

VIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 10/03/2019

Carreira Absoluta (10k). Distancia: 10.000 m



Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	KM_5	Licenza	Club	Localidade
1	622	FRANCISCO PAIS FONDO		SNM- 1	00:33:51	00:03:24	00:33:51	00:03:24	00:17:23			CAMARIÑAS
2	617	NOEL FERNÁNDEZ MARCOS		M40M- 1	00:34:08	00:03:25	00:34:08	00:03:25	00:17:22	GA 1234	RUNAWAYS	OLEIROS
3	606	MANUEL OLIVER PÉREZ LÓPEZ		M40M- 2	00:34:17	00:03:26	00:34:17	00:03:26	00:17:22	GA 768549	ATLETISMOS SAR VERMU ST. PETRONI	EL BURGO
4	73	PEDRO TRABA CAAMAÑO		M40M- 3	00:34:32	00:03:28	00:34:31	00:03:28	00:17:34		CLUBE ATLETISMO OUTES- JOHN TURKEY	OUTES
5	79	DAMIÁN ESPASANDÍN LEMA		SNM- 2	00:34:36	00:03:28	00:34:36	00:03:28	00:17:33		DAFIT	VIMIANZO
6	549	RUBEN INSUA DIAZ		SNM- 3	00:34:48	00:03:29	00:34:48	00:03:29	00:17:25	AG-2023812	SAR-VERMU PETRONI	FISTERRA
7	226	JAVIER SEOANE PUGA		M40M- 4	00:34:55	00:03:30	00:34:55	00:03:30	00:17:23			CARBALLO
8	113	JAVIER NOVO BUJEIRO		SNM- 4	00:35:11	00:03:32	00:35:11	00:03:32	00:17:39		TERRA DE SONEIRA C.D.	VIMIANZO
9	605	ANGEL MACEIRAS LAGO		M40M- 5	00:35:19	00:03:32	00:35:19	00:03:32	00:17:40	AG2014771	ATLETISMO SAR VERMU-PETRONI	O BURGO
10	110	ADRIÁN ROJO LUACES		SNM- 5	00:35:21	00:03:33	00:35:21	00:03:33	00:17:45		SAR-VERMU PETRONI	CAMARIÑAS
11	111	JOSE ANTONIO GOMEZ RIOS		M40M- 6	00:35:24	00:03:33	00:35:24	00:03:33	00:17:56	76967335C	SAR-VERMU PETRONI	NOIA
12	516	JOSE ANTONIO VIDAL GONZALEZ		M40M- 7	00:35:35	00:03:34	00:35:35	00:03:34	00:17:50	AG2022530	NOITEBRA FC	BRION
13	618	BRAIS IGLESIAS MACEIRA		SNM- 6	00:35:43	00:03:35	00:35:43	00:03:35	00:17:39		TRIATLON ARCADE INFORHOUSE SANTIAGO	SANTIAGO
14	5	LUÍS MIGUEL ANTELO LEMA		M40M- 8	00:36:10	00:03:37	00:36:10	00:03:37	00:18:08	AG2019278		VIMIANZO
15	216	JUAN CASTIÑEIRA ROMERO		M40M- 9	00:36:19	00:03:38	00:36:18	00:03:38	00:18:19			CEE
16	635	JOSÉ LUIS GONZÁLEZ NUÑEZ		SNM- 7	00:36:22	00:03:39	00:36:22	00:03:39	00:18:26			TEO
17	511	MARTÍN ABELANDA LÓPEZ		SNM- 8	00:36:27	00:03:39	00:36:27	00:03:39	00:18:23		CLUB DE ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
18	746	JOSÉ MANUEL LAGO CES		M40M- 10	00:36:33	00:03:40	00:36:33	00:03:40	00:18:19	AG 763847	SAR-VERMU PETRONI	CEE
19	98	BONI GONZÁLEZ REY		M40M- 11	00:36:40	00:03:40	00:36:40	00:03:40	00:18:57		PRAIA DE CARNOTA RUNNERS	CARNOTA
20	173	RAMÓN CANOSA CASTIÑEIRA		M40M- 12	00:36:50	00:03:41	00:36:50	00:03:41	00:18:30			CÉE
21	28	KIKO LAGO SANTIAGO		M40M- 13	00:37:00	00:03:42	00:36:59	00:03:42	00:18:52		ASOCIACION DEPORTIVA OLIMPIA	BRENS CEE
22	97	JOSECHO GONZÁLEZ REY		SNM- 9	00:37:07	00:03:43	00:37:06	00:03:43	00:18:58		PRAIA DE CARNOTA RUNNERS	CARNOTA
23	55	FERNANDO PEREZ HERNANDEZ		M50M- 1	00:37:24	00:03:45	00:37:22	00:03:45	00:18:57	AG2019970	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
24	501	JOSE BARDANCA PALLAS		SNM- 10	00:37:38	00:03:46	00:37:38	00:03:46	00:19:00		A.D.MEDIADUCIA	CARBALLO
25	12	MARCOS TRELLES RODRIGUEZ		SNM- 11	00:37:47	00:03:47	00:37:46	00:03:47	00:19:04	MONTAÑA	A.D. JARNACHAS	ARTEIXO
26	85	GONZALO SILVA BRENLLA		SNM- 12	00:37:56	00:03:48	00:37:32	00:03:46	00:19:08	AG 766103	NOITEBRA F.C.	SANTA COMBA
27	68	JOSE BUJAN GONZALEZ		M40M- 14	00:38:05	00:03:49	00:38:00	00:03:48	00:19:22		CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
28	54	IVAN SEGADE CAROU		SNM- 13	00:38:05	00:03:49	00:38:04	00:03:49	00:19:06	AG-766602	CLUB ATLETISMO BOIMORTO	A CORUÑA
29	103	CARLOS PEREIRA REY		M50M- 2	00:38:06	00:03:49	00:38:06	00:03:49			RUNNING ARTEIXO	ARTEIXO
30	108	TINA FERNÁNDEZ	F- 1	SNF- 1	00:38:07	00:03:49	00:38:07	00:03:49	00:19:20	AG2017595	SAR-VERMU PETRONI	MUROS
31	58	JUAN CARLOS MARTÍNEZ VALVERDE		M40M- 15	00:38:16	00:03:50	00:38:16	00:03:50	00:19:20	AG2026278	CLUB ATLETISMO O PINO	ORDES
32	191	DIEGO P. CASAS		M40M- 16	00:38:18	00:03:50	00:38:18	00:03:50	00:19:39			A RÚA
33	84	FRANCISCO JAVIER MASEDA CARBALLO		M40M- 17	00:38:28	00:03:51	00:38:25	00:03:51	00:19:24		NO SPORT LIMIT	A CORUÑA
34	71	MIGUEL ANGEL MARTINEZ NIETO		M40M- 18	00:38:42	00:03:53	00:38:40	00:03:52	00:19:30		CLUBE ATLETISMO OUTES - JOHN TURKEY	SERRA DE OUTES
35	114	FÉLIX ROGET PÉREZ		SNM- 14	00:38:53	00:03:54	00:38:48	00:03:53	00:19:38		TERRA DE SONEIRA C.D.	VIMIANZO
36	196	ALFONSO GARCÍA BELLO		M50M- 3	00:38:59	00:03:54	00:38:59	00:03:54	00:19:48			CAMBRE
37	190	RAMIRO GONZÁLEZ FRANCO		SNM- 15	00:39:11	00:03:56	00:39:08	00:03:55	00:19:48			ÉZARO (DUMBRÍA)
38	724	MANUEL MALLO MAGARIÑOS		SNM- 16	00:39:12	00:03:56	00:39:12	00:03:56				TEO
39	38	ARTURO PASANTES VIDAL		M50M- 4	00:39:15	00:03:56	00:39:13	00:03:56	00:19:27		ATLETISMO COSTA DA MORTE	BRENS
40	523	MANUEL GARCÍA VELO		M40M- 19	00:39:18	00:03:56	00:39:13	00:03:56	00:20:10			ZAS
41	227	ALBERTO VILLAR GARCIA		SNM- 17	00:39:22	00:03:57	00:39:21	00:03:57	00:20:17			CARBALLO
42	802	JOSÉ RAMÓN HERMO LOJO		SNM- 18	00:39:23	00:03:57	00:39:20	00:03:56	00:20:03		ORIXINAL MGM TEAM	NOIA
43	615	MARÍA GONZÁLEZ MARTÍNEZ	F- 2	SNF- 2	00:39:23	00:03:57	00:39:21	00:03:57	00:20:03		ORIXINAL MGM TEAM	NOIA
44	706	ROGER SUAREZ DOSIL		M40M- 20	00:39:23	00:03:57	00:39:20	00:03:56	00:20:03		MGM	NOIA
45	30	JORGE RODRÍGUEZ LARIÑO		SNM- 19	00:39:40	00:03:58	00:39:35	00:03:58	00:20:17		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
46	167	SUSIÑO RODRÍGUEZ FERNÁNDEZ		SNM- 20	00:39:41	00:03:59	00:39:39	00:03:58	00:20:18			CEE
47	87	DANIEL BECERRA RODRIGUEZ		M50M- 5	00:39:44	00:03:59	00:39:44	00:03:59	00:19:36		NOITEBRA FC	SANTIAGO DE COMPOSTELA
48	187	JOSÉ MANUEL BLANCO LESTÓN		SNM- 21	00:39:49	00:03:59	00:39:48	00:03:59	00:20:04			CARNOTA
49	619	JAIRO PRIETO CAAMAÑO		M40M- 21	00:39:55	00:04:00	00:39:53	00:04:00	00:19:49		TRIATLON COSTA DA MORTE	CAMARIÑAS
50	738	JOSÉ MANUEL VÁZQUEZ MATO		M40M- 22	00:40:11	00:04:02	00:40:11	00:04:02	00:20:08			AMES
51	628	JOSÉ PARÍS LÓPEZ		SNM- 22	00:40:22	00:04:03	00:40:16	00:04:02	00:20:29			ABEGONDO
52	60	RAFAEL SENÉN GOMEZ GARCIA		SNM- 23	00:40:45	00:04:05	00:40:43	00:04:05	00:20:45		CLUB ATLETISMO OUTES	OUTES
53	180	JAVIER AREOSA BRANDON		M40M- 23	00:40:51	00:04:06	00:40:49	00:04:05	00:20:23			ARTEIXO

54	234	RAMÓN BAHAMONDE GONZÁLEZ		SNM- 24	00:40:52	00:04:06	00:40:47	00:04:05	00:20:40			NIGRÁN
55	528	CHRISTIAN DANIS CASTRO		SNM- 25	00:41:00	00:04:06	00:40:57	00:04:06	00:20:27			MAZARICOS
56	612	EDELMIRO PORTO BLANCO		SNM- 26	00:41:04	00:04:07	00:41:00	00:04:06	00:21:03	CICLOTURISTA	CLUB CICLISTA MESOIRO - RUNNING	A CORUÑA
57	624	JOSÉ RAMÓN ANTELO LÓPEZ		M40M- 24	00:41:05	00:04:07	00:41:03	00:04:07	00:20:51			CAMARIÑAS
58	521	ADOLFO BLANCO SANCHEZ		SNM- 27	00:41:14	00:04:08	00:41:07	00:04:07	00:21:17			CEE
59	630	LUÍS GÓMEZ ALDEGUNDE		M50M- 6	00:41:15	00:04:08	00:41:14	00:04:08	00:20:55			O CORGO
60	217	JULIO ROMERO VÁZQUEZ		M40M- 25	00:41:17	00:04:08	00:41:10	00:04:07	00:21:04	MONTAÑA		LAXE
61	120	KIKO CALZAS SUÁREZ		M40M- 26	00:41:18	00:04:08	00:41:09	00:04:07	00:20:55		TERRA DE SONEIRA C.D.	VIMIANZO
62	20	JORGE RAMOS VAZQUEZ		M40M- 27	00:41:18	00:04:08	00:41:10	00:04:07	00:21:04		ABELLARIZA	A CORUÑA
63	125	LUIS TAJES CANOSA		M40M- 28	00:41:22	00:04:09	00:41:16	00:04:08	00:21:12			CAMARIÑAS
64	729	CARLOS POSE SUÁREZ		SNM- 28	00:41:24	00:04:09	00:41:05	00:04:07	00:21:04			CAMELLE
65	35	JOSE ANTONIO FERNANDEZ RODRÍGUEZ		M40M- 29	00:41:25	00:04:09	00:41:23	00:04:09	00:20:36		ATLETISMO ARTEIXO	ARTEIXO
66	83	JUAN GARCÍA		M40M- 30	00:41:26	00:04:09	00:41:21	00:04:09	00:20:49		MONTE BRONDO	PONTECESO
67	506	VIDAL DIAZ COTON		M50M- 7	00:41:26	00:04:09	00:41:22	00:04:09	00:21:16	AG2028021	CLUB ATLETISMO O PINO	SANTIAGO DE COMPOSTELA
68	174	JOSE MANUEL RODRIGUEZ TAJES		M50M- 8	00:41:32	00:04:10	00:41:32	00:04:10	00:20:54			CAMARIÑAS
69	166	BRUNO BERMUDEZ TAJES		M40M- 31	00:41:36	00:04:10	00:41:36	00:04:10	00:20:53			CARNOTA
70	505	ESTEBAN SUEIRO IGLESIAS		M40M- 32	00:41:42	00:04:11	00:41:39	00:04:10	00:21:11		CLUB ATLETISMO O PINO	SANTIAGO
71	142	CARLOS LEMA PORTEIRO		M40M- 33	00:41:43	00:04:11	00:41:39	00:04:10	00:20:49			CARBALLO
72	231	JAVIER CUPEIRO FRADE		M40M- 34	00:41:53	00:04:12	00:41:50	00:04:11	00:21:15			OLEIROS
73	168	MANUEL CALO CANOSA		M40M- 35	00:42:00	00:04:12	00:41:50	00:04:11	00:21:14			CEE
74	527	GONZALO ALVAREZ PORTEIRO		SNM- 29	00:42:07	00:04:13	00:42:04	00:04:13	00:21:25			VILLARODRIS-ARTEIXO
75	170	DIEGO BLANCO SANCHEZ		SNM- 30	00:42:12	00:04:14	00:42:04	00:04:13	00:21:30			CEE
76	708	MARCOS ORDOÑEZ RODRIGUEZ		M40M- 36	00:42:13	00:04:14	00:42:06	00:04:13	00:21:38		SAUNIER DUVAL	MALPICA DE BERGANTIÑOS
77	230	NICOLÁS JOSE DÍAZ SUEIRAS		M50M- 9	00:42:15	00:04:14	00:42:08	00:04:13	00:22:03			TEO
78	220	OSCAR FIGUEIRAS TOREA		M40M- 37	00:42:18	00:04:14	00:42:12	00:04:14	00:21:41			ESTEIRO
79	135	MIGUEL BLANCO TRABA		SNM- 31	00:42:20	00:04:14	00:42:09	00:04:13	00:21:47			CEE
80	122	DAVID CALZAS ÍNSUA		SNM- 32	00:42:24	00:04:15	00:42:21	00:04:15	00:21:49		TERRA DE SONEIRA C.D.	VIMIANZO
81	519	ANA CAMAFREITA AMIGO	F- 3	SNF- 3	00:42:24	00:04:15	00:42:21	00:04:15	00:21:50		TERRA DE SONEIRA C.D.	VIMIANZO
82	96	JOSÉ PARDIÑAS ALVITE		M50M- 10	00:42:35	00:04:16	00:42:32	00:04:16	00:21:39		PARDIÑAS	CEE
83	701	LUIS PAIS SIEIRA		M40M- 38	00:42:38	00:04:16	00:42:28	00:04:15	00:21:33		CLUB ATLETISMO NEGREIRA	NEGREIRA
84	742	JOSE RAMON CUNS SANTOS		M40M- 39	00:42:38	00:04:16	00:42:15	00:04:14	00:22:30			BRION
85	219	JOSE ANTONIO GIL BREA		M50M- 11	00:42:50	00:04:17	00:42:49	00:04:17	00:21:45			SANTIAGO DE COMPOSTELA
86	218	JUAN CARLOS TRILLO CAAMAÑO		SNM- 33	00:42:52	00:04:18	00:42:46	00:04:17	00:21:43			CEE
87	199	DOSITEO TOBA QUINTÁNS		M50M- 12	00:43:02	00:04:19	00:43:02	00:04:19	00:21:29			CORCUBIÓN
88	17	ALFONSO CANOSA BLANCO		M50M- 13	00:43:02	00:04:19	00:43:02	00:04:19	00:21:36		A.D.OLIMPIA	CEE (A CORUÑA)
89	229	DIEGO BELLO GRAIÑO		SNM- 34	00:43:25	00:04:21	00:42:56	00:04:18	00:22:10			NEGREIRA
90	86	JOSE RAMON ABEL SUAREZ		M50M- 14	00:43:31	00:04:22	00:43:18	00:04:20	00:22:15	AG 11137	NOITEBRA F.C.	TILOS TEO
91	225	BERNABÉ GRILLE OTERO		SNM- 35	00:43:40	00:04:22	00:43:23	00:04:21	00:22:36			SANTA COMBA
92	146	ANTONIO BARREIRO CORDEIRO		M40M- 40	00:43:41	00:04:23	00:43:23	00:04:21	00:22:36			A BAÑA
93	621	JOSE DANIEL REINOSO ROJO		M50M- 15	00:43:43	00:04:23	00:43:43	00:04:23			VITO	LA CORUÑA
94	629	JAVIER PORTAS LEMUS		M40M- 41	00:43:44	00:04:23	00:43:30	00:04:21	00:22:44			LA CORUÑA
95	140	MARCIAL CASTRO SEIJAS		M50M- 16	00:43:50	00:04:23	00:43:46	00:04:23	00:22:03			SANTIAGO DE COMPOSTELA
96	616	DIEGO CAO DOPICO		SNM- 36	00:43:58	00:04:24	00:43:47	00:04:23	00:21:59		PC BAIKERS DO VILAN	VIVEIRO
97	11	JUAN ENRIQUE RODRIGUEZ DOMINGUEZ		M40M- 42	00:44:02	00:04:25	00:44:02	00:04:25	00:22:02		A.D OLIMPIA	CORCUBION
98	702	RAMÓN CASTRO CUERVO		M50M- 17	00:44:06	00:04:25	00:43:59	00:04:24	00:22:31		CLUB DEPORTIVO OS MUDITOS	CARBALLO
99	88	MARTIN EUGENIO RODRIGUEZ GOMEZ		SNM- 37	00:44:08	00:04:25	00:43:56	00:04:24	00:22:20		NOITEBRA FC	SANTIAGO DE COMPOSTELA
100	728	CARLOS DIAZ CORRAL		M50M- 18	00:44:12	00:04:26	00:44:05	00:04:25	00:22:38			FERROL
101	25	BENITO PIÑEIRO ABEIJON		M40M- 43	00:44:13	00:04:26	00:43:42	00:04:23	00:23:11		AGRUPACION DEPORTIVA ATLETES	ESTEIRO
102	136	ÁNGEL EIROA POSE		M40M- 44	00:44:16	00:04:26	00:44:07	00:04:25	00:22:22			LAXE
103	610	SILVIA DIEZ BERMUDEZ	F- 4	M40F- 1	00:44:17	00:04:26	00:44:01	00:04:25	00:23:00	GA768998	C.D.EGOVARROS-VIVEIRO	CULLEREDO
104	221	NACHO MARIÑO ESCARIZ		SNM- 38	00:44:18	00:04:26	00:44:09	00:04:25	00:22:26			CEE
105	749	RAMON BARREIRO CERNADAS		M50M- 19	00:44:18	00:04:26	00:43:48	00:04:23	00:22:49		CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
106	213	ALFONSO SÁNCHEZ GARCÍA		M40M- 45	00:44:20	00:04:26	00:44:15	00:04:26	00:22:03			A CORUÑA
107	609	JUAN MENÉNDEZ ARBESÚ		M50M- 20	00:44:29	00:04:27	00:44:13	00:04:26	00:23:01	AG2020631	C.D.EGOVARROS-VIVEIRO	O BURGO
108	42	IVÁN LOPEZ ROMERO		SNM- 39	00:44:30	00:04:27	00:44:20	00:04:26	00:22:52		BAIORUNNERS	BAIO-ZAS
109	548	PABLO ROMERO LEMA		M40M- 46	00:44:30	00:04:27	00:44:22	00:04:27	00:22:52			A CORUÑA
110	46	ADOLFO GARCÍA ALONSO		M40M- 47	00:44:33	00:04:28	00:44:18	00:04:26	00:22:31		BEER RUNNERS CORUÑA	A CORUÑA
111	634	PERFECTO VÁZQUEZ RIVERA		SNM- 40	00:44:37	00:04:28	00:44:19	00:04:26	00:22:36			A CORUÑA

112	550	RAFAEL LUCENA HAZ		M50M- 21	00:44:40	00:04:28	00:44:25	00:04:27	00:22:51			MUXIA
113	40	JUAN JESÚS TAJES MAYO		M40M- 48	00:44:41	00:04:29	00:44:28	00:04:27	00:23:03	AG-2019296	ATLETISMO FONTES DO SAR	ESTEIRO
114	1727	MARCOS ANTONIO BLANCO FIGUEIRIDO		M40M- 49	00:44:48	00:04:29	00:44:35	00:04:28	00:22:55	AG9519	CLUB ATLETISMO OUTES	SERRA DE OUTES
115	734	CARLOS TAJES MAS		SNM- 41	00:44:49	00:04:29	00:44:31	00:04:28	00:22:06			LA CORUÑA
116	155	ÁNGEL JUVIÑO PREGO		M40M- 50	00:44:50	00:04:29	00:44:44	00:04:29	00:22:59			ARTEIXO
117	739	RODRIGO INSUA LEMA		SNM- 42	00:44:51	00:04:30	00:44:41	00:04:29	00:23:04			ARTEIXO
118	541	ADRIÁN LÓPEZ REY		SNM- 43	00:44:52	00:04:30	00:44:47	00:04:29	00:21:35			TEO
119	77	DANI LEMA		SNM- 44	00:44:57	00:04:30	00:44:46	00:04:29	00:22:51		DAFIT	CEE
120	504	EVA DE LA FUENTE IGLESIAS	F- 5	M40F- 2	00:45:01	00:04:31	00:44:59	00:04:30	00:22:44		CLUB ATLETISMO O PINO	SANTIAGO
121	737	DANIEL CARRACEDO DOMÍNGUEZ		SNM- 45	00:45:05	00:04:31	00:44:59	00:04:30	00:22:00			LAXE
122	21	DANIEL VIGO LEMA		M40M- 51	00:45:07	00:04:31	00:44:58	00:04:30	00:22:45		ABELLARIZA	LAXE
123	1728	MANUEL REY		SNM- 46	00:45:09	00:04:31	00:44:44	00:04:29	00:23:29			CARBALLO
124	171	MANUEL ANGEL QUINTANS VARELA		M40M- 52	00:45:10	00:04:31	00:44:51	00:04:30	00:23:40			SANTIAGO DE COMPOSTELA
125	160	LAURA NÚÑEZ NAVEIRA	F- 6	M40F- 3	00:45:12	00:04:32	00:45:02	00:04:31	00:23:00	AG 2018802		A CORUÑA
126	63	JOSÉ RAMÓN GARCÍA MARIÑO		M50M- 22	00:45:13	00:04:32	00:45:08	00:04:31	00:23:08		CLUB CICLISTA MONTENEME	CARBALLO
127	189	JESÚS COUSO GARCIA		M40M- 53	00:45:15	00:04:32	00:44:53	00:04:30	00:22:48			NEGREIRA
128	707	DAVID MIRÁS COUSELO		SNM- 47	00:45:24	00:04:33	00:45:12	00:04:32	00:22:55		NOITEBRA FC	SANTIAGO DE COMPOSTELA
129	8	BERIT SOMMERFELT	F- 7	SNF- 4	00:45:25	00:04:33	00:45:21	00:04:33	00:23:01			CORUÑA
130	151	JORGE POUSO TOJA		SNM- 48	00:45:29	00:04:33	00:45:22	00:04:33	00:23:01			VIMIANZO
131	121	PAULA TRILLO CALO	F- 8	SNF- 5	00:45:29	00:04:33	00:45:23	00:04:33	00:23:00	AG 2022634	TERRA DE SONEIRA C.D.	VIMIANZO
132	106	XAIÑO MENDEZ FROJAN		M40M- 54	00:45:44	00:04:35	00:45:39	00:04:34	00:23:12	AG763845	SAR-VERMU PETRONI	BOIRO
133	152	MANUEL INSUA INSUA		M50M- 23	00:45:45	00:04:35	00:45:34	00:04:34	00:22:53			FISTERRA
134	126	DIEGO OCA LEMA		SNM- 49	00:45:46	00:04:35	00:45:36	00:04:34	00:23:58			CEE
135	743	SHEILA GONZALEZ LAGE	F- 9	SNF- 6	00:45:49	00:04:35	00:45:45	00:04:35	00:24:27			LUGO
136	131	MADA GARCÍA ABALO	F- 10	M50F- 1	00:45:52	00:04:36	00:45:50	00:04:35	00:23:15			PONTECESURES
137	143	CAMILO RIAL SANCHIÑO		M50M- 24	00:45:52	00:04:36	00:45:47	00:04:35	00:23:13			SANTIAGO
138	182	JAVIER GARCIA PUMAR		SNM- 50	00:45:54	00:04:36	00:45:35	00:04:34	00:23:53			SANTIAGO DE COMPOSTELA
139	205	GERMAN GARCIA AMEIJIDE		SNM- 51	00:45:59	00:04:36	00:45:48	00:04:35	00:24:55			A CORUÑA
140	703	MANUEL PRESAS VENCE		SNM- 52	00:46:04	00:04:37	00:45:40	00:04:34	00:23:29		CLUBE-ESCOLA ATLETISMO DEZA	DOZÓN
141	727	MANUEL ANGEL PETEIRO GONZALEZ		M50M- 25	00:46:06	00:04:37	00:46:03	00:04:37	00:23:00			VIGO
142	23	JOSÉ BERMUDEZ VARELA		M50M- 26	00:46:09	00:04:37	00:46:06	00:04:37	00:23:06		AD. MEDIADUCIA	CARBALLO
143	90	ALFONSO RODRIGUEZ FRAMIL		M40M- 55	00:46:09	00:04:37	00:45:56	00:04:36	00:23:02	AG-2020368	NOITEBRA FC	AMES
144	109	ELENA MIGUENS OTERO	F- 11	M40F- 4	00:46:11	00:04:38	00:46:08	00:04:37	00:23:12	AG-766075	SAR-VERMU PETRONI	PADRON
145	711	JOSÉ VARELA DEVESA		M40M- 56	00:46:12	00:04:38	00:46:01	00:04:37	00:23:32			OURENSE
146	602	ROBERTO CARLOS VALES LOPEZ		M40M- 57	00:46:13	00:04:38	00:45:56	00:04:36	00:23:28		ATLETISMO CORUÑA COMARCA	BERGONDO
147	145	ALEJANDRO JOSÉ CASTRO ROMÁN		SNM- 53	00:46:16	00:04:38	00:46:14	00:04:38	00:22:56			A CORUÑA
148	14	BEATRIZ OLVEIRA TRABA	F- 12	M40F- 5	00:46:22	00:04:39	00:46:22	00:04:39	00:23:25		A.D. OLIMPIA	CORCUBION
149	50	ROBERTO REY GÓMEZ		SNM- 54	00:46:37	00:04:40	00:46:30	00:04:39	00:23:26		C.D.SAN PAIO	NOIA
150	748	ALBERTO LUACES VIDAL		SNM- 55	00:46:48	00:04:41	00:46:38	00:04:40	00:23:45			CAMARIÑAS
151	520	DAVID ESCALANTE PÉREZ		SNM- 56	00:46:55	00:04:42	00:46:42	00:04:41	00:22:54			A CORUÑA
152	502	MANUEL DOMINGUEZ CANO		M40M- 58	00:47:00	00:04:42	00:46:56	00:04:42	00:23:31		A.D.MEDIADUCIA	CARBALLO
153	212	MANUEL GONZÁLEZ FRANCO		M40M- 59	00:47:03	00:04:43	00:47:01	00:04:43	00:23:15			EZARO - DUMBRÍA
154	508	ÁLVARO DOSIL SUÁREZ		SNM- 57	00:47:14	00:04:44	00:47:07	00:04:43	00:23:51		CLUB CICLISTA REVOLTAS	OUTES
155	127	JOSÉ ANTONIO BLANCO BARREIRO		M50M- 27	00:47:28	00:04:45	00:47:10	00:04:43	00:23:53			SANTIAGO DE COMPOSTELA
156	94	JOSÉ MANUEL TURNES CORDEIRO		SNM- 58	00:47:28	00:04:45	00:47:10	00:04:43	00:23:52		NOSPORTLIMIT	SANTA COMBA
157	705	PAULA RODRIGUEZ LOURO	F- 13	M40F- 6	00:47:29	00:04:45	00:47:26	00:04:45	00:23:51		MGM	NOIA
158	614	MANUEL LAGO MOLEDO		M50M- 28	00:47:30	00:04:45	00:47:30	00:04:45			CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
159	6	GELI LOPEZ VILAS	F- 14	M50F- 2	00:47:31	00:04:46	00:47:18	00:04:44	00:24:03		RUNNING ARTEIXO	ARTEIXO
160	29	JULIO CESAR SAR VAZQUEZ		SNM- 59	00:47:37	00:04:46	00:47:22	00:04:45	00:23:49		ASOCIACIÓN DEPORTIVA OLIMPIA	FISTERRA
161	509	JORGE MANUEL BOUZAS TOMÉ		SNM- 60	00:47:48	00:04:47	00:47:42	00:04:47	00:25:02		CLUB CICLISTA REVOLTAS	XALLAS
162	149	MANUEL OUTES PAZ		M50M- 29	00:47:51	00:04:48	00:47:34	00:04:46	00:24:23			CARBALLO
163	45	LUIS VIÑA DOMÍNGUEZ		M40M- 60	00:47:52	00:04:48	00:47:36	00:04:46	00:24:13		BEER RUNNERS CORUÑA	A CORUÑA
164	731	FRANCISCO SAMBADE ROMÃO		SNM- 61	00:47:59	00:04:48	00:47:40	00:04:46	00:24:12			CAMARIÑAS
165	726	AGUSTÍN JOSÉ PORRO CORREIRA		M40M- 61	00:48:06	00:04:49	00:47:50	00:04:47	00:24:33			ORDES
166	608	JORGE BARREIRO GONZÁLEZ		SNM- 62	00:48:09	00:04:49	00:47:51	00:04:48	00:25:03		BEER RUNNERS CORUÑA	A CORUÑA
167	236	JOSE MARTÍNEZ CAAMAÑO		SNM- 63	00:48:09	00:04:49	00:47:58	00:04:48	00:24:03			A CORUÑA
168	128	CARLOTA PAZOS SUENA	F- 15	SNF- 7	00:48:19	00:04:50	00:48:10	00:04:49	00:24:25			LAXE
169	510	MARIA RAMOS VIGO	F- 16	SNF- 8	00:48:26	00:04:51	00:48:20	00:04:50	00:24:36	AT AG 2024423	CLUB DE ATLETISMO O PINO	SANTIAGO DE COMPOSTELA

170	37	ALFONSO REMUIÑAN SANCHEZ		M50M- 30	00:48:32	00:04:52	00:48:24	00:04:51	00:23:44	GA765469	ATLETISMO CARBALLO	A CORUÑA
171	36	ANTONIO REMUIÑÁN SÁNCHEZ		M50M- 31	00:48:32	00:04:52	00:48:24	00:04:51	00:23:46	GA765470	ATLETISMO CARBALLO	CARBALLO
172	137	MANUEL JOSE REY PAULOS		M50M- 32	00:48:34	00:04:52	00:48:17	00:04:50	00:25:07			CARBALLO
173	725	CARLOS CIVES DURO		M50M- 33	00:48:41	00:04:53	00:48:34	00:04:52	00:24:46			SANTIAGO DE COMPOSTELA
174	745	JAVIER ESTEBAN RAMÍREZ		SNM- 64	00:48:45	00:04:53	00:48:41	00:04:53	00:24:27			A CORUÑA
175	144	ALEJANDRO LUIS NOVOA		SNM- 65	00:48:52	00:04:54	00:48:41	00:04:53	00:24:24			A CORUÑA
176	633	MARCOS FERREIRO VARELA		M40M- 62	00:48:57	00:04:54	00:48:47	00:04:53	00:24:30			MALPICA
177	710	ROBERTO QUINTANS SUAREZ		M40M- 63	00:49:00	00:04:54	00:48:48	00:04:53	00:24:42			NEGREIRA
178	214	MANUEL MOUZO DOVAL		M40M- 64	00:49:01	00:04:55	00:48:51	00:04:54	00:23:46			CABANA DE BERGANTIÑOS
179	209	MANUEL TRILLO GRILLE		SNM- 66	00:49:25	00:04:57	00:49:11	00:04:56	00:25:47			DUMBRIA
180	718	IVAN TRIGO		SNM- 67	00:49:28	00:04:57	00:49:02	00:04:55	00:25:36			VIMIANZO
181	39	LAURA MONTERO ROMERO	F- 17	SNF- 9	00:49:32	00:04:58	00:49:22	00:04:57	00:25:28		ATLETISMO COSTA DA MORTE	CEE
182	201	JUAN CARLOS MENENDEZ DOMÍNGUEZ		M50M- 34	00:49:34	00:04:58	00:49:31	00:04:58	00:25:01			ARTEIXO
183	16	JOSE FERNANDO PARDIÑO BUSTO		M40M- 65	00:49:36	00:04:58	00:49:33	00:04:58	00:23:50		A.D.MEDIADUCIA	CARBALLO
184	526	JESÚS M. ROMAR SONEIRA		SNM- 68	00:49:37	00:04:58	00:49:14	00:04:56	00:25:45			TRABA DE LAXE
185	623	MARTA MELLA SEIJIDO	F- 18	M40F- 7	00:49:43	00:04:59	00:49:27	00:04:57	00:25:16			EL TEMPLE, CAMBRE
186	148	JAVIER CALO		M40M- 66	00:49:45	00:04:59	00:49:22	00:04:57	00:25:30			TRABA
187	210	JOAQUIN FERNÁNDEZ MARTINEZ		M50M- 35	00:49:46	00:04:59	00:49:30	00:04:57	00:25:16			MUROS
188	159	EMILIO ALCALA ZAMORA CANEL		M50M- 36	00:49:48	00:04:59	00:49:28	00:04:57	00:25:28			A CORUNA
189	208	ARTURO RABUÑAL VAZQUEZ		M50M- 37	00:49:52	00:05:00	00:49:40	00:04:58	00:25:15			MEICENDE
190	24	FERNANDO VAZQUEZ MARTINEZ		M50M- 38	00:49:52	00:05:00	00:49:40	00:04:58	00:25:16		AFICIONADO	MEICENDE
191	532	JOSÉ DOMÍNGUEZ BUITURON		M50M- 39	00:50:03	00:05:01	00:49:40	00:04:58	00:26:34			CORCUBION
192	95	BELEN PEREZ MARTINEZ	F- 19	M40F- 8	00:50:06	00:05:01	00:49:50	00:04:59	00:25:44		OLIMPIA CEE	CEE
193	49	JOSE VARELA VERDES		M40M- 67	00:50:07	00:05:01	00:49:48	00:04:59	00:25:29		BEER RUNNERS CORUÑA	A CORUÑA
194	185	FRANCISCO JAVIER BRENLLA DUARTE		SNM- 69	00:50:20	00:05:02	00:50:14	00:05:02	00:24:28			SANTA COMBA
195	203	JAVIER LIRES CALO		M40M- 68	00:50:24	00:05:03	00:50:02	00:05:01	00:25:06			VIMIANZO
196	195	ARACELI VEIGA BERMEJO	F- 20	M50F- 3	00:50:37	00:05:04	00:50:15	00:05:02	00:25:35			A CORUÑA
197	33	VÍCTOR HUGO CONDE LÓPEZ		M40M- 69	00:50:40	00:05:04	00:50:40	00:05:04	00:25:16	AG2025735	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
198	632	JUAN MANUEL RODRIGUEZ PUGA		SNM- 70	00:50:43	00:05:05	00:50:21	00:05:03	00:25:08			OURENSE
199	74	FELIPE IGLESIAS DE LA TORRE		M40M- 70	00:50:44	00:05:05	00:50:20	00:05:02	00:26:56		CNPO TRIATLON	OURENSE
200	193	ALBERT CARBALLAL IGLESIAS		SNM- 71	00:50:54	00:05:06	00:50:50	00:05:05	00:25:09			LALIN
201	162	CARMEN CASTRO LEMA	F- 21	SNF- 10	00:50:57	00:05:06	00:50:50	00:05:05	00:25:54			DUMBRIA
202	18	ALEJANDRA POSE LEMA	F- 22	M40F- 9	00:51:00	00:05:06	00:50:50	00:05:05	00:25:45		ABELLARIZA	LAXE
203	80	ALEJANDRO ALVAREZ RODRÍGUEZ		SNM- 72	00:51:12	00:05:08	00:50:46	00:05:05	00:26:56		LEONES RUNNING TEAM	A CORUÑA
204	89	JESUS PEREZ BALIRAC		M50M- 40	00:51:14	00:05:08	00:51:00	00:05:06	00:26:13	AG-2020370	NOITEBRA FC	SANTIAGO DE COMPOSTELA
205	172	TONO PIÑEIRO LAGO		M50M- 41	00:51:17	00:05:08	00:51:02	00:05:07	00:25:46			LIRA
206	744	JOSE ANTONIO ABELNDA BEMUDEZ		M40M- 71	00:51:19	00:05:08	00:51:01	00:05:07	00:26:02			CARBALLO
207	132	ALBERTO CASTRO VILAR		M50M- 42	00:51:22	00:05:09	00:51:10	00:05:07	00:25:58			CARNOTA
208	215	JOSE ANGEL LORENZO RIVEIRO		M40M- 72	00:51:23	00:05:09	00:51:09	00:05:07	00:25:56			CULLEREDO
209	627	ROBERTO FIGUEROA SUÁREZ		M50M- 43	00:51:26	00:05:09	00:50:59	00:05:06	00:25:53			ARTEIXO
210	75	DIEGO FANDIÑO BLANCO		SNM- 73	00:51:28	00:05:09	00:51:17	00:05:08	00:24:39		CONCO BOX	SEMBRA- CEE
211	22	VANESA GONZÁLEZ ROMERO	F- 23	SNF- 11	00:51:29	00:05:09	00:51:05	00:05:07	00:26:50		AD MONTEBRONDO	VIMIANZO
212	119	VANESA CAAMAÑO PEREZ	F- 24	SNF- 12	00:51:33	00:05:10	00:51:21	00:05:09	00:26:05		TERRA DE SONEIRA C.D.	VIMIANZO
213	115	SERGIO LEMA POSE		M40M- 73	00:51:34	00:05:10	00:51:21	00:05:09	00:26:05		TERRA DE SONEIRA C.D.	VIMIANZO
214	625	ENRIQUE CARRIL RODRIRODR		M40M- 74	00:51:53	00:05:12	00:51:36	00:05:10	00:26:29			CAMARIÑAS
215	636	MARCOS TEDIN		M40M- 75	00:51:53	00:05:12	00:51:37	00:05:10	00:25:41			VIMIANZO
216	161	JAVIER RIO RODRIGUEZ		M50M- 44	00:51:55	00:05:12	00:51:32	00:05:10	00:26:10			CARBALLO
217	19	JAVIER VÁZQUEZ CAMPOS		M40M- 76	00:51:55	00:05:12	00:51:31	00:05:10	00:26:10		ABELLARIZA	ARTES
218	741	LUIS ALVAREZ PARDIÑAS PUENTE		M40M- 77	00:51:57	00:05:12	00:51:38	00:05:10	00:26:49			SANTIAGO DE COMPOSTELA
219	546	JULIAN RAMOS ARCOS		M40M- 78	00:51:58	00:05:12	00:51:42	00:05:11	00:26:11			MUROS
220	78	BEGO SAMBADE CAAMAÑO	F- 25	M40F- 10	00:52:10	00:05:13	00:52:00	00:05:12	00:26:12		DAFIT	CEE
221	626	JESUS MATIAS DOMINGUEZ GOMEZ		M50M- 45	00:52:13	00:05:14	00:51:52	00:05:12	00:26:33			A LARACHA
222	34	JOSE MARIA CANOSA GOSENDE		M40M- 79	00:52:24	00:05:15	00:52:09	00:05:13	00:27:13		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
223	47	JUAN RAMOS DIEZ		SNM- 74	00:52:26	00:05:15	00:52:08	00:05:13	00:26:49		BEER RUNNERS CORUÑA	A CORUÑA
224	715	MARCOS IGLESIAS RODRIGUEZ		SNM- 75	00:52:34	00:05:16	00:52:22	00:05:15	00:24:59			A CORUÑA
225	547	JOSÉ MANUEL CANOSA BLANCO		M40M- 80	00:52:36	00:05:16	00:52:08	00:05:13	00:26:40	NO		DUMBRÍA
226	720	JOSÉ MANUEL GONZÁLEZ GONZÁLEZ		SNM- 76	00:52:40	00:05:16	00:52:32	00:05:16	00:26:16			SANTIAGO DE COMPOSTELA
227	719	MELANIE GUILLEN SOLER	F- 26	SNF- 13	00:52:42	00:05:17	00:52:33	00:05:16	00:26:16			SANTIAGO DE COMPOSTELA

228	123	JOSE MANUEL FERNANDEZ PUGA		M50M- 46	00:52:45	00:05:17	00:52:39	00:05:16	00:26:44		CARBALLO
229	1729	PABLO SOLIS SANTOS		SNM- 77	00:52:59	00:05:18	00:52:53	00:05:18	00:25:42		LAXE
230	188	MANUEL RIEIRO GARCIA		SNM- 78	00:53:07	00:05:19	00:52:49	00:05:17	00:26:24		SANTA COMBA
231	207	BRUNO PORTO CALVELO		SNM- 79	00:53:20	00:05:20	00:52:32	00:05:16	00:27:43		AMES
232	545	ANGEL GARCÍA SANTOS		SNM- 80	00:53:21	00:05:21	00:53:12	00:05:20	00:27:30		CANDUAS, CABANA DE BERGANTIÑOS
233	736	XOSÉ F. TAJES BERMÚDEZ		M40M- 81	00:53:32	00:05:22	00:53:15	00:05:20	00:26:51		A CORUÑA
234	607	PATRICIA REDONDO SILVA	F- 27	M40F- 11	00:53:45	00:05:23	00:53:22	00:05:21	00:27:57	BEER RUNNERS	LA CORUÑA
235	197	JAIME LÓPEZ CAINZOS		M40M- 82	00:53:49	00:05:23	00:53:33	00:05:22	00:25:43		A CORUÑA
236	81	MARCOS SANMIGUEL GALAN		M40M- 83	00:53:54	00:05:24	00:53:29	00:05:21	00:27:51	LEONES RUNNING TEAM	CULLEREDO
237	518	MARIA VANESSA LEON VIÑAS	F- 28	SNF- 14	00:54:07	00:05:25	00:54:02	00:05:25	00:26:59	AG2026559 SAR-VERMU PETRONI	NOIA
238	704	MARTA BLANCO MARTINEZ BLANCO MARTINEZ	F- 29	SNF- 15	00:54:24	00:05:27	00:54:20	00:05:26	00:27:26	MG	NOIA
239	153	MARTIN RAÑA VÁZQUEZ		SNM- 81	00:54:28	00:05:27	00:54:03	00:05:25	00:28:12		CARNOTA
240	66	RAFAEL SENÉN GÓMEZ REIRIS		M40M- 84	00:54:49	00:05:29	00:54:34	00:05:28	00:26:45	CLUBE ATLETISMO OUTES - JOHN TURKEY	OUTES
241	9	IRIA LAGO ANDRADE	F- 30	SNF- 16	00:54:51	00:05:30	00:54:38	00:05:28	00:27:36	A. D. OLIMPIA	BRENS. CEE
242	542	DIEGO CASTIÑEIRA ROMERO		M40M- 85	00:54:51	00:05:30	00:54:38	00:05:28	00:27:36		CEE
243	722	JESÚS JULIO ILLADE CERDEIRAS		M50M- 47	00:54:56	00:05:30	00:54:47	00:05:29	00:27:42		A BAÑA
244	139	SORAYA ALVIAREZ MILANO	F- 31	M50F- 4	00:54:57	00:05:30	00:54:35	00:05:28	00:28:06		CULLEREDO
245	717	IVÁN BARRIO PÉREZ		SNM- 82	00:55:01	00:05:31	00:54:35	00:05:28	00:29:21		VIGO
246	206	JESUS PEREZ LEIS		M50M- 48	00:55:14	00:05:32	00:55:05	00:05:31	00:27:35		CEE
247	10	BERTA REYMUDEZ BAÑA	F- 32	SNF- 17	00:55:15	00:05:32	00:54:51	00:05:30	00:28:17	A.D MONTE BRONDO	BAIO
248	26	GERARDO MIGUEL FONTÁN PÉREZ		M40M- 86	00:55:28	00:05:33	00:55:03	00:05:31	00:28:24	ARMENTEIRA E PUNTO	ROMAI
249	522	JOSÉ DANIEL LEMA MARTINEZ		SNM- 83	00:55:44	00:05:35	00:55:20	00:05:32	00:27:28		BAIO
250	524	JOSE ANTONIO BLANCO LEMA		SNM- 84	00:55:46	00:05:35	00:55:18	00:05:32	00:29:08		DUMBRÍA
251	62	DOMINGO BEIRO LESTON		M50M- 49	00:55:48	00:05:35	00:55:47	00:05:35	00:27:19	CLUB CICLISTA DUMBRIA	BERGONDO
252	134	JOSE FIGUEIRAS MARTÍNEZ		SNM- 85	00:56:02	00:05:37	00:55:38	00:05:34	00:27:30		BAIO
253	723	FRANCISCO JAVIER CALATAYUD TORREIRA		M50M- 50	00:56:11	00:05:38	00:56:05	00:05:37	00:27:44		SANTIAGO
254	544	BEATRIZ ALDREY FERREIRO	F- 33	SNF- 18	00:56:22	00:05:39	00:56:08	00:05:37	00:28:00	OPC FITNESS	SANTIAGO
255	181	NURIA GONZÁLEZ VELO	F- 34	SNF- 19	00:56:24	00:05:39	00:56:15	00:05:38	00:27:30		CORISTANCO
256	177	PURY CAMPOS	F- 35	M50F- 5	00:56:31	00:05:40	00:56:10	00:05:37	00:28:25		A CORUÑA
257	44	ROCÍO ALFONSO PITA	F- 36	M40F- 12	00:56:38	00:05:40	00:56:18	00:05:38	00:29:10	BEER RUNNERS CORUÑA	CULLEREDO
258	48	JOSÉ LUIS LÓPEZ RODRÍGUEZ		M40M- 87	00:56:38	00:05:40	00:56:19	00:05:38	00:29:09	BEER RUNNERS CORUÑA	CULLEREDO
259	631	ANGEL CARLOS IZQUIERDO LOPEZ		M40M- 88	00:56:41	00:05:41	00:56:26	00:05:39	00:25:40		LA CORUÑA
260	192	LYDIA MARTINEZ MOUTON	F- 37	M50F- 6	00:56:59	00:05:42	00:56:45	00:05:41	00:27:47		ARTEIXO
261	72	JOSÉ RIAL PAIS		M50M- 51	00:57:10	00:05:43	00:56:53	00:05:42	00:28:43	CLUBE ATLETISMO OUTES - JOHN TURKEY	NOIA
262	513	ROSANA RIAL GARCÍA	F- 38	SNF- 20	00:57:11	00:05:44	00:56:53	00:05:42	00:28:43	CLUBE ATLETISMO OUTES - JOHN TURKEY	NOIA
263	163	MARINA RODRIGUEZ CARIDE	F- 39	M40F- 13	00:57:20	00:05:44	00:56:57	00:05:42	00:29:32		A CORUÑA
264	156	RAMÓN ANTONIO VARELA MÍGUEZ		M50M- 52	00:57:20	00:05:44	00:56:59	00:05:42	00:29:32		A CORUÑA
265	716	FIDEL BESADA JUÁREZ		SNM- 86	00:57:30	00:05:45	00:57:03	00:05:43	00:29:21		VIGO
266	15	SANDRA LEMA OZÓN	F- 40	SNF- 21	00:57:58	00:05:48	00:57:38	00:05:46	00:29:11	A.D.JARNACHAS	ARTEIXO
267	112	ANTONIO GONZÁLEZ FRANCO		M50M- 53	00:58:13	00:05:50	00:58:05	00:05:49	00:29:30	TEAM DAFIT O CONCO-DUMBRÍA	CEE
268	714	MIGUEL ANGEL FERREIRO CAMPOS		M50M- 54	00:58:18	00:05:50	00:58:13	00:05:50	00:28:39		TEO
269	92	OCTAVIO SUSACASA NOVAL		M50M- 55	00:58:29	00:05:51	00:58:04	00:05:49	00:29:35	NOSPORTLIMIT	A CORUÑA
270	539	ALEX CARRERÓ		SNM- 87	00:58:29	00:05:51	00:58:08	00:05:49	00:29:22		SANTIAGO DE COMPOSTELA
271	69	SERGIO CALVO		M40M- 89	00:58:45	00:05:53	00:58:20	00:05:50	00:29:17	CLUBE ATLETISMO OUTES - JOHN TURKEY	CORUÑA
272	228	JUAN JOSE RAMOS ANTELO		SNM- 88	00:58:47	00:05:53	00:58:34	00:05:52	00:29:27		ARTEIXO
273	750	JUAN JOSE RAMOS ANTELO		SNM- 89	00:58:47	00:05:53	00:58:34	00:05:52	00:29:27		ARTEIXO
274	507	MERCEDES DE LA FUENTE IGLESIAS	F- 41	M50F- 7	00:59:21	00:05:57	00:59:13	00:05:56	00:29:22	CLUB ATLÉTISMO O PINO	SANTIAGO
275	712	FERNANDO CUADRADO GARCIA		SNM- 90	00:59:22	00:05:57	00:58:51	00:05:54	00:29:55		A CORUÑA
276	194	VERÓNICA FEÁS SAAVEDRA	F- 42	M50F- 8	00:59:31	00:05:58	00:59:10	00:05:55	00:29:51		A CORUÑA
277	150	JAVIER CIVES OUTES		SNM- 91	00:59:38	00:05:58	00:59:27	00:05:57	00:31:12		CEE
278	176	ADÁN PÉREZ FIDALGO		SNM- 92	00:59:41	00:05:59	00:59:21	00:05:57	00:30:53		SANTA COMBA
279	235	INMACULADA COLLAZO COSTA	F- 43	SNF- 22	01:00:03	00:06:01	00:59:43	00:05:59	00:29:17		CABANA DE BERGANTIÑOS
280	99	ROBERTO VILARIÑO FERNANDEZ		M40M- 90	01:00:17	00:06:02	00:59:49	00:05:59	00:30:14	PROYECTO BULULU	CARBALLO
281	515	SUSANA BUJÁN OTERO	F- 44	M40F- 14	01:00:29	00:06:03	01:00:15	00:06:02	00:31:03	TAG2019282 NOITEBRA FC	SANTIAGO DE COMPOSTELA
282	204	INES PEREZ MARIÑO	F- 45	SNF- 23	01:00:30	00:06:03	01:00:25	00:06:03	00:31:19		NOIA
283	747	CAROLINA GONZALEZ GARCIA	F- 46	M40F- 15	01:00:30	00:06:03	01:00:26	00:06:03	00:31:19	AG2014721	BOIRO
284	202	BEATRIZ PAZOS NIMO	F- 47	SNF- 24	01:00:32	00:06:04	01:00:12	00:06:02	00:29:54		VIMIANZO
285	158	FÁTIMA GESTO TRILLO	F- 48	SNF- 25	01:00:34	00:06:04	01:00:13	00:06:02	00:29:54		VIMIANZO

286	540	ÁNGELA PENA TAIBO	F- 49	SNF- 26	01:00:42	00:06:05	01:00:20	00:06:02	00:29:46	SANTA COMBA
287	536	DAVID BARBEIRA GARCIA		M40M- 91	01:00:42	00:06:05	01:00:21	00:06:03	00:29:47	SANTA COMBA
288	535	JESÚS MANUEL GERPE PÉREZ		SNM- 93	01:00:42	00:06:05	01:00:10	00:06:01	00:29:45	A CORUÑA
289	200	LAURA FERNÁNDEZ PEREIRO	F- 50	M40F- 16	01:00:47	00:06:05	01:00:23	00:06:03	00:29:57	A CORUÑA
290	43	PILAR VAZQUEZ FEBRERO	F- 51	SNF- 27	01:00:47	00:06:05	01:00:25	00:06:03	00:29:58	BEER RUNNERS CORUÑA
291	175	FRANCISCO MANUEL BREA BEIRO		M50M- 56	01:01:53	00:06:12	01:01:45	00:06:11	00:30:40	CEE
292	147	MANUEL GONZALEZ PEREIRA		M50M- 57	01:01:53	00:06:12	01:01:25	00:06:09	00:31:16	ARTEIXO
293	611	MARCOS FEIJOO SUAREZ		M40M- 92	01:02:09	00:06:13	01:01:43	00:06:11	00:31:08	CHUZAS OLIMPICOS
294	730	PATRICIA QUINTÁNS SUÁREZ	F- 52	M40F- 17	01:03:12	00:06:20	01:02:50	00:06:17	00:31:13	MOS
295	531	LOLA CARAMES	F- 53	SNF- 28	01:04:27	00:06:27	01:04:23	00:06:27	00:32:32	NEGREIRA
296	525	JUAN FERNANDO MÁRQUEZ SENANDE		SNM- 94	01:04:33	00:06:28	01:04:05	00:06:25	00:31:29	NOIA
297	801	PABLO NIETO IGLESIAS		SNM- 95	01:04:47	00:06:29	01:04:21	00:06:27	00:32:39	CABANA DE BERGANTIÑOS
298	709	JESUS RUA PEREZ		M50M- 58	01:08:30	00:06:51	01:08:24	00:06:51	00:34:15	OURENSE
299	178	JOSE MANUEL GARCÍA CACABELOS		M50M- 59	01:09:44	00:06:59	01:09:27	00:06:57	00:40:28	SANTIAGO DE COMPOSTELA
DSQ	721	RUBEN BRAS GARCIA								A CORUÑA
DSQ	537	KARINA RAMOS NEGREIRA								

VIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 10/03/2019

Carreira Absoluta (3k). Distancia: 3.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1001	MARTÍN REGUEIRA RELLÁN		SNM- 1	00:09:52	00:03:18			LAXE
2	1505	CARLOS FRAGA ADRIO		SNM- 2	00:09:57	00:03:19		CLUB ATLETISMO O PINO	AMES
3	1509	MARKO FORMOSO LEIS		SNM- 3	00:10:06	00:03:22		LESTONFIT	LIRA- CARNOTA
4	1002	ALBERTO CARBALLO CAMIÑO		SNM- 4	00:10:10	00:03:24		TERRA DE SONEIRA C.D.	A CORUÑA
5	1043	MARCOS FERREIRO REY		SNM- 5	00:10:31	00:03:31			SANTIAGO DE COMPOSTELA
6	1065	CARLOS CANEDA PRIETO		SNM- 6	00:10:31	00:03:31			A CORUÑA
7	1554	BRAIS MOUZO CARRIL		SNM- 7	00:10:34	00:03:32			CAMARIÑAS
8	1008	CARLOS ELISEO AÑON CEAN		SNM- 8	00:10:38	00:03:33		A.D.MEDIADUCIA	BUÑO
9	1009	ALBERTO POMBO PERISCAL		SNM- 9	00:10:48	00:03:36		A.D.MEDIADUCIA	CARBALLO
10	1038	MARTÍN VIDAL LORENZO		SNM- 10	00:11:09	00:03:43		TERRA DE SONEIRA C.D.	VIMIANZO
11	1003	BRAIS LAGO TRILLO		SNM- 11	00:11:12	00:03:44		ASOCIACIÓN DEPORTIVA OLIMPIA	CARNOTA
12	1030	ANGEL CAMPOS SANTIAGO		SNM- 12	00:11:15	00:03:45	AG 7934	SAR-VERMU PETRONI	NOIA
13	1095	RAUL BARBEITO GESTAL		SNM- 13	00:11:17	00:03:46			MEICENDE
14	1510	PABLO IGLESIAS DOMINGUEZ		SNM- 14	00:11:18	00:03:46		NOITEBRA FC	SANTIAGO DE COMPOSTELA
15	1060	IVÁN PARDAL COCA		SNM- 15	00:11:27	00:03:49	AG2026486		BRIÓN
16	1725	BRUNO BELLO LAFUENTE		SNM- 16	00:11:31	00:03:51		TRIATLON ARTEIXO	A CORUÑA
17	1068	IAGO DANS SANCHEZ		SNM- 17	00:11:32	00:03:51			A CORUÑA
18	1078	FRAN LAGO SABORIDO		SNM- 18	00:11:43	00:03:55			CARNOTA
19	1103	FERNANDO CASAL COUTO		SNM- 19	00:11:44	00:03:55			SANTIAGO DE COMPOSTELA
20	1519	JUAN JOSÉ FERNANDEZ CARBALLO		SNM- 20	00:12:00	00:04:00			BAÍÑAS
21	1721	JAVIER PEREZ BLANCO		SNM- 21	00:12:05	00:04:02			VIMIANZO
22	1546	MARIO GONZÁLEZ CANCELA		SNM- 22	00:12:21	00:04:07			ZAS
23	1029	PAULA ESTEIRO RAMOS	F- 1	SNF- 1	00:12:28	00:04:10		LOS VENGADORES BEONE	CAMARIÑAS
24	1042	CRISTIAN RODRÍGUEZ REY		SNM- 23	00:12:29	00:04:10			CARBALLO
25	1005	APOLONIA BERMUDEZ CANOSA	F- 2	SNF- 2	00:12:29	00:04:10			VIMIANZO
26	1525	JUAN PAIS MIÑONES		SNM- 24	00:12:30	00:04:10			VIMIANZO
27	1088	JOAQUÍN PAMPÍN BARREIRO		SNM- 25	00:12:43	00:04:15			A CORUÑA
28	620	CRISTINA TORRES HERVÉS	F- 3	SNF- 3	00:12:44	00:04:15		TRIATLÓN MAR DE VIGO	VIGO
29	1602	DIEGO BLANCO MARTÍNEZ		SNM- 26	00:12:44	00:04:15			SANTA MARÍA DE OIA
30	1004	LUPE LODEIRO NUÑEZ	F- 4	SNF- 4	00:12:54	00:04:18	GA19056	SAR-VERMU PETRONI	VILLANUEVA DE AROSA
31	1528	MARTIN SANTOS SUAREZ		SNM- 27	00:12:58	00:04:20			LAXE
32	1724	RAFAEL QUINTANS CANOSA		SNM- 28	00:13:03	00:04:21			CEE
33	1603	JOSE REY CAMIÑO		SNM- 29	00:13:10	00:04:24			VIMIANZO
34	1508	LAURA CAAMAÑO MARTINEZ	F- 5	SNF- 5	00:13:16	00:04:26		KURAI	MUROS
35	1057	SUSO MÉNDEZ SUÁREZ		SNM- 30	00:13:26	00:04:29			PONTECESO
36	1022	ALICIA MUIÑO POSE	F- 6	SNF- 6	00:13:29	00:04:30		CLUB ATLETISMO O PINO	SANTIAGO
37	1532	BRYAN ANDREA VIDAL		SNM- 31	00:13:29	00:04:30			VIMIANZO
38	1515	ALFONSO PREGO		SNM- 32	00:13:45	00:04:35			CERCEDA
39	1018	ALICIA GARCÍA CRUZ	F- 7	SNF- 7	00:13:48	00:04:36		ASOCIACION DEPORTIVA OLIMPIA	CEE

40	1550	MIGUEL ÁNGEL ÉZARA TRILLO		SNM- 33	00:13:56	00:04:39		CEE
41	1019	JOSÉ MANUEL BLANCO NOVO		SNM- 34	00:13:58	00:04:40	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
42	1074	KEVIN PARDIÑAS BUSTO		SNM- 35	00:13:59	00:04:40		ZAS
43	1538	TERE PARRADO PINAQUE	F- 8	SNF- 8	00:14:00	00:04:40		AMES
44	1542	DIEGO BERTÍN MUIÑO OREIRO		SNM- 36	00:14:02	00:04:41		SANTA COMBA
45	1079	JOSÉ FRANCISCO QUINTELA TAJES		SNM- 37	00:14:15	00:04:45		LIRA - CARNOTA
46	1503	JUAN CARLOS CAMBEIRO ANDRADE		SNM- 38	00:14:16	00:04:46	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBION
47	1087	JESUS MANUEL BLANCO GONZALEZ		SNM- 39	00:14:20	00:04:47		DUMBRIA
48	1101	PATRICIA TUÑEZ LEMA	F- 9	SNF- 9	00:14:32	00:04:51		CEE
49	1059	FERNANDO OUTES TARRELA		SNM- 40	00:14:35	00:04:52		CEE
50	1090	FATIMA POSE CARAMES	F- 10	SNF- 10	00:14:39	00:04:53		MUXIA
51	1531	SILVIA VELO SÁNCHEZ	F- 11	SNF- 11	00:14:45	00:04:55		A CORUÑA
52	1539	LETICIA GONZÁLEZ CERNADAS	F- 12	SNF- 12	00:14:45	00:04:55		MAZARICOS
53	1033	FELIPE VIDAL VIDAL		SNM- 41	00:14:50	00:04:57	TERRA DE SONEIRA C.D.	VIMIANZO
54	1017	MARIA JOSE TRABA LOPEZ	F- 13	SNF- 13	00:14:50	00:04:57	ASOCIACION DEPORTIVA OLIMPIA	CORCUBION
55	1541	ALBERTO ANDRADE LAGO		SNM- 42	00:14:52	00:04:58		CORCUBION
56	1036	FABIÁN SANTOS POSE		SNM- 43	00:14:54	00:04:58	AG 2022 664 TERRA DE SONEIRA C.D.	VIMIANZO
57	1506	GABRIEL CASTIÑEIRA IGLESIA		SNM- 44	00:14:57	00:04:59	GABRIEL	VIMIANZO
58	1523	PAULA ALBORÉS FANDIÑO	F- 14	SNF- 14	00:14:57	00:04:59		VIMIANZO
59	1037	JAIME VIDAL VIDAL		SNM- 45	00:15:01	00:05:01	TERRA DE SONEIRA C.D.	VIMIANZO
60	1031	RAMON REY MIGUENS		SNM- 46	00:15:17	00:05:06	SAR-VERMU PETRONI	ESPAÑA
61	1560	MARÍA CODESIDO MONTOIRO	F- 15	SNF- 15	00:15:18	00:05:06		SANTIAGO DE COMPOSTELA
62	1556	LORETO SAMBADE LESTON	F- 16	SNF- 16	00:15:22	00:05:08	TRIKITEAM	MUROS
63	1722	ADAN CUNS SANTOS		SNM- 47	00:15:26	00:05:09		LIÑAIO (NEGREIRA)
64	1540	MARÍA DEL CARMEN TRILLO GRILLE	F- 17	SNF- 17	00:15:29	00:05:10		DUMBRÍA
65	1021	CARLOS VARELA CALVELO		SNM- 48	00:15:35	00:05:12	CLUB ATLETISMO DUBRA	VAL DO DUBRA
66	1708	JOSÉ ANTONIO FUENTES TORRES		SNM- 49	00:15:38	00:05:13		CARBALLO
67	1536	ESTEFANÍA CALVELO MUÑIZ	F- 18	SNF- 18	00:15:42	00:05:14		SANTA COMBA
68	1034	TANIA PAZOS FERNANDEZ	F- 19	SNF- 19	00:15:43	00:05:15	TERRA DE SONEIRA C.D.	VIMIANZO
69	1524	LAURA REY PADÍN	F- 20	SNF- 20	00:15:52	00:05:18		O GROVE
70	1551	EVARISTO ALVARELLOS LAGO		SNM- 50	00:15:55	00:05:19		CEE
71	1701	ALICIA NOVÁS VARELA	F- 21	SNF- 21	00:16:01	00:05:21	AD MONTE BRONDO	BAIO
72	1081	GREPCY MAYO SANCHEZ	F- 22	SNF- 22	00:16:14	00:05:25		CEE
73	1099	IRIA DOMINGUEZ MARTINEZ	F- 23	SNF- 23	00:16:14	00:05:25		DUMBRIA
74	1512	KATIA ESTALOTE LAGO	F- 24	SNF- 24	00:16:32	00:05:31		MAZARICOS
75	1026	PAU MARTÍNEZ	F- 25	SNF- 25	00:16:33	00:05:31	DAFIT	MUXÍA
76	1537	ISABEL PÈREZ TRILLO	F- 26	SNF- 26	00:16:38	00:05:33		VIMIANZO
77	1072	EVA LÓPEZ VIDAL	F- 27	SNF- 27	00:16:40	00:05:34		ABEGONDO
78	1091	JESUS LORENZO FARIÑA		SNM- 51	00:16:41	00:05:34		ABEGONDO
79	1048	LETICIA CAMBEIRO CANOSA	F- 28	SNF- 28	00:16:43	00:05:35		CEE
80	1516	ALBERTO SUÁREZ SUREDA		SNM- 52	00:16:46	00:05:36		CEE
81	1715	MÓNICA RODRÍGUEZ	F- 29	SNF- 29	00:16:47	00:05:36		CORISTANCO
82	1702	ÁNGELES SALMONTE VARELA	F- 30	SNF- 30	00:16:50	00:05:37	CLUB ATLETISMO O PINO	O PINO
83	1726	MONTSERRAT LEMA PAZOS	F- 31	SNF- 31	00:16:54	00:05:38		VIMIANZO

84	1552	ANA M° VÁZQUEZ FERNÁNDEZ	F- 32	SNF- 32	00:17:01	00:05:41		AMES
85	1559	LUCIA GONZALEZ PENA	F- 33	SNF- 33	00:17:05	00:05:42		A PICOTA
86	1549	MARTA GARCIA VIGO	F- 34	SNF- 34	00:17:16	00:05:46		CEE
87	1012	MARI CARMEN VAZQUEZ RIVERA	F- 35	SNF- 35	00:17:17	00:05:46	ABELLARIZA	PONTECESO
88	1014	MIGUEL ÁNGEL AMADO SUÁREZ		SNM- 53	00:17:17	00:05:46	ABELLARIZA	PONTECESO
89	1545	NATALIA LEMA VAZQUEZ	F- 36	SNF- 36	00:17:18	00:05:46		VIMIANZO
90	1502	AMELIA ANDRADE LAGO	F- 37	SNF- 37	00:17:28	00:05:50	ASOCIACION DEPORTIVA OLIMPIA	CORCUBION
91	1709	DANIEL MARTINEZ OREIRO		SNM- 54	00:17:30	00:05:50		BAIÑAS
92	1062	MIRIAN REY GARCIA	F- 38	SNF- 38	00:17:31	00:05:51		VIMIANZO
93	1064	AURORA YENIL VARELA CABRERA	F- 39	SNF- 39	00:17:38	00:05:53		LA CORUÑA
94	1561	LETICIA BUITURON FERNÁNDEZ	F- 40	SNF- 40	00:17:40	00:05:54		FISTERRA
95	1706	ANA MARÍA COTELO REY	F- 41	SNF- 41	00:17:52	00:05:58		CARBALLO
96	1533	PAULA OANES VIDAL	F- 42	SNF- 42	00:18:03	00:06:01		VIMIANZO
97	1544	SANDRA VIDAL SALGADO	F- 43	SNF- 43	00:18:03	00:06:01		VIMIANZO
98	1006	MARIA ANDRADE LAGO	F- 44	SNF- 44	00:18:04	00:06:02	A. D. OLIMPIA	CORCUBION
99	1080	JUAN INSUA LAGO		SNM- 55	00:18:07	00:06:03		CEE
100	1703	MANUEL LOPÉZ TEMES		SNM- 56	00:18:21	00:06:07	CORREXALLAS	SANTA COMBA
101	1547	ESTEFANIA BERMUDEZ SILVA	F- 45	SNF- 45	00:18:31	00:06:11		XAVIÑA
102	1076	ANABEL CAAMAÑO BERMÚDEZ	F- 46	SNF- 46	00:18:31	00:06:11		ARTEIXO
103	1514	ANA RODRÍGUEZ FREIRE	F- 47	SNF- 47	00:18:32	00:06:11		ARTEIXO
104	1534	UXIA MARTÍNEZ EIRÍS	F- 48	SNF- 48	00:18:33	00:06:11		TEO
105	1710	SHEILA RECAREY VARELA	F- 49	SNF- 49	00:18:33	00:06:11		CABANA DE BERGANTIÑOS
106	1511	ANTONIO VISOS FIAÑO		SNM- 57	00:18:33	00:06:11		MILLADOIRO - AMES
107	1071	MARIA TERESA CASTIÑEIRA TOURIÑAN	F- 50	SNF- 50	00:18:39	00:06:13		CEE
108	1704	ROCÍO LOPÉZ TEMES	F- 51	SNF- 51	00:18:50	00:06:17	CORREXALLAS	SANTA COMBA
109	1557	EVA QUEVEDO VÁZQUEZ	F- 52	SNF- 52	00:18:54	00:06:18		CARNOTA
110	1718	MARTA PUENTE ANTELO	F- 53	SNF- 53	00:19:04	00:06:22		SANTA COMBA
111	1716	MARÍA CARREIRA CARBALLO	F- 54	SNF- 54	00:19:04	00:06:22		CAMARIÑAS
112	1705	ELENA LÓPEZ AMENEDO	F- 55	SNF- 55	00:19:07	00:06:23	MESOIRO RUNNING	A CORUÑA
113	1548	BETTY DÍAZ	F- 56	SNF- 56	00:19:19	00:06:27		CEE
114	1013	ANA SOUTO TEIJEIRO	F- 57	SNF- 57	00:19:19	00:06:27	ABELLARIZA	PONTECESO
115	1032	SUSANA RIVEIRO SIABA	F- 58	SNF- 58	00:19:20	00:06:27	SUSI	CARNOTA
116	1555	LAURA GERPE RIAL	F- 59	SNF- 59	00:19:22	00:06:28	A.D.MEDIADUCIA	CARBALLO
117	1070	MONICA DORREGO ALONSO	F- 60	SNF- 60	00:19:23	00:06:28		A CORUÑA
118	1720	BELEN LIÑEIRO CASTIÑEIRA	F- 61	SNF- 61	00:19:25	00:06:29		MUXIA
119	1054	MARÍA PAZ MARTÍNEZ SANTIAGO	F- 62	SNF- 62	00:19:27	00:06:29		CARNOTA
120	1513	MARIA ISABEL RODRÍGUEZ PIÑERO	F- 63	SNF- 63	00:19:29	00:06:30		CARNOTA
121	1063	SANDRA VÁZQUEZ MIRA	F- 64	SNF- 64	00:19:31	00:06:31		LAXE
122	1526	MARÍA ISABEL TURNES CORDEIRO	F- 65	SNF- 65	00:19:31	00:06:31		SANTA COMBA
123	1083	TANIA MALLON FERNANDEZ	F- 66	SNF- 66	00:19:31	00:06:31		A CORUÑA
124	1086	CLAUDIA OTERO	F- 67	SNF- 67	00:19:45	00:06:35		CARNOTA
125	1707	BEATRIZ COTELO REY	F- 68	SNF- 68	00:20:02	00:06:41		CARBALLO
126	1082	MARÍA DE LAS MERCEDES MOSTEIRO RODRÍGUEZ	F- 69	SNF- 69	00:20:19	00:06:47		A CORUÑA
127	1713	ESTRELLA ANTELO MARTINEZ	F- 70	SNF- 70	00:20:27	00:06:49		CAMARIÑAS

128	1714	BEGOÑA CERDEIRAS JAUREGUIZAR	F- 71	SNF- 71	00:20:27	00:06:49		CAMARIÑAS
129	1007	LAURA LEMA VERDÍA	F- 72	SNF- 72	00:20:34	00:06:52	A.D MEDIA DUCIA	CARBALLO
130	1717	MARIAM FUENTES ARES	F- 73	SNF- 73	00:21:06	00:07:02		CEE
131	1543	ADRIANA ANTELO	F- 74	SNF- 74	00:21:10	00:07:04		VIMIANZO
132	1518	MARIA ISABEL CASTIÑEIRA BELANDRIA	F- 75	SNF- 75	00:21:11	00:07:04		CEE
133	1517	HECTOR JOSE CASTIÑEIRA BELANDRIOA		SNM- 58	00:21:11	00:07:04		CEE
134	1711	MAR CERDEIRAS LEMUS	F- 76	SNF- 76	00:21:52	00:07:18		CAMARIÑAS
135	1049	MARTINA FERREIRO RIAL	F- 77	SNF- 77	00:22:00	00:07:20		CEE
136	1558	MANUEL L. NUEZ SÁNCHEZ		SNM- 59	00:22:00	00:07:20	0	A CORUÑA
137	1096	JUAN JOSE VIEITES GARCIA		SNM- 60	00:22:00	00:07:20		CEE

VIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 10/03/2019

Infantil-Cadete-Xuvenil. Distancia: 3.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	2418	MIGUEL QUINTANS SÁNCHEZ		CDTM- 1	00:10:40	00:03:34		ASOCIACIÓN DEPORTIVA OLIMPIA	MUXIA
2	2441	VICTOR RAMOS SAMBADE		CDTM- 2	00:10:52	00:03:38			MUROS
3	2463	CRISTIAN GONZÁLEZ MARTIMAR		XVNM- 1	00:11:14	00:03:45			ARTEIXO
4	2427	ÓSCAR PARENTE TURNES		XVNM- 2	00:11:22	00:03:48		CLUB ATLETISMO NEGREIRA	SANTA COMBA
5	2426	VALERIA BATIRE GURIDI DIÉGUEZ	F- 1	CDTF- 1	00:11:32	00:03:51		CLUB ATLETISMO MILLARAO	SANTIAGO
6	2428	AINARA FERNÁNDEZ RIVADENEIRA	F- 2	INFF- 1	00:11:36	00:03:52		CLUB ATLETISMO NOIA	MUROS
7	2421	JOSE MANUEL NEGREIRA ABELENDÁ		INFM- 1	00:11:40	00:03:54		ATLETISMO CARBALLO	CARBALLO
8	2438	ALEXIA RAMA LADO	F- 3	INFF- 2	00:11:47	00:03:56		TRIKI TEAM	MUROS
9	2424	IRENE FERNÁNDEZ SOTELO	F- 4	INFF- 3	00:11:56	00:03:59		ATLETISMO NOIA	MUROS
10	2442	ALEX AYASO PARADA		INFM- 2	00:12:02	00:04:01			RIVEIRA
11	2436	ALEJANDRA FORMOSO RE CAREY	F- 5	CDTF- 2	00:12:08	00:04:03		TRIKI TEAM	MUROS
12	2452	ANXO BELLO RODRÍGUEZ		INFM- 3	00:12:12	00:04:04			CORISTANCO
13	2425	CARLOS TRILLO TRILLO		XVNM- 3	00:12:15	00:04:05		CEE	CEE
14	2467	JESÚS MANUEL SAR MOUZO		INFM- 4	00:12:36	00:04:12			A PONTE DO PORTO- CAMARIÑAS
15	2403	JULIA GARCIA TRABA	F- 6	CDTF- 3	00:12:37	00:04:13		ASOCIACION DEPORTIVA OLIMPIA	CORCUBIÓN
16	2465	NICOLÁS FIGUEROA CARRIL		CDTM- 3	00:12:44	00:04:15			ARTEIXO
17	2420	ANTÍA LAGO FERNÁNDEZ	F- 7	CDTF- 4	00:12:48	00:04:16		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
18	2462	RUBEN DE RAMON AYALA		INFM- 5	00:12:58	00:04:20		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
19	2408	SONIA CANOSA GARCÍA	F- 8	INFF- 4	00:13:07	00:04:23		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
20	2453	MICHAEL RAMOS SOUSA		INFM- 6	00:13:12	00:04:24			BAIO - ZAS
21	2449	HÉCTOR LÓPEZ ALFONSO		CDTM- 4	00:13:22	00:04:28			CULLEREDO
22	2437	MARIA FERNANDEZ MARTINEZ	F- 9	INFF- 5	00:13:42	00:04:34		TRIKI TEAM	MUROS
23	2405	LAURA CASTIÑEIRA BUSTAMANTE	F- 10	INFF- 6	00:13:47	00:04:36		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
24	2464	ALEJANDRO RAPOSO COMBA		XVNM- 4	00:13:47	00:04:36			AMES
25	2470	JUAN PAIS TEDÍN		CDTM- 5	00:13:48	00:04:36			VIMIANZO
26	2430	SABELA REY MIGUENS	F- 11	XVNF- 1	00:13:50	00:04:37	AG2022537	SAR-VERMU PETRONI	PADRON
27	2469	ANXO CANOSA ROMAR		CDTM- 6	00:13:57	00:04:39			CAMARIÑAS
28	2404	LUCÍA SUÁREZ RODRÍGUEZ	F- 12	XVNF- 2	00:14:24	00:04:48		ASOCIACIÓN DEPORTIVA OLIMPIA	BRENS - CEE
29	2419	HELIA LEMA REDONDA	F- 13	CDTF- 5	00:14:25	00:04:49		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
30	2417	MINERVA ANTÍA LAGO LÓPEZ	F- 14	CDTF- 6	00:14:38	00:04:53		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
31	2432	ADRIAN RAPOSO FERNANDEZ		INFM- 7	00:14:41	00:04:54		SAR-VERMU PETRONI	DODRO
32	2431	MARIÑA REY MIGUENS	F- 15	CDTF- 7	00:14:44	00:04:55		SAR-VERMU PETRONI	PADRON
33	2416	MARTA VÉREZ PEQUEÑO	F- 16	CDTF- 8	00:14:49	00:04:57		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
34	2423	XOANA MENDEZ GONZALEZ	F- 17	INFF- 7	00:14:49	00:04:57		ATLETISMO CUNTIS(ADM)	BOIRO
35	2454	ADRIÁN MUÍÑO FUENTES		CDTM- 7	00:15:13	00:05:05			BAIO
36	2468	DANIEL LUACES CASTRO		CDTM- 8	00:15:35	00:05:12			CAMARIÑAS
37	2402	CARLA RODRIGUEZ OLVEIRA	F- 18	INFF- 8	00:15:41	00:05:14		ASOCIACION DEPORTIVA OLIMPIA	CORCUBIÓN

38	2422	MATEO CASTRO SOUTO		INFM- 8	00:15:41	00:05:14	ATLETISMO CARBALLO	CARBALLO
39	2473	AARON PEREZ MOREIRA		CDTM- 9	00:15:49	00:05:17		CAMARIÑAS
40	2413	LÚA CAMBEIRO ANDRADE	F- 19	CDTF- 9	00:15:52	00:05:18	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
41	2412	LAURA VILLAR ALVARELLOS	F- 20	CDTF- 10	00:15:52	00:05:18	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
42	2461	DANIEL PAZ CANOSA		INFM- 9	00:15:54	00:05:18		CAMARIÑAS
43	2457	GABRIEL EZARA TRILLO		CDTM- 10	00:16:06	00:05:22		CEE
44	2407	ALEJANDRA CANOSA GARCÍA	F- 21	CDTF- 11	00:16:16	00:05:26	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
45	2475	KELY SUAREZ PARDO	F- 22	INFF- 9	00:16:19	00:05:27		CAMARIÑAS
46	2455	CANDELA MOUZO FUENTES	F- 23	INFF- 10	00:16:25	00:05:29		CEE
47	2474	CLAUDIA CUNDINS LOPEZ	F- 24	INFF- 11	00:16:40	00:05:34		CAMARIÑAS
48	2406	XIANA LAGO ANDRADE	F- 25	CDTF- 12	00:16:41	00:05:34	ASOCIACIÓN DEPORTIVA OLIMPIA	BRENS CEE
49	2411	ÓSCAR BLANCO RODRÍGUEZ		CDTM- 11	00:16:47	00:05:36	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
50	2472	DEREK RAFAEL FREIRE MOUZO		CDTM- 12	00:16:53	00:05:38		CAMARIÑAS
51	2460	ANGEL LOPEZ BERNARDEZ		CDTM- 13	00:17:07	00:05:43		CEE
52	2445	LAURA BLANCO MOREIRA	F- 26	INFF- 12	00:17:32	00:05:51		DUMBRÍA
53	2415	SAMIRA POSE LEMA	F- 27	CDTF- 13	00:18:00	00:06:00	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
54	2456	ANTIA MOUZO FUENTES	F- 28	INFF- 13	00:18:59	00:06:20		CEE

VIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 10/03/2019

Carreira Alevín. Distancia: 1.300 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	2211	IKER LAVANDEIRA RODRIGUEZ		ALVM- 1	00:04:20	00:03:20		ATLETISMO CORUÑA COMARCA	A CORUÑA
2	2214	HUGO DOMÍNGUEZ JUNCAL		ALVM- 2	00:04:23	00:03:22		ATLETISMO VILA DE CANGAS	BUEU
3	2204	JUAN CASTIÑEIRA BUSTAMANTE		ALVM- 3	00:04:34	00:03:31		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
4	2224	JIMENA OUTES GRAIÑO	F- 1	ALVF- 1	00:04:35	00:03:31			CEE
5	2203	PABLO TABOADA PRIETO		ALVM- 4	00:04:56	00:03:48		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
6	2223	IKER AYASO PARADA		ALVM- 5	00:04:59	00:03:50			RIVEIRA
7	2202	MARTINA GARCIA TRABA	F- 2	ALVF- 2	00:05:03	00:03:53		ASOCIACION DEPORTIVA OLIMPIA	CORCUBIÓN
8	2219	EVA FORMOSO RECAREY	F- 3	ALVF- 3	00:05:07	00:03:56		TRIKI TEAM	MUROS
9	2206	SABELA CARREIRA SANTABAYA	F- 4	ALVF- 4	00:05:12	00:04:00		ASOCIACIÓN DEPORTIVA OLIMPIA	DUMBRÍA
10	2215	TANIA LÓPEZ PAZOS	F- 5	ALVF- 5	00:05:20	00:04:06		CLUB ATLETISMO NARÓN	NARÓN
11	2209	LIANA QUINTELA SABORIDO	F- 6	ALVF- 6	00:05:22	00:04:08		ASOCIACIÓN DEPORTIVA OLIMPIA	LIRA
12	2213	IRENE RIVEIRO LEON	F- 7	ALVF- 7	00:05:24	00:04:10		ATLETISMO NOIA	NOIA
13	2212	NOA GÓMEZ LEON	F- 8	ALVF- 8	00:05:26	00:04:11		ATLETISMO NOIA	NOIA
14	2222	SIRA AYASO PARADA	F- 9	ALVF- 9	00:05:29	00:04:14			RIVEIRA
15	2208	LUCÍA QUINTELA SABORIDO	F- 10	ALVF- 10	00:05:32	00:04:16		ASOCIACIÓN DEPORTIVA OLIMPIA	LIRA
16	2216	MARÍA CAMBA VÁZQUEZ	F- 11	ALVF- 11	00:05:42	00:04:23		NATACIÓN LICEO	CULLEREDO
17	2225	ALEIX MARCH RODRIGUEZ		ALVM- 6	00:05:51	00:04:30			CAMELLE
18	2230	NEREA CALO SUAREZ	F- 12	ALVF- 12	00:05:56	00:04:34			LAXE
19	2245	DANIEL CASTRO CASTIÑEIRA		ALVM- 7	00:06:10	00:04:44			CAMARIÑAS
20	2205	LUCÍA CASTIÑEIRA TRABA	F- 13	ALVF- 13	00:06:24	00:04:55		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
21	2226	IRIA SAMBADE BARCIA	F- 14	ALVF- 14	00:06:28	00:04:58			MUXÍA
22	2248	LUCIA BLANCO LISTA	F- 15	ALVF- 15	00:06:28	00:04:59			CAMARIÑAS
23	2237	DANIEL PASANTES LISTA		ALVM- 8	00:07:49	00:06:01			A CORUÑA
24	2247	JIMENA BLANCO MARTÍNEZ	F- 16	ALVF- 16	00:07:56	00:06:06			LA CORUÑA
25	2228	SARA PASANTES CALZAS	F- 17	ALVF- 17	00:08:28	00:06:31			CAMARIÑAS
26	1	SARA VIEITES FERREIRO	F- 18	ALVF- 18	00:11:29	00:08:50			CEE

VIII CARREIRA PEDESTRE CONCELLO DE CAMARIÑAS, Camariñas 10/03/2019

Carreira Benxamín. Distancia: 800 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	2013	SABELA RAPOSO FERNÁNDEZ	F- 1	BNXF- 1	00:03:06	00:03:52		SAR-VERMU PETRONI	DODRO
2	2014	GONZALO RAMOS SAMBADE		BNXM- 1	00:03:17	00:04:06		TRIKITEAM	MUROS
3	2009	XABI CAMBA VÁZQUEZ		BNXM- 2	00:03:24	00:04:15		ATLETISMO CORUÑA COMARCA	CULLEREDO
4	2004	PEDRO CASTIÑEIRA BUSTAMANTE		BNXM- 3	00:03:37	00:04:31		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
5	2015	LUCÍA TABOADA CODESIDO	F- 2	BNXF- 2	00:03:43	00:04:39			SANTIAGO DE COMPOSTELA
6	2023	ADRIAN CALO SUAREZ		BNXM- 4	00:03:51	00:04:49			LAXE
7	2005	AROA BARRIENTOS GARCIA	F- 3	BNXF- 3	00:03:57	00:04:56		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
8	2029	ALBA PORTO LÓPEZ	F- 4	BNXF- 4	00:04:05	00:05:07		MESOIRO RUNNING	A CORUÑA
9	2024	CLEA MARTINEZ RODRIGUEZ	F- 5	BNXF- 5	00:04:07	00:05:08			CORISTANCO
10	2042	CANDELA BLANCO IGLESIAS	F- 6	BNXF- 6	00:04:10	00:05:12			RÁBADE
11	2006	SOFIA MONTERO TRILLO	F- 7	BNXF- 7	00:04:13	00:05:16		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
12	2007	ANDRES CAMBEIRO ANDRADE		BNXM- 5	00:04:22	00:05:27		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBION
13	2040	ALONSO POSE ALVAREZ		BNXM- 6	00:04:25	00:05:31			LAXE
14	2036	AINHOA MARTINEZ CARRIL	F- 8	BNXF- 8	00:04:27	00:05:34			CAMARIÑAS
15	2003	SARA TABOADA PRIETO	F- 9	BNXF- 9	00:04:28	00:05:34		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
16	2033	CANDELA SANTOS LISTA	F- 10	BNXF- 10	00:04:28	00:05:35			CAMARIÑAS
17	2010	AMALIA MENDEZ GONZALEZ	F- 11	BNXF- 11	00:04:31	00:05:39		ATLETISMO SAR VERMU PETRONI	BOIRO
18	2026	PEDRO MOUZO FUENTES		BNXM- 7	00:05:44	00:07:10			CEE
19	2034	CLAUDIA GERPE PASANTES	F- 12	BNXF- 12	00:05:53	00:07:21			CAMARIÑAS
20	2041	ALMA TEIJEIRO PEREZ	F- 13	BNXF- 13	00:05:55	00:07:23			CAMARIÑAS