

II MEDIA MARATÓN CONCELLO DE VILAGARCIA DE AROUSA 2025

VILAGARCIA DE AROUSA - 24.11.2024

RESULTADOS OFICIAIS

XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	RITMO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
1	405 MANUEL LORENZO LOPEZ	04/03/1993	01:11:10	03:22	04:28	08:50	33:36	37:35	42:07	01:11:07	GA9011	CLUB DEPORTIVO PINARIUM	M-1	Senior-1
2	1 MARCOS ORO VENCE	23/07/1991	01:12:35	03:26	04:25	08:48	33:36	37:40	42:28	01:12:34	GA7116	ATLETISMOARENTEIRO	M-2	Senior-2
3	6 ALVARO PRIETO FERVENZA	09/02/1980	01:13:22	03:28	04:32	09:09	34:57	39:08	43:57	01:13:21	GA6117	ATLETISMOCORREDOIRAS	M-3	M40-1
4	450 MARTÍN LESTIDO REY	09/11/1992	01:14:01	03:30	04:33	09:10	34:58	39:08	43:49	01:13:58	AG14665	CLUB ATLETISMO SAR	M-4	Senior-3
5	267 ALEJANDRO PESADO FERNANDEZ	27/03/1975	01:14:20	03:31	04:35	09:19	34:58	39:08	43:56	01:14:19	GA17120	ADAS CUPA	M-5	M45-1
6	353 AGUSTÍN HERNÁNDEZ ULLOA	12/01/1992	01:14:22	03:31	04:30	09:06	34:45	38:58	43:46	01:14:20	AG2027729	CA PINO	M-6	Senior-4
7	5 JORDI CARRASCO NUÑEZ	04/04/1974	01:14:40	03:32	04:33	09:17	34:58	39:08	43:59	01:14:39	GA83	CLUB DEPORTIVO PINARIUM	M-7	M50-1
8	7 DANIEL BARGIELA ARAUJO	20/02/1975	01:15:35	03:34	04:35	09:21	34:58	39:09	44:01	01:15:33	GA7025	BIKILA	M-8	M45-2
9	4 CRISTIAN EXPOSITO CAMPOS	04/10/1987	01:15:51	03:35	04:34	09:19	35:26	39:42	44:35	01:15:50	GA1138	AD NAUTICO NARÓN	M-9	M35-1
10	289 ALBINO FERNANDEZ GARCIA	04/12/1986	01:15:54	03:35	04:36	09:22	35:26	39:43	44:40	01:15:53	TGAL544	ATLETISMOARENTEIRO	M-10	M35-2
11	9 RICARDO VÁZQUEZ VAAMONDE	07/09/1974	01:15:55	03:35	04:36	09:21	35:26	39:43	44:38	01:15:54	GA6141	ADAS CUPA	M-11	M50-2
12	297 DANIEL ESTEVEZ PEREZ	16/06/1992	01:16:00	03:36	04:39	09:23	35:53	40:17	45:13	01:15:59	AG10939	ATLETISMOCORREDOIRAS	M-12	Senior-5
13	262 RUBÉN VICENTE RÍOS	04/06/1997	01:16:16	03:36	04:35	09:20	35:13	39:35	44:41	01:16:15	AG3771	AD CERNE	M-13	Senior-6
14	3 JESSE JESUS CORRO ROUFETT	11/01/1989	01:16:38	03:37	04:38	09:32	35:52	40:18	45:15	01:16:37	TGAL562	ATLETISMOARENTEIRO	M-14	M35-3
15	292 XOSÉ PÉREZ BLANCO	08/03/2002	01:17:04	03:39	04:44	09:42	36:30	40:49	45:53	01:17:01	AG2027391	ATLETISMOARENTEIRO	M-15	Sub 23-1
16	413 MANUEL SOBRAL GONZALEZ	31/10/1982	01:17:25	03:40	04:39	09:34	36:20	40:39	45:47	01:17:23	GA1408	CLUB DEPORTIVO PINARIUM	M-16	M40-2
17	570 IAGO PEREIRA SEIJO	16/05/2000	01:17:57	03:41	04:59	10:07	37:06	41:31	46:37	01:17:54	AG2023753	S.G. PONTEVEDRA	M-17	Senior-7
18	555 BRUNO RIADIGOS PIÑEIRO	17/04/1986	01:18:05	03:42	04:47	09:46	36:30	40:57	46:07	01:18:02	TGAL521	NOSPORTLIMIT	M-18	M35-4
19	388 FEDERICO LOSADA CONDE	20/10/1975	01:18:15	03:42	04:41	09:35	36:20	40:43	45:53	01:18:11	TGAL488	CD BIOSBARDO	M-19	M45-3
20	378 MIGUEL MARZOA RUIZ	17/03/1981	01:18:24	03:42	04:56	09:57	37:06	41:31	46:35	01:18:21	AG768923	CAR MARISQUEIRO	M-20	M40-3
21	392 BORJA VARELA PAZ	13/07/1991	01:18:45	03:43	04:48	09:49	36:44	41:15	46:27	01:18:38	TGAL487	CD BIOSBARDO	M-21	Senior-8
22	256 RUBEN CASTRO PORTELA	23/04/1978	01:18:58	03:44	04:45	09:45	36:43	41:15	46:28	01:18:56	AG765724	A GÁNDARA	M-22	M45-4
23	291 JULIO NOVOA GUTIÉRREZ	02/02/1980	01:19:06	03:44	04:45	09:42	36:42	41:11	46:26	01:19:04	AG2017216	ATLETISMOARENTEIRO	M-23	M40-4
24	491 SAUL BENITEZ PEREZ	03/11/2006	01:19:10	03:45	04:56	09:53	37:20	41:52	46:51	01:19:05	AG20930	EL CANARIO	M-24	Sub 20-1
25	587 JACOBO CREGO FERNÁNDEZ	12/04/1982	01:19:17	03:45	04:41	09:45	36:43	41:16	46:28	01:19:15	GA1500	SD COMPOSTELA ATLETISMOM	M-25	M40-5
26	330 DAVID VIDAL DE SA	11/05/1977	01:19:19	03:45	04:44	09:43	36:53	41:32	46:45	01:19:17	AG2028119	ATLETISMO SAMERTOLAMEU	M-26	M45-5
27	301 JUAN SOLIÑO LANZOS	27/02/1979	01:19:22	03:45	04:48	09:50	37:19	41:51	47:03	01:19:20	GA-3684049-A	ATLETISMOCORREDOIRAS	M-27	M45-6
28	571 IVAN VAZQUEZ FERNANDEZ	11/06/2005	01:19:25	03:45	04:39	09:46	36:45	41:21	46:26	01:19:25	GA1497	SAN MIGUEL DE MARIN	M-28	Sub 20-2
29	281 BRUNO GARCÍA CERDEIRAS	07/09/1972	01:19:54	03:47	04:40	09:36	36:53	41:31	46:42	01:19:53	AG2018883	ATLETAS DE ACEA DE AMA	M-29	M50-3
30	389 EMILIO MONTILLA FERNANDEZ	09/06/1970	01:20:09	03:47	04:57	10:01	37:16	41:53	47:12	01:20:06	TGAL437	CD BIOSBARDO	M-30	M50-4
31	352 JOSÉ MIGUEL GÓMEZ SÁNCHEZ	30/12/1977	01:20:29	03:48	04:38	09:36	37:07	41:46	47:04	01:20:28	GA9408	CA PINO	M-31	M45-7
32	580 JUAN CARLOS RODRIGUEZ TORRES	22/12/1975	01:20:36	03:49	05:06	10:15	37:48	42:27	47:42	01:20:27	AG2021376	SD BARBANTIA RODA	M-32	M45-8
33	427 MAXIMINO OUBIÑA FALCON	23/10/1983	01:20:48	03:49	05:02	10:11	37:36	42:12	47:27	01:20:43	AG3576	CLUB ATLETISMO CAMBADOSM	M-33	M40-6

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PTO DOR.	NOME	DATA NAC.	TEMPO	RITMO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
34	594 ALBERTO MARIÑO RIAL	05/09/1981	01:20:56	03:50	05:02	10:03	37:08	41:46	47:01	01:20:50	AG18522	SD COMPOSTELA ATLETISMOM-34	M-34	M40-7
35	553 MARTÍN ESPÍNEIRA MOSQUERA	31/03/1999	01:20:58	03:50	04:59	09:53	37:54	42:30	47:50	01:20:50	TGAL519	NOSPORTLIMIT	M-35	Senior-9
36	425 SANTIAGO FALCÓN PÉREZ	26/07/1966	01:21:11	03:50	05:02	10:01	37:57	42:32	47:49	01:21:06	AG2018451	CLUB ATLETISMO CAMBADOSM-36	M-36	M55-1
37	556 JUAN CARLOS VAZQUEZ GRELA	02/03/1983	01:21:22	03:51	05:01	10:11	37:57	42:32	47:52	01:21:15	TGAL534	NOSPORTLIMIT	M-37	M40-8
38	295 LUIS MIGUEL BECERRO ESCRIBANO	28/10/1979	01:21:31	03:51	04:51	09:50	37:57	42:32	47:49	01:21:29	AG2021785	ATLETISMO CORREDOIRAS	M-38	M45-9
39	478 VÍCTOR XOSE GONZÁLEZ HORTA	29/03/1984	01:21:32	03:51	04:43	09:40	37:49	42:27	48:07	01:21:30	AG765828	COMESAÑA SPORTING CLUB	M-39	M40-9
40	445 JOSE ANTONIO GOMEZ RIOS	16/10/1977	01:21:36	03:52	05:27	10:54	39:23	44:00	49:25	01:21:24	AG768418	CLUB ATLETISMO SAR	M-40	M45-10
41	322 ISMAEL TÁBOAS CARRERA	14/02/1990	01:21:39	03:52	05:04	10:19	38:30	43:03	48:23	01:21:36	AG2026529	ATLETISMO PORRIÑO	M-41	Senior-10
42	552 BORJA COSTA ROJO	09/02/1984	01:21:56	03:53	04:58	09:52	37:20	41:52	47:21	01:21:48	TGAL529	NOSPORTLIMIT	M-42	M40-10
43	312 CARLOS JUANATEY GARCIA	08/11/1980	01:22:17	03:54	05:05	10:04	37:41	42:30	48:01	01:22:06	AG2026555	ATLETISMO NOIA	M-43	M40-11
44	605 JOSE SUÁREZ LEIS	23/12/1963	01:22:17	03:54	05:03	10:06	37:57	42:33	47:50	01:22:12	GA1424	SD COMPOSTELA ATLETISMOM-44	M-44	M60-1
45	584 JUAN CARLOS CASAL PEREZ	12/12/1975	01:22:28	03:54	04:46	09:51	38:11	42:54	48:20	01:22:24	GA4897	SD COMPOSTELA ATLETISMOM-45	M-45	M45-11
46	320 ENRIQUE MORÁN GONZALEZ	09/09/1979	01:22:29	03:54	05:06	10:21	38:28	43:04	48:27	01:22:26	TGAL639	ATLETISMO PORRIÑO	M-46	M45-12
47	428 LUCAS POUSO VIDAL	31/05/1979	01:22:35	03:54	05:21	10:51	39:24	44:07	49:36	01:22:27	AG3808	CLUB ATLETISMO CAMBADOSM-47	M-47	M45-13
48	351 CARLOS FRAGA ADRIO	16/07/1990	01:22:51	03:55	05:06	10:13	38:30	43:07	48:35	01:22:46	AG2026660	CA PINO	M-48	Senior-11
49	440 ALBERTO ALVAREZ BENDAÑA	28/09/1980	01:22:53	03:55	05:19	10:35	39:25	44:08	49:41	01:22:43	AG2014744	CLUB ATLETISMO SAR	M-49	M40-12
50	321 SERGIO SANCHEZ FERNANDEZ	14/09/1987	01:23:02	03:56	05:02	10:12	38:28	43:02	48:20	01:22:58	TGAL530	ATLETISMO PORRIÑO	M-50	M35-5
51	578 ERIC MARTINEZ IGLESIAS	17/08/1992	01:23:04	03:56	05:15	10:29	38:52	43:32	48:55	01:22:54	GA1487	SD BARBANTIA RODA	M-51	Senior-12
52	504 ALBERTO GONZALEZ VILLAR	25/12/1986	01:23:12	03:56	05:19	10:39	39:24	44:12	49:39	01:23:03	AG20225	ENTRENARUNNING	M-52	M35-6
53	633 MICHEL FERNANDEZ GARCIA	29/05/1990	01:23:23	03:57	05:03	10:03	38:29	43:30	49:08	01:23:14		SD BARBANTIA RODA	M-53	Senior-13
54	13 ITZIAR MANSO HERAS	25/10/2001	01:23:23	03:57	05:06	10:28	39:24	44:10	49:43	01:23:18	GA5304	OURENSE ATLETISMO	F-1	Senior-1
55	502 HUGO GENDRA SALVADO	24/12/1995	01:23:28	03:57	05:23	10:44	39:30	44:14	49:43	01:23:19	AG15559	ENTRENARUNNING	M-54	Senior-14
56	334 JOSÉ RUBEN CALVO FERNÁNDEZ	16/10/1973	01:23:33	03:57	05:19	10:50	39:24	44:08	49:39	01:23:24	GA2023341	BURGAS ATLETISMO OURENSM-55	M-55	M50-5
57	383 PABLO VAZQUEZ CORREDERA	19/07/1996	01:23:34	03:57	05:17	10:48	39:23	44:08	49:41	01:23:26	AG20938	CAR MARISQUEIRO	M-56	Senior-15
58	376 JAVIER CONDE GONZALVO	13/01/1976	01:23:36	03:57	05:18	10:42	39:23	44:08	49:40	01:23:29	AG2027737	CAR MARISQUEIRO	M-57	M45-14
59	348 MIGUEL IGLESIAS AMORES	25/02/1991	01:23:40	03:57	05:31	10:40	39:09	43:47	49:08	01:23:31	AG2016188	CA BRION-HYUPERSA STGO.	M-58	Senior-16
60	43 SARA CASTILLO OÑATE	15/09/1987	01:23:43	03:58	05:17	10:32	39:24	44:10	49:43	01:23:34	AG14882	ATLETISMO CORREDOIRAS	F-2	M35-1
61	264 MANUEL ENRIQUE ESTEVEZ GARCIA	17/04/1972	01:23:43	03:58	05:02	10:14	38:30	43:19	48:50	01:23:40	GA9046	ADAS CUPA	M-59	M50-6
62	266 JOSE MANUEL GARCIA PEREZ	08/04/1973	01:23:43	03:58	05:04	10:21	38:31	43:19	48:52	01:23:41	GA23527	ADAS CUPA	M-60	M50-7
63	535 RUBEN BREGUA CHAS	13/04/1979	01:23:50	03:58	05:11	10:26	39:23	44:09	49:42	01:23:47	GA206	MARINEDA ATLETICO	M-61	M45-15
64	328 MANUEL ALEJANDRO PARADA RODI	20/09/1972	01:24:08	03:59	05:10	10:31	39:29	44:14	49:48	01:24:01	AG2014057	ATLETISMO SAMERTOLAMEU	M-62	M50-8
65	407 GERMAN MORENZA DOFORNO	24/03/1963	01:24:15	03:59	05:07	10:30	39:31	44:20	49:51	01:24:12	AG767975	CLUB DEPORTIVO PINARIUM	M-63	M60-2
66	382 CRISTIAN VALENCIA RODRIGUEZ	09/03/1995	01:24:19	03:59	05:18	10:49	39:36	44:21	49:56	01:24:12	AG10993	CAR MARISQUEIRO	M-64	Senior-17

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PTO DOR.	NOME	DATA NAC.	TEMPO	RITMO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
67	548 OSCAR VALLE LOPEZ	30/06/1977	01:24:21	03:59	04:57	10:11	38:54	43:45	49:22	01:24:18	AG11136	NOITEBRA	M-65	M45-16
68	609 JOSÉ ANTONIO VÁZQUEZ FERNÁND	25/08/1984	01:24:29	04:00	05:19	10:51	39:36	44:24	49:58	01:24:25	GA1156	SOCIEDADE ATLETICA DO TREM-66	M-66	M40-13
69	372 MANUEL SUAREZ MARTINEZ	26/03/1958	01:24:33	04:00	05:12	10:37	39:27	44:13	49:42	01:24:32	GA144	CA VETERANOS DE SAMIL	M-67	M65-1
70	607 DIEGO DOMINGUEZ CRESPO	19/06/1992	01:24:36	04:00	05:26	10:53	40:07	44:57	50:31	01:24:27	GA1470	SOCIEDADE ATLETICA DO TREM-68		Senior-18
71	311 PABLO HERMO VILLAR	28/12/1982	01:24:37	04:00	05:19	10:38	39:24	44:09	49:37	01:24:27	AG2017531	ATLETISMO NOIA	M-69	M40-14
72	441 CARLOS BUSTO LOBATO	04/11/1967	01:24:40	04:00	05:25	10:52	39:34	44:20	49:55	01:24:31	AG766069	CLUB ATLETISMO SAR	M-70	M55-2
73	549 RICARDO VILLAR RODRÍGUEZ	02/11/1970	01:24:41	04:00	05:04	10:20	39:26	44:13	49:45	01:24:36	AG2015627	NOITEBRA	M-71	M50-9
74	565 XAQUÍN BUGALLO DEL PUERTO	10/04/1979	01:25:12	04:02	05:11	10:27	39:30	44:20	49:55	01:25:09	AG10859	RUNNING OLEIROS	M-72	M45-17
75	567 MIGUEL REGUEIRA VEIGA	10/01/1981	01:25:13	04:02	05:11	10:26	39:30	44:20	49:54	01:25:10	AG2024188	RUNNING OLEIROS	M-73	M40-15
76	14 PATRICIA VARELA SANTISO	02/02/1992	01:25:15	04:02	05:07	10:32	39:40	44:37	50:17	01:25:09	TGAL605	AD CERNE	F-3	Senior-2
77	265 JOSE CARLOS FERREIRA GONZALEZ	13/02/1974	01:25:25	04:02	05:19	10:51	40:07	44:57	50:28	01:25:21	GA9003	ADAS CUPA	M-74	M50-10
78	18 MARIA SOLEDAD AURORA LEIRO LO	18/12/1973	01:25:26	04:02	05:14	10:46	40:11	45:03	50:37	01:25:25	GA1398	SD COMPOSTELA ATLETISMOF-4		M50-1
79	507 DAVID LOPEZ SANCHEZ	05/08/1976	01:25:27	04:03	05:26	10:57	40:12	45:04	50:44	01:25:17	AG12590	ENTRENARUNNING	M-75	M45-18
80	589 EMILIO GARCIA VAZQUEZ	13/12/1975	01:25:27	04:03	05:14	10:45	40:11	45:02	50:41	01:25:26	GA622	SD COMPOSTELA ATLETISMOM-76		M45-19
81	337 JORGE VELEIRO DIAZ	25/01/1963	01:25:39	04:03	05:15	10:41	39:51	44:43	50:19	01:25:35	GA2023076	BURGAS ATLETISMO OURENSM-77		M60-3
82	277 FRANCISCO ANTONIO LAGO SANTI	05/02/1978	01:25:43	04:03	05:19	10:50	39:24	44:08	49:33	01:25:33	AG10505	ASOCIACION DEPORTIVA OLIM-78		M45-20
83	481 SERAFIN RODRIGUEZ RODRIGUEZ	29/03/1973	01:25:51	04:04	05:19	10:48	40:02	44:44	50:18	01:25:47	AG2019551	CORREDORES DO MIÑO	M-79	M50-11
84	550 CARLOS ALVAREZ PAREDES	31/12/1973	01:26:16	04:05	05:01	10:12	38:31	43:19	48:52	01:26:09	TGAL513	NOSPORTLIMIT	M-80	M50-12
85	15 SOFIA FREAZA OTERO	26/03/1982	01:26:18	04:05	05:15	10:39	40:11	45:00	50:36	01:26:16	GA4239	COMESAÑA SPORTING CLUB	F-5	M40-1
86	317 RUBEN OTERO DOSIL	05/02/1996	01:26:19	04:05	05:32	11:05	40:12	45:03	50:41	01:26:07	AG18468	ATLETISMO NOIA	M-81	Senior-19
87	541 ADRIAN CASTROAGUDIN GOMÉZ	13/06/1986	01:26:47	04:06	05:04	10:15	39:45	44:41	50:23	01:26:43	AG2015075	MORAÑA EN RUTA	M-82	M35-7
88	345 FRANCISCO JAVIER PENA PEREIRA	24/09/1981	01:26:53	04:07	05:29	10:52	39:46	44:40	50:17	01:26:41	AG2027906	C.S.C.R. BEADE	M-83	M40-16
89	393 JOSE BENITO DA CUNHA RODRIGUE	07/01/1979	01:27:02	04:07	05:19	10:51	40:12	45:08	50:50	01:26:58	AG14569	CD LA PURISIMA	M-84	M45-21
90	436 LUIS ALBERTO VILLAVAERDE VAZQUI	26/10/1978	01:27:22	04:08	05:04	10:22	39:34	44:29	50:13	01:27:18	AG2019232	CLUB ATLETISMO NEGREIRA	M-85	M45-22
91	344 MARCOS FERNANDEZ MONZON	31/05/1974	01:27:22	04:08	05:32	11:11	40:51	45:50	51:33	01:27:09	AG2024373	C.S.C.R. BEADE	M-86	M50-13
92	299 SALVADOR MARTINEZ CALVO	17/12/1991	01:27:33	04:08	05:06	10:36	40:04	44:58	50:33	01:27:30	AG2028019	ATLETISMO CORREDOIRAS	M-87	Senior-20
93	274 MARIANO CASAS GONZÁLEZ	01/09/1980	01:27:36	04:09	05:37	11:12	40:51	45:48	51:23	01:27:24	AG15032	ASOCIACION DEPORTIVA OLIM-88		M40-17
94	296 ADRIÁN CRESPO MEIJOEIRO	07/09/1986	01:28:00	04:10	06:05	12:05	42:39	47:26	53:01	01:27:47	AG19923	ATLETISMO CORREDOIRAS	M-89	M35-8
95	551 ANTONIO BAAMONDE SANDE	24/04/1973	01:28:14	04:10	05:27	10:55	40:47	45:53	51:43	01:28:00	TGAL507	NOSPORTLIMIT	M-90	M50-14
96	431 PABLO LUENGO DELGADO	25/08/1975	01:28:15	04:10	05:40	11:32	42:06	47:09	53:01	01:28:02	AG2020980	CLUB ATLETISMO ESTRADA	M-91	M45-23
97	542 JORGE MANUEL GARCÍA RODRÍGUE	18/09/1973	01:28:15	04:10	05:18	10:44	40:13	45:05	50:45	01:28:12	AG767429	NOITEBRA	M-92	M50-15
98	293 RAMÓN RODRÍGUEZ GONZÁLEZ	05/11/1968	01:28:21	04:11	05:15	10:40	40:48	45:54	51:46	01:28:15	TGAL540	ATLETISMOARENTEIRO	M-93	M55-3
99	453 JESUS SAINZ TRESGUERRAS	26/05/1991	01:28:23	04:11	05:44	11:20	42:03	47:08	53:00	01:28:13	AG2026562	CLUB ATLETISMO SAR	M-94	Senior-21

II MEDIA MARATÓN CONCELLO DE VILAGARCIA DE AROUSA 2025

VILAGARCIA DE AROUSA - 24.11.2024

RESULTADOS OFICIAIS

XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	RITMO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
100	603 JOSE SANDA ARES	31/07/1981	01:28:31	04:11	05:45	11:20	42:03	47:09	53:02	01:28:20	GA790	SD COMPOSTELA ATLETISMOM-95	M-95	M40-18
101	574 NARCISO ABALO CHOUZA	06/11/1980	01:28:31	04:11	06:02	11:45	41:48	46:47	52:35	01:28:11	GA1489	SD BARBANTIA RODA	M-96	M40-19
102	408 JOSE MANUEL OMIL IGLESIAS	01/11/1980	01:28:32	04:11	05:07	10:31	40:11	45:08	51:12	01:28:27	GA1123	CLUB DEPORTIVO PINARIUM	M-97	M40-20
103	16 BEATRIZ FERNANDEZ GIL	16/01/1982	01:28:43	04:12	05:55	11:50	42:34	47:32	53:15	01:28:30	AG2019485	ATLETISMO CORREDOIRAS	F-6	M40-2
104	391 IVAN SANGIAO DARRIBA	29/10/1986	01:29:08	04:13	04:47	09:50	39:28	44:31	50:17	01:29:04	TGAL27	CD BIOSBARDO	M-98	M35-9
105	496 JOSE GARCIA MARTINEZ	24/12/1989	01:29:14	04:13	05:32	11:06	41:23	46:32	52:27	01:29:04	AG20252	EL CANARIO	M-99	Senior-22
106	377 JESUS CONDE LAGO	07/03/1992	01:29:17	04:13	05:50	11:38	42:46	47:48	53:38	01:29:03	AG2023572	CAR MARISQUEIRO	M-100	Senior-23
107	434 LORENZO LOURIDO RIAL	24/06/1980	01:29:20	04:14	05:24	10:57	41:20	46:24	52:24	01:29:11	AG20072	CLUB ATLETISMO NEGREIRA	M-101	M40-21
108	10 MARÍA JESÚS CONDE RODRÍGUEZ	02/01/1983	01:29:22	04:14	05:00	10:19	40:40	45:51	51:53	01:29:20	AG9497	LUGO RUNNING CLUB	F-7	M40-3
109	259 MANUEL MATO COUSO	01/07/1989	01:29:26	04:14	05:59	11:55	42:34	47:39	53:31	01:29:08	AG20242	AD CERNE	M-102	M35-10
110	562 JAIME ALEJANDRO PEREZ ALVAREZ	13/02/1971	01:29:31	04:14	05:22	11:08	42:14	47:16	53:05	01:29:26	AG11801	RUN PONTEVEDRA	M-103	M50-16
111	471 MANUEL SOTO LOPEZ	07/07/1977	01:29:40	04:15	05:48	11:33	42:21	47:28	53:14	01:29:24	AG12034	CLUBE ATLETISMO BOIMORTCM-104	M-104	M45-24
112	360 PABLO FERNANDEZ DIAZ	25/01/2003	01:29:59	04:15	05:20	10:46	41:36	46:57	53:05	01:29:45	GA807	CA RIBADEO	M-105	Sub 23-2
113	469 JOSÉ MANUEL PENA SUAREZ	16/01/1972	01:30:02	04:16	05:23	10:57	41:21	46:32	52:30	01:30:00	AG20105	CLUBE ATLETISMO BOIMORTCM-106	M-106	M50-17
114	511 JAVIER RODRIGUEZ DOPICO	14/07/1986	01:30:02	04:16	05:57	11:51	42:39	47:41	53:28	01:29:45	AG15159	ENTRENARUNNING	M-107	M35-11
115	81 ANDREA IGLESIAS CARBALLIDO	13/05/1989	01:30:08	04:16	05:14	10:43	41:24	46:36	52:40	01:30:04	GA100	FISIOTERAPIA SAN LÁZARO	F-8	M35-2
116	490 RUBEN VILA SIEIRA	24/12/1975	01:30:08	04:16	05:51	11:40	42:45	47:54	53:52	01:29:54	AG7426	EGOVARROS DE VIVEIRO	M-108	M45-25
117	632 ANTON GOMEZ GONZALEZ	18/08/1991	01:30:08	04:16	05:14	10:42	41:23	46:35	52:41	01:30:04		REAL CLUB CELTA DE ATLETISM-109	M-109	Senior-24
118	288 ELISEO FABELLO CID	15/02/1977	01:30:16	04:16	05:19	10:50	40:22	45:33	51:25	01:30:10	TGAL559	ATLETISMOARENTEIRO	M-110	M45-26
119	363 MARCOS GÓMEZ PÉREZ	24/04/1986	01:30:21	04:16	05:03	10:17	39:45	44:39	50:21	01:30:12	GA1427	CA RIBADEO	M-111	M35-12
120	354 JUAN CARLOS MARTINEZ VALVERDE	08/09/1971	01:30:27	04:17	05:09	10:33	41:26	46:33	52:31	01:30:22	GA8581	CA PINO	M-112	M50-18
121	438 ROBERTO FERNÁNDEZ HORTAS	05/08/1990	01:30:30	04:17	05:36	11:11	42:29	47:36	53:35	01:30:13	AG18614	CLUB ATLETISMO SADA	M-113	Senior-25
122	309 JUAN JESUS TAJES MAYO	02/08/1970	01:30:45	04:18	05:43	11:28	42:30	47:38	53:34	01:30:34	AG2019296	ATLETISMO FONTES DO SAR	M-114	M50-19
123	495 RAMÓN FOLGAR POUZO	13/10/1967	01:30:48	04:18	05:49	11:39	42:27	47:39	53:35	01:30:40	AG2017547	EL CANARIO	M-115	M55-4
124	21 MARTINA LÓPEZ GESTAL	15/02/1986	01:31:12	04:19	05:35	11:17	42:18	47:31	53:33	01:31:04	AG14894	SD COMPOSTELA ATLETISMOF-9	M-116	M35-3
125	364 KEVIN LÓPEZ OROSA	24/06/2006	01:31:17	04:19	05:18	11:06	42:38	47:49	53:46	01:31:14	AG19584	CA RIBADEO	M-116	Sub 20-3
126	468 IVAN LEON VAZQUEZ	01/04/1991	01:31:23	04:19	05:48	11:33	42:25	47:34	53:26	01:31:07	AG2721	CLUBE ATLETISMO BOIMORTCM-117	M-117	Senior-26
127	319 DAVID ALONSO PREGAL	13/09/1988	01:31:26	04:20	05:26	10:52	39:45	44:48	50:36	01:31:14	AG19804	ATLETISMO PORRIÑO	M-118	M35-13
128	577 EDGAR MANUEL LOPEZ BALEIRON	21/05/1980	01:31:41	04:20	06:02	11:45	42:33	47:52	53:55	01:31:20	AG19743	SD BARBANTIA RODA	M-119	M40-22
129	448 ELOY IGLESIAS CRISTOBO	27/03/1965	01:31:56	04:21	05:54	11:44	42:22	47:32	53:24	01:31:46	AG14220	CLUB ATLETISMO SAR	M-120	M55-5
130	532 RAFAEL SABIO FERNANDEZ	23/10/1966	01:32:04	04:21	05:34	11:13	42:33	47:41	53:40	01:31:58	TGAL130	INDEPENDIENTE	M-121	M55-6
131	300 JOSE MARTINEZ SOAGE	28/02/1981	01:32:09	04:22	05:15	10:52	42:26	47:40	53:48	01:32:06	AG20710	ATLETISMO CORREDOIRAS	M-122	M40-23
132	583 XOSE ANTON BARREIRO PEREIRA	17/11/1972	01:32:17	04:22	05:46	11:37	42:49	48:08	54:13	01:32:05	GA1103	SD COMPOSTELA ATLETISMOM-123	M-123	M50-20

II MEDIA MARATÓN CONCELLO DE VILAGARCIA DE AROUSA 2025

VILAGARCIA DE AROUSA - 24.11.2024

RESULTADOS OFICIAIS

XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	RITMO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
133	585 MANUEL CASTIÑEIRAS PORTOS	07/08/1979	01:32:32	04:23	05:26	11:06	41:52	47:09	53:06	01:32:23	GA788	SD COMPOSTELA ATLETISMOM-124	M-124	M45-27
134	529 MIGUEL ANGEL FERNÁNDEZ CASAL	05/02/1966	01:32:39	04:23	05:37	11:22	42:57	48:13	54:15	01:32:33	AG766360	INDEPENDIENTE	M-125	M55-7
135	347 JAVIER GENDRE FERNÁNEZ	04/02/1974	01:32:42	04:23	06:15	12:17	44:23	49:35	55:39	01:32:21	AG20297	CA BRION-HYUPERSA STGO.	M-126	M50-21
136	546 JESUS MANUEL QUINTELA VAZQUEZ	23/09/1974	01:32:43	04:23	05:37	11:32	43:12	48:27	54:33	01:32:39	AG17744	NOITEBRA	M-127	M50-22
137	37 RAQUEL RAMOS SUÁREZ	07/01/1974	01:32:56	04:24	05:58	12:00	44:06	49:35	55:46	01:32:43	AG14902	ASOCIACION DEPORTIVA OLIF-10	M-127	M50-2
138	276 JUAN PABLO INSUA PEDROSA	17/07/1978	01:32:56	04:24	05:57	12:00	44:06	49:35	55:43	01:32:45	AG18085	ASOCIACION DEPORTIVA OLIM-128	M-128	M45-28
139	449 JOSE MANUEL LAGO CES	31/01/1972	01:32:56	04:24	05:25	10:57	44:06	49:35	55:42	01:32:46	GA782	CLUB ATLETISMO SAR	M-129	M50-23
140	57 TAMARA GARCÍA RODRÍGUEZ	24/08/1993	01:33:08	04:24	05:49	11:34	42:46	47:58	53:59	01:32:56	TGAL486	CD BIOSBARDO	F-11	Senior-3
141	397 JOSÉ IGANCIO MOSQUEIRA DORREC	30/03/1972	01:33:21	04:25	05:42	11:45	44:01	49:20	55:27	01:33:13	AG17119	CD LA PURISIMA	M-130	M50-24
142	375 LUIS MIGUEL BAR PEREZ	15/02/1976	01:33:54	04:27	05:51	11:40	42:50	47:57	53:54	01:33:38	AG19276	CAR MARISQUEIRO	M-131	M45-29
143	65 PURIFICACIÓN ANEGAS FERNANDEZ	27/03/1970	01:34:05	04:27	05:55	12:07	44:23	49:44	55:47	01:33:59	AG18445	CORREDORES DO MIÑO	F-12	M50-3
144	362 YAGO FREIJE MARIÑO	08/07/1999	01:34:08	04:27	05:36	11:06	42:38	47:49	53:45	01:33:57	GA805	CA RIBADEO	M-132	Senior-27
145	414 FRANCISCO SOBRAL ROSALES	08/11/1975	01:34:14	04:28	06:09	12:07	44:23	49:47	55:52	01:33:55	TGAL628	CLUB DEPORTIVO PINARIUM	M-133	M45-30
146	357 BRAIS PÉREZ FERNÁNDEZ	09/09/1997	01:34:16	04:28	05:36	11:19	42:47	48:08	54:19	01:34:08	AG17993	CA PINO	M-134	Senior-28
147	19 SILVIA GARCIA LORENZO	13/04/1987	01:34:18	04:28	05:34	11:13	42:37	48:01	54:15	01:34:07	GA1442	ATLETISMO NOIA	F-13	M35-4
148	455 RAFAEL PEREZ REGO	05/11/1958	01:34:22	04:28	06:04	12:08	44:23	49:45	55:51	01:34:02	AG8975	CLUB ATLETISMO TUI	M-135	M65-2
149	401 SONIA TEIJEIRO FERRO	19/11/1971	01:34:43	04:29	05:56	12:05	44:30	50:00	56:15	01:34:38	GA23362	CD LA PURISIMA	F-14	M50-4
150	396 MARCOS MARTIN MOSTEYRIN	10/06/1976	01:34:51	04:29	05:37	11:28	43:01	48:22	54:28	01:34:45	AG20719	CD LA PURISIMA	M-136	M45-31
151	590 MIGUEL GOMEZ LONGO	04/10/1995	01:34:55	04:29	05:05	10:25	42:24	47:52	54:00	01:34:51	AG9431	SD COMPOSTELA ATLETISMOM-137	M-137	Senior-29
152	257 ABRAHAM MARTÍN CORRAL	30/01/2006	01:34:57	04:30	06:00	11:56	43:13	48:30	54:44	01:34:38	AG20196	AD CERNE	M-138	Sub 20-4
153	608 CARLOS FERNÁNDEZ ÁLVAREZ	25/08/1973	01:35:11	04:30	06:10	13:05	44:55	50:19	56:32	01:34:53	AG768891	SOCIEDADE ATLETICA DO TREM-139	M-139	M50-25
154	437 MARCOS GARCÍA SÓÑORA	27/10/1984	01:35:17	04:30	05:34	11:13	42:37	48:01	54:15	01:35:06	AG17301	CLUB ATLETISMO NOIA	M-140	M40-24
155	606 LAUREANO VARELA ALVAREZ	26/07/1975	01:35:21	04:31	05:55	11:55	43:52	48:59	55:07	01:35:09	TGAL709	SD COMPOSTELA ATLETISMOM-141	M-141	M45-32
156	370 JOSE JARDON LÓPEZ	29/02/1956	01:35:22	04:31	05:49	11:46	44:22	49:46	55:52	01:35:16	GA9217	CA VETERANOS DE SAMIL	M-142	M65-3
157	365 IVÁN PARDAL COCA	03/12/1988	01:35:24	04:31	05:48	12:01	45:25	50:47	56:47	01:35:21	GA1617	CLUB ATLETISMO SANTIAGO M-143	M-143	M35-14
158	54 TERESA PARRADO PINAQUE	27/02/1990	01:35:26	04:31	05:49	12:01	45:25	50:47	56:56	01:35:21	GA1450	CLUB ATLETISMO SANTIAGO F-15	F-15	Senior-4
159	432 LUIS MANUEL MOREIRA MARTÍNEZ	16/08/1966	01:36:04	04:33	05:54	12:01	44:23	49:46	55:50	01:35:52	AG17033	CLUB ATLETISMO ESTRADA	M-144	M55-8
160	350 FRANCISCO JOSE CUENCA GARCÍA	26/02/1983	01:36:06	04:33	05:42	11:31	42:46	48:01	54:05	01:35:58	AG2026835	CA PINO	M-145	M40-25
161	604 IVÁN SOLÍS POSE	15/10/1988	01:36:32	04:34	05:37	11:21	44:55	50:20	57:39	01:36:21	AG17683	SD COMPOSTELA ATLETISMOM-146	M-146	M35-15
162	433 JESUS COUSO GARCIA	11/08/1978	01:36:35	04:34	05:59	11:57	44:31	50:02	56:15	01:36:21	AG2496	CLUB ATLETISMO NEGREIRA	M-147	M45-33
163	505 ALEJANDRO LAMAS PEREZ	13/10/1976	01:36:36	04:34	05:57	11:59	44:06	49:35	55:49	01:36:24	AG15046	ENTRENARUNNING	M-148	M45-34
164	282 JOSÉ MANUEL BARROS BARCALA	28/12/1972	01:36:46	04:35	05:49	11:46	44:31	50:03	56:22	01:36:37	AG3996	ATLETISMO +9 MORAÑA	M-149	M50-26
165	102 ARIANA GONZALEZ VERDE	07/04/1983	01:36:47	04:35	06:08	12:09	44:47	50:13	56:30	01:36:32	AG768898	SOCIEDADE ATLETICA DO TREF-16	M-150	M40-4

II MEDIA MARATÓN CONCELLO DE VILAGARCIA DE AROUSA 2025

VILAGARCIA DE AROUSA - 24.11.2024

RESULTADOS OFICIAIS

XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	RITMO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
166	399 JOSE LUIS NOVOA CID	17/06/1973	01:36:48	04:35	05:56	12:04	44:30	50:03	56:14	01:36:43	AG2020475	CD LA PURISIMA	M-150	M50-27
167	86 ANA ISABEL SOUTULLO PARADELA	17/06/1978	01:36:58	04:35	05:55	12:02	44:31	50:02	56:21	01:36:43	AG766013	OURENSE ATLETISMO	F-17	M45-1
168	601 MARTIÑO PLACER GARCIA-RODEJA	09/01/1991	01:37:22	04:36	05:39	11:17	42:23	47:41	53:56	01:37:05	AG20074	SD COMPOSTELA ATLETISMOM-151	Senior-30	
169	588 SEGUNDO DOMINGUEZ ALSINA	08/09/1967	01:37:40	04:37	06:06	12:09	45:53	51:26	57:50	01:37:25	AG2022599	SD COMPOSTELA ATLETISMOM-152	M55-9	
170	82 ROCIO RODRIGUEZ OLIVEIRA	04/05/1983	01:37:41	04:37	05:47	12:03	45:41	51:20	57:49	01:37:37	GA551	FISIOTERAPIA SAN LÁZARO	F-18	M40-5
171	380 FERNANDO POMBO FERREIRA	12/04/1991	01:37:41	04:37	05:17	10:48	40:04	45:00	51:17	01:37:33	AG11507	CAR MARISQUEIRO	M-153	Senior-31
172	260 XESÚS MANUEL MOSTEIRO LÓPEZ	14/04/1962	01:38:06	04:38	06:02	12:09	45:44	51:21	57:53	01:37:55	AG2016317	AD CERNE	M-154	M60-4
173	547 ALFONSO RODRIGUEZ FRAMIL	21/09/1978	01:38:14	04:39	05:37	11:37	44:45	50:25	56:56	01:38:10	AG2020368	NOITEBRA	M-155	M45-35
174	80 ANA ROSA ALONSO GARCIA	25/07/1975	01:38:20	04:39	06:04	12:30	46:34	52:07	58:34	01:38:14	GA5929	FISIOTERAPIA SAN LÁZARO	F-19	M45-2
175	310 PABLO GOMEZ GOMEZ	15/06/1983	01:38:21	04:39	06:03	12:03	44:39	50:46	57:08	01:38:03	AG17304	ATLETISMO NOIA	M-156	M40-26
176	316 JUAN JOSE MAYO BALDERRABANO	27/06/1977	01:38:21	04:39	06:03	12:03	44:34	50:45	57:08	01:38:04	AG18115	ATLETISMO NOIA	M-157	M45-36
177	87 CAROLINA SANTOS VILLALON	26/07/2005	01:38:24	04:39	05:49	12:01	44:44	50:03	56:39	01:38:21	GA6108	RIA FERROL-C. ARENAL	F-20	Sub 20-1
178	398 YAGO MOURIÑO LÓPEZ	24/05/1980	01:38:40	04:40	06:08	12:22	46:29	52:06	58:29	01:38:31	AG16595	CD LA PURISIMA	M-158	M40-27
179	404 MANUEL GONZALEZ LAINS	11/01/1969	01:38:42	04:40	06:09	12:20	46:20	52:03	58:25	01:38:21	GA1620	CLUB DEPORTIVO PINARIUM	M-159	M55-10
180	521 JOSE MARIA LEVOSO TOUCEDA	18/01/1968	01:38:48	04:40	06:17	12:26	46:04	51:38	58:03	01:38:20	AG2026339	ESPRINTES OURENSE	M-160	M55-11
181	394 ESTEBAN FERNANDEZ ALVAREZ	08/02/1975	01:38:55	04:41	06:08	12:26	46:30	52:06	58:27	01:38:46	AG14570	CD LA PURISIMA	M-161	M45-37
182	586 FRANCISCO JAVIER CEPEDA GACIO	17/09/1959	01:39:01	04:41	05:56	11:55	44:45	50:25	56:56	01:38:48	GA1499	SD COMPOSTELA ATLETISMOM-162	M65-4	
183	47 ELISA VANESA BLANCO REY	20/11/1979	01:39:34	04:43	06:06	12:07	45:19	50:56	57:32	01:39:17	GA1444	ATLETISMO NOIA	F-21	M45-3
184	26 MANUELA RODRIGUEZ RODRIGUEZ	12/09/1965	01:39:55	04:44	06:08	12:26	46:30	52:06	58:29	01:39:47	GA629	CD LA PURISIMA	F-22	M55-1
185	395 FRANCISCO JOSE IGLESIAS VILA	30/10/1976	01:40:03	04:44	06:08	12:26	46:30	52:06	58:31	01:39:54	AG19591	CD LA PURISIMA	M-163	M45-38
186	318 SEGUNDO MANUEL RIVEIRO MOLEC	22/05/1971	01:40:22	04:45	06:41	13:22	48:08	53:53	01:00:22	01:40:04	AG19816	ATLETISMO NOIA	M-164	M50-28
187	315 DANIEL LAREO CROO	07/12/1976	01:40:22	04:45	06:40	13:18	48:08	53:53	01:00:25	01:40:05	AG17308	ATLETISMO NOIA	M-165	M45-39
188	410 MIGUEL SANTIAGO PEREIRA	15/10/1974	01:40:48	04:46	06:42	13:28	48:42	54:30	01:01:10	01:40:27	AG19908	CLUB DEPORTIVO PINARIUM	M-166	M50-29
189	305 DIEGO GARCIA LORENZO	25/10/1982	01:41:02	04:47	06:23	12:41	47:13	52:53	59:31	01:40:38	AG11132	ATLETISMO FONTES DO SAR	M-167	M40-28
190	597 LUIS MIGUEZ MIGUEZ	03/08/1978	01:41:17	04:48	05:55	11:55	45:21	50:58	57:38	01:41:04	AG20449	SD COMPOSTELA ATLETISMOM-168	M45-40	
191	59 MARIA AURORA GONZALEZ FERNANDEZ	26/01/1970	01:41:27	04:48	06:08	12:11	46:01	51:43	58:56	01:41:07	TGAL344	CLUB DEPORTIVO PINARIUM	F-23	M50-5
192	284 ENRIQUE MARTINEZ GAGO	25/12/1973	01:41:41	04:49	06:08	12:28	46:29	52:08	58:37	01:41:35	AG17395	ATLETISMO +9 MORAÑA	M-169	M50-30
193	517 LUIS FORNOS GALLEGO	09/11/1975	01:41:45	04:49	06:47	13:19	48:18	54:02	01:00:40	01:41:17	AG2014557	ESPRINTES OURENSE	M-170	M45-41
194	275 DIONISIO FABIAN GONZÁLEZ	04/01/1966	01:42:02	04:50	05:57	12:00	46:29	52:22	59:09	01:41:42	AG20153	ASOCIACION DEPORTIVA OLIMM-171	M55-12	
195	499 SANTIAGO ÁLVAREZ LODEIRO	06/06/1958	01:42:59	04:52	06:14	12:36	47:43	53:36	01:00:21	01:42:38	AG20166	ENTRENARUNNING	M-172	M65-5
196	12 ANA MARTÍNEZ MARTÍNEZ	02/11/1982	01:43:18	04:53	05:54	12:13	47:26	53:19	01:00:15	01:43:13	AG17209	CA SERRES RUNNERS	F-24	M40-6
197	327 ALBERTO JUNCAL IGLESIAS	11/12/1975	01:43:23	04:54	06:39	13:27	48:41	54:30	01:01:08	01:43:06	AG8187	ATLETISMO SAMERTOLAMEU	M-173	M45-42
198	50 YOBANA BERMUDEZ RODRIGUEZ	17/03/1972	01:43:23	04:54	06:38	13:24	48:41	54:30	01:01:08	01:43:05	GA9960	ATLETISMO SAMERTOLAMEU	F-25	M50-6

II MEDIA MARATÓN CONCELLO DE VILAGARCIA DE AROUSA 2025

VILAGARCIA DE AROUSA - 24.11.2024

RESULTADOS OFICIAIS

XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	RITMO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
199	457 DAMIAN ANDRADE PADIN	10/07/1979	01:43:24	04:54	06:33	13:09	48:40	54:29	01:01:10	01:43:08	TGAL31	CLUB CICLISMO TRIATLON POM-174	M-174	M45-43
200	458 DIEGO FREIRE CALVO	02/02/1982	01:43:25	04:54	06:32	13:14	48:40	54:29	01:01:06	01:43:09	TGAL179	CLUB CICLISMO TRIATLON POM-175	M-175	M40-29
201	346 MANUEL PEREZ PASCUAL	26/08/1959	01:43:41	04:54	06:16	12:34	47:52	53:40	01:00:29	01:43:29	GA542	C.S.C.R. BEADE	M-176	M65-6
202	41 ALIA FERNÁNDEZ PÉREZ	24/09/1985	01:43:46	04:55	06:37	13:14	48:42	54:30	01:01:08	01:43:22	AG15091	ATLETISMOARENTEIRO	F-26	M35-5
203	554 MODESTO LUSQUIÑOS GARCIA	05/10/1967	01:43:46	04:55	06:33	13:10	48:42	54:30	01:01:14	01:43:25	TGAL520	NOSPORTLIMIT	M-177	M55-13
204	489 RUFINO FERNANDEZ TRASANCOS	05/08/1963	01:44:01	04:55	05:46	12:15	47:51	53:54	01:01:05	01:44:00	AG2028012	EGOVARROS DE VIVEIRO	M-178	M60-5
205	55 BANESA ATÁN RODRÍGUEZ	14/12/1985	01:44:04	04:55	06:33	13:10	48:38	54:31	01:01:24	01:43:45	AG17645	CA SERRES RUNNERS	F-27	M35-6
206	477 FERNANDO FILGUEIRA PONCE	13/01/1976	01:44:20	04:56	06:14	12:17	46:16	52:03	58:57	01:44:00	AG14824	COMESAÑA SPORTING CLUB	M-179	M45-44
207	359 IGNACIO SEIJO VAZQUEZ	05/12/1964	01:44:43	04:57	06:39	13:49	50:13	56:12	01:02:55	01:44:33	AG3978	CA PINO	M-180	M55-14
208	581 LUIS MARINANO SABORIDO FERNANDEZ	23/09/1971	01:44:54	04:58	07:20	14:12	50:20	56:17	01:03:10	01:44:28	AG2021375	SD BARBANTIA RODA	M-181	M50-31
209	96 NURIA MEJUTO FERNANDEZ	23/05/1990	01:45:00	04:58	06:28	12:41	48:17	54:30	01:01:38	01:44:40	AG9427	SD COMPOSTELA ATLETISMOF-28	F-28	Senior-5
210	442 JOSÉ MANUEL CALERO FERNÁNDEZ	07/08/1981	01:45:08	04:58	05:27	10:53	39:23	44:00	49:25	01:44:56	AG20551	CLUB ATLETISMO SAR	M-182	M40-30
211	95 VICTORIA GONZALEZ GOMEZ	17/10/1971	01:45:55	05:01	06:29	12:48	48:45	55:38	01:02:22	01:45:32	GA1412	SD COMPOSTELA ATLETISMOF-29	F-29	M50-7
212	510 DANIEL NEGREIRA BARCIA	19/03/1982	01:46:34	05:03	06:33	13:36	50:26	56:26	01:03:23	01:46:20	AG763935	ENTRENARUNNING	M-183	M40-31
213	596 FRANCISCO MANUEL MENDEZ QUIROGA	17/06/1976	01:46:42	05:03	06:31	13:04	49:17	55:29	01:02:19	01:46:29	AG11085	SD COMPOSTELA ATLETISMOF-184	M-184	M45-45
214	97 SHAILA MUÑIZ PEREZ	15/05/1980	01:46:42	05:03	06:29	13:09	49:17	55:29	01:02:24	01:46:29	AG2017098	SD COMPOSTELA ATLETISMOF-30	F-30	M40-7
215	287 JOSÉ CARLOS SEIJO FERNÁNDEZ	30/11/1972	01:46:46	05:03	05:54	12:23	49:32	55:43	01:02:43	01:46:40	AG20037	ATLETISMO +9 MORAÑA	M-185	M50-32
216	356 MANUEL PEGITO POMBA	17/04/1971	01:46:56	05:04	06:39	13:24	50:00	56:13	01:03:09	01:46:47	AG20218	CA PINO	M-186	M50-33
217	415 JERONIMO VEIGA GARCIA	19/01/1977	01:47:09	05:04	06:45	13:30	50:01	56:11	01:03:10	01:46:49	TGAL629	CLUB DEPORTIVO PINARIUM	M-187	M45-46
218	544 JESUS PEREZ BALIRAC	16/04/1967	01:48:26	05:08	07:07	14:04	50:32	56:26	01:03:31	01:48:02	AG2020370	NOITEBRA	M-188	M55-15
219	60 ANGELES IGLESIAS SANTIAGO	10/07/1968	01:48:32	05:08	06:27	12:53	49:24	55:35	01:02:47	01:48:12	AG2025714	CLUB DEPORTIVO PINARIUM	F-31	M55-2
220	528 MANUEL CAPELO RIOS	08/01/1955	01:48:57	05:09	06:53	13:36	50:50	57:04	01:04:05	01:48:38	TGAL9	INDEPENDIENTE	M-189	M65-7
221	522 MANUEL RAFEL PEREZ GONZALEZ	21/10/1972	01:49:36	05:11	07:07	14:05	51:33	57:59	01:05:14	01:49:08	AG764299	ESPRINTES OURENSE	M-190	M50-34
222	285 FRANCISCO JAVIER MARTIÑÁN CAMO	03/01/1969	01:49:40	05:11	06:08	12:40	49:36	55:41	01:02:59	01:49:32	AG15314	ATLETISMO +9 MORAÑA	M-191	M55-16
223	93 NOELIA LOJO LOPEZ	30/05/1996	01:50:01	05:12	06:42	13:25	50:58	57:26	01:04:46	01:49:40	AG17412	SD BARBANTIA RODA	F-32	Senior-6
224	409 ANGEL MANUEL RODAL DIZ	06/04/1971	01:50:32	05:14	06:45	13:31	50:04	56:17	01:03:37	01:50:12	AG10103	CLUB DEPORTIVO PINARIUM	M-192	M50-35
225	515 JOSE CARLOS ALVAREZ DE LA IGLESIA	04/04/1968	01:51:01	05:15	07:21	14:29	52:06	58:12	01:05:19	01:50:33	AG2017424	ESPRINTES OURENSE	M-193	M55-17
226	516 ALEXANDRE ÁLVAREZ FERREIRA	01/06/2003	01:51:01	05:15	07:21	14:24	52:05	58:13	01:05:20	01:50:33	AG2026568	ESPRINTES OURENSE	M-194	Sub 23-3
227	73 ESTRELLA MOREIRA BRENLLA	17/09/1983	01:51:48	05:17	07:13	14:33	52:57	59:19	01:06:41	01:51:25	AG2014916	ENTRENARUNNING	F-33	M40-8
228	49 MARÍA DOLORES TARELA MIRAMONTE	28/05/1967	01:51:49	05:18	07:01	14:05	52:54	58:58	01:06:08	01:51:31	GA-3684699-A	ATLETISMO NOIA	F-34	M55-3
229	371 J. ROBERTO REY GONZALEZ	20/06/1948	01:52:04	05:18	06:43	13:37	51:47	58:10	01:05:36	01:52:02	GA1508	CA VETERANOS DE SAMIL	M-195	M75-1
230	98 CARMEN OTERO FERNÁNDEZ	28/01/1999	01:52:09	05:18	06:51	13:34	50:45	56:59	01:04:04	01:51:45	AG21236	SD COMPOSTELA ATLETISMOF-35	F-35	Senior-7
231	361 EMILIO RAMON FERNÁNDEZ RODRÍGUEZ	11/02/1964	01:52:09	05:18	06:51	13:32	51:04	57:27	01:04:52	01:51:44	AG2929	CA RIBADEO	M-196	M60-6

II MEDIA MARATÓN CONCELLO DE VILAGARCIA DE AROUSA 2025

VILAGARCIA DE AROUSA - 24.11.2024

RESULTADOS OFICIAIS

XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	RITMO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
232	99 MARIA CARMEN RODRIGUEZ DEL RI	14/10/1955	01:52:10	05:19	06:51	13:34	51:05	57:30	01:04:54	01:51:46	GA1526	SD COMPOSTELA ATLETISMOF-36	M	M65-1
233	602 FERNANDO REY ALBARELLOS	24/03/1980	01:52:10	05:19	06:51	13:35	50:45	56:59	01:04:05	01:51:45	AG20076	SD COMPOSTELA ATLETISMOM-197	M	M40-32
234	358 ANTONIO RIVEIRA MARTÍNEZ	26/02/1967	01:52:16	05:19	06:39	13:28	51:28	57:59	01:05:45	01:51:55	AG2018657	CA PINO	M	M55-18
235	508 PEDRO LUAÑA LOUZAO	29/06/1970	01:52:43	05:20	07:10	14:01	51:10	57:33	01:05:06	01:52:17	AG20727	ENTRENARUNNING	M	M50-36
236	74 PAZ PEÑA VILLAMIDE	07/02/1965	01:52:57	05:21	07:13	14:25	52:45	59:04	01:06:28	01:52:33	AG14933	ENTRENARUNNING	F	M55-4
237	520 CÉSAR LEBOSO FERREIRO	30/11/1966	01:53:06	05:21	07:21	14:39	53:49	01:00:21	01:08:00	01:52:37	AG763617	ESPRINTES OURENSE	M	M55-19
238	524 GONZALO ALBERTO VAZQUEZ FERRI	17/06/1953	01:53:24	05:22	07:22	14:33	52:56	59:23	01:06:59	01:52:55	AG2027799	ESPRINTES OURENSE	M	M70-1
239	593 ALBERTO MANEIRO LIÑARES	16/06/1979	01:54:00	05:24	07:20	14:39	53:28	59:48	01:07:28	01:53:37	AG13744	SD COMPOSTELA ATLETISMOM-202	M	M45-47
240	387 ENEKO HURTADO CAMPO	27/09/1986	01:55:12	05:27	06:25	12:41	47:54	53:58	01:01:00	01:54:51	TGAL2	CD BIOSBARDO	M	M35-16
241	543 RICARDO IGLESIAS CASAL	16/01/1978	01:55:22	05:28	05:42	11:59	49:29	56:08	01:03:44	01:55:17	AG2015131	NOITEBRA	M	M45-48
242	576 XURXO MANUEL CONDE SIEIRA	17/05/1973	01:55:31	05:28	07:31	14:46	53:59	01:00:27	01:07:52	01:55:05	AG19740	SD BARBANTIA RODA	M	M50-37
243	273 ALFONSO CANOSA BLANCO	20/10/1967	01:55:34	05:28	06:42	13:30	50:02	56:12	01:03:26	01:55:14	AG17644	ASOCIACION DEPORTIVA OLIM-206	M	M55-20
244	90 SOFIA PAMPIN LEIRO	25/05/2006	01:55:37	05:28	06:56	14:36	55:43	01:02:39	01:10:38	01:55:35	AG2028390	S.G. PONTEVEDRA	F	Sub 20-2
245	35 IRIA LAGO ANDRADE	04/11/1997	01:55:55	05:29	07:12	14:18	52:55	59:23	01:06:57	01:55:33	AG2019180	ASOCIACION DEPORTIVA OLIM-39	F	Senior-8
246	374 AROHA BAR IGLESIAS	07/04/2006	01:56:12	05:30	07:04	14:09	53:21	59:45	01:07:20	01:55:47	AG20470	CAR MARISQUEIRO	F	Sub 20-3
247	88 Mª LUISA BARREIRO FUENTES	04/11/1974	01:58:44	05:37	07:16	14:37	55:45	01:02:48	01:11:07	01:58:19	AG763977	RIAZOR CORUÑA	F	M50-8
248	286 JOSÉ AMABLE NUÑEZ GONZÁLEZ	20/05/1971	02:00:53	05:43	07:02	14:36	56:07	01:02:56	01:10:53	02:00:46	AG3997	ATLETISMO +9 MORAÑA	M	M50-38
249	71 CARMEN ASOREY NIEVES	28/09/1970	02:01:13	05:44	07:31	14:58	55:42	01:02:44	01:11:01	02:00:49	AG14942	ENTRENARUNNING	F	M50-9
250	283 JULIO CESAR CONSTENLA FONTAN	20/06/1943	02:04:11	05:53	07:04	14:41	55:40	01:02:31	01:10:43	02:04:04	AG2022733	ATLETISMO +9 MORAÑA	M	M80-1
251	70 ELISEO LOPEZ RIO	04/02/1951	02:05:06	05:55	07:37	15:09	57:35	01:04:39	01:13:12	02:04:50	AG2026273	EGOVARROS DE VIVEIRO	M	M70-2
252	85 JORGELINA MARIELA CARDAROPOLI	23/03/1976	02:05:53	05:58	07:14	14:28	56:41	01:03:40	01:12:12	02:05:28	AG17800	MORAÑA EN RUTA	F	M45-4
253	92 NOA CARAMES VILA	04/03/1980	02:06:41	06:00	07:40	15:17	58:22	01:05:54	01:14:16	02:06:15	AG17449	SD BARBANTIA RODA	F	M40-9
254	75 MARÍA BEGOÑA RAMOS SUÁREZ	26/04/1962	02:08:29	06:05	07:50	15:44	59:02	01:06:19	01:14:47	02:08:07	AG18250	ENTRENARUNNING	F	M60-1
255	385 JOSE FRANCISCO VILLAR SALGADO	09/01/1963	02:08:42	06:06	07:13	14:46	57:56	01:05:11	01:13:40	02:08:16	AG19850	CAR MARISQUEIRO	M	M60-7
256	72 SUSANA GOMEZ LODEIROS	25/08/1972	02:11:31	06:14	08:01	16:06	01:00:55	01:08:34	01:17:20	02:11:01	AG14943	ENTRENARUNNING	F	M50-10
257	77 CONSUELO VIGO LIÑARES	12/07/1970	02:11:32	06:14	08:00	15:52	01:00:55	01:08:33	01:17:19	02:11:04	AG15078	ENTRENARUNNING	F	M50-11
Llegados: 257														
DNF	480 JOSE MANUEL NANÍN LÓPEZ	09/04/1967			05:30	11:12	42:19	47:31	53:30		AG768486	CORREDORES DO MIÑO	M	M55
DNF	403 MANUEL FERNANDEZ GARCÍA	25/02/1969			06:30	13:06	48:35	55:46			AG2027392	CLUB DEPORTIVO PINARIUM	M	M55
DNF	58 RAQUEL ESTEVEZ ALONSO	26/06/1967			06:38	13:37	53:15	01:00:11	01:07:52		TGAL388	CLUB DEPORTIVO PINARIUM	F	M55
DNF	25 MARÍA TARRÍO MARTÍNEZ	10/11/1977			06:31	12:52					GA709	SD COMPOSTELA ATLETISMOF	F	M45
DNF	336 MARCOS RODRIGUEZ DURAN	08/08/1975			05:38	11:27	43:08	48:40	55:39		AG20603	BURGAS ATLETISMO OURENSM	M	M45

II MEDIA MARATÓN CONCELLO DE VILAGARCIA DE AROUSA 2025

VILAGARCIA DE AROUSA - 24.11.2024

RESULTADOS OFICIAIS

XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
DNF	447 JAVIER GUIMAREY SENIN	16/04/1978		05:38	11:13	41:21	46:23	52:06		AG2015893	CLUB ATLETISMO SAR	M	M45
DNF	402 PEDRO ALONSO VAZQUEZ	21/10/1978		06:42	13:30	52:14	59:00			AG9475	CLUB DEPORTIVO PINARIUM	M	M45
DNF	11 JOSE MANUEL PENAS VARELA	28/01/1984		04:44	09:47	37:57	43:02	48:56		AG2016305	AD CERNE	M	M40
DNF	406 ROBERTO MARTINEZ CASTRO	11/12/1983		04:56	10:01					AG2025924	CLUB DEPORTIVO PINARIUM	M	M40
DNF	100 AMIRA SIMÓN MARTÍNEZ	15/10/1989		06:55	14:08		01:12:10			AG20087	SD COMPOSTELA ATLETISMOF		M35
DNF	545 DAVID ROGELIO PÉREZ CASTRO	09/05/1988		05:08	10:39	41:06	46:04			AG20583	NOITEBRA	M	M35
DNF	355 SERGIO PALACIOS LADO	26/09/1986		05:38	11:33	45:38	51:34			AG3395	CA PINO	M	M35
DNF	258 DANIEL MATO CEBRIÁN	21/04/1989		06:04	11:58	44:10	49:47	56:58		AG20266	AD CERNE	M	M35
DNF	313 PABLO LADO TARELA	09/05/1987		07:03	14:06	52:54				AG19827	ATLETISMO NOIA	M	M35
Abandonos: 14													
DNS	446 RAMÓN GONZALEZ PAIS	05/07/2004								AG20001	CLUB ATLETISMO SAR	M	Sub 23
DNS	2 ISMAEL VIEITEZ PORTO	24/08/1992								AG2014071	CD DELIKIA	M	Senior
DNS	582 ERNESTO TRIÑANES MARTINEZ	18/03/1990								AG19742	SD BARBANTIA RODA	M	Senior
DNS	83 BELEN RIADIGOS CARDIGONDE	10/05/1990								AG20986	INDEPENDIENTE	F	Senior
DNS	530 CARLOS MANUEL PERNAS PARAPAR	05/01/1990								TGAL706	INDEPENDIENTE	M	Senior
DNS	53 LOURDES LÓPEZ VILLAR	06/03/1995								GA1481	CA RIBADEO	F	Senior
DNS	290 VÍCTOR LÓPEZ FERNÁNDEZ	27/12/1990								TGAL553	ATLETISMO ARENTEIRO	M	Senior
DNS	494 EDUARDO FIGUEIRAS LORENZO	11/07/1997	Art.7	05:49	11:38	44:22	50:39	58:25		AG20251	EL CANARIO	M	Senior
DNS	569 ROI ESTEVEZ JUEGUEN	09/04/2000								GA8730	S.G. PONTEVEDRA	M	Senior
DNS	575 CARLOS MIGUEL CASO BERNABE	29/03/1990								GA1488	SD BARBANTIA RODA	M	Senior
DNS	91 ALDARA BETANZOS FREIRE	17/06/1995								AG19744	SD BARBANTIA RODA	F	Senior
DNS	540 FRANCISCO BARTOLOMÉ GARCIA	16/04/1999								AG767425	MORAÑA EN RUTA	M	Senior
DNS	39 JENNIFER BARROSO DELGADO	07/06/1992								TGAL700	ATLETISMO ARENTEIRO	F	Senior
DNS	66 ANGELA BARBEIRA GALLARDO	15/11/1997								AG20528	CORREXALLAS	F	Senior
DNS	52 ANA MARIA FERRADAS BARRERA	18/07/1963								GA819	CA RIBADEO	F	M60
DNS	263 JOSE FERNANDO TRILLO CARLIN	11/04/1968	Art.7	06:10	12:27	46:01	51:31	57:56		AG14180	AD FOGAR	M	M55
DNS	568 JOSE LUIS RIO SILVA	16/06/1966								AG2021591	RUNNING OLEIROS	M	M55
DNS	599 PEDRO PAZOS CARBÓN	30/10/1968								GA787	SD COMPOSTELA ATLETISMOM		M55
DNS	592 FERNANDO GONZALEZ POUSA	10/08/1967								GA9189	SD COMPOSTELA ATLETISMOM		M55
DNS	48 MARIA TERESA CASTRO VILLAVEUDE	04/07/1968								GA4774	ATLETISMO NOIA	F	M55
DNS	514 JOSE BENITO ABELLAS OTERO	02/04/1965								AG764797	ESPRINTES OURENSE	M	M55
DNS	308 JOSE DOMINGO SENDÓN RODRÍGU	13/11/1974	Art.7	05:36	11:13	41:17	46:20	52:07		AG2020847	ATLETISMO FONTES DO SAR	M	M50

II MEDIA MARATÓN CONCELLO DE VILAGARCIA DE AROUSA 2025

VILAGARCIA DE AROUSA - 24.11.2024

RESULTADOS OFICIAIS

XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
DNS	579 ARTURO PIÑEIRO REY	06/05/1970	Art.7	06:31	12:49	47:02	52:43	59:19		GA1492	SD BARBANTIA RODA	M	M50
DNS	497 LUIS MIGUEL PARADA GARCIA	24/12/1973	Art.7	07:08	13:12	44:31	49:47	55:35		AG764370	EL CANARIO	M	M50
DNS	459 FAUSTINO MEIS VEIGA	23/06/1971								TGAL36	CLUB CICLISMO TRIATLON POM		M50
DNS	307 JUAN MANUEL MATA TORREIRA	17/12/1969	Art.7	05:25	11:06	44:34	50:44	57:49		AG768762	ATLETISMO FONTES DO SAR	M	M50
DNS	509 JOSE MANUEL MALLO NIEVES	22/05/1974	Art.7	06:58	13:47	50:25	56:26	01:03:22		AG763759	ENTRENARUNNING	M	M50
DNS	45 ANA LEMOS SOAGE	30/10/1971								AG2021793	ATLETISMO CORREDOIRAS	F	M50
DNS	306 JOSE ANTONIO JUANATEY PEREZ	24/02/1971	Art.7	05:39	11:32	42:31	47:41	53:45		AG9873	ATLETISMO FONTES DO SAR	M	M50
DNS	386 JOSE ANGEL GRANDA NIETO	22/11/1973								GA1413	CCA RIA DE FOZ	M	M50
DNS	17 ANA BELEN GONZALEZ MARGARIDE	18/01/1974								AG17000	INDEPENDIENTE	F	M50
DNS	343 ALBERTO COSTAS PEREIRA	21/12/1971								AG768601	C.S.C.R. BEADE	M	M50
DNS	349 ALVARO ZARAUZA BEIRAS	06/05/1978								AG11767	CA BRION-HYUPERSA STGO.	M	M45
DNS	400 RICARDO SANCHEZ MOREIRA	06/10/1977								AG17438	CD LA PURISIMA	M	M45
DNS	62 CRISTINA PIÑEIRO VILA	16/01/1979								AG2019317	CLUB ATLETISMO TUI	F	M45
DNS	329 SANTIAGO PIÑEIRO GRAÑA	16/04/1978								AG2025929	ATLETISMO SAMERTOLAMEU	M	M45
DNS	368 CELESTINO LOURO LOURO	10/11/1976	Art.7	05:14	10:39	40:06	45:04	50:55		AG18270	CA SERRES RUNNERS	M	M45
DNS	314 JOSE RAMON LAGO CIVES	23/12/1976								AG15602	ATLETISMO NOIA	M	M45
DNS	503 JOSE GONZALEZ GARCIA	28/01/1978								AG4763702	ENTRENARUNNING	M	M45
DNS	493 JUAN FRANCISCO FERNANDEZ LIJO	06/08/1976								AG19633	EL CANARIO	M	M45
DNS	304 JAVIER DOSIL RIVAS	17/03/1979								AG768760	ATLETISMO FONTES DO SAR	M	M45
DNS	422 ÁLVARO CAROU GARCÍA	12/03/1979	Art.7	06:10	12:21	45:17	50:35	56:46		AG11188	CLUB ATLETISMO CAMBADOSM		M45
DNS	366 ALVARO CANTARIÑO TAJES	08/10/1978	Art.7	05:20	10:55	40:13	45:04	50:40		AG20221	CA SERRES RUNNERS	M	M45
DNS	492 ISRAEL BENITEZ SOMOZA	20/05/1976	Art.7	07:30	14:27	45:52	51:07	56:25		AG11742	EL CANARIO	M	M45
DNS	412 FELIPE SEOANE FERREIRO	24/05/1981								AG19189	CLUB DEPORTIVO PINARIUM	M	M40
DNS	379 JOSE MANUEL PEREZ CARBALLO	26/12/1980								AG19954	CAR MARISQUEIRO	M	M40
DNS	600 ALBERTO PEREIRA FARIÑA	05/04/1980								GA8973	SD COMPOSTELA ATLETISMOM		M40
DNS	8 AMADOR PENA TORREIRA	08/03/1981								GA9185	SD COMPOSTELA ATLETISMOM		M40
DNS	390 MARCOS ANTONIO PASCUAL FIDALC	19/03/1984								TGAL575	CD BIOSBARDO	M	M40
DNS	367 JOSÉ ABEL LADO FIGUEIRAS	27/12/1978	Art.7							AG2020651	CA SERRES RUNNERS	M	M40
DNS	591 GUMERSINDO GONZALEZ CASTRO	15/10/1980								GA621	SD COMPOSTELA ATLETISMOM		M40
DNS	617 JORGE FERRADANS VALDÉS	20/12/1982								AG11768	TRIATLON COMPOSTELA	M	M40
DNS	616 DAVID CUTRÍN LÓPEZ	26/06/1983								AG15022	TRIATLON COMPOSTELA	M	M40
DNS	534 RAMIRO CHAVES MON	05/05/1983	Art.7	04:59	10:03	37:57	42:32	47:50		AG20352	MADERAS BARCIA LOURENZAM		M40
DNS	525 OSCAR BERNARDEZ CARBALLO	09/09/1983								GA5291	FISIOTERAPIA SAN LÁZARO	M	M40

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XXXII CAMPIONATO XUNTA DE GALICIA DE MEDIO MARATÓN

10:30

PTO DOR.	NOME	DATA NAC.	TEMPO	Km 1.2	Km 2.3	10K	Km 11.2	Km 12.7	NETO	LICENZA	CLUBE	SEXO	CATEGORÍA
DNS	598 JOSE ANTONIO PARDIÑAS MALLÓN	26/10/1987	Art.7	04:45	09:36	36:44	41:18	46:43		GA1533	SD COMPOSTELA ATLETISMOM		M35
DNS	261 DAVID PAJARO VARELA	30/12/1985								AG2027135	AD CERNE	M	M35
DNS	485 HECTOR FERRERAS FERROL	09/06/1987								AG3308	CORREXALLAS	M	M35
DNS	94 SILVIA FERNÁNDEZ BLANCO	31/01/1985								AG15216	SD COMPOSTELA ATLETISMOF		M35

No presentados: 59