

ACTA POR SESIÓN

Lonxitude MASC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 12:13									
1	601	(t) Paulo Fernandez Martinez La Mochila del Deporte	06/06/2004 AG2023283	LM	5.77 +1.0	5.87 +1.6	6.10 +1.9	6.06 +1.4	6.10 +1.9
2	608	(t) Daniel Framil Enriquez Atletismo Cuntis	12/11/2003 AG2024661	JM	4.98 +1.3	4.94 +1.0	5.03 +1.2	5.04 +1.8	5.04 +1.8
3	610	Jorge Garcia Guerra CA Millaraio	27/01/2008 GA295	IM	4.24 +1.1	4.28 +0.0	4.20 +1.6	4.50 +1.9	4.50 +1.9
4	607	Álvaro Fontán López S.G. Pontevedra	02/08/2008 GA159	IM	3.89 +0.9	3.58 +0.7	3.81 +2.0	3.91 +2.7	3.91 +2.7
5	599	Diego Fagúndez Aguilar CA Millaraio	05/06/2007 GA269	CM	X +0.0	3.84 +0.0	3.77 +1.0	X +1.9	3.84 +0.0
6	604	(t) Unai Ferral Carbajal At Vila de Cangas	28/11/2009 AG2026067	IM	3.17 +1.4	3.50 +0.6	3.58 +1.8	3.66 +1.6	3.66 +1.6
7	598	Antón Fagúndez Aguilar CA Millaraio	23/10/2009 GA291	IM	3.42 +1.3	3.29 +0.0	3.23 +0.2	3.22 +1.7	3.42 +1.3
8	614	(t) Carlos Lago Couto AA Mazi	27/11/2008 AG2021604	IM	2.78 +1.0	3.05 +0.9	3.09 +1.8	2.89 +1.9	3.09 +1.8
9	612	Anxo Jamardo Capelo S.G. Pontevedra	10/06/2009 GA2023366	IM	2.83 +1.4	3.03 +1.1	2.86 +2.1	2.83 +1.9	3.03 +1.1

Triplo MASC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 10:08									
1	619	(t) David Santos Dominguez Santa Uxia Atletismo	04/07/2004 AG2017286	LM	12.46 +0.0	X +0.0	X +0.0	X +0.0	12.46 +0.0
2	616	Nicolás Quiñones Suárez S.G. Pontevedra	05/12/2007 GA2023377	CM	10.05 -0.7	10.26 -1.5	10.17 -0.9	10.33 -0.3	10.33 -0.3
3	621	(t) Daniel Varela Tome AA Mazi	25/02/2007 AG2026989	CM	X +0.0	9.80 +0.0	9.09 -0.2	9.41 +0.0	9.80 +0.0
4	618	(t) Pedro Reino Campos AA Mazi	04/03/2008 AG2023044	IM	X +0.0	9.76 +0.0	X -0.9	X -1.3	9.76 +0.0
5	620	(t) Adrian Soutiño Perez Víguesa de atletismo	04/12/2005 AG2019541	LM	X +0.0	9.34 +0.0	9.27 -0.9	X -0.4	9.34 +0.0
6	617	Antón Raña Villaverde Atletica a Silva	09/01/2008 GA119	IM	9.14 -1.3	8.84 -1.9	8.86 -1.9	8.78 -1.0	9.14 -1.3
7	615	Juan Loureiro Mosquera Atletica a Silva	07/01/2009 GA2021511	IM	8.32 +0.0	8.37 -0.2	8.23 -1.6	8.64 +0.2	8.64 +0.2
8	595	(t) Hugo Collazo Costas At Vila de Cangas	08/04/2009 AG2024451	IM	8.19 +0.0	8.12 -0.1	7.94 +0.0	8.48 -1.6	8.48 -1.6
9	597	(t) Hugo Dominguez Juncal At Vila de Cangas	22/09/2008 AG2021248	IM	8.38 +0.0	8.42 +0.0	8.27 -1.3	8.32 +0.0	8.42 +0.0
10	594	(t) Alex Cesar Ruiz AA Mazi	03/10/2008 AG2018099	IM	7.97 -0.4	8.13 -0.1	7.81 -1.1	8.09 -1.3	8.13 -0.1

Pontevedra, 21 marzo 2021

domingo, 21 marzo 2021 sesión de mañana

ACTA POR SESIÓN
Xavelina (500g) MASC - B

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 11:02									
1	594	(t) Alex Cesar Ruiz AA Mazi	03/10/2008 AG2018099	IM	26.31	X	18.02	27.37	27.37
2	610	Jorge Garcia Guerra CA Millaraio	27/01/2008 GA295	IM	14.18	18.25	X	X	18.25
3	969	(t) Samuel Fernández Riveira Atletica a Silva	07/11/2009 AG9992	IM	14.09	14.76	16.38	17.88	17.88
4	592	Isaac Casal Santiago S.G. Pontevedra	03/04/2008 GA380	IM	16.42	X	16.20	14.20	16.42
5	595	(t) Hugo Collazo Costas At Vila de Cangas	08/04/2009 AG2024451	IM	13.60	14.14	15.92	12.87	15.92
6	597	(t) Hugo Dominguez Juncal At Vila de Cangas	22/09/2008 AG2021248	IM	14.00	X	14.26	15.72	15.72
7	614	(t) Carlos Lago Couto AA Mazi	27/11/2008 AG2021604	IM	12.78	10.74	X	12.78	12.78
8	609	Lucas Francos Martinez CA Millaraio	29/10/2009 GA297	IM	7.52	7.65	10.86	10.59	10.86
9	591	Jesús Bua Alende S.G. Pontevedra	21/03/2009 GA2023367	IM	X	9.84	X	8.96	9.84
	612	Anxo Jamardo Capelo S.G. Pontevedra	10/06/2009 GA2023366	IM					NP

Xavelina (500g) MASC - A

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 10:00									
1	593	Nuno Castro Alban CA Millaraio	16/05/2008 GA155	IM	27.18	26.20	26.80	30.85	30.85
2	604	(t) Unai Ferral Carbajal At Vila de Cangas	28/11/2009 AG2026067	IM	14.26	15.93	16.46	15.64	16.46
3	607	Álvaro Fontán López S.G. Pontevedra	02/08/2008 GA159	IM	X	X	13.95	X	13.95
4	605	(t) Pablo Ferreiro Álvarez Atletica a Silva	04/06/2009 AG2024415	IM	10.21	11.32	11.55	10.54	11.55

Xavelina (600g) MASC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 10:00									
1	606	Carlos Ferrer Moreira Club Atletismo Naron	05/10/1959 GA1120	M-60	35.44	34.98	34.71	33.77	35.44
2	970	Eloy Acuña Pousada S.G. Pontevedra	29/03/2007 GA2023378	CM	20.04	19.92	21.53	24.81	24.81
3	611	(t) Raúl Gude Hervés Atletica a Silva	31/12/2007 AG2024209	CM	10.82	X	10.43	13.81	13.81

Xavelina (700g) MASC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 10:00									
1	596	Juan Carlos Diaz Peña Marineda Atletico	24/01/1967 GA207	M-50	23.38	22.83	22.94	X	23.38

Xavelina (800g) MASC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 10:00									
1	602	(t) Roberto Fernandez Paredes C.S.C.R. Beade	04/06/1975 AG768600	M-45	X	31.33	X	28.73	31.33
	613	(e) (t) Mohamed Lachhab Atletismo Cuntis	10/11/2003 AG4029	JM					NP

Pontevedra, 21 marzo 2021

domingo, 21 marzo 2021 sesión de mañana

ACTA POR SESIÓN

Lonxitude FEM

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 13:12									
1	641	Dalia López Casas Atletica a Silva	28/01/2007 GA108	CF	3.39 -2.8	3.40 -1.4	3.46 +0.9	3.51 +0.0	3.51 +0.0
2	629	(t) Mariña Chaves Miguens AA Mazi	26/02/2008 AG2025284	IF	3.19 -0.4	3.25 -1.8	3.05 +0.0	3.14 -1.6	3.25 -1.8
3	635	(t) Irene Garcia Montero Ria Ferrol-C. Arenal	27/05/2009 AG2020061	IF	3.21 -2.6	2.74 -0.7	2.67 +0.0	3.16 +1.1	3.21 -2.6
4	626	(t) Antia Caldas Negro AA Mazi	01/10/2008 AG2021601	IF	2.92 -0.9	3.10 -1.0	3.14 -0.3	3.08 -1.5	3.14 -0.3
5	628	(t) Laura Castro Souto Atletismo Cuntis	03/07/2006 AG2020874	CF	2.97 -0.4	3.07 +1.1	2.82 +1.4	2.90 -1.2	3.07 +1.1
6	627	(t) Laura Castro Pereira Ria Ferrol-C. Arenal	11/10/2008 AG2024880	IF	2.88 -0.3	2.91 -1.9	2.93 +0.4	2.76 -0.4	2.93 +0.4
7	643	(t) Lola Melio Rivas AA Mazi	19/04/2009 AG2018074	IF	2.59 -1.6	2.78 -1.2	2.66 -1.1	2.56 -2.6	2.78 -1.2
	625	(t) Antia Cabada Gonzalez Atletismo Cuntis	21/01/2008 AG2026844	IF					NP
	634	Cristina Estevez Crespo At. Femenino Celta	29/02/1976 GA12640	W-45					NP

Triplo FEM

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 11:14									
1	647	(t) Marina Pérez López S.G. Pontevedra	02/06/2007 AG2018174	CF	9.60 +0.0	9.51 +0.0	9.78 +0.0	X -1.3	9.78 +0.0
2	655	(t) Paula Vazquez Hermida La Mochila del Deporte	28/02/2007 AG2014438	CF	9.47 +0.0	9.47 +0.1	9.06 +0.0	9.27 +0.0	9.47 +0.0
3	652	(t) Nerea Rivas Garcia La Mochila del Deporte	31/05/2007 AG2028871	CF	8.60 +0.0	8.60 +0.0	8.81 +0.0	8.98 +0.5	8.98 +0.5
4	639	Lara Liste Otero Atletica a Silva	06/01/2008 GA107	IF	8.36 +0.0	8.83 -0.6	8.86 +0.0	8.81 +0.0	8.86 +0.0
5	638	Carla Lamas Bouso Club Atletismo Naron	06/03/2006 GA163	CF	8.66 +0.0	X +0.0	X +0.0	X +0.0	8.66 +0.0
6	630	Martina Dacosta Jesus Viguesa de atletismo	13/09/2007 GA2023540	CF	8.58 +0.0	8.30 -1.2	7.57 +0.0	X -0.3	8.58 +0.0
7	622	Icía Ares Betanzos Atletica a Silva	02/04/2008 GA58	IF	8.00 +0.0	7.74 -1.4	8.06 +0.9	X +0.0	8.06 +0.9
8	629	(t) Mariña Chaves Miguens AA Mazi	26/02/2008 AG2025284	IF	7.31 +0.0	X -0.4	7.88 +0.0	7.58 +0.0	7.88 +0.0
9	635	(t) Irene Garcia Montero Ria Ferrol-C. Arenal	27/05/2009 AG2020061	IF	7.42 +0.0	7.25 -0.5	7.24 +0.0	X -0.8	7.42 +0.0
	649	(t) Noelia Quiñones Suárez S.G. Pontevedra	06/12/2009 AG2028734	IF	X +0.0	X +0.0	X +0.0	X +0.0	SM +0.0

ACTA POR SESIÓN
Xavelina (400g) FEM

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 11:57									
1	640	Cintia Lourido Fontan Atletismo Cuntis	08/11/2008 GA476	IF	18.46	17.58	19.42	19.72	19.72
2	631	(t) Carla Del Rio Crespo AA Mazi	08/06/2008 AG9130	IF	8.16	11.06	10.25	13.69	13.69
3	639	Lara Liste Otero Atletica a Silva	06/01/2008 GA107	IF	10.82	12.11	11.54	9.97	12.11
4	644	(t) Gala Moreda Lopez Ria Ferrol-C. Arenal	04/09/2008 AG11545	IF	5.53	9.57	9.89	10.74	10.74
5	653	(t) Aldara Ruiz Martinez Ria Ferrol-C. Arenal	08/10/2008 AG38	IF	10.57	X	7.57	4.34	10.57
6	627	(t) Laura Castro Pereira Ria Ferrol-C. Arenal	11/10/2008 AG2024880	IF	9.03	8.79	9.58	8.63	9.58
7	636	(t) Alba Gonzalez Gorgullo Ria Ferrol-C. Arenal	18/03/2009 AG7534	IF	7.61	5.29	8.19	7.15	8.19
8	637	(t) Carmen Grandal Ardao Ria Ferrol-C. Arenal	23/01/2009 AG2023095	IF	X	6.75	8.05	7.81	8.05
9	649	(t) Noelia Quiñones Suárez S.G. Pontevedra	06/12/2009 AG2028734	IF	4.75	4.23	X	X	4.75

Xavelina (500g) FEM - A

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 13:12									
1	633	Saray Duque El Loubani Atletismo Cuntis	05/02/2007 GA2023507	CF	19.92	18.82	22.67	X	22.67
2	648	Enma Quintas Gutierrez Viguesa de atletismo	22/05/2007 GA260	CF	15.15	19.39	17.61	X	19.39
3	654	(t) Cristina Taboada Cortegoso At Vila de Cangas	04/12/2006 AG2021053	CF	X	X	16.13	18.14	18.14
4	630	Martina Dacosta Jesus Viguesa de atletismo	13/09/2007 GA2023540	CF	X	13.90	15.36	14.85	15.36
5	642	(t) Iris Malvido Pardavila At Vila de Cangas	30/04/2007 AG2021030	CF	14.12	X	X	14.48	14.48
650		(t) Jennifer Rey Gomez Club Atletismo Naron	04/05/2005 AG2025877	LF					NP
651		Laura Rico Bouza Ria Ferrol-C. Arenal	23/04/2005 GA768860	LF					NP

Xavelina (500g) FEM - B

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 11:57									
1	623	Mª De Los Angeles Bernardez Gonzalez Atmo. Samertolameu	03/04/1969 GA765237	W-50	19.17	20.20	18.83	X	20.20

Xavelina (600g) FEM

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	Marca
Final 21/03/2021 13:12									
1	624	(t) Andrea Botella Rodriguez CA Santiago	01/06/2001 AG766096	PF	38.41	33.65	31.96	33.29	38.41
2	632	(t) Lucia Doval Sanchez Atletica a Silva	07/03/1974 AG10067	W-45	23.05	23.86	24.14	21.80	24.14
3	645	Elisabeth Oya Steinbruggen Comesaña Sporting Club	18/02/1974 GA19782	W-45	13.34	14.37	12.55	11.41	14.37