

# V NOCTURNA DE NIGRÁN H2K PLAZA 2021, Nigrán 12/06/2021

5K. Distancia: 5 km



Pto	Dorsal	Nome	Sx	PtoCat	Tempo	RitmoKm	Licenza	Club	Localidade
1	503	ADRIÁN LAGO TIZÓN		ABSM- 1	00:16:05	00:03:13		SOCIEDAD GIMNASTICA DE PONTEVEDRA	VIGO
2	504	JAVIER DE DIOS RODRIGUEZ		ABSM- 2	00:16:39	00:03:20		SD COMPOSTELA ATLETISMO	NIÑODAGUIA
3	640	JORGE TORRES TORRES		ABSM- 3	00:16:57	00:03:24			PORTONOVO
4	501	PABLO VICENTE LÓPEZ		ABSM- 4	00:16:58	00:03:24		CLUB OURENSE ATLETISMO	A GUARDA
5	608	DANIEL PAZO		ABSM- 5	00:17:22	00:03:29	GA-764400	ATLETISMOSANTIAGO	NIGRAN
6	629	PABLO GARCIA QUEROL		ABSM- 6	00:17:53	00:03:35			VIGO
7	614	PABLO SANTOMÉ RODRÍGUEZ		ABSM- 7	00:17:58	00:03:36		CASTRELOS 20:30	VIGO
8	543	DAVID SOTO RODRÍGUEZ		ABSM- 8	00:18:12	00:03:39			VIGO
9	610	ANTONIO ÁLVAREZ COSTAS		ABSM- 9	00:18:16	00:03:40	GA 25438	COMESAÑA SPORTING CLUB	VIGO
10	601	MIGUEL COSTAS COSTAS		ABSM- 10	00:18:35	00:03:43		MAIS QUE AUGA	VIGO
11	603	CRISTIAN VALENCIA RODRÍGUEZ		ABSM- 11	00:18:39	00:03:44		C.A.R MARISQUEIRO	VIGO
12	506	LETICIA FERNANDEZ BARBOSA	F- 1	ABSF- 1	00:18:43	00:03:45	GA16556	VALENCIA CLUB ATLETISMO	NIGRÁN
13	638	JOSÉ ÁNGEL GARCÍA EXPÓSITO		ABSM- 12	00:18:43	00:03:45			MONTERROSO
14	606	ANXO OTERO AMOEDO		ABSM- 13	00:18:43	00:03:45		VILARIÑO TRAIL	REDONDELA
15	542	JULIO CÉSAR GARCÍA CARRERA		ABSM- 14	00:18:51	00:03:47			VIGO
16	511	JIMMY ANDURA PACHECO		ABSM- 15	00:19:00	00:03:48			O ROSAL
17	502	PABLO DIAZ LOPEZ		ABSM- 16	00:19:03	00:03:49		RUNGALICIA - INTERSPORT	PONTEVEDRA
18	590	DANIEL DÍAZ JUEGUEN		ABSM- 17	00:19:19	00:03:52			ILLA DE AROUSA
19	630	JAVIER GIRALDEZ PIÑEIRO		ABSM- 18	00:19:29	00:03:54		ATLETISMO BAIONA	NIGRÁN
20	513	DAVID CORREA VICENTE		ABSM- 19	00:19:30	00:03:54		FOZ DO MIÑO	CANGAS DO MORRAZO
21	637	NAZARIO CORREA SESTELO		ABSM- 20	00:19:36	00:03:56		ASOCIACIÓN DEPORTIVA C.A.R	REDONDELA
22	641	ANGEL GIRALDEZ PIÑEIRO		ABSM- 21	00:19:54	00:03:59		ATLETISMO BAIONA	BAIONA
23	512	JOSÉ FRÍAS RODRÍGUEZ		ABSM- 22	00:20:03	00:04:01			VIGO
24	565	IGNACIO VARELA ÁLVAREZ		ABSM- 23	00:20:04	00:04:01		VIGOENTRENA	VIGO
25	530	DAVID FERNÁNDEZ NÚÑEZ		ABSM- 24	00:20:08	00:04:02	AG 10145	KELTIC VIGO	TUI
26	645	JOSE CARRERA		ABSM- 25	00:20:19	00:04:04			VIGO
27	549	ENRIQUE PÉREZ CONDE		ABSM- 26	00:20:22	00:04:05			VIGO
28	515	VICTOR DANIEL MARTINEZ REPRESAS		ABSM- 27	00:20:33	00:04:07			TUI
29	639	SIMON DOMINGUEZ FERNANDEZ		ABSM- 28	00:20:45	00:04:09			VIGO
30	613	JOSE LUIS DOMINGUEZ MOLARES		ABSM- 29	00:20:47	00:04:10			NIGRAN
31	538	MANUEL JESÚS RODRÍGUEZ FERNÁNDEZ		ABSM- 30	00:20:50	00:04:10			VIGO
32	612	LINO ESPÍÑEIRA CASTRO		ABSM- 31	00:20:52	00:04:11			PONTE CARREIRA
33	517	MANUEL FERNANDEZ COMESAÑA		ABSM- 32	00:20:55	00:04:11			NIGRÁN
34	589	JOSÉ MANUEL MIRANDA VIEITO		ABSM- 33	00:21:00	00:04:12		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	PORRIÑO
35	593	ELENA CONDE PAZOS	F- 2	ABSF- 2	00:21:12	00:04:15			VIGO
36	615	JORGE URBANO MARTÍNEZ		ABSM- 34	00:21:27	00:04:18		CLUBE ATLETISMO BURELA	OURENSE
37	507	ANA PAULA VILAR PALMA	F- 3	ABSF- 3	00:21:28	00:04:18	AG 763879	COMESAÑA SPORTING CLUB	GONDOMAR
38	514	DANIEL FERNÁNDEZ CERZÓN		ABSM- 35	00:21:31	00:04:19		VETERANOS DE SAMIL	GONDOMAR
39	560	SERGIO ACEVEDO PORTELA		ABSM- 36	00:21:36	00:04:20			EL ROSAL
40	616	CÉSAR A. BLANCO ARIAS		ABSM- 37	00:21:36	00:04:20			LUGO
41	619	YAGO DANIEL RIO PEREIRA		ABSM- 38	00:21:38	00:04:20		INDEPENDIENTE	FERROL
42	518	DANIEL CHAMORRO RODRIGUEZ		ABSM- 39	00:21:45	00:04:21			VIGO

43	567 ADRIÁN BANDE OTERO		ABSM- 40	00:21:57	00:04:24			VIGO
44	509 MARIA SANROMAN IGLESIAS	F- 4	ABSF- 4	00:22:08	00:04:26		ALTAFIT	DONOSTIA
45	655 LORENA COLLAZO FERNÁNDEZ	F- 5	ABSF- 5	00:22:11	00:04:27	AG3167	VETERANOS DE SAMIL	VIGO
46	516 JAVIER SALÓ BENITO		ABSM- 41	00:22:23	00:04:29			VIGO
47	559 LUIS MOSQUERA POMBO		ABSM- 42	00:22:35	00:04:31			SANTIAGO DE COMPOSTELA
48	520 MONCHO GARCIA MALGA		ABSM- 43	00:23:08	00:04:38		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
49	575 SILVERIO PUIME FERNANDEZ		ABSM- 44	00:23:20	00:04:40			GONDOMAR
50	617 YAGO RODRIGUEZ RODRIGUEZ		ABSM- 45	00:23:45	00:04:45	AG2028079	VETERANOS DE SAMIL	VIGO
51	628 ESTEBAN GIL ALVAREZ		ABSM- 46	00:23:46	00:04:46			VIGO
52	552 JAVIER PRADO CALVO		ABSM- 47	00:24:06	00:04:50		SD COMPOSTELA ATLETISMO	LUCI, TEO
53	519 ERICK GARCÍA MUGGIA		ABSM- 48	00:24:12	00:04:51			O ROSAL
54	571 JOSÉ LUIS ALONSO RORIS		ABSM- 49	00:24:16	00:04:52			MOS
55	553 NURIA MEJUTO	F- 6	ABSF- 6	00:24:16	00:04:52			SANTIAGO
56	625 JESUS MANUEL COUSILLAS DOURADO		ABSM- 50	00:24:33	00:04:55			LA CORUÑA
57	561 MARI CARMEN GONZÁLEZ SANTAMARINA	F- 7	ABSF- 7	00:24:36	00:04:56			TAPIA DE CASARIEGO
58	570 ENRIQUE DIZ DIOS		ABSM- 51	00:24:53	00:04:59			VIGO
59	564 JACOBO SOAGE LODEIRO		ABSM- 52	00:24:57	00:05:00		CAZAFANTASMAS TEAM	VIGO
60	650 NARCISO SAAVEDRA GONZÁLEZ		ABSM- 53	00:25:26	00:05:06		CONCELLO DE VIGO	VIGO
61	657 NATALIA SALGADO DA SILVA	F- 8	ABSF- 8	00:25:29	00:05:06		BURGAS ATLETISMO OURENSE	OURENSE
62	631 MARCOS AMOEDO COLLAZO		ABSM- 54	00:25:31	00:05:07		ESPARTAN@S CHIFLAF@S	VIGO
63	651 MANUEL SOUTO CORTIZO		ABSM- 55	00:25:39	00:05:08	A-6369	BURGAS ATLETISMO OURENSE	OURENSE
64	652 JOSE LUIS CABO BEN		ABSM- 56	00:25:50	00:05:10		BURGAS ATLETISMO OURENSE	OURENSE
65	170 MARIAM PEREIRA RODRIGUEZ	F- 9	ABSF- 9	00:25:58	00:05:12			NIGRAN
66	510 MARIA TERESA SORDO GARCIA	F- 10	ABSF- 10	00:26:15	00:05:15		CONCELLO DE VIGO	SALVATERRA DE MIÑO
67	546 MARCOS GONZALEZ CABALEIRO		ABSM- 57	00:26:24	00:05:17			REDONDELA
68	533 CRISTINA MINIÑO PIÑEIRO	F- 11	ABSF- 11	00:26:26	00:05:18		ATLETISMO BAIONA	BAIONA
69	532 ANA BARREIRO MARTÍNEZ	F- 12	ABSF- 12	00:26:26	00:05:18		ATLETISMO BAIONA	BAIONA
70	550 MARTINA JILEMNICKÁ	F- 13	ABSF- 13	00:26:39	00:05:20			BAIONA
71	521 OSCAR FERNÁNDEZ CERZÓN		ABSM- 58	00:27:13	00:05:27			GONDOMAR
72	623 RAFAEL RODRÍGUEZ VEIGA		ABSM- 59	00:27:14	00:05:27		CLUB MONTEPENARUBIA LUGO	LUGO
73	535 INES PROL SANJURJO	F- 14	ABSF- 14	00:27:31	00:05:31			NIGRAN
74	635 JORGE RODRIGUEZ PENA		ABSM- 60	00:27:39	00:05:32	AG 3496	C.A.R. MARISQUEIRO	VIGO
75	563 JUAN CARPINTERO VILA		ABSM- 61	00:28:04	00:05:37			PORRIÑO
76	527 PEDRO DIZ DIOS		ABSM- 62	00:28:05	00:05:37			CANGAS
77	582 BEGOÑA CASAS COEGO	F- 15	ABSF- 15	00:28:13	00:05:39			VIGO
78	531 CEFERINO SÁNCHEZ GESTIDO		ABSM- 63	00:28:33	00:05:43	GA769015	CLUB VETERANOS SAMIL	VIGO
79	580 OSCAR RODRÍGUEZ GIRALDEZ		ABSM- 64	00:28:56	00:05:48			O PORRIÑO
80	525 ALICIA DE COO DIZ	F- 16	ABSF- 16	00:29:25	00:05:53			VIGO
81	595 JUAN OROZCO		ABSM- 65	00:29:40	00:05:56	AG768333	ATLETISMO RIAZOR CORUÑA	A CORUÑA
82	523 DIEGO DE COO DIZ		ABSM- 66	00:29:44	00:05:57			VIGO
83	544 MARÍA CRISTINA COSTAS HERMIDA	F- 17	ABSF- 17	00:29:46	00:05:58			GONDOMAR
84	548 VERÓNICA GONZÁLEZ VALLES	F- 18	ABSF- 18	00:29:59	00:06:00			BAIONA
85	534 ANDREA COSTA DURÁN	F- 19	ABSF- 19	00:30:04	00:06:01			MOAÑA
86	528 FÁTIMA MARÍA MOYANO DE BEÇA	F- 20	ABSF- 20	00:30:09	00:06:02			O PORRIÑO
87	587 MAR FERNANDEZ FERNANDEZ	F- 21	ABSF- 21	00:30:14	00:06:03			NIGRAN
88	578 CESAR LÓPEZ PÉREZ		ABSM- 67	00:30:24	00:06:05			VIGO- CASTRELOS
89	98 SAMARA BERNÁRDEZ ABOLLO	F- 22	ABSF- 22	00:30:32	00:06:07			MONDARIZ

90	586	MARÍA DOLORES PÉREZ MÉNDEZ	F- 23	ABSF- 23	00:30:33	00:06:07			NIGRÁN
91	647	ELENA ALFAYA	F- 24	ABSF- 24	00:30:41	00:06:09			BAIONA
92	524	MARÍA DE COO DIZ	F- 25	ABSF- 25	00:31:28	00:06:18			VIGO
93	656	RALUCA MIHAELA POENAR	F- 26	ABSF- 26	00:31:31	00:06:19		NOSPORTLIMIT	ARTEIXO
94	636	BORJA SANTOS-DÍEZ		ABSM- 68	00:32:04	00:06:25	GA 768935	3&RUN CLUB DE CORREDORES BY PEDRO NIMO	BAIONA
95	556	CRISTINA RUA CASTRO	F- 27	ABSF- 27	00:32:18	00:06:28			SANTIAGO
96	602	JOSÉ CARLOS OTERO GONZÁLEZ		ABSM- 69	00:32:32	00:06:31		CAZAFANTASMAS TEAM	VIGO
97	536	ASUNCION OSSORIO TERRON	F- 28	ABSF- 28	00:33:02	00:06:37		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
98	572	PAULA SOENGAS SANTOS	F- 29	ABSF- 29	00:33:04	00:06:37			PORTOMARÍN
99	541	CAMILO RODRÍGUEZ GUTIÉRREZ		ABSM- 70	00:33:21	00:06:41			NIGRÁN
100	583	MARTA ABALASE SÁNCHEZ	F- 30	ABSF- 30	00:34:21	00:06:53			VIGO
101	526	NOEMÍ FERNANDEZ TEIJEIRO	F- 31	ABSF- 31	00:34:23	00:06:53			O PORRIÑO
102	622	JESUS BERNAL GOMEZ		ABSM- 71	00:34:53	00:06:59		INDEPENDIENTE	FERROL
103	540	CELESTE ALONSO PÉREZ	F- 32	ABSF- 32	00:36:27	00:07:18			BAIONA
104	591	JUDIT RAMOS EIRAL	F- 33	ABSF- 33	00:37:07	00:07:26			O ROSAL
105	592	MIGUEL TREINTA MIRANDA		ABSM- 72	00:37:09	00:07:26			O ROSAL
106	632	PURIFICACION SOUTO SANCHEZ	F- 34	ABSF- 34	00:37:29	00:07:30			MOS
107	648	SERGIO SOUTO PRADO		ABSM- 73	00:37:39	00:07:32			NIGRÁN

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# V NOCTURNA DE NIGRÁN H2K PLAZA 2021, Nigrán 12/06/2021

10K. Distancia: 10 km



Pto	Dorsal	Nombre	Sx	PtoCat	Tiempo	RitmoKm	KM5	Licencia	Club	Localidad
1	4	CARLOS ENRIQUE GUTIÉRREZ GONZÁLEZ		SNM- 1	00:33:16	00:03:20	00:16:30		RUNGALICIA-INTERSPORT	VIGO
2	5	RUBEN PEREIRA CARDALDA		VTAM- 1	00:33:32	00:03:22	00:16:30		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	GONDOMAR
3	209	JORDI CARRASCO NUÑEZ		VTAM- 2	00:34:12	00:03:26	00:16:52	GA83	MILER VINTAGE RUNNING CLUB	MORAÑA
4	210	PABLO CARNERO		SNM- 2	00:34:45	00:03:29	00:17:08	AG2028403	CLUB ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
5	202	DANIEL PEREZ LORENZO		VTAM- 3	00:34:49	00:03:29	00:17:19		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
6	212	PABLO SANTOS NUÑEZ		VTAM- 4	00:34:54	00:03:30	00:17:00		CLUB ATLETISMO CAMBADOS	VILANOVA DE AROUSA
7	211	MIGUEL MARZOA RÚIZ		VTAM- 5	00:34:56	00:03:30	00:17:02	AG768923	C.A.R. MARISQUEIRO	VIGO
8	16	XACOBE FONTÁN MARTÍNEZ		SNM- 3	00:35:15	00:03:32	00:17:26		S.D. BARBANTIA RODA	POBRA DO CARAMIÑAL
9	11	JOSÉ CARLOS FERREIRA GONZALEZ		VTAM- 6	00:35:18	00:03:32	00:17:20	AG2014229	VETERANOS DE SAMIL	A GUARDA
10	171	EMILIO DIZ CASTIÑEIRA		VTAM- 7	00:35:36	00:03:34	00:17:20			PORRIÑO
11	215	LUCAS POUSO VIDAL		VTAM- 8	00:35:37	00:03:34	00:17:22		C.A. CAMBADOS - SEGUROS NOVAL	VILANOVA DE AROUSA
12	207	JOSITO PÉREZ MISA		SNM- 4	00:35:44	00:03:35	00:17:20	GA-2024565	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	GONDOMAR
13	220	RAMÓN TRONCOSO SOBRINO		VTAM- 9	00:35:53	00:03:36	00:17:36		ATLETISMO PORRIÑO	VIGO
14	218	ROI MARTINEZ MARTIN		SNM- 5	00:36:01	00:03:37	00:17:41		TRIOURENSE	OURENSE
15	227	JAVIER CONDE GONZALVO		VTAM- 10	00:36:12	00:03:38	00:17:34		C.A.R. MARISQUEIRO	VIGO
16	338	FRANCISCO RAMÓN OUBIÑA DIOS		VTAM- 11	00:36:26	00:03:39	00:18:01		CLUB ATLETISMO CAMBADOS SEGUROS NOVAL	ILLA DE AROUSA
17	205	ROBERTO GARRIDO PEREIRA		SNM- 6	00:36:26	00:03:39	00:17:59	GA-769158	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	NIGRÁN
18	21	DAVID IGLESIAS OTERO		SNM- 7	00:36:45	00:03:41	00:17:57			VIGO
19	226	AITOR MONTERO BUJAN		SNM- 8	00:36:58	00:03:42	00:18:12		BOAVISTA TRAIL	VIGO
20	236	CARLOS SEÑORANS TOBIO		SNM- 9	00:37:00	00:03:42	00:18:34		CAMBADOS	PORTONOVO
21	206	MAXI OUBIÑA FALCON		SNM- 10	00:37:08	00:03:43	00:17:59		C.A. CAMBADOS - SEGUROS NOVAL	CAMBADOS
22	203	ISMAEL TABOAS CARRERA		SNM- 11	00:37:11	00:03:44	00:17:41	AG2026529	ATLETISMO PORRIÑO	SALCEDA DE CASELAS
23	234	CARMELO OUBIÑA DURAN		VTAM- 12	00:37:36	00:03:46	00:18:33		C.A CAMBADOS SEG.NOVAL	CAMBADOS
24	232	ANTONIO GROBA PÉREZ		VTAM- 13	00:37:52	00:03:48	00:18:21		CASTRELOS 20:30	PONTEAREAS
25	238	DAVID ALONSO PREGAL		SNM- 12	00:37:53	00:03:48	00:18:51		ATLETISMO PORRIÑO	SALCEDA DE CASELAS
26	168	RUBEN NÚÑEZ MOSTEIRO		SNM- 13	00:37:59	00:03:48	00:18:37		C.A.CAMBADOS SEGUROS NOVAL	CAMBADOS (SANTA MARIÑA) - 36630
27	14	MANUEL FERNÁNDEZ DE TORO		VTAM- 14	00:38:11	00:03:50	00:18:59			VIGO
28	204	JOSÉ ANTONIO ÁLVAREZ OTERO		VTAM- 15	00:38:23	00:03:51	00:18:11		SERVICIO	A GUARDA
29	17	CESAR ESTEVEZ ALVAREZ		VTAM- 16	00:38:25	00:03:51	00:18:59		CORREDORES FESTEIROS CENTRAL ELECTRICA SESTELO	MONDARIZ
30	235	MIGUEL ANGEL ALONSO ABALDE		VTAM- 17	00:38:29	00:03:51	00:18:51		ESPARTAN@S CHIFLAD@S	VIGO
31	20	JUAN SICILIA BARCI		VTBM- 1	00:38:32	00:03:52	00:19:05			CANGAS
32	243	JOSE MANUEL MORAIS DE LA IGLESIA		SNM- 14	00:38:33	00:03:52	00:18:52			SALCEDA DE CASELAS
33	208	JOSÉ JULIÁN BELTRÁN TABOADA		VTAM- 18	00:38:35	00:03:52	00:19:02		RUN PONTEVEDRA	PONTEVEDRA
34	237	JAVIER FERNÁNDEZ PÉREZ		SNM- 15	00:38:39	00:03:52	00:18:55			POIO
35	228	CRISTIAN DALAMA ALVAREZ		SNM- 16	00:38:41	00:03:53	00:18:51		A.D. LIMIACTIVA	XINZO DE LIMIA
36	230	NUNO MIGUEL SAMPAIO BARBOSA		SNM- 17	00:38:51	00:03:54	00:18:59		CICLISMO OLIVICO	VIGO
37	219	ALEJANDRO OTERO RAMÍREZ		SNM- 18	00:38:53	00:03:54	00:18:44			VIGO
38	22	JORGE ALBORES MIGUEZ		VTAM- 19	00:38:55	00:03:54	00:19:35			GONDOMAR
39	255	IAGO VARA ADRIO		VTAM- 20	00:38:57	00:03:54	00:19:32		SIRENO TRIATLON CLUB	NIGRÁN
40	216	ANDRES SUEIRO MENDEZ		VTAM- 21	00:39:03	00:03:55	00:18:39		C.A.CAMBADOS-SEG.NOVAL	MEAÑO
41	241	ELISEO FABELLO CID		VTAM- 22	00:39:12	00:03:56	00:19:22		CLUB OURENSE ATLETISMO	OURENSE
42	91	MARCOS FERNÁNDEZ MARCOS		VTAM- 23	00:39:19	00:03:56	00:19:22			TAPIA DE CASARIEGO
43	15	DIONISIO MUÑIZ GONZALEZ		VTAM- 24	00:39:26	00:03:57	00:19:36			CAMBADOS
44	106	CONSTANTE FERNANDEZ BLANCO		SNM- 19	00:39:28	00:03:57	00:19:36		CORREDORES FESTEIROS	MONDARIZ
45	167	ALBERTO AGÍS GRAÑA		VTAM- 25	00:39:31	00:03:58	00:19:54		CLUB CICLISMO TRIATLON POIO	SANXENXO
46	213	ANTOLÍN MARTÍNEZ MARTÍNEZ		SNM- 20	00:39:36	00:03:58	00:19:28		C.A.R. MARISQUEIRO	A GUARDA
47	221	MARTIN ESTEVEZ ESTEVEZ		VTAM- 26	00:39:41	00:03:59	00:19:34		CLUBE ATLETISMO "CORREDOIRAS - TORVIGO"	CANGAS DEL MORRAZO
48	279	CASIANO LEMOS FERNANDEZ		VTAM- 27	00:39:54	00:04:00	00:19:56			PORRIÑO
49	351	MICKAEL FARO MARTINEZ		SNM- 21	00:39:56	00:04:00	00:20:01		CORREDORES FESTEIROS	MONDARIZ
50	159	ISMAEL TEIJIZ VEIGA		SNM- 22	00:39:59	00:04:00	00:20:15			VIGO
51	224	DAVID GIRALDEZ CAMESELLA		SNM- 23	00:39:59	00:04:00	00:19:22			SABARÍS

52	245 MAURO BLANCO ALVAREZ	SNM- 24	00:40:04	00:04:01	00:19:40		GOIAN
53	258 XOSÉ MIGUEL CARBALLO GONZÁLEZ	VTBM- 2	00:40:21	00:04:03	00:19:52	TRIOURENSE	PEREIRO DE AGUIAR
54	260 JOSÉ MANUEL CID LONGUEIRA	VTAM- 28	00:40:22	00:04:03	00:19:48	AG2021211 CASTRELOS 20:30	REDONDELA
55	330 JOAQUÍN MINIÑO MARTÍNEZ	VTAM- 29	00:40:38	00:04:04	00:20:06	SERVICIO	BAIONA
56	34 BRAIS VÁZQUEZ ÁLVAREZ	SNM- 25	00:40:46	00:04:05	00:20:01		PONTEAREAS
57	247 OSCAR FANDIÑO GARCIA	VTAM- 30	00:40:47	00:04:05	00:19:57	ATLETISMO C.A CAMBADOS SEGUROS NOVAL	MEAÑO
58	280 ANGEL BELLO CID	SNM- 26	00:40:54	00:04:06	00:19:59		OURENSE
59	214 MARTÍN VALVERDE VILLAR	VTBM- 3	00:40:55	00:04:06	00:20:35		NIGRAN
60	239 FERNANDO POMBO FERREIRA	SNM- 27	00:40:58	00:04:06	00:19:36		VIGO
61	233 JAVIER DOPAZO LOUZAN	VTBM- 4	00:41:04	00:04:07	00:20:45	GA488 RUN PONTEVEDRA	PONTEVEDRA
62	246 LUIS ALBERTO DOMINGUEZ FERNANDEZ	VTAM- 31	00:41:04	00:04:07	00:20:02		OURENSE
63	341 JOSE ANTONIO DOMINGUEZ PEREIRA	VTAM- 32	00:41:16	00:04:08	00:20:25	TRAIL RUNNING NIGRAN	GONDOMAR
64	251 GERMÁN A. TIZÓN FREIRÍA	VTAM- 33	00:41:17	00:04:08	00:20:30	INDEPENDENTE	VIGO
65	12 FERNANDO BIANCHI ESTEBAN	SNM- 28	00:41:19	00:04:08	00:20:10	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
66	169 EVA PIÑEL LORENZO	F- 1 SNF- 1	00:41:32	00:04:10	00:20:35	CLUB ATLETISMO CERVANTES	A GUARDA
67	90 JESÚS RODRÍGUEZ GONZÁLEZ	SNM- 29	00:41:45	00:04:11	00:20:06		MONDARIZ
68	18 JESÚS PARDO JORGE	SNM- 30	00:41:55	00:04:12	00:19:02	TRINORTH	VIGO
69	118 JOSE DANIEL REY MALLO	SNM- 31	00:42:06	00:04:13	00:20:27	VIGOENTRENA	NIGRAN
70	261 BENIGNO BARREIRO BARREIRO	VTBM- 5	00:42:13	00:04:14	00:20:44	ATHLETICS AVENTURA XTREM	VIGO
71	24 OSCAR COUCE SENRA	VTAM- 34	00:42:16	00:04:14	00:21:19		VIGO
72	6 SONIA TEJEIRO FERRO	F- 2 VTAF- 1	00:42:25	00:04:15	00:20:46	BURGAS ATLETISMO OURENSE	OURENSE
73	244 PABLO PÉREZ	VTBM- 6	00:42:26	00:04:15	00:20:53	CLUB TRIATLÓN MAR DE VIGO	VIGO
74	145 FRANCISCO JOSÉ GIRALDEZ ÁLVAREZ	SNM- 32	00:42:27	00:04:15	00:20:41		VIGO
75	298 ÁLVARO CAROU GARCÍA	VTAM- 35	00:42:35	00:04:16	00:20:56	CLUB ATLETISMO CAMBADOS - SEGUROS NOVAL	VILAGARCÍA DE AROUSA
76	129 FAUSTINO GARCIA MIÑAN	VTAM- 36	00:42:45	00:04:17	00:20:26	ASOCIACIÓN DEPORTIVA C.A.R	PONTE SAMPAIO
77	345 SERGIO SOTO BUCETA	VTAM- 37	00:43:08	00:04:19	00:21:03	C.A. CAMBADOS	RIBADUMIA
78	254 BASILIO CAMIÑA UCHA	SNM- 33	00:43:24	00:04:21	00:21:10		MEAÑO
79	263 RUBÉN SALINAS MARTÍNEZ	SNM- 34	00:43:26	00:04:21	00:21:07	AS LEBRES DE OIA	OIA
80	287 FRANCISCO JAVIER ALVAREZ PEREZ	VTAM- 38	00:43:31	00:04:22	00:21:21	ARGONAUTAS	NIGRAN
81	274 ANTONIO BAAMONDE GONZÁLEZ	VTAM- 39	00:43:37	00:04:22	00:21:15	ESPARTAN@S CHIFLAD@S	VIGO
82	104 SERGIO RODRÍGUEZ COVELO	SNM- 35	00:43:56	00:04:24	00:21:26		
83	273 ÁLVARO DE PRADO VÁZQUEZ	VTBM- 7	00:44:00	00:04:24	00:21:56		GONDOMAR
84	144 EDUARDO AULAR FAJARDO REYES	VTAM- 40	00:44:02	00:04:25	00:22:21	ARGONAUTAS	NIGRÁN
85	65 PABLO RIAL ESTEVEZ	SNM- 36	00:44:07	00:04:25	00:21:31	ATLETISMO BAIONA	NIGRAN
86	140 ALEXANDRO LORENZO FERNANDEZ	SNM- 37	00:44:10	00:04:25	00:22:44		PEDROSA - CUALEDRO
87	257 JOSÉ MIGUEL FERNÁNDEZ CRUZ	SNM- 38	00:44:12	00:04:26	00:21:29	CLUB ATLETISMO PORRIÑO	SALCEDA DE CASELAS
88	143 DAVID GONZALEZ REY	VTAM- 41	00:44:24	00:04:27	00:21:56	S.A. VAL MIÑOR	GONDOMAR
89	285 SANDRA FERNÁNDEZ YÁÑEZ	F- 3 SNF- 2	00:44:24	00:04:27	00:21:58	FLUVIAL DE LUGO MONTE SEGADE	BALEIRA
90	152 JOSE TABOAS	VTBM- 8	00:44:25	00:04:27	00:21:48	C.A.R. MARISQUEIRO	ESPAÑA
91	335 MANUEL GONZALEZ LAIND	VTBM- 9	00:44:32	00:04:28	00:22:10		MARIN
92	63 NOEL EIRAS	SNM- 39	00:44:32	00:04:28	00:21:31		SALVATERRA DE MIÑO
93	303 MARTA CALVO SERRANO	F- 4 SNF- 3	00:44:42	00:04:29	00:22:06	VIGOENTRENA	VIGO
94	165 CARLOS MARTINEZ CABALEIRO	VTAM- 42	00:44:47	00:04:29	00:21:43	CLUB CAMINHANTES DO CONDADO	PONTEAREAS
95	141 JESUS CARRERA PADILLA	SNM- 40	00:44:49	00:04:29	00:22:45		XINZO DE LIMIA
96	123 JACOBO VALIÑO EIRO	VTAM- 43	00:44:51	00:04:30	00:22:17		PONTEAREAS
97	267 VICTORIANO SANLUIS LAGO	VTAM- 44	00:44:51	00:04:30	00:22:18		VIGO
98	256 ISAAC MARTÍNEZ CHOUZA	VTBM- 10	00:44:55	00:04:30	00:21:44		GONDOMAR
99	10 ANA ALONSO GARCÍA	F- 5 VTAF- 2	00:45:00	00:04:30	00:22:09	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
100	268 FEDERICO ANGUIA	SNM- 41	00:45:03	00:04:31	00:21:55	CAZAFANTASMAS TEAM	VIGO
101	138 HECTOR QUINTAIROS	SNM- 42	00:45:07	00:04:31	00:23:06		PARADA
102	288 RUBÉN POSE	SNM- 43	00:45:09	00:04:31	00:22:09	CLUB MONTEPENARUBIA LUGO	LUGO
103	33 PEDRO ALONSO VÁZQUEZ	VTAM- 45	00:45:10	00:04:31	00:21:31	CLUB DEPORTIVO PINARIUM	PONTEVEDRA
104	299 JOSÉ EDUARDO RODRÍGUEZ ALONSO	SNM- 44	00:45:11	00:04:32	00:21:55		VIGO
105	43 TOMÁS RODRÍGUEZ FERNÁNDEZ	VTAM- 46	00:45:13	00:04:32	00:22:32		O PORRIÑO
106	265 RAMÓN BAHAMONDE GONZÁLEZ	SNM- 45	00:45:14	00:04:32	00:21:53		NIGRÁN

107	282	JULIO MARRA QUINTAS		SNM- 46	00:45:20	00:04:32	00:22:04			XINZO DE LIMIA
108	28	MARTIN TRIGO ALVAREZ		SNM- 47	00:45:22	00:04:33	00:22:28			BAIONA
109	35	ROCÍO RODRÍGUEZ OLIVEIRA	F- 6	SNF- 4	00:45:29	00:04:33	00:22:32		ATHLETICS FISIOTERAPIA SAN LÁZARO	PORRIÑO
110	329	ALEJANDRO ALFAYA PEREIRA		SNM- 48	00:45:29	00:04:33	00:21:23			BAIONA
111	284	VÍCTOR FERNÁNDEZ ESTÉVEZ		SNM- 49	00:45:33	00:04:34	00:22:16		CAZAFANTASMAS TEAM	MOS
112	31	JOSE FERNANDO PEREIRA IGLESIAS		SNM- 50	00:45:34	00:04:34	00:22:28			BAIONA
113	286	MODESTO LUSQUIÑOS GARCIA		VTBM- 11	00:45:38	00:04:34	00:21:58			VIGO
114	85	SERGIO MINIÑO SOLLA		SNM- 51	00:45:41	00:04:35	00:21:39		BICICHUZADORES	SABARIS
115	86	IAGO MINIÑO SOLLA		SNM- 52	00:45:41	00:04:35	00:21:39		BICICHUZADORES	NIGRÁN
116	52	IGOR MARTÍNEZ DURANA		SNM- 53	00:45:43	00:04:35	00:22:13			NIGRAN
117	51	JOSÉ MANUEL RAMOS PENA		SNM- 54	00:45:51	00:04:36	00:22:16			XINZO DE LIMIA
118	292	ANTONIO DE LA CRUZ DE LA ROSA		VTBM- 12	00:46:06	00:04:37	00:22:19	AG9496	VETERANOS DE SAMIL	VIGO
119	139	MANUEL RODRIGUEZ RODRIGUEZ		SNM- 55	00:46:07	00:04:37	00:23:05			XINZO DE LIMIA
120	93	RICARDO JUSTE PEREZ		SNM- 56	00:46:08	00:04:37	00:22:38			NIGRAN
121	281	AMALIO GONZALEZ MARTINEZ		VTBM- 13	00:46:09	00:04:37	00:22:32		CAMINHANTES DO CONDADO	PORRIÑO
122	249	JOSE LUIS DOMINGUEZ MOLARES		SNM- 57	00:46:12	00:04:38	00:22:27			NIGRAN
123	302	FRANCISCO JAVIER FERNÁNDEZ FERNÁNDEZ		VTAM- 47	00:46:24	00:04:39	00:23:16			POIO
124	134	MARINA ALONSO ROMERO	F- 7	SNF- 5	00:46:24	00:04:39	00:23:20		CLUB DE ATLETISMO SALVATERRA	SALVATERRA DE MIÑO
125	334	BRIAN CORTIÑAS ALONSO		SNM- 58	00:46:24	00:04:39	00:22:53			PORRIÑO
126	336	JOSE HUMBERTO GALLIDORO DEL MONTE		VTBM- 14	00:46:30	00:04:39	00:22:58		CLUB TRIATLON VAO	BAIONA
127	350	ANTONIO COSTAS FERNANDEZ		VTAM- 48	00:46:38	00:04:40	00:23:00			VIGO
128	346	ANTONIO BARROSO GONZALEZ		VTBM- 15	00:46:39	00:04:40	00:23:30	GA769398	C.A.R. MARISQUEIRO	SAN CIPRIAN DE VIÑAS
129	50	ÁNGEL LAMAS AGUADO		VTAM- 49	00:46:41	00:04:41	00:22:57		FORESJANS RUNER	PONTEAREAS
130	136	DIEGO COSTAS BARCIA		SNM- 59	00:46:48	00:04:41	00:23:08			VIGO
131	49	OLALLA RODRIGUEZ RODRIGUEZ	F- 8	SNF- 6	00:46:49	00:04:41	00:22:56		TARTARUGAS	SANTIAGO DE COMPOSTELA
132	133	JOSE MANUEL FERNANDEZ GONZALEZ		SNM- 60	00:46:56	00:04:42	00:23:13			GONDOMAR
133	347	JOSE JAVIER RODRIGUEZ FDEZ		VTAM- 50	00:46:57	00:04:42	00:22:40			BAIONA
134	198	MARÍA RODRÍGUEZ GÓMEZ	F- 9	SNF- 7	00:46:59	00:04:42	00:23:35			LUGO
135	32	PEDRO FIRVIDA DIZ		VTBM- 16	00:47:01	00:04:43	00:23:04		VETERANOS DE SAMIL	VIGO
136	307	IRENE TABOAS CARRERA	F- 10	SNF- 8	00:47:11	00:04:44	00:23:14		ATLETISMO PORRIÑO	SALCEDA DE CASELAS
137	310	DANIEL GOCE CASTRO		SNM- 61	00:47:14	00:04:44	00:22:33			BAIONA
138	56	ALEJANDRO HERMIDA RODRIGUEZ		VTAM- 51	00:47:16	00:04:44	00:23:17			VIGO
139	111	IVÁN LAGO AREAL		VTAM- 52	00:47:20	00:04:44	00:23:51			PORRIÑO
140	149	JOSE MANUEL RODRÍGUEZ PÉREZ		VTAM- 53	00:47:25	00:04:45	00:23:08		S.A. VAL MIÑOR	MORGADÁNS, GONDOMAR
141	55	ALBERTO SÁNCHEZ ALONSO		VTAM- 54	00:47:27	00:04:45	00:22:33			VIGO
142	135	JUAN JOSE GARCIA DIAZ		VTAM- 55	00:47:31	00:04:46	00:23:45		ORIXES MONDARIZ	PONTEAREAS
143	200	DAVID GONZÁLEZ		VTAM- 56	00:47:41	00:04:47	00:23:58		MAIS QUE AUGA	VIGO
144	289	CLAUDIO VERA SANMARTIN		VTBM- 17	00:47:43	00:04:47	00:23:20		C.A. CAMBADOS - SEG. NOVAL	DENA-MEAÑO
145	276	ADRIÁN COMESAÑA CHAVERT		SNM- 62	00:47:45	00:04:47	00:21:56			VIGO
146	100	SOLEDAD LEIRO LÓPEZ	F- 11	VTAF- 3	00:47:46	00:04:47	00:23:59			SANXENXO
147	48	BERNARDINO GIRALDEZ DOMINGUEZ		VTAM- 57	00:47:49	00:04:47	00:23:04		FORESJANS RUNNERS	PONTEAREAS
148	130	JAVIER PAGÉS MACHO		VTAM- 58	00:47:51	00:04:48	00:23:59			PANXON
149	160	MARÍA VIDAL LINO	F- 12	SNF- 9	00:47:58	00:04:48	00:23:43			VIGO
150	38	ENRIQUE DAVIDÁ ESTÉVEZ		VTAM- 59	00:48:00	00:04:48	00:23:12		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
151	283	LORETO RODRIGUEZ MARTÍNEZ	F- 13	VTAF- 4	00:48:00	00:04:48	00:23:11			BAIONA
152	272	MARCOS BARANDELA CID		SNM- 63	00:48:06	00:04:49	00:24:02			OURENSE
153	101	HERCULANO CARDOSO		VTBM- 18	00:48:30	00:04:51	00:23:24			BRAGA
154	47	MODESTO COMESAÑA PEDRIDO		VTAM- 60	00:48:31	00:04:52	00:23:58	GA86	VETERANOS DE SAMIL	VIGO
155	119	MARCOS CABALEIRO BOUZON		VTAM- 61	00:48:42	00:04:53	00:24:04		INDIVIDUAL	REDONDELA
156	231	EUGENIO CHAMORRO RODRÍGUEZ		VTBM- 19	00:48:43	00:04:53	00:23:59		C.A.R. MARISQUEIRO	VIGO
157	71	ANGEL CARNERO PRADO		SNM- 64	00:48:45	00:04:53	00:23:34			BAIONA
158	64	LETICIA TRABAZOS RODRIGUEZ	F- 14	SNF- 10	00:48:47	00:04:53	00:23:34		CLUB ATLETISMO SALVATERRA	PANXON NIGRAN
159	89	HÉLDER FILIPE SILVA		SNM- 65	00:48:51	00:04:54	00:23:45		OZ-RUNNINGTEAM	ESPOSENDE
160	259	MANUEL FIDALGO IGLESIAS		VTBM- 20	00:48:58	00:04:54	00:23:54			VIGO
161	54	RAUL MENDEZ RODRIGUEZ		SNM- 66	00:49:00	00:04:54	00:23:21			XINZO DE LIMIA



162	103	RAQUEL ESTEVEZ ALONSO	F- 15	VTBF- 1	00:49:08	00:04:55	00:23:45			MARIN
163	8	MARIA DEL CARMEN COTOVAD MALVAR	F- 16	VTAF- 5	00:49:09	00:04:55	00:24:02		RUN PONTEVEDRA	PONTEVEDRA
164	306	BEATRIZ COMESAÑA SOUTO	F- 17	VTAF- 6	00:49:10	00:04:55	00:23:49	AG2027719	VETERANOS DE SAMIL	VIGO
165	337	OLGA PAZ SEÑORANS	F- 18	VTAF- 7	00:49:14	00:04:56	00:23:35		MONTEPENARUBIA LUGO	LUGO
166	74	PEDRO ARANDA PÉREZ		SNM- 67	00:49:17	00:04:56	00:24:03			VIGO
167	57	MANUEL VELOSO ESPIÑEIRA		VTAM- 62	00:49:19	00:04:56	00:23:43	AG9495	VETERANOS DE SAMIL	VIGO
168	293	LUCÍA MARTÍNEZ COMESAÑA	F- 19	VTAF- 8	00:49:20	00:04:56	00:24:01		C.A.R. MARISQUEIRO	VIGO
169	107	GABRIEL GOMEZ CELAYA		VTAM- 63	00:49:21	00:04:57	00:24:28			NIGRÁN
170	316	PAULA ÁLVAREZ GARCÍA	F- 20	VTAF- 9	00:49:23	00:04:57	00:24:37		MULLER EN FORMA	LUGO
171	99	CARLOTA VAZQUEZ COSTAS	F- 21	VTAF- 10	00:49:24	00:04:57	00:24:11		I HAVE A DREAM	VIGO
172	96	MARIA VILARIÑO TREINTA	F- 22	SNF- 11	00:49:24	00:04:57	00:24:11		I HAVE A DREAM MQA	TOMIÑO
173	271	JAVIER LOURIDO MARTÍNEZ		SNM- 68	00:49:30	00:04:57	00:23:14		AS VELLAS NON PARAMOS	SADA
174	97	LORENZO MARIÑO NOGUEIRA		VTAM- 64	00:49:33	00:04:58	00:23:03		ATLETISMO PORRIÑO	PONTEAREAS
175	108	ANGEL GUZMAN RODRIGUEZ		VTAM- 65	00:49:41	00:04:59	00:24:48			VIGO
176	105	RAFAEL DA ROCHA GUISANDE		VTBM- 21	00:49:42	00:04:59	00:24:25		SERVICIO	NIGRAN
177	59	ALBERTO ROCHA GUISANDE		VTBM- 22	00:49:44	00:04:59	00:24:14			VIGO
178	277	FERNANDO BIANCHI BUSTILLO		VTBM- 23	00:49:49	00:04:59	00:24:12		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
179	121	PAULA FERNÁNDEZ ALONSO	F- 23	SNF- 12	00:49:49	00:04:59	00:24:41		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
180	40	PINO LOPEZ REY		VTBM- 24	00:49:50	00:04:59	00:23:45			VIGO
181	142	ANDRÉS MARTÍNEZ LIMÉNS		SNM- 69	00:49:50	00:04:59	00:23:47			CUNTIS
182	354	JESUS COUTO LORENZO		VTBM- 25	00:49:52	00:05:00	00:24:17		S.A. VAL MIÑOR	GONDOMAR
183	126	MARCO SUAREZ		VTAM- 66	00:49:53	00:05:00	00:23:08			VIGO
184	128	FABIÁN LOMBA SOUTO		SNM- 70	00:49:53	00:05:00	00:24:38			A GUARDA
185	53	ANGELES MARTÍN	F- 24	SNF- 13	00:50:02	00:05:01	00:25:08			VIGO
186	339	EDUARDO VALEIJE ÁLVAREZ		VTBM- 26	00:50:02	00:05:01	00:24:51	AG2022497	VETERANOS DE SAMIL	CHAPELA
187	42	JAHENET AMIL PEREZ	F- 25	SNF- 14	00:50:04	00:05:01	00:24:39		CLUB ATLETISMO SALVATERRA	SALVATERRA DE MIÑO
188	41	ALBA LÓPEZ BOLÁS	F- 26	SNF- 15	00:50:12	00:05:02	00:24:36		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	REDONDELA
189	78	JOSE EUGENIO GARCIA VILLANUEVA		SNM- 71	00:50:18	00:05:02	00:24:42			VIGO
190	294	MACARENA FERREIRA ALVAREZ	F- 27	VTAF- 11	00:50:25	00:05:03	00:24:55		CASTRELOS 20:30	VIGO
191	67	ELÍAS PÉREZ ÁLVAREZ		SNM- 72	00:50:26	00:05:03	00:24:09		AAF	O ROSAL
192	278	LUCIA NOVOA GONZALEZ	F- 28	VTAF- 12	00:50:28	00:05:03	00:24:03		ATLETISMO PORRIÑO	PORRIÑO
193	163	RUBÉN COSTAS ESTÉVEZ		VTAM- 67	00:50:29	00:05:03	00:24:04			VIGO
194	36	JULIO CARPINTERO DOMINGUEZ		VTBM- 27	00:50:34	00:05:04	00:24:30	AG9494	VETERANOS DE SAMIL	VIGO
195	94	GUMERSINDA ABOLLO CENDÓN	F- 29	VTBF- 2	00:50:42	00:05:05	00:24:47			MONDARIZ
196	156	MÓNICA ARGUDIN ESTÉVEZ	F- 30	VTAF- 13	00:50:43	00:05:05	00:24:35		C.A.R. MARISQUEIRO	VIGO
197	352	JESÚS PÉREZ GARCÍA		VTBM- 28	00:50:45	00:05:05	00:25:08		CLUB ATLETISMO CAMBADOS	O GROVE
198	68	IGOR DE LAS HERAS LIÑERO		VTAM- 68	00:50:46	00:05:05	00:24:32			BAIONA
199	45	MIGUEL ANGEL CABALEIRO FERNANDEZ		SNM- 73	00:50:48	00:05:05	00:25:14		C.A.R. MARISQUEIRO	VIGO
200	147	RUBEN SIO ALVAREZ		VTAM- 69	00:50:58	00:05:06	00:21:46		S.A. VAL MIÑOR	GONDOMAR
201	322	MARTA FERREIRO OPAZO	F- 31	SNF- 16	00:50:58	00:05:06	00:25:00		A. D. LIMIACTIVA	XINZO DE LIMIA
202	340	RAFAEL FERNÁNDEZ FERNÁNDEZ		SNM- 74	00:50:59	00:05:06	00:24:59			REDONDELA
203	264	JOSE LUIS LOPEZ ALVAREZ		VTAM- 70	00:51:16	00:05:08	00:25:25	AG2015701	BOIMORTO	LEIRADO
204	2	ALBERTO GONZÁLEZ DE CASTRO		VTAM- 71	00:51:18	00:05:08	00:24:27		ADN RIAS BAIXAS	VIGO
205	148	ROBERTO GARCIA DE LA CRUZ		VTAM- 72	00:51:20	00:05:08	00:24:46			VIGO
206	317	ROSANA SILVIA NOGUERAS MEDIAVILLA	F- 32	VTAF- 14	00:51:29	00:05:09	00:25:12		ATLETISMO PORRIÑO	O PORRIÑO
207	158	ISABEL MARTINEZ COMESAÑA	F- 33	VTAF- 15	00:51:42	00:05:11	00:25:04		C. A. R. MARISQUEIRO	VIGO
208	26	SANTIAGO LEDO MARTINEZ		VTBM- 29	00:51:44	00:05:11	00:24:09			GONDOMAR
209	155	SANTIAGO FERNANDEZ GARCIA		VTAM- 73	00:51:58	00:05:12	00:25:00			VIGO
210	154	OSCAR LOPEZ FERNANDEZ		VTAM- 74	00:52:00	00:05:12	00:25:01			VIGO
211	153	MARCOS TRONCOSO PONTES		VTAM- 75	00:52:03	00:05:13	00:25:10		S.A. VAL MIÑOR	GONDOMAR
212	7	EVA MARIA GONZÁLEZ RODRÍGUEZ	F- 34	SNF- 17	00:52:27	00:05:15	00:25:30		S.A. VAL MIÑOR	VIGO
213	60	IRIA LAGARÓN JIMÉNEZ	F- 35	VTAF- 16	00:52:29	00:05:15	00:25:37		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
214	37	ALBERTO ALONSO LORENZO		SNM- 75	00:52:29	00:05:15	00:25:07		CLUB ATLETISMO SALVATERRA	SALVATERRA DE MIÑO
215	229	JOSE LUIS SIMOES FERNANDEZ		VTBM- 30	00:52:29	00:05:15	00:24:22		INDIVIDUAL	VIGO
216	308	THIERRY NOBLESSE		VTAM- 76	00:52:32	00:05:16	00:25:00		INDEPENDIENTE	VIGO

217	166	ALFONSO RUIZ LAGO		VTAM- 77	00:52:43	00:05:17	00:24:56	SENDA	VIGO
218	301	JOSÉ LUIS PASIN COUSIDO		VTBM- 31	00:52:48	00:05:17	00:25:56	CAC.CAMBADOS-NOVAL	SANXENXO
219	146	JENNIFER BASDEDIOS MARTINEZ	F- 36	SNF- 18	00:52:55	00:05:18	00:25:34	CLUB CAMBADOS	CAMBADOS
220	80	RICARDO GRAÑA PIÑEIRO		VTAM- 78	00:53:01	00:05:19	00:24:43		PONTEVEDRA
221	199	JACOBO LÓPEZ LÓPEZ		VTAM- 79	00:53:02	00:05:19	00:25:41		PORRIÑO
222	296	FERNANDA MARTIN AMOEDO	F- 37	VTBF- 3	00:53:04	00:05:19	00:25:20	S.A.VAL MIÑOR	GONDOMAR
223	312	Mª CARMEN CABALEIRO HERNÁNDEZ	F- 38	VTBF- 4	00:53:29	00:05:21	00:26:26	700 CAMISETAS ACADEMIA FONSECA	CORUJO VIGO
224	321	GABRIEL CAMACHO CASCAJO		VTAM- 80	00:53:38	00:05:22	00:25:43		O PORRIÑO
225	72	IAGO ORGE VALVERDE		SNM- 76	00:53:47	00:05:23	00:26:39		VIGO
226	76	BEGOÑA PÉREZ FONTENLA	F- 39	VTBF- 5	00:54:00	00:05:24	00:26:24	CAZAFANTASMAS TEAM	VIGO
227	131	ALBA GONZALEZ CASTRO	F- 40	SNF- 19	00:54:26	00:05:27	00:27:26	CLUB ATLETISMO SALVATERRA	SALVATERRA DE MIÑO
228	44	JOSE CARLOS SANTIAGO CAMERON-WALKER		VTBM- 32	00:54:28	00:05:27	00:25:02		VIGO
229	81	JOSEFA CARRERA SOUTELO	F- 41	VTBF- 6	00:54:58	00:05:30	00:26:59		SALCEDA DE CASELAS
230	319	FRANCISCO LUIS ROMERO ROJAS		VTAM- 81	00:55:04	00:05:31	00:27:01		LUGO
231	62	SONIA OUTOMURO MORALES	F- 42	SNF- 20	00:55:08	00:05:31	00:27:18		VIGO
232	315	ANDRES ALVAREZ HERNANDEZ		SNM- 77	00:55:11	00:05:32	00:26:49		GOIÁN
233	113	LETICIA ENRÍQUEZ ABOLLO	F- 43	SNF- 21	00:55:22	00:05:33	00:27:45		MONDARIZ
234	112	OSCAR PÉREZ LÓPEZ		VTAM- 82	00:55:40	00:05:34	00:26:40	CLUB ATLETISMO PORRIÑO	O PORRIÑO
235	77	TAREK SAAD		VTBM- 33	00:55:42	00:05:35	00:26:32		VIGO
236	58	JOSE LUIS VILLAVARDE SANISIDRO		VTAM- 83	00:55:43	00:05:35	00:26:19		TOMIÑO
237	73	ELENA MARÍA FIGUEROA COSTAS	F- 44	VTAF- 17	00:56:11	00:05:38	00:27:22		VIGO
238	320	DIEGO ALONSO OTERO		VTAM- 84	00:56:21	00:05:39	00:27:39	COMESAÑA SPORTING CLUB	VIGO
239	127	SUSANA CHAVERT SUAREZ	F- 45	VTBF- 7	00:56:30	00:05:39	00:27:55	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
240	157	JOSE BARROS FERNÁNDEZ		VTBM- 34	00:57:19	00:05:44	00:28:01		CALDAS DE REIS
241	217	MANUEL GARCÍA GARCÍA		VTAM- 85	00:57:32	00:05:46	00:27:03	CAR MARISQUEIRO	VIGO
242	342	CARMEN COSTAS RODRIGUEZ	F- 46	VTBF- 8	00:57:35	00:05:46	00:28:04	ATLETISMO BAIONA	BAIONA
243	122	BEATRIZ OTERO GONZÁLEZ	F- 47	VTAF- 18	00:57:53	00:05:48	00:26:54		VIGO
244	69	ANDREA GABIÁN GUERRA	F- 48	SNF- 22	00:58:28	00:05:51	00:27:28	C.A.R. MARISQUEIRO	VIGO
245	151	ALBA POMBAR GRAÑA	F- 49	SNF- 23	00:58:31	00:05:52	00:28:47		VIGO
246	120	PEDRO PÉREZ HERRANZ		VTAM- 86	00:58:36	00:05:52	00:28:39		VIGO
247	9	RAQUEL ZAPATA RODRIGUEZ	F- 50	VTAF- 19	00:58:39	00:05:52	00:28:11	C.A.R. MARISQUEIRO	VIGO
248	124	MARÍA PEITEADO SUÁREZ	F- 51	VTBF- 9	00:58:54	00:05:54	00:27:51	CLUBE ATLETISMO CAMBADOS SEGUROS NOVAL	CAMBADOS
249	150	ZOE FERREIRO GARCIA	F- 52	SNF- 24	00:58:54	00:05:54	00:28:47		VIGO
250	75	RAQUEL MIRAZ FERNANDEZ	F- 53	SNF- 25	00:59:02	00:05:55	00:27:58		VIGO
251	344	MONTSERRAT BARROS ALFAYA	F- 54	SNF- 26	00:59:09	00:05:55	00:28:39	TRIATLÓN MAR DE VIGO	VIGO
252	327	XOANA REGUEIRO FERNANDEZ	F- 55	VTAF- 20	00:59:48	00:05:59	00:29:47		VIGO
253	325	ANDREA OTERO ARIAS	F- 56	SNF- 27	00:59:53	00:06:00	00:28:24	CLUB MONTEPENARUBIA LUGO	LUGO
254	323	MANUEL JOSE RODRÍGUEZ TORNOS		VTAM- 87	01:00:02	00:06:01	00:29:29	TRIATLÓN MAR DE VIGO	VIGO
255	83	SANDRA CANEDA	F- 57	SNF- 28	01:00:03	00:06:01	00:28:58	CLUBE ATLETISMO CAMBADOS-SEG.NOVAL	MEAÑO
256	117	ROBERTO BERMEJO NUIÑ		SNM- 78	01:00:23	00:06:03	00:28:22		VIGO
257	137	LAURA PÉREZ LORENZO	F- 58	VTAF- 21	01:00:55	00:06:06	00:30:08		VIGO
258	333	ÁNGEL MARTÍNEZ PIÑEIRO		SNM- 79	01:02:01	00:06:13	00:30:01		VIGO
259	324	ANGELA SOLA BRAVO	F- 59	VTAF- 22	01:02:32	00:06:16	00:30:38		BAIONA
260	109	PATRICIA GARCÍA MONTERO	F- 60	VTAF- 23	01:02:35	00:06:16	00:30:40		OURENSE
261	79	IDOYA DURÁN POUSEU	F- 61	SNF- 29	01:02:51	00:06:18	00:29:52		BUEU
262	88	SOFÍA LUSQUIÑOS COELLO	F- 62	SNF- 30	01:04:54	00:06:30	00:31:17		VIGO
263	309	SAMUEL GÓMEZ ÁLVAREZ		VTAM- 88	01:05:22	00:06:33	00:33:27	BOX001 OURENSE RUN MANIAK	OURENSE
264	84	ALEJANDRA RODRÍGUEZ VILA	F- 63	VTAF- 24	01:07:31	00:06:46	00:32:40		VIGO
265	328	JOSÉ ANTONIO ESTÉVEZ GONZÁLEZ		VTAM- 89	01:12:27	00:07:15	00:34:08		VIGO
266	318	JESÚS BERNAL GÓMEZ		VTBM- 35	01:19:36	00:07:58	00:37:40	INDEPENDIENTE	FERROL