

# XIV CARREIRA DE O PORRIÑO 10K, O Porriño 01/05/2022

ABSOLUTA 10 KM. Distancia: 10.000 m



| Pto | Dorsal | Nome                             | Sx   | PtoCat    | T_Oficial | RitmoKm  | T_Real   | RitKmReal | Km 3,25  | Paso Volta 1 (Km 5) | Km 8,25  | Licenza    | Club                                   | Localidade             |
|-----|--------|----------------------------------|------|-----------|-----------|----------|----------|-----------|----------|---------------------|----------|------------|--|------------------------|
| 1   | 1      | ALEJANDRO FERNÁNDEZ RIVERA       |      | VTM- 1    | 00:30:00  | 00:03:00 | 00:30:00 | 00:03:00  | 00:09:34 | 00:14:52            | 00:24:40 | GA 765765  | OURENSE ATLETISMO                      | OURENSE                |
| 2   | 620    | NUNO COSTA                       |      | VTM- 2    | 00:30:31  | 00:03:04 | 00:30:31 | 00:03:04  | 00:09:41 | 00:15:06            | 00:25:04 |            | SD COMPOSTELA ATLETISMO                | SIGUEIRO               |
| 3   | 9      | JOSE CANDA LOUZAO                |      | VTM- 3    | 00:31:09  | 00:03:07 | 00:31:09 | 00:03:07  | 00:09:47 | 00:15:19            | 00:25:31 |            | ATLETISMO ARENTEIRO                    | LALIN                  |
| 4   | 1196   | ANDRÉS CEDAN LLORENS             |      | /M- 1     | 00:31:46  | 00:03:11 | 00:31:46 | 00:03:11  | 00:10:00 | 00:15:46            | 00:26:09 |            | CIDADE DE LUGO FLUVIAL                 | SANTIAGO DE COMPOSTELA |
| 5   | 621    | DANIEL GÓMEZ OTERO               |      | /M- 2     | 00:32:09  | 00:03:13 | 00:32:08 | 00:03:13  | 00:10:10 | 00:15:57            | 00:26:25 |            |  | REDONDELA              |
| 6   | 630    | EMILIO PEREZ GROBA               |      | /M- 3     | 00:32:13  | 00:03:14 | 00:32:12 | 00:03:14  | 00:10:19 | 00:15:59            | 00:26:26 | AG 15696   | COMESAÑA SPORTING CLUB                 | TUI                    |
| 7   | 14     | AKKA ESSAADAoui                  |      | VTM- 4    | 00:32:43  | 00:03:17 | 00:32:43 | 00:03:17  | 00:10:09 | 00:15:56            | 00:26:49 | GA 765436  | ADAS-PROINOR                           | SALCEDA DE CASELAS     |
| 8   | 622    | JOSE ENRIQUE BLANCO MILLARA      |      | /M- 4     | 00:32:55  | 00:03:18 | 00:32:55 | 00:03:18  | 00:10:28 | 00:16:16            | 00:27:05 |            | ADC A BOUTUREIRA                       |                        |
| 9   | 8      | JORGE GONZÁLEZ MARIÑO            |      | SUB23M- 1 | 00:33:00  | 00:03:18 | 00:33:00 | 00:03:18  | 00:10:09 | 00:15:57            | 00:26:47 |            | CLUB ATLETISMO NARÓN                   | RIVEIRA                |
| 10  | 38     | ALEJANDRO MONTERO LÓPEZ          |      | /M- 5     | 00:34:38  | 00:03:28 | 00:34:37 | 00:03:28  | 00:10:57 | 00:17:05            | 00:28:26 |            | SD COMPOSTELA ATLETISMO                | OURENSE                |
| 11  | 123    | JAVIER DE DIOS RODRIGUEZ         |      | /M- 6     | 00:34:46  | 00:03:29 | 00:34:44 | 00:03:29  | 00:11:17 | 00:17:29            | 00:28:43 |            |  | NIÑODAGUIA             |
| 12  | 53     | VÍCTOR GARCIA GOMEZ              |      | VTM- 5    | 00:34:54  | 00:03:30 | 00:34:53 | 00:03:30  | 00:11:18 | 00:17:31            | 00:28:52 |            | VII LEGIO QUERQUENNIS                  | BANDE                  |
| 13  | 63     | JULIO NOVOA GUTIERREZ            |      | VTM- 6    | 00:34:56  | 00:03:30 | 00:34:55 | 00:03:30  | 00:11:10 | 00:17:23            | 00:28:48 |            | ATLETISMO ARENTEIRO                    | OURENSE                |
| 14  | 18     | ROBERTO GARRIDO PEREIRA          |      | /M- 7     | 00:34:58  | 00:03:30 | 00:34:57 | 00:03:30  | 00:11:09 | 00:17:22            | 00:28:48 | GA-769158  | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | NIGRÁN                 |
| 15  | 55     | RAÚL CORRALES MARCOS             |      | VTM- 7    | 00:35:00  | 00:03:30 | 00:34:58 | 00:03:30  | 00:10:59 | 00:17:13            | 00:28:43 | AG 2022854 | CLUB ATLETISMO SAMERTOLAMEU            | CANGAS                 |
| 16  | 46     | RICARDO FORTES MONTENEGRO        |      | VTM- 8    | 00:35:04  | 00:03:31 | 00:35:01 | 00:03:31  | 00:11:16 | 00:17:30            | 00:28:54 |            |  | PONTEAREAS             |
| 17  | 22     | DIEGO PÉREZ VIEITES              |      | VTM- 9    | 00:35:11  | 00:03:32 | 00:35:09 | 00:03:31  | 00:10:58 | 00:17:09            | 00:28:46 |            |  | PORRIÑO (O)            |
| 18  | 1200   | PABLO ALONSO FIGUEROA            |      | VTM- 10   | 00:35:12  | 00:03:32 | 00:35:09 | 00:03:31  | 00:11:23 | 00:17:37            | 00:29:02 |            | TRIDIOTAS                              | SANXENXO               |
| 19  | 29     | ROBERTO VÁZQUEZ PAVÓN            |      | VTM- 11   | 00:35:14  | 00:03:32 | 00:35:10 | 00:03:31  | 00:11:13 | 00:17:28            | 00:28:58 |            | TANINOS RUNNERS PONTEAREAS             | A PEROXA               |
| 20  | 69     | GONZALO DOMÍNGUEZ                |      | VTM- 12   | 00:35:19  | 00:03:32 | 00:35:19 | 00:03:32  |          |                     |          |            | C.A.R. MARISQUEIRO                     | ROSAL (O)              |
| 21  | 21     | ALBERTO FERNÁNDEZ ENCINA         |      | VTM- 13   | 00:35:23  | 00:03:33 | 00:35:22 | 00:03:33  | 00:10:52 | 00:17:13            | 00:29:07 |            | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | PONFERRADA             |
| 22  | 56     | JAVIER VILA PORTO                |      | /M- 8     | 00:35:24  | 00:03:33 | 00:35:24 | 00:03:33  |          |                     |          |            | RUNNERS PV                             | PONTEAREAS             |
| 23  | 89     | SERGI VAÑÓ PEIDRO                |      | /M- 9     | 00:35:28  | 00:03:33 | 00:35:24 | 00:03:33  | 00:11:14 | 00:17:30            | 00:29:10 |            |  | VIGO                   |
| 24  | 19     | MARCOS PAZ ALVAREZ               |      | VTM- 14   | 00:35:30  | 00:03:33 | 00:35:29 | 00:03:33  | 00:11:19 | 00:17:36            | 00:29:07 |            |  | VIGO                   |
| 25  | 657    | JORGE ALBORES MIGUEZ             |      | VTM- 15   | 00:35:57  | 00:03:36 | 00:35:55 | 00:03:36  | 00:11:27 | 00:17:51            | 00:29:39 |            |  | GONDOMAR               |
| 26  | 36     | PABLO GARCIA QUEROL              |      | VTM- 16   | 00:35:57  | 00:03:36 | 00:35:54 | 00:03:36  | 00:11:15 | 00:17:34            | 00:29:27 |            |  | VIGO                   |
| 27  | 238    | CHRISTIAN FERNÁNDEZ FERNÁNDEZ    |      | VTM- 17   | 00:35:57  | 00:03:36 | 00:35:54 | 00:03:36  | 00:11:23 | 00:17:46            | 00:29:35 |            |  | VIGO                   |
| 28  | 70     | GERARDO PRIETO                   |      | VTM- 18   | 00:35:57  | 00:03:36 | 00:35:57 | 00:03:36  |          |                     |          |            | C.A.CAMBADOS SG.NOVAL                  | CAMBADOS               |
| 29  | 652    | MARCOS CARBALLO GARCÍA           |      | VTM- 19   | 00:35:59  | 00:03:36 | 00:35:56 | 00:03:36  | 00:11:23 | 00:17:47            | 00:29:35 |            |  | CANGAS                 |
| 30  | 27     | ADRIAN LIMIA QUINTAS             |      | /M- 10    | 00:36:02  | 00:03:37 | 00:36:00 | 00:03:36  | 00:11:25 | 00:17:46            | 00:29:37 |            | ATLETISMO ARENTEIRO                    | OUENSE                 |
| 31  | 643    | DARIO COMESAÑA CHAVERT           |      | /M- 11    | 00:36:06  | 00:03:37 | 00:36:02 | 00:03:37  | 00:11:16 | 00:17:42            | 00:29:38 |            | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | VIGO                   |
| 32  | 65     | JAVIER LÓPEZ DOMÍNGUEZ           |      | VTM- 20   | 00:36:08  | 00:03:37 | 00:36:06 | 00:03:37  | 00:11:32 | 00:17:58            | 00:29:40 |            |  | VIGO                   |
| 33  | 58     | CÉSAR VÁZQUEZ MÁRQUEZ            |      | VTM- 21   | 00:36:10  | 00:03:37 | 00:36:09 | 00:03:37  | 00:11:17 | 00:17:33            | 00:29:31 |            |  | PONTEAREAS             |
| 34  | 633    | JOSE MANUEL SEOANE POMBO         |      | VTM- 22   | 00:36:11  | 00:03:38 | 00:36:09 | 00:03:37  | 00:11:17 | 00:17:31            | 00:29:34 |            | CLUB ATLETISMO NEGREIRA                | AMES                   |
| 35  | 667    | MIGUEL PARCERO ESPÍÑO            |      | VTM- 23   | 00:36:12  | 00:03:38 | 00:36:10 | 00:03:37  | 00:11:44 | 00:18:14            | 00:29:59 |            |  | SILLEDA                |
| 36  | 37     | ENRIQUE MORAN GONZALEZ           |      | VTM- 24   | 00:36:19  | 00:03:38 | 00:36:18 | 00:03:38  | 00:11:22 | 00:17:47            | 00:29:46 |            | CLUB ATLETISMO LOUSAME                 | PORRIÑO (O)            |
| 37  | 640    | VÍCTOR LÓPEZ FERNÁNDEZ           |      | /M- 12    | 00:36:20  | 00:03:38 | 00:36:18 | 00:03:38  | 00:11:36 | 00:18:04            | 00:29:58 | AG 14226   | ATLETISMO ARENTEIRO                    | OURENSE                |
| 38  | 30     | MARCOS GROBA BARGIELA            |      | VTM- 25   | 00:36:24  | 00:03:39 | 00:36:19 | 00:03:38  | 00:11:59 | 00:18:19            | 00:29:57 | AG2014475  | TANINOS RUNNERS PONTEAREAS             | PONTEAREAS             |
| 39  | 92     | DARÍO ARIAS COSTAS               |      | VTM- 26   | 00:36:24  | 00:03:39 | 00:36:23 | 00:03:39  | 00:11:45 | 00:18:13            | 00:30:01 |            |  | VIGO                   |
| 40  | 157    | FERNANDO POMBO FERREIRA          |      | /M- 13    | 00:36:27  | 00:03:39 | 00:36:23 | 00:03:39  | 00:11:37 | 00:18:04            | 00:30:01 |            |  | VIGO                   |
| 41  | 106    | JOSE MANUEL MORAIS DE LA IGLESIA |      | VTM- 27   | 00:36:55  | 00:03:42 | 00:36:53 | 00:03:42  | 00:11:49 | 00:18:24            | 00:30:32 |            |  | SALCEDA DE CASELAS     |
| 42  | 93     | DAVID MARTÍNEZ COSTA             |      | VTM- 28   | 00:37:00  | 00:03:42 | 00:36:56 | 00:03:42  | 00:11:38 | 00:18:17            | 00:30:29 |            | C.A.C SEGUROS NOVAL                    | CAMBADOS               |
| 43  | 192    | BEGOÑA DOMINGUEZ MONTES          | F- 1 | VTF- 1    | 00:37:02  | 00:03:43 | 00:37:02 | 00:03:43  | 00:11:53 | 00:18:27            | 00:30:33 | AG 2023098 | ATLETISMO ARENTEIRO                    | SAN CIBRAO DAS VIÑAS   |
| 44  | 160    | JUAN CARLOS MONTEAGUDO           |      | VTM- 29   | 00:37:03  | 00:03:43 | 00:37:00 | 00:03:42  | 00:11:53 | 00:18:28            | 00:30:34 |            |  | SAN CIBRAO DAS VIÑAS   |
| 45  | 138    | ELISEO FABELLO CID               |      | VTM- 30   | 00:37:04  | 00:03:43 | 00:37:02 | 00:03:43  | 00:11:53 | 00:18:28            | 00:30:34 |            | CLUB OURENSE ATLETISMO                 | OURENSE                |
| 46  | 115    | ARLINDO RIVEIRO RODRIGUEZ        |      | VTM- 31   | 00:37:05  | 00:03:43 | 00:37:04 | 00:03:43  | 00:11:54 | 00:18:27            | 00:30:31 |            | CASTRELOS 20:30                        | VIGO                   |
| 47  | 76     | JORDI SILVA LUNA                 |      | VTM- 32   | 00:37:11  | 00:03:44 | 00:37:06 | 00:03:43  | 00:11:56 | 00:18:27            | 00:30:32 | AG2023104  | ATLETISMO ARENTEIRO                    | BARBADÁS               |
| 48  | 639    | MIGUEL IGLESIAS AMORES           |      | /M- 14    | 00:37:11  | 00:03:44 | 00:37:06 | 00:03:43  | 00:11:42 | 00:18:15            | 00:30:23 |            | ATLETISMO ARENTEIRO                    | VEDRA                  |
| 49  | 668    | ESTEBAN GARCIA FERNANDEZ         |      | VTM- 33   | 00:37:14  | 00:03:44 | 00:37:09 | 00:03:43  | 00:11:28 | 00:18:14            | 00:30:30 |            |  | VIGO                   |
| 50  | 11     | DIEGO RODRÍGUEZ ÁLVAREZ          |      | /M- 15    | 00:37:19  | 00:03:44 | 00:37:18 | 00:03:44  | 00:10:51 | 00:16:56            | 00:30:09 | AG2027377  | RUNGALICIA INTERSPORT                  | VIGO                   |
| 51  | 103    | JOSE MARTINEZ SOAGE              |      | VTM- 34   | 00:37:20  | 00:03:44 | 00:37:20 | 00:03:44  |          |                     |          |            |  | CANGAS                 |
| 52  | 75     | ALEJANDRO OTERO RAMÍREZ          |      | VTM- 35   | 00:37:25  | 00:03:45 | 00:37:22 | 00:03:45  | 00:11:40 | 00:18:23            | 00:30:52 |            |  | VIGO                   |
| 53  | 154    | ROBERTO FERNÁNDEZ GARCÍA         |      | VTM- 36   | 00:37:27  | 00:03:45 | 00:37:23 | 00:03:45  | 00:11:53 | 00:18:28            | 00:30:42 |            | CONDADO TRAIL                          | PONTEAREAS             |
| 54  | 104    | DAVID GIRALDEZ CAMESELLA         |      | VTM- 37   | 00:37:30  | 00:03:45 | 00:37:27 | 00:03:45  | 00:11:50 | 00:18:28            | 00:30:49 |            |  | SABARÍS                |

|     |      |                                 |      |           |          |          |          |          |          |          |          |           |  |  |                    |
|-----|------|---------------------------------|------|-----------|----------|----------|----------|----------|----------|----------|----------|-----------|--|--|--------------------|
| 55  | 664  | DAVID PORTO PEREZ               |      | VTM- 38   | 00:37:30 | 00:03:45 | 00:37:25 | 00:03:45 | 00:12:06 | 00:18:39 | 00:30:53 |           | A CANUDA                               |  | PORRIÑO            |
| 56  | 50   | JOSÉ JULIÁN BELTRÁN TABOADA     |      | VTM- 39   | 00:37:31 | 00:03:46 | 00:37:28 | 00:03:45 | 00:11:55 | 00:18:30 | 00:30:42 |           | RUN PONTEVEDRA                         |  | PONTEVEDRA         |
| 57  | 211  | EMILIO DIZ CASTIÑEIRA           |      | VTM- 40   | 00:37:31 | 00:03:46 | 00:37:26 | 00:03:45 | 00:11:44 | 00:18:22 | 00:30:50 |           |  |  | PORRIÑO            |
| 58  | 647  | SANDRA MOSQUERA LOSADA          | F- 2 | /F- 1     | 00:37:33 | 00:03:46 | 00:37:33 | 00:03:46 | 00:11:53 | 00:18:28 | 00:30:48 | GA 16506  | COMESAÑA SPORTING CLUB                 |  | VIGO               |
| 59  | 715  | DANIEL NEIRA CARDALDA           |      | /M- 16    | 00:37:34 | 00:03:46 | 00:37:31 | 00:03:46 | 00:12:00 | 00:18:38 | 00:30:59 |           |  |  | PORRIÑO (O)        |
| 60  | 68   | XENXO LASO VÁZQUEZ              |      | /M- 17    | 00:37:43 | 00:03:47 | 00:37:41 | 00:03:47 | 00:11:45 | 00:18:27 | 00:30:52 |           | ATLETISMO ARENTEIRO                    |  | OURENSE            |
| 61  | 24   | SAÚL ZÚÑIGA RODRÍGUEZ           |      | VTM- 41   | 00:37:43 | 00:03:47 | 00:37:39 | 00:03:46 | 00:12:01 | 00:18:37 | 00:31:01 | AG2014469 | TANINOS RUNNERS PONTEAREAS             |  | PONTEAREAS         |
| 62  | 653  | FRANCISCO JAVIER PENA PEREIRA   |      | VTM- 42   | 00:37:45 | 00:03:47 | 00:37:42 | 00:03:47 | 00:11:54 | 00:18:37 | 00:31:04 |           | CSCR DE BEADE                          |  | VIGO               |
| 63  | 742  | DAVID OLIVEIRA RODRIGUEZ        |      | /M- 18    | 00:37:55 | 00:03:48 | 00:37:53 | 00:03:48 | 00:11:46 | 00:18:28 | 00:31:03 |           | CAZAFANTASMAS TEAM                     |  | REDONDELA          |
| 64  | 133  | ADRIÁN PORTELA RODRÍGUEZ        |      | VTM- 43   | 00:37:58 | 00:03:48 | 00:37:51 | 00:03:48 | 00:12:15 | 00:18:54 | 00:31:11 |           |  |  | TUI                |
| 65  | 80   | MANUEL ULLA REGA                |      | VTM- 44   | 00:37:59 | 00:03:48 | 00:37:56 | 00:03:48 | 00:12:02 | 00:18:41 | 00:31:10 |           | ASOCIACIÓN DEPORTIVA C.A.R             |  | CESANTES-REDONDELA |
| 66  | 25   | JORDI CARRASCO NUÑEZ            |      | VTM- 45   | 00:38:09 | 00:03:49 | 00:38:06 | 00:03:49 | 00:12:16 | 00:19:01 | 00:30:58 | GA83      | MILER VINTAGE RUNNING CLUB             |  | MORAÑA             |
| 67  | 105  | PITI PEREIRA FARIÑA             |      | VTM- 46   | 00:38:12 | 00:03:50 | 00:38:09 | 00:03:49 | 00:12:17 | 00:19:02 | 00:31:29 | GA768973  | CLUB ATLETISMO A ESTRADA               |  | CUNTIS             |
| 68  | 675  | ISMAEL FINTAN OJEA              |      | VTM- 47   | 00:38:26 | 00:03:51 | 00:38:21 | 00:03:51 | 00:12:06 | 00:18:49 | 00:31:31 |           | A CANUDA                               |  | SALVATERRA DE MIÑO |
| 69  | 186  | DIEGO FERNANDEZ SALGUEIRO       |      | VTM- 48   | 00:38:28 | 00:03:51 | 00:38:24 | 00:03:51 | 00:12:08 | 00:18:59 | 00:31:42 |           |  |  | MELON              |
| 70  | 179  | JOSÉ LÓPEZ PÉREZ                |      | VTM- 49   | 00:38:28 | 00:03:51 | 00:38:21 | 00:03:51 | 00:12:05 | 00:18:53 | 00:31:36 |           | ATLETISMO ARENTEIRO                    |  | CARBALLIÑO (O)     |
| 71  | 163  | JOSE COSTAS FERNÁNDEZ           |      | VTM- 50   | 00:38:28 | 00:03:51 | 00:38:25 | 00:03:51 | 00:12:01 | 00:18:47 | 00:31:39 |           | ASOCIACION DEPORTIVA C.A.R REDONDELA   |  | A CAÑIZA           |
| 72  | 669  | JACOBO GONZALEZ GARCIA          |      | VTM- 51   | 00:38:30 | 00:03:51 | 00:38:26 | 00:03:51 | 00:12:09 | 00:19:00 | 00:31:40 |           |  |  | VIGO               |
| 73  | 39   | JAIME JOSE ROCHA ARIAS          |      | VTM- 52   | 00:38:30 | 00:03:51 | 00:38:22 | 00:03:51 | 00:12:26 | 00:19:20 | 00:31:47 |           | CASTRELOS 20:30                        |  | VIGO               |
| 74  | 1193 | CÉSAR PÉREZ NOVÁS               |      | VTM- 53   | 00:38:31 | 00:03:52 | 00:38:15 | 00:03:50 | 00:12:26 | 00:19:10 | 00:31:45 | GA765356  | CLUB ATLETISMO PORRIÑO                 |  | O PORRIÑO          |
| 75  | 135  | GUILLERMO FEIJOO REDONDO        |      | /M- 19    | 00:38:32 | 00:03:52 | 00:38:26 | 00:03:51 | 00:12:32 | 00:19:27 | 00:32:07 |           |  |  | OURENSE            |
| 76  | 691  | MICHEL REMIGIO LORENZO          |      | VTM- 54   | 00:38:34 | 00:03:52 | 00:38:28 | 00:03:51 | 00:12:13 | 00:19:05 | 00:31:47 |           |  |  | O CARBALLIÑO       |
| 77  | 824  | ALEJANDRO MARTÍNEZ GONZÁLEZ     |      | SUB23M- 2 | 00:38:34 | 00:03:52 | 00:38:26 | 00:03:51 | 00:12:13 | 00:19:03 | 00:31:48 |           | CLUB ATLETISMO TORTUGAS                |  | TOMIÑO             |
| 78  | 180  | BRUNO MUIÑOS CARBALLO           |      | VTM- 55   | 00:38:35 | 00:03:52 | 00:38:31 | 00:03:52 | 00:12:18 | 00:19:05 | 00:31:41 |           |  |  | VIGO               |
| 79  | 82   | ERNESTO RODRÍGUEZ BOLÍBAR       |      | VTM- 56   | 00:38:35 | 00:03:52 | 00:38:33 | 00:03:52 | 00:12:25 | 00:19:20 | 00:31:54 |           | CASTRELOS 20:30                        |  | VIGO               |
| 80  | 91   | MARTÍN VALVERDE VILLAR          |      | VTM- 57   | 00:38:38 | 00:03:52 | 00:38:36 | 00:03:52 | 00:12:22 | 00:19:12 | 00:31:52 |           | C.A. VETERANOS DE SAMIL                |  | NIGRAN             |
| 81  | 96   | ISAAC ARCA RODRIGUEZ            |      | VTM- 58   | 00:38:39 | 00:03:52 | 00:38:35 | 00:03:52 | 00:12:04 | 00:18:55 | 00:31:48 |           |  |  | VIGO               |
| 82  | 634  | DARIO BERNARDEZ RODRIGUEZ       |      | VTM- 59   | 00:38:41 | 00:03:53 | 00:38:35 | 00:03:52 | 00:12:49 | 00:19:42 | 00:32:05 |           | CLUB DEPORTIVO PINARIUM                |  | VIGO               |
| 83  | 109  | CARLOS IGLESIAS CARRERA         |      | VTM- 60   | 00:38:46 | 00:03:53 | 00:38:46 | 00:03:53 |          |          |          |           | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM |  | MONDARIZ           |
| 84  | 81   | CARLOS JAVIER ESTEVEZ ALONSO    |      | VTM- 61   | 00:38:49 | 00:03:53 | 00:38:45 | 00:03:53 | 00:12:25 | 00:19:22 | 00:32:01 |           | CASTRELOS KM.0                         |  | VIGO               |
| 85  | 717  | MANUEL GONZALEZ ADAN            |      | VTM- 62   | 00:38:50 | 00:03:53 | 00:38:47 | 00:03:53 | 00:11:54 | 00:18:53 | 00:31:53 |           | CLUBE-ESCOLA ATLETISMO DEZA            |  | LALÍN              |
| 86  | 144  | JAVIER GIRALDEZ PIÑEIRO         |      | /M- 20    | 00:38:52 | 00:03:54 | 00:38:47 | 00:03:53 | 00:12:22 | 00:19:19 | 00:32:02 |           | ATLETISMO BAIONA                       |  | NIGRÁN             |
| 87  | 145  | ALBERTO CASTRO GONZALEZ         |      | VTM- 63   | 00:38:58 | 00:03:54 | 00:38:53 | 00:03:54 | 00:12:29 | 00:19:21 | 00:32:00 |           | ATLETISMO TUI- ACTIVAMOSTUCASA         |  | TUI                |
| 88  | 673  | ALEJANDRO PAMPÍN VILLAR         |      | /M- 21    | 00:39:02 | 00:03:55 | 00:38:57 | 00:03:54 | 00:12:35 | 00:19:30 | 00:32:08 |           |  |  | OURENSE            |
| 89  | 672  | JAVIER CARBALLO DURÁN           |      | VTM- 64   | 00:39:02 | 00:03:55 | 00:38:56 | 00:03:54 | 00:12:23 | 00:19:24 | 00:32:10 |           | CLUB ATLETISMO SAMERTOLAMEU            |  | MOAÑA              |
| 90  | 650  | ROBERTO FERNÁNDEZ PAREDES       |      | VTM- 65   | 00:39:04 | 00:03:55 | 00:39:01 | 00:03:55 | 00:12:28 | 00:19:27 | 00:32:16 |           | C.S.C.R. BEADE                         |  | VIGO               |
| 91  | 99   | SONIA ABAD MARTINEZ             | F- 3 | /F- 2     | 00:39:05 | 00:03:55 | 00:39:01 | 00:03:55 | 00:12:33 | 00:19:25 | 00:32:05 |           |  |  | MONDARIZ           |
| 92  | 661  | JORGE IGLESIAS ALONSO           |      | VTM- 66   | 00:39:05 | 00:03:55 | 00:39:02 | 00:03:55 | 00:12:25 | 00:19:22 | 00:32:08 |           | CASTRELOS KM 0                         |  | VIGO               |
| 93  | 670  | ANDRE ALONSO GONZALEZ           |      | VTM- 67   | 00:39:09 | 00:03:55 | 00:39:05 | 00:03:55 | 00:12:26 | 00:19:24 | 00:32:13 |           |  |  | VIGO               |
| 94  | 721  | JORGE GÓMEZ ALONSO GÓMEZ ALONSO |      | VTM- 68   | 00:39:13 | 00:03:56 | 00:39:09 | 00:03:55 | 00:12:27 | 00:19:25 | 00:32:19 |           |  |  | TUI                |
| 95  | 181  | JOSÉ ANTONIO VELOSO MIRANDA     |      | VTM- 69   | 00:39:14 | 00:03:56 | 00:39:13 | 00:03:56 | 00:12:34 | 00:19:32 | 00:32:18 | AG766020  | PATO BLANCO CELANOVA                   |  | OURENSE            |
| 96  | 697  | MANUEL PEREZ                    |      | VTM- 70   | 00:39:15 | 00:03:56 | 00:39:05 | 00:03:55 | 00:12:50 | 00:19:35 | 00:32:20 |           |  |  | MOS                |
| 97  | 751  | DALMA MARTÍNEZ ALONSO           |      | VTM- 71   | 00:39:17 | 00:03:56 | 00:39:12 | 00:03:56 | 00:12:27 | 00:19:25 | 00:32:19 |           | TANINOS RUNNERS PONTEAREAS             |  | PONTEAREAS         |
| 98  | 86   | MIGUEL COSTAS COSTAS            |      | VTM- 72   | 00:39:18 | 00:03:56 | 00:39:13 | 00:03:56 | 00:12:19 | 00:19:18 | 00:32:12 |           | MAIS QUE AUGA                          |  | VIGO               |
| 99  | 629  | JOSE MANUEL GIL BERNARDEZ       |      | VTM- 73   | 00:39:19 | 00:03:56 | 00:39:13 | 00:03:56 | 00:12:42 | 00:19:32 | 00:32:22 |           | A CANUDA-AVIVA SPORTS CLUB             |  | SALCEDA DE CASELAS |
| 100 | 164  | JOSE MANUEL TOLEDO ESTEVEZ      |      | VTM- 74   | 00:39:20 | 00:03:56 | 00:39:19 | 00:03:56 | 00:12:34 | 00:19:33 | 00:32:22 |           | PATO BLANCO CELANOVA                   |  | CELANOVA           |
| 101 | 198  | RICARDO SANCHEZ MOREIRA         |      | VTM- 75   | 00:39:22 | 00:03:57 | 00:39:16 | 00:03:56 | 00:12:48 | 00:19:42 | 00:32:28 |           | CIBUS                                  |  | VIGO               |
| 102 | 720  | JOSÉ GRANDE LAMELA              |      | VTM- 76   | 00:39:23 | 00:03:57 | 00:39:19 | 00:03:56 | 00:12:47 | 00:19:51 | 00:32:33 |           | SURRATEIROS                            |  | OURENSE            |
| 103 | 259  | SAMUEL ROMERO FERNÁNDEZ         |      | VTM- 77   | 00:39:29 | 00:03:57 | 00:39:27 | 00:03:57 | 00:12:38 | 00:19:33 | 00:32:29 |           |  |  | PONTEAREAS         |
| 104 | 195  | HECTOR TRONCOSO GOMEZ           |      | VTM- 78   | 00:39:30 | 00:03:57 | 00:39:26 | 00:03:57 | 00:12:41 | 00:19:46 | 00:32:43 |           |  |  | SALCEDA DE CASELAS |
| 105 | 220  | MANUEL ARIAS SOTO               |      | VTM- 79   | 00:39:31 | 00:03:58 | 00:39:25 | 00:03:57 | 00:12:39 | 00:19:47 | 00:32:47 |           |  |  | VIGO               |
| 106 | 853  | FERNANDO PIÑEIRO LESTON         |      | /M- 22    | 00:39:41 | 00:03:59 | 00:39:23 | 00:03:57 | 00:12:31 | 00:19:33 | 00:32:35 |           |  |  | MOAÑA              |
| 107 | 161  | JUAN J. PAZ RODRIGUEZ           |      | VTM- 80   | 00:39:42 | 00:03:59 | 00:39:39 | 00:03:58 | 00:12:12 | 00:19:14 | 00:32:28 |           | CASTRELOS 20:30                        |  | VIGO               |
| 108 | 431  | HUGO LÓPEZ FERNÁNDEZ            |      | /M- 23    | 00:39:43 | 00:03:59 | 00:39:35 | 00:03:58 | 00:13:14 | 00:20:20 | 00:32:58 |           | CORREDORES DO MIÑO                     |  | OURENSE            |
| 109 | 118  | DAVID CASTIÑEIRA LAMERIO        |      | VTM- 81   | 00:39:44 | 00:03:59 | 00:39:38 | 00:03:58 | 00:12:50 | 00:19:48 | 00:32:36 |           | CIBUS                                  |  | VIGO               |
| 110 | 747  | MANUEL LÓPEZ MUÑIZ              |      | VTM- 82   | 00:39:45 | 00:03:59 | 00:39:32 | 00:03:58 | 00:12:40 | 00:19:47 | 00:32:48 |           | VETERANOS DE SAMIL                     |  | COSEITO            |
| 111 | 226  | DAVID VÁZQUEZ GARCÍA            |      | /M- 24    | 00:39:46 | 00:03:59 | 00:39:46 | 00:03:59 |          |          |          |           |  |  | MUÍÑOS             |
| 112 | 354  | CORA SABURIDO REPRESA           | F- 4 | /F- 3     | 00:39:49 | 00:03:59 | 00:39:36 | 00:03:58 | 00:12:49 | 00:19:48 | 00:32:44 |           |  |  | OURENSE            |

|     |     |                                 |             |          |          |          |          |          |          |          |            |  |                        |
|-----|-----|---------------------------------|-------------|----------|----------|----------|----------|----------|----------|----------|------------|--|------------------------|
| 113 | 712 | JESÚS PARDO JORGE               | VTM- 83     | 00:39:50 | 00:03:59 | 00:39:43 | 00:03:59 | 00:12:39 | 00:19:47 | 00:32:49 |            | TRINORTH                                 | VIGO                   |
| 114 | 182 | GABRIEL ALARCON SABARIS         | VTM- 84     | 00:39:50 | 00:03:59 | 00:39:47 | 00:03:59 | 00:12:36 | 00:19:34 | 00:32:39 |            | TRIPENTA TERRAS DE LUGO                  | SANXENXO               |
| 115 | 255 | MIGUEL PEREIRO BARCIELA         | VTM- 85     | 00:39:55 | 00:04:00 | 00:39:49 | 00:03:59 | 00:12:57 | 00:20:01 | 00:32:57 |            | INDEPENDIENTE                            | MOS                    |
| 116 | 244 | HECTOR SOUTO PEREZ              | VTM- 86     | 00:39:57 | 00:04:00 | 00:39:48 | 00:03:59 | 00:13:13 | 00:20:15 | 00:32:59 |            | DT1 TEAM                                 | OURENSE                |
| 117 | 190 | MANUEL FIGUEIRA PEREZ           | VTM- 87     | 00:40:00 | 00:04:00 | 00:39:57 | 00:04:00 | 00:12:19 | 00:19:17 | 00:32:15 | AG-2015895 | ATLETISMO SAR-VERMU PETRONI              | PONTECURES             |
| 118 | 128 | DAVID ALONSO PREGAL             | /M- 25      | 00:40:00 | 00:04:00 | 00:39:55 | 00:04:00 | 00:12:03 | 00:19:02 | 00:32:28 |            | ATLETISMO PORRIÑO                        | O PORRIÑO              |
| 119 | 392 | JOSE LÓPEZ MARTÍNEZ             | /M- 26      | 00:40:01 | 00:04:01 | 00:39:51 | 00:04:00 | 00:12:41 | 00:19:39 | 00:32:47 |            |  | VIGO                   |
| 120 | 722 | LUIS MANUEL PIRES               | VTM- 88     | 00:40:06 | 00:04:01 | 00:40:01 | 00:04:01 | 00:12:25 | 00:19:28 | 00:32:51 |            | CLUB ATLETISMO SAMERTOLAMEU              | MOAÑA                  |
| 121 | 126 | JAVIER PIMENTEL OCAMPO          | VTM- 89     | 00:40:07 | 00:04:01 | 00:39:43 | 00:03:59 | 00:12:49 | 00:19:48 | 00:32:58 |            | ATLETISMO TUI- ACTIVAMOSTUCASA           | TUI                    |
| 122 | 733 | ALEX MURIAS                     | VTM- 90     | 00:40:08 | 00:04:01 | 00:39:51 | 00:04:00 | 00:12:54 | 00:20:04 | 00:33:13 |            |  | REDONDELA              |
| 123 | 183 | CARLOS CHAPELA GONZALEZ         | VTM- 91     | 00:40:09 | 00:04:01 | 00:40:02 | 00:04:01 | 00:12:39 | 00:19:48 | 00:33:03 | 77000419F  | GMTA&CHUVONERS                           | REDONDELA              |
| 124 | 294 | FRANCISCO SANMARCO SANTOS       | VTM- 92     | 00:40:09 | 00:04:01 | 00:40:05 | 00:04:01 | 00:12:36 | 00:19:48 | 00:33:00 | GA-768550  | SAR-VERMU PETRONI                        | PONTECURES             |
| 125 | 719 | DAVID CASADO PORTO              | VTM- 93     | 00:40:10 | 00:04:01 | 00:40:06 | 00:04:01 | 00:12:52 | 00:19:59 | 00:33:07 |            | LUGO FLUVIAL                             | VIGO                   |
| 126 | 663 | LUÍS FERNANDES                  | SUB23M- 3   | 00:40:11 | 00:04:02 | 00:40:11 | 00:04:02 | 00:12:08 | 00:19:25 | 00:33:05 | PT151012   | CENTRO DE ATLETISMO DE ARCOS DE VALDEVEZ | ARCOS DE VALDEVEZ      |
| 127 | 150 | ANDREA IGLESIAS CARBALLIDO      | F- 5 /F- 4  | 00:40:12 | 00:04:02 | 00:40:09 | 00:04:01 | 00:12:52 | 00:19:59 | 00:33:06 |            | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM   | GONDOMAR               |
| 128 | 10  | ANTÓN GÓMEZ GONZÁLEZ            | /M- 27      | 00:40:13 | 00:04:02 | 00:40:10 | 00:04:01 | 00:12:51 | 00:19:58 | 00:33:06 |            | CLUB DEPORTIVO SAN PAIO                  | SANTIAGO DE COMPOSTELA |
| 129 | 714 | JOSE ANGEL ÁLVAREZ RODRÍGUEZ    | VTM- 94     | 00:40:13 | 00:04:02 | 00:40:09 | 00:04:01 | 00:12:58 | 00:20:01 | 00:33:00 |            |  | MOS                    |
| 130 | 127 | JOSE RAMON RODRÍGUEZ GONZALEZ   | VTM- 95     | 00:40:14 | 00:04:02 | 00:40:06 | 00:04:01 | 00:12:49 | 00:19:52 | 00:33:01 | AG769143   | CLUB ATLETISMO ARENTEIRO                 | OURENSE                |
| 131 | 107 | ANDRES FERNANDEZ FERNANDEZ      | VTM- 96     | 00:40:18 | 00:04:02 | 00:40:13 | 00:04:02 | 00:13:01 | 00:20:09 | 00:33:15 |            | CIBUS                                    | VIGO                   |
| 132 | 610 | CELSO ARAUJO PAZOS              | VTM- 97     | 00:40:18 | 00:04:02 | 00:40:14 | 00:04:02 | 00:12:50 | 00:20:04 | 00:33:15 |            |  | OURENSE                |
| 133 | 207 | JOSÉ MIGUEL FERNÁNDEZ CRUZ      | VTM- 98     | 00:40:23 | 00:04:03 | 00:40:17 | 00:04:02 | 00:12:43 | 00:19:54 | 00:33:10 |            | ATLETISMO PORRIÑO                        | SALCEDA DE CASELAS     |
| 134 | 235 | JOSÉ MANUEL CID LONGUEIRA       | VTM- 99     | 00:40:28 | 00:04:03 | 00:40:20 | 00:04:02 | 00:12:26 | 00:19:23 | 00:33:09 |            | CASTRELOS 20:30                          | REDONDELA              |
| 135 | 140 | ANGEL GIRALDEZ PIÑEIRO          | /M- 28      | 00:40:29 | 00:04:03 | 00:40:25 | 00:04:03 | 00:12:49 | 00:20:05 | 00:33:19 |            | ATLETISMO BAIONA                         | BAIONA                 |
| 136 | 264 | MARCOS ALONSO SILVA             | VTM- 100    | 00:40:33 | 00:04:04 | 00:40:24 | 00:04:03 | 00:13:09 | 00:20:16 | 00:33:25 |            | CORREDORES FESTEIROS                     | PONTEAREAS             |
| 137 | 245 | ANGEL BOQUETE DIZ               | VTM- 101    | 00:40:39 | 00:04:04 | 00:40:33 | 00:04:04 | 00:13:02 | 00:20:12 | 00:33:28 |            | ATLETISMO TUI- ACTIVAMOSTUCASA           | TUI                    |
| 138 | 645 | FRANK BAEZ BARCIA               | VTM- 102    | 00:40:42 | 00:04:05 | 00:40:36 | 00:04:04 | 00:12:40 | 00:19:49 | 00:33:22 |            |  | O'PORRIÑO              |
| 139 | 372 | ALEJANDRO CAMBRA DOMINGUEZ      | VTM- 103    | 00:40:43 | 00:04:05 | 00:40:33 | 00:04:04 | 00:13:09 | 00:20:16 | 00:33:25 |            |  | PONTEAREAS             |
| 140 | 687 | ADRIAN ALONSO                   | SUB23M- 4   | 00:40:46 | 00:04:05 | 00:40:41 | 00:04:05 | 00:12:35 | 00:19:41 | 00:33:07 |            |  | OURENSE                |
| 141 | 716 | ANTÓNIO FERNANDES               | VTM- 104    | 00:40:56 | 00:04:06 | 00:40:52 | 00:04:06 | 00:12:38 | 00:20:02 | 00:33:43 |            | GDCTENVC                                 | VIANA DO CASTELO       |
| 142 | 260 | JOSÉ MANUEL NANÍN LÓPEZ         | VTM- 105    | 00:41:00 | 00:04:06 | 00:40:52 | 00:04:06 | 00:13:15 | 00:20:25 | 00:33:52 |            | CORREDORES DO MIÑO                       | OURENSE                |
| 143 | 700 | DAVID LOPEZ RODRIGUEZ           | VTM- 106    | 00:41:03 | 00:04:07 | 00:40:56 | 00:04:06 | 00:12:41 | 00:19:54 | 00:33:31 |            | ASOCIACION DEPORTIVA C.A.R               | REDONDELA              |
| 144 | 296 | ESTEBAN FERNANDEZ ALVAREZ       | VTM- 107    | 00:41:05 | 00:04:07 | 00:40:51 | 00:04:06 | 00:13:01 | 00:20:12 | 00:33:45 | 34995701M  | CLUB BOX001 OURENSE RUN MANIAK           | OURENSE                |
| 145 | 705 | CARLOS IGLESIAS SOUSA           | VTM- 108    | 00:41:07 | 00:04:07 | 00:41:02 | 00:04:07 | 00:12:37 | 00:20:01 | 00:33:33 |            | FORESJANS                                | PONTEAREAS             |
| 146 | 83  | PABLO SANTOMÉ RODRÍGUEZ         | /M- 29      | 00:41:07 | 00:04:07 | 00:41:04 | 00:04:07 | 00:12:09 | 00:19:24 | 00:33:18 |            | CASTRELOS 20:30                          | VIGO                   |
| 147 | 196 | TINO MEIS VEIGA                 | VTM- 109    | 00:41:17 | 00:04:08 | 00:41:10 | 00:04:07 | 00:13:24 | 00:20:45 | 00:34:11 |            | CLUB TRIATLÓN POIO                       | PONTEVEDRA             |
| 148 | 272 | CASIANO LEMOS FERNANDEZ         | VTM- 110    | 00:41:20 | 00:04:08 | 00:41:11 | 00:04:08 | 00:13:38 | 00:20:53 | 00:34:13 |            |  | PORRIÑO                |
| 149 | 684 | ALEX CASTRO LÓPEZ               | VTM- 111    | 00:41:21 | 00:04:09 | 00:41:18 | 00:04:08 | 00:12:48 | 00:20:15 | 00:33:59 |            |  | MOS                    |
| 150 | 149 | CARLOS PEREIRA DIZ              | VTM- 112    | 00:41:28 | 00:04:09 | 00:41:26 | 00:04:09 | 00:12:56 | 00:20:12 | 00:33:46 |            | RUNMANIAK BOX001 OURENSE                 | PADERNE DE ALLARIZ     |
| 151 | 291 | LUCIA PEON SANTOME              | F- 6 VTF- 2 | 00:41:28 | 00:04:09 | 00:41:25 | 00:04:09 | 00:12:48 | 00:20:14 | 00:34:00 |            | ATLETISMO ARENTEIRO                      | LALÍN                  |
| 152 | 737 | BRUNO BARROS CAMPO              | VTM- 113    | 00:41:30 | 00:04:09 | 00:41:14 | 00:04:08 | 00:13:29 | 00:20:36 | 00:34:07 |            |  | PORRIÑO                |
| 153 | 137 | JOAQUÍN MINIÑO MARTÍNEZ         | VTM- 114    | 00:41:38 | 00:04:10 | 00:41:29 | 00:04:09 | 00:13:46 | 00:21:05 | 00:34:31 |            | ATLETISMO BAIONA                         | BAIONA                 |
| 154 | 728 | VÍCTOR MANUEL CASALMORTO PEREZ  | VTM- 115    | 00:41:39 | 00:04:10 | 00:41:26 | 00:04:09 | 00:13:23 | 00:20:47 | 00:34:29 |            | GIN TRAIL                                | PORRIÑO (O)            |
| 155 | 732 | MOHAMED SALEM KHATARI MOULOUD   | /M- 30      | 00:41:41 | 00:04:11 | 00:41:30 | 00:04:09 | 00:13:35 | 00:20:57 | 00:34:26 |            |  | VIGO                   |
| 156 | 298 | LAUREANO TROITIÑO LIMERES       | VTM- 116    | 00:41:42 | 00:04:11 | 00:41:34 | 00:04:10 | 00:13:25 | 00:20:47 | 00:34:17 |            |  | PONTEVEDRA             |
| 157 | 514 | DANIEL SOMOZA OTERO             | /M- 31      | 00:41:45 | 00:04:11 | 00:41:34 | 00:04:10 | 00:13:23 | 00:20:52 | 00:34:26 |            |  | CHANTADA               |
| 158 | 254 | JOSÉ JARDÓN LÓPEZ               | VTM- 117    | 00:41:50 | 00:04:11 | 00:41:48 | 00:04:11 | 00:13:17 | 00:20:47 | 00:34:21 |            | VETERANOS DE SAMIL                       | VIGO                   |
| 159 | 307 | SANTIAGO LAMAS CRUZ             | VTM- 118    | 00:41:59 | 00:04:12 | 00:41:43 | 00:04:11 | 00:13:53 | 00:21:19 | 00:34:47 |            | LAMARGHA-AUTOTODO                        | CARBALLIÑO             |
| 160 | 122 | ALFREDO FERREIRO DEAÑO          | VTM- 119    | 00:42:02 | 00:04:13 | 00:41:56 | 00:04:12 | 00:13:18 | 00:20:47 | 00:34:32 | A-10629    | CLUB DEPORTIVO AURUM                     | RIBADAVIA              |
| 161 | 265 | MICKAEL FARO MARTÍNEZ           | VTM- 120    | 00:42:04 | 00:04:13 | 00:41:54 | 00:04:12 | 00:14:14 | 00:21:46 | 00:35:07 |            | CORREDORES FESTEIROS                     | MONDARIZ               |
| 162 | 270 | ANDRES COVELO SUÁREZ            | VTM- 121    | 00:42:05 | 00:04:13 | 00:41:55 | 00:04:12 | 00:14:15 | 00:21:45 | 00:35:07 |            | CORREDORES FESTEIROS                     | PONTEAREAS             |
| 163 | 651 | MARCOS FERNÁNDEZ MONZÓN         | VTM- 122    | 00:42:06 | 00:04:13 | 00:42:03 | 00:04:13 | 00:13:24 | 00:20:52 | 00:34:34 |            | C.S.C.R. BEADE                           | VIGO                   |
| 164 | 351 | DAVID CUETO                     | VTM- 123    | 00:42:07 | 00:04:13 | 00:41:52 | 00:04:12 | 00:13:46 | 00:21:09 | 00:34:47 |            |  | VIGO                   |
| 165 | 434 | BERNARDINO TEJERO NOVELLE       | VTM- 124    | 00:42:11 | 00:04:14 | 00:41:53 | 00:04:12 | 00:14:00 | 00:21:26 | 00:35:05 |            |  | AS NEVES               |
| 166 | 827 | JORGE VELOSO LOURIDO            | /M- 32      | 00:42:13 | 00:04:14 | 00:41:56 | 00:04:12 | 00:13:44 | 00:20:58 | 00:34:36 |            | A BANDA                                  | PORRIÑO                |
| 167 | 193 | DAMIÁN BORJA BAUTISTA GONÇALVES | VTM- 125    | 00:42:15 | 00:04:14 | 00:42:08 | 00:04:13 | 00:13:32 | 00:20:59 | 00:34:52 |            | ATLETISMO PORRIÑO                        | O PORRIÑO              |
| 168 | 290 | ABEL DARRIBA BARBA              | VTM- 126    | 00:42:15 | 00:04:14 | 00:42:03 | 00:04:13 | 00:13:37 | 00:21:01 | 00:34:47 | AG 2025879 | ASOCIACIÓN DEPORTIVA C.A.R               | REDONDELA              |
| 169 | 205 | FELIPE DOMINGUEZ MARIÑO         | VTM- 127    | 00:42:16 | 00:04:14 | 00:42:08 | 00:04:13 | 00:13:34 | 00:21:02 | 00:34:44 |            | ATLETISMO PORRIÑO                        | SALVATERRA DE MIÑO     |
| 170 | 497 | RUBÉN ALFAYA BLANCO             | /M- 33      | 00:42:18 | 00:04:14 | 00:42:00 | 00:04:12 | 00:13:46 | 00:21:02 | 00:34:36 |            | A BANDA                                  | MONDARIZ               |

|     |      |                                    |       |           |          |          |          |          |          |          |          |            |  |  |                     |
|-----|------|------------------------------------|-------|-----------|----------|----------|----------|----------|----------|----------|----------|------------|--|--|---------------------|
| 171 | 833  | SAMUEL PÉREZ GONZÁLEZ              |       | SUB23M- 5 | 00:42:20 | 00:04:14 | 00:42:10 | 00:04:13 | 00:13:11 | 00:20:45 | 00:34:35 |            |  |  | TOMIÑO              |
| 172 | 261  | MARÍA MARTÍNEZ GONZÁLEZ            | F- 7  | /F- 5     | 00:42:21 | 00:04:15 | 00:42:15 | 00:04:14 | 00:13:30 | 00:21:02 | 00:34:53 |            |  |  | PORRIÑO (O)         |
| 173 | 738  | MANUEL PEREZ PASCUAL               |       | VTM- 128  | 00:42:25 | 00:04:15 | 00:42:22 | 00:04:15 | 00:13:26 | 00:20:56 | 00:34:50 |            | CSCR BEADE                             |  | VIGO                |
| 174 | 206  | BORJA CONEJERO JORDÁN              |       | VTM- 129  | 00:42:26 | 00:04:15 | 00:42:21 | 00:04:15 | 00:13:38 | 00:21:04 | 00:34:47 |            |  |  | NIGRÁN              |
| 175 | 282  | CRISTIAN LORENZO AÑEL              |       | VTM- 130  | 00:42:29 | 00:04:15 | 00:42:15 | 00:04:14 | 00:13:54 | 00:21:19 | 00:35:01 |            | A. D. LIMIACTIVA                       |  | PINOR BARBADAS      |
| 176 | 277  | JESUS ALONSO DA SILVA              |       | VTM- 131  | 00:42:31 | 00:04:16 | 00:42:20 | 00:04:14 | 00:13:50 | 00:21:19 | 00:35:07 | 35565691D  | ATLETISMO TUI- ACTIVAMOSTUCASA         |  | TUY                 |
| 177 | 478  | MANUEL MORALES ADÁN                |       | VTM- 132  | 00:42:32 | 00:04:16 | 00:42:16 | 00:04:14 | 00:13:42 | 00:21:23 | 00:35:10 |            | PONTE A CORRER                         |  | PONTE CALDELAS      |
| 178 | 844  | JUAN ANTONIO LUCIA PAREDES         |       | VTM- 133  | 00:42:45 | 00:04:17 | 00:42:37 | 00:04:16 | 00:13:30 | 00:21:02 | 00:35:10 |            | YOVA                                   |  | VIGO                |
| 179 | 1013 | PAULINO MIGUEL AFONSO LUIS         |       | VTM- 134  | 00:42:54 | 00:04:18 | 00:42:36 | 00:04:16 | 00:14:12 | 00:21:50 | 00:35:30 |            | X-ONE PORRIÑO                          |  | O PORRIÑO           |
| 180 | 612  | CARLOS RUIZ GARCÍA                 |       | VTM- 135  | 00:42:56 | 00:04:18 | 00:42:46 | 00:04:17 | 00:13:45 | 00:21:27 | 00:35:20 |            | PONTE A CORRER                         |  | POIO                |
| 181 | 836  | PABLO COSTAS IGLESIAS              |       | VTM- 136  | 00:42:57 | 00:04:18 | 00:42:44 | 00:04:17 | 00:13:50 | 00:21:26 | 00:35:25 |            |  |  | CANGAS              |
| 182 | 419  | JAVIER BELTRAN MUÑOZ               |       | VTM- 137  | 00:42:59 | 00:04:18 | 00:42:50 | 00:04:17 | 00:13:30 | 00:21:02 | 00:35:11 |            |  |  | VIGO                |
| 183 | 782  | SERGIO DOMINGUEZ CARRERA           |       | /M- 34    | 00:43:01 | 00:04:19 | 00:42:46 | 00:04:17 | 00:13:58 | 00:21:27 | 00:35:30 |            | GESTAMP VIGO                           |  | O PORRIÑO           |
| 184 | 155  | PEDRO ANTONIO SEVILLA SUBIELA      |       | VTM- 138  | 00:43:02 | 00:04:19 | 00:42:55 | 00:04:18 | 00:14:06 | 00:21:41 | 00:35:38 | GA-2016079 | COMESAÑA SPORTING CLUB                 |  | VIGO                |
| 185 | 317  | MARCOS PEREZ FORMIGO               |       | VTM- 139  | 00:43:08 | 00:04:19 | 00:42:54 | 00:04:18 | 00:13:53 | 00:21:29 | 00:35:36 |            | CABO DE PEÑAS                          |  | CARBALLIÑO          |
| 186 | 476  | JACOB PAZ MARTINEZ                 |       | VTM- 140  | 00:43:08 | 00:04:19 | 00:42:51 | 00:04:18 | 00:13:52 | 00:21:29 | 00:35:35 |            | CABO DE PEÑAS                          |  | CARBALLIÑO (O)      |
| 187 | 396  | JORGE RAÚL QUILLUPANGUI QUINALUISA |       | VTM- 141  | 00:43:09 | 00:04:19 | 00:42:54 | 00:04:18 | 00:13:54 | 00:21:30 | 00:35:31 |            |  |  | OURENSE             |
| 188 | 187  | ÁLVARO DE PRADO VÁZQUEZ            |       | VTM- 142  | 00:43:10 | 00:04:19 | 00:43:06 | 00:04:19 | 00:13:57 | 00:21:41 | 00:35:42 |            |  |  | GONDOMAR            |
| 189 | 778  | ANDRÉS FROIZ LAREU                 |       | VTM- 143  | 00:43:10 | 00:04:19 | 00:42:59 | 00:04:18 | 00:13:59 | 00:21:43 | 00:35:39 |            |  |  | VIGO                |
| 190 | 278  | JOSE ANTONIO LORENZO RODRIGUEZ     |       | VTM- 144  | 00:43:12 | 00:04:20 | 00:43:01 | 00:04:19 | 00:13:33 | 00:21:02 | 00:35:21 |            |  |  | PONTEAREAS          |
| 191 | 764  | ROCIO RODRIGUEZ OLIVEIRA           | F- 8  | VTF- 3    | 00:43:13 | 00:04:20 | 00:43:09 | 00:04:19 | 00:13:55 | 00:21:46 | 00:35:47 |            | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM |  | PORRIÑO (O)         |
| 192 | 780  | BRAIS CALVO GARCIA                 |       | /M- 35    | 00:43:15 | 00:04:20 | 00:43:04 | 00:04:19 | 00:13:48 | 00:21:25 | 00:35:38 |            |  |  | VIGO                |
| 193 | 1175 | CARLOS MANUEL BARBOSA DANTAS       |       | VTM- 145  | 00:43:16 | 00:04:20 | 00:43:05 | 00:04:19 | 00:13:58 | 00:21:40 | 00:35:41 |            |  |  | CAMPOS              |
| 194 | 322  | MARTÍN RODRIGUEZ RODRIGUEZ         |       | /M- 36    | 00:43:17 | 00:04:20 | 00:43:10 | 00:04:19 | 00:13:04 | 00:20:43 | 00:35:38 |            |  |  | OURENSE             |
| 195 | 47   | DAVID PÉREZ GONZÁLEZ               |       | VTM- 146  | 00:43:18 | 00:04:20 | 00:43:10 | 00:04:19 | 00:14:12 | 00:21:51 | 00:35:47 |            | ATLETISMO A CANUDA SEGUROS BILBAO      |  | SALCEDA DE CASELAS  |
| 196 | 767  | ALBERTO LORENZO UZ                 |       | VTM- 147  | 00:43:20 | 00:04:20 | 00:43:09 | 00:04:19 | 00:13:55 | 00:21:42 | 00:35:49 |            | CIBUS                                  |  | VIGO                |
| 197 | 777  | NOEMI ALVAREZ RODRIGUEZ            | F- 9  | VTF- 4    | 00:43:21 | 00:04:21 | 00:43:12 | 00:04:20 | 00:13:32 | 00:21:19 | 00:35:40 |            |  |  | VIGO                |
| 198 | 217  | SENEEN ALONSO RODRÍGUEZ            |       | VTM- 148  | 00:43:23 | 00:04:21 | 00:43:17 | 00:04:20 | 00:13:33 | 00:21:15 | 00:35:34 |            | RUNNERS PV                             |  | PONTEAREAS          |
| 199 | 345  | FELIPE SANCHEZ POUSADELA           |       | VTM- 149  | 00:43:25 | 00:04:21 | 00:43:17 | 00:04:20 | 00:13:51 | 00:21:32 | 00:35:39 |            | FELIPE                                 |  | TUI                 |
| 200 | 766  | MIGUEL PEREIRO PEREIRO             |       | VTM- 150  | 00:43:27 | 00:04:21 | 00:43:15 | 00:04:20 | 00:13:59 | 00:21:45 | 00:35:48 |            |  |  | MOS                 |
| 201 | 520  | JOSE RAMON CARREIRO PAZOS          |       | VTM- 151  | 00:43:32 | 00:04:22 | 00:43:16 | 00:04:20 | 00:14:40 | 00:22:18 | 00:36:13 |            | TOMI                                   |  | TOMIÑO              |
| 202 | 350  | ROBERTO BASTERO CAMPOS             |       | VTM- 152  | 00:43:34 | 00:04:22 | 00:43:24 | 00:04:21 | 00:13:47 | 00:21:33 | 00:35:46 |            |  |  | VIGO                |
| 203 | 1195 | LADISLAO ESTEVEZ VALCARCEL         |       | VTM- 153  | 00:43:34 | 00:04:22 | 00:43:15 | 00:04:20 | 00:14:12 | 00:21:49 | 00:35:55 |            | MAMUT                                  |  | TUI                 |
| 204 | 760  | DANIEL ILLADE CASTRO               |       | /M- 37    | 00:43:38 | 00:04:22 | 00:43:23 | 00:04:21 | 00:13:29 | 00:21:01 | 00:35:37 |            |  |  |                     |
| 205 | 98   | JUAN SICILIA BARCI                 |       | VTM- 154  | 00:43:39 | 00:04:22 | 00:43:35 | 00:04:22 | 00:12:23 | 00:19:08 | 00:36:56 |            |  |  | CANGAS              |
| 206 | 666  | JOSÉ ANTONIO ÁLVAREZ DASILVA       |       | VTM- 155  | 00:43:41 | 00:04:23 | 00:43:11 | 00:04:20 | 00:14:39 | 00:22:19 | 00:37:04 |            | CAZAFANTASMAS TEAM                     |  | VIGO                |
| 207 | 279  | ROBERTO MARTINEZ DOMINGUEZ         |       | VTM- 156  | 00:43:42 | 00:04:23 | 00:43:34 | 00:04:22 | 00:13:59 | 00:21:34 | 00:35:54 | A-1113     | CASTRELOS 20:30                        |  | VIGO                |
| 208 | 847  | MIGUEL SOUTO VILA                  |       | VTM- 157  | 00:43:47 | 00:04:23 | 00:43:34 | 00:04:22 | 00:14:23 | 00:22:11 | 00:36:21 |            |  |  | SALCEDA DE CASELAS  |
| 209 | 1199 | ARTURO PEIXOTO SÁNCHEZ             |       | /M- 38    | 00:43:52 | 00:04:24 | 00:43:37 | 00:04:22 | 00:14:01 | 00:21:44 | 00:36:02 |            |  |  | GONDOMAR            |
| 210 | 818  | GUSTAVO GUDE GRANDE                |       | VTM- 158  | 00:43:53 | 00:04:24 | 00:43:40 | 00:04:22 | 00:14:24 | 00:22:13 | 00:36:16 |            |  |  | SALCEDA DE CASELAS  |
| 211 | 304  | ELOY CANCELAS VAZQUEZ              |       | VTM- 159  | 00:43:57 | 00:04:24 | 00:43:46 | 00:04:23 | 00:14:18 | 00:22:11 | 00:36:21 |            |  |  | SALCEDA DE CASELAS  |
| 212 | 775  | EDUARDO PINO LAGO                  |       | VTM- 160  | 00:43:57 | 00:04:24 | 00:43:48 | 00:04:23 | 00:14:05 | 00:21:47 | 00:36:11 |            | CORREDORES FESTEIROS                   |  | PONTEAREAS          |
| 213 | 213  | JOSE PIÑEIRO TERZADO               |       | VTM- 161  | 00:43:58 | 00:04:24 | 00:43:48 | 00:04:23 | 00:14:17 | 00:21:59 | 00:36:09 |            | CLUB ATLETISMO A ESTRADA               |  | LA ESTRADA          |
| 214 | 346  | ROBERTO CARLOS ESPINOSO VIDE       |       | VTM- 162  | 00:43:59 | 00:04:24 | 00:43:44 | 00:04:23 | 00:14:22 | 00:22:07 | 00:36:21 |            | TABOADELA RUNNING                      |  | OURENSE             |
| 215 | 391  | ELADIO GARCÍA MARTIÑÁ              |       | VTM- 163  | 00:44:01 | 00:04:25 | 00:43:47 | 00:04:23 | 00:14:04 | 00:21:51 | 00:36:09 | 34934993V  | BOX 0001 OURENSE                       |  | OURENSE             |
| 216 | 835  | GERMÁN FERNÁNDEZ FRADE             |       | VTM- 164  | 00:44:02 | 00:04:25 | 00:43:50 | 00:04:23 | 00:14:16 | 00:21:59 | 00:36:11 |            |  |  | PORRIÑO (O)         |
| 217 | 421  | MIGUEL ÁNGEL LÓPEZ DE LERMA CASAS  |       | VTM- 165  | 00:44:02 | 00:04:25 | 00:43:49 | 00:04:23 | 00:13:44 | 00:21:26 | 00:36:03 |            | PONTE A CORRER                         |  | PONTEVEDRA          |
| 218 | 335  | MARISÉ ASTORGA SOMOZA              | F- 10 | VTF- 5    | 00:44:04 | 00:04:25 | 00:43:54 | 00:04:24 | 00:13:54 | 00:21:45 | 00:36:07 |            | PONTE A CORRER                         |  | POIO                |
| 219 | 324  | CÉSAR LEBOSO FERREIRO              |       | VTM- 166  | 00:44:07 | 00:04:25 | 00:43:50 | 00:04:23 | 00:14:35 | 00:22:30 | 00:36:34 | GA-769025  | ESPRINTES OURENSE                      |  | OURENSE             |
| 220 | 804  | JOSÉ MANUEL DENIZ GRAÑA            |       | VTM- 167  | 00:44:10 | 00:04:25 | 00:43:57 | 00:04:24 | 00:14:01 | 00:21:46 | 00:36:15 |            |  |  | VIGO                |
| 221 | 306  | ELADIO DIZ GARCÍA                  |       | VTM- 168  | 00:44:11 | 00:04:26 | 00:43:56 | 00:04:24 | 00:14:23 | 00:22:13 | 00:36:30 |            | ATLETISMOARENTEIRO                     |  | O CARBALLIÑO        |
| 222 | 761  | FELIPE MIGUEZ FERNANDEZ            |       | VTM- 169  | 00:44:12 | 00:04:26 | 00:43:57 | 00:04:24 | 00:14:21 | 00:22:12 | 00:36:29 |            |  |  | VIGO                |
| 223 | 209  | FRAN CASARES DOMINGUEZ             |       | VTM- 170  | 00:44:19 | 00:04:26 | 00:44:10 | 00:04:25 | 00:14:11 | 00:21:59 | 00:36:28 |            |  |  | A MEZQUITA          |
| 224 | 301  | ALBERTO FEAL SALIDO                |       | VTM- 171  | 00:44:20 | 00:04:26 | 00:44:11 | 00:04:26 | 00:13:58 | 00:21:49 | 00:36:25 |            | O REGATO                               |  | BARBADAS            |
| 225 | 570  | RUBÉN PENAVELLA RODRÍGUEZ          |       | VTM- 172  | 00:44:20 | 00:04:26 | 00:44:08 | 00:04:25 | 00:14:14 | 00:22:08 | 00:36:39 |            | CAMINHANTES DO CONDADO                 |  | PONTEAREAS          |
| 226 | 785  | GABRIEL RIVADA RODRIGUEZ           |       | VTM- 173  | 00:44:22 | 00:04:27 | 00:44:09 | 00:04:25 | 00:14:29 | 00:22:13 | 00:36:37 |            |  |  | MOS                 |
| 227 | 262  | RUBEN NAVIA IGLESIAS               |       | VTM- 174  | 00:44:24 | 00:04:27 | 00:44:14 | 00:04:26 | 00:14:19 | 00:22:11 | 00:36:30 | AG 2022576 |  |  | VIGO                |
| 228 | 483  | CARLOS SAAVEDRA GONZALEZ           |       | VTM- 175  | 00:44:29 | 00:04:27 | 00:44:02 | 00:04:25 | 00:14:30 | 00:22:22 | 00:36:43 |            |  |  | CHAPELA (REDONDELA) |

|     |      |                                |              |          |          |          |          |          |          |          |            |   |                              |
|-----|------|--------------------------------|--------------|----------|----------|----------|----------|----------|----------|----------|------------|---|------------------------------|
| 229 | 364  | LUIS DAVID MARTIN PEÑA         | VTM- 176     | 00:44:34 | 00:04:28 | 00:44:25 | 00:04:27 | 00:14:33 | 00:22:27 | 00:36:53 |            | TANINOS RUNNERS PONTEAREAS                | PONTEAREAS                   |
| 230 | 225  | LUIS FORNOS GALLEGO            | VTM- 177     | 00:44:34 | 00:04:28 | 00:44:22 | 00:04:27 | 00:14:21 | 00:22:11 | 00:36:34 | AG2014557  | ESPRINTES OURENSE                         | A VALENZA - BARBADÁS         |
| 231 | 759  | ALBERTO LAGO LOPEZ             | VTM- 178     | 00:44:35 | 00:04:28 | 00:44:21 | 00:04:27 | 00:14:45 | 00:22:36 | 00:36:54 |            |   | VIGO                         |
| 232 | 436  | XOSE BUGARIN GARCIA            | VTM- 179     | 00:44:35 | 00:04:28 | 00:44:20 | 00:04:26 | 00:14:25 | 00:22:19 | 00:36:47 |            |   | HOSPITALET DE LLOBREGAT (L') |
| 233 | 409  | MANUEL CASALEIRO FERNÁNDEZ     | VTM- 180     | 00:44:39 | 00:04:28 | 00:44:10 | 00:04:25 | 00:14:42 | 00:22:34 | 00:36:54 |            | CLUB ATLETISMO TORTUGAS                   | TOMIÑO                       |
| 234 | 268  | JORGE URBANO MARTÍNEZ          | VTM- 181     | 00:44:43 | 00:04:29 | 00:44:25 | 00:04:27 | 00:14:42 | 00:22:34 | 00:36:53 |            | CLUBE ATLETISMO BURELA                    | OURENSE                      |
| 235 | 308  | ALEJANDRO OTERO SALGUEIRO      | /M- 39       | 00:44:44 | 00:04:29 | 00:44:27 | 00:04:27 | 00:14:52 | 00:22:45 | 00:37:09 | AG 2016152 | CLUB ATLETISMO ESTRADA                    | A ESTRADA                    |
| 236 | 915  | MARCOS TRONCOSO DOMÍNGUEZ      | /M- 40       | 00:44:46 | 00:04:29 | 00:44:21 | 00:04:27 | 00:14:45 | 00:22:19 | 00:36:38 |            |   | SALVATERRA DE MIÑO           |
| 237 | 817  | CARLOS ALVAREZ PEDROSA         | VTM- 182     | 00:44:50 | 00:04:29 | 00:44:38 | 00:04:28 | 00:14:14 | 00:22:11 | 00:36:57 |            | CLUB DE ATLETAS INDEPENDIENTES DE OURENSE | PONTEAREAS                   |
| 238 | 674  | MIGUEL PEREZ NOVÁS             | VTM- 183     | 00:44:55 | 00:04:30 | 00:44:47 | 00:04:29 | 00:13:47 | 00:21:49 | 00:36:44 |            |   | REDONDELA                    |
| 239 | 743  | PAULO PEREIRA                  | VTM- 184     | 00:44:57 | 00:04:30 | 00:44:53 | 00:04:30 | 00:14:16 | 00:22:12 | 00:36:58 |            | GDCTENVC                                  | VIANA DO CASTELO             |
| 240 | 956  | MARCOS IGLESIAS FERNANDEZ      | VTM- 185     | 00:45:03 | 00:04:31 | 00:44:34 | 00:04:28 | 00:14:40 | 00:22:21 | 00:37:12 | SI         | CAZAFANTASMAS TEAM                        | TOMIÑO                       |
| 241 | 613  | MIGUEL RODRIGUEZ LAGO          | /M- 41       | 00:45:04 | 00:04:31 | 00:44:48 | 00:04:29 | 00:14:15 | 00:22:05 | 00:36:54 |            |   | VIGO                         |
| 242 | 477  | MOISÉS CASALMORTO PEREZ        | VTM- 186     | 00:45:05 | 00:04:31 | 00:44:38 | 00:04:28 | 00:14:44 | 00:22:27 | 00:37:20 |            | GIN TRAIL                                 | PONTEVEDRA                   |
| 243 | 946  | MIGUEL ADELINO TABARES         | VTM- 187     | 00:45:06 | 00:04:31 | 00:44:42 | 00:04:29 | 00:14:42 | 00:22:37 | 00:37:17 |            |   | SALCEDA DE CASELAS           |
| 244 | 15   | MIGUEL ABREU FERNÁNDEZ         | VTM- 188     | 00:45:08 | 00:04:31 | 00:44:58 | 00:04:30 | 00:14:32 | 00:22:45 | 00:37:19 | 34870415T  | TANINOS RUNNERS PONTEAREAS                | SALVATERRA DE MIÑO           |
| 245 | 435  | IRENE TABOAS CARRERA           | F- 11 VTF- 6 | 00:45:08 | 00:04:31 | 00:44:48 | 00:04:29 | 00:14:51 | 00:22:45 | 00:37:20 |            | ATLETISMO PORRIÑO                         |                              |
| 246 | 32   | ISMAEL TABOAS CARRERA          | /M- 42       | 00:45:08 | 00:04:31 | 00:44:48 | 00:04:29 | 00:14:52 | 00:22:45 | 00:37:19 | AG2026529  | ATLETISMO PORRIÑO                         | SALCEDA DE CASELAS           |
| 247 | 746  | OSWALDO SÁNCHEZ OTERO          | VTM- 189     | 00:45:09 | 00:04:31 | 00:44:58 | 00:04:30 | 00:14:15 | 00:22:12 | 00:37:08 |            | TNT GHERRILLEIROS                         | VIGO                         |
| 248 | 410  | FERNANDO MARTÍNEZ GIRÁLDEZ     | VTM- 190     | 00:45:13 | 00:04:32 | 00:44:57 | 00:04:30 | 00:15:02 | 00:23:02 | 00:37:36 |            | CLUB ATLETISMO TORTUGAS                   | TOMIÑO                       |
| 249 | 343  | LUIS LOPEZ IGLESIAS            | VTM- 191     | 00:45:15 | 00:04:32 | 00:45:01 | 00:04:31 | 00:14:22 | 00:22:21 | 00:37:07 |            | INDEPENDIENTE                             | OURENSE                      |
| 250 | 297  | VICTOR CAROU COVELO            | VTM- 192     | 00:45:16 | 00:04:32 | 00:45:04 | 00:04:31 | 00:14:25 | 00:22:25 | 00:37:16 |            |   | VIGO                         |
| 251 | 880  | SALVADOR DÁVILA BUGARIN        | VTM- 193     | 00:45:18 | 00:04:32 | 00:45:08 | 00:04:31 | 00:15:02 | 00:23:06 | 00:37:41 |            |   | PORRIÑO                      |
| 252 | 1197 | MANUEL RUIZ DEL OLMO VEIGA     | VTM- 194     | 00:45:19 | 00:04:32 | 00:45:07 | 00:04:31 | 00:13:56 | 00:21:49 | 00:36:52 |            | ATLETISMO PORRIÑO                         | O PORRIÑO                    |
| 253 | 995  | VÍCTOR PARDAVILA MARTÍNEZ      | VTM- 195     | 00:45:20 | 00:04:32 | 00:44:53 | 00:04:30 | 00:14:46 | 00:22:42 | 00:37:22 |            |   | SALVATERRA DE MIÑO           |
| 254 | 152  | DANIEL ESPERÓN BELLO           | /M- 43       | 00:45:22 | 00:04:33 | 00:45:03 | 00:04:31 | 00:14:13 | 00:22:11 | 00:37:07 |            |   | POIO                         |
| 255 | 271  | JONATAN RIVAS PEREZ            | VTM- 196     | 00:45:24 | 00:04:33 | 00:45:10 | 00:04:31 | 00:14:21 | 00:22:23 | 00:37:16 |            |   | ALLARIZ                      |
| 256 | 832  | FERNANDO LANDESA               | VTM- 197     | 00:45:25 | 00:04:33 | 00:44:59 | 00:04:30 | 00:15:06 | 00:22:57 | 00:37:39 |            | RUNNEIROS DO SUR                          | PORRIÑO (O)                  |
| 257 | 424  | ALBERTO TILVES                 | VTM- 198     | 00:45:26 | 00:04:33 | 00:45:04 | 00:04:31 | 00:14:59 | 00:22:55 | 00:37:29 |            |   | VIGO                         |
| 258 | 986  | DANIEL DASILVA HERBELLO        | VTM- 199     | 00:45:26 | 00:04:33 | 00:45:04 | 00:04:31 | 00:15:29 | 00:23:41 | 00:37:59 |            |   | MOAÑA                        |
| 259 | 983  | LUCAS ALVAREZ RODRIGUEZ        | VTM- 200     | 00:45:29 | 00:04:33 | 00:45:09 | 00:04:31 | 00:14:53 | 00:23:03 | 00:37:45 |            |   | CANGAS                       |
| 260 | 327  | JORGE FDO. ALONSO DEL RÍO      | VTM- 201     | 00:45:30 | 00:04:33 | 00:45:17 | 00:04:32 | 00:14:50 | 00:22:49 | 00:37:31 |            |   | VIGO                         |
| 261 | 758  | XABIER RIAL                    | VTM- 202     | 00:45:30 | 00:04:33 | 00:45:17 | 00:04:32 | 00:14:49 | 00:22:49 | 00:37:31 |            | CENTOLO RUNNERS                           | CANGAS                       |
| 262 | 860  | CARLOS ARIAS ARCOS             | VTM- 203     | 00:45:31 | 00:04:34 | 00:45:11 | 00:04:32 | 00:14:52 | 00:22:51 | 00:37:32 |            |   | PONTEVEDRA                   |
| 263 | 336  | JAVIER ALONSO CONDE            | VTM- 204     | 00:45:37 | 00:04:34 | 00:45:25 | 00:04:33 | 00:14:24 | 00:22:22 | 00:37:21 |            | RUNNERS VIGO                              | VIGO                         |
| 264 | 473  | LORENA COLLAZO FERNÁNDEZ       | F- 12 VTF- 7 | 00:45:37 | 00:04:34 | 00:45:37 | 00:04:34 |          |          |          |            | VETERANOS DE SAMIL                        | VIGO                         |
| 265 | 843  | ANTONIO VÁZQUEZ VIDAL          | VTM- 205     | 00:45:38 | 00:04:34 | 00:45:28 | 00:04:33 | 00:14:21 | 00:22:22 | 00:37:18 |            |   | VIGO                         |
| 266 | 1061 | EDUARDO GARCIA DACOSTA         | VTM- 206     | 00:45:41 | 00:04:35 | 00:45:23 | 00:04:33 | 00:14:54 | 00:23:00 | 00:37:44 |            |   | VIGO                         |
| 267 | 896  | MARINA ALONSO ROMERO           | F- 13 VTF- 8 | 00:45:41 | 00:04:35 | 00:45:21 | 00:04:33 | 00:15:05 | 00:23:11 | 00:37:57 |            | CLUB ATLETISMO SALVATERRA                 | TUI                          |
| 268 | 878  | JAVIER SALÓ BENITO             | VTM- 207     | 00:45:43 | 00:04:35 | 00:45:23 | 00:04:33 | 00:15:35 | 00:23:42 | 00:37:59 |            |   | VIGO                         |
| 269 | 302  | JOSÉ BENITO ABELLÁS OTERO      | VTM- 208     | 00:45:44 | 00:04:35 | 00:45:31 | 00:04:34 | 00:14:49 | 00:22:54 | 00:37:43 | AG 764797  | ESPRINTES OURENSE                         | OURENSE                      |
| 270 | 139  | ALBERTO ARAMBURU GARCÍA-PINTOS | VTM- 209     | 00:45:48 | 00:04:35 | 00:45:36 | 00:04:34 | 00:15:13 | 00:23:48 | 00:37:58 |            | RUN PONTEVEDRA                            | PONTEVEDRA                   |
| 271 | 394  | ANTONIO MANUEL VEGA GARCÍA     | VTM- 210     | 00:45:53 | 00:04:36 | 00:45:40 | 00:04:34 | 00:14:59 | 00:23:05 | 00:37:54 |            |   | PONTEAREAS                   |
| 272 | 883  | JUAN CARLOS CASTRO ALONSO      | VTM- 211     | 00:45:54 | 00:04:36 | 00:45:27 | 00:04:33 | 00:15:15 | 00:23:15 | 00:37:50 |            | " OS CORRE CAMIÑOS"                       | COVELO                       |
| 273 | 1097 | FRANCISCO CABALEIRO GORRITA    | VTM- 212     | 00:45:54 | 00:04:36 | 00:45:39 | 00:04:34 | 00:14:46 | 00:22:49 | 00:37:50 |            |   | SALCEDA DE CASELAS           |
| 274 | 769  | JAVIER ALVAREZ RIOBO           | VTM- 213     | 00:45:55 | 00:04:36 | 00:45:37 | 00:04:34 | 00:15:31 | 00:23:53 | 00:38:30 |            |   | VIGO                         |
| 275 | 789  | OSCAR RODRIGUEZ CUERDO         | VTM- 214     | 00:45:55 | 00:04:36 | 00:45:39 | 00:04:34 | 00:14:15 | 00:22:13 | 00:37:32 |            |   | PORRIÑO                      |
| 276 | 870  | FELIPE SANTOS FERREIRA         | VTM- 215     | 00:45:56 | 00:04:36 | 00:45:36 | 00:04:34 | 00:14:54 | 00:22:53 | 00:37:48 |            | PEDRA DO ACORDO                           | TUI                          |
| 277 | 417  | DANIEL RICHARTE CARBALLO       | VTM- 216     | 00:45:56 | 00:04:36 | 00:45:40 | 00:04:34 | 00:15:03 | 00:23:07 | 00:37:54 |            | MAIS QUE AUGA                             | VIGO                         |
| 278 | 803  | ANGEL LAMAS AGUADO             | VTM- 217     | 00:45:56 | 00:04:36 | 00:45:23 | 00:04:33 | 00:14:59 | 00:22:55 | 00:37:47 |            | FORESJANS                                 | PONTEAREAS                   |
| 279 | 655  | ELADIO UCHA VIDAL              | VTM- 218     | 00:45:57 | 00:04:36 | 00:45:25 | 00:04:33 | 00:15:00 | 00:22:55 | 00:37:46 |            | TANINOS RUNNERS PONTEAREAS                | PONTEAREAS                   |
| 280 | 222  | JOSE JAVIER RODRIGUEZ FDEZ     | VTM- 219     | 00:45:59 | 00:04:36 | 00:45:22 | 00:04:33 | 00:14:43 | 00:22:51 | 00:37:51 |            |   | BAIONA                       |
| 281 | 507  | IBAN DORADO FUENTE             | VTM- 220     | 00:45:59 | 00:04:36 | 00:45:36 | 00:04:34 | 00:14:56 | 00:23:03 | 00:37:59 |            |   | VIGO                         |
| 282 | 315  | PABLO MIGUEZ CORDO             | VTM- 221     | 00:46:00 | 00:04:36 | 00:45:50 | 00:04:35 | 00:15:01 | 00:23:13 | 00:38:06 |            | ATLETISMO TUI- THERMALIA                  | TUI                          |
| 283 | 489  | ALBERTO BARREIROS VAZQUEZ      | VTM- 222     | 00:46:01 | 00:04:37 | 00:45:44 | 00:04:35 | 00:14:37 | 00:22:38 | 00:37:42 | AG14566    | RUNMANIAK BOX001 OURENSE                  | TOÉN                         |
| 284 | 429  | JAIME DOMINGUEZ SIMONS         | VTM- 223     | 00:46:01 | 00:04:37 | 00:45:32 | 00:04:34 | 00:15:09 | 00:23:12 | 00:37:58 |            |   | VIGO                         |
| 285 | 872  | BERNARDINO GIRALDEZ DOMINGUEZ  | VTM- 224     | 00:46:02 | 00:04:37 | 00:45:46 | 00:04:35 | 00:15:11 | 00:23:23 | 00:38:11 | 35561042Y  | FORESJANS RUNNERS                         | PONTEAREAS                   |
| 286 | 783  | TANIA GONZÁLEZ MARTÍNS         | F- 14 /F- 6  | 00:46:08 | 00:04:37 | 00:45:53 | 00:04:36 | 00:14:46 | 00:22:49 | 00:37:50 |            |   | O PORRIÑO                    |



|     |      |                                    |       |          |          |          |          |          |          |          |          |  |                               |           |
|-----|------|------------------------------------|-------|----------|----------|----------|----------|----------|----------|----------|----------|--|-------------------------------|-----------|
| 287 | 71   | IVAN PEREIRA IGLESIAS              |       | VTM- 225 | 00:46:09 | 00:04:37 | 00:45:51 | 00:04:36 | 00:14:59 | 00:23:11 | 00:38:05 | TUI                                    |                               |           |
| 288 | 903  | LETICIA DIZ GREGORES               | F- 15 | VTF- 9   | 00:46:09 | 00:04:37 | 00:45:51 | 00:04:36 | 00:14:59 | 00:23:12 | 00:38:06 | TUI                                    |                               |           |
| 289 | 414  | IGNACIO AREAL ABALLE               |       | VTM- 226 | 00:46:13 | 00:04:38 | 00:46:03 | 00:04:37 | 00:15:01 | 00:23:13 | 00:38:06 | ATLETISMO TUI- ACTIVAMOSTUCASA         | TUI                           |           |
| 290 | 1157 | ROBERTO CARNEIRO GONZALEZ          |       | VTM- 227 | 00:46:22 | 00:04:39 | 00:46:07 | 00:04:37 | 00:14:51 | 00:23:04 | 00:38:05 | BAIONA                                 |                               |           |
| 291 | 1127 | BORJA SERVANDO GUERREIRO RODRÍGUEZ |       | VTM- 228 | 00:46:31 | 00:04:40 | 00:45:55 | 00:04:36 | 00:15:51 | 00:23:44 | 00:38:28 | O PORRIÑO                              |                               |           |
| 292 | 795  | JOSE MANUEL ALONSO BALAÑAC         |       | VTM- 229 | 00:46:31 | 00:04:40 | 00:46:19 | 00:04:38 | 00:14:50 | 00:22:50 | 00:37:57 | VIGO                                   |                               |           |
| 293 | 413  | FRANCISCO JOSÉ PEIXOTO ANDRÉS      |       | VTM- 230 | 00:46:34 | 00:04:40 | 00:46:22 | 00:04:39 | 00:15:03 | 00:23:17 | 00:38:25 | ATLETISMO TUI- ACTIVAMOSTUCASA         | TUI                           |           |
| 294 | 465  | HECTOR LAMAS LUCAS                 |       | VTM- 231 | 00:46:34 | 00:04:40 | 00:46:13 | 00:04:38 | 00:15:55 | 00:23:44 | 00:38:33 | CASTRELOS 20:30                        | VIGO                          |           |
| 295 | 221  | RAFAEL MILLAN GOMEZ                |       | VTM- 232 | 00:46:37 | 00:04:40 | 00:46:28 | 00:04:39 | 00:14:27 | 00:22:39 | 00:37:58 | RUNNING TEAM                           | PONTEVEDRA                    |           |
| 296 | 838  | FRANCISCO MIRANDA GONZÁLEZ         |       | VTM- 233 | 00:46:38 | 00:04:40 | 00:46:27 | 00:04:39 | 00:14:47 | 00:23:04 | 00:38:24 | AG2015977                              | ATLETISMO UNIVERSIDAD DE VIGO | VIGO      |
| 297 | 606  | JOSÉ MANUEL GARRIDO PUMAR          |       | VTM- 234 | 00:46:45 | 00:04:41 | 00:46:26 | 00:04:39 | 00:15:14 | 00:23:40 | 00:38:36 | XUNQUEIRA DE ESPADAÑEDO                |                               |           |
| 298 | 792  | CARMEN LAGO SOUTO                  | F- 16 | VTF- 10  | 00:46:46 | 00:04:41 | 00:46:31 | 00:04:40 | 00:15:12 | 00:23:25 | 00:38:29 | PONTEAREAS                             |                               |           |
| 299 | 188  | FERNANDO RAMA GONZÁLEZ             |       | VTM- 235 | 00:46:47 | 00:04:41 | 00:46:40 | 00:04:40 | 00:14:10 | 00:22:44 | 00:38:28 | TANINOS RUNNERS PONTEAREAS             | PONTEAREAS                    |           |
| 300 | 877  | FRANCISCO JAVIER BESADA ÁLVAREZ    |       | VTM- 236 | 00:46:54 | 00:04:42 | 00:46:39 | 00:04:40 | 00:15:15 | 00:23:28 | 00:38:37 | SALCEDA DE CASELAS                     |                               |           |
| 301 | 441  | CARLOS ALVAREZ AVILA               |       | VTM- 237 | 00:46:54 | 00:04:42 | 00:46:39 | 00:04:40 | 00:15:15 | 00:23:28 | 00:38:36 | SALCEDA DE CASELAS                     |                               |           |
| 302 | 379  | ISMAEL CONDE IGLESIAS              |       | /M- 44   | 00:46:55 | 00:04:42 | 00:46:39 | 00:04:40 | 00:15:31 | 00:23:49 | 00:38:53 | CORREDORES DO MIÑO                     | OURENSE                       |           |
| 303 | 506  | PILAR IGLESIAS GONZÁLEZ            | F- 17 | VTF- 11  | 00:46:55 | 00:04:42 | 00:46:39 | 00:04:40 | 00:15:30 | 00:23:49 | 00:38:52 | CORREDORES DO MIÑO                     | OURENSE                       |           |
| 304 | 194  | MARCOS GIL MARTÍNEZ                |       | VTM- 238 | 00:46:57 | 00:04:42 | 00:46:49 | 00:04:41 | 00:16:15 | 00:25:01 | 00:39:45 | RUNEIROS DO SUR                        | AS NEVES                      |           |
| 305 | 485  | JUAN JOSE RODRÍGUEZ ESPAÑOL        |       | VTM- 239 | 00:47:00 | 00:04:42 | 00:46:37 | 00:04:40 | 00:15:52 | 00:24:03 | 00:39:03 | VIGO                                   |                               |           |
| 306 | 447  | MARTA MOJON BENAVIDES              | F- 18 | VTF- 12  | 00:47:02 | 00:04:43 | 00:46:46 | 00:04:41 | 00:15:05 | 00:23:25 | 00:38:39 | ATLETISMO ARENTEIRO                    | BARBADAS                      |           |
| 307 | 387  | AMADOR REBOREDA GRAÑA              |       | VTM- 240 | 00:47:02 | 00:04:43 | 00:46:49 | 00:04:41 | 00:14:33 | 00:22:24 | 00:37:24 | CLUB DEPORTIVO PINARIUM                | REDONDELA                     |           |
| 308 | 772  | ISMAEL TEIJIZ VEIGA                |       | VTM- 241 | 00:47:03 | 00:04:43 | 00:46:34 | 00:04:40 | 00:15:26 | 00:23:45 | 00:38:57 | CROSSFIT DISTRITO 362                  | VIGO                          |           |
| 309 | 576  | MARÍA DOLORES GALEGO CASAS         | F- 19 | VTF- 13  | 00:47:03 | 00:04:43 | 00:46:42 | 00:04:41 | 00:14:59 | 00:23:23 | 00:38:41 | PONTEVEDRA                             |                               |           |
| 310 | 1022 | MIGUEL ANGEL VIDAL MARQUEZ         |       | VTM- 242 | 00:47:03 | 00:04:43 | 00:46:35 | 00:04:40 | 00:15:27 | 00:23:46 | 00:38:57 | MOS                                    |                               |           |
| 311 | 796  | DIEGO PAJARES DOMINGUEZ            |       | VTM- 243 | 00:47:04 | 00:04:43 | 00:46:47 | 00:04:41 | 00:15:23 | 00:23:44 | 00:38:54 | SALVATERRA DE MIÑO                     |                               |           |
| 312 | 895  | JUAN CARLOS PÉREZ VILA             |       | VTM- 244 | 00:47:05 | 00:04:43 | 00:46:55 | 00:04:42 | 00:14:20 | 00:22:34 | 00:38:23 | TOMIÑO                                 |                               |           |
| 313 | 427  | JOSÉ EDUARDO RODRÍGUEZ ALONSO      |       | VTM- 245 | 00:47:06 | 00:04:43 | 00:46:50 | 00:04:41 | 00:15:03 | 00:23:24 | 00:38:42 | VIGO                                   |                               |           |
| 314 | 846  | ERO GARCIA ALONSO                  |       | VTM- 246 | 00:47:09 | 00:04:43 | 00:46:55 | 00:04:42 | 00:15:34 | 00:23:43 | 00:38:47 | VIGO                                   |                               |           |
| 315 | 348  | RAMIRO TABOADA GONZÁLEZ            |       | VTM- 247 | 00:47:15 | 00:04:44 | 00:47:03 | 00:04:43 | 00:14:48 | 00:23:11 | 00:38:44 | RUNNING LUSEKELO                       | VIGO                          |           |
| 316 | 990  | CRISTIAN LÓPEZ LÓPEZ               |       | /M- 45   | 00:47:21 | 00:04:45 | 00:47:02 | 00:04:43 | 00:15:48 | 00:24:17 | 00:39:29 | CROSSVALLEY                            | VIGO                          |           |
| 317 | 942  | SAMUEL SEARA GARCÍA                |       | /M- 46   | 00:47:28 | 00:04:45 | 00:47:10 | 00:04:43 | 00:14:22 | 00:22:50 | 00:39:06 | VIGO                                   |                               |           |
| 318 | 475  | MERCHE ALVAREZ                     | F- 20 | VTF- 14  | 00:47:30 | 00:04:45 | 00:47:13 | 00:04:44 | 00:15:11 | 00:23:32 | 00:39:09 | 44450270X                              | BOX001 OURENSE RUN MANIAK     | BARBADÁS  |
| 319 | 395  | EUGENIO CHAMORRO RODRÍGUEZ         |       | VTM- 248 | 00:47:32 | 00:04:46 | 00:47:20 | 00:04:44 | 00:15:19 | 00:23:47 | 00:39:10 | CAR MARISQUEIRO                        | VIGO                          |           |
| 320 | 439  | EDUARDO CASTRO BORRAZAS            |       | VTM- 249 | 00:47:39 | 00:04:46 | 00:47:22 | 00:04:45 | 00:15:30 | 00:23:53 | 00:39:13 | CD MIRADOIRO                           | VIGO                          |           |
| 321 | 971  | MIGUEL ANGEL MIRAS CALVO           |       | VTM- 250 | 00:47:46 | 00:04:47 | 00:47:24 | 00:04:45 | 00:16:10 | 00:24:43 | 00:39:51 | TUI                                    |                               |           |
| 322 | 955  | MANUEL CAMBEIRO FERNÁNDEZ          |       | VTM- 251 | 00:47:52 | 00:04:48 | 00:47:16 | 00:04:44 | 00:15:51 | 00:23:58 | 00:39:20 | SALCEDA                                |                               |           |
| 323 | 615  | FRANCISCO RODRÍGUEZ MEJUTO         |       | VTM- 252 | 00:47:55 | 00:04:48 | 00:47:37 | 00:04:46 | 00:15:46 | 00:24:11 | 00:39:35 | X-ONE PORRIÑO                          | SALVATERRA DE MIÑO            |           |
| 324 | 879  | DIEGO ALONSO                       |       | /M- 47   | 00:47:56 | 00:04:48 | 00:47:35 | 00:04:46 | 00:15:45 | 00:24:17 | 00:39:58 | OURENSE                                |                               |           |
| 325 | 356  | FERNANDO MARTINEZ BEIS             |       | VTM- 253 | 00:47:57 | 00:04:48 | 00:47:44 | 00:04:47 | 00:15:37 | 00:24:04 | 00:39:32 | CLUB DEPORTIVO PINARIUM                | MARIN                         |           |
| 326 | 861  | JAVIER GONZÁLEZ PAZ                |       | VTM- 254 | 00:47:58 | 00:04:48 | 00:47:38 | 00:04:46 | 00:15:58 | 00:24:22 | 00:39:39 | POIO                                   |                               |           |
| 327 | 339  | PEDRO LOIS SUAREZ GARCIA           |       | VTM- 255 | 00:47:58 | 00:04:48 | 00:47:48 | 00:04:47 | 00:14:50 | 00:23:14 | 00:39:01 | ATLETISMO PORRIÑO                      | PONTEAREAS                    |           |
| 328 | 342  | ALFONSO ALONSO PRADO               |       | VTM- 256 | 00:48:01 | 00:04:49 | 00:47:49 | 00:04:47 | 00:14:46 | 00:23:26 | 00:39:30 | BAIONA                                 |                               |           |
| 329 | 459  | NEREA RODRÍGUEZ GONZÁLEZ           | F- 21 | VTF- 15  | 00:48:03 | 00:04:49 | 00:47:45 | 00:04:47 | 00:15:16 | 00:23:40 | 00:39:24 | AG2018255                              | ATLETISMO PORRIÑO             | O PORRIÑO |
| 330 | 1187 | JACOB PAZ GROBA                    |       | VTM- 257 | 00:48:08 | 00:04:49 | 00:47:41 | 00:04:47 | 00:15:27 | 00:23:55 | 00:39:31 | PONTEAREAS                             |                               |           |
| 331 | 454  | MOISÉS AMOEDO COLLAZO              |       | VTM- 258 | 00:48:10 | 00:04:49 | 00:47:33 | 00:04:46 | 00:15:42 | 00:24:04 | 00:39:41 | ESPARTAN@S CHIFLAD@S                   | VIGO                          |           |
| 332 | 749  | TOMÁS RODRÍGUEZ FERNÁNDEZ          |       | VTM- 259 | 00:48:12 | 00:04:50 | 00:47:41 | 00:04:47 | 00:16:30 | 00:24:52 | 00:40:14 | O PORRIÑO                              |                               |           |
| 333 | 998  | LUIS ALONSO BASTOS                 |       | VTM- 260 | 00:48:15 | 00:04:50 | 00:48:02 | 00:04:49 | 00:15:39 | 00:24:11 | 00:39:44 | PONTELLAS -ABELENDA PORRIÑO            |                               |           |
| 334 | 982  | BERTO VIEITO QUINTAS               |       | VTM- 261 | 00:48:23 | 00:04:51 | 00:48:13 | 00:04:50 | 00:15:35 | 00:24:19 | 00:39:55 | BERTO                                  | PORRIÑO (O)                   |           |
| 335 | 813  | JULIO GARCÍA RODRÍGUEZ             |       | /M- 48   | 00:48:29 | 00:04:51 | 00:48:18 | 00:04:50 | 00:15:03 | 00:23:33 | 00:39:39 | SERVICIO                               | GONDOMAR                      |           |
| 336 | 340  | MARIA DEL CARMEN COTOVAD MALVAR    | F- 22 | VTF- 16  | 00:48:35 | 00:04:52 | 00:48:23 | 00:04:51 | 00:15:14 | 00:23:51 | 00:39:48 | RUN PONTEVEDRA                         | PONTEVEDRA                    |           |
| 337 | 95   | JAVIER DOPAZO LOUZAN               |       | VTM- 262 | 00:48:35 | 00:04:52 | 00:48:23 | 00:04:51 | 00:15:14 | 00:23:51 | 00:39:48 | RUN PONTEVEDRA                         | PONTEVEDRA                    |           |
| 338 | 989  | HERCULANO CARDOSO                  |       | VTM- 263 | 00:48:36 | 00:04:52 | 00:48:17 | 00:04:50 | 00:16:10 | 00:24:44 | 00:40:18 | BRAGA                                  |                               |           |
| 339 | 579  | JULIA CASTRO COLORADO              | F- 23 | VTF- 17  | 00:48:39 | 00:04:52 | 00:48:20 | 00:04:50 | 00:16:07 | 00:24:49 | 00:40:18 | BIKILA                                 | VIGO                          |           |
| 340 | 442  | CRISTINA BERMÚDEZ DOMÍNGUEZ        | F- 24 | VTF- 18  | 00:48:41 | 00:04:53 | 00:48:24 | 00:04:51 | 00:15:34 | 00:24:13 | 00:40:06 | TANINOS RUNNERS PONTEAREAS             | OURENSE                       |           |
| 341 | 463  | VICTOR MANUEL CARBALLIDO ARAUJO    |       | VTM- 264 | 00:48:41 | 00:04:53 | 00:48:16 | 00:04:50 | 00:15:41 | 00:24:13 | 00:40:06 | TANINOS RUNNERS PONTEAREAS             | PONTEAREAS                    |           |
| 342 | 212  | BERNARDO DURAN DURAN               |       | VTM- 265 | 00:48:42 | 00:04:53 | 00:48:35 | 00:04:52 | 00:14:32 | 00:22:45 | 00:40:18 | AG2019218                              | TANINOS RUNNERS PONTEAREAS    | AS NEVES  |
| 343 | 987  | LETICIA TRABAZOS RODRIGUEZ         | F- 25 | /F- 7    | 00:48:42 | 00:04:53 | 00:48:21 | 00:04:51 | 00:15:38 | 00:24:17 | 00:40:10 | CLUB ATLETISMO SALVATERRA              | SALVATERRA DE MIÑO            |           |
| 344 | 1000 | PAULA FERNÁNDEZ ALONSO             | F- 26 | VTF- 19  | 00:48:43 | 00:04:53 | 00:48:24 | 00:04:51 | 00:15:47 | 00:24:17 | 00:40:05 | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | VIGO                          |           |

|     |      |                                |          |          |          |          |          |          |          |          |  |                                 |                    |
|-----|------|--------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|--|---------------------------------|--------------------|
| 345 | 943  | MIGUEL PINO MAGALLANES         | VTM- 266 | 00:48:43 | 00:04:53 | 00:48:23 | 00:04:51 | 00:15:58 | 00:24:23 | 00:40:05 | NANDO                                  | VIGO                            |                    |
| 346 | 985  | MONCHO GARCIA MALGA            | VTM- 267 | 00:48:44 | 00:04:53 | 00:48:25 | 00:04:51 | 00:15:47 | 00:24:17 | 00:40:05 | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | VIGO                            |                    |
| 347 | 589  | CÉSAR GIL BERNÁRDEZ            | /M- 49   | 00:48:45 | 00:04:53 | 00:48:25 | 00:04:51 | 00:16:09 | 00:24:47 | 00:40:25 |  | MONDARIZ BALNEARIO              |                    |
| 348 | 984  | JOSÉ ANTONIO PEREIRAS GABIÁN   | VTM- 268 | 00:48:49 | 00:04:53 | 00:48:23 | 00:04:51 | 00:15:52 | 00:24:31 | 00:40:26 |  | PORRIÑO (O)                     |                    |
| 349 | 842  | JOSÉ ANTONIO CALZADO CALVO     | VTM- 269 | 00:48:50 | 00:04:53 | 00:48:37 | 00:04:52 | 00:15:29 | 00:24:12 | 00:40:10 |  | TOMIÑO                          |                    |
| 350 | 781  | PEDRO REGUEIRO FERNÁNDEZ       | /M- 50   | 00:48:52 | 00:04:54 | 00:48:24 | 00:04:51 | 00:15:45 | 00:24:17 | 00:40:14 |  | PORRIÑO                         |                    |
| 351 | 976  | IVAN LÓPEZ CASAL               | VTM- 270 | 00:48:55 | 00:04:54 | 00:48:21 | 00:04:51 | 00:16:17 | 00:24:53 | 00:40:38 |  | PORRIÑO                         |                    |
| 352 | 926  | ELISEO FERNANDEZ ROMERO        | VTM- 271 | 00:48:55 | 00:04:54 | 00:48:22 | 00:04:51 | 00:16:17 | 00:24:53 | 00:40:38 |  | O PORRIÑO                       |                    |
| 353 | 1046 | ABRAHAM VICENTE RODRÍGUEZ      | VTM- 272 | 00:48:59 | 00:04:54 | 00:48:29 | 00:04:51 | 00:16:35 | 00:25:14 | 00:40:50 |  | O PORRIÑO                       |                    |
| 354 | 1067 | ELISEO ÁLVAREZ BUGARÍN         | VTM- 273 | 00:48:59 | 00:04:54 | 00:48:29 | 00:04:51 | 00:16:35 | 00:25:14 | 00:40:50 |  | PORRIÑO (O)                     |                    |
| 355 | 916  | IAGO TRONCOSO MARTINEZ         | VTM- 274 | 00:49:07 | 00:04:55 | 00:48:43 | 00:04:53 | 00:16:11 | 00:24:57 | 00:40:40 |  | MOS                             |                    |
| 356 | 865  | JOSE EUGENIO GARCIA VILLANUEVA | VTM- 275 | 00:49:09 | 00:04:55 | 00:48:48 | 00:04:53 | 00:15:17 | 00:23:35 | 00:40:12 | TROTE BORRIQUERO                       | BUEU                            |                    |
| 357 | 467  | DANIEL GUIMARÉ GONZÁLEZ        | VTM- 276 | 00:49:12 | 00:04:56 | 00:48:44 | 00:04:53 | 00:16:56 | 00:25:33 | 00:41:10 | ARCHIENEMIGOS TEAM                     | TOMIÑO                          |                    |
| 358 | 367  | DANIEL CABALEIRO ROCHA         | /M- 51   | 00:49:14 | 00:04:56 | 00:48:47 | 00:04:53 | 00:16:01 | 00:24:49 | 00:40:35 | C.A. BIKILA                            | REDONDELA                       |                    |
| 359 | 440  | SEBASTIAN GÓMEZ DAFONTE        | VTM- 277 | 00:49:16 | 00:04:56 | 00:48:56 | 00:04:54 | 00:15:50 | 00:24:36 | 00:40:38 | C.C.RIA DE VIGO                        | VIGO                            |                    |
| 360 | 371  | JOSÉ LUIS REQUEJO RODRÍGUEZ    | VTM- 278 | 00:49:16 | 00:04:56 | 00:48:58 | 00:04:54 | 00:16:02 | 00:24:38 | 00:40:40 | AG 2023503                             | ATLETISMO ARENTEIRO             |                    |
| 361 | 433  | NURIA VAZ URBANO               | F- 27    | VTF- 20  | 00:49:16 | 00:04:56 | 00:48:58 | 00:04:54 | 00:16:03 | 00:24:40 | 00:40:42                               | ADNRUNNERS-TELMO PELUQUEROS F,C | OURENSE            |
| 362 | 273  | ADOLFO COTA CAMIÑA             | VTM- 279 | 00:49:17 | 00:04:56 | 00:48:59 | 00:04:54 | 00:15:21 | 00:24:06 | 00:40:28 |  | VIGO                            |                    |
| 363 | 868  | CARLOS MARTÍNEZ REQUEJO        | VTM- 280 | 00:49:17 | 00:04:56 | 00:48:59 | 00:04:54 | 00:15:21 | 00:24:06 | 00:40:28 |  | VIGO                            |                    |
| 364 | 947  | JUAN CARLOS GÓMEZ DÍAZ         | VTM- 281 | 00:49:21 | 00:04:57 | 00:48:56 | 00:04:54 | 00:15:58 | 00:24:37 | 00:40:41 |  | SALCEDA DE CASELAS              |                    |
| 365 | 455  | CARLOS LA TONA                 | VTM- 282 | 00:49:23 | 00:04:57 | 00:48:57 | 00:04:54 | 00:16:00 | 00:24:44 | 00:40:49 |  | VIGO                            |                    |
| 366 | 519  | DAVID MARTÍNEZ DOBALO          | VTM- 283 | 00:49:29 | 00:04:57 | 00:49:04 | 00:04:55 | 00:15:49 | 00:24:35 | 00:40:38 | INDEPENDIENTE                          | VIGO                            |                    |
| 367 | 885  | MARTA SENDIN RAÑA              | F- 28    | VTF- 21  | 00:49:34 | 00:04:58 | 00:49:15 | 00:04:56 | 00:15:53 | 00:24:43 | 00:40:48                               | T AG 2017562                    | CLUB ATLETISMO TUI |
| 368 | 156  | PABLO SENDIN RAÑA              | VTM- 284 | 00:49:35 | 00:04:58 | 00:49:16 | 00:04:56 | 00:15:52 | 00:24:42 | 00:40:47 |  | O PORRIÑO                       |                    |
| 369 | 484  | NOEMÍ FARIÑA SOUSA             | F- 29    | VTF- 22  | 00:49:38 | 00:04:58 | 00:49:19 | 00:04:56 | 00:16:18 | 00:25:01 | 00:41:03                               | TRIATLON PC RIAS BAIXAS         | MARÍN              |
| 370 | 530  | DANIEL PEREIRA FERNÁNDEZ       | VTM- 285 | 00:49:38 | 00:04:58 | 00:49:21 | 00:04:57 | 00:16:21 | 00:25:07 | 00:41:03 |  | VIGO                            |                    |
| 371 | 325  | CARLOS RODRIGUEZ NOVOA         | VTM- 286 | 00:49:44 | 00:04:59 | 00:49:32 | 00:04:58 | 00:15:10 | 00:24:00 | 00:40:39 | ESPRINTES OURENSE                      | OURENSE                         |                    |
| 372 | 555  | MIGUEL ÁNGEL CARPACHO BARREDO  | VTM- 287 | 00:49:49 | 00:04:59 | 00:49:10 | 00:04:55 | 00:15:45 | 00:24:28 | 00:40:51 |  | A CORUÑA                        |                    |
| 373 | 953  | CARLOS TIZÓN RODRIGUEZ         | /M- 52   | 00:49:50 | 00:04:59 | 00:49:17 | 00:04:56 | 00:16:49 | 00:25:31 | 00:41:19 |  | VIGO                            |                    |
| 374 | 1158 | ALBERTO LOSADA SAMPAYO         | VTM- 288 | 00:49:59 | 00:05:00 | 00:49:34 | 00:04:58 | 00:16:35 | 00:25:29 | 00:41:34 |  | O PORRIÑO                       |                    |
| 375 | 845  | ANDRES CANOSA TRONCOSA         | /M- 53   | 00:50:01 | 00:05:01 | 00:49:45 | 00:04:59 | 00:17:10 | 00:26:15 | 00:41:57 |  | TUI                             |                    |
| 376 | 494  | THIERRY NOBLESSE               | VTM- 289 | 00:50:09 | 00:05:01 | 00:49:31 | 00:04:58 | 00:16:08 | 00:24:56 | 00:41:10 | INDEPENDIENTE                          | VIGO                            |                    |
| 377 | 839  | MANUEL GARRIDO LORENZO         | VTM- 290 | 00:50:20 | 00:05:02 | 00:50:13 | 00:05:02 |          | 00:21:39 |          |  | VIGO                            |                    |
| 378 | 553  | GABRIEL CAMACHO CASCAJO        | VTM- 291 | 00:50:22 | 00:05:03 | 00:49:56 | 00:05:00 | 00:15:53 | 00:24:43 | 00:41:18 |  | O PORRIÑO                       |                    |
| 379 | 988  | FERNANDO BENAVIDES HERNANDEZ   | VTM- 292 | 00:50:25 | 00:05:03 | 00:50:04 | 00:05:01 | 00:15:50 | 00:24:34 | 00:41:02 | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | VIGO                            |                    |
| 380 | 1062 | FIZ ALONSO FERNANDEZ           | /M- 54   | 00:50:25 | 00:05:03 | 00:50:01 | 00:05:01 | 00:16:11 | 00:24:57 | 00:41:19 |  | MOS                             |                    |
| 381 | 471  | RAQUEL ZAPATA RODRIGUEZ        | F- 30    | VTF- 23  | 00:50:26 | 00:05:03 | 00:50:06 | 00:05:01 | 00:16:09 | 00:24:55 | 00:41:19                               | C.A.R. MARISQUEIRO              | VIGO               |
| 382 | 794  | CARLOS DOMINGUEZ RODRIGUEZ     | VTM- 293 | 00:50:30 | 00:05:03 | 00:50:21 | 00:05:03 | 00:16:31 | 00:25:26 | 00:41:54 |  | VIGO                            |                    |
| 383 | 834  | PABLO RODRIGUEZ ALONSO         | VTM- 294 | 00:50:31 | 00:05:04 | 00:50:16 | 00:05:02 | 00:16:33 | 00:25:38 | 00:41:45 |  | PORRIÑO (O)                     |                    |
| 384 | 968  | INOCENCIO CABALEIRO PIÑEIRO    | VTM- 295 | 00:50:34 | 00:05:04 | 00:50:06 | 00:05:01 | 00:15:57 | 00:24:42 | 00:41:31 |  | REDONDELA                       |                    |
| 385 | 533  | JAIME ALONSO DEL RIO           | VTM- 296 | 00:50:34 | 00:05:04 | 00:50:03 | 00:05:01 | 00:16:46 | 00:25:58 | 00:41:48 | MAIS QUE AUGA                          | SALCEDA DE CASELAS              |                    |
| 386 | 529  | JONATAN JORGE GUILLE           | /M- 55   | 00:50:37 | 00:05:04 | 00:50:11 | 00:05:02 | 00:16:35 | 00:25:34 | 00:41:56 | C.D. BIOSBARDO                         | VIGO                            |                    |
| 387 | 527  | MARIO LÓPEZ FERNÁNDEZ          | VTM- 297 | 00:50:39 | 00:05:04 | 00:50:14 | 00:05:02 | 00:16:57 | 00:25:53 | 00:41:59 |  | PORRIÑO (O)                     |                    |
| 388 | 466  | PABLO ALONSO ESTEVEZ           | VTM- 298 | 00:50:40 | 00:05:04 | 00:50:18 | 00:05:02 | 00:16:39 | 00:25:35 | 00:41:51 | CASTRELOS 20:30                        | VIGO                            |                    |
| 389 | 1017 | DAVID GARCÍA DA COSTA          | VTM- 299 | 00:50:45 | 00:05:05 | 00:50:27 | 00:05:03 | 00:16:10 | 00:25:10 | 00:41:48 |  | VIGO                            |                    |
| 390 | 502  | RAMÓN ALONSO ALONSO            | VTM- 300 | 00:50:46 | 00:05:05 | 00:50:24 | 00:05:03 | 00:16:31 | 00:25:34 | 00:41:58 | CALDELAO                               | BOBORAS                         |                    |
| 391 | 531  | LUCIA NOVOA GONZALEZ           | F- 31    | VTF- 24  | 00:50:48 | 00:05:05 | 00:50:30 | 00:05:03 | 00:15:50 | 00:24:45 | 00:41:32                               | ATLETISMO PORRIÑO               | PORRIÑO (O)        |
| 392 | 448  | ALVARO PARCERO NOVAS           | VTM- 301 | 00:50:54 | 00:05:06 | 00:50:32 | 00:05:04 | 00:16:10 | 00:25:00 | 00:41:39 |  | VIGO                            |                    |
| 393 | 373  | ÁNGEL LAGO BARCIELA            | VTM- 302 | 00:50:55 | 00:05:06 | 00:50:31 | 00:05:04 | 00:16:31 | 00:25:24 | 00:41:51 |  | VIGO                            |                    |
| 394 | 907  | ANDREA GABIÁN GUERRA           | F- 32    | VTF- 25  | 00:50:55 | 00:05:06 | 00:50:36 | 00:05:04 | 00:16:21 | 00:25:19 | 00:41:59                               | C.A.R. MARISQUEIRO              | VIGO               |
| 395 | 537  | IVÁN PÉREZ BRANDÓN             | /M- 56   | 00:50:55 | 00:05:06 | 00:50:36 | 00:05:04 | 00:16:09 | 00:24:55 | 00:41:53 | A BANDA                                | PONTEAREAS                      |                    |
| 396 | 386  | ENRIQUE GONZÁLEZ PÉREZ         | VTM- 303 | 00:50:56 | 00:05:06 | 00:50:47 | 00:05:05 | 00:15:52 | 00:25:04 | 00:42:05 | MAIS QUE AUGA                          | VIGO                            |                    |
| 397 | 1028 | DAVID LOPEZ                    | VTM- 304 | 00:50:56 | 00:05:06 | 00:50:35 | 00:05:04 | 00:16:06 | 00:25:13 | 00:41:57 |  | O PORRIÑO                       |                    |
| 398 | 1044 | PAULA DAFNE RODRÍGUEZ RIAL     | F- 33    | /F- 8    | 00:50:57 | 00:05:06 | 00:50:41 | 00:05:05 | 00:15:52 | 00:25:04 | 00:42:06                               | MAIS QUE AUGA                   | VIGO               |
| 399 | 784  | CHRISTIN AMIL KOTTKE           | F- 34    | VTF- 26  | 00:50:57 | 00:05:06 | 00:50:36 | 00:05:04 | 00:16:02 | 00:25:13 | 00:41:58                               |                                 | MOS                |
| 400 | 1148 | ANTONIO BAREA SÁNCHEZ          | VTM- 305 | 00:51:02 | 00:05:07 | 00:50:35 | 00:05:04 | 00:16:43 | 00:25:33 | 00:41:54 |  | VIGO                            |                    |
| 401 | 893  | GUILLERMO PEITEADO RUIZ        | VTM- 306 | 00:51:05 | 00:05:07 | 00:50:35 | 00:05:04 | 00:16:52 | 00:25:55 | 00:42:21 |  | VIGO                            |                    |
| 402 | 460  | CRISTÓBAL MATEOS GARCÍA        | VTM- 307 | 00:51:10 | 00:05:07 | 00:50:48 | 00:05:05 | 00:16:38 | 00:25:36 | 00:42:00 | INDEPENDIENTE                          | OURENSE                         |                    |

|     |      |                                   |       |           |          |          |          |          |          |          |          |                                   |                                   |
|-----|------|-----------------------------------|-------|-----------|----------|----------|----------|----------|----------|----------|----------|-----------------------------------|-----------------------------------|
| 403 | 1190 | MARÍA TERESA IGLESIAS FERNÁNDEZ   | F- 35 | VTF- 27   | 00:51:21 | 00:05:09 | 00:50:51 | 00:05:06 | 00:16:18 | 00:25:30 | 00:42:25 | CAZAFANTASMAS TEAM                | TOMIÑO                            |
| 404 | 1009 | PABLO VÁZQUEZ DOMÍNGUEZ           |       | VTM- 308  | 00:51:30 | 00:05:09 | 00:51:04 | 00:05:07 | 00:16:36 | 00:25:47 | 00:42:37 |                                   | PORRIÑO                           |
| 405 | 510  | FRANCISCO GARCIA SUEIRO           |       | VTM- 309  | 00:51:31 | 00:05:10 | 00:51:05 | 00:05:07 | 00:16:33 | 00:25:25 | 00:42:12 |                                   | VIGO                              |
| 406 | 603  | DANIEL GONZALEZ MATOS             |       | VTM- 310  | 00:51:31 | 00:05:10 | 00:51:05 | 00:05:07 | 00:16:33 | 00:25:25 | 00:42:12 |                                   | VIGO                              |
| 407 | 950  | PACO LAGO FREIRÍA                 |       | VTM- 311  | 00:51:32 | 00:05:10 | 00:50:56 | 00:05:06 | 00:16:51 | 00:26:01 | 00:42:34 | OS PELIQUEIROS                    | PORRIÑO                           |
| 408 | 422  | VICTOR MÉNDEZ TRIGO               |       | VTM- 312  | 00:51:33 | 00:05:10 | 00:51:15 | 00:05:08 | 00:17:15 | 00:26:25 | 00:42:58 |                                   | VIGO                              |
| 409 | 1066 | OSCAR VILA FERNANDEZ              |       | VTM- 313  | 00:51:34 | 00:05:10 | 00:51:17 | 00:05:08 | 00:16:43 | 00:25:49 | 00:42:49 | GESTAMP VIGO                      | SALCEDA DE CASELAS                |
| 410 | 1147 | SERGIO ROCHA ÁLVAREZ              |       | /M- 57    | 00:51:34 | 00:05:10 | 00:51:12 | 00:05:08 | 00:16:22 | 00:25:17 | 00:42:14 |                                   | TOMIÑO                            |
| 411 | 1003 | CRISTINA PIÑEIRO VILA             | F- 36 | VTF- 28   | 00:51:37 | 00:05:10 | 00:51:10 | 00:05:07 | 00:16:47 | 00:25:55 | 00:42:25 | ATLETISMO TUI- ACTIVAMOSTUCASA    | TUI                               |
| 412 | 1011 | MARTÍN GONZÁLEZ PÉREZ             |       | VTM- 314  | 00:51:43 | 00:05:11 | 00:51:05 | 00:05:07 | 00:16:38 | 00:25:46 | 00:42:33 |                                   | TUI                               |
| 413 | 594  | JUAN JOSE MILEGO FERNANDEZ        |       | VTM- 315  | 00:51:45 | 00:05:11 | 00:51:21 | 00:05:09 | 00:16:42 | 00:25:51 | 00:42:45 | C.A.R. MARISQUEIRO                | GONDOMAR                          |
| 414 | 949  | JAVIER ESPERÓN RODRÍGUEZ          |       | VTM- 316  | 00:51:48 | 00:05:11 | 00:51:19 | 00:05:08 | 00:16:30 | 00:25:42 | 00:42:37 |                                   | PONTEVEDRA                        |
| 415 | 267  | FRANCISCO BARROS PÉREZ            |       | VTM- 317  | 00:51:50 | 00:05:11 | 00:51:22 | 00:05:09 | 00:17:15 | 00:26:25 | 00:42:58 | OS CHORONS                        | VIGO                              |
| 416 | 428  | VICTOR MANUEL MIGUEZ NOVOA        |       | VTM- 318  | 00:51:51 | 00:05:12 | 00:51:28 | 00:05:09 | 00:17:23 | 00:26:32 | 00:43:04 |                                   | PONTEAREAS                        |
| 417 | 850  | ALBERTO ALONSO LORENZO            |       | VTM- 319  | 00:51:52 | 00:05:12 | 00:51:32 | 00:05:10 | 00:17:09 | 00:26:24 | 00:43:25 | CLUB ATLETISMO SALVATERRA         | SALVATERRA DE MIÑO                |
| 418 | 967  | SAUL GONZÁLEZ IGLESIAS            |       | VTM- 320  | 00:51:55 | 00:05:12 | 00:51:39 | 00:05:10 | 00:16:38 | 00:25:48 | 00:42:46 | SAUL                              | O ROSAL                           |
| 419 | 532  | DIEGO PAN DELGADO                 |       | /M- 58    | 00:51:59 | 00:05:12 | 00:51:26 | 00:05:09 | 00:17:33 | 00:26:38 | 00:43:13 |                                   | VIGO                              |
| 420 | 840  | PILAR PRIETO MORAIS               | F- 37 | VTF- 29   | 00:52:00 | 00:05:12 | 00:51:49 | 00:05:11 | 00:16:43 | 00:26:04 | 00:43:01 | TNT GHERRILLEIROS                 | VIGO                              |
| 421 | 1075 | ARANZAZU SÁNCHEZ PADILLA          | F- 38 | VTF- 30   | 00:52:07 | 00:05:13 | 00:51:31 | 00:05:10 | 00:17:18 | 00:26:22 | 00:43:04 |                                   | PORRIÑO (O)                       |
| 422 | 837  | DIEGO GÓMEZ CARRERA               |       | VTM- 321  | 00:52:11 | 00:05:14 | 00:51:48 | 00:05:11 | 00:16:11 | 00:24:57 | 00:42:20 |                                   | MOS                               |
| 423 | 1060 | JOSE BARROS FERNÁNDEZ             |       | VTM- 322  | 00:52:13 | 00:05:14 | 00:51:43 | 00:05:11 | 00:16:45 | 00:26:04 | 00:42:58 |                                   | CALDAS DE REIS                    |
| 424 | 1008 | RICARDO GRAÑA PIÑEIRO             |       | VTM- 323  | 00:52:14 | 00:05:14 | 00:51:53 | 00:05:12 | 00:17:25 | 00:27:06 | 00:43:20 | TROTE BORRIQUERO                  | BUEU                              |
| 425 | 945  | ESTEBAN FERNANDEZ MISA            |       | VTM- 324  | 00:52:14 | 00:05:14 | 00:51:49 | 00:05:11 | 00:15:57 | 00:24:47 | 00:41:26 |                                   | VIGO                              |
| 426 | 381  | JOSE LUIS REQUEJO PÉREZ           |       | VTM- 325  | 00:52:16 | 00:05:14 | 00:52:02 | 00:05:13 | 00:16:39 | 00:26:00 | 00:42:59 | ATLETAS VETERANOS OURENSE         | OURENSE                           |
| 427 | 1145 | LIDIA FERNÁNDEZ GONZÁLEZ          | F- 39 | /F- 9     | 00:52:16 | 00:05:14 | 00:51:55 | 00:05:12 | 00:16:47 | 00:25:53 | 00:43:02 |                                   | PORRIÑO (O)                       |
| 428 | 996  | ANTONIO RODRÍGUEZ VILA            |       | VTM- 326  | 00:52:22 | 00:05:15 | 00:52:01 | 00:05:13 | 00:16:09 | 00:25:13 | 00:43:04 |                                   | PORRIÑO (O)                       |
| 429 | 368  | CESAR RODRIGUEZ FOLGAR            |       | VTM- 327  | 00:52:27 | 00:05:15 | 00:51:56 | 00:05:12 | 00:17:47 | 00:26:43 | 00:43:10 | CURRELAS TEAM RUNNING 2           | PORRIÑO                           |
| 430 | 1019 | MONICA ROMERO MARTINEZ            | F- 40 | VTF- 31   | 00:52:28 | 00:05:15 | 00:52:09 | 00:05:13 | 00:16:32 | 00:25:48 | 00:42:55 | FRUTAS NIEVES                     | VIGO                              |
| 431 | 1081 | KEVIN CASTIÑEIRAS                 |       | /M- 59    | 00:52:33 | 00:05:16 | 00:52:06 | 00:05:13 | 00:16:53 | 00:26:26 | 00:43:36 |                                   | VIGO                              |
| 432 | 829  | JUAN JOSE FERNANDEZ DE MIGUEL     |       | VTM- 328  | 00:52:38 | 00:05:16 | 00:52:21 | 00:05:15 | 00:16:23 | 00:25:26 | 00:42:55 | METROPOLITAN                      | LOGROÑO                           |
| 433 | 1073 | FRANCISCO JOSE GARCIA FIGUEROA    |       | VTM- 329  | 00:52:39 | 00:05:16 | 00:52:21 | 00:05:15 | 00:17:09 | 00:26:21 | 00:43:38 |                                   | REDONDELA                         |
| 434 | 951  | ROBERTO ÁLVAREZ PEREIRA           |       | VTM- 330  | 00:52:40 | 00:05:16 | 00:52:04 | 00:05:13 | 00:16:51 | 00:26:01 | 00:43:04 | OS PELIQUEIROS                    | PONTEAREAS                        |
| 435 | 917  | MIGUEL PEDREIRA                   |       | VTM- 331  | 00:52:42 | 00:05:17 | 00:52:19 | 00:05:14 | 00:19:29 | 00:28:25 | 00:44:42 |                                   | PORRIÑO                           |
| 436 | 451  | BASILIO VERDEAL GONZALEZ          |       | VTM- 332  | 00:52:43 | 00:05:17 | 00:52:12 | 00:05:14 | 00:17:48 | 00:26:45 | 00:43:19 |                                   | O PORRIÑO                         |
| 437 | 538  | ROSANA SILVIA NOGUERAS MEDIAVILLA | F- 41 | VTF- 32   | 00:52:45 | 00:05:17 | 00:52:14 | 00:05:14 | 00:16:46 | 00:25:58 | 00:43:21 | ATLETISMO PORRIÑO                 | O PORRIÑO                         |
| 438 | 600  | CAMILO LÓPEZ VALENCIA             |       | VTM- 333  | 00:52:46 | 00:05:17 | 00:52:19 | 00:05:14 | 00:17:39 | 00:26:50 | 00:43:39 | AG765777                          | A. D. LIMIACTIVA                  |
| 439 | 941  | CRISTIAN MARTÍNEZ LEMOS           |       | SUB23M- 6 | 00:52:56 | 00:05:18 | 00:52:15 | 00:05:14 | 00:19:50 | 00:29:07 | 00:44:54 |                                   | O PORRIÑO                         |
| 440 | 801  | DAVID FERNANDEZ SAAVEDRA          |       | VTM- 334  | 00:52:59 | 00:05:18 | 00:52:45 | 00:05:17 | 00:16:07 | 00:25:24 | 00:43:18 | LOMBIS                            | PORRIÑO                           |
| 441 | 420  | MANUEL GONZALEZ RODRIGUEZ         |       | VTM- 335  | 00:53:04 | 00:05:19 | 00:52:34 | 00:05:16 | 00:17:34 | 00:26:43 | 00:43:50 | AG 2022198                        | ADN RUNNERS-TELMO PELUQUEROS F.C. |
| 442 | 648  | ANA MARIA LAMPON CARIDE           | F- 42 | VTF- 33   | 00:53:04 | 00:05:19 | 00:52:34 | 00:05:16 | 00:17:35 | 00:26:43 | 00:43:50 | ADN RUNNERS-TELMO PELUQUEROS F.C. | VIGO                              |
| 443 | 511  | JOSE ANTONIO GOMEZ SANCHEZ        |       | VTM- 336  | 00:53:06 | 00:05:19 | 00:52:49 | 00:05:17 | 00:16:30 | 00:25:51 | 00:43:17 | CLUB OURENSE ATLETISMO            | OURENSE                           |
| 444 | 469  | EVA ENDRESS                       | F- 43 | VTF- 34   | 00:53:08 | 00:05:19 | 00:52:47 | 00:05:17 | 00:16:55 | 00:26:21 | 00:43:36 | CASTRELOS 20:30                   | VIGO                              |
| 445 | 993  | PABLO CORIA SANGIAO               |       | VTM- 337  | 00:53:12 | 00:05:20 | 00:52:50 | 00:05:17 | 00:18:40 | 00:28:26 | 00:44:43 |                                   | GUITIRIZ                          |
| 446 | 1065 | ALEJANDRO BUGARIN RORIS           |       | VTM- 338  | 00:53:14 | 00:05:20 | 00:52:41 | 00:05:17 | 00:17:26 | 00:26:38 | 00:44:20 |                                   | PORRIÑO (O)                       |
| 447 | 456  | ELOY CALDERÓN FERNÁNDEZ           |       | VTM- 339  | 00:53:23 | 00:05:21 | 00:53:01 | 00:05:19 | 00:16:57 | 00:26:26 | 00:43:55 |                                   | A CORUÑA                          |
| 448 | 526  | ANA MARIA LOPEZ CRUZ              | F- 44 | VTF- 35   | 00:53:28 | 00:05:21 | 00:52:53 | 00:05:18 | 00:17:55 | 00:27:07 | 00:44:15 | BAR REZA                          | OURENSE                           |
| 449 | 1191 | JOSE LUIS CASTRO CONDE            |       | VTM- 340  | 00:53:29 | 00:05:21 | 00:52:57 | 00:05:18 | 00:17:58 | 00:27:31 | 00:44:40 | GESTAMP VIGO                      | TUI                               |
| 450 | 1192 | DANIEL FERNÁNDEZ CASTRO           |       | /M- 60    | 00:53:30 | 00:05:21 | 00:52:58 | 00:05:18 | 00:17:58 | 00:27:31 | 00:44:41 |                                   | TUI                               |
| 451 | 560  | LUIS MIGUEL SOBREVELA ROMAGUERA   |       | VTM- 341  | 00:53:34 | 00:05:22 | 00:53:01 | 00:05:19 | 00:16:46 | 00:26:14 | 00:44:20 |                                   | SALCEDA DE CASELAS                |
| 452 | 959  | RUBEN BESADA ÁLVAREZ              |       | VTM- 342  | 00:53:35 | 00:05:22 | 00:53:21 | 00:05:21 | 00:15:30 | 00:24:48 | 00:43:20 |                                   | SALCEDA DE CASELAS                |
| 453 | 1119 | RODRIGO GARCÍA TOREA              |       | VTM- 343  | 00:53:38 | 00:05:22 | 00:52:57 | 00:05:18 | 00:19:50 | 00:29:07 | 00:44:54 |                                   | VIGO                              |
| 454 | 407  | DIAMANTINO COELHO                 |       | VTM- 344  | 00:53:39 | 00:05:22 | 00:53:23 | 00:05:21 | 00:16:17 | 00:25:27 | 00:44:06 | DCR RUNNER                        | ARCOS DE VALDEVEZ                 |
| 455 | 1109 | SUEVIA GONZÁLEZ SEOANE            | F- 45 | SUB23F- 1 | 00:53:44 | 00:05:23 | 00:53:17 | 00:05:20 | 00:17:07 | 00:26:27 | 00:43:48 | ATLETISMO PORRIÑO                 | PONTEAREAS                        |
| 456 | 1059 | SONIA OUTOMURO MORALES            | F- 46 | VTF- 36   | 00:53:49 | 00:05:23 | 00:53:20 | 00:05:20 | 00:17:36 | 00:27:04 | 00:44:26 | CLUB CAZAFANTASMAS TEAM           | MOS                               |
| 457 | 866  | JOSÉ RAMÓN SEÑARÍS BOO            |       | VTM- 345  | 00:53:53 | 00:05:24 | 00:53:18 | 00:05:20 | 00:17:42 | 00:27:09 | 00:44:41 |                                   | PUEBLA DO CARAMIÑAL               |
| 458 | 1189 | SANDRA LÓPEZ LÓPEZ                | F- 47 | /F- 10    | 00:53:57 | 00:05:24 | 00:53:37 | 00:05:22 | 00:17:27 | 00:27:00 | 00:44:26 |                                   | TUI                               |
| 459 | 1058 | IAGO ORGE VALVERDE                |       | VTM- 346  | 00:54:05 | 00:05:25 | 00:53:36 | 00:05:22 | 00:17:30 | 00:27:01 | 00:44:25 | CLUB CAZAFANTASMAS TEAM           | MOS                               |
| 460 | 919  | JOSEFA CARRERA SOUTELO            | F- 48 | VTF- 37   | 00:54:10 | 00:05:25 | 00:53:44 | 00:05:23 | 00:17:35 | 00:27:04 | 00:44:32 | TALLERES EAUTO                    | SALCEDA DE CASELAS                |



|     |      |                                    |       |          |          |          |          |          |          |          |          |           |  |                        |
|-----|------|------------------------------------|-------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|--|------------------------|
| 461 | 425  | MANUEL PICOUTO DURÁN               |       | VTM- 347 | 00:54:13 | 00:05:26 | 00:53:49 | 00:05:23 | 00:17:36 | 00:27:05 | 00:44:34 | AG 763645 | ESPRINTES OURENSE                      | OURENSE                |
| 462 | 1165 | MARÍA VIDAL LINO                   | F- 49 | /F- 11   | 00:54:26 | 00:05:27 | 00:54:02 | 00:05:25 | 00:17:45 | 00:27:15 | 00:44:47 |           | CROSSFIT DISTRITO 362                  | MOS                    |
| 463 | 659  | ROBERTO REBORDEA LOURENZO          |       | VTM- 348 | 00:54:46 | 00:05:29 | 00:54:23 | 00:05:27 | 00:17:07 | 00:26:52 | 00:45:13 |           | ORIXES MONDARIZ                        | MONDARIZ               |
| 464 | 1153 | LUCIA DOMÍNGUEZ GARRIDO            | F- 50 | VTF- 38  | 00:54:46 | 00:05:29 | 00:54:23 | 00:05:27 | 00:17:06 | 00:26:52 | 00:45:13 |           | A+P                                    | MONDARIZ               |
| 465 | 513  | ENRIQUE CUÑARRO ROMERO             |       | VTM- 349 | 00:54:50 | 00:05:29 | 00:54:21 | 00:05:27 | 00:17:40 | 00:27:26 | 00:45:17 |           |  | O PORRIÑO              |
| 466 | 1083 | REYES MARIA BRAVO PEREZ            | F- 51 | VTF- 39  | 00:54:57 | 00:05:30 | 00:54:30 | 00:05:27 | 00:17:41 | 00:27:21 | 00:45:18 |           |  | TUI                    |
| 467 | 541  | MYRIAM RODRIGUEZ ALONSO            | F- 52 | VTF- 40  | 00:55:11 | 00:05:32 | 00:54:51 | 00:05:30 | 00:17:24 | 00:27:09 | 00:45:15 |           | RUNNING SPORT TRAIL                    | OURENSE                |
| 468 | 874  | ALVARO QUINTANILLA MARFUL          |       | VTM- 350 | 00:55:15 | 00:05:32 | 00:54:40 | 00:05:28 | 00:19:13 | 00:28:52 | 00:46:01 |           | VIGIADOR                               | VIGO                   |
| 469 | 1161 | NOELIA PARADA RODRÍGUEZ            | F- 53 | /F- 12   | 00:55:16 | 00:05:32 | 00:54:43 | 00:05:29 | 00:18:08 | 00:27:47 | 00:45:32 |           |  | MOS                    |
| 470 | 575  | XOANA REGUEIRO FERNANDEZ           | F- 54 | VTF- 41  | 00:55:21 | 00:05:33 | 00:55:01 | 00:05:31 | 00:17:39 | 00:27:26 | 00:45:32 |           | TRIATLÓN MAR DE VIGO                   | VIGO                   |
| 471 | 1087 | GLORIA ARMADÁNS VILLAR             | F- 55 | VTF- 42  | 00:55:23 | 00:05:33 | 00:55:00 | 00:05:30 | 00:18:00 | 00:27:45 | 00:45:29 |           |  | VIGO                   |
| 472 | 1016 | VAITIARE SOTO GONZALEZ             | F- 56 | /F- 13   | 00:55:27 | 00:05:33 | 00:54:55 | 00:05:30 | 00:18:08 | 00:27:48 | 00:45:42 |           |  | PORRIÑO (O)            |
| 473 | 1010 | DANIEL TIENDA CASTRO               |       | VTM- 351 | 00:55:45 | 00:05:35 | 00:55:16 | 00:05:32 | 00:18:33 | 00:28:14 | 00:46:15 |           |  | MOS                    |
| 474 | 499  | VICTORIANO SANMARTIN GONZALEZ      |       | VTM- 352 | 00:55:49 | 00:05:35 | 00:55:27 | 00:05:33 | 00:18:36 | 00:28:36 | 00:46:30 |           | MAIS QUE AUGA                          | PORRIÑO                |
| 475 | 554  | NATALIA PAZ OLIVEIRA               | F- 57 | VTF- 43  | 00:55:50 | 00:05:35 | 00:55:28 | 00:05:33 | 00:18:47 | 00:28:35 | 00:46:18 |           |  | VIGO                   |
| 476 | 910  | MARÍA HIDALGO MURILLO              | F- 58 | /F- 14   | 00:56:09 | 00:05:37 | 00:55:47 | 00:05:35 | 00:17:41 | 00:27:23 | 00:45:47 |           |  | O PORRIÑO              |
| 477 | 1069 | IDOYA DURÁN POUSEU                 | F- 59 | VTF- 44  | 00:56:12 | 00:05:38 | 00:55:51 | 00:05:36 | 00:17:26 | 00:27:21 | 00:45:49 |           |  | BUEU                   |
| 478 | 556  | MONICA VAZQUEZ MAYO                | F- 60 | VTF- 45  | 00:56:12 | 00:05:38 | 00:55:50 | 00:05:35 | 00:18:43 | 00:28:35 | 00:46:30 |           | MAIS QUE AUGA                          | PORRIÑO                |
| 479 | 618  | DALIA MOREIRA RODRÍGUEZ            | F- 61 | /F- 15   | 00:56:27 | 00:05:39 | 00:56:01 | 00:05:37 | 00:17:57 | 00:27:53 | 00:46:42 |           |  | OURENSE                |
| 480 | 580  | BENITO NORES GOMEZ                 |       | VTM- 353 | 00:56:27 | 00:05:39 | 00:56:01 | 00:05:37 | 00:17:57 | 00:27:52 | 00:46:42 |           |  | OURENSE                |
| 481 | 1068 | VERÓNICA PAMPILLON SEIJO           | F- 62 | VTF- 46  | 00:56:47 | 00:05:41 | 00:56:30 | 00:05:39 | 00:17:55 | 00:27:46 | 00:46:24 |           |  | MOS                    |
| 482 | 578  | DIEGO ALONSO OTERO                 |       | VTM- 354 | 00:56:58 | 00:05:42 | 00:56:21 | 00:05:39 | 00:18:39 | 00:28:24 | 00:46:43 |           | COMESAÑA SPORTING CLUB                 | VIGO                   |
| 483 | 597  | MARCOS AMOEDO COLLAZO              |       | VTM- 355 | 00:56:58 | 00:05:42 | 00:56:21 | 00:05:39 | 00:18:39 | 00:28:25 | 00:46:44 |           | ESPARTAN@S CHIFLAF@S                   | VIGO                   |
| 484 | 1093 | MARIA PEREIRA DIOS                 | F- 63 | VTF- 47  | 00:56:59 | 00:05:42 | 00:56:21 | 00:05:39 | 00:18:38 | 00:28:25 | 00:46:45 |           |  | VIGO                   |
| 485 | 549  | ANTONIO VAZQUEZ FERNANDEZ          |       | VTM- 356 | 00:57:04 | 00:05:43 | 00:56:32 | 00:05:40 | 00:18:37 | 00:28:35 | 00:46:49 |           |  | CHANTADA               |
| 486 | 1135 | SERGIO ALONSO COLLAZO              |       | /M- 61   | 00:57:06 | 00:05:43 | 00:56:38 | 00:05:40 | 00:18:25 | 00:28:29 | 00:47:08 |           |  | VIGO                   |
| 487 | 1180 | LUCIA GUISANDE PEREIRA             | F- 64 | VTF- 48  | 00:57:11 | 00:05:44 | 00:56:49 | 00:05:41 | 00:18:45 | 00:28:39 | 00:46:59 |           |  | PORRIÑO (O)            |
| 488 | 584  | CHON SANTÁS SEARA                  | F- 65 | VTF- 49  | 00:57:11 | 00:05:44 | 00:56:43 | 00:05:41 | 00:18:27 | 00:28:35 | 00:47:08 |           |  | TUI                    |
| 489 | 1146 | MONICA ALVAREZ COMESAÑA            | F- 66 | VTF- 50  | 00:57:16 | 00:05:44 | 00:56:55 | 00:05:42 | 00:18:24 | 00:28:32 | 00:47:03 |           | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM | VIGO                   |
| 490 | 703  | MIGUEL ARGUDIN GONZALEZ            |       | VTM- 357 | 00:57:33 | 00:05:46 | 00:57:01 | 00:05:43 | 00:19:00 | 00:29:16 | 00:47:41 |           | MAIS QUE AUGA                          | VIGO                   |
| 491 | 963  | DANIEL GARCÍA BESADA               |       | /M- 62   | 00:57:33 | 00:05:46 | 00:57:01 | 00:05:43 | 00:19:00 | 00:29:16 | 00:47:41 |           |  | VIGO                   |
| 492 | 592  | MARÍA VARELA GARCÍA                | F- 67 | VTF- 51  | 00:57:50 | 00:05:47 | 00:57:24 | 00:05:45 | 00:19:12 | 00:29:09 | 00:47:37 |           |  | MOREIRAS               |
| 493 | 1155 | BANESA SANMARTIN GARCIA            | F- 68 | VTF- 52  | 00:58:09 | 00:05:49 | 00:57:46 | 00:05:47 | 00:18:47 | 00:29:05 | 00:47:51 |           |  | BUEU                   |
| 494 | 1121 | ESTEFANÍA CRUZ CASTRO              | F- 69 | /F- 16   | 00:58:11 | 00:05:50 | 00:57:48 | 00:05:47 | 00:17:51 | 00:28:00 | 00:47:35 |           |  | O PORRIÑO              |
| 495 | 596  | JOSÉ ADOLFO RODRÍGUEZ SUAREZ       |       | VTM- 358 | 00:58:17 | 00:05:50 | 00:57:42 | 00:05:47 | 00:18:42 | 00:28:59 | 00:47:59 |           | BAR REZA                               | OURENSE                |
| 496 | 599  | CARLOS RIVAS TERUELO               |       | VTM- 359 | 00:58:22 | 00:05:51 | 00:58:01 | 00:05:49 | 00:18:49 | 00:29:04 | 00:48:01 |           |  | PONTEVEDRA             |
| 497 | 975  | JUAN BENÍTEZ OCAMPO                |       | VTM- 360 | 00:58:27 | 00:05:51 | 00:57:58 | 00:05:48 | 00:18:47 | 00:28:58 | 00:47:42 |           |  | TUI                    |
| 498 | 1178 | DIEGO VÁZQUEZ PUGA                 |       | /M- 63   | 00:58:34 | 00:05:52 | 00:58:09 | 00:05:49 | 00:19:05 | 00:29:28 | 00:48:45 |           |  | ARBO                   |
| 499 | 470  | JOSÉ RAMÓN SIERRA FERNÁNDEZ        |       | VTM- 361 | 00:59:04 | 00:05:55 | 00:58:29 | 00:05:51 | 00:18:42 | 00:29:00 | 00:47:59 |           |  | A VALENZA              |
| 500 | 1018 | MANUEL FERNANDEZ GRANDAL           |       | VTM- 362 | 00:59:06 | 00:05:55 | 00:58:39 | 00:05:52 | 00:18:46 | 00:29:17 | 00:48:59 |           |  | MOS                    |
| 501 | 1139 | CRISTINA RODRÍGUEZ PÉREZ           | F- 70 | VTF- 53  | 00:59:07 | 00:05:55 | 00:58:46 | 00:05:53 | 00:18:41 | 00:29:10 | 00:48:37 |           |  | CARBALLINO             |
| 502 | 992  | DANIEL TAPIA MAGAN                 |       | VTM- 363 | 00:59:20 | 00:05:56 | 00:58:52 | 00:05:54 | 00:17:57 | 00:28:41 | 00:49:10 |           |  | TOMIÑO                 |
| 503 | 587  | EVARISTO ALONSO MISA               |       | VTM- 364 | 00:59:24 | 00:05:57 | 00:58:50 | 00:05:53 | 00:18:42 | 00:28:58 | 00:48:31 |           |  | PORRIÑO (O)            |
| 504 | 1156 | TAMARA PEREIRA FERNÁNDEZ           | F- 71 | /F- 17   | 00:59:25 | 00:05:57 | 00:59:03 | 00:05:55 | 00:18:26 | 00:28:44 | 00:48:35 |           |  | VIGO                   |
| 505 | 1050 | RUBEN GUTIERREZ LOPEZ              |       | VTM- 365 | 00:59:28 | 00:05:57 | 00:58:48 | 00:05:53 | 00:20:05 | 00:30:04 | 00:48:46 |           | INDEPENDIENTE                          | PORRIÑO                |
| 506 | 1154 | JUAN PEREZ FERNANDEZ               |       | VTM- 366 | 00:59:32 | 00:05:58 | 00:58:52 | 00:05:54 | 00:19:19 | 00:29:35 | 00:48:54 |           |  | PIÑOR                  |
| 507 | 577  | MARCOS FEIJOO SUAREZ               |       | VTM- 367 | 00:59:35 | 00:05:58 | 00:58:56 | 00:05:54 | 00:18:40 | 00:29:16 | 00:48:53 |           | CHUZAS OLIMPICOS                       | MOS                    |
| 508 | 1176 | ELENA LOMBARDO BERMÚDEZ            | F- 72 | VTF- 54  | 00:59:53 | 00:06:00 | 00:59:23 | 00:05:57 | 00:20:01 | 00:30:24 | 00:49:28 |           |  | REDONDELA              |
| 509 | 1130 | JESUS LUIS FERREIRO GALLEGO        |       | VTM- 368 | 00:59:53 | 00:06:00 | 00:59:23 | 00:05:57 | 00:20:01 | 00:30:24 | 00:49:28 |           | EDI ABOGADOS RUNNING CLUB              | VIGO                   |
| 510 | 1151 | FÁTIMA MORON PREGAL                | F- 73 | VTF- 55  | 00:59:55 | 00:06:00 | 00:59:21 | 00:05:57 | 00:19:15 | 00:29:40 | 00:49:10 |           | A+P                                    | PONTEAREAS             |
| 511 | 1152 | ROCÍO SASTRE VILAS                 | F- 74 | VTF- 56  | 00:59:56 | 00:06:00 | 00:59:21 | 00:05:57 | 00:19:15 | 00:29:41 | 00:49:10 |           | A+P                                    | PONTEAREAS             |
| 512 | 886  | CONSTANTE "TANTE" FERNÁNDEZ BLANCO |       | VTM- 369 | 00:59:56 | 00:06:00 | 00:59:22 | 00:05:57 | 00:19:14 | 00:29:40 | 00:49:09 |           |  | MONDARIZ               |
| 513 | 1094 | FRANCISCO ABUIÑ GARCÍA             |       | VTM- 370 | 01:00:07 | 00:06:01 | 00:59:26 | 00:05:57 | 00:19:52 | 00:30:10 | 00:49:36 |           |  | SANTIAGO DE COMPOSTELA |
| 514 | 542  | PATRICIA ESTÉVEZ ARAÚJO            | F- 75 | VTF- 57  | 01:00:33 | 00:06:04 | 01:00:01 | 00:06:01 | 00:19:32 | 00:30:15 | 00:50:31 |           | ATLETISMO PORRIÑO                      | O PORRIÑO              |
| 515 | 1144 | ROSA MARIA FERNANDEZ FREIRIA       | F- 76 | VTF- 58  | 01:00:52 | 00:06:06 | 01:00:29 | 00:06:03 | 00:19:11 | 00:29:51 | 00:49:56 |           |  | PORRIÑO (O)            |
| 516 | 1174 | BEGOÑA LOUZAO FERRACES             | F- 77 | VTF- 59  | 01:00:52 | 00:06:06 | 01:00:29 | 00:06:03 | 00:19:11 | 00:29:51 | 00:49:57 |           |  | PONTEAREAS             |
| 517 | 1112 | ANDREA ARIAS MATO                  | F- 78 | /F- 18   | 01:01:36 | 00:06:10 | 01:01:14 | 00:06:08 | 00:18:52 | 00:29:46 | 00:50:15 |           | CLUB ATLETISMO ESTRADA                 | A ESTRADA              |
| 518 | 1095 | FÁTIMA MARÍA MOYANO DE BEÇA        | F- 79 | VTF- 60  | 01:01:47 | 00:06:11 | 01:01:21 | 00:06:09 | 00:19:19 | 00:30:09 | 00:50:37 |           |  | O PORRIÑO              |

|     |      |                              |       |          |          |          |          |          |          |          |          |   |
|-----|------|------------------------------|-------|----------|----------|----------|----------|----------|----------|----------|----------|---|
| 519 | 939  | ENRIQUE DIZ DIOS             |       | VTM- 371 | 01:01:53 | 00:06:12 | 01:01:17 | 00:06:08 | 00:20:26 | 00:31:20 | 00:51:08 | VIGO                                      |
| 520 | 1164 | DIEGO DE COO DIZ             |       | VTM- 372 | 01:01:53 | 00:06:12 | 01:01:17 | 00:06:08 | 00:20:26 | 00:31:21 | 00:51:08 | VIGO                                      |
| 521 | 593  | LORENA ESTÉVEZ ARAÚJO        | F- 80 | VTF- 61  | 01:02:11 | 00:06:14 | 01:01:39 | 00:06:10 | 00:19:41 | 00:30:40 | 00:51:09 | VIGO                                      |
| 522 | 1163 | PEDRO DIZ DIOS               |       | VTM- 373 | 01:03:11 | 00:06:20 | 01:02:34 | 00:06:16 | 00:20:27 | 00:31:25 | 00:51:45 | CANGAS                                    |
| 523 | 565  | EVA MARIA MARTINEZ ADEGA     | F- 81 | VTF- 62  | 01:03:39 | 00:06:22 | 01:02:59 | 00:06:18 | 00:19:49 | 00:30:52 | 00:52:07 | O PORRIÑO                                 |
| 524 | 1039 | XOANA VEIGA MARTINEZ         | F- 82 | /F- 19   | 01:03:40 | 00:06:22 | 01:03:00 | 00:06:18 | 00:19:51 | 00:30:54 | 00:52:12 | O PORRIÑO                                 |
| 525 | 564  | JUAN JOSE VEIGA TEJEIRA      |       | VTM- 374 | 01:03:40 | 00:06:22 | 01:03:00 | 00:06:18 | 00:19:51 | 00:30:54 | 00:52:12 | O PORRIÑO                                 |
| 526 | 913  | JOSE MANUEL PEREIRA PIÑEIRO  |       | /M- 64   | 01:04:13 | 00:06:26 | 01:03:47 | 00:06:23 | 00:19:08 | 00:30:29 | 00:52:14 | VIGO                                      |
| 527 | 1179 | PAULA MOLDES OJEA            | F- 83 | /F- 20   | 01:04:13 | 00:06:26 | 01:03:47 | 00:06:23 | 00:20:09 | 00:31:19 | 00:52:14 | SALVATERRA DE MIÑO                        |
| 528 | 999  | MARTA FERREIRA RODRIGUEZ     | F- 84 | VTF- 63  | 01:05:05 | 00:06:31 | 01:04:47 | 00:06:29 | 00:19:53 | 00:31:20 | 00:53:09 | O PORRIÑO                                 |
| 529 | 1002 | FERNANDO VILA PEREZ          |       | VTM- 375 | 01:05:05 | 00:06:31 | 01:04:47 | 00:06:29 | 00:19:52 | 00:31:20 | 00:53:08 | PORRIÑO                                   |
| 530 | 802  | JULIO ANDON OTERO            |       | VTM- 376 | 01:05:56 | 00:06:36 | 01:05:37 | 00:06:34 | 00:18:52 | 00:30:43 | 00:53:59 | MAIS QUE AUGA<br>VIGO                     |
| 531 | 1177 | YESSICA RAMÍREZ LEIRÒS       | F- 85 | /F- 21   | 01:05:58 | 00:06:36 | 01:05:25 | 00:06:33 | 00:21:05 | 00:32:55 | 00:54:25 | PORRIÑO (O)                               |
| 532 | 981  | JOSE ANTONIO BUGARIN FREIRIA |       | /M- 65   | 01:05:58 | 00:06:36 | 01:05:25 | 00:06:33 | 00:21:05 | 00:32:55 | 00:54:25 | CLUB CICLISTA DE LA FUENTE<br>PORRIÑO (O) |
| 533 | 581  | CONCEPCIÓN FERNÁNDEZ ÁLVAREZ | F- 86 | VTF- 64  | 01:06:00 | 00:06:36 | 01:05:25 | 00:06:33 | 00:21:10 | 00:32:21 | 00:54:05 | BARBADAS                                  |
| 534 | 583  | LOURDES TABOADA VAZQUEZ      | F- 87 | VTF- 65  | 01:06:12 | 00:06:38 | 01:05:45 | 00:06:35 | 00:21:02 | 00:32:32 | 00:54:07 | OURENSE                                   |
| 535 | 1091 | SANDRA RODRÍGUEZ VILA        | F- 88 | VTF- 66  | 01:06:14 | 00:06:38 | 01:05:53 | 00:06:36 | 00:21:10 | 00:32:56 | 00:54:06 | VIGO                                      |
| 536 | 602  | JOSE ALEJANDRO GANDARA BOUZA |       | VTM- 377 | 01:07:36 | 00:06:46 | 01:07:17 | 00:06:44 | 00:21:34 | 00:33:50 | 00:55:57 | CASTRELOS 20:30<br>REDONDELA              |
| 537 | 1184 | SARAY VILLAMARIN BARREIRO    | F- 89 | /F- 22   | 01:07:38 | 00:06:46 | 01:07:01 | 00:06:43 | 00:21:59 | 00:33:31 | 00:56:12 | VIGO                                      |
| 538 | 1102 | NOEMÍ VILLAMARÍN BARREIRO    | F- 90 | /F- 23   | 01:08:22 | 00:06:51 | 01:07:46 | 00:06:47 | 00:21:59 | 00:33:31 | 00:56:37 | VIGO                                      |

# XIV CARREIRA DE O PORRIÑO 10K, O Porriño 01/05/2022

ABSOLUTA 5 KM. Distancia: 5.000 m



| Pto | Dorsal | Nombre                         | Sx    | PtoCat  | T_Oficial | RitmoKm  | T_Real   | RitKmReal | Km 3,25  | Licenza   | Club                                     | Localidade           |
|-----|--------|--------------------------------|-------|---------|-----------|----------|----------|-----------|----------|-----------|--|----------------------|
| 1   | 1202   | ALEXANDRE ÁLVAREZ FERREIRA     |       | /M- 1   | 00:16:02  | 00:03:13 | 00:16:02 | 00:03:13  | 00:10:08 | GA768720  | CLUB ATLETISMO NARÓN                     | OURENSE              |
| 2   | 1384   | CARLOS BAUTISTA BUGARIN        |       | JVNM- 1 | 00:16:07  | 00:03:14 | 00:16:07 | 00:03:14  | 00:10:11 |           | ATLETISMO PORRIÑO                        | PONTEAREAS           |
| 3   | 1252   | JOSÉ CARLOS FERREIRA GONZALEZ  |       | /M- 2   | 00:16:46  | 00:03:22 | 00:16:43 | 00:03:21  | 00:10:46 | M569      | VETERANOS DE SAMIL                       | A GUARDA             |
| 4   | 1383   | DIEGO PEREIRO ALONSO           |       | /M- 3   | 00:17:06  | 00:03:26 | 00:17:06 | 00:03:26  | 00:10:58 |           | CLUB ATLETISMO PORRIÑO                   | MOS                  |
| 5   | 1206   | ROBERTO MARTINEZ CASTRO        |       | /M- 4   | 00:17:24  | 00:03:29 | 00:17:23 | 00:03:29  | 00:11:09 | 32701921S | CLUB DEPORTIVO PINARIUM                  | NARÓN                |
| 6   | 1210   | SERAFÍN RODRÍGUEZ RODRÍGUEZ    |       | /M- 5   | 00:17:47  | 00:03:34 | 00:17:44 | 00:03:33  | 00:11:24 |           | CORREDORES DO MIÑO                       | OURENSE              |
| 7   | 1260   | DIEGO GARCIA ABAD              |       | JVNM- 2 | 00:18:17  | 00:03:40 | 00:18:11 | 00:03:39  | 00:11:59 |           | ATLETISMO PORRIÑO                        | PORRIÑO (O)          |
| 8   | 1255   | SINDO GONZALEZ CASTRO          |       | /M- 6   | 00:18:22  | 00:03:41 | 00:18:17 | 00:03:40  | 00:11:41 |           | SDCOMPOSTELA                             | VIGO                 |
| 9   | 1376   | ANTONIO MANUEL BRANCO PALHARES |       | /M- 7   | 00:18:36  | 00:03:44 | 00:18:31 | 00:03:43  | 00:11:58 |           |  | VALENÇA              |
| 10  | 1201   | YAGO DANIEL RÍO PEREIRA        |       | /M- 8   | 00:18:54  | 00:03:47 | 00:18:48 | 00:03:46  | 00:11:49 |           |  | FERROL               |
| 11  | 1259   | JORGE TINAQUERO                |       | /M- 9   | 00:19:03  | 00:03:49 | 00:18:59 | 00:03:48  | 00:12:27 |           | CLUB SSRR CLINICAS MENORCA               | MADRID               |
| 12  | 1250   | LUIS SALGADO PAZOS             |       | /M- 10  | 00:19:14  | 00:03:51 | 00:19:06 | 00:03:50  | 00:12:25 |           | CASTRELOS 20:30                          | VIGO                 |
| 13  | 1211   | EDUARDO GARCIA PAZO            |       | /M- 11  | 00:19:32  | 00:03:55 | 00:19:31 | 00:03:55  | 00:12:20 |           | BIKILA                                   | VIGO                 |
| 14  | 1261   | JOSE MANUEL MIRANDA VIEITO     |       | /M- 12  | 00:19:53  | 00:03:59 | 00:19:46 | 00:03:58  | 00:12:43 |           | ATHLETICS FISIOTERAPIA SAN LAZARO TEAM   | PORRIÑO              |
| 15  | 1209   | ADRIÁN MAQUIEIRA PEREIRA       |       | /M- 13  | 00:20:02  | 00:04:01 | 00:19:53 | 00:03:59  | 00:12:42 |           |  | GUARDA (A)           |
| 16  | 1216   | ARARAT PAZOS MEIXUS            | F- 1  | JVNF- 1 | 00:20:20  | 00:04:04 | 00:20:18 | 00:04:04  | 00:12:55 |           | CLUB SAN MIGUEL DE MARÍN                 | VILAGARCÍA DE AROUSA |
| 17  | 1215   | LINO ESPÍÑEIRA CASTRO          |       | /M- 14  | 00:20:53  | 00:04:11 | 00:20:39 | 00:04:08  | 00:13:32 |           |  | FRADES               |
| 18  | 1354   | XAVIER LEIRO                   |       | /M- 15  | 00:21:26  | 00:04:18 | 00:21:21 | 00:04:17  | 00:13:53 |           | C.A. VETERANOS DE SAMIL                  | PONTEAREAS           |
| 19  | 1214   | MANUEL CARAMES                 |       | /M- 16  | 00:21:54  | 00:04:23 | 00:21:50 | 00:04:22  | 00:14:02 |           | C.A.R. MARISQUEIRO                       | TUI                  |
| 20  | 1234   | ANTONIO SOBRADO FERNÁNDEZ      |       | /M- 17  | 00:21:56  | 00:04:24 | 00:21:50 | 00:04:22  | 00:13:59 |           | ASOCIACIÓN DEPORTIVA C.A.R               | REDONDELA            |
| 21  | 1220   | JAVIER BAÑÓN NORES             |       | /M- 18  | 00:22:01  | 00:04:25 | 00:21:56 | 00:04:24  | 00:13:48 |           |  | CANGAS               |
| 22  | 1294   | ANXO LORENZO BAUTISTA          |       | /M- 19  | 00:22:05  | 00:04:25 | 00:21:59 | 00:04:24  | 00:14:07 |           | ATLETISMO PORRIÑO                        | PONTEAREAS           |
| 23  | 1382   | ANABELA PEREIRA DE SOUSA       | F- 2  | JVNF- 2 | 00:22:27  | 00:04:30 | 00:22:27 | 00:04:30  | 00:14:09 |           | CENTRO DE ATLETISMO DE ARCOS DE VALDEVEZ | PAREDES DE COURA     |
| 24  | 1342   | CESAR BARREIRO BARREIRO        |       | /M- 20  | 00:22:34  | 00:04:31 | 00:21:59 | 00:04:24  | 00:14:44 |           |  | O PORRIÑO            |
| 25  | 1226   | PATRICIA ALONSO PARENTE        | F- 3  | /F- 1   | 00:22:41  | 00:04:33 | 00:22:34 | 00:04:31  | 00:14:33 |           |  | VIGO                 |
| 26  | 1231   | BRIAN CORTIÑAS ALONSO          |       | /M- 21  | 00:22:50  | 00:04:34 | 00:22:16 | 00:04:28  | 00:14:51 |           | VICPOR TEAM                              | PORRIÑO              |
| 27  | 1335   | ANTONIO BLANCO ADAN            |       | /M- 22  | 00:22:53  | 00:04:35 | 00:22:44 | 00:04:33  | 00:14:36 |           |  | REDONDELA            |
| 28  | 1246   | BERNARDO MOLARES RIVAS         |       | /M- 23  | 00:23:01  | 00:04:37 | 00:22:53 | 00:04:35  | 00:14:51 |           |  | VIGO                 |
| 29  | 1267   | ISAAC MIGUEZ RODRIGUEZ         |       | /M- 24  | 00:23:20  | 00:04:40 | 00:23:05 | 00:04:37  | 00:15:02 |           |  | VIGO                 |
| 30  | 1311   | MARCOS SEREN ARIAS             |       | /M- 25  | 00:23:37  | 00:04:44 | 00:23:23 | 00:04:41  | 00:15:33 |           |  | O PORRIÑO            |
| 31  | 1228   | JOSÉ LUIS PADIN COUSIDO        |       | /M- 26  | 00:24:09  | 00:04:50 | 00:24:02 | 00:04:49  | 00:15:28 |           | C.A.CAMBADOS-NOVAL                       | SANXENXO             |
| 32  | 1233   | MARIA TERESA SORDO GARCIA      | F- 4  | /F- 2   | 00:24:16  | 00:04:52 | 00:24:10 | 00:04:50  | 00:15:29 |           | CONCELLO DE VIGO                         | SALVATERRA DE MIÑO   |
| 33  | 1277   | JAHENET AMIL PEREZ             | F- 5  | /F- 3   | 00:24:19  | 00:04:52 | 00:24:09 | 00:04:50  | 00:15:44 |           | CLUB ATLETISMO SALVATERRA                | SALVATERRA DE MIÑO   |
| 34  | 1289   | BELÉN FREIJEIRO FERNÁNDEZ      | F- 6  | /F- 4   | 00:24:20  | 00:04:52 | 00:24:14 | 00:04:51  | 00:15:34 |           |  | PORRIÑO (O)          |
| 35  | 1345   | ADRIANA FONTAN                 | F- 7  | /F- 5   | 00:24:20  | 00:04:52 | 00:24:07 | 00:04:50  | 00:15:51 |           | FONTERA                                  | VIGO                 |
| 36  | 1225   | YAGO RODRIGUEZ RODRIGUEZ       |       | /M- 27  | 00:24:50  | 00:04:58 | 00:24:37 | 00:04:56  | 00:15:44 | AG2028079 | VETERANOS DE SAMIL                       | VIGO                 |
| 37  | 1223   | BENIGNO MÍGUEZ SAN ISIDRO      |       | /M- 28  | 00:24:57  | 00:05:00 | 00:24:45 | 00:04:57  | 00:15:59 | AG2022618 | KELTIC VIGO                              | CELEIRO -VIVEIRO     |
| 38  | 1249   | ARANZAZU IBÁÑEZ LÓPEZ          | F- 8  | /F- 6   | 00:25:04  | 00:05:01 | 00:24:56 | 00:05:00  | 00:16:15 |           | CASTRELOS 20:30                          | VIGO                 |
| 39  | 1238   | CARLOS REDORTA GUILLEN         |       | /M- 29  | 00:25:11  | 00:05:03 | 00:24:58 | 00:05:00  | 00:15:53 |           |  | TUI                  |
| 40  | 1283   | DIONISIO SOTO AMIL             |       | /M- 30  | 00:25:14  | 00:05:03 | 00:25:07 | 00:05:02  | 00:15:56 |           |  | PONTEAREAS           |
| 41  | 1360   | RAFAEL GONZÁLEZ COMESAÑA       |       | /M- 31  | 00:25:14  | 00:05:03 | 00:25:03 | 00:05:01  | 00:15:55 |           |  | PORRIÑO (O)          |
| 42  | 1351   | RAQUEL GALVEZ CORONADO         | F- 9  | /F- 7   | 00:25:27  | 00:05:06 | 00:25:19 | 00:05:04  | 00:16:22 |           | CORREDORAS DE ALHAURIN                   | ALHAURÍN DE LA TORRE |
| 43  | 1352   | LUIS MARTIN GARCIA             |       | /M- 32  | 00:25:28  | 00:05:06 | 00:25:20 | 00:05:04  | 00:16:21 |           | CD ALPINO JARAPALOS                      | ALHAURÍN DE LA TORRE |
| 44  | 1285   | XAVIER RODRIGUEZ GARCIA        |       | JVNM- 3 | 00:25:32  | 00:05:07 | 00:25:16 | 00:05:04  | 00:16:33 |           |  | PORRIÑO (O)          |
| 45  | 1273   | CESAR RODRÍGUEZ PAZ            |       | /M- 33  | 00:25:34  | 00:05:07 | 00:25:09 | 00:05:02  | 00:16:34 |           |  |                      |
| 46  | 1288   | LUCÍA RAMÍREZ FERNÁNDEZ        | F- 10 | JVNF- 3 | 00:25:39  | 00:05:08 | 00:25:33 | 00:05:07  | 00:16:34 |           | ATLETISMO PORRIÑO                        | TUI                  |

|     |      |                                |                  |          |          |          |          |          |                                 |                    |
|-----|------|--------------------------------|------------------|----------|----------|----------|----------|----------|---------------------------------|--------------------|
| 47  | 1348 | CONCHI FERNÁNDEZ BONET         | F- 11 /F- 8      | 00:26:08 | 00:05:14 | 00:25:59 | 00:05:12 | 00:16:43 | NO                              | CANGAS DE MORRAZO  |
| 48  | 1315 | BEGO PIÑEIRO BASTOS            | F- 12 /F- 9      | 00:26:14 | 00:05:15 | 00:26:06 | 00:05:14 | 00:16:40 |                                 | VIGO               |
| 49  | 1380 | MARÍA MARIÑO PARDO             | F- 13 JVNf- 4    | 00:26:16 | 00:05:16 | 00:26:10 | 00:05:14 | 00:16:49 | AGRUPACION VIGUESA DE ATLETISMO | VIGO               |
| 50  | 1338 | VERÓNICA BARROS MARTÍNEZ       | F- 14 /F- 10     | 00:26:24 | 00:05:17 | 00:25:54 | 00:05:11 | 00:17:25 |                                 | O PORRIÑO          |
| 51  | 1320 | LAURA ABALO TREVIÑO            | F- 15 /F- 11     | 00:26:48 | 00:05:22 | 00:26:35 | 00:05:19 | 00:17:09 |                                 | VIGO               |
| 52  | 1324 | RICARDO VILLA SOBRINO          | /M- 34           | 00:26:52 | 00:05:23 | 00:26:45 | 00:05:21 | 00:17:22 |                                 | ROSAL (O)          |
| 53  | 1312 | JESSICA ALVAREZ MOURE          | F- 16 /F- 12     | 00:26:54 | 00:05:23 | 00:26:23 | 00:05:17 | 00:17:25 |                                 | PORRIÑO            |
| 54  | 1353 | MARÍA PAZ ALVAREZ COSTAS       | F- 17 /F- 13     | 00:27:33 | 00:05:31 | 00:27:24 | 00:05:29 | 00:17:38 |                                 | PONTEAREAS         |
| 55  | 1287 | NOA BURGOS ARGIBAY             | F- 18 JVNf- 5    | 00:27:40 | 00:05:32 | 00:27:34 | 00:05:31 | 00:17:09 | ATLETISMO PORRIÑO               | TOMIÑO             |
| 56  | 1243 | JOSE ISAIAS BURLIDO BORREGO    | /M- 35           | 00:28:44 | 00:05:45 | 00:28:16 | 00:05:40 | 00:19:12 | ATLETISMO PORRIÑO               | O PORRIÑO          |
| 57  | 1297 | JUAN CARPINTERO VILA           | /M- 36           | 00:28:54 | 00:05:47 | 00:28:15 | 00:05:39 | 00:18:39 |                                 | PORRIÑO            |
| 58  | 1322 | MARIA AMPARO PEIXOTO RODRÍGUEZ | F- 19 /F- 14     | 00:28:57 | 00:05:48 | 00:28:40 | 00:05:44 | 00:19:21 |                                 | MOAÑA              |
| 59  | 1323 | EMMA DASILVA HERBELLO          | F- 20 /F- 15     | 00:28:57 | 00:05:48 | 00:28:40 | 00:05:44 | 00:19:21 |                                 | MOAÑA              |
| 60  | 1235 | ALBA LÓPEZ RODRÍGUEZ           | F- 21 /F- 16     | 00:29:19 | 00:05:52 | 00:28:45 | 00:05:45 | 00:18:48 |                                 | PORRIÑO            |
| 61  | 1080 | LORENA PEREZ FIGUEIREDO        | F- 22 /F- 17     | 00:29:29 | 00:05:54 | 00:29:05 | 00:05:49 | 00:19:03 |                                 | VIGO               |
| 62  | 1291 | JOSE RUBÉN ÁLVAREZ SILVA       | /M- 37           | 00:30:02 | 00:06:01 | 00:29:23 | 00:05:53 | 00:19:02 |                                 | O PORRIÑO          |
| 63  | 1232 | JESÚS BERNAL GÓMEZ             | /M- 38           | 00:30:08 | 00:06:02 | 00:30:02 | 00:06:01 | 00:20:03 | INDEPENDIENTE                   | FERROL             |
| 64  | 1365 | ANA ISABEL DOMÍNGUEZ ALVAREZ   | F- 23 /F- 18     | 00:30:20 | 00:06:04 | 00:29:42 | 00:05:57 | 00:19:46 | OS TORAKKA                      | NEVES (AS)         |
| 65  | 1364 | MÓNICA RODRÍGUEZ CASTIÑEIRA    | F- 24 /F- 19     | 00:30:20 | 00:06:04 | 00:29:42 | 00:05:57 | 00:19:46 | OS TORAKKA                      | TUI                |
| 66  | 1359 | NATALIA JUSTE ALONSO           | F- 25 /F- 20     | 00:30:43 | 00:06:09 | 00:30:32 | 00:06:07 | 00:19:20 |                                 | PORRIÑO (O)        |
| 67  | 1306 | MANUEL PEREZ BENAVIDES         | /M- 39           | 00:30:56 | 00:06:12 | 00:30:45 | 00:06:09 | 00:19:31 |                                 | MOS                |
| 68  | 1292 | ARIANE ÁLVAREZ ÁLVAREZ         | F- 26 /F- 21     | 00:30:58 | 00:06:12 | 00:30:37 | 00:06:08 | 00:19:43 | MAIS QUE AUGA                   | VIGO               |
| 69  | 1328 | SONIA ALONSO ALONSO            | F- 27 /F- 22     | 00:31:59 | 00:06:24 | 00:31:28 | 00:06:18 | 00:20:53 | CAZAFANTASMAS TEAM              | O PORRIÑO          |
| 70  | 1363 | PALOMA ALVAREZ CARBALLO        | F- 28 /F- 23     | 00:32:00 | 00:06:24 | 00:31:51 | 00:06:23 | 00:20:40 |                                 | PONTEAREAS         |
| 71  | 1350 | PATRICIA LORENZO GONZÁLEZ      | F- 29 /F- 24     | 00:32:00 | 00:06:24 | 00:31:50 | 00:06:22 | 00:20:40 |                                 | PONTEAREAS         |
| 72  | 1355 | MARÍA JESUS ALONSO ROMERO      | F- 30 /F- 25     | 00:32:01 | 00:06:25 | 00:31:30 | 00:06:18 | 00:20:54 |                                 | PORRIÑO (O)        |
| 73  | 1362 | NOEMÍ GONZÁLEZ SORDO           | F- 31 JVNf- 6    | 00:33:01 | 00:06:37 | 00:32:54 | 00:06:35 | 00:20:04 |                                 | SALVATERRA DE MIÑO |
| 74  | 1286 | JULIA PEDREIRA ÁLVAREZ         | F- 32 JVNf- 7    | 00:33:16 | 00:06:40 | 00:33:03 | 00:06:37 | 00:22:13 | ATLETISMO PORRIÑO               | PORRIÑO (O)        |
| 75  | 1229 | ANGEL PRADO ALONSO             | /M- 40           | 00:35:15 | 00:07:03 | 00:34:55 | 00:06:59 | 00:21:34 | CIBUS                           | VIGO               |
| 76  | 1305 | M BEGOÑA SANTANA FERNANDEZ     | F- 33 /F- 26     | 00:35:56 | 00:07:12 | 00:35:19 | 00:07:04 | 00:24:00 |                                 | MOS                |
| 77  | 1361 | DAVID TÁBOAS RODRÍGUEZ         | /M- 41           | 00:36:16 | 00:07:16 | 00:35:36 | 00:07:08 | 00:23:09 | INDEPENDIENTE                   | PORRIÑO (O)        |
| 78  | 1343 | MONSERRAT PEREZ RODRÍGUEZ      | F- 34 /F- 27     | 00:37:14 | 00:07:27 | 00:36:40 | 00:07:20 | 00:24:07 |                                 | PONTEAREAS         |
| 79  | 1313 | LYSETTE CARRERA MARTINEZ       | F- 35 /F- 28     | 00:37:14 | 00:07:27 | 00:36:40 | 00:07:20 | 00:24:07 | TANINOS RUNNERS PONTEAREAS      | PONTEAREAS         |
| 80  | 1245 | ZANDRA YANIRE GUARIN REYES     | F- 36 /F- 29     | 00:38:35 | 00:07:43 | 00:38:04 | 00:07:37 | 00:24:33 |                                 | VIGO               |
| 81  | 1357 | AURORA RODRÍGUEZ ESTRADA       | F- 37 /F- 30     | 00:39:17 | 00:07:52 | 00:38:40 | 00:07:44 | 00:25:18 |                                 | PORRIÑO            |
| 82  | 1369 | ANALIA GEREZ PIRIS             | F- 38 /F- 31     | 00:39:24 | 00:07:53 | 00:38:53 | 00:07:47 | 00:25:20 |                                 | CALDAS DE REIS     |
| 83  | 1247 | ALEJANDRO BARROS ABALDE        | /M- 42           | 00:41:21 | 00:08:17 | 00:40:45 | 00:08:09 | 00:26:34 |                                 | VIGO               |
| DSQ | 1366 | PATRICIA LÓPEZ COSTAS          | /F-DQ Art. 125.5 |          |          |          |          |          |                                 | AMES               |

**XIV CARREIRA DE O PORRIÑO 10K, O Porriño 01/05/2022**

INFANTIL Y CADETE. Distancia: 2.000 m

| Pto | Dorsal | Nombre                    | Sx    | PtoCat   | T_Oficial | RitmoKm  | Paso Volta 1 | Paso Volta 2 | Paso Volta 3 | Paso Volta 4 | Paso Volta 5 | Paso Volta 6 | Paso Volta 7 | Licenza | Club   | Localidade            |
|-----|--------|---------------------------|-------|----------|-----------|----------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------|--|-----------------------|
| 1   | 1612   | ROQUE GONZÁLEZ BATÁN      |       | CDTM- 1  | 00:06:49  | 00:03:25 | 00:01:09     | 00:01:34     | 00:02:55     | 00:03:21     | 00:04:42     | 00:05:07     | 00:06:25     |         | TRIATLÓN MAR DE VIGO                           | VIGO                  |
| 2   | 1679   | ADRIÁN RODRÍGUEZ ANTÓN    |       | INFM- 1  | 00:07:08  | 00:03:34 | 00:01:10     | 00:01:34     | 00:02:56     | 00:03:21     | 00:04:45     | 00:05:13     | 00:06:41     |         | COMESAÑA SPORTING CLUB                         | VIGO                  |
| 3   | 1661   | HUGO DOMÍNGUEZ JUNCAL     |       | CDTM- 2  | 00:07:19  | 00:03:40 | 00:01:16     | 00:01:42     | 00:03:07     | 00:03:34     | 00:05:02     | 00:05:29     | 00:06:52     |         | ATLETISMO VILA DE CANGAS                       | BUEU                  |
| 4   | 1622   | SABELA CASTELO LÓPEZ      | F- 1  | INFF- 1  | 00:07:24  | 00:03:42 | 00:01:15     | 00:01:41     | 00:03:09     | 00:03:36     | 00:05:07     | 00:05:34     | 00:07:01     |         | ATLETISMO VILA DE CANGAS                       | PONTEVEDRA            |
| 5   | 1697   | JOSÉ CUNHA                |       | CDTM- 3  | 00:07:24  | 00:03:42 | 00:01:10     | 00:01:36     | 00:03:00     | 00:03:28     | 00:04:58     | 00:05:27     | 00:06:58     |         | CENTRO DE ATLETISMO DE ARCOS DE VALDEVEZ       | PADEDES DE COURA      |
| 6   | 1637   | MARIO LORENZO FERREIRO    |       | INFM- 2  | 00:07:27  | 00:03:44 | 00:01:16     | 00:01:42     | 00:03:11     | 00:03:40     | 00:05:11     | 00:05:38     | 00:07:01     |         | CLUB OURENSE ATLETISMO                         | PIÑOR BARBADAS        |
| 7   | 1685   | XOEL FRANCO GARCIA        |       | INFM- 3  | 00:07:31  | 00:03:46 | 00:01:19     | 00:01:46     | 00:03:13     | 00:03:40     | 00:05:11     | 00:05:38     | 00:07:04     |         | C.S.C.R. BEADE                                 | VIGO                  |
| 8   | 1610   | ANTÓN FREIRÍA MARTÍNEZ    |       | CDTM- 4  | 00:07:33  | 00:03:47 | 00:01:19     | 00:01:46     | 00:03:16     | 00:03:44     | 00:05:18     | 00:05:46     | 00:07:09     |         |  | TUI                   |
| 9   | 1652   | RODRIGO GARCÍA ABAD       |       | CDTM- 5  | 00:07:35  | 00:03:48 | 00:01:19     | 00:01:46     | 00:03:16     | 00:03:43     | 00:05:13     | 00:05:42     | 00:07:10     |         | ATLETISMO PORRIÑO                              | PORRIÑO               |
| 10  | 1695   | HUGO BOENTE TOUZA         |       | INFM- 4  | 00:07:35  | 00:03:48 | 00:01:21     | 00:01:48     | 00:03:18     | 00:03:46     | 00:05:18     | 00:05:45     | 00:07:10     |         | SAN MIGUEL DE MARIN                            | MARÍN                 |
| 11  | 1644   | TOMÁS BAUTISTA BUGARIN    |       | INFM- 5  | 00:07:50  | 00:03:55 | 00:01:19     | 00:01:46     | 00:03:14     | 00:03:43     | 00:05:17     | 00:05:47     | 00:07:20     |         | ATLETISMO PORRIÑO                              | PONTEAREAS            |
| 12  | 1678   | XOAN CORREDOIRA RODRIGUEZ |       | CDTM- 6  | 00:07:56  | 00:03:58 | 00:01:14     | 00:01:41     | 00:03:15     | 00:03:45     | 00:05:22     | 00:05:52     | 00:07:27     |         |  | POIO                  |
| 13  | 1671   | ENRIQUE MAGARIÑOS GAGO    |       | INFM- 6  | 00:08:02  | 00:04:01 | 00:01:20     | 00:01:48     | 00:03:16     | 00:03:55     | 00:05:26     | 00:05:57     | 00:07:32     |         | MORAÑA EN RUTA                                 | SANTA LUCIA DE MORAÑA |
| 14  | 1669   | PABLO MIRÁS SÁNCHEZ       |       | CDTM- 7  | 00:08:05  | 00:04:03 | 00:01:21     | 00:01:48     | 00:03:22     | 00:03:52     | 00:05:32     | 00:06:02     | 00:07:39     |         | ATLETISMO PORRIÑO                              | TUI                   |
| 15  | 1696   | NIHAL BENJERADA CHHITAOU  | F- 2  | INFF- 2  | 00:08:07  | 00:04:04 | 00:01:21     | 00:01:49     | 00:03:23     | 00:03:54     | 00:05:33     | 00:06:04     | 00:07:41     |         | CLUB SAN MIGUEL DE MARÍN                       | MARÍN                 |
| 16  | 1665   | LAUREANO MARIÑO PARDO     |       | CDTM- 8  | 00:08:10  | 00:04:05 | 00:01:19     | 00:01:44     | 00:03:17     | 00:03:48     | 00:05:34     | 00:06:06     | 00:07:46     |         | ATLETISMO PORRIÑO                              | PONTEAREAS            |
| 17  | 1600   | XABIER BAUTISTA ESTÉVEZ   |       | INFM- 7  | 00:08:10  | 00:04:05 | 00:01:23     | 00:01:53     | 00:03:29     | 00:04:00     | 00:05:40     | 00:06:11     | 00:07:46     |         | CLUB ATLETISMO PORRIÑO                         | O PORRIÑO             |
| 18  | 1689   | NAROA PEREIRA TESOURO     | F- 3  | CDTF- 1  | 00:08:21  | 00:04:11 | 00:01:22     | 00:01:52     | 00:03:32     | 00:04:04     | 00:05:47     | 00:06:19     | 00:07:54     | GA 653  | ESCOLA ATLÉTICA PEREIRO DE AGUIAR BEN CHO SHEY | PADERNE DE ALLARIZ    |
| 19  | 1687   | LUCAS ARANGO ROMERO       |       | CDTM- 9  | 00:08:23  | 00:04:12 | 00:01:24     | 00:01:53     | 00:03:33     | 00:04:05     | 00:05:50     | 00:06:23     | 00:07:57     |         |  | VIGO                  |
| 20  | 1688   | ANTONIA ARANGO ROMERO     | F- 4  | INFF- 3  | 00:08:25  | 00:04:13 | 00:01:22     | 00:01:53     | 00:03:33     | 00:04:06     | 00:05:50     | 00:06:22     | 00:07:58     |         |  | VIGO                  |
| 21  | 1683   | EVA MARTÍNEZ OTERO        | F- 5  | CDTF- 2  | 00:08:26  | 00:04:13 | 00:01:23     | 00:01:54     | 00:03:35     | 00:04:09     | 00:05:51     | 00:06:22     | 00:07:58     |         |  | MOS                   |
| 22  | 1675   | NICOLÁS FREIRÍA CASAL     |       | CDTM- 10 | 00:08:36  | 00:04:18 | 00:01:20     | 00:01:49     | 00:03:31     | 00:04:02     | 00:05:49     | 00:06:22     | 00:08:10     |         | ATLETISMO PORRIÑO                              | O PORRIÑO             |
| 23  | 1601   | UXÍA BAUTISTA ESTÉVEZ     | F- 6  | CDTF- 3  | 00:08:37  | 00:04:19 | 00:01:22     | 00:01:52     | 00:03:32     | 00:04:04     | 00:05:49     | 00:06:20     | 00:08:04     |         | ATLETISMO PORRIÑO                              | O PORRIÑO             |
| 24  | 1656   | LAURA RAMÍREZ FERNÁNDEZ   | F- 7  | CDTF- 4  | 00:08:42  | 00:04:21 | 00:01:22     | 00:01:53     | 00:03:34     | 00:04:06     | 00:05:52     | 00:06:26     | 00:08:12     |         | ATLETISMO PORRIÑO                              | TUI                   |
| 25  | 1629   | ROMÁN NOGALES ALONSO      |       | INFM- 8  | 00:08:48  | 00:04:24 | 00:01:21     | 00:01:51     | 00:03:34     | 00:04:08     | 00:05:57     | 00:06:30     | 00:08:20     |         |  | PORRIÑO               |
| 26  | 1686   | RAÚL PEDREIRA ÁLVAREZ     |       | INFM- 9  | 00:08:57  | 00:04:29 | 00:01:30     | 00:02:02     | 00:03:48     | 00:04:20     | 00:06:07     | 00:06:40     | 00:08:28     |         |  | PORRIÑO (O)           |
| 27  | 1630   | SIMÓN NOGALES ALONSO      |       | CDTM- 11 | 00:09:22  | 00:04:41 | 00:01:22     | 00:01:55     | 00:03:52     | 00:04:29     | 00:06:27     | 00:07:02     | 00:08:54     |         |  | PORRIÑO               |
| 28  | 1651   | LEIRE GARCÍA ABAD         | F- 8  | INFF- 4  | 00:09:25  | 00:04:43 | 00:01:35     | 00:02:09     | 00:04:01     | 00:04:36     | 00:06:30     | 00:07:02     | 00:08:54     |         | ATLETISMO PORRIÑO                              | PORRIÑO               |
| 29  | 1694   | ZAIDA SANROMÁN RUÍZ       | F- 9  | INFF- 5  | 00:09:32  | 00:04:46 | 00:01:24     | 00:01:59     | 00:03:54     | 00:04:31     | 00:06:30     | 00:06:59     | 00:08:58     |         | ATLETISMO PORRIÑO                              | MOS                   |
| 30  | 1699   | SABELA ROMERO LEMOS       | F- 10 | CDTF- 5  | 00:09:35  | 00:04:48 | 00:01:37     | 00:02:10     | 00:03:58     | 00:04:36     | 00:06:30     | 00:07:06     | 00:09:02     |         |  | TUI                   |
| 31  | 1654   | CANDELA CARBALLAS SALGADO | F- 11 | CDTF- 6  | 00:09:39  | 00:04:50 | 00:01:25     | 00:01:58     | 00:03:54     | 00:04:29     | 00:06:30     | 00:07:08     | 00:09:11     |         | ATLETISMO PORRIÑO                              | MOS                   |
| 32  | 1684   | LUCIA CASAL BARRAL        | F- 12 | CDTF- 7  | 00:09:43  | 00:04:52 | 00:01:29     | 00:02:04     | 00:04:00     | 00:04:38     | 00:06:42     | 00:07:19     | 00:09:11     |         | ATLETISMO PORRIÑO                              | PONTEAREAS            |
| 33  | 1620   | UXIA LOPEZ SENDIN         | F- 13 | INFF- 6  | 00:09:54  | 00:04:57 | 00:01:32     | 00:02:08     | 00:04:08     | 00:04:46     | 00:06:46     | 00:07:23     | 00:09:21     |         | CLUB ATLETISMO TUI                             | TUI                   |
| 34  | 1672   | NEREA ZÚÑIGA LORENZO      | F- 14 | CDTF- 8  | 00:10:18  | 00:05:09 | 00:01:31     | 00:02:05     | 00:04:11     | 00:04:51     | 00:07:05     | 00:07:46     | 00:09:47     |         | ATLETISMO PORRIÑO                              | PONTEAREAS            |
| 35  | 1693   | TANIA ESTÉVEZ LORENZO     | F- 15 | CDTF- 9  | 00:10:24  | 00:05:12 | 00:01:31     | 00:02:08     | 00:04:12     | 00:04:53     | 00:07:06     | 00:07:46     | 00:09:53     |         | ATLETISMO PORRIÑO                              | PORRIÑO (O)           |
| 36  | 1692   | NOA DELGADO DURAN         | F- 16 | CDTF- 10 | 00:10:24  | 00:05:12 | 00:01:35     | 00:02:10     | 00:04:12     | 00:04:54     | 00:07:05     | 00:07:44     | 00:09:48     |         |  | PORRIÑO (O)           |
| 37  | 1682   | LAURA FREIRE VIÑAS        | F- 17 | CDTF- 11 | 00:10:24  | 00:05:12 | 00:01:24     | 00:01:57     | 00:03:53     | 00:04:31     | 00:06:59     | 00:07:40     | 00:09:52     |         | CLUB ATLETISMO PORRIÑO                         | MOS                   |
| 38  | 1673   | NAIARA ZÚÑIGA LORENZO     | F- 18 | INFF- 7  | 00:10:25  | 00:05:13 | 00:01:35     | 00:02:09     | 00:04:13     | 00:04:54     | 00:07:06     | 00:07:46     | 00:09:53     |         | ATLETISMO PORRIÑO                              | PONTEAREAS            |
| 39  | 1698   | ALCIA DEL VALLE CRESPO    | F- 19 | CDTF- 12 | 00:10:29  | 00:05:15 | 00:01:28     | 00:02:03     | 00:04:05     | 00:04:49     | 00:06:59     | 00:07:44     | 00:09:52     |         | ATLETISMO TUI                                  | TUI                   |



## XIV CARREIRA DE O PORRIÑO 10K, O Porriño 01/05/2022

ALEVÍN. Distancia: 1.000 m

| Pto | Dorsal | Nombre                    | Sx    | PtoCat   | T_Oficial | RitmoKm  | Paso Volta 1 | Paso Volta 2 | Paso Volta 3 | Licenza | Club                   | Localidade            |
|-----|--------|---------------------------|-------|----------|-----------|----------|--------------|--------------|--------------|---------|------------------------|-----------------------|
| 1   | 1553   | MARTÍN RODRÍGUEZ ANTÓN    |       | ALVM- 1  | 00:04:06  | 00:04:06 | 00:01:33     | 00:02:04     | 00:03:40     |         | COMESAÑA SPORTING CLUB | VIGO                  |
| 2   | 1565   | XOEL GONZALEZ VICENTE     |       | ALVM- 2  | 00:04:08  | 00:04:08 | 00:01:26     | 00:01:58     | 00:03:39     |         |                        | ROSAL (O)             |
| 3   | 1534   | MATEO SÁNCHEZ OTERO       |       | ALVM- 3  | 00:04:13  | 00:04:13 | 00:01:36     | 00:02:09     | 00:03:45     |         |                        | VIGO                  |
| 4   | 1539   | NANDO PINO PUGA           |       | ALVM- 4  | 00:04:14  | 00:04:14 | 00:01:39     | 00:02:11     | 00:03:47     |         |                        | VIGO                  |
| 5   | 1533   | BRUNO GARCÍA ABAD         |       | ALVM- 5  | 00:04:15  | 00:04:15 | 00:01:32     | 00:02:04     | 00:03:45     |         | ATLETISMO PORRIÑO      | PORRIÑO               |
| 6   | 1571   | ARIADNA MARTÍNEZ AVENDAÑO | F- 1  | ALVF- 1  | 00:04:15  | 00:04:15 | 00:01:34     | 00:02:05     | 00:03:46     |         | CLUB ATLETISMO PORRIÑO | PORRIÑO (O)           |
| 7   | 1538   | ADRIAN LAGO GARCÍA        |       | ALVM- 6  | 00:04:26  | 00:04:26 | 00:01:39     | 00:02:11     | 00:03:52     |         |                        | VIGO                  |
| 8   | 1522   | DARÍO NOGALES ALONSO      |       | ALVM- 7  | 00:04:31  | 00:04:31 | 00:01:37     | 00:02:13     | 00:04:01     |         | ATLETISMO PORRIÑO      | PORRIÑO               |
| 9   | 1555   | LUIS MARTIN GALVEZ        |       | ALVM- 8  | 00:04:32  | 00:04:32 | 00:01:37     | 00:02:11     | 00:03:59     |         |                        | ALHAURÍN DE LA TORRE  |
| 10  | 1558   | NOA NUÑEZ GONZALEZ        | F- 2  | ALVF- 2  | 00:04:34  | 00:04:34 | 00:01:39     | 00:02:13     | 00:04:02     |         | ATLETISMO PORRIÑO      | SALCEDA DE CASELAS    |
| 11  | 1554   | LEIRÍA CRUZ SEIJO         | F- 3  | ALVF- 3  | 00:04:39  | 00:04:39 | 00:01:40     | 00:02:17     | 00:04:09     |         | ATLETISMO PORRIÑO      | PORRIÑO (O)           |
| 12  | 1573   | ANTIA ESTÉVEZ LORENZO     | F- 4  | ALVF- 4  | 00:04:44  | 00:04:44 | 00:01:38     | 00:02:16     | 00:04:09     |         | ATLETISMO PORRIÑO      | PORRIÑO (O)           |
| 13  | 1511   | ROI LOPEZ SENDIN          |       | ALVM- 9  | 00:04:45  | 00:04:45 | 00:01:42     | 00:02:19     | 00:04:14     |         | CLUB ATLETISMO TUI     | TUI                   |
| 14  | 1569   | SARAI OTERO ALONSO        | F- 5  | ALVF- 5  | 00:04:46  | 00:04:46 | 00:01:42     | 00:02:19     | 00:04:14     |         |                        | MOS                   |
| 15  | 1563   | CIBRÁN ÁLVAREZ CARRERA    |       | ALVM- 10 | 00:04:48  | 00:04:48 | 00:01:37     | 00:02:16     | 00:04:20     |         |                        | PORRIÑO (O)           |
| 16  | 1516   | DAVID SAAVEDRA LIÑARES    |       | ALVM- 11 | 00:04:48  | 00:04:48 | 00:01:39     | 00:02:17     | 00:04:15     |         |                        | REDONDELA             |
| 17  | 1513   | SOFÍA SENDÍN VILASÓ       | F- 6  | ALVF- 6  | 00:04:54  | 00:04:54 | 00:01:43     | 00:02:20     | 00:04:17     |         |                        | O PORRIÑO             |
| 18  | 1502   | AIRAM OYA NOGUERAS        |       | ALVM- 12 | 00:04:55  | 00:04:55 | 00:01:47     | 00:02:23     | 00:04:23     |         | ATLETISMO PORRIÑO      | O PORRIÑO             |
| 19  | 1540   | PAULA MARTÍNEZ TÁBOAS     | F- 7  | ALVF- 7  | 00:04:55  | 00:04:55 | 00:01:42     | 00:02:21     | 00:04:20     |         | ATLETISMO PORRIÑO      | SALCEDA DE CASELAS    |
| 20  | 1556   | ERIK CASTRO ÁLVAREZ       |       | ALVM- 13 | 00:05:03  | 00:05:03 | 00:01:42     | 00:02:22     | 00:04:20     |         |                        | VIGO                  |
| 21  | 1536   | ALMA FERNANDEZ ALONSO     | F- 8  | ALVF- 8  | 00:05:07  | 00:05:07 | 00:01:48     | 00:02:28     | 00:04:32     |         |                        | O PORRIÑO             |
| 22  | 1562   | MARÍA ARANGO ROMERO       | F- 9  | ALVF- 9  | 00:05:10  | 00:05:10 | 00:01:36     | 00:02:18     | 00:04:33     |         |                        | VIGO                  |
| 23  | 1570   | MARÍA DELGADO DURAN       | F- 10 | ALVF- 10 | 00:05:12  | 00:05:12 | 00:01:46     | 00:02:23     | 00:04:35     |         |                        | PORRIÑO (O)           |
| 24  | 1557   | ELLIE MARTIN PAJARES      | F- 11 | ALVF- 11 | 00:05:16  | 00:05:16 | 00:01:49     | 00:02:28     | 00:04:36     |         |                        | SALVATERRA DE MIÑO    |
| 25  | 1524   | NOA TÁBOAS GONZÁLEZ       | F- 12 | ALVF- 12 | 00:05:28  | 00:05:28 | 00:01:57     | 00:02:41     | 00:04:52     |         |                        | O PORRIÑO             |
| 26  | 1547   | BREIXO MAGARIÑOS GAGO     |       | ALVM- 14 | 00:05:50  | 00:05:50 | 00:02:06     | 00:02:55     | 00:05:13     |         | MORAÑA EN RUTA         | SANTA LUCIA DE MORAÑA |
| 27  | 1566   | CANDELA GANDARA RODRÍGUEZ | F- 13 | ALVF- 13 | 00:07:02  | 00:07:02 | 00:02:24     | 00:03:15     | 00:06:11     |         |                        | MOS                   |

## XIV CARREIRA DE O PORRIÑO 10K, O Porriño 01/05/2022

BENJAMÍN. Distancia: 1.000 m

| Pto | Dorsal | Nome                   | Sx   | PtoCat   | T_Oficial | RitmoKm  | Paso Volta 1 |
|-----|--------|------------------------|------|----------|-----------|----------|--------------|
| 1   | 1418   | ADRIÁN ARIAS ALONSO    |      | BNJM- 1  | 00:04:09  | 00:04:09 | 00:01:29     |
| 2   | 1436   | MATEO PATIÑO ALONSO    |      | BNJM- 2  | 00:04:10  | 00:04:10 | 00:01:34     |
| 3   | 1433   | MANUEL GARCÍA TRONCOSO |      | BNJM- 3  | 00:04:12  | 00:04:12 | 00:01:27     |
| 4   | 1412   | IRIA MOURIÑO PÉREZ     | F- 1 | BNJF- 1  | 00:04:13  | 00:04:13 | 00:01:28     |
| 5   | 1435   | NOAH GUERREIRO ALONSO  |      | BNJM- 4  | 00:04:25  | 00:04:25 | 00:01:33     |
| 6   | 1408   | CANDELA ALONSO ÁLVAREZ | F- 2 | BNJF- 2  | 00:04:26  | 00:04:26 | 00:01:36     |
| 7   | 1422   | MATEO DOMÍNGUEZ LAGO   |      | BNJM- 5  | 00:04:30  | 00:04:30 | 00:01:33     |
| 8   | 1430   | LAURA ALONSO DOMINGUEZ | F- 3 | BNJF- 3  | 00:04:40  | 00:04:40 | 00:01:40     |
| 9   | 1410   | JACOBO LOURIÑO SASTRE  |      | BNJM- 6  | 00:04:48  | 00:04:48 | 00:01:42     |
| 10  | 1411   | MARIO IGLESIAS         |      | BNJM- 7  | 00:04:49  | 00:04:49 | 00:01:37     |
| 11  | 1405   | ANDRES MARTIN GALVEZ   |      | BNJM- 8  | 00:04:56  | 00:04:56 | 00:01:44     |
| 12  | 1401   | ÁLEX LAGO ALONSO       |      | BNJM- 9  | 00:05:04  | 00:05:04 | 00:01:45     |
| 13  | 1413   | ALEIX FERNÁNDEZ ALONSO |      | BNJM- 10 | 00:05:10  | 00:05:10 | 00:01:47     |
| 14  | 1421   | DARÍO CASAL BARRAL     |      | BNJM- 11 | 00:05:12  | 00:05:12 | 00:01:43     |
| 15  | 1429   | BREIXO ÁLVAREZ MOLDES  |      | BNJM- 12 | 00:05:14  | 00:05:14 | 00:01:49     |
| 16  | 1404   | IKER VEIGA ALONSO      |      | BNJM- 13 | 00:05:17  | 00:05:17 | 00:01:48     |
| 17  | 1406   | DANIELA MORAIS DIAZ    | F- 4 | BNJF- 4  | 00:05:17  | 00:05:17 | 00:01:55     |
| 18  | 1424   | NAHIA CARNEIRO VIEITEZ | F- 5 | BNJF- 5  | 00:05:18  | 00:05:18 | 00:01:54     |
| 19  | 1400   | XULIA BAR ESTÉVEZ      | F- 6 | BNJF- 6  | 00:05:22  | 00:05:22 | 00:01:49     |
| 20  | 1414   | ALBA MARTIN PAJARES    | F- 7 | BNJF- 7  | 00:05:22  | 00:05:22 | 00:01:55     |
| 21  | 1419   | DANIEL CORIA ALVAREZ   |      | BNJM- 14 | 00:06:07  | 00:06:07 | 00:02:05     |

| <b>Paso Volta 2</b> | <b>Paso Vota 3</b> | <b>Licenza</b> | <b>Club</b>            | <b>Localidade</b>    |
|---------------------|--------------------|----------------|------------------------|----------------------|
| 00:02:02            | 00:03:37           |                | ATLETISMO PORRIÑO      | PORRIÑO (O)          |
| 00:02:06            | 00:03:40           |                | AC CASTELOS TRAIL CLUB | TUI                  |
| 00:02:01            | 00:03:41           |                | PORRIÑP                | SALCEDA DE CASELAS   |
| 00:02:01            | 00:03:42           |                | CLUB ATLETISMO PORRIÑO | PORRIÑO (O)          |
| 00:02:08            | 00:03:53           |                | ATLETISMO PORRIÑO      | PORRIÑO (O)          |
| 00:02:10            | 00:03:59           |                | COMESAÑA SPORTING CLUB | VIGO                 |
| 00:02:05            | 00:03:58           |                |                        | PORRIÑO (O)          |
| 00:02:15            | 00:04:08           |                | ATLETISMO PORRIÑO      | PONTEAREAS           |
| 00:02:22            | 00:04:19           |                | ATLETISMO PORRIÑO      | PONTEAREAS           |
| 00:02:13            | 00:04:13           |                |                        | PORRIÑO (O)          |
| 00:02:24            | 00:04:23           |                |                        | ALHAURÍN DE LA TORRE |
| 00:02:26            | 00:04:27           |                |                        | PORRIÑO (O)          |
| 00:02:26            | 00:04:34           |                |                        | PORRIÑO (O)          |
| 00:02:19            | 00:04:37           |                | ATLETISMO PORRIÑO      | MONDARIZ             |
| 00:02:32            | 00:04:40           |                | ATLETISMO PORRIÑO      | PONTEAREAS           |
| 00:02:29            | 00:04:35           |                |                        | PORRIÑO (O)          |
| 00:02:36            | 00:04:38           |                | ATLETISMO PORRIÑO      | SALCEDA DE CASELAS   |
| 00:02:35            | 00:04:39           |                | NAHIA                  | BAIONA               |
| 00:02:33            | 00:04:47           |                | ATLETISMO PORRIÑO      | VIGO                 |
| 00:02:35            | 00:04:42           |                |                        | SALVATERRA DE MIÑO   |
| 00:02:47            | 00:05:23           |                | ATLETISMO PORRIÑO      | PORRIÑO (O)          |