

ACTA POR DÍA

Altura MASC. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Marca							
Final 25/01/2020 17:00												
1	211	Xavier Esteban Dominguez Lucus Caixa Rural Galega	29/08/2000 GA765584	PM	1.79							
1.30	-/1.40	-/1.50	-/1.55	-/1.60	-/1.65	-/1.70	-/1.73	-/1.76	-/1.79	O/1.82	-/1.84	XXX
2	148	Samuel Castedo Hermida Atletismo Friol	20/06/2003 GA769311	LM	1.76							
1.30	-/1.40	-/1.50	-/1.55	-/1.60	O/1.65	O/1.70	O/1.73	O/1.76	XO/1.79	XXX		
3	291	(t) Joel Lopez Fernandez Club Atletismo Naron	05/05/2005 AG2026148	CM	1.76							
1.30	-/1.40	-/1.50	O/1.55	O/1.60	XO/1.65	XO/1.70	XO/1.73	XO/1.76	XO/1.79	XXX		
4	209	(t) Andrés Vila Hermo Lugo RC Ramos Loures	20/06/2004 AG2027613	LM	1.65							
1.30	-/1.40	-/1.50	O/1.55	O/1.60	O/1.65	O/1.70	XXX					
5	149	(t) Alejandro Fernández Rebolo Atletismo Friol	24/03/2003 AG769414	LM	1.65							
1.30	-/1.40	-/1.50	-/1.55	XO/1.60	XO/1.65	O/1.70	XXX					
6	340	Hugo Silvares Norat S.G. Pontevedra	24/01/2002 GA768601	JM	1.60							
1.30	-/1.40	-/1.50	-/1.55	-/1.60	XO/1.65	-/1.70	XXX					
7	274	(t) Brais Bemposta Oubiña AA Mazi	16/11/2004 AG768199	LM	1.55							
1.30	-/1.40	-/1.50	XO/1.55	O/1.60	XXX							
7	138	(t) Marcos Flecha Dos Santos ADAS Proinor	05/01/2005 AG2024256	CM	1.55							
1.30	-/1.40	O/1.50	XO/1.55	O/1.60	XXX							
9	279	(t) Xoel Otero Nogueira AA Mazi	15/09/2005 AG768195	CM	1.55							
1.30	-/1.40	-/1.50	O/1.55	XXO/1.60	XXX							
10	327	(t) Lucas Carreira Couceiro Riazor Coruña	25/06/2005 AG768637	CM	1.50							
1.30	-/1.40	O/1.50	O/1.55	XXX								
10	335	Matias Moldes Barreiro S.G. Pontevedra	02/04/2006 GA769124	CM	1.50							
1.30	-/1.40	O/1.50	O/1.55	XXX								
12	188	(t) Paulo Fernandez Martinez Coruña Comarca	06/06/2004 AG2023283	LM	1.50							
1.30	O/1.40	O/1.50	XO/1.55	XXX								
13	244	(t) Miguel Veiga Lopez Atletica Lucense	19/06/2006 AG2026503	CM	1.40							
1.30	O/1.40	O/1.50	XXX									
14	156	(t) Ramon Valdivieso Bernal Víguesa de atletismo	11/06/1971 AG2027491	M-45	1.40							
1.30	XO/1.40	XO/1.50	XXX									
15	324	(t) Emilio José González Fernández Atletismo Ribadeo	13/08/1978 AG2023107	M-40	1.40							
1.30	O/1.40	XXO/1.50	XXX									

ACTA POR DÍA

Longitud MASC. PC

Final

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final A 25/01/2020 17:35											
1	331	Raul Cortizo Bernardez S.G. Pontevedra	09/07/2002 GA766177	JM	X	6.56	6.74	6.85	X	6.97	6.97
2	245	Adrian Villares Vazquez Atletica Lucense	21/03/2003 GA2023483	LM	X	X	5.99	6.38	6.32	6.08	6.38
3	233	Carlos Alvarez Nieto Atletica Lucense	12/03/2002 GA769030	JM	5.88	5.86	5.62	X	5.92	6.11	6.11
4	352	Daniel Loureiro Mosquera Atletica a Silva	24/09/2005 GA769024	CM	5.51	5.14	5.87	5.48	5.54	5.73	5.87
5	292	Jose Pena Vazquez Club Atletismo Naron	13/03/1985 GA17117	SM	5.70	5.71	X	X	5.67	5.31	5.71
6	216	Diego Piñeiro Lage Lucus Caixa Rural Galega	15/01/2003 GA769327	LM	X	5.50	5.42	5.22	5.52	5.64	5.64
7	290	Aitor Fernandez Gayoso Club Atletismo Naron	30/07/2003 GA2023409	LM	5.60	5.39	-	-	-	-	5.60
8	160	Sergio Gonzalez Boo Atletica Barbanza	27/01/2005 GA2023572	CM	5.53	X	X	X	X	X	5.53
9	154	(t) Mario Vilar Veiga AMES ATLETISMO	29/11/2005 AG2027555	CM	5.26	5.25	5.33				5.33
10	153	(t) Luis Garcia Jueguen AMES ATLETISMO	16/04/2003 AG2021323	LM	4.93	4.88	5.11				5.11
11	213	Andres Lopez Rodriguez Lucus Caixa Rural Galega	05/06/2006 GA2023522	CM	4.78	5.02	4.98				5.02
12	137	(t) Diego Alvarez Sandes ADAS Proinor	28/10/2002 AG2027471	JM	5.02	4.89	4.64				5.02
13	188	(t) Paulo Fernandez Martinez Coruña Comarca	06/06/2004 AG2023283	LM	X	4.86	5.01				5.01
14	324	(t) Emilio José González Fernández Atletismo Ribadeo	13/08/1978 AG2023107	M-40	4.74	4.82	4.76				4.82
	314	Martin Barcia Carbajal R.C. Celta	09/06/2004 GA2023429	LM							NP
Final B 25/01/2020 18:40											
1	328	(t) Adrián Chans Fernández Riazor Coruña	20/09/2003 AG586	LM	5.58	5.53	X	5.49			5.58
2	222	(t) Daniel Vázquez López Lucus Caixa Rural Galega	20/09/2003 AG2478	LM	5.48	5.48	5.20	5.10			5.48
3	209	(t) Andrés Vila Hermo Lugo RC Ramos Loures	20/06/2004 AG2027613	LM	4.09	4.50	5.21	4.67			5.21
4	187	(t) Ivan Costoya Lopez Coruña Comarca	07/04/2000 AG767874	PM	4.94	5.07	5.12	4.99			5.12
5	244	(t) Miguel Veiga Lopez Atletica Lucense	19/06/2006 AG2026503	CM	4.82	4.88	5.11	X			5.11
6	214	(t) Miguel Lopez Rois Lucus Caixa Rural Galega	14/02/2005 AG2022750	CM	4.91	4.94	4.84	5.02			5.02
7	239	(t) Julio Díaz Salazar Atletica Lucense	21/04/2003 AG3649	LM	4.74	4.52	4.57	4.99			4.99
8	334	(t) Antón Martínez Rodríguez S.G. Pontevedra	15/12/2003 AG2026682	LM	4.66	4.84	4.74	4.89			4.89
9	280	(t) Lucas Señorans Lois AA Mazi	25/11/2002 AG2015735	JM	4.81	4.60	4.59	4.55			4.81
10	212	(t) Nicolas Garcia Rivas Lucus Caixa Rural Galega	03/02/2005 AG2025936	CM	X	4.51	4.72	4.74			4.74
11	204	Diego Rodriguez Sanchez Franciscanos Lugo	19/01/2006 GA2023493	CM	4.67	4.57	4.44	4.29			4.67
12	336	Ángel Moldes Eiroa S.G. Pontevedra	09/05/1975 GA32	M-40	4.59	4.50	4.64	4.47			4.64
13	221	(t) Martin Vazquez Lopez Lucus Caixa Rural Galega	20/09/2006 AG2025220	CM	4.50	4.35	4.57	4.16			4.57
14	285	(t) Xoel Lago Hermida LA MOCHILA DEL DEPORTE	06/08/2005 AG2014487	CM	4.20	4.28	4.34	4.40			4.40
15	260	Xoan Manuel Area Santos Marineda Atletico	13/02/1975 GA2023271	M-40	3.81	X	3.95	3.67			3.95
16	278	(t) Dario Nuñez Lopez AA Mazi	07/11/2006 AG2016370	CM	3.82	3.74	3.43	3.67			3.82
17	275	Luis Cores Dominguez AA Mazi	23/03/1956 GA2023459	M-60	3.68	3.73	3.77	3.65			3.77

ACTA POR DÍA

Triple Salto MASC. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 12:00											
1	330	Yago Boleas Francisco S.G. Pontevedra	25/03/2002 GA768587	JM	12.22	12.58	X	12.64	12.73	12.89	12.89
2	279	(t) Xoel Otero Nogueira AA Mazi	15/09/2005 AG768195	CM	11.72	X	11.91	X	12.03	12.21	12.21
3	160	Sergio Gonzalez Boo Atletica Barbanza	27/01/2005 GA2023572	CM	X	11.93	11.75	X	X	12.08	12.08
4	216	Diego Piñeiro Lage Lucus Caixa Rural Galega	15/01/2003 GA769327	LM	X	X	11.32	11.39	11.74	11.67	11.74
5	318	(t) Oscar Sotelo Solla R.C. Celta	30/10/2003 AG2023058	LM	X	X	11.65	X	11.10	X	11.65
6	335	Matias Moldes Barreiro S.G. Pontevedra	02/04/2006 GA769124	CM	10.39	X	11.15	11.08	X	11.20	11.20
7	280	(t) Lucas Señorans Lois AA Mazi	25/11/2002 AG2015735	JM	X	X	11.02	X	10.90	10.72	11.02
8	140	(t) Jose Novoas Dominguez ADAS Proinor	15/05/2006 AG2019789	CM	10.85	10.23	10.26	10.24	-	-	10.85
9	213	Andres Lopez Rodriguez Lucus Caixa Rural Galega	05/06/2006 GA2023522	CM	X	X	10.62				10.62
10	324	(t) Emilio José González Fernández Atletismo Ribadeo	13/08/1978 AG2023107	M-40	9.90	10.10	10.28				10.28
11	212	(t) Nicolas Garcia Rivas Lucus Caixa Rural Galega	03/02/2005 AG2025936	CM	9.74	9.80	10.20				10.20
12	336	Ángel Moldes Eiroa S.G. Pontevedra	09/05/1975 GA32	M-40	9.83	9.90	10.01				10.01
13	332	(e) (t) Bassirou Diop S.G. Pontevedra	24/04/1998 AG543	PM	X	X	9.55				9.55
14	152	(t) Hugo Estevez Vazquez AMES ATLETISMO	19/05/2006 AG3298	CM	8.36	8.43	8.49				8.49
	367	(t) David Santos Dominguez Santa Uxia Atletismo	04/07/2004 AG2017286	LM	X	X	-				SM
	137	(t) Diego Alvarez Sandes ADAS Proinor	28/10/2002 AG2027471	JM	X	X	-				SM

Peso (4kg) MASC. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 12:30											
1	200	Fernando Vallines Fernandez Maderas Barcia Lourenza	26/08/2005 GA2023356	CM	12.05	12.40	12.34	11.81	12.81	12.84	12.84
2	219	(t) Martin Rouco Iglesias Lucus Caixa Rural Galega	09/06/2005 AG2024194	CM	10.40	9.70	9.66	10.44	9.43	10.38	10.44
3	238	Brais Diaz Salas Atletica Lucense	03/05/2006 GA2023349	CM	9.45	9.71	7.92	9.57	X	9.96	9.96
4	265	(t) Samuel Sumay Miguez Marineda Atletico	10/03/2005 AG2014485	CM	9.00	9.29	8.81	8.16	9.33	8.63	9.33
5	342	(t) Pedro Veiga Pereira S.G. Pontevedra	07/07/2005 AG2027716	CM	8.96	8.80	8.14				8.96
6	244	(t) Miguel Veiga Lopez Atletica Lucense	19/06/2006 AG2026503	CM	7.83	7.71	6.94				7.83
7	267	(t) Alexis Andión Alvarín CP Maristas Lugo	05/07/2006 AG2028824	CM	6.69	6.29	6.69				6.69
8	157	(t) Daniel Villanueva Guede Viguesa de atletismo	20/11/2006 AG2019954	CM	6.02	6.15	5.88				6.15
	268	(t) Alejandro Lourido Gómez CP Maristas Lugo	15/02/2006 AG2027040	CM							NP
	341	(t) Antón Sotelo Quinteiro S.G. Pontevedra	13/04/2006 GA769130	CM							NP

ACTA POR DÍA

Peso (5kg) MASC. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 12:30											
1	307	Samuel Lema Capeáns Club Atletismo Negreira	09/04/2003 GA106	LM	13.80	13.60	X	13.33	X	13.72	13.80
2	234	Nicolas Arias Fernandez Atletica Lucense	29/12/2003 GA2023463	LM	12.30	12.40	13.21	X	13.01	12.80	13.21
3	150	(t) Jorge Santos Roade Atletismo Friol	28/04/2003 AG769419	LM	8.10	9.38	8.68	9.04	X	X	9.38
4	199	(t) Guillermo Garcia Arruñada Maderas Barcia Lourenza	25/11/2004 AG2025647	LM	7.66	8.94	8.99	8.46	8.51	8.54	8.99
5	281	(t) Angel Vieira Ferré AA Mazi	10/12/2004 AG2016736	LM	8.05	7.82	7.72				8.05
6	242	(t) David Naya Pias Atletica Lucense	09/10/2003 AG2020384	LM	7.15	7.36	7.51				7.51
7	239	(t) Julio Díaz Salazar Atletica Lucense	21/04/2003 AG3649	LM	7.00	6.50	7.15				7.15
8	263	(t) Ruben Fornis Vazquez Marineda Atletico	02/11/2004 AG2018326	LM	6.10	6.95	6.72				6.95
9	294	Alberto Romero Lopez Club Atletismo Naron	31/01/2004 AG2026030	LM	X	5.20	4.84				5.20

Peso (5kg) MASC. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 13:30											
1	175	Julio Escalante Diego Club Atletismo Sada	16/10/1958 GA769417	M-60	7.58	6.84	7.05				7.58

Peso (6kg) MASC. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 13:30											
1	172	(t) Michael Cebral Lopez Club Atletismo Sada	22/06/2001 AG3127	JM	10.49	10.80	10.25	X	10.33	10.00	10.80

Peso (6kg) MASC. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 13:30											
1	178	Jorge Lopez Vian Club Atletismo Sada	07/12/1960 GA769168	M-55	9.71	8.94	10.12	9.72	9.54	10.03	10.12

ACTA POR DÍA

Peso (7,260kg) MASC. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 13:30											
1	326	Jaime Arias Vieitez Riazor Coruña	04/02/2000 GA765796	PM	X	14.24	14.05	12.08	12.96	14.11	14.24
2	155	(t) Antonio Jose Martinez Formoso Viguesa de atletismo	13/06/1975 AG2028224	M-40	10.10	9.01	9.74	9.51	10.23	9.63	10.23
3	181	Manuel Penas Roibas Club Atletismo Sada	26/02/1973 GA75	M-45	10.19	10.06	X	9.55	X	10.11	10.19
4	156	(t) Ramon Valdivieso Bernal Viguesa de atletismo	11/06/1971 AG2027491	M-45	8.60	8.55	8.90	9.15	9.67	8.76	9.67
5	277	(t) Isidro Fernandez Abuin AA Mazi	29/06/1980 AG6803	M-35	9.13	8.44	X	9.62	9.23	X	9.62
6	289	(t) Adrian Carreira Penalonga Club Atletismo Naron	31/10/1990 GA765978	SM	9.05	X	8.86	8.90	9.22	8.75	9.22
7	217	Ivan Rey Lugilde Lucus Caixa Rural Galega	02/12/1995 GA20419	SM	8.69	8.20	8.38	X			8.69
8	218	Raul Rodriguez Alvarez Lucus Caixa Rural Galega	04/03/1998 GA764764	PM	X	7.51	8.41				8.41
9	276	(t) Andres Deza Gomez AA Mazi	06/05/1972 AG2021613	M-45	6.83	7.61	7.17	-	-	-	7.61
10	260	Xoan Manuel Area Santos Marineda Atletico	13/02/1975 GA2023271	M-40	7.30	7.15	6.77				7.30
	159	Francisco Jose Muriel Martin Bahia Algeciras	15/04/1997 H4980	SM							NP

ACTA POR DÍA

Altura FEM. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	Marca
Final 25/01/2020 18:30					
1	255	Lucía Sánchez Del Valle Verge Atletica Lucense	10/09/2004 GA21	LF	1.65
		1.45 O/1.48 O/1.51 O/1.54 O/1.57 O/1.60 XO/1.63 XO/1.65 O/1.67 XXX			
2	205	Enma Sihuang Perez Soto Franciscanos Lugo	10/01/2005 GA768873	CF	1.60
		1.20 -/1.30 -/1.35 -/1.40 -/1.45 O/1.48 O/1.51 O/1.54 XXO/1.57 XXO/1.60 O/1.63 XXX			
3	169	Andrea Reija Torron At. Femenino Celta	11/01/2002 GA769410	JF	1.57
		1.51 XXO/1.54 O/1.57 O/1.60 XXX			
4	354	María Aguiar Mosquera Atletica a Silva	29/09/2005 GA2023590	CF	1.57
		1.35 O/1.40 O/1.45 O/1.48 XO/1.51 O/1.54 XXO/1.57 O/1.60 XXX			
5	171	(e) Nedian Nori Vargas Arteaga Playas de Castellon	05/09/1994 GA768578	SF	1.54
		1.45 XO/1.48 O/1.51 O/1.54 XXO/1.57 XXX			
6	141	Aldara Basteiro Nieves ADAS Proinor	06/07/2006 GA81	CF	1.48
		1.30 O/1.35 O/1.40 XO/1.45 XO/1.48 O/1.51 XXX			
7	351	Aloia Vilas Docampo S.G. Pontevedra	02/10/2001 GA766163	JF	1.48
		1.40 XXO/1.45 O/1.48 XXO/1.51 XXX			
8	358	(t) Alma Lojo Lago Atletica a Silva	16/09/2004 AG2028501	LF	1.45
		1.20 O/1.30 O/1.35 XO/1.40 XO/1.45 XO/1.48 XXX			
9	201	Carmen García Vázquez Maderas Barcia Lourenza	06/01/2006 GA95	CF	1.40
		1.20 O/1.30 O/1.35 XO/1.40 XXO/1.45 XXX			
10	225	Clara Gonzalez Bonacho Lucus Caixa Rural Galega	14/04/2006 GA2023525	CF	1.35
		1.20 O/1.30 XO/1.35 O/1.40 XXX			
11	296	Eva Castro Fernandez Club Atletismo Naron	11/02/1981 GA769406	W-35	1.35
		1.20 -/1.30 O/1.35 XO/1.40 XXX			
12	250	(t) Eva Lopez Regueiro Atletica Lucense	19/06/2006 AG2028203	CF	1.35
		1.20 O/1.30 O/1.35 XXO/1.40 XXX			
13	145	(t) Noa Vaz Macias ADAS Proinor	13/11/2006 AG2020709	CF	1.30
		1.20 O/1.30 O/1.35 XXX			
14	158	Ana Iglesias Assua Viguesa de atletismo	19/09/2006 GA2023542	CF	1.30
		1.20 O/1.30 XO/1.35 XXX			
15	252	(t) Rebeca Nuñez Ramallal Atletica Lucense	29/05/2006 AG2026725	CF	1.30
		1.20 O/1.30 XXO/1.35 XXX			
16	299	Aroa Fernandez Gayoso Club Atletismo Naron	02/05/2005 GA2023410	CF	1.20
		1.20 O/1.30 XXX			

ACTA POR DÍA

Longitud FEM. PC

Final

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final A 25/01/2020 16:45											
1	309	Alba Cuns Iglesias Club Atletismo Negreira	27/09/2004 GA769136	LF	5.50	4.79	X	5.03	5.28	X	5.50
2	343	Marta Barragans Sanchez S.G. Pontevedra	01/05/2003 GA768595	LF	5.08	X	X	X	X	5.11	5.11
3	230	Carla Mourelle Teijeiro Lucus Caixa Rural Galega	01/02/2003 GA768775	LF	5.05	X	X	X	X	X	5.05
4	231	Antia Pernas Rodriguez Lucus Caixa Rural Galega	15/05/2006 GA2023521	CF	4.71	4.58	4.59	4.43	4.65	4.72	4.72
5	284	(t) Lucía Sánchez Martínez AA Mazi	28/01/2005 AG766491	CF	4.48	4.28	3.99	4.33	X	4.29	4.48
6	145	(t) Noa Vaz Macias ADAS Proinor	13/11/2006 AG2020709	CF	4.18	4.13	4.08	4.05	4.01	4.01	4.18
7	302	(t) Nerea Freire Castro Club Atletismo Naron	25/08/2005 AG2015412	CF	3.89	3.89	4.13	3.72	4.01	3.97	4.13
8	224	(t) Antia Fernandez Lopez Lucus Caixa Rural Galega	06/04/2006 AG2026794	CF	X	3.91	3.42	X	X	3.45	3.91
9	250	(t) Eva Lopez Regueiro Atletica Lucense	19/06/2006 AG2028203	CF	3.90	3.75	3.79				3.90
10	258	(t) Carlota Vilanova Cabana Atletica Lucense	31/12/2006 GA2023453	CF	3.60	3.53	3.86				3.86
11	210	(t) Paula López Rodríguez Lugo RC Ramos Loures	22/11/2005 AG2019818	CF	3.61	3.78	3.69				3.78
12	252	(t) Rebeca Nuñez Ramallal Atletica Lucense	29/05/2006 AG2026725	CF	3.51	3.28	3.53				3.53
	348	Natalia Meañes Asensi S.G. Pontevedra	22/03/2003 GA2023262	LF	X	X	X				SM
	273	(t) Andrea Vázquez Novo CP Maristas Lugo	01/04/2006 AG2020526	CF							NP
	201	Carmen García Vázquez Maderas Barcia Lourenza	06/01/2006 GA95	CF							NP
Final B 25/01/2020 19:30											
1	344	(t) Raquel De La Torre Carabelos S.G. Pontevedra	09/10/2005 AG2021834	CF	4.46	4.33	X	3.47	4.01	4.29	4.46
2	358	(t) Alma Lojo Lago Atletica a Silva	16/09/2004 AG2028501	LF	4.33	4.06	4.19	3.75	3.34	4.16	4.33
3	259	(t) Natalia Álvarez Nieto Atletica Lucense	23/05/2004 AG589	LF	3.65	3.92	3.89	3.89	4.25	4.32	4.32
4	246	(t) Paula Bao Perez Atletica Lucense	08/11/2006 AG2027987	CF	3.55	4.07	3.99	4.08	4.17	4.18	4.18
5	195	(t) Julia Prado Pita Atletica Lucense	10/09/2006 AG2028654	CF	3.85	3.74	X	4.10	3.97	4.02	4.10
6	257	(t) Andrea Vidal Barro Atletica Lucense	18/11/2003 AG2025738	LF	3.79	3.86	3.92	3.71	4.03	4.08	4.08
7	270	(t) Raquel Mencía Lage Díaz CP Maristas Lugo	19/02/2006 AG2015169	CF	3.80	3.93	3.83	3.81	3.74	3.93	3.93
8	223	(t) Paula Castro Pereira Lucus Caixa Rural Galega	03/01/2006 AG3751	CF	3.89	3.93	3.82	3.45	3.48	X	3.93
9	144	(t) Uxia Vaz Macias ADAS Proinor	23/03/2004 AG2020711	LF	3.41	3.78	3.79				3.79
10	248	(t) Paula Carreira Torneiro Atletica Lucense	04/11/2006 AG2027964	CF	3.52	3.70	3.44				3.70
11	226	(t) Cristina Herrero Perez Lucus Caixa Rural Galega	18/05/2006 GA2023523	CF	3.50	3.56	3.27				3.56
12	247	(t) Lucia Carreira Torneiro Atletica Lucense	14/11/2006 AG2027965	CF	3.39	3.45	3.47				3.47
13	227	(t) Uxia Herrero Perez Lucus Caixa Rural Galega	18/05/2006 GA2023524	CF	3.24	3.27	3.33				3.33
14	271	(t) Paula Camino Sanfiz Cadorniga CP Maristas Lugo	08/03/2006 AG2014785	CF	3.19	3.19	3.27				3.27
	251	(t) Ana Martelo Garcia Atletica Lucense	14/08/2004 AG2026201	LF	X	X	X				SM

ACTA POR DÍA

Triple Salto FEM. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 10:50											
1	231	Antia Pernas Rodriguez Lucus Caixa Rural Galega	15/05/2006 GA2023521	CF	10.07	10.00	9.94	9.98	10.35	10.64	10.64
2	230	Carla Mourelle Teijeiro Lucus Caixa Rural Galega	01/02/2003 GA768775	LF	X	X	10.60	X	-	-	10.60
3	362	Alejandra Souto Vieites Atletica a Silva	09/02/2005 GA769023	CF	9.88	10.19	X	9.54	9.87	10.19	10.19
4	166	(t) Alba Muñiz Covelo At. Femenino Celta	30/11/2004 AG2017225	LF	X	9.66	9.90	X	9.85	X	9.90
5	357	Nadia Gonzalez Vazquez Atletica a Silva	07/12/2006 GA2023544	CF	9.80	9.69	9.55	-	9.47	9.01	9.80
6	165	(t) Ana Martinez Iglesias At. Femenino Celta	18/12/2004 AG2023063	LF	9.44	9.67	9.40	9.59	9.39	9.44	9.67
7	302	(t) Nerea Freire Castro Club Atletismo Naron	25/08/2005 AG2015412	CF	8.96	9.49	9.56	9.27	9.11	9.20	9.56
8	163	(t) Carla Comesafia Rodríguez At. Femenino Celta	05/12/2004 AG2019884	LF	9.25	9.09	9.44	9.45	9.40	9.35	9.45
9	284	(t) Lucía Sánchez Martínez AA Mazi	28/01/2005 AG766491	CF	9.28	9.39	9.40				9.40
10	207	(t) Lucía Túnñez Lorenzo Franciscanos Lugo	09/07/2005 AG2027344	CF	9.35	9.26	9.30				9.35
11	360	Julia Parcerio Boo Atletica a Silva	19/07/2006 GA2023548	CF	9.12	9.20	9.35				9.35
12	359	Diana Mosquera Suarez Atletica a Silva	17/05/2006 GA2023546	CF	9.22	X	9.30				9.30
13	158	Ana Iglesias Assua Viguesa de atletismo	19/09/2006 GA2023542	CF	8.82	9.23	9.12				9.23
14	313	Kiara Salgado Rodriguez Ourense Atletismo	21/07/2006 GA142	CF	8.99	9.20	9.14				9.20
15	304	Carla Lamas Bouso Club Atletismo Naron	06/03/2006 AG2023269	CF	8.27	X	X				8.27

ACTA POR DÍA

Peso (3kg) FEM. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 10:20											
1	322	Laura Rico Bouza Ria Ferrol-C. Arenal	23/04/2005 GA768860	CF	9.23	10.02	10.26	10.00	9.50	9.73	10.26
2	312	Blanca Pereira Rubin Ourense Atletismo	09/05/2005 GA2023302	CF	9.41	9.28	9.54	9.58	9.56	8.89	9.58
3	311	Isabella Moreno Rueda Ourense Atletismo	13/02/2006 GA139	CF	9.36	8.61	8.55	8.83	9.08	9.14	9.36
4	300	(t) Erika Fernandez Guede Club Atletismo Naron	22/12/2006 AG2015771	CF	7.48	7.56	8.18	7.85	8.09	8.05	8.18
5	143	(t) Alicia Soto Pallares ADAS Proinor	10/05/2005 AG3479	CF	7.59	7.54	7.50	7.53	7.80	7.31	7.80
6	146	(t) Lúa Cambeiro Andrade ASOCIACION DEPORTIVA OLIMPIA	17/02/2005 AG2022597	CF	6.91	7.74	7.38	6.74	6.22	7.01	7.74
7	256	(t) Uxia Vazquez Lopez Atletica Lucense	25/10/2005 AG2028041	CF	6.72	6.70	6.94	7.23	7.54	6.52	7.54
8	305	Blanca Mendez Leal Club Atletismo Naron	03/03/2005 GA2023477	CF	7.52	7.12	7.40	6.93	7.36	6.91	7.52
9	250	(t) Eva Lopez Regueiro Atletica Lucense	19/06/2006 AG2028203	CF	6.20	5.99	6.53				6.53
10	252	(t) Rebeca Nuñez Ramallal Atletica Lucense	29/05/2006 AG2026725	CF	6.10	6.37	5.79				6.37
11	269	(t) Marta Coto Maseda CP Maristas Lugo	20/12/2006 AG2015122	CF	6.23	6.06	6.33				6.33
12	246	(t) Paula Bao Perez Atletica Lucense	08/11/2006 AG2027987	CF	5.64	5.72	6.06				6.06
13	247	(t) Lucia Carreira Torneiro Atletica Lucense	14/11/2006 AG2027965	CF	5.84	5.97	X				5.97
14	248	(t) Paula Carreira Torneiro Atletica Lucense	04/11/2006 AG2027964	CF	4.76	4.93	5.10				5.10
15	249	(t) Carla Castelao Porto Atletica Lucense	04/09/2006 AG2027963	CF	4.52	4.63	5.00				5.00
	258	(t) Carlota Vilanova Cabana Atletica Lucense	31/12/2006 GA2023453	CF							NP
	195	(t) Julia Prado Pita Atletica Lucense	10/09/2006 AG2028654	CF							NP

Peso (3kg) FEM. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 11:20											
1	320	Xiana Lago Andrade Ria Ferrol-C. Arenal	13/05/2004 GA2023462	LF	X	11.42	11.01	11.53	11.03	X	11.53
2	350	(t) Marta Sampedro Torres S.G. Pontevedra	17/09/2003 AG2018180	LF	8.32	8.89	8.75	8.32	X	8.55	8.89
3	203	(t) María Vallines Garcia Vazquez Maderas Barcia Lourenza	04/08/2003 AG768544	LF	8.34	7.00	8.01				8.34
4	283	(t) Maria Deza Dominguez AA Mazi	13/05/2003 AG765419	LF	7.69	8.01	8.29				8.29
5	255	Lucía Sánchez Del Valle Verge Atletica Lucense	10/09/2004 GA21	LF	8.16	8.03	8.03				8.16
6	196	(t) Andrea Cortes Moreiras AA Mazi	15/06/2004 AG2025327	LF	6.70	7.41	7.34				7.41
7	251	(t) Ana Martelo Garcia Atletica Lucense	14/08/2004 AG2026201	LF	5.56	5.77	5.37				5.77

Peso (3kg) FEM. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 11:20											
1	355	Isabel Bermudez Castro Atletica a Silva	01/01/1966 GA19252	W-50	7.95	6.72	8.32				8.32
2	325	(t) Ana María Ferradas Barrera Atletismo Ribadeo	18/07/1963 AG769567	W-55	6.00	6.27	5.97				6.27

Lugo, 25 enero 2020

sábado, 25 enero 2020

ACTA POR DÍA

Peso (4kg) FEM. PC

Pto	Dor	Nombre Club	F de Nac Lic	Cat	1	2	3	4	5	6	Marca
Final 25/01/2020 11:20											
1	254	(t) Lucia Seijas Vazquez Atletica Lucense	16/06/1991 AG2026504	SF	9.35	10.23	9.94	10.19	9.59	X	10.23
2	185	María Ezquerro Fernández Club Atletismo Sada	16/06/1999 GA73	PF	9.83	9.77	9.59	9.75	9.32	X	9.83
3	301	Evelyn Fernandez Guede Club Atletismo Naron	24/08/2001 GA769414	JF	9.04	8.96	9.46	9.52	9.43	9.31	9.52
4	232	Marta Sureda González Lucus Caixa Rural Galega	24/03/1970 GA2023451	W-45	8.77	8.33	9.08	9.05	X	8.44	9.08
5	198	Maria Teresa Janeiro Sueiro Atletismo Cuntis	23/08/1977 GA765434	W-40	8.23	8.89	8.28	8.69	8.44	8.12	8.89
6	346	Maria Angeles Filgueira Perez S.G. Pontevedra	16/04/1973 GA3424	W-45	7.90	8.42	7.86	X	8.04	7.59	8.42
7	356	Maria Jose Fraga Graña Atletica a Silva	31/08/1974 GA9309	W-45	8.26	7.88	8.31				8.31
8	364	(t) Martina Flores Sardella CA Santiago	05/02/2002 AG2024056	JF	7.16	7.33	7.37				7.37
9	298	Irene Fernandez Fidalgo Club Atletismo Naron	26/02/1975 GA769252	W-40	X	6.23	6.05				6.23
10	325	(t) Ana María Ferradas Barrera Atletismo Ribadeo	18/07/1963 AG769567	W-55	4.98	4.72	4.98				4.98