

# HORARIO DE COMPETICION

Apertura Cámara Chamadas	Saída Pista	HORA PROBA	PROBA		
16:30	16:35	17:00	Martelo m50 e sup		H
16:40	16:45	17:00	110 mv		HO
16:55	17:00	17:15	100 mv		H
16:45	16:50	17:15	lonxitude m35-40-45		H
17:10	17:15	17:25	100 m35-45		H
17:18	17:23	17:33	100 m40		H
17:26	17:31	17:41	100 m50		H
17:18	17:23	17:48	Martelo		M
17:34	17:39	17:49	100 m55-60		H
17:42	17:47	17:57	100 m65-70-75		H
17:49	17:54	18:04	100 f35-40-45		M
17:57	18:02	18:12	100 f50-55-60		M
18:13	18:18	18:28	400 m-35-400		H
17:58	18:03	18:28	lonxitude m-50 e sup		H
17:58	18:03	18:28	lonxitude		M
18:21	18:26	18:36	400 m-45		H
18:06	18:11	18:36	martelo m35-40-45		H
18:29	18:34	18:44	400 m-50		H
18:37	18:42	18:52	400 m 55-60-65-70		H
18:45	18:50	19:00	400 f35-40-45-60-65		M
18:53	18:58	19:08	400 f50-55		M
18:40	18:45	19:10	pesado m50 e sup		H
18:40	18:45	19:10	pesado		M
19:10	19:15	19:25	3000 obs 0,91		H
18:55	19:00	19:25	triple		H
19:40	19:45	19:55	200 m35-45-50	A	H

19:48
19:34
19:56
20:04
20:12
20:20
20:28
20:36

19:53
19:39
20:01
20:09
20:17
20:25
20:33
20:41

20:03
20:04
20:11
20:19
20:27
20:35
20:43
20:51

200 m35-45-50	B	H
pesado m35-45-50		H
200 m35-45-50		H
200 m55-65		H
200 m60-70-75		H
200 f 35-50		M
200 f 40-45		M
200 f 55-60		