

Pontevedra, 10 octubre 2020

sábado, 10 octubre 2020

ACTA POR DÍA

100m MASC

Semifinal

Calificación: Los 8 con mejores tiempos (q) progresan a la Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|---|-------------------------|-----|-------|---------|
| Semifinal 1 10/10/2020 12:33 Viento: +2.5 | | | | | | |
| 1 | 74 | (t) Jose Novoas Dominguez ADAS Proinor | 15/05/2006 AG2019789 | CM | 7 | 12.0- q |
| 2 | 34 | (t) Marcos Flecha Dos Santos ADAS Proinor | 05/01/2005 AG2024256 | CM | 2 | 12.3- q |
| 3 | 25 | (t) Javier De La Fuente Manzano Viguesa de atletismo | 20/10/2006 AG2023398 | CM | 3 | 12.7- |
| 4 | 82 | (t) Adrián Javier Pardo Rodriguez Lucus Caixa Rural Galega | 05/04/2005 AG2025032 | CM | 6 | 12.8- |
| 5 | 100 | (t) Roi Rodriguez Fernandez CAMBADOS-SEGUROS NOVAL | 24/05/2005 AG2027519 | CM | 8 | 12.9- |
| 6 | 45 | (t) Yago Iglesias Turnes SD Compostela Atletismo | 08/05/2006 AG3332 | CM | 4 | 13.6- |
| 7 | 127 | (t) Ian Wernink Portas CAMBADOS-SEGUROS NOVAL | 04/06/2005 AG2025008 | CM | 5 | 14.1- |
| Semifinal 2 10/10/2020 12:41 Viento: +0.0 | | | | | | |
| 1 | 55 | (t) Miguel Lopez Rois Lucus Caixa Rural Galega | 14/02/2005 AG2022750 | CM | 4 | 12.1- q |
| 2 | 9 | (t) Matias Barca Arias CA Millaraio | 15/06/2005 AG2027553 | CM | 7 | 12.2- q |
| 3 | 46 | (t) Alejandro Jimenez Rivas CA Millaraio | 20/01/2006 AG2018638 | CM | 2 | 12.4- |
| 4 | 80 | (t) Maytrea Narowe Oubiña Moezzi CAMBADOS-SEGUROS NOVAL | 26/06/2006 AG2027520 | CM | 6 | 12.4- |
| 5 | 121 | (t) Brais Vazquez González Viguesa de atletismo | 01/09/2005 AG5436 | CM | 3 | 13.1- |
| 6 | 38 | (t) Angel Garcia Lopez Club Atletismo Naron | 27/01/2006 AG2015770 | CM | 5 | 13.3- |
| 7 | 6 | (t) Bernardo Abreu Gonzalez Marineda Atletico | 20/08/2005 AG3979 | CM | 8 | 13.8- |
| Semifinal 3 10/10/2020 12:49 Viento: +1.1 | | | | | | |
| 1 | 14 | Daniel Cariñena Lopez CA Millaraio | 09/09/2005 GA769292 | CM | 2 | 11.4- q |
| 2 | 28 | (t) Rodrigo Díaz Enríquez Ourense Atletismo | 29/04/2006 AG768165 | CM | 3 | 11.9- q |
| 3 | 61 | (t) Adrián Mariño Moreira R.C. Celta | 19/06/2005 AG2028477 | CM | 8 | 12.1- q |
| 4 | 83 | (t) Bruno Patrone Freiria Atletica Val Minor | 30/08/2006 AG2021865 | CM | 5 | 12.2- q |
| 5 | 63 | (t) Xabier Martin Lois CAMBADOS-SEGUROS NOVAL | 04/09/2005 AG2026894 | CM | 4 | 13.3- |
| 6 | 20 | (t) Pablo Crespo Costa CA Millaraio | 06/12/2005 AG3276 | CM | 6 | 13.6- |
| | 15 | (t) Samuel Carracedo Louzao Club Atletismo Estrada | 14/04/2006 AG2017609 | CM | 7 | NP |

ACTA POR DÍA
100m MASC
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|---|-------------------------|-----|-------|--------------|
| Final 10/10/2020 19:40 Viento: +1.9 | | | | | | |
| 1 | 14 | Daniel Cariñena Lopez CA Millaraio | 09/09/2005 GA769292 | CM | 5 | 11.60 |
| 2 | 74 | (t) Jose Novoas Dominguez ADAS Proinor | 15/05/2006 AG2019789 | CM | 4 | 11.94 |
| 3 | 28 | (t) Rodrigo Díaz Enríquez Ourense Atletismo | 29/04/2006 AG768165 | CM | 6 | 12.07 |
| 4 | 34 | (t) Marcos Flecha Dos Santos ADAS Proinor | 05/01/2005 AG2024256 | CM | 1 | 12.14 |
| 5 | 55 | (t) Miguel Lopez Rois Lucus Caixa Rural Galega | 14/02/2005 AG2022750 | CM | 3 | 12.25 |
| 6 | 9 | (t) Matias Barca Arias CA Millaraio | 15/06/2005 AG2027553 | CM | 7 | 12.25 |
| 7 | 61 | (t) Adrián Mariño Moreira R.C. Celta | 19/06/2005 AG2028477 | CM | 8 | 12.31 |
| 8 | 83 | (t) Bruno Patrone Freiria Atletica Val Minor | 30/08/2006 AG2021865 | CM | 2 | 12.58 |

300m MASC
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|---------------------------------|-----|---|-------------------------|-----|-------|--------------|
| Final A 10/10/2020 17:48 | | | | | | |
| 1 | 55 | (t) Miguel Lopez Rois Lucus Caixa Rural Galega | 14/02/2005 AG2022750 | CM | 4 | 39.53 |
| 2 | 74 | (t) Jose Novoas Dominguez ADAS Proinor | 15/05/2006 AG2019789 | CM | 3 | 40.04 |
| 3 | 46 | (t) Alejandro Jimenez Rivas CA Millaraio | 20/01/2006 AG2018638 | CM | 5 | 40.07 |
| 4 | 81 | (t) Eros Pardal Autan Club Atletismo SAR | 19/09/2006 AG2024878 | CM | 6 | 40.12 |
| 5 | 25 | (t) Javier De La Fuente Manzano Viguesa de atletismo | 20/10/2006 AG2023398 | CM | 2 | 41.07 |
| 6 | 82 | (t) Adrián Javier Pardo Rodriguez Lucus Caixa Rural Galega | 05/04/2005 AG2025032 | CM | 7 | 41.47 |
| 7 | 101 | Birhanu Rodriguez Gonzalez-carrero C.S.C.R. Beade | 25/04/2006 GA68 | CM | 8 | 42.56 |
| Final B 10/10/2020 18:00 | | | | | | |
| 1 | 61 | (t) Adrián Mariño Moreira R.C. Celta | 19/06/2005 AG2028477 | CM | 6 | 40.13 |
| 2 | 80 | (t) Maytreya Narowe Oubiña Moezzi CAMBADOS-SEGUROS NOVAL | 26/06/2006 AG2027520 | CM | 3 | 42.06 |
| 3 | 65 | (t) Martín Martínez Troncoso R.C. Celta | 18/08/2005 AG2028432 | CM | 7 | 42.69 |
| 4 | 6 | (t) Bernardo Abreu Gonzalez Marineda Atletico | 20/08/2005 AG3979 | CM | 8 | 42.97 |
| 5 | 90 | (t) Mateo Posse Conde AMES ATLETISMO | 22/01/2005 AG2014849 | CM | 5 | 43.14 |
| 6 | 93 | Alberto Ratoeira Expósito Maderas Barcia Lourenza | 26/07/2005 GA120 | CM | 4 | 43.85 |
| | 116 | (t) Sergio Sánchez López At Rias Baixas | 23/12/2005 AG5826 | CM | 2 | NP |

ACTA POR DÍA
600m MASC
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|---------------------------------|-----|---|-------------------------|-----|-------|------------------|
| Final A 10/10/2020 13:21 | | | | | | |
| 1 | 123 | (t) Jorge Vazquez Perez Marineda Atletico | 06/05/2005 AG2018512 | CM | 2 | 1:26.6- |
| 2 | 66 | (e) Jemal Samson Maschanka At Rias Baixas | 08/08/2005 GA156 | CM | 1 | 1:26.9- |
| 3 | 23 | Mohamed Ilyas Dahmouni Lahrach Franciscanos Lugo | 17/04/2006 GA2023497 | CM | 4 | 1:27.3- |
| 4 | 43 | Teshome Hermida Cerdeiras Franciscanos Lugo | 23/10/2005 GA2023421 | CM | 3 | 1:29.9- |
| 5 | 75 | (t) Nicolás Nsang Gómez Universidad Santiago | 15/03/2006 AG2021964 | CM | 5 | 1:30.4- |
| 6 | 31 | (t) Samuel Fernandez Leal At Ria de Arousa | 12/08/2005 AG2024442 | CM | 7 | 1:33.4- |
| 7 | 119 | (t) Pablo Ulla Couñago ASOCIACION DEPORTIVA CAR | 01/01/2006 AG2023386 | CM | 8 | 1:34.4- |
| 8 | 100 | (t) Roi Rodriguez Fernandez CAMBADOS-SEGUROS NOVAL | 24/05/2005 AG2027519 | CM | 6 | 1:35.1- |
| Final B 10/10/2020 13:29 | | | | | | |
| 1 | 99 | (t) Mateo Rivas López R.C. Celta | 18/04/2005 AG2028577 | CM | 1 | 1:36.2- |
| 2 | 63 | (t) Xabier Martin Lois CAMBADOS-SEGUROS NOVAL | 04/09/2005 AG2026894 | CM | 2 | 1:39.5- |
| 3 | 94 | (t) Diego Real Diéguez Riazor Coruña | 31/01/2006 AG2024352 | CM | 7 | 1:40.0- |
| 4 | 37 | (t) Rodrigo Garcia Cochon Ourense Atletismo | 17/10/2005 AG3480 | CM | 3 | 1:40.7- |
| 5 | 53 | (t) Carlos Lopez Mendiña At Vila de Cangas | 10/02/2006 AG2020914 | CM | 4 | 1:46.8- |
| 6 | 16 | (t) Mateo Castro Souto Atletismo Carballo | 24/10/2006 AG2015828 | CM | 6 | 1:49.6- |
| | 117 | (t) David Toimil Plaza Universidad Santiago | 27/07/2006 AG2021962 | CM | 5 | DS RT17.5 |

1.000m MASC
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca |
|---------------------------------|-----|---|-------------------------|-----|-------|----------------|
| Final A 10/10/2020 13:53 | | | | | | |
| 1 | 73 | Ricardo Negrete Barrioluengo Ria Ferrol-C. Arenal | 01/03/2006 GA2023478 | CM | 4 | 2:47.9- |
| 2 | 59 | (t) Nicolás López González ESCOLA ATLETISMO BETANZOS | 27/02/2005 AG2027066 | CM | 1 | 2:52.9- |
| 3 | 96 | (t) Matías Regueiro Rial Club Atletismo Sada | 09/01/2006 AG2028637 | CM | 6 | 2:53.5- |
| 4 | 18 | (t) Nicolás Manuel Cons Gestido San Miguel de Marin | 30/03/2005 AG2024901 | CM | 8 | 2:55.2- |
| 5 | 7 | (t) Javier Acuña García Comesaña Sporting Club | 23/01/2006 AG113116 | CM | 7 | 2:59.3- |
| 6 | 45 | (t) Yago Iglesias Turnes SD Compostela Atletismo | 08/05/2006 AG3332 | CM | 5 | 3:00.0- |
| 7 | 58 | (t) Mario Luaces Larran Viguesa de atletismo | 19/01/2005 AG84 | CM | 3 | 3:00.6- |
| 8 | 62 | (t) Nacho Maroño Pascalin Riazor Coruña | 02/10/2006 AG3419 | CM | 2 | 3:06.3- |

ACTA POR DÍA
1.000m MASC
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca |
|---------------------------------|-----|---|-------------------------|-----|-------|----------------|
| Final B 10/10/2020 14:01 | | | | | | |
| 1 | 27 | (t) Daniel Díaz Alonso Atletismo Ribadeo | 27/09/2005 AG2015558 | CM | 1 | 3:00.5- |
| 2 | 42 | (t) Hugo Gonzalez Leston TRIKI TEAM | 17/04/2006 AG2028567 | CM | 4 | 3:06.2- |
| 3 | 127 | (t) Ian Wernink Portas CAMBADOS-SEGUROS NOVAL | 04/06/2005 AG2025008 | CM | 3 | 3:08.9- |
| 4 | 128 | (t) Diego Álvarez Maceiras Riazor Coruña | 19/05/2006 AG3139 | CM | 5 | 3:21.0- |
| 5 | 78 | (t) Fernando Otero Lado TRIKI TEAM | 20/02/2005 AG2028570 | CM | 7 | 3:27.0- |
| | 112 | (t) Iván Suarez Barro R.C. Celta | 21/05/2006 AG2018083 | CM | 6 | NP |
| | 15 | (t) Samuel Carracedo Louzao Club Atletismo Estrada | 14/04/2006 AG2017609 | CM | 2 | NP |

3.000m MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca |
|-------------------------------|-----|---|-------------------------|-----|-------|-----------------|
| Final 10/10/2020 18:24 | | | | | | |
| 1 | 92 | (t) Victor Ramos Sambade TRIKI TEAM | 26/10/2005 AG2027786 | CM | 7 | 9:24.66 |
| 2 | 103 | Hector Rodriguez Vazquez Ourense Atletismo | 01/05/2005 GA141 | CM | 2 | 9:42.84 |
| 3 | 95 | Ivan Rego Veigas Atletica Lucense | 21/05/2005 GA769303 | CM | 4 | 10:04.72 |
| 4 | 110 | (t) Francisco Ali Silva Hamidi At Ria de Arousa | 19/10/2005 AG2022519 | CM | 6 | 10:05.93 |
| 5 | 108 | Pepe Sanchez Del Valle Verge Franciscanos Lugo | 21/12/2006 GA2023491 | CM | 5 | 10:12.01 |
| 6 | 19 | (t) Óscar Costas Álvarez Comesaña Sporting Club | 04/07/2006 AG113087 | CM | 8 | 11:20.58 |
| 7 | 72 | (t) Jose Manuel Negreira Abelenda Atletismo Carballo | 17/10/2006 AG2020265 | CM | 1 | 11:21.37 |
| | 104 | Manuel Rodríguez García Maderas Barcia Lourenza | 20/10/2005 GA2023355 | CM | 3 | NP |

100mv (0,91) MASC
Semifinal
Calificación: Los 8 con mejores tiempos (q) progresan a la Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|--|-------------------------|-----|-------|----------------|
| Semifinal 1 10/10/2020 17:30 Viento: +2.6 | | | | | | |
| 1 | 21 | Pablo Cudeiro Felix Ourense Atletismo | 02/08/2005 GA149 | CM | 6 | 14.85 q |
| 2 | 122 | (t) Martin Vazquez López Lucus Caixa Rural Galega | 20/09/2006 AG2025220 | CM | 8 | 15.28 q |
| 3 | 71 | Oscar Monteagudo Argibay S.G. Pontevedra | 22/02/2005 GA113 | CM | 7 | 15.92 q |
| 4 | 13 | Martiño Caneda Pajaro Atletica a Silva | 04/05/2005 GA769020 | CM | 4 | 16.21 q |
| 5 | 83 | (t) Bruno Patrone Freiria Atletica Val Minor | 30/08/2006 AG2021865 | CM | 2 | 16.53 q |
| 6 | 118 | (t) Javier Trillo Garcia Ourense Atletismo | 31/01/2006 AG2020111 | CM | 3 | 16.56 q |
| 7 | 33 | (t) Noel Ferraces Delgado CA Millaraio | 30/01/2006 AG2017896 | CM | 5 | 18.47 |
| 8 | 22 | (t) Lucas Dagnac Llompant CA Millaraio | 11/11/2006 AG2021424 | CM | 1 | 20.28 |

ACTA POR DÍA
100mv (0,91) MASC
Semifinal
Calificación: Los 8 con mejores tiempos (q) progresan a la Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|---|-------------------------|-----|-------|----------------|
| Semifinal 2 10/10/2020 17:38 Viento: +2.8 | | | | | | |
| 1 | 39 | (t) Eloy García López Riazor Coruña | 23/04/2005 AG2021702 | CM | 7 | 16.23 q |
| 2 | 40 | Jairo Gonzalez Garcia (f) CD Aviles Atletismo | 11/01/2006 O8610 | CM | 2 | 16.49 |
| 3 | 9 | (t) Matias Barca Arias CA Millaraio | 15/06/2005 AG2027553 | CM | 3 | 16.64 q |
| 4 | 77 | (t) Antón Ogando Graña Viguesa de atletismo | 11/03/2005 AG2028613 | CM | 4 | 17.08 |
| 5 | 52 | (e) (t) Yann Chrys Charlemagne Ahouma At Rias Baixas | 06/05/2005 AG5573 | CM | 5 | 20.46 |
| 6 | 35 | (t) Alvaro Francos Martinez CA Millaraio | 06/04/2006 AG2020891 | CM | 8 | 20.95 |
| 7 | 20 | (t) Pablo Crespo Costa CA Millaraio | 06/12/2005 AG3276 | CM | 1 | 21.71 |
| 8 | 15 | (t) Samuel Carracedo Louzao Club Atletismo Estrada | 14/04/2006 AG2017609 | CM | 6 | 25.13 |

Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|--|-------------------------|-----|-------|--------------|
| Final 10/10/2020 19:20 Viento: +1.6 | | | | | | |
| 1 | 21 | Pablo Cudeiro Felix Ourense Atletismo | 02/08/2005 GA149 | CM | 4 | 14.54 |
| 2 | 122 | (t) Martin Vazquez López Lucus Caixa Rural Galega | 20/09/2006 AG2025220 | CM | 6 | 15.20 |
| 3 | 13 | Martiño Caneda Pajaro Atletica a Silva | 04/05/2005 GA769020 | CM | 5 | 15.48 |
| 4 | 118 | (t) Javier Trillo Garcia Ourense Atletismo | 31/01/2006 AG2020111 | CM | 1 | 15.74 |
| 5 | 71 | Oscar Monteagudo Argibay S.G. Pontevedra | 22/02/2005 GA113 | CM | 3 | 15.84 |
| 6 | 83 | (t) Bruno Patrone Freiria Atletica Val Minor | 30/08/2006 AG2021865 | CM | 7 | 16.93 |
| 7 | 9 | (t) Matias Barca Arias CA Millaraio | 15/06/2005 AG2027553 | CM | 2 | 17.02 |
| 8 | 39 | (t) Eloy García López Riazor Coruña | 23/04/2005 AG2021702 | CM | 8 | 17.33 |

300mv (0,84) MASC
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|---------------------------------|-----|---|-------------------------|-----|-------|--------------|
| Final A 10/10/2020 11:53 | | | | | | |
| 1 | 118 | (t) Javier Trillo Garcia Ourense Atletismo | 31/01/2006 AG2020111 | CM | 5 | 42.79 |
| 2 | 13 | Martiño Caneda Pajaro Atletica a Silva | 04/05/2005 GA769020 | CM | 3 | 42.95 |
| 3 | 21 | Pablo Cudeiro Felix Ourense Atletismo | 02/08/2005 GA149 | CM | 4 | 43.08 |
| 4 | 39 | (t) Eloy García López Riazor Coruña | 23/04/2005 AG2021702 | CM | 6 | 46.01 |
| 5 | 64 | (t) Diego Martinez Vilas At Vila de Cangas | 25/09/2006 AG2021117 | CM | 2 | 50.54 |
| 6 | 52 | (e) (t) Yann Chrys Charlemagne Ahouma At Rias Baixas | 06/05/2005 AG5573 | CM | 7 | 52.50 |

ACTA POR DÍA
300mv (0,84) MASC
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|---------------------------------|-----|---|-------------------------|-----|-------|--------------|
| Final B 10/10/2020 12:01 | | | | | | |
| 1 | 85 | Martin Pereda Garcia (f) Ciudad de Lugones | 11/06/2005 O8162 | CM | 5 | 42.42 |
| 2 | 69 | Eneko Miguez Gonzalez (f) CA Villa del Adelantado | 09/03/2005 O1 | CM | 6 | 44.54 |
| 3 | 105 | (t) Simón Rodríguez Rodríguez Riazor Coruña | 04/11/2006 AG768731 | CM | 2 | 46.73 |
| 4 | 68 | Diego Menendez Barrera (f) CA Villa del Adelantado | 11/05/2006 O3 | CM | 7 | 50.09 |
| 5 | 109 | (t) Hugo Serantes Bouza Club Atletismo Naron | 03/12/2006 AG2024227 | CM | 3 | 55.45 |
| | 67 | (t) Ian Mendez Piñeiro Maderas Barcia Lourenza | 16/07/2006 AG768529 | CM | 4 | NP |

1.500m Obst. MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca |
|-------------------------------|-----|--|-------------------------|-----|-------|----------------|
| Final 10/10/2020 19:00 | | | | | | |
| 1 | 91 | Sergio Prieto Pazos Club Atletismo Estrada | 09/07/2005 GA190 | CM | 4 | 4:49.87 |
| 2 | 10 | (t) Carlos Bautista Bugarín Atletismo Porrino | 26/01/2005 AG2015909 | CM | 8 | 4:58.96 |
| 3 | 89 | (t) Aaron Portela Portas At Ria de Arousa | 20/06/2006 AG2022520 | CM | 7 | 5:08.01 |
| 4 | 44 | (t) Angel Herrero Perez Lucus Caixa Rural Galega | 18/05/2006 AG2024126 | CM | 3 | 5:16.47 |
| 5 | 30 | (t) Daniel Fernandez Leal At Ria de Arousa | 12/08/2005 AG2024443 | CM | 1 | 5:25.07 |
| 6 | 24 | (t) Ruben Darriba Corral Lucus Caixa Rural Galega | 29/11/2005 AG2024643 | CM | 5 | 5:30.28 |
| 7 | 22 | (t) Lucas Dagnac Llompert CA Millaraio | 11/11/2006 AG2021424 | CM | 2 | 5:35.90 |
| | 124 | Cosme Viana Valiña Atletica Lucense | 18/08/2006 GA2023452 | CM | 6 | NP |

ACTA POR DÍA

Altura MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca |
|-------------------------------|--------|--|-------------------------|-----|-------|
| Final 10/10/2020 12:25 | | | | | |
| 1 | 70 | Matias Moldes Barreiro S.G. Pontevedra | 02/04/2006 GA769124 | CM | 1.64 |
| 1.46 | O/1.49 | -/1.52 XO/1.54 -/1.56 O/1.58 O/1.60 O/1.62 -/1.64 O/1.66 | XXX | | |
| 2 | 34 | (t) Marcos Flecha Dos Santos ADAS Proinor | 05/01/2005 AG2024256 | CM | 1.62 |
| 1.54 | O/1.56 | -/1.58 XO/1.60 -/1.62 O/1.64 -/1.66 | XX | | |
| 3 | 77 | (t) Antón Ogando Graña Víguesa de atletismo | 11/03/2005 AG2028613 | CM | 1.60 |
| 1.49 | O/1.52 | -/1.54 XO/1.56 O/1.58 XO/1.60 XO/1.62 | XXX | | |
| 4 | 36 | (t) David Garcia Blanco CA Millaraio | 06/11/2005 AG2027560 | CM | 1.58 |
| 1.46 | O/1.49 | O/1.52 O/1.54 O/1.56 XXO/1.58 O/1.60 | XXX | | |
| 5 | 49 | (t) Simon Lago Hermida LA MOCHILA DEL DEPORTE | 06/08/2005 AG2014486 | CM | 1.56 |
| 1.30 | O/1.34 | O/1.38 O/1.42 O/1.46 O/1.49 XO/1.52 O/1.54 O/1.56 O/1.58 | XXX | | |
| 6 | 98 | (t) Roi Rial Garcia Atletismo Fontes do Sar | 05/10/2006 AG2018064 | CM | 1.52 |
| 1.42 | O/1.46 | O/1.49 XO/1.52 XXO/1.54 | XXX | | |
| 7 | 102 | (t) Alejandro Rodriguez Mallo CLUB ATLETICO BERGONDO | 23/03/2006 AG2024162 | CM | 1.46 |
| 1.30 | O/1.34 | O/1.38 O/1.42 O/1.46 XXO/1.49 | XXX | | |
| 8 | 50 | (t) Xael Lago Hermida LA MOCHILA DEL DEPORTE | 06/08/2005 AG2014487 | CM | 1.42 |
| 1.30 | O/1.34 | O/1.38 O/1.42 XO/1.46 | XXX | | |
| 9 | 64 | (t) Diego Martinez Vilas At Vila de Cangas | 25/09/2006 AG2021117 | CM | 1.38 |
| 1.30 | O/1.34 | O/1.38 O/1.42 | XXX | | |

Pértega MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca |
|-------------------------------|--------|--|-------------------------|-----|-------|
| Final 10/10/2020 17:00 | | | | | |
| 1 | 71 | Oscar Monteagudo Argibay S.G. Pontevedra | 22/02/2005 GA113 | CM | 3.23 |
| 2.03 | -/2.23 | -/2.33 -/2.43 -/2.53 -/2.63 -/2.73 -/2.83 -/2.93 -/3.03 O/3.13 | -/3.23 O/3.53 | XXX | |
| 2 | 60 | Javier Malingre Sanchez Ourense Atletismo | 18/02/2006 GA2023432 | CM | 3.03 |
| 2.03 | -/2.23 | -/2.33 -/2.43 O/2.53 O/2.63 O/2.73 O/2.83 XO/2.93 O/3.03 | O/3.13 | XXX | |
| 3 | 122 | (t) Martin Vazquez López Lucus Caixa Rural Galega | 20/09/2006 AG2025220 | CM | 2.43 |
| 2.03 | -/2.23 | O/2.33 -/2.43 O/2.53 -/2.63 -/2.73 -/2.83 | XXX | | |
| 4 | 35 | (t) Alvaro Francos Martinez CA Millaraio | 06/04/2006 AG2020891 | CM | 2.33 |
| 2.03 | O/2.23 | XO/2.33 O/2.43 | XXX | | |
| 5 | 51 | (t) Manuel Lemos Gomez At Vila de Cangas | 12/12/2006 AG2021122 | CM | 2.03 |
| 2.03 | O/2.23 | XXX | | | |
| | 52 | (t) Ruben Lemos Gomez At Vila de Cangas | 12/12/2006 AG2021123 | CM | NP |

Pontevedra, 10 octubre 2020

sábado, 10 octubre 2020

ACTA POR DÍA
Lonxitude MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|--|-------------------------|-----|--------------|--------------|--------------|--------------|---------------------|
| Final 10/10/2020 19:20 | | | | | | | | | |
| 1 | 57 | Daniel Loureiro Mosquera Atletica a Silva | 24/09/2005 GA769024 | CM | X +2.5 | X +4.8 | 6.21 +1.7 | X +2.5 | 6.21 +1.7 |
| 2 | 79 | Xoel Otero Nogueira AA Mazi | 15/09/2005 GA104 | CM | 5.89 +0.9 | 5.89 +2.5 | 5.83 +1.1 | 6.15 +2.3 | 6.15 +2.3 |
| 3 | 125 | (t) Mario Vilar Veiga AMES ATLETISMO | 29/11/2005 AG2027555 | CM | 5.38 +2.9 | 5.59 +1.7 | 5.25 +2.9 | 5.40 +3.8 | 5.59 +1.7 |
| 4 | 12 | Asier Cabo Lodeiro CA Millaraio | 05/09/2005 GA199 | CM | 4.77 +2.4 | 4.93 +2.8 | 4.33 +1.8 | 5.30 +1.0 | 5.30 +1.0 |
| 5 | 33 | (t) Noel Ferraces Delgado CA Millaraio | 30/01/2006 AG2017896 | CM | X +1.2 | X +4.6 | 5.15 +0.8 | 5.07 +3.5 | 5.15 +0.8 |
| 6 | 54 | Andres Lopez Rodríguez Lucus Caixa Rural Galega | 05/06/2006 GA2023522 | CM | X +3.1 | 4.95 +2.8 | 5.00 +2.2 | 5.01 +1.3 | 5.01 +1.3 |
| 7 | 93 | Alberto Ratoeira Expósito Maderas Barcia Lourenza | 26/07/2005 GA120 | CM | 4.66 +2.0 | 4.34 +1.0 | X +3.1 | 4.13 +2.8 | 4.66 +2.0 |
| 8 | 109 | (t) Hugo Serantes Bouza Club Atletismo Naron | 03/12/2006 AG2024227 | CM | 4.40 +2.3 | X +3.1 | 4.20 +3.2 | 4.58 +4.1 | 4.58 +4.1 |
| | 56 | (t) Unai Loureiro Arrojo Riazor Coruña | 13/05/2006 AG764179 | CM | | | | | NP |

Triplo MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|--|-------------------------|-----|---------------|---------------|---------------|---------------|----------------------|
| Final 10/10/2020 13:13 | | | | | | | | | |
| 1 | 79 | Xoel Otero Nogueira AA Mazi | 15/09/2005 GA104 | CM | 12.86 +4.0 | 13.28 +3.9 | 13.41 +3.0 | 13.11 +3.6 | 13.41 +3.0 |
| 2 | 104 | Manuel Rodríguez García Maderas Barcia Lourenza | 20/10/2005 GA2023355 | CM | 11.22 +1.3 | 11.39 +4.3 | 11.86 +1.0 | X +2.1 | 11.86 +1.0 |
| 3 | 70 | Matias Moldes Barreiro S.G. Pontevedra | 02/04/2006 GA769124 | CM | X +3.5 | 11.46 +3.6 | 11.39 +5.3 | 11.40 +0.2 | 11.46 +3.6 |
| 4 | 54 | Andres Lopez Rodríguez Lucus Caixa Rural Galega | 05/06/2006 GA2023522 | CM | 11.32 +1.3 | X +4.3 | 11.34 +4.2 | X +3.3 | 11.34 +4.2 |
| 5 | 36 | (t) David Garcia Blanco CA Millaraio | 06/11/2005 AG2027560 | CM | - | X +4.4 | 11.31 +4.5 | 10.98 +2.3 | 11.31 +4.5 |
| 6 | 98 | (t) Roi Rial Garcia Atletismo Fontes do Sar | 05/10/2006 AG2018064 | CM | 10.85 +2.2 | 10.44 +4.1 | X +2.6 | 10.72 +5.5 | 10.85 +2.2 |
| 7 | 50 | (t) Xoel Lago Hermida LA MOCHILA DEL DEPORTE | 06/08/2005 AG2014487 | CM | X +1.3 | 10.23 +3.5 | | 9.98 +1.0 | 10.23 +3.5 |
| 8 | 49 | (t) Simon Lago Hermida LA MOCHILA DEL DEPORTE | 06/08/2005 AG2014486 | CM | 9.45 +2.6 | 10.17 +2.4 | 9.80 +5.3 | 9.79 +1.7 | 10.17 +2.4 |
| | 12 | Asier Cabo Lodeiro CA Millaraio | 05/09/2005 GA199 | CM | X +2.1 | X +1.2 | X +2.7 | X +3.6 | SM +2.1 |
| | 56 | (t) Unai Loureiro Arrojo Riazor Coruña | 13/05/2006 AG764179 | CM | | | | | NP |

Peso (4kg) MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|--|-------------------------|-----|-------|-------|-------|-------|--------------|
| Final 10/10/2020 17:08 | | | | | | | | | |
| 1 | 120 | Fernando Vallines Fernandez Maderas Barcia Lourenza | 26/08/2005 GA2023356 | CM | 13.75 | 13.48 | 13.08 | 13.82 | 13.82 |
| 2 | 41 | (t) Jesus Gonzalez Garcia Atletica Val Minor | 21/04/2005 AG2026567 | CM | 11.75 | X | 10.97 | 11.75 | 11.75 |
| 3 | 26 | Brais Diaz Salas Atletica Lucense | 03/05/2006 GA2023349 | CM | X | 9.45 | 11.34 | 10.60 | 11.34 |
| 4 | 115 | (t) Samuel Sumay Miguez Marineda Atletico | 10/03/2005 AG2014485 | CM | 9.42 | 9.08 | 9.31 | 9.43 | 9.43 |
| 5 | 38 | (t) Angel Garcia Lopez Club Atletismo Naron | 27/01/2006 AG2015770 | CM | 9.00 | 9.11 | X | 9.40 | 9.40 |
| 6 | 76 | (t) Dario Nuñez Lopez AA Mazi | 07/11/2006 AG2016370 | CM | 7.22 | 7.73 | 7.52 | 7.95 | 7.95 |
| 7 | 86 | (t) Angel Perez Cantero Víguesa de atletismo | 23/05/2005 AG2018920 | CM | 5.73 | 5.70 | 6.54 | 7.26 | 7.26 |
| 8 | 11 | (t) Daniel Bouzas González CA Millaraio | 09/01/2005 AG4 | CM | 6.42 | 6.36 | 6.76 | 7.25 | 7.25 |

Pontevedra, 10 octubre 2020

sábado, 10 octubre 2020

ACTA POR DÍA
Disco (1kg) MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|---|-------------------------|-----|-------|-------|-------|-------|--------------|
| Final 10/10/2020 12:33 | | | | | | | | | |
| 1 | 14 | Daniel Cariñena Lopez CA Millaraio | 09/09/2005 GA769292 | CM | 33.74 | 30.23 | 41.50 | 37.77 | 41.50 |
| 2 | 41 | (t) Jesus Gonzalez Garcia Atletica Val Minor | 21/04/2005 AG2026567 | CM | 35.09 | X | 35.73 | 33.39 | 35.73 |
| 3 | 125 | (t) Mario Vilar Veiga AMES ATLETISMO | 29/11/2005 AG2027555 | CM | 30.69 | 29.80 | X | 28.21 | 30.69 |
| 4 | 111 | (t) Ignacio Sposito Rivero Atletica a Silva | 27/01/2006 AG2016160 | CM | X | X | 24.97 | 27.41 | 27.41 |
| 5 | 76 | (t) Dario Nuñez Lopez AA Mazi | 07/11/2006 AG2016370 | CM | 18.49 | 20.20 | 22.13 | 20.76 | 22.13 |
| 6 | 86 | (t) Angel Perez Cantero Viguesa de atletismo | 23/05/2005 AG2018920 | CM | 21.69 | 20.13 | 20.27 | X | 21.69 |
| 7 | 17 | (t) Darío Chaves Castro Atletismo Fontes do Sar | 23/01/2006 AG2023511 | CM | X | 21.37 | X | 20.46 | 21.37 |
| 8 | 97 | (t) Anxo Rey Pancorbo Atletismo Fontes do Sar | 14/05/2006 AG2023513 | CM | X | X | 20.42 | 6.71 | 20.42 |
| 9 | 126 | (t) Daniel Villanueva Guede Viguesa de atletismo | 20/11/2006 AG2019954 | CM | 19.77 | X | 19.93 | 18.89 | 19.93 |
| 10 | 88 | (t) Nicolas Piñeiro Castro Atletismo Fontes do Sar | 14/11/2006 AG768627 | CM | X | 18.35 | 16.74 | X | 18.35 |

Martelo (4kg) MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|---|-------------------------|-----|-------|-------|-------|-------|--------------|
| Final 10/10/2020 11:36 | | | | | | | | | |
| 1 | 29 | Hugo Fernandez Gonzalez Club Atletismo Sada | 12/02/2005 GA175 | CM | X | X | X | 43.06 | 43.06 |
| 2 | 106 | (t) Martin Rouco Iglesias Lucus Caixa Rural Galega | 09/06/2005 AG2024194 | CM | X | 34.87 | X | X | 34.87 |
| 3 | 111 | (t) Ignacio Sposito Rivero Atletica a Silva | 27/01/2006 AG2016160 | CM | 30.73 | X | 30.34 | 23.86 | 30.73 |
| 4 | 17 | (t) Darío Chaves Castro Atletismo Fontes do Sar | 23/01/2006 AG2023511 | CM | 23.71 | X | 24.77 | 23.61 | 24.77 |
| 5 | 48 | (t) Alfonso Labella Blanco CA Millaraio | 21/01/2006 AG4129 | CM | X | 23.38 | X | X | 23.38 |
| 6 | 126 | (t) Daniel Villanueva Guede Viguesa de atletismo | 20/11/2006 AG2019954 | CM | 18.12 | 19.40 | 22.43 | 21.40 | 22.43 |
| 7 | 97 | (t) Anxo Rey Pancorbo Atletismo Fontes do Sar | 14/05/2006 AG2023513 | CM | 20.71 | 19.67 | X | 19.43 | 20.71 |
| 8 | 88 | (t) Nicolas Piñeiro Castro Atletismo Fontes do Sar | 14/11/2006 AG768627 | CM | 14.96 | 13.49 | 10.19 | X | 14.96 |

Xavelina (600g) MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|---|-------------------------|-----|-------|-------|-------|-------|--------------|
| Final 10/10/2020 18:32 | | | | | | | | | |
| 1 | 57 | Daniel Loureiro Mosquera Atletica a Silva | 24/09/2005 GA769024 | CM | 39.74 | X | 40.99 | 42.51 | 42.51 |
| 2 | 90 | (t) Mateo Posse Conde AMES ATLETISMO | 22/01/2005 AG2014849 | CM | 34.59 | 33.49 | X | 37.76 | 37.76 |
| 3 | 48 | (t) Alfonso Labella Blanco CA Millaraio | 21/01/2006 AG4129 | CM | 35.70 | 33.13 | X | 29.43 | 35.70 |
| 4 | 26 | Brais Diaz Salas Atletica Lucense | 03/05/2006 GA2023349 | CM | 31.15 | X | 30.77 | 29.95 | 31.15 |
| 5 | 106 | (t) Martin Rouco Iglesias Lucus Caixa Rural Galega | 09/06/2005 AG2024194 | CM | 30.70 | 27.35 | 30.81 | X | 30.81 |
| 6 | 47 | Elias Klein Otero Atletica Lucense | 16/07/2006 GA2023445 | CM | X | 30.51 | 30.58 | X | 30.58 |
| 7 | 51 | (t) Manuel Lemos Gomez At Vila de Cangas | 12/12/2006 AG2021122 | CM | 21.76 | 21.74 | 18.74 | 22.24 | 22.24 |

Pontevedra, 10 octubre 2020

sábado, 10 octubre 2020

ACTA POR DÍA
5.000m Marcha MASC

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca |
|-------------------------------|-----|---|-------------------------|-----|-----------------|
| Final 10/10/2020 19:56 | | | | | |
| 1 | 107 | Pablo Sanchez Rivas Atletica Lucense | 12/07/2006 GA2023449 | CM | 25:27.28 |
| 2 | 47 | Elias Klein Otero Atletica Lucense | 16/07/2006 GA2023445 | CM | 27:40.74 |
| 3 | 114 | Brais Suarez Tesouro RunGalicia-interSport | 01/05/2005 GA2023398 | CM | 28:43.41 |

100m FEM
Semifinal

Calificación: Los 8 con mejores tiempos (q) progresan a la Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|--|-------------------------|-----|-------|--------------------|
| Semifinal 1 10/10/2020 12:57 Viento: +0.6 | | | | | | |
| 1 | 217 | Antia Pernas Rodriguez Lucus Caixa Rural Galega | 15/05/2006 GA2023521 | CF | 8 | 12.9- q |
| 2 | 155 | (t) Nayr Cortegoso Figueroa Atletica Val Minor | 26/08/2006 AG2024742 | CF | 3 | 13.2- q |
| 3 | 248 | (t) Lucía Sánchez Martínez AA Mazi | 28/01/2005 AG766491 | CF | 1 | 13.5- q |
| 4 | 236 | (t) Agata Rodriguez Jalda At Vila de Cangas | 11/09/2006 AG2020915 | CF | 2 | 13.7- |
| 5 | 180 | Eva Gil Rivadulla Club Atletismo Estrada | 10/08/2005 GA2023599 | CF | 5 | 14.2- |
| 6 | 207 | (t) Alejandra Ordoñez Doldan LA MOCHILA DEL DEPORTE | 16/11/2006 AG2028867 | CF | 4 | 14.3- |
| 7 | 171 | (t) Maria Fernández Martinez TRIKI TEAM | 01/04/2006 AG2027775 | CF | 6 | 14.5- |
| 8 | 212 | (t) Daniela Paunero Boullosa At. Femenino Celta | 20/08/2006 AG2028411 | CF | 7 | 14.9- |
| Semifinal 2 10/10/2020 13:05 Viento: +4.1 | | | | | | |
| 1 | 226 | Ainhoa Reparaz Sanchez Atletica Val Minor | 31/08/2005 GA2023472 | CF | 3 | 11.9- q |
| 2 | 144 | (t) Xainza Calvo Bugallo S.G. Pontevedra | 17/11/2005 AG768467 | CF | 1 | 12.9- q |
| 3 | 151 | (t) Lara María Chao Rejo Club Atletismo Naron | 23/07/2005 AG2019692 | CF | 2 | 13.4- q |
| 4 | 239 | Carla Ruiz Marin Universidad Santiago | 18/06/2005 GA2023311 | CF | 7 | 13.6- q |
| 5 | 195 | (t) Marta Malvar Boullosa At Rias Baixas | 23/05/2005 AG429 | CF | 6 | 13.8- |
| 6 | 232 | (t) Mireya Rodriguez Anegas EA Ben Cho Shey | 23/01/2005 AG2022041 | CF | 4 | 14.0- |
| 7 | 251 | (t) Angela Esther Ureña Guzman Marineda Atletico | 14/09/2006 AG2028826 | CF | 8 | 14.5- |
| | 141 | Lucia Blanco Mendez Ria Ferrol-C. Arenal | 13/04/2005 GA768863 | CF | 5 | DS RT16.7.1 |
| Semifinal 3 10/10/2020 13:13 Viento: +2.4 | | | | | | |
| 1 | 158 | (t) Raquel De La Torre Carabelos S.G. Pontevedra | 09/10/2005 AG2021834 | CF | 1 | 13.4- q |
| 2 | 163 | (t) Alba Diaz Ruiz LA MOCHILA DEL DEPORTE | 02/11/2006 AG2026743 | CF | 6 | 13.9- |
| 2 | 150 | (t) Daniela Castro Novoa At. Femenino Celta | 31/03/2006 AG2025950 | CF | 8 | 13.9- |
| 4 | 200 | (t) Elba Melendrez Bergantiños LA MOCHILA DEL DEPORTE | 18/12/2005 AG2027143 | CF | 7 | 14.1- |
| 5 | 164 | (t) Angela Eiras Rey CA Millaraio | 05/03/2005 AG769439 | CF | 5 | 14.2- |
| 6 | 174 | (t) Carmen Fraga Sobreira At Vila de Cangas | 12/09/2006 AG2021055 | CF | 4 | 14.3- |
| 7 | 133 | (t) Sara Alvarez Civeira Lucus Caixa Rural Galega | 23/06/2005 AG2024213 | CF | 3 | 14.4- |
| 8 | 233 | (t) Andrea Rodriguez Dorado Atletismo Ribadeo | 11/02/2006 AG2015555 | CF | 2 | 14.6- |

ACTA POR DÍA

100m FEM

Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|---|-------------------------|-----|-------|------------------|
| Final 10/10/2020 19:48 Viento: +1.9 | | | | | | |
| 1 | 226 | Ainhoa Reparaz Sanchez Atletica Val Minor | 31/08/2005 GA2023472 | CF | 3 | 12.57 |
| 2 | 217 | Antia Pernas Rodriguez Lucus Caixa Rural Galega | 15/05/2006 GA2023521 | CF | 6 | 12.83 |
| 3 | 248 | (t) Lucía Sánchez Martínez AA Mazí | 28/01/2005 AG766491 | CF | 2 | 13.27 |
| 4 | 155 | (t) Nayr Cortegoso Figueroa Atletica Val Minor | 26/08/2006 AG2024742 | CF | 5 | 13.46 |
| 5 | 144 | (t) Xainza Calvo Bugallo S.G. Pontevedra | 17/11/2005 AG768467 | CF | 4 | 13.60 |
| 6 | 158 | (t) Raquel De La Torre Carabelos S.G. Pontevedra | 09/10/2005 AG2021834 | CF | 7 | 14.20 |
| 7 | 239 | Carla Ruiz Marin Universidad Santiago | 18/06/2005 GA2023311 | CF | 1 | 14.49 |
| | 151 | (t) Lara María Chao Rejo Club Atletismo Naron | 23/07/2005 AG2019692 | CF | 8 | DS RT16.8 |

300m FEM

Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|---------------------------------|-----|--|-------------------------|-----|-------|--------------|
| Final A 10/10/2020 18:08 | | | | | | |
| 1 | 131 | (t) Arauia Al Bachere Club Atletismo Estrada | 19/06/2006 AG2023605 | CF | 3 | 44.44 |
| 2 | 250 | (t) Lucía Túniz Lorenzo Franciscanos Lugo | 09/07/2005 AG2027344 | CF | 6 | 47.31 |
| 3 | 206 | (t) Candela Nóvoa Morales CD La Purísima | 28/06/2005 AG765951 | CF | 8 | 47.77 |
| 4 | 210 | (t) Carla Padín Falcon CAMBADOS-SEGUROS NOVAL | 27/05/2005 AG2027354 | CF | 1 | 48.08 |
| 5 | 150 | (t) Daniela Castro Novoa At. Femenino Celta | 31/03/2006 AG2025950 | CF | 5 | 48.14 |
| 6 | 161 | Eva Diaz Garcia Lucus Caixa Rural Galega | 10/04/2005 GA2023531 | CF | 7 | 48.30 |
| 7 | 148 | (t) Carmen Carrera Durán C.S.C.R. Beade | 20/04/2005 AG2020357 | CF | 2 | 49.15 |
| 8 | 133 | (t) Sara Alvarez Civeira Lucus Caixa Rural Galega | 23/06/2005 AG2024213 | CF | 4 | 50.72 |
| Final B 10/10/2020 18:16 | | | | | | |
| 1 | 252 | (t) Marta Ventura Santos Club Atletismo Naron | 25/01/2006 AG2015704 | CF | 3 | 48.05 |
| 2 | 171 | (t) Maria Fernández Martinez TRIKI TEAM | 01/04/2006 AG2027775 | CF | 6 | 48.91 |
| 3 | 145 | (t) Nerea Calvo Martinez Viguesa de atletismo | 20/11/2006 AG2023395 | CF | 5 | 48.95 |
| 4 | 163 | (t) Alba Diaz Ruiz LA MOCHILA DEL DEPORTE | 02/11/2006 AG2026743 | CF | 4 | 49.73 |
| 5 | 160 | (t) Lola Diaz Fernandez Viguesa de atletismo | 26/10/2006 AG2028611 | CF | 8 | 49.77 |
| 6 | 195 | (t) Marta Malvar Boullosa At Rias Baixas | 23/05/2005 AG429 | CF | 7 | 50.77 |
| 7 | 233 | (t) Andrea Rodriguez Dorado Atletismo Ribadeo | 11/02/2006 AG2015555 | CF | 2 | 53.18 |

Pontevedra, 10 octubre 2020

sábado, 10 octubre 2020

ACTA POR DÍA
600m FEM
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|---------------------------------|-----|--|-------------------------|-----|-------|-----------|
| Final A 10/10/2020 13:37 | | | | | | |
| 1 | 235 | Uxía Rodriguez Huertas S.A. DO TREGA | 02/05/2005 GA769447 | CF | 1 | 1:45.2- |
| 2 | 170 | (t) Nadia Lia Fernandez Vicente Atletica Val Minor | 23/02/2005 AG2021772 | CF | 3 | 1:46.7- |
| 3 | 135 | (t) Amaia Balderrabano Arroniz Atletismo Noia | 29/08/2005 AG767865 | CF | 4 | 1:47.1- |
| 4 | 188 | (t) Sofia Gómez Rodríguez Riazor Coruña | 13/07/2005 AG768680 | CF | 6 | 1:48.8- |
| 5 | 84 | (t) Sofia Pampin Leiro CLUN CICLISTA CORBELO (TEAM CORBELO) | 25/05/2006 AG2028390 | CF | 7 | 1:50.7- |
| 6 | 154 | (t) Pilar Corredoira Coira Franciscanos Lugo | 11/07/2005 AG2027346 | CF | 2 | 1:51.0- |
| 7 | 136 | (t) Carmen Barros Covelo Atletismo Porrino | 08/08/2005 AG2026535 | CF | 5 | 1:53.9- |
| | 242 | (t) Uxia Sanchez Soliño At Vila de Cangas | 12/10/2006 AG2021062 | CF | 8 | DS RT17.5 |
| Final B 10/10/2020 13:45 | | | | | | |
| 1 | 189 | (t) Candela Hermida Alvarez At. Femenino Celta | 25/12/2006 AG2025825 | CF | 2 | 1:53.3- |
| 2 | 183 | (t) Martina Gonzalez Cierto Atletismo Noia | 26/07/2006 AG2016572 | CF | 1 | 1:56.7- |
| 3 | 213 | Ararat Pazos Meixus San Miguel de Marin | 12/04/2005 GA188 | CF | 4 | 1:59.2- |
| 4 | 223 | (t) Irene Quereizaeta Collazo At. Femenino Celta | 08/02/2006 AG2025678 | CF | 6 | 2:01.3- |
| | 184 | (t) Carmen González González Comesaña Sporting Club | 17/07/2006 AG2190 | CF | 3 | NP |
| | 185 | (t) Claudia González González Comesaña Sporting Club | 17/07/2006 AG2188 | CF | 5 | NP |

1.000m FEM
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca |
|---------------------------------|-----|--|-------------------------|-----|-------|---------|
| Final A 10/10/2020 14:09 | | | | | | |
| 1 | 202 | Marcela Morgado Rodriguez S.A. DO TREGA | 29/05/2005 GA769419 | CF | 6 | 3:12.3- |
| 2 | 130 | Carmen Aguiño Guio San Miguel de Marin | 19/02/2005 GA2023399 | CF | 2 | 3:15.8- |
| 3 | 152 | Victoria Anna Cons Gestido San Miguel de Marin | 30/03/2005 GA2023492 | CF | 1 | 3:16.0- |
| 4 | 173 | (t) Alejandra Formoso Recarey TRIKI TEAM | 15/07/2005 AG2027772 | CF | 5 | 3:17.1- |
| 5 | 169 | (t) Irene Fernandez Sotelo Atletismo Noia | 23/08/2006 AG2026388 | CF | 4 | 3:21.3- |
| 6 | 194 | (t) Carla Magariños Lodeiro Atletismo Cuntis | 03/02/2005 AG2020982 | CF | 3 | 3:24.8- |
| 7 | 218 | (t) Noa Piñeiro Romero CA Millaraio | 27/10/2006 AG2027425 | CF | 7 | 3:26.8- |
| Final B 10/10/2020 14:17 | | | | | | |
| 1 | 181 | (t) Andrea Gomez Tubio Atletismo Noia | 23/05/2005 AG2028198 | CF | 6 | 3:32.7- |
| 2 | 246 | (t) Erika Souto Baqueiro At Rias Baixas | 08/10/2005 AG2027956 | CF | 1 | 3:33.6- |
| 3 | 157 | (t) Laura Cuiña Fernandez Marineda Atletico | 28/04/2006 AG2020249 | CF | 2 | 3:52.9- |
| 4 | 234 | (t) Paula Rodriguez Fernandez Marineda Atletico | 11/10/2006 AG2020246 | CF | 4 | 3:59.0- |
| | 189 | (t) Candela Hermida Alvarez At. Femenino Celta | 25/12/2006 AG2025825 | CF | 3 | NP |
| | 241 | (t) Lucia Sanchez Alfonso At. Femenino Celta | 21/05/2006 AG2014671 | CF | 5 | NP |

ACTA POR DÍA
3.000m FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca |
|-------------------------------|-----|---|-------------------------|-----|-------|---------------------|
| Final 10/10/2020 18:40 | | | | | | |
| 1 | 186 | Sara Guedes Do Nascimento Atletica Lucense | 07/05/2006 GA2023444 | CF | 4 | 11:14.96 |
| 2 | 159 | (t) Estela Diaz Diaz Lucus Caixa Rural Galega | 06/11/2006 AG2024572 | CF | 1 | 11:57.83 |
| 3 | 224 | (t) Alexia Rama Lado TRIKI TEAM | 15/09/2006 AG2027774 | CF | 2 | 11:58.09 |
| 4 | 187 | (t) Valeria Batire Guridi Dieguez CA Millaraio | 22/01/2005 AG2027559 | CF | 6 | 12:25.91 |
| 5 | 209 | Iria Otero Vázquez Maderas Barcia Lourenza | 23/05/2005 GA116 | CF | 5 | 13:04.04 |
| | 237 | (t) Antia Rodriguez Otero S.A. DO TREGA | 06/04/2006 AG2018229 | CF | 3 | AB* Art.8 PC |

100mv (0,762) FEM
Semifinal

*Debería constar como DNF (No termina) como dicta el Reglamento Internacional, pero el programa de gestión de resultados solo permite AB

Calificación: Los 8 con mejores tiempos (q) progresan a la Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|--|-------------------------|-----|-------|----------------|
| Semifinal 1 10/10/2020 17:08 Viento: +2.2 | | | | | | |
| 1 | 141 | Lucía Blanco Mendez Ria Ferrol-C. Arenal | 13/04/2005 GA768863 | CF | 5 | 16.35 q |
| 2 | 216 | Enma Sihuang Perez Soto Franciscanos Lugo | 10/01/2005 GA768873 | CF | 7 | 16.42 q |
| 3 | 236 | (t) Agata Rodriguez Jalda At Vila de Cangas | 11/09/2006 AG2020915 | CF | 8 | 17.70 q |
| 4 | 198 | (t) Sofia Martinez Gómez Lucus Caixa Rural Galega | 10/08/2005 AG167 | CF | 3 | 18.00 q |
| 5 | 190 | Ana Iglesias Assua Viguesa de atletismo | 19/09/2006 GA2023542 | CF | 4 | 18.44 q |
| 6 | 240 | Kiara Salgado Rodriguez Ourense Atletismo | 21/07/2006 GA142 | CF | 6 | 18.65 q |
| 7 | 153 | (t) Lucía Cordeiro Corbacho At Rias Baixas | 31/10/2006 AG2026814 | CF | 2 | 19.21 |
| Semifinal 2 10/10/2020 17:16 Viento: +2.1 | | | | | | |
| 1 | 228 | Adriana Rial Salgueiro Atmo. Samertolameu | 06/02/2006 GA2023517 | CF | 8 | 16.27 q |
| 2 | 156 | (t) Africa Costas Lago Comesaña Sporting Club | 09/09/2005 AG765653 | CF | 2 | 18.71 q |
| 3 | 214 | (t) Antia Pena Cruz Atmo. Samertolameu | 09/03/2006 AG2018282 | CF | 5 | 18.99 |
| 4 | 145 | (t) Nerea Calvo Martinez Viguesa de atletismo | 20/11/2006 AG2023395 | CF | 7 | 19.15 |
| 5 | 254 | (t) Noa Álvarez Rey At. Femenino Celta | 15/03/2005 AG2023139 | CF | 3 | 19.89 |
| 6 | 220 | (t) Celia Portela Rey Club Atletismo Estrada | 03/04/2006 AG2020964 | CF | 6 | 20.48 |
| | 137 | (t) Nerea Barros Vidal Atletica Val Minor | 03/05/2006 AG2023304 | CF | 1 | NP |
| | 221 | (t) Zoe Prieto Campos Club Atletismo Estrada | 19/01/2006 AG769447 | CF | 4 | NP |

ACTA POR DÍA
100mv (0,762) FEM
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|--|-----|--|-------------------------|-----|-------|--------------|
| Final 10/10/2020 19:30 Viento: +2.9 | | | | | | |
| 1 | 141 | Lucia Blanco Mendez Ria Ferrol-C. Arenal | 13/04/2005 GA768863 | CF | 4 | 15.71 |
| 2 | 228 | Adriana Rial Salgueiro Atmo. Samertolameu | 06/02/2006 GA2023517 | CF | 6 | 15.95 |
| 3 | 236 | (t) Agata Rodriguez Jalda At Vila de Cangas | 11/09/2006 AG2020915 | CF | 5 | 16.92 |
| 4 | 198 | (t) Sofia Martinez Gómez Lucus Caixa Rural Galega | 10/08/2005 AG167 | CF | 7 | 17.85 |
| 5 | 240 | Kiara Salgado Rodriguez Ourense Atletismo | 21/07/2006 GA142 | CF | 1 | 18.20 |
| 6 | 156 | (t) Africa Costas Lago Comesaña Sporting Club | 09/09/2005 AG765653 | CF | 2 | 18.47 |
| 7 | 190 | Ana Iglesias Assua Viguesa de atletismo | 19/09/2006 GA2023542 | CF | 8 | 18.61 |
| | 216 | Enma Sihuang Perez Soto Franciscanos Lugo | 10/01/2005 GA768873 | CF | 3 | NP |

300mv (0,762) FEM
Final

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Calle | Marca |
|---------------------------------|-----|--|-------------------------|-----|-------|----------------|
| Final A 10/10/2020 12:09 | | | | | | |
| 1 | 227 | Antia Rey Raña Atletica a Silva | 30/06/2006 GA2023513 | CF | 4 | 50.76 |
| 2 | 219 | (t) Noa Piñeiro Fernandez At Vila de Cangas | 19/07/2006 AG2022734 | CF | 6 | 57.06 |
| 3 | 180 | Eva Gil Rivadulla Club Atletismo Estrada | 10/08/2005 GA2023599 | CF | 3 | 57.47 |
| 4 | 137 | (t) Nerea Barros Vidal Atletica Val Minor | 03/05/2006 AG2023304 | CF | 7 | 1:00.86 |
| | 172 | (t) Maya Fidalgo Baladrón EA Ben Cho Shey | 13/06/2005 AG766571 | CF | 5 | SM |
| Final B 10/10/2020 12:17 | | | | | | |
| 1 | 231 | Alba Rodriguez Alvarez (f) Ciudad de Lugones | 24/10/2005 O8172 | CF | 5 | 45.39 |
| 2 | 132 | Ana Alonso Vega (f) Atletica Avilesina | 03/08/2006 O8924 | CF | 6 | 50.36 |
| 3 | 198 | (t) Sofia Martinez Gómez Lucus Caixa Rural Galega | 10/08/2005 AG167 | CF | 4 | 52.29 |
| 4 | 178 | Carmen García Vázquez Maderas Barcia Lourenza | 06/01/2006 GA95 | CF | 7 | 1:02.72 |
| | 192 | (t) Andrea Lamas Domínguez Atletismo Carballo | 24/09/2006 AG2024082 | CF | 3 | NP |

1.500m Obst. FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Orden | Marca |
|-------------------------------|-----|--|-------------------------|-----|-------|----------------|
| Final 10/10/2020 19:10 | | | | | | |
| 1 | 147 | Laura Carracedo Flores Club Atletismo Estrada | 15/01/2005 GA2023390 | CF | 2 | 5:37.76 |
| 2 | 243 | Carolina Santos Villalon Ourense Atletismo | 26/07/2005 GA766108 | CF | 4 | 5:48.37 |
| 3 | 162 | Carla Diaz Pardo Lucus Caixa Rural Galega | 31/08/2005 GA2023436 | CF | 5 | 5:58.27 |
| 4 | 203 | Diana Mosquera Suarez Atletica a Silva | 17/05/2006 GA2023546 | CF | 3 | 5:59.25 |
| | 197 | Xela Martinez Dominguez Atletica Lucense | 25/01/2006 GA2023447 | CF | 1 | NP |

ACTA POR DÍA
Altura FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca |
|--------------------------------------|-----|--|-------------------------|-----|-------------|
| Final 10/10/2020 10:55 | | | | | |
| 1 | 216 | Enma Sihuang Perez Soto Franciscanos Lugo | 10/01/2005 GA768873 | CF | 1.48 |
| 1.34 O/1.40 O/1.44 O/1.48 O | 2 | 138 Aldara Basteiro Nieves ADAS Proinor | 06/07/2006 GA81 | CF | 1.44 |
| 1.28 O/1.34 O/1.40 O/1.44 O/1.48 XXX | 2 | 129 María Aguiar Mosquera Atletica a Silva | 29/09/2005 GA2023590 | CF | 1.44 |
| 1.40 O/1.44 O/1.48 XXX | 4 | 193 (t) Sandra Lopez Perez ADAS Proinor | 11/08/2006 AG2018633 | CF | 1.34 |
| 1.21 O/1.28 XO/1.34 XXO/1.40 XXX | 4 | 225 Silvia Ramos Grande Ourense Atletismo | 03/09/2005 GA2023295 | CF | 1.34 |
| 1.21 XO/1.28 O/1.34 XXO/1.40 XXX | 6 | 178 Carmen García Vázquez Maderas Barcia Lourenza | 06/01/2006 GA95 | CF | 1.28 |
| 1.21 O/1.28 O/1.34 XXX | 7 | 182 Clara Gonzalez Bonacho Lucus Caixa Rural Galega | 14/04/2006 GA2023525 | CF | 1.28 |
| 1.21 XO/1.28 XXO/1.34 XXX | | | | | |

Pértega FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca |
|---|-----|--|-------------------------|-----|-------------|
| Final 10/10/2020 18:32 | | | | | |
| 1 | 253 | Lisa Vosberg Castro Viguesa de atletismo | 17/07/2006 GA769260 | CF | 2.90 |
| 1.65 -/1.85 -/2.05 -/2.25 -/2.35 -/2.45 -/2.55 XXO/2.65 XO/2.75 XXO/2.90 O/3.10 XXX | 2 | 142 Manuela Blanco Miguelez Ourense Atletismo | 09/12/2006 GA82 | CF | 2.65 |
| 1.65 -/1.85 -/2.05 -/2.25 -/2.35 -/2.45 XO/2.55 -/2.65 XXO/2.75 XXX | 3 | 177 Olalla Garcia Rey Viguesa de atletismo | 18/11/2006 GA2023541 | CF | 2.35 |
| 1.65 O/1.85 XXO/2.05 O/2.25 O/2.35 XXO/2.45 XXX | 4 | 182 Clara Gonzalez Bonacho Lucus Caixa Rural Galega | 14/04/2006 GA2023525 | CF | 2.05 |
| 1.65 -/1.85 O/2.05 O/2.25 XXX | 5 | 205 Andrea Nogareda Villaverde Atletica a Silva | 11/05/2005 GA51 | CF | 1.85 |
| 1.65 XO/1.85 XXO/2.05 XXX | 238 | (t) Lara Rodriguez Vidal Club Atletismo Naron | 12/08/2006 AG2015504 | CF | SM |
| 1.65 XXX | 158 | (t) Raquel De La Torre Carabelos S.G. Pontevedra | 09/10/2005 AG2021834 | CF | SM |
| 1.65 -/1.85 -/2.05 XXX | | | | | |

Pontevedra, 10 octubre 2020

sábado, 10 octubre 2020

ACTA POR DÍA

Lonxitude FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|---|-------------------------|-----|--------------|--------------|--------------|--------------|---------------------|
| Final 10/10/2020 18:00 | | | | | | | | | |
| 1 | 155 | (t) Nayr Cortegoso Figueroa Atletica Val Minor | 26/08/2006 AG2024742 | CF | 4.57 +2.1 | 4.79 +0.3 | 4.93 +3.7 | 5.17 +2.0 | 5.17 +2.0 |
| 2 | 217 | Antia Pernas Rodriguez Lucus Caixa Rural Galega | 15/05/2006 GA2023521 | CF | X +3.3 | 4.88 +1.5 | 4.88 +1.6 | 4.85 +2.8 | 4.88 +1.5 |
| 3 | 249 | Iria Taboadela Gomez ADAS Proinor | 02/02/2005 GA2023528 | CF | 4.73 +3.8 | X +2.9 | X +2.2 | 4.82 +1.3 | 4.82 +1.3 |
| 4 | 129 | María Aguiar Mosquera Atletica a Silva | 29/09/2005 GA2023590 | CF | X +3.8 | 4.48 +3.1 | 4.34 +1.8 | 4.57 +2.5 | 4.57 +2.5 |
| 5 | 156 | (t) Africa Costas Lago Comesaña Sporting Club | 09/09/2005 AG765653 | CF | 4.32 +4.0 | 4.19 +0.5 | 4.27 +2.3 | 4.40 +2.5 | 4.40 +2.5 |
| 6 | 253 | Lisa Vosberg Castro Viguesa de atletismo | 17/07/2006 GA769260 | CF | 4.20 +2.5 | 4.40 +3.7 | - | - | 4.40 +3.7 |
| 7 | 177 | Olalla Garcia Rey Viguesa de atletismo | 18/11/2006 GA2023541 | CF | 4.18 +0.9 | 4.27 +2.6 | 4.06 +2.2 | 4.31 +4.5 | 4.31 +4.5 |
| 8 | 211 | Julia Parcerio Boo Atletica a Silva | 19/07/2006 GA2023548 | CF | 4.20 +3.4 | 4.16 +2.1 | 4.14 +3.8 | 4.23 +2.1 | 4.23 +2.1 |
| 9 | 212 | (t) Daniela Paunero Boulosa At. Femenino Celta | 20/08/2006 AG2028411 | CF | 3.77 +1.0 | 4.05 +3.2 | 3.92 +2.5 | 4.14 +1.5 | 4.14 +1.5 |
| 10 | 139 | (t) Mafalda Becerra Galan Lucus Caixa Rural Galega | 25/12/2005 AG2024197 | CF | 3.26 +2.6 | 3.79 +1.6 | 3.95 +3.6 | 3.86 +1.3 | 3.95 +3.6 |

Triplo FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|--|-------------------------|-----|---------------|---------------|---------------|---------------|----------------------|
| Final 10/10/2020 11:53 | | | | | | | | | |
| 1 | 228 | Adriana Rial Salgueiro Atmo. Samertolameu | 06/02/2006 GA2023517 | CF | 10.55 +2.9 | X +2.0 | 10.88 +2.2 | X +2.8 | 10.88 +2.2 |
| 2 | 161 | Eva Diaz Garcia Lucus Caixa Rural Galega | 10/04/2005 GA2023531 | CF | 9.98 +5.2 | X +4.9 | 9.79 +2.1 | 10.22 +2.5 | 10.22 +2.5 |
| 3 | 186 | Sara Guedes Do Nascimento Atletica Lucense | 07/05/2006 GA2023444 | CF | X +3.1 | 10.14 +3.9 | 9.97 +2.3 | - | 10.14 +3.9 |
| 4 | 203 | Diana Mosquera Suarez Atletica a Silva | 17/05/2006 GA2023546 | CF | 9.63 +3.6 | 9.65 +1.7 | 9.76 +3.4 | 9.99 +1.7 | 9.99 +1.7 |
| 5 | 250 | (t) Lucía Túnuez Lorenzo Franciscanos Lugo | 09/07/2005 AG2027344 | CF | X +3.1 | 9.56 +1.7 | X +1.0 | - | 9.56 +1.7 |
| 6 | 190 | Ana Iglesias Assua Viguesa de atletismo | 19/09/2006 GA2023542 | CF | 9.17 +2.8 | 9.04 +4.0 | 9.46 +6.5 | 9.32 +4.5 | 9.46 +6.5 |
| 7 | 240 | Kiara Salgado Rodriguez Ourense Atletismo | 21/07/2006 GA142 | CF | 9.43 +1.7 | 9.38 +2.4 | 9.20 +2.4 | 9.25 +3.9 | 9.43 +1.7 |
| 8 | 164 | (t) Angela Eiras Rey CA Millaraio | 05/03/2005 AG769439 | CF | X +2.0 | X +4.4 | 9.12 +5.1 | X +0.9 | 9.12 +5.1 |
| 9 | 183 | (t) Martina Gonzalez Cierdo Atletismo Noia | 26/07/2006 AG2016572 | CF | X +1.4 | X +3.2 | X +3.0 | 9.11 +1.8 | 9.11 +1.8 |
| 149 | | (t) Sara Castellano González Af Rias Baixas | 27/07/2006 AG2027951 | CF | X +4.4 | X +0.6 | X +2.0 | X +3.9 | SM +4.4 |

Peso (3kg) FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|--|-------------------------|-----|------|-------|------|-------|--------------|
| Final 10/10/2020 12:09 | | | | | | | | | |
| 1 | 215 | Blanca Pereira Rubin Ourense Atletismo | 09/05/2005 GA2023302 | CF | 9.64 | 10.00 | X | 10.17 | 10.17 |
| 2 | 179 | (t) Elena Garnelo Gonzalez S.G. Pontevedra | 08/05/2005 AG2027249 | CF | 9.16 | 9.44 | 9.07 | 8.54 | 9.44 |
| 3 | 245 | (t) Alicia Soto Pallares ADAS Proinor | 10/05/2005 AG3479 | CF | 8.39 | 9.39 | 9.12 | 9.24 | 9.39 |
| 4 | 168 | (t) Erika Fernandez Guede Club Atletismo Naron | 22/12/2006 AG2015771 | CF | 8.53 | 8.37 | 7.26 | 8.20 | 8.53 |
| 5 | 175 | (t) Antia Framiñan Lopez Atletismo Deza | 06/06/2005 AG2026383 | CF | 8.44 | 7.67 | 8.44 | X | 8.44 |
| 6 | 146 | (t) Lúa Cambeiro Andrade ASOCIACION DEPORTIVA OLIMPIA | 17/02/2005 AG2022597 | CF | 7.64 | 7.47 | 6.86 | 7.86 | 7.86 |

Pontevedra, 10 octubre 2020

sábado, 10 octubre 2020
ACTA POR DÍA
Disco (800g) FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|--|-------------------------|-----|-------|-------|-------|-------|--------------|
| Final 10/10/2020 13:45 | | | | | | | | | |
| 1 | 179 | (t) Elena Garnelo Gonzalez S.G. Pontevedra | 08/05/2005 AG2027249 | CF | 31.80 | 30.13 | 30.23 | 27.82 | 31.80 |
| 2 | 229 | Laura Rico Bouza Ria Ferrol-C. Arenal | 23/04/2005 GA768860 | CF | X | 28.85 | 30.18 | 27.61 | 30.18 |
| 3 | 201 | Blanca Mendez Leal Club Atletismo Naron | 03/03/2005 GA2023477 | CF | X | 21.30 | X | 22.66 | 22.66 |
| 4 | 167 | (t) Candela Fernandez Gonzalez Lucus Caixa Rural Galega | 16/10/2005 AG2025039 | CF | X | 21.60 | 20.71 | 21.91 | 21.91 |
| 5 | 168 | (t) Erika Fernandez Guede Club Atletismo Naron | 22/12/2006 AG2015771 | CF | 18.91 | 21.64 | X | 20.10 | 21.64 |
| 6 | 176 | (t) Alicia Garcia Fernandez Lucus Caixa Rural Galega | 16/08/2005 AG2024195 | CF | 20.73 | 20.35 | 19.30 | 19.24 | 20.73 |
| 7 | 222 | (t) Paloma Puig Malvar S.G. Pontevedra | 27/07/2006 AG2023219 | CF | 15.98 | 15.79 | 15.02 | X | 15.98 |
| 8 | 211 | Julia Parcerro Boo Atletica a Silva | 19/07/2006 GA2023548 | CF | X | 13.85 | 13.40 | X | 13.85 |
| 9 | 208 | Andrea Orjales Pena Atletica a Silva | 04/01/2006 GA2023547 | CF | X | 11.12 | 11.84 | X | 11.84 |

Martelo (3kg) FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|--|-------------------------|-----|-------|-------|-------|-------|--------------|
| Final 10/10/2020 10:30 | | | | | | | | | |
| 1 | 215 | Blanca Pereira Rubin Ourense Atletismo | 09/05/2005 GA2023302 | CF | 53.19 | X | 51.25 | X | 53.19 |
| 2 | 201 | Blanca Mendez Leal Club Atletismo Naron | 03/03/2005 GA2023477 | CF | 45.77 | X | 44.05 | X | 45.77 |
| 3 | 140 | Nuria Blanco Díaz Club Atletismo Naron | 18/02/2005 GA162 | CF | X | 30.74 | X | X | 30.74 |
| 4 | 208 | Andrea Orjales Pena Atletica a Silva | 04/01/2006 GA2023547 | CF | 26.27 | 27.78 | 27.90 | X | 27.90 |
| 5 | 222 | (t) Paloma Puig Malvar S.G. Pontevedra | 27/07/2006 AG2023219 | CF | 19.25 | 18.14 | 20.28 | 20.34 | 20.34 |
| 6 | 167 | (t) Candela Fernandez Gonzalez Lucus Caixa Rural Galega | 16/10/2005 AG2025039 | CF | 18.49 | 18.37 | 13.47 | 19.54 | 19.54 |

Xavelina (500g) FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | 1 | 2 | 3 | 4 | Marca |
|-------------------------------|-----|---|-------------------------|-----|-------|-------|-------|-------|--------------|
| Final 10/10/2020 17:00 | | | | | | | | | |
| 1 | 229 | Laura Rico Bouza Ria Ferrol-C. Arenal | 23/04/2005 GA768860 | CF | 27.16 | 26.24 | 27.32 | 28.56 | 28.56 |
| 2 | 245 | (t) Alicia Soto Pallares ADAS Proinor | 10/05/2005 AG3479 | CF | 25.05 | 23.19 | 24.17 | X | 25.05 |
| 3 | 165 | Mistre Estevez Puch Viguesa de atletismo | 25/01/2005 GA768764 | CF | X | X | 20.94 | 21.21 | 21.21 |
| 4 | 247 | (t) Laura Souto Lopez At. Femenino Celta | 27/06/2006 AG2018722 | CF | 20.35 | 19.25 | X | 18.57 | 20.35 |
| 5 | 176 | (t) Alicia Garcia Fernandez Lucus Caixa Rural Galega | 16/08/2005 AG2024195 | CF | X | X | 15.85 | 17.32 | 17.32 |
| 6 | 205 | Andrea Nogareda Villaverde Atletica a Silva | 11/05/2005 GA51 | CF | 10.29 | X | 14.69 | 13.09 | 14.69 |
| 7 | 227 | Antia Rey Raña Atletica a Silva | 30/06/2006 GA2023513 | CF | 11.53 | 10.86 | 12.45 | 12.31 | 12.45 |

Pontevedra, 10 octubre 2020

sábado, 10 octubre 2020

ACTA POR DÍA

3.000m Marcha FEM

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca |
|-------------------------------|-----|---|-------------------------|-----|----------------------------|
| Final 10/10/2020 10:30 | | | | | |
| 1 | 199 | Aldara Meilan Garcia Atletica Lucense | 02/09/2006 GA2023448 | CF | 14:43.65 |
| 2 | 191 | (e) Oleksandra Kostenko Atletica Lucense | 27/01/2006 GA165 | CF | 15:13.13 ~ |
| 3 | 230 | Natalia Rivas Iglesias Atletismo Cuntis | 18/06/2006 GA2023510 | CF | 15:35.50 |
| 4 | 244 | Salomé Segade Buide CA Millaraio | 26/07/2005 GA2023583 | CF | 16:03.34 |
| 5 | 196 | Maria Martin Rodriguez ADAS Proinor | 17/02/2006 GA768982 | CF | 16:36.96 >>RT54.7.4 |
| 6 | 225 | Silvia Ramos Grande Ourense Atletismo | 03/09/2005 GA2023295 | CF | 18:21.38 > |
| 7 | 204 | Candela Mosteiro Gomez Atletismo Cuntis | 11/08/2006 GA2023509 | CF | 19:47.39 |
| | 166 | Carmen Fernandez Acuña C.S.C.R. Beade | 22/06/2005 GA769302 | CF | DS >>RT54.7.5 |

3.000m Marcha FEM (fora de concurso)

| Pto | Dor | Nombre Club | F de Nac Lic | Cat | Marca |
|-------------------------------|-----|---|-------------------------|-----|-----------------|
| Final 10/10/2020 19:56 | | | | | |
| 1 | 134 | (t) Lara Alvarez Fernandez (f) S.A. DO TREGA | 06/01/2006 AG2027073 | CF | 19:00.47 |
| 2 | 143 | (t) Andrea Cainzos Garcia (f) LA MOCHILA DEL DEPORTE | 04/11/2006 AG2023363 | CF | 19:11.29 |
| 3 | 113 | (t) Uxia Franco Garcia° (f) C.S.C.R. Beade | 22/10/2007 AG2027199 | IF | 20:56.37 |