

PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
1	1	ALEJANDRO FERNANDEZ RIVERA	m	ADAS O BARCO	NO	-1	00:30:11	00:30:11	00:00:00	0:15:21	3:01	SENIOR	1	-1
2	2	ADRIAN BEN MONTENEGRO	m	F.C. BARCELONA	NO	-1	00:30:52	00:30:53	00:00:00	0:15:40	3:05	SENIOR	2	-1
3	7	IVAN ROADE LAGO	m	ADAS O BARCO	NO	-1	00:31:00	00:31:00	00:00:00	0:15:40	3:05	SENIOR	3	-1
4	8	NUNO FILIPE RIVEIRO PIINTO DA COSTA	m	NINGUNO	NO	-1	00:31:34	00:31:41		0:15:51	3:09	SENIOR	4	1
5	6	MANUEL ANGEL PENAS BLANCO	m	CLUB ATLETISMO O PINO	NO	-1	00:32:17	00:32:17	00:00:00	0:16:07	3:13	VETERANO B	5	1
6	775	RUBEN DIZ DIAZ	m	CLUB ATLETISMO OURENSE	NO	-1	00:32:20	00:32:21	00:00:00	0:16:07	3:14	VETERANO A	6	1
7	1309	JOSE LOJO	m	SAN MIGUEL DE MARIN	NO	-1	00:33:18	00:33:19	00:00:00	0:16:37	3:19	VETERANO A	7	2
8	1260	ESTEBAN TOUCEDO SANTOS	m	SAN MIGUEL DE MARIN	NO	-1	00:33:40	00:33:40	00:00:00	0:16:43	3:21	SENIOR	8	2
9	1335	MANUEL LORENZO LÓPEZ	m	SOCIEDAD GIMNASTICA DE PONTEVEDRA	NO	-1	00:34:20	00:34:20	00:00:00	0:17:16	3:25	SENIOR	9	3
10	1261	CELSO COMESAÑA PEREIRA	m	NINGUNO	NO	-1	00:34:22	00:34:23	00:00:00	0:17:16	3:26	SENIOR	10	4
11	951	RICARDO LEÓN VIÑAS	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:34:23	00:34:29		0:17:16	3:26	SENIOR	11	5
12	1362	VICTOR GONZÁLEZ HORTA	m	COMESAÑA SPORTING CLUB	NO	-1	00:34:25	00:34:25	00:00:01	0:17:25	3:26	VETERANO A	12	3
13	958	RICARDO VÁZQUEZ VAAMONDE	m	ADAS O BARCO	NO	-1	00:34:27	00:34:28	00:00:00	0:17:16	3:26	VETERANO B	13	2
14	1253	PAULINO FOLGAR TORRES	m	NINGUNO	NO	-1	00:34:36	00:34:37	00:00:00	0:17:16	3:27	SENIOR	14	6
15	58	RUBÉN LIÑARES	m	NINGUNO	NO	-1	00:34:37	00:34:37	00:00:00	0:17:22	3:27	VETERANO B	15	3
16	1343	JOSE MARIA SANCHEZ SAN LUIS	m	SAR VERMUT PETRONI	NO	-1	00:34:43	00:34:49		0:17:30	3:28	VETERANO A	16	4
17	1254	ANTON GOMEZ GONZALEZ	m	CLUB DEPORTIVO SAN PAIO	NO	-1	00:34:51	00:34:56		0:17:23	3:29	SENIOR	17	7
18	130	MANUEL OLIVER PÉREZ LÓPEZ	m	CLUB ATLETISMO SAR VERMUT PETRONI	NO	-1	00:34:55	00:34:55	00:00:00	0:17:21	3:29	VETERANO B	18	4
19	1311	DANIEL PAZ PARDO	m	CLUB ATLETISMO BRION HYUPERSA	NO	-1	00:35:00	00:35:06		0:17:37	3:30	VETERANO B	19	5
20	1349	JORGE JANEIRO LORENZO	m	C.D. SAN PAIO	NO	-1	00:35:01	00:35:06		0:17:37	3:30	VETERANO B	20	6
21	1366	OSCAR GUERRA MAGAN	m	CLUB ATLETISMO CAMBADOS SEGUROS	NO	-1	00:35:02	00:35:02	00:00:01	0:17:38	3:30	VETERANO B	21	7
22	3	JOSELYN DANIELY BREA ABREU	f	S.G. PONTEVEDRA	NO	-1	00:35:06	00:35:12		0:17:55	3:30	SENIOR	1	-1
23	1076	JOAQUÍN DOSIL DIAZ	m	NINGUNO	NO	-1	00:35:09	00:35:09	00:00:00	0:17:23	3:30	VETERANO B	22	8
24	5	ESTHER NAVARRETE SANTANA	f	F.C. BARCELONA	NO	-1	00:35:13	00:35:13	00:00:00	0:17:55	3:31	SENIOR	2	-1
25	537	PABLO CARNERO	m	CLUB ATLETISMO O PINO	NO	-1	00:35:17	00:35:18	00:00:00	0:17:55	3:31	SENIOR	23	8
26	811	CARLOS JUANATEY GARCIA	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:35:18	00:35:23		0:17:38	3:31	VETERANO A	24	5
27	407	IVÁN ABELEDO VARELA	m	CLUB ATLETISMO O PINO	NO	-1	00:35:18	00:35:18	00:00:01	0:17:56	3:31	JUNIOR	25	1
28	1367	SERGIO REQUEIJO REQUEIJO	m	ATLETISMO ARENTEIRO	NO	-1	00:35:19	00:35:24		0:17:37	3:31	SENIOR	26	9
29	1267	ROBERTO C. AGRELO GÓMEZ	m	C.A. SAR - VERMÚ PETRONI	NO	-1	00:35:23	00:35:29		0:17:33	3:32	VETERANO B	27	9
30	1312	BRUNO GARCIA CERDEIRAS	m	ATLETAS DE ACEA DE AMA	NO	-1	00:35:25	00:35:25	00:00:00	0:17:47	3:32	VETERANO B	28	10
31	1294	CRISTIAN PENAS OTERO	m	TRIATLÓN ARCADE INFORHOUSE	NO	-1	00:35:26	00:35:26	00:00:01	0:17:45	3:32	SENIOR	29	10
32	747	JESÚS FERNÁNDEZ SOENGAS	m	NINGUNO	NO	-1	00:35:26	00:35:33		0:17:36	3:32	VETERANO A	30	6
33	1297	MIGUEL ANGEL CARMONA ARAUJO	m	LODEIROS	NO	-1	00:35:27	00:35:27	00:00:01	0:17:44	3:32	VETERANO A	31	7
34	947	NOEL FERNANDEZ MARCOS	m	RUNAWAYS	NO	-1	00:35:30	00:35:31	00:00:00	0:17:47	3:33	VETERANO B	32	11
35	158	DIEGO CALVETE CARBALLA	m	SAN MIGUEL DE MARIN	NO	-1	00:35:43	00:35:43	00:00:00	0:17:55	3:34	VETERANO A	33	8
36	161	FRANCISCO RAMÓN OUBIÑA DIOS	m	CLUB ATLETISMO CAMBADOS SEGUROS	NO	-1	00:35:43	00:35:42	00:00:01	0:17:56	3:34	VETERANO B	34	12
37	67	ANTÓN GÓMEZ LÓPEZ	m	UNIVERSIDADE DE COMPOSTELA USC	NO	-1	00:35:46	00:35:46	00:00:01	0:17:56	3:34	JUNIOR	35	2
38	156	ISMAEL LÓPEZ GONZÁLEZ	m	NINGUNO	NO	-1	00:35:52	00:35:57		0:17:45	3:35	SENIOR	36	11
39	396	JACOBO CREGO FERNANDEZ	m	NINGUNO	NO	-1	00:36:03	00:36:09		0:17:46	3:36	VETERANO A	37	9
40	1330	FERNANDO VÁZQUEZ ARES	m	ATLETAS ACEA DE AMA	NO	-1	00:36:04	00:36:04	00:00:00	0:17:52	3:36	VETERANO B	38	13
41	1358	CRISTIAN DÍAZ LORENZO	m	ADAS O BARCO	NO	-1	00:36:12	00:36:12	00:00:00	0:17:54	3:37	VETERANO B	39	14
42	11	FRANCISCO RODRIGUEZ RODRIGUEZ	m	NINGUNO	NO	-1	00:36:13	00:36:19		0:17:55	3:37	VETERANO B	40	15
43	933	BONI GONZÁLEZ REY	m	PRAIA DE CARNOTA RUNNERS	NO	-1	00:36:18	00:36:18	00:00:00	0:18:29	3:37	VETERANO B	41	16
44	163	C_PINO_VAL CANOSA CASTIÑEIRA	m	NINGUNO	NO	-1	00:36:25	00:36:25	00:00:01	0:18:08	3:38	VETERANO B	42	17
45	1336	ALEXANDRE FERNÁNDEZ TOJO	m	TAMBRE BIKE & RUNNING	NO	-1	00:36:27	00:36:33		0:18:23	3:38	SENIOR	43	12
46	109	ANGEL MACEIRAS LAGO	m	CLUB ATLETISMO SAR VERMUT PETRONI	NO	-1	00:36:28	00:36:33		0:18:11	3:38	VETERANO B	44	18
47	416	JUAN GARCIA FANDIÑO	m	NOSPORLIMIT	NO	-1	00:36:29	00:36:33		0:18:22	3:38	VETERANO B	45	19
48	4	EDYMAR DANIELY BREA ABREU	f	ADA CALVIA	NO	-1	00:36:35	00:36:41		0:17:56	3:39	SENIOR	3	-1
49	1256	ALBERTO TRILLO BARCA	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:36:44	00:36:49		0:18:22	3:40	SENIOR	46	13
50	1315	JUAN JESUS BARRAL VARELA	m	TRIBU TRAIL	NO	-1	00:36:44	00:36:50		0:18:40	3:40	VETERANO B	47	20
51	1264	ÓSCAR BRION BRION	m	MASAXES KIKO MAXIKO	NO	-1	00:36:44	00:36:49		0:18:16	3:40	VETERANO A	48	10
52	808	LITO RODRIGUEZ POUZO	m	TRIATLON VILAGARCIA	SI	1	00:36:45	00:36:49		0:18:29	3:40	VETERANO A	49	11

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53	1317	MANUEL FRAGA DÍAZ	m	TRIATLON COMPOSTELA	NO	-1	00:36:45	00:36:50		0:18:28	3:40	VETERANO B	50	21
54	402	SAMUEL VEIGA IGLESIAS	m	NINGUNO	NO	-1	00:36:46	00:36:51		0:18:40	3:40	VETERANO C	51	1
55	551	SANTIAGO CID GARCÍA	m	NOITEBRA FC	NO	-1	00:36:46	00:36:49		0:18:41	3:40	VETERANO A	52	12
56	1368	RICARDO CORES VAZQUEZ	m	PASA OU ENTORNA	NO	-1	00:36:47	00:36:50		0:18:11	3:40	SENIOR	53	14
57	1161	LAURA SANTOS DOMÍNGUEZ	f	LUCUS CAIXA RURAL GALEGA	NO	-1	00:36:47	00:36:48	00:00:01	0:18:21	3:40	SENIOR	4	1
58	923	JOSECHO GONZÁLEZ REY	m	PRAIA DE CARNOTA RUNNERS	NO	-1	00:36:48	00:36:48	00:00:01	0:18:40	3:40	VETERANO A	54	13
59	1301	MARTÍN ABELANDA LÓPEZ	m	CLUB ATLETISMO O PINO	NO	-1	00:36:49	00:36:49	00:00:01	0:18:40	3:40	VETERANO A	55	14
60	241	ARTURO RAMOS FERROL	m	ATLETISMO MILLADOIRO	NO	-1	00:36:50	00:36:53		0:18:33	3:40	VETERANO B	56	22
61	195	DAVID DOMÍNGUEZ GÓMEZ	m	CDM XESTEIRAS	NO	-1	00:36:53	00:36:58		0:18:12	3:41	SENIOR	57	15
62	1344	ANGEL CONDE VALLADARES	m	LAMARGHA AUTOTODO CARBALLIÑO	NO	-1	00:36:54	00:36:55	00:00:01	0:18:22	3:41	VETERANO A	58	15
63	1263	DAVID CUTRÍN LÓPEZ	m	CLUB TRIATHLON COMPOSTELA	NO	-1	00:36:55	00:37:00		0:18:40	3:41	VETERANO A	59	16
64	389	IVÁN GARCÍA RECHOU	m	CLUB ATLETISMO NOIA	NO	-1	00:36:58	00:37:02		0:18:29	3:41	VETERANO B	60	23
65	387	VICTOR ESPARIS GARCIA	m	ATLETISMO NEGREIRA	NO	-1	00:37:03	00:37:04	00:00:00	0:18:54	3:42	SENIOR	61	16
66	246	PIO IGLESIAS CARRERA	m	NINGUNO	NO	-1	00:37:06	00:37:07	00:00:00	0:18:39	3:42	VETERANO B	62	24
67	955	XABIER RODRÍGUEZ MARTÍNEZ	m	SIRENO TRIATLON CLUB	NO	-1	00:37:07	00:37:08	00:00:01	0:18:21	3:42	SENIOR	63	17
68	746	SANTIAGO PIÑEIRO GRAÑA	m	CLUB ATLETISMO SAMERTOLAMEU	NO	-1	00:37:11	00:37:09	00:00:02	0:18:59	3:43	VETERANO B	64	25
69	817	JUAN FRANCISCO FERNANDEZ LIJO	m	POR AMOR AL ARTE	NO	-1	00:37:13	00:37:13	00:00:01	0:18:34	3:43	VETERANO B	65	26
70	1318	CESAR VÁZQUEZ AGRA	m	ATLETISMO MILLADOIRO	NO	-1	00:37:16	00:37:21		0:18:57	3:43	VETERANO B	66	27
71	1157	MARTA CASTROVIEJO BERMEJO	f	FERRER SPORT	NO	-1	00:37:20	00:37:21	00:00:00	0:18:21	3:44	SENIOR	5	2
72	555	RAMON MARIA GARCIA TEIRA	m	ATLETISMO FONTES DO SAR	NO	-1	00:37:20	00:37:19	00:00:02	0:18:40	3:44	VETERANO B	67	28
73	552	MANUEL FOLGUEIRA DÍAZ	m	NINGUNO	NO	-1	00:37:22	00:37:22	00:00:01	0:18:33	3:44	SENIOR	68	18
74	614	TINA FERNANDEZ BARREIROS	f	CLUB ATLETISMO SAR	NO	-1	00:37:22	00:37:23	00:00:01	0:18:56	3:44	VETERANO A	6	1
75	111	ADRIÁN ROJO LUACES	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:37:25	00:37:30		0:18:32	3:44	SENIOR	69	19
76	538	JOSÉ ANTONIO JUANATEY PÉREZ	m	ATLETISMO FONTES DO SAR	NO	-1	00:37:25	00:37:30		0:18:39	3:44	VETERANO B	70	29
77	1339	LUIS MOSQUERA GONZÁLEZ	m	NINGUNO	NO	-1	00:37:26	00:37:28		0:19:03	3:44	SENIOR	71	20
78	1326	MANUEL RENDO PÉREZ	m	ECOPREVE	NO	-1	00:37:27	00:37:32		0:18:40	3:44	VETERANO B	72	30
79	1268	JORDI CARRASCO NUÑEZ	m	RUNGALICIA	NO	-1	00:37:30	00:37:35		0:19:08	3:44	VETERANO B	73	31
80	819	CARLOS SEÑORANS TOBIO	m	C.A.CAMBADOS-SEG.NOVAL	NO	-1	00:37:32	00:37:32	00:00:01	0:18:33	3:45	VETERANO A	74	17
81	1296	JAVIER CASTRO SAMPEDRO	m	TRIATLON BOIRO	NO	-1	00:37:39	00:37:39	00:00:00	0:18:33	3:45	SENIOR	75	21
82	1284	ALEJANDRO SANTOS VARELA	m	TRINORTH	NO	-1	00:37:41	00:37:46		0:18:40	3:46	SENIOR	76	22
83	1313	LUIS VILLAVERDE VAZQUEZ	m	3&RUN CLUB DE CORREDORES BY PEDRO	NO	-1	00:37:48	00:37:53		0:18:42	3:46	VETERANO B	77	32
84	1075	JOSÉ MANUEL LAGO CES	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:37:51	00:37:52	00:00:01	0:18:40	3:47	VETERANO B	78	33
85	1327	AVELINO CAAMAÑO NIETO	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:37:52	00:37:51	00:00:02	0:18:53	3:47	VETERANO B	79	34
86	1372	DEIRDRE MC DERMOT	f	DUBLIN CITY HARRIERS	NO	-1	00:37:55	00:38:01		0:19:17	3:47	VETERANO A	7	2
87	1310	MARCOS SEIJO BUJÍA	m	NINGUNO	NO	-1	00:37:55	00:38:00		0:19:16	3:47	VETERANO B	80	35
88	1347	OSCAR PÉREZ LORENZO	m	SAN MIGUEL DE MARIN	NO	-1	00:37:56	00:38:01		0:18:48	3:47	VETERANO A	81	18
89	539	DAVID FREIRE ORERO	m	NINGUNO	NO	-1	00:37:58	00:38:02		0:19:18	3:47	VETERANO A	82	19
90	394	GERARDO FIDALGO	m	NINGUNO	NO	-1	00:38:02	00:38:01	00:00:02	0:18:54	3:48	SENIOR	83	23
91	242	JULIO MALLO NIETO	m	NOITEBRA FC	NO	-1	00:38:03	00:38:06		0:19:33	3:48	VETERANO A	84	20
92	1293	SERGIO VAZQUEZ OTERO	m	TRIATLÓN ARCADE INFORHOUSE	NO	-1	00:38:04	00:38:03	00:00:02	0:19:35	3:48	SENIOR	85	24
93	1281	CAYETANO GARCÍA BLANCO	m	CLUB SAR VERMU PETRONI	SI	2	00:38:04	00:38:09		0:18:39	3:48	SENIOR	86	25
94	1288	LUCAS DÍAZ GARCÍA	m	CUENCA DEL NAVIA TRIATLON	NO	-1	00:38:06	00:38:08		0:19:19	3:48	SENIOR	87	26
95	946	CHEMA QUINTIÁN AGRAFOJO	m	CDM VÉRTICE	NO	-1	00:38:08	00:38:07	00:00:03	0:18:48	3:48	SENIOR	88	27
96	403	FRANCISCO JOSE BESADA FILGUEIRAS	m	CLUB ATLETISMO BRIÓN HYUPERSA	NO	-1	00:38:09	00:38:13		0:19:14	3:48	VETERANO B	89	36
97	1316	JOSÉ ANTONIO VIDAL GONZALEZ	m	NOITEBRA FC	NO	-1	00:38:15	00:38:18		0:19:13	3:49	VETERANO B	90	37
98	1319	SEDO SENDON RODRÍGUEZ	m	ATLETISMO FONTES DO SAR	NO	-1	00:38:15	00:38:15	00:00:02	0:19:16	3:49	VETERANO B	91	38
99	1582	IVAN PEREIRA UCHA	m	NINGUNO	NO	-1	00:38:18	00:38:07	00:00:12	0:19:21	3:49	SENIOR	92	28
100	181	SANTIAGO FALCÓN PÉREZ	m	C. D. RIA DE AROUSA	NO	-1	00:38:18	00:38:18	00:00:01	0:19:08	3:49	VETERANO C	93	2
101	1255	HÉCTOR LORENZO	m	TRIBU TRAIL	NO	-1	00:38:20	00:38:23		0:19:03	3:49	SENIOR	94	29
102	1298	DAVID SENDON CAAMAÑO	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:38:21	00:38:18	00:00:04	0:19:20	3:50	VETERANO A	95	21
103	750	MARCOS PAZ ÁLVAREZ	m	NINGUNO	NO	-1	00:38:21	00:38:27		0:18:08	3:50	SENIOR	96	30
104	398	BALTASAR FIGUEIRAS MARTÍNEZ	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:38:22	00:38:20	00:00:04	0:19:26	3:50	VETERANO B	97	39

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105	1134	ADRIAN CASTRO RODRIGUEZ	m	FLUVIAL MONTE SEGADE LUGO	NO	-1	00:38:23	00:38:29		0:18:34	3:50	SENIOR	98	31
106	1345	PITI PEREIRA FARIÑA	m	ATLETISMO A ESTRADA	NO	-1	00:38:24	00:38:29		0:19:45	3:50	VETERANO A	99	22
107	1360	KIKO GARCÍA ABALO	m	NINGUNO	NO	-1	00:38:26	00:38:26	00:00:00	0:19:17	3:50	VETERANO B	100	40
108	602	DIEGO SANTOS BLANCO	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:38:26	00:38:21	00:00:06	0:19:49	3:50	VETERANO A	101	23
109	1271	JOSE LUIS MUJERIEGO GOMEZ	m	NINGUNO	NO	-1	00:38:27	00:38:22	00:00:06	0:19:39	3:50	VETERANO B	102	41
110	813	IVAN SEGADE CAROU	m	CLUB ATLETISMO BOIMORTO	NO	-1	00:38:27	00:38:25	00:00:03	0:19:36	3:50	VETERANO A	103	24
111	248	JOSE BARDANCA PALLAS	m	A.D.MEDIADUCIA	NO	-1	00:38:28	00:38:30		0:19:10	3:50	SENIOR	104	32
112	956	JOSE RODRIGUEZ ESPASANDIN	m	NINGUNO	NO	-1	00:38:29	00:38:29	00:00:01	0:19:26	3:50	VETERANO A	105	25
113	235	EFRÉN CAPELO VIEITES	m	NOITEBRA FC	NO	-1	00:38:38	00:38:41		0:19:21	3:51	SENIOR	106	33
114	1359	CARLOS GARCÍA CARAMÉS	m	C.D. SAN PAIO	NO	-1	00:38:39	00:38:38	00:00:03	0:19:50	3:51	VETERANO B	107	42
115	401	DIEGO GODOY BARROS	m	CLUB DEPORTIVO SAN PAIO	NO	-1	00:38:42	00:38:45		0:19:47	3:52	SENIOR	108	34
116	814	JOSE CARLOS PEREIRA REY	m	NINGUNO	NO	-1	00:38:44	00:38:42	00:00:03	0:19:39	3:52	VETERANO C	109	3
117	1286	RUBÉN NEGREIRA MARTÍNEZ	m	TRIATLÓN ARCADE INFORHOUSE	NO	-1	00:38:45	00:38:44	00:00:02	0:19:46	3:52	SENIOR	110	35
118	816	JOSÉ ANTONIO GÓMEZ RÍOS	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:38:47	00:38:47	00:00:01	0:19:47	3:52	VETERANO B	111	43
119	803	ROGER SUAREZ DOSIL	m	ORIXINAL MGM TEAM	NO	-1	00:38:47	00:38:48	00:00:00	0:19:47	3:52	VETERANO B	112	44
120	112	DAVID CHAS ÁLVAREZ	m	NINGUNO	NO	-1	00:38:48	00:38:51		0:19:45	3:52	SENIOR	113	36
121	1346	ROBERTO TUÑAS GONZÁLEZ	m	ATLETISMO NEGREIRA	NO	-1	00:38:48	00:38:51		0:19:41	3:52	VETERANO A	114	26
122	406	JAVIER PÉREZ RODRÍGUEZ	m	3&RUN BY PEDRO NIMO	NO	-1	00:38:49	00:38:46	00:00:04	0:19:36	3:52	VETERANO B	115	45
123	1270	RICARDO ALONSO FERNÁNDEZ	m	RUNNING ARTEIXO	NO	-1	00:38:50	00:38:48	00:00:03	0:19:27	3:52	VETERANO B	116	46
124	1158	MARIA GONZÁLEZ MARTINEZ	f	ORIXINAL MGM TEAM	NO	-1	00:38:51	00:38:52	00:00:00	0:19:50	3:53	SENIOR	8	3
125	806	JOSE ALFONSO VILLAR CAAMAÑO	m	PONTE TRAIL	NO	-1	00:38:51	00:38:55		0:19:27	3:53	VETERANO A	117	27
126	542	SECHO FIGUEIRAS BLANCO	m	CAI ESTRADA	NO	-1	00:38:51	00:38:48	00:00:04	0:19:51	3:53	VETERANO B	118	47
127	952	MANUEL CONDE PEREIRA	m	C.C. MONTES DO DEZA	NO	-1	00:38:51	00:38:47	00:00:05	0:19:47	3:53	VETERANO C	119	4
128	238	MIGUEL MONTERO NOYA	m	CAR MEDORRA	NO	-1	00:38:52	00:38:49	00:00:03	0:19:50	3:53	SENIOR	120	37
129	1308	JESÚS CASTRO RODRÍGUEZ	m	TROTE BORRIQUERO	NO	-1	00:38:53	00:38:48	00:00:05	0:19:43	3:53	VETERANO A	121	28
130	810	MANUEL GÓMEZ GÓMEZ	m	CLUB ATLETISMO LOUSAME	NO	-1	00:38:55	00:38:50	00:00:05	0:19:49	3:53	VETERANO B	122	48
131	245	DAVID SENRA MARTINEZ	m	TAMBRE BIKE&RUNNING	NO	-1	00:38:56	00:39:01		0:19:05	3:53	SENIOR	123	38
132	949	ROBERTO SENRA ALVAREZ	m	TAMBRE BIKE&RUNNING	NO	-1	00:38:56	00:39:00		0:19:41	3:53	VETERANO C	124	5
133	247	MARCOS TARRIO MARTÍNEZ	m	ATLETISMO MILLADOIRO	NO	-1	00:38:56	00:39:00		0:19:26	3:53	VETERANO B	125	49
134	543	RAUL IGLESIAS DURO	m	NINGUNO	NO	-1	00:39:00	00:38:58	00:00:03	0:19:34	3:53	SENIOR	126	39
135	237	ERNESTO FERNÁNDEZ EIRAS	m	BOMBARDINOS	NO	-1	00:39:04	00:39:03	00:00:02	0:19:36	3:54	VETERANO B	127	50
136	448	JOSE CARRAL CEPEDA	m	NINGUNO	NO	-1	00:39:04	00:39:00	00:00:06	0:19:45	3:54	SENIOR	128	40
137	1340	JOSE ANTONIO ROMERO BARREIRO	m	CLUBE ATLETISMO BOIMORTO	NO	-1	00:39:07	00:39:10		0:19:46	3:54	SENIOR	129	41
138	375	SANTIAGO RAMOS IGLESIAS	m	UNIVERSIDADE DE COMPOSTELA USC	NO	-1	00:39:08	00:39:07	00:00:02	0:19:46	3:54	VETERANO A	130	29
139	944	SANTIAGO LAGO FIGUEROA	m	SERRES RUNNERS	NO	-1	00:39:09	00:39:08	00:00:02	0:19:40	3:54	SENIOR	131	42
140	1266	MANUEL CES CRISTOBO	m	TRIBU TRAIL	NO	-1	00:39:09	00:39:02	00:00:08	0:20:04	3:54	VETERANO A	132	30
141	818	MIGUEL SANTOMIL LAPIDO	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:39:10	00:39:16		0:19:33	3:55	VETERANO B	133	51
142	408	MIGUEL IGLESIAS AMORES	m	CLUB DEPORTIVO PINARIUM	NO	-1	00:39:12	00:39:12	00:00:01	0:20:00	3:55	SENIOR	134	43
143	215	LUIS ARIAS FRANCÉS	m	NINGUNO	NO	-1	00:39:13	00:39:08	00:00:06	0:19:53	3:55	VETERANO A	135	31
144	935	JAVIER GUIMAREY SENIN	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:39:13	00:39:13	00:00:01	0:20:04	3:55	VETERANO B	136	52
145	1283	ANXO CARREIRA CASAIS	m	UNIVERSIDADE DE COMPOSTELA USC	NO	-1	00:39:16	00:39:20		0:19:32	3:55	SENIOR	137	44
146	1089	MARIO ANTONIO MAROÑAS NIETO	m	NINGUNO	SI	3	00:39:17	00:39:17	00:00:01	0:19:16	3:55	VETERANO B	138	53
147	550	FERNANDO CASTRO PRADO	m	NINGUNO	NO	-1	00:39:18	00:39:20		0:20:02	3:55	SENIOR	139	45
148	925	JOSÉ RAMON HERMO LOJO	m	ORIXINAL MGM TEAM	NO	-1	00:39:19	00:39:19	00:00:00	0:19:49	3:55	VETERANO A	140	32
149	379	DANIEL BECERRA RODRIGUEZ	m	NOITEBRA FC	NO	-1	00:39:19	00:39:22		0:19:46	3:55	VETERANO C	141	6
150	1356	JOSÉ MANUEL PONTE SOMOZA	m	CLUB DE ATLETISMO DE OUTES	NO	-1	00:39:24	00:39:27		0:19:51	3:56	VETERANO B	142	54
151	440	DAVID LOPEZ SANCHEZ	m	TARTARUGAS	NO	-1	00:39:25	00:39:19	00:00:07	0:19:52	3:56	VETERANO B	143	55
152	540	JESUS GARCIA IGLESIAS	m	NINGUNO	NO	-1	00:39:25	00:39:21	00:00:06	0:19:50	3:56	VETERANO B	144	56
153	1084	ALFONSO OREIRO GONZÁLEZ	m	BTTTRIATLON O TREITO	NO	-1	00:39:26	00:39:24	00:00:03	0:19:20	3:56	SENIOR	145	46
154	805	MANUEL FIGUEIRA PEREZ	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:39:26	00:39:21	00:00:06	0:19:58	3:56	VETERANO B	146	57
155	12	PEDRO TRABA CAAMAÑO	m	NINGUNO	NO	-1	00:39:26	00:39:22	00:00:06	0:20:03	3:56	VETERANO B	147	58
156	1354	HÉCTOR CAJARAVILLE ARAÚJO	m	NINGUNO	NO	-1	00:39:27	00:39:27	00:00:02	0:20:03	3:56	VETERANO B	148	59

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
157	1444	MANUEL CASTIÑEIRAS PORTOS	m	NINGUNO	NO	-1	00:39:28	00:39:24	00:00:05	0:20:01	3:56	VETERANO A	149	33
158	943	JUAN CARLOS BRIÓN LEMA	m	S D BARBANTIA RODA	NO	-1	00:39:30	00:39:25	00:00:05	0:19:45	3:56	VETERANO C	150	7
159	1272	JOSÉ MANUEL CAO GARCÍA	m	ATLETISMO FONTES DO SAR	NO	-1	00:39:31	00:39:27	00:00:05	0:19:52	3:57	VETERANO B	151	60
160	989	MANUEL RÚA NÚÑEZ	m	LOBEZNOSOCR	NO	-1	00:39:31	00:39:13	00:00:19	0:20:16	3:57	SENIOR	152	47
161	807	RUBEN SEIJO VAL	m	NINGUNO	NO	-1	00:39:32	00:39:25	00:00:08	0:20:04	3:57	VETERANO B	153	61
162	378	JOSE ROSENDE BREA	m	CAI ESTRADA	NO	-1	00:39:32	00:39:29	00:00:05	0:19:58	3:57	VETERANO C	154	8
163	1078	PABLO ALONSO LÓPEZ	m	NINGUNO	NO	-1	00:39:32	00:39:33	00:00:01	0:19:48	3:57	VETERANO A	155	34
164	870	JOSE ANGEL PEREZ SUSAVILA	m	ULTREIA	SI	4	00:39:34	00:39:25	00:00:10	0:19:59	3:57	VETERANO B	156	62
165	1355	SALVADOR BOO FARIÑA	m	TRIBU TRAIL	NO	-1	00:39:38	00:39:42		0:19:48	3:57	VETERANO B	157	63
166	776	FRANCISCO JAVIER CASTRELO CONDE	m	TRIATLON VILAGARCIA	NO	-1	00:39:39	00:39:44		0:20:05	3:57	VETERANO B	158	64
167	645	MARINELA MAYO CAAMAÑO	f	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:39:39	00:39:40	00:00:00	0:19:58	3:57	VETERANO A	9	3
168	930	ALBERTO TUBIO	m	SD BARBANTIA RODA	NO	-1	00:39:41	00:39:34	00:00:08	0:20:22	3:58	VETERANO B	159	65
169	926	JOSE MANUEL ALVAREZ RIVAS	m	ESCUELA ATLETICA LUCENSE	NO	-1	00:39:41	00:39:40	00:00:02	0:20:10	3:58	VETERANO C	160	9
170	541	XABIER FERNÁNDEZ GARCÍA	m	UNIVERSIDADE DE COMPOSTELA USC	NO	-1	00:39:44	00:39:45	00:00:00	0:18:46	3:58	SENIOR	161	48
171	459	LENNON ALMEIDA DOS SANTOS	m	NINGUNO	NO	-1	00:39:49	00:39:43	00:00:07	0:19:52	3:58	SENIOR	162	49
172	1419	ADRIÁN BAO LÓPEZ	m	ATLETAS ACEA DE AMA	NO	-1	00:39:50	00:39:39	00:00:12	0:20:23	3:58	JUNIOR	163	3
173	1262	ELOY REY MARTÍNEZ	m	ARTROGAL TRI-498	NO	-1	00:39:52	00:39:48	00:00:05	0:20:02	3:59	VETERANO A	164	35
174	1334	JUAN REY OLVEIRA	m	TRIATLON BOIRO	NO	-1	00:39:55	00:39:58		0:19:17	3:59	JUNIOR	165	4
175	544	CARLOS BECERRA DO EJO	m	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:39:56	00:39:52	00:00:04	0:20:10	3:59	VETERANO B	166	66
176	1435	HUGO GENDRA	m	NINGUNO	NO	-1	00:39:57	00:39:54	00:00:04	0:19:59	3:59	SENIOR	167	50
177	372	PABLO LORENZO MIRÓN	m	3&RUN CLUB DE CORREDORES BY PEDRO	NO	-1	00:39:58	00:39:58	00:00:01	0:19:03	3:59	SENIOR	168	51
178	392	MARCOS FERNANDEZ CASAL	m	NINGUNO	NO	-1	00:39:58	00:39:58	00:00:01	0:19:50	3:59	VETERANO A	169	36
179	1338	SERGIO PÉREZ TREUS	m	ECOSPORT CLINICAL SPORT	NO	-1	00:40:00	00:39:57	00:00:04	0:19:49	3:59	SENIOR	170	52
180	940	HÉCTOR VIDAL MARTINEZ	m	LOS CHAVALES	NO	-1	00:40:03	00:40:04	00:00:00	0:19:35	4:00	VETERANO A	171	37
181	928	RAMON PIÑEIRO LAMAS	m	S.D.BARBANTIA RODA	NO	-1	00:40:13	00:40:12	00:00:02	0:20:06	4:01	VETERANO A	172	38
182	953	DIEGO VÁZQUEZ REMIGIO	m	C. D. RIA DE AROUSA	NO	-1	00:40:14	00:40:17		0:20:10	4:01	VETERANO B	173	67
183	434	JOSÉ MARIA MARTINÓN MARTÍNEZ	m	NINGUNO	NO	-1	00:40:15	00:40:09	00:00:07	0:20:20	4:01	SENIOR	174	53
184	415	JUAN CARLOS BRANDÓN RODRIGUEZ	m	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:40:15	00:40:13	00:00:03	0:20:20	4:01	VETERANO C	175	10
185	1090	EDUARDO BUJAN SANTOS	m	NINGUNO	NO	-1	00:40:19	00:40:13	00:00:06	0:20:03	4:01	VETERANO B	176	68
186	1320	FERNANDO FERNÁNDEZ MARTÍNEZ	m	NINGUNO	NO	-1	00:40:20	00:40:22		0:20:31	4:01	VETERANO B	177	69
187	29	ANTONIO CORRAL LÓPEZ	m	NINGUNO	NO	-1	00:40:21	00:40:20	00:00:02	0:20:29	4:02	VETERANO A	178	39
188	1104	JUAN MAYO BALDERRABANO	m	PAVIMENTOS NOIA	NO	-1	00:40:22	00:40:26		0:20:07	4:02	VETERANO B	179	70
189	278	ALBERTO MOURE ANDRADE	m	NINGUNO	NO	-1	00:40:23	00:40:17	00:00:07	0:20:17	4:02	VETERANO A	180	40
190	412	ALBERTO BALAYO GARCIA	m	C.C.MUROS TRIATLÓN	NO	-1	00:40:24	00:40:22	00:00:03	0:20:41	4:02	SENIOR	181	54
191	1314	JAPI BAAMONDE ARUFE	m	CLUB ATLETISMO SAR VERMU PETRONI	SI	5	00:40:24	00:40:22	00:00:03	0:20:19	4:02	VETERANO B	182	71
192	950	ALVARO CANTARIÑO TAJES	m	C.C.MUROS TRIATLÓN	NO	-1	00:40:25	00:40:26	00:00:00	0:19:33	4:02	VETERANO B	183	72
193	1015	ROBERTO CAMEAN CAMEAN	m	INCOR AUTOVIDRIO	SI	6	00:40:28	00:40:18	00:00:11	0:20:17	4:02	VETERANO B	184	73
194	748	MARCOS FERNÁNDEZ	m	LAMARGHA AUTOTODO CARBALLIÑO	NO	-1	00:40:32	00:40:28	00:00:06	0:20:26	4:03	VETERANO A	185	41
195	822	CARLOS GONZALEZ REINO	m	ATLETISMO NOIA	NO	-1	00:40:33	00:40:33	00:00:01	0:20:42	4:03	VETERANO C	186	11
196	1353	JOSÉ BUJÁN GONZÁLEZ	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:40:33	00:40:29	00:00:05	0:20:19	4:03	VETERANO B	187	74
197	815	ALBERTO GONZALEZ SUAREZ	m	CLUB ATLETISMO OUTES JOHN TURKEY	NO	-1	00:40:33	00:40:32	00:00:02	0:19:38	4:03	VETERANO A	188	42
198	395	JOSÉ MANUEL VÁZQUEZ MATO	m	NINGUNO	NO	-1	00:40:33	00:40:35		0:20:08	4:03	VETERANO A	189	43
199	204	VICENTE REY JACOME	m	NINGUNO	NO	-1	00:40:34	00:40:30	00:00:05	0:20:44	4:03	VETERANO B	190	75
200	1351	ROBERTO IGLESIAS RODRÍGUEZ	m	ATLETISMO MILLADOIRO	NO	-1	00:40:35	00:40:34	00:00:02	0:20:02	4:03	VETERANO B	191	76
201	1081	LUCHO OUJO POUZO	m	ADC ARNELA	SI	7	00:40:36	00:40:37		0:20:23	4:03	VETERANO B	192	77
202	316	ALBERTO MARTINEZ RICO	m	CDM VÉRTICE	NO	-1	00:40:40	00:40:34	00:00:07	0:20:40	4:03	VETERANO B	193	78
203	1321	ANDRÉS DOMÍNGUEZ SILVA	m	CLUB CERVECERIA O COTON NEGREIRA	NO	-1	00:40:40	00:40:36	00:00:05	0:20:06	4:04	VETERANO B	194	79
204	857	MONCHO GEY MARTÍNEZ	m	MGM	NO	-1	00:40:41	00:40:28	00:00:13	0:20:56	4:04	SENIOR	195	55
205	1329	CELESTINO LOURO LOURO	m	SERRES RUNNERS	NO	-1	00:40:43	00:40:43	00:00:00	0:20:28	4:04	VETERANO B	196	80
206	920	FELIX ROGET PEREZ	m	TERRA DE SONEIRA	NO	-1	00:40:43	00:40:36	00:00:08	0:20:36	4:04	VETERANO A	197	44
207	282	ALBERTO TOJO MOLEDO	m	NINGUNO	NO	-1	00:40:43	00:40:37	00:00:08	0:20:34	4:04	VETERANO A	198	45
208	393	ÁLVARO ZARAUZA BEIRAS	m	3&RUN BY PEDRO NIMO	NO	-1	00:40:45	00:40:40	00:00:06	0:20:41	4:04	VETERANO B	199	81

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
209	1381	FCO JAVIER FIGUEIRO RESÚA	m	MÁXIKO TEAM	NO	-1	00:40:46	00:40:50		0:20:16	4:04	SENIOR	200	56
210	781	JUAN LUNA DOMINGUEZ	m	TRIBU TRAIL	NO	-1	00:40:48	00:40:48	00:00:01	0:20:37	4:04	VETERANO B	201	82
211	212	JOSÉ ANTONIO NOYA PÉREZ	m	ATLETISMO FONTES DE SAR	NO	-1	00:40:48	00:40:46	00:00:03	0:20:16	4:04	VETERANO B	202	83
212	1342	SERGIO PALACIOS LADO	m	NINGUNO	NO	-1	00:40:49	00:40:42	00:00:08	0:20:22	4:04	SENIOR	203	57
213	945	IGNACIO INFESTA SAR	m	NINGUNO	NO	-1	00:40:51	00:40:50	00:00:02	0:20:21	4:05	SENIOR	204	58
214	1448	ANDRES TUÑAS SIEIRA	m	NINGUNO	NO	-1	00:40:52	00:40:35	00:00:17	0:20:52	4:05	VETERANO B	205	84
215	194	HUGO DURAN ALVAREZ	m	NINGUNO	NO	-1	00:40:54	00:40:59		0:20:13	4:05	VETERANO A	206	46
216	176	ALBERTO ARAMBURU GARCÍA-PINTOS	m	RUN PONTEVEDRA	NO	-1	00:40:54	00:40:52	00:00:03	0:20:34	4:05	VETERANO B	207	85
217	397	EVARISTO GIL PERISCAL	m	NINGUNO	NO	-1	00:40:55	00:40:58		0:20:42	4:05	VETERANO C	208	12
218	1307	JOSE FRANCISCO VILASOA SILVA	m	S.D. BARBANTIA RODA	NO	-1	00:40:56	00:40:56	00:00:02	0:19:58	4:05	VETERANO A	209	47
219	1132	HUGO IGLESIAS RODRÍGUEZ	m	NINGUNO	NO	-1	00:40:56	00:40:51	00:00:07	0:20:19	4:05	SENIOR	210	59
220	382	JAVIER TABOADA GARCIA	m	NINGUNO	NO	-1	00:40:57	00:40:49	00:00:08	0:20:45	4:05	VETERANO B	211	86
221	281	MANUEL TORRES BAUTIS	m	NINGUNO	NO	-1	00:40:57	00:40:49	00:00:09	0:20:42	4:05	VETERANO C	212	13
222	1289	VICTOR LAIÑO SILVA	m	SAN MIGUEL DE MARIN	NO	-1	00:40:57	00:40:55	00:00:03	0:20:43	4:05	SENIOR	213	60
223	1071	FERNANDO QUEIRUGA CASTRO	m	NINGUNO	NO	-1	00:40:58	00:40:50	00:00:09	0:21:15	4:05	VETERANO A	214	48
224	62	JOSÉ PARÍS LÓPEZ	m	NINGUNO	NO	-1	00:40:59	00:40:52	00:00:08	0:20:36	4:05	VETERANO A	215	49
225	961	MARCOS PÉREZ LOURIDO	m	ATLETISMO NEGREIRA	NO	-1	00:40:59	00:41:02		0:20:29	4:05	VETERANO B	216	87
226	1282	PABLO BOUZAS REY	m	NINGUNO	NO	-1	00:41:00	00:40:54	00:00:08	0:20:12	4:06	SENIOR	217	61
227	546	DANIEL CASTRO GÓMEZ	m	TAMBRE BIKE&RUNNING	NO	-1	00:41:01	00:40:55	00:00:07	0:20:45	4:06	JUNIOR	218	5
228	400	ALBERTO REBOREDO DURÁN	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:41:01	00:41:05		0:20:17	4:06	SENIOR	219	62
229	931	PABLO IGLESIAS COMOJO	m	NINGUNO	NO	-1	00:41:01	00:41:01	00:00:01	0:20:29	4:06	VETERANO A	220	50
230	924	IVAN RODRIGUEZ GONZALEZ	m	NINGUNO	NO	-1	00:41:01	00:40:59	00:00:04	0:20:41	4:06	SENIOR	221	63
231	1371	VICKY LOSADA PEREZ	f	BURGAS OURENSE ATLETISMO	SI	1	00:41:02	00:41:00	00:00:03	0:20:48	4:06	VETERANO A	10	4
232	853	RAFAEL HERNANDEZ NAVEIRO	m	S D BARBANTIA RODA	NO	-1	00:41:02	00:40:56	00:00:08	0:20:37	4:06	VETERANO B	222	88
233	568	FELIX MARTINEZ GIGIRIN	m	NINGUNO	NO	-1	00:41:03	00:40:58	00:00:06	0:20:48	4:06	VETERANO A	223	51
234	948	F. JAVIER BARREIRO CORDEIRO	m	NOSPORTLIMIT	NO	-1	00:41:03	00:40:53	00:00:11	0:20:52	4:06	VETERANO B	224	89
235	1269	SANTIAGO VALES MENDEZ	m	NINGUNO	NO	-1	00:41:04	00:40:49	00:00:16	0:21:23	4:06	VETERANO B	225	90
236	1305	MIGUEL PARCERO ESPÍÑO	m	NINGUNO	NO	-1	00:41:04	00:41:01	00:00:04	0:20:58	4:06	VETERANO A	226	52
237	826	RUBEN PENAS GARCIA	m	TAMBRE BIKE&RUNNING	NO	-1	00:41:05	00:40:59	00:00:07	0:20:45	4:06	VETERANO B	227	91
238	409	SEGUNDO DOMINGUEZ ALSINA	m	3&RUN CLUB DE CORREDORES BY PEDRO	NO	-1	00:41:05	00:41:05	00:00:01	0:20:45	4:06	VETERANO C	228	14
239	601	ÁNGEL PÉREZ	m	NINGUNO	NO	-1	00:41:06	00:41:01	00:00:06	0:20:36	4:06	VETERANO A	229	53
240	1279	BRAIS PEREZ FERNÁNDEZ	m	TAMBRE BIKE & RUNNING	NO	-1	00:41:07	00:41:13		0:19:40	4:06	JUNIOR	230	6
241	69	FRANCISCO GÓMEZ SUEIRAS	m	NINGUNO	NO	-1	00:41:09	00:41:08	00:00:02	0:20:32	4:06	VETERANO C	231	15
242	1337	BRAIS LAGO TRILLO	m	NINGUNO	NO	-1	00:41:11	00:41:09	00:00:03	0:20:56	4:07	SENIOR	232	64
243	964	TOMÁS BUJÁN DOSIL	m	CLUB ATLETISMO NOIA	NO	-1	00:41:11	00:41:08	00:00:04	0:20:48	4:07	VETERANO B	233	92
244	371	RAMIRO PÉREZ PEREIRA	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:41:15	00:41:14	00:00:01	0:20:50	4:07	VETERANO C	234	16
245	330	SANTIAGO GÓMEZ BEIRO	m	ATLETISMO FONTES DO SAR	NO	-1	00:41:16	00:41:13	00:00:04	0:20:48	4:07	VETERANO B	235	93
246	851	XOSÉ MANUEL PARDO LÓPZ	m	CLUBE ATLETISMO OUTES	NO	-1	00:41:18	00:41:16	00:00:02	0:20:30	4:07	VETERANO C	236	17
247	1615	JOSE ANTONIO MUIÑO CASTRO	m	NINGUNO	NO	-1	00:41:19	00:41:12	00:00:08	0:20:58	4:07	VETERANO B	237	94
248	1341	ADRIÁN BOUZÓN NIEVES	m	NINGUNO	NO	-1	00:41:23	00:41:18	00:00:06	0:20:29	4:08	SENIOR	238	65
249	1304	JACOBO NUÑEZ CASTRO	m	NINGUNO	NO	-1	00:41:27	00:41:14	00:00:13	0:20:38	4:08	VETERANO A	239	54
250	879	FRANCISCO JOSÉ IGLESIAS VILA	m	TABOADELA RUNNING	NO	-1	00:41:29	00:41:29	00:00:01	0:21:02	4:08	VETERANO B	240	95
251	474	VICENTE SANMARTIN VIGO	m	VERXEL NUTRICIÓN DEPORTIVA	NO	-1	00:41:29	00:41:25	00:00:05	0:21:05	4:08	VETERANO B	241	96
252	64	CARLOS LEMA PORTEIRO	m	NINGUNO	NO	-1	00:41:30	00:41:31	00:00:00	0:20:32	4:09	VETERANO B	242	97
253	785	RUBEN FREIRE ROMANI	m	NINGUNO	NO	-1	00:41:31	00:41:23	00:00:08	0:21:05	4:09	SENIOR	243	66
254	92	RAMÓN RÚA NUÑEZ	m	LOBEZNOSOCR	NO	-1	00:41:32	00:41:13	00:00:20	0:20:37	4:09	SENIOR	244	67
255	30	DANIEL SUSO SÁNCHEZ	m	NINGUNO	NO	-1	00:41:32	00:41:26	00:00:07	0:21:05	4:09	SENIOR	245	68
256	761	JORGE PARCERO	m	CLUB ATLETISMO SAMERTOLAMEU	NO	-1	00:41:33	00:41:29	00:00:05	0:20:44	4:09	VETERANO B	246	98
257	548	MIGUEL VIDAL MOREIRAS	m	MONTAEVAI O PINO	NO	-1	00:41:33	00:41:37		0:20:09	4:09	VETERANO A	247	55
258	1077	RAMON VILLAR RUIBAL	m	VERXEL NUTRICIÓN DEPORTIVA	NO	-1	00:41:34	00:41:28	00:00:07	0:20:46	4:09	VETERANO C	248	18
259	558	FRANCISCO JOSE CUENCA GARCIA	m	ATLETISMO MILLADOIRO	NO	-1	00:41:35	00:41:38		0:20:16	4:09	VETERANO A	249	56
260	1513	MARIA FERREIRO PEREZ	f	BURGAS OURENSE ATLETISMO	NO	-1	00:41:37	00:41:24	00:00:14	0:21:02	4:09	SENIOR	11	4

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
261	1434	ELOY SESTAYO SEOANE	m	NINGUNO	NO	-1	00:41:42	00:41:35	00:00:08	0:20:46	4:10	SENIOR	250	69
262	1323	JESÚS HEVIA GÓMEZ	m	NINGUNO	NO	-1	00:41:44	00:41:28	00:00:17	0:21:30	4:10	VETERANO B	251	99
263	1023	ANDRÉS DIOS FERNÁNDEZ	m	GRAFIKBOIRO	NO	-1	00:41:47	00:41:28	00:00:19	0:20:58	4:10	SENIOR	252	70
264	881	JUAN CARLOS PEREIRA REDONDO	m	NINGUNO	SI	8	00:41:47	00:41:36	00:00:12	0:20:59	4:10	VETERANO C	253	19
265	1352	GONZALO MUIÑO CODESIDO	m	ATLETAS DE ACEA DE AMA	NO	-1	00:41:49	00:41:50	00:00:00	0:20:38	4:10	VETERANO B	254	100
266	1146	MARÍA QUINTELA REINO	f	CLUB ORIENTE ATLETISMO	NO	-1	00:41:53	00:41:50	00:00:03	0:20:57	4:11	VETERANO B	12	1
267	1079	ROBERTO BUIDE VAZQUEZ	m	FLUVIAL MONTE SEGADE LUGO	NO	-1	00:41:53	00:41:52	00:00:02	0:21:06	4:11	VETERANO C	255	20
268	877	FERNANDO FROJÁN CANLE	m	NINGUNO	NO	-1	00:41:54	00:41:50	00:00:05	0:21:02	4:11	VETERANO A	256	57
269	390	MARCO GUNDÍN MARTÍN	m	NINGUNO	NO	-1	00:41:55	00:41:55	00:00:00	0:20:44	4:11	SENIOR	257	71
270	196	DANIEL PAZ OTERO	m	ATLETAS VETERAN@S DE GALICIA	NO	-1	00:41:55	00:41:54	00:00:02	0:20:51	4:11	VETERANO B	258	101
271	1393	JOSE VARELA PAJARO	m	RUNNERSCRUCES	NO	-1	00:41:55	00:41:34	00:00:22	0:21:44	4:11	VETERANO B	259	102
272	1507	ALBERTO MARTINEZ	m	INCOR AUTOVIDRIO	SI	9	00:41:57	00:41:46	00:00:11	0:20:58	4:11	VETERANO B	260	103
273	1436	MIGUEL PULIDO SOTELO	m	LUKE ATHLETICS	NO	-1	00:42:01	00:41:57	00:00:05	0:20:44	4:12	SENIOR	261	72
274	891	MODESTO MARIÑO CASAIS	m	NINGUNO	NO	-1	00:42:03	00:42:02	00:00:02	0:21:03	4:12	VETERANO B	262	104
275	1265	ADRIÁN CONDE FRAGA	m	NINGUNO	NO	-1	00:42:06	00:41:50	00:00:16	0:21:30	4:12	VETERANO A	263	58
276	824	SALVADOR PUIG MARTÍN	m	S.D. CORRECAMINOS	NO	-1	00:42:06	00:42:07	00:00:00	0:20:48	4:12	VETERANO A	264	59
277	105	JOSE LUIS GONZALEZ MACEIRAS	m	NINGUNO	NO	-1	00:42:07	00:42:03	00:00:05	0:20:48	4:12	VETERANO C	265	21
278	217	DANIEL CASTELO GUERRERO	m	CLUB ATLESTISMO NOIA	NO	-1	00:42:07	00:41:55	00:00:13	0:21:28	4:12	VETERANO B	266	105
279	1400	ESTEBAN GARCIA GOMEZ	m	NINGUNO	NO	-1	00:42:10	00:42:09	00:00:01	0:21:30	4:12	VETERANO B	267	106
280	405	JOSÉ MANUEL LUEIRO ABUIN	m	NINGUNO	NO	-1	00:42:11	00:42:11	00:00:01	0:21:04	4:13	VETERANO B	268	107
281	1083	JUAN JESÚS TAJES MAYO	m	ATLETISMO FONTES DO SAR	NO	-1	00:42:13	00:42:05	00:00:09	0:21:18	4:13	VETERANO B	269	108
282	927	MIGUEL FERNÁNDEZ GARCÍA	m	NINGUNO	NO	-1	00:42:14	00:42:14	00:00:01	0:20:37	4:13	SENIOR	270	73
283	298	ANDRÉS DOMÍNGUEZ CASTRO	m	BRT OROSO	NO	-1	00:42:18	00:42:23		0:20:45	4:13	VETERANO C	271	22
284	203	RICARDO GIL DOPAZO	m	ATLETAS VETERAN@S DE GALICIA	NO	-1	00:42:18	00:42:18	00:00:02	0:20:55	4:13	VETERANO B	272	109
285	986	ALBERTO RODRÍGUEZ TUBIO	m	NINGUNO	NO	-1	00:42:20	00:42:20	00:00:01	0:20:46	4:13	VETERANO B	273	110
286	413	JOSÉ ANTONIO MARQUE RUIBAL	m	CDM VÉRTICE	NO	-1	00:42:25	00:42:20	00:00:07	0:20:57	4:14	SENIOR	274	74
287	1080	DANIEL NOAL SANLÉS	m	SAÚDE SPORT BARBANZA	SI	10	00:42:28	00:42:25	00:00:04	0:20:49	4:14	SENIOR	275	75
288	786	JAVIER ÁNGEL VÁZQUEZ OREJAS	m	VERXEL NUTRICIÓN DEPORTIVA	NO	-1	00:42:28	00:42:23	00:00:06	0:20:51	4:14	VETERANO C	276	23
289	66	ELOY MARÍN CASTRO	m	NINGUNO	NO	-1	00:42:31	00:42:25	00:00:07	0:21:07	4:15	SENIOR	277	76
290	285	FRANCISCO SANMARCO SANTOS	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:42:33	00:42:28	00:00:06	0:21:03	4:15	VETERANO C	278	24
291	410	ALFONSO QUINTANS VÁZQUEZ	m	NINGUNO	NO	-1	00:42:33	00:42:28	00:00:06	0:21:20	4:15	VETERANO A	279	60
292	233	JOSE CERNADAS TRILLO	m	NINGUNO	NO	-1	00:42:33	00:42:24	00:00:10	0:21:34	4:15	VETERANO C	280	25
293	982	DIEGO MANEIRO POUSO	m	NINGUNO	SI	11	00:42:34	00:42:21	00:00:14	0:22:09	4:15	SENIOR	281	77
294	1306	FERNANDO FERNÁNDEZ SOENGAS	m	NINGUNO	NO	-1	00:42:35	00:42:41		0:20:58	4:15	VETERANO A	282	61
295	836	DAVID GÓMEZ SIEIRA	m	CLUB ATLETISMO LOUSAME	NO	-1	00:42:39	00:42:20	00:00:20	0:22:13	4:15	VETERANO A	283	62
296	922	JOSÉ MANUEL CADORNIGA SUAREZ	m	NINGUNO	NO	-1	00:42:39	00:42:33	00:00:07	0:21:44	4:15	VETERANO B	284	111
297	954	FRAN OLVEIRA MARTINEZ	m	ATLETISMO SAR VERMÚ PETRONI	SI	12	00:42:40	00:42:39	00:00:02	0:21:11	4:16	VETERANO B	285	112
298	1159	MARÍA SANTOS CAMBÓN	f	ADC ARNELA	SI	2	00:42:43	00:42:46		0:20:58	4:16	VETERANO A	13	5
299	332	ALBERTO TURNES ABELENDA	m	NINGUNO	NO	-1	00:42:45	00:42:32	00:00:14	0:21:21	4:16	SENIOR	286	78
300	180	SUSO GARCÍA CÓRDOBA	m	RUN PONTEVEDRA	NO	-1	00:42:45	00:42:43	00:00:03	0:21:32	4:16	VETERANO A	287	63
301	213	JULIO RODRÍGUEZ FERNÁNDEZ	m	NINGUNO	NO	-1	00:42:46	00:42:38	00:00:09	0:21:04	4:16	VETERANO B	288	113
302	236	ARTURO MATA CASTRO	m	CLUB ATLETISMO SANTIAGO	NO	-1	00:42:47	00:42:53		0:22:21	4:16	SENIOR	289	79
303	1328	JOSÉ MANUEL FERNÁNDEZ TORRES	m	ADC ARNELA	SI	13	00:42:48	00:42:49	00:00:00	0:20:57	4:16	VETERANO B	290	114
304	308	ADRIÁN SANÍN FANDIÑO	m	C.A.R. MEDORRA	NO	-1	00:42:49	00:42:45	00:00:05	0:21:53	4:16	SENIOR	291	80
305	880	ALFONSO OTERO RODRIGUEZ	m	NINGUNO	NO	-1	00:42:51	00:42:51	00:00:00	0:21:45	4:17	VETERANO A	292	64
306	820	PABLO ROO MAROÑAS	m	CLUB ATLETISMO LOUSAME	NO	-1	00:42:51	00:42:39	00:00:13	0:21:34	4:17	SENIOR	293	81
307	866	DANIEL LAREO CREO	m	TRIBU TRAIL	NO	-1	00:42:51	00:42:35	00:00:17	0:21:53	4:17	VETERANO B	294	115
308	386	CARLOS PEÑA GAVILAN	m	NINGUNO	NO	-1	00:42:53	00:42:47	00:00:06	0:21:45	4:17	VETERANO A	295	65
309	381	DAVID FERRERO QUIÑOY	m	CAR MEDORRA	NO	-1	00:42:54	00:42:50	00:00:04	0:20:55	4:17	VETERANO B	296	116
310	772	AITOR IBÁÑEZ PEREIRO	m	TRIBU TRAIL	NO	-1	00:42:58	00:42:58	00:00:01	0:21:13	4:17	VETERANO B	297	117
311	780	ISMAEL VAZQUEZ GARCÍA	m	NINGUNO	NO	-1	00:43:01	00:43:03		0:20:56	4:18	SENIOR	298	82
312	1303	DANIEL GARCIA GARCIA	m	NINGUNO	NO	-1	00:43:02	00:42:30	00:00:33	0:22:24	4:18	VETERANO A	299	66

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
313	1322	ANTONIO DE LA MATA GARCIA	m	NINGUNO	NO	-1	00:43:04	00:43:06		0:21:56	4:18	VETERANO B	300	118
314	1445	MARCOS MAYO AGRAFOJO	m	NINGUNO	NO	-1	00:43:04	00:43:04	00:00:01	0:21:50	4:18	VETERANO A	301	67
315	185	JOSE HERVES BLANCO	m	NINGUNO	NO	-1	00:43:04	00:42:51	00:00:14	0:21:43	4:18	VETERANO A	302	68
316	1464	FRAN GARCÍA AGRELO	m	ARTROGAL TRI 498	NO	-1	00:43:04	00:42:57	00:00:09	0:21:42	4:18	VETERANO B	303	119
317	31	FRANCISCO JAVIER GONZÁLEZ LEDO	m	RUNNING OLEIROS	NO	-1	00:43:07	00:43:07	00:00:01	0:21:02	4:18	VETERANO B	304	120
318	960	FRAN SANTOS SANTAMARÍA	m	NINGUNO	NO	-1	00:43:08	00:43:11		0:21:06	4:18	VETERANO A	305	69
319	957	MANUEL LORENZO QUEIRUGA	m	SD BARBANTIA RODA	SI	14	00:43:10	00:43:07	00:00:04	0:21:27	4:18	VETERANO C	306	26
320	832	BERNABÉ GRILLE OTERO	m	NINGUNO	NO	-1	00:43:11	00:43:01	00:00:11	0:22:23	4:19	SENIOR	307	83
321	1162	BEATRIZ BARROSO PEREZ	f	TRIBU TRAIL	NO	-1	00:43:11	00:42:56	00:00:17	0:21:34	4:19	VETERANO B	14	2
322	25	PEDRO BARANGA ARES	m	ATLETAS DE ACEA DE AMA	NO	-1	00:43:11	00:43:13	00:00:00	0:21:24	4:19	VETERANO B	308	121
323	1449	MARCOS VIDAL POUSO	m	TRIATLON VILAGARCIA	NO	-1	00:43:12	00:43:05	00:00:08	0:22:08	4:19	VETERANO B	309	122
324	280	PEDRO PÉREZ GAGO	m	TRIATLÓN VILAGARCÍA	NO	-1	00:43:12	00:43:05	00:00:08	0:22:08	4:19	VETERANO B	310	123
325	356	NICOLÁS VILLANUEVA SÁNCHEZ	m	CLUB OLÍMPICO DE VEDRA	NO	-1	00:43:15	00:42:43	00:00:33	0:22:26	4:19	SENIOR	311	84
326	311	LUCIANO LUCAS PEREZ	m	NINGUNO	NO	-1	00:43:18	00:43:14	00:00:06	0:21:43	4:19	VETERANO B	312	124
327	864	JESUS BARGO DOSIL	m	NINGUNO	NO	-1	00:43:21	00:43:15	00:00:07	0:21:48	4:20	SENIOR	313	85
328	1490	JOSE MATIAS REGUEIRA BOO	m	NINGUNO	NO	-1	00:43:22	00:43:25		0:22:04	4:20	VETERANO C	314	27
329	1137	JOSÉ MANUEL CALERO FERNANDEZ	m	CLUB ATLETISMO LOUSAME	NO	-1	00:43:26	00:43:09	00:00:19	0:22:33	4:20	VETERANO A	315	70
330	1324	FRAN LAGO SABORIDO	m	NINGUNO	NO	-1	00:43:27	00:43:25	00:00:03	0:21:46	4:20	VETERANO B	316	125
331	1394	ARTURO ZAS MANEIRO	m	NINGUNO	NO	-1	00:43:28	00:43:14	00:00:15	0:22:07	4:20	VETERANO B	317	126
332	794	ANTONIO BARREIRO CORDEIRO	m	NINGUNO	NO	-1	00:43:29	00:43:19	00:00:11	0:22:25	4:20	VETERANO B	318	127
333	1386	JOSE LUIS PÉREZ LADO	m	NINGUNO	NO	-1	00:43:35	00:43:14	00:00:22	0:22:04	4:21	VETERANO A	319	71
334	839	CHEMA FERNÁNDEZ REY	m	NINGUNO	NO	-1	00:43:38	00:43:31	00:00:08	0:22:07	4:21	VETERANO B	320	128
335	1628	JESUS SUÁREZ REY	m	NINGUNO	NO	-1	00:43:42	00:43:39	00:00:05	0:21:44	4:22	VETERANO B	321	129
336	1497	JATONEJRO TOREA MOLEDO	m	NINGUNO	NO	-1	00:43:44	00:43:24	00:00:21	0:22:13	4:22	VETERANO B	322	130
337	1447	ENRIQUE MARTINEZ HAYNES	m	NINGUNO	NO	-1	00:43:47	00:43:24	00:00:24	0:21:56	4:22	VETERANO B	323	131
338	1039	VICTOR FIGUEROA FIGUEROA LEON	m	CCMUROS	NO	-1	00:43:48	00:43:39	00:00:09	0:21:43	4:22	VETERANO A	324	72
339	910	MIGUEL ANGEL CASAL BARREIRO	m	NINGUNO	NO	-1	00:43:48	00:43:40	00:00:09	0:22:40	4:22	VETERANO B	325	132
340	833	PABLO BAÑA TOME	m	CLUB ATLETISMO OUTES JOHN TURKEY	NO	-1	00:43:49	00:43:40	00:00:10	0:21:49	4:22	SENIOR	326	86
341	1439	DIEGO ROSAL CHAVES	m	TEAM CORBELO	NO	-1	00:43:49	00:43:26	00:00:24	0:22:27	4:22	VETERANO A	327	73
342	1382	BASILIO CAMIÑA UCHA	m	NINGUNO	NO	-1	00:43:49	00:43:26	00:00:24	0:22:26	4:22	SENIOR	328	87
343	849	JONATAN RIVAS PÉREZ	m	NINGUNO	NO	-1	00:43:49	00:43:44	00:00:07	0:22:17	4:22	VETERANO A	329	74
344	994	ESTEBAN NUÑEZ QUEIRUGA	m	MONTEMUIÑO	SI	15	00:43:51	00:43:36	00:00:16	0:22:19	4:23	SENIOR	330	88
345	843	ROBERTO CARLOS ESPINOSO VIDE	m	TABOADELA RUNNING	NO	-1	00:43:52	00:43:52	00:00:01	0:22:08	4:23	VETERANO B	331	133
346	123	JOSÉ LUIS LOMBAO NUÑEZ	m	NINGUNO	NO	-1	00:43:53	00:43:43	00:00:11	0:22:29	4:23	VETERANO B	332	134
347	547	MARIO GONZALEZ FREIRE	m	3&RUN CLUB DE CORREDORES BY PEDRO	NO	-1	00:43:54	00:43:36	00:00:18	0:23:35	4:23	VETERANO C	333	28
348	976	GERMÁN PÉREZ VIDAL	m	CLUB ATLESTISMO NOIA	NO	-1	00:43:57	00:43:50	00:00:09	0:22:40	4:23	VETERANO B	334	135
349	1072	FRANCISCO RAMON BLANCO PAN	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:43:57	00:43:50	00:00:09	0:22:40	4:23	VETERANO B	335	136
350	789	ISMAEL GIL FERNANDEZ	m	S D BARBANTIA RODA	SI	16	00:43:58	00:44:03		0:21:52	4:23	VETERANO B	336	137
351	462	JUAN FRANCISCO ROMAY SIEIRA	m	NINGUNO	NO	-1	00:43:58	00:43:49	00:00:10	0:21:56	4:23	VETERANO B	337	138
352	225	JESUS (ZUBI) GARCIA PENA	m	TAMBRE BIKE&RUNNING	NO	-1	00:43:59	00:43:39	00:00:21	0:22:08	4:23	VETERANO B	338	139
353	903	JUAN ABEIJON OLVEIRA	m	BICITOU PAS	SI	17	00:43:59	00:43:47	00:00:13	0:22:06	4:23	VETERANO A	339	75
354	1040	MARCOS CASAL SANTOS	m	NINGUNO	NO	-1	00:43:59	00:43:58	00:00:02	0:21:58	4:23	VETERANO B	340	140
355	561	MARTIN ROZAS RAMOS	m	NOITEBRA FC	NO	-1	00:44:00	00:43:57	00:00:04	0:21:36	4:24	VETERANO B	341	141
356	106	MARCELO BELLO GÓMEZ	m	NINGUNO	NO	-1	00:44:03	00:44:05	00:00:00	0:21:58	4:24	VETERANO C	342	29
357	1106	JULIO MANEIRO SAMPEDRO	m	NINGUNO	NO	-1	00:44:05	00:43:59	00:00:07	0:21:40	4:24	VETERANO B	343	142
358	1357	MIGUEL LAMELA MENDEZ	m	NINGUNO	NO	-1	00:44:08	00:44:11		0:21:57	4:24	VETERANO B	344	143
359	47	ALFONSO SANCHEZ GARCIA	m	NINGUNO	NO	-1	00:44:09	00:44:00	00:00:10	0:21:54	4:24	VETERANO B	345	144
360	252	JUANMA MATA	m	NINGUNO	NO	-1	00:44:10	00:44:08	00:00:04	0:21:51	4:25	VETERANO B	346	145
361	1402	MARCELINO MANEIRO MANEIRO	m	NINGUNO	NO	-1	00:44:11	00:44:03	00:00:08	0:22:08	4:25	VETERANO B	347	146
362	762	RUBEN NAVIA IGLESIAS	m	KELTIC VIGO	NO	-1	00:44:11	00:44:06	00:00:06	0:21:58	4:25	VETERANO A	348	76
363	1487	CARLOS MAYO MAYAN	m	NINGUNO	NO	-1	00:44:12	00:44:09	00:00:04	0:21:32	4:25	VETERANO B	349	147
364	987	ROBERTO SANTIAGO POUSO	m	INCOR AUTOVIDRIO	SI	18	00:44:12	00:44:02	00:00:11	0:21:51	4:25	VETERANO A	350	77

Sin-Son 10K 2019 - CLASIFICACIÓN CARREIRA ABSOLUTA

PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
365	1376	JOSÉ IGNACIO ZAS SANDE	m	TAMBRE BIKE & RUNNING	NO	-1	00:44:13	00:44:05	00:00:09	0:22:37	4:25	SENIOR	351	89
366	421	BENITO DACAL	m	NINGUNO	NO	-1	00:44:13	00:44:10	00:00:04	0:21:04	4:25	VETERANO B	352	148
367	1587	FRAN SÓNORA LÓPEZ	m	NINGUNO	NO	-1	00:44:13	00:43:59	00:00:15	0:21:50	4:25	SENIOR	353	90
368	962	RAFAEL SENÉN GOMEZ GARCIA	m	NINGUNO	NO	-1	00:44:14	00:44:17		0:21:49	4:25	SENIOR	354	91
369	644	MARÍA TARRIO MARTÍNEZ	f	NOITEBRA FC	NO	-1	00:44:15	00:44:11	00:00:05	0:22:36	4:25	VETERANO B	15	3
370	9	ALBERTO ALBAN SALGADO	m	NINGUNO	NO	-1	00:44:19	00:44:12	00:00:09	0:22:39	4:25	VETERANO B	355	149
371	749	JOSÉ MANUEL FERNÁNDEZ CARRILLO	m	NINGUNO	NO	-1	00:44:22	00:44:16	00:00:06	0:22:34	4:26	SENIOR	356	92
372	828	ENRIQUE SANTOS LORENZO	m	TERRA DE SONEIRA	NO	-1	00:44:24	00:44:17	00:00:09	0:22:12	4:26	VETERANO B	357	150
373	1538	ALVARO PIÑEIRO MAYO	m	SERRES RUNNERS	NO	-1	00:44:26	00:44:26	00:00:00	0:22:23	4:26	VETERANO A	358	78
374	305	JUAN MANUEL BAUTIS OTERO	m	UNIVERSIDADE DE COMPOSTELA USC	NO	-1	00:44:26	00:44:18	00:00:09	0:22:24	4:26	VETERANO B	359	151
375	254	JOSE MIRA MAYO	m	NINGUNO	NO	-1	00:44:27	00:44:18	00:00:10	0:23:03	4:26	VETERANO B	360	152
376	874	ALFONSO LOPEZ GARCIA	m	PONTE TRAIL	NO	-1	00:44:27	00:44:01	00:00:26	0:22:22	4:26	VETERANO B	361	153
377	1535	JOSÉ RAMÓN ANTELO MARTÍNEZ	m	PONTE TRAIL	NO	-1	00:44:27	00:44:10	00:00:18	0:22:27	4:26	VETERANO A	362	79
378	1369	DIEGO MONTOUTO REQUEIJO	m	NINGUNO	NO	-1	00:44:27	00:44:16	00:00:12	0:22:30	4:26	VETERANO A	363	80
379	771	MANUEL ARGIBAY PEREZ	m	ESCOLA ATLETISMO DEZA	NO	-1	00:44:28	00:44:23	00:00:05	0:22:07	4:26	VETERANO C	364	30
380	993	MARCOS ANTONIO BLANCO FIGUEIRIDO	m	NINGUNO	NO	-1	00:44:28	00:44:07	00:00:22	0:23:01	4:26	VETERANO B	365	154
381	1529	MANUEL MARIÑO SANTAMARIA	m	NINGUNO	SI	19	00:44:28	00:43:57	00:00:32	0:22:35	4:26	SENIOR	366	93
382	1392	MANUEL LEAL GOMEZ	m	RUNNERCRUCES	NO	-1	00:44:29	00:44:13	00:00:17	0:22:40	4:26	VETERANO B	367	155
383	334	DAVID VIÑA	m	NINGUNO	NO	-1	00:44:31	00:44:36		0:22:32	4:27	VETERANO B	368	156
384	1605	ESTEBAN FOLGAR BREA	m	NINGUNO	NO	-1	00:44:32	00:44:27	00:00:07	0:22:29	4:27	VETERANO B	369	157
385	1511	PAULA ESTEIRO RAMOS	f	DAFIT	NO	-1	00:44:33	00:44:33	00:00:00	0:22:08	4:27	VETERANO A	16	6
386	1654	VÍCTOR SIERRA FERREIRO	m	NINGUNO	NO	-1	00:44:33				4:27	VETERANO B	370	158
387	50	DAVID ESCALANTE PÉREZ	m	NOITEBRA FC	NO	-1	00:44:33	00:44:29	00:00:05	0:22:20	4:27	SENIOR	371	94
388	996	DANIEL CALVO REY	m	SD BARBANTIA RODA	NO	-1	00:44:35	00:44:33	00:00:03	0:22:41	4:27	VETERANO B	372	159
389	1274	GUSTAVO ARGIBAY MOLDES	m	NINGUNO	NO	-1	00:44:36	00:44:28	00:00:09	0:21:50	4:27	VETERANO B	373	160
390	632	PATRICIA VARELA SANTISO	f	ATLETISMO ARENTEIRO	NO	-1	00:44:36	00:44:32	00:00:05	0:22:27	4:27	SENIOR	17	5
391	276	ANTONIO FERNANDEZ HERMIDA	m	NINGUNO	NO	-1	00:44:37	00:44:16	00:00:22	0:23:11	4:27	VETERANO C	374	31
392	87	EDUARDO RÁDEKE FARIÑA	m	NINGUNO	NO	-1	00:44:39	00:44:28	00:00:12	0:22:54	4:27	VETERANO B	375	161
393	23	RAFAEL SABIO FERNANDEZ	m	NINGUNO	NO	-1	00:44:40	00:44:34	00:00:07	0:22:40	4:27	VETERANO C	376	32
394	500	JUAN CARLOS SANTOS BLANCO	m	NINGUNO	NO	-1	00:44:40	00:44:32	00:00:09	0:22:05	4:28	VETERANO B	377	162
395	800	FRANCISCO VÁZQUEZ FERNÁNDEZ	m	TRIATLON MURALLA	NO	-1	00:44:43	00:44:31	00:00:13	0:22:40	4:28	VETERANO B	378	163
396	1152	MARTINA LOPEZ GESTAL	f	TRIATLON VILAGARCIA	NO	-1	00:44:44	00:44:42	00:00:03	0:22:41	4:28	SENIOR	18	6
397	934	QUIQUE TRIÑANES VIDAL	m	NINGUNO	SI	20	00:44:47	00:44:44	00:00:04	0:22:41	4:28	VETERANO B	379	164
398	1500	HÉCTOR FRAGA LÓPEZ	m	NINGUNO	NO	-1	00:44:48	00:44:37	00:00:11	0:22:19	4:28	VETERANO B	380	165
399	46	DANIEL POSE GARCÍA	m	NOSPORTLIMIT	NO	-1	00:44:49	00:44:39	00:00:11	0:22:39	4:28	SENIOR	381	95
400	383	FRAN ARCA VAZQUEZ	m	NINGUNO	NO	-1	00:44:51	00:44:46	00:00:05	0:22:42	4:29	SENIOR	382	96
401	300	SERGIO PEREIRA RIO	m	NINGUNO	NO	-1	00:44:52	00:44:42	00:00:11	0:22:40	4:29	VETERANO B	383	166
402	1082	RAMON FERNANDEZ TORRES	m	ADC ARNELA	SI	21	00:44:54	00:44:49	00:00:06	0:22:14	4:29	VETERANO B	384	167
403	1204	ANA BELEN GÓMEZ SOUSA	f	NINGUNO	NO	-1	00:44:54	00:44:37	00:00:18	0:22:38	4:29	VETERANO B	19	4
404	1165	MADA GARCÍA ABALO	f	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:44:54	00:44:52	00:00:04	0:22:11	4:29	VETERANO B	20	5
405	1606	PABLO GARCÍA FREIRE	m	CAI A ESTRADA	NO	-1	00:44:58	00:44:52	00:00:07	0:22:41	4:29	VETERANO B	385	168
406	312	ALBERTO MARTÍNEZ LAMAS	m	ARTROGAL TRI498	NO	-1	00:44:59	00:44:51	00:00:08	0:22:05	4:29	VETERANO A	386	81
407	837	SANTI OUJO CASTELO	m	ADC ARNELA	SI	22	00:45:01	00:45:02	00:00:00	0:22:06	4:30	VETERANO B	387	169
408	260	PABLO MOSQUERA SEOANE	m	NINGUNO	NO	-1	00:45:01	00:44:54	00:00:07	0:23:18	4:30	SENIOR	388	97
409	1384	JUAN MANUEL PEREZ GARCIA	m	NINGUNO	SI	23	00:45:02	00:45:04		0:21:11	4:30	VETERANO A	389	82
410	222	SANTIAGO PORTO NOVO	m	OS ESFOLA ARROS	NO	-1	00:45:04	00:44:57	00:00:09	0:22:35	4:30	VETERANO B	390	170
411	117	OSCAR FIGUEIRAS TOREA	m	CLUB ATLETISMO OUTES JOHN TURKEY	NO	-1	00:45:06	00:44:33	00:00:34	0:23:50	4:30	VETERANO B	391	171
412	878	JOSE CALVIÑO CARREÑO	m	ORIXINAL MGM TEAM	NO	-1	00:45:06	00:44:55	00:00:13	0:22:56	4:30	VETERANO A	392	83
413	447	SATIRO BRENLLA FAJIN	m	TARTARUGAS	NO	-1	00:45:07	00:44:56	00:00:12	0:22:12	4:30	SENIOR	393	98
414	437	MARCOS FONTANS SEBE	m	NINGUNO	NO	-1	00:45:07	00:44:54	00:00:14	0:23:14	4:30	VETERANO B	394	172
415	1024	FERNANDO SILVA GARCÍA	m	SERRES RUNNERS	NO	-1	00:45:09	00:45:09	00:00:01	0:22:26	4:30	VETERANO B	395	173
416	257	MANUEL GALLEGO PRIEGO	m	CLUB ATLETISMO O PINO	NO	-1	00:45:10	00:45:01	00:00:10	0:22:58	4:31	VETERANO C	396	33

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
417	1038	BENITO PIÑEIRO ABEIJON	m	NINGUNO	NO	-1	00:45:11	00:44:32	00:00:40	0:23:50	4:31	VETERANO B	397	174
418	570	JESÚS COUSO GARCIA	m	CLUB ATLETISMO NEGREIRA	NO	-1	00:45:12	00:45:06	00:00:07	0:22:43	4:31	VETERANO B	398	175
419	1453	FERNANDO SEARA SOTELO	m	NINGUNO	NO	-1	00:45:13	00:44:57	00:00:17	0:23:13	4:31	VETERANO B	399	176
420	283	MARCOS MARTÍNEZ IGLESIAS	m	NINGUNO	NO	-1	00:45:13	00:45:07	00:00:08	0:22:38	4:31	SENIOR	400	99
421	306	ÁNGEL VIDAL FERREIRO	m	NINGUNO	NO	-1	00:45:13	00:45:09	00:00:06	0:22:33	4:31	VETERANO A	401	84
422	636	ELISABET CORDEIRO BLANCO	f	NINGUNO	NO	-1	00:45:14	00:45:10	00:00:04	0:22:33	4:31	VETERANO A	21	7
423	178	JUAN MANUEL FERNÁNDEZ LANDEIRO	m	CLUB CICLISMO TRIATLÓN POIO	NO	-1	00:45:14	00:44:55	00:00:21	0:22:50	4:31	VETERANO B	402	177
424	202	DAMIÁN ANDRADE PADIN	m	CLUB CICLISMO TRIATLÓN POIO	NO	-1	00:45:15	00:44:53	00:00:23	0:22:51	4:31	VETERANO A	403	85
425	835	DOMINGO LAGO CES	m	NINGUNO	NO	-1	00:45:15	00:45:13	00:00:03	0:22:42	4:31	VETERANO B	404	178
426	617	ISABEL SÁEZ BATALLAN	f	CAI ESTRADA	NO	-1	00:45:15	00:45:11	00:00:05	0:22:53	4:31	VETERANO C	22	1
427	167	MANUEL VAZQUEZ OSORIO	m	NINGUNO	NO	-1	00:45:16	00:45:14	00:00:03	0:22:38	4:31	VETERANO B	405	179
428	793	JOSE MANUEL BLANCO FIGUEIRAS	m	NINGUNO	NO	-1	00:45:24	00:45:04	00:00:20	0:22:37	4:32	SENIOR	406	100
429	1563	FRANCISCO VIQUEIRA ABUÍN	m	NINGUNO	NO	-1	00:45:25	00:45:12	00:00:14	0:22:50	4:32	VETERANO B	407	180
430	1004	FERNANDO AGEITOS SANLÉS	m	INCOR AUTOVIDRIO	NO	-1	00:45:27	00:45:16	00:00:12	0:23:11	4:32	VETERANO B	408	181
431	165	JAVIER DOPAZO LOUZAN	m	RUN PONTEVEDRA	NO	-1	00:45:27	00:45:25	00:00:04	0:22:33	4:32	VETERANO B	409	182
432	302	EMILIO BRUN VAZQUEZ	m	CLUB ATLETISMO O PINO	NO	-1	00:45:28	00:45:18	00:00:11	0:23:06	4:32	VETERANO C	410	34
433	612	FERNANDO SAINZ GARCIA	m	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:45:28	00:45:17	00:00:12	0:23:06	4:32	VETERANO C	411	35
434	427	OSCAR CASAS COUSELO	m	TAMBRE BIKE&RUNNING	NO	-1	00:45:28	00:45:22	00:00:08	0:22:33	4:32	VETERANO A	412	86
435	290	MIGUEL LÓPEZ NOYA	m	NINGUNO	NO	-1	00:45:31	00:45:25	00:00:07	0:23:19	4:33	SENIOR	413	101
436	1496	CARLOS MANUEL GARCÍA RODRÍGUEZ	m	NINGUNO	NO	-1	00:45:32	00:45:17	00:00:16	0:23:24	4:33	VETERANO A	414	87
437	335	ROBERTO BREY MATO	m	CAI A ESTRADA	NO	-1	00:45:33	00:45:08	00:00:26	0:24:14	4:33	VETERANO B	415	183
438	966	RUBEN MUÑIZ FERNÁNDEZ	m	NINGUNO	NO	-1	00:45:35	00:45:19	00:00:16	0:23:05	4:33	SENIOR	416	102
439	1527	ÁLVARO CAMPOS VILLAVERDE	m	NINGUNO	NO	-1	00:45:35	00:45:14	00:00:22	0:24:11	4:33	JUNIOR	417	7
440	687	NATALI LORENZO PÉREZ	f	ATLETISMO MILLADOIRO	NO	-1	00:45:37	00:45:33	00:00:05	0:22:59	4:33	VETERANO B	23	6
441	337	FRANCISCO ALEXANDRE CASTROMÁN	m	NINGUNO	NO	-1	00:45:40	00:45:12	00:00:29	0:22:55	4:33	SENIOR	418	103
442	121	ANGEL TURRION PEREIRO	m	NINGUNO	NO	-1	00:45:41	00:45:33	00:00:09	0:22:52	4:34	VETERANO C	419	36
443	618	EVA DE LA FUENTE IGLESIAS	f	CLUB ATLETISMO O PINO	NO	-1	00:45:41	00:45:32	00:00:10	0:22:41	4:34	VETERANO B	24	7
444	321	XOSÉ MANUEL BURES MIGUENS	m	TRIBU TRAIL	NO	-1	00:45:42	00:45:25	00:00:17	0:23:02	4:34	VETERANO C	420	37
445	336	JOSÉ MANUEL MALLO NIEVES	m	ATLETISMO O EIXO	NO	-1	00:45:42	00:45:34	00:00:09	0:23:35	4:34	VETERANO B	421	184
446	1602	JESÚS MANUEL DOMÍNGUEZ REGO	m	NINGUNO	NO	-1	00:45:42	00:45:33	00:00:10	0:22:35	4:34	VETERANO B	422	185
447	292	ALBERTO MARTÍNEZ PENIDE	m	CASTROSUA TRAIL RUNNING	NO	-1	00:45:42	00:45:33	00:00:10	0:23:02	4:34	VETERANO A	423	88
448	279	LUIS MIGUEZ MIGUEZ	m	CASTROSUA TRAIL RUNNING	NO	-1	00:45:43	00:45:34	00:00:10	0:22:37	4:34	VETERANO B	424	186
449	1591	DANIEL PARADA BREA	m	NINGUNO	NO	-1	00:45:44	00:45:29	00:00:16	0:23:39	4:34	SENIOR	425	104
450	854	ANGEL PEREZ SUSAVILA	m	NINGUNO	NO	-1	00:45:46	00:45:35	00:00:12	0:22:59	4:34	VETERANO C	426	38
451	973	AITOR LEIS MONTEMUÑO	m	NINGUNO	SI	24	00:45:48	00:45:38	00:00:11	0:22:39	4:34	SENIOR	427	105
452	1168	OLALLA DURO LIÑARES	f	PONTE TRAIL	SI	3	00:45:50	00:45:38	00:00:13	0:23:06	4:34	VETERANO A	25	8
453	1092	CELESTINO MATO PEÓN	m	PONTE TRAIL	NO	-1	00:45:50	00:45:38	00:00:13	0:22:54	4:34	VETERANO B	428	187
454	187	ALEJANDRO PADIN TRIÑANES	m	C. D. RIA DE AROUSA	NO	-1	00:45:52	11:36:22		0:23:23	4:35	VETERANO C	429	39
455	366	IÑAKI VAZQUEZ ESPERANTE	m	NINGUNO	NO	-1	00:45:53	00:45:18	00:00:36	0:24:37	4:35	SENIOR	430	106
456	1589	RAUL BEIROA RAPOSO	m	NINGUNO	NO	-1	00:45:53	00:45:45	00:00:09	0:23:10	4:35	SENIOR	431	107
457	1287	ADRIÁN VIAÑO IGLESIAS	m	NOSPORTLIMIT	NO	-1	00:45:53	00:45:45	00:00:09	0:23:10	4:35	SENIOR	432	108
458	1564	ROBERTO CASTIÑEIRAS GIL	m	NINGUNO	NO	-1	00:45:55	00:45:45	00:00:10	0:23:15	4:35	VETERANO B	433	188
459	1728	Alfredo Suárez Viangre	m	NINGUNO	NO	-1	00:45:56	00:45:42	00:00:15	0:23:00	4:35	VETERANO B	434	189
460	114	JOSE ANGEL MARTINEZ ABAD	m	NINGUNO	NO	-1	00:45:56	00:45:53	00:00:05	0:21:41	4:35	VETERANO B	435	190
461	1458	JOSE RAMON CAROU FERNANDEZ	m	CLUBE BTT TRIATLÓN O TREITO	NO	-1	00:45:57	00:45:40	00:00:18	0:23:41	4:35	VETERANO B	436	191
462	17	INMACULADA Corton Tesouro	f	NINGUNO	SI	4	00:45:57	00:45:52	00:00:07	0:22:15	4:35	VETERANO B	26	8
463	738	SANTIAGO LAMAS CRUZ	m	LAMARGHA AUTOTODO CARBALLIÑO	NO	-1	00:45:58	00:45:52	00:00:06	0:23:39	4:35	VETERANO B	437	192
464	288	PABLO VIAÑO LORENZO	m	NINGUNO	NO	-1	00:46:00	00:45:41	00:00:20	0:23:32	4:36	VETERANO B	438	193
465	1395	RAFAEL CARRASCO DEL POZO	m	NINGUNO	NO	-1	00:46:01	00:45:43	00:00:18	0:23:11	4:36	VETERANO B	439	194
466	1590	DAVID RAMA GARCÍA	m	NINGUNO	SI	25	00:46:03	00:45:33	00:00:31	0:22:52	4:36	SENIOR	440	109
467	169	LAUREANO TROITIÑO LIMERES	m	NINGUNO	NO	-1	00:46:07	00:46:01	00:00:07	0:23:05	4:36	VETERANO A	441	89
468	1415	JUAN CARLOS GONZALEZ RIOS	m	NINGUNO	NO	-1	00:46:08	00:45:53	00:00:16	0:23:41	4:36	VETERANO C	442	40

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
469	1005	MARCOS GOSENDE	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:46:09	00:45:40	00:00:30	0:23:16	4:36	VETERANO B	443	195
470	991	MANUEL MOURIÑO ROMANI	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:46:09	00:45:40	00:00:30	0:23:16	4:36	VETERANO B	444	196
471	1516	NATI ROMERO VIÑAS	f	ORIXINAL MGM TEAM	SI	5	00:46:14	00:46:05	00:00:10	0:23:01	4:37	VETERANO A	27	9
472	995	MIGUEL LÓPEZ PALACIOS	m	NINGUNO	NO	-1	00:46:15	00:46:14	00:00:02	0:24:33	4:37	VETERANO A	445	90
473	160	SERGIO SÁNCHEZ FERNÁNDEZ	m	NINGUNO	NO	-1	00:46:17	00:46:00	00:00:17	0:22:33	4:37	SENIOR	446	110
474	284	ELAIDO OTERO GARICA	m	NINGUNO	NO	-1	00:46:19	00:46:14	00:00:06	0:23:23	4:37	VETERANO B	447	197
475	270	JUAN JOSÉ NOYA RODRIGUEZ	m	NINGUNO	NO	-1	00:46:19	00:45:49	00:00:32	0:24:25	4:37	VETERANO B	448	198
476	451	PABLO FRAGA ADRAN	m	NINGUNO	NO	-1	00:46:21	00:46:13	00:00:10	0:22:48	4:38	SENIOR	449	111
477	472	JAVIER GARCIA GALDO	m	CA MILLARAIO	NO	-1	00:46:24	00:46:19	00:00:06	0:23:29	4:38	VETERANO B	450	199
478	1523	AUREA RETAMAL MUÑIZ	f	NOITEBRA FC	NO	-1	00:46:25	00:46:21	00:00:05	0:23:31	4:38	VETERANO A	28	10
479	576	JOSE MANUEL VALIÑO CEREIJO	m	NINGUNO	NO	-1	00:46:28	00:46:13	00:00:16	0:23:32	4:38	VETERANO C	451	41
480	1405	ALEX MAYO BARREIRO	m	NINGUNO	NO	-1	00:46:29	00:46:08	00:00:23	0:23:23	4:38	VETERANO B	452	200
481	1480	JOSÉ MANUEL DOCE FREIRE	m	CASTRO DE LOBADIZ (FERROL)	NO	-1	00:46:31	00:46:13	00:00:19	0:23:24	4:39	VETERANO C	453	42
482	1018	DANIEL BARRAL AGRASO	m	NINGUNO	SI	26	00:46:32	00:46:22	00:00:11	0:23:29	4:39	SENIOR	454	112
483	1118	BASILIO MOURE SANLES	m	NINGUNO	SI	27	00:46:37	00:46:23	00:00:16	0:24:17	4:39	SENIOR	455	113
484	797	JORGE COSTOYA DOSIL	m	CLUB ATLETISMO LOUSAME	NO	-1	00:46:39	00:46:27	00:00:14	0:24:11	4:39	VETERANO A	456	91
485	479	MARCOS NOYA REY	m	NINGUNO	NO	-1	00:46:40	00:46:37	00:00:04	0:23:46	4:39	VETERANO A	457	92
486	883	JOSE MANUEL ALBORES DIAZ	m	ATLETISMO NOIA	NO	-1	00:46:41	00:46:20	00:00:22	0:23:45	4:40	VETERANO C	458	43
487	848	OSCAR ALEXIS ARDILA ARANGUREN	m	NINGUNO	NO	-1	00:46:43	00:46:29	00:00:15	0:23:45	4:40	VETERANO B	459	201
488	1258	ENRIQUE VÁZQUEZ PEÑAMARÍA	m	CLUB CERVECERIA O COTON NEGREIRA	NO	-1	00:46:44	00:46:40	00:00:05	0:23:00	4:40	SENIOR	460	114
489	277	EDUARDO PÉREZ DOSIL	m	NINGUNO	NO	-1	00:46:45	00:46:44	00:00:02	0:23:13	4:40	JUNIOR	461	8
490	1584	AMARO SANTOS VIDAL	m	NINGUNO	NO	-1	00:46:46	00:46:24	00:00:23	0:23:44	4:40	SENIOR	462	115
491	855	JOSE CAAMAÑO SIEIRA	m	CLUBE BTT TRIATLÓN O TREITO LOUSAME	NO	-1	00:46:47	00:46:30	00:00:18	0:24:16	4:40	SENIOR	463	116
492	275	ANGEL CONDE PEREIRA	m	NINGUNO	NO	-1	00:46:50	00:46:35	00:00:17	0:23:20	4:41	VETERANO B	464	202
493	154	LUPE BUJAN RODRIGUEZ	f	NINGUNO	NO	-1	00:46:51	00:46:26	00:00:26	0:24:00	4:41	VETERANO B	29	9
494	450	FERNANDO COUSELO BARRIO	m	NINGUNO	NO	-1	00:46:51	00:46:48	00:00:04	0:23:48	4:41	VETERANO C	465	44
495	967	MANUEL PAZO PADRÓN	m	NINGUNO	NO	-1	00:46:53	00:46:42	00:00:12	0:24:16	4:41	SENIOR	466	117
496	997	JOSE RAMON SANTOS SANTAMARIA	m	NINGUNO	NO	-1	00:46:53	00:46:18	00:00:36	0:24:11	4:41	VETERANO A	467	93
497	449	ANDRÉS ANXO PÉREZ SÁNCHEZ	m	NINGUNO	NO	-1	00:46:53	00:46:41	00:00:12	0:24:17	4:41	SENIOR	468	118
498	41	SUSO MENDEZ SUAREZ	m	PONTERIDERS	NO	-1	00:46:53	00:46:24	00:00:30	0:24:15	4:41	VETERANO B	469	203
499	42	JOSE MANSILLA BARREIRO	m	BEERRUNNERS CORUÑA	NO	-1	00:46:53	00:46:19	00:00:36	0:24:41	4:41	SENIOR	470	119
500	861	CLAUDIO ÁLVAREZ AYUSO	m	NINGUNO	NO	-1	00:46:54	00:46:32	00:00:23	0:23:35	4:41	VETERANO C	471	45
501	1461	LAUREANO VARELA ALVAREZ	m	NINGUNO	NO	-1	00:46:54	00:46:39	00:00:16	0:23:41	4:41	VETERANO B	472	204
502	269	JESÚS MANUEL LODEIRO MÉNDEZ	m	NINGUNO	NO	-1	00:46:55	00:46:50	00:00:06	0:23:27	4:41	VETERANO C	473	46
503	1467	FERNANDO OTERO RAVIÑA	m	NINGUNO	NO	-1	00:46:56	00:46:30	00:00:27	0:23:51	4:41	VETERANO C	474	47
504	224	AGUSTÍN PIÑEIRO CANDAMO	m	SERRES RUNNERS	NO	-1	00:46:56	00:46:57	00:00:00	0:23:04	4:41	VETERANO A	475	94
505	320	JUAN CARLOS CASTRO SUÁREZ	m	CLUB ATLETISMO O PINO	NO	-1	00:46:56	00:46:40	00:00:17	0:23:40	4:41	VETERANO C	476	48
506	1379	ADRIAN GOYANES SOUTO	m	NINGUNO	NO	-1	00:46:56	00:46:35	00:00:22	0:23:44	4:41	SENIOR	477	120
507	690	SARA CARRACEDO	f	NINGUNO	NO	-1	00:46:57	00:46:41	00:00:16	0:23:36	4:41	SENIOR	30	7
508	1697	MERCEDES PAZ VALLE	f	NINGUNO	NO	-1	00:46:57	00:46:41	00:00:17	0:23:34	4:41	VETERANO B	31	10
509	1096	DIEGO MARTÍNEZ FREIRE	m	NINGUNO	NO	-1	00:46:59	00:46:42	00:00:18	0:23:05	4:41	SENIOR	478	121
510	469	VITOR MANUEL RODRIGUEZ JURJO	m	NINGUNO	NO	-1	00:46:59	00:46:57	00:00:03	0:23:56	4:41	VETERANO B	479	205
511	565	ANXO FERNÁNDEZ-FERREIRO	m	NINGUNO	NO	-1	00:46:59	00:46:57	00:00:03	0:23:59	4:41	VETERANO A	480	95
512	1109	XOAN CARLOS MIRA LIÑEIRO	m	NOSPORTLIMIT	NO	-1	00:46:59	00:46:50	00:00:10	0:23:07	4:41	VETERANO B	481	206
513	1409	JOSE MANUEL MARTINEZ MARTINEZ	m	NINGUNO	NO	-1	00:47:00	00:46:33	00:00:28	0:24:16	4:42	VETERANO C	482	49
514	534	ALVARO ANTELO SANTOS	m	NINGUNO	NO	-1	00:47:00	00:46:25	00:00:36	0:24:37	4:42	SENIOR	483	122
515	1586	PABLO FERNÁNDEZ PENA	m	NINGUNO	NO	-1	00:47:01	00:46:16	00:00:46	0:24:11	4:42	SENIOR	484	123
516	1049	FERNANDO VILELA FONTICOPA	m	NINGUNO	NO	-1	00:47:01	00:46:58	00:00:04	0:23:31	4:42	VETERANO B	485	207
517	291	JESÚS MARTINÓN MARTÍNEZ	m	NINGUNO	NO	-1	00:47:02	00:46:56	00:00:07	0:23:38	4:42	SENIOR	486	124
518	317	CAMILO RIAL SANCHIÑO	m	NINGUNO	NO	-1	00:47:04	00:46:40	00:00:25	0:24:18	4:42	VETERANO C	487	50
519	319	JAIME RODRÍGUEZ VIDAL	m	NINGUNO	NO	-1	00:47:05	00:46:51	00:00:16	0:24:02	4:42	VETERANO B	488	208
520	1385	JUAN RIVAS ALENDE	m	NOITEBRA FC	NO	-1	00:47:06	00:47:02	00:00:05	0:23:17	4:42	VETERANO A	489	96

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
521	1460	DIEGO OCAMPO SANCHEZ	m	NINGUNO	NO	-1	00:47:07	00:46:55	00:00:13	0:23:52	4:42	VETERANO B	490	209
522	258	JOSE A. MONTERO PAMPÍN	m	NINGUNO	NO	-1	00:47:08	00:46:50	00:00:19	0:24:23	4:42	VETERANO B	491	210
523	791	SERGIO AREVALILLO ROMERO	m	TRIBU TRAIL	NO	-1	00:47:09	00:47:08	00:00:02	0:23:25	4:42	VETERANO B	492	211
524	1482	RICARDO LOPEZ TRIÑANES	m	OS AFORCADOS	NO	-1	00:47:10	00:46:38	00:00:33	0:24:43	4:42	VETERANO C	493	51
525	975	JOAQUÍN OUJO AGEITOS	m	ADC ARNELA	NO	-1	00:47:10	00:46:37	00:00:34	0:24:43	4:42	VETERANO B	494	212
526	1455	OSCAR MIRANDA	m	CLUB ATLETISMO BOIMORTO	NO	-1	00:47:11	00:47:02	00:00:10	0:23:31	4:43	VETERANO B	495	213
527	1505	ALFREDO ROMAN VIQUENDI	m	NINGUNO	NO	-1	00:47:13	00:47:03	00:00:11	0:24:10	4:43	VETERANO B	496	214
528	1525	ELIANA GABRIELA POMA CASTRO	f	CASTRO DE LOBADIZ (FERROL)	NO	-1	00:47:14	00:47:05	00:00:09	0:23:50	4:43	VETERANO A	32	11
529	1350	ENRIQUE SUÁREZ DÍAZ	m	CASTRO DE LOBADIZ (FERROL)	NO	-1	00:47:14	00:47:05	00:00:09	0:23:50	4:43	VETERANO B	497	215
530	573	ELISARDO ANTELO VILAS	m	NINGUNO	NO	-1	00:47:14	00:47:03	00:00:12	0:23:35	4:43	VETERANO B	498	216
531	1528	DANIEL OLIVEIRA LORENZO	m	TRIBU TRAIL	NO	-1	00:47:16	00:46:57	00:00:19	0:23:51	4:43	JUNIOR	499	9
532	834	CARLOS DIAZ CORRAL	m	NINGUNO	NO	-1	00:47:19	00:46:57	00:00:22	0:23:59	4:43	VETERANO C	500	52
533	309	JOAQUÍN BARREIRO TATO	m	CAI ESTRADA	NO	-1	00:47:20	00:46:55	00:00:26	0:24:30	4:44	VETERANO C	501	53
534	86	JOSE MOARES	m	RUNNING OLEIROS	NO	-1	00:47:21	00:47:02	00:00:21	0:24:26	4:44	VETERANO B	502	217
535	754	ANDRES VILA RODRIGUEZ	m	NINGUNO	NO	-1	00:47:22	00:47:16	00:00:07	0:23:44	4:44	JUNIOR	503	10
536	742	FRANCISCO MANUEL VILA ESTEVEZ	m	NINGUNO	NO	-1	00:47:23	00:47:17	00:00:07	0:23:45	4:44	VETERANO C	504	54
537	523	PABLO BARCIA OTERO	m	NINGUNO	NO	-1	00:47:23	00:46:49	00:00:35	0:24:34	4:44	SENIOR	505	125
538	1046	PABLO CAJARAVILLE DAPENA	m	NINGUNO	NO	-1	00:47:23	00:46:57	00:00:27	0:24:43	4:44	VETERANO B	506	218
539	1462	JUAN CARLOS LÓPEZ PAZOS	m	NINGUNO	NO	-1	00:47:25	00:46:51	00:00:35	0:24:07	4:44	VETERANO B	507	219
540	1391	CARLOS COBAS REBOIRAS	m	NINGUNO	NO	-1	00:47:25	00:47:02	00:00:25	0:24:49	4:44	VETERANO B	508	220
541	773	ISOLINO NOCEDA GONZALEZ	m	NINGUNO	NO	-1	00:47:27	00:47:12	00:00:16	0:23:48	4:44	VETERANO C	509	55
542	980	JOSE MANUEL BARGO PEREZ	m	CLUB LOUSAME DEPORTE	NO	-1	00:47:27	00:47:08	00:00:20	0:24:32	4:44	SENIOR	510	126
543	868	LEANDRO EIRAS LUEIRO	m	NINGUNO	NO	-1	00:47:28	00:46:57	00:00:32	0:24:41	4:44	SENIOR	511	127
544	43	JESÚS VAAMONDE RÚA	m	NINGUNO	NO	-1	00:47:29	00:47:21	00:00:09	0:23:49	4:44	VETERANO C	512	56
545	1456	ANTONIO PEREZ NOVOA	m	CARREIRIÑA E BIRRA	NO	-1	00:47:31	00:47:15	00:00:16	0:24:30	4:45	VETERANO B	513	221
546	1410	JOSÉ LUIS SIMOES FERNÁNDEZ	m	NINGUNO	NO	-1	00:47:31	00:47:13	00:00:19	0:24:50	4:45	VETERANO C	514	57
547	838	LOIS GARCÍA SEGADÉ	m	NINGUNO	NO	-1	00:47:32	00:47:11	00:00:21	0:23:25	4:45	JUNIOR	515	11
548	734	ALBERTO BARREIRO HERMIDA	m	NINGUNO	NO	-1	00:47:34	00:47:06	00:00:30	0:24:30	4:45	SENIOR	516	128
549	89	VICTOR DIAZ SEOANE	m	NINGUNO	NO	-1	00:47:36	00:47:25	00:00:12	0:24:15	4:45	SENIOR	517	129
550	1059	MANUEL FERNÁNDEZ NIMO	m	SERRES RUNNERS	NO	-1	00:47:36	00:47:38	00:00:00	0:23:14	4:45	VETERANO A	518	97
551	1058	JOSE PAULOS LOBATO	m	GALITAR RUNNERS	NO	-1	00:47:37	00:47:21	00:00:17	0:24:42	4:45	VETERANO B	519	222
552	294	MARCIAL CASTRO SEIJAS	m	CLUB ATLETISMO O PINO	NO	-1	00:47:37	00:47:20	00:00:18	0:24:24	4:45	VETERANO C	520	58
553	262	VÍCTOR M. LÓPEZ PUGA	m	NINGUNO	NO	-1	00:47:38	00:47:24	00:00:14	0:23:48	4:45	VETERANO B	521	223
554	860	JUAN JOSE PARADA FIGUEIRAS	m	3&RUN BIKE TEAM	NO	-1	00:47:39	00:47:15	00:00:26	0:24:24	4:45	VETERANO B	522	224
555	1474	TOBIAS BETANZOS REGO	m	NINGUNO	NO	-1	00:47:39	00:46:53	00:00:47	0:24:35	4:45	VETERANO C	523	59
556	1450	XOSE FRANCISCO LEMA RIVADAS	m	NINGUNO	NO	-1	00:47:40	00:47:39	00:00:02	0:24:22	4:46	VETERANO B	524	225
557	1110	JUAN CARLOS DOMINGUEZ GONDAR	m	NINGUNO	NO	-1	00:47:43	00:47:34	00:00:10	0:23:56	4:46	VETERANO B	525	226
558	296	JOSÉ GÓMEZ VIAÑO	m	NINGUNO	NO	-1	00:47:43	00:47:21	00:00:24	0:24:24	4:46	VETERANO C	526	60
559	990	JULIO BUSTELO CASTAÑO	m	SENDA XXI	NO	-1	00:47:44	00:47:44	00:00:02	0:24:09	4:46	VETERANO B	527	227
560	1166	PAULA RODRIGUEZ LOURO	f	ORIXINAL MGM TEAM	NO	-1	00:47:45	00:47:44	00:00:02	0:23:42	4:46	VETERANO A	33	12
561	84	JUAN GONZÁLEZ BLANCO	m	NINGUNO	NO	-1	00:47:48	00:47:39	00:00:10	0:23:43	4:46	VETERANO B	528	228
562	289	JAVIER SUÁREZ GIADÁS	m	NINGUNO	NO	-1	00:47:50	00:47:47	00:00:04	0:22:48	4:46	VETERANO A	529	98
563	190	FRAN MARTÍNEZ PORTELA	m	ATLETAS VETERAN@S DE GALICIA	NO	-1	00:47:50	00:47:23	00:00:27	0:24:43	4:46	VETERANO A	530	99
564	1485	PEPE VARELA SANTALLA	m	NINGUNO	NO	-1	00:47:50	00:47:25	00:00:25	0:24:38	4:46	VETERANO A	531	100
565	1099	HÉCTOR PIÑEIRO GARCÍA	m	CLUB ATLETISMO LOUSAME	NO	-1	00:47:51	00:47:33	00:00:19	0:24:25	4:47	VETERANO A	532	101
566	446	PABLO SUEIRO TRIGO	m	NINGUNO	NO	-1	00:47:52	00:47:27	00:00:26	0:24:44	4:47	VETERANO B	533	229
567	443	JOSE MANUEL LISTE BARREIRO	m	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:47:55	00:47:44	00:00:12	0:23:49	4:47	VETERANO C	534	61
568	220	JOSÉ ANTONIO GIL BREA	m	NOITEBRA FC	NO	-1	00:47:55	00:47:52	00:00:05	0:23:31	4:47	VETERANO C	535	62
569	429	ALFONSO48 RODRIGUEZ FRAMIL	m	NOITEBRA FC	NO	-1	00:47:56	00:47:52	00:00:05	0:23:48	4:47	VETERANO B	536	230
570	1533	ÓLIVER BELLÓN NEGREIRA	m	NINGUNO	NO	-1	00:47:57	00:47:26	00:00:32	0:25:29	4:47	SENIOR	537	130
571	470	JOSÉ MANUEL BREA FLORIANI	m	NINGUNO	NO	-1	00:47:58	00:47:35	00:00:24	0:24:18	4:47	VETERANO B	538	231
572	856	CARLOS NEO GONZALEZ	m	NINGUNO	SI	28	00:47:58	00:47:40	00:00:19	0:24:22	4:47	JUNIOR	539	12

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
573	1237	ELENA MATALOBOS REDONDO	f	S D BARBANTIA RODA	NO	-1	00:47:59	00:47:41	00:00:19	0:25:19	4:47	VETERANO B	34	11
574	168	FELIPE SANTIAGO TORRES CEBREIRO	m	NINGUNO	NO	-1	00:48:00	00:47:53	00:00:08	0:23:46	4:48	VETERANO B	540	232
575	744	SETE ALONSO LAGO	m	NINGUNO	NO	-1	00:48:00	00:47:45	00:00:16	0:24:45	4:48	VETERANO B	541	233
576	1416	ANTON JUNCAL COSTA	m	TAMBRE BIKE & RUNNING	NO	-1	00:48:02	00:47:55	00:00:08	0:23:24	4:48	VETERANO C	542	63
577	1170	VANE MANEIRO CAAMAÑO	f	NINGUNO	NO	-1	00:48:03	00:47:43	00:00:21	0:24:22	4:48	VETERANO A	35	13
578	1504	JORGE CASTRO VAZQUEZ	m	NINGUNO	NO	-1	00:48:06	00:47:52	00:00:15	0:24:34	4:48	VETERANO B	543	234
579	313	JOSÉ LUIS RODRÍGUEZ DEL RÍO	m	OLÍMPICOS DE ORDES	NO	-1	00:48:06	00:47:35	00:00:32	0:24:46	4:48	VETERANO C	544	64
580	1066	FRANCISCO SENDÓN CAROU	m	NINGUNO	NO	-1	00:48:07	00:47:39	00:00:29	0:25:21	4:48	VETERANO C	545	65
581	74	IVÁN ROIBÁS BLANCO	m	MALDITOS CORREDORES	NO	-1	00:48:07	00:47:54	00:00:15	0:24:21	4:48	VETERANO B	546	235
582	1389	JOSE MOURE ENRIQUE	m	NINGUNO	NO	-1	00:48:08	00:48:08	00:00:00	0:23:24	4:48	VETERANO B	547	236
583	1408	ELOY IGLESIAS CRISTOBO	m	NINGUNO	NO	-1	00:48:08	00:48:08	00:00:00	0:23:24	4:48	VETERANO C	548	66
584	1612	ANGEL LÓPEZ LORENZO	m	NINGUNO	NO	-1	00:48:08	00:47:54	00:00:15	0:24:23	4:48	VETERANO B	549	237
585	323	RICARDO MARTÍNEZ FERNÁNDEZ	m	NINGUNO	NO	-1	00:48:12	00:47:48	00:00:25	0:25:14	4:49	VETERANO A	550	102
586	304	PEDRO SÁNCHEZ CARRACEDO	m	NINGUNO	NO	-1	00:48:14	00:47:58	00:00:17	0:25:14	4:49	SENIOR	551	131
587	98	ROBERTO MONTES TEJIDO	m	NINGUNO	NO	-1	00:48:14	00:48:11	00:00:04	0:24:41	4:49	VETERANO B	552	238
588	1017	RICARDO DOMINGUEZ GAGO	m	FLOW PILATES & TRAINING	NO	-1	00:48:16	00:47:51	00:00:26	0:24:33	4:49	VETERANO A	553	103
589	369	LEANDRO LUÍS MARTARELLI	m	NINGUNO	NO	-1	00:48:17	00:48:06	00:00:12	0:24:15	4:49	VETERANO B	554	239
590	486	JUAN CARLOS MALLO BALUJA	m	NOITEBRA FC	NO	-1	00:48:18	00:48:13	00:00:06	0:24:31	4:49	VETERANO C	555	67
591	600	MARCOS SEIJO ACEBEDO	m	NINGUNO	NO	-1	00:48:18	00:47:53	00:00:27	0:24:51	4:49	VETERANO B	556	240
592	1519	CHICHA MANEIRO ROIG	f	NINGUNO	NO	-1	00:48:18	11:38:18		0:24:18	4:49	VETERANO B	36	12
593	35	RUBÉN POSE GARCÍA	m	CLUB MONTEPENARUBIA	NO	-1	00:48:20	00:47:50	00:00:30	0:25:42	4:49	SENIOR	557	132
594	1147	CRISTINA GARCIA BEIRO	f	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:48:22	00:47:48	00:00:34	0:24:48	4:50	SENIOR	37	8
595	1122	JOSE MANUEL TOME POUZO	m	NINGUNO	SI	29	00:48:22	00:48:08	00:00:15	0:24:42	4:50	VETERANO A	558	104
596	969	DAVID DOMINGUEZ REY	m	NINGUNO	NO	-1	00:48:22	00:48:20	00:00:03	0:24:10	4:50	VETERANO A	559	105
597	72	ALBERTO FERNANDEZ MUÑIZ	m	NINGUNO	NO	-1	00:48:24	00:47:59	00:00:26	0:24:48	4:50	VETERANO B	560	241
598	1440	OSCAR ENRIQUE ORIZALES LOPEZ	m	NINGUNO	NO	-1	00:48:24	00:47:59	00:00:25	0:24:49	4:50	VETERANO A	561	106
599	607	ANGEL GENDRA MARTINEZ	m	CABE	NO	-1	00:48:24	00:47:56	00:00:29	0:25:23	4:50	VETERANO A	562	107
600	481	JAVIER GARCIA PUMAR	m	CLUB AMIGOS DE LA BICICLETA	NO	-1	00:48:24	00:47:55	00:00:30	0:25:24	4:50	VETERANO A	563	108
601	1489	JOSE GOMEZ BIOQUE	m	C.A.CAMBADOS	NO	-1	00:48:27	00:48:09	00:00:19	0:24:59	4:50	VETERANO C	564	68
602	1431	JOSEP GOMEZ SOTO	m	C.A.CAMBADOS	NO	-1	00:48:27	00:48:09	00:00:19	0:24:59	4:50	SENIOR	565	133
603	344	FELIPE GARCIA FERNANDEZ	m	NINGUNO	NO	-1	00:48:28	00:48:18	00:00:11	0:24:04	4:50	VETERANO C	566	69
604	297	JESUS BALIÑA DE JESUS	m	NINGUNO	NO	-1	00:48:28	00:48:17	00:00:12	0:24:34	4:50	VETERANO B	567	242
605	27	DANI GARCÍA VENTOSO	m	NINGUNO	SI	30	00:48:29	00:47:59	00:00:31	0:25:15	4:50	SENIOR	568	134
606	1607	JOSE BENITO MUÑIZ VILAR	m	CLUB NATACIÓN RIVEIRA	NO	-1	00:48:29	00:48:02	00:00:28	0:24:51	4:50	VETERANO B	569	243
607	1553	JOSE MANUEL SAMPEDRO PEREZ	m	CLUB NATACIÓN RIVEIRA	NO	-1	00:48:29	00:48:02	00:00:28	0:24:51	4:50	VETERANO B	570	244
608	1524	LAURA FERNÁNDEZ NOCELO	f	NINGUNO	NO	-1	00:48:30	00:48:17	00:00:13	0:24:10	4:50	VETERANO A	38	14
609	345	RUBÉN BREA GONZÁLEZ	m	NINGUNO	NO	-1	00:48:30	00:47:55	00:00:35	0:24:59	4:50	SENIOR	571	135
610	116	CARLOS CESAR MIÑONES LEMA	m	NINGUNO	NO	-1	00:48:30	00:48:12	00:00:19	0:24:42	4:51	VETERANO B	572	245
611	1578	PABLO RODRÍGUEZ FREIRE	m	NINGUNO	NO	-1	00:48:31	00:48:31	00:00:01	0:22:47	4:51	JUNIOR	573	13
612	1777	Lorena Lorenzo Figueiras	f	NINGUNO	NO	-1	00:48:32	00:48:29	00:00:04	0:24:21	4:51	VETERANO B	39	13
613	1470	ROBERTO CAO	m	NINGUNO	NO	-1	00:48:32	00:48:15	00:00:18	0:24:39	4:51	VETERANO C	574	70
614	981	DAVID GARCIA CURROS	m	NINGUNO	NO	-1	00:48:34	00:48:23	00:00:12	0:24:37	4:51	VETERANO C	575	71
615	76	ROGELIO MANUEL PÉREZ MIÑONES	m	NINGUNO	NO	-1	00:48:35	00:48:11	00:00:25	0:25:26	4:51	VETERANO C	576	72
616	1421	ALVARO XOSÉ CARREIRA MANSO	m	NINGUNO	NO	-1	00:48:35	00:48:08	00:00:28	0:25:15	4:51	SENIOR	577	136
617	1407	RAMÓN DOMÍNGUEZ CASTRO	m	NINGUNO	NO	-1	00:48:36	00:48:12	00:00:25	0:25:04	4:51	VETERANO B	578	246
618	801	ELOI SERANTE ABAL	m	ADC ARNELA	SI	31	00:48:36	00:48:15	00:00:22	0:25:11	4:51	JUNIOR	579	14
619	495	PAOLO DESTITO	m	ARCA DE NOE	NO	-1	00:48:36	00:48:10	00:00:27	0:25:19	4:51	SENIOR	580	137
620	1465	ANTONIO CALDELAS VILLANUEVA	m	NINGUNO	NO	-1	00:48:36	00:48:33	00:00:05	0:23:40	4:51	VETERANO B	581	247
621	1238	LUCIA MARIÑO PAZ	f	NINGUNO	NO	-1	00:48:37	00:48:26	00:00:12	0:24:39	4:51	VETERANO A	40	15
622	1275	CARLOS ZAPATERO MATA	m	3&RUN CLUB DE CORREDORES BY PEDRO	NO	-1	00:48:37	00:48:21	00:00:18	0:25:18	4:51	VETERANO B	582	248
623	488	JUAN GONZÁLEZ QUINTELA	m	NINGUNO	NO	-1	00:48:39	00:48:11	00:00:29	0:24:49	4:51	VETERANO B	583	249
624	1531	DAMIAN FILGUEIRA FERNANDEZ	m	NINGUNO	NO	-1	00:48:39	00:48:31	00:00:09	0:24:17	4:51	SENIOR	584	138

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
625	463	ALVARO GONZALEZ	m	CLUB DE FUMADORES	NO	-1	00:48:39	00:48:11	00:00:29	0:25:48	4:51	SENIOR	585	139
626	873	CIBRAN LOPEZ VIDAL	m	NINGUNO	NO	-1	00:48:39	00:48:20	00:00:21	0:24:36	4:51	SENIOR	586	140
627	184	JUAN CARLOS ALFARO CEBRIAN	m	NINGUNO	NO	-1	00:48:40	00:48:09	00:00:32	0:24:49	4:51	VETERANO B	587	250
628	104	SAMUEL CALVO GONZÁLEZ	m	NINGUNO	NO	-1	00:48:40	00:48:27	00:00:14	0:24:11	4:52	SENIOR	588	141
629	351	RAMÓN RAMA LEIS	m	NINGUNO	NO	-1	00:48:40	00:48:17	00:00:25	0:25:14	4:52	VETERANO A	589	109
630	1542	ADRIAN NAVIA GIRALDEZ	m	NINGUNO	NO	-1	00:48:41	00:48:33	00:00:09	0:24:38	4:52	VETERANO A	590	110
631	1476	MANUEL FERNANDO GEREMIAS CARNERO	m	NINGUNO	NO	-1	00:48:43	00:48:28	00:00:17	0:24:21	4:52	VETERANO C	591	73
632	1633	JOSE LUIS CASTRO SUAREZ	m	NINGUNO	NO	-1	00:48:43	00:48:25	00:00:19	0:24:11	4:52	SENIOR	592	142
633	1716	YOLANDA DE JOSE RODRÍGUEZ	f	PIELAGOS	NO	-1	00:48:44	00:48:32	00:00:13	0:25:25	4:52	JUNIOR	41	1
634	1546	JUAN ANTONIO SÁNCHEZ GUZMÁN	m	NINGUNO	NO	-1	00:48:46	00:48:32	00:00:15	0:25:24	4:52	VETERANO B	593	251
635	900	JOSÉ LUÍS MÉNDEZ RODRÍGUEZ	m	NINGUNO	NO	-1	00:48:47	00:48:10	00:00:38	0:25:59	4:52	VETERANO B	594	252
636	1009	JOSE ANTONIO SANTISO SEOANE	m	NINGUNO	NO	-1	00:48:48	00:48:27	00:00:22	0:24:37	4:52	VETERANO C	595	74
637	1700	MARY PENAS MENDEZ	f	RUNNERSCRUCES	NO	-1	00:48:48	00:48:21	00:00:28	0:24:47	4:52	VETERANO B	42	14
638	1175	SONIA AGRASAR BARRAL	f	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:48:50	00:48:47	00:00:04	0:24:11	4:52	VETERANO B	43	15
639	643	TANIA ALCALDE BALADO	f	TRIATLÓN ARCADE INFORHOUSE	NO	-1	00:48:51	00:48:49	00:00:04	0:24:29	4:53	SENIOR	44	9
640	1292	THOMAS AFONSO LÓPEZ	m	TRIATLÓN ARCADE INFORHOUSE	NO	-1	00:48:51	00:48:35	00:00:17	0:24:29	4:53	SENIOR	596	143
641	186	MANUEL CAPELO RIOS	m	PONTEPICOS TRAIL	NO	-1	00:48:52	00:48:29	00:00:24	0:25:02	4:53	VETERANO C	597	75
642	905	ANDRES CABRERA PARDO	m	NINGUNO	NO	-1	00:48:52	00:48:25	00:00:29	0:25:34	4:53	SENIOR	598	144
643	736	ALEJANDRO LAMAS	m	NINGUNO	NO	-1	00:48:53	00:48:55		0:24:09	4:53	VETERANO B	599	253
644	1010	JOSE ENRIQUE RODRÍGUEZ PIÑEIRO	m	NINGUNO	SI	32	00:48:54	00:48:36	00:00:19	0:24:34	4:53	JUNIOR	600	15
645	1387	JOSE IGNACIO CARREIRA CERNADAS	m	SERRES RUNNERS	NO	-1	00:48:55	00:48:21	00:00:35	0:24:38	4:53	VETERANO A	601	111
646	634	PAZ PEÑA VILLAMIDE	f	TARTARUGAS	NO	-1	00:48:57	00:48:44	00:00:14	0:24:58	4:53	VETERANO C	45	2
647	287	DAVID COUTO BLANCO	m	TARTARUGAS	NO	-1	00:48:57	00:48:43	00:00:15	0:25:03	4:53	VETERANO A	602	112
648	1378	IVAN ESTEVEZ LAMAS	m	NINGUNO	NO	-1	00:49:00	00:48:44	00:00:17	0:24:18	4:54	SENIOR	603	145
649	516	ANTONIO MARTINEZ VOCES	m	NINGUNO	NO	-1	00:49:01	00:48:51	00:00:11	0:24:40	4:54	VETERANO B	604	254
650	223	JUAN JOSÉ RODRÍGUEZ BLANCO	m	NINGUNO	NO	-1	00:49:01	00:48:48	00:00:14	0:24:55	4:54	VETERANO B	605	255
651	638	DOLORES REY DA SILVA	f	NINGUNO	NO	-1	00:49:02	00:48:37	00:00:27	0:25:20	4:54	VETERANO B	46	16
652	48	IVAN MIRANDA CAMBRE	m	NOSPORTLIMIT	NO	-1	00:49:03	00:48:38	00:00:27	0:25:03	4:54	VETERANO A	606	113
653	823	EUGENIO PARDO PARDO	m	NINGUNO	NO	-1	00:49:04	00:49:01	00:00:04	0:25:22	4:54	VETERANO B	607	256
654	796	FEANCISCO FERNANDEZ ANTELO	m	NINGUNO	NO	-1	00:49:05	00:48:45	00:00:21	0:24:33	4:54	VETERANO B	608	257
655	571	CARLOS BELMONTE POSE	m	NINGUNO	NO	-1	00:49:06	00:48:42	00:00:25	0:25:22	4:54	VETERANO B	609	258
656	1494	PABLO RAÑA DIEZ	m	NINGUNO	NO	-1	00:49:06	00:48:45	00:00:21	0:24:36	4:54	VETERANO A	610	114
657	418	ALFREDO FERNANDEZ RIOS	m	NINGUNO	NO	-1	00:49:08	00:48:58	00:00:11	0:24:32	4:54	VETERANO B	611	259
658	207	CRIS CASTRO TORRADO	f	NINGUNO	NO	-1	00:49:09	00:48:52	00:00:18	0:25:08	4:54	SENIOR	47	10
659	464	FELIPE CARBÓN SUEIRO	m	CAI ESTRADA	NO	-1	00:49:10	00:48:55	00:00:16	0:24:31	4:54	VETERANO A	612	115
660	912	ALEJANDRO PAZOS LÓPEZ	m	NINGUNO	NO	-1	00:49:10	00:48:56	00:00:15	0:24:52	4:55	VETERANO A	613	116
661	1169	CARMEN BUSTELO MIGUÉNS	f	NINGUNO	NO	-1	00:49:10	00:48:39	00:00:32	0:24:36	4:55	VETERANO A	48	16
662	918	FERNANDO GONZALEZ GRAÑA	m	CAI A ESTRADA	NO	-1	00:49:10	00:48:48	00:00:23	0:24:54	4:55	VETERANO C	614	76
663	654	LAURA RAMOS CUBA	f	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:49:11	00:48:53	00:00:19	0:25:20	4:55	SENIOR	49	11
664	888	VICENTE LOURIDO VÁZQUEZ	m	NINGUNO	NO	-1	00:49:11	00:48:47	00:00:25	0:25:16	4:55	VETERANO A	615	117
665	1593	DAVID DA CAL RODRÍGUEZ	m	NINGUNO	NO	-1	00:49:12	00:48:57	00:00:15	0:24:52	4:55	VETERANO A	616	118
666	268	PABLO REY RODRÍGUEZ	m	ATLETISMO RÍA DE FOZ	NO	-1	00:49:12	00:48:34	00:00:40	0:26:12	4:55	VETERANO A	617	119
667	1028	IGNACIO MANUEL AGEITOS GARCIA	m	NINGUNO	SI	33	00:49:13	00:49:08	00:00:07	0:24:05	4:55	VETERANO B	618	260
668	1420	GERMÁN RODRÍGUEZ GARCÍA	m	NINGUNO	NO	-1	00:49:14	00:49:06	00:00:09	0:24:46	4:55	SENIOR	619	146
669	572	JOSE ANTONIO CASTRO SOUTO	m	TAMBRE BIKE&RUNNING	NO	-1	00:49:14	00:49:03	00:00:12	0:25:23	4:55	VETERANO B	620	261
670	14	MANUEL CANOURA ABEIJON	m	NINGUNO	NO	-1	00:49:16	00:49:04	00:00:13	0:24:50	4:55	VETERANO A	621	120
671	767	LORENA COLLAZO FERNÁNDEZ	f	CLUB ATLETISMO VETERANOS SAMIL	NO	-1	00:49:16	00:48:54	00:00:24	0:25:33	4:55	SENIOR	50	12
672	91	JOSÉ LUIS SUÁREZ FARIÑAS	m	NINGUNO	NO	-1	00:49:17	00:48:33	00:00:46	0:25:29	4:55	VETERANO C	622	77
673	709	MONTSE VEIGA BLANCO	f	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:49:19	00:49:06	00:00:14	0:24:48	4:55	VETERANO C	51	3
674	286	MANUEL FOLGAR ROMAY	m	NINGUNO	NO	-1	00:49:19	00:48:59	00:00:21	0:25:23	4:55	VETERANO C	623	78
675	783	SUSO RAMOS RODRIGUEZ	m	A.D. DOWNHILL	NO	-1	00:49:20	00:49:03	00:00:18	0:25:33	4:56	VETERANO C	624	79
676	477	JESÚS MANUEL FERNANDEZ ESCUDERO	m	NINGUNO	NO	-1	00:49:22	00:49:13	00:00:10	0:24:32	4:56	VETERANO C	625	80

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
677	1640	JUAN MANUEL CALVO CALVO	m	NINGUNO	NO	-1	00:49:24	00:48:56	00:00:29	0:25:19	4:56	VETERANO B	626	262
678	1547	LUIS CALVO CALVO	m	NINGUNO	NO	-1	00:49:24	00:48:58	00:00:27	0:25:18	4:56	VETERANO B	627	263
679	998	HERMINIO CAAMAÑO RIVEIRO	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:49:24	00:48:48	00:00:36	0:24:45	4:56	VETERANO C	628	81
680	890	JESÚS ANTONIO ROMERO OLVEIRA	m	NINGUNO	NO	-1	00:49:24	00:48:52	00:00:33	0:25:20	4:56	VETERANO A	629	121
681	1637	FERNANDO REY ALBARELLOS	m	ALBARELLOS RUNNING TEAM	NO	-1	00:49:26	00:49:06	00:00:21	0:25:12	4:56	VETERANO A	630	122
682	493	ANTONIO FRAGA REGUEIRO	m	NINGUNO	NO	-1	00:49:27	00:49:13	00:00:14	0:24:14	4:56	VETERANO B	631	264
683	33	ADRIAN LOPEZ OJEA	m	NINGUNO	NO	-1	00:49:27	00:49:16	00:00:12	0:24:15	4:56	SENIOR	632	147
684	633	ESTRELLA MOREIRA	f	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:49:29	00:49:21	00:00:09	0:24:38	4:56	VETERANO A	52	17
685	445	MAXI LAGARES CARRO	m	ESPRINTES OURENSE	NO	-1	00:49:29	00:48:57	00:00:33	0:25:49	4:56	VETERANO B	633	265
686	482	ALBERTO REY GARCÍA	m	NINGUNO	NO	-1	00:49:30	00:49:11	00:00:20	0:25:22	4:56	VETERANO B	634	266
687	527	RUBÉN MAIO GIRAUT	m	NINGUNO	NO	-1	00:49:32	00:48:55	00:00:38	0:24:53	4:57	SENIOR	635	148
688	1173	NOEMÍ PENA CARBÓN	f	3&RUN BY PEDRO NIMO	NO	-1	00:49:32	00:49:02	00:00:31	0:25:09	4:57	SENIOR	53	13
689	1556	MANUEL GALIÑANES FERNANDEZ	m	NINGUNO	NO	-1	00:49:32	00:49:01	00:00:32	0:25:23	4:57	VETERANO B	636	267
690	108	MIGUEL DIAZ CARBALLO	m	NINGUNO	NO	-1	00:49:33	00:49:14	00:00:19	0:25:33	4:57	VETERANO C	637	82
691	984	RAFAEL NIETO PEDROSA	m	NINGUNO	NO	-1	00:49:34	00:49:17	00:00:18	0:24:33	4:57	SENIOR	638	149
692	896	FRANCISCO JOSÉ RODRÍGUEZ FERNÁNDEZ	m	NINGUNO	NO	-1	00:49:35	00:49:31	00:00:05	0:24:42	4:57	VETERANO C	639	83
693	460	FRANCISCO MOURE CAÑETE	m	NOITEBRA FC	NO	-1	00:49:35	00:49:31	00:00:06	0:24:36	4:57	VETERANO C	640	84
694	102	IGNACIO BURILLO TERRER	m	NINGUNO	NO	-1	00:49:36	00:48:52	00:00:45	0:25:32	4:57	VETERANO C	641	85
695	1047	IGNACIO TOME POUSO	m	NINGUNO	SI	34	00:49:38	00:49:24	00:00:16	0:24:41	4:57	SENIOR	642	150
696	1441	JOAQUÍN CAAMAÑO	m	NINGUNO	NO	-1	00:49:39	00:49:16	00:00:24	0:25:03	4:57	VETERANO A	643	123
697	51	VALENTIN SOUTO	m	CLUB NATACIÓN ORDES	NO	-1	00:49:40	00:49:08	00:00:33	0:25:49	4:57	VETERANO B	644	268
698	166	RAMON REY GEY	m	TRAN-TRAN	NO	-1	00:49:42	00:49:40	00:00:03	0:25:01	4:58	VETERANO C	645	86
699	209	MARIA DE LOS ANGELES SANCHEZ NAVIA	f	NINGUNO	NO	-1	00:49:42	00:49:40	00:00:04	0:25:02	4:58	VETERANO B	54	17
700	131	FRANCISCO JAVIER LEMA PEREZ	m	NINGUNO	NO	-1	00:49:44	00:49:36	00:00:09	0:24:40	4:58	VETERANO C	646	87
701	566	FERNANDO SESAR SEGADE	m	NINGUNO	NO	-1	00:49:45	00:49:23	00:00:23	0:24:14	4:58	VETERANO A	647	124
702	1581	MARCOS NOYA RÚA	m	NINGUNO	NO	-1	00:49:45	00:49:06	00:00:40	0:25:53	4:58	SENIOR	648	151
703	970	VICTOR MANUEL VILAR REINA	m	AD NÁUTICO NARON	NO	-1	00:49:47	00:49:23	00:00:24	0:25:01	4:58	VETERANO B	649	269
704	886	MIGUEL MAYÁN MARTÍNEZ	m	TRIBU TRAIL	NO	-1	00:49:47	00:49:14	00:00:34	0:25:36	4:58	SENIOR	650	152
705	327	JORGE GÓMEZ CEBEY	m	TAMBRE BIKE&RUNNING	NO	-1	00:49:48	00:49:20	00:00:29	0:25:27	4:58	VETERANO A	651	125
706	530	ÁNGEL CARRILLO PRESEDO	m	NINGUNO	NO	-1	00:49:49	00:49:29	00:00:20	0:25:45	4:58	VETERANO B	652	270
707	1388	JORGE SENDE	m	NINGUNO	NO	-1	00:49:49	00:49:15	00:00:35	0:24:33	4:58	VETERANO A	653	126
708	562	RUBÉN PEÑA LÓPEZ	m	NINGUNO	NO	-1	00:49:50	00:49:24	00:00:28	0:25:27	4:59	VETERANO A	654	127
709	83	JAVIER FERNÁNDEZ FRAGA	m	TALLERES FERBER	NO	-1	00:49:50	00:49:33	00:00:18	0:25:34	4:59	VETERANO C	655	88
710	739	BORJA SANTOS-DÍEZ	m	3&RUN BY PEDRO NIMO	NO	-1	00:49:51	00:49:39	00:00:13	0:25:10	4:59	SENIOR	656	153
711	135	MARIA CORREDOIRA BALEATO	f	3&RUN CLUB DE CORREDORES BY PEDRO	NO	-1	00:49:51	00:49:39	00:00:13	0:25:14	4:59	VETERANO B	55	18
712	183	IAGO BUEZAS ARGIBAY	m	NINGUNO	NO	-1	00:49:52	00:49:36	00:00:17	0:25:12	4:59	SENIOR	657	154
713	1478	RAMÓN GUNDIÁN MARQUE MILLÁN	m	NINGUNO	NO	-1	00:49:53	00:49:44	00:00:11	0:24:43	4:59	VETERANO C	658	89
714	774	GUILLERMO MANEIRO OTERO	m	TRIATLON VILAGARCIA	NO	-1	00:49:54	00:49:52	00:00:03	0:25:02	4:59	VETERANO C	659	90
715	1361	FERNANDO CAMPOS MURAS	m	CCTP-POIO	NO	-1	00:49:55	00:49:55	00:00:01	0:25:22	4:59	VETERANO B	660	271
716	189	JUAN UCHA SOLLA	m	CLUB CICLISMO TRIATLÓN POIO	NO	-1	00:49:57	00:49:56	00:00:01	0:25:22	4:59	VETERANO B	661	272
717	589	GABRIEL ÁLVAREZ CASTRO	m	NINGUNO	NO	-1	00:49:57	00:49:26	00:00:32	0:25:48	4:59	VETERANO B	662	273
718	688	MARÍA LIMERES SUÁREZ	f	NINGUNO	NO	-1	00:49:59	00:49:28	00:00:32	0:25:10	4:59	SENIOR	56	14
719	1091	MANUEL LAGO MOLEDO	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:49:59	00:49:53	00:00:07	0:25:18	4:59	VETERANO C	663	91
720	1451	MIGUEL ÁNGEL PALMERO DOSIL	m	NINGUNO	NO	-1	00:50:00	00:49:46	00:00:15	0:25:42	5:00	VETERANO B	664	274
721	430	XIAN MAYO ESPERANTE	m	NINGUNO	NO	-1	00:50:00	00:49:36	00:00:26	0:25:20	5:00	JUNIOR	665	16
722	557	JAVIER VARELA GÓMEZ	m	3&RUN CLUB DE CORREDORES BY PEDRO	NO	-1	00:50:00	00:49:29	00:00:32	0:25:11	5:00	VETERANO B	666	275
723	578	JORGE MANUEL RAMOS CANOSA	m	NINGUNO	NO	-1	00:50:01	00:49:41	00:00:22	0:25:00	5:00	VETERANO B	667	276
724	1401	FERNANDO TOBIO GÓMEZ	m	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:50:03	00:49:16	00:00:48	0:25:07	5:00	VETERANO B	668	277
725	226	MARTÍN LORENZO VILOUTA	m	NINGUNO	NO	-1	00:50:03	00:49:40	00:00:25	0:25:20	5:00	SENIOR	669	155
726	1396	CARLOS DE NOVOA GÓMEZ	m	NINGUNO	NO	-1	00:50:06	00:49:54	00:00:13	0:23:51	5:00	VETERANO B	670	278
727	1016	IGNACIO TOUZÓN LIJÓ	m	BAJANDODE40.COM	NO	-1	00:50:08	00:49:59	00:00:10	0:25:32	5:00	VETERANO B	671	279
728	142	ANA PEREIRA FERREIRO	f	NINGUNO	NO	-1	00:50:12	00:49:59	00:00:14	0:25:46	5:01	VETERANO B	57	19

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
729	1001	RUBÉN VIDAL MARTINEZ	m	LOS CHAVALES	NO	-1	00:50:15	00:50:00	00:00:15	0:24:44	5:01	VETERANO A	672	128
730	840	JOSE BAÑA MOLEDO	m	CLUB ATLETISMO LOUSAME	NO	-1	00:50:20	00:50:01	00:00:20	0:25:44	5:01	VETERANO A	673	129
731	1182	MARGARITA BLANCO DIEGUEZ	f	ESCOLA ATLETISMO DEZA	NO	-1	00:50:21	00:50:17	00:00:06	0:25:40	5:02	VETERANO B	58	20
732	1501	JAVIER ASOREY RIVAS	m	NINGUNO	NO	-1	00:50:22	00:49:48	00:00:35	0:25:23	5:02	VETERANO B	674	280
733	75	ÓSCAR VIDAL RODRÍGUEZ	m	NINGUNO	NO	-1	00:50:24	00:49:59	00:00:25	0:25:32	5:02	VETERANO A	675	130
734	1398	ABEL BÓVEDA GAY	m	NINGUNO	NO	-1	00:50:24	00:50:21	00:00:04	0:25:27	5:02	VETERANO B	676	281
735	637	BELÉN NOYA PEREZ	f	ATLETISMO FONTES DE SAR	NO	-1	00:50:25	00:50:12	00:00:14	0:24:48	5:02	VETERANO B	59	21
736	1625	CRISTIAN CARNOTA COSTOYA	m	NINGUNO	NO	-1	00:50:26	00:49:45	00:00:41	0:26:02	5:02	VETERANO A	677	131
737	743	MANUEL ALVAREZ RODRIGUEZ	m	NINGUNO	NO	-1	00:50:28	00:49:46	00:00:43	0:26:26	5:02	VETERANO C	678	92
738	1545	DIEGO NUÑEZ GONZALEZ	m	NINGUNO	NO	-1	00:50:28	00:50:00	00:00:29	0:25:31	5:02	VETERANO B	679	282
739	454	JAVIER PEREIRA GONZÁLEZ	m	CLUB ATLETISMO SADA	NO	-1	00:50:29	00:50:15	00:00:15	0:25:33	5:02	VETERANO C	680	93
740	1208	VANESA TUBÍO TUBÍO	f	CLUB ATLETISMO LOUSAME	NO	-1	00:50:29	00:50:10	00:00:20	0:25:44	5:02	SENIOR	60	15
741	227	NICANOR ANTONIO FRECHA ARUFE	m	NINGUNO	NO	-1	00:50:30	00:50:01	00:00:31	0:25:43	5:03	SENIOR	681	156
742	71	PABLO GONZÁLEZ GONZÁLEZ	m	NINGUNO	NO	-1	00:50:33	00:50:22	00:00:12	0:25:50	5:03	VETERANO C	682	94
743	491	CARLOS SALVADO BERMÚDEZ	m	NINGUNO	NO	-1	00:50:35	00:49:56	00:00:40	0:26:08	5:03	VETERANO A	683	132
744	515	ANDRES IGLESIAS LOPEZ	m	NINGUNO	NO	-1	00:50:36	00:50:22	00:00:16	0:25:35	5:03	VETERANO C	684	95
745	80	AGUSTÍN CES MARTÍNEZ	m	NINGUNO	NO	-1	00:50:37	00:50:11	00:00:28	0:25:43	5:03	VETERANO B	685	283
746	689	ISABEL GARCÍA FERNÁNDEZ	f	ATLETISMO FONTES DE SAR	NO	-1	00:50:40	00:50:26	00:00:15	0:25:08	5:03	VETERANO B	61	22
747	858	MARIO ARUFE SANTAMARIA	m	ATLETISMO NOIA	NO	-1	00:50:40	00:50:19	00:00:21	0:24:46	5:03	VETERANO C	686	96
748	266	SANTIAGO RECAMAN	m	NINGUNO	NO	-1	00:50:41	00:50:03	00:00:40	0:27:23	5:04	VETERANO B	687	284
749	173	JOSE VICENTE FIGUEROA CHARLIN	m	NINGUNO	NO	-1	00:50:45	00:50:22	00:00:24	0:25:08	5:04	VETERANO B	688	285
750	1002	JAIME LÓPEZ SÁNCHEZ	m	NINGUNO	NO	-1	00:50:46	00:50:21	00:00:25	0:26:01	5:04	VETERANO C	689	97
751	872	EDUARDO IGLESIAS SAMPEDRO	m	SACHACAMIÑOS	NO	-1	00:50:46	00:50:27	00:00:20	0:26:01	5:04	VETERANO B	690	286
752	483	DIEGO VAZQUEZ BENDAÑA	m	CLUB DEPORTIVO ARZUA	NO	-1	00:50:47	00:50:17	00:00:31	0:25:48	5:04	SENIOR	691	157
753	475	ALBERT CARBALLAL IGLESIAS	m	A.D.MEDIADUCIA	NO	-1	00:50:47	00:50:34	00:00:14	0:25:57	5:04	VETERANO A	692	133
754	564	DANIEL FERREIRO CARBALLEIRA	m	NINGUNO	NO	-1	00:50:48	00:50:38	00:00:11	0:25:26	5:04	SENIOR	693	158
755	96	CARLOS GARCÍA PÉREZ	m	NINGUNO	NO	-1	00:50:48	00:50:35	00:00:14	0:25:38	5:04	VETERANO B	694	287
756	596	RAMIRO PAMPIN SOUTO	m	NINGUNO	NO	-1	00:50:49	00:50:22	00:00:28	0:25:43	5:04	VETERANO B	695	288
757	563	DAVID OTERO MARTÍNEZ	m	NINGUNO	NO	-1	00:50:51	00:50:22	00:00:30	0:25:48	5:05	VETERANO A	696	134
758	1144	MONTSERRAT VIÑAS ABEIJÓN	f	NINGUNO	NO	-1	00:50:52	00:50:24	00:00:29	0:26:05	5:05	VETERANO B	62	23
759	85	ENRIQUE GANDARA ULLOA	m	CLUB ATLETAS DE ACEA DA MA	NO	-1	00:50:52	00:50:33	00:00:20	0:26:03	5:05	VETERANO C	697	98
760	1571	JESÚS NUÑEZ MERA	m	NINGUNO	NO	-1	00:50:54	00:50:20	00:00:35	0:26:13	5:05	VETERANO C	698	99
761	863	CAMILO SERANTES MANEIRO	m	ADC ARNELA	SI	35	00:50:54	00:50:32	00:00:22	0:25:11	5:05	VETERANO C	699	100
762	1425	LUIS ANDRES TUBIO BARREIRO	m	CASTROSUA TRAIL RUNNING	NO	-1	00:50:54	00:50:44	00:00:10	0:25:22	5:05	SENIOR	700	159
763	1244	ELENA TOREA TOREA	f	CLUB ATLETISMO LOUSAME	NO	-1	00:50:54	00:50:35	00:00:20	0:25:44	5:05	VETERANO B	63	24
764	1699	MONICA GARCÍA ASOREY	f	CRUCESRUNNER	NO	-1	00:50:54	00:50:28	00:00:27	0:25:57	5:05	VETERANO B	64	25
765	1426	RAMÓN SENLLE SAEZ	m	CASTROSUA TRAIL RUNNING	NO	-1	00:50:54	00:50:45	00:00:11	0:25:25	5:05	SENIOR	701	160
766	326	ELADIO MENDEZ CASAL	m	NINGUNO	NO	-1	00:50:54	00:50:32	00:00:23	0:25:59	5:05	VETERANO C	702	101
767	333	JOSE MANUEL DURO DURO	m	CASTRUSUA TRAIL RUNING	NO	-1	00:50:54	00:50:44	00:00:11	0:25:23	5:05	VETERANO B	703	289
768	1006	MARTIN CARREÑO GONZALEZ	m	NINGUNO	NO	-1	00:50:56	00:50:39	00:00:18	0:25:50	5:05	JUNIOR	704	17
769	1100	MARIO CARREÑO CARLEOS	m	NINGUNO	NO	-1	00:50:57	00:50:41	00:00:17	0:25:50	5:05	VETERANO B	705	290
770	1558	VICENTE MARTÍNEZ LEGASPI	m	NINGUNO	NO	-1	00:50:59	00:50:22	00:00:37	0:25:13	5:05	VETERANO B	706	291
771	605	FABIÁN SANTOS POSE	m	AUTONOMICO INDEPENDIENTE	NO	-1	00:51:04	00:50:57	00:00:08	0:26:04	5:06	VETERANO A	707	135
772	466	MANUEL CRESPO RODIL	m	NINGUNO	NO	-1	00:51:05	00:50:51	00:00:15	0:25:35	5:06	VETERANO C	708	102
773	1567	JUAN CARLOS ALADRO FERNÁNDEZ	m	NINGUNO	NO	-1	00:51:09	00:50:37	00:00:33	0:26:05	5:06	VETERANO C	709	103
774	38	ROGELIO GRANJA MENDEZ	m	NINGUNO	NO	-1	00:51:11	00:50:52	00:00:20	0:25:44	5:07	VETERANO C	710	104
775	487	ANDRES PAZOS TRONCEDA	m	NINGUNO	NO	-1	00:51:15	00:50:50	00:00:26	0:26:11	5:07	VETERANO A	711	136
776	1125	JUAN CID	m	677 63 54 59	NO	-1	00:51:16	00:51:07	00:00:10	0:25:46	5:07	VETERANO A	712	137
777	346	RUBEN SAAVEDRA ASOREY	m	NINGUNO	NO	-1	00:51:16	00:50:33	00:00:44	0:26:38	5:07	SENIOR	713	161
778	197	TINO MEIS	m	CLUB CICLISMO TRIATLÓN POIO	NO	-1	00:51:16	00:50:55	00:00:22	0:25:02	5:07	VETERANO B	714	292
779	1562	JOSE MANUEL PAZO PEREIRA	m	CLUB TRIATHLON MOTOBIKE POIO GALAICO	NO	-1	00:51:17	00:50:54	00:00:24	0:25:02	5:07	VETERANO B	715	293
780	821	SERXIO VEIGA ALONSO	m	NINGUNO	NO	-1	00:51:19	00:50:34	00:00:47	0:27:32	5:07	SENIOR	716	162

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
781	177	ALEX LISTE	m	CLUB CICLISMO TRIATLÓN POIO	NO	-1	00:51:22	00:51:01	00:00:23	0:25:38	5:08	VETERANO B	717	294
782	347	ÓSCAR OTERO	m	USC	NO	-1	00:51:22	00:50:55	00:00:28	0:28:39	5:08	SENIOR	718	163
783	1052	ISAÍAS CALVO DE LA UZ	m	NINGUNO	NO	-1	00:51:23	00:50:53	00:00:31	0:26:25	5:08	VETERANO B	719	295
784	902	JOSÉ LUIS MANEIRO MOREIRA	m	NINGUNO	SI	36	00:51:24	00:50:43	00:00:42	0:25:24	5:08	SENIOR	720	164
785	1495	ANTONINIO BOUZAS TEIRA	m	NINGUNO	NO	-1	00:51:24	00:50:54	00:00:31	0:26:33	5:08	VETERANO A	721	138
786	480	RAMON GOMEZ RIVADULLA	m	NINGUNO	NO	-1	00:51:24	00:51:07	00:00:19	0:26:08	5:08	VETERANO C	722	105
787	844	ALBERTO FIGUEIRAS CALVIÑO	m	NINGUNO	NO	-1	00:51:25	00:51:23	00:00:03	0:28:12	5:08	VETERANO A	723	139
788	517	JUAN RIAL GALLEGÓ	m	ATLETISMO FONTES DE SAR	NO	-1	00:51:26	00:51:06	00:00:22	0:25:25	5:08	VETERANO C	724	106
789	198	FRANCISCO GARCÍA CARRO	m	NINGUNO	NO	-1	00:51:27	00:51:01	00:00:27	0:25:41	5:08	VETERANO B	725	296
790	1537	RAMÓN MONTEAGUDO DOMÍNGUEZ	m	NINGUNO	NO	-1	00:51:29	00:50:50	00:00:40	0:26:34	5:08	VETERANO A	726	140
791	1008	ALBERTO BARRAL AGRASO	m	NINGUNO	NO	-1	00:51:31	00:51:21	00:00:11	0:24:50	5:09	SENIOR	727	165
792	1000	MARCIAL DE MARTÍN VÁZQUEZ	m	NINGUNO	NO	-1	00:51:31	00:51:14	00:00:18	0:25:40	5:09	VETERANO C	728	107
793	915	JOSE DURAN	m	NINGUNO	NO	-1	00:51:33	00:51:13	00:00:21	0:25:56	5:09	VETERANO C	729	108
794	974	MARCOS CANDAMO FERNANDEZ	m	NINGUNO	NO	-1	00:51:37	00:51:11	00:00:27	0:26:54	5:09	VETERANO B	730	297
795	1583	MARTÍN CALO GARCÍA	m	NINGUNO	NO	-1	00:51:39	00:51:03	00:00:37	0:27:05	5:09	SENIOR	731	166
796	1568	ALFONSO RUEDA VALENZUELA	m	NINGUNO	NO	-1	00:51:40	00:51:08	00:00:33	0:26:09	5:09	VETERANO C	732	109
797	363	MANOLO GÓMEZ RODRÍGUEZ	m	ATLETISMO A ESTRADA	NO	-1	00:51:40	00:51:05	00:00:36	0:26:04	5:09	VETERANO B	733	298
798	1411	MANUEL IGLESIAS UZAL	m	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:51:44	00:51:38	00:00:07	0:26:10	5:10	VETERANO C	734	110
799	1019	JOSÉ MANUEL MAYO CAAMAÑO	m	VENDAVAL ESTEIRO	NO	-1	00:51:48	00:51:32	00:00:17	0:26:17	5:10	VETERANO B	735	299
800	977	JESÚS MARTÍNEZ SÁNCHEZ	m	NINGUNO	NO	-1	00:51:49	00:51:29	00:00:21	0:25:39	5:10	VETERANO B	736	300
801	1459	ROBERTO TABOADA PATIÑO	m	A.C.D. A FONTE	NO	-1	00:51:54	00:51:40	00:00:15	0:24:07	5:11	VETERANO B	737	301
802	230	ROGELIO SAADRA CEPEDA	m	NINGUNO	NO	-1	00:51:55	00:51:12	00:00:44	0:26:38	5:11	VETERANO C	738	111
803	1179	LAURA PÉREZ ANTELO	f	NINGUNO	NO	-1	00:51:55	00:51:50	00:00:06	0:26:05	5:11	VETERANO A	65	18
804	1638	HUMBERTO ALVAREZ OTERO	m	INDALSU	NO	-1	00:51:57	00:51:23	00:00:35	0:27:07	5:11	VETERANO A	739	141
805	671	ROSA MOURAZOS OTERO	f	NINGUNO	NO	-1	00:52:01	00:51:34	00:00:28	0:25:59	5:12	VETERANO B	66	26
806	756	JUAN RÍOS REY	m	NINGUNO	NO	-1	00:52:03	11:41:12		0:26:40	5:12	VETERANO B	740	302
807	1062	PEDRO JOSÉ DOMÍNGUEZ GARCÍA	m	NINGUNO	NO	-1	00:52:05	00:51:33	00:00:33	0:26:19	5:12	SENIOR	741	167
808	505	JORGE ALBERTO HERNÁNDEZ GIADÁNS	m	NINGUNO	NO	-1	00:52:08	00:51:56	00:00:13	0:25:54	5:12	VETERANO C	742	112
809	498	ALVARO PAINCEIRA FERRACES	m	NINGUNO	NO	-1	00:52:08	00:51:56	00:00:13	0:25:55	5:12	VETERANO C	743	113
810	588	DAVID RIOLA POSE	m	NINGUNO	NO	-1	00:52:08	00:51:24	00:00:45	0:26:35	5:12	VETERANO B	744	303
811	368	SANTIAGO CONS LAMAS	m	TARTARUGAS	NO	-1	00:52:10	00:51:34	00:00:37	0:26:34	5:12	VETERANO A	745	142
812	1698	SUSANA PAIS BOUZÓN	f	MGM	NO	-1	00:52:12	00:51:48	00:00:24	0:26:45	5:13	VETERANO B	67	27
813	1056	JOSÉ RIAL PAIS	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:52:12	00:52:07	00:00:06	0:26:38	5:13	VETERANO C	746	114
814	1093	JOSE MANUEL CANIVE DOMINGUEZ	m	NINGUNO	SI	37	00:52:13	00:51:45	00:00:29	0:26:18	5:13	VETERANO A	747	143
815	1555	MANUEL ANGEL VILARIÑO ABEIJON	m	NINGUNO	NO	-1	00:52:15	00:52:05	00:00:11	0:25:58	5:13	VETERANO B	748	304
816	919	JOSÉ ALBERTO SEGADÉ OTERO	m	NINGUNO	NO	-1	00:52:16	00:51:43	00:00:34	0:27:52	5:13	VETERANO B	749	305
817	686	MERCEDES BLANCO AMBOAGE	f	NINGUNO	NO	-1	00:52:16	00:52:02	00:00:15	0:26:07	5:13	VETERANO C	68	4
818	423	SERGIO ÁNGEL BALADO MOSQUERA	m	NINGUNO	NO	-1	00:52:16	00:52:02	00:00:15	0:26:07	5:13	VETERANO B	750	306
819	1087	DIEGO QUEIRUGA VILAS	m	INCOR AUTOVIDRIO	SI	38	00:52:17	00:52:06	00:00:12	0:24:37	5:13	JUNIOR	751	18
820	703	MARIA JESUS (CHUS) GARCIA PENA	f	TAMBRE BIKE&RUNNING	NO	-1	00:52:17	00:51:34	00:00:44	0:26:45	5:13	VETERANO A	69	19
821	314	VÍCTOR AREOSA NOVO	m	NINGUNO	NO	-1	00:52:17	00:51:59	00:00:20	0:25:37	5:13	VETERANO A	752	144
822	620	MARÍA CODESIDO MONTOIRO	f	NOITEBRA FC	NO	-1	00:52:17	00:51:34	00:00:44	0:27:30	5:13	VETERANO B	70	28
823	892	MIGUEL BOUZAS FERNANDEZ	m	NINGUNO	NO	-1	00:52:18	00:51:36	00:00:44	0:26:22	5:13	JUNIOR	753	19
824	1164	JULIA DEL RÍO MOSQUERA	f	NINGUNO	SI	6	00:52:20	00:51:36	00:00:45	0:26:51	5:13	VETERANO B	71	29
825	1541	DAVID FERNÁNDEZ REGO	m	ADC ARNELA	SI	39	00:52:20	00:51:36	00:00:45	0:26:50	5:13	VETERANO A	754	145
826	1617	ROBERTO RUIZ RUMBO	m	NINGUNO	NO	-1	00:52:20	00:52:24		0:26:02	5:14	VETERANO C	755	115
827	1585	JOSE MANUEL LEMOS ALBOR	m	NINGUNO	NO	-1	00:52:22	00:51:59	00:00:23	0:25:42	5:14	SENIOR	756	168
828	1187	CRISTINA CARREGAL FERNÁNDEZ	f	NINGUNO	NO	-1	00:52:23	00:51:47	00:00:37	0:27:22	5:14	VETERANO A	72	20
829	1206	SUSANA MÍGUEZ SAMPEDRO	f	ADC ARNELA	NO	-1	00:52:23	00:51:43	00:00:42	0:27:07	5:14	VETERANO B	73	30
830	497	MANUEL MARÍA CRESPO MARTÍNEZ	m	NINGUNO	NO	-1	00:52:27	00:52:14	00:00:14	0:26:22	5:14	VETERANO B	757	307
831	1215	CARMEN VIÑAS ABEIJON	f	NINGUNO	NO	-1	00:52:27	00:51:58	00:00:30	0:26:39	5:14	VETERANO B	74	31
832	1483	FERNANDO BEIRO GARCIA	m	NINGUNO	NO	-1	00:52:27	00:52:10	00:00:18	0:26:55	5:14	VETERANO C	758	116

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
833	1037	JOSE RAMON SANTOS LAMPON	m	FLOW PILATES & TRAINING	NO	-1	00:52:27	00:52:02	00:00:27	0:27:03	5:14	VETERANO A	759	146
834	1193	MARÍA GARCÍA CASTELO	f	CLUB ATLETISMO LOUSAME	NO	-1	00:52:27	00:52:08	00:00:20	0:26:12	5:14	VETERANO A	75	21
835	859	JOSE MANUEL PEDROSA MAYO	m	PONTE TRAIL	NO	-1	00:52:29	00:51:55	00:00:35	0:27:16	5:14	VETERANO A	760	147
836	862	LITO RODRIGUEZ POUSO	m	NINGUNO	SI	40	00:52:34	00:52:08	00:00:27	0:26:40	5:15	VETERANO B	761	308
837	152	MARICARMEN RODRIGUEZ GOLÁN	f	NINGUNO	NO	-1	00:52:35	00:51:58	00:00:37	0:27:00	5:15	VETERANO B	76	32
838	1506	ESTANISLAO FRANCISCO FERNÁNDEZ INSUA	m	HAI QUE SER LEGALES	NO	-1	00:52:37	00:52:29	00:00:09	0:26:47	5:15	VETERANO C	762	117
839	1723	MARÍA GÓMEZ REINO	f	NINGUNO	NO	-1	00:52:40	00:52:19	00:00:22	0:26:12	5:16	VETERANO B	77	33
840	1604	GUMERSINDO MONTEAGUDO DOMÍNGUEZ	m	NINGUNO	NO	-1	00:52:43	00:52:03	00:00:41	0:26:48	5:16	VETERANO B	763	309
841	790	JAVIER RODRIGUEZ RIVERA	m	ONE LAP HEROES	NO	-1	00:52:45	00:51:59	00:00:47	0:27:33	5:16	SENIOR	764	169
842	1510	GONZALO VARELA DE LA TORRE	m	NINGUNO	NO	-1	00:52:47	00:52:28	00:00:21	0:26:04	5:16	VETERANO B	765	310
843	137	SILVIA SÁNCHEZ BASCOY	f	NINGUNO	NO	-1	00:52:52	00:52:40	00:00:14	0:26:33	5:17	VETERANO C	78	5
844	419	RAFAEL SEÑARIS GONZALEZ	m	CLUB SOCIAL BANCO PASTOR	NO	-1	00:52:54	00:52:32	00:00:24	0:26:20	5:17	VETERANO C	766	118
845	829	JOSE SEGUNDO LOPEZ HERMO	m	ATLETISMO NOIA	NO	-1	00:52:56	00:52:36	00:00:21	0:26:49	5:17	VETERANO C	767	119
846	604	MANUEL TRIGO BAO	m	NINGUNO	NO	-1	00:53:00	00:52:56	00:00:05	0:25:49	5:18	VETERANO B	768	311
847	755	BENIGNO MIGUEZ SAN ISIDRO	m	KELTIC VIGO	NO	-1	00:53:00	00:52:37	00:00:24	0:26:18	5:18	SENIOR	769	170
848	979	MANUEL AGRASO SANTOS	m	NINGUNO	NO	-1	00:53:08	00:52:35	00:00:34	0:26:59	5:18	VETERANO B	770	312
849	865	ROBERTO GONZÁLEZ MIGUÉNS	m	CLUB ATLESTISMO NOIA	NO	-1	00:53:09	00:52:49	00:00:21	0:26:54	5:18	VETERANO C	771	120
850	1569	ROGELIO VINAGRE MARIÑO	m	NINGUNO	NO	-1	00:53:12	00:52:47	00:00:26	0:27:27	5:19	VETERANO C	772	121
851	1619	ENRIQUE PASEIRO	m	NINGUNO	NO	-1	00:53:13	00:52:52	00:00:22	0:25:59	5:19	VETERANO C	773	122
852	722	ALEJANDRA VARELA FONTELA	f	NINGUNO	NO	-1	00:53:13	00:53:11	00:00:03	0:25:47	5:19	VETERANO B	79	34
853	299	JUAN FERNANDEZ BALADO	m	NINGUNO	NO	-1	00:53:14	00:53:12	00:00:03	0:25:46	5:19	VETERANO B	774	313
854	525	JAVIER PAIS RODRÍGUEZ	m	NINGUNO	NO	-1	00:53:15	00:52:47	00:00:29	0:26:53	5:19	SENIOR	775	171
855	681	ANA GARCIA RIEIRO	f	NINGUNO	NO	-1	00:53:18	00:52:39	00:00:40	0:27:40	5:19	SENIOR	80	16
856	1536	JOSÉ CARLOS SÁNCHEZ MOUGÁN	m	NINGUNO	NO	-1	00:53:20	00:52:57	00:00:24	0:26:33	5:19	VETERANO A	776	148
857	972	RAMIRO MACEIRAS PRIEGUE	m	NINGUNO	NO	-1	00:53:23	00:53:21	00:00:03	0:28:12	5:20	VETERANO A	777	149
858	1224	BRENDA NOIR	f	FLOW PILATES & TRAINING	NO	-1	00:53:24	00:52:58	00:00:27	0:27:03	5:20	SENIOR	81	17
859	535	DAVID GARCÍA GARCÍA	m	NINGUNO	NO	-1	00:53:26	00:52:47	00:00:40	0:27:48	5:20	VETERANO A	778	150
860	630	SARA COSTA FAYA	f	CLUB ATLETISMO O PINO	NO	-1	00:53:29	00:53:03	00:00:27	0:27:02	5:20	SENIOR	82	18
861	191	ROBERTO SÓÑORA JURADO	m	NINGUNO	NO	-1	00:53:29	00:52:52	00:00:39	0:27:46	5:20	VETERANO B	779	314
862	745	JOSE MANUEL GARCIA BLANCO	m	NINGUNO	NO	-1	00:53:30	00:52:43	00:00:48	0:27:23	5:21	VETERANO B	780	315
863	898	JOSE MIGUEL NEO CASAL	m	NINGUNO	NO	-1	00:53:30	00:52:49	00:00:42	0:27:23	5:21	VETERANO B	781	316
864	1111	ISIDORO FEIJÓO ANSEÁN	m	NINGUNO	NO	-1	00:53:31	00:53:29	00:00:03	0:27:29	5:21	VETERANO C	782	123
865	971	SERGIO VAZQUEZ FEIJOO	m	MOTOCUBO ENDURO LUCENSE	NO	-1	00:53:32	00:52:51	00:00:41	0:27:29	5:21	VETERANO B	783	317
866	1285	DAMIAN ALVAREZ TAJES	m	ASICSFRONTRUNNER	NO	-1	00:53:32	00:53:29	00:00:04	0:24:54	5:21	SENIOR	784	172
867	1155	MARIA RODRIGUEZ LOBAGUEIRA	f	NINGUNO	NO	-1	00:53:35	00:53:08	00:00:28	0:27:21	5:21	VETERANO C	83	6
868	895	ALEJANDRO LOJO RODRIGUEZ	m	NINGUNO	NO	-1	00:53:35	00:53:08	00:00:28	0:27:21	5:21	SENIOR	785	173
869	676	JULIA MATO CACHAFEIRO	f	NINGUNO	NO	-1	00:53:35	00:52:54	00:00:42	0:27:42	5:21	VETERANO B	84	35
870	522	VICTOR JAVIER PEREZ COSTA	m	NINGUNO	NO	-1	00:53:35	00:52:55	00:00:42	0:27:41	5:21	VETERANO B	786	318
871	1438	DANIEL TORRADO MAYÁN	m	NINGUNO	NO	-1	00:53:36	00:53:18	00:00:19	0:27:57	5:21	SENIOR	787	174
872	759	ENRIQUE MARTÍNEZ DOMÍNGUEZ	m	BEER RUNNERS	NO	-1	00:53:36	00:53:02	00:00:35	0:27:44	5:21	VETERANO C	788	124
873	1203	LARA TORRADO FERNÁNDEZ	f	NINGUNO	NO	-1	00:53:36	00:53:18	00:00:19	0:27:57	5:21	SENIOR	85	19
874	340	MANUEL JUAN BLANCO GABIN	m	NINGUNO	NO	-1	00:53:36	00:53:00	00:00:37	0:27:26	5:21	VETERANO C	789	125
875	355	PABLO RIVEIRO FORJAN	m	NINGUNO	NO	-1	00:53:37	00:53:01	00:00:37	0:27:55	5:21	SENIOR	790	175
876	760	JOSE REY PEROL	m	NINGUNO	NO	-1	00:53:37	00:53:10	00:00:29	0:27:39	5:21	SENIOR	791	176
877	1030	CARLOS CORRAL PAZOS	m	FLOW PILATES & TRAINING	NO	-1	00:53:37	00:53:10	00:00:29	0:27:46	5:21	VETERANO C	792	126
878	1690	SARA SÓÑORA LÓPEZ	f	NINGUNO	NO	-1	00:53:40	00:53:25	00:00:16	0:27:00	5:22	SENIOR	86	20
879	1502	PEDRO PETEIRO ROSENDE	m	RUNNING OLEIROS	NO	-1	00:53:40	00:53:25	00:00:16	0:26:32	5:22	VETERANO B	793	319
880	253	JORGE VILLAR MIRANDA	m	NINGUNO	NO	-1	00:53:41	00:53:18	00:00:24	0:27:12	5:22	VETERANO B	794	320
881	587	ARKAITZ FERNANDEZ BARREIRO	m	NINGUNO	NO	-1	00:53:42	00:53:10	00:00:33	0:25:26	5:22	VETERANO B	795	321
882	1103	ALEJANDRO FEIJÓO GUERRERO	m	NINGUNO	NO	-1	00:53:42	00:53:41	00:00:02	0:27:29	5:22	VETERANO A	796	151
883	141	OLGA POSE CHOUCIÑO	f	PONTERIDERS	NO	-1	00:53:43	00:53:13	00:00:31	0:27:27	5:22	VETERANO B	87	36
884	1333	JOSÉ VÁZQUEZ GONZÁLEZ	m	NINGUNO	NO	-1	00:53:49	00:53:53		0:27:21	5:22	VETERANO C	797	127

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
885	1065	DANIEL CASTRO PEDROSA	m	CLUBE ATLETISMO OUTES	NO	-1	00:53:50	00:53:04	00:00:47	0:28:02	5:23	VETERANO B	798	322
886	917	MARTIN LESTON MENDEZ	m	NINGUNO	SI	41	00:53:53	00:53:22	00:00:32	0:26:50	5:23	SENIOR	799	177
887	171	CARLOS PEITEADO ASOREY	m	NINGUNO	NO	-1	00:53:54	00:53:13	00:00:42	0:27:49	5:23	VETERANO A	800	152
888	331	JAVIER RODRIGUEZ DOPICO	m	NINGUNO	NO	-1	00:53:55	00:53:39	00:00:17	0:26:32	5:23	SENIOR	801	178
889	1429	WALTER BELTRÁN ROMERO	m	NINGUNO	NO	-1	00:53:55	00:53:39	00:00:18	0:26:32	5:23	SENIOR	802	179
890	702	BÁRBARA SANZ MENDUGUCHIA	f	CLUB ATLETISMO O PINO	NO	-1	00:53:58	00:53:32	00:00:27	0:27:25	5:23	VETERANO A	88	22
891	1666	MARIA GONZÁLEZ PEREZ	f	NINGUNO	NO	-1	00:54:01	00:53:25	00:00:37	0:26:28	5:24	SENIOR	89	21
892	19	JOSE LUIS OUJO POUSO	m	NINGUNO	SI	42	00:54:03	00:53:28	00:00:35	0:27:59	5:24	VETERANO B	803	323
893	1399	MIGUEL MOSQUERA MONTERO	m	NINGUNO	NO	-1	00:54:05	00:53:47	00:00:18	0:26:47	5:24	VETERANO B	804	324
894	256	MIGUEL TABOADA PENAS	m	NINGUNO	NO	-1	00:54:06	00:53:32	00:00:35	0:28:40	5:24	VETERANO B	805	325
895	1515	LUISA ANIDO RODRÍGUEZ	f	URBAN RUNNERS CLUB SANTIAGO	NO	-1	00:54:06	00:53:29	00:00:38	0:27:45	5:24	SENIOR	90	22
896	899	FRAN AMENEIRO MARTINEZ	m	NINGUNO	NO	-1	00:54:07	00:53:27	00:00:41	0:27:19	5:24	SENIOR	806	180
897	850	ANGEL TRILLO BLANCO	m	CPC TOXO	NO	-1	00:54:07	00:53:27	00:00:41	0:27:16	5:24	VETERANO A	807	153
898	792	MARTIN AGRASAR CES	m	CPC TOXO	NO	-1	00:54:08	00:53:28	00:00:41	0:27:18	5:24	SENIOR	808	181
899	1481	RAMIRO TABOADA GONZÁLEZ	m	RUNNING LUSEKELO	NO	-1	00:54:10	00:54:08	00:00:04	0:25:57	5:25	VETERANO C	809	128
900	1573	MANUEL FUENTES MARTÍNEZ	m	INDALSU	NO	-1	00:54:14	00:53:36	00:00:39	0:28:37	5:25	VETERANO C	810	129
901	871	ANGEL MARTINEZ CALO	m	NINGUNO	NO	-1	00:54:18	00:53:54	00:00:26	0:27:27	5:25	VETERANO C	811	130
902	520	MANUEL JOSE GÓMEZ FERNANDEZ	m	NINGUNO	NO	-1	00:54:19	00:53:45	00:00:34	0:28:38	5:25	VETERANO B	812	326
903	1201	MARÍA VANESSA LEON VIÑAS	f	ATLETISMO SAR VERMÚ PETRONI	NO	-1	00:54:20	00:53:57	00:00:24	0:27:08	5:25	VETERANO A	91	23
904	1701	NURIA SERRA POMAR	f	NINGUNO	NO	-1	00:54:26	00:53:44	00:00:43	0:27:51	5:26	VETERANO B	92	37
905	1647	JOSE CERQUEIRO CONDE	m	TAMBRE BIKE & RUNNING	NO	-1	00:54:29	00:53:45	00:00:45	0:27:24	5:26	VETERANO C	813	131
906	499	FRANCISCO JAVIER SUÁREZ BERMÚDEZ	m	NINGUNO	NO	-1	00:54:31	00:53:52	00:00:40	0:28:06	5:27	VETERANO B	814	327
907	590	DANIEL GARCÍA POUSO	m	NINGUNO	NO	-1	00:54:33	00:54:02	00:00:32	0:27:10	5:27	SENIOR	815	182
908	431	GONZALO ÁLVAREZ PRADO	m	CLUB K2 ORDES	NO	-1	00:54:34	00:54:01	00:00:34	0:28:02	5:27	VETERANO C	816	132
909	714	LUISA IGLESIAS VILLANUEVA	f	CAI ESTRADA	NO	-1	00:54:37	00:54:20	00:00:17	0:27:46	5:27	VETERANO B	93	38
910	200	DANIEL RICHARTE CARBALLO	m	MÁIS QUE AUGA	NO	-1	00:54:41	00:54:09	00:00:33	0:27:31	5:28	SENIOR	817	183
911	367	MARCOS GARCÍA ALVAREZ	m	NINGUNO	NO	-1	00:54:46	00:54:37	00:00:11	0:26:07	5:28	SENIOR	818	184
912	359	IAGO MARTÍNEZ CASAL	m	NINGUNO	NO	-1	00:54:55	00:54:43	00:00:13	0:28:06	5:29	VETERANO B	819	328
913	243	XOSEMARIA RODRIGUEZ FERNANDEZ	m	TRIBU TRAIL	NO	-1	00:54:55	00:54:43	00:00:13	0:28:07	5:29	VETERANO B	820	329
914	1609	JOSÉ EIRAS SÁNCHEZ	m	NINGUNO	NO	-1	00:54:56	00:54:30	00:00:27	0:26:44	5:29	VETERANO B	821	330
915	1412	ANDRÉS GONZÁLEZ GARCÍA	m	CASTRO DE LOBADIZ (FERROL)	NO	-1	00:55:01	00:54:27	00:00:35	0:28:34	5:30	VETERANO C	822	133
916	1026	JOSÉ ANTONIO CORRALES VIDAL	m	NINGUNO	SI	43	00:55:03	00:54:44	00:00:20	0:27:55	5:30	VETERANO B	823	331
917	132	JOSÉ ANTONIO VÁZQUEZ LISTE	m	NINGUNO	NO	-1	00:55:03	00:54:36	00:00:29	0:28:20	5:30	VETERANO A	824	154
918	1635	ELOY FERNANDEZ BREA	m	NINGUNO	NO	-1	00:55:05	00:54:26	00:00:40	0:27:50	5:30	SENIOR	825	185
919	1532	BRAIS VICENTE PARDAL	m	NINGUNO	NO	-1	00:55:08	00:54:54	00:00:15	0:27:32	5:30	SENIOR	826	186
920	593	LUIS CASTELO CAAMAÑO	m	NINGUNO	NO	-1	00:55:12	00:54:43	00:00:29	0:27:39	5:31	SENIOR	827	187
921	1191	PATRICIA RIVEIRO GAGO	f	FLOW PILATES & TRAINING	NO	-1	00:55:14	00:54:47	00:00:28	0:28:39	5:31	VETERANO A	94	24
922	799	CHANO VIEITES CASTRO	m	NINGUNO	NO	-1	00:55:14	00:54:40	00:00:36	0:28:40	5:31	VETERANO C	828	134
923	201	FELIX MATO CACHAFEIRO	m	NINGUNO	NO	-1	00:55:15	00:54:39	00:00:37	0:27:49	5:31	VETERANO B	829	332
924	1720	LINA MENDEZ PENA	f	NINGUNO	NO	-1	00:55:16	00:54:34	00:00:43	0:27:51	5:31	VETERANO B	95	39
925	968	MANUEL REGUEIRA MIGUÉNS	m	NINGUNO	NO	-1	00:55:18	00:54:47	00:00:33	0:26:58	5:31	VETERANO A	830	155
926	992	JUAN MANUEL ROMERO CAROU	m	NINGUNO	NO	-1	00:55:19	00:55:17	00:00:03	0:26:41	5:31	VETERANO C	831	135
927	711	MARTA MUIÑO BALSA	f	TAMBRE BIKE&RUNNING	NO	-1	00:55:19	00:54:36	00:00:45	0:27:59	5:31	VETERANO A	96	25
928	646	NOEMI SANMARTÍN RODRÍGUEZ	f	CLUB ATLETISMO O PINO	NO	-1	00:55:20	00:54:54	00:00:26	0:28:02	5:31	VETERANO A	97	26
929	1241	ROSA MARIA ARCA MOLINOS	f	NINGUNO	NO	-1	00:55:21	00:55:00	00:00:23	0:27:59	5:32	VETERANO A	98	27
930	682	VANESSA LORENZO ANICETO	f	NINGUNO	NO	-1	00:55:23	00:55:17	00:00:07	0:27:41	5:32	VETERANO A	99	28
931	1560	MANUEL ORTOÑO FUENTES	m	NINGUNO	NO	-1	00:55:23	00:55:12	00:00:12	0:27:41	5:32	VETERANO B	832	333
932	1163	MARIA POSE ALMALLO	f	PAVIMENTOS NOIA	NO	-1	00:55:25	00:54:56	00:00:30	0:27:54	5:32	VETERANO A	100	29
933	1570	EDUARDO RECUERO GONZÁLEZ	m	NINGUNO	NO	-1	00:55:25	00:54:43	00:00:43	0:28:01	5:32	VETERANO C	833	136
934	1639	FELISARDO VAZQUEZ ARAUJO	m	NINGUNO	NO	-1	00:55:28	00:54:44	00:00:46	0:28:40	5:32	VETERANO B	834	334
935	1722	REBECA REIGOSA RIVAS	f	NINGUNO	NO	-1	00:55:29	00:54:54	00:00:36	0:27:14	5:32	VETERANO B	101	40
936	1718	BEATRIZ FALCON RUIBAL	f	NINGUNO	NO	-1	00:55:31	00:55:31	00:00:01	0:28:04	5:33	VETERANO B	102	41

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
937	1116	DAVID ROSALES LOPEZ	m	NINGUNO	NO	-1	00:55:34	00:54:58	00:00:37	0:27:58	5:33	VETERANO B	835	335
938	1714	SUSANA LÓPEZ LOURO	f	NINGUNO	NO	-1	00:55:38	00:55:05	00:00:34	0:28:33	5:33	VETERANO C	103	7
939	616	CRISTINA OTERO CASTRO	f	NINGUNO	NO	-1	00:55:41	00:55:12	00:00:29	0:28:19	5:34	SENIOR	104	23
940	1181	LORENA GÓMEZ ROMERO	f	LA MOCHILA DEL DEPORTE	NO	-1	00:55:41	00:55:13	00:00:29	0:28:19	5:34	SENIOR	105	24
941	1048	JESUS CADARSO VARELA	m	NINGUNO	NO	-1	00:55:41	00:55:23	00:00:19	0:27:45	5:34	VETERANO A	836	156
942	1192	LUCIA PORTEIRO VAZQUEZ	f	NINGUNO	NO	-1	00:55:41	00:55:24	00:00:18	0:27:45	5:34	VETERANO A	106	30
943	1117	MANUEL GARCIA FERNANDEZ	m	NINGUNO	NO	-1	00:55:52	00:55:17	00:00:35	0:28:14	5:35	SENIOR	837	188
944	1102	RAFAEL SENÉN GOMEZ REIRIS	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:55:52	00:55:18	00:00:35	0:28:14	5:35	VETERANO B	838	336
945	1648	FEDERICO ASOREY RIVAS.	m	NINGUNO	NO	-1	00:55:55	00:55:21	00:00:35	0:27:23	5:35	VETERANO C	839	137
946	1121	JORGE QUERENTES SANTOS	m	CDM ABRAKADABRA	SI	44	00:55:59	00:55:50	00:00:10	0:28:19	5:35	VETERANO A	840	157
947	1061	IVAN VIQUEIRA VILLAR	m	NINGUNO	NO	-1	00:56:09	00:55:40	00:00:29	0:27:51	5:36	SENIOR	841	189
948	705	MARÍA JOSÉ GÓMEZ RÍOS	f	NINGUNO	NO	-1	00:56:11	00:55:43	00:00:29	0:28:00	5:37	VETERANO B	107	42
949	1190	NIE PAZ CALVO	f	ORIXINAL MGM TEAM	NO	-1	00:56:17	00:55:55	00:00:23	0:28:38	5:37	VETERANO B	108	43
950	13	EMILIO INSUA PAZOS	m	NINGUNO	NO	-1	00:56:17	00:55:49	00:00:29	0:28:38	5:37	VETERANO B	842	337
951	126	XOSÉ TAJES BERMÚDEZ	m	NINGUNO	NO	-1	00:56:19	00:56:04	00:00:16	0:28:00	5:37	VETERANO B	843	338
952	1512	VANESSA JUNCAL SANJURJO	f	CLUB ATLETISMO SANTIAGO	NO	-1	00:56:20	00:56:12	00:00:10	0:27:33	5:38	JUNIOR	109	2
953	1599	ELOY GESTO BEIROA	m	NINGUNO	NO	-1	00:56:21	00:55:59	00:00:23	0:27:27	5:38	VETERANO A	844	158
954	889	MANUEL RIEIRO GARCIA	m	NINGUNO	NO	-1	00:56:22	00:55:51	00:00:32	0:27:48	5:38	SENIOR	845	190
955	1702	CRUZ FERNÁNDEZ TORRES	f	CRUCESRUNNERS	NO	-1	00:56:24	00:55:57	00:00:28	0:28:08	5:38	VETERANO B	110	44
956	1205	MARIA FELISA VARELA DE LIMIA DE	f	NINGUNO	NO	-1	00:56:25	00:55:40	00:00:46	0:29:21	5:38	SENIOR	111	25
957	1613	MARCOS BEIROA RAPOSO	m	NINGUNO	NO	-1	00:56:27	00:56:20	00:00:08	0:27:28	5:38	VETERANO B	846	339
958	1710	LOLECHA ASOREY SALGUEIRO	f	RUNNERCRUCES	NO	-1	00:56:29	00:56:01	00:00:28	0:28:27	5:38	VETERANO C	112	8
959	211	ROSA ESTÉVEZ VÁZQUEZ	f	C.A.CAMBADOS-SEG.NOVAL	NO	-1	00:56:34	00:55:57	00:00:38	0:29:06	5:39	VETERANO B	113	45
960	1150	PAULA TRILLO CALO	f	TERRA DE SONEIRA	NO	-1	00:56:34	00:56:04	00:00:31	0:28:26	5:39	SENIOR	114	26
961	315	ALVARO RODRIGUEZ GONZALEZ	m	3&RUN CLUB DE CORREDORES BY PEDRO	NO	-1	00:56:38	00:56:12	00:00:28	0:29:04	5:39	VETERANO B	847	340
962	625	ANA MUÑOZ PATIÑO	f	NINGUNO	NO	-1	00:56:38	00:56:11	00:00:28	0:29:04	5:39	VETERANO B	115	46
963	1022	JUAN DANIEL GORGOSO FERNANDEZ	m	PORCOSBRAVOS	NO	-1	00:56:40	00:56:21	00:00:20	0:28:42	5:40	VETERANO C	848	138
964	1195	ANA MOURIZ FREIRE	f	ANA MOURIZ PELUQUEROS	NO	-1	00:56:40	00:56:21	00:00:20	0:28:42	5:40	VETERANO B	116	47
965	192	JESUS AMADO PEREZ	m	NINGUNO	NO	-1	00:56:44	00:56:02	00:00:43	0:29:17	5:40	VETERANO B	849	341
966	175	GUILLERMO SILVA	m	NINGUNO	NO	-1	00:56:45	00:56:04	00:00:42	0:29:17	5:40	VETERANO B	850	342
967	622	ANA OCA GONZALEZ	f	CAI A ESTRADA	NO	-1	00:56:49	00:56:18	00:00:32	0:27:39	5:40	VETERANO B	117	48
968	1225	MAITE PONTE MAYAN	f	NINGUNO	NO	-1	00:56:49	00:56:15	00:00:35	0:29:03	5:40	VETERANO C	118	9
969	1711	CHEFA CAJUSO BARBAZAN	f	ATLETISMO NEGREIRA	NO	-1	00:56:51	00:56:21	00:00:31	0:29:14	5:41	VETERANO C	119	10
970	827	ALEX-RITA OVIEDO BOUZAS	m	PAVIMENTOS NOIA	NO	-1	00:56:55	00:56:49	00:00:06	0:27:26	5:41	VETERANO A	851	159
971	894	ENRIQUE PEREZ VAZQUEZ	m	NINGUNO	NO	-1	00:56:55	00:56:06	00:00:50	0:28:41	5:41	VETERANO B	852	343
972	473	OSCAR RAMA LEIS	m	NINGUNO	NO	-1	00:56:59	00:56:30	00:00:30	0:28:38	5:41	SENIOR	853	191
973	678	CAROLINA Balsa Balsa	f	NINGUNO	NO	-1	00:57:00	00:56:31	00:00:30	0:28:38	5:41	SENIOR	120	27
974	271	YAGO DEL RIO SEGADE	m	NINGUNO	NO	-1	00:57:00	00:56:31	00:00:30	0:28:35	5:42	SENIOR	854	192
975	1673	CRISTINA GARCIA LUEIRO	f	CLUB CERVECERIA O COTON NEGREIRA	NO	-1	00:57:10	00:56:40	00:00:31	0:29:14	5:42	VETERANO A	121	31
976	585	JORGE LÓPEZ PETEIRO	m	NINGUNO	NO	-1	00:57:12	00:57:05	00:00:07	0:28:13	5:43	SENIOR	855	193
977	1543	FERNANDO TORRES ANDON	m	NINGUNO	NO	-1	00:57:17	00:56:57	00:00:21	0:29:22	5:43	VETERANO A	856	160
978	704	NURIA MEJUTO FERNÁNDEZ	f	NINGUNO	NO	-1	00:57:22	00:56:39	00:00:44	0:29:13	5:44	SENIOR	122	28
979	1063	JUAN JOSÉ SERANS QUEIRUGA	m	NINGUNO	SI	45	00:57:30	00:56:58	00:00:33	0:28:14	5:45	VETERANO A	857	161
980	506	RICARDO JULIO RODRÍGUEZ FERNÁNDEZ	m	CAO	NO	-1	00:57:31	00:56:59	00:00:33	0:29:12	5:45	VETERANO C	858	139
981	1725	YOLANDA GONZÁLEZ VILLAR	f	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:57:31	00:57:00	00:00:32	0:29:13	5:45	VETERANO B	123	49
982	1631	HADRIÁN FAÍLDE	m	NINGUNO	NO	-1	00:57:35	00:56:49	00:00:48	0:29:33	5:45	SENIOR	859	194
983	1178	PATRICIA LAGO GONZÁLEZ	f	MGM	NO	-1	00:57:37	00:57:15	00:00:22	0:29:14	5:45	SENIOR	124	29
984	264	DAVID FCO. FIGUEIRA HERMO	m	S.D.BARBANTIA RODA	NO	-1	00:57:39	00:57:01	00:00:40	0:29:24	5:45	VETERANO B	860	344
985	1021	JOSE RAMON MIRAS RODRIGUEZ	m	NINGUNO	NO	-1	00:57:40	00:57:01	00:00:39	0:29:24	5:45	VETERANO C	861	140
986	471	SERGIO DACAL RODRIGUEZ	m	NINGUNO	NO	-1	00:57:40	00:57:37	00:00:04	0:29:26	5:45	JUNIOR	862	20
987	503	IVAN PLAZA GARCIA	m	NINGUNO	NO	-1	00:57:41	00:57:00	00:00:42	0:29:40	5:46	VETERANO A	863	162
988	1645	ANTONIO OSCAR CONSTENLA JUNQUERA	m	CLUB ATLETISMO FONTES DO SAR	NO	-1	00:57:44	00:56:57	00:00:48	0:29:09	5:46	VETERANO B	864	345

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
989	1663	SUSANA BUJÁN OTERO	f	NOITEBRA FC	NO	-1	00:57:45	00:57:15	00:00:31	0:28:48	5:46	VETERANO B	125	50
990	465	ADRIÁN RODRÍGUEZ LEGAZPI	m	NINGUNO	NO	-1	00:57:52	00:57:46	00:00:06	0:28:35	5:47	SENIOR	865	195
991	1035	VENTURA BRETAL BAZARRA	m	AUTOESCOLA MIGUEL - ABRAKADABRA	SI	46	00:57:52	00:57:43	00:00:10	0:29:07	5:47	VETERANO A	866	163
992	708	CHELO VIGO LIÑARES	f	ATLETISMO FONTES DE SAR	NO	-1	00:57:55	00:57:24	00:00:31	0:28:27	5:47	VETERANO B	126	51
993	1551	JUAN PEDRO VILAS MARTINEZ	m	NINGUNO	NO	-1	00:57:56	00:57:17	00:00:39	0:29:59	5:47	VETERANO B	867	346
994	1726	MARIA CARMEN LEMA DEVESA	f	NINGUNO	NO	-1	00:57:56	00:57:19	00:00:38	0:29:04	5:47	VETERANO C	127	11
995	1554	CARLOS GÓMEZ MARTINEZ	m	NINGUNO	NO	-1	00:57:57	00:57:20	00:00:38	0:28:44	5:47	VETERANO B	868	347
996	1251	LUCIA VAZQUEZ GONZALEZ	f	NINGUNO	SI	7	00:58:01	00:57:46	00:00:16	0:28:44	5:48	VETERANO A	128	32
997	1068	SEVERIANO LORENZO SANTAMARIA	m	NINGUNO	SI	47	00:58:03	11:46:36		0:28:42	5:48	VETERANO C	869	141
998	1025	MANUEL JOSÉ ABEIJÓN BLANCO	m	NINGUNO	SI	48	00:58:07	00:57:25	00:00:43	0:28:43	5:48	VETERANO C	870	142
999	897	MANUEL RAÑA PREGO	m	NINGUNO	NO	-1	00:58:11	00:57:58	00:00:14	0:29:38	5:49	VETERANO C	871	143
1000	1042	ARGIMIRO BLANCO MALVAREZ	m	NINGUNO	NO	-1	00:58:19	00:58:20		0:28:01	5:49	VETERANO B	872	348
1001	1114	JUAN MANUEL PORTO PORTO	m	NINGUNO	NO	-1	00:58:21	00:57:58	00:00:25	0:28:45	5:50	VETERANO C	873	144
1002	310	JOSE IGNACIO LIÑARES MARTÍNEZ	m	NINGUNO	NO	-1	00:58:24	00:58:10	00:00:15	0:29:45	5:50	VETERANO C	874	145
1003	659	EVA MARÍA PEREIRO GÓMEZ	f	CLUB ATLETISMO MILLARAIO	NO	-1	00:58:27	00:57:52	00:00:36	0:29:50	5:50	VETERANO B	129	52
1004	1176	CARLA CAROLINA LIÑARES BARREIRO	f	NINGUNO	SI	8	00:58:29	00:57:43	00:00:47	0:30:26	5:50	SENIOR	130	30
1005	339	EMILIO JOSÉ DIEZ RICO	m	NINGUNO	NO	-1	00:58:29	00:57:55	00:00:34	0:30:01	5:50	VETERANO B	875	349
1006	353	CARLOS RIAL PEREZ	m	NINGUNO	NO	-1	00:58:33	00:57:53	00:00:40	0:29:59	5:51	VETERANO C	876	146
1007	718	M. ESTHER NIETO BLAZQUEZ	f	NINGUNO	NO	-1	00:58:34	00:57:51	00:00:45	0:29:42	5:51	VETERANO A	131	33
1008	1239	MARTINA CUESTA LOPEZ	f	NINGUNO	NO	-1	00:58:35	00:58:15	00:00:21	0:29:03	5:51	JUNIOR	132	3
1009	1601	MIGUEL RIVEIRO	m	NINGUNO	NO	-1	00:58:36	00:58:00	00:00:37	0:28:25	5:51	VETERANO B	877	350
1010	1544	SERGIO PÉREZ ABILLEIRA	m	NINGUNO	NO	-1	00:58:36	00:58:37	00:00:00	0:29:08	5:51	VETERANO A	878	164
1011	1660	LIDIA CAAMAÑO GARCÍA	f	NINGUNO	NO	-1	00:58:36	00:58:06	00:00:31	0:29:17	5:51	SENIOR	133	31
1012	698	NATALIA DE LA TORRE RODRIGUEZ	f	NINGUNO	NO	-1	00:58:37	00:57:53	00:00:45	0:29:42	5:51	VETERANO A	134	34
1013	701	DIANA PASTORIZA ESPASANDIN	f	NINGUNO	NO	-1	00:58:47	00:58:12	00:00:36	0:30:45	5:52	VETERANO A	135	35
1014	623	SALETA GONZÁLEZ CARNERO	f	NINGUNO	NO	-1	00:58:48	00:58:12	00:00:36	0:30:45	5:52	VETERANO A	136	36
1015	54	MANUEL GARCÍA GARCÍA	m	NINGUNO	NO	-1	00:58:54	00:58:21	00:00:34	0:29:23	5:53	VETERANO C	879	147
1016	1594	JULIÁN DURANY	m	NINGUNO	SI	49	00:58:56	00:58:59		0:27:31	5:53	VETERANO A	880	165
1017	707	ANA VIGO LIÑARES	f	ATLETISMO FONTES DE SAR	NO	-1	00:59:03	00:58:33	00:00:31	0:29:02	5:54	VETERANO B	137	53
1018	609	DANIEL ANGEL OTERO CEPEDA	m	NINGUNO	NO	-1	00:59:08	00:58:37	00:00:32	0:30:00	5:54	VETERANO C	881	148
1019	911	MANUEL FRAGA NEIRO	m	CAO (CLUB ATLETISMO OUTES)	NO	-1	00:59:10	00:59:05	00:00:06	0:28:40	5:55	VETERANO C	882	149
1020	629	BEA ALDREY FERREIRO	f	ATLETISMO FONTES DE SAR	NO	-1	00:59:11	00:58:53	00:00:19	0:29:25	5:55	VETERANO A	138	37
1021	1200	TAMARA MARTÍNEZ LOJO	f	MGM	NO	-1	00:59:13	00:58:50	00:00:24	0:30:15	5:55	VETERANO A	139	38
1022	1223	REBECA REGUEIRA SANCHEZ	f	INDEPENDIENTEBISCACHONS RUNNING	NO	-1	00:59:14	00:58:36	00:00:39	0:29:41	5:55	SENIOR	140	32
1023	1202	MARIA CASTRO CANDAMIO	f	CLUB ATLETISMO SADA	NO	-1	00:59:15	00:58:38	00:00:38	0:30:26	5:55	VETERANO B	141	54
1024	1649	MANUEL CLAVERO IGLESIAS	m	NINGUNO	NO	-1	00:59:18	00:58:35	00:00:44	0:30:19	5:55	VETERANO C	883	150
1025	1650	JAVIER PORTELA LOPEZ	m	NINGUNO	NO	-1	00:59:20	00:58:41	00:00:40	0:29:49	5:55	VETERANO C	884	151
1026	1060	FRANCISCO DIAZ ALVAREZ	m	NINGUNO	NO	-1	00:59:23	00:59:03	00:00:20	0:29:51	5:56	VETERANO C	885	152
1027	1140	CÉSAR OSORIO DIÉGUEZ	m	NINGUNO	NO	-1	00:59:24	00:58:35	00:00:50	0:31:10	5:56	VETERANO B	886	351
1028	768	EMMA PÉREZ	f	NINGUNO	NO	-1	00:59:26	00:59:29		0:29:46	5:56	VETERANO A	142	39
1029	735	CELSO PUGA CASANOVA	m	NINGUNO	NO	-1	00:59:26	00:59:30		0:29:46	5:56	VETERANO C	887	153
1030	1156	LUCIA BUGALLO DEL PUERTO	f	ORIXINAL MGM TEAM	NO	-1	00:59:33	00:59:10	00:00:24	0:29:07	5:57	VETERANO A	143	40
1031	521	JOSÉ LUIS CALVO FERNANDEZ	m	NINGUNO	NO	-1	00:59:34	00:59:20	00:00:15	0:30:02	5:57	VETERANO B	888	352
1032	145	ANDREA OTERO ARIAS	f	CLUB MONTEPENARUBIA	NO	-1	00:59:39	00:59:11	00:00:29	0:30:23	5:57	SENIOR	144	33
1033	1051	JUAN CASAIS LADO	m	NINGUNO	NO	-1	00:59:39	00:59:18	00:00:22	0:29:35	5:57	VETERANO B	889	353
1034	580	ESTEBAN BOTANA VALIÑO	m	NINGUNO	NO	-1	00:59:44	00:59:16	00:00:28	0:28:39	5:58	SENIOR	890	196
1035	885	GERMÁN VILLANUSTRE ABUIN	m	SD BARBANTIA RODA	NO	-1	00:59:44	00:59:18	00:00:27	0:29:19	5:58	VETERANO C	891	154
1036	672	NOEMI VEIGA TRASAR	f	NINGUNO	NO	-1	01:00:01	00:59:31	00:00:31	0:29:18	6:00	VETERANO A	145	41
1037	118	JUAN DAVID RUIZ PIÑEIRO	m	RUNNING OLEIROS	NO	-1	01:00:03	00:59:46	00:00:18	0:28:30	6:00	SENIOR	892	197
1038	1644	JUAN CARLOS PAZ SANTOS	m	NINGUNO	NO	-1	01:00:08	00:59:28	00:00:42	0:30:44	6:00	VETERANO B	893	354
1039	324	ALEJANDRO RODRÍGUEZ OUTEIRIÑO	m	CLUB NATACIÓN ESCUALOS	NO	-1	01:00:13	00:59:33	00:00:41	0:30:25	6:01	SENIOR	894	198
1040	626	BEATRIZ GUERRA LIÑARES	f	NINGUNO	NO	-1	01:00:14	00:59:34	00:00:41	0:30:25	6:01	SENIOR	146	34

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
1041	1236	PALOMA LABANDEIRA VILLOT	f	NINGUNO	SI	9	01:00:14	00:59:33	00:00:43	0:30:16	6:01	VETERANO B	147	55
1042	365	RAMIRO FERNÁNDEZ PINTOS	m	NINGUNO	NO	-1	01:00:17	00:59:43	00:00:34	0:29:06	6:01	VETERANO C	895	155
1043	691	MERCEDES DE LA FUENTE IGLESIAS	f	CLUB ATLETISMO O PINO	NO	-1	01:00:19	00:59:50	00:00:30	0:29:58	6:01	VETERANO C	148	12
1044	693	LORENA RODRIGUEZ RILO	f	NINGUNO	NO	-1	01:00:20	00:59:36	00:00:44	0:29:56	6:01	SENIOR	149	35
1045	716	ALBA MIDÓN	f	NINGUNO	NO	-1	01:00:20	00:59:41	00:00:39	0:29:57	6:01	SENIOR	150	36
1046	1233	TERESA PICÁNS BERMÚDEZ	f	CAI A ESTRADA	NO	-1	01:00:24	01:00:09	00:00:17	0:30:39	6:02	VETERANO C	151	13
1047	1149	BEATRIZ LORENZO CHAO	f	CAI A ESTRADA	NO	-1	01:00:25	01:00:08	00:00:18	0:29:10	6:02	VETERANO B	152	56
1048	1177	ROMINA CIERTO DEL PUERTO	f	MGM TEAM	NO	-1	01:00:28	01:00:05	00:00:24	0:30:16	6:02	VETERANO B	153	57
1049	138	VERÓNICA FEÁS SAAVEDRA	f	NINGUNO	NO	-1	01:00:38	00:59:56	00:00:44	0:30:43	6:03	VETERANO C	154	14
1050	79	MANUEL MUIÑO MIRON	m	CAS	NO	-1	01:00:39	01:00:28	00:00:13	0:30:42	6:03	VETERANO C	896	156
1051	1219	NOELIA LOJO LÓPEZ	f	NINGUNO	NO	-1	01:00:44	01:00:27	00:00:19	0:30:25	6:04	SENIOR	155	37
1052	582	MARIO RODRIGUEZ ABOY	m	NINGUNO	NO	-1	01:00:47	01:00:28	00:00:19	0:29:09	6:04	VETERANO A	897	166
1053	1033	Fonsi Baderrabano	m	NINGUNO	NO	-1	01:00:49	01:00:21	00:00:29	0:30:45	6:04	VETERANO B	898	355
1054	1561	SATUR BALDERRÁBANO MAYO	m	CLUB ATLETISMO NOIA	NO	-1	01:00:49	01:00:21	00:00:29	0:30:46	6:04	VETERANO B	899	356
1055	1034	JOSE MANUEL GACIÑO CARLOS	m	NINGUNO	SI	50	01:00:49	01:00:11	00:00:39	0:30:03	6:04	VETERANO B	900	357
1056	696	ISA LÓPEZ SIERRA	f	NINGUNO	NO	-1	01:00:54	01:00:29	00:00:26	0:31:23	6:05	VETERANO B	156	58
1057	1677	ROSA VIÑAS LAGO	f	NINGUNO	NO	-1	01:00:54	01:00:29	00:00:27	0:29:42	6:05	VETERANO B	157	59
1058	10	OSCAR VELASQUEZ	m	NINGUNO	NO	-1	01:01:05	01:00:51	00:00:14	0:29:50	6:06	SENIOR	901	199
1059	683	BERTA SUAREZ FERNÁNDEZ	f	NINGUNO	NO	-1	01:01:08	01:00:43	00:00:27	0:29:49	6:06	VETERANO A	158	42
1060	1230	MARÍA BELSOL MORGADE	f	ORIXINAL MGM TEAM	NO	-1	01:01:18	01:00:54	00:00:24	0:30:28	6:07	VETERANO A	159	43
1061	1627	FRANCISCO JAVIER CAMBA MARTÍNEZ	m	NINGUNO	NO	-1	01:01:25	01:01:03	00:00:23	0:31:16	6:08	VETERANO B	902	358
1062	1588	MANUEL BARBEITO GARCIA	m	NINGUNO	NO	-1	01:01:27	01:01:22	00:00:07	0:29:40	6:08	SENIOR	903	200
1063	1221	PILAR CASAL DOPAZO	f	INDEPENDIENTEBISCACHONS RUNNING	NO	-1	01:01:29	01:00:51	00:00:39	0:30:53	6:08	VETERANO C	160	15
1064	1207	CRISTINA SANCHEZ LOPEZ	f	INDEPENDIENTEBISCACHONS RUNNING	NO	-1	01:01:29	01:00:51	00:00:39	0:30:53	6:08	VETERANO B	161	60
1065	1600	MARCOS SIERRA PEREZ	m	NINGUNO	NO	-1	01:01:35	01:01:26	00:00:10	0:29:05	6:09	VETERANO A	904	167
1066	1070	JUAN CARLOS MOURE PRADO	m	NINGUNO	NO	-1	01:01:37	01:01:04	00:00:34	0:30:22	6:09	VETERANO C	905	157
1067	1580	SHIRAN ANTHONY DE SILVA	m	NINGUNO	NO	-1	01:01:40	01:01:04	00:00:38	0:31:38	6:10	SENIOR	906	201
1068	193	PEDRO EIRAS ADAN	m	NINGUNO	NO	-1	01:01:43	01:01:06	00:00:38	0:31:20	6:10	SENIOR	907	202
1069	1776	Mª José Montenegro Orol	f	NINGUNO	NO	-1	01:01:44	01:01:21	00:00:24	0:29:51	6:10	VETERANO C	162	16
1070	1154	ANA MOURE COBOS	f	TRIATLON VILAGARCIA	NO	-1	01:01:57	01:01:15	00:00:44	0:31:01	6:11	VETERANO A	163	44
1071	1235	AURORA BUGALLO LOPE	f	NINGUNO	NO	-1	01:02:04	01:01:27	00:00:38	0:31:04	6:12	VETERANO B	164	61
1072	1115	MARCOS SANCHEZ LOPEZ	m	NINGUNO	NO	-1	01:02:06	01:01:29	00:00:39	0:31:19	6:12	VETERANO B	908	359
1073	1196	PATRICIA ALEJANDRA CANAVERI GUEVARA	f	FLOW PILATES & TRAINING	NO	-1	01:02:07	01:01:42	00:00:26	0:30:36	6:12	VETERANO A	165	45
1074	648	VANESA FELPETO BABÍO	f	NINGUNO	NO	-1	01:02:17	11:50:15		0:30:46	6:13	SENIOR	166	38
1075	766	ESTEFANÍA MARTÍNEZ GONZALEZ	f	NINGUNO	NO	-1	01:02:24	01:01:42	00:00:42	0:31:06	6:14	SENIOR	167	39
1076	770	ALBA OYA COSTA	f	NINGUNO	NO	-1	01:02:24	01:01:43	00:00:42	0:31:08	6:14	SENIOR	168	40
1077	584	MIGUEL GARCIA CODESIDO	m	NINGUNO	NO	-1	01:02:38	01:01:55	00:00:44	0:31:20	6:15	SENIOR	909	203
1078	1630	JOSE RAMON FIGUEIRAS MARCOS	m	NINGUNO	NO	-1	01:02:51	01:02:02	00:00:50	0:31:10	6:17	VETERANO C	910	158
1079	1687	LAURA GARCÍA DOCAMPO	f	NINGUNO	NO	-1	01:02:53	01:02:31	00:00:23	0:32:06	6:17	SENIOR	169	41
1080	125	JOSE MARTINEZ LEMA	m	NINGUNO	NO	-1	01:02:56	01:02:11	00:00:46	0:31:37	6:17	VETERANO C	911	159
1081	1684	ANXELA VAZQUEZ ANDRADE	f	NINGUNO	NO	-1	01:02:57	01:02:20	00:00:38	0:31:38	6:17	SENIOR	170	42
1082	1704	BERTA ANTELO ROMERO	f	CLUB ATLETISMO SADA	NO	-1	01:02:59	01:02:22	00:00:38	0:31:09	6:17	VETERANO B	171	62
1083	1043	CARLOS CALO ROMEU	m	NINGUNO	SI	51	01:03:02	01:02:21	00:00:42	0:31:04	6:18	JUNIOR	912	21
1084	1685	ANA RODRÍGUEZ GARCÍA	f	NINGUNO	NO	-1	01:03:02	01:02:21	00:00:42	0:31:04	6:18	SENIOR	172	43
1085	1189	LUPE VILAR SEREN	f	C.A.CAMBADOS	NO	-1	01:03:02	01:02:25	00:00:38	0:31:41	6:18	VETERANO C	173	17
1086	1552	FRANCISCO JOSÉ PORTELA PASTORIZA	m	NINGUNO	NO	-1	01:03:17	01:02:39	00:00:39	0:31:13	6:19	VETERANO B	913	360
1087	650	MARTA DEDIOS RECAMÁN	f	NINGUNO	NO	-1	01:03:33	01:02:57	00:00:37	0:32:38	6:21	VETERANO B	174	63
1088	725	LUCÍA ANSEDES DOMÍNGUEZ	f	NOITEBRA FC	NO	-1	01:03:37	01:02:55	00:00:43	0:31:23	6:21	VETERANO C	175	18
1089	1659	SARELA BETANZOS FREIRE	f	NINGUNO	NO	-1	01:03:48	01:03:02	00:00:47	0:31:44	6:22	SENIOR	176	44
1090	1678	LUCIE GÓMEZ REINO	f	NINGUNO	NO	-1	01:03:58	01:03:36	00:00:23	0:31:40	6:23	VETERANO B	177	64
1091	1229	LINA FUENTES NOYA	f	NINGUNO	NO	-1	01:04:05	01:03:53	00:00:13	0:31:03	6:24	VETERANO C	178	19
1092	1624	LUIS ALBERTO QUINTANS RIAL	m	NINGUNO	NO	-1	01:04:13	01:03:51	00:00:23	0:29:41	6:25	VETERANO A	914	168

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PTO	DOR	NOMBRE	SEXO	CLUB	LOCAL?	P.LOCAL	T.OFICIAL	T.NETO	TSALIDA	TKM5	RITMO	CATEGORÍA	P. SEX	P.CAT
1093	1250	SILVANA JANEIRO MOAS	f	NINGUNO	NO	-1	01:04:29	01:04:04	00:00:25	0:32:12	6:26	VETERANO A	179	46
1094	1184	MARIA HERMO TOME	f	MGM	NO	-1	01:04:29	01:04:05	00:00:25	0:32:12	6:26	VETERANO B	180	65
1095	1693	ANDREA COSTOYA	f	CLUB ATLETISMO BOIMORTO	NO	-1	01:04:47	01:04:10	00:00:38	0:31:58	6:28	VETERANO A	181	47
1096	1247	ISABEL REGO LAÑO	f	XTOSIN RUNNERS	SI	10	01:04:51	01:04:35	00:00:17	0:30:53	6:29	SENIOR	182	45
1097	1234	ANA VAZQUEZ FERNÁNDEZ	f	NINGUNO	NO	-1	01:05:07	01:04:32	00:00:36	0:31:27	6:30	VETERANO B	183	66
1098	1142	JOSE MANUEL DEAN POUSO	m	NINGUNO	SI	52	01:05:20	01:04:46	00:00:35	0:32:27	6:32	VETERANO C	915	160
1099	1669	MARÍA GUADALUOE SANTOS LAMPON	f	FLOW PILATES & TRAINING	NO	-1	01:06:14	01:05:46	00:00:28	0:32:12	6:37	VETERANO A	184	48
1100	53	SERGIO PORTO CALVO	m	CLUB ATLETISMO OUTES JONH TURKEY	NO	-1	01:06:19	01:05:34	00:00:46	0:32:37	6:37	VETERANO B	916	361
1101	1240	LOLA CARAMÉS	f	ORIXINAL MGM TEAM	NO	-1	01:06:30	01:06:06	00:00:25	0:32:49	6:39	VETERANO A	185	49
1102	364	LUIS CASTEDO BALSA	m	NINGUNO	NO	-1	01:06:33	01:06:02	00:00:32	0:31:45	6:39	VETERANO B	917	362
1103	1153	ROSANA GARCÍA TOMÉ	f	NINGUNO	NO	-1	01:06:37	01:06:01	00:00:37	0:32:48	6:39	VETERANO B	186	67
1104	1172	ESTHER DEL RÍO MOSQUERA	f	NINGUNO	SI	11	01:06:43	01:05:57	00:00:47	0:32:35	6:40	VETERANO B	187	68
1105	1694	VANESA TOMÉ CAO	f	NINGUNO	SI	12	01:06:43	01:05:58	00:00:46	0:32:35	6:40	VETERANO A	188	50
1106	1145	Mº DEL CARMEN FERNANDEZ REY	f	NINGUNO	NO	-1	01:07:00	01:06:24	00:00:37	0:32:38	6:42	VETERANO C	189	20
1107	1126	XAQUÍN MANUEL GARCÍA GARCÍA	m	NINGUNO	NO	-1	01:07:08	01:06:54	00:00:15	0:28:57	6:42	VETERANO B	918	363
1108	1652	JOAQUIN GARCIA GARCIA	m	NINGUNO	SI	53	01:07:08	01:06:34	00:00:35	0:32:15	6:42	VETERANO C	919	161
1109	1248	ELENA LOURIDO GACIÑO	f	ADC ARNELA	SI	13	01:07:08	01:06:30	00:00:39	0:32:15	6:42	SENIOR	190	46
1110	1027	ADRIAN CORRALES MARTINEZ	m	NINGUNO	SI	54	01:07:18	01:06:59	00:00:20	0:32:44	6:43	JUNIOR	920	22
1111	667	MARÍA JOSEFINA PARDO MONTAÑA	f	CLUB ATLETISMO MILLARAIO	NO	-1	01:07:20	01:06:44	00:00:37	0:33:37	6:43	VETERANO C	191	21
1112	728	M. DOLORES GONZÁLEZ RODRÍGUEZ	f	CLUB ATLETISMO MILLARAIO	NO	-1	01:07:20	01:06:45	00:00:36	0:33:37	6:43	VETERANO C	192	22
1113	1672	SARA NIETO GÓMEZ	f	NINGUNO	NO	-1	01:08:18	01:07:30	00:00:49	0:33:58	6:49	VETERANO A	193	51
1114	1446	MIGUEL TORRADO GONZÁLEZ	m	NINGUNO	NO	-1	01:08:19	01:07:32	00:00:49	0:33:59	6:49	VETERANO A	921	169
1115	1675	MARIA DEL MAR REY OLVEIRA	f	NINGUNO	NO	-1	01:08:47	01:08:15	00:00:33	0:34:02	6:52	VETERANO B	194	69
1116	1549	MANUEL ANTONIO PENA MANEIRO	m	NINGUNO	NO	-1	01:08:47	01:08:15	00:00:33	0:34:02	6:52	VETERANO B	922	364
1117	1530	DIEGO QUEIRUGA CASAIS	m	NINGUNO	SI	55	01:08:47	01:08:16	00:00:33	0:34:02	6:52	SENIOR	923	204
1118	1574	JOSE MANUEL REY RODRIGUEZ	m	NINGUNO	NO	-1	01:09:10	01:08:23	00:00:48	0:34:36	6:54	VETERANO C	924	162
1119	1217	PAULA RIVAS RIO	f	FLOW PILATES & TRAINING	NO	-1	01:10:25	01:09:57	00:00:29	0:33:12	7:02	VETERANO A	195	52
1120	598	FRAN XOSÉ C. FERNÁNDEZ	m	NINGUNO	NO	-1	01:12:48	01:12:04	00:00:45	0:36:20	7:16	VETERANO A	925	170
1121	28	JOSE MANUEL GARCIA CACABELOS	m	NINGUNO	NO	-1	01:17:32	01:16:59	00:00:34	0:37:23	7:45	VETERANO C	926	163
1122	647	SILVIA NEGREIRA VIDAL	f	NINGUNO	NO	-1	01:17:50	01:17:21	00:00:30	0:38:17	7:47	VETERANO B	196	70
1123	684	ANA LOIS PASCUAL	f	NINGUNO	NO	-1	01:17:50	01:17:21	00:00:30	0:38:18	7:47	VETERANO B	197	71
1124	733	ELVIRA TRESGUERRAS GONZÁLEZ	f	ATLETISMO SAR VERMÚ PETRONI	NO	-1	01:17:57	01:17:18	00:00:40	0:40:11	7:47	VETERANO C	198	23
1125	1674	SUSANA REGUEIRO CRUZ	f	NINGUNO	NO	-1	01:21:21	01:20:42	00:00:40	0:40:15	8:08	VETERANO B	199	72
1126	1199	CHRISTINA POPA	f	MOTOCLUBE ENDURO LUCENSE	NO	-1	01:21:35	01:20:54	00:00:41	0:39:31	8:09	VETERANO B	200	73
1127	16	ANDRES MANEIRO CARREÑO	m	NINGUNO	NO	-1	01:21:35	01:20:58	00:00:39	0:40:12	8:09	VETERANO A	927	171
DSQ	442	GUSTAVO GONZALEZ VILAR	m	NINGUNO	NO	-1	00:44:17	00:43:56	00:00:21	0:22:31	4:25	VETERANO A	-1	-1
DSQ	362	PEDRO BEIROA TARRÍO	m	NINGUNO	NO	-1	00:44:57				4:29	SENIOR	-1	-1
DSQ	229	SERGIO RODRIGUEZ PAZOS	m	NINGUNO	NO	-1	00:44:57			0:06:12	4:29	VETERANO A	-1	-1
DSQ	809	XACOB FONTÁN MARTÍNEZ	m	SD BARBANTIA RODA	NO	-1	00:50:39	00:50:19	00:00:21	0:25:10	5:03	SENIOR	-1	-1

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SUB16 - SIN SON 2019

PTO	DOR	NOMBRE	SEXO	T.OFICIAL	RITMO	CATEGORÍA	P. SEX	P.CAT
SUB 16								
1	1	BRAIS PICÓN MONTERO	m	00:05:45	2:52	SUB 16	1	1
2	13	VICTOR RAMOS SAMBADE	m	00:06:01	3:00	SUB 16	2	2
3	802	Joan Carlo Fernández Martínez	m	00:06:32	3:16	SUB 16	3	3
4	18	DUARTE FERNANDEZ PIÑEIRO	m	00:06:35	3:17	SUB 16	4	4
5	12	ALEJANDRA FORMOSO RECAREY	f	00:06:46	3:22	SUB 16	1	1
6	31	RAMON GONZALEZ PAIS	m	00:06:54	3:26	SUB 16	5	5
7	808	Uxía Bouzas Fosado	f	00:07:00	3:30	SUB 16	2	2
8	52	YAGO GACIÑO GARCIA	m	00:07:11	3:35	SUB 16	6	6
9	14	FERNANDO OTERO LADO	m	00:07:13	3:36	SUB 16	7	7
10	23	AMAIA BALDERRABANO ARRONIZ	f	00:07:15	3:37	SUB 16	3	3
11	16	ANDREA GÓMEZ TUBIO	f	00:07:22	3:41	SUB 16	4	4
12	41	XENIA BRETAL DOMÍNGUEZ	f	00:09:51	4:55	SUB 16	5	5
13	17	ANTÓN ROMERO PIÑEIRO	m	00:10:22	5:10	SUB 16	8	8

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SUB14 - SIN SON 2019

PTO	DOR	NOMBRE	SEXO	T.OFICIAL	RITMO	CATEGORÍA	P. SEX	P.CAT
SUB 14								
1	81	YAGO IGLESIAS TURNES	m	00:06:19	3:09	SUB 14	1	1
2	88	HUGO GONZALEZ LESTON	m	00:06:26	3:13	SUB 14	2	2
3	59	JOSÉ MANUEL NEGREIRA ABELENDIA	m	00:06:32	3:15	SUB 14	3	3
4	101	ABEL VILA MARIÑO	m	00:06:33	3:16	SUB 14	4	4
5	82	MANUEL RAMOS SEGADE	m	00:06:43	3:21	SUB 14	5	5
6	55	IRENE FERNANDEZ SOTELO	f	00:06:51	3:25	SUB 14	1	1
7	97	AINARA FERNANDEZ RIVADENEIRA	f	00:06:53	3:26	SUB 14	2	2
8	90	MATEO SILVA SUAREZ	m	00:07:05	3:32	SUB 14	6	6
9	84	LUCAS GARCIA PICON	m	00:07:11	3:35	SUB 14	7	7
10	62	SERGIO SENRA BARRANTES	m	00:07:14	3:37	SUB 14	8	8
11	89	ALEXIA RAMA LADO	f	00:07:18	3:38	SUB 14	3	3
12	120	JAIRO REY PERNAS	m	00:07:20	3:39	SUB 14	9	9
13	94	MARTINA GONZALEZ CIERTO	f	00:07:28	3:44	SUB 14	4	4
14	114	MARÍA LÓPEZ FRANCO	f	00:07:51	3:55	SUB 14	5	5
15	104	ARALE FABEIRO CAO	f	00:07:51	3:55	SUB 14	6	6
16	119	DANIEL VARELA TOME	m	00:07:53	3:56	SUB 14	10	10
17	112	MARTÍN BOUZAS GONZALEZ	m	00:08:00	3:59	SUB 14	11	11
18	67	NOA ROMERO FERNANDEZ	f	00:08:00	4:00	SUB 14	7	7
19	80	LUCAS PARDO TUÑEZ	m	00:08:02	4:01	SUB 14	12	12
20	56	XAQUÍN GARCIA SEGADE	m	00:08:04	4:01	SUB 14	13	13
21	86	SARA NOYA VIDAL	f	00:08:28	4:13	SUB 14	8	8
22	63	HELENA PÉREZ DOSIL	f	00:08:31	4:15	SUB 14	9	9
23	127	ÁNXELA MANEIRO PÉREZ	f	00:08:38	4:18	SUB 14	10	10
24	121	SARA GARCÍA PÉREZ	f	00:09:12	4:35	SUB 14	11	11
25	803	Carmen Santamaría Pérez	f	00:09:12	4:36	SUB 14	12	12
26	118	ISMAEL KADDOUR SANCHEZ	m	00:10:57	5:28	SUB 14	14	14

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SUB12 - SIN SON 2019

PTO	DOR	NOMBRE	SEXO	T.OFICIAL	RITMO	CATEGORÍA	P. SEX	P.CAT
SUB 12								
1	197	ALEJANDRO COUSELO FERNANDEZ	m	00:03:18	3:17	SUB 12	1	1
2	224	LUA ARUFE CALO	f	00:03:21	3:20	SUB 12	1	1
3	130	ANXO RIVAS SAMPEDRO	m	00:03:32	3:32	SUB 12	2	2
4	144	IVÁN CASAS FERNÁNDEZ	m	00:03:37	3:37	SUB 12	3	3
5	186	KIARA CONDE GARCIA	f	00:03:39	3:38	SUB 12	2	2
6	242	CARLOS MOS CAMEAN	m	00:03:43	3:42	SUB 12	4	4
7	199	IRENE RIVEIRO LEON	f	00:03:43	3:43	SUB 12	3	3
8	192	EVA FORMOSO RE CAREY	f	00:03:47	3:47	SUB 12	4	4
9	261	MARÍA CAMBA VÁZQUEZ	f	00:03:48	3:48	SUB 12	5	5
10	245	ANGEL PIÑEIRO FERREIROS	m	00:03:51	3:51	SUB 12	5	5
11	204	LOIS VILLAVARDE GUETO	m	00:03:52	3:51	SUB 12	6	6
12	270	IZAN CHICALA GONZÁLEZ	m	00:03:56	3:56	SUB 12	7	7
13	227	DANIELA GAGO CASAIS	f	00:03:59	3:58	SUB 12	6	6
14	196	ANTHONY GÓMEZ REINO	m	00:04:00	3:59	SUB 12	8	8
15	129	JESÚS PATIÑO RÍOS	m	00:04:05	4:04	SUB 12	9	9
16	225	NOA GOMEZ LEON	f	00:04:05	4:05	SUB 12	7	7
17	206	NEREA LAREO BARROSO	f	00:04:06	4:05	SUB 12	8	8
18	237	AMAIA ALCALDE CHOUZA	f	00:04:10	4:09	SUB 12	9	9
19	255	EFREN LARANGA ABEIJON	m	00:04:12	4:11	SUB 12	10	10
20	181	ROI OUJO FERNANDEZ	m	00:04:22	4:22	SUB 12	11	11
21	247	AITANA VENTOSO ARMENTAL	f	00:04:27	4:26	SUB 12	10	10
22	264	PAULO MANEIRO PÉREZ	m	00:04:28	4:28	SUB 12	12	12
23	200	HUGO BARREIRO SEOANE	m	00:04:31	4:31	SUB 12	13	13
24	254	ROI PAZOS VILA	m	00:04:32	4:32	SUB 12	14	14
25	239	MAR ALVITE TORRES	f	00:04:33	4:32	SUB 12	11	11
26	222	LUCIA OTERO DOSIL	f	00:04:34	4:33	SUB 12	12	12
27	142	IZAN MARTINEZ RODRIGUEZ	m	00:04:39	4:39	SUB 12	15	15
28	138	THIAGO DOMINGUEZ CANAVERI	m	00:04:41	4:41	SUB 12	16	16
29	207	MATEO CASTRO PEREZ	m	00:04:48	4:48	SUB 12	17	17
30	221	ALEJANDRO FIGUEIRO CIERTO	m	00:04:53	4:53	SUB 12	18	18
31	140	ZOE FERNANDEZ SANTOS	f	00:05:15	5:14	SUB 12	13	13
32	137	SORAYA SANTIAGO COUTO	f	00:05:19	5:18	SUB 12	14	14
33	273	NATALIA NEMIÑA PEÑA	f	00:05:25	5:24	SUB 12	15	15
34	217	VICTOR HUGO BARRIENTOS GARCIA	m	00:05:25	5:25	SUB 12	19	19

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SUB10 - SIN SON 2019

PTO	DOR	NOMBRE	SEXO	T.OFICIAL	RITMO	CATEGORÍA	P. SEX	P.CAT
SUB 10								
1	369	CARMEN PAZ SANTAMARIA	f	00:01:27	2:53	SUB 10	1	1
2	351	GONZALO RAMOS SAMBADE	m	00:01:31	3:01	SUB 10	1	1
3	437	XABI CAMBA VÁZQUEZ	m	00:01:32	3:04	SUB 10	2	2
4	281	MANUEL SÁNCHEZ GONZÁLEZ	m	00:01:35	3:10	SUB 10	3	3
5	346	XAQUIN ALONSO BUCETA	m	00:01:36	3:11	SUB 10	4	4
6	392	UNAI TOME MANEIRO	m	00:01:36	3:12	SUB 10	5	5
7	274	LUCIA AGEITOS ROMERO	f	00:01:37	3:13	SUB 10	2	2
8	393	CANDELA LAGO CARBAJALES	f	00:01:37	3:13	SUB 10	3	3
9	344	CARLA LORENZO LAIÑO	f	00:01:38	3:16	SUB 10	4	4
10	278	LUCIA TABOADA CODESDIO	f	00:01:39	3:18	SUB 10	5	5
11	359	SOFIA GÓMEZ-REINO	f	00:01:40	3:19	SUB 10	6	6
12	343	NOEL PARDO TUÑEZ	m	00:01:43	3:26	SUB 10	6	6
13	365	CELTIA COUCE FILGUEIRAS	f	00:01:44	3:27	SUB 10	7	7
14	280	IAGO PICÓN MONTERO	m	00:01:44	3:28	SUB 10	7	7
15	295	GABRIEL VALDES MARTINEZ	m	00:01:45	3:29	SUB 10	8	8
16	398	MANUEL OLVEIRA TOMÉ	m	00:01:45	3:29	SUB 10	9	9
17	354	ENZO PETEIRO DE LA IGLESIA	m	00:01:45	3:30	SUB 10	10	10
18	352	MARIA GONZALEZ LESTON	f	00:01:46	3:31	SUB 10	8	8
19	443	LUCAS GACIÑO CERNADAS	m	00:01:46	3:32	SUB 10	11	11
20	438	JAVIER RIVEIRO	m	00:01:46	3:32	SUB 10	12	12
21	453	ROQUE ALBAN LORENZO	m	00:01:49	3:37	SUB 10	13	13
22	361	ALDAN PARGA CASTRO	m	00:01:49	3:38	SUB 10	14	14
23	360	ALDARA FERNÁNDEZ ARMENTAL	f	00:01:49	3:38	SUB 10	9	9
24	391	ALICIA RUDIÑO PEREZ	f	00:01:51	3:42	SUB 10	10	10
25	415	PABLO PAZ AGEITOS	m	00:01:52	3:43	SUB 10	15	15
26	371	NEREA OTERO ARCA	f	00:01:52	3:43	SUB 10	11	11
27	446	RAQUEL ALMUÑA OLVEIRA	f	00:01:52	3:44	SUB 10	12	12
28	364	VALERIA SISO NIETO	f	00:01:52	3:44	SUB 10	13	13
29	373	AROA BARRIENTOS GARCIA	f	00:01:53	3:46	SUB 10	14	14
30	413	ZOE FERNÁNDEZ PIÑEIRO	f	00:01:55	3:49	SUB 10	15	15
31	807	GERMAN GONZALEZ BLANCO	m	00:01:57	3:53	SUB 10	16	16
32	288	ERIK MARTINEZ RODRIGUEZ	m	00:01:57	3:54	SUB 10	17	17
33	313	ALISSA FAJARDO SAMPEDRO	f	00:01:58	3:55	SUB 10	16	16
34	342	ANDRES SANTOS SANTOS	m	00:01:59	3:57	SUB 10	18	18
35	418	CAROLINA INSUA QUEIRUGA	f	00:01:59	3:57	SUB 10	17	17
36	277	NOA FERNÁNDEZ SAMPEDRO	f	00:01:59	3:58	SUB 10	18	18
37	423	PAULA FERNANDEZ LORENZO	f	00:02:00	3:59	SUB 10	19	19
38	303	BELTRAN ALAMANCOS LEIS	m	00:02:00	3:59	SUB 10	19	19
39	433	AINHOA QUEIRUGA TORRES	f	00:02:01	4:01	SUB 10	20	20
40	422	SOFIA LARANGA GONZALEZ	f	00:02:02	4:03	SUB 10	21	21
41	378	ANDREA JUANATEY SANTIAGO	f	00:02:02	4:04	SUB 10	22	22
42	285	JEYDEN JAEL SILVA GUERRERO	m	00:02:04	4:07	SUB 10	20	20
43	442	DANIEL BEN POUZO	m	00:02:04	4:07	SUB 10	21	21
44	390	BELTRAN ALAMANCOS LEIS	m	00:02:05	4:09	SUB 10	22	22
45	445	CANDELA OLVEIRA LOURIDO	f	00:02:06	4:12	SUB 10	23	23
46	420	JOSE ANGEL CAMPAÑA SAMPEDRO	m	00:02:08	4:15	SUB 10	23	23
47	379	ALINE FABEIRO CAO	f	00:02:08	4:16	SUB 10	24	24
48	428	ELBA POUZO DEL RIO	f	00:02:12	4:23	SUB 10	25	25
49	419	CESAR DEL RIO DOMINGUEZ	m	00:02:12	4:23	SUB 10	24	24
50	370	MARINA CANLE FILGUEIRA	f	00:02:13	4:26	SUB 10	26	26
51	452	NAYARA ESTRELLA CHICATA GONZALEZ	f	00:02:23	4:45	SUB 10	27	27
52	421	PAULA ALONSO MARTINEZ	f	00:02:25	4:49	SUB 10	28	28
53	434	IRIA MARIÑO BELLAS	f	00:02:26	4:52	SUB 10	29	29
54	417	DANIEL PÉREZ GARCÍA	m	00:02:26	4:52	SUB 10	25	25
55	322	JOSE ANGEL CAMPAÑA SAMPEDRO	m	00:02:28	4:55	SUB 10	26	26

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