

## VIII CARREIRA POPULAR CONCELLO DE CAMBADOS, Cambados 08/07/2018

Proba Absoluta. Distancia: 10.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	PasoMeta1	PasoMeta2	Licenza	Club	Localidade
1	391	MANUEL HURTADO SANJURJO		SM- 1	00:31:43	00:03:11	00:31:43	00:03:11	00:10:19	00:20:55	GA14652	SOCIEDAD GIMNASTICA DE PONTEVEDRA	LUGO
2	87	ALEJANDRO FERNÁNDEZ RIVERA		SM- 2	00:32:11	00:03:14	00:32:11	00:03:14	00:10:19	00:20:56	GA 765765	CLUB OURENSE ATLETISMO	OURENSE
3	301	MIGUEL PENEDO TABOADA		SM- 3	00:32:12	00:03:14	00:32:12	00:03:14	00:10:19	00:21:09		3 & RUN BY PEDRO NIMO	BRION
4	2	RUBEN DIZ DIAZ		VAM- 1	00:33:07	00:03:19	00:33:07	00:03:19	00:10:34	00:21:44	GA11310	CLUB OURENSE ATLETISMO	XINZO DE LIMIA
5	110	ÁLVARO PRIETO FERVENZA		VAM- 2	00:33:23	00:03:21	00:33:22	00:03:21	00:10:59	00:22:11	GA-764292	MILER RUNNING CLUB	CANGAS
6	22	JOSE MANUEL CORRAL JUSTO		VAM- 3	00:33:30	00:03:21	00:33:29	00:03:21	00:10:46	00:21:59	AG769302	ATLETISMO ARENTEIRO	O CARBALLIÑO
7	302	VICTOR HUGO PACHECO MARTINEZ		VAM- 4	00:33:50	00:03:23	00:33:49	00:03:23	00:10:59	00:22:23		3&RUN BY PEDRO NIMO	MOAÑA
8	71	PAULA MAYOBRE GONZALEZ	F- 1	SF- 1	00:33:55	00:03:24	00:33:55	00:03:24	00:11:15	00:22:35	GA 766085	CLUB ATLETISMO CLINICA DENTAL SEOANE PAMPIN	ARES
9	319	RUBEN MARTINEZ MAYO		SM- 4	00:34:57	00:03:30	00:34:55	00:03:30	00:11:06	00:22:45		CLUB ATLETISMO NEGREIRA	NEGREIRA
10	3	MARCOS ALMOZARA MAYO		SM- 5	00:35:11	00:03:32	00:35:09	00:03:31	00:11:01	00:23:02		3&RUN BY PEDRO NIMO	A BAÑA
11	91	JOSE MANUEL CASADO MENDEZ		VAM- 5	00:35:22	00:03:33	00:35:21	00:03:33	00:11:01	00:23:22		CLUB VIA XVIII MACEDA	TIOIRA
12	57	JORGE JANEIRO LORENZO		VAM- 6	00:35:34	00:03:34	00:35:33	00:03:34	00:11:38	00:23:38		C.D. SAN PAIO	VILABOIA
13	162	ADRIAN ABOAL LOSADA		SM- 6	00:35:43	00:03:35	00:35:41	00:03:35	00:11:38	00:23:38			PONTEVEDRA
14	149	CARLOS ENRIQUE GUTIÉRREZ GONZÁLEZ		SM- 7	00:35:44	00:03:35	00:35:43	00:03:35	00:11:38	00:23:38		TRIATLÓN MAR DE VIGO	VIGO
15	197	VÍCTOR SIERRA PORTO		SM- 8	00:35:49	00:03:35	00:35:48	00:03:35	00:11:37	00:23:38			VIGO
16	349	DANIEL BAENA MIRABETE		VAM- 7	00:36:08	00:03:37	00:36:07	00:03:37	00:11:48	00:23:56			BADALONA
17	23	FERNANDO PEREZ REBOREDO		VAM- 8	00:36:11	00:03:38	00:36:10	00:03:37	00:11:43	00:23:56	A2015036	ATLETISMO ARENTEIRO	O CARBALLIÑO
18	311	JUAN CARLOS SANDE PRESA		VBM- 1	00:36:14	00:03:38	00:36:13	00:03:38	00:11:41	00:23:55	CLUB MILER	C.S.C.R. BEADE	PORRIÑO
19	187	VICTOR BARCALA MORA		VBM- 2	00:36:18	00:03:38	00:36:17	00:03:38	00:11:38	00:23:55			PONTEVEDRA
20	44	DAVID MARTÍNEZ COSTA		VAM- 9	00:36:20	00:03:38	00:36:19	00:03:38	00:11:45	00:24:05		C.A.CAMBADOS SEGUROS NOVAL	CAMBADOS
21	67	PABLO SANTOS NUÑEZ		VAM- 10	00:36:22	00:03:39	00:36:21	00:03:39	00:11:49	00:24:14	NO	CLUB ATLETISMO CAMBADOS	VILANOVA DE AROUSA
22	178	JESÚS FERNÁNDEZ SOENGAS		VAM- 11	00:36:26	00:03:39	00:36:25	00:03:39	00:11:32	00:23:55			VIGO
23	143	JOSE SUAREZ LEIS		VBM- 3	00:36:45	00:03:41	00:36:44	00:03:41	00:11:40	00:24:07	AG-766580	SAR-VERMU PETRONI	A BAÑO
24	40	LUCAS POUSO VIDAL		VAM- 12	00:36:56	00:03:42	00:36:53	00:03:42	00:11:56	00:24:17		C.A. CAMBADOS - SEGUROS NOVAL	VILANOVA DE AROUSA
25	34	SANTIAGO GARCIA GONZALEZ		VAM- 13	00:36:58	00:03:42	00:36:56	00:03:42	00:11:43	00:24:15		BURGAS ATLETISMO OURENSE	A SAINZA
26	56	DANI GARCÍA PADIN		SM- 9	00:37:04	00:03:43	00:37:01	00:03:43	00:12:06	00:24:30		C.D. RIA DE AROUSA O GROVE	O GROVE
27	5	LUIS ALBERTO VILLAVERDE VÁZQUEZ		VAM- 14	00:37:15	00:03:44	00:37:13	00:03:44	00:12:24	00:24:56	AG2019232	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	SANTIAGO DE COMPOSTELA
28	90	JOSÉ RUBÉN CALVO FERNÁNDEZ		VAM- 15	00:37:31	00:03:46	00:37:28	00:03:45	00:12:39	00:25:10	AG 767304	CLUB VIA XVIII MACEDA	OURENSE
29	59	JUAN LUIS GARCIA MENIÑO		SM- 10	00:37:36	00:03:46	00:37:34	00:03:46	00:12:03	00:24:42		CACAMBADOS-NOVAL	BARRANTES (RIBADUMIA)
30	317	ROBERTO TRIGO LORES		XM- 1	00:37:36	00:03:46	00:37:35	00:03:46	00:12:02	00:24:42		CLUB ATLETISMO CAMBADOS SEG.NOVAL	MEAÑO
31	146	JAVIER NOVO BUJEIRO		VAM- 16	00:37:48	00:03:47	00:37:46	00:03:47	00:11:38	00:24:38		TERRA DE SONEIRA C.D.	VIMIANZO
32	131	FRANCISCO RAMÓN OUBIÑA DIOS		VAM- 17	00:37:57	00:03:48	00:37:56	00:03:48	00:12:03	00:25:03		PUNTA CABALO AROUSA RUNNING	ILLA DE AROUSA
33	182	ROBERTO TUÑAS GONZALEZ		SM- 11	00:38:00	00:03:48	00:37:59	00:03:48	00:11:56	00:24:54			NEGREIRA
34	324	ÁNGEL FAGILDE FANDIÑO		VAM- 18	00:38:01	00:03:49	00:38:00	00:03:48	00:12:25	00:25:14		CLUB USC	SANTIAGO DE COMPOSTELA
35	333	ANTONIO FUERTES SAAVEDRA		VCM- 1	00:38:02	00:03:49	00:38:00	00:03:48	00:12:25	00:25:14	GA16019	REAL CLUB CELTA DE ATLETISMO	VIGO
36	308	SANTIAGO FALCÓN PÉREZ		VBM- 4	00:38:12	00:03:50	00:38:07	00:03:49	00:12:33	00:25:20	AG 2018451	C.D. RIA DE AROUSA O GROVE	O GROVE
37	315	SANTIAGO BERNÁNDEZ MACÍA		VBM- 5	00:38:20	00:03:50	00:38:18	00:03:50	00:12:30	00:25:25		CAMPESTRE RUNNING CLUB	VIGO
38	314	PABLO OTERO FARIÑA		SM- 12	00:38:23	00:03:51	00:38:21	00:03:51	00:12:18	00:25:24		CAC SEG.NOVAL	ILLA DE AROUSA
39	26	ANTONIO FRAGA MENDEZ		VCM- 2	00:38:26	00:03:51	00:38:24	00:03:51	00:12:27	00:25:24	GA-2020269	ATLETISMO MILLADOIRO	SANTIAGO
40	334	HECTOR LORENZO BUCETA		SM- 13	00:38:26	00:03:51	00:38:23	00:03:51	00:12:03	00:24:48		TRIBU TRAIL	BOIRO
41	135	JOSÉ JULIÁN BELTRÁN TABOADA		VAM- 19	00:38:29	00:03:51	00:38:27	00:03:51	00:12:33	00:25:26		RUN PONTEVEDRA	PONTEVEDRA
42	73	FRANCISCO JAVIER GONZÁLEZ PASCUAL		VAM- 20	00:38:30	00:03:51	00:38:25	00:03:51	00:12:39	00:25:23		CLUB ATLETISMO MACEDA	MACEDA
43	80	PABLO ALONSO FIGUEROA		VAM- 21	00:38:36	00:03:52	00:38:34	00:03:52	00:12:19	00:25:18		CLUB CICLISTA TRIATLON POIO	SANXENXO
44	19	FRANCISCO PAZOS CAMPOS		VBM- 6	00:38:40	00:03:52	00:38:40	00:03:52	00:12:03	00:25:13	AG 767359	ATLETISMO +9 MORAÑA	VILAGARCIA
45	192	CARLOS MARTICORENA RODRIGUEZ		VAM- 22	00:38:45	00:03:53	00:38:43	00:03:53	00:12:29	00:25:38			PONTEVEDRA
46	321	SAMUEL FERVENZA PEREZ		SM- 14	00:38:48	00:03:53	00:38:45	00:03:53	00:12:25	00:25:33		CLUB ATLETISMO SAMERTOLAMEU	MOAÑA
47	375	JUAN FERNÁNDEZ ALONSO		VAM- 23	00:38:51	00:03:54	00:38:48	00:03:53	00:12:07	00:25:20			PONFERRADA
48	152	XOSÉ LUIS OTERO CEPEDA		VCM- 3	00:38:59	00:03:54	00:38:56	00:03:54	00:12:47	00:25:48	G 7770	UNIVERSIDADE DE SANTIAGO DE COMPOSTELA	TEO
49	157	MANUEL SUAREZ MARTINEZ		VCM- 4	00:39:05	00:03:55	00:39:03	00:03:55	00:12:35	00:25:46	AG2022497	VETERANOS DE SAMIL	VIGO
50	141	ROCIO ALVITE FERREIRO	F- 2	VAF- 1	00:39:09	00:03:55	00:39:09	00:03:55	00:12:42	00:25:50	GA 768548	SAR-VERMU PETRONI	MAZARICOS
51	151	JESUS CASTRO RODRIGUEZ		VAM- 24	00:39:20	00:03:56	00:39:18	00:03:56	00:13:11	00:26:20		TROTE BORRIQUERO	VIGO

52	60	CARLOS SEÑORANS TOBIO	VAM-25	00:39:26	00:03:57	00:39:24	00:03:57	00:12:34	00:25:41		CAMBADOS	CALDAS DE REIS	
53	109	ROBERTO VÁZQUEZ PAVÓN	VAM-26	00:39:30	00:03:57	00:39:28	00:03:57	00:12:21	00:25:50		MAIS QUE AUGA	A PEROXA	
54	369	ADRIÁN SÁNCHEZ VÁZQUEZ	SM-15	00:39:36	00:03:58	00:39:32	00:03:58	00:12:47	00:26:02			SANTIAGO DE COMPOSTELA	
55	304	JOSE MANUEL SEOANE POMBO	VAM-27	00:39:38	00:03:58	00:39:36	00:03:58	00:12:24	00:25:53	AG2022509	3&RUN PEDRO NIMO	AMES	
56	12	JOSE ANTONIO COSTA RODRIGUEZ	VBM-7	00:39:38	00:03:58	00:39:35	00:03:58	00:12:52	00:26:25	AG 767379	AGRUPACIÓN ATLÉTICA MAZÍ	CAMBADOS	
57	78	JOSE ANTONIO ABUIN TREUS	VAM-28	00:39:43	00:03:59	00:39:41	00:03:59	00:12:48	00:26:16		CLUB ATLETISMO SADA	CAMBRE	
58	49	JUAN MANUEL PINTADO COSTA	VBM-8	00:39:43	00:03:59	00:39:40	00:03:58	00:13:00	00:26:25		C.A.CAMBADOS-SEG.NOVAL	CAMBADOS	
59	186	SERGIO CURRA PASTORIZA	VAM-29	00:39:45	00:03:59	00:39:42	00:03:59	00:13:09	00:26:29	AG764957		MOAÑA	
60	74	GUSTAVO RIOS SANCHEZ	VAM-30	00:39:46	00:03:59	00:39:44	00:03:59	00:12:29	00:25:52	AG 2020295	CLUB ATLETISMO O PINO	SANTIAGO	
61	77	KARINA CALLON TREUS	F-3	VAF-2	00:39:48	00:03:59	00:39:48	00:03:59	00:12:48	00:26:17	GA768569	CLUB ATLETISMO SADA	CAMBRE
62	16	FELICIANO GARCIA SANMAMED	VAM-31	00:39:52	00:04:00	00:39:49	00:03:59	00:12:50	00:26:30		ATLETAS VETERANOS ORENSE	OURENSE	
63	112	MIGUEL NEIRA VAZQUEZ	SM-16	00:39:57	00:04:00	00:39:55	00:04:00	00:13:03	00:26:20		MONUMENTAL CXC	LUGO	
64	45	JOSE ANTONIO GONZALEZ MARTINEZ	VAM-32	00:39:57	00:04:00	00:39:54	00:04:00	00:13:05	00:26:28		C.A.CAMBADOS Y SEGUROS NOVAL	PORTONOVO	
65	62	TOMAS SEOANE MUÑOZ	VAM-33	00:39:57	00:04:00	00:39:55	00:04:00	00:12:42	00:26:26		CD RIA DE AROUSA	GROVE	
66	366	JAVIER BARRAL LIJÓ	SM-17	00:39:58	00:04:00	00:39:55	00:04:00	00:12:26	00:25:35			POBRA DO CARAMIÑAL	
67	94	JOSE MANUEL LORES MEIS	VAM-34	00:39:59	00:04:00	00:39:54	00:04:00	00:13:08	00:26:37		CLUBE ATLETISMO CAMBADOS-SEGUROS NOVAL	CAMBADOS	
68	84	CARLOS DIEGUEZ CARREIRA	VAM-35	00:40:02	00:04:01	00:40:00	00:04:00	00:12:35	00:26:14	AG-769968	CLUB DEPORTIVO SAN PAIO	SANTIAGO DE COMPOSTELA	
69	198	JOSE MANUEL JUNCAL CARRAGAL	VAM-36	00:40:06	00:04:01	00:40:02	00:04:01	00:13:06	00:26:37			PONTEVEDRA	
70	24	OSCAR FANDIÑO GARCIA	VAM-37	00:40:07	00:04:01	00:40:04	00:04:01	00:13:08	00:26:33		ATLETISMO C.A CAMBADOS SEGUROS NOVAL	MEAÑO	
71	184	PITI PEREIRA FARIÑA	VAM-38	00:40:12	00:04:02	00:40:08	00:04:01	00:13:24	00:26:50			CUNTIS	
72	153	JAVIER TORO MONTERO	VCM-5	00:40:16	00:04:02	00:40:12	00:04:02	00:13:08	00:26:39	GA 14096	VERXEL NUTRICIÓN DEPORTIVA	LUGO	
73	378	DAVID VÁZQUEZ PADÍN	VAM-39	00:40:29	00:04:03	00:40:25	00:04:03	00:12:56	00:26:32			CAMBADOS	
74	95	ROI MARTINEZ MARTIN	SM-18	00:40:33	00:04:04	00:40:26	00:04:03	00:13:34	00:27:17		CNP OURENSE	OURENSE	
75	303	MARCOS PENEDO TABOADA	VAM-40	00:40:40	00:04:04	00:40:38	00:04:04	00:12:24	00:25:46		3&RUN CLUB DE CORREDORES BY PEDRO NIMO	ROIS	
76	15	SANTIAGO PEREZ GIL	VCM-6	00:40:45	00:04:05	00:40:43	00:04:05	00:12:44	00:26:25	GA-769251	ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	VIGO	
77	130	LUCAS GARCIA IGLESIAS	VAM-41	00:40:55	00:04:06	00:40:51	00:04:06	00:12:40	00:26:34		PUNTA CABALO AROUSA RUNNERS	ILLA DE AROUSA	
78	323	SANTIAGO RAMOS IGLESIAS	VAM-42	00:40:56	00:04:06	00:40:54	00:04:06	00:13:07	00:27:13		CLUB DEPORTIVO UNIVERSIDADE DE SANTIAGO	SANTIAGO	
79	196	BRUNO FRAGUAS CADAVID	SM-19	00:40:57	00:04:06	00:40:54	00:04:06	00:13:16	00:27:02			COTOBADÉ	
80	345	DIONISIO MUÑOZ GONZALEZ	VAM-43	00:41:01	00:04:07	00:40:56	00:04:06	00:13:04	00:26:42			CAMBADOS	
81	88	FELIPE VEIGA JALDA	VAM-44	00:41:07	00:04:07	00:41:04	00:04:07	00:12:54	00:26:37		CLUB TRIATLON MORRAZO	MOAÑA	
82	176	EDUARDO MARTINEZ DURAN	VAM-45	00:41:07	00:04:07	00:41:04	00:04:07	00:12:54	00:26:38			MOAÑA	
83	33	VICKY LOSADA PÉREZ	F-4	SF-2	00:41:09	00:04:07	00:41:08	00:04:07	00:13:32	00:27:24	AG 2020502	BURGAS ATLETISMO OURENSE	OURENSE
84	348	GINÉS ROSA COSTA	VBM-9	00:41:10	00:04:07	00:41:08	00:04:07	00:13:03	00:26:43			ORIHUELA COSTA	
85	42	RUBEN NUÑEZ MOSTEIRO	SM-20	00:41:25	00:04:09	00:41:21	00:04:09	00:13:01	00:26:54		C.A.C.SEGUROS NOVAL	CAMBADOS	
86	350	ESTHER CRUZ SANCHEZ	F-5	VAF-3	00:41:39	00:04:10	00:41:36	00:04:10	00:13:08	00:27:16			BADALONA
87	371	FRANCISCO JOSE CUENCA GARCIA	VAM-46	00:41:40	00:04:10	00:41:36	00:04:10	00:12:57	00:27:00			TEO	
88	352	JACOBO NUÑEZ CASTRO	SM-21	00:41:59	00:04:12	00:41:53	00:04:12	00:13:13	00:27:16			RIBADUMIA	
89	354	SEGUNDO NAVIA GIRALDEZ	VAM-47	00:42:06	00:04:13	00:41:59	00:04:12	00:13:57	00:27:54			VILAGARCÍA DE AROUSA	
90	392	JOSÉ MANUEL MONTOTO ARÉAN	VAM-48	00:42:07	00:04:13	00:42:03	00:04:13	00:13:15	00:27:19		ESCOLA ATLETISMO DEZA	LALIN	
91	104	LUIS TORRES LOPEZ	VBM-10	00:42:07	00:04:13	00:42:01	00:04:13	00:13:55	00:27:55		FLUVIAL DE LUGO MONTE SEGADE	LUGO	
92	102	JOSE MANUEL OTERO FERNANDEZ	VBM-11	00:42:07	00:04:13	00:42:02	00:04:13	00:13:56	00:27:55		FLUVIAL DE LUGO MONTE SEGADE	LUGO	
93	31	ROBERTO LOSADA FERNANDEZ	VAM-49	00:42:11	00:04:14	00:42:07	00:04:13	00:13:49	00:28:08		BOX001 OURENSE RUN MANIAK	PEREIRO DE AGUIAR	
94	14	JOSE MANUEL MIRANDA VIEITO	VAM-50	00:42:15	00:04:14	00:42:13	00:04:14	00:12:48	00:27:15		ATHLETICS FISIOTERAPIA SAN LAZARO TEAM	PORRIÑO	
95	359	TOÑO GARCIA CACABELOS	VBM-12	00:42:23	00:04:15	00:42:14	00:04:14	00:14:04	00:27:23			MEAÑO	
96	397	ANDRES SUEIRO MENDEZ	VAM-51	00:42:23	00:04:15	00:42:19	00:04:14	00:13:09	00:27:38		C.A.CAMBADOS-SEG.NOVAL	MEAÑO	
97	325	MIGUEL ABUIN MOSQUERA	SM-22	00:42:25	00:04:15	00:42:19	00:04:14	00:13:29	00:27:54		COLEGIO STA APOLONIA	RIANXO	
98	13	AMADOR REBOREDA GRAÑA	VBM-13	00:42:27	00:04:15	00:42:18	00:04:14	00:14:15	00:28:17		ASOCIACIÓN DEPORTIVA C.A.R	REDONDELA	
99	377	JACOBO LIMERES POSSE	VAM-52	00:42:27	00:04:15	00:42:18	00:04:14	00:14:41	00:29:16			SANTIAGO DE COMPOSTELA	
100	501	FRANCISCO JAVIER ALLO ARAGUNDE	SM-23	00:42:32	00:04:16	00:42:25	00:04:15	00:13:43	00:27:57		PUNTA CABALO AROUSA RUNNERS	ILLA DE AROUSA	
101	343	JORGE SOTO BAÑO	SM-24	00:42:39	00:04:16	00:42:30	00:04:15	00:13:39	00:27:55			VIGO	
102	25	MARCOS TARRIO MARTINEZ	VAM-53	00:42:43	00:04:17	00:42:39	00:04:16	00:13:32	00:28:18		ATLETISMO MILLADOIRO	SANTIAGO DE COMPOSTELA	
103	150	BERNARDO PIÑEIRO ABALO	VAM-54	00:42:44	00:04:17	00:42:36	00:04:16	00:14:00	00:28:24	TRIATLON	TRIATLON VILLAGARCIA	VILAGARCIA DE AROUSA	
104	117	BORJA BUELA FERNANDEZ	VAM-55	00:42:46	00:04:17	00:42:40	00:04:16	00:13:46	00:27:54		PONTE A CORRER	PONTEVEDRA	
105	330	MARTIN ROZAS RAMOS	VAM-56	00:42:49	00:04:17	00:42:39	00:04:16	00:13:45	00:27:56		NOITEBRA FC	SANTIAGO DE COMPOSTELA	
106	97	HECTOR SOUTO PEREZ	VAM-57	00:42:51	00:04:18	00:42:45	00:04:17	00:13:33	00:27:57		DT1 TEAM	OURENSE	

107	356	ALFONSO GARCIA DOMINGUEZ	VAM-58	00:42:56	00:04:18	00:42:47	00:04:17	00:14:17	00:28:33				DENA
108	353	JAVIER DOMINGUEZ ABAL	SM-25	00:43:02	00:04:19	00:42:55	00:04:18	00:13:57	00:28:11				RIBADUMIA
109	103	JOSE LUIS SANTOS FERREIRO	VBM-14	00:43:14	00:04:20	00:43:09	00:04:19	00:14:07	00:28:41			FLUVIAL DE LUGO MONTE SEGADE	RABADE
110	107	RUBEN NAVIA IGLESIAS	VAM-59	00:43:28	00:04:21	00:43:21	00:04:21	00:13:52	00:28:23	AG 2022576		KELTIC VIGO	VIGO
111	351	JUAN RUSO BEIRAS	VBM-15	00:43:31	00:04:22	00:43:21	00:04:21	00:14:43	00:29:16				MILLADOIRO, AMES
112	79	DAMIÁN ANDRADE PADÍN	VAM-60	00:43:37	00:04:22	00:43:33	00:04:22	00:14:10	00:28:43			CLUB CICLISMO TRIATLON POIO	RAXO
113	368	FERNANDO FILGUEIRA PONCE	VAM-61	00:43:41	00:04:23	00:43:36	00:04:22	00:13:14	00:28:11				VIGO
114	9	JOSÉ RAMÓN MARTÍNEZ BLANCO	VCM-7	00:43:44	00:04:23	00:43:33	00:04:22	00:14:19	00:28:58			A. D. LIMIACTIVA	OURENSE
115	374	FRAN ESPÍÑO PEREIRA	SM-26	00:43:49	00:04:23	00:43:41	00:04:23	00:13:44	00:28:13				SANTIAGO DE COMPOSTELA
116	185	MANUEL BARROS BARCALA	VAM-62	00:43:52	00:04:24	00:43:45	00:04:23	00:14:16	00:28:55				BARRO
117	83	MIGUEL ÁNGEL SANTIAGO PEREIRA	VAM-63	00:43:53	00:04:24	00:43:45	00:04:23	00:14:11	00:28:56			CLUB DEPORTIVO PINARIUM	MARIN
118	111	FERNANDO JOSÉ BARAHONA MARTINEZ	VAM-64	00:43:55	00:04:24	00:43:50	00:04:23	00:14:32	00:29:21			MILER VINTAGE RUNNING CLUB	PORTONOVO
119	17	MANUEL CALVO GERARDI	VCM-8	00:44:04	00:04:25	00:44:01	00:04:25	00:14:01	00:29:08	GA 765833		ATLETISMO +9 MORAÑA	MORAÑA
120	372	CARLOS PARADA SANTIAGO	VBM-16	00:44:08	00:04:25	00:43:58	00:04:24	00:14:57	00:29:37				A ILLA DE AROUSA
121	86	FRANCISCO JAVIER FANTAO AGEITOS	VBM-17	00:44:08	00:04:25	00:44:06	00:04:25	00:13:54	00:28:59			CLUB NATACION RIVEIRA	RIBEIRA
122	332	FERNANDO SANTIAGO RODRÍGUEZ	VAM-65	00:44:10	00:04:25	00:44:03	00:04:25	00:14:37	00:29:27			PUNTA CABALO AROUSA RUNNERS	ILLA DE AROUSA
123	384	PABLO ANDRÉS ARNAIZ	SM-27	00:44:12	00:04:26	00:43:58	00:04:24	00:15:08	00:29:52				PEDREÑA
124	142	EVARISTO GARCIA MARTINEZ	VBM-18	00:44:17	00:04:26	00:44:14	00:04:26	00:14:15	00:29:14	AG2014720		SAR-VERMU PETRONI	TEO
125	190	GERMAN GARCIA AMEIJIDE	SM-28	00:44:22	00:04:27	00:44:09	00:04:25	00:15:11	00:30:23				A CORUÑA
126	381	JUAN MIGUEL PIÑEIRO PEREZ	VCM-9	00:44:22	00:04:27	00:44:18	00:04:26	00:14:24	00:29:24				SANXENXO
127	96	ADRIÁN LÓPEZ VILLAVERDE	SM-29	00:44:26	00:04:27	00:44:20	00:04:26	00:14:30	00:29:18			DIGITAL RUNNERS	A CORUÑA
128	120	JOAQUIN P. QUEIZÁN PIÑEIRO	VBM-19	00:44:26	00:04:27	00:44:19	00:04:26	00:14:44	00:29:43			PONTE A CORRER	PONTEVEDRA
129	376	JOSE B REY RESUA	VBM-20	00:44:28	00:04:27	00:44:17	00:04:26	00:14:31	00:29:28				CAMBADOS
130	207	RAMÓN BAHAMONDE GONZÁLEZ	VAM-66	00:44:29	00:04:27	00:44:21	00:04:27	00:14:25	00:29:22				NIGRÁN
131	156	JOSE MANUEL ROMERO OLVEIRA	VCM-10	00:44:31	00:04:28	00:44:24	00:04:27	00:14:29	00:29:24	AG2017505		VETERANOS DE SAMIL	POBRA DO CARAMIÑAL
132	27	CARLOS SANTOS ARGIBAY	VBM-21	00:44:33	00:04:28	00:44:29	00:04:27	00:14:23	00:29:25	AG766545		ATLETISMO PORRIÑO	O PORRIÑO
133	394	JESUS ALVAREZ CHINCHILLA	VBM-22	00:44:34	00:04:28	00:44:31	00:04:28	00:14:06	00:29:03			CLUB ATLETISMO SADA	SADA
134	76	NATI GARCIA SANCHEZ	F-6	VAF-4	00:44:34	00:04:28	00:44:31	00:04:28	00:14:07	00:29:04		CLUB ATLETISMO SADA	OLEIROS
135	169	EMILIO MARTINEZ NUÑEZ	VBM-23	00:44:38	00:04:28	00:44:28	00:04:27	00:14:50	00:29:56	AG 766119			SANTIAGO DE COMPOSTELA
136	115	JOSE RAMON ABEL SUAREZ	VCM-11	00:44:57	00:04:30	00:44:48	00:04:29	00:14:19	00:29:33	AG 11137		NOITEBRA F.C.	TILOS TEO
137	127	MANUEL ANGEL CASTRO PORTAS	VAM-67	00:45:04	00:04:31	00:44:53	00:04:30	00:14:50	00:29:59			PUNTA CABALO AROUSA RUNNERS	ILLA DE AROUSA
138	8	SONIA VÁZQUEZ RODRÍGUEZ	F-7	VBF-1	00:45:04	00:04:31	00:44:57	00:04:30	00:14:46	00:30:00	GA765407	A. C. E. D. O CARBALLO	TABOADA
139	58	MÓNICA MONTOTO VÁZQUEZ	F-8	VAF-5	00:45:05	00:04:31	00:44:59	00:04:30	00:14:51	00:30:01		CAC. SEG.NOVAL. CAMBADOS	CAMBADOS
140	309	FRANCISCO OCHOA VIDAL	VCM-12	00:45:07	00:04:31	00:44:57	00:04:30	00:15:04	00:30:14			C.D. RIA DE AROUSA O GROVE	O GROVE
141	202	LORETO RODRIGUEZ MARTINEZ	F-9	VAF-6	00:45:08	00:04:31	00:45:03	00:04:31	00:14:29	00:29:34			BAIONA
142	204	JESÚS CELA BOISA	SM-30	00:45:09	00:04:31	00:45:03	00:04:31	00:14:47	00:29:54				BRIÓN
143	335	JAVIER FERNANDEZ FEJOO	VCM-13	00:45:11	00:04:32	00:45:02	00:04:31	00:14:50	00:30:02			UNIVERSIDAD DE SANTIAGO	SANTIAGO
144	360	JORGE CASTRO MAROÑO	VAM-68	00:45:13	00:04:32	00:45:08	00:04:31	00:14:08	00:29:15				SANTIAGO DE COMPOSTELA
145	121	LEONARDO LOPEZ PAZOS	VAM-69	00:45:16	00:04:32	00:45:08	00:04:31	00:15:01	00:30:02			PONTE A CORRER	PONTEVEDRA
146	147	ESTELA LAGO CERZÓN	F-10	VAF-7	00:45:26	00:04:33	00:45:21	00:04:33	00:14:18	00:29:12		TRIATLÓN MAR DE VIGO	GONDOMAR
147	128	NURIA SANTIAGO RODRÍGUEZ	F-11	VAF-8	00:45:29	00:04:33	00:45:24	00:04:33	00:14:51	00:30:00		PUNTA CABALO AROUSA RUNNERS	ILLA DE AROUSA
148	81	JOSE CARLOS GONZALEZ MARTINEZ	VBM-24	00:45:35	00:04:34	00:45:31	00:04:34	00:14:57	00:30:13			CLUB CICLISTA TRIATLÓN POIO	SAMEIRA POIO
149	382	JOSE MARIA PARRA FERNANDEZ	VAM-70	00:45:37	00:04:34	00:45:30	00:04:33	00:15:16	00:30:35				OLEIROS
150	355	MODESTO GONZALEZ SENRA	VAM-71	00:45:38	00:04:34	00:45:25	00:04:33	00:14:43	00:29:57				PONTEVEDRA
151	51	DAVID BOLEAS RAMÓN	VBM-25	00:45:41	00:04:35	00:45:32	00:04:34	00:15:09	00:30:25	AG 768924		C.A.R. MARISQUEIRO	PONTEVEDRA
152	183	FRANCISCO DIOS FERNÁNDEZ	VBM-26	00:45:47	00:04:35	00:45:37	00:04:34	00:14:45	00:29:43				ILLA DE AROUSA
153	195	ELENA HOJAS SÁNCHEZ	F-12	SF-3	00:45:48	00:04:35	00:45:42	00:04:35	00:15:14	00:30:37			VIGO
154	123	MARISÉ ASTORGA SOMOZA	F-13	VAF-9	00:45:53	00:04:36	00:45:45	00:04:35	00:15:01	00:30:21		PONTE A CORRER	POIO
155	133	JAIMÉ PEREZ ALVAREZ	VBM-27	00:45:53	00:04:36	00:45:43	00:04:35	00:15:05	00:30:24			RUN PONTEVEDRA	PONTEVEDRA
156	173	IVAN ROMERO NUÑEZ	SM-31	00:45:59	00:04:36	00:45:55	00:04:36	00:14:30	00:29:52				VILAGARCIA DE AROUSA
157	396	JOSE RAMON TRABAZO BARCALA	VAM-72	00:46:00	00:04:36	00:45:56	00:04:36	00:14:17	00:29:12			CICLISMO TRIATLON MONTE ABAIXO	PONTEVEDRA
158	39	CLAUDIO VERA SANMARTIN	VBM-28	00:46:03	00:04:37	00:45:57	00:04:36	00:14:18	00:30:03			C.A. CAMBADOS - SEG. NOVAL	DENA-MEAÑO
159	105	EUGENIO CHAMORRO RODRÍGUEZ	VCM-14	00:46:08	00:04:37	00:46:01	00:04:37	00:15:21	00:30:43			JACKBAUERS	VIGO
160	200	LUIS ALBERTO GONZÁLEZ FERNÁNDEZ	SM-32	00:46:12	00:04:38	00:46:05	00:04:37	00:15:41	00:31:15				LUGO
161	201	JAVIER FERNÁNDEZ CASTIÑEIRA	SM-33	00:46:13	00:04:38	00:46:05	00:04:37	00:15:41	00:31:15				LUGO

162	138	LUIS VALDÉS LÓPEZ	VBM-29	00:46:16	00:04:38	00:46:03	00:04:37	00:15:18	00:30:43		RUNNING OLEIROS	CAMBRE-
163	329	MARIA TARRIO MARTINEZ	F-14 VAF-10	00:46:19	00:04:38	00:46:08	00:04:37	00:15:34	00:30:53		NOITEBRA FC	BERTAMIRANS
164	365	JAMES EDWARD HARCUS	VAM-73	00:46:24	00:04:39	00:46:11	00:04:38	00:15:11	00:30:23			KIRKWALL
165	160	ANGEL JOSE TURRION PEREIRO	VBM-30	00:46:30	00:04:39	00:46:19	00:04:38	00:15:17	00:30:51			A CORUÑA
166	20	JOSÉ CHAVES PEREIRA	VBM-31	00:46:37	00:04:40	00:46:28	00:04:39	00:15:02	00:30:49	AG 2023315	ATLETISMO +9 MORAÑA	MORAÑA
167	389	AVELINO MARIÑO DURAN	SM-34	00:46:37	00:04:40	00:46:30	00:04:39	00:15:19	00:30:51		JOYERÍA RAPARIZ	VILAGARCÍA DE AROUSA
168	21	OSCAR TORRES REGO	VAM-74	00:46:37	00:04:40	00:46:28	00:04:39	00:15:02	00:30:49	AG 2015074	ATLETISMO +9 MORAÑA	MORAÑA
169	132	JOSÉ MANUEL VÁZQUEZ VAZQUEZ	VAM-75	00:46:39	00:04:40	00:46:29	00:04:39	00:14:44	00:30:04		PUNTA CABALO RUNNERS	A ILLA DE AROUSA
170	54	ALFONSO CODÓN VEGA	VBM-32	00:46:40	00:04:40	00:46:30	00:04:39	00:15:16	00:30:48	36094549M	C.A.R. MARISQUEIRO	VIGO
171	108	ALEJANDRO OTERO RAMIREZ	SM-35	00:46:44	00:04:41	00:46:36	00:04:40	00:15:15	00:31:01		LÓSTREGOS COIA	VIGO
172	326	ALBA LÓPEZ BOLÁS	F-15 SF-4	00:46:45	00:04:41	00:46:36	00:04:40	00:15:15	00:31:02		LÓSTREGOS COIA	REDONDELA
173	306	DAVID RODRIGUEZ FRAGA	SM-36	00:46:52	00:04:42	00:46:44	00:04:41	00:14:49	00:31:09	AG 2018844	ATLETISMO +9 MORAÑA	CATOIRA
174	347	RUBEN VIEITES MENDEZ	SM-37	00:46:53	00:04:42	00:46:48	00:04:41	00:14:17	00:30:22			CAMBADOS
175	158	ANTONIO MARTÍN VAQUEIRO	VAM-76	00:46:54	00:04:42	00:46:45	00:04:41	00:14:59	00:30:34		VIEIRASA	SALCEDA DE CASELAS
176	168	FRANCISCO ACOSTA CRESPO	VCM-15	00:47:15	00:04:44	00:47:02	00:04:43	00:15:42	00:31:04			VILLAGARCIA
177	101	CARLOS RODRIGUEZ NOVOA	VCM-16	00:47:23	00:04:45	00:47:11	00:04:44	00:15:37	00:31:26		ESPRINTES OURENSE	OURENSE
178	181	JUAN JOSE MAQUIEIRA CACABELOS	VBM-33	00:47:29	00:04:45	00:47:20	00:04:44	00:15:30	00:31:23			PORTONOVO
179	114	SUSANA FERNANDEZ COPA	F-16 VBF-2	00:47:32	00:04:46	00:47:25	00:04:45	00:15:14	00:31:13		MULLER EN FORMA	LUGO
180	30	JOSE LUIS LOPEZ ALVAREZ	VAM-77	00:47:32	00:04:46	00:47:20	00:04:44	00:15:30	00:31:44	AG2015701	BOIMORTO	LEIRADO
181	331	MAITE COUTO MENDOZA	F-17 VAF-11	00:47:39	00:04:46	00:47:29	00:04:45	00:15:49	00:31:41	AG 2023259	NOITEBRA FC	BOQUEIXÓN
182	100	JORGE GONZALEZ FERNANDEZ	VAM-78	00:47:41	00:04:47	00:47:30	00:04:45	00:15:37	00:31:31		ESPRINTES OURENSE	OURENSE
183	305	JOSE MIGUEL GARCÍA RUIZ	VAM-79	00:47:42	00:04:47	00:47:36	00:04:46	00:16:13	00:32:09		AMIGOS DEL LICOR DE TOXO	ALMERIA
184	199	GONZALO RODRÍGUEZ FONTÁN	VAM-80	00:47:46	00:04:47	00:47:42	00:04:47	00:14:30	00:30:48			CASTRELO
185	338	CARLOS CIVES DURO	VCM-17	00:47:51	00:04:48	00:47:41	00:04:47	00:15:40	00:31:46			SANTIAGO DE COMPOSTELA
186	126	JOSE RICARDO DIOS SUAREZ	VAM-81	00:47:57	00:04:48	00:47:50	00:04:47	00:15:18	00:31:32		PUNTA CABALO AROUSA RUNNERS	ISLA DE AROSA
187	55	ALBERTO FIGUEIRO ALFONSO	VAM-82	00:47:57	00:04:48	00:47:46	00:04:47	00:15:25	00:31:19		C.D. RIA DE AROUSA O GROVE	O GROVE
188	383	PEDRO ALONSO VAZQUEZ	VAM-83	00:47:57	00:04:48	00:47:45	00:04:47	00:15:13	00:31:13			PONTEVEDRA
189	32	JUAN GARCIA PALLEIRO	VAM-84	00:47:58	00:04:48	00:47:52	00:04:48	00:15:18	00:31:33		BTERRA GALICIA	PONTEVEDRA
190	164	CARLOS TORRES LOPEZ	VAM-85	00:47:59	00:04:48	00:47:54	00:04:48	00:14:55	00:31:11			LUGO
191	380	ALEJANDRO PEREZ ABOLI	VAM-86	00:48:00	00:04:48	00:47:52	00:04:48	00:15:17	00:31:10			CAMBRE
192	307	SUSO FLORES GARCIA	VAM-87	00:48:01	00:04:49	00:47:50	00:04:47	00:15:07	00:31:18		ATLETISMO A ESTRADA	A ESTRADA
193	163	RAMÓN DOMÍNGUEZ CASTRO	VBM-34	00:48:01	00:04:49	00:47:47	00:04:47	00:15:38	00:31:45			MEAÑO
194	175	BASILIO CAMIÑA UCHA	SM-38	00:48:01	00:04:49	00:47:47	00:04:47	00:15:37	00:31:45			MEAÑO
195	37	JOAQUIN RODIÑO REY	VAM-88	00:48:02	00:04:49	00:47:52	00:04:48	00:15:31	00:31:32		C. A. CAMBADOS-SEGUROS NOVAL	CAMBADOS
196	82	FERNANDO MARTINEZ BEIS	VAM-89	00:48:06	00:04:49	00:47:57	00:04:48	00:15:14	00:31:13		CLUB DEPORTIVO PINARIUM	MARIN
197	36	SUSANA CHAVES ALFONSIN	F-18 VAF-12	00:48:10	00:04:49	00:48:03	00:04:49	00:15:48	00:31:44		C. A. CAMBADOS - SEG. NOVAL	RIBADUMIA
198	53	JOSE RAMON CONDE TORRES	VCM-18	00:48:14	00:04:50	00:47:58	00:04:48	00:16:06	00:32:05	GA-769000	C.A.R. MARISQUEIRO	PORRIÑO
199	99	JOSÉ BENITO ABELLÁS OTERO	VBM-35	00:48:21	00:04:51	00:48:09	00:04:49	00:15:45	00:31:48	AG 764797	ESPRINTES OURENSE	OURENSE
200	11	GLORIA GALIÑA PARDO	F-19 VAF-13	00:48:22	00:04:51	00:48:10	00:04:49	00:15:45	00:31:50		A.D. LIMIACTIVA	OURENSE
201	159	VÍCTOR GARCÍA GÓMEZ	SM-39	00:48:22	00:04:51	00:48:19	00:04:50	00:12:39	00:31:49		VII LEGIO GEMINA	BANDE
202	122	GONZALO PAZOS GONZALEZ	VCM-19	00:48:22	00:04:51	00:48:14	00:04:50	00:15:24	00:31:35		PONTE A CORRER	PONTEVEDRA
203	139	PEDRO PETEIRO ROSENDE	VBM-36	00:48:45	00:04:53	00:48:32	00:04:52	00:15:55	00:32:17	AG 2016168	RUNNING OLEIROS	ARANGA
204	189	ANTONIO BARROSO GONZALEZ	VBM-37	00:48:48	00:04:53	00:48:40	00:04:52	00:16:19	00:32:39			SAN CIPRIAN DE VIÑAS
205	395	CARLOS ABUIN CHAVES	VBM-38	00:48:49	00:04:53	00:48:37	00:04:52	00:15:50	00:32:11		CD RIA DE ARUSA O GROVE	RIBADUMIA
206	367	JOSE CERQUEIRO CONDE	VBM-39	00:48:49	00:04:53	00:48:38	00:04:52	00:15:34	00:32:00			SANTIAGO
207	140	RAFAEL MILLAN GÓMEZ	VAM-90	00:48:50	00:04:53	00:48:45	00:04:53	00:14:45	00:31:12		RUNNING TEAM	PONTEVEDRA
208	124	JOSE MARIA PELETEIRO ESTEVEZ	VBM-40	00:48:50	00:04:53	00:48:37	00:04:52	00:16:25	00:32:38		PONTE A CORRER	PONTEVEDRA
209	363	TERE PARRADO PINAQUE	F-20 SF-5	00:48:58	00:04:54	00:48:52	00:04:54	00:15:19	00:32:05			AMES
210	136	MARIA DEL CARMEN COTOVAD MALVAR	F-21 VBF-3	00:49:04	00:04:55	00:48:59	00:04:54	00:15:51	00:32:29		RUN PONTEVEDRA	PONTEVEDRA
211	358	OSCAR GONZALEZ REY	VBM-41	00:49:19	00:04:56	00:49:02	00:04:55	00:16:25	00:32:39			CAMBRE
212	43	CHUS OTERO OTERO	F-22 VAF-14	00:49:33	00:04:58	00:49:28	00:04:57	00:15:14	00:31:33		C.A.CAMBADOS - SEGUROS NOVAL	CAMBADOS
213	194	PATRICIA RODRÍGUEZ ESTEVEZ	F-23 SF-6	00:49:33	00:04:58	00:49:19	00:04:56	00:16:43	00:33:20			PONTEVEDRA
214	336	RAMON SUAREZ	VBM-42	00:49:33	00:04:58	00:49:22	00:04:57	00:16:43	00:33:21		UNIVERSIDAD SANTIAGO	SANTIAGO DE COMPOSTELA
215	155	SERGIO RAMOS VIGO	VCM-20	00:49:35	00:04:58	00:49:27	00:04:57	00:16:21	00:32:52	AG2017503	VETERANOS DE SAMIL	VIGO
216	118	MIGUEL ÁNGEL LÓPEZ DE LERMA CASAS	VAM-91	00:50:00	00:05:00	00:49:52	00:05:00	00:16:05	00:32:56		PONTE A CORRER	PONTEVEDRA

217	106	BENIGNO MÍGUEZ SAN ISIDRO	SM- 40	00:50:14	00:05:02	00:50:01	00:05:01	00:16:31	00:33:22	AG2022618	KELTIC VIGO	CELEIRO -VIVEIRO
218	342	EMILIO OTERO MAYORAL	VAM- 92	00:50:14	00:05:02	00:50:10	00:05:01	00:15:27	00:32:48			VILANOVA DE AROUSA
219	46	NESTI PIÑEIRO SANTORUN	F- 24	VAF- 15	00:50:21	00:05:03	00:50:07	00:05:01	00:16:30		C.A.CAMBADOS-SEG. NOVAL	CAMBADOS
220	316	ANTÓN CORDAL BARREIRO	VAM- 93	00:50:26	00:05:03	00:50:17	00:05:02	00:16:07	00:33:18		CLUB ATLETISMO CAMBADOS	CAMBADOS
221	165	IVÁN PARDAL COCA	SM- 41	00:50:33	00:05:04	00:50:27	00:05:03	00:16:02	00:33:02			BRIÓN
222	312	FELIX APARICIO GRANDE	VBM- 43	00:50:46	00:05:05	00:50:32	00:05:04	00:16:41	00:33:23		CAC CAMBADOS	CAMBADOS
223	188	JOSE AMABLE NUÑEZ GONZALEZ	VBM- 44	00:50:50	00:05:05	00:50:39	00:05:04	00:16:27	00:33:36			PONTEVEDRA
224	385	PATRICK SHANKS	VAM- 94	00:51:00	00:05:06	00:50:45	00:05:05	00:16:24	00:33:26			SANTIAGO DE COMPOSTELA
225	166	CONSTANTINO FERNANDEZ POZO	VCM- 21	00:51:06	00:05:07	00:50:58	00:05:06	00:16:32	00:32:52			LUGO
226	6	MARIA CORREDOIRA BALEATO	F- 25	VAF- 16	00:51:15	00:05:08	00:51:05	00:05:07	00:16:17	AG768081	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	BERTAMIRANS. AMES
227	38	CARMELO OUBIÑA DURAN	VAM- 95	00:51:16	00:05:08	00:51:05	00:05:07	00:17:08	00:34:07		C.A CAMBADOS SEG.NOVAL	CAMBADOS
228	390	MARTA TRIUMF	F- 26	VAF- 17	00:51:25	00:05:09	00:51:20	00:05:08	00:16:57		MARATONIANOS TEAM	ESTOCOLMO
229	7	FERNANDO OTERO RAMIREZ	VBM- 45	00:51:57	00:05:12	00:51:45	00:05:11	00:15:55	00:32:16		A BOUZA SPRINT	VIGO
230	18	CELINA RODRIGUEZ SOBRINO	F- 27	VCF- 1	00:52:14	00:05:14	00:52:08	00:05:13	00:16:44	GA 765834	ATLETISMO +9 MORAÑA	MORAÑA
231	318	LUCIA ROMERO ONS	F- 28	SF- 7	00:52:14	00:05:14	00:52:06	00:05:13	00:16:44		CLUB ATLETISMO LOUSAME - DEPORTES HERMIDA	LOUSAME
232	328	EVA CID	F- 29	VAF- 18	00:52:35	00:05:16	00:52:19	00:05:14	00:17:08		MILER RUNNING CUB	PUNTECALDELAS
233	322	INÉS PORTO REGUEIRO	F- 30	SF- 8	00:52:37	00:05:16	00:52:35	00:05:16	00:16:08		CLUB DEPORTIVO SAN PAIO	TEO
234	313	MARIA LUISA CACABELOS PADIN	F- 31	VBF- 4	00:52:46	00:05:17	00:52:32	00:05:16	00:17:11		CAC CAMBADOS	CAMBADOS
235	167	MAXIMINO CARBALLO PENAS	VAM- 96	00:52:47	00:05:17	00:52:31	00:05:16	00:16:42	00:34:30			PONTEVEDRA
236	357	MANUEL FUENTES MARTÍNEZ	VBM- 46	00:52:54	00:05:18	00:52:36	00:05:16	00:17:35	00:35:18			PORTAS
237	370	DANIEL PAZ DURÁN	VAM- 97	00:53:02	00:05:19	00:52:47	00:05:17	00:17:56	00:35:34			TUI
238	41	JOSÉ ESTÉVEZ LÓPEZ	VBM- 47	00:53:03	00:05:19	00:52:49	00:05:17	00:17:08	00:34:51		C.A. CAMBADOS-SEGUROS NOVAL	PONTEVEDRA
239	119	MIGUEL GARCIA CUERVO	VBM- 48	00:53:46	00:05:23	00:53:33	00:05:22	00:17:19	00:35:10		PONTE A CORRER	PONTEVEDRA
240	145	GONZALO ALFONSIN SOLIÑO	VBM- 49	00:53:58	00:05:24	00:53:51	00:05:24	00:16:57	00:35:02		TARTARUGAS	SANTIAGO DE COMPOSTELA
241	35	DIANA MORALES RODRIGUEZ	F- 32	VAF- 19	00:54:04	00:05:25	00:53:51	00:05:24	00:17:05		BURGAS ATLETISMO OURENSE	OURENSE
242	125	MARIA DEL PILAR BESADA ALLO	F- 33	VBF- 5	00:54:12	00:05:26	00:53:58	00:05:24	00:17:22		PUNTA CABALO AROUSA RUNNERS	ILLA DE AROUSA
243	373	TOBIÁS BETANZOS REGO	VCM- 22	00:54:15	00:05:26	00:54:01	00:05:25	00:16:15	00:34:07			RIANXO
244	180	JUAN CARLOS LOPEZ PENSADO	VBM- 50	00:54:34	00:05:28	00:54:21	00:05:27	00:17:12	00:35:27			PORRIÑO
245	28	LUCIA NOVOA GONZÁLEZ	F- 34	VAF- 20	00:55:07	00:05:31	00:55:01	00:05:31	00:17:09		ATLETISMO PORRIÑO	PORRIÑO
246	388	PATRICIO FERNÁNDEZ TEJERA	VAM- 98	00:55:16	00:05:32	00:55:00	00:05:30	00:17:36	00:36:07			PONTEVEDRA
247	161	JORGE CRIADO PRIETO	VAM- 99	00:55:24	00:05:33	00:55:08	00:05:31	00:19:29	00:39:22			FERROL
248	85	NESTOR ARIAS PAZ	VBM- 51	00:55:26	00:05:33	00:55:13	00:05:32	00:16:02	00:33:52		CLUB MONTEPENARUBIA LUGO	LUGO
249	174	JUAN MIGUEL BESADA VIDAL	SM- 42	00:55:43	00:05:35	00:55:31	00:05:34	00:18:19	00:37:03			GROVE, O
250	379	PATRICIA DÍAZ SOUTULLO	F- 35	SF- 9	00:55:43	00:05:35	00:55:31	00:05:34	00:18:19			O GROVE
251	362	ALEJANDRO GARCÍA ALCAIDE	VAM- 100	00:55:49	00:05:35	00:55:39	00:05:34	00:18:26	00:37:09			PAIPORTA
252	341	ADRIAN NAVIA GIRALDEZ	SM- 43	00:55:58	00:05:36	00:55:51	00:05:36	00:17:10	00:36:27			VILAGARCÍA DE AROUSA
253	339	JOSE LUIS RODRIGUEZ LEMA	VAM- 101	00:56:04	00:05:37	00:55:49	00:05:35	00:17:46	00:36:23			CAMBADOS
254	361	ADRIAN ALVAREZ BARROS	SM- 44	00:56:21	00:05:39	00:56:04	00:05:37	00:16:42	00:36:00			MONTEPORREIRO
255	64	JOSE ISAIAS BURLIDO BORREGO	VCM- 23	00:56:49	00:05:41	00:56:34	00:05:40	00:17:49	00:36:29		CLUB ATLETATLE PORRIÑO	PORRIÑO
256	340	MANUEL TRIGO BAO	VAM- 102	00:59:45	00:05:59	00:59:41	00:05:59	00:17:24	00:37:36			A ESTRADA
257	386	ALBERTO DO RIO QUIROGA	VBM- 52	01:00:52	00:06:06	01:00:45	00:06:05	00:19:21	00:39:59			O MILLADOIRO
258	61	JOSE ALEJANDRO GANDARA BOUZA	VBM- 53	01:01:31	00:06:10	01:01:20	00:06:08	00:19:35	00:40:21		CASTRELOS 20:30	REDONDELA
259	191	BELEN LEMA FACAL	F- 36	VAF- 21	01:03:49	00:06:23	01:03:35	00:06:22	00:19:28			A CORUÑA
260	116	LUCÍA ANSEDES DOMÍNGUEZ	F- 37	VBF- 6	01:03:54	00:06:24	01:03:39	00:06:22	00:19:40		NOITEBRA, FC	SANTIAGO DE COMPOSTELA
261	337	JESUS RUA PEREZ	VCM- 24	01:11:42	00:07:11	01:11:31	00:07:10	00:22:01	00:46:38			SANTIAGO DE COMPOSTELA