

# VI CARREIRA POPULAR MATOGRANDE, A Coruña 23/01/2022

Proba Absoluta. Distancia: 7.140 m



Pto	Dorsal	Nome	Sx	PtoCat	Tepo	RitmoKm	Control	Licenza	Club	Localidade
1	3301	ALEJANDRO DIEGO MONTERO		SNM- 1	00:23:20	00:03:16	00:16:24		CLUB ATLETISMO NARÓN	SALAMANCA
2	1	ABDELAZIZ FATIHI		SNM- 2	00:23:40	00:03:19	00:16:25			LA CORUÑA
3	1609	ÁLVARO MARÍN PÉREZ		SNM- 3	00:23:43	00:03:20	00:16:39		THE COBARDES	SAN FERNANDO
4	67	ALVARO PRESEDO FRAGUÍO		MS1M- 1	00:24:11	00:03:24	00:16:51		CLUB MARINEDA ATLETICO	ARTEIXO
5	36	JUAN RAMÓN COLLAZO AREOSA		SNM- 4	00:24:34	00:03:27	00:17:08	AG 2019057	CLUB ATLETISMO O PINO	CORISTANCO
6	119	YAGO IGNACIO GARCÍA SAINZ		SUB20M- 1	00:24:50	00:03:29	00:17:15	AG2024952		SANTIAGO DE COMPOSTELA
7	142	JOSE MARIA SANCHEZ SAN LUIS		MS2M- 1	00:25:10	00:03:32	00:17:36			CULLEREDO
8	10	CARLOS IGLESIAS AREA		MS2M- 2	00:25:16	00:03:33	00:17:42	AG2015548	CLUB SAN MIGUEL DE MARÍN	MARIN
9	512	ABEL SOUTO CORES		SNM- 5	00:25:17	00:03:33	00:17:42		CLUB TRIATLON CORUÑA	ARTEIXO
10	19	FERNANDO VAZQUEZ ARES		MS3M- 1	00:25:21	00:03:33	00:17:41		ATLETAS DE ACEA DE AMA	CULLEREDO
11	68	FRANCISCO JAVIER MASEDA CARBALLO		MS3M- 2	00:25:25	00:03:34	00:17:43	AG202838	CLUB MARINEDA ATLETICO	A CORUÑA
12	135	ADRIÁN CONDE FRAGA		MS1M- 2	00:25:26	00:03:34	00:17:38			A CORUÑA
13	109	FERNANDO DEL CORRAL REY		MS2M- 3	00:25:36	00:03:36	00:17:47		THE COBARDES	A CORUÑA
14	1501	GUILLERMO SÁNCHEZ RUIZ		SUB20M- 2	00:25:38	00:03:36	00:18:04		ATLETISMO RIAZOR CORUÑA	LA CORUÑA
15	74	ELOY GONZALEZ HORTA		MS1M- 3	00:25:43	00:03:37	00:17:42		CTC	CORUÑA
16	121	DAVID ESTEBAN FERREIRO		SNM- 6	00:25:46	00:03:37	00:17:54			CARRAL
17	1505	RUBEN BREGUA CHAS		MS2M- 4	00:25:47	00:03:37	00:18:04		CLUB MARINEDA ATLETICO	CULLEREDO
18	107	JAVIER NOVO BUJEIRO		MS2M- 5	00:25:48	00:03:37	00:18:04		TERRA DE SONEIRA	VIMIANZO
19	3	ANGEL MACEIRAS LAGO		MS3M- 3	00:25:50	00:03:38	00:17:54	AG2014771	ATLETISMO SAR VERMU-PETRONI	O BURGO
20	1512	IVAN REGO POSE		MS1M- 4	00:26:01	00:03:39	00:18:06			A CORUÑA
21	136	PABLO SEOANE AMOR		MS1M- 5	00:26:03	00:03:39	00:18:14			BETANZOS
22	66	ROI BARROS CORRAL		SNM- 7	00:26:12	00:03:41	00:18:20	AG2017827	CLUB MARINEDA ATLETICO	A CORUÑA
23	7	NICOLAS FERNANDO BAS ROTH		MS1M- 6	00:26:14	00:03:41	00:18:13	AG2024034	CLUB ATLETISMO SADA	CULLEREDO
24	11	GERMAM GARCIA AMEIJIDE		MS1M- 7	00:26:15	00:03:41	00:18:33		AD JARNACHAS	A CORUÑA
25	146	MATEO TORRES NEIRA		MS2M- 6	00:26:20	00:03:42	00:18:23			A CORUÑA
26	149	JOSE LUIS SEOANE UZAL		MS2M- 7	00:26:21	00:03:42	00:18:34			LA CORUÑA
27	150	JAVIER PARADELA MARTICÓ		MS2M- 8	00:26:21	00:03:42	00:18:29			ARTEIXO
28	3073	TOMÁS PRADA MAROÑO		SUB20M- 3	00:26:23	00:03:42	00:18:33		CLUB HERCULES TERMARIA	A CORUÑA
29	114	FRANCISCO JAVIER FERRADÁS ÁLVAREZ		SNM- 8	00:26:24	00:03:42	00:18:23		TRIATLON BOIRO	A CORUÑA
30	4002	BRUNO RIADIGOS PIÑEIRO		MS1M- 8	00:26:35	00:03:44	00:18:36		NOSPORTLIMIT	CORUÑA
31	138	ANDRÉS FLÓREZ PÉREZ		MS1M- 9	00:26:38	00:03:44	00:18:49	G-17268		PONFERRADA
32	3309	ALFONSO MASEDA VARELA		MS2M- 9	00:26:43	00:03:45	00:18:35			A CORUÑA
33	3009	CRISTIAN GONZALEZ MARTINEZ		SUB20M- 4	00:26:44	00:03:45	00:18:37		TRIATLON ARTEIXO	ARTEIXO
34	163	JOSE ANTONIO GONTAN CASTRO		MS4M- 1	00:26:49	00:03:46	00:18:48			SANTIAGO
35	100	XAQUIN BUGALLO DEL PUERTO		MS2M- 10	00:26:52	00:03:46	00:18:50		RUNNING OLEIROS	O BURGO
36	3081	CESAR BARRIOS GONZALEZ		MS4M- 2	00:26:55	00:03:47	00:18:51		ATLETAS DE ACEA DE AMA	A CORUÑA
37	69	ALEXANDRE RODRÍGUEZ PAZ		MS2M- 11	00:26:59	00:03:47	00:18:49		CLUB TRIATLON ARTEIXO	CULLEREDO
38	49	JESUS ALVAREZ CHINCHILLA		MS5M- 1	00:26:59	00:03:47	00:18:49		CLUB ATLETISMO SADA	SADA
39	91	JUAN CARLOS VAZQUEZ GRELA		MS1M- 10	00:27:03	00:03:48	00:19:02		NOSPORTLIMIT	LA CORUÑA
40	152	IAGO DEL POZO SANCHEZ		MS2M- 12	00:27:04	00:03:48	00:18:54			A CORUÑA
41	171	PABLO LEMA		MS4M- 3	00:27:06	00:03:48	00:19:09	AG-2026832		CORUÑA
42	44	JOSE LUIS ROIBAS FERNANDEZ		MS4M- 4	00:27:09	00:03:49	00:18:54		CLUB ATLETISMO SADA	CAMBRE
43	125	DAVID CHAS ÁLVAREZ		SNM- 9	00:27:10	00:03:49	00:18:52			A CORUÑA
44	153	GUSTAVO VILLAR PÉREZ		MS3M- 4	00:27:13	00:03:49	00:19:08			A CORUÑA
45	4001	IAGO CASTRO VARELA		SNM- 10	00:27:14	00:03:49	00:19:08		ATLETAS DE ACEA DE AMA	CAMBRE
46	81	DAVID RODRÍGUEZ HIERRO		MS1M- 11	00:27:15	00:03:49	00:18:58		KURAI	VIGO
47	20	SIMON LOPEZ EIROA		MS3M- 5	00:27:18	00:03:50	00:19:10		ATLETAS DE ACEA DE AMA	PERILLO OLEIROS
48	43	FERNANDO BOUZÓN OTERO		MS3M- 6	00:27:20	00:03:50	00:19:03		CLUB ATLETISMO SADA	CARNOEDO - SADA
49	101	FRANCISCO JAVIER GONZÁLEZ LEDO		MS4M- 5	00:27:26	00:03:51	00:19:18	AG2024183	RUNNING OLEIROS	CULLEREDO
50	95	ANTONIO BAAMONDE SANDE		MS3M- 7	00:27:26	00:03:51	00:19:14		NOSPORTLIMIT	A CORUÑA

51	508	IVAN MAROÑO PASACALIN		SUB20M- 5	00:27:28	00:03:51	00:19:09		CLUB HERCULES TERMARIA	A CORUÑA
52	1654	CARLOS RIVAS BARCALA		SNM- 11	00:27:38	00:03:53	00:19:06			A ESTRADA
53	113	RUBÉN SÁNCHEZ VÁZQUEZ		MS1M- 12	00:27:43	00:03:53	00:19:30		TRIATLON ARTEIXO	OLEIROS
54	3012	DANIEL POLO PÉREZ		SNM- 12	00:27:44	00:03:53	00:19:24			A CORUÑA
55	1703	CARLOS ALVAREZ		MS3M- 8	00:27:44	00:03:53	00:19:31		NOSPORTLIMIT	CORUÑA
56	102	JOSE LUIS RIO SILVA		MS5M- 2	00:27:46	00:03:54	00:19:33	AG 2021591	RUNNING OLEIROS	OLEIROS
57	151	JOSÉ MARÍA ORDÓÑEZ MERELAS		MS2M- 13	00:27:47	00:03:54	00:19:31			A CORUÑA
58	3002	JESUS MARIA ALVAREZ RODRIGUEZ		MS3M- 9	00:27:47	00:03:54	00:19:20		ATLETISMO CORUÑA COMARCA	A CORUÑA
59	23	JESÚS ASTRAY CASTRO		MS4M- 6	00:27:49	00:03:54	00:19:27		ATLETAS DE ACEA DE AMA	A CORUÑA
60	21	IVAN VARELA BARREIRO		MS3M- 10	00:27:50	00:03:54	00:19:30		ATLETAS DE ACEA DE AMA	CULLEREDO
61	22	EDUARDO REY QUINTELA		MS4M- 7	00:27:50	00:03:54	00:19:23	AG2018642	ATLETAS DE ACEA DE AMA	CULLEREDO
62	155	FRAN RAMOS		MS3M- 11	00:27:50	00:03:54	00:19:29			A CORUÑA
63	3305	DANIEL DÍAZ JUEGUEN		SNM- 13	00:27:55	00:03:55	00:19:30			ILLA DE AROUSA
64	3389	JORGE GARCÍA ARROYO		SNM- 14	00:27:56	00:03:55	00:19:41			A CORUÑA
65	148	ABEL LADO FIGUEIRAS		MS2M- 14	00:28:01	00:03:56	00:19:45			A CORUÑA
66	96	JUANKY AGEITOS SAMPEDRO		MS1M- 13	00:28:05	00:03:56	00:19:39		PELUQUERÍA EVA MÉNDEZ	RIVEIRA
67	1596	ÁLVARO IGLESIAS LOPEZ		SNM- 15	00:28:06	00:03:57	00:19:38		AD JARNACHAS	ORTIGUEIRA
68	3303	AXEL VARELA MARTÍNEZ		SUB23M- 1	00:28:07	00:03:57	00:19:22			BEMBIBRE
69	3302	MIGUEL PULIDO SOTELO		SNM- 16	00:28:07	00:03:57	00:19:38		LUKE ATHLETICS	OURENSE
70	3013	DIEGO BELLO YAÑEZ		SNM- 17	00:28:08	00:03:57	00:19:25			VILALBA
71	71	JOSE ANTONIO ROMERO BARREIRO		MS1M- 14	00:28:08	00:03:57	00:19:41	AG768910	CLUBE ATLETISMO BOIMORTO	MESIA
72	3308	HECTOR GONZALEZ MARTINEZ		MS2M- 15	00:28:12	00:03:57	00:19:53			CULLEREDO
73	92	GABRIEL PIZARRO VARELA		MS2M- 16	00:28:13	00:03:58	00:19:34		NOSPORTLIMIT	A CORUÑA
74	83	LUIS FERNANDEZ ESPADA		MS3M- 12	00:28:13	00:03:58	00:19:58		KURAI	DORNEDA
75	3007	JOSE MANUEL GARCIA VUELTA		MS1M- 15	00:28:13	00:03:58	00:19:36		LUKE ATHLETICS	A CORUÑA
76	376	ELOY BRAVO CEREIJO		SNM- 18	00:28:14	00:03:58	00:19:47		CLUB HERCULES TERMARIA	CULLEREDO
77	1511	PABLO GRANDÍO NOCHE		MS1M- 16	00:28:15	00:03:58	00:19:55			A CORUÑA
78	110	LUCIANO JESÚS CARRETERO SANCHEZ		MS1M- 17	00:28:18	00:03:58	00:19:45		TRAILEROS TOXOS&BIRRAS	A CORUÑA
79	3021	JAVIER ARIAS DE LA VEGA		MS4M- 8	00:28:18	00:03:58	00:19:57			MONFORTE DE LEMOS
80	1649	JUAN CHAO MARTINEZ		SNM- 19	00:28:24	00:03:59	00:19:48			A CORUÑA
81	39	JAVIER GARCÍA FERNÁNDEZ		MS2M- 17	00:28:25	00:03:59	00:19:48		CLUB ATLETISMO RIBADEO	RIBADEO
82	65	ANTONIO BARREDO GOMEZ		SUB20M- 6	00:28:27	00:03:59	00:19:15		CLUB MARINEDA ATLETICO	A CORUÑA
83	179	UXÍA RODRÍGUEZ NEGREIRA	F- 1	SNF- 1	00:28:27	00:04:00	00:19:53			OURENSE
84	1767	HÉCTOR CAJARAVILLE ARAÚJO		MS3M- 13	00:28:33	00:04:00	00:19:53			SANTIAGO DE COMPOSTELA
85	1537	IAGO BARRO SÁNCHEZ		SNM- 20	00:28:39	00:04:01	00:20:23			VIVEIRO
86	145	ALEJANDRO SANCHEZ RAMOS		MS2M- 18	00:28:39	00:04:01	00:19:47			A CORUÑA
87	1743	FRANCISCO GÓMEZ SUEIRAS		MS4M- 9	00:28:39	00:04:01	00:20:04			CULLEREDO
88	129	ANTONIO RODRÍGUEZ FERNÁNDEZ		SNM- 21	00:28:39	00:04:01	00:19:56			CEA
89	140	JOSÉ PARÍS LÓPEZ		MS2M- 19	00:28:39	00:04:01	00:19:59			ABEGONDO
90	3396	ADRIAN GARABATO		SNM- 22	00:28:42	00:04:02	00:20:14			
91	592	DANIEL BERMUDEZ ALVAREZ		MS1M- 18	00:28:43	00:04:02	00:20:19			A CORUÑA
92	3414	FRAN GARCÍA ESMORÍS		SNM- 23	00:28:47	00:04:02	00:20:14			
93	104	SERGIO DANIEL OROSA LÓPEZ		MS1M- 19	00:28:47	00:04:02	00:19:50		RUNNING SARRIA	SARRIA
94	3078	RAUL PAREDES PASTOR		SNM- 24	00:28:50	00:04:03	00:20:10			A CORUÑA
95	3537	LORENZO SÁNCHEZ MARCOS		MS5M- 3	00:28:50	00:04:03	00:20:12	AG767020	RUNNING FOR GENTLEMAN	A CORUÑA
96	1507	NACHO MOREIRA SILVA		SNM- 25	00:28:52	00:04:03	00:20:04		TRIATLON ARTEIXO	A CORUÑA
97	12	RUBEN REBORIDO REBOREDO		MS2M- 20	00:28:53	00:04:03	00:20:19		AD JARNACHAS	ARTEIXO
98	577	FRANCAR GARCIA VILLAVERDE		MS3M- 14	00:28:56	00:04:04	00:20:12	AG 2025764	S.D.COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
99	105	FRANCISCO TOSAR ASOREY		MS1M- 20	00:28:57	00:04:04	00:20:12		SONS OF POSEIDON	A CORUÑA
100	1504	JUAN RAMÓN FERREIRO LÓPEZ		MS4M- 10	00:28:58	00:04:04	00:20:12	AG2022637	CLUB ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
101	3071	MARIA DE LA BARCA TOBA SUÁREZ	F- 2	MS1F- 1	00:28:58	00:04:04	00:19:59		ADAS-PROINOR	MUXÍA
102	603	JAVI BREGUA		MS2M- 21	00:28:59	00:04:04	00:20:27	INDEPENDENTE		A CORUÑA
103	15	JOSÉ ANTONIO GARCÍA MÉNDEZ		MS3M- 15	00:29:02	00:04:04	00:20:18	TGAL135	ASOCIACIÓN DEPORTIVA CERNE	A CORUÑA
104	115	DANIEL SANCHEZ GOMEZ		SNM- 26	00:29:07	00:04:05	00:20:15	46067343E	TRIATLON CORUÑA	A CORUÑA

105	1619	MARTIN BLANCO PREGO		SUB23M- 2	00:29:08	00:04:05	00:20:40			LA CORUÑA
106	3307	HÉCTOR MANUEL RODRÍGUEZ CAGIAO		MS2M- 22	00:29:08	00:04:05	00:20:20			SADA
107	86	EDELMIRO PORTO BLANCO		MS2M- 23	00:29:14	00:04:06	00:20:34	CICLISMO	MESOIRO CD	OLEIROS
108	170	FERNANDO PEREZ HERNANDEZ		MS4M- 11	00:29:14	00:04:06	00:20:27	AG2019970		A CORUÑA
109	3005	FRANCISCO JOSÉ ROCHA GARCÍA		MS2M- 24	00:29:15	00:04:06	00:20:12	AG10109	CLUBE ATLETISMO BOIMORTO	OZA DOS RIOS
110	48	XOÁN GALÁN PRESAS		MS4M- 12	00:29:17	00:04:06	00:20:36		CLUB ATLETISMO SADA	A CORUÑA
111	108	FÉLIX ROGET PÉREZ		MS2M- 25	00:29:19	00:04:07	00:20:30		TERRA DE SONEIRA C.D.	VIMIANZO
112	1632	ALBERTO DAVILA RIVAS		SNM- 27	00:29:22	00:04:07	00:20:49	AG-9520		A CORUÑA
113	118	YAGO DANIEL RÍO PEREIRA		SUB20M- 7	00:29:24	00:04:07	00:20:19			FERROL
114	509	PABLO DOPAZO		SNM- 28	00:29:25	00:04:08	00:20:43		CLUB MARINEDA ATLETICO	LA CORUÑA
115	33	EMILIO MARTINEZ ANTA		MS5M- 4	00:29:27	00:04:08	00:20:33	GA20450	C.D.EGOVARROS-VIVEIRO	A CORUÑA
116	97	JOSÉ ANTONIO FERNÁNDEZ RODRIGUEZ		MS2M- 26	00:29:33	00:04:09	00:20:32		RUNNING ARTEIXO	ARTEIXO
117	1651	JUAN LUIS VAZQUEZ LOPEZ		SNM- 29	00:29:35	00:04:09	00:20:33			MADRID
118	122	DANIEL DOMÍNGUEZ		SNM- 30	00:29:35	00:04:09	00:20:37			A CORUÑA
119	79	ANGELA TORRENTE INSUA	F- 3	MS2F- 1	00:29:36	00:04:09	00:20:36	GA2023397	KIRÓS	NARÓN
120	84	IVÁN MERA GARCÍA		MS2M- 27	00:29:37	00:04:09	00:20:38	AG11370	LA MOCHILA DEL DEPORTE	A CORUÑA
121	3336	JOSE PROL		SNM- 31	00:29:39	00:04:10	00:20:49			VILAGARCÍA DE AROUSA
122	3018	VICTOR CASTRO SEGADE		MS2M- 28	00:29:40	00:04:10	00:20:46			A CORUÑA
123	1509	DANIEL PEREZ CASTRILLON		SNM- 32	00:29:45	00:04:10	00:21:07			A CORUÑA
124	1516	NACHO CAMPOS NIÑO		MS3M- 16	00:29:47	00:04:11	00:20:45			A CORUÑA
125	141	ALEJANDRO JOSÉ CASTRO ROMÁN		MS2M- 29	00:29:48	00:04:11	00:20:35			A CORUÑA
126	3006	JAIME ÁLVAREZ DE LA TORRE		MS2M- 30	00:29:50	00:04:11	00:20:57	AG 2025146	HÉRCULES ATLETISMO	A CORUÑA
127	3014	MARTIN SANTOS SUAREZ		SNM- 33	00:29:53	00:04:12	00:21:00			LAXE
128	112	AITOR LOSADA GARCIA		MS1M- 21	00:29:54	00:04:12	00:20:58		TRIATLON ARTEIXO	CAMBRE
129	3019	DANIEL PEREZ LOMBA		MS3M- 17	00:29:57	00:04:12	00:20:55			A CORUÑA
130	3304	TOMÁS GARCÍA SILVA		SNM- 34	00:29:57	00:04:12	00:20:48			OURENSE
131	173	MIGUEL DÍAZ CARBALLO		MS5M- 5	00:29:58	00:04:12	00:20:55			BETANZOS
132	295	IAGO GONZÁLEZ FERMOSE		MS2M- 31	00:29:58	00:04:12	00:21:02			A CORUÑA
133	2	NEREA SANCHEZ ROCHA	F- 4	SNF- 2	00:29:58	00:04:12	00:20:58			A CORUÑA
134	3022	QUIQUE GARCÍA DEBÉN		MS5M- 6	00:30:00	00:04:12	00:21:03			A CORUÑA
135	3083	JOSE FREIRE CASTRO		MS3M- 18	00:30:00	00:04:13	00:20:47		CLUB NÁUTICO LANGOSTEIRA	A CORUÑA
136	1513	DIEGO VARELA ESAPASANDIN		MS1M- 22	00:30:02	00:04:13	00:20:50			ZAS
137	124	FERNANDO JOSE VARELA CASTRO		SNM- 35	00:30:04	00:04:13	00:20:56			A CORUÑA
138	569	DAVID PASCUAL SAENZ DE TEJADA		MS2M- 32	00:30:05	00:04:13	00:21:13		KURAI	A CORUÑA
139	147	ISMA ARCAJ		MS2M- 33	00:30:07	00:04:14	00:21:09			PRAVIO-CAMBRE
140	1508	ELOY PITA MARTÍNEZ		SNM- 36	00:30:07	00:04:14	00:20:59			FERROL
141	103	SAUL GOMEZ ARROJO		MS6M- 1	00:30:15	00:04:15	00:21:07		RUNNING OLEIROS	FURIS-CASTROVERDE
142	3315	DAVID FERNÁNDEZ ARGUL		SUB23M- 3	00:30:18	00:04:15	00:21:23			A CORUÑA
143	3472	JOSE ALEJANDRO RIOS FERNÁNDEZ		MS2M- 34	00:30:18	00:04:15	00:21:20			A CORUÑA
144	54	INES PAPIN ESTEVEZ	F- 5	MS4F- 1	00:30:19	00:04:15	00:21:24	AG7658545	CLUB ATLETISMO SADA	CAMBRE
145	3088	MARCOS CORGO RIVEIRO		MS1M- 23	00:30:19	00:04:15	00:21:14			MEICENDE
146	45	CARLOS AMOR GÓMEZ		MS4M- 13	00:30:20	00:04:15	00:21:04		CLUB ATLETISMO SADA	A CORUÑA
147	154	HERNANDO SEIJAS MARTÍNEZ		MS3M- 19	00:30:24	00:04:16	00:21:10			A CORUÑA
148	3538	SANTIAGO COTOS CASTRO		MS1M- 24	00:30:26	00:04:16	00:21:33			A CORUÑA
149	561	JESUS VAZQUEZ RODRIGUEZ		MS7M- 1	00:30:26	00:04:16	00:21:26		CLUB ATLETISMO MILLADOIRO	A CORUÑA
150	3015	DIEGO VÁZQUEZ PÉREZ		MS1M- 25	00:30:27	00:04:16	00:21:05			A CORUÑA
151	575	RICARDO LOURO VILARIÑO		MS2M- 35	00:30:31	00:04:17	00:21:18		P.C MONTEHALO	CAMBRE
152	4006	CHRISTIAN GARCÍA TUÑEZ		SNM- 37	00:30:31	00:04:17	00:21:22			ANSEÁN
153	111	SANTIAGO GARCIA BELLO		MS4M- 14	00:30:32	00:04:17	00:21:16		TRASNOS CORUÑA	CAMBRE
154	1657	DIEGO RIAL DIESTE		SNM- 38	00:30:33	00:04:17	00:21:37			BOIRO
155	127	FRANCISCO DOMÍNGUEZ RODRIGUEZ		SNM- 39	00:30:35	00:04:17	00:21:28			OLEIROS
156	18	PEDRO BARANGA ARES		MS2M- 36	00:30:36	00:04:18	00:21:32		ATLETAS DE ACEA DE AMA	A CORUÑA
157	3463	JOSE PEREZ LOPEZ		MS4M- 15	00:30:37	00:04:18	00:21:49		CLUB ATLETISMO SADA	SADA
158	52	NATI GARCÍA SANCHEZ	F- 6	MS2F- 2	00:30:40	00:04:18	00:21:31		CLUB ATLETISMO SADA	OLEIROS

159	46 CRISTÓBAL BALSEIRO PITA		MS4M- 16	00:30:41	00:04:18	00:21:31	AG2024033	CLUB ATLETISMO SADA	BURELA
160	1510 JORGE EGUIGUREN SANCHEZ		MS1M- 26	00:30:41	00:04:18	00:21:07			A CORUÑA
161	157 JOSE ANTONIO FERNANDEZ VAZQUEZ		MS3M- 20	00:30:41	00:04:18	00:21:39			A CORUÑA
162	1514 RAMÓN ALBA DOMINGUEZ		MS2M- 37	00:30:42	00:04:18	00:21:25			A CORUÑA
163	160 RAMON EUGENIO MOSQUERA SILVA		MS3M- 21	00:30:45	00:04:19	00:21:13			LA CORUÑA
164	1597 DANIEL CARRO TOXO		MS1M- 27	00:30:46	00:04:19	00:21:38		AD JARNACHAS	A CORUÑA
165	172 ROGELIO MANUEL PEREZ MIÑONES		MS5M- 7	00:30:48	00:04:19	00:21:38			A CORUÑA
166	365 BEATRIZ MUIÑO VIDAL	F- 7	MS1F- 2	00:30:48	00:04:19	00:21:28			A CORUÑA
167	288 SERGIO MARTINEZ GOMEZ		MS2M- 38	00:30:50	00:04:20	00:21:35			A CORUÑA
168	5 JORGE MARTÍNEZ GÓMEZ		SNM- 40	00:30:50	00:04:20	00:21:35			A CORUÑA
169	1515 JESÚS CEBREIROS GONZÁLEZ		MS3M- 22	00:30:54	00:04:20	00:21:38			BERGONDO
170	166 MANUEL REGUEIRA FERRO		MS4M- 17	00:30:58	00:04:21	00:21:35			LA CORUÑA
171	548 SERGIO SANTOS CONCHEIRO		MS1M- 28	00:30:59	00:04:21	00:21:34			A CORUÑA
172	167 MANUEL VAZQUEZ RAMOS		MS4M- 18	00:30:59	00:04:21	00:21:44			ARANGA
173	3003 RICARDO OUTEIRO		MS4M- 19	00:31:00	00:04:21	00:21:39		C.D. BIOSBARDO	FOZ
174	259 MANUEL SUÁREZ SÁNCHEZ		SNM- 41	00:31:01	00:04:21	00:21:41			NARÓN
175	215 RUBEN MENÉNDEZ FERNÁNDEZ		MS3M- 23	00:31:03	00:04:21	00:21:54		CLUB DEPORTIVO GAS NATURAL FENOSA	A CORUÑA
176	1717 MARTIN VARELA GONZALEZ		MS2M- 39	00:31:06	00:04:22	00:21:55			A CORUÑA
177	57 DANIEL PEREIRA ALONSO		SNM- 42	00:31:07	00:04:22	00:21:41		CLUB CICLISTA ARAGONTA	SALCEDA DE CASELAS
178	1759 LAURA FELIPEZ RODRIGUEZ	F- 8	MS2F- 3	00:31:08	00:04:22	00:21:40			CORUÑA
179	273 MARTÍN IGLESIAS DORTA		MS1M- 29	00:31:09	00:04:22	00:21:55			OURENSE
180	1506 JUAN CARLOS BERGONDO BRANDARIZ		MS5M- 8	00:31:13	00:04:23	00:21:39		RUNNING OLEIROS	NOS (OLEIROS)
181	560 IVAN CORDAL BARREIRO		MS2M- 40	00:31:18	00:04:24	00:21:52		C.A.CAMBADOS-SEG.NOVAL	CAMBADOS
182	1729 ANTONIO ATRIO MORANDEIRA		MS2M- 41	00:31:21	00:04:24	00:21:50			A CORUÑA
183	451 JOSÉ CARLOS ALVEDRO FERNÁNDEZ		MS3M- 24	00:31:22	00:04:24	00:22:13			A CORUÑA
184	1634 ALEJANDRO ORGEIRA MARTÍNEZ		SNM- 43	00:31:29	00:04:25	00:22:04			ABEGONDO
185	610 JUAN REBOREDO RODRIGUEZ		MS3M- 25	00:31:31	00:04:25	00:22:09			A CORUÑA
186	1538 DAVID BUGLIOT GUISANDE		MS1M- 30	00:31:32	00:04:25	00:22:11			A CORUÑA
187	134 JAVIER ACCION		MS1M- 31	00:31:35	00:04:26	00:21:58			A CORUNA
188	77 IVÁN PALLEIRO PÉREZ		MS1M- 32	00:31:37	00:04:26	00:22:03		GARRAPUCHO	A CORUÑA
189	159 FERNANDO MARTÍNEZ RODRÍGUEZ		MS3M- 26	00:31:38	00:04:26	00:22:09			MONFORTE DE LEMOS
190	3023 RAMÓN ANTONIO VARELA MÍGUEZ		MS6M- 2	00:31:38	00:04:26	00:22:17			LA CORUÑA
191	3476 IVÁN VELÁZQUEZ CHOZAS		MS2M- 42	00:31:38	00:04:26	00:22:26			CAMBRE
192	264 SERGIO PATIÑO RIVEIRO		SNM- 44	00:31:40	00:04:27	00:22:03			A CORUÑA
193	461 JOSE DANIEL LOSADA GONZÁLEZ		MS4M- 20	00:31:40	00:04:27	00:22:05			LA CORUÑA
194	53 NOEMI MORAL NAVAZO	F- 9	MS2F- 4	00:31:41	00:04:27	00:22:16	GA 769056	CLUB ATLETISMO SADA	OLEIROS
195	425 SERGIO RODRÍGUEZ MARTÍNEZ		MS1M- 33	00:31:41	00:04:27	00:22:13			O TEMPLE
196	3397 ADRIÁN FARIÑA MARTÍNEZ		SNM- 45	00:31:47	00:04:27	00:22:37			
197	3484 OSCAR AMADO FONSECA		MS2M- 43	00:31:47	00:04:28	00:22:10			A CORUÑA
198	85 ELENA GONZÁLEZ FERNÁNDEZ	F- 10	MS3F- 1	00:31:47	00:04:28	00:22:27		LA MOCHILA DEL DEPORTE	A CORUÑA
199	4007 DARIO NOYA CEREIJO		SNM- 46	00:31:48	00:04:28	00:22:17			A CORUÑA
200	76 JOSÉ MARÍA LEVOSO TOUCEDA		MS4M- 21	00:31:49	00:04:28	00:22:14	AG2026339	ESPRINTES OURENSE	A CORUÑA
201	1523 RAMÓN VIZOSO RIO		MS4M- 22	00:31:51	00:04:28	00:22:31		CLUB ATLETISMO SADA	SADA
202	87 DAVID ESCALANTE PÉREZ		MS1M- 34	00:31:56	00:04:29	00:21:53	AG-2028310	NOITEBRA FC	A CORUÑA
203	260 JAVIER CES		SNM- 47	00:31:57	00:04:29	00:22:21			A CORUÑA
204	1644 STEVEN SPADAFFORA CEDIEL		SNM- 48	00:31:59	00:04:29	00:22:17			
205	344 MARTA MUIÑO VIDAL	F- 11	MS1F- 3	00:32:00	00:04:29	00:22:05			A CORUÑA
206	3313 ALEJANDRA OUTEIRIÑO FERNÁNDEZ	F- 12	MS3F- 2	00:32:02	00:04:30	00:22:40			A CORUÑA
207	572 OSCAR FONDO SUÁREZ		MS1M- 35	00:32:03	00:04:30	00:22:37		NOSPORTLIMIT	A CORUÑA
208	1607 DAVID ESTEVEZ VAZQUEZ		SNM- 49	00:32:05	00:04:30	00:22:38		NOSPORTLIMIT	A CORUÑA
209	1648 NACHO INSUA		SNM- 50	00:32:05	00:04:30	00:22:31			A CORUNA
210	3345 ÁNGEL BLANCO VÁZQUEZ		MS1M- 36	00:32:05	00:04:30	00:22:33			A CORUÑA
211	241 ALBERTO SOTO CAMPOS		MS3M- 27	00:32:07	00:04:30	00:22:15		NOSPORTLIMIT	CULLEREDO
212	413 LUCAS MOSQUERA MOSQUEIRA		SNM- 51	00:32:08	00:04:30	00:22:43			A CORUÑA

213	1660	DAVID TRASEIRA FERNANDEZ		MS1M- 37	00:32:09	00:04:31	00:22:48		
214	436	MARCOS MÉNDEZ VÁZQUEZ		MS2M- 44	00:32:12	00:04:31	00:22:16		A CORUÑA
215	1533	ÓSCAR NÚÑEZ MAYO		SUB20M- 8	00:32:14	00:04:31	00:22:29		MUROS
216	3085	PAULA ESTEIRO RAMOS	F- 13	MS2F- 5	00:32:16	00:04:32	00:22:32	CONCO BOX	CAMARIÑAS
217	1663	ALEJANDRO PENA DÍAZ		MS1M- 38	00:32:16	00:04:32	00:22:26		O TEMPLE CAMBRE
218	164	SUSO PENSADO FIGUEIRAS		MS4M- 23	00:32:17	00:04:32	00:23:04		CABOVILAÑO-A LARACHA
219	3404	JAVIER MARCOTE VÁZQUEZ		SNM- 52	00:32:18	00:04:32	00:22:49		A CORUÑA
220	3035	JOAQUIN DOCAMPO GARCIA		MS2M- 45	00:32:18	00:04:32	00:22:33		BERGONDO
221	585	FERNANDO CANO GÓMEZ		MS1M- 39	00:32:19	00:04:32	00:22:22		A CORUÑA
222	284	ROBERTO DOCAMPO SUÁREZ		MS2M- 46	00:32:19	00:04:32	00:22:23		A CORUÑA
223	3552	MIGUEL MARROZOS LOPEZ		MS2M- 47	00:32:20	00:04:32	00:22:58		A CORUÑA
224	612	AGUSTÍN CES MARTINEZ		MS4M- 24	00:32:20	00:04:32	00:22:42		CORUÑA
225	59	RAMON WIRZ		SNM- 53	00:32:21	00:04:32	00:22:45	CLUB HERCULES TERMARIA	LA CORUÑA
226	132	PABLO DELGADO GONZÁLEZ		MS1M- 40	00:32:21	00:04:32	00:22:24		OZA - CESURAS
227	516	IRIA SÁNCHEZ PRIETO	F- 14	SNF- 3	00:32:22	00:04:32	00:22:29	MILER RUNNING CLUB	A CORUÑA
228	4010	CARLOS JOAQUÍN DE TERRY OLLERO		MS1M- 41	00:32:23	00:04:33	00:23:13		LA CORUÑA
229	558	ALFONSO BOTANA CASTELO		MS3M- 28	00:32:24	00:04:33	00:22:45	ATLETAS DE ACEA DE AMA	A CORUÑA
230	311	MANUEL JOSE VAZQUEZ SANJURJO		MS4M- 25	00:32:26	00:04:33	00:22:36		ARTEIXO
231	330	JUAN CARLOS MENÉNDEZ DOMÍNGUEZ		MS6M- 3	00:32:26	00:04:33	00:22:38		ARTEIXO
232	1627	GABRIEL GONZALEZ BARBEITO		SNM- 54	00:32:27	00:04:33	00:23:08		A CORUÑA
233	454	RULLAR GARRIDO POSE		MS3M- 29	00:32:27	00:04:33	00:22:42		CORUÑA
234	600	RUBÉN VÁZQUEZ GÓMEZ		MS2M- 48	00:32:29	00:04:33	00:22:56		CORUÑA
235	133	IAGO CRESPO TABOADA		MS1M- 42	00:32:31	00:04:34	00:23:06		A CORUÑA
236	266	DIEGO LAGO LOPEZ		SNM- 55	00:32:31	00:04:34	00:23:07		VIGO
237	417	IVÁN GINER GARCÍA		SNM- 56	00:32:33	00:04:34	00:22:57		A CORUÑA
238	80	DANIEL LÓPEZ GARCÍA		SNM- 57	00:32:34	00:04:34	00:22:43	53192010W KURAI	PERILLO
239	1526	VICENTE FERNÁNDEZ BERMÚDEZ		MS3M- 30	00:32:36	00:04:34	00:23:08	CLUB HERCULES TERMARIA	A CORUÑA
240	565	CELSO BLANCO GARCIA		MS2M- 49	00:32:36	00:04:34	00:22:43	CLUB HERCULES TERMARIA	A CORUÑA
241	305	JAVIER FERNÁNDEZ MARTÍNEZ		MS3M- 31	00:32:39	00:04:35	00:22:47		EL TEMPLE - CAMBRE
242	3082	KEKI VÁZQUEZ BRAÑAS		MS4M- 26	00:32:39	00:04:35	00:23:02	AG-2015528 ATLETISMO CORUÑA COMARCA	LA CORUÑA
243	143	JAVIER CANDAL FUENTES		MS2M- 50	00:32:39	00:04:35	00:22:41		VILABOA - CULLEREDO
244	1705	IVAN CASTIÑEIRA RESTREBADA		MS1M- 43	00:32:40	00:04:35	00:22:54		A CORUÑA
245	3077	ANDRÉS ANXO PÉREZ SÁNCHEZ		SNM- 58	00:32:41	00:04:35	00:23:04		TEO
246	60	MARIA MAREQUE MARTINEZ	F- 15	MS2F- 6	00:32:43	00:04:35	00:23:05	CLUB HERCULES TERMARIA	SANTIAGO
247	3535	DOMINGO MIGUEL ARIAS		MS5M- 9	00:32:45	00:04:36	00:22:59	ATLETAS DE ACEA DE AMA	CULLEREDO
248	3525	PURIFICACIÓN LÓPEZ MAHÍA	F- 16	M55F- 1	00:32:45	00:04:36	00:23:05		A CORUÑA
249	123	DANIEL CAO LABORA		SNM- 59	00:32:46	00:04:36	00:22:46		A CORUÑA
250	3523	NADIA MRIMICHE	F- 17	MS2F- 7	00:32:46	00:04:36	00:22:59	ATLETAS DE ACEA DE AMA	O BURGO - CULLEREDO
251	130	BRUNO LÓPEZ FERRO		SNM- 60	00:32:47	00:04:36	00:22:42		CARTELLE
252	303	LUIS A. CASTRO ALMADA		MS3M- 32	00:32:48	00:04:36	00:23:02		A CORUÑA
253	185	VANESSA RAMA	F- 18	MS2F- 8	00:32:51	00:04:36	00:23:05		A CORUÑA
254	177	ANDREA ESPIÑO ALBELA	F- 19	SNF- 4	00:32:54	00:04:37	00:23:02		VEDRA
255	206	EMILIO FERNANDEZ RODRIGUEZ		MS5M- 10	00:32:54	00:04:37	00:23:14	CLUB ATLETISMO RIBADEO	RIBADEO
256	3320	LIAM GROARKE		MS1M- 44	00:32:55	00:04:37	00:23:08	FILLOS DE BREOGAN	A CORUÑA
257	197	ANTONIO GARCIA BELLO		MS6M- 4	00:32:58	00:04:38	00:23:05	ATLETAS DE ACEA DE AMA	EL TEMPLE
258	522	DAVID VIDAL LAGARES		SNM- 61	00:32:59	00:04:38	00:23:05		A CORUÑA
259	3482	JOSE MARTINEZ DOPAZO		MS2M- 51	00:32:59	00:04:38	00:23:17		NOVOMESOIRO
260	3314	ANA BORT RESPINO	F- 20	SUB23F- 1	00:33:00	00:04:38	00:23:04		A CORUÑA
261	570	ANTONIO LUIS GONZALEZ FERNANDEZ		MS3M- 33	00:33:01	00:04:38	00:23:18	AG2021667 LA MOCHILA DEL DEPORTE	A CORUÑA
262	1628	HUGO SEIJO NAVEIRA		SNM- 62	00:33:01	00:04:38	00:23:07		
263	1621	JESÚS VEIGA MORANDEIRA		SNM- 63	00:33:02	00:04:38	00:23:00		
264	184	LAURA NÚÑEZ NAVEIRA	F- 21	MS2F- 9	00:33:02	00:04:38	00:23:12	AG 2018802	A CORUÑA
265	4008	ARTEM AVERIN		SNM- 64	00:33:02	00:04:38	00:23:21		CULLEREDO
266	3090	JUAN PERMUY		MS2M- 52	00:33:03	00:04:38	00:23:01		OLEIROS



267	3477	JACI AUGUSTO MELLO BIRKHAN		MS2M- 53	00:33:05	00:04:39	00:23:06			CORUÑA
268	189	DAVID IGLESIAS RIGUEIRA		MS1M- 45	00:33:07	00:04:39	00:23:07	--		A CORUÑA
269	3033	JULIO GARCÍA-NAVAS CORRALES		SNM- 65	00:33:09	00:04:39	00:23:03			HERENCIA
270	1664	DAVID SUÁREZ LAREO		MS1M- 46	00:33:09	00:04:39	00:23:11			A CORUNA
271	3056	ALEJANDRO FORTES LOPES		SNM- 66	00:33:10	00:04:39	00:23:24			CULLEREDO
272	243	CARLOS ALVAREZ FERNÁNDEZ		MS3M- 34	00:33:11	00:04:39	00:23:22	NSL		CULLEREDO
273	229	ELISA COBELO ROMERO	F- 22	MS3F- 3	00:33:13	00:04:40	00:23:19	LA MOCHILA DEL DEPORTE		LA CORUÑA
274	369	JUAN MARÍA FEAL VILLARREAL		MS3M- 35	00:33:14	00:04:40	00:23:21	BTT OZACESURAS		OZACESURAS
275	3038	JOSE LUIS BERGONDO VÁZQUEZ		MS2M- 54	00:33:14	00:04:40	00:23:08			A CORUÑA
276	510	NOELIA GOMEZ LOPEZ	F- 23	SNF- 5	00:33:16	00:04:40	00:23:18	CLUB NATACION ARTEIXO		ARTEIXO
277	615	ALFONSO LÓPEZ VÁZQUEZ		MS4M- 27	00:33:16	00:04:40	00:23:18			A CORUÑA
278	3075	FANNY ABELENDA POSE	F- 24	SNF- 6	00:33:17	00:04:40	00:23:18	TRIATLON ARTEIXO		LARACHA
279	3325	ESTEBAN RODRIGUEZ FREIJEIRO		SNM- 67	00:33:18	00:04:40	00:23:10			ORDES
280	593	ALBERTO LIÑARES GESTAL		MS1M- 47	00:33:21	00:04:41	00:23:19			LA CORUÑA
281	3394	DAVID NAVIA POUSO		SNM- 68	00:33:23	00:04:41	00:23:28			
282	308	ÁNGEL JUVIÑO PREGO		MS3M- 36	00:33:23	00:04:41	00:23:41			ARTEIXO
283	1728	CARLOS ALBERTO PENA IGLESIAS		MS2M- 55	00:33:23	00:04:41	00:23:18			A CORUÑA
284	37	ÓSCAR FIGUEIRAS TOREA		MS3M- 37	00:33:24	00:04:41	00:23:19	CLUB ATLETISMO OUTES		ESTEIRO
285	78	ALFONSO JAVIER CASTRO SOUTO		MS1M- 48	00:33:24	00:04:41	00:23:25	AG2020402	GMTA&CHUVONERS	A CORUÑA
286	1718	GERARDO DIEGO PARRADO REGUEIRA		MS2M- 56	00:33:25	00:04:41	00:24:29			A CORUÑA
287	168	FRANCISCO JAVIER MARTINEZ SANTOS		MS4M- 28	00:33:26	00:04:41	00:23:30			A CORUÑA
288	1658	DAVID MARIÑO MALLO		SNM- 69	00:33:29	00:04:42	00:23:27			A LARACHA
289	1641	LOIS RODRIGUEZ		SNM- 70	00:33:29	00:04:42	00:22:51			A CORUÑA
290	3029	DANIEL MEIZOSO FIGUEROA		SNM- 71	00:33:30	00:04:42	00:23:43	MEIZUDO		CORUÑA
291	1638	FABIAN AMEIJENDA BLANCO		SNM- 72	00:33:30	00:04:42	00:23:27			CABANA DE BERGANTIÑOS
292	384	ROBERTO CASTRO-THOME		MS4M- 29	00:33:31	00:04:42	00:23:35	ESADE ALUMNI		A CORUÑA
293	293	JOSE MANUEL MARTINEZ LEMA		MS2M- 57	00:33:31	00:04:42	00:23:35			A CORUÑA
294	3497	VICTOR LAMAS SALVADO		MS5M- 11	00:33:32	00:04:42	00:23:35			A CORUÑA
295	40	MARTA FERNANDEZ DIAZ	F- 25	SNF- 7	00:33:32	00:04:42	00:23:23	CLUB ATLETISMO RIBADEO		RINLO- RIBADEO
296	42	ROCÍO DÍAZ MESA	F- 26	MS4F- 2	00:33:32	00:04:42	00:23:24	CLUB ATLETISMO RIBADEO		RIBADEO
297	267	ADRIAN PEREIRO GARCÍA		SNM- 73	00:33:33	00:04:42	00:23:59			A CORUÑA
298	62	JAVIER VILLAMISAR VÁZQUEZ		SNM- 74	00:33:33	00:04:42	00:23:40	CLUB HÉRCULES TERMARIA		A CORUÑA
299	219	FRANCISCO JAVIER VILLAMISAR CALVIÑO		MS5M- 12	00:33:34	00:04:42	00:23:40	CLUB HERCULES TERMARIA		LA CORUÑA
300	1600	IGNACIO SONEIRA LOPEZ		SUB20M- 9	00:33:34	00:04:43	00:23:44	CLUB HERCULES TERMARIA		A CORUÑA
301	581	FERNANDO PRESEDO LESTA		MS1M- 49	00:33:35	00:04:43	00:24:03			ABEGONDO
302	208	JESUS SANTAYA ARUFE		MS4M- 30	00:33:35	00:04:43	00:23:28	CLUB ATLETISMO SADA		CAMBRE
303	3349	MANUEL PIÑEIRO FREIRE		MS2M- 58	00:33:36	00:04:43	00:23:55			A CORUÑA
304	3534	FERNANDO ALDAO SANCHEZ		MS1M- 50	00:33:36	00:04:43	00:23:37			A CORUÑA
305	1643	ANGEL LOPEZ ALONSO		SNM- 75	00:33:36	00:04:43	00:24:03			A CORUÑA
306	3494	OSCAR FERNÁNDEZ ANDRADE		MS3M- 38	00:33:36	00:04:43	00:23:37			CAMBRE
307	317	ANGEL JOSE TURRION PEREIRO		MS5M- 13	00:33:37	00:04:43	00:23:37			A CORUÑA
308	180	ELENA SUÁREZ GESTO	F- 27	MS1F- 4	00:33:40	00:04:43	00:23:32			LA CORUÑA
309	3027	RUBEN MARTINEZ DEL RIO		MS4M- 31	00:33:40	00:04:43	00:23:38	DREAM TEAM		PARLA
310	30	ADOLFO GARCÍA ALONSO		MS2M- 59	00:33:41	00:04:43	00:23:32	BEER RUNNERS CORUÑA		A CORUÑA
311	1740	XESÚS MARQUINA LEAL		MS3M- 39	00:33:42	00:04:44	00:23:40			A CORUÑA
312	187	MARIA GUADALUPE BUJAN RODRIGUEZ	F- 28	MS3F- 4	00:33:43	00:04:44	00:23:42			MELIDE
313	557	MARIANA IRIGOYEN MACHADO	F- 29	MS1F- 5	00:33:43	00:04:44	00:23:44	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM		VIGO
314	16	ALEJANDRO NÚÑEZ MARTÍN		MS2M- 60	00:33:43	00:04:44	00:23:44	AG2019943	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	CAMBRE
315	426	ÁNGEL RICO DÍAZ		MS1M- 51	00:33:45	00:04:44	00:23:46			A CORUÑA
316	3382	SOFÍA CASTRO DOMÍNGUEZ	F- 30	SNF- 8	00:33:45	00:04:44	00:23:58	LA MOCHILA DEL DEPORTE		A CORUÑA
317	320	RAMON MIGUEL GARCIA BARBA		MS5M- 14	00:33:45	00:04:44	00:23:36			LA CORUÑA
318	334	MANUEL OUTES PAZ		MS7M- 2	00:33:45	00:04:44	00:23:40			CARBALLO
319	366	SUSO RAMOS RODRIGUEZ		MS4M- 32	00:33:46	00:04:44	00:23:36	AG 2022293	A.D. DOWNHILL LARACHA	A LARACHA
320	296	PABLO GARCIA BARBEIRA		MS3M- 40	00:33:47	00:04:44	00:23:36			AS PONTES

321	3042	FERNANDO GARCÍA ENERO		MS4M- 33	00:33:47	00:04:44	00:23:53			LA CORUÑA
322	276	JUAN CARLOS DOMATO VERDÍA		MS1M- 52	00:33:48	00:04:44	00:23:43			ARTEIXO
323	207	FELIPE LÓPEZ PÉREZ		MS4M- 34	00:33:50	00:04:45	00:23:45		CLUB ATLETISMO SADA	DEXO - OLEIROS
324	1521	VICTOR GARCÍA CARRO		ESPM- 1	00:33:50	00:04:45	00:23:45		CLUB ATLETISMO SADA	DORNEDA
325	3328	JOSE ANDRES FREIRE GATO		MS6M- 5	00:33:51	00:04:45	00:23:53			FENE
326	397	MINDO PRIETO GARCIA		MS2M- 61	00:33:51	00:04:45	00:23:42	09813202E	NOSPORTLIMIT	A CORUÑA
327	204	LUIS VIÑA DOMÍNGUEZ		MS2M- 62	00:33:55	00:04:45	00:23:51		BEER RUNNERS CORUÑA	A CORUÑA
328	3323	ANTONIO PATIÑO GARCÍA		SNM- 76	00:33:55	00:04:45	00:23:20			ARTEIXO
329	4	TAMARA PACIOS RODRIGUEZ	F- 31	SNF- 9	00:33:56	00:04:46	00:23:45		CLUB MARINEDA ATLETICO	PONFERRADA
330	3415	CRISTIAN ZAS SANDE		SNM- 77	00:33:56	00:04:46	00:23:17			
331	300	NACHO OLVEIRA		MS3M- 41	00:33:57	00:04:46	00:24:02			A CORUÑA
332	328	MANUEL JULIO SUAREZ MARTIN		MS6M- 6	00:33:57	00:04:46	00:23:41			A CORUÑA
333	1716	BRAIS MOSTEIRO GARCÍA		MS2M- 63	00:34:00	00:04:46	00:23:27			
334	1731	JOSE MANUEL FABEIRO DURAN		MS3M- 42	00:34:00	00:04:46	00:23:45			LA CORUÑA
335	1518	ANA BERNARDEZ RODRIGUEZ	F- 32	SNF- 10	00:34:00	00:04:46	00:23:46			A CORUÑA
336	3426	JOSE MARIA GARCIA AZNAR		MS1M- 53	00:34:05	00:04:47	00:24:07			A CORUÑA
337	338	JULIO SUÁREZ VÁZQUEZ		MS7M- 3	00:34:06	00:04:47	00:23:50			A CORUÑA
338	1519	MARÍA NOVO LAGO	F- 33	SNF- 11	00:34:06	00:04:47	00:23:59			A CORUÑA
339	438	MANUEL LÓPEZ CASCALLAR		MS2M- 64	00:34:07	00:04:47	00:24:09			A CORUÑA
340	214	FERNANDO VIDAL SANDE		SNM- 78	00:34:09	00:04:47	00:23:59		CLUB CICLISTA MUROS	MUROS
341	245	DANIEL CIUDAD CENDÁN		MS3M- 43	00:34:09	00:04:47	00:24:05		PATUKOS TIM RANIN	A CORUÑA
342	1569	ALEJANDRO AVILA ALVAREZ		MS2M- 65	00:34:11	00:04:48	00:24:44			A CORUÑA
343	318	CONSTANTINO REAL RODRIGUEZ		MS5M- 15	00:34:12	00:04:48	00:24:08			LA CORUÑA
344	162	DAMIAN ABELLAN YEPES		MS3M- 44	00:34:12	00:04:48	00:24:05			A CORUÑA
345	385	MAXIMINO LAGARES CARRO		MS4M- 35	00:34:12	00:04:48	00:23:38	TGAL121	ESPRINTES OURENSE	ORDES
346	3343	JORGE YAÑEZ LAMAS		SNM- 79	00:34:14	00:04:48	00:24:05			FENE
347	82	MANUEL FRANCISCO RODRIGUEZ FERNANDEZ		MS1M- 54	00:34:14	00:04:48	00:24:03		KURAI	CEA
348	1531	JULIA LÓPEZ REBOLLIDO	F- 34	SNF- 12	00:34:14	00:04:48	00:24:03		KURAI	SANTIAGO DE COMPOSTELA
349	191	ROBERTO TABOADA PATIÑO		MS3M- 45	00:34:15	00:04:48	00:23:48		ASOCIACION CULTURAL DEPORTIVA A FONTE	CAMBRE
350	301	CARLOS GONZALEZ CRIADO		MS3M- 46	00:34:17	00:04:48	00:24:01			CAMBRE
351	411	ALEJANDRO LUIS NOVOA		SNM- 80	00:34:20	00:04:49	00:24:13			A CORUÑA
352	3040	PEDRO DOMENECH GONZÁLEZ		MS3M- 47	00:34:20	00:04:49	00:24:03			CULLEREDO
353	319	ENRIQUE JORGE RAMA RODRÍGUEZ		MS5M- 16	00:34:22	00:04:49	00:24:10			A CORUÑA
354	3335	RAÚL TERUEL ROSALES		MS2M- 66	00:34:23	00:04:49	00:24:19		NOSPORTLIMIT	JAEN
355	539	MIGUEL PITA ORDÓÑEZ		SNM- 81	00:34:24	00:04:49	00:24:20			A CORUÑA
356	290	VICTOR MANUEL ALVAREZ TABOADA		MS2M- 67	00:34:24	00:04:50	00:24:12			A CORUÑA
357	1631	TOMMASO FRANCESCHELLI		SNM- 82	00:34:28	00:04:50	00:23:58			A CORUÑA
358	199	ALFONSO REMUIÑAN SANCHEZ		MS5M- 17	00:34:31	00:04:51	00:24:09	GA765469	ATLETISMO CARBALLO	A CORUÑA
359	225	JOSÉ FERNANDO TRILLO CARLÍN		MS4M- 36	00:34:32	00:04:51	00:24:10	52434314	FOGAR TRIATLON CARBALLO	CARBALLO
360	3025	ANA VARELA REGUERA	F- 35	MS2F- 10	00:34:32	00:04:51	00:24:13		A. D. FOGAR	CARBALLO
361	3491	MANUEL GONZÁLEZ MUÑOZ		MS3M- 48	00:34:32	00:04:51	00:24:13			LA CORUÑA
362	440	ROBERTO PONTE NOYA		MS2M- 68	00:34:33	00:04:51	00:24:06			A CORUÑA
363	3317	ISA CABANAS CAMPELO	F- 36	MS2F- 11	00:34:34	00:04:51	00:24:05		ATLETAS DE ACEA DE AMA	A CORUÑA
364	1535	NICOLAS UNDABITIA		SNM- 83	00:34:36	00:04:51	00:25:00			LA CORUÑA
365	3487	JOSÉ ANTONIO GONZÁLEZ MACÍAS		MS2M- 69	00:34:37	00:04:51	00:24:18			A CORUÑA
366	1598	IVAN MIGUEZ FACHAL		SNM- 84	00:34:37	00:04:51	00:24:41		APADRINA UN RUNNER	CULLEREDO
367	224	JOSÉ SANTOS FERNÁNDEZ VÁZQUEZ		MS3M- 49	00:34:37	00:04:51	00:24:17	AG2026153	PEREIRO DE AGUIAR BEN CHO SHEY	LA CORUÑA
368	61	MARLEN TRUCIOS	F- 37	MS2F- 12	00:34:40	00:04:52	00:24:14		CLUB HERCULES TERMARIA	LA CORUÑA
369	584	DIEGO PÉREZ PONTE		MS1M- 55	00:34:40	00:04:52	00:24:04			A CORUÑA
370	3388	ADAMA DIACKO		SUB23M- 4	00:34:41	00:04:52	00:24:02			
371	1536	SEBASTIÁN BUEDO FERNÁNDEZ		SNM- 85	00:34:42	00:04:52	00:24:12			A CORUÑA
372	1603	ANTÓN PASTUR VALDÉS		SNM- 86	00:34:43	00:04:52	00:24:59		MAIKEL TEAM	LA CORUÑA
373	287	OSCAR VIDAL RODRIGUEZ		MS2M- 70	00:34:44	00:04:52	00:24:28			A CORUÑA
374	1620	HUGO DOPAZO MARTA		SUB23M- 5	00:34:44	00:04:52	00:24:56			A CORUÑA

375	1570	DANIEL SAAVEDRA TORAL		MS2M- 71	00:34:45	00:04:53	00:24:26		CORUNHA
376	307	JUAN CARLOS VAZQUEZ GOMEZ		MS3M- 50	00:34:46	00:04:53	00:24:14		A CORUÑA
377	3322	ALEJANDRO MARTÍNEZ PARDO		SNM- 87	00:34:47	00:04:53	00:24:08		ARTEIXO
378	3533	PABLO RODRÍGUEZ CAPELET		SNM- 88	00:34:48	00:04:53	00:24:46	NORTH COAST	CARBALLO
379	230	MARIA DOLORES GONZÁLEZ FERNÁNDEZ	F- 38	MS4F- 3	00:34:50	00:04:53	00:24:25	LA MOCHILA DEL DEPORTE	GUISAMO (SANTA MARIA)
380	63	ALBERTO PÉREZ MURADO		MS2M- 72	00:34:50	00:04:53	00:24:31	CLUB HÉRCULES TERMARIA	A CORUÑA
381	262	DAVID VILA ÁLVAREZ		SNM- 89	00:34:51	00:04:53	00:24:40		LUGO
382	181	BERIT SOMMERFELT	F- 39	MS2F- 13	00:34:52	00:04:53	00:24:35		CORUÑA
383	3424	PABLO LORENZO FANDIÑO		SNM- 90	00:34:52	00:04:53	00:25:13		
384	544	OSCAR GALAN ADEGA		SNM- 91	00:34:52	00:04:53	00:24:37		A CORUÑA
385	420	YAGO DOPAZO PENÍN		MS1M- 56	00:34:56	00:04:54	00:24:57		A CORUÑA
386	312	ALBERTO DELGADO IZARRA		MS4M- 37	00:34:58	00:04:54	00:24:44		A CORUÑA
387	607	OSCAR DOPAZO PENIN		MS3M- 51	00:35:00	00:04:55	00:24:57		FEANS
388	26	MARIA JOSÉ GROBAS GARABOA	F- 40	MS3F- 5	00:35:00	00:04:55	00:24:32	ATLETISMO BOIMORTO	MESÍA
389	1540	EDUARDO DANIEL FERNANDEZ SANCHEZ		MS5M- 18	00:35:02	00:04:55	00:24:38		LA CORUÑA
390	1691	ANTONIO GUERREIRO PANTALEÓN		MS3M- 52	00:35:03	00:04:55	00:25:01	AG 2022434	ATLETAS DE ACEA DE AMA
391	278	VICTOR VEIGA AGUION		MS1M- 57	00:35:06	00:04:55	00:24:26		BOIMORTO
392	329	JESUS ÁNGEL SANTIUSTE INSUA		MS6M- 7	00:35:07	00:04:55	00:24:33		LA CORUÑA
393	1738	JOSE RAMÓN GALLEGO BOQUETE		MS3M- 53	00:35:11	00:04:56	00:25:02		A LARACHA
394	156	DIEGO TENREIRO PRADO		MS3M- 54	00:35:12	00:04:56	00:24:59		A CORUÑA
395	1522	FERNANDO BARRIO		MS3M- 55	00:35:17	00:04:57	00:24:44	CLUB ATLETISMO SADA	OLEIROS
396	428	IVAN CEIDE GAYOSO		MS1M- 58	00:35:17	00:04:57	00:24:32		EL TEMPLE - CAMBRE
397	292	EDUARDO ALVAREZ MAGALHAES		MS2M- 73	00:35:17	00:04:57	00:24:24		O TEMPLE-CAMBRE
398	3039	JAVIER BANDIN MARENTES		MS3M- 56	00:35:19	00:04:57	00:24:43		A CORUÑA
399	443	CESAR DIEGO DURAN		MS2M- 74	00:35:24	00:04:58	00:25:00		LA CORUÑA
400	377	MIGUEL ALVAREZ PALLIN		MS2M- 75	00:35:27	00:04:58	00:25:18	CLUB HERCULES TERMARIA	A CORUÑA
401	1737	MIGUEL SEOANE RODRÍGUEZ		MS3M- 57	00:35:28	00:04:58	00:24:52		A CORUÑA
402	261	ÁLVARO FERNÁNDEZ GÓMEZ		SNM- 92	00:35:28	00:04:58	00:24:29		A CORUÑA
403	304	JAIIME LÓPEZ CAINZOS		MS3M- 58	00:35:29	00:04:59	00:25:00		A CORUÑA
404	3004	MARCOS ANTONIO BLANCO FIGUEIRIDO		MS4M- 38	00:35:30	00:04:59	00:24:50	AG9519	CLUB ATLETISMO OUTES
405	190	JORGE CASTRO VÁZQUEZ		MS3M- 59	00:35:31	00:04:59	00:24:36	ASOCIACION CULTURAL DEPORTIVA A FONTE	CULLEREDO
406	3327	AGUSTÍN JOSÉ PORRO CORREIRA		MS3M- 60	00:35:33	00:04:59	00:24:59		ORDES
407	1545	SOFIA TORO	F- 41	SNF- 13	00:35:33	00:04:59	00:24:46		A CORUÑA
408	1734	SANTIAGO COUCEIRO ALVARIÑO		MS3M- 61	00:35:33	00:04:59	00:24:36		A CORUÑA
409	3016	ROBERTO REY LÓPEZ		MS1M- 59	00:35:33	00:04:59	00:24:53		A CORUÑA
410	1725	ALFREDO GONZALEZ LOPEZ		MS2M- 76	00:35:34	00:04:59	00:24:37		A CORUÑA
411	182	IRIA ALDAO PRADA	F- 42	MS2F- 14	00:35:35	00:04:59	00:25:00		A CORUÑA
412	589	JULIAN MARTINEZ MERA		MS1M- 60	00:35:36	00:05:00	00:24:54		A CORUÑA
413	239	HERMES ARNOSO GIAO		SNM- 93	00:35:36	00:05:00	00:24:50	NOSPORTLIMIT	A CORUÑA
414	1727	FERNANDO CACERES GIL		MS2M- 77	00:35:36	00:05:00	00:25:07		A POBRA DO CARAMIÑAL
415	1721	FELIPE LANTES PÉREZ		MS2M- 78	00:35:36	00:05:00	00:24:53		CAMBRE
416	545	EMILIO GONZALEZ VILLAMIL		SNM- 94	00:35:39	00:05:00	00:25:34		A CORUÑA
417	323	MANUEL LÓPEZ ROIBAS		MS5M- 19	00:35:40	00:05:00	00:24:55		A CORUÑA
418	538	DIEGO MENDOZA GARCÍA		SNM- 95	00:35:41	00:05:00	00:24:58		A CORUÑA
419	298	DOMINGO PRADO TEIJEIRO		MS3M- 62	00:35:41	00:05:00	00:24:40		A CORUÑA
420	3516	MACA ALONSO FERNANDEZ	F- 43	MS3F- 6	00:35:42	00:05:00	00:25:10		A CORUÑA
421	3418	ALEJANDRO PÉREZ DIEGUEZ		SNM- 96	00:35:43	00:05:01	00:24:56		A CORUÑA
422	437	MANUEL ENRIQUE BAHAMONDE RODRIGUEZ		MS2M- 79	00:35:45	00:05:01	00:25:29		CULLEREDO
423	1671	RITA CALVIÑO LÓPEZ-VILLALTA	F- 44	SNF- 14	00:35:47	00:05:01	00:24:59		LA CORUÑA
424	1742	MIGUEL ALONSO BIDEGAIN		MS4M- 39	00:35:47	00:05:01	00:25:15		LA CORUÑA
425	258	PABLO COBAS SANDE		MS3M- 63	00:35:49	00:05:01	00:24:39	TSUNAMI NARANJA	A CORUÑA
426	9	ÁNGELES CASTRO FERNÁNDEZ	F- 45	MS3F- 7	00:35:49	00:05:01	00:25:11	AG2021343	CLUB ATLETISMO SADA
427	315	MANUEL PAZ CARBON		MS4M- 40	00:35:51	00:05:02	00:25:10		A CORUÑA
428	3312	ANASTASIYA BONDARENKO RYBCHENKO	F- 46	SNF- 15	00:35:51	00:05:02	00:25:02		FERROL



429	453	JOSE ANGEL LAMAS CASTRO		MS3M- 64	00:35:55	00:05:02	00:25:44			A CORUÑA
430	3094	VICTOR DÍAZ-PACHE		MS4M- 41	00:35:56	00:05:02	00:25:05			A CORUÑA
431	117	MARIA LUISA LOPEZ GARCIA	F- 47	MS4F- 4	00:35:59	00:05:03	00:25:20	GA- 765045	WWW.ROBERTOPICO.COM	A CORUÑA
432	1608	NATALIA NOVO	F- 48	SNF- 16	00:36:00	00:05:03	00:25:07		OS CORZOS DO ORTEGAL	CARIÑO
433	274	FABIÁN VALCÁRCCEL MARTÍNEZ		MS1M- 61	00:36:00	00:05:03	00:25:12			A CORUÑA
434	3052	MANUEL VAZQUEZ ALVEDRO		MS7M- 4	00:36:01	00:05:03	00:25:16		ATLETAS DE ACEA DE AMA	EL TEMPLE
435	216	ROCÍO ALFONSO PITA	F- 49	MS3F- 8	00:36:04	00:05:04	00:24:57	TGAL226	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
436	64	LORENA FRANQUEIRA LOSADA	F- 50	MS2F- 15	00:36:04	00:05:04	00:25:21		CLUB HÉRCULES TERMARIA	A CORUÑA
437	98	JOSE MANUEL PENA SUAREZ		MS4M- 42	00:36:04	00:05:04	00:21:54		RUNNING ARTEIXO	ARTEIXO
438	3024	BEGOÑA RODRÍGUEZ CABRERA	F- 51	MS4F- 5	00:36:04	00:05:04	00:25:15			CAMBRE
439	3511	PATRICIA GARCIA GOMEZ	F- 52	MS2F- 16	00:36:05	00:05:04	00:25:21			CORUÑA
440	1577	JESÚS VÁZQUEZ GARCÍA		MS5M- 20	00:36:05	00:05:04	00:25:21			CAMBRE
441	3445	ALEXANDRA PAZOS DOMÍNGUEZ	F- 53	SNF- 17	00:36:05	00:05:04	00:25:13			A CORUÑA
442	247	OLGA POSE CHOUCIÑO	F- 54	MS2F- 17	00:36:09	00:05:04	00:25:10		PONTERIDERS	PONTECESO
443	246	SUSO MENDEZ SUÁREZ		MS4M- 43	00:36:09	00:05:04	00:25:10		PONTERIDERS	PONTECESO
444	1561	RUBÉN PURRIÑOS ÁLVAREZ		SNM- 97	00:36:11	00:05:04	00:25:16			A CORUÑA
445	382	VICTOR COLLAZO LOPEZ		MS5M- 21	00:36:12	00:05:05	00:25:18		CNS A ESTRADA	POIO
446	313	JOSÉ MIGUEL GONZÁLEZ GONZÁLEZ		MS4M- 44	00:36:12	00:05:05	00:25:07			A CORUÑA
447	392	TITO CARRIL		MS2M- 80	00:36:14	00:05:05	00:25:34		MESOIRO CD	LA CORUÑA
448	8	VICTORIA EUGENIA LOPEZ PERMUY	F- 55	MS3F- 9	00:36:14	00:05:05	00:25:17			LA CORUÑA
449	203	JORGE BARREIRO GONZÁLEZ		MS1M- 62	00:36:18	00:05:05	00:25:05		BEER RUNNERS CORUÑA	A CORUÑA
450	1617	ENEKO CORRAL VILLAR		SUB20M- 10	00:36:18	00:05:05	00:26:18			
451	1534	MARTÍN RODRÍGUEZ RODRÍGUEZ		SNM- 98	00:36:21	00:05:06	00:25:36			A CORUÑA
452	176	PATRICIA SUSO SANCHEZ	F- 56	SNF- 18	00:36:22	00:05:06	00:25:38			A CORUÑA
453	1719	SANTIAGO MARTÍNEZ ISASI		MS2M- 81	00:36:22	00:05:06	00:25:17			A CORUÑA
454	573	SANTIAGO GARCÍA GONZÁLEZ		MS3M- 65	00:36:23	00:05:06	00:25:48		NOSPORTLIMIT	A CORUÑA
455	476	JUAN PAZOS COUTO		MS6M- 8	00:36:24	00:05:06	00:25:40			A CORUÑA
456	406	SILVIA MIRAGAYA CARBALLAL	F- 57	SNF- 19	00:36:25	00:05:06	00:25:19		WOLF ELITE TEAM	VILALBA
457	212	DOLORES PAZOS MALLO	F- 58	MS4F- 6	00:36:25	00:05:06	00:25:14		CLUB ATLETISMO SADA	SADA - LA CORUÑA
458	281	OSCAR DURO PAZOS		MS2M- 82	00:36:25	00:05:06	00:25:16	NO		IGÜEÑA
459	3503	EDUARDO PEREYRA BRIANES		MS6M- 9	00:36:28	00:05:07	00:25:32			CORUÑA
460	372	ELISEO GARCIA CRISTOBAL		MS4M- 45	00:36:29	00:05:07	00:25:06	AG2014328	CLUB ATLETISMO SADA	CAMBRE
461	591	EDGAR LOPEZ BRAVO		MS1M- 63	00:36:32	00:05:07	00:25:48			A CORUÑA
462	3409	ANGEL SUAREZ LOPEZ		SNM- 99	00:36:32	00:05:07	00:25:29			SADA
463	597	ANGEL LOPEZ BRAVO		MS2M- 83	00:36:33	00:05:08	00:25:53			A CORUÑA
464	283	RODRIGO MARINO TAIBO		MS2M- 84	00:36:34	00:05:08	00:25:20			MESOIRO
465	1565	ISMAEL NOVO SOUTO		SNM- 100	00:36:36	00:05:08	00:25:57			AS NOGAIS
466	1530	JUAN CARLOS AREOSA LAGE		MS5M- 22	00:36:37	00:05:08	00:26:02		JHONY	A CORUÑA
467	4011	FERNANDO CARIDE SUÁREZ		MS1M- 64	00:36:38	00:05:08	00:25:20			LA CORUÑA
468	1573	ENRIQUE VESTEIRO RIVAS		MS2M- 85	00:36:39	00:05:08	00:26:07			A CORUÑA
469	3488	OSCAR OTERO SANTIN		MS2M- 86	00:36:40	00:05:08	00:25:43			A CORUÑA
470	3412	ISMAEL ALBALÁ CALLEJAS		SNM- 101	00:36:40	00:05:09	00:26:31			VILLENA
471	3400	JORGE FERRACES FIGUEIRAS		SNM- 102	00:36:40	00:05:09	00:26:34			SANTAIGO
472	3461	ALBERTO JOSÉ HERMIDA CARRASCO		MS1M- 65	00:36:41	00:05:09	00:25:50		ADC MONTE BREAMO	NARÓN
473	368	JAVIER LOPEZ MARTIN		MS6M- 10	00:36:45	00:05:09	00:25:53		ATLETISMO CLUB SOCIAL BANCO PASTOR	LA CORUÑA
474	269	JAVIER RODRIGUEZ DOPICO		MS1M- 66	00:36:46	00:05:09	00:25:30			SANTIAGO DE COMPOSTELA
475	6	ALVARO GOMEZ CARDESIN		MS1M- 67	00:36:48	00:05:10	00:25:40			A CORUÑA
476	1695	ANGEL PEREZ BURGOS		MS2M- 87	00:36:48	00:05:10	00:25:32	AG3567	CLUB ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
477	3411	JOSÉ C. FERNÁNDEZ AUGELLO		SNM- 103	00:36:48	00:05:10	00:25:25			
478	1696	MARÍA DOLORES FERREIRO LÓPEZ	F- 59	MS1F- 6	00:36:49	00:05:10	00:25:33		CLUB ATLETISMO TAMBRE	SANTIAGO
479	3350	JOSE MANUEL SUAREZ BRAVO		MS2M- 88	00:36:50	00:05:10	00:25:50			A CORUÑA
480	201	Mª LUISA BARREIRO FUENTES	F- 60	MS3F- 10	00:36:50	00:05:10	00:25:42	G-763977	ATLETISMO RIAZOR	A CORUÑA
481	193	RICARDO CALVO LÓPEZ		MS4M- 46	00:36:53	00:05:10	00:26:08		ATLETAS DE ACEA DE AMA	A CORUÑA
482	422	ALBERTO GATO REIGOSA		MS1M- 68	00:36:53	00:05:10	00:25:57			A CORUÑA

483	310	JOSE ANGEL LORENZO RIVEIRO		MS3M- 66	00:36:54	00:05:11	00:25:49		CULLEREDO
484	222	DANIEL SÁNCHEZ ROMERO		MS3M- 67	00:36:54	00:05:11	00:25:52	CLUB TRIATLÓN CORUÑA	A CORUÑA
485	358	PURY CAMPOS	F- 61	MS4F- 7	00:36:56	00:05:11	00:25:33		CAMBRE
486	1699	MARCO NAVARRO MATEO		MS3M- 68	00:37:00	00:05:11	00:25:42	FOGAR TRIATLON CARBALLO	ABC
487	469	ALEJANDRO CAÑADA MUÑOZ		MS5M- 23	00:37:01	00:05:12	00:25:50		A CORUÑA
488	3422	DANIEL NOVO PENA		SNM- 104	00:37:01	00:05:12	00:26:38		
489	337	ROGELIO GRANJA MENDEZ		MS7M- 5	00:37:02	00:05:12	00:25:53		LA CORUÑA
490	3398	ELÍAS GARCÍA MARIÑO		SNM- 105	00:37:04	00:05:12	00:25:53		
491	1736	OSCAR BECERRA		MS3M- 69	00:37:05	00:05:12	00:25:40		
492	462	ALBERTO PEREZ MIRAMONTES		MS4M- 47	00:37:07	00:05:12	00:26:03		A CORUÑA
493	325	JESÚS VAAMONDE RÚA		MS5M- 24	00:37:08	00:05:13	00:25:55		A CORUÑA
494	602	CÁNDIDO LÓPEZ FERNÁNDEZ		MS2M- 89	00:37:10	00:05:13	00:26:07		A CORUÑA
495	3060	RAIMUNDO OTERO GULDRIS		MS2M- 90	00:37:12	00:05:13	00:26:14		LA CORUÑA
496	3430	ROSALÍA ORTEGA	F- 62	SUB23F- 2	00:37:14	00:05:13	00:25:53		CULLEREDO
497	327	PABLO GONZALEZ GONZALEZ		MS6M- 11	00:37:17	00:05:14	00:26:03		A CORUÑA
498	3352	JOSÉ CASIANO DÍAZ BUSTELO		MS3M- 70	00:37:18	00:05:14	00:26:07		CORUÑA
499	3481	MIGUEL MENDEZ VECIN		MS2M- 91	00:37:20	00:05:14	00:26:25		A CORUÑA
500	3385	DAVID GÓMEZ CRESPO		SNM- 106	00:37:22	00:05:14	00:26:03		A CORUÑA
501	31	MARI CARMEN RODRIGUEZ GOLAN	F- 63	MS4F- 8	00:37:22	00:05:14	00:26:21	BISCACHONS RUNNING	A LARACHA
502	3355	ALEJANDRO DANIEL DORNEL MOLINA		MS4M- 48	00:37:23	00:05:15	00:25:48		CULLEREDO.
503	252	JAVIER FERNÁNDEZ FRAGA		MS5M- 25	00:37:23	00:05:15	00:26:20	TALLERES FERBER	ARTEIXO
504	3342	ADRIÁN IGLESIAS GÓMEZ		SNM- 107	00:37:24	00:05:15	00:26:26		O VICEDO
505	270	DIEGO RODRÍGUEZ CAPELET		MS1M- 69	00:37:26	00:05:15	00:26:01		CARBALLO
506	335	MANUEL JOSE REY PAULOS		MS7M- 6	00:37:28	00:05:15	00:26:21		CARBALLO
507	210	CAROLINA PAPIN ESTEVEZ	F- 64	MS2F- 18	00:37:28	00:05:15	00:26:06	CLUB ATLETISMO SADA	CARRAL
508	3356	MANUEL JUAN BLANCO GABIN		MS4M- 49	00:37:29	00:05:15	00:26:12		BETANZOS
509	606	ANTONIO LOPEZ FERNANDEZ		MS3M- 71	00:37:29	00:05:15	00:26:47		A CORUÑA
510	371	JUAN GONZÁLEZ ARES		MS3M- 72	00:37:29	00:05:15	00:26:47	CLUB ATLETICO SOBRADO XUVENTUDE	SOBRADO DOS MONXES
511	1661	ROBERTO MEIJIDE		MS1M- 70	00:37:33	00:05:16	00:25:47		BERGONDO
512	542	JAVIER RODRÍGUEZ PRADA		SNM- 108	00:37:33	00:05:16	00:25:52		A CORUÑA
513	186	MARÍA MARTÍNEZ MOSQUERA	F- 65	MS2F- 19	00:37:33	00:05:16	00:26:12		A CORUÑA
514	3053	NESTOR ARIAS PAZ		MS3M- 73	00:37:34	00:05:16	00:26:20	CLUB MONTEPENARUBIA LUGO	LUGO
515	1706	MANUEL TORRES PARADA		MS1M- 71	00:37:34	00:05:16	00:27:12		A CORUÑA
516	299	FELIPE IGLESIAS DE LA TORRE		MS3M- 74	00:37:35	00:05:16	00:26:20		OURENSE
517	623	ANA ARIAS MÉNDEZ	F- 66	MS1F- 7	00:37:35	00:05:16	00:26:34		MONTERROSO
518	336	JOSE ANTONIO MENDEZ PAMPIN		MS7M- 7	00:37:35	00:05:16	00:26:20		LA CORUÑA
519	217	TAREK GHANNAM VARELA		MS1M- 72	00:37:35	00:05:16	00:26:20	CLUB HERCULES TERMARIA	A CORUÑA
520	218	ALEJANDRO ALVAREZ RODRÍGUEZ		MS1M- 73	00:37:38	00:05:17	00:26:19	CLUB HERCULES TERMARIA	A CORUÑA
521	3353	DANIEL CRUCES		MS3M- 75	00:37:39	00:05:17	00:26:43		A CORUÑA
522	3456	SILVIA CASTRO AMADO	F- 67	SNF- 20	00:37:41	00:05:17	00:26:25		ARTEIXO
523	3457	LUCIA POYAN ALONSO	F- 68	SNF- 21	00:37:41	00:05:17	00:26:17		A CORUÑA
524	350	MARÍA BEGOÑA CAJADE BLANCO	F- 69	MS2F- 20	00:37:42	00:05:17	00:26:26		A ESTRADA
525	559	RAQUEL BOTANA GONZALEZ	F- 70	MS3F- 11	00:37:43	00:05:17	00:26:33	ATLETAS DE ACEA DE AMA	CAMBRE
526	359	BELEN RODRIGUEZ SALAS	F- 71	MS4F- 9	00:37:43	00:05:17	00:26:42		A CORUÑA
527	576	ALEJANDRO ANTELO VÁZQUEZ		MS3M- 76	00:37:45	00:05:18	00:26:11	PROYECTO BULULU	A CORUÑA
528	3496	FRANCISCO FERNANDEZ CASTRO		MS4M- 50	00:37:45	00:05:18	00:26:21		A CORUÑA
529	1560	SERGIO CARIDAD FARIÑA		SNM- 109	00:37:46	00:05:18	00:26:04		A CORUÑA
530	1678	LAURA VÁZQUEZ VALLO	F- 72	SNF- 22	00:37:47	00:05:18	00:26:45		A CORUÑA
531	353	FANNY MENDOZA CONTRERAS	F- 73	MS3F- 12	00:37:48	00:05:18	00:26:42		SAN PEDRO DE NOS
532	3091	RUBÉN VILAR VÁZQUEZ		MS2M- 92	00:37:50	00:05:18	00:26:26		LA CORUÑA
533	1572	ALEXANDRE VEIRA RODRÍGUEZ		MS2M- 93	00:37:51	00:05:18	00:26:46		A CORUÑA
534	441	FRANCISCO JAVIER SALGADO BADÁS		MS2M- 94	00:37:51	00:05:18	00:26:41	AG-11168	A CORUÑA
535	378	RAMON GUILLERMO MOSQUERA PAN		MS6M- 12	00:37:52	00:05:19	00:26:44	CLUB HERCULES TERMARIA	MIÑO
536	363	SILVIA SÁNCHEZ BASCOY	F- 74	MS6F- 1	00:37:53	00:05:19	00:26:25		A CORUÑA

537	3407	ADRIÁN APOLINAR FREIRE MONTERO		SNM- 110	00:37:54	00:05:19	00:26:29		A CORUÑA
538	479	MARCELINO DE JUAN BARQUIN		MS7M- 8	00:37:55	00:05:19	00:26:50		LA CORUÑA
539	1576	JAVIER GARATE SALORIO		MS3M- 77	00:37:56	00:05:19	00:27:10		LA CORUÑA
540	1562	PABLO PALOMARES LÓPEZ		SNM- 111	00:37:58	00:05:19	00:26:11		A CORUÑA
541	3440	PAULA FRAGA PINO	F- 75	SNF- 23	00:37:58	00:05:19	00:27:06		
542	464	JAVIER GRUEIRO BOUZA		MS4M- 51	00:38:00	00:05:20	00:26:45		A CORUÑA
543	614	VICTOR MANUEL GENDE BOQUETE		MS4M- 52	00:38:00	00:05:20	00:26:28		A CORUÑA
544	232	PILAR FERNANDEZ ROMERO	F- 76	MS6F- 2	00:38:00	00:05:20	00:26:29	LA MOCHILA DEL DEPORTE	A CORUÑA
545	624	VANESSA HERVADA LÓPEZ	F- 77	MS2F- 21	00:38:00	00:05:20	00:27:00		CORUÑA
546	393	JAVIER FERNANDEZ TRAVIESO		MS2M- 95	00:38:03	00:05:20	00:26:57	MIXMASTER RUNNING	A CORUÑA
547	1704	MARCOS GONZÁLEZ MARTA		MS1M- 74	00:38:05	00:05:20	00:27:36	OMONTENOSO	CULLEREDO
548	405	EDUARDO ABALDE MORIN		MS4M- 53	00:38:05	00:05:21	00:26:28	TRIATLON ARCADE INFORHOUSE SANTIAGO	TEO
549	3017	RUBÉN GARCÍA GARCÍA		MS2M- 96	00:38:08	00:05:21	00:26:36		A CORUÑA
550	3340	ADRIAN CANEDO MARTÍNEZ		SNM- 112	00:38:09	00:05:21	00:26:41		A CORUÑA
551	1625	DIEGO CASTRO PATIÑO		SNM- 113	00:38:10	00:05:21	00:27:01		A CORUÑA
552	1624	DAVID PRESNO LÓPEZ		SNM- 114	00:38:10	00:05:21	00:27:04		A CORUÑA
553	1610	SERGIO CAO REGUEIRO		SNM- 115	00:38:10	00:05:21	00:27:01		A CORUÑA
554	3375	MARTA AGRAFOJO ARADAS	F- 78	SNF- 24	00:38:12	00:05:21	00:26:48	ADC MONTE BREAMO	FERROL
555	209	MARYEM SALI DUQUE	F- 79	MS2F- 22	00:38:13	00:05:22	00:27:08	CLUB ATLETISMO SADA	A CORUÑA
556	231	MARIA DEL MAR BARCON SANCHEZ	F- 80	M55F- 2	00:38:14	00:05:22	00:26:55	AG2026204 LA MOCHILA DEL DEPORTE	A CORUÑA
557	467	AVELINO DOPAZO PONTE		MS5M- 26	00:38:14	00:05:22	00:26:49		SADA
558	3051	JULIO BARRAL IGLESIAS		MS5M- 27	00:38:15	00:05:22	00:26:59	ATLETAS DE ACEA DE AMA	CAMBRE
559	608	ALBERTO GONZALEZ MAHIA		MS3M- 78	00:38:17	00:05:22	00:26:44	SI	STA CRUZ - OLEIROS
560	1553	JAVIER DE LA VIUDA		MS3M- 79	00:38:17	00:05:22	00:26:16	CLUB HERCULES TERMARIA	A CORUÑA
561	3321	JOSE RAMON SANTOS PAZ		MS5M- 28	00:38:17	00:05:22	00:26:41	PEÑA LAR VIVEIRO	VIVEIRO
562	4003	CRISTINA MARIA VARA VAZQUEZ	F- 81	MS4F- 10	00:38:18	00:05:22	00:26:50	CLUB HERCULES TERMARIA	A CORUÑA
563	1672	ANYELA CRUZ	F- 82	SNF- 25	00:38:18	00:05:22	00:27:20		A CORUÑA
564	3084	JOSE CARLOS FELIPE PEREZ		MS3M- 80	00:38:19	00:05:22	00:26:54	CLUB TRIATLÓN CORUÑA	A CORUÑA
565	3357	PEDRO LUIS FERNÁNDEZ SUÁREZ		MS5M- 29	00:38:21	00:05:23	00:26:29		LA CORUÑA
566	165	JOSE ANGEL MARTINEZ ABAD		MS4M- 54	00:38:22	00:05:23	00:26:51		A CORUÑA
567	1684	MARÍA GONZÁLEZ LÓPEZ	F- 83	SNF- 26	00:38:24	00:05:23	00:27:29		
568	3044	SANTIAGO SIMON CUADRADO		MS6M- 13	00:38:24	00:05:23	00:26:59		LA CORUÑA
569	3331	PATRICIA BELLO MENDEZ	F- 84	MS3F- 13	00:38:25	00:05:23	00:27:05		A CORUÑA
570	3403	VÍCTOR GONZÁLEZ CARRO		SNM- 116	00:38:25	00:05:23	00:26:58		
571	1611	BRAIS LOIRA MOAR		SNM- 117	00:38:26	00:05:23	00:27:00		A CORUÑA
572	242	CRISTINA BELLO MÉNDEZ	F- 85	MS2F- 23	00:38:26	00:05:23	00:27:08	NOSPORTLIMIT	LA CORUÑA
573	1541	ANA RODRÍGUEZ RODRÍGUEZ	F- 86	SNF- 27	00:38:30	00:05:24	00:27:11		COLES
574	3092	BORJA GARCIA FARIÑA		MS2M- 97	00:38:30	00:05:24	00:26:52		A CORUÑA
575	3034	ADRIÁN GARCÍA ROMAR		SNM- 118	00:38:35	00:05:25	00:26:52		A CORUÑA
576	1623	MOISÉS OTERO ZAPATA		SNM- 119	00:38:35	00:05:25	00:26:53		A CORUÑA
577	355	CHARO SILVEIRA QUEIJAS	F- 87	MS4F- 11	00:38:38	00:05:25	00:27:12		LA CORUÑA
578	394	MARCELO GABRIEL TRIPODI		MS6M- 14	00:38:39	00:05:25	00:27:29	MIXMASTER RUNNING	A CORUÑA
579	3064	DAVID PIÑEIRO LOPEZ		MS2M- 98	00:38:40	00:05:25	00:27:17		A CORUÑA
580	448	ANGEL MANUEL MIGUENS VAZQUEZ		MS3M- 81	00:38:41	00:05:26	00:26:28		A CORUÑA
581	1710	RAMÓN ALVAREZ REY		MS1M- 75	00:38:43	00:05:26	00:27:10		A CORUÑA
582	195	TOMAS ABEDO PATIÑO		MS5M- 30	00:38:46	00:05:26	00:26:38	ATLETAS DE ACEA DE AMA	VILABOA - CULLEREDO
583	3047	ARANTXA ABAD PÉREZ	F- 88	MS3F- 14	00:38:48	00:05:26	00:27:03		LA CORUÑA
584	375	JOSÉ LUIS LÓPEZ RODRÍGUEZ		MS3M- 82	00:38:48	00:05:26	00:27:12	TGAL235 CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
585	458	MANUEL GONZÁLEZ MARTÍNEZ		MS4M- 55	00:38:48	00:05:26	00:27:17		MIÑO
586	1605	LARA ANTONELLA TRIPODI RAMOS	F- 89	SNF- 28	00:38:48	00:05:27	00:27:29	MIXMASTER RUNNING	A CORUÑA
587	3358	EDUARDO GARCÍA GÓMEZ		MS5M- 31	00:38:49	00:05:27	00:27:38		ARTEIXO
588	3458	MIRYAM PINILLA MARTINEZ	F- 90	SNF- 29	00:38:53	00:05:27	00:27:18		BETANZOS
589	456	PABLO BARCA GARCIA		MS4M- 56	00:38:55	00:05:27	00:27:31		A CORUÑA
590	1711	JOSÉ MANUEL ARROJO VARELA		MS1M- 76	00:38:55	00:05:28	00:27:50		A CORUÑA

591	3079	FEDERICO ALEJANDRO OTLET MARTÍNEZ		MS1M- 77	00:38:56	00:05:28	00:27:14		VILABOA, CULLEREDO
592	547	HUGO IGLESIAS VIGIL		MS1M- 78	00:38:57	00:05:28	00:27:14		A CORUÑA
593	250	FRANCISCO PRIETO PERNAS		MS2M- 99	00:38:58	00:05:28	00:26:51	SÍGUEME SI PUEDES	CORUÑA
594	423	SUSO COUSILLAS		MS1M- 79	00:39:00	00:05:28	00:27:29		LA CORUÑA
595	515	ÁLVARO GARCÍA FERNÁNDEZ-ARRUTI		MS1M- 80	00:39:00	00:05:28	00:27:56	MILER RUNNING CLUB	PONTEVEDRA
596	1753	MARIA CRISTINA ALONSO PEREZ	F- 91	MS2F- 24	00:39:03	00:05:29	00:27:49		A CORUÑA
597	472	FERNANDO SANDÁ MACHO		MS5M- 32	00:39:05	00:05:29	00:27:04		MONDEGO - SADA
598	446	MARCOS ALVAREZ PATIÑO		MS3M- 83	00:39:10	00:05:30	00:27:04		A CORUÑA
599	3483	PABLO PADILLA EXPOSITO		MS2M- 100	00:39:11	00:05:30	00:28:02		A CORUÑA
600	1555	LUCIA VÁZQUEZ HERMIDA	F- 92	SUB20F- 1	00:39:17	00:05:31	00:27:41	LA MOCHILA DEL DEPORTE	A CORUNA
601	3381	ANDREA PÉREZ FERNÁNDEZ	F- 93	SUB23F- 3	00:39:17	00:05:31	00:27:39	LA MOCHILA DEL DEPORTE	OURENSE
602	3489	FELIX RICARDO PACHECO RUANO		MS3M- 84	00:39:18	00:05:31	00:27:34		LA CORUÑA
603	3362	ANDREA ROJO RODRIGUEZ	F- 94	SNF- 30	00:39:18	00:05:31	00:28:14		A CORUÑA
604	3338	JACOBO CURROS CALVO		SNM- 120	00:39:18	00:05:31	00:28:14		A CORUÑA
605	1675	ALBA RUBIAL	F- 95	SNF- 31	00:39:20	00:05:31	00:28:15		LALÍN
606	3332	PAZ MIRA MONTES	F- 96	MS4F- 12	00:39:21	00:05:31	00:27:37		OSEIRO
607	256	INÉS VALIÑO CALVIÑO	F- 97	MS2F- 25	00:39:21	00:05:31	00:27:26	TRIATLÓN ARTEIXO	SANTA CRUZ - OLEIROS
608	361	MARIA CARMEN LEMA DEVESA	F- 98	M55F- 3	00:39:22	00:05:31	00:27:35		A CORUÑA
609	480	LUIS ALVAREZ CAMARA		MS7M- 9	00:39:25	00:05:32	00:27:22		LA CORUÑA
610	1587	GALA ALVAREZ PUENTE	F- 99	SNF- 32	00:39:25	00:05:32	00:27:21		LA CORUÑA
611	1564	JOSE ANTONIO ALONSO GARCIA		SNM- 121	00:39:27	00:05:32	00:27:10		A CORUÑA
612	346	ANABEL CAAMAÑO BERMÚDEZ	F- 100	MS1F- 8	00:39:27	00:05:32	00:28:12		ARTEIXO
613	582	DIEGO SOBRINO DARRIBA		MS1M- 81	00:39:28	00:05:32	00:27:33		A CORUÑA
614	3509	MARIA PILAR GARCÍA PRADOS	F- 101	MS1F- 9	00:39:28	00:05:32	00:28:50		
615	1646	JAVIER YÉPEZ ARÁMBULO		SNM- 122	00:39:28	00:05:32	00:27:47		A CORUÑA
616	333	JOSE GRELA RODRÍGUEZ		MS6M- 15	00:39:29	00:05:32	00:27:57		LA CORUÑA
617	442	DAVID PAREDES RODRIGUEZ		MS2M- 101	00:39:31	00:05:32	00:27:43		A CORUÑA
618	1694	LUCÍA SILVA GARCÍA	F- 102	MS2F- 26	00:39:31	00:05:33	00:27:49	CLUB ATLETISMO SADA	LA CORUÑA
619	490	IRIA SUÁREZ DÍAZ	F- 103	MS2F- 27	00:39:31	00:05:33	00:28:02		A CORUÑA
620	447	MIGUEL ANGEL VILARIÑO NUÑEZ		MS3M- 85	00:39:32	00:05:33	00:27:38		LA CORUÑA
621	540	VICTOR SACRISTAN SANTOS		SNM- 123	00:39:36	00:05:33	00:27:26		A CORUÑA
622	470	SANTIAGO EIRIS LOPEZ		MS5M- 33	00:39:39	00:05:34	00:27:37		A CORUÑA
623	1739	CARLOS FIGUEIRA ABUÍN		MS3M- 86	00:39:41	00:05:34	00:27:55		
624	1527	PILAR MUGICA ELORZA	F- 104	MS3F- 15	00:39:41	00:05:34	00:27:39	CLUB HERCULES TERMARIA	A CORUÑA
625	3498	ANGEL RUBIO RODRIGUEZ		MS5M- 34	00:39:42	00:05:34	00:27:55		
626	526	TXUS SAEZ VARELA		MS2M- 102	00:39:43	00:05:34	00:27:53		A CORUÑA
627	626	MARIA VANESSA PEREIRA RODRIGUEZ	F- 105	MS2F- 28	00:39:45	00:05:34	00:27:57		A CORUÑA
628	452	DIEGO PAZ MARTINEZ		MS3M- 87	00:39:46	00:05:35	00:27:59		A CORUÑA
629	236	MARIA PILAR PLAZA FABREGA	F- 106	MS3F- 16	00:39:46	00:05:35	00:27:44	LUME VALYRIO	A CORUÑA
630	3062	FIDEL CASTRO PRADO		MS2M- 103	00:39:50	00:05:35	00:27:29		LUGO
631	434	ROI ALONSO PADIN		MS2M- 104	00:39:52	00:05:35	00:28:02		A CORUÑA
632	3421	DAVID LIÑARES MARTINEZ		SNM- 124	00:39:52	00:05:35	00:28:23		
633	3471	CARLOS CARDAMAS PICOS		MS1M- 82	00:39:52	00:05:35	00:28:51		
634	1629	VÍCTOR LÓPEZ SOLA		SNM- 125	00:39:54	00:05:36	00:29:07		
635	374	ANGEL HERMIDA OTERO		MS3M- 88	00:39:56	00:05:36	00:27:53	TGAL215	CLUB DEPORTIVO INCLUSIVO ENKI
636	1520	MARÍA TERESA MEJUTO SOTO	F- 107	MS2F- 29	00:39:56	00:05:36	00:27:52		CULLEREDO
637	564	FRAN FERNANDEZ-PEITEADO FERNANDEZ		MS3M- 89	00:39:58	00:05:36	00:27:49		ATLETAS DE ACEA DE AMA
638	3059	MANUEL GONZÁLEZ DEVESA		MS1M- 83	00:39:59	00:05:36	00:28:15		CLUB COMPAÑÍA DE MARÍA
639	4012	PABLO DEIROS SANCHEZ		MS1M- 84	00:40:00	00:05:37	00:28:29		ARTEIXO
640	457	JAIME ESTÉVEZ VIDAL		MS4M- 57	00:40:01	00:05:37	00:27:58		A CORUÑA
641	1709	PLACIDO ARIAS		MS1M- 85	00:40:04	00:05:37	00:28:14		A CORUÑA
642	388	ALBERTO MARTÍNEZ MILLÁN		MS2M- 105	00:40:05	00:05:37	00:28:28	HERCULES TERMARIA	A CORUÑA
643	373	GABRIEL ÁLVAREZ SILVAR		MS5M- 35	00:40:07	00:05:38	00:28:00	CLUB ATLETISMO SADA	OLEIROS
644	226	MIGUEL ÁNGEL VÁZQUEZ GONZÁLEZ		MS2M- 106	00:40:08	00:05:38	00:28:29	TAG2023352	LA MOCHILA DEL DEPORTE

645	519 SANTIAGO PENA CAÑIZARES		SNM- 126	00:40:09	00:05:38	00:28:18		WHERE IS THE LIMIT?	LA CORUÑA
646	1558 RUBÉN GONZÁLEZ PETEIRO		SNM- 127	00:40:10	00:05:38	00:28:25			A CORUÑA
647	520 ALVARO XOSÉ CARREIRA MANSO		SNM- 128	00:40:11	00:05:38	00:28:41			CULLEREDO
648	1559 JULIO GARCIA CAAMAÑO		SNM- 129	00:40:11	00:05:38	00:28:25			A CORUÑA
649	3435 CARMEN LOJO BÁRCENA	F- 108	SNF- 33	00:40:16	00:05:39	00:28:13			
650	616 ALBERTO COUTO LOSADA		MS4M- 58	00:40:17	00:05:39	00:28:05			SANTIAGO
651	3379 DANIEL GANTES TOMÉ		MS3M- 90	00:40:18	00:05:39	00:28:19		GANTESPORT	LA CORUÑA
652	513 JUAN GANTES LESTA		MS3M- 91	00:40:18	00:05:39	00:28:18		GANTESPORT	A CORUÑA
653	3364 MARIA GARABOA MOSQUERA	F- 109	SNF- 34	00:40:20	00:05:39	00:28:33			A CORUÑA
654	3319 BETINA FARALDO CALVO	F- 110	MS3F- 17	00:40:21	00:05:39	00:28:39		CLUB ATLETISMO SADA	MONTROVE - OLEIROS
655	524 LUCAS OUBIÑA YAÑEZ		MS2M- 107	00:40:24	00:05:40	00:28:59			A CORUÑA
656	1679 LUCIA OTERO LINARES	F- 111	SNF- 35	00:40:24	00:05:40	00:29:00			A CORUÑA
657	578 JAVIER MIRA MAROÑAS		MS2M- 108	00:40:25	00:05:40	00:28:28		TRAILEROS TOXOS&BIRRAS	PERILLO
658	1567 SERGIO MORANDEIRA VARELA		SNM- 130	00:40:25	00:05:40	00:29:06			A CORUÑA
659	1715 TOÑITO VILARIÑO MANTEGA		MS2M- 109	00:40:31	00:05:41	00:28:16			CAMBRE
660	1557 NOELIA VÁZQUEZ CALVO	F- 112	MS3F- 18	00:40:33	00:05:41	00:28:39		NOE	CAMBRE
661	352 TERESA RINCÓN SAAVEDRA	F- 113	MS3F- 19	00:40:34	00:05:41	00:28:28			A CORUÑA
662	517 FERNANDO LÓPEZ TOURIÑAN		MS4M- 59	00:40:35	00:05:41	00:28:49		NOSPORTLIMIT	A CORUÑA
663	1604 ROBERTO TOBAR CASCON		MS1M- 86	00:40:38	00:05:42	00:28:34		MESOIRO CD	A CORUÑA
664	465 ROBERTO FIGUEROA SUÁREZ		MS4M- 60	00:40:40	00:05:42	00:28:30			ARTEIXO
665	625 CARMEN GARCÍA SIERRA	F- 114	MS2F- 30	00:40:42	00:05:42	00:28:34			A CORUÑA
666	1700 YOLANDA GONZÁLEZ FERNÁNDEZ	F- 115	MS3F- 20	00:40:46	00:05:43	00:28:39		LA MOCHILA DEL DEPORTE	A CORUÑA
667	536 NACHO MONTENEGRO GARAT		SNM- 131	00:40:47	00:05:43	00:29:08			LA CORUÑA
668	468 CARLOS ARES		MS5M- 36	00:40:49	00:05:43	00:28:27			A CORUÑA
669	435 FERNANDO CAMPOS MAYO		MS2M- 110	00:40:50	00:05:44	00:28:28			A CORUÑA
670	414 RUBÉN MOURE CAAMAÑO		SNM- 132	00:40:52	00:05:44	00:29:21			O TEMPLE - CAMBRE
671	1601 ANE FERNANDEZ-PEITEADO ECHEVERRIA	F- 116	SUB20F- 2	00:40:53	00:05:44	00:28:44		CLUB HERCULES TERMARIA	A CORUÑA
672	1635 ALBERTO RIVERA REY		SNM- 133	00:40:53	00:05:44	00:28:21			A CORUÑA
673	1732 RUBÉN ACOSTA LAPUENTE		MS3M- 92	00:40:55	00:05:44	00:28:27			
674	3067 GONZALO LOPEZ MARTIN		MS5M- 37	00:40:57	00:05:45	00:28:54			A CORUÑA
675	3096 PATRICIA MODIA YAÑEZ	F- 117	MS3F- 21	00:40:57	00:05:45	00:28:49			A CORUÑA
676	3058 SANTIAGO ÁLVAREZ MARTÍNEZ		MS1M- 87	00:40:57	00:05:45	00:28:53			A CORUÑA
677	598 MANUEL FERNANDEZ PEREZ		MS2M- 111	00:40:58	00:05:45	00:28:34			A CORUÑA
678	474 ALONSO ÁLVAREZ VENTOSO		MS5M- 38	00:40:59	00:05:45	00:27:53			A CORUÑA
679	3045 SORAYA VARELA BAO	F- 118	MS2F- 31	00:41:00	00:05:45	00:28:49			A CORUÑA
680	380 MIGUEL ANGEL EIROA RODRIGUEZ		MS5M- 39	00:41:02	00:05:45	00:28:58	TRIATLON	CLUB TRIATLON CORUÑA	A CORUÑA
681	3443 ANDREA LÓPEZ BARCIA	F- 119	SNF- 36	00:41:04	00:05:46	00:28:52			FONTECULLER, CULLEREDO, A CORUÑA
682	3499 JOSÉ LUIS LÓPEZ PAZOS		MS5M- 40	00:41:05	00:05:46	00:28:53			CULLEREDO
683	395 EVA SANCHEZ MARTINEZ	F- 120	MS4F- 13	00:41:05	00:05:46	00:28:42		MIXMASTER RUNNING	LA CORUÑA
684	4013 JOSÉ ANTONIO ROCHA		MS3M- 93	00:41:16	00:05:47	00:28:51			
685	1670 SARA GUTIÉRREZ MAGDALENA	F- 121	SNF- 37	00:41:17	00:05:47	00:29:14			ASTURIAS
686	1722 JOSÉ FRANCISCO HURTADO DURÁN		MS2M- 112	00:41:17	00:05:47	00:28:47			A CORUÑA
687	228 BELEN TELLA REY	F- 122	MS3F- 22	00:41:18	00:05:47	00:29:07	055-1980282796	LA MOCHILA DEL DEPORTE	CAMBRE
688	1690 LAURA MARTINEZ LOPEZ	F- 123	MS1F- 10	00:41:19	00:05:48	00:29:06			CORUÑA
689	486 CARLOTA ROCA FERNANDEZ	F- 124	SNF- 38	00:41:19	00:05:48	00:29:01			OLEIROS
690	3447 MARIEL ALEJANDRA VERA	F- 125	SNF- 39	00:41:20	00:05:48	00:28:59			SADA
691	342 MARIA ZARZOSA ESTEVEZ	F- 126	SNF- 40	00:41:22	00:05:48	00:29:03			A LARACHA
692	237 EMILIA BEREÁ RUIZ	F- 127	MS4F- 14	00:41:23	00:05:48	00:29:02		MEMI	A CORUÑA
693	389 MANUEL BEREÁ RUIZ		MS5M- 41	00:41:23	00:05:48	00:29:02		HÉRCULES TERMARIA	CORUÑA
694	3087 MARTIN BRANDON		MS1M- 88	00:41:23	00:05:48	00:29:40			ARTEIXO
695	1578 JUAN DIEGUEZ GUERRERO		MS5M- 42	00:41:24	00:05:48	00:29:03			A CORUÑA
696	3462 PEDRO FERNÁNDEZ MOUZO		MS4M- 61	00:41:25	00:05:48	00:29:46		CLUB ATLETISMO SADA	BETANZOS
697	3515 MONTSE Balsa	F- 128	MS3F- 23	00:41:25	00:05:49	00:29:25			A CORUÑA
698	471 ANGEL RAMON MARTINEZ CAMBON		MS5M- 43	00:41:26	00:05:49	00:28:28			A CORUÑA



699	356	BEGOÑA MARTINEZ LORENZO	F- 129	MS4F- 15	00:41:26	00:05:49	00:28:26		ARTEIXO
700	3432	ALEJANDRA TOLEDANO GÓMEZ	F- 130	SNF- 41	00:41:29	00:05:49	00:28:48		A CORUÑA
701	473	NACHO MONTENEGRO REY		MS5M- 44	00:41:29	00:05:49	00:29:27		LA CORUÑA
702	3416	ADRIÁN RODRÍGUEZ DOLDÁN		SNM- 134	00:41:29	00:05:49	00:28:39		OLEIROS
703	1542	REBECA REGUEIRA SANCHEZ	F- 131	SNF- 42	00:41:36	00:05:50	00:29:15		A LARACHA
704	227	ADRIANA OTERO RODRIGUEZ	F- 132	MS2F- 32	00:41:37	00:05:50	00:29:07	LA MOCHILA DEL DEPORTE	CULLEREDO
705	221	SUSANA SÖMME LÓPEZ	F- 133	MS3F- 24	00:41:37	00:05:50	00:29:11	CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
706	3465	CARLOS ADRIAN CASTILLO CASTILLO		MS1M- 89	00:41:38	00:05:50	00:29:39		A CORUÑA
707	1698	VANESA AMIGO VICENTE	F- 134	MS2F- 33	00:41:38	00:05:50	00:29:00	CLUB HERCULES TERMARIA	A CORUÑA
708	1548	MERCEDES GALDO	F- 135	MS3F- 25	00:41:39	00:05:50	00:29:02		A CORUÑA
709	3318	CARMEN RAMOS FERNANDEZ	F- 136	MS4F- 16	00:41:40	00:05:51	00:29:19	BIZCACHONS	A LARACHA
710	233	CRISTINA SANCHEZ LOPEZ	F- 137	MS3F- 26	00:41:41	00:05:51	00:29:20	LARACHA EN DUAS RODAS	A LARACHA
711	1525	MELY MEIJIDE MARTINEZ	F- 138	M55F- 4	00:41:42	00:05:51	00:29:01	CLUB ATLETISMO SADA	OLEIROS
712	3095	RICARDO BRANDON VENOZZA		MS5M- 45	00:41:43	00:05:51	00:29:41		LA CORUÑA
713	419	PABLO NEIRA FERNANDEZ		MS1M- 90	00:41:47	00:05:52	00:29:10		A CORUÑA
714	3441	NATALIA GARCÍA ABELEDO	F- 139	SNF- 43	00:41:51	00:05:52	00:29:34		
715	402	SARA BARREIRA BLANCO	F- 140	MS7F- 1	00:41:52	00:05:52	00:29:43	RUNNING OLEIROS	A CORUÑA
716	1551	CONCHI PEREZ DOPICO	F- 141	MS3F- 27	00:41:54	00:05:53	00:29:51	CLUB ATLETISMO SADA	OLEIROS
717	492	BELEN F.C.	F- 142	MS2F- 34	00:41:55	00:05:53	00:28:59		A CORUÑA
718	205	JOSE VARELA VERDES		MS2M- 113	00:41:58	00:05:53	00:29:21	TGAL222	BEER RUNNERS CORUÑA
719	357	ROSA MOLDES	F- 143	MS4F- 17	00:41:59	00:05:53	00:29:26		A CORUÑA
720	3026	PILAR VAZQUEZ FEBRERO	F- 144	MS1F- 11	00:41:59	00:05:53	00:29:21	BEER RUNNERS CORUÑA	A CORUÑA
721	1529	YOLANDA REY VALLE	F- 145	MS3F- 28	00:42:01	00:05:54	00:29:33	GLOBAL SPORT CLUB	A CORUÑA
722	1606	SARA BUYO LAGARES	F- 146	SNF- 44	00:42:07	00:05:54	00:29:45	NO SPORT LIMIT	BETANZOS
723	3368	BEATRIZ MIRA LOPEZ	F- 147	MS2F- 35	00:42:11	00:05:55	00:30:00		A CORUÑA
724	3428	MARIA EUGENIA MENDEZ DIAZ	F- 148	MS2F- 36	00:42:13	00:05:55	00:29:33		NARON
725	1556	ANA BLANCO SANMARTÍN	F- 149	M55F- 5	00:42:17	00:05:56	00:29:22	LA MOCHILA DEL DEPORTE	A CORUÑA
726	3438	INES GUERRA	F- 150	SNF- 45	00:42:19	00:05:56	00:29:34		
727	1687	SOLEDAD FRÍAS DEL PALACIO	F- 151	MS1F- 12	00:42:24	00:05:57	00:31:35		A CORUÑA
728	3444	EREA MOURENZA PATIÑO	F- 152	SNF- 46	00:42:29	00:05:57	00:29:56		A CORUÑA
729	3363	CARMEN GARCÍA SEOANE	F- 153	SNF- 47	00:42:30	00:05:58	00:29:59		A CORUÑA
730	3520	EVA NAVAL LÓPEZ	F- 154	MS4F- 18	00:42:35	00:05:58	00:29:28		CULLEREDO
731	370	LUIS PEREZ CAPON		MS6M- 16	00:42:36	00:05:58	00:29:37	C.D. BIOSBARDO	LUGO
732	1760	CECILIA BALSA CANTO	F- 155	MS2F- 37	00:42:37	00:05:58	00:29:47		A CORUÑA
733	3370	CHELO PASTORIZA SANCHEZ	F- 156	MS3F- 29	00:42:37	00:05:59	00:30:26		LA CORUÑA
734	3030	MARIA ISABEL SEOANE ROUCO	F- 157	MS2F- 38	00:42:41	00:05:59	00:30:04	MESOIRO CD	LA CORUÑA
735	3448	MARÍA MARTÍN RODRÍGUEZ	F- 158	SNF- 48	00:42:42	00:05:59	00:29:52		
736	324	MIGUEL ANGEL GONZALEZ TALAVERO		MS5M- 46	00:42:43	00:05:59	00:29:44		CORUÑA
737	390	YAJAIRA PARRALES FARIAS	F- 159	MS2F- 39	00:42:44	00:05:59	00:29:52	LA MOCHILA DEL DEPORTE	LA CORUÑA
738	1653	DAVID BOTANA		SNM- 135	00:42:48	00:06:00	00:29:44		CORUÑA
739	3031	VANESSA VELO PICALLO	F- 160	MS2F- 40	00:42:48	00:06:00	00:29:47	NO SPORT LIMIT	A CORUÑA
740	1563	SERGIO ENRIQUE GONZÁLEZ ALVAREZ		SNM- 136	00:42:53	00:06:01	00:30:14		SADA
741	360	LYDIA MARTINEZ MOUTON	F- 161	MS4F- 19	00:42:58	00:06:02	00:29:56		ARTEIXO
742	1547	JENNY MUIÑO ORDOÑEZ	F- 162	MS2F- 41	00:43:03	00:06:02	00:30:11		A CORUÑA
743	460	MAURICIO JOSE BONOME		MS4M- 62	00:43:05	00:06:03	00:30:26		A CORUÑA
744	3473	JOSE ANTONIO FARIÑA DEVESA		MS2M- 114	00:43:06	00:06:03	00:30:29		LAXE
745	3365	MARIA MADRUGA GARRIDO	F- 163	MS1F- 13	00:43:06	00:06:03	00:30:30		A CORUÑA
746	3359	MARÍA GÓMEZ REY	F- 164	SNF- 49	00:43:09	00:06:03	00:30:01		LA CORUÑA
747	1745	MANUEL PRESNO VENTOSO		MS5M- 47	00:43:13	00:06:04	00:30:23		
748	466	EDUARDO GARCIA SANTIAGO		MS4M- 63	00:43:15	00:06:04	00:29:46		A LARACHA
749	604	DANIEL PAZ ALEN		MS3M- 94	00:43:16	00:06:04	00:30:41		CULLEREDO
750	3460	MAR DAMIÁ PAU	F- 165	MS1F- 14	00:43:17	00:06:04	00:29:50		A CORUÑA
751	3351	RUBÉN IGLESIAS PAYO		MS3M- 95	00:43:18	00:06:04	00:30:20		LA CORUÑA
752	3474	DIEGO GARCIA HERIAS		MS2M- 115	00:43:19	00:06:04	00:29:52		A CORUÑA

753	620 HUMBERTO BRACCO MARINI		MS6M- 17	00:43:25	00:06:05	00:30:08		A LARACHA
754	3054 JUAN JOSÉ INSUA LOURO		MS4M- 64	00:43:25	00:06:05	00:30:00	DUBRA TEAM	VAL DO DUBRA
755	3354 JUAN ANTONIO CAÑIZO FRAGA		MS4M- 65	00:43:27	00:06:06	00:30:32		BERTAMIRÁNS
756	381 MANUEL COUCEIRO MELLA		MS5M- 48	00:43:30	00:06:06	00:30:03	CLUBE ATLETISMO BOIMORTO	A CORUÑA
757	223 BELÉN POSE GOMEZ	F- 166	MS3F- 30	00:43:30	00:06:06	00:30:03	CLUBE ATLETISMO BOIMORTO	A CORUÑA
758	3360 AMALIA BERMÚDEZ VÁZQUEZ	F- 167	SNF- 50	00:43:36	00:06:07	00:31:05		A CORUÑA
759	1751 DEBORAH ABAD REGUEIRO	F- 168	MS1F- 15	00:43:40	00:06:07	00:30:09		A CORUÑA
760	1544 MONICA BERMUDEZ POSE	F- 169	SNF- 51	00:43:50	00:06:09	00:30:37		A CORUÑA
761	1669 NATALIA SOTELO ENRIQUEZ	F- 170	SNF- 52	00:43:50	00:06:09	00:30:38		OLEIROS
762	1676 JUDIT VAL BERMÚDEZ	F- 171	SNF- 53	00:43:50	00:06:09	00:30:38		A CORUÑA
763	484 MONTSERRAT CANOSA	F- 172	SNF- 54	00:43:51	00:06:09	00:30:31		LA CORUÑA
764	1532 ANA LÓPEZ GIAO	F- 173	MS4F- 20	00:43:56	00:06:10	00:30:56	LA MOCHILA DEL DEPORTE	A CORUÑA
765	494 AURORA YENIL VARELA CABRERA	F- 174	MS2F- 42	00:44:04	00:06:11	00:30:43		LA CORUÑA
766	3086 NOELIA GONZALEZ QUINTANS	F- 175	MS2F- 43	00:44:05	00:06:11	00:31:05	SEMICENTRO.ES RUNNING TEAM	A CORUÑA
767	1683 IRIA CARRO	F- 176	SNF- 55	00:44:05	00:06:11	00:31:10		A CORUÑA
768	430 RODRIGO DOMÍNGUEZ BOUZO		MS2M- 116	00:44:05	00:06:11	00:31:05		A CORUÑA
769	528 CESAR THEMUDO GODAY		MS2M- 117	00:44:07	00:06:11	00:30:56		A CORUÑA
770	431 OSCAR HERNANDEZ ACEVEDO		MS2M- 118	00:44:08	00:06:11	00:31:19		CULLEREDO
771	1724 JONATAN ALVAREZ GONZALEZ		MS2M- 119	00:44:09	00:06:11			A CORUÑA
772	504 Mª DEL CARMEN MIRANDA AMADO	F- 177	MS6F- 3	00:44:12	00:06:12	00:31:11		A CORUÑA
773	502 M ISABEL DOMÍNGUEZ GARCÍA	F- 178	M55F- 6	00:44:13	00:06:12	00:31:11		LA CORUÑA
774	3486 VÍCTOR JÁQUEZ		MS2M- 120	00:44:13	00:06:12	00:31:01		
775	3405 PEDRO MARCIEL CALAZA		SNM- 137	00:44:19	00:06:13	00:30:55		LUGO
776	1594 OLGA RODRIGUEZ SANCHEZ	F- 179	MS3F- 31	00:44:23	00:06:13	00:31:15		A CORUÑA
777	409 IVÁN NOGUEROL DIZ		SNM- 138	00:44:27	00:06:14	00:30:44	FEDO	OZA-CESURAS
778	3506 ANDREA ALONSO PEREZ	F- 180	MS1F- 16	00:44:29	00:06:14	00:30:38		
779	496 M.CRUZ RODRIGUEZ SUAREZ	F- 181	MS3F- 32	00:44:29	00:06:14	00:31:01		A CORUÑA
780	386 FERNANDO PÉREZ SAN VICENTE		MS4M- 66	00:44:31	00:06:14	00:30:39	FPSV	A CORUÑA
781	530 RAFAEL REGUEIRA CANOSA		MS3M- 96	00:44:31	00:06:14	00:31:20		A CORUÑA
782	4005 BRUNO NOGAREDA DA CRUZ		SNM- 139	00:44:31	00:06:15	00:31:04		
783	3507 BEGOÑA RÍO COTROFE	F- 182	MS1F- 17	00:44:35	00:06:15	00:31:49		A CORUÑA
784	3501 JOSÉ RAFAEL BOLIVAR LÓPEZ		MS6M- 18	00:44:35	00:06:15	00:31:05		A CORUÑA
785	3425 BORJA SEÑARIS PREGO		MS1M- 91	00:44:36	00:06:15	00:31:50		OLEIROS
786	534 JUAN MANUEL PEREZ FERNÁNDEZ		MS6M- 19	00:44:46	00:06:17	00:31:22		A CORUÑA
787	3050 PURI LÓPEZ FIDALGO	F- 183	M55F- 7	00:44:50	00:06:17	00:31:13		CULLEREDO
788	348 CONCEPCION GARCIA DABRIO	F- 184	MS2F- 44	00:44:52	00:06:18	00:31:54		A CORUÑA
789	1546 ALEJANDRA RODRÍGUEZ OSORIO	F- 185	SNF- 56	00:44:52	00:06:18	00:31:55		BETANZOS
790	1680 JOMIV OSORIO AGUILAR	F- 186	SNF- 57	00:44:53	00:06:18	00:31:55		CORUÑA
791	1543 DERLY FERNANDA OSORIO AGUILAR	F- 187	SNF- 58	00:44:53	00:06:18	00:31:55		A CORUÑA
792	1723 ALEJANDRO ACOSTA LAPUENTE		MS2M- 121	00:44:53	00:06:18	00:31:58		
793	4014 ANTONIO JAVIER HERNÁNDEZ GARCÍA		MS4M- 67	00:45:04	00:06:19	00:31:34		A CORUÑA
794	3513 YOLANDA HERNÁNDEZ GARCÍA	F- 188	MS2F- 45	00:45:04	00:06:19	00:31:35		A CORUÑA
795	339 ANTONIO HERNÁNDEZ BARREIRO		MS7M- 10	00:45:05	00:06:19	00:31:35		LA CORUÑA
796	1749 VERÓNICA REY DUBRA	F- 189	MS1F- 18	00:45:06	00:06:19	00:31:44		A CORUÑA
797	628 BELÉN CAMBLOR	F- 190	MS3F- 33	00:45:06	00:06:19	00:31:35		A CORUÑA
798	478 JOSE BREA SANCHEZ		MS6M- 20	00:45:08	00:06:20	00:31:46	AG-764347	A CORUÑA
799	349 DORIS CAROLINA ESCALONA ESCALONA	F- 191	MS2F- 46	00:45:11	00:06:20	00:31:10		A CORUÑA
800	1744 JOSÉ MARÍA AMADO BOUZA		MS4M- 68	00:45:21	00:06:22	00:32:02		
801	1756 REBECA SÁNCHEZ FRAGA	F- 192	MS2F- 47	00:45:27	00:06:22	00:32:14		
802	1595 MARY RUSO CARRIL	F- 193	MS3F- 34	00:45:29	00:06:23	00:32:10		A CORUÑA
803	3386 ALBERTO MANUEL VICENTE MOSQUERA		MS2M- 122	00:45:29	00:06:23	00:31:41		A CORUÑA
804	621 JOSÉ GIL GARCÍA DÍAZ		MS7M- 11	00:45:30	00:06:23	00:32:11		A CORUÑA
805	3373 NATALIA CRISTINA SANCHEZ DOMINGUEZ	F- 194	MS4F- 21	00:45:30	00:06:23	00:31:51		A CORUÑA
806	3480 BORJA GÓMEZ VILLAR		MS2M- 123	00:45:31	00:06:23	00:32:04		SADA

807	3043	LUIS ANGEL CASTELO SANCHEZ		MS4M- 69	00:45:32	00:06:23	00:31:51		A CORUÑA
808	3333	RAQUEL GUTIÉRREZ ARÉVALO	F- 195	M55F- 8	00:45:33	00:06:23	00:32:01	CLUB ATLÉTICO BERGONDO	GUISAMO
809	391	ROSI GÓMEZ PRIETO	F- 196	MS3F- 35	00:45:34	00:06:23	00:32:01	LA MOCHILA DEL DEPORTE	A CORUÑA
810	351	LAURA FERNÁNDEZ PEREIRO	F- 197	MS2F- 48	00:45:43	00:06:25	00:32:03		A CORUÑA
811	1552	ELENA LÓPEZ AMENEDO	F- 198	MS1F- 19	00:45:44	00:06:25	00:31:52	C. NATACION Y TRIATLON MAR DE ARTABRIA	A CORUÑA
812	1592	ESTHER GARCIA GARCIA	F- 199	MS3F- 36	00:45:46	00:06:25	00:32:11		LA CORUÑA
813	144	DIEGO P. CASAS		MS2M- 124	00:45:50	00:06:26	00:32:08		A RÚA
814	554	MARÍA RÚA ALONSO	F- 200	SNF- 59	00:45:50	00:06:26	00:32:08		VIGO
815	1622	ALFONSO CRUZ MORALES		SNM- 140	00:45:51	00:06:26	00:32:25		A CORUÑA
816	1666	LAURA LESTÓN OTERO	F- 201	SNF- 60	00:45:52	00:06:26	00:32:25		A CORUÑA
817	3467	RAUL GONZALEZ VICTOR		MS1M- 92	00:46:07	00:06:28	00:32:48		
818	3510	CAROLINA LLANES CHOUCIÑO	F- 202	MS2F- 49	00:46:07	00:06:28	00:32:47		A CORUÑA
819	609	PABLO CALVO CALVO		MS3M- 97	00:46:07	00:06:28	00:32:45		A CORUÑA
820	627	MARIA SEIJO CALAZA	F- 203	MS3F- 37	00:46:07	00:06:28	00:32:46		A CORUÑA
821	3069	NOEMÍ INSUA LÓPEZ	F- 204	MS2F- 50	00:46:10	00:06:28	00:32:44		A CORUÑA
822	493	ANA RODRÍGUEZ FREIRE	F- 205	MS2F- 51	00:46:11	00:06:29	00:32:16		ARTEIXO
823	3378	ALBERTO VILARIÑO		MS3M- 98	00:46:14	00:06:29	00:32:44	CLUB DEPORTIVO INCLUSIVO ENKI	ARTEIXO
824	3377	PEDRO VÁZQUEZ RAMIL		SUB20M- 11	00:46:14	00:06:29	00:32:44	CLUB DEPORTIVO INCLUSIVO ENKI	ARTEIXO
825	3376	EVA RAMIL	F- 206	MS3F- 38	00:46:14	00:06:29		CLUB DEPORTIVO ENKI	LARACHA
826	1652	IVAN IGLESIAS SANGIL		SNM- 141	00:46:21	00:06:30	00:32:32		
827	556	LORENA MENDEZ COIRA	F- 207	SNF- 61	00:46:22	00:06:30	00:32:34		OLEIROS, A CORUÑA
828	571	ALBERTO ESCOURIDO MOAR		MS1M- 93	00:46:22	00:06:30	00:32:33	NOSPORTLIMIT	A CORUÑA
829	1630	SANTIAGO GONZALEZ FERNANDEZ		SNM- 142	00:46:23	00:06:30	00:31:44		A CORUÑA
830	1763	MONICA MARTINEZ LEMA	F- 208	MS3F- 39	00:46:28	00:06:31	00:32:43		LA CORUÑA
831	3374	CELIA GONZÁLEZ ELIPE LECHUGA	F- 209	MS4F- 22	00:46:29	00:06:31	00:32:44		A CORUÑA
832	3505	DIANA DIAZ REINOSO	F- 210	MS1F- 20	00:46:45	00:06:33	00:32:40		OURENSE
833	3371	NIEVES RAMALLO	F- 211	MS3F- 40	00:46:54	00:06:35	00:33:01		A CORUÑA
834	1583	CAROLINA CALVELO CORES	F- 212	SNF- 62	00:47:11	00:06:37	00:33:12		NARÓN
835	3464	JOSE FERNANDEZ ECHEVARRIA		MS4M- 70	00:47:12	00:06:37	00:33:28	INCOGNITO	
836	1612	VICTOR ÁNGEL AMADO CARTELLE		SNM- 143	00:47:12	00:06:37	00:33:12		FERROL
837	3446	MARI LUACES	F- 213	SNF- 63	00:47:15	00:06:37	00:32:52		
838	3466	MANUEL GONZÁLEZ BELLON		MS1M- 94	00:47:15	00:06:38	00:32:51		
839	1581	ANA PALOMARES LÓPEZ	F- 214	SNF- 64	00:47:24	00:06:39	00:33:03		A CORUÑA
840	525	FRAN XOSÉ C FERNANDEZ		MS2M- 125	00:47:33	00:06:40	00:33:30		ARZÚA
841	503	BEGO. SÁNCHEZ ZABALA	F- 215	M55F- 9	00:47:35	00:06:40	00:33:13		A CORUÑA
842	1640	DANIEL VEIRA FERRÍN		SNM- 144	00:47:37	00:06:41	00:32:38		ARTEIXO
843	3502	MANUEL ATILANO NAVARRO		MS6M- 21	00:47:37	00:06:41	00:33:18		A CORUÑA
844	1584	SILVIA PAZOS MONTERO	F- 216	SNF- 65	00:47:38	00:06:41	00:33:08		A CORUÑA
845	1585	UXIA CALO GARCÍA	F- 217	SNF- 66	00:47:39	00:06:41	00:33:41		CULLEREDO
846	482	JESÚS BERNAL GÓMEZ		MS7M- 12	00:47:41	00:06:41	00:34:22		FERROL
847	1575	MIGUEL DE SANTIAGO MARÍN		MS3M- 99	00:47:51	00:06:43	00:33:21		LA CORUÑA
848	3517	LAURA GONZÁLEZ-ELIPE LECHUGA	F- 218	MS3F- 41	00:47:56	00:06:43	00:33:55		BERTAMIRÁNS
849	3334	LAURA REY RAMOS	F- 219	MS1F- 21	00:48:05	00:06:45	00:33:09	ICEACSA GRUPO	A CORUÑA
850	403	INÉS SUÁREZ GARCÍA	F- 220	SNF- 67	00:48:07	00:06:45	00:33:42	SERRES RUNNERS	VILABOA
851	497	ROISE ANTONIETA TORO VIDAL	F- 221	MS3F- 42	00:48:07	00:06:45	00:33:21		MIÑO
852	399	MILA GONZALEZ LOPEZ	F- 222	MS2F- 52	00:48:08	00:06:45	00:33:49	NOSPORTLIMIT	CAMBRE
853	400	MARÍA MÓNICA CORTÉS PATIÑO	F- 223	MS3F- 43	00:48:08	00:06:45	00:33:50	NOSPORTLIMIT	OLEIROS
854	3437	REBECA GÓMEZ	F- 224	SNF- 68	00:48:14	00:06:46	00:33:41		
855	3512	SABELA ROMAR PAIS	F- 225	MS2F- 53	00:48:17	00:06:46	00:33:51		A CORUÑA
856	1707	GUSTAVO RECIO		MS1M- 95	00:48:18	00:06:46	00:34:40		
857	1593	MANTEIGA VÁZQUEZ	F- 226	MS3F- 44	00:48:18	00:06:46	00:33:08		A CORUÑA
858	1590	MARIA ISABEL REY CALVIÑO	F- 227	MS2F- 54	00:48:18	00:06:46	00:33:14		CORUÑA
859	1517	NURIA NODAR	F- 228	SNF- 69	00:48:18	00:06:46	00:33:14		VIVEIRO
860	1549	SUSANA MONTERO FACAL	F- 229	MS2F- 55	00:48:20	00:06:47	00:33:27	CLUB ATLÉTICO BERGONDO	CAMBRE

861	3450 SORAYA ATILANO BREA	F- 230	SNF- 70	00:48:24	00:06:47	00:34:04		A CORUÑA
862	1748 LIDIA SUÁREZ	F- 231	MS1F- 22	00:48:24	00:06:47	00:33:48		A CORUÑA
863	531 RODRIGO ALFONSO RODRÍGUEZ FERNÁNDEZ		MS3M- 100	00:49:04	00:06:53	00:34:09		LA CORUÑA
864	379 MARIBEL VICENTE GONZALEZ	F- 232	MS6F- 4	00:49:07	00:06:53	00:34:12	CLUB HERCULES TERMARIA	MIÑO
865	499 JULIA ISABEL SAINZ VAQUERO	F- 233	MS4F- 23	00:49:11	00:06:54	00:34:55		A CORUÑA
866	3485 JOSE VERGARA PEREZ		MS2M- 126	00:49:23	00:06:55	00:34:28		A CORUÑA
867	1730 DANIEL PÉREZ GONZÁLEZ		MS2M- 127	00:49:24	00:06:56	00:33:56		A CORUÑA
868	1755 XOANA PÉREZ GONZÁLEZ	F- 234	MS2F- 56	00:49:24	00:06:56	00:33:56		A CORUÑA
869	1758 ANA BUCH PIÑEIRO	F- 235	MS2F- 57	00:49:25	00:06:56	00:33:44		A CORUÑA
870	1746 ALBA MARÍA CENDÁN GYOSO	F- 236	MS1F- 23	00:49:30	00:06:56	00:34:36		A CORUÑA
871	1618 ALEJANDRO FERNÁNDEZ FERNANDEZ		SUB20M- 12	00:50:03	00:07:01	00:35:50		A CORUÑA
872	398 BORJA FERNÁNDEZ BERMÚDEZ		MS3M- 101	00:50:04	00:07:01	00:36:04	NOSPORTLIMIT	A CORUÑA
873	1614 ANTONIO RIPAMONTI MONDELO		MS2M- 128	00:50:10	00:07:02	00:35:06		A CORUÑA
874	3366 ANA GUERRA GARCÍA	F- 237	MS2F- 58	00:50:12	00:07:02	00:34:36		LA CORUÑA
875	500 MONICA DORREGO ALONSO	F- 238	MS4F- 24	00:50:13	00:07:02	00:33:28		A CORUÑA
876	463 CARLOS PAZOS OVIEDO		MS4M- 71	00:50:14	00:07:03	00:33:28		A CORUÑA
877	3429 TANIA PORTA BUJAN	F- 239	MS3F- 45	00:50:14	00:07:03	00:35:11		VEIGUE-SADA
878	343 LAURA AGUILERA	F- 240	MS1F- 24	00:50:16	00:07:03	00:33:50		CULLEREDO
879	527 CÉSAR CARRO		MS2M- 129	00:50:16	00:07:03	00:33:50		CORUÑA
880	1681 NATALIA GAREA GARCIA	F- 241	SNF- 71	00:50:30	00:07:05	00:35:41		A CORUÑA
881	550 ALMA BLANCO PITA	F- 242	MS3F- 46	00:50:32	00:07:05	00:35:06		A CORUÑA
882	1741 NACHO LOURIDO FUERTES		MS4M- 72	00:50:37	00:07:06	00:35:10		LA CORUÑA
883	3514 SONIA ALDAO REGUEIRO	F- 243	MS3F- 47	00:50:37	00:07:06	00:35:09		A CORUÑA
884	3436 CLAUDIA PRADAS GALLARDO	F- 244	SNF- 72	00:50:44	00:07:07	00:35:17		A CORUÑA
885	619 MANUEL CID FERNÁNDEZ		MS6M- 22	00:50:47	00:07:07	00:34:27		CULLEREDO
886	553 LUCÍA CID TOVAR	F- 245	SNF- 73	00:50:48	00:07:07	00:34:31		A CORUÑA
887	1616 JUAN MANUEL VILLAVARDE VARELA		MS6M- 23	00:51:09	00:07:10	00:35:41		A CORUÑA
888	412 JAVIER VILLAVARDE DOVAL		SNM- 145	00:51:09	00:07:10	00:35:41		A CORUÑA
889	3380 SARA MOURELLE NIETO	F- 246	SNF- 74	00:51:35	00:07:14	00:35:57	INCOGNITO	
890	498 MARIA ISABEL FERNÁNDEZ PÉREZ	F- 247	MS3F- 48	00:52:06	00:07:18	00:36:15		CORUÑA
891	4015 MONTSERRAT FERNANDEZ PEREIRA	F- 248	MS3F- 49	00:52:07	00:07:18	00:36:15		A CORUÑA
892	1602 ADRIÁN GARCÍA MATA		MS1M- 96	00:52:11	00:07:19	00:36:13	GMTA&CHUVONERS	A CORUÑA
893	543 FABIÁN GARCÍA CALVO		SNM- 146	00:53:00	00:07:26	00:37:19		A CORUÑA
894	555 FÁTIMA DÍAZ SUÁREZ	F- 249	SNF- 75	00:53:00	00:07:26	00:37:19		A CORUÑA
895	3455 OLALLA NOGAREDA GÓMEZ	F- 250	SNF- 76	00:53:05	00:07:26	00:37:22		A CORUÑA
896	3522 MARÍA DEL PILAR GÓMEZ MARTÍNEZ	F- 251	MS6F- 5	00:53:11	00:07:27	00:36:56		A CORUÑA
897	1701 MARÍA NAZARETH CENDÁN GUOSO	F- 252	MS1F- 25	00:53:20	00:07:29	00:37:33	NAZA	A CORUÑA
898	1750 ZAIRA LÓPEZ LONGUEIRA	F- 253	MS1F- 26	00:53:28	00:07:30	00:37:44		A CORUÑA
DSQ	3093 JOSE JUAN LOPEZ BECERRA							A CORUÑA

**VI CARREIRA POPULAR MATOGRANDE, A Coruña 23/01/2022**

Sub 18 - Sub 16. Distancia: 2.535 m

Pto	Dorsal	Nome	Sx	PtoCat	Tempo	RitmoKm	Licenza	Club	Localidade
1	5272	JORGE VÁZQUEZ PÉREZ		SUB18M- 1	00:08:30	00:03:22		CLUB MARINEDA ATLETICO	CORUÑA
2	6308	GONZALO CAO BLANCO		SUB18M- 2	00:08:30	00:03:22		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
3	5288	JUAN CAÑIZO GONZÁLEZ-ELIPE		SUB18M- 3	00:08:32	00:03:22			BERTAMIRÁNS
4	3550	DAVID MURADO GÓMEZ		SUB18M- 4	00:08:36	00:03:24		CLUB HERCULES TERMARIA	A CORUÑA
5	5249	BERKET LÓPEZ DÍAZ		SUB16M- 1	00:08:42	00:03:26		A.D. FOGAR	CARBALLO
6	5251	IKER LAVANDEIRA RODRIGUEZ		SUB16M- 2	00:08:47	00:03:28		ATLETISMO CORUÑA COMARCA	A CORUÑA
7	5256	JUAN BOUZÓN BLANCO		SUB16M- 3	00:08:50	00:03:29		CLUB ATLETISMO SADA	SADA
8	6303	PAULO CAMESELLE JUIZ		SUB16M- 4	00:08:57	00:03:32		LA MOCHILA DEL DEPORTE	
9	6309	AINOA GONTÁN IGLESIAS	F- 1	SUB18F- 1	00:09:00	00:03:33		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
10	5271	MARTÍN BAZÁN COBELO		SUB16M- 5	00:09:03	00:03:34		CLUB MARINEDA ATLETICO	SAN PEDRO DE NOS-OLEIROS
11	6301	PABLO BARRO GARCÍA		SUB16M- 6	00:09:04	00:03:35		CLUBTRIATLONCORUÑA	A CORUÑA
12	5268	JAVIER PICOS GALCERAN		SUB16M- 7	00:09:05	00:03:35		CLUB MARINEDA ATLETICO	CULLEREDO
13	5267	GABRIEL VILLAR SAAVEDRA		SUB16M- 8	00:09:11	00:03:38		CLUB MARINEDA ATLETICO	A CORUÑA
14	5283	JAIRO MIGUEZ ALDAO		SUB16M- 9	00:09:12	00:03:38		TRIATLON ARTEIXO	ARTEIXO
15	6306	RAÚL NAVEIRA FILGUEIRAS		SUB16M- 10	00:09:20	00:03:41		MAR DE ARTABRIA	A CORUÑA
16	5274	IREA ALÉN FERNÁNDEZ	F- 2	SUB16F- 1	00:09:21	00:03:42		FOGAR TRIATLON CARBALLO	LIANS ( OLEIROS)
17	3551	ANTÓN NO NÚÑEZ		SUB16M- 11	00:09:35	00:03:47		CLUB HERCULES TERMARIA	A CORUÑA
18	6300	GABRIEL FREIRE SILVEN		SUB16M- 12	00:09:47	00:03:52		CLUB TRIATLÓN CORUÑA	A CORUÑA
19	6292	MANUEL BELLO VILARIÑO		SUB16M- 13	00:09:55	00:03:55		CLUB HERCULES TERMARIA	A CORUÑA
20	5278	PAULA VÁZQUEZ HERMIDA	F- 3	SUB16F- 2	00:09:58	00:03:56		LA MOCHILA DEL DEPORTE	A CORUÑA
21	5284	ADRIÁN SÁNCHEZ MACEIRAS		SUB16M- 14	00:10:04	00:03:59			A CORUÑA
22	5263	LUCAS REY ARMAS		SUB16M- 15	00:10:05	00:03:59		CLUB HERCULES TERMARIA	CULLEREDO
23	5269	MANUEL VÁZQUEZ PÉREZ		SUB16M- 16	00:10:08	00:04:00		CLUB MARINEDA ATLETICO	A CORUÑA
24	5277	PAULA BELLAS SOTO	F- 4	SUB16F- 3	00:10:11	00:04:01		LA MOCHILA DEL DEPORTE	OLEIROS
25	5270	IGNACIO VILELA NÚÑEZ		SUB16M- 17	00:10:12	00:04:02		CLUB MARINEDA ATLETICO	
26	6287	MATEO ROMERO SUÁREZ		SUB18M- 5	00:10:17	00:04:04		ATLETISMO CORUÑA COMARCA	LA CORUÑA
27	5255	MARCOS GALÁN MÉNDEZ		SUB16M- 18	00:10:20	00:04:05	AG 2018379	CLUB ATLETISMO SADA	A CORUÑA
28	5259	INÉS VÁZQUEZ SÁNCHEZ	F- 5	SUB18F- 2	00:10:31	00:04:09		CLUB ATLETISMO SADA	CULLEREDO
29	6288	NICOLÁS FIGUEROA CARRIL		SUB18M- 6	00:10:47	00:04:15		ATLETISMO CORUÑA COMARCA	ARTEIXO
30	5261	ESTEBAN ANTONIO BARLOW ZAS		SUB16M- 19	00:10:47	00:04:15		CLUB HERCULES TERMARIA	A CORUÑA
31	5276	CAROLINA DELIA MERA GINÉS	F- 6	SUB16F- 4	00:10:47	00:04:16		LA MOCHILA DEL DEPORTE	A CORUÑA
32	5258	SUSANA AMOR CASTRO	F- 7	SUB18F- 3	00:10:54	00:04:18		CLUB ATLETISMO SADA	A CORUÑA
33	6302	ANDERSON DIBARIS COTÓN VÁZQUEZ		SUB18M- 7	00:10:59	00:04:20		ELVIÑA	
34	5279	ANDREA CAINZOS GARCIA	F- 8	SUB18F- 4	00:10:59	00:04:20		LA MOCHILA DEL DEPORTE	LA CORUÑA
35	6294	LARA SOLSONA SANTÁS	F- 9	SUB16F- 5	00:11:05	00:04:23		CLUB HERCULES TERMARIA	
36	5280	INES FERNANDEZ ROMERO	F- 10	SUB16F- 6	00:11:14	00:04:26		MAR DE ARTABRIA	CAMBRE
37	6285	ALEJANDRO NOYA GARCÍA		SUB16M- 20	00:11:20	00:04:29		ARTABRIA	SADA
38	6313	MIGUEL CAÑIZO GONZÁLEZ-ELIPE		SUB16M- 21	00:11:21	00:04:29			BERTAMIRÁNS
39	6290	EVA CASADO NUÑEZ	F- 11	SUB18F- 5	00:11:27	00:04:31		CLUB ATLÉTICO BERGONDO	A CORUÑA
40	5260	IÑIGO FERNANDEZ-PEITEADO ECHEVERRÍA		SUB16M- 22	00:11:27	00:04:31		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
41	6293	MALENA SAAVEDRA LÓPEZ-SANCHO	F- 12	SUB16F- 7	00:11:30	00:04:33		CLUB HERCULES TERMARIA	



42	5253	LAURA CUIÑA FERNÁNDEZ	F- 13	SUB18F- 6	00:11:59	00:04:44	CLUB ATLÉTICO MARINEDA DE A CORUÑA	A CORUÑA
43	5275	ALEJANDRA GÓMEZ PÉREZ	F- 14	SUB18F- 7	00:12:02	00:04:45	FOGAR TRIATLON CARBALLO	OLEIROS
44	5286	ÁLVARO NÚÑEZ MAYO		SUB16M- 23	00:12:03	00:04:45		A CORUÑA
45	5285	XANDRE MOSQUERA RODRÍGUEZ		SUB16M- 24	00:12:16	00:04:51		A CORUÑA
46	6295	UXÍA MARTÍNEZ MANTIÑÁN	F- 15	SUB16F- 8	00:12:18	00:04:52	CLUB HERCULES TERMARIA	
47	5266	TANIA PENA JUNCO	F- 16	SUB16F- 9	00:14:09	00:05:35	CLUB HERCULES TERMARIA	
48	5290	IRIA DIZ	F- 17	SUB16F- 10	00:14:48	00:05:50		A CORUÑA
49	6317	MARIA MOSQUERA CASTIÑEIRAS	F- 18	SUB18F- 8	00:14:50	00:05:51		
50	5293	NOA QUINTELA DEZA	F- 19	SUB18F- 9	00:14:51	00:05:52		
51	6291	NOELIA RODRÍGUEZ CARRO	F- 20	SUB18F- 10	00:15:10	00:05:59	CLUB ATLÉTICO BERGONDO	BETANZOS
52	5294	MARTA MIRA GÁNDARAS	F- 21	SUB18F- 11	00:15:44	00:06:13		PERILLO
53	5292	ICÍA MANTEIGA CASTRO	F- 22	SUB16F- 11	00:15:50	00:06:15		A CORUÑA
54	6307	NOELIA GONZÁLEZ VALCUENDE	F- 23	SUB18F- 12	00:16:08	00:06:22	NOELIA	
55	6319	SILVIA VILLARINO JUL	F- 24	SUB18F- 13	00:16:30	00:06:31		CULLEREDO

## VI CARREIRA POPULAR MATOGRANDE, A Coruña 23/01/2022

Sub 14. Distancia: 1.495 m

Pto	Dorsal	Nombre	Sx	PtoCat	Tiempo	RitmoKm	Licencia	Club	Localidad
1	5218	JIMENA OUTES GRAIÑO	F- 1	SUB14F- 1	00:05:20	00:03:34		ATLETISMO CORUÑA COMARCA	CORUÑA
2	5229	ENRIQUE CUIÑA FERNÁNDEZ		SUB14M- 1	00:05:21	00:03:35		CLUB MARINEDA ATLETICO	A CORUÑA
3	5230	ALBA MORALES PEDREIRA	F- 2	SUB14F- 2	00:05:25	00:03:38		CLUB MARINEDA ATLETICO	CARRAL
4	5231	ADRIAN PAZ CELEIRO		SUB14M- 2	00:05:26	00:03:38		CLUB TRIATLON CORUÑA	A CORUÑA
5	5219	PABLO VÁZQUEZ MAIZTEGUI		SUB14M- 3	00:05:27	00:03:39		C. A. NARON	
6	5222	HUGO ZULUAGA LAMAZARES		SUB14M- 4	00:05:32	00:03:43		CLUB ATLETISMO SADA	OLEIROS
7	6273	PABLO VARA LOPEZ		SUB14M- 5	00:05:36	00:03:45			A CORUÑA
8	5213	XABI CAMBA VÁZQUEZ		SUB14M- 6	00:05:43	00:03:50		ATLETISMO CORUÑA COMARCA	CULLEREDO
9	5237	VEGA ALDREY VENTUREIRA	F- 3	SUB14F- 3	00:05:48	00:03:53		TRIATLON CORUÑA	LA CORUÑA
10	6269	JESÚS PATIÑO RÍOS		SUB14M- 7	00:05:55	00:03:58		NATACIÓN RIBEIRA	RIBEIRA
11	6277	LEO MARTINEZ PAZ		SUB14M- 8	00:05:56	00:03:58			ZAS
12	6265	NOA VÁZQUEZ FUENTES	F- 4	SUB14F- 4	00:05:57	00:03:59		LA MOCHILA DEL DEPORTE	A CORUÑA
13	5227	LUCAS PRADA MAROÑO		SUB14M- 9	00:06:01	00:04:02		CLUB HERCULES TERMARIA	A CORUÑA
14	6258	MARTÍN CASADO NUÑEZ		SUB14M- 10	00:06:03	00:04:03		CLUB ATLÉTICO BERGONDO	BETANZOS
15	5242	ALEJANDRO SOTO GARCÍA		SUB14M- 11	00:06:09	00:04:07			CULLEREDO
16	6257	VALERO VILLAR LÓPEZ		SUB14M- 12	00:06:13	00:04:10		CLUB ATLÉTICO BERGONDO	CAMBRE
17	5235	LUCIA TABOADA CODESIDO	F- 5	SUB14F- 5	00:06:15	00:04:11		SD COMPOSTELA ATLETISMO	SANTIAGO COMPOSTELA
18	5232	PAULA DRISCOLL NIEVES	F- 6	SUB14F- 6	00:06:22	00:04:16		LA MOCHILA DEL DEPORTE	CORUÑA (A)
19	5217	VEGA REBOREDO PRADO	F- 7	SUB14F- 7	00:06:22	00:04:16		ATLETISMO CORUÑA COMARCA	A CORUÑA
20	5215	SARA DIAZ RUIZ	F- 8	SUB14F- 8	00:06:29	00:04:20		ATLETISMO CORUÑA COMARCA	A CORUÑA
21	5248	SARA REY ARMAS	F- 9	SUB14F- 9	00:06:35	00:04:25			CULLEREDO
22	5211	ALVARO DURAN CARRO		SUB14M- 13	00:06:37	00:04:26		A.D. MAR DE ARTABRIA	
23	6261	IRIA MARTÍNEZ MANTIÑÁN	F- 10	SUB14F- 10	00:06:37	00:04:26		CLUB HERCULES TERMARIA	
24	5214	VERA MARTÍNEZ RODRÍGUEZ	F- 11	SUB14F- 11	00:06:41	00:04:28		ATLETISMO CORUÑA COMARCA	A CORUÑA
25	6266	MARTINA CASTELO SANCHEZ	F- 12	SUB14F- 12	00:06:42	00:04:29		LA MOCHILA DEL DEPORTE	A CORUÑA
26	5216	LUCÍA DOPICO DOPICO	F- 13	SUB14F- 13	00:06:47	00:04:33		ATLETISMO CORUÑA COMARCA	A CORUÑA
27	5212	MIGUEL RODRÍGUEZ LÓPEZ		SUB14M- 14	00:06:55	00:04:38		ASOCIACION DEPOTIVA ARTABRIA	LIANS-OLEIROS
28	6254	CAROLINA NAVEIRA CORNIDE	F- 14	SUB14F- 14	00:07:01	00:04:42		ATLETISMO RIAZOR CORUÑA	CORUÑA
29	6264	ANTON AREN GONZALEZ		SUB14M- 15	00:07:08	00:04:46		LA MOCHILA DEL DEPORTE	
30	6256	CARLOS GARCÍA CASAL		SUB14M- 16	00:07:08	00:04:47		CLUB ATLÉTICO BERGONDO	
31	5241	XOEL MANTEIGA CASTRO		SUB14M- 17	00:07:12	00:04:49			A CORUÑA
32	6263	ERIC YÁÑEZ LOUREIRO		SUB14M- 18	00:07:23	00:04:57		CLUB TRIATLÓN CORUÑA	A CORUÑA
33	5244	PAULA SEIJAS SEOANE	F- 15	SUB14F- 15	00:07:23	00:04:57			A CORUÑA

34	5238	TEO GRAÍÑO GONZÁLEZ		SUB14M- 19	00:07:26	00:04:59		A CORUÑA
35	6275	MIGUEL SEONE		SUB14M- 20	00:07:28	00:05:00		A CORUÑA
36	6280	ALEZA BLAZQUEZ MORENO	F- 16	SUB14F- 16	00:07:41	00:05:09		LA CORUÑA
37	6260	ALFONSO BARBAGELATA LADO		SUB14M- 21	00:07:45	00:05:11	CLUB HERCULES TERMARIA	
38	5240	MARTIN GENDE CARRIL		SUB14M- 22	00:07:54	00:05:17		A CORUÑA
39	6262	MANUELA PAZ COBAS	F- 17	SUB14F- 17	00:07:56	00:05:19	CLUB HERCULES TERMARIA	
40	6281	NOA TRILLO BARRAL	F- 18	SUB14F- 18	00:07:58	00:05:20		A CORUÑA
41	6271	AINOA FUENTES CAMPOS	F- 19	SUB14F- 19	00:08:35	00:05:44	TRIATLON ARTEIXO	
42	5236	CINTIA MIGUEZ ALDAO	F- 20	SUB14F- 20	00:08:38	00:05:47	TRIATLON ARTEIXO	ARTEIXO
43	6282	NATALIA LÓPEZ DE LA FUENTE	F- 21	SUB14F- 21	00:08:39	00:05:47		
44	5234	SARA CASTRO PUENTE	F- 22	SUB14F- 22	00:08:42	00:05:49	PONTERIDERS	

## VI CARREIRA POPULAR MATOGRANDE, A Coruña 23/01/2022

Sub 12 Masculino. Distancia: 730 m

PtoCat	Dorsal	Nome	Tempo	RitmoKm	Licenza	Club	Localidade
1	6244	JOSEP BASTOS DIZ	00:02:33	00:03:30			VIGO
2	5201	ANTON VIÑA LOPEZ	00:02:37	00:03:35			
3	5183	HUGO OUBEL LORENZO	00:02:37	00:03:35		CLUB MARINEDA ATLETICO	A CORUÑA
4	6241	IAN VARELA PEREZ	00:02:46	00:03:47			A CORUÑA
5	5210	JACOBO SOTO GARCÍA	00:02:46	00:03:48			CULLEREDO
6	5184	MARCO REY LEMA	00:02:47	00:03:48		CLUB MARINEDA ATLETICO	A CORUÑA
7	6220	IAGO GOMEZ MONTERO	00:02:48	00:03:49		CLUB ATLÉTICO BERGONDO	A CORUÑA
8	5205	MATEO RODRIGUEZ TEIJO	00:02:49	00:03:51			
9	5198	BORJA SEOANE LOURO	00:02:51	00:03:55			LA CORUÑA
10	6223	JEYDEN JAEEL SILVA GUERRERO	00:02:52	00:03:55		CLUB NATACIÓN RIBEIRA	RIBEIRA
11	6251	MARIO GONZÁLEZ MÁRQUEZ	00:02:53	00:03:57			A CORUÑA
12	6245	LEO CADAVIECO MARTÍNEZ	00:02:54	00:03:59			
13	5179	MANUEL ARTIME PRADO	00:02:57	00:04:02		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
14	6231	PABLO VILAR MENDEZ	00:02:59	00:04:05			NARON
15	5178	MATEO BOUZÓN BLANCO	00:02:59	00:04:05		CLUB ATLETISMO SADA	SADA
16	6221	JUAN GONZÁLEZ BELLET	00:03:00	00:04:06		CLUB ATLETISMO SADA	LA CORUÑA
17	5175	GONZALO MARTÍNEZ DÍAZ	00:03:01	00:04:08		ATLETISMO RIAZOR CORUÑA	A CORUÑA
18	6232	MARCELO FREIRE COSTA	00:03:05	00:04:13			
19	6243	ANGEL RÍOS MENENDEZ	00:03:05	00:04:13			
20	5191	ADRIÁN TRIGO GARCÍA	00:03:05	00:04:14		VÍCTOR LÓPEZ SEOANE	
21	6224	CARLOS MIGUEZ VAZQUEZ	00:03:06	00:04:15		COLEGIO SAGRADO CORAZÓN FRANCISCANAS	A CORUÑA
22	6228	JAIRO GONTÁN IGLESIAS	00:03:07	00:04:17		TRIATLON ARCADE INFORHOUSE SANTIAGO	SANTIAGO
23	5174	ALEJANDRO CABALEIRO ALVAREZ	00:03:08	00:04:17		ATLETISMO CORUÑA COMARCA	EL TEMPLE
24	5185	JORGE RODRÍGUEZ COTROFE	00:03:09	00:04:18		CLUB TRIATLÓN CORUÑA	LA CORUÑA
25	6242	MATEO CANZOBRE HERMIDA	00:03:09	00:04:18			
26	6226	AITOR FARIÑA VIEITES	00:03:10	00:04:20		LA MOCHILA DEL DEPORTE	CULLEREDO
27	5172	BRUNO OUTEIRO BLANCO	00:03:12	00:04:22		C.D. BIOSBARDO	FOZ
28	5204	YAGO SANTOS MOJON	00:03:12	00:04:23			
29	5173	FABIÁN CHOUSA PAN	00:03:12	00:04:23		A.D. ARTABRIA	PERILLO
30	6237	GONZALO TAIBO DOCAMPO	00:03:12	00:04:23			A CORUÑA
31	6236	ÓSCAR LAGARES BARCALA	00:03:12	00:04:23			
32	6239	DIEGO FERNÁNDEZ LÓPEZ	00:03:15	00:04:27			PERILLO-OLEIROS
33	5188	RENÉ MERA GINÉS	00:03:15	00:04:27		LA MOCHILA DEL DEPORTE	A CORUÑA
34	6222	MAURO MARTÍNEZ MANTIÑÁN	00:03:16	00:04:29		CLUB HERCULES TERMARIA	

35	5192	PABLO GIL PINTADO	00:03:17	00:04:30			CORUÑA
36	5196	ALEJANDRO MARTINEZ SANCHEZ	00:03:22	00:04:36			
37	5195	DANI MIRA GÁNDARAS	00:03:22	00:04:36			OLEIROS
38	6225	DIEGO DARRIBA ALVAREZ	00:03:22	00:04:37	LA MOCHILA DEL DEPORTE		LA CORUÑA
39	6249	MATIAS SANTOS GONZÁLEZ	00:03:25	00:04:40			
40	6229	GAEL FRESNEDO FERNANDEZ	00:03:25	00:04:41			
41	5199	LUCAS IGLESIAS CASTIÑEIRA	00:03:25	00:04:41			
42	5203	MARTÍN TORRES MENDOZA	00:03:26	00:04:42			OLEIROS
43	5197	MARIO SUÁREZ SUÁREZ	00:03:30	00:04:47			LA CORUÑA
44	6252	ALONSO CARRO ESPIN	00:03:34	00:04:53			CORUÑA
45	5208	PEDRO FIGUEIRA NAVIA	00:03:35	00:04:55			
46	6246	MATEO GARCÍA GARCÍA	00:03:37	00:04:57			A CORUÑA
47	5206	FRANCISCO JAVIER PERNAS GONZÁLEZ	00:03:38	00:04:58			
48	5187	GABRIEL LOPEZ OREIRO	00:03:38	00:04:59	COLEGIO SAGRADO CORAZÓN FRANCISCANAS		
49	5186	BENCE ALBERTO GALAN SANCHEZ	00:03:39	00:05:00	COLEGIO SAGRADO CORAZÓN FRANCISCANAS		
50	6233	CARLOS VALCUENDE VILAR	00:03:39	00:05:00			
51	5182	DIEGO MASEDA PÉREZ	00:03:43	00:05:06	CLUB MARINEDA ATLETICO		
52	5190	JACOBO ABALDE DURAN	00:03:44	00:05:07	TRIATLON ARCADE INFORHOUSE SANTIAGO		
53	6230	JESÚS CASTILLO MARTÍNEZ	00:03:45	00:05:07			LA CORUÑA
54	5200	SANCHO REY VILAR	00:03:50	00:05:15			
55	5189	ELOI CASTRO PUENTE	00:03:52	00:05:18	PONTERIDERS		
56	5194	SERGIO EIRAS JIMENO	00:03:53	00:05:19			
57	5209	MAURO FILGUEIRAS NEIRA	00:03:54	00:05:20			
58	6235	IAGO MARTINEZ MUÑOZ	00:03:56	00:05:23			
59	6248	JOSÉ ANTONIO SÁNHEZ DOMÍNGUEZ	00:03:57	00:05:25			A CORUÑA

### Sub 12 Femenino. Distancia: 730 m

PtoCat	Dorsal	Nome	Tempo	RitmoKm	Licenza	Club	Localidade
1	5163	LUCÍA AGEITOS ROMERO	00:02:34	00:03:30		NATACIÓN RIVEIRA	SANTA UXIA DE RIBEIRA
2	5155	MARTINA BERMUDEZ TABOADA	00:02:41	00:03:40		ATLETISMO RIAZOR CORUÑA	A CORUÑA
3	6182	RACHEL ORTIZ DELGADO	00:02:47	00:03:48		ATLETISMO RIAZOR CORUÑA	A CORUÑA
4	5158	LEIRE FERNANDEZ-PEITEADO ECHEVERRÍA	00:02:50	00:03:53		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
5	6189	ESTELA YÁÑEZ LOUREIRO	00:02:57	00:04:02		CLUB TRIATLÓN CORUÑA	A CORUÑA
6	5153	AMAIA IRURETA CARRIO	00:02:59	00:04:05		ATLETISMO RIAZOR CORUÑA	A CORUÑA
7	5154	CARLOTA GARCÍA-CARRO ANTUÑA	00:03:00	00:04:07		ATLETISMO RIAZOR CORUÑA	
8	6195	EMMA CAMEAN	00:03:01	00:04:08		LA MOCHILA DEL DEPORTE	
9	6203	NOA FELIZ MORA	00:03:05	00:04:13			



10	6215 NEREA SOUTO CONDE	00:03:11	00:04:21		A CORUÑA
11	5168 MARTINA EF	00:03:15	00:04:27		A CORUÑA
12	5159 ALBA PORTO LÓPEZ	00:03:16	00:04:29	CLUB DE NATACION Y TRIATLON MAR DE ARTABRIA	A CORUÑA
13	6184 PAULA LÓPEZ ALBELA	00:03:17	00:04:29	CLUB COMPAÑÍA DE MARÍA	A CORUÑA
14	6193 CANDELA VEREZ GARRIDO	00:03:17	00:04:30	LA MOCHILA DEL DEPORTE	
15	6194 AMAYA VEREZ GARRIDO	00:03:18	00:04:30	LA MOCHILA DEL DEPORTE	
16	5171 ZOE COUSILLAS VAZQUEZ	00:03:18	00:04:31		
17	6186 CARLA LÓPEZ ALBELA	00:03:18	00:04:31	CLUB HERCULES TERMARIA	A CORUÑA
18	6214 INÉS RODRÍGUEZ PEREIRA	00:03:19	00:04:32		A CORUÑA
19	5160 CARMEN DÍAZ PÉREZ	00:03:23	00:04:37	CLUB TRIATLON CORUÑA	A CORUÑA
20	6191 NEREA CARABEL	00:03:26	00:04:42	COLEGIO SAGRADO CORAZÓN FRANCISCANAS	CORUÑA
21	5162 ANA MARÍA GUERRERO PEREIRA	00:03:27	00:04:43	LA MOCHILA DEL DEPORTE	A CORUÑA
22	6216 NOA BALSA RAMALLO	00:03:28	00:04:44		MIÑO
23	5167 CARLA VILELA NÚÑEZ	00:03:28	00:04:44		
24	6192 CANDELA CASTELO SANCHEZ	00:03:28	00:04:45	LA MOCHILA DEL DEPORTE	A CORUÑA
25	5164 OLIVIA SUAREZ CACHAFEIRO	00:03:28	00:04:45		A CORUÑA
26	6190 DANIELA BARRO GARCÍA	00:03:34	00:04:54	CLUBTRIATLONCORUÑA	A CORUÑA
27	5165 NOREIA VALES FERNÁNDEZ	00:03:37	00:04:57		
28	5166 NATALIA AMIDO DUMESNIL	00:03:41	00:05:03		A CORUÑA
29	6188 ALEA REY RAMOS	00:03:50	00:05:16	CLUB MARINEDA ATLETICO	
30	6197 CARLA SÁNCHEZ RODRIGUEZ	00:03:53	00:05:19		A CORUÑA
31	6213 CLARA CAMPOS GRILLE	00:03:58	00:05:26		LA CORUÑA
32	6206 ANDREA IANKOVA	00:03:58	00:05:26		
33	5169 JULIA RODRIGUEZ IÑIGUEZ	00:04:00	00:05:29		
34	3524 ZOE LOPEZ GARCÍA	00:04:02	00:05:31	CLUB COMPAÑÍA DE MARÍA	A CORUÑA
35	5170 NOA LOPEZ ESCALONA	00:04:03	00:05:33		A CORUÑA
36	6200 GIULIETTA SAUCEDO BINAGUI	00:04:09	00:05:41		A CORUÑA
37	6198 ARIADNA ARNOSO LAURA	00:04:19	00:05:55		A CORUÑA
38	6209 SOFIA ATRIO VEGA	00:04:22	00:05:59		A CORUÑA
39	6211 RAQUEL GARCÍA MANEIRO	00:05:05	00:06:57		

# VI CARREIRA POPULAR MATOGRANDE, A Coruña 23/01/2022

Sub 10 Masculino. Distancia: 730 m

PtoCat	Dorsal	Nome	Tempo	RitmoKm	Licenza	Club	Localidade
1	5121	HUGO CORDAL AMARELLE	00:02:41	00:03:40		CLUBE ATLETISMO CAMBADOS SEGUROS - NOVAL	CAMBADOS
2	6174	THIAGO LÓPEZ RODRÍGUEZ	00:02:43	00:03:43			A CORUÑA
3	5152	ENRIQUE VESTEIRO LÓPEZ	00:02:47	00:03:49			
4	6143	NICOLAS AMADO PREGO	00:02:55	00:04:00		CLUB ATLETISMO SADA	LA CORUÑA
5	5118	PEDRO PRADA MAROÑO	00:02:58	00:04:04		CLUB HERCULES TERMARIA	CORUÑA
6	5120	ANTON GARCIA GOMEZ	00:03:00	00:04:07		CLUB TRIATLON CORUÑA	CORUÑA
7	6152	RICARDO GARCIA DOUTO	00:03:04	00:04:11		RICARDO	
8	5145	XABIER FERRO NEIRA	00:03:04	00:04:12			
9	6146	LEO SANTOMÉ MIRANDA	00:03:05	00:04:13		CLUB TRIATLÓN CORUÑA	
10	5010	ÁLVARO DÍAZ PÉREZ	00:03:06	00:04:14		CLUB TRIATLON CORUÑA	A CORUÑA
11	5137	OLIVER CARRO SUÁREZ	00:03:11	00:04:21			
12	6165	HUGO DIAZ FERNANDEZ	00:03:12	00:04:23			
13	5119	LEO BLANCO FORNOS	00:03:14	00:04:26		CLUB HERCULES TERMARIA	
14	6167	GABRIEL NEIRA BARBEITO	00:03:16	00:04:28			
15	5124	MARIO PAZ VÁZQUEZ	00:03:17	00:04:30		LOBOS HAMBRIENTOS	
16	6171	BRUNO CANDAL TELLA	00:03:19	00:04:33			ARTEIXO
17	6142	KALEB KEFELEGN FARIÑA DERBEW	00:03:20	00:04:34		CLUB ATLÉTICO BERGONDO	
18	5130	DIEGO GONZÁLEZ VEIRA	00:03:22	00:04:36			A CORUÑA
19	5126	LUCAS AGEITOS ROMERO	00:03:23	00:04:39		NATACIÓN RIVEIRA	RIVEIRA
20	5146	ENZO VÁZQUEZ HERVADA	00:03:24	00:04:39			CORUÑA
21	6177	DARÍO FOLLA-CISNEROS LÓPEZ	00:03:24	00:04:39			
22	5149	PABLO LOURIDO ALDAO	00:03:24	00:04:40			A CORUÑA
23	6141	VICENTE ARMENTAL D'ALISIO	00:03:28	00:04:45		CEIP MARÍA PITA	
24	5150	VÍTOR OUBEL LORENZO	00:03:28	00:04:45			A CORUÑA
25	6158	ADRIÁN GARAY AMIGO	00:03:28	00:04:45			
26	5134	IAGO BAHAMONDE LÓPEZ	00:03:29	00:04:46			CULLEREDO
27	6151	MARTÍN PATIÑO RÍOS	00:03:32	00:04:50		NATACIÓN RIBEIRA	RIBEIRA
28	5125	PELAYO QUESADA TEJUCA	00:03:33	00:04:52		LOBOS HAMBRIENTOS	
29	6172	SIMÓN SANTOS GONZÁLEZ	00:03:36	00:04:55			
30	5117	GAEL MARTÍNEZ AMIGO	00:03:37	00:04:57		CLUB HERCULES TERMARIA	A CORUÑA
31	5138	GABRIEL FERREIRO PENSADO	00:03:37	00:04:57			
32	5142	IAGO SÁNCHEZ PUMAR	00:03:38	00:04:58			
33	5123	HUGO SOUTO VARELA	00:03:39	00:04:59		LOBOS HAMBRIENTOS	

34	6180	ALEJANDRO FERNÁNDEZ JULIÁN	00:03:39	00:05:00		
35	6148	DANIEL MIGUEZ VAZQUEZ	00:03:41	00:05:02	COLEGIO SAGRADO CORAZÓN FRANCISCANAS	A CORUÑA
36	5116	IVÁN LÓPEZ ALFONSO	00:03:43	00:05:06	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
37	6157	MARTIÑO GÓMEZ ORTEGA	00:03:46	00:05:09		
38	6144	ADÁN VEIGA GARCÍA	00:03:46	00:05:10	CLUB ATLETISMO SADA	
39	6153	LUCA MILLAN VIDAL	00:03:48	00:05:12	TRIATLÓN OLEIROS	
40	6170	ENZO CASADO VALERA	00:03:49	00:05:14		
41	6173	ÁLVARO CASTRO GÓMEZ	00:03:49	00:05:14		
42	5129	LEO SANTOS IGLESIAS	00:03:51	00:05:17		A CORUÑA
43	6156	MARTÍN CANZOBRE HERMIDA	00:03:52	00:05:18		
44	5136	UXIO MÉNDEZ NEIRA	00:03:52	00:05:18		
45	6176	ASIER FRANCO ALFONSIN	00:03:58	00:05:26		FEANS
46	5115	MICHAEL GRANDAL JOHN	00:04:00	00:05:29	CLUB ATLETISMO NARÓN	
47	6163	SERGIO CALVETE LOPEZ	00:04:02	00:05:31		A CORUÑA
48	6139	OSCAR BARALLOBRE LODEIRO	00:04:04	00:05:34	A.D.ARTABRIA	OLEIROS
49	6175	LUCAS DOMÍNGUEZ GONZALEZ	00:04:16	00:05:50		
50	6166	DIEGO LOPEZ GRATEROL	00:04:18	00:05:53		
51	6147	MARTIN CALVELO TROITEIRO	00:04:19	00:05:55	COLEGIO SAGRADO CORAZÓN FRANCISCANAS	
52	5143	FER BREGUA	00:04:23	00:06:00		
53	5133	ADRIAN PEREZ MONTEAGUDO	00:04:28	00:06:06		
54	6149	ALEJANDRO VARELA GARCÍA	00:04:32	00:06:12	COLEGIO SAGRADO CORAZÓN FRANCISCANAS	
55	5135	HUGO AMIDO DUMESNIL	00:04:32	00:06:13		A CORUÑA

### Sub 10 Femenino. Distancia: 730 m

PtoCat	Dorsal	Nome	Tempo	RitmoKm	Licenza	Club	Localidade
1	5096	SARA ZULUAGA LAMAZARES	00:03:02	00:04:09		CLUB ATLETISMO SADA	OLEIROS
2	5100	PAULA MORALES PEDREIRA	00:03:07	00:04:16		CLUB MARINEDA ATLETICO	CARRAL
3	6117	ALMA GARCIA GARCIA	00:03:17	00:04:29		CLUB TRIATLON CORUÑA	
4	5113	SONIA MARÍA ALDAO REGUEIRO	00:03:18	00:04:31			A CORUÑA
5	6133	AROA MUÍÑO DÍAZ	00:03:22	00:04:36			
6	6122	IRENE LAGARES BARCALA	00:03:29	00:04:46			
7	6118	NOEMI BARRÒS ARGUIZ	00:03:29	00:04:46		MOCHILA DEL DEPORTE	
8	6134	LUISA SANCHEZ	00:03:29	00:04:46			
9	5097	ANNE PORTO LÓPEZ	00:03:32	00:04:51		CLUB DE NATACION Y TRIATLON MAR DE ARTABRIA	A CORUÑA
10	5101	CORA REY RAMOS	00:03:40	00:05:01		CLUB MARINEDA ATLETICO	
11	5104	SOFIA FRAGUAS RODRÍGUEZ	00:03:43	00:05:06			

12	5095 VEGA MARTÍNEZ DÍAZ	00:03:45	00:05:08	ATLETISMO RIAZOR CORUÑA	
13	5114 ANA MARTÍNEZ RODRÍGUEZ	00:03:48	00:05:12		A CORUÑA
14	6121 JULIETA LÓPEZ SANCHEZ	00:03:49	00:05:13		A CORUÑA
15	6131 NOA LACARRA RODRÍGUEZ	00:03:49	00:05:13		
16	6138 NORA RAMOS	00:03:50	00:05:15		A CORUÑA
17	6124 SÍRA GIL PINTADO	00:03:51	00:05:16		A CORUÑA
18	6125 CLAUDIA BELLÓN CURRÁS	00:03:53	00:05:19		
19	6126 MARTINA GÓMEZ FAFIAN	00:03:57	00:05:25		
20	6135 VALLE GARCÍA TERRON	00:04:00	00:05:29		
21	6130 ZOE CASTEDO	00:04:03	00:05:32		A CORUÑA
22	6129 LÍA ÁLVAREZ BARRAL	00:04:03	00:05:33		A CORUÑA
23	6132 SARA GONZÁLEZ AVECILLA	00:04:04	00:05:34		
24	5105 JULIETA ALBA MUIÑO	00:04:06	00:05:36		A CORUÑA
25	5099 ISABELLA ISAZA GALLEGO	00:04:20	00:05:57	CLUB HERCULES TERMARIA	
26	6136 MARÍA CAMPOS GRILLE	00:04:38	00:06:21		LA CORUÑA
27	6137 IRIA CAAVEIRO REOL	00:04:40	00:06:24		
28	5098 INÉS LÓPEZ ALFONSO	00:08:16	00:11:20	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO