

Pontevedra, 12 marzo 2022  
sábado, 12 marzo 2022

## ACTA POR DÍA

## Disco (1kg) M60 e M70

| Pto                    | Dor | Nombre Club                                  | F de Nac Lic           | Cat  | 1       | 2     | 3     | 4     | 5     | Marca |
|------------------------|-----|--|------------------------|------|---------|-------|-------|-------|-------|-------|
| Final 12/03/2022 10:00 |     |  |                        |      |         |       |       |       |       |       |
| 1                      | 322 | Xulio Ventin Rivas<br>S.G. Pontevedra        | 25/11/1961<br>GA12350  | M-60 | 37.37   | -     | -     | -     | -     | 37.37 |
| 2                      | 310 | (t) Jose Fraga Caamaño<br>Atletica a Silva   | 08/04/1961<br>AG10068  | M-60 | X 25.05 | 28.36 | 30.66 | 31.54 |       | 31.54 |
| 3                      | 308 | Julio Escalante Diego<br>Club Atletismo Sada | 16/10/1958<br>GA769417 | M-60 | 27.14   | 27.17 | 23.45 | 24.52 | 22.24 | 27.17 |
| 4                      | 319 | Manuel Rodriguez Rodriguez<br>R.C. Celta     | 25/06/1948<br>GA19998  | M-70 | X 25.04 | 25.96 | 26.38 | 24.47 |       | 26.38 |

## Disco (1,5kg) M50 e M55

| Pto                    | Dor | Nombre Club   | F de Nac Lic            | Cat  | 1       | 2       | 3       | 4       | 5     | Marca |
|------------------------|-----|---|-------------------------|------|---------|---------|---------|---------|-------|-------|
| Final 12/03/2022 11:40 |     |   |                         |      |         |         |         |         |       |       |
| 1                      | 306 | Jose Dominguez Caballero<br>Atletica a Silva          | 09/03/1972<br>GA19000   | M-50 | 25.16   | 28.59   | 27.15   | 28.41   | 29.29 | 29.29 |
| 2                      | 323 | Javier Viteri Fernandez<br>Atmo. Samertolameu         | 22/06/1962<br>GA765295  | M-55 | 26.88   | X 28.39 | 28.63   |         | X     | 28.63 |
| 3                      | 314 | (t) J. manuel Núñez Sánchez<br>Atletica a Silva       | 09/10/1967<br>AG10069   | M-50 | X 22.20 |         | X 25.87 | 21.76   |       | 25.87 |
| 4                      | 315 | Jose Luis Pavon Grande<br>CD La Purisima              | 13/12/1967<br>GA2023412 | M-50 | 22.37   | 24.96   | X 24.47 | 24.07   |       | 24.96 |
| 5                      | 317 | Antonio Javier Pereira Segade<br>Atletismo Cuntis     | 26/02/1967<br>GA2023339 | M-55 | 20.54   | 21.43   | 20.99   | 24.70   | X     | 24.70 |
| 6                      | 321 | (t) Juan Carlos Vazquez Fraga<br>Club Atletismo Naron | 17/12/1969<br>AG14883   | M-50 | 19.50   | 19.88   | 20.90   | 22.71   | 20.95 | 22.71 |
| 7                      | 311 | David López Vilaríño<br>CA Santiago                   | 29/08/1971<br>GA109     | M-50 | 20.23   | X       | X       | X 22.22 |       | 22.22 |
| 8                      | 312 | (t) Jesús Mosquera Cerqueiro<br>Atletica a Silva      | 26/11/1966<br>AG15434   | M-55 | 18.90   | 20.26   | 21.13   | 21.87   | X     | 21.87 |
| 9                      | 305 | Juan Carlos Díaz Peña<br>Marineda Atletico            | 24/01/1967<br>GA207     | M-55 | 19.16   | 20.02   | 20.19   | 13.60   | 18.29 | 20.19 |
| 10                     | 302 | (t) Alfredo Blanco Rios<br>Atletismo Noia             | 24/07/1968<br>AG5576    | M-50 | 18.35   | 18.25   | X 19.65 | 18.34   |       | 19.65 |
| 11                     | 318 | Anibal Rodriguez Campos<br>Comesaña Sporting Club     | 30/01/1967<br>GA760     | M-55 | 17.98   | X       | X 16.58 |         | X     | 17.98 |

## Disco (2kg) M45

| Pto                    | Dor | Nombre Club  | F de Nac Lic            | Cat  | 1     | 2     | 3     | 4       | 5 | Marca |
|------------------------|-----|--|-------------------------|------|-------|-------|-------|---------|---|-------|
| Final 12/03/2022 11:40 |     |  |                         |      |       |       |       |         |   |       |
| 1                      | 307 | Javier Dominguez De La Maza-madrado<br>Ourense Atletismo | 03/12/1973<br>GA2023343 | M-45 | 24.10 | 24.80 | 24.99 | X 26.37 |   | 26.37 |
|                        | 316 | Manuel Penas Roibas<br>Club Atletismo Sada               | 26/02/1973<br>GA75      | M-45 |       |       |       |         |   | NP    |

## Martelo (3kg) M80

| Pto                    | Dor | Nombre Club                              | F de Nac Lic           | Cat  | 1     | 2     | 3     | 4     | 5     | Marca |
|------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 12/03/2022 13:00 |     |  |                        |      |       |       |       |       |       |       |
| 1                      | 490 | Jose Manuel Almudi Martinez<br>ADAS CUPA | 15/11/1940<br>GA765764 | M-80 | 27.24 | 32.98 | 33.94 | 34.46 | 30.37 | 34.46 |

## Martelo (4kg) M70

| Pto                    | Dor | Nombre Club                                  | F de Nac Lic            | Cat  | 1       | 2     | 3       | 4     | 5 | Marca |
|------------------------|-----|--|-------------------------|------|---------|-------|---------|-------|---|-------|
| Final 12/03/2022 13:00 |     |  |                         |      |         |       |         |       |   |       |
| 1                      | 304 | Juan Manuel Conde Fraga<br>Marineda Atletico | 30/08/1951<br>GA2023533 | M-70 | 33.07   | 30.18 | X 31.47 | 33.18 |   | 33.18 |
| 2                      | 319 | Manuel Rodriguez Rodriguez<br>R.C. Celta     | 25/06/1948<br>GA19998   | M-70 | X 25.36 | 29.66 | 29.09   | 29.22 |   | 29.66 |

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## ACTA POR DÍA

## Martelo (5kg) M60

| Pto                           | Dor | Nombre Club                                  | F de Nac Lic           | Cat  | 1     | 2     | 3     | 4     | 5     | Marca        |
|-------------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|--------------|
| <b>Final 12/03/2022 13:00</b> |     |  |                        |      |       |       |       |       |       |              |
| 1                             | 322 | Xulio Ventin Rivas<br>S.G. Pontevedra        | 25/11/1961<br>GA12350  | M-60 | 40.85 | AB    |       |       |       | <b>40.85</b> |
| 2                             | 310 | (t) Jose Fraga Caamaño<br>Atletica a Silva   | 08/04/1961<br>AG10068  | M-60 | 23.36 | 23.56 | 22.41 | 24.37 | 21.78 | <b>24.37</b> |
| 3                             | 308 | Julio Escalante Diego<br>Club Atletismo Sada | 16/10/1958<br>GA769417 | M-60 | 19.66 | 18.77 | 20.51 | 18.90 | X     | <b>20.51</b> |

## Martelo (6kg) M50 e M55

| Pto                           | Dor | Nombre Club                                       | F de Nac Lic            | Cat  | 1     | 2     | 3     | 4     | 5     | Marca        |
|-------------------------------|-----|---|-------------------------|------|-------|-------|-------|-------|-------|--------------|
| <b>Final 12/03/2022 15:30</b> |     |   |                         |      |       |       |       |       |       |              |
| 1                             | 320 | Jorge Rodriguez Vazquez<br>Club Atletismo Naron   | 12/02/1967<br>GA2023321 | M-55 | 35.33 | 35.53 | 36.39 | X     | X     | <b>36.39</b> |
| 2                             | 314 | (t) J. manuel Núñez Sánchez<br>Atletica a Silva   | 09/10/1967<br>AG10069   | M-50 | 24.58 | 24.10 | X     | 25.56 | X     | <b>25.56</b> |
| 3                             | 317 | Antonio Javier Pereira Segade<br>Atletismo Cuntis | 26/02/1967<br>GA2023339 | M-55 | X     | 23.46 | 22.35 | X     | 25.17 | <b>25.17</b> |
| 4                             | 315 | Jose Luis Pavon Grande<br>CD La Purisima          | 13/12/1967<br>GA2023412 | M-50 | 22.58 | X     | 21.22 | 20.91 | 21.92 | <b>22.58</b> |
| 5                             | 302 | (t) Alfredo Blanco Rios<br>Atletismo Noia         | 24/07/1968<br>AG5576    | M-50 | X     | 18.10 | 19.16 | 19.15 | 19.08 | <b>19.16</b> |

## Martelo (7,260kg) M35 e M45

| Pto                           | Dor | Nombre Club  | F de Nac Lic           | Cat  | 1     | 2     | 3     | 4     | 5     | Marca        |
|-------------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|--------------|
| <b>Final 12/03/2022 15:30</b> |     |  |                        |      |       |       |       |       |       |              |
| 1                             | 301 | Carlos Alberto Almuadí Cid<br>Club Atletismo Naron | 20/01/1974<br>GA769377 | M-45 | 49.83 | X     | X     | 50.70 | 48.91 | <b>50.70</b> |
| 2                             | 309 | Santiago Ferreiro Marzoa<br>CA Santiago            | 15/05/1983<br>GA769336 | M-35 | 41.25 | 42.25 | 43.33 | 41.70 | 41.02 | <b>43.33</b> |
| 3                             | 303 | Santiago Conde Bao<br>Club Atletismo Sada          | 07/06/1974<br>GA237    | M-45 | 37.29 | 33.02 | 34.50 | 34.62 | 39.14 | <b>39.14</b> |

## Xavelina (600g) M60

| Pto                           | Dor | Nombre Club                                  | F de Nac Lic           | Cat  | 1     | 2     | 3     | 4     | 5     | Marca        |
|-------------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|--------------|
| <b>Final 12/03/2022 16:45</b> |     |  |                        |      |       |       |       |       |       |              |
| 1                             | 322 | Xulio Ventin Rivas<br>S.G. Pontevedra        | 25/11/1961<br>GA12350  | M-60 | 34.26 | AB    |       |       |       | <b>34.26</b> |
| 2                             | 308 | Julio Escalante Diego<br>Club Atletismo Sada | 16/10/1958<br>GA769417 | M-60 | 13.66 | 16.37 | 15.86 | 16.69 | 16.77 | <b>16.77</b> |

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## ACTA POR DÍA

## Xavelina (700g) M50 e M55

| Pto                    | Dor | Nombre Club   | F de Nac Lic            | Cat  | 1     | 2     | 3     | 4     | 5     | Marca |
|------------------------|-----|---|-------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 12/03/2022 17:45 |     |   |                         |      |       |       |       |       |       |       |
| 1                      | 306 | Jose Dominguez Caballero<br>Atletica a Silva          | 09/03/1972<br>GA19000   | M-50 | X     | 38.49 | X     | X     | X     | 38.49 |
| 2                      | 323 | Javier Viteri Fernandez<br>Atmo. Samertolameu         | 22/06/1962<br>GA765295  | M-55 | X     | X     | 35.42 | 35.64 | 35.24 | 35.64 |
| 3                      | 311 | David López Vilaríño<br>CA Santiago                   | 29/08/1971<br>GA109     | M-50 | X     | 23.37 | X     | 29.55 | 25.31 | 29.55 |
| 4                      | 317 | Antonio Javier Pereira Segade<br>Atletismo Cuntis     | 26/02/1967<br>GA2023339 | M-55 | 23.90 | X     | X     | 22.91 | X     | 23.90 |
| 5                      | 302 | (t) Alfredo Blanco Rios<br>Atletismo Noia             | 24/07/1968<br>AG5576    | M-50 | 20.26 | 19.33 | 21.00 | 20.72 | 21.97 | 21.97 |
| 6                      | 321 | (t) Juan Carlos Vazquez Fraga<br>Club Atletismo Naron | 17/12/1969<br>AG14883   | M-50 | 18.28 | 19.32 | 20.23 | 19.77 | 21.18 | 21.18 |
| 7                      | 305 | Juan Carlos Diaz Peña<br>Marineda Atletico            | 24/01/1967<br>GA207     | M-55 | 19.57 | X     | X     | 17.82 | 21.11 | 21.11 |
| 8                      | 315 | Jose Luis Pavon Grande<br>CD La Purisima              | 13/12/1967<br>GA2023412 | M-50 | 16.79 | 19.04 | X     | 19.21 | X     | 19.21 |
| 9                      | 318 | Anibal Rodriguez Campos<br>Comesaña Sporting Club     | 30/01/1967<br>GA760     | M-55 | 18.50 | X     | 16.21 | 14.04 | 15.81 | 18.50 |

## Xavelina (800g) M45

| Pto                    | Dor | Nombre Club  | F de Nac Lic            | Cat  | 1     | 2     | 3     | 4     | 5     | Marca |
|------------------------|-----|--|-------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 12/03/2022 17:45 |     |  |                         |      |       |       |       |       |       |       |
| 1                      | 307 | Javier Dominguez De La Maza-madrado<br>Ourense Atletismo | 03/12/1973<br>GA2023343 | M-45 | 40.76 | 40.19 | 40.06 | X     | 39.10 | 40.76 |
| 2                      | 313 | (t) Jose Luis Novoa Cid<br>CD La Purisima                | 17/06/1973<br>AG2020475 | M-45 | 18.42 | 18.85 | 17.95 | 16.84 | X     | 18.85 |

## Disco (1kg) FEM

| Pto                    | Dor | Nombre Club  | F de Nac Lic            | Cat  | 1     | 2     | 3     | 4     | 5     | Marca |
|------------------------|-----|--|-------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 12/03/2022 10:00 |     |  |                         |      |       |       |       |       |       |       |
| 1                      | 329 | Maria Teresa Janeiro Sueiro<br>Club Atletismo Sada         | 23/08/1977<br>GA765434  | W-40 | 20.05 | 19.36 | 21.35 | 22.71 | 22.38 | 22.71 |
| 2                      | 328 | Natalia Garcia Senra<br>Club Atletismo Naron               | 09/01/1978<br>GA837     | W-40 | 18.23 | 19.89 | 22.47 | X     | X     | 22.47 |
| 3                      | 327 | Irene Fernandez Fidalgo<br>Club Atletismo Sada             | 26/02/1975<br>GA769252  | W-45 | X     | 17.72 | X     | 13.92 | 17.05 | 17.72 |
| 4                      | 324 | Ana Maria Abuin Pazos<br>Atletica a Silva                  | 06/08/1959<br>GA717109  | W-60 | 16.26 | 17.03 | 16.81 | 16.34 | 17.13 | 17.13 |
| 5                      | 331 | Maria De Los Angeles Rodriguez Del Rio<br>Atletica a Silva | 20/11/1957<br>GA717241  | W-60 | 16.52 | 15.73 | 17.09 | 16.36 | 13.92 | 17.09 |
| 6                      | 332 | (t) Isabel Maria Seco Perez<br>Atletismo Rúa               | 27/06/1972<br>AG2019948 | W-45 | 14.84 | 13.41 | X     | 14.34 | 15.08 | 15.08 |
| 7                      | 333 | (t) Hortensia Víaño Liste<br>Atletica a Silva              | 15/11/1967<br>AG769671  | W-50 | X     | 11.43 | 9.62  | 12.23 | 13.01 | 13.01 |

## Martelo (3kg) F50 e F60

| Pto                    | Dor | Nombre Club  | F de Nac Lic           | Cat  | 1     | 2     | 3     | 4     | 5     | Marca |
|------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 12/03/2022 13:00 |     |  |                        |      |       |       |       |       |       |       |
| 1                      | 324 | Ana Maria Abuin Pazos<br>Atletica a Silva            | 06/08/1959<br>GA717109 | W-60 | 23.69 | 24.45 | 24.51 | 25.83 | 25.43 | 25.83 |
| 2                      | 334 | (t) Myriam Vázquez Vázquez<br>CD La Purisima         | 08/08/1970<br>AG10504  | W-50 | 19.50 | 16.96 | 19.10 | 21.64 | 20.46 | 21.64 |
| 3                      | 325 | Maria Esther Bouso Fuentecilla<br>Atmo. Samertolameu | 25/04/1961<br>GA831    | W-60 | X     | X     | 13.19 | 14.11 | 13.96 | 14.11 |

## ACTA POR DÍA

## Martelo (4kg) F40 e F45

| Pto                           | Dor | Nombre Club                                    | F de Nac Lic           | Cat  | 1     | 2     | 3     | 4     | 5     | Marca |
|-------------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|-------|
| <b>Final 12/03/2022 13:00</b> |     |  |                        |      |       |       |       |       |       |       |
| 1                             | 326 | Loreto Brea Gonzalez<br>S.G. Pontevedra        | 07/12/1975<br>GA7056   | W-45 | 34.45 | 36.47 | 36.41 | 34.76 | 33.35 | 36.47 |
| 2                             | 330 | (t) Delia Paz Ardao<br>Club Atletismo Naron    | 07/06/1981<br>AG14925  | W-40 | X     | 30.90 | 30.08 | X     | 32.78 | 32.78 |
| 3                             | 327 | Irene Fernandez Fidalgo<br>Club Atletismo Sada | 26/02/1975<br>GA769252 | W-45 | X     |       | X     | 22.97 | 25.22 | 25.22 |

## Xavelina (500g) F50 e F60

| Pto                           | Dor | Nombre Club  | F de Nac Lic           | Cat  | 1     | 2     | 3     | 4     | 5     | Marca |
|-------------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|-------|
| <b>Final 12/03/2022 16:45</b> |     |  |                        |      |       |       |       |       |       |       |
| 1                             | 331 | Maria De Los Angeles Rodriguez Del Rio<br>Atletica a Silva | 20/11/1957<br>GA717241 | W-60 | 18.71 | 19.62 | 15.94 | 18.48 | 19.85 | 19.85 |
| 2                             | 334 | (t) Myriam Vázquez Vázquez<br>CD La Purisima               | 08/08/1970<br>AG10504  | W-50 | 12.33 | 9.44  | 11.08 | 10.24 | 12.28 | 12.33 |

## Xavelina (600g) F40 e F45

| Pto                           | Dor | Nombre Club                                    | F de Nac Lic           | Cat  | 1     | 2     | 3     | 4     | 5     | Marca |
|-------------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|-------|
| <b>Final 12/03/2022 16:45</b> |     |  |                        |      |       |       |       |       |       |       |
| 1                             | 328 | Natalia Garcia Senra<br>Club Atletismo Naron   | 09/01/1978<br>GA837    | W-40 | 14.84 | 17.12 | 14.62 | 16.80 | 18.17 | 18.17 |
| 2                             | 327 | Irene Fernandez Fidalgo<br>Club Atletismo Sada | 26/02/1975<br>GA769252 | W-45 | 9.62  | 9.49  | 11.14 | 10.48 | 9.85  | 11.14 |