

Pl.	Dor	Apelidos	Nome	Club	Sx	Cat	Carreira	A porteliña	O Fito	Tiempo	Diferencia	Ritmo	Por cat.	Clasif.
1	46	GARCIA GONZALEZ	Roberto	TRIBU TRAIL	M		Maraton das Seimeiras	0:36:19 (2)	3:08:42 (1,+1)	3:45:52	-	05:39		1º M
2	4	DIEGUEZ QUIROGA	Ruben		M		Maraton das Seimeiras	0:35:23 (1)	3:09:08 (2,-1)	3:50:17	+4:25	05:46		2º M
3	81	LASO VÁZQUEZ	Xenxo	ATLETISMO ARENTEIRO	M		Maraton das Seimeiras	0:39:45 (6)	3:18:52 (3,+3)	3:59:45	+13:53	05:59		3º M
4	62	SANGIAO	Iván	C.D. BIOSBARDO	M		Maraton das Seimeiras	0:39:56 (8)	3:25:35 (6,+2)	4:04:18	+18:26	06:07		4º M
5	80	ESCUERO	Adrián		M		Maraton das Seimeiras	0:39:00 (5)	3:21:27 (4,+1)	4:05:08	+19:16	06:08		5º M
6	57	PERNAS PARAPAR	Carlos	PEÑA LAR TRAIL	M		Maraton das Seimeiras	0:37:17 (4)	3:24:43 (5,-1)	4:06:05	+20:13	06:09		6º M
7	31	PAZÓ GIRALDEZ	Daniel	ATLETISMO BAIONA	M		Maraton das Seimeiras	0:37:07 (3)	3:25:57 (7,-4)	4:08:19	+22:27	06:13		7º M
8	63	MANEIRO FREIRE	Victor	CDM VÉRTICE	M	VET M	Maraton das Seimeiras	0:40:39 (11)	3:27:56 (8,+3)	4:09:35	+23:43	06:14	1º VET M	8º M
9	64	RODRIGUEZ FERNANDEZ	Xosemaria	SD COMPOSTELA ATLETISMO	M	VET M	Maraton das Seimeiras	0:42:00 (16)	3:30:48 (9,+7)	4:11:02	+25:10	06:17	2º VET M	9º M
10	71	TREINTA MIRANDA	Miguel	CORNELIOS	M		Maraton das Seimeiras	0:40:06 (9)	3:30:50 (10,-1)	4:12:41	+26:49	06:19		10º M
11	52	ÁLVAREZ ÁLVAREZ	José Luis	LA PATANA	M	VET M	Maraton das Seimeiras	0:39:48 (7)	3:32:03 (12,-5)	4:14:55	+29:03	06:22	3º VET M	11º M
12	68	GONZÁLEZ GONZÁLEZ	Alejandro	NOSPORTLIMIT	M		Maraton das Seimeiras	0:40:28 (10)	3:31:39 (11,-1)	4:16:32	+30:40	06:25		12º M
13	27	MENENDEZ PEREZ	Cristian	AVIENTU	M		Maraton das Seimeiras	0:42:01 (17)	3:36:11 (14,+3)	4:18:14	+32:22	06:28		13º M
14	47	VARELA PAZ	Borja	CDM XESTEIRAS	M		Maraton das Seimeiras	0:41:10 (12)	3:32:36 (13,-1)	4:22:21	+36:29	06:34		14º M
15	105	BARREIRO VAZQUEZ	Ramon	CDM VÉRTICE	M		Maraton das Seimeiras	0:42:15 (20)	3:40:16 (15,+5)	4:22:36	+36:44	06:34		15º M
16	56	CASTAÑÓN DÍAZ	Carlos		M		Maraton das Seimeiras	0:41:14 (13)	3:40:22 (16,-3)	4:26:10	+40:18	06:39		16º M
17	61	GARCÍA IGLESIAS	Luis	CUETO DEL OSO	M		Maraton das Seimeiras	0:41:47 (14)	3:43:47 (18,-4)	4:28:40	+42:48	06:43		17º M
18	87	SOTO LOPEZ	Manuel	ATLETISMO BOIMORTO	M	VET M	Maraton das Seimeiras	0:43:02 (23)	3:43:04 (17,+6)	4:29:20	+43:28	06:44	4º VET M	18º M
19	69	ALONSO	Samuel	NOSPORTLIMIT	M		Maraton das Seimeiras	0:41:50 (15)	3:44:08 (21,-6)	4:31:03	+45:11	06:47		19º M
20	90	PEREZ RODRÍGUEZ	Jose Manuel	ATLETISMO ARENTEIRO	M	VET M	Maraton das Seimeiras	0:43:00 (22)	3:44:00 (19,+3)	4:31:23	+45:31	06:47	5º VET M	20º M
21	96	PÉREZ PÉREZ	Jonathan	C.D. BIOSBARDO	M		Maraton das Seimeiras	0:42:04 (19)	3:44:05 (20,-1)	4:32:24	+46:32	06:49		21º M
22	53	IGLESIAS COTELO	Borja	PULPEIROS	M		Maraton das Seimeiras	0:44:56 (31)	3:47:39 (24,+7)	4:32:56	+47:04	06:49		22º M
23	86	RODRÍGUEZ BERMÚDEZ	Xoan	CLUB MONTAÑA TERRAS DE BURÓN	M	VET M	Maraton das Seimeiras	0:44:51 (30)	3:47:46 (25,+5)	4:33:00	+47:08	06:49	6º VET M	23º M
24	54	VEGA COBO	David	CORREOMONTES BIERZO TRAIL	M		Maraton das Seimeiras	0:43:55 (24)	3:47:01 (23,+1)	4:33:45	+47:53	06:50		24º M
25	101	NIÑO	Carolina	.	F	VET F	Maraton das Seimeiras	0:44:39 (29)	3:45:43 (22,+7)	4:34:09	+48:17	06:51	Absoluta 1º	1º F
26	38	ALBORÉS MÍGUEZ	Jorge	ATLETISMO BAIONA	M	VET M	Maraton das Seimeiras	0:44:25 (27)	3:55:34 (29,-2)	4:40:17	+54:25	07:01	7º VET M	25º M
27	82	GARRIDO FERNANDEZ	Fito	CLUB BURGAS OURENSE	M	VET M	Maraton das Seimeiras	0:45:21 (34)	3:55:56 (30,+4)	4:41:23	+55:31	07:02	8º VET M	26º M
28	6	PENA	Rubén	CD 21 LEGUAS	M		Maraton das Seimeiras	0:47:12 (39)	3:54:49 (28,+11)	4:41:47	+55:55	07:02		27º M
29	51	ÁLVAREZ GARCÍA	Fernando	A.D.C A BOUTUREIRA	M	VET M	Maraton das Seimeiras	0:45:20 (33)	3:54:41 (27,+6)	4:41:48	+55:56	07:02	9º VET M	28º M
30	8	SENRA EIROA	David	CLUB ATLETISMO SADA	M		Maraton das Seimeiras	0:42:03 (18)	3:52:06 (26,-8)	4:42:22	+56:30	07:04		29º M
31	94	LODEIRO FEAL	Rubén	TRAILEROS TOXOS E BIRRAS	M	VET M	Maraton das Seimeiras	0:45:06 (32)	3:57:38 (35,-3)	4:43:22	+57:30	07:05	10º VET M	30º M
32	16	LOPEZ LOPEZ	Iago	TRAILEROS TOXOS E BIRRAS	M		Maraton das Seimeiras	0:45:50 (38)	3:57:37 (34,+4)	4:43:22	+57:30	07:05		31º M
33	44	PIÑEIRO REY	Arturo		M	VET M	Maraton das Seimeiras	0:45:36 (35)	3:56:33 (32,+3)	4:43:53	+58:01	07:06	11º VET M	32º M
34	83	GARCIA RODRIGUEZ	Jorge Manuel	NOITEBRA FC	M	VET M	Maraton das Seimeiras	0:42:19 (21)	3:56:36 (33,-12)	4:44:07	+58:15	07:06	12º VET M	33º M
35	91	TÉLO FERNÁNDEZ	Henrique	TRIATLON CIDADE DE LUGO FLUVIAL	M		Maraton das Seimeiras	0:44:26 (28)	3:58:34 (37,-9)	4:45:46	+59:54	07:08		34º M
36	37	BOUZA GARCIA	Bruno	CLUB ATLETISMO LOURENZÁ	M		Maraton das Seimeiras	0:44:01 (25)	3:56:07 (31,-6)	4:45:57	+1:00:05	07:09		35º M
37	89	RIVERA CAMBA	Ricardo	ASESOU	M		Maraton das Seimeiras	0:44:19 (26)	3:57:38 (36,-10)	4:47:55	+1:02:03	07:12		36º M
38	58	PEREIRA GUTIÉRREZ	Emilio José	TRIBU TRAIL	M		Maraton das Seimeiras	0:47:24 (40)	4:05:56 (38,+2)	4:51:48	+1:05:56	07:18		37º M
39	34	ORTIZ DOMÍNGUEZ	Miguel Ángel	A CABRA TIRA O MONTE	M	VET M	Maraton das Seimeiras	0:47:36 (42)	4:08:16 (40,+2)	4:55:34	+1:09:42	07:23	13º VET M	38º M
40	39	FERNÁNDEZ TORRES	Luis Ángel	TOXIZA CLUBE DE MONTAÑA	M	VET M	Maraton das Seimeiras	0:47:41 (44)	4:08:29 (41,+3)	4:58:37	+1:12:45	07:28	14º VET M	39º M
41	32	LORENZO PRIETO	Marcos	CD 21 LEGUAS	M	VET M	Maraton das Seimeiras	0:45:43 (36)	4:12:10 (43,-7)	5:02:13	+1:16:21	07:34	15º VET M	40º M
42	7	ALONSO CABALEIRO	Antonio	CD 21 LEGUAS	M		Maraton das Seimeiras	0:47:38 (43)	4:08:12 (39,+4)	5:02:44	+1:16:52	07:34		41º M
43	48	LEMA CAAMAÑO	Ruben		M		Maraton das Seimeiras	0:45:47 (37)	4:09:04 (42,-5)	5:03:30	+1:17:38	07:35		42º M
44	102	ÁLVAREZ-BUYLLA DE LA UZ	Julio	GMTA&CHUVONERS	M	VET M	Maraton das Seimeiras	0:48:29 (48)	4:23:02 (44,+4)	5:12:50	+1:26:58	07:49	16º VET M	43º M
45	106	COUTO NAYA	Diego	AD JARNACHAS	M	VET M	Maraton das Seimeiras	0:52:32 (57)	4:26:19 (47,+10)	5:13:18	+1:27:26	07:50	17º VET M	44º M
46	79	REY SOUTO	Jesús Enrique	ATLETISMO BOIMORTO	M	VET M	Maraton das Seimeiras	0:52:44 (59)	4:24:55 (46,+13)	5:13:19	+1:27:27	07:50	18º VET M	45º M
47	103	MARQUEZ RODRIGUEZ	Julio	RUNNING SPORT TRAIL	M	VET M	Maraton das Seimeiras	0:48:13 (46)	4:23:03 (45,+1)	5:15:35	+1:29:43	07:53	19º VET M	46º M
48	14	TEIJEIRO LÓPEZ	Pablo	CLUB TRIATLON CORUÑA-GMTA&CHUVONERS	M	VET M	Maraton das Seimeiras	0:51:49 (56)	4:29:31 (51,+5)	5:19:21	+1:33:29	07:59	20º VET M	47º M

49	1 RODRIGUEZ MARTINEZ	Loreto	ATLETISMO BAIONA	F		Maraton das Seimeiras	0:48:42 (51)	4:28:23 (48,+3)	5:21:16	+1:35:24	08:02	2° F
50	65 FIGUEROA FIGUEROA	Maria Del Rosario	CLUB ATLETISMO SAMERTOLOMEU	F		Maraton das Seimeiras	0:48:41 (50)	4:32:48 (53,-3)	5:21:19	+1:35:27	08:02	3° F
51	99 CHARRO FERNÁNDEZ	Andrés		M	VET M	Maraton das Seimeiras	0:50:34 (54)	4:28:26 (50,+4)	5:23:26	+1:37:34	08:05	21° VET M
52	74 RODRIGUEZ VIDAL	Belén	RUNNING SPORT TRAIL	F	VET F	Maraton das Seimeiras	0:51:25 (55)	4:30:30 (52,+3)	5:24:20	+1:38:28	08:07	1° VET F
53	93 VICENTE DIAZ	Jorge		M		Maraton das Seimeiras	0:47:36 (41)	4:28:24 (49,-8)	5:27:03	+1:41:11	08:11	49° M
54	3 MÉNDEZ	Sonia	TOXIZA CLUBE DE MONTAÑA	F		Maraton das Seimeiras	0:48:49 (52)	4:35:42 (54,-2)	5:28:50	+1:42:58	08:13	5° F
55	100 SANCHEZ DIAZ	Javier	OS COMADISTAS	M	VET M	Maraton das Seimeiras	0:49:43 (53)	4:36:10 (56,-3)	5:29:45	+1:43:53	08:14	22° VET M
56	36 MONTAÑA COSTAS	Bernardo	TRAILEROS TOXOS E BIRRAS	M		Maraton das Seimeiras	0:48:27 (47)	4:39:05 (57,-10)	5:36:35	+1:50:43	08:25	51° M
57	40 NAVAS SOLORZANO	Diego	SENENCHALLENGE	M		Maraton das Seimeiras	0:48:39 (49)	4:41:56 (59,-10)	5:38:42	+1:52:50	08:28	52° M
58	10 RODRÍGUEZ GARCÍA	Alberto	PURAVIDA	M	VET M	Maraton das Seimeiras	0:53:05 (62)	4:41:11 (58,+4)	5:38:43	+1:52:51	08:28	23° VET M
59	19 MUIÑO PIÑEIRO	Gabriel	CD 21 LEGUAS	M		Maraton das Seimeiras	0:48:11 (45)	4:36:07 (55,-10)	5:39:51	+1:53:59	08:30	54° M
60	43 LEAL LOPEZ	Bruno	C.D. CAMOVI	M		Maraton das Seimeiras	0:52:37 (58)	4:45:56 (60,-2)	5:43:12	+1:57:20	08:35	55° M
61	25 ESTÉVEZ RIVERO	Antonio	CLUB ATLETISMO SADA	M	VET M	Maraton das Seimeiras	0:52:45 (60)	4:50:56 (62,-2)	5:43:47	+1:57:55	08:35	24° VET M
62	49 HURTADO CAMPO	Eneko	C.D. BIOSBARDO	M		Maraton das Seimeiras	0:56:26 (72)	4:51:56 (63,+9)	5:51:23	+2:05:31	08:47	57° M
63	35 RODRÍGUEZ BUENO	Ángel		M		Maraton das Seimeiras	0:55:39 (71)	4:52:23 (64,+7)	5:51:24	+2:05:32	08:47	58° M
64	15 TEJEDOR MUNUERA	Ricardo	FIND YOUR EVEREST TEAM	M	VET M	Maraton das Seimeiras	0:54:59 (67)	4:55:55 (65,+2)	5:53:52	+2:08:00	08:51	25° VET M
65	11 CAYUELA MIGUEL	Juan	CLUB ATLETISMO SADA	M		Maraton das Seimeiras	0:52:50 (61)	4:48:32 (61)	5:54:05	+2:08:13	08:51	60° M
66	17 BRANCO DA CRUZ	Rui	MIRANDELA A CORRER	M	VET M	Maraton das Seimeiras	0:54:59 (65)	4:58:03 (67,-2)	5:57:08	+2:11:16	08:56	26° VET M
67	28 SILVA	Helder	MIRANDELA A CORRER	M	VET M	Maraton das Seimeiras	0:55:04 (68)	4:58:00 (66,+2)	5:57:08	+2:11:16	08:56	27° VET M
68	92 PALOMANES RODRÍGUEZ	Xosé Inacio	RUNNING SPORT TRAIL OURENSE	M	VET M	Maraton das Seimeiras	0:55:32 (70)	5:10:33 (68,+2)	6:06:37	+2:20:45	09:10	28° VET M
69	95 VILAR GARCÍA	Jose Luis	CLUB ATLETISMO SADA	M	VET M	Maraton das Seimeiras	0:59:07 (82)	5:24:07 (74,+8)	6:12:20	+2:26:28	09:19	29° VET M
70	78 FUENTE ALONSO	Damian	ROOMSPORT-BOUTIQUE	M		Maraton das Seimeiras	0:55:31 (69)	5:12:53 (69)	6:15:21	+2:29:29	09:23	65° M
71	45 RODRÍGUEZ CARRACEDO	Lydia	AD CERNE	F		Maraton das Seimeiras	0:53:56 (63)	5:17:05 (72,-9)	6:16:18	+2:30:26	09:25	6° F
72	77 NOVOA BARBOSA	Monica	BOX 001 OURENSE RUNMANIAK	F	VET F	Maraton das Seimeiras	1:00:47 (88)	5:17:00 (70,+18)	6:16:19	+2:30:27	09:25	2° VET F
73	18 ANIDO COUCE	Pablo	NOSPORTLIMIT	M		Maraton das Seimeiras	0:54:59 (66)	5:17:00 (71,-5)	6:18:52	+2:33:00	09:28	66° M
74	84 BLANCO PENA	Fina	CLUB ATLETISMO SAR	F	VET F	Maraton das Seimeiras	1:02:34 (93)	5:23:21 (73,+20)	6:20:14	+2:34:22	09:31	3° VET F
75	88 BLÁZQUEZ SUAREZ	Jesús Alberto		M	VET M	Maraton das Seimeiras	0:54:41 (64)	5:33:06 (75,-11)	6:33:17	+2:47:25	09:50	30° VET M
76	9 ALBA SARIO	Marcos		M		Maraton das Seimeiras	0:58:45 (78)	5:38:32 (77,+1)	6:34:06	+2:48:14	09:51	68° M
77	5 ALEJANDRE OJEA	Chus	KÓRPORE ARENTEIRO TRAIL	F	VET F	Maraton das Seimeiras	1:01:03 (90)	5:37:06 (76,+14)	6:39:32	+2:53:40	09:59	4° VET F
78	73 FONTÁN PÉREZ	Arturo Norberto		M	VET M	Maraton das Seimeiras	0:59:00 (81)	5:47:09 (83,-2)	6:44:13	+2:58:21	10:07	31° VET M
79	30 MUÑOZ CASTILLO	Fran	MT3 MADRID TRAIL	M		Maraton das Seimeiras	0:58:26 (76)	5:50:23 (85,-9)	6:44:32	+2:58:40	10:07	70° M
80	75 RODRÍGUEZ LORENZO	Manuel		M	VET M	Maraton das Seimeiras	1:00:40 (86)	5:40:20 (81,+5)	6:50:24	+3:04:32	10:16	32° VET M
81	26 FERNÁNDEZ LÓPEZ	José Ramón		M	VET M	Maraton das Seimeiras	1:01:15 (91)	5:40:12 (78,+13)	6:50:26	+3:04:34	10:16	33° VET M
82	24 NIGORRA CARO	Xisco	TOXIZA CLUBE DE MONTAÑA	M		Maraton das Seimeiras	1:00:40 (87)	5:40:15 (80,+7)	6:50:28	+3:04:36	10:16	73° M
83	29 VARELA PINTOS	Mauro		M	VET M	Maraton das Seimeiras	1:01:01 (89)	5:40:14 (79,+10)	6:50:28	+3:04:36	10:16	34° VET M
84	59 FERNANDEZ GARRIDO	Antonio	AVIVA SPORT CLUB	M	VET M	Maraton das Seimeiras	1:00:39 (85)	5:40:27 (82,+3)	6:50:33	+3:04:41	10:16	35° VET M
85	60 FORMOSO PRADO	Alejandro		M	VET M	Maraton das Seimeiras	0:57:45 (74)	5:54:21 (87,-13)	6:51:51	+3:05:59	10:18	36° VET M
86	66 ESTÉVEZ ALONSO	Raquel	CLUB PINARIUN	F	VET F	Maraton das Seimeiras	0:56:58 (73)	5:55:26 (88,-15)	6:54:49	+3:08:57	10:22	5° VET F
87	85 PORTO GARCÍA	Noe		F	VET F	Maraton das Seimeiras	1:09:34 (97)	5:54:09 (86,+11)	6:54:53	+3:09:01	10:22	6° VET F
88	70 LOPEZ VAZQUEZ	Oscar		M		Maraton das Seimeiras	1:01:44 (92)	5:49:39 (84,+8)	6:57:47	+3:11:55	10:26	77° M
89	42 GONZÁLEZ NOVOA	Manuel	CA BOIMORTO	M	VET M	Maraton das Seimeiras	1:04:59 (95)	6:03:52 (89,+6)	7:10:31	+3:24:39	10:46	37° VET M
90	200 CASTIÑEIRA REDONDO	Antón	CLUB MONTAÑA TERRAS DE BURÓN	M		Maraton das Seimeiras	1:10:19 (98)	6:50:00 (93,+5)	7:29:20	+3:43:28	11:14	79° M
91	97 BELLAS CAAVEIRO	Ramon	CLUB DE MONTAÑA O CAXADO	M	VET M	Maraton das Seimeiras	0:58:28 (77)	6:18:03 (92,-15)	7:29:31	+3:43:39	11:14	38° VET M
92	72 MARTINEZ RODRIGUEZ	Jose	AD MOAL	M	VET M	Maraton das Seimeiras	1:00:19 (84)	6:17:59 (91,-7)	7:29:33	+3:43:41	11:14	39° VET M
93	55 QUINDIMIL GARCÍA	Jorge Adrián	CLUB ATLETISMO TAMBRE	M		Maraton das Seimeiras	1:05:02 (96)	6:12:30 (90,+6)	7:29:53	+3:44:01	11:15	82° M

Abandonos (5)												
DNF	33 ANTA BORRAJO	Jonatan	CLUB ATLETISMO SADA	M		Maraton das Seimeiras	0:59:25 (83)					Abandono
DNF	13 QUINTANA SUÁREZ	Isaac	FIGUERAS SOLIDARIO TEAM	M	VET M	Maraton das Seimeiras	0:57:59 (75)					Abandono
DNF	22 COUCEIRO MARTÍNEZ	Ramón	AD JARNACHAS	M	VET M	Maraton das Seimeiras	0:58:46 (79)					Abandono
DNF	21 FERNANDEZ VIEITEZ	Oscar	AD JARNACHAS	M	VET M	Maraton das Seimeiras	0:58:57 (80)					Abandono
DNF	41 COUTO ARNAIZ	Luis	CLUB DE MONTAÑA O CAXADO	M	VET M	Maraton das Seimeiras	1:04:34 (94)					Abandono

Trail Terras de Burón 2025

Resultados

Pl.	Dor	Apelidos	Nome	Club	Sx	Cat	Carrera	A porteliña	Vilagocende	O Fito	Tiempo	Diferencia	Ritmo	Por cat.	Clasif.
1	251	OTERO IGLESIAS	Alexandre	S.D. BARBANTIA RODA	M		Trail da Seimeiras	0:35:21 (1)	1:40:43 (1)	2:05:19 (1)	2:39:06	-	05:18		1º M
2	203	GÓMEZ LAMAS	Rubén	CLUB ATLETISMO PINO	M		Trail da Seimeiras	0:36:56 (3)	1:44:16 (2,+1)	2:09:59 (2)	2:45:07	+6:01	05:30		2º M
3	209	INSUA DIAZ	Ruben	ASOCIACIÓN DEPORTIVA OLIMPIA	M		Trail da Seimeiras	0:36:56 (4)	1:44:19 (3,+1)	2:10:52 (3)	2:46:19	+7:13	05:32		3º M
4	280	GARCÍA GONZÁLEZ	Jaime	ADC MONTE BREAMO	M		Trail da Seimeiras	0:37:07 (6)	1:44:31 (4,+2)	2:10:53 (4)	2:47:02	+7:56	05:34		4º M
5	206	LOSADA CONDE	Federico	C.D. BIOSBARDO	M	VET M	Trail da Seimeiras	0:36:15 (2)	1:45:14 (5,-3)	2:12:13 (5)	2:49:32	+10:26	05:39	1º VET M	5º M
6	281	MIGUEZ ÁLVAREZ	Diego	CLUB ATLETISMO PORRIÑO	M		Trail da Seimeiras	0:38:01 (8)	1:49:29 (6,+2)	2:17:09 (7,-1)	2:52:37	+13:31	05:45		6º M
7	205	FONTÁN ARNEJO	Jose Martín	CLUB ATLETISMO PORRIÑO	M		Trail da Seimeiras	0:37:55 (7)	1:49:53 (8,-1)	2:16:59 (6,+2)	2:54:32	+15:26	05:49		7º M
8	366	CARDAMAS FREIRE	Bruno	TRAILEROS TOXOS E BIRRAS	M		Trail da Seimeiras	0:38:28 (11)	1:50:13 (9,+2)	2:17:30 (8,+1)	2:55:34	+16:28	05:51		8º M
9	372	PASCUAL FIDALGO	Marcos Antonio	C.D. BIOSBARDO	M		Trail da Seimeiras	0:37:05 (5)	1:49:43 (7,-2)	2:18:02 (9,-2)	2:57:24	+18:18	05:55		9º M
10	250	FERNANDEZ FRADE	Felix	WOLVES RUN PROJECT	M		Trail da Seimeiras	0:39:13 (16)	1:52:58 (12,+4)	2:21:02 (10,+2)	2:57:44	+18:38	05:55		10º M
11	253	PIÑEIRO FIEL	Manuel	CLUB ATLETISMO CAMBADOS	M		Trail da Seimeiras	0:38:09 (9)	1:53:06 (13,-4)	2:22:35 (11,+2)	3:00:53	+21:47	06:02		11º M
12	296	GONZÁLEZ DOMÍNGUEZ	José Daniel	CLUB ATLETISMO PORRIÑO	M		Trail da Seimeiras	0:38:43 (13)	1:53:49 (15,-2)	2:23:52 (13,+2)	3:03:51	+24:45	06:08		12º M
13	282	ARIAS COSTAS	Dario	CLUB ATHLETICS FISIOTERAPIA SAN LAZARO	M	VET M	Trail da Seimeiras	0:39:00 (15)	1:54:21 (16,-1)	2:24:52 (17,-1)	3:04:03	+24:57	06:08	2º VET M	13º M
14	222	BREIJO MARTÍNEZ	Yago	CDM XESTEIRAS	M		Trail da Seimeiras	0:38:41 (12)	1:53:32 (14,-2)	2:24:44 (14)	3:04:24	+25:18	06:09		14º M
15	230	BARAJA GUERRA	Luis	KM VERTICAL TORRELAVEGA	M		Trail da Seimeiras	0:39:51 (20)	1:54:45 (17,+3)	2:24:52 (16,+1)	3:05:16	+26:10	06:11		15º M
16	218	MONTES LOMBAO	Iván		M		Trail da Seimeiras	0:39:26 (18)	1:55:34 (20,-2)	2:26:22 (19,+1)	3:07:38	+28:32	06:15		16º M
17	261	FLÓREZ PÉREZ	Andrés	CLUB ATLETISMO SADA	M		Trail da Seimeiras	0:38:19 (10)	1:52:04 (10)	2:22:35 (12,-2)	3:08:24	+29:18	06:17		17º M
18	347	CAMBLOIR QUIRÓS	Miguel	MARINEDA ATLÉTICO	M	VET M	Trail da Seimeiras	0:40:30 (25)	1:57:04 (22,+3)	2:27:37 (20,+2)	3:08:33	+29:27	06:17	3º VET M	18º M
19	404	RODRÍGUEZ ROGINA	Pablo	DESNIVAL	M		Trail da Seimeiras	0:39:43 (19)	1:55:20 (19)	2:27:44 (21,-2)	3:08:33	+29:27	06:17		19º M
20	235	DIEGUEZ CASTRO	Ivan	LLOSORIO TRAIL RUNNING	M	VET M	Trail da Seimeiras	0:40:12 (24)	1:57:38 (24)	2:29:08 (23,+1)	3:09:37	+30:31	06:19	4º VET M	20º M
21	374	PASCUAL FIDALGO	Francisco	C.D. BIOSBARDO	M		Trail da Seimeiras	0:38:49 (14)	1:52:52 (11,+3)	2:24:49 (15,-4)	3:11:19	+32:13	06:23		21º M
22	249	MORENO COUTO	Aaron	TOXIZA CLUBE DE MONTAÑA	M		Trail da Seimeiras	0:39:55 (22)	1:56:04 (21,+1)	2:28:54 (22,-1)	3:11:23	+32:17	06:23		22º M
23	301	PAZ PÉREZ	Josemi	TRIBU TRAIL	M		Trail da Seimeiras	0:39:53 (21)	1:54:52 (18,+3)	2:25:31 (18)	3:12:05	+32:59	06:24		23º M
24	252	PÉREZ PÉREZ	Manuel	ESCOLAS DEPORTIVAS LOURENZÁ	M		Trail da Seimeiras	0:40:50 (29)	1:58:47 (25,+4)	2:30:11 (25)	3:13:15	+34:09	06:26		24º M
25	373	ESPÍN ARIAS	Pablo	ABRENTE LUGO	M	VET M	Trail da Seimeiras	0:40:43 (28)	2:00:01 (26,+2)	2:30:46 (26)	3:13:55	+34:49	06:28	5º VET M	25º M
26	247	BARCA	Ivan	C.D. BIOSBARDO	M		Trail da Seimeiras	0:43:29 (41)	2:04:46 (35,+6)	2:35:52 (30,+5)	3:18:32	+39:26	06:37		26º M
27	279	GOMEZ GOMEZ	Carlos	RUNNING SPORT TRAIL	M		Trail da Seimeiras	0:43:19 (40)	2:02:38 (32,+8)	2:35:16 (28,+4)	3:18:42	+39:36	06:37		27º M
28	400	SUÁREZ GONZÁLEZ	Pedro	ASTURPRO	M		Trail da Seimeiras	0:40:40 (27)	2:00:32 (27)	2:33:54 (27)	3:19:00	+39:54	06:38		28º M
29	211	FERNÁNDEZ RIVAS	José Antonio	ESCOLAS DEPORTIVAS LOURENZÁ	M		Trail da Seimeiras	0:41:08 (31)	2:01:13 (28,+3)	2:36:08 (32,-4)	3:19:40	+40:34	06:40		29º M
30	394	CRESPO FERREIROA	Agustín	GTR GALAICO TRAIL RUN	M		Trail da Seimeiras	0:41:12 (32)	2:03:53 (33,-1)	2:36:10 (34,-1)	3:20:09	+41:03	06:40		30º M
31	254	REIGOSA GARCIA	Martin	TOXIZA CLUBE DE MONTAÑA	M		Trail da Seimeiras	0:43:54 (48)	2:07:05 (41,+7)	2:39:35 (37,+4)	3:21:39	+42:33	06:43		31º M
32	304	JANEIRO CERDEIRA	Javier	KÓRPORE ARENTEIRO TRAIL	M		Trail da Seimeiras	0:40:05 (23)	2:01:27 (30,-7)	2:36:04 (31,-1)	3:24:02	+44:56	06:48		32º M
33	302	DOMINGUEZ CRESPO	Diego	SOCIEDADE ATLÉTICA DO TREGA	M		Trail da Seimeiras	0:41:02 (30)	2:01:26 (29,+1)	2:35:50 (29)	3:24:02	+44:56	06:48		33º M
34	393	FONTAO SALGUEIRO	Ruben	TRASDEZA TRAIL&RUN	M		Trail da Seimeiras	0:41:20 (33)	2:04:32 (34,-1)	2:38:18 (35,-1)	3:24:14	+45:08	06:49		34º M
35	223	IGLESIAS LÓPEZ	Álvaro	AD JARNACHAS	M		Trail da Seimeiras	0:41:48 (36)	2:06:26 (38,-2)	2:40:34 (39,-1)	3:24:17	+45:11	06:49		35º M
36	338	MEIZOSO PERMUI	Anxo	CD 21 LEGUAS	M		Trail da Seimeiras	0:40:36 (26)	2:01:28 (31,-5)	2:36:09 (33,-2)	3:24:57	+45:51	06:50		36º M
37	345	FERRO CID	Borja	RUNNING SPORT TRAIL	M		Trail da Seimeiras	0:43:17 (39)	2:06:47 (39)	2:40:04 (38,+1)	3:26:52	+47:46	06:54		37º M
38	387	MONTORO ALVAREDO	Luis	AVIVA SPORT CLUB	M		Trail da Seimeiras	0:41:37 (34)	2:05:04 (36,-2)	2:39:24 (36)	3:27:59	+48:53	06:56		38º M
39	376	REAL CORREDERA	Valentín		M		Trail da Seimeiras	0:47:10 (67)	2:11:06 (44,+23)	2:44:17 (42,+2)	3:28:18	+49:12	06:56		39º M
40	311	GOMEZ	Manu	GTR GALAICO TRAIL RUN	M		Trail da Seimeiras	0:43:42 (45)	2:10:17 (43,+2)	2:44:45 (43)	3:30:40	+51:34	07:01		40º M
41	244	SANTILLANA GARABANA	Victor	ADC MONTE BREAMO	M		Trail da Seimeiras	0:44:10 (50)	2:11:11 (46,+4)	2:46:43 (45,+1)	3:30:55	+51:49	07:02		41º M
42	330	RAMOS GRELA	Manuel	AD JARNACHAS	M		Trail da Seimeiras	0:42:54 (37)	2:06:23 (37)	2:40:56 (40,-3)	3:31:41	+52:35	07:04		42º M
43	336	LORIGADOS	Samuel		M		Trail da Seimeiras	0:43:37 (43)	2:06:58 (40,+3)	2:42:12 (41,-1)	3:32:03	+52:57	07:04		43º M
44	276	FUENTES TENREIRO	Pablo	ADC MONTE BREAMO	M		Trail da Seimeiras	0:44:05 (49)	2:11:11 (45,+4)	2:46:48 (46,-1)	3:32:59	+53:53	07:06		44º M
45	202	GARCÍA RODRÍGUEZ	Tamara	C.D. BIOSBARDO	F		Trail da Seimeiras	0:43:37 (42)	2:13:32 (50,-8)	2:48:10 (48,+2)	3:33:32	+54:26	07:07		1º F
46	210	MONTILLA FERNÁNDEZ	Emilio	C.D. BIOSBARDO	M	VET M	Trail da Seimeiras	0:43:38 (44)	2:13:32 (49,-5)	2:48:09 (47,+2)	3:33:44	+54:38	07:07	6º VET M	45º M
47	352	CABO AREOSO	Jose Antonio	K2 ORDES	M	VET M	Trail da Seimeiras	0:45:12 (54)	2:14:43 (53,+1)	2:49:57 (50,+3)	3:35:38	+56:32	07:11	7º VET M	46º M
48	208	ARAUJO LOSADA	Rosa María	CLUB BURGAS OURENSE	F		Trail da Seimeiras	0:47:26 (76)	2:16:08 (59,+17)	2:50:16 (51,+8)	3:36:36	+57:30	07:13		2º F
49	368	RODRIGUEZ ALVAREZ	Martin		M		Trail da Seimeiras	0:43:46 (46)	2:11:15 (47,-1)	2:48:54 (49,-2)	3:37:43	+58:37	07:16		47º M
50	297	BORREGO LÓPEZ	Domingo Jesús		M		Trail da Seimeiras	0:41:40 (35)	2:08:44 (42,-7)	2:45:21 (44,-2)	3:38:10	+59:04	07:16		48º M
51	300	VÁZQUEZ FERNÁNDEZ	Jose Antonio	SOCIEDADE ATLÉTICA DO TREGA	M		Trail da Seimeiras	0:45:26 (58)	2:13:41 (51,+7)	2:50:25 (53,-2)	3:38:35	+59:29	07:17		49º M
52	310	VARELA ROSENDE	Pablo		M		Trail da Seimeiras	0:47:53 (79)	2:16:50 (60,+19)	2:52:30 (58,+2)	3:39:47	+1:00:41	07:20		50º M

53	353	RABADE BLANCO	Diego	BTT LAGOA DE COSPEITO	M		Trail da Seimeiras	0:47:35 (78)	2:18:49 (62,+16)	2:55:00 (60,+2)	3:40:03	+1:00:57	07:20		51° M
54	392	COSTAS PAZOS	María Elisa	COUTADAS TEAM	F	VET F	Trail da Seimeiras	0:43:08 (38)	2:11:46 (48,-10)	2:50:22 (52,-4)	3:40:43	+1:01:37	07:22	Absoluta 3°	3° F
55	283	ÁLVAREZ OSENDI	Hector	RAPOSOS TRAIL TEAM	M		Trail da Seimeiras	0:45:59 (60)	2:15:56 (58,+2)	2:51:35 (55,+3)	3:41:20	+1:02:14	07:23		52° M
56	295	CACHARRÒN ARMENTAL	Carlos	TRAILEROS TOXOS E BIRRAS	M		Trail da Seimeiras	0:46:51 (65)	2:14:09 (52,+13)	2:51:38 (56,-4)	3:41:21	+1:02:15	07:23		53° M
57	308	LORENZO QUIROZ	David	ATLETISMO ARENTEIRO	M		Trail da Seimeiras	0:45:22 (57)	2:14:55 (54,+3)	2:51:34 (54)	3:42:22	+1:03:16	07:25		54° M
58	391	LÓPEZ GALLEGO	Mario	G.M. XUAN DE LA BORRINA	M		Trail da Seimeiras	0:47:24 (74)	2:15:52 (57,+17)	2:52:46 (59,-2)	3:43:20	+1:04:14	07:26		55° M
59	294	VEGA RODRÍGUEZ	David	PEÑA TREVINCA OBARCO	M		Trail da Seimeiras	0:45:10 (53)	2:15:00 (55,-2)	2:52:07 (57,-2)	3:44:18	+1:05:12	07:29		56° M
60	325	VARELA ESPÍNEIRA	Sara	CDM LA BÓVEDA	F		Trail da Seimeiras	0:47:13 (69)	2:21:18 (69)	2:57:55 (64,+5)	3:45:54	+1:06:48	07:32		4° F
61	271	SEOANE RIAL	Alejandra	TRAILEROS TOXOS E BIRRAS	F		Trail da Seimeiras	0:48:00 (80)	2:20:20 (66,+14)	2:56:35 (63,+3)	3:47:07	+1:08:01	07:34		5° F
62	371	IGLESIAS AMORES	Miguel	CLUB DEPORTIVO BRIÓN HYUPERSA SANTIAGO	M		Trail da Seimeiras	0:47:18 (71)	2:20:00 (65,+6)	2:55:42 (61,+4)	3:47:30	+1:08:24	07:35		57° M
63	258	GARCIA LUIS	Helios	LANGREO TRAIL TEAM	M		Trail da Seimeiras	0:46:44 (63)	2:18:53 (63)	2:55:53 (62,+1)	3:48:01	+1:08:55	07:36		58° M
64	397	AGULLO CANDA	Antonio	GTR GALAICO TRAIL RUN	M	VET M	Trail da Seimeiras	0:47:25 (75)	2:23:07 (74,+1)	3:01:09 (70,+4)	3:49:25	+1:10:19	07:39	8° VET M	59° M
65	398	PEON SANTOME	Lucía	ATLETISMO ARENTEIRO	F		Trail da Seimeiras	0:48:32 (83)	2:25:42 (82,+1)	3:02:53 (76,+6)	3:50:00	+1:10:54	07:40		6° F
66	255	ARIAS PÉREZ	Cristian		M		Trail da Seimeiras	0:50:56 (94)	2:25:46 (83,+11)	3:02:35 (74,+9)	3:50:00	+1:10:54	07:40		60° M
67	285	DÍAZ ALVAREZ	Jose Antonio	TEAM BOTILLOS DEL BIERZO	M	VET M	Trail da Seimeiras	0:45:03 (51)	2:20:39 (67,-16)	3:01:04 (69,-2)	3:51:13	+1:12:07	07:43	9° VET M	61° M
68	227	LEMA RODRÍGUEZ	Sergio Manuel	CD MESOIRO	M		Trail da Seimeiras	0:51:04 (95)	2:24:59 (78,+17)	3:02:33 (72,+6)	3:52:03	+1:12:57	07:44		62° M
69	243	VILLAR MARTINEZ	Paulino	CDM VÉRTICE	M		Trail da Seimeiras	0:45:20 (56)	2:20:59 (68,-12)	2:59:08 (66,+2)	3:52:48	+1:13:42	07:46		63° M
70	395	LÓPEZ VÁZQUEZ	Christopher		M		Trail da Seimeiras	0:49:24 (88)	2:24:47 (75,+13)	3:02:35 (73,+2)	3:54:10	+1:15:04	07:49		64° M
71	306	ABELENDA POSE	Estefania	C.D. BIOSBARDO	F		Trail da Seimeiras	0:50:40 (91)	2:28:54 (90,+1)	3:06:53 (85,+5)	3:54:36	+1:15:30	07:49		7° F
72	220	ARIAS RODIL	Manuel		M		Trail da Seimeiras	0:47:02 (66)	2:22:55 (73,-7)	3:03:01 (77,-4)	3:54:48	+1:15:42	07:50		65° M
73	232	VIDAL PÉREZ	Omar		M		Trail da Seimeiras	0:50:54 (93)	2:28:03 (89,+4)	3:07:43 (88,+1)	3:54:52	+1:15:46	07:50		66° M
74	335	AMADO	Oscar		M	VET M	Trail da Seimeiras	0:46:27 (61)	2:19:17 (64,-3)	2:58:31 (65,-1)	3:55:06	+1:16:00	07:50	10° VET M	67° M
75	401	CAO DE LA SIERRA	Jaime Ángel	TRAILEROS TOXOS E BIRRAS	M		Trail da Seimeiras	0:52:39 (107)	2:30:33 (97,+10)	3:08:31 (90,+7)	3:57:17	+1:18:11	07:55		68° M
76	369	MARTINEZ MANEIRO	Alberto	INCOR AUTOVIDRIO	M	VET M	Trail da Seimeiras	0:45:15 (55)	2:21:25 (71,-16)	3:01:39 (71)	3:57:27	+1:18:21	07:55	11° VET M	69° M
77	360	SANTOS ALVES	Felipe		M		Trail da Seimeiras	0:49:49 (90)	2:25:49 (84,+6)	3:04:15 (78,+6)	3:58:19	+1:19:13	07:56		70° M
78	268	LOSAS	Cosme		M	VET M	Trail da Seimeiras	0:45:45 (59)	2:17:58 (61,-2)	3:00:04 (67,-6)	3:58:22	+1:19:16	07:57	12° VET M	71° M
79	299	GARCÍA RIAL	Francisco	CD 21 LEGUAS	M		Trail da Seimeiras	0:46:49 (64)	2:25:29 (81,-17)	3:04:19 (80,+1)	3:58:33	+1:19:27	07:57		72° M
80	242	MONTERO CRESPO	Santiago	AD JARNACHAS	M	VET M	Trail da Seimeiras	0:47:28 (77)	2:27:30 (87,-10)	3:05:52 (84,+3)	3:58:56	+1:19:50	07:58	13° VET M	73° M
81	354	RÁBADE BLANCO	Alejandro		M		Trail da Seimeiras	0:48:10 (81)	2:24:53 (77,+4)	3:04:34 (82,-5)	3:59:19	+1:20:13	07:59		74° M
82	216	MARTIN DIENTE	Jesus Javier	CD SOLORUNNERS VALLADOLID	M		Trail da Seimeiras	0:46:40 (62)	2:21:20 (70,-8)	3:02:50 (75,-5)	3:59:46	+1:20:40	07:59		75° M
83	334	BOUZON RODRIGUEZ	Jose	ATLETISMO BAIONA	M	VET M	Trail da Seimeiras	0:51:26 (100)	2:27:15 (86,+14)	3:05:03 (83,+3)	4:00:10	+1:21:04	08:01	14° VET M	76° M
84	309	VÁZQUEZ VÁZQUEZ	Andrés	PEÑA LAR TRAIL	M		Trail da Seimeiras	0:51:10 (96)	2:31:38 (99,-3)	3:09:37 (96,+3)	4:00:14	+1:21:08	08:01		77° M
85	363	BERNARDO GARCÍA	Jesús	CLUB ATLETISMO VILALBA	M		Trail da Seimeiras	0:49:36 (89)	2:29:07 (93,-4)	3:08:43 (91,+2)	4:00:16	+1:21:10	08:01		78° M
86	237	FIGUEROA CARRERA	Domingo		M		Trail da Seimeiras	0:49:00 (86)	2:24:49 (76,+10)	3:04:17 (79,-3)	4:01:44	+1:22:38	08:04		79° M
87	319	VERDES FARALDO	Alejandro	BRUTANZOS TEAM	M		Trail da Seimeiras	0:47:15 (70)	2:21:48 (72,-2)	3:04:23 (81,-9)	4:01:46	+1:22:40	08:04		80° M
88	378	ROUCO	Marcos	CD 21 LEGUAS	M	VET M	Trail da Seimeiras	0:50:48 (92)	2:29:27 (95,-3)	3:09:23 (93,+2)	4:03:30	+1:24:24	08:07	15° VET M	81° M
89	361	LORENZO MUÑOZ	Diego	CD 21 LEGUAS	M		Trail da Seimeiras	0:51:14 (97)	2:30:39 (98,-1)	3:09:23 (94,+4)	4:03:31	+1:24:25	08:07		82° M
90	226	CAMPO REGUEIRO	Fernando	MURUM ATLETICA	M		Trail da Seimeiras	0:49:01 (87)	2:25:27 (79,+8)	3:07:19 (87,-8)	4:03:32	+1:24:26	08:07		83° M
91	403	GOLAS ARMESTO	Jose Antonio		M		Trail da Seimeiras	0:48:33 (84)	2:25:57 (85,-1)	3:08:14 (89,-4)	4:05:14	+1:26:08	08:10		84° M
92	313	FONTAO GARCIA	Jose Luis	VIKINGOS	M	VET M	Trail da Seimeiras	0:48:57 (85)	2:29:02 (91,-6)	3:09:23 (95,-4)	4:05:15	+1:26:09	08:11	16° VET M	85° M
93	389	SEGURA GARCÍA	Manuel Angel	ARKIAL PEÑA SANTA	M	VET M	Trail da Seimeiras	0:47:12 (68)	2:25:27 (80,-12)	3:08:54 (92,-12)	4:06:11	+1:27:05	08:13	17° VET M	86° M
94	377	LOPEZ FERNÁNDEZ	Jose	KÓRPORE ARENTEIRO TRAIL	M	VET M	Trail da Seimeiras	0:47:19 (72)	2:29:03 (92,-20)	3:11:35 (98,-6)	4:06:55	+1:27:49	08:14	18° VET M	87° M
95	357	RIGUEIRO VÁZQUEZ	Pablo		M		Trail da Seimeiras	0:51:16 (98)	2:32:47 (101,-3)		4:07:04	+1:27:58	08:14		88° M
96	350	LÓPEZ PALMEIRO	Lucía	TRAILEROS TOXOS E BIRRAS	F	VET F	Trail da Seimeiras	0:52:07 (102)	2:33:24 (102)	3:14:06 (100,+2)	4:08:26	+1:29:20	08:17	1° VET F	8° F
97	240	GÓMEZ BLANCO	Roberto	RUNNING SPORT TRAIL	M		Trail da Seimeiras	0:54:11 (126)	2:29:25 (94,+32)	3:07:11 (86,+8)	4:08:28	+1:29:22	08:17		89° M
98	225	GOMEZ	Jorge	TOXIZA CLUB DE MONTAÑA	M	VET M	Trail da Seimeiras	0:52:26 (105)	2:32:36 (100,+5)	3:12:51 (99,+1)	4:08:28	+1:29:22	08:17	19° VET M	90° M
99	215	CARBALLO CABEZAS	Pablo		M		Trail da Seimeiras	0:51:16 (99)	2:27:53 (88,+11)	3:10:41 (97,-9)	4:10:18	+1:31:12	08:20		91° M
100	287	VÁZQUEZ VÁZQUEZ	Víctor	AD CERNE	M		Trail da Seimeiras	0:52:50 (111)	2:35:05 (104,+7)	3:15:53 (101,+3)	4:10:35	+1:31:29	08:21		92° M
101	343	DORTA RODRIGUEZ	Antonio Javier		M		Trail da Seimeiras	0:54:56 (132)		3:18:21 (105)	4:10:36	+1:31:30	08:21		93° M
102	339	ALONSO VEGA	Joaquín		M		Trail da Seimeiras	0:52:14 (104)	2:35:32 (105,-1)	3:16:57 (103,+2)	4:10:46	+1:31:40	08:22		94° M
103	278	ÁLVAREZ LORENZO	Alberto	CLUB ATLETISMO PORRIÑO	M		Trail da Seimeiras	0:45:09 (52)	2:15:33 (56,-4)	3:00:38 (68,-12)	4:12:08	+1:33:02	08:24		95° M
104	331	GARCÉS SOTO	Shirley Carolina	TRAILEROS TOXOS E BIRRAS	F		Trail da Seimeiras	0:51:40 (101)	2:37:28 (107,-6)	3:18:36 (106,+1)	4:12:50	+1:33:44	08:26		9° F
105	381	BECCERRA CARRIL	José Ignacio	TRAILEROS TOXOS E BIRRAS	M	VET M	Trail da Seimeiras	0:54:04 (123)	2:35:43 (106,+17)	3:17:16 (104,+2)	4:12:51	+1:33:45	08:26	20° VET M	96° M
106	342	ÁLVAREZ CASARIEGO	Manuel	TOXIZA CLUB DE MONTAÑA	M		Trail da Seimeiras	0:54:13 (127)	2:37:59 (108,+19)	3:21:38 (107,+1)	4:15:49	+1:36:43	08:32		97° M
107	288	BALSEIRO VAZQUEZ	Roberto		M		Trail da Seimeiras	0:54:22 (128)	2:43:54 (119,+9)	3:23:18 (108,+11)	4:18:30	+1:39:24	08:37		98° M
108	229	FERNANDEZ FERNANDEZ	Juan Miguel	C.D. BIOSBARDO	M		Trail da Seimeiras	0:47:21 (73)	2:29:46 (96,-23)	3:16:13 (102,-6)	4:18:44	+1:39:38	08:37		99° M

109	351	GONZÁLEZ VÁZQUEZ	María Del Pilar	ATLETISMO ARENTEIRO	F	VET F	Trail da Seimeiras	0:53:20 (114)	2:41:51 (111,+3)	3:24:05 (110,+1)	4:18:54	+1:39:48	08:38	2° VET F	10° F
110	207	SÁEZ PÉREZ	Patricia	OS CORZOS DO ORTEGAL	F	VET F	Trail da Seimeiras	0:54:39 (129)	2:42:49 (113,+16)	3:26:48 (115,-2)	4:19:59	+1:40:53	08:40	3° VET F	11° F
111	233	RODRÍGUEZ TENREIRO	Enrique	OS CORZOS DO ORTEGAL	M		Trail da Seimeiras	0:54:41 (130)	2:42:51 (115,+15)	3:26:49 (116,-1)	4:20:20	+1:41:14	08:41		100° M
112	204	LÓPEZ SOTO	Fátima	TOXIZA CLUBE DE MONTAÑA	F		Trail da Seimeiras	0:54:58 (134)	2:43:15 (118,+16)	3:27:04 (117,+1)	4:21:36	+1:42:30	08:43		12° F
113	399	ARGUINCHONA	Agustin	TRAILEROS TOXOS E BIRRAS	M		Trail da Seimeiras	0:54:08 (125)	2:43:00 (117,+8)	3:25:16 (114,+3)	4:21:55	+1:42:49	08:44		101° M
114	402	CORREA SAMBADE	Oscar	CD MESOIRO	M		Trail da Seimeiras	0:54:05 (124)	2:42:56 (116,+8)	3:25:07 (112,+4)	4:21:55	+1:42:49	08:44		102° M
115	238	LOPEZ OTERO	Jesus	CD MESOIRO	M		Trail da Seimeiras	0:53:26 (116)	2:42:50 (114,+2)	3:25:07 (113,+1)	4:21:55	+1:42:49	08:44		103° M
116	358	DIESTE VILAS	Tere	C.D. BIOSBARDO	F	VET F	Trail da Seimeiras	0:52:10 (103)	2:42:23 (112,-9)	3:29:23 (122,-10)	4:21:56	+1:42:50	08:44	4° VET F	13° F
117	291	MALVESADA TATO	Angel	PEÑA TREVINCA OBARCO	M	VET M	Trail da Seimeiras	0:53:22 (115)	2:40:03 (110,+5)	3:24:59 (111,-1)	4:23:41	+1:44:35	08:47	21° VET M	104° M
118	364	TOREA TOREA	Elena	CLUB ATLETISMO LOUSAME	F	VET F	Trail da Seimeiras	0:55:54 (137)	2:44:56 (122,+15)	3:28:19 (118,+4)	4:24:03	+1:44:57	08:48	5° VET F	14° F
119	257	MARTINEZ AMOEDO	David		M		Trail da Seimeiras	0:53:00 (112)	2:39:00 (109,+3)	3:23:21 (109)	4:24:59	+1:45:53	08:50		105° M
120	264	ARIAS PEREZ	Verónica	CDM LA BÓVEDA	F		Trail da Seimeiras	0:56:43 (140)	2:47:22 (128,+12)	3:29:51 (123,+5)	4:25:30	+1:46:24	08:51		15° F
121	239	PIÑEIRO VIZOSO	Hugo	CD 21 LEGUAS	M		Trail da Seimeiras	0:53:50 (119)	2:45:33 (125,-6)	3:29:00 (119,+6)	4:26:29	+1:47:23	08:53		106° M
122	272	RIVERA MOURIZ	Lucía	CD 21 LEGUAS	F		Trail da Seimeiras	0:53:54 (121)	2:45:41 (126,-5)	3:29:01 (121,+5)	4:26:29	+1:47:23	08:53		16° F
123	289	VEIGUELA GARCÍA	Rafael		M	VET M	Trail da Seimeiras	0:53:40 (117)	2:47:52 (130,-13)	3:33:30 (127,+3)	4:28:25	+1:49:19	08:57	22° VET M	107° M
124	324	SOUTO VEIGA	Carlos	AD JARNACHAS	M	VET M	Trail da Seimeiras	0:57:32 (143)	2:49:48 (133,+10)	3:33:35 (128,+5)	4:29:39	+1:50:33	08:59	23° VET M	108° M
125	318	VAZQUEZ FEBRERO	Cristina	TRAILEROS TOXOS E BIRRAS	F		Trail da Seimeiras	0:58:58 (154)	2:55:04 (140,+14)	3:39:19 (141,-1)	4:31:29	+1:52:23	09:03		17° F
126	316	GONZALEZ VAZQUEZ	Marcos	ASALTAMONTES TRAIL	M	VET M	Trail da Seimeiras	0:54:51 (131)	2:45:25 (124,+7)	3:30:02 (124)	4:31:32	+1:52:26	09:03	24° VET M	109° M
127	359	RIGUEIRO VELOSO	José Manuel	AVIVA SPORT CLUB	M	VET M	Trail da Seimeiras	0:53:12 (113)	2:44:17 (120,-7)	3:30:38 (125,-5)	4:31:36	+1:52:30	09:03	25° VET M	110° M
128	269	BARCONES	Josu	CLUB MONTAÑA TERRAS DE BURÓN	M		Trail da Seimeiras	1:01:56 (163)	3:13:36 (159,+4)	3:37:19 (132,+27)	4:34:55	+1:55:49	09:10		111° M
129	380	GATO	Carlos		M		Trail da Seimeiras	0:48:26 (82)	2:34:18 (103,-21)	3:29:00 (120,-17)	4:35:58	+1:56:52	09:12		112° M
130	314	SERRAPIO FREIJIDO	Carlota	A CABRA TIRA O MONTE	F		Trail da Seimeiras	0:59:31 (158)	2:55:17 (141,+17)	3:38:20 (139,+2)	4:36:21	+1:57:15	09:13		18° F
131	375	VARELA CRESPO	Vanessa	TRIBU TRAIL	F		Trail da Seimeiras	0:56:16 (139)	2:49:06 (131,+8)	3:37:42 (135,-4)	4:36:27	+1:57:21	09:13		19° F
132	273	BARREIRO MARTINEZ	Ana		F		Trail da Seimeiras	0:59:04 (155)	2:55:33 (144,+11)	3:39:41 (144)	4:37:52	+1:58:46	09:16		20° F
133	231	DE LAS HERAS LIÑERO	Igor	ATLETISMO BAIONA	M	VET M	Trail da Seimeiras	0:59:08 (156)	2:55:26 (142,+14)	3:39:32 (143,-1)	4:37:54	+1:58:48	09:16	26° VET M	113° M
134	274	SILVA ÁLVAREZ	Severino		M		Trail da Seimeiras	0:58:55 (153)	2:55:29 (143,+10)	3:39:30 (142,+1)	4:37:55	+1:58:49	09:16		114° M
135	214	VILLAR	Antonio		M	VET M	Trail da Seimeiras	0:54:57 (133)	2:51:40 (136,-3)	3:38:29 (140,-4)	4:37:56	+1:58:50	09:16	27° VET M	115° M
136	221	REMELGADO SIMES	Jose Augusto		M		Trail da Seimeiras	0:53:46 (118)	2:50:40 (135,-17)	3:36:25 (129,+6)	4:38:03	+1:58:57	09:16		116° M
137	228	GUTIÉRREZ MEDINA	David		M	VET M	Trail da Seimeiras	1:04:23 (170)	3:13:56 (161,+9)	3:36:49 (130,+31)	4:39:43	+2:00:37	09:19	28° VET M	117° M
138	356	FELGAR LOPEZ	Isabel	PASA OU ENTORNA	F	VET F	Trail da Seimeiras	1:03:57 (169)	3:14:15 (162,+7)	3:38:03 (137,+25)	4:39:56	+2:00:50	09:20	6° VET F	21° F
139	286	MARANTE RODRÍGUEZ	Ivan		M	VET M	Trail da Seimeiras	0:57:02 (142)	2:49:18 (132,+10)	3:37:01 (131,+1)	4:40:55	+2:01:49	09:22	29° VET M	118° M
140	263	ASENJO	Borja	CD 21 LEGUAS	M		Trail da Seimeiras	0:52:47 (109)	2:47:31 (129,-20)	3:37:26 (134,-5)	4:41:11	+2:02:05	09:22		119° M
141	224	MUÑO PIÑEIRO	Abel	CD 21 LEGUAS	M		Trail da Seimeiras	0:52:48 (110)	2:47:19 (127,-17)	3:37:19 (133,-6)	4:41:11	+2:02:05	09:22		120° M
142	323	CHANS MOSQUEIRA	Diego	CD MESOIRO	M		Trail da Seimeiras	0:55:29 (135)	2:49:55 (134,+1)	3:38:15 (138,-4)	4:41:31	+2:02:25	09:23		121° M
143	312	PIÑEIRO LOPEZ	David	34896604S	M	VET M	Trail da Seimeiras	0:55:39 (136)	2:54:03 (137,-1)	3:40:55 (145,-8)	4:41:49	+2:02:43	09:23	30° VET M	122° M
144	321	MORENO SANCHEZ	Marisa		F	VET F	Trail da Seimeiras	0:59:34 (159)	2:56:33 (145,+14)	3:44:24 (148,-3)	4:43:34	+2:04:28	09:27	7° VET F	22° F
145	322	GONZÁLEZ GONZÁLEZ	Justo		M	VET M	Trail da Seimeiras	0:59:29 (157)	2:56:36 (146,+11)	3:44:23 (147,-1)	4:43:35	+2:04:29	09:27	31° VET M	123° M
146	362	RODRIGUEZ LAGARES	Moncho	CD MESOIRO	M	VET M	Trail da Seimeiras	0:58:44 (151)	2:59:23 (149,+2)	3:47:16 (149)	4:47:25	+2:08:19	09:35	32° VET M	124° M
147	340	PORTAL LOSADA	Miguel	CD 21 LEGUAS	M		Trail da Seimeiras	0:58:12 (147)	2:59:55 (151,-4)	3:48:09 (152,-1)	4:47:53	+2:08:47	09:36		125° M
148	337	MAURIZ PEREIRA	Sonia	CD 21 LEGUAS	F	VET F	Trail da Seimeiras	0:58:12 (146)	2:59:54 (150,-4)	3:48:11 (153,-3)	4:47:53	+2:08:47	09:36	8° VET F	23° F
149	307	JUNQUERA PAREDES	Amandino	MONTAÑA FERROL	M		Trail da Seimeiras	0:57:36 (145)	2:59:11 (148,-3)	3:47:24 (150,-2)	4:48:46	+2:09:40	09:38		126° M
150	270	NORIEGA GARCIA	Sergio	DESNIVAL	M		Trail da Seimeiras	0:52:42 (108)	2:54:24 (138,-30)	3:41:27 (146,-8)	4:50:19	+2:11:13	09:41		127° M
151	365	PAZOS SUÁREZ	Francisco Javier	+ D MONTE	M	VET M	Trail da Seimeiras	0:53:52 (120)	2:45:15 (123,-3)	3:31:01 (126,-3)	4:51:06	+2:12:00	09:42	33° VET M	128° M
152	332	SEIJAS CAMPOS	Javier	CLUB MONTAÑA TERRAS DE BURÓN	M		Trail da Seimeiras	0:56:08 (138)	2:44:38 (121,+17)	3:37:53 (136,-15)	4:52:04	+2:12:58	09:44		129° M
153	344	MAYÁN MARTÍNEZ	Miguel	TRIBU TRAIL	M		Trail da Seimeiras	0:56:46 (141)	3:05:23 (155,-14)	3:53:09 (156,-1)	4:52:51	+2:13:45	09:46		130° M
154	217	GARCIA BERMUDEZ	Oscar	CDM LA BÓVEDA	M		Trail da Seimeiras	0:58:50 (152)	2:58:38 (147,+5)	3:48:09 (151,-4)	4:52:54	+2:13:48	09:46		131° M
155	262	CAO PENA	Alberto	TOXIZA CLUBE DE MONTAÑA	M	VET M	Trail da Seimeiras	0:58:38 (150)	3:03:15 (153,-3)	3:51:18 (154,-1)	4:55:58	+2:16:52	09:52	34° VET M	132° M
156	320	MESIAS FERNANDEZ	Jose Manuel	AD JARNACHAS	M	VET M	Trail da Seimeiras	0:58:22 (149)	3:00:01 (152,-3)	3:51:45 (155,-3)	4:56:31	+2:17:25	09:53	35° VET M	133° M
157	267	LOBETO	Chucho	ENGARMAOS	M	VET M	Trail da Seimeiras	0:53:59 (122)	2:54:47 (139,-17)		5:00:42	+2:21:36	10:01	36° VET M	134° M
158	305	GRAÑA BUGALLO	Aladino	GMTA&CHUVONERS	M	VET M	Trail da Seimeiras	0:57:33 (144)	3:04:53 (154,-10)	3:55:33 (157,-3)	5:03:02	+2:23:56	10:06	37° VET M	135° M
159	241	CARVALHO	Vera	MIRANDELA A CORRER	F		Trail da Seimeiras	1:02:23 (164)	3:09:36 (156,+8)	3:59:36 (158,-2)	5:04:19	+2:25:13	10:08		24° F
160	333	RODRÍGUEZ CASERO	Paloma		F	VET F	Trail da Seimeiras	1:04:58 (174)	3:13:49 (160,+14)	4:03:02 (159,+1)	5:04:56	+2:25:50	10:10	9° VET F	25° F
161	293	EDROSA FOLGUEIRA	José Manuel	ABRENTE LUGO	M	VET M	Trail da Seimeiras	1:04:43 (173)	3:19:40 (169,+4)	4:09:13 (165,+4)	5:10:07	+2:31:01	10:20	38° VET M	136° M
162	256	RODRIGUEZ COUÑAGO	María De La Soledad		F		Trail da Seimeiras	1:01:50 (162)	3:15:47 (166,-4)	4:07:47 (164,+2)	5:13:11	+2:34:05	10:26		26° F
163	367	NOVELLE CALVAR	Laura		F		Trail da Seimeiras	1:01:40 (161)	3:15:54 (167,-6)	4:07:43 (163,+4)	5:13:12	+2:34:06	10:26		27° F
164	213	POMBO CASTRO	Ángel	TRAILEROS TOXOS E BIRRAS	M	VET M	Trail da Seimeiras	1:04:36 (171)	3:15:36 (164,+7)	4:07:15 (161,+3)	5:14:27	+2:35:21	10:29	39° VET M	137° M

165	212	MARTÍNEZ VÁZQUEZ	Victoria	TRAILEROS TOXOS E BIRRAS	F	VET F	Trail da Seimeiras	1:04:40 (172)	3:15:32 (163,+9)	4:07:15 (162,+1)	5:14:27	+2:35:21	10:29	10° VET F	28° F
166	382	FERREIRO PEREIRA	Emilio		M	VET M	Trail da Seimeiras	1:03:20 (167)	3:10:45 (157,+10)	4:04:44 (160,-3)	5:19:41	+2:40:35	10:40	40° VET M	138° M
167	383	RODRIGUEZ QUINTAS	Jose	RUNNING SPORT TRAIL OURENSE	M	VET M	Trail da Seimeiras	1:03:53 (168)	3:16:21 (168)	4:15:18 (167,+1)	5:26:15	+2:47:09	10:53	41° VET M	139° M
168	298	MARTINEZ ARES	Luis Alberto	CDM VÉRTICE	M	VET M	Trail da Seimeiras	1:03:15 (165)	3:15:43 (165)	4:12:02 (166,-1)	5:26:55	+2:47:49	10:54	42° VET M	140° M
169	290	ROMERO BUSTABAD	Andrés	PASA OU ENTORNA	M	VET M	Trail da Seimeiras	1:07:01 (177)	3:31:46 (170,+7)	4:23:09 (169,+1)	5:28:35	+2:49:29	10:57	43° VET M	141° M
170	370	CABARCOS CABARCOS	Jorge	CLUB ATLETISMO VILALBA	M	VET M	Trail da Seimeiras	1:03:19 (166)		4:17:20 (168)	5:30:51	+2:51:45	11:02	44° VET M	142° M
171	329	ADEGA MEIZOSO	José Angel	TRAILEROS TOXOS E BIRRAS	M	VET M	Trail da Seimeiras	1:06:46 (176)	3:32:16 (171,+5)	4:26:22 (170,+1)	5:35:11	+2:56:05	11:10	45° VET M	143° M
172	328	DASILVA FERNÁNDEZ	Olga	TRAILEROS TOXOS E BIRRAS	F	VET F	Trail da Seimeiras	1:06:44 (175)	3:32:23 (172,+3)	4:26:22 (171,+1)	5:35:11	+2:56:05	11:10	11° VET F	29° F
173	234	CRUZ	Alcina	MIRANDELA A CORRER	F	VET F	Trail da Seimeiras	1:07:16 (178)	3:35:03 (173,+5)	4:31:48 (172,+1)	5:41:12	+3:02:06	11:22	12° VET F	30° F
174	355	ÁLVAREZ DIAZ	Alfonso	PASA OU ENTORNA	M	VET M	Trail da Seimeiras	1:07:41 (179)	3:35:41 (174,+5)	4:32:21 (173,+1)	5:42:58	+3:03:52	11:26	46° VET M	144° M
175	260	GONÇALO	Goreti	MIRANDELA A CORRER	F		Trail da Seimeiras	1:08:26 (180)	3:40:33 (175,+5)	4:51:47 (174,+1)	6:17:30	+3:38:24	12:35		31° F

Abandonos (6)

DNF	303	PLATERO PRADO	Maria		F		Trail da Seimeiras	0:43:48 (47)							Abandono
DNF	219	ALVARO ARNAIZ	Carlos	BASAJAUN MENDI KLUBA	M	VET M	Trail da Seimeiras								Abandono
DNF	236	PULGARIN ARRIBAS	Aitor	WOLVES BURN TO RUN	M		Trail da Seimeiras	0:39:13 (17)	1:57:38 (23,-6)	2:29:15 (24,-1)					Abandono
DNF	346	NOVO FERREIRO	Diego	CD 21 LEGUAS	M		Trail da Seimeiras	0:59:51 (160)							Abandono
DNF	348	GOMEZ NOVO	Pablo	ADC MONTE BREAMO	M		Trail da Seimeiras	0:52:33 (106)							Abandono
DNF	379	GARCÍA DA CUÑA	Rubén	CASTRO-TRAIL	M		Trail da Seimeiras	0:58:13 (148)	3:12:30 (158,-10)						Abandono

Trail Terras de Burón 2025

Resultados

Pl.	Dor	Apelidos	Nome	Club	Sx	Cat	Carrera	Vilagocende	O Fito	Tiempo	Diferencia	Ritmo	Por cat.	Clasif.
1	575	CEMBRANOS FERNANDEZ	Manu	AD MOAL	M		Trailiño	0:39:59 (2)	1:06:33 (1,+1)	1:41:36	-	05:38		1º M
2	712	ARAMBURU FELIZ	Nacho	ARKIAL PEÑA SANTA	M		Trailiño	0:39:36 (1)	1:07:29 (2,-1)	1:43:09	+1:33	05:44		2º M
3	573	GUERRA MAGAN	Oscar	CLUB ATLETISMO CAMBADOS	M	VET M	Trailiño	0:40:10 (3)	1:07:38 (3)	1:43:12	+1:36	05:44	Absoluta 3º	3º M
4	650	REDONDO VIDAL	Ivan		M		Trailiño	0:40:23 (5)	1:09:46 (4,+1)	1:49:01	+7:25	06:04		4º M
5	679	GONZÁLEZ VILAR	Gustavo	GTR GALAICO TRAIL RUN	M		Trailiño	0:41:25 (6)	1:11:37 (8,-2)	1:49:10	+7:34	06:04		5º M
6	754	BALADO	Roberto	TRAILEROS TOXOS E BIRRAS	M		Trailiño	0:42:02 (8)	1:11:05 (6,+2)	1:49:11	+7:35	06:04		6º M
7	557	ALONSO GESTEIRA	Fernando	LLOSORIO TRAIL RUNNING	M	VET M	Trailiño	0:45:13 (20)	1:14:07 (13,+7)	1:50:25	+8:49	06:08	1º VET M	7º M
8	582	MENENDEZ ALVAREZ	Osel	LLOSORIO TRAIL RUNNING	M		Trailiño	0:41:41 (7)	1:11:16 (7)	1:50:25	+8:49	06:08		8º M
9	635	TÁBARA RODRÍGUEZ	Jorge	ATLETAS ACEA DE AMA	M		Trailiño	0:43:56 (14)	1:14:00 (12,+2)	1:51:34	+9:58	06:12		9º M
10	535	FUSTES LOUREIRO	Luis	PEÑA CICLISTA ORTIGUEIRA	M	VET M	Trailiño	0:42:07 (9)	1:11:49 (9)	1:52:12	+10:36	06:14	2º VET M	10º M
11	676	CEREIJO FERREIRO	Brais		M		Trailiño	0:44:01 (15)	1:13:19 (10,+5)	1:53:05	+11:29	06:17		11º M
12	634	LOPEZ BASANTA	Jaime	TOXIZA CLUBE DE MONTAÑA	M	VET M	Trailiño	0:43:47 (11)	1:13:55 (11)	1:53:35	+11:59	06:19	3º VET M	12º M
13	703	DOMINGUEZ GOMEZ	David		M		Trailiño	0:45:22 (21)	1:15:54 (15,+6)	1:54:26	+12:50	06:22		13º M
14	735	GARCIA-LOSA RODRIGUEZ	Pelayo	VERXEL NUTRICION DEPORTIVA	M	VET M	Trailiño	0:46:14 (26)	1:16:44 (18,+8)	1:55:25	+13:49	06:25	4º VET M	14º M
15	621	MARTÍNEZ VARELA	Alejandro	AD JARNACHAS	M		Trailiño	0:43:49 (12)	1:14:43 (14,-2)	1:57:33	+15:57	06:32		15º M
16	528	MARTÍNEZ DIZ	Fran		M		Trailiño	0:40:19 (4)	1:10:01 (5,-1)	1:58:59	+17:23	06:37		16º M
17	549	RÚA NÚÑEZ	Manuel	SONS OF POSEIDON	M		Trailiño	0:45:34 (23)	1:17:05 (19,+4)	1:59:50	+18:14	06:40		17º M
18	572	RODRÍGUEZ GONZÁLEZ	Jacobo	C.D. BIOSBARDO	M		Trailiño	0:45:02 (17)	1:17:16 (20,-3)	2:00:10	+18:34	06:41		18º M
19	718	ABUIN FERNÁNDEZ	Antonio	TOXIZA CLUBE DE MONTAÑA	M	VET M	Trailiño	0:45:37 (24)	1:18:25 (24)	2:00:27	+18:51	06:41	5º VET M	19º M
20	508	MARTÍNEZ ALONSO	Adrian		M		Trailiño	0:49:13 (46)	1:20:33 (28,+18)	2:00:43	+19:07	06:43		20º M
21	766	LÓPEZ OROSA	Kevin	ARLETISMO RIBADEO	M		Trailiño	0:46:22 (27)	1:18:34 (25,+2)	2:00:54	+19:18	06:43		21º M
22	585	ROMERO AGRA	Nestor	TRIBU TRAIL	M	VET M	Trailiño	0:45:45 (25)	1:18:16 (22,+3)	2:00:56	+19:20	06:43	6º VET M	22º M
23	511	LOUREIRO VEIGA	Diego	PEÑA CICLISTA ORTIGUEIRA	M		Trailiño	0:45:32 (22)	1:18:17 (23,-1)	2:01:32	+19:56	06:45		23º M
24	667	BACELAR POUSA	Daniel	CORREDOIRAS BUEU	M		Trailiño	0:45:11 (18)	1:16:27 (17,+1)	2:02:05	+20:29	06:47		24º M
25	709	VOCES	Jose	C.D. BIOSBARDO	M	VET M	Trailiño	0:48:03 (35)	1:20:27 (27,+8)	2:02:50	+21:14	06:49	7º VET M	25º M
26	596	SEIVANE PÉREZ	Ramón	MADERAS BARCIA LOURENZÁ	M		Trailiño	0:44:50 (16)	1:17:33 (21,-5)	2:03:23	+21:47	06:51		26º M
27	699	GÓMEZ PÉREZ	Marcos	ATLETISMO RÍA DE FOZ	M		Trailiño	0:43:54 (13)	1:16:15 (16,-3)	2:04:57	+23:21	06:56		27º M
28	583	REY PENELAS	Alba	C.D. BIOSBARDO	F		Trailiño	0:49:22 (47)	1:22:36 (37,+10)	2:05:32	+23:56	06:58		1º F
29	767	COSTA RODRIGUEZ	Martin	GTR GALAICO TRAIL RUN	M		Trailiño	0:49:03 (42)	1:21:19 (31,+11)	2:05:36	+24:00	06:59		28º M
30	762	GARCIA FERNANDEZ	Javier	ATLETISMO RÍA DE FOZ	M	VET M	Trailiño	0:46:22 (28)	1:19:38 (26,+2)	2:05:56	+24:20	07:00	8º VET M	29º M
31	617	LÓPEZ DE IGNACIO	José Luis	CIDADE LUGO FLUVIAL	M		Trailiño	0:49:50 (50)	1:23:13 (40,+10)	2:06:27	+24:51	07:01		30º M
32	525	DE LA TORRE MOSTEIRO	Pablo	MURUM ATLETICA	M		Trailiño	0:49:50 (49)	1:23:22 (41,+8)	2:06:28	+24:52	07:02		31º M
33	605	LOPEZ RODRÍGUEZ	Daniel	CD HORIZONTE GIJON	M	VET M	Trailiño	0:45:12 (19)	1:20:52 (29,-10)	2:07:02	+25:26	07:04	9º VET M	32º M
34	747	GÓMEZ NOVOA	Jun Ramón	GTR GALAICO TRAIL RUN	M		Trailiño	0:47:54 (33)	1:21:45 (33)	2:07:12	+25:36	07:04		33º M
35	626	VÁZQUEZ MOURÍN	Jose	C.D. BIOSBARDO	M	VET M	Trailiño	0:49:03 (43)	1:23:29 (42,+1)	2:07:26	+25:50	07:05	10º VET M	34º M
36	574	SANTOS SUAREZ	Jose	TRAILEROS TOXOS E BIRRAS	M		Trailiño	0:48:38 (38)	1:22:04 (36,+2)	2:07:40	+26:04	07:05		35º M
37	787	RODRÍGUEZ FERNÁNDEZ	Julio	TRIBU TRAIL	M	VET M	Trailiño	0:47:23 (30)	1:22:02 (35,-5)	2:07:41	+26:05	07:05	11º VET M	36º M
38	768	FREIJE MARIÑO	Yago	CLUB ATLETISMO RIBADEO	M		Trailiño	0:47:45 (32)	1:23:02 (39,-7)	2:08:28	+26:52	07:08		37º M
39	691	FRAGA PEDREIRA	David	SUBINDO RITMO!!!	M		Trailiño	0:47:22 (29)	1:20:55 (30,-1)	2:09:00	+27:24	07:10		38º M
40	613	CARBALLEIRA CAAMAÑO	Oscar	SUBINDO RITMO!!!	M		Trailiño	0:47:26 (31)	1:21:48 (34,-3)	2:09:00	+27:24	07:10		39º M
41	755	MOURÓN VARELA	Roi		M		Trailiño	0:48:58 (41)	1:22:49 (38,+3)	2:09:02	+27:26	07:10		40º M
42	678	GONZÁLEZ DOBALO	Salvador	GTR GALAICO TRAIL RUN	M		Trailiño	0:42:37 (10)		2:10:27	+28:51	07:15		41º M

43	731 GARCÍA GIL	Alberto		M	Trailiño	0:48:48 (39)	1:21:41 (32,+7)	2:11:12	+29:36	07:17		42° M
44	714 LOPEZ CAMPOS	Brais	CD 21 LEGUAS	M	Trailiño	0:49:38 (48)	1:24:42 (44,+4)	2:11:40	+30:04	07:19		43° M
45	788 MÉNDEZ TOURAL	Pablo		M	VET M	Trailiño	0:49:07 (44)	1:23:51 (43,+1)	2:11:50	+30:14	07:19	12° VET M 44° M
46	680 RIÁDIGOS CARDIGONDE	Belén		F	Trailiño	0:51:24 (55)	1:26:07 (48,+7)	2:11:52	+30:16	07:20		2° F
47	620 LEMA FERNANDEZ	Carlos	CLUB ATLETISMO NEGREIRA	M	VET M	Trailiño	0:50:08 (51)	1:26:16 (51)	2:13:15	+31:39	07:24	13° VET M 45° M
48	733 CARBALLO GARCIA	Javier	CDM LA BÓVEDA	M	Trailiño	0:55:01 (84)	1:28:53 (61,+23)	2:13:36	+32:00	07:25		46° M
49	704 HERNÁNDEZ SORIA	David		M	Trailiño	0:50:10 (52)	1:25:54 (46,+6)	2:13:49	+32:13	07:26		47° M
50	756 TAJES ALONSO	Alex	TRIBU TRAIL	M	Trailiño	0:49:11 (45)	1:26:14 (50,-5)	2:13:50	+32:14	07:26		48° M
51	651 HERNANDEZ PEREIRA	Esther		F	VET F	Trailiño	0:55:30 (88)	1:30:30 (67,+21)	2:14:42	+33:06	07:29	Absoluta 3° 3° F
52	571 VILLAMISAR FERNANDEZ	Mateo	SONS OF POSEIDON	M	Trailiño	0:50:24 (53)	1:26:11 (49,+4)	2:15:40	+34:04	07:32		49° M
53	757 LÓPEZ VÁZQUEZ	Juan Pablo	ABRENTE LUGO	M	VET M	Trailiño	0:48:30 (36)	1:25:16 (45,-9)	2:16:04	+34:28	07:34	14° VET M 50° M
54	608 VEIGA TOJO	Marcos		M	Trailiño	0:51:46 (58)	1:25:59 (47,+11)	2:16:12	+34:36	07:34		51° M
55	609 REIMUNDEZ SUAREZ	Isabel	CLUB ATLETISMO SADA	F	Trailiño	0:52:59 (69)	1:28:47 (59,+10)	2:16:27	+34:51	07:35		4° F
56	744 PUÑAL CANOSA	Angel	CD MESOIRO	M	VET M	Trailiño	0:51:58 (61)	1:27:09 (54,+7)	2:16:38	+35:02	07:35	15° VET M 52° M
57	616 LOUGEDO VILLAMEA	José Angel	LA PATANA	M	VET M	Trailiño	0:53:25 (72)	1:29:26 (63,+9)	2:16:52	+35:16	07:36	16° VET M 53° M
58	647 DOVAL SANCHEZ	Raul	K2 ORDES	M	Trailiño	0:48:36 (37)	1:26:18 (52,-15)	2:17:03	+35:27	07:37		54° M
59	640 MELLA BARBEITO	Vanesa	BRUTANZOS TEAM	F	Trailiño	0:53:08 (71)	1:30:02 (66,+5)	2:17:03	+35:27	07:37		5° F
60	600 ALVAREZ TORRE	Nel	LANGREO TRAIL TEAM	M	Trailiño	0:52:19 (64)	1:28:57 (62,+2)	2:17:50	+36:14	07:40		55° M
61	752 CARBALLIDO FERNANDEZ	Fernando		M	VET M	Trailiño	0:52:31 (66)	1:28:43 (58,+8)	2:17:59	+36:23	07:40	17° VET M 56° M
62	648 GARCÍA LOMBARDÍA	Iván	SUBINDO RITMO!!!	M	Trailiño	0:51:48 (59)	1:28:29 (55,+4)	2:18:23	+36:47	07:41		57° M
63	501 CALVO DOPAZO	Verónica	CLUB ATLETISMO SAR	F	Trailiño	0:51:05 (54)	1:28:34 (56,-2)	2:18:40	+37:04	07:42		6° F
64	522 BERREGI	Joseba		M	Trailiño	0:52:31 (67)	1:28:41 (57,+10)	2:18:47	+37:11	07:43		58° M
65	544 CAMPOS LOURIDO	Ruben		M	Trailiño	0:52:05 (62)	1:28:52 (60,+2)	2:18:50	+37:14	07:43		59° M
66	764 PORRAL FRAMIÑÁN	Jose Manuel	GTR GALAICO TRAIL RUN	M	Trailiño	0:54:58 (83)	1:31:30 (71,+12)	2:19:09	+37:33	07:44		60° M
67	771 COUTO FEIJOO	Ricardo	GTR GALAICO TRAIL RUN	M	VET M	Trailiño	0:55:03 (85)	1:31:30 (72,+13)	2:19:10	+37:34	07:44	18° VET M 61° M
68	551 ERAZO CARCAMO	Lenka	LABRAÑA	F	Trailiño	0:53:39 (74)	1:31:14 (70,+4)	2:19:56	+38:20	07:46		7° F
69	537 LOPEZ TEIJEIRO	Rosa	OS CORZOS DO ORTEGAL	F	Trailiño	0:54:54 (81)	1:32:37 (82,-1)	2:20:06	+38:30	07:47		8° F
70	770 ÁLVAREZ PÉREZ	Iván	RUNNING SPORT TRAIL OURENSE	M	Trailiño	0:53:01 (70)	1:30:51 (68,+2)	2:20:28	+38:52	07:48		62° M
71	568 SICRE MASIDE	Marta		F	Trailiño	0:53:33 (73)	1:31:52 (75,-2)	2:20:28	+38:52	07:48		9° F
72	627 LAMAS GARCIA	María José	TRAILEROS TOXOS E BIRRAS	F	VET F	Trailiño	0:55:10 (86)	1:32:42 (83,+3)	2:20:29	+38:53	07:48	1° VET F 10° F
73	672 LÓPEZ ÁLVAREZ	Jorge		M	Trailiño	0:52:21 (65)	1:29:35 (64,+1)	2:20:44	+39:08	07:49		63° M
74	742 VOCES VEGA	Luis Miguel	C.D. BIOSBARDO	M	VET M	Trailiño	0:53:48 (76)	1:31:01 (69,+7)	2:20:56	+39:20	07:50	19° VET M 64° M
75	777 ESCAMILLA IGLESIAS	Bruno	C.D.B TEAM OBAYA	M	Trailiño	0:51:52 (60)	1:29:50 (65,-5)	2:21:06	+39:30	07:50		65° M
76	782 FERNÁNDEZ RICO	Salvador	AS FIGUEIRAS DEPORTIVA	M	Trailiño	0:47:58 (34)	1:26:28 (53,-19)	2:21:12	+39:36	07:50		66° M
77	591 FERNANDEZ FREIJO	David		M	Trailiño	0:55:25 (87)	1:31:58 (77,+10)	2:21:44	+40:08	07:52		67° M
78	668 MAYO GIRAUT	Rubén		M	Trailiño	0:51:37 (57)	1:31:38 (74,-17)	2:22:05	+40:29	07:53		68° M
79	669 MANSILLA BARREIRO	Pepe	CLUB DEPORTIVO INCLUSIVO ENKI	M	Trailiño	0:51:30 (56)	1:31:32 (73,-17)	2:22:06	+40:30	07:53		69° M
80	529 CALVO BARCA	David	CD MESOIRO	M	Trailiño	0:53:51 (78)	1:35:40 (88,-10)	2:23:17	+41:41	07:58		70° M
81	743 GONZALEZ MOSQUERA	Susíño	TOXOS & BIRRAS	M	VET M	Trailiño	0:58:06 (108)		2:23:44	+42:08	07:59	20° VET M 71° M
82	707 FERNANDEZ SEGURADO	Xose		M	VET M	Trailiño	1:00:44 (126)	1:36:15 (95,+31)	2:23:55	+42:19	08:00	21° VET M 72° M
83	730 RAMIREZ LAVIN	Adrian	TOXIZA CLUBE DE MONTAÑA	M	Trailiño	0:54:56 (82)	1:33:34 (85,-3)	2:24:38	+43:02	08:02		73° M
84	658 DÍAZ VARELA	Rubén	CLUB MONTAÑA TERRAS DE BURÓN	M	Trailiño	0:58:49 (112)	1:36:03 (94,+18)	2:24:43	+43:07	08:02		74° M
85	625 SUÁREZ SUÁREZ	César	BJ RUNNING TEAM	M	Trailiño	0:54:11 (79)	1:34:50 (87,-8)	2:25:06	+43:30	08:04		75° M
86	769 TEMBRÁS ALONSO	David	CLUB TRIEUME AS PONTES	M	VET M	Trailiño	0:56:30 (93)	1:37:44 (100,-7)	2:25:08	+43:32	08:04	22° VET M 76° M
87	685 ALBA PAZ	David		M	Trailiño	0:56:20 (92)	1:32:26 (81,+11)	2:25:11	+43:35	08:04		77° M
88	603 LOSADA BARROS	Jessica	CDM LA BÓVEDA	F	Trailiño	0:53:47 (75)	1:33:33 (84,-9)	2:26:04	+44:28	08:07		11° F

89	552	GARCIA LÓPEZ	Miguel Ángel	TOXIZA CLUBE DE MONTAÑA	M		Trailiño	0:59:11 (116)	1:36:02 (93,+23)	2:26:23	+44:47	08:08		78° M
90	622	FRANCO	Nia	CLUB FLUVIAL DE LUGO MONTE SEGADE	F	VET F	Trailiño	0:56:34 (94)	1:38:25 (104,-10)	2:26:59	+45:23	08:10	2° VET F	12° F
91	578	LÓPEZ VILLAR	Lourdes	ATLETISMO RÍA DE FOZ	F		Trailiño	0:55:43 (89)	1:35:55 (92,-3)	2:27:05	+45:29	08:10		13° F
92	741	VÉREZ SEOANE	Eugenia		F		Trailiño	1:01:04 (128)	1:41:22 (125,+3)	2:27:06	+45:30	08:10		14° F
93	677	CANDO SANTOS	Martín	CIDADE LUGO FLUVIAL	M		Trailiño	1:01:06 (130)	1:41:23 (126,+4)	2:27:10	+45:34	08:11		79° M
94	642	FERREIRO VILLAMISAR	Pedro	TRAILEROS TOXOS E BIRRAS	M		Trailiño	0:56:43 (95)	1:35:45 (89,+6)	2:27:12	+45:36	08:11		80° M
95	649	OUTEIRIÑO FERNÁNDEZ	Alejandra	BRUTANZOS TEAM	F	VET F	Trailiño	0:57:16 (99)	1:36:25 (96,+3)	2:28:02	+46:26	08:13	3° VET F	15° F
96	632	ABALO LAFUENTE	Severino		M		Trailiño	0:52:05 (63)	1:32:06 (78,-15)	2:28:16	+46:40	08:14		81° M
97	726	ÁLVAREZ VIDAL	Vanessa	C.D. BIOSBARDO	F		Trailiño	0:57:41 (102)	1:35:48 (91,+11)	2:28:40	+47:04	08:16		16° F
98	614	LÓPEZ MURIAS	Julio Alberto		M		Trailiño	0:56:19 (91)	1:34:29 (86,+5)	2:28:58	+47:22	08:17		82° M
99	729	MONTOTO VÁZQUEZ	Patricia		F		Trailiño	0:57:31 (101)	1:38:12 (102,-1)	2:28:59	+47:23	08:17		17° F
100	689	RODRÍGUEZ URÍA	Manuel Angel		M	VET M	Trailiño	1:01:27 (135)	1:38:15 (103,+32)	2:29:07	+47:31	08:17	23° VET M	83° M
101	681	CARRERA FERNÁNDEZ	Lino	LOS DEGOLLAOS	M	VET M	Trailiño	0:52:54 (68)	1:32:25 (80,-12)	2:29:11	+47:35	08:17	24° VET M	84° M
102	705	SOLE MUÑOZ	Joan	TOXIZA CLUBE DE MONTAÑA	M	VET M	Trailiño	0:59:00 (114)	1:36:48 (98,+16)	2:29:18	+47:42	08:17	25° VET M	85° M
103	662	GARCÍA BAS	Jonás	FIND YOUR EVEREST TEAM	M		Trailiño	0:58:26 (110)	1:37:17 (99,+11)	2:29:36	+48:00	08:19		86° M
104	636	CRADIO	Gonzalo		M		Trailiño	0:53:49 (77)	1:31:52 (76,+1)	2:30:11	+48:35	08:20		87° M
105	695	LANDEIRA	Adrian	INRUN SPORT TEAM	M		Trailiño	1:00:04 (123)	1:40:55 (119,+4)	2:30:14	+48:38	08:21		88° M
106	641	DÍAZ MONTERO	Jose Manuel	BRUTANZOS TEAM	M		Trailiño	0:57:09 (98)	1:36:25 (97,+1)	2:30:47	+49:11	08:23		89° M
107	759	SUSÍN ESPEJA	María	ASESOU	F		Trailiño	0:59:56 (121)	1:39:53 (112,+9)	2:30:58	+49:22	08:23		18° F
108	674	CAMINO CREGO	Maria Isabel	CLUBE DEPORTIVO ARZUA	F	VET F	Trailiño	1:00:03 (122)	1:40:43 (116,+6)	2:31:17	+49:41	08:24	4° VET F	19° F
109	753	FORMOSO NOCEDA	Tina	TRIBU TRAIL	F	VET F	Trailiño	1:01:05 (129)	1:41:24 (128,+1)	2:31:55	+50:19	08:26	5° VET F	20° F
110	518	HERRERO LUCAS	Hector	SALMANTICA TRIATLON	M		Trailiño	0:58:54 (113)	1:39:02 (107,+6)	2:32:04	+50:28	08:27		90° M
111	569	ESPASANDÍN LÓPEZ	Jesus	AD JARNACHAS	M	VET M	Trailiño	1:01:53 (137)	1:40:45 (117,+20)	2:32:05	+50:29	08:27	26° VET M	91° M
112	520	MORA ANIDO	Enrique	AD JARNACHAS	M	VET M	Trailiño	1:01:55 (138)	1:40:49 (118,+20)	2:32:06	+50:30	08:27	27° VET M	92° M
113	657	GÓMEZ MAGIDE	Daniel		M		Trailiño	0:58:40 (111)	1:38:56 (106,+5)	2:32:10	+50:34	08:27		93° M
114	558	LIMA BARREIRO	Fatima	CD MESOIRO	F		Trailiño	1:01:22 (134)	1:41:06 (122,+12)	2:32:37	+51:01	08:29		21° F
115	602	RODRIGUEZ ARAUJO	Felipe	CORNELIOS	M		Trailiño	0:59:41 (120)	1:39:28 (110,+10)	2:32:55	+51:19	08:30		94° M
116	661	GALDO SEARA	Luis		M		Trailiño	0:58:19 (109)	1:39:46 (111,-2)	2:33:07	+51:31	08:31		95° M
117	683	GONZALEZ FERNANDEZ	Lucia	GTR GALAICO TRAIL RUN	F		Trailiño	1:00:12 (124)	1:41:20 (123,+1)	2:33:17	+51:41	08:31		22° F
118	638	LOUGEDO VILLAMEA	Francisco	FIND YOUR EVEREST TEAM	M	VET M	Trailiño	0:58:05 (107)	1:39:23 (109,-2)	2:33:55	+52:19	08:33	28° VET M	96° M
119	789	AGUILERA QUINTEROS	Lali	TRIBU TRAIL	F		Trailiño	1:01:07 (131)	1:41:24 (127,+4)	2:33:55	+52:19	08:33		23° F
120	717	SERRANO NEIRA	Luis	BRUTANZOS TEAM	M		Trailiño	1:01:21 (133)	1:40:41 (114,+19)	2:34:02	+52:26	08:34		97° M
121	507	DACAL RODRIGUEZ	Adrian	ASESOU	M		Trailiño	0:57:57 (105)	1:39:02 (108,-3)	2:34:30	+52:54	08:35		98° M
122	547	GONZALEZ MONTERO	Alejandro	CLUB MONTEPENARUBIA	M		Trailiño	0:57:52 (104)	1:40:58 (120,-16)	2:34:32	+52:56	08:35		99° M
123	711	IGLESIAS LOPEZ	Lali	CLUB MONTEPENARUBIA	F		Trailiño	0:57:58 (106)	1:41:01 (121,-15)	2:34:32	+52:56	08:35		24° F
124	563	CASTRO REAL	Ruben	CHURRASCOPS	M		Trailiño	0:56:43 (96)	1:38:52 (105,-9)	2:35:17	+53:41	08:38		100° M
125	728	SOBRADO	Fran	C.D. BIOSBARDO	M		Trailiño	0:56:17 (90)	1:35:46 (90)	2:35:24	+53:48	08:38		101° M
126	519	GONZÁLEZ MÉNDEZ	Alejandro		M		Trailiño	0:57:19 (100)	1:38:07 (101,-1)	2:35:34	+53:58	08:38		102° M
127	786	RODRIGUEZ VAZQUEZ	Blas	TRAILEROS TOXOS E BIRRAS	M	VET M	Trailiño	1:01:55 (139)	1:41:20 (124,+15)	2:35:52	+54:16	08:40	29° VET M	103° M
128	612	LÓPEZ RODRÍGUEZ	Pablo		M		Trailiño	1:05:41 (165)	1:45:08 (140,+25)	2:36:00	+54:24	08:40		104° M
129	515	DOMINGUEZ GONZALEZ	Sergio	CD SOLORUNNERS VALLADOLID	M		Trailiño	1:02:21 (142)	1:44:18 (133,+9)	2:36:00	+54:24	08:40		105° M
130	663	MARTÍNEZ SOUTO	Paula	FIND YOUR EVEREST TEAM	F		Trailiño	0:59:17 (118)	1:40:36 (113,+5)	2:36:14	+54:38	08:41		25° F
131	637	MÉNDEZ PIÑEIRÚA	Leandro		M	VET M	Trailiño	1:02:16 (141)	1:43:02 (130,+11)	2:37:57	+56:21	08:46	30° VET M	106° M
132	760	MARTÍNEZ SILVEIRA	Luis Clodomiro		M	VET M	Trailiño	0:57:09 (97)	1:40:43 (115,-18)	2:38:10	+56:34	08:47	31° VET M	107° M
133	688	VEIGA	David		M		Trailiño	1:03:46 (152)	1:45:27 (141,+11)	2:39:07	+57:31	08:50		108° M
134	734	TUBÍO HERMO	María	TRIBU TRAIL	F		Trailiño	1:00:40 (125)	1:43:53 (132,-7)	2:39:47	+58:11	08:53		26° F

135	524	PÉREZ ANIDO	Gutier Fernán	MURUM ATLETICA	M	Trailiño	0:59:22 (119)	1:43:14 (131,-12)	2:39:47	+58:11	08:53	109° M
136	644	VAZQUEZ GRANDE	Veronica	A CABRA TIRA O MONTE	F	Trailiño	1:06:40 (170)	1:50:22 (159,+11)	2:40:08	+58:32	08:54	27° F
137	722	RIVAS VILA	Carlos		M	Trailiño	1:02:33 (145)	1:44:35 (137,+8)	2:40:36	+59:00	08:55	110° M
138	723	RODRÍGUEZ GARCÍA	Xana	CLUB MONTAÑA TERRAS DE BURÓN	F	Trailiño	1:02:27 (143)	1:44:32 (136,+7)	2:40:36	+59:00	08:55	28° F
139	576	BERMÚDEZ FERNÁNDEZ	Diego	TOXIZA CLUBE DE MONTAÑA	M	Trailiño	1:02:28 (144)	1:44:23 (135,+9)	2:41:16	+59:40	08:58	111° M
140	692	NOVOA RAMOS	Alberto	SUBINDO RITMO!!!	M	VET M	Trailiño	1:04:27 (160)	1:46:13 (145,+15)	2:41:37	+1:00:01	08:59 32° VET M
141	556	VEGA FÉLIX	Álvaro		M	Trailiño	1:04:45 (162)	1:45:29 (142,+20)	2:41:38	+1:00:02	08:59	113° M
142	724	VILAR MARTÍNEZ	Javier	ESCOLA DE ATLETISMO PAULA MAYOBRE	M	VET M	Trailiño	1:06:28 (167)	1:48:56 (155,+12)	2:42:24	+1:00:48	09:01 33° VET M
143	565	ABAL ROMA	Carlos	CLUB ATLETISMO CAMBADOS	M	Trailiño	1:03:11 (147)	1:46:46 (149,-2)	2:42:37	+1:01:01	09:02	115° M
144	502	MIRAGAYA CARBALLAL	Silvia		F	Trailiño	1:03:22 (148)	1:48:58 (156,-8)	2:43:19	+1:01:43	09:04	29° F
145	541	FERNÁNDEZ MOSCOSO	Iria		F	Trailiño	1:01:36 (136)	1:45:35 (143,-7)	2:43:38	+1:02:02	09:05	30° F
146	550	GONZÁLEZ MAESTRO	Adrián		M	Trailiño	1:06:34 (169)	1:46:56 (150,+19)	2:43:38	+1:02:02	09:05	116° M
147	748	RÍOS MARTÍN	Álvaro		M	Trailiño	1:00:53 (127)	1:46:06 (144,-17)	2:44:11	+1:02:35	09:07	117° M
148	517	VEIGA GONZÁLEZ	Miguel	CD 21 LEGUAS	M	VET M	Trailiño	1:03:41 (150)	1:46:32 (146,+4)	2:44:15	+1:02:39	09:07 34° VET M
149	732	LOSADA BARROS	Diego		M	Trailiño	1:01:12 (132)	1:46:41 (148,-16)	2:44:26	+1:02:50	09:08	119° M
150	553	CARTER	Benjamin	CDM VÉRTICE	M	VET M	Trailiño	1:02:51 (146)	1:46:37 (147,-1)	2:44:39	+1:03:03	09:09 35° VET M
151	604	FERREIRO VARELA	Marcos	CD MESOIRO	M	VET M	Trailiño	1:08:39 (184)	1:51:53 (169,+15)	2:45:26	+1:03:50	09:11 36° VET M
152	719	ALONSO CASUSCELLI	Jorge Alfredo	AD JARNACHAS	M	VET M	Trailiño	1:03:58 (154)	1:48:44 (154)	2:45:34	+1:03:58	09:12 37° VET M
153	509	MAGDALENA VERA	Jaime		M	VET M	Trailiño	1:09:21 (185)	1:51:59 (171,+14)	2:46:35	+1:04:59	09:15 38° VET M
154	581	BERDEAL DE LA BARRERA	Luis	RUN FOZ RUN	M	Trailiño	0:54:14 (80)	1:42:41 (129,-49)	2:47:17	+1:05:41	09:17	124° M
155	746	CARRIL MÉNDEZ	Tito	CD MESOIRO	M	VET M	Trailiño	1:07:56 (178)	1:51:55 (170,+8)	2:47:43	+1:06:07	09:19 39° VET M
156	785	LÓPEZ GABÍN	Raquel	TRAILEROS TOXOS E BIRRAS	F	VET F	Trailiño	1:07:50 (177)	1:50:27 (160,+17)	2:47:44	+1:06:08	09:19 6° VET F
157	727	REGUEIRO BARREIRO	Juan Ramon		M	Trailiño	1:08:35 (183)	1:51:28 (166,+17)	2:48:21	+1:06:45	09:21	126° M
158	659	FERNÁNDEZ GUTIÉRREZ	Santos	G. M. REINOASTUR - UNIVERSIDAD DE OVIEDO	M	VET M	Trailiño	1:04:10 (157)	1:47:38 (152,+5)	2:48:58	+1:07:22	09:23 40° VET M
159	660	MARTIN SERANTES	José Francisco	G. M. REINOASTUR - UNIVERSIDAD DE OVIEDO	M	VET M	Trailiño	1:04:16 (159)	1:47:24 (151,+8)	2:48:58	+1:07:22	09:23 41° VET M
160	706	RABADE BLANCO	Jose Carlos		M	Trailiño	1:02:07 (140)	1:47:52 (153,-13)	2:49:10	+1:07:34	09:24	129° M
161	521	ROMERO HERNANDEZ	Agustin	C.D FISIOTERAPIA ROBERTO RAMOS	M	Trailiño	0:59:04 (115)	1:44:48 (138,-23)	2:49:16	+1:07:40	09:24	130° M
162	673	REY FERNÁNDEZ	Javier		M	VET M	Trailiño	0:59:12 (117)	1:45:02 (139,-22)	2:51:24	+1:09:48	09:31 42° VET M
163	725	VIDAL GÓMEZ	Lucía		F	Trailiño	1:05:24 (164)	1:51:18 (163,+1)	2:52:37	+1:11:01	09:35	32° F
164	589	BORRAJO CASTRO	Sabela	TOXIZA CLUBE DE MONTAÑA	F	Trailiño	1:05:22 (163)	1:51:17 (162,+1)	2:52:38	+1:11:02	09:35	33° F
165	593	LOIS ALVAREZ	Begoña	AD JARNACHAS	F	VET F	Trailiño	1:07:16 (175)	1:53:17 (176,-1)	2:52:38	+1:11:02	09:35 7° VET F
166	670	FERREIRO FERNÁNDEZ	Helena	A.D.C A BOUTUREIRA	F	VET F	Trailiño	1:03:41 (149)	1:50:19 (158,-9)	2:52:40	+1:11:04	09:35 8° VET F
167	595	GONZALEZ DOCAMPO	Felipe	MADERAS BARCIA LOURENZÁ	M	Trailiño	0:57:49 (103)	1:44:23 (134,-31)	2:52:54	+1:11:18	09:37	132° M
168	606	DOMÍNGUEZ LAPIDO	Paula		F	Trailiño	1:11:04 (195)	1:56:35 (185,+10)	2:53:11	+1:11:35	09:37	36° F
169	628	PÉREZ ALVAREZ	Paz	GO FIT OVIEDO	F	VET F	Trailiño	1:08:13 (179)	1:52:31 (174,+5)	2:53:46	+1:12:10	09:39 9° VET F
170	664	RECAREY GARCÍA	Rafael		M	Trailiño	1:09:51 (188)	1:51:31 (167,+21)	2:54:06	+1:12:30	09:40	133° M
171	665	SOUTULLO SOUTO	Chechu	TRAILEROS TOXOS E BIRRAS	M	Trailiño	1:09:58 (189)	1:51:38 (168,+21)	2:54:08	+1:12:32	09:40	134° M
172	530	PORTO JACOB	Manuel	C.D. BIOSBARDO	M	Trailiño	1:06:29 (168)	1:52:15 (172,-4)	2:54:25	+1:12:49	09:41	135° M
173	700	BARROSO	Jennifer	ATLETISMO ARENTEIRO	F	Trailiño	1:06:13 (166)	1:52:27 (173,-7)	2:54:26	+1:12:50	09:41	38° F
174	539	CENDÓN DIZ	Luciano	KÓRPORE ARENTEIRO TRAIL	M	VET M	Trailiño	1:10:23 (191)	1:58:17 (194,-3)	2:54:29	+1:12:53	09:41 43° VET M
175	540	EISERMANN CHAMOSO	Cristina	KÓRPORE ARENTEIRO TRAIL	F	VET F	Trailiño	1:11:23 (198)	1:58:19 (195,+3)	2:54:29	+1:12:53	09:41 10° VET F
176	716	LORENZO VILAR	José Manuel	CD 21 LEGUAS	M	VET M	Trailiño	1:04:05 (156)	1:49:23 (157,-1)	2:54:49	+1:13:13	09:43 44° VET M
177	615	IGLESIAS MASIDE	Hector		M	Trailiño	1:03:45 (151)	1:51:19 (164,-13)	2:55:11	+1:13:35	09:44	138° M
178	671	MORENO COUTO	Christian	TOXIZA CLUBE DE MONTAÑA	M	Trailiño	1:04:15 (158)	1:52:51 (175,-17)	2:55:25	+1:13:49	09:45	139° M
179	532	P. RANDULFE	Diana	BJ RUNNING TEAM	F	Trailiño	1:11:09 (196)	1:57:14 (186,+10)	2:56:45	+1:15:09	09:49	40° F
180	592	GOYANES MARTINEZ	Susana	RUNNING OLEIROS	F	VET F	Trailiño	1:10:54 (192)	1:57:16 (187,+5)	2:56:47	+1:15:11	09:49 11° VET F

181	780 VAZQUEZ RODRIGUEZ	Oscar Daniel		M	VET M	Trailiño	1:04:01 (155)	1:50:35 (161,-6)	2:57:10	+1:15:34	09:50	45° VET M	140° M
182	749 PEREIRA BÁRCENAS	Juan		M		Trailiño	1:06:42 (171)	1:53:32 (178,-7)	2:57:24	+1:15:48	09:52		141° M
183	690 MUÑOZ RODRÍGUEZ	Isabel	CLUBE MONTAÑA TOXIZA	F	VET F	Trailiño	1:07:02 (173)	1:53:31 (177,-4)	2:58:40	+1:17:04	09:56	12° VET F	42° F
184	639 FERNÁNDEZ TORRES	Elisa		F		Trailiño	1:07:06 (174)	1:53:53 (179,-5)	2:58:40	+1:17:04	09:56		43° F
185	758 COUSO FRAIZ	Mina	PEÑA TREVINCA OBARCO	F	VET F	Trailiño	1:12:50 (203)	1:59:23 (196,+7)	2:59:30	+1:17:54	09:58	13° VET F	44° F
186	675 VIGO BARREIRA	Ana		F	VET F	Trailiño	1:08:14 (180)	1:56:29 (184,-4)	2:59:30	+1:17:54	09:58	14° VET F	45° F
187	715 GARCÍA	Reme	OS CORZOS DO ORTEGAL	F		Trailiño	1:09:43 (187)	1:57:40 (192,-5)	3:00:42	+1:19:06	10:02		46° F
188	783 MOLARES ÁLVAREZ	Saturnino		M	VET M	Trailiño	1:12:53 (204)	1:58:11 (193,+11)	3:01:40	+1:20:04	10:05	46° VET M	142° M
189	687 RATOEIRA BASANTA	Moisés	SEMOS OU NON?!	M	VET M	Trailiño	1:14:34 (212)	2:03:24 (208,+4)	3:01:49	+1:20:13	10:06	47° VET M	143° M
190	666 VIZCAÍNO LÓPEZ	André	CLUB MONTAÑA TERRAS DE BURÓN	M		Trailiño	1:08:16 (181)	1:57:24 (190,-9)	3:02:05	+1:20:29	10:07		144° M
191	708 FERNANDEZ TOJO	Alfonso		M		Trailiño	1:03:50 (153)	1:51:23 (165,-12)	3:02:14	+1:20:38	10:07		145° M
192	751 CARBONELL VALIN	Miguel	GTR GALAICO TRAIL RUN	M	VET M	Trailiño	1:13:21 (206)	2:00:05 (198,+8)	3:02:20	+1:20:44	10:08	48° VET M	146° M
193	750 VÁZQUEZ CASEIRO	Belen	GTR GALAICO TRAIL RUN	F	VET F	Trailiño	1:13:26 (207)	2:00:41 (199,+8)	3:02:20	+1:20:44	10:08	15° VET F	47° F
194	653 CONDE BERMÚDEZ	Pedro	CASTROPOL DEPORTE	M	VET M	Trailiño	1:07:40 (176)	2:01:53 (204,-28)	3:02:39	+1:21:03	10:09	49° VET M	147° M
195	564 MARTÍNEZ PIÑEIRO	Iria	CLUB ATLETISMO CAMBADOS	F		Trailiño	1:11:34 (199)	2:02:47 (207,-8)	3:02:44	+1:21:08	10:09		48° F
196	737 OSORIO LÓPEZ	Maria		F		Trailiño	1:08:28 (182)	2:00:41 (200,-18)	3:03:03	+1:21:27	10:10		49° F
197	516 MARGARETO NOYA	Mercedes	CD 21 LEGUAS	F	VET F	Trailiño	1:14:07 (210)	2:04:08 (210)	3:05:11	+1:23:35	10:17	16° VET F	50° F
198	630 BLANCO MATO	Eloy		M		Trailiño	1:09:27 (186)	2:01:14 (202,-16)	3:06:48	+1:25:12	10:23		148° M
199	567 FERNÁNDEZ GARCÍA	Manuel		M	VET M	Trailiño	1:14:45 (214)	2:03:37 (209,+5)	3:07:46	+1:26:10	10:26	50° VET M	149° M
200	594 LOSADA PALACIOS	Jesús	MADERAS BARCIA LOURENZÁ	M		Trailiño	1:04:36 (161)	1:55:35 (180,-19)	3:08:09	+1:26:33	10:27		150° M
201	698 DE LA TORRE GARCÍA	Pablo		M		Trailiño	1:10:57 (193)	1:57:20 (188,+5)	3:08:09	+1:26:33	10:27		151° M
202	702 GONZÁLEZ GARCIA	Roberto	C.D. BIOSBARDO	M	VET M	Trailiño	1:12:02 (201)	1:56:19 (182,+19)	3:08:10	+1:26:34	10:27	51° VET M	152° M
203	697 GONZÁLEZ FERNÁNDEZ	Adrián		M		Trailiño	1:10:58 (194)	1:56:22 (183,+11)	3:08:11	+1:26:35	10:27		153° M
204	696 VILARÍN CARRETERO	Pablo		M		Trailiño	1:12:04 (202)	1:57:21 (189,+13)	3:08:12	+1:26:36	10:28		154° M
205	633 FERNÁNDEZ MORA	Juan		M		Trailiño	1:18:14 (221)	2:05:54 (213,+8)	3:08:14	+1:26:38	10:28		155° M
206	580 RIVERA TRIANA	Elías		M		Trailiño	1:18:08 (220)	2:05:54 (212,+8)	3:09:42	+1:28:06	10:32		156° M
207	610 PEREIRA ALBORÉS	Tere	ATLETISMO BAIONA	F	VET F	Trailiño	1:27:40 (241)	1:55:48 (181,+60)	3:12:14	+1:30:38	10:41	17° VET F	51° F
208	545 DE LA TORRE MOSTEIRO	Jose		M		Trailiño	1:11:12 (197)	1:59:28 (197)	3:12:15	+1:30:39	10:41		157° M
209	618 PRECEDO REY	Jorge		M		Trailiño	1:10:21 (190)	2:00:54 (201,-11)	3:12:37	+1:31:01	10:42		158° M
210	645 SÁNCHEZ AVELLO	Veronica	FIND YOUR EVEREST TEAM	F	VET F	Trailiño	1:13:04 (205)		3:12:43	+1:31:07	10:43	18° VET F	52° F
211	721 DÍAZ VÁZQUEZ	Víctor	CLUB MONTAÑA TERRAS DE BURÓN	M	VET M	Trailiño	1:13:35 (208)	2:01:21 (203,+5)	3:14:02	+1:32:26	10:47	52° VET M	159° M
212	772 LAGE RIVERA	Óscar		M		Trailiño	1:13:55 (209)	2:05:14 (211,-2)	3:14:49	+1:33:13	10:49		160° M
213	548 GALMÁN SOUTO	Teresa	CLUB ATLETISMO SADA	F	VET F	Trailiño	1:19:53 (223)	2:11:31 (217,+6)	3:16:51	+1:35:15	10:56	19° VET F	53° F
214	761 VILABOA PITEIRA	Jorge José		M		Trailiño	1:25:53 (240)	2:18:16 (230,+10)	3:18:04	+1:36:28	11:00		161° M
215	720 GRANDÍO VICENTE	Araceli	AD JARNACHAS	F	VET F	Trailiño	1:17:59 (219)	2:11:29 (216,+3)	3:19:00	+1:37:24	11:04	20° VET F	54° F
216	598 GARCIA LOPEZ	Milvia	+ D MONTE	F		Trailiño	1:17:06 (217)	2:07:55 (215,+2)	3:19:02	+1:37:26	11:04		55° F
217	505 GARCIA IGLESIAS	Guilly	CLUB ATLETISMO SADA	F	VET F	Trailiño	1:21:59 (227)	2:13:26 (222,+5)	3:19:46	+1:38:10	11:06	21° VET F	56° F
218	504 LOPEZ PACIN	Jose Enrique	CLUB ATLETISMO SADA	M	VET M	Trailiño	1:22:02 (228)	2:13:02 (220,+8)	3:19:46	+1:38:10	11:06	53° VET M	162° M
219	693 FERNANDEZ PAZ	Juan Jose	CLUB ATLETISMO SADA	M	VET M	Trailiño	1:21:53 (225)	2:13:25 (221,+4)	3:22:23	+1:40:47	11:14	54° VET M	163° M
220	559 ROMERO YUSTE	Federico	CLUB ATLETISMO SADA	M	VET M	Trailiño	1:21:58 (226)	2:13:41 (224,+2)	3:22:24	+1:40:48	11:14	55° VET M	164° M
221	510 CENAMOR FANDIÑO	Marcos	CAS MONTAÑA	M	VET M	Trailiño	1:22:16 (230)	2:13:46 (225,+5)	3:22:25	+1:40:49	11:15	56° VET M	165° M
222	736 GAÑÁN MEGÍAS	Ana	PURA VIDA DEPORTIVA	F	VET F	Trailiño	1:22:27 (231)	2:18:13 (229,+2)	3:23:31	+1:41:55	11:19	22° VET F	57° F
223	607 ROMAN RODRIGUEZ	Hugo	LUME CROSSFIT	M		Trailiño	1:11:45 (200)	2:07:09 (214,-14)	3:25:21	+1:43:45	11:25		166° M
224	546 PENA VARELA	Manuel	FIND YOUR EVEREST TEAM	M	VET M	Trailiño	1:19:16 (222)	2:14:21 (226,-4)	3:25:21	+1:43:45	11:25	57° VET M	167° M
225	654 DAFONTE	Montse	ASALTAMONTES TRAIL	F		Trailiño	1:24:16 (234)	2:22:45 (235,-1)	3:32:08	+1:50:32	11:47		58° F
226	587 SILVA	Elis	MIRANDELA A CORRER	F	VET F	Trailiño	1:20:58 (224)	2:17:14 (227,-3)	3:34:49	+1:53:13	11:56	23° VET F	59° F

227	778 REY DA SILVA	Dolores	CLUB ATLETISMO PINO	F	VET F	Trailiño	1:24:24 (236)	2:20:29 (234,+2)	3:36:27	+1:54:51	12:01	24° VET F	60° F
228	775 SANMARTÍN RODRÍGUEZ	Noemi	CLUB ATLETISMO PINO	F		Trailiño	1:24:17 (235)	2:20:29 (233,+2)	3:36:27	+1:54:51	12:01		61° F
229	774 PORTO SÁNCHEZ	Pablo	CLUB ATLETISMO PINO	M		Trailiño	1:24:29 (237)	2:20:01 (232,+5)	3:36:28	+1:54:52	12:02		168° M
230	779 RAMOS FERROL	Arturo	CLUB TRIATLON COMPOSTELA	M	VET M	Trailiño	1:24:07 (233)	2:19:56 (231,+2)	3:36:31	+1:54:55	12:02	58° VET M	169° M
231	710 LARANJEIRA LORENZO	Raúl	PASA OU ENTORNA	M	VET M	Trailiño	1:24:55 (238)	2:22:54 (236,+2)	3:37:52	+1:56:16	12:06	59° VET M	170° M
232	713 BARRAL ROMEO	José Alberto	PASA OU ENTORNA	M	VET M	Trailiño	1:24:57 (239)	2:23:14 (237,+2)	3:37:52	+1:56:16	12:06	60° VET M	171° M
233	566 FRAGA MARTÍNEZ	Montserrat	AD JARNACHAS	F	VET F	Trailiño	1:24:02 (232)	2:25:38 (238,-6)	3:47:18	+2:05:42	12:38	25° VET F	62° F
234	590 SANTOS	Maria	MIRANDELA A CORRER	F	VET F	Trailiño	1:29:09 (242)	2:31:41 (239,+3)	3:49:25	+2:07:49	12:45	26° VET F	63° F
235	781 ALVARELLOS CAMPOS	José Antonio	GTR GALAICO TRAIL RUN	M	VET M	Trailiño	1:16:48 (215)	2:11:45 (219,-4)	3:56:05	+2:14:29	13:07	61° VET M	172° M
236	554 FERNANDEZ GONZÁLEZ	Aurora	TOXIZA CLUBE DE MONTAÑA	F	VET F	Trailiño	1:16:50 (216)	2:11:44 (218,-2)	3:56:05	+2:14:29	13:07	27° VET F	64° F
237	588 FERREIRA	Armindo	MIRANDELA A CORRER	M	VET M	Trailiño	1:30:10 (243)		4:01:19	+2:19:43	13:25	62° VET M	173° M
-	646 ÁLVAREZ GONZÁLEZ	Manuel	PILONA DEPORTE	M	VET M	Trailiño	0:48:56 (40)	1:32:09 (79,-39)					
-	597 NÚÑEZ ÁLVAREZ	Mariano		M	VET M	Trailiño	1:14:25 (211)	1:57:39 (191,+20)					

Abandonos (5)

DNF	512 PEREIRA BERNÁRDEZ	Elena	CLUB ATLETISMO SADA	F	VET F	Trailiño	1:22:11 (229)	2:13:37 (223,+6)	Abandono				
DNF	538 RODRIGUEZ CASARES	Cristina		F	VET F	Trailiño	1:17:49 (218)	2:17:24 (228,-10)	Abandono				
DNF	643 FERNANDEZ FERNANDEZ	Ivan	A CABRA TIRA O MONTE	M		Trailiño	1:06:58 (172)	2:02:30 (206,-34)	Abandono				
DNF	656 BELLO YAÑEZ	Diego		M		Trailiño			Abandono				
DNF	686 CAINZOS CAGIAO	David	SEMOS OU NON?!	M		Trailiño	1:14:38 (213)	2:02:30 (205,+8)	Abandono				