

XLII GRAN FONDO CAIXABANK PONTEVEDRA 24

MEDIA MARATON  
Clasificación Xeral



XLII GRAN FONDO CAIXABANK 24  
XXIX MEDIO MARATÓN DE PONTEVEDRA • V10K

| Posto | Dorsal | Nome            | Apelidos            | Xénero | Categoría | T. Oficial | Ritmo    | T. Neto  | Ritmo Neto | T. CORB. 1 | T. MONT. 1 | T. KM 10 | T. CORB. 2 | T. MONT. 2 | Licenza    | Club                                   | Localidade                      |
|-------|--------|-----------------|---------------------|--------|-----------|------------|----------|----------|------------|------------|------------|----------|------------|------------|------------|----------------------------------------|---------------------------------|
| 1     | 3      | PABLO           | OTERO FARINA        | M-1    |           | 01:07.12   | 00:03.12 | 01:07.09 | 00:03.11   | 00:14.36   | 00:29.02   | 00:31.35 | 00:47.24   | 01:02.01   |            | SG PONTEVEDRA                          | ILLA DE AROUSA (A)              |
| 2     | 3      | FRANCISCO       | CABRERA GALINDO     | M-2    |           | 01:07.16   | 00:03.12 | 01:07.14 | 00:03.12   | 00:14.44   | 00:29.13   | 00:31.45 | 00:47.26   | 01:02.01   |            | TENERIFE CAJACANARIAS                  | GALDAR                          |
| 3     | 2      | ANXO            | CASTRO VARELA       | M-3    | MST1M-1   | 01:07.29   | 00:03.12 | 01:07.26 | 00:03.12   | 00:14.37   | 00:29.02   | 00:31.35 | 00:47.24   | 01:02.01   | GA700      | VICKY FOODS ATHLETICS                  |                                 |
| 4     | 19     | ALEXANDRE       | ÁLVAREZ FERREIRA    | M-4    |           | 01:09.57   | 00:03.19 | 01:09.53 | 00:03.19   | 00:15.32   | 00:30.24   | 00:32.58 | 00:49.13   | 01:04.18   | GA768720   | ESPRINTS OURENSE                       | OURENSE                         |
| 5     | 1025   | FELIPE          | VENTOSELA PATO      | M-5    | MST2M-1   | 01:10.29   | 00:03.21 | 01:10.24 | 00:03.21   | 00:15.48   | 00:30.50   | 00:33.27 | 00:49.46   | 01:04.51   |            |                                        | OURENSE                         |
| 6     | 15     | ANDRES          | CAMPOS GUERRERO     | M-6    |           | 01:12.14   | 00:03.26 | 01:12.10 | 00:03.26   |            |            |          |            |            |            |                                        | ROTA                            |
| 7     | 43     | SERGIO          | HERMEO GOMEZ        | M-7    |           | 01:13.21   | 00:03.29 | 01:13.18 | 00:03.29   | 00:15.46   | 00:31.22   | 00:34.07 | 00:51.18   | 01:07.22   |            | TRIATLON PC RIAS BAIXAS                | SANXENXO                        |
| 8     | 6      | DAVID           | DE LA FUENTE GÓMEZ  | M-8    |           | 01:14.33   | 00:03.33 | 01:14.31 | 00:03.32   | 00:15.12   | 00:30.10   | 00:32.52 | 00:50.04   | 01:06.59   |            | SOCIEDAD GIMNÁSTICA DE PONTEVEDRA      | MARIN                           |
| 9     | 75     | JESÚS           | FERNÁNDEZ SOENGAS   | M-9    | MST2M-2   | 01:15.09   | 00:03.34 | 01:15.06 | 00:03.34   | 00:16.31   | 00:32.26   | 00:35.15 | 00:52.54   | 01:09.08   |            | CLUB DEPORTIVO DELIKIA                 | VIGO                            |
| 10    | 20     | DANIEL          | ESTÉVEZ PÉREZ       | M-10   |           | 01:15.11   | 00:03.34 | 01:15.08 | 00:03.34   | 00:16.17   | 00:32.20   | 00:35.10 | 00:52.54   | 01:09.20   |            | CLUBE DE ATLETISMO "CORREDOIRAS BUEU"  | BUEU                            |
| 11    | 61     | NUNO            | MOURE FERNÁNDEZ     | M-11   |           | 01:15.14   | 00:03.34 | 01:15.11 | 00:03.34   | 00:15.33   | 00:30.24   | 00:32.59 | 00:51.22   | 01:09.08   |            | A.D. FOGAR                             | CAMBRE                          |
| 12    | 7      | ELIAS SALVADOR  | DOMÍNGUEZ CABRAL    | M-12   | MST3M-1   | 01:15.34   | 00:03.35 | 01:15.31 | 00:03.35   | 00:16.42   | 00:32.56   | 00:35.46 | 00:53.17   | 01:09.36   |            | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | PONTEVEDRA                      |
| 13    | 51     | DANIEL          | FEIJOO FERREIRO     | M-13   | MST2M-3   | 01:15.38   | 00:03.36 | 01:15.35 | 00:03.35   | 00:16.42   | 00:32.56   | 00:35.45 | 00:53.17   | 01:09.37   |            | TRIEUME AS PONTES                      | PONTES DE GARCÍA RODRÍGUEZ (AS) |
| 14    | 49     | VÍCTOR          | GARCÍA GÓMEZ        | M-14   | MST1M-2   | 01:15.44   | 00:03.36 | 01:15.39 | 00:03.36   | 00:16.44   | 00:32.55   | 00:35.45 | 00:53.17   | 01:09.37   | AG2023071  | ATLETISMO ARENTEIRO                    | OURENSE                         |
| 15    | 79     | JOSE ANTONIO    | SANTIAGO BOSCH      | M-15   | MST2M-4   | 01:15.53   | 00:03.36 | 01:15.50 | 00:03.36   | 00:16.42   | 00:32.55   | 00:35.45 | 00:53.26   | 01:09.58   |            | CLUB DEPORTIVO PINARIUM                | PONTEVEDRA                      |
| 16    | 47     | MAXI            | QUIÑANA FALCÓN      | M-16   | MST2M-5   | 01:16.06   | 00:03.37 | 01:16.03 | 00:03.37   | 00:16.42   | 00:32.57   | 00:35.47 | 00:53.26   | 01:09.59   | AG3576     | CLUB ATLETISMO CAMBADOS                | CAMBADOS                        |
| 17    | 64     | DAMIÁN          | GONZÁLEZ CASTRO     | M-17   |           | 01:16.50   | 00:03.39 | 01:16.45 | 00:03.39   | 00:16.57   | 00:33.09   | 00:36.01 | 00:54.01   | 01:10.35   |            | BEALO                                  | BOIRO                           |
| 18    | 16     | DAVID           | VIERA LEMES         | M-18   |           | 01:17.08   | 00:03.40 | 01:17.05 | 00:03.40   | 00:16.39   | 00:33.14   | 00:36.08 | 00:54.14   | 01:11.00   |            | EAMU PLAYAS DE JANDIA                  | ARRECIFE                        |
| 19    | 76     | PABLO           | GARCÍA QUEROL       | M-19   | MST1M-3   | 01:17.39   | 00:03.41 | 01:17.34 | 00:03.41   | 00:16.42   | 00:32.56   | 00:35.46 | 00:53.43   | 01:11.04   |            | CLUB DEPORTIVO DELIKIA                 | VIGO                            |
| 20    | 260    | MARTÍN          | ESPÍNEIRA MOSQUERA  | M-20   |           | 01:18.00   | 00:03.42 | 01:17.55 | 00:03.42   | 00:16.53   | 00:33.18   | 00:36.15 | 00:54.44   | 01:11.47   |            | NOSPORTLIMIT                           | CORUÑA (A)                      |
| 21    | 53     | NICOLÁS         | MARIN MOLLINEDO     | M-21   |           | 01:18.12   | 00:03.43 | 01:18.07 | 00:03.43   | 00:17.16   | 00:33.54   | 00:36.53 | 00:55.09   | 01:12.03   | 77409517.0 | TRIATLON VILAGARCÍA                    | VILAGARCÍA DE AROUSA            |
| 22    | 65     | FRANCISCO RAMÓN | QUIÑANA DIOS        | M-22   | MST3M-2   | 01:18.12   | 00:03.43 | 01:18.08 | 00:03.43   | 00:17.00   | 00:33.54   | 00:36.53 | 00:55.09   | 01:12.03   |            | C.A. CAMBADOS                          | ILLA DE AROUSA (A)              |
| 23    | 84     | PEDRO PABLO     | OUTERLO COUSIÑO     | M-23   | MST3M-3   | 01:18.13   | 00:03.43 | 01:18.07 | 00:03.43   | 00:17.16   | 00:33.55   | 00:36.53 | 00:55.09   | 01:12.03   |            | CLUB TRIATLON VILAGARCIA               | VILAGARCÍA DE AROUSA            |
| 24    | 87     | ADRIAN          | SOUSA DOMÍNGUEZ     | M-24   | MST1M-4   | 01:18.16   | 00:03.43 | 01:18.12 | 00:03.43   | 00:16.44   | 00:33.09   | 00:36.09 | 00:54.29   | 01:11.42   | 35574620Z  | GMTA&CHUVONERS                         | VIGO                            |
| 25    | 18     | ALBERTO         | GARCÍA GACIÑO       | M-25   |           | 01:18.18   | 00:03.43 | 01:18.15 | 00:03.43   | 00:16.31   | 00:32.26   | 00:35.15 | 00:52.54   | 01:09.42   |            | SAUDE SPORT                            | PORTO DO SON                    |
| 26    | 95     | ANGEL JULIÁN    | VARELA REDONDO      | M-26   | MST2M-6   | 01:18.21   | 00:03.43 | 01:18.16 | 00:03.43   | 00:17.27   | 00:34.16   | 00:37.13 | 00:55.17   | 01:12.09   | AG 2014232 | TANINOS RUNNERS PONTEAREAS             | PONTEAREAS                      |
| 27    | 675    | MIGUEL ANGEL    | ÁLVAREZ FERNÁNDEZ   | M-27   | MST2M-7   | 01:18.26   | 00:03.44 | 01:18.18 | 00:03.43   | 00:17.59   | 00:34.44   | 00:37.38 | 00:55.36   | 01:12.22   |            |                                        | OURENSE                         |
| 28    | 59     | DAVID           | PARADA MONTOTO      | M-28   | MST2M-8   | 01:18.30   | 00:03.44 | 01:18.26 | 00:03.44   | 00:16.43   | 00:33.14   | 00:36.10 | 00:54.44   | 01:12.04   |            | MONTEPORREIRUNN                        | PONTEVEDRA                      |
| 29    | 103    | IGNACIO         | DEL CUVILLO VÉLEZ   | M-29   |           | 01:18.33   | 00:03.44 | 01:18.28 | 00:03.44   | 00:17.12   | 00:33.57   | 00:36.53 | 00:55.09   | 01:12.10   |            |                                        | PONTEVEDRA                      |
| 30    | 70     | SANTIAGO        | FALCÓN PÉREZ        | M-30   | MST3M-4   | 01:18.38   | 00:03.44 | 01:18.33 | 00:03.44   | 00:17.00   | 00:33.55   | 00:36.54 | 00:55.09   | 01:12.10   | AG 2018451 | CLUB ATLETISMO CAMBADOS                | GROVE (O)                       |
| 31    | 471    | PEDRO           | TRAVA CAAMAÑO       | M-31   | MST2M-9   | 01:18.43   | 00:03.44 | 01:18.34 | 00:03.44   | 00:17.59   | 00:34.44   | 00:37.39 | 00:56.15   | 01:12.40   |            |                                        | NOIA                            |
| 32    | 86     | JUAN FRANCISCO  | FERNÁNDEZ LUJO      | M-32   | MST2M-10  | 01:18.44   | 00:03.44 | 01:18.40 | 00:03.44   | 00:16.59   | 00:33.53   | 00:36.55 | 00:55.32   | 01:12.37   |            | EL CANARIO                             | RIBEIRA                         |
| 33    | 50     | BORJA           | VARELA PAZ          | M-33   |           | 01:18.47   | 00:03.45 | 01:18.42 | 00:03.44   | 00:17.12   | 00:33.47   | 00:36.42 | 00:55.04   | 01:12.15   |            | C.D. BIOSBARDO                         | PONTEVEDRA                      |
| 34    | 167    | JUAN LUIS       | GARCÍA MENIÑO       | M-34   |           | 01:18.52   | 00:03.45 | 01:18.48 | 00:03.45   | 00:16.42   | 00:32.56   | 00:35.46 | 00:54.47   | 01:12.14   |            | CLUB ATLETISMO CAMBADOS                | PONTEVEDRA                      |
| 35    | 314    | LUIS            | MARTÍNEZ LOUZAO     | M-35   | MST1M-5   | 01:19.13   | 00:03.46 | 01:19.05 | 00:03.45   | 00:16.42   | 00:32.57   | 00:35.46 | 00:54.17   | 01:12.17   |            | TRIATLON PC RIAS BAIXAS                | MONTERROSO                      |
| 36    | 71     | CARLOS          | GONZÁLEZ PIÑEIRO    | M-36   |           | 01:19.23   | 00:03.46 | 01:19.19 | 00:03.46   | 00:17.00   | 00:33.54   | 00:36.52 | 00:55.18   | 01:12.50   |            | CLUB ATLETISMO CAMBADOS                | SANXENXO                        |
| 37    | 90     | CARLOS          | ÁLVAREZ PAREDES     | M-37   | MST3M-5   | 01:19.43   | 00:03.47 | 01:19.39 | 00:03.47   | 00:17.29   | 00:34.27   | 00:37.27 | 00:55.59   | 01:13.16   | TGAL513    | NOSPORTLIMIT                           | CORUÑA (A)                      |
| 38    | 56     | SANTIAGO        | GARCÍA GONZÁLEZ     | M-38   | MST3M-6   | 01:19.49   | 00:03.47 | 01:19.44 | 00:03.47   | 00:17.34   | 00:34.33   | 00:37.33 | 00:56.12   | 01:13.23   |            | BURGAS ATLETISMO OURENSE               | OURENSE                         |
| 39    | 101    | DANIEL          | ÁLVAREZ ÁLVAREZ     | M-39   | MST2M-11  | 01:19.53   | 00:03.48 | 01:19.48 | 00:03.47   | 00:17.40   | 00:34.33   | 00:37.33 | 00:56.01   | 01:13.25   |            |                                        | SOUTOMAIOR                      |
| 40    | 74     | JOSE RAMON      | LAGO CIVES          | M-40   | MST2M-12  | 01:19.57   | 00:03.48 | 01:19.53 | 00:03.48   | 00:16.59   | 00:33.55   | 00:36.57 | 00:55.53   | 01:13.25   | AG000      | CLUB ATLETISMO NOIA                    | NOIA                            |
| 41    | 92     | RICARDO         | BUGALLO             | M-41   |           | 01:20.10   | 00:03.48 | 01:20.06 | 00:03.48   | 00:17.18   | 00:33.58   | 00:36.56 | 00:55.20   | 01:13.18   |            | SACRIFICE IS THE SECRET TEAM           | MORAÑA                          |
| 42    | 88     | MATTHEW         | MURPHY OCONNOR      | M-42   | MST2M-13  | 01:20.24   | 00:03.49 | 01:20.20 | 00:03.49   | 00:17.55   | 00:35.04   | 00:38.06 | 00:56.39   | 01:13.59   |            | GO VEGAN                               | ARTEIXO                         |
| 43    | 93     | PITI            | PEREIRA FARINA      | M-43   | MST2M-14  | 01:20.28   | 00:03.49 | 01:20.24 | 00:03.49   | 00:17.40   | 00:34.32   | 00:37.33 | 00:56.30   | 01:13.56   | GA8973     | SD COMPOSTELA ATLETISMO                | CUNTIS                          |
| 44    | 203    | ANDER           | CASTRO FERNÁNDEZ    | M-44   |           | 01:20.44   | 00:03.50 | 01:20.36 | 00:03.50   | 00:17.42   | 00:35.03   | 00:38.06 | 00:56.52   | 01:14.22   |            | CLUB TRIATLON COMPOSTELA               | MONTERROSO                      |
| 45    | 83     | FELIPE          | RODRÍGUEZ GONZÁLEZ  | M-45   | MST2M-15  | 01:20.47   | 00:03.50 | 01:20.41 | 00:03.50   | 00:17.34   | 00:34.45   | 00:37.49 | 00:56.41   | 01:14.11   |            | CLUB TRIATLON OVIEDO                   | OVIEDO                          |
| 46    | 473    | PABLO           | SEOANE AMOR         | M-46   | MST2M-16  | 01:21.01   | 00:03.51 | 01:20.54 | 00:03.51   | 00:17.41   | 00:34.50   | 00:37.52 | 00:56.44   | 01:14.22   |            |                                        | BETANZOS                        |
| 47    | 80     | CARLOS          | RODRÍGUEZ LEAL      | M-47   | MST1M-6   | 01:21.30   | 00:03.52 | 01:21.27 | 00:03.52   | 00:17.23   | 00:34.19   | 00:37.20 | 00:56.19   | 01:14.23   | AG17062    | CLUB FERROL ATLETISMO                  | NARÓN                           |
| 48    | 653    | JESÚS           | OTERO LESTÓN        | M-48   |           | 01:21.41   | 00:03.53 | 01:21.34 | 00:03.52   | 00:17.47   | 00:35.02   | 00:38.05 | 00:56.52   | 01:14.52   | 45906010B  | TRIATLON ARCADE INFORHOUSE SANTIAGO    | SANTIAGO DE COMPOSTELA          |
| 49    | 96     | JORGE MIGUEL    | DÍEZ DÍEZ           | M-49   | MST1M-7   | 01:22.16   | 00:03.54 | 01:22.11 | 00:03.54   | 00:18.08   | 00:35.43   | 00:38.49 | 00:58.20   | 01:15.41   |            | TRAGALEGUAS BURGOS                     | BURGOS                          |
| 50    | 63     | ISMAEL          | TÁBOAS CARRERA      | M-50   |           | 01:22.20   | 00:03.55 | 01:22.17 | 00:03.54   | 00:17.17   | 00:34.18   | 00:37.24 | 00:56.48   | 01:15.29   | AG2026529  | ATLETISMO PORRIÑO                      | SALCEDA DE CASELAS              |
| 51    | 444    | JONATHAN        | PUIME COMESAÑA      | M-51   | MST1M-8   | 01:22.22   | 00:03.55 | 01:22.15 | 00:03.54   | 00:17.37   | 00:34.50   | 00:37.55 | 00:57.07   | 01:15.08   |            |                                        | VIGO                            |
| 52    | 134    | JULIO           | RODRÍGUEZ GARCÍA    | M-52   | MST3M-7   | 01:22.30   | 00:03.55 | 01:22.22 | 00:03.55   | 00:18.27   | 00:36.12   | 00:39.19 | 00:58.31   | 01:16.05   |            | ATLETISMO FONTES DO SAR                | SANTIAGO DE COMPOSTELA          |
| 53    | 12     | SARA            | CASTILLO ONATE      | F-1    | MST1F-1   | 01:22.38   | 00:03.55 | 01:22.35 | 00:03.55   | 00:18.01   | 00:35.30   | 00:38.34 | 00:57.51   | 01:15.48   | AG14882    | ATLETISMO CORREDOIRAS                  | CANGAS                          |
| 54    | 8      | ÁLVARO          | PIRIETO FERVENZA    | M-53   | MST2M-17  | 01:22.40   | 00:03.56 | 01:22.36 | 00:03.55   | 00:18.01   | 00:35.30   | 00:38.34 | 00:57.52   | 01:15.48   | GA-766117  | CLUBE DE ATLETISMO "CORREDOIRAS BUEU"  | CANGAS                          |
| 55    | 85     | ROBERTO         | SANTOS NÚÑEZ        | M-54   | MST2M-18  | 01:22.41   | 00:03.56 | 01:22.37 | 00:03.55   | 00:17.59   | 00:35.30   | 00:38.35 | 00:57.52   | 01:15.49   |            | CLUBE DE ATLETISMO "CORREDOIRAS BUEU"  | BUEU                            |
| 56    | 211    | ADRIÁN          | CRESPINO            | M-55   | MST1M-9   | 01:22.42   | 00:03.56 | 01:22.38 | 00:03.55   | 00:17.55   | 00:35.14   | 00:38.20 | 00:57.52   | 01:15.50   |            | CLUBE DE ATLETISMO "CORREDOIRAS BUEU"  | SOUTOMAIOR                      |
| 57    | 437    | JORGE           | PÉREZ PAZOS         | M-56   | MST1M-10  | 01:22.43   | 00:03.56 | 01:22.33 | 00:03.55   | 00:18.31   | 00:36.14   | 00:39.25 | 00:58.49   | 01:16.14   |            |                                        | NIGRÁN                          |
| 58    | 72     | IVÁN            | SÁNCHEZ DOMÍNGUEZ   | M-57   | MST2M-19  | 01:22.55   | 00:03.56 | 01:22.51 | 00:03.56   | 00:16.40   | 00:33.51   | 00:37.04 | 00:56.46   | 01:16.09   |            | CLUB ATLETISMO CIUDAD DE ARCOS         | ROTA                            |
| 59    | 462    | EMILIO          | RÚA VAAOMONDE       | M-58   | MST3M-8   | 01:22.59   | 00:03.56 | 01:22.51 | 00:03.56   | 00:18.32   | 00:36.12   | 00:39.18 | 00:58.31   | 01:16.21   |            |                                        | ESTRADA (A)                     |
| 60    | 563    | FRANCISCO       | GIL GÓMEZ           | M-59   | MST1M-11  | 01:22.59   | 00:03.56 | 01:22.54 | 00:03.56   | 00:17.12   | 00:34.44   | 00:37.49 | 00:57.39   | 01:16.06   |            | ESCUELA NAVAL MILITAR                  | PONTEVEDRA                      |
| 61    | 100    | JORGE           | ALBORES MIGUEZ      | M-60   | MST2M-20  | 01:23.07   | 00:03.57 | 01:23.02 | 00:03.57   | 00:18.02   | 00:35.34   | 00:38.42 | 00:58.06   | 01:16.17   |            |                                        | GONDOMAR                        |
| 62    | 145    | JORGE           | GONZÁLEZ VILLANUEVA | M-61   | MST3M-9   | 01:23.15   | 00:03.57 | 01:23.06 | 00:03.57   | 00         |            |          |            |            |            |                                        |                                 |

|     |     |                  |                          |       |          |          |          |          |          |          |          |          |          |          |            |                                   |                        |
|-----|-----|------------------|--------------------------|-------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------|-----------------------------------|------------------------|
| 92  | 194 | GERMÁN           | MORENZA DOFORNO          | M-89  | MST4M-1  | 01:25:37 | 00:04:04 | 01:25:29 | 00:04:04 | 00:18:30 | 00:36:45 | 00:40:01 | 01:00:04 | 01:18:47 |            | CLUB DEPORTIVO PINARIUM           | MARÍN                  |
| 93  | 353 | IVAN             | COELLO CAMINA            | M-90  |          | 01:25:37 | 00:04:04 | 01:25:26 | 00:04:03 | 00:18:34 | 00:36:35 | 00:39:47 | 00:59:42 | 01:18:32 |            |                                   | TUI                    |
| 94  | 332 | DAMIAN           | ARAUJO PEREZ             | M-91  | MST1M-17 | 01:25:43 | 00:04:04 | 01:25:38 | 00:04:04 | 00:17:03 | 00:34:27 | 00:37:39 | 00:57:40 | 01:18:17 | AG17949    |                                   | BARBADÁS               |
| 95  | 102 | JULIAN           | CASTAÑO ALVAREZ          | M-92  |          | 01:25:48 | 00:04:04 | 01:25:41 | 00:04:04 | 00:18:31 | 00:36:38 | 00:39:49 | 00:59:59 | 01:18:57 |            |                                   | CASTROPOL              |
| 96  | 155 | RICARDO          | SANCHEZ MOREIRA          | M-93  | MST2M-30 | 01:25:56 | 00:04:05 | 01:25:45 | 00:04:04 | 00:19:01 | 00:37:22 | 00:40:32 | 01:00:21 | 01:19:16 | AG17438    | CD LA PURISIMA                    | VIGO                   |
| 97  | 278 | DAVID            | CANDAL DE LA CRUZ        | M-94  | MST2M-31 | 01:26:02 | 00:04:05 | 01:25:58 | 00:04:05 | 00:18:15 | 00:36:24 | 00:39:44 | 00:59:58 | 01:19:03 |            | OXIO TRAINING CLUB                | CORUÑA (A)             |
| 98  | 235 | MARCOS           | PENELA CASTIÑEIRA        | M-95  |          | 01:26:08 | 00:04:05 | 01:26:02 | 00:04:05 | 00:18:46 | 00:37:07 | 00:40:20 | 01:00:24 | 01:19:14 |            | FLUVIAL DE LUGO MONTE SEGAE       | GUNTÍN                 |
| 99  | 137 | JUAN             | IGLESIAS OTERO           | M-96  | MST3M-15 | 01:26:11 | 00:04:06 | 01:25:54 | 00:04:05 | 00:19:03 | 00:37:21 | 00:40:34 | 01:00:46 | 01:19:17 | 52494745.0 | ATLETISMO VILA DE CANGAS          | MARÍN                  |
| 100 | 14  | ISABEL           | CAEIRO MARINO            | F-4   |          | 01:26:14 | 00:04:06 | 01:26:10 | 00:04:06 | 00:18:01 | 00:35:30 | 00:38:34 | 00:58:35 | 01:18:24 | GA 60035   | SOCIEDAD GIMNASTICA DE PONTEVEDRA | PONTEVEDRA             |
| 101 | 4   | MANUEL           | HURTADO SANJURJO         | M-97  | MST2M-32 | 01:26:14 | 00:04:06 | 01:26:10 | 00:04:06 | 00:18:01 | 00:35:30 | 00:38:34 | 00:58:34 | 01:18:23 | GA14652    | SOCIEDAD GIMNASTICA DE PONTEVEDRA | PONTEVEDRA             |
| 102 | 13  | SOFIA            | FREAZA OTERO             | F-5   | MST2F-2  | 01:26:21 | 00:04:06 | 01:26:17 | 00:04:06 | 00:18:45 | 00:37:01 | 00:40:17 | 01:00:23 | 01:19:25 |            | COMESAÑA SPORTING CLUB            | REDONDELA              |
| 103 | 780 | FABIAN           | FERNÁNDEZ MAGARIÑOS      | M-98  |          | 01:26:25 | 00:04:06 | 01:26:17 | 00:04:06 | 00:18:50 | 00:36:59 | 00:40:10 | 01:00:04 | 01:19:05 |            |                                   | PONTEVEDRA             |
| 104 | 345 | JUAN CARLOS      | CASTRILLON CRESPO        | M-99  | MST3M-16 | 01:26:32 | 00:04:07 | 01:26:24 | 00:04:06 | 00:18:39 | 00:37:01 | 00:40:15 | 01:00:23 | 01:19:31 |            |                                   | CORUÑA (A)             |
| 105 | 123 | DIEGO            | PÉREZ SOTO               | M-100 | MST2M-33 | 01:26:53 | 00:04:08 | 01:26:47 | 00:04:07 | 00:18:28 | 00:36:49 | 00:40:05 | 01:00:24 | 01:19:31 |            | ATLETAS DE ACEA DE AMA            | FENE                   |
| 106 | 139 | HUGO             | DURAN ALVAREZ            | M-101 | MST2M-34 | 01:27:20 | 00:04:09 | 01:27:13 | 00:04:09 | 00:18:41 | 00:37:01 | 00:40:15 | 01:00:38 | 01:20:05 |            | C.A. VETERANOS DE SAMIL           | PONTEVEDRA             |
| 107 | 926 | GONZALO          | PEREDA NAVAS             | M-102 |          | 01:27:21 | 00:04:09 | 01:26:58 | 00:04:08 | 00:20:03 | 00:38:36 | 00:41:51 | 01:02:04 | 01:20:34 |            |                                   | GRANADA                |
| 108 | 370 | FRANCISCO XAVIER | FERNÁNDEZ DE ROTA IRIMIA | M-103 | MST2M-35 | 01:27:22 | 00:04:09 | 01:27:11 | 00:04:08 | 00:19:19 | 00:37:44 | 00:40:58 | 01:01:22 | 01:20:22 |            |                                   | CORUÑA (A)             |
| 109 | 210 | LUISINO          | GRANA SOUTO              | M-104 | MST1M-18 | 01:27:29 | 00:04:09 | 01:27:24 | 00:04:09 | 00:19:02 | 00:37:43 | 00:40:57 | 01:01:02 | 01:20:11 |            | CLUBE ATLETISMO VILALBA           | LUGO                   |
| 110 | 158 | DARIO            | BERNARDEZ RODRIGUEZ      | M-105 | MST2M-36 | 01:27:33 | 00:04:09 | 01:27:22 | 00:04:09 | 00:18:26 | 00:36:16 | 00:39:27 | 00:59:52 | 01:19:52 |            | CIBUS SIRGON                      | VIGO                   |
| 111 | 956 | JOSE MARÍA       | RENDÓN MORILLO           | M-106 |          | 01:27:39 | 00:04:10 | 01:27:26 | 00:04:09 | 00:19:48 | 00:38:22 | 00:41:36 | 01:01:53 | 01:20:41 |            |                                   | CÁDIZ                  |
| 112 | 257 | RAUL             | BARBEITO GESTAL          | M-107 | MST2M-37 | 01:27:39 | 00:04:10 | 01:27:33 | 00:04:09 | 00:18:39 | 00:37:16 | 00:40:37 | 01:01:23 | 01:20:52 |            | NOSPORTLIMIT                      | ARTEIXO                |
| 113 | 458 | MARCOS           | RODRIGUEZ PUALTO         | M-108 | MST3M-17 | 01:27:43 | 00:04:10 | 01:27:32 | 00:04:09 | 00:19:45 | 00:38:46 | 00:42:03 | 01:02:32 | 01:21:00 |            |                                   | VIGO                   |
| 114 | 127 | EUSEO            | FABELLO CID              | M-109 | MST2M-38 | 01:27:50 | 00:04:10 | 01:27:46 | 00:04:10 | 00:18:45 | 00:37:08 | 00:40:21 | 01:00:41 | 01:20:13 |            | ATLETISMO ARENTEIRO               | OURENSE                |
| 115 | 387 | JOSE MANUEL      | ISOBA BLANCO             | M-110 | MST2M-39 | 01:27:53 | 00:04:10 | 01:27:46 | 00:04:10 | 00:18:45 | 00:37:01 | 00:40:11 | 01:00:25 | 01:20:26 |            |                                   | CORUÑA (A)             |
| 116 | 157 | JOSE LUIS        | ALVAREZ MIRANDA          | M-111 | MST2M-40 | 01:27:53 | 00:04:10 | 01:27:41 | 00:04:10 | 00:19:37 | 00:38:21 | 00:41:36 | 01:01:50 | 01:20:44 |            | CIBUS SIRGON                      | VIGO                   |
| 117 | 276 | DAVID            | VILARINO GONZÁLEZ        | M-112 | MST2M-41 | 01:27:53 | 00:04:10 | 01:27:45 | 00:04:10 | 00:19:21 | 00:37:54 | 00:41:09 | 01:01:30 | 01:20:36 |            | NOSPORTLIMIT                      | CORUÑA (A)             |
| 118 | 73  | LUIS ALBERTO     | VILLAVEDE VÁZQUEZ        | M-113 | MST2M-42 | 01:27:58 | 00:04:11 | 01:27:52 | 00:04:10 | 00:20:01 | 00:39:03 | 00:42:24 | 01:02:57 | 01:21:24 | AG2019232  | CLUB ATLETISMO NEGREIRA           | SANTIAGO DE COMPOSTELA |
| 119 | 202 | MANUEL           | MOURE VÁZQUEZ            | M-114 |          | 01:28:07 | 00:04:11 | 01:27:57 | 00:04:11 | 00:19:02 | 00:37:23 | 00:40:40 | 01:01:25 | 01:20:47 | 45846422Q  | CLUB TRIATLON CERVECERIA O COTÓN  | SANTIAGO DE COMPOSTELA |
| 120 | 233 | CARLOS           | ÁLVAREZ VÁZQUEZ          | M-115 |          | 01:28:10 | 00:04:11 | 01:27:55 | 00:04:11 | 00:19:44 | 00:38:26 | 00:41:43 | 01:02:04 | 01:21:00 |            | FLUVIAL DE LUGO MONTE SEGAE       | LUGO                   |
| 121 | 428 | JOSÉ             | PARÍS LÓPEZ              | M-116 | MST2M-43 | 01:28:11 | 00:04:11 | 01:28:02 | 00:04:11 | 00:18:42 | 00:37:06 | 00:40:24 | 01:00:56 | 01:20:54 |            |                                   | ABEGONDO               |
| 122 | 465 | YAGO             | SÁNCHEZ GUTIÉRREZ        | M-117 |          | 01:28:12 | 00:04:11 | 01:27:54 | 00:04:10 | 00:20:08 | 00:38:41 | 00:41:57 | 01:02:37 | 01:21:29 |            |                                   | PONTEVEDRA             |
| 123 | 492 | CRISTIAN         | VIDAL RODRIGUEZ          | M-118 | MST2M-44 | 01:28:18 | 00:04:12 | 01:28:11 | 00:04:11 | 00:18:56 | 00:37:49 | 00:41:13 | 01:02:05 | 01:21:20 |            |                                   | SALVATERRA DE MIÑO     |
| 124 | 298 | DAVID            | MANEIRO TORRES           | M-119 | MST2M-45 | 01:28:23 | 00:04:12 | 01:28:12 | 00:04:11 | 00:18:45 | 00:36:53 | 00:40:09 | 01:00:32 | 01:20:25 |            | SAUDE SPORT                       | PORTO DO SON           |
| 125 | 240 | JULIO            | ÁLVAREZ-BUYLLA DE LA UZ  | M-120 | MST3M-18 | 01:28:25 | 00:04:12 | 01:28:13 | 00:04:11 | 00:19:23 | 00:38:03 | 00:41:19 | 01:01:53 | 01:21:11 | AG 2017340 | GMTA&CHUVONERS                    | BAIONA                 |
| 126 | 438 | DAVID            | PEREZ POSE               | M-121 | MST2M-46 | 01:28:26 | 00:04:12 | 01:28:18 | 00:04:12 | 00:19:30 | 00:38:22 | 00:41:40 | 01:02:12 | 01:21:24 |            |                                   | MALPICA DE BERGANTINOS |
| 127 | 490 | JULIO            | VERDEAL MONTESINOS       | M-122 | MST2M-47 | 01:28:31 | 00:04:12 | 01:28:17 | 00:04:12 | 00:19:26 | 00:38:13 | 00:41:31 | 01:02:06 | 01:21:30 |            |                                   | OURENSE                |
| 128 | 488 | JORGE            | VEGA LEAL                | M-123 | MST1M-19 | 01:28:32 | 00:04:12 | 01:28:24 | 00:04:12 | 00:19:25 | 00:38:06 | 00:41:25 | 01:02:05 | 01:21:31 |            |                                   | CAMPO LAMEIRO          |
| 129 | 453 | ALEJANDRO        | RODRIGUEZ FRAGUELA       | M-124 | MST2M-48 | 01:28:36 | 00:04:12 | 01:28:30 | 00:04:12 | 00:18:32 | 00:36:56 | 00:40:12 | 01:01:11 | 01:21:12 |            |                                   | CORUÑA (A)             |
| 130 | 161 | HUGO             | LÓPEZ FERNÁNDEZ          | M-125 | MST1M-20 | 01:28:38 | 00:04:13 | 01:28:26 | 00:04:12 | 00:20:27 | 00:39:42 | 00:43:04 | 01:03:26 | 01:21:46 |            | CIBUS SIRGON                      | VIGO                   |
| 131 | 479 | GERMÁN A.        | TIZÓN FREIRIA            | M-126 | MST2M-49 | 01:28:41 | 00:04:13 | 01:28:17 | 00:04:12 | 00:20:10 | 00:38:56 | 00:42:17 | 01:02:48 | 01:21:43 |            |                                   | VIGO                   |
| 132 | 185 | DANIEL           | PEREIRA ALONSO           | M-127 |          | 01:28:43 | 00:04:13 | 01:28:35 | 00:04:12 | 00:18:52 | 00:37:36 | 00:40:58 | 01:01:55 | 01:21:21 | 34876052.0 | CLUB CICLISTA ARAGONTA            | SALCEDA DE CASELAS     |
| 133 | 207 | JOSE MANUEL      | PENA SUAREZ              | M-128 | MST3M-19 | 01:28:44 | 00:04:13 | 01:28:39 | 00:04:13 | 00:19:25 | 00:38:07 | 00:41:28 | 01:02:13 | 01:21:27 |            | CLUBE ATLETISMO BOIMORTO          | ARTEIXO                |
| 134 | 482 | JORGE            | VARELA BLANCO            | M-129 | MST3M-20 | 01:28:44 | 00:04:13 | 01:28:33 | 00:04:12 | 00:19:25 | 00:38:17 | 00:41:36 | 01:02:18 | 01:21:34 |            |                                   | VIGO                   |
| 135 | 247 | JOSE CARLOS      | GRANA ALONSO             | M-130 | MST4M-2  | 01:28:53 | 00:04:13 | 01:28:46 | 00:04:13 | 00:19:12 | 00:38:16 | 00:41:34 | 01:02:10 | 01:21:40 |            |                                   | MOS                    |
| 136 | 313 | JORGE            | CALVO CASTRO             | M-131 |          | 01:28:55 | 00:04:13 | 01:28:47 | 00:04:13 | 00:18:41 | 00:37:13 | 00:40:32 | 01:01:29 | 01:21:23 |            | LODEIROS TRAIL                    | PONTEVEDRA             |
| 137 | 45  | JAVIER           | CHAMOSA LEIRA            | M-132 | MST4M-3  | 01:29:05 | 00:04:14 | 01:28:51 | 00:04:13 | 00:20:41 | 00:39:40 | 00:42:55 | 01:03:16 | 01:22:47 |            | TRIATLON PC RIAS BAIXAS           | PONTEVEDRA             |
| 138 | 300 | PEDRO            | PAZOS CARBÓN             | M-133 | MST3M-21 | 01:29:06 | 00:04:14 | 01:28:57 | 00:04:13 | 00:20:01 | 00:39:03 | 00:42:24 | 01:02:57 | 01:22:00 |            | VETERAN@S DE GALICIA              | PONTEVEDRA             |
| 139 | 642 | ANTIA            | CHAMOSA DACASA           | F-6   |          | 01:29:06 | 00:04:14 | 01:28:51 | 00:04:13 | 00:20:41 | 00:39:40 | 00:42:55 | 01:03:16 | 01:22:18 |            | SD COMPOSTELA ATLETISMO           | SANTIAGO DE COMPOSTELA |
| 140 | 68  | RUBÉN            | VILA SEIRA               | M-134 | MST2M-50 | 01:29:07 | 00:04:14 | 01:29:00 | 00:04:14 | 00:19:10 | 00:38:19 | 00:41:39 | 01:02:37 | 01:22:06 | A-7426     | SOCIEDAD GIMNASTICA DE PONTEVEDRA | PONTEVEDRA             |
| 141 | 171 | MIGUEL ANGEL     | VIDAL REIGOSA            | M-135 | MST3M-22 | 01:29:07 | 00:04:14 | 01:29:00 | 00:04:14 | 00:19:34 | 00:38:20 | 00:41:35 | 01:02:31 | 01:22:01 | FEDME      | C.D.EGOVARROS-VIVEIRO             | BOIRO                  |
| 142 | 294 | MIGUEL ANGEL     | GÓMEZ SENIN              | M-136 | MST2M-51 | 01:29:07 | 00:04:14 | 01:28:54 | 00:04:13 | 00:20:08 | 00:39:18 | 00:42:39 | 01:03:17 | 01:22:15 | 853325.0   | CLUB ATLETISMO LOURENZÁ           | RIADEO                 |
| 143 | 283 | JOAQUIN          | FERNÁNDEZ CAMBADOS       | M-137 | MST2M-52 | 01:29:16 | 00:04:14 | 01:29:06 | 00:04:14 | 00:18:58 | 00:37:28 | 00:40:45 | 01:01:44 | 01:22:05 |            | RUNNING OLEIROS                   | CAMBRE                 |
| 144 | 334 | ANTONIO          | ARMENTIA GALAN           | M-138 | MST3M-23 | 01:29:16 | 00:04:14 | 01:29:01 | 00:04:14 | 00:20:05 | 00:39:07 | 00:42:34 | 01:03:29 | 01:22:30 |            | RÍA DE AROUSA                     | GROVE (O)              |
| 145 | 545 | RUBEN            | NUÑEZ LORENZO            | M-139 | MST1M-21 | 01:29:22 | 00:04:15 | 01:29:04 | 00:04:14 | 00:19:54 | 00:38:45 | 00:42:05 | 01:02:57 | 01:22:12 |            |                                   | CORUÑA (A)             |
| 146 | 621 | ALEJANDRO        | DE RIVAS DEL RIO         | M-140 |          | 01:29:25 | 00:04:15 | 01:29:18 | 00:04:14 | 00:18:59 | 00:38:01 | 00:41:23 | 01:02:20 | 01:22:08 |            | CLUB DEPORTIVO PINARIUM           | MARIN                  |
| 147 | 160 | ANDRÉS           | FERNÁNDEZ FERNÁNDEZ      | M-141 | MST2M-53 | 01:29:28 | 00:04:15 | 01:29:17 | 00:04:14 | 00:18:29 | 00:36:55 | 00:40:13 | 01:01:22 | 01:22:03 |            | PONTE A CORRER                    | PONTEVEDRA             |
| 148 | 163 | JAVIER           | SANZ LUCOTTI             | M-142 | MST4M-4  | 01:29:28 | 00:04:15 | 01:29:16 | 00:04:14 | 00:20:02 | 00:39:15 | 00:42:36 | 01:03:16 | 01:22:19 |            | CIBUS SIRGON                      | VIGO                   |
| 149 | 130 | IVAN             | ESTÉVEZ LAMAS            | M-143 |          | 01:29:33 | 00:04:15 | 01:29:07 | 00:04:14 | 00:20:40 | 00:39:44 | 00:43:01 | 01:03:30 | 01:22:36 |            | CIBUS SIRGON                      | VIGO                   |
| 150 | 434 | KIKE             | PEREZ CONDE              | M-144 | MST2M-54 | 01:29:35 | 00:04:15 | 01:29:23 | 00:04:15 | 00:19:19 | 00:37:57 | 00:41:11 | 01:01:52 | 01:22:01 |            | ATLETISMO FONTES DO SAR           | AMOIRO                 |
| 151 | 335 | JOSE             | BEIRO BRIÓN              | M-145 | MST2M-55 | 01:29:38 | 00:04:15 | 01:29:29 | 00:04:15 | 00:19:03 | 00:37:29 | 00:40:47 | 01:01:38 | 01:21:55 |            |                                   | VIGO                   |
| 152 | 180 | ANTONIO          | LUACES PAZ               | M-146 |          | 01:29:38 | 00:04:15 | 01:29:19 | 00:04:14 | 00:20:10 | 00:39:04 | 00:42:24 | 01:03:13 | 01:22:24 | AG-2023809 | CLUB ATLETISMO SAR                | RIBEIRA                |
| 153 | 140 | ALBERTO          | GARCIA DE LA IGLESIA     | M-147 | MST3M-24 | 01:29:39 | 00:04:15 | 01:29:29 | 00:04:15 | 00:19:38 | 00:38:40 | 00:42:01 | 01:03:39 | 01:22:48 | AG2027721  | C.A. VETERANOS DE SAMIL           | CAMARIÑAS              |
| 154 | 371 | PABLO            | FERNÁNDEZ LOSADA         | M-148 | MST3M-25 | 01:29:40 | 00:04:15 |          |          |          |          |          |          |          |            |                                   |                        |

|     |     |                  |                     |       |          |          |          |          |          |          |          |          |          |          |            |                            |                        |
|-----|-----|------------------|---------------------|-------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------|----------------------------|------------------------|
| 188 | 716 | PABLO            | CAMINO MARTÍNEZ     | M-181 | MST2M-67 | 01:31:19 | 00:04:20 | 01:31:06 | 00:04:20 | 00:21:07 | 00:40:31 | 00:43:52 | 01:04:39 | 01:24:01 |            |                            | PONTEVEDRA             |
| 189 | 859 | MANUEL           | LOPEZ RODRIGUEZ     | M-182 |          | 01:31:19 | 00:04:20 | 01:30:54 | 00:04:19 | 00:21:03 | 00:40:03 | 00:43:27 | 01:04:40 | 01:24:08 |            |                            | MARIN                  |
| 190 | 439 | ENRIC            | PEY PUJADAS         | M-183 | MST2M-68 | 01:31:27 | 00:04:21 | 01:31:10 | 00:04:20 | 00:20:34 | 00:39:50 | 00:43:10 | 01:04:12 | 01:23:59 |            |                            | PONTEVEDRA             |
| 191 | 144 | OSCAR MANUEL     | FERNÁNDEZ PÉREZ     | M-184 | MST2M-69 | 01:31:31 | 00:04:21 | 01:31:19 | 00:04:20 | 00:19:50 | 00:38:59 | 00:42:21 | 01:03:46 | 01:24:25 | 36129466P  | C.A.R. MARISQUEIRO         | VIGO                   |
| 192 | 255 | DAVID            | LORENZO GONZALEZ    | M-185 |          | 01:31:31 | 00:04:21 | 01:31:19 | 00:04:20 | 00:20:59 | 00:40:47 | 00:44:10 | 01:05:19 | 01:24:43 |            | NINGUNO                    | CARBALLO               |
| 193 | 243 | CARLOS           | GARCÍA OMIL         | M-186 |          | 01:31:35 | 00:04:21 | 01:31:09 | 00:04:20 | 00:20:41 | 00:39:46 | 00:43:09 | 01:04:23 | 01:24:24 |            | ICACTIVE                   | BUEU                   |
| 194 | 154 | PABLO            | ARGIBAY LOPEZ       | M-187 | MST2M-70 | 01:31:39 | 00:04:21 | 01:31:29 | 00:04:21 | 00:19:59 | 00:39:15 | 00:42:36 | 01:04:23 | 01:24:27 |            | CASTRELOS 20:30            | MOS                    |
| 195 | 669 | ANA              | ALONSO HERRERO      | F-8   | MST1F-4  | 01:31:39 | 00:04:21 | 01:31:27 | 00:04:21 | 00:20:06 | 00:39:33 | 00:43:03 | 01:04:36 | 01:24:27 |            |                            | VIGO                   |
| 196 | 201 | RAFAEL           | SABIO FERNÁNDEZ     | M-188 | MST3M-30 | 01:31:43 | 00:04:21 | 01:31:33 | 00:04:21 | 00:19:33 | 00:38:44 | 00:42:10 | 01:03:40 | 01:24:05 | TGAL130    | CLUB OS CORZOS DO ORTEGAL  | VALDOVIÑO              |
| 197 | 446 | JUAN CARLOS      | RAVÍÑA FURELOS      | M-189 | MST3M-31 | 01:31:47 | 00:04:21 | 01:31:38 | 00:04:21 | 00:20:26 | 00:40:13 | 00:43:39 | 01:05:00 |          |            |                            | SANTIAGO DE COMPOSTELA |
| 198 | 198 | MIGUEL           | RODRIGUEZ PEREZ     | M-190 | MST2M-71 | 01:31:57 | 00:04:22 | 01:31:43 | 00:04:21 | 00:19:26 | 00:38:04 | 00:41:19 | 01:02:23 | 01:23:43 |            |                            | PONTEVEDRA             |
| 199 | 717 | CARLOS           | CAMPOS              | M-191 |          | 01:31:59 | 00:04:22 | 01:31:12 | 00:04:20 | 00:22:37 | 00:41:55 | 00:45:13 | 01:05:54 | 01:24:50 |            |                            | COLLADO VILLALBA       |
| 200 | 282 | VÍCTOR LEONARDO  | CEDENO RAMIREZ      | M-192 | MST1M-25 | 01:32:00 | 00:04:22 | 01:31:52 | 00:04:22 | 00:18:42 | 00:37:09 | 00:40:35 | 01:02:28 | 01:23:42 |            |                            | PONTEVEDRA             |
| 201 | 268 | ROBERTO          | LOPEZ SOBRADO       | M-193 | MST2M-72 | 01:32:05 | 00:04:22 | 01:31:57 | 00:04:22 | 00:20:09 | 00:39:29 | 00:42:51 | 01:04:19 | 01:24:29 | NO         | RAYITOS TEAM               | CORUÑA (A)             |
| 202 | 975 | SIMÓN            | RODRÍGUEZ ROUCO     | M-194 |          | 01:32:07 | 00:04:22 | 01:31:56 | 00:04:22 | 00:20:08 | 00:39:45 | 00:43:08 | 01:04:13 | 01:24:17 |            | NOSPORTLIMIT               | PONTEVEDRA             |
| 203 | 372 | DIEGO            | FERNÁNDEZ PÉREZ     | M-195 | MST1M-26 | 01:32:08 | 00:04:23 | 01:31:49 | 00:04:22 | 00:20:50 | 00:40:37 | 00:44:06 | 01:05:45 | 01:25:15 |            |                            | OURENSE                |
| 204 | 197 | FELIPE           | SEAOANE FERREIRO    | M-196 | MST2M-73 | 01:32:10 | 00:04:23 | 01:31:58 | 00:04:22 | 00:20:04 | 00:39:16 | 00:42:47 | 01:04:15 |          |            | CLUB DEPORTIVO PINARIUM    | PONTEVEDRA             |
| 205 | 401 | DANIEL           | MARTINS MANSO       | M-197 | MST2M-74 | 01:32:18 | 00:04:23 | 01:32:06 | 00:04:22 | 00:20:02 | 00:39:17 | 00:42:44 | 01:04:21 | 01:24:36 |            |                            | BRAGA                  |
| 206 | 591 | SIMÓN            | CAUSSANEL           | M-198 |          | 01:32:18 | 00:04:23 | 01:31:34 | 00:04:21 | 00:20:39 | 00:39:46 | 00:43:12 |          |          |            | LA RÉUNION                 | SAINTE-MARIE           |
| 207 | 431 | DAVID            | PEDREIRA MATO       | M-199 | MST1M-27 | 01:32:21 | 00:04:23 | 01:32:11 | 00:04:23 | 00:20:28 | 00:39:56 | 00:43:24 | 01:04:52 | 01:24:50 |            |                            | CORUÑA (A)             |
| 208 | 206 | CASIANO          | ENGROBA SAAVEDRA    | M-200 | MST2M-75 | 01:32:24 | 00:04:23 | 01:32:07 | 00:04:22 | 00:19:20 | 00:38:27 | 00:41:52 | 01:03:29 | 01:24:21 | 33345879.0 | CLUB TRIATLÓN VILALBA      | VILALBA                |
| 209 | 146 | JAVIER           | NAVIA GARCÍA        | M-201 | MST3M-32 | 01:32:26 | 00:04:23 | 01:32:16 | 00:04:23 | 00:19:51 | 00:39:14 | 00:42:42 | 01:04:17 | 01:24:43 | 36129525K  | C.A.R. MARISQUEIRO         | VIGO                   |
| 210 | 390 | AITOR            | LEIRO PORTELA       | M-202 |          | 01:32:27 | 00:04:23 | 01:32:17 | 00:04:23 | 00:20:11 | 00:39:43 | 00:43:14 | 01:04:35 | 01:24:45 |            |                            | SOUTOMAIOR             |
| 211 | 389 | JAVIER           | LAGO RUILOBA        | M-203 | MST1M-28 | 01:32:28 | 00:04:23 | 01:32:21 | 00:04:23 | 00:20:20 | 00:39:58 | 00:43:24 | 01:04:49 | 01:24:56 |            |                            | VIGO                   |
| 212 | 420 | MIGUEL           | NOVO FERNÁNDEZ      | M-204 | MST2M-76 | 01:32:35 | 00:04:24 | 01:32:20 | 00:04:23 | 00:20:27 | 00:40:13 | 00:43:40 | 01:05:17 | 01:25:14 |            |                            | VIGO                   |
| 213 | 27  | INÉS             | IGLESIAS HERVELLA   | F-9   | MST2F-3  | 01:32:36 | 00:04:24 | 01:32:30 | 00:04:24 | 00:20:10 | 00:39:46 | 00:43:15 | 01:04:58 | 01:25:08 |            |                            | CORUÑA (A)             |
| 214 | 286 | JOSÉ JULIÁN      | BELTRÁN TABOADA     | M-205 | MST2M-77 | 01:32:39 | 00:04:24 | 01:32:29 | 00:04:24 | 00:19:57 | 00:39:17 | 00:42:39 | 01:04:08 | 01:24:47 |            |                            | PONTEVEDRA             |
| 215 | 715 | ALEJANDRO        | CAMBRA DOMÍNGUEZ    | M-206 | MST2M-78 | 01:32:44 | 00:04:24 | 01:31:59 | 00:04:22 | 00:21:26 | 00:40:58 | 00:44:29 | 01:05:43 | 01:25:19 |            |                            | PONTEAREAS             |
| 216 | 159 | JOSE MANUEL      | CABALEIRO GARCÍA    | M-207 | MST2M-79 | 01:32:47 | 00:04:24 | 01:32:35 | 00:04:24 | 00:19:55 | 00:38:59 | 00:42:21 | 01:03:34 | 01:24:27 |            |                            | VIGO                   |
| 217 | 168 | SERGIO           | SOTO BUCETA         | M-208 | MST2M-80 | 01:32:50 | 00:04:24 | 01:32:30 | 00:04:24 | 00:20:31 | 00:40:23 | 00:43:51 | 01:05:30 | 01:25:35 | 054714685  | CLUB ATLETISMO CAMBADOS    | RIBADUMIA              |
| 218 | 941 | ALEJANDRO        | PORRES GARCÍA       | M-209 |          | 01:32:52 | 00:04:25 | 01:32:29 | 00:04:23 | 00:19:44 | 00:39:09 | 00:42:40 | 01:04:35 | 01:25:11 |            |                            | MARIN                  |
| 219 | 170 | SEGUNDO          | DOMINGUEZ ALSINA    | M-210 | MST3M-33 | 01:32:55 | 00:04:25 | 01:32:46 | 00:04:24 | 00:20:15 | 00:40:00 | 00:43:29 | 01:05:06 | 01:25:16 | AG 2022599 | CLUB ATLETISMO COMPOSTELA  | OROSO                  |
| 220 | 209 | JOSE LUIS        | AMADO RODRIGUEZ     | M-211 | MST2M-81 | 01:33:00 | 00:04:25 | 01:32:45 | 00:04:24 | 00:19:15 | 00:38:30 | 00:42:09 | 01:04:04 | 01:24:49 |            |                            | FENE                   |
| 221 | 249 | ANGEL            | SOLINO SOTELO       | M-212 | MST1M-29 | 01:33:01 | 00:04:25 | 01:32:49 | 00:04:24 | 00:21:06 | 00:41:22 | 00:44:57 | 01:06:33 | 01:26:04 | AG-8760    | MILER VINTAGE RUNNING CLUB | CANGAS                 |
| 222 | 188 | FERNANDO         | SOUTO CARRACEDO     | M-213 | MST1M-30 | 01:33:02 | 00:04:25 | 01:32:49 | 00:04:24 | 00:20:48 | 00:40:42 | 00:44:11 | 01:05:44 | 01:25:48 | 76903424.0 | CLUB DEPORTIVO DELIKIA     | PONTEAREAS             |
| 223 | 346 | DIEGO            | CASTRO BALBOA       | M-214 | MST2M-82 | 01:33:12 | 00:04:26 | 01:33:03 | 00:04:25 | 00:19:53 | 00:39:26 | 00:42:56 | 01:04:41 | 01:25:15 |            |                            | MEANO                  |
| 224 | 320 | FERNANDO         | MARTÍNEZ RODRIGUEZ  | M-215 | MST2M-83 | 01:33:18 | 00:04:26 | 01:32:58 | 00:04:25 | 00:21:11 | 00:41:25 | 00:44:58 | 01:06:29 | 01:25:59 |            |                            | VIGO                   |
| 225 | 397 | JOSE ANTONIO     | LORENZO RODRIGUEZ   | M-216 | MST3M-34 | 01:33:23 | 00:04:26 | 01:33:08 | 00:04:25 | 00:20:51 | 00:40:39 | 00:43:58 | 01:05:14 | 01:25:42 |            |                            | PONTEAREAS             |
| 226 | 322 | JOSE MANUEL      | GONZÁLEZ CHAYAN     | M-217 | MST3M-35 | 01:33:23 | 00:04:26 | 01:33:08 | 00:04:25 | 00:20:41 | 00:39:57 | 00:43:28 | 01:05:06 | 01:25:34 |            |                            | PONTEVEDRA             |
| 227 | 308 | JUAN             | CONS VARELA         | M-218 | MST3M-36 | 01:33:41 | 00:04:27 | 01:33:25 | 00:04:26 | 00:19:55 | 00:39:00 | 00:42:22 | 01:03:35 | 01:24:52 |            |                            | TARRAGONA              |
| 228 | 245 | MANUEL FRANCISCO | RODRIGUEZ FERNANDEZ | M-219 | MST2M-84 | 01:33:41 | 00:04:27 | 01:33:28 | 00:04:26 | 00:20:48 | 00:41:19 | 00:45:01 | 01:07:04 | 01:26:17 |            |                            | SAN CRISTOVO DE CEA    |
| 229 | 215 | JOSE             | ULLA ROCHA          | M-220 | MST3M-37 | 01:33:42 | 00:04:27 | 01:33:29 | 00:04:26 | 00:18:24 | 00:35:53 | 00:38:59 | 01:05:58 | 01:26:21 |            |                            | BEGONTE                |
| 230 | 825 | MIGUEL           | GUNDIN TORRE        | M-221 |          | 01:33:43 | 00:04:27 | 01:33:30 | 00:04:26 | 00:21:14 | 00:41:31 | 00:45:07 | 01:06:18 | 01:26:21 |            |                            | OURENSE                |
| 231 | 105 | CARLOS           | GARCIA OUTON        | M-222 | MST2M-85 | 01:33:48 | 00:04:27 | 01:33:34 | 00:04:27 | 00:20:15 | 00:39:59 | 00:43:28 | 01:05:17 | 01:26:02 |            |                            | PONTEVEDRA             |
| 232 | 217 | MARTÍN           | RODRÍGUEZ FERNÁNDEZ | M-223 | MST1M-31 | 01:33:52 | 00:04:27 | 01:33:21 | 00:04:26 | 00:20:56 | 00:41:10 | 00:44:44 | 01:06:24 | 01:26:38 | 44454092Z  | DEPORTES EL 21             | OURENSE                |
| 233 | 273 | JOSE             | RULO LOPEZ          | M-224 | MST4M-6  | 01:34:03 | 00:04:28 | 01:33:54 | 00:04:28 | 00:20:10 | 00:40:08 | 00:43:40 | 01:05:41 | 01:26:29 |            | NOSPORTLIMIT               | OLEIROS                |
| 234 | 476 | MANUEL           | SUAREZ TABOADA      | M-225 | MST1M-32 | 01:34:06 | 00:04:28 | 01:33:56 | 00:04:28 | 00:19:22 | 00:38:50 | 00:42:16 | 01:04:23 | 01:25:51 |            |                            | SANTIAGO DE COMPOSTELA |
| 235 | 297 | JUAN LUIS        | RAMIRO GOMEZ        | M-226 | MST1M-33 | 01:34:07 | 00:04:28 | 01:33:50 | 00:04:27 | 00:20:59 | 00:41:12 | 00:44:42 | 01:06:23 | 01:26:32 |            |                            | MARIN                  |
| 236 | 367 | DIONISIO         | FABIAN GONZALEZ     | M-227 | MST3M-38 | 01:34:09 | 00:04:28 | 01:34:02 | 00:04:28 | 00:20:06 | 00:40:10 | 00:43:44 | 01:05:55 | 01:26:28 |            |                            | CEE                    |
| 237 | 128 | ÁLVARO           | DE PRADO VÁZQUEZ    | M-228 | MST3M-39 | 01:34:10 | 00:04:28 | 01:33:57 | 00:04:28 | 00:20:42 | 00:41:06 | 00:44:42 | 01:06:37 | 01:26:53 |            |                            | ATLETISMO BAIONA       |
| 238 | 107 | JOSE LUIS        | QUINTEIRO SILVA     | M-229 | MST3M-40 | 01:34:13 | 00:04:28 | 01:33:52 | 00:04:27 | 00:21:11 | 00:41:12 | 00:44:42 | 01:06:22 | 01:26:31 |            |                            | GONDOMAR               |
| 239 | 830 | JAIME            | HERNÁNDEZ ELLACURÍA | M-230 | MST1M-34 | 01:34:14 | 00:04:28 | 01:33:52 | 00:04:27 | 00:21:11 | 00:41:12 | 00:44:42 | 01:06:23 | 01:26:31 |            |                            | PONTEVEDRA             |
| 240 | 481 | HECTOR           | TRONCOSO GOMEZ      | M-231 | MST1M-35 | 01:34:20 | 00:04:29 | 01:34:07 | 00:04:28 | 00:20:53 | 00:41:11 | 00:44:46 | 01:06:32 | 01:26:46 |            |                            | SALCEDA DE CASELAS     |
| 241 | 635 | JOÃO             | NAPPA               | M-232 | MST3M-41 | 01:34:21 | 00:04:29 | 01:34:02 | 00:04:28 | 00:20:51 | 00:40:41 | 00:44:13 | 01:06:03 | 01:26:38 |            |                            | CRUZ QUEBRADA          |
| 242 | 393 | JORGE ENRIQUE    | LOPEZ ARMESTO       | M-233 | MST3M-42 | 01:34:22 | 00:04:29 | 01:34:16 | 00:04:29 | 00:20:00 | 00:39:57 | 00:43:32 | 01:06:02 | 01:26:45 |            |                            | SARRIA                 |
| 243 | 156 | MIGUEL ANGEL     | PAZ PISOS           | M-234 |          | 01:34:24 | 00:04:29 | 01:34:08 | 00:04:28 | 00:21:08 | 00:41:09 | 00:44:41 | 01:06:24 | 01:26:29 |            |                            | CUNTIS                 |
| 244 | 301 | FERNANDO         | SESAR SEGADE        | M-235 | MST2M-86 | 01:34:34 | 00:04:29 | 01:34:27 | 00:04:29 | 00:19:27 | 00:39:05 | 00:42:35 | 01:04:39 | 01:26:20 | AG18570    | SD COMPOSTELA ATLETISMO    | SANTIAGO DE COMPOSTELA |
| 245 | 279 | JOSE CARLOS      | MERA RODRIGUEZ      | M-236 | MST3M-43 | 01:34:44 | 00:04:30 | 01:34:26 | 00:04:29 | 00:20:38 | 00:40:24 | 00:43:56 | 01:06:04 | 01:26:47 |            |                            | PONTEVEDRA             |
| 246 | 182 | AMANCIO          | RAÑA RECOUSO        | M-237 | MST2M-87 | 01:34:45 | 00:04:30 | 01:34:36 | 00:04:30 | 00:20:48 | 00:40:48 | 00:44:23 | 01:06:24 | 01:27:01 |            |                            | CLUB ATLETISMO TAMBRE  |
| 247 | 586 | JOSE             | IGLESIAS GARCÍA     | M-238 | MST2M-88 | 01:34:48 | 00:04:30 | 01:34:34 | 00:04:29 | 00:19:27 | 00:39:33 | 00:43:15 | 01:05:47 | 01:26:59 |            |                            | GALAICAS BUEU          |
| 248 | 136 | JOSE LUIS        | CASTRO CONDE        | M-239 | MST3M-44 | 01:34:48 | 00:04:30 | 01:34:37 | 00:04:30 | 00:20:58 | 00:41:09 | 00:44:41 | 01:06:37 | 01:27:20 |            |                            | TUI                    |
| 249 | 385 | MARIANO          | HERNÁNDEZ GALISTEO  | M-240 |          | 01:34:51 | 00:04:30 | 01:34:44 | 00:04:30 | 00:20:42 | 00:40:59 | 00:44:38 | 01:06:47 | 01:27:26 |            |                            | SEGOVIA                |
| 250 | 483 | CESAR            | VARELA CERDEIRA     | M-241 | MST3M-45 | 01:34:53 | 00:04:30 | 01:34:39 | 00:04:30 | 00:21:03 | 00:41:13 | 00:44:46 | 01:06:45 | 01:27:16 |            |                            | REDONDELA              |
| 251 | 141 | DANIEL           | ALONSO SAYAR        | M-242 | MST1M-36 | 01:34:57 | 00:04:31 | 01       |          |          |          |          |          |          |            |                            |                        |

|     |      |                 |                         |       |           |            |          |          |          |          |          |          |          |          |           |                                        |                         |
|-----|------|-----------------|-------------------------|-------|-----------|------------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|----------------------------------------|-------------------------|
| 284 | 725  | SERGIO          | CARNERERO               | M-274 |           | 01:36:14   | 00:04:34 | 01:35:28 | 00:04:32 | 00:22:37 | 00:43:04 | 00:46:44 | 01:09:04 | 01:28:48 |           |                                        | MADRID                  |
| 285 | 972  | PATRICK         | RODRIGUEZ PIMENTEL      | M-275 | MST1M-39  | 01:36:15   | 00:04:34 | 01:35:50 | 00:04:33 | 00:22:40 | 00:45:22 | 00:49:26 | 01:10:27 | 01:29:17 |           |                                        | RIANXO                  |
| 286 | 826  | PEDRO           | GUTIÉRREZ ANDRÉS        | M-276 |           | 01:36:18   | 00:04:34 | 01:35:49 | 00:04:33 | 00:22:28 | 00:43:49 | 00:47:38 | 01:10:18 | 01:29:22 |           |                                        | VIGO                    |
| 287 | 821  | PABLO           | GONZÁLEZ VARELA         | M-277 |           | 01:36:26   | 00:04:35 | 01:35:58 | 00:04:33 | 00:22:03 | 00:42:53 | 00:46:31 | 01:09:15 | 01:28:51 |           |                                        | CARBALLIÑO (O)          |
| 288 | 723  | FRANCISCO       | CARLOS MAYÁN            | M-278 |           | 01:36:30   | 00:04:35 | 01:36:05 | 00:04:34 | 00:21:17 | 00:41:54 | 00:45:35 | 01:07:52 | 01:28:38 |           |                                        | OURENSE                 |
| 289 | 411  | JUAN MANUEL     | MESA FERNÁNDEZ          | M-279 | MST1M-40  | 01:36:31   | 00:04:35 | 01:36:01 | 00:04:34 | 00:21:28 | 00:41:47 | 00:45:25 | 01:07:57 | 01:28:49 |           |                                        | SEVILLA                 |
| 290 | 581  | JOSÉ FERNANDO   | TRILLO CARLÍN           | M-280 | MST3M-52  | 01:36:35   | 00:04:35 | 01:36:25 | 00:04:35 | 00:21:07 | 00:41:30 | 00:45:05 | 01:07:21 | 01:28:43 | 052434314 | FOGAR TRIATLON CARBALLO                | CARBALLO                |
| 291 | 138  | JORGE           | VILA FERNÁNDEZ          | M-281 | MST2M-98  | 01:36:42   | 00:04:35 | 01:36:33 | 00:04:35 | 00:21:10 | 00:41:28 | 00:45:00 | 01:07:22 | 01:28:35 |           | BICHERÍA                               | ALLARIZ                 |
| 292 | 124  | JOSÉ CARLOS     | ALONSO ÁLVAREZ          | M-282 | MST2M-99  | 01:36:46   | 00:04:36 | 01:36:35 | 00:04:35 | 00:21:04 | 00:41:27 | 00:45:05 | 01:07:25 | 01:28:33 |           | ATLETICS FISIOTERAPIA SAN LAZARO       | VIGO                    |
| 293 | 228  | JOSÉ MARÍA      | LEVOSO TOUCEDA          | M-283 | MST3M-53  | 01:37:02   | 00:04:36 | 01:36:49 | 00:04:36 | 00:21:10 | 00:41:32 | 00:45:07 | 01:07:40 | 01:28:59 | AG2026339 | ESPRINTES OURENSE                      | CORUÑA (A)              |
| 294 | 193  | FRANCISCO JOSÉ  | GIL BLANCO              | M-284 | MST2M-100 | 01:37:03   | 00:04:36 | 01:36:51 | 00:04:36 | 00:20:46 | 00:41:26 | 00:44:59 | 01:07:26 | 01:28:50 |           | CLUB DEPORTIVO PINARIUM                | MARÍN                   |
| 295 | 35   | PATRICIA        | CASAR DÍAZ              | F-11  | MST2F-4   | 01:37:03   | 00:04:36 | 01:36:50 | 00:04:36 | 00:20:47 | 00:41:27 | 00:44:59 | 01:07:26 | 01:28:50 |           | CLUB DEPORTIVO PINARIUM                | MONFORTE DE LEMOS       |
| 296 | 380  | JONATAN IGNACIO | GONZÁLEZ DIESTRE        | M-285 | MST2M-101 | 01:37:05   | 00:04:37 | 01:36:40 | 00:04:35 | 00:21:12 | 00:41:12 | 00:44:43 | 01:07:21 | 01:28:55 |           |                                        | PONTEVEDRA              |
| 297 | 324  | ALEJANDRO       | DOMINGO REDONDO         | M-286 | MST3M-54  | 01:37:05   | 00:04:37 | 01:36:47 | 00:04:36 | 00:20:47 | 00:40:59 | 00:44:37 | 01:07:12 | 01:29:06 |           | ZAPATRUKY TEAM                         | BURGOS                  |
| 298 | 304  | BERTO           | BAZ RODRIGUEZ           | M-287 | MST3M-55  | 01:37:08   | 00:04:37 | 01:36:55 | 00:04:36 | 00:21:14 | 00:41:34 | 00:45:09 | 01:07:28 | 01:28:48 |           | SIGUEME SI PUEDES                      | NARÓN                   |
| 299 | 500  | ANA             | ALONSO GARCÍA           | F-12  | MST2F-5   | 01:37:09   | 00:04:37 | 01:37:02 | 00:04:36 | 00:21:12 | 00:41:53 | 00:45:30 | 01:08:00 | 01:29:12 |           | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | VIGO                    |
| 300 | 344  | JOSÉ MANUEL     | CASÁS CASÁS             | M-288 | MST2M-102 | 01:37:11   | 00:04:37 | 01:37:02 | 00:04:36 | 00:21:27 | 00:42:18 | 00:45:57 | 01:08:39 | 01:29:46 |           |                                        | CORUÑA (A)              |
| 301 | 824  | JAVIER          | GUITART SANCHEZ         | M-289 |           | 01:37:12   | 00:04:37 | 01:36:49 | 00:04:36 | 00:21:45 | 00:42:12 | 00:45:43 | 01:07:38 | 01:28:47 |           |                                        | MADRID                  |
| 302 | 469  | FRANCISCO       | SANTOS ROJAS            | M-290 |           | 01:37:15   | 00:04:37 | 01:36:39 | 00:04:35 | 00:21:09 | 00:42:43 | 00:46:36 |          | 01:27:58 |           |                                        | BOIRO                   |
| 303 | 593  | ALBERTO         | FERNANDEZ DABLANCA      | M-291 | MST2M-103 | 01:37:20   | 00:04:37 | 01:36:52 | 00:04:36 | 00:21:45 | 00:41:59 | 00:45:38 | 01:08:25 | 01:29:23 |           | MARRANERS-EN BOAS MANS                 | LUGO                    |
| 304 | 460  | JULIO           | RODRÍGUEZ VÁLEZ         | M-292 | MST4M-7   | 01:37:27   | 00:04:38 | 01:36:58 | 00:04:36 | 00:22:02 | 00:42:15 | 00:45:42 | 01:08:49 | 01:29:55 |           |                                        | CORUÑA (A)              |
| 305 | 425  | CESAR           | PACHECO LEÍN            | M-293 | MST2M-104 | 01:37:31   | 00:04:38 | 01:37:22 | 00:04:37 | 00:21:11 | 00:41:53 | 00:45:34 | 01:08:49 | 01:29:54 |           |                                        | POIO                    |
| 306 | 383  | ROBERTO CARLOS  | GONZÁLEZ VÍITEZ         | M-294 | MST2M-105 | 01:37:35   | 00:04:38 | 01:37:27 | 00:04:38 | 00:19:27 | 00:39:18 | 00:42:53 | 01:06:25 | 01:28:46 |           |                                        | VIGO                    |
| 307 | 270  | XOAN CARLOS     | MIRA LÍNEIRO            | M-295 | MST3M-56  | 01:37:37   | 00:04:38 | 01:37:14 | 00:04:37 | 00:21:37 | 00:42:13 | 00:45:51 | 01:08:40 | 01:29:59 |           | NOSPORTLIMIT                           | CAMBRE                  |
| 308 | 258  | FRANCISCO       | CABANAS SANCHEZ         | M-296 | MST1M-41  | 01:37:37   | 00:04:38 | 01:37:15 | 00:04:37 | 00:21:37 | 00:42:12 | 00:45:51 | 01:08:40 | 01:29:58 |           | NOSPORTLIMIT                           | CORUÑA (A)              |
| 309 | 1018 | PABLO           | VARELA MOUCO            | M-297 | MST2M-106 | 01:37:39   | 00:04:38 | 01:37:10 | 00:04:37 | 00:22:30 | 00:43:50 | 00:47:40 | 01:09:53 | 01:30:07 |           |                                        | VIGO                    |
| 310 | 847  | SAMUEL          | LAMAS PANADEIROS        | M-298 |           | 01:37:41   | 00:04:38 | 01:37:13 | 00:04:37 | 00:22:03 | 00:42:53 | 00:46:32 | 01:09:15 | 01:29:41 |           |                                        | CARBALLIÑO (O)          |
| 311 | 200  | DAMIAN          | MARTÍNEZ LOPEZ          | M-299 | MST1M-42  | 01:37:44   | 00:04:38 | 01:37:21 | 00:04:37 | 00:21:13 | 00:41:31 | 00:45:05 | 01:10:12 | 01:31:00 |           | CLUB MONTEPENARUBIA LUGO               | LUGO                    |
| 312 | 764  | JUAN JOSÉ       | EXTREMADURA MARTÍNEZ    | M-300 |           | 01:37:47   | 00:04:39 | 01:37:31 | 00:04:38 | 00:20:14 | 00:40:52 | 00:44:35 | 01:07:36 | 01:29:19 |           |                                        | VIGO                    |
| 313 | 773  | HECTOR          | FERNANDEZ FERNANDEZ     | M-301 |           | 01:37:55   | 00:04:39 | 01:37:14 | 00:04:37 | 00:22:44 | 00:43:46 | 00:47:23 | 01:09:44 | 01:30:21 |           |                                        | RAIRIZ DE VEIGA         |
| 314 | 880  | NATHAN          | MAXWELL                 | M-302 |           | 01:37:56   | 00:04:39 | 01:37:28 | 00:04:38 | 00:21:28 | 00:41:46 | 00:45:24 | 01:08:08 | 01:29:35 |           |                                        | GIG HARBOR              |
| 315 | 641  | ANDRÉ           | VISEU                   | M-303 |           | 01:38:17   | 00:04:40 | 01:37:56 | 00:04:39 | 00:21:24 | 00:41:55 | 00:45:26 | 01:08:03 | 01:30:00 |           | SIMECQ                                 | CRUZ QUEBRADA           |
| 316 | 441  | BERNARDO        | POU FERNÁNDEZ           | M-304 | MST3M-57  | 01:38:31   | 00:04:41 | 01:38:25 | 00:04:40 | 00:19:48 | 00:40:29 | 00:44:15 | 01:08:03 | 01:30:22 |           |                                        | PONTEVEDRA              |
| 317 | 604  | FRAN            | LAGOA MARTÍNEZ          | M-305 | MST2M-107 | 01:38:36   | 00:04:41 | 01:38:09 | 00:04:40 | 00:21:05 | 00:41:01 | 00:44:37 | 01:07:22 | 01:29:39 |           | NOSPORTLIMIT                           | CORUÑA (A)              |
| 318 | 486  | LUCIANO ESTEBAN | VAZQUEZ GALLO           | M-306 | MST1M-43  | 01:38:38   | 00:04:41 | 01:38:18 | 00:04:40 | 00:22:27 | 00:43:28 | 00:47:12 | 01:09:58 | 01:30:44 |           |                                        | SANTIAGO DE COMPOSTELA  |
| 319 | 550  | BREGOGAN        | MONTEAGUDO MORAÑA       | M-307 |           | 01:38:43   | 00:04:41 | 01:38:17 | 00:04:40 | 00:21:57 | 00:42:49 | 00:46:28 | 01:08:47 | 01:30:16 |           | CLUB NAVAL DE PONTEVEDRA               | MEIS                    |
| 320 | 169  | JORGE           | RANDOLFE VARELA         | M-308 | MST3M-58  | 01:38:44   | 00:04:41 | 01:38:02 | 00:04:39 | 00:23:06 | 00:44:03 | 00:47:40 | 01:10:13 | 01:30:55 |           | CHANTADA                               | CHANTADA                |
| 321 | 631  | HENRIQUE        | FERREIRA                | M-309 | MST3M-59  | 01:38:44   | 00:04:41 | 01:38:26 | 00:04:40 | 00:21:10 | 00:41:51 | 00:45:34 | 01:08:55 | 01:30:40 |           | CLUB ATLETISMO CHANTADA                | CRUZ QUEBRADA           |
| 322 | 872  | LUIS ALBERTO    | MARTÍNEZ GONZÁLEZ       | M-310 | MST3M-60  | 01:38:46   | 00:04:41 | 01:38:14 | 00:04:40 | 00:22:29 | 00:43:15 | 00:46:55 | 01:09:41 | 01:30:50 |           | SIMECQ                                 | PONTEVEDRA              |
| 323 | 417  | JULIO           | MOSQUERA GONZÁLEZ       | M-311 | MST2M-108 | 01:38:54   | 00:04:42 | 01:38:40 | 00:04:41 | 00:20:58 | 00:41:29 | 00:45:10 | 01:08:26 | 01:30:38 |           |                                        | CELANOVA                |
| 324 | 470  | CHEMA           | SEGADE                  | M-312 | MST2M-109 | 01:38:54   | 00:04:42 | 01:38:39 | 00:04:41 | 00:21:11 | 00:41:56 | 00:45:37 | 01:08:51 | 01:30:43 |           |                                        | BERGONDO                |
| 325 | 475  | MICHELE         | SPINAZZOLA              | M-313 | MST2M-110 | 01:38:58   | 00:04:42 | 01:38:43 | 00:04:41 | 00:21:22 | 00:42:15 | 00:45:59 | 01:09:13 | 01:30:56 |           |                                        | CORUÑA (A)              |
| 326 | 839  | MARIO           | IGLESIAS SENORÁNS       | M-314 |           | 01:39:00   | 00:04:42 | 01:38:31 | 00:04:41 | 00:22:55 | 00:44:20 | 00:48:03 | 01:10:47 | 01:31:25 |           |                                        | GROVE (O)               |
| 327 | 916  | IVAN            | PAZ LOSADA              | M-315 | MST1M-44  | 01:39:04   | 00:04:42 | 01:38:16 | 00:04:40 | 00:22:53 | 00:43:47 | 00:47:27 | 01:10:18 | 01:31:17 |           |                                        | PONTEVEDRA              |
| 328 | 912  | MARTA           | PADIN GONZÁLEZ          | F-13  | MST2F-6   | 01:39:08   | 00:04:42 | 01:38:49 | 00:04:41 | 00:21:56 | 00:43:02 | 00:46:48 | 01:09:58 | 01:31:10 |           |                                        | GAMBADOS                |
| 329 | 680  | ALEJANDRO       | AMEIRO FERNÁNDEZ        | M-316 |           | 01:39:14   | 00:04:43 | 01:38:46 | 00:04:41 | 00:21:48 | 00:42:51 | 00:46:38 | 01:09:41 | 01:31:05 |           |                                        | VIGO                    |
| 330 | 287  | JAVIER          | DOPAZO LOUZAN           | M-317 | MST3M-61  | 01:39:17   | 00:04:43 | 01:38:50 | 00:04:42 | 00:22:23 | 00:43:50 | 00:47:34 | 01:10:17 | 01:31:29 | GA488     | RUN PONTEVEDRA                         | PONTEVEDRA              |
| 331 | 711  | PABLO           | CABALEIRO MARTINEZ      | M-318 |           | 01:39:17   | 00:04:43 | 01:38:31 | 00:04:41 | 00:23:38 | 00:44:16 | 00:47:52 | 01:09:52 | 01:30:49 |           |                                        | VIGO                    |
| 332 | 216  | ALBERTO         | HORRILLO MURILLO        | M-319 | MST2M-111 | 01:39:19   | 00:04:43 | 01:38:40 | 00:04:41 | 00:23:07 | 00:44:04 | 00:47:48 | 01:11:13 | 01:31:46 |           |                                        | PONTEVEDRA              |
| 333 | 363  | MANUEL          | QUIZDO MURILLO          | M-320 | MST3M-62  | 01:39:20   | 00:04:43 | 01:38:57 | 00:04:42 | 00:21:23 | 00:42:11 | 00:45:52 | 01:09:23 | 01:31:22 |           | CRM                                    | CARBALLIÑO (O)          |
| 334 | 952  | ASIER           | DIEZVEDO SAINZ          | M-321 |           | 01:39:22   | 00:04:43 | 01:39:03 | 00:04:42 | 00:23:06 | 00:44:05 | 00:47:59 | 01:10:48 | 01:31:43 |           |                                        | PIELAGOS                |
| 335 | 131  | DIEGO           | GARCÍA LORENZO          | M-322 | MST2M-112 | 01:39:23   | 00:04:43 | 01:39:11 | 00:04:43 | 00:21:17 | 00:42:05 | 00:45:50 | 01:09:11 | 01:31:01 | A-11132   | ATLETISMO FONTES DO SAR                | RIANXO                  |
| 336 | 508  | IGOR            | DE LAS HERAS LIÑERO     | M-323 | MST2M-113 | 01:39:27   | 00:04:43 | 01:39:17 | 00:04:43 | 00:21:00 | 00:41:53 | 00:45:37 | 01:08:53 | 01:31:14 |           | ATLETISMO BAIONA                       | BAIONA                  |
| 337 | 603  | ALBERTO         | IBAN FERNÁNDEZ          | M-324 | MST2M-114 | 01:39:28   | 00:04:43 | 01:39:00 | 00:04:42 | 00:22:03 | 00:43:15 | 00:47:02 | 01:10:12 | 01:31:42 | TGAL626   | ATLETISMO FONTES DO SAR                | CORUÑA (A)              |
| 338 | 336  | OSCAR           | BELLA TORRES            | M-325 | MST1M-45  | 01:39:32   | 00:04:44 | 01:39:14 | 00:04:43 | 00:20:49 | 00:41:14 | 00:44:55 | 01:07:35 | 01:30:43 |           | NOSPORTLIMIT                           | HERVÁS                  |
| 339 | 269  | MODESTO         | LUSQUINOS GARCIA        | M-326 | MST3M-63  | 01:39:33   | 00:04:44 | 01:39:24 | 00:04:43 | 00:20:09 | 00:40:26 | 00:45:15 | 01:10:15 | 01:31:55 | TGAL520   | NOSPORTLIMIT                           | VIGO                    |
| 340 | 28   | ANA             | BERNÁNDEZ RODRIGUEZ     | F-14  | MST1F-5   | 01:39:34   | 00:04:44 | 01:39:27 | 00:04:43 | 00:21:57 | 00:43:04 | 00:46:49 | 01:10:17 | 01:31:56 |           |                                        | CORUÑA (A)              |
| 341 | 868  | CARLOS          | MARTÍN GARCIA           | M-327 |           | 01:39:38   | 00:04:44 | 01:39:04 | 00:04:42 | 00:24:29 | 00:45:40 | 00:49:21 | 01:11:55 | 01:32:04 |           |                                        | PONTEVEDRA              |
| 342 | 485  | ROBERTO         | VAZQUEZ FERNÁNDEZ       | M-328 | MST2M-115 | 01:39:42   | 00:04:44 | 01:39:30 | 00:04:43 | 00:22:29 | 00:43:50 | 00:47:38 | 01:11:13 | 01:32:13 |           |                                        | BARCO DE VALDEORRAS (O) |
| 343 | 999  | JUAN            | SILVA MICHELENA         | M-329 | MST2M-116 | 01:39:44   | 00:04:44 | 01:39:10 | 00:04:42 | 00:22:51 | 00:44:11 | 00:47:54 | 01:10:29 | 01:31:37 |           |                                        | CORUÑA (A)              |
| 344 | 802  | ALBERTO         | GARCÍA FERNÁNDEZ-ARRUTY | M-330 |           | 01:39:44   | 00:04:44 | 01:39:01 | 00:04:42 | 00:22:39 | 00:43:36 | 00:47:16 | 01:10:03 | 01:31:27 |           |                                        | PONTEVEDRA              |
| 345 | 502  | LUIS            | COMESAÑA                | M-331 | MST1M-46  | 01:39:46   | 00:04:44 | 01:39:27 | 00:04:43 | 00:21:55 | 00:42:59 | 00:46:41 | 01:09:48 |          |           | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | VIGO                    |
| 346 | 337  | MARCOS          | BLANCO FARINÁS          | M-332 | MST1M-47  | 01:39:47   | 00:04:44 | 01:39:39 | 00:04:44 | 00:21:17 | 00:42:18 | 00:46:08 | 01:09:34 | 01:31:35 | AG2022076 |                                        | OURENSE                 |
| 347 | 33   | EVA             | IGLESIAS                | F-15  | MST1F-6   | 01:39:48</ |          |          |          |          |          |          |          |          |           |                                        |                         |

|     |      |                   |                       |       |           |          |          |          |          |          |          |          |          |          |           |                                      |                        |
|-----|------|-------------------|-----------------------|-------|-----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|--------------------------------------|------------------------|
| 380 | 1041 | JUAN JOSÉ         | YÁÑEZ PENA            | M-361 | MST2M-123 | 01:40:30 | 00:04:46 | 01:40:04 | 00:04:45 | 00:22:03 | 00:43:22 | 00:47:09 | 01:10:54 | 01:32:39 |           |                                      | VIGO                   |
| 381 | 333  | JOSE VICENTE      | ARELSON LORENZO       | M-362 | MST2M-124 | 01:40:30 | 00:04:46 | 01:40:21 | 00:04:46 | 00:20:11 | 00:41:12 | 00:45:03 | 01:09:38 | 01:32:23 |           |                                      | DODRO                  |
| 382 | 327  | HUMBERTO          | ACEITOS GUDE          | M-363 | MST2M-125 | 01:40:31 | 00:04:46 | 01:40:22 | 00:04:46 | 00:21:36 | 00:43:04 | 00:46:54 | 01:10:21 | 01:32:09 |           |                                      | RIBEIRA                |
| 383 | 262  | AGUSTIN           | FERRAN ANEGON         | M-364 | MST3M-71  | 01:40:37 | 00:04:47 | 01:40:01 | 00:04:45 | 00:22:02 | 00:43:10 | 00:46:50 | 01:09:55 | 01:32:12 |           | NOSPORTLIMIT                         | OLEIROS                |
| 384 | 546  | ALAN              | SARDINERO GONZALEZ    | M-365 |           | 01:40:37 | 00:04:47 | 01:40:10 | 00:04:45 | 00:22:29 | 00:43:50 | 00:47:38 | 01:11:13 | 01:32:38 | AG5       | CLUB DEPORTIVO PINARIUM              | MARIN                  |
| 385 | 42   | MERCHI            | PAZ VALLE             | F-20  | MST2F-7   | 01:40:41 | 00:04:47 | 01:40:21 | 00:04:46 | 00:21:56 | 00:43:02 | 00:46:49 | 01:10:28 | 01:32:46 |           |                                      | PONTEVEDRA             |
| 386 | 189  | BERNARDO          | ALONSO ESAÑO          | M-366 | MST3M-72  | 01:40:41 | 00:04:47 | 01:40:24 | 00:04:46 | 00:21:33 | 00:42:44 | 00:46:35 | 01:10:22 | 01:32:31 |           | CLUB DEPORTIVO PINARIUM              | PONTEVEDRA             |
| 387 | 753  | EDUARDO           | DE LA FUENTE MURIAS   | M-367 | MST2M-126 | 01:41:00 | 00:04:48 | 01:40:22 | 00:04:46 | 00:22:31 | 00:43:44 | 00:47:29 | 01:11:06 | 01:33:00 |           |                                      | PONTEVEDRA             |
| 388 | 507  | JOSE CARLOS       | SEJO FERNÁNDEZ        | M-368 | MST3M-73  | 01:41:01 | 00:04:48 | 01:40:48 | 00:04:47 | 00:21:14 | 00:43:01 | 00:46:56 | 01:10:48 | 01:32:41 | AG20037   | ATLETISMO +9 MORAÑA                  | BARRO                  |
| 389 | 791  | CARLOS            | FIUZA                 | M-369 |           | 01:41:01 | 00:04:48 | 01:40:08 | 00:04:45 | 01:13:16 | 00:46:50 | 00:50:32 |          | 01:33:47 |           |                                      | MARIN                  |
| 390 | 991  | RUBEN             | SANGUIAO MIGUELEZ     | M-370 | MST2M-127 | 01:41:01 | 00:04:48 | 01:40:44 | 00:04:47 | 00:21:52 | 00:42:51 | 00:46:33 | 01:10:01 | 01:32:33 |           |                                      | MELIDE                 |
| 391 | 450  | JUAN ENRIQUE      | RODRIGUEZ DOMINGUEZ   | M-371 | MST2M-128 | 01:41:03 | 00:04:48 | 01:40:55 | 00:04:47 | 00:20:28 | 00:40:58 | 00:44:47 | 01:08:38 | 01:32:28 |           |                                      | CORCUBIÓN              |
| 392 | 40   | BEATRIZ           | MOREU PEREIRA-BORRAJO | F-21  | MST2F-8   | 01:41:05 | 00:04:48 | 01:40:49 | 00:04:47 | 00:22:29 | 00:43:58 | 00:47:47 | 01:11:18 | 01:33:05 |           | CLUB DEPORTIVO DELIKIA               | VIGO                   |
| 393 | 183  | DIEGO             | FREIRE CALVO          | M-372 | MST2M-129 | 01:41:05 | 00:04:48 | 01:40:54 | 00:04:47 | 00:20:47 | 00:41:29 | 00:45:13 | 01:11:16 | 01:33:05 |           | CLUB CICLISMO TRIATLON POIO          | PONTEVEDRA             |
| 394 | 187  | VIOLETA           | SERRANO MONGE         | F-22  | MST1F-9   | 01:41:05 | 00:04:48 | 01:40:49 | 00:04:47 | 00:22:29 | 00:43:58 | 00:47:46 | 01:11:18 | 01:33:05 |           | CLUB DEPORTIVO DELIKIA               | VIGO                   |
| 395 | 978  | GONZALO           | RUA SOTELO            | M-373 |           | 01:41:19 | 00:04:49 | 01:40:57 | 00:04:48 | 00:21:56 | 00:42:55 | 00:46:43 | 01:10:16 | 01:32:36 |           |                                      | VERÍN                  |
| 396 | 303  | GABI              | VEIGA GRAÑA           | M-374 | MST3M-74  | 01:41:21 | 00:04:49 | 01:40:47 | 00:04:47 | 00:23:10 | 00:44:39 | 00:48:23 | 01:11:55 | 01:33:29 |           | SIGUEME SI PUEDES                    | FERROL                 |
| 397 | 494  | FRANCISCO JAVIER  | VILLAMISAR CALVIÑO    | M-375 | MST4M-8   | 01:41:23 | 00:04:49 | 01:40:48 | 00:04:47 | 00:22:41 | 00:43:53 | 00:47:40 | 01:11:15 | 01:33:08 |           |                                      | CORUÑA (A)             |
| 398 | 848  | JUAN              | LEIS                  | M-376 | MST2M-130 | 01:41:27 | 00:04:49 | 01:40:29 | 00:04:46 | 00:24:28 | 00:45:36 | 00:49:18 | 01:12:32 | 01:33:39 |           |                                      | SANTIAGO DE COMPOSTELA |
| 399 | 565  | GUILLERMO         | MONSERRAT LÓPEZ-CERÓN | M-377 |           | 01:41:30 | 00:04:49 | 01:40:53 | 00:04:47 | 00:23:45 | 00:45:09 | 00:48:59 | 01:12:19 | 01:33:57 |           | ESCUELA NAVAL MILITAR                | MARIN                  |
| 400 | 562  | JULIO             | FERNÁNDEZ FERNÁNDEZ   | M-378 |           | 01:41:30 | 00:04:49 | 01:40:53 | 00:04:47 | 00:23:32 | 00:45:10 | 00:48:59 | 01:12:19 | 01:33:57 |           | ESCUELA NAVAL MILITAR                | MARIN                  |
| 401 | 504  | ENRIQUE           | SALAGRE SIMON         | M-379 |           | 01:41:30 | 00:04:49 | 01:41:03 | 00:04:48 | 00:23:09 | 00:43:55 | 00:47:38 | 01:11:10 | 01:32:58 |           | ATLETAS POPULARES DE PLASENCIA       | MARIN                  |
| 402 | 1013 | SEBASTIAN         | TRIMARCHI             | M-380 | MST1M-52  | 01:41:32 | 00:04:49 | 01:41:11 | 00:04:48 | 00:21:43 | 00:42:53 | 00:46:39 | 01:10:02 |          |           |                                      | VIGO                   |
| 403 | 886  | NICOLÁS           | MOLINOS OTERO         | M-381 |           | 01:41:32 | 00:04:49 | 01:41:03 | 00:04:48 | 00:22:55 | 00:44:21 | 00:48:03 | 01:11:20 | 01:33:19 |           |                                      | GROVE (O)              |
| 404 | 1019 | JAVIER            | VARELA PÉREZ          | M-382 | MST2M-131 | 01:41:36 | 00:04:49 | 01:40:55 | 00:04:47 | 00:22:30 | 00:43:51 | 00:47:40 | 01:11:14 | 01:33:10 |           |                                      | DODRO                  |
| 405 | 373  | JOSE CARLOS       | GALAFATE TROYA        | M-383 | MST3M-75  | 01:41:37 | 00:04:49 | 01:41:18 | 00:04:49 | 00:22:30 | 00:43:52 | 00:47:39 | 01:11:14 | 01:32:54 |           |                                      | PONTEVEDRA             |
| 406 | 555  | JESUS             | BARGO DOSIL           | M-384 |           | 01:41:37 | 00:04:49 | 01:41:08 | 00:04:48 | 00:22:43 | 00:44:19 | 00:48:07 | 01:11:51 | 01:33:43 |           | CPC TOXO                             | OUTES                  |
| 407 | 326  | SANTIAGO          | ABOAL ABOAL           | M-385 | MST3M-76  | 01:41:43 | 00:04:50 | 01:41:21 | 00:04:49 | 00:22:28 | 00:44:17 | 00:48:17 | 01:11:55 | 01:33:46 |           |                                      | PONTEVEDRA             |
| 408 | 455  | DIEGO             | RODRÍGUEZ LÓPEZ       | M-386 | MST2M-132 | 01:41:46 | 00:04:50 | 01:41:32 | 00:04:49 | 00:21:03 | 00:42:06 | 00:45:57 | 01:10:14 | 01:33:00 |           |                                      | OLEIROS                |
| 409 | 152  | RUBÉN             | PENAVELLA RODRIGUEZ   | M-387 | MST2M-133 | 01:41:47 | 00:04:50 | 01:41:18 | 00:04:49 | 00:22:41 | 00:44:14 | 00:48:07 | 01:11:57 | 01:33:44 |           | CAMINHANTES DO CONDADO               | PONTEAREAS             |
| 410 | 904  | IGNACIO           | NOGUEIRA              | M-388 |           | 01:41:50 | 00:04:50 | 01:41:06 | 00:04:48 | 00:22:51 | 00:44:09 | 00:47:53 | 01:11:12 | 01:33:09 |           |                                      | PONTEVEDRA             |
| 411 | 905  | IVÁN              | NORES CID             | M-389 |           | 01:41:55 | 00:04:50 | 01:41:07 | 00:04:48 | 00:23:49 | 00:45:24 | 00:49:09 | 01:11:55 | 01:33:30 |           |                                      | OURENSE                |
| 412 | 1033 | MIGUEL            | VILAR ALVÁREZ         | M-390 |           | 01:41:56 | 00:04:50 | 01:41:01 | 00:04:48 | 00:24:34 | 00:46:02 | 00:49:44 | 01:12:34 | 01:33:48 |           |                                      | TRES CANTOS            |
| 413 | 733  | DANIEL            | CASTRO CARREGAL       | M-391 | MST1M-53  | 01:42:08 | 00:04:51 | 01:41:15 | 00:04:48 | 00:22:48 | 00:43:46 | 00:47:32 | 01:11:04 | 01:33:27 |           |                                      | SANTIAGO DE COMPOSTELA |
| 414 | 267  | MACÍAS            | LÓPEZ IGREXAS         | M-392 | MST1M-54  | 01:42:11 | 00:04:51 | 01:41:44 | 00:04:50 | 00:22:01 | 00:43:20 | 00:47:12 | 01:10:57 | 01:33:31 |           | NOSPORTLIMIT                         | CORUÑA (A)             |
| 415 | 23   | SALETA            | ABOY PAZOS            | F-23  | MST1F-10  | 01:42:13 | 00:04:51 | 01:42:07 | 00:04:51 | 00:21:57 | 00:43:04 | 00:46:48 | 01:10:17 | 01:33:18 |           |                                      | PONTEVEDRA             |
| 416 | 575  | PABLO             | CANEDA LOIS           | M-393 | MST2M-134 | 01:42:14 | 00:04:51 | 01:41:12 | 00:04:48 | 00:23:35 | 00:45:12 | 00:49:03 | 01:12:15 | 01:33:57 |           | FERRETERÍA O GROVE                   | GROVE (O)              |
| 417 | 759  | JOSE FRANCISCO    | DOMINGUEZ TORRES      | M-394 | MST3M-77  | 01:42:19 | 00:04:51 | 01:41:44 | 00:04:50 | 00:23:16 | 00:44:56 | 00:48:44 | 01:12:56 | 01:34:34 |           |                                      | POBRA DO CARAMIÑAL (A) |
| 418 | 496  | GONZALO           | GARCÍA PEREIRA        | M-395 |           | 01:42:23 | 00:04:52 | 01:42:02 | 00:04:51 | 00:21:58 | 00:43:13 | 00:47:02 | 01:10:39 | 01:33:17 |           | A.P. SAN RAMON DE VILALBA            | VILALBA                |
| 419 | 866  | PAOLA             | MARÍA MOCHALES        | F-24  | MST2F-9   | 01:42:29 | 00:04:52 | 01:41:40 | 00:04:50 | 00:23:45 | 00:45:53 | 00:49:48 | 01:13:21 | 01:34:41 |           |                                      | VILAGARCÍA DE AROUSA   |
| 420 | 174  | MARCOS ANTONIO    | BLANCO FIGUEIRDO      | M-396 | MST3M-78  | 01:42:29 | 00:04:52 | 01:42:08 | 00:04:51 | 00:22:49 | 00:44:46 | 00:48:37 | 01:12:27 | 01:34:23 | AG9519    | CLUB ATLETISMO OUTES                 | OUTES                  |
| 421 | 766  | JAVIER ENRIQUE    | FALCÓN GÓMEZ          | M-397 | MST3M-79  | 01:42:30 | 00:04:52 | 01:41:52 | 00:04:50 | 00:23:31 | 00:45:28 | 00:49:28 | 01:13:28 | 01:34:40 |           |                                      | PALMA                  |
| 422 | 66   | JESUS             | CONDE LAGO            | M-398 |           | 01:42:33 | 00:04:52 | 01:41:52 | 00:04:50 | 00:22:37 | 00:42:51 | 00:46:27 | 01:09:25 | 01:33:17 | AG2023572 | C.A.R. MARISQUEIRO                   | VIGO                   |
| 423 | 177  | PABLO             | LOPEZ SOMOZA          | M-399 |           | 01:42:33 | 00:04:52 | 01:41:51 | 00:04:50 | 00:22:37 | 00:42:51 | 00:46:27 | 01:09:26 | 01:33:17 | AG19847   | CLUB ATLETISMO RIAS BAIXAS           | LUGO                   |
| 424 | 495  | ALBERTO ALEJANDRO | VILLAR CONDE          | M-400 | MST3M-80  | 01:42:34 | 00:04:52 | 01:42:23 | 00:04:52 | 00:20:11 | 00:41:05 | 00:44:46 | 01:09:30 | 01:33:27 |           |                                      | TEO                    |
| 425 | 762  | DIEGO             | ERIS ALVAREZ          | M-401 | MST1M-55  | 01:42:35 | 00:04:52 | 01:42:10 | 00:04:51 | 00:22:50 | 00:44:43 | 00:48:31 | 01:12:18 | 01:34:33 |           |                                      | CARBALLO               |
| 426 | 800  | ANGEL             | GARCÍA CUEVAS         | M-402 | MST3M-81  | 01:42:37 | 00:04:52 | 01:42:22 | 00:04:52 | 00:21:57 | 00:42:58 | 00:46:42 | 01:10:26 | 01:33:36 |           |                                      | VIGO                   |
| 427 | 674  | LUIS              | ALVAREZ FERNÁNDEZ     | M-403 |           | 01:42:40 | 00:04:52 | 01:41:51 | 00:04:50 | 00:24:09 | 00:45:51 | 00:49:35 | 01:13:02 | 01:34:43 |           |                                      | MARIN                  |
| 428 | 487  | ANDREA            | VÁZQUEZ NUÑEZ         | F-25  |           | 01:42:41 | 00:04:52 | 01:42:24 | 00:04:50 | 00:22:30 | 00:43:52 | 00:47:40 | 01:11:14 | 01:33:48 |           |                                      | PONTEVEDRA             |
| 429 | 118  | CLALLA            | GARCÍA FONTE          | F-26  |           | 01:42:43 | 00:04:53 | 01:42:30 | 00:04:52 | 00:21:59 | 00:43:27 | 00:47:18 | 01:11:14 | 01:34:15 |           | ADC MONTE BREAMO                     | MONFERO                |
| 430 | 1035 | LUIS M            | VILLAMIDE MUÍÑA       | M-404 | MST2M-135 | 01:42:45 | 00:04:53 | 01:42:17 | 00:04:51 | 00:22:28 | 00:44:19 | 00:48:14 | 01:12:00 | 01:34:31 |           |                                      | LUGO                   |
| 431 | 205  | FERNANDO          | ABREU FERNANDEZ       | M-405 | MST3M-82  | 01:42:48 | 00:04:53 | 01:42:23 | 00:04:52 | 00:23:21 | 00:45:20 | 00:49:14 | 01:13:02 | 01:34:52 |           | CLUB TRIATLON PORRIÑO                | SALVATERRA DE MIÑO     |
| 432 | 350  | FELIPE            | CHOREN SANMARTIN      | M-406 | MST2M-136 | 01:42:49 | 00:04:53 | 01:42:43 | 00:04:53 | 00:21:16 | 00:42:39 | 00:46:24 | 01:10:49 | 01:34:18 |           |                                      | SILLEDA                |
| 433 | 223  | DIEGO             | ROCA CANCIO           | M-407 | MST2M-137 | 01:42:53 | 00:04:53 | 01:42:31 | 00:04:52 | 00:21:25 | 00:42:45 | 00:46:35 | 01:10:53 | 01:34:42 |           | ERIKA PILATES TEAM                   | LUGO                   |
| 434 | 264  | ANTÍA             | GARCÍA FERNANDEZ      | F-27  |           | 01:42:54 | 00:04:53 | 01:42:25 | 00:04:52 | 00:21:57 | 00:43:18 | 00:47:05 | 01:10:45 | 01:33:52 |           | NOSPORTLIMIT                         | CORUÑA (A)             |
| 435 | 121  | JOSE LUIS         | COSTAS FERNANDEZ      | M-408 | MST2M-138 | 01:42:58 | 00:04:53 | 01:42:34 | 00:04:52 | 00:23:07 | 00:45:09 | 00:49:06 | 01:13:00 | 01:34:54 |           | ASOCIACION DEPORTIVA C.A.R REDONDELA | CANIZA (A)             |
| 436 | 445  | FRANCISCO         | QUINTANS MORÁN        | M-409 | MST3M-83  | 01:42:59 | 00:04:53 | 01:42:28 | 00:04:52 | 00:22:51 | 00:44:47 | 00:48:43 | 01:12:50 | 01:35:10 |           |                                      | PONTEVEDRA             |
| 437 | 355  | JOSE ALBERTO      | CONDE GARRIDO         | M-410 |           | 01:43:00 | 00:04:53 | 01:42:35 | 00:04:52 | 00:22:50 | 00:44:22 | 00:48:10 | 01:11:40 | 01:34:29 |           |                                      | PONTEVEDRA             |
| 438 | 116  | PABLO             | RODRIGUEZ NIETO       | M-411 | MST3M-84  | 01:43:01 | 00:04:53 | 01:42:34 | 00:04:52 | 00:25:10 | 00:46:49 | 00:50:41 | 01:14:59 | 01:35:52 |           | ACADEMIA FONSECA                     | VIGO                   |
| 439 | 110  | XOSE LOIS         | ALONSO VAZQUEZ        | M-412 | MST2M-139 | 01:43:04 | 00:04:54 | 01:42:33 | 00:04:52 | 00:23:02 | 00:44:34 | 00:48:25 | 01:12:12 | 01:34:56 |           | A. D. LIMIACTIVA                     | XINZO DE LIMIA         |
| 440 | 302  | JOSE RAMON        | BARRAL MOREIRA        | M-413 | MST3M-85  | 01:43:10 | 00:04:54 | 01:42:55 | 00:04:53 | 00:21:48 | 00:43:33 | 00:47:30 | 01:11:12 | 01:34:20 |           | SERVICIO                             | PONTEVEDRA             |
| 441 | 566  | ALEJANDRO         | MONTERO HORRILLO      | M-414 |           | 01:43:14 | 00:04:54 | 01:42:38 | 00:04:52 | 00:23:08 | 00:43:55 | 00:47:38 | 01:11:20 | 01:34:20 |           | ESCUELA NAVAL MILITAR                | MARIN                  |
| 442 | 623  | JOSEFA            | TRABAZO GARCIA        | F-28  | MST3F-2   | 01:43:14 | 00:04:54 | 01:42:54 | 00:04:53 | 00:21:56 | 00:43:18 | 00:47:08 | 01:11:13 | 01:34:21 |           | PONTE                                | PONTEVEDRA             |
| 443 | 377  | EDUARDO           | GARCÍA DACOSTA        | M-415 | MST3M-86  | 01:43:16 | 00:04:54 | 01:4     |          |          |          |          |          |          |           |                                      |                        |

|     |      |                  |                           |       |           |          |          |          |          |          |          |          |          |          |                        |                                 |
|-----|------|------------------|---------------------------|-------|-----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------------------|---------------------------------|
| 476 | 321  | RICARDO          | GIL DOPAZO                | M-445 | MST3M-93  | 01:44:52 | 00:04:59 | 01:44:28 | 00:04:58 | 00:22:57 | 00:45:09 | 00:49:03 | 01:13:14 | 01:36:07 | VETERAN@S DE GALICIA   | PONTEVEDRA                      |
| 477 | 997  | ANTONIO ABEL     | SELOANE ESTÉVEZ           | M-446 | MST2M-146 | 01:45:07 | 00:04:59 | 01:44:39 | 00:04:58 | 00:22:23 | 00:44:05 | 00:47:55 | 01:12:16 | 01:35:58 |                        | PONTEVEDRA                      |
| 478 | 37   | SABELA           | GARCÍA ORO                | F-32  | MST2F-12  | 01:45:08 | 00:04:59 | 01:44:30 | 00:04:58 | 00:24:09 | 00:46:35 | 00:50:33 | 01:14:51 | 01:37:04 |                        | OLEIROS                         |
| 479 | 343  | YOLANDA          | CAMPOS RIVAS              | F-33  | MST3F-3   | 01:45:11 | 00:05:00 | 01:44:17 | 00:04:57 | 00:23:47 | 00:45:52 | 00:49:50 | 01:14:23 | 01:37:00 |                        | REDONDELA                       |
| 480 | 196  | ÁNGEL            | RODAL DIZ                 | M-447 | MST3M-94  | 01:45:14 | 00:05:00 | 01:45:04 | 00:04:59 | 00:21:49 | 00:43:41 | 00:47:34 | 01:12:17 | 01:36:08 | AG10103                | CLUB DEPORTIVO PINARIUM         |
| 481 | 988  | MERCEDES         | SANCHEZ DE TOCA RODRIGUEZ | F-34  |           | 01:45:17 | 00:05:00 | 01:44:45 | 00:04:58 | 00:24:27 | 00:47:00 | 00:50:49 | 01:15:06 | 01:37:11 |                        | MARÍN                           |
| 482 | 820  | ALBERTO          | GONZÁLEZ MARTÍNEZ         | M-448 | MST2M-147 | 01:45:22 | 00:05:00 | 01:45:06 | 00:04:59 | 00:22:29 | 00:43:58 | 00:47:46 | 01:11:17 | 01:35:53 |                        | VIGO                            |
| 483 | 910  | FRANCISCO        | OTERO LÓPEZ               | M-449 | MST2M-148 | 01:45:24 | 00:05:00 | 01:45:05 | 00:04:59 | 00:22:40 | 00:45:01 | 00:48:58 | 01:13:32 | 01:36:48 |                        | VIGO                            |
| 484 | 754  | LUCAS            | DE SOUSA LOZA             | M-450 |           | 01:45:29 | 00:05:00 | 01:44:53 | 00:04:59 | 00:24:06 | 00:45:43 | 00:49:35 | 01:13:27 | 01:36:28 |                        | CORUÑA (A)                      |
| 485 | 934  | ANDRES           | PERNAS MASEDA             | M-451 |           | 01:45:34 | 00:05:01 | 01:45:04 | 00:04:59 | 00:24:29 | 00:47:15 | 00:51:13 | 01:15:48 | 01:37:41 |                        | BURELA                          |
| 486 | 407  | SARA             | MARTÍNEZ MOSQUERA         | F-35  | MST2F-13  | 01:45:39 | 00:05:01 | 01:45:10 | 00:05:00 | 00:22:40 | 00:45:12 | 00:49:13 | 01:13:53 | 01:37:05 |                        | MOAÑA                           |
| 487 | 506  | MODESTO          | GONZÁLEZ SENRA            | M-452 | MST2M-149 | 01:45:44 | 00:05:01 | 01:45:10 | 00:05:00 | 00:22:52 | 00:45:12 | 00:49:09 | 01:14:03 | 01:37:03 | AG4033                 | ATLETISMO +9 MORAÑA             |
| 488 | 587  | XABIER           | GARCÍA RODRÍGUEZ          | M-453 | MST3M-95  | 01:45:45 | 00:05:01 | 01:45:14 | 00:05:00 | 00:23:48 | 00:46:03 | 00:49:59 | 01:14:24 | 01:37:32 |                        | GTR GALAICO TRAIL RUN           |
| 489 | 948  | ENRIQUE          | PRÍETO FERNÁNDEZ          | M-454 | MST2M-150 | 01:45:47 | 00:05:01 | 01:44:51 | 00:04:59 | 00:24:04 | 00:46:38 | 00:50:40 | 01:15:08 | 01:37:40 |                        | LALÍN                           |
| 490 | 1001 | JONATAN          | SOBRADO SOUTO             | M-455 |           | 01:45:47 | 00:05:01 | 01:45:18 | 00:05:00 | 00:22:29 | 00:43:12 | 00:46:48 | 01:09:40 | 01:35:47 |                        | CAMPO LAMEIRO                   |
| 491 | 315  | JUAN             | PAZOS EIROA               | M-456 |           | 01:45:50 | 00:05:01 | 01:45:33 | 00:05:01 | 00:22:39 |          | 01:32:23 | 01:13:15 |          | GROVE (O)              |                                 |
| 492 | 184  | RAFAEL           | MILLAN GÓMEZ              | M-457 | MST2M-151 | 01:45:50 | 00:05:01 | 01:45:33 | 00:05:01 | 00:22:49 | 00:45:06 | 00:49:05 | 01:13:47 | 01:37:14 | GA 765810              | TRIATLON PC RIAS BAIXAS         |
| 493 | 622  | MIGUEL ÁNGEL     | LÓPEZ DE LERMA CASAS      | M-458 | MST3M-96  | 01:45:50 | 00:05:01 | 01:45:27 | 00:05:00 | 00:22:48 | 00:45:09 | 00:49:08 | 01:14:04 | 01:37:19 | 186.0                  | CLUB CICLISMO TRIATLON POIO     |
| 494 | 787  | ÁNGEL            | FERNÁNDEZ-ARRUTI GALLEGO  | M-459 |           | 01:45:52 | 00:05:02 | 01:45:09 | 00:05:00 | 00:24:11 | 00:46:25 | 00:50:21 | 01:14:55 | 01:37:22 |                        | PONTE A CORRER                  |
| 495 | 421  | SINESIO          | NOVO FERNÁNDEZ            | M-460 | MST2M-152 | 01:45:53 | 00:05:02 | 01:45:38 | 00:05:01 | 00:21:25 | 00:43:27 | 00:47:32 | 01:13:20 | 01:37:17 |                        | VIGO                            |
| 496 | 1015 | ALBERTO          | TUBÍO AGEITOS             | M-461 |           | 01:45:59 | 00:05:02 | 01:45:08 | 00:04:59 | 00:24:31 | 00:47:10 | 00:51:12 | 01:15:48 | 01:38:03 |                        | RIANXO                          |
| 497 | 617  | JUAN             | SOUSA RIBEIRO             | M-462 | MST2M-153 | 01:45:59 | 00:05:02 | 01:45:31 | 00:05:01 | 00:21:57 | 00:43:27 | 00:47:27 | 01:12:19 | 01:36:36 |                        | CORUÑA (A)                      |
| 498 | 594  | ALBERTO          | LOUREIRO MONTENEGRO       | M-463 | MST3M-97  | 01:46:00 | 00:05:02 | 01:45:44 | 00:05:01 | 00:22:31 | 00:44:45 | 00:48:42 | 01:13:36 | 01:37:14 |                        | PONTEVEDRA                      |
| 499 | 624  | JOSE ANGEL       | ALONSO                    | M-464 | MST2M-154 | 01:46:00 | 00:05:02 | 01:45:43 | 00:05:01 | 00:22:31 | 00:44:45 | 00:48:41 | 01:13:36 | 01:37:14 |                        | TUI                             |
| 500 | 989  | LAURA            | SÁNCHEZ REGO              | F-36  |           | 01:46:03 | 00:05:02 | 01:45:40 | 00:05:01 | 00:22:56 | 00:45:15 | 00:49:13 | 01:14:02 | 01:37:09 |                        | VIGO                            |
| 501 | 219  | DANIEL           | NEGREIRA BARCIA           | M-465 | MST2M-155 | 01:46:20 | 00:05:03 | 01:45:41 | 00:05:01 | 00:23:36 | 00:45:53 | 00:49:52 | 01:15:03 | 01:38:06 | AG763935               | ENTRENARUNING                   |
| 502 | 965  | JAVIER           | RODERO NIETO              | M-466 |           | 01:46:21 | 00:05:03 | 01:45:47 | 00:05:01 | 00:24:29 | 00:47:09 | 00:51:12 | 01:15:47 | 01:38:04 |                        | PONTEVEDRA                      |
| 503 | 544  | MARIA AURORA     | GONZÁLEZ FERNÁNDEZ        | F-37  | MST3F-4   | 01:46:22 | 00:05:03 | 01:45:34 | 00:05:01 | 00:24:29 | 00:47:10 | 00:51:11 | 01:15:47 | 01:38:06 |                        | MARÍN                           |
| 504 | 238  | MARIA DEL CARMEN | LAGO SOUTO                | F-38  | MST3F-5   | 01:46:25 | 00:05:03 | 01:45:40 | 00:05:01 | 00:24:54 | 00:47:31 | 00:51:31 | 01:15:42 | 01:38:06 |                        | PONTEAREAS                      |
| 505 | 1037 | ADRIÁN           | VILLARES ACEÑA            | M-467 | MST1M-59  | 01:46:25 | 00:05:03 | 01:46:02 | 00:05:02 | 00:22:17 | 00:43:51 | 00:47:40 | 01:11:22 | 01:36:52 |                        | CORUÑA (A)                      |
| 506 | 732  | ÁLVARO           | CASTIÑEIRA SOTO           | M-468 |           | 01:46:27 | 00:05:03 | 01:45:23 | 00:05:00 | 00:23:25 | 00:44:59 | 00:48:52 | 01:13:43 | 01:37:33 |                        | MARÍN                           |
| 507 | 613  | ROBERTO          | PEREZ OSUNA               | M-469 | MST3M-98  | 01:46:29 | 00:05:03 | 01:45:54 | 00:05:02 | 00:24:31 | 00:47:13 | 00:51:11 | 01:15:47 | 01:38:10 |                        | CULLEREDO                       |
| 508 | 31   | ALICIA           | MATO PÉREZ                | F-39  |           | 01:46:32 | 00:05:03 | 01:46:03 | 00:05:02 | 00:23:31 | 00:45:53 | 00:49:54 | 01:14:44 | 01:37:54 |                        | SANTIAGO DE COMPOSTELA          |
| 509 | 702  | RICARDO          | BLANCO CHAO               | M-470 | MST1M-60  | 01:46:38 | 00:05:04 | 01:46:19 | 00:05:03 | 00:23:43 | 00:46:30 | 00:50:29 | 01:15:07 | 01:38:01 |                        | OLEIROS                         |
| 510 | 359  | JOSE LUIS        | DAPENA TENORIO            | M-471 | MST3M-99  | 01:46:39 | 00:05:04 | 01:46:24 | 00:05:03 | 00:21:50 | 00:43:34 | 00:47:31 | 01:12:24 | 01:37:20 |                        | PONTEVEDRA                      |
| 511 | 365  | YAGO             | DOMÍNGUEZ                 | M-472 |           | 01:46:40 | 00:05:04 | 01:46:27 | 00:05:03 | 00:21:14 | 00:42:07 | 00:45:59 | 01:10:19 | 01:37:15 |                        | OURENSE                         |
| 512 | 752  | CARLOS           | DE CASTRO MARTÍNEZ        | M-473 |           | 01:46:46 | 00:05:04 | 01:46:00 | 00:05:02 | 00:25:14 | 00:48:03 | 00:52:10 | 01:16:26 | 01:38:19 |                        | PAZOS DE BORBÉN                 |
| 513 | 705  | DIEGO            | BLANCO TABOAS             | M-474 | MST2M-156 | 01:46:46 | 00:05:04 | 01:45:59 | 00:05:02 | 00:24:30 | 00:47:13 | 00:51:15 | 01:15:50 | 01:38:22 |                        | PONTEVEDRA                      |
| 514 | 361  | FERNANDO         | DE LA PUENTE MARTÍN       | M-475 |           | 01:46:47 | 00:05:04 | 01:46:00 | 00:05:02 | 00:23:58 | 00:46:04 | 00:50:04 | 01:15:06 | 01:38:18 |                        | JARANDILLA DE LA VERA           |
| 515 | 1024 | HECTOR           | VELASCO FERREIROS         | M-476 |           | 01:46:47 | 00:05:04 | 01:46:00 | 00:05:02 | 00:23:57 | 00:46:04 | 00:50:02 | 01:15:06 | 01:38:17 |                        | PONTEVEDRA                      |
| 516 | 436  | SHARA            | PEREZ LÓPEZ               | F-40  |           | 01:46:47 | 00:05:04 | 01:46:00 | 00:05:02 | 00:23:58 | 00:46:04 | 00:50:04 | 01:15:06 | 01:38:18 |                        | VIGO                            |
| 517 | 493  | JAIME            | VILA AVENDAÑO             | M-477 | MST2M-157 | 01:46:53 | 00:05:04 | 01:46:05 | 00:05:02 | 00:24:56 | 00:47:38 | 00:51:43 | 01:15:48 | 01:38:17 |                        | PONTEVEDRA                      |
| 518 | 545  | PEDRO            | ALONSO VÁZQUEZ            | M-478 | MST2M-158 | 01:46:56 | 00:05:05 | 01:46:33 | 00:05:04 | 00:22:56 | 00:45:22 | 00:49:22 | 01:14:27 | 01:38:08 |                        | PONTEVEDRA                      |
| 519 | 292  | JONATAN          | RIVAS PEREZ               | M-479 | MST2M-159 | 01:47:02 | 00:05:05 | 01:46:50 | 00:05:04 | 00:23:20 | 00:45:24 | 00:49:18 | 01:14:12 | 01:38:13 | AG14580                | CLUB DEPORTIVO PINARIUM         |
| 520 | 142  | DAVID            | BOLEAS RAMÓN              | M-480 | MST3M-100 | 01:47:08 | 00:05:05 | 01:46:44 | 00:05:04 | 00:24:07 | 00:47:07 | 00:51:05 | 01:15:50 | 01:38:46 |                        | RUMMANIAK BOX001 OURENSE        |
| 521 | 119  | JAVIER           | CASTIÑEIRA                | M-481 | MST3M-101 | 01:47:09 | 00:05:05 | 01:46:31 | 00:05:03 | 00:23:18 | 00:45:40 | 00:49:38 | 01:14:45 | 01:38:18 |                        | C.A.R. MARISQUEIRO              |
| 522 | 781  | ALEJANDRO        | FERNÁNDEZ ORTEGA          | M-482 |           | 01:47:09 | 00:05:05 | 01:46:48 | 00:05:04 | 00:22:51 | 00:43:49 | 00:47:52 | 01:11:58 | 01:37:17 |                        | ADNRUNNERS-TELMO PELUQUEROS F.C |
| 523 | 976  | RUBÉN            | ROMERO ACUÑA              | M-483 |           | 01:47:10 | 00:05:05 | 01:46:20 | 00:05:03 | 00:24:55 | 00:47:08 | 00:51:13 | 01:15:45 | 01:38:47 |                        | VIGO                            |
| 524 | 724  | DAVID            | CARMUEGA NERGA            | M-484 | MST2M-160 | 01:47:19 | 00:05:06 | 01:47:01 | 00:05:05 | 00:22:54 | 00:45:11 | 00:49:08 | 01:14:05 | 01:38:06 |                        | YEGLA                           |
| 525 | 472  | LUCÍA            | SENÍN ROJO                | F-41  |           | 01:47:25 | 00:05:06 | 01:47:11 | 00:05:05 | 00:22:52 | 00:44:43 | 00:48:52 | 01:14:17 | 01:38:08 |                        | VILABOA                         |
| 526 | 946  | EUGENIO          | POSES SOBRAL              | M-485 | MST3M-102 | 01:47:34 | 00:05:06 | 01:46:52 | 00:05:04 | 00:24:36 | 00:47:22 | 00:51:19 | 01:15:49 | 01:38:43 |                        | PONTEVEDRA                      |
| 527 | 945  | ARTAI            | POSES BLANCO              | M-486 |           | 01:47:35 | 00:05:06 | 01:46:52 | 00:05:04 | 00:24:36 | 00:47:22 | 00:51:19 | 01:15:49 | 01:38:43 |                        | SANT ADRIÁ DE BESÓS             |
| 528 | 777  | XABIER           | FERNÁNDEZ LÓPEZ           | M-487 | MST1M-61  | 01:47:45 | 00:05:07 | 01:46:56 | 00:05:05 | 00:24:58 | 00:48:16 | 00:52:21 | 01:17:00 | 01:39:24 |                        | PONTEVEDRA                      |
| 529 | 608  | ALEJANDRO        | MARTÍNEZ PARDO            | M-488 |           | 01:47:49 | 00:05:07 | 01:47:04 | 00:05:05 | 00:24:09 | 00:46:58 | 00:51:06 | 01:15:48 | 01:38:37 |                        | SAN CIBRAO DAS VIÑAS            |
| 530 | 601  | RUBÉN            | FERNÁNDEZ SANTIAGO        | M-489 | MST1M-62  | 01:47:50 | 00:05:07 | 01:47:15 | 00:05:06 | 00:23:28 | 00:45:30 | 00:49:25 | 01:14:19 | 01:38:14 | TGAL517                | ARTEJO                          |
| 531 | 842  | CARLOS JOSÉ      | LA TONA D ELIA            | M-490 | MST2M-161 | 01:47:56 | 00:05:07 | 01:47:23 | 00:05:06 | 00:23:52 | 00:46:45 | 00:50:52 | 01:15:41 | 01:39:07 |                        | CORUÑA (A)                      |
| 532 | 413  | MIGUEL           | MOLDES CARBALLAL          | M-491 |           | 01:47:58 | 00:05:08 | 01:47:44 | 00:05:07 | 00:22:40 | 00:44:47 | 00:48:44 | 01:13:21 | 01:38:16 |                        | VIGO                            |
| 533 | 227  | LUIS             | FORNOS GALLEGO            | M-492 | MST2M-162 | 01:48:02 | 00:05:08 | 01:47:22 | 00:05:06 | 00:24:06 | 00:46:34 | 00:50:37 | 01:15:28 | 01:39:07 |                        | VIGO                            |
| 534 | 229  | MANUEL RAFAEL    | PEREZ GONZÁLEZ            | M-493 | MST3M-103 | 01:48:04 | 00:05:08 | 01:47:24 | 00:05:06 | 00:24:07 | 00:46:34 | 00:50:37 | 01:15:28 | 01:39:05 | AG-764299              | ESPRINTS OURENSE                |
| 535 | 548  | MIGUEL           | ALVAREZ PALLIN            | M-494 | MST2M-163 | 01:48:08 | 00:05:08 | 01:47:07 | 00:05:05 | 00:25:44 | 00:48:07 | 00:52:05 | 01:16:49 | 01:39:54 |                        | ESPRINTS OURENSE                |
| 536 | 737  | DANIEL           | CERRUDO                   | M-495 |           | 01:48:14 | 00:05:08 | 01:47:35 | 00:05:06 | 00:24:32 | 00:47:17 | 00:51:12 | 01:15:49 |          | CLUB HERCULES TERMARIA |                                 |
| 537 | 38   | ALDARA           | BETANZOS FREIRE           | F-42  |           | 01:48:16 | 00:05:08 | 01:47:51 | 00:05:07 | 00:22:40 | 00:45:22 | 00:49:27 | 01:15:08 | 01:39:01 |                        | S.D. BARBANTIA RODA             |
| 538 | 708  | DIEGO            | BOUZON COÚNAGO            | M-496 | MST2M-164 | 01:48:16 | 00:05:08 | 01:47:23 | 00:05:06 | 00:24:51 | 00:47:57 | 00:52:00 | 01:17:03 | 01:40:01 |                        | RIANXO                          |
| 539 | 583  | BERNARDINO       | GIRALDEZ DOMÍNGUEZ        | M-497 | MST2M-165 | 01:48:17 | 00:05:08 | 01:47:33 | 00:05:06 | 00:24:53 | 00:47:35 | 00:51:38 | 01:16:21 | 01:39:36 | 35561042Y              | PONTEVEDRA                      |
| 540 | 799  | DANIEL           | GARCÍA CAROD              | M-498 |           | 01:48:19 | 00:05:09 | 01:47:49 | 00:05:07 | 00:22:42 | 00:44:01 | 00:47:56 | 01:13:00 | 01:38:11 |                        | FORESJANS RUNNERS               |
| 541 | 924  | ERNESTO          | PEDROSA ACUÑA             | M-499 |           | 01:48:23 | 00:05:09 | 01:47:38 | 00:05:07 | 00:22    |          |          |          |          |                        |                                 |

|     |      |                  |                       |       |           |          |          |          |          |          |          |          |          |          |                                        |
|-----|------|------------------|-----------------------|-------|-----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------------------------------------|
| 572 | 990  | JUAN DIEGO       | SÁNCHEZ VEGA          | M-524 | MST1M-67  | 01:50:16 | 00:05:14 | 01:49:55 | 00:05:13 | 00:22:29 | 00:44:52 | 00:48:58 | 01:15:10 | 01:40:44 | VIGO                                   |
| 573 | 339  | MIGUEL ÁNGEL     | BREA LÓPEZ            | M-525 | MST3M-108 | 01:50:35 | 00:05:15 | 01:49:44 | 00:05:13 | 00:24:23 | 00:47:09 | 00:51:11 | 01:16:26 | 01:41:07 | VILA DE CRUCES                         |
| 574 | 850  | DARÍO            | LEMONS RODRIGUEZ      | M-526 | MST1M-68  | 01:50:38 | 00:05:15 | 01:49:56 | 00:05:13 | 00:25:31 | 00:49:16 | 00:53:32 | 01:19:06 | 01:42:43 | CANGAS                                 |
| 575 | 913  | JOSÉ MARÍA       | PALOMEQUE TORRAS      | M-527 | MST1M-69  | 01:50:44 | 00:05:15 | 01:50:12 | 00:05:14 | 00:24:28 | 00:47:25 | 00:51:28 | 01:16:44 | 01:41:14 | VIGO                                   |
| 576 | 634  | CÉLIA            | LOPES                 | F-49  | MST1F-12  | 01:50:46 | 00:05:15 | 01:50:26 | 00:05:15 | 00:24:48 | 00:48:32 | 00:52:40 | 01:18:31 | 01:42:14 | SIMECQ                                 |
| 577 | 966  | SAMUEL           | RODRIGUEZ             | M-528 | MST1M-70  | 01:50:50 | 00:05:16 | 01:50:13 | 00:05:14 | 00:25:06 | 00:48:10 | 00:52:22 | 01:17:34 | 01:41:23 | CRUZ QUEBRADA                          |
| 578 | 533  | HÉCTOR           | PIÑEIRO GARCÍA        | M-529 | MST2M-175 | 01:50:53 | 00:05:16 | 01:50:19 | 00:05:14 | 00:24:49 | 00:48:04 | 00:52:09 | 01:17:46 | 01:42:05 | CLUB ATLETISMO LOUSAME                 |
| 579 | 694  | JUAN             | BASILIO DEL SOLAR     | M-530 | MST2M-176 | 01:50:56 | 00:05:16 | 01:50:16 | 00:05:14 | 00:24:48 | 00:47:37 | 00:51:54 | 01:18:02 | 01:42:03 | VILAGARCÍA DE AROUSA                   |
| 580 | 192  | MARTA            | FERRO NIETO           | F-50  | MST2F-15  | 01:50:57 | 00:05:16 | 01:50:17 | 00:05:14 | 00:24:49 | 00:47:38 | 00:51:54 | 01:18:04 | 01:42:03 | CLUB DEPORTIVO PINARIUM                |
| 581 | 309  | JULIO ALBERTO    | GÁNDARA DOMÍNGUEZ     | M-531 | MST2M-177 | 01:51:00 | 00:05:16 | 01:50:07 | 00:05:14 | 00:25:16 | 00:48:36 | 00:52:47 | 01:18:09 | 01:42:16 | L4245673 (TRIATLÓN)                    |
| 582 | 572  | MOISÉS           | AMOEDO COLLAZO        | M-532 | MST2M-178 | 01:51:01 | 00:05:16 | 01:50:16 | 00:05:14 | 00:25:30 | 00:49:12 | 00:53:25 | 01:19:00 | 01:42:15 | TRI OURENSE / AFJ RUNNING / CIE GALFOR |
| 583 | 1036 | CRISTIAN         | VILLAR SOTO           | M-533 | MST2M-179 | 01:51:04 | 00:05:16 | 01:50:40 | 00:05:15 | 00:23:41 | 00:46:26 | 00:50:35 | 01:16:32 | 01:41:48 | ESPARTAN@S CHIFLAD@S                   |
| 584 | 391  | BÁRBARA          | LEMONS RODRIGUEZ      | F-51  | MST2F-16  | 01:51:04 | 00:05:16 | 01:50:41 | 00:05:15 | 00:23:41 | 00:46:26 | 00:50:35 | 01:16:33 | 01:41:49 | PONTEAREAS                             |
| 585 | 690  | JESÚS            | BARCIA GARCÍA         | M-534 | MST3M-109 | 01:51:15 | 00:05:17 | 01:50:39 | 00:05:15 | 00:24:26 | 00:47:41 | 00:51:50 | 01:17:59 | 01:42:07 | PONTEAREAS                             |
| 586 | 789  | MANUEL           | FIDALGO IGLESIAS      | M-535 | MST4M-12  | 01:51:15 | 00:05:17 | 01:50:47 | 00:05:16 | 00:24:26 | 00:47:57 | 00:52:12 | 01:18:14 | 01:42:25 | MARÍN                                  |
| 587 | 756  | XENXO            | DO CAMPO LAMAS        | M-536 | MST2M-180 | 01:51:16 | 00:05:17 | 01:50:32 | 00:05:15 | 00:24:53 | 00:48:32 | 00:52:42 | 01:18:43 | 01:42:27 | VIGO                                   |
| 588 | 1016 | LUIS             | VALBUENA GARRIDO      | M-537 | MST3M-110 | 01:51:20 | 00:05:17 | 01:50:29 | 00:05:15 | 00:25:30 | 00:49:12 | 00:53:25 | 01:19:00 | 01:42:41 | SAN CRISTOVO DE CEÁ                    |
| 589 | 423  | AARÓN            | ORTIZ BENITO          | M-538 |           | 01:51:39 | 00:05:18 | 01:51:23 | 00:05:17 | 00:23:12 | 00:46:42 | 00:50:47 | 01:16:41 | 01:42:17 | OURENSE                                |
| 590 | 378  | JAVIER           | GARCÍA GIL            | M-539 | MST2M-181 | 01:51:42 | 00:05:18 | 01:50:52 | 00:05:16 | 00:24:23 | 00:47:17 | 00:51:25 | 01:17:42 | 01:42:25 | MARÍN                                  |
| 591 | 412  | JOSE CARLOS      | MILLARES DOMENECH     | M-540 | MST3M-111 | 01:51:49 | 00:05:18 | 01:51:08 | 00:05:17 | 00:24:11 | 00:47:42 | 00:51:54 | 01:18:01 | 01:42:30 | LUGO                                   |
| 592 | 456  | PABLO            | RODRÍGUEZ LÓPEZ       | M-541 | MST3M-112 | 01:51:57 | 00:05:19 | 01:51:36 | 00:05:18 | 00:23:35 | 00:46:53 | 00:51:04 | 01:17:21 | 01:42:38 | OLEIROS                                |
| 593 | 853  | ALFONSO          | LUJO CARBALLEDA       | M-542 | MST2M-182 | 01:52:07 | 00:05:19 | 01:51:37 | 00:05:18 | 00:23:59 | 00:46:49 | 00:50:56 | 01:16:46 | 01:42:19 | PONTEVEDRA                             |
| 594 | 519  | AROHA            | BAR IGLESIAS          | F-52  |           | 01:52:07 | 00:05:19 | 01:51:51 | 00:05:19 | 00:24:55 | 00:48:50 | 00:53:02 | 01:19:10 | 01:43:20 | C.A.R. MARISQUEIRO                     |
| 595 | 814  | BRAULIO          | GONZÁLEZ CURRO        | M-543 | MST2M-183 | 01:52:09 | 00:05:19 | 01:51:18 | 00:05:17 | 00:25:30 | 00:49:11 | 00:53:24 | 01:19:01 | 01:43:05 | VILABOA                                |
| 596 | 661  | MANUEL RAMIRO    | RODRÍGUEZ RODRIGUEZ   | M-544 | MST4M-13  | 01:52:09 | 00:05:19 | 01:52:09 | 00:05:19 | 00:24:57 | 00:48:51 | 00:53:08 | 01:19:00 | 01:42:46 | LUGO                                   |
| 597 | 1038 | SERGIO           | VILLAVEDE LORENZO     | M-545 | MST2M-184 | 01:52:14 | 00:05:20 | 01:51:10 | 00:05:17 | 00:27:13 | 00:51:48 | 00:55:47 | 01:20:27 | 01:43:48 | VIKINGOS                               |
| 598 | 957  | HUGO             | REY ESPINOSA          | M-546 | MST2M-185 | 01:52:17 | 00:05:20 | 01:51:49 | 00:05:18 | 00:23:47 | 00:46:31 | 00:50:38 | 01:16:29 | 01:42:07 | TABOADELA                              |
| 599 | 883  | VENANCIO         | MENDEZ DIAZ           | M-547 | MST4M-14  | 01:52:18 | 00:05:20 | 01:51:45 | 00:05:18 | 00:24:28 | 00:47:46 | 00:52:03 | 01:19:07 | 01:43:27 | VILALBA                                |
| 600 | 602  | GAILLE           | GUILLET               | F-53  |           | 01:52:24 | 00:05:20 | 01:51:49 | 00:05:18 | 00:24:53 | 00:48:48 | 00:53:01 | 01:19:15 | 01:43:45 | NOSPORTLIMIT                           |
| 601 | 748  | JORGE            | CRESPO RIVAS          | M-548 |           | 01:52:26 | 00:05:20 | 01:52:00 | 00:05:19 | 00:23:13 | 00:46:11 | 00:50:12 | 01:16:03 | 01:42:25 | PONTEVEDRA                             |
| 602 | 695  | CATERINA         | BATTIOLI              | F-54  |           | 01:52:28 | 00:05:20 | 01:52:07 | 00:05:19 | 00:24:30 | 00:48:12 | 00:52:36 | 01:19:00 | 01:43:24 | VIGO                                   |
| 603 | 958  | FERNANDO         | REY MÍGUEZ            | M-549 | MST4M-15  | 01:52:34 | 00:05:21 | 01:51:55 | 00:05:19 | 00:26:32 | 00:50:39 | 00:54:57 | 01:20:42 | 01:44:02 | CORUÑA (A)                             |
| 604 | 938  | DAVID            | PIÑÓN PARADA          | M-550 |           | 01:52:47 | 00:05:21 | 01:51:55 | 00:05:19 | 00:25:15 | 00:48:48 | 00:53:02 | 01:19:07 | 01:43:22 | PONTEVEDRA                             |
| 605 | 1047 | MARCOS           | VIDAL FREIGEIRO       | M-551 | MST2M-186 | 01:53:01 | 00:05:22 | 01:52:10 | 00:05:19 | 00:25:29 | 00:49:11 | 00:53:24 | 01:19:00 | 01:43:19 | PONTEVEDRA                             |
| 606 | 698  | MANUEL           | BELLÓN CALVAR         | M-552 |           | 01:53:01 | 00:05:22 | 01:52:09 | 00:05:19 | 00:26:18 | 00:48:38 | 00:52:30 | 01:18:11 | 01:42:47 | MARÍN                                  |
| 607 | 721  | JUAN DIEGO       | CAÑAS SANTISO         | M-553 | MST3M-113 | 01:53:06 | 00:05:22 | 01:52:26 | 00:05:20 | 00:25:27 | 00:49:12 | 00:53:28 | 01:19:27 | 01:44:00 | CORUÑA (A)                             |
| 608 | 651  | MANUEL           | BASALO VAZQUEZ        | M-554 | MST3M-114 | 01:53:06 | 00:05:22 | 01:52:27 | 00:05:20 | 00:25:27 | 00:49:12 | 00:53:25 | 01:19:28 | 01:44:00 | CORUÑA (A)                             |
| 609 | 1031 | IRENE            | VIEITO PENA           | F-55  |           | 01:53:07 | 00:05:22 | 01:52:11 | 00:05:20 | 00:24:44 | 00:48:05 | 00:52:19 | 01:19:00 | 01:44:03 | VIGO                                   |
| 610 | 810  | RAMÓN ALFONSO    | GAYOSO GONZÁLEZ       | M-555 | MST3M-115 | 01:53:14 | 00:05:23 | 01:52:30 | 00:05:20 | 00:25:06 | 00:48:49 | 00:53:02 | 01:18:59 | 01:43:52 | NOSPORTLIMIT                           |
| 611 | 882  | MARÍA            | MENDEZ CACABELOS      | F-56  |           | 01:53:18 | 00:05:23 | 01:52:55 | 00:05:22 | 00:23:09 | 00:46:24 | 00:50:37 | 01:17:06 | 01:42:59 | ESTRADA (A)                            |
| 612 | 618  | LARA ANTONELLA   | TRIPODI RAMOS         | F-57  |           | 01:53:21 | 00:05:23 | 01:52:44 | 00:05:21 | 00:25:03 | 00:48:16 | 00:52:28 | 01:18:49 | 01:43:53 | CORUÑA (A)                             |
| 613 | 1010 | AMANDO           | TILVE GARCÍA          | M-556 | MST2M-187 | 01:53:21 | 00:05:23 | 01:52:44 | 00:05:21 | 00:25:30 | 00:49:15 | 00:53:28 | 01:19:27 | 01:44:10 | POIO                                   |
| 614 | 366  | MAJDA            | EDDAHAQOUI ELBASRAOUI | F-58  |           | 01:53:23 | 00:05:23 | 01:52:33 | 00:05:21 | 00:24:26 | 00:47:11 | 00:51:09 | 01:17:07 | 01:43:21 | OURENSE                                |
| 615 | 758  | JULIA            | DOMÍNGUEZ DE DIOS     | F-59  |           | 01:53:29 | 00:05:23 | 01:52:55 | 00:05:22 | 00:25:31 | 00:49:29 | 00:53:46 | 01:19:54 | 01:44:33 | VIGO                                   |
| 616 | 1034 | MARIA            | VILARINO TREINTA      | F-60  |           | 01:53:30 | 00:05:23 | 01:52:56 | 00:05:22 | 00:25:31 | 00:49:29 | 00:53:45 | 01:19:54 | 01:44:33 | TOMINO                                 |
| 617 | 382  | OSCAR            | GONZÁLEZ GÓMEZ        | M-557 | MST2M-188 | 01:53:42 | 00:05:24 | 01:52:51 | 00:05:21 | 00:24:43 | 00:48:13 | 00:52:16 | 01:18:26 | 01:44:16 | CARBALLIÑO (O)                         |
| 618 | 683  | JOSÉ LUIS        | ARAGON SEJO           | M-558 | MST4M-16  | 01:53:47 | 00:05:24 | 01:52:56 | 00:05:22 | 00:26:23 | 00:50:42 | 00:54:57 | 01:21:35 | 01:45:03 | MARÍN                                  |
| 619 | 454  | ALVARO           | RODRÍGUEZ GONZALEZ    | M-559 | MST3M-116 | 01:54:02 | 00:05:25 | 01:53:08 | 00:05:22 | 00:25:31 | 00:49:21 | 00:53:33 | 01:19:30 | 01:44:09 | SANTIAGO DE COMPOSTELA                 |
| 620 | 897  | CAROLINA         | MONTENEGRO DE RAMON   | F-61  | MST2F-17  | 01:54:04 | 00:05:25 | 01:53:00 | 00:05:23 | 00:24:44 | 00:48:14 | 00:52:25 | 01:18:00 | 01:44:37 | CORUÑA (A)                             |
| 621 | 355  | ANTONIO          | CORA LOPEZ            | M-560 |           | 01:54:11 | 00:05:25 | 01:53:24 | 00:05:23 | 00:25:39 | 00:49:03 | 00:53:14 | 01:19:26 | 01:44:52 | VIVEIRO                                |
| 622 | 709  | MIGUEL           | BUSTO                 | M-561 |           | 01:54:13 | 00:05:25 | 01:53:22 | 00:05:23 | 00:25:15 | 00:48:48 | 00:53:01 | 01:19:09 | 01:44:31 | CORUÑA (A)                             |
| 623 | 1009 | DAVID            | TEJADO LODEIRO        | M-562 |           | 01:54:16 | 00:05:25 | 01:53:29 | 00:05:23 | 00:25:38 | 00:49:03 | 00:53:14 | 01:19:27 | 01:44:54 | PONTEVEDRA                             |
| 624 | 164  | CARLOS           | PIÑEIRO RODRIGUEZ     | M-563 | MST3M-117 | 01:54:20 | 00:05:26 | 01:53:44 | 00:05:24 | 00:24:26 | 00:47:40 | 00:51:51 | 01:18:08 | 01:44:22 | CIDADE DE LUGO FLUVIAL                 |
| 625 | 573  | JUAN             | VILA SARANDESES       | M-564 | MST1M-71  | 01:54:46 | 00:05:27 | 01:54:04 | 00:05:25 | 00:25:43 | 00:49:53 | 00:54:13 | 01:20:57 | 01:45:26 | ESPRINTS OURENSE                       |
| 626 | 915  | MIGUEL           | PARDÁVILA IGLESIAS    | M-565 | MST3M-118 | 01:54:50 | 00:05:27 | 01:54:01 | 00:05:25 | 00:25:18 | 00:49:17 | 00:53:28 | 01:19:58 | 01:45:32 | OURENSE                                |
| 627 | 768  | EDUARDO JOSÉ     | FERNANDEZ             | M-566 |           | 01:54:52 | 00:05:27 | 01:53:52 | 00:05:24 | 00:26:28 | 00:50:41 | 00:55:00 | 01:21:50 | 01:46:10 | ROZAS DE MADRID (LAS)                  |
| 628 | 950  | MANUEL           | QUEIRO BLANCO         | M-567 |           | 01:54:53 | 00:05:27 | 01:53:53 | 00:05:24 | 00:26:28 | 00:50:40 | 00:54:53 | 01:22:00 | 01:46:10 | ZAS                                    |
| 629 | 858  | PATRICIA         | LOPEZ LIRES           | F-62  |           | 01:54:57 | 00:05:27 | 01:54:27 | 00:05:26 | 00:23:58 | 00:47:28 | 00:51:45 | 01:18:56 | 01:45:04 | ARTEIXO                                |
| 630 | 992  | MIGUEL           | SANTOS GARCIA         | M-568 | MST2M-189 | 01:55:02 | 00:05:28 | 01:54:29 | 00:05:26 | 00:24:57 | 00:49:21 | 00:53:42 | 01:20:05 | 01:45:53 | CANGAS                                 |
| 631 | 501  | FERNANDO         | BENAVIDES HERNANDEZ   | M-569 | MST3M-119 | 01:55:02 | 00:05:28 | 01:54:41 | 00:05:27 | 00:23:37 | 00:46:44 | 00:50:55 | 01:17:44 | 01:44:24 | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM |
| 632 | 985  | MARYEM           | SALI DUQUE            | F-63  | MST2F-18  | 01:55:11 | 00:05:28 | 01:54:19 | 00:05:26 | 00:25:43 | 00:49:54 | 00:54:12 | 01:20:57 | 01:46:11 | VIGO                                   |
| 633 | 340  | SIMÓN            | BUJIA TOURON          | M-570 |           | 01:55:13 | 00:05:28 | 01:54:32 | 00:05:26 | 00:22:43 | 00:44:28 | 00:48:22 |          |          | CORUÑA (A)                             |
| 634 | 908  | JORGE            | QUEDA DONADIOS        | M-571 |           | 01:55:14 | 00:05:28 | 01:54:14 | 00:05:25 | 00:26:28 | 00:50:40 | 00:54:58 | 01:21:50 | 01:46:19 | VILABOA                                |
| 635 | 605  | MARTA            | LOPEZ BANOBRE         | F-64  |           | 01:55:14 | 00:05:28 | 01:54:38 | 00:05:26 | 00:25:30 | 00:50:29 | 00:54:56 | 01:21:27 | 01:46:20 | CENCUA                                 |
| 636 | 571  | DAVID            | AMOEDO COLLAZO        | M-572 | MST3M-120 | 01:55:23 | 00:05:29 | 01:54:37 | 00:05:26 | 00:25:32 | 00:49:25 | 00:53:45 | 01:20:53 | 01:46:09 | NOSPORTLIMIT                           |
| 637 | 897  | SARA             | MOURINO LORENZO       | F-65  |           | 01:55:23 | 00:05:29 | 01:54:47 | 00:05:27 | 00:25:46 | 00:50:36 | 00:55:02 | 01:22:10 | 01:46:30 | ESPARTAN@S CHIFLAD@S                   |
| 638 | 521  | FRANCISCO DAMIÁN | BLANCO GARCIA         | M-573 | MST2M-190 | 01:55:30 | 00:05:29 | 01:54:38 | 00:05:26 | 00:25:44 | 00:49:30 | 00:53:45 | 01:20:02 | 01:45:55 | 36164486.0                             |
| 639 | 982  | TERESA           | SAAVEDRA              | F-66  | MST2F-19  | 01:55:41 | 0        |          |          |          |          |          |          |          |                                        |



|     |      |                         |                     |       |           |          |          |          |          |          |          |          |          |          |                           |                          |
|-----|------|-------------------------|---------------------|-------|-----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|---------------------------|--------------------------|
| 668 | 534  | JOSE                    | BUJÁN GONZÁLEZ      | M-596 | MST2M-198 | 01:57:26 | 00:05:34 | 01:56:32 | 00:05:32 | 00:26:30 | 00:51:32 | 00:55:53 | 01:22:58 | 01:48:17 | CLUB ATLETISMO OUTES      | OUTES                    |
| 669 | 947  | ALICIA                  | PRIETO              | F-73  | MST2F-24  | 01:57:26 | 00:05:34 | 01:56:34 | 00:05:32 | 00:26:30 | 00:51:33 | 00:55:53 | 01:22:59 | 01:48:17 |                           | CORUÑA (A)               |
| 670 | 1014 | JUAN CARLOS             | TRONCOSO ABELLEIRA  | M-597 |           | 01:57:36 | 00:05:35 | 01:56:38 | 00:05:32 | 00:26:29 | 00:50:55 | 00:55:18 | 01:22:11 | 01:47:47 |                           | PONTEVEDRA               |
| 671 | 688  | JORGE                   | ARIAS RIAL          | M-598 | MST2M-199 | 01:57:40 | 00:05:35 | 01:56:50 | 00:05:33 | 00:26:33 | 00:51:12 | 00:55:42 | 01:23:07 | 01:48:35 |                           | PONTEVEDRA               |
| 672 | 937  | MARIA                   | PIÑEIRO FRAGA       | F-74  | MST2F-25  | 01:57:46 | 00:05:35 | 01:56:54 | 00:05:33 | 00:26:51 | 00:51:26 | 00:55:48 | 01:22:40 | 01:48:02 |                           | PONTEVEDRA               |
| 673 | 316  | RAFAEL                  | SIERRA LOPEZ        | M-599 | MST2M-200 | 01:57:46 | 00:05:35 | 01:56:55 | 00:05:33 | 00:26:51 | 00:51:26 | 00:55:47 | 01:22:40 | 01:48:01 | TRIATLON PC RIAS BAIXAS   | MORANA                   |
| 674 | 870  | JAIME                   | MARTIN MONZON       | M-600 |           | 01:57:54 | 00:05:36 | 01:57:20 | 00:05:34 | 00:25:23 | 00:49:10 | 00:53:21 | 01:20:04 | 01:46:56 |                           | VIGO                     |
| 675 | 597  | ÓSCAR                   | JUSTEL GONZALEZ     | M-601 | MST2M-201 | 01:57:56 | 00:05:36 | 01:57:32 | 00:05:35 | 00:24:07 | 00:47:58 | 00:52:19 | 01:20:05 | 01:47:30 | MUSKO RUNNERS             | OURENSE                  |
| 676 | 774  | MARIA                   | FERNANDEZ FIGUEROA  | F-75  | MST2F-26  | 01:58:02 | 00:05:36 | 01:57:16 | 00:05:34 | 00:26:04 | 00:51:08 | 00:55:28 | 01:23:11 | 01:48:41 |                           | CORUÑA (A)               |
| 677 | 513  | CARINA                  | PAZ VALLE           | F-76  | MST2F-27  | 01:58:05 | 00:05:36 | 01:57:22 | 00:05:34 | 00:25:08 | 00:49:14 | 00:53:33 | 01:22:15 | 01:48:37 | B12 MODA INFANTIL         | VILANOVA DE AROUSA       |
| 678 | 512  | JOAQUIN                 | CHAZO VENTOSO       | M-602 | MST3M-127 | 01:58:06 | 00:05:36 | 01:57:24 | 00:05:34 | 00:25:08 | 00:49:14 | 00:53:33 | 01:22:14 | 01:48:35 | B12 MODA INFANTIL         | VILANOVA DE AROUSA       |
| 679 | 648  | VICENTE                 | REINA CASILLAS      | M-603 | MST3M-128 | 01:58:22 | 00:05:37 | 01:57:51 | 00:05:36 | 00:26:58 | 00:51:54 | 00:56:22 | 01:23:36 | 01:49:09 | TIGERS RUNNIBG CLUB       | MADRID                   |
| 680 | 1048 | MANUEL                  | FERNANDEZ GARCIA    | M-604 | MST3M-129 | 01:58:35 | 00:05:38 | 01:57:41 | 00:05:35 | 00:26:26 | 00:50:54 | 00:55:17 | 01:22:09 | 01:47:46 |                           | PONTEVEDRA               |
| 681 | 660  | MAGIN                   | LÓPEZ FREIRE        | M-605 | MST3M-130 | 01:58:35 | 00:05:38 | 01:57:55 | 00:05:36 | 00:24:57 | 00:48:56 | 00:53:27 | 01:21:12 | 01:48:08 | VIKINGOS                  | CORGO (O)                |
| 682 | 120  | JOSE MANUEL             | RODRIGUEZ CASAL     | M-606 | MST4M-18  | 01:58:38 | 00:05:38 | 01:58:20 | 00:05:37 | 00:24:26 | 00:49:16 | 00:53:32 | 01:22:00 | 01:48:37 | ARAN NÓRDIC ESQUI CLUB    | BOSSÓST                  |
| 683 | 983  | IVAN                    | SABAJANES PALLARES  | M-607 | MST2M-202 | 01:58:44 | 00:05:38 | 01:58:11 | 00:05:37 | 00:25:35 | 00:50:06 | 00:54:31 | 01:21:58 | 01:48:33 |                           | PONTEVEDRA               |
| 684 | 806  | JOSE MARÍA              | GARCÍA POSE         | M-608 | MST3M-131 | 01:58:48 | 00:05:38 | 01:58:24 | 00:05:37 | 00:23:42 | 00:47:45 | 00:52:06 | 01:19:39 | 01:47:43 |                           | PONTEVEDRA               |
| 685 | 1030 | FRAN                    | VIETES LOIS         | M-609 |           | 01:58:48 | 00:05:38 | 01:57:48 | 00:05:35 | 00:27:23 | 00:52:28 | 00:56:54 | 01:24:08 | 01:49:28 |                           | CAMBADOS                 |
| 686 | 650  | VICTORIA                | ZAFORAS DE CABO     | F-77  | MST4F-1   | 01:59:05 | 00:05:39 | 01:58:33 | 00:05:38 | 00:26:59 | 00:51:54 | 00:56:22 | 01:23:36 | 01:49:11 | TIGERS RUNNIBG CLUB       | MADRID                   |
| 687 | 638  | EUGENIA                 | RIBEIRO             | F-78  | MST3F-6   | 01:59:05 | 00:05:39 | 01:58:45 | 00:05:38 | 00:25:28 | 00:50:28 | 00:54:55 | 01:22:35 | 01:49:11 | SIMECQ                    | CRUZ QUEBRADA            |
| 688 | 903  | MANUEL                  | NIETO GARCÍA        | M-610 | MST3M-132 | 01:59:13 | 00:05:40 | 01:58:19 | 00:05:37 | 00:27:37 | 00:52:40 | 00:57:09 | 01:24:12 | 01:49:32 |                           | AMES                     |
| 689 | 629  | SARA                    | SOUSA BAPTISTA      | F-79  | MST1F-13  | 01:59:22 | 00:05:40 | 01:59:00 | 00:05:39 | 00:24:23 | 00:49:40 | 00:54:22 | 01:22:24 | 01:49:11 | RUNNING ESPINHO           | PORTO                    |
| 690 | 731  | MARTIN                  | CASTELLANO GARCIA   | M-611 |           | 01:59:27 | 00:05:40 | 01:58:25 | 00:05:37 | 00:26:34 | 00:50:42 | 00:54:48 | 01:22:09 | 01:48:36 |                           | RIBADUMIA                |
| 691 | 894  | CARLOS                  | MORGADE MUNIZ       | M-612 | MST3M-133 | 01:59:35 | 00:05:41 | 01:58:38 | 00:05:38 | 00:27:29 | 00:53:18 | 00:57:45 | 01:25:43 | 01:51:09 |                           | PONTEVEDRA               |
| 692 | 851  | SANTIAGO                | LEON PIQUENQUE      | M-613 | MST2M-203 | 01:59:37 | 00:05:41 | 01:59:01 | 00:05:39 | 00:25:27 | 00:50:00 | 00:54:20 | 01:21:47 | 01:48:50 |                           | POIO                     |
| 693 | 199  | ROSENDO                 | IGLESIAS GONZÁLEZ   | M-614 |           | 01:59:43 | 00:05:41 | 01:59:34 | 00:05:41 | 00:23:45 | 00:47:23 | 00:51:44 | 01:23:54 | 01:50:07 | CLUB MONTEPENARUBIA LUGO  | LUGO                     |
| 694 | 703  | MANUEL JUAN             | BLANCO GABIN        | M-615 | MST3M-134 | 01:59:50 | 00:05:41 | 01:58:59 | 00:05:39 | 00:26:30 | 00:51:01 | 00:55:24 | 01:23:09 | 01:49:30 |                           | BETANZOS                 |
| 695 | 672  | ROBUSTIANO              | ÁLVAREZ CONDE       | M-616 | MST4M-19  | 01:59:55 | 00:05:42 | 01:59:00 | 00:05:39 | 00:26:40 | 00:51:34 | 00:55:58 | 01:23:20 | 01:49:36 |                           | ALLARIZ                  |
| 696 | 959  | NATALIA                 | REY PADORNO         | F-80  |           | 02:00:02 | 00:05:42 | 01:59:16 | 00:05:40 | 00:25:12 | 00:50:14 | 00:54:52 | 01:23:18 | 01:50:35 |                           | VIGO                     |
| 697 | 388  | JORGE                   | IZQUIERDO AYUSO     | M-617 |           | 02:00:02 | 00:05:42 | 01:59:56 | 00:05:42 | 00:17:19 | 00:34:17 | 00:37:14 | 01:23:17 | 01:50:34 |                           | MADRID                   |
| 698 | 846  | MANUEL                  | LAGOA MILLAN        | M-618 | MST3M-135 | 02:00:10 | 00:05:42 | 01:59:11 | 00:05:39 | 00:26:33 | 00:51:40 | 00:56:00 | 01:23:33 | 01:50:12 |                           | CANGAS                   |
| 699 | 584  | DAVID                   | CAMESELLE PAZOS     | M-619 | MST2M-204 | 02:00:10 | 00:05:42 | 01:59:11 | 00:05:39 | 00:26:26 | 00:50:54 | 00:55:19 | 01:22:02 | 01:48:51 | FYSIS FISIOTERAPIA        | SOUTOMAIOR               |
| 700 | 585  | MARCOS                  | RIVAS MARTÍNEZ      | M-620 | MST2M-205 | 02:00:11 | 00:05:42 | 01:59:12 | 00:05:39 | 00:26:26 | 00:50:54 | 00:55:18 | 01:22:02 | 01:48:52 | FYSIS FISIOTERAPIA        | SOUTOMAIOR               |
| 701 | 1028 | ANTIA                   | VICENTE CID         | F-81  |           | 02:00:11 | 00:05:42 | 01:59:15 | 00:05:40 | 00:26:32 | 00:51:22 | 00:55:51 | 01:23:51 | 01:50:32 |                           | GUARDA (A)               |
| 702 | 747  | LAURA                   | CORTIZAS FEAL       | F-82  |           | 02:00:12 | 00:05:42 | 01:59:16 | 00:05:40 | 00:26:32 | 00:51:23 | 00:55:52 | 01:23:52 | 01:50:35 |                           | PONTEVEDRA               |
| 703 | 713  | FERNANDO                | CALVO BERNARDEZ     | M-621 | MST3M-136 | 02:00:16 | 00:05:43 | 01:59:20 | 00:05:40 | 00:25:30 | 00:49:11 | 00:53:27 | 01:19:28 | 01:47:51 |                           | PONTEVEDRA               |
| 704 | 551  | LUCÍA                   | PÉREZ CASAS         | F-83  | MST1F-14  | 02:00:17 | 00:05:43 | 01:59:18 | 00:05:40 | 00:26:38 | 00:51:29 | 00:56:13 | 01:24:19 | 01:50:56 | CLUB TRIATLÓN RIAS BAIXAS | LUGO                     |
| 705 | 953  | ALBERTO                 | QUINTIANA           | M-622 | MST3M-137 | 02:00:24 | 00:05:43 | 01:59:29 | 00:05:40 | 00:27:37 | 00:53:24 | 00:57:52 | 01:25:49 | 01:51:10 |                           | REDONDELA                |
| 706 | 790  | BELÉN                   | FILGUEIRA GARCÍA    | F-84  | MST3F-7   | 02:00:30 | 00:05:43 | 01:59:56 | 00:05:42 | 00:26:03 | 00:51:11 | 00:55:42 | 01:24:03 | 01:50:41 |                           | FERROL                   |
| 707 | 538  | ANDRÉS                  | GONZÁLEZ GARCÍA     | M-623 | MST4M-20  | 02:00:36 | 00:05:43 | 01:59:57 | 00:05:42 | 00:25:45 | 00:51:03 | 00:55:34 | 01:24:12 | 01:50:50 | CLUB CASTRO DE LOBADIZ    | FERROL                   |
| 708 | 369  | CRISTINA                | FERNANDEZ CID       | F-85  | MST3F-8   | 02:00:37 | 00:05:44 | 01:59:53 | 00:05:41 | 00:25:46 | 00:51:00 | 00:55:39 | 01:23:56 | 01:50:52 |                           | CAMBRE                   |
| 709 | 727  | MIGUEL ANGEL            | CARREIRO ALONSO     | M-624 |           | 02:00:37 | 00:05:44 | 01:59:50 | 00:05:41 | 00:24:29 | 00:47:30 | 00:51:41 | 01:19:49 | 01:49:03 |                           | VILANOVA DE AROUSA       |
| 710 | 529  | MARIA                   | ESPINA              | F-86  | MST1F-15  | 02:00:46 | 00:05:44 | 02:00:10 | 00:05:42 | 00:24:54 | 00:49:42 | 00:54:25 | 01:23:22 | 01:50:26 | CDM XESTEIRAS             | TEO                      |
| 711 | 530  | VALENTIN                | MOSQUERA VILLVERDE  | M-625 | MST1M-74  | 02:00:46 | 00:05:44 | 02:00:11 | 00:05:42 | 00:24:54 | 00:49:40 | 00:54:21 | 01:23:19 | 01:50:20 | CDM XESTEIRAS             | TEO                      |
| 712 | 499  | CARLES                  | LOPEZ GUDINA        | M-626 | MST4M-21  | 02:00:50 | 00:05:44 | 02:00:51 | 00:05:41 | 00:27:11 | 00:52:30 | 00:57:03 | 01:24:44 | 01:50:59 | ANDARINES ARCOS-TREVINCA  | VILAMARTIN DE VALDEORRAS |
| 713 | 734  | CARMEN                  | CASTRO LEMA         | F-87  | MST2F-28  | 02:00:52 | 00:05:44 | 02:00:52 | 00:05:43 | 00:24:36 | 00:49:18 | 00:53:58 | 01:23:39 | 01:50:25 |                           | DUMBRIA                  |
| 714 | 987  | BELÉN                   | SÁNCHEZ CASAL       | F-88  |           | 02:00:53 | 00:05:44 | 02:00:17 | 00:05:43 | 00:25:37 | 00:50:08 |          |          |          | POIO                      | PONTEVEDRA               |
| 715 | 1043 | JACOBO                  | NOQUEIRA MARTINEZ   | M-627 |           | 02:00:57 | 00:05:44 | 02:00:57 | 00:05:44 | 01:27:18 | 01:51:56 |          |          |          |                           | PONTEVEDRA               |
| 716 | 704  | ROSA                    | CABADO MIGUELEZ     | F-89  |           | 02:00:57 | 00:05:44 | 02:00:40 | 00:05:44 | 00:25:09 | 00:50:43 |          |          |          |                           | PONTEVEDRA               |
| 717 | 763  | JOSE LUIS               | ESTARELLAS AGUILERA | M-628 | MST1F-16  | 02:00:59 | 00:05:45 | 02:00:36 | 00:05:43 | 00:24:33 | 00:49:01 | 00:53:25 | 01:20:47 | 01:50:14 |                           | PALMA                    |
| 718 | 967  | PABLO                   | RODRIGUEZ ALONSO    | M-629 |           | 02:01:18 | 00:05:45 | 02:00:34 | 00:05:43 | 00:25:00 | 00:50:07 | 00:54:42 | 01:22:53 | 01:50:35 |                           | PORRIÑO (O)              |
| 719 | 556  | JUAN JOSÉ               | INSUA LOURO         | M-630 | MST3M-138 | 02:01:37 | 00:05:46 | 02:00:40 | 00:05:44 | 00:27:12 | 00:53:06 | 00:57:37 | 01:25:54 | 01:51:36 | DUBRA TEAM                | VAL DO DUBRA             |
| 720 | 854  | ROSA                    | LOPEZ ABAD          | F-90  | MST2F-29  | 02:01:39 | 00:05:46 | 02:01:06 | 00:05:45 | 00:27:07 | 00:53:08 | 00:57:40 | 01:25:56 | 01:52:07 |                           | CORUÑA (A)               |
| 721 | 807  | YAGO                    | GARCÍA VEIGA        | M-631 | MST1M-75  | 02:01:39 | 00:05:46 | 02:01:06 | 00:05:45 | 00:27:09 | 00:53:08 | 00:57:40 | 01:25:57 | 01:52:07 |                           | CORUÑA (A)               |
| 722 | 794  | FEDERICO                | GACHE PESQUEIRA     | M-632 | MST2M-207 | 02:01:39 | 00:05:46 | 02:00:35 | 00:05:43 | 00:27:29 | 00:53:49 | 00:59:00 | 01:27:25 | 01:52:42 |                           | POIO                     |
| 723 | 643  | NOELIA                  | SOLANA BORRAJO      | F-91  |           | 02:01:40 | 00:05:46 | 02:01:04 | 00:05:45 | 00:26:10 | 00:51:17 | 00:55:54 | 01:24:25 | 01:51:55 | SOLANA                    | FERROL                   |
| 724 | 1040 | RUI                     | VITAL               | M-633 | MST3M-139 | 02:01:45 | 00:05:47 | 02:01:27 | 00:05:46 | 00:27:49 | 00:53:51 | 00:58:24 | 01:26:21 | 01:52:09 |                           | COMBRA                   |
| 725 | 569  | CELIA                   | RODRIGUEZ SANCHEZ   | F-92  |           | 02:01:45 | 00:05:47 | 02:00:58 | 00:05:45 | 00:27:50 | 00:53:47 | 00:58:23 | 01:26:22 | 01:52:09 |                           | ESCUOLA NAVAL MILITAR    |
| 726 | 274  | BEATRIZ                 | ROMERO ROEL         | F-93  | MST2F-30  | 02:01:50 | 00:05:47 | 02:01:06 | 00:05:45 | 00:25:46 | 00:51:00 | 00:55:42 | 01:23:57 | 01:51:13 | NOSPORTLIMIT              | CORUÑA (A)               |
| 727 | 867  | LEANDRO                 | MARINHO VIANA       | M-634 |           | 02:01:51 | 00:05:47 | 02:01:11 | 00:05:45 | 00:28:05 | 00:54:46 | 00:59:18 | 01:26:38 | 01:52:16 |                           | ILHAVO                   |
| 728 | 838  | IVAN                    | IGLESIAS SANGIL     | M-635 | MST1M-76  | 02:01:52 | 00:05:47 | 02:01:01 | 00:05:45 | 00:28:05 | 00:53:55 | 00:58:27 | 01:26:23 | 01:52:18 |                           | CORUÑA (A)               |
| 729 | 922  | PABLO                   | PAZOS TOMÁS         | M-636 |           | 02:01:54 | 00:05:47 | 02:01:05 | 00:05:45 | 00:26:24 | 00:51:09 | 00:55:31 | 01:24:10 | 01:52:01 |                           | PONTEVEDRA               |
| 730 | 796  | CRISTINA                | GALVEZ FERNANDEZ    | F-94  |           | 02:02:00 | 00:05:47 | 02:01:38 | 00:05:46 | 00:24:50 | 00:49:31 | 00:54:02 | 01:22:42 | 01:51:18 |                           | PALMA                    |
| 731 | 673  | CONCEPCION              | ÁLVAREZ CORREIA     | F-95  | MST2F-31  | 02:02:05 | 00:05:48 | 02:01:14 | 00:05:45 | 00:25:46 | 00:50:48 | 00:55:27 | 01:23:39 | 01:51:33 |                           | VILABOA                  |
| 732 | 808  | AMANDO                  | GARRIDO EIRIN       | M-637 | MST3M-140 | 02:02:06 | 00:05:48 | 02:01:04 | 00:05:45 | 00:28:05 | 00:54:21 | 00:59:01 | 01:26:57 | 01:52:23 |                           | REDONDELA                |
| 733 | 246  | ASTRID MADELEINE YVONNE | CAUSSANEL           | F-96  |           | 02:02:22 | 00:05:49 | 02:01:38 | 00:05:46 | 00:26:32 | 00:51:49 | 00:56:25 |          |          |                           |                          |



|     |      |                |                     |       |           |          |          |          |          |          |          |          |          |          |            |                         |
|-----|------|----------------|---------------------|-------|-----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|------------|-------------------------|
| 764 | 1005 | ISABEL         | SOUTO MARTINEZ      | F-114 | MST2F-37  | 02:07:12 | 00:06:02 | 02:06:16 | 00:06:00 | 00:27:43 | 00:55:02 | 01:00:02 | 01:29:58 | 01:57:16 |            | VIGO                    |
| 765 | 263  | OSCAR          | FONDO SUAREZ        | M-651 | MST2M-211 | 02:07:14 | 00:06:02 | 02:06:35 | 00:06:00 | 00:28:04 | 00:54:09 | 00:58:48 | 01:27:51 | 01:56:24 |            | CORUÑA (A)              |
| 766 | 750  | KIMBERLY       | CRUZ                | F-115 | MST2F-38  | 02:07:25 | 00:06:03 | 02:06:29 | 00:06:00 | 00:27:33 | 00:54:10 | 00:58:59 | 01:28:29 | 01:56:46 |            | PONTEVEDRA              |
| 767 | 222  | SONIA          | RODRIGUEZ VILLAR    | F-116 | MST3F-12  | 02:07:33 | 00:06:03 | 02:06:32 | 00:06:00 | 00:28:32 | 00:55:22 | 01:00:05 | 01:29:12 | 01:57:40 | AG9429     | SANTIAGO DE COMPOSTELA  |
| 768 | 927  | MIGUEL ÁNGEL   | PEREIRA MIGUEZ      | M-652 |           | 02:07:37 | 00:06:03 | 02:06:37 | 00:06:01 | 00:27:27 | 00:53:23 | 00:58:01 | 01:28:13 | 01:56:29 |            | POIO                    |
| 769 | 900  | ANA LUA        | MUÑOZ               | F-117 | MST2F-39  | 02:07:37 | 00:06:03 | 02:06:51 | 00:06:01 | 00:27:15 | 00:53:41 | 00:58:28 | 01:28:13 | 01:56:35 |            | PONTEAREAS              |
| 770 | 776  | ADOLFO         | FERNANDEZ GONZALEZ  | M-653 | MST3M-146 | 02:07:40 | 00:06:04 | 02:06:43 | 00:06:01 | 00:26:53 | 00:52:28 | 00:57:05 | 01:26:35 | 01:56:54 | 34971076.0 | POIO                    |
| 771 | 1032 | DANIEL         | VILAR ALVAREZ       | M-654 |           | 02:07:46 | 00:06:04 | 02:06:51 | 00:06:01 | 00:26:27 | 00:50:54 | 00:55:19 | 01:23:58 | 01:56:25 |            | VIGO                    |
| 772 | 845  | PEDRO          | LAGO LLOVES         | M-655 |           | 02:07:59 | 00:06:04 | 02:07:14 | 00:06:02 | 00:24:30 | 00:48:37 | 00:53:13 | 01:22:10 | 01:54:08 |            | VIGO                    |
| 773 | 614  | JULIA          | PINEIRO HERRERO     | F-118 | MST3F-13  | 02:08:14 | 00:06:05 | 02:07:20 | 00:06:03 | 00:26:35 | 00:53:07 | 00:57:51 | 01:27:39 | 01:56:49 |            | NOSPORTLIMIT            |
| 774 | 961  | CLARA          | RIVAS CANCELA       | F-119 |           | 02:08:17 | 00:06:05 | 02:07:35 | 00:06:03 | 00:26:52 | 00:52:39 | 00:57:21 | 01:28:13 | 01:57:17 |            | BRIGHTON                |
| 775 | 671  | PAULA          | ALVAREZ             | F-120 |           | 02:08:35 | 00:06:06 | 02:07:38 | 00:06:03 | 00:27:47 | 00:54:10 | 00:58:58 | 01:28:53 | 01:58:07 |            | POIO                    |
| 776 | 679  | MARIA          | AMEJEIRAS           | F-121 | MST4F-2   | 02:08:35 | 00:06:06 | 02:07:38 | 00:06:03 | 00:27:47 | 00:54:10 | 00:59:00 | 01:28:53 | 01:58:07 |            | POIO                    |
| 777 | 706  | MANUEL         | BLANCO TOBAR        | M-656 |           | 02:09:53 | 00:06:10 | 02:08:54 | 00:06:07 | 00:27:21 | 00:53:39 | 00:58:20 | 01:28:49 | 01:58:36 |            | PONTEVEDRA              |
| 778 | 852  | JOSE ANTONIO   | LICER VÁZQUEZ       | M-657 | MST4M-25  | 02:10:16 | 00:06:11 | 02:09:22 | 00:06:08 | 00:28:28 | 00:55:40 | 01:01:08 | 01:31:03 | 01:59:02 |            | PONTEVEDRA              |
| 779 | 855  | CARLOTA        | LÓPEZ CARRACEDO     | F-122 |           | 02:11:00 | 00:06:13 | 02:09:57 | 00:06:10 | 00:29:34 | 00:57:33 | 01:02:18 | 01:32:27 | 02:00:55 |            | ESTRADA (A)             |
| 780 | 971  | IO ELENA       | RODRÍGUEZ OTERO     | F-123 |           | 02:11:01 | 00:06:13 | 02:09:58 | 00:06:10 | 00:29:34 | 00:57:33 | 01:02:18 | 01:32:28 | 02:00:55 |            | ESTRADA (A)             |
| 781 | 834  | BEATRIZ        | HORCAJUELO HERRERO  | F-124 | MST2F-40  | 02:11:15 | 00:06:14 | 02:11:15 | 00:06:14 | 01:29:35 | 02:00:44 | 02:05:55 |          |          |            | MADRID                  |
| 782 | 649  | LAURA          | RIVAS RUIZ          | F-125 | MST3F-14  | 02:11:15 | 00:06:14 | 02:10:43 | 00:06:12 | 00:27:08 | 00:53:34 | 00:58:23 | 01:29:35 | 02:00:44 |            | TIGERS RUNNIBG CLUB     |
| 783 | 646  | PABLO JOSÉ     | MARTÍNEZ GONZÁLEZ   | M-658 | MST3M-147 | 02:11:15 | 00:06:14 | 02:10:43 | 00:06:12 | 00:27:07 | 00:53:33 | 00:58:23 | 01:29:35 | 02:00:44 |            | TIGERS RUNNIBG CLUB     |
| 784 | 689  | INES           | ARMADA VAL          | F-126 |           | 02:11:54 | 00:06:16 | 02:11:13 | 00:06:14 | 00:28:34 | 00:56:59 | 01:01:59 | 01:32:56 | 02:01:21 |            | FERROL                  |
| 785 | 541  | JUAN JOSÉ      | FONT GOSALVEZ       | M-659 | MST4M-26  | 02:11:57 | 00:06:16 | 02:11:16 | 00:06:14 | 00:28:34 | 00:56:58 | 01:01:59 | 01:32:55 | 02:01:20 |            | CLUB DEL RUNNER         |
| 786 | 540  | JORGE          | FONT DIAZ           | M-660 |           | 02:11:57 | 00:06:16 | 02:11:16 | 00:06:14 | 00:28:33 | 00:56:56 | 01:01:56 | 01:32:54 | 02:01:18 |            | CLUB DEL RUNNER         |
| 787 | 832  | ALVARO         | HERRERO FREIRE      | M-661 |           | 02:11:57 | 00:06:16 | 02:11:17 | 00:06:14 | 00:28:33 | 00:56:56 | 01:01:59 | 01:32:54 | 02:01:18 |            | FERROL                  |
| 788 | 491  | EDUARDO        | VIDAL LÓPEZ         | M-662 |           | 02:11:58 | 00:06:16 | 02:11:18 | 00:06:14 | 00:28:33 | 00:56:56 | 01:01:55 | 01:32:55 | 02:01:21 |            | PONTEVEDRA              |
| 789 | 964  | ALBERTO        | RIVEIRO COSTAS      | M-663 |           | 02:11:59 | 00:06:16 | 02:11:27 | 00:06:14 | 00:25:11 | 00:50:26 | 00:55:05 | 01:25:10 | 01:58:34 |            | PONTEVEDRA              |
| 790 | 770  | ROCIO          | FERNANDEZ BELLON    | F-127 |           | 02:12:00 | 00:06:16 | 02:11:00 | 00:06:13 | 00:27:43 | 00:54:51 | 00:59:49 | 01:30:47 | 02:01:22 |            | NARÓN                   |
| 791 | 719  | LAURA          | CAMPOS RIVAS        | F-128 | MST3F-15  | 02:12:24 | 00:06:17 | 02:11:30 | 00:06:14 | 00:28:52 | 00:56:34 | 01:01:32 | 01:32:48 | 02:01:49 |            | SOUTOMAIOR              |
| 792 | 1027 | XAVIER         | VERGÉS FARRERÓ      | M-664 | MST3M-148 | 02:12:49 | 00:06:18 | 02:11:48 | 00:06:15 | 00:26:35 | 00:54:15 | 00:59:40 | 01:31:21 | 02:01:30 |            | BARCELONA               |
| 793 | 554  | LOURDES        | PEREIRA BECEIRO     | F-129 | MST3F-16  | 02:13:34 | 00:06:20 | 02:12:59 | 00:06:19 | 00:26:43 | 00:54:44 | 00:59:52 | 01:32:03 | 02:01:57 |            | CORRE CLUB              |
| 794 | 876  | LORETO         | MATA CID            | F-130 | MST2F-41  | 02:13:57 | 00:06:21 | 02:12:52 | 00:06:18 | 00:29:13 | 00:55:53 | 01:00:43 | 01:31:21 | 02:01:55 |            | PONTEVEDRA              |
| 795 | 532  | RAFAEL         | ARES FONTENLA       | M-665 | MST3M-149 | 02:14:00 | 00:06:22 | 02:13:22 | 00:06:20 | 00:27:35 | 00:55:26 | 01:00:27 | 01:31:21 | 02:01:55 |            | CLUB ATLETISMO CAMBADOS |
| 796 | 647  | ANGELA         | MIHOC               | F-131 | MST3F-17  | 02:14:04 | 00:06:22 | 02:13:31 | 00:06:20 | 00:28:35 | 00:56:15 | 01:01:22 | 01:32:49 | 02:02:50 |            | TIGERS RUNNIBG CLUB     |
| 797 | 599  | VERÓNICA       | MANJÓN GARCÍA       | F-132 |           | 02:14:04 | 00:06:22 | 02:13:32 | 00:06:20 | 00:28:34 | 00:56:15 | 01:01:22 | 01:32:49 | 02:02:50 |            | NMFFITNESS              |
| 798 | 678  | AURELIO        | ALVAREZ VIDAL       | M-666 | MST3M-150 | 02:14:32 | 00:06:23 | 02:13:43 | 00:06:21 | 00:29:40 | 00:57:07 | 01:01:59 | 01:33:22 | 02:03:19 |            | PONTEVEDRA              |
| 799 | 677  | SERGIO         | ALVAREZ PIÑON       | M-667 |           | 02:14:32 | 00:06:23 | 02:13:43 | 00:06:21 | 00:29:41 | 00:57:08 | 01:02:01 | 01:33:24 | 02:03:20 |            | PONTEVEDRA              |
| 800 | 518  | FRANCISCO      | ALONSO CUEVAS       | M-668 | MST3M-151 | 02:14:40 | 00:06:23 | 02:14:03 | 00:06:22 | 00:29:44 | 00:57:43 | 01:03:01 | 01:32:47 | 02:03:09 | AG 764081  | C.A.R. MARISQUEIRO      |
| 801 | 751  | ESTEBAN        | DE CASTRO           | M-669 |           | 02:15:23 | 00:06:25 | 02:14:35 | 00:06:23 | 00:29:34 | 00:57:27 | 01:02:22 | 01:33:31 | 02:03:40 |            | PONTEAREAS              |
| 802 | 590  | ISABELLE       | CAUSSANEL           | F-133 | MST3F-18  | 02:16:04 | 00:06:27 | 02:15:17 | 00:06:25 | 00:29:40 | 00:58:38 | 01:04:00 | 01:35:06 | 02:04:52 |            | LA RÉUNION              |
| 803 | 178  | VÍCTOR         | CASTRO SEGADE       | M-670 | MST2M-212 | 02:17:17 | 00:06:31 | 02:16:27 | 00:06:29 | 00:28:39 | 00:57:00 | 01:02:10 | 01:34:03 | 02:05:31 |            | CLUB ATLETISMO SADA     |
| 804 | 535  | CARMEN AMÉRICA | GÓMEZ PUENTE        | F-134 | MST3F-19  | 02:17:18 | 00:06:31 | 02:16:28 | 00:06:29 | 00:28:39 | 00:57:00 | 01:02:11 | 01:34:03 | 02:05:31 |            | CLUB ATLETISMO SADA     |
| 805 | 816  | PABLO          | GONZÁLEZ GARCÍA     | M-671 | MST3M-152 | 02:17:58 | 00:06:33 | 02:16:58 | 00:06:30 | 00:28:14 | 00:57:20 | 01:02:05 | 01:35:45 | 02:06:57 |            | CORUÑA (A)              |
| 806 | 929  | NURIA          | PÉREZ ESPASANDÍN    | F-135 |           | 02:18:30 | 00:06:34 | 02:17:30 | 00:06:32 | 00:31:16 | 01:00:29 | 01:05:53 | 01:39:08 | 02:07:51 |            | PALMA                   |
| 807 | 426  | ALEJANDRA      | PAILÓS PASANDIN     | F-136 | MST1F-18  | 02:18:45 | 00:06:35 | 02:17:44 | 00:06:32 | 00:29:17 | 00:58:19 | 01:03:31 | 01:36:17 | 02:07:01 |            | VIMIANZO                |
| 808 | 665  | MARIA DOLORES  | ABOAL RAMOS         | F-137 | MST3F-20  | 02:20:08 | 00:06:39 | 02:19:11 | 00:06:36 | 00:28:52 | 00:58:09 | 01:03:51 | 01:37:18 | 02:08:44 |            | CORUÑA (A)              |
| 809 | 888  | SONSOLES       | MONTERO GARCIA SISO | F-138 | MST3F-21  | 02:20:32 | 00:06:40 | 02:19:34 | 00:06:37 | 00:28:16 | 00:57:04 | 01:02:14 | 01:36:23 | 02:08:45 |            | PONTEVEDRA              |
| 810 | 1004 | MANUEL         | SOMOZA COSTA        | M-672 |           | 02:21:20 | 00:06:42 | 02:20:28 | 00:06:40 | 00:28:26 | 00:56:44 | 01:01:55 | 01:35:52 | 02:09:20 |            | CAMBADOS                |

# XLII GRAN FONDO CAIXABANK PONTEVEDRA 24

10K

Clasificación Xeral



# XLII GRAN FONDO CAIXABANK 24

XXIX MEDIO MARATÓN DE PONTEVEDRA • V 10K

| Posto | Dorsal | Nome             | Apelidos                | Xénero | Categoría | T. Oficial | Ritmo    | T. Neto  | Ritmo Neto | T. CORBACE Licenza | Club        | Localidade                            |                         |
|-------|--------|------------------|-------------------------|--------|-----------|------------|----------|----------|------------|--------------------|-------------|---------------------------------------|-------------------------|
| 1     | 2007   | PABLO            | ULLA COUÑAGO            | M-1    | ABM-1     | 00:33:26   | 00:03:21 | 00:33:25 | 00:03:21   | 00:15:21           | GA 2023491  | SOCIEDAD GIMNASTICA DE PONTEVEDRA     | REDONDELA               |
| 2     | 2002   | PEPE             | SÁNCHEZ DEL VALLE VERGE | M-2    | ABM-2     | 00:33:42   | 00:03:23 | 00:33:41 | 00:03:23   | 00:15:20           |             | ESCOLA ATLÉTICA LUCENSE               | LUGO                    |
| 3     | 2159   | DIEGO            | PAZ SOBREIRA            | M-3    | ABM-3     | 00:34:07   | 00:03:25 | 00:34:05 | 00:03:25   | 00:15:39           |             | TARÁNTULAS OUTDOOR                    | PONTEVEDRA              |
| 4     | 2314   | YAGO             | GONZÁLEZ MOURELOS       | M-4    | ABM-4     | 00:34:24   | 00:03:27 | 00:34:22 | 00:03:27   | 00:15:39           |             |                                       |                         |
| 5     | 2501   | MIGUEL           | ALVARÍNO LIRANZO        | M-5    | ABM-5     | 00:34:38   | 00:03:28 | 00:34:36 | 00:03:28   | 00:15:32           |             |                                       | PONTEVEDRA              |
| 6     | 2006   | BRAIS            | GARCÍA IGLESIAS         | M-6    | ABM-6     | 00:34:41   | 00:03:29 | 00:34:40 | 00:03:28   | 00:15:29           |             |                                       | MUGARDOS                |
| 7     | 1111   | ESTER            | NAVARRETE SANTANA       | F-1    | ABF-1     | 00:35:12   | 00:03:32 | 00:35:11 | 00:03:32   | 00:16:14           | GA-766169   | CLUB ATLETISMO FEMENINO CELTA         | VIGO                    |
| 8     | 2005   | FERNANDO         | FERNANDEZ DOMINGUEZ     | M-7    | ABM-7     | 00:35:20   | 00:03:32 | 00:35:18 | 00:03:32   | 00:16:15           | AG17403     | ATLETISMO ARENTEIRO                   | OURENSE                 |
| 9     | 2156   | IAGO             | PEREIRA SEIJO           | M-8    | ABM-8     | 00:35:44   | 00:03:35 | 00:35:42 | 00:03:35   | 00:16:46           |             | SOCIEDAD GIMNASTICA DE PONTEVEDRA     | BARRO                   |
| 10    | 2001   | DIEGO            | CALVETE CARBALLA        | M-9    | ABM-9     | 00:36:39   | 00:03:40 | 00:36:36 | 00:03:40   | 00:17:09           | AG - 764404 | CLUB SAN MIGUEL DE MARÍN              | SANXENXO                |
| 11    | 2010   | JORGE            | GARCÍA ARROYO           | M-10   | ABM-10    | 00:36:51   | 00:03:42 | 00:36:49 | 00:03:41   | 00:16:53           |             | CLUB MARINEDA ATLETICO                | CORUÑA (A)              |
| 12    | 2014   | JORGE JUAN       | TÁBARA RODRÍGUEZ        | M-11   | ABM-11    | 00:36:54   | 00:03:42 | 00:36:52 | 00:03:42   | 00:17:02           |             | ATLETAS DE ACEA DE AMA                | CORUÑA (A)              |
| 13    | 2012   | VÍCTOR           | LÓPEZ FERNÁNDEZ         | M-12   | ABM-12    | 00:37:24   | 00:03:45 | 00:37:24 | 00:03:45   | 00:17:02           | AG 14226    | ATLETISMO ARENTEIRO                   | OURENSE                 |
| 14    | 2015   | VITA             | MARTÍNEZ                | M-13   | ABM-13    | 00:37:31   | 00:03:46 | 00:37:27 | 00:03:45   | 00:17:43           |             | CLUBE DE ATLETISMO "CORREDOIRAS BUEU" | BUEU                    |
| 15    | 2029   | JESUS            | LORENZANA MEIRE         | M-14   | ABM-14    | 00:37:39   | 00:03:46 | 00:37:36 | 00:03:46   | 00:17:42           |             | ADNRUNNERS-TELMO PELUQUEROS F.C       | VIGO                    |
| 16    | 2090   | SERAFIN          | RODRÍGUEZ RODRIGUEZ     | M-15   | ABM-15    | 00:38:18   | 00:03:50 | 00:38:16 | 00:03:50   | 00:17:29           |             | CORREDORES DO MIÑO                    | OURENSE                 |
| 17    | 2009   | SANTIAGO         | PIÑEIRO GRAÑA           | M-16   | ABM-16    | 00:38:25   | 00:03:51 | 00:38:22 | 00:03:51   | 00:17:53           |             | CLUB ATLETISMO SAMERTOLAMEU           | MOAÑA                   |
| 18    | 2049   | MIGUEL           | RODRIGUEZ FERREIRO      | M-17   | ABM-17    | 00:38:32   | 00:03:52 | 00:38:30 | 00:03:51   | 00:17:39           |             | BURGAS ATLETISMO OURENSE              | OURENSE                 |
| 19    | 2004   | PABLO            | ALONSO FIGUEROA         | M-18   | ABM-18    | 00:38:35   | 00:03:52 | 00:38:33 | 00:03:52   | 00:18:21           |             | CLUB TRIATLÓN MORRAZO                 | SANXENXO                |
| 20    | 2093   | JOSE LUIS        | GONZALEZ BARRETO        | M-19   | ABM-19    | 00:38:51   | 00:03:54 | 00:38:32 | 00:03:52   | 00:18:13           |             | CORRIDA DAS CABRAS                    | AMOIRO                  |
| 21    | 2011   | CÉSAR            | MONTES SÁNCHEZ          | M-20   | ABM-20    | 00:38:57   | 00:03:54 | 00:38:56 | 00:03:54   | 00:17:45           |             | BRUTANZOS TEAM                        | BETANZOS                |
| 22    | 2008   | JOSE MANUEL      | OMIL IGLESIAS           | M-21   | ABM-21    | 00:39:39   | 00:03:58 | 00:39:37 | 00:03:58   | 00:18:28           |             | CLUB DEPORTIVO PINARIUM               | MARÍN                   |
| 23    | 2339   | JAIME PABLO      | LÓPEZ FERNANDEZ         | M-22   | ABM-22    | 00:39:44   | 00:03:59 | 00:39:39 | 00:03:58   | 00:18:15           |             |                                       | PONTEVEDRA              |
| 24    | 2374   | MANUEL           | NOGUEIRA OUTERELO       | M-23   | ABM-23    | 00:39:47   | 00:03:59 | 00:39:30 | 00:03:57   | 00:18:39           |             |                                       | PONTEVEDRA              |
| 25    | 2050   | BASILIO          | CAMIÑA UCHA             | M-24   | ABM-24    | 00:39:49   | 00:03:59 | 00:39:45 | 00:03:59   | 00:18:35           | AG14781     | C.A. CAMBADOS-SEGUROS NOVAL           | SANXENXO                |
| 26    | 2279   | ALEJANDRO        | FERNÁNDEZ PEREZ         | M-25   | ABM-25    | 00:40:06   | 00:04:01 | 00:40:04 | 00:04:01   | 00:18:20           |             |                                       | MEAÑO                   |
| 27    | 2428   | DANIEL           | RODRÍGUEZ MATA          | M-26   | ABM-26    | 00:40:08   | 00:04:01 | 00:40:04 | 00:04:01   | 00:18:28           |             |                                       | VIGO                    |
| 28    | 2165   | SEGUNDO          | NAVIA GIRALDEZ          | M-27   | ABM-27    | 00:40:11   | 00:04:02 | 00:40:08 | 00:04:01   | 00:18:29           |             | TRIATLON VILLAGARCÍA                  | VILAGARCÍA DE AROUSA    |
| 29    | 2064   | JUAN CARLOS      | MONTEAGUDO FERREIRA     | M-28   | ABM-28    | 00:40:13   | 00:04:02 | 00:40:10 | 00:04:01   | 00:18:28           |             | CLUB ALEX TEAM RUNMANIAK              | SAN CIBRAO DAS VIÑAS    |
| 30    | 2032   | ANGEL            | MENDEZ MOSQUERA         | M-29   | ABM-29    | 00:40:14   | 00:04:02 | 00:40:09 | 00:04:01   | 00:18:37           |             | ASOCIACIÓN DEPORTIVA CERNE            | MELIDE                  |
| 31    | 2031   | MANUEL           | ULLA REGA               | M-30   | ABM-30    | 00:40:15   | 00:04:02 | 00:40:13 | 00:04:02   | 00:18:38           |             | ASOCIACION DEPORTIVA CAR              | REDONDELA               |
| 32    | 2212   | JORGE            | CANDAL GONZÁLEZ         | M-31   | ABM-31    | 00:40:16   | 00:04:02 | 00:40:10 | 00:04:01   | 00:18:39           |             |                                       | LUGO                    |
| 33    | 2402   | HIPÓLITO         | PIEDRAS PUIG            | M-32   | ABM-32    | 00:40:16   | 00:04:02 | 00:40:10 | 00:04:01   | 00:18:23           |             |                                       | PONTEVEDRA              |
| 34    | 2016   | MARINA MULLUNESH | PORTEIRO DE LOÑO        | F-2    | ABF-2     | 00:40:17   | 00:04:02 | 00:40:15 | 00:04:02   | 00:18:38           | CS8285      | SOCIEDAD GIMNASTICA DE PONTEVEDRA     | PONTEVEDRA              |
| 35    | 2059   | ANTONIO          | BLANCO ADAN             | M-33   | ABM-33    | 00:41:08   | 00:04:07 | 00:41:05 | 00:04:07   | 00:18:39           |             | CASTRELOS 20:30                       | REDONDELA               |
| 36    | 2040   | MIGUEL           | MURILLO LLERGO          | M-34   | ABM-34    | 00:41:10   | 00:04:07 | 00:41:07 | 00:04:07   | 00:18:58           |             | ATLETAS NÚCLEO DURO DENIA             | DENIA                   |
| 37    | 2400   | OMAR             | PESQUEIRA FARIÑA        | M-35   | ABM-35    | 00:41:11   | 00:04:08 | 00:40:58 | 00:04:06   | 00:19:14           |             |                                       | MARÍN                   |
| 38    | 2060   | JOSE MANUEL      | CID LONGUEIRA           | M-36   | ABM-36    | 00:41:20   | 00:04:08 | 00:41:17 | 00:04:08   | 00:18:39           |             | CASTRELOS 20:30                       | REDONDELA               |
| 39    | 2226   | BRAIS            | CASTAÑO FERREIRA        | M-37   | ABM-37    | 00:41:34   | 00:04:10 | 00:41:25 | 00:04:09   | 00:19:01           |             |                                       | POIO                    |
| 40    | 2376   | DAVID            | NUÑEZ CASTRO            | M-38   | ABM-38    | 00:41:52   | 00:04:12 | 00:41:49 | 00:04:11   | 00:18:46           |             |                                       | RIBADUMIA               |
| 41    | 2166   | DANIEL           | PAZ OTERO               | M-39   | ABM-39    | 00:42:02   | 00:04:13 | 00:42:00 | 00:04:12   | 00:19:02           |             | VETERAN@S DE GALICIA                  | PONTEVEDRA              |
| 42    | 2284   | ANDRÉS           | FERREIRA MIGUEZ         | M-40   | ABM-40    | 00:42:08   | 00:04:13 | 00:42:04 | 00:04:13   | 00:19:10           |             |                                       | PONTEVEDRA              |
| 43    | 2136   | CARLOS           | LOPEZ RODRIGUEZ         | M-41   | ABM-41    | 00:42:16   | 00:04:14 | 00:42:06 | 00:04:13   | 00:19:54           |             | RUN PONTEVEDRA                        | PONTEVEDRA              |
| 44    | 2098   | JOSÉ ANTONIO     | DE RIVAS                | M-42   | ABM-42    | 00:42:21   | 00:04:15 | 00:42:17 | 00:04:14   | 00:19:52           |             | ESCUELA NAVAL MILITAR                 | PONTEVEDRA              |
| 45    | 2481   | RUBEN            | VAZQUEZ MAGARIÑOS       | M-43   | ABM-43    | 00:42:29   | 00:04:15 | 00:42:26 | 00:04:15   | 00:19:34           |             |                                       | PONTE CALDELAS          |
| 46    | 2219   | MIGUEL           | CARREIRA PENADO         | M-44   | ABM-44    | 00:42:33   | 00:04:16 | 00:42:26 | 00:04:15   | 00:19:49           |             |                                       | LUGO                    |
| 47    | 2211   | BRUNO            | CANAL                   | M-45   | ABM-45    | 00:42:33   | 00:04:16 | 00:42:20 | 00:04:14   | 00:19:49           |             |                                       | OURENSE                 |
| 48    | 2289   | BRUNO            | FRAGUAS CADAVID         | M-46   | ABM-46    | 00:42:37   | 00:04:16 | 00:42:33 | 00:04:16   | 00:19:44           |             |                                       | PONTEVEDRA              |
| 49    | 2063   | RUBÉN            | POSE GARCÍA             | M-47   | ABM-47    | 00:42:52   | 00:04:18 | 00:42:47 | 00:04:17   | 00:20:05           |             | CIDADE DE LUGO FLUVIAL                | LUGO                    |
| 50    | 2420   | ANXO             | REIJA REAL              | M-48   | ABM-48    | 00:42:56   | 00:04:18 | 00:42:33 | 00:04:16   | 00:19:57           |             |                                       | CORUÑA (A)              |
| 51    | 2026   | ANXO MANUEL      | FERNANDEZ SABORIDO      | M-49   | ABM-49    | 00:42:57   | 00:04:18 | 00:42:38 | 00:04:16   | 00:20:07           |             | AC CASTELOS TRAIL CLUB                | PONTEAREAS              |
| 52    | 2076   | ALFREDO          | FERREIRO DEANO          | M-50   | ABM-50    | 00:42:59   | 00:04:18 | 00:42:54 | 00:04:18   | 00:19:52           | A-10629     | CLUB DEPORTIVO AURUM                  | RIBADAVIA               |
| 53    | 2174   | RUBÉN            | ALFAYA BLANCO           | M-51   | ABM-51    | 00:43:03   | 00:04:19 | 00:42:50 | 00:04:17   | 00:20:18           |             |                                       | MONDARIZ                |
| 54    | 2041   | JAVIER           | MARTIÑÁN CAMIÑO         | M-52   | ABM-52    | 00:43:03   | 00:04:19 | 00:42:47 | 00:04:17   | 00:19:58           | AG15314     | ATLETISMO +9 MORANA                   | AMES                    |
| 55    | 2022   | MARINA           | LOSADA MIRANDA          | F-3    | ABF-3     | 00:43:11   | 00:04:20 | 00:43:08 | 00:04:19   | 00:20:00           | TAG2017133  | CLUB OURENSE ATLETISMO                | OURENSE                 |
| 56    | 2434   | DIEGO            | ROSAL CHAVES            | M-53   | ABM-53    | 00:43:15   | 00:04:20 | 00:43:03 | 00:04:19   | 00:19:50           |             |                                       | MEAÑO                   |
| 57    | 2024   | TANIA            | FERNÁNDEZ GARCÍA        | F-4    | ABF-4     | 00:43:31   | 00:04:22 | 00:43:27 | 00:04:21   | 00:20:20           |             | ESCOLA ATLÉTICA LUCENSE               | LUGO                    |
| 58    | 2396   | XOÁN             | PÉREZ GARCÍA            | M-54   | ABM-54    | 00:43:32   | 00:04:22 | 00:43:22 | 00:04:21   | 00:20:21           |             |                                       | VIGO                    |
| 59    | 2325   | IAGO             | IGLESIAS DOPESO         | M-55   | ABM-55    | 00:43:41   | 00:04:23 | 00:43:31 | 00:04:22   | 00:19:43           |             |                                       | PONTEVEDRA              |
| 60    | 2331   | CÔME             | LARGER                  | M-56   | ABM-56    | 00:43:55   | 00:04:24 | 00:43:50 | 00:04:23   | 00:20:01           |             |                                       | TOULON                  |
| 61    | 2019   | MARGA            | VILLASVERDE ROSALES     | F-5    | ABF-5     | 00:43:57   | 00:04:24 | 00:43:54 | 00:04:24   | 00:20:04           |             | ARTROGAL-TRI498                       | PONTEVEDRA              |
| 62    | 2013   | JORGE            | OTERO LOPEZ DE REGO     | M-57   | ABM-57    | 00:43:57   | 00:04:24 | 00:43:54 | 00:04:24   | 00:20:04           | 44818695K   | ARTROGAL-TRI498                       | AMES                    |
| 63    | 2261   | IVÁN             | ESCARIZ TORRES          | M-58   | ABM-58    | 00:44:01   | 00:04:25 | 00:43:57 | 00:04:24   | 00:19:32           |             |                                       | ILLA DE AROUSA (A)      |
| 64    | 2180   | ADRIÁN           | ÁLVAREZ SANTOS          | M-59   | ABM-59    | 00:44:07   | 00:04:25 | 00:43:53 | 00:04:24   | 00:20:20           |             |                                       | SANTIAGO DE COMPOSTELA  |
| 65    | 2269   | ALFONSO          | FERNANDEZ DOMINGUEZ     | M-60   | ABM-60    | 00:44:14   | 00:04:26 | 00:43:54 | 00:04:24   | 00:20:34           | 76864692.0  |                                       | GROVE (O)               |
| 66    | 2094   | IVÁN             | SANMIGUEL FERREIRO      | M-61   | ABM-61    | 00:44:24   | 00:04:27 | 00:43:59 | 00:04:24   | 00:20:37           |             | CORRIDA DAS CABRAS                    | XUNQUEIRA DE ESPADANEDO |
| 67    | 2444   | IVÁN             | SANMARTÍN MÍGUEZ        | M-62   | ABM-62    | 00:44:25   | 00:04:27 | 00:44:12 | 00:04:26   | 00:21:07           |             |                                       | SANXENXO                |
| 68    | 2371   | XAIRO            | MOSQUERA VILA           | M-63   | ABM-63    | 00:44:34   | 00:04:28 | 00:44:25 | 00:04:27   | 00:20:18           |             |                                       | CORUÑA (A)              |

|     |      |                  |                       |       |         |          |          |          |          |          |                                        |                                   |
|-----|------|------------------|-----------------------|-------|---------|----------|----------|----------|----------|----------|----------------------------------------|-----------------------------------|
| 69  | 2453 | ANDRÉS           | SERANTES FERNÁNDEZ    | M-64  | ABM-64  | 00:44:36 | 00:04:28 | 00:44:28 | 00:04:27 | 00:20:46 |                                        | PONTEVEDRA                        |
| 70  | 2432 | DAVID            | ROMAY DOS SANTOS      | M-65  | ABM-65  | 00:44:40 | 00:04:28 | 00:44:31 | 00:04:28 | 00:20:29 |                                        | VIGO                              |
| 71  | 2504 | FELIPE           | DOSIL CASTRO          | M-66  | ABM-66  | 00:44:43 | 00:04:29 | 00:44:28 | 00:04:27 | 00:21:09 |                                        | PONTEVEDRA                        |
| 72  | 2424 | PABLO            | RODRIGUEZ ALONSO      | M-67  | ABM-67  | 00:44:43 | 00:04:29 | 00:44:15 | 00:04:26 | 00:20:55 |                                        | PONTEVEDRA                        |
| 73  | 2168 | XOAN             | ABALO ROMERO          | M-68  | ABM-68  | 00:44:45 | 00:04:29 | 00:44:29 | 00:04:27 | 00:21:25 |                                        | SANTIAGO DE COMPOSTELA            |
| 74  | 2409 | JOSÉ MANUEL      | POCEIRO HERMIDA       | M-69  | ABM-69  | 00:44:52 | 00:04:30 | 00:44:42 | 00:04:29 | 00:20:20 |                                        | PONTEVEDRA                        |
| 75  | 2082 | DAVID            | OTERO CRESPO          | M-70  | ABM-70  | 00:44:53 | 00:04:30 | 00:44:51 | 00:04:30 | 00:20:28 | CLUB DEPORTIVO PINARIUM                | MARÍN                             |
| 76  | 2020 | PAULA            | ROSALES ROSALES       | F-6   | ABF-6   | 00:44:53 | 00:04:30 | 00:44:51 | 00:04:30 | 00:20:29 | CLUB DEPORTIVO PINARIUM                | MARÍN                             |
| 77  | 2236 | ALEJANDRO        | CHANTADA ALDAO        | M-71  | ABM-71  | 00:44:58 | 00:04:30 | 00:44:46 | 00:04:29 | 00:21:18 |                                        | VIGO                              |
| 78  | 2391 | RAUL             | PAZ                   | M-72  | ABM-72  | 00:45:05 | 00:04:31 | 00:44:43 | 00:04:29 | 00:21:07 |                                        | PONTEVEDRA                        |
| 79  | 2418 | FRANCISCO JAVIER | REFOJOS ARENCIBIA     | M-73  | ABM-73  | 00:45:13 | 00:04:32 | 00:44:48 | 00:04:29 | 00:21:31 |                                        | PONTEVEDRA                        |
| 80  | 2412 | DANIEL           | QUEVEDO SAINZ         | M-74  | ABM-74  | 00:45:33 | 00:04:34 | 00:45:28 | 00:04:33 | 00:20:45 |                                        | PIÉLAGOS                          |
| 81  | 2085 | FELIPE           | IGLESIAS DE LA TORRE  | M-75  | ABM-75  | 00:45:35 | 00:04:34 | 00:45:31 | 00:04:34 | 00:20:32 | 34990086.0                             | CLUB HERCULES TERMARIA            |
| 82  | 2051 | XAVIER           | LEIRO                 | M-76  | ABM-76  | 00:45:42 | 00:04:35 | 00:45:24 | 00:04:33 | 00:21:25 |                                        | PAZOS DE BORBÉN                   |
| 83  | 2464 | JAIME            | TILVE HERMIDA         | M-77  | ABM-77  | 00:45:42 | 00:04:35 | 00:45:37 | 00:04:34 | 00:20:43 |                                        | PONTEVEDRA                        |
| 84  | 2495 | AITOR            | VILARIÑO GIL          | M-78  | ABM-78  | 00:46:06 | 00:04:37 | 00:45:56 | 00:04:36 | 00:21:59 |                                        | PONTEVEDRA                        |
| 85  | 2313 | ALEX             | GONZÁLEZ MÁRQUEZ      | M-79  | ABM-79  | 00:46:14 | 00:04:38 | 00:45:57 | 00:04:36 | 00:21:37 |                                        | VIGO                              |
| 86  | 2158 | GONZALO          | CORCHERO CABO         | M-80  | ABM-80  | 00:46:26 | 00:04:39 | 00:46:19 | 00:04:38 | 00:21:32 | SPEEDY PARRILLADA                      | LUGO                              |
| 87  | 2148 | MARTIM           | SERRA                 | M-81  | ABM-81  | 00:46:35 | 00:04:40 | 00:46:29 | 00:04:39 | 00:21:46 | SIMECQ                                 | CRUZ QUEBRADA                     |
| 88  | 2224 | JAIME            | CASALDERREY SANMARTIN | M-82  | ABM-82  | 00:46:37 | 00:04:40 | 00:46:12 | 00:04:38 | 00:21:55 |                                        | PONTEVEDRA                        |
| 89  | 2086 | DANIEL           | ALONSO BARGIELA       | M-83  | ABM-83  | 00:46:41 | 00:04:41 | 00:46:17 | 00:04:38 | 00:21:49 | CLUB KILÓMETROS POLA SANIDADES PUBLICA | PORRIÑO (O)                       |
| 90  | 2294 | JAVIER           | GARCÍA ALVAREZ        | M-84  | ABM-84  | 00:46:48 | 00:04:41 | 00:46:44 | 00:04:41 | 00:21:18 |                                        | VIGO                              |
| 91  | 2125 | MANUEL           | COUTO RODRIGUEZ       | M-85  | ABM-85  | 00:46:48 | 00:04:41 | 00:46:39 | 00:04:40 | 00:21:48 |                                        | NINGÚN                            |
| 92  | 2021 | MAR              | CHILLÓN CAMAÑO        | F-7   | ABF-7   | 00:47:04 | 00:04:43 | 00:46:49 | 00:04:41 | 00:21:37 | GA19667                                | CLUB ATLETISMO FEMENINO CELTA     |
| 93  | 2018 | ELENA            | PEREZ GONZALEZ        | F-8   | ABF-8   | 00:47:08 | 00:04:43 | 00:47:05 | 00:04:43 | 00:21:29 |                                        | BURGAS ATLETISMO OURENSE          |
| 94  | 2286 | MAR              | FERREIRO REY          | F-9   | ABF-9   | 00:47:09 | 00:04:43 | 00:46:55 | 00:04:42 | 00:22:36 |                                        |                                   |
| 95  | 2414 | ROBERTO          | RABANO VIZCAYA        | M-86  | ABM-86  | 00:47:19 | 00:04:44 | 00:46:59 | 00:04:42 | 00:22:41 |                                        | VIANA DO BOLO                     |
| 96  | 2254 | JAVIER           | DOMINGUEZ SEOANE      | M-87  | ABM-87  | 00:47:21 | 00:04:45 | 00:47:11 | 00:04:44 | 00:22:20 |                                        | PONTEVEDRA                        |
| 97  | 2461 | MARCOS           | TELLA ÁLVAREZ         | M-88  | ABM-88  | 00:47:26 | 00:04:45 | 00:47:01 | 00:04:43 | 00:23:18 |                                        | LUGO                              |
| 98  | 2265 | SARA             | ESTEVEZ MUÑOZ         | F-10  | ABF-10  | 00:47:28 | 00:04:45 | 00:47:21 | 00:04:45 | 00:21:45 |                                        | PONTEVEDRA                        |
| 99  | 2102 | DIEGO            | BARREAL MODROÑO       | M-89  | ABM-89  | 00:47:31 | 00:04:46 | 00:47:17 | 00:04:44 | 00:22:20 | FENDE PERNASTEAM                       | PONTEVEDRA                        |
| 100 | 2187 | JAVIER           | BAENA ÁLVAREZ         | M-90  | ABM-90  | 00:47:41 | 00:04:47 | 00:47:26 | 00:04:45 | 00:22:15 |                                        | PONTEVEDRA                        |
| 101 | 2186 | CÉSAR            | AVIÑOÁ PARADELA       | M-91  | ABM-91  | 00:47:41 | 00:04:47 | 00:47:25 | 00:04:45 | 00:22:14 |                                        | SAN CRISTOVO DE CEA               |
| 102 | 2074 | DAVID            | AREA VILACHA          | M-92  | ABM-92  | 00:47:50 | 00:04:47 | 00:47:46 | 00:04:47 | 00:21:59 | CLUB ATLETISMO SANTIAGO                | PONTEVEDRA                        |
| 103 | 2472 | FRANCISCO        | TRONCOSO TRONCOSO     | M-93  | ABM-93  | 00:47:54 | 00:04:48 | 00:47:30 | 00:04:45 | 00:24:26 |                                        | PONTEVEDRA                        |
| 104 | 2358 | JOSÉ MANUEL      | MARTÍNEZ SILVA        | M-94  | ABM-94  | 00:47:55 | 00:04:48 | 00:47:42 | 00:04:47 | 00:22:41 |                                        | PONTEVEDRA                        |
| 105 | 2482 | FRANCISCO        | VÁZQUEZ NACEMENTO     | M-95  | ABM-95  | 00:47:56 | 00:04:48 | 00:47:47 | 00:04:47 | 00:23:38 |                                        | PONTEVEDRA                        |
| 106 | 2474 | JAVIER           | UCHA SOLLA            | M-96  | ABM-96  | 00:47:57 | 00:04:48 | 00:47:43 | 00:04:47 | 00:22:35 |                                        | POIO                              |
| 107 | 2182 | ANA              | AMATRIA BARRAL        | F-11  | ABF-11  | 00:48:02 | 00:04:49 | 00:47:52 | 00:04:48 | 00:22:10 |                                        | PONTEVEDRA                        |
| 108 | 2194 | LOU              | BERNHARD              | F-12  | ABF-12  | 00:48:03 | 00:04:49 | 00:47:57 | 00:04:48 | 00:21:39 |                                        | BIFFONTAINE                       |
| 109 | 2441 | ADRIEN           | SALICIS               | M-97  | ABM-97  | 00:48:03 | 00:04:49 | 00:47:58 | 00:04:48 | 00:21:39 |                                        | NICE                              |
| 110 | 2127 | JOSE EUGENIO     | GARCIA VILLANUEVA     | M-98  | ABM-98  | 00:48:21 | 00:04:51 | 00:48:04 | 00:04:49 | 00:22:08 | NOCEDO TRAIL TEAM                      | VIGO                              |
| 111 | 2380 | MANUEL           | OTERO HERBELLO        | M-99  | ABM-99  | 00:48:23 | 00:04:51 | 00:48:08 | 00:04:49 | 00:22:57 |                                        | BUEU                              |
| 112 | 2386 | DIEGO            | PARRA RUIZ            | M-100 | ABM-100 | 00:48:31 | 00:04:52 | 00:48:26 | 00:04:51 | 00:22:52 |                                        | OVIEDO                            |
| 113 | 2157 | FRANCISCO XOSÉ   | SUÁREZ BENITO         | M-101 | ABM-101 | 00:48:49 | 00:04:53 | 00:48:45 | 00:04:53 | 00:22:26 | AG2023973                              | SOCIEDAD GIMNASTICA DE PONTEVEDRA |
| 114 | 2113 | ANTONIO          | VENTIN PEREIRA        | M-102 | ABM-102 | 00:48:49 | 00:04:53 | 00:48:30 | 00:04:51 | 00:22:40 |                                        | GV SPORTS                         |
| 115 | 2035 | ANTONIO          | FERNANDEZ LUNA        | M-103 | ABM-103 | 00:48:49 | 00:04:53 | 00:48:42 | 00:04:53 | 00:22:40 |                                        | ATLETAS NUCLEO DURO DENIA         |
| 116 | 2036 | MIGUEL           | PEREZ PEREZ           | M-104 | ABM-104 | 00:48:49 | 00:04:53 | 00:48:15 | 00:04:50 |          |                                        | ATLETAS NUCLEO DURO DENIA         |
| 117 | 2033 | EMILIO           | LAZARO ESTRADA        | M-105 | ABM-105 | 00:48:49 | 00:04:53 | 00:48:42 | 00:04:53 | 00:22:39 |                                        | ATLETAS NUCLEO DURO DE DENIA      |
| 118 | 2430 | XERMÁN           | RODRIGUEZ SERAFIN     | M-106 | ABM-106 | 00:48:50 | 00:04:53 | 00:48:46 | 00:04:53 | 00:21:57 |                                        | DENIA                             |
| 119 | 2066 | DANIEL           | ARGIBAY AROSA         | M-107 | ABM-107 | 00:48:51 | 00:04:54 | 00:48:38 | 00:04:52 | 00:23:09 |                                        | TOÉN                              |
| 120 | 2183 | MARCOS           | AMEJEIRAS MARINO      | M-108 | ABM-108 | 00:48:53 | 00:04:54 | 00:48:31 | 00:04:52 | 00:22:58 | CLUB ATLETISMO CAMBADOS                | MEÑO                              |
| 121 | 2387 | DANIEL           | PASEIRO SILVA         | M-109 | ABM-109 | 00:48:57 | 00:04:54 | 00:48:28 | 00:04:51 | 00:24:25 |                                        | ESTRADA (A)                       |
| 122 | 2132 | DIEGO LUIS       | HUERTA DE UÑA         | M-110 | ABM-110 | 00:49:01 | 00:04:55 | 00:48:55 | 00:04:54 | 00:21:53 | PONTE A CORRER                         | MEIS                              |
| 123 | 2416 | PABLO            | REDONDO AMEJEIRAS     | M-111 | ABM-111 | 00:49:05 | 00:04:55 | 00:48:56 | 00:04:54 | 00:22:15 |                                        | PONTEVEDRA                        |
| 124 | 2439 | ADRIAN           | SALGADO CARBALLO      | M-112 | ABM-112 | 00:49:22 | 00:04:57 | 00:49:18 | 00:04:56 | 00:23:21 |                                        | PONTEVEDRA                        |
| 125 | 2215 | SANTIAGO         | CARDONA               | M-113 | ABM-113 | 00:49:25 | 00:04:57 | 00:49:02 | 00:04:55 | 00:23:05 |                                        | POIO                              |
| 126 | 2177 | DAMIAN           | ALONSO PEREZ          | M-114 | ABM-114 | 00:49:31 | 00:04:58 | 00:49:13 | 00:04:56 | 00:22:50 |                                        | VIGO                              |
| 127 | 2270 | ANGEL            | FERNÁNDEZ FERNÁNDEZ   | M-115 | ABM-115 | 00:49:36 | 00:04:58 | 00:49:26 | 00:04:57 | 00:23:52 |                                        | SALCEDA DE CASELAS                |
| 128 | 2248 | MATEO            | DE LEÓN TORRE         | M-116 | ABM-116 | 00:49:40 | 00:04:58 | 00:49:29 | 00:04:57 | 00:23:16 |                                        | COTOBADE                          |
| 129 | 2135 | CARLOS           | BARROS RODRIGUEZ      | M-117 | ABM-117 | 00:49:43 | 00:04:59 | 00:49:24 | 00:04:57 | 00:23:17 | REAL CLUB CELTA DE ATLETISMO           | VIGO                              |
| 130 | 2455 | JESUS            | SUEIRO TORRES         | M-118 | ABM-118 | 00:49:46 | 00:04:59 | 00:49:21 | 00:04:57 | 00:23:48 |                                        | PONTEVEDRA                        |
| 131 | 2290 | DANIEL           | FRANCO PÉREZ          | M-119 | ABM-119 | 00:49:46 | 00:04:59 | 00:49:22 | 00:04:57 | 00:24:08 |                                        | GROVE (O)                         |
| 132 | 2422 | JAVIER           | RIVERO BÉRTOLO        | M-120 | ABM-120 | 00:49:47 | 00:04:59 | 00:49:37 | 00:04:58 | 00:24:10 |                                        | PONTEVEDRA                        |
| 133 | 2214 | ANTONIO          | CARBALLA GONZALEZ     | M-121 | ABM-121 | 00:49:52 | 00:05:00 | 00:49:39 | 00:04:58 | 00:23:39 |                                        | SANXENXO                          |
| 134 | 2053 | MARTA            | SERANTES CUIÑAS       | F-13  | ABF-13  | 00:49:55 | 00:05:00 | 00:49:47 | 00:04:59 | 00:23:21 | C.A.CAMBADOS                           | CAMBADOS                          |
| 135 | 2203 | CONSTANTINO      | CALLEJA GARCIA        | M-122 | ABM-122 | 00:50:06 | 00:05:01 | 00:49:52 | 00:05:00 | 00:23:12 |                                        | OURENSE                           |
| 136 | 2046 | ALBERTO          | FERNÁNDEZ VARGA       | M-123 | ABM-123 | 00:50:07 | 00:05:01 | 00:49:53 | 00:05:00 | 00:24:00 | BE AQUALIA                             | POIO                              |
| 137 | 2395 | ALBERTO          | PÉREZ DOMÍNGUEZ       | M-124 | ABM-124 | 00:50:08 | 00:05:01 | 00:49:53 | 00:05:00 | 00:22:59 |                                        | VIGO                              |
| 138 | 2068 | JESÚS            | PÉREZ GARCÍA          | M-125 | ABM-125 | 00:50:09 | 00:05:01 | 00:49:51 | 00:05:00 | 00:23:39 | CLUB ATLETISMO CAMBADOS                |                                   |
| 139 | 2043 | CANDELA          | PEREIRA SEIJO         | F-14  | ABF-14  | 00:50:14 | 00:05:02 | 00:50:03 | 00:05:01 | 00:23:19 | ATLETISMO FONTES DO SAR                | TEO                               |
| 140 | 2079 | MANUEL           | JAMARDO BASCOY        | M-126 | ABM-126 | 00:50:14 | 00:05:02 | 00:50:12 | 00:05:02 | 00:23:31 | CLUB DEPORTIVO PINARIUM                | MARÍN                             |
| 141 | 2338 | FATIMA           | LÓPEZ DOPICO          | F-15  | ABF-15  | 00:50:15 | 00:05:02 | 00:50:06 | 00:05:01 | 00:23:21 |                                        | BETANZOS                          |
| 142 | 2115 | MIGUEL ANGEL     | GONZÁLEZ CAL          | M-127 | ABM-127 | 00:50:15 | 00:05:02 | 00:50:06 | 00:05:01 | 00:23:20 | KURAI                                  | CORUÑA (A)                        |
| 143 | 2225 | ANDREA           | CASALES PÉREZ         | F-16  | ABF-16  | 00:50:17 | 00:05:02 | 00:50:07 | 00:05:01 | 00:23:52 |                                        | PONTEAREAS                        |

|     |      |                     |                      |       |         |          |          |          |          |          |            |                                   |                        |
|-----|------|---------------------|----------------------|-------|---------|----------|----------|----------|----------|----------|------------|-----------------------------------|------------------------|
| 144 | 2025 | MARIA               | FRAGA RIVAS          | F-17  | ABF-17  | 00:50:18 | 00:05:02 | 00:50:11 | 00:05:02 | 00:23:26 |            | CLUB TRIATLÓN ATLÁNTICO           | CORUÑA (A)             |
| 145 | 2028 | MANUEL              | GONZALEZ RODRÍGUEZ   | M-128 | ABM-128 | 00:50:18 | 00:05:02 | 00:49:53 | 00:05:00 | 00:23:57 | AG 2022198 | ADNRUNNERS-TELMO PELUQUEROS F.C   | VIGO                   |
| 146 | 2057 | RICARDO             | TERCEIRO VILLASECA   | M-129 | ABM-129 | 00:50:20 | 00:05:02 | 00:50:09 | 00:05:01 | 00:22:42 |            | CAI A ESTRADA                     | ESTRADA (A)            |
| 147 | 2221 | SANDRO              | CARRO SANCHEZ        | M-130 | ABM-130 | 00:50:22 | 00:05:03 | 00:50:01 | 00:05:01 | 00:23:40 |            |                                   | BETANZOS               |
| 148 | 2341 | NIEVES              | LORENTE MARTÍN       | F-18  | ABF-18  | 00:50:30 | 00:05:03 | 00:50:23 | 00:05:03 | 00:22:40 |            |                                   | PONTEVEDRA             |
| 149 | 2449 | MIGUEL ANGEL        | SEARA MARTÍNEZ       | M-131 | ABM-131 | 00:50:32 | 00:05:04 | 00:50:26 | 00:05:03 | 00:23:18 |            |                                   | OURENSE                |
| 150 | 2233 | ANTOINE             | CEGARRA              | M-132 | ABM-132 | 00:50:33 | 00:05:04 | 00:50:27 | 00:05:03 | 00:22:40 |            |                                   | COYE LA FORÊT          |
| 151 | 2312 | ALBERTO             | GONZALEZ IGLESIAS    | M-133 | ABM-133 | 00:50:35 | 00:05:04 | 00:50:23 | 00:05:03 | 00:24:21 |            |                                   | CORUÑA (A)             |
| 152 | 2173 | JUAN CARLOS         | ALFARO CEBRIÁN       | M-134 | ABM-134 | 00:50:35 | 00:05:04 | 00:50:29 | 00:05:03 | 00:23:07 |            |                                   | PONTEVEDRA             |
| 153 | 2154 | JUAN CARLOS         | ABEIGON VIDAL        | M-135 | ABM-135 | 00:50:36 | 00:05:04 | 00:50:21 | 00:05:03 | 00:24:05 |            | SOCIEDAD GIMNASTICA DE PONTEVEDRA | PONTEVEDRA             |
| 154 | 2323 | GABRIEL             | GUISANDE GARCÍA      | M-136 | ABM-136 | 00:50:40 | 00:05:04 | 00:50:35 | 00:05:04 | 00:23:53 |            |                                   | OLEIROS                |
| 155 | 2275 | CARLOS              | FERNÁNDEZ IGLESIAS   | M-137 | ABM-137 | 00:50:42 | 00:05:05 | 00:50:40 | 00:05:04 | 00:22:45 |            |                                   | PONTEVEDRA             |
| 156 | 2110 | MOÍSES              | CASALMORTO PEREZ     | M-138 | ABM-138 | 00:50:44 | 00:05:05 | 00:50:25 | 00:05:03 | 00:23:55 |            | GIN TRAIL                         | PONTEVEDRA             |
| 157 | 2259 | JAIME               | DURO PICHEL          | M-139 | ABM-139 | 00:50:47 | 00:05:05 | 00:50:40 | 00:05:04 | 00:23:43 |            |                                   | PONTEVEDRA             |
| 158 | 2260 | PAULA               | DURO PICHEL          | F-19  | ABF-19  | 00:50:47 | 00:05:05 | 00:50:39 | 00:05:04 | 00:23:39 |            |                                   | PONTEVEDRA             |
| 159 | 2067 | TOÑO                | DIZ                  | M-140 | ABM-140 | 00:50:48 | 00:05:05 | 00:50:34 | 00:05:04 | 00:24:25 |            | CLUB ATLETISMO CAMBADOS           | MEIS                   |
| 160 | 2205 | JAVIER              | CALVIÑO CALVO        | M-141 | ABM-141 | 00:50:51 | 00:05:06 | 00:50:34 | 00:05:04 | 00:23:00 |            |                                   | LALÍN                  |
| 161 | 2112 | ALFREDO             | BACELAR              | M-142 | ABM-142 | 00:50:54 | 00:05:06 | 00:50:48 | 00:05:05 | 00:23:38 |            | GM 1º DEZEMBRO QUEIJAS            | AMADORA                |
| 162 | 2488 | ALBA                | VIDAL                | F-20  | ABF-20  | 00:50:55 | 00:05:06 | 00:50:47 | 00:05:05 | 00:23:43 |            |                                   | PONTEVEDRA             |
| 163 | 2047 | MARTA               | RODRÍGUEZ FERNÁNDEZ  | F-21  | ABF-21  | 00:50:58 | 00:05:06 | 00:50:50 | 00:05:05 | 00:23:20 |            | BICHERÍA                          | TABOADELA              |
| 164 | 2394 | MARÍA               | PEREIRA DIOS         | F-22  | ABF-22  | 00:51:15 | 00:05:08 | 00:50:45 | 00:05:05 | 00:28:47 |            |                                   | VIGO                   |
| 165 | 2030 | ÁNGEL               | CASTRILLÓN COVELO    | M-143 | ABM-143 | 00:51:16 | 00:05:08 | 00:50:52 | 00:05:06 | 00:23:56 |            | ARREPIÁS PONTEVEDRA               | PONTEVEDRA             |
| 166 | 2087 | CARLOTA             | MARCOS LORENZO       | F-23  | ABF-23  | 00:51:20 | 00:05:08 | 00:51:06 | 00:05:07 | 00:23:40 |            | CLUB TRIATLON CERVECERÍA COTON    | SANTIAGO DE COMPOSTELA |
| 167 | 2340 | MARCOS              | LÓPEZ RIVEIRO        | M-144 | ABM-144 | 00:51:25 | 00:05:09 | 00:51:18 | 00:05:08 | 00:22:53 |            |                                   | PONTEVEDRA             |
| 168 | 2393 | MANUEL              | PEON CRESPO          | M-145 | ABM-145 | 00:51:32 | 00:05:10 | 00:51:20 | 00:05:08 | 00:24:02 |            |                                   | POIO                   |
| 169 | 2450 | EDUARDO             | SEIJO DE BERNARDO    | M-146 | ABM-146 | 00:51:35 | 00:05:10 | 00:51:08 | 00:05:07 | 00:23:56 |            |                                   | PONTEVEDRA             |
| 170 | 2145 | FERNANDO            | ROSA                 | M-147 | ABM-147 | 00:51:41 | 00:05:11 | 00:51:34 | 00:05:10 | 00:23:30 |            | SIMECQ                            | CRUZ QUEBRADA          |
| 171 | 2081 | ENRIQUE             | MARQUEZ CORTIZO      | M-148 | ABM-148 | 00:51:44 | 00:05:11 | 00:51:24 | 00:05:09 | 00:24:24 |            | CLUB DEPORTIVO PINARIUM           | MARÍN                  |
| 172 | 2287 | JUAN                | FILGUEIRA POZA-JUSTO | M-149 | ABM-149 | 00:51:48 | 00:05:11 | 00:51:25 | 00:05:09 | 00:24:11 |            |                                   | PONTEVEDRA             |
| 173 | 2129 | MARINA              | CUEVAS VIDAL         | F-24  | ABF-24  | 00:51:49 | 00:05:11 | 00:51:30 | 00:05:09 | 00:24:07 |            | OS CORREDORES DO INFERNO          | PONTEVEDRA             |
| 174 | 2160 | PALOMA              | MARTÍN SOLANO        | F-25  | ABF-25  | 00:51:50 | 00:05:11 | 00:51:34 | 00:05:10 | 00:24:11 |            | TIGERS RUNNING CLUB               | MADRID                 |
| 175 | 2231 | PEDRO               | CASTRO GARCÍA        | M-150 | ABM-150 | 00:51:52 | 00:05:12 | 00:51:27 | 00:05:09 | 00:24:48 |            |                                   | VIGO                   |
| 176 | 2117 | JAMES NEIL          | CAMPBELL             | M-151 | ABM-151 | 00:51:56 | 00:05:12 | 00:51:43 | 00:05:11 | 00:24:09 |            | LINCOLN WELLINGTON ATHLETICS CLUB | LINCOLN                |
| 177 | 2084 | XAIME               | VILLALBA RODRÍGUEZ   | M-152 | ABM-152 | 00:51:57 | 00:05:12 | 00:51:28 | 00:05:09 | 00:25:19 |            | CLUB DEPORTIVO PINARIUM           | PONTEVEDRA             |
| 178 | 2149 | MARCELA             | SILVA                | F-26  | ABF-26  | 00:51:57 | 00:05:12 | 00:51:51 | 00:05:12 | 00:23:53 |            | SIMECQ                            | CRUZ QUEBRADA          |
| 179 | 2335 | JOSÉ ANTONIO        | LIÑARES BAR          | M-153 | ABM-153 | 00:52:02 | 00:05:13 | 00:51:45 | 00:05:11 | 00:25:31 |            |                                   | SANTIAGO DE COMPOSTELA |
| 180 | 2073 | MARIA DE LAS NIEVES | MARQUEZ ABRALDES     | F-27  | ABF-27  | 00:52:06 | 00:05:13 | 00:51:52 | 00:05:12 | 00:24:02 |            | CLUB ATLETISMO SAMERTOLAMEU       | MOAÑA                  |
| 181 | 2309 | MANUEL              | GONZALEZ CARRERA     | M-154 | ABM-154 | 00:52:10 | 00:05:13 | 00:51:42 | 00:05:11 | 00:24:59 |            |                                   | SOUTOMAIOR             |
| 182 | 2223 | JOSÉ MIGUEL         | CASAL LAGE           | M-155 | ABM-155 | 00:52:19 | 00:05:14 | 00:52:13 | 00:05:14 | 00:23:43 |            |                                   | PONTEVEDRA             |
| 183 | 2089 | DIANA               | MEDAL                | F-28  | ABF-28  | 00:52:20 | 00:05:14 | 00:52:11 | 00:05:14 | 00:24:18 |            | CLUBE DEPORTIVO ARZÚA             | ARZÚA                  |
| 184 | 2133 | MANUEL              | PAZOS MARTINEZ       | M-156 | ABM-156 | 00:52:23 | 00:05:15 | 00:52:12 | 00:05:14 | 00:24:19 |            | PONTE A CORRER                    | PONTEVEDRA             |
| 185 | 2476 | BELÉN               | VARELA COSTA         | F-29  | ABF-29  | 00:52:26 | 00:05:15 | 00:52:16 | 00:05:14 | 00:23:35 |            |                                   | AGOLADA                |
| 186 | 2363 | ANGEL               | MOLDES EIROA         | M-157 | ABM-157 | 00:52:28 | 00:05:15 | 00:52:12 | 00:05:14 | 00:24:13 |            |                                   | BUEU                   |
| 187 | 2282 | LINO                | FERNÁNDEZ VIDAL      | M-158 | ABM-158 | 00:52:30 | 00:05:15 | 00:52:15 | 00:05:14 | 00:24:22 |            |                                   | CAÑIZA (A)             |
| 188 | 2296 | FRANCISCO           | GARCIA CARRO         | M-159 | ABM-159 | 00:52:39 | 00:05:16 | 00:52:26 | 00:05:15 | 00:23:47 |            |                                   | PONTEVEDRA             |
| 189 | 2470 | ALBERTO             | TOUCEDA BRAVO        | M-160 | ABM-160 | 00:52:41 | 00:05:17 | 00:52:26 | 00:05:15 | 00:24:08 |            |                                   | PONTEVEDRA             |
| 190 | 2347 | DAVID               | MARIÑO CANABAL       | M-161 | ABM-161 | 00:52:43 | 00:05:17 | 00:52:33 | 00:05:16 | 00:24:10 |            |                                   | FORCAREI               |
| 191 | 2161 | PABLO               | BOUZA BERNARDEZ      | M-162 | ABM-162 | 00:52:45 | 00:05:17 | 00:52:34 | 00:05:16 | 00:24:07 |            | TRAILEROS TOXOS&BIRRAS            |                        |
| 192 | 2465 | MARIA               | TOBIO DÓNEGA         | F-30  | ABF-30  | 00:52:46 | 00:05:17 | 00:52:42 | 00:05:17 | 00:24:22 |            |                                   | PONTEVEDRA             |
| 193 | 2381 | JOSE                | OTERO QUEIRO         | M-163 | ABM-163 | 00:52:49 | 00:05:17 | 00:52:22 | 00:05:15 | 00:27:22 |            |                                   | PONTEVEDRA             |
| 194 | 2315 | CECILIA             | GONZÁLEZ NOVO        | F-31  | ABF-31  | 00:52:49 | 00:05:17 | 00:52:32 | 00:05:16 | 00:24:12 |            |                                   | VIVEIRO                |
| 195 | 2368 | JULIO CÉSAR         | MOREIRA CABANELAS    | M-164 | ABM-164 | 00:52:51 | 00:05:18 | 00:52:41 | 00:05:17 | 00:23:45 |            |                                   | VIGO                   |
| 196 | 2302 | ALEJANDRO           | GARCIA TRONCOSO      | M-165 | ABM-165 | 00:52:52 | 00:05:18 | 00:52:40 | 00:05:16 | 00:23:46 |            |                                   | SANXENXO               |
| 197 | 2329 | DAVID               | JUSTO RODRÍGUEZ      | M-166 | ABM-166 | 00:52:52 | 00:05:18 | 00:52:35 | 00:05:16 | 00:24:08 |            |                                   | VIGO                   |
| 198 | 2406 | MIGUEL JESUS        | PIÑEIRO FERNANDEZ    | M-167 | ABM-167 | 00:52:57 | 00:05:18 | 00:52:53 | 00:05:18 | 00:23:05 |            |                                   | MARÍN                  |
| 199 | 2489 | MARA                | VIDAL FERREIRÓS      | F-32  | ABF-32  | 00:53:00 | 00:05:18 | 00:52:54 | 00:05:18 | 00:23:58 |            |                                   | BOIRO                  |
| 200 | 2258 | ANTIA               | DURO PICHEL          | F-33  | ABF-33  | 00:53:01 | 00:05:19 | 00:52:53 | 00:05:18 | 00:23:44 |            |                                   | PONTEVEDRA             |
| 201 | 2257 | JAIME               | DURO CANCELA         | M-168 | ABM-168 | 00:53:01 | 00:05:19 | 00:52:53 | 00:05:18 | 00:23:43 | NO         |                                   | PONTEVEDRA             |
| 202 | 2238 | JORGE               | CIDRAS MONTES        | M-169 | ABM-169 | 00:53:09 | 00:05:19 | 00:52:55 | 00:05:18 | 00:25:01 |            |                                   | MARÍN                  |
| 203 | 2048 | DIANA               | MORALES RODRIGUEZ    | F-34  | ABF-34  | 00:53:14 | 00:05:20 | 00:53:02 | 00:05:19 | 00:24:15 |            | BURGAS ATLETISMO OURENSE          | OURENSE                |
| 204 | 2458 | MERT                | TATAR                | M-170 | ABM-170 | 00:53:15 | 00:05:20 | 00:52:50 | 00:05:17 | 00:24:59 |            |                                   | VIGO                   |
| 205 | 2061 | ARANZAZU            | IBÁÑEZ LOPEZ         | F-35  | ABF-35  | 00:53:38 | 00:05:22 | 00:53:27 | 00:05:21 | 00:24:48 |            | CASTRELOS 20:30                   | VIGO                   |
| 206 | 2281 | MARIA DEL SOCORRO   | FERNÁNDEZ VEGA       | F-36  | ABF-36  | 00:53:41 | 00:05:23 | 00:53:25 | 00:05:21 | 00:25:35 |            |                                   | LUGO                   |
| 207 | 2197 | HUGO                | BOULLOSA GONZÁLEZ    | M-171 | ABM-171 | 00:53:41 | 00:05:23 | 00:53:29 | 00:05:21 | 00:25:47 |            |                                   | PONTEVEDRA             |
| 208 | 2122 | LUCÍA               | VALIÑA SEIJAS        | F-37  | ABF-37  | 00:53:51 | 00:05:24 | 00:53:41 | 00:05:23 | 00:24:58 |            | MTC-LOURES                        | LUGO                   |
| 209 | 2397 | JOSE LUIS           | PÉREZ LADO           | M-172 | ABM-172 | 00:53:52 | 00:05:24 | 00:53:38 | 00:05:22 | 00:24:04 |            |                                   | CORUÑA (A)             |
| 210 | 2155 | ALBERTO             | ALVEAR               | M-173 | ABM-173 | 00:53:53 | 00:05:24 | 00:53:37 | 00:05:22 | 00:25:16 |            | SOCIEDAD GIMNASTICA DE PONTEVEDRA | PONTEVEDRA             |
| 211 | 2237 | NATALIA             | CHEDAS PAZ           | F-38  | ABF-38  | 00:53:56 | 00:05:24 | 00:53:53 | 00:05:24 | 00:24:00 |            |                                   | VILAGARCÍA DE AROUSA   |
| 212 | 2072 | MARÍA               | LÓPEZ GUNTÍNAS       | F-39  | ABF-39  | 00:53:56 | 00:05:24 | 00:53:49 | 00:05:23 | 00:25:20 |            | CLUB ATLETISMO SADA               | MONFORTE DE LEMOS      |
| 213 | 2321 | JULIÁN              | GUEDA FREIRE         | M-174 | ABM-174 | 00:53:58 | 00:05:24 | 00:53:34 | 00:05:22 | 00:25:21 |            |                                   | OURENSE                |
| 214 | 2175 | JOSE ANTONIO        | ALFONSO ABRALDES     | M-175 | ABM-175 | 00:53:59 | 00:05:24 | 00:53:50 | 00:05:23 | 00:24:52 |            |                                   | PONTEVEDRA             |
| 215 | 2103 | CARMEN              | LEMA VARELA          | F-40  | ABF-40  | 00:54:02 | 00:05:25 | 00:53:45 | 00:05:23 | 00:25:13 |            | FITGAL SPORTS                     | NIGRÁN                 |
| 216 | 2196 | ALBERTO             | BOA MOUCO            | M-176 | ABM-176 | 00:54:06 | 00:05:25 | 00:53:40 | 00:05:22 | 00:25:30 |            |                                   | VIGO                   |
| 217 | 2305 | JOSE                | GOMEZ BIOQUE         | M-177 | ABM-177 | 00:54:10 | 00:05:25 | 00:53:44 | 00:05:23 | 00:26:18 |            |                                   | CAMBADOS               |
| 218 | 2291 | IVAN                | FREIRE HERMIDA       | M-178 | ABM-178 | 00:54:18 | 00:05:26 | 00:53:49 | 00:05:23 | 00:25:24 |            |                                   | PONTEVEDRA             |

|     |      |                  |                      |       |         |          |          |          |          |          |         |                                                |                        |
|-----|------|------------------|----------------------|-------|---------|----------|----------|----------|----------|----------|---------|------------------------------------------------|------------------------|
| 219 | 2109 | RUBEN            | GIL BLANCO           | M-179 | ABM-179 | 00:54:19 | 00:05:26 | 00:54:05 | 00:05:25 | 00:24:52 |         | GALAICAS BUEU                                  | BUEU                   |
| 220 | 2178 | PATRICIA         | ALONSO SUÁREZ        | F-41  | ABF-41  | 00:54:19 | 00:05:26 | 00:54:03 | 00:05:25 | 00:24:40 |         |                                                | VEGADEO                |
| 221 | 2494 | LOIS             | VEITEZ ROMÁN         | M-180 | ABM-180 | 00:54:21 | 00:05:27 | 00:53:56 | 00:05:24 | 00:24:49 |         |                                                | VIGO                   |
| 222 | 2468 | RAQUEL           | TORRES SANMARTÍN     | F-42  | ABF-42  | 00:54:21 | 00:05:27 | 00:54:08 | 00:05:25 | 00:25:47 |         |                                                | POIO                   |
| 223 | 2366 | ANDREA           | MONTES GONZÁLEZ      | F-43  | ABF-43  | 00:54:33 | 00:05:28 | 00:54:11 | 00:05:26 | 00:25:17 |         |                                                | PONTEVEDRA             |
| 224 | 2045 | ANXO             | LORENZO BAUTISTA     | M-181 | ABM-181 | 00:54:35 | 00:05:28 | 00:54:09 | 00:05:25 | 00:26:09 |         | ATLETISMO PORRIÑO                              | PONTEAREAS             |
| 225 | 2243 | ADOLFO           | CORDERO RIVERA       | M-182 | ABM-182 | 00:54:36 | 00:05:28 | 00:54:31 | 00:05:28 | 00:24:13 |         |                                                | PONTEVEDRA             |
| 226 | 2097 | SILVIA           | VAZQUEZ MONTERO      | F-44  | ABF-44  | 00:54:41 | 00:05:29 | 00:54:30 | 00:05:27 | 00:25:21 |         | ESCOLA ATLETISMO PAULA MAYOBRE                 | MUGARDOS               |
| 227 | 2283 | ANXO             | FERNANDEZ VILLAR     | M-183 | ABM-183 | 00:54:43 | 00:05:29 | 00:54:19 | 00:05:26 | 00:26:02 |         |                                                | PONTEVEDRA             |
| 228 | 2330 | TEO              | LAFUENTE RODRÍGUEZ   | M-184 | ABM-184 | 00:54:47 | 00:05:29 | 00:54:35 | 00:05:28 | 00:23:39 |         |                                                | PONTEVEDRA             |
| 229 | 2071 | ÁNGELES          | ARES FILLOY          | M-185 | ABM-185 | 00:54:48 | 00:05:29 | 00:54:41 | 00:05:29 | 00:25:20 |         | CLUB ATLETISMO SADA                            | OLEIROS                |
| 230 | 2216 | JUAN             | CARRASCO RODRIGUEZ   | M-186 | ABM-186 | 00:54:50 | 00:05:29 | 00:54:30 | 00:05:27 | 00:25:47 |         |                                                | PONTEVEDRA             |
| 231 | 2091 | ISAAC            | RODRIGUEZ CASAL      | M-187 | ABM-187 | 00:54:56 | 00:05:30 | 00:54:30 | 00:05:27 | 00:26:09 |         | CORREDORES FESTEIROS CENTRAL ELÉCTRICA SESTELO | PONTEAREAS             |
| 232 | 2266 | ALEXANDRE        | FARTO FERNANDEZ      | M-188 | ABM-188 | 00:54:56 | 00:05:30 | 00:54:34 | 00:05:28 | 00:26:30 |         |                                                | POIO                   |
| 233 | 2096 | MARÍA            | CASAL PENA           | F-45  | ABF-45  | 00:54:58 | 00:05:30 | 00:54:47 | 00:05:29 | 00:25:21 |         | ESCOLA ATLETISMO PAULA MAYOBRE                 | MUGARDOS               |
| 234 | 2292 | SILVIA           | FUEYO GONZÁLEZ       | F-46  | ABF-46  | 00:54:59 | 00:05:30 | 00:54:30 | 00:05:27 | 00:27:04 |         |                                                | GIJÓN                  |
| 235 | 2353 | DINA             | MARTÍNEZ COLLADO     | F-47  | ABF-47  | 00:55:02 | 00:05:31 | 00:54:46 | 00:05:29 | 00:25:05 |         |                                                | PONTEVEDRA             |
| 236 | 2264 | LARA             | ESTÉVEZ FERNÁNDEZ    | F-48  | ABF-48  | 00:55:02 | 00:05:31 | 00:54:51 | 00:05:30 | 00:25:16 |         |                                                | VIGO                   |
| 237 | 2044 | LÍA              | PEREIRA SEIJO        | F-49  | ABF-49  | 00:55:03 | 00:05:31 | 00:54:52 | 00:05:30 | 00:24:15 |         | ATLETISMO FONTES DO SAR                        | TEO                    |
| 238 | 2126 | MANUEL           | VARELA CANABAL       | M-189 | ABM-189 | 00:55:09 | 00:05:31 | 00:54:44 | 00:05:29 | 00:25:45 |         | NINGUNO                                        | PONTEVEDRA             |
| 239 | 2124 | SECUNDINO        | BASALO FERNANDEZ     | M-190 | ABM-190 | 00:55:09 | 00:05:31 | 00:54:43 | 00:05:29 | 00:26:43 |         | MUSKO RUNNERS OURENSE                          | OURENSE                |
| 240 | 2389 | DAVID            | PASTORIZA QUEIMAÑO   | M-191 | ABM-191 | 00:55:17 | 00:05:32 | 00:55:09 | 00:05:31 | 00:25:06 |         |                                                | CANGAS                 |
| 241 | 2193 | JONATHAN         | BERNARDEZ BARREIRO   | M-192 | ABM-192 | 00:55:17 | 00:05:32 | 00:55:09 | 00:05:31 | 00:25:05 |         |                                                | PONTEVEDRA             |
| 242 | 2288 | MARÍA            | FORTEZA              | F-50  | ABF-50  | 00:55:18 | 00:05:32 | 00:54:58 | 00:05:30 | 00:24:57 |         |                                                | VALENCIA               |
| 243 | 2378 | MARÍA            | ÓNEGA MOREIRA        | F-51  | ABF-51  | 00:55:20 | 00:05:32 | 00:55:13 | 00:05:32 | 00:25:34 |         |                                                | PONTEVEDRA             |
| 244 | 2198 | MARTIN           | BOUZÓN               | M-193 | ABM-193 | 00:55:26 | 00:05:33 | 00:55:09 | 00:05:31 | 00:26:46 |         |                                                | SOUTOMAIOR             |
| 245 | 2251 | VICTOR           | DIEGO RIONEGRO       | M-194 | ABM-194 | 00:55:26 | 00:05:33 | 00:54:56 | 00:05:30 | 00:26:10 |         |                                                | VIGO                   |
| 246 | 2276 | PABLO            | FERNANDEZ LOPEZ      | M-195 | ABM-195 | 00:55:27 | 00:05:33 | 00:55:10 | 00:05:31 | 00:27:03 |         |                                                | SANTIAGO DE COMPOSTELA |
| 247 | 2140 | ELSA             | ALMEIDA              | F-52  | ABF-52  | 00:55:28 | 00:05:33 | 00:55:23 | 00:05:33 | 00:30:30 |         | SIMECQ                                         | CRUZ QUEBRADA          |
| 248 | 2121 | MARCOS           | FERNANDEZ IGLESIAS   | M-196 | ABM-196 | 00:55:28 | 00:05:33 | 00:55:20 | 00:05:32 | 00:24:59 |         | MARKIUS                                        | ALLARIZ                |
| 249 | 2285 | SUSANA           | FERREIRA RODRÍGUEZ   | F-53  | ABF-53  | 00:55:30 | 00:05:33 | 00:55:16 | 00:05:32 | 00:26:31 |         |                                                | CATOIRA                |
| 250 | 2088 | FRANCISCO        | OTERO GARCIA         | M-197 | ABM-197 | 00:55:34 | 00:05:34 | 00:55:24 | 00:05:33 | 00:25:20 |         | CLUBE DE ATLETISMO "CORREDOIRAS BUEU"          | BUEU                   |
| 251 | 2392 | ALEJANDRO        | PAZ VALLADARES       | M-198 | ABM-198 | 00:55:36 | 00:05:34 | 00:55:19 | 00:05:32 | 00:26:47 |         |                                                | PONTEVEDRA             |
| 252 | 2485 | ALBERTO          | VEIGA CAMPOS         | M-199 | ABM-199 | 00:55:40 | 00:05:34 | 00:55:27 | 00:05:33 | 00:26:16 |         |                                                | XINZO DE LIMIA         |
| 253 | 2477 | SABELA           | VARELA VARELA        | F-54  | ABF-54  | 00:55:53 | 00:05:36 | 00:55:32 | 00:05:34 | 00:26:05 |         |                                                | OURENSE                |
| 254 | 2170 | JIMENA           | ABELLA               | F-55  | ABF-55  | 00:55:58 | 00:05:36 | 00:55:43 | 00:05:35 | 00:25:23 |         |                                                | MARÍN                  |
| 255 | 2417 | LARA             | REFOJO RUSO          | F-56  | ABF-56  | 00:55:58 | 00:05:36 | 00:55:52 | 00:05:36 | 00:25:07 |         |                                                | CATOIRA                |
| 256 | 2379 | MANUEL IGNACIO   | OTERO GAMERO         | M-200 | ABM-200 | 00:55:59 | 00:05:36 | 00:55:44 | 00:05:35 | 00:26:04 |         |                                                | PONTEVEDRA             |
| 257 | 2356 | JAVIER           | MARTINEZ NUNEZ       | M-201 | ABM-201 | 00:56:05 | 00:05:37 | 00:55:41 | 00:05:35 | 00:27:11 |         |                                                | PONTEVEDRA             |
| 258 | 2118 | FELIPE           | SALAZAR DURAES       | M-202 | ABM-202 | 00:56:16 | 00:05:38 | 00:55:45 | 00:05:35 | 00:26:10 | SI      | LUME RUN                                       | VIGO                   |
| 259 | 2373 | MANUEL           | NAVEIRA FACHAL       | M-203 | ABM-203 | 00:56:18 | 00:05:38 | 00:56:00 | 00:05:36 | 00:25:42 |         |                                                | CORUÑA (A)             |
| 260 | 2199 | FERMÍN           | BRENLLA FERREIRO     | M-204 | ABM-204 | 00:56:24 | 00:05:39 | 00:56:02 | 00:05:37 | 00:27:05 |         |                                                | PONTEVEDRA             |
| 261 | 2200 | PILAR            | BRENLLA VILAR        | F-57  | ABF-57  | 00:56:24 | 00:05:39 | 00:56:03 | 00:05:37 | 00:27:06 |         |                                                | PONTEVEDRA             |
| 262 | 2210 | MARTÍN           | CAMPOS ZAMORA        | M-205 | ABM-205 | 00:56:33 | 00:05:40 | 00:56:15 | 00:05:38 | 00:26:47 |         |                                                | SOUTOMAIOR             |
| 263 | 2169 | MARIA VANESSA    | ABEAL FREIJOMIL      | F-58  | ABF-58  | 00:56:33 | 00:05:40 | 00:56:10 | 00:05:37 | 00:26:17 |         |                                                | MIÑO                   |
| 264 | 2232 | PALOMA           | CASTRO REY           | F-59  | ABF-59  | 00:56:42 | 00:05:41 | 00:56:26 | 00:05:39 | 00:26:05 |         |                                                | PONTEVEDRA             |
| 265 | 2220 | MAURO            | CARRILLO VAL         | M-206 | ABM-206 | 00:56:48 | 00:05:41 | 00:56:20 | 00:05:38 | 00:27:38 |         |                                                | PONTEVEDRA             |
| 266 | 2460 | MARÍA JOSÉ       | TEIXEIRA PRIETO      | F-60  | ABF-60  | 00:57:01 | 00:05:43 | 00:56:49 | 00:05:41 | 00:25:35 |         |                                                | VIGO                   |
| 267 | 2255 | FRANCISCO JAVIER | DOMÍNGUEZ ZUFIAURRE  | M-207 | ABM-207 | 00:57:06 | 00:05:43 | 00:56:30 | 00:05:39 | 00:25:56 |         |                                                | CARBALLIÑO (O)         |
| 268 | 2277 | GINES OSVALDO    | FERNÁNDEZ MORENO     | M-208 | ABM-208 | 00:57:14 | 00:05:44 | 00:57:00 | 00:05:42 | 00:25:49 |         |                                                | MOLINA DE SEGURA       |
| 269 | 2176 | MARCOS           | ALFONSO FREIJEIRO    | M-209 | ABM-209 | 00:57:14 | 00:05:44 | 00:57:10 | 00:05:43 | 00:25:07 |         |                                                | PONTEVEDRA             |
| 270 | 2228 | ALFONSO          | CASTIÑEIRA PASTORIZA | M-210 | ABM-210 | 00:57:15 | 00:05:44 | 00:56:49 | 00:05:41 | 00:26:20 |         |                                                | PONTEVEDRA             |
| 271 | 2382 | MARCOS           | OTERO QUEIRO         | M-211 | ABM-211 | 00:57:22 | 00:05:45 | 00:56:55 | 00:05:42 | 00:27:22 |         |                                                | PONTEVEDRA             |
| 272 | 2446 | MARINA           | SANTALÓ DOCAMPO      | F-61  | ABF-61  | 00:57:24 | 00:05:45 | 00:57:02 | 00:05:43 | 00:32:40 |         |                                                | PONTEVEDRA             |
| 273 | 2369 | FRANCISCO        | MORENO DE GUERRA     | M-212 | ABM-212 | 00:57:27 | 00:05:45 | 00:57:05 | 00:05:43 | 00:32:40 |         |                                                | NIGRÁN                 |
| 274 | 2190 | CARLOS           | BARROS FONDEVILA     | M-213 | ABM-213 | 00:57:28 | 00:05:45 | 00:57:01 | 00:05:43 | 00:27:22 |         |                                                | PONTEVEDRA             |
| 275 | 2332 | ANAI             | LARIÑO MORA          | F-62  | ABF-62  | 00:57:29 | 00:05:45 | 00:57:09 | 00:05:43 | 00:26:29 |         |                                                | PONTEVEDRA             |
| 276 | 2297 | LUIS             | GARCIA IGLESIAS      | M-214 | ABM-214 | 00:57:31 | 00:05:46 | 00:57:17 | 00:05:44 | 00:25:51 |         |                                                | CORUÑA (A)             |
| 277 | 2388 | ESTELA           | PASTORIZA COMEDEIRO  | F-63  | ABF-63  | 00:57:32 | 00:05:46 | 00:57:09 | 00:05:43 | 00:27:44 |         |                                                | BUEU                   |
| 278 | 2447 | MAURO            | SANTIAGO DOCIO       | M-215 | ABM-215 | 00:57:33 | 00:05:46 | 00:57:09 | 00:05:43 | 00:27:44 |         |                                                | VIGO                   |
| 279 | 2438 | OSCAR            | SALETA UCHA          | M-216 | ABM-216 | 00:57:34 | 00:05:46 | 00:57:25 | 00:05:45 | 00:25:16 |         |                                                | ARTEIXO                |
| 280 | 2490 | EVA              | VIDAL MARTINEZ       | F-64  | ABF-64  | 00:57:36 | 00:05:46 | 00:57:17 | 00:05:44 | 00:27:28 |         |                                                | PONTEVEDRA             |
| 281 | 2359 | MARIA ANA        | MARTINEZ TRABA       | F-65  | ABF-65  | 00:57:37 | 00:05:46 | 00:57:25 | 00:05:45 | 00:26:30 |         |                                                | CORUÑA (A)             |
| 282 | 2278 | LAURA            | FERNÁNDEZ PAZ        | F-66  | ABF-66  | 00:57:37 | 00:05:46 | 00:57:14 | 00:05:44 | 00:27:44 |         |                                                | PONTEVEDRA             |
| 283 | 2164 | ANA              | OTERO GARCÍA         | F-67  | ABF-67  | 00:57:38 | 00:05:46 | 00:57:27 | 00:05:45 | 00:26:29 |         | TRIATLON PC RIAS BAIXAS                        | POIO                   |
| 284 | 2403 | JOSE ANGEL       | PINTOS GARCIA        | M-217 | ABM-217 | 00:57:38 | 00:05:46 | 00:57:33 | 00:05:46 | 00:26:30 |         |                                                | PONTEVEDRA             |
| 285 | 2151 | PAULO            | SILVA                | M-218 | ABM-218 | 00:57:39 | 00:05:46 | 00:57:32 | 00:05:46 | 00:26:31 |         | SIMECQ                                         | CRUZ QUEBRADA          |
| 286 | 2319 | LIDIA MARIA      | GRAÑA SOBRAL         | F-68  | ABF-68  | 00:57:39 | 00:05:46 | 00:57:18 | 00:05:44 | 00:28:07 |         |                                                | PONTEVEDRA             |
| 287 | 2240 | PAULA            | COLADAS LOIS         | F-69  | ABF-69  | 00:57:51 | 00:05:48 | 00:57:23 | 00:05:45 | 00:27:39 |         |                                                | PONTEVEDRA             |
| 288 | 2498 | JUAN             | VIREL DE LA SOTA     | M-219 | ABM-219 | 00:57:52 | 00:05:48 | 00:57:24 | 00:05:45 | 00:27:38 |         |                                                | PONTEVEDRA             |
| 289 | 2308 | SANDRA           | GÓMEZ MOURE          | F-70  | ABF-70  | 00:57:52 | 00:05:48 | 00:57:39 | 00:05:46 | 00:26:36 |         |                                                | MEIS                   |
| 290 | 2100 | JUAN MANUEL      | GONZÁLEZ QUIROGA     | M-220 | ABM-220 | 00:57:53 | 00:05:48 | 00:57:19 | 00:05:44 | 00:27:07 | A-11176 | ESPRINTES OURENSE                              | OURENSE                |
| 291 | 2352 | NURIA            | MARTÍNEZ ALVAREZ     | F-71  | ABF-71  | 00:57:56 | 00:05:48 | 00:57:51 | 00:05:48 | 00:32:19 |         |                                                | GRANADA                |
| 292 | 2230 | BENITO           | CASTRO ESTEVEZ       | M-221 | ABM-221 | 00:58:00 | 00:05:48 | 00:57:42 | 00:05:47 | 00:26:49 |         |                                                | PONTEVEDRA             |
| 293 | 2298 | RAQUEL           | GARCÍA JAEN          | F-72  | ABF-72  | 00:58:00 | 00:05:48 | 00:57:37 | 00:05:46 | 00:27:48 |         |                                                | LUGO                   |

|     |      |              |                       |       |         |          |          |          |          |          |              |                                     |                        |
|-----|------|--------------|-----------------------|-------|---------|----------|----------|----------|----------|----------|--------------|-------------------------------------|------------------------|
| 294 | 2360 | ANA          | MATEO GESTOSO         | F-73  | ABF-73  | 00:58:06 | 00:05:49 | 00:57:42 | 00:05:47 | 00:27:07 |              |                                     | PONTEVEDRA             |
| 295 | 2497 | ROSANA       | VIQUEIRA CESPON       | F-74  | ABF-74  | 00:58:08 | 00:05:49 | 00:58:02 | 00:05:49 | 00:32:19 |              |                                     | BARRO                  |
| 296 | 2307 | FAUSTINO     | GOMEZ MORGADE         | M-222 | ABM-222 | 00:58:10 | 00:05:49 | 00:58:01 | 00:05:49 | 00:26:31 |              |                                     | PONTEVEDRA             |
| 297 | 2202 | NATALIA      | CALABUIG GISBERT      | F-75  | ABF-75  | 00:58:12 | 00:05:50 | 00:57:58 | 00:05:48 | 00:27:00 |              |                                     | PALMA                  |
| 298 | 2456 | PAULA        | TACÓN CASAL           | F-76  | ABF-76  | 00:58:26 | 00:05:51 | 00:58:14 | 00:05:50 | 00:26:47 |              |                                     | MEÁN                   |
| 299 | 2407 | FATIMA       | PIÑEIRO FOLGAR        | F-77  | ABF-77  | 00:58:34 | 00:05:52 | 00:58:10 | 00:05:49 | 00:27:35 |              |                                     | FORCAREI               |
| 300 | 2426 | MARÍA JESÚS  | RODRÍGUEZ DUARTE      | F-78  | ABF-78  | 00:58:34 | 00:05:52 | 00:58:21 | 00:05:51 | 00:27:16 |              |                                     | ENTRIMO                |
| 301 | 2054 | LUPE         | VILAR SERÉN           | F-79  | ABF-79  | 00:58:36 | 00:05:52 | 00:58:17 | 00:05:50 | 00:27:20 | C.A.CAMBADOS |                                     | CAMBADOS               |
| 302 | 2301 | RITA         | GARCIA TRABAZO        | F-80  | ABF-80  | 00:58:39 | 00:05:52 | 00:58:21 | 00:05:51 | 00:27:30 |              |                                     | PONTEVEDRA             |
| 303 | 2201 | MARÍA JOSE   | BUGALLO ARGIBAY       | F-81  | ABF-81  | 00:58:43 | 00:05:53 | 00:58:28 | 00:05:51 | 00:26:42 |              |                                     | PONTEVEDRA             |
| 304 | 2209 | JESICA       | CAMPOS LORENZO        | F-82  | ABF-82  | 00:58:55 | 00:05:54 | 00:58:49 | 00:05:53 | 00:26:44 |              |                                     | VIGO                   |
| 305 | 2273 | PILAR        | FERNÁNDEZ GARCÍA      | F-83  | ABF-83  | 00:58:57 | 00:05:54 | 00:58:33 | 00:05:52 | 00:27:11 |              |                                     | PONTEVEDRA             |
| 306 | 2247 | CRISTINA     | DE LA FUENTE SEIJO    | F-84  | ABF-84  | 00:58:57 | 00:05:54 | 00:58:35 | 00:05:52 | 00:27:43 |              |                                     | VIGO                   |
| 307 | 2345 | TOMAS        | MAÑAS LEON            | M-223 | ABM-223 | 00:58:59 | 00:05:54 | 00:58:30 | 00:05:51 | 00:27:46 |              |                                     | PONTEVEDRA             |
| 308 | 2442 | LAURA        | SAMA VALDES           | F-85  | ABF-85  | 00:58:59 | 00:05:54 | 00:58:30 | 00:05:51 | 00:27:46 |              |                                     | GIJÓN                  |
| 309 | 2242 | MILI         | CORDAL MARTINEZ       | F-86  | ABF-86  | 00:59:08 | 00:05:55 | 00:58:42 | 00:05:53 | 00:27:29 |              |                                     | PONTEVEDRA             |
| 310 | 2502 | JOSE LUIS    | RODRIGUEZ CRUZ        | M-224 | ABM-224 | 00:59:09 | 00:05:55 | 00:58:55 | 00:05:54 | 00:27:17 |              |                                     | PONTEVEDRA             |
| 311 | 2348 | JACOBO       | MARQUEZ SOUTO         | M-225 | ABM-225 | 00:59:09 | 00:05:55 | 00:58:44 | 00:05:53 | 00:29:10 |              |                                     | PONTEVEDRA             |
| 312 | 2310 | ISABEL       | GONZÁLEZ GARCÍA       | F-87  | ABF-87  | 00:59:10 | 00:05:55 | 00:58:52 | 00:05:54 | 00:26:30 |              |                                     | PONTEVEDRA             |
| 313 | 2317 | SANDRA       | GONZÁLEZ SILVA        | F-88  | ABF-88  | 00:59:14 | 00:05:56 | 00:58:58 | 00:05:54 | 00:27:28 |              |                                     | TABOADELA              |
| 314 | 2280 | ALBERTO      | FERNÁNDEZ TEJO        | M-226 | ABM-226 | 00:59:19 | 00:05:56 | 00:59:17 | 00:05:56 | 00:26:46 |              |                                     | VIGO                   |
| 315 | 2101 | MANUEL       | PICOUTO DURAN         | M-227 | ABM-227 | 00:59:23 | 00:05:57 | 00:59:05 | 00:05:55 | 00:26:52 | AG 763645    | ESPRINTES OURENSE                   | OURENSE                |
| 316 | 2375 | ALBA         | NOGUEIRAS NOGUEIRAS   | F-89  | ABF-89  | 00:59:28 | 00:05:57 | 00:59:11 | 00:05:56 | 00:27:28 |              |                                     | RAIRIZ DE VEIGA        |
| 317 | 2144 | PAULA        | LEITÃO                | F-90  | ABF-90  | 00:59:29 | 00:05:57 | 00:59:21 | 00:05:57 | 00:26:34 |              | SIMECQ                              | CRUZ QUEBRADA          |
| 318 | 2435 | SONIA        | RUIBAL CASALDERREY    | F-91  | ABF-91  | 00:59:33 | 00:05:58 | 00:59:30 | 00:05:57 | 00:27:03 |              |                                     | PONTEVEDRA             |
| 319 | 2427 | PATRICIA     | RODRIGUEZ IGLESIAS    | F-92  | ABF-92  | 00:59:39 | 00:05:58 | 00:59:08 | 00:05:55 | 00:28:06 |              |                                     | VIGO                   |
| 320 | 2436 | JAVIER       | SAAVEDRA SANTIAGO     | M-228 | ABM-228 | 00:59:39 | 00:05:58 | 00:59:09 | 00:05:55 | 00:28:06 |              |                                     | POIO                   |
| 321 | 2361 | ÁNGELA       | MAYO MARTÍNEZ         | F-93  | ABF-93  | 00:59:40 | 00:05:58 | 00:59:07 | 00:05:55 | 00:28:06 |              |                                     | POIO                   |
| 322 | 2445 | MANUEL       | SANTALÓ DOCAMPO       | M-229 | ABM-229 | 00:59:41 | 00:05:59 | 00:59:20 | 00:05:56 | 00:28:53 |              |                                     | PONTEVEDRA             |
| 323 | 2367 | ANGELES      | MORALES FERRO         | F-94  | ABF-94  | 00:59:43 | 00:05:59 | 00:59:13 | 00:05:56 | 00:28:14 |              |                                     | PONTEVEDRA             |
| 324 | 2095 | MARIO MANUEL | GARCIA GONZALEZ       | M-230 | ABM-230 | 00:59:49 | 00:05:59 | 00:59:43 | 00:05:59 | 00:27:13 | NO           | EBOCAX                              | LALÍN                  |
| 325 | 2421 | MARTA        | RIVEIRO TENORIO       | F-95  | ABF-95  | 00:59:54 | 00:06:00 | 00:59:30 | 00:05:57 | 00:28:38 |              |                                     | PONTEVEDRA             |
| 326 | 2171 | MAITE        | ABILLEIRA GONZALEZ    | F-96  | ABF-96  | 01:00:22 | 00:06:03 | 01:00:13 | 00:06:02 | 00:27:29 |              |                                     | PONTEVEDRA             |
| 327 | 2204 | HELENA       | CALO ORDÓÑEZ          | F-97  | ABF-97  | 01:00:30 | 00:06:03 | 01:00:23 | 00:06:03 | 00:26:33 |              |                                     | BOIRO                  |
| 328 | 2069 | JESÚS MANUEL | MONTERO SOUTO         | M-231 | ABM-231 | 01:00:31 | 00:06:04 | 01:00:00 | 00:06:00 | 00:28:17 | AG4036       | CLUB ATLETISMO O PINO               | ARZÚA                  |
| 329 | 2195 | JAVIER       | BLANCO CORDERO        | M-232 | ABM-232 | 01:00:32 | 00:06:04 | 01:00:08 | 00:06:01 | 00:30:48 |              |                                     | VERG                   |
| 330 | 2299 | FERNANDO     | GARCÍA PAZOS          | M-233 | ABM-233 | 01:00:33 | 00:06:04 | 01:00:15 | 00:06:02 | 00:28:20 |              |                                     | CORUÑA (A)             |
| 331 | 2172 | MARÍA        | AGUILERA NUÑEZ        | F-98  | ABF-98  | 01:00:40 | 00:06:04 | 01:00:11 | 00:06:02 | 00:28:40 |              |                                     | PONTEVEDRA             |
| 332 | 2487 | XOSÉ EMILIO  | VICENTE CANEDA        | M-234 | ABM-234 | 01:00:46 | 00:06:05 | 01:00:38 | 00:06:04 | 00:27:06 |              |                                     | PONTEVEDRA             |
| 333 | 2467 | DANIEL       | TORRES ESPINO         | M-235 | ABM-235 | 01:00:48 | 00:06:05 | 01:00:21 | 00:06:03 | 00:29:01 |              |                                     | CUNTIS                 |
| 334 | 2250 | ANGELES      | DEVESA                | F-99  | ABF-99  | 01:00:57 | 00:06:06 | 01:00:40 | 00:06:04 | 00:28:02 |              |                                     | VILANOVA DE AROUSA     |
| 335 | 2399 | JULIA        | PÉREZ-LAFUENTE REY    | F-100 | ABF-100 | 01:00:57 | 00:06:06 | 01:00:34 | 00:06:04 | 00:28:38 |              |                                     | PONTEVEDRA             |
| 336 | 2451 | BEATRIZ      | SEÑORANS TOURINO      | F-101 | ABF-101 | 01:01:00 | 00:06:06 | 01:00:32 | 00:06:04 | 00:29:01 |              |                                     | MORAÑA                 |
| 337 | 2162 | MARÍA        | NAVARRO MARTÍNEZ      | F-102 | ABF-102 | 01:01:07 | 00:06:07 | 01:00:38 | 00:06:04 | 00:28:45 |              | TRIATLON ARCADE INFORHOUSE SANTIAGO | MARÍN                  |
| 338 | 2503 | ANTONIO      | CRUAÑES VALLE         | M-236 | ABM-236 | 01:01:12 | 00:06:08 | 01:00:51 | 00:06:06 | 00:26:56 |              |                                     | PONTEVEDRA             |
| 339 | 2062 | MYRIAM       | VÁZQUEZ VÁZQUEZ       | F-103 | ABF-103 | 01:01:15 | 00:06:08 | 01:01:05 | 00:06:07 | 00:27:27 |              | CD LA PURISIMA                      | OURENSE                |
| 340 | 2143 | RITA         | GARCIA-MON            | F-104 | ABF-104 | 01:01:36 | 00:06:10 | 01:01:29 | 00:06:09 | 00:28:05 |              | SIMECQ                              | PONTEVEDRA             |
| 341 | 2246 | JOSE MARIA   | CUMBRAOS ALVAREZ      | M-237 | ABM-237 | 01:01:37 | 00:06:10 | 01:01:26 | 00:06:09 | 00:27:27 |              |                                     | PONTEVEDRA             |
| 342 | 2105 | PABLO        | ROJO ARMADA           | M-238 | ABM-238 | 01:01:39 | 00:06:10 | 01:01:23 | 00:06:09 | 00:27:36 |              | FITGAL SPORTS                       | VIGO                   |
| 343 | 2377 | IRINA        | OGANDO TEJEDOR        | F-105 | ABF-105 | 01:01:53 | 00:06:12 | 01:01:23 | 00:06:09 | 00:28:46 |              |                                     | SOUTOMAIOR             |
| 344 | 2365 | FRANCISCO    | MONTES                | M-239 | ABM-239 | 01:01:53 | 00:06:12 | 01:01:34 | 00:06:10 | 00:28:58 |              |                                     | PONTEVEDRA             |
| 345 | 2130 | RICARDO      | GARRIDO INSUA         | M-240 | ABM-240 | 01:02:00 | 00:06:12 | 01:01:42 | 00:06:11 | 00:27:53 |              | OS CORREDORES DO INFERNO            | PONTEVEDRA             |
| 346 | 2123 | JOSE ANTONIO | RODRIGUEZ DURO        | M-241 | ABM-241 | 01:02:14 | 00:06:14 | 01:01:47 | 00:06:11 | 00:29:08 |              | MUSKO                               | OURENSE                |
| 347 | 2131 | TERESA       | REY RODRÍGUEZ         | F-106 | ABF-106 | 01:02:18 | 00:06:14 | 01:02:01 | 00:06:13 | 00:27:54 |              | OS CORZOS DO ORTEGAL                | VALDOVIÑO              |
| 348 | 2111 | MANUEL       | GÁNDARA GARRIDO       | M-242 | ABM-242 | 01:02:41 | 00:06:17 | 01:02:17 | 00:06:14 | 00:28:48 |              | GIN TRAIL                           | PONTEVEDRA             |
| 349 | 2480 | JORGE        | VÁZQUEZ FONDEVILA     | M-243 | ABM-243 | 01:02:49 | 00:06:17 | 01:02:22 | 00:06:15 | 00:28:17 |              |                                     | CORUÑA (A)             |
| 350 | 2349 | JOSE MANUEL  | MARQUEZ SOUTO         | M-244 | ABM-244 | 01:02:57 | 00:06:18 | 01:02:31 | 00:06:16 | 00:29:11 |              |                                     | MADRID                 |
| 351 | 2425 | VANESSA      | RODRÍGUEZ CAJARAVILLE | F-107 | ABF-107 | 01:03:05 | 00:06:19 | 01:02:51 | 00:06:18 | 00:28:48 |              |                                     | MARÍN                  |
| 352 | 2184 | BRAIS        | AMO SECO              | M-245 | ABM-245 | 01:03:13 | 00:06:20 | 01:02:44 | 00:06:17 | 00:29:49 |              |                                     | ROIS                   |
| 353 | 2222 | VERÓNICA     | CASAI S VILA          | F-108 | ABF-108 | 01:03:14 | 00:06:20 | 01:02:43 | 00:06:17 | 00:29:50 |              |                                     | SANTIAGO DE COMPOSTELA |
| 354 | 2147 | ANA          | SERRA                 | F-109 | ABF-109 | 01:03:21 | 00:06:21 | 01:03:16 | 00:06:20 | 00:28:56 |              | SIMECQ                              | CRUZ QUEBRADA          |
| 355 | 2150 | MARIA JOÃO   | SILVA                 | F-110 | ABF-110 | 01:03:21 | 00:06:21 | 01:03:16 | 00:06:20 | 00:28:05 |              | SIMECQ                              | CRUZ QUEBRADA          |
| 356 | 2056 | MARIA CARMEN | ROCHA CRUCES          | F-111 | ABF-111 | 01:03:37 | 00:06:22 | 01:03:32 | 00:06:22 | 00:28:06 |              | C.A.R. MARISQUEIRO                  | VIGO                   |
| 357 | 2431 | ANDREA       | RODRÍGUEZ VÁZQUEZ     | F-112 | ABF-112 | 01:03:45 | 00:06:23 | 01:03:32 | 00:06:22 | 00:28:53 |              |                                     | OURENSE                |
| 358 | 2139 | CELESTE      | ALMEIDA               | F-113 | ABF-113 | 01:03:46 | 00:06:23 | 01:03:40 | 00:06:22 | 00:28:56 |              | SIMECQ                              | CRUZ QUEBRADA          |
| 359 | 2188 | JOSE MARIA   | BARBEIRA BARJA        | M-246 | ABM-246 | 01:03:53 | 00:06:24 | 01:03:34 | 00:06:22 | 00:29:05 |              |                                     | MADRID                 |
| 360 | 2092 | ENRIC        | ALASÁ ROURE           | M-247 | ABM-247 | 01:04:07 | 00:06:25 | 01:03:39 | 00:06:22 | 00:29:38 |              | CORRE'NS MOLA                       | MATARÓ                 |
| 361 | 2234 | TERESA       | CEREJO MENDEZ         | F-114 | ABF-114 | 01:04:16 | 00:06:26 | 01:04:02 | 00:06:25 | 00:29:17 |              |                                     | SANXENXO               |
| 362 | 2493 | JOSE         | VIEITEZ MINIÑO        | M-248 | ABM-248 | 01:04:16 | 00:06:26 | 01:04:04 | 00:06:25 | 00:29:02 |              |                                     | SANXENXO               |
| 363 | 2492 | ALICIA       | VIEITEZ MINIÑO        | F-115 | ABF-115 | 01:04:16 | 00:06:26 | 01:04:03 | 00:06:25 | 00:29:03 |              |                                     | SANXENXO               |
| 364 | 2034 | LOURDES      | MADRÍD GUARANDA       | F-116 | ABF-116 | 01:04:18 | 00:06:26 | 01:04:09 | 00:06:25 | 00:28:59 |              | ATLETAS NÚCLEO DURO DE DENIA        | DÉNIA                  |
| 365 | 2039 | JUAN MANUEL  | LÓPEZ PERET           | M-249 | ABM-249 | 01:04:19 | 00:06:26 | 01:04:11 | 00:06:26 | 00:28:59 |              | ATLETAS NÚCLEO DURO DENIA           | DÉNIA                  |
| 366 | 2152 | JOÃO         | TEIXEIRA              | M-250 | ABM-250 | 01:04:50 | 00:06:29 | 01:04:43 | 00:06:29 | 00:28:59 |              | SIMECQ                              | CRUZ QUEBRADA          |
| 367 | 2065 | ANDREA       | COSTOYA               | F-117 | ABF-117 | 01:05:09 | 00:06:31 | 01:04:38 | 00:06:28 | 00:29:19 |              | CLUB ATLETISMO BOIMORTO             | ARZÚA                  |
| 368 | 2343 | FELIPE       | LORENZO PIÑEIRO       | M-251 | ABM-251 | 01:05:25 | 00:06:33 | 01:04:54 | 00:06:30 | 00:30:05 |              |                                     | PONTEVEDRA             |

|     |      |             |                     |       |         |          |          |          |          |          |               |
|-----|------|-------------|---------------------|-------|---------|----------|----------|----------|----------|----------|---------------|
| 369 | 2342 | ANDRES      | LORENZO PIÑEIRO     | M-252 | ABM-252 | 01:05:26 | 00:06:33 | 01:04:55 | 00:06:30 | 00:30:04 | PONTEVEDRA    |
| 370 | 2167 | SOFÍA       | ABAL BONILLA        | F-118 | ABF-118 | 01:05:26 | 00:06:33 | 01:04:56 | 00:06:30 | 00:30:05 | POIO          |
| 371 | 2499 | LISA        | WOOD                | F-119 | ABF-119 | 01:05:37 | 00:06:34 | 01:05:17 | 00:06:32 | 00:30:52 | ARBO          |
| 372 | 2437 | INÉS        | SALCINES GAYOSO     | F-120 | ABF-120 | 01:05:52 | 00:06:36 | 01:05:41 | 00:06:35 | 00:28:46 | CORUÑA (A)    |
| 373 | 2114 | ALBA        | BOROBIA RUIZ        | F-121 | ABF-121 | 01:05:55 | 00:06:36 | 01:05:40 | 00:06:34 | 00:28:54 | MARÍN         |
| 374 | 2141 | BRUNO       | CASTANHEIRA         | M-253 | ABM-253 | 01:05:56 | 00:06:36 | 01:05:49 | 00:06:35 | 00:28:40 | CRUZ QUEBRADA |
| 375 | 2229 | RAQUEL      | CASTRO ÁLVAREZ      | F-122 | ABF-122 | 01:06:03 | 00:06:37 | 01:05:34 | 00:06:34 | 00:30:28 | PONTEVEDRA    |
| 376 | 2328 | LAURA       | JIMÉNEZ ESCUDERO    | F-123 | ABF-123 | 01:06:03 | 00:06:37 | 01:05:34 | 00:06:34 | 00:30:28 | PONTEVEDRA    |
| 377 | 2213 | ESTEBAN     | CANLE FERNANDEZ     | M-254 | ABM-254 | 01:06:27 | 00:06:39 | 01:06:03 | 00:06:37 | 00:30:51 | PONTEVEDRA    |
| 378 | 2357 | TANIA       | MARTÍNEZ RUBIANES   | F-124 | ABF-124 | 01:06:42 | 00:06:41 | 01:06:34 | 00:06:40 | 00:30:39 | SOUTOMAIOR    |
| 379 | 2116 | TERESA      | PAZOS SOAGE         | F-125 | ABF-125 | 01:06:42 | 00:06:41 | 01:06:34 | 00:06:40 | 00:30:39 | PONTEVEDRA    |
| 380 | 2433 | JUAN ANGEL  | ROMERO FERNANDEZ    | M-255 | ABM-255 | 01:06:56 | 00:06:42 | 01:06:21 | 00:06:39 | 00:30:31 | PORTAS        |
| 381 | 2208 | DENISE JOAN | CAMPBELL            | F-126 | ABF-126 | 01:07:26 | 00:06:45 | 01:07:03 | 00:06:43 | 00:30:17 | LINCOLN       |
| 382 | 2244 | ANDREA      | COSTA DURÁN         | F-127 | ABF-127 | 01:08:08 | 00:06:49 | 01:07:57 | 00:06:48 | 00:30:28 | MOAÑA         |
| 383 | 2326 | ENRIQUE     | IGLESIAS FERNANDEZ  | M-256 | ABM-256 | 01:08:25 | 00:06:51 | 01:07:54 | 00:06:48 | 00:30:45 | PONTEVEDRA    |
| 384 | 2327 | ELBA        | IGLESIAS FERNÁNDEZ  | F-128 | ABF-128 | 01:08:25 | 00:06:51 | 01:07:53 | 00:06:48 | 00:30:47 | PONTEVEDRA    |
| 385 | 2304 | MARÍA       | GARRIDO VILLAVARDE  | F-129 | ABF-129 | 01:08:44 | 00:06:53 | 01:08:20 | 00:06:50 | 00:30:53 | PONTEVEDRA    |
| 386 | 2429 | MILAGROS    | RODRÍGUEZ MEIJUEIRO | F-130 | ABF-130 | 01:25:16 | 00:08:32 | 01:24:56 | 00:08:30 | 00:37:53 | COTOBADE      |
| 387 | 2146 | ALDA        | SEBASTIÃO           | F-131 | ABF-131 | 01:27:00 | 00:08:42 | 01:26:52 | 00:08:42 | 00:37:53 | CRUZ QUEBRADA |