

REGULATIONS



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Ourense International Meeting

Saturday, 18th of January 2025

GENDER PROVISIONS

The Galician Athletics Federation (FGA) ensures effective equality between men and women, being one of its fundamental principles. Therefore, the generic masculine references in these regulations will also be understood as referring to the corresponding feminine cases, except for those where a specific distinction is made for one particular gender.

ORGANISERS

The Galician Athletics Federation, in collaboration with the Xunta de Galicia, the Ourense Province Council and the Ourense City Council, will be organising the 1st Ourense Short Track International Athletics Meeting, scheduled for the 18th of January 2025 at Expoureense.



PARTICIPATION AND ADMISSION CRITERIA

Licensed athletes are eligible to participate in the **meeting events**. Admission will be by invitation at the discretion of the organisers.

For **youth events**, participation is open to athletes licensed by the Galician Athletics Federation. Admission criteria will be based on marks achieved in 2024 and 2025.

REGISTRATION

1. **Deadline for meeting events:** Monday 6 January, 8:00 pm

2. **Deadline for youth events:** Sunday 12 January, 8:00 pm

INFORMATION: meeting@atletismo.gal

1. National athletes.

On the RFEA Intranet

2. Foreign athletes:

By emailing the organiser at **meeting@atletismo.gal**, providing the following details:

- 1.Full name.
- 2.Nationality.
- 3.ID card.
- 4.Licence.
- 5.Date of birth.
- 6.Event to participate in.
- 7.Personal best and best mark in 2024.
- 8.Club affiliation.

ADMITTED ATHLETES

The organiser will publish a provisional list of admitted athletes on **8 January 2025**. Coaches and athletes will have 48 hours to report any issues via **meeting@atletismo.gal**. The final list will be published on **10 January 2025**.

A maximum of 10 athletes will be admitted to field events, 24 athletes in the 60m and 60m hurdles events, 12 athletes in the 800m race, 19 in the 1500m race and 8 athletes in the 400m race.

Participation in youth categories will be limited to a maximum of 16 participants in races and 12 athletes in field events. The list of admitted athletes will be published on 13 January 2025.

In the inclusive 60m event, participation will be limited to 8 athletes.

The list will be published on the Galician Athletics Federation website (**www.atletismo.gal**).

The Galician Athletics Federation reserves the right to admit and include athletes.

CONFIRMATION

All athletes must confirm their participation and collect their bib numbers at least 60 minutes before their event begins.

TECHNICAL RULES

The applicable rules are outlined in these regulations.

Any aspects not covered by these rules will be resolved according to the RFEA and World Athletics regulations, respectively.

Competition.

The competition area is exclusively for judges, athletes and volunteers during the entire competition.

Designated warm-up and competition spaces and schedules must be respected at all times.

Athletes must leave their competition area after their event via exits designated by judges or volunteers. Track access and exit shall only be permitted through designated areas.

Long Jump and Shot Put.

In youth categories, there will be 4 attempts.

In senior categories, 3 qualifying attempts will be granted and the top 8 athletes will advance to 3 final attempts, totalling 6.

Pole Vault.

Standards will be set based on the registered athletes and RFEA minimums for international short-track championships in 2025. The World Athletics minimum of 5.85m will apply.

Races.

In 60m and 60m hurdles, there will be heats and finals.

The top two athletes from each heat, along with the next two fastest times, will advance to the final.

In the 400m race, there will be an A final and a B final, both scoring events, with the top three athletes from all heats determined by time (4 athletes per heat). In the 800m and 1500m, there will be an A final, which will be scored and have prizes, and a B final, which will not be scored. In A finals, pacemakers will be provided. The pacemaker's lap times will be determined by the athletes before the race begins.

800m: 6 athletes per heat (6 athletes + 1 pacemaker in the A final).

1500m: 10 athletes per heat (9 athletes + 1 pacemaker in the A final).

Approval.

For the approval of equipment, it must be presented 60 minutes before the event begins.

Any aspects not covered by these rules will be resolved according to the FGA, RFEA and World Athletics regulations, respectively.

TRAVEL AND ACCOMMODATION ASSISTANCE

Once admission and participation in the competition have been confirmed, expenses for one night of accommodation may be reimbursed for athletes not residing in Galicia who are ranked in the top 3 of the RFEA 2024 short-track ranking for the registered event. Reimbursement will require a prior request via meeting@atletismo.gal. Travel expenses for these athletes will be assessed on a case-by-case basis following a prior request and will be reimbursed via bank transfer upon submission of relevant payment receipts and invoices, up to a maximum of €70 per athlete.

For foreign athletes, cases will be assessed individually, provided they meet the required minimum level (marks equivalent to the top 3 positions in the current Spanish ranking).

BIB COLLECTION

Bib numbers must be collected by the athlete, club delegate or authorised person at the location designated by the organisers at least one hour before the event begins.

During the competition, and particularly when entering the call room, athletes must present their digital federation licence or an identity document.

MEDICAL SERVICES - ANTI-DOPING CONTROL

An ambulance and medical services will be available.

There will be anti-doping control.

MEETING EVENTS

Men:

60m hurdles

400m

800m

Pole Vault

Women:

60m

1500m

Shot Put

Long Jump

PRIZES

Meeting events:

€600 for 1st place

€400 for 2nd place

€250 for 3rd place

Additionally, the best male and female performances of the meeting, according to the Hungarian scoring table, will receive €500.

Please, note that it is mandatory to be present at the award ceremony.

Prizes will not be awarded until the results of the anti-doping control are available.

PROVISIONAL SCHEDULE

CALL ROOM

OPENING	CLOSING	ENTRY TO TRACK	EVENT TIME	EVENT
15:30	15:35	15:40	16:00	Long Jump S14 W
15:44	15:49	15:54	16:00	50 S10 M
15:30	15:35	15:40	16:00	Shot Put S12 M
15:30	15:35	15:40	16:00	Shot Put S12 W
15:50	15:55	16:00	16:06	50 S10 M
15:56	16:01	16:06	16:12	50 S10 W
16:02	16:07	16:12	16:18	50 S10 W
16:08	16:13	16:18	16:24	60 S12 M
16:14	16:19	16:24	16:30	60 S12 M
16:20	16:25	16:30	16:36	60 S12 W
16:26	16:31	16:36	16:42	60 S12 W
16:32	16:37	16:42	16:48	60 S14 M
16:38	16:43	16:48	16:54	60 S14 M
16:44	16:49	16:54	17:00	60 S14 W
16:50	16:55	17:00	17:06	60 S14 W
16:30	16:35	16:40	17:00	Long Jump S14 M
16:56	17:01	17:06	17:12	500 S10 M
17:02	17:07	17:12	17:18	500 S10 W
17:08	17:13	17:18	17:24	500 S12 M
17:14	17:19	17:24	17:30	500 S12 W
17:20	17:25	17:30	17:36	500 S14 M
17:26	17:31	17:36	17:42	500 S14 W
17:52	17:57	18:02	18:10	60m Inclusive Men
18:02	18:07	18:12	18:20	60m Inclusive Women
17:45	17:50	17:55	18:35	Pole Vault Men
18:18	18:23	18:28	18:36	60m Semifinals Women
18:25	18:30	18:35	18:43	60m Semifinals Women
18:32	18:37	18:42	18:50	60m Semifinals Women
18:20	18:25	18:30	19:00	Shot Put Women
18:49	18:54	18:59	19:07	60m Hurdles Semifinals Men
18:58	19:03	19:08	19:16	60m Hurdles Semifinals Men
18:40	18:45	18:50	19:20	Long Jump Women
19:07	19:12	19:17	19:25	60m Hurdles Semifinals Men
19:16	19:21	19:26	19:34	800 Final B Men
19:23	19:28	19:33	19:41	800 Final A Men
19:33	19:38	19:43	19:51	1500 Final B Women
19:42	19:47	19:52	20:00	1500 Final A Women
19:54	19:59	20:04	20:12	60m Finals Women
20:04	20:09	20:14	20:22	400 Final B Men
20:12	20:17	20:22	20:30	400 Final A Men
20:22	20:27	20:32	20:40	60m Hurdles Final Men

FURTHER INFORMATION



I Meeting Internacional de Ourense en Pista Curta

30/11/2024 - Ourense (Ourense)

✦ Federación Galega de Atletismo



Instagram (@meetingourense)

Instagram photos and videos

 [instagram.com](https://www.instagram.com/meetingourense)



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