

10K CARBALLO X CARREIRA POPULAR CONCELLO DE CARBALLO

ABSOLUTA

Clasificación General

Posto	Dorsal	Nome	Apelidos	Género	Categoría	T. Oficial	Ritmo	T. Neto	Ritmo Neto	T. KM 3,5	T. KM 4,8	T. km 8,5	Licenza	Club	Localidade
1	21	NUNO	COSTA	M-1	MAST1M-1	00:30:28	00:03:03	00:30:28	00:03:03	00:10:32	00:14:36	00:26:20		SD COMPOSTELA ATLETISMO	OROSO
2	22	PABLO	DAPENA GONZALEZ	M-2	SNM-1	00:31:55	00:03:12	00:31:55	00:03:12	00:11:14	00:15:35	00:27:43			PONTEVEDRA
3	20	JESSE	CORRO ROUFETT	M-3	SNM-2	00:32:19	00:03:14	00:32:19	00:03:14	00:11:14	00:15:35	00:27:54			NIRGUA
4	30	ABDELAZIZ	FATIH	M-4	SNM-3	00:33:30	00:03:21	00:33:30	00:03:21	00:11:17	00:16:15	00:29:05			CORUÑA (A)
5	1	JUAN	ALVAREZ CURES	M-5	MAST2M-1	00:33:44	00:03:23	00:33:44	00:03:23	00:11:31	00:16:02	00:29:09	AG2024419	O PINO	CARBALLO
6	42	RUBÉN	LIÑARES ARÁN	M-6	MAST2M-2	00:33:46	00:03:23	00:33:46	00:03:23	00:11:48	00:16:25	00:29:19			CORUÑA (A)
7	18	JUAN	COLLAZO AREOSA	M-7	SNM-4	00:33:55	00:03:24	00:33:55	00:03:24	00:11:38	00:16:12	00:29:22	AG 2019057	CLUB ATLETISMO O PINO	CORISTANCO
8	2	JOSE MARIA	SANCHEZ SAN LUIS	M-8	MAST2M-3	00:34:04	00:03:25	00:34:04	00:03:25	00:11:50	00:16:26	00:29:32	AG-2027751	SAR-VERMU PETRONI	CULLEREDO
9	26	NICOLAS	DOMINGUEZ GARCIA	M-9	MAST1M-2	00:34:27	00:03:27	00:34:27	00:03:27	00:11:50	00:16:26	00:29:51	GC605722	DISA HPS TRIATLON	BERGONDO
10	43	CONSTANTE	LORENZO SANTOS	M-10	MAST2M-4	00:34:31	00:03:28	00:34:31	00:03:28	00:11:46	00:16:25	00:29:50		CLUB DEPORTIVO OS MUDITOS	CARBALLO
11	39	SERGIO	HERMELO GOMEZ	M-11	SNM-5	00:34:38	00:03:28	00:34:38	00:03:28	00:11:33	00:16:11	00:29:47			SANXENXO
12	34	CARLOS	FERNANDEZ SANCHEZ	M-12	MAST1M-3	00:35:39	00:03:34	00:35:39	00:03:34	00:12:11	00:17:03	00:30:54			VIVEIRO
13	44	ANGEL	MACEIRAS LAGO	M-13	MAST2M-5	00:35:48	00:03:35	00:35:48	00:03:35	00:12:11	00:17:03	00:30:58	AG2014771	ATLETISMO SAR	CULLEREDO
14	45	NICOLÁS	MARIN MOLLINEDO	M-14	SNM-6	00:36:02	00:03:37	00:36:02	00:03:37	00:12:32	00:17:23	00:31:12	77409517.0	TRIATLÓN VILLAGARCIA	VILAGARCÍA DE AROUSA
15	7	CARLOS ELISEO	ANÓN CEAN	M-15	MAST1M-4	00:36:10	00:03:37	00:36:10	00:03:37	00:12:13	00:17:14	00:31:23		A.D.MEDIADUCIA	MALPICA DE BERGANTIÑOS
16	64	LUIS ALBERTO	VILLAVERDE VÁZQUEZ	M-16	MAST2M-6	00:36:10	00:03:37	00:36:10	00:03:37	00:12:30	00:17:23	00:31:24	AG2019232	CLUB ATLETISMO NEGREIRA	SANTIAGO DE COMPOSTELA
17	11	ROI	BARROS CORRAL	M-17	SNM-7	00:36:16	00:03:38	00:36:16	00:03:38	00:12:09	00:17:04	00:31:18	AG2017827	CLUB MARINEDA ATLETICO	CORUÑA (A)
18	14	EDYMAR	BREA ABREU	F-1	SNF-1	00:36:55	00:03:42	00:36:55	00:03:42	00:12:53	00:17:52	00:31:58			OURENSE
19	59	JOSE MANUEL	SEOANE POMBO	M-18	MAST2M-7	00:36:59	00:03:42	00:36:59	00:03:42	00:12:30	00:17:31	00:32:00		ATLETISMO NEGREIRA	AMES
20	97	RUBÉN	GÓMEZ LAMAS	M-19	SNM-8	00:37:04	00:03:43	00:37:04	00:03:43	00:12:57	00:17:57	00:32:18			CARBALLO
21	15	FERNANDO	CASAS BELLO	M-20	MAST1M-5	00:37:06	00:03:43	00:37:06	00:03:43	00:12:52	00:17:57	00:32:12			CERCEDA
22	12	ISRAEL	BENÍTEZ SOMOZA	M-21	MAST2M-8	00:37:11	00:03:44	00:37:11	00:03:44	00:13:07	00:18:06	00:32:14		EL CANARIO	RIBEIRA
23	8	MARCIAL ANIBAL	BARCA ESPAÑA	M-22	MAST2M-9	00:37:19	00:03:44	00:37:19	00:03:44	00:12:51	00:17:58	00:32:27	GA59	C A O PINO	CORISTANCO
24	38	JOSÉ LUIS	GONZÁLEZ NUÑEZ	M-23	MAST2M-10	00:37:21	00:03:45	00:37:21	00:03:45	00:12:44	00:17:46	00:32:16			TEO
25	117	GABRIEL	PIZARRO VARELA	M-24	MAST1M-6	00:37:23	00:03:45	00:37:23	00:03:45	00:12:56	00:17:56	00:32:24		NOSPORTLIMIT	CORUÑA (A)
26	61	JOSE	SUAREZ LEIS	M-25	MAST3M-1	00:37:26	00:03:45	00:37:26	00:03:45	00:12:43	00:17:44	00:32:24	AG-766580	ATLETISMO SAR	BAÑA (A)
27	130	ADRIAN	SOUTO IGLESIAS	M-26	SNM-9	00:37:42	00:03:47	00:37:42	00:03:47	00:13:22	00:18:25	00:32:50		FOGAR TRIATLON CARBALLO	LARACHA (A)
28	101	ISMAEL	GONZÁLEZ RODRIGUEZ	M-27	MAST1M-7	00:37:45	00:03:47	00:37:45	00:03:47	00:13:10	00:18:18	00:32:54			PONFERRADA
29	128	ALVARO	SEARA PEREZ	M-28	MAST2M-11	00:37:47	00:03:47	00:37:47	00:03:47	00:13:07	00:18:14	00:32:49	AG2018320	ATLETISMO FONTES DO SAR	TEO
30	975	JOSE MANUEL	VÁZQUEZ MATO	M-29	MAST2M-12	00:37:54	00:03:48	00:37:54	00:03:48	00:13:09	00:18:17	00:32:53			
31	112	RAUL	PEREDES PASTOR	M-30	SNM-10	00:37:58	00:03:48	00:37:58	00:03:48	00:13:15	00:18:25	00:32:56	71663275.0	CLUB HERCULES TERMARIA	CORUÑA (A)
32	58	JOSÉ ANTONIO	SEÑARIS PARDO	M-31	MAST2M-13	00:38:01	00:03:49	00:38:01	00:03:49	00:12:58	00:18:05	00:32:59		RUNNERS CARBALLO	CARBALLO
33	35	ALEXANDRE	FERNÁNDEZ TOJO	M-32	SNM-11	00:38:35	00:03:52	00:38:35	00:03:52	00:13:25	00:18:40	00:33:24		CLUB ATLETISMO TAMBRE	VAL DO DUBRA
34	67	DIEGO	BELLO YAÑEZ	M-33	SNM-12	00:38:44	00:03:53	00:38:44	00:03:53	00:13:00	00:18:15	00:33:28			VILALBA
35	87	ADRIAN	GALLEGO CID	M-34	MAST1M-8	00:38:48	00:03:53	00:38:48	00:03:53	00:13:06	00:18:26	00:33:38	AG-2020844	ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
36	27	ANDRES	EIRIS BARCA	M-35	MAST2M-14	00:38:51	00:03:54	00:38:51	00:03:54	00:12:45	00:17:53	00:33:29		CD OS MUDITOS	CARBALLO
37	124	KIKE	SANJURJO ALBARDONEDO	M-36	MAST1M-9	00:38:53	00:03:54	00:38:53	00:03:54	00:13:39	00:18:59	00:33:55		PALEOTRAINING GIRONA	GIRONA
38	126	IVAN PABLO	SANMARTIN CARREIRA	M-37	MAST2M-15	00:38:54	00:03:54	00:38:54	00:03:54	00:13:25	00:18:41	00:33:44	AG2018613	CLUB ATLETISMO O PINO	AMES
39	73	ISMAEL	CAMPELO PENA	M-38	MAST2M-16	00:38:59	00:03:54	00:38:59	00:03:54	00:13:26	00:18:41	00:33:42			CULLEREDO
40	161	OSCAR	COUTO PEREZ	M-39	MAST2M-17	00:38:59	00:03:54	00:38:59	00:03:54	00:13:30	00:18:48	00:33:49			CARBALLO
41	55	FERNANDO	PEREZ HERNANDEZ	M-40	MAST3M-2	00:39:07	00:03:55	00:39:07	00:03:55	00:13:33	00:18:49	00:33:51	AG2019970	INDEPENDIENTE	CORUÑA (A)
42	66	JESUS	ALVAREZ CHINCHILLA	M-41	MAST3M-3	00:39:11	00:03:56	00:39:11	00:03:56	00:13:31	00:18:49	00:33:50		RUNNING OLEIROS	SADA
43	132	ALBERTO	TOJO MOLEDO	M-42	MAST2M-18	00:39:16	00:03:56	00:39:16	00:03:56	00:13:29	00:18:44	00:33:54			SANTIAGO DE COMPOSTELA
44	47	ARTURO	MATA CASTRO	M-43	SNM-13	00:39:18	00:03:56	00:39:18	00:03:56	00:13:27	00:18:43	00:33:59		CLUB ATLETISMO SANTIAGO	SANTIAGO DE COMPOSTELA
45	46	JUAN CARLOS	MARTINEZ VALVERDE	M-44	MAST3M-4	00:39:25	00:03:57	00:39:25	00:03:57	00:13:28	00:18:48	00:34:02	AG2026278	CLUB ATLETISMO O PINO	ORDES
46	88	JORGE	GARCIA ARROYO	M-45	SNM-14	00:39:29	00:03:57	00:39:29	00:03:57	00:13:39	00:18:57	00:34:20			CORUÑA (A)
47	96	SANTIAGO	GÓMEZ BEIRO	M-46	MAST2M-19	00:39:30	00:03:57	00:39:30	00:03:57	00:13:39	00:18:59	00:34:06	AG768761	ATLETISMO FONTES DO SAR	AMES
48	79	VICTOR	DOMINGUEZ BARBEITO	M-47	MAST2M-20	00:39:33	00:03:58	00:39:33	00:03:58	00:13:56	00:19:21	00:34:27		A.D. MEDIADUCIA	CARBALLO
49	100	PEDRO PACHO	GONZALEZ LAGO	M-48	MAST3M-5	00:39:34	00:03:58	00:39:34	00:03:58	00:13:49	00:19:11	00:34:25		RUN4ONE	PONTECESO
50	105	CARLOS	LEMA PORTEIRO	M-49	MAST2M-21	00:39:38	00:03:58	00:39:38	00:03:58	00:13:29	00:18:47	00:34:11			CARBALLO
51	221	RUBEN	PENAS GARCÍA	M-50	MAST2M-22	00:39:45	00:03:59	00:39:45	00:03:59	00:13:40	00:19:01	00:34:23	AG2028379	CLUB ATLETISMO TAMBRE	OROSO
52	113	PEDRO	PAZOS CARBÓN	M-51	MAST3M-6	00:39:45	00:03:59	00:39:45	00:03:59	00:13:59	00:19:22	00:34:33		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
53	3	ROCIO	ALVITE FERREIRO	F-2	MAST2F-1	00:40:06	00:04:01	00:40:06	00:04:01	00:13:54	00:19:18	00:34:39	AG2026561	SAR-VERMU	MAZARICOS
54	80	ALEJANDRO	EIRIS BARCA	M-52	MAST2M-23	00:40:11	00:04:02	00:40:11	00:04:02	00:14:04	00:19:26	00:35:02	AG 769112	A.D.MEDIADUCIA	CARBALLO
55	111	JUANMA	MATA TORREIRA	M-53	MAST3M-7	00:40:17	00:04:02	00:40:17	00:04:02	00:13:42	00:19:09	00:34:55		ATLETISMO FONTES DO SAR	SANTIAGO DE COMPOSTELA
56	163	FRANCISCO JOSÉ	DELGADO MONTES	M-54	MAST1M-10	00:40:18	00:04:02	00:40:18	00:04:02	00:13:47	00:19:11	00:34:57			OLEIROS
57	140	ENRIQUE	ALDAO PENSADO	M-55	SNM-15	00:40:20	00:04:02	00:40:20	00:04:02	00:13:27	00:19:01	00:35:00			CARBALLO
58	53	JOSE MANUEL	PENA SUAREZ	M-56	MAST2M-24	00:40:21	00:04:03	00:40:21	00:04:03	00:14:56	00:20:49	00:35:20		RUNNING ARTEIXO	ARTEIXO
59	123	LORENZO	SÁNCHEZ MARCOS	M-57	MAST3M-8	00:40:23	00:04:03	00:40:23	00:04:03	00:14:01	00:19:29	00:35:03	AG767020	RUNNING FOR GENTLEMAN	CORUÑA (A)
60	122	FÉLIX	ROGET PÉREZ	M-58	MAST2M-25	00:40:34	00:04:04	00:40:34	00:04:04	00:14:05	00:19:32	00:35:15		TERRA DE SONEIRA C.D.	VIMIANZO
61	129	CARLOS	SIEIRO EIROA	M-59	MAST2M-26	00:40:41	00:04:05	00:40:41	00:04:05	00:14:10	00:19:39	00:35:22			PONTECESO
62	125	FRANCISCO	SANMARCO SANTOS	M-60	MAST3M-9	00:40:42	00:04:05	00:40:42	00:04:05	00:14:00	00:19:28	00:35:10	GA-768550	ATLETISMO SAR	PONTECESURES
63	107	ALEJANDRO	MAHIA REY	M-61	SNM-16	00:40:48	00:04:05	00:40:48	00:04:05	00:14:35	00:20:09	00:35:30			CORUÑA (A)
64	95	EVARISTO	GIL PERISCAL	M-62	MAST3M-10	00:40:53	00:04:06	00:40:53	00:04:06	00:14:29	00:20:05	00:35:32			SANTIAGO DE COMPOSTELA
65	238	MARTIN	SANTOS SUAREZ	M-63	SNM-17	00:40:53	00:04:06	00:40:53	00:04:06	00:14:39	00:20:06	00:35:33			LAXE
66	93	TOMÁS	GARCIA SILVA	M-64	SNM-18	00:40:54	00:04:06	00:40:54	00:04:06	00:13:51	00:19:17	00:35:20		RUNMANIAK BOX001 OURENSE	OURENSE
67	77	IAGO	CRESPO	M-65	MAST1M-11	00:40:59	00:04:06	00:40:59	00:04:06	00:14:17	00:19:46	00:35:31			CORUÑA (A)

68	198	ALVARO	LOPEZ JACOME	M-66	MAST2M-27	00:41:09	00:04:07	00:41:09	00:04:07	00:14:31	00:20:05	00:35:46			CORUÑA (A)
69	57	JOSE MANUEL	RODRIGUEZ TAJES	M-67	MAST4M-1	00:41:13	00:04:08	00:41:13	00:04:08	00:14:13	00:19:48	00:35:45	INDEPENDIENTE		CAMARIÑAS
70	136	MANUEL	VAZQUEZ RAMOS	M-68	MAST3M-11	00:41:17	00:04:08	00:41:17	00:04:08	00:35:47	00:20:02		VERXEL NUTRICIÓN DEPORTIVA		ARANGA
71	94	ALBERTO	GARCIA SOUTO	M-69	MAST2M-28	00:41:19	00:04:08	00:41:19	00:04:08	00:14:20	00:19:55	00:35:52	PROYECTO BULULU		CARBALLO
72	37	NATI	GARCIA SANCHEZ	F-3	MAST2F-2	00:41:22	00:04:09	00:41:22	00:04:09	00:14:18	00:19:52	00:35:45	CLUB RUNING OLEIROS		OLEIROS
73	165	MIGUEL	DIAZ CARBALLO	M-70	MAST3M-12	00:41:42	00:04:11	00:41:42	00:04:11	00:14:28	00:20:01	00:36:05			BETANZOS
74	127	ENRIQUE	SANTOS LORENZO	M-71	MAST3M-13	00:41:46	00:04:11	00:41:46	00:04:11	00:14:21	00:19:56	00:36:02	AG-2019235	TERRA DE SONEIRA C.D.	VIMIANZO
75	63	FERNANDO	VILAR RODRIGUEZ	M-72	MAST2M-29	00:41:46	00:04:11	00:41:46	00:04:11	00:14:16	00:19:57	00:36:11	BRION		SANTIAGO DE COMPOSTELA
76	86	IVAN	FONTAN MONTEAGUDO	M-73	SNM-19	00:41:59	00:04:12	00:41:59	00:04:12	00:14:11	00:19:44	00:35:46			MEIS
77	226	MANUEL	REGUEIRA FERRO	M-74	MAST3M-14	00:42:05	00:04:13	00:42:05	00:04:13	00:14:31	00:20:14	00:36:31			CORUÑA (A)
78	5	MARTINA	TASENDE ANDRADE	F-4	MAST2F-3	00:42:09	00:04:13	00:42:09	00:04:13	00:14:29	00:20:07	00:36:26		CLUB ATLETISMO O PINO	CARBALLO
79	69	ALEJANDRO	BLANCO MAGALLAN	M-75	MAST2M-30	00:42:11	00:04:14	00:42:11	00:04:14	00:14:51	00:20:37	00:36:44			CARBALLO
80	168	LEANDRO	EIRAS LUIRO EIRAS	M-76	MAST1M-12	00:42:19	00:04:14	00:42:19	00:04:14	00:14:02	00:19:45	00:36:17		CLUB TRIATLÓN CERVECERÍA O COTÓN	NEGREIRA
81	36	ALFONSO	GARCIA BELLO	M-77	MAST3M-15	00:42:21	00:04:15	00:42:21	00:04:15	00:14:57	00:20:44	00:36:52			CAMBRE
82	56	JUAN MANUEL	RAMOS LAMAS	M-78	MAST2M-31	00:42:25	00:04:15	00:42:25	00:04:15	00:14:44	00:20:34	00:36:59			CARBALLO
83	156	ALEJANDRO JOSÉ	CASTRO ROMÁN	M-79	MAST2M-32	00:42:28	00:04:15	00:42:28	00:04:15	00:14:31	00:20:25	00:36:58			CORUÑA (A)
84	83	JOSÉ ANTONIO	FERNÁNDEZ RODRIGUEZ	M-80	MAST2M-33	00:42:30	00:04:15	00:42:30	00:04:15	00:14:40	00:20:21	00:36:47	GA765		ARTEIXO
85	171	ADRIÁN	FERNÁNDEZ GARCÍA	M-81	SNM-20	00:42:30	00:04:15	00:42:30	00:04:15	00:15:07	00:20:46	00:36:51		CLUB ATLETISMO SADA	SADA
86	219	JUAN	PAZOS EIROA	M-82	SNM-21	00:42:37	00:04:16	00:42:37	00:04:16	00:15:06	00:20:56	00:37:14	GA 765810	TRIATLON PC RIAS BAIXAS	PONTEVEDRA
87	248	DAVID	VIÑA RODRIGUEZ	M-83	MAST2M-34	00:42:38	00:04:16	00:42:38	00:04:16	00:14:57	00:20:37	00:37:00			CARBALLO
88	82	JUAN CARLOS	FERNÁNDEZ LAGO	M-84	MAST3M-16	00:42:39	00:04:16	00:42:39	00:04:16	00:14:46	00:20:35	00:36:54		SERRES RUNNERS	MUROS
89	377	ROGELIO	TORRES MANTEIGA	M-85	MAST3M-17	00:42:42	00:04:17	00:42:42	00:04:17	00:14:48	00:20:36	00:37:04			CORISTANCO
90	9	JOSE	BARDANCA RODRIGUEZ	M-86	SNM-22	00:42:43	00:04:17	00:42:43	00:04:17	00:14:20	00:19:56	00:36:41		A.D.MEDIADUCIA	CARBALLO
91	152	JOSÉ MANUEL	CASÁS CASÁS	M-87	MAST2M-35	00:42:44	00:04:17	00:42:44	00:04:17	00:14:45	00:20:22	00:36:58			CORUÑA (A)
92	4	NATALIA	RIVAS SUÁREZ	F-5	MAST2F-4	00:42:45	00:04:17	00:42:45	00:04:17	00:14:45	00:20:34	00:37:04	AG2027731	CLUB ATLETISMO O PINO	CARBALLO
93	154	ANSELMO	CASTIÑEIRAS VERDES	M-88	MAST2M-36	00:42:46	00:04:17	00:42:46	00:04:17	00:15:08	00:20:55	00:37:14			CARBALLO
94	460	BENITO	PIÑEIRO ABEIJON	M-89	MAST2M-37	00:42:54	00:04:18	00:42:54	00:04:18	00:15:30	00:21:12	00:37:18			MUROS
95	192	OSCAR	LAMAS RUBIO	M-90	MAST1M-13	00:42:55	00:04:18	00:42:55	00:04:18	00:14:42	00:20:26	00:37:08			CARBALLO
96	209	DAVID	MIRÁS CALVO	M-91	MAST2M-38	00:42:56	00:04:18	00:42:56	00:04:18	00:15:03	00:20:50	00:37:11			SANTIAGO DE COMPOSTELA
97	90	SANTIAGO	GARCIA BELLO	M-92	MAST3M-18	00:43:03	00:04:19	00:43:03	00:04:19	00:14:19	00:20:05	00:36:56		TRASNOS	CAMBRE
98	52	ALEJANDRA	OUTEIRIÑO FERNÁNDEZ	F-6	MAST2F-5	00:43:06	00:04:19	00:43:06	00:04:19	00:15:09	00:21:00	00:37:20			CORUÑA (A)
99	104	MARCOS MANUEL	LAMAS IGLESIAS	M-93	MAST2M-39	00:43:09	00:04:19	00:43:09	00:04:19	00:14:22	00:20:05	00:36:46			CARBALLO
100	232	CRISTIAN	RODRIGUEZ REY	M-94	SNM-23	00:43:14	00:04:20	00:43:14	00:04:20	00:15:10	00:21:00	00:37:25			CARBALLO
101	60	AMIRA	SIMÓN MARTINEZ	F-7	SNF-2	00:43:22	00:04:21	00:43:22	00:04:21	00:15:10	00:20:59	00:37:30	47385435.0	CLUB TRIATLON CORUÑA	CORUÑA (A)
102	241	ALBERTO	SILVARIÑO MALLÓN	M-95	SNM-24	00:43:22	00:04:21	00:43:22	00:04:21	00:15:11	00:21:01	00:37:31			CARBALLO
103	316	JAVIER	GARCIA VIDAL	M-96	SNM-25	00:43:29	00:04:21	00:43:29	00:04:21	00:14:09	00:19:50	00:36:54			SILLEDA
104	40	MIGUEL	IGLESIAS AMORES	M-97	SNM-26	00:43:29	00:04:21	00:43:29	00:04:21	00:15:25	00:21:22	00:38:02		ATLETISMO ARENTEIRO	VEDRA
105	70	ABDESSAMAD	BOUMOUCHE AKADIL	M-98	SNM-27	00:43:31	00:04:22	00:43:31	00:04:22	00:14:45	00:20:35	00:37:44			CARBALLO (A CORUÑA)
106	120	AMANCIO	RAÑA RECOUSO	M-99	MAST1M-14	00:43:32	00:04:22	00:43:32	00:04:22	00:14:07	00:19:34			CLUB ATLETISMO TAMBRE	OROSO
107	237	JESÚS	SANTOS BOO	M-100	MAST3M-19	00:43:33	00:04:22	00:43:33	00:04:22	00:14:58	00:20:52	00:37:39		ZEPPELIN TORGUESA FINFLOOR	AMES
108	29	SILVIA	FAJÍN PÉREZ	F-8	SNF-3	00:43:38	00:04:22	00:43:38	00:04:22	00:15:06	00:20:58	00:37:48		CLUB ATLETISMO O PINO	NEGREIRA
109	106	PEDRO	LISTA SUÁREZ	M-101	MAST3M-20	00:43:41	00:04:23	00:43:41	00:04:23	00:15:07	00:20:59	00:37:53	52433228.0	A.D. FOGAR	CARBALLO
110	191	JOSE MANUEL	LAMAS	M-102	MAST1M-15	00:43:43	00:04:23	00:43:43	00:04:23	00:15:26	00:21:11	00:37:53	AG2019930	CLUB MARINEDA ATLETICO	ARTEIXO
111	311	JOSÉ RAMÓN	GARCIA MARIÑO	M-103	MAST3M-21	00:43:45	00:04:23	00:43:45	00:04:23	00:15:24	00:21:10	00:38:03			CARBALLO
112	187	ALBERTO	GONZÁLEZ GARCÍA	M-104	MAST3M-22	00:43:49	00:04:23	00:43:49	00:04:23	00:15:43	00:21:34	00:38:11			OLEIROS
113	91	EDUARDO	GARCIA DACOSTA	M-105	MAST2M-40	00:44:00	00:04:24	00:44:00	00:04:24	00:15:19	00:21:14	00:38:05			CABANAS
114	151	ÓSCAR	CARRACEDO REGUEIRA	M-106	MAST2M-41	00:44:04	00:04:25	00:44:04	00:04:25	00:15:37	00:21:35	00:38:23		LICENZA DE UN DÍA	ARTEIXO
115	6	FANNY	ABELENDA POSE	F-9	SNF-4	00:44:07	00:04:25	00:44:07	00:04:25	00:15:17	00:21:20	00:38:12		TRIATLON ARTEIXO	LARACHA (A)
116	109	FELIPE	MARIÑO PARACUELLOS	M-107	MAST2M-42	00:44:22	00:04:27	00:44:22	00:04:27	00:15:11	00:21:01	00:38:20		A.D.MEDIADUCIA	CARBALLO
117	242	VICTOR	SUAREZ IGLESIAS	M-108	SNM-28	00:44:23	00:04:27	00:44:23	00:04:27	00:15:16	00:21:20	00:38:30			LARACHA (A)
118	228	MANUEL	REY	M-109	SNM-29	00:44:26	00:04:27	00:44:26	00:04:27	00:16:09	00:21:50	00:38:35			CARBALLO
119	363	VÍCTOR	RODRÍGUEZ ABELENDA	M-110	MAST1M-16	00:44:29	00:04:27	00:44:29	00:04:27	00:15:58	00:21:54	00:38:51			CARBALLO
120	138	ALBERTO	VILLAR GARCÍA	M-111	MAST2M-43	00:44:29	00:04:27	00:44:29	00:04:27	00:14:45	00:20:34	00:37:41			CARBALLO
121	162	JUAN JOSE	CUNS CARREIRA	M-112	MAST2M-44	00:44:31	00:04:28	00:44:31	00:04:28	00:15:13	00:21:14	00:38:31		RUNNING ARTEIXO	ARTEIXO
122	172	DIEGO	FERNÁNDEZ GARCÍA	M-113	SNM-30	00:44:33	00:04:28	00:44:33	00:04:28	00:16:04	00:21:59	00:38:53			SADA
123	173	JAVIER	FERNÁNDEZ MARTÍNEZ	M-114	MAST2M-45	00:44:57	00:04:30	00:44:57	00:04:30	00:16:02	00:21:58	00:38:58			CAMBRE
124	239	JOSE MANUEL	SEOANE CHAS	M-115	MAST3M-23	00:44:58	00:04:30	00:44:58	00:04:30	00:15:49	00:21:44	00:38:59			CAMBRE
125	186	JOSÉ MANUEL	GONZÁLEZ BLANCO	M-116	MAST1M-17	00:45:00	00:04:30	00:45:00	00:04:30	00:15:15	00:21:13	00:38:50			CARBALLO
126	148	LUIS	CANOSA	M-117	MAST2M-46	00:45:05	00:04:31	00:45:05	00:04:31	00:16:25	00:22:29	00:39:27			CAMARIÑAS
127	48	CLARA MARÍA	MILLARES SIEIRA	F-10	MAST1F-1	00:45:08	00:04:31	00:45:08	00:04:31	00:15:22	00:21:32	00:39:08		EL CANARIO	RIBEIRA
128	121	FRANCISCO	REY TARRÍO	M-118	SNM-31	00:45:13	00:04:32	00:45:13	00:04:32	00:15:50	00:21:56	00:39:21			CATOIRA
129	89	ANTONIO	GARCIA BELLO	M-119	MAST4M-2	00:45:14	00:04:32	00:45:14	00:04:32	00:15:33	00:21:45	00:39:19		ATLETAS DE ACEA DE AMA	CAMBRE
130	335	DOMINGO	MIGUEL ARIAS	M-120	MAST3M-24	00:45:15	00:04:32	00:45:15	00:04:32	00:15:24	00:21:35	00:39:20		ATLETAS DE ACEA DE AMA	CULLEREDO
131	326	VICTOR MANUEL	LAVANDEIRA GACIA	M-121	MAST2M-47	00:45:15	00:04:32	00:45:15	00:04:32	00:15:51	00:21:53	00:39:26			CARBALLO
132	207	MARCOS	MARTÍNEZ SOUTO	M-122	MAST2M-48	00:45:20	00:04:32	00:45:20	00:04:32	00:15:55	00:21:57	00:39:21			PONTECESO
133	49	NADIA	MRIMICHE	F-11	MAST2F-6	00:45:21	00:04:33	00:45:21	00:04:33	00:15:36	00:21:45	00:39:19		ATLETAS DE ACEA DE AMA	CULLEREDO
134	260	URKO	ASUA ALMEIDA	M-123	MAST1M-18	00:45:24	00:04:33	00:45:24	00:04:33	00:16:03	00:21:56	00:39:12			MALPICA DE BERGANTIÑOS
135	227	ALFONSO	REMUÍÑAN SANCHEZ	M-124	MAST3M-25	00:45:27	00:04:33	00:45:27	00:04:33	00:16:03	00:22:21	00:39:38	AG2020726	A.D. FOGAR	CORUÑA (A)
136	143	ALBERTO	BARREIROS VAZQUEZ	M-125	MAST2M-49	00:45:31	00:04:34	00:45:31	00:04:34	00:15:32	00:21:41	00:39:19	AG14566	RUNMANIAK BOX001 OURENSE	TOÉN
137	380	MIGUEL	VÁZQUEZ CARREIRA	M-126	SNM-32	00:45:31	00:04:34	00:45:31	00:04:34	00:15:55	00:22:03	00:39:26			CORUÑA (A)
138	185	MIGUEL	GÓMEZ C	M-127	MAST3M-26	00:45:33	00:04:34	00:45:33	00:04:34	00:16:13	00:22:21	00:39:40			CULLEREDO
139	263	JAVIER	BERMÚDEZ POMBO	M-128	MAST2M-50	00:45:39	00:04:34	00:45:39	00:04:34	00:15:50	00:21:56	00:39:31		ATLETAS DE ACEA DE AMA	CERCEDA
140	265	CRISTIAN	BLANCO AMADO	M-129	SNM-33	00:45:39	00:04:34								

142	225	SUSO	RAMOS RODRIGUEZ	M-131	MAST3M-27	00:45:40	00:04:34	00:45:40	00:04:34	00:16:01	00:22:08	00:39:40	AG 2022293	A.D. DOWNHILL LARACHA	LARACHA (A)
143	253	JAVIER	ÁLVAREZ COTELO	M-132	MAST1M-19	00:45:46	00:04:35	00:45:46	00:04:35	00:15:33	00:21:42	00:39:47			CARBALLO
144	256	PAUL	AÑÓN RECAREY	M-133	MAST1M-20	00:45:49	00:04:35	00:45:49	00:04:35	00:15:56	00:22:10	00:39:48			CARBALLO
145	25	CESAR	DIEGO DURAN	M-134	MAST2M-52	00:45:51	00:04:36	00:45:51	00:04:36	00:15:07	00:21:04	00:39:13			CORUÑA (A)
146	302	JUAN JOSÉ	FERNANDEZ CARBALLO	M-135	SNM-34	00:45:51	00:04:36	00:45:51	00:04:36	00:15:30	00:21:42	00:39:47			VIMIANZO
147	332	JOSE MANUEL	MARTINEZ LEMA	M-136	MAST2M-53	00:46:07	00:04:37	00:46:07	00:04:37	00:15:43	00:21:50	00:39:49			CORUÑA (A)
148	230	MARCELINO	RIVAS POMBO	M-137	MAST2M-54	00:46:11	00:04:38	00:46:11	00:04:38	00:15:27	00:21:46	00:39:57	AG2014918	CORREXALLAS	SANTIAGO DE COMPOSTELA
149	157	SERGIO	CEBEY LAMAS	M-138	SNM-35	00:46:11	00:04:38	00:46:11	00:04:38	00:15:56	00:21:57	00:39:50			CARBALLO
150	334	MARCOS	MESEJO QUEIJO	M-139	SNM-36	00:46:12	00:04:38	00:46:12	00:04:38	00:17:59	00:24:04	00:40:30			CARBALLO
151	202	JOSE MANUEL	MARATINEZ CEREIJO	M-140	MAST2M-55	00:46:12	00:04:38	00:46:12	00:04:38	00:15:48	00:21:53	00:39:54			PONTECESO
152	201	ALBERTO	LUACES VIDAL	M-141	MAST1M-21	00:46:14	00:04:38	00:46:14	00:04:38	00:16:30	00:22:35	00:40:09			CAMARIÑAS
153	243	ANGEL JOSE	TURRION PEREIRO	M-142	MAST3M-28	00:46:17	00:04:38	00:46:17	00:04:38	00:16:11	00:22:29	00:40:20			CORUÑA (A)
154	174	MARCOS	FERNANDEZ PENA	M-143	MAST1M-22	00:46:20	00:04:38	00:46:20	00:04:38	00:15:46	00:21:49	00:40:02			CARBALLO
155	131	ELENA	SUÁREZ GESTO	F-12	MAST1F-2	00:46:22	00:04:39	00:46:22	00:04:39	00:15:26	00:21:39	00:39:53			CORUÑA (A)
156	32	MARTA	FERNANDEZ DIAZ	F-13	SNF-5	00:46:23	00:04:39	00:46:23	00:04:39	00:16:33	00:22:56	00:40:32		CLUB ATLETISMO RIBADEO	RIBADEO
157	281	RAMÓN	CASTRO CUERVO	M-144	MAST4M-3	00:46:26	00:04:39	00:46:26	00:04:39	00:16:39	00:22:48	00:40:21		CLUB DEPORTIVO OS MUDDTOS	CARBALLO
158	205	ROBERTO	MARTÍNEZ PENA	M-145	MAST1M-23	00:46:33	00:04:40	00:46:33	00:04:40	00:16:21	00:22:24	00:40:07			CARBALLO
159	24	ROCÍO	DÍAZ MESA	F-14	MAST3F-1	00:46:35	00:04:40	00:46:35	00:04:40	00:15:49	00:22:05	00:40:17		ATLETISMO RIBADEO	RIBADEO
160	240	JUAN CARLOS	SERRANO ALVAREZ	M-146	MAST2M-56	00:46:36	00:04:40	00:46:36	00:04:40	00:15:53	00:22:10	00:40:11		DUBRA TEAM	CARBALLO
161	381	JESUS	VELO DEUS	M-147	MAST2M-57	00:46:36	00:04:40	00:46:36	00:04:40	00:16:40	00:22:58	00:40:36			CORISTANCO
162	284	ROBERTO	CASTRO-THOME	M-148	MAST3M-29	00:46:41	00:04:41	00:46:41	00:04:41	00:16:18	00:22:28	00:40:25		ESADE ALUMNI	CORUÑA (A)
163	378	JOSÉ FERNANDO	TRILLO CARLIN	M-149	MAST3M-30	00:46:41	00:04:41	00:46:41	00:04:41	00:16:03	00:22:22	00:40:35	AG14180	A.D. FOGAR	CARBALLO
164	231	ISAAC	RODRIGUEZ MARTIN	M-150	MAST2M-58	00:46:47	00:04:41	00:46:47	00:04:41	00:16:08	00:22:29	00:40:29			ARTEIXO
165	176	PEDRO	FERREIRO VILLAMISAR	M-151	SNM-37	00:46:51	00:04:42	00:46:51	00:04:42	00:16:37	00:22:55	00:40:39			CORUÑA (A)
166	149	DOMINGO DANIEL	CANOSA BLANCO	M-152	SNM-38	00:46:53	00:04:42	00:46:53	00:04:42	00:15:49	00:22:09	00:40:26			DUMBRÍA
167	158	JOSE LUIS	CEREIJO BLANCO	M-153	MAST2M-59	00:46:54	00:04:42	00:46:54	00:04:42	00:15:38	00:21:48	00:40:23			CARBALLO
168	134	ANA	VARELA REGUERA	F-15	MAST2F-7	00:47:00	00:04:42	00:47:00	00:04:42	00:16:03	00:22:22	00:40:36		A.D. FOGAR	CARBALLO
169	257	ALBERTO	AREOSA BRANDON	M-154	MAST2M-60	00:47:00	00:04:42	00:47:00	00:04:42	00:16:33	00:22:52	00:40:54			CARBALLO
170	295	ALBERTO	DELGADO IZARRA	M-155	MAST3M-31	00:47:06	00:04:43	00:47:06	00:04:43	00:16:44	00:22:52	00:40:43			CORUÑA (A)
171	267	DAVID	BLANCO SEIJO	M-156	MAST1M-24	00:47:07	00:04:43	00:47:07	00:04:43	00:16:12	00:22:30	00:40:50			CARBALLO
172	351	CARLOS	PUGA POSE	M-157	MAST2M-61	00:47:08	00:04:43	00:47:08	00:04:43	00:16:07	00:22:30	00:40:58			CARBALLO
173	146	ANGEL MANUEL	CAAMAÑO GONZALEZ	M-158	MAST2M-62	00:47:08	00:04:43	00:47:08	00:04:43	00:16:05	00:22:29	00:40:56		TUMBA TOXOS TRAIL TEAM	CARBALLO
174	246	SANTIAGO	VÁZQUEZ VILA	M-159	MAST1M-25	00:47:12	00:04:44	00:47:12	00:04:44	00:17:14	00:23:52	00:40:59			CARBALLO
175	320	TOMÁS	GONZÁLEZ VIDAL	M-160	SNM-39	00:47:18	00:04:44	00:47:18	00:04:44	00:16:48	00:23:05	00:41:14			CORUÑA (A)
176	144	MANUEL	BOUZAS ESPASANDIN	M-161	MAST2M-63	00:47:21	00:04:45	00:47:21	00:04:45	00:16:39	00:23:01	00:41:10	AG 2025019		CORUÑA (A)
177	369	JOSE LUIS	ROEL MIRANDA	M-162	MAST2M-64	00:47:23	00:04:45	00:47:23	00:04:45	00:16:47	00:23:08	00:41:22			ABEGONDO
178	379	DIEGO	VAZQUEZ BENDAÑA	M-163	MAST1M-26	00:47:26	00:04:45	00:47:26	00:04:45	00:16:04	00:22:22	00:40:51		CLUB DE ATLETISMO DE ARZÚA	ARZÚA
179	346	MANUEL	PIÑEIRO FREIRE	M-164	MAST2M-65	00:47:32	00:04:46	00:47:32	00:04:46	00:16:59	00:23:20	00:41:05			CORUÑA (A)
180	283	OLIVER	CASTRO SOUTO	M-165	SNM-40	00:47:38	00:04:46	00:47:38	00:04:46	00:16:25	00:22:55	00:41:26		SONS OF POSEIDON	CARBALLO
181	297	JOSÉ MANUEL	DOPICO SOTO	M-166	MAST4M-4	00:47:38	00:04:46	00:47:38	00:04:46	00:16:23	00:22:49	00:41:25	AG 2020205	C.D.EGOVARROS-VIVEIRO	NEDA
182	359	MANUEL	REY ÁLVAREZ	M-167	SNM-41	00:47:39	00:04:46	00:47:39	00:04:46	00:17:53	00:23:57	00:41:27			CARBALLO
183	194	MAXIMINO	LIMÉNS PRADO	M-168	MAST4M-5	00:47:41	00:04:47	00:47:41	00:04:47	00:17:01	00:23:25	00:41:34			NEGREIRA
184	234	VANESSA	SALEGUI FRANCO	F-16	SNF-6	00:47:42	00:04:47	00:47:42	00:04:47	00:16:07	00:22:39	00:41:13			CARBALLO
185	282	JESÚS MANUEL	CASTRO GONZÁLEZ	M-169	MAST2M-66	00:47:47	00:04:47	00:47:47	00:04:47	00:16:36	00:23:01	00:41:21			CARBALLO
186	142	DANIEL	ANTELO MONTES	M-170	MAST2M-67	00:47:51	00:04:48	00:47:51	00:04:48	00:16:54	00:23:11	00:41:34			CARBALLO
187	261	EDUARDO FABIÁN	BARCOS PEREIRA	M-171	MAST2M-68	00:48:03	00:04:49	00:48:03	00:04:49	00:17:14	00:23:36	00:41:52		A.D.MEDIADUCIA	CORBENSA
188	322	FELIPE	IGLESIAS DE LA TORRE	M-172	MAST2M-69	00:48:04	00:04:49	00:48:04	00:04:49	00:17:16	00:23:50	00:42:08	34990086.0	CLUB HERCULES TERMARIA	OURENSE
189	486	PABLO	VILLAMARIN RODRIGUEZ	M-173	SNM-42	00:48:04	00:04:49	00:48:04	00:04:49	00:17:45	00:24:15	00:42:10			CORUÑA (A)
190	344	NACHO	PEREIRA NAVAZA	M-174	MAST2M-70	00:48:04	00:04:49	00:48:04	00:04:49	00:17:09	00:23:32	00:41:56			CARBALLO
191	23	AIRIN	DEVESA	F-17	MAST1F-3	00:48:04	00:04:49	00:48:04	00:04:49	00:16:20	00:22:48	00:41:22			CARBALLO
192	309	JOSE RAMON	GALLEGO BOQUETE	M-175	MAST2M-71	00:48:04	00:04:49	00:48:04	00:04:49	00:17:52	00:24:05	00:42:04			LARACHA (A)
193	453	ADRIAN	NAYA LOPEZ	M-176	SNM-43	00:48:07	00:04:49	00:48:07	00:04:49	00:15:45	00:22:11	00:41:18			CARBALLO
194	286	JAVIER	CORRAL ARES	M-177	MAST2M-72	00:48:08	00:04:49	00:48:08	00:04:49	00:16:24	00:22:40	00:41:37			CORUÑA (A)
195	303	JULIO CÉSAR	FERNÁNDEZ RODRÍGUEZ	M-178	MAST4M-6	00:48:09	00:04:49	00:48:09	00:04:49	00:16:44	00:23:04	00:41:35			CORUÑA (A)
196	65	CECILIA	ALBACETE VAZQUEZ	F-18	MAST1F-4	00:48:09	00:04:49	00:48:09	00:04:49	00:16:34	00:22:59	00:41:38			CARBALLO
197	137	DAVID	VELO GARCIA	M-179	MAST2M-73	00:48:09	00:04:49	00:48:09	00:04:49	00:16:35	00:22:59	00:41:38			CORUÑA (A)
198	75	MARÍA TERESA	CIMADEVILLA CRUJEIRAS	F-19	MAST2F-8	00:48:17	00:04:50	00:48:17	00:04:50	00:16:34	00:22:58	00:41:54		EL CANARIO	RIBEIRA
199	310	JOSÉ	GARCÍA	M-180	MAST1M-27	00:48:21	00:04:51	00:48:21	00:04:51	00:15:53	00:21:55	00:41:19			CARBALLO
200	179	ROI MANOEL	GARCÍA FUENTES	M-181	MAST2M-74	00:48:22	00:04:51	00:48:22	00:04:51	00:17:30	00:24:01	00:42:08		SD COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
201	408	VÍCTOR	CEBEY LÓPEZ	M-182	SNM-44	00:48:24	00:04:51	00:48:24	00:04:51	00:16:52	00:23:18	00:42:01		INDEPENDIENTE	SANTIAGO DE COMPOSTELA
202	74	MARCOS	CASTRO SANCHEZ	M-183	MAST2M-75	00:48:34	00:04:52	00:48:34	00:04:52	00:16:07	00:22:55	00:42:13		A.D.MEDIADUCIA	CARBALLO
203	195	JOSÉ LUIS	LOMBAO NUÑEZ	M-184	MAST2M-76	00:48:37	00:04:52	00:48:37	00:04:52	00:16:44	00:23:03	00:42:21			CULLEREDO
204	197	CARLOS	LÓPEZ DOMINGUEZ	M-185	MAST3M-32	00:48:38	00:04:52	00:48:38	00:04:52	00:16:22	00:22:53	00:41:53		A.D. FOGAR	CARBALLO
205	68	JOSÉ	BERMÚDEZ VARELA	M-186	MAST3M-33	00:48:39	00:04:52	00:48:39	00:04:52	00:16:57	00:23:27	00:42:10		A.D.MEDIADUCIA	CARBALLO
206	360	SANTIAGO	REY GARCÍA	M-187	MAST2M-77	00:48:43	00:04:53	00:48:43	00:04:53	00:17:59	00:24:14	00:42:20			CARBALLO
207	170	GERMÁN	FARIÑA REIMUNDEZ	M-188	MAST1M-28	00:48:44	00:04:53	00:48:44	00:04:53	00:17:12	00:23:45	00:42:24			CARBALLO
208	135	JESÚS	VÁZQUEZ GARCÍA	M-189	MAST3M-34	00:48:50	00:04:53	00:48:50	00:04:53	00:16:20	00:23:01	00:42:23		ATLETAS DE ACEA DE AMA	CAMBRE
209	236	FELIPE	SANTOS ALVES	M-190	MAST1M-29	00:48:53	00:04:54	00:48:53	00:04:54	00:17:07	00:23:32	00:42:23			CAMARIÑAS
210	280	EDUARDO	CASTRO BORRAZAS	M-191	MAST2M-78	00:48:54	00:04:54	00:48:54	00:04:54	00:17:20	00:23:56	00:42:24		MIRADOIRO TOWERS	VIGO
211	250	JUAN	ALONSO ALONSO	M-192	MAST2M-79	00:48:54	00:04:54	00:48:54	00:04:54	00:17:09	00:23:41	00:42:28			MOS
212	255	ALEJANDRO	ALVAREZ RODRIGUEZ	M-193	MAST1M-30	00:48:58	00:04:54	00:48:58	00:04:54	00:17:15	00:23:50	00:42:36		CLUB HERCULES TERMARIA	CORUÑA (A)
213	160	SUSO	COUSILLAS	M-194	MAST1M-31	00:48:59	00:04:54	00:48:59	00:04:54	00:17:07	00:23:48	00:42:39			CORUÑA (A)
214	374	JOSÉ ENRIQUE	SOUTO FACAL	M-195	MAST4M-										

216	217	ALBERTO	PALLAS QUINTELA	M-197	MAST2M-80	00:49:05	00:04:55	00:49:05	00:04:55	00:17:14	00:23:46	00:42:37		RUNNERS CARBALLO	CARBALLO
217	244	JOSE ANTONIO	VARELA ARANTON	M-198	MAST2M-81	00:49:05	00:04:55	00:49:05	00:04:55	00:17:15	00:23:46	00:42:36			CARBALLO
218	212	JAVIER	MUNIZ CANEDO	M-199	MAST1M-32	00:49:19	00:04:56	00:49:19	00:04:56	00:17:19	00:23:53	00:42:52			CORISTANCO
219	431	JAVIER	GIL RUBIDO	M-200	SNM-45	00:49:37	00:04:58	00:49:37	00:04:58	00:19:25	00:26:02	00:43:43			CARBALLO
220	272	EMILIO	CALVO DOLDAN	M-201	MAST2M-82	00:49:37	00:04:58	00:49:37	00:04:58	00:17:52	00:24:17	00:43:17			MALPICA DE BERGANTIÑOS
221	372	JOSE ANTONIO	SANCHEZ LOPEZ	M-202	MAST2M-83	00:49:42	00:04:59	00:49:42	00:04:59	00:17:00	00:23:42	00:42:53			ARTEIXO
222	110	JOSE	MARTINEZ ZAS	M-203	MAST3M-35	00:49:43	00:04:59	00:49:43	00:04:59	00:16:32	00:23:17	00:42:47			ARTEIXO
223	325	AMANCIO	LAVANDEIRA	M-204	MAST3M-36	00:49:47	00:04:59	00:49:47	00:04:59	00:17:15	00:23:44	00:42:52			CARBALLO
224	276	CARLOS	CARRASCO ITURRA	M-205	MAST3M-37	00:49:48	00:04:59	00:49:48	00:04:59	00:17:18	00:24:07	00:43:18		CLUB ATLETISMO O PINO	VAL DO DUBRA
225	213	MANUEL	OUTES PAZ	M-206	MAST4M-9	00:49:52	00:05:00	00:49:52	00:05:00	00:16:23	00:22:49	00:42:42		INDEPENDIENTE	CARBALLO
226	293	PABLO	DEIROS SANCHEZ	M-207	MAST1M-33	00:49:55	00:05:00	00:49:55	00:05:00	00:17:50	00:24:26	00:43:24			CARBALLO
227	249	FRANCISCO GABRIEL	AGRELO RODRIGUEZ	M-208	MAST1M-34	00:49:57	00:05:00	00:49:57	00:05:00	00:16:45	00:23:13	00:42:55			CARBALLO
228	203	LURDES	MARTINEZ MOSQUERA	F-20	MAST3F-2	00:50:03	00:05:01	00:50:03	00:05:01	00:16:20	00:22:57	00:42:47			ORDES
229	296	PEDRO	DOMENECH GONZÁLEZ	M-209	MAST2M-84	00:50:12	00:05:02	00:50:12	00:05:02	00:18:19	00:25:07	00:43:55			CULLEREDO
230	389	MIGUEL	ALVAREZ PALLIN	M-210	MAST2M-85	00:50:16	00:05:02	00:50:16	00:05:02	00:18:34	00:25:15	00:44:01		CLUB HERCULES TERMARIA	CORUÑA (A)
231	345	DIEGO	PÉREZ PONTE	M-211	MAST1M-35	00:50:17	00:05:02	00:50:17	00:05:02	00:18:11	00:25:05	00:43:42			CORUÑA (A)
232	245	JUAN CARLOS	VAZQUEZ GOMEZ	M-212	MAST2M-86	00:50:22	00:05:03	00:50:22	00:05:03	00:17:36	00:24:15	00:43:34			CORUÑA (A)
233	208	MARINA	MAZAIRA MÉNDEZ	F-21	S20F-1	00:50:30	00:05:03	00:50:30	00:05:03	00:17:50	00:24:37	00:43:45			CORUÑA (A)
234	321	ROGELIO	GRANJA MENDEZ	M-213	MAST4M-10	00:50:33	00:05:04	00:50:33	00:05:04	00:17:16	00:23:58	00:43:36			CORUÑA (A)
235	289	FRANCISCO JAVIER	COUTO COSTA	M-214	MAST2M-87	00:50:38	00:05:04	00:50:38	00:05:04	00:16:23	00:23:00	00:43:26	52435321.0		CARBALLO
236	417	MODESTO	DOMINGUEZ CASTRO	M-215	MAST1M-36	00:50:43	00:05:05	00:50:43	00:05:05	00:17:57	00:24:39	00:43:36			CARBALLO
237	445	JOSE ANTONIO	MENDEZ PAMPIN	M-216	MAST4M-11	00:50:44	00:05:05	00:50:44	00:05:05	00:18:22	00:25:07	00:44:13			CORUÑA (A)
238	285	FRANCISCO JAVIER	CHOUZA FERREIRO	M-217	MAST2M-88	00:50:45	00:05:05	00:50:45	00:05:05	00:18:27	00:25:25	00:44:23			CARBALLO
239	348	AGUSTÍN JOSÉ	PORRO CORREIRA	M-218	MAST2M-89	00:50:52	00:05:06	00:50:52	00:05:06	00:17:39	00:24:31	00:44:00			ORDES
240	251	INAKI	ALONSO DOVALE	M-219	SNM-46	00:50:55	00:05:06	00:50:55	00:05:06	00:17:30	00:24:13	00:44:16			OUROL
241	382	OSCAR	VIDAL RODRIGUEZ	M-220	MAST2M-90	00:50:57	00:05:06	00:50:57	00:05:06	00:17:34	00:24:25	00:44:25			CORUÑA (A)
242	118	RAMÓN	POMBO MANTEIGA	M-221	MAST4M-12	00:50:58	00:05:06	00:50:58	00:05:06	00:17:57	00:24:49	00:44:18			CARBALLO
243	383	VÍCTOR MANUEL	VILAR REINA	M-222	MAST2M-91	00:51:00	00:05:06	00:51:00	00:05:06	00:16:49	00:23:53	00:43:46		OPA FERROL TEAM RUNNING	FERROL
244	300	JAVIER	FARIÑA PÉREZ	M-223	MAST2M-92	00:51:08	00:05:07	00:51:08	00:05:07	00:17:44	00:24:33	00:44:13			MALPICA DE BERGANTIÑOS
245	483	FERNANDO	VÁZQUEZ NAVEIRAS	M-224	MAST2M-93	00:51:14	00:05:08	00:51:14	00:05:08	00:18:29	00:25:14	00:44:29			CORUÑA (A)
246	370	RICARDO	RUBIO ALAMEDA	M-225	MAST3M-38	00:51:27	00:05:09	00:51:27	00:05:09	00:17:29	00:24:19	00:44:29		INDEPENDIENTE	CORUÑA (A)
247	468	CRISTIAN	RANCAÑO LAGOA	M-226	SNM-47	00:51:29	00:05:09	00:51:29	00:05:09	00:19:42	00:26:28	00:45:24			CARBALLO
248	398	ELOY	CABEZA VARELA	M-227	MAST1M-37	00:51:33	00:05:10	00:51:33	00:05:10	00:18:33	00:25:45	00:45:08			CARBALLO
249	114	ALEJANDRO	PÉREZ HERMO	M-228	MAST2M-94	00:51:35	00:05:10	00:51:35	00:05:10	00:17:16	00:24:07	00:44:19		EL CANARIO	RIBEIRA
250	181	MANUEL	GARCIA URES	M-229	MAST3M-39	00:51:36	00:05:10	00:51:36	00:05:10	00:17:47	00:24:33	00:44:35			MALPICA DE BERGANTIÑOS
251	425	JAVIER	FERNÁNDEZ FRAGA	M-230	MAST3M-40	00:51:41	00:05:11	00:51:41	00:05:11	00:18:14	00:25:11	00:44:53		TALLERES FERBER	ARTEIXO
252	433	JUAN MANUEL	IGLESIAS MUIÑO	M-231	MAST2M-95	00:51:42	00:05:11	00:51:42	00:05:11	00:17:58	00:24:51	00:44:45			CARBALLO
253	266	MANUEL JUAN	BLANCO GABIN	M-232	MAST3M-41	00:51:43	00:05:11	00:51:43	00:05:11	00:17:55	00:24:51	00:44:45			BETANZOS
254	92	MARIA DEL MAR	GARCIA GONZALEZ	F-22	MAST2F-9	00:51:45	00:05:11	00:51:45	00:05:11	00:17:57	00:24:48	00:44:50			TORDOIA
255	447	LUIS	MONTEZUMA	M-233	MAST2M-96	00:51:49	00:05:11	00:51:49	00:05:11	00:18:02	00:24:58	00:44:53			LUGO
256	487	IVAN	VISHNEUSKI	M-234	SNM-48	00:51:52	00:05:12	00:51:52	00:05:12	00:18:29	00:25:17	00:45:03			MALPICA DE BERGANTIÑOS
257	215	ALEJANDRA	PAILOS PASANDIN	F-23	MAST1F-5	00:51:53	00:05:12	00:51:53	00:05:12	00:18:48	00:25:41	00:45:15			CORUÑA (A)
258	264	BORJA	BLANCO	M-235	MAST1M-38	00:51:53	00:05:12	00:51:53	00:05:12	00:18:50	00:25:41	00:45:10			CORUÑA (A)
259	442	JUAN	MARTA	M-236	MAST1M-39	00:51:55	00:05:12	00:51:55	00:05:12	00:17:58	00:24:48	00:44:50			CARBALLO
260	252	JUAN FRANCISCO	ALONSO MESEJO	M-237	MAST3M-42	00:52:00	00:05:12	00:52:00	00:05:12	00:18:27	00:25:23	00:45:14			CARBALLO
261	214	ESTEFANIÁ	PABST FERNÁNDEZ	F-24	SNF-7	00:52:07	00:05:13	00:52:07	00:05:13	00:17:13	00:24:11	00:44:48			CORUÑA (A)
262	188	JAVIER	GRUIERO BOUZA	M-238	MAST3M-43	00:52:10	00:05:13	00:52:10	00:05:13	00:18:13	00:25:15	00:45:18			CORUÑA (A)
263	277	CARLOS ADRIÁN	CARUSO TORRISI	M-239	MAST3M-44	00:52:11	00:05:14	00:52:11	00:05:14	00:17:40	00:24:26	00:45:20		A.D.MEDIADUCIA	CARBALLO
264	204	VERÓNICA	MARTÍNEZ PARCERO	F-25	MAST2F-10	00:52:12	00:05:14	00:52:12	00:05:14	00:17:18	00:24:20	00:44:59		CLUB ATLETISMO O PINO	VAL DO DUBRA
265	315	PATRICIA	GARCIA VECINO	F-26	MAST1F-6	00:52:14	00:05:14	00:52:14	00:05:14	00:18:08	00:25:05	00:45:15			CARBALLO
266	343	RUBÉN	PEREIRA ALVAREZ	M-240	SNM-49	00:52:17	00:05:14	00:52:17	00:05:14	00:18:13	00:25:11	00:45:21			CARBALLO
267	452	MANUEL JESÚS	MUÑIZ POSE	M-241	MAST2M-97	00:52:19	00:05:14	00:52:19	00:05:14	00:17:54	00:24:52	00:45:13			CARBALLO
268	291	FRANCISCO	CRISTÓBAL BRANDÓN	M-242	SNM-50	00:52:20	00:05:14	00:52:20	00:05:14	00:18:32	00:25:28	00:45:25			CARBALLO
269	340	DANIEL	PADÍN VIÑA	M-243	SNM-51	00:52:21	00:05:15	00:52:21	00:05:15	00:18:53	00:25:39	00:45:43			CARBALLO
270	399	RICARDO	CALVO LÓPEZ	M-244	MAST3M-45	00:52:21	00:05:15	00:52:21	00:05:15	00:18:50	00:25:45	00:45:34		ATLETAS DE ACEA DE AMA	CORUÑA (A)
271	190	ANTONIO	IGLESIAS NOGUEIRA	M-245	MAST2M-98	00:52:24	00:05:15	00:52:24	00:05:15	00:18:31	00:25:45	00:45:48			AMES
272	434	MARIA JOSEFA	LAMAS GARCIA	F-27	MAST3F-3	00:52:29	00:05:15	00:52:29	00:05:15	00:18:19	00:25:24	00:45:27			CARBALLO
273	306	JULIO	FIGUEIRAS MARTÍNEZ	M-246	MAST1M-40	00:52:34	00:05:16	00:52:34	00:05:16	00:17:06	00:24:05	00:45:12		INDEPENDIENTE	CARBALLO
274	317	LUIS ALBERTO	GÓMEZ PRECEDO	M-247	MAST1M-41	00:52:45	00:05:17	00:52:45	00:05:17	00:18:51	00:25:49	00:45:53			CARBALLO
275	462	MARCOS	PORTEIRO PENSADO	M-248	MAST2M-99	00:52:51	00:05:18	00:52:51	00:05:18	00:18:29	00:25:51	00:46:14			CARBALLO
276	278	DANIEL	CASAL BELO	M-249	SNM-52	00:53:02	00:05:19	00:53:02	00:05:19	00:17:31	00:24:32	00:45:29			CARBALLO
277	147	NANCI VIVIANA	CAAMAÑO LAGO	F-28	MAST3F-4	00:53:07	00:05:19	00:53:07	00:05:19	00:19:19	00:26:05	00:45:58		SERRESRUNNERS	CULLEREDO
278	271	ELOY	CALDERÓN FERNÁNDEZ	M-250	MAST3M-46	00:53:08	00:05:19	00:53:08	00:05:19	00:18:36	00:25:45	00:46:12			CORUÑA (A)
279	330	JOSE ANGEL	LORENZO RIVEIRO	M-251	MAST2M-10	00:53:12	00:05:20	00:53:12	00:05:20	00:18:46	00:26:00	00:46:21			CULLEREDO
280	396	BRAIS	BRAGAÑA	M-252	SNM-53	00:53:14	00:05:20	00:53:14	00:05:20	00:18:26	00:25:27	00:46:12			ARTEIXO
281	328	JAVIER	LOPEZ	M-253	S23M-1	00:53:17	00:05:20	00:53:17	00:05:20	00:19:12	00:26:03	00:46:24			CARBALLO
282	254	MARCOS	ALVAREZ PATIÑO	M-254	MAST2M-10	00:53:19	00:05:20	00:53:19	00:05:20	00:18:11	00:25:20	00:46:07			CORUÑA (A)
283	167	ANA	DUBRA GARCIA	F-29	MAST2F-11	00:53:24	00:05:21	00:53:24	00:05:21	00:18:37	00:25:46	00:46:17			CARBALLO
284	341	VANESSA	PAZ ABRUÑEDO	F-30	MAST1F-7	00:53:25	00:05:21	00:53:25	00:05:21	00:18:54	00:26:02	00:46:26			CORUÑA (A)
285	307	FCO JAVIER	FRAGA PIÑEIRO	M-255	MAST2M-10	00:53:33	00:05:22	00:53:33	00:05:22	00:18:52	00:26:05	00:46:37			CARBALLO
286	364	DIEGO	RODRÍGUEZ CAPELET	M-256	MAST1M-42	00:53:36	00:05:22	00:53:36	00:05:22	00:18:32	00:25:42	00:46:18			CARBALLO
287	404	JOSÉ RAMÓN	CASTRO EIROS	M-257	MAST3M-47	00:53:42	00:05:23	00:53:42	00:05:23	00:18:27	00:25:33	00:46:34			CARBALLO
288	407	JESUS VÍCTOR	CEBEY CANCELA	M-258	MAST3M-48	00:53:42	00:05:23	00:53:42	00:05:23	00:18:39	00:25:47	00:46:33	AG769116		

290	480	JAIME	TRIGO CAMBON	M-259	MAST4M-13	00:53:46	00:05:23	00:53:46	00:05:23	00:18:38	00:25:51	00:46:30	A. D. MEDIA DUCIA	CARBALLO
291	365	PABLO	RODRIGUEZ CAPELET	M-260	SNM-54	00:53:48	00:05:23	00:53:48	00:05:23	00:18:31	00:25:42	00:46:18	NORTH COAST	CARBALLO
292	403	MARCOS	CASTRO BEIZANA	M-261	MAST2M-10	00:53:51	00:05:24	00:53:51	00:05:24	00:18:49	00:25:54	00:46:32		CARBALLO
293	384	JOSÉ MANUEL	ABRUÑEDO BARBEITO	M-262	MAST3M-49	00:53:54	00:05:24	00:53:54	00:05:24	00:19:50	00:26:51	00:46:44		CERCEDA
294	393	CONSTANTINO D.	BELLO COSTAL	M-263	MAST3M-50	00:53:57	00:05:24	00:53:57	00:05:24	00:18:16	00:25:13	00:47:13	AG69823	ATLÉTICA A SILVA
295	444	ANXO	MENA	M-264	MAST1M-43	00:54:16	00:05:26	00:54:16	00:05:26	00:19:41	00:27:06	00:47:25		CERCEDA
296	312	JOSE ANTONIO	GARCIA MARTINEZ	M-265	MAST3M-51	00:54:21	00:05:27	00:54:21	00:05:27	00:18:54	00:26:13	00:46:58		CARBALLO
297	479	FATIMA	TRABA LISTA	F-32	SNF-8	00:54:24	00:05:27	00:54:24	00:05:27	00:18:03	00:25:45	00:46:52		CARBALLO
298	466	JOSÉ ANDRÉS	QUEIJO REY	M-266	MAST3M-52	00:54:26	00:05:27	00:54:26	00:05:27	00:19:54	00:27:25	00:48:01	A.D.MEDIADUCIA	CARBALLO
299	200	XOSE RAMON	LOPEZ TOJA	M-267	MAST3M-53	00:54:28	00:05:27	00:54:28	00:05:27	00:17:29	00:24:40	00:46:31		CARRAL
300	420	SANTIAGO	EIRIS LOPEZ	M-268	MAST3M-54	00:54:29	00:05:27	00:54:29	00:05:27	00:19:02	00:26:20	00:47:17		CORUÑA (A)
301	319	ESTEBAN	GONZALEZ LAGE	M-269	MAST1M-44	00:54:33	00:05:28	00:54:33	00:05:28	00:18:42	00:25:54	00:47:06		CARBALLO
302	437	RICARDO JOSÉ	LÓPEZ PENSADO	M-270	SNM-55	00:54:35	00:05:28	00:54:35	00:05:28	00:20:37	00:28:04	00:48:14		CARBALLO
303	406	JOSE MANUEL	CASTRO TATO	M-271	SNM-56	00:54:35	00:05:28	00:54:35	00:05:28	00:18:49	00:25:49	00:46:48		LAXE
304	299	MIGUEL	FACAL VÁZQUEZ	M-272	MAST1M-45	00:54:37	00:05:28	00:54:37	00:05:28	00:19:26	00:27:05	00:48:12		CARBALLO
305	388	LUIS	ALVAREZ CAMARA	M-273	MAST4M-14	00:54:40	00:05:28	00:54:40	00:05:28	00:19:12	00:26:36	00:47:37		CORUÑA (A)
306	366	PEDRO	RODRIGUEZ FERNANDEZ	M-274	MAST3M-55	00:54:41	00:05:29	00:54:41	00:05:29	00:18:48	00:25:58	00:47:15		CARBALLO
307	484	ADRIAN	VELO FUENTES	M-275	MAST1M-46	00:54:46	00:05:29	00:54:46	00:05:29	00:19:44	00:27:09	00:47:41		OLEIROS
308	435	GUMERSINDO CANDIDO	LEMA MOUZO	M-276	MAST4M-15	00:54:58	00:05:30	00:54:58	00:05:30	00:19:01	00:26:15	00:47:27		CARBALLO
309	273	FATIMA	CAMBON VARELA	F-33	SNF-9	00:55:00	00:05:30	00:55:00	00:05:30	00:19:51	00:27:25	00:48:11	A.D.MEDIADUCIA	CARBALLO
310	338	MANUEL JAVIER	MUNIZ SEIJAS	M-277	MAST3M-56	00:55:06	00:05:31	00:55:06	00:05:31	00:19:18	00:26:33	00:47:46		CORUÑA (A)
311	455	FRANCISCO JAVIER	PALOMERO ALBA	M-278	MAST3M-57	00:55:09	00:05:31	00:55:09	00:05:31	00:19:26	00:27:04	00:48:11	46045074.0	A.D. MEDIA DUCIA
312	329	RAQUEL	LOPEZ FIGUEROA	F-34	SNF-10	00:55:14	00:05:32	00:55:14	00:05:32	00:19:22	00:26:40	00:48:00		LARACHA (A)
313	474	SANDRA	RODRIGUEZ GARCIA	F-35	MAST1F-9	00:55:14	00:05:32	00:55:14	00:05:32	00:19:20	00:26:40	00:48:03		LARACHA (A)
314	357	IRENE	REGA SANDE	F-36	SNF-11	00:55:14	00:05:32	00:55:14	00:05:32	00:19:23	00:26:40	00:48:00		LARACHA (A)
315	461	LUIS	PITA ANDREU	M-279	MAST3M-58	00:55:14	00:05:32	00:55:14	00:05:32	00:19:41	00:27:07	00:48:12		CORUÑA (A)
316	418	JESUS MATIAS	DOMINGUEZ GOMEZ	M-280	MAST4M-16	00:55:20	00:05:32	00:55:20	00:05:32	00:19:27	00:26:59	00:48:06		LARACHA (A)
317	385	LAURA	AGUILERA	F-37	MAST1F-10	00:55:26	00:05:33	00:55:26	00:05:33	00:19:45	00:27:08	00:48:00		CULLEREDO
318	355	MARÍA JOSÉ	RAMOS LAGE	F-38	SNF-12	00:55:27	00:05:33	00:55:27	00:05:33	00:19:36	00:27:08	00:48:21		CORISTANCO
319	292	ROMINA	DA QUINTA PAZOS	F-39	MAST1F-11	00:55:27	00:05:33	00:55:27	00:05:33	00:19:36	00:27:09	00:48:20		CORUÑA (A)
320	391	ALEJANDRO	ANDRADE COUSELO	M-281	SNM-57	00:55:30	00:05:33	00:55:30	00:05:33	00:20:37	00:28:05	00:48:39		CARBALLO
321	438	ELISEO	LOPEZ RIO	M-282	MAST4M-17	00:55:30	00:05:33	00:55:30	00:05:33	00:19:20	00:26:58	00:48:12	GA19958	CD EGOVARROS VIVERO
322	356	MANUEL	RAÑA PREGO	M-283	MAST4M-18	00:55:47	00:05:35	00:55:47	00:05:35	00:19:16	00:26:57	00:48:22		ORDES
323	415	PABLO	DEUS SEOANE	M-284	S23M-2	00:56:00	00:05:36	00:56:00	00:05:36	00:19:56	00:27:27	00:48:22		CORUÑA (A)
324	440	DANIEL	MAHIA	M-285	MAST3M-59	00:56:01	00:05:37	00:56:01	00:05:37	00:19:48	00:27:12	00:48:32		CARBALLO
325	402	MARTIN	CASTIÑEIRA LADO	M-286	MAST1M-47	00:56:24	00:05:39	00:56:24	00:05:39	00:19:38	00:27:09	00:48:50		CARBALLO
326	349	OLGA	POSE CHOUCIÑO	F-40	MAST2F-12	00:56:41	00:05:41	00:56:41	00:05:41	00:19:56	00:27:24	00:49:08	ABELLARIZA	PONTECESO
327	333	SUSO	MENDEZ SUÁREZ	M-287	MAST3M-60	00:56:41	00:05:41	00:56:41	00:05:41	00:19:56	00:27:25	00:49:06	ABELLARIZA	PONTECESO
328	362	BERTA	REYMUÑDEZ BAÑA	F-41	MAST2F-13	00:56:41	00:05:41	00:56:41	00:05:41	00:19:56	00:27:25	00:49:06	A.D MONTE BRONDO	ZAS
329	193	SILVIA	LEÓN GONZALEZ	F-42	MAST2F-14	00:56:41	00:05:41	00:56:41	00:05:41	00:19:30	00:27:06	00:49:02		ARES
330	220	MANUEL	PENA VARELA	M-288	MAST2M-10	00:56:42	00:05:41	00:56:42	00:05:41	00:19:30	00:27:07	00:49:03	ESCUELA DE ATLETISMO PAULA MAYOBRE	ARES
331	235	ANGELES	SALMONTE VARELA	F-43	MAST3F-5	00:56:45	00:05:41	00:56:45	00:05:41	00:19:21	00:26:56	00:49:09	CLUB ATLETISMO O PINO	PINO (O)
332	155	CARMEN	CASTRO CORES	F-44	MAST2F-15	00:56:45	00:05:41	00:56:45	00:05:41	00:19:21	00:26:55	00:49:10	CLUB ATLETISMO O PINO	
333	401	PABLO	CARBALLO	M-289	SNM-58	00:56:46	00:05:41	00:56:46	00:05:41	00:20:48	00:28:36	00:49:42		CARBALLO
334	199	ANA	LÓPEZ SUÁREZ	F-45	MAST3F-6	00:56:59	00:05:42	00:56:59	00:05:42	00:19:18	00:26:50	00:49:22		CORUÑA (A)
335	392	DANIEL	BALTAR ALMEIDA	M-290	S23M-3	00:57:03	00:05:43	00:57:03	00:05:43	00:20:35	00:28:21	00:49:59		ARTEIXO
336	183	ALFREDO	GARROTE PAZOS	M-291	MAST3M-61	00:57:11	00:05:44	00:57:11	00:05:44	00:20:48	00:28:22	00:49:46		CORUÑA (A)
337	432	MANUEL	GONZÁLEZ DEVESA	M-292	MAST1M-48	00:57:18	00:05:44	00:57:18	00:05:44	00:20:14	00:27:48	00:49:48		ARTEIXO
338	454	MANUEL J.	NAYA MATA	M-293	MAST4M-19	00:57:24	00:05:45	00:57:24	00:05:45	00:18:18	00:25:36	00:48:56		CARBALLO
339	275	DAVID	CARBALLIDO SOUTO	M-294	SNM-59	00:57:28	00:05:45	00:57:28	00:05:45	00:19:48	00:27:27	00:49:38		CARBALLO
340	386	NÉSTOR	ÁLVAREZ	M-295	SNM-60	00:57:35	00:05:46	00:57:35	00:05:46	00:20:05	00:27:46	00:50:07		CULLEREDO
341	467	ANGELA	RAMILO CAMBÓN	F-46	MAST1F-12	00:57:36	00:05:46	00:57:36	00:05:46	00:20:57	00:28:37	00:50:18		CARBALLO
342	339	JOAQUIN	MUÑOZ MATO	M-296	MAST1M-49	00:57:37	00:05:46	00:57:37	00:05:46	00:20:23	00:28:04	00:50:09		PONTECESO
343	116	ANTIA	PIÑEIRO DEVESA	F-47	SNF-13	00:57:39	00:05:46	00:57:39	00:05:46	00:19:03	00:26:56	00:49:42		SANTIAGO DE COMPOSTELA
344	427	ENRIQUE	FREIRE RODRIGUEZ	M-297	MAST4M-20	00:57:39	00:05:46	00:57:39	00:05:46	00:19:46	00:27:18	00:49:44		CORUÑA (A)
345	247	MARIEL	VERA	F-48	SNF-14	00:57:42	00:05:47	00:57:42	00:05:47	00:19:52	00:27:30	00:49:52		SADA
346	350	IVAN	POSE LORENZO	M-298	MAST2M-10	00:57:42	00:05:47	00:57:42	00:05:47	00:18:54	00:26:41	00:50:10		CARBALLO
347	305	ADRIANA	FERNÁNDEZ VÁZQUEZ	F-49	MAST1F-13	00:57:46	00:05:47	00:57:46	00:05:47	00:19:49	00:27:20	00:49:59	TARTARUGAS	SANTIAGO DE COMPOSTELA
348	373	SANTIAGO	SIMON CUADRADO	M-299	MAST4M-21	00:57:46	00:05:47	00:57:46	00:05:47	00:18:44	00:26:42	00:49:52		CORUÑA (A)
349	429	DAVID	GARCIA RODRIGUEZ	M-300	SNM-61	00:58:07	00:05:49	00:58:07	00:05:49	00:20:36	00:28:10	00:50:25		CORUÑA (A)
350	463	JOSÉ RAMÓN	POSE ESPAÑA	M-301	MAST1M-50	00:58:08	00:05:49	00:58:08	00:05:49	00:20:18	00:28:03	00:50:52		CORISTANCO
351	336	PATI	MODIA YAÑEZ	F-50	MAST2F-16	00:58:13	00:05:50	00:58:13	00:05:50	00:20:07	00:27:53	00:50:19		CORUÑA (A)
352	456	FERMIN	PAN OTERO	M-302	MAST4M-22	00:58:20	00:05:50	00:58:20	00:05:50	00:20:58	00:28:37	00:50:54	C.D. EGOVARROS-VIVEIRO	CORUÑA (A)
353	145	DIONISIO JOSE	BUENO GARCIA	M-303	MAST4M-23	00:58:24	00:05:51	00:58:24	00:05:51	00:16:23	00:22:49	00:48:36		MUGARDOS
354	459	CARMEN BELEN	PÉREZ GRAÑA	F-51	MAST2F-17	00:58:26	00:05:51	00:58:26	00:05:51	00:20:34	00:28:33	00:50:35	AG-765292	LARACHA (A)
355	451	CRISTINA	MUÑIZ CIVES	F-52	MAST1F-14	00:58:26	00:05:51	00:58:26	00:05:51	00:19:56	00:27:45	00:50:24		CORISTANCO
356	458	DANIEL	PÉREZ	M-304	MAST2M-10	00:58:28	00:05:51	00:58:28	00:05:51	00:20:08	00:27:54	00:50:31		CARBALLO
357	457	CRISTIAN ABEL	PAZ GARCÍA	M-305	MAST1M-51	00:58:40	00:05:52	00:58:40	00:05:52	00:20:18	00:28:03	00:50:52		CARBALLO
358	464	CÉSAR	POSE MATO	M-306	MAST1M-52	00:58:41	00:05:53	00:58:41	00:05:53	00:20:48	00:28:38	00:50:43	A.D. FOGAR	CARBALLO
359	436	DANIEL	LÓPEZ GONZÁLEZ	M-307	MAST2M-10	00:58:59	00:05:54	00:58:59	00:05:54	00:21:04	00:28:51	00:51:18	A. D. DOWNHILL	CARBALLO
360	196	MIGUEL	LOPEZ	M-308	MAST2M-10	00:59:26	00:05:57	00:59:26	00:05:57	00:19:56	00:28:00	00:51:33		CORUÑA (A)
361	324	MANUEL	LAMAS BELLO	M-309	MAST4M-24	00:59:28	00:05:57	00:59:28	00:05:57	00:20:06	00:27:55	00:51:16		CARBALLO
362	481	ISMAEL	VARELA FUENTES	M-310	MAST1M-53	00:59:49	00:05:59	00:59:49	00:05:59	00:20:00	00:28:05	00:51:46	A.D.MEDIADUCIA	CARBALLO
363	288	DAVID	COUTO BLANCO	M-311	MAST2M-10	01:00:32	00:06:04	01:00:32	00:06:04	00:19:29	00:27:26	00:51:18	TARTARUGAS	CARBALLO

364	258	VÍCTOR	AREOSA NOVO	M-312	MAST1M-54	01:00:33	00:06:04	01:00:33	00:06:04	00:18:55	00:26:54	00:51:19	CARBALLO
365	390	JOSÉ MARIA	AMADO BOUZA	M-313	MAST3M-62	01:00:44	00:06:05	01:00:44	00:06:05	00:20:13	00:28:22	00:52:32	MINO
366	314	EDUARDO	GARCIA SANTIAGO	M-314	MAST3M-63	01:00:48	00:06:05	01:00:48	00:06:05	00:20:32	00:28:35	00:52:33	LARACHA (A)
367	224	CARMEN	RAMOS FERNANDEZ	F-53	MAST3F-7	01:00:50	00:06:05	01:00:50	00:06:05	00:20:34	00:28:37	00:52:44	LARACHA DOUS PES LARACHA (A)
368	180	PATRICIA	GARCIA MATO	F-54	MAST1F-15	01:00:50	00:06:05	01:00:50	00:06:05	00:20:32	00:28:37	00:52:45	BISCACH@NS RUNNING MALPICA DE BERGANTIÑOS
369	371	CRISTINA	SANCHEZ LOPEZ	F-55	MAST2F-18	01:00:50	00:06:05	01:00:50	00:06:05	00:20:32	00:28:37	00:52:44	LARACHA EN DUAS RODAS LARACHA (A)
370	182	ANGEL	GARCIA VARELA	M-315	MAST1M-55	01:00:50	00:06:05	01:00:50	00:06:05	00:20:34	00:28:37	00:52:44	BISCACH@NS RUNNING CARBALLO
371	477	ARACELI	SILVARIÑO ESPASANDÍN	F-56	SNF-15	01:01:13	00:06:08	01:01:13	00:06:08	00:20:29	00:28:36	00:52:38	ZAS
372	410	MARIANO	CONDE BERMEJO	M-316	MAST3M-64	01:01:13	00:06:08	01:01:13	00:06:08	00:20:04	00:28:17	00:52:53	OLEIROS
373	443	DIEGO	MARTELO PUÑAL	M-317	SNM-62	01:01:14	00:06:08	01:01:14	00:06:08	00:20:33	00:28:36	00:52:39	MALPICA DE BERGANTIÑOS
374	397	CARLOS	BUENDÍA GONZÁLEZ	M-318	MAST2M-11	01:02:20	00:06:14	01:02:20	00:06:14	00:21:07	00:29:22	00:53:45	CARBALLO
375	259	IGNACIO	ASENSIO FUENTES	M-319	MAST3M-65	01:02:25	00:06:15	01:02:25	00:06:15	00:21:15	00:29:27	00:53:40	ARTEIXO
376	448	SERAFIN	MOURO RODRIGUEZ	M-320	MAST2M-11	01:02:30	00:06:15	01:02:30	00:06:15	00:21:49	00:30:18	00:54:08	CORISTANCO
377	430	ISMAEL	GARCIA YLLERA	M-321	MAST3M-66	01:02:30	00:06:15	01:02:30	00:06:15	00:23:03	00:31:28	00:54:19	CORUÑA (A)
378	301	HÉCTOR RODRIGO	FELIPEZ FERREIRO	M-322	MAST1M-56	01:02:52	00:06:18	01:02:52	00:06:18	00:20:57	00:28:46	00:54:02	INDEPENDIENTE CARBALLO
379	361	ADRIAN	REY PEREIRA	M-323	SNM-63	01:02:53	00:06:18	01:02:53	00:06:18	00:20:25	00:28:32	00:55:03	CARBALLO
380	428	FRANCISCO	FUENTES BERMEJO	M-324	MAST3M-67	01:02:59	00:06:18	01:02:59	00:06:18	00:20:22	00:28:32	00:53:52	LEONES RUNNING TEAM CORUÑA (A)
381	262	RAFAEL	BELISARIO PERAZA	M-325	MAST2M-11	01:03:01	00:06:19	01:03:01	00:06:19	00:21:10	00:29:59	00:54:27	ATLETISMO DE CARBALLO CARBALLO
382	270	ROBERTO	CAJIDE	M-326	MAST3M-68	01:03:03	00:06:19	01:03:03	00:06:19	00:20:22	00:28:32	00:53:52	CORUÑA (A)
383	279	LORENA	CASTRILLÓN MANSO	F-57	MAST1F-16	01:04:10	00:06:25	01:04:10	00:06:25	00:21:08	00:29:36	00:55:04	CORUÑA (A)
384	405	ADRIÁN	CASTRO GARCÍA	M-327	SNM-64	01:04:11	00:06:26	01:04:11	00:06:26	00:20:13	00:28:38	00:55:09	CARBALLO
385	394	JESÚS	BERNAL GÓMEZ	M-328	MAST4M-25	01:07:45	00:06:47	01:07:45	00:06:47	00:23:04	00:33:06	00:58:59	INDEPENDIENTE FERROL
386	409	NURIA - CARACOL	CIDONCHA MORAN	F-58	MAST2F-19	01:10:00	00:07:00	01:10:00	00:07:00	00:23:30	00:32:49	01:00:08	ADMEDIADUCIA CARBALLO
387	974	FUENSANTA	GARCÍA BABIO	F-59	MAST3F-8	01:12:31	00:07:16	01:12:31	00:07:16	00:24:03	00:33:28	01:02:24	CARBALLO
388	422	JOSÉ MANUEL	FAÇAL FARIÑA	M-329	MAST3M-69	01:12:31	00:07:16	01:12:31	00:07:16	00:23:58	00:33:28	01:02:24	TRIATLON A.D.MEDIADUCIA CARBALLO
389	446	MARIA JESÚS	MÉNDEZ VIÑA	F-60	MAST3F-9	01:12:45	00:07:17	01:12:45	00:07:17	00:25:02	00:34:42	01:02:43	CARBALLO
390	472	MARIA DEL CARMEN	REY SÁNCHEZ	F-61	MAST3F-10	01:12:45	00:07:17	01:12:45	00:07:17	00:25:01	00:34:42	01:02:43	CARBALLO
391	375	FERNANDO	SUAREZ CARRIL	M-330	MAST3M-70	01:13:13	00:07:20	01:13:13	00:07:20	00:25:38	00:35:28	01:02:59	BETANZOS
392	485	PILAR	VILARIÑO	F-62	MAST3F-11	01:13:13	00:07:20	01:13:13	00:07:20	00:25:47	00:35:35	01:03:36	CARBALLO

10K CARBALLO X CARREIRA POPULAR CONCELLO DE CARBALLO

SUB16/SUB18

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	T. 1000m	T. 2000m	Licenza	Club	Localidad
1	510	ASHEBER	DIÁZ FERNÁNDEZ	M-1	S16M-1	00:09:31	00:03:11	00:03:08	00:06:22		AGRUPACIÓN VIGUESA DE ATLETISMO	VIGO
2	503	ANXO	BELLO RODRIGUEZ	M-2	S16M-2	00:09:45	00:03:15	00:03:07	00:06:24		A.D. FOGAR	CORISTANCO
3	522	JOSÉ MANUEL	NEGREIRA ABELENDA	M-3	S18M-1	00:10:40	00:03:34	00:03:25	00:07:10		AD.FOGAR	CARBALLO
4	520	BERKET	LÓPEZ DÍAZ	M-4	S16M-3	00:10:41	00:03:34	00:03:33	00:07:10		FOGAR	CARBALLO
5	502	ASDRÚBAL	BARCA RIVAS	M-5	S16M-4	00:10:48	00:03:36	00:03:26	00:07:12		CLUB ATLETISMO O PINO	CARBALLO
6	519	DIEGO	GRILLE LANDEIRA	M-6	S18M-2	00:10:48	00:03:36	00:03:35	00:07:17	AG13274	A.D. FOGAR	CARBALLO
7	537	XES	REGUEIRA SILVEIRA	M-7	S16M-5	00:11:27	00:03:49	00:03:39	00:07:31			CARBALLO
8	507	MATEO	CASTRO POSE	M-8	S18M-3	00:11:27	00:03:49	00:03:37	00:07:32		AD.FOGAR	CARBALLO
9	539	SERGIO	SUÁREZ CERQUEIRO	M-9	S18M-4	00:11:52	00:03:58	00:03:38	00:07:47		A.D. FOGAR	CARBALLO
10	530	ARARAT	PAZOS MEIXUS	F-1	S18F-1	00:12:02	00:04:01	00:03:40	00:07:49			VILAGARCÍA DE AROUSA
11	532	BRAIS	PENSADO ALBERTÍ	M-10	S16M-6	00:12:20	00:04:07	00:03:39	00:08:02		SYSCA	CARBALLO
12	506	ANTON	CASTRO POSE	M-11	S16M-7	00:12:20	00:04:07	00:03:51	00:08:06		ESADE ALUMNI	CORUÑA (A)
13	540	MARCOS	SUÁREZ PÉREZ	M-12	S16M-8	00:12:49	00:04:17	00:03:46	00:08:06			CARBALLO
14	511	CARLA	DOLDÁN VAZQUEZ	F-2	S16F-1	00:12:59	00:04:20	00:04:11	00:08:38		A.D. FOGAR	CARBALLO
15	536	SAMUEL	QUINTELA SALCINES	M-13	S18M-5	00:13:54	00:04:38	00:03:39	00:08:37			CARBALLO
16	524	SARA	PADIN REGUEIRA	F-3	S16F-2	00:13:59	00:04:40	00:04:05	00:08:57			CARBALLO
17	504	MARTINA	CASAL VARELA	F-4	S16F-3	00:14:08	00:04:43	00:04:05	00:08:57			MALPICA DE BERGANTIÑOS
18	525	CARLA	PADIN REGUEIRA	F-5	S16F-4	00:14:25	00:04:49	00:04:08	00:09:09			CARBALLO
19	533	ELOY	POMBO	M-14	S16M-9	00:15:24	00:05:08	00:04:42	00:10:09			CARBALLO
20	535	MARÍA	PUGA PUENTE	F-6	S16F-5	00:15:38	00:05:13	00:04:11	00:09:51	AG13694	A.D. FOGAR	CARBALLO
21	501	DELIA	ANTELO SIMÓN	F-7	S16F-6	00:16:00	00:05:20	00:04:16	00:09:53			CARBALLO
22	526	CARLOS	PALLAS CANCELA	M-15	S16M-10	00:16:26	00:05:29	00:04:40	00:10:21			CARBALLO
23	973	MARCOS ANTONIO	VARELA STADLER	M-16	S18M-6	00:16:27	00:05:29	00:04:26	00:10:20			
24	505	IKER	CASTRO MARTÍNEZ	M-17	S18M-7	00:16:36	00:05:32	00:04:41	00:10:22			CARBALLO
25	527	DIEGO	PALLAS CANCELA	M-18	S16M-11	00:16:58	00:05:40	00:04:45	00:10:40			CARBALLO
26	514	DANIEL	ESPASANDÍN AMADO	M-19	S18M-8	00:18:22	00:06:08	00:04:46	00:11:45			CARBALLO
27	546	IRMA	VILLAVERDE VELO	F-8	S16F-7	00:18:24	00:06:08	00:05:13	00:11:54			CARBALLO
28	545	ENOLA	VILANOVA RECAREY	F-9	S16F-8	00:18:44	00:06:15	00:05:13	00:11:59			CARBALLO
29	541	DANIELA	URES POSE	F-10	S16F-9	00:19:03	00:06:21	00:05:17	00:12:15			PONTECESO

10K CARBALLO X CARREIRA POPULAR CONCELLO DE CARBALLO

SUB12/SUB14

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	T. 1000m	Licenza	Club	Localidad
1	710	JESÚS	PATIÑO RÍOS	M-1	S14M-1	00:07:15	00:03:38	00:03:30		NATACIÓN RIBEIRA	RIBEIRA
2	744	JEYDEN J AEL	SILVA GUERRERO	M-2	S12M-1	00:07:21	00:03:41	00:03:35		NATACIÓN RIBEIRA	RIBEIRA
3	683	ALVARO	LAVANDEIRA AMADO	M-3	S14M-2	00:07:28	00:03:44	00:03:35			CARBALLO
4	601	LUCÍA	AGEITOS ROMERO	F-1	S12F-1	00:07:30	00:03:45	00:03:40		NATACIÓN RIBEIRA	RIBEIRA
5	693	DESALE	LOPEZ COBELO	M-4	S14M-3	00:07:53	00:03:57	00:03:41			CARBALLO
6	668	HUGO	GARCÍA REMUIÑÁN	M-5	S12M-2	00:08:07	00:04:04	00:04:05			CARBALLO
7	706	MATEO	PALLAS CEBRAL	M-6	S12M-3	00:08:08	00:04:04	00:04:01		SYSCA	CARBALLO
8	607	MARCOS	BARCALA LÓPEZ	M-7	S12M-4	00:08:13	00:04:07	00:04:02		SD COMPOSTELA ATLETISMO	OROSO
9	699	ÁNGEL	MIRÁS AGRELO	M-8	S14M-4	00:08:17	00:04:09	00:04:00			SANTIAGO DE COMPOSTELA
10	645	IMRANE	ELKADERI	M-9	S12M-5	00:08:17	00:04:09	00:03:59		EMD CURTIS	CURTIS
11	766	IKER	VELO BRANDÓN	M-10	S14M-5	00:08:25	00:04:13	00:04:19			CARBALLO
12	666	DIEGO EDUARDO	GARCÍA MORALES	M-11	S14M-6	00:08:25	00:04:13	00:04:04			CARBALLO
13	711	LLUC	PENSADO ALBERTI	M-12	S12M-6	00:08:31	00:04:16	00:04:06		SYSCA	CARBALLO
14	689	NICOLAS	LEMA FERNANDEZ	M-13	S12M-7	00:08:31	00:04:16	00:04:06			CARBALLO
15	611	IAGO	BELLO RODRIGUEZ	M-14	S12M-8	00:08:36	00:04:18	00:04:15		A.D. FOGAR	CORISTANCO
16	750	PABLO	SUÁREZ PUGA	M-15	S12M-9	00:08:41	00:04:21	00:04:10		SYSCA E/OU SD SOFÁN	CARBALLO
17	629	INÁCIO	CASTRO POSE	M-16	S14M-7	00:08:41	00:04:21	00:04:24		ESADE ALUMNI	A CORUÑA
18	661	GERMÁN	GARCÍA BELLO	M-17	S14M-8	00:08:46	00:04:23	00:04:35			CARBALLO
19	633	MANU	CEBEY REGA	M-18	S14M-9	00:08:48	00:04:24	00:04:24			CARBALLO
20	615	CLAUDIA	BRIANSÓ SANTOS	F-2	S12F-2	00:08:52	00:04:26	00:04:10		TRIATLÓN MAR DE VIGO	VIGO
21	610	AARON	BELLO LISTA	M-19	S12M-10	00:08:55	00:04:28	00:04:14			CARBALLO
22	602	GABRIEL	ALEN PEREIRO	M-20	S14M-10	00:08:56	00:04:28	00:04:33		RUNERS CARBALLO	CARBALLO
23	704	HUGO	OTERO FERNANDEZ	M-21	S12M-11	00:08:58	00:04:29	00:04:27			CARBALLO
24	748	SARA	SUÁREZ COUTO	F-3	S14F-1	00:08:59	00:04:30	00:04:24		CLUB SYSCA	CARBALLO
25	652	MAURO	FILGUEIRA QUEIRO	M-22	S12M-12	00:09:04	00:04:32	00:04:24			CARBALLO
26	723	RONALD	QUENECHÉ QUIROZ	M-23	S12M-13	00:09:05	00:04:33	00:04:30		NATACIÓN RIBEIRA	RIBEIRA
27	698	DAVID	MÉNDEZ GIL	M-24	S14M-11	00:09:07	00:04:34	00:04:25			CARBALLO
28	760	JULIA	VARELA SÁNCHEZ	F-4	S14F-2	00:09:08	00:04:34	00:04:26			CARBALLO
29	657	TEO	FRAGA GARCÍA	M-25	S12M-14	00:09:08	00:04:34	00:04:24			CARBALLO
30	742	PABLO	SEOANE LOUREIRO	M-26	S12M-15	00:09:11	00:04:36	00:04:26			CARBALLO
31	686	BRAIS	LEMA DÍAZ	M-27	S14M-12	00:09:12	00:04:36	00:04:26			CARBALLO
32	709	XABIER	PARDO BRION	M-28	S14M-13	00:09:16	00:04:38	00:04:19			CARBALLO
33	770	MATEO	VIÑA Balsa	M-29	S12M-16	00:09:18	00:04:39	00:04:49			CARBALLO
34	688	MATEO	LEMA ESMORÍS	M-30	S12M-17	00:09:20	00:04:40	00:04:59			CARBALLO
35	768	LOLA	VILA NÚÑEZ	F-5	S12F-3	00:09:20	00:04:40	00:04:43			CARBALLO
36	671	JOEL	GONZÁLEZ GARCÍA	M-31	S12M-18	00:09:34	00:04:47	00:04:30			CARBALLO
37	736	IRIS	RODRÍGUEZ MARTINEZ	F-6	S12F-4	00:09:34	00:04:47	00:04:33			CARBALLO
38	634	ANTÓN	CORTÉS SERRANO	M-32	S12M-19	00:09:36	00:04:48	00:04:55			CARBALLO
39	675	JAIME	IGLESIAS	M-33	S14M-14	00:09:42	00:04:51	00:04:35			CARBALLO
40	637	MARCOS	COTELO GIL	M-34	S12M-20	00:09:43	00:04:52	00:04:40			CARBALLO
41	672	IAGO	GONZÁLEZ POMBO	M-35	S12M-21	00:09:44	00:04:52	00:04:40			CARBALLO
42	658	SIMÓN	FRAGA VILAS	M-36	S12M-22	00:09:44	00:04:52	00:04:38			CARBALLO
43	616	INÉS	BRIANSÓ SANTOS	F-7	S14F-3	00:09:46	00:04:53	00:04:46		TRIATLÓN MAR DE VIGO	VIGO
44	665	MARIO	GARCÍA FERNÁNDEZ	M-37	S14M-15	00:09:47	00:04:54	00:04:32			CARBALLO
45	725	RODRIGO	RAMA MALLO	M-38	S12M-23	00:09:50	00:04:55	00:04:43			CARBALLO
46	727	JAVIER	RECAREY EIRÍS	M-39	S12M-24	00:09:50	00:04:55	00:05:00			CARBALLO
47	759	NEREA	VARELA RAMA	F-8	S14F-4	00:09:52	00:04:56	00:04:42		CLUB SYSCA	LARACHA (A)
48	756	FABRICIO	TOBIA PASCUAL	M-40	S12M-25	00:09:54	00:04:57	00:04:43			CORUÑA (A)

49	635	BOSCO	COSTA ENRÍQUEZ	M-41	S14M-16	00:09:57	00:04:59	00:05:13		CARBALLO
50	639	LUCAS	COUSILLAS ANTELO	M-42	S12M-26	00:10:07	00:05:04	00:04:58		MALPICA DE BERGANTIÑOS
51	674	ALEJANDRO	GRILLE GARCÍA	M-43	S12M-27	00:10:09	00:05:05	00:05:00	A.D. FOGAR	CARBALLO
52	720	NICOLÁS	POSE MÉNDEZ	M-44	S12M-28	00:10:11	00:05:06	00:04:52		CARBALLO
53	627	XOEL	CASTRO LADO	M-45	S12M-29	00:10:14	00:05:07	00:05:03		CARBALLO
54	753	PABLO	TEIJEIRO SANTOS	M-46	S14M-17	00:10:19	00:05:10	00:04:52	PABLOTS	CARBALLO
55	653	HUGO	FRAGA	M-47	S12M-30	00:10:24	00:05:12	00:04:55		CARBALLO
56	623	ALBERTE	CANOSA VECIÑO	M-48	S12M-31	00:10:26	00:05:13	00:05:04		CARBALLO
57	700	JOSÉ MIGUEL	MIRÁS AGRELO	M-49	S12M-32	00:10:29	00:05:15	00:05:14		SANTIAGO DE COMPOSTELA
58	650	SAMUEL	FERREIRA MUIÑO	M-50	S12M-33	00:10:33	00:05:17	00:05:06		CARBALLO
59	703	TEO	MOURO VELO	M-51	S12M-34	00:10:35	00:05:18	00:05:01		CORISTANCO
60	762	NATALIA	VÁZQUEZ MORIS	F-9	S12F-5	00:10:37	00:05:19	00:04:41		CARBALLO
61	692	GUILLERMO	LLORENTE EIZAGUIRRE	M-52	S12M-35	00:10:45	00:05:23	00:05:44		SANTIAGO DE COMPOSTELA
62	684	MANUEL	LAVANDEIRA AMADO	M-53	S12M-36	00:10:47	00:05:24	00:05:14		CARBALLO
63	680	MARCOS	LAMAS ANGERIZ	M-54	S12M-37	00:10:49	00:05:25	00:04:47	A.D. FOGAR	CARBALLO
64	636	LEÓN	COSTA ENRÍQUEZ	M-55	S14M-18	00:10:50	00:05:25	00:04:52		CARBALLO
65	651	ANTÓN	FERREIRO CURES	M-56	S12M-38	00:10:52	00:05:26	00:05:13		CARBALLO
66	972	XIANA	FAYA QUEIJO	F-10	S12F-6	00:10:55	00:05:28	00:05:47		
67	622	ALEJANDRO	CANOSA EIRIS	M-57	S12M-39	00:10:56	00:05:28	00:05:12		CARBALLO
68	613	NEREA	BRANDON LAGE	F-11	S12F-7	00:10:57	00:05:29	00:04:47	A.D. FOGAR	CARBALLO
69	769	ADRIÁN	VILLAR REMUIÑÁN	M-58	S12M-40	00:10:59	00:05:30	00:05:15		CARBALLO
70	719	TERESA	POMBO VILAS	F-12	S12F-8	00:11:00	00:05:30	00:05:05		CARBALLO
71	752	NOA	SUAREZ RODRIGUEZ	F-13	S12F-9	00:11:00	00:05:30	00:04:46		CARBALLO
72	767	VAN TIEN	VELO CALO	M-59	S12M-41	00:11:01	00:05:31	00:04:56		CARBALLO
73	761	LAURA	VARELA TASENDE	F-14	S14F-5	00:11:02	00:05:31	00:05:05		CARBALLO
74	663	ADRIÁN	GARCÍA CASTRO	M-60	S12M-42	00:11:05	00:05:33	00:04:58		CARBALLO
75	648	BRUNO	FERNÁNDEZ RODRÍGUEZ	M-61	S12M-43	00:11:07	00:05:34	00:05:03	SD SOFAN	CARBALLO
76	743	LEO	SERRANO COTELO	M-62	S12M-44	00:11:07	00:05:34	00:05:18	A.D. FOGAR	CARBALLO
77	606	PEDRO	BALDOMIR RAMA	M-63	S12M-45	00:11:07	00:05:34	00:04:55		CARBALLO
78	617	NOA	CALVO ROJO	F-15	S14F-6	00:11:08	00:05:34	00:04:56		CARBALLO
79	695	UXÍA	LÓPEZ MILLARES	F-16	S14F-7	00:11:09	00:05:35	00:05:38	EL CANARIO	RIBEIRA
80	620	SERGIO	CANCELA FIGUEIRAS	M-64	S14M-19	00:11:11	00:05:36	00:04:54		CARBALLO
81	644	ZELTIA	DUBRA TRIGO	F-17	S14F-8	00:11:12	00:05:36	00:05:16		CARBALLO
82	749	MARTINA	SUAREZ GARCIA	F-18	S12F-10	00:11:14	00:05:37	00:05:30		CARBALLO
83	697	MATEO	MARTÍNEZ DÍAZ	M-65	S12M-46	00:11:18	00:05:39	00:05:11		CARBALLO
84	640	ZOE	COUSILLAS VAZQUEZ	F-19	S12F-11	00:11:22	00:05:41	00:05:00		ARTEIXO
85	755	FALLOU	THIOUNE	M-66	S12M-47	00:11:26	00:05:43	00:05:25		CARBALLO
86	763	JOSÉ ENRIQUE	VEIGA PAZOS	M-67	S12M-48	00:11:28	00:05:44	00:05:25		CARBALLO
87	673	AROA	GONZÁLEZ SANMARTIN	F-20	S12F-12	00:11:29	00:05:45	00:05:41		CARBALLO
88	687	CARLA	LEMA DÍAZ	F-21	S12F-13	00:11:36	00:05:48	00:05:21		CARBALLO
89	730	DANIELA	REY MIGUEZ	F-22	S12F-14	00:11:42	00:05:51	00:05:01		CARBALLO
90	643	NEREA	DOMÍNGUEZ AMEJEIRAS	F-23	S14F-9	00:11:43	00:05:52	00:05:07		CARBALLO
91	735	CAYETANA	RODRÍGUEZ FACAL	F-24	S12F-15	00:11:44	00:05:52	00:04:58		CARBALLO
92	733	MARIA	REYES CANCELA	F-25	S12F-16	00:11:44	00:05:52	00:05:08		CARBALLO
93	608	OLIVER	BARREIRO RODRÍGUEZ	M-68	S12M-49	00:11:56	00:05:58	00:05:44		CARBALLO
94	747	KEVIN	SOUTO MATO	M-69	S12M-50	00:11:56	00:05:58	00:05:17		CARBALLO
95	669	CARMEN	GARCÍA ROEL	F-26	S12F-17	00:12:04	00:06:02	00:05:37	A.D. FOGAR	CARBALLO
96	647	CARMEN	FERNANDEZ PICHEL	F-27	S12F-18	00:12:05	00:06:03	00:05:40		CARBALLO
97	656	NOA	FRAGA GARCÍA	F-28	S12F-19	00:12:07	00:06:04	00:05:47		CARBALLO
98	681	MIA	LAMAS LAGOA	F-29	S12F-20	00:12:08	00:06:04	00:05:47		CARBALLO
99	713	ROMAN	PÉREZ BALBOA	M-70	S12M-51	00:12:11	00:06:06	00:05:11		CARBALLO
100	718	MANUEL	POMBO MIRA	M-71	S12M-52	00:12:11	00:06:06	00:05:07		CARBALLO
101	741	AINARA	SANCHEZ NUÑEZ	F-30	S12F-21	00:12:26	00:06:13	00:05:45	A.D.MEDIADUCIA	CARBALLO
102	626	SARA	CASTRO GOMEZ	F-31	S12F-22	00:12:27	00:06:14	00:05:18		CARBALLO
103	679	IVÁN	LAMAS	M-72	S14M-20	00:12:29	00:06:15	00:05:07	A.D.MEDIADUCIA	CARBALLO

104	765	ICÍA	VELASCO CURES	F-32	S14F-10	00:12:31	00:06:16	00:05:20	MALPICA DE BERGANTIÑOS
105	625	BRAIS	CASTRO ANTELO	M-73	S14M-21	00:12:35	00:06:18	00:05:22	CARBALLO
106	694	ANTIA	LOPEZ LOPEZ	F-33	S12F-23	00:12:37	00:06:19	00:05:45	CORUÑA (A)
107	630	BERTA	CASTRO SEOANE	F-34	S12F-24	00:12:40	00:06:20	00:05:30	CARBALLO
108	721	ROCIO	PUENTE NIETO	M-74	S12M-53	00:12:41	00:06:21	00:05:51	CARBALLO
109	737	ALBA	RODRIGUEZ NAYA	F-35	S12F-25	00:12:42	00:06:21	00:05:46	CARBALLO
110	722	MIGUEL	PUGA PUENTE	M-75	S12M-54	00:12:52	00:06:26	00:05:58	CARBALLO
111	612	MARIA EMILIA	BORJA SANCHEZ	F-36	S12F-26	00:12:58	00:06:29	00:05:44	CARBALLO
112	696	ALEJANDRO	LOUREIRO VILANOVA	M-76	S12M-55	00:13:07	00:06:34	00:06:02	CARBALLO
113	746	CHRISTIAN	SOLLA AGRA	M-77	S12M-56	00:13:09	00:06:35	00:06:01	CARBALLO
114	734	MATEO	RODRÍGUEZ ÁLVAREZ	M-78	S12M-57	00:13:12	00:06:36	00:06:17	CARBALLO
115	649	SOFÍA	FERNÁNDEZ SÁNCHEZ	F-37	S12F-27	00:13:20	00:06:40	00:05:55	CARBALLO
116	691	RAÚL	LISTA MUÑOZ	M-79	S12M-58	00:13:30	00:06:45	00:06:26	CARBALLO
117	677	JULIA	LADO LÓPEZ	F-38	S14F-11	00:13:34	00:06:47	00:05:59	CARBALLO
118	726	JOEL	RAPOSO RODRIGUEZ	M-80	S12M-59	00:13:38	00:06:49	00:06:22	CARBALLO
119	690	CARLA	LEMA LEMA	F-39	S12F-28	00:14:20	00:07:10	00:06:20	CARBALLO
120	628	CLAUDIA	CASTRO MOURELLE	F-40	S12F-29	00:14:20	00:07:10	00:06:20	CARBALLO
121	605	ADELA	BALDOMIR MOREIRA	F-41	S12F-30	00:14:31	00:07:16	00:06:27	CARBALLO
122	716	DAVID	PEREZ VAZQUEZ	M-81	S14M-22	00:14:39	00:07:20	00:05:59	CARBALLO
123	619	AROA	CAMPOS ROMERO	F-42	S12F-31	00:14:41	00:07:21	00:06:12	CARBALLO
124	614	ALEX	BRANDON PANTAZE	M-82	S12M-60	00:14:58	00:07:29	00:07:06	CARBALLO
125	632	LAURA	CAYON GARCIA	F-43	S14F-12	00:15:47	00:07:54	00:06:26	CARBALLO
126	685	NATALIA	LAVANDEIRA POSE	F-44	S12F-32	00:16:05	00:08:03	00:07:54	CARBALLO

10K CARBALLO X CARREIRA POPULAR CONCELLO DE CARBALLO

SUB10

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	T. Oficial	Ritmo	T. 475m	Licenza	Club	Localidade
1	839	HUGO	CORDAL AMARELLE	M-1	S10M-1	00:03:09	00:03:19	00:01:27	AG11535	C.A.CAMBADOS SEGUROS NOVAL	CAMBADOS
2	886	BREIXO	LÓPEZ MILLARES	M-2	S10M-2	00:03:30	00:03:41	00:01:50		EL CANARIO	RIBEIRA
3	978	DIEGO	TURI VARELA	M-3	S10M-3	00:03:30	00:03:41	00:01:36			
4	935	SERGIO	REINO BARREIRO	M-4	S10M-4	00:03:33	00:03:44	00:01:48		A.D. FOGAR	CARBALLO
5	802	LUCAS	AGEITOS ROMERO	M-5	S10M-5	00:03:35	00:03:46	00:01:51		NATACIÓN RIBEIRA	RIBEIRA
6	966	DAVID	VÁZQUEZ MORIS	M-6	S10M-6	00:03:40	00:03:52	00:01:43			CARBALLO
7	883	XOEL	LIRES VIDAL	M-7	S10M-7	00:03:51	00:04:03	00:01:54			VIMIANZO
8	956	TELMO	TASENDE SERRANO	M-8	S10M-8	00:03:56	00:04:08	00:01:46			CARBALLO
9	920	JORGE	POMBO RODRIGUEZ	M-9	S10M-9	00:03:57	00:04:10	00:02:04			CARBALLO
10	926	NOA	PUGA BERTOÁ	F-1	S10F-1	00:03:59	00:04:12	00:01:58		SYSCA	CORISTANCO
11	844	YOEL	COTELO MARIÑO	M-10	S10M-10	00:04:01	00:04:14	00:01:53			CARBALLO
12	841	DIEGO JOSÉ	CORRO RUMBOS	M-11	S10M-11	00:04:02	00:04:14	00:01:55			CARBALLIÑO
13	816	PAULA	BOLÓN COTELO	F-2	S10F-2	00:04:03	00:04:16	00:01:55			CARBALLO
14	837	BORJA	COLLAZO FRAGA	M-12	S10M-12	00:04:04	00:04:17	00:01:58			CARBALLO
15	830	JORGE	CASAL COTELO	M-13	S10M-13	00:04:06	00:04:19	00:01:56			CARBALLO
16	868	MANUEL	GIL BRANDON	M-14	S10M-14	00:04:07	00:04:20	00:01:58			CARBALLO
17	811	ENZO	BARCA RIVAS	M-15	S10M-15	00:04:07	00:04:20	00:01:58		CLUB ATLETISMO O PINO	CARBALLO
18	947	ADRIÁN	SANMARTÍN FERREIRO	M-16	S10M-16	00:04:07	00:04:20	00:02:04			PONTECESO
19	980	RUBEN	MENDEZ GIL	M-17	S10M-17	00:04:09	00:04:22	00:01:58			
20	957	MANUEL	TATO REY	M-18	S10M-18	00:04:10	00:04:23	00:01:51			CARBALLO
21	953	ALEJANDRO	SUAREZ VERDES	M-19	S10M-19	00:04:10	00:04:23	00:01:59			CARBALLO
22	889	MARIO	MALLO LISTA	M-20	S10M-20	00:04:11	00:04:24	00:01:59			CARBALLO
23	905	MARTÍN	PATIÑO RÍOS	M-21	S10M-21	00:04:11	00:04:24	00:02:01		NATACIÓN RIBEIRA	RIBEIRA
24	819	JAIME	BUÑO FRAGÍO	M-22	S10M-22	00:04:13	00:04:26	00:01:53			CARBALLO
25	959	JUANJO	TUDO CANCELA	M-23	S10M-23	00:04:14	00:04:28	00:01:54			CARBALLO
26	881	NOA	LEMA FERNANDEZ	F-3	S10F-3	00:04:15	00:04:29	00:01:51			CARBALLO
27	902	ALBERTO	NOVO BELLO	M-24	S10M-24	00:04:16	00:04:29	00:02:08			CARBALLO
28	958	ALEXANDRE	TRIGO SÁNCHEZ	M-25	S10M-25	00:04:17	00:04:31	00:02:05			CARBALLO
29	891	JAVIER	MARIÑO BARREIRA	M-26	S10M-26	00:04:18	00:04:32	00:01:59			CARBALLO
30	805	RAÚL	ÁLVAREZ PÉREZ	M-27	S10M-27	00:04:19	00:04:33	00:02:05			CARBALLO
31	928	DAREK	PUIG CONTRERAS	M-28	S10M-28	00:04:20	00:04:34	00:01:59			CARBALLO
32	866	PABLO IAGO	GARCIA FARIÑA	M-29	S10M-29	00:04:21	00:04:34	00:02:13			CARBALLO
33	855	NOELIA	FERNANDEZ LAMAS	F-4	S10F-4	00:04:22	00:04:36	00:01:59			CARBALLO
34	893	CARLOTA	MARTINEZ FUSTE	F-5	S10F-5	00:04:22	00:04:36	00:02:09			CARBALLO
35	858	SOFIA	FERNÁNDEZ SUÁREZ	F-6	S10F-6	00:04:25	00:04:38	00:02:06			CARBALLO
36	853	ANTON	FERNÁNDEZ DOMATO	M-30	S10M-30	00:04:25	00:04:39	00:02:12			CARBALLO
37	818	CATALINA GRACE	BOWDITCH VILA	F-7	S10F-7	00:04:25	00:04:39	00:02:09		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
38	890	NAROA	MALLÓN RODRÍGUEZ	F-8	S10F-8	00:04:27	00:04:41	00:02:10			CARBALLO
39	946	ÓSCAR	SÁNCHEZ POMBO	M-31	S10M-31	00:04:27	00:04:41	00:02:04			CARBALLO
40	828	ANA	CARRACEDO VARELA	F-9	S10F-9	00:04:30	00:04:44	00:02:11			CARBALLO
41	888	ENCARNACIÓN UXÍA	MALLO ALBARRÁN	F-10	S10F-10	00:04:33	00:04:47	00:02:24			CARBALLO
42	901	DAVID	NIETO GOMES	M-32	S10M-32	00:04:33	00:04:48	00:02:07			CARBALLO
43	814	MARTÍN	BLANCO VALIÑA	M-33	S10M-33	00:04:35	00:04:49	00:02:08			CARBALLO
44	824	HUGO	CANCELA NOGUEIRA	M-34	S10M-34	00:04:35	00:04:49	00:02:12			CARBALLO

45	911	ADAM	PEREIRA PAZOS	M-35	S10M-35	00:04:35	00:04:50	00:02:02	CARBALLO
46	852	DIEGO	FERNANDEZ CASTRO	M-36	S10M-36	00:04:35	00:04:50	00:02:17	CARBALLO
47	864	JOEL	GAGO DÍAZ	M-37	S10M-37	00:04:35	00:04:50	00:02:14	CARBALLO
48	803	LOBEL MANUEL	ALCÁNTARA VÁZQUEZ	M-38	S10M-38	00:04:36	00:04:50	00:02:07	CARBALLO
49	850	ARTUR	DE MATOS GARCÍA	M-39	S10M-39	00:04:38	00:04:52	00:02:31	CARBALLO
50	932	VICTORIA	RAMOS VARELA	F-11	S10F-11	00:04:38	00:04:52	00:02:09	CARBALLO
51	952	XOEL	SUÁREZ VARELA	M-40	S10M-40	00:04:38	00:04:53	00:02:11	CLUB CICLISTA CARBALLO
52	822	BRAIS	CAMBEIRO RODRIGUEZ	M-41	S10M-41	00:04:39	00:04:54	00:02:13	ASOCIACIÓN DEPORTIVA OLIMPIA
53	914	XURXO	PEREIRO MENDEZ	M-42	S10M-42	00:04:39	00:04:54	00:02:10	CARBALLO
54	945	MANUEL	SÁNCHEZ COUSILLAS	M-43	S10M-43	00:04:40	00:04:55	00:02:08	CARBALLO
55	955	AROA	TAJES VAZQUEZ	F-12	S10F-12	00:04:41	00:04:55	00:02:16	CAMARIÑAS
56	821	LEO	CALVO ABELENDIA	M-44	S10M-44	00:04:42	00:04:56	00:02:08	CARBALLO
57	832	SERGIO	CASTRO ANTELO	M-45	S10M-45	00:04:42	00:04:57	00:02:20	CARBALLO
58	942	XIÁN	ROMERO VARELA	M-46	S10M-46	00:04:43	00:04:58	00:02:10	CARBALLO
59	934	ANXO	REGUEIRA FERNANDEZ	M-47	S10M-47	00:04:43	00:04:58	00:02:12	CARBALLO
60	857	XOÁN	FERNÁNDEZ SÁNCHEZ	M-48	S10M-48	00:04:44	00:04:59	00:02:15	CARBALLO
61	924	SAÚL	POSE COTELO	M-49	S10M-49	00:04:44	00:04:59	00:02:08	CARBALLO
62	847	TEO	COUTO MARTÍNEZ	M-50	S10M-50	00:04:44	00:04:59	00:02:23	OS MOLONDROS
63	930	STELLA	RAMA DUBRA	F-13	S10F-13	00:04:44	00:04:59	00:02:09	CARBALLO
64	929	MARIÑA	QUEIRO RODRÍGUEZ	F-14	S10F-14	00:04:48	00:05:03	00:02:24	CARBALLO
65	950	CHLOÉ	SUAREZ COTELO	F-15	S10F-15	00:04:51	00:05:06	00:02:15	CARBALLO
66	898	MARCOS	MOREIRA LORENZO	M-51	S10M-51	00:04:52	00:05:07	00:02:14	CARBALLO
67	876	ROQUE	LAMAS GONZALEZ	M-52	S10M-52	00:04:52	00:05:07	00:02:14	CARBALLO
68	939	JORGE GERMÁN	RODRÍGUEZ FACAL	M-53	S10M-53	00:04:53	00:05:08	00:01:39	CARBALLO
69	937	SARA	RÍOS CASTRO	F-16	S10F-16	00:04:54	00:05:09	00:02:26	CARBALLO
70	944	PEDRO	SANCHEZ CASTRO	M-54	S10M-54	00:04:54	00:05:09	00:02:09	CARBALLO
71	810	TIRSO	BALDOMIR MOREIRA	M-55	S10M-55	00:04:54	00:05:09	00:02:17	CARBALLO
72	873	HELIA	IGLESIAS COTELO	F-17	S10F-17	00:04:55	00:05:10	00:02:28	CARBALLO
73	833	ALEJANDRO	CATALÁN CASTRO	M-56	S10M-56	00:04:55	00:05:11	00:02:24	CARBALLO
74	900	LOLA	NEGREIRA MARIÑO	F-18	S10F-18	00:04:55	00:05:11	00:02:22	LARACHA (A)
75	869	MATEO	GONZÁLEZ BUSTO	M-57	S10M-57	00:04:57	00:05:12	00:02:33	CARBALLO
76	848	ALICIA	CRESPO QUEIJO	F-19	S10F-19	00:04:57	00:05:12	00:02:36	CARBALLO
77	870	ESTELA	GONZÁLEZ VILAS	F-20	S10F-20	00:04:58	00:05:14	00:02:37	A.D. FOGAR
78	971	HECTOR	VIÑA LISTE	M-58	S10M-58	00:04:58	00:05:14	00:02:16	CARBALLO
79	804	ESTELA	ÁLVAREZ CAAMAÑO	F-21	S10F-21	00:04:58	00:05:14	00:02:22	LARACHA (A)
80	895	NOA	MÉNDEZ POSE	F-22	S10F-22	00:04:59	00:05:15	00:02:30	ABELLARIZA
81	903	HUGO	NOYA LAGE	M-59	S10M-59	00:05:00	00:05:15	00:02:24	CARBALLO
82	916	DIEGO	PÉREZ BALBOA	M-60	S10M-60	00:05:01	00:05:16	00:02:23	CARBALLO
83	913	JULIA	PEREIRA YAÑEZ	F-23	S10F-23	00:05:01	00:05:17	00:02:26	CARBALLO
84	910	ADRIÁN	PEREIRA CASTRO	M-61	S10M-61	00:05:01	00:05:17	00:02:18	CARBALLO
85	834	IRIA	CEA TIZÓN	F-24	S10F-24	00:05:01	00:05:17	00:02:13	CARBALLO
86	933	HUGO	REGUEIRA COLLAZO	M-62	S10M-62	00:05:02	00:05:18	00:02:19	CARBALLO
87	909	PAULA	PENA REY	F-25	S10F-25	00:05:02	00:05:18	00:02:25	CARBALLO
88	838	SABELA	COLLAZO RODRÍGUEZ	F-26	S10F-26	00:05:02	00:05:18	00:02:24	CARBALLO
89	808	CAROLINA	AÑÓN CASÁS	F-27	S10F-27	00:05:03	00:05:19	00:02:17	CARBALLO
90	954	ALBA	SUAREZ VILLAR	F-28	S10F-28	00:05:03	00:05:19	00:02:25	CARBALLO
91	938	LUCÍA	RODRÍGUEZ ABELENDIA	F-29	S10F-29	00:05:03	00:05:19	00:02:17	CARBALLO
92	892	ALEXIA	MARIÑO GARCÍA	F-30	S10F-30	00:05:05	00:05:21	00:02:21	CARBALLO
93	836	Sin Datos del Dorsal		-0		00:05:05	00:05:21	00:02:24	
94	856	PEDRO	FERNANDEZ PICHEL	M-63	S10M-63	00:05:05	00:05:21	00:02:17	CARBALLO
95	882	DANIEL	LIÑARES LÓPEZ	M-64	S10M-64	00:05:05	00:05:21	00:02:18	CARBALLO

96	960	MANUEL	TUSET LORENZO	M-65	S10M-65	00:05:07	00:05:23	00:02:11	CARBALLO
97	925	XIÁN	POSE SEÑARÍS	M-66	S10M-66	00:05:08	00:05:24	00:02:19	CARBALLO
98	969	CARMEN	VEIRA LAMAS	F-31	S10F-31	00:05:08	00:05:25	00:02:22	CARBALLO
99	899	SARA	MUÑIZ COUTO	F-32	S10F-32	00:05:09	00:05:25	00:02:25	CARBALLO
100	931	HUGO	RAMILO REYES	M-67	S10M-67	00:05:10	00:05:26	00:02:25	CARBALLO
101	871	CANDELA	IGLESIAS	F-33	S10F-33	00:05:11	00:05:28	00:02:32	CARBALLO
102	874	PAULA	IGLESIAS MALLO	F-34	S10F-34	00:05:12	00:05:28	00:02:33	CARBALLO
103	842	VALENTÍN	COSTA MARTÍNEZ	M-68	S10M-68	00:05:12	00:05:28	00:02:26	CARBALLO
104	827	MARÍA	CARRACEDO RODRÍGUEZ	F-35	S10F-35	00:05:13	00:05:29	00:02:30	CARBALLO
105	831	PABLO	CASTRO ANTELO	M-69	S10M-69	00:05:13	00:05:29	00:02:36	CARBALLO
106	820	INES	CAAMAÑO PUGA	F-36	S10F-36	00:05:13	00:05:30	00:02:36	CARBALLO
107	854	MARTINA	FERNANDEZ LAMAS	F-37	S10F-37	00:05:15	00:05:31	00:02:21	CARBALLO
108	885	ANDRÉ	LÓPEZ CALLE	M-70	S10M-70	00:05:16	00:05:33	00:02:31	TEO
109	863	RODRIGO	FRAGA GARCIA	M-71	S10M-71	00:05:17	00:05:34	00:02:28	CARBALLO
110	908	BREOGÁN	PENA POMBO	M-72	S10M-72	00:05:17	00:05:34	00:02:27	CORME
111	922	ANDREA	POSE CABEZA	F-38	S10F-38	00:05:17	00:05:34	00:02:30	CARBALLO
112	845	LARA	COUTO CANCELA	F-39	S10F-39	00:05:17	00:05:34	00:02:31	CARBALLO
113	862	GAEL	FERREIRO PUGA	M-73	S10M-73	00:05:18	00:05:34	00:02:42	CEIP FOGAR
114	964	KEVIN	VARELA URES	M-74	S10M-74	00:05:18	00:05:34	00:02:35	CARBALLO
115	917	LEIRE	PÉREZ LEMA	F-40	S10F-40	00:05:18	00:05:35	00:02:32	CARBALLO
116	912	ÚRSULA	PEREIRA SALGADO	F-41	S10F-41	00:05:19	00:05:35	00:02:23	CARBALLO
117	906	NICOLÁS	PELOCHE VILLA	M-75	S10M-75	00:05:20	00:05:36	00:02:23	CARBALLO
118	961	XOEL	VARELA DE LA CRUZ	M-76	S10M-76	00:05:20	00:05:37	00:02:29	CARBALLO
119	849	SOFIA	DE MAGALHAES DIDE	F-42	S10F-42	00:05:20	00:05:37	00:02:25	CARBALLO
120	823	CELIA	CANCELA FIGUEIRAS	F-43	S10F-43	00:05:20	00:05:37	00:02:24	CARBALLO
121	940	JULIA	ROEL VARELA	F-44	S10F-44	00:05:21	00:05:38	00:02:32	CARBALLO
122	872	IAGO	IGLESIAS ARIJON	M-77	S10M-77	00:05:22	00:05:39	00:02:41	CARBALLO
123	921	MARTINA	PORTEIRO MUIÑO	F-45	S10F-45	00:05:22	00:05:39	00:02:42	CARBALLO
124	859	MARTINA	FERREIRA MUIÑO	F-46	S10F-46	00:05:23	00:05:40	00:02:44	CARBALLO
125	894	ARITZ	MATA GARCIA	M-78	S10M-78	00:05:24	00:05:41	00:02:27	CARBALLO
126	896	JUAN PABLO	MEZA GRISALES	M-79	S10M-79	00:05:24	00:05:41	00:02:36	CARBALLO
127	867	LUCIA	GARCÍA FERNÁNDEZ	F-47	S10F-47	00:05:26	00:05:43	00:02:29	CARBALLO
128	846	ALBA	COUTO FESTINI	F-48	S10F-48	00:05:26	00:05:43	00:02:30	CARBALLO
129	915	MSNUEL	PEREIRO SUAREZ	M-80	S10M-80	00:05:28	00:05:46	00:02:32	CARBALLO
130	815	NOA	BOLÓN ANTIQUEIRA	F-49	S10F-49	00:05:29	00:05:47	00:02:32	CARBALLO
131	809	NOELIA	ARAN LAMAS	F-50	S10F-50	00:05:31	00:05:49	00:02:32	CARBALLO
132	877	LUCIA	LAMAS PEREZ	F-51	S10F-51	00:05:33	00:05:51	00:02:33	LARACHA (A)
133	860	MANUEL	FERREIRO CURES	M-81	S10M-81	00:05:36	00:05:53	00:02:37	CARBALLO
134	963	UXÍA	VARELA PARDIÑO	F-52	S10F-52	00:05:36	00:05:54	00:02:36	CORISTANCO
135	967	OLIVIA	CAAMAÑO VARELA	F-53	S10F-53	00:05:37	00:05:55	00:02:34	CARBALLO
136	829	MARA	CARRACEDO VILA	F-54	S10F-54	00:05:37	00:05:55	00:02:34	CARBALLO
137	825	NOA	CANCELA VARELA	F-55	S10F-55	00:05:38	00:05:56	00:02:32	CARBALLO
138	936	LUCIA	REMUIÑAN VEIGA	F-56	S10F-56	00:05:38	00:05:56	00:02:34	CARBALLO
139	918	CLOE	PÉREZ RAMA	F-57	S10F-57	00:05:40	00:05:57	00:02:46	CARBALLO
140	919	VICTOR	PEREZ RODRIGUEZ	M-82	S10M-82	00:05:42	00:06:00	00:02:27	CARBALLO
141	941	AITANA	ROJO PUENTE	F-58	S10F-58	00:05:42	00:06:00	00:02:28	CARBALLO
142	878	MARTINA	LAVANDEIRA POSE	F-59	S10F-59	00:05:43	00:06:01	00:02:38	CARBALLO
143	897	LAURA	MIRA AMADO	F-60	S10F-60	00:05:44	00:06:02	00:02:39	CARBALLO
144	970	ERIK	VILANOVA BRANDON	M-83	S10M-83	00:05:45	00:06:03	00:02:40	CARBALLO
145	951	AINHOA	SUAREZ GAREA	F-61	S10F-61	00:05:52	00:06:10	00:02:47	CARBALLO
146	962	HUGO	VARELA FILGUEIRA	M-84	S10M-84	00:05:59	00:06:17	00:02:49	CARBALLO

147	835	ELISA	CEREIJO MOSQUERA	F-62	S10F-62	00:06:02	00:06:21	00:02:47	CARBALLO
148	812	AINARA	BARREIRA MILLE	F-63	S10F-63	00:06:04	00:06:24	00:02:44	CARBALLO
149	968	IGNACIO	VEIGA PAZOS	M-85	S10M-85	00:06:08	00:06:28	00:02:54	CARBALLO
150	807	MARIÑA	ANIDO CAAMAÑO	F-64	S10F-64	00:06:21	00:06:41	00:02:52	CARBALLO