

XIII CARREIRA DO COCIDO DE LALIN

10K

Clasificación Xeral



Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	Tempo Neto	Ritmo Neto	T. KM 3,1	Licenza	Club	Localidade
1	1	JOSE	CANDA LOUZAO	M-1	M+35-1	00:31:43	00:03:11	00:31:43	00:03:11	00:09:34		Atletismo areiteiro	LALÍN
2	534	MARCOS	ORO VENCE	M-2	SENM-1	00:32:57	00:03:18	00:32:57	00:03:18	00:09:53			TRITONES RIOJA
3	5	JESSE	CORRO ROUFETT	M-3	SENM-2	00:33:13	00:03:20	00:33:13	00:03:20	00:10:05			CARBALLIÑO (O)
4	10	RICARDO	VÁZQUEZ VAAMONDE	M-4	M+45-1	00:33:46	00:03:23	00:33:46	00:03:23	00:10:05			LALÍN
5	6	JOSÉ MANUEL	PENAS VARELA	M-5	M+35-2	00:33:53	00:03:24	00:33:53	00:03:24	00:10:05			SANTISO
6	17	GUILLELME DENÍS	CASTILLO CARBALLA	M-6	SENM-3	00:34:54	00:03:30	00:34:54	00:03:30	00:10:08			OURENSE
7	23	VÍCTOR	GARCIA GOMEZ	M-7	M+35-3	00:35:18	00:03:32	00:35:17	00:03:32	00:10:29	AG2023071	Atletismo areiteiro	OURENSE
8	9	DIEGO	PAZ SOBREIRA	M-8	SENM-4	00:35:20	00:03:32	00:35:20	00:03:32	00:10:09			PONTEVEDRA
9	18	MIGUEL	DAPORTA MÉNDEZ	M-9	M+45-2	00:35:27	00:03:33	00:35:26	00:03:33	00:10:26			POIO
10	25	LUIS	MARTÍNEZ LOUZAO	M-10	SENM-5	00:35:46	00:03:35	00:35:43	00:03:35	00:10:21			MONTERROSO
11	29	LITO	RODRIGUEZ POUSO	M-11	M+35-4	00:35:48	00:03:35	00:35:47	00:03:35	00:10:25			PORTO DO SON
12	27	FEDERICO	LOSADA CONDE	M-12	M+45-3	00:35:56	00:03:36	00:35:55	00:03:36	00:10:30			OURENSE
13	20	DIEGO	SANTIAGO	M-13	SENM-6	00:36:18	00:03:38	00:36:18	00:03:38	00:10:27			VILAGARCÍA DE AROUSA
14	19	XOSÉ	PÉREZ BLANCO	M-14	SUB23M-1	00:36:23	00:03:39	00:36:23	00:03:39	00:10:15	AG2027391		SAN CRISTOVO DE CEA
15	28	JOSE	SUAREZ LEIS	M-15	M+55-1	00:36:36	00:03:40	00:36:36	00:03:40	00:10:29	AG-766580		BAÑA (A)
16	65	ANDER	CASTRO FERNÁNDEZ	M-16	SENM-7	00:37:12	00:03:44	00:37:08	00:03:43	00:11:14			MONTERROSO
17	15	NICOLÁS	MARIN MOLLINEDO	M-17	SENM-8	00:37:14	00:03:44	00:37:14	00:03:44	00:11:15			VILAGARCÍA DE AROUSA
18	36	PABLO	IGLESIAS PENELA	M-18	SENM-9	00:37:18	00:03:44	00:37:18	00:03:44	00:10:55			MARÍN
19	13	MANOLHLINO	BESTEIRO	M-19	SENM-10	00:37:26	00:03:45	00:37:26	00:03:45	00:10:28	AG-2019340		MONFORTE DE LEMOS
20	30	JUAN JOSE	BELLO	M-20	M+35-5	00:37:31	00:03:46	00:37:31	00:03:46	00:10:46			NEGREIRA
21	39	HÉCTOR	CADAVID VILLANUEVA	M-21	M+35-6	00:37:39	00:03:46	00:37:37	00:03:46	00:10:56			OURENSE
22	40	MIGUEL	PARCERO ESPÍÑO	M-22	M+35-7	00:37:43	00:03:47	00:37:41	00:03:47	00:11:11		Atletismo areiteiro	SILLEDA
23	16	CRISTIAN	DÍAZ LORENZO	M-23	M+45-4	00:37:47	00:03:47	00:37:47	00:03:47	00:10:31	GA764912		OURENSE
24	33	MANUEL	MATO COUSO	M-24	SENM-11	00:38:14	00:03:50	00:38:12	00:03:50	00:11:12	TGAL140		SANTISO
25	14	IAGO	CAL SOUTO	M-25	SUB23M-2	00:38:19	00:03:50	00:38:17	00:03:50	00:10:56			VILAGARCÍA DE AROUSA
26	45	MÍCHEL	REMIGIO LORENZO	M-26	M+45-5	00:38:20	00:03:50	00:38:19	00:03:50	00:11:34			CARBALLIÑO (O)
27	43	IVAN	GUTIERREZ SOUTO	M-27	M+35-8	00:38:22	00:03:51	00:38:19	00:03:50	00:10:55			LUGO
28	24	PABLO	FERNÁNDEZ DIAZ	M-28	SUB23M-3	00:38:23	00:03:51	00:38:21	00:03:51	00:11:07			RIBADEO
29	12	BRAIS	LUGRÍS MOSTEIRO	M-29	SUB20M-1	00:38:25	00:03:51	00:38:24	00:03:51	00:11:31			MELIDE
30	22	DAVID	SENDON CAAMAÑO	M-30	M+35-9	00:38:29	00:03:51	00:38:27	00:03:51	00:11:03			OUTES
31	51	JOEL	DURAN	M-31	SENM-12	00:38:32	00:03:52	00:38:29	00:03:51	00:11:32			XINZO DE LIMIA
32	52	MANUEL	GOLMAR FONDEVILA	M-32	M+45-6	00:38:39	00:03:52	00:38:38	00:03:52	00:11:12			LALÍN
33	70	FELIPE	ALVARADO RODRIGUEZ	M-33	SENM-13	00:38:48	00:03:53	00:38:43	00:03:53	00:11:30			MONTERROSO
34	26	ALEXANDRE	FERNANDEZ TOJO	M-34	SENM-14	00:38:49	00:03:53	00:38:49	00:03:53	00:11:19			VAL DO DUBRA
35	41	MIGUEL	IGLESIAS AMORES	M-35	SENM-15	00:39:08	00:03:55	00:39:08	00:03:55	00:11:26	AG2016188		VEDRA
36	48	ROBERTO	PEREZ CASTRO	M-36	SENM-16	00:39:12	00:03:56	00:39:09	00:03:55	00:11:49	TGAL343		MELIDE
37	67	ESTEBAN	GARCIA GOMEZ	M-37	M+35-10	00:39:22	00:03:57	00:39:22	00:03:57	00:11:31	AG3618		PADRÓN
38	38	SERAFIN	RODRIGUEZ RODRIGUEZ	M-38	M+45-7	00:39:27	00:03:57	00:39:25	00:03:57	00:11:19			OURENSE
39	35	FRAN	IGLESIAS GONDAR	M-39	M+35-11	00:39:28	00:03:57	00:39:28	00:03:57	00:11:21			GROVE (O)
40	31	ELISEO	FABELLO CID	M-40	M+45-8	00:39:32	00:03:58	00:39:32	00:03:58	00:11:37		Atletismo areiteiro	OURENSE
41	111	MANUEL	SANTEIRO PAZ	M-41	M+35-12	00:39:39	00:03:58	00:39:33	00:03:58	00:11:46			CARBALLIÑO (O)
42	54	IGNACIO	DEVESA	M-42	M+35-13	00:39:51	00:04:00	00:39:49	00:03:59	00:11:32			TEO
43	32	HUGO	DURAN ALVAREZ	M-43	M+35-14	00:40:04	00:04:01	00:40:02	00:04:01	00:11:24			PONTEVEDRA
44	101	IRIA	CAMPOS TRABAZO	F-1	W+35-1	00:40:08	00:04:01	00:40:06	00:04:01	00:11:55			LALÍN
45	60	MANUEL	PAREDES PARADA	M-44	M+55-2	00:40:20	00:04:02	00:40:20	00:04:02	00:11:55			POBRA DO CARAMIÑAL (A)
46	94	CAMILO	FRAMIÑÁN LAMAZARES	M-45	SENM-17	00:40:24	00:04:03	00:40:20	00:04:02	00:11:38			LALÍN

47	86	JESÚS	CELA BOISA	M-46	SENM-18	00:40:29	00:04:03	00:40:26	00:04:03	00:12:17	AG3522	BRIÓN	
48	95	ALBERTO	LÓPEZ MARTÍNEZ	M-47	M+35-15	00:40:30	00:04:03	00:40:26	00:04:03	00:12:25		CORUÑA (A)	
49	61	RAMÓN	RODRÍGUEZ GONZALEZ	M-48	M+45-9	00:40:43	00:04:05	00:40:39	00:04:04	00:11:47	AG769144	CARBALLIÑO (O)	
50	92	RUBÉN	GONZÁLEZ RAMOS	M-49	M+35-16	00:40:43	00:04:05	00:40:38	00:04:04	00:11:59		LALÍN	
51	77	DANIEL	FERNÁNDEZ PEREIRAS	M-50	SENM-19	00:40:49	00:04:05	00:40:46	00:04:05	00:12:21		LALÍN	
52	69	JOSÉ MANUEL	FERNÁNDEZ CARRILLO	M-51	M+35-17	00:40:51	00:04:06	00:40:45	00:04:05	00:11:55		PINO (O)	
53	72	ESTEBAN	SUEIRO IGLESIAS	M-52	M+45-10	00:41:00	00:04:06	00:40:58	00:04:06	00:12:17		SANTIAGO DE COMPOSTELA	
54	66	MARCOS	MAYO AGRAFOJO	M-53	M+35-18	00:41:04	00:04:07	00:41:01	00:04:07	00:12:15	AG3619	ROIS	
55	55	ALFREDO	FERREIRO DEAÑO	M-54	M+35-19	00:41:04	00:04:07	00:41:02	00:04:07	00:11:55	AG-10629	RIBADAVIA	
56	53	JAVIER	DIEGUEZ FERNANDEZ	M-55	M+35-20	00:41:06	00:04:07	00:41:01	00:04:07	00:11:50		LALÍN	
57	2	PATRICIA	VARELA SANTISO	F-2	SENF-1	00:41:08	00:04:07	00:41:07	00:04:07	00:11:54	AG2604	Atletismo arenteiro	VILA DE CRUCES
58	57	JAIME	TIZÓN DAVILA	M-56	M+45-11	00:41:09	00:04:07	00:41:05	00:04:07	00:12:11		BRIÓN	
59	73	JOSE IGNACIO	CIGUENZA GESTOSO	M-57	M+45-12	00:41:12	00:04:08	00:41:10	00:04:07	00:12:03		VEDRA	
60	301	VICENTE	AGULLÓ	M-58	SUB20M-2	00:41:16	00:04:08	00:41:12	00:04:08	00:11:49		LALÍN	
61	62	JAVIER	DIAZ CID	M-59	SENM-20	00:41:21	00:04:09	00:41:16	00:04:08	00:12:06		ALLARIZ	
62	50	MIGUEL	DAFONTE MARTÍNEZ	M-60	M+35-21	00:41:21	00:04:09	00:41:16	00:04:08	00:12:21		MONFORTE DE LEMOS	
63	49	LENNON	ALMEIDA DOS SANTOS	M-61	SENM-21	00:41:26	00:04:09	00:41:20	00:04:08	00:12:27	AG14467	SANTIAGO DE COMPOSTELA	
64	87	ANGEL MANUEL	FERNÁNDEZ VIDAL	M-62	M+45-13	00:41:28	00:04:09	00:41:25	00:04:09	00:12:12		MUROS	
65	110	JACOB	PAZ MARTINEZ	M-63	M+35-22	00:41:43	00:04:11	00:41:37	00:04:10	00:12:04		CARBALLIÑO (O)	
66	64	JOSÉ ANTONIO	VELOSO MIRANDA	M-64	M+45-14	00:41:46	00:04:11	00:41:44	00:04:11	00:12:27	AG766020	OURENSE	
67	58	JUAN	ARUFE SANTAMARIA	M-65	M+45-15	00:41:52	00:04:12	00:41:42	00:04:11	00:12:37		PORTO DO SON	
68	315	ABRAHAM	MARTÍN CORRAL	M-66	SUB18M-1	00:42:00	00:04:12	00:41:57	00:04:12	00:12:17		TOQUES	
69	96	ANA ISABEL	SOUTULLO PARADELA	F-3	W+35-2	00:42:12	00:04:14	00:42:10	00:04:13	00:12:25		PEREIRO DE AGUIAR (O)	
70	312	LEO	FERNANDEZ MARTINEZ	M-67	SUB18M-2	00:42:16	00:04:14	00:42:16	00:04:14	00:12:20		MUROS	
71	113	PABLO	CACHEDA GONZÁLEZ	M-68	SENM-22	00:42:21	00:04:15	00:42:17	00:04:14	00:12:56		LALÍN	
72	59	ANTONIO	CARBALLAL GONZALEZ	M-69	M+35-23	00:42:24	00:04:15	00:42:21	00:04:15	00:13:04		MARÍN	
73	78	ABEL	BARREIRO	M-70	M+45-16	00:42:27	00:04:15	00:42:22	00:04:15	00:12:24		PINO (O)	
74	152	RICARDO SANTIAGO	REY CASTRO	M-71	M+55-3	00:42:36	00:04:16	00:42:30	00:04:15	00:13:06		VILA DE CRUCES	
75	168	MOISÉS	CADAHÍA GARCÍA	M-72	M+45-17	00:42:37	00:04:16	00:42:28	00:04:15	00:12:48		MONTERROSO	
76	313	SANDRA	GONZALEZ FERNANDEZ	F-4	SUB18F-1	00:42:38	00:04:16	00:42:36	00:04:16	00:12:49		LUGO	
77	76	EMILIO JOSE	FERREIRO HERVES	M-73	M+45-18	00:42:44	00:04:17	00:42:40	00:04:16	00:12:27		CUNTIS	
78	83	HIPÓLITO	PIEDRAS PUIG	M-74	M+35-24	00:42:49	00:04:17	00:42:42	00:04:17	00:12:46		PONTEVEDRA	
79	306	DIEGO	ALVAREZ BOUZO	M-75	SENM-23	00:42:53	00:04:18	00:42:44	00:04:17	00:13:29		PIÑOR	
80	162	JOSÉ	VARELA PÁJARO	M-76	M+45-19	00:42:53	00:04:18	00:42:47	00:04:17	00:13:05		VILA DE CRUCES	
81	102	MODESTO	NUÑEZ BOIMORTO	M-77	M+55-4	00:42:58	00:04:18	00:42:54	00:04:18	00:12:12		OURENSE	
82	190	RUBEN	VARELA NEIRA	M-78	SENM-24	00:43:23	00:04:21	00:43:18	00:04:20	00:12:58		LALÍN	
83	85	JOSE ANGEL	MAZAIRA PATEIRO	M-79	M+45-20	00:43:37	00:04:22	00:43:35	00:04:22	00:12:36		OURENSE	
84	71	PABLO	FEIJOO LOUREIRO	M-80	M+45-21	00:43:50	00:04:23	00:43:44	00:04:23	00:13:02		SANDIÁS	
85	145	MARIO DANIEL	VARELA CRESPO	M-81	M+35-25	00:43:57	00:04:24	00:43:49	00:04:23	00:13:31	AG2024242	CARBALLIÑO (O)	
86	82	MANUEL	BARROS BARCALA	M-82	M+45-22	00:44:06	00:04:25	00:43:56	00:04:24	00:13:23	AG3996	BARRO	
87	174	MIGUEL	SOTO FERNANDEZ	M-83	M+45-23	00:44:11	00:04:26	00:43:58	00:04:24	00:13:49	AG2015810	BARBADÁS	
88	80	MARCOS	PEREZ FORMIGO	M-84	M+45-24	00:44:18	00:04:26	00:44:12	00:04:26	00:12:40		CARBALLIÑO (O)	
89	104	MARCOS	CASTRO IBÁÑEZ	M-85	SUB23M-4	00:44:34	00:04:28	00:44:32	00:04:28	00:13:06		CORUÑA (A)	
90	165	ROBERTO CARLOS	ESPINOSO VIDE	M-86	M+45-25	00:44:37	00:04:28	00:44:32	00:04:28	00:13:24		OURENSE	
91	167	UXIO	FORTES OTERO	M-87	M+35-26	00:44:38	00:04:28	00:44:29	00:04:27	00:13:11		SILLEDA	
92	181	JOSÉ MANUEL	RATÓN PARADELA	M-88	M+35-27	00:44:41	00:04:29	00:44:34	00:04:28	00:13:32		BARBADÁS	
93	91	DAVID	OTERO CRESPO	M-89	M+35-28	00:44:41	00:04:29	00:44:38	00:04:28	00:13:04		MARÍN	
94	90	PAULA	ROSALES ROSALES	F-5	W+35-3	00:44:42	00:04:29	00:44:38	00:04:28	00:13:22		MARÍN	
95	115	JOSE LUIS	ALVAREZ VAZQUEZ	M-90	M+45-26	00:44:45	00:04:29	00:44:42	00:04:29	00:13:20		OURENSE	
96	143	PALOMA	GÁNDARA SOLÓRZANO	F-6	SENF-2	00:44:52	00:04:30	00:44:48	00:04:29	00:13:08		CORUÑA (A)	
97	182	ANTONIO	RODRÍGUEZ GONZÁLEZ	M-91	M+35-29	00:44:57	00:04:30	00:44:51	00:04:30	00:13:03		CARBALLIÑO (O)	
98	100	ANDRÉS ANXO	PÉREZ SÁNCHEZ	M-92	SENM-25	00:44:59	00:04:30	00:44:54	00:04:30	00:13:10		TEO	

99	68	ADRIÁN	PENIDO NÚÑEZ	M-93	SENM-26	00:44:59	00:04:30	00:44:52	00:04:30	00:13:18		SILLEDA
100	74	GONZALO	MARIÑO GRANJA	M-94	SENM-27	00:45:04	00:04:31	00:45:02	00:04:31	00:13:06	GA16371	BRIÓN
101	142	ANTONIO	FERNÁNDEZ RODRÍGUEZ	M-95	M+45-27	00:45:05	00:04:31	00:45:01	00:04:31	00:13:09		SAN CIBRAO DAS VIÑAS
102	8	PEDRO	PITA ROMERO	M-96	SUB23M-5	00:45:06	00:04:31	00:44:50	00:04:29	00:12:31		LALÍN
103	311	XABIER	CALVIÑO	M-97	SUB18M-3	00:45:10	00:04:31	00:44:54	00:04:30	00:14:13		LALÍN
104	99	DANIEL	LORENZO ALVAREZ	M-98	M+35-30	00:45:13	00:04:32	00:45:03	00:04:31	00:13:03		COLES
105	314	JACOBO	GUERRERO LAREU	M-99	SUB18M-4	00:45:21	00:04:33	00:45:12	00:04:32	00:13:53		LALÍN
106	88	SUSANA	OGEA DOBAÑO	F-7	W+45-1	00:45:40	00:04:34	00:45:36	00:04:34	00:13:33		MADRID
107	147	PURIFICACIÓN	ANEGAS FERNÁNDEZ	F-8	W+45-2	00:45:43	00:04:35	00:45:41	00:04:35	00:13:21		OURENSE
108	195	DIEGO	GARCÍA MATO	M-100	SENM-28	00:45:44	00:04:35	00:45:39	00:04:34	00:13:04		SILLEDA
109	89	JOSÉ MANUEL	JUNCAL SANTOS	M-101	M+45-28	00:45:47	00:04:35	00:45:34	00:04:34	00:13:50		SANTIAGO DE COMPOSTELA
110	107	FERNANDO	MARTÍN RODRIGUEZ	M-102	M+55-5	00:45:51	00:04:36	00:45:46	00:04:35	00:13:25		OURENSE
111	164	MARTA	SOLLA	F-9	W+35-4	00:45:55	00:04:36	00:45:51	00:04:36	00:13:09		OURENSE
112	81	ÁNGEL MANUEL	RODAL DIZ	M-103	M+45-29	00:46:06	00:04:37	00:46:04	00:04:37	00:13:23	AG10103	MARÍN
113	160	DIEGO	VILAS CREO	M-104	M+45-30	00:46:16	00:04:38	00:46:06	00:04:37	00:13:30		PORTO DO SON
114	116	MARCOS	SÁNCHEZ LAGARES	M-105	SENM-29	00:46:17	00:04:38	00:46:06	00:04:37	00:13:47		FRADES
115	146	ÓSCAR	MARTÍNEZ IGLESIAS	M-106	M+35-31	00:46:17	00:04:38	00:46:05	00:04:37	00:14:06		ORDES
116	105	LYDIA	RODRÍGUEZ CARRACEDO	F-10	W+35-5	00:46:19	00:04:38	00:46:15	00:04:38	00:13:21		MELIDE
117	158	OSCAR	CAÑIZO CERDEIRA	M-107	SENM-30	00:46:19	00:04:38	00:46:10	00:04:37	00:14:05		AVIÓN
118	169	MANUEL	ARGIBAY PÉREZ	M-108	M+55-6	00:46:19	00:04:38	00:46:13	00:04:38	00:13:58		SILLEDA
119	257	NICOLÁS	VILLAR GÓMEZ	M-109	SUB23M-6	00:46:26	00:04:39	00:46:12	00:04:38	00:14:24		LALÍN
120	216	DANIEL	PLEGUEZUELO LORENZO	M-110	SENM-31	00:46:26	00:04:39	00:46:17	00:04:38	00:14:10		PIÑOR
121	138	ADRIÁN	NOVOA GARCÍA	M-111	SENM-32	00:46:31	00:04:40	00:46:15	00:04:38	00:14:31		LALÍN
122	109	FERNANDO	GONZÁLEZ	M-112	SENM-33	00:46:36	00:04:40	00:46:29	00:04:39	00:14:01		SILLEDA
123	186	JAVIER	NOGUEIRA LAMAS	M-113	M+35-32	00:46:37	00:04:40	00:46:28	00:04:39	00:13:50		IRIXO (O)
124	159	MANUEL	GONZÁLEZ SANTAMARIA	M-114	M+65-1	00:46:52	00:04:42	00:46:48	00:04:41	00:13:13		OURENSE
125	228	RAFAEL	CANABAL GARCIA	M-115	SENM-34	00:46:53	00:04:42	00:46:42	00:04:41	00:14:12		FORCAREI
126	242	PEDRO	ALONSO VÁZQUEZ	M-116	M+35-33	00:46:57	00:04:42	00:46:51	00:04:42	00:14:00		PONTEVEDRA
127	170	JAVIER	SUÁREZ GIADÁS	M-117	M+35-34	00:47:04	00:04:43	00:46:58	00:04:42	00:14:03		TOURO
128	155	LUCAS	OLEGO VENTUREYRA	M-118	M+35-35	00:47:04	00:04:43	00:46:53	00:04:42	00:13:23		OLEIROS
129	166	ALEJANDRO	GARCÍA LOSAS	M-119	SENM-35	00:47:11	00:04:44	00:46:59	00:04:42	00:14:07		PADRÓN
130	188	DIANA	MARTINEZ BURGO	F-11	W+35-6	00:47:23	00:04:45	00:47:07	00:04:43	00:14:33		PORRIÑO (O)
131	180	FRANCISCO XOSÉ	CANDIA DURÁN	M-120	M+45-31	00:47:26	00:04:45	00:47:24	00:04:45	00:13:47		LUGO
132	201	ALIA	FERNÁNDEZ PÉREZ	F-12	W+35-7	00:47:35	00:04:46	00:47:29	00:04:45	00:14:02	Atletismo arenteiro	OURENSE
133	200	J.A.	VAZQUEZ BAS	M-121	M+35-36	00:47:36	00:04:46	00:47:24	00:04:45	00:14:33		SARRIA
134	229	MARCOS	CONDE IGLESIAS	M-122	SENM-36	00:47:38	00:04:46	00:47:30	00:04:45	00:14:08		OURENSE
135	191	NOELIA	GONZÁLEZ VENTOSELA	F-13	W+35-8	00:47:42	00:04:47	00:47:37	00:04:46	00:14:04	Atletismo arenteiro	PEREIRO DE AGUIAR (O)
136	108	JAVIER	MARTIÑÁN CAMIÑO	M-123	M+45-32	00:47:47	00:04:47	00:47:37	00:04:46	00:14:00	AG15314	AMES
137	298	JAVIER	QUINTE PÉREZ	M-124	M+35-37	00:47:52	00:04:48	00:47:39	00:04:46	00:14:33		SARRIA
138	310	MARIO	SÁNCHEZ PRADA	M-125	M+35-38	00:47:53	00:04:48	00:47:49	00:04:47	00:13:34		LALÍN
139	157	SANTIAGO	SOLLA CRESPO	M-126	M+35-39	00:47:54	00:04:48	00:47:50	00:04:47	00:14:05		MARÍN
140	226	JOSÉ MANUEL	PORRAL FRAMIÑÁN	M-127	M+35-40	00:47:54	00:04:48	00:47:50	00:04:47	00:14:05		LALÍN
141	259	ALEJANDRO	GONZALEZ ARIAS	M-128	M+55-7	00:47:54	00:04:48	00:47:51	00:04:48	00:14:58		LUGO
142	187	BORJA	SUÁREZ FUENTES	M-129	M+45-33	00:48:08	00:04:49	00:47:55	00:04:48	00:13:35		CUNTIS
143	199	JULIA	CASTELAO LLANEZA	F-14	W+35-9	00:48:08	00:04:49	00:47:57	00:04:48	00:13:55		LUGO
144	136	JUAN CARLOS	CAMBA AÑON	M-130	M+35-41	00:48:11	00:04:50	00:47:54	00:04:48	00:13:38		MOS
145	258	PABLO	NOVO	M-131	SENM-37	00:48:13	00:04:50	00:47:58	00:04:48	00:15:15		BOIMORTO
146	112	JAVIER	RODRIGUEZ REBOREDO	M-132	M+45-34	00:48:15	00:04:50	00:48:06	00:04:49	00:14:10		OURENSE
147	161	EMILIO	FERNANDEZ RODRIGUEZ	M-133	M+55-8	00:48:22	00:04:51	00:48:11	00:04:50	00:14:41		RIBADEO
148	176	FERNANDO	SAINZ GARCIA	M-134	M+65-2	00:48:31	00:04:52	00:48:28	00:04:51	00:14:32		AMES
149	144	EVA	DE LA FUENTE IGLESIAS	F-15	W+45-3	00:48:34	00:04:52	00:48:28	00:04:51	00:13:51		SANTIAGO DE COMPOSTELA
150	214	ADELA	PAZ FERNANDEZ	F-16	W+35-10	00:48:38	00:04:52	00:48:30	00:04:51	00:14:24		PONTEVEDRA

151	218	VÍCTOR MANUEL	LÓPEZ GAGO	M-135	M+35-42	00:48:39	00:04:52	00:48:29	00:04:51	00:14:03	LUGO
152	196	MARCOS	OBREGON LOPEZ	M-136	M+45-35	00:48:42	00:04:53	00:48:30	00:04:51	00:15:02	LUGO
153	184	RODRIGO	RUBIAL LALIN	M-137	M+35-43	00:48:45	00:04:53	00:48:40	00:04:52	00:14:01	CORUÑA (A)
154	231	VICTOR	VEIGA AGUION	M-138	M+35-44	00:48:49	00:04:53	00:48:35	00:04:52	00:15:16	BETANZOS
155	215	DIEGO	NESPEREIRA VALE	M-139	SENM-38	00:48:58	00:04:54	00:48:49	00:04:53	00:15:04	PONTEVEDRA
156	212	JOSE LUIS	RODRIGUEZ ORTEGA	M-140	M+55-9	00:48:59	00:04:54	00:48:49	00:04:53	00:14:19	RAMIRÁS
157	297	BRUNO	SANTEIRO PICÓN	M-141	M+35-45	00:49:00	00:04:54	00:48:48	00:04:53	00:15:10	FORCAREI
158	192	ANDREA	VÁZQUEZ ÁLVAREZ	F-17	SENF-3	00:49:02	00:04:55	00:48:59	00:04:54	00:14:03	LALÍN
159	197	ARMANDO	BROZ FIDALGO	M-142	M+45-36	00:49:07	00:04:55	00:48:53	00:04:54	00:14:34	SANTIAGO DE COMPOSTELA
160	156	ASIER	VÁZQUEZ SANTOS	M-143	SENM-39	00:49:09	00:04:55	00:48:53	00:04:54	00:14:56	VIMIANZO
161	213	MARCOS	LOPEZ GONZALEZ	M-144	M+35-46	00:49:20	00:04:56	00:49:01	00:04:55	00:15:43	BARBADÁS
162	97	JOSÉ BENITO	ABELLÁS OTERO	M-145	M+55-10	00:49:21	00:04:57	00:49:13	00:04:56	00:14:29	AG 764797 OURENSE
163	183	MARTIN	FERNANDEZ LOPEZ	M-146	M+55-11	00:49:21	00:04:57	00:49:12	00:04:56	00:14:30	CARBALLIÑO (O)
164	205	JOSE	RIOS VAZQUEZ	M-147	M+55-12	00:49:22	00:04:57	00:49:18	00:04:56	00:14:51	BOIRO
165	118	LUIS	RODRIGUEZ REBOREDO	M-148	M+45-37	00:49:37	00:04:58	00:49:28	00:04:57	00:14:52	OURENSE
166	207	JUAN M	GÓMEZ CRESPO	M-149	M+35-47	00:49:40	00:04:58	00:49:34	00:04:58	00:14:30	BETANZOS
167	221	MANUEL	ALEGRE VIGO	M-150	M+45-38	00:49:46	00:04:59	00:49:33	00:04:58	00:14:25	SANTIAGO DE COMPOSTELA
168	189	LETICIA	FIGUEIRA DOMÍNGUEZ	F-18	W+35-11	00:49:49	00:04:59	00:49:44	00:04:59	00:14:31	SANTIAGO DE COMPOSTELA
169	193	MARIA GUADALUPE	BUJAN RODRIGUEZ	F-19	W+45-4	00:49:54	00:05:00	00:49:50	00:04:59	00:14:34	MELIDE
170	227	OSCAR	PIZORNO	M-151	M+35-48	00:49:56	00:05:00	00:49:53	00:05:00	00:15:08	OURENSE
171	204	SECUNDINO	BASALO FERNANDEZ	M-152	M+45-39	00:49:59	00:05:00	00:49:56	00:05:00	00:15:07	OURENSE
172	262	JOSE MANUEL	GARRIDO BERTOLO	M-153	M+45-40	00:50:00	00:05:00	00:49:48	00:04:59	00:15:10	FORCAREI
173	203	JULEN	MAYOR	M-154	M+45-41	00:50:05	00:05:01	00:49:51	00:05:00	00:15:10	CORUÑA (A)
174	222	PATRICIA	MONTOTO VÁZQUEZ	F-20	W+35-12	00:50:08	00:05:01	00:49:59	00:05:00	00:14:31	LALÍN
175	177	DAVID	GARCÍA CURROS	M-155	M+55-13	00:50:08	00:05:01	00:50:01	00:05:01	00:14:35	LALÍN
176	126	LUCÍA	MARIÑO PAZ	F-21	W+35-13	00:50:09	00:05:01	00:50:01	00:05:01	00:14:35	RIBEIRA
177	194	JOSÉ MANUEL	PÉREZ CIBEIRA	M-156	M+45-42	00:50:11	00:05:02	00:49:56	00:05:00	00:14:59	PIÑOR
178	185	SANTIAGO	GONZÁLEZ GUTIÉRREZ	M-157	M+45-43	00:50:25	00:05:03	00:50:24	00:05:03	00:14:23	LALÍN
179	128	JORGE JOSÉ	VILABOA PITEIRA	M-158	SENM-40	00:50:34	00:05:04	00:50:22	00:05:03	00:15:37	LUGO
180	133	MAURO EMILIANO	FERRARA	M-159	M+45-44	00:50:37	00:05:04	00:50:19	00:05:02	00:14:58	VILAGARCÍA DE AROUSA
181	240	DAVID	PEREZ BAÑA	M-160	SENM-41	00:50:40	00:05:04	00:50:26	00:05:03	00:15:26	BRIÓN
182	238	CAROLINA	BALADO LOPEZ	F-22	W+55-1	00:50:41	00:05:05	00:50:36	00:05:04	00:14:40	LALÍN
183	302	JAVIER	CARBALLUDE ITURBURUA	M-161	SENM-42	00:50:50	00:05:05	00:50:36	00:05:04	00:15:18	LALÍN
184	247	LUCÍA	GONZALEZ FERNANDEZ	F-23	W+35-14	00:50:53	00:05:06	00:50:43	00:05:05	00:14:39	LALÍN
185	282	JUAN	RODRÍGUEZ ARIAS	M-162	M+65-3	00:50:56	00:05:06	00:50:45	00:05:05	00:15:30	OURENSE
186	237	LORENA	VALOURA DÍAZ	F-24	SENF-4	00:51:02	00:05:07	00:50:52	00:05:06	00:14:38	XINZO DE LIMIA
187	224	ELADIO	OTERO GARCÍA	M-163	M+45-45	00:51:05	00:05:07	00:50:50	00:05:05	00:15:41	SANTIAGO DE COMPOSTELA
188	280	CRISTINA	BALADO BELLO	F-25	SENF-5	00:51:07	00:05:07	00:50:59	00:05:06	00:14:56	ARZÚA
189	209	OSCAR	VARELA	M-164	M+35-49	00:51:12	00:05:08	00:51:07	00:05:07	00:15:14	LALÍN
190	208	LARA	CANCIO	F-26	SENF-6	00:51:13	00:05:08	00:51:06	00:05:07	00:15:14	FONSAGRADA (A)
191	260	EVA MARIA	FERNANDEZ BRAN	F-27	W+45-5	00:51:13	00:05:08	00:51:09	00:05:07	00:14:57	LUGO
192	125	JUAN	ALONSO ALONSO	M-165	M+45-46	00:51:16	00:05:08	00:51:03	00:05:07	00:14:59	MOS
193	248	MARGARITA	BLANCO DIEGUEZ	F-28	W+45-6	00:51:19	00:05:08	00:51:10	00:05:07	00:15:03	LALÍN
194	119	ANTONIO	RIERA CACHERO	M-166	M+65-4	00:51:36	00:05:10	00:51:33	00:05:10	00:14:43	LALÍN
195	131	INÉS	FERRADÁNS RENDO	F-29	SENF-7	00:52:03	00:05:13	00:52:00	00:05:12	00:15:06	VEDRA
196	241	ROI	DIÉGUEZ EIRIZ	M-167	SENM-43	00:52:09	00:05:13	00:51:50	00:05:11	00:16:20	RODEIRO
197	206	ALBERTO	VILLAR	M-168	M+45-47	00:52:11	00:05:14	00:51:59	00:05:12	00:15:19	CARBALLIÑO (O)
198	233	JAVIER	DE LA TORRE LÓPEZ	M-169	M+35-50	00:52:14	00:05:14	00:52:07	00:05:13	00:15:07	OURENSE
199	127	MONICA	GARCIA ASOREY	F-30	W+45-7	00:52:22	00:05:15	00:52:16	00:05:14	00:15:23	VILA DE CRUCES
200	103	MANUEL	LEAL GÓMEZ	M-170	M+45-48	00:52:22	00:05:15	00:52:16	00:05:14	00:15:24	VILA DE CRUCES
201	235	JOSÉ RAMÓN	SEÑARÍS BOO	M-171	M+45-49	00:52:27	00:05:15	00:52:10	00:05:13	00:15:52	POBRA DO CARAMIÑAL (A)
202	124	YAGO	RODRÍGUEZ PESADO	M-172	SENM-44	00:52:30	00:05:15	00:52:21	00:05:15	00:14:25	VILAGARCÍA DE AROUSA

203	281	CARLOS	CASTEDO GONZALEZ	M-173	SENM-45	00:52:30	00:05:15	00:52:21	00:05:15	00:14:36		PARADELA
204	219	MONCHO	FERRACES VAZQUEZ	M-174	M+55-14	00:52:31	00:05:16	00:52:17	00:05:14	00:15:13	AG 2022428	TEO
205	171	ALBERTO	FEAL	M-175	M+55-15	00:52:38	00:05:16	00:52:30	00:05:15	00:15:44		BARBADÁS
206	278	ANA MARIA	LOPEZ CRUZ	F-31	W+45-8	00:52:38	00:05:16	00:52:31	00:05:16	00:15:44		OURENSE
207	236	JOSÉ MANUEL	ALONSO RIVAS	M-176	SENM-46	00:52:38	00:05:16	00:52:28	00:05:15	00:15:32		BEARIZ
208	217	PLÁCIDO	CASTRO VILANOVA	M-177	M+55-16	00:52:40	00:05:16	00:52:28	00:05:15	00:15:16		VILA DE CRUCES
209	251	DAVID	DIÉGUEZ FERNÁNDEZ	M-178	M+35-51	00:52:40	00:05:16	00:52:28	00:05:15	00:15:18		VILA DE CRUCES
210	245	OSCAR	CASTRO ÁLVAREZ	M-179	M+35-52	00:52:40	00:05:16	00:52:28	00:05:15	00:15:16		VILA DE CRUCES
211	296	VICTOR	PEREZ	M-180	SENM-47	00:52:43	00:05:17	00:52:27	00:05:15	00:15:51		LUGO
212	211	DAVID	RAMOS CASTELLANO	M-181	M+35-53	00:52:43	00:05:17	00:52:30	00:05:15	00:15:42		LALÍN
213	154	JUAN MANUEL	DOAMO LÓPEZ	M-182	M+45-50	00:52:54	00:05:18	00:52:37	00:05:16	00:16:05		LALÍN
214	270	MARI LUZ	CASAL GÓMEZ	F-32	W+55-2	00:53:04	00:05:19	00:52:54	00:05:18	00:15:48		VIMIANZO
215	299	SILVIA	FERNANDEZ BLANCO	F-33	W+35-15	00:53:09	00:05:19	00:53:01	00:05:19	00:15:27		VEDRA
216	150	BORJA	DÍAZ SANTISO	M-183	SENM-48	00:53:28	00:05:21	00:53:16	00:05:20	00:15:06		COSPEITO
217	244	JAVIER	CALVIÑO CALVO	M-184	M+55-17	00:53:29	00:05:21	00:53:12	00:05:20	00:15:35		LALÍN
218	239	RAQUEL	LAREO RODRÍGUEZ	F-34	W+45-9	00:53:32	00:05:22	00:53:25	00:05:21	00:16:19		LALÍN
219	179	LUISA	LALÍN LALÍN	F-35	W+55-3	00:53:42	00:05:23	00:53:34	00:05:22	00:15:02		LALÍN
220	256	JAVIER AUGUSTO	GIL MARIÑO	M-185	M+35-54	00:53:47	00:05:23	00:53:38	00:05:22	00:14:48		VILAGARCÍA DE AROUSA
221	263	M.CARMEN	GOMEZ SOENGAS	F-36	W+45-10	00:53:52	00:05:24	00:53:43	00:05:23	00:15:33		MONTERROSO
222	123	MIGUEL	PARDAVILA	M-186	M+45-51	00:54:09	00:05:25	00:53:55	00:05:24	00:15:59		OURENSE
223	178	MOISÉS	CASALMORTO PEREZ	M-187	M+45-52	00:54:11	00:05:26	00:54:04	00:05:25	00:15:04		PONTEVEDRA
224	130	MARIO MANUEL	GARCIA GONZALEZ	M-188	M+45-53	00:54:11	00:05:26	00:53:55	00:05:24	00:16:06		LALÍN
225	265	MARIA	MOREIRAS LEDO	F-37	W+35-16	00:54:13	00:05:26	00:54:03	00:05:25	00:15:43		RODEIRO
226	271	ANA MARÍA	ALVAREZ LOPEZ	F-38	W+45-11	00:54:19	00:05:26	00:54:10	00:05:25	00:15:45		MELIDE
227	234	MARÍA BEGOÑA	CAJADE BLANCO	F-39	W+35-17	00:54:31	00:05:28	00:54:16	00:05:26	00:16:24	AG2020396	ESTRADA (A)
228	294	LAURA	COTÓN LIÑAYO	F-40	SENF-8	00:54:40	00:05:28	00:54:24	00:05:27	00:15:49		POIO
229	272	JOSÉ LUIS	GONZÁLEZ CARDALDA	M-189	M+45-54	00:54:45	00:05:29	00:54:32	00:05:28	00:15:43		CORUÑA (A)
230	286	MARIÁN	RODRÍGUEZ	F-41	W+35-18	00:54:45	00:05:29	00:54:33	00:05:28	00:16:12		LALÍN
231	172	RUBÉN	PEÑA LÓPEZ	M-190	M+35-55	00:54:46	00:05:29	00:54:31	00:05:28	00:15:17		SANTIAGO DE COMPOSTELA
232	249	TOMÁS	FERNÁNDEZ MARTÍNEZ	M-191	M+35-56	00:54:58	00:05:30	00:54:40	00:05:28	00:16:36		CORUÑA (A)
233	250	PABLO	PIÑEIRO PIÑEIRO	M-192	M+35-57	00:55:00	00:05:30	00:54:42	00:05:29	00:16:37		PORTO DO SON
234	291	SILVIA	DEIRA BARCALA	F-42	W+45-12	00:55:17	00:05:32	00:55:08	00:05:31	00:15:52		BOIRO
235	132	MARÍA	VARELA MIRANDA	F-43	SENF-9	00:55:38	00:05:34	00:55:32	00:05:34	00:15:41		OURENSE
236	246	FELIX	DE CASTRO RODRIGUEZ	M-193	M+55-18	00:55:56	00:05:36	00:55:48	00:05:35	00:17:08	AG763651	CORUÑA (A)
237	285	ISOLINA	BERNARDEZ	F-44	W+55-4	00:56:11	00:05:38	00:55:58	00:05:36	00:16:24		LALÍN
238	267	ELIAS	MORAN GOMEZ	M-194	M+65-5	00:56:18	00:05:38	00:56:06	00:05:37	00:16:23		OURENSE
239	220	ALBERTO	QUINTELA SOUTO	M-195	M+35-58	00:56:19	00:05:38	00:56:11	00:05:38	00:15:52		LALÍN
240	232	SIRA	CEBREIROS IGLESIAS	F-45	W+35-19	00:56:44	00:05:41	00:56:35	00:05:40	00:16:16		PEREIRO DE AGUIAR (O)
241	274	LAURA	VELASCO FONDEVIL	F-46	W+35-20	00:56:44	00:05:41	00:56:35	00:05:40	00:16:16	AG 2016053	ALLARIZ
242	135	MARIA DOLORES	ASOREY SALGUEIRO	F-47	W+65-1	00:56:51	00:05:42	00:56:44	00:05:41	00:16:29		VILA DE CRUCES
243	266	DANIEL	DOCASAR RODRÍGUEZ	M-196	SENM-49	00:57:06	00:05:43	00:56:47	00:05:41	00:17:12		LALÍN
244	129	SABELA	VARELA VARELA	F-48	W+35-21	00:57:21	00:05:45	00:57:07	00:05:43	00:16:38		OURENSE
245	202	RAMON	ALONSO ALONSO	M-197	M+45-55	00:57:21	00:05:45	00:57:10	00:05:43	00:16:13		BOBORÁS
246	139	ALBERTO	SIEIRO MUÑIZ	M-198	M+35-59	00:57:22	00:05:45	00:57:04	00:05:43	00:17:06		POBRA DO CARAMIÑAL (A)
247	287	ROCIO	LÓPEZ OTRRO	F-49	SENF-10	00:57:26	00:05:45	00:57:23	00:05:45	00:16:07		VEDRA
248	225	MANUEL	GANDARA GARRIDO	M-199	M+35-60	00:57:26	00:05:45	00:57:20	00:05:44	00:15:47		PONTEVEDRA
249	269	ANTONIO	VAZQUEZ FERNANDEZ	M-200	M+45-56	00:57:54	00:05:48	00:57:36	00:05:46	00:17:35		CHANTADA
250	307	MARÍA ISABEL	LÓPEZ GARCÍA	F-50	W+45-13	00:57:58	00:05:48	00:57:41	00:05:47	00:16:45		DOZÓN
251	292	LUIS	BLANCO GONZÁLEZ	M-201	M+45-57	00:58:01	00:05:49	00:57:50	00:05:47	00:16:42		LALÍN
252	277	ANTONIO OSCAR	CONSTENLA JUNQUERA	M-202	M+65-6	00:58:24	00:05:51	00:58:08	00:05:49	00:16:26		VEDRA
253	137	MANUEL	HERMIDA BARREIRO	M-203	M+45-58	00:59:06	00:05:55	00:59:02	00:05:55	00:16:13		RIBADAVIA
254	283	JOSE ISAIÁS	BURLIDO BORREGO	M-204	M+55-19	00:59:12	00:05:56	00:58:57	00:05:54	00:17:36		PORRIÑO (O)

255	290	RAQUEL	DOALLO ÁLVAREZ	F-51	W+35-22	00:59:16	00:05:56	00:59:00	00:05:54	00:18:17	LALÍN
256	308	JAVIER IVÁN	HITA RODRÍGUEZ	M-205	M+45-59	00:59:16	00:05:56	00:59:00	00:05:54	00:18:17	LALÍN
257	276	VALENTIN	VARELA GARCIA	M-206	M+65-7	00:59:27	00:05:57	00:59:13	00:05:56	00:17:47	ETXEBARRI
258	140	TAMARA	MARTÍNEZ GONZÁLEZ	F-52	W+35-23	00:59:36	00:05:58	00:59:30	00:05:57	00:18:02	ARTEIXO
259	261	ANDRÉ	BALDONEDO DACAL	M-207	SENM-50	00:59:36	00:05:58	00:59:17	00:05:56	00:17:10	RODEIRO
260	273	ÁLVARO	FONTAO DAVILA	M-208	M+45-60	00:59:53	00:06:00	00:59:35	00:05:58	00:17:05	POBRA DO CARAMIÑAL (A)
261	279	JOSÉ ADOLFO	RODRÍGUEZ SUÁREZ	M-209	M+45-61	00:59:53	00:06:00	00:59:46	00:05:59	00:17:16	OURENSE
262	275	MARÍA	VARELA GARCÍA	F-53	W+55-5	01:00:24	00:06:03	01:00:10	00:06:01	00:17:56	TOÉN
263	284	VICTOR	VÁLIDO LÓPEZ	M-210	SENM-51	01:00:56	00:06:06	01:00:37	00:06:04	00:18:47	MONTERROSO
264	288	ISIDORO	MIGUEL PÉREZ	M-211	M+45-62	01:01:48	00:06:11	01:01:32	00:06:10	00:17:21	CAMBRE
265	293	ELVIRA	CEREIJO ARIAS	F-54	W+45-14	01:01:56	00:06:12	01:01:39	00:06:10	00:17:52	BEGONTE
266	268	GONZALO	VARELA DE LA TORRE	M-212	M+45-63	01:02:00	00:06:12	01:01:42	00:06:11	00:17:53	BEGONTE
267	304	EVA	GARCÍA GONZÁLEZ	F-55	W+45-15	01:03:29	00:06:21	01:03:14	00:06:20	00:18:01	FERROL
268	252	CARLOS	RIAL PEREZ	M-213	M+55-20	01:04:35	00:06:28	01:04:17	00:06:26	00:19:00	DODRO
269	254	JAVIER	PORTELA LOPEZ	M-214	M+65-8	01:04:36	00:06:28	01:04:17	00:06:26	00:19:00	SANTIAGO DE COMPOSTELA
270	253	GENO	MAGÁN DOPAZO	M-215	M+45-64	01:04:37	00:06:28	01:04:18	00:06:26	00:18:59	DODRO
271	300	RAMIRO	FERNANDEZ PINTOS	M-216	M+55-21	01:05:27	00:06:33	01:05:16	00:06:32	00:18:07	AMES
272	303	LUCÍA	ALONSO LÓPEZ	F-56	SENF-11	01:09:33	00:06:58	01:09:18	00:06:56	00:20:01	ARTEIXO
273	305	ELVIRA	TRESGUERRAS GONZÁLEZ	F-57	W+65-2	01:12:29	00:07:15	01:12:14	00:07:14	00:21:03	AMES
274	309	LUCAS	MENDEZ SALGADO	M-217	M+35-61	01:15:53	00:07:36	01:15:41	00:07:35	00:20:57	VIGO

XIII CARREIRA DO COCIDO DE LALIN

5K

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	Tempo Neto	Ritmo Neto	Licenza	Club	Localidade
1	402	ALEJANDRO	CADAYA RODRÍGUEZ	M-1	ABM-1	00:16:57	00:03:24	00:16:57	00:03:24			OURENSE
2	403	ALBINO	FERNÁNDEZ GARCÍA	M-2	ABM-2	00:16:59	00:03:24	00:16:59	00:03:24	AG 2017215	Arenteiro 5k	CARBALLIÑO (O)
3	405	EFRÉN	CAPELO VIEITES	M-3	ABM-3	00:17:52	00:03:35	00:17:52	00:03:35	AG2025990		AMES
4	408	ADRIAN	GARABATO	M-4	ABM-4	00:17:53	00:03:35	00:17:53	00:03:35			FRADES
5	404	XENXO	LASO VÁZQUEZ	M-5	ABM-5	00:17:56	00:03:36	00:17:56	00:03:36	AG14285	Arenteiro 5k	OURENSE
6	409	VÍCTOR	ESTRADA PÉREZ	M-6	ABM-6	00:18:18	00:03:40	00:18:18	00:03:40			MONFORTE DE LEMOS
7	410	PABLO	ALONSO BARREIRO	M-7	ABM-7	00:18:25	00:03:41	00:18:25	00:03:41			SAN CIBRAO DAS VIÑAS
8	411	SERGIO	REQUEIJO REQUEIJO	M-8	ABM-8	00:18:35	00:03:43	00:18:35	00:03:43		Arenteiro 5k	SILLEDA
9	500	EVA	PIÑEL LORENZO	F-1	ABF-1	00:18:57	00:03:48	00:18:57	00:03:48		Atletismo Deza	VIGO
10	407	MANUEL	GONZÁLEZ ADÁN	M-9	ABM-9	00:19:26	00:03:54	00:19:26	00:03:54			LALÍN
11	406	ANXO	CARREIRA CASAIS	M-10	ABM-10	00:19:46	00:03:58	00:19:46	00:03:58			SANTIAGO DE COMPOSTELA
12	475	PABLO	IGLESIAS COMOJO	M-11	ABM-11	00:20:04	00:04:01	00:20:04	00:04:01			BRIÓN
13	412	IVAN	FONTAN MONTEAGUDO	M-12	ABM-12	00:20:16	00:04:04	00:20:16	00:04:04			MEIS
14	425	BRAIS	GOLMAR GOMEZ	M-13	ABM-13	00:20:16	00:04:04	00:20:14	00:04:03			LALÍN
15	416	FELIPE	CHOREN SANMARTIN	M-14	ABM-14	00:20:23	00:04:05	00:20:23	00:04:05			SILLEDA
16	473	OSCAR	AMADO FONSECA	M-15	ABM-15	00:20:28	00:04:06	00:20:27	00:04:06			CORUÑA (A)
17	474	JOSÉ MANUEL	MIRANDA VIEITO	M-16	ABM-16	00:20:33	00:04:07	00:20:33	00:04:07			PORRIÑO (O)
18	419	JULIA	VAQUERO SOUSA	F-2	ABF-2	00:20:59	00:04:12	00:20:58	00:04:12		CENTRO ETP - ENCUENTRA TU POTENCIAL	VIGO
19	418	ALEX	VÁZQUEZ CARRAL	M-17	ABM-17	00:21:14	00:04:15	00:21:14	00:04:15		Arenteiro 5k	OURENSE
20	415	JOSE ANTONIO	OROZCO VÁZQUEZ	M-18	ABM-18	00:21:17	00:04:16	00:21:17	00:04:16			MONFORTE DE LEMOS
21	436	DIEGO	BABARRO RODRIGUEZ	M-19	ABM-19	00:21:27	00:04:18	00:21:27	00:04:18	GA20332		OURENSE
22	501	LUCIA	PEON SANTOME	F-3	ABF-3	00:21:40	00:04:20	00:21:40	00:04:20		Arenteiro 5k	LALÍN
23	429	ALFREDO JOSÉ	PEREIRO RAMÓN	M-20	ABM-20	00:22:02	00:04:25	00:21:58	00:04:24		CENTRO ETP - ENCUENTRA TU POTENCIAL	SADA
24	422	JOSE	GARCIA GARCIA	M-21	ABM-21	00:22:08	00:04:26	00:22:01	00:04:25		Atletismo Deza	LALÍN
25	417	IAGO	VARELA RODRÍGUEZ	M-22	ABM-22	00:22:18	00:04:28	00:22:16	00:04:28			OLEIROS
26	421	JAIRO	VALEA LÓPEZ	M-23	ABM-23	00:23:10	00:04:38	00:23:03	00:04:37		Atletismo Deza	RIBADEO
27	478	ÁLEX	MOURE	M-24	ABM-24	00:23:17	00:04:40	00:23:16	00:04:40			LALÍN
28	434	IVÁN	FERNÁNDEZ GARCÍA	M-25	ABM-25	00:23:23	00:04:41	00:23:21	00:04:41			LALÍN
29	423	RAQUEL	CASTRO PÉREZ	F-4	ABF-4	00:23:38	00:04:44	00:23:38	00:04:44		Arenteiro 5k	CARBALLIÑO (O)
30	430	OLIVIER	MUNIN PRESAS	M-26	ABM-26	00:23:40	00:04:44	00:23:39	00:04:44		Atletismo Deza	LALÍN
31	453	VÍCTOR MANUEL	ÁLVAREZ GARCÍA	M-27	ABM-27	00:23:50	00:04:46	00:23:49	00:04:46			LALÍN
32	427	ANDRÉS	LAREU RODRÍGUEZ	M-28	ABM-28	00:23:58	00:04:48	00:23:56	00:04:48		CENTRO ETP - ENCUENTRA TU POTENCIAL	LALÍN
33	438	AMALIO	FRAMIÑÁN LAMAZARES	M-29	ABM-29	00:24:03	00:04:49	00:23:59	00:04:48			LALÍN
34	477	IRENE	MIRÁS VÁZQUEZ	F-5	ABF-5	00:24:04	00:04:49	00:24:02	00:04:49		Atletismo Deza	AMES
35	420	VANESA	INSAURRALDE	F-6	ABF-6	00:24:05	00:04:49	00:24:03	00:04:49	AG 2019352	CENTRO ETP - ENCUENTRA TU POTENCIAL	LALÍN
36	527	MARIA	FERNANDEZ MARTINEZ	F-7	ABF-7	00:24:18	00:04:52	00:24:18	00:04:52			MUROS
37	437	TICO	COLMEIRO ECHEVERRÍA	M-30	ABM-30	00:24:30	00:04:54	00:24:24	00:04:53			SILLEDA
38	506	XABIER	GARCÍA RODRÍGUEZ	M-31	ABM-31	00:24:42	00:04:57	00:24:37	00:04:56		Atletismo Deza	LALÍN
39	122	CATUXA	SEGADE CAAMAÑO	F-8	ABF-8	00:24:45	00:04:57	00:24:43	00:04:57			NOIA
40	479	VICTOR	SOUTO LUSQUIÑOS	M-32	ABM-32	00:24:48	00:04:58	00:24:43	00:04:57			PONTE CALDELAS
41	424	HERNÁN	GARCÍA AMELIO	M-33	ABM-33	00:24:55	00:04:59	00:24:53	00:04:59	AG2028131	CENTRO ETP - ENCUENTRA TU POTENCIAL	LALÍN
42	457	MARÍA	IGLESIAS AREA	F-9	ABF-9	00:24:55	00:04:59	00:24:55	00:04:59			PONTEVEDRA
43	511	MANUEL	PRESAS VENCE	M-34	ABM-34	00:24:56	00:05:00	00:24:52	00:04:59		CENTRO ETP - ENCUENTRA TU POTENCIAL	DOZÓN
44	484	AGA	SARANDES PAZOS	M-35	ABM-35	00:25:22	00:05:05	00:25:16	00:05:04			AGOLADA
45	481	MARIO	FÉLEZ RODRÍGUEZ	M-36	ABM-36	00:25:25	00:05:05	00:25:22	00:05:05		Atletismo Deza#	LALÍN
46	428	FRANCISCO	MOURE CAÑETE	M-37	ABM-37	00:25:39	00:05:08	00:25:37	00:05:08			SANTIAGO DE COMPOSTELA
47	529	DANIEL	NAVAS PORTELA	M-38	ABM-38	00:26:08	00:05:14	00:26:08	00:05:14			LALÍN
48	528	ANTIA	GARCIA LORENZO	F-10	ABF-10	00:26:09	00:05:14	00:26:09	00:05:14			MARÍN
49	440	FERNANDO	OTERO FERNANDEZ	M-39	ABM-39	00:26:22	00:05:17	00:26:17	00:05:16			LALÍN

50	134	ROSA	VIDAL VARELA	F-11	ABF-11	00:26:36	00:05:20	00:26:33	00:05:19	Atletismo Deza	AGOLADA
51	444	DAVID	TABOADA DOVAL	M-40	ABM-40	00:26:53	00:05:23	00:26:51	00:05:23		LALÍN
52	432	JUAN JOSE	CANCELO ALFONSO	M-41	ABM-41	00:26:53	00:05:23	00:26:52	00:05:23		AMES
53	482	MIGUEL	CIBREIRO MÉNDEZ	M-42	ABM-42	00:27:02	00:05:25	00:26:55	00:05:23		SILLEDA
54	435	DAVID	BESTEIRO PEREIRO	M-43	ABM-43	00:27:04	00:05:25	00:27:02	00:05:25		LALÍN
55	439	PABLO	GONZÁLEZ LÓPEZ	M-44	ABM-44	00:27:08	00:05:26	00:27:06	00:05:26		LALÍN
56	507	ÓSCAR	VÁZQUEZ FERNÁNDEZ	M-45	ABM-45	00:27:15	00:05:27	00:27:11	00:05:27	CENTRO #ETP ENCUENTRA TU POTENCIAL	LALÍN
57	519	AMPARO	SANCHEZ GARCIA	F-12	ABF-12	00:27:18	00:05:28	00:27:15	00:05:27	CENTRO #ETP ENCUENTRA TU POTENCIAL	LALÍN
58	476	MARTÍN	PEREIRA MARZOA	M-46	ABM-46	00:27:21	00:05:29	00:27:20	00:05:28		SANTIAGO DE COMPOSTELA
59	508	ADRIÁN	ABADÍN CID	M-47	ABM-47	00:27:32	00:05:31	00:27:32	00:05:31		SAN CIBRAO DAS VIÑAS
60	490	ALBA	FORNO CRESPO	F-13	ABF-13	00:27:36	00:05:32	00:27:32	00:05:31	Atletismo Deza	LALÍN
61	485	ISA	GONZALEZ LAREU	F-14	ABF-14	00:27:48	00:05:34	00:27:44	00:05:33	CENTRO ETP - ENCUENTRA TU POTENCIAL	LALÍN
62	471	ANTONIO	VIEITEZ	M-48	ABM-48	00:27:49	00:05:34	00:27:42	00:05:33		FORCAREI
63	447	CONSTANTINO	MEIN RODRÍGUEZ	M-49	ABM-49	00:27:52	00:05:35	00:27:51	00:05:35		LALÍN
64	442	ANDREA	MONTERO TREPAT	F-15	ABF-15	00:27:54	00:05:35	00:27:49	00:05:34	AG-14951	GROVE (O)
65	517	IRIA	VILARIÑO COEGO	F-16	ABF-16	00:27:57	00:05:36	00:27:54	00:05:35	Atletismo Deza#	LALÍN
66	443	CONSUELO	LORENZO GARCIA	F-17	ABF-17	00:28:09	00:05:38	00:28:08	00:05:38	Arenteiro 5k	BARBADÁS
67	510	AROA	MARTÍNEZ GARCÍA	F-18	ABF-18	00:28:16	00:05:40	00:28:15	00:05:39		PONTEVEDRA
68	509	ÚRSULA	TOLEDO CORTÉS	F-19	ABF-19	00:28:16	00:05:40	00:28:15	00:05:39		PONTEVEDRA
69	448	PILAR	CAMPOS TRABAZO	F-20	ABF-20	00:28:28	00:05:42	00:28:24	00:05:41	Atletismo Deza#	LALÍN
70	454	DAVID	FERNÁNDEZ REBOREDO	M-50	ABM-50	00:28:31	00:05:43	00:28:30	00:05:42		LALÍN
71	441	LETICIA	VILAR	F-21	ABF-21	00:28:52	00:05:47	00:28:50	00:05:46	CENTRO #ETP ENCUENTRA TU POTENCIAL	LALÍN
72	480	IAGO	RODRÍGUEZ BLANCO	M-51	ABM-51	00:28:56	00:05:48	00:28:53	00:05:47		OURENSE
73	470	AARÓN	RODRÍGUEZ MOSQUERA	M-52	ABM-52	00:28:58	00:05:48	00:28:56	00:05:48		LALÍN
74	494	MARÍA	IGLESIAS FDEZ.	F-22	ABF-22	00:29:08	00:05:50	00:29:04	00:05:49		FENE
75	498	IONE	SANTAMARIA REVILLA	F-23	ABF-23	00:29:17	00:05:52	00:29:13	00:05:51	Atletismo Deza#	LALÍN
76	431	EFE	IMAFIDON EVBONAYÉ	F-24	ABF-24	00:29:20	00:05:52	00:29:16	00:05:52	Atletismo Deza#	LALÍN
77	455	MARÍA	AGRELO COUSELO	F-25	ABF-25	00:29:22	00:05:53	00:29:18	00:05:52	AG16205	MORAÑA
78	514	LUCÍA	QUINTAS CHAUDARCAS	F-26	ABF-26	00:29:22	00:05:53	00:29:19	00:05:52		OURENSE
79	495	MANUEL	CERDEIRA LOPEZ	M-53	ABM-53	00:29:34	00:05:55	00:29:28	00:05:54		SILLEDA
80	472	AMELIA	IBIETATORREMENDIA GOMEZ	F-27	ABF-27	00:29:41	00:05:57	00:29:35	00:05:55		OURENSE
81	459	JUDIT DANIELA	JÁCOME GALVÁN	F-28	ABF-28	00:29:45	00:05:57	00:29:39	00:05:56		OURENSE
82	487	SONIA	FERNÁNDEZ YÁÑEZ	F-29	ABF-29	00:30:02	00:06:01	00:29:57	00:06:00		OURENSE
83	491	JOSÉ ANTONIO	RODRÍGUEZ DURO	M-54	ABM-54	00:30:03	00:06:01	00:29:58	00:06:00		OURENSE
84	460	SONIA	GESTOSO GAREA	F-30	ABF-30	00:30:25	00:06:05	00:30:23	00:06:05		ARTEIXO
85	503	MARCOS	RODRIGUEZ SANCHEZ	M-55	ABM-55	00:30:29	00:06:06	00:30:26	00:06:06		CORUÑA (A)
86	504	CAROLINA	GONZALEZ RAMA	F-31	ABF-31	00:30:29	00:06:06	00:30:25	00:06:05		CORUÑA (A)
87	530	LAURA	REGADÍO SÁNCHEZ	F-32	ABF-32	00:30:38	00:06:08	00:30:36	00:06:08		LALÍN
88	433	DEMETRIO	PEREZ VILLAMARIN	M-56	ABM-56	00:30:39	00:06:08	00:30:36	00:06:08		OURENSE
89	461	LORETO DIAZ	DÍAZ GÓMEZ	F-33	ABF-33	00:30:43	00:06:09	00:30:42	00:06:09		CULLEREDO
90	493	SUSANA	CARBALLO PARADELO	F-34	ABF-34	00:30:43	00:06:09	00:30:42	00:06:09		CORUÑA (A)
91	465	JOSÉ ANTONIO	GÓMEZ VILLAVERDE	M-57	ABM-57	00:30:58	00:06:12	00:30:55	00:06:11		ILLA DE AROUSA (A)
92	456	ANA BELÉN	GONZÁLEZ LÓPEZ	F-35	ABF-35	00:31:17	00:06:16	00:31:13	00:06:15		OURENSE
93	445	BÁRBARA	SÁNCHEZ	F-36	ABF-36	00:31:17	00:06:16	00:31:13	00:06:15	CENTRO ETP - ENCUENTRA TU POTENCIAL	LALÍN
94	515	Mª DEL CARMEN	FERNÁNDEZ REY	F-37	ABF-37	00:31:24	00:06:17	00:31:19	00:06:16		RIANXO
95	489	HIGINIO	ESTÉVEZ COUTO	M-58	ABM-58	00:31:36	00:06:20	00:31:31	00:06:19		LALÍN
96	458	JOSE	FERNANDEZ RODRIGUEZ	M-59	ABM-59	00:31:47	00:06:22	00:31:40	00:06:20		PIÑOR
97	496	MARÍA	VARELA CORRAL	F-38	ABF-38	00:31:47	00:06:22	00:31:42	00:06:21		LALÍN
98	518	ISA	PEREIRA CARPINTERO	F-39	ABF-39	00:31:51	00:06:23	00:31:48	00:06:22		OLEIROS
99	452	CARMEN	FERNANDEZ CALO	F-40	ABF-40	00:32:00	00:06:24	00:31:57	00:06:24		PORTO DO SON
100	533	MOISÉS	CALVO VITURRO	M-60	ABM-60	00:32:11	00:06:27	00:32:10	00:06:26		BOIRO
101	486	ANA	FERNÁNDEZ OUVIÑA	F-41	ABF-41	00:32:11	00:06:27	00:32:10	00:06:26		POBRA DO CARAMIÑAL (A)
102	446	SÉ	SEMANDE	F-42	ABF-42	00:32:18	00:06:28	00:32:14	00:06:27		LALÍN
103	523	CRISTINA	PICHEL TOIMIL	F-43	ABF-43	00:32:18	00:06:28	00:32:13	00:06:27		LALÍN
104	462	MERCEDES	MOREIRA PORRAL	F-44	ABF-44	00:33:04	00:06:37	00:33:01	00:06:37	CENTRO #ETP ENCUENTRA TU POTENCIAL	LALÍN

105	499	DIEGO	VILARIÑO PENAS	M-61	ABM-61	00:33:08	00:06:38	00:33:04	00:06:37	Atletismo Deza#	LALÍN
106	468	LAURA	GARCÍA DOCAMPO	F-45	ABF-45	00:33:23	00:06:41	00:33:20	00:06:40		SANTIAGO DE COMPOSTELA
107	463	JESUS	BERNAL GOMEZ	M-62	ABM-62	00:35:16	00:07:04	00:35:16	00:07:04		FERROL
108	466	FELISA	TUBIO SAAVEDRA	F-46	ABF-46	00:35:28	00:07:06	00:35:25	00:07:05		BOIRO
109	450	OSCAR	FEIJOO MARTÍNEZ	M-63	ABM-63	00:35:38	00:07:08	00:35:31	00:07:07	Atletismo Deza#	LALÍN
110	469	CLAUDIA LORENA	QUAN RODAS	F-47	ABF-47	00:35:39	00:07:08	00:35:32	00:07:07		LALÍN
111	512	ELISA	ABELEDÓ VILAR	F-48	ABF-48	00:37:54	00:07:35	00:37:49	00:07:34	CENTRO #ETP ENCUENTRA TU POTENCIAL	LALÍN
112	522	OLAYA	GONZALEZ ROMERO	F-49	ABF-49	00:38:41	00:07:45	00:38:39	00:07:44		POBRA DO CARAMIÑAL (A)
113	526	MARÍA YASMIN	DIÉGUEZ REY	F-50	ABF-50	00:38:56	00:07:48	00:38:50	00:07:46		VILA DE CRUCES
114	513	BELÉN	PEREZ AGIS	F-51	ABF-51	00:39:13	00:07:51	00:39:07	00:07:50		LALÍN
115	497	PAULA	MOURE PEDROUSO	F-52	ABF-52	00:39:39	00:07:56	00:39:38	00:07:56		POBRA DO CARAMIÑAL (A)
116	521	ÁNXELA	ALLER VALDÉS	F-53	ABF-53	00:40:19	00:08:04	00:40:14	00:08:03		LALÍN
117	467	SUSANA	REGUEIRO CRUZ	F-54	ABF-54	00:41:34	00:08:19	00:41:29	00:08:18		BEGONTE
118	893	ALBERTO	MOURIÑO	M-64	ABM-64	00:47:44	00:09:33	00:47:44	00:09:33	Atletismo Deza	

XIII CARREIRA DO COCIDO DE LALIN

SUB14(10/11) Y SUB16(08/09)

Clasificación por Categorías

SUB14 FEMENINA

Posto	Cat.	Dorsal	Nome	Apellidos	Sexo	T. Oficial	Ritmo	Licenza	Club	Localidade
1		630	AINOA	GALÁN AMO	F-1	00:10:02	00:04:01		ATLETISMO +9 MORAÑA	MORAÑA
2		647	VALERIA	PÁJARO SALGUEIRO	F-9	00:12:42	00:05:05		CLUBE-ESCOLA ATLETISMO DEZA	SILLEDA
3		676	RITA	TUBIO SUEIRO	F-10	00:13:02	00:05:13			BOIRO
4		654	CARMEN	VÁZQUEZ CAMPOS	F-11	00:13:31	00:05:25		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
5		632	CELIA	VÁZQUEZ RODRÍGUEZ	F-12	00:13:32	00:05:25		ATLETISMO DEZA	LALÍN

SUB14 MASCULINA

Posto	Cat.	Dorsal	Nome	Apellidos	Sexo	T. Oficial	Ritmo	Licenza	Club	Localidade
1		639	PABLO	BARREIRO IGLESIAS	M-3	00:09:04	00:03:38		CLUB DEPORTIVO PINARIUM	MARÍN
2		660	JEYDEN	SILVA GUERRERO	M-5	00:09:30	00:03:48		NATACIÓN RIBEIRA	RIBEIRA
3		629	HUGO	FURELOS CALDAS	M-7	00:09:42	00:03:53		ATLETISMO +9 MORAÑA	MORAÑA
4		641	MARTÍN	OTERO ROSALES	M-8	00:09:51	00:03:57		CLUB DEPORTIVO PINARIUM	MARÍN
5		649	BELTRÁN	RIVAS MOSQUERA	M-11	00:10:07	00:04:03		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
6		636	XABIER	SALGUEIRO LÓPEZ	M-13	00:10:12	00:04:05		CLUB ATLETISMO DEZA	LALÍN
7		642	ÓSCAR	RODAL PÉREZ	M-15	00:10:19	00:04:08		CLUB DEPORTIVO PINARIUM	MARÍN
8		661	DIEGO	DAPORTA VÉLEZ	M-17	00:10:55	00:04:22		SOCIEDAD GIMNASTICA DE PONTEVEDRA	POIO
9		635	BREIXO	GARCÍA CIDRÁS	M-18	00:11:06	00:04:27		CD PINARIUM	MARÍN
10		659	RONALD	QUENECHÉ QUIROZ	M-21	00:11:43	00:04:42		NATACIÓN RIBEIRA	RIBEIRA
11		646	MARTIN	GONZALEZ BLANCO	M-22	00:12:02	00:04:49		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
12		665	ÁLVARO	CALVIÑO VARELA	M-23	00:12:23	00:04:57			LALÍN
13		670	BREIXO	FONDEVILA GONZÁLEZ	M-24	00:12:23	00:04:57			LALÍN
14		672	EDUARD	IGLESIAS PÉREZ	M-25	00:12:27	00:04:59			LALÍN
15		651	PABLO	VALES BLANCO	M-28	00:12:58	00:05:12		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
16		653	NUNO	VARELA MARTÍNEZ	M-29	00:12:59	00:05:12		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
17		677	DANIEL	VARELA BURGOS	M-30	00:13:05	00:05:14			PALAS DE REI
18		658	ALEX	GARCÍA INSAURRALDE	M-31	00:13:21	00:05:21		ETP ENCUENTRA TU POTENCIAL	LALÍN
19		652	LUIS	VALES BLANCO	M-32	00:13:36	00:05:27		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
20		666	MAURO	CARREÑO BLANCO	M-33	00:13:37	00:05:27			PORTO DO SON
21		644	LEÓN DIEGO	FEIJOO QUAN	M-34	00:14:00	00:05:36		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
22		648	JERÓNIMO	RIADIGOS ARDILA	M-35	00:14:01	00:05:37		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
23		640	CARLOS	GARCÍA LORENZO	M-36	00:14:05	00:05:38		CLUB DEPORTIVO PINARIUM	MARÍN
24		645	MATEO	FERNÁNDEZ CAMBEIRO	M-37	00:14:21	00:05:45		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
25		669	MARTIN	FERREIRO ALONSO	M-38	00:15:24	00:06:10			LALÍN

SUB16 FEMENINA

Posto	Cat.	Dorsal	Nome	Apellidos	Sexo	T. Oficial	Ritmo	Licenza	Club	Localidade
1		601	CLAUDIA	CHAVES DURÁN	F-2	00:10:55	00:04:22		ATLETISMO +9 MORAÑA	MORAÑA
2		618	CARLOTA	GUTIÉRREZ CARRAL	F-3	00:11:08	00:04:27		IES ALLER ULLOA	LALÍN
3		602	XIANA	FERRIN SIMON	F-4	00:11:12	00:04:29		ATLETISMO +9 MORAÑA	MORAÑA
4		616	UXIA	LOPEZ SÁNCHEZ	F-5	00:11:16	00:04:31		ESCOLA ATLÉTICA PEREIRO DE AGUIAR BEN CHO SHEY	OURENSE
5		619	ANTÍA	GUTIÉRREZ FROIZ	F-6	00:12:14	00:04:54		IES ALLER ULLOA	LALÍN
6		610	ELOÍSA	FERNÁNDEZ GARCÍA	F-7	00:12:15	00:04:54		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
7		606	LORENA	PEGITO PACHECO	F-8	00:12:38	00:05:03		CLUB ATLETISMO O PINO	TOURO
8		625	NAYA	SIEIRO GONZALEZ	F-13	00:15:05	00:06:02			POBRA DO CARAMIÑAL (A)
9		624	ERIKA	BOTANA BOTANA	F-14	00:15:17	00:06:07			PADRÓN

SUB16 MASCULINA

Posto	Cat.	Dorsal	Nome	Apellidos	Sexo	T. Oficial	Ritmo	Licenza	Club	Localidade
1		621	MATEO	CRUJEIRAS	M-1	00:09:00	00:03:36		NATACIÓN RIBEIRA	RIBEIRA
2		622	JESÚS	PATIÑO RÍOS	M-2	00:09:02	00:03:37		NATACIÓN RIBEIRA	RIBEIRA
3		620	HASSAM	DHIMA	M-4	00:09:20	00:03:44		IES ALLER ULLOA - LALÍN	LALÍN
4		626	MAURO	TORREIRA GONZALEZ	M-6	00:09:39	00:03:52			SANTIAGO DE COMPOSTELA
5		614	SANTIAGO	TOUCEIRO LANDER	M-9	00:09:54	00:03:58		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
6		605	TEO	SEREN OTERO	M-10	00:10:05	00:04:02		ATLETISMO CAMBADOS SEG.NOVAL	CAMBADOS
7		611	BREOGAN	GARCÍA FERNÁNDEZ	M-12	00:10:11	00:04:05		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
8		607	OSCAR	OTERO ROSALES	M-14	00:10:18	00:04:08		CLUB DEPORTIVO PINARIUM	MARÍN
9		604	IAGO	RIVEIRO OUBIÑA	M-16	00:10:52	00:04:21		ATLETISMO CAMBADOS SEG.NOVAL	CAMBADOS
10		623	BRAIS	ALEGRE IGLESIAS	M-19	00:11:11	00:04:29			SANTIAGO DE COMPOSTELA
11		615	XABIER	VERDE	M-20	00:11:28	00:04:35		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
12		617	BRAIAN	PEREIRO PALEO	M-26	00:12:51	00:05:09		ETP ENCUENTRA TU POTENCIAL	DOZÓN
13		609	ANTONIO	BECERRO ARIAS	M-27	00:12:51	00:05:09		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN

XIII CARREIRA DO COCIDO DE LALIN

SUB12(2012/2013)

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	Licenza	Club	Localidade
1	683	CARLOS	RIVEIRO OUBIÑA	M-1	SUB12M-1	00:03:37	00:03:17		ATLETISMO CAMBADOS SEG.NOVAL	CAMBADOS
2	685	HUGO	CORDAL AMARELLE	M-2	SUB12M-2	00:03:39	00:03:19	AG11535	C.A. CAMBADOS SEGUROS NOVAL	CAMBADOS
3	727	MANUEL	MARTÍNEZ PÉREZ	M-3	SUB12M-3	00:03:42	00:03:22		NATACION RIBEIRA	RIBEIRA
4	771	XABIER	RODIL ILLOBRE	M-4	SUB12M-4	00:03:42	00:03:22			SANTIAGO DE COMPOSTELA
5	686	LUCAS	MARTÍNEZ NOYA	M-5	SUB12M-5	00:03:52	00:03:31		C.A.CAMBADOS SEGUROS NOVAL	CAMBADOS
6	694	SERGIO	COIRA PIER	M-6	SUB12M-6	00:03:55	00:03:33		CLUB MARINEDA ATLETICO	CORUÑA (A)
7	719	LARA	LOPEZ SÁNCHEZ	F-1	SUB12F-1	00:03:55	00:03:34		ESCOLA ATLÉTICA PEREIRO DE AGUIAR BEN CHO SHEY	OURENSE
8	689	DANIELA	BAYÓN DIZ	F-2	SUB12F-2	00:03:57	00:03:36		CLUB ATLETISMO CAMBADOS	CAMBADOS
9	679	JUDIT	BARROS CAMPOS	F-3	SUB12F-3	00:04:06	00:03:43		ATLETISMO +9 MORAÑA	MORAÑA
10	678	MARTIÑO	MATO LÓPEZ	M-7	SUB12M-7	00:04:20	00:03:56		ATHETISMO DEZA	LALÍN
11	690	ENZO	PEREIRA SACO	M-8	SUB12M-8	00:04:23	00:03:59		CLUB ATLETISMO DEZA	LALÍN
12	715	MANUEL	VÁZQUEZ CAMPOS	M-9	SUB12M-9	00:04:27	00:04:03		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
13	708	CARLA	GONZÁLEZ ANTOÑANZAS	F-4	SUB12F-4	00:04:29	00:04:05		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
14	751	MARTÍN	GONZALEZ DOBARRO	M-10	SUB12M-10	00:04:30	00:04:05			LALÍN
15	772	SANTI	RODRÍGUEZ CARBALLAL	M-11	SUB12M-11	00:04:35	00:04:10			LALÍN
16	734	MIGUEL	ASOREY GONZÁLEZ	M-12	SUB12M-12	00:04:36	00:04:11			LALÍN
17	692	CARLA	IGLESIAS PEGO	F-5	SUB12F-5	00:04:36	00:04:11		CLUB DEPORTIVO BRIÓN HYUPERSA SANTIAGO	BRIÓN
18	704	PABLO	FRADE MOURE	M-13	SUB12M-13	00:04:37	00:04:12		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
19	775	SAMUEL	SABIN IGLESIAS	M-14	SUB12M-14	00:04:38	00:04:13			FENE
20	707	NORA	GÓMEZ GARCÍA	F-6	SUB12F-6	00:04:40	00:04:15		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
21	761	MANUEL	MENDEZ PÉREZ	M-15	SUB12M-15	00:04:41	00:04:15			LALÍN
22	737	ALBA	CAGIDE POL	F-7	SUB12F-7	00:04:42	00:04:16			LALÍN
23	745	IVAN	DOAMO FUENTES	M-16	SUB12M-16	00:04:42	00:04:16			LALÍN
24	749	JAVIER	GALEGO VARELA	M-17	SUB12M-17	00:04:42	00:04:17			LALIN
25	711	MARTÍN	MARIÑO FERREIRO	M-18	SUB12M-18	00:04:47	00:04:21		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
26	706	ALEJO	GARCÍA PORRAL	M-19	SUB12M-19	00:04:49	00:04:23		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
27	753	XAVIER	IGLESIAS PÉREZ	M-20	SUB12M-20	00:04:53	00:04:26			LALÍN
28	781	HUGO	VARELA GRANJA	M-21	SUB12M-21	00:04:54	00:04:27			LALÍN
29	698	HELENA	BLANCO FDZ-JARDÓN	F-8	SUB12F-8	00:04:55	00:04:29		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
30	693	ALBA	SOLLA UCHA	F-9	SUB12F-9	00:04:56	00:04:29		CLUB DEPORTIVO PINARIUM	MARÍN
31	784	ENZO	VENCE MOSTEIRO	M-22	SUB12M-22	00:04:59	00:04:32			LALÍN
32	729	MARTÍN	PATIÑO RÍOS	M-23	SUB12M-23	00:04:59	00:04:32		NATACIÓN RIBEIRA	RIBEIRA
33	738	BRAIS	CALVIÑO GARCIA	M-24	SUB12M-24	00:05:00	00:04:33			LALIN
34	740	YOEL	CASTRO LALIN	M-25	SUB12M-25	00:05:02	00:04:35			LALÍN
35	730	LOIS	ABEL MEIJOME	M-26	SUB12M-26	00:05:03	00:04:35		SD COMPOSTELA ATLETISMO	OROSO
36	697	SARA	ALVARELLOS BUGALLO	F-10	SUB12F-10	00:05:05	00:04:37		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
37	752	LOIS	GUTIERREZ FROIZ	M-27	SUB12M-27	00:05:06	00:04:38			LALÍN
38	702	VEGA	FERRADÁS GONZÁLEZ	F-11	SUB12F-11	00:05:07	00:04:39		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
39	688	DAIRA	GARCÍA CIDRÁS	F-12	SUB12F-12	00:05:07	00:04:39		CD PINARIUM	MARÍN
40	700	JADE	FÉLEZ GARCÍA	F-13	SUB12F-13	00:05:07	00:04:39		CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
41	696	PABLO	REAL ÁLVAREZ	M-28	SUB12M-28	00:05:08	00:04:40		CLUBE ESCOLA ATLETISMO DEZA	LALÍN
42	776	MATEO	SUEIRO MATO	M-29	SUB12M-29	00:05:08	00:04:40			LALÍN
43	728	PALOMA	CRUGEIRAS VILLAR	F-14	SUB12F-14	00:05:09	00:04:41		NATACIÓN RIBEIRA	RIBEIRA
44	681	AINOA	CARREIRA MONTEAGUDO	F-15	SUB12F-15	00:05:09	00:04:41	AG17979	ATLETISMO +9 MORAÑA	MORAÑA

45	703	VALENTINA	FERREIRO ALONSO	F-16	SUB12F-16	00:05:10	00:04:42	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
46	714	PILI	SEIJAS	F-17	SUB12F-17	00:05:10	00:04:42	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
47	699	MARÍA	CONDE PRIETO	F-18	SUB12F-18	00:05:12	00:04:44	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
48	750	OLAYA	GIL LÓPEZ	F-19	SUB12F-19	00:05:13	00:04:45		LALÍN
49	767	MARÍA	POSE FANDIÑO	F-20	SUB12F-20	00:05:14	00:04:45		ESTRADA (A)
50	716	ANTONIO	VERDE	M-30	SUB12M-30	00:05:15	00:04:46	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
51	709	MARTINA	GRANJA CASTRO	F-21	SUB12F-21	00:05:17	00:04:48	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
52	773	IAGO	RODRIGUEZ FONDEVILA	M-31	SUB12M-31	00:05:20	00:04:51		LALÍN
53	710	ANXO	LOPEZ PALLARES	M-32	SUB12M-32	00:05:20	00:04:51	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
54	783	IZAN	VÁZQUEZ VARELA	M-33	SUB12M-33	00:05:23	00:04:53		LALÍN
55	755	ÁNGEL	LALÍN SANTOMÉ	M-34	SUB12M-34	00:05:23	00:04:54		LALÍN
56	768	SARAY	REBOREDO DATORRE	F-22	SUB12F-22	00:05:24	00:04:55		LALÍN
57	742	LARA	CORRAL RAMOS	F-23	SUB12F-23	00:05:25	00:04:55		LALÍN
58	779	CARLOTA	TRABAZO IGLESIAS	F-24	SUB12F-24	00:05:25	00:04:55		LALÍN
59	747	BRAIS	FONDEVILA GONZÁLEZ	M-35	SUB12M-35	00:05:26	00:04:56		LALÍN
60	733	LIA	ALBÁN LORENZO	F-25	SUB12F-25	00:05:27	00:04:57		PORTO DO SON
61	766	AARÓN	PORTO ALEJANDRO	M-36	SUB12M-36	00:05:27	00:04:57		LALÍN
62	780	DAVID	VALLADARES ZOBRA	M-37	SUB12M-37	00:05:28	00:04:58		LALÍN
63	701	ALEXANDRA	FERNÁNDEZ FIGUEIREDO	F-26	SUB12F-26	00:05:30	00:05:00	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
64	691	CLAUDIA	PEREIRA SACO	F-27	SUB12F-27	00:05:33	00:05:02	CLUB ATLETISMO DEZA	LALÍN
65	680	ALEJANDRA	CAMPOS AGRELO	F-28	SUB12F-28	00:05:34	00:05:04	AG17396 ATLETISMO +9 MORAÑA	MORAÑA
66	744	AARON	DA COSTA PLAZA	M-38	SUB12M-38	00:05:38	00:05:08		LALÍN
67	717	FLAVIA	VILARIÑO LÓPEZ	F-29	SUB12F-29	00:05:38	00:05:08	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
68	774	MARIÑA	ROMERO PIÑEIRO	F-30	SUB12F-30	00:05:42	00:05:11		PORTO DO SON
69	741	ÁNXELA	CASTRO LÓPEZ	F-31	SUB12F-31	00:05:42	00:05:11		LALÍN
70	754	LUCÍA	LALIN IGLESIAS	F-32	SUB12F-32	00:05:43	00:05:12		LALÍN
71	695	VEGA	DOCAMPO CAMPOS	F-33	SUB12F-33	00:05:46	00:05:15	CLUBE ESCOLA ATLETISMO DEZA	LALÍN
72	735	XULIA	BUJÁN FERNÁNDEZ	F-34	SUB12F-34	00:05:51	00:05:19		LALÍN
73	720	IAGO	MONTOTO SEIJAS	M-39	SUB12M-39	00:06:02	00:05:29	ETP (ENCUENTRA TU POTENCIAL)	LALÍN
74	722	AINARA	PEREIRO PALEO	F-35	SUB12F-35	00:06:02	00:05:29	ETP ENCUENTRA TU POTENCIAL	DOZÓN
75	721	ANA SOFÍA	OTERO OSORIO	F-36	SUB12F-36	00:06:02	00:05:29	ETP ENCUENTRA TU POTENCIAL	LALÍN
76	736	NICOLÁS	CADAVID PADRÓN	M-40	SUB12M-40	00:06:07	00:05:33		OURENSE
77	739	ARTURO	CALVIÑO VARELA	M-41	SUB12M-41	00:06:24	00:05:49		LALÍN
78	758	AIXA	MANEIRO FERRAGUT	F-37	SUB12F-37	00:06:26	00:05:51		AMES
79	756	EMMA	LEDO CUÑARRO	F-38	SUB12F-38	00:06:55	00:06:17		LALÍN
80	763	GADEA	MIGUEL CARRIL	F-39	SUB12F-39	00:07:14	00:06:34		CAMBRE
81	746	SARAVALERIA	FAROPPA GARCÍA	F-40	SUB12F-40	00:07:46	00:07:03		LALÍN
82	782	NEREA	VÁZQUEZ ABELEDO	F-41	SUB12F-41	00:07:47	00:07:04		LALÍN

XIII CARREIRA DO COCIDO DE LALIN

SUB10(2014/2015)

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	Club	Localidade
1	838	ANTÓN	FERNÁNDEZ LOUZA	M-1	SUB10M-1	00:02:55	00:03:38		SILLEDA
2	799	NICOLAS	AMADO PREGO	M-2	SUB10M-2	00:02:58	00:03:42	CLUB ATLETISMO SADA	CORUÑA (A)
3	825	SERGIO	ÁLVAREZ ESTRADA	M-3	SUB10M-3	00:02:59	00:03:44		MONFORTE DE LEMOS
4	819	XIAN	MARTINEZ ALDARIZ	M-4	SUB10M-4	00:03:00	00:03:44	SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
5	855	ÁLVARO	MARTÍN CORRAL	M-5	SUB10M-5	00:03:01	00:03:46		TOQUES
6	800	XAVIER	ALVARELLOS MONTOTO	M-6	SUB10M-6	00:03:04	00:03:50	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
7	786	MARCO	RODRIGUEZ REGO	M-7	SUB10M-7	00:03:09	00:03:56	ARTROGAL-TRI498	PORTO DO SON
8	852	ADRIÁN	LÓPEZ ANDRADE	M-8	SUB10M-8	00:03:09	00:03:56		FENE
9	820	XAN	VILAS CAMPOS	M-9	SUB10M-9	00:03:11	00:03:59	SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
10	882	BORJA	SUÁREZ PAZ	M-10	SUB10M-10	00:03:13	00:04:01		CUNTIS
11	816	ENZO	FERNÁNDEZ GOMEZ	M-11	SUB10M-11	00:03:15	00:04:03	GTR GALAICO TRAIL RUN	LALÍN
12	805	NICOLÁS	PENA IMAFIDON	M-12	SUB10M-12	00:03:16	00:04:05	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
13	793	ÁLEX	NAVIA CAMIÑA	M-13	SUB10M-13	00:03:17	00:04:06	C.A. CAMBADOS-SEGUROS NOVAL	CAMBADOS
14	845	PABLO	GONZALEZ IGLESIAS	M-14	SUB10M-14	00:03:17	00:04:06		LALÍN
15	796	AINHOA	REBOIRAS BUSTELO	F-1	SUB10F-1	00:03:17	00:04:07	CLUB ATLETISMO BRIÓN - HYUPERSA SANTIAGO	BRIÓN
16	787	ISMAEL	BARROS CAMPOS	M-15	SUB10M-15	00:03:20	00:04:10	ATLETISMO +9 MORAÑA	MORAÑA
17	892	HÉCTOR	VIQUEIRA PICALLOS	M-16	SUB10M-16	00:03:21	00:04:11		SANTIAGO DE COMPOSTELA
18	824	XIÁN	ALONSO ALVARELLOS	M-17	SUB10M-17	00:03:22	00:04:12		LALÍN
19	815	SARA	REAL FERNÁNDEZ	F-2	SUB10F-2	00:03:24	00:04:15	ESCOLA ATLÉTICA LUCENSE	LUGO
20	803	BEATRIZ	LIÑARES	F-3	SUB10F-3	00:03:24	00:04:15	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
21	794	SOFÍA	NUÑEZ IGLESIAS	F-4	SUB10F-4	00:03:25	00:04:16	CAC CAMBADOS	CAMBADOS
22	810	TELMA	SALGUEIRO LÓPEZ	F-5	SUB10F-5	00:03:25	00:04:17	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
23	862	MARCO	MÍGUEZ GÓMEZ	M-18	SUB10M-18	00:03:25	00:04:17		LALÍN
24	842	LUCCA	FONTAO FERNÁNDEZ	M-19	SUB10M-19	00:03:26	00:04:17		POBRA DO CARAMIÑAL (A)
25	801	LAURA	DONSON CUÑARRO	F-6	SUB10F-6	00:03:26	00:04:17	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
26	883	BREIXO	SUEIRO MATO	M-20	SUB10M-20	00:03:26	00:04:18		LALÍN
27	868	JOSE	POSE FANDIÑO	M-21	SUB10M-21	00:03:28	00:04:20		ESTRADA (A)
28	888	XABI	VARELA GRANJA	M-22	SUB10M-22	00:03:29	00:04:21		LALÍN
29	858	FELIPE	MÉIJOME ROZAS	M-23	SUB10M-23	00:03:30	00:04:22		LALÍN
30	798	CELIA	MELLA RAMA	F-7	SUB10F-7	00:03:32	00:04:25	CLUB ATLETISMO MILLARAIO	BRIÓN
31	871	MANUEL	REQUEIJO BREA	M-24	SUB10M-24	00:03:34	00:04:28		SILLEDA
32	790	DIEGO	RODRIGUEZ LIÑARES	M-25	SUB10M-25	00:03:36	00:04:30	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
33	830	MARÍA	CASAL SANCHEZ	F-8	SUB10F-8	00:03:36	00:04:30		PORTO DO SON
34	877	VALENTINA	RODRÍGUEZ VALDÉS	F-9	SUB10F-9	00:03:38	00:04:32		LALÍN
35	876	ANAHÍ	RODRIGUEZ ROMERO	F-10	SUB10F-10	00:03:38	00:04:33		LALÍN
36	864	JOSE JULIO	NÚÑEZ MARCANO	M-26	SUB10M-26	00:03:38	00:04:33		LALIN
37	841	MATEO	FONDEVILA GONZÁLEZ	M-27	SUB10M-27	00:03:39	00:04:34		LALÍN
38	804	ALBERTO	NOGUEIRA BLANCO	M-28	SUB10M-28	00:03:42	00:04:38	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
39	788	LEO	MARTÍNEZ VILLÁVERDE	M-29	SUB10M-29	00:03:43	00:04:39	ATLETISMO CAMBADOS SEG.NOVAL	CAMBADOS
40	854	JESÉ RAMÓN	MARIÑO CASTRO	M-30	SUB10M-30	00:03:43	00:04:39		SILLEDA
41	791	DYLAN	ALARCON POSE	M-31	SUB10M-31	00:03:46	00:04:43	ATLETISMO OLYMPO	PONTES DE GARCÍA RODRÍGUEZ (AS)
42	879	PEDRO	RUIZ MUMANY	M-32	SUB10M-32	00:03:49	00:04:46		LALÍN
43	823	XIANA	ALARCÓN POSE	F-11	SUB10F-11	00:03:54	00:04:53		RODEIRO

44	857	FLAVIA	MARTINS SIMÓN	F-12	SUB10F-12	00:03:56	00:04:54		LALÍN
45	829	XOSÉ RAMÓN	CARREIRA IGLESIAS	M-33	SUB10M-33	00:03:56	00:04:54		MELIDE
46	795	DUARTE	GUTIERREZ CARRAL	M-34	SUB10M-34	00:03:56	00:04:55	CEIP XESÚS GOLMAR	LALÍN
47	844	ARES	GALEGO QUINTELA	M-35	SUB10M-35	00:03:57	00:04:56		LALÍN
48	869	ADRIÁN	POUTON PUMAR	M-36	SUB10M-36	00:03:57	00:04:56		MELIDE
49	806	XOÁN	PEÓN PORTAS	M-37	SUB10M-37	00:03:57	00:04:57	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
50	836	XOÁN	FEIJOO QUAN	M-38	SUB10M-38	00:03:59	00:04:58		LALÍN
51	875	IRIA	RODRIGUEZ RODRIGUEZ	F-13	SUB10F-13	00:03:59	00:04:58		CAMBADOS
52	840	MARÍA	FERNÁNDEZ VARELA	F-14	SUB10F-14	00:04:01	00:05:01		LALÍN
53	849	NOEL	IGLESIAS MONTOUTO	M-39	SUB10M-39	00:04:03	00:05:04		LALÍN
54	789	CLAUDIA	RECAMAN DEL RIO	F-15	SUB10F-15	00:04:04	00:05:05	ATLETISMO CAMBADOS SEG.NOVAL	CAMBADOS
55	808	DANIELA	RODRÍGUEZ FERNÁNDEZ	F-16	SUB10F-16	00:04:06	00:05:08	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
56	866	ÁXEL	PAYO BOO	M-40	SUB10M-40	00:04:06	00:05:08		LALÍN
57	894	IAGO	XIEIRO GONZALEZ	M-41	SUB10M-41	00:04:09	00:05:11		
58	792	HÉCTOR	VÁZQUEZ DOMÍNGUEZ	M-42	SUB10M-42	00:04:10	00:05:12	C. A. CAMBADOS SEG-NOVAL	RIBADUMIA
59	813	NUNO	VILARIÑO LÓPEZ	M-43	SUB10M-43	00:04:11	00:05:13	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
60	843	LOIS	GALEGO LÓPEZ	M-44	SUB10M-44	00:04:12	00:05:15		LALÍN
61	797	NOA	BLANCO FDZ-JARDÓN	F-17	SUB10F-17	00:04:12	00:05:15	CLUB ATLETISMO DEZA	LALÍN
62	885	NOA	TABOADA RIELO	F-18	SUB10F-18	00:04:13	00:05:17		LALÍN
63	867	DIEGO	PÉREZ GONZÁLEZ	M-45	SUB10M-45	00:04:19	00:05:23		LALÍN
64	848	VALENTINA	GRANDE LORENZO	F-19	SUB10F-19	00:04:19	00:05:23		LALÍN
65	874	NOA	RODRIGUEZ FONDEVILA	F-20	SUB10F-20	00:04:20	00:05:24		LALÍN
66	812	AITANA	SÁNCHEZ SOTO	F-21	SUB10F-21	00:04:21	00:05:26	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
67	827	LUCAS	BARROS RODRÍGUEZ	M-46	SUB10M-46	00:04:23	00:05:29		LALÍN
68	884	SALMA	SURRIBAS SILVELA	F-22	SUB10F-22	00:04:25	00:05:32		LALÍN
69	851	CATALINA	LOÑO	F-23	SUB10F-23	00:04:27	00:05:34		LALÍN
70	814	NIKOLAS	VILLAMIZAR DELGADO	M-47	SUB10M-47	00:04:31	00:05:39	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
71	826	HAIZEA	BARREIRO VILLAR	F-24	SUB10F-24	00:04:33	00:05:42		PINO (O)
72	865	NAIARA	OTERO LOPEZ	F-25	SUB10F-25	00:04:42	00:05:53		LALÍN
73	832	VALENTINA	DIEGUEZ IGLESIAS	F-26	SUB10F-26	00:04:43	00:05:53		LALÍN
74	846	DANIELA	GONZÁLEZ MOSTEIRO	F-27	SUB10F-27	00:04:45	00:05:56		LALÍN
75	881	MARTINA	SANTOS SANMARTIN	F-28	SUB10F-28	00:04:47	00:05:59		SANTIAGO DE COMPOSTELA
76	807	MANUEL	QUINTÁ FERNÁNDEZ	M-48	SUB10M-48	00:04:50	00:06:02	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
77	890	PABLO	VÁZQUEZ MOSQUERA	M-49	SUB10M-49	00:04:59	00:06:13		LALÍN
78	861	OLIVIA	MIGUEZ	F-29	SUB10F-29	00:05:00	00:06:15		LALÍN
79	850	IRIA	IGLESIAS VIDUEIROS	F-30	SUB10F-30	00:05:04	00:06:19		LALÍN
80	859	MARCOS	MÉNDEZ RAMOS	M-50	SUB10M-50	00:05:05	00:06:21		LALÍN
81	828	ANXO	CAGIDE VARELA	M-51	SUB10M-51	00:05:07	00:06:23		MELIDE
82	821	UNAI	ADÁN NEIRA	M-52	SUB10M-52	00:05:08	00:06:25		MELIDE
83	834	ANTIA	DOMÍNGUEZ PÉREZ	F-31	SUB10F-31	00:05:10	00:06:27		CAMBADOS
84	873	ALMA	RODRIGUEZ COUTO	F-32	SUB10F-32	00:05:16	00:06:34		LALÍN