

XI CARREIRA POPULAR VOLTA A OZA

ABSOLUTA

Clasificación Xeral



Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidade	Licenza	T. Oficial	Ritmo	Tempo Neto	Ritmo Neto	T. KM 2,4
1	1	ALVARO	PRESEDO FRAGUÍO	M-1	MS1M-1	CLUB MARINEDA ATLETICO	ARTEIXO		00:21:19	00:03:27	00:21:16	00:03:26	00:08:00
2	3335	ABDELAZIZ	FATIHI CHHIMA	M-2	SNRM-1		CORUÑA (A)		00:21:39	00:03:30	00:21:38	00:03:30	00:08:11
3	80	ANTÓN	GÓMEZ LÓPEZ	M-3	SNRM-2	CLUB ATLETISMO SANTIAGO	CULLEREDO	GA 255	00:21:54	00:03:32	00:21:50	00:03:32	00:08:11
4	1674	NUNO	MOURE FERNÁNDEZ	M-4	SUB20M-1	A.D. FOGAR	CAMBRE		00:22:04	00:03:34	00:22:00	00:03:33	00:08:18
5	3201	JORGE	SÁNCHEZ MOUZO	M-5	SUB20M-2	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:22:06	00:03:34	00:22:05	00:03:34	00:08:18
6	475	ALEJANDRO	SERRANO BUJAN	M-6	MS2M-1		CORUÑA (A)		00:22:23	00:03:37	00:22:19	00:03:36	00:08:28
7	66	DAVID	ALONSO NOGUEIRA	M-7	SNRM-3	CLUB ATLETISMO BETANZOS	BERGONDO		00:22:24	00:03:37	00:22:21	00:03:37	00:08:21
8	5	ELOY	GONZALEZ HORTA	M-8	MS1M-2	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:22:37	00:03:39	00:22:33	00:03:39	00:08:29
9	45	ALEJANDRO	PÉREZ VARELA	M-9	SNRM-4	ATLETAS DE ACEA DE AMA	CORUÑA (A)		00:22:40	00:03:40	00:22:36	00:03:39	00:08:34
10	11	BRUNO	RIADIGOS PIÑEIRO	M-10	MS1M-3	NOSPORTLIMIT	CORUÑA (A)		00:22:45	00:03:41	00:22:41	00:03:40	00:08:41
11	12	ENRIQUE	SUÁREZ SUÁREZ	M-11	MS1M-4		SADA		00:22:51	00:03:42	00:22:48	00:03:41	00:08:38
12	7	FERNANDO	VÁZQUEZ ARES	M-12	MS2M-2		CULLEREDO		00:22:57	00:03:42	00:22:53	00:03:42	00:08:40
13	15	DAVID	ESTEBAN FERREIRO	M-13	SNRM-5		CARRAL		00:23:12	00:03:45	00:23:08	00:03:44	00:08:41
14	141	GERMÁN	GARCÍA AMEIJIDE	M-14	MS1M-5	NOSPORTLIMIT	CORUÑA (A)	TGAL526	00:23:15	00:03:45	00:23:11	00:03:45	00:08:55
15	1504	DIEGO	ÁLVAREZ MACEIRAS	M-15	SUB20M-3	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:23:17	00:03:46	00:23:15	00:03:45	00:08:28
16	369	JACI AUGUSTO	MELLO BIRKHAH	M-16	MS1M-6		ARTEIXO		00:23:23	00:03:47	00:23:20	00:03:46	00:08:44
17	1508	JORGE	GARCÍA ARROYO	M-17	SNRM-6	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:23:26	00:03:47	00:23:23	00:03:47	00:08:58
18	138	MARTÍN	ESPIÑEIRA MOSQUERA	M-18	SNRM-7	NOSPORTLIMIT	CORUÑA (A)		00:23:53	00:03:52	00:23:50	00:03:51	00:08:57
19	13	IVAN	REGO POSE	M-19	MS1M-7		CORUÑA (A)		00:23:55	00:03:52	00:23:51	00:03:51	00:09:08
20	153	JUAN CARLOS	VÁZQUEZ GRELA	M-20	MS1M-8	NOSPORTLIMIT	CORUÑA (A)		00:23:58	00:03:52	00:23:55	00:03:52	00:09:05
21	165	PABLO A.	LEMA PEREZ	M-21	MS3M-1	RUNNING OLEIROS	CORUÑA (A)	AG-2026832	00:24:05	00:03:53	00:24:01	00:03:53	00:09:18
22	1563	MARCOS	GÜETO SANDÁ	M-22	SUB23M-1		CORUÑA (A)		00:24:05	00:03:53	00:24:00	00:03:53	00:09:15
23	290	HOWARD	FRIMAN	M-23	SNRM-8		CORUÑA (A)		00:24:08	00:03:54	00:24:03	00:03:53	00:09:20
24	39	IAGO	CASTRO VARELA	M-24	SNRM-9	ATLETAS DE ACEA DE AMA	CAMBRE		00:24:10	00:03:54	00:24:05	00:03:53	00:09:14
25	14	CARLOS	IGLESIAS AREA	M-25	MS1M-9	CLUB SAN MIGUEL DE MARÍN	MARÍN	AG2015548	00:24:10	00:03:54	00:24:06	00:03:54	00:09:15
26	100	FRANCISCO JAVIER	MASEDA CARBALLO	M-26	MS2M-3	CLUB MARINEDA ATLETICO	CORUÑA (A)	AG202838	00:24:13	00:03:55	00:24:09	00:03:54	00:09:13
27	1517	FELIX	HERNANDEZ LOPEZ	M-27	SUB23M-2	TRIATLON ARTEIXO	ARTEIXO		00:24:16	00:03:55	00:24:11	00:03:54	00:09:17
28	3209	ANGEL	BUGALLO	M-28	SNRM-10		CORUÑA (A)		00:24:29	00:03:57	00:24:25	00:03:57	00:09:14
29	193	IÑAKI	ÁLVAREZ LOSADA	M-29	MS1M-10		CORUÑA (A)		00:24:30	00:03:57	00:24:24	00:03:56	00:09:25
30	275	ADRIÁN	FARIÑA MARTÍNEZ	M-30	SNRM-11		ARTEIXO		00:24:36	00:03:58	00:24:24	00:03:57	00:09:27
31	47	ISAAC	RODRIGUEZ MARTIN	M-31	MS1M-11	ATLETAS DE ACEA DE AMA	ARTEIXO		00:24:38	00:03:59	00:24:34	00:03:58	00:09:16
32	145	VICENTE RUBEN	JIMENEZ GURREA	M-32	MS1M-12	NOSPORTLIMIT	CORUÑA (A)		00:24:40	00:03:59	00:24:33	00:03:58	00:09:26
33	26	JAVIER	PARADELA MARTICO	M-33	MS2M-4	ARTEIXO	ARTEIXO		00:24:43	00:04:00	00:24:39	00:03:59	00:09:07
34	661	JORGE CARLOS	GONZÁLEZ GARCÍA	M-34	MS1M-13	NOSPORTLIMIT	CORUÑA (A)		00:24:44	00:04:00	00:24:37	00:03:59	00:09:37
35	1562	ANTÓN	GÜETO SANDÁ	M-35	SNRM-12		CORUÑA (A)		00:24:50	00:04:01	00:24:46	00:04:00	00:09:19
36	201	DAMIAN	ARAUJO PEREZ	M-36	MS1M-14	INDEPENDIENTE	BARBADÁS	AG17949	00:24:55	00:04:01	00:24:52	00:04:01	00:09:20
37	331	JOSÉ MANUEL	ISOBA BLANCO	M-37	MS1M-15		CORUÑA (A)		00:24:57	00:04:02	00:24:50	00:04:01	00:09:29
38	3033	PABLO	SEOANE AMOR	M-38	MS1M-16		BETANZOS		00:24:58	00:04:02	00:24:46	00:04:00	00:09:43
39	135	ANTONIO	BAAMONDE SANDE	M-39	MS2M-5	NOSPORTLIMIT	CORUÑA (A)		00:25:02	00:04:03	00:24:56	00:04:02	00:09:38
40	272	NOÉ	ESPANTOSO	M-40	SNRM-13		OLEIROS		00:25:05	00:04:03	00:24:59	00:04:02	00:09:19
41	173	ALEJANDRO	SANCHEZ RAMOS	M-41	MS1M-17	TOXOS Y BIRRAS	CORUÑA (A)		00:25:10	00:04:04	00:25:06	00:04:03	00:09:25
42	48	JOSÉ LUIS	ROIBÁS FERNÁNDEZ	M-42	MS2M-6	ATLETAS DE ACEA DE AMA	CAMBRE		00:25:13	00:04:04	00:25:08	00:04:04	00:09:36
43	395	JOSÉ	PARÍS LÓPEZ	M-43	MS1M-18		ABEGONDO		00:25:18	00:04:05	00:25:10	00:04:04	00:09:39
44	164	FRANCISCO JAVIER	GONZÁLEZ LEDO	M-44	MS2M-7	RUNNING OLEIROS	CULLEREDO	AG2024183	00:25:29	00:04:07	00:25:25	00:04:06	00:09:42
45	111	JUAN CARLOS	FERNÁNDEZ LAGO	M-45	MS3M-2	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS	AG15065	00:25:30	00:04:07	00:25:25	00:04:06	00:09:51
46	469	SERGIO	SANTOS CONCHEIRO	M-46	MS1M-19		CORUÑA (A)		00:25:31	00:04:07	00:25:27	00:04:07	00:09:35
47	3323	IRATI	LORZA LEINENA	F-1	MS1F-1	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:25:38	00:04:09	00:25:36	00:04:08	00:09:33
48	98	RUBEN	BREGUA CHAS	M-47	MS1M-20	CLUB MARINEDA ATLETICO	CULLEREDO		00:25:42	00:04:09	00:25:39	00:04:09	00:09:33
49	3025	JOSÉ MANUEL	MARCOTE PÉREZ	M-48	MS1M-21		CULLEREDO		00:25:43	00:04:09	00:25:34	00:04:08	00:09:38
50	1524	JONAY	CABELLO MARTÍNEZ	M-49	MS1M-22		CORUÑA (A)		00:25:55	00:04:11	00:25:52	00:04:11	00:10:01
51	662	DAVID	CANDAL DE LA CRUZ	M-50	MS1M-23	OXIO TRAINING CLUB	CORUÑA (A)		00:25:58	00:04:12	00:25:51	00:04:11	00:09:57
52	62	IAGO	CRESPO	M-51	MS1M-24	CD GAS NATURAL FENOSA	CORUÑA (A)		00:25:58	00:04:12	00:25:51	00:04:11	00:09:56
53	3333	FERNANDO	BOUZON OTERO	M-52	MS2M-8	TRIATLON ATLANTICO	SADA		00:26:03	00:04:12	00:25:52	00:04:11	00:10:17
54	315	FRANCISCO	GÓMEZ SUEIRAS	M-53	MS3M-3		CULLEREDO		00:26:07	00:04:13	00:26:01	00:04:12	00:09:50
55	156	OSCAR	AMADO FONSECA	M-54	MS2M-9	OPA FERROL TEAM RUNNING	CORUÑA (A)		00:26:09	00:04:14	00:26:04	00:04:13	00:09:56

56	1506	JOSÉ MANUEL	IGLESIAS SISO	M-55	MS2M-10	CLUB ATLETISMO SADA	OLEIROS		00:26:10	00:04:14	00:26:03	00:04:13	00:09:58
57	228	NACHO	CAMPOS NIÑO	M-56	MS2M-11		CORUÑA (A)		00:26:16	00:04:15	00:26:11	00:04:14	00:09:59
58	552	INES	PAPÍN ESTÉVEZ	F-2	MS2F-1	DAWAKO ATHLETICS	CAMBRE	AG7658545	00:26:18	00:04:15	00:26:13	00:04:14	00:10:10
59	75	JOSE	PEREZ LOPEZ	M-57	MS2M-12	CLUB ATLETISMO SADA	SADA		00:26:18	00:04:15	00:26:10	00:04:14	00:10:10
60	298	ALFONSO	GARCÍA BELLO	M-58	MS3M-4	NINGUNO	CULLEREDO	NO	00:26:26	00:04:16	00:26:21	00:04:15	00:10:05
61	6	NEREA	SANCHEZ ROCHA	F-3	MS1F-2	NOSPORTLIMIT	CORUÑA (A)		00:26:26	00:04:16	00:26:21	00:04:15	00:10:09
62	1538	FRANCISCO JAVIER	DOPICO LÓPEZ	M-59	MS1M-25		CORUÑA (A)		00:26:30	00:04:17	00:26:23	00:04:16	00:10:08
63	136	RAUL	BARBEITO GESTAL	M-60	MS2M-13	NOSPORTLIMIT	ARTEIXO		00:26:32	00:04:17	00:26:25	00:04:16	00:10:21
64	103	DIEGO	SOTO VIÑAS	M-61	MS2M-14	CLUB TRIATLON BETANZOS	CAMBRE		00:26:37	00:04:18	00:26:32	00:04:17	00:10:18
65	99	MIGUEL ÁNGEL	FERNÁNDEZ NÓVOA	M-62	MS3M-5	CLUB MARINEDA ATLETICO	POBRA DE TRIVES (.AG 765456		00:26:43	00:04:19	00:26:38	00:04:18	00:09:57
66	148	CARLOS	OJEA CASTRO	M-63	MS2M-15	NOSPORTLIMIT	CORUÑA (A)		00:26:45	00:04:19	00:26:39	00:04:18	00:10:16
67	176	SANTIAGO	GARCÍA BELLO	M-64	MS3M-6	TRASNOS	CAMBRE		00:26:47	00:04:20	00:26:41	00:04:19	00:10:19
68	405	FERNANDO	PÉREZ HERNÁNDEZ	M-65	MS3M-7		CORUÑA (A)	AG2019970	00:26:51	00:04:20	00:26:46	00:04:20	00:10:28
69	237	LUIS ANGEL	CASTELO SANCHEZ	M-66	MS2M-16		CORUÑA (A)		00:26:56	00:04:21	00:26:51	00:04:20	00:10:14
70	3287	LEONOR	EZPELETA PINTO	F-4	MS1F-3		CORUÑA (A)		00:26:58	00:04:21	00:26:53	00:04:21	00:10:18
71	224	ENRIQUE	CABANA PICADO	M-67	MS1M-26		CORUÑA (A)		00:26:58	00:04:21	00:26:52	00:04:20	00:10:30
72	1515	JOSE FCO.	OTERO GONZALEZ	M-68	MS3M-8	TRAILEROS TOXOS&BIRRAS	OLEIROS		00:27:02	00:04:22	00:26:54	00:04:21	00:10:15
73	336	CARLOS	LEMA PORTEIRO	M-69	MS2M-17		CARBALLO		00:27:05	00:04:22	00:26:57	00:04:21	00:10:13
74	3246	MIGUEL EDUARDO	PÉREZ PARRA	M-70	SNRM-14		CORUÑA (A)		00:27:12	00:04:24	00:26:53	00:04:21	00:10:31
75	102	PABLO	VILAS CABO	M-71	SNRM-15	CLUB TRIATLÓN ATLÁNTICO	OLEIROS		00:27:13	00:04:24	00:27:01	00:04:22	00:10:28
76	1550	RICHI	GARCÍA GARCÍA	M-72	MS3M-9		CORUÑA (A)		00:27:15	00:04:24	00:27:08	00:04:23	00:10:37
77	346	ALVARO	LOPEZ JACOME	M-73	MS2M-18		CORUÑA (A)		00:27:16	00:04:24	00:27:02	00:04:22	00:10:53
78	1518	RUBEN	ALONSO POSE	M-74	SNRM-16		CORUÑA (A)		00:27:17	00:04:24	00:27:14	00:04:24	00:10:06
79	81	ANGEL	PÉREZ BURGOS	M-75	MS1M-27	CLUB ATLETISMO TAMBRE	SANTIAGO DE COMF AG3567		00:27:24	00:04:26	00:27:15	00:04:24	00:10:39
80	3006	JORGE	MACIEL ANDRÉS	M-76	MS2M-19	ATLETISMO RIAZOR CORUÑA	CAMBRE		00:27:24	00:04:26	00:27:13	00:04:24	00:10:33
81	3026	JOSE	MARTINEZ DOPAZO	M-77	MS2M-20		CORUÑA (A)		00:27:30	00:04:27	00:26:57	00:04:21	00:11:13
82	279	JULIO	FERNANDEZ FREIRE	M-78	SNRM-17		CORUÑA (A)		00:27:35	00:04:27	00:27:29	00:04:26	00:10:04
83	123	JAIME	ÁLVAREZ DE LA TORRE	M-79	MS1M-28	HÉRCULES ATLETISMO	CORUÑA (A)	AG 2025146	00:27:37	00:04:28	00:27:29	00:04:26	00:10:37
84	289	ROBERTO	FRANCOS VÁZQUEZ	M-80	MS1M-29		CORUÑA (A)		00:27:37	00:04:28	00:27:27	00:04:26	00:10:40
85	348	ALBERTO	LÓPEZ MARTÍNEZ	M-81	MS1M-30		CORUÑA (A)		00:27:38	00:04:28	00:27:32	00:04:27	00:10:34
86	8	PALOMA	GÁNDARA SOLÓRZANO	F-5	MS1F-4	NOSPORTLIMIT	CORUÑA (A)		00:27:40	00:04:28	00:27:34	00:04:27	00:10:35
87	3331	ADRIAN	PARGA BLANCO	M-82	SNRM-18		OZA DOS RÍOS		00:27:44	00:04:29	00:27:39	00:04:28	00:10:34
88	256	MIGUEL	DÍAZ CARBALLO	M-83	MS3M-10		BETANZOS		00:27:46	00:04:29	00:27:32	00:04:27	00:11:01
89	28	JOSÉ ANTONIO	GARCÍA MÉNDEZ	M-84	MS2M-21	ASOCIACIÓN DEPORTIVA CERNE	CORUÑA (A)	AG2027136	00:27:46	00:04:29	00:27:38	00:04:28	00:10:39
90	411	XOMEL	PÉREZ PÉREZ	M-85	MS3M-11		SADA		00:27:50	00:04:30	00:27:44	00:04:29	00:10:27
91	159	HUGO	SEIJO NAVEIRA	M-86	SNRM-19	PICHI	CORUÑA (A)		00:27:54	00:04:30	00:27:46	00:04:29	00:10:58
92	262	JOSÉ	DIEGUEZ CASTRO	M-87	MS2M-22		CORUÑA (A)		00:27:57	00:04:31	00:27:47	00:04:29	00:10:45
93	70	XOÁN	GALÁN PRESAS	M-88	MS2M-23	CLUB ATLETISMO SADA	CORUÑA (A)		00:27:57	00:04:31	00:27:50	00:04:30	00:10:45
94	696	DAVID	VIDAL LAGARES	M-89	SNRM-20		CORUÑA (A)		00:28:01	00:04:31	00:27:52	00:04:30	00:10:53
95	3005	GONZALO	MUIÑO CODESIDO	M-90	MS2M-24	ATLETAS DE ACEA DE AMA	CAMBRE		00:28:01	00:04:32	00:27:56	00:04:31	00:10:33
96	636	VANESSA	RAMA	F-6	MS2F-2		OLEIROS		00:28:03	00:04:32	00:27:59	00:04:31	00:10:43
97	286	JOSE ANTONIO	FERNANDEZ VAZQUEZ	M-91	MS2M-25		CORUÑA (A)		00:28:05	00:04:32	00:27:55	00:04:31	00:10:50
98	178	ALEXANDRE	CAMEAN BAO	M-92	MS1M-31	TROTAMONTES	CORUÑA (A)	MONTAÑA	00:28:08	00:04:33	00:27:42	00:04:28	00:11:03
99	497	ADRIÁN	VIGO BARREIRO	M-93	SNRM-21		ARTEIXO		00:28:10	00:04:33	00:27:59	00:04:31	00:11:00
100	1586	ALEJANDRO	PAZ	M-94	MS1M-32		CORUÑA (A)		00:28:10	00:04:33	00:28:03	00:04:32	00:10:47
101	51	JESÚS	VÁZQUEZ GARCÍA	M-95	MS3M-12	ATLETAS DE ACEA DE AMA	CAMBRE		00:28:13	00:04:33	00:28:09	00:04:33	00:10:44
102	375	RAMON EUGENIO	MOSQUERA SILVA	M-96	MS2M-26	INDEPENDIENTE	CORUÑA (A)		00:28:16	00:04:34	00:28:03	00:04:32	00:10:51
103	108	JOSE ANTONIO	FERNÁNDEZ RODRÍGUEZ	M-97	MS1M-33	CLUBE ATLETISMO BOIMORTO	ARTEIXO	AG 765	00:28:17	00:04:34	00:27:33	00:04:27	00:12:14
104	462	JOSÉ MIGUEL	SÁNCHEZ LUPIÁÑEZ	M-98	SNRM-22		CARRAL		00:28:18	00:04:34	00:27:56	00:04:31	00:11:24
105	4	REBECA	SOTO VIÑAS	F-7	MS2F-3	ATLETISMO NARON	FERROL		00:28:19	00:04:34	00:28:14	00:04:34	00:10:46
106	489	FERNANDO JOSE	VARELA CASTRO	M-99	SNRM-23		CORUÑA (A)		00:28:19	00:04:34	00:28:07	00:04:33	00:10:50
107	190	MIGUEL ÁNGEL	ALONSO SÁNCHEZ	M-100	MS2M-27		CORUÑA (A)		00:28:20	00:04:35	00:28:10	00:04:33	00:11:04
108	305	CARLOS MANUEL	GARCÍA RODRÍGUEZ	M-101	MS1M-34		CORUÑA (A)		00:28:21	00:04:35	00:28:13	00:04:34	00:11:02
109	82	DANIEL	PEREIRA ALONSO	M-102	SNRM-24	CLUB CICLISTA ARAGONTA	SALCEDA DE CASEL 34876052.0		00:28:24	00:04:35	00:28:14	00:04:34	00:11:14
110	674	ADRIÁN	FERNÁNDEZ GARCÍA	M-103	SNRM-25		CORUÑA (A)		00:28:25	00:04:35	00:28:00	00:04:31	00:11:11
111	481	MICHELE	SPINAZZOLA	M-104	MS2M-28		CORUÑA (A)		00:28:27	00:04:36	00:28:21	00:04:35	00:10:56
112	280	JAVIER	FERNÁNDEZ MARTÍNEZ	M-105	MS2M-29		CAMBRE		00:28:29	00:04:36	00:28:23	00:04:35	00:11:01
113	175	JAVIER	NUÑEZ BARRERAS	M-106	MS2M-30	TRAILEROS TOXOS&BIRRAS	CORUÑA (A)		00:28:30	00:04:36	00:28:20	00:04:35	00:11:02
114	21	JESUS MANUEL	ROMAR SONEIRA	M-107	MS1M-35	ABELLARIZA	LAXE		00:28:34	00:04:37	00:28:29	00:04:36	00:10:33
115	325	ANTONIO	HERNANDEZ HERNANDEZ	M-108	MS2M-31		CORUÑA (A)		00:28:34	00:04:37	00:28:34	00:04:37	00:10:53
116	31	TOMÁS	ABELEDÓ PATIÑO	M-109	MS3M-13	ATLETAS DE ACEA DE AMA	CULLEREDO		00:28:39	00:04:38	00:28:30	00:04:36	00:11:02
117	3217	ANDRÉS	FEIJOO MACHADO	M-110	MS1M-36		REDONDELA		00:28:41	00:04:38	00:28:31	00:04:36	00:11:14

118	174	JESÚS	ALONSO PREGO	M-111	MS2M-32	TRAILEROS TOXOS&BIRRAS	CORUÑA (A)		00:28:42	00:04:38	00:28:15	00:04:34	00:11:31
119	1590	JUAN MANUEL	PÉREZ MATO	M-112	MS2M-33		CORUÑA (A)		00:28:45	00:04:39	00:28:36	00:04:37	00:10:58
120	236	PABLO	CASTEDO LOPEZ	M-113	MS1M-37		CORUÑA (A)		00:28:49	00:04:39	00:28:38	00:04:38	00:11:07
121	3243	RICARDO	PATIÑO GESTAL	M-114	MS3M-14		CORUÑA (A)		00:28:55	00:04:40	00:28:48	00:04:39	00:11:19
122	658	FERNANDO	DEL CORRAL REY	M-115	MS1M-38	CLUB HERCULES TERMARIA	CORUÑA (A)		00:28:55	00:04:40	00:28:33	00:04:37	00:12:15
123	3015	MANUEL	BASOA RODRIGUEZ	M-116	MS1M-39		FENE		00:28:58	00:04:41	00:28:54	00:04:40	00:10:59
124	95	ALBERTO	PÉREZ MURADO	M-117	MS1M-40	CLUB HÉRCULES TERMARIA	CORUÑA (A)		00:28:59	00:04:41	00:28:55	00:04:40	00:11:12
125	3102	JUAN	FIGUEIREDO VÁZQUEZ	M-118	SNRM-26	INDEPENDIENTE	CORUÑA (A)		00:29:00	00:04:41	00:28:19	00:04:34	00:12:04
126	35	ADRIÁN	BAO LÓPEZ	M-119	SNRM-27	ATLETAS DE ACEA DE AMA	CULLEREDO		00:29:01	00:04:41	00:28:52	00:04:40	00:11:00
127	490	MARTÍN	VARELA GONZÁLEZ	M-120	MS1M-41		CORUÑA (A)		00:29:01	00:04:41	00:28:37	00:04:37	00:11:28
128	3004	MANUEL	FONTENLA MUIÑO	M-121	MS3M-15	ATLETAS DE ACEA DE AMA	CORUÑA (A)	A7951	00:29:01	00:04:41	00:28:50	00:04:39	00:11:21
129	3029	MARCOS	PENA CHAYÁN	M-122	MS2M-34		CORUÑA (A)	76819769E	00:29:03	00:04:42	00:28:41	00:04:38	00:11:34
130	382	FERNANDO	NÚÑEZ POL	M-123	MS2M-35		CORUÑA (A)		00:29:03	00:04:42	00:28:56	00:04:40	00:11:05
131	24	LUIS ANDRÉS	CASTRO ALMADA	M-124	MS2M-36	ADN CROSSFIT	OLEIROS		00:29:04	00:04:42	00:28:56	00:04:40	00:11:00
132	3024	DANIEL	IGLESIAS PINTADO	M-125	MS2M-37		CORUÑA (A)		00:29:05	00:04:42	00:28:37	00:04:37	00:11:46
133	474	JOSE MANUEL	SEOANE CHAS	M-126	MS3M-16		CAMBRE		00:29:05	00:04:42	00:28:59	00:04:41	00:11:25
134	440	FRANCISCO JOSE	ROCHA GARCÍA	M-127	MS1M-42		OZA DOS RÍOS	AG10109	00:29:06	00:04:42	00:28:32	00:04:37	00:11:57
135	503	FRANCISCO JAVIER	VILLAMISAR CALVIÑO	M-128	MS3M-17		CORUÑA (A)		00:29:07	00:04:42	00:28:52	00:04:40	00:11:26
136	1516	JOSÉ JAVIER	VARELA FERNÁNDEZ	M-129	MS2M-38	TRAILEROS TOXOS&BIRRAS	CORUÑA (A)		00:29:07	00:04:42	00:28:57	00:04:41	00:11:13
137	127	ANTONIO LUIS	GONZALEZ FERNANDEZ	M-130	MS2M-39	LA MOCHILA DEL DEPORTE	CORUÑA (A)	AG2021667	00:29:13	00:04:43	00:29:01	00:04:41	00:11:14
138	686	ROBERTO	REY LÓPEZ	M-131	MS1M-43		CORUÑA (A)		00:29:14	00:04:43	00:29:07	00:04:42	00:11:49
139	433	YAGO DANIEL	RÍO PEREIRA	M-132	SUB23M-3		FERROL		00:29:15	00:04:43	00:29:09	00:04:43	00:10:44
140	491	RAMÓN ANTONIO	VARELA MÍGUEZ	M-133	MS4M-1		CORUÑA (A)		00:29:16	00:04:44	00:29:03	00:04:42	00:11:32
141	16	LUCÍA	RODRÍGUEZ GARCÍA	F-8	MS1F-5	SD COMPOSTELA ATLETISMO	SADA	AG17674	00:29:16	00:04:44	00:29:12	00:04:43	00:10:58
142	499	DAVID	VILA ÁLVAREZ	M-134	SNRM-28		CORUÑA (A)		00:29:17	00:04:44	00:29:02	00:04:41	00:11:05
143	554	ALBA	LOSADA DURAN	F-9	SNRF-1	INSTRA	PONTES DE GARCÍA RODRÍGUEZ		00:29:21	00:04:45	00:29:00	00:04:41	00:11:42
144	507	LUIS	VOCES REBORDINOS	M-135	MS3M-18		OLEIROS		00:29:22	00:04:45	00:29:00	00:04:41	00:11:42
145	444	HÉCTOR MANUEL	RODRÍGUEZ CAGIAO	M-136	MS1M-44		SADA		00:29:24	00:04:45	00:29:09	00:04:43	00:11:37
146	310	IVÁN	GINER GARCÍA	M-137	MS1M-45		CORUÑA (A)		00:29:24	00:04:45	00:28:17	00:04:34	00:12:50
147	19	ISA	CABANAS CAMPELO	F-10	MS1F-6	ATLETAS DE ACEA DE AMA	CORUÑA (A)		00:29:27	00:04:45	00:29:23	00:04:45	00:11:13
148	3332	JOSÉ MARIA	ALLO RELLAN	M-138	MS2M-40		CARBALLO		00:29:29	00:04:46	00:29:22	00:04:45	00:11:15
149	77	RAMON	VIZOSO RIO	M-139	MS2M-41	CLUB ATLETISMO SADA	SADA	AG9415	00:29:29	00:04:46	00:29:19	00:04:44	00:11:21
150	401	DANIEL	PENAS LÓPEZ	M-140	MS1M-46		CORUÑA (A)		00:29:30	00:04:46	00:29:16	00:04:44	00:11:41
151	266	FRANCISCO	DOMÍNGUEZ RODRÍGUEZ	M-141	SNRM-29		OLEIROS		00:29:31	00:04:46	00:29:21	00:04:44	00:11:20
152	1573	DANIEL	LOSADA	M-142	MS1M-47		BERGONDO		00:29:32	00:04:46	00:29:19	00:04:44	00:11:17
153	427	MANUEL JOSE	REY PAULOS	M-143	MS4M-2		CARBALLO		00:29:32	00:04:46	00:29:18	00:04:44	00:11:40
154	677	PABLO	GARCIA BARBEIRA	M-144	MS2M-42		PONTES DE GARCÍA RODRÍGUEZ		00:29:33	00:04:46	00:29:20	00:04:44	00:11:22
155	64	JOAQUIN	DOCAMPO GARCIA	M-145	MS1M-48	CLUB ATLÉTICO BERGONDO	BERGONDO	AG17533	00:29:35	00:04:47	00:29:21	00:04:44	00:11:23
156	1529	MOISÉS	CENDÓN	M-146	SNRM-30		CORUÑA (A)		00:29:35	00:04:47	00:29:11	00:04:43	00:12:16
157	365	FRANCISCO JAVIER	MARTINEZ SANTOS	M-147	MS2M-43		CORUÑA (A)		00:29:37	00:04:47	00:29:27	00:04:45	00:11:27
158	134	CARLOS	ALVAREZ FERNÁNDEZ	M-148	MS2M-44	NOSPORTLIMIT	CULLEREDO		00:29:39	00:04:47	00:29:06	00:04:42	00:12:11
159	146	ALEJANDRO	LUIS NOVOA	M-149	SNRM-31	NOSPORTLIMIT	CORUÑA (A)		00:29:46	00:04:48	00:29:27	00:04:45	00:11:48
160	442	PABLO	RODRIGUEZ ALVAREZ	M-150	MS2M-45		SADA		00:29:47	00:04:49	00:29:38	00:04:47	00:11:31
161	292	IVAN	FUENTES REGUEIRO	M-151	SNRM-32		CORUÑA (A)		00:29:50	00:04:49	00:29:26	00:04:45	00:11:55
162	94	VÍCTOR	LAMAS SALVADO	M-152	MS3M-19	CLUB HERCULES TERMARIA	CORUÑA (A)		00:29:51	00:04:49	00:29:28	00:04:46	00:11:47
163	417	MIGUEL	PITA ORDÓÑEZ	M-153	SNRM-33		CORUÑA (A)		00:29:52	00:04:49	00:29:41	00:04:48	00:11:36
164	414	MARCO EMILIANO	PINCIROLI	M-154	MS2M-46		CORUÑA (A)		00:29:53	00:04:50	00:29:46	00:04:48	00:11:15
165	3202	DIEGO	CADABAL PRADO	M-155	SUB23M-4	CLUB DE REMO RIBEIRA	RIBEIRA		00:29:54	00:04:50	00:29:34	00:04:47	00:11:40
166	467	JESÚS ÁNGEL	SANTIUSTE INSUA	M-156	MS3M-20		CORUÑA (A)		00:29:55	00:04:50	00:29:45	00:04:48	00:11:33
167	261	CESAR	DIEGO DURAN	M-157	MS2M-47		CORUÑA (A)		00:29:58	00:04:50	00:29:49	00:04:49	00:11:36
168	3016	ÁNGEL	BLANCO VÁZQUEZ	M-158	MS1M-49		CORUÑA (A)		00:29:59	00:04:51	00:29:45	00:04:48	00:11:56
169	688	ALEJANDRO	RUBIN KUSANO	M-159	SUB23M-5		CORUÑA (A)		00:30:00	00:04:51	00:29:52	00:04:49	00:11:34
170	1675	FRAN	LAGOA MARTÍNEZ	M-160	MS2M-48	NOSPORTLIMIT	CORUÑA (A)		00:30:00	00:04:51	00:29:49	00:04:49	00:11:37
171	238	ALEJANDRO JOSÉ	CASTRO ROMÁN	M-161	MS1M-50		CORUÑA (A)		00:30:04	00:04:51	00:29:52	00:04:49	00:11:13
172	144	ALBERTO	IBÁN FERNÁNDEZ	M-162	MS1M-51	NOSPORTLIMIT	CORUÑA (A)		00:30:05	00:04:52	00:29:53	00:04:50	00:11:45
173	296	SERGIO	GARCÍA ACÓN	M-163	MS2M-49		CORUÑA (A)		00:30:09	00:04:52	00:29:57	00:04:50	00:11:22
174	161	MANUEL	LEYVA IGLESIAS	M-164	MS2M-50	RAMBLER RUNNER	MUGARDOS		00:30:15	00:04:53	00:29:49	00:04:49	00:12:10
175	1503	MATEO	ROMERO SUÁREZ	M-165	SUB20M-4	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:30:16	00:04:53	00:29:33	00:04:46	00:11:59
176	360	MIGUEL	MARROZOS LOPEZ	M-166	MS2M-51		CORUÑA (A)		00:30:16	00:04:53	00:29:39	00:04:47	00:12:46
177	1549	JOSE MANUEL	GARCIA FREIRE	M-167	MS1M-52		CORUÑA (A)		00:30:19	00:04:54	00:29:53	00:04:50	00:12:14
178	211	SITO	BERGONDO VÁZQUEZ	M-168	MS2M-52		CORUÑA (A)		00:30:20	00:04:54	00:30:07	00:04:52	00:11:47
179	312	MIGUEL	GÓMEZ C	M-169	MS3M-21		CULLEREDO		00:30:21	00:04:54	00:29:52	00:04:50	00:12:17

180	1558	JAVIER	GONZALEZ OTERO	M-170	SNRM-34		CORUÑA (A)		00:30:22	00:04:54	00:29:54	00:04:50	00:12:14
181	3320	ANTÍA	GARCÍA FERNÁNDEZ	F-11	SNRF-2	NOSPORTLIMIT	CORUÑA (A)		00:30:22	00:04:54	00:30:05	00:04:52	00:11:51
182	1602	XOSÉ IGNACIO	VÁZQUEZ BARRIO	M-171	MS2M-53		CULLEREDO		00:30:24	00:04:55	00:30:02	00:04:51	00:12:12
183	221	DAVID	BUGLIOT GUISANDE	M-172	MS1M-53		CAMBRE		00:30:26	00:04:55	00:30:05	00:04:52	00:12:04
184	697	OSCAR	VIDAL RODRIGUEZ	M-173	MS1M-54		CORUÑA (A)		00:30:28	00:04:55	00:29:50	00:04:49	00:12:30
185	247	GUILLERMO	CRIADO CAO	M-174	MS2M-54		MUGARDOS		00:30:30	00:04:56	00:29:54	00:04:50	00:12:43
186	1591	EDUARDO	PICO HERMIDA	M-175	SNRM-35		VILALBA		00:30:33	00:04:56	00:30:18	00:04:54	00:11:44
187	523	YULI	NESTSIAROVICH KACHUK	F-12	MS1F-7	BRUTANZOS TEAM	CORUÑA (A)		00:30:33	00:04:56	00:30:19	00:04:54	00:12:03
188	1570	CARLOS	LÓPEZ RODRÍGUEZ	M-176	MS2M-55		CORUÑA (A)		00:30:33	00:04:56	00:30:18	00:04:54	00:12:05
189	390	ANTONIO	PACHÓN MORENO	M-177	MS1M-55		CORUÑA (A)	53160940.0	00:30:34	00:04:56	00:30:20	00:04:54	00:12:03
190	3232	JORGE	LÓPEZ CUNS	M-178	SUB20M-5		CORUÑA (A)		00:30:35	00:04:56	00:30:24	00:04:55	00:11:11
191	546	NEREA	ALVITE BERGARA	F-13	SNRF-3	CLUB TRIATLÓN TRITONES RIOJA	OYÓN-OION	17496469.0	00:30:37	00:04:57	00:30:30	00:04:56	00:11:49
192	119	ROBERTO	DE CASTRO THOME	M-179	MS2M-56	ESADE ALUMNI	CORUÑA (A)		00:30:38	00:04:57	00:30:21	00:04:54	00:11:56
193	105	AITOR	CALVIÑO GARCIA	M-180	MS1M-56	CLUB TRIATLON CERVECERIA O COTON	CORUÑA (A)		00:30:39	00:04:57	00:30:09	00:04:52	00:12:23
194	1613	TAMARA	BARRERO GUERRA	F-14	SNRF-4	CLUB LA MOCHILA DEL DEPORTE	CULLEREDO		00:30:39	00:04:57	00:30:28	00:04:55	00:11:55
195	69	CARLOS	AMOR GÓMEZ	M-181	MS2M-57	CLUB ATLETISMO SADA	CORUÑA (A)		00:30:40	00:04:57	00:30:27	00:04:55	00:11:41
196	147	MARCOS	MÉNDEZ VÁZQUEZ	M-182	MS2M-58	NOSPORTLIMIT	CORUÑA (A)		00:30:43	00:04:58	00:30:29	00:04:55	00:12:00
197	1534	ROBERTO	DAPONTE VÁZQUEZ	M-183	MS1M-57		CORUÑA (A)		00:30:46	00:04:58	00:30:18	00:04:54	00:12:11
198	664	ALEJANDRO	VAZQUEZ ROIBAS	M-184	MS1M-58	TRAILEROS TOXOS&BIRRAS	CORUÑA (A)		00:30:46	00:04:58	00:30:19	00:04:54	00:12:05
199	3225	EMILIO	GARCIA RODRIGUEZ	M-185	SUB20M-6		OLEIROS		00:30:46	00:04:58	00:30:35	00:04:56	00:11:44
200	166	SUSO	RAMOS RODRIGUEZ	M-186	MS3M-22	RUNNING OLEIROS	LARACHA (A)	AG 2022293	00:30:51	00:04:59	00:30:42	00:04:58	00:11:51
201	450	ANTONIO	RODRÍGUEZ RAMOS	M-187	MS2M-59		CORUÑA (A)		00:30:54	00:04:59	00:30:21	00:04:54	00:12:51
202	388	MANUEL	OUTES PAZ	M-188	MS4M-3	INDEPENDIENTE	CARBALLO		00:30:57	00:05:00	00:30:48	00:04:58	00:12:17
203	1543	FRANCISCO	FERNÁNDEZ PARDO	M-189	MS1M-59		CORUÑA (A)		00:31:00	00:05:00	00:30:47	00:04:58	00:12:02
204	3226	LIAM	GROARKE	M-190	MS1M-60		CORUÑA (A)		00:31:00	00:05:00	00:30:44	00:04:58	00:12:08
205	3019	HUGO	DOPAZO MARTA	M-191	SUB20M-7		CORUÑA (A)		00:31:01	00:05:01	00:30:16	00:04:53	00:13:24
206	377	ESTEBAN	MOUZO DOMÍNGUEZ	M-192	MS1M-61		CEE		00:31:01	00:05:01	00:30:06	00:04:52	00:13:09
207	1546	RAFAEL	FORMOSO MEIZOSO	M-193	MS1M-62		PONTES DE GARCÍA RODRIGUEZ		00:31:02	00:05:01	00:30:33	00:04:56	00:12:52
208	1607	RUBÉN DARIO	VIVERO ALDREY	M-194	MS1M-63		PONTES DE GARCÍA RODRIGUEZ		00:31:02	00:05:01	00:30:34	00:04:56	00:12:52
209	492	RUBÉN	VÁZQUEZ GÓMEZ	M-195	MS2M-60		CORUÑA (A)		00:31:06	00:05:01	00:30:41	00:04:57	00:12:26
210	3215	JUAN CARLOS	COSTA RODRIGUEZ	M-196	MS1M-64		FERROL		00:31:06	00:05:01	00:30:14	00:04:53	00:13:03
211	1688	EDUARDO	PÉREZ VECINO	M-197	MS2M-61		CORUÑA (A)		00:31:12	00:05:02	00:30:13	00:04:53	00:13:16
212	3334	JUAN CARLOS	BERGONDO BRANDARIZ	M-198	MS3M-23	RUNNING OLEIROS	OLEIROS		00:31:13	00:05:02	00:31:06	00:05:01	00:11:18
213	351	ALFONSO	LÓPEZ VÁZQUEZ	M-199	MS2M-62		GUITIRIZ		00:31:13	00:05:03	00:30:50	00:04:59	00:12:21
214	3211	ALEJANDRO	CAMPELO CAMPELO	M-200	SNRM-36		CARRAL		00:31:15	00:05:03	00:30:17	00:04:53	00:13:47
215	1513	JUAN JOSÉ	RAMOS BLANCO	M-201	MS2M-63	RAMBLER RUNNER	NARÓN		00:31:16	00:05:03	00:30:50	00:04:59	00:12:42
216	38	ALFONSO	BOTANA CASTELO	M-202	MS2M-64	ATLETAS DE ACEA DE AMA	CAMBRE		00:31:17	00:05:03	00:31:07	00:05:02	00:11:50
217	29	ANTONIO	GARCÍA PRADO	M-203	MS2M-65	ASOCIACIÓN DEPORTIVA CERNE	CORUÑA (A)		00:31:19	00:05:04	00:30:48	00:04:59	00:12:30
218	3262	JAVIER	VARELA GARCÍA	M-204	MS2M-66		ARTEIXO		00:31:21	00:05:04	00:30:59	00:05:00	00:12:12
219	220	DIONISIO JOSE	BUENO GARCIA	M-205	MS3M-24		MUGARDOS		00:31:26	00:05:05	00:31:05	00:05:01	00:12:31
220	59	DOMINGO	ALVAREZ IGLESIAS	M-206	MS4M-4	C.D.EGOVARROS-VIVEIRO	CORUÑA (A)	GA8958	00:31:26	00:05:05	00:31:15	00:05:03	00:12:15
221	283	JULIO CÉSAR	FERNÁNDEZ RODRÍGUEZ	M-207	MS3M-25		CORUÑA (A)		00:31:27	00:05:05	00:31:17	00:05:03	00:12:13
222	1631	ELENA	CASTRO RUMBO	F-15	SNRF-5		ARTEIXO		00:31:27	00:05:05	00:31:10	00:05:02	00:12:01
223	1527	DIEGO	CARREIRA SANTOS	M-208	SNRM-37		OLEIROS		00:31:28	00:05:05	00:30:51	00:04:59	00:13:02
224	471	ANTONIO	SAUCA GUERRERO	M-209	SNRM-38		OLEIROS		00:31:29	00:05:05	00:30:34	00:04:56	00:13:26
225	1530	IAGO	CIUDAD SEGOVIA	M-210	SUB20M-8		CORUÑA (A)		00:31:30	00:05:05	00:30:56	00:05:00	00:12:30
226	510	LARA	PINCIROLI	F-16	SUB20F-1	A.D. FOGAR	A CORUÑA	AG18347	00:31:32	00:05:06	00:31:24	00:05:04	00:11:52
227	574	ANA	ARIAS MÉNDEZ	F-17	MS1F-8		CORUÑA (A)		00:31:37	00:05:06	00:31:22	00:05:04	00:12:08
228	308	ALBERTO	GATO REIGOSA	M-211	MS1M-65		CORUÑA (A)		00:31:38	00:05:07	00:31:20	00:05:04	00:12:29
229	1522	DIEGO	BLANCO GENDRE	M-212	SNRM-39		TEO		00:31:39	00:05:07	00:30:47	00:04:58	00:13:27
230	162	MANUEL	PENA VARELA	M-213	MS2M-67	RAMBLER RUNNER	ARES		00:31:41	00:05:07	00:31:14	00:05:03	00:12:42
231	3336	CARLOS	RIÁDIGOS MOSQUERA	M-214	MS2M-68		CORUÑA (A)		00:31:42	00:05:07	00:31:13	00:05:03	00:12:32
232	115	RUBÉN	MARTINEZ DEL RIO	M-215	MS2M-69	DREAM TEAM	CAMBRE		00:31:43	00:05:07	00:31:04	00:05:01	00:12:35
233	511	LAURA FELISA	LOPEZ LOPEZ	F-18	MS1F-9	ADC MONTE BREAMO	CORUÑA (A)		00:31:43	00:05:07	00:31:27	00:05:05	00:12:12
234	1569	JUAN CARLOS	LLAMAS BLANCO	M-216	MS2M-70		CORUÑA (A)		00:31:44	00:05:08	00:31:24	00:05:04	00:12:43
235	402	PABLO	PEREDA FERNÁNDEZ	M-217	MS2M-71		CORUÑA (A)		00:31:45	00:05:08	00:31:36	00:05:06	00:12:09
236	691	PABLO	SANDE ESLAVA	M-218	MS2M-72		OLEIROS		00:31:46	00:05:08	00:31:14	00:05:03	00:12:50
237	299	CARLOS	GARCÍA COUCEIRO	M-219	SNRM-40				00:31:46	00:05:08	00:31:13	00:05:02	00:13:44
238	358	ISMAEL	MANEIRO FERREIRO	M-220	MS1M-66		MAZARICOS		00:31:47	00:05:08	00:31:19	00:05:04	00:12:44
239	453	DIEGO	ROJO FARIÑA	M-221	MS1M-67		CORUÑA (A)		00:31:47	00:05:08	00:31:26	00:05:05	00:12:42
240	3228	IAGO	LAVANDEIRA GÓMEZ	M-222	SNRM-41		CULLEREDO		00:31:47	00:05:08	00:31:17	00:05:03	00:12:44
241	278	ALBERTO	FERNÁNDEZ DOLDÁN	M-223	MS1M-68		CORUÑA (A)		00:31:49	00:05:08	00:31:24	00:05:04	00:12:38

242	456	DANIEL	SAAVEDRA TORAL	M-224	MS1M-69		CORUÑA (A)	00:31:53	00:05:09	00:31:17	00:05:03	00:13:20	
243	300	EDUARDO	GARCIA DACOSTA	M-225	MS2M-73		CABANAS	00:31:55	00:05:09	00:31:42	00:05:07	00:12:23	
244	676	ADRIÁN	FERREIRO PÉREZ	M-226	MS1M-70		CAMBRE	00:31:56	00:05:09	00:31:31	00:05:05	00:12:43	
245	484	JULIO	SUÁREZ VÁZQUEZ	M-227	MS4M-5		CORUÑA (A)	00:31:57	00:05:10	00:31:47	00:05:08	00:12:32	
246	561	MARÍA ÁNGELES	LORENZO BARRAL	F-19	MS2F-4	NOSPORTLIMIT	CORUÑA (A)	00:32:00	00:05:10	00:31:52	00:05:09	00:11:55	
247	30	ALFONSO	CANOSA BLANCO	M-228	MS3M-26	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE	AG17644	00:32:00	00:05:10	00:31:40	00:05:07	00:12:56
248	1606	DIEGO	VILLAR VÁZQUEZ	M-229	SNRM-42		ABEGONDO	00:32:04	00:05:11	00:31:48	00:05:08	00:13:08	
249	207	JORGE	BARATA MARTINEZ	M-230	MS2M-74		CORUÑA (A)	00:32:06	00:05:11	00:31:43	00:05:07	00:13:04	
250	517	SUSANA	FEIJOO SANCHEZ	F-20	MS2F-5	ATLETAS DE ACEA DE AMA	CORUÑA (A)	AG-766584	00:32:08	00:05:11	00:31:32	00:05:06	00:13:05
251	3214	ÓSCAR	CERNADAS CREO	M-231	MS1M-71		CORUÑA (A)	00:32:10	00:05:12	00:31:09	00:05:02	00:14:06	
252	379	JULIO CESAR	NAVARRETE ALARCON	M-232	MS1M-72		CORUÑA (A)	00:32:11	00:05:12	00:31:57	00:05:10	00:12:29	
253	130	ROBERTO	TOBAR CASCON	M-233	MS1M-73	MESOIRO CD	CORUÑA (A)	00:32:11	00:05:12	00:31:59	00:05:10	00:12:31	
254	694	JOSE IVAN	VALENCIA BARCIA	M-234	MS1M-74		CORUÑA (A)	00:32:12	00:05:12	00:31:57	00:05:10	00:12:35	
255	1697	ANDREA	CAINZOS GARCIA	F-21	SUB20F-2	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:32:12	00:05:12	00:32:01	00:05:10	00:12:13	
256	659	IVÁN	VELÁZQUEZ CHOZAS	M-235	MS1M-75	CLUB LA MOCHILA DEL DEPORTE	CAMBRE	AG9426	00:32:12	00:05:12	00:31:41	00:05:07	00:12:49
257	304	IAGO	GARCIA PATIÑO	M-236	MS1M-76	INDEPENDIENTE	CORUÑA (A)	00:32:13	00:05:12	00:32:07	00:05:11	00:11:59	
258	541	MARIA DOLORES	GONZÁLEZ FERNÁNDEZ	F-22	MS2F-6	CLUB LA MOCHILA DEL DEPORTE	BERGONDO	00:32:15	00:05:13	00:32:04	00:05:11	00:12:25	
259	3255	RICARDO	RUBIO ALAMEDA	M-237	MS3M-27		CORUÑA (A)	00:32:16	00:05:13	00:32:04	00:05:11	00:12:23	
260	1589	JESUS	PEREDA FERNANDEZ	M-238	MS2M-75		A CORUÑA	00:32:18	00:05:13	00:31:50	00:05:08	00:12:59	
261	1525	PABLO	CACHAFEIRO	M-239	SNRM-43		CORUÑA (A)	00:32:19	00:05:13	00:31:40	00:05:07	00:13:28	
262	223	DANIEL	BURÉS ARES	M-240	SNRM-44		OLEIROS	00:32:19	00:05:13	00:31:40	00:05:07	00:13:29	
263	357	ANTONIO	MACEIRAS SUAREZ	M-241	MS2M-76		OLEIROS	00:32:23	00:05:14	00:31:53	00:05:09	00:13:06	
264	344	JAIME	LÓPEZ CAINZOS	M-242	MS2M-77		CORUÑA (A)	00:32:23	00:05:14	00:32:12	00:05:12	00:12:20	
265	3207	MARIO	BARREIRA	M-243	SNRM-45		ARTEIXO	00:32:24	00:05:14	00:32:04	00:05:11	00:12:16	
266	687	PABLO	RIVAS MANSUY	M-244	MS2M-78		CORUÑA (A)	00:32:29	00:05:15	00:31:41	00:05:07	00:13:29	
267	265	PEDRO	DOMENECH GONZÁLEZ	M-245	MS2M-79		CULLEREDO	00:32:31	00:05:15	00:32:24	00:05:14	00:12:33	
268	233	JUAN CRUZ	CARRETERO SÁNCHEZ	M-246	MS1M-77		CORUÑA (A)	00:32:36	00:05:16	00:31:59	00:05:10	00:13:05	
269	1553	ADRIÁN	GÓMEZ BRANDÓN	M-247	SNRM-46		TORDOIA	00:32:38	00:05:16	00:32:14	00:05:12	00:12:46	
270	149	ROBERTO	PEREZ OSUNA	M-248	MS2M-80	NOSPORTLIMIT	CULLEREDO	00:32:39	00:05:16	00:32:08	00:05:11	00:13:20	
271	152	JOSE FRANCISCO	SUAREZ NUÑEZ	M-249	MS2M-81	NOSPORTLIMIT	CORUÑA (A)	32798056.0	00:32:39	00:05:16	00:32:09	00:05:12	00:13:18
272	85	JOSE LUIS	LÓPEZ RODRIGUEZ	M-250	MS2M-82	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO	TGAL235	00:32:41	00:05:17	00:32:24	00:05:14	00:13:25
273	86	BRAIS	MOSTEIRO GARCÍA	M-251	MS1M-78	CLUB DEPORTIVO INCLUSIVO ENKI	OLEIROS	00:32:41	00:05:17	00:32:23	00:05:14	00:13:26	
274	84	HÉCTOR	LÓPEZ ALFONSO	M-252	SUB20M-9	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO	TGAL236	00:32:41	00:05:17	00:32:22	00:05:14	00:13:26
275	663	RAFAEL	MIGUEZ REY	M-253	MS1M-79	TRAILEROS TOXOS&BIRRAS	CORUÑA (A)	00:32:42	00:05:17	00:32:22	00:05:14	00:13:27	
276	3264	ANGEL ANDRÉS	VARGAS CORDERO	M-254	SNRM-47		CULLEREDO	00:32:44	00:05:17	00:32:10	00:05:12	00:13:38	
277	44	DOMINGO	MIGUEL ARIAS	M-255	MS3M-28	ATLETAS DE ACEA DE AMA	CULLEREDO	00:32:44	00:05:17	00:32:34	00:05:16	00:12:41	
278	670	IVAN	CEIDE GAYOSO	M-256	MS1M-80		CULLEREDO	00:32:46	00:05:18	00:32:20	00:05:13	00:13:00	
279	530	LUISA	LOPEZ GARCIA	F-23	MS2F-7	CLUB ATLETISMO SADA	CORUÑA (A)	00:32:51	00:05:18	00:32:42	00:05:17	00:12:42	
280	65	JUAN	GONZÁLEZ ARES	M-257	MS2M-83	CLUB ATLETICO SOBRADO XUVENTUDE	SOBRADO	00:32:51	00:05:18	00:32:16	00:05:13	00:13:23	
281	689	RAMON	RUBIN LUGO	M-258	MS3M-29		CORUÑA (A)	00:32:51	00:05:18	00:32:43	00:05:17	00:12:42	
282	3263	PABLO	VARELA VARELA	M-259	SNRM-48		CORUÑA (A)	00:32:52	00:05:19	00:32:05	00:05:11	00:13:39	
283	3240	AARÓN	PARADA	M-260	MS1M-81		CORUÑA (A)	00:32:53	00:05:19	00:32:05	00:05:11	00:13:34	
284	3223	MAURO	GALAN PEREIRO	M-261	MS1M-82		CORUÑA (A)	00:32:53	00:05:19	00:32:19	00:05:13	00:13:41	
285	495	ALEXANDRE	VEIRA RODRÍGUEZ	M-262	MS1M-83		CORUÑA (A)	00:32:56	00:05:19	00:32:06	00:05:11	00:13:59	
286	3238	ROBERTO	ORDÓÑEZ MORENO	M-263	MS2M-84		CORUÑA (A)	00:32:56	00:05:19	00:32:29	00:05:15	00:13:06	
287	200	JAVIER	ANTA ALVAREZ	M-264	MS1M-84		CORUÑA (A)	00:32:57	00:05:19	00:31:40	00:05:07	00:14:08	
288	460	DAVID	SANCHEZ FERROL	M-265	SNRM-49		ARTEIXO	00:33:00	00:05:20	00:32:26	00:05:14	00:13:33	
289	3007	ROBERTO	HERNANDO SANTALLA	M-266	MS2M-85	BEER RUNNERS CORUÑA	CORUÑA (A)	00:33:02	00:05:20	00:32:37	00:05:16	00:13:22	
290	409	PABLO	PÉREZ MUÑOZ	M-267	MS1M-85		CORUÑA (A)	00:33:03	00:05:20	00:32:38	00:05:16	00:12:44	
291	678	JOSÉ MIGUEL	GONZÁLEZ GONZÁLEZ	M-268	MS2M-86		CORUÑA (A)	00:33:03	00:05:20	00:32:46	00:05:17	00:12:55	
292	1583	LEONARDO	ORTIGOZA LEVAGGI	M-269	MS2M-87		CORUÑA (A)	00:33:04	00:05:20	00:32:27	00:05:14	00:12:58	
293	260	MANUEL	DIAZ-MERRY	M-270	MS2M-88		CORUÑA (A)	00:33:04	00:05:20	00:32:41	00:05:17	00:13:11	
294	269	JORGE	EGUIGUREN SANCHEZ	M-271	MS1M-86		CORUÑA (A)	00:33:05	00:05:21	00:32:51	00:05:18	00:12:29	
295	347	GREGORIO	LÓPEZ LABALLOS	M-272	MS2M-89		BETANZOS	00:33:05	00:05:21	00:32:43	00:05:17	00:13:34	
296	1566	LUCAS	LASTRA RODRIGUEZ	M-273	SNRM-50		CORUÑA (A)	00:33:08	00:05:21	00:32:38	00:05:16	00:13:12	
297	702	SUSANA MARÍA	CARBALLO BALOIRA	F-24	MS2F-8		CORUÑA (A)	00:33:09	00:05:21	00:32:36	00:05:16	00:12:55	
298	397	JUAN	PAZOS COUTO	M-274	MS3M-30		CORUÑA (A)	00:33:09	00:05:21	00:32:47	00:05:18	00:12:49	
299	294	JAVIER	GARATE SALORIO	M-275	MS2M-90		CORUÑA (A)	00:33:15	00:05:22	00:32:00	00:05:10	00:14:54	
300	438	JUAN ANTONIO	RIVAS ROMERO	M-276	MS3M-31		CORUÑA (A)	00:33:17	00:05:22	00:32:30	00:05:15	00:14:02	
301	443	PABLO	RODRÍGUEZ BALEIRÓN	M-277	SNRM-51		CORUÑA (A)	00:33:18	00:05:23	00:32:27	00:05:14	00:13:56	
302	10	NADIA	MRIMICHE	F-25	MS2F-9		CULLEREDO	00:33:19	00:05:23	00:33:10	00:05:21	00:12:52	
303	1676	ALFREDO	SANCHEZ PEÑA	M-278	SNRM-52	ZEPPELIN ATLETICO	LUGO	00:33:19	00:05:23	00:32:51	00:05:18	00:12:49	

304	22	JAIME	ROCA AVILA	M-279	MS3M-32	ACME	CORUÑA (A)	00:33:21	00:05:23	00:33:00	00:05:20	00:13:20	
305	681	RAMON	IGLESIAS REY	M-280	MS1M-87		SANTIAGO DE COMPOSTELA	00:33:21	00:05:23	00:32:48	00:05:18	00:13:33	
306	116	SERXIO	SOUTO	M-281	MS1M-88	DRUNK RUNNERS	CORUÑA (A)	00:33:27	00:05:24	00:33:12	00:05:22	00:12:57	
307	120	JOSÉ MARÍA	LEVOSO TOUCEDA	M-282	MS3M-33	ESPRINTES OURENSE	CORUÑA (A)	AG2026339	00:33:28	00:05:24	00:33:07	00:05:21	00:13:27
308	3316	MARÍA	VARES GONZALEZ	F-26	MS1F-10		CORUÑA (A)	00:33:28	00:05:24	00:33:13	00:05:22	00:13:04	
309	3017	FRANCISCO MANUEL	CONDE DOMÍNGUEZ	M-283	MS2M-91		CORUÑA (A)	00:33:30	00:05:25	00:33:08	00:05:21	00:13:00	
310	1628	MARÍA	CARRETERO RIVAS	F-27	SNRF-6		CORUÑA (A)	00:33:31	00:05:25	00:33:02	00:05:20	00:13:26	
311	633	MARÍA	PÉREZ MUÑOZ	F-28	SNRF-7		CORUÑA (A)	00:33:31	00:05:25	00:33:06	00:05:21	00:13:13	
312	3330	ÓSCAR	MENA FERNÁNDEZ	M-284	MS2M-92		CORUÑA (A)	00:33:34	00:05:25	00:33:24	00:05:24	00:12:35	
313	349	ANTONIO DANIEL	LOPEZ RIVAS	M-285	MS1M-89		CORUÑA (A)	00:33:35	00:05:25	00:33:00	00:05:20	00:13:19	
314	1580	JUAN	NO SÁNCHEZ	M-286	MS2M-93		CORUÑA (A)	00:33:35	00:05:25	00:32:55	00:05:19	00:14:22	
315	189	JOSE ANTONIO	ALONSO GARCIA	M-287	SNRM-53		CORUÑA (A)	00:33:38	00:05:26	00:33:02	00:05:20	00:13:14	
316	363	JORGE	MARTINEZ GUIMAREY	M-288	MS1M-90		CORUÑA (A)	00:33:40	00:05:26	00:33:03	00:05:20	00:13:39	
317	3251	JAVIER	RODRÍGUEZ GANTES	M-289	MS2M-94		CORUÑA (A)	00:33:41	00:05:26	00:33:19	00:05:23	00:13:30	
318	610	VANESSA	HERVADA LÓPEZ	F-29	MS1F-11		CORUÑA (A)	00:33:51	00:05:28	00:33:28	00:05:24	00:13:23	
319	1541	JUAN	FERNÁNDEZ	M-290	SNRM-54		OLEIROS	00:33:53	00:05:28	00:33:33	00:05:25	00:11:44	
320	3260	ALEJANDRO	TATO ARREGUI	M-291	SNRM-55		CORUÑA (A)	00:33:56	00:05:29	00:33:14	00:05:22	00:14:25	
321	373	SERGIO	MONJO PUCHOL	M-292	SNRM-56		CORUÑA (A)	00:33:57	00:05:29	00:33:01	00:05:20	00:14:30	
322	3237	ELOY	NAVEIRA CARRO	M-293	SNRM-57		LUGO	00:33:57	00:05:29	00:32:55	00:05:19	00:15:47	
323	268	OSCAR	DURO PAZOS	M-294	MS1M-91		PONFERRADA	NO	00:33:58	00:05:29	00:32:59	00:05:20	00:14:15
324	282	IAGO	FERNÁNDEZ MEILÁN	M-295	MS1M-92		CORUÑA (A)	00:33:58	00:05:29	00:32:49	00:05:18	00:14:36	
325	217	MAURICIO JOSE	BONOME	M-296	MS2M-95		MIÑO	00:33:59	00:05:29	00:33:47	00:05:27	00:13:42	
326	37	MARCELO	BELLO GOMEZ	M-297	MS3M-34	ATLETAS DE ACEA DE AMA	CULLEREDO	00:34:00	00:05:29	00:33:49	00:05:28	00:13:05	
327	83	ELISEO	GARCIA CRISTOBAL	M-298	MS3M-35	CLUB DEPORTIVO INCLUSIVO ENKI	CAMBRE	AG2014328	00:34:00	00:05:30	00:33:40	00:05:26	00:13:25
328	473	JAVIER	SEOANE	M-299	MS1M-93		CORUÑA (A)	00:34:01	00:05:30	00:33:26	00:05:24	00:14:16	
329	600	VANESA	FUENTES REGUEIRO	F-30	SNRF-8		CORUÑA (A)	00:34:02	00:05:30	00:33:38	00:05:26	00:13:14	
330	3212	JUAN DIEGO	CAÑÁS SANTISO	M-300	MS2M-96		CORUÑA (A)	00:34:03	00:05:30	00:33:22	00:05:23	00:13:59	
331	195	MARCOS	ALVAREZ PATIÑO	M-301	MS2M-97		CORUÑA (A)	00:34:04	00:05:30	00:33:52	00:05:28	00:12:55	
332	3011	MANUEL	BASALO VAZQUEZ	M-302	MS3M-36	TIRAMILLAS	CORUÑA (A)	00:34:05	00:05:30	00:33:24	00:05:24	00:14:08	
333	617	MARINA	MARTÍNEZ HERMO	F-31	SNRF-9		NOIA	00:34:07	00:05:31	00:33:47	00:05:27	00:13:18	
334	1542	JOSÉ	FERNÁNDEZ IGLESIAS	M-303	MS2M-98		VILAGARCÍA DE AROUSA	00:34:07	00:05:31	00:34:02	00:05:30	00:12:24	
335	1651	BELEN	LOURO SANMARTIN	F-32	SNRF-10		CORUÑA (A)	00:34:07	00:05:31	00:33:31	00:05:25	00:13:34	
336	535	SUSANA	PARGUÍÑA FERNANDEZ	F-33	MS3F-1	CLUB DEPARTIVO INCLUSIVO ENKI	CORUÑA (A)	GA 765964	00:34:07	00:05:31	00:33:48	00:05:28	00:13:30
337	321	ROGELIO	GRANJA MENDEZ	M-304	MS4M-6		CORUÑA (A)	00:34:08	00:05:31	00:33:42	00:05:27	00:13:41	
338	1526	SANTIAGO	CANEDA LOWRY	M-305	SNRM-58		CORUÑA (A)	00:34:09	00:05:31	00:33:17	00:05:23	00:14:33	
339	52	JAVIER	LOPEZ MARTIN	M-306	MS3M-37	ATLETISMO CLUB SOCIAL BANCO PASTOR	CORUÑA (A)	00:34:11	00:05:31	00:33:44	00:05:27	00:13:18	
340	139	RUBEN	FERNANDEZ SANTIAGO	M-307	MS1M-94	NOSPORTLIMIT	CORUÑA (A)	TGAL517	00:34:11	00:05:31	00:32:56	00:05:19	00:14:52
341	423	JUAN JOSE	REDONDO LAGO	M-308	MS4M-7		CORUÑA (A)	00:34:14	00:05:32	00:33:50	00:05:28	00:13:47	
342	1649	PAULA	LÓPEZ BARRO	F-34	SNRF-11		CORUÑA (A)	00:34:22	00:05:33	00:33:56	00:05:29	00:13:55	
343	74	JACINTO	PARGA FERNANDEZ	M-309	MS2M-99	CLUB ATLETISMO SADA	SADA	AG 769105	00:34:23	00:05:33	00:33:43	00:05:27	00:14:12
344	71	VÍCTOR	GARCÍA CARRO	M-310	ESPM-1	CLUB ATLETISMO SADA	OLEIROS	00:34:23	00:05:33	00:33:54	00:05:28	00:14:11	
345	350	MANUEL	LÓPEZ ROIBAS	M-311	MS3M-38		CORUÑA (A)	00:34:23	00:05:33	00:34:07	00:05:31	00:13:24	
346	534	ROCÍO	ALFONSO PITA	F-35	MS2F-10	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO	TGAL226	00:34:25	00:05:33	00:34:05	00:05:30	00:13:31
347	464	EFRÉN	SANDÁ LÓPEZ	M-312	SNRM-59		CORUÑA (A)	00:34:26	00:05:34	00:33:19	00:05:23	00:14:25	
348	91	VICENTE	FERNÁNDEZ BERMÚDEZ	M-313	MS2M-100	CLUB HERCULES TERMARIA	CORUÑA (A)	00:34:27	00:05:34	00:33:19	00:05:23	00:14:45	
349	55	CONSTANTINO	REAL RODRIGUEZ	M-314	MS3M-39	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)	AG2027934	00:34:29	00:05:34	00:33:50	00:05:28	00:14:07
350	583	PURY	CAMPOS	F-36	MS3F-2		CAMBRE	00:34:34	00:05:35	00:34:25	00:05:34	00:13:13	
351	413	ROBERTO	PICO POUZO	M-315	MS2M-101		CORUÑA (A)	SI	00:34:35	00:05:35	00:34:18	00:05:32	00:13:12
352	254	LUCAS	DE SOUSA LOZA	M-316	SNRM-60		CORUÑA (A)	00:34:36	00:05:35	00:34:05	00:05:30	00:14:09	
353	563	LARA ANTONELLA	TRIPODI RAMOS	F-37	SNRF-12	NOSPORTLIMIT	CORUÑA (A)	00:34:36	00:05:35	00:34:05	00:05:30	00:14:10	
354	483	FERNANDO	SUÁREZ SANDOMINGO	M-317	MS3M-40		ORTIGUEIRA	00:34:36	00:05:35	00:33:58	00:05:29	00:13:49	
355	234	ANTON XOSE	CASAL RODRIGUEZ	M-318	MS2M-102		CORUÑA (A)	00:34:38	00:05:36	00:33:50	00:05:28	00:14:20	
356	701	PATRICIA	BARREIRO GARCÍA	F-38	MS2F-11	SONS OF POSEIDON	CORUÑA (A)	00:34:39	00:05:36	00:34:22	00:05:33	00:13:34	
357	122	ALEJANDRO	GARCÍA PIÑEIRO	M-319	MS1M-95	GIMNASIO JK	CORUÑA (A)	00:34:40	00:05:36	00:33:23	00:05:24	00:14:34	
358	1594	GONZALO	RODRÍGUEZ	M-320	MS1M-96		CULLEREDO	00:34:40	00:05:36	00:33:37	00:05:26	00:14:29	
359	366	ROBERTO	MEIJIDE	M-321	MS1M-97		CORUÑA (A)	00:34:41	00:05:36	00:34:26	00:05:34	00:13:08	
360	632	NESS	PEREIRA RODRIGUEZ	F-39	MS2F-12		CAMBRE	00:34:42	00:05:36	00:34:10	00:05:31	00:14:06	
361	710	LEIRE	RODRIGUEZ ALVAREZ	F-40	SNRF-13		CORUÑA (A)	00:34:45	00:05:37	00:34:21	00:05:33	00:13:39	
362	3027	PABLO	PARDO BERMÚDEZ	M-322	MS2M-103	INDEPENDIENTE	CORUÑA (A)	00:34:45	00:05:37	00:33:46	00:05:27	00:15:30	
363	416	CONSTANTE	PIÑEIRO RIÁDIGOS	M-323	MS1M-98		CORUÑA (A)	00:34:49	00:05:37	00:34:19	00:05:32	00:13:32	
364	154	CARLOS	CASTRO RODRIGUEZ	M-324	MS2M-104	NOSPORTLIMIT-TREK GALICIA	LARACHA (A)	00:34:49	00:05:37	00:34:18	00:05:32	00:13:38	
365	695	MIGUEL	VÁZQUEZ CARREIRA	M-325	MS1M-99		CORUÑA (A)	00:34:49	00:05:37	00:34:12	00:05:31	00:14:41	

366	3295	SARA	GÓMEZ FEÁS	F-41	SNRF-14			CORUÑA (A)	00:34:50	00:05:38	00:34:40	00:05:36	00:13:22	
367	3265	JOSE	VILELA MONTERO	M-326	MS4M-8			CORUÑA (A)	00:34:57	00:05:39	00:34:24	00:05:33	00:14:20	
368	418	SERGIO	POSE FERNÁNDEZ	M-327	SNRM-61			CORUÑA (A)	00:34:58	00:05:39	00:34:42	00:05:36	00:13:19	
369	1511	NANO	REY	M-328	SNRM-62	CORUNET		CORUÑA (A)	00:35:03	00:05:40	00:34:22	00:05:33	00:13:59	
370	1694	JAVIER	SUÁREZ CASTRO	M-329	SNRM-63			CORUÑA (A)	00:35:06	00:05:40	00:34:49	00:05:37	00:12:39	
371	117	RUBÉN	VILAR VÁZQUEZ	M-330	MS2M-105	ENTRENARUNNING		SANTIAGO DE COMF AG20629	00:35:06	00:05:40	00:34:10	00:05:31	00:15:12	
372	1700	ADELAIDA	DENIS ARMOA	F-42	SNRF-15			CORUÑA (A)	00:35:06	00:05:40	00:34:47	00:05:37	00:13:53	
373	3239	HOLGER	PALACIOS GUILLERMO	M-331	MS1M-100			CORUÑA (A)	00:35:10	00:05:41	00:34:38	00:05:36	00:14:41	
374	1512	ÓSCAR	CRUZ	M-332	MS2M-106	OSI		ALICANTE/ALACANT	00:35:10	00:05:41	00:34:44	00:05:36	00:13:58	
375	335	ANTONIO JOSÉ	LEIRAS MARTÍNEZ	M-333	MS1M-101			CORUÑA (A)	00:35:11	00:05:41	00:34:16	00:05:32	00:14:57	
376	629	VANESSA	PAZ ABRUÑEDO	F-43	MS1F-12			CORUÑA (A)	00:35:13	00:05:41	00:34:32	00:05:35	00:14:28	
377	576	PAULA	AVENDAÑO PÉREZ	F-44	SNRF-16			CORUÑA (A)	00:35:14	00:05:41	00:34:35	00:05:35	00:14:06	
378	1579	IVÁN	MONTERO DOMÍNGUEZ	M-334	MS1M-102			CULLEREDO	00:35:15	00:05:42	00:34:26	00:05:34	00:14:27	
379	186	MANUEL	ALBORS FERREIRO	M-335	MS1M-103			OLEIROS	00:35:17	00:05:42	00:34:40	00:05:36	00:13:56	
380	618	BEGOÑA	MARTINEZ LORENZO	F-45	MS2F-13			ARTEIXO	00:35:18	00:05:42	00:34:52	00:05:38	00:14:25	
381	243	JAVIER	COLLAZO PEREZ	M-336	MS2M-107			CORUÑA (A)	00:35:19	00:05:42	00:34:45	00:05:37	00:14:25	
382	1662	MARIANCHELLA	PIÑA ERAZO	F-46	SNRF-17			CORUÑA (A)	00:35:19	00:05:42	00:34:48	00:05:37	00:14:21	
383	1656	LUCIA	NAYA	F-47	SNRF-18			BETANZOS	00:35:19	00:05:42	00:34:49	00:05:37	00:14:01	
384	1622	CARMELA	BAO RIOS	F-48	SNRF-19			CORUÑA (A)	00:35:19	00:05:42	00:34:50	00:05:37	00:14:00	
385	1660	FÁTIMA	PENAS PAZ	F-49	MS2F-14			CORUÑA (A)	00:35:22	00:05:43	00:35:05	00:05:40	00:13:49	
386	293	BENIGNO	FUENTES VÁZQUEZ	M-337	MS3M-41			CORUÑA (A)	00:35:26	00:05:43	00:35:01	00:05:39	00:14:04	
387	3253	PABLO	ROEL MIRANDA	M-338	MS1M-104			ARTEIXO	00:35:28	00:05:44	00:34:25	00:05:33	00:15:13	
388	447	MANUEL FRANCISCO	RODRÍGUEZ FIGUEROA	M-339	MS3M-42			CORUÑA (A)	00:35:28	00:05:44	00:35:01	00:05:39	00:14:34	
389	3213	ANGEL LUIS	CASTRO CASTRO	M-340	MS2M-108	INDEPENDIENTE		CORUÑA (A)	00:35:29	00:05:44	00:34:25	00:05:34	00:15:07	
390	3229	ALEX	LOIS	M-341	MS1M-105			CORUÑA (A)	00:35:30	00:05:44	00:35:06	00:05:40	00:15:27	
391	425	MIGUEL	REGUEIRA PEREIRA	M-342	MS1M-106			CORUÑA (A)	00:35:31	00:05:44	00:34:58	00:05:39	00:14:22	
392	703	SUSANA	CATALÁN MORCILLO	F-50	MS2F-15			CORUÑA (A)	00:35:31	00:05:44	00:35:00	00:05:39	00:14:46	
393	3288	CARMEN	FERNANDEZ ALVAREZ	F-51	SNRF-20			CORUÑA (A)	00:35:32	00:05:44	00:35:03	00:05:40	00:13:58	
394	3101	DIEGO	DOPAZO MARTA	M-343	SUB20M-10			CORUÑA (A)	00:35:32	00:05:44	00:34:48	00:05:37	00:14:56	
395	3020	OSCAR	DOPAZO PENIN	M-344	MS2M-109			CORUÑA (A)	00:35:34	00:05:45	00:34:50	00:05:38	00:14:55	
396	501	MIGUEL ANGEL	VILARIÑO NUÑEZ	M-345	MS2M-110			CORUÑA (A)	00:35:35	00:05:45	00:35:14	00:05:41	00:13:47	
397	432	EMILIO	RIF GONZÁLEZ	M-346	MS2M-111			CORUÑA (A)	00:35:36	00:05:45	00:35:04	00:05:40	00:14:37	
398	3311	SARA	SÁNCHEZ PEREIRA	F-52	SNRF-21			CORUÑA (A)	00:35:36	00:05:45	00:34:56	00:05:38	00:14:37	
399	434	JOSÉ MANUEL	RIOS GIBELLO	M-347	MS3M-43			CORUÑA (A)	00:35:37	00:05:45	00:34:46	00:05:37	00:14:24	
400	354	NATALIO	LORENZO PINTOS	M-348	MS3M-44			CULLEREDO	00:35:40	00:05:46	00:35:10	00:05:41	00:14:32	
401	518	MAYTE	MEJUTO SOTO	F-53	MS2F-16	ATLETAS DE ACEA DE AMA		CULLEREDO	00:35:42	00:05:46	00:35:23	00:05:43	00:13:59	
402	1611	SOPHIE	TOLCHARD	F-54	SNRF-22	CLUB ATLETISMO SADA		SADA	00:35:43	00:05:46	00:35:11	00:05:41	00:14:55	
403	508	JAVIER	YÉPEZ ARÁMBULO	M-349	SNRM-64			CORUÑA (A)	00:35:43	00:05:46	00:34:47	00:05:37	00:15:47	
404	571	CRISTINA	ALONSO PEREZ	F-55	MS1F-13			CORUÑA (A)	00:35:48	00:05:47	00:35:18	00:05:42	00:14:38	
405	3326	DANEL	DE VRIES LOUREIRO	F-56	MS1F-14			ARTEIXO	00:35:52	00:05:48	00:35:35	00:05:45	00:13:45	
406	539	PILAR	FERNANDEZ ROMERO	F-57	MS3F-3	CLUB LA MOCHILA DEL DEPORTE		CORUÑA (A)	AG14471	00:35:56	00:05:48	00:35:50	00:05:47	00:13:54
407	3036	ANA BELEN	HERMIDA CARBALLO	F-58	MS2F-17	CLUB LA MOCHILA DEL DEPORTE		CORUÑA (A)	AG2016960	00:35:57	00:05:48	00:35:41	00:05:46	00:13:58
408	1648	LAURA	GUTIERREZ FERNANDEZ	F-59	MS1F-15			CORUÑA (A)	00:36:03	00:05:49	00:35:08	00:05:40	00:16:03	
409	586	SONIA MARÍA	CARRO RIOS	F-60	MS2F-18			CORUÑA (A)	00:36:04	00:05:49	00:35:47	00:05:47	00:14:06	
410	259	DANIEL	DÍAZ RAMUDO	M-350	SNRM-65			CORUÑA (A)	00:36:04	00:05:49	00:35:25	00:05:43	00:14:35	
411	3235	ANDREU	MORROS	M-351	MS3M-45			CORUÑA (A)	00:36:04	00:05:49	00:35:49	00:05:47	00:13:52	
412	588	LUCÍA	CASTRO	F-61	MS1F-16			CORUÑA (A)	00:36:04	00:05:49	00:35:43	00:05:46	00:13:54	
413	1653	IRIA	MATO CALVELO	F-62	SNRF-23			CORUÑA (A)	00:36:05	00:05:50	00:35:13	00:05:41	00:14:38	
414	3244	DAVID	PEDREIRA	M-352	MS1M-107			CORUÑA (A)	00:36:06	00:05:50	00:35:27	00:05:43	00:14:49	
415	3227	DIEGO	LAGO RAMOS	M-353	MS1M-108			CORUÑA (A)	00:36:06	00:05:50	00:35:27	00:05:43	00:14:49	
416	451	JAVIER	RODRÍGUEZ TORRES	M-354	MS1M-109			CORUÑA (A)	00:36:07	00:05:50	00:35:10	00:05:41	00:15:07	
417	708	MARÍA	MARTÍNEZ MOSQUERA	F-63	MS2F-19			CORUÑA (A)	00:36:09	00:05:50	00:35:49	00:05:47	00:14:09	
418	487	FABIÁN	VALCÁRCEL MARTÍNEZ	M-355	MS1M-110			CORUÑA (A)	00:36:12	00:05:51	00:35:56	00:05:48	00:13:43	
419	672	AVELINO	DOPAZO PONTE	M-356	MS3M-46			SADA	00:36:21	00:05:52	00:35:56	00:05:48	00:14:24	
420	643	MARYEM	SALI DUQUE	F-64	MS1F-17			CORUÑA (A)	00:36:23	00:05:52	00:35:30	00:05:44	00:15:31	
421	470	ALEJANDRO	SANTOS SÁNCHEZ	M-357	MS1M-111	INDEPENDIENTE		BETANZOS	00:36:25	00:05:53	00:35:32	00:05:44	00:15:56	
422	343	EDGAR	LOPEZ BRAVO	M-358	MS1M-112			CORUÑA (A)	00:36:27	00:05:53	00:35:15	00:05:42	00:15:45	
423	3302	MARÍA	MIRAGAYA MIRAGAYA	F-65	SNRF-24			CORUÑA (A)	00:36:28	00:05:53	00:35:43	00:05:46	00:15:29	
424	231	ALEJANDRO	CAÑADA MUÑOZ	M-359	MS3M-47			CORUÑA (A)	00:36:28	00:05:53	00:35:49	00:05:47	00:14:42	
425	1582	LUIS	OGEA BORBÓN	M-360	SNRM-66			CORUÑA (A)	00:36:28	00:05:53	00:35:29	00:05:44	00:15:44	
426	3231	ÁNGEL	LÓPEZ CASTRO	M-361	SNRM-67			NARÓN	00:36:28	00:05:53	00:35:43	00:05:46	00:15:29	
427	250	RUBEN	DARRIBA MONTECELO	M-362	MS2M-112			CORUÑA (A)	00:36:29	00:05:53	00:35:41	00:05:46	00:15:05	

428	50	MANUEL	VÁZQUEZ ALVEDRO	M-363	MS4M-9	ATLETAS DE ACEA DE AMA	CAMBRE	00:36:30	00:05:54	00:35:57	00:05:48	00:14:35	
429	3267	AITANA	FERNÁNDEZ RIVERA	F-66	SNRF-25	ATLETAS ACEA DE AMA	CULLEREDO	00:36:31	00:05:54	00:36:09	00:05:50	00:14:19	
430	1565	VICTOR	LAMELA VALDOMAR	M-364	MS1M-113		CORUÑA (A)	00:36:31	00:05:54	00:35:40	00:05:46	00:14:58	
431	478	RESTITUTO	SIMÓN LAGO	M-365	MS1M-114		FERROL	00:36:31	00:05:54	00:35:42	00:05:46	00:15:44	
432	277	ANTONIO	FERNÁNDEZ CARREIRA	M-366	MS3M-48		FERROL	00:36:32	00:05:54	00:35:43	00:05:46	00:15:45	
433	567	SARA	BARREIRA BLANCO	F-67	MS4F-1	RUNNING OLEIROS	CORUÑA (A)	00:36:33	00:05:54	00:36:16	00:05:51	00:14:35	
434	194	EDUARDO	ALVAREZ MAGALHAES	M-367	MS2M-113		CAMBRE	00:36:33	00:05:54	00:36:12	00:05:51	00:13:45	
435	3241	GONZALO	PARDO MARTÍNEZ	M-368	MS1M-115		CORUÑA (A)	00:36:36	00:05:55	00:35:29	00:05:44	00:15:29	
436	68	GABRIEL	ÁLVAREZ SILVAR	M-369	MS3M-49	CLUB ATLETISMO SADA	OLEIROS	00:36:40	00:05:55	00:36:27	00:05:53	00:13:53	
437	3254	OSCAR	ROSTRO GARCÍA	M-370	SUB20M-11		SAN CRISTÓBAL DE LA LAGUNA	00:36:45	00:05:56	00:36:11	00:05:51	00:13:42	
438	327	JOSÉ FRANCISCO	HURTADO DURÁN	M-371	MS2M-114		CORUÑA (A)	00:36:48	00:05:57	00:35:41	00:05:46	00:15:55	
439	649	NOELIA	SUÁREZ CRESPO	F-68	SNRF-26		BAÑA (A)	00:36:48	00:05:57	00:35:58	00:05:49	00:15:14	
440	408	ALBERTO	PEREZ MIRAMONTES	M-372	MS2M-115		CORUÑA (A)	00:36:49	00:05:57	00:36:10	00:05:50	00:15:04	
441	3230	JHONDER JOSÉ	LONGA JIMENEZ	M-373	SNRM-68		CORUÑA (A)	00:36:53	00:05:57	00:35:52	00:05:48	00:17:12	
442	404	EDUARDO	PEREYRA BRIANES	M-374	MS4M-10		CORUÑA (A)	00:36:56	00:05:58	00:35:59	00:05:49	00:15:44	
443	3321	SOFÍA	SÁNCHEZ	F-69	SNRF-27		CORUÑA (A)	00:36:56	00:05:58	00:36:30	00:05:54	00:15:18	
444	3001	DANIEL	LÓPEZ GONZÁLEZ	M-375	MS2M-116	A. D. DOWNHILL	CARBALLO	00:36:59	00:05:58	00:36:11	00:05:51	00:15:27	
445	1578	ALBERTO	MIGUÉLEZ GÓMEZ	M-376	SNRM-69		CORUÑA (A)	00:36:59	00:05:58	00:36:32	00:05:54	00:14:02	
446	3324	ANA ISABEL	ABAD BOUZAS	F-70	SNRF-28	EQUILATERO	CORUÑA (A)	00:37:00	00:05:58	00:36:41	00:05:55	00:14:21	
447	1502	DARIO	FERNÁNDEZ NAYA	M-377	MS2M-117	ATLETAS DE ACEA DE AMA	CAMBRE	00:37:01	00:05:59	00:36:25	00:05:53	00:15:16	
448	41	ENRIQUE	GÁNDARA ULLOA	M-378	MS3M-50	ATLETAS DE ACEA DE AMA	CAMBRE	A-6320	00:37:01	00:05:59	00:36:42	00:05:56	00:14:45
449	263	JUAN	DIEGUEZ GUERRERO	M-379	MS3M-51		CORUÑA (A)	00:37:03	00:05:59	00:36:20	00:05:52	00:15:21	
450	89	MANUEL	BEREA RUIZ	M-380	MS3M-52	CLUB HERCULES TERMARIA	CORUÑA (A)	00:37:03	00:05:59	00:36:21	00:05:52	00:15:21	
451	463	JORGE	SANCHEZ VELO	M-381	MS1M-116		CORUÑA (A)	00:37:05	00:05:59	00:36:07	00:05:50	00:15:34	
452	118	JULIO JOSÉ	GÓMEZ DÍAZ	M-382	MS2M-118	ERIKA PILATES TEAM	CORUÑA (A)	00:37:05	00:05:59	00:36:02	00:05:49	00:15:51	
453	1646	LUCIA	GUERRA CENDON	F-71	SNRF-29		CORUÑA (A)	00:37:07	00:06:00	00:36:25	00:05:53	00:14:47	
454	420	ENRIQUE JORGE	RAMA RODRÍGUEZ	M-383	MS3M-53		CORUÑA (A)	00:37:08	00:06:00	00:36:28	00:05:53	00:14:56	
455	3233	ADRIÁN	LÓPEZ RODRÍGUEZ	M-384	SNRM-70		CORUÑA (A)	00:37:09	00:06:00	00:36:57	00:05:58	00:14:03	
456	131	FERNANDO	MÍGUEZ FERNANDEZ	M-385	MS1M-117	MIERDA EMBOLSADA	CORUÑA (A)	00:37:11	00:06:00	00:36:35	00:05:55	00:14:33	
457	219	SEBASTIÁN	BUEDO FERNÁNDEZ	M-386	SNRM-71		CORUÑA (A)	00:37:11	00:06:00	00:36:26	00:05:53	00:15:04	
458	1528	RUBÉN	CASTRO RAMALLO	M-387	MS1M-118		BERGONDO	00:37:13	00:06:01	00:36:10	00:05:50	00:16:43	
459	589	CARMEN	CASTRO LEMA	F-72	MS1F-18		DUMBRIA	00:37:14	00:06:01	00:36:33	00:05:54	00:15:38	
460	515	RAQUEL	BOTANA GONZALEZ	F-73	MS2F-20	ATLETAS DE ACEA DE AMA	CAMBRE	00:37:14	00:06:01	00:36:38	00:05:55	00:15:16	
461	3040	ANNE MAY	FORRYAN SECCOMBE	F-74	MS3F-4		TEO	00:37:14	00:06:01	00:36:43	00:05:56	00:14:44	
462	46	FRANCISCO JAVIER	RODRIGUEZ FERREIRO	M-388	MS3M-54	ATLETAS DE ACEA DE AMA	CULLEREDO	00:37:15	00:06:01	00:36:38	00:05:55	00:15:02	
463	384	DAVID	OTERO REGO	M-389	MS2M-119		CORUÑA (A)	00:37:20	00:06:02	00:33:22	00:05:23	00:17:06	
464	3018	JESUS MATIAS	DOMINGUEZ GOMEZ	M-390	MS4M-11		LARACHA (A)	00:37:21	00:06:02	00:36:19	00:05:52	00:16:01	
465	520	ANGELES	RODRIGUEZ DEL RIO	F-75	MS4F-2	ATLETISMO ORDES	ORDES	00:37:24	00:06:02	00:37:15	00:06:01	00:14:18	
466	371	JOSE ANTONIO	MENDEZ PAMPIN	M-391	MS4M-12		CORUÑA (A)	00:37:25	00:06:02	00:36:35	00:05:55	00:16:14	
467	437	JOSE MARIA	RIVAS MOAR	M-392	MS2M-120		CAMBRE	00:37:25	00:06:03	00:36:35	00:05:55	00:16:02	
468	92	FRAN	FERNÁNDEZ-PEITEADO FERNÁNDEZ	M-393	MS2M-121	CLUB HERCULES TERMARIA	CORUÑA (A)	00:37:25	00:06:03	00:36:36	00:05:55	00:16:03	
469	644	SILVIA	SÁNCHEZ BASCOY	F-76	MS3F-5		CORUÑA (A)	00:37:29	00:06:03	00:37:13	00:06:01	00:14:38	
470	527	NOELIA	VÁZQUEZ CALVO	F-77	MS2F-21	CLUB ATLÉTICO BERGONDO	CAMBRE	AG10425	00:37:31	00:06:03	00:37:15	00:06:01	00:13:58
471	3035	MARIA DEL MAR	BARCÓN	F-78	MS3F-6	CLUB LA MOCHILA DEL DEPORTE	CULLEREDO	AG2026204	00:37:31	00:06:03	00:37:15	00:06:01	00:14:30
472	3038	LUCIA	VÁZQUEZ HERMIDA	F-79	SUB23F-1	LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:37:31	00:06:04	00:37:20	00:06:02	00:13:43	
473	3258	BRUNO	SANTIAGO VAZQUEZ	M-394	SNRM-72		CORUÑA (A)	00:37:32	00:06:04	00:36:44	00:05:56	00:15:13	
474	3010	JOSÉ MANUEL	RODRÍGUEZ TORREIRA	M-395	SNRM-73	TERRA DE SONEIRA C.D.	SANTA COMBA	00:37:33	00:06:04	00:36:51	00:05:57	00:14:48	
475	1501	DIEGO	TORRES	M-396	MS2M-122	ARTABROS	CORUÑA (A)	00:37:33	00:06:04	00:36:52	00:05:57	00:14:36	
476	3204	ALEJANDRO	ALBA AMIL	M-397	SNRM-74		CORUÑA (A)	00:37:33	00:06:04	00:36:33	00:05:54	00:16:11	
477	3252	IVÁN	RODRÍGUEZ GONZÁLEZ	M-398	SNRM-75		CORUÑA (A)	00:37:34	00:06:04	00:36:34	00:05:54	00:15:59	
478	97	ROI	BARROS CORRAL	M-399	MS1M-119	CLUB MARINEDA ATLETICO	CORUÑA (A)	AG2028396	00:37:34	00:06:04	00:36:58	00:05:58	00:15:11
479	319	ALBERTO	GONZALEZ IGLESIAS	M-400	SNRM-76		CORUÑA (A)	00:37:39	00:06:05	00:36:47	00:05:56	00:15:40	
480	3203	JOSÉ ANGEL	LOPEZ PEREZ	M-401	MS2M-123	ELY RUNNERS	ELY	EA3014498	00:37:43	00:06:05	00:37:18	00:06:01	00:14:53
481	329	RUBÉN	IGLESIAS PAYO	M-402	MS2M-124		CAMBRE	00:37:44	00:06:06	00:37:15	00:06:01	00:15:06	
482	396	DANIEL	PAZ ALEN	M-403	MS2M-125		CULLEREDO	00:37:46	00:06:06	00:36:52	00:05:57	00:15:52	
483	1705	PATRICIA	LÓPEZ	F-80	SNRF-30		SARRIA	00:37:47	00:06:06	00:37:23	00:06:02	00:14:56	
484	579	ANA	BLANCO SANMARTIN	F-81	MS3F-7		CORUÑA (A)	00:37:48	00:06:06	00:37:33	00:06:04	00:14:31	
485	3014	ALBERT	ALONSO REYES	M-404	SNRM-77		CORUÑA (A)	00:37:52	00:06:07	00:37:03	00:05:59	00:15:17	
486	246	SUSO	COUSILLAS	M-405	MS1M-120		CORUÑA (A)	00:37:54	00:06:07	00:37:32	00:06:04	00:14:49	
487	3218	JORGE	FERNÁNDEZ PÉREZ	M-406	SNRM-78		CORUÑA (A)	00:37:57	00:06:08	00:36:57	00:05:58	00:16:10	
488	205	ARTEM	AVERIN	M-407	MS1M-121		CULLEREDO	00:38:01	00:06:08	00:37:01	00:05:59	00:16:21	
489	1685	FRANCISCO	MARTÍNEZ GONZÁLEZ	M-408	MS2M-126		CORUÑA (A)	00:38:01	00:06:08	00:37:40	00:06:05	00:15:01	

490	168	JOSE ANTONIO	FIGUEIRAS MARTÍNEZ	M-409	SNRM-79	SD COMPOSTELA ATLETISMO	CORUÑA (A)	AG2072	00:38:02	00:06:08	00:36:56	00:05:58	00:15:42
491	334	PABLO	LEIRA CANEDO	M-410	MS1M-122		CORUÑA (A)		00:38:02	00:06:09	00:37:14	00:06:01	00:15:29
492	1556	ALVARO	GONZÁLEZ CASTRO	M-411	SNRM-80		ARTEIXO		00:38:03	00:06:09	00:37:43	00:06:05	00:14:28
493	479	JORGE JUAN	SOUTO SAN JOSE	M-412	MS2M-127		CULLEREDO		00:38:03	00:06:09	00:37:24	00:06:02	00:15:26
494	712	LUCÍA	VÁZQUEZ SESAR	F-82	SNRF-31		CULLEREDO		00:38:04	00:06:09	00:37:05	00:05:59	00:15:26
495	355	JOSE ANGEL	LORENZO RIVEIRO	M-413	MS2M-128		CULLEREDO		00:38:06	00:06:09	00:37:15	00:06:01	00:15:33
496	1621	SOFÍA	ÁLVAREZ	F-83	SNRF-32		CULLEREDO		00:38:09	00:06:10	00:37:28	00:06:03	00:15:32
497	426	MARTÍN	REY CUBERO	M-414	MS2M-129		CORUÑA (A)		00:38:13	00:06:10	00:37:23	00:06:02	00:16:04
498	306	JAIRO	GARCÍA RODRÍGUEZ	M-415	SNRM-81		CORUÑA (A)		00:38:14	00:06:10	00:37:38	00:06:05	00:15:43
499	421	ALBERTO	RAMOS CANCELO	M-416	MS2M-130		CORUÑA (A)		00:38:14	00:06:10	00:37:40	00:06:05	00:14:57
500	257	ALFONSO	DÍAZ PÉREZ	M-417	MS2M-131		CORUÑA (A)		00:38:15	00:06:11	00:37:57	00:06:08	00:14:26
501	547	ANABEL	CAAMAÑO BERMÚDEZ	F-84	MS1F-19	CLUBE ATLETISMO BOIMORTO	ARTEIXO	AG16951	00:38:15	00:06:11	00:37:29	00:06:03	00:16:13
502	581	CRISTINA	CALVIÑO GIL	F-85	MS2F-22		CULLEREDO		00:38:15	00:06:11	00:37:36	00:06:04	00:15:27
503	1652	ELSA	MARTÍNEZ FERNÁNDEZ	F-86	SNRF-33		ORTIGUEIRA		00:38:18	00:06:11	00:37:46	00:06:06	00:14:57
504	529	BETINA	FARALDO CALVO	F-87	MS2F-23	CLUB ATLETISMO SADA	OLEIROS		00:38:21	00:06:11	00:37:20	00:06:02	00:16:33
505	419	CARLOS MANUEL	QUEIRO POMBO	M-418	MS1M-123		CORUÑA (A)		00:38:22	00:06:12	00:37:49	00:06:06	00:14:36
506	251	MARCELINO	DE JUAN BARQUIN	M-419	MS4M-13		CORUÑA (A)		00:38:22	00:06:12	00:37:38	00:06:05	00:15:53
507	1632	BEGO	COIRA SÁNCHEZ	F-88	MS1F-20		CORUÑA (A)		00:38:25	00:06:12	00:37:38	00:06:05	00:16:00
508	204	IGNACIO	ASENSIO FUENTES	M-420	MS3M-55		CARNOTA		00:38:25	00:06:12	00:37:54	00:06:07	00:15:36
509	1644	MARÍA	GONZÁLEZ FERNÁNDEZ	F-89	SNRF-34		CORUÑA (A)		00:38:26	00:06:12	00:37:53	00:06:07	00:15:12
510	3234	AGUSTIN	MORAN	M-421	MS1M-124		ARTEIXO		00:38:27	00:06:12	00:37:31	00:06:03	00:15:40
511	3284	MARTA	CASTELLANOS	F-90	SNRF-35		CORUÑA (A)		00:38:27	00:06:13	00:38:11	00:06:10	00:15:01
512	587	UXÍA	CASAL BALDOMIR	F-91	SNRF-36		CAMBRE		00:38:28	00:06:13	00:37:59	00:06:08	00:15:15
513	682	JAVIER	LEJO SIERRA	M-422	MS1M-125		CORUÑA (A)		00:38:28	00:06:13	00:37:24	00:06:02	00:16:09
514	3277	CRISTINA	AMENEDO GONZÁLEZ	F-92	MS2F-24		CORUÑA (A)		00:38:30	00:06:13	00:38:10	00:06:10	00:15:08
515	3219	PEDRO LUIS	FERNÁNDEZ SUÁREZ	M-423	MS3M-56		CORUÑA (A)		00:38:34	00:06:14	00:37:39	00:06:05	00:16:21
516	1612	SUSANA	AMOR CASTRO	F-93	SUB20F-3	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:38:39	00:06:14	00:38:28	00:06:13	00:13:57
517	575	CHARLOTTE	ATKINS	F-94	SNRF-37		CORUÑA (A)		00:38:40	00:06:15	00:37:34	00:06:04	00:16:44
518	485	CESAR	THEMUDO GODAY	M-424	MS2M-132		CORUÑA (A)		00:38:43	00:06:15	00:37:52	00:06:07	00:16:11
519	322	FRANCISCO	GUILLÁN GARCÍA	M-425	MS2M-133		CORUÑA (A)		00:38:43	00:06:15	00:37:54	00:06:07	00:16:14
520	650	IRIA	SUÁREZ DÍAZ	F-95	MS1F-21		CORUÑA (A)		00:38:46	00:06:16	00:38:09	00:06:10	00:16:05
521	1610	ELENA	MAISON DÍAZ DE LA ROCHA	F-96	MS1F-22	CLUB ATLETISMO SADA	CORUÑA (A)		00:38:48	00:06:16	00:38:05	00:06:09	00:15:28
522	3275	PATRICIA	ALLEGUE	F-97	MS1F-23		IRIXOA		00:38:54	00:06:17	00:38:12	00:06:10	00:15:54
523	1561	LUCAS	GRIMM	M-426	SNRM-82		CORUÑA (A)		00:38:54	00:06:17	00:38:24	00:06:12	00:15:02
524	578	MONICA	BERMUDEZ POSE	F-98	SNRF-38		CORUÑA (A)		00:38:55	00:06:17	00:38:29	00:06:13	00:15:30
525	1684	MARTÍN	GRILLE JALLAS	M-427	SNRM-83		CORUÑA (A)		00:38:57	00:06:17	00:38:14	00:06:10	00:17:18
526	3021	ROBERTO	FIGUEROA SUÁREZ	M-428	MS3M-57		ARTEIXO		00:38:59	00:06:18	00:38:06	00:06:09	00:15:58
527	1679	MARCOS	BLANCO CARRASCO	M-429	SNRM-84		OZA DOS RÍOS		00:38:59	00:06:18	00:37:52	00:06:07	00:16:13
528	1548	JUAN	GARCÍA CATOIRA	M-430	SNRM-85		CORUÑA (A)		00:39:00	00:06:18	00:38:15	00:06:11	00:17:35
529	3289	ANA	FERNÁNDEZ BECERRA	F-99	SNRF-39		CORUÑA (A)		00:39:09	00:06:19	00:38:24	00:06:12	00:16:23
530	337	GUILLERMO	LIMIA BLANCO	M-431	MS2M-134		CAMBRE		00:39:10	00:06:19	00:38:30	00:06:13	00:16:02
531	594	BELEN	F.C.	F-100	MS2F-25		CORUÑA (A)		00:39:12	00:06:20	00:38:54	00:06:17	00:14:46
532	107	JAVIER	FERNÁNDEZ FRAGA	M-432	MS3M-58	CLUBE ATLETISMO BOIMORTO	ARTEIXO		00:39:13	00:06:20	00:38:22	00:06:12	00:16:53
533	3008	VICTOR	VEIGA AGUIÓN	M-433	MS1M-126	CLUBE ATLETISMO BOIMORTO	BETANZOS		00:39:13	00:06:20	00:38:29	00:06:13	00:16:05
534	3037	MARÍA BEGOÑA	CAJADE BLANCO	F-101	MS2F-26	CLUBE ATLETISMO BOIMORTO	ESTRADA (A)	AG2020396	00:39:13	00:06:20	00:38:28	00:06:13	00:16:05
535	1568	PABLO	LÁZARO ROSADO	M-434	MS1M-127		CORUÑA (A)		00:39:16	00:06:20	00:38:45	00:06:15	00:15:40
536	3305	NEREA	PARDO	F-102	MS1F-24		CORUÑA (A)		00:39:17	00:06:21	00:38:43	00:06:15	00:15:49
537	1699	ILLA	DEL CASTILLO	F-103	MS1F-25		CORUÑA (A)		00:39:18	00:06:21	00:38:45	00:06:15	00:15:50
538	519	LUCIA	VÁZQUEZ VENTUREIRA	F-104	MS2F-27	ATLETAS DE ACEA DE AMA	CAMBRE		00:39:22	00:06:21	00:38:45	00:06:15	00:16:21
539	585	SUSANA	CARBALLO PARADELO	F-105	MS1F-26		CORUÑA (A)		00:39:24	00:06:22	00:39:03	00:06:18	00:15:18
540	559	EVA	SANCHEZ MARTINEZ	F-106	MS3F-8	MIXMASTER RUNNING	CORUÑA (A)		00:39:25	00:06:22	00:38:34	00:06:14	00:16:41
541	3259	DIEGO	SUÁREZ LÓPEZ	M-435	MS1M-128		CULLEREDO		00:39:28	00:06:22	00:39:11	00:06:20	00:14:51
542	1604	ANDRES	VAZQUEZ PIÑEIRO	M-436	SNRM-86		VILASANTAR		00:39:29	00:06:22	00:38:53	00:06:17	00:16:12
543	638	LUCIA	RIVERA HERMIDA	F-107	SNRF-40		CORUÑA (A)		00:39:29	00:06:23	00:38:54	00:06:17	00:16:11
544	566	ISABEL	GIL BREIJO	F-108	MS2F-28	RUNNING ARTEIXO	ARTEIXO		00:39:32	00:06:23	00:38:52	00:06:16	00:15:49
545	646	PATRICIA	SEOANE CASTELO	F-109	SNRF-41		CORUÑA (A)		00:39:32	00:06:23	00:38:32	00:06:13	00:16:42
546	232	HECTOR	CARRERA GARCIA	M-437	SNRM-87		SADA		00:39:32	00:06:23	00:38:31	00:06:13	00:16:43
547	3296	ALBA	GÓMEZ RODRÍGUEZ	F-110	SNRF-42		CORUÑA (A)		00:39:33	00:06:23	00:38:41	00:06:15	00:15:52
548	3271	IRIA	GONZÁLEZ SANJUÁN	F-111	MS1F-27	BRUTANZOS TEAM	BETANZOS		00:39:34	00:06:23	00:38:48	00:06:16	00:16:43
549	700	MIRIAN	MORENO VASQUEZ	F-112	MS1F-28	MIRI	CORUÑA (A)		00:39:37	00:06:24	00:38:55	00:06:17	00:16:06
550	330	HUGO	IGLESIAS VIGIL	M-438	MS1M-129		CORUÑA (A)		00:39:42	00:06:25	00:38:50	00:06:16	00:16:29
551	604	SILVIA	GARCÍA SAAVEDRA	F-113	MS2F-29		CORUÑA (A)		00:39:42	00:06:25	00:38:42	00:06:15	00:16:40

552	3220	FRANCISCO JAVIER	FRAGUÍO COSTOYA	M-439	MS1M-130		CORUÑA (A)	00:39:44	00:06:25	00:38:37	00:06:14	00:16:59	
553	441	DAVID	RODRIGUEZ ALVAREZ	M-440	MS1M-131		CORUÑA (A)	00:39:55	00:06:27	00:38:56	00:06:17	00:17:08	
554	3319	LAURA	YÁÑEZ SOUSA	F-114	SNRF-43		CORUÑA (A)	00:39:56	00:06:27	00:39:34	00:06:23	00:16:07	
555	191	NÉSTOR	ÁLVAREZ	M-441	SNRM-88		CULLEREDO	00:39:56	00:06:27	00:38:57	00:06:17	00:16:51	
556	302	LUIS ANTONIO	GARCÍA LINARES	M-442	MS2M-135		CHANTADA	AG765560	00:39:58	00:06:27	00:38:51	00:06:16	00:17:07
557	458	FRANCISCO JAVIER	SALGADO BADÁS	M-443	MS2M-136		CORUÑA (A)	AG-11168	00:39:58	00:06:27	00:38:52	00:06:17	00:17:07
558	1588	VÍCTOR	PEDREIRA LOPEZ	M-444	MS1M-132		CORUÑA (A)	00:40:00	00:06:28	00:39:02	00:06:18	00:17:09	
559	1555	JAVIER	GONZÁLEZ	M-445	MS3M-59		CORUÑA (A)	00:40:02	00:06:28	00:38:55	00:06:17	00:16:32	
560	669	PABLO	BARCA GARCIA	M-446	MS2M-137		CORUÑA (A)	00:40:04	00:06:28	00:39:02	00:06:18	00:17:08	
561	1634	ARANZAZU	COTELO VÁZQUEZ	F-115	SNRF-44		CORUÑA (A)	00:40:09	00:06:29	00:39:28	00:06:22	00:16:20	
562	1572	JAVIER	LÓPEZ VARELA	M-447	MS3M-60		CORUÑA (A)	00:40:09	00:06:29	00:39:52	00:06:26	00:16:10	
563	362	ANGEL RAMON	MARTINEZ CAMBON	M-448	MS3M-61		CORUÑA (A)	00:40:10	00:06:29	00:39:44	00:06:25	00:15:39	
564	126	JUAN CARLOS	VÁZQUEZ GÓMEZ	M-449	MS2M-138	JUAN CARLOS	CORUÑA (A)	00:40:10	00:06:29	00:39:21	00:06:21	00:16:21	
565	345	MIGUEL	LÓPEZ CASTELO	M-450	MS1M-133		CORUÑA (A)	00:40:11	00:06:29	00:39:49	00:06:26	00:16:20	
566	1540	ALEJANDRO	FARIÑA COTARELO	M-451	MS2M-139		SADA	00:40:11	00:06:29	00:39:16	00:06:20	00:17:01	
567	655	MÓNICA	VÁZQUEZ AIRA	F-116	MS1F-29		CORUÑA (A)	00:40:14	00:06:30	00:39:41	00:06:24	00:16:15	
568	486	FRANCISCO JAVIER	UCHA DE LA BARRERA	M-452	MS3M-62		CORUÑA (A)	00:40:15	00:06:30	00:39:32	00:06:23	00:17:20	
569	121	FERNANDO	PEREZ SAN VICENTE	M-453	MS3M-63	FPSV	CORUÑA (A)	00:40:16	00:06:30	00:39:30	00:06:23	00:17:04	
570	435	ANTONIO	RIPAMONTI MONDELO	M-454	MS2M-140		CORUÑA (A)	00:40:19	00:06:31	00:39:52	00:06:26	00:15:52	
571	1703	ROSALÍA ISABEL	IZQUIERDO SOTO	F-117	MS3F-9		CORUÑA (A)	00:40:20	00:06:31	00:39:37	00:06:24	00:16:38	
572	641	MARÍA TERESA	ROMERO RAMOS	F-118	MS1F-30		CORUÑA (A)	00:40:25	00:06:31	00:39:27	00:06:22	00:16:53	
573	3242	ALBERTO	PARDO TOJA	M-455	MS2M-141		CORUÑA (A)	00:40:25	00:06:32	00:40:03	00:06:28	00:16:16	
574	465	FERNANDO	SANDÁ MACHO	M-456	MS3M-64		SADA	00:40:29	00:06:32	00:39:23	00:06:22	00:17:17	
575	3247	JORGE	PRECEDO REY	M-457	SNRM-89		OLEIROS	00:40:33	00:06:33	00:39:37	00:06:24	00:17:35	
576	3261	GUILLERMO	VARELA CHOUCIÑO	M-458	SNRM-90		CORUÑA (A)	00:40:39	00:06:34	00:39:27	00:06:22	00:17:42	
577	713	CARMEN	VAZQUEZ VEIGA	F-119	MS3F-10		CORUÑA (A)	00:40:40	00:06:34	00:39:32	00:06:23	00:17:22	
578	3256	GUILLERMO	SAAVEDRA SOTO	M-459	SNRM-91		FERROL	00:40:45	00:06:35	00:39:52	00:06:26	00:16:37	
579	680	ANTONIO JAVIER	HERNÁNDEZ GARCÍA	M-460	MS2M-142		ARTEIXO	00:40:46	00:06:35	00:39:55	00:06:27	00:17:04	
580	609	ESTEFANÍA	HERNÁNDEZ GARCÍA	F-120	MS1F-31		CORUÑA (A)	00:40:47	00:06:35	00:39:56	00:06:27	00:17:03	
581	324	ANTONIO	HERNÁNDEZ BARREIRO	M-461	MS4M-14		CORUÑA (A)	00:40:47	00:06:35	00:39:56	00:06:27	00:17:03	
582	1642	LAURA	FERNANDEZ FERNANDEZ	F-121	SNRF-45		OZA DOS RÍOS	00:40:49	00:06:35	00:39:55	00:06:27	00:16:39	
583	3297	LAURA	GONZALE VARELA	F-122	SNRF-46		ARTEIXO	00:40:49	00:06:35	00:39:37	00:06:24	00:17:42	
584	1626	CLARA	CAAMAÑO MAGALHAES	F-123	SNRF-47		CORUÑA (A)	00:40:49	00:06:35	00:39:56	00:06:27	00:17:18	
585	1690	ALEJANDRO	RODRÍGUEZ VILAR	M-462	MS1M-134		CORUÑA (A)	00:40:51	00:06:36	00:40:38	00:06:34	00:15:26	
586	699	MARÍA ELENA	CASTRO SABIO	F-124	MS3F-11	ATLETISMO CLUB SOCIAL BANCO PASTOR	CORUÑA (A)	00:40:52	00:06:36	00:40:24	00:06:31	00:16:57	
587	3322	LUCÍA	VAL PEÓN	F-125	MS1F-32		CORUÑA (A)	00:40:55	00:06:36	00:40:03	00:06:28	00:17:32	
588	1680	ALEXIS	CAMBARA PAMPILLO	M-463	MS1M-135		CORUÑA (A)	00:40:57	00:06:37	00:39:58	00:06:27	00:16:54	
589	1629	IRIA	CASTRO BARRO	F-126	SNRF-48		CORUÑA (A)	00:41:00	00:06:37	00:40:34	00:06:33	00:15:35	
590	197	ALONSO	ÁLVAREZ VENTOSO	M-464	MS3M-65		CORUÑA (A)	00:41:02	00:06:37	00:40:19	00:06:31	00:15:57	
591	3307	SABELA	RODRÍGUEZ REINO	F-127	SNRF-49		CORUÑA (A)	00:41:06	00:06:38	00:40:21	00:06:31	00:16:53	
592	1544	JORGE	FERREIRO NOVO	M-465	MS2M-143		CORUÑA (A)	00:41:08	00:06:38	00:40:10	00:06:29	00:17:22	
593	505	JOSE LUIS	VILLAR MORCILLO	M-466	MS3M-66		CORUÑA (A)	00:41:10	00:06:39	00:40:51	00:06:36	00:16:30	
594	468	GABRIEL	SANTOS ALONSO	M-467	MS1M-136		CORUÑA (A)	00:41:11	00:06:39	00:40:30	00:06:32	00:16:34	
595	704	MARTA	ESPERANZA LLERA	F-128	SNRF-50		CORUÑA (A)	00:41:11	00:06:39	00:40:31	00:06:33	00:16:36	
596	584	LUCÍA	CANABAL PAZOS	F-129	SNRF-51		CAMBRE	00:41:11	00:06:39	00:40:04	00:06:28	00:17:35	
597	3283	MARIA ALEJANDRA	CAMACHO VILLA	F-130	SNRF-52		BUCARAMANGA	00:41:13	00:06:39	00:40:09	00:06:29	00:17:31	
598	540	ELENA	GONZALEZ FERNANDEZ	F-131	MS2F-30	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:41:13	00:06:39	00:40:36	00:06:33	00:16:50	
599	555	ADRIANA	OTERO RODRIGUEZ	F-132	MS2F-31	LA MOCHILA DEL DEPORTE	CULLEREDO	00:41:14	00:06:39	00:40:36	00:06:33	00:16:51	
600	169	DAMIÁN	CAAMAÑO	M-468	SNRM-92	SONS OF POSEIDON	CORUÑA (A)	00:41:15	00:06:40	00:40:58	00:06:37	00:15:37	
601	230	LUCAS	CANZOBRE CASTELO	M-469	SNRM-93		CORUÑA (A)	00:41:17	00:06:40	00:40:18	00:06:30	00:17:16	
602	3042	MARINA	RODRIGUEZ CARIDE	F-133	MS2F-32		CORUÑA (A)	00:41:21	00:06:41	00:40:30	00:06:32	00:17:30	
603	622	LARA	MONTEAGUDO VARELA	F-134	MS1F-33		CORUÑA (A)	00:41:21	00:06:41	00:40:45	00:06:35	00:16:58	
604	598	PAMELA	FERNÁNDEZ PORTO	F-135	MS1F-34		CORUÑA (A)	00:41:21	00:06:41	00:40:46	00:06:35	00:16:58	
605	1663	SONIA	RIVERA	F-136	MS1F-35		OLEIROS	00:41:22	00:06:41	00:40:17	00:06:30	00:17:34	
606	570	ANDREA	ALONSO PEREZ	F-137	MS1F-36		CORUÑA (A)	00:41:29	00:06:42	00:40:24	00:06:31	00:17:12	
607	549	ANA	RODRÍGUEZ FREIRE	F-138	MS2F-33	CLUBE ATLETISMO BOIMORTO	ARTEIXO	AG16950	00:41:30	00:06:42	00:40:45	00:06:35	00:17:17
608	1635	HELENA	DARRIBA LINDIN	F-139	SNRF-53		RIBADEO	00:41:31	00:06:42	00:40:38	00:06:34	00:17:19	
609	1581	LUISITO	NUÑEZ LOSADA	M-470	SNRM-94		CORUÑA (A)	00:41:33	00:06:43	00:41:01	00:06:37	00:16:20	
610	3298	MARIA VANESA	IRALA GIMÉNEZ	F-140	SNRF-54		CORUÑA (A)	00:41:34	00:06:43	00:40:33	00:06:33	00:17:18	
611	3304	LILIANA RAMONA	OCAMPOS CÁCERES	F-141	SNRF-55		CORUÑA (A)	00:41:35	00:06:43	00:40:34	00:06:33	00:17:17	
612	1636	LUCIA	DE ESPONA PERNAS	F-142	MS1F-37		OLEIROS	00:41:36	00:06:43	00:40:41	00:06:34	00:17:28	
613	372	JOSÉ ANDRÉS	MONDELO GONZÁLEZ	M-471	MS3M-67		CORUÑA (A)	00:41:43	00:06:44	00:41:17	00:06:40	00:17:18	

676	630	SILVIA	PAZOS MONTERO	F-177	SNRF-66		CORUÑA (A)	00:45:16	00:07:18	00:44:22	00:07:10	00:18:36	
677	1557	ALBERTO	GONZÁLEZ CRESPO	M-500	SNRM-101		RÚA (A)	00:45:20	00:07:19	00:44:18	00:07:09	00:18:51	
678	3281	ANA	BARTOLOMÉ PALACIN	F-178	SNRF-67		CORUÑA (A)	00:45:21	00:07:19	00:44:55	00:07:15	00:18:18	
679	1643	FRANCISCA	GARRIDO PALMERO	F-179	SNRF-68		CORUÑA (A)	00:45:23	00:07:20	00:44:56	00:07:15	00:18:19	
680	1655	VERÓNICA	MOURIÑO GESTAL	F-180	MS1F-44		CORUÑA (A)	00:45:24	00:07:20	00:44:42	00:07:13	00:17:15	
681	526	CRISTINA	PRIETO SOUTO	F-181	MS2F-48	CLUB ATLÉTICO BERGONDO	CAMBRE	AG17005	00:45:25	00:07:20	00:44:46	00:07:14	00:18:05
682	640	OLGA	RODRIGUEZ SANCHEZ	F-182	MS2F-49		CORUÑA (A)	00:45:26	00:07:20	00:44:42	00:07:13	00:18:08	
683	378	MANUEL JAVIER	MUÑIZ SEIJAS	M-501	MS3M-72	INDEPENDIENTE	CORUÑA (A)	00:45:45	00:07:23	00:45:07	00:07:17	00:18:25	
684	1698	SILVIA	ÁLVARO RODRÍGUEZ	F-183	MS2F-50		CORUÑA (A)	00:45:49	00:07:24	00:45:15	00:07:18	00:18:14	
685	270	SANTIAGO	ERIS LOPEZ	M-502	MS3M-73		CORUÑA (A)	00:46:11	00:07:27	00:45:14	00:07:18	00:18:54	
686	3279	CLAUDIA	AVENDAÑO CUELLAR	F-184	MS1F-45		CORUÑA (A)	00:46:17	00:07:28	00:45:32	00:07:21	00:18:52	
687	631	ZOE	PENA SANDE	F-185	SNRF-69		CORUÑA (A)	00:47:10	00:07:37	00:46:24	00:07:29	00:19:12	
688	1671	SILVIA	VEIGA SÁNCHEZ	F-186	SNRF-70		CORUÑA (A)	00:47:12	00:07:37	00:46:44	00:07:33	00:17:28	
689	1587	ROBERTO	PAZOS SANTOS	M-503	SNRM-102		CORUÑA (A)	00:47:20	00:07:38	00:46:35	00:07:31	00:18:54	
690	1625	ANDREA	BLANCO EIROA	F-187	SNRF-71		CORUÑA (A)	00:47:20	00:07:39	00:46:35	00:07:31	00:18:55	
691	3273	RAQUEL	GUTIÉRREZ ARÉVALO	F-188	MS3F-16	CLUB ATLETICO BERGONDO	BERGONDO		00:47:30	00:07:40	00:46:53	00:07:34	00:18:39
692	628	ANA	PAZ	F-189	MS2F-51		CORUÑA (A)	00:47:31	00:07:40	00:46:25	00:07:30	00:19:14	
693	128	MARIO	CERNADAS LEIS	M-504	MS2M-52	MARÍNES ENKI	CORUÑA (A)	00:47:31	00:07:40	00:46:25	00:07:30	00:19:15	
694	1689	IAGO	RODRÍGUEZ LODEIRO	M-505	SUB23M-6		ARTEIXO	00:47:40	00:07:42	00:46:33	00:07:31	00:17:18	
695	3306	PATRICIA	PEREIRA DÍAS	F-190	MS1F-46		CORUÑA (A)	00:47:42	00:07:42	00:46:40	00:07:32		
696	1641	GRETHEL	ECHEVARRIA BOTTGER	F-191	SNRF-72		CORUÑA (A)	00:47:46	00:07:43	00:47:20	00:07:38	00:19:25	
697	3303	LEONOR	MOSTEIRO	F-192	SNRF-73		CORUÑA (A)	00:47:52	00:07:44	00:47:11	00:07:37	00:18:45	
698	3318	IRIS	VIDAL VÁZQUEZ	F-193	SNRF-74		CAMBRE	00:47:53	00:07:44	00:47:11	00:07:37	00:18:45	
699	3282	PILAR	BUGALLO CREO	F-194	MS2F-52		CORUÑA (A)	00:48:40	00:07:51	00:47:39	00:07:42	00:19:15	
700	142	BLAS MIGUEL	GARCÍA GARCÍA	M-506	MS1M-145	NOSPORTLIMIT	CARRAL	00:48:44	00:07:52	00:47:30	00:07:40	00:19:10	
701	1659	LAURA	NÚÑEZ CAMINERO	F-195	SNRF-75		CORUÑA (A)	00:48:47	00:07:52	00:47:33	00:07:41	00:19:11	
702	569	PATRICIA	ABAD	F-196	MS1F-47		CAMBRE	00:49:19	00:07:58	00:48:24	00:07:49	00:19:54	
703	1545	JACOBO	FORMIGO GARCÍA	M-507	MS2M-153		CORUÑA (A)	00:49:55	00:08:03	00:48:49	00:07:53	00:19:25	
704	1614	ERKUDEN	LANZ GOICOECHEA	F-197	MS2F-53	CLUB MARINEDA ATLETICO	CORUÑA (A)	00:49:57	00:08:04	00:48:57	00:07:54	00:19:45	
705	1601	FELISARDO	VÁZQUEZ ARAUJO	M-508	MS2M-154		CORUÑA (A)	00:49:57	00:08:04	00:48:57	00:07:54	00:19:45	
706	3103	ROCÍO	FERNÁNDEZ FREIRE	F-198	MS1F-48		CORUÑA (A)	00:50:25	00:08:08	00:49:32	00:08:00	00:19:37	
707	241	MANUEL	CID FERNÁNDEZ	M-509	MS4M-17		CORUÑA (A)	00:50:26	00:08:08	00:49:24	00:07:58	00:19:47	
708	3285	MAITE	COUTO DOMINGUEZ	F-199	MS3F-17		ABEGONDO	00:50:40	00:08:11	00:49:41	00:08:01	00:19:31	
709	614	INÉS	MANTEIGA VÁZQUEZ	F-200	MS2F-54		CORUÑA (A)	00:50:48	00:08:12	00:49:57	00:08:04	00:19:44	
710	215	JESUS	BERNAL GOMEZ	M-510	MS4M-18	INDEPENDIENTE	FERROL	00:51:06	00:08:15	00:50:48	00:08:12	00:20:10	
711	705	ÁNGELA	FERNÁNDEZ PIÑEIRO	F-201	SNRF-76		CORUÑA (A)	00:52:03	00:08:24	00:51:05	00:08:15	00:20:38	
712	1701	MARIA GABRIELA	ENRIQUEZ GONZÁLEZ	F-202	SNRF-77		OLEIROS	00:52:09	00:08:25	00:51:04	00:08:15	00:20:33	
713	3276	EVA	ÁLVAREZ PEREIRA	F-203	SNRF-78		MUGARDOS	00:52:15	00:08:26	00:51:35	00:08:20	00:20:04	
714	1677	IVÁN	ÁLVAREZ	M-511	SNRM-103		CORUÑA (A)	00:52:35	00:08:29	00:52:03	00:08:24	00:20:25	
715	1669	TANIA	TAIBO BORRAZÁS	F-204	SNRF-79		ARTEIXO	00:53:07	00:08:34	00:52:21	00:08:27	00:20:47	
716	3270	JESSICA	CARBALLEIRA DÍAZ	F-205	SNRF-80	BODORRIO	CORUÑA (A)	00:54:28	00:08:48	00:53:33	00:08:39	00:20:55	
717	3269	ANDREA	CARBALLEIRA DÍAZ	F-206	SNRF-81	BODORRIO	CORUÑA (A)	00:54:29	00:08:48	00:53:34	00:08:39	00:20:56	
718	3280	OLALLA	BARREIRO CEDEIRA	F-207	MS1F-49		ARTEIXO	00:54:29	00:08:48	00:53:33	00:08:39	00:20:56	
719	3268	TAMARA	BARREIRO CEDEIRA	F-208	MS1F-50	BODORRIO	ARTEIXO	00:54:30	00:08:48	00:53:34	00:08:39	00:20:44	

XI CARREIRA POPULAR VOLTA A OZA

SUB16/SUB18

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidade	Licenza	T. Oficial	Ritmo	T. KM 0,8	T. KM 1,6
1	6102	JUAN	BOUZON BLANCO	M-1	SUB18M-1	CLUB NATACIÓN ARTABRIA	SADA		00:07:31	00:03:08	00:02:23	00:04:58
2	5812	RAUL	NAVEIRA	M-2	SUB18M-2	MAR DE ARTABRIA	CORUÑA (A)		00:07:48	00:03:15	00:02:23	00:05:02
3	5811	ANDRÉS	GOMES REZENDE	M-3	SUB18M-3	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:07:55	00:03:18	00:02:34	00:05:17
4	6115	MAURO	RODRÍGUEZ ÁLVAREZ	M-4	SUB16M-1	CLUB ATLETISMO SADA	OLEIROS		00:08:00	00:03:20	00:02:33	00:05:20
5	5619	PABLO	VÁZQUEZ MAIZTEGUI	M-5	SUB16M-2	CLUB ATLETISMO NARÓN	FERROL		00:08:02	00:03:21	00:02:36	00:05:22
6	5625	ENRIQUE	CUIÑA FERNÁNDEZ	M-6	SUB16M-3	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:08:06	00:03:23	00:02:36	00:05:23
7	5654	ADRIÁN	SÁNCHEZ MACEIRAS	M-7	SUB18M-4	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:08:11	00:03:25	00:02:40	00:05:29
8	5627	DIEGO	AMBITE SANTANA	M-8	SUB16M-4		CAMBRE		00:08:15	00:03:26	00:02:36	00:05:24
9	5652	IKER	LAVANDEIRA RODRIGUEZ	M-9	SUB18M-5	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:08:19	00:03:28	00:02:33	00:05:24
10	5616	ALEJANDRO	FREIRE PATO	M-10	SUB16M-5	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:08:20	00:03:29	00:02:40	00:05:34
11	5805	DAVID	LOUSA CRESPO	M-11	SUB16M-6	CLUB ATLETISMO RIAZOR	CORUÑA (A)		00:08:21	00:03:29	00:02:43	00:05:37
12	5653	VÍCTOR	CORTÉS BEREÁ	M-12	SUB18M-6	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:08:28	00:03:32	00:02:42	00:05:37
13	5657	IÑIGO	FERNANDEZ-PEITEADO ECHEVERRÍA	M-13	SUB18M-7	CLUB HERCULES TERMARIA	CORUÑA (A)		00:08:29	00:03:33	00:02:43	00:05:37
14	5806	ADRIAN	PAZ CELEIRO	M-14	SUB16M-7	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:08:36	00:03:35	00:02:36	00:05:33
15	5615	XABI	CAMBA VÁZQUEZ	M-15	SUB16M-8	ATLETISMO CORUÑA COMARCA	CULLEREDO		00:08:53	00:03:42	00:02:51	00:05:56
16	5648	LEIRE	GARCÍA PICO	F-1	SUB16F-1	CLUB MAR DE ARTABRIA	OLEIROS		00:08:57	00:03:44	00:02:54	00:06:00
17	5638	MARTA	ALONSO PÉREZ	F-2	SUB16F-2	ATLETISMO RIAZOR CORUÑA	CULLEREDO		00:08:59	00:03:45	00:02:54	00:06:00
18	5617	MIGUEL	REAL DIEGUEZ	M-16	SUB16M-9	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:09:01	00:03:46	00:02:51	00:05:56
19	5656	MANUEL	BELLO VILARIÑO	M-17	SUB18M-8	CLUB HERCULES TERMARIA	CORUÑA (A)		00:09:05	00:03:47	00:02:54	00:06:00
20	5620	MANUEL	MACEIRAS RODRIGUEZ	M-18	SUB16M-10	CLUB ATLETISMO SADA	OLEIROS		00:09:09	00:03:49	00:02:53	00:06:00
21	6100	HÉCTOR	LÓPEZ AGUIAR	M-19	SUB16M-11	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:09:14	00:03:51	00:02:54	00:06:07
22	5622	PABLO	BARRADO POLO	M-20	SUB16M-12	CLUB HERCULES TERMARIA	CORUÑA (A)		00:09:21	00:03:54	00:02:55	00:06:16
23	5643	VICTORIA	TOMÉ CARRASCO	F-3	SUB16F-3	CLUB ATLETISMO SADA	OLEIROS		00:09:22	00:03:54	00:03:01	00:06:15
24	6103	PAULA	VÁZQUEZ HERMIDA	F-4	SUB18F-1	LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:09:23	00:03:55	00:03:00	00:06:16
25	5655	CRISTIAN	GESTO LÓPEZ	M-21	SUB18M-9	CLUB ATLÉTICO BERGONDO	BERGONDO		00:09:26	00:03:56	00:02:55	00:06:16
26	5639	ANTÍA	LÓPEZ MOLINELLI	F-5	SUB16F-4	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:09:29	00:03:57	00:02:58	00:06:16
27	6104	ANA	ÉZARA ANDRADE	F-6	SUB16F-5	A.D. FOGAR	CORISTANCO		00:09:49	00:04:06	00:03:03	00:06:29
28	5644	SARA	GUNDIN RODRIGUEZ	F-7	SUB16F-6	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:09:58	00:04:10	00:03:08	00:06:34
29	5635	MARTINA	CASTELO SÁNCHEZ	F-8	SUB16F-7	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:10:10	00:04:15	00:03:14	00:06:41
30	5632	FRANCISCO JAVIER	PÉREZ MARTÍNEZ	M-22	SUB16M-13		CORUÑA (A)		00:10:15	00:04:17	00:03:04	00:06:35
31	5641	LAURA	ANNICHIARICO BARREIRO	F-9	SUB16F-8	CLUB ATLETISMO SADA	CORUÑA (A)		00:10:16	00:04:17	00:03:06	00:06:37
32	5808	IRIA	MARTÍNEZ MANTIÑÁN	F-10	SUB16F-9	CLUB HERCULES TERMARIA	CORUÑA (A)		00:10:36	00:04:25	00:03:13	00:06:55
33	5645	ANTÍA	IGLESIAS GARCIA-RAPOSO	F-11	SUB16F-10	CLUB LA MOCHILA DEL DEPORTE	CAMBRE		00:10:40	00:04:27	00:03:18	00:06:58
34	6099	ÁLVARO	DURÁN	M-23	SUB16M-14	CLUB MAR DE ARTABRIA	CORUÑA (A)		00:10:49	00:04:31	00:03:14	00:06:59
35	6101	ADELA	COUCEIRO GARCÍA	F-12	SUB16F-11		CORUÑA (A)		00:10:51	00:04:32	00:03:13	00:07:06
36	5815	CARLA	GÓMEZ MONTERO	F-13	SUB18F-2	CLUB LA MOCHILA DEL DEPORTE	CAMBRE		00:10:52	00:04:32	00:03:16	00:07:05
37	5647	NOA	VÁZQUEZ FUENTES	F-14	SUB16F-12	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:10:58	00:04:34	00:03:15	00:07:06
38	5817	CANDELA	VELÁZQUEZ MARTÍNEZ	F-15	SUB18F-3	CLUB LA MOCHILA DEL DEPORTE	CAMBRE		00:11:07	00:04:38	00:03:16	00:07:04
39	5662	CARLA	IGLESIAS AMIAMA	F-16	SUB18F-4	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:11:17	00:04:42	00:03:13	00:07:08
40	5650	LÍA	LOPEZ MONTEAGUDO	F-17	SUB16F-13		CORUÑA (A)		00:11:24	00:04:45	00:03:35	00:07:33
41	5668	FATIMA	BERMUDEZ CARRETERO	F-18	SUB18F-5		CORUÑA (A)		00:11:35	00:04:50	00:03:35	00:07:35

XI CARREIRA POPULAR VOLTA A OZA

SUB14

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidade	Licenza	T. Oficial	Ritmo	T. KM 0,8
1	5570	ANTÓN	VIÑA LÓPEZ	M-1	SUB14M-1	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:05:47	00:03:31	00:03:00
2	5566	HUGO	OUBEL LORENZO	M-2	SUB14M-2	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:05:52	00:03:34	00:03:00
3	5562	DIEGO	RODRÍGUEZ FERNÁNDEZ	M-3	SUB14M-3	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:05:54	00:03:35	00:03:00
4	5793	MATEO	DÍAZ SANMARTÍN	M-4	SUB14M-4	CLUB TRIATLÓN BETANZOS	BETANZOS		00:05:57	00:03:37	00:03:00
5	5791	ALEX	CASAL ALONSO	M-5	SUB14M-5	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:05:58	00:03:37	00:02:59
6	6094	MATEO	BOUZÓN BLANCO	M-6	SUB14M-6	CLUB NATACIÓN ARTABRIA	SADA		00:06:00	00:03:38	00:03:00
7	5561	JORGE	RODRÍGUEZ COTROFE	M-7	SUB14M-7	ADFOGAR	CORUÑA (A)		00:06:01	00:03:39	00:03:00
8	5596	CLAUDIA	CORTON PEREZ	F-1	SUB14F-1	CLUB ATLETISMO SADA	OLEIROS		00:06:09	00:03:44	00:03:05
9	5609	ALBA	PORTO LÓPEZ	F-2	SUB14F-2	MAR DE ARTABRIA	OLEIROS		00:06:11	00:03:45	00:03:05
10	5605	BERTA	CAMESELLE JUIZ	F-3	SUB14F-3	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:06:16	00:03:48	00:03:08
11	5575	NICOLAS	FREIRE PATO	M-8	SUB14M-8		CORUÑA (A)		00:06:28	00:03:55	00:03:02
12	5597	ELENA	IGLESIAS DÍAZ	F-4	SUB14F-4	CLUB ATLETISMO SADA	CULLEREDO		00:06:30	00:03:56	00:03:14
13	5606	ALMA	GANDOY CARMUEGA	F-5	SUB14F-5	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:06:30	00:03:57	00:03:14
14	5610	CANDELA	CASTELO SANCHEZ	F-6	SUB14F-6		CORUÑA (A)		00:06:40	00:04:02	00:03:18
15	5586	GONZALO	TAIBO DOCAMPO	M-9	SUB14M-9		OLEIROS		00:06:46	00:04:06	00:03:17
16	5565	PEDRO	LLAMAS BERMUDEZ	M-10	SUB14M-10	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:06:48	00:04:07	00:03:16
17	5574	MAURO	FERNÁNDEZ LOPEZ	M-11	SUB14M-11		CORUÑA (A)		00:06:49	00:04:08	00:03:19
18	5790	HUGO	CARREIRA VILLAMOR	M-12	SUB14M-12		CORUÑA (A)		00:06:58	00:04:13	00:03:18
19	5577	PABLO	GIL PINTADO	M-13	SUB14M-13		CORUÑA (A)		00:06:58	00:04:14	00:03:30
20	5567	ADRIÁN	PATIÑO DORADO	M-14	SUB14M-14	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:07:02	00:04:16	00:03:26
21	5799	CARMEN	DIAZ PEREZ	F-7	SUB14F-7	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:07:02	00:04:16	00:03:23
22	5576	MIGUEL	GARCIA FREIRE	M-15	SUB14M-15		CORUÑA (A)		00:07:06	00:04:18	00:03:29
23	5608	ANTÍA	LÓPEZ LÓPEZ	F-8	SUB14F-8	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:07:06	00:04:19	00:03:28
24	5802	PAULA	LÓPEZ ALBELA	F-9	SUB14F-9	CLUB HERCULES TERMARIA	CORUÑA (A)		00:07:14	00:04:23	00:03:36
25	5801	CARLA	LÓPEZ ALBELA	F-10	SUB14F-10	CLUB HERCULES TERMARIA	CORUÑA (A)		00:07:14	00:04:23	00:03:36
26	5797	MAURO	MARTÍNEZ MANTIÑÁN	M-16	SUB14M-16	CLUB HERCULES TERMARIA	CORUÑA (A)		00:07:14	00:04:23	00:03:36
27	5599	VALERIA	MARTÍNEZ PINAZAS	F-11	SUB14F-11	CLUB ATLETISMO SADA	CORUÑA (A)		00:07:25	00:04:30	00:03:31
28	5594	LEIRE	GARCÍA MOSTEIRO	F-12	SUB14F-12	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:07:30	00:04:33	00:03:34
29	5607	ANA MARÍA	GUERRERO PEREIRA	F-13	SUB14F-13	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:07:33	00:04:35	00:03:28
30	5583	ADRIÁN	RENDAL CAMBA	M-17	SUB14M-17		CORUÑA (A)		00:08:05	00:04:54	00:03:57
31	6095	MATEO	DE LA CAL FERNÁNDEZ	M-18	SUB14M-18		CORUÑA (A)		00:08:19	00:05:03	00:03:56
32	5611	MARTA	OTERO SÁNCHEZ	F-14	SUB14F-14		CAMBRE		00:08:20	00:05:03	00:03:52
33	5578	HUGO	HERNANDEZ ALCALDE	M-19	SUB14M-19		CORUÑA (A)		00:08:21	00:05:04	00:03:49

XI CARREIRA POPULAR VOLTA A OZA

SUB12 FEMININA

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidade	Licenza	T. Oficial	Ritmo
1	5518	LUCIA	GUNDIN RODRIGUEZ	F-1	SUB12F-1	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:02:56	00:03:37
2	5515	ICIA	LOPEZ OJEN	F-2	SUB12F-2	CLUB ATLETISMO SADA	SADA		00:02:57	00:03:39
3	5519	NOA	REY PRIETO	F-3	SUB12F-3	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:03:01	00:03:43
4	5788	PAULA	MORALES PEDREIRA	F-4	SUB12F-4	CLUB MARINEDA ATLETICO	CARRAL		00:03:02	00:03:45
5	5539	ARIANE	GARCIA RODRIGUEZ	F-5	SUB12F-5		CORUÑA (A)		00:03:07	00:03:51
6	5523	IRIA	PERNAS NÚÑEZ	F-6	SUB12F-6	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:09	00:03:53
7	5520	CORA	REY RAMOS	F-7	SUB12F-7	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:03:10	00:03:55
8	6106	PAULA	TABOADA GARCÍA	F-8	SUB12F-8		CORUÑA (A)		00:03:13	00:03:59
9	5542	MARTA	JACOME FERNANDEZ	F-9	SUB12F-9	CLUB ATLETISMO SADA	CORUÑA (A)		00:03:15	00:04:00
10	5525	ANNE	PORTO LÓPEZ	F-10	SUB12F-10	MAR DE ARTABRIA	OLEIROS		00:03:15	00:04:01
11	5551	CARLA	SUÁREZ SUÁREZ	F-11	SUB12F-11		RIBEIRA		00:03:21	00:04:08
12	5528	EMMILY	ÁVILA ÁNGEL	F-12	SUB12F-12		CORUÑA		00:03:27	00:04:15
13	5524	LUISA	SÁNCHEZ REY	F-13	SUB12F-13	LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:29	00:04:18
14	5526	JULIETA	ALBA MUIÑO	F-14	SUB12F-14		CORUÑA (A)		00:03:33	00:04:23
15	5517	EMMA	BAHAMONDE SEIJO	F-15	SUB12F-15	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:34	00:04:24
16	5544	IRENE	LAGARES BARCALA	F-16	SUB12F-16		CORUÑA (A)		00:03:34	00:04:24
17	5509	JULIETA	LÓPEZ SÁNCHEZ	F-17	SUB12F-17	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:03:34	00:04:25
18	5787	ELBA	DÍAZ SANMARTÍN	F-18	SUB12F-18	CLUB TRIATLÓN BETANZOS	BETANZOS		00:03:36	00:04:26
19	5554	XIANA	URES COLLAZO	F-19	SUB12F-19		CORUÑA (A)		00:03:37	00:04:27
20	6093	VALERIE	RENDON RAMÍREZ	F-20	SUB12F-20		CORUÑA (A)		00:03:41	00:04:33
21	5546	LUCÍA	OTERO SÁNCHEZ	F-21	SUB12F-21		CAMBRE		00:03:42	00:04:34
22	5541	MARIA	JACOME FERNANDEZ	F-22	SUB12F-22	CLUB ATLETISMO SADA	CORUÑA (A)		00:03:43	00:04:35
23	5538	CARMEN	FUENTES ALONSO	F-23	SUB12F-23		CORUÑA (A)		00:03:47	00:04:40
24	5557	DANIELA	VELASQUEZ MIRANDA	F-24	SUB12F-24		CORUÑA (A)		00:03:49	00:04:42
25	5550	LUCIA	SOUTO MARTÍN	F-25	SUB12F-25		CORUÑA (A)		00:03:50	00:04:43
26	5537	SOFÍA	FRAGUAS RODRÍGUEZ	F-26	SUB12F-26		CORUÑA (A)		00:03:51	00:04:45
27	5540	SIRA	GIL PINTADO	F-27	SUB12F-27		CORUÑA (A)		00:03:51	00:04:45
28	5789	AINARA	PÉREZ ARIAS	F-28	SUB12F-28		CULLEREDO		00:03:51	00:04:45
29	5530	CLAUDIA	BELLÓN CURRÁS	F-29	SUB12F-29		CORUÑA (A)		00:03:52	00:04:46
30	5536	MARINA	FERNÁNDEZ RODRÍGUEZ	F-30	SUB12F-30		CORUÑA (A)		00:03:53	00:04:48
31	5510	ELENA	RIVAS VÁZQUEZ	F-31	SUB12F-31	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:03:58	00:04:54
32	6092	ZOE	LÓPEZ AGUIAR	F-32	SUB12F-32	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:04:06	00:05:03
33	5527	MARINA	ANAYA SILVEIRA	F-33	SUB12F-33		CORUÑA (A)		00:04:06	00:05:04
34	5553	CATALINA	TAIBO DOCAMPO	F-34	SUB12F-34		OLEIROS		00:04:07	00:05:05
35	5512	ANTÍA	GARCÍA MARTÍNEZ	F-35	SUB12F-35	CEIP JUAN FERNANDEZ LATORRE	CORUÑA (A)		00:04:11	00:05:09
36	6091	LOLA	FERNÁNDEZ TRASANCOS	F-36	SUB12F-36		CORUÑA (A)		00:04:12	00:05:11
37	5558	DANIELA	VIEITES SANDÁ	F-37	SUB12F-37		CORUÑA (A)		00:04:19	00:05:20
38	5543	LUCÍA	JANEIRO CALLE	F-38	SUB12F-38		CORUÑA (A)		00:04:20	00:05:21

39	5535	ESTELA	FERNÁNDEZ LÓPEZ	F-39	SUB12F-39		CORUÑA (A)	00:04:20	00:05:21
40	5534	EMMA	FERNANDEZ DEIBE	F-40	SUB12F-40		CORUÑA (A)	00:04:27	00:05:30
41	5532	MARÍA	CABARCOS TEIJEIRO	F-41	SUB12F-41		CORUÑA (A)	00:04:29	00:05:32
42	5516	INÉS	LÓPEZ ALFONSO	F-42	ESPF-1	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO	00:09:38	00:11:54

XI CARREIRA POPULAR VOLTA A OZA

SUB12 MASCULINO

Clasificación Xeral

Puesto	Dorsal	Nombre	Apellidos	Género	Categoría	Club	Localidad	Licencia	T. Oficial	Ritmo
1	5484	SERGIO	COIRA PIER	M-1	SUB12M-1	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:02:40	00:03:17
2	5497	THIAGO	LÓPEZ RODRÍGUEZ	M-2	SUB12M-2		CORUÑA (A)		00:02:41	00:03:19
3	5485	VÍTOR	OUBEL LORENZO	M-3	SUB12M-3	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:02:43	00:03:21
4	5493	DIEGO	FERNÁNDEZ RODRÍGUEZ	M-4	SUB12M-4		OLEIROS		00:02:48	00:03:27
5	5474	NICOLAS	AMADO PREGO	M-5	SUB12M-5	CLUB ATLETISMO SADA	CORUÑA (A)		00:02:49	00:03:28
6	5472	MATEO	PEDREIRA FUENTES	M-6	SUB12M-6	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:02:49	00:03:29
7	5476	MARTÍN	MONTERO BELLAS	M-7	SUB12M-7	CLUB ATLETISMO SADA	SADA		00:02:50	00:03:30
8	5482	GAEL	COUCE JERÉZ	M-8	SUB12M-8	CLUB LA MOCHILA DEL DEPORTE	CULLEREDO		00:02:58	00:03:39
9	5486	ESTEVO	LEIRA PÉREZ	M-9	SUB12M-9	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:00	00:03:42
10	5782	ALVARO	DIAZ PEREZ	M-10	SUB12M-10	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:00	00:03:42
11	5471	DAVID	GANDOY CARMUEGA	M-11	SUB12M-11	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:03:07	00:03:51
12	5483	MARIO	LLAMAS BERMUDEZ	M-12	SUB12M-12	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:07	00:03:51
13	5779	FABIO	AVELLANEDA VÁZQUEZ	M-13	SUB12M-13	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:08	00:03:52
14	5784	DIEGO	GONZÁLEZ VEIRA	M-14	SUB12M-14		CORUÑA (A)		00:03:09	00:03:53
15	5783	ANTON	GARCIA GOMEZ	M-15	SUB12M-15	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:10	00:03:55
16	5508	ENZO	VÁZQUEZ HERVADA	M-16	SUB12M-16		CORUÑA (A)		00:03:14	00:03:59
17	5473	GABRIEL	PÉREZ CANDAL	M-17	SUB12M-17	ATLETISMO RIAZOR CORUÑA	ARTEIXO		00:03:17	00:04:03
18	5499	MARCOS	MARTINEZ CANOSA	M-18	SUB12M-18		CORUÑA (A)		00:03:17	00:04:04
19	5507	IAGO	VÁZQUEZ BALADRON	M-19	SUB12M-19		CORUÑA (A)		00:03:20	00:04:07
20	6084	PABLO	ALCAIDE EITOR	M-20	SUB12M-20		CORUÑA (A)		00:03:29	00:04:18
21	5504	ANXO	RODRÍGUEZ PAMPÍN	M-21	SUB12M-21		CORUÑA (A)		00:03:30	00:04:19
22	5479	IVÁN	LÓPEZ ALFONSO	M-22	SUB12M-22	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO		00:03:32	00:04:21
23	5505	LEO	SANTOS IGLESIAS	M-23	SUB12M-23		CORUÑA (A)		00:03:32	00:04:21
24	5490	MARCO	ANAYA SILVEIRA	M-24	SUB12M-24		CORUÑA (A)		00:03:32	00:04:22
25	5478	ROQUE	PARDO REDONDO	M-25	SUB12M-25	CLUB COMPAÑÍA DE MARÍA	CORUÑA (A)		00:03:36	00:04:27
26	5496	MARTIÑO	GÓMEZ ORTEGA	M-26	SUB12M-26		CORUÑA (A)		00:03:43	00:04:35
27	6086	ADRIÁN	GARAY AMIGO	M-27	SUB12M-27		CORUÑA (A)		00:03:43	00:04:36
28	6088	ROQUE	SANCHEZ LAGE	M-28	SUB12M-28		CORUÑA (A)		00:03:47	00:04:40
29	5781	DAVID	COUSILLAS VERDES	M-29	SUB12M-29		CORUÑA (A)		00:04:07	00:05:05
30	6087	IKER	LÓPEZ FERREIRA	M-30	SUB12M-30		CORUÑA (A)		00:04:25	00:05:27

XI CARREIRA POPULAR VOLTA A OZA

SUB10 FEMININA

Clasificación Xeral

Puesto	Dorsal	Nombre	Apellidos	Género	Categoría	Club	Localidad	Licencia	T. Oficial	Ritmo
1	5405	CLAUDIA	FERNÁNDEZ NOVO	F-1	SUB10F-1	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:03:18	00:04:05
2	5404	SIENNA	LÓPEZ RODRÍGUEZ	F-2	SUB10F-2	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:03:23	00:04:10
3	5421	LUJÁN	ALBA MUIÑO	F-3	SUB10F-3		CORUÑA (A)		00:03:27	00:04:15
4	5456	LAURA	RODRÍGUEZ PENA	F-4	SUB10F-4		CULLEREDO		00:03:32	00:04:22
5	5465	MAIA	VILLAVERDE FREIRE	F-5	SUB10F-5		CORUÑA (A)		00:03:37	00:04:28
6	5446	LARA	MOSCOSO CASTRO	F-6	SUB10F-6		CORUÑA (A)		00:03:40	00:04:31
7	5458	CAYETANA	SANTAMARIÑA DURÁN	F-7	SUB10F-7		CULLEREDO		00:03:45	00:04:37
8	5767	MARTINA	BRAÑA GONZÁLEZ	F-8	SUB10F-8	CLUB LA MOCHILA DEL DEPORTE	CULLEREDO		00:03:47	00:04:41
9	5414	DANIELA	ARÉN GONZÁLEZ	F-9	SUB10F-9	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:47	00:04:41
10	5459	VEGA	SUAREZ CACHAFEIRO	F-10	SUB10F-10		CORUÑA (A)		00:03:49	00:04:43
11	5411	CANDELA	PÉREZ POLO	F-11	SUB10F-11	CEIP RAMÓN DE LA SAGRA	CORUÑA (A)		00:03:53	00:04:47
12	5427	ANA	CASAL ROSENDE	F-12	SUB10F-12		CORUÑA (A)		00:03:53	00:04:48
13	5775	LÍA	SANDE	F-13	SUB10F-13	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:54	00:04:49
14	6080	MARTINA	ORDOÑEZ BARRIO	F-14	SUB10F-14		CORUÑA (A)		00:03:55	00:04:49
15	5774	DANIELLA	SAENZ FERREIRO	F-15	SUB10F-15		CORUÑA (A)		00:04:00	00:04:56
16	5776	SIRA	SOMOZA CASARES	F-16	SUB10F-16		CORUÑA (A)		00:04:03	00:05:00
17	5454	UXÍA	RODRÍGUEZ ARIAS	F-17	SUB10F-17		CORUÑA (A)		00:04:06	00:05:04
18	5406	SIRA	LÓPEZ ALONSO	F-18	SUB10F-18	CEIP MARÍA PITA	CORUÑA (A)		00:04:08	00:05:06
19	5440	HENAR	GARCIA LEDO	F-19	SUB10F-19		CORUÑA (A)		00:04:08	00:05:06
20	5453	IRIA	ROCHA CLEMENTE	F-20	SUB10F-20		CORUÑA (A)		00:04:09	00:05:07
21	5415	SOFÍA	LLAMAS BERMUDEZ	F-21	SUB10F-21	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:04:09	00:05:08
22	5418	LUCIA	VARELA MATOS	F-22	SUB10F-22	LUCIAVM	CORUÑA (A)		00:04:10	00:05:09
23	5403	ALDARA	COUREL FEIJOO	F-23	SUB10F-23	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:04:10	00:05:09
24	5409	MANUELA	BESTEIRO PARADA	F-24	SUB10F-24	CEIP RAMÓN DE LA SAGRA	CORUÑA (A)		00:04:10	00:05:09
25	5771	LEILA	PÉREZ ARIAS	F-25	SUB10F-25		CULLEREDO		00:04:11	00:05:10
26	6078	VICTORIA	LIVAS RIVERA	F-26	SUB10F-26		CORUÑA (A)		00:04:11	00:05:10
27	5778	ALBA	TORRES RUIZ	F-27	SUB10F-27		CORUÑA (A)		00:04:13	00:05:12
28	5425	SOFÍA	BAHAMONDE SEIJO	F-28	SUB10F-28		CORUÑA (A)		00:04:14	00:05:13
29	5417	EMILY	SISO LEMA	F-29	SUB10F-29	LA MOCHILA DEL DEPORTE	CAMBRE		00:04:14	00:05:14
30	5441	OLATZ	GONZÁLEZ ORBE	F-30	SUB10F-30		CORUÑA (A)		00:04:20	00:05:21
31	5407	MARTINA	BARREIRO GARCÍA	F-31	SUB10F-31	CEIP RAMON DE LA SAGRA	OLEIROS		00:04:23	00:05:25
32	5452	LEDICIA	REYES PASTOR	F-32	SUB10F-32		CORUÑA (A)		00:04:26	00:05:28
33	5464	SIRA	VILAS SÁNCHEZ	F-33	SUB10F-33		CORUÑA (A)		00:04:30	00:05:34
34	5436	LUCIA	FERNANDEZ SANTE	F-34	SUB10F-34		CORUÑA (A)		00:04:31	00:05:34
35	5430	ANA LUÍSA	CORREIA	F-35	SUB10F-35		CORUÑA (A)		00:04:34	00:05:38
36	5424	SARA	AVILA FERNANDEZ	F-36	SUB10F-36		CORUÑA (A)		00:04:34	00:05:38
37	5413	LUCÍA	COTERA BREA	F-37	SUB10F-37	CLUB HERCULES TERMARIA	CORUÑA (A)		00:04:37	00:05:42
38	5770	XOANA	FORMOSO DIAZ	F-38	SUB10F-38		CORUÑA (A)		00:04:40	00:05:46

39	6105	INÉS	FERNÁNDEZ RODRÍGUEZ	F-39	SUB10F-39		OLEIROS	00:04:40	00:05:46
40	5449	CARLA	PEREIRA VALDESOGO	F-40	SUB10F-40		CORUÑA (A)	00:04:46	00:05:53
41	6107	IRENE	PARDO NOVO	F-41	SUB10F-41		CORUÑA (A)	00:04:46	00:05:53
42	5410	NEREA	GONZÁLEZ FREIJEIRO	F-42	SUB10F-42	CEIP RAMÓN DE LA SAGRA	CORUÑA (A)	00:04:46	00:05:53
43	5766	OLAYA	ARCEO PAREDES	F-43	SUB10F-43		CORUÑA (A)	00:04:54	00:06:02
44	5428	LOLA	CORGO DEL RÍO	F-44	SUB10F-44		CORUÑA (A)	00:05:15	00:06:29
45	5460	ALBA	TEIXEIRA TARDON	F-45	SUB10F-45		CORUÑA (A)	00:05:21	00:06:36
46	6081	UXÍA	PALLAS ENJAMIO	F-46	SUB10F-46		CORUÑA (A)	00:05:25	00:06:41
47	5437	ROSARIO	FERNÁNDEZ SEIJAS	F-47	SUB10F-47		CORUÑA (A)	00:05:49	00:07:11
48	5431	CAYETANA	DAPONTE VÁZQUEZ	F-48	SUB10F-48		CORUÑA (A)	00:06:05	00:07:31

XI CARREIRA POPULAR VOLTA A OZA

SUB10 MASCULINO

Clasificación Xeral

Puesto	Dorsal	Nombre	Apellidos	Género	Categoría	Club	Localidad	Licencia	T. Oficial	Ritmo
1	5326	ALEXANDRE	VEGA MARTINEZ	M-1	SUB10M-1	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:02:50	00:03:29
2	5338	JORGE	LOPEZ GONZALEZ	M-2	SUB10M-2	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:05	00:03:49
3	5757	IVÁN	CARREIRA VILLAMOR	M-3	SUB10M-3		CORUÑA (A)		00:03:07	00:03:51
4	5378	LUCAS	MONTERO REY	M-4	SUB10M-4		CULLEREDO		00:03:11	00:03:56
5	5325	ALEJANDRO	ESTÉVEZ LAGO	M-5	SUB10M-5	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:03:14	00:03:59
6	5343	XOEL	GOMEZ CRESPO	M-6	SUB10M-6	UD CARRAL	CARRAL		00:03:14	00:03:59
7	5362	XOEL	FERNÁNDEZ PERINA	M-7	SUB10M-7		CORUÑA (A)		00:03:15	00:04:00
8	5337	JAVIER	LOPEZ GONZALEZ	M-8	SUB10M-8	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:19	00:04:05
9	5328	LOIS	GARCÍA MARTÍNEZ	M-9	SUB10M-9	CEIP JUAN FERNANDEZ LATORRE	CORUÑA (A)		00:03:25	00:04:12
10	5360	LUCAS	DE VEGA BOEDO	M-10	SUB10M-10		CORUÑA (A)		00:03:26	00:04:14
11	5369	BRUNO	GONZÁLEZ MARTÍNEZ	M-11	SUB10M-11		CORUÑA (A)		00:03:28	00:04:17
12	5359	BRAIS	DARRIBA PAZ	M-12	SUB10M-12		CORUÑA (A)		00:03:29	00:04:18
13	5334	PEPE	OUBIÑA LÓPEZ	M-13	SUB10M-13	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:29	00:04:18
14	5391	BRUNO	RIVAS TORRES	M-14	SUB10M-14		CORUÑA (A)		00:03:30	00:04:20
15	5344	HUGO	ÁLVAREZ BARRAL	M-15	SUB10M-15		CORUÑA (A)		00:03:34	00:04:24
16	5339	IAGO	PERNAS NÚÑEZ	M-16	SUB10M-16	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:35	00:04:26
17	5327	IAGO	GARCÍA MARTÍNEZ	M-17	SUB10M-17	CEIP JUAN FERNANDEZ LATORRE	CORUÑA (A)		00:03:35	00:04:26
18	5390	JUAN	RIOS MENÉNDEZ	M-18	SUB10M-18		CORUÑA (A)		00:03:44	00:04:36
19	5375	MARTÍN	MARINHO FREITAS	M-19	SUB10M-19		CORUÑA (A)		00:03:44	00:04:36
20	5381	ANTONIO	PACHECO FERNÁNDEZ	M-20	SUB10M-20		CORUÑA (A)		00:03:46	00:04:39
21	5370	MARCOS	HERNANDEZ ALCALDE	M-21	SUB10M-21		CORUÑA (A)		00:03:47	00:04:40
22	5389	MARTÍN	REGO COLLADO	M-22	SUB10M-22		CORUÑA (A)		00:03:47	00:04:40
23	5761	LUCAS	DANS RODRIGUEZ	M-23	SUB10M-23		CORUÑA (A)		00:03:47	00:04:40
24	5373	PAULO	LÓPEZ LÓPEZ	M-24	SUB10M-24		CORUÑA (A)		00:03:49	00:04:43
25	5367	DARÍO	GONZÁLEZ FERNÁNDEZ	M-25	SUB10M-25		CORUÑA (A)		00:03:51	00:04:45
26	5355	JORGE	CILLERO PITA-BAAMONDE	M-26	SUB10M-26		CORUÑA (A)		00:03:57	00:04:52
27	5384	SIMÓN	PEÑA ÁLVAREZ	M-27	SUB10M-27				00:03:57	00:04:53

28	5350	MARTIÑO	ARIAS VARELA	M-28	SUB10M-28		CORUÑA (A)	00:03:59	00:04:55
29	5366	XES	GOMEZ ORTEGA	M-29	SUB10M-29		CORUÑA (A)	00:03:59	00:04:55
30	6073	MARTIN	BARREIRO ALONSO	M-30	SUB10M-30		OLEIROS	00:04:05	00:05:02
31	5342	XOEL	ANTELO BARROS	M-31	SUB10M-31	SANTA MARÍA DEL MAR A CORUÑA	CULLEREDO	00:04:06	00:05:03
32	5756	JOSÉ ANTONIO	CANIZÁS IZQUIERDO	M-32	SUB10M-32		CORUÑA (A)	00:04:14	00:05:13
33	5330	XOEL	SANTÁS PREGO	M-33	SUB10M-33	CEIP MARÍA PITA	CORUÑA (A)	00:04:21	00:05:22
34	5396	NOEL	SUÁREZ GARCÍA	M-34	SUB10M-34		CORUÑA (A)	00:04:21	00:05:22
35	5372	IKER	LÓPEZ FERREIRO	M-35	SUB10M-35		CORUÑA (A)	00:04:22	00:05:24
36	5754	XABI	BRANDON FUNGUEIRIÑO	M-36	SUB10M-36		CORUÑA (A)	00:04:24	00:05:26
37	5394	ALEJANDRO	SÁNCHEZ LEAL	M-37	SUB10M-37		CORUÑA (A)	00:04:41	00:05:47
38	5336	AMARO	LEIRA PÉREZ	M-38	SUB10M-38	CLUB TRIATLON CORUÑA	CORUÑA (A)	00:04:45	00:05:52
39	5352	XAN	BOTANA CALVELO	M-39	SUB10M-39		CORUÑA (A)	00:04:48	00:05:56
40	5379	DIEGO	MUIÑOS ZAS	M-40	SUB10M-40		CORUÑA (A)	00:05:04	00:06:15
41	5335	IVÁN	SIERRA RODRÍGUEZ	M-41	SUB10M-41	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:05:09	00:06:22
42	5751	ALEJANDRO	ALVAREZ BARRIENTOS	M-42	SUB10M-42		CORUÑA (A)	00:05:12	00:06:25
43	5753	ALEJANDRO	BRANDON FUNGUEIRIÑO	M-43	SUB10M-43		CORUÑA (A)	00:05:15	00:06:29
44	5382	RAFAEL	PALLA GANDOY	M-44	SUB10M-44		CORUÑA (A)	00:05:26	00:06:42
45	5755	MARCOS DANIEL	BRICEÑO BERNAEZ	M-45	SUB10M-45		CORUÑA (A)	00:05:54	00:07:17