

## ABSOLUTA

| Posto | Dorsal | Tempo | Nome                          | P.Sex | Sexo | P.Cat | Categoría | Club                                   | Licenza    | Localidade             |
|-------|--------|-------|-------------------------------|-------|------|-------|-----------|--|------------|------------------------|
| 1     | 194    | 34:05 | PENA TORREIRA Amador          | 1     | M    | 1     | MÁSTER A  |  |            | CARBALLO               |
| 2     | 150    | 34:33 | ALVAREZ CURES Juan            | 2     | M    | 1     | MÁSTER B  | CLUB ATLETISMO O PINO                  | TAG2024419 | CARBALLO               |
| 3     | 92     | 34:36 | PÉREZ LÓPEZ Manuel Oliver     | 3     | M    | 2     | MÁSTER B  | CLUB ATLETISMO SAR VERMÚ PETRONI       | GA768549   | CULLEREDO              |
| 4     | 265    | 35:13 | MUIÑO VARELA Cristian         | 4     | M    | 1     | SENIOR    |  |            | CORISTANCO             |
| 5     | 183    | 35:19 | SANCHEZ SAN LUIS Jose Maria   | 5     | M    | 2     | MÁSTER A  | CLUB ATLETISMO SAR VERMÚ PETRONI       | AG-2027751 | CULLEREDO              |
| 6     | 263    | 35:31 | INSUA DIAZ Ruben              | 6     | M    | 2     | SENIOR    | CLUB ATLETISMO SAR VERMÚ PETRONI       | AG2023812  | FISTERRA               |
| 7     | 116    | 35:57 | SEOANE PUGA Javier            | 7     | M    | 3     | MÁSTER B  | INDEPENDIENTE                          |            | CARBALLO               |
| 8     | 139    | 36:25 | VÁZQUEZ ARES Fernando         | 8     | M    | 4     | MÁSTER B  | ATLETAS DE ACEA DE AMA                 |            | CAMBRE                 |
| 9     | 249    | 36:37 | FUENTES BARDANCA Daniel       | 9     | M    | 3     | SENIOR    |  |            | A CORUÑA               |
| 10    | 202    | 37:13 | FLOREZ PEREZ Andres           | 10    | M    | 3     | MÁSTER A  |  |            | A CORUÑA               |
| 11    | 271    | 37:17 | FERNÁNDEZ TOJO Alexandre      | 11    | M    | 4     | SENIOR    | TAMBRE BIKE&RUNNING                    | AG 2026759 | VAL DO DUBRA           |
| 12    | 160    | 37:36 | SEÑARÍS PARDO José Antonio    | 12    | M    | 5     | MÁSTER B  | RUNNERS CARBALLO                       |            | CARBALLO               |
| 13    | 111    | 37:46 | RODRIGUEZ VENTUREIRA Cesar    | 13    | M    | 6     | MÁSTER B  | RUNNING ARTEIXO                        |            | A LARACHA              |
| 14    | 48     | 37:53 | ALVAREZ CHINCHILLA Jesus      | 14    | M    | 1     | MÁSTER C  | CLUB ATLETISMO SADA                    | GA 769057  | SADA                   |
| 15    | 252    | 38:11 | RODRÍGUEZ CAMBÓN Adrián       | 15    | M    | 5     | SENIOR    | A.D. DOWNHILL                          |            | A LARACHA              |
| 16    | 98     | 38:27 | REY QUINTELA Eduardo          | 16    | M    | 7     | MÁSTER B  | ATLETAS DE ACEA DE AMA                 |            | CULLEREDO              |
| 17    | 267    | 38:36 | BALAY LOSADA Gonzalo          | 17    | M    | 6     | SENIOR    | NOSPORTLIMIT                           |            | A CORUÑA               |
| 18    | 171    | 38:42 | BREGUA CHAS Ruben             | 18    | M    | 4     | MÁSTER A  | 3&RUN BY PEDRO NIMO CLUB DE CORREDORES |            | CULLEREDO              |
| 19    | 173    | 38:46 | RODRÍGUEZ PAZ Alexandre       | 19    | M    | 5     | MÁSTER A  |  |            | CULLEREDO              |
| 20    | 208    | 38:59 | AÑON CEAN Carlos              | 20    | M    | 6     | MÁSTER A  | A.D. MEDIA DUCIA                       |            | MALPICA DE BERGANTIÑOS |
| 21    | 172    | 39:09 | MASEDA VARELA Alfonso         | 21    | M    | 7     | MÁSTER A  |  |            | A CORUÑA               |
| 22    | 245    | 39:13 | MOSQUERA GONZÁLEZ Luis        | 22    | M    | 7     | SENIOR    | CLUB ATLETISMO BOIMORTO                |            | BOIMORTO               |
| 23    | 227    | 39:13 | LOPEZ Adrian                  | 23    | M    | 8     | SENIOR    |  |            | A CORUÑA               |
| 24    | 175    | 39:28 | CASTRO SÁNCHEZ Alberto        | 24    | M    | 8     | MÁSTER A  | ATLETAS DE ACEA DE AMA                 | AG 2025946 | CULLEREDO              |
| 25    | 235    | 39:32 | GONZALEZ Alberto              | 25    | M    | 9     | SENIOR    |  |            | SANTIAGO DE COMPOSTELA |
| 26    | 184    | 39:32 | VILLAR GARCÍA Alberto         | 26    | M    | 9     | MÁSTER A  |  |            | CARBALLO               |
| 27    | 186    | 39:38 | BARCA ESPAÑA Marcial Anibal   | 27    | M    | 10    | MÁSTER A  | CLUB ATLETISMO O PINO                  | AG2027730  | CORISTANCO             |
| 28    | 45     | 39:55 | GARCIA BELLO Alfonso          | 28    | M    | 2     | MÁSTER C  | INDEPENDIENTE                          |            | CAMBRE                 |
| 29    | 21     | 40:00 | GESTO CAABEIRO Julian Josr    | 29    | M    | 3     | MÁSTER C  | RUNNING OLEIROS                        |            | OLEIROS                |
| 30    | 189    | 40:05 | REBORIDO REBOREDO Ruben       | 30    | M    | 11    | MÁSTER A  | A.D. JARNACHAS                         |            | ARTEIXO                |
| 31    | 119    | 40:45 | LÓPEZ EIROA Simón             | 31    | M    | 8     | MÁSTER B  | ATLETAS DE ACEA DE AMA                 |            | OLEIROS                |
| 32    | 187    | 40:58 | ALVITE FERREIRO Rocio         | 1     | F    | 1     | MÁSTER A  |  | GA768548   | MAZARICOS              |
| 33    | 142    | 41:04 | LOEDA SOTO Cristina           | 2     | F    | 1     | MÁSTER B  |  |            | A CORUÑA               |
| 34    | 222    | 41:15 | PAN SUAREZ Pedro              | 32    | M    | 10    | SENIOR    |  |            | A CORUÑA               |
| 35    | 262    | 41:30 | VIDAL LORENZO Martin          | 33    | M    | 11    | SENIOR    | TERRA DE SONEIRA                       |            | VIMIÁNZO               |
| 36    | 86     | 41:38 | SERRANO REMUIÑAN Jose Antonio | 34    | M    | 9     | MÁSTER B  |  |            | CARBALLO               |
| 37    | 65     | 41:53 | CASTRO VILLAVEVERDE Teresa    | 3     | F    | 1     | MÁSTER C  | CLUB ATLETISMO NOIA                    | GA-764774  | VIMIÁNZO               |
| 38    | 270    | 42:05 | CAAMAÑO RODRIGUEZ Francisco   | 35    | M    | 12    | SENIOR    |  |            | A LARACHA              |

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|----|-----|-------|--------------------------------|----|---|----|----------|------------------------|------------|-------------------|
| 39 | 33  | 42:10 | CORREA PIÑEIRO Fco Javier      | 36 | M | 4  | MÁSTER C | ATLETAS DE ACEA DE AMA | AG-2018913 | CULLEREDO         |
| 40 | 444 | 42:14 | FERNANDEZ VIDAL Angel          | 37 | M | 55 | MASTER C |                        |            | MUROS             |
| 41 | 159 | 42:31 | CASÁS CASÁS José Manuel        | 38 | M | 10 | MÁSTER B |                        |            | A CORUÑA          |
| 42 | 76  | 42:36 | GALÁN PRESAS Juan              | 39 | M | 5  | MÁSTER C | CLUB ATLETISMO SADA    | AG 2021345 | A CORUÑA          |
| 43 | 179 | 42:42 | FRA FERNANDEZ Luis             | 40 | M | 12 | MÁSTER A |                        |            | ARTEIXO           |
| 44 | 144 | 42:43 | RAÑA FUENTES Jose Manuel       | 41 | M | 11 | MÁSTER B |                        |            | ORDES             |
| 45 | 155 | 43:05 | PENAS GARCÍA Rubén             | 42 | M | 12 | MÁSTER B | TAMBRE BIKE&RUNNING    |            | OROSO             |
| 46 | 71  | 43:11 | ZIRANI GATTARI Aziz            | 43 | M | 6  | MÁSTER C |                        |            | A CORUÑA          |
| 47 | 74  | 43:12 | ASTRAY CASTRO Jesús            | 44 | M | 7  | MÁSTER C | ATLETAS DE ACEA DE AMA |            | A CORUÑA          |
| 48 | 241 | 43:14 | FORMOSO CASTRO Jorge           | 45 | M | 13 | SENIOR   | CLUBE ATLETISMO FENE   |            | NEDA              |
| 49 | 108 | 43:23 | FRANCOS VÁZQUEZ Víctor Manuel  | 46 | M | 13 | MÁSTER B |                        |            | A CORUÑA          |
| 50 | 129 | 43:28 | SUÁREZ SUÁREZ Gonzalo          | 47 | M | 14 | MÁSTER B |                        |            | A CORUÑA          |
| 51 | 276 | 43:29 | MUIÑO GARRIDO Alexandre        | 48 | M | 1  | SUB 23   |                        |            | CARBALLO          |
| 52 | 42  | 43:55 | GONZALEZ RAMIL Juan Jose       | 49 | M | 8  | MÁSTER C |                        |            | AS PONTES         |
| 53 | 164 | 44:05 | GONZÁLEZ MONTERO Pablo         | 50 | M | 13 | MÁSTER A |                        |            | A CORUÑA          |
| 54 | 255 | 44:06 | ALVAREZ PORTEIRO Gonzalo       | 51 | M | 14 | SENIOR   |                        |            | ARTEIXO           |
| 55 | 216 | 44:11 | FERREIRO ZAS Javier            | 52 | M | 14 | MÁSTER A | NOSPORTLIMIT           |            | A CORUÑA          |
| 56 | 78  | 44:31 | BERMÚDEZ VARELA José           | 53 | M | 15 | MÁSTER B | AD MEDIADUCIA          |            | CARBALLO          |
| 57 | 147 | 44:40 | GARCÍA SANCHEZ Nati            | 4  | F | 2  | MÁSTER B | CLUB ATLETISMO SADA    | GA769054   | OLEIROS           |
| 58 | 16  | 44:48 | VARELA MIGUEZ Ramon Antonio    | 54 | M | 1  | MÁSTER D |                        |            | A CORUÑA          |
| 59 | 156 | 44:49 | RIVAS SUAREZ Natalia           | 5  | F | 3  | MÁSTER B | CLUB ATLETISMO O PINO  | AG2027731  | CARBALLO          |
| 60 | 58  | 44:52 | DÍAZ CORRAL Carlos             | 55 | M | 9  | MÁSTER C |                        |            | FERROL            |
| 61 | 70  | 45:03 | RODRIGUEZ CAAMAÑO Carlos       | 56 | M | 10 | MÁSTER C |                        |            | A LARACHA         |
| 62 | 232 | 45:04 | CASÁS VARELA Marcos            | 57 | M | 15 | SENIOR   |                        |            | CARBALLO          |
| 63 | 166 | 45:05 | MOUZO RODRIGUEZ Martin         | 58 | M | 15 | MÁSTER A |                        |            | MUXÍA             |
| 64 | 181 | 45:14 | TASENDE ANDRADE Martina        | 6  | F | 2  | MÁSTER A | A.D.MEDIADUCIA         |            | CARBALLO          |
| 65 | 162 | 45:23 | PÉREZ FERREIRO Juan            | 59 | M | 16 | MÁSTER B |                        |            | A CORUÑA          |
| 66 | 134 | 45:36 | MARTÍNEZ Fernando              | 60 | M | 17 | MÁSTER B |                        |            | MONFORTE DE LEMOS |
| 67 | 210 | 45:38 | VÁZQUEZ RIVERA Perfecto        | 61 | M | 16 | MÁSTER A |                        |            | A CORUÑA          |
| 68 | 24  | 45:42 | VAAMONDE RÚA Jesús             | 62 | M | 11 | MÁSTER C | CLUB CORUÑA COMARCA    |            | A CORUÑA          |
| 69 | 238 | 45:49 | SOLIS CAAMAÑO Monse            | 7  | F | 1  | SENIOR   | AD MONTEBRONDO         |            | ZAS               |
| 70 | 110 | 45:50 | SAINZ LÓPEZ Manu               | 63 | M | 18 | MÁSTER B | CLUB CORRER ASTURIAS   |            | AVILÉS            |
| 71 | 283 | 46:00 | YOUSEI Oussama                 | 64 | M | 1  | SUB 20   |                        |            | A LARACHA         |
| 72 | 29  | 46:06 | FONTENLA MUIÑO Manuel          | 65 | M | 12 | MÁSTER C | ATLETAS DE ACEA DE AMA |            | CAMBRE            |
| 73 | 44  | 46:10 | TURRION PEREIRO Angel Jose     | 66 | M | 13 | MÁSTER C |                        |            | A CORUÑA          |
| 74 | 28  | 46:17 | GARCÍA MARIÑO José Ramón       | 67 | M | 14 | MÁSTER C |                        |            | CARBALLO          |
| 75 | 96  | 46:21 | GONZÁLEZ LEDO Francisco Javier | 68 | M | 19 | MÁSTER B | RUNNING OLEIROS        | AG2024183  | CULLEREDO         |
| 76 | 226 | 46:30 | GAYOSO PAZ Javier              | 69 | M | 16 | SENIOR   | NOSPORTLIMIT           |            | A CORUÑA          |
| 77 | 93  | 46:42 | REGUEIRA MESÍA José Ramón      | 70 | M | 20 | MÁSTER B |                        |            | NARÓN             |
| 78 | 242 | 46:43 | CHEN LIN Yan Li                | 8  | F | 2  | SENIOR   | BEER RUNNERS           |            | A CORUÑA          |
| 79 | 205 | 46:49 | DOMATO VERDIA Juan Carlos      | 71 | M | 17 | MÁSTER A |                        |            | ARTEIXO           |
| 80 | 10  | 46:51 | GARCÍA Xurxo                   | 72 | M | 2  | MÁSTER D |                        |            | A CORUÑA          |
| 81 | 239 | 46:52 | AÑON RODRIGUEZ Zeus            | 73 | M | 17 | SENIOR   |                        |            | A LARACHA         |
| 82 | 230 | 46:56 | MALLO PEREZ Ruben              | 74 | M | 18 | SENIOR   |                        |            | A LARACHA         |
| 83 | 217 | 47:01 | GÓMEZ BERGONDO Martín          | 75 | M | 18 | MÁSTER A | RANASS                 |            | A CORUÑA          |
| 84 | 54  | 47:04 | GARCÍA BELLO Santiago          | 76 | M | 15 | MÁSTER C | INDEPENDIENTE          |            | CAMBRE            |

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| 85  | 19  | 47:04 | GARCIA BELLO Antonio           | 77  | M | 16 | MÁSTER C | ATLETAS DE ACEA DE AMA           |            | CAMBRE           |
| 86  | 209 | 47:06 | CASTRO CABEZA Marcos           | 78  | M | 19 | MÁSTER A |                                  |            | A LARACHA        |
| 87  | 203 | 47:15 | SÁNCHEZ Isaac                  | 79  | M | 20 | MÁSTER A |                                  |            | A CORUÑA         |
| 88  | 104 | 47:36 | ALDAO PENA Juan-Carlos         | 80  | M | 21 | MÁSTER B |                                  |            | SATIGNY          |
| 89  | 61  | 47:47 | TRILLO CARLÍN Fernando         | 81  | M | 17 | MÁSTER C | A.D. FOGAR CARBALLO              | 52434314   | CARBALLO         |
| 90  | 41  | 47:50 | BELLO COSTAL Constantino       | 82  | M | 18 | MÁSTER C | ATLETICA A SILVA                 | AG69823    | CERCEDA          |
| 91  | 73  | 47:55 | MARTINEZ ZAS Jose              | 83  | M | 19 | MÁSTER C |                                  |            | ARTEIXO          |
| 92  | 122 | 47:56 | PORRO CORREIRA Agustín José    | 84  | M | 22 | MÁSTER B | K2ORDES                          | AG2020241  | ORDES            |
| 93  | 261 | 48:01 | PACIOS RODRIGUEZ Tamara        | 9   | F | 3  | SENIOR   |                                  |            | A CORUÑA         |
| 94  | 161 | 48:04 | ORGEIRA Maria Jesus            | 10  | F | 4  | MÁSTER B |                                  |            | TORDOIA          |
| 95  | 27  | 48:09 | INSUA INSUA Manuel             | 85  | M | 20 | MÁSTER C |                                  |            | FISTERRA         |
| 96  | 12  | 48:16 | OUTES PAZ Manuel               | 86  | M | 3  | MÁSTER D |                                  |            | CARBALLO         |
| 97  | 237 | 48:19 | EIRIS ÁLVAREZ Diego            | 87  | M | 19 | SENIOR   |                                  |            | CARBALLO         |
| 98  | 251 | 48:26 | CASTRO TATO José Manuel        | 88  | M | 20 | SENIOR   |                                  |            | CARBALLO         |
| 99  | 153 | 48:30 | ROEL MIRANDA Jose Luis         | 89  | M | 23 | MÁSTER B |                                  |            | ABEGONDO         |
| 100 | 85  | 48:46 | HUNKELER Thomas                | 90  | M | 24 | MÁSTER B |                                  |            | SUIZA            |
| 101 | 137 | 48:48 | CASTRO GONZÁLEZ Jesús Manuel   | 11  | F | 5  | MÁSTER B |                                  |            | CARBALLO         |
| 102 | 40  | 48:48 | PÉREZ MIÑONES Rogelio Manuel   | 91  | M | 21 | MÁSTER C |                                  |            | A CORUÑA         |
| 103 | 248 | 48:59 | ROMERO LAGO Oscar              | 92  | M | 21 | SENIOR   |                                  |            | A CORUÑA         |
| 104 | 157 | 49:03 | VARELA VERDES Jose             | 93  | M | 25 | MÁSTER B | BEER RUNNERS CORUÑA              |            | A CORUÑA         |
| 105 | 167 | 49:19 | RIADIGOS MOSQUERA Carlos       | 94  | M | 21 | MÁSTER A | NON TEÑO                         |            | A CORUÑA         |
| 106 | 275 | 49:28 | QUINTELA CASAL Lucía           | 12  | F | 1  | SUB 23   | CLUB ATLETISMO O PINO            | AG 2028384 | O PINO           |
| 107 | 43  | 49:36 | PARGUIÑA FERNÁNDEZ Susana      | 13  | F | 2  | MÁSTER C | EGOVARROS DE VIVEIRO             | GA 765964  | A CORUÑA         |
| 108 | 163 | 49:37 | FRANCO CAMBÓN Francisco Javier | 95  | M | 22 | MÁSTER A |                                  |            | A LARACHA        |
| 109 | 105 | 49:43 | GROBAS GARABOA María José      | 14  | F | 6  | MÁSTER B | CLUB ATLETISMO BOIMORTO          |            | MESÍA            |
| 110 | 90  | 49:44 | LAGARES CARRO Maxi             | 96  | M | 26 | MÁSTER B | ESPRINTES OURENSE                |            | ORDES            |
| 111 | 60  | 50:02 | RAMOS RODRIGUEZ Suso           | 97  | M | 22 | MÁSTER C | A.D. DOWNHILL                    | AG 2022293 | A LARACHA        |
| 112 | 87  | 50:02 | RODRIGUEZ GOLÁN Maricarmen     | 15  | F | 7  | MÁSTER B | A.D. DOWNHILL                    |            | A LARACHA        |
| 113 | 18  | 50:08 | LOPEZ MARTIN Javier            | 98  | M | 4  | MÁSTER D |                                  |            | A CORUÑA         |
| 114 | 234 | 50:20 | GRAÑA ALLEE Jesús              | 99  | M | 22 | SENIOR   |                                  |            | A LARACHA        |
| 115 | 269 | 50:22 | LILLO CERVETO Clara            | 16  | F | 4  | SENIOR   |                                  |            | ALICANTE/ALACANT |
| 116 | 102 | 50:22 | GARRIDO POSE Rullar            | 100 | M | 27 | MÁSTER B | A.D. DOWNHILL                    |            | A CORUÑA         |
| 117 | 13  | 50:37 | REDONDO LAGO Juan Jose         | 101 | M | 5  | MÁSTER D |                                  |            | A CORUÑA         |
| 118 | 192 | 50:37 | PEREZ VEIGA Jose Manuel        | 102 | M | 23 | MÁSTER A |                                  |            | VALDOVIÑO        |
| 119 | 151 | 50:37 | ANDRADE CASTRO Carlos          | 103 | M | 28 | MÁSTER B | PONTERIDERS                      |            | PONTECESO        |
| 120 | 81  | 50:39 | MÉNDEZ SUÁREZ Suso             | 104 | M | 29 | MÁSTER B | PONTERIDERS                      |            | PONTECESO        |
| 121 | 259 | 50:40 | POSE GARCÍA Daniel             | 105 | M | 23 | SENIOR   | NOSPORTLIMIT                     |            | CAMBRE           |
| 122 | 36  | 50:54 | FERNÁNDEZ FRAGA Javier         | 106 | M | 23 | MÁSTER C | RUNNING ARTEIXO                  |            | ARTEIXO          |
| 123 | 55  | 50:57 | DORNEL MOLINA Alejandro Daniel | 107 | M | 24 | MÁSTER C |                                  |            | CULLEREDO        |
| 124 | 174 | 50:59 | VIDAL RODRÍGUEZ óscar          | 108 | M | 24 | MÁSTER A | EQUIPO A                         |            | A CORUÑA         |
| 125 | 1   | 51:09 | SAINZ GARCIA Fernando          | 109 | M | 6  | MÁSTER D | CLUB ATLETISMO SAR VERMÚ PETRONI | AG2021150  | AMES             |
| 126 | 127 | 51:19 | MAÑANA DANS Pablo              | 110 | M | 30 | MÁSTER B |                                  |            | ARTEIXO          |
| 127 | 191 | 51:22 | GARCÍA SUAREZ Francisco Javier | 111 | M | 25 | MÁSTER A |                                  |            | ARTEIXO          |
| 128 | 136 | 51:26 | VALIÑA Venerando               | 112 | M | 31 | MÁSTER B |                                  |            | A LARACHA        |
| 129 | 34  | 51:28 | ARMADA CASÁS Luis              | 113 | M | 25 | MÁSTER C |                                  |            | BERGONDO         |
| 130 | 170 | 51:28 | OTERO José Ezequiel            | 114 | M | 26 | MÁSTER A |                                  |            | BERGONDO         |

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| 131 | 220 | 51:33 | LÓPEZ José Luis               | 115 | M | 24 | SENIOR   |                                    | A FONSGRADA       |
| 132 | 14  | 51:44 | GRELA RODRÍGUEZ Jose          | 116 | M | 7  | MÁSTER D |                                    | A CORUÑA          |
| 133 | 37  | 51:47 | CALDERÓN FERNÁNDEZ Eloy       | 117 | M | 26 | MÁSTER C |                                    | A CORUÑA          |
| 134 | 106 | 51:49 | JUVIÑO PREGO ángel            | 118 | M | 32 | MÁSTER B | DREAM TEAM                         | A CORUÑA          |
| 135 | 59  | 51:54 | LÓPEZ VILAS Geli              | 17  | F | 3  | MÁSTER C | RUNNING ARTEIXO                    | ARTEIXO           |
| 136 | 244 | 52:10 | CAMPOS GARRIDO Carlos         | 119 | M | 25 | SENIOR   |                                    | CARBALLO          |
| 137 | 79  | 52:12 | GRAMCKO Ernesto               | 120 | M | 33 | MÁSTER B |                                    | OLEIROS           |
| 138 | 228 | 52:15 | LOUREIRO LOPEZ Martina        | 18  | F | 5  | SENIOR   |                                    | A LARACHA         |
| 139 | 250 | 52:21 | PONTE VARELA Emmanuel         | 121 | M | 26 | SENIOR   |                                    | A CORUÑA          |
| 140 | 11  | 52:28 | REY PAULOS Manuel Jose        | 122 | M | 8  | MÁSTER D | NINGUNO                            | CARBALLO          |
| 141 | 206 | 52:39 | PAMPIN BARREIRO Joaquin       | 123 | M | 27 | MÁSTER A |                                    | A LARACHA         |
| 142 | 97  | 52:46 | RAMOS Josema                  | 124 | M | 34 | MÁSTER B |                                    | CÓRDOBA           |
| 143 | 83  | 52:52 | GONZÁLEZ GONZÁLEZ José Miguel | 125 | M | 35 | MÁSTER B | XINO XANO                          | A CORUÑA          |
| 144 | 218 | 52:57 | ROJO PARDIÑAS Ruben           | 126 | M | 28 | MÁSTER A |                                    | CAMBRE            |
| 145 | 91  | 53:00 | FERNÁNDEZ PEREZ Eder          | 127 | M | 36 | MÁSTER B |                                    | OROSO             |
| 146 | 178 | 53:12 | LAVANDEIRA GARCIA Victor      | 128 | M | 29 | MÁSTER A |                                    | CARBALLO          |
| 147 | 103 | 53:12 | LORENZO RIVEIRO Jose Angel    | 129 | M | 37 | MÁSTER B |                                    | CULLEREDO         |
| 148 | 124 | 53:39 | TEDÍN MOUZO Marcos            | 130 | M | 38 | MÁSTER B | INDEPENDIENTE                      | MUROS             |
| 149 | 64  | 53:44 | ROEL Ana                      | 19  | F | 4  | MÁSTER C |                                    | A CORUÑA          |
| 150 | 95  | 53:51 | PÉREZ TRILLO Isabel           | 20  | F | 8  | MÁSTER B |                                    | VIMIANZO          |
| 151 | 236 | 53:52 | GONZALEZ FERNANDEZ Breogan    | 131 | M | 27 | SENIOR   |                                    | A CORUÑA          |
| 152 | 272 | 53:53 | FARIAS Amanda                 | 21  | F | 6  | SENIOR   |                                    | A CORUÑA          |
| 153 | 177 | 54:15 | SOMMERFELT Berit              | 22  | F | 3  | MÁSTER A |                                    | A CORUÑA          |
| 154 | 22  | 54:17 | SÁNCHEZ BASCOY Silvia         | 23  | F | 5  | MÁSTER C |                                    | A CORUÑA          |
| 155 | 26  | 54:29 | CERQUEIRO CONDE Jose          | 132 | M | 27 | MÁSTER C | TAMBRE BIKE&RUNNING                | OROSO             |
| 156 | 94  | 54:32 | SOUTO Valentin                | 133 | M | 39 | MÁSTER B |                                    | ORDES             |
| 157 | 84  | 54:38 | PETEIRO ROSENDE Pedro         | 134 | M | 40 | MÁSTER B | RUNNING OLEIROS                    | ARANGA            |
| 158 | 231 | 54:39 | GÓMEZ PRECEDO Luís Alberto    | 135 | M | 28 | SENIOR   | 2                                  | CARBALLO          |
| 159 | 121 | 54:45 | BUÑO BARREIRO Jose Francisco  | 136 | M | 41 | MÁSTER B |                                    | A CORUÑA          |
| 160 | 125 | 54:48 | CONDE LÓPEZ Víctor Hugo       | 137 | M | 42 | MÁSTER B | TERRA DE SONEIRA                   | CEE               |
| 161 | 223 | 54:49 | ROSTRO SOUTULLO Diego         | 138 | M | 29 | SENIOR   |                                    | CARBALLO          |
| 162 | 282 | 54:50 | HUNKELER Selina               | 24  | F | 1  | SUB 20   |                                    | SUIZA             |
| 163 | 88  | 55:01 | MUÑOZ Marta                   | 25  | F | 9  | MÁSTER B |                                    | A CORUÑA          |
| 164 | 117 | 55:15 | MACEIRAS SEOANE Rosa María    | 26  | F | 10 | MÁSTER B | RUNNING ARTEIXO                    | ARTEIXO           |
| 165 | 204 | 55:16 | GONZALEZ LAGE Esteban         | 139 | M | 30 | MÁSTER A | A.D. DOWNHILL                      | CARBALLO          |
| 166 | 280 | 55:20 | CAAMAÑO RODRIGUEZ Rubén       | 140 | M | 2  | SUB 20   |                                    | A LARACHA         |
| 167 | 201 | 55:21 | MACEIRAS SEOANE Roberto       | 141 | M | 31 | MÁSTER A | DC                                 | PALMA DE MALLORCA |
| 168 | 240 | 55:25 | LOURIDO MARTÍNEZ Javier       | 142 | M | 30 | SENIOR   | AS VELLAS NON PARAMOS MULTIDEPORTE | SADA              |
| 169 | 215 | 55:27 | VÁZQUEZ SANTOS María José     | 27  | F | 4  | MÁSTER A | NOSPORTLIMIT                       | CULLEREDO         |
| 170 | 258 | 55:42 | POENAR Raluca Mihaela         | 28  | F | 7  | SENIOR   | NOSPORTLIMIT                       | A CORUÑA          |
| 171 | 233 | 55:45 | MORIS VIEITES Alberto         | 143 | M | 31 | SENIOR   |                                    | A CORUÑA          |
| 172 | 31  | 55:51 | BARCÓN SÁNCHEZ María Del Mar  | 29  | F | 6  | MÁSTER C | LA MOCHILA DEL DEPORTE             | AG2026204         |
| 173 | 146 | 55:59 | AÑON COSTA Jose Antonio       | 144 | M | 43 | MÁSTER B |                                    | A LARACHA         |
| 174 | 224 | 55:59 | MARCOS BARREIRO Javier        | 145 | M | 32 | SENIOR   |                                    | LEÓN              |
| 175 | 123 | 56:00 | CASAL CAMBON Maria Jose       | 30  | F | 11 | MÁSTER B |                                    | A LARACHA         |
| 176 | 149 | 56:02 | CEREIJO PIÑEIRO Fran          | 146 | M | 44 | MÁSTER B |                                    | ARTEIXO           |

|     |     |         |                               |     |   |    |          |                         |               |                        |
|-----|-----|---------|-------------------------------|-----|---|----|----------|-------------------------|---------------|------------------------|
| 177 | 56  | 56:17   | FIGUEROA SUÁREZ Roberto       | 147 | M | 28 | MÁSTER C |                         |               | ARTEIXO                |
| 178 | 3   | 56:32   | LOPEZ RIO Eliseo              | 148 | M | 9  | MÁSTER D | EGOVARROS DE VIVEIRO    | AG2026273     | OLEIROS                |
| 179 | 274 | 56:39   | FUEYO VARELA Pablo            | 149 | M | 33 | SENIOR   |                         |               | A LARACHA              |
| 180 | 273 | 56:54   | SANCHEZ VAZQUEZ Juan          | 150 | M | 34 | SENIOR   |                         |               | JABUGO                 |
| 181 | 46  | 57:00   | CAÑADA MUÑOZ Alejandro        | 151 | M | 29 | MÁSTER C |                         |               | A CORUÑA               |
| 182 | 152 | 57:02   | VÁZQUEZ GONZALES Miguel Angel | 152 | M | 45 | MÁSTER B | LA MOCHILA DEL DEPORTE  |               | A CORUÑA               |
| 183 | 154 | 57:02   | HERMIDA CARBALLO Ana Belen    | 31  | F | 12 | MÁSTER B | LA MOCHILA DEL DEPORTE  | TGA2016960    | A CORUÑA               |
| 184 | 47  | 57:15   | LOPEZ MARTIN Gonzalo          | 153 | M | 30 | MÁSTER C |                         |               | A CORUÑA               |
| 185 | 67  | 57:16   | LÓPEZ SUÁREZ Ana              | 32  | F | 7  | MÁSTER C |                         |               | A CORUÑA               |
| 186 | 101 | 57:20   | MARTINEZ MARTINEZ Juan Manuel | 154 | M | 46 | MÁSTER B |                         |               | A LARACHA              |
| 187 | 165 | 58:19   | CODESIDO MONTOIRO María       | 33  | F | 5  | MÁSTER A | NOITEBRA                | AG2028209     | SANTIAGO DE COMPOSTELA |
| 188 | 89  | 59:21   | EIRAS SANCHEZ Segundo         | 155 | M | 47 | MÁSTER B |                         |               | A CORUÑA               |
| 189 | 207 | 59:23   | VAZQUEZ FEBRERO Pilar         | 34  | F | 6  | MÁSTER A | BEER RUNNERS CORUÑA     |               | A CORUÑA               |
| 190 | 30  | 1:00:33 | GARCIA CASTRO Jose Manuel     | 156 | M | 31 | MÁSTER C |                         |               | CULLEREDO              |
| 191 | 246 | 1:00:49 | MONTES BERMUDEZ Ruben         | 157 | M | 35 | SENIOR   |                         |               | ABEGONDO               |
| 192 | 168 | 1:00:49 | BALSEIRO PEON Jose Ramon      | 158 | M | 32 | MÁSTER A |                         |               | A CORUÑA               |
| 193 | 190 | 1:00:49 | GAGO VILAR Ana Belen          | 35  | F | 7  | MÁSTER A |                         |               | A LARACHA              |
| 194 | 115 | 1:00:51 | CIDONCHA MORÁN Nuria          | 36  | F | 13 | MÁSTER B | AD MEDIADUCIA           |               | CARBALLO               |
| 195 | 257 | 1:01:02 | PONTE REY Diego               | 159 | M | 36 | SENIOR   |                         |               | ARTEIXO                |
| 196 | 199 | 1:01:03 | EIRIN PEREZ Cristian          | 160 | M | 33 | MÁSTER A |                         |               | CAMBRE                 |
| 197 | 247 | 1:01:04 | ALDAO MORGADE Pablo           | 161 | M | 37 | SENIOR   |                         |               | CARBALLO               |
| 198 | 243 | 1:01:04 | GARCÍA CASAS Manuel           | 162 | M | 38 | SENIOR   |                         |               | A LARACHA              |
| 199 | 9   | 1:01:20 | RABUÑAL VAZQUEZ Arturo        | 163 | M | 10 | MÁSTER D |                         |               | A CORUÑA               |
| 200 | 32  | 1:01:20 | GARCIA GARCIA Carmen          | 37  | F | 8  | MÁSTER C | CLUB OLIMPIA            |               | A CORUÑA               |
| 201 | 77  | 1:01:23 | POSE CALVO Jose Luis          | 164 | M | 32 | MÁSTER C |                         |               | A LARACHA              |
| 202 | 287 | 1:01:23 | FERREIRO REGUEIRA Adrián      | 165 | M | 1  | SUB 18   |                         |               | A LARACHA              |
| 203 | 52  | 1:01:30 | GARCIA SANTIAGO Eduardo       | 166 | M | 33 | MÁSTER C |                         |               |                        |
| 204 | 145 | 1:01:39 | COTELO LISTA Manuel           | 167 | M | 48 | MÁSTER B |                         |               | ARTEIXO                |
| 205 | 133 | 1:01:42 | HERMIDA CARBALLO María        | 38  | F | 14 | MÁSTER B | LA MOCHILA DEL DEPORTE  | T A G 2016976 | A CORUÑA               |
| 206 | 4   | 1:01:43 | OUTES Ricardo                 | 168 | M | 11 | MÁSTER D |                         |               | CARBALLO               |
| 207 | 141 | 1:01:48 | PORTO CALVO Sergio            | 169 | M | 49 | MÁSTER B | C.A. OUTES. JOHN-TURKEY |               | A CORUÑA               |
| 208 | 69  | 1:02:11 | PÉREZ PARDO Sonia             | 39  | F | 9  | MÁSTER C |                         |               | A CORUÑA               |
| 209 | 62  | 1:02:12 | RIOBO MUIÑO Adolfo            | 170 | M | 34 | MÁSTER C |                         |               | ARTEIXO                |
| 210 | 176 | 1:03:15 | REYES PARDIÑAS Patricia       | 40  | F | 8  | MÁSTER A |                         |               | CARBALLO               |
| 211 | 180 | 1:03:15 | CANDIDO Marlene               | 41  | F | 9  | MÁSTER A |                         |               | A CORUÑA               |
| 212 | 254 | 1:03:27 | COTELO REY Jose Luis          | 171 | M | 39 | SENIOR   |                         |               | A LARACHA              |
| 213 | 221 | 1:04:01 | MARTINEZ CARPIO Silvia        | 42  | F | 8  | SENIOR   |                         |               | PONTEVEDRA             |
| 214 | 6   | 1:04:01 | GONZÁLEZ PEREIRA Manuel       | 172 | M | 12 | MÁSTER D | INDEPENDIENTE           |               | ARTEIXO                |
| 215 | 114 | 1:04:02 | PIÑEIRO HERRERO Julia         | 43  | F | 15 | MÁSTER B |                         |               | ARTEIXO                |
| 216 | 80  | 1:04:03 | IGLESIAS VARELA Albino        | 173 | M | 50 | MÁSTER B |                         |               | ARTEIXO                |
| 217 | 266 | 1:05:13 | ROMERO GOMEZ Laura            | 44  | F | 9  | SENIOR   |                         |               | MADRID                 |
| 218 | 278 | 1:05:51 | FREIRE LOPEZ Ana              | 45  | F | 2  | SUB 23   |                         |               | ARTEIXO                |
| 219 | 268 | 1:07:08 | SUÁREZ BARRIGÓN Leticia       | 46  | F | 10 | SENIOR   |                         |               | A LARACHA              |
| 220 | 436 | 1:07:22 | MAROZZI FERNANDEZ Omar        | 174 | M | 34 | MASTER B |                         |               | A LARACHA              |
| 221 | 131 | 1:07:54 | SUAREZ RODRIGUEZ Manuel       | 175 | M | 51 | MÁSTER B |                         |               | A LARACHA              |
| 222 | 100 | 1:07:54 | LANDEIRA LOPEZ Rosana         | 47  | F | 16 | MÁSTER B |                         |               | A LARACHA              |

|     |     |         |                             |    |   |    |          |  |           |           |
|-----|-----|---------|-----------------------------|----|---|----|----------|--|-----------|-----------|
| 223 | 138 | 1:09:37 | MARTIN Sharon               | 48 | F | 17 | MÁSTER B |  |           | A LARACHA |
| 224 | 200 | 1:13:03 | REY DOMÍNGUEZ Maria Jesús   | 49 | F | 10 | MÁSTER A |  |           | OUTES     |
| 225 | 5   | 1:26:18 | TRESGUERRAS GONZÁLEZ Elvira | 50 | F | 1  | MÁSTER D | CLUB ATLETISMO SAR VERMÚ PETRONI       | AG2024118 | AMES      |
| DNF | 107 |         | CAMPELO PENA Ismael         |    | M |    | MÁSTER B |  |           | CULLEREDO |
| DNF | 279 |         | VARELA ABELENDÁ Daniel      |    | M |    | SUB 20   |  |           | CARBALLO  |
| DNF | 51  |         | BELLO GÓMEZ Marcelo         |    | M |    | MÁSTER C | ATLETAS DE ACEA DE AMA                 |           | CULLEREDO |
| DNF | 128 |         | CASTRO CANDAMIO Maria       |    | F |    | MÁSTER B | CLUB ATLETISMO SADA                    |           | OLEIROS   |
| DNF | 126 |         | RODRÍGUEZ SUÁREZ Cruz       |    | F |    | MÁSTER B |  |           | A CORUÑA  |
| DNF | 72  |         | SÁNCHEZ SANTOS Luis         |    | M |    | MÁSTER C |  |           | A CORUÑA  |
| DNF | 20  |         | CASTILLO Raquel             |    | F |    | MÁSTER C |  |           | LAKELAND  |
| DNF | 264 |         | CASTILLO Cristina           |    | F |    | SENIOR   |  |           | LAKELAND  |
| DNF | 113 |         | VARELA VARELA Jesus         |    | M |    | MÁSTER B |  |           | A LARACHA |
| DNF | 68  |         | SERANTES GOMEZ Ramon        |    | M |    | MÁSTER C |  |           | A CORUÑA  |
| DNF | 118 |         | LOMBAO NÚÑEZ José Luis      |    | M |    | MÁSTER B | MESOIRO RUNNING                        |           | CAMBRE    |
| DNF | 23  |         | ÁLVAREZ PRADO Gonzalo       |    | M |    | MÁSTER C | CORRECAMINOS COYOTE ORDES RUNNING TEAM |           | ORDES     |
| DNF | 7   |         | MARTIN MORALES Gabriel      |    | M |    | MÁSTER D | CACIN                                  |           | A CORUÑA  |

## Sub18

| Posto | Dorsal | Tempo | Nome                           | P.Sex | Sexo | P.Cat | Categoría | Club                | Licenza   | Localidade |
|-------|--------|-------|--------------------------------|-------|------|-------|-----------|---------------------|-----------|------------|
| 1     | 285    | 18:10 | PÉREZ FERNÁNDEZ Brais          | 1     | M    | 1     | SUB 18    | TAMBRE BIKE&RUNNING | AG2026780 | AMES       |
| 2     | 284    | 19:48 | LODEIRO VARELA Samuel          | 2     | M    | 2     | SUB 18    |                     |           | CARBALLO   |
| 3     | 291    | 21:32 | ABELENDÁ POSE Ruben            | 3     | M    | 3     | SUB 18    |                     |           | CORISTANCO |
| 4     | 286    | 22:25 | SUÁREZ BARRIGÓN Manuel Antonio | 4     | M    | 4     | SUB 18    |                     |           | A LARACHA  |
| 5     | 288    | 25:36 | RODRIGUEZ RAMA Angel           | 5     | M    | 5     | SUB 18    |                     |           | A LARACHA  |
| 6     | 293    | 27:07 | HUNKELER Lara                  | 1     | F    | 1     | SUB 18    |                     |           | SUIZA      |



SISTEMA DE CRONOMETRAXE UTILIZADO  
POLA FEDERACIÓN GALEGA DE ATLETISMO





## Sub14/16

| Posto | Dorsal | Tempo | Nome                          | P.Sex | Sexo | P.Cat | Categoría | Club                          | Licenza   | Localidade |
|-------|--------|-------|-------------------------------|-------|------|-------|-----------|-------------------------------|-----------|------------|
| 1     | 313    | 13:58 | SIMON MARTIN ARAGON Jaime     | 1     | M    | 1     | SUB 16    | CLUB DEPORTIVO TAJAMAR        |           | ALCORCÓN   |
| 2     | 323    | 14:01 | ALCALA REY Yago               | 2     | M    | 1     | SUB 14    | CLUB DEPORTIVO TAJAMAR        |           | ALGETE     |
| 3     | 321    | 14:01 | GARCIA MARIÑO Jose Manuel     | 3     | M    | 2     | SUB 14    |                               |           | A LARACHA  |
| 4     | 325    | 14:15 | NEGREIRA ABELENDA José Manuel | 4     | M    | 3     | SUB 14    | ATLETISMO CARBALLO            |           | CARBALLO   |
| 5     | 318    | 14:21 | IGLESIAS TURNES Yago          | 5     | M    | 4     | SUB 14    |                               |           | BRIÓN      |
| 6     | 294    | 14:57 | DOPICO RODRIGUEZ Ivan         | 6     | M    | 2     | SUB 16    |                               |           | A LARACHA  |
| 7     | 298    | 15:10 | OTERO Ismael                  | 7     | M    | 3     | SUB 16    | RUNNING ARTEIXO               |           | ARTEIXO    |
| 8     | 329    | 15:12 | AYASO PARADA Alex             | 8     | M    | 5     | SUB 14    | SANTA UXIA ATLETISMO          | AG2027845 | RIBEIRA    |
| 9     | 299    | 15:14 | GARCIA REGUEIRA Nicolas       | 9     | M    | 4     | SUB 16    |                               |           | A LARACHA  |
| 10    | 297    | 15:21 | RODRIGUEZ CASAL Yeray         | 10    | M    | 5     | SUB 16    |                               |           | A LARACHA  |
| 11    | 438    | 15:30 | BELLO RODRIGUEZ Anxo          | 11    | M    | 6     | SUB 14    |                               |           | CORISTANCO |
| 12    | 440    | 15:45 | FORMOSO RE CAREY Alejandra    | 1     | F    | 1     | SUB 16    |                               |           | MUROS      |
| 13    | 296    | 15:56 | IGLESIAS Oscar                | 12    | M    | 6     | SUB 16    | RUNNIG ARTEIXO                |           | ARTEIXO    |
| 14    | 300    | 16:25 | RIO PEREIRA Yago Daniel       | 13    | M    | 7     | SUB 16    |                               |           | FERROL     |
| 15    | 317    | 16:26 | LOUREIRO CABEZA Darío         | 14    | M    | 7     | SUB 14    |                               |           | A LARACHA  |
| 16    | 336    | 16:28 | PÉREZ LONGUEIRA David         | 15    | M    | 8     | SUB 14    | MARINEDA ATLETICO             |           | CAMBRE     |
| 17    | 305    | 16:32 | MARTÍN RUIZ Guillermo         | 16    | M    | 8     | SUB 16    | CLUB DEPORTIVO TAJAMAR        |           | MADRID     |
| 18    | 319    | 16:40 | MALLO MARTÍNEZ Nerea          | 2     | F    | 1     | SUB 14    |                               |           | A LARACHA  |
| 19    | 316    | 16:51 | AMBITE SANTANA Darío          | 17    | M    | 9     | SUB 14    | CLUB ATLETISMO SADA           |           | CAMBRE     |
| 20    | 304    | 17:07 | SUAREZ GUIANCE Jose           | 18    | M    | 9     | SUB 16    |                               |           | A LARACHA  |
| 21    | 337    | 17:21 | SOUTO SOUTO Mateo             | 19    | M    | 10    | SUB 14    | ATLETISMO ARTEIXO             |           | ARTEIXO    |
| 22    | 441    | 17:28 | RAMA LADO Alexia              | 3     | F    | 2     | SUB 14    |                               |           | MUROS      |
| 23    | 442    | 17:28 | FERNANDEZ MARTINEZ Rosana     | 4     | F    | 2     | SUB 16    |                               |           | MUROS      |
| 24    | 310    | 17:53 | MARÍN FERNANDEZ Emilio        | 20    | M    | 10    | SUB 16    | CLUB DEPORTIVO TAJAMAR        |           | ALCORCÓN   |
| 25    | 338    | 18:15 | LOPEZ REY Anxo                | 21    | M    | 11    | SUB 14    |                               |           | A LARACHA  |
| 26    | 435    | 18:36 | HERMOSILLO FLORES Jorge       | 22    | M    | 11    | SUB 16    |                               |           | A LARACHA  |
| 27    | 309    | 18:41 | BALDOMIR GARCIA Martín        | 23    | M    | 12    | SUB 16    |                               |           | A LARACHA  |
| 28    | 332    | 18:42 | GESTO RAMOS Nicolas           | 24    | M    | 12    | SUB 14    |                               |           | A LARACHA  |
| 29    | 328    | 19:14 | CASTRO SOUTO Mateo            | 25    | M    | 13    | SUB 14    |                               |           | CARBALLO   |
| 30    | 443    | 19:42 | FERNANDEZ MARTINEZ Maria      | 5     | F    | 3     | SUB 14    |                               |           | MUROS      |
| 31    | 303    | 20:14 | GUILLERMO FONTEBOA Sergio     | 26    | M    | 13    | SUB 16    |                               |           | A LARACHA  |
| 32    | 346    | 20:25 | LODEIRO VARELA Martín         | 27    | M    | 14    | SUB 14    |                               |           | CARBALLO   |
| 33    | 335    | 20:59 | BARCA RIVAS Asdrubal          | 28    | M    | 15    | SUB 14    | CLUB ATLETISMO O PINO         | AG2028255 | CORISTANCO |
| 34    | 311    | 21:20 | DE ANDRES DE LAS HERAS Jesus  | 29    | M    | 14    | SUB 16    | CLUB DEPORTIVO TAJAMAR        |           | ALCORCÓN   |
| 35    | 330    | 21:34 | LUBIAN FERNANDEZ Paula        | 6     | F    | 4     | SUB 14    |                               |           | A LARACHA  |
| 36    | 339    | 22:10 | ANDRADE FRAGA Marta           | 7     | F    | 5     | SUB 14    |                               |           | A LARACHA  |
| 37    | 345    | 22:15 | LÓPEZ SUÁREZ Uxía             | 8     | F    | 6     | SUB 14    | CLUB ATLETISMO CORUÑA COMARCA |           | ARTEIXO    |
| 38    | 301    | 26:11 | BEZOS PARRA Noel              | 30    | M    | 15    | SUB 16    | CLUB DEPORTIVO TAJAMAR        |           | ALCORCÓN   |

|    |     |       |                                   |    |   |    |        |                        |              |           |
|----|-----|-------|-----------------------------------|----|---|----|--------|------------------------|--------------|-----------|
| 39 | 315 | 26:11 | PEÑA SANCHEZ Juan                 | 31 | M | 16 | SUB 14 | CLUB DEPORTIVO TAJAMAR |              | GALAPAGAR |
| 40 | 308 | 26:11 | CHUMACEIRO LOPEZ Santiago         | 32 | M | 16 | SUB 16 | CLUB DEPORTIVO TAJAMAR |              | CARACAS   |
| 41 | 331 | 26:24 | LÓPEZ CASAS Dalia                 | 9  | F | 7  | SUB 14 | ATLETICA A SILVA       | T AG 2022958 | CERCEDA   |
| 42 | 437 | 26:38 | PEREIRO ALVARADO Javier Alejandro | 33 | M | 17 | SUB 14 |                        |              | A LARACHA |
| 43 | 341 | 26:38 | FERREIRO REGUEIRA Eloy            | 34 | M | 18 | SUB 14 |                        |              | A LARACHA |
| 44 | 327 | 26:49 | VILARIÑO IGLESIAS Marcos          | 35 | M | 19 | SUB 14 |                        |              | A LARACHA |
| 45 | 343 | 27:18 | LOUREIRO CRISTOBAL Laura          | 10 | F | 8  | SUB 14 |                        |              | A LARACHA |
|    | 302 | DNF   | COTELO RODRIGUEZ Noa              |    | F |    | SUB 16 |                        |              | ARTEIXO   |
|    | 340 | DNF   | EL AZOUZI Ayoub                   |    | M |    | SUB 14 |                        |              | A LARACHA |



SISTEMA DE CRONOMETRAXE UTILIZADO  
POLA FEDERACIÓN GALEGA DE ATLETISMO





## Sub10/12

| Posto | Dorsal | Tempo | Nome                                 | P.Sex | Sexo | P.Cat | Categoría | Club                                | Licenza   | Localidade             |
|-------|--------|-------|--------------------------------------|-------|------|-------|-----------|-------------------------------------|-----------|------------------------|
| 1     | 367    | 3:48  | DOMÍNGUEZ JUNCAL Hugo                | 1     | M    | 1     | SUB 12    | ATLETISMO VILA DE CANGAS            | AG2021248 | BUEU                   |
| 2     | 388    | 3:57  | AYASO PARADA Iker                    | 2     | M    | 2     | SUB 12    | SANTA UXIA ATLETISMO                | AG2027848 | RIBEIRA                |
| 3     | 377    | 4:03  | VAZQUEZ BARGO Lucas                  | 3     | M    | 3     | SUB 12    |                                     |           | A LARACHA              |
| 4     | 396    | 4:05  | RAMOS OLVEIRA Mateo                  | 4     | M    | 1     | SUB 10    |                                     |           | A LARACHA              |
| 5     | 353    | 4:07  | PALLAS VARELA Mateo                  | 5     | M    | 4     | SUB 12    |                                     |           | A LARACHA              |
| 6     | 433    | 4:08  | VÁZQUEZ CÁNDIDO Carlota              | 1     | F    | 1     | SUB 12    |                                     |           | A LARACHA              |
| 7     | 439    | 4:09  | FORMOSO RECARAY Eva                  | 2     | F    | 2     | SUB 12    |                                     |           | MUROS                  |
| 8     | 350    | 4:11  | ZIRANI ELHARFI Asmaa                 | 3     | F    | 3     | SUB 12    |                                     |           | A CORUÑA               |
| 9     | 357    | 4:17  | SÁNCHEZ Anxo                         | 6     | M    | 5     | SUB 12    |                                     |           | A CORUÑA               |
| 10    | 399    | 4:18  | ANDRADE FRAGA Jorge                  | 7     | M    | 2     | SUB 10    |                                     |           | A LARACHA              |
| 11    | 391    | 4:19  | CAMBA VÁZQUEZ Xabi                   | 8     | M    | 3     | SUB 10    | CLUB ATLETISMO CORUÑA COMARCA       | AG2027089 | CULLEREDO              |
| 12    | 384    | 4:21  | LÓPEZ PAZOS Tania                    | 4     | F    | 4     | SUB 12    | ATLETISMO NARON                     | AG2026035 | NARÓN                  |
| 13    | 375    | 4:22  | MATOS BUGALLO Nicolas                | 9     | M    | 6     | SUB 12    |                                     |           | A LARACHA              |
| 14    | 400    | 4:23  | AGRELO CASTRO Antonio                | 10    | M    | 4     | SUB 10    |                                     |           | CARBALLO               |
| 15    | 347    | 4:25  | CAMBA VÁZQUEZ María                  | 5     | F    | 5     | SUB 12    | NATACIÓN LICEO                      |           | CULLEREDO              |
| 16    | 354    | 4:26  | NEGREIRA MARIÑO Luis                 | 11    | M    | 7     | SUB 12    |                                     |           | A LARACHA              |
| 17    | 362    | 4:26  | CAMBON COTELO Borja                  | 12    | M    | 8     | SUB 12    |                                     |           | A LARACHA              |
| 18    | 369    | 4:28  | O'DONNELL VILLAVERDE Oscar Valentino | 13    | M    | 9     | SUB 12    |                                     |           | ARTEIXO                |
| 19    | 402    | 4:29  | AMBITE SANTANA Diego                 | 14    | M    | 5     | SUB 10    | CLUB ATLETISMO SADA                 |           | CAMBRE                 |
| 20    | 370    | 4:36  | PARDIÑAS MUÑIZ Brais                 | 15    | M    | 10    | SUB 12    |                                     |           | CORISTANCO             |
| 21    | 381    | 4:37  | IGLESIAS PIÑEIRO Albino              | 16    | M    | 11    | SUB 12    |                                     |           | ARTEIXO                |
| 22    | 401    | 4:44  | TABOADA CODESIDO Lucía               | 6     | F    | 1     | SUB 10    | UNIVERSIDADE SANTIAGO DE COMPOSTELA | AG 202495 | SANTIAGO DE COMPOSTELA |
| 23    | 408    | 4:46  | MONTERO PEREIRA Jairo                | 17    | M    | 6     | SUB 10    |                                     |           | A LARACHA              |
| 24    | 425    | 4:49  | SOUTO SOUTO Marco                    | 18    | M    | 7     | SUB 10    | ATLETISMO ARTEIXO                   |           | ARTEIXO                |
| 25    | 389    | 4:52  | AYASO PARADA Sira                    | 7     | F    | 6     | SUB 12    | SANTA UXIA ATLETISMO                | AG2027849 | RIBEIRA                |
| 26    | 418    | 4:53  | BARRIENTOS GARCIA Aroa               | 8     | F    | 2     | SUB 10    |                                     |           | CEE                    |
| 27    | 398    | 4:54  | GÓMEZ CANDEDO ángela                 | 9     | F    | 3     | SUB 10    |                                     |           | MIÑO                   |
| 28    | 430    | 4:59  | IGLESIAS PIÑEIRO Ramon               | 19    | M    | 8     | SUB 10    |                                     |           | ARTEIXO                |
| 29    | 376    | 4:59  | DIAZ FRANCO Alesandro                | 20    | M    | 12    | SUB 12    |                                     |           | A LARACHA              |
| 30    | 373    | 5:00  | VARELA RAMA Nerea                    | 10    | F    | 7     | SUB 12    |                                     |           | A LARACHA              |
| 31    | 415    | 5:01  | GARCIA ARIJON Alvaro                 | 21    | M    | 9     | SUB 10    |                                     |           | A LARACHA              |
| 32    | 371    | 5:02  | MOUZO Lea                            | 11    | F    | 8     | SUB 12    |                                     |           | MUXÍA                  |
| 33    | 372    | 5:02  | BARREIRO MATOS Iria                  | 12    | F    | 9     | SUB 12    |                                     |           | A LARACHA              |
| 34    | 412    | 5:07  | BOLÓN TUSET Daniel                   | 22    | M    | 10    | SUB 10    |                                     |           | A LARACHA              |
| 35    | 394    | 5:07  | REMUIÑAN RODRIGUEZ Inés              | 13    | F    | 4     | SUB 10    |                                     |           | CARBALLO               |
| 36    | 355    | 5:09  | AGRELO CASTRO Carmen                 | 14    | F    | 10    | SUB 12    |                                     |           | CARBALLO               |
| 37    | 405    | 5:10  | VALIÑA SOUTO Alba                    | 15    | F    | 5     | SUB 10    |                                     |           | A LARACHA              |
| 38    | 383    | 5:11  | VIÑAN GOMEZ Mateo                    | 23    | M    | 13    | SUB 12    |                                     |           | A LARACHA              |
| 39    | 359    | 5:12  | AMBITE SANTANA Daniel                | 24    | M    | 14    | SUB 12    | CLUB ATLETISMO SADA                 |           | CAMBRE                 |
| 40    | 380    | 5:12  | RAMOS AÑON Paula                     | 16    | F    | 11    | SUB 12    |                                     |           | A LARACHA              |
| 41    | 426    | 5:13  | IGLESIAS TURNES Ariana               | 17    | F    | 6     | SUB 10    |                                     |           | BRIÓN                  |

|    |     |      |                                     |    |   |    |        |                               |           |
|----|-----|------|-------------------------------------|----|---|----|--------|-------------------------------|-----------|
| 42 | 423 | 5:13 | VIÑAN GOMEZ Pedro                   | 25 | M | 11 | SUB 10 |                               | A LARACHA |
| 43 | 387 | 5:16 | AMADO VILLAR Helena                 | 18 | F | 12 | SUB 12 |                               | A LARACHA |
| 44 | 419 | 5:16 | ZIRANI ELHARFI Yahya                | 26 | M | 12 | SUB 10 |                               | A CORUÑA  |
| 45 | 416 | 5:16 | SEÑARÍS VILARIÑO Hugo               | 27 | M | 13 | SUB 10 | RUNNERS CARBALLO              | CARBALLO  |
| 46 | 410 | 5:18 | O'DONNELL VILLAVERDE Alexandra Maia | 19 | F | 7  | SUB 10 |                               | ARTEIXO   |
| 47 | 349 | 5:19 | FERRO SOUTO Lara                    | 20 | F | 13 | SUB 12 |                               | A LARACHA |
| 48 | 348 | 5:19 | LOIS MONTES Celia                   | 21 | F | 14 | SUB 12 |                               | A LARACHA |
| 49 | 378 | 5:19 | COTELO BALDOMIR Antía               | 22 | F | 15 | SUB 12 |                               | A LARACHA |
| 50 | 360 | 5:20 | ROMERO Iago                         | 28 | M | 15 | SUB 12 | ALTA FIT GYM                  | A CORUÑA  |
| 51 | 427 | 5:22 | MOUZO Elsa                          | 23 | F | 8  | SUB 10 |                               | MUXÍA     |
| 52 | 432 | 5:32 | REMUÍÑAN SANCHEZ Carla              | 24 | F | 9  | SUB 10 |                               | A LARACHA |
| 53 | 374 | 5:37 | RAÑA IGLESIAS Martín                | 29 | M | 16 | SUB 12 |                               | ARTEIXO   |
| 54 | 407 | 5:37 | OUFAOUMA Mohamed                    | 30 | M | 14 | SUB 10 |                               | ARTEIXO   |
| 55 | 406 | 5:38 | VALIÑA SOUTO Sara                   | 25 | F | 10 | SUB 10 |                               | A LARACHA |
| 56 | 364 | 5:49 | LOPEZ BUGALLO Mencia                | 26 | F | 16 | SUB 12 |                               | A LARACHA |
| 57 | 361 | 5:49 | MONTERO PEREIRA Aldara              | 27 | F | 17 | SUB 12 |                               | A LARACHA |
| 58 | 393 | 5:52 | PUENTE FRAGA Inés                   | 28 | F | 11 | SUB 10 |                               | A LARACHA |
| 59 | 382 | 5:53 | BARRIENTOS GARCIA Víctor Hugo       | 31 | M | 17 | SUB 12 |                               | CEE       |
| 60 | 417 | 6:17 | FERRO SOUTO álex                    | 32 | M | 15 | SUB 10 |                               | A LARACHA |
| 61 | 363 | 6:21 | GONZÁLEZ VEIRA Miguel               | 33 | M | 18 | SUB 12 |                               | A CORUÑA  |
| 62 | 424 | 6:33 | CANCELA CHOUCIÑO Diego              | 34 | M | 16 | SUB 10 |                               | A LARACHA |
| 63 | 414 | 6:52 | LÓPEZ SUÁREZ Icíá                   | 29 | F | 12 | SUB 10 | CLUB ATLETISMO CORUÑA COMARCA | ARTEIXO   |
|    | 356 | DNF  | GESTO FERNANDEZ Lorena              |    |   |    | SUB 12 |                               | CARBALLO  |
|    | 431 | DNF  | ALVAREZ FUENTES Esien               |    |   |    | SUB 10 |                               | A LARACHA |
|    | 429 | DNF  | CACIN MARTIN David                  |    |   |    | SUB 10 | CACIN                         | A CORUÑA  |