

V CARREIRA POPULAR MATOGRADE, A Coruña 19/01/2020

Absoluta. Distancia: 6.625 m

V CARREIRA POPULAR
> MATOGRADE
19/01/20


Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Control	Licenza	Club	Localidade
1	12	ANGEL CASTRO VARELA		SNM- 1	00:21:48	00:03:18	00:21:48	00:03:18	00:15:10	AG2016310	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
2	1	ABDELAZIZ FATIHI CHHIMA		SNM- 2	00:22:23	00:03:23	00:22:23	00:03:23	00:15:34			LA CORUÑA
3	184	CRISTIAN MUIÑO VARELA		SNM- 3	00:22:48	00:03:27	00:22:48	00:03:27	00:15:44		TRIATLON ARCADE INFORHOUSE SANTIAGO	CORISTANCO
4	2	RUBÉN LIÑARES ARÁN		MS2M- 1	00:22:56	00:03:28	00:22:55	00:03:28	00:15:58			A CORUÑA
5	171	JOSE MARIA SANCHEZ SAN LUIS		MS1M- 1	00:23:01	00:03:29	00:23:00	00:03:29	00:16:03	AG-2027751	SAR-VERMU PETRONI	CULLEREDO
6	702	DAVID FERNÁNDEZ ARGUL		SUB20M- 1	00:23:09	00:03:30	00:23:05	00:03:30	00:16:10		ATLETISMO CORUÑA COMARCA	A CORUÑA
7	436	ALEJANDRO SERRANO BUJAN		MS2M- 2	00:23:14	00:03:31	00:23:13	00:03:31	00:16:09			LA CORUÑA
8	35	BRUNO GARCIA CERDEIRAS		MS3M- 1	00:23:15	00:03:31	00:23:15	00:03:31	00:16:10	AG2018883	ATLETAS DE ACEA DE AMA	CULLEREDO
9	95	CARLOS IGLESIAS AREA		MS1M- 2	00:23:41	00:03:35	00:23:39	00:03:35	00:16:29	AG2015548	CLUB SAN MIGUEL DE MARÍN	MARIN
10	53	ANGEL MACEIRAS LAGO		MS3M- 2	00:23:45	00:03:36	00:23:44	00:03:35	00:16:28	AG2014771	ATLETISMO SAR VERMU-PETRONI	O BURGO
11	337	JORGE MARTÍNEZ GÓMEZ		SNM- 4	00:23:49	00:03:36	00:23:48	00:03:36	00:16:36			A CORUÑA
12	434	JAVIER SEOANE PUGA		MS3M- 3	00:23:51	00:03:36	00:23:50	00:03:36	00:16:36			CARBALLO
13	170	ADRIÁN ROJO LUACES		SNM- 5	00:23:57	00:03:37	00:23:56	00:03:37	00:16:35		SAR-VERMU PETRONI	CAMARIÑAS
14	242	JAVIER DE DIOS RODRIGUEZ		SNM- 6	00:24:12	00:03:40	00:24:10	00:03:39	00:16:53			NIÑODAGUIA
15	81	LUCIANO JESÚS CARRETERO SANCHEZ		MS1M- 3	00:24:13	00:03:40	00:24:11	00:03:39	00:17:01		CLUB CICLISTA CAMBRE	A CORUÑA
16	157	XAQUIN BUGALLO DEL PUERTO		MS2M- 3	00:24:15	00:03:40	00:24:14	00:03:40	00:17:01		RUNNING OLEIROS	O BURGO
17	13	OSCAR DIEGUEZ PINTOR		MS1M- 4	00:24:17	00:03:40	00:24:14	00:03:40	00:16:59	AG 2016316	ASOCIACIÓN DEPORTIVA CERNE	ARZÚA
18	73	NICOLAS FERNANDO BAS ROTH		SNM- 7	00:24:17	00:03:40	00:24:16	00:03:40	00:16:56	AG2024034	CLUB ATLETISMO SADA	CULLEREDO
19	45	FERNANDO VAZQUEZ ARES		MS2M- 4	00:24:29	00:03:42	00:24:27	00:03:42	00:16:57		ATLETAS DE ACEA DE AMA	CULLEREDO
20	20	JAVIER ÁLVAREZ VARELA		MS2M- 5	00:24:30	00:03:42	00:24:28	00:03:42	00:17:17		ATLETAS DE ACEA DE AMA	OLEIROS
21	29	ALBERTO CASTRO SANCHEZ		MS2M- 6	00:24:35	00:03:43	00:24:32	00:03:43	00:17:19	AG 2021965	ATLETAS DE ACEA DE AMA	VILABO-A-CULLEREDO
22	64	EMILIO MARTINEZ ANTA		MS5M- 1	00:24:52	00:03:46	00:24:51	00:03:45	00:17:18	GA20450	C.D. EGÓVARRROS-VIVEIRO	A CORUÑA
23	707	OSCAR MACEIRAS LAGO		SUB20M- 2	00:24:54	00:03:46	00:24:53	00:03:46	00:17:20		CLUB ATLETISMO SAR VERMUT PETRONI	CULLEREDO
24	25	CESAR BARRIOS GONZALEZ		MS3M- 4	00:25:03	00:03:47	00:25:02	00:03:47	00:17:28		ATLETAS DE ACEA DE AMA	A CORUÑA
25	328	JOSE LOSADA PEREZ		MS2M- 7	00:25:15	00:03:49	00:25:13	00:03:49	00:17:42			A CORUÑA
26	48	ANDRÉS FLÓREZ PÉREZ		MS1M- 5	00:25:16	00:03:49	00:25:13	00:03:49	00:17:52		ATLETISMO CORUÑA COMARCA	PONFERRADA
27	10	SERGIO MONTEAGUDO RODRIGUEZ		MS1M- 6	00:25:24	00:03:50	00:25:22	00:03:50	00:17:40		AQA COMPLEXOS	A CORUÑA
28	154	RICARDO ALONSO FERNANDEZ		MS2M- 8	00:25:25	00:03:51	00:25:23	00:03:50	00:17:41		RUNNING ARTEIXO	VERÍN
29	38	SIMON LOPEZ EIROA		MS3M- 5	00:25:38	00:03:53	00:25:36	00:03:52	00:18:12		ATLETAS DE ACEA DE AMA	PERILLO OLEIROS
30	22	ADRIÁN BAO LÓPEZ		SUB23M- 1	00:25:39	00:03:53	00:25:36	00:03:52	00:18:14		ATLETAS DE ACEA DE AMA	O BURGO
31	275	ALBERTO FRAGA SUAREZ		SNM- 8	00:25:39	00:03:53	00:25:36	00:03:52	00:18:02			A CORUÑA
32	239	DAVID CHAS ÁLVAREZ		SNM- 9	00:25:41	00:03:53	00:25:38	00:03:53	00:17:40			A CORUÑA
33	173	CARLOS SANTOS MARTINEZ		MS2M- 9	00:25:42	00:03:53	00:25:41	00:03:53	00:18:10		SIEIRO RUNNING	A CORUÑA
34	1051	FRANCO RAMOS CARBALLEDO		MS2M- 10	00:25:43	00:03:53	00:25:40	00:03:53	00:18:04			A CORUÑA
35	465	GUSTAVO VILLAR PÉREZ		MS2M- 11	00:25:49	00:03:54	00:25:48	00:03:54	00:18:15			A CORUÑA
36	44	IVAN VARELA BARREIRO		MS3M- 6	00:25:51	00:03:55	00:25:49	00:03:54	00:18:11		ATLETAS DE ACEA DE AMA	CULLEREDO
37	783	TAMIRAT MEDÍN VÁZQUEZ		SUB20M- 3	00:25:52	00:03:55	00:25:51	00:03:54	00:18:02			CAMBRE
38	782	ALFONSO MASEDA VARELA		MS2M- 12	00:25:56	00:03:55	00:25:51	00:03:55	00:18:02			A CORUÑA
39	7	RUBEN REBORIDO REBOREDO		MS1M- 7	00:25:57	00:03:55	00:25:55	00:03:55	00:18:03		AD JARNACHAS	ARTEIXO
40	68	IVAN SEGADO CAROU		MS1M- 8	00:26:07	00:03:57	00:26:03	00:03:56	00:18:21	AG-766602	CLUB ATLETISMO BOIMORTO	A CORUÑA
41	155	JOSE MANUEL PENA SUAREZ		MS3M- 7	00:26:07	00:03:57	00:26:05	00:03:57	00:18:26		RUNNING ARTEIXO	ARTEIXO
42	153	JOSE CARLOS PEREIRA REY		MS4M- 1	00:26:07	00:03:57	00:26:03	00:03:56	00:18:21		RUNNING ARTEIXO	ARTEIXO
43	94	ALFONSO SOTO GUTIÉRREZ		MS1M- 9	00:26:11	00:03:58	00:26:09	00:03:57	00:18:16		CLUB MARINEDA ATLETICO	A CORUÑA
44	158	JUAN CARLOS CASTRO FERNANDEZ		MS1M- 10	00:26:14	00:03:58	00:26:13	00:03:58	00:18:26		RUNNING OLEIROS	OLEIROS
45	175	MATEO CABODEVILA PIVIDAL		SNM- 10	00:26:18	00:03:59	00:26:16	00:03:58	00:18:16		SOCIEDADE DEPORTIVA ALBIONS	A PONTENOVA
46	427	ALEJANDRO SANCHEZ RAMOS		MS2M- 13	00:26:19	00:03:59	00:26:17	00:03:58	00:18:18			A CORUÑA
47	209	RAUL BARBEITO GESTAL		MS2M- 14	00:26:22	00:03:59	00:26:19	00:03:59	00:18:21			MEICENDE
48	178	JUAN MANUEL CEBEY RODRIGUEZ		SNM- 11	00:26:24	00:04:00	00:26:21	00:03:59	00:18:18		TAMBRE BIKE	A CORUÑA
49	181	FÉLIX ROGET PÉREZ		MS1M- 11	00:26:26	00:04:00	00:26:20	00:03:59	00:18:22		TERRA DE SONEIRA C.D.	VIMIANZO
50	355	RAMON EUGENIO MOSQUERA SILVA		MS2M- 15	00:26:27	00:04:00	00:26:23	00:03:59	00:18:27			LA CORUÑA
51	132	ANTONIO BAAMONDE SANDE		MS3M- 8	00:26:31	00:04:01	00:26:25	00:04:00	00:18:28		NOSPORTLIMIT	A CORUÑA
52	1048	SUSO PENSAO FIGUEIRAS		MS3M- 9	00:26:31	00:04:01	00:26:24	00:04:00	00:18:36			CABOVILAÑO-A LARACHA
53	1006	JUAN CARLOS VAZQUEZ GRELA		MS1M- 12	00:26:34	00:04:01	00:26:28	00:04:00	00:18:35		NOSPORTLIMIT	LA CORUÑA
54	92	ALVARO LOPEZ JACOME		MS2M- 16	00:26:42	00:04:02	00:26:39	00:04:02	00:18:47		CLUB LEONES TEAM BEER RUNNERS!!!!!!	A CORUÑA
55	1017	ANGEL CASTAÑEDA FRAGA		SNM- 12	00:26:45	00:04:03	00:26:40	00:04:02	00:18:50			A CORUÑA
56	14	JOSÉ ANTONIO GARCÍA MÉNDEZ		MS2M- 17	00:26:46	00:04:03	00:26:41	00:04:02	00:18:46	AG2021736	ASOCIACIÓN DEPORTIVA CERNE	A CORUÑA
57	224	HÉCTOR CAJARAVILLE ARAÚJO		MS3M- 10	00:26:47	00:04:03	00:26:43	00:04:02	00:18:44			SANTIAGO DE COMPOSTELA
58	80	DANIEL PEREIRA ALONSO		SNM- 13	00:26:51	00:04:04	00:26:42	00:04:02	00:19:06		CLUB CICLISTA ARAGONTA	SALCEDA DE CASELAS
59	448	FERNANDO JOSÉ VARELA CASTRO		SNM- 14	00:26:53	00:04:04	00:26:50	00:04:03	00:18:47			A CORUÑA
60	282	ALFONSO GARCIA BELLO		MS4M- 2	00:26:54	00:04:04	00:26:53	00:04:04	00:18:53			CAMBRE
61	763	FRANCISCO GÓMEZ SUEIRAS		MS4M- 3	00:26:57	00:04:05	00:26:54	00:04:04	00:18:54			CULLEREDO
62	109	JAIME ÁLVAREZ DE LA TORRE		MS1M- 13	00:27:00	00:04:05	00:26:59	00:04:05	00:18:51	AG 2025146	HÉRCULES ATLETISMO	A CORUÑA

63	134	ALEJANDRO FORTES LOPES	SNM- 15	00:27:04	00:04:06	00:26:56	00:04:04	00:19:03		NOSPORTLIMIT	CULLEREDO
64	761	RAÚL GIUNTA MARTÍNEZ	SUB23M- 2	00:27:06	00:04:06	00:26:30	00:04:00	00:19:17			A CORUÑA
65	267	MIGUEL ÁNGEL FERNÁNDEZ SOUTO	MS1M- 14	00:27:06	00:04:06	00:26:55	00:04:04	00:19:12			A CORUÑA
66	162	SAUL GÓMEZ ARROJO	MS6M- 1	00:27:09	00:04:06	00:27:08	00:04:06	00:18:50		RUNNING OLEIROS	FURIS-CASTROVERDE
67	1044	ANTONIO PACHÓN MORENO	MS1M- 15	00:27:10	00:04:07	00:27:08	00:04:06	00:18:45			A CORUÑA
68	450	RAMÓN ANTONIO VARELA MÍGUEZ	MS6M- 2	00:27:11	00:04:07	00:27:06	00:04:06	00:19:02			A CORUÑA
69	99	DANIEL SUSO SÁNCHEZ	SNM- 16	00:27:12	00:04:07	00:27:10	00:04:06	00:18:54		COMANDO NORTE	CULLEREDO
70	74	JUAN GALÁN PRESAS	MS4M- 4	00:27:12	00:04:07	00:27:10	00:04:07	00:19:12		CLUB ATLETISMO SADA	A CORUÑA
71	84	JUAN JOSE CASTEDO ALONSO	MS2M- 18	00:27:18	00:04:08	00:27:14	00:04:07	00:19:10	33339439L	CLUB HERCULES TERMARIA	LA CORUÑA
72	166	ANTONIO PEREIRO CALVIÑO	MS2M- 19	00:27:20	00:04:08	00:27:18	00:04:08	00:18:56		RUNNING OLEIROS	LA CORVEIRA CULLEREDO
73	241	IAGO CRESPO TABOADA	MS1M- 16	00:27:24	00:04:09	00:27:18	00:04:08	00:19:17			A CORUÑA
74	112	DANIEL LÓPEZ GARCÍA	SNM- 17	00:27:24	00:04:09	00:27:23	00:04:08	00:19:14	53192010W	KURAI	PERILLO
75	60	JOSE MANUEL GARCIA PAZ	MS2M- 20	00:27:28	00:04:09	00:27:23	00:04:08	00:19:21	A-10809	C. A. AS MARIÑAS BETANZOS	BETANZOS
76	776	RODRIGO MANCERA	MS1M- 17	00:27:29	00:04:09	00:27:24	00:04:09	00:19:17			LA CORUÑA
77	145	ELOY MARÍN CASTRO	SNM- 18	00:27:32	00:04:10	00:27:30	00:04:09	00:19:17		OCR COMANDO NORTE	A CORUÑA
78	91	JAVIER VILLAMISAR VÁZQUEZ	SNM- 19	00:27:34	00:04:10	00:27:31	00:04:10	00:19:22		CLUB HÉRCULES TERMARIA	A CORUÑA
79	721	VICTOR ANSEDE TOJO	MS1M- 18	00:27:37	00:04:10	00:27:33	00:04:10	00:19:06			BOIMORTO
80	711	JOSE MANUEL GARCIA VUELTA	SNM- 20	00:27:39	00:04:11	00:27:29	00:04:09	00:19:14		LUKE ATHLETICS	A CORUÑA
81	272	LORENZO FRAGA LOPEZ	SNM- 21	00:27:39	00:04:11	00:27:20	00:04:08	00:19:34			PERILLO
82	1042	DAVID MOSQUERA GARCÍA	SNM- 22	00:27:42	00:04:11	00:27:33	00:04:10	00:19:20			A CORUÑA
83	276	VICTOR FRANCOS VAZQUEZ	MS3M- 11	00:27:42	00:04:11	00:27:37	00:04:10	00:19:31			A CORUÑA
84	65	MANUEL ABEL PASTORIZA MIRANDA	MS3M- 12	00:27:44	00:04:12	00:27:41	00:04:11	00:19:32	AG 764110	CARREIRA ARTEIXO	A CORUÑA
85	271	ALEXANDRE FIDALGO PÉREZ	SNM- 23	00:27:44	00:04:12	00:27:37	00:04:11	00:19:32			PIXEIROS
86	410	JOSÉ MANUEL ROCA RODRIGUEZ	MS2M- 21	00:27:45	00:04:12	00:27:36	00:04:10	00:19:15			ARANGA
87	219	FRANCISCO JAVIER BRENLLA DUARTE	SNM- 24	00:27:46	00:04:12	00:27:38	00:04:11	00:19:43			SANTA COMBA
88	720	PABLO ÁLVAREZ CARREIRO	SNM- 25	00:27:48	00:04:12	00:27:46	00:04:12	00:19:29			A CORUÑA
89	1040	DANIEL MAYOR CAAMAÑO	SNM- 26	00:27:49	00:04:12	00:27:43	00:04:11	00:19:26			A CORUÑA
90	254	DANIEL DOVAL VARELA	MS1M- 19	00:27:49	00:04:12	00:27:42	00:04:11	00:19:41			A CORUÑA
91	370	JORGE PAZ AMADO	MS2M- 22	00:27:50	00:04:13	00:27:44	00:04:12	00:19:39			A CORUÑA
92	380	GONZALO PEREIRO BOQUETE	SNM- 27	00:27:51	00:04:13	00:27:44	00:04:12	00:19:31			A CORUÑA
93	143	RUBÉN SÁNCHEZ VÁZQUEZ	MS1M- 20	00:27:54	00:04:13	00:27:50	00:04:13	00:19:28		NOSPORTLIMIT	OLEIROS
94	201	MARCOS AMENEDO LAGO	MS2M- 23	00:27:55	00:04:13	00:27:51	00:04:13	00:19:26			GUITIRIZ
95	715	MARCOS ORDOÑEZ RODRIGUEZ	MS2M- 24	00:27:59	00:04:14	00:27:41	00:04:11	00:19:39		ATLETAS DE ACEA DE AMA	MALPICA DE BERGANTIÑOS
96	279	RUBEN FREIRE ROMANI	SNM- 28	00:28:06	00:04:15	00:28:01	00:04:14	00:19:40			NOIA
97	90	ALBERTO PÉREZ MURADO	MS1M- 21	00:28:08	00:04:15	00:28:05	00:04:15	00:19:36		CLUB HÉRCULES TERMARIA	A CORUÑA
98	193	MIGUEL ÁNGEL ALONSO SÁNCHEZ	MS2M- 25	00:28:08	00:04:15	00:28:03	00:04:15	00:19:45			A CORUÑA
99	136	JESUS HEVIA GOMEZ	MS2M- 26	00:28:10	00:04:16	00:27:58	00:04:14	00:20:01		NOSPORTLIMIT	A CORUÑA
100	182	SANTIAGO GARCIA BELLO	MS4M- 5	00:28:11	00:04:16	00:28:07	00:04:15	00:19:52		TRASNOS CORUÑA	CAMBRE
101	18	TOMAS ABELEDO PATIÑO	MS4M- 6	00:28:12	00:04:16	00:28:09	00:04:15	00:19:48		ATLETAS DE ACEA DE AMA	VILABOIA - CULLEREDO
102	163	FRANCISCO JAVIER GONZÁLEZ LEDO	MS3M- 13	00:28:15	00:04:16	00:28:14	00:04:16	00:19:37	AG2024183	RUNNING OLEIROS	CULLEREDO
103	306	FRANCISCO GUARDDON	MS3M- 14	00:28:16	00:04:16	00:28:13	00:04:16	00:19:59			A CORUÑA
104	41	CARLOS PARDO FARIÑA	MS3M- 15	00:28:17	00:04:17	00:27:58	00:04:14	00:19:53		ATLETAS DE ACEA DE AMA	O BURGO - CULLEREDO
105	456	PERFECTO VÁZQUEZ RIVERA	MS1M- 22	00:28:19	00:04:17	00:28:15	00:04:16	00:19:46			A CORUÑA
106	23	PEDRO BARANGA ARES	MS2M- 27	00:28:22	00:04:17	00:28:19	00:04:17	00:19:48		ATLETAS DE ACEA DE AMA	A CORUÑA
107	408	PABLO RIVAS OLIVEIRA	MS1M- 23	00:28:26	00:04:18	00:28:23	00:04:18	00:19:44			CULLEREDO
108	390	MANUEL PUENTE VEIGA	MS2M- 28	00:28:28	00:04:18	00:28:13	00:04:16	00:20:08			A CORUÑA
109	419	ANTONIO RODRIGUEZ TERRADO	SNM- 29	00:28:29	00:04:18	00:28:15	00:04:16	00:19:53			PERILLO
110	569	BEATRIZ MUIÑO VIDAL	F- 1	MS1F- 1	00:28:31	00:04:19	00:28:26	00:04:18	00:19:54		A CORUÑA
111	400	MANUEL REGUEIRA FERRO	MS3M- 16	00:28:38	00:04:20	00:28:30	00:04:19	00:20:02			LA CORUÑA
112	1005	ANTONIO LUIS GONZALEZ FERNANDEZ	MS3M- 17	00:28:39	00:04:20	00:28:32	00:04:19	00:20:12	AG2021667	LA MOCHILA DEL DEPORTE	A CORUÑA
113	382	DANIEL PEREZ LOMBA	MS2M- 29	00:28:41	00:04:20	00:28:35	00:04:19	00:20:04			A CORUÑA
114	1054	CRISTIAN ROMERO RODRIGUEZ	SNM- 30	00:28:44	00:04:21	00:28:38	00:04:20	00:20:01			LA CORUÑA
115	737	PEDRO VICENTE CHICANO PIA	MS4M- 7	00:28:44	00:04:21	00:28:27	00:04:18	00:20:27			VALENCIA
116	752	ADRIÁN FIDALGO	SUB23M- 3	00:28:47	00:04:21	00:28:44	00:04:21	00:20:23			A CORUÑA
117	307	PEPE GUERRERO CASTILLO	MS3M- 18	00:28:49	00:04:21	00:28:29	00:04:18	00:20:21			A CORUÑA
118	268	JOSE ANTONIO FERNANDEZ VAZQUEZ	MS2M- 30	00:28:51	00:04:22	00:28:42	00:04:20	00:20:24			A CORUÑA
119	11	VICTOR CASTRO SEGADE	MS2M- 31	00:28:51	00:04:22	00:28:29	00:04:18	00:20:27		ASOCIACIÓN DEPORTIVA CERNE	A CORUÑA
120	471	MONSE SOLIS CAAMAÑO	F- 2	SNF- 1	00:28:54	00:04:22	00:28:48	00:04:21	00:20:11	AD MONTEBRONDO	ZAS
121	834	PERFECTO VELO VARELA	MS2M- 32	00:28:55	00:04:22	00:28:52	00:04:22	00:20:09			MIÑO
122	296	JUAN JOSÉ GÓMEZ CORTÉS	MS3M- 19	00:28:56	00:04:22	00:28:52	00:04:22	00:20:25			A CORUÑA
123	278	JAVIER FREAN FERNANDEZ	MS3M- 20	00:28:57	00:04:23	00:28:42	00:04:20	00:20:30			LUGO
124	226	DIEGO CALVO FERNÁNDEZ	MS1M- 24	00:28:59	00:04:23	00:28:32	00:04:19	00:20:57			BUÑO
125	319	CARLOS LÓPEZ DOMÍNGUEZ	MS4M- 8	00:28:59	00:04:23	00:28:54	00:04:22	00:20:08			CARBALLO
126	927	JOSE MANUEL GARCIA GOMEZ	MS5M- 2	00:29:01	00:04:23	00:28:58	00:04:23	00:20:12			OLEIROS (ARILLO)
127	71	JESUS VAZQUEZ RODRIGUEZ	MS6M- 3	00:29:01	00:04:23	00:28:58	00:04:23	00:20:06		CLUB ATLETISMO MILLADOIRO	A CORUÑA
128	294	MIGUEL GOMEZ	MS4M- 9	00:29:01	00:04:23	00:28:55	00:04:22	00:20:31			O BURGO

129	468	LUIS VOCES REBORDINOS		MS4M- 10	00:29:02	00:04:23	00:28:49	00:04:21	00:20:34		OLEIROS
130	405	DIEGO RIAL DIESTE		SNM- 31	00:29:03	00:04:23	00:28:58	00:04:23	00:20:03		BOIRO
131	1062	ELENA GONZÁLEZ FERNÁNDEZ	F- 3	MS3F- 1	00:29:03	00:04:24	00:28:56	00:04:22	00:20:39	LA MOCHILA DEL DEPORTE	A CORUÑA
132	341	FRANCISCO JAVIER MARTINEZ SANTOS		MS4M- 11	00:29:04	00:04:24	00:29:00	00:04:23	00:20:20		A CORUÑA
133	794	JUAN PÉREZ FERREIRO		MS2M- 33	00:29:04	00:04:24	00:29:02	00:04:23	00:20:08		A CORUÑA
134	17	JORGE DIAZ VILLALBA		MS2M- 34	00:29:06	00:04:24	00:29:02	00:04:23	00:20:13	ATLETAS ACEA DE AMA	O BURGO (CULLEREDO)
135	491	NOEMI MORAL NAVAJO	F- 4	MS2F- 1	00:29:07	00:04:24	00:29:04	00:04:24	00:20:28	GA 769056 CLUB ATLETISMO SADA	OLEIROS
136	26	MARCELO BELLO GOMEZ		MS4M- 12	00:29:08	00:04:24	00:29:04	00:04:24	00:20:12	ATLETAS DE ACEA DE AMA	VILABOA CULLEREDO
137	297	ENRIQUE GÓMEZ LÓPEZ		MS5M- 3	00:29:10	00:04:25	00:28:56	00:04:22	00:20:38		PONTEVEDRA
138	336	SERGIO MARTINEZ GOMEZ		MS2M- 35	00:29:12	00:04:25	00:29:07	00:04:24	00:20:38		A CORUÑA
139	433	HERNANDO SEIJAS MARTÍNEZ		MS2M- 36	00:29:12	00:04:25	00:29:01	00:04:23	00:20:32		A CORUÑA
140	738	JOSÉ MARÍA CORZO AGRA		SUB23M- 4	00:29:13	00:04:25	00:29:10	00:04:25	00:20:27		A CORUÑA
141	137	JOSÉ ANTONIO MARTÍNEZ RODRÍGUEZ		MS1M- 25	00:29:13	00:04:25	00:29:06	00:04:24	00:20:29	NOSPORTLIMIT	A CORUÑA
142	140	CARLOS OJEA CASTRO		MS3M- 21	00:29:13	00:04:25	00:29:07	00:04:24	00:20:28	NOSPORTLIMIT	A CORUÑA
143	152	SUSO MENDEZ SUÁREZ		MS3M- 22	00:29:15	00:04:25	00:28:48	00:04:21	00:20:49	PONTERIDERS	PONTECESO
144	69	XESUS MANUEL SEGADE CAROU		MS3M- 23	00:29:15	00:04:25	00:29:07	00:04:24	00:20:34	CLUB ATLETISMO BOIMORTO	A CORUÑA
145	590	NEREA SANCHEZ ROCHA	F- 5	SNF- 2	00:29:17	00:04:26	00:29:11	00:04:25	00:20:22		A CORUÑA
146	210	GERMAN BARBEITO REY		MS4M- 13	00:29:20	00:04:26	00:29:13	00:04:25	00:20:53		CULLEREDO
147	40	DOMINGO MIGUEL ARIAS		MS5M- 4	00:29:20	00:04:26	00:29:14	00:04:25	00:20:41	ATLETAS DE ACEA DE AMA	CULLEREDO
148	1056	HÉCTOR LUIS SANTOS LÓPEZ		MS1M- 26	00:29:22	00:04:26	00:29:13	00:04:25	00:20:43		SADA
149	277	ROBERTO FRANCOS VÁZQUEZ		MS1M- 27	00:29:24	00:04:27	00:29:14	00:04:25	00:20:42		A CORUÑA
150	402	ROBERTO REY LÓPEZ		MS1M- 28	00:29:24	00:04:27	00:29:19	00:04:26	00:20:49		A CORUÑA
151	454	DIEGO VÁZQUEZ PÉREZ		MS1M- 29	00:29:25	00:04:27	00:29:04	00:04:24	00:20:44		A CORUÑA
152	343	MARCOS MÉNDEZ BOUZA		MS1M- 30	00:29:25	00:04:27	00:29:15	00:04:25	00:20:55		MONDOŃEDO
153	72	ÓSCAR FIGUEIRAS TOREA		MS3M- 24	00:29:25	00:04:27	00:29:19	00:04:26	00:20:34	CLUB ATLETISMO OUTES JOHN TURKEY	ESTEIRO
154	19	CARLOS ALLER FERNÁNDEZ		MS4M- 14	00:29:26	00:04:27	00:29:20	00:04:26	00:20:43	AG2018647 ATLETAS DE ACEA DE AMA	CULLEREDO
155	221	ENRIQUE CABANA PICADO		MS1M- 31	00:29:27	00:04:27	00:29:15	00:04:25	00:20:39		A CORUÑA
156	130	MARTIN ROZAS RAMOS		MS3M- 25	00:29:27	00:04:27	00:29:16	00:04:26	00:20:26	AG2016584 NOITEBRA FC	SANTIAGO DE COMPOSTELA
157	501	ELISA COBELLO ROMERO	F- 6	MS3F- 2	00:29:27	00:04:27	00:29:19	00:04:26	00:20:50	LA MOCHILA DEL DEPORTE	LA CORUÑA
158	159	MIGUEL CONDE MOSTEIRO		MS2M- 37	00:29:30	00:04:28	00:29:21	00:04:26	00:20:55	RUNNING OLEIROS	CULLEREDO
159	831	IAGO VARELA VÁZQUEZ		MS2M- 38	00:29:32	00:04:28	00:29:30	00:04:28	00:20:22		A CORUÑA
160	701	RAMON VIZOSO RIO		MS3M- 26	00:29:33	00:04:28	00:29:19	00:04:26	00:20:46	A DOLOR	SADA
161	122	DANIEL SÁNCHEZ ROMERO		MS2M- 39	00:29:34	00:04:28	00:29:19	00:04:26	00:20:41	METALICA HERCULINA	A CORUÑA
162	1036	DAVID LÓPEZ PÉRTEGA		SNM- 32	00:29:35	00:04:28	00:29:01	00:04:23	00:21:02		OLEIROS
163	142	ALEJANDRO RODRÍGUEZ LORENZO		MS2M- 40	00:29:37	00:04:29	00:29:06	00:04:24	00:21:26	NOSPORTLIMIT	CAMBRE
164	88	FRANCISCO JAVIER VILLAMISAR CALVIÑO		MS5M- 5	00:29:37	00:04:29	00:29:27	00:04:27	00:20:51	CLUB HERCULES TERMARIA	LA CORUÑA
165	188	MANUEL VÁZQUEZ RAMOS		MS3M- 27	00:29:37	00:04:29	00:29:28	00:04:27	00:20:48	VERXEL NUTRICIÓN DEPORTIVA	ARANGA
166	228	JAVIER CANDAL FUENTES		MS2M- 41	00:29:38	00:04:29	00:29:23	00:04:27	00:20:39		ARTEIXO
167	299	IAGO GONZALEZ FERMOZO		MS2M- 42	00:29:38	00:04:29	00:29:30	00:04:28	00:20:37		A CORUÑA
168	458	OMAR VIDAL PEREZ		SNM- 33	00:29:42	00:04:29	00:29:28	00:04:27	00:20:51		O BARCO DE VALDEORRAS
169	66	JORGE CARLOS GONZÁLEZ GARCÍA		MS1M- 32	00:29:44	00:04:30	00:29:31	00:04:28	00:21:26	CCMESOIRO	A CORUÑA
170	333	JOSE ANGEL MARTINEZ ABAD		MS3M- 28	00:29:44	00:04:30	00:29:39	00:04:29	00:20:38		A CORUÑA
171	28	RICARDO CALVO LÓPEZ		MS3M- 29	00:29:46	00:04:30	00:29:39	00:04:29	00:20:55	ATLETAS DE ACEA DE AMA	A CORUÑA
172	129	DAVID ESCALANTE PÉREZ		SNM- 34	00:29:46	00:04:30	00:29:35	00:04:28	00:20:39	AG-2028310 NOITEBRA FC	A CORUÑA
173	570	MARTA MUIÑO VIDAL	F- 7	MS1F- 2	00:29:47	00:04:30	00:29:42	00:04:29	00:20:35		A CORUÑA
174	199	GONZALO ALVAREZ PORTEIRO		SNM- 35	00:29:52	00:04:31	00:29:48	00:04:30	00:21:09		VILLARODRIS-ARTEIXO
175	1014	FERNANDO CANO GÓMEZ		MS1M- 33	00:29:56	00:04:31	00:29:47	00:04:30	00:21:04		A CORUÑA
176	1045	SERGIO PATIÑO RIVEIRO		SNM- 36	00:29:56	00:04:32	00:29:37	00:04:29	00:20:50		A CORUÑA
177	249	ROBERTO DOCAMPO SUÁREZ		MS1M- 34	00:29:56	00:04:32	00:29:49	00:04:30	00:20:51		A CORUÑA
178	222	OSCAR CABANA PICADO		MS1M- 35	00:29:57	00:04:32	00:29:44	00:04:30	00:21:00		A CORUÑA
179	377	PABLO PEREDA FERNÁNDEZ		MS2M- 43	00:29:57	00:04:32	00:29:52	00:04:31	00:20:59		A CORUÑA
180	845	SARA PRIETO LÓPEZ	F- 8	SUB20F- 1	00:29:58	00:04:32	00:29:52	00:04:31	00:21:00	CLUB MARINEDA ATLETICO	A CORUÑA
181	248	JOAQUIN DOCAMPO GARCIA		MS1M- 36	00:30:01	00:04:32	00:29:49	00:04:30	00:21:00		BERGONDO
182	431	JESUS ÁNGEL SANTIUSTE INSUA		MS5M- 6	00:30:01	00:04:32	00:29:55	00:04:31	00:21:00		LA CORUÑA
183	298	CARLOS GONZALEZ CRIADO		MS2M- 44	00:30:02	00:04:32	00:29:51	00:04:31	00:20:51		CAMBRE
184	774	JOSÉ LÓPEZ VÁZQUEZ		SNM- 37	00:30:03	00:04:33	00:29:46	00:04:30	00:21:09		A CORUÑA
185	200	VICTOR MANUEL ALVAREZ TABOADA		MS2M- 45	00:30:06	00:04:33	00:29:59	00:04:32	00:21:01		A CORUÑA
186	725	JORGE BLANCO MEIRIÑO		MS1M- 37	00:30:10	00:04:34	00:29:53	00:04:31	00:21:17		A CORUÑA
187	824	FRANCESCO SCETTINI		MS1M- 38	00:30:11	00:04:34	00:29:39	00:04:29	00:21:27		CORUÑA
188	270	JOSE FERRÉNO GARCIA		SNM- 38	00:30:12	00:04:34	00:30:08	00:04:33	00:21:01		CORUÑA
189	247	JUAN CARLOS DIÉGUEZ TEIJEIRO		MS3M- 30	00:30:12	00:04:34	00:30:09	00:04:33	00:21:28		LA CORUÑA
190	1007	FRANCAR GARCIA VILLAVERDE		MS3M- 31	00:30:13	00:04:34	00:29:56	00:04:32	00:21:15	AG 2025764 S.D.COMPOSTELA ATLETISMO	SANTIAGO DE COMPOSTELA
191	96	LEANDRO EIRAS LUEIRO		SNM- 39	00:30:14	00:04:34	00:29:44	00:04:30	00:21:18	CLUB TRIATLON CERVECERIA	NEGREIRA
192	237	ALEJANDRO JOSÉ CASTRO ROMÁN		MS1M- 39	00:30:17	00:04:35	00:30:12	00:04:34	00:21:00		A CORUÑA
193	273	HECTOR FRAGA LÓPEZ		MS2M- 46	00:30:18	00:04:35	00:30:05	00:04:33	00:21:15		OLEIROS
194	54	ADOLFO GARCÍA ALONSO		MS2M- 47	00:30:19	00:04:35	00:30:03	00:04:33	00:21:25	BEER RUNNERS CORUÑA	A CORUÑA

195	56	JOSE MANSILLA BARREIRO	SNM- 40	00:30:19	00:04:35	00:30:03	00:04:33	00:21:25		BEER RUNNERS CORUÑA	A CORUÑA
196	87	XABIER RIVAS MARTÍNEZ	MS1M- 40	00:30:21	00:04:35	00:30:08	00:04:33	00:21:25	TRIATLÓN GALICIA	CLUB HERCULES TERMARIA	A CORUÑA
197	301	JOSÉ MIGUEL GONZÁLEZ GONZÁLEZ	MS3M- 32	00:30:22	00:04:35	00:30:10	00:04:34	00:21:18			A CORUÑA
198	930	JUAN CARLOS BERGONDO BRANDARIZ	MS5M- 7	00:30:24	00:04:36	00:30:13	00:04:34	00:21:12		RUNNING OLEIROS	NOS (OLEIROS)
199	234	JUAN CRUZ CARRETERO SÁNCHEZ	SNM- 41	00:30:25	00:04:36	00:30:22	00:04:35	00:21:29			CORUÑA
200	62	DOMINGO ALVAREZ IGLESIAS	MS7M- 1	00:30:26	00:04:36	00:30:20	00:04:35	00:21:22	AG2022098	C.D.EGOVARROS-VIVEIRO	LA CORUÑA
201	208	JORGE BARATA MARTINEZ	MS3M- 33	00:30:27	00:04:36	00:30:14	00:04:34	00:21:53			A CORUÑA
202	426	ALFONSO SÁNCHEZ GARCÍA	MS3M- 34	00:30:27	00:04:36	00:30:18	00:04:35	00:21:10			A CORUÑA
203	323	MANUEL LÓPEZ ROIBÁS	MS5M- 8	00:30:28	00:04:36	00:30:08	00:04:33	00:21:34			A CORUÑA
204	919	MAITÉ SALGADO	F- 9	MS2F- 2	00:30:30	00:04:37	00:30:23	00:04:36		AQA COMPLEXOS	LA CORUÑA
205	203	ISMAEL ARCAY GARCIA	MS2M- 48	00:30:32	00:04:37	00:29:59	00:04:32	00:21:39			PRAVIO-CAMBRE
206	808	VÍCTOR ROBLA VARELA	SNM- 42	00:30:33	00:04:37	00:30:29	00:04:37	00:21:15			A CORUÑA
207	250	JUAN CARLOS DOMATO VERDÍA	MS1M- 41	00:30:34	00:04:37	00:30:20	00:04:35	00:21:41			ARTEIXO
208	89	OSCAR DURO PAZOS	MS1M- 42	00:30:37	00:04:38	00:30:24	00:04:36	00:21:16		CLUB HÉRCULES TERMARIA	A CORUÑA
209	246	VICTOR DIAZ SEOANE	SNM- 43	00:30:40	00:04:38	00:30:21	00:04:35	00:21:33			CORUÑA
210	354	JOSÉ MANUEL MOSQUERA SANTÉ	MS4M- 15	00:30:43	00:04:39	00:30:25	00:04:36	00:21:48			CAMBRE
211	497	AMIRA SIMÓN MARTÍNEZ	F- 10	SNF- 3	00:30:44	00:04:39	00:30:31	00:04:37		CLUB TRIATLÓN CORUÑA	A CORUÑA
212	728	ÁNGEL BLANCO VÁZQUEZ	MS1M- 43	00:30:45	00:04:39	00:30:30	00:04:37	00:21:50			A CORUÑA
213	332	MIGUEL MARROZOS LOPEZ	MS2M- 49	00:30:45	00:04:39	00:30:23	00:04:36	00:22:01			A CORUÑA
214	108	IVÁN PALLEIRO PÉREZ	MS1M- 44	00:30:47	00:04:39	00:30:31	00:04:37	00:21:45		GARRAPUCHO	A CORUÑA
215	811	JOSÉ CARLOS RODRÍGUEZ CAAMAÑO	MS4M- 16	00:30:48	00:04:39	00:30:33	00:04:37	00:21:50			A LARAHCA
216	1063	Mª DOLORES GONZÁLEZ FERNÁNDEZ	F- 11	MS4F- 1	00:30:49	00:04:39	00:30:42	00:04:39		LA MOCHILA DEL DEPORTE	GUISAMO-BERGONDO
217	34	ANTONIO GARCIA BELLO	MS6M- 4	00:30:50	00:04:40	00:30:47	00:04:39	00:21:31		ATLETAS DE ACEA DE AMA	EL TEMPLE
218	467	JAVIER VILLAVERDE FERRO	MS3M- 35	00:30:50	00:04:40	00:30:47	00:04:39	00:20:58			OLEIROS
219	457	DAVID VIDAL LAGARES	SNM- 45	00:30:51	00:04:40	00:30:41	00:04:38	00:21:43			A CORUÑA
220	385	ANDRÉS ANXO PÉREZ SÁNCHEZ	SNM- 44	00:30:51	00:04:40	00:30:41	00:04:38	00:21:43			TEO
221	432	GABRIEL SANTOS ALONSO	MS2M- 50	00:30:53	00:04:40	00:30:36	00:04:38	00:21:54			A CORUÑA
222	269	IVAN FERREIRO ABELENDA	MS1M- 45	00:30:58	00:04:41	00:30:37	00:04:38	00:21:51			A CORUÑA
223	463	LUIS ANTONIO VILELA VERGARA	MS3M- 36	00:31:00	00:04:41	00:30:43	00:04:39	00:22:01			A CORUÑA
224	496	TAMARA PACIOS RODRIGUEZ	F- 12	SNF- 4	00:31:00	00:04:41	00:30:51	00:04:40		CLUB MARINEDA ATLETICO	PONFERRADA
225	796	VICTOR PEREZ RODRIGUEZ	SNM- 46	00:31:01	00:04:41	00:30:39	00:04:38	00:21:33			RIAZOR
226	1069	MARIA GUADALUPE BUJAN RODRIGUEZ	F- 13	MS3F- 3	00:31:02	00:04:42	00:30:45	00:04:39			MELIDE
227	316	JAIME LÓPEZ CAINZOS	MS3M- 37	00:31:05	00:04:42	00:31:01	00:04:41	00:21:42			A CORUÑA
228	346	MARCOS MÉNDEZ VÁZQUEZ	MS2M- 51	00:31:06	00:04:42	00:31:00	00:04:41	00:21:36			A CORUÑA
229	447	JESÚS VAAMONDE RÚA	MS5M- 9	00:31:08	00:04:42	00:31:03	00:04:42	00:21:47			LA CORUÑA
230	1031	GERMAN GONZALEZ LOPEZ	MS2M- 52	00:31:08	00:04:42	00:30:46	00:04:39	00:22:01			CULLEREDO
231	718	ISIDRO ALFARO BARBARÁ	SNM- 47	00:31:09	00:04:43	00:30:49	00:04:39	00:22:06			A CORUÑA
232	817	OSCAR ROMERO LAGO	SNM- 48	00:31:10	00:04:43	00:30:44	00:04:39	00:22:14			A CORUÑA
233	207	JAVIER BANDÍN MARENTES	MS2M- 53	00:31:11	00:04:43	00:30:44	00:04:39	00:22:02			A CORUÑA
234	1060	MARIA ISABEL CAMINO CREGO	F- 14	MS3F- 4	00:31:12	00:04:43	00:30:52	00:04:40		ATLETAS DE ACEA DE AMA	CAMBRE
235	131	CARLOS ALVAREZ FERNANDEZ	MS3M- 38	00:31:13	00:04:43	00:31:05	00:04:42	00:21:45		NOSPORTLIMIT	CULLEREDO
236	441	JORGE JUAN TABOADA VÁZQUEZ	MS2M- 54	00:31:13	00:04:43	00:31:01	00:04:41	00:21:50			OLEIROS
237	1002	AITOR CALVIÑO GARCIA	SNM- 49	00:31:18	00:04:44	00:30:49	00:04:40	00:22:10		CLUB TRIATLON CERVECERIA	A CORUÑA
238	736	JOSE LUIS CASTRO SUAREZ	SNM- 50	00:31:19	00:04:44	00:31:10	00:04:43	00:21:44			A CORUÑA
239	1049	ADRIAN PEREIRO GARCÍA	SNM- 51	00:31:21	00:04:44	00:30:53	00:04:40	00:22:41			A CORUÑA
240	1028	NICOLÁS GÓMEZ NAVAL	SNM- 52	00:31:23	00:04:45	00:30:35	00:04:37	00:22:25			A CORUÑA
241	829	CÉSAR SUÁREZ SUÁREZ	MS1M- 46	00:31:24	00:04:45	00:30:53	00:04:40	00:22:13			NEGREIRA
242	428	ALVARO SANCHEZ RODRIGUEZ	SNM- 53	00:31:28	00:04:45	00:31:11	00:04:43	00:21:59			CERCEDA
243	730	ANDRÉS CAAVEIRO DE VEGA	MS2M- 55	00:31:30	00:04:46	00:30:53	00:04:40	00:22:47			A CORUÑA
244	452	VÍCTOR MANUEL VÁZQUEZ MOSTEIRO	MS6M- 5	00:31:32	00:04:46	00:31:19	00:04:44	00:22:03			A CORUÑA
245	146	JULIO SUAREZ VAZQUEZ	MS7M- 2	00:31:33	00:04:46	00:31:29	00:04:46	00:21:50		PARQUE RUNNERS	A CORUÑA
246	235	LUIS CASTRO	MS2M- 56	00:31:34	00:04:46	00:31:14	00:04:43	00:22:23			A CORUÑA
247	302	JAVIER GONZÁLEZ MENDEZ	MS4M- 17	00:31:35	00:04:47	00:31:29	00:04:46	00:22:07			CULLEREDO
248	411	FRANCISCO JOSÉ ROCHA GARCÍA	MS1M- 47	00:31:36	00:04:47	00:31:24	00:04:45	00:21:53			OZA DOS RIOS
249	559	ALBA LOSADA DURAN	F- 15	SNF- 5	00:31:36	00:04:47	00:31:26	00:04:45			AS PONTES
250	331	RODRIGO MARINO TAIBO	MS1M- 48	00:31:38	00:04:47	00:31:23	00:04:45	00:22:27			MESOIRO
251	480	LUCÍA VÁZQUEZ SESAR	F- 16	SNF- 6	00:31:41	00:04:47	00:31:36	00:04:47		ATLETISMO RIAZOR CORUÑA	CULLEREDO
252	114	MIGUEL ÁNGEL VÁZQUEZ GONZÁLEZ	MS2M- 57	00:31:42	00:04:47	00:31:36	00:04:47	00:21:47	TAG2023352	LA MOCHILA DEL DEPORTE	A CORUÑA
253	280	RAMON MIGUEL GARCIA BARBA	MS5M- 10	00:31:42	00:04:48	00:31:37	00:04:47	00:22:07			LA CORUÑA
254	16	ALEJANDRO NÚÑEZ MARTÍN	MS1M- 49	00:31:44	00:04:48	00:31:19	00:04:44	00:22:25	AG2019943	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO
255	310	ÁNGEL JUVIÑO PREGO	MS3M- 39	00:31:50	00:04:49	00:31:35	00:04:47	00:22:42			ARTEIXO
256	183	ALBERTO VARELA COLLAZO	MS2M- 58	00:31:51	00:04:49	00:31:44	00:04:48	00:22:21		TRI FONSECA	A CORUÑA
257	506	ESTEFANÍA HERNÁNDEZ GARCÍA	F- 17	SNF- 7	00:31:51	00:04:49	00:31:44	00:04:48	AG2026243	LA MOCHILA DEL DEPORTE	LA CORUÑA
258	596	MARÍA URÍA ÁLVAREZ	F- 18	SNF- 8	00:31:51	00:04:49	00:31:43	00:04:48	AG2026205		A CORUÑA
259	800	OSCAR PLATAS LOPEZ	MS3M- 40	00:31:52	00:04:49	00:31:36	00:04:47	00:22:18			A CORUÑA
260	842	MARIA CARREGAL SÓMME	F- 19	SUB23F- 1	00:31:57	00:04:50	00:31:53	00:04:49		CLUB CORUÑA COMARCA	LA CORUÑA

327	138	IVAN MIRANDA CAMBRE		MS1M- 56	00:33:11	00:05:01	00:32:41	00:04:56	00:24:00		NOSPORTLIMIT	A CORUÑA
328	802	CARLOS PONTE SANTOS		MS2M- 72	00:33:11	00:05:01	00:33:01	00:05:00	00:22:56			LA CORUÑA
329	430	EMILIO SANGIL DEL RIO		MS4M- 23	00:33:11	00:05:01	00:32:36	00:04:56	00:23:10			A CORUÑA
330	334	ANGEL RAMON MARTINEZ CAMBON		MS4M- 24	00:33:15	00:05:02	00:33:03	00:05:00	00:23:23			A CORUÑA
331	563	BEGOÑA MARTINEZ LORENZO	F- 29	MS3F- 5	00:33:15	00:05:02	00:33:03	00:05:00	00:23:22			ARTEIXO
332	780	OSCAR MARTINEZ SERRA		SNM- 62	00:33:15	00:05:02	00:32:52	00:04:58	00:23:19			A CORUÑA
333	807	IGNACIO ROBLA VARELA		SNM- 63	00:33:16	00:05:02	00:33:06	00:05:00	00:23:23			LA CORUÑA
334	217	SANTIAGO BORT COUCEIRO		MS3M- 57	00:33:17	00:05:02	00:32:52	00:04:58	00:23:36			A CORUÑA
335	105	MAXIMINO LAGARES CARRO		MS3M- 58	00:33:18	00:05:02	00:32:42	00:04:57	00:23:28		ESPRINTES OURENSE	ORDES
336	1022	PABLO DELGADO GONZÁLEZ		SNM- 64	00:33:18	00:05:02	00:32:58	00:04:59	00:23:29			OZA - CESURAS
337	809	MANUEL ANGEL ROBLES VILLARINO		MS4M- 25	00:33:19	00:05:02	00:32:52	00:04:58	00:23:37			A CORUÑA
338	46	MANUEL VAZQUEZ ALVEDRO		MS7M- 4	00:33:20	00:05:02	00:33:08	00:05:01	00:23:21		ATLETAS DE ACEA DE AMA	EL TEMPLE
339	360	MANUEL OUTES PAZ		MS6M- 8	00:33:21	00:05:02	00:33:17	00:05:02	00:23:25			CARBALLO
340	770	MICHAEL BIRKJIAER LAURITSEN		MS2M- 73	00:33:21	00:05:03	00:32:49	00:04:58	00:23:44			PERILLO
341	371	MANUEL PAZ CARBON		MS4M- 26	00:33:24	00:05:03	00:33:01	00:05:00	00:23:40			A CORUÑA
342	875	ANA CRISTINA FERNANDEZ MARAÑES	F- 30	MS1F- 4	00:33:30	00:05:04	00:32:54	00:04:58	00:24:02			PONFERRADA
343	744	ADRIAN ESTRAVIZ CEBRAL		SNM- 65	00:33:33	00:05:04	00:32:45	00:04:57	00:23:41			LA CORUÑA
344	197	MIGUEL ALVAREZ PALLIN		MS1M- 57	00:33:37	00:05:05	00:33:13	00:05:01	00:24:03			A CORUÑA
345	281	PABLO GARCIA BARBEIRA		MS2M- 74	00:33:37	00:05:05	00:33:17	00:05:02	00:23:38			AS PONTES
346	512	MARÍA CODESIDO MONTOIRO	F- 31	MS2F- 4	00:33:39	00:05:05	00:33:00	00:04:59	00:23:55	AG-2028209	NOITEBRA FC	SANTIAGO DE COMPOSTELA
347	799	MANUEL PIÑEIRO FREIRE		MS2M- 75	00:33:40	00:05:05	00:33:10	00:05:01	00:23:58			A CORUÑA
348	806	JACOB RIVAS CASABELLA		MS1M- 58	00:33:41	00:05:05	00:33:28	00:05:04	00:23:35			A CORUÑA
349	1075	LARA MARCOS IGLESIAS	F- 32	SNF- 12	00:33:43	00:05:06	00:33:24	00:05:03	00:23:40			A CORUÑA
350	424	DIEGO SÁNCHEZ CAL		SNM- 66	00:33:43	00:05:06	00:33:15	00:05:02	00:23:36			ABEGONDO
351	769	MARCOS IGLESIAS CASTRO		SNM- 67	00:33:45	00:05:06	00:33:13	00:05:01	00:23:43			A CORUÑA
352	398	JORGE REBOLLO		SNM- 68	00:33:45	00:05:06	00:33:15	00:05:02	00:23:45			A CORUÑA
353	746	ALEXIS FERNÁNDEZ FERRERA		MS2M- 76	00:33:46	00:05:06	00:33:13	00:05:01	00:24:05			A CORUÑA
354	1050	CHRISTIAN PUMARIÑO SANTE		SNM- 69	00:33:46	00:05:06	00:33:11	00:05:01	00:24:00			CORUÑA /LA
355	399	JUAN JOSE REDONDO LAGO		MS6M- 9	00:33:47	00:05:06	00:33:38	00:05:05	00:23:52			A CORUÑA
356	1008	PABLO ALONSO RODRÍGUEZ		SNM- 70	00:33:49	00:05:07	00:33:08	00:05:01	00:23:59			A VEIGA
357	525	LAURA AGUILERA	F- 33	SNF- 13	00:33:50	00:05:07	00:33:09	00:05:01	00:24:15			A CORUÑA
358	324	JOSE LOPEZ SOTO		MS5M- 17	00:33:51	00:05:07	00:33:30	00:05:04	00:23:39			PERILLO-OLEIROS
359	240	MANUEL COUCEIRO MELLA		MS5M- 18	00:33:54	00:05:07	00:33:22	00:05:03	00:23:56			A CORUÑA
360	466	JAVIER VILLAVEDE DOVAL		SNM- 71	00:33:55	00:05:08	00:33:28	00:05:04	00:24:10			A CORUÑA
361	734	GABRIEL CAO SÁNCHEZ		MS2M- 77	00:33:55	00:05:08	00:33:37	00:05:05	00:23:58			A CORUÑA
362	712	TITO CARRIL MENDEZ		MS2M- 78	00:33:55	00:05:08	00:33:41	00:05:06	00:23:49		MESOIRO	LA CORUÑA
363	791	PABLO PALOMARES LÓPEZ		SNM- 72	00:33:56	00:05:08	00:33:17	00:05:02	00:24:00			A CORUÑA
364	365	MIGUEL PARDO PEREIRA		MS1M- 59	00:33:57	00:05:08	00:33:38	00:05:05	00:24:11			A CORUÑA
365	530	PURY CAMPOS	F- 34	MS4F- 4	00:33:57	00:05:08	00:33:53	00:05:07	00:23:34			CAMBRE
366	168	LUIS VALDÉS LÓPEZ		MS4M- 27	00:33:58	00:05:08	00:33:18	00:05:02	00:24:17		RUNNING OLEIROS	CAMBRE-
367	579	PILAR RAMOS SANCHEZ	F- 35	MS4F- 5	00:33:59	00:05:08	00:33:47	00:05:06	00:23:55			LA CORUÑA
368	9	ROGELIO GRANJA MENDEZ		MS7M- 5	00:34:01	00:05:08	00:33:35	00:05:05	00:24:10		AFICIONADO	LA CORUÑA
369	113	ANTONIO HERNÁNDEZ BARREIRO		MS7M- 6	00:34:05	00:05:09	00:33:55	00:05:08	00:23:50		LA MOCHILA DEL DEPORTE	LA CORUÑA
370	252	AVELINO DOPAZO PONTE		MS4M- 28	00:34:06	00:05:09	00:33:53	00:05:07	00:23:58			SADA
371	589	SILVIA SÁNCHEZ BASCOY	F- 36	MS5F- 1	00:34:08	00:05:10	00:34:00	00:05:08	00:23:57			A CORUÑA
372	414	SERGIO RODRÍGUEZ MARTÍNEZ		MS1M- 60	00:34:08	00:05:10	00:33:43	00:05:06	00:24:19			O TEMPLE
373	474	MARÍA DEL CARMEN CASTRO SANTOS	F- 37	MS3F- 6	00:34:10	00:05:10	00:33:58	00:05:08	00:24:13		ATLETAS DE ACEA DE AMA	PONTEDEUME
374	383	ALBERTO PEREZ MIRAMONTES		MS4M- 29	00:34:11	00:05:10	00:33:43	00:05:06	00:24:13			A CORUÑA
375	126	JOSE PEREIRO TAIBO		MS4M- 30	00:34:13	00:05:10	00:33:39	00:05:05	00:24:41		MIXMASTER RUNNING	O BURGO-CULLEREDO
376	489	ÁNGELES CASTRO FERNÁNDEZ	F- 38	MS3F- 7	00:34:13	00:05:10	00:34:08	00:05:10	00:24:10		CLUB ATLETISMO SADA	A CORUÑA
377	304	JOSE GRELA RODRÍGUEZ		MS6M- 10	00:34:15	00:05:11	00:34:01	00:05:08	00:24:24			LA CORUÑA
378	798	RUBEN PEREZSALGADO		SNM- 73	00:34:18	00:05:11	00:34:09	00:05:10	00:23:13			VIANA DO BOLO
379	592	CHARO SILVEIRA QUEIJAS	F- 39	MS3F- 8	00:34:23	00:05:12	00:34:06	00:05:09	00:24:14			LA CORUÑA
380	225	ELOY CALDERÓN FERNÁNDEZ		MS5M- 19	00:34:24	00:05:12	00:34:01	00:05:08	00:24:16			A CORUÑA
381	313	ANTONIO JOSÉ LEIRAS MARTÍNEZ		SNM- 74	00:34:25	00:05:12	00:34:05	00:05:09	00:24:14			VIVEIRO
382	102	SERXIO SOUTO		MS1M- 61	00:34:27	00:05:12	00:33:57	00:05:08	00:25:08		DRUNK RUNNERS	A CORUÑA
383	478	NADIA MRIMICHE	F- 40	MS2F- 5	00:34:29	00:05:13	00:34:19	00:05:11	00:24:12		ATLETAS DE ACEA DE AMA	O BURGO - CULLEREDO
384	1041	DIEGO MENDOZA GARCÍA		SNM- 75	00:34:31	00:05:13	00:34:07	00:05:09	00:24:05			A CORUÑA
385	305	JAVIER GRUIERO BOUZA		MS4M- 31	00:34:33	00:05:13	00:33:54	00:05:07	00:24:23			A CORUÑA
386	111	JUAN DÍAZ RAMUDO		SNM- 76	00:34:35	00:05:14	00:34:25	00:05:12	00:24:27		KURAI	AS PONTES
387	524	LORENA ABELEDO	F- 41	SNF- 14	00:34:35	00:05:14	00:34:25	00:05:12	00:24:27			A CORUÑA
388	745	ISAAC FERNANDEZ ABRUÑEDO		SNM- 77	00:34:36	00:05:14	00:34:05	00:05:09	00:24:29			A CORUÑA
389	500	MARIA DEL MAR BARCON SANCHEZ	F- 42	MS5F- 2	00:34:38	00:05:14	00:34:30	00:05:13	00:24:17	AG2026204	LA MOCHILA DEL DEPORTE	A CORUÑA
390	125	JUAN IGNACIO PALEO VIEITO		MS2M- 79	00:34:39	00:05:14	00:34:06	00:05:09	00:24:53		MIXMASTER RUNNING	A CORUÑA
391	121	JOSÉ LUIS LOMBAO NÚÑEZ		MS3M- 59	00:34:39	00:05:14	00:34:25	00:05:12	00:21:28		MESOIRO RUNNING	CAMBRE
392	854	IRENE ALFONSO MARQUÉS	F- 43	SNF- 15	00:34:41	00:05:15	00:34:16	00:05:11	00:24:18			BETANZOS

393	192	ALBERT ALONSO REYES		SNM- 78	00:34:42	00:05:15	00:33:45	00:05:06	00:24:50			A CORUÑA
394	15	VÍCTOR HUGO CONDE LÓPEZ		MS3M- 60	00:34:43	00:05:15	00:34:33	00:05:13	00:24:35	AG2025735	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
395	1009	CARLOS ARES		MS4M- 32	00:34:43	00:05:15	00:34:15	00:05:11	00:24:47			A CORUÑA
396	230	PABLO CAÑÁS COUSELO		MS3M- 61	00:34:44	00:05:15	00:34:30	00:05:13	00:24:02			A CORUÑA
397	779	DANIEL MARTINEZ BUGALLO		SNM- 79	00:34:44	00:05:15	00:34:35	00:05:14	00:24:17			LIANS OLEIROS
398	165	JOSE MANUEL PAZ CARREIRA		MS4M- 33	00:34:44	00:05:15	00:34:04	00:05:09	00:24:28		RUNNING OLEIROS	LA CORUÑA
399	198	MARCOS ALVAREZ PATIÑO		MS2M- 80	00:34:45	00:05:15	00:34:25	00:05:12	00:24:35			A CORUÑA
400	204	JOSE IGNACIO ARES FERREIRO		MS6M- 11	00:34:45	00:05:15	00:34:04	00:05:09	00:24:28			A CORUÑA
401	792	CHRISTIAN PARRA LOMBARDELO		MS1M- 62	00:34:49	00:05:16	00:34:30	00:05:13	00:24:34			LUGO
402	61	FERMIN PAN OTERO		MS6M- 12	00:34:51	00:05:16	00:34:45	00:05:15	00:24:30		C. D. EGOVARROS-VIVEIRO	A CORUÑA
403	416	MIGUEL RODRIGUEZ RODRIGUEZ		MS1M- 63	00:34:52	00:05:16	00:34:12	00:05:10	00:24:29			BERGONDO
404	263	RICARDO FERNÁNDEZ GONZÁLEZ		MS4M- 34	00:34:52	00:05:16	00:34:26	00:05:12	00:24:39			A CORUÑA
405	588	MARTA RUA LOPEZ	F- 44	MS2F- 6	00:34:53	00:05:16	00:34:10	00:05:10	00:24:48			A CORUÑA
406	362	MIGUEL ANGEL PALMEIRO QUELLE		MS2M- 81	00:34:53	00:05:16	00:34:09	00:05:10	00:24:48			A CORUÑA
407	256	SANTIAGO EIRIS LOPEZ		MS4M- 35	00:34:53	00:05:16	00:34:31	00:05:13	00:24:18			A CORUÑA
408	1020	JESÚS MANUEL COSILLAS DOURADO		MS1M- 64	00:34:55	00:05:17	00:34:47	00:05:15	00:24:34			LA CORUÑA
409	220	PABLO BUCETA BLANCO		MS3M- 62	00:34:57	00:05:17	00:34:39	00:05:14	00:24:28			CULLEREDO
410	920	CARLA CERQUEIRO BLANCO	F- 45	SUB23F- 3	00:35:00	00:05:17	00:34:52	00:05:16	00:24:16			ARTEIXO
411	293	ANTONIO GOLPE LÓPEZ		SNM- 80	00:35:00	00:05:17	00:34:17	00:05:11	00:25:00			A CORUÑA
412	477	ESTEFANÍA MENDOZA CONTRERAS	F- 46	MS3F- 9	00:35:00	00:05:17	00:34:38	00:05:14	00:24:51		ATLETAS DE ACEA DE AMA	SAN PEDRO DE NOS
413	124	AGUSTIN FERRAN ANEGON		MS3M- 63	00:35:01	00:05:18	00:34:29	00:05:13	00:24:56		MIXMASTER RUNNING	CULLEREDO
414	243	MARCELINO DE JUAN BARQUIN		MS6M- 13	00:35:03	00:05:18	00:34:40	00:05:14	00:24:33			LA CORUÑA
415	479	Mª LUISA BARREIRO FUENTES	F- 47	MS3F- 10	00:35:04	00:05:18	00:34:51	00:05:16	00:24:32	G-763977	ATLETISMO RIAZOR	A CORUÑA
416	717	JAVIER AGUIÓN SEOANE		MS2M- 82	00:35:05	00:05:18	00:34:20	00:05:11	00:24:57			A CORUÑA
417	544	PILAR FERNANDEZ ROMERO	F- 48	MS6F- 2	00:35:05	00:05:18	00:35:00	00:05:17	00:24:28			A CORUÑA
418	516	OLGA POSE CHOUCIÑO	F- 49	MS2F- 7	00:35:05	00:05:18	00:34:37	00:05:14	00:24:46		PONTERIDERS	PONTECESO
419	850	SARA RODRÍGUEZ ARGIBAY	F- 50	SNF- 16	00:35:05	00:05:18	00:34:59	00:05:17	00:24:36		MANDEO MULTISPORT (AS VELLAS NON PARAMOS)	BETANZOS
420	449	FÉLIX VARELA MARTÍNEZ		MS2M- 83	00:35:06	00:05:18	00:34:53	00:05:16	00:24:22			A CORUÑA
421	709	DANIEL GANTES TOMÉ		MS2M- 84	00:35:06	00:05:18	00:34:51	00:05:16	00:24:55		GANTESPORT	LA CORUÑA
422	1034	ANGEL LOPEZ BRAVO		MS2M- 85	00:35:10	00:05:19	00:34:16	00:05:11	00:25:21			A CORUÑA
423	1019	JAVIER CORRAL ARES		MS3M- 64	00:35:10	00:05:19	00:34:57	00:05:17	00:24:37			LA CORUÑA
424	483	MARI CARMEN RODRIGUEZ GOLAN	F- 51	MS3F- 11	00:35:11	00:05:19	00:34:52	00:05:16	00:24:59		BISCACHONS RUNNING	A LARACHA
425	582	TERESA RINCÓN SAAVEDRA	F- 52	MS2F- 8	00:35:12	00:05:19	00:34:55	00:05:17	00:24:58			A CORUÑA
426	567	CAROLINA MONTENEGRO	F- 53	MS1F- 5	00:35:12	00:05:19	00:34:53	00:05:16	00:24:58			LA CORUÑA
427	418	MANU RODRIGUEZ SUAREZ		MS4M- 36	00:35:14	00:05:19	00:34:49	00:05:16	00:24:58			CAMBRE
428	312	FERNANDO LANDEIRA CASTRO		MS1M- 65	00:35:15	00:05:20	00:34:46	00:05:15	00:25:10			SANTA COMBA
429	174	FRANCISCO PRIETO PERNAS		MS2M- 86	00:35:19	00:05:20	00:35:02	00:05:18	00:24:14		SÍGUEME SI PUEDES	CORUÑA
430	384	DIEGO PÉREZ PONTE		MS1M- 66	00:35:22	00:05:21	00:34:44	00:05:15	00:25:07			A CORUÑA
431	827	FEDERICO SUAREZ CANCEO		MS2M- 87	00:35:24	00:05:21	00:34:43	00:05:15	00:24:53			A CORUÑA
432	223	DIEGO CABARCOS VAL		SNM- 81	00:35:27	00:05:21	00:34:51	00:05:16	00:25:14			BURELA
433	760	PABLO JOSÉ GARCÍA SUÁREZ		MS3M- 65	00:35:27	00:05:22	00:34:52	00:05:16	00:25:03			A CORUÑA
434	732	ADRIÁN CANTÍN FILLOLA		SNM- 82	00:35:29	00:05:22	00:34:58	00:05:17	00:25:03			ALCAÑIZ
435	1059	DIEGO VEGA SILVA		MS1M- 67	00:35:31	00:05:22	00:34:53	00:05:16	00:25:29			A CORUÑA
436	731	FERNANDO CACERES GIL		MS2M- 88	00:35:35	00:05:23	00:35:02	00:05:18	00:25:16			A POBRA DO CARAMIÑAL
437	357	MANUEL JAVIER MUÑIZ SEIJAS		MS5M- 20	00:35:39	00:05:23	00:35:17	00:05:20	00:25:36			A CORUÑA
438	292	JOSE GERPE BARBEIRA		MS2M- 89	00:35:39	00:05:23	00:35:12	00:05:19	00:25:20			A CORUÑA
439	727	RAÚL BLANCO RUBIO		MS1M- 68	00:35:39	00:05:23	00:35:01	00:05:17	00:25:14			MADRID
440	822	ANTONIO SANJURJO ASTORGANO		SNM- 83	00:35:40	00:05:23	00:35:27	00:05:21	00:24:54			A CORUÑA
441	1072	NOELIA FERNÁNDEZ ABELENDA	F- 54	SNF- 17	00:35:41	00:05:24	00:35:09	00:05:19	00:25:17			A CORUÑA
442	922	ANA ISABEL LAGO LÓPEZ	F- 55	MS4F- 6	00:35:41	00:05:24	00:35:29	00:05:22	00:24:56		ATLETAS DE ACEA DE AMA	A CORUÑA
443	389	ALFONSO PREGO		MS3M- 66	00:35:44	00:05:24	00:35:23	00:05:21	00:25:12			CERCEDA
444	190	ADRIAN ALAEZ AYAN		SNM- 84	00:35:46	00:05:24	00:35:11	00:05:19	00:25:09			A CORUÑA
445	236	ADRIÁN CASTRO RODRÍGUEZ		MS1M- 69	00:35:46	00:05:24	00:35:09	00:05:19	00:25:33			LUGO
446	287	SAMUEL GARCÍA MONTERO		SNM- 85	00:35:50	00:05:25	00:35:11	00:05:19	00:25:47			CAMBRE
447	374	ALEJANDRO PAZOS SÁNCHEZ		MS1M- 70	00:35:52	00:05:25	00:35:33	00:05:22	00:25:29			A CORUÑA
448	85	MONCHO MOSQUERA PAN		MS6M- 14	00:35:53	00:05:25	00:35:39	00:05:23	00:25:17		CLUB HERCULES TERMARIA	MIÑO
449	353	JOSÉ MANUEL MOSQUERA NOVOA		MS3M- 67	00:35:55	00:05:26	00:35:18	00:05:20	00:25:45			CULLEREDO
450	766	DANIEL GONZÁLEZ RAMA		MS2M- 90	00:35:57	00:05:26	00:35:13	00:05:19	00:24:24			ARTEIXO
451	899	MIRYAM PINILLA MARTINEZ	F- 56	SNF- 18	00:35:57	00:05:26	00:35:14	00:05:19	00:25:25			BETANZOS
452	790	EDUARDO ORDOÑEZ CALONGE		SNM- 86	00:35:58	00:05:26	00:35:14	00:05:19	00:25:25			BETANZOS
453	492	MARYEM SALI DUQUE	F- 57	MS1F- 6	00:36:00	00:05:27	00:35:16	00:05:20	00:25:53		CLUB ATLETISMO SADA	A CORUÑA
454	1055	VICTOR SACRISTAN SANTOS		SNM- 87	00:36:01	00:05:27	00:35:33	00:05:22	00:25:16			A CORUÑA
455	562	GEMA MARTÍNEZ CARRERA	F- 58	MS3F- 12	00:36:03	00:05:27	00:35:48	00:05:25	00:25:23			A CORUÑA
456	195	LUIS ALVAREZ CAMARA		MS6M- 15	00:36:07	00:05:27	00:35:52	00:05:25	00:25:19			LA CORUÑA
457	76	RENATO RIVAS LOPEZ		MS2M- 91	00:36:08	00:05:28	00:35:24	00:05:21	00:25:48		CLUB ATLETISMO SADA	LA CORUÑA
458	598	ARACELI VEIGA BERMEJO	F- 59	MS6F- 3	00:36:09	00:05:28	00:35:45	00:05:24	00:25:34			A CORUÑA

525	729	ALBERT BRU		SNM- 94	00:37:41	00:05:42	00:37:04	00:05:36	00:26:47	A CORUÑA
526	733	JUAN ANTONIO CAÑIZO FRAGA		MS3M- 78	00:37:44	00:05:42	00:37:33	00:05:41	00:26:16	BERTAMIRÁNS
527	352	ALBERTO MOREIRAS LORENZO		MS1M- 79	00:37:45	00:05:42	00:37:22	00:05:39	00:26:27	ARTEIXO
528	538	BELEN F.C.	F- 81	MS2F- 14	00:37:48	00:05:43	00:37:31	00:05:40	00:26:24	A CORUÑA
529	417	SERGIO RODRIGUEZ RODRIGUEZ		MS1M- 80	00:37:50	00:05:43	00:37:10	00:05:37	00:26:47	LUBRE - BERGONDO
530	1010	JOAQUÍN BARALE-CAAMAÑO QUIROGA		SUB23M- 5	00:37:52	00:05:43	00:37:12	00:05:37	00:27:22	CORUÑA
531	290	BENIGNO GAREA CAO		MS6M- 19	00:37:54	00:05:44	00:37:30	00:05:40	00:26:27	A CORUÑA
532	801	JAVI POMBAR GUILLAN		SNM- 95	00:37:57	00:05:44	00:37:29	00:05:40	00:26:35	A CORUÑA
533	878	PATRICIA GARCÍA VECINO	F- 82	SNF- 25	00:37:58	00:05:44	00:37:18	00:05:38	00:26:48	CARBALLO
534	368	JUAN CARLOS PASTOR PORTILLO		MS2M- 103	00:38:01	00:05:45	00:37:45	00:05:42	00:26:30	A CORUÑA
535	749	PEDRO LUIS FERNÁNDEZ SUÁREZ		MS5M- 25	00:38:01	00:05:45	00:37:37	00:05:41	00:26:40	LA CORUÑA
536	378	MIGUEL PEREIRA FERNÁNDEZ		MS2M- 104	00:38:01	00:05:45	00:37:25	00:05:39	00:27:28	OLEIROS
537	833	ADRIAN VELO FUENTES		SNM- 96	00:38:03	00:05:45	00:37:20	00:05:39	00:27:12	A CORVEIRA, CULLEREDO
538	758	MANEL GARCIA MARTINEZ		MS3M- 79	00:38:05	00:05:45	00:37:20	00:05:39	00:27:25	LA CORUÑA
539	564	LYDIA MARTINEZ MOUTON	F- 83	MS4F- 9	00:38:07	00:05:46	00:37:42	00:05:42	00:26:53	ARTEIXO
540	724	JAVIER BERMUDEZ POMBO		MS1M- 81	00:38:08	00:05:46	00:37:24	00:05:39	00:27:03	CERCEDA
541	742	JOSE CASIANO DIAZ BUSTELO		MS3M- 80	00:38:08	00:05:46	00:37:46	00:05:42	00:27:06	CORUÑA
542	581	LAURA REY PADÍN	F- 84	SNF- 26	00:38:10	00:05:46	00:38:02	00:05:45	00:26:44	O GROVE
543	1033	ALBERTO CARLOS LOPEZ BRAVO		MS2M- 105	00:38:13	00:05:47	00:37:20	00:05:39	00:27:24	A CORUÑA
544	289	LUIS GAREA		MS4M- 38	00:38:16	00:05:47	00:37:51	00:05:43	00:26:35	A CORUÑA
545	773	ROBERTO LOPEZ SOUTULLO		MS1M- 82	00:38:17	00:05:47	00:37:33	00:05:41	00:27:00	CARBALLO
546	1035	EDGAR LOPEZ BRAVO		MS1M- 83	00:38:17	00:05:47	00:37:25	00:05:39	00:27:27	A CORUÑA
547	532	MONTSERRAT CANOSA	F- 85	SNF- 27	00:38:18	00:05:47	00:38:10	00:05:46	00:26:37	LA CORUÑA
548	759	EDUARDO GARCIA SANTIAGO		MS4M- 39	00:38:18	00:05:47	00:37:53	00:05:43	00:27:06	A LARACHA
549	251	DANIEL DOMÍNGUEZ		SNM- 97	00:38:18	00:05:47	00:38:12	00:05:46	00:26:37	A CORUÑA
550	187	JUAN JOSÉ INSUA LOURO		MS4M- 40	00:38:18	00:05:47	00:37:55	00:05:44	00:27:07	VAL DO DUBRA
551	358	AFONSO NAVEIRA FERNANDEZ		SNM- 98	00:38:21	00:05:48	00:37:37	00:05:41	00:27:31	A CORUÑA
552	351	NACHO MONTENEGRO GARAT		SNM- 99	00:38:26	00:05:48	00:38:02	00:05:45	00:26:46	EL TEMPLE
553	789	MICHEL ODREMAN MENDOZA		MS1M- 84	00:38:26	00:05:49	00:37:43	00:05:42	00:27:09	CARBALLO
554	318	MIGUEL LOPEZ CASTELO		MS2M- 106	00:38:28	00:05:49	00:37:52	00:05:43	00:27:03	A CORUÑA
555	897	REBECA PELAEZ SUAREZ	F- 86	SNF- 28	00:38:33	00:05:50	00:38:00	00:05:45	00:27:25	A CORUÑA
556	812	SERGIO RODRIGUEZ FERNANDEZ		SNM- 100	00:38:37	00:05:50	00:38:14	00:05:47	00:27:20	LA CORUÑA
557	425	DAVID SANCHEZ FERROL		SUB23M- 6	00:38:37	00:05:50	00:37:56	00:05:44	00:26:54	ARTEIXO
558	907	ANDREA ROJO RODRIGUEZ	F- 87	SNF- 29	00:38:37	00:05:50	00:38:14	00:05:47	00:27:19	A CORUÑA
559	921	ROCIO CAMPOS BREA	F- 88	MS1F- 9	00:38:39	00:05:50	00:38:19	00:05:47	00:26:39	CULLEREDO
560	185	ALEXANDRE RODRÍGUEZ PAZ		MS2M- 107	00:38:39	00:05:51	00:38:20	00:05:48	00:26:41	TRIATLON ARTEIXO
561	1053	DAVID RODRÍGUEZ NAVEIRA		MS1M- 85	00:38:42	00:05:51	00:38:01	00:05:45	00:27:16	A CORUÑA
562	810	JOSÉ ANTONIO ROCHA		MS2M- 108	00:38:44	00:05:51	00:37:54	00:05:44	00:27:33	A CORUÑA
563	551	GEMA GONZÁLEZ ANTELO	F- 89	MS2F- 15	00:38:45	00:05:51	00:38:35	00:05:50	00:28:00	LA CORUÑA
564	257	MIGUEL ANGEL EIROA RODRIGUEZ		MS4M- 41	00:38:46	00:05:52	00:38:20	00:05:48	00:27:06	A CORUÑA
565	1025	BORJA GANTES CABAÑO		SNM- 101	00:38:47	00:05:52	00:38:01	00:05:45	00:27:26	CAMBRE
566	528	NOEMÍ BOUZA ARECES	F- 90	MS3F- 18	00:38:50	00:05:52	00:38:39	00:05:50	00:27:28	A CORUÑA
567	180	JOSÉ MANUEL RODRÍGUEZ TORREIRA		SNM- 102	00:38:50	00:05:52	00:38:21	00:05:48	00:27:21	TERRA DE SONEIRA C.D.
568	259	JAIIME ESTÉVEZ VIDAL		MS3M- 81	00:38:51	00:05:52	00:38:23	00:05:48	00:27:14	A CORUÑA
569	412	GUILLERMO JOSÉ RODICIO CIMADEVILLA		SNM- 103	00:38:55	00:05:53	00:38:19	00:05:47	00:27:35	A CORUÑA
570	835	ROSA RAMUDO RIVAS	F- 91	M55F- 3	00:38:57	00:05:53	00:38:46	00:05:52	00:27:11	BIPBIPCORRECAMIÑOS
571	599	MARIA ZARZOSA ESTEVEZ	F- 92	SNF- 30	00:38:58	00:05:53	00:38:38	00:05:50	00:27:34	A LARACHA
572	851	ELENA LÓPEZ AMENEDO	F- 93	MS1F- 10	00:38:59	00:05:54	00:38:30	00:05:49	00:27:42	A CORUÑA
573	844	PAULA CARREGAL SÓMME	F- 94	SUB23F- 4	00:39:01	00:05:54	00:38:52	00:05:52	00:27:03	A CORUÑA
574	892	MONTSERRAT ISABEL MANTEIGA UZAL	F- 95	MS3F- 19	00:39:08	00:05:55	00:38:47	00:05:52	00:27:21	A CORUÑA
575	797	JAVIER PEREZ VAZQUEZ		MS3M- 82	00:39:08	00:05:55	00:38:48	00:05:52	00:27:20	A CORUÑA
576	1013	ANGEL CAMPO PENIN		MS1M- 86	00:39:13	00:05:56	00:38:31	00:05:49	00:27:50	A CORUÑA
577	765	SERGIO ENRIQUE GONZALEZ ALVAREZ		SNM- 104	00:39:14	00:05:56	00:38:35	00:05:50	00:26:50	SADA
578	814	ÓSCAR RODRIGUEZ MACIA		MS3M- 83	00:39:15	00:05:56	00:38:32	00:05:49	00:27:27	A CORUÑA
579	345	JOSE ANTONIO MENDEZ PAMPIN		MS6M- 20	00:39:18	00:05:56	00:38:52	00:05:52	00:27:32	LA CORUÑA
580	119	JESUS LORENZO FARIÑA		MS2M- 109	00:39:19	00:05:56	00:38:54	00:05:53	00:27:16	MANDEO MULTISPORT (AS VELLAS NON PARAMOS)
581	703	ADRIAN PORTAS		SNM- 105	00:39:21	00:05:57	00:39:04	00:05:54	00:27:35	BEER RUNNERS CORUÑA
582	1038	PABLO MAROÑO RODRÍGUEZ		SNM- 106	00:39:26	00:05:57	00:38:52	00:05:52	00:28:01	A CORUÑA
583	533	SONIA MARÍA CARRO RIOS	F- 96	MS2F- 16	00:39:26	00:05:58	00:39:11	00:05:55	00:27:33	A CORUÑA
584	151	CARLOS ANDRADE CASTRO		MS2M- 110	00:39:27	00:05:58	00:38:59	00:05:53	00:27:43	PONTERIDERS
585	566	Mª DEL CARMEN MIRANDA AMADO	F- 97	M55F- 4	00:39:27	00:05:58	00:39:06	00:05:55	00:28:09	A CORUÑA
586	517	BEGOÑA VARELA LEMA	F- 98	MS2F- 17	00:39:27	00:05:58	00:38:59	00:05:53	00:27:43	PONTERIDERS
587	229	MARIO CANOSA GONZALEZ		MS2M- 111	00:39:27	00:05:58	00:39:12	00:05:55	00:27:34	LA CORUÑA
588	308	ANGEL HERMIDA OTERO		MS2M- 112	00:39:32	00:05:58	00:38:43	00:05:51	00:28:16	CULLEREDO
589	583	CARLOTA ROCA FERNANDEZ	F- 99	SNF- 31	00:39:33	00:05:59	00:39:15	00:05:56	00:27:26	OLEIROS
590	366	PABLO PARGUIÑA FERNANDEZ		MS6M- 21	00:39:37	00:05:59	00:39:23	00:05:57	00:27:52	A CORUÑA

591	550	CARMEN GARCIA GARCIA	F- 100	M55F- 5	00:39:37	00:05:59	00:39:01	00:05:54	00:28:54	A CORUÑA
592	901	SARA PRIETO LÓPEZ	F- 101	SNF- 32	00:39:47	00:06:01	00:39:36	00:05:59	00:27:34	A CORUÑA
593	894	LILIANA RAMONA OCAMPO CÁCERES	F- 102	SNF- 33	00:39:52	00:06:02	00:39:28	00:05:58	00:27:53	A CORUÑA
594	518	LARA PALLAS QUINTELA	F- 103	SNF- 34	00:39:53	00:06:02	00:39:21	00:05:57	00:28:22	RUNNERS CARBALLO
595	265	LUIS ALBERTO FERNÁNDEZ PARADA		MS4M- 42	00:39:54	00:06:02	00:39:19	00:05:57	00:28:21	CAMBRE
596	330	MIGUEL MANEIRO		MS2M- 113	00:39:58	00:06:02	00:39:11	00:05:55	00:28:12	LA CORUÑA
597	1011	JOEL BARRO CABANAS		SNM- 107	00:39:59	00:06:03	00:39:24	00:05:57	00:28:21	CULLEREDO
598	231	JUAN MIGUEL CARABEL LEMA		SNM- 108	00:40:00	00:06:03	00:39:22	00:05:57	00:27:33	CARBALLO
599	232	DAVID CARBALLIDO SOUTO		SNM- 109	00:40:00	00:06:03	00:39:22	00:05:57	00:27:33	CARBALLO
600	510	MANUELA FILGUEIRAS BARRO	F- 104	MS4F- 10	00:40:01	00:06:03	00:39:41	00:06:00	00:27:46	MFB
601	719	JOSE ANTONIO ALONSO GARCIA		SNM- 110	00:40:04	00:06:03	00:39:34	00:05:59	00:28:02	A CORUÑA
602	1058	DARÍO JORGE VEGA SILVA		SNM- 111	00:40:05	00:06:03	00:39:28	00:05:58	00:28:38	A CORUÑA
603	57	JOSE VARELA VERDES		MS2M- 114	00:40:09	00:06:04	00:39:45	00:06:00	00:28:47	BEER RUNNERS CORUÑA
604	482	PILAR VAZQUEZ FEBRERO	F- 105	MS1F- 11	00:40:09	00:06:04	00:39:45	00:06:00	00:28:47	A CORUÑA
605	864	SIMONE CARRO ERAS	F- 106	MS3F- 20	00:40:12	00:06:04	00:40:04	00:06:03	00:27:56	GUISAMO
606	580	ÁNGELES RESPINO SOUTO	F- 107	MS4F- 11	00:40:13	00:06:05	00:39:48	00:06:01	00:28:18	A CORUÑA
607	576	ISABEL PEREIRO	F- 108	MS2F- 18	00:40:14	00:06:05	00:39:48	00:06:01	00:28:19	A CORUÑA
608	584	MARINA RODRIGUEZ CARIDE	F- 109	MS3F- 21	00:40:15	00:06:05	00:39:52	00:06:02	00:28:46	A CORUÑA
609	593	IRIA SUÁREZ DÍAZ	F- 110	MS2F- 19	00:40:18	00:06:05	00:39:30	00:05:58	00:28:42	A CORUÑA
610	509	TANIA PAZOS FERNANDEZ	F- 111	SNF- 35	00:40:19	00:06:06	00:40:11	00:06:04	00:27:58	MESOIRO RUNNING
611	778	GERMAN XAVIER MARTÍN GARCIA		MS1M- 87	00:40:22	00:06:06	00:39:36	00:05:59	00:29:45	LA CORUÑA
612	764	DANIEL GONZÁLEZ		MS1M- 88	00:40:26	00:06:07	00:39:46	00:06:01	00:28:22	LA CORUÑA
613	585	MARÍA LUZ RODRÍGUEZ GARCÍA	F- 112	MS3F- 22	00:40:31	00:06:07	00:40:02	00:06:03	00:28:46	A CORUÑA
614	464	JOSE LUIS VILLAR MORCILLO		MS4M- 43	00:40:33	00:06:08	00:40:01	00:06:03	00:28:42	A CORUÑA
615	594	BERTA SUAREZ FERNANDEZ	F- 113	MS1F- 12	00:40:35	00:06:08	00:39:56	00:06:02	00:28:44	CARBALLO
616	83	DIEGO VAZQUEZ BENDAÑA		SNM- 112	00:40:35	00:06:08	00:39:56	00:06:02	00:28:43	CLUB DE ATLETISMO DE ARZÚA
617	574	NANCY SUSANA ORDOÑEZ SALCEDO	F- 114	MS4F- 12	00:40:36	00:06:08	00:40:25	00:06:07	00:28:36	A CORUÑA
618	771	JOSÉ ALBERTO LODEIRO SÁNCHEZ		MS4M- 44	00:40:38	00:06:08	00:40:09	00:06:04	00:28:43	A CORUÑA
619	545	BELÉN FERREIRO GAREA	F- 115	MS2F- 20	00:40:47	00:06:10	00:40:07	00:06:04	00:29:11	A CORUÑA
620	218	HUMBERTO BRACCO MARINI		MS6M- 22	00:40:49	00:06:10	00:40:36	00:06:08	00:28:09	A LARACHA
621	560	MARIA LOZANO VAZQUEZ	F- 116	MS2F- 21	00:40:56	00:06:11	00:40:19	00:06:06	00:29:00	A CORUÑA
622	909	FATIMA SANMARTIN NIETO	F- 117	SNF- 36	00:41:09	00:06:13	00:40:58	00:06:11	00:28:46	A CORUÑA
623	36	MIGUEL ANGEL GONZALEZ TALAVERO		MS5M- 26	00:41:09	00:06:13	00:40:45	00:06:10	00:28:37	ATLETAS DE ACEA DE AMA
624	540	VANESA FELPETO BABÍO	F- 118	SNF- 37	00:41:10	00:06:13	00:40:33	00:06:08	00:28:40	SADA
625	245	DAVID DÍAZ PÉREZ		MS2M- 115	00:41:10	00:06:13	00:40:48	00:06:10	00:29:08	CORUÑA
626	905	CHUS RODRIGUEZ PENA	F- 119	MS1F- 13	00:41:19	00:06:15	00:40:42	00:06:09	00:29:22	PAIOSACO
627	704	EDMUNDO GARCIA GOMEZ		MS6M- 23	00:41:20	00:06:15	00:41:09	00:06:13	00:28:39	BIBIPCORRECAMIÑOS
628	507	PILAR CASAL DOPAZO	F- 120	MS4F- 13	00:41:20	00:06:15	00:40:44	00:06:09	00:29:23	LARACHA EN DUAS RODAS
629	484	CRISTINA SANCHEZ LOPEZ	F- 121	MS3F- 23	00:41:20	00:06:15	00:40:44	00:06:09	00:29:23	BISCACHONS RUNNING
630	916	CARMEN VIDAL RODRÍGUEZ-SABIO	F- 122	SNF- 38	00:41:27	00:06:16	00:40:50	00:06:10	00:29:05	A CORUÑA
631	884	LAURA GONZÁLEZ-ELIPE	F- 123	MS3F- 24	00:41:30	00:06:16	00:41:20	00:06:15	00:29:11	BERTAMIRÁNS
632	870	CRISTINA DE FRUTOS CARNERERO	F- 124	SNF- 39	00:41:30	00:06:16	00:41:09	00:06:13	00:29:17	A CORUÑA
633	716	DIEGO CASTRO FONDO		MS2M- 116	00:41:31	00:06:16	00:41:09	00:06:13	00:29:16	TODO QUE SI
634	914	BEATRIZ VELASCO AGRELO	F- 125	SNF- 40	00:41:33	00:06:17	00:40:58	00:06:11	00:29:06	A CORUÑA
635	762	JUAN CARLOS GOMEZ JIMÉNEZ		SNM- 113	00:41:35	00:06:17	00:40:49	00:06:10	00:28:58	LA CORUÑA
636	911	ELENA SUÁREZ GESTO	F- 126	MS1F- 14	00:41:36	00:06:17	00:40:53	00:06:11	00:29:42	LA CORUÑA
637	869	CAROLINA MARÍA CYGAN WITOSLAWSKA	F- 127	SNF- 41	00:41:37	00:06:17	00:40:47	00:06:10	00:30:06	A CORUÑA
638	755	JUVENAL GARCIA CARNICERO		MS2M- 117	00:41:40	00:06:18	00:41:07	00:06:13	00:30:59	A CORUÑA
639	866	LORENA CASTRILLÓN MANSO	F- 128	SNF- 42	00:41:42	00:06:18	00:41:03	00:06:12	00:29:27	A CORUÑA
640	840	BETINA FARALDO CALVO	F- 129	MS2F- 22	00:41:44	00:06:18	00:40:57	00:06:11	00:29:50	CLUB ATLETISMO SADA
641	710	ANTONIO JAVIER HERNÁNDEZ GARCÍA		MS4M- 45	00:41:48	00:06:19	00:41:36	00:06:17	00:29:12	LA MOCHILA DEL DEPORTE
642	847	YOLANDA HERNÁNDEZ GARCÍA	F- 130	MS2F- 23	00:41:48	00:06:19	00:41:37	00:06:17	00:29:12	LA MOCHILA DEL DEPORTE
643	543	IRIA FERNANDEZ RODRIGUEZ	F- 131	SNF- 43	00:41:49	00:06:19	00:41:27	00:06:16	00:28:20	A CORUÑA
644	1023	CARLOS FERNANDEZ BREIJO		MS3M- 84	00:41:50	00:06:19	00:41:14	00:06:14	00:29:31	A CORUÑA
645	216	MAURICIO JOSE BONOME		MS4M- 46	00:41:57	00:06:20	00:41:30	00:06:16	00:30:40	A CORUÑA
646	565	TANIA MATO LÓPEZ	F- 132	MS1F- 15	00:41:57	00:06:20	00:41:14	00:06:14	00:30:07	A CORUÑA
647	303	MANUEL GONZALEZ PEREIRA		MS7M- 9	00:42:00	00:06:21	00:41:11	00:06:13	00:29:55	ARTEIXO
648	1079	SANDRA PÉREZ MIRAGAYA	F- 133	MS2F- 24	00:42:02	00:06:21	00:41:17	00:06:14	00:29:58	ARTEIXO
649	1015	CÉSAR CARRO		MS2M- 118	00:42:06	00:06:22	00:41:25	00:06:15	00:30:25	CORUÑA
650	586	M. CRUZ RODRIGUEZ SUAREZ	F- 134	MS3F- 25	00:42:07	00:06:22	00:41:43	00:06:18	00:29:42	A CORUÑA
651	421	TXUS SAEZ VARELA		MS2M- 119	00:42:07	00:06:22	00:41:35	00:06:17	00:29:51	A CORUÑA
652	849	MARTA MARTÍNEZ BELLO	F- 135	MS2F- 25	00:42:13	00:06:23	00:41:48	00:06:19	00:29:46	MANDEO MULTISPORT (AS VELLAS NON PARAMOS)
653	859	ANA BALIBREA	F- 136	MS3F- 26	00:42:13	00:06:23	00:41:49	00:06:19	00:29:46	BETANZOS
654	52	MARTÍN SÁNCHEZ PIÑEIRO		SNM- 114	00:42:14	00:06:23	00:41:49	00:06:19	00:30:11	ATLETISMO RIAZOR CORUÑA
655	880	MARÍA GIL MANSO DE ZUÑIGA	F- 137	SNF- 44	00:42:14	00:06:23	00:41:48	00:06:19	00:30:09	VITORIA
656	391	FRANCISCO JAVIER QUEIRUGA SOUTO		SNM- 115	00:42:16	00:06:23	00:41:30	00:06:16	00:30:57	CULLEREDO

657	828	JACOBO SUÁREZ PITA		SNM- 116	00:42:16	00:06:23	00:41:30	00:06:16	00:30:56		A CORUÑA
658	147	ANTONIO CIUDAD PEREIRA		MS7M- 10	00:42:16	00:06:23	00:41:37	00:06:17	00:30:18	PATUKOS	A CORUÑA
659	556	LUCÍA LENCE BARREIRO	F- 138	SNF- 45	00:42:22	00:06:24	00:41:51	00:06:19	00:30:21		LUGO
660	202	MIGUEL ANDRADE VÁZQUEZ		MS1M- 89	00:42:22	00:06:24	00:41:51	00:06:19	00:30:21		A CORUÑA
661	1070	ANXELES CORBAL LÓPEZ	F- 139	MS4F- 14	00:42:36	00:06:26	00:42:14	00:06:23	00:29:56		LA CORUÑA
662	876	CAROLINE FLORA KNIGHT	F- 140	SNF- 46	00:42:40	00:06:27	00:42:24	00:06:24	00:29:41		A CORUÑA
663	205	LUIS ARTIME CARRERA		MS3M- 85	00:42:56	00:06:29	00:42:44	00:06:27	00:29:14		A CORUÑA
664	1016	ADRIAN CASAL CORREA		SNM- 117	00:42:57	00:06:29	00:42:15	00:06:23	00:30:04		OLEIROS
665	838	SILVIA MIRAGAYA CARBALLAL	F- 141	SNF- 47	00:43:17	00:06:32	00:42:58	00:06:30	00:29:45	CENTRO DEPORTIVO ARENA CHANTADA	VILALBA
666	442	CESAR THEMUDO GODAY		MS2M- 120	00:43:18	00:06:33	00:43:06	00:06:31	00:30:14		A CORUÑA
667	1065	ADRIANA OTERO RODRIGUEZ	F- 142	MS2F- 26	00:43:23	00:06:33	00:43:15	00:06:32	00:30:26	LA MOCHILA DEL DEPORTE	CULLEREDO
668	1067	BELÉN TELLA REY	F- 143	MS3F- 27	00:43:23	00:06:33	00:43:16	00:06:32	00:30:26	LA MOCHILA DEL DEPORTE	CAMBRE
669	342	JOSÉ JAVIER MAYO FERNANDEZ		MS3M- 86	00:43:24	00:06:33	00:42:39	00:06:27	00:32:05		ARTEIXO
670	787	DANIEL MOURIÑO ANDRADE		SNM- 118	00:43:34	00:06:35	00:42:48	00:06:28	00:30:57		A CORUÑA
671	546	MARIA CRISTINA FERREIRO MUÑIZ	F- 144	MS3F- 28	00:43:34	00:06:35	00:42:53	00:06:29	00:30:47		A CORUÑA
672	327	JOSE ANGEL LORENZO RIVEIRO		MS3M- 87	00:43:36	00:06:35	00:43:14	00:06:32	00:30:43		CULLEREDO
673	597	AURORA YENIL VARELA CABRERA	F- 145	MS2F- 27	00:43:36	00:06:35	00:43:15	00:06:32	00:30:43		LA CORUÑA
674	873	IRIA ESTEVEZ LOPEZ	F- 146	SNF- 48	00:43:40	00:06:36	00:43:32	00:06:35	00:30:17		A CORUÑA
675	910	ANGÉLICA MARÍA SEGOVIA ESCOBAR	F- 147	SNF- 49	00:43:49	00:06:37	00:43:23	00:06:33	00:30:27		A CORUÑA
676	877	ESTHER GARCIA GARCIA	F- 148	MS2F- 28	00:43:52	00:06:38	00:43:25	00:06:34	00:30:46		LA CORUÑA
677	843	CLAUDIA IVETTE AZAÑA GARCIA	F- 149	MS2F- 29	00:43:55	00:06:38	00:43:18	00:06:33	00:31:02	CLUB HERCULES TERMARIA	A CORUÑA
678	846	RAQUEL GUTIERREZ ARÉVALO	F- 150	MS4F- 15	00:43:56	00:06:38	00:43:45	00:06:37	00:31:00	LA MOCHILA DEL DEPORTE	GUISAMO
679	511	BELÉN POSE GÓMEZ	F- 151	MS3F- 29	00:43:56	00:06:38	00:43:24	00:06:34	00:30:22	MOCHILA DEL DEPORTE	A CORUÑA
680	502	ROSI GÓMEZ PRIETO	F- 152	MS3F- 30	00:43:56	00:06:38	00:43:47	00:06:37	00:30:22	LA MOCHILA DEL DEPORTE	A CORUÑA
681	381	BRAIS PÉREZ CASTRO		SNM- 119	00:44:04	00:06:40	00:43:29	00:06:34	00:30:50		A CORUÑA
682	123	OSCAR BESTEIRO VÁZQUEZ		MS2M- 121	00:44:19	00:06:42	00:43:45	00:06:37	00:31:39	MIXMASTER RUNNING	A CORUÑA
683	554	NURIA LAGO PALMEIRO	F- 153	MS4F- 16	00:44:24	00:06:42	00:43:46	00:06:37	00:31:02		LA CORUÑA
684	903	SONIA RIVERA DACAL	F- 154	MS2F- 30	00:44:27	00:06:43	00:43:51	00:06:38	00:31:02		A CORUÑA
685	98	SERGIO CALVO		MS2M- 122	00:44:28	00:06:43	00:43:41	00:06:36	00:31:10	CLUBE ATLETISMO OUTES - JOHN TURKEY	CORUÑA
686	879	SANDRA GIL LÓPEZ	F- 155	SNF- 50	00:44:29	00:06:43	00:43:40	00:06:36	00:31:31		CORUÑA
687	825	JORGE SOLORZANO LAGE		SNM- 120	00:44:29	00:06:43	00:43:41	00:06:36	00:31:32		OLEIROS
688	890	IRIA LOPEZ TACÓN	F- 156	SNF- 51	00:44:29	00:06:43	00:43:41	00:06:36	00:31:31		OLEIROS
689	117	LUIS SÁNCHEZ SANTOS		MS4M- 47	00:44:43	00:06:45	00:44:15	00:06:41	00:31:25	LUIS	A CORUÑA
690	595	ROISE ANTONIETA TORO VIDAL	F- 157	MS3F- 31	00:44:58	00:06:48	00:44:31	00:06:44	00:31:16		MIÑO
691	895	ANA PALOMARES LÓPEZ	F- 158	SNF- 52	00:45:01	00:06:48	00:44:21	00:06:42	00:31:59		A CORUÑA
692	882	ANGY GOMEZ SANCLEMENTE	F- 159	SNF- 53	00:45:07	00:06:49	00:44:21	00:06:42	00:31:45		A CORUÑA
693	881	NADIA GIMENEZ GARCIA	F- 160	SNF- 54	00:45:07	00:06:49	00:44:21	00:06:42	00:31:45		A CORUÑA
694	896	SILVIA PAZOS MONTERO	F- 161	SNF- 55	00:45:19	00:06:51	00:44:39	00:06:45	00:31:59		A CORUÑA
695	867	HELENA CONDE RODRIGUEZ	F- 162	SUB20F- 2	00:45:20	00:06:51	00:44:48	00:06:46	00:31:39		A CORUÑA
696	904	MÓNICA RODRÍGUEZ GARCÍA	F- 163	MS3F- 32	00:45:20	00:06:51	00:44:50	00:06:46	00:31:38		ORRO-CULLEREDO
697	1068	SILVIA BREIJO FERNÁNDEZ	F- 164	MS1F- 16	00:45:43	00:06:54	00:45:12	00:06:50	00:32:42		A CORUÑA
698	1018	FERNANDO CASTRO GONZÁLEZ		MS2M- 123	00:46:14	00:06:59	00:45:41	00:06:54	00:32:14		OURENSE
699	848	ISABEL OTERO ZINCKE	F- 165	M55F- 6	00:46:21	00:07:00	00:46:11	00:06:59	00:31:59	LA MOCHILA DEL DEPORTE	OLEIROS
700	891	MANUELA MACÉIRAS OTERO	F- 166	MS4F- 17	00:46:21	00:07:00	00:46:11	00:06:59	00:31:59		CULLEREDO
701	861	MARÍA BERINI PITA DA VEIGA	F- 167	SNF- 56	00:46:24	00:07:01	00:45:40	00:06:54	00:33:06		A CORUÑA
702	863	SANDRA MARÍA CABREIRA CARNEIRO	F- 168	MS2F- 31	00:46:37	00:07:03	00:45:48	00:06:55	00:33:22		BAIONA
703	423	ALBERTO SÁNCHEZ BARDANCA		MS2M- 124	00:46:39	00:07:03	00:45:50	00:06:56	00:32:30		CULLEREDO
704	883	MAYRA GONZÁLEZ ARROJO	F- 169	SNF- 57	00:46:48	00:07:04	00:45:57	00:06:57	00:32:49		LA CORUÑA
705	874	LORENA FERNÁNDEZ GONZÁLEZ	F- 170	SNF- 58	00:47:03	00:07:07	00:46:25	00:07:01	00:34:21		LA CORUÑA
706	1052	GERMAN RODRIGUEZ FUENTES		SNM- 121	00:47:19	00:07:09	00:46:33	00:07:02	00:32:54		A CORUÑA
707	856	MARÍA JOSÉ ÁLVAREZ BARRAL	F- 171	MS3F- 33	00:47:43	00:07:13	00:47:37	00:07:12	00:32:52		A CORUÑA
708	750	RAFAEL FERNANDEZ VELO		MS1M- 90	00:47:44	00:07:13	00:47:03	00:07:07	00:34:04		A CORUÑA
709	127	MIGUEL MOSQUERA ABAD		MS7M- 11	00:47:49	00:07:13	00:47:40	00:07:12	00:33:03	NINGUNO	A CORUÑA
710	1078	GORETTI MONTESÓ CASTRO	F- 172	SNF- 59	00:47:54	00:07:14	00:47:12	00:07:08	00:33:52		LA CORUÑA
711	258	FELIPE ELENA RODRÍGUEZ		SNM- 122	00:48:04	00:07:16	00:47:19	00:07:09	00:33:51		A CORUÑA
712	499	MARIBEL VICENTE GONZÁLEZ	F- 173	M55F- 7	00:48:31	00:07:20	00:47:53	00:07:14	00:34:23	HÉRCULES TERMARIA	MIÑO
713	1043	JUAN NÚÑEZ FIUZA		MS2M- 125	00:48:40	00:07:21	00:47:54	00:07:14	00:34:20		A CORUÑA
714	1077	JOSEFA MAYO PRIEGUE	F- 174	MS2F- 32	00:48:41	00:07:21	00:47:54	00:07:14	00:34:21		A CORUÑA
715	404	CARLOS RIÁDIGOS MOSQUERA		MS2M- 126	00:48:50	00:07:23	00:48:12	00:07:17	00:34:36		A CORUÑA
716	561	SUZANA M.	F- 175	MS1F- 17	00:48:50	00:07:23	00:48:12	00:07:17	00:34:36		A CORUÑA
717	568	LUISA MORANO LISTA	F- 176	MS3F- 34	00:48:53	00:07:23	00:48:08	00:07:16	00:34:42		ARTEIXO
718	537	MONICA DORREGO ALONSO	F- 177	MS4F- 18	00:48:54	00:07:23	00:48:32	00:07:20	00:34:42		A CORUÑA
719	326	MARTÍN LORENZO POSE		SUB23M- 7	00:48:55	00:07:23	00:48:13	00:07:17	00:38:12		A CORUÑA
720	906	LAURA ROEL MOSQUERA	F- 178	MS1F- 18	00:49:30	00:07:29	00:48:42	00:07:21	00:35:07		BERGONDO
721	868	ARIADNA CRESPO POMBAR	F- 179	SNF- 60	00:49:30	00:07:29	00:48:41	00:07:21	00:35:07		BERGONDO
722	1026	FABIÁN GARCÍA CALVO		SNM- 123	00:50:13	00:07:35	00:49:40	00:07:30	00:35:19		A CORUÑA

723	1071	FÁTIMA DÍAZ SUÁREZ	F- 180	SNF- 61	00:50:14	00:07:35	00:49:40	00:07:30	00:35:21	A CORUÑA
724	1074	NURIA GARCÍA CALVO	F- 181	MS1F- 19	00:50:15	00:07:35	00:49:40	00:07:30	00:35:21	OURENSE
725	902	INÉS REY EIROA	F- 182	SUB23F- 5	00:50:33	00:07:38	00:49:51	00:07:32	00:38:13	ARTEIXO
726	133	JOAQUÍN DIAZ REDONDO		MS5M- 27	00:52:26	00:07:55	00:51:54	00:07:50	00:36:33	NOSPORTLIMIT A CORUÑA
727	1076	DIVINA MAYO PRIEGUE	F- 183	MS3F- 35	00:53:28	00:08:05	00:52:42	00:07:58	00:37:29	A CORUÑA
728	283	JOSE MANUEL GARCÍA CACABELOS		MS5M- 28	00:53:36	00:08:06	00:52:56	00:08:00	00:37:51	A CORUÑA

V CARREIRA POPULAR MATOGRANDE, A Coruña 19/01/2020

Sub 18 - Sub 16. Distancia: 2.535 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1386	YAGO IGNACIO GARCIA SAINZ		SUB18M- 1	00:09:12	00:03:38	AG2024952	CLUB USC	SANTIAGO DE COMPOSTELA
2	1395	YAGO DANIEL RIO PEREIRA		SUB18M- 2	00:09:19	00:03:41			FERROL
3	1389	JUAN CAÑIZO GONZÁLEZ-ELIPE		SUB16M- 1	00:09:23	00:03:42			BERTAMIRÁNS
4	1383	DARÍO AMBITE SANTANA		SUB16M- 2	00:09:39	00:03:49		CLUB ATLETISMO SADA	CAMBRE
5	1390	PAULO FERNANDEZ MARTINEZ		SUB18M- 3	00:09:39	00:03:49			A CORUÑA
6	1396	YERAY RODRÍGUEZ CASAL		SUB18M- 4	00:09:41	00:03:49			A LARACHA
7	1398	IVAN VEIRAS IGLESIAS		SUB16M- 3	00:09:47	00:03:52			A CORUÑA
8	1392	ÓSCAR NÚÑEZ MAYO		SUB18M- 5	00:09:50	00:03:53			MUROS
9	1382	JOEL RAMOS CARRO		SUB16M- 4	00:09:54	00:03:55		CLUB ATLETICO BERGONDO	GUISAMO - BERGONDO
10	1402	SUSANA AMOR CASTRO	F- 1	SUB16F- 1	00:10:44	00:04:15		CLUB ATLETISMO SADA	A CORUÑA
11	1381	MATEO ROMERO SUAREZ		SUB16M- 5	00:11:05	00:04:23		ATLETISMO CORUÑA COMARCA	LA CORUÑA
12	1394	MARIO PEREIRA EIRIZ		SUB18M- 6	00:11:15	00:04:26			CULLEREDO
13	1405	LAURA CUIÑA FERNÁNDEZ	F- 2	SUB16F- 2	00:11:20	00:04:29		CLUB MARINEDA ATLETICO	A CORUÑA
14	1408	ANDREA CAINZOS GARCIA	F- 3	SUB16F- 3	00:11:22	00:04:29		LA MOCHILA DEL DEPORTE	LA CORUÑA
15	1399	LUCIA VÁZQUEZ HERMIDA	F- 4	SUB18F- 1	00:11:54	00:04:42		ATLETISMO CORUÑA COMARCA	A CORUNA
16	1403	INÉS VÁZQUEZ SÁNCHEZ	F- 5	SUB16F- 4	00:11:56	00:04:43		CLUB ATLETISMO SADA	CULLEREDO
17	1409	ALBA DÍAZ RUIZ	F- 6	SUB16F- 5	00:11:59	00:04:44		LA MOCHILA DEL DEPORTE	A CORUÑA
18	1404	ANE FERNANDEZ-PEITEADO ECHEVERRIA	F- 7	SUB18F- 2	00:12:32	00:04:57		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
19	1410	VEGA ARMADA SANTOS	F- 8	SUB16F- 6	00:13:49	00:05:27			A CORUÑA
20	1411	PAULA GONZÁLEZ PÉREZ	F- 9	SUB18F- 3	00:14:09	00:05:35			A CORUÑA

V CARREIRA POPULAR MATOGRANDE, A Coruña 19/01/2020

Sub 14. Distancia: 1.495 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1334	DANIEL SALGUEIRO UCEIRA		SUB14M- 1	00:05:08	00:03:26		ATLETISMO CORUÑA COMARCA	A CORUÑA
2	1341	MARTIN BAZAN COBELO		SUB14M- 2	00:05:21	00:03:35		CLUB MARINEDA ATLETICO	SAN PEDRO DE NOS-OLEIROS
3	1332	IKER LAVANDEIRA RODRIGUEZ		SUB14M- 3	00:05:24	00:03:37		ATLETISMO CORUÑA COMARCA	A CORUÑA
4	1343	JAVIER PICOS GALCERAN		SUB14M- 4	00:05:30	00:03:41		CLUB MARINEDA ATLETICO	CULLEREDO
5	1342	LUCAS HUERTAS GANDROY		SUB14M- 5	00:05:33	00:03:43		CLUB MARINEDA ATLETICO	NOVO MESOIRO A CORUÑA
6	1345	GABRIEL VILLAR SAAVEDRA		SUB14M- 6	00:05:35	00:03:44		CLUB MARINEDA ATLETICO	A CORUÑA
7	1359	IREA ADRIANA ALÉN FERNÁNDEZ	F- 1	SUB14F- 1	00:05:35	00:03:44		CLUB ATLETISMO SADA	LIANS (OLEIROS)
8	1367	PAULA VÁZQUEZ HERMIDA	F- 2	SUB14F- 2	00:05:44	00:03:50		LA MOCHILA DEL DEPORTE	A CORUÑA
9	1357	CELIA FERNÁNDEZ BOUZA	F- 3	SUB14F- 3	00:05:45	00:03:51		ATLETISMO RIAZOR CORUÑA	CORUÑA
10	1366	MARÍA VÁZQUEZ FUENTES	F- 4	SUB14F- 4	00:05:48	00:03:53		LA MOCHILA DEL DEPORTE	A CORUÑA
11	1331	BERKET LOPEZ DIAZ		SUB14M- 7	00:05:59	00:04:00		ATLETISMO CARBALLO	CARBALLO
12	1344	IGNACIO VILELA NÚÑEZ		SUB14M- 8	00:06:00	00:04:01		CLUB MARINEDA ATLETICO	A CORUÑA
13	1337	PELAYO BLANCO GARCIA		SUB14M- 9	00:06:09	00:04:07		CLUB ATLETISMO SADA	OLEIROS
14	1360	LUCÍA ÁLVAREZ TOURIÑÁN	F- 5	SUB14F- 5	00:06:13	00:04:09		CLUB ATLETISMO SADA	OLEIROS
15	1365	CRISTINA MATO DIAZ	F- 6	SUB14F- 6	00:06:13	00:04:10		LA MOCHILA DEL DEPORTE	LA CORUÑA
16	1363	CELIA PUENTE GONZALEZ	F- 7	SUB14F- 7	00:06:16	00:04:12		CLUB MARINEDA ATLETICO	A CORUÑA
17	1368	CANDELA VELÁZQUEZ MARTÍNEZ	F- 8	SUB14F- 8	00:06:31	00:04:22		LA MOCHILA DEL DEPORTE	CAMBRE
18	1349	DAVID COUSILLAS TABOADA		SUB14M- 10	00:06:38	00:04:26			A CORUÑA
19	1364	IRENE SERANTES RODRÍGUEZ	F- 9	SUB14F- 9	00:06:42	00:04:29		CLUB MARINEDA ATLETICO	A CORUÑA
20	1338	LUCAS BUJIA MIGUEZ		SUB14M- 11	00:06:44	00:04:31		CLUB ATLETISMO SADA	OLEIROS
21	1353	SERGIO VÁZQUEZ RODRÍGUEZ		SUB14M- 12	00:06:48	00:04:33			ARANGA
22	1374	JUNE FANDIÑO VILLARES	F- 10	SUB14F- 10	00:06:51	00:04:35			CAMBRE
23	1369	MARÍA CAMBA VÁZQUEZ	F- 11	SUB14F- 11	00:06:53	00:04:36		NATACIÓN LICEO	CULLEREDO
24	1361	LUNA GUADALUPE PIZARRO	F- 12	SUB14F- 12	00:06:55	00:04:38		CLUB ATLETISMO SADA	CULLEREDO
25	1380	ENYA SÁNCHEZ MUÑOZ	F- 13	SUB14F- 13	00:06:57	00:04:39			A CORUÑA
26	1351	ÁLVARO NÚÑEZ MAYO		SUB14M- 13	00:07:03	00:04:43			A CORUÑA
27	1340	IÑIGO FERNANDEZ-PEITEADO ECHEVERRIA		SUB14M- 14	00:07:05	00:04:45		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
28	1339	JUAN ARTIME PRADO		SUB14M- 15	00:07:06	00:04:45		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
29	1336	DANIEL AMBITE SANTANA		SUB14M- 16	00:07:22	00:04:56		CLUB ATLETISMO SADA	CAMBRE
30	1370	PAULA PETEIRO VAZQUEZ	F- 14	SUB14F- 14	00:07:27	00:04:59		RUNNING OLEIROS	ARANGA
31	1373	XIANA COIRA PÉREZ	F- 15	SUB14F- 15	00:08:04	00:05:24			ARTEIXO
32	1372	SARA CASTRO SÁNCHEZ	F- 16	SUB14F- 16	00:09:14	00:06:11			A CORUÑA
33	1377	UXÍA LÓPEZ SUÁREZ	F- 17	SUB14F- 17	00:09:15	00:06:11			ARTEIXO
34	1379	AIXA NAYA ESPIÑO	F- 18	SUB14F- 18	00:09:20	00:06:15			ARTEIXO

Sub 12 Femenino. Distancia: 730 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1299	JIMENA OUTES GRAIÑO	F- 1	SUB12F- 1	00:02:38	00:03:36		ATLETISMO CORUÑA COMARCA	CORUÑA
2	1312	IRENE SANTOMÉ GARCÍA	F- 2	SUB12F- 2	00:02:54	00:03:58		FOGAR TRIATLON CARBALLO	OLEIROS
3	1308	MARTA LOPEZ BELLO	F- 3	SUB12F- 3	00:02:55	00:03:59		CLUB MARINEDA ATLETICO	A CORUÑA
4	1300	VEGA REBOREDO PRADO	F- 4	SUB12F- 4	00:03:04	00:04:11		ATLETISMO CORUÑA COMARCA	A CORUÑA
5	1311	LUCÍA TABOADA CODESIDO	F- 5	SUB12F- 5	00:03:06	00:04:14		CLUB USC	SANTIAGO DE COMPOSTELA
6	1297	SARA DÍAZ RUIZ	F- 6	SUB12F- 6	00:03:08	00:04:17		ATLETISMO CORUÑA COMARCA	A CORUÑA
7	1310	LARA VILLAR SAAVEDRA	F- 7	SUB12F- 7	00:03:09	00:04:18		CLUB MARINEDA ATLETICO	A CORUÑA
8	1302	SARA FARALDO GARCIA	F- 8	SUB12F- 8	00:03:10	00:04:20		CLUB ATLETISMO SADA	OLEIROS
9	1314	LEONOR ANDRADE VARELA	F- 9	SUB12F- 9	00:03:21	00:04:35		PONTERIDERS	PONTECESO
10	1305	CAROLINA TRINCADO SOBRINO	F- 10	SUB12F- 10	00:03:23	00:04:38		CLUB ATLETISMO SADA	SADA
11	1313	NOA VÁZQUEZ FUENTES	F- 11	SUB12F- 11	00:03:38	00:04:59		LA MOCHILA DEL DEPORTE	A CORUÑA
12	1306	CARLA VÁZQUEZ FARALDO	F- 12	SUB12F- 12	00:03:39	00:05:00		CLUB ATLETISMO SADA	MONTROVE - OLEIROS
13	1317	ELENA ÁLVAREZ-AZURMENDI GUTIÉRREZ	F- 13	SUB12F- 13	00:03:40	00:05:01			A CORUÑA
14	1319	PAULA BARBEITO SANTOS	F- 14	SUB12F- 14	00:03:48	00:05:12			A CORUÑA
15	1318	CLAUDIA APARICIO RAMOS	F- 15	SUB12F- 15	00:03:49	00:05:13			ARTEIXO
16	1321	ALEZA BLAZQUEZ MORENO	F- 16	SUB12F- 16	00:03:54	00:05:20			LA CORUÑA
17	1301	MARTINA BUJIA MIGUEZ	F- 17	SUB12F- 17	00:03:57	00:05:24		CLUB ATLETISMO SADA	OLEIROS - A CORUÑA
18	1322	MARTA CASTRO SÁNCHEZ	F- 18	SUB12F- 18	00:04:03	00:05:33			LA CORUÑA
19	1329	PAULA SEIJAS	F- 19	SUB12F- 19	00:04:03	00:05:33			A CORUÑA
20	1320	LARA BEADE HERMIDA	F- 20	SUB12F- 20	00:04:03	00:05:33			A CORUÑA
21	1298	ICÍA LÓPEZ SUÁREZ	F- 21	SUB12F- 21	00:04:07	00:05:39		ATLETISMO CORUÑA COMARCA	ARTEIXO

Sub 12 Masculino. Distancia: 730 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1293	LEO SÁNCHEZ MUÑOZ		SUB12M- 1	00:02:36	00:03:34			A CORUÑA
2	1275	MAURO SEGUÍN GARCÍA		SUB12M- 2	00:02:43	00:03:44		CLUB MARINEDA ATLETICO	A CORUÑA
3	1278	GONZALO ASOREY TABOADA		SUB12M- 3	00:02:44	00:03:45			LA CORUÑA
4	1273	ENRIQUE CUIÑA FERNÁNDEZ		SUB12M- 4	00:02:45	00:03:46		CLUB MARINEDA ATLETICO	A CORUÑA
5	1295	TIAGO TOREA TAJES		SUB12M- 5	00:02:46	00:03:47			A CORUÑA
6	1266	XABI CAMBA VÁZQUEZ		SUB12M- 6	00:02:50	00:03:53		ATLETISMO CORUÑA COMARCA	CULLEREDO
7	1272	XAQUIM CASAL GONZÁLEZ		SUB12M- 7	00:02:50	00:03:53		CLUB MARINEDA ATLETICO	CULLEREDO
8	1268	HUGO ZULUAGA LAMAZARES		SUB12M- 8	00:02:51	00:03:54		C.A.SADA	OLEIROS
9	1270	MANUEL MACEIRAS RODRIGUEZ		SUB12M- 9	00:02:52	00:03:56		CLUB ATLETISMO SADA	MONTROVE
10	1267	ADRIAN PAZ CELEIRO		SUB12M- 10	00:02:55	00:03:59		ATLETISMO RIAZOR CORUÑA	A CORUÑA
11	1284	MATEO HERMIDA GIL		SUB12M- 11	00:02:55	00:03:59			CULLEREDO
12	1288	DIEGO LOPEZ DE CRUZ		SUB12M- 12	00:03:07	00:04:16			A CORUÑA
13	1289	DEREK ORTIZ DELGADO		SUB12M- 13	00:03:09	00:04:19			A CORUÑA
14	1269	DIEGO AMBITE SANTANA		SUB12M- 14	00:03:10	00:04:20		CLUB ATLETISMO SADA	CAMBRE
15	1291	GUILLERMO PARADELA SOUTO		SUB12M- 15	00:03:14	00:04:25			ARTEIXO

16	1287	ADRIAN LEIS REGO	SUB12M- 16	00:03:18	00:04:31			A CORUÑA
17	1292	IGNACIO PITA CAO	SUB12M- 17	00:03:20	00:04:34			LA CORUÑA
18	1280	MARIO DOMENECH FERNANDEZ	SUB12M- 18	00:03:21	00:04:36			A CORUÑA
19	1296	JORGE TORREIRA FERNÁNDEZ	SUB12M- 19	00:03:22	00:04:36			A CORUÑA
20	1283	MARTIN GENDE CARRIL	SUB12M- 20	00:03:26	00:04:41			A CORUÑA
21	1285	ALBINO IGLESIAS PIÑEIRO	SUB12M- 21	00:03:26	00:04:42			ARTEIXO
22	1290	MARTÍN KENNETH PAGAN ALVAREZ	SUB12M- 22	00:03:28	00:04:45			A CORUÑA
23	1294	MIGUEL SEOANE LOPEZ	SUB12M- 23	00:03:29	00:04:46			A CORUÑA
24	1271	JAIME MÀRQUEZ RICOY	SUB12M- 24	00:03:30	00:04:48		CLUB ATLETISMO SADA	CAMBRE
25	1276	ERIC YÁÑEZ LOUREIRO	SUB12M- 25	00:03:45	00:05:08		CLUB TRIATLÓN CORUÑA	A CORUÑA

Sub 10 Femenino. Distancia: 730 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1264	NEREA SOUTO CONDE	F- 1	SUB10F- 1	00:03:05	00:04:13			A CORUÑA
2	1260	RACHEL ORTIZ DELGADO	F- 2	SUB10F- 2	00:03:12	00:04:23			A CORUÑA
3	1240	LEIRE FERNANDEZ-PEITEADO ECHEVERRIA	F- 3	SUB10F- 3	00:03:21	00:04:35		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
4	1248	MARTINA E.F.	F- 4	SUB10F- 4	00:03:35	00:04:55			A CORUÑA
5	1242	ESTELA CAMPOS	F- 5	SUB10F- 5	00:03:38	00:04:58		CLUB TRIATLÓN CORUÑA	A CORUÑA
6	1253	ANTÍA LÓPEZ LÓPEZ	F- 6	SUB10F- 6	00:03:40	00:05:01			A CORUÑA
7	1255	LUCIA MANTEIGA JUIZ	F- 7	SUB10F- 7	00:03:41	00:05:02			A CORUÑA
8	1243	ANA MARÍA GUERRERO PEREIRA	F- 8	SUB10F- 8	00:03:44	00:05:07		LA MOCHILA DEL DEPORTE	A CORUÑA
9	1244	ALBA PORTO LÓPEZ	F- 9	SUB10F- 9	00:03:48	00:05:12		MESOIRO RUNNING	A CORUÑA
10	1258	LAIA MIRA CAAMAÑO	F- 10	SUB10F- 10	00:03:50	00:05:15			A CORUÑA
11	1263	ADRIANA RODRÍGUEZ FERNÁNDEZ	F- 11	SUB10F- 11	00:03:52	00:05:17			A CORUÑA
12	1254	LUCIA MANSO CAO	F- 12	SUB10F- 12	00:03:56	00:05:23			A CORUÑA
13	1252	PAULA LEIS REGO	F- 13	SUB10F- 13	00:04:03	00:05:32			A CORUÑA
14	1241	CARLA VILELA NÚÑEZ	F- 14	SUB10F- 14	00:04:06	00:05:36		CLUB MARINEDA ATLETICO	A CORUÑA
15	1250	NOA FIGUEIRAS BREA	F- 15	SUB10F- 15	00:04:15	00:05:49			A CORUÑA
16	1259	NAYARA MORENO CABO	F- 16	SUB10F- 16	00:04:18	00:05:53			LA CORUÑA
17	1246	SILVIA COUSILLAS TABOADA	F- 17	SUB10F- 17	00:04:36	00:06:18			A CORUÑA
18	1262	ANTÍA PENA ALVITE	F- 18	SUB10F- 18	00:04:40	00:06:23			A CORUÑA
19	1265	ANDREA VILASUSO REY	F- 19	SUB10F- 19	00:04:42	00:06:27			A CORUÑA
20	1247	MARTINA COUSO MANTEIGA	F- 20	SUB10F- 20	00:04:48	00:06:35			A CORUÑA

Sub 10 Masculino. Distancia: 730 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1204	HUGO OUBEL LORENZO		SUB10M- 1	00:02:50	00:03:52		CLUB MARINEDA ATLETICO	A CORUÑA
2	1206	MARCO REY LEMA		SUB10M- 2	00:02:51	00:03:54		CLUB MARINEDA ATLETICO	A CORUÑA
3	1239	IAN VARELA PEREZ		SUB10M- 3	00:02:53	00:03:57			A CORUÑA
4	1217	ROI FRAGA CORTÉS		SUB10M- 4	00:02:55	00:04:00			A CORUÑA
5	1210	ROI PALMEIRO RUA		SUB10M- 5	00:02:55	00:04:00		LA MOCHILA DEL DEPORTE	CULLEREDO

6	1202 ROI VÁZQUEZ FARALDO	SUB10M- 6	00:02:59	00:04:05	CLUB ATLETISMO SADA	SADA
7	1216 SERGIO DOMENECH FERNANDEZ	SUB10M- 7	00:03:05	00:04:13		A CORUÑA
8	1227 YAGO MARTINEZ ALONSO	SUB10M- 8	00:03:11	00:04:21		A CORUÑA
9	1236 ALEJANDRO SERRANO BUJAN	SUB10M- 9	00:03:11	00:04:22		LA CORUÑA
10	1209 AITOR FARIÑA VIEITES	SUB10M- 10	00:03:16	00:04:29	LA MOCHILA DEL DEPORTE	CULLEREDO
11	1201 YOEL VERGARA BARRAL	SUB10M- 11	00:03:19	00:04:32	ATLETISMO RIAZOR CORUÑA	A CORUÑA
12	1219 ADRIAN GARCÍA PEREZ	SUB10M- 12	00:03:22	00:04:36		A CORUÑA
13	1218 MATEO GARCÍA GARCÍA	SUB10M- 13	00:03:22	00:04:37		A CORUÑA
14	1234 BORJA SEOANE LOURO	SUB10M- 14	00:03:24	00:04:39		LA CORUÑA
15	1220 XIAN GARCÍA VÁZQUEZ	SUB10M- 15	00:03:25	00:04:40		A CORUÑA
16	1205 ADRIÁN PATIÑO DORADO	SUB10M- 16	00:03:25	00:04:40	CLUB MARINEDA ATLETICO	A CORUÑA
17	1213 ALBERTO LUIS REY FERNÁNDEZ	SUB10M- 17	00:03:27	00:04:44	RUNNING OLEIROS	CAMBRE
18	1207 MARTIN TORRES MENDOZA	SUB10M- 18	00:03:32	00:04:50	CLUB MARINEDA ATLETICO	OLEIROS
19	1224 PABLO HERMIDA GIL	SUB10M- 19	00:03:33	00:04:51		CULLEREDO
20	1212 DIEGO FERNÁNDEZ LOPEZ	SUB10M- 20	00:03:33	00:04:51	RUNNING OLEIROS	PERILLO-OLEIROS
21	1237 RAÚL SUÁREZ DURÁN	SUB10M- 21	00:03:33	00:04:51		A CORUÑA
22	1229 MATEO MOURIÑO RIVAS	SUB10M- 22	00:03:35	00:04:54		A CORUÑA
23	1232 DARÍO RIVAS REY	SUB10M- 23	00:03:41	00:05:03		CULLEREDO
24	1211 PABLO CASTELO FUENTES	SUB10M- 24	00:03:42	00:05:04	RUNNING OLEIROS	OLEIROS
25	1223 IAGO GOROSTIAGA CASTELO	SUB10M- 25	00:03:42	00:05:04		A CORUÑA
26	1215 SERGIO DIAZ RIVERA	SUB10M- 26	00:03:42	00:05:04		A CORUÑA
27	1235 NICOLAS SEOANE VIZOSO	SUB10M- 27	00:03:44	00:05:07		CARBALLO
28	1214 ARTAI CAPELO MARTÍNEZ	SUB10M- 28	00:03:47	00:05:11		A CORUÑA
29	1233 ÓLIVER SÁNCHEZ TORREIRO	SUB10M- 29	00:03:48	00:05:12		CULLEREDO
30	1238 MARIO SUÁREZ SUÁREZ	SUB10M- 30	00:03:52	00:05:18		A CORUÑA
31	1228 ALEJANDRO MARTINEZ SANCHEZ	SUB10M- 31	00:03:56	00:05:23		A CORUÑA
32	1226 DANI MANEIRO TELLADO	SUB10M- 32	00:03:58	00:05:26		A CORUÑA
33	1225 RAMÓN IGLESIAS PIÑEIRO	SUB10M- 33	00:04:00	00:05:28		ARTEIXO