:21
88	44	147	PENABAD PENABAD , LUIS	MALE	MASTER		00:17:32
89	9	96	GRUEIRO ACCIÓN , ISABEL	FEMALE	SENIOR-F	PASA OU ENTORNA	00:17:35
90	27	152	PÉREZ VEIGA , OMAR	MALE	SENIOR		00:17:39
91	45	74	FERNANDEZ RODRIGUEZ , ALFONSO	MALE	MASTER		00:17:41
92	28	57	CUENDE SANZ , RODRIGO	MALE	SENIOR		00:17:44
93	29	140	PAJON ALONSO , JOEL	MALE	SENIOR	CLUB DE MONTAÑA O CAXADO	00:17:45
94	11	119	LOPEZ SILVA , MARIA JODE	FEMALE	MASTER-F		00:17:47
95	12	106	LEIRA FERNÁNDEZ , UXIA	FEMALE	MASTER-F		00:17:47

A TRINTAEUNODOCE" (SAN SILVESTRE NARONESA) 2024

31/12/2024

- ABSOLUTA -



POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META
96	13	25	BENASACH GARCIA , MÓNICA	FEMALE	MASTER-F		00:17:51
97	46	172	RODRÍGUEZ JUSTO , SERGIO	MALE	MASTER		00:17:59
98	10	151	PÉREZ SANTOS , NATALIA	FEMALE	SENIOR-F		00:18:02
99	47	81	GALDO , JUANJO	MALE	MASTER	PULPEROS	00:18:02
100	30	82	GALDO SANTIAGO , IAN	MALE	SENIOR		00:18:02
101	48	118	LÓPEZ SANDE , DANIEL	MALE	MASTER		00:18:07
102	31	21	BARBEITO ESTÉVEZ , PABLO	MALE	SENIOR		00:18:11
103	14	193	VARELA DOPICO , CATUXA	FEMALE	MASTER-F		00:18:21
104	15	70	FERNANDEZ FERNANDEZ , ALBA MARIA	FEMALE	MASTER-F		00:18:22
105	49	30	BREIJO DA SILVA , ALEJANDRO	MALE	MASTER		00:18:24
106	32	34	CALVO GONZÁLEZ , CRISTIAN	MALE	SENIOR	CLUBE ATLETISMO FENE	00:18:28
107	33	103	LAMAS SEIJO , DANIEL	MALE	SENIOR		00:18:29
108	16	5	ALLEGUE CABANAS , PATRY	FEMALE	MASTER-F		00:18:29
109	17	136	MORADO MOMÁN , ALMUDENA	FEMALE	MASTER-F		00:18:39
110	50	38	CARNEIRO PÉREZ , JAVIER	MALE	MASTER		00:18:41
111	51	94	GONZALEZ GARCIA , JESUS	MALE	MASTER		00:18:41
112	18	133	MIRÁS PALACIOS , CRISTINA	FEMALE	MASTER-F		00:18:43
113	11	10	ALVAREZ JUNQUERA , VICTORIA	FEMALE	SENIOR-F		00:18:54
114	34	185	SILVENT COBOS , DIEGO	MALE	SENIOR		00:18:59
115	12	92	GONZÁLEZ ARTECHE , NEREA	FEMALE	SENIOR-F		00:19:02
116	19	19	ARTECHE CASTRO , SUSANA	FEMALE	MASTER-F		00:19:02
117	35	192	VARELA , GUILLERMO	MALE	SENIOR		00:19:24
118	52	195	VARELA MOSQUERA , JOSÉ GUILLERMO	MALE	MASTER		00:19:25
119	36	196	VARELA OLMEDO , ÁLVARO	MALE	SENIOR		00:19:25
120	13	101	ISASI CASTRO , CARMEN	FEMALE	SENIOR-F		00:19:25
121	53	27	BLANCO GUILLÉN , QUIQUE	MALE	MASTER	C.D. 21 LEGUAS	00:19:29
122	14	170	RODEIRO , ANDREA	FEMALE	SENIOR-F		00:19:38
123	15	54	CRUZ RODRÍGUEZ , SILVIA	FEMALE	SENIOR-F		00:19:40
124	16	49	COUCE BACELO , SARA	FEMALE	SENIOR-F		00:19:43
125	17	8	ALONSO SANCHEZ , MURIEL	FEMALE	SENIOR-F		00:19:44
126	18	200	VILA OGANDO , LUCÍA	FEMALE	SENIOR-F		00:19:45
127	54	137	NEIRA GARCIA , SIMON	MALE	MASTER		00:19:57

A TRINTAEUNODOCE" (SAN SILVESTRE NARONESA) 2024

31/12/2024

- ABSOLUTA -



POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META
128	20	130	MENDEZ DIAZ , EUGENIA	FEMALE	MASTER-F		00:20:12
129	55	50	COUCE VELLÓN , RAMIRO	MALE	MASTER		00:20:13
130	56	79	FREIRE VARELA , ROBERTO	MALE	MASTER		00:20:14
131	19	78	FREIRE CANDOCIA , MAR	FEMALE	SENIOR-F		00:20:15
132	21	148	PÉREZ CASTRILLÓN , EVA MARIA	FEMALE	MASTER-F		00:20:25
133	22	174	RODRÍGUEZ RODRÍGUEZ , ZELTIA	FEMALE	MASTER-F		00:20:25
134	23	20	BACELO FILGUEIRAS , ESTEFANÍA	FEMALE	MASTER-F		00:20:27
135	57	37	CANEIRO LOPEZ , JOSÉ ÁNGEL	MALE	MASTER		00:20:27
136	58	67	FERNANDEZ BALSEIRO , JOSE MANUEL	MALE	MASTER		00:20:28
137	59	160	RAJO TOYOS , GUSTAVO DANIEL	MALE	MASTER		00:20:28
138	20	65	DOCE TOJEIRO , SARA	FEMALE	SENIOR-F		00:20:34
139	37	177	SÁNCHEZ DE BUSTAMANTE ALBELA , PABLO	MALE	SENIOR		00:20:46
140	24	84	GARCÍA FERNÁNDEZ , JESSICA	FEMALE	MASTER-F		00:20:52
141	60	166	RIVERA HERMIDA , MARTÍN	MALE	MASTER		00:20:52
142	61	102	JOVE PORTO , MARCOS JOSÉ	MALE	MASTER		00:20:54
143	21	123	MARTÍNEZ GARCÍA-BERNALT , HELENA	FEMALE	SENIOR-F		00:20:56
144	25	201	VILA PARDO DE DONLEBÚN , CRISTINA	FEMALE	MASTER-F		00:21:01
145	22	17	AMENEIRO CASAL , CARLOTA	FEMALE	SENIOR-F		00:21:24
146	23	2	ACEA OTERO , GEMA	FEMALE	SENIOR-F		00:21:36
147	62	180	SANTALLA FELGUEIRAS , JUAN LUIS	MALE	MASTER		00:21:47
148	24	80	FUSTÉ ZARAGOZA , CLAUDIA	FEMALE	SENIOR-F		00:21:55
149	26	126	MARTÍNEZ VEGA , BEATRIZ	FEMALE	MASTER-F	CLUB BENI GYM SPORT	00:21:55
150	25	62	DÍAZ LÓPEZ , PAULA	FEMALE	SENIOR-F		00:21:55
151	26	75	FERNÁNDEZ VÁZQUEZ , ALBA	FEMALE	SENIOR-F		00:22:03
152	38	179	SANTALLA CASTELO , PABLO	MALE	SENIOR		00:22:03
153	27	42	CASAL GUDÍN , LETICIA	FEMALE	SENIOR-F		00:22:10
154	39	68	FERNANDEZ BELLÓN , IVÁN	MALE	SENIOR		00:22:20
155	27	72	FERNÁNDEZ MARTÍNEZ , PAULA	FEMALE	MASTER-F		00:22:26
156	40	127	MEIRA GESTOSO , XACOBO	MALE	SENIOR		00:22:36
157	63	105	LANDERAS VAZQUEZ , RAFAEL	MALE	MASTER	OPA FERROL TEAM RUNNING	00:22:45
158	28	104	LANDERAS GUNDIN , SOFIA	FEMALE	SENIOR-F		00:22:46
159	29	165	RIVAS TENREIRO , ARANTZA	FEMALE	SENIOR-F	A.D. NÁUTICO NARÓN	00:22:48

A TRINTAEUNODOCE" (SAN SILVESTRE NARONESA) 2024

31/12/2024

- ABSOLUTA -



POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META
160	41	63	DÍAZ RODRÍGUEZ , ANDRÉS	MALE	SENIOR	AD NÁUTICO DE NARON	00:22:48
161	28	120	LOUREIRO ANOR , BELEN MARTINA	FEMALE	MASTER-F	A.D. NÁUTICO NARÓN	00:22:48
161	30	131	MERA GONZÁLEZ , IRENE	FEMALE	SENIOR-F	AD NÁUTICO DE NARON	00:22:48
163	64	190	TORRES GÓMEZ , RUBÉN	MALE	MASTER		00:23:10
164	29	207	YÁÑEZ SÁNCHEZ , MARÍA ISABEL	FEMALE	MASTER-F		00:23:10
165	31	98	HERMIDA CARBALLIDO , NATALIA	FEMALE	SENIOR-F		00:23:40
166	32	3	AGRAS CRESPO , MARÍA BELÉN	FEMALE	SENIOR-F		00:23:41

ORGANIZA: Concello de Narón - Padroado de Deportes

COLABORA: AD Náutico de Narón

A TRINTAEUNODOCE" (SAN SILVESTRE NARONESA) 2024

31/12/2024

- PROMOCION -



POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
1	1	312	CAMPOS PACIO , JAVIER	MALE	PROMOCION	A.D. NÁUTICO NARÓN	00:05:31	03:33 min/Km
2	2	333	MEIZOSO FERNANDEZ , DANIEL	MALE	PROMOCION	AD NÁUTICO DE NARON	00:05:39	03:38 min/Km
3	3	310	BENASACH LÓPEZ , MIGUEL	MALE	PROMOCION	TRIATLON FERROL	00:05:50	03:45 min/Km
4	1	332	MARTÍNEZ SENRA , CRISTINA	FEMALE	PROMOCION-F	AD NÁUTICO DE NARON	00:05:51	03:46 min/Km
5	4	302	ÁLVAREZ RODRÍGUEZ , IAGO	MALE	PROMOCION		00:05:59	03:51 min/Km
6	5	306	AMADO , NICOLAS	MALE	PROMOCION	CLUB ATLETISMO SADA	00:06:08	03:57 min/Km
7	2	328	LIEBANAS GARCIA , SARA	FEMALE	PROMOCION-F		00:06:11	03:59 min/Km
8	3	305	ALVITE , LUCIA	FEMALE	PROMOCION-F	TRIATLON FERROL	00:06:15	04:02 min/Km
9	6	301	ÁLVAREZ RODRÍGUEZ , ANTON	MALE	PROMOCION		00:06:43	04:19 min/Km
10	4	309	BENASACH LÓPEZ , CECILIA	FEMALE	PROMOCION-F	TRIATLON FERROL	00:06:44	04:20 min/Km
11	7	331	MARÍN LÓPEZ , FRANCISCO	MALE	PROMOCION	RAW TRAINNING	00:06:48	04:23 min/Km
12	5	315	COLMENERO FERNÁNDEZ , CARLA	FEMALE	PROMOCION-F	TRIATLON FERROL	00:06:50	04:24 min/Km
13	8	319	COUSELO FERNÁNDEZ , ÁLVARO	MALE	PROMOCION		00:07:03	04:32 min/Km
14	6	323	FERNANDEZ CIBEIRA , INES	FEMALE	PROMOCION-F		00:07:03	04:32 min/Km
15	9	330	LÓPEZ GONZÁLEZ , JORGE	MALE	PROMOCION	CLUB TRIATLON CORUÑA	00:07:04	04:33 min/Km
16	10	329	LÓPEZ GONZÁLEZ , JAVIER	MALE	PROMOCION	CLUB TRIATLON CORUÑA	00:07:10	04:37 min/Km
17	7	336	RIVERA MONTERO , LAURA	FEMALE	PROMOCION-F		00:07:14	04:39 min/Km
18	8	321	DÍAZ GRAÑA , LEIRE	FEMALE	PROMOCION-F	OURENSE ATLETISMO	00:07:15	04:40 min/Km
19	11	304	ÁLVAREZ VÁZQUEZ , LEO	MALE	PROMOCION	RÍA DE FERROL	00:07:15	04:40 min/Km
20	9	322	DINIZ LÓPEZ , AINHOA	FEMALE	PROMOCION-F		00:07:20	04:43 min/Km
21	10	344	YAÑEZ AMENEIRO , VEGA	FEMALE	PROMOCION-F	AD NÁUTICO DE NARON	00:07:20	04:43 min/Km
22	11	324	FERNÁNDEZ PÉREZ , LAURA	FEMALE	PROMOCION-F	CONCEPCIÓN ARENAL, RÍA FERROL	00:07:22	04:45 min/Km
23	12	313	CASTRO LÓPEZ , OLIVER	MALE	PROMOCION	AD NÁUTICO DE NARON	00:07:23	04:45 min/Km
24	13	338	RODRÍGUEZ COLLAZO , MARIO	MALE	PROMOCION		00:07:38	04:55 min/Km
25	14	320	CREGO FILGUEIRAS , ROI	MALE	PROMOCION		00:07:44	04:59 min/Km
26	12	343	YAÑEZ AMENEIRO , CLOE	FEMALE	PROMOCION-F	AD NÁUTICO DE NARON	00:07:45	04:59 min/Km
27	13	325	FERNÁNDEZ RIVAS , ITZIAR	FEMALE	PROMOCION-F	A.D. NÁUTICO NARÓN	00:07:46	04:60 min/Km
28	14	339	SERANTES BOUZA , CANDELA	FEMALE	PROMOCION-F	ATLETISMO NARÓN	00:07:46	04:60 min/Km

A TRINTAEUNODOCE" (SAN SILVESTRE NARONESA) 2024

31/12/2024

- PROMOCION -



POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	RITMO
29	15	335	RIOSECO CUERPO , IRENE	FEMALE	PROMOCION-F		00:07:53	05:04 min/Km
30	16	311	CAEIRO MARIÑO , IRIA	FEMALE	PROMOCION-F		00:07:59	05:08 min/Km
31	17	318	COUCE BACELO , ALEJANDRA	FEMALE	PROMOCION-F		00:08:00	05:09 min/Km
32	18	346	PAULIZ BARRO , SARA	MALE	PROMOCION-F		00:08:13	05:17 min/Km
33	19	334	RAMOS LOPEZ , NEREA	FEMALE	PROMOCION-F	AD NÁUTICO NARON	00:08:19	05:21 min/Km
34	20	340	VARELA OTERO , MARIÑA	FEMALE	PROMOCION-F	ESCOLA ATLÉTICA LUCENSE	00:08:55	05:44 min/Km
35	21	341	VIZOSO VARELA , LOLA	FEMALE	PROMOCION-F	AD NÁUTICO DE NARON	00:09:33	06:09 min/Km