

# VI CARREIRA POPULAR DOLMEN DE DOMBATE, Cabana de Bergantiños 21/09/2019

Carreira Absoluta (10k). Distancia: 10.000 m



Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	KM_6,6	Licenza	Club	Localidad
1	1	AMADOR PENA TORREIRA		SNM- 1	00:33:43	00:03:23	00:33:43	00:03:23	00:23:17	AG 2018616	CLUB ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
2	37	MANUEL OLIVER PÉREZ LÓPEZ		M40M- 1	00:33:46	00:03:23	00:33:46	00:03:23	00:23:17	GA 768549	ATLETISMOS SAR VERMU ST. PETRONI	EL BURGO
3	84	RUBEN INSUA DIAZ		SNM- 2	00:34:03	00:03:25	00:34:03	00:03:25	00:23:18	AG-2023812	SAR-VERMU PETRONI	FISTERRA
4	85	RUBEN CAAMAÑO NIETO		SNM- 3	00:34:56	00:03:30	00:34:54	00:03:30	00:23:38	AG2014741	SAR-VERMU PETRONI	PORTOSIN
5	60	CARLOS IGLESIAS AREA		SNM- 4	00:35:31	00:03:34	00:35:30	00:03:33	00:24:17	AG2015548	CLUB SAN MIGUEL DE MARÍN	MARIN
6	89	JOSE MARIA SANCHEZ SAN LUIS		SNM- 5	00:35:34	00:03:34	00:35:34	00:03:34	00:24:36	AG-2027751	SAR-VERMU PETRONI	CULLEREDO
7	29	FERNANDO VAZQUEZ ARES		M40M- 2	00:35:44	00:03:35	00:35:43	00:03:35	00:24:17		ATLETAS DE ACEA DE AMA	CAMBRE
8	36	ANGEL MACEIRAS LAGO		M40M- 3	00:35:54	00:03:36	00:35:53	00:03:36	00:24:26	AG2014771	ATLETISMO SAR VERMU-PETRONI	O BURGO
9	43	JOSÉ ÁNGEL LÓPEZ VILLAR		M40M- 4	00:36:18	00:03:38	00:36:18	00:03:38	00:24:29		C.D. EGOVARROS VIVEIRO	CEDEIRA
10	132	RAMÓN CANOSA CASTIÑEIRA		M40M- 5	00:37:00	00:03:42	00:37:00	00:03:42	00:25:23			CÉE
11	170	ALBERTO VILLAR GARCIA		SNM- 6	00:37:23	00:03:45	00:37:21	00:03:45	00:25:51			CARBALLO
12	90	JOSE SUAREZ LEIS		M50M- 1	00:37:25	00:03:45	00:37:23	00:03:45	00:25:45	AG-766580	SAR-VERMU PETRONI	A BAÑA
13	54	FERNANDO PEREZ HERNANDEZ		M50M- 2	00:37:27	00:03:45	00:37:25	00:03:45	00:25:44	AG2019970	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
14	218	JAPI BAAMONDE ARUFE		M40M- 6	00:37:31	00:03:46	00:37:29	00:03:45	00:25:45		SAR VERMÚ PETRONI	NOIA
15	892	NICOLAS IGLESIAS LOPEZ		SNM- 7	00:38:12	00:03:50	00:38:11	00:03:50	00:26:10		OLIMPIA	FISTERRA
16	53	IVAN SEGADE CAROU		SNM- 8	00:38:18	00:03:50	00:38:16	00:03:50	00:26:12	AG-766602	CLUB ATLETISMO BOIMORTO	A CORUÑA
17	258	ISMAEL CAMPELO PENA		M40M- 7	00:38:20	00:03:50	00:38:18	00:03:50	00:26:11			CULLEREDO
18	75	JOSÉ ANTONIO SEÑARÍS PARDO		M40M- 8	00:38:24	00:03:51	00:38:21	00:03:51	00:26:13		RUNNERS CARBALLO	CARBALLO
19	2	TINA FERNÁNDEZ	F- 1	SNF- 1	00:38:43	00:03:53	00:38:43	00:03:53	00:26:34	AG2017595	SAR-VERMU PETRONI	MUROS
20	22	JOSE BARDANCA PALLAS		SNM- 9	00:38:57	00:03:54	00:38:54	00:03:54	00:26:23		AD MEDIA DUCIA	CARBALLO
21	212	OSCAR MACEIRAS LAGO		SNM- 10	00:39:10	00:03:55	00:39:08	00:03:55	00:27:13		CLUB ATLETISMO SAR VERMUT PETRONI	CULLEREDO
22	42	MIGUEL ANGEL MARTINEZ NIETO		M40M- 9	00:39:11	00:03:56	00:39:09	00:03:55	00:26:47		C.A.O. - CLUB ATLETISMO OUTES	SERRA DE OUTES
23	894	CARLOS ELISEO AÑON CEAN		SNM- 11	00:39:18	00:03:56	00:39:15	00:03:56	00:26:48		A.D.MEDIADUCIA	BUÑO
24	171	VICTOR MANUEL CERQUEIRO BARREIRO		SNM- 12	00:39:22	00:03:57	00:39:20	00:03:56	00:27:21			AMES
25	155	ANTONIO CORRAL		SNM- 13	00:39:22	00:03:57	00:39:20	00:03:56	00:27:22			A CORUÑA
26	88	ROCIO ALVITE FERREIRO	F- 2	SNF- 2	00:39:23	00:03:57	00:39:23	00:03:57	00:27:08	GA 768548	SAR-VERMU PETRONI	MAZARICOS
27	28	IVAN VARELA BARREIRO		M40M- 10	00:39:51	00:04:00	00:39:50	00:03:59	00:27:22		ATLETAS DE ACEA DE AMA	CULLEREDO
28	96	MANUEL VÁZQUEZ RAMOS		M40M- 11	00:40:28	00:04:03	00:40:24	00:04:03	00:27:33		VERXEL NUTRICIÓN DEPORTIVA	ARANGA
29	201	DANIEL RODRIGUEZ CRUZ		SNM- 14	00:40:49	00:04:05	00:40:44	00:04:05	00:27:49		A.D. ABELLARIZA / A.D. MEDIA DUCIA	CABANA DE BERGANTIÑOS
30	234	ALBERTO TOJO MOLEDO		SNM- 15	00:40:51	00:04:06	00:40:48	00:04:05	00:27:34			SANTIAGO DE COMPOSTELA
31	69	JAVI BARREIRO CORDEIRO		M40M- 12	00:40:56	00:04:06	00:40:52	00:04:06	00:28:11		NOSPORTLIMIT	SANTA COMBA
32	225	DOMI MENDEZ CASTIÑEIRA		SNM- 16	00:40:59	00:04:06	00:40:55	00:04:06	00:28:03			CABANA DE BERGANTIÑOS
33	83	FRANCISCO JAVIER GONZÁLEZ LEDO		M40M- 13	00:41:17	00:04:08	00:41:15	00:04:08	00:28:15	AG2024183	RUNNING OLEIROS	CULLEREDO
34	118	MARCOS GARCÍA PARDO		M40M- 14	00:41:40	00:04:10	00:41:37	00:04:10	00:28:23			CAMBRE
35	137	JOSE LUIS PÉREZ LADO		SNM- 17	00:41:52	00:04:12	00:41:46	00:04:11	00:28:42			A CORUÑA
36	129	MANUEL CALO CANOSA		M40M- 15	00:41:52	00:04:12	00:41:49	00:04:11	00:28:42			CEE
37	219	MARCOS ORDOÑEZ RODRIGUEZ		M40M- 16	00:41:55	00:04:12	00:41:53	00:04:12	00:28:42		SAUNIER DUVAL	MALPICA DE BERGANTIÑOS
38	94	SANTIAGO GARCIA BELLO		M50M- 3	00:41:57	00:04:12	00:41:54	00:04:12	00:28:42		TRASNOS CORUÑA	CAMBRE
39	176	MARTIN REGO POSE		SNM- 18	00:41:58	00:04:12	00:41:54	00:04:12	00:28:13			VIMIANZO
40	109	CARLOS LEMA PORTEIRO		M40M- 17	00:42:03	00:04:13	00:42:01	00:04:13	00:28:39			CARBALLO
41	31	JESÚS ASTRAY CASTRO		M50M- 4	00:42:06	00:04:13	00:42:03	00:04:13	00:28:57		ATLETAS DE ACEA DE AMA	A CORUÑA
42	222	PEDRO LOPEZ MANTIÑAN		M50M- 5	00:42:10	00:04:13	00:42:03	00:04:13	00:28:57			CULLEREDO
43	238	JOSÉ MANUEL COLLAZO FERREIRO		M40M- 18	00:42:11	00:04:14	00:42:07	00:04:13	00:28:57			CARBALLO
44	117	RAMÓN ANTONIO VARELA MÍGUEZ		M50M- 6	00:42:16	00:04:14	00:42:13	00:04:14	00:28:57			A CORUÑA
45	233	ALVARO GAGINO		M40M- 19	00:42:31	00:04:16	00:42:26	00:04:15	00:28:56			A CORUÑA
46	211	FRANCISCO JAVIER LAMA CARBALLO		M50M- 7	00:42:32	00:04:16	00:42:28	00:04:15	00:28:56	AG2016793	CLUB ATLETISMO CARBALLO	MALPICA DE BERGANTIÑOS
47	173	JOSE ANTONIO FERNANDEZ RODRÍGUEZ		M40M- 20	00:42:33	00:04:16	00:42:30	00:04:15	00:29:05			ARTEIXO
48	266	JOSÉ ANTONIO SERRANO REMUIÑÁN		M40M- 21	00:42:34	00:04:16	00:42:28	00:04:15	00:29:10			CARBALLO

49	128	OSCAR BOUZAS MARTINEZ		M40M- 22	00:42:45	00:04:17	00:42:40	00:04:16	00:28:44			A CORUÑA
50	86	ANGEL CAMPOS SANTIAGO		SNM- 19	00:42:45	00:04:17	00:42:43	00:04:17	00:29:39	AG 7934	SAR-VERMU PETRONI	NOIA
51	134	JUAN JOSÉ GÓMEZ CORTÉS		M40M- 23	00:42:50	00:04:17	00:42:47	00:04:17	00:29:23			A CORUÑA
52	130	MANUEL ANGEL QUINTANS VARELA		M40M- 24	00:43:19	00:04:20	00:43:05	00:04:19	00:29:55			SANTIAGO DE COMPOSTELA
53	19	JORGE RAMOSVAZQUEZ		M40M- 25	00:43:38	00:04:22	00:43:32	00:04:22	00:29:24		ABELLARIZA	A CORUÑA
54	135	ADRIÁN GARCÍA ROMAR		SNM- 20	00:43:44	00:04:23	00:43:41	00:04:23	00:29:49			A CORUÑA
55	111	ANTONIO BARREIRO CORDEIRO		M40M- 26	00:43:55	00:04:24	00:43:51	00:04:24	00:30:23			A BAÑA
56	167	JULIO ROMERO VÁZQUEZ		M40M- 27	00:43:56	00:04:24	00:43:50	00:04:23	00:30:26			LAXE
57	71	EDUARDO SOUTO VÁZQUEZ		M50M- 8	00:44:06	00:04:25	00:43:59	00:04:24	00:30:23		NOSPORTLIMIT	A CORUÑA
58	38	IVÁN LOPEZ ROMERO		SNM- 21	00:44:09	00:04:25	00:44:05	00:04:25	00:30:21		BAIORUNNERS	BAIO-ZAS
59	893	LUIS TAJES CANOSA		M40M- 28	00:44:11	00:04:26	00:44:04	00:04:25	00:30:22			CAMARIÑAS
60	56	MARCOS ANTONIO BLANCO FIGUEIRIDO		M40M- 29	00:44:11	00:04:26	00:44:06	00:04:25	00:30:28	AG9519	CLUB ATLETISMO OUTES	SERRA DE OUTES
61	9	ALBERT CARBALLAL IGLESIAS		SNM- 22	00:44:12	00:04:26	00:44:08	00:04:25	00:30:26		A.D.MEDIADUCIA	LALIN
62	253	RUBEN CUNDINS ORONS		SNM- 23	00:44:18	00:04:26	00:44:15	00:04:26	00:30:26			CABANA BERGANTIÑOS
63	891	MARCIAL ANIBAL BARCA ESPAÑA		SNM- 24	00:44:19	00:04:26	00:44:18	00:04:26	00:30:30		CLUB ATLETISMO PINO	CARBALLO
64	55	NATALIA RIVAS SUÁREZ	F- 3	M40F- 1	00:44:19	00:04:26	00:44:19	00:04:26	00:30:30	AG2027731	CLUB ATLETISMO O PINO	CARBALLO
65	256	DANIEL ANTELO MONTES		M40M- 30	00:44:44	00:04:29	00:44:30	00:04:27	00:30:54			CARBALLO
66	203	DAVID VIÑA RODRIGUEZ		M40M- 31	00:44:45	00:04:29	00:44:39	00:04:28	00:30:53		A.D.MEDIADUCIA	CARBALLO
67	73	SUSO MENDEZ SUÁREZ		M40M- 32	00:44:45	00:04:29	00:44:37	00:04:28	00:30:57		PONTERIDERS	PONTECESO
68	283	CARLOS SUÁREZ POSE		SNM- 25	00:44:48	00:04:29	00:44:45	00:04:29	00:30:44			PONTECESO
69	163	ALFONSO SÁNCHEZ GARCÍA		M40M- 33	00:45:04	00:04:31	00:44:56	00:04:30	00:31:02			A CORUÑA
70	274	SERGIO FARIÑA AMADO		SNM- 26	00:45:04	00:04:31	00:45:00	00:04:30	00:30:59			CABANA DE BERGANTIÑOS
71	18	SUSO ROMAR SONEIRA		SNM- 27	00:45:06	00:04:31	00:44:58	00:04:30	00:31:08		ABELLARIZA	TRABA DE LAXE
72	14	DIONISIO FABIÁN GONZÁLEZ		M50M- 9	00:45:11	00:04:32	00:45:08	00:04:31	00:30:57		A.D.OLIMPIA	CEE
73	25	BENITO PIÑEIRO ABEIJON		M40M- 34	00:45:16	00:04:32	00:45:03	00:04:31	00:31:38		AGRUPACION DEPORTIVA ATLETES	ESTEIRO
74	267	EMILIO CALVO DOLDAN		M40M- 35	00:45:19	00:04:32	00:45:11	00:04:32	00:31:11			BUÑO
75	44	DOMINGO ALVAREZ IGLESIAS		M50M- 10	00:45:20	00:04:32	00:45:09	00:04:31	00:31:04	AG2022098	C.D.EGOVARROS-VIVEIRO	LA CORUÑA
76	47	SILVIA DIEZ BERMUDEZ	F- 4	M40F- 2	00:45:22	00:04:33	00:45:16	00:04:32	00:31:11	GA768998	C.D.EGOVARROS-VIVEIRO	CULLEREDO
77	3	ELENA MIGUENS OTERO	F- 5	M40F- 3	00:45:29	00:04:33	00:45:26	00:04:33	00:31:12	AG-766075	SAR-VERMU PETRONI	PADRON
78	16	ÁNGEL EIROA POSE		M40M- 36	00:45:31	00:04:34	00:45:24	00:04:33	00:31:04		ABELLARIZA	LAXE
79	11	JOSE FERNANDO PARDIÑO BUSTO		M40M- 37	00:45:43	00:04:35	00:45:38	00:04:34	00:31:19		A.D.MEDIADUCIA	CARBALLO
80	20	DANIEL VIGO		M40M- 38	00:45:50	00:04:35	00:45:50	00:04:35	00:31:23		ABELLARIZA	LAXE
81	113	JAVIER CALO		SNM- 28	00:45:50	00:04:35	00:45:43	00:04:35	00:31:23			TRABA
82	13	ALICIA GARCÍA CRUZ	F- 6	M40F- 4	00:45:52	00:04:36	00:45:50	00:04:35	00:31:15		A.D.OLIMPIA	CEE
83	151	DIEGO TENREIRO PRADO		M40M- 39	00:45:56	00:04:36	00:45:52	00:04:36	00:30:21			A CORUÑA
84	106	RAMON CAMPOS COSTA		M50M- 11	00:46:03	00:04:37	00:46:02	00:04:37	00:31:15			CORCUBION
85	242	RAMÓN BERMÚDEZ VERES		M50M- 12	00:46:10	00:04:37	00:46:01	00:04:37	00:31:25			CABANA DE BERGANTIÑOS
86	49	MADA GARCÍA ABALO	F- 7	M50F- 1	00:46:11	00:04:38	00:46:06	00:04:37	00:31:42		CAO (CLUBE ATLETISMO OUTES)	PONTECESURES
87	62	RAMON BARREIRO CERNADAS		M50M- 13	00:46:11	00:04:38	00:46:00	00:04:36	00:31:42		CLUBE ATLETISMO OUTES JOHN TURKEYS	OUTES
88	229	SANTI MATO FIGUEIRAS		M40M- 40	00:46:16	00:04:38	00:46:10	00:04:37	00:31:49			CESULLAS
89	268	JAVIER PEREZ FERNANDEZ		SNM- 29	00:46:20	00:04:38	00:46:12	00:04:38	00:31:49			O BURGO
90	80	JOSÉ LUIS LOMBAO NÚÑEZ		M40M- 41	00:46:23	00:04:39	00:46:17	00:04:38	00:31:17		RUNNING MESOIRO	ALTAMIRA CAMBRE
91	175	NESTOR TOREA MOLEDO		M40M- 42	00:46:27	00:04:39	00:46:14	00:04:38	00:31:56			ESTEIRO
92	889	BENITO BLANCO PEQUEÑO		M40M- 43	00:46:32	00:04:40	00:46:23	00:04:39	00:32:02		PATUKOS TIM RANIN	O TEMPLE, CAMBRE
93	143	JAVIER AREOSA BRANDON		M40M- 44	00:47:04	00:04:43	00:47:02	00:04:43	00:31:52			ARTEIXO
94	23	JOSE BERMUDEZ VARELA		M40M- 45	00:47:07	00:04:43	00:47:03	00:04:43	00:31:55		AD MEDIADUCIA	CARBALLO
95	24	MANUEL DOMINGUEZ CANO		M40M- 46	00:47:07	00:04:43	00:47:03	00:04:43	00:31:54		AD MEDIADUCIA	CARBALLO
96	255	ÓSCAR GARCÍA POSE		M40M- 47	00:47:08	00:04:43	00:46:58	00:04:42	00:33:11			LAXE
97	206	FERNANDO SAINZ GARCIA		M50M- 14	00:47:13	00:04:44	00:47:11	00:04:44	00:32:34	G-99999	ATLETISMO SAR VERMÚ PETRONI	BERTAMIRANS
98	115	MANUEL INSUA INSUA		M50M- 15	00:47:16	00:04:44	00:47:04	00:04:43	00:32:15			FISTERRA
99	204	ISMAEL ROJO LEMA		M40M- 48	00:47:18	00:04:44	00:47:15	00:04:44	00:32:37		A.D.MONTEBRONDO	ZAS
100	93	PAULA TRILLO CALO	F- 8	SNF- 3	00:47:43	00:04:47	00:47:32	00:04:46	00:32:26	AG 2022634	TERRA DE SONEIRA C.D.	VIMIANZO
101	92	ENRIQUE SANTOS LORENZO		M40M- 49	00:47:43	00:04:47	00:47:33	00:04:46	00:32:26	AG-2019235	TERRA DE SONEIRA C.D.	VIMIANZO

102	244	JOSÉ ANTONIO MOREIRA VEIGA		M40M- 50	00:47:44	00:04:47	00:47:40	00:04:46	00:32:50			CARBALLO
103	247	DIEGO EIRIS ALVAREZ		SNM- 30	00:47:46	00:04:47	00:47:36	00:04:46	00:32:52			CARBALLO
104	164	MANUEL MOUZO DOVAL		SNM- 31	00:47:49	00:04:47	00:47:42	00:04:47	00:32:29			CABANA DE BERGANTIÑOS
105	239	MARCOS RODRÍGUEZ SUÁREZ		M40M- 51	00:47:55	00:04:48	00:47:49	00:04:47	00:32:52			PONTECESO
106	157	EYVIND SOMMERFELT		SNM- 32	00:47:57	00:04:48	00:47:50	00:04:47	00:33:11			CORUÑA
107	149	JUAN CARLOS DOMATO VERDÍA		SNM- 33	00:48:06	00:04:49	00:47:59	00:04:48	00:33:09			ARTEIXO
108	208	GERARDO VAZQUEZ ROJO		M40M- 52	00:48:06	00:04:49	00:47:58	00:04:48	00:33:11		BAIORUNNERS	BAIO
109	150	MARCELO OITAVÉN FERNÁNDEZ		M40M- 53	00:48:08	00:04:49	00:47:58	00:04:48	00:32:45			SANTIAGO DE COMPOSTELA
110	102	JOSE FIGUEIRAS MARTÍNEZ		SNM- 34	00:48:18	00:04:50	00:48:02	00:04:49	00:33:23			BAIO
111	99	JOSÉ ANTONIO BLANCO BARREIRO		M50M- 16	00:48:22	00:04:51	00:48:18	00:04:50	00:33:03			SANTIAGO DE COMPOSTELA
112	35	ALFONSO REMUIÑÁN SANCHEZ		M50M- 17	00:48:29	00:04:51	00:48:19	00:04:50	00:33:04	GA765469	ATLETISMO CARBALLO	A CORUÑA
113	45	SUSANA PARGUIÑA FERNÁNDEZ	F- 9	M50F- 2	00:48:29	00:04:51	00:48:25	00:04:51	00:33:11	GA 765964	C.D.EGOVARROS-VIVEIRO	CORUÑA
114	33	MARIA JOSÉ GROBAS GARABOA	F- 10	M40F- 5	00:48:39	00:04:52	00:48:25	00:04:51	00:33:32		ATLETISMO BOIMORTO	MESÍA
115	152	JUAN CARLOS MENÉNDEZ DOMINGUEZ		M50M- 18	00:48:39	00:04:52	00:48:30	00:04:51	00:33:44			ARTEIXO
116	74	CARLOS ANDRADE CASTRO		M40M- 54	00:48:43	00:04:53	00:48:35	00:04:52	00:33:48		PONTERIDERS	PONTECESO
117	120	CARMEN CASTRO LEMA	F- 11	SNF- 4	00:48:49	00:04:53	00:48:41	00:04:53	00:33:59			DUMBRIA
118	254	OLIVER CASTRO SOUTO		SNM- 35	00:49:08	00:04:55	00:49:03	00:04:55	00:33:39			CARBALLO
119	146	PABLO ROMERO LEMA		M40M- 55	00:49:12	00:04:56	00:49:07	00:04:55	00:33:29			A CORUÑA
120	121	PABLO PORTOMEÑE GÓMEZ		SNM- 36	00:49:12	00:04:56	00:49:07	00:04:55	00:33:29			CABANA DE BERGANTIÑOS
121	66	MAXIMINO LAGARES CARRO		M40M- 56	00:49:24	00:04:57	00:49:10	00:04:55	00:33:57		ESPRINTES OURENSE	ORDES
122	251	OSCAR ROMERO LAGO		SNM- 37	00:49:27	00:04:57	00:49:17	00:04:56	00:34:09			A CORUÑA
123	40	JORGE BARREIRO GONZÁLEZ		SNM- 38	00:49:43	00:04:59	00:49:32	00:04:58	00:34:07		BEER RUNNERS CORUÑA	A CORUÑA
124	48	ÁNGEL GENDRA MARTÍNEZ		SNM- 39	00:49:46	00:04:59	00:49:32	00:04:58	00:34:53		CABE	SANTIAGO DE COMPOSTELA
125	67	MIGUEL MATO OUTEIRO		SNM- 40	00:49:48	00:04:59	00:49:40	00:04:58	00:34:15		MESOIRO RUUNIG	A CORUÑA
126	26	JOSÉ MANUEL BLANCO NOVO		M40M- 57	00:49:58	00:05:00	00:49:51	00:05:00	00:33:58		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
127	260	ANTONIO IGLESIAS NOGUEIRA		M40M- 58	00:49:58	00:05:00	00:49:52	00:05:00	00:34:28			MILLADOIRO
128	262	VICTOR MANUEL LAVANDEIRA GARCÍA		SNM- 41	00:49:58	00:05:00	00:49:49	00:04:59	00:34:50			CARBALLO
129	46	JUAN MENÉNDEZ ARBESÚ		M50M- 19	00:50:00	00:05:00	00:49:48	00:04:59	00:34:41	AG2020631	C.D.EGOVARROS-VIVEIRO	O BURGO
130	34	CARLOS REMUIÑÁN SÁNCHEZ		M50M- 20	00:50:04	00:05:01	00:49:56	00:05:00	00:34:00		ATLETISMO CARBALLO	CARBALLO
131	119	ELOY CALDERÓN FERNÁNDEZ		M50M- 21	00:50:05	00:05:01	00:49:59	00:05:00	00:34:26			A CORUÑA
132	895	LORETO PEDROSA TORRES	F- 12	SNF- 5	00:50:05	00:05:01	00:49:56	00:05:00	00:34:40		NOSPORTLIMIT	A CORUÑA
133	50	MANUEL LAGO MOLEDO		M50M- 22	00:50:06	00:05:01	00:49:55	00:05:00	00:34:24		CAO CLUB ATLETISMO OUTES	SIERRA DE OUTES
134	209	MARIO ROMERO RODRIGUEZ		SNM- 42	00:50:06	00:05:01	00:49:51	00:05:00	00:34:59		BAIORUNNERS	BAIO
135	30	ANTONIO GARCIA BELLO		M50M- 23	00:50:08	00:05:01	00:50:01	00:05:01	00:32:17		ATLETAS DE ACEA DE AMA	EL TEMPLE
136	284	MARCOS CEREZO FERNANDEZ		M40M- 59	00:50:12	00:05:02	00:50:02	00:05:01	00:34:40			VILLAFRANCA DEL BIERZO
137	114	MANUEL OUTES PAZ		M50M- 24	00:50:13	00:05:02	00:50:04	00:05:01	00:34:12			CARBALLO
138	107	MARÍA MATO FIGUEIRAS	F- 13	SNF- 6	00:50:13	00:05:02	00:50:07	00:05:01	00:34:23			CABANA DE BERGANTIÑOS
139	12	IRIA LAGO ANDRADE	F- 14	SNF- 7	00:50:20	00:05:02	00:50:14	00:05:02	00:34:38		A.D.OLIMPIA	BRENS. CEE
140	101	ALBERTO ANDRADE LAGO		M50M- 25	00:50:27	00:05:03	00:50:19	00:05:02	00:34:17			CORCUBION
141	166	ISMAEL LEIS CALO		SNM- 43	00:50:49	00:05:05	00:50:46	00:05:05	00:34:06			CEE
142	232	CHRISTIAN PARRA LOMBARDEO		SNM- 44	00:50:49	00:05:05	00:50:41	00:05:05	00:34:06			LUGO
143	82	PEDRO PETEIRO ROSENDE		M40M- 60	00:50:56	00:05:06	00:50:46	00:05:05	00:34:38	AG 2016168	RUNNING OLEIROS	ARANGA
144	27	VÍCTOR HUGO CONDE LÓPEZ		M40M- 61	00:50:59	00:05:06	00:50:59	00:05:06	00:34:15	AG2025735	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
145	159	SILVIA SÁNCHEZ BASCOY	F- 15	M50F- 3	00:51:12	00:05:08	00:51:06	00:05:07	00:35:03			A CORUÑA
146	104	JESÚS VAAMONDE RÚA		M50M- 26	00:51:13	00:05:08	00:51:08	00:05:07	00:34:31			LA CORUÑA
147	165	JOSE ANGEL LORENZO RIVEIRO		M40M- 62	00:51:17	00:05:08	00:51:09	00:05:07	00:35:08			CULLEREDO
148	17	ALEJANDRA POSE LEMA	F- 16	M40F- 6	00:51:34	00:05:10	00:51:26	00:05:09	00:35:03		ABELLARIZA	LAXE
149	122	JESUS MATIAS DOMINGUEZ GOMEZ		M50M- 27	00:51:58	00:05:12	00:51:43	00:05:11	00:36:08			A LARACHA
150	110	JAVIER SUAREZ ANSEDE		M50M- 28	00:52:16	00:05:14	00:52:10	00:05:13	00:35:57			LUBRE-BERGONDO
151	880	ESTEBAN NANTON PAZOS		SNM- 45	00:52:19	00:05:14	00:52:08	00:05:13	00:34:06			CABANA DE BERGANTIÑOS
152	51	DAVID GRILLE RIAL		SNM- 46	00:52:20	00:05:14	00:52:20	00:05:14			CD GAS NATURAL FENOSA	SANTIAGO DE COMPOSTELA
153	124	ROBERTO FIGUEROA SUÁREZ		M50M- 29	00:52:24	00:05:15	00:52:09	00:05:13	00:36:15			ARTEIXO
154	127	ANA VARELA REGUERA	F- 17	M40F- 7	00:52:31	00:05:16	00:52:23	00:05:15	00:35:38			CARBALLO

155	15	LOLO CALVIÑO BUGUEIRO		M50M- 30	00:52:53	00:05:18	00:52:41	00:05:17	00:36:48	ABANCA	BERGONDO
156	879	JOAQUIN MARTINEZ ABAD		M40M- 63	00:53:05	00:05:19	00:52:55	00:05:18	00:36:17		CORUÑA
157	178	INMACULADA COLLAZO COSTA	F- 18	SNF- 8	00:53:29	00:05:21	00:53:18	00:05:20	00:36:23		CABANA DE BERGANTIÑOS
158	177	MARÍA CODESIDO MONTOIRO	F- 19	M40F- 8	00:53:30	00:05:21	00:53:19	00:05:20	00:36:22		SANTIAGO DE COMPOSTELA
159	79	JAVIER FERNANDEZ FRAGA		M50M- 31	00:53:47	00:05:23	00:53:33	00:05:22	00:38:36	RUNNING ARTEIXO	ARTEIXO
160	257	EYVIND SOMMERFELT		M50M- 32	00:53:49	00:05:23	00:53:43	00:05:23	00:37:14		ELLINGSØY
161	220	ALFREDO MANUEL DOMINGUEZ VELO		M40M- 64	00:54:11	00:05:26	00:53:56	00:05:24	00:37:14		A CORUÑA
162	147	ARACELI VEIGA BERMEJO	F- 20	M50F- 4	00:54:12	00:05:26	00:54:00	00:05:24	00:37:32		A CORUÑA
163	202	CÉSAR POSE MATO		SNM- 47	00:54:40	00:05:28	00:54:26	00:05:27	00:37:04	A. D. FOGAR	CARBALLO
164	250	JORGE TOJA VAZQUEZ		M50M- 33	00:54:44	00:05:29	00:54:33	00:05:28	00:37:06		LAXE
165	103	MANUEL JOSE REY PAULOS		M50M- 34	00:54:47	00:05:29	00:54:38	00:05:28	00:37:59		CARBALLO
166	41	JOSE VARELA VERDES		M40M- 65	00:54:57	00:05:30	00:54:46	00:05:29	00:38:51	BEER RUNNERS CORUÑA	A CORUÑA
167	237	RUBEN BRAS GARCIA		SNM- 48	00:55:26	00:05:33	00:55:14	00:05:32	00:36:05		CABANA DE BERGANTIÑOS
168	263	ESTEBAN GONZALEZ LAGE		SNM- 49	00:55:37	00:05:34	00:55:28	00:05:33	00:37:41		CARBALLO
169	227	REBECA REGUEIRA SANCHEZ	F- 21	SNF- 9	00:55:45	00:05:35	00:55:30	00:05:33	00:38:38		A LARACHA
170	890	ANA LÓPEZ SUÁREZ	F- 22	M50F- 5	00:56:06	00:05:37	00:55:55	00:05:36	00:38:40		A CORUÑA
171	105	CARMEN GARCIA GARCIA	F- 23	M50F- 6	00:56:08	00:05:37	00:55:59	00:05:36	00:38:56		A CORUÑA
172	160	ARTURO RABUÑAL VAZQEZ		M50M- 35	00:56:09	00:05:37	00:55:59	00:05:36	00:38:56		MEICENDE
173	259	MANUEL ANGEL LEMA BEIZANA		M40M- 66	00:56:15	00:05:38	00:56:05	00:05:37	00:39:34		ARTEIXO
174	123	MARINA RODRIGUEZ CARIDE	F- 24	M40F- 9	00:57:23	00:05:45	00:57:09	00:05:43	00:40:07		A CORUÑA
175	39	PILAR VAZQUEZ FEBRERO	F- 25	SNF- 10	00:57:23	00:05:45	00:57:10	00:05:43	00:40:09	BEER RUNNERS CORUÑA	A CORUÑA
176	63	GONZALO ALVAREZ PRADO		M50M- 36	00:57:25	00:05:45	00:57:25	00:05:45		CORRECAMINOS COYOTE ORDES RUNNING TEAM	ORDES
177	881	JESUS BERNAL GÓMEZ		M50M- 37	00:57:36	00:05:46	00:57:34	00:05:46	00:40:37		FERROL
178	215	TERESA FERNÁNDEZ CAAMAÑO	F- 26	SNF- 11	00:57:53	00:05:48	00:57:43	00:05:47	00:39:25	NOSPORTLIMIT	A CORUÑA
179	221	FRANCISCO ABUIN GARCIA		M50M- 38	00:58:14	00:05:50	00:58:00	00:05:48	00:40:33		SANTIAGO DE COMPOSTELA
180	280	FERNANDO TRIGO MARTÍNEZ		M50M- 39	00:58:28	00:05:51	00:58:23	00:05:51	00:39:20		A CORUÑA
181	108	BERIT SOMMERFELT	F- 27	SNF- 12	00:58:29	00:05:51	00:58:16	00:05:50	00:40:47		CORUÑA
182	61	SERGIO CALVO		M40M- 67	00:58:44	00:05:53	00:58:32	00:05:52	00:40:22	CLUBE ATLETISMO OUTES - JOHN TURKEY	CORUÑA
183	214	LAURA MABEL MEZA CABAÑAS	F- 28	SNF- 13	00:58:48	00:05:53	00:58:43	00:05:53	00:40:01	LAURA	PERILLO
184	112	MANUEL GONZALEZ PEREIRA		M50M- 40	01:01:32	00:06:10	01:01:14	00:06:08	00:42:09		ARTEIXO
185	275	NIDIA ESTER GONZÁLEZ GONZÁLEZ	F- 29	SNF- 14	01:01:34	00:06:10	01:01:30	00:06:09	00:40:52		CORUÑA
186	21	CRISTINA SANCHEZ LOPEZ	F- 30	M40F- 10	01:01:54	00:06:12	01:01:40	00:06:10	00:42:14	AD DOWNHILL	A LARACHA
187	6	MARIA ANDRADE LAGO	F- 31	M40F- 11	01:03:15	00:06:20	01:03:02	00:06:19	00:43:04	A. D. OLIMPIA	CORCUBION
188	5	AMELIA ANDRADE LAGO	F- 32	M50F- 7	01:03:16	00:06:20	01:03:03	00:06:19	00:42:58	A. D. OLIMPIA	CORCUBION
189	205	PAULA REMUIÑÁN FERREIRO	F- 33	SNF- 15	01:04:01	00:06:25	01:03:52	00:06:24	00:43:27	ATLETISMO CARBALLO	A CORUÑA
190	282	ARANTXA SIERRA FERRAN	F- 34	SNF- 16	01:04:01	00:06:25	01:03:52	00:06:24	00:43:26		CARBALLO
191	249	EDUARDO GARCIA SANTIAGO		M50M- 41	01:04:08	00:06:25	01:03:54	00:06:24	00:44:11		A LARACHA
192	236	SHEILA RECAREY VARELA	F- 35	SNF- 17	01:09:34	00:06:58	01:09:22	00:06:57	00:46:37		CABANA DE BERGANTIÑOS

## VI CARREIRA POPULAR DOLMEN DE DOMBATE, Cabana de Bergantiños 21/09/2019

Carreira Absoluta (3k). Distancia: 3.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	355	NICO IGLESIAS LOPEZ		SNM- 1	00:10:11	00:03:24			FISTERRA
2	302	JAVIER PARADELA MARTICÓ		SNM- 2	00:10:24	00:03:28			ARTEIXO
3	301	CESAR RODRIGUEZ VENTUREIRA		SNM- 3	00:10:35	00:03:32		RUNNING ARTEIXO	ARTEIXO
4	323	MARCIAL ANIBAL BARCA ESPAÑA		SNM- 4	00:10:36	00:03:32	AG2027730	O PINO	CORISTANCO
5	306	ALBERTO POMBO PERISCAL		SNM- 5	00:11:01	00:03:41		A.D.MEDIADUCIA	CARBALLO
6	717	DANIEL BARCIA RAMA		XVNM- 1	00:11:13	00:03:45		CANDUAS	TEMPLE-CAMBRE
7	713	JOSÉ MANUEL NEGREIRA ABELENDA		INFM- 1	00:11:16	00:03:46		ATLETISMO CARBALLO	CARBALLO
8	454	CARLOS LÓPEZ BUENO		SNM- 6	00:11:37	00:03:53			SANTIAGO DE COMPOSTELA
9	722	ÓSCAR PARENTE TURNES		XVNM- 2	00:11:40	00:03:54		CLUB ATLETISMO NEGREIRA	SANTA COMBA
10	703	YAGO DANIEL RIO PEREIRA		CDTM- 1	00:11:48	00:03:56			FERROL
11	330	VÍCTOR LEMA NANTÓN		SNM- 7	00:11:59	00:04:00		TRIATLON COSTA DA MORTE	CABANA DE BERGANTIÑOS
12	715	ANXO BELLO RODRÍGUEZ		INFM- 2	00:12:05	00:04:02		ATLETISMO CARBALLO	CORISTANCO
13	348	APOLONIA BERMUDEZ CANOSA	F- 1	SNF- 1	00:12:08	00:04:03			VIMIANZO
14	474	FRANCISCO PAZ TRILLO		SNM- 8	00:12:14	00:04:05			VIMIANZO
15	714	BERKET LOPEZ DIAZ		INFM- 3	00:12:17	00:04:06		ATLETISMO CARBALLO	CARBALLO
16	725	ENMA ARGIBAY DOMINGUEZ	F- 2	CDTF- 1	00:12:18	00:04:06		SAR-VERMU PETRONI	O PINO
17	421	MANUEL QUEIRO BLANCO		SNM- 9	00:12:21	00:04:07			BAIO
18	327	LUPE LODEIRO NÚÑEZ	F- 3	SNF- 2	00:12:23	00:04:08	GA19056	SAR-VERMU PETRONI	VILLANUEVA DE AROSA
19	406	MANUEL BARREIRA RIAL		SNM- 10	00:12:31	00:04:11		BAIORUNNERS	BAIO
20	542	LUIS BARCIA TOJA		SNM- 11	00:12:38	00:04:13			LAXE
21	593	MANUEL MOUZO LEMA		SNM- 12	00:12:43	00:04:15			VIMIANZO
22	887	DIONISIO FABIAN GONZALEZ		SNM- 13	00:12:51	00:04:17		AD OLIMPIA	CEE
23	701	SABELA REY MIGUENS	F- 4	XVNF- 1	00:12:53	00:04:18	AG2022537	SAR-VERMU PETRONI	PADRON
24	707	SONIA CANOSA GARCÍA	F- 5	INFF- 1	00:13:04	00:04:22		A.D.OLIMPIA	CEE
25	344	JUAN PAIS MIÑONES		SNM- 14	00:13:07	00:04:23			VIMIANZO
26	752	NEREA MALLO MARTÍNEZ	F- 6	INFF- 2	00:13:24	00:04:28			LARACHA
27	750	RUBEN PARGA BAÑA		CDTM- 2	00:13:27	00:04:29			MALPICA
28	314	ANTONIO REMUIÑÁN SÁNCHEZ		SNM- 15	00:13:29	00:04:30	GA765470	ATLETISMO CARBALLO	CARBALLO
29	410	MANUEL ESTEBAN LEMA PÉREZ		SNM- 16	00:13:32	00:04:31		PICOT@S	CABANA DE BERGANTIÑOS
30	325	OLGA POSE CHOUCIÑO	F- 7	SNF- 3	00:13:48	00:04:36		PONTERIDERS	PONTECESO
31	333	EVARISTO ALVARELLOS LAGO		SNM- 17	00:13:58	00:04:40			CEE
32	308	RAFAEL QUINTANS CANOSA		SNM- 18	00:14:00	00:04:40		ABELLARIZA	CEE
33	487	VÍCTOR MANUEL BARRIENTOS SAMBAD		SNM- 19	00:14:01	00:04:41			CEE
34	743	NICOLAS PAZ PEREIRA		CDTM- 3	00:14:12	00:04:44			BAIO
35	742	ASDRÚBAL BARCA RIVAS		INFM- 4	00:14:24	00:04:48			CARBALLO
36	576	JOSE MANUEL COLLAZO COSTA		SNM- 20	00:14:26	00:04:49			CABANA DE BERGANTIÑOS
37	754	JUAN PAIS TEDÍN		CDTM- 4	00:14:29	00:04:50			VIMIANZO
38	329	FABIÁN SANTOS POSE		SNM- 21	00:14:29	00:04:50	T AG 2022 664	TERRA DE SONEIRA C.D.	VIMIANZO
39	716	ANDREA LAMAS DOMINGUEZ	F- 8	INFF- 3	00:14:36	00:04:52		ATLETISMO CARBALLO	CARBALLO
40	724	MARIÑA REY MIGUENS	F- 9	CDTF- 2	00:14:37	00:04:53		SAR-VERMU PETRONI	PADRON
41	531	FRANCISCO CHARLIN ORONS		SNM- 22	00:14:41	00:04:54			LAXE
42	738	LAURA BLANCO MOREIRA	F- 10	INFF- 4	00:14:45	00:04:55			DUMBRÍA

43	357	JESÚS MANUEL BLANCO GONZALEZ		SNM- 23	00:14:45	00:04:55		DUMBRIA
44	337	JOSE ANTONIO BLANCO LEMA		SNM- 24	00:14:50	00:04:57		DUMBRÍA
45	304	ANA BELEN ANDRADE VERDES	F- 11	SNF- 4	00:14:57	00:04:59	A.D. ABELLARIZA	CABANA DE BERGANTIÑOS
46	558	MARCO ANTONIO GOMEZ MATO		SNM- 25	00:15:09	00:05:03		LAXE
47	497	ROSA FUENTES SENANDE	F- 12	SNF- 5	00:15:10	00:05:04		LARACHA
48	513	ANA LORENA GONZALEZ GARCIA	F- 13	SNF- 6	00:15:10	00:05:04		BAIO - ZAS
49	718	LUCIA BARCIA RAMA	F- 14	CDTF- 3	00:15:14	00:05:05	CANDUAS	EL TEMPLE-CAMBRE
50	315	JOSE ANTONIO BARCIA CASTRO		SNM- 26	00:15:15	00:05:05	CANDUAS	CAMBRE
51	321	VICTORIA FERNÁNDEZ GARCÍA	F- 15	SNF- 7	00:15:16	00:05:06	AG 9513 COMESAÑA SPORTING CLUB	VIMIANZO
52	744	BRAIS TOURIÑAN CAAMAÑO		XVNM- 3	00:15:18	00:05:06		VIMIANZO
53	562	JOSÉ MUIÑO DOMÍNGUEZ		SNM- 27	00:15:25	00:05:09		CABANA DE BERGANTIÑOS
54	437	ANTONIO MARTINEZ MARIÑO		SNM- 28	00:15:34	00:05:12		A CORUÑA
55	360	DIANA LOURO BLANCO	F- 16	SNF- 8	00:15:35	00:05:12		MAZARICOS
56	328	RAMON REY MIGUENS		SNM- 29	00:15:38	00:05:13	SAR-VERMU PETRONI	ESPAÑA
57	317	CARLOS VARELA CALVELO		SNM- 30	00:15:42	00:05:14	CLUB ATLETISMO DUBRA	VAL DO DUBRA
58	326	SARA BARREIRA BLANCO	F- 17	SNF- 9	00:15:43	00:05:15	RUNNING OLEIROS	LA CORUÑA
59	356	MARÍA DEL CARMEN TRILLO GRILLE	F- 18	SNF- 10	00:15:48	00:05:16		DUMBRÍA
60	463	PAULA GRILLE ATÁN	F- 19	SNF- 11	00:15:48	00:05:16		DUMBRÍA
61	885	CARMEN GARCIA GARCIA	F- 20	SNF- 12	00:15:51	00:05:17		A CORUÑA
62	886	ARTURO RABUÑAL VAZQUEZ		SNM- 31	00:15:52	00:05:18		ARTEIXO
63	582	FRANCISCO JAVIER SENANDE ROMAR		SNM- 32	00:15:54	00:05:18		CABANA DE BERGANTIÑOS
64	748	BRAIS RELLAN CUNDINS		CDTM- 5	00:15:59	00:05:20		CABANA DE BERGANTIÑOS
65	749	NOÉ SOUTO POSE		CDTM- 6	00:16:02	00:05:21		CABANA DE BERGANTIÑOS
66	464	JOSE ANTONIO QUINTANS VELO		SNM- 33	00:16:05	00:05:22		DUMBRIA
67	310	MIGUEL ÁNGEL AMADO SUÁREZ		SNM- 34	00:16:05	00:05:22	ABELLARIZA	PONTECESO
68	460	MANUEL ANGEL BLANCO CASTRO		SNM- 35	00:16:07	00:05:23		CABANA DE BERGANTIÑOS
69	530	MÓNICA RODRÍGUEZ PAREDES	F- 21	SNF- 13	00:16:10	00:05:24		CORISTANCO
70	583	CALIXTO ALBORJA VERDES		SNM- 36	00:16:12	00:05:24		NEAÑO-CESULLAS
71	331	JUAN JOSÉ INSUA LOURO		SNM- 37	00:16:13	00:05:25	VAL DO DUBRA	VAL DO DUBRA
72	342	JESÚS BERNAL GÓMEZ		SNM- 38	00:16:17	00:05:26		FERROL
73	549	ALBA VÁZQUEZ LEMA	F- 22	SNF- 14	00:16:18	00:05:26		A CORUÑA
74	422	LORENA MARTÍNEZ CANOSA	F- 23	SNF- 15	00:16:26	00:05:29		BAMIRO
75	493	CHEMA RELLAN LEMA		SNM- 39	00:16:30	00:05:30		CABANA DE BERGANTIÑOS
76	702	MARTA COSTA MONTES	F- 24	XVNF- 2	00:16:31	00:05:31		ZAS
77	535	JORGE FUENTES POSE		SNM- 40	00:16:36	00:05:32		CABANA
78	455	MARTA PEÑA ÁLVAREZ	F- 25	SNF- 16	00:16:38	00:05:33		PONTECESO
79	753	INÉS EIROA POSE	F- 26	CDTF- 4	00:16:39	00:05:33		LAXE
80	739	CLAUDIA OANES RODRIGUEZ	F- 27	INFF- 5	00:16:42	00:05:34		CABANA DE BERGANTIÑOS
81	430	MARIA JOSE PEÑA ALVAREZ	F- 28	SNF- 17	00:16:50	00:05:37		PONTECESO
82	539	IRENE VIDAL PEREZ	F- 29	SNF- 18	00:16:55	00:05:39		CABANA DE BERGANTIÑOS
83	538	MANUEL VILLAR BLANCO		SNM- 41	00:16:55	00:05:39		CABANA DE BERGANTIÑOS
84	347	ALFONSO PREGO		SNM- 42	00:16:55	00:05:39		CERCEDA
85	585	SUSANA FERNÁNDEZ ARES	F- 30	SNF- 19	00:16:59	00:05:40		A CORUÑA
86	480	DAVID POSE FERNÁNDEZ		SNM- 43	00:17:02	00:05:41		CABANA DE BERGANTIÑOS
87	532	JUAN RAMON SOUTO LEMA		SNM- 44	00:17:09	00:05:43		PONTECESO
88	767	ANTIA SOUTO MARTINEZ	F- 31	CDTF- 5	00:17:09	00:05:43		PONTECESO
89	883	SERGIO CALVO		SNM- 45	00:17:15	00:05:45		CORUÑA

90	563	FRANCISCO ENRIQUE BLANCO AMEIJENDA		SNM- 46	00:17:18	00:05:46		CESULLAS
91	450	LUCÍA VÁZQUEZ INSUA	F- 32	SNF- 20	00:17:30	00:05:50		SANTIAGO DE COMPOSTELA
92	309	MARI CARMEN VAZQUEZ RIVERA	F- 33	SNF- 21	00:17:33	00:05:51	ABELLARIZA	PONTECESO
93	479	VICTOR POSE FERNÁNDEZ		SNM- 47	00:17:37	00:05:53		ZAS
94	361	ANA RODRÍGUEZ FREIRE	F- 34	SNF- 22	00:17:39	00:05:53		ARTEIXO
95	710	ÓSCAR BLANCO RODRÍGUEZ		CDTM- 7	00:17:45	00:05:55	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
96	426	MARCOS SUÁREZ MARCOTE		SNM- 48	00:17:54	00:05:58		CABANA DE BERGANTIÑOS
97	706	ALEJANDRA CANOSA GARCÍA	F- 35	CDTF- 6	00:17:57	00:05:59	A.D. OLIMPIA	CEE
98	456	PATRICIA BERMÚDEZ PARAPAR	F- 36	SNF- 23	00:18:04	00:06:02		LA CORUÑA
99	756	NICOLAS ALVAREZ PEREZ		CDTM- 8	00:18:07	00:06:03		CABANA DE BERGANTIÑOS
100	541	INES GARCÍA FERNÁNDEZ	F- 37	SNF- 24	00:18:11	00:06:04		CABANA
101	589	MARÍA JOSÉ SORIANO GARCIA	F- 38	SNF- 25	00:18:15	00:06:05		CARBALLO
102	478	FATIMA POSE	F- 39	SNF- 26	00:18:16	00:06:06		CABANA DE BERGANTIÑOS
103	534	BARCA BARRIOS CALO	F- 40	SNF- 27	00:18:16	00:06:06		CASTELO
104	578	FONSY SANTANA	F- 41	SNF- 28	00:18:23	00:06:08		A CORUÑA
105	502	SILVIA BOUZAS MARTINEZ	F- 42	SNF- 29	00:18:25	00:06:09		LAXE
106	572	FELIPE MARTÍNEZ RIOBOO		SNM- 49	00:18:30	00:06:10		CABANA
107	492	ANA BELEN BOUZAS REGUEIRA	F- 43	SNF- 30	00:18:46	00:06:16		CABANA DE BERGANTIÑOS
108	529	VANESA CABO SINDE	F- 44	SNF- 31	00:19:08	00:06:23		VEDRA
109	528	FÁTIMA ROSENDE MARTÍNEZ	F- 45	SNF- 32	00:19:08	00:06:23		TOURO
110	350	MARÍA ISABEL TURNES CORDEIRO	F- 46	SNF- 33	00:19:18	00:06:26		SANTA COMBA
111	458	PABLO VIGO SANCHÉZ		SNM- 50	00:19:19	00:06:27		A CORUÑA
112	882	SUSI GARCIA RODRIGUEZ	F- 47	SNF- 34	00:19:19	00:06:27		A CORUÑA
113	734	LUCÍA RODRÍGUEZ SOUTO	F- 48	INFF- 6	00:19:30	00:06:30		CABANA DE BERGANTIÑOS
114	757	MARIÑA ANDRADE AÑÓN	F- 49	INFF- 7	00:19:30	00:06:30		A CORUÑA
115	307	LAURA GERPE RIAL	F- 50	SNF- 35	00:19:31	00:06:31	A.D.MEDIADUCIA	CARBALLO
116	447	PABLO RODRIGUEZ BARRIO		SNM- 51	00:19:35	00:06:32		CABANA DE BERGANTIÑOS
117	451	SONIA SANDE LISTA	F- 51	SNF- 36	00:19:37	00:06:33		CABANA DE BERGANTIÑOS
118	303	LAURA LEMA VERDÍA	F- 52	SNF- 37	00:19:43	00:06:35	A.D MEDIA DUCIA	CARBALLO
119	507	EVA POSE LEMA	F- 53	SNF- 38	00:20:02	00:06:41		A CORUÑA
120	494	MARIA TERESA SIMAL SUAREZ	F- 54	SNF- 39	00:20:25	00:06:49		ARTEIXO
121	405	MARIA ASCENSION VAZQUEZ BERTO A	F- 55	SNF- 40	00:20:32	00:06:51	ATLETISMO CARBALLO	CARBALLO
122	597	ARTURO LUIS GARCIA BASALO		SNM- 52	00:20:32	00:06:51		CARBALLO
123	459	MARÍA JOSE MOREIRA HERMIDA	F- 56	SNF- 41	00:21:09	00:07:03		DUMBRIA
124	557	ISABEL SOUTO SANTOS	F- 57	SNF- 42	00:21:10	00:07:04		CANDUAS
125	349	JOSE MANUEL GARCÍA CACABELOS		SNM- 53	00:22:09	00:07:23		A CORUÑA
126	577	LETICIA RAMA BLANCO	F- 58	SNF- 43	00:22:15	00:07:25		A CORUÑA
127	760	ELBA TRIGO LIÑARES	F- 59	INFF- 8	00:22:16	00:07:26		CAMBRE
128	506	MARÍA DEL CARMEN SUÁREZ PÉREZ	F- 60	SNF- 44	00:22:27	00:07:29		CABANA DE BERGANTIÑOS
129	527	ISABEL MOURELLE POSE	F- 61	SNF- 45	00:22:44	00:07:35		CABANA
130	427	MARISOL FARIÑA PEREZ	F- 62	SNF- 46	00:22:59	00:07:40		CABANA DE BERGANTIÑOS
131	533	ESTHER MARTÍNEZ MUSÍ	F- 63	SNF- 47	00:23:16	00:07:46		PONTECESO
132	453	MARÍA BERMÚDEZ PARAPAR	F- 64	SNF- 48	00:25:35	00:08:32		A CORUÑA
133	481	FERNANDO SILVA MAGARIÑOS		SNM- 54	00:25:39	00:08:33		URES 14 CANDUAS CABANA DE BERGANTIÑOS
134	574	CRISTINA PARAPAR PAZ	F- 65	SNF- 49	00:25:45	00:08:35		A CORUÑA
135	737	MARIA SOUTO AMARELLE	F- 66	XVNF- 3	00:25:53	00:08:38		ARTEIXO
136	594	ISABEL DIAZ GRAIÑO	F- 67	SNF- 50	00:25:57	00:08:39		FISTERRA

137	407	SANDRA RAMA BLANCO	F- 68	SNF- 51	00:27:05	00:09:02	CANDUAS	A CORUÑA
138	482	ANA MARÍA GARCÍA RODRÍGUEZ	F- 69	SNF- 52	00:27:09	00:09:03		URES 14 CANDUAS CABANA DE BERGANTIÑOS
139	486	DOLORES INSUA MOREIRA	F- 70	SNF- 53	00:27:25	00:09:09		CABANA
140	485	ENRIQUE DANIEL SILVA MAGARIÑOS		SNM- 55	00:28:09	00:09:23		CABANA
141	522	SANTIAGO AGRA LEMA		SNM- 56	00:28:42	00:09:34		CABANA DE BERGANTIÑOS
142	498	BEATRIZ ALLO ESPERANTE	F- 71	SNF- 54	00:28:43	00:09:35		VIMIANZO
143	741	AINARA GÓMEZ GARCÍA	F- 72	INFF- 9	00:29:01	00:09:41		ARTEIXO
144	466	MARIA REGUEIRA LAMAS	F- 73	SNF- 55	00:29:01	00:09:41		CABANA DE BERGANTIÑOS
145	495	JOSE LUIS SENANDE REYES		SNM- 57	00:29:13	00:09:45		CABANA DE BERGANTIÑOS
146	496	BELEN FUENTES SENANDE	F- 74	SNF- 56	00:29:20	00:09:47		BAIO - ZAS
147	571	SONIA SILVA INSUA	F- 75	SNF- 57	00:29:24	00:09:48		CABANA
148	523	ISABEL AGRA LEMA	F- 76	SNF- 58	00:29:25	00:09:49		CARBALLO
149	471	ISABEL SENANDE CASTIÑEIRA	F- 77	SNF- 59	00:30:15	00:10:05		CABANA DE BERGANTIÑOS
150	509	CARMEN FELIPE FREJEIRO	F- 78	SNF- 60	00:30:37	00:10:13		PONTECESO
151	461	MARGARITA MARTELO LEMA	F- 79	SNF- 61	00:30:56	00:10:19		CABANA DE BERGANTIÑOS
152	595	CARLOTA VÁZQUEZ HAZ	F- 80	SNF- 62	00:30:59	00:10:20		MUXIA
153	462	ANGELA PEREIRA DIAZ	F- 81	SNF- 63	00:31:00	00:10:20		PONTECESO
154	547	SUSO GARCIA FERNANDEZ		SNM- 58	00:31:00	00:10:20		PONTECESO
155	432	MARÍA CASTRO CASTRO	F- 82	SNF- 64	00:31:01	00:10:21		PONTECESO
156	443	ANA CARBALLIDO GARCIA	F- 83	SNF- 65	00:31:01	00:10:21		PONTECESO
157	442	CARMEN ROSARIO AMARELLE FELIPE	F- 84	SNF- 66	00:31:01	00:10:21		PONTECESO
158	564	SANDRA FERNANDEZ GARCIA	F- 85	SNF- 67	00:31:02	00:10:21		PONTECESO
159	409	VANESSA VALIÑA	F- 86	SNF- 68	00:31:02	00:10:21	PERUCHINHAS	CARBALLO
160	590	MARIA ALMUDENA GARCIA GARCIA	F- 87	SNF- 69	00:31:02	00:10:21		CARBALLO
161	546	LEONOR PEREZ CASTIÑEIRA	F- 88	SNF- 70	00:31:19	00:10:27		CABANA DE BERGANTIÑOS
162	472	CARMEN MATO LEMA	F- 89	SNF- 71	00:31:25	00:10:29		CABANA DE BERGANTIÑOS
163	470	ALFONSO SUÁREZ ESPASANDÍN		SNM- 59	00:31:41	00:10:34		CABANA DE BERGANTIÑOS
164	579	BENEDICTA BLANCO FONDO	F- 90	SNF- 72	00:32:00	00:10:40		A CORUÑA
165	552	EDUARDO RECAREY NOGUEIRA		SNM- 60	00:32:10	00:10:44		CABANA DE BERGANTIÑOS
166	551	ANA MARIA VARELA MARTINEZ	F- 91	SNF- 73	00:32:10	00:10:44		CABANA DE BERGANTIÑOS
167	488	SILVIA GÓMEZ BARREIRO	F- 92	SNF- 74	00:32:38	00:10:53		A CORUÑA
168	490	ALFONSO GÓMEZ VARELA		SNM- 61	00:32:48	00:10:56		VIGO
169	473	EDUARDO MOREIRA EIROA		SNM- 62	00:33:59	00:11:20		CABANA DE BERGANTIÑOS
170	343	EVA SENANDE ROMAR	F- 93	SNF- 75	00:34:18	00:11:26		CABANA DE BERGANTIÑOS
171	504	NEREA PASTORIZA AMADO	F- 94	SNF- 76	00:34:18	00:11:26		CABANA DE BERGANTIÑOS
172	568	MARÍA JESÚS VARELA GONZÁLEZ	F- 95	SNF- 77	00:36:15	00:12:05		CABANA



## VI CARREIRA POPULAR DOLMEN DE DOMBATE, Cabana de Bergantiños 21/09/2019

Carreira Alevín. Distancia: 1.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	780	NATALIA ARGIBAY DOMINGUEZ	F- 1	ALVF- 1	00:04:21	00:04:21		SAR-VERMU PETRONI	O PINO
2	811	XAQUIN HERMIDA MARTINEZ		ALVM- 1	00:04:26	00:04:26			VIMIANZO
3	799	IKER VELO BRANDÓN		ALVM- 2	00:04:34	00:04:34			CARBALLO
4	800	VALENTIN ARIAS PARGA		ALVM- 3	00:04:44	00:04:44			VIMIANZO
5	775	TANIA LÓPEZ PAZOS	F- 2	ALVF- 2	00:04:44	00:04:44		CLUB ATLETISMO NARÓN	NARÓN
6	792	ADRIÁN VARELA BUENDÍA		ALVM- 4	00:04:51	00:04:51			CARBALLO
7	776	MARÍA CAMBA VÁZQUEZ	F- 3	ALVF- 3	00:04:52	00:04:52		NATACIÓN LICEO	CULLEREDO
8	797	DARÍO MIRA BOUZAS		ALVM- 5	00:04:56	00:04:56			LAXE
9	788	NEREA CALO SUAREZ	F- 4	ALVF- 4	00:04:59	00:04:59			LAXE
10	806	NOA EIROA POSE	F- 5	ALVF- 5	00:05:04	00:05:04			LAXE
11	784	BRYAN LADO CASTRO		ALVM- 6	00:05:05	00:05:05			CUNDINS O PEDROUZO
12	783	HELENA VAZQUEZ ESPASANDIN	F- 6	ALVF- 6	00:05:13	00:05:13			BAIO
13	772	JULIA POSE CASTRO	F- 7	ALVF- 7	00:05:17	00:05:17		CLUB ATLETISMO CARBALLO	CARBALLO
14	793	CAROLINA GARCÍA MARTÍNEZ	F- 8	ALVF- 8	00:05:19	00:05:19			LAXE
15	888	BRUNO GOMEZ		ALVM- 7	00:05:34	00:05:34			CABANA DE BERGANTIÑOS
16	812	MARTÍN TRIGO CUNDÍNS		ALVM- 8	00:05:36	00:05:36			CABANA DE BERGANTIÑOS
17	808	CLAUDIA REY LEMA	F- 9	ALVF- 9	00:05:36	00:05:36			A CORUÑA
18	787	IRENE RODRIGEZ CASTIÑEIRA	F- 10	ALVF- 10	00:05:47	00:05:47			RIEIRO O ESTO 7
19	796	MIGUEL PALLEIRO FUENTES		ALVM- 9	00:05:54	00:05:54			LARACHA
20	814	CLAUDIA RAMOS ALVAREZ	F- 11	ALVF- 11	00:05:57	00:05:57			ARTEIXO
21	807	DANIEL PARGA LEMA		ALVM- 10	00:06:17	00:06:17			CABANA DE BERGANTIÑOS
22	884	MARCO REIGIA MARTINEZ		ALVM- 11	00:06:18	00:06:18			
23	786	NICOLAS RAMA CARBALLIDO		ALVM- 12	00:06:29	00:06:29			PONTECESO
24	817	IAGO LEMA VANEGAS		ALVM- 13	00:06:31	00:06:31			CARBALLO
25	810	LUCAS ALVAREZ PEREZ		ALVM- 14	00:06:35	00:06:35			CABANA DE BERGANTIÑOS
26	794	IRIA RELLAN CUNDINS	F- 12	ALVF- 12	00:06:36	00:06:36			CABANA DE BERGANTIÑOS
27	813	CLAUDIA URES FERNANDEZ	F- 13	ALVF- 13	00:06:38	00:06:38			PONTECESO
28	795	CARMEN CERVIÑO FUENTES	F- 14	ALVF- 14	00:06:42	00:06:42			BAIO - ZAS
29	809	SANDRA LEMA POSE	F- 15	ALVF- 15	00:06:43	00:06:43			CABANA DE BERGANTIÑOS
30	790	LAURA BLANCO MARTELO	F- 16	ALVF- 16	00:06:50	00:06:50			CABANA DE BERGANTIÑOS
31	781	VÍCTOR HUGO BARRIENTOS GARCIA		ALVM- 15	00:07:06	00:07:06			CEE
32	774	LAURA VARELA NEGREIRA	F- 17	ALVF- 17	00:07:17	00:07:17		CLUB ATLETISMO DUBRA	VAL DO DUBRA

## VI CARREIRA POPULAR DOLMEN DE DOMBATE, Cabana de Bergantiños 21/09/2019

Carreira Benxamín. Distancia: 1.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	825	XABI CAMBA VÁZQUEZ		BNXM- 1	00:04:38	00:04:38		ATLETISMO CORUÑA COMARCA	CULLEREDO
2	840	MATEO TORRES BOUZAS		BNXM- 2	00:04:54	00:04:54			CABANA DE BERGANTIÑOS
3	829	LUCÍA TABOADA CODESIDO	F- 1	BNXF- 1	00:04:58	00:04:58		CLUB USC	SANTIAGO DE COMPOSTELA
4	874	MANUEL REINO BARREIRO		BNXM- 3	00:05:00	00:05:00			CARBALLO
5	828	MARCO REY LEMA		BNXM- 4	00:05:02	00:05:02		CLUB MARINEDA ATLETICO	A CORUÑA
6	875	ANGELA GOMEZ CANDEDO	F- 2	BNXF- 2	00:05:05	00:05:05			MIÑO
7	827	RODRIGO MÉNDEZ POSE		BNXM- 5	00:05:07	00:05:07		CLUB ATLETISMO SADA	SADA
8	838	NOE' VIGO FERNANDEZ		BNXM- 6	00:05:07	00:05:07			LAXE
9	844	ADRIAN CALO SUAREZ		BNXM- 7	00:05:11	00:05:11			LAXE
10	855	ANTÓN GARCÍA MATO		BNXM- 8	00:05:22	00:05:22			CABANA DE BERGANTIÑOS
11	859	MATIAS RAMOS POSE		BNXM- 9	00:05:23	00:05:23			A CORUÑA
12	832	ALEJANDRO AREOSA OREIRO		BNXM- 10	00:05:28	00:05:28		TRIATLON ARTEIXO	ARTEIXO
13	866	VITOR ANDRADE AÑÓN		BNXM- 11	00:05:29	00:05:29			CABANA DE BERGANTIÑOS
14	833	AROA BARRIENTOS GARCIA	F- 3	BNXF- 3	00:05:30	00:05:30			CEE
15	839	OSCAR TOJA SERRAPIO		BNXM- 12	00:05:31	00:05:31			LAXE
16	846	MAURO AGRELO ROMAR		BNXM- 13	00:05:32	00:05:32			CABANA DE BERGANTIÑOS
17	870	SAMUEL URES FERNANDEZ		BNXM- 14	00:05:32	00:05:32			PONTECESO
18	864	ADRIÁN MACIAS LEMA		BNXM- 15	00:05:33	00:05:33			CABANA DE BERGANTIÑOS
19	847	NICO VIGO GARCIA		BNXM- 16	00:05:45	00:05:45			A CORUÑA
20	862	SAMUEL AMADO MOSCOSO		BNXM- 17	00:05:49	00:05:49			CABANA DE BERGANTIÑOS
21	867	ALDARA TRILLO CANTO	F- 4	BNXF- 4	00:05:50	00:05:50			BAIO
22	823	NEREA DOMINGUEZ AMEIJERAS	F- 5	BNXF- 5	00:05:54	00:05:54		A.D.MEDIADUCIA	CARBALLO
23	852	XOEL PARGA AGRELO		BNXM- 18	00:06:00	00:06:00			PONTECESO
24	869	PEDRO MUIÑO PEREIRO		BNXM- 19	00:06:12	00:06:12			CABANA
25	858	CIBRAN FONDO VARELA		BNXM- 20	00:06:23	00:06:23			BUÑO
26	863	MARIA GÓMEZ MOURELLE	F- 6	BNXF- 6	00:06:24	00:06:24			CABANA DE BERGANTIÑOS
27	822	AITOR AÑÓN DIEZ		BNXM- 21	00:06:29	00:06:29		A.D.MEDIADUCIA	MALPICA
28	860	MAYRA ARIAS PARGA	F- 7	BNXF- 7	00:06:36	00:06:36			VIMIANZO
29	865	JOSÉ REMUIÑAN FACAL		BNXM- 22	00:06:51	00:06:51			CABANA DE BERGANTIÑOS
30	851	MARIA PARDIÑAS HERMIDA	F- 8	BNXF- 8	00:06:55	00:06:55			VIMIANZO
31	843	LETICIA VÁZQUEZ CASTIÑEIRA	F- 9	BNXF- 9	00:07:08	00:07:08			BAIO - ZAS

32	848	ROI RODRIGUEZ ANDRADE		BNXM- 23	00:07:17	00:07:17	CABANA DE BERGANTIÑOS
33	842	VALERIA CASTRO CASTIÑEIRA	F- 10	BNXF- 10	00:07:32	00:07:32	CUNDINS 9
34	872	XIANA ALBORJA CANTO	F- 11	BNXF- 11	00:07:43	00:07:43	CABANA DE BERGANTIÑOS
35	845	HUGO JIMÉNEZ BERMÚDEZ		BNXM- 24	00:08:16	00:08:16	A CORUÑA
36	871	MARTA COLLAZO VAZQUEZ	F- 12	BNXF- 12	00:08:58	00:08:58	LAXE
37	877	CARMEN MARTÍNEZ RIVERA	F- 13	BNXF- 13	00:08:58	00:08:58	LAXE
38	876	ELENA SAMPEDRO VÁZQUEZ	F- 14	BNXF- 14	00:09:03	00:09:03	LAXE