

## IX CP TORRE DE HÉRCULES - TROFEO J.A. VARELA CALVIÑO - I C. SOLIDARIA #QUERÉMONOSVIVAS, A Coruña 23/03/2019

Prueba Absoluta. Distancia: 6.625 m



Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Control (km 2,97)	Licenza	Club	Localidad
1	3	DIEGO RUIZ BREIJO		SNM- 1	00:22:03	00:03:20	00:22:03	00:03:20	00:09:40		CLUB ATLETISMO SADA	A CORUÑA
2	800	ANXO CASTRO		SNM- 2	00:22:12	00:03:22	00:22:12	00:03:22	00:09:32	AG2016310	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
3	144	ABDELAZIZ FATIHI CHHIMA		SNM- 3	00:22:44	00:03:26	00:22:44	00:03:26	00:09:31		JAMONERIA LA LEONESA	LA CORUÑA
4	62	ALVARO GOMEZ CARDESIN		SNM- 4	00:22:51	00:03:27	00:22:50	00:03:27	00:09:56		ATLETISMO CORUÑA COMARCA	A CORUÑA
5	307	RUBEN LIÑARES ARAN		VT2M- 1	00:22:59	00:03:29	00:22:58	00:03:28	00:09:55			A CORUÑA
6	117	JAVIER TOURÍS FORNOS		VT2M- 2	00:23:11	00:03:30	00:23:10	00:03:30	00:09:56		CLUB MARINEDA ATLETICO	LA CORUÑA
7	134	DAMIÁN ESPASANDÍN LEMA		SNM- 5	00:23:28	00:03:33	00:23:27	00:03:33	00:10:06		DAFIT	VIMIANZO
8	361	JAVIER SEOANE PUGA		VT2M- 3	00:23:35	00:03:34	00:23:34	00:03:34	00:10:03			CARBALLO
9	1021	DAVID FERNÁNDEZ ARGUL		SUB20M- 1	00:23:47	00:03:36	00:23:41	00:03:35	00:10:32		CLUB MARINEDA ATLETICO	A CORUÑA
10	306	JORGE MARTÍNEZ GÓMEZ		SNM- 6	00:23:49	00:03:36	00:23:46	00:03:36	00:10:27			A CORUÑA
11	235	JOSE LUIS SEOANE UZAL		VT1M- 1	00:24:03	00:03:38	00:24:02	00:03:38	00:10:27			LA CORUÑA
12	1022	ALBERTO CASTEDO PERNAS		SNM- 7	00:24:13	00:03:40	00:24:07	00:03:39	00:10:41	AG2023227	CLUB MARINEDA ATLETICO	A CORUÑA
13	1753	ELOY GONZALEZ HORTA		SNM- 8	00:24:21	00:03:41	00:24:19	00:03:41	00:10:22		TRIATLON BOIRO	A CORUÑA
14	1745	FERNANDO VAZQUEZ ARES		VT2M- 4	00:24:24	00:03:41	00:24:21	00:03:41	00:10:39		ATLETAS DE ACEA DE AMA	CAMBRE
15	1289	ANXO MEIZOSO PERMUI		VT1M- 2	00:24:25	00:03:42	00:24:22	00:03:41	00:10:29			AS PONTES
16	197	RICARDO ALONSO FERNANDEZ		VT1M- 3	00:24:26	00:03:42	00:24:23	00:03:41	00:10:26		RUNNING ARTEIXO	VERÍN
17	1750	JACOBO GESTO LAGO		SNM- 9	00:24:29	00:03:42	00:24:27	00:03:42	00:10:25		VERXEL NUTRICIÓN DEPORTIVA	OLEIROS
18	212	PABLO LEMA PEREZ		VT3M- 1	00:24:30	00:03:42	00:24:29	00:03:42	00:10:42	AG-2026832	RUNNING OLEIROS	CORUÑA
19	90	NICOLAS FERNANDO BAS ROTH		SNM- 10	00:24:31	00:03:42	00:24:29	00:03:42	00:10:43	AG2024034	CLUB ATLETISMO SADA	CULLEREDO
20	1190	ALEJANDRO E GONZALEZ GONZÁLEZ		SNM- 11	00:24:41	00:03:44	00:24:34	00:03:43	00:10:42			SADA
21	204	XAQUIN BUGALLO DEL PUERTO		VT1M- 4	00:24:45	00:03:45	00:24:43	00:03:44	00:10:39		RUNNING OLEIROS	O BURGO
22	168	FRANCISCO JAVIER MASEDA CARBALLO		VT2M- 5	00:24:47	00:03:45	00:24:42	00:03:44	00:10:47		NO SPORT LIMIT	A CORUÑA
23	18	JOSÉ MANUEL PENA SUÁREZ		VT2M- 6	00:24:54	00:03:46	00:24:53	00:03:46	00:10:44		AD JARNACHAS	ARTEIXO
24	100	LUCIANO JESÚS CARRETERO SANCHEZ		VT1M- 5	00:24:57	00:03:46	00:24:55	00:03:46	00:10:38		CLUB CICLISTA CAMBRE	A CORUÑA
25	1229	ADRIÁN EDREIRA TORRES		SNM- 12	00:24:57	00:03:46	00:24:45	00:03:45	00:10:56			BETANZOS
26	220	ROI BARROS CORRAL		SNM- 13	00:24:58	00:03:47	00:24:56	00:03:46	00:10:45	AG2017827	SPORTING CLUB CASINO	A CORUÑA
27	263	JAVIER PARADELA MARTICÓ		VT2M- 7	00:25:00	00:03:47	00:25:00	00:03:47	00:10:33			ARTEIXO
28	393	RAMÓN CANOSA CASTIÑEIRA		VT2M- 8	00:25:02	00:03:47	00:25:01	00:03:47	00:10:50			CÉE
29	195	JOSÉ CARLOS PEREIRA REY		VT3M- 2	00:25:03	00:03:47	00:24:59	00:03:47	00:10:43		RUNNING ARTEIXO	ARTEIXO
30	1008	ANTONIO BLANCO VILLAR		SNM- 14	00:25:07	00:03:48	00:25:03	00:03:47	00:10:57		BRIGANTIA AVENTURA	A CORUÑA
31	76	EMILIO MARTINEZ ANTA		VT3M- 3	00:25:10	00:03:48	00:25:08	00:03:48	00:10:41	GA20450	C.D.EGOVARROS-VIVEIRO	A CORUÑA
32	42	ALBERTO CASTRO SANCHEZ		VT1M- 6	00:25:13	00:03:49	00:25:11	00:03:48	00:10:52	AG 2021965	ATLETAS DE ACEA DE AMA	VILABOIA-CULLEREDO
33	81	FERNANDO PEREZ HERNANDEZ		VT2M- 9	00:25:25	00:03:51	00:25:24	00:03:50	00:10:52	AG2019970	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
34	116	MATEO TORRES NEIRA		VT1M- 7	00:25:30	00:03:51	00:25:29	00:03:51	00:11:09		CLUB MARINEDA ATLETICO	A CORUÑA
35	497	GUSTAVO VILLAR PÉREZ		VT2M- 10	00:25:32	00:03:52	00:25:31	00:03:51	00:11:06			A CORUÑA
36	459	IAGO FERNÁNDEZ IGLESIAS		VT1M- 8	00:25:32	00:03:52	00:25:31	00:03:51	00:11:06			A CORUÑA
37	820	FELIPE CORRAL REY		VT2M- 11	00:25:35	00:03:52	00:25:34	00:03:52	00:10:57		NOSPORTLIMIT	A CORUÑA
38	216	CARLOS SANTOS MARTINEZ		VT2M- 12	00:25:37	00:03:52	00:25:35	00:03:52	00:11:00		SIEIRO RUNNING	A CORUÑA
39	208	JULIAN JOSE GESTO CAABEIRO		VT3M- 4	00:25:41	00:03:53	00:25:39	00:03:53	00:10:56		RUNNING OLEIROS	OLEIROS
40	201	SAUL GOMEZ ARROJO		VT3M- 5	00:25:55	00:03:55	00:25:53	00:03:55	00:11:04		RUNNING OLEIROS	FURIS-CASTROVERDE
41	1755	CARLOS ALBERTO GRACIA FERNÁNDEZ		VT2M- 13	00:25:56	00:03:55	00:25:54	00:03:55	00:11:02		TERMARIA RUNNING	A CORUÑA
42	1027	JOSÉ EFRÉN PIÑEIRO GARCÍA		SNM- 15	00:25:57	00:03:55	00:25:52	00:03:55	00:11:17		CLUBE ATLETISMO FENE	NARÓN
43	1303	EMILIO GARCÍA VÁZQUEZ		VT2M- 14	00:25:59	00:03:56	00:25:57	00:03:55	00:11:38			ARZUA
44	1619	JUAN CARLOS VAZQUEZ GRELA		VT1M- 9	00:26:00	00:03:56	00:25:53	00:03:55	00:11:30		NOSPORTLIMIT	LA CORUÑA
45	214	SERGIO DANIEL OROSA LÓPEZ		SNM- 16	00:26:04	00:03:57	00:25:57	00:03:55	00:11:23		RUNNING SARRIA	CORUÑA
46	181	MANUEL GAREA SUÁREZ		SNM- 17	00:26:08	00:03:57	00:26:04	00:03:56	00:11:30		NOSPORTLIMIT	A CORUÑA
47	106	OSCAR FRESNEDO ARIAS		VT1M- 10	00:26:09	00:03:57	00:26:01	00:03:56	00:11:38		CLUB CORREDORES BECERREÁ	VILABOIA (CULLEREDO)
48	215	MANUEL FERNÁNDEZ TABOADA		SUB23M- 1	00:26:11	00:03:58	00:26:10	00:03:57	00:11:18		SAR-VERMU PETRONI	SIGÜEIRO
49	237	RAMON EUGENIO MOSQUERA SILVA		VT2M- 15	00:26:12	00:03:58	00:26:10	00:03:57	00:11:17			LA CORUÑA
50	519	DAVID CHAS ÁLVAREZ		SNM- 18	00:26:23	00:03:59	00:26:14	00:03:58	00:11:31			A CORUÑA
51	232	MANUEL VÁZQUEZ RAMOS		VT2M- 16	00:26:24	00:04:00	00:26:19	00:03:59	00:11:18		VERXEL NUTRICIÓN DEPORTIVA	ARANGA
52	408	ALEJANDRO FERNÁNDEZ MARTÍNEZ		VT1M- 11	00:26:26	00:04:00	00:26:23	00:03:59	00:11:24			O BURGO (CULLEREDO)
53	53	RICARDO FIGUEIRAS NUÑEZ		VT3M- 6	00:26:27	00:04:00	00:26:21	00:03:59	00:11:20		ATLETAS DE ACEA DE AMA	CULLEREDO
54	77	MANUEL ABEL PASTORIZA MIRANDA		VT2M- 17	00:26:28	00:04:00	00:26:25	00:04:00	00:11:29	AG 764110	CARREIRA ARTEIXO	A CORUÑA

55	622	SOFIA FERNÁNDEZ CASTRO	F- 1	SNF- 1	00:26:29	00:04:00	00:26:29	00:04:00	00:12:01		C.A. RIA DE FERROL	LA CARIDAD
56	294	ALEJANDRO ALDAO LOPEZ		VT2M- 18	00:26:29	00:04:00	00:26:25	00:04:00	00:11:19			ARTEIXO
57	1748	ADRIÁN BAO LÓPEZ		SUB20M- 2	00:26:31	00:04:01	00:26:27	00:04:00	00:11:35			O BURGO
58	80	MANUEL LORENZO MEJUTO		VT2M- 19	00:26:33	00:04:01	00:26:32	00:04:01	00:11:29		CIDADE DE LUGO FLUVIAL	A CORUÑA
59	353	FERNANDO JOSE VARELA CASTRO		SNM- 19	00:26:37	00:04:02	00:26:33	00:04:01	00:11:24			A CORUÑA
60	1065	FERNANDO MACEDO DA SILVA		VT1M- 12	00:26:38	00:04:02	00:26:33	00:04:01	00:11:47			A CORUÑA
61	270	ALFONSO GARCÍA BELLO		VT3M- 7	00:26:39	00:04:02	00:26:36	00:04:01	00:11:45			CAMBRE
62	230	ÓSCAR GONZALEZ ESTEVEZ		SNM- 20	00:26:39	00:04:02	00:26:05	00:03:57	00:12:05		TRIATLON ARTEIXO	CULLEREDO
63	1024	MARCOS ALONSO FILGUEIRA		SNM- 21	00:26:40	00:04:02	00:26:36	00:04:01	00:11:22		CLUB TRES LUNAS	FERROL
64	193	ALEXANDRE PEDREIRA PENA		VT1M- 13	00:26:41	00:04:02	00:26:36	00:04:01	00:11:33		RUN4ONE	A CORUÑA
65	177	ANTONIO BAAMONDE SANDE		VT2M- 20	00:26:42	00:04:02	00:26:35	00:04:01	00:11:37		NOSPORTLIMIT	A CORUÑA
66	46	IVAN VARELA BARREIRO		VT2M- 21	00:26:43	00:04:02	00:26:41	00:04:02	00:11:40		ATLETAS DE ACEA DE AMA	CULLEREDO
67	275	SUSIÑO RODRÍGUEZ FERNÁNDEZ		SNM- 22	00:26:44	00:04:03	00:26:39	00:04:02	00:11:43			CEE
68	801	JOSÉ MANUEL LOPEZ MIHURA		VT3M- 8	00:26:45	00:04:03	00:26:38	00:04:02	00:11:58		ATLETAS DE ACEA DE AMA	A CORUÑA
69	113	ALVARO LOPEZ JACOME		VT2M- 22	00:26:45	00:04:03	00:26:38	00:04:02	00:11:41		CLUB LEONES TEAM BEER RUNNERS!!!!!!	A CORUÑA
70	816	MARCOS PENA CHAYÁN		VT2M- 23	00:26:48	00:04:03	00:26:42	00:04:02	00:11:48	76819769E	KURAI	A CORUÑA
71	218	MATEO CABODEVILA PIVIDAL		SNM- 23	00:26:50	00:04:03	00:26:45	00:04:03	00:11:47		SOCIEDADE DEPORTIVA ALBIONS	A CORUÑA
72	24	JUAN MANUEL CEBEY RODRIGUEZ		SNM- 24	00:26:52	00:04:04	00:26:49	00:04:03	00:11:16		AISI 316	A CORUÑA
73	494	MANUEL ANTONIO GARRIDO CONCHADO		VT1M- 14	00:26:57	00:04:04	00:26:55	00:04:04	00:11:27			OLEIROS
74	1029	EUNICIANO LOPES SOUSA		VT1M- 15	00:26:58	00:04:05	00:26:58	00:04:05	00:12:00		CLUBE ATLETISMO VILALBA	VILALBA
75	213	ALEJANDRO FERNÁNDEZ RAMOS		VT2M- 24	00:27:01	00:04:05	00:26:57	00:04:04	00:11:40	TRIATLON	RUNNING OLEIROS Y NOSPORTLIMIT	FONTECULLER -CULLEREDO
76	450	SERGIO ARES CHAO		VT1M- 16	00:27:01	00:04:05	00:26:55	00:04:04	00:11:49			A CORUÑA
77	1	ZELIN SPENCER CONCEIÇÃO	F- 2	SNF- 2	00:27:06	00:04:06	00:27:06	00:04:06	00:11:59		OVIEDO ATLETISMO	VILALBA
78	171	CARLOS OJEA CASTRO		VT2M- 25	00:27:08	00:04:06	00:27:02	00:04:05	00:11:39		NOSPORTLIMIT	A CORUÑA
79	867	IAGO CRESPO TABOADA		SNM- 25	00:27:09	00:04:06	00:27:04	00:04:06	00:11:39			A CORUÑA
80	434	DAVID RODRÍGUEZ CAMPOS		VT1M- 17	00:27:10	00:04:06	00:27:07	00:04:06	00:11:51			BETANZOS
81	150	DANIEL LÓPEZ GARCÍA		SNM- 26	00:27:10	00:04:06	00:26:54	00:04:04	00:12:06	53192010W	KURAI	PERILLO
82	159	MIGUEL ÁNGEL FERNÁNDEZ NÓVOA		VT3M- 9	00:27:10	00:04:07	00:27:09	00:04:06	00:11:36	AG 765456	MARINEDA ATLÉTICO	PUEBLA DE TRIVES
83	4	UXIA GARCIA DIAZ	F- 3	SNF- 3	00:27:11	00:04:07	00:27:11	00:04:07	00:12:01		CLUB MARINEDA ATLETICO	A CORUÑA
84	829	FÉLIX ROGET PÉREZ		VT1M- 18	00:27:14	00:04:07	00:27:02	00:04:05	00:11:57		TERRA DE SONEIRA C.D.	VIMIANZO
85	410	JOSE ANGEL MARTINEZ ABAD		VT2M- 26	00:27:17	00:04:07	00:27:12	00:04:07	00:11:41			A CORUÑA
86	219	MANUEL PUENTE VEIGA		VT2M- 27	00:27:23	00:04:08	00:27:19	00:04:08	00:11:41		SOLORUNNERS CORUÑA	A CORUÑA
87	250	ALBERTO VILLAR GARCIA		VT1M- 19	00:27:23	00:04:08	00:27:20	00:04:08	00:12:01			CARBALLO
88	446	JORGE POUSO TOJA		SNM- 27	00:27:24	00:04:09	00:27:18	00:04:08	00:12:00			VIMIANZO
89	396	MIGUEL ANGEL VILLAR LOPEZ		VT2M- 28	00:27:25	00:04:09	00:27:14	00:04:07	00:11:59			A CORUÑA
90	94	CARLOS AMOR GOMEZ		VT2M- 29	00:27:26	00:04:09	00:27:19	00:04:08	00:11:52		CLUB ATLETISMO SADA	A CORUÑA
91	518	CARLOS VAZQUEZ BRUZOS		SNM- 28	00:27:29	00:04:09	00:27:25	00:04:09	00:12:28			LUGO
92	1115	JOSÉ NICOLÁS MOREIRA BARBOZA		SUB23M- 2	00:27:30	00:04:09	00:27:26	00:04:09	00:11:50			CAMBRE
93	272	JOSE MANUEL CEREIJO GAREA		VT2M- 30	00:27:32	00:04:10	00:27:26	00:04:09	00:12:17			A CORUÑA
94	54	JAVIER CORREA PIÑEIRO		VT3M- 10	00:27:33	00:04:10	00:27:25	00:04:09	00:12:14	AG-766585	ATLETAS DE ACEA DE AMA	VILABOIA-CULLEREDO
95	282	JOSÉ MANUEL CANDALES DÍAZ		VT3M- 11	00:27:35	00:04:10	00:27:07	00:04:06	00:12:14			A CORUÑA
96	522	PABLO TEIJO LÓPEZ		VT1M- 20	00:27:36	00:04:10	00:27:24	00:04:09	00:12:04			BETANZOS
97	1913	ELOY BRAVO CEREIJO		SNM- 29	00:27:38	00:04:11	00:27:23	00:04:08	00:12:22			CULLEREDO
98	878	DIEGO MOREIRAS GONZÁLEZ		SNM- 30	00:27:39	00:04:11	00:27:38	00:04:11	00:11:50	NO		LUGO
99	1135	JOSE LOURIDO FERNÁNDEZ		SNM- 31	00:27:40	00:04:11	00:27:22	00:04:08	00:12:13			A CORUÑA
100	467	ALBERTO VIGO SÁNCHEZ		SNM- 32	00:27:41	00:04:11	00:27:36	00:04:10	00:11:59			CURTIS
101	857	RAUL BARBEITO GESTAL		VT1M- 21	00:27:41	00:04:11	00:27:30	00:04:10	00:12:45			MEICENDE
102	174	DANIEL NOGUEIRA CARRO		SNM- 33	00:27:44	00:04:12	00:27:29	00:04:09	00:12:25		NOSPORTLIMIT	A CORUÑA
103	99	JOSE ANTONIO CHUECOS ESCALONA		VT1M- 22	00:27:48	00:04:12	00:27:45	00:04:12	00:11:57		CLUB CASTRO DE LOBADIZ	NARON
104	111	JAVIER VILLAMISAR VÁZQUEZ		SNM- 34	00:27:50	00:04:13	00:27:48	00:04:12	00:12:05		CLUB HÉRCULES TERMARIA	A CORUÑA
105	59	PABLO MENENDEZ IGLESIAS		VT2M- 31	00:27:52	00:04:13	00:27:40	00:04:11	00:12:13		ATLETISMO CLUB SOCIAL BANCO PASTOR	OLEIROS
106	227	SANTIAGO GARCIA BELLO		VT3M- 12	00:27:53	00:04:13	00:27:48	00:04:12	00:12:00		TRASNOS CORUÑA	CAMBRE
107	799	JAIMÉ ARIAS LÓPEZ		VT1M- 23	00:27:55	00:04:13	00:27:48	00:04:12	00:12:03		A CASIÑA	A CORUÑA
108	1263	JOSÉ MANUEL LÓPEZ VARELA		VT2M- 32	00:27:55	00:04:13	00:27:40	00:04:11	00:12:23			CARRAL
109	32	VICTOR CASTRO SEGADE		VT1M- 24	00:27:56	00:04:13	00:27:45	00:04:12	00:12:20		ASOCIACIÓN DEPORTIVA CERNE	A CORUÑA
110	244	DANIEL POSE GARCÍA		SNM- 35	00:27:57	00:04:14	00:27:55	00:04:13	00:12:13			CAMBRE
111	1620	VÍCTOR CASANOVA PÉREZ		SNM- 36	00:27:58	00:04:14	00:27:43	00:04:11	00:12:34		NOSPORTLIMIT	BETANZOS
112	252	JAVIER CANDAL FUENTES		VT1M- 25	00:27:59	00:04:14	00:27:55	00:04:13	00:12:02			A CORUÑA

113	1016	MANUEL DIZ DIAZ	VT2M- 33	00:28:07	00:04:15	00:28:02	00:04:14	00:12:06		CLUB ATLETISMO SADA	SAN PEDRO DE NOS - OLEIROS
114	1256	JUAN FRANCISCO PITA SERANTES	VT3M- 13	00:28:10	00:04:16	00:28:05	00:04:15	00:12:33			FERROL
115	844	JAVIER ARIAS DE LA VEGA	VT2M- 34	00:28:11	00:04:16	00:27:52	00:04:13	00:13:09			MONFORTE DE LEMOS
116	1757	CHRISTIAN DANIS CASTRO	SUB23M- 3	00:28:13	00:04:16	00:27:43	00:04:11	00:12:42			MAZARICOS
117	110	ALBERTO PÉREZ MURADO	VT1M- 26	00:28:17	00:04:17	00:28:10	00:04:15	00:12:20		CLUB HÉRCULES TERMARIA	A CORUÑA
118	1084	ANDRÉS FEIJOO MACHADO	SNM- 37	00:28:17	00:04:17	00:27:54	00:04:13	00:12:24			A CORUÑA
119	474	ALEXANDRE FIDALGO PÉREZ	SNM- 38	00:28:18	00:04:17	00:28:07	00:04:15	00:12:27			PIXEIROS
120	567	ELOY MARÍN CASTRO	SNM- 39	00:28:18	00:04:17	00:28:08	00:04:15	00:12:31			A CORUÑA
121	859	PABLO RIVAS OLIVEIRA	VT1M- 27	00:28:20	00:04:17	00:28:16	00:04:16	00:11:58			CULLEREDO
122	269	JUAN CRUZ CARRETERO SÁNCHEZ	SNM- 40	00:28:20	00:04:17	00:28:18	00:04:17	00:12:08			CORUÑA
123	48	XESÚS ASTRAY CASTRO	VT2M- 35	00:28:21	00:04:17	00:28:17	00:04:17	00:12:23		ATLETAS DE ACEA DE AMA	A CORUÑA
124	167	LUIS MON CASARIEGO	VT2M- 36	00:28:21	00:04:17	00:28:16	00:04:16	00:12:03		MONCAR	ARTEIXO
125	122	JESUS SALETA CASTRO	VT1M- 28	00:28:23	00:04:17	00:28:17	00:04:17	00:12:32		CLUB TRIATLÓN CORUÑA	A CORUÑA
126	1176	FERNANDO GARCÍA ENERO	VT2M- 37	00:28:24	00:04:18	00:28:14	00:04:16	00:12:20			LA CORUÑA
127	1035	GONZALO MOSQUERA GÓMEZ	SUB23M- 4	00:28:27	00:04:18	00:28:22	00:04:17	00:12:05		DEPORTIVO A CORUNHA	CAMBRE
128	389	DANIEL DOMINGUEZ	SNM- 41	00:28:28	00:04:18	00:28:18	00:04:17	00:12:28			A CORUÑA
129	851	GUILLERMO CRIADO CAO	VT2M- 38	00:28:28	00:04:18	00:28:19	00:04:17	00:12:51			CAMBRE
130	842	JAVIER CUPEIRO FRADE	VT2M- 39	00:28:30	00:04:18	00:28:09	00:04:15	00:12:26			OLEIROS
131	97	DAVID SOUTO SANCHEZ	VT2M- 40	00:28:33	00:04:19	00:28:16	00:04:16	00:12:48		CLUB ATLETISMO SADA MONTAÑA	LA CORUÑA
132	460	JUAN CARLOS TRILLO CAAMAÑO	VT1M- 29	00:28:34	00:04:19	00:28:23	00:04:17	00:12:30			CEE
133	401	RAMON LOPEZ ROMAN	VT3M- 14	00:28:34	00:04:19	00:28:31	00:04:19	00:12:15			A CORUÑA
134	1023	DIEGO VALCARCE RÍOS	SUB20M- 3	00:28:36	00:04:19	00:28:29	00:04:18	00:12:16		CLUB MARINEDA ATLETICO	FONTECULLER
135	257	MARCOS AMENEDO LAGO	VT1M- 30	00:28:37	00:04:20	00:28:19	00:04:17	00:12:51			GUITIRIZ
136	200	JOSE LUIS RIO SILVA	VT3M- 15	00:28:39	00:04:20	00:28:36	00:04:19	00:12:12	AG 2021591	RUNNING OLEIROS	OLEIROS
137	1175	ENRIQUE SANTAS PARENTE	VT2M- 41	00:28:41	00:04:20	00:28:00	00:04:14	00:13:08			OURENSE
138	255	HERNANDO SEIJAS MARTÍNEZ	VT2M- 42	00:28:42	00:04:20	00:28:34	00:04:19	00:12:30			A CORUÑA
139	629	ANGELA TORRENTE INSUA	F- 4 VT1F- 1	00:28:43	00:04:20	00:28:41	00:04:20	00:12:48		KIRÓS	NARÓN
140	1254	ELOY PITA MARTÍNEZ	SNM- 42	00:28:44	00:04:21	00:28:39	00:04:20	00:12:35			FERROL
141	72	RODRIGO RODRIGUEZ RODRIGUEZ	SNM- 43	00:28:44	00:04:21	00:28:39	00:04:20	00:12:23		BRIGANTIA AVENTURA	OLEIROS
142	233	JOSE DANIEL REINOSO ROJO	VT2M- 43	00:28:47	00:04:21	00:28:34	00:04:19	00:13:01		VITO	LA CORUÑA
143	1034	JAVIER SEIJAS CAMPOS	SNM- 44	00:28:48	00:04:21	00:28:43	00:04:21	00:12:30		D10 FITNESS TEAM OCR	LUGO
144	1643	DAVID NOVO	VT2M- 44	00:28:49	00:04:21	00:28:40	00:04:20	00:12:38			ARTEIXO
145	384	ALBERTO LÓPEZ FILGUEIRAS	VT1M- 31	00:28:49	00:04:21	00:28:44	00:04:21	00:12:32			VALLADOLID
146	11	OMAR VIDAL PEREZ	SNM- 45	00:28:50	00:04:22	00:28:29	00:04:18	00:12:52		ACCENTURE	O BARCO DE VALDEORRAS
147	1157	ALEJANDRO GESTO LAGO	VT1M- 32	00:28:52	00:04:22	00:28:48	00:04:21	00:12:22			OLEIROS
148	210	MIGUEL CONDE MOSTEIRO	VT2M- 45	00:28:55	00:04:22	00:28:50	00:04:21	00:12:43		RUNNING OLEIROS	CULLEREDO
149	129	MANUEL VARELA VILA	VT3M- 16	00:28:55	00:04:22	00:28:49	00:04:21	00:12:40		CORREDORES POPULARES ARMADA FERROL	PONTEDEUME
150	593	REBECA SOTO VIÑAS	F- 5 VT2F- 1	00:28:55	00:04:22	00:28:53	00:04:22	00:12:50		ATLETISMO NARÓN	FERROL
151	487	CARLOS LÓPEZ DOMÍNGUEZ	VT3M- 17	00:28:57	00:04:23	00:28:52	00:04:22	00:12:42			CARBALLO
152	74	DOMINGO ALVAREZ IGLESIAS	VT4M- 1	00:28:57	00:04:23	00:28:51	00:04:22	00:12:12	AG2022098	C.D.EGOVARROS-VIVEIRO	LA CORUÑA
153	1672	MARIO VARELA VÁZQUEZ	SNM- 46	00:28:58	00:04:23	00:28:39	00:04:20	00:12:40			BOIMORTO
154	609	NOEMI MORAL NAVAZO	F- 6 VT2F- 2	00:28:58	00:04:23	00:28:55	00:04:22	00:12:50	GA 769056	CLUB ATLETISMO SADA	SADA
155	1217	ÁLVARO BARCA BUYO	VT2M- 46	00:28:58	00:04:23	00:28:55	00:04:22	00:12:38			A CORUÑA
156	52	PEDRO BARANGA ARES	VT2M- 47	00:29:00	00:04:23	00:28:43	00:04:21	00:12:49		ATLETAS DE ACEA DE AMA	A CORUÑA
157	242	JORGE FEAL GARCÍA	SNM- 47	00:29:00	00:04:23	00:28:56	00:04:23	00:12:34			CABANAS
158	105	FRANCISCO RÍOS PÉREZ	VT1M- 33	00:29:02	00:04:23	00:28:57	00:04:23	00:12:32		CLUB CICLISTA RIAZOR	A CORUÑA
159	398	RAMÓN ANTONIO VARELA MÍGUEZ	VT4M- 2	00:29:05	00:04:24	00:29:02	00:04:23	00:12:39			A CORUÑA
160	277	JUAN CARLOS DIÉGUEZ TEIJEIRO	VT2M- 48	00:29:08	00:04:24	00:29:04	00:04:24	00:12:29			LA CORUÑA
161	304	ENRIQUE GÓMEZ LÓPEZ	VT3M- 18	00:29:08	00:04:24	00:28:57	00:04:23	00:12:43			PONTEVEDRA
162	14	ADRIÁN LÓPEZ VILLAVERDE	SNM- 48	00:29:09	00:04:24	00:28:48	00:04:21	00:12:53		ACCENTURE	A CORUÑA
163	338	SERGIO MARTINEZ GOMEZ	VT1M- 34	00:29:09	00:04:24	00:29:00	00:04:23	00:12:46			A CORUÑA
164	170	RUBÉN CAMBRE LOSADA	SNM- 49	00:29:10	00:04:25	00:29:04	00:04:24	00:12:31		NOSPORTLIMIT	A CORUÑA
165	819	ALEJANDRO PEREZ GIANNETTO	VT2M- 49	00:29:11	00:04:25	00:29:05	00:04:24	00:12:38		NOSPORTLIMIT	A CORUÑA
166	1009	JESUS MARTINEZ CHEDAS	VT2M- 50	00:29:12	00:04:25	00:29:07	00:04:24	00:12:42		BTT ESMELLE	FERROL
167	1026	CRISTIAN CALVO GONZALEZ	SNM- 50	00:29:12	00:04:25	00:28:57	00:04:23	00:12:51		CLUBE ATLETISMO FENE	FENE
168	1613	LUIS PRIETO DÍAZ	VT3M- 19	00:29:15	00:04:25	00:28:58	00:04:23	00:12:50		ATLETAS DE ACEA DE AMA	A CORUÑA
169	40	CARLOS ALLER FERNÁNDEZ	VT3M- 20	00:29:17	00:04:26	00:29:01	00:04:23	00:13:04	AG2018647	ATLETAS DE ACEA DE AMA	CULLEREDO
170	139	JOSÉ MARÍA LEVOSO TOUCEDA	VT3M- 21	00:29:20	00:04:26	00:29:12	00:04:25	00:12:33	AG2026339	ESPRINTES OURENSE	A CORUÑA

171	17	DIEGO COUTO NAYA		VT2M- 51	00:29:21	00:04:26	00:28:46	00:04:21	00:13:04		AD JARNACHAS	A CORUÑA
172	515	DOMINGO PRADO TEJEIRO		VT2M- 52	00:29:21	00:04:26	00:29:13	00:04:25	00:12:36			A CORUÑA
173	588	MONSE SOLIS CAAMAÑO	F- 7	SNF- 4	00:29:21	00:04:26	00:29:15	00:04:25	00:12:39		AD MONTEBRONDO	ZAS
174	120	JOSE ANDRES ALDREY VARELA		VT3M- 22	00:29:23	00:04:27	00:29:13	00:04:25	00:12:25		CLUB TRIATLON CORUÑA	A CORUÑA
175	1159	JORGE PINTADO		SNM- 51	00:29:23	00:04:27	00:28:52	00:04:22	00:13:16			A CORUÑA
176	562	ANGEL JOSE TURRION PEREIRO		VT3M- 23	00:29:24	00:04:27	00:29:19	00:04:26	00:12:46			A CORUÑA
177	301	ISIDRO SANCHEZ GONZALEZ		VT2M- 53	00:29:26	00:04:27	00:28:38	00:04:20	00:13:09			MESOIRO
178	35	RICARDO CALVO LÓPEZ		VT2M- 54	00:29:26	00:04:27	00:29:13	00:04:25	00:13:10		ATLETAS DE ACEA DE AMA	A CORUÑA
179	875	DIEGO OCA LEMA		SNM- 52	00:29:28	00:04:27	00:29:15	00:04:25	00:13:21			CEE
180	78	RUBEN MENÉNDEZ FERNÁNDEZ		VT2M- 55	00:29:28	00:04:27	00:29:23	00:04:27	00:12:52		CD GAS NATURAL FENOSA	A CORUÑA
181	203	LUIS VALDÉS LÓPEZ		VT3M- 24	00:29:28	00:04:27	00:29:25	00:04:27	00:12:48		RUNNING OLEIROS	CAMBRE-
182	50	TOMAS ABELODO PATIÑO		VT3M- 25	00:29:28	00:04:27	00:29:21	00:04:26	00:13:09		ATLETAS DE ACEA DE AMA	VILABOA - CULLEREDO
183	1906	MANUEL REGUEIRA FERRO		VT2M- 56	00:29:30	00:04:28	00:29:10	00:04:25	00:13:11			LA CORUÑA
184	552	PABLO PEREDA FERNÁNDEZ		VT2M- 57	00:29:31	00:04:28	00:29:18	00:04:26	00:13:01			A CORUÑA
185	247	ROBERTO DOCAMPO SUÁREZ		VT1M- 35	00:29:32	00:04:28	00:29:27	00:04:27	00:12:43			A CORUÑA
186	1138	SERGIO DA SILVA MARIÑO		VT2M- 58	00:29:34	00:04:28	00:29:13	00:04:25	00:13:00			A CORUÑA
187	493	FRANCISCO COLLADO		VT2M- 59	00:29:34	00:04:28	00:29:15	00:04:25	00:12:59			OLEIROS
188	558	GABRIEL SANTOS ALONSO		VT1M- 36	00:29:35	00:04:28	00:29:16	00:04:26	00:13:32			A CORUÑA
189	21	DANIEL FERNÁNDEZ ROMÁN		SNM- 53	00:29:37	00:04:29	00:29:34	00:04:28	00:13:10		ADN RUNNERS-TELMO PELUQUEROS F.C.	VIGO
190	534	DIEGO TENREIRO PRADO		VT2M- 60	00:29:37	00:04:29	00:29:21	00:04:26	00:13:17			A CORUÑA
191	16	RUBEN REBORIDO REBOREDO		VT1M- 37	00:29:38	00:04:29	00:28:39	00:04:20	00:13:24		AD JARNACHAS	ARTEIXO
192	1244	OSCAR AMADO FONSECA		VT1M- 38	00:29:41	00:04:29	00:29:37	00:04:29	00:12:48			A CORUÑA
193	1032	BERNARDO PICADO RIVEIRA		VT3M- 26	00:29:44	00:04:30	00:29:31	00:04:28	00:13:12		CORRECAMIÑOS BETANZOS BAR O CANDIL	BETANZOS
194	108	FRANCISCO JAVIER VILLAMISAR CALVIÑO		VT3M- 27	00:29:45	00:04:30	00:29:35	00:04:28	00:13:08		CLUB HERCULES TERMARIA	LA CORUÑA
195	135	VALENTÍN AMIGO POMBO		SNM- 54	00:29:47	00:04:30	00:29:17	00:04:26	00:13:31		DAFIT	CEE
196	70	ADOLFO GARCÍA ALONSO		VT1M- 39	00:29:47	00:04:30	00:29:22	00:04:26	00:13:22		BEER RUNNERS CORUÑA	A CORUÑA
197	119	DAVID GONZALEZ PARIS		VT1M- 40	00:29:48	00:04:30	00:29:31	00:04:28	00:13:02		CLUB NATACIÓN CERCEDA	CORUÑA
198	1052	JOSE ESTEVES		VT3M- 28	00:29:48	00:04:30	00:29:44	00:04:30	00:13:11		TARTARUGAS SOLIDARIAS	OBIDOS
199	412	JUAN ANTONIO RIVAS ROMERO		VT3M- 29	00:29:49	00:04:30	00:29:40	00:04:29	00:12:59			A CORUÑA
200	420	JOSE GERPE BARBEIRA		VT2M- 61	00:29:49	00:04:30	00:29:41	00:04:29	00:12:47			A CORUÑA
201	305	JOAQUIN DOCAMPO GARCIA		VT1M- 41	00:29:50	00:04:31	00:29:28	00:04:27	00:13:11			BERGONDO
202	27	JOSÉ SAS GOLPE		VT2M- 62	00:29:51	00:04:31	00:29:37	00:04:29	00:13:12		AS MARIÑAS BETANZOS	BETANZOS
203	286	FRANCISCO JAVIER MARTINEZ SANTOS		VT2M- 63	00:29:52	00:04:31	00:29:46	00:04:30	00:12:29			A CORUÑA
204	543	JORGE BLANCO FERNANDEZ		VT2M- 64	00:29:54	00:04:31	00:29:46	00:04:30	00:12:56			A CORUÑA
205	868	JOSE LUIS PÉREZ LADO		SNM- 55	00:29:54	00:04:31	00:29:33	00:04:28	00:12:58			A CORUÑA
206	162	FRANCISCO JAVIER DOPICO IGLESIAS		VT2M- 65	00:29:59	00:04:32	00:29:32	00:04:28	00:13:16		METALICA HERCULINA	A CORUÑA
207	161	DANIEL SÁNCHEZ ROMERO		VT2M- 66	00:29:59	00:04:32	00:29:30	00:04:28	00:13:25		METALICA HERCULINA	A CORUÑA
208	486	JOSE MANUEL GARCIA GOMEZ		VT3M- 30	00:30:00	00:04:32	00:29:48	00:04:30	00:13:42			OLEIROS ( ARILLO )
209	151	MIGUEL ÁNGEL VÁZQUEZ GONZÁLEZ		VT2M- 67	00:30:00	00:04:32	00:29:51	00:04:31	00:12:45		LA MOCHILA DEL DEPORTE	A CORUÑA
210	855	MANUEL DOLDAN		VT2M- 68	00:30:00	00:04:32	00:29:39	00:04:29	00:13:18			LA CORUÑA
211	136	RUBEN MARTINEZ DEL RIO		VT2M- 69	00:30:02	00:04:32	00:29:27	00:04:27	00:13:40		DREAM TEAM	O TEMPLE - CAMBRE
212	1294	CARLOS DIAZ CORRAL		VT3M- 31	00:30:03	00:04:33	00:29:52	00:04:31	00:13:14			FERROL
213	258	PERFECTO VÁZQUEZ RIVERA		VT1M- 42	00:30:05	00:04:33	00:29:49	00:04:30	00:13:12			A CORUÑA
214	1743	PAULA ESTEIRO RAMOS	F- 8	VT1F- 2	00:30:06	00:04:33	00:29:36	00:04:29	00:13:10		DAFIT	CAMARIÑAS
215	149	JESÚS VAAMONDE RÚA		VT3M- 32	00:30:08	00:04:33	00:30:00	00:04:32	00:12:57			LA CORUÑA
216	281	JOSÉ PEREIRÓ SÁNCHEZ		VT2M- 70	00:30:09	00:04:33	00:29:52	00:04:31	00:13:06			A CORUÑA
217	679	LAURA NÚÑEZ NAVEIRA	F- 9	VT2F- 3	00:30:10	00:04:34	00:30:03	00:04:33	00:12:57	AG 2018802		A CORUÑA
218	388	VICTOR MANUEL ALVAREZ TABOADA		VT1M- 43	00:30:14	00:04:34	00:30:00	00:04:32	00:13:03			A CORUÑA
219	1186	FRANCISCO LORENZO ALONSO		SNM- 56	00:30:16	00:04:35	00:29:45	00:04:30	00:13:15			RUEDA
220	427	CARLOS GONZALEZ CRIADO		VT2M- 71	00:30:17	00:04:35	00:28:38	00:04:20	00:14:25			CAMBRE
221	140	IVÁN PALLEIRO PÉREZ		SNM- 57	00:30:18	00:04:35	00:29:57	00:04:32	00:13:01		GARRAPUCHO	A CORUÑA
222	1713	SOFÍA SUEIRO IGLESIAS	F- 10	VT1F- 3	00:30:19	00:04:35	00:30:15	00:04:34	00:12:51	AG-2015887		MILLADOIRO-AMES
223	38	MARCELO BELLO GOMEZ		VT3M- 33	00:30:21	00:04:35	00:30:14	00:04:34	00:13:09		ATLETAS DE ACEA DE AMA	VILABOA CULLEREDO
224	130	PABLO SOUTO SALGADO		SUB23M- 5	00:30:23	00:04:36	00:30:05	00:04:33	00:13:25		CORUÑA COMARCA	A CORUÑA
225	550	ROBERTO PONTE NOYA		VT1M- 44	00:30:25	00:04:36	00:30:13	00:04:34	00:13:07			A CORUÑA
226	394	MARIO CANOSA GONZALEZ		VT2M- 72	00:30:25	00:04:36	00:29:53	00:04:31	00:13:47			LA CORUÑA
227	1615	ALEJANDRO FIEL BAÑA		SUB23M- 6	00:30:31	00:04:37	00:30:24	00:04:36	00:12:41		CLUB MARINEDA ATLETICO	A CORUÑA
228	44	ANTONIO GARCIA BELLO		VT3M- 34	00:30:31	00:04:37	00:30:15	00:04:34	00:13:33		ATLETAS DE ACEA DE AMA	EL TEMPLE

229	565	ALBERTO BOUZÓN ALEJANDRO		VT1M- 45	00:30:34	00:04:37	00:29:28	00:04:27	00:14:01		SANTIAGO DE COMPOSTELA	
230	1103	ALVARO GAGINO TERNANDE		VT2M- 73	00:30:34	00:04:37	00:29:27	00:04:27	00:14:03		A CORUÑA	
231	546	RICARDO PEREIRA VARA		VT1M- 46	00:30:35	00:04:37	00:30:24	00:04:36	00:13:13		A CORUÑA	
232	1093	MIGUEL ANGEL GALDO BOGO		VT2M- 74	00:30:38	00:04:38	00:30:10	00:04:34	00:13:34		FERROL	
233	363	DANIEL DOVAL VARELA		VT1M- 47	00:30:38	00:04:38	00:30:05	00:04:33	00:14:06		A CORUÑA	
234	853	JOSE JUAN LOPEZ BECERRA		VT2M- 75	00:30:41	00:04:38	00:30:35	00:04:37	00:12:51		A CORUÑA	
235	1001	RAMÓN VIZOSO RÍO		VT2M- 76	00:30:42	00:04:39	00:30:25	00:04:36	00:13:37	A DOLOR	SADA	
236	6	SUSO RAMOS RODRIGUEZ		VT3M- 35	00:30:43	00:04:39	00:30:39	00:04:38	00:13:12	AG 2022293	A.D. DOWNHILL LARACHA	A LARACHA
237	342	JAVIER FERNÁNDEZ MARTÍNEZ		VT2M- 77	00:30:43	00:04:39	00:30:08	00:04:33	00:13:52		EL TEMPLE - CAMBRE	
238	1183	JOSE CARLOS RODRÍGUEZ CAAMAÑO		VT3M- 36	00:30:44	00:04:39	00:30:02	00:04:32	00:14:06		A LARAHCA	
239	482	JOSE LUIS BERGONDO VÁZQUEZ		VT2M- 78	00:30:44	00:04:39	00:30:05	00:04:33	00:13:31		A CORUÑA	
240	173	ALEJANDRO FORTES LOPES		SNM- 58	00:30:45	00:04:39	00:30:36	00:04:37	00:13:32	NOSPORTLIMIT	CULLEREDO	
241	1126	JUAN CARLOS DE LA VIÑA PITA		VT2M- 79	00:30:47	00:04:39	00:30:44	00:04:39	00:13:09		FERROL	
242	360	VÍCTOR MANUEL VÁZQUEZ MOSTEIRO		VT4M- 3	00:30:48	00:04:39	00:30:32	00:04:37	00:13:25		A CORUÑA	
243	1592	LUISA LOSADA PUENTE	F- 11	SNF- 5	00:30:50	00:04:40	00:30:27	00:04:36	00:13:50		A CORUÑA	
244	1284	DIEGO GONZALEZ ALVAREZ		SNM- 59	00:30:51	00:04:40	00:30:27	00:04:36	00:13:50		CORUÑA	
245	8	MANUEL DOMINGUEZ CANO		VT2M- 80	00:30:52	00:04:40	00:30:35	00:04:37	00:13:28	A.D.MEDIADUCIA	CARBALLO	
246	1020	FELIPE DE LA VEGA GÁNDARAS		VT2M- 81	00:30:53	00:04:40	00:30:12	00:04:34	00:14:24	CLUB HERCULES TERMARIA	A CORUÑA	
247	544	ANTONIO RODRIGUEZ TERRADO		SNM- 60	00:30:54	00:04:40	00:30:23	00:04:36	00:14:03		PERILLO	
248	506	DIEGO CALVO FERNÁNDEZ		VT1M- 48	00:30:55	00:04:40	00:30:17	00:04:35	00:14:20		BUÑO	
249	1055	ANGEL VÁZQUEZ IZAGUIRRE		VT2M- 82	00:30:57	00:04:41	00:30:54	00:04:40	00:12:56	XABARÍS ÁRTABROS	FERROL	
250	1165	ALBERTO BASTÓN DEL RIO		SNM- 61	00:30:59	00:04:41	00:30:48	00:04:39	00:14:14		A CORUÑA	
251	584	CHUS GARCIA TRABAZO	F- 12	SNF- 6	00:31:02	00:04:41	00:30:41	00:04:38	00:13:13	ACCENTURE	MARÍN	
252	368	MARTÍN GÓMEZ BERGONDO		SNM- 62	00:31:02	00:04:41	00:30:38	00:04:38	00:13:39		A CORUÑA	
253	1207	JUAN MANUEL FIORELLI DIEGUEZ		VT2M- 83	00:31:02	00:04:41	00:30:44	00:04:39	00:13:21		A CORUÑA	
254	1019	VICENTE FERNÁNDEZ BERMÚDEZ		VT2M- 84	00:31:03	00:04:42	00:30:15	00:04:34	00:14:25	CLUB HERCULES TERMARIA	A CORUÑA	
255	1137	JACOBO REGUEIRA SOUTO		SNM- 63	00:31:04	00:04:42	00:30:45	00:04:39	00:13:24		OLEIROS	
256	864	ÁNGEL RICO DÍAZ		VT1M- 49	00:31:05	00:04:42	00:30:31	00:04:37	00:13:39		A CORUÑA	
257	557	CIBRÁN CARBALLAS PÉREZ		SNM- 64	00:31:06	00:04:42	00:30:51	00:04:40	00:14:19		VILANOVA DE AROUSA	
258	1663	ALEJANDRO MEDRANO TEBÁ		SNM- 65	00:31:07	00:04:42	00:29:28	00:04:27	00:14:44		LA CORUÑA	
259	386	JOSÉ LUIS PANIAGUA FERNÁNDEZ		VT1M- 50	00:31:10	00:04:43	00:30:29	00:04:36	00:14:19		SANTIAGO DE COMPOSTELA	
260	1031	ADRIÁN GOYANES SOUTO		SNM- 66	00:31:11	00:04:43	00:30:47	00:04:39	00:14:14	CORRE POUÇO	OROSO	
261	293	FCO.JAVIER IGLESIAS ALONSO		VT3M- 37	00:31:12	00:04:43	00:30:38	00:04:38	00:13:48		BETANZOS	
262	1903	JOSE LUIS RODRIGUEZ RODRIGUEZ		VT1M- 51	00:31:12	00:04:43	00:31:02	00:04:41	00:13:41	CLUB FLUVIAL CIUDAD DE LUGO	LA CORUÑA	
263	758	MARTA MUIÑO VIDAL	F- 13	VT1F- 4	00:31:12	00:04:43	00:30:58	00:04:41	00:13:20		A CORUÑA	
264	759	BEATRIZ MUIÑO VIDAL	F- 14	VT1F- 5	00:31:13	00:04:43	00:30:58	00:04:41	00:13:20		A CORUÑA	
265	580	DAMIAN ABELLAN YEPES		VT2M- 85	00:31:14	00:04:43	00:30:33	00:04:37	00:14:22		A CORUÑA	
266	1760	MIGUEL ALVAREZ PALLIN		VT1M- 52	00:31:15	00:04:43	00:30:31	00:04:37	00:14:30		A CORUÑA	
267	1631	ALBERTO SOBRINO SEOANE		VT2M- 86	00:31:15	00:04:43	00:30:52	00:04:40	00:14:14		BETANZOS	
268	824	ANTONIO MANUEL VEGA GARCÍA		SNM- 67	00:31:16	00:04:44	00:31:01	00:04:41	00:14:01	OS BOLECHOS	PONTEAREAS	
269	191	MIGUEL ANGEL LUCAS PARDO		VT2M- 87	00:31:16	00:04:44	00:30:24	00:04:36	00:14:25	POLLOS HERMANOS	VILABOA	
270	322	CARLOS RIÁDIGOS MOSQUERA		VT1M- 53	00:31:16	00:04:44	00:31:05	00:04:42	00:13:27		A CORUÑA	
271	1637	JUAN SOUSA RIVEIRO		VT2M- 88	00:31:17	00:04:44	00:30:42	00:04:38	00:14:15		LA CORUÑA	
272	184	CARLOS ALVAREZ FERNANDEZ		VT2M- 89	00:31:18	00:04:44	00:30:52	00:04:40	00:13:59	NSL	CULLEREDO	
273	1231	ISAAC SÁNCHEZ		VT1M- 54	00:31:18	00:04:44	00:30:56	00:04:41	00:13:20		A CORUÑA	
274	1617	MANUEL PRESAS VENCE		VT1M- 55	00:31:18	00:04:44	00:30:14	00:04:34	00:14:32	CLUBE-ESCOLA ATLETISMO DEZA	DOZÓN	
275	98	JUAN CARLOS HERMIDA MERA		VT2M- 90	00:31:20	00:04:44	00:30:53	00:04:40	00:13:42	CLUB CASTRO DE LOBADIZ	NARÓN	
276	825	JULIO SUAREZ VAZQUEZ		VT4M- 4	00:31:21	00:04:44	00:31:13	00:04:43	00:13:26	PARQUE RUNNERS	A CORUÑA	
277	371	LUIS ANTONIO VILELA VERGARA		VT2M- 91	00:31:24	00:04:45	00:30:45	00:04:39	00:14:12		A CORUÑA	
278	1208	ROMAN MOREIRA SILVA		SNM- 68	00:31:25	00:04:45	00:31:07	00:04:42	00:13:31		LA CORUÑA	
279	1047	RODRIGO DIAZ GÓMEZ		VT1M- 56	00:31:25	00:04:45	00:31:07	00:04:42	00:13:35	RUNNING OLEIROS	OLEIROS	
280	345	ARTURO J. GOMEZ		VT2M- 92	00:31:26	00:04:45	00:29:55	00:04:31	00:15:09		O BURGO	
281	1487	NATALIA MARTÍN SEGOVIA	F- 15	SNF- 7	00:31:26	00:04:45	00:31:08	00:04:42	00:13:57		A CORUÑA	
282	1271	DAVID VEGA GUIASOLA		SNM- 69	00:31:29	00:04:46	00:31:09	00:04:43	00:14:09		FERROL	
283	1223	VITTORIO DI FLAVIANO		SNM- 70	00:31:29	00:04:46	00:30:44	00:04:39	00:14:08		A CORUÑA	
284	804	JOSE MANUEL GARCIA PAZ		VT2M- 93	00:31:30	00:04:46	00:30:42	00:04:38	00:14:46	A-10809	C. A. AS MARIÑAS BETANZOS	BETANZOS
285	505	PABLO RODRÍGUEZ CAPELET		SNM- 71	00:31:31	00:04:46	00:29:48	00:04:30	00:14:45		CARBALLO	
286	809	ROBERTO PARDO LÓPEZ		VT2M- 94	00:31:31	00:04:46	00:31:01	00:04:41	00:14:24	CLUB ATLETISMO OLYMPO - MATOJOMA	MURAS	



287	571	FABIÁN VALCÁRCEL MARTÍNEZ		VT1M- 57	00:31:32	00:04:46	00:30:23	00:04:36	00:14:10				A CORUÑA
288	471	FRANCISCO DOMÍNGUEZ RODRIGUEZ		SNM- 72	00:31:32	00:04:46	00:30:31	00:04:37	00:14:34				OLEIROS
289	155	JOSE ENRIQUE ALVAREZ PEREZ		VT3M- 38	00:31:33	00:04:46	00:31:10	00:04:43	00:14:00			LEONES RUNNING TEAM CORUÑA	LA CORUÑA
290	468	IGNACIO FONTENLA ABAD		VT1M- 58	00:31:34	00:04:46	00:31:18	00:04:44	00:13:44				A CORUÑA
291	618	LORENA FRANQUEIRA LOSADA	F- 16	VT1F- 6	00:31:34	00:04:46	00:31:23	00:04:45	00:13:37			CLUB HÉRCULES TERMARIA	A CORUÑA
292	199	JOSÉ MANUEL RIOS GIBELLO		VT3M- 39	00:31:34	00:04:46	00:31:27	00:04:45	00:13:02			RUNNING OLEIROS	A CORUÑA
293	1205	NACHO MOREIRA SILVA		SNM- 73	00:31:36	00:04:47	00:31:18	00:04:44	00:13:39				A CORUÑA
294	573	ELIAS TRILLO LEMA		VT2M- 95	00:31:38	00:04:47	00:30:48	00:04:39	00:14:40				A CORUÑA
295	57	ANTONIO REMUIÑÁN SÁNCHEZ		VT4M- 5	00:31:39	00:04:47	00:31:20	00:04:44	00:14:17	GA765470	ATLETISMO CARBALLO		CARBALLO
296	640	ESTEFANÍA HERNÁNDEZ GARCÍA	F- 17	SNF- 8	00:31:40	00:04:47	00:31:31	00:04:46	00:13:14	AG2026243	LA MOCHILA DEL DEPORTE		LA CORUÑA
297	194	DAVID IGLESIAS RIGUEIRA		VT1M- 59	00:31:43	00:04:48	00:31:22	00:04:44	00:13:44			RUN4ONE	A CORUÑA
298	652	TAMARA PACIOS RODRIGUEZ	F- 18	SNF- 9	00:31:43	00:04:48	00:31:05	00:04:42	00:14:18			RADIKAL BIERZO TEAM	PONFERRADA
299	1145	IGNACIO MARTINEZ VARELA		SNM- 74	00:31:43	00:04:48	00:31:16	00:04:44	00:14:02				A CORUÑA
300	1279	---MIGUEL ARES		SNM- 75	00:31:43	00:04:48	00:30:35	00:04:37	00:14:05				BETANZOS
301	1228	ADRIÁN VÁZQUEZ VAAMONDE		SNM- 76	00:31:44	00:04:48	00:31:25	00:04:45	00:13:53				O PINO
302	484	HÉCTOR FRAGA LÓPEZ		VT1M- 60	00:31:45	00:04:48	00:31:13	00:04:43	00:13:59				OLEIROS
303	395	MANUEL OUTES PAZ		VT4M- 6	00:31:46	00:04:48	00:31:40	00:04:47	00:13:40				CARBALLO
304	310	JESUS ÁNGEL SANTIUSTE INSUA		VT3M- 40	00:31:47	00:04:48	00:31:30	00:04:46	00:14:46				LA CORUÑA
305	439	JUAN CARLOS RODRIGUEZ PIÑON		VT2M- 96	00:31:47	00:04:48	00:31:14	00:04:43	00:13:54				A CORUÑA
306	28	JAVIER LOURIDO MARTÍNEZ		SNM- 77	00:31:48	00:04:48	00:31:26	00:04:45	00:14:20			AS VELLAS NON PARAMOS	SADA
307	711	ELISA PAZ SOUTO	F- 19	VT3F- 1	00:31:49	00:04:49	00:31:46	00:04:48	00:13:46				A CORUÑA
308	56	ALFONSO REMUIÑAN SANCHEZ		VT3M- 41	00:31:49	00:04:49	00:31:31	00:04:46	00:13:51	GA765469	ATLETISMO CARBALLO		A CORUÑA
309	240	ROBERTO FRANCOS VÁZQUEZ		VT1M- 61	00:31:51	00:04:49	00:30:25	00:04:36	00:14:55				A CORUÑA
310	731	BERIT SOMMERFELT	F- 20	VT1F- 7	00:31:51	00:04:49	00:31:33	00:04:46	00:13:56				CORUÑA
311	356	RAFAEL TOBA CASANOVA		VT1M- 62	00:31:51	00:04:49	00:31:23	00:04:45	00:14:26				A CORUÑA
312	364	JOSÉ MIGUEL GONZÁLEZ GONZÁLEZ		VT2M- 97	00:31:52	00:04:49	00:31:30	00:04:46	00:14:07				A CORUÑA
313	19	JOSÉ BERMUDEZ VARELA		VT2M- 98	00:31:52	00:04:49	00:31:36	00:04:47	00:13:34			AD MEDIADUCIA	CARBALLO
314	248	JUAN CARLOS VAZQUEZ GOMEZ		VT2M- 99	00:31:52	00:04:49	00:31:32	00:04:46	00:14:15				A CORUÑA
315	71	JORGE BARREIRO GONZÁLEZ		VT1M- 63	00:31:52	00:04:49	00:31:21	00:04:44	00:14:17			BEER RUNNERS CORUÑA	A CORUÑA
316	1754	OSCAR VIDAL RODRIGUEZ		VT1M- 64	00:31:53	00:04:49	00:31:07	00:04:42	00:14:26				A CORUÑA
317	1266	BENJAMIN SINES CRESPO		VT2M- 100	00:31:54	00:04:49	00:31:24	00:04:45	00:13:29				A CORUÑA
318	178	ALEJANDRO RODRÍGUEZ LORENZO		VT2M- 101	00:31:55	00:04:49	00:30:44	00:04:39	00:15:03			NOSPORTLIMIT	CAMBRE
319	454	RAMON RODRIGUEZ ROCA		VT1M- 65	00:31:57	00:04:50	00:30:26	00:04:36	00:15:17				A CORUÑA
320	1172	RODRIGO FERNÁNDEZ DÍAZ		SNM- 78	00:31:58	00:04:50	00:31:12	00:04:43	00:13:49				VIGO
321	95	IVAN TENREIRO RECOUSO		SNM- 79	00:32:02	00:04:51	00:31:32	00:04:46	00:14:29			CLUB ATLETISMO SADA	MIÑO
322	499	DIEGO SÁNCHEZ CAL		SNM- 80	00:32:03	00:04:51	00:31:56	00:04:50	00:13:58				ABEGONDO
323	469	JUAN ANTONIO DOMINGUEZ LOPEZ		VT2M- 102	00:32:03	00:04:51	00:31:55	00:04:49	00:13:53				A CORUÑA
324	1040	MARTÍN NAVEIRA		SNM- 81	00:32:03	00:04:51	00:31:55	00:04:50	00:13:39			MANDEO MULTISPORT (AS VELLAS NON PARAMC	BETANZOS
325	374	VÍCTOR MANUEL LEDO LEMA		VT2M- 103	00:32:04	00:04:51	00:31:40	00:04:47	00:14:00				LA CORUÑA
326	331	IVAN CEIDE GAYOSO		VT1M- 66	00:32:05	00:04:51	00:31:20	00:04:44	00:14:25				EL TEMPLE - CAMBRE
327	1758	FERNANDO RODRIGUEZ VAZQUEZ		VT3M- 42	00:32:06	00:04:51	00:31:58	00:04:50	00:13:48				ARANGA
328	662	EUSEBIA MALDONADO	F- 21	VT1F- 8	00:32:07	00:04:51	00:31:49	00:04:49	00:13:42	NO TENGO	ZAPATILLA VELOZ		A CORUÑA
329	288	JOSÉ MANUEL ROCA RODRIGUEZ		VT2M- 104	00:32:07	00:04:51	00:31:59	00:04:50	00:13:47				ARANGA
330	830	MANUEL LIRES FREIRE		VT2M- 105	00:32:07	00:04:51	00:31:39	00:04:47	00:14:14			TRAILEROS TOXOS E BIRRAS	CORUÑA
331	188	CARLOS DEZA RODRIGUEZ		VT2M- 106	00:32:08	00:04:51	00:31:01	00:04:41	00:15:19	AG 767351	PATUKOS TIM RANIN		CULLEREDO
332	866	JOSE LOMBÁN		SNM- 82	00:32:08	00:04:52	00:31:18	00:04:44	00:15:07				A CORUÑA
333	224	ISMAEL PONCE PENDÓN		SNM- 83	00:32:09	00:04:52	00:31:20	00:04:44	00:14:44			TERMARIA RUNNING	A CORUÑA
334	1209	JAVIER RIÁDIGOS PRESAS		SNM- 84	00:32:10	00:04:52	00:32:00	00:04:50	00:14:37				SANTIAGO DE COMPOSTELA
335	1113	ENRIQUE JORGE RAMA RODRÍGUEZ		VT3M- 43	00:32:10	00:04:52	00:31:33	00:04:46	00:14:16				A CORUÑA
336	1365	SARA RODRIGUEZ ARGIBAY	F- 22	SNF- 10	00:32:10	00:04:52	00:32:02	00:04:51	00:13:39			MANDEO MULTISPORT (AS VELLAS NON PARAMC	BETANZOS
337	1318	ALEXANDRE VEIRA RODRÍGUEZ		VT1M- 67	00:32:12	00:04:52	00:31:22	00:04:44	00:14:43				A CORUÑA
338	137	SERXIO SOUTO		VT1M- 68	00:32:13	00:04:52	00:31:38	00:04:47	00:14:34			DRUNK RUNNERS	A CORUÑA
339	89	ELISEO GARCIA CRISTOBAL		VT3M- 44	00:32:16	00:04:53	00:32:12	00:04:52	00:13:54	AG2014328	CLUB ATLETISMO SADA		CAMBRE
340	411	ALFONSO VAZQUEZ BERGANTIÑOS		VT3M- 45	00:32:16	00:04:53	00:31:52	00:04:49	00:13:52				CULLEREDO
341	206	JESUS ANGEL CORRALES CASTRO		VT2M- 107	00:32:17	00:04:53	00:31:43	00:04:48	00:14:29			RUNNING OLEIROS	SAN PEDRO DE NOS
342	271	SAMUEL GARCÍA MONTERO		SUB23M- 7	00:32:17	00:04:53	00:32:13	00:04:52	00:13:38				CAMBRE
343	1160	BORJA ROMERO		SNM- 85	00:32:17	00:04:53	00:32:07	00:04:51	00:14:14				ARTEIXO
344	845	JOSE ANTONIO SUMAY REY		VT2M- 108	00:32:18	00:04:53	00:31:59	00:04:50	00:14:26				A CORUÑA

345	425	JAVIER VILLAVERDE FERRO		VT2M- 109	00:32:18	00:04:53	00:31:43	00:04:48	00:14:42			OLEIROS
346	341	JULIO GARCÍA-NAVAS CORRALES		SNM- 86	00:32:19	00:04:53	00:30:35	00:04:37	00:15:02			A CORUÑA
347	61	FRANCISCO JAVIER VARELA MAZÁS		VT3M- 46	00:32:19	00:04:53	00:32:07	00:04:51	00:13:41		ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
348	473	SANTIAGO AZNAL GARCÍA-BLANCO		SNM- 87	00:32:19	00:04:53	00:32:02	00:04:51	00:14:19			A CORUÑA
349	828	ENRIQUE SANTOS LORENZO		VT2M- 110	00:32:19	00:04:53	00:31:26	00:04:45	00:14:30	AG-2019235	TERRA DE SONEIRA C.D.	VIMIANZO
350	33	VÍCTOR HUGO CONDE LÓPEZ		VT2M- 111	00:32:20	00:04:53	00:32:19	00:04:53	00:13:27	AG2025735	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
351	512	JAVIER GONZÁLEZ MENDEZ		VT3M- 47	00:32:20	00:04:53	00:31:19	00:04:44	00:14:36			CULLEREDO
352	39	DOMINGO MIGUEL ARIAS		VT3M- 48	00:32:21	00:04:53	00:30:56	00:04:41	00:14:47		ATLETAS DE ACEA DE AMA	CULLEREDO
353	1618	LIAM GROARKE		VT1M- 69	00:32:22	00:04:54	00:32:14	00:04:52	00:13:43		FILLOS	A CORUÑA
354	415	ROBERTO REY LÓPEZ		SNM- 88	00:32:22	00:04:54	00:32:14	00:04:52	00:14:21			A CORUÑA
355	1048	VÍCTOR VARELA		VT1M- 70	00:32:23	00:04:54	00:32:14	00:04:52	00:13:52		RUNNING OLEIROS	OLEIROS
356	1198	JESUS MARQUINA LEAL		VT2M- 112	00:32:26	00:04:54	00:31:54	00:04:49	00:14:46			A CORUÑA
357	138	MAXIMINO LAGARES CARRO		VT2M- 113	00:32:26	00:04:54	00:32:06	00:04:51	00:14:34		ESPRINTES OURENSE	ORDES
358	870	GUSTAVO BARRAL PREGO		SNM- 89	00:32:26	00:04:54	00:31:56	00:04:50	00:14:05	SI		PERILLO
359	524	JOSÉ MANUEL ÁLVAREZ LOUREIRO		VT3M- 49	00:32:27	00:04:54	00:31:53	00:04:49	00:14:44			A CORUÑA
360	417	RAMON MIGUEL GARCIA BARBA		VT3M- 50	00:32:27	00:04:54	00:32:14	00:04:52	00:13:49			LA CORUÑA
361	533	EMILIO FERNÁNDEZ SUÁREZ		VT2M- 114	00:32:29	00:04:55	00:32:19	00:04:53	00:14:04			LA CORUÑA
362	496	DIEGO VÁZQUEZ PÉREZ		SNM- 90	00:32:31	00:04:55	00:30:59	00:04:41	00:15:36			A CORUÑA
363	476	ALBERTO GATO REIGOSA		SNM- 91	00:32:32	00:04:55	00:30:58	00:04:41	00:15:36			A CORUÑA
364	1759	JOSE ANTONIO MARTÍNEZ LEMA		VT2M- 115	00:32:33	00:04:55	00:31:45	00:04:48	00:14:59			A CORUÑA
365	563	JAVIER REY SOUTO		VT2M- 116	00:32:33	00:04:55	00:32:24	00:04:54	00:14:24			A CORUÑA
366	847	JUAN GONZÁLEZ BLANCO		VT2M- 117	00:32:34	00:04:55	00:31:56	00:04:50	00:14:59			A CORUÑA
367	823	ADRIÁN COLLAZO VARELA		SNM- 92	00:32:34	00:04:55	00:31:42	00:04:48	00:14:49		NOSPORTLIMIT	CULLEREDO
368	1320	PABLO BLANCO RIVERA		VT2M- 118	00:32:35	00:04:55	00:32:30	00:04:55	00:13:47			MIÑO
369	888	MARTA BARBEITO DOMINGUEZ	F- 23	SNF- 11	00:32:35	00:04:55	00:31:50	00:04:49	00:15:00		HERCULES TERMARIA	OLEIROS
370	313	FRANCISCO JOSÉ FERNÁNDEZ PÉREZ		VT2M- 119	00:32:35	00:04:55	00:32:22	00:04:54	00:13:36			A CORUÑA
371	470	GERMAN BARBEITO REY		VT3M- 51	00:32:35	00:04:56	00:31:52	00:04:49	00:15:49			CULLEREDO
372	383	DAVID VILLAR VILLAR		VT1M- 71	00:32:36	00:04:56	00:31:57	00:04:50	00:14:55			A CORUÑA
373	1025	JOSÉ MANUEL GARCÍA PRADO		VT1M- 72	00:32:36	00:04:56	00:32:22	00:04:54	00:14:21		CLUBE ATLETISMO BOIMORTO	ARTEIXO
374	445	MARCOS ALVAREZ PATIÑO		VT2M- 120	00:32:36	00:04:56	00:31:55	00:04:49	00:14:15			A CORUÑA
375	1167	JOSÉ ANTONIO MARTÍNEZ RODRÍGUEZ		VT1M- 73	00:32:37	00:04:56	00:32:19	00:04:53	00:13:59			LA CORUÑA
376	418	MIGUEL PÉREZ REGO		SNM- 93	00:32:37	00:04:56	00:31:42	00:04:48	00:15:13			A CORUÑA
377	478	JOSÉ MANUEL MOSQUERA NOVOA		VT2M- 121	00:32:39	00:04:56	00:32:18	00:04:53	00:14:53			CULLEREDO
378	621	LETICIA VIZCAÍNO CELA	F- 24	SNF- 12	00:32:40	00:04:56	00:31:43	00:04:48	00:15:07		CLUB MONTEPENARUBIA LUGO	LUGO
379	41	ENRIQUE GANDARA ULLOA		VT3M- 52	00:32:40	00:04:56	00:32:22	00:04:54	00:14:25	A-6320	ATLETAS DE ACEA DE AMA	EL TEMPLE
380	1200	ALEJANDRO GOMEZ PARRADO		SNM- 94	00:32:40	00:04:56	00:31:45	00:04:48	00:14:38			SANTIAGO DE COMPOSTELA
381	449	JUAN MANUEL RODRIGUEZ PUGA		VT1M- 74	00:32:41	00:04:56	00:32:17	00:04:53	00:14:02			OURENSE
382	391	MIGUEL PARDO PEREIRA		VT1M- 75	00:32:41	00:04:56	00:32:22	00:04:54	00:14:34			A CORUÑA
383	1203	LUIS HERVELLA NIETO		VT2M- 122	00:32:41	00:04:56	00:32:20	00:04:53	00:14:24			A CORUÑA
384	1132	MIGUEL IBÁÑEZ		VT2M- 123	00:32:41	00:04:56	00:31:13	00:04:43	00:15:30			A CORUÑA
385	554	JOSÉ ENRIQUE SOUTO FACAL		VT4M- 7	00:32:42	00:04:57	00:32:27	00:04:54	00:14:04			A CORUÑA
386	1904	JUAN JOSE REDONDO LAGO		VT4M- 8	00:32:42	00:04:57	00:32:10	00:04:52	00:14:40			A CORUÑA
387	1107	BIEITO SILVA POTÍ		SNM- 95	00:32:42	00:04:57	00:32:00	00:04:50	00:14:43			TEO
388	430	JUAN DIEGO PEREIRO AREÁN		VT2M- 124	00:32:43	00:04:57	00:32:30	00:04:55	00:14:25			A CORUÑA
389	1296	MARCOS LÓPEZ RODRÍGUEZ		SNM- 96	00:32:44	00:04:57	00:32:20	00:04:53	00:14:48			LA CORUÑA
390	133	BASILIO VERDEAL GONZALEZ		VT3M- 53	00:32:45	00:04:57	00:32:31	00:04:55	00:14:13		CURRELAS TEAM RUNNING	O PORRIÑO
391	1069	TOMÁS RUIZ BUJÁN		VT3M- 54	00:32:46	00:04:57	00:31:36	00:04:47	00:15:34			A CORUÑA
392	350	JOSÉ MANUEL LÓPEZ GARCÍA		VT2M- 125	00:32:46	00:04:57	00:32:01	00:04:50	00:14:16			LA CORUÑA
393	251	JUAN MARÍA FEAL VILLARREAL		VT2M- 126	00:32:47	00:04:57	00:32:30	00:04:55	00:14:31			OZACESURAS
394	1242	BREOGAN GONZALEZ FERNANDEZ		SNM- 97	00:32:47	00:04:57	00:32:08	00:04:51	00:14:50			A CORUÑA
395	1278	PABLO DACAL LÓPEZ		SNM- 98	00:32:48	00:04:57	00:32:08	00:04:51	00:14:50			A CORUÑA
396	1306	ADRIÁN PÉREZ DIÉGUEZ		SNM- 99	00:32:48	00:04:58	00:32:13	00:04:52	00:14:33			A CORUÑA
397	1606	MIRIAM RUANOVA JORQUERA	F- 25	SNF- 13	00:32:48	00:04:58	00:32:14	00:04:52	00:14:33			SANTIAGO
398	683	NEREA SANCHEZ ROCHA	F- 26	SNF- 14	00:32:48	00:04:58	00:32:10	00:04:52	00:14:59			A CORUÑA
399	1080	MANUEL VÁZQUEZ SEIJAS		VT1M- 76	00:32:49	00:04:58	00:32:32	00:04:55	00:14:37			ARES
400	1406	ROCIO ROLAN GARCIA	F- 27	VT2F- 4	00:32:50	00:04:58	00:32:33	00:04:55	00:14:37			ARES
401	202	PEDRO PETEIRO ROSENDE		VT2M- 127	00:32:51	00:04:58	00:32:43	00:04:57	00:13:51	AG 2016168	RUNNING OLEIROS	ARANGA
402	717	BELEN OTERO FERNANDEZ	F- 28	SNF- 15	00:32:53	00:04:58	00:32:28	00:04:54	00:14:20			A CORUÑA

403	542	MANUEL GONZÁLEZ FRANCO		VT2M- 128	00:32:54	00:04:58	00:32:00	00:04:50	00:14:38		EZARO - DUMBRÍA
404	246	JOSE ANTONIO MENDEZ PAMPIN		VT4M- 9	00:32:55	00:04:59	00:32:36	00:04:56	00:14:15		LA CORUÑA
405	1108	GERMAN GONZALEZ LOPEZ		VT1M- 77	00:32:55	00:04:59	00:31:57	00:04:50	00:15:42		CULLEREDO
406	511	ALFONSO DÍAZ PÉREZ		VT2M- 129	00:32:57	00:04:59	00:32:24	00:04:54	00:15:06		A CORUÑA
407	1054	ROI LAMAS VALEIJE		VT1M- 78	00:32:57	00:04:59	00:32:01	00:04:50	00:14:49	TUMBA TOXOS TRAIL TEAM	LARACHA
408	143	JAVIER CUIÑA BALADO		VT2M- 130	00:32:58	00:04:59	00:32:49	00:04:58	00:14:06	INDRA RUNNERS	A CORUÑA
409	1086	IGNACIO CARDENAS BOTAS		VT2M- 131	00:32:59	00:04:59	00:31:32	00:04:46	00:15:20		SAN PEDRO DE NOS - OLEIROS
410	145	ROSENDO PEREZ FEIJOO		VT2M- 132	00:33:00	00:04:59	00:32:21	00:04:53	00:15:50	JAVIROS TEAM	CELANOVA
411	429	DANIEL MEIZOSO FIGUEROA		SNM- 100	00:33:02	00:05:00	00:31:32	00:04:46	00:15:24		A CORUÑA
412	352	CARLOS DE LUIS CARBALLADA		VT3M- 55	00:33:04	00:05:00	00:32:43	00:04:57	00:13:56		A CORUÑA
413	285	JOSÉ LUIS LÓPEZ LÓPEZ		SNM- 101	00:33:06	00:05:00	00:33:00	00:04:59	00:14:43		A FONSAGRADA
414	1651	SERGIO PEREZ VEIGA		SNM- 102	00:33:08	00:05:00	00:32:43	00:04:57	00:14:15		OZA CESURAS
415	1081	ANTONIO DOLDAN SANCHEZ		VT2M- 133	00:33:09	00:05:01	00:32:35	00:04:56	00:15:12		BETANZOS
416	1253	CHRISTIAN SOUTO MEGHAZI		SNM- 103	00:33:09	00:05:01	00:32:35	00:04:56	00:15:12		BETANZOS
417	1314	JAVIER PEDREIRAS PARDO		VT1M- 79	00:33:10	00:05:01	00:31:35	00:04:47	00:15:29		FENE
418	1185	JOSE RODEIRO SEGADE		VT3M- 56	00:33:10	00:05:01	00:32:25	00:04:54	00:15:15		A CORUÑA
419	1037	ALEJANDRO GARCÍA PIÑEIRO		SNM- 104	00:33:12	00:05:01	00:31:22	00:04:44	00:15:23	GIMNASIO JK	A CORUÑA
420	405	SANTIAGO SIMON CUADRADO		VT3M- 57	00:33:13	00:05:01	00:32:41	00:04:56	00:14:27		LA CORUÑA
421	1246	JORGE NAYA MACIAS		VT1M- 80	00:33:13	00:05:01	00:32:39	00:04:56	00:14:59		CARBALLO
422	278	FRANCISCO JOSÉ ROCHA GARCÍA		VT1M- 81	00:33:14	00:05:01	00:32:24	00:04:54	00:15:06		OZA DOS RIOS
423	47	ALFONSO BOTANA CASTELO		VT2M- 134	00:33:15	00:05:02	00:32:59	00:04:59	00:15:03	ATLETAS DE ACEA DE AMA	A CORUÑA
424	409	JAVIER RIO RODRIGUEZ		VT3M- 58	00:33:15	00:05:02	00:33:01	00:04:59	00:14:16		CARBALLO
425	1322	MARTÍN MONTES PÉREZ		SNM- 105	00:33:16	00:05:02	00:32:51	00:04:58	00:14:32		A CORUÑA
426	1100	IAGO IGLESIAS CEBREIROS		SNM- 106	00:33:16	00:05:02	00:31:41	00:04:47	00:15:44		OURENSE
427	1210	JESÚS ESPASANDÍN LÓPEZ		VT2M- 135	00:33:17	00:05:02	00:31:49	00:04:49	00:16:07		A CORUÑA
428	547	VICTOR MANUEL VIGO RIOS		VT2M- 136	00:33:17	00:05:02	00:32:11	00:04:52	00:15:27		CULLEREDO
429	1252	JESÚS FRANCISCO SANCHEZ GÓMEZ		VT3M- 59	00:33:18	00:05:02	00:33:18	00:05:02	00:14:47		BETANZOS
430	1579	NOELIA ALFONSO MARQUÉS	F- 29	SNF- 16	00:33:18	00:05:02	00:32:09	00:04:52	00:15:46		BETANZOS
431	147	JAVIER DE LA TORRE LÓPEZ		VT1M- 82	00:33:19	00:05:02	00:32:38	00:04:56	00:15:52	JAVIROS TEAM	OURENSE
432	863	RAIMUNDO OTERO GULDRIS		VT1M- 83	00:33:20	00:05:02	00:31:39	00:04:47	00:15:28		LA CORUÑA
433	1634	CARLOS GARCIA SAMPEDRO		VT2M- 137	00:33:21	00:05:02	00:32:42	00:04:57	00:15:04		LA CORUÑA
434	382	ALEJANDRO PAZOS SÁNCHEZ		SNM- 107	00:33:21	00:05:03	00:33:03	00:05:00	00:14:35		A CORUÑA
435	390	RUBÉN BREA RIVAS		VT1M- 84	00:33:23	00:05:03	00:32:31	00:04:55	00:15:15		A CORUÑA
436	1667	JORGE DOURADO EIROA		SNM- 108	00:33:24	00:05:03	00:32:18	00:04:53	00:15:28		FONTECULLER
437	1659	JOSE ANTONIO PRESEDO MIRANDA		SNM- 109	00:33:25	00:05:03	00:28:46	00:04:21	00:17:42		A CORUÑA
438	262	ROGELIO GRANJA MENDEZ		VT4M- 10	00:33:25	00:05:03	00:33:05	00:05:00	00:14:57		CORUÑA
439	569	JULIO CAÑÁS LARA		VT2M- 138	00:33:26	00:05:03	00:32:44	00:04:57	00:14:57		A CORUÑA
440	639	CRISTINA LEIRO CARBALLO	F- 30	VT2F- 5	00:33:27	00:05:03	00:33:07	00:05:00	00:14:35	LA MOCHILA DEL DEPORTE	O BURGO
441	1088	DANIEL LONGO PAZOS		VT1M- 85	00:33:27	00:05:03	00:33:12	00:05:01	00:15:28		A CORUÑA
442	49	CARLOS PARDO FARIÑA		VT2M- 139	00:33:29	00:05:04	00:32:59	00:04:59	00:14:31	ATLETAS DE ACEA DE AMA	O BURGO - CULLEREDO
443	1170	IAGO VARELA VÁZQUEZ		VT1M- 86	00:33:29	00:05:04	00:33:02	00:05:00	00:14:56		A CORUÑA
444	1327	MARIA ISABEL CAMINO CREGO	F- 31	VT2F- 6	00:33:29	00:05:04	00:32:59	00:04:59	00:14:32	ATLETAS DE ACEA DE AMA	CAMBRE
445	1286	MANUEL BASOJA RODRIGUEZ		VT1M- 87	00:33:31	00:05:04	00:33:23	00:05:03	00:14:33		FENE
446	560	GONZALO SOUTO ROMERO		VT2M- 140	00:33:31	00:05:04	00:32:55	00:04:59	00:15:22		A CORUÑA
447	253	JUAN CARLOS DOMATO VERDÍA		VT1M- 88	00:33:31	00:05:04	00:32:51	00:04:58	00:15:10		ARTEIXO
448	432	JORGE E.R.		VT1M- 89	00:33:31	00:05:04	00:32:50	00:04:58	00:15:40		LA CORUÑA
449	605	IRIA ALDAO PRADA	F- 32	VT1F- 9	00:33:32	00:05:04	00:33:16	00:05:02	00:14:36	CLUB ATLETISMO SADA	A CORUÑA
450	1057	FERNANDO REGUEIRA CASAS		SNM- 110	00:33:32	00:05:04	00:31:57	00:04:50	00:15:42		BARBADÁS
451	379	FRANCISCO GARCIA TEIJEIRO		VT1M- 90	00:33:32	00:05:04	00:33:15	00:05:02	00:14:36		OLEIROS
452	490	JORGE JUAN TABOADA VÁZQUEZ		VT2M- 141	00:33:32	00:05:04	00:32:42	00:04:57	00:15:17		OLEIROS
453	616	VICTORIA LOPEZ PERMUY	F- 33	VT2F- 7	00:33:33	00:05:04	00:32:49	00:04:58	00:14:40	CLUB HÉRCULES	LA CORUÑA
454	879	ALEJANDRO LUIS NOVOA		SNM- 111	00:33:34	00:05:04	00:33:14	00:05:01	00:14:56		A CORUÑA
455	653	GELI LÓPEZ VILAS	F- 34	VT3F- 2	00:33:34	00:05:04	00:32:35	00:04:55	00:15:24	RUNNIG ARTEIXO	ARTEIXO
456	1187	DIEGO TARRÍO VILÁ		SNM- 112	00:33:35	00:05:05	00:32:48	00:04:57	00:15:32		A CORUÑA
457	312	JOSE FRANCISCO BUÑO BARREIRO		VT2M- 142	00:33:36	00:05:05	00:32:36	00:04:56	00:15:10		A CORUÑA
458	1394	RAMINA GONZÁLEZ GRAIÑO	F- 35	SNF- 17	00:33:36	00:05:05	00:33:31	00:05:04	00:14:12		LA CORUÑA
459	1197	GUILLERMO VARELA CHOUCIÑO		SNM- 113	00:33:36	00:05:05	00:31:57	00:04:50	00:17:13		A CORUÑA
460	785	NOELIA RODRIGUEZ DELGADO	F- 36	VT1F- 10	00:33:37	00:05:05	00:33:10	00:05:01	00:14:46		ARTEIXO



461	1232	ALBERTO VALENCIA		SNM- 114	00:33:38	00:05:05	00:32:33	00:04:55	00:15:41			A CORUÑA
462	841	ALBERTO DELGADO IZARRA		VT2M- 143	00:33:39	00:05:05	00:32:04	00:04:51	00:16:12			A CORUÑA
463	284	RULLAR GARRIDO POSE		VT2M- 144	00:33:39	00:05:05	00:32:55	00:04:58	00:15:16			A CORUÑA
464	1062	MANUEL TRIGO BAO		VT2M- 145	00:33:39	00:05:05	00:33:23	00:05:03	00:14:55			A ESTRADA
465	1220	OLIVER CASTRO SOUTO		SNM- 115	00:33:40	00:05:05	00:33:34	00:05:04	00:14:28			CARBALLO
466	1230	SAUL FERNANDEZ GALDO		SNM- 116	00:33:41	00:05:05	00:32:36	00:04:56	00:15:41			AS PONTES
467	187	DANIEL CIUDAD CENDÁN		VT2M- 146	00:33:41	00:05:05	00:32:34	00:04:55	00:15:45		PATUKOS TIM RANIN	A CORUÑA
468	612	PILAR MARQUIZ HERNANDEZ	F- 37	VT4F- 1	00:33:43	00:05:06	00:33:39	00:05:05	00:14:24	AG/769358	CLUB ATLETISMO SADA	A CORUÑA
469	1046	ROMAN ABELLA BOUZA		VT1M- 91	00:33:43	00:05:06	00:32:10	00:04:52	00:16:05		PAP	SAN SADURNINO
470	509	DIEGO RODRÍGUEZ CAPELET		SNM- 117	00:33:44	00:05:06	00:32:01	00:04:50	00:15:28			CARBALLO
471	397	JORGE YAÑEZ LAMAS		SNM- 118	00:33:45	00:05:06	00:33:03	00:05:00	00:15:26			FENE
472	164	JOSE PEREIRO TAIBO		VT2M- 147	00:33:47	00:05:06	00:32:24	00:04:54	00:15:51		MIXMASTER RUNNING	O BURGO-CULLEREDO
473	67	JOSE VARELA VERDES		VT1M- 92	00:33:47	00:05:06	00:33:21	00:05:02	00:14:42		BEER RUNNERS CORUÑA	A CORUÑA
474	714	CARMEN SEOANE DOPICO	F- 38	VT2F- 8	00:33:49	00:05:07	00:33:12	00:05:01	00:15:46			UXES
475	354	JAVIER BANDÍN MARENTES		VT2M- 148	00:33:49	00:05:07	00:33:10	00:05:01	00:15:01			A CORUÑA
476	485	ALVARO XOSÉ CARREIRA MANSO		SNM- 119	00:33:51	00:05:07	00:32:54	00:04:58	00:16:10			CULLEREDO
477	1038	TOMÁS DOBARRO LÓPEZ		SNM- 120	00:33:52	00:05:07	00:32:56	00:04:59	00:15:03		GLOBAL SPORT CLUB	A CORUÑA
478	1292	RAMON YOLDI SEGURA		SNM- 121	00:33:52	00:05:07	00:32:41	00:04:56	00:15:03			CORUÑA
479	1201	ISAAC RODRIGUEZ MARTIN		VT1M- 93	00:33:52	00:05:07	00:33:37	00:05:05	00:14:29			TORRIJOS
480	372	JUAN CARLOS DOVAL QUIÑONES		SNM- 122	00:33:54	00:05:07	00:32:12	00:04:52	00:16:14			GOURIZ
481	1287	CARLOS GIL LOSADA		SNM- 123	00:33:54	00:05:07	00:33:49	00:05:07	00:14:12			A CORUÑA
482	29	ROBERTO TABOADA PATIÑO		VT2M- 149	00:33:56	00:05:08	00:33:16	00:05:02	00:15:00		ASOCIACION CULTURAL DEPORTIVA A FONTE	CAMBRE
483	1225	ALBERTO LÓPEZ LÓPEZ		SNM- 124	00:33:56	00:05:08	00:32:53	00:04:58	00:15:23			A CORUÑA
484	698	ARACELI VEIGA BERMEJO	F- 39	VT4F- 2	00:33:57	00:05:08	00:33:40	00:05:05	00:14:32			A CORUÑA
485	426	MANUEL JOSE REY PAULOS		VT4M- 11	00:33:57	00:05:08	00:33:42	00:05:06	00:14:52			CARBALLO
486	480	VICTOR DIAZ-PACHE		VT2M- 150	00:33:58	00:05:08	00:33:36	00:05:05	00:14:44			A CORUÑA
487	1110	HUGO CRISTINO TRILLO		SNM- 125	00:33:59	00:05:08	00:32:09	00:04:52	00:16:27			A CORUÑA
488	769	ROMINA RODRIGUEZ LOJO	F- 40	VT1F- 11	00:34:01	00:05:08	00:33:39	00:05:05	00:15:05			A CORUÑA
489	1665	JUAN RODRIGO CANTORNA BERDULLAS		SNM- 126	00:34:02	00:05:09	00:32:12	00:04:52	00:16:11			OLEIROS
490	1045	JOSE MANUEL MARCOTE LAGO		VT2M- 151	00:34:03	00:05:09	00:32:28	00:04:54	00:15:31		PAP	NARÓN
491	540	MANUEL PAZ CARBON		VT2M- 152	00:34:03	00:05:09	00:33:36	00:05:05	00:15:11			A CORUÑA
492	1746	JAVIER FERNÁNDEZ FRAGA		VT3M- 60	00:34:04	00:05:09	00:32:53	00:04:58	00:15:50		RUNNING ARTEIXO	ARTEIXO
493	217	FRANCISCO PRIETO PERNAS		VT1M- 94	00:34:04	00:05:09	00:33:36	00:05:05	00:14:19		SÍGUEME SI PUEDES	CORUÑA
494	387	ALBERTO PEREZ PARDIÑAS		VT2M- 153	00:34:05	00:05:09	00:33:39	00:05:05	00:14:59			LA CORUÑA
495	1756	FERMIN PAN OTERO		VT4M- 12	00:34:05	00:05:09	00:33:47	00:05:06	00:15:19		C.D. EGOVARROS-VIVEIRO	A CORUÑA
496	707	MARIA VILLAR GARRIDO	F- 41	SNF- 18	00:34:06	00:05:09	00:34:03	00:05:09	00:14:16			LA CORUÑA
497	594	Mª LUISA BARREIRO FUENTES	F- 42	VT2F- 9	00:34:07	00:05:09	00:33:23	00:05:03	00:14:55	G-763977	ATLETISMO RIAZOR	A CORUÑA
498	1030	PABLO FERNANDEZ VILLAMARIN		VT1M- 95	00:34:07	00:05:09	00:33:03	00:05:00	00:15:30		CLUBE-ESCOLA ATLETISMO DEZA	LALIN
499	314	JAIME LÓPEZ CAINZOS		VT2M- 154	00:34:10	00:05:10	00:33:37	00:05:05	00:15:55			A CORUÑA
500	431	JAVIER FERNÁNDEZ TRAVIESO		VT1M- 96	00:34:14	00:05:10	00:32:51	00:04:58	00:15:58			A CORUÑA
501	865	JAVIER RODRÍGUEZ TORRES		VT1M- 97	00:34:14	00:05:10	00:33:04	00:05:00	00:15:15			A CORUÑA
502	266	JAVIER LIRES CALO		VT1M- 98	00:34:15	00:05:11	00:33:55	00:05:08	00:14:26			VIMIANZO
503	1478	BEATRIZ VICENTE NAVARRO	F- 43	SNF- 19	00:34:16	00:05:11	00:34:03	00:05:09	00:14:34			VIGO
504	404	ALBERTO PEDREIRA FERNANDEZ		VT2M- 155	00:34:16	00:05:11	00:33:34	00:05:04	00:15:49			A CORUÑA
505	1283	EDUARDO FRAGA LOPEZ		VT1M- 99	00:34:17	00:05:11	00:33:33	00:05:04	00:15:49			A CORUÑA
506	777	NURIA ESTHER PALACIOS IBÁN	F- 44	VT2F- 10	00:34:19	00:05:11	00:33:44	00:05:06	00:15:02			A CORUÑA
507	26	MANOEL FARIÑA GARCIA		VT1M- 100	00:34:20	00:05:11	00:32:49	00:04:58	00:16:23		ARTABROS CROSSFIT	A CORUÑA
508	370	ALBERTO PEREZ MIRAMONTES		VT2M- 156	00:34:21	00:05:11	00:33:11	00:05:01	00:15:45			A CORUÑA
509	1222	JOSE ANTONIO CANAL SUARDIAZ		VT2M- 157	00:34:21	00:05:12	00:34:06	00:05:09	00:15:02			LA CORUÑA
510	243	ELOY CALDERÓN FERNÁNDEZ		VT3M- 61	00:34:22	00:05:12	00:34:07	00:05:09	00:14:56			A CORUÑA
511	1053	JOSÉ ÁNGEL ADEGA MEIZOSO		VT2M- 158	00:34:22	00:05:12	00:33:45	00:05:06	00:14:54		TRAILRUNNERS	A CAPELA
512	152	ANTONIO HERNÁNDEZ BARREIRO		VT4M- 13	00:34:23	00:05:12	00:34:07	00:05:09	00:14:30		LA MOCHILA DEL DEPORTE	LA CORUÑA
513	1336	MIRIAN RIPOLL PERNAS	F- 45	VT3F- 3	00:34:23	00:05:12	00:34:16	00:05:11	00:14:23		CLUB ATLETISMO SADA	A CORUÑA
514	570	CAMILO AFONSO FERNÁNDEZ		VT2M- 159	00:34:24	00:05:12	00:34:11	00:05:10	00:15:21			EL BURGO
515	659	OLGA DASILVA FERNANDEZ	F- 46	VT2F- 11	00:34:25	00:05:12	00:33:48	00:05:07	00:14:58		TRAILRUNNERS	A CORUÑA
516	734	ALBA LOSADA DURAN	F- 47	SNF- 20	00:34:25	00:05:12	00:32:44	00:04:57	00:15:53			AS PONTES
517	166	JUAN IGNACIO PALEO VIEITO		VT1M- 101	00:34:25	00:05:12	00:33:03	00:05:00	00:16:10		MIXMASTER RUNNING	A CORUÑA
518	1544	ANA BERNARDEZ RODRIGUEZ	F- 48	SNF- 21	00:34:25	00:05:12	00:33:44	00:05:06	00:15:57			A CORUÑA

519	1675	MIGUEL RODRÍGUEZ BOTANA		SNM- 127	00:34:29	00:05:13	00:34:16	00:05:11	00:14:11			A CORUÑA
520	576	JOSÉ LUIS FERNÁNDEZ TRISAC		VT2M- 160	00:34:29	00:05:13	00:34:17	00:05:11	00:14:18			A CORUÑA
521	1375	HELENA SALES ORTELLS	F- 49	SNF- 22	00:34:29	00:05:13	00:34:13	00:05:10	00:14:32			MAJADAHONDA
522	1305	BORJA REGUERA FERNANDEZ		VT1M- 102	00:34:30	00:05:13	00:33:40	00:05:05	00:15:10			VALDEPARES
523	1747	ROCIO NOVO BARROS	F- 50	VT1F- 12	00:34:31	00:05:13	00:34:04	00:05:09	00:15:09		MULLER EN FORMA	LUGO
524	603	BELÉN VÁZQUEZ CASEIRO	F- 51	VT1F- 13	00:34:32	00:05:13	00:34:06	00:05:09	00:15:09		CLUB ATLETISMO CHANTADA	CHANTADA
525	1716	MARIA JESUS ALVAREZ ADEGAS	F- 52	VT1F- 14	00:34:32	00:05:13	00:33:38	00:05:05	00:15:53			CAMBRE
526	1017	DANIEL MARTÍNEZ GALDÓS		VT2M- 161	00:34:33	00:05:13	00:33:06	00:05:00	00:16:12		CLUB CICLISTA RIAZOR	A CORUÑA
527	1503	NURIA BENITO GUTIERREZ	F- 53	VT2F- 12	00:34:33	00:05:13	00:33:56	00:05:08	00:15:24			A CORUÑA
528	146	JAVIER PÉREZ-CID REBOLLEDA		VT1M- 103	00:34:33	00:05:13	00:33:53	00:05:07	00:15:51		JAVIROS TEAM	OURENSE
529	1543	ELENA PONTE RODRIGUEZ	F- 54	VT2F- 13	00:34:33	00:05:13	00:33:52	00:05:07	00:15:57			A CORUÑA
530	1147	CARLOS COCA		SNM- 128	00:34:34	00:05:13	00:34:20	00:05:11	00:14:33			VIGO
531	416	RODRIGO MARINO TAIBO		VT1M- 104	00:34:35	00:05:14	00:33:58	00:05:08	00:15:48			MESOIRO
532	1507	TERESA ESTEVEZ FRAGA	F- 55	SNF- 23	00:34:36	00:05:14	00:34:26	00:05:12	00:15:11			LA CORUÑA
533	628	ANA PUIME MIGUEZ	F- 56	VT1F- 15	00:34:36	00:05:14	00:33:42	00:05:06	00:15:48		GLOBAL SPORT CLUB	VIGO
534	440	ALFONSO SALGADO FERNANDEZ		VT2M- 162	00:34:37	00:05:14	00:34:08	00:05:10	00:15:20			ABEGONDO
535	75	XOSÉ ANTONIO GÓMEZ BOTANA		VT4M- 14	00:34:37	00:05:14	00:33:59	00:05:08	00:15:33	A7440	C.D.EGOVARROS-VIVEIRO	A CORUÑA
536	595	MARIA FERNANDEZ FIGUEROA	F- 57	VT1F- 16	00:34:38	00:05:14	00:33:52	00:05:07	00:15:53		ATLETISMO RIAZOR CORUÑA	A CORUÑA
537	1180	JORGE VÁZQUEZ FONDEVILA		VT2M- 163	00:34:38	00:05:14	00:33:48	00:05:07	00:15:53			A CORUÑA
538	30	JORGE CASTRO VÁZQUEZ		VT2M- 164	00:34:38	00:05:14	00:33:59	00:05:08	00:15:44		ASOCIACION CULTURAL DEPORTIVA A FONTE	CULLEREDO
539	539	MANUEL LÓPEZ CASCALLAR		VT1M- 105	00:34:39	00:05:14	00:33:59	00:05:08	00:15:58			A CORUÑA
540	1653	DIEGO SAAVEDRA CABO		SNM- 129	00:34:40	00:05:14	00:33:52	00:05:07	00:16:21			PERILLO-OLEIROS
541	414	MARCOS FERREIRO VARELA		VT2M- 165	00:34:40	00:05:14	00:33:35	00:05:05	00:15:50			MALPICA
542	1248	DAVID VARELA VÍA		VT1M- 106	00:34:41	00:05:14	00:33:53	00:05:07	00:16:20			A CORUÑA
543	325	EDUARDO FERNANDEZ COLLAZO		SNM- 130	00:34:41	00:05:15	00:33:55	00:05:08	00:15:25			A CORUÑA
544	1042	MIGUEL MATO OUTEIRO		SNM- 131	00:34:42	00:05:15	00:33:37	00:05:05	00:15:50		MESOIRO RUUNIG	A CORUÑA
545	882	ESTEFANÍA MENDOZA CONTRERAS	F- 58	VT2F- 14	00:34:43	00:05:15	00:34:21	00:05:12	00:15:12		ATLETAS DE ACEA DE AMA	SAN PEDRO DE NOS
546	637	CATALINA SANTOS CARRO	F- 59	VT2F- 15	00:34:43	00:05:15	00:34:24	00:05:12	00:15:08		LA MOCHILA DEL DEPORTE	A CORUÑA
547	1121	GABRIEL CAO SÁNCHEZ		VT2M- 166	00:34:44	00:05:15	00:34:33	00:05:13	00:14:58			A CORUÑA
548	276	JOSE GRELA RODRÍGUEZ		VT4M- 15	00:34:45	00:05:15	00:33:45	00:05:06	00:15:26			LA CORUÑA
549	536	ROBERTO FIGUEROA SUÁREZ		VT3M- 62	00:34:46	00:05:15	00:33:17	00:05:02	00:16:05			ARTEIXO
550	1010	JAVIER ÁLVAREZ PÉREZ		VT1M- 107	00:34:46	00:05:15	00:33:43	00:05:06	00:15:43		CD GAS NATURAL FENOSA	A CORUÑA
551	656	BEGOÑA LOIS ALVAREZ	F- 60	VT2F- 16	00:34:46	00:05:15	00:34:12	00:05:10	00:15:25		RUNNING OLEIROS	A CORUÑA
552	1212	SANTIAGO FERNÁNDEZ MARTÍNEZ		SNM- 132	00:34:47	00:05:15	00:33:12	00:05:01	00:17:07			LA CORUÑA
553	264	MARCELINO DE JUAN BARQUIN		VT4M- 16	00:34:49	00:05:16	00:34:29	00:05:13	00:14:53			LA CORUÑA
554	862	IAGO GARCIA PATIÑO		VT1M- 108	00:34:50	00:05:16	00:33:09	00:05:01	00:16:21			A CORUÑA
555	1345	SUSANA ARTECHE CASTRO	F- 61	VT2F- 17	00:34:50	00:05:16	00:33:50	00:05:07	00:16:11		CLUBE ATLETISMO FENE	FENE
556	1171	PAUL REY VÁZQUEZ		VT2M- 167	00:34:50	00:05:16	00:33:56	00:05:08	00:16:10			A CORUÑA
557	591	ANA ISABEL LAGO LÓPEZ	F- 62	VT3F- 4	00:34:51	00:05:16	00:34:29	00:05:13	00:15:18		ATLETAS DE ACEA DE AMA	A CORUÑA
558	614	ANGELES CASTRO FERNANDEZ	F- 63	VT2F- 18	00:34:52	00:05:16	00:34:47	00:05:15	00:14:58		CLUB ATLETISMO SADA	A CORUÑA
559	315	JUAN CARLOS MENENDEZ DOMÍNGUEZ		VT3M- 63	00:34:52	00:05:16	00:34:43	00:05:15	00:14:58			ARTEIXO
560	1742	ANA MARÍA PÉREZ SÁNCHEZ	F- 64	VT2F- 19	00:34:52	00:05:16	00:34:32	00:05:13	00:15:09		LA MOCHILA DEL DEPORTE	CAMBRE
561	1552	LOLA GARCIA CAMBON	F- 65	VT2F- 20	00:34:52	00:05:16	00:34:10	00:05:10	00:16:02			A CORUNA
562	351	NATALIO LORENZO PINTOS		VT3M- 64	00:34:53	00:05:16	00:34:02	00:05:09	00:15:22			CULLEREDO
563	1255	JACOBO LÓPEZ SEIJAS		SNM- 133	00:34:55	00:05:17	00:34:50	00:05:16	00:14:42			TEO
564	365	SANTIAGO BORT COUCEIRO		VT2M- 168	00:34:55	00:05:17	00:34:02	00:05:09	00:15:25			A CORUÑA
565	1043	ALFONSO GARCÍA BATALLA		VT3M- 65	00:34:56	00:05:17	00:34:42	00:05:15	00:15:03		NOTEOXIDES	CAMBRE
566	582	MARI CARMEN RODRIGUEZ GOLAN	F- 66	VT2F- 21	00:34:58	00:05:17	00:33:34	00:05:04	00:16:13		A. D. DOWNHILL	A LARACHA
567	1036	ROBERTO CASTRO TOME		VT2M- 169	00:34:59	00:05:17	00:33:43	00:05:06	00:15:55		ESADE ALUMNI	A CORUÑA
568	1233	OSCAR ROMERO LAGO		SNM- 134	00:35:00	00:05:17	00:34:36	00:05:14	00:15:14			A CORUÑA
569	334	ANGEL RAMON MARTINEZ CAMBON		VT3M- 66	00:35:01	00:05:18	00:34:30	00:05:13	00:15:19			A CORUÑA
570	701	BEGOÑA MARTINEZ LORENZO	F- 67	VT2F- 22	00:35:01	00:05:18	00:34:31	00:05:13	00:15:19			ARTEIXO
571	241	OSCAR FERNANDEZ PARDO		VT2M- 170	00:35:03	00:05:18	00:33:37	00:05:05	00:16:02			LA CORUÑA
572	1267	DANIEL CRUCES		VT2M- 171	00:35:08	00:05:19	00:34:14	00:05:10	00:16:10			A CORUÑA
573	1028	GUILLERMO RAMON LAGO BREIJO		VT2M- 172	00:35:08	00:05:19	00:34:30	00:05:13	00:16:00	AG2027925	CLUBE ATLETISMO FENE	FENE
574	1161	NAHUEL VÁZQUEZ NAYA		SNM- 135	00:35:12	00:05:19	00:33:53	00:05:07	00:17:59			A CORUÑA
575	1491	NURIA GARCIA GUILLIN	F- 68	SNF- 24	00:35:14	00:05:20	00:33:50	00:05:07	00:16:25			SANTIAGO DE COMPOSTELA
576	725	GEMA MARTINEZ CARRERA	F- 69	VT2F- 23	00:35:14	00:05:20	00:34:57	00:05:17	00:15:35			A CORUÑA

577	198	RAFAEL FERNÁNDEZ GÓMEZ		VT2M- 173	00:35:15	00:05:20	00:34:48	00:05:16	00:14:55		RUNNING OLEIROS	PERILLO-OLEIROS
578	1181	MANUEL ANGEL ROBLES VILLARINO		VT3M- 67	00:35:15	00:05:20	00:34:07	00:05:09	00:16:07			A CORUÑA
579	636	MARIA DEL MAR BARCÓN SÁNCHEZ	F- 70	VT3F- 5	00:35:17	00:05:20	00:35:05	00:05:18	00:15:01	AG2026204	LA MOCHILA DEL DEPORTE	A CORUÑA
580	744	ANA AMIGO GONZÁLEZ	F- 71	VT2F- 24	00:35:18	00:05:20	00:34:54	00:05:16	00:15:31			A CORUÑA
581	699	REBECA MUIÑA FUENTES	F- 72	VT1F- 17	00:35:20	00:05:20	00:34:35	00:05:14	00:15:36			A CORUÑA
582	381	HUGO COCIÑA FERNÁNDEZ		SNM- 136	00:35:22	00:05:21	00:33:49	00:05:07	00:16:23			CORUÑA
583	1372	CHLOÉ VANOVERVELT	F- 73	SNF- 25	00:35:24	00:05:21	00:34:55	00:05:17	00:15:58		RUNNING OLEIROS	A CORUÑA
584	1752	JOSE IGNACIO ARES FERREIRO		VT4M- 17	00:35:25	00:05:21	00:34:55	00:05:17	00:15:52			A CORUÑA
585	207	JOSE MANUEL PAZ CARREIRA		VT3M- 68	00:35:26	00:05:21	00:34:56	00:05:17	00:15:53		RUNNING OLEIROS	LA CORUÑA
586	545	JUAN PAZOS COUTO		VT3M- 69	00:35:27	00:05:22	00:35:07	00:05:18	00:14:48			A CORUÑA
587	687	TANIA MARTÍNEZ RAMILO	F- 74	VT2F- 25	00:35:28	00:05:22	00:34:54	00:05:17	00:15:33			MIÑO
588	1635	JUAN JOSÉ NAVEIRA FERREIRO		VT2M- 174	00:35:28	00:05:22	00:34:52	00:05:16	00:16:00			A CORUÑA
589	330	LUIS PITA ANDREU		VT3M- 70	00:35:32	00:05:22	00:34:39	00:05:14	00:15:27			A CORUÑA
590	840	CARLOS GABRIEL SUÁREZ MOLEDO		VT2M- 175	00:35:33	00:05:22	00:34:31	00:05:13	00:16:13			CULLEREDO
591	1269	OREN PEREZ SANTOS		VT3M- 71	00:35:34	00:05:23	00:35:23	00:05:21	00:14:54			A CORUÑA
592	88	RENATO RIVAS LOPEZ		VT1M- 109	00:35:37	00:05:23	00:34:36	00:05:14	00:16:38		CLUB ATLETISMO SADA	LA CORUÑA
593	1689	MARÍA NOVO LAGO	F- 75	SNF- 26	00:35:39	00:05:23	00:35:02	00:05:18	00:15:41		NOSPORTLIMIT	A CORUÑA
594	1657	JORGE REY ÁLVAREZ		SNM- 137	00:35:39	00:05:23	00:35:03	00:05:18	00:15:41			A CORUÑA
595	712	MARÍA MARTÍNEZ MOSQUERA	F- 76	VT2F- 26	00:35:39	00:05:23	00:34:24	00:05:12	00:16:20			A CORUÑA
596	587	VANESA GONZÁLEZ ROMERO	F- 77	VT1F- 18	00:35:40	00:05:23	00:35:23	00:05:21	00:15:16		AD MONTEBRONDO	VIMIANZO
597	316	JOSE ANGEL MARCOS MARCOS		VT2M- 176	00:35:42	00:05:24	00:35:01	00:05:18	00:16:10			A CORUÑA
598	1155	JOSE MARÍA GUERRERO MORENO		VT1M- 110	00:35:45	00:05:24	00:34:30	00:05:13	00:16:01			CÁDIZ
599	324	AVELINO DOPAZO PONTE		VT3M- 72	00:35:45	00:05:24	00:35:01	00:05:18	00:15:35			SADA
600	1236	OSCAR CASAL TARACIDO		VT1M- 111	00:35:46	00:05:24	00:34:31	00:05:13	00:16:26			SAN SADURNIÑO
601	451	JULIO BARRAL IGLESIAS		VT3M- 73	00:35:46	00:05:24	00:34:44	00:05:15	00:15:43			CAMBRE
602	9	ALBERTO MARTINEZ BRITO		VT1M- 112	00:35:46	00:05:24	00:34:31	00:05:13	00:16:01		ABANCA	A CORUÑA
603	1666	BORJA LOUREDA ABUELO		SNM- 138	00:35:46	00:05:24	00:34:31	00:05:13	00:16:31			ABEGONDO
604	5	RUBEN MARCOS SUAREZ GUTIERREZ		SNM- 139	00:35:48	00:05:25	00:35:16	00:05:20	00:14:59			A CORUÑA
605	1079	NACHO CAMPOS NIÑO		VT2M- 177	00:35:48	00:05:25	00:35:19	00:05:20	00:17:10			A CORUÑA
606	96	JAVIER LOPEZ PIÑEIRO		VT2M- 178	00:35:49	00:05:25	00:34:37	00:05:14	00:18:04	AG2024036	CLUB ATLETISMO SADA	A CORUÑA
607	1140	JOSE AGEITOS FREIRE		SNM- 140	00:35:49	00:05:25	00:34:29	00:05:13	00:16:35			CORUÑA, A
608	572	XENE CARREIRA GARCIA		VT1M- 113	00:35:51	00:05:25	00:34:24	00:05:12	00:16:28			A CORUÑA
609	1063	JUAN CARLOS PAN TARRÍO		SNM- 141	00:35:51	00:05:25	00:34:42	00:05:15	00:15:57			A CORUÑA
610	1083	SANTIAGO CÁRDENAS BOTAS		VT3M- 74	00:35:52	00:05:25	00:34:24	00:05:12	00:16:44			A CORUÑA
611	392	SUSO MÉNDEZ SUÁREZ		VT2M- 179	00:35:53	00:05:25	00:34:19	00:05:11	00:17:38			PONTECESO
612	437	CARLOS ANDRADE CASTRO		VT2M- 180	00:35:54	00:05:26	00:34:19	00:05:11	00:17:37			PONTECESO
613	1915	CLAUDIA OREIRO CHAPELA	F- 78	VT2F- 27	00:35:55	00:05:26	00:35:34	00:05:22	00:15:44		NOSPORTLIMIT	A CORUÑA
614	697	CHARO SILVEIRA QUEIJAS	F- 79	VT2F- 28	00:35:56	00:05:26	00:35:16	00:05:20	00:16:24			LA CORUÑA
615	1163	YAGO RODRÍGUEZ PENA		SNM- 142	00:35:58	00:05:26	00:35:26	00:05:21	00:15:00			A CORUÑA
616	1661	MANUEL ALEJANDRO GARCÍA SUÁREZ		SNM- 143	00:36:01	00:05:27	00:31:23	00:04:45	00:17:43			MESIA
617	802	DIEGO PAZ MARTINEZ		VT2M- 181	00:36:03	00:05:27	00:35:41	00:05:24	00:15:42		ATLETAS DE ACEA DE AMA	A CORUÑA
618	1105	MANUEL JUAN BLANCO GABIN		VT3M- 75	00:36:03	00:05:27	00:35:24	00:05:21	00:15:54			BETANZOS
619	1419	LAURA LÓPEZ SANJURJO	F- 80	VT1F- 19	00:36:04	00:05:27	00:35:50	00:05:25	00:16:19			A CORUÑA
620	337	MIGUEL PITA ORDÓÑEZ		SNM- 144	00:36:04	00:05:27	00:35:31	00:05:22	00:14:59			A CORUÑA
621	268	BENIGNO GAREA CAO		VT4M- 18	00:36:05	00:05:27	00:35:47	00:05:25	00:15:39			A CORUÑA
622	1344	MARÍA CARREGAL SOMME	F- 81	SUB20F- 1	00:36:05	00:05:27	00:36:00	00:05:26	00:14:44		CLUB MARINEDA ATLETICO	A CORUÑA
623	1136	PABLO PALOMARES LÓPEZ		SNM- 145	00:36:06	00:05:27	00:34:58	00:05:17	00:16:23			A CORUÑA
624	1099	JOSE ANTONIO RODRÍGUEZ FERNÁNDEZ		SNM- 146	00:36:07	00:05:28	00:34:21	00:05:11	00:17:29			A POBRA DE TRIVES
625	1002	ANTONIO VÁZQUEZ PÉREZ		VT2M- 182	00:36:09	00:05:28	00:35:45	00:05:24	00:15:27		AMIGOS DE VILA SECA	A CORUÑA
626	1151	ROBERT GIOVANNINI		VT2M- 183	00:36:09	00:05:28	00:35:14	00:05:20	00:16:25			A CORUNA
627	608	MARYEM SÁLI DUQUE	F- 82	VT1F- 20	00:36:09	00:05:28	00:35:08	00:05:19	00:16:39		CLUB ATLETISMO SADA	A CORUÑA
628	346	SANTIAGO EIRIS LOPEZ		VT3M- 76	00:36:10	00:05:28	00:35:20	00:05:20	00:15:56			A CORUÑA
629	675	SILVIA SÁNCHEZ BASCOY	F- 84	VT3F- 6	00:36:11	00:05:28	00:35:49	00:05:25	00:15:46			A CORUÑA
630	890	PAULA TRILLO CALO	F- 83	SNF- 27	00:36:11	00:05:28	00:35:17	00:05:20	00:14:30	AG 2022634	TERRA DE SONEIRA C.D.	VIMIANZO
631	884	MARIA DEL CARMEN LORENZO LODEIRO	F- 85	VT1F- 21	00:36:12	00:05:28	00:36:02	00:05:27	00:15:36		CIDADE DE LUGO FLUVIAL	A CORUÑA
632	566	FRANCISCO JAVIER GARCIA VILLAAMIL		VT1M- 114	00:36:12	00:05:28	00:35:59	00:05:26	00:15:26			A CORUÑA
633	634	ANA BELEN HERMIDA CARBALLO	F- 86	VT2F- 29	00:36:13	00:05:28	00:35:39	00:05:23	00:15:40	AG2016960	LA MOCHILA DEL DEPORTE	A CORUÑA
634	443	PABLO CASTEDO LOPEZ		VT1M- 115	00:36:14	00:05:29	00:35:34	00:05:22	00:15:55			A CORUÑA

635	791	MARTA MARTÍNEZ RODRÍGUEZ	F- 87	SNF- 28	00:36:15	00:05:29	00:35:33	00:05:22	00:15:57		A CORUÑA
636	1117	JAVIER BERMUDEZ POMBO		VT1M- 116	00:36:17	00:05:29	00:35:24	00:05:21	00:16:25		CERCEDA
637	1078	MARCOS CUBEIRO PREGO		VT2M- 184	00:36:17	00:05:29	00:34:53	00:05:16	00:17:15		A CORUÑA
638	763	LUCIA VAZQUEZ BLANCO	F- 88	VT1F- 22	00:36:17	00:05:29	00:35:40	00:05:23	00:16:09		A CORUÑA
639	592	ANA VARELA REGUERA	F- 89	VT1F- 23	00:36:19	00:05:29	00:36:00	00:05:26	00:15:32	ATLETISMO CARBALLO	CARBALLO
640	1162	FRANCISCO JOSÉ VÁZQUEZ SANTOS		SNM- 147	00:36:25	00:05:30	00:35:12	00:05:19	00:16:33		LA CORUÑA
641	1436	RAKEL TORRES GARCIA	F- 90	SNF- 29	00:36:26	00:05:30	00:35:11	00:05:19	00:16:12		A CORUÑA
642	436	NACHO MONTENEGRO GARAT		SNM- 148	00:36:26	00:05:30	00:35:30	00:05:22	00:16:47		EL TEMPLE
643	1011	MIGUEL AYMERICH RICO		VT3M- 77	00:36:26	00:05:30	00:34:47	00:05:15	00:16:54	NO	CD GAS NATURAL FENOSA
644	1178	OSCAR DE CASTRO FERNANDEZ		VT1M- 117	00:36:27	00:05:31	00:34:38	00:05:14	00:17:33		A CORUÑA
645	601	LOLY LOSADA GARCIA	F- 91	VT3F- 7	00:36:27	00:05:31	00:34:47	00:05:15	00:17:11	CD GAS NATURAL FENOSA	CAMBRE
646	514	RUBÉN POSE		SNM- 149	00:36:27	00:05:31	00:36:20	00:05:29	00:15:40		LUGO
647	574	MANUEL TRILLO GRILLE		SNM- 150	00:36:28	00:05:31	00:34:50	00:05:16	00:18:02		DUMBRIA
648	225	FABIÁN SANTOS POSE		VT1M- 118	00:36:29	00:05:31	00:36:14	00:05:29	00:15:29	AG 2022 664	TERRA DE SONEIRA C.D.
649	320	OSCAR HERNANDEZ ACEVEDO		VT1M- 119	00:36:30	00:05:31	00:35:10	00:05:19	00:16:42		CULLEREDO
650	1049	ANGEL MERA RICO		VT1M- 120	00:36:30	00:05:31	00:35:51	00:05:25	00:17:01	RUNNING OLEIROS	A CORUÑA
651	673	LAURA REY PADÍN	F- 92	SUB23F- 1	00:36:30	00:05:31	00:36:16	00:05:29	00:15:44		O GROVE
652	472	NACHO MONTENEGRO REY		VT3M- 78	00:36:31	00:05:31	00:35:36	00:05:23	00:16:47		O GRAXAL (CAMBRE)
653	1177	HECTOR DE CASTRO FERNANDEZ		VT1M- 121	00:36:32	00:05:31	00:34:41	00:05:15	00:17:33		A CORUÑA
654	1006	JESÚS JAVIER MENDEZ FERNANDEZ		VT3M- 79	00:36:32	00:05:31	00:34:52	00:05:16	00:16:09	BOX FOR WARRIORS	A CORUÑA
655	1624	MANUEL PUYUELO FERNANDEZ		VT3M- 80	00:36:33	00:05:31	00:35:45	00:05:24	00:15:55		BERGONDO
656	624	CRISTINA MARIA VARA VAZQUEZ	F- 93	VT2F- 30	00:36:35	00:05:32	00:35:47	00:05:24	00:16:13	CLUBHERCULESTERMARIA	A CORUÑA
657	1141	IAGO ROEL		VT2M- 185	00:36:35	00:05:32	00:34:49	00:05:16	00:17:19		A CORUÑA
658	154	ALEJANDRO ALVAREZ RODRÍGUEZ		SNM- 151	00:36:36	00:05:32	00:35:04	00:05:18	00:17:36	LEONES RUNNING TEAM	A CORUÑA
659	163	JOSE LUIS PENALTA DATORRE		VT3M- 81	00:36:38	00:05:32	00:35:15	00:05:20	00:16:55	MIXMASTER RUNNING	CAMBRE
660	1005	TONI PEREIRA VARA		SNM- 152	00:36:38	00:05:32	00:34:57	00:05:17	00:17:32	BOX FOR WARRIORS	A CORUÑA
661	13	ENRIQUE JOSE OTERO BUGIA		SNM- 153	00:36:39	00:05:32	00:35:49	00:05:25	00:16:14	ACCENTURE	LA CORUÑA
662	1721	SONIA ROMERO PARADA	F- 94	SNF- 30	00:36:39	00:05:32	00:36:03	00:05:27	00:17:06		A POBRA DO CARAMIÑAL
663	1647	DAVID IGLESIAS PEDROUSO		VT1M- 122	00:36:40	00:05:33	00:36:03	00:05:27	00:16:57		SANTIAGO DE COMPOSTELA
664	91	GABRIEL ÁLVAREZ SILVAR		VT3M- 82	00:36:41	00:05:33	00:35:52	00:05:25	00:16:59	CLUB ATLETISMO SADA	OLEIROS
665	1416	SHIRLEY SOTO	F- 95	SNF- 31	00:36:41	00:05:33	00:36:13	00:05:28	00:16:11		A CORUÑA
666	1268	JORGE CASTRO LOPEZ		SUB20M- 4	00:36:42	00:05:33	00:36:17	00:05:29	00:15:05		BERGONDO
667	1270	DAVID SANMARTIN GUTIERREZ		SUB20M- 5	00:36:42	00:05:33	00:36:18	00:05:29	00:15:06		BERGONDO
668	902	PATRICIA AMENEIRO	F- 96	SNF- 32	00:36:44	00:05:33	00:36:06	00:05:27	00:16:46		A CORUÑA
669	489	ROBERTO GAYOSO		VT2M- 186	00:36:44	00:05:33	00:36:07	00:05:28	00:16:46		A CORUÑA
670	1737	ANA MOREIRAS GONZÁLEZ	F- 97	SNF- 33	00:36:45	00:05:33	00:36:03	00:05:27	00:17:05		LUGO
671	710	LARA PALLAS QUINTELA	F- 98	SUB23F- 2	00:36:45	00:05:33	00:36:25	00:05:30	00:16:26		CARBALLO
672	877	JAVIER VILLAVERDE DOVAL		SNM- 154	00:36:45	00:05:33	00:34:53	00:05:16	00:16:37		A CORUÑA
673	340	RICARDO FERNÁNDEZ GONZÁLEZ		VT3M- 83	00:36:46	00:05:33	00:35:01	00:05:18	00:17:10		A CORUÑA
674	1639	HENRIQUE HORTAS LÓPEZ		VT2M- 187	00:36:50	00:05:34	00:32:28	00:04:54	00:18:46		A CORUÑA
675	1550	CRISTINA MARTÍNEZ FERNÁNDEZ	F- 99	VT2F- 31	00:36:51	00:05:34	00:36:29	00:05:31	00:16:42		A CORUÑA
676	604	INES IGLESIAS FRAGA	F- 100	VT2F- 32	00:36:52	00:05:34	00:36:08	00:05:28	00:16:14	CLUB ATLETISMO SADA	SADA
677	1311	JOHAN LEONARDO CAMARGO MEDINA		SUB23M- 8	00:36:52	00:05:34	00:34:59	00:05:17	00:17:39		A CORUÑA
678	757	ELIZABETH ISOLDA PEREZ POMBO	F- 101	VT2F- 33	00:36:53	00:05:34	00:35:08	00:05:19	00:17:35		A CORUÑA
679	1128	JESUS SOUTO TASENDE		VT2M- 188	00:36:54	00:05:35	00:36:10	00:05:28	00:15:55		A CORUÑA
680	1514	MARA BARRAL ROSADO	F- 102	VT2F- 34	00:36:55	00:05:35	00:36:18	00:05:29	00:16:56		OLEIROS
681	1249	DAVID RIVAS FREIRE		VT2M- 189	00:36:56	00:05:35	00:36:04	00:05:27	00:16:42		BETANZOS
682	1015	JESUS DIAZ GAY		VT2M- 190	00:36:58	00:05:35	00:36:45	00:05:33	00:16:55	CLUB ATLETISMO SADA	SANTA CRUZ
683	537	CARLOS ARMENTEROS LEÓN		VT2M- 191	00:36:58	00:05:35	00:35:52	00:05:25	00:16:59		A CORUÑA
684	1736	MARÍA ZHUK	F- 103	SNF- 34	00:36:59	00:05:35	00:36:24	00:05:30	00:16:29		A CORUÑA
685	1018	RAMÓN MANUEL VARELA SÁNCHEZ		VT2M- 192	00:37:01	00:05:36	00:35:42	00:05:24	00:16:11	CLUB DO MAR	A CORUÑA
686	1473	MARÍA JOSÉ CASAL CAMBÓN	F- 104	VT2F- 35	00:37:01	00:05:36	00:36:19	00:05:29	00:16:21		LARACHA
687	1144	JOSÉ ANTONIO AÑÓN COSTA		VT2M- 193	00:37:02	00:05:36	00:36:18	00:05:29	00:16:21		CORISTANCO
688	104	EDUARDO GÓMEZ RAMOS		VT1M- 123	00:37:02	00:05:36	00:36:30	00:05:31	00:15:46	CLUB CICLISTA RIAZOR	OLEIROS
689	881	Mª DEL CARMEN VAZQUEZ VEIGA	F- 105	VT3F- 8	00:37:02	00:05:36	00:36:42	00:05:33	00:16:09	ATLETAS DE ACEA DE AMA	LA CORUÑA
690	1158	ISIDRO ALFARO BARBARÁ		SNM- 155	00:37:02	00:05:36	00:34:30	00:05:13	00:18:09		A CORUÑA
691	1529	PATRICIA GARCÍA VECINO	F- 106	SNF- 35	00:37:03	00:05:36	00:35:19	00:05:20	00:17:33		CARBALLO
692	752	ILENIA BLANCO SALGADO	F- 107	SNF- 36	00:37:04	00:05:36	00:35:20	00:05:20	00:17:33		MANZANEDA

693	1193	VICTOR COLLAZO LOPEZ		VT3M- 84	00:37:04	00:05:36	00:36:25	00:05:30	00:16:09		POIO
694	742	BEATRIZ BENITO BAÑUELOS	F- 108	VT2F- 36	00:37:05	00:05:36	00:36:17	00:05:29	00:16:28		A CORUÑA
695	1003	JUAN CARLOS RODIL CASTANEDO		VT3M- 85	00:37:05	00:05:36	00:36:23	00:05:30	00:16:18	ATLETISMO CLUB SOCIAL BANCO PASTOR	OLEIROS
696	1902	ADRIAN FIDALGO SANCHEZ		SNM- 156	00:37:06	00:05:36	00:35:44	00:05:24	00:17:02	ALTAFIT GYM CLUB	CARBALLO
697	1730	LARA SALGADO SANTOS	F- 109	SNF- 37	00:37:07	00:05:37	00:35:56	00:05:26	00:16:49		SANTIAGO DE COMPOSTELA
698	1301	DAVID POU VILLAR		SNM- 157	00:37:08	00:05:37	00:36:32	00:05:31	00:15:53		A CORUÑA
699	347	XABIER GARCIA PEREZ		SNM- 158	00:37:10	00:05:37	00:35:13	00:05:19	00:17:38		CULLEREDO
700	1586	ADRIANA PERALTA DOS SANTOS	F- 110	SNF- 38	00:37:10	00:05:37	00:36:53	00:05:34	00:16:18		SADA
701	627	MARI LUZ SANMARTIN FERNANDEZ	F- 111	VT4F- 3	00:37:12	00:05:37	00:37:02	00:05:36	00:15:58	EGOVARROS VIVERO	A CORUÑA
702	720	MARIA TERESA SIERRA CABALLERO	F- 112	VT2F- 37	00:37:13	00:05:37	00:35:56	00:05:26	00:17:18		CORUÑA
703	1610	KHADY FAYE	F- 113	SUB23F- 3	00:37:13	00:05:37	00:35:24	00:05:21	00:16:49		A CORUÑA
704	375	ALEX VAZQUEZ ROIBAS		SNM- 159	00:37:13	00:05:37	00:36:04	00:05:27	00:17:22		A CORUÑA
705	1633	JULIO CASAL GARCÍA		VT2M- 194	00:37:14	00:05:38	00:36:32	00:05:31	00:16:22		A CORUÑA
706	366	PABLO CAÑÁS COUSELO		VT2M- 195	00:37:18	00:05:38	00:36:55	00:05:35	00:15:13		A CORUÑA
707	1298	FERNANDO SILVARIÑO TORRADO		VT2M- 196	00:37:19	00:05:38	00:36:06	00:05:27	00:17:16		A CORUÑA
708	1087	ESTEBAN EJO SUAREZ		VT2M- 197	00:37:19	00:05:38	00:36:41	00:05:33	00:17:03		A CORUÑA
709	1475	CHARLOTTE GOLES	F- 114	VT1F- 24	00:37:20	00:05:39	00:36:37	00:05:32	00:17:01		A CORUÑA
710	1149	MÁRIO SIERRA HERNANDEZ		VT3M- 86	00:37:20	00:05:39	00:36:23	00:05:30	00:17:15		A CORUÑA
711	319	MANUEL JAVIER MUÑIZ SEIJAS		VT3M- 87	00:37:21	00:05:39	00:36:41	00:05:33	00:16:55		A CORUÑA
712	1150	NOEL SANTOS SAAVEDRA		SNM- 160	00:37:22	00:05:39	00:36:57	00:05:35	00:16:05		A CORUÑA
713	1480	ANDREA ROJO RODRIGUEZ	F- 115	SNF- 39	00:37:23	00:05:39	00:36:57	00:05:35	00:16:05		A CORUÑA
714	681	PATRICIA BARREIRA RODRIGUEZ	F- 116	VT2F- 38	00:37:23	00:05:39	00:37:10	00:05:37	00:16:08		A CORUÑA
715	1120	ÁLVARO FERNÁNDEZ GÓMEZ		SNM- 161	00:37:23	00:05:39	00:36:47	00:05:34	00:15:42		A CORUÑA
716	1541	MÓNICA LOMBARDÍA CORTIÑA	F- 117	VT2F- 39	00:37:24	00:05:39	00:37:03	00:05:36	00:15:54		A CORUÑA
717	1282	FERNANDO PUGA MOROÑO		SNM- 162	00:37:24	00:05:39	00:36:52	00:05:34	00:15:44		A CORUÑA
718	1696	CARMEN FLORA TABOADA RODRIGUEZ	F- 118	VT3F- 9	00:37:26	00:05:39	00:36:33	00:05:32	00:18:12		VIGO
719	362	CESAR DIEGO DURAN		VT2M- 198	00:37:26	00:05:39	00:37:16	00:05:38	00:16:28		LA CORUÑA
720	1580	IRENE ALFONSO MARQUÉS	F- 119	SNF- 40	00:37:26	00:05:40	00:36:17	00:05:29	00:16:47		BETANZOS
721	158	JOSE ANGEL TEIJO LÓPEZ		VT2M- 199	00:37:29	00:05:40	00:36:38	00:05:32	00:16:34	MANDEO MULTISPORT (AS VELLAS NON PARAMC	BETANZOS
722	153	FRANCISCO FUENTES BERMEJO		VT3M- 88	00:37:29	00:05:40	00:35:57	00:05:26	00:17:37	LEONES RUNNING TEAM	LA CORUÑA
723	292	SANTIAGO ÁLVAREZ MARTÍNEZ		SNM- 163	00:37:30	00:05:40	00:37:20	00:05:39	00:16:03		A CORUÑA
724	186	MIGUEL DEZA RODRIGUEZ		VT2M- 200	00:37:30	00:05:40	00:36:21	00:05:30	00:17:21	AG 767352 PATUKOS	A CORUÑA
725	1341	BEATRIZ RODRÍGUEZ ROMERO	F- 120	VT2F- 40	00:37:32	00:05:40	00:36:14	00:05:29	00:16:45	CLUB DEL MAR - A CORUÑA	A CORUÑA
726	222	BLAS MIGUEL GARCÍA GARCÍA		SNM- 164	00:37:32	00:05:40	00:36:29	00:05:31	00:16:37	TEAM FINISHER	CARRAL
727	1912	FERNANDO CUADRADO GARCIA		SNM- 165	00:37:34	00:05:41	00:37:08	00:05:37	00:15:41		A CORUÑA
728	1621	DANIEL PÉREZ OTERO		VT1M- 124	00:37:35	00:05:41	00:36:48	00:05:34	00:16:36	SIN CLUB	BARREIROS
729	458	RUBEN DARIO GARCIA MATOS		VT1M- 125	00:37:36	00:05:41	00:37:05	00:05:36	00:15:47		A CORUÑA
730	1493	TATIANA SEOANE OREONA	F- 121	SNF- 41	00:37:36	00:05:41	00:36:06	00:05:27	00:17:58		A CORUÑA
731	1371	LLANE ESTEVEZ GONZALEZ	F- 122	VT1F- 25	00:37:36	00:05:41	00:36:01	00:05:27	00:17:23	PAP	NARÓN
732	1131	JULIO ALBERTO SIMÓN BLANCO		VT3M- 89	00:37:37	00:05:41	00:36:44	00:05:33	00:16:33		A CORUÑA
733	680	TAMARA CAAMAÑO ROMERO	F- 123	SNF- 42	00:37:37	00:05:41	00:37:25	00:05:39	00:16:00		CARNOTA
734	693	BELEN F.C.	F- 124	VT1F- 26	00:37:37	00:05:41	00:36:58	00:05:35	00:16:24		A CORUÑA
735	291	PABLO MONTAÑÉS FERNÁNDEZ		VT1M- 126	00:37:40	00:05:42	00:37:31	00:05:40	00:16:03		A CORUÑA
736	165	MARCELO GABRIEL TRIPODI		VT3M- 90	00:37:41	00:05:42	00:36:19	00:05:29	00:17:59	MIXMASTER RUNNING	A CORUÑA
737	1389	EVA FREIRE MARQUÉS	F- 125	VT3F- 10	00:37:41	00:05:42	00:36:32	00:05:31	00:17:26		O SEIXO
738	1134	MANUEL SÁNCHEZ RODRÍGUEZ		SNM- 166	00:37:43	00:05:42	00:36:23	00:05:30	00:18:33		A CORUÑA
739	1295	RAÚL BLANCO RUBIO		VT1M- 127	00:37:44	00:05:42	00:36:13	00:05:28	00:17:28		MADRID
740	696	ARANZA ATANES	F- 126	SNF- 43	00:37:46	00:05:42	00:36:56	00:05:35	00:17:44		A CORUÑA
741	1012	PABLO POMBO FERNÁNDEZ		VT2M- 201	00:37:47	00:05:43	00:35:56	00:05:26	00:18:05	CD GAS NATURAL FENOSA	A CORUÑA
742	419	EMILIO SANGIL DEL RIO		VT3M- 91	00:37:47	00:05:43	00:36:30	00:05:31	00:16:37		A CORUÑA
743	654	SUSANA GOYANES MARTINEZ	F- 127	VT2F- 41	00:37:48	00:05:43	00:36:51	00:05:34	00:16:51	RUNNING OLEIROS	A CORUÑA
744	1640	JORGE IGLESIAS HERRERO		VT2M- 202	00:37:48	00:05:43	00:36:05	00:05:27	00:18:03		LA CORUÑA
745	1715	GEMA SUEIRAS CAL	F- 128	VT1F- 27	00:37:49	00:05:43	00:36:08	00:05:28	00:18:02		A CORUÑA
746	694	LYDIA MARTINEZ MOUTON	F- 129	VT3F- 11	00:37:49	00:05:43	00:37:40	00:05:42	00:16:01		ARTEIXO
747	1463	PATRICIA REIRIZ MEJUTO	F- 130	SNF- 44	00:37:49	00:05:43	00:36:42	00:05:33	00:17:35		A CORUÑA
748	738	ROSA MARIA SANDES FERNÁNDEZ	F- 131	VT4F- 4	00:37:49	00:05:43	00:37:29	00:05:40	00:16:39		A CORUÑA
749	280	MIGUEL ROMÁN BLANCO GARCÍA		VT1M- 128	00:37:50	00:05:43	00:37:12	00:05:37	00:17:12		A CORUÑA
750	648	CRISTINA BELLO MÉNDEZ	F- 132	VT1F- 28	00:37:51	00:05:43	00:36:43	00:05:33	00:17:35	NOSPORTLIMIT	LA CORUÑA



751	1373	CRISTINA FERREIRO BRANDON	F- 133	VT1F- 29	00:37:51	00:05:43	00:37:22	00:05:39	00:16:13		RUNNING OLEIROS	OLEIROS
752	631	NOEMÍ BOUZA ARECES	F- 134	VT2F- 42	00:37:51	00:05:43	00:37:16	00:05:38	00:17:04		LA MOCHILA DEL DEPORTE	A CORUÑA
753	475	DIEGO SUÁREZ GANTES		VT3M- 92	00:37:52	00:05:43	00:36:47	00:05:34	00:16:53			A CORUÑA
754	1567	NATALIA NOVO QUIZA	F- 135	SNF- 45	00:37:53	00:05:44	00:36:25	00:05:30	00:17:51			CARIÑO
755	1581	PATRICIA RODRIGUEZ RAMA	F- 136	VT1F- 30	00:37:54	00:05:44	00:37:02	00:05:36	00:17:02			A CORUÑA
756	590	NADIA MRIMICHE	F- 137	VT1F- 31	00:37:56	00:05:44	00:36:35	00:05:32	00:17:21		ATLETAS DE ACEA DE AMA	O BURGO - CULLEREDO
757	617	SORAYA VARELA BAO	F- 138	VT1F- 32	00:38:00	00:05:45	00:37:12	00:05:37	00:16:40		CLUB HERCULES TERMARIA	A CORUÑA
758	1354	LORENA GÓMEZ ROMERO	F- 139	SNF- 46	00:38:01	00:05:45	00:36:40	00:05:33	00:17:32		LA MOCHILA DEL DEPORTE	NOIA
759	1351	PAULA CARREGAL SOMME	F- 140	SUB23F- 4	00:38:03	00:05:45	00:37:32	00:05:40	00:16:32		LA MOCHILA DEL DEPORTE	A CORUÑA
760	676	LOLI RIAL CARBALLA	F- 141	VT1F- 33	00:38:04	00:05:45	00:37:32	00:05:40	00:16:51			A CORUÑA
761	1726	MARIA GARABOA MOSQUERA	F- 142	SNF- 47	00:38:07	00:05:46	00:36:51	00:05:34	00:17:29			A CORUÑA
762	1410	MARÍA RODRÍGUEZ SOUTO	F- 143	VT1F- 34	00:38:07	00:05:46	00:37:53	00:05:44	00:15:39			A CORUÑA
763	1114	JORGE ALONSO BATAN		SNM- 167	00:38:11	00:05:46	00:37:13	00:05:37	00:17:15			LUGO
764	1332	ANA MARIA TOUBES CARBALLEIRA	F- 144	VT2F- 43	00:38:11	00:05:46	00:38:00	00:05:45	00:16:58		CLUB ATLETISMO SADA	SANTA CRUZ
765	1479	GABRIELA CASARES FANZERES	F- 145	SNF- 48	00:38:12	00:05:46	00:37:52	00:05:43	00:17:05			A CORUÑA
766	1013	JUAN GONZÁLEZ ARES		VT2M- 203	00:38:13	00:05:47	00:36:35	00:05:32	00:18:23		CLUB ATLETICO SOBRADO XUVENTUDE	SOBRADO DOS MONXES
767	69	JOSÉ LUIS LÓPEZ RODRÍGUEZ		VT2M- 204	00:38:14	00:05:47	00:37:20	00:05:39	00:16:58		BEER RUNNERS CORUÑA	CULLEREDO
768	336	IVÁN ROIBÁS BLANCO		VT2M- 205	00:38:15	00:05:47	00:37:38	00:05:41	00:17:11			EL TEMPLE - CAMBRE
769	102	MANUEL NISTAL GARCIA		VT2M- 206	00:38:15	00:05:47	00:37:37	00:05:41	00:17:11		CLUB CICLISTA EO	A CORUÑA
770	635	SUSANA SOMME LÓPEZ	F- 146	VT2F- 44	00:38:16	00:05:47	00:37:44	00:05:42	00:16:32		LA MOCHILA DEL DEPORTE	A CORUÑA
771	883	ROCIO PENELAS CALAZA	F- 147	SNF- 49	00:38:17	00:05:47	00:38:09	00:05:46	00:16:27		CAMISETASLUGO.COM-AB FITNESS GIMNASIOS	LUGO
772	898	MARIA MENDEZ FERNANDEZ	F- 148	SNF- 50	00:38:17	00:05:47	00:38:09	00:05:46	00:16:26			A PONTENOVA
773	724	SONIA MARÍA CARRO RIOS	F- 149	VT2F- 45	00:38:17	00:05:47	00:37:49	00:05:43	00:16:54			A CORUÑA
774	1325	ALICIA NOVÁS VARELA	F- 150	SNF- 51	00:38:18	00:05:47	00:38:01	00:05:45	00:17:40		AD MONTE BRONDO	BAIO
775	1196	ALESSANDRO TESTA		SNM- 168	00:38:18	00:05:47	00:37:30	00:05:40	00:17:35			A CORUÑA
776	599	ROCÍO ALFONSO PITA	F- 151	VT2F- 46	00:38:19	00:05:47	00:37:25	00:05:39	00:17:00		BEER RUNNERS CORUÑA	CULLEREDO
777	1309	XESÚS GARRIDO GONZÁLEZ		VT2M- 207	00:38:19	00:05:48	00:37:56	00:05:44	00:17:18			A CORUÑA
778	529	SEGUNDO EIRAS SÁNCHEZ		VT2M- 208	00:38:21	00:05:48	00:36:36	00:05:32	00:17:33			LA CORUÑA
779	400	LUIS GAREA		VT3M- 93	00:38:23	00:05:48	00:37:49	00:05:43	00:16:18			A CORUÑA
780	674	PURY CAMPOS	F- 152	VT3F- 12	00:38:23	00:05:48	00:37:08	00:05:37	00:17:12			A CORUÑA
781	1649	SERGIO VÁZQUEZ FANDIÑO		VT1M- 129	00:38:25	00:05:48	00:37:48	00:05:43	00:16:54			SANTIAGO DE COMPOSTELA
782	1438	ALBA JIMENEZ	F- 153	SNF- 52	00:38:25	00:05:48	00:37:57	00:05:44	00:16:59			CORUÑA
783	1118	ANDRÉS LÓPEZ SARMIENTO		SNM- 169	00:38:25	00:05:48	00:36:53	00:05:34	00:18:32			A CORUÑA
784	1517	RAQUEL VAZQUEZ PEREZ	F- 154	VT1F- 35	00:38:26	00:05:49	00:37:01	00:05:36	00:18:13			EL TEMPLE
785	465	MANUEL VÁZQUEZ ALVEDRO		VT4M- 19	00:38:28	00:05:49	00:37:03	00:05:36	00:18:12			EL TEMPLE
786	1557	CARLOTA FERREIRA LEIRAS	F- 155	VT1F- 36	00:38:28	00:05:49	00:37:15	00:05:38	00:17:05			FERROL
787	1239	ANDREA GUIOTTO		VT3M- 94	00:38:29	00:05:49	00:37:54	00:05:44	00:16:34			CULLEREDO
788	1130	PEDRO LUIS FERNÁNDEZ SUÁREZ		VT3M- 95	00:38:29	00:05:49	00:37:39	00:05:41	00:16:53			LA CORUÑA
789	1444	LUCIA BUGALLO DEL PUERTO	F- 156	VT1F- 37	00:38:30	00:05:49	00:37:58	00:05:44	00:16:42			O BURGO
790	749	NOEMÍ RODRÍGUEZ CONDE	F- 157	VT1F- 38	00:38:31	00:05:49	00:37:00	00:05:35	00:17:36			A CORUÑA
791	1905	JAIME MAYORAL MÍGUEZ		VT2M- 209	00:38:33	00:05:50	00:37:30	00:05:40	00:18:13			A CORUÑA
792	556	DAVID DARRIBA GONZÁLEZ		VT1M- 130	00:38:33	00:05:50	00:37:10	00:05:37	00:17:34			A CORUÑA
793	559	JOSÉ LUIS ÁLVAREZ VIDAL		VT3M- 96	00:38:34	00:05:50	00:37:56	00:05:44	00:17:23			A CORUÑA
794	602	ÁNGELES AMOR GARCÍA	F- 158	VT2F- 47	00:38:35	00:05:50	00:38:01	00:05:45	00:16:35		CLUB ATLESTIMO SADA	SADA
795	339	ISMAEL ALDAO VIDAL		VT2M- 210	00:38:35	00:05:50	00:38:25	00:05:48	00:16:25			A CORUÑA
796	719	MARIA DEL CARMEN MIRANDA AMADO	F- 159	VT3F- 13	00:38:36	00:05:50	00:38:07	00:05:46	00:17:50			A CORUÑA
797	1247	LUIS GÓMEZ SANCHEZ		VT2M- 211	00:38:36	00:05:50	00:37:13	00:05:37	00:17:50			A CORUÑA
798	702	TERESA HERMIDA CALVEIRO	F- 160	SNF- 53	00:38:36	00:05:50	00:36:52	00:05:34	00:17:38			CORUÑA
799	764	MARTA MUÑOZ PÉREZ	F- 161	VT2F- 48	00:38:37	00:05:50	00:37:19	00:05:38	00:16:52			A CORUÑA
800	299	EMILIO J. PONTE BARBEITO		VT2M- 212	00:38:38	00:05:50	00:37:15	00:05:38	00:17:51			A CORUÑA
801	678	CLARA FERNANDEZ	F- 162	SNF- 54	00:38:40	00:05:51	00:37:38	00:05:41	00:17:26			A CORUÑA
802	1077	ADRIÁN CANEDO MARTÍNEZ		SNM- 170	00:38:42	00:05:51	00:37:04	00:05:36	00:18:29			A CORUÑA
803	1302	FRANCISCO OMIL PRIETO		VT3M- 97	00:38:44	00:05:51	00:34:37	00:05:14	00:19:02			CAMBRE
804	287	JESÚS BERNAL GÓMEZ		VT4M- 20	00:38:46	00:05:51	00:38:26	00:05:48	00:17:28			FERROL
805	300	RAMON MOSQUERA PAN		VT3M- 98	00:38:46	00:05:52	00:38:24	00:05:48	00:16:54			MIÑO
806	1184	JOSE ANGEL MORANO CAROLLO		VT3M- 99	00:38:46	00:05:52	00:37:59	00:05:44	00:16:56			MEICENDE
807	1708	TERESA ROSALIA PÉREZ CASTRO	F- 163	VT1F- 39	00:38:47	00:05:52	00:38:14	00:05:47	00:16:26			A CORUÑA
808	1679	ALEJANDRO BERNARDO DIAZ		SNM- 171	00:38:47	00:05:52	00:37:54	00:05:44	00:18:12			VIGO

809	1735	IRIA PROL TABOADA	F- 164 SNF- 55	00:38:47	00:05:52	00:37:54	00:05:44	00:18:12	A CORUÑA
810	1290	FERNANDO TRIGO MARTÍNEZ	VT2M- 213	00:38:49	00:05:52	00:37:11	00:05:37	00:17:01	A CORUÑA
811	1235	DIEGO VEGA SILVA	VT1M- 131	00:38:50	00:05:52	00:37:07	00:05:37	00:18:30	A CORUÑA
812	623	CRISTINA GOMEZ SUÁREZ	F- 165 SNF- 56	00:38:53	00:05:53	00:38:10	00:05:46	00:17:38	CLUB TRIATLÓN CORUÑA
813	1428	ROCÍO FERNÁNDEZ LARRAÑAGA	F- 166 SUB23F- 5	00:38:55	00:05:53	00:38:13	00:05:47	00:17:41	VIVEIRO
814	407	MANUEL VILAS SANCHEZ	VT3M- 100	00:38:55	00:05:53	00:38:35	00:05:50	00:15:56	A CORUÑA
815	781	MONTSERRAT CANOZA	F- 167 SNF- 57	00:38:56	00:05:53	00:38:45	00:05:51	00:15:59	LA CORUÑA
816	273	JAIME ESTÉVEZ VIDAL	VT2M- 214	00:38:59	00:05:53	00:38:01	00:05:45	00:17:53	A CORUÑA
817	1094	FRANCISCO PRADO	VT3M- 101	00:38:59	00:05:54	00:38:29	00:05:49	00:16:24	A CORUÑA
818	502	JOSE LUIS VILLAR MORCILLO	VT3M- 102	00:39:03	00:05:54	00:38:41	00:05:51	00:16:59	A CORUÑA
819	1319	DARÍO JORGE VEGA SILVA	SNM- 172	00:39:05	00:05:54	00:37:23	00:05:39	00:18:31	A CORUÑA
820	1911	ALBERTO DAVILA GONZÁLEZ	SNM- 173	00:39:06	00:05:55	00:38:12	00:05:46	00:17:10	A CORUÑA
821	245	BRAULIO SUAREZ GARCÍA	SNM- 174	00:39:10	00:05:55	00:38:11	00:05:46	00:20:18	A CORUÑA
822	1484	JULIA CASTRO VILLAVERDE	F- 168 VT2F- 49	00:39:11	00:05:55	00:37:23	00:05:39	00:17:45	A CORUÑA
823	1258	ALEJANDRO LOUREDA ALVAREZ	VT2M- 215	00:39:12	00:05:55	00:38:46	00:05:52	00:17:41	A CORUÑA
824	1683	MARÍA VICTORIA GONZÁLEZ RIVAS	F- 169 VT2F- 50	00:39:13	00:05:56	00:38:30	00:05:49	00:18:06	CANTALARRANATEAM
825	1316	RAFA PENA PEREZ	VT2M- 216	00:39:13	00:05:56	00:38:29	00:05:49	00:18:05	SADA
826	682	ARANTXA ABAD PEREZ	F- 170 VT2F- 51	00:39:14	00:05:56	00:38:49	00:05:52	00:17:27	A CORUÑA
827	896	NATY DOBARRIO CAMPOS	F- 171 VT1F- 40	00:39:16	00:05:56	00:38:48	00:05:52	00:17:50	A CORUÑA
828	1111	ANTONIO RAMOS ALONSO	SNM- 175	00:39:17	00:05:56	00:38:38	00:05:50	00:17:01	LA CORUÑA
829	1461	FERNANDA RAMOS RODRIGUEZ	F- 172 VT2F- 52	00:39:17	00:05:56	00:38:07	00:05:46	00:18:30	A CORUÑA
830	1655	ALBERTO GENDE	SNM- 176	00:39:17	00:05:56	00:37:30	00:05:40	00:19:28	A CORUÑA
831	838	JAVIER RODRIGUEZ PEREZ	VT2M- 217	00:39:18	00:05:56	00:37:38	00:05:41	00:18:28	BEGONTE
832	740	MARÍA LUISA MATEO CASAÑEZ	F- 173 VT2F- 53	00:39:18	00:05:56	00:38:26	00:05:48	00:17:18	LA CORUÑA
833	1265	JOSÉ QUINTELA GARCÍA	VT3M- 103	00:39:19	00:05:56	00:38:29	00:05:49	00:16:36	CORUÑA
834	12	FERNANDO ALVAREZ UDE PARDO	VT1M- 132	00:39:21	00:05:57	00:37:48	00:05:43	00:18:21	ACCENTURE
835	428	JORGE BLANCO MARTIÑO	VT1M- 133	00:39:26	00:05:58	00:38:18	00:05:47	00:17:36	A CORUÑA
836	93	ANTONIO FRANCO RUIZ	VT4M- 21	00:39:29	00:05:58	00:39:04	00:05:54	00:16:57	CLUB ATLETISMO SADA
837	607	ANA MARIA SANCHEZ MANTEIGA	F- 174 VT2F- 54	00:39:30	00:05:58	00:38:30	00:05:49	00:17:51	CLUB ATLETISMO SADA
838	1357	MARIA HERMIDA CARBALLO	F- 175 VT2F- 55	00:39:31	00:05:58	00:38:56	00:05:53	00:17:14	LA MOCHILA DEL DEPORTE
839	513	VICTOR FRANCOS VAZQUEZ	VT2M- 218	00:39:31	00:05:58	00:38:57	00:05:53	00:17:13	A CORUÑA
840	1277	JOSE CASIANO DIAZ BUSTELO	VT2M- 219	00:39:31	00:05:58	00:39:12	00:05:55	00:16:51	CORUÑA
841	321	MIGUEL ANGEL VILARIÑO NUÑEZ	VT2M- 220	00:39:31	00:05:58	00:38:31	00:05:49	00:17:27	LA CORUÑA
842	1490	ARIANA BUSTO GANTES	F- 176 SNF- 58	00:39:32	00:05:58	00:38:00	00:05:45	00:17:58	A CORUÑA
843	433	FRANCISCO PIQUER MORENO	SNM- 177	00:39:32	00:05:58	00:38:01	00:05:45	00:17:58	A CORUÑA
844	1701	PAULA GARCÍA FEIJOO	F- 177 VT2F- 56	00:39:32	00:05:58	00:38:16	00:05:47	00:17:32	LA CORUÑA
845	894	ESTÍBALIZ VEIGA VEIGA	F- 178 VT1F- 41	00:39:33	00:05:59	00:38:25	00:05:48	00:17:57	A CORUÑA
846	1226	MIGUEL FERRERO VARELA	VT2M- 221	00:39:33	00:05:59	00:38:45	00:05:51	00:17:30	A CORUÑA
847	663	MARÍA LUZ RODRÍGUEZ GARCÍA	F- 179 VT2F- 57	00:39:34	00:05:59	00:38:37	00:05:50	00:17:44	A CORUÑA
848	1497	REBECA PELAEZ SUAREZ	F- 180 SNF- 59	00:39:35	00:05:59	00:37:51	00:05:43	00:19:03	ELVIÑA
849	837	MANUEL RAMUDO PRIETO	VT3M- 104	00:39:35	00:05:59	00:38:28	00:05:49	00:17:57	CAMBRE
850	236	JOSÉ ALBERTO LODEIRO SÁNCHEZ	VT3M- 105	00:39:35	00:05:59	00:38:37	00:05:50	00:17:44	A CORUÑA
851	644	MANUELA FILGUEIRAS BARRO	F- 181 VT3F- 14	00:39:35	00:05:59	00:38:13	00:05:46	00:17:46	MFB
852	43	MIGUEL ANGEL GONZALEZ TALAVERO	VT3M- 106	00:39:36	00:05:59	00:38:13	00:05:47	00:18:09	ATLETAS DE ACEA DE AMA
853	1646	MIGUEL SEJO PÉREZ	VT1M- 134	00:39:36	00:05:59	00:37:49	00:05:43	00:19:29	A CORUÑA
854	638	MARTA GONZÁLEZ RAMOS	F- 182 VT2F- 58	00:39:36	00:05:59	00:39:02	00:05:54	00:17:04	LA MOCHILA DEL DEPORTE
855	1329	MARINA MARTÍNEZ CID	F- 183 VT3F- 15	00:39:37	00:05:59	00:39:08	00:05:55	00:17:35	ATHLETICS FISIOTERAPIA SAN LÁZARO
856	850	JOSE MANUEL SEJO PEREZ	VT2M- 222	00:39:37	00:05:59	00:37:51	00:05:43	00:19:28	A CORUÑA
857	1273	FERNANDO VEIGA DOPICO	VT3M- 107	00:39:38	00:05:59	00:38:41	00:05:51	00:18:08	PADERNE
858	1224	JOSÉ VEIGA DOPICO	VT2M- 223	00:39:38	00:05:59	00:38:42	00:05:51	00:18:08	BETANZOS
859	732	MARTA MELLA SEIJIDO	F- 184 VT1F- 42	00:39:38	00:05:59	00:39:10	00:05:55	00:17:34	EL TEMPLE, CAMBRE
860	369	MANUEL LÓPEZ ROIBÁS	VT3M- 108	00:39:40	00:06:00	00:39:11	00:05:55	00:17:51	A CORUÑA
861	689	IRIA FERNANDEZ RODRIGUEZ	F- 185 SNF- 60	00:39:40	00:06:00	00:39:11	00:05:55	00:17:51	A CORUÑA
862	730	MARIA ISABEL DOMÍNGUEZ GARCÍA	F- 186 VT3F- 16	00:39:41	00:06:00	00:39:12	00:05:55	00:17:51	LA CORUÑA
863	503	JOSE IGNACIO SANCHEZ GARCIA	VT2M- 224	00:39:43	00:06:00	00:38:27	00:05:49	00:17:25	CULLEREDO
864	380	LUIS ALBERTO FERNÁNDEZ PARADA	VT2M- 225	00:39:44	00:06:00	00:38:59	00:05:53	00:17:20	CAMBRE
865	1596	JOCELYN MACEIRAS	F- 187 SNF- 61	00:39:46	00:06:01	00:39:15	00:05:56	00:16:58	A CORUÑA
866	1423	CARMEN GARCÍA SEOANE	F- 188 SNF- 62	00:39:47	00:06:01	00:38:30	00:05:49	00:18:21	A CORUÑA

867	265	JOSE MANUEL GARCÍA CACABELOS		VT3M- 109	00:39:47	00:06:01	00:38:31	00:05:49	00:18:05			A CORUÑA
868	1609	ISABEL PEREIRA CARPINTERO	F- 189	VT2F- 59	00:39:47	00:06:01	00:38:04	00:05:45	00:18:42			SANTA CRUZ-OLEIROS
869	789	SONIA QUINTÁ MANCEBO	F- 190	VT2F- 60	00:39:49	00:06:01	00:38:07	00:05:46	00:18:41			A CORUÑA
870	786	MARÍA DEL CARMEN TRILLO GRILLE	F- 191	SUB23F- 6	00:39:50	00:06:01	00:38:10	00:05:46	00:18:23			DUMBRÍA
871	727	MARIA VAZQUEZ AVILES	F- 192	VT1F- 43	00:39:51	00:06:01	00:39:08	00:05:55	00:17:53			A CORUÑA
872	1109	ROBERTO PEREZ LOPEZ		VT1M- 135	00:39:51	00:06:01	00:39:12	00:05:55	00:17:14			CULLEREDO
873	1495	CHELO NAYA CENDON	F- 193	VT2F- 61	00:39:56	00:06:02	00:39:44	00:06:00	00:17:09			BERGONDO
874	34	MANUEL GARCÍA GARCÍA		VT4M- 22	00:39:59	00:06:03	00:38:50	00:05:52	00:17:46		ATLETA PARTICULAR	A CORUÑA
875	1638	VÍCTOR ROCA VÁZQUEZ		VT2M- 226	00:40:00	00:06:03	00:37:22	00:05:39	00:18:08			A CORUÑA
876	180	FRANCISCO RODRIGUEZ GARRIDO		SNM- 178	00:40:00	00:06:03	00:38:46	00:05:51	00:17:55		NOSPORTLIMIT	OLEIROS
877	1071	OSCAR GARCIA MACEIRAS		VT2M- 227	00:40:01	00:06:03	00:39:14	00:05:56	00:17:50			A CORUÑA
878	1216	OSCAR RODRIGUEZ MACIA		VT2M- 228	00:40:03	00:06:03	00:39:07	00:05:55	00:17:45			A CORUÑA
879	1089	JESÚS MANUEL COUSILLAS DOURADO		SNM- 179	00:40:04	00:06:03	00:39:42	00:06:00	00:17:04			LA CORUÑA
880	87	JULIO ESCALANTE DIEGO		VT4M- 23	00:40:05	00:06:03	00:39:40	00:06:00	00:18:01	AG 2021344	CLUB ATLETISMO SADA	BERGONDO
881	86	JAVIER PEREIRA GONZÁLEZ		VT3M- 110	00:40:05	00:06:03	00:39:40	00:06:00	00:18:01	AG 2024029	CLUB ATLETISMO SADA	OZA-CESURAS
882	538	ROGELIO MANUEL PEREZ MIÑONES		VT3M- 111	00:40:06	00:06:04	00:38:35	00:05:50	00:18:29			A CORUÑA
883	779	MARÍA DEL ROSARIO CRESPO MERELAS	F- 194	VT3F- 17	00:40:06	00:06:04	00:38:36	00:05:50	00:18:28			A CORUÑA
884	836	JESUS FRANCISCO ORGUEIRA TOJA		VT3M- 112	00:40:09	00:06:04	00:39:19	00:05:57	00:17:31			CULLEREDO
885	1732	EREA MOURENZA PATIÑO	F- 195	SNF- 63	00:40:10	00:06:04	00:38:29	00:05:49	00:19:01			A CORUÑA
886	406	JUAN JOSÉ GÓMEZ CORTÉS		VT2M- 229	00:40:10	00:06:04	00:38:53	00:05:53	00:17:31			OLEIROS
887	323	DAVID DÍAZ PÉREZ		VT1M- 136	00:40:12	00:06:05	00:38:51	00:05:52	00:18:39			CORUÑA
888	861	ADRIAN FERNANDEZ CARBALLEIRA		VT1M- 137	00:40:14	00:06:05	00:39:01	00:05:54	00:17:59			CULLEREDO
889	1719	ISABEL VÁZQUEZ MOAR	F- 196	VT1F- 44	00:40:14	00:06:05	00:39:01	00:05:54	00:17:47			CULLEREDO
890	589	M.CRUZ RODRIGUEZ SUAREZ	F- 197	VT2F- 62	00:40:15	00:06:05	00:39:15	00:05:56	00:17:42		ATLETAS DE ACEA DE AMA	A CORUÑA
891	798	VANESSA GARCIA	F- 198	VT1F- 45	00:40:16	00:06:05	00:38:59	00:05:53	00:18:31			VALENCIA
892	1409	SARA SALGADO MARTÍN	F- 199	SNF- 64	00:40:18	00:06:05	00:38:54	00:05:53	00:18:32			A CORUÑA
893	722	MARTA ESPERANZA LLERA	F- 200	SNF- 65	00:40:18	00:06:05	00:39:18	00:05:56	00:18:28			A CORUÑA
894	1091	ANTONIO CORRAL OSSORIO		VT2M- 230	00:40:18	00:06:05	00:38:54	00:05:53	00:18:32			LA CORUÑA
895	611	NOELIA FUENTES VARA	F- 201	SNF- 66	00:40:19	00:06:06	00:39:22	00:05:57	00:18:18		CLUB ATLETISMO SADA	CARRAL
896	1257	ÁNGEL INSUA COSTA		SNM- 180	00:40:20	00:06:06	00:36:37	00:05:32	00:20:14			ABEGONDO
897	1611	NURIA MANTEIGA URBÓN	F- 202	VT2F- 63	00:40:22	00:06:06	00:39:47	00:06:01	00:17:32			CAMBRE
898	606	YANINE ACOSTA NEVES	F- 203	SNF- 67	00:40:22	00:06:06	00:40:04	00:06:03	00:16:21	AG2026218	CLUB ATLETISMO SADA	SADA
899	359	MARTIN RIVERO DIAZ		SNM- 181	00:40:23	00:06:06	00:40:05	00:06:03	00:16:22			SADA
900	121	DIEGO SOTO VIÑAS		VT2M- 231	00:40:23	00:06:06	00:39:49	00:06:01	00:17:32		CLUB TRIATLON CORUÑA	CAMBRE
901	814	ALEJANDRO ENRIQUEZ VARELA		VT1M- 138	00:40:23	00:06:06	00:39:11	00:05:55	00:18:22		FUBASA LEGENDS	A CORUÑA
902	249	EMILIO ALCALA ZAMORA CANEL		VT3M- 113	00:40:24	00:06:06	00:39:27	00:05:58	00:19:22			A CORUNA
903	1064	JOSE ANTONIO ALONSO GARCIA		SNM- 182	00:40:25	00:06:07	00:38:48	00:05:52	00:18:55			A CORUÑA
904	1195	MIGUEL SANTIAGO FERNÁNDEZ ARMESTO		SNM- 183	00:40:28	00:06:07	00:37:52	00:05:43	00:19:04			A CORUÑA
905	1540	MARÍA PIÑEIRO	F- 204	VT2F- 64	00:40:30	00:06:07	00:39:07	00:05:55	00:18:17			A CORUÑA
906	746	BELEN RODRÍGUEZ SALAS	F- 205	VT3F- 18	00:40:32	00:06:08	00:39:35	00:05:59	00:19:22			A CORUÑA
907	1169	IELTXU SAINZ LOPEZ		VT1M- 139	00:40:33	00:06:08	00:40:20	00:06:06	00:18:55			A CORUÑA
908	788	BELÉN MERELAS PÉREZ	F- 206	VT2F- 65	00:40:35	00:06:08	00:38:54	00:05:53	00:18:40			LA CORUÑA
909	1616	HERNÁN GARCÍA AMELIO		VT2M- 232	00:40:36	00:06:08	00:39:33	00:05:59	00:18:52		CLUBE-ESCOLA ATLETISMO DEZA	LALIN
910	886	VANESA INSAURRALDE RAMIREZ	F- 207	VT1F- 46	00:40:36	00:06:08	00:39:32	00:05:59	00:18:52	AG 2026350	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
911	1501	SILVIA BECERRA FRAGA	F- 208	SNF- 68	00:40:39	00:06:09	00:40:25	00:06:06	00:17:49			A CORUÑA
912	1588	MÓNICA ALEMPARTE COUCEIRO	F- 209	VT2F- 66	00:40:40	00:06:09	00:39:52	00:06:01	00:18:40			BETANZOS
913	1587	CRISTINA DOVAL SUÁREZ	F- 210	VT2F- 67	00:40:40	00:06:09	00:39:51	00:06:01	00:18:40			BETANZOS
914	221	ANTONIO GONZÁLEZ FRANCO		VT3M- 114	00:40:42	00:06:09	00:39:43	00:06:00	00:17:48		TEAM DAFIT O CONCO-DUMBRÍA	CEE
915	1033	EVARISTO MARTINEZ BARALLOBRE		VT3M- 115	00:40:43	00:06:09	00:38:58	00:05:53	00:19:34		CRAT - UDC	A CORUÑA
916	1604	JOANA CATERINA PUJADAS SEGUI	F- 211	SNF- 69	00:40:47	00:06:10	00:39:05	00:05:54	00:19:43			INCA
917	1705	ADAIRS ALCÁNTARA ADAMES	F- 212	VT2F- 68	00:40:47	00:06:10	00:39:44	00:06:00	00:18:46			A CORUÑA
918	1415	LUCÍA VÁZQUEZ	F- 213	VT1F- 47	00:40:49	00:06:10	00:39:38	00:05:59	00:18:29			A CORUÑA
919	1056	ANTONIO PRIETO GONZÁLEZ		SNM- 184	00:40:50	00:06:10	00:39:09	00:05:55	00:18:38			A CORUÑA
920	1234	GABRIEL MARTIN MORALES		VT4M- 24	00:40:50	00:06:10	00:40:28	00:06:07	00:16:54			A CORUÑA
921	1400	MARÍA ESTHER VIDAL MENDOZA	F- 214	SNF- 70	00:40:55	00:06:11	00:40:05	00:06:03	00:17:58			SANTIAGO DE COMPOSTELA
922	1690	MARÍA DE LOS ÁNGELES BAILÓN SEIJAS	F- 215	VT2F- 69	00:40:58	00:06:11	00:40:27	00:06:07	00:17:56		RUNNING OLEIROS	OLEIROS
923	782	MARIA DOMINGUEZ GARCIA	F- 216	SNF- 71	00:40:58	00:06:11	00:39:43	00:06:00	00:17:57			OLEIROS
924	1626	JOSE DUARTE PASTORIZA		VT2M- 233	00:40:58	00:06:12	00:40:26	00:06:07	00:17:56			OLEIROS

925	642	BEATRIZ GONZALEZ MACEIRA	F- 217	VT2F- 70	00:40:59	00:06:12	00:39:36	00:05:59	00:18:17	LA MOCHILADEL DEPORTE	A CORUÑA
926	1384	BEATRIZ SANTOS GARRIDO	F- 218	VT3F- 19	00:40:59	00:06:12	00:40:27	00:06:07	00:17:56		OLEIROS
927	1127	EDUARDO GARCIA SANTIAGO		VT3M- 116	00:40:59	00:06:12	00:40:03	00:06:03	00:18:54		A LARACHA
928	1307	MANUEL ANDRÉS DOCAMPO SEOANE		VT2M- 234	00:41:00	00:06:12	00:39:24	00:05:57	00:18:50		LA CORUÑA
929	1645	JUAN OTERO		VT1M- 140	00:41:01	00:06:12	00:39:24	00:05:57	00:18:49		A CORUÑA
930	1442	PILAR FERNANDEZ MOSQUERA	F- 219	VT4F- 5	00:41:02	00:06:12	00:40:37	00:06:08	00:18:20		A CORUÑA
931	1182	PABLO RODRÍGUEZ PÉREZ		SNM- 185	00:41:04	00:06:12	00:39:48	00:06:01	00:18:39		A CORUÑA
932	670	MARINA RODRÍGUEZ CARIDE	F- 220	VT2F- 71	00:41:05	00:06:13	00:40:06	00:06:04	00:19:24		A CORUÑA
933	1627	JOSÉ GENARO BARRÓS PENEDO		VT2M- 235	00:41:06	00:06:13	00:40:00	00:06:03	00:18:36		LA CORUÑA
934	1362	MARÍA BEGOÑA VÁZQUEZ FERNÁNDEZ	F- 221	VT2F- 72	00:41:06	00:06:13	00:39:35	00:05:59	00:17:53	MANDEO MULTISPORT (AS VELLAS NON PARAMC	ARTEIXO
935	1702	MARÍA VICTORIA ARES SÁNCHEZ	F- 222	VT2F- 73	00:41:07	00:06:13	00:40:01	00:06:03	00:18:36		LA CORUÑA
936	598	PILAR VAZQUEZ FEBRERO	F- 223	VT1F- 48	00:41:08	00:06:13	00:40:14	00:06:05	00:18:27	BEER RUNNERS CORUÑA	A CORUÑA
937	239	OSCAR COSTALAGO ASTRAY		VT2M- 236	00:41:09	00:06:13	00:40:07	00:06:04	00:18:43		A CORUÑA
938	1669	DANIEL MAYOR CAAMAÑO		SNM- 186	00:41:09	00:06:13	00:39:36	00:05:59	00:20:53		A CORUÑA
939	1251	JERONIMO CABANA		VT2M- 237	00:41:09	00:06:13	00:39:51	00:06:01	00:18:44		A CORUÑA
940	1530	SARA VALLE	F- 224	SNF- 72	00:41:10	00:06:13	00:39:27	00:05:58	00:18:40		A CORUÑA
941	876	ABEL VALE LÓPEZ		SNM- 187	00:41:13	00:06:14	00:39:51	00:06:01	00:18:35		VIVEIRO
942	1654	JONATHAN MADUEÑO CASAS		SNM- 188	00:41:14	00:06:14	00:39:27	00:05:58	00:19:30		A CORUÑA
943	1275	JUAN ALBERTO SÁNCHEZ INSUA		VT1M- 141	00:41:15	00:06:14	00:39:42	00:06:00	00:20:56		A CORUÑA
944	872	PABLO NEIRA FERNANDEZ		SNM- 189	00:41:17	00:06:14	00:39:38	00:05:59	00:18:28		A CORUÑA
945	548	JOSÉ ANTONIO VÁZQUEZ LISTE		SNM- 190	00:41:18	00:06:14	00:39:38	00:05:59	00:18:28		CORUÑA
946	1106	ROBERTO RODRÍGUEZ DOPICO		SNM- 191	00:41:18	00:06:14	00:40:25	00:06:06	00:18:01		A CORUÑA
947	1510	ELSA MINGUEZ JIMENO	F- 225	SNF- 73	00:41:20	00:06:15	00:40:15	00:06:05	00:18:31		A CORUÑA
948	1330	SILVIA CANDIA EXPOSITO	F- 226	VT1F- 49	00:41:23	00:06:15	00:40:12	00:06:04	00:19:23	CATEGORÍA ABSOLUTA	A CORUÑA
949	1536	ANGELES AREA TEIJEIRO	F- 227	VT3F- 20	00:41:25	00:06:15	00:41:07	00:06:13	00:18:04		A CORUÑA
950	892	VERÓNICA IGLESIAS FUSTES	F- 228	VT1F- 50	00:41:26	00:06:16	00:40:31	00:06:07	00:18:27		LA CORUÑA
951	1397	ROSARIO ALBA CAAMAÑO MALDONADO	F- 229	VT3F- 21	00:41:28	00:06:16	00:40:17	00:06:05	00:19:23		A CORUÑA
952	1513	CARMEN MATEO SUÁREZ-PUMARIEGA	F- 230	SNF- 74	00:41:28	00:06:16	00:40:22	00:06:06	00:18:32		LA CORUÑA
953	1602	CLAUDIA PEREYRA GONZÁLEZ	F- 231	VT2F- 74	00:41:29	00:06:16	00:39:41	00:06:00	00:19:33		A CORUÑA
954	1470	ISABEL PIZARRO PALMA	F- 232	SNF- 75	00:41:30	00:06:16	00:40:45	00:06:09	00:18:36		A CORUÑA
955	453	DANIEL ROMERO DURAN		VT2M- 238	00:41:35	00:06:17	00:40:06	00:06:04	00:19:07		CORCUBION
956	1250	DAVID CORTÉS TOJEIRO		SNM- 192	00:41:35	00:06:17	00:40:14	00:06:05	00:20:31		O TEMPLE
957	748	BEATRIZ MANDIAN BLANCO	F- 233	VT2F- 75	00:41:35	00:06:17	00:40:06	00:06:04	00:19:07		A CORUÑA
958	1498	CRISTINA GARCÍA SEOANE	F- 234	VT2F- 76	00:41:36	00:06:17	00:40:48	00:06:10	00:16:17		LA CORUÑA
959	1348	MARIA CEAN	F- 235	SNF- 76	00:41:36	00:06:17	00:40:23	00:06:06	00:18:51	GLOBAL SPORT CLUB	CULLEREDO
960	795	VERÓNICA FEAS SAAVEDRA	F- 236	VT3F- 22	00:41:36	00:06:17	00:40:39	00:06:09	00:19:21		A CORUÑA
961	1751	EDUARDO SOUTO VAZQUEZ		VT3M- 117	00:41:36	00:06:17	00:40:00	00:06:03	00:19:00	NOSPORTLIMIT	A CORUÑA
962	1168	DANIEL SÁNCHEZ LANES		SNM- 193	00:41:37	00:06:17	00:40:24	00:06:06	00:19:03		VILLARDEFRADES
963	1500	REBECA MEIJE AMOR	F- 237	SNF- 77	00:41:37	00:06:17	00:40:24	00:06:06	00:19:03		CARRAL
964	650	MAR MARTINEZ FRIGOLA	F- 238	VT2F- 77	00:41:37	00:06:17	00:40:00	00:06:03	00:19:00	NOSPORTLIMIT	MERA (OLEIROS)
965	448	IGNACIO FRAGA RUSO		SNM- 194	00:41:39	00:06:18	00:40:37	00:06:08	00:19:23		A CORUÑA
966	1328	MARIA JESÚS MARTÍNEZ BARBEITO	F- 239	VT2F- 78	00:41:39	00:06:18	00:41:09	00:06:13	00:18:22	ATLETAS DE ACEA DE AMA	O BURGO
967	83	FRANCISCO SOBRINO MOSQUERA		VT4M- 25	00:41:42	00:06:18	00:40:35	00:06:08	00:19:31	CLUB ATLETISMO SADA	OLEIROS
968	895	BEGOÑA SAMBADE CAAMAÑO	F- 240	VT1F- 51	00:41:44	00:06:18	00:40:26	00:06:07	00:19:37		CEE
969	901	MARI LEMA SANDE	F- 241	SNF- 78	00:41:44	00:06:18	00:40:26	00:06:07	00:19:38		DUMBRIA
970	728	CLAUDIA LOUZAN SUAREZ	F- 242	VT1F- 52	00:41:45	00:06:19	00:40:27	00:06:07	00:19:38		FINISTERRE
971	900	IRIA DOMINGUEZ MARTINEZ	F- 243	SNF- 79	00:41:46	00:06:19	00:40:27	00:06:07	00:19:38		DUMBRIA
972	704	Mª GLORIA OREIRO PAZOS	F- 244	VT3F- 23	00:41:46	00:06:19	00:41:12	00:06:14	00:18:15		PERILLO - OLEIROS
973	441	MANUEL GONZALEZ PEREIRA		VT4M- 26	00:41:47	00:06:19	00:40:22	00:06:06	00:18:44		ARTEIXO
974	1460	SOLEDAD LUACES BOUSO	F- 245	VT2F- 79	00:41:48	00:06:19	00:40:48	00:06:10	00:19:05		A CORUÑA
975	1459	SANDRA YAÑEZ DIEGUEZ	F- 246	VT2F- 80	00:41:48	00:06:19	00:40:48	00:06:10	00:19:05		LA CORUÑA
976	1312	JOSE GONZÁLEZ MOSQUERA		VT4M- 27	00:41:49	00:06:19	00:40:59	00:06:12	00:18:01		CORUÑA
977	691	IRIA SUÁREZ DÍAZ	F- 247	VT1F- 53	00:41:52	00:06:20	00:40:39	00:06:09	00:18:47		A CORUÑA
978	625	ANDREA CABALEIRO VARELA	F- 248	SNF- 80	00:41:55	00:06:20	00:40:54	00:06:11	00:19:23	CORREDORA INDEPENDIENTE	OLEIROS
979	1538	SANDRA MARIÑAS BERDOMAS	F- 249	SNF- 81	00:41:55	00:06:20	00:40:59	00:06:12	00:18:49		CARRAL
980	1139	JOSE LUIS VEIGA CASTIBLANQUEZ		VT4M- 28	00:41:56	00:06:20	00:40:14	00:06:05	00:19:16		LA CORUÑA
981	132	CARLOS QUINTAS		VT3M- 118	00:41:57	00:06:20	00:40:30	00:06:07	00:19:52	CSC	A CORUÑA
982	575	FERNANDO CARMONA ELIZALDE		VT3M- 119	00:41:59	00:06:21	00:40:38	00:06:08	00:17:56		A CORUÑA

983	1418	LETICIA PACIOS RODRÍGUEZ	F- 250 SNF- 82	00:42:01	00:06:21	00:41:48	00:06:19	00:17:43		A CORUÑA
984	1096	ADRIÁN MÉNDEZ RODRÍGUEZ	SNM- 195	00:42:02	00:06:21	00:41:49	00:06:19	00:17:36		A CORUÑA
985	767	DORIS CAROLINA ESCALONA ESCALONA	F- 251 VT1F- 54	00:42:05	00:06:22	00:40:17	00:06:05	00:19:34		A CORUÑA
986	156	ENRIQUE BARRAL ALVEDRO	VT2M- 239	00:42:06	00:06:22	00:40:39	00:06:09	00:19:22	LICEO 50	A CORUÑA
987	1739	MELANIA VÁZQUEZ PEÓN	F- 252 SNF- 83	00:42:07	00:06:22	00:40:55	00:06:11	00:20:02		MUROS
988	1272	PABLO CASTRO CAAMAÑO	VT3M- 120	00:42:07	00:06:22	00:41:00	00:06:12	00:19:26		BERGONDO
989	1274	JOAQUÍN CASTRO CAAMAÑO	VT2M- 240	00:42:07	00:06:22	00:41:00	00:06:12	00:19:27		LOS PUENTES
990	328	MIGUEL CARBALLO CORRAL	SNM- 196	00:42:07	00:06:22	00:40:39	00:06:09	00:19:25		A CORUÑA
991	1439	ANA BORT RESPINO	F- 253 SUB20F- 2	00:42:09	00:06:22	00:41:16	00:06:14	00:16:05		A CORUÑA
992	1343	RAQUEL FORNOS GALLEGO	F- 254 VT1F- 55	00:42:10	00:06:22	00:41:22	00:06:15	00:18:27	CLUB HERCULES TERMARIA	CORUÑA
993	716	ÁNGELES RESPINO SOUTO	F- 255 VT2F- 81	00:42:10	00:06:22	00:40:49	00:06:10	00:18:37		A CORUÑA
994	1143	DAMIAN PIA CAO	SNM- 197	00:42:12	00:06:23	00:40:50	00:06:10	00:18:11		A CORUÑA
995	1733	MATILDE VÁZQUEZ PEÓN	F- 256 SNF- 84	00:42:12	00:06:23	00:41:00	00:06:12	00:20:03		MUROS
996	1338	TIRSA CHAVES MATEO	F- 257 VT3F- 24	00:42:14	00:06:23	00:41:12	00:06:14	00:19:02	CLUB ATLETISMO SADA	OLEIROS
997	1523	ESTRELLA MÁRQUEZ TORRES	F- 258 VT2F- 82	00:42:14	00:06:23	00:41:34	00:06:17	00:18:35		LA CORUÑA
998	1462	ANA FERRO IGLESIAS	F- 259 VT3F- 25	00:42:15	00:06:23	00:41:45	00:06:19	00:18:35		CORUÑA
999	1333	ELVA FERNÁNDEZ RODRIGUEZ	F- 260 VT3F- 26	00:42:17	00:06:23	00:41:52	00:06:20	00:17:42	CLUB ATLETISMO SADA	OLEIROS
1000	1261	JOSE JUAN VILA REY	VT3M- 121	00:42:18	00:06:23	00:41:14	00:06:14	00:19:03		OLEIROS
1001	564	YAGO BARROS FERNÁNDEZ	VT2M- 241	00:42:19	00:06:24	00:40:52	00:06:10	00:20:02		A CORUÑA
1002	1599	SIMONE CARRO ERIAS	F- 261 VT2F- 83	00:42:19	00:06:24	00:40:43	00:06:09	00:19:46		GUISAMO
1003	1441	OLALLA LOPEZ RODRIGUEZ	F- 262 SNF- 85	00:42:23	00:06:24	00:41:20	00:06:15	00:19:01		A CORUÑA
1004	1628	FRANCISCO JAVIER IGLESIAS DE LAS HERAS	VT2M- 242	00:42:25	00:06:25	00:41:09	00:06:13	00:19:19		A CORUÑA
1005	1166	RUDI C.F.	SNM- 198	00:42:25	00:06:25	00:40:41	00:06:09	00:19:04		A CORUÑA
1006	1427	CONCEPCION GARCIA DABRIO	F- 263 VT1F- 56	00:42:25	00:06:25	00:41:27	00:06:16	00:19:06		A CORUÑA
1007	765	PURI LÓPEZ FIDALGO	F- 264 VT3F- 27	00:42:26	00:06:25	00:41:13	00:06:14	00:19:24		CULLEREDO
1008	402	GONZALO LOPEZ MARTIN	VT3M- 122	00:42:26	00:06:25	00:40:48	00:06:10	00:19:21		A CORUÑA
1009	1041	SANTIAGO CAINZOS GARCIA	VT2M- 243	00:42:26	00:06:25	00:41:35	00:06:17	00:19:52	MANDEO MULTISPORT (AS VELLAS NON PARAMC	BETANZOS
1010	1367	NURIA CAMPOS NAVEIRA	F- 265 SNF- 86	00:42:27	00:06:25	00:41:36	00:06:17	00:19:52	MANDEO MULTISPORT (AS VELLAS NON PARAMC	A CORUÑA
1011	1590	SUSANA NEIRA CASCUDO	F- 266 SNF- 87	00:42:27	00:06:25	00:42:02	00:06:21	00:18:25		SADA
1012	1700	MARÍA JESUS GONZÁLEZ ENRIQUEZ	F- 267 VT2F- 84	00:42:27	00:06:25	00:41:11	00:06:13	00:19:20		LA CORUÑA
1013	1310	FERNANDO CARMONA	SNM- 199	00:42:28	00:06:25	00:40:51	00:06:10	00:19:50		A CORUÑA
1014	528	EDGAR ALBA BARRILE	VT2M- 244	00:42:29	00:06:25	00:41:27	00:06:16	00:19:17		LA CORUÑA
1015	1597	LORETO SILVOSO FUENTES	F- 268 VT2F- 85	00:42:31	00:06:25	00:41:53	00:06:20	00:17:52		A CORUÑA
1016	1585	ANTIA CASANOVA	F- 269 SNF- 88	00:42:35	00:06:26	00:41:33	00:06:17	00:19:46		CAMBRE
1017	1664	VALERIO JOSE DELGADO QUINTERO	SNM- 200	00:42:36	00:06:26	00:40:41	00:06:09	00:19:56		A CORUÑA
1018	1539	INÉS LÓPEZ SEANE	F- 270 SNF- 89	00:42:38	00:06:27	00:41:41	00:06:18	00:18:49		A CORUÑA
1019	1059	MIGUEL DE SANTIAGO MARÍN	VT2M- 245	00:42:40	00:06:27	00:41:44	00:06:18	00:18:44		LA CORUÑA
1020	620	NATALIA GARCÍA FEIJOÓ DE SOTOMAYOR	F- 271 VT2F- 86	00:42:43	00:06:27	00:41:57	00:06:20	00:20:00	AG2018885 CLUB LA MOCHILA DEL DEPORTE	BERGONDO
1021	677	CRISTINA LOPEZ LOPEZ	F- 272 SNF- 90	00:42:45	00:06:28	00:42:13	00:06:23	00:18:49		A CORUÑA
1022	585	CRISTINA SANCHEZ LOPEZ	F- 273 VT2F- 87	00:42:51	00:06:29	00:41:26	00:06:16	00:19:32	AD DOWNHILL	A LARACHA
1023	60	JAVIER LOPEZ MARTIN	VT3M- 123	00:42:52	00:06:29	00:41:14	00:06:14	00:19:21	ATLETISMO CLUB SOCIAL BANCO PASTOR	LA CORUÑA
1024	790	SONIA PEREZ PARDO	F- 274 VT3F- 28	00:42:52	00:06:29	00:41:23	00:06:15	00:19:21		A CORUÑA
1025	1591	HELENA DARRIBA	F- 275 SNF- 91	00:42:53	00:06:29	00:42:12	00:06:23	00:20:06		A CORUÑA
1026	1593	ANDREA OTERO	F- 276 SNF- 92	00:42:53	00:06:29	00:42:11	00:06:23	00:20:06		A CORUÑA
1027	1073	DAVID REY BOADO	VT1M- 142	00:42:55	00:06:29	00:41:50	00:06:19	00:20:09		A CORUÑA
1028	1741	NURIA BLANCO PAZ	F- 277 VT2F- 88	00:42:58	00:06:29	00:42:10	00:06:22	00:19:34	CD GAS NATURAL FENOSA	A CORUÑA
1029	735	BEGOÑA SÁNCHEZ ZABALA	F- 278 VT3F- 29	00:42:58	00:06:30	00:41:25	00:06:15	00:20:12		A CORUÑA
1030	762	LAURA FERNÁNDEZ PEREIRO	F- 279 VT2F- 89	00:43:00	00:06:30	00:42:00	00:06:21	00:19:27		A CORUÑA
1031	1486	LAURA VÁZQUEZ MIRANDA	F- 280 VT1F- 57	00:43:04	00:06:30	00:41:41	00:06:18	00:18:58		A CORUÑA
1032	1656	JUANILLO CORRAL SOTO	SNM- 201	00:43:05	00:06:31	00:41:45	00:06:19	00:21:22		A CORUÑA
1033	327	JOSE ANTONIO BOCELO PRIETO	VT3M- 124	00:43:11	00:06:31	00:41:59	00:06:21	00:20:27	NO	O TEMPLE
1034	1429	ELBA PITA FERNÁNDEZ	F- 281 SNF- 93	00:43:11	00:06:32	00:42:28	00:06:25	00:18:46		A CORUÑA
1035	1116	SERGIO BOADO SÁNCHEZ	VT1M- 143	00:43:12	00:06:32	00:41:25	00:06:16	00:19:49		CAMBRE
1036	256	JOSÉ JAVIER MAYO FERNANDEZ	VT2M- 246	00:43:17	00:06:32	00:42:00	00:06:21	00:20:38		ARTEIXO
1037	1317	JOSÉ MANUEL SANDE GARCIA	VT2M- 247	00:43:17	00:06:32	00:41:40	00:06:18	00:20:16		A CORUÑA
1038	1315	DANIEL DIAZ GRANDIO	VT1M- 144	00:43:17	00:06:32	00:41:39	00:06:18	00:20:15		A CORUÑA
1039	741	ISABEL PEREIRO PORTOS	F- 282 VT1F- 58	00:43:17	00:06:32	00:41:56	00:06:20	00:19:00		A CORUÑA
1040	1146	ANTONIO DÍAZ VILA	VT3M- 125	00:43:18	00:06:33	00:41:48	00:06:19	00:19:36		A CORUÑA



1041	1370	BELEN CARRERA IGLESIAS	F- 283	VT2F- 90	00:43:18	00:06:33	00:42:10	00:06:22	00:19:12	NOSPORTLIMIT	LA CORUNA
1042	1122	CARLOS ARÉS		VT3M- 126	00:43:19	00:06:33	00:41:40	00:06:18	00:20:15		A CORUÑA
1043	1709	HELENA SUÁREZ GÓMEZ	F- 284	VT1F- 59	00:43:21	00:06:33	00:43:06	00:06:31	00:18:37		LA CORUNA
1044	754	BERTA VAZQUEZ	F- 285	VT1F- 60	00:43:22	00:06:33	00:42:03	00:06:21	00:18:45		CORUÑA
1045	655	ROSA MOLDES	F- 286	VT2F- 91	00:43:22	00:06:33	00:43:06	00:06:31	00:18:37	RUNNING OLEIROS	LA CORUÑA
1046	1740	VICTORIA MARTÍNEZ VÁZQUEZ	F- 287	VT1F- 61	00:43:22	00:06:33	00:43:11	00:06:32	00:18:58		
1047	1378	MÍRIAM IGLESIAS ARMADA	F- 288	VT1F- 62	00:43:22	00:06:33	00:43:12	00:06:32	00:18:59		CORUÑA
1048	692	AURORA YENIL VARELA CABRERA	F- 289	VT1F- 63	00:43:24	00:06:33	00:42:07	00:06:22	00:18:54		LA CORUÑA
1049	610	MÓNICA PAZOS TORREIRO	F- 290	VT2F- 92	00:43:25	00:06:34	00:42:26	00:06:25	00:19:57	CLUB ATLETISMO SADA	A CORUÑA
1050	1614	CESAR GABIN CALVO		SNM- 202	00:43:26	00:06:34	00:42:41	00:06:27	00:17:42	CLUB CICLISTA DE VES EN CANDO CAION	ARTEIXO
1051	1366	LUCIA NÚÑEZ VÁZQUEZ	F- 291	SNF- 94	00:43:27	00:06:34	00:42:34	00:06:26	00:19:54	MANDEO MULTISPORT (AS VELLAS NON PARAMC	BETANZOS
1052	1156	DANIEL MARTÍNEZ TORREIRO		SNM- 203	00:43:27	00:06:34	00:42:35	00:06:26	00:19:04		A CORUÑA
1053	1914	ANDREIA KUHN SOUZA	F- 292	VT1F- 64	00:43:30	00:06:34	00:42:38	00:06:27	00:19:53	AS VELLAS NON PARAN	BETANZOS
1054	1264	DAVID GARCIA		VT2M- 248	00:43:31	00:06:34	00:42:26	00:06:25	00:19:28		LA CORUNA
1055	1403	ANA GUERRA GARCÍA	F- 293	VT1F- 65	00:43:31	00:06:35	00:42:27	00:06:25	00:19:28		LA CORUÑA
1056	444	ÁNGEL HERMIDA OTERO		VT2M- 249	00:43:31	00:06:35	00:42:03	00:06:21	00:18:56		CULLEREDO
1057	1684	EDITA ANIDO COSTA	F- 294	VT2F- 93	00:43:32	00:06:35	00:42:30	00:06:25	00:19:57	CLUB ATLETISMO SADA	PERILLO-OLEIROS
1058	185	ANTONIO CIUDAD PEREIRA		VT4M- 29	00:43:32	00:06:35	00:42:25	00:06:25	00:19:35	PATUKOS	A CORUÑA
1059	755	ALMA BLANCO PITA	F- 295	VT2F- 94	00:43:34	00:06:35	00:42:37	00:06:26	00:19:26		A CORUÑA
1060	1324	ANA ALONSO FREIRIA	F- 296	VT1F- 66	00:43:34	00:06:35	00:43:23	00:06:33	00:18:58	ÁBRALE	A CORUÑA
1061	773	BELÉN FERREIRO GAREA	F- 297	VT2F- 95	00:43:36	00:06:35	00:42:07	00:06:22	00:20:22		A CORUÑA
1062	1335	MELY MEIJIDE MARTINEZ	F- 298	VT3F- 30	00:43:40	00:06:36	00:43:18	00:06:33	00:18:53	CLUB ATLETISMO SADA	OLEIROS
1063	1074	JOSE GONZÁLEZ SEOANE		VT2M- 250	00:43:41	00:06:36	00:42:35	00:06:26	00:20:11		A CORUÑA
1064	1608	MAGDALENA SANJURJO REMUIÑAN	F- 299	SNF- 95	00:43:42	00:06:36	00:42:16	00:06:23	00:21:20		CARBALLO
1065	713	TERESA DE LA CRUZ RODRÍGUEZ	F- 300	VT3F- 31	00:43:44	00:06:37	00:42:28	00:06:25	00:19:47		A CORUÑA
1066	344	JORGE JOSÉ MÉNDEZ HERRERA		VT2M- 251	00:43:45	00:06:37	00:43:03	00:06:30	00:19:00		A CORUÑA
1067	1123	JOSE MANUEL ESMORIS MARTA		SNM- 204	00:43:46	00:06:37	00:42:40	00:06:27	00:20:18		A CORUÑA
1068	1191	IGNACIO SEOANE RODRÍGUEZ		SNM- 205	00:43:47	00:06:37	00:42:13	00:06:23	00:20:54		LA CORUÑA
1069	1308	CARLOS LUENGO PEÑA		VT1M- 145	00:43:47	00:06:37	00:42:23	00:06:24	00:21:20		TRUJILLO
1070	1562	OLGA CALVO CASTRO	F- 301	VT2F- 96	00:43:48	00:06:37	00:42:34	00:06:26	00:19:48		A CORUÑA
1071	1092	ANGEL CAMPO PENIN		SNM- 206	00:43:49	00:06:37	00:42:04	00:06:21	00:20:31		A CORUÑA
1072	1449	ROCÍO MARTÍN	F- 302	VT1F- 67	00:43:50	00:06:37	00:42:05	00:06:22	00:20:31		A CORUÑA
1073	438	JAVIER RODRIGUEZ VALIÑA		VT2M- 252	00:43:50	00:06:37	00:42:14	00:06:23	00:20:16		A CORUÑA
1074	666	GEMA GONZÁLEZ ANTELO	F- 303	VT2F- 97	00:43:50	00:06:37	00:42:15	00:06:23	00:20:16		LA CORUÑA
1075	1424	ALICIA ZAS VÁZQUEZ	F- 304	SNF- 96	00:43:52	00:06:38	00:42:42	00:06:27	00:19:35		A CORUÑA
1076	1422	SAMARA RODRÍGUEZ GARCÍA	F- 305	SNF- 97	00:43:53	00:06:38	00:42:41	00:06:27	00:19:35		A CORUÑA
1077	1446	VICTORIA GONZALEZ MADRID	F- 306	VT1F- 68	00:43:53	00:06:38	00:42:56	00:06:29	00:19:42		A CORUÑA
1078	1474	SUSANA SUÁREZ DIEGUEZ	F- 307	VT1F- 69	00:43:54	00:06:38	00:43:11	00:06:32	00:19:30	SI	LARACHA
1079	1350	CARMEN LINARES DOMÍNGUEZ	F- 308	VT2F- 98	00:43:55	00:06:38	00:42:35	00:06:26	00:19:02	LA MOCHILA DEL DEPORTE	CAMBRE
1080	1281	ESTEBAN CAZAS CHAO		SNM- 207	00:43:56	00:06:38	00:42:08	00:06:22	00:20:39		A CORUÑA
1081	1202	FELIX ALONSO		VT1M- 146	00:43:56	00:06:38	00:43:11	00:06:32	00:20:00		CORUÑA
1082	1219	JORGE ALEXANDRE		VT1M- 147	00:43:58	00:06:39	00:43:12	00:06:32	00:19:59		LA CORUÑA
1083	1458	ANA VILARIÑO PAZ	F- 309	VT3F- 32	00:43:59	00:06:39	00:42:59	00:06:30	00:19:33		A CORUÑA
1084	1104	JUAN JOSE FONDO RAMA		SNM- 208	00:44:00	00:06:39	00:42:57	00:06:29	00:21:13		CARBALLO
1085	1570	ANA HAY PIÑEIRO	F- 310	SNF- 98	00:44:01	00:06:39	00:42:59	00:06:30	00:20:03		A CORUÑA
1086	1547	JULIA CONDE GONZALEZ	F- 311	VT2F- 99	00:44:03	00:06:39	00:42:49	00:06:28	00:19:44		A CORUÑA
1087	1356	ISABEL PEDREIRA FUENTES	F- 312	SNF- 99	00:44:04	00:06:40	00:42:58	00:06:29	00:20:29	LA MOCHILA DEL DEPORTE	CARRAL
1088	1288	JUAN ANTONIO CAÑIZO FRAGA		VT2M- 253	00:44:07	00:06:40	00:42:53	00:06:29	00:20:18		BERTAMIRÁNS
1089	455	ALBERTO SÁNCHEZ BARDANCA		VT1M- 148	00:44:09	00:06:40	00:42:55	00:06:29	00:18:47		CULLEREDO
1090	1594	ISABEL GARCÍA FERREIRO	F- 313	SNF- 100	00:44:10	00:06:40	00:42:22	00:06:24	00:20:39		ARTEIXO
1091	423	MANUEL RODRIGUEZ RODRIGUEZ		SNM- 209	00:44:10	00:06:40	00:44:10	00:06:40	00:25:58		SADA
1092	793	CRISTINA FERREIRO MUÑIZ	F- 314	VT2F- 100	00:44:12	00:06:41	00:42:37	00:06:26	00:19:31		A CORUÑA
1093	1007	CARLOS RODRIGUEZ ZAS		VT2M- 254	00:44:15	00:06:41	00:42:34	00:06:26	00:20:11	BOX FOR WARRIORS	A CORUÑA
1094	211	JORGE NOVO		VT2M- 255	00:44:19	00:06:42	00:43:02	00:06:30	00:20:40	RUNNING OLEIROS	A CORUÑA
1095	685	LUCÍA VAL PEÓN	F- 315	VT1F- 70	00:44:21	00:06:42	00:43:58	00:06:39	00:19:33		LA CORUÑA
1096	289	RICARDO BOQUETE VEIGA		VT1M- 149	00:44:21	00:06:42	00:43:58	00:06:39	00:19:33		LA CORUÑA
1097	1076	DANIEL GARCIA CABEZA		SNM- 210	00:44:22	00:06:42	00:43:00	00:06:30	00:20:23		SANTIAGO DE COMPOSTELA
1098	1393	DOLORES MORENO GONZALEZ	F- 316	SNF- 101	00:44:33	00:06:44	00:43:42	00:06:36	00:18:52		A CORUÑA

1099	1387	CRISTINA LIJÓ CARBALLEDA	F- 317 SNF- 102	00:44:34	00:06:44	00:43:42	00:06:36	00:18:52	RIVEIRA
1100	1652	JACOBO TORRES SÁNCHEZ	SNM- 211	00:44:35	00:06:44	00:43:21	00:06:33	00:20:17	OLEIROS
1101	1556	CELIA GONZALEZ-ELIPE LECHUGA	F- 318 VT2F- 101	00:44:35	00:06:44	00:43:21	00:06:33	00:20:17	A CORUÑA
1102	1492	MARTA GUIZÁN ROCA	F- 319 SNF- 103	00:44:38	00:06:45	00:43:13	00:06:32	00:21:05	A CORUÑA
1103	1067	CARLOS MONTES MARTÍNEZ	SNM- 212	00:44:40	00:06:45	00:40:31	00:06:07	00:22:41	LA CORUÑA
1104	1068	CRISTIAN LÓPEZ VEIRA	SNM- 213	00:44:41	00:06:45	00:40:30	00:06:07	00:22:41	OLEIROS
1105	1435	PILAR PEÑA DE CASTRO	F- 320 VT3F- 33	00:44:42	00:06:45	00:43:42	00:06:36	00:19:33	A CORUÑA
1106	1729	PAZ ESTRAVIZ VIGO	F- 321 SNF- 104	00:44:44	00:06:46	00:43:25	00:06:34	00:21:07	A CORUÑA
1107	1401	CARMEN ABELLA REY	F- 322 VT2F- 102	00:44:44	00:06:46	00:43:40	00:06:36	00:20:09	A CORUÑA
1108	466	ÁNGEL JUVIÑO PREGO	VT2M- 256	00:44:45	00:06:46	00:43:25	00:06:34	00:21:23	ARTEIXO
1109	527	ALEJANDRO LÓPEZ GAONA	SNM- 214	00:44:45	00:06:46	00:43:13	00:06:32	00:21:19	A CORUÑA
1110	733	LAURA GARRIDO VILAMEÁ	F- 323 SNF- 105	00:44:52	00:06:47	00:43:42	00:06:36	00:20:23	A CORUÑA
1111	1437	LORETO VILA SANTOS	F- 324 VT2F- 103	00:44:54	00:06:47	00:43:15	00:06:32	00:18:12	A CORUÑA
1112	349	ADRIÁN VÁZQUEZ MANEIRO	SNM- 215	00:44:57	00:06:48	00:44:57	00:06:48	00:24:35	A CORUÑA
1113	311	JOSE ANGEL LORENZO RIVEIRO	VT2M- 257	00:45:01	00:06:48	00:44:38	00:06:45	00:15:34	CULLEREDO
1114	1125	YAGO FERNÁNDEZ SINILLA	SNM- 216	00:45:01	00:06:48	00:41:11	00:06:13	00:21:55	A CORUÑA
1115	1448	INÉS GONZÁLEZ SÁNCHEZ	F- 325 SNF- 106	00:45:02	00:06:48	00:41:10	00:06:13	00:21:55	LA CORUÑA
1116	1504	ISABEL GIL BREIJO	F- 326 VT2F- 104	00:45:04	00:06:49	00:43:37	00:06:35	00:20:02	ARTEIXO
1117	1534	SANDRA PÉREZ MIRAGAYA	F- 327 VT1F- 71	00:45:04	00:06:49	00:43:39	00:06:36	00:20:01	ARTEIXO
1118	1707	BERTA LEMA AÑÓN	F- 328 VT2F- 105	00:45:05	00:06:49	00:44:29	00:06:43	00:19:12	A CORUÑA
1119	1564	PATRICIA LEÓN FLORIÁN	F- 329 VT1F- 72	00:45:09	00:06:49	00:45:02	00:06:48	00:18:43	FERROL
1120	803	PABLO RAFAEL PRIETO CASAL	VT3M- 127	00:45:10	00:06:49	00:43:20	00:06:33	00:21:10	ATLETISMO CLUB SOCIAL BANCO PASTOR
1121	1509	SILVIA RODRÍGUEZ PENA	F- 330 VT1F- 73	00:45:10	00:06:49	00:44:00	00:06:39	00:20:17	PAIOSACO
1122	1919	BELEN DE CASTRO	F- 331 VT1F- 74	00:45:10	00:06:50	00:43:57	00:06:38	00:20:32	A CORUÑA
1123	1402	ELENA VILANOVA SANCHEZ	F- 332 VT2F- 106	00:45:12	00:06:50	00:44:07	00:06:40	00:20:10	A CORUÑA
1124	1485	MARTA PRIETO ANDINA	F- 333 SNF- 107	00:45:12	00:06:50	00:44:21	00:06:42	00:19:46	A CORUÑA
1125	1405	ANA GONZÁLEZ VARELA	F- 334 VT2F- 107	00:45:16	00:06:50	00:44:48	00:06:46	00:19:11	A CORUÑA
1126	85	JOSE MANUEL LAGO GONZALEZ	VT3M- 128	00:45:22	00:06:51	00:44:36	00:06:44	00:19:54	CLUB ATLETISMO SADA
1127	1466	MONICA ENRIQUEZ ARRIVI	F- 335 SNF- 108	00:45:22	00:06:51	00:43:48	00:06:37	00:22:39	A CORUÑA
1128	739	CARMEN GARMA CASTRO	F- 336 VT3F- 34	00:45:22	00:06:51	00:44:36	00:06:44	00:19:54	BERGONDO
1129	1512	CAROLINA QUEIPO GUTIÉRREZ	F- 337 VT1F- 75	00:45:23	00:06:51	00:44:10	00:06:40	00:20:33	A CORUÑA
1130	1677	DANIEL BURÉS ARES	SNM- 217	00:45:23	00:06:51	00:44:02	00:06:39	00:21:07	A CORUNA
1131	1601	VIRGINIA GUEMEZ TEJADA	F- 338 VT2F- 108	00:45:23	00:06:51	00:43:59	00:06:39	00:20:04	CORUÑA
1132	1293	FERNANDO DATO	VT2M- 258	00:45:23	00:06:51	00:45:23	00:06:51	00:20:04	A CORUÑA
1133	510	PABLO ANTONIO GESTAL VALES	SNM- 218	00:45:33	00:06:53	00:44:44	00:06:46	00:20:16	A CORUÑA
1134	1508	CHUS RODRÍGUEZ PENA	F- 339 VT1F- 76	00:45:36	00:06:53	00:44:25	00:06:43	00:20:17	PAIOSACO
1135	1533	ALBA MEJUTO GARCIA	F- 340 SNF- 109	00:45:36	00:06:53	00:44:42	00:06:45	00:19:40	SANTIAGO DE COMPOSTELA
1136	1528	SILVIA RAMÍREZ CARRAMAL	F- 341 SNF- 110	00:45:36	00:06:53	00:44:41	00:06:45	00:19:41	A CORUÑA
1137	1660	FERNANDO RANDOLFO LÓPEZ	SNM- 219	00:45:40	00:06:54	00:44:40	00:06:45	00:18:33	A CORUÑA
1138	1576	THAIS NOVEGIL GAYOSO	F- 342 SNF- 111	00:45:41	00:06:54	00:44:40	00:06:45	00:20:30	LA CORUÑA
1139	1413	BERNADETTE BORJA	F- 343 VT1F- 77	00:45:44	00:06:55	00:44:01	00:06:39	00:20:37	ARTEIXO
1140	131	JOSE FRANCISCO COBAS RODRIGUEZ	VT4M- 30	00:45:45	00:06:55	00:44:22	00:06:42	00:20:27	CRAT
1141	747	MARÍA FÁTIMA BLANCO CANCELA	F- 344 VT2F- 109	00:45:45	00:06:55	00:44:32	00:06:44	00:20:33	A CORUÑA
1142	1331	MARÍA JOSÉ SORIANO GARCÍA	F- 345 VT2F- 110	00:45:46	00:06:55	00:44:57	00:06:47	00:19:55	CLUB ATLETISMO CARBALLO
1143	1575	ÁGUEDA BRAVO ÁLVAREZ	F- 346 SNF- 112	00:45:46	00:06:55	00:44:26	00:06:43	00:21:07	TUI
1144	1488	ARANTXA SIERRA FERRAN	F- 347 VT1F- 78	00:45:46	00:06:55	00:44:57	00:06:48	00:19:55	CARBALLO
1145	768	ZANDRA YANIRE GUARINOS REYES	F- 348 VT3F- 35	00:45:50	00:06:55	00:44:59	00:06:48	00:20:02	VIGO
1146	254	RAFAEL REGUEIRA CANOSA	VT2M- 259	00:45:55	00:06:56	00:44:45	00:06:46	00:19:41	A CORUÑA
1147	1482	CRISTINA PIÑAN AMBITE	F- 349 SNF- 113	00:45:57	00:06:57	00:44:41	00:06:45	00:20:36	A CORUÑA
1148	1917	MARIA ISABEL FERNÁNDEZ PÉREZ	F- 350 VT2F- 111	00:46:02	00:06:57	00:44:59	00:06:48	00:20:14	A CORUÑA
1149	1560	MARÍA MONTSERRAT FERNÁNDEZ PEREIRA	F- 351 VT2F- 112	00:46:03	00:06:57	00:45:00	00:06:48	00:20:15	A CORUÑA
1150	1555	SARA ALLEGUE REY	F- 352 SNF- 114	00:46:03	00:06:57	00:44:51	00:06:47	00:20:41	CORUÑA
1151	1227	ALBERTO PEDREIRA DÍAZ	SNM- 220	00:46:06	00:06:58	00:45:20	00:06:51	00:19:23	BETANZOS
1152	1240	RUBÉN MIRAMONTES RODRÍGUEZ	VT1M- 150	00:46:07	00:06:58	00:44:47	00:06:46	00:21:18	BETANZOS
1153	1559	ANGELA LAVANDEIRA SANCHEZ	F- 353 SNF- 115	00:46:08	00:06:58	00:44:49	00:06:46	00:21:18	A CORUÑA
1154	1622	FERNANDO NAVARRO VAZQUEZ	VT3M- 129	00:46:13	00:06:59	00:44:39	00:06:45	00:21:33	A CORUÑA
1155	1472	GLORIA NIETO HUERTAS	F- 354 VT1F- 79	00:46:14	00:06:59	00:44:49	00:06:46	00:21:17	VIGO
1156	1471	BEATRIZ PARDO MONTENEGRO	F- 355 VT1F- 80	00:46:14	00:06:59	00:44:51	00:06:47	00:21:18	VIGO

1157	1451	ISABEL OTERO ZINCKE	F- 356	VT3F- 36	00:46:15	00:06:59	00:45:05	00:06:49	00:21:30			OLEIROS
1158	1189	DANIEL MOURIÑO ANDRADE		SNM- 221	00:46:15	00:06:59	00:44:56	00:06:47	00:21:23			A CORUÑA
1159	1112	DIEGO PAZOS PITA		SNM- 222	00:46:15	00:06:59	00:44:56	00:06:47	00:21:23			A CORUÑA
1160	1417	LORENA FERNÁNDEZ GONZÁLEZ	F- 357	SNF- 116	00:46:19	00:07:00	00:44:54	00:06:47	00:21:32			LA CORUÑA
1161	1321	PABLO EVIA PARGA		VT1M- 151	00:46:22	00:07:00	00:44:25	00:06:43	00:22:13			A CORUÑA
1162	1612	ÁNGELA FERNÁNDEZ CASAL	F- 358	VT1F- 81	00:46:22	00:07:00	00:44:25	00:06:43	00:22:13			A CORUÑA
1163	688	MARIBEL VICENTE GONZALEZ	F- 359	VT3F- 37	00:46:25	00:07:01	00:45:01	00:06:48	00:21:31			MIÑO
1164	457	IAGO BREOGAN VEIGA NORIEGA		VT1M- 152	00:46:28	00:07:01	00:45:05	00:06:49	00:21:18			LA CORUÑA
1165	1907	YAGO RUBIO SANFIZ		VT2M- 260	00:46:31	00:07:02	00:44:46	00:06:46	00:20:59			A CORUÑA
1166	1347	DERLIN SÁNCHEZ MARROQUÍN	F- 360	SNF- 117	00:46:34	00:07:02	00:46:04	00:06:58	00:19:40		DERLIN	A CORUÑA
1167	1909	LUIS ENRIQUE QUESADA BRAVO		VT1M- 153	00:46:35	00:07:02	00:46:06	00:06:58	00:19:39			CORUÑA
1168	1464	ANA BELÉN COTROFE DEL RÍO	F- 361	VT2F- 113	00:46:35	00:07:02	00:44:07	00:06:40	00:21:24			LA CORUÑA
1169	1153	NICOLÁS MAYER		VT2M- 261	00:46:36	00:07:02	00:44:07	00:06:40	00:21:24			LA CORUÑA
1170	1527	RAQUEL RODRIGUEZ VIEITEZ	F- 362	VT1F- 82	00:46:36	00:07:02	00:45:57	00:06:57	00:19:42			A CORUÑA
1171	586	NURIA CIDONCHA MORAN	F- 363	VT2F- 114	00:46:39	00:07:03	00:45:50	00:06:56	00:19:45		AD MEDIA DUCIA	CARBALLO
1172	1506	SONIA RIVERA RIBEIRO	F- 364	VT1F- 83	00:46:40	00:07:03	00:44:52	00:06:47	00:21:43			A CORUÑA
1173	1505	LUCIA PEDREIRA FUENTES	F- 365	VT1F- 84	00:46:40	00:07:03	00:44:52	00:06:47	00:21:44			A CORUÑA
1174	1090	JORGE CASAL MONTENEGRO		SNM- 223	00:46:41	00:07:03	00:45:29	00:06:52	00:20:42			CORUÑA
1175	1688	MARIA DOLORES CAÑAS REGUEIRO	F- 366	VT3F- 38	00:46:42	00:07:03	00:45:21	00:06:51	00:20:58		MOCHILA DEL DEPORTE	CAMBRE
1176	422	MIGUEL RODRIGUEZ RODRIGUEZ		SNM- 224	00:46:46	00:07:04	00:46:46	00:07:04	00:27:25			BERGONDO
1177	1445	MANUELA MACEIRAS OTERO	F- 367	VT3F- 39	00:46:46	00:07:04	00:45:37	00:06:54	00:21:35			CULLEREDO
1178	343	MIGUEL ANGEL MOSQUERA ABAD		VT4M- 31	00:46:48	00:07:04	00:45:54	00:06:56	00:20:24			A CORUÑA
1179	633	ROSI GÓMEZ PRIETO	F- 368	VT2F- 115	00:46:48	00:07:04	00:45:41	00:06:54	00:21:32		LA MOCHILA DEL DEPORTE	A CORUÑA
1180	630	ESTEFANÍA FERNÁNDEZ SOTO	F- 369	VT1F- 85	00:46:48	00:07:04	00:45:40	00:06:54	00:21:32		LA MOCHILA DEL DEPORTE	A CORUÑA
1181	1206	CÉSAR CARRO		VT1M- 154	00:46:51	00:07:05	00:43:28	00:06:34	00:21:46			CORUÑA
1182	684	LAURA AGUILERA QUINTEROS	F- 370	SNF- 118	00:46:51	00:07:05	00:43:29	00:06:34	00:21:46			A CORUÑA
1183	1468	MARIA CARINA OTERO FRANCO	F- 371	VT1F- 86	00:46:59	00:07:06	00:45:25	00:06:52	00:22:40			CULLEREDO
1184	84	LUIS SALGADO ABELLEIRA		VT4M- 32	00:47:00	00:07:06	00:46:36	00:07:02	00:20:13		CLUB ATLETISMO SADA	STA. CRUZ- OLEIROS
1185	403	DAVID CARDESÍN MOINELO		VT1M- 155	00:47:02	00:07:06	00:45:34	00:06:53	00:21:36			A CORUÑA
1186	1522	ANITA MENDEZ CASTRO	F- 372	VT2F- 116	00:47:02	00:07:06	00:45:59	00:06:57	00:21:28			LA CORUÑA
1187	721	FUENCISLA PÉREZ VERDUGO	F- 373	VT2F- 118	00:47:03	00:07:07	00:45:59	00:06:57	00:21:28			A CORUÑA
1188	771	EVA IGLESIAS REBOREDO	F- 374	VT2F- 117	00:47:03	00:07:07	00:45:59	00:06:57	00:21:27			A CORUÑA
1189	1349	LAURA REY RAMOS	F- 375	SNF- 119	00:47:10	00:07:08	00:46:10	00:06:59	00:20:05		ICEACSA GRUPO	A CORUÑA
1190	1521	Mª DEL CARMEN FERNÁNDEZ REY	F- 376	VT3F- 40	00:47:14	00:07:08	00:45:28	00:06:52	00:21:51			A CORUÑA
1191	1731	ANA MARIA RODRIGUEZ MENDOZA	F- 377	SNF- 120	00:47:14	00:07:08	00:45:22	00:06:51	00:21:13			A CORUÑA
1192	1518	MARTA DE DIOS RECAMÁN	F- 378	VT2F- 119	00:47:14	00:07:08	00:45:28	00:06:52	00:21:51			BRION
1193	302	CARLOS CARBALLO FELPETE		VT2M- 262	00:47:19	00:07:09	00:47:19	00:07:09	00:25:00			CORUÑA
1194	1481	CASANDRA GONZALEZ CRESPO	F- 379	SNF- 121	00:47:22	00:07:09	00:46:07	00:06:58	00:20:37			A RUA
1195	778	SUSANA IGLESIAS LOPEZ	F- 380	VT2F- 120	00:47:22	00:07:09	00:45:55	00:06:56	00:21:22			A CORUÑA
1196	787	MARTA IGLESIAS LOPEZ	F- 381	VT2F- 121	00:47:23	00:07:10	00:45:55	00:06:56	00:21:22			A CORUÑA
1197	1102	BRAIS PÉREZ CASTRO		SNM- 225	00:47:25	00:07:10	00:45:41	00:06:54	00:21:19			A CORUÑA
1198	10	PABLO RAMIL FREÁN		VT1M- 156	00:47:26	00:07:10	00:46:43	00:07:03	00:20:35		ABANCA	A CORUÑA
1199	695	MERCEDES FIGUEROA SUAREZ	F- 382	VT3F- 41	00:47:29	00:07:11	00:46:01	00:06:57	00:21:02			A CORUÑA
1200	1728	BÁRBARA ESPADA	F- 383	SNF- 122	00:47:32	00:07:11	00:46:34	00:07:02	00:20:40			PONTEDEUME
1201	1674	RAÚL OTERO		SNM- 226	00:47:33	00:07:11	00:46:32	00:07:02	00:20:40			CABANAS
1202	1561	MARTA BLANCO FARIÑA	F- 384	VT2F- 122	00:47:35	00:07:11	00:45:55	00:06:56	00:22:02			LA CORUÑA
1203	831	JUAN MENDEZ LOPEZ		VT2M- 263	00:47:38	00:07:12	00:45:58	00:06:57	00:21:59	AG11270	TRISADA	SADA
1204	891	MARISA RUA PRIETO	F- 385	VT1F- 87	00:47:38	00:07:12	00:45:59	00:06:57	00:22:01	AG764232	TRISADA	SADA
1205	1337	AMALIA PERNAS SABIO	F- 386	VT4F- 6	00:47:40	00:07:12	00:47:13	00:07:08	00:19:30		CLUB ATLETISMO SADA	OLEIROS.
1206	1380	MARIA JOSE ÁLVAREZ BARRAL	F- 387	VT2F- 123	00:47:40	00:07:12	00:46:07	00:06:58	00:20:56			A CORUÑA
1207	1600	CECILIA BALSÀ CANTO	F- 388	VT2F- 124	00:47:41	00:07:12	00:45:58	00:06:57	00:21:11			A CORUÑA
1208	1578	ROCIO VAZQUEZ RODRIGUEZ	F- 389	VT1F- 88	00:47:41	00:07:12	00:46:15	00:06:59	00:20:56			ARTEIXO
1209	1260	PABLO NAVEIRA		VT1M- 157	00:47:44	00:07:13	00:46:35	00:07:02	00:21:50			A CORUÑA
1210	1589	PAULA TOMÉ ESPÍÑEIRA	F- 390	VT2F- 125	00:47:47	00:07:13	00:47:09	00:07:07	00:20:44			A CORUÑA
1211	1412	SHARON MARTIN	F- 391	VT2F- 126	00:47:50	00:07:14	00:46:07	00:06:58	00:21:23			LARIN
1212	1535	SONIA PICADO CASTIÑEIRA	F- 392	SNF- 123	00:47:51	00:07:14	00:46:07	00:06:58	00:21:10			CORUÑA
1213	577	IGNACIO GARCIA RAMOS		VT4M- 33	00:47:51	00:07:14	00:46:54	00:07:05	00:21:01			SANTIAGO DE COMPOSTELA
1214	797	JULIA ISABEL SAINZ VAQUERO	F- 393	VT3F- 42	00:47:51	00:07:14	00:46:53	00:07:05	00:21:01			A CORUÑA

1215	1339	ELENA ECHEVERRIA GUERRERO	F- 394	VT2F- 127	00:47:52	00:07:14	00:47:06	00:07:07	00:20:31	CLUB COMPAÑÍA DE MARÍA	A CORUÑA
1216	1537	MIRIAM GUDIÑA ESMORIS	F- 395	SNF- 124	00:47:53	00:07:14	00:46:07	00:06:58	00:21:09		SADA
1217	1582	ARGENTINA PAN FERNANDEZ	F- 396	VT1F- 89	00:48:00	00:07:15	00:47:28	00:07:10	00:20:22		PADRÓN
1218	526	JOAN CLARA TOLOSA		VT2M- 264	00:48:04	00:07:16	00:46:15	00:06:59	00:22:33		A CORUÑA
1219	1554	ROSA RODRIGUEZ MARTIN-RETORTILLO	F- 397	SNF- 125	00:48:08	00:07:16	00:46:38	00:07:03	00:21:15		A CORUÑA
1220	729	SONIA MARCOS HERNÁNDEZ	F- 398	VT1F- 90	00:48:12	00:07:17	00:46:43	00:07:04	00:21:36		A CORUÑA
1221	708	VANESSA LÓRENZO CARAVACA	F- 399	VT1F- 91	00:48:14	00:07:17	00:46:38	00:07:03	00:21:34		A CORUÑA
1222	1368	ELENA LÓPEZ AMENEDO	F- 400	VT1F- 92	00:48:29	00:07:20	00:46:58	00:07:06	00:21:40	MESOIRO RUNNING	A CORUÑA
1223	1360	CARMEN NOGUEROL SÁNCHEZ	F- 401	VT2F- 128	00:48:30	00:07:20	00:47:01	00:07:06	00:21:31	MANDEO MULTISPORT (AS VELLAS NON PARAMC	BETANZOS
1224	1411	PATRICIA FERNÁNDEZ TOBÍO	F- 402	VT1F- 93	00:48:37	00:07:21	00:47:14	00:07:08	00:21:48		A CORUÑA
1225	1241	JAVIER MORALEDA CRISTINO		VT1M- 158	00:48:39	00:07:21	00:47:21	00:07:09	00:21:45		ARTEIXO
1226	1595	RAQUEL VILA GÓMEZ	F- 403	SNF- 126	00:48:42	00:07:22	00:47:18	00:07:09	00:22:03		A CORUÑA
1227	55	CARLOS SAINZ CALVIÑO		SNM- 227	00:48:43	00:07:22	00:47:18	00:07:09	00:22:03	ATLETAS DE ACEA DE AMA	CULLEREDO
1228	1361	MARTA MARTÍNEZ BELLO	F- 404	VT2F- 129	00:48:45	00:07:22	00:47:15	00:07:08	00:22:22	MANDEO MULTISPORT (AS VELLAS NON PARAMC	BETANZOS
1229	1363	VIRGINIA SANDE LAGO	F- 405	VT2F- 130	00:48:45	00:07:22	00:47:15	00:07:08	00:22:22	MANDEO MULTISPORT (AS VELLAS NON PARAMC	VIXOI-BERGONDO
1230	1085	ANTONIO OSCAR MOSQUERA VALES		VT2M- 265	00:48:46	00:07:22	00:47:14	00:07:08	00:22:22		BETANZOS
1231	1433	INMACULADA GARCÍA-FUENTES	F- 406	SNF- 127	00:48:46	00:07:22	00:47:03	00:07:07	00:20:45		A CORUÑA
1232	671	LUISA MORANO LISTA	F- 407	VT2F- 131	00:48:47	00:07:22	00:47:29	00:07:10	00:21:14		ARTEIXO
1233	1399	MARTA CASTIÑEIRA CUNDÍNS	F- 408	SNF- 128	00:48:50	00:07:23	00:47:41	00:07:12	00:21:03		A CORUÑA
1234	1304	SERGIO CASAL FIGUEROA		SNM- 228	00:48:51	00:07:23	00:47:12	00:07:08	00:22:25		OLEIROS
1235	1605	NURIA PÉREZ ESPASANDÍN	F- 409	SNF- 129	00:48:51	00:07:23	00:47:13	00:07:08	00:22:25		VIMIANZO
1236	1734	CARMEN MARIA PORTA SOUTO	F- 410	SNF- 130	00:48:52	00:07:23	00:47:30	00:07:11	00:21:21		A CORUÑA
1237	1004	RODRIGO MORALES		SNM- 229	00:48:55	00:07:23	00:47:08	00:07:07	00:24:08	AUREN	LA CORUÑA
1238	1355	RAQUEL GUTIERREZ AREVALO	F- 411	VT2F- 132	00:48:55	00:07:24	00:47:43	00:07:13	00:21:54	LA MOCHILA DEL DEPORTE	GUISAMO
1239	1369	MARIA CAINZOS MORANDEIRA	F- 412	VT2F- 133	00:48:56	00:07:24	00:47:44	00:07:13	00:21:54	MOCHILA DEL DEPORTE	OLEIROS
1240	1916	ANA MARÍA REY PAZOS	F- 413	VT2F- 134	00:48:57	00:07:24	00:47:31	00:07:11	00:22:54		A CORUÑA
1241	1725	SANDRA GIL LÓPEZ	F- 414	SNF- 131	00:48:57	00:07:24	00:44:43	00:06:45	00:23:01		OTERO DE REY - LUGO
1242	1670	JORGE SOLÓRZANO LAGE		SNM- 230	00:48:57	00:07:24	00:44:44	00:06:46	00:23:17		OLEIROS
1243	1727	IRIA LÓPEZ TACÓN	F- 415	SNF- 132	00:48:57	00:07:24	00:44:46	00:06:46	00:23:16		OLEIROS
1244	1467	PAULA MÉNDEZ BARBEITO	F- 416	SNF- 133	00:48:58	00:07:24	00:47:26	00:07:10	00:22:40		ARTEIXO
1245	1549	MARIA JOSE RUBIO VIDAL	F- 417	VT4F- 7	00:49:00	00:07:24	00:48:03	00:07:16	00:21:17		A CORUÑA
1246	723	PILAR FERNANDEZ ROMERO	F- 418	VT3F- 43	00:49:01	00:07:24	00:48:04	00:07:16	00:21:16		A CORUÑA
1247	1218	ALEJANDRO LORENTE MONTES		VT1M- 159	00:49:01	00:07:24	00:47:24	00:07:10	00:22:02		A CORUÑA
1248	1531	SONIA GONZALEZ BARDANCA	F- 419	VT2F- 135	00:49:01	00:07:24	00:47:25	00:07:10	00:22:02		A CORUÑA
1249	1546	MONICA GONZALEZ BARDANCA	F- 420	VT1F- 94	00:49:01	00:07:24	00:47:25	00:07:10	00:22:01		A CORUÑA
1250	1744	CARMEN GARCIA GARCIA	F- 421	VT3F- 44	00:49:08	00:07:25	00:48:09	00:07:17	00:24:57		CEE
1251	23	ARTURO RABUÑAL VAZQUEZ		VT4M- 34	00:49:09	00:07:25	00:48:08	00:07:16	00:24:57	AFICIONADO	MEICENDE
1252	551	IÑIGO MARTINEZ IGLESIAS		VT2M- 266	00:49:13	00:07:26	00:49:13	00:07:26	00:25:46		LA CORUÑA
1253	1390	CRISTINA FERNÁNDEZ FREIRE	F- 422	SNF- 134	00:49:20	00:07:27	00:48:10	00:07:17	00:22:04		A CORUÑA
1254	1632	JAVIER CODESIDO FARTO		VT2M- 267	00:49:21	00:07:27	00:47:54	00:07:14	00:22:36		A CORUÑA
1255	1706	MARIA SEOANE ESPÍNEIRA	F- 423	VT2F- 136	00:49:22	00:07:27	00:47:56	00:07:15	00:22:36		A CORUÑA
1256	1346	CARMEN CASTRO SANTOS	F- 424	VT2F- 137	00:49:22	00:07:28	00:47:46	00:07:13	00:21:35	CLUBE DE ATLETAS DE ACEA DE MA	CULLEREDO
1257	1686	SARA FUENTES NIETO	F- 425	VT2F- 138	00:49:27	00:07:28	00:49:07	00:07:25	00:20:52	LA MOCHILA DEL DEPORTE	A CORUÑA
1258	1359	JIMENA FERNÁNDEZ BUSTAMANTE	F- 426	SNF- 135	00:49:28	00:07:28	00:48:10	00:07:17	00:21:44	LOS LOBEZNOS	FENE
1259	1687	SONIA MIGUEZ VARELA	F- 427	VT2F- 139	00:49:28	00:07:28	00:49:08	00:07:25	00:20:52	AG2016965	LA MOCHILA DEL DEPORTE
1260	1511	ANA MARÍA BLANCO MIRA	F- 428	VT1F- 95	00:49:33	00:07:29	00:48:02	00:07:15	00:22:56		ARTEIXO
1261	169	JOAQUÍN DIAZ REDONDO		VT3M- 130	00:49:37	00:07:30	00:48:29	00:07:20	00:21:25	NOSPORTLIMIT	A CORUÑA
1262	1583	LORENA SERVIA PAZ	F- 429	SNF- 136	00:49:41	00:07:30	00:48:54	00:07:23	00:21:30		FENE
1263	1584	SILENA LOPEZ HERMELO	F- 430	SNF- 137	00:49:41	00:07:30	00:48:54	00:07:23	00:21:30		CORUÑA
1264	1598	LAURA GONZÁLEZ-ELIPE	F- 431	VT2F- 140	00:49:47	00:07:31	00:48:32	00:07:20	00:22:46		BERTAMIRÁNS
1265	1376	VANESSA MALVÁREZ SÁNCHEZ	F- 432	VT1F- 96	00:49:48	00:07:31	00:48:17	00:07:18	00:22:56		A CORUÑA
1266	1323	MARIA YOLANDA VARELA LEMA	F- 433	VT2F- 141	00:49:49	00:07:32	00:48:59	00:07:24	00:21:41	A.D.MEDIADUCIA	CARBALLO
1267	583	LAURA GERPE RIAL	F- 434	SNF- 138	00:49:49	00:07:32	00:49:02	00:07:24	00:21:41	A.D.MEDIADUCIA	CARBALLO
1268	1431	NATALIA QUINDÓS CARRERA	F- 435	SNF- 139	00:49:50	00:07:32	00:49:09	00:07:26	00:20:01		LEÓN
1269	632	PILAR HERMO GOMEZ	F- 436	VT4F- 8	00:49:53	00:07:32	00:48:44	00:07:22	00:22:20	LA MOCHILA DEL DEPORTE	A CORUÑA
1270	1383	GEMMA ESPINOSA HERNÁNDEZ	F- 437	SNF- 140	00:49:58	00:07:33	00:48:55	00:07:23	00:22:34		A CORUÑA
1271	1440	LIDIA FREIRE CUIÑAS	F- 438	VT1F- 97	00:50:06	00:07:34	00:49:05	00:07:25	00:22:20		CABANAS
1272	1711	ANA MARIA FERNANDEZ GOMEZ	F- 439	VT1F- 98	00:50:07	00:07:34	00:49:26	00:07:28	00:21:33		LA CORUÑA

1273	1558	NURIA OLIVÉ LOPES	F- 440 SNF- 141	00:50:09	00:07:35	00:48:56	00:07:24	00:21:24		FERROL
1274	1420	SARA NIÓN VÁZQUEZ	F- 441 SNF- 142	00:50:14	00:07:35	00:49:10	00:07:26	00:21:16		CARBALLO
1275	667	MONICA DORREGO ALONSO	F- 442 VT3F- 45	00:50:20	00:07:36	00:49:01	00:07:24	00:21:57		A CORUÑA
1276	669	MERCEDES MOSTEIRO RODRÍGUEZ	F- 443 VT2F- 142	00:50:20	00:07:36	00:49:00	00:07:24	00:21:58		A CORUÑA
1277	1404	FATIMA RODRIGUEZ EIROA	F- 444 VT1F- 99	00:50:24	00:07:37	00:49:02	00:07:24	00:22:23		SANTIAGO
1278	1313	ROBERT ANIBAL MEJIAS ABREU	SUB23M- 9	00:50:34	00:07:38	00:48:41	00:07:21	00:23:38		A CORUÑA
1279	1516	BÁRBARA IBÁÑEZ VAL	F- 445 SNF- 143	00:50:35	00:07:38	00:49:04	00:07:25	00:22:49		A CORUÑA
1280	1668	AITOR MALLO GARCÍA	SNM- 231	00:50:35	00:07:39	00:48:42	00:07:21	00:23:37		A CORUÑA
1281	1465	MAYTE AREOSA FARIÑA	F- 446 VT1F- 100	00:50:35	00:07:39	00:49:05	00:07:25	00:22:49		CARBALLO
1282	1398	EVA MARIA MONTEAGUDO POUSA	F- 447 VT2F- 143	00:50:37	00:07:39	00:49:13	00:07:26	00:22:23		LA CORUÑA
1283	661	SUSANA MAÑANA DE PRADO	F- 448 VT3F- 46	00:50:42	00:07:40	00:49:07	00:07:25	00:22:50	TRASNOS CORUÑA	A BARCALA
1284	228	CARLOS VALDÉS LÓPEZ	VT4M- 35	00:50:43	00:07:40	00:49:07	00:07:25	00:22:50	TRASNOS CORUÑA	A BARCALA- CAMBRE
1285	1454	PAULA FERNÁNDEZ LÓPEZ	F- 449 SNF- 144	00:50:43	00:07:40	00:49:48	00:07:31	00:22:18		LUGO
1286	1129	JAVIER COSTA GARCIA	VT2M- 268	00:50:43	00:07:40	00:49:49	00:07:32	00:22:18		LUGO
1287	1443	TAMARA DIAZ CASTRO	F- 450 SNF- 145	00:50:43	00:07:40	00:49:50	00:07:32	00:22:18		LUGO
1288	1058	OSCAR DAVID CARREIRA CARBALLAL	VT2M- 269	00:50:48	00:07:41	00:49:14	00:07:26	00:22:47		A CORUÑA
1289	1377	SUSANA ALONSO PUENTES	F- 451 VT2F- 144	00:50:49	00:07:41	00:49:13	00:07:26	00:22:48		A CORUÑA
1290	1382	INÉS REGO DÍAZ	F- 452 SUB23F- 7	00:50:49	00:07:41	00:47:00	00:07:06	00:23:39		A CORUÑA
1291	1717	NOEMI RIOS BOADO	F- 453 VT1F- 101	00:50:57	00:07:42	00:49:27	00:07:28	00:22:28		FERROL
1292	157	LUIS SÁNCHEZ SANTOS	VT2M- 270	00:51:08	00:07:43	00:49:48	00:07:31	00:21:42	LUIS	A CORUÑA
1293	1364	ELIANE LAURINDO LOPES	F- 454 VT2F- 145	00:51:09	00:07:44	00:49:40	00:07:30	00:22:31	MANDEO MULTISPORT (AS VELLAS NON PARAMC	COIRÓS
1294	1910	RAMIRO MACEIRAS VARELA	VT1M- 160	00:51:10	00:07:44	00:49:41	00:07:30	00:22:31		BETANZOS
1295	766	BELÉN PARDO FARIÑA	F- 455 VT2F- 146	00:51:14	00:07:44	00:49:55	00:07:33	00:21:49		A CORUÑA
1296	1694	MARIA JOSE LOIS RUA	F- 456 VT3F- 47	00:51:35	00:07:48	00:50:25	00:07:37	00:23:07		PERILLO
1297	1119	FRANCISCO VAZQUEZ VIADER	VT2M- 271	00:51:36	00:07:48	00:50:38	00:07:39	00:22:13		A CORUÑA
1298	1519	MARÍA PARDO PEREIRA	F- 457 VT1F- 102	00:52:07	00:07:52	00:51:55	00:07:51	00:21:59		OLEIROS
1299	1569	PAULA CASTRO	F- 458 VT2F- 147	00:52:08	00:07:53	00:50:53	00:07:41	00:22:42		A CORUÑA
1300	1452	UXIA VAZQUEZ GIL	F- 459 VT1F- 103	00:52:23	00:07:55	00:50:33	00:07:38	00:23:14		LA CORUÑA
1301	1426	LAURA GARCÍA VILLAR	F- 460 SNF- 146	00:52:23	00:07:55	00:51:19	00:07:45	00:21:52		CARBALLO
1302	897	ADRIANA MARÍA CAMBÓN VARELA	F- 461 VT1F- 104	00:52:30	00:07:56	00:50:47	00:07:40	00:23:55		A CORUÑA
1303	1496	LUCIA BARREIRO GRANDAL	F- 462 VT1F- 105	00:52:32	00:07:56	00:51:40	00:07:48	00:22:34		A CORUÑA
1304	1455	LEIDY PLATICON	F- 463 VT1F- 106	00:52:33	00:07:56	00:52:18	00:07:54	00:21:32		COLOMBIANA
1305	1722	MARÍA JOSÉ CAMBÓN VARELA	F- 464 SNF- 147	00:52:37	00:07:57	00:50:53	00:07:41	00:23:56		A CORUÑA
1306	1173	FERNANDO VAZQUEZ BLANCO	VT3M- 131	00:53:31	00:08:05	00:52:02	00:07:52	00:24:22		LA CORUÑA
1307	1174	ANGEL GOMEZ REGUERO	VT3M- 132	00:53:31	00:08:05	00:52:02	00:07:52	00:24:23		LA CORUÑA
1308	1044	ROBERTO VÁZQUEZ ALVITE	VT2M- 272	00:53:51	00:08:08	00:49:54	00:07:32		O O SILBATO	A CORUÑA
1309	1499	MONICA CEBRAL VELO	F- 465 VT2F- 148	00:54:00	00:08:09	00:50:05	00:07:34			LA CORUÑA
1310	743	REBECA MG	F- 466 VT1F- 107	00:54:01	00:08:10	00:50:05	00:07:34			A CORUÑA
1311	7	CARLOS EIRIS ESPAÑA	VT2M- 273	00:54:12	00:08:11	00:51:33	00:07:47		A.D.MEDIADUCIA	CARBALLO
1312	1568	SILVIA SANCHEZ VARELA	F- 467 VT2F- 149	00:54:21	00:08:13	00:53:07	00:08:01	00:22:59		A CORUÑA
1313	1414	PATRICIA FERNÁNDEZ SOILÁN	F- 468 VT2F- 150	00:54:47	00:08:17	00:52:24	00:07:55	00:24:01		A CORUÑA
1314	1699	SUSANA GARCIA PEDREIRA	F- 469 VT2F- 151	00:54:53	00:08:17	00:54:09	00:08:11	00:23:40		A CORUÑA
1315	1697	BEGOÑA SANTOS MORALES	F- 470 VT3F- 48	00:54:53	00:08:17	00:54:10	00:08:11	00:23:40		LA CORUÑA
1316	1673	JUAN STARLIN QUINTANA SANTOS	SNM- 232	00:55:22	00:08:22	00:53:26	00:08:04	00:23:37		A CORUÑA
1317	1374	SARA SOUSA	F- 471 VT1F- 108	00:56:00	00:08:28	00:55:06	00:08:19	00:24:39	TARTARUGAS SOLIDÁRIAS	OBIDOS
1318	1291	JAVIER AREVALO PARDO	VT2M- 274	00:56:23	00:08:31	00:53:37	00:08:06			CORUÑA
1319	1392	NOEMI GARCÍA CARBIA	F- 472 SNF- 148	00:56:27	00:08:32	00:56:11	00:08:29	00:22:24		A ESTRADA
1320	1563	MARTA PICALLOS SABAS	F- 473 VT2F- 152	00:56:27	00:08:32	00:51:32	00:07:47			LA CORUÑA
1321	772	SUSANA PENEDO SOUTO	F- 474 VT2F- 153	00:56:29	00:08:32	00:51:33	00:07:47			LA CORUÑA
1322	903	ANTÍA CARNEIRO NIETO	F- 475 SUB23F- 8	00:57:14	00:08:39	00:56:06	00:08:29	00:24:25		A CORUÑA
1323	1199	ALBERTO RODRÍGUEZ BERNÁRDEZ	VT1M- 161	00:58:29	00:08:50	00:56:42	00:08:34	00:24:08		A CORUÑA
1324	1385	MARTA LÓPEZ- RIVADULLA SÁNDEZ	F- 476 VT1F- 109	00:58:32	00:08:51	00:56:40	00:08:34	00:25:40		LA CORUÑA
1325	1710	MARÍA CAROLINA CRISTANCHO RUIZ	F- 477 VT1F- 110	01:00:58	00:09:13	01:00:58	00:09:13	00:24:54		ARTEIXO
1326	1430	SARA CRISTINA MARTÍN THOMAS	F- 478 SNF- 149	01:01:00	00:09:13	00:57:07	00:08:38			A CORUÑA
1327	1192	ALBERTO GONZÁLEZ ESPÍÑEIRA	SNM- 233	01:01:01	00:09:13	00:57:09	00:08:38			A CORUÑA
1328	1571	MARIA PIA DIEZ	F- 479 VT3F- 49	01:01:03	00:09:13	00:59:43	00:09:01	00:25:15		FERROL
1329	1553	MONICA LOPEZ	F- 480 VT1F- 111	01:01:55	00:09:21	01:00:33	00:09:09	00:27:10		A CORUÑA
1330	1574	ANA ARMADA ANIDO	F- 481 VT1F- 112	01:01:55	00:09:21	01:00:33	00:09:09	00:27:10		A CORUÑA



1331	1489	RAQUEL QUINTELA LÓPEZ	F- 482 VT2F- 154	01:02:40	00:09:28	01:01:48	00:09:20	00:22:29		CORUÑA
1332	1515	JESSICA VAZQUEZ MONTES	F- 483 VT1F- 113	01:07:05	00:10:08	01:02:01	00:09:22			ARTEIXO
DSQ	1097	JAIME SANDE RODRÍGUEZ	Art. 7.6 Reg	00:40:02	00:06:03	00:39:46	00:06:01	00:16:40		A CORUÑA
DSQ	1066	ALBERTO COTELO SENANDE	Art. 7.6 Reg	00:32:44	00:04:57	00:32:20	00:04:53	00:14:19		A CORUÑA
DSQ	808	ROBERTO LOPEZ CAGIAO	Art. 7.6 Reg	00:29:36	00:04:28	00:29:30	00:04:28	00:12:35	CLUB ATL. SADA	MIÑO
DSQ	1918	PATRICIA MODIA YAÑEZ	Art. 7.6 Reg	00:41:09	00:06:13	00:39:57	00:06:02	00:18:51		A CORUÑA
DSQ	750	NOELIA LOPEZ QUINTANS	Art. 7.6 Reg	00:41:35	00:06:17	00:40:09	00:06:04	00:19:07		CEE
DSQ	1636	ROBERTO CARLOS PEREZ VEIGA	Art. 7.4 Reg	00:33:37	00:05:05	00:33:15	00:05:02	00:14:32		COIROS
DSQ	128	DIEGO FANDIÑO BLANCO	Art. 7.4	00:41:44	00:06:18	00:41:44	00:06:18		CONCO BOX	SEMBRA- CEE

**IX CP TORRE DE HÉRCULES - TROFEO J.A. VARELA CALVIÑO - I C. SOLIDARIA #QUERÉMONOSVIVAS, A Coruña 23/03/2019**

Sub 18. Distancia: 2.400 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	Licencia	Club	Localidad
1	2231	MARTIN BLANCO PREGO		SUB18M- 1	00:08:12	00:03:25			LA CORUÑA
2	2226	MARIO GARCIA PAPIN		SUB18M- 2	00:08:31	00:03:33	GA 769109	CLUB ATLETISMO SADA	CAMBRE
3	2230	YAGO IGNACIO GARCIA SAINZ		SUB18M- 3	00:08:35	00:03:35	AG2024952	CLUB USC	SANTIAGO
4	2236	SARA PRIETO LÓPEZ	F- 1	SUB18F- 1	00:08:54	00:03:43		CLUB MARINEDA ATLETICO	A CORUÑA
5	2232	PABLO RODRIGUEZ RAMOS		SUB18M- 4	00:09:20	00:03:54			A CORUÑA
6	2238	NOA MIRANTES SANTOS	F- 2	SUB18F- 2	00:09:39	00:04:02		CLUB MARINEDA ATLETICO	A CORUÑA
7	2242	CANDELA GARCIA ABALO	F- 3	SUB18F- 3	00:09:52	00:04:07			OLEIROS
8	2228	MARCO PÉREZ GONZÁLEZ		SUB18M- 5	00:10:32	00:04:24		CLUB MARINEDA ATLETICO	GUISAMO-BERGONDO
9	2229	VICTOR ALONSO DE LA FUENTE		SUB18M- 6	00:10:32	00:04:24		CLUB MARINEDA ATLETICO	GUISAMO-BERGONDO
10	2237	LUCIA VÁZQUEZ HERMIDA	F- 4	SUB18F- 4	00:10:39	00:04:27		CLUB MARINEDA ATLETICO	A CORUNA
11	2234	JAVIER GONZÁLEZ		SUB18M- 7	00:11:56	00:04:59			A CORUÑA
12	2239	JULIA CORDONÍE AMENEDO	F- 5	SUB18F- 5	00:12:03	00:05:01			A CORUÑA

# IX CP TORRE DE HÉRCULES - TROFEO J.A. VARELA CALVIÑO - I C. SOLIDARIA #QUERÉMONOSVIVAS, A Coruña 23/03/2019

Sub 16. Distancia: 2.400 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	2199	JORGE VÁZQUEZ PÉREZ		SUB16M- 1	00:08:31	00:03:33		CLUB MARINEDA ATLETICO	CORUÑA
2	2204	JOSÉ FRANCISCO VIEIRA GARATE		SUB16M- 2	00:08:36	00:03:35			OLEIROS
3	2197	JAVIER GALÁN MÉNDEZ		SUB16M- 3	00:08:50	00:03:41	AG2018639	CLUB ATLETISMO SADA	A CORUÑA
4	2196	YAGO DANIEL RÍO PEREIRA		SUB16M- 4	00:09:22	00:03:54			FERROL
5	2205	PABLO GONZÁLEZ NOVOA		SUB16M- 5	00:09:22	00:03:54			A CORUÑA
6	2201	JOEL RAMOS CARRO		SUB16M- 6	00:09:30	00:03:58		CLUD ATLETICO BERGONDO	GUISAMO - BERGONDO
7	2222	ENMA ARGIBAY DOMINGUEZ	F- 1	SUB16F- 1	00:09:33	00:03:59		SAR-VERMU PETRONI	O PINO
8	2210	JUAN CAÑIZO GONZÁLEZ-ELIPE		SUB16M- 7	00:09:37	00:04:01			BERTAMIRÁNS
9	2198	TOMAS PRADA MAROÑO		SUB16M- 8	00:09:50	00:04:06		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
10	2208	PABLO SEVILLA CARRO		SUB16M- 9	00:10:06	00:04:13			A CORUÑA
11	2214	INES VAZQUEZ SANCHEZ	F- 2	SUB16F- 2	00:10:12	00:04:15		CLUB ATLETISMO SADA	CULLEREDO
12	2213	SOFÍA GÓMEZ RODRÍGUEZ	F- 3	SUB16F- 3	00:10:14	00:04:16		ATLETISMO RIAZOR CORUÑA	A CORUÑA
13	2200	FEDERICO GARCÍA INSAURRALDE		SUB16M- 10	00:10:32	00:04:24	AG 2018302	CLUBE-ESCOLA ATLETISMO DEZA	LALÍN
14	2221	MARÍA PÉREZ DÍAZ	F- 4	SUB16F- 4	00:11:14	00:04:41		SADA	CULLEREDO
15	2209	DANIEL ANDRÉS QUESADA BRAVO		SUB16M- 11	00:11:23	00:04:45			A CORUÑA
16	2215	ANE FERNANDEZ-PEITEADO ECHEVERRIA	F- 5	SUB16F- 5	00:11:37	00:04:51		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
17	2207	ANDRES CORNIELES MARTINEZ		SUB16M- 12	00:11:47	00:04:55			ARTEIXO
18	2206	IVAN DIAZ GARCIA		SUB16M- 13	00:12:00	00:05:00			A CORUÑA
19	2218	IRENE QUINTELA VALIÑO	F- 6	SUB16F- 6	00:12:35	00:05:15		CLUB MARINEDA ATLETICO	CORUÑA
20	2217	LUCIA CASTRO ALVAREZ	F- 7	SUB16F- 7	00:12:35	00:05:15		CLUB MARINEDA ATLETICO	A CORUÑA
21	2219	ELBA MELÉNDREZ BERGANTIÑOS	F- 8	SUB16F- 8	00:13:14	00:05:31		CLUB MARINEDA ATLETICO	A CORUÑA
22	2224	SARAY NOEMI HERAZO MUNIVE	F- 9	SUB16F- 9	00:13:42	00:05:43			A CORUÑA

**IX CP TORRE DE HÉRCULES - TROFEO J.A. VARELA CALVIÑO - I C. SOLIDARIA #QUERÉMONOSVIVAS, A Coruña 23/03/2019**

Sub 14 Femenino. Distancia: 1.600 m

PtoCat	Dorsal	Nome	T_Final	RitmoKm	Licenza	Club	Localidade
1	2170	PAULA VÁZQUEZ HERMIDA	00:06:16	00:03:55		CLUB MARINEDA ATLETICO	A CORUÑA
2	2160	IREA ALÉN FERNÁNDEZ	00:06:25	00:04:01		CLUB ATLETISMO SADA	LIANS ( OLEIROS)
3	2243	JULIA MÉSAS RODRIGO	00:06:31	00:04:04		CAS	OLEIROS
4	2161	SUSANA AMOR CASTRO	00:06:44	00:04:13		CLUB ATLETISMO SADA	A CORUÑA
5	2159	AREA BARBEITO PAPIN	00:06:53	00:04:19		CLUB ATLETISMO SADA	CARRAL
6	2171	CARLOTA FONTENLA PÉREZ	00:06:57	00:04:21		CLUB MARINEDA ATLETICO	CAMBRE
7	2172	MARÍA VÁZQUEZ FUENTES	00:06:59	00:04:22		CLUB MARINEDA ATLETICO	A CORUÑA
8	2165	LAURA CUIÑA FERNÁNDEZ	00:07:01	00:04:23		CLUB MARINEDA ATLETICO	A CORUÑA
9	2162	SARA OURÉNS ANIDO	00:07:02	00:04:24		CLUB ATLETISMO SADA	PERILLO-OLEIROS
10	2163	STELA FRAGA RIOS	00:07:21	00:04:36		CLUB ATLETISMO SADA	PERILLO-OLEIROS
11	2169	EMMA SUMAY MIGUEZ	00:07:24	00:04:37		CLUB MARINEDA ATLETICO	A CORUÑA
12	2167	ALBA DÍAZ RUIZ	00:07:27	00:04:40		CLUB MARINEDA ATLETICO	A CORUÑA
13	2175	SABELA REY	00:07:28	00:04:40			A CORUÑA
14	2168	ANDREA CAINZOS GARCIA	00:07:34	00:04:44		CLUB MARINEDA ATLETICO	LA CORUÑA
15	2164	MARTA MIRA	00:09:36	00:06:00		CLUB ATLETISMO SADA	PERILLO

Sub 14 Masculino. Distancia: 1.600 m

PtoCat	Dorsal	Nombre	T_Final	RitmoKm	Licencia	Club	Localidad
1	2180	DANIEL SALGUEIRO UCEIRA	00:05:56	00:03:43		ATLETISMO CORUÑA COMARCA	A CORUÑA
2	2181	SAMUEL FRAGA RIOS	00:06:03	00:03:47		CLUB ATLETISMO SADA	PERILLO-OLEIROS
3	2182	DARÍO AMBITE SANTANA	00:06:19	00:03:57		CLUB ATLETISMO SADA	CAMBRE
4	2179	MATEO ROMERO SUAREZ	00:06:24	00:04:00		ATLETISMO CORUÑA COMARCA	LA CORUÑA
5	2184	PELAYO BLANCO GARCIA	00:06:37	00:04:08		CLUB ATLETISMO SADA	OLEIROS
6	2187	PABLO VAZQUEZ GONZALEZ-EL	00:06:51	00:04:17			A CORUÑA
7	2183	UNAI COSTA MUÑIZ	00:07:08	00:04:28		CLUB ATLETISMO SADA	VILABOIA CULLERED
8	2192	SERGIO BLANCO SANTOS	00:07:08	00:04:28			A CORUÑA
9	2189	DAVID CANAL MENDES	00:07:09	00:04:28			LA CORUÑA
10	2188	CESAR CASAL	00:07:12	00:04:30			CORUÑA
11	2186	IÑIGO FERNANDEZ-PEITEADO E	00:07:18	00:04:34		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
12	2194	JUAN ARTIME PRADO	00:07:22	00:04:37			A CORUÑA
13	2193	MANUEL BELLO VILARIÑO	00:07:40	00:04:48			A CORUÑA
14	2178	MARTIN PENA GARCIA	00:07:53	00:04:56		AD JARNACHAS	ARTEIXO

**IX CP TORRE DE HÉRCULES - TROFEO J.A. VARELA CALVIÑO - I C. SOLIDARIA #QUERÉMONOSVIVAS, A Coruña 23/03/2019**

Sub 10 Femenino. Distancia: 800 m

PtoCat	Dorsal	Nome	T_Final	RitmoKm	Licenza	Club	Localidade
1	2002	SARA DÍAZ RUIZ	00:03:35	00:04:28		ATLETISMO CORUÑA COMARCA	A CORUÑA
2	2001	VEGA REBOREDO PRADO	00:03:36	00:04:30		ATLETISMO CORUÑA COMARCA	A CORUÑA
3	2014	NOA VÁZQUEZ FUENTES	00:03:38	00:04:32			A CORUÑA
4	2005	LARA VILLAR SAAVEDRA	00:03:42	00:04:37		CLUB MARINEDA ATLETICO	A CORUÑA
5	2011	JIMENA GARCÍA MATEO	00:03:49	00:04:46			LA CORUÑA
6	2023	MANUELA LEMA OTERO	00:03:49	00:04:47			A CORUÑA
7	2008	ALBA PORTO LÓPEZ	00:04:01	00:05:01		MESOIRO RUNNING	A CORUÑA
8	2006	CARLA VILELA NÚÑEZ	00:04:02	00:05:02		CLUB MARINEDA ATLETICO	A CORUÑA
9	2004	RUTH BARCA DE CARRILLO	00:04:03	00:05:03		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
10	2012	KATYANA GIOVANNINI	00:04:03	00:05:04			A CORUNA
11	2016	ADRIANA GARRIDO RODRÍGUEZ	00:04:05	00:05:07			A CORUÑA
12	2017	DANIELA ALEJANDRA MARTÍNEZ GALCERAN	00:04:07	00:05:09			LA CORUÑA
13	2018	ZAIRA DÍAZ GONZÁLEZ	00:04:08	00:05:10			A CORUÑA
14	2021	ALDARA SANDE SEOANE	00:04:11	00:05:14			OLEIROS
15	2007	MARTINA E.F.	00:04:14	00:05:17		FAMILIA E.F.	A CORUÑA
16	2009	INÉS SANMARTÍN CASTRO	00:04:24	00:05:29			A CORUÑA
17	2019	PAULA SEIJAS SEOANE	00:07:49	00:09:46			A CORUÑA



## IX CP TORRE DE HÉRCULES - TROFEO J.A. VARELA CALVIÑO - I.C. SOLIDARIA #QUERÉMONOSVIVAS, A Coruña 23/03/2019

Sub 10 Masculino. Distancia: 800 m

PtoCat	Dorsal	Nome	T_Final	RitmoKm	Licenza	Club	Localidade
1	2033	PABLO BARREIRO IGLESIAS	00:02:55	00:03:39		CLUB DEPORTIVO PINARIUM	BUEU
2	2034	MAURO SEGUÍN GARCÍA	00:02:56	00:03:40		CLUB MARINEDA ATLETICO	A CORUÑA
3	2037	LEANDRO LOPES SPENCER	00:02:57	00:03:41		CLUBE ATLETISMO VILALBA	VILALBA
4	2035	XAQUIM CASAL GONZÁLEZ	00:03:06	00:03:53		CLUB MARINEDA ATLETICO	CULLEREDO
5	2040	HUGO ZULUAGA LAMAZARES	00:03:09	00:03:56		OZA JUVENIL	A CORUÑA
6	2061	TEO GÓMEZ MEIJIDE	00:03:16	00:04:05			CULLEREDO
7	2054	JAVIER SEQUEIROS	00:03:18	00:04:07			O BURGO
8	2027	XABI CAMBA VÁZQUEZ	00:03:21	00:04:11		ATLETISMO CORUÑA COMARCA	CULLEREDO
9	2031	DIEGO AMBITE SANTANA	00:03:24	00:04:15		CLUB ATLETISMO SADA	CAMBRE
10	2029	ADRIAN PAZ CELEIRO	00:03:28	00:04:19		ATLETISMO RIAZOR CORUÑA	A CORUÑA
11	2057	HUGO ASENSIO BENITO	00:03:28	00:04:20			A CORUÑA
12	2052	ALVARO GARCIA LOPEZ	00:03:30	00:04:23			A CORUÑA
13	2053	MATEO LÓPEZ ALVITE	00:03:32	00:04:25			A CORUÑA
14	2048	TEO JOURET ÁLVAREZ	00:03:33	00:04:26			A CORUÑA
15	2045	ALEJANDRO SOTO GARCÍA	00:03:33	00:04:26			CULLEREDO
16	2074	BRUNO MUINELO JUL	00:03:34	00:04:27			OLEIROS
17	2077	HUGO OUBEL LORENZO	00:03:35	00:04:29			A CORUÑA
18	2051	SERGIO CANAL MENDES	00:03:36	00:04:30			A CORUÑA
19	2059	BRAIS CANICOBA IGLESIAS	00:03:37	00:04:31			CULLEREDO
20	2047	DIEGO LÓPEZ DE CRUZ	00:03:37	00:04:31			A CORUÑA
21	2069	JACOBO SOTO GARCÍA	00:03:38	00:04:32			CULLEREDO
22	2056	LEO VARELA OTA	00:03:39	00:04:33			A CORUÑA
23	2249	XOEL BERMUDEZ OUBER	00:03:40	00:04:35			
24	2044	MARIO DOMENECH FERNANDEZ	00:03:41	00:04:36			A CORUÑA
25	2032	PABLO PÉREZ SÁNCHEZ	00:03:41	00:04:37		CLUB ATLETISMO SADA	SADA
26	2073	PABLO IGLESIAS LEMA	00:03:44	00:04:40			A CORUÑA
27	2068	IKER CONDE VIEITES	00:03:45	00:04:42			CULLEREDO
28	2055	XABIER GARCÍA LEMA	00:03:48	00:04:44			CABREIRA (OLEIROS)
29	2070	GABRIEL ZAMBRANO SIFONTES	00:03:51	00:04:49			ARTEIXO
30	2036	HUGO FERNÁNDEZ ZAPATA	00:03:52	00:04:49		CLUB RUNNING	OLEIROS
31	2065	GABRIEL BOLÓN CASTRO	00:03:54	00:04:53			A CORUÑA
32	2067	ÁLVARO LOUREDA CONDE	00:03:59	00:04:58			LA CORUÑA
33	2085	DAVID BLANCO SANTOS	00:04:04	00:05:05			A CORUÑA
34	2030	ARTAI VILAR FERNÁNDEZ	00:04:06	00:05:08		ATLETISMO RIAZOR CORUÑA	A CORUÑA
35	2043	SAMUEL BOEDO PENA	00:04:12	00:05:15			A CORUÑA
36	2075	NICO VIGO GARCIA	00:04:14	00:05:17			A CORUÑA
37	2079	PABLO HERMIDA GIL	00:04:16	00:05:20			CULLEREDO
38	2076	HUGO JIMÉNEZ BERMUDEZ	00:04:19	00:05:24			A CORUÑA
39	2041	DIEGO FERNANDEZ LOPEZ	00:04:24	00:05:30		RUNNING OLEIROS	PERILLO-OLEIROS
40	2248	MATEO CASTRO FILGUEIRA	00:04:40	00:05:50			A CORUÑA
41	2049	RAÚL OROSA SANJUÁN	00:04:47	00:05:59			CORUÑA
42	2082	MARTÍN BALADO CRESPO	00:05:00	00:06:15			A CORUÑA
43	2080	PABLO SOUTO ALVAREZ	00:05:10	00:06:27			A CORUÑA