

ACTA DEL CAMPEONATO

100 m MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------------|-----|--|-------------------------|------|-------|-------|-------|
| Final 26/06/2021 17:31 Viento: +2.2 | | | | | | | |
| 1 | 3 | (f) Miguel Gomez Rodriguez Atmo. Samertolameu | 02/01/1982 GA14428 | M-35 | 7 | 11.08 | 91.88 |
| 2 | 6 | (t) Mario Taibo Castro CA Santiago | 25/07/1983 AG2021066 | M-35 | 3 | 12.64 | 79.41 |
| 3 | 2 | (f) Javier Llopis Pazo Club Atletismo Naron | 05/08/1974 GA768537 | M-45 | 4 | 12.96 | 82.43 |
| 4 | 4 | Jose Dario Nuñez Costas Atletica a Silva | 18/09/1970 GA2023395 | M-50 | 5 | 13.55 | 80.98 |
| 5 | 1 | Felix Cantua Guardiola Club Atletismo Sada | 01/10/1962 GA2023571 | M-55 | 6 | 13.71 | 84.23 |
| 6 | 5 | (t) Alberto Alonso Fernandez C.S.C.R. Beade | 11/12/1970 AG768599 | M-50 | 8 | 16.18 | 67.86 |

200 m MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------------|-----|---|-------------------------|------|-------|-------|-------|
| Final 26/06/2021 17:50 Viento: +1.9 | | | | | | | |
| 1 | 2 | Andres Garcia Barreiro Club Atletismo Naron | 29/09/1976 GA769220 | M-40 | 4 | 25.81 | 83.12 |
| 2 | 1 | Fernando Miguez Sanchez Club Atletismo Sada | 11/12/1968 GA765538 | M-50 | 5 | 26.44 | 85.93 |
| 3 | 6 | (t) Alfonso Lopez Menduiña CA Santiago | 11/06/1975 AG4132 | M-45 | 6 | 26.54 | 82.04 |
| 4 | 3 | Jose Luis Gonzalez Otero Atmo. Samertolameu | 06/07/1974 GA769045 | M-45 | 8 | 27.24 | 79.92 |
| 5 | 4 | (t) Eduardo Gonzalez Loureiro Atletica a Silva | 08/10/1960 AG2018150 | M-60 | 7 | 31.68 | 75.74 |
| 6 | 5 | Manuel Perez Pascual C.S.C.R. Beade | 26/08/1959 GA542 | M-60 | 3 | 50.14 | 48.17 |

400 m MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|------------------------|-----|---|-------------------------|------|-------|---------|-------|
| Final 26/06/2021 18:56 | | | | | | | |
| 1 | 2 | Andres Garcia Barreiro Club Atletismo Naron | 29/09/1976 GA769220 | M-40 | 7 | 57.58 | 82.51 |
| 2 | 6 | (t) Alfonso Lopez Menduiña CA Santiago | 11/06/1975 AG4132 | M-45 | 5 | 57.85 | 83.29 |
| 3 | 1 | Jacinto Parga Fernandez Club Atletismo Sada | 22/10/1969 GA2023474 | M-50 | 4 | 59.68 | 83.53 |
| 4 | 3 | Jose Luis Gonzalez Otero Atmo. Samertolameu | 06/07/1974 GA769045 | M-45 | 8 | 1:00.35 | 79.83 |
| 5 | 5 | (t) Luis Alberto Curras Abalde C.S.C.R. Beade | 27/05/1973 AG2024946 | M-45 | 6 | 1:02.98 | 77.55 |
| 6 | 4 | (t) Eduardo Gonzalez Loureiro Atletica a Silva | 08/10/1960 AG2018150 | M-60 | 3 | 1:10.59 | 74.91 |

800 m MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|------------------------|-----|---|-------------------------|------|-------|---------|-----------|
| Final 26/06/2021 17:37 | | | | | | | |
| 1 | 1 | Ivan Somoza Argibay Club Atletismo Sada | 13/07/1974 GA17624 | M-45 | 5 | 2:10.35 | 86.16 |
| 2 | 5 | (t) Luis Alberto Curras Abalde C.S.C.R. Beade | 27/05/1973 AG2024946 | M-45 | 3 | 2:20.87 | 81.12 |
| 3 | 3 | Marcos Castro Rodriguez Atmo. Samertolameu | 14/01/1975 GA769394 | M-45 | 7 | 2:22.27 | 78.94 |
| 4 | 6 | Joaquin Sanchez Leira CA Santiago | 31/05/1966 GA766240 | M-55 | 8 | 2:31.81 | 79.89 |
| 5 | 4 | (t) Antonio Jose Soto Rodriguez Atletica a Silva | 07/11/1974 AG2022320 | M-45 | 4 | 3:01.06 | 62.03 |
| | 2 | (t) Jose Pantin Lopez Club Atletismo Naron | 09/09/1946 AG12481 | M-70 | 6 | DS | RT 17.3.1 |

ACTA DEL CAMPEONATO

1500 m MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca | % |
|------------------------|-----|--|-------------------------|------|-------|---------|-------|
| Final 26/06/2021 19:10 | | | | | | | |
| 1 | 6 | Juan Pablo Fernandez Rodrigues CA Santiago | 30/08/1980 GA765406 | M-40 | 4 | 4:35.24 | 79.11 |
| 2 | 1 | Miguel Guillermo Parra Ameijide Club Atletismo Sada | 24/01/1982 GA461 | M-35 | 1 | 4:42.46 | 76.53 |
| 3 | 5 | (t) Francisco Javier Pena Pereira C.S.C.R. Beade | 24/09/1981 AG2027906 | M-35 | 3 | 4:50.67 | 74.36 |
| 4 | 3 | (f) Domingo Alvarez Rodriguez Atmo. Samertolameu | 30/04/1956 GA20367 | M-65 | 5 | 5:02.48 | 88.46 |
| 5 | 2 | Jose Gonzalez Bañobre Club Atletismo Naron | 07/03/1966 GA716922 | M-55 | 6 | 5:06.89 | 79.88 |
| 6 | 4 | (t) Alfonso Prego Fraga Atletica a Silva | 18/02/1971 AG12128 | M-50 | 2 | 6:12.83 | 63.11 |

3000 m MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca | % |
|------------------------|-----|--|-------------------------|------|-------|----------|-------|
| Final 26/06/2021 19:17 | | | | | | | |
| 1 | 2 | Esteban Diaz Pérez Club Atletismo Naron | 26/02/1981 GA34 | M-40 | 6 | 9:32.94 | 81.26 |
| 2 | 1 | Nicolas Fernando Bas Roth Club Atletismo Sada | 06/02/1985 GA71 | M-35 | 3 | 9:55.61 | 75.93 |
| 3 | 6 | (f) Xose Luis Otero Cepeda CA Santiago | 02/11/1951 GA7770 | M-65 | 5 | 11:24.36 | 86.86 |
| 4 | 3 | (t) Pablo Fervenza Entenza Atmo. Samertolameu | 20/05/1952 AG3500 | M-65 | 4 | 11:46.74 | 84.11 |
| 5 | 4 | (t) Pedro Rodríguez Sanjurjo Atletica a Silva | 27/01/1943 AG3811 | M-75 | 2 | 19:06.93 | 59.71 |
| | 5 | (t) Marcos Fernandez Monzon C.S.C.R. Beade | 31/05/1974 AG2024373 | M-45 | 1 | NP | |

100 m valos (0,838 m) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------------|-----|--|------------------------|------|-------|-------|-------|
| Final 26/06/2021 18:33 Viento: +2.2 | | | | | | | |
| 1 | 3 | Jose Manuel Guimerans Budifo Atmo. Samertolameu | 07/03/1958 GA766157 | M-60 | 5 | 21.92 | 68.46 |

100 m valos (0,914 m) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------------|-----|--|------------------------|------|-------|-------|-------|
| Final 26/06/2021 18:33 Viento: +2.2 | | | | | | | |
| 1 | 4 | Juan Manuel Bello Losada Atletica a Silva | 03/02/1970 GA768989 | M-50 | 8 | 17.36 | 77.35 |
| 2 | 5 | (f) Jose Luis Dominguez Gonzalez C.S.C.R. Beade | 01/09/1965 GA6651 | M-55 | 7 | 18.88 | 75.23 |

110 m valos (0,991 m) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------------|-----|--|-------------------------|------|-------|-------|-------|
| Final 26/06/2021 18:43 Viento: +1.5 | | | | | | | |
| 1 | 2 | Roberto Tuimil Parapar Club Atletismo Naron | 29/09/1974 GA3940 | M-45 | 1 | 18.12 | 78.32 |
| 2 | 6 | Manuel Martinez Paz CA Santiago | 04/08/1983 GA2023568 | M-35 | 3 | 19.22 | 68.34 |
| 3 | 1 | (f) Ángel Moldes Eiroa Club Atletismo Sada | 09/05/1975 GA32 | M-45 | 2 | 20.28 | 69.98 |

ACTA DEL CAMPEONATO

300 m valos (0,762 m) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|------------------------|-----|--|------------------------|------|-------|---------|-------|
| Final 26/06/2021 17:09 | | | | | | | |
| 1 | 3 | Jose Manuel Guimerans Budiño Atmo. Samertolameu | 07/03/1958 GA766157 | M-60 | 4 | 1:04.53 | 66.97 |

400 m valos (0,838 m) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|------------------------|-----|--|------------------------|------|-------|---------|-------|
| Final 26/06/2021 17:18 | | | | | | | |
| 1 | 6 | Jose Cabado Castro CA Santiago | 27/01/1968 GA764400 | M-50 | 4 | 1:08.40 | 85.54 |
| 2 | 4 | Alberto Vázquez Alonso Atletica a Silva | 10/12/1963 GA19674 | M-55 | 3 | 1:17.67 | 76.94 |

400 m valos (0,914 m) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|------------------------|-----|---|-------------------------|------|-------|---------|-------|
| Final 26/06/2021 17:18 | | | | | | | |
| 1 | 2 | (t) Javier Tuimil Calvo Club Atletismo Naron | 28/01/1976 AG2023538 | M-45 | 6 | 1:09.59 | 77.05 |
| 2 | 1 | Nicolas Fernando Bas Roth Club Atletismo Sada | 06/02/1985 GA71 | M-35 | 8 | 1:10.29 | 69.73 |
| 3 | 5 | (t) Francisco Javier Pena Pereira C.S.C.R. Beade | 24/09/1981 AG2027906 | M-35 | 7 | 1:16.44 | 66.13 |

3000 m obstáculos MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca | % |
|------------------------|-----|---|-------------------------|------|-------|----------|-------|
| Final 26/06/2021 19:45 | | | | | | | |
| 1 | 2 | Alvaro Prieto Ferverza Club Atletismo Naron | 09/02/1980 GA766117 | M-40 | 3 | 9:43.49 | 89.50 |
| 2 | 6 | Francisco Javier Campos Suárez CA Santiago | 29/04/1970 GA769035 | M-50 | 6 | 12:02.36 | 79.01 |
| 3 | 1 | (t) Jesus Alvarez Chinchilla Club Atletismo Sada | 04/09/1966 AG2021337 | M-50 | 1 | 12:11.58 | 80.01 |
| 4 | 5 | (t) Alberto Costas Pereira C.S.C.R. Beade | 21/12/1971 AG768601 | M-45 | 4 | 12:56.99 | 72.21 |
| 5 | 3 | David Abad Gregorio Atmo. Samertolameu | 28/05/1975 GA390 | M-45 | 5 | 13:08.28 | 69.33 |
| 6 | 4 | (t) Antonio Santos Mallo Atletica a Silva | 20/08/1965 AG2024888 | M-55 | 2 | 14:58.14 | 65.71 |

Altura MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca | % |
|------------------------|--------|---|-------------------------|----------|----------|--------|
| Final 26/06/2021 16:30 | | | | | | |
| 1 | 1 | Daniel Francisco Gimenez Iturralde Club Atletismo Sada | 15/09/1978 GA232 | M-40 | 1.66 | 76.41 |
| 1.51 | O/1.54 | -1.57 | O/1.60 | -1.63 | XXO/1.69 | XXX |
| 2 | 3 | Carlos Alvarez Sanmiguel Atmo. Samertolameu | 20/03/1968 GA769393 | M-50 | 1.66 | 85.77 |
| 1.45 | O/1.48 | -1.51 | O/1.54 | -1.57 | O/1.60 | O/1.66 |
| 3 | 6 | (e) (f) Massimo Lazzari CA Santiago | 12/10/1966 GA765808 | M-50 | 1.45 | 75.76 |
| 1.36 | O/1.39 | O/1.42 | O/1.45 | XXO/1.48 | XXX | |
| 4 | 2 | (t) Javier Tuimil Calvo Club Atletismo Naron | 28/01/1976 AG2023538 | M-45 | 1.36 | 64.53 |
| 1.25 | O/1.30 | O/1.33 | -1.36 | XXO/1.39 | XXX | |
| 5 | 5 | (t) Alberto Costas Pereira C.S.C.R. Beade | 21/12/1971 AG768601 | M-45 | 1.25 | 61.83 |
| 1.10 | O/1.15 | O/1.20 | O/1.25 | XO/1.30 | XXX | |
| 6 | 4 | (t) Carlos Vera Domínguez Atletica a Silva | 09/05/1967 AG2022321 | M-50 | 1.20 | 62.70 |
| 1.15 | O/1.20 | XO/1.25 | XXX | | | |

ACTA DEL CAMPEONATO

Pértega MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca | % |
|------------------------|----------|--|------------------------|------|-------|-------|
| Final 26/06/2021 17:50 | | | | | | |
| 1 | 4 | Juan Manuel Bello Losada Atletica a Silva | 03/02/1970 GA768989 | M-50 | 3.60 | 75.21 |
| 3.20 | O/3.40 | O/3.54 XXO/3.60 | O/3.70 | XXX | | |
| 2 | 1 | (f) Xulio Ventin Rivas Club Atletismo Sada | 25/11/1961 GA12350 | M-55 | 3.00 | 71.01 |
| 2.40 | O/2.60 | O/2.80 O/3.00 | O/3.10 | XX- | | |
| 3 | 6 | (f) David López Vilaríño CA Santiago | 29/08/1971 GA109 | M-45 | 2.80 | 56.83 |
| 2.60 | XO/2.80 | O/3.00 | XXX | | | |
| 4 | 2 | Roberto Tuimil Parapar Club Atletismo Naron | 29/09/1974 GA3940 | M-45 | 2.60 | 50.61 |
| 2.20 | O/2.40 | O/2.60 | O/2.80 | XXX | | |
| 5 | 5 | (f) Jose Luis Dominguez Gonzalez C.S.C.R. Beade | 01/09/1965 GA6651 | M-55 | 2.40 | 53.27 |
| 1.80 | O/2.00 | O/2.20 O/2.40 | XO/2.60 | XX- | | |
| 6 | 3 | Manuel Lemos Rodriguez Atmo. Samertolameu | 26/02/1977 GA391 | M-40 | 2.40 | 45.48 |
| 2.00 | XXO/2.20 | XXO/2.40 | XO/2.60 | XXX | | |

Lonxitude MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|---|------------------------|------|--------------|--------------|--------------|--------------|-------|-------|
| Final 26/06/2021 17:57 | | | | | | | | | | |
| 1 | 1 | Daniel Francisco Gimenez Iturralde Club Atletismo Sada | 15/09/1978 GA232 | M-40 | 5.73 +0.9 | 5.97 +0.1 | 5.91 +0.8 | X +1.7 | 5.97 | 75.86 |
| 2 | 2 | Jesús Ardao Rodeiro Club Atletismo Naron | 05/07/1976 GA769221 | M-40 | 4.66 +1.1 | - | - | 4.84 +0.7 | 4.84 | 62.98 |
| 3 | 3 | Carlos Alvarez Sanmiguel Atmo. Samertolameu | 20/03/1968 GA769393 | M-50 | 4.76 +1.5 | 4.82 +1.3 | 4.81 +1.4 | 4.76 +1.1 | 4.82 | 70.31 |
| 4 | 6 | (e) (f) Massimo Lazzari CA Santiago | 12/10/1966 GA765808 | M-50 | 4.40 +1.2 | X +1.2 | 4.55 +3.4 | X +2.3 | 4.55 | 67.28 |
| 5 | 4 | (t) J. manuel Núñez Sánchez Atletica a Silva | 09/10/1967 AG10069 | M-50 | 4.19 +2.9 | X +1.7 | 4.30 +3.0 | 4.42 +1.1 | 4.42 | 64.48 |
| 6 | 5 | (t) Roberto Fernandez Paredes C.S.C.R. Beade | 04/06/1975 AG768600 | M-45 | 3.83 +1.6 | 3.50 +2.0 | 4.00 +1.7 | 3.84 +1.3 | 4.00 | 53.33 |

Triplo salto MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|-------------------------|------|---------------|---------------|---------------|---------------|-------|-------|
| Final 26/06/2021 19:03 | | | | | | | | | | |
| 1 | 6 | Manuel Martinez Paz CA Santiago | 04/08/1983 GA2023568 | M-35 | 11.64 +1.0 | 12.22 +1.6 | 12.15 +3.0 | 11.96 +3.4 | 12.22 | 69.20 |
| 2 | 1 | Fernando Miguez Sanchez Club Atletismo Sada | 11/12/1968 GA765538 | M-50 | 10.70 +1.5 | 10.56 +2.4 | 10.83 +1.4 | 10.84 +3.4 | 10.84 | 73.94 |
| 3 | 2 | Jesús Ardao Rodeiro Club Atletismo Naron | 05/07/1976 GA769221 | M-40 | X +1.9 | 10.29 +1.9 | - | - | 10.29 | 63.29 |
| 4 | 4 | Alberto Vázquez Alonso Atletica a Silva | 10/12/1963 GA19674 | M-55 | X +1.4 | 10.09 +1.4 | 10.02 +3.3 | 10.25 +3.6 | 10.25 | 75.06 |
| 5 | 3 | (t) Marcos Fernandez Alvarez Atmo. Samertolameu | 10/08/1973 AG766519 | M-45 | 8.41 +0.7 | 8.44 +1.9 | 8.45 +2.1 | 8.68 +2.8 | 8.68 | 55.43 |
| 6 | 5 | (t) Nicolas Otero Martinez C.S.C.R. Beade | 03/10/1982 AG2027905 | M-35 | 7.04 +0.2 | 7.20 +0.6 | X +2.5 | X | 7.20 | 41.24 |

Peso (5,00 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 16:30 | | | | | | | | | | |
| 1 | 4 | (t) Jose Fraga Caamaño Atletica a Silva | 08/04/1961 AG10068 | M-60 | 11.49 | 11.26 | 10.44 | 10.74 | 11.49 | 63.13 |
| 2 | 1 | Jorge Lopez Vian Club Atletismo Sada | 07/12/1960 GA769168 | M-60 | 9.80 | 9.86 | 9.83 | 10.09 | 10.09 | 55.44 |

ACTA DEL CAMPEONATO

Peso (6kg) MASC. AL

| Pto | Dor | Nombre Club | F de Nac Lic | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|---|---------------------|------|------|------|------|-------|-------|
| Final 26/06/2021 16:30 | | | | | | | | | |
| 1 | 5 | (f) Ramon Valdivieso Bernal C.S.C.R. Beade | 11/06/1971 GA176 | 9.20 | 9.45 | 9.99 | 9.39 | 9.99 | 49.55 |

Peso (7,26 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|-------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 16:30 | | | | | | | | | | |
| 1 | 3 | (f) Fernando Paredes Fernandez Atmo. Samertolameu | 20/01/1975 GA10741 | M-45 | 12.14 | 12.20 | 12.84 | X | 12.84 | 63.09 |
| 2 | 2 | (t) Santiago Arnos López Club Atletismo Naron | 26/07/1975 AG2023537 | M-45 | 10.99 | 11.27 | 11.06 | 10.61 | 11.27 | 54.26 |
| 3 | 6 | Santiago Ferreiro Marzoa CA Santiago | 15/05/1983 GA769336 | M-35 | 9.59 | 9.66 | 9.48 | X | 9.66 | 42.45 |

Disco (1,00 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|---|----------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 19:33 | | | | | | | | | | |
| 1 | 2 | Carlos Ferrer Moreira Club Atletismo Naron | 05/10/1959 GA1120 | M-60 | 41.46 | 39.06 | 38.91 | 38.96 | 41.46 | 64.18 |

Disco (1,50 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|---|------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 19:33 | | | | | | | | | | |
| 1 | 3 | Javier Viteri Fernandez Atmo. Samertolameu | 22/06/1962 GA765295 | M-55 | 32.24 | 32.04 | X | X | 32.24 | 52.99 |
| 2 | 4 | (t) J. manuel Núñez Sánchez Atletica a Silva | 09/10/1967 AG10069 | M-50 | 29.67 | 28.28 | 28.80 | 27.94 | 29.67 | 42.33 |

Disco (2,00 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|-------------------------|------|-------|---|-------|-------|-------|-------|
| Final 26/06/2021 19:33 | | | | | | | | | | |
| 1 | 1 | Manuel Penas Roibas Club Atletismo Sada | 26/02/1973 GA75 | M-45 | 35.66 | X | 34.19 | 33.72 | 35.66 | 52.52 |
| 2 | 5 | (t) Nicolas Otero Martinez C.S.C.R. Beade | 03/10/1982 AG2027905 | M-35 | 16.97 | X | 13.23 | X | 16.97 | 22.91 |
| 3 | 6 | (t) Agustin Civeira Dobarro CA Santiago | 30/08/1978 AG765493 | M-40 | 16.36 | X | 16.86 | X | 16.86 | 22.98 |

Martelo (4,00 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|-----------------------|------|-------|---|-------|-------|-------|-------|
| Final 26/06/2021 17:15 | | | | | | | | | | |
| 1 | 3 | (f) Manuel Rodriguez Rodriguez Atmo. Samertolameu | 25/06/1948 GA19998 | M-70 | 28.07 | X | 28.19 | 29.97 | 29.97 | 60.80 |

Martelo (5,00 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|-----------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 17:15 | | | | | | | | | | |
| 1 | 4 | (t) Jose Fraga Caamaño Atletica a Silva | 08/04/1961 AG10068 | M-60 | 24.01 | 22.29 | 21.82 | 22.38 | 24.01 | 38.91 |

ACTA DEL CAMPEONATO

Martelo (6,00 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|-------------------------------|-----|---|-------------------------|------|-------|-------|-------|---|-------|-------|
| Final 26/06/2021 17:15 | | | | | | | | | | |
| 1 | 2 | Jorge Rodriguez Vazquez Club Atletismo Naron | 12/02/1967 GA2023321 | M-50 | X | 37.14 | X | X | 37.14 | 54.38 |
| 2 | 5 | (f) Ramon Valdivieso Bernal C.S.C.R. Beade | 11/06/1971 GA176 | M-50 | 17.66 | 16.81 | 19.33 | X | 19.33 | 25.98 |

Martelo (7,26 kg) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|-------------------------------|-----|---|------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 17:15 | | | | | | | | | | |
| 1 | 1 | (f) Juan Manuel Barbosa Diaz Club Atletismo Sada | 18/04/1975 GA8310 | M-45 | 45.51 | 46.07 | X | 46.35 | 46.35 | 64.55 |
| 2 | 6 | Santiago Ferreiro Marzoa CA Santiago | 15/05/1983 GA769336 | M-35 | 40.72 | 40.43 | 38.89 | 40.50 | 40.72 | 49.12 |

Xavelina (700 g) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|-------------------------------|-----|---|------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 18:43 | | | | | | | | | | |
| 1 | 3 | Javier Viteri Fernandez Atmo. Samertolameu | 22/06/1962 GA765295 | M-55 | 35.97 | 37.75 | 38.29 | X | 38.29 | 59.38 |
| 2 | 1 | (f) Xulio Ventin Rivas Club Atletismo Sada | 25/11/1961 GA12350 | M-55 | 36.75 | 36.15 | 35.89 | 32.78 | 36.75 | 56.99 |

Xavelina (800 g) MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|-------------------------------|-----|---|-------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 18:43 | | | | | | | | | | |
| 1 | 4 | Jose Dominguez Caballero Atletica a Silva | 09/03/1972 GA19000 | M-45 | 38.55 | 39.71 | 37.62 | 36.49 | 39.71 | 53.31 |
| 2 | 5 | (t) Roberto Fernandez Paredes C.S.C.R. Beade | 04/06/1975 AG768600 | M-45 | 32.74 | 30.36 | 32.27 | X | 32.74 | 41.57 |
| 3 | 6 | (t) Mario Taibo Castro CA Santiago | 25/07/1983 AG2021066 | M-35 | 22.85 | 25.08 | X | 19.55 | 25.08 | 27.40 |
| 4 | 2 | (t) Eugenio David Romero Corbacho Club Atletismo Naron | 13/07/1971 AG2024859 | M-45 | 12.38 | X | 22.28 | 23.84 | 23.84 | 32.00 |

3000 m marcha MASC.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca | % |
|-------------------------------|-----|---|------------------------|------|----------|--------------------------|
| Final 26/06/2021 20:10 | | | | | | |
| 1 | 2 | Manuel Polo Gundin Club Atletismo Naron | 26/02/1973 GA769455 | M-45 | 14:13.37 | 83.30 |
| 2 | 6 | Francisco Javier Campos Suárez CA Santiago | 29/04/1970 GA769035 | M-50 | 22:15.36 | 54.59 |
| 3 | 4 | Jose Dominguez Caballero Atletica a Silva | 09/03/1972 GA19000 | M-45 | 23:35.39 | 50.64 |
| 4 | 1 | Jorge Lopez Vian Club Atletismo Sada | 07/12/1960 GA769168 | M-60 | 30:01.87 | 43.91 >> |
| | 3 | Javier Pena Gonzalez Atmo. Samertolameu | 09/05/1970 GA765297 | M-50 | DS | >>> RF 54.7.5 |

ACTA DEL CAMPEONATO

4 × 100 m MASC.

| Pto | Dor | Equipo Relevistas | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------|-----|-------------------------------------|-----------------------|------|-------|-------|---|
| Final 26/06/2021 20:38 | | | | | | | |
| 1 | 3 | Atmo. Samertolameu | | M-35 | 4 | 53.29 | |
| | | 3 Said Leiros Rios | 22/08/1984 GA769390 | M-35 | | | |
| | | 3 Manuel Lemos Rodriguez | 26/02/1977 GA391M-40 | | | | |
| | | 3 Marcos Castro Rodríguez | 14/01/1975 GA769394 | M-45 | | | |
| | | 3 (t) Marcos Fernandez Alvarez | 10/08/1973 AG766510 | M-45 | | | |
| 2 | 4 | Atlética A Silva | | | 6 | 53.70 | |
| | | 4 (t) Antonio Santos Mallo | 20/08/1965 AG202480 | M-55 | | | |
| | | 4 (t) Antonio Jose Soto Rodriguez | 07/11/1974 AG202230 | M-45 | | | |
| | | 4 Basilio Bernardez Rodriguez | 21/04/1973 GA8434M-45 | | | | |
| | | 4 Jose Dario Nuñez Costas | 18/09/1970 GA202330 | M-50 | | | |
| 3 | 1 | Club Atletismo Sada | | M-35 | 8 | 54.07 | |
| | | 1 Felix Cantua Guardiola | 01/10/1962 GA202350 | M-55 | | | |
| | | 1 Jacinto Parga Fernandez | 22/10/1969 GA202340 | M-50 | | | |
| | | 1 Miguel Guillermo Parra Ameijide | 24/01/1982 GA461M-35 | | | | |
| | | 1 Julio Escalante Diego | 16/10/1958 GA76941 | M-60 | | | |
| 4 | 2 | Club Atletismo Naron | | M-35 | 5 | 54.37 | |
| | | 2 Miguel Soto Castiñeira | 29/03/1985 GA76870 | M-35 | | | |
| | | 2 (f) Javier Llopis Pazo | 05/08/1974 GA76853 | M-45 | | | |
| | | 2 (t) Eugenio David Romero Corbacho | 13/07/1971 AG202480 | M-45 | | | |
| | | 2 (t) Santiago Arnos López | 26/07/1975 AG202350 | M-45 | | | |
| | 6 | CA Santiago | | M-55 | 3 | NP | |
| | 5 | CSCR Beade | | | 7 | NP | |

ACTA DEL CAMPEONATO

4 × 400 m MASC.

| Pto | Dor | Equipo Relevistas | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------|-----|---|-------------------------|------|-------|----------------|---|
| Final 26/06/2021 20:53 | | | | | | | |
| 1 | 3 | Atmo. Samertolameu | | M-35 | 3 | 4:08.82 | |
| | | 3 Said Leiros Rios | 22/08/1984 GA769390-35 | | | | |
| | | 3 (t) Manuel Alejandro Parada Rodriguez | 20/09/1972 AG2014057-45 | | | | |
| | | 3 (t) Alberto Barcia Pidre | 04/01/1976 GA769390-45 | | | | |
| | | 3 (t) Raul Corrales Marcos | 02/09/1981 AG2022854-35 | | | | |
| 2 | 6 | CA Santiago | | M-55 | 5 | 4:19.76 | |
| | | 6 Jose Cabado Castro | 27/01/1968 GA764400-50 | | | | |
| | | 6 Juan Pablo Fernandez Rodrigues | 30/08/1980 GA765400-40 | | | | |
| | | 6 Joaquin Sanchez Leira | 31/05/1966 GA766240-55 | | | | |
| | | 6 (t) Agustin Civeira Dobarro | 30/08/1978 AG765490-40 | | | | |
| 3 | 1 | Club Atletismo Sada | | M-35 | 4 | 4:35.36 | |
| | | 1 Ivan Somoza Argibay | 13/07/1974 GA1762M-45 | | | | |
| | | 1 (t) Jesus Alvarez Chinchilla | 04/09/1966 AG2021307-50 | | | | |
| | | 1 (t) Jesús Santaya Arufe | 07/07/1969 AG3190M-50 | | | | |
| | | 1 Julio Escalante Diego | 16/10/1958 GA76941M-60 | | | | |
| 4 | 2 | Club Atletismo Naron | | M-35 | 6 | 4:41.43 | |
| | | 2 Esteban Diaz Pérez | 26/02/1981 GA34 M-40 | | | | |
| | | 2 Jose Gonzalez Bañobre | 07/03/1966 GA716920-55 | | | | |
| | | 2 (t) Jose Pantin Lopez | 09/09/1946 AG1248M-70 | | | | |
| | | 2 Alvaro Prieto Fervenza | 09/02/1980 GA7661M-40 | | | | |
| | 4 | Atlética A Silva | | | 8 | NP | |
| | 5 | CSCR Beade | | | 7 | NP | |

100 m FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|--|-----|--|-------------------------|------|-------|--------------|--------------|
| Final 26/06/2021 17:25 Viento: +2.7 | | | | | | | |
| 1 | 103 | Goretti Diaz Cristobal Atmo. Samertolameu | 09/11/1978 GA17 | W-40 | 7 | 13.77 | 81.56 |
| 2 | 104 | Maria Isabel Fernandez Bello Atletica a Silva | 14/05/1973 GA765563 | W-45 | 3 | 14.40 | 83.33 |
| 3 | 101 | Montserrat Fernandez Ramos Club Atletismo Sada | 06/11/1968 GA765537 | W-50 | 6 | 14.42 | 86.80 |
| 4 | 102 | (f) M ^a Purificación Cariñena Amigo Club Atletismo Naron | 23/04/1972 GA2023442 | W-45 | 4 | 14.93 | 81.26 |
| 5 | 105 | (t) Cristina Conde Rodríguez CD La Purisima | 18/10/1977 AG9946 | W-40 | 5 | 16.31 | 69.66 |

ACTA DEL CAMPEONATO

200 m FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|--|-----|---|-------------------------|------|-------|-------|-------|
| Final 26/06/2021 17:57 Viento: +0.6 | | | | | | | |
| 1 | 104 | María Del Carmen Araujo Cores Atletica a Silva | 14/01/1977 GA2023322 | W-40 | 7 | 28.84 | 82.30 |
| 2 | 101 | M ^a Nieves Vazquez Novo Club Atletismo Sada | 01/07/1972 GA768822 | W-45 | 5 | 29.95 | 83.04 |
| 3 | 103 | Rosa Ana Santos Rios Atmo. Samertolameu | 25/05/1968 GA766115 | W-50 | 6 | 30.86 | 85.20 |
| 4 | 102 | Silvia Lopez Garcia Club Atletismo Naron | 08/04/1981 GA436 | W-40 | 3 | 33.64 | 67.23 |
| 5 | 105 | (t) Nuria Jones Romero CD La Purisima | 17/04/1968 AG2015179 | W-50 | 4 | 34.39 | 76.45 |

400 m FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------|-----|--|-------------------------|------|-------|---------|-------|
| Final 26/06/2021 18:49 | | | | | | | |
| 1 | 103 | Marta Garcia Sotelo Atmo. Samertolameu | 18/08/1975 GA766156 | W-45 | 3 | 1:08.18 | 81.15 |
| 2 | 101 | (t) Silvia Seoane Rodriguez Club Atletismo Sada | 15/04/1977 AG9413 | W-40 | 4 | 1:08.80 | 79.57 |
| 3 | 102 | Rebeca Soto Viñas Club Atletismo Naron | 07/02/1976 GA769219 | W-45 | 6 | 1:12.67 | 76.14 |
| 4 | 104 | María Isabel Fernandez Bello Atletica a Silva | 14/05/1973 GA765563 | W-45 | 7 | 1:14.64 | 76.36 |
| 5 | 105 | (t) Manuela Rodriguez Rodriguez CD La Purisima | 12/09/1965 AG2023430 | W-55 | 5 | 1:18.27 | 77.91 |

800 m FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------|-----|---|-------------------------|------|-------|---------|-------|
| Final 26/06/2021 17:43 | | | | | | | |
| 1 | 102 | Rebeca Soto Viñas Club Atletismo Naron | 07/02/1976 GA769219 | W-45 | 7 | 2:40.22 | 76.00 |
| 2 | 101 | Noelia Papin Estevez Club Atletismo Sada | 30/12/1974 GA765857 | W-45 | 3 | 2:43.07 | 75.29 |
| 3 | 103 | (f) Luz Maria Dominguez Roman Atmo. Samertolameu | 27/04/1962 GA840 | W-55 | 4 | 2:44.74 | 87.19 |
| 4 | 105 | (t) Lorena Gómez Pérez CD La Purisima | 03/11/1985 AG2026599 | W-35 | 5 | 2:53.45 | 65.31 |
| 5 | 104 | (t) Isabel Gende Couto Atletica a Silva | 09/05/1965 AG3166 | W-55 | 6 | 3:41.01 | 62.21 |

1500 m FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca | % |
|-------------------------------|-----|---|-------------------------|------|-------|---------|-------|
| Final 26/06/2021 19:03 | | | | | | | |
| 1 | 101 | Ines Papin Estevez Club Atletismo Sada | 05/12/1969 GA765817 | W-50 | 4 | 5:30.66 | 84.73 |
| 2 | 103 | (t) María Del Rosario Figueroa Figueroa Atmo. Samertolameu | 31/08/1981 GA9000 | W-35 | 3 | 5:36.92 | 72.27 |
| 3 | 105 | (t) María Jesús Espinosa Menor CD La Purisima | 31/10/1968 AG9866 | W-50 | 1 | 6:21.31 | 74.44 |
| 4 | 102 | (t) María Luisa Garcia Martinez Club Atletismo Naron | 21/04/1973 AG2027196 | W-45 | 2 | 8:20.67 | 53.88 |
| 5 | 104 | María Del Carmen Jueguen Lago Atletica a Silva | 29/11/1973 GA197 | W-45 | 5 | 8:21.47 | 53.14 |

ACTA DEL CAMPEONATO

3000 m FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca | % |
|------------------------|-----|--|-------------------------|------|-------|----------|-------|
| Final 26/06/2021 19:17 | | | | | | | |
| 1 | 103 | (f) Maria Teresa Castro Villaverde Atmo. Samertolameu | 04/07/1968 GA764774 | W-50 | 3 | 11:47.64 | 85.27 |
| 2 | 101 | (t) Natalia Garcia Sanchez Club Atletismo Sada | 07/03/1977 AG2022429 | W-40 | 1 | 11:54.38 | 76.46 |
| 3 | 104 | María Del Carmen Araujo Cores Atletica a Silva | 14/01/1977 GA2023322 | W-40 | 5 | 12:49.61 | 70.97 |
| 4 | 105 | (t) Manuela Rodriguez Rodriguez CD La Purisima | 12/09/1965 AG2023430 | W-55 | 4 | 13:00.82 | 80.43 |
| 5 | 102 | (t) Maria Del Rocío Rolán García Club Atletismo Naron | 20/06/1976 AG2027899 | W-45 | 2 | 13:43.46 | 67.13 |

80 m valos (0,762 m) FEM. 40-49

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------------|-----|--|-------------------------|------|-------|-------|-------|
| Final 26/06/2021 18:15 Viento: +2.4 | | | | | | | |
| 1 | 102 | (f) Mª Purificación Cariñena Amigo Club Atletismo Naron | 23/04/1972 GA2023442 | W-45 | 7 | 17.62 | 69.38 |
| 2 | 104 | (t) Lucia Doval Sanchez Atletica a Silva | 07/03/1974 AG10067 | W-45 | 6 | 17.65 | 67.90 |
| 3 | 105 | (t) Sandra López Calvo CD La Purisima | 05/06/1981 AG10942 | W-40 | 5 | 18.61 | 59.95 |
| 4 | 101 | Raquel Armesto Pinedo Club Atletismo Sada | 31/12/1975 GA769052 | W-45 | 4 | 18.85 | 62.38 |

80 m valos (0,762 m) FEM. 50-59

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------------|-----|--|------------------------|------|-------|-------|-------|
| Final 26/06/2021 18:15 Viento: +2.4 | | | | | | | |
| 1 | 103 | Mª De Los Angeles Bernardes Gonzalez Atmo. Samertolameu | 03/04/1969 GA765237 | W-50 | 2 | 16.34 | 72.66 |

300 m valos (0,762 m) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|------------------------|-----|--|------------------------|------|-------|-------|-------|
| Final 26/06/2021 17:09 | | | | | | | |
| 1 | 103 | Mª De Los Angeles Bernardes Gonzalez Atmo. Samertolameu | 03/04/1969 GA765237 | W-50 | 2 | 55.64 | 84.09 |

400 m valos (0,762 m) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca | % |
|------------------------|-----|--|------------------------|------|-------|---------|-------|
| Final 26/06/2021 17:00 | | | | | | | |
| 1 | 102 | Eva Castro Fernandez Club Atletismo Naron | 11/02/1981 GA769406 | W-40 | 8 | 1:14.20 | 75.97 |
| 2 | 105 | (t) María Belén Iglesias Requejo CD La Purisima | 01/11/1980 AG9900 | W-40 | 7 | 1:24.37 | 66.81 |
| 3 | 104 | (t) Lucia Doval Sanchez Atletica a Silva | 07/03/1974 AG10067 | W-45 | 6 | 1:31.24 | 68.35 |

2000 m obstáculos FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca | % |
|------------------------|-----|--|------------------------|------|-------|----------|-------|
| Final 26/06/2021 19:33 | | | | | | | |
| 1 | 103 | (f) Cristina Estevez Crespo Atmo. Samertolameu | 29/02/1976 GA12640 | W-45 | 2 | 8:13.28 | 85.67 |
| 2 | 104 | Maria De Los Angeles Rodriguez Del Rio Atletica a Silva | 20/11/1957 GA717241 | W-60 | 1 | 10:22.73 | 83.34 |
| 3 | 105 | (t) Nuria Alvarez Martinez CD La Purisima | 11/05/1976 AG9858 | W-45 | 3 | 10:24.33 | 67.69 |

ACTA DEL CAMPEONATO

Altura FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca | % |
|-------------------------------|--------|---|------------------------|------|-------|-------|
| Final 26/06/2021 18:23 | | | | | | |
| 1 | 102 | Eva Castro Fernandez Club Atletismo Naron | 11/02/1981 GA769406 | W-40 | 1.43 | 75.32 |
| 1.25 | O/1.28 | O/1.31 XO/1.34 O/1.37 XXO/1.40 XO/1.43 XXO/1.46 XXX | | | | |
| 2 | 103 | (f) María Rosario Sureda González Atmo. Samertolameu | 27/09/1963 GA20427 | W-55 | 1.37 | 89.54 |
| 1.25 | O/1.28 | O/1.31 O/1.34 O/1.37 O/1.40 XXX | | | | |
| 3 | 101 | (f) Helena Rey Acuña Club Atletismo Sada | 24/01/1974 GA4822 | W-45 | 1.31 | 74.86 |
| 1.10 | O/1.13 | -1.16 O/1.19 -1.22 O/1.25 O/1.28 O/1.31 O/1.34 XXX | | | | |
| 4 | 105 | (t) María Belén Iglesias Requejo CD La Purísima | 01/11/1980 AG9900 | W-40 | 1.31 | 69.00 |
| 1.16 | O/1.19 | XO/1.22 O/1.25 O/1.28 O/1.31 O/1.34 XXX | | | | |
| 5 | 104 | (t) Isabel Gende Couto Atletica a Silva | 09/05/1965 AG3166 | W-55 | 1.10 | 70.97 |
| 1.00 | O/1.05 | O/1.10 XO/1.13 XXX | | | | |

Pértega FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca | % |
|-------------------------------|--------|--|------------------------|------|-------|-------|
| Final 26/06/2021 19:33 | | | | | | |
| 1 | 101 | (f) Marta Gonzalez Feroso Club Atletismo Sada | 05/03/1984 GA765828 | W-35 | 2.20 | 48.35 |
| 1.80 | O/2.00 | O/2.20 O/2.40 XXX | | | | |
| 2 | 105 | (t) María Carmen Cid Pérez CD La Purísima | 18/02/1976 AG10568 | W-45 | 2.00 | 50.12 |
| 1.80 | O/2.00 | O/2.20 XXX | | | | |
| | 104 | (t) Maria Jose Fraga Graña Atletica a Silva | 31/08/1974 AG9309 | W-45 | SM | |
| 1.80 | XXX | | | | | |
| | 102 | (f) María Mesías Vázquez Club Atletismo Naron | 16/04/1977 GA152 | W-40 | NP | |

Lonxitude FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|-------------------------------|-----|--|-------------------------|------|--------------|--------------|--------------|--------------|--------------|-------|
| Final 26/06/2021 17:15 | | | | | | | | | | |
| 1 | 103 | Goretti Diaz Cristobal Atmo. Samertolameu | 09/11/1978 GA17 | W-40 | 3.86 +1.4 | - | 3.62 +1.3 | 3.84 +3.4 | 3.86 +1.4 | 58.04 |
| 2 | 105 | (t) Lorena Gómez Pérez CD La Purísima | 03/11/1985 AG2026599 | W-35 | 3.28 +3.2 | 3.35 +0.7 | X +3.9 | 3.29 +2.4 | 3.35 +0.7 | 46.27 |
| 3 | 102 | Eva Perez Fernandez Club Atletismo Naron | 26/08/1981 GA446 | W-35 | 3.02 +2.2 | 2.90 +1.4 | 2.94 +1.7 | 3.01 +1.7 | 3.02 +2.2 | 43.71 |
| 4 | 101 | Lina Garcia Portas Club Atletismo Sada | 17/01/1969 GA769053 | W-50 | 2.52 +2.6 | 2.85 +1.2 | 2.69 +1.0 | X +1.7 | 2.85 +1.2 | 48.97 |
| 5 | 104 | Ana Maria Abuin Pazos Atletica a Silva | 06/08/1959 GA717109 | W-60 | 2.27 +2.6 | 2.38 +0.4 | 2.60 +2.4 | 2.19 +2.5 | 2.60 +2.4 | 51.28 |

Triplo salto FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|-------------------------------|-----|---|-------------------------|------|--------------|--------------|--------------|--------------|--------------|-------|
| Final 26/06/2021 19:45 | | | | | | | | | | |
| 1 | 103 | Marta Garcia Sotelo Atmo. Samertolameu | 18/08/1975 GA766156 | W-45 | 9.00 +1.5 | 8.92 +1.9 | 8.79 +3.4 | X +3.2 | 9.00 +1.5 | 70.26 |
| 2 | 101 | Montserrat Fernandez Ramos Club Atletismo Sada | 06/11/1968 GA765537 | W-50 | X +1.2 | 7.02 +0.2 | X +0.4 | 8.28 +2.2 | 8.28 +2.2 | 71.01 |
| 3 | 104 | (t) Maria Jose Fraga Graña Atletica a Silva | 31/08/1974 AG9309 | W-45 | 7.57 +3.2 | 7.72 +1.4 | 7.77 +2.1 | 7.51 +2.2 | 7.77 +2.1 | 61.42 |
| 4 | 105 | (t) Nuria Jones Romero CD La Purísima | 17/04/1968 AG2015179 | W-50 | 7.19 +0.4 | X +1.8 | 6.95 +2.1 | X +1.6 | 7.19 +0.4 | 62.58 |
| | 102 | (f) María Mesías Vázquez Club Atletismo Naron | 16/04/1977 GA152 | W-40 | | | | | NP | |

ACTA DEL CAMPEONATO

Peso (3,00 kg) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|---|------------------------|------|------|------|------|------|-------|-------|
| Final 26/06/2021 17:15 | | | | | | | | | | |
| 1 | 105 | (t) Myriam Vázquez Vázquez CD La Purísima | 08/08/1970 AG10504 | W-50 | 6.51 | 6.53 | 6.68 | 6.67 | 6.68 | 40.96 |
| 2 | 104 | (t) Hortensia Viaño Liste Atletica a Silva | 15/11/1967 AG769671 | W-50 | 6.45 | 6.08 | X | 6.50 | 6.50 | 42.04 |

Peso (4,00 kg) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|------------------------|------|------|------|------|------|-------|-------|
| Final 26/06/2021 17:15 | | | | | | | | | | |
| 1 | 101 | (f) Helena Rey Acuña Club Atletismo Sada | 24/01/1974 GA4822 | W-45 | 9.37 | X | 9.69 | 9.44 | 9.69 | 59.34 |
| 2 | 103 | Elisabeth Pazo Barreiro Atmo. Samertolameu | 30/03/1972 GA768880 | W-45 | 8.42 | 7.88 | 7.57 | X | 8.42 | 54.39 |
| 3 | 102 | (t) Eva Fernandez Villares Club Atletismo Naron | 21/07/1980 AG765862 | W-40 | 8.27 | 8.41 | X | X | 8.41 | 43.56 |

Disco (1,00 kg) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|-------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 20:30 | | | | | | | | | | |
| 1 | 103 | (f) Marta Sureda González Atmo. Samertolameu | 24/03/1970 GA2023451 | W-50 | 23.96 | X | 22.61 | 22.49 | 23.96 | 41.49 |
| 2 | 102 | (t) Eva Fernandez Villares Club Atletismo Naron | 21/07/1980 AG765862 | W-40 | X | 19.86 | X | 20.94 | 20.94 | 30.19 |
| 3 | 105 | (t) Cristina Conde Rodríguez CD La Purísima | 18/10/1977 AG9946 | W-40 | 19.81 | 18.34 | 20.68 | 18.04 | 20.68 | 31.24 |
| 4 | 101 | Irene Fernandez Fidalgo Club Atletismo Sada | 26/02/1975 GA769252 | W-45 | 16.74 | 16.39 | 17.64 | 17.06 | 17.64 | 27.99 |
| 5 | 104 | (t) Gloria Teresa Gende Couto Atletica a Silva | 18/11/1962 AG766067 | W-55 | 13.62 | 13.40 | 13.71 | 13.15 | 13.71 | 27.22 |

Martelo (3,00 kg) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 16:30 | | | | | | | | | | |
| 1 | 104 | Ana Maria Abuin Pazos Atletica a Silva | 06/08/1959 GA717109 | W-60 | X | X | X | 21.58 | 21.58 | 43.72 |
| 2 | 105 | (t) Myriam Vázquez Vázquez CD La Purísima | 08/08/1970 AG10504 | W-50 | 19.11 | 19.62 | 14.96 | X | 19.62 | 31.87 |

Martelo (4,00 kg) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|---|------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 16:30 | | | | | | | | | | |
| 1 | 101 | (f) Loreto Brea Gonzalez Club Atletismo Sada | 07/12/1975 GA7056 | W-45 | 37.16 | 36.41 | X | X | 37.16 | 73.19 |
| 2 | 102 | Delia Paz Ardao Club Atletismo Naron | 07/06/1981 GA45 | W-40 | X | 34.00 | 32.59 | X | 34.00 | 57.43 |
| 3 | 103 | Elisabeth Pazo Barreiro Atmo. Samertolameu | 30/03/1972 GA768880 | W-45 | 24.58 | 25.15 | X | 24.47 | 25.15 | 57.12 |

ACTA DEL CAMPEONATO

Xavelina (500 g) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|--|-------------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 17:57 | | | | | | | | | | |
| 1 | 104 | Maria De Los Angeles Rodriguez Del Rio Atletica a Silva | 20/11/1957 GA717241 | W-60 | 16.69 | 19.21 | 17.78 | 18.53 | 19.21 | 49.11 |
| 2 | 101 | María Luisa Armesto Miguel Club Atletismo Sada | 02/12/1950 GA768571 | W-70 | 8.88 | 11.89 | 10.63 | 11.67 | 11.89 | 36.21 |
| 3 | 103 | Cristina Garcia Colomo Atmo. Samertolameu | 24/07/1962 GA2023430 | W-55 | 5.25 | 8.84 | 6.80 | 7.86 | 8.84 | 20.32 |

Xavelina (600 g) FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca | % |
|------------------------|-----|---|-----------------------|------|-------|-------|-------|-------|-------|-------|
| Final 26/06/2021 17:57 | | | | | | | | | | |
| 1 | 105 | (t) María Carmen Cid Pérez CD La Purísima | 18/02/1976 AG10568 | W-45 | 19.07 | 21.54 | 23.75 | 24.83 | 24.83 | 42.30 |
| 2 | 102 | Izaskun Hernaez Lopez Club Atletismo Naron | 18/06/1974 GA19399 | W-45 | 17.59 | 17.40 | 20.06 | 21.26 | 21.26 | 38.30 |

3000 m marcha FEM.

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca | % |
|------------------------|-----|---|------------------------|------|----------|---------|
| Final 26/06/2021 20:10 | | | | | | |
| 1 | 103 | Yobana Bermudez Rodriguez Atmo. Samertolameu | 17/03/1972 GA9960 | W-45 | 16:33.47 | 78.16 > |
| 2 | 101 | Rosa Sierra Palmeiro Club Atletismo Sada | 28/08/1963 GA769458 | W-55 | 17:40.25 | 78.81 |
| 3 | 102 | Izaskun Hernaez Lopez Club Atletismo Naron | 18/06/1974 GA19399 | W-45 | 18:14.79 | 69.76 |
| 4 | 105 | (t) Raquel Rodríguez Francisco CD La Purísima | 02/10/1977 AG10501 | W-40 | 20:55.72 | 58.88 |
| 5 | 104 | María Del Carmen Jueguen Lago Atletica a Silva | 29/11/1973 GA197 | W-45 | 22:08.11 | 57.51 |

ACTA DEL CAMPEONATO

4 × 100 m FEM.

| Pto | Dor | Equipo Relevistas | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------|-----|----------------------------------|--------------------|------|-------|---------|---|
| Final 26/06/2021 20:30 | | | | | | | |
| 1 | 103 | Atmo. Samertolameu | | W-50 | 4 | 1:06.25 | |
| | 103 | Araceli Salgueiro Varela | 11/01/1972 GA7661 | W-45 | | | |
| | 103 | Maria Teresa Salgueiro Varela | 26/09/1969 GA20234 | W-50 | | | |
| | 103 | Rosa Ana Santos Rios | 25/05/1968 GA7661 | W-50 | | | |
| | 103 | Maria Teresa Varela Queimaño | 07/03/1948 GA543 | W-70 | | | |
| 2 | 105 | CD La Purisima | | W-50 | 3 | 1:09.16 | |
| | 105 | (t) Mayka Novoa Lopez | 30/04/1968 AG20253 | W-50 | | | |
| | 105 | (t) María Jesús Espinosa Menor | 31/10/1968 AG986 | W-50 | | | |
| | 105 | (t) Nuria Alvarez Martinez | 11/05/1976 AG985 | W-45 | | | |
| | 105 | (t) Sandra López Calvo | 05/06/1981 AG1094 | W-40 | | | |
| 3 | 102 | Club Atletismo Naron | | W-35 | 6 | 1:09.80 | |
| | 102 | (t) María Del Rocio Rolán García | 20/06/1976 AG20278 | W-45 | | | |
| | 102 | Silvia Lopez Garcia | 08/04/1981 GA436 | W-40 | | | |
| | 102 | Eva Perez Fernandez | 26/08/1981 GA446 | W-35 | | | |
| | 102 | (t) Maria Luisa Garcia Martinez | 21/04/1973 AG2027 | W-45 | | | |
| 4 | 101 | Club Atletismo Sada | | W-60 | 7 | 1:11.79 | |
| | 101 | Elva Fernández Rodríguez | 19/05/1960 GA460 | W-60 | | | |
| | 101 | Mª Esther Martinez Rivas | 02/07/1958 GA7694 | W-60 | | | |
| | 101 | Mercedes Fajardo Moreno | 21/10/1963 GA147 | W-55 | | | |
| | 101 | Tirsa Chaves Mateo | 27/11/1963 GA72 | W-55 | | | |
| | 104 | Atlética A Silva | | | 5 | NP | |

ACTA DEL CAMPEONATO

4 × 400 m FEM.

| Pto | Dor | Equipo Relevistas | F de Nac Lic | Cat | Calle | Marca | % |
|-------------------------------|-----|---------------------------------|---------------------|------|-------|----------------|---|
| Final 26/06/2021 20:45 | | | | | | | |
| 1 | 101 | Club Atletismo Sada | | W-60 | 7 | 5:02.92 | |
| | 101 | (t) Silvia Seoane Rodriguez | 15/04/1977 AG9413 | W-40 | | | |
| | 101 | Pilar Barreiro Senra | 11/01/1971 GA70 | W-45 | | | |
| | 101 | (t) Dolores Pazos Mallo | 22/03/1969 AG201750 | W-50 | | | |
| | 101 | Noelia Papin Estevez | 30/12/1974 GA765857 | W-45 | | | |
| 2 | 103 | Atmo. Samertolameu | | W-50 | 3 | 5:45.97 | |
| | 103 | Araceli Salgueiro Varela | 11/01/1972 GA766116 | W-45 | | | |
| | 103 | Cristina Garcia Colomo | 24/07/1962 GA202340 | W-55 | | | |
| | 103 | Maria Esther Bouso Fuentecilla | 25/04/1961 GA831W | W-55 | | | |
| | 103 | Maria Helena Rodriguez Gonzalez | 13/04/1965 GA769050 | W-55 | | | |
| | 104 | Atlética A Silva | | | 4 | NP | |
| | 105 | CD La Purisima | | W-50 | 5 | NP | |
| | 102 | Club Atletismo Naron | | W-35 | 6 | NP | |

ACTA DO CAMPIONATO

TÁBOA DE PUNTOS POR POSTOS

Homes – Despois de 20 de 20 probas

| Club | Total | 100 m | 200 m | 400 m | 800 m | 1500 m | 3000 m | Obstáculos | Valos curtos | Valos largos | 3000 m marcha | 4 x 100 m | 4 x 400 m | Altura | Pértega | Lonxitude | Triplo Salto | Peso | Disco | Martelo | Xavelina |
|-----------------------------|-------|-------|-------|-------|-------|--------|--------|------------|--------------|--------------|---------------|-----------|-----------|--------|---------|-----------|--------------|------|-------|---------|----------|
| 1 Club Atletismo Sada CASC | 91 | 5 | 6 | 6 | 6 | 3 | 3 | 5 | 3 | 3 | 3 | 5 | 5 | 6 | 5 | 4 | 4 | 6 | 5 | 4 | 4 |
| 2 Atmo. Samertolameu SAMPO | 79 | 6 | 3 | 3 | 3 | 6 | 5 | 2 | 2 | 2 | 0 | 6 | 1 | 5 | 2 | 5 | 5 | 5 | 6 | 6 | 6 |
| 3 Club Atletismo Narón NAOC | 76 | 4 | 5 | 4 | 0 | 5 | 4 | 6 | 6 | 5 | 6 | 3 | 2 | 2 | 3 | 3 | 6 | 4 | 2 | 3 | 3 |
| 4 CA Santiago STOC | 69 | 2 | 4 | 5 | 4 | 4 | 6 | 4 | 1 | 6 | 5 | 4 | 4 | 4 | 4 | 1 | 2 | 3 | 1 | 0 | 5 |
| 5 Atlética A Silva SILC | 62 | 3 | 2 | 1 | 2 | 1 | 2 | 1 | 5 | 4 | 4 | 2 | 6 | 3 | 6 | 6 | 3 | 2 | 4 | 5 | 0 |
| 6 CSCR Beade BEAPO | 32 | 1 | 1 | 2 | 5 | 2 | 0 | 3 | 4 | 1 | 0 | 1 | 3 | 1 | 1 | 2 | 1 | 1 | 3 | 0 | 0 |

Mulleres – Despois de 20 de 20 probas

| Club | Total | 100 m | 200 m | 400 m | 800 m | 1500 m | 3000 m | Obstáculos | Valos curtos | Valos largos | 3000 m marcha | 4 x 100 m | 4 x 400 m | Altura | Pértega | Lonxitude | Triplo Salto | Peso | Disco | Martelo | Xavelina |
|-----------------------------|-------|-------|-------|-------|-------|--------|--------|------------|--------------|--------------|---------------|-----------|-----------|--------|---------|-----------|--------------|------|-------|---------|----------|
| 1 Atmo. Samertolameu SAMPO | 100 | 4 | 6 | 6 | 6 | 4 | 6 | 6 | 6 | 6 | 5 | 6 | 0 | 6 | 5 | 5 | 6 | 4 | 2 | 6 | 5 |
| 2 Club Atletismo Sada CASC | 85 | 6 | 5 | 5 | 4 | 6 | 4 | 0 | 3 | 0 | 6 | 4 | 5 | 4 | 6 | 6 | 3 | 6 | 3 | 3 | 6 |
| 3 CD La Purísima PUROR | 68 | 2 | 3 | 4 | 3 | 5 | 5 | 4 | 2 | 3 | 3 | 2 | 6 | 3 | 4 | 2 | 5 | 2 | 5 | 5 | 0 |
| 4 Club Atletismo Narón NAOC | 59 | 3 | 2 | 2 | 5 | 3 | 2 | 0 | 5 | 5 | 4 | 5 | 0 | 2 | 0 | 4 | 4 | 5 | 4 | 4 | 0 |
| 5 Atlética A Silva SILC | 59 | 5 | 4 | 3 | 2 | 2 | 3 | 5 | 4 | 4 | 2 | 3 | 0 | 5 | 3 | 3 | 2 | 3 | 6 | 0 | 0 |