

CLASIFICACIÓN CARREIRA ABSOLUTA

Puesto	Dorsal	Nombre	Sexo	Club	T. Oficial	T. Neto	Ritmo	Categoría	P. Cat	P. Sex	Local
1	4	Borja Castro Hermida	M	Club Atletismo Santiago	00:36:56,00	00:36:55,00	3:35	Sub 20 - Sub 23	-1	1	NO
2	7	Alexandre Fernández Tojo	M	Club Atletismo Tambre Bike&running	00:37:18,00	00:37:18,00	3:37	Senior	-1	2	NO
3	46	Jesus Rendo Perez	M		00:37:49,00	00:37:49,00	3:40	Veterán B	-1	3	NO
4	47	Jose Luis Louzao Tato	M		00:38:06,00	00:38:06,00	3:41	Veterán B	1	4	NO
5	10	Carlos Fraga Adrio	M	Club Atletismo Tambre Bike&running	00:38:36,00	00:38:35,00	3:44	Senior	1	5	NO
6	17	Sergio Varela Martinez	M	Fontes Do Sar	00:38:49,00	00:38:48,00	3:46	Veterán A	1	6	NO
7	20	Carlos Campos Vazquez	M		00:38:52,00	00:38:52,00	3:46	Veterán A	2	7	NO
8	39	Miguel Cabo Villaverde	M	Atletismo Milladoiro	00:39:17,00	00:39:16,00	3:48	Veterán B	2	8	NO
9	45	Manuel Rendo Perez	M	Manuel Rendo Pérez	00:39:19,00	00:39:19,00	3:49	Veterán B	3	9	NO
10	33	Roberto Tuñas Gonzalez	M		00:39:27,00	00:39:26,00	3:49	Veterán A	3	10	NO
11	38	Juan Carlos Martinez Valverde	M	Verxel Nutricion Deportiva	00:40:24,00	00:40:24,00	3:55	Veterán B	4	11	NO
12	41	Juan Manuel Villaverde Muñiz	M	Club Atletismo Noia	00:41:25,00	00:41:24,00	4:01	Veterán B	5	12	NO
13	12	Jesús Sainz Tresguerras	M	Atletismo De Sar Petroni	00:41:28,00	00:41:27,00	4:01	Senior	2	13	NO
14	51	Jesus Garcia Iglesias	M		00:41:32,00	00:41:30,00	4:01	Veterán B	6	14	NO
15	30	Ivan Segade Carou	M	Club Atletismo Boimorto	00:42:36,00	00:42:35,00	4:08	Veterán A	4	15	NO
16	48	Jose Fernández Rendo	M	La Gramola Gtr	00:42:37,00	00:42:35,00	4:08	Veterán B	7	16	SI
17	34	Oscar Diéguez Pintor	M	Asociacion Deportiva Cerne	00:42:39,00	00:42:38,00	4:08	Veterán A	5	17	NO
18	18	José Ramón Puga García	M	Ninguno	00:42:53,00	00:42:52,00	4:09	Veterán A	6	18	NO
19	3	Garikoitz Ruano Rodríguez	M	Ninguno	00:43:11,00	00:43:11,00	4:11	Sub 20 - Sub 23	1	19	SI
20	58	Xaime Rivas Posse	M	C.a.santiago	00:43:54,00	00:43:52,00	4:15	Veterán C	1	20	NO
21	35	Benito Piñeiro Abeijon	M		00:44:19,00	00:44:13,00	4:18	Veterán A	7	21	NO
22	6	José Andrés Oubel Fernández	M		00:44:29,00	00:44:25,00	4:19	Senior	3	22	SI
23	57	Manuel Fontenla Muíño	M	Atletas De Acea De Ama	00:45:18,00	00:45:15,00	4:23	Veterán C	2	23	NO
24	28	Vicente Sanmartin Vigo	M	Verxel Nutrición Deportiva	00:45:28,00	00:45:27,00	4:24	Veterán A	8	24	NO
25	32	Jorge Castro Maroño	M		00:45:42,00	00:45:40,00	4:26	Veterán A	9	25	NO
26	43	Pablo Pellegrino Marquine	M	Sin Club	00:45:43,00	00:45:36,00	4:26	Veterán B	8	26	NO
27	55	José Manuel Romero Olveira	M	Veteranos De Samil	00:45:45,00	00:45:42,00	4:26	Veterán C	3	27	NO
28	40	Nacho Louzao Rodríguez	M	Cuatridente	00:46:06,00	00:46:03,00	4:28	Veterán B	9	28	NO
29	27	Adrian Riadigos Villar	M	La Gramola Gtr	00:46:24,00	00:46:21,00	4:30	Veterán A	10	29	NO
30	16	Xabier Ferro Garcia	M		00:46:25,00	00:46:23,00	4:30	Veterán A	11	30	NO
31	54	Enrique Iglesias González	M	Enrique Iglesias	00:46:52,00	00:46:47,00	4:32	Veterán C	4	31	NO
32	36	Luis Vereza Vazquez	M	Independiente	00:46:55,00	00:46:53,00	4:33	Veterán A	12	32	NO
33	23	Borja Cardesin Vila	M		00:47:38,00	00:47:37,00	4:37	Veterán A	13	33	NO
34	21	Alberto Rodiles Rios	M		00:48:02,00	00:48:00,00	4:39	Veterán A	14	34	NO
35	8	Pablo Roo Maroñas	M	Club Atletismo Lousame Deportes Hermida	00:49:06,00	00:49:04,00	4:45	Senior	4	35	NO
36	31	Miguel Carreira Parrado	M		00:49:55,00	00:49:50,00	4:50	Veterán A	15	36	NO
37	1	Ivan Ares Iglesias	M		00:50:08,00	00:50:05,00	4:52	Sub 20 - Sub 23	2	37	SI
38	37	Oscar Sanchez Caneda	M	Club Atletismo O Pino	00:50:10,00	00:50:07,00	4:52	Veterán A	16	38	SI
39	56	Anxo Louzao Rodríguez	M		00:50:31,00	00:50:29,00	4:54	Veterán C	5	39	NO
40	24	José Ramón Señaris Boo	M		00:50:40,00	00:50:37,00	4:55	Veterán A	17	40	NO
41	9	Inma Ferradas Toxo	F		00:53:03,00	00:53:00,00	5:08	Senior	-1	1	SI



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Puesto	Dorsal	Nombre	Sexo	Club	T. Oficial	T. Neto	Ritmo	Categoría	P. Cat	P. Sex	Local
42	53	Juan Carlos Castro Suárez	M	Club Atletismo O Pino	00:55:32,00	00:55:29,00	5:23	Veterán B	10	41	NO
43	5	Laura Mosquera Lopez	F		00:57:24,00	00:57:22,00	5:34	Senior	-1	2	NO
44	52	Giovanni Quintans Meléndez	M		00:59:13,00	00:54:34,00	5:44	Veterán B	11	42	NO
45	22	Eladio Riveiro Garcia	M	Eladio Riveiro Garcia	01:00:48,00	01:00:46,00	5:54	Veterán A	18	43	NO
46	42	Elena Torea Torea	F	Club De Atletismo De Lousame Deportes Hermida	01:01:26,00	01:01:22,00	5:57	Veterán B	-1	3	NO
47	26	Noelia Ferreiro Baños	F		01:10:13,00	01:10:10,00	6:48	Veterán A	1	4	NO

Carreira Pedestre POPULAR ENGELLO DE TOURO



CLASIFICACIÓN CARREIRA SUB18-SUB16

Puesto	Dorsal	Nombre	Sexo	Club	Categoría	T. Oficial	T. Neto	Ritmo	P. Cat	P. Sex
1	102	Alberto Pampin Rendo	M		Sub 18	00:10:57,00	00:10:57,00	3:38	1	1
2	106	José Antonio Ruano Rodríguez	M		Sub 16	00:11:21,00	00:11:21,00	3:46	1	2
3	105	Xurxo Rendo Rodríguez	M		Sub 16	00:12:01,00	00:12:01,00	4:00	2	3
4	101	Brais Perez Fernández	M	Club Atletismo Tambre Bike&running	Sub 18	00:12:06,00	00:12:06,00	4:01	2	4
5	109	Iria Castro Hermida	F	Millaraio	Sub 16	00:12:57,00	00:12:57,00	4:18	1	1
6	107	Juan Otero Iglesias	M		Sub 16	00:13:13,00	00:13:13,00	4:24	3	5
7	108	Lui Suarez Fernandez	M	Sdtouro	Sub 16	00:14:02,00	00:14:02,00	4:40	4	6

CLASIFICACIÓN CARREIRA SUB14-SUB12

Puesto	Dorsal	Nombre	Sexo	Club	T. Oficial	T. Neto	Ritmo	Categoría	P. Cat	P. Sex
1	115	Sergio Quintás Mella	M		00:07:32,00	00:07:32,00	3:45	Sub 14	1	1
2	126	Juan Carlos Rodríguez Cabana	M		00:07:52,00	00:07:51,00	3:55	Sub 12	1	2
3	110	Diego Palmas Louzao	M	Olímpico De Vedra	00:07:56,00	00:07:56,00	3:57	Sub 14	2	3
4	131	Lois Villaverde Güeto	M	Atletismo Noia	00:08:06,00	00:08:06,00	4:02	Sub 12	2	4
5	113	Santiago Rodríguez Cabana	M		00:08:28,00	00:08:28,00	4:13	Sub 14	3	5
6	127	Nerea Martínez Naveiro	F	Olimpico De Vedra	00:08:29,00	00:08:29,00	4:14	Sub 12	1	1
7	129	Markel González López	M	Club Deportivo Arzua	00:08:37,00	00:08:36,00	4:18	Sub 12	3	6
8	122	Lorena Pegito Pacheco	F	Olimpico De Vedra	00:08:52,00	00:08:51,00	4:25	Sub 12	2	2
9	114	Yago Codesido Mella	M		00:09:05,00	00:09:04,00	4:32	Sub 14	4	7
10	124	Aitor Avila Mella	M		00:09:12,00	00:09:11,00	4:35	Sub 12	4	8
11	118	Ainhoa Aldrey Martínez	F	Olímpico De Vedra	00:09:37,00	00:09:36,00	4:48	Sub 12	3	3
12	128	Adara Alonso Perez	F		00:09:38,00	00:09:38,00	4:48	Sub 12	4	4
13	111	Sandra Rilo Teixeira	F	Olímpico Vedra	00:09:55,00	00:09:54,00	4:57	Sub 14	1	5
14	125	Dario Veiga Mendez	M		00:09:57,00	00:09:56,00	4:58	Sub 12	5	9
15	120	Irene Rendo Rodríguez	F		00:10:09,00	00:10:08,00	5:04	Sub 12	5	6

CLASIFICACIÓN CARREIRA SUB10

Puesto	Dorsal	Nombre	Sexo	T. Oficial	T. Neto	Ritmo	Categoría	P. Cat	P. Sex
1	154	Sabela Raposo Fernández	F	00:03:52,00	00:03:51,00	3:51	Sub 10	1	1
2	138	Iván Soto López	M	00:03:59,00	00:03:58,00	3:58	Sub 10	1	1
3	136	Iván Fernández Mella	M	00:04:04,00	00:04:03,00	4:03	Sub 10	2	2
4	137	Daniel Rilo Miguez	M	00:04:07,00	00:04:07,00	4:06	Sub 10	3	3
5	140	Martiño Souto Mera	M	00:04:14,00	00:04:14,00	4:13	Sub 10	4	4
6	139	Óscar Soto López	M	00:04:15,00	00:04:15,00	4:14	Sub 10	5	5
7	147	Pedro Torres Codesido	M	00:04:45,00	00:04:44,00	4:44	Sub 10	6	6
8	145	Neo Alonso Perez	M	00:04:46,00	00:04:46,00	4:45	Sub 10	7	7
9	151	Lucia Tato Iglesias	F	00:04:51,00	00:04:50,00	4:50	Sub 10	2	2
10	141	Irene Lopez Ferro	F	00:04:52,00	00:04:51,00	4:51	Sub 10	3	3
11	142	Elena Veiga Mendez	F	00:04:55,00	00:04:54,00	4:54	Sub 10	4	4
12	149	Breixo Quintás Mella	M	00:06:18,00	00:06:17,00	6:17	Sub 10	8	8
13	143	Martiño Louzao Mella	M	00:06:57,00	00:06:56,00	6:56	Sub 10	9	9

CLASIFICACIÓN CARREIRA PREBENXAMÍN

Puesto	Dorsal	Nombre	Sexo	T. Oficial	T. Neto	Ritmo	Categoría	P. Cat	P. Sex
1	179	Pablo Sanchez Mella	M	00:01:00,00	00:00:01,00	3:18	Prebenxamin	1	1
2	173	Xoel Otero Rial	M	00:01:02,00	00:00:01,00	3:23	Prebenxamin	2	2
3	169	Martin Dominguez Suarez	M	00:01:03,00	00:00:01,00	3:28	Prebenxamin	3	3
4	166	Adrian Avila Mella	M	00:01:05,00	00:00:01,00	3:35	Prebenxamin	4	4
5	167	Alberto Louzao Alonso	M	00:01:06,00	00:00:01,00	3:38	Prebenxamin	5	5
6	176	Pablo Uzal Mera	M	00:01:07,00	00:00:01,00	3:40	Prebenxamin	6	6
7	161	Hugo Riádigos Aguiar	M	00:01:07,00	00:00:01,00	3:41	Prebenxamin	7	7
8	175	Nicolás Baute Mato	M	00:01:08,00	00:00:01,00	3:43	Prebenxamin	8	8
9	171	Paula Codesido Mella	F	00:01:09,00	00:00:01,00	3:48	Prebenxamin	1	1
10	162	Nicolas Domínguez Castro	M	00:01:10,00	00:00:01,00	3:50	Prebenxamin	9	9
11	157	Jorge Pampin Mosquera	M	00:01:11,00	00:00:01,00	3:53	Prebenxamin	10	10
12	178	Claudia Castro Fandiño	F	00:01:11,00	00:00:01,00	3:54	Prebenxamin	2	2
13	163	Fabián Martínez Vázquez	M	00:01:11,00	00:00:01,00	3:54	Prebenxamin	11	11
14	156	Daniela Pampin Mosquera	F	00:01:11,00	00:00:01,00	3:55	Prebenxamin	3	3