

XV CAMPIONATO XUNTA DE GALICIA DE 10KM, EN RUT A ABS.,SUB23,SUB20,MASTER

Fecha Inicio

2024-03-10

2024-03-10

LISTADO DE INSCRITOS/AS

10km Ruta Masc. ABM HOMES

37:41:00	AG-2022076	BLANCO FARIÑAS, MARCOS	18/11/1986	10/03/2024	37	M35	Burgas Orense
40:42:00	AG-2015075	CASTROAGUDIN GOMÉZ, ADRIAN	13/06/1986	10/03/2024	37	M35	Moraña en Ruta
	TGAL-562	CORRO ROUFETT, JESSE JESUS	11/01/1989	10/03/2024	35	M35	Atletismo Arenteiro
33:56:00	TGAL-544	FERNANDEZ GARCIA, ALBINO	04/12/1986	10/03/2024	37	M35	Atletismo Arenteiro
32:38:00 - PC	GA-744	FERNÁNDEZ RÍOS, JONATHAN	27/12/1988	10/03/2024	35	M35	AD Nautico Narón
31:30:00 - PC	GA-5765	FERNANDEZ RIVERA, ALEJANDRO	08/08/1985	10/03/2024	38	M35	Ourense Atletismo
35:37:00	AG-12897	FOLGUEIRA DÍAZ, MANUEL	22/05/1986	10/03/2024	37	M35	Maderas Barcia Lourenza Cervo
34:31:00 - PC	AG-2023071	GARCIA GOMEZ, VICTOR	02/06/1986	10/03/2024	37	M35	Atletismo Arenteiro
	GA-1427	GÓMEZ PÉREZ, MARCOS	24/04/1986	10/03/2024	37	M35	CA Ribadeo
35:04:99 - PC	AG-765828	GONZÁLEZ HORTA, VÍCTOR XOSÉ	29/03/1984	10/03/2024	39	M35	Comesaña Sporting Club
34:19:00 - PC	AG-19779	MENDEZ SANCHEZ, ANTONINO	15/10/1984	10/03/2024	39	M35	AD Nautico Narón
38:19:00	AG-2026486	PARDAL COCA, IVÁN	03/12/1988	10/03/2024	35	M35	CA Santiago
34:05:00 - PC	GA-15696	PEREZ GROBA, EMILIO	10/04/1988	10/03/2024	35	M35	ADAS CUPA
35:04:00 - PC	AG-4095	POUPARIÑA CASTRO, RAFAEL	07/06/1985	10/03/2024	38	M35	AD Nautico Narón
34:26:00	TGAL-542	REQUEIJO REQUEIJO, SERGIO	21/10/1985	10/03/2024	38	M35	Atletismo Arenteiro
30:30:00	GA-1493	RODRIGUEZ GONZALEZ, HUGO	06/05/1987	10/03/2024	36	M35	SD Barbantia Roda
35:10:00	AG-2025316	RODRIGUEZ LARIÑO, JORGE	19/04/1986	10/03/2024	37	M35	ASOCIACION DEPORTIVA OLIMPIA
36:19:00 - PC	AG-17062	RODRÍGUEZ LEAL, CARLOS	12/08/1987	10/03/2024	36	M35	Ferrol Atletismo
	AG-20128	VIEITES MENDEZ, RUBEN	11/06/1984	10/03/2024	39	M35	Club Atletismo Cambados
43:28:00	AG-2020710	ALVARELLOS BARREIRO, JUAN JOSÉ	12/03/1980	10/03/2024	43	M40	SD Compostela Atletismo
38:21:00	GA-25438	ÁLVAREZ COSTAS, ANTONIO	21/06/1983	10/03/2024	40	M40	Comesaña Sporting Club
35:23:27 - PC	GA-14202	ALVAREZ FERNANDEZ, MIGUEL ANGEL	17/11/1980	10/03/2024	43	M40	Ourense Atletismo
37:45:00 - PC	AG-767397	ALVES PICALLO, TONHO	31/03/1979	10/03/2024	44	M40	Universidad Santiago
45:23:00	TGAL-31	ANDRADE PADIN, DAMIAN	10/07/1979	10/03/2024	44	M40	Ciclismos Triatlón Poio
36:39:00	GA-10310	ASENSIO CAMPAZAS, ALBERTO CARLOS	08/09/1979	10/03/2024	44	M40	ADAS CUPA
37:13:00 - PC	AG-2027730	BARCA ESPAÑA, MARCIAL ANIBAL	20/10/1980	10/03/2024	43	M40	INDEPENDIENTE
36:04:00 - PC	GA-206	BREGUA CHAS, RUBEN	13/04/1979	10/03/2024	44	M40	Marineda Atletico
30:55:00	TGAL-547	CANDA LOUZAO, JOSE	14/12/1983	10/03/2024	40	M40	Atletismo Arenteiro
37:12:00 - PC	GA-788	CASTIÑEIRAS PORTOS, MANUEL	07/08/1979	10/03/2024	44	M40	SD Compostela Atletismo
36:52:00	GA-811	CONDE LLENDERROZOS, MARCOS	28/02/1981	10/03/2024	43	M40	CA Ribadeo
39:34:00	AG-2026835	CUENCA GARCÍA, FRANCISCO JOSÉ	26/02/1983	10/03/2024	41	M40	CA Pino
	AG-2020057	ESPIÑA FERNÁNDEZ, ROBERTO	11/03/1979	10/03/2024	44	M40	INDEPENDIENTE

33:55:00 - PC	TGAL-543	FERNANDEZ DOMINGUEZ, FERNANDO	12/07/1979	10/03/2024	44	M40	Atletismo Arenteiro
36:43:00 - PC	AG-2027494	GARCIA SANMAMED, FELICIANO	04/12/1982	10/03/2024	41	M40	Burgas Orense
	AG-19902	GARRIDO SOBRINO, EMILIO JOSÉ	15/02/1980	10/03/2024	44	M40	CD La Purisima
41:39:00 - PC	AG-17721	GOMEZ AGRAS, DAVID	29/12/1979	10/03/2024	44	M40	AD Nautico Narón
39:37:00	AG-10060	GOMEZ ROSALES, ELADIO	15/07/1981	10/03/2024	42	M40	CLUB DEPORTIVO AURUM
	GA-621	GONZALEZ CASTRO, GUMERSINDO	15/10/1980	10/03/2024	43	M40	SD Compostela Atletismo
33:20:00 - PC	AG-4122	LORENZO PÉREZ, FERNANDO	13/02/1981	10/03/2024	43	M40	Pasa ou Entorna
36:45:00 - PC	AG-14574	MONTEAGUDO FERREIRA, JUAN CARLOS	25/02/1980	10/03/2024	44	M40	Club RunManiak Box001 Ourense
44:25:00 - PC	AG-16595	MOURIÑO LÓPEZ, YAGO	24/05/1980	10/03/2024	43	M40	CD La Purisima
	AG-20735	NOGUEIRAS CARNEIRO, FRANCISCO JAVIER	09/03/1981	10/03/2024	43	M40	SD Compostela Atletismo
35:02:00 - PC	AG-2017216	NOVOA GUTIERREZ, JULIO	02/02/1980	10/03/2024	44	M40	Atletismo Arenteiro
37:08:00 - PC	GA-1431	OLIVEROS ESCRIBANO, DAVID	22/02/1982	10/03/2024	42	M40	CCA Ria de Foz
41:01:00 - PC	GA-1123	OMIL IGLESIAS, JOSE MANUEL	01/11/1980	10/03/2024	43	M40	CD Pinarium
46:20:00 - PC	AG-2025776	OTERO CRESPO, DAVID	26/08/1982	10/03/2024	41	M40	CD Pinarium
33:49:00 - PC	GA-23504	PAREDES GONZALEZ, JAVIER	08/04/1979	10/03/2024	44	M40	Ourense Atletismo
45:38:00 - PC	AG-2020468	PEREZ FILGUEIRA, DAVID	17/02/1980	10/03/2024	44	M40	CD La Purisima
38:04:00	AG-2022347	REDONDO SOL , MANEL	11/08/1983	10/03/2024	40	M40	Verxel Nutricion Dep
51:37:00 - PC	AG-14580	RIVAS PEREZ, JONATAN	10/03/1983	10/03/2024	41	M40	Club RunManiak Box001 Ourense
	TGAL-503	RIVERA CAMBA, RICARDO	30/06/1983	10/03/2024	40	M40	CD La Purisima
41:49:00	AG-7110	ROMERO FERNANDEZ, JUAN	01/01/1982	10/03/2024	42	M40	Corredores do Miño
	AG-18570	SESAR SEGADE, FERNANDO	18/11/1979	10/03/2024	44	M40	SD Compostela Atletismo
36:30:00 - PC	GA-1408	SOBRAL GONZALEZ, MANUEL	31/10/1982	10/03/2024	41	M40	CD Pinarium
42:37:00	TGAL-539	VARELA CRESPO, MARIO DANIEL	08/06/1980	10/03/2024	43	M40	Atletismo Arenteiro
	AG-2024858	VIDAL CASTAÑO, IVAN	19/09/1983	10/03/2024	40	M40	Entrenarunning
38:13:00	AG-763614	ANDRÉS FIDALGO, ALÁN	16/08/1975	10/03/2024	48	M45	Esprintes Ourense
53:44:00 - PC	GA-1452	AREA VILACHÁ, DAVID	24/07/1978	10/03/2024	45	M45	CA Santiago
	AG-2020797	BABARRO RODRIGUEZ, DIEGO	11/06/1975	10/03/2024	48	M45	ADAS CUPA
33:58:00 - PC	GA-7025	BARGIELA ARAUJO, DANIEL	20/02/1975	10/03/2024	49	M45	Atletismo Bikila
	AG-11742	BENITEZ SOMOZA, ISRAEL	20/05/1976	10/03/2024	47	M45	El Canario
40:34:00	AG-2020341	BOTANA MOSQUERA, JUAN LUIS	22/12/1977	10/03/2024	46	M45	SD Compostela Atletismo
51:34:00	AG-767436	CABO SOUTO, JESUS	14/12/1975	10/03/2024	48	M45	SD Compostela Atletismo
31:13:00	AG-765724	CASTRO PORTELA, RUBEN	23/04/1978	10/03/2024	45	M45	A Gándara
35´14 PADRON 2023	GA-6139	DIAZ LORENZO, CRISTIAN	20/05/1977	10/03/2024	46	M45	ADAS CUPA
38:19:00 - PC	AG-2020056	ESPIÑA FERNÁNDEZ, FRANCISCO JAVIER	09/04/1974	10/03/2024	49	M45	INDEPENDIENTE
38:39:00 - PC	TGAL-559	FABELLO CID, ELISEO	15/02/1977	10/03/2024	47	M45	Atletismo Arenteiro
42:59:00 - PC	AG-14570	FERNANDEZ ALVAREZ, ESTEBAN	08/02/1975	10/03/2024	49	M45	CD La Purisima
37:14:00	AG-2020260	FERNANDEZ FERNANDEZ, JESUS	11/07/1975	10/03/2024	48	M45	ADAS CUPA

44:03:00	TGAL-35	FERNÁNDEZ LANDEIRO, JUAN MANUEL	05/11/1978	10/03/2024	45	M45	Ciclismos Triatlón Poio
32:17:00 - PC	GA-1530	FERNANDEZ SOENGAS, JESUS	22/02/1979	10/03/2024	45	M45	CD Delikia
43:00:00	AG-14824	FILGUEIRA PONCE, FERNANDO	13/01/1976	10/03/2024	48	M45	Comesaña Sporting Club
01:02:50 - PC	AG-2014557	FORNOS GALLEGO, LUIS	09/11/1975	10/03/2024	48	M45	Esprintes Ourense
41:32:00 - PC	GA-804	GARCÍA FERNÁNDEZ, JAVIER	24/01/1977	10/03/2024	47	M45	CA Ribadeo
	AG-20058	GUTIERREZ ESCAGEDO, GUILLERMO	16/07/1976	10/03/2024	47	M45	Ferrol Atletismo
	AG-20454	HERMIDA RODRIGUEZ, AGUSTIN	18/10/1978	10/03/2024	45	M45	AD Nautico Narón
01:02:59 - PC	AG-11001	IGLESIAS MIRA, FELIPE	27/09/1974	10/03/2024	49	M45	Esprintes Ourense
39:53:00	AG-11123	LOPEZ CANICOBA, SANTIAGO	14/05/1976	10/03/2024	47	M45	Entrenarunning
	AG-12590	LOPEZ SANCHEZ, DAVID	05/08/1976	10/03/2024	47	M45	Entrenarunning
43:21:00	AG-2022548	LORENZO AÑEL, CRISTIAN	25/03/1976	10/03/2024	47	M45	CD La Purisima
	AG-763759	MALLO NIEVES, JOSE MANUEL	22/05/1974	10/03/2024	49	M45	Entrenarunning
47:30:00	TGAL-186	MILLAN GOMEZ, RAFAEL	20/08/1977	10/03/2024	46	M45	Ciclismos Triatlón Poio
50:10:00	AG-14795	PANIAGUA FERNANDEZ, JOSE LUIS	06/01/1979	10/03/2024	45	M45	Atletismo Fontes do Sar
36:03:00 - PC	AG-2014703	RODRIGUEZ DOMINGUEZ, ANDRES	09/06/1975	10/03/2024	48	M45	CD Pinarium
35:01:00 - PC	AG-2014620	SANTIAGO BOSCH, JOSE ANTONIO	04/08/1976	10/03/2024	47	M45	CD Pinarium
44:37:00 - PC	GA-1135	SEVILLA SUBIELA, PEDRO ANTONIO	05/12/1975	10/03/2024	48	M45	Comesaña Sporting Club
	AG-15586	SOMOZA RODRIGUEZ, MARCO ANTONIO	15/09/1976	10/03/2024	47	M45	A Gándara
	AG-20029	SUAREZ FUENTES, FRANCISCO DE BORJA MANUEL	24/12/1975	10/03/2024	48	M45	Atletismo Fontes do Sar
	GA-1435	TOUZA GONZALEZ, ANTONIO	11/03/1978	10/03/2024	45	M45	Ourense Atletismo
43:58:00 - PC	AG-9433	VARELA ALVAREZ, LAUREANO	26/07/1975	10/03/2024	48	M45	SD Compostela Atletismo
32:19:00 - PC	GA-6141	VÁZQUEZ VAAMONDE, RICARDO	07/09/1974	10/03/2024	49	M45	ADAS CUPA
	AG-2018660	VIDAL VÁZQUEZ, JAVIER	13/04/1974	10/03/2024	49	M45	CD La Purisima
	TGAL-577	VILLAR ALVAREZ, ALBERTO	26/03/1975	10/03/2024	48	M45	Atletismo Arenteiro
	AG-20002	BALADO MOSQUERA, SERGIO ANGEL	14/05/1973	10/03/2024	50	M50	Club Atletismo SAR
55:32:00 - PC	AG-14566	BARREIROS VAZQUEZ, JOSE ALBERTO	26/09/1973	10/03/2024	50	M50	Club RunManiak Box001 Ourense
38:47:00	AG-5706	BOUZADA BLANCO, BENITO	05/07/1972	10/03/2024	51	M50	CD La Purisima
	AG-11049	CABO BEN, JOSE LUIS	07/08/1971	10/03/2024	52	M50	Burgas Orense
	AG-2022411	CES ROMERO, JOSE MANUEL	15/05/1969	10/03/2024	54	M50	Entrenarunning
	AG-18258	DE NOVOA GÓMEZ, CARLOS	08/10/1973	10/03/2024	50	M50	Entrenarunning
	GA-1136	FERNANDEZ DE TORO, MANUEL	14/08/1972	10/03/2024	51	M50	CA Veteranos de Samil
35:58:00	AG-2027721	GARCIA DE LA IGLESIA, ALBERTO	01/08/1972	10/03/2024	51	M50	CA Veteranos de Samil
59:22:00 - PC	AG-2020286	GARRIDO RODRIGUEZ, OSCAR	03/06/1973	10/03/2024	50	M50	Esprintes Ourense
46:42:00	AG-14694	GIL RAMOS, DIONISIO	01/10/1973	10/03/2024	50	M50	CD La Purisima
42:26:00 - PC	AG-2025469	GONZALEZ LOPEZ, JOSE ANTONIO	13/05/1970	10/03/2024	53	M50	Pato Blanco Celanova
	AG-2022198	GONZALEZ RODRIGUEZ, MANUEL	08/05/1972	10/03/2024	51	M50	ADN RUNNERS-TELMO PELUQUEROS FC
49:55:00	AG-2026975	IGLESIAS PARDO, FLORENTINO	27/12/1972	10/03/2024	51	M50	Entrenarunning

37:49:00	AG-9873	JUANATEY PEREZ, JOSE ANTONIO	24/02/1971	10/03/2024	53	M50	Atletismo Fontes do Sar
35:11:00 - PC	GA-524	LANZA BEN, MARCELO	04/10/1973	10/03/2024	50	M50	SD Compostela Atletismo
	AG-20727	LUAÑA LOUZAO, PEDRO	29/06/1970	10/03/2024	53	M50	Entrenarunning
	TGAL-36	MEIS VEIGA, FAUSTINO	23/06/1971	10/03/2024	52	M50	Ciclismos Triatlón Poio
	TGAL-437	MONTILLA FERNANDEZ, EMILIO	09/06/1970	10/03/2024	53	M50	CD BIOSBARDO
44:01:00 - PC	AG-17119	MOSQUEIRA DORREGO, JOSÉ IGNACIO	30/03/1972	10/03/2024	51	M50	CD La Purisima
35:42:00	GA-1491	NAVARRO ANTON, JOSE	24/07/1973	10/03/2024	50	M50	SD Barbantia Roda
43:00:00 - PC	AG-2020475	NOVOA CID, JOSE LUIS	17/06/1973	10/03/2024	50	M50	CD La Purisima
	AG-20191	NOVOA SANCHEZ, JOSE ANTONIO	22/01/1972	10/03/2024	52	M50	Ferrol Atletismo
38:33:00	AG-2019228	NOYA PEREZ, JOSE ANTONIO	13/01/1970	10/03/2024	54	M50	Atletismo Fontes do Sar
46:50:00	AG-766826	OTERO DIAZ, MARIO	30/11/1972	10/03/2024	51	M50	At Ria de Arousa
	AG-764370	PARADA GARCIA, LUIS MIGUEL	24/12/1973	10/03/2024	50	M50	El Canario
57:37:00 - PC	AG-764299	PEREZ GONZALEZ, MANUEL RAFAEL	21/10/1972	10/03/2024	51	M50	Esprintes Ourense
	AG-20063	PORTOMEÑE MENOYO, JOSÉ	18/11/1973	10/03/2024	50	M50	Ferrol Atletismo
	TGAL-541	REINO ALVAREZ, FERNANDO	10/01/1970	10/03/2024	54	M50	Atletismo Arenteiro
	AG-766620	RODRIGUEZ ATANES, FRANCISCO	24/05/1970	10/03/2024	53	M50	Burgas Orense
	AG-2023657	RODRIGUEZ FERNANDEZ, FELIPE	19/11/1973	10/03/2024	50	M50	Esprintes Ourense
37:16:00	TGAL-580	RODRIGUEZ GONZALEZ, JOSE RAMON	20/11/1973	10/03/2024	50	M50	Atletismo Arenteiro
37:50:00	AG-2019551	RODRIGUEZ RODRIGUEZ, SERAFIN	29/03/1973	10/03/2024	50	M50	Corredores do Miño
48:19:00 - PC	AG-3655	ROMASANTA PUGA, JUAN LUIS	09/11/1972	10/03/2024	51	M50	CD La Purisima
38:50:00 - PC	AG-2026048	TROITIÑO BOUZA, JOSE MANUEL	26/04/1970	10/03/2024	53	M50	Ferrol Atletismo
37:07:00	AG-766063	VALE GARCIA, ROBERTO	02/11/1971	10/03/2024	52	M50	Fluvial
39:04:00 - PC	AG-2024664	VAZQUEZ RAMOS, MANUEL	30/01/1970	10/03/2024	54	M50	Verxel Nutricion Dep
44:25:00	AG-15585	VAZQUEZ VAZQUEZ, JOSE	09/10/1970	10/03/2024	53	M50	A Gándara
01:25:12 - PC	AG-2015987	VISPO BASALO, CARLOS	15/11/1969	10/03/2024	54	M50	Pato Blanco Celanova
44:10:00	AG-764797	ABELLAS OTERO, JOSE BENITO	02/04/1965	10/03/2024	58	M55	Esprintes Ourense
51:01:00	AG-14932	ALFONSÍN SOLIÑO, GONZALO	30/07/1964	10/03/2024	59	M55	Entrenarunning
45:41:00	AG-4097	BARROSO GONZALEZ, ANTONIO	05/04/1966	10/03/2024	57	M55	C.A.R. MARISQUEIRO
42:31:00 - PC	AG-2022599	DOMINGUEZ ALSINA, SEGUNDO	08/09/1967	10/03/2024	56	M55	SD Compostela Atletismo
45:30:00 - PC	TGAL-579	ESTEVEZ ULLOA, EDUARDO JOSE	12/03/1967	10/03/2024	56	M55	Atletismo Arenteiro
37:26:00	AG-2018451	FALCON PEREZ, SANTIAGO	26/07/1966	10/03/2024	57	M55	Club Atletismo Cambados
38:42:00	AG-766360	FERNÁNDEZ CASAL, MIGUEL ANGEL	05/02/1966	10/03/2024	58	M55	INDEPENDIENTE
32:49:00 - PC	GA-6140	FERNANDEZ MARQUEZ, JOSE MANUEL	02/09/1968	10/03/2024	55	M55	ADAS CUPA
36:33:00	AG-2017547	FOLGAR POUSO, RAMÓN	13/10/1967	10/03/2024	56	M55	El Canario
38:34:00	AG-7131	GOMEZ IGLESIAS, JOSE JAVIER	12/06/1968	10/03/2024	55	M55	Burgas Orense
	AG-769307	GOMEZ SANCHEZ, JOSE ANTONIO	25/01/1967	10/03/2024	57	M55	INDEPENDIENTE
37:12:00 - PC	GA-9189	GONZALEZ POUSA, FERNANDO	10/08/1967	10/03/2024	56	M55	SD Compostela Atletismo

01:00:21 - PC	AG-763617	LEBOSO FERREIRO, CÉSAR	30/11/1966	10/03/2024	57	M55	Esprintes Ourense
46:33:00 - PC	AG-2026339	LEVOSO TOUCEDA, JOSE MARIA	18/01/1968	10/03/2024	56	M55	Esprintes Ourense
	TGAL-520	LUSQUIÑOS GARCIA, MODESTO	05/10/1967	10/03/2024	56	M55	Nosportlimit
	AG-768486	NANÍN LÓPEZ, JOSÉ MANUEL	09/04/1967	10/03/2024	56	M55	Corredores do Miño
37:14:00	GA-17643	RAPOSO BUJAN, GERARDO	02/10/1968	10/03/2024	55	M55	Lucus Caixa Rural Galega
	AG-19493	REY GRAÑA, ANTONIO	25/10/1964	10/03/2024	59	M55	CLUBE ATLETISMO BOIMORTO
41:46:00 - PC	TGAL-540	RODRIGUEZ GONZALEZ, RAMON	05/11/1968	10/03/2024	55	M55	Atletismo Arenteiro
	AG-20168	VIGO SANZ, JUAN	25/05/1967	10/03/2024	56	M55	Entrenarunning
	AG-767002	AGUIAR DIEGUEZ, AMADOR	03/03/1963	10/03/2024	61	M60	CD La Purisima
38:15:00	AG-11133	BRANDON RODRIGUEZ, JUAN CARLOS	02/01/1962	10/03/2024	62	M60	Atletismo Fontes do Sar
40:59:00	GA-1499	CEPEDA GACIO, FRANCISCO JAVIER	17/09/1959	10/03/2024	64	M60	SD Compostela Atletismo
46:54:00 - PC	AG-2028012	FERNANDEZ TRASANCOS, RUFINO	05/08/1963	10/03/2024	60	M60	Egobarros de Viveiro
37:06:01 - PC	GA-4989	GONZALEZ NOVOA, SATURNINO	21/11/1961	10/03/2024	62	M60	Ourense Atletismo
36:22:00	TGAL-674	PEREZ VILLAMARIN, VICTOR MANUEL	08/08/1962	10/03/2024	61	M60	Atletismo Arenteiro
49:36:00 - PC	AG-2020962	RIOS GIBELLO, JOSE MANUEL	28/08/1961	10/03/2024	62	M60	Nosportlimit
	AG-7194	RODRIGUEZ PEREZ, HIGINIO DE MANUEL	11/03/1962	10/03/2024	61	M60	CD La Purisima
	AG-15057	SAAVEDRA CEPEDA, ROGELIO	26/02/1964	10/03/2024	60	M60	Entrenarunning
	GA-1498	SANTOS BOO, JESÚS	05/04/1962	10/03/2024	61	M60	SD Compostela Atletismo
44:43:00	AG-6369	SOUTO CORTIZO, MANUEL	26/09/1960	10/03/2024	63	M60	Burgas Orense
36:34:00 - PC	GA-1424	SUÁREZ LEIS, JOSE	23/12/1963	10/03/2024	60	M60	SD Compostela Atletismo
	AG-19850	VILLAR SALGADO, JOSE FRANCISCO	09/01/1963	10/03/2024	61	M60	C.A.R. MARISQUEIRO
51:22:00 - PC	GA-1505	BOTANA FERREIRO, JUAN LUIS	27/12/1955	10/03/2024	68	M65	SD Compostela Atletismo
41:10:00	GA-23420	GUTIERREZ GONZÁLEZ, NEMESIO	09/12/1956	10/03/2024	67	M65	Atletismo Friol
39:00:00	GA-9217	JARDON LÓPEZ, JOSE	29/02/1956	10/03/2024	68	M65	CA Veteranos de Samil
38:12:00	GA-9166	MENDEZ RODRIGUEZ, RAMIRO	08/09/1957	10/03/2024	66	M65	A Gándara
41:38:00	AG-8975	PEREZ REGO, RAFAEL	05/11/1958	10/03/2024	65	M65	CLUB ATLETISMO TUI
38:30:00	GA-144	SUAREZ MARTINEZ, MANUEL	26/03/1958	10/03/2024	65	M65	CA Veteranos de Samil
36:10:00	AG-14096	TORO MONTERO, JAVIER	06/08/1955	10/03/2024	68	M65	Verxel Nutricion Dep
45:59:00	AG-11176	GONZALEZ QUIROGA, JUAN MANUEL	23/02/1953	10/03/2024	71	M70	Esprintes Ourense
43:53:00	AG-2026273	LOPEZ RIO, ELISEO	04/02/1951	10/03/2024	73	M70	Egobarros de Viveiro
	GA-1508	REY GONZALEZ, J. ROBERTO	20/06/1948	10/03/2024	75	M75	CA Veteranos de Samil
35:45:00	GA-907	BESTEIRO RODRIGUEZ, MANUEL	02/07/1990	10/03/2024	33	Senior	A Gándara
	GA-8780	CACHARRO RIELO, JUAN SANTIAGO	25/06/2000	10/03/2024	23	Senior	Ourense Atletismo
36:16:00	GA-23288	CADAYA RODRIGUEZ, ALEJANDRO GERARDO	29/08/2000	10/03/2024	23	Senior	Ourense Atletismo
	AG-3924	CONDE IGLESIAS, ISMAEL	27/08/1997	10/03/2024	26	Senior	Corredores do Miño
42:20:00 - PC	AG-17688	ESTEVEZ LAMAS, IVAN	21/06/1990	10/03/2024	33	Senior	Atletismo Fontes do Sar
	AG-1758	FERNANDEZ CERZON, DANIEL	20/07/1991	10/03/2024	32	Senior	CA Veteranos de Samil

	AG-20251	FIGUEIRAS LORENZO, EDUARDO	11/07/1997	10/03/2024	26	Senior	El Canario
42:37:00 - PC	GA-805	FREIJE MARIÑO, YAGO	08/07/1999	10/03/2024	24	Senior	CA Ribadeo
	AG-9431	GOMEZ LONGO, MIGUEL	04/10/1995	10/03/2024	28	Senior	SD Compostela Atletismo
	AG-19356	GONZALEZ PIÑEIRO, CARLOS	07/02/1992	10/03/2024	32	Senior	Club Atletismo Cambados
38:03:00 - PC	AG-2027729	HERNÁNDEZ ULLOA, AGUSTÍN	12/01/1992	10/03/2024	32	Senior	CA Pino
34:51:00	TGAL-536	LIMA QUINTAS, ADRIAN	23/04/1990	10/03/2024	33	Senior	Atletismo Arenteiro
	AG-2023012	LOPEZ BALTAR, ADRIÁN	08/06/1995	10/03/2024	28	Senior	Atletismo Friol
35:39:00 - PC	TGAL-553	LOPEZ FERNANDEZ, VICTOR	27/12/1990	10/03/2024	33	Senior	Atletismo Arenteiro
	AG-16371	MARIÑO GRANJA, GONZALO	10/05/1992	10/03/2024	31	Senior	CA Brion-Hyupersa Stgo.
	GA-5836	MARTINEZ MARTINEZ, ENRIQUE	28/07/1995	10/03/2024	28	Senior	Ourense Atletismo
34:04:00	AG-769633	MONTERO LOPEZ, ALEJANDRO	30/10/1991	10/03/2024	32	Senior	SD Compostela Atletismo
32:08:00 - PC	GA-7116	ORO VENCE, MARCOS	23/07/1991	10/03/2024	32	Senior	Atletismo Arenteiro
41:40:00 - PC	AG-17668	SANGIOVANNI LORENZO, JOAQUÍN	05/07/1991	10/03/2024	32	Senior	SD Compostela Atletismo
	GA-1511	SARDINERO GONZALEZ, ALAN	03/01/1996	10/03/2024	28	Senior	CD Pinarium
44:05:00 - PC	TGAL-565	VAZQUEZ CARRAL, ALEX	05/09/1990	10/03/2024	33	Senior	Atletismo Arenteiro
	AG-19584	LÓPEZ OROSA, KEVIN	24/06/2006	10/03/2024	17	Sub20	CA Ribadeo
	GA-1068	NOVOA GAYOSO, JOEL	17/06/2006	10/03/2024	17	Sub20	Ferrol Atletismo
	GA-1014	OTERO LADO, FERNANDO	20/02/2005	10/03/2024	19	Sub20	Triki Team
	GA-1099	PONTE ÁLVAREZ, ARTURO	14/08/2006	10/03/2024	17	Sub20	CA Santiago
	GA-227	REGUEIRO RIAL, MATÍAS	06/01/2006	10/03/2024	18	Sub20	Ourense Atletismo
	GA-664	SANCHEZ ANEIROS, DIEGO	31/07/2006	10/03/2024	17	Sub20	Ferrol Atletismo
	GA-1437	SEVILLA PÉREZ, ÓSCAR	09/01/2006	10/03/2024	18	Sub20	Comesaña Sporting Club
	AG-11879	STOEHR RODRIGUEZ, TOME ALEXANDRE	14/04/2005	10/03/2024	18	Sub20	Pato Blanco Celanova
36:52:00	AG-2026568	ÁLVAREZ FERREIRA, ALEXANDRE	01/06/2003	10/03/2024	20	Sub23	Esprintes Ourense
	GA-1184	BARBOSA , CARLOS	07/10/2002	10/03/2024	21	Sub23	Ferrol Atletismo
37:35:96 - PC	GA-9152	GARCIA ALVARIÑO, JOSE	11/04/2003	10/03/2024	20	Sub23	Atletica Lucense
	GA-1440	GIL FERNÁNDEZ, DAVID	22/10/2004	10/03/2024	19	Sub23	Comesaña Sporting Club
	GA-3387	RIVAS SOBRADO, MARCOS	18/04/2003	10/03/2024	20	Sub23	Maderas Barcia Lourenza Cervo

10km Ruta Masc. ABM MULLERES

39:47:00	AG-14581	SABURIDO REPRESA, CORA	04/06/1993	10/03/2024	30	Senior	Club RunManiak Box001 Ourense
40:28:00 - PC	AG-2019571	RODRIGUEZ NEGREIRA, UXIA	07/04/1993	10/03/2024	30	Senior	Ourense Atletismo
47:38:00	AG-2026723	PORTELA OTERO, INES	18/08/2001	10/03/2024	22	Senior	CA Santiago
45:34:00 - PC	AG-2027115	FERNÁNDEZ DÍAZ, MARTA	03/05/1999	10/03/2024	24	Senior	SD Compostela Atletismo
	AG-3170	SALGADO SANTOS, LARA	22/04/1992	10/03/2024	31	Senior	SD Compostela Atletismo

45:24:00 - PC	AG-9427	MEJUTO FERNANDEZ, NURIA	23/05/1990	10/03/2024	33 Senior	SD Compostela Atletismo
40:49:00 - PC	AG-9432	VERES OJEA, ELENA	12/01/1992	10/03/2024	32 Senior	SD Compostela Atletismo
42:14:00 - PC	GA-1450	PARRADO PINAQUE, TERESA	27/02/1990	10/03/2024	34 Senior	CA Santiago
	GA-1481	LÓPEZ VILLAR, LOURDES	06/03/1995	10/03/2024	29 Senior	CA Ribadeo
34:44:00	GA-4306	PEREZ BUGARIN, UXIA	31/10/1997	10/03/2024	26 Senior	At. Femenino Celta
	GA-5304	MANSO HERAS, ITZÍAR	21/10/2001	10/03/2024	22 Senior	Ourense Atletismo
42:11:00 - PC	GA-5423	PORTEIRO DE LOÑO, MULLUNESH MARINA	16/02/1997	10/03/2024	27 Senior	S.G. Pontevedra
38:19:00 - PC	GA-8795	RODRIGUEZ ABAD, ANTIA	10/07/1999	10/03/2024	24 Senior	Ourense Atletismo
	TGAL-486	GARCÍA RODRÍGUEZ, TAMARA	24/08/1993	10/03/2024	30 Senior	CD BIOSBARDO
	TGAL-566	PEREZ RODRIGUEZ, PAMELA	26/07/1989	10/03/2024	34 Senior	Atletismo Arenteiro
	TGAL-581	FERNANDEZ GONZALEZ, PAOLA	11/09/1994	10/03/2024	29 Senior	Atletismo Arenteiro
40:28:00	TGAL-605	VARELA SANTISO, PATRICIA	02/02/1992	10/03/2024	32 Senior	AD Cerne
52.54	AG-18347	PINCIROLI, LARA	13/03/2005	10/03/2024	18 Sub20	AD Fogar
	GA-1360	NÓVOA MORALES, CANDELA	28/06/2005	10/03/2024	18 Sub20	CD La Purisima
	GA-9297	GURIDI DIEGUEZ, VALERIA BATIRE	22/01/2005	10/03/2024	19 Sub20	SD Compostela Atletismo
01:13:24 - PC	GA-1517	MUÑOZ LARRAZABAL, ITZEL ORIANA	10/11/2005	10/03/2024	18 Sub20	Atletismo Arenteiro
	AG-2024446	OUTEIRIÑO ALONSO, LUCÍA	30/10/2004	10/03/2024	19 Sub23	CD La Purisima
	AG-14229	PEREZ ALONSO, CRISTINA	27/07/1987	10/03/2024	36 W35	C.S.C.R. Beade
46:04:00 - PC	AG-15091	FERNÁNDEZ PÉREZ, ALIA	24/09/1985	10/03/2024	38 W35	Atletismo Arenteiro
52:39:00 - PC	AG-15216	FERNÁNDEZ BLANCO, SILVIA	31/01/1985	10/03/2024	39 W35	SD Compostela Atletismo
	AG-18519	NOVELLAS JULIA, CRISTINA	12/09/1986	10/03/2024	37 W35	Club RunManiak Box001 Ourense
41:16:00	AG-2023728	IGLESIAS GONZALEZ, EVA MARIA	10/06/1985	10/03/2024	38 W35	Burgas Orense
46:22:00	AG-9865	MILLARES SIEIRA, CLATA Mª	04/11/1985	10/03/2024	38 W35	El Canario
	GA-1411	SUAREZ GESTO, ELENA	23/08/1984	10/03/2024	39 W35	SD Compostela Atletismo
36:50:00 - PC	GA-240	DOMINGUEZ MONTES, BEGOÑA	19/09/1984	10/03/2024	39 W35	Ourense Atletismo
	TGAL-29	FERNÁNDEZ CHIVITE, ENARA	15/02/1989	10/03/2024	35 W35	CD BIOSBARDO
59:22:00 - PC	AG-19494	OTERO GABIÁN, SONIA	26/12/1979	10/03/2024	44 W40	Esprintes Ourense
45:01:00	AG-2023259	COUTO MENDOZA, MARIA TERESA	24/06/1981	10/03/2024	42 W40	CA Pino
	AG-2027032	ABUIN RODRIGUEZ, ANA	01/04/1981	10/03/2024	42 W40	Verxel Nutricion Dep
	GA-1457	VILLALBA BARRIOS, DELIA	05/12/1983	10/03/2024	40 W40	Comesaña Sporting Club
39:56:08 - PC	GA-4239	FREAZA OTERO, SOFÍA	26/03/1982	10/03/2024	41 W40	Comesaña Sporting Club
39:01:00 - PC	GA-5718	FERNANDEZ FONTENLA, IRIA	06/08/1981	10/03/2024	42 W40	ADAS CUPA
49:05:00 - PC	GA-885	ROSALES ROSALES, PAULA	09/12/1982	10/03/2024	41 W40	CD Pinarium
	AG-18273	SAMBADE LESTON, LORETO	12/08/1975	10/03/2024	48 W45	Triki Team
37:20:00 - PC	AG-2027731	RIVAS SUAREZ, NATALIA	30/12/1977	10/03/2024	46 W45	INDEPENDIENTE
	AG-3791	RAMOS LEIS, ANDREIA	11/12/1977	10/03/2024	46 W45	Atletismo Fontes do Sar
	AG-766013	SOUTULLO PARADELA, ANA ISABEL	17/06/1978	10/03/2024	45 W45	Ourense Atletismo

	AG-9542	DEIRA BARCALA, SILVIA	02/07/1974	10/03/2024	49	W45	Entrenarunning
41:56:00 - PC	GA-709	TARRÍO MARTÍNEZ, MARÍA	10/11/1977	10/03/2024	46	W45	SD Compostela Atletismo
49:09:00	GA-803	GONZÁLEZ VALEA, SONIA	08/03/1976	10/03/2024	48	W45	CA Ribadeo
50:29:00	AG-14909	SALGADO PÉREZ, SELA	15/02/1974	10/03/2024	50	W50	CD La Purisima
	AG-14942	ASOREY NIEVES, CARMEN	28/09/1970	10/03/2024	53	W50	Entrenarunning
01:05:17 - PC	AG-15078	VIGO LIÑARES, CONSUELO	12/07/1970	10/03/2024	53	W50	Entrenarunning
	AG-18445	ANEGAS FERNANDEZ, PURIFICACIÓN	27/03/1970	10/03/2024	53	W50	Corredores do Miño
01:05:17 - PC	AG-2014921	VIGO LIÑARES, ANA	12/06/1969	10/03/2024	54	W50	Entrenarunning
	AG-20167	CASTRO BLANCO, MONCHA	01/09/1971	10/03/2024	52	W50	Entrenarunning
49:57:00	AG-763760	NOYA PEREZ, BELEN	30/06/1973	10/03/2024	50	W50	Entrenarunning
53:43:00	AG-9429	RODRIGUEZ VILLAR, SONIA	22/06/1973	10/03/2024	50	W50	Entrenarunning
49:09:00 - PC	GA-1111	RIBER RUEDA, JOSEFINA	09/03/1973	10/03/2024	51	W50	SD Compostela Atletismo
40:29:00 - PC	GA-1398	LEIRO LOPEZ, MARIA SOLEDAD AURORA	18/12/1973	10/03/2024	50	W50	SD Compostela Atletismo
42:59:00 - PC	GA-23362	TEIJEIRO FERRO, SONIA	19/11/1971	10/03/2024	52	W50	CD La Purisima
39:36:00 - PC	GA-5817	PAPIN ESTEVEZ, INES	05/12/1969	10/03/2024	54	W50	Dawako Athletics C.D.
43:38:00	TGAL-344	GONZALEZ FERNANDEZ, MARIA AURORA	26/01/1970	10/03/2024	54	W50	CD Pinarium
	AG-17465	GRUEIRO HERMIDA, VICTORIA	05/01/1969	10/03/2024	55	W55	Club Atletismo Naron
57:06:00 - PC	GA-1149	AMIGO FERREIRO, MARIA ELENA	24/03/1968	10/03/2024	55	W55	SD Compostela Atletismo
52:21:00	GA-1509	ESPINOSA MENOR, MARÍA JESÚS	31/10/1968	10/03/2024	55	W55	CD La Purisima
45:50:00	GA-629	RODRIGUEZ RODRIGUEZ, MANUELA	12/09/1965	10/03/2024	58	W55	CD La Purisima
48:39:00 - PC	GA-809	DIAZ MESA, ROCIO	26/12/1968	10/03/2024	55	W55	CA Ribadeo
43:05:00 - PC	GA-9172	CASTRO SOLIÑO, MARIA SOLEDAD	25/05/1965	10/03/2024	58	W55	Comesaña Sporting Club
48:36:00 - PC	AG-17505	BLANCO AMBOAGE, MERCEDES	19/12/1963	10/03/2024	60	W60	Club Atletismo SAR
52:47:00	AG-2026566	LOPEZ BLANCO, LAURA	12/03/1962	10/03/2024	61	W60	CD La Purisima
	GA-1526	RODRIGUEZ DEL RIO, MARIA CARMEN	14/10/1955	10/03/2024	68	W65	SD Compostela Atletismo
59:22:00 - PC	GA-19107	DE ARRIBA BELLOGIN, BEGOÑA DE	08/09/1955	10/03/2024	68	W65	Egobarros de Viveiro
01:09:24 - PC	GA-1421	TRESGUERRAS GONZALEZ, ELVIRA	06/07/1952	10/03/2024	71	W70	Club Atletismo SAR