



## IV CARREIRA PEDESTRE CONCELLO DE DUMBRÍA, Dumbría 26/05/2018

Carreira Absoluta (10k). Distancia: 10.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	KM_5	Licenza	Club	Localidade
1	233	JOSÉ MIGUEL GÓMEZ SÁNCHEZ		M40M- 1	00:35:24	00:03:33	00:35:24	00:03:33	00:17:31	AG-2023807	SAR-VERMU PETRONI	A CORUÑA
2	212	DIEGO RUIZ BREIJO		SNM- 1	00:35:36	00:03:34	00:35:36	00:03:34	00:17:42			A CORUÑA
3	607	JUAN ALVAREZ CURES		M40M- 2	00:36:37	00:03:40	00:36:37	00:03:40	00:17:31		A.D.MEDIADUCIA	CARBALLO
4	142	RUBEN INSUA DIAZ		SNM- 2	00:37:05	00:03:43	00:37:05	00:03:43	00:18:21			FISTERRA
5	4	GONZALO SILVA BRENLLA		SNM- 3	00:37:16	00:03:44	00:37:16	00:03:44	00:18:22	AG 766103	NOITEBRA F.C.	SANTA COMBA
6	601	CARLOS VALIÑA LISTA		SNM- 4	00:37:30	00:03:45	00:37:30	00:03:45	00:18:11		ASOCIACIÓN DEPORTIVA OLIMPIA	CAMARIÑAS
7	163	RAMÓN CANOSA CASTIÑEIRA		M40M- 3	00:37:44	00:03:47	00:37:44	00:03:47	00:18:45			CÉE
8	94	JOSÉ ANTONIO SEÑARÍS PARDO		M40M- 4	00:37:46	00:03:47	00:37:46	00:03:47	00:18:46		RUNNERS CARBALLO	CARBALLO
9	9	BONI GONZÁLEZ REY		M40M- 5	00:38:18	00:03:50	00:38:18	00:03:50	00:19:01		PRAIA DE CARNOTA RUNNERS	CARNOTA
10	8	FERNANDO PEREZ HERNANDEZ		M40M- 6	00:38:24	00:03:51	00:38:24	00:03:51	00:18:52	AG2019970	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
11	208	JUAN CASTIÑEIRA ROMERO		M40M- 7	00:38:49	00:03:53	00:38:48	00:03:53	00:19:05			CEE
12	101	JOSÉ MANUEL LAGO CES		M40M- 8	00:39:21	00:03:57	00:39:20	00:03:56	00:19:12	AG 763847	SAR-VERMU PETRONI	CEE
13	6	JOSE SUAREZ LEIS		M50M- 1	00:39:21	00:03:57	00:39:20	00:03:56	00:19:25	AG-766580	SAR-VERMU PETRONI	A BAÑA
14	517	ROBERTO TUÑAS GONZALEZ		SNM- 5	00:39:27	00:03:57	00:39:27	00:03:57	00:19:17			NEGREIRA
15	97	RICARDO ALONSO FERNANDEZ		M40M- 9	00:39:39	00:03:58	00:39:37	00:03:58	00:19:08		RUNNING ARTEIXO	VERÍN
16	96	JOSE CARLOS PEREIRA REY		M50M- 2	00:40:03	00:04:01	00:40:01	00:04:01	00:19:31		RUNNING ARTEIXO	ARTEIXO
17	87	JAVIER BARRIENTOS OREIRO		SNM- 6	00:40:19	00:04:02	00:40:18	00:04:02	00:19:40		NORTEMALLADO	MUXIA
18	37	ELOY CAMBEIRO CANOSA		SNM- 7	00:40:20	00:04:02	00:40:19	00:04:02	00:19:43		ASOCIACIÓN DEPORTIVA OLIMPIA	BRENS
19	218	ALBERTO VILLAR GARCIA		SNM- 8	00:40:23	00:04:03	00:40:22	00:04:03	00:20:27			CARBALLO
20	110	ENRIQUE SANTOS LORENZO		M40M- 10	00:40:36	00:04:04	00:40:31	00:04:04	00:20:06	AG2019235	TERRA DE SONEIRA C.D.	VIMIANZO
21	10	ROCIO ALVITE FERREIRO	F- 1	SNF- 1	00:40:47	00:04:05	00:40:47	00:04:05	00:20:11	GA 768548	SAR-VERMU PETRONI	MAZARICOS
22	181	ALFONSO GARCÍA BELLO		M50M- 3	00:40:50	00:04:05	00:40:50	00:04:05	00:20:10			CAMBRE
23	608	JAVIER CUPEIRO FRADE		M40M- 11	00:40:54	00:04:06	00:40:52	00:04:06	00:20:18			A CORUÑA
24	66	RAFAEL SENEN GOMEZ GARCIA		SNM- 9	00:40:59	00:04:06	00:40:59	00:04:06	00:20:06		CLUB ATLETISMO OUTES	OUTES
25	178	ENRIQUE LUACES PAZ		SNM- 10	00:41:14	00:04:08	00:41:11	00:04:08	00:20:19			DUMBRIA
26	175	RAMIRO GONZÁLEZ FRANCO		SNM- 11	00:41:24	00:04:09	00:41:22	00:04:09	00:20:34			ÉZARO (DUMBRÍA)
27	191	JORGE SABIO FIDALGO		SNM- 12	00:41:26	00:04:09	00:41:24	00:04:09	00:20:13			CAMBRE
28	160	SUSIÑO RODRÍGUEZ FERNÁNDEZ		SNM- 13	00:41:34	00:04:10	00:41:32	00:04:10	00:20:36			CEE
29	520	FRANCISCO JAVIER BRENLLA DUARTE		SNM- 14	00:41:37	00:04:10	00:41:35	00:04:10	00:20:29			SANTA COMBA
30	106	FÉLIX ROGET PÉREZ		SNM- 15	00:41:38	00:04:10	00:41:35	00:04:10	00:20:48		TERRA DE SONEIRA C.D.	VIMIANZO
31	704	CARLOS DIEGUEZ CARREIRA		SNM- 16	00:41:40	00:04:10	00:41:38	00:04:10	00:20:24	AG-769968	CLUB DEPORTIVO SAN PAIO	SANTIAGO DE COMPOSTELA
32	167	JUAN CARLOS DIÉGUEZ TEIJEIRO		M40M- 12	00:41:42	00:04:11	00:41:41	00:04:11	00:20:49			CAMBRE
33	36	JORGE RODRÍGUEZ LARIÑO		SNM- 17	00:41:49	00:04:11	00:41:42	00:04:11	00:20:51		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
34	11	TERESA CASTRO VILLAVERDE	F- 2	M50F- 1	00:41:56	00:04:12	00:41:56	00:04:12	00:20:57		CLUB ATLETISMO NOIA	VIMIANZO
35	72	ANIBAL BARCA ESPAÑA		SNM- 18	00:42:06	00:04:13	00:42:05	00:04:13	00:21:00	AG2022592	CLUB DEPORTIVO OS MUDITOS	CORISTANCO
36	151	RAMÓN ANTONIO VARELA MÍGUEZ		M50M- 4	00:42:11	00:04:14	00:42:09	00:04:13	00:20:50			A CORUÑA
37	119	F. JAVIER BARREIRO CORDEIRO		M40M- 13	00:42:45	00:04:17	00:42:38	00:04:16	00:21:14			SANTA COMBA
38	161	MANUEL CALO CANOSA		M40M- 14	00:42:53	00:04:18	00:42:46	00:04:17	00:21:06			CEE
39	43	JOSE ANTONIO FERNANDEZ RODRIGUEZ		SNM- 19	00:43:00	00:04:18	00:42:56	00:04:18	00:20:47		ATLETISMO ARTEIXO	ARTEIXO
40	606	OSCAR FERNANDEZ PAZ		SNM- 20	00:43:10	00:04:19	00:43:02	00:04:19	00:21:30			O CARBALLIÑO
41	89	JOSECHO GONZÁLEZ REY		SNM- 21	00:43:20	00:04:20	00:43:20	00:04:20			PRAIA DE CARNOTA RUNNERS	CARNOTA
42	224	FRANCISCO JAVIER SEIJAS SOUTO		M40M- 15	00:43:22	00:04:21	00:43:21	00:04:21	00:21:29			RUNNING ARTEIXO
43	535	DIEGO BLANCO SANCHEZ		SNM- 22	00:43:25	00:04:21	00:43:19	00:04:20	00:21:38			CEE
44	504	LEANDRO EIRAS LUEIRO		SNM- 23	00:43:34	00:04:22	00:43:31	00:04:22	00:20:56		CLUB TRIATLON CERVECERIA O COTON NEGREIRA	NEGREIRA

45	129	MIGUEL BLANCO TRABA		SNM- 24	00:43:34	00:04:22	00:43:27	00:04:21	00:21:20		CEE
46	81	JAVIER GOMEZ MATO		M40M- 16	00:43:56	00:04:24	00:43:51	00:04:24	00:22:06	LAXE	LAXE
47	77	JULIO ROMERO VÁZQUEZ		M40M- 17	00:43:56	00:04:24	00:43:51	00:04:24	00:22:06	CLUBE MULTIDEPORTIVO LAXE	LAXE
48	216	DAVID PRADO PAMPIN		SNM- 25	00:43:58	00:04:24	00:43:52	00:04:24	00:21:31		CEE
49	44	JUAN JESÚS TAJES MAYO		M40M- 18	00:44:06	00:04:25	00:43:59	00:04:24	00:22:15	AG-2019296	ATLETISMO FONTES DO SAR
50	21	ADELINO LESTON DEL RIO		SNM- 26	00:44:30	00:04:27	00:44:18	00:04:26	00:22:09	A.D DOWNHILL	TOREA (MUROS)
51	719	DIEGO BELLO GRAIÑO		SNM- 27	00:44:40	00:04:28	00:44:23	00:04:27	00:22:09		NEGREIRA
52	117	RAMÓN VILLAR RUIBAL		M50M- 5	00:44:43	00:04:29	00:44:39	00:04:28	00:21:40	GA766004	VERXEL NUTRICIÓN DEPORTIVA
53	24	ALFONSO CANOSA BLANCO		M50M- 6	00:44:48	00:04:29	00:44:47	00:04:29	00:21:46	A.D. OLIMPIA	A CORUÑA
54	180	ANGEL FERNÁNDEZ VIDAL		M50M- 7	00:44:51	00:04:30	00:44:47	00:04:29	00:22:09		MUROS
55	171	JAVIER AREOSA BRANDON		M40M- 19	00:45:21	00:04:33	00:45:19	00:04:32	00:21:56		ARTEIXO
56	705	BENIGNO FREIRE ESPARÍS		M50M- 8	00:45:22	00:04:33	00:45:07	00:04:31	00:22:53		NEGREIRA
57	54	JOSE VARELA VERDES		M40M- 20	00:45:35	00:04:34	00:45:32	00:04:34	00:22:23	BEER RUNNERS CORUÑA	A CORUÑA
58	552	JOSE SANTOS INSUA		SNM- 28	00:45:42	00:04:35	00:45:34	00:04:34	00:22:42		CEE
59	140	ALEJANDRO JOSÉ CASTRO ROMÁN		SNM- 29	00:45:46	00:04:35	00:45:44	00:04:35	00:22:14		A CORUÑA
60	514	JOSÉ PARDIÑAS ALVITE		M50M- 9	00:45:55	00:04:36	00:45:45	00:04:35	00:23:12		CEE
61	173	ADOLFO GARCÍA ALONSO		SNM- 30	00:45:58	00:04:36	00:45:54	00:04:36	00:22:48		A CORUÑA
62	525	SILVIA MARIÑO REY	F- 3	M40F- 1	00:45:58	00:04:36	00:45:56	00:04:36	00:22:54		MILLADOIRO
63	204	DANIEL VIGO LEMA		M40M- 21	00:46:01	00:04:37	00:45:54	00:04:36	00:22:53		LAXE
64	545	DIONISIO FABIÁN GONZÁLEZ		M50M- 10	00:46:03	00:04:37	00:46:03	00:04:37	00:22:26	A.D.OLIMPIA	CEE
65	715	ALEJANDRO PAZOS LÓPEZ		SNM- 31	00:46:04	00:04:37	00:45:49	00:04:35	00:23:36		BERTAMIRANS
66	12	ELENA MIGUENS OTERO	F- 4	M40F- 2	00:46:06	00:04:37	00:46:03	00:04:37	00:22:47	AG766075	SAR-VERMU PETRONI
67	714	GIOVANNI QUINTANS MELÉNDEZ		M40M- 22	00:46:09	00:04:37	00:46:06	00:04:37	00:22:24		LA CORUNA
68	541	MANUEL ANGEL QUINTANS VARELA		SNM- 32	00:46:13	00:04:38	00:45:59	00:04:36	00:23:41		SANTIAGO DE COMPOSTELA
69	603	ESTEBAN LADO CASTIÑEIRA		SNM- 33	00:46:32	00:04:40	00:46:23	00:04:39	00:22:31		A CORUÑA
70	513	DOSITEO TOBA QUINTÁNS		M50M- 11	00:46:39	00:04:40	00:46:28	00:04:39	00:23:13		CORCUBIÓN
71	120	LUIS TAJES CANOSA		M40M- 23	00:46:43	00:04:41	00:46:30	00:04:39	00:23:24		CAMARIÑAS
72	515	JUAN ENRIQUE RODRIGUEZ DOMINGUEZ		M40M- 24	00:46:50	00:04:41	00:46:39	00:04:40	00:23:12		CORCUBION
73	155	JAVI HOYOS VELEZ		M40M- 25	00:46:51	00:04:42	00:46:44	00:04:41	00:23:00		CEE
74	136	BERIT SOMMERFELT	F- 5	SNF- 2	00:46:58	00:04:42	00:46:55	00:04:42	00:23:26		CORUÑA
75	82	ANTONIO BARREIRO CORDEIRO		M40M- 26	00:47:00	00:04:42	00:46:52	00:04:42	00:23:32	MARISCOS RECIO	A BAÑA
76	706	PABLO ÁLVAREZ GONZÁLEZ		M40M- 27	00:47:06	00:04:43	00:47:03	00:04:43	00:23:36		BARCELONA
77	33	BENITO PIÑEIRO ABEIJON		M40M- 28	00:47:08	00:04:43	00:46:52	00:04:42	00:25:25	AGRUPACION DEPORTIVA ATLETES	ESTEIRO
78	105	IVAN ROMERO DOMINGUEZ		SNM- 34	00:47:10	00:04:43	00:47:05	00:04:43	00:23:27	TERRA DE SONEIRA C.D.	ZAS
79	15	GELI LÓPEZ VILAS	F- 6	M50F- 2	00:47:14	00:04:44	00:47:09	00:04:43	00:23:35	RUNNING ARTEIXO	ARTEIXO
80	716	VICTOR DANIEL LEMA PEREZ		M40M- 29	00:47:15	00:04:44	00:47:11	00:04:44	00:22:56	AG2016196	VIMIANZO
81	86	IVAN SEANE FONDO		M40M- 30	00:47:21	00:04:45	00:47:18	00:04:44	00:23:30	NORTEMALLADO	CARBALLO
82	85	ALFONSO RODRIGUEZ FRAMIL		M40M- 31	00:47:23	00:04:45	00:47:10	00:04:43	00:23:23	AG-2020368	NOITEBRA FC
83	100	JOSÉ MANUEL RIOS GIBELLO		M50M- 12	00:47:29	00:04:45	00:47:25	00:04:45	00:23:07	RUNNING OLEIROS	A CORUÑA
84	710	PERFECTO VÁZQUEZ RIVERA		SNM- 35	00:47:29	00:04:45	00:47:25	00:04:45	00:23:23		A CORUÑA
85	717	NACHO MARIÑO ESCARIZ		SNM- 36	00:47:34	00:04:46	00:47:21	00:04:45	00:23:50		CEE
86	20	JOSE CAAMAÑO SIEIRA		SNM- 37	00:47:52	00:04:48	00:47:40	00:04:46	00:23:33	A.D DOWNHILL	LARACHA
87	26	JOSÉ BERMÚDEZ VARELA		M40M- 32	00:47:57	00:04:48	00:47:54	00:04:48	00:23:23	A.D.MEDIADUCIA	CARBALLO
88	70	NATALIA RIVAS SUÁREZ	F- 7	M40F- 3	00:47:58	00:04:48	00:47:56	00:04:48	00:24:06	AG2022593	CLUB DEPORTIVO OS MUDITOS
89	22	MARCOS PARDIÑAS GONZÁLEZ		SNM- 38	00:48:04	00:04:49	00:47:52	00:04:48	00:23:34	AG 2024552	A.D. DOWNHILL
90	544	JOSE RAMON GARCÍA MARIÑO		M50M- 13	00:48:06	00:04:49	00:47:53	00:04:48	00:24:22		CARBALLO
91	177	ALBERT CARBALLAL IGLESIAS		SNM- 39	00:48:07	00:04:49	00:47:58	00:04:48	00:23:26		LALIN
92	14	MONSE SOLIS CAAMAÑO	F- 8	SNF- 3	00:48:12	00:04:50	00:48:07	00:04:49	00:23:33	TERRA DE SONEIRA C.D.	ZAS
93	506	IVÁN LOPEZ ROMERO		SNM- 40	00:48:18	00:04:50	00:48:14	00:04:50	00:23:37		BAIO-ZAS





## IV CARREIRA PEDESTRE CONCELLO DE DUMBRÍA, Dumbría 26/05/2018

Carreira Absoluta (3k). Distancia: 3.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	1049	MARTÍN REGUEIRA RELLÁN		SNM- 1	00:10:47	00:03:36			LAXE
2	1510	ALBERTO CARBALLO CAMIÑO		SNM- 2	00:11:13	00:03:45		TERRA DE SONEIRA C.D.	VIMIANZO
3	1579	BRAIS LAGO TRILLO		SNM- 3	00:11:37	00:03:53		ASOCIACIÓN DEPORTIVA OLIMPIA	CARNOTA
4	1701	CARLOS CANEDA PRIETO		SNM- 4	00:12:04	00:04:02			A CORUÑA
5	1002	ANGEL CAMPOS SANTIAGO		SNM- 5	00:12:13	00:04:05	AG 7934	SAR-VERMU PETRONI	NOIA
6	1004	ALBERTO POMBO PERISCAL		SNM- 6	00:12:21	00:04:07		A.D.MEDIADUCIA	CARBALLO
7	1025	ASIER VÁZQUEZ SANTOS		SNM- 7	00:12:22	00:04:08		TERRA DE SONEIRA C.D.	VIMIANZO
8	1027	TINA FERNÁNDEZ	F- 1	SNF- 1	00:12:27	00:04:09		URBAN RUNNERS CLUB SANTIAGO	MUROS
9	1023	DIMAS BÚA SAR		SNM- 8	00:12:30	00:04:10		KURAI	MUXÍA
10	1646	IVAN CAAMAÑO CARREIRA		SNM- 9	00:12:34	00:04:12			NOVELLE
11	1053	RAUL BARBEITO GESTAL		SNM- 10	00:12:36	00:04:12			MEICENDE
12	1614	IAGO DANS SANCHEZ		SNM- 11	00:12:43	00:04:15			A CORUÑA
13	1041	MARTÍN BARBEITO		SNM- 12	00:12:46	00:04:16			A CORUÑA
14	1026	MARTÍN VIDAL LORENZO		SNM- 13	00:12:52	00:04:18		TERRA DE SONEIRA C.D.	VIMIANZO
15	1058	JOSE MANUEL BLANCO LEMA		SNM- 14	00:12:54	00:04:18			MUXÍA
16	1616	IVÁN ROMERO LEMA		SNM- 15	00:12:56	00:04:19			VIMIANZO
17	1639	PABLO ROMERO LEMA		SNM- 16	00:13:04	00:04:22			BAIO-ZAS
18	1702	MIGUEL ANGEL REY AMARELLE		SNM- 17	00:13:21	00:04:27			ZAS
19	1605	FRANCISCO PAZ TRILLO		SNM- 18	00:13:22	00:04:28		VIMIANZO TM	VIMIANZO
20	1059	FRAN LAGO		SNM- 19	00:13:33	00:04:31			CARNOTA
21	1043	JOSÉ LUIS ÁLVAREZ RODRÍGUEZ		SNM- 20	00:13:39	00:04:33			VIGO
22	1567	DIEGO OCA LEMA		SNM- 21	00:13:48	00:04:36			CEE
23	1046	DAMIAN ABELLAN YEPES		SNM- 22	00:13:50	00:04:37			A CORUÑA
24	1541	APOLONIA BERMUDEZ CANOSA	F- 2	SNF- 2	00:13:52	00:04:38			VIMIANZO
25	1642	RODRIGO INSUA LEMA		SNM- 23	00:13:55	00:04:39			ARTEIXO
26	1623	JUAN PAIS MIÑONES		SNM- 24	00:14:03	00:04:41			VIMIANZO
27	1050	JAVIER BARRIENTOS DIAZ		SNM- 25	00:14:05	00:04:42			CEE
28	1024	GUADALUPE LODEIRO NUÑEZ	F- 3	SNF- 3	00:14:06	00:04:42	GA19056	SAR-VERMU LETRONI	VILLAGARCIA DE AROSA
29	1634	MARIO GONZÁLEZ CANCELA		SNM- 26	00:14:27	00:04:49			ZAS
30	1610	FABIAN DOMINGUEZ GESTO		SNM- 27	00:14:38	00:04:53			DUMBRÍA
31	1504	JULIO CESAR SAR VAZQUEZ		SNM- 28	00:14:39	00:04:53		ASOCIACIÓN DEPORTIVA OLIMPIA	FISTERRA
32	1008	ALICIA GARCÍA CRUZ	F- 4	SNF- 4	00:14:40	00:04:54		A.D. OLIMPIA	CEE

33	1547	PABLO POSE POSE		SNM- 29	00:14:41	00:04:54		ZAS
34	1056	IRENE PARADELA LEMA	F- 5	SNF- 5	00:14:51	00:04:57		CEE
35	1517	RAFAEL QUINTÁNS CANOSA		SNM- 30	00:14:57	00:04:59		CEE
36	1608	BRYAN ANDREA VIDAL		SNM- 31	00:15:01	00:05:01		VIMIANZO
37	1007	TAMARA CAAMAÑO ROMERO	F- 6	SNF- 6	00:15:04	00:05:02		CARNOTA
38	1518	CARMEN CASTRO LEMA	F- 7	SNF- 7	00:15:06	00:05:02		DUMBRIA
39	1519	BEATRIZ OLVEIRA TRABA	F- 8	SNF- 8	00:15:08	00:05:03		CORCUBION
40	1536	CRISTIAN RODRÍGUEZ REY		SNM- 32	00:15:11	00:05:04		CARBALLO
41	1620	JOSE MANUEL RAMOS ANTELO		SNM- 33	00:15:20	00:05:07		VIMIANZO
42	1538	JESUS MANUEL BLANCO GONZALEZ		SNM- 34	00:15:50	00:05:17		DUMBRIA
43	1010	TANIA ANDREA PARDIÑAS FERREIRO	F- 9	SNF- 9	00:15:51	00:05:17		ZAS
44	1045	MARCOS MARTIN CERNADAS VILELA		SNM- 35	00:15:59	00:05:20		CORCUBION
45	1534	INES PEREZ MARIÑO	F- 10	SNF- 10	00:16:03	00:05:21		NOIA
46	1044	JAIME VIDAL VIDAL		SNM- 36	00:16:06	00:05:22		VIMIANZO
47	1550	JOSÉ FRANCISCO QUINTELA TAJES		SNM- 37	00:16:09	00:05:23		LIRA - CARNOTA
48	1522	FERNANDO OUTES TARRELA		SNM- 38	00:16:09	00:05:23		CEE
49	1625	KORNE CASTRO LADO		SNM- 39	00:16:14	00:05:25		CEE
50	1017	CARLOS VARELA CALVELO		SNM- 40	00:16:18	00:05:26	CLUB ATLETISMO DUBRA	VAL DO DUBRA
51	1645	ALFONSO MOUZO TRILLO		SNM- 41	00:16:18	00:05:26		CEE
52	1618	JOSE ANTONIO TRILLO PRIEGUE		SNM- 42	00:16:18	00:05:26		CEE
53	1617	JAVIER LIRES CALO		SNM- 43	00:16:19	00:05:27		VIMIANZO (SAN VICENZO)
54	1033	FRANCISCO JAVIER FERNÁNDEZ GARCÍA		SNM- 44	00:16:22	00:05:28		MUROS
55	1644	VERONICA MUÑOZ VILCHEZ	F- 11	SNF- 11	00:16:38	00:05:33		VIMIANZO
56	1514	JOSÉ MANUEL BLANCO NOVO		SNM- 45	00:16:43	00:05:35		CEE
57	1036	TANIA PAZOS FERNANDEZ	F- 12	SNF- 12	00:16:44	00:05:35		VIMIANZO
58	1015	MARIA JOSE TRABA	F- 13	SNF- 13	00:16:48	00:05:36	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBION
59	1568	GREPCY MAYO SANCHEZ	F- 14	SNF- 14	00:16:52	00:05:38		CEE
60	1575	JAVIER TABOADA GONZALEZ		SNM- 46	00:16:53	00:05:38		CEE
61	1505	MANUEL QUINTANS LOPEZ		SNM- 47	00:16:55	00:05:39	ASOCIACIÓN DEPORTIVA OLIMPIA	MUXIA
62	1057	DIANA LOURO BLANCO	F- 15	SNF- 15	00:16:59	00:05:40		MAZARICOS
63	1609	DAMIAN AGULLEIRO PEREIRA		SNM- 48	00:17:01	00:05:41		CEE
64	1626	LAURA POSE SUÁREZ	F- 16	SNF- 16	00:17:02	00:05:41		CAMELLE-CAMARIÑAS
65	1512	PATRICIA TUÑEZ LEMA	F- 17	SNF- 17	00:17:08	00:05:43		CEE
66	1042	PATRICIA DOMÍNGUEZ MARINO	F- 18	SNF- 18	00:17:11	00:05:44		MUXIA
67	1039	DIANA PARDIÑAS FERREIRO	F- 19	SNF- 19	00:17:14	00:05:45		ZAS
68	1503	IRIA LAGO ANDRADE	F- 20	SNF- 20	00:17:18	00:05:46	ASOCIACIÓN DEPORTIVA OLIMPIA	BRENS. CEE

69	1022	BEGOÑA SAMBADE CAAMAÑO	F- 21	SNF- 21	00:17:24	00:05:48	DAFIT	CEE
70	1569	MARI LEMA SANDE	F- 22	SNF- 22	00:17:24	00:05:48		DUMBRIA
71	1545	IRIA DOMINGUEZ MARTINEZ	F- 23	SNF- 23	00:17:24	00:05:48		DUMBRIA
72	1577	LAURA RAMOS BOO	F- 24	SNF- 24	00:17:29	00:05:50		SANTA COMBA
73	1014	MIGUEL ÁNGEL AMADO SUÁREZ		SNM- 49	00:17:34	00:05:52	ABELLARIZA	PONTECESO
74	1038	JUAN JOSÉ ALLO NOVO		SNM- 50	00:17:48	00:05:56		ZAS
75	1529	SANTIAGO BLANCO TRABA		SNM- 51	00:18:00	00:06:00		CEE
76	1564	IRIA RODRIGUEZ ROMAR	F- 25	SNF- 25	00:18:03	00:06:01		CAMELLE
77	1628	LUCIA GONZALEZ PENA	F- 26	SNF- 26	00:18:07	00:06:03		A PICOTA
78	1054	CARLOTA SANTOS BAÑA	F- 27	SNF- 27	00:18:07	00:06:03		ZAS
79	1636	MAURO LEMA POSE		SNM- 52	00:18:09	00:06:03		CAMELLE
80	1627	LORETO SAMBADE LESTÓN	F- 28	SNF- 28	00:18:11	00:06:04		MUROS
81	1525	PATRICIA LAGE MAGARIÑOS	F- 29	SNF- 29	00:18:21	00:06:07		ZAS
82	1530	ITA BEIRO AGULLEIRO	F- 30	SNF- 30	00:18:25	00:06:09		CARNOTA
83	1612	GABRIEL CASTIÑEIRA IGLESIA		SNM- 53	00:18:30	00:06:10		VIMIANZO
84	1571	ALEJANDRO MUIÑO GONZÁLEZ		SNM- 54	00:18:37	00:06:13		DUMBRIA
85	1601	ANGEL CARRERA VIQUEIRA		SNM- 55	00:18:44	00:06:15	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBION
86	1542	MIRIAM REY GARCIA	F- 31	SNF- 31	00:18:48	00:06:16		VIMIANZO
87	1640	PAMELA REY GARCIA	F- 32	SNF- 32	00:18:49	00:06:17		LOS BARRIOS
88	1501	MARIA ANDRADE LAGO	F- 33	SNF- 33	00:18:50	00:06:17	A. D. OLIMPIA	CORCUBION
89	1028	EVA LÓPEZ VIDAL	F- 34	SNF- 34	00:18:51	00:06:17		ABEGONDO
90	1516	JESÚS LORENZO FARIÑA		SNM- 56	00:18:51	00:06:17		ABEGONDO
91	1604	ALICIA NOVÁS VARELA	F- 35	SNF- 35	00:18:57	00:06:19	TERRA DE SONEIRA C.D.	BAIO
92	1643	SANDRA VILLAVERDE CASTIÑEIRA	F- 36	SNF- 36	00:18:58	00:06:20		CARBALLO
93	1013	MARI CARMEN VAZQUEZ RIVERA	F- 37	SNF- 37	00:19:04	00:06:22	ABELLARIZA	PONTECESO
94	1034	TAMARA PAZOS INSUA	F- 38	SNF- 38	00:19:19	00:06:27		VIMIANZO
95	1035	AURORA YENIL VARELA CABRERA	F- 39	SNF- 39	00:19:25	00:06:29		LA CORUÑA
96	1548	LETICIA BUITURON FERNANDEZ	F- 40	SNF- 40	00:19:38	00:06:33		FISTERRA
97	1624	JULIO ESPASANDÍN FERNÁNDEZ		SNM- 57	00:19:40	00:06:34		ZAS
98	1615	ISaura GARCIA RIAL	F- 41	SNF- 41	00:19:49	00:06:37		SANTA COMBA
99	1555	MARIA DOLORES OTERO ALVITE	F- 42	SNF- 42	00:19:49	00:06:37		MAZARICOS
100	1543	SILVIA LOPEZ INSUA	F- 43	SNF- 43	00:19:52	00:06:38		VIMIANZO
101	1641	PAULA OANES VIDAL	F- 44	SNF- 44	00:20:07	00:06:43		VIMIANZO
102	1574	JUAN INSUA LAGO		SNM- 58	00:20:11	00:06:44		CEE
103	1613	HILDA ESPASANDIN VELOSO	F- 45	SNF- 45	00:20:11	00:06:44		ZAS
104	1572	MARIA ISABEL ALVITE SANTABAYA	F- 46	SNF- 46	00:20:12	00:06:44		BERDEOGAS

105	1540	MARÍA PAZ MARTÍNEZ SANTIAGO	F- 47	SNF- 47	00:20:13	00:06:45		CARNOTA
106	1508	LARA MOUZO AMIGO	F- 48	SNF- 48	00:20:17	00:06:46	DAFIT	CEE
107	1632	MARÍA ISABEL TURNES CORDEIRO	F- 49	SNF- 49	00:20:30	00:06:50		SANTA COMBA
108	1578	FATIMA FERREIRO FONDO	F- 50	SNF- 50	00:20:35	00:06:52	A.D.MEDIADUCIA	CARBALLO
109	1011	NURIA CIDONCHA MORAN	F- 51	SNF- 51	00:20:44	00:06:55	A D MEDIA DUCIA	CARBALLO
110	1629	MANUEL ANTONIO TRILLO PAZ		SNM- 59	00:20:52	00:06:58		MAZARICOS
111	1635	MARTA GARCIA VIGO	F- 52	SNF- 52	00:20:53	00:06:58		CEE
112	1703	VANESSA SONEIRA IGLESIAS	F- 53	SNF- 53	00:20:53	00:06:58		CEE
113	1009	ROSARIO BLANCO LEMA	F- 54	SNF- 54	00:20:54	00:06:58		DUMBRIA
114	1513	MARIA TERESA CASTIÑEIRA TOURIÑAN	F- 55	SNF- 55	00:20:54	00:06:58		CEE
115	1552	YOLANDA PÉREZ FERRADÁS	F- 56	SNF- 56	00:21:15	00:07:05		MAZARICOS
116	1527	SANDRA VÁZQUEZ MIRA	F- 57	SNF- 57	00:21:27	00:07:09		LAXE
117	1633	MARIA JOSE MOREIRA HERMIDA	F- 58	SNF- 58	00:21:37	00:07:13		DUMBRIA
118	1606	ALBA VIEITES LESTÓN	F- 59	SNF- 59	00:21:44	00:07:15		CEE
119	1506	M.CARMEN SÁNCHEZ SÁNCHEZ	F- 60	SNF- 60	00:22:20	00:07:27	ATLETISMO OLIMPIA	MUXIA
120	1580	TANIA MALLON FERNANDEZ	F- 61	SNF- 61	00:23:11	00:07:44		A CORUÑA
121	1637	NATALIA ABELENDIA LAMEIRO	F- 62	SNF- 62	00:23:18	00:07:46		NEGREIRA
122	1562	MELINA SAMBADE CASAIS	F- 63	SNF- 63	00:23:42	00:07:54		CARNOTA
123	1603	MARKO FORMOSO LEIS		SNM- 60	00:23:48	00:07:56	LESTONFIT	LIRA- CARNOTA
124	1528	MARIA LESTON LEIS	F- 64	SNF- 64	00:23:48	00:07:56		CARNOTA
125	1551	ANA ISABEL SABORIDO GÓMEZ	F- 65	SNF- 65	00:23:49	00:07:57		LIRA - CARNOTA
126	1523	ROSANA MARTINEZ LAGO	F- 66	SNF- 66	00:24:04	00:08:02		MUROS
127	1533	MONICA CASTIÑEIRA MOLEDO	F- 67	SNF- 67	00:25:00	00:08:20		VIMIANZO
128	1521	JUAN JOSE VIEITES GARCIA		SNM- 61	00:25:02	00:08:21		CEE
129	1019	VICTORIA FERNÁNDEZ GARCÍA	F- 68	SNF- 68	00:25:02	00:08:21	GA 764702 COMESAÑA SPORTING CLUB	VIMIANZO
130	1520	MARTINA FERREIRO RIAL	F- 69	SNF- 69	00:25:03	00:08:21		CEE
131	1611	FATIMA LEMA GARCÍA	F- 70	SNF- 70	00:25:07	00:08:23		CAMELLE
132	1630	MARGARITA SUÁREZ SOBRIDO	F- 71	SNF- 71	00:25:07	00:08:23		CAMELLE



## IV CARREIRA PEDESTRE CONCELLO DE DUMBRÍA, Dumbría 26/05/2018

Infantil-Cadete-Xuvenil. Distancia: 3.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	2433	JAVI RODRIGUEZ CASTRO		XVNM- 1	00:11:37	00:03:53	AG770083	CLUB DEPORTIVO OLIMPIA	CEE
2	2427	MIGUEL QUINTANS SÁNCHEZ		CDTM- 1	00:12:24	00:04:08		ATLETISMO OLIMPIA	MUXIA
3	2478	JOSE MANUEL NEGREIRA ABELENDA		INFM- 1	00:12:32	00:04:11		ATLETISMO CARBALLO	CARBALLO
4	2426	SAMUEL FARIÑAS FERNANDEZ		INFM- 2	00:12:35	00:04:12		ATLETICA A SILVA	ORDES
5	2471	DANI BARCIA		CDTM- 2	00:12:43	00:04:15			TEMPLE-CAMBRE
6	2443	ANTONIO LUACES PAZ		CDTM- 3	00:12:44	00:04:15		SAR-VERMU PETRONI	XAVIÑA(CAMARIÑAS)
7	2453	MARCO LÓPEZ BERNARDEZ		XVNM- 2	00:12:59	00:04:20			CEE
8	2510	VICTOR RAMOS SAMBADE		INFM- 3	00:13:01	00:04:21			MUROS
9	2432	ÓSCAR PARENTE TURNES		XVNM- 3	00:13:13	00:04:25		CLUB ATLETISMO NEGREIRA	SANTA COMBA
10	2428	ALEJANDRA FORMOSO RECAREY	F- 1	INFF- 1	00:13:14	00:04:25		BICICLETAS TRIKI	MUROS
11	2430	ROSANA FERNANDEZ MARTINEZ	F- 2	CDTF- 1	00:13:14	00:04:25		BICICLETAS TRIKI	MUROS
12	2500	MANUEL IGLESIAS PÉREZ		CDTM- 4	00:13:15	00:04:25			CEE
13	2420	CARLOS TRILLO TRILLO		CDTM- 5	00:13:30	00:04:30		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
14	2442	ENMA ARGIBAY DOMINGUEZ	F- 3	INFF- 2	00:13:32	00:04:31		SAR-VERMU PETRONI	O PINO
15	2457	IRENE FERNÁNDEZ SOTELO	F- 4	INFF- 3	00:13:44	00:04:35			MUROS
16	2424	ANTÍA LAGIA FERNÁNDEZ	F- 5	INFF- 4	00:13:55	00:04:39		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
17	2461	ALEX LEMA LADO		XVNM- 4	00:13:58	00:04:40			CEE
18	2456	CARLOS COSTA CARABEL		INFM- 4	00:14:00	00:04:40			SARTEGUAS DUMBRIA
19	2465	ALEX AYASO PARADA		INFM- 5	00:14:02	00:04:41			RIVEIRA
20	2437	GABRIEL GARCÍA VELAY		INFM- 6	00:14:04	00:04:42		OLIMPIA	CEE
21	2445	MARIA VILLAVERDE AMEIJERAS	F- 6	CDTF- 2	00:14:06	00:04:42		TERRA DE SONEIRA C.D.	VIMIANZO
22	2477	SAMUEL CANOSA LOJO		CDTM- 6	00:14:15	00:04:45		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
23	2431	ALEXIA RAMA LADO	F- 7	INFF- 5	00:14:20	00:04:47		BICICLETAS TRIKI	MUROS
24	2425	JULIA GARCIA TRABA	F- 8	CDTF- 3	00:14:21	00:04:47		ASOCIACION DEPORTIVA OLIMPIA CEE	CEE
25	2515	MICHAEL RAMOS SOUSA		INFM- 7	00:14:23	00:04:48			ZAS
26	2429	MARIA FERNANDEZ MARTINEZ	F- 9	INFF- 6	00:14:29	00:04:50		BICICLETAS TRIKI	MUROS
27	2514	YAGO MOUZO AMIGO		INFM- 8	00:14:30	00:04:50			CEE
28	2441	SABELA REY MIGUENS	F- 10	XVNF- 1	00:14:34	00:04:52		SAR-VERMU PETRONI	PADRON
29	2404	SONIA CANOSA GARCÍA	F- 11	INFF- 7	00:15:03	00:05:01		A.D. OLIMPIA	CEE
30	2458	RAUL SANCHEZ PARADELA		CDTM- 7	00:15:41	00:05:14			CEE
31	2466	ANA OCA VÁZQUEZ	F- 12	CDTF- 4	00:15:52	00:05:18		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
32	2459	LAURA BLANCO MOREIRA	F- 13	INFF- 8	00:15:58	00:05:20			DUMBRÍA

33	2476	ISRAEL LEMA CAAMAÑO		INFM- 9	00:16:31	00:05:31	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
34	2402	ÉRICA DOMÍNGUEZ PAIS	F- 14	XVNF- 2	00:16:32	00:05:31	A.D. OLIMPIA	DUMBRÍA
35	2470	LUCÍA BARCIA RAMA	F- 15	CDTF- 5	00:16:35	00:05:32		EL TEMPLE-CAMBRE
36	2497	JUAN PAIS TEDIN		CDTM- 8	00:16:38	00:05:33		VIMIANZO
37	2412	LÚA CAMBEIRO ANDRADE	F- 16	INFF- 9	00:16:48	00:05:36	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
38	2475	JOEL LEMA SUAREZ		CDTM- 9	00:17:10	00:05:44		VIMIANZO
39	2409	LAURA VILLAR	F- 17	CDTF- 6	00:17:10	00:05:44	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
40	2403	ALEJANDRA CANOSA GARCÍA	F- 18	CDTF- 7	00:17:13	00:05:45	A.D. OLIMPIA	CEE
41	2463	CANDELA MOUZO FUENTES	F- 19	INFF- 10	00:17:25	00:05:49		CEE
42	2417	LAURA CERNADAS GÓMEZ	F- 20	INFF- 11	00:17:46	00:05:56	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
43	2422	CLARA LADO RÍO	F- 21	XVNF- 3	00:17:46	00:05:56	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
44	2438	MARIA GARCÍA VELAY	F- 22	XVNF- 4	00:17:59	00:06:00	OLIMPIA	CEE
45	2439	MARIÑA REY MIGUENS	F- 23	INFF- 12	00:18:00	00:06:00	SAR-VERMU PETRONI	PADRON
46	2416	XIANA LAGO ANDRADE	F- 24	CDTF- 8	00:18:02	00:06:01	ASOCIACIÓN DEPORTIVA OLIMPIA	BRENS CEE
47	2401	LUCÍA SUÁREZ RODRÍGUEZ	F- 25	CDTF- 9	00:18:02	00:06:01	A.D. OLIMPIA	BRENS - CEE
48	2502	MARÍA DOMÍNGUEZ OZÓN	F- 26	INFF- 13	00:18:06	00:06:02		DUMBRÍA
49	2414	CARLA RODRIGUEZ OLVEIRA	F- 27	INFF- 14	00:18:13	00:06:05	ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBION
50	2509	SERGIO LOPEZ MARTINEZ		INFM- 10	00:19:02	00:06:21		CEE
51	2411	ÓSCAR BLANCO RODRÍGUEZ		INFM- 11	00:19:28	00:06:30	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
52	2462	ANTIA MOUZO FUENTES	F- 28	INFF- 15	00:20:59	00:07:00		CEE
53	2484	AIHNOA TRILLO POUSA	F- 29	INFF- 16	00:22:05	00:07:22		DUMBRIA
54	2481	NICOLAS PAZ PEREIRA		INFM- 12	00:22:24	00:07:28	VTM	VIMIANZO
55	2495	ITZIAR TRABA SUÁREZ	F- 30	INFF- 17	00:24:50	00:08:17		FISTERRA
56	2479	ANDREA RAMOS SAMBADE	F- 31	INFF- 18	00:24:50	00:08:17	DAFIT	CEE
Desc	2480	JULIO FIGUEIRAS MARTINEZ					VTM	VIMIANZO

## IV CARREIRA PEDESTRE CONCELLO DE DUMBRÍA, Dumbría 26/05/2018

Carreira Alevín. Distancia: 1.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	2224	PABLO COSTA CARABEL		ALVM- 1	00:03:11	00:03:11			SARTEGUAS DUMBRIA
2	2210	IKER LAVANDEIRA RODRIGUEZ		ALVM- 2	00:03:28	00:03:28		ATLETISMO CORUÑA COMARCA	A CORUÑA
3	2207	JUAN CASTIÑEIRA BUSTAMANTE		ALVM- 3	00:03:31	00:03:31		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
4	2208	SABELA CARREIRA SANTABAYA	F- 1	ALVF- 1	00:03:32	00:03:32		ASOCIACIÓN DEPORTIVA OLIMPIA	DUMBRÍA
5	2230	JAVIER LEMA LOPEZ		ALVM- 4	00:03:36	00:03:36			VIMIANSO
6	2216	NATALIA ARGIBAY DOMINGUEZ	F- 2	ALVF- 2	00:03:40	00:03:40		SAR-VERMU PETRONI	O PINO
7	2206	LAURA CASTIÑEIRA BUSTAMANTE	F- 3	ALVF- 3	00:03:41	00:03:41		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
8	2211	LEO LAVANDEIRA RODRIGUEZ		ALVM- 5	00:03:45	00:03:45		ATLETISMO CORUÑA COMARCA	A CORUÑA
9	2255	MARTÍN CASTIÑEIRA SÁNCHEZ		ALVM- 6	00:03:47	00:03:47			DUMBRIA
10	2239	ANTÓN CANOSA YERMO		ALVM- 7	00:03:48	00:03:48			DUMBRIA
11	2263	UNAI ALVELA ALONSO		ALVM- 8	00:03:50	00:03:50			DUMBRIA
12	2222	LIANA QUINTELA SABORIDO	F- 4	ALVF- 4	00:03:51	00:03:51			LIRA
13	2212	EVA FORMOSO RE CAREY	F- 5	ALVF- 5	00:03:55	00:03:55		BICICLETAS TRIKI	MUROS
14	2226	XAQUÍN HERMIDA MARTÍNEZ		ALVM- 9	00:03:57	00:03:57			CAMARIÑAS
15	2204	LUCÍA QUINTELA SABORIDO	F- 6	ALVF- 6	00:04:01	00:04:01		ASOCIACIÓN DEPORTIVA OLIMPIA	LIRA
16	2202	MARTINA GARCIA TRABA	F- 7	ALVF- 7	00:04:05	00:04:05		ASOCIACION DEPORTIVA OLIMPIA	CEE
17	2238	ALEJANDRO RODRÍGUEZ REY		ALVM- 10	00:04:08	00:04:08			CARBALLO
18	2236	SAMUEL SAMBAD LEMA		ALVM- 11	00:04:09	00:04:09		DAFIT	CEE
19	2203	AROA LÓPEZ PIÑEIRO	F- 8	ALVF- 8	00:04:10	00:04:10		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
20	2215	MARÍA CAMBA VÁZQUEZ	F- 9	ALVF- 9	00:04:15	00:04:15		NATACIÓN LICEO	CULLEREDO
21	2261	RUBÉN CASTIÑEIRA ROMERO		ALVM- 12	00:04:23	00:04:23			CEE
22	2205	FABIÁN GARCÍA MARTÍNEZ		ALVM- 13	00:04:28	00:04:28		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
23	2220	JOSE ANTONIO ANDRADE CASTIÑEIRA		ALVM- 14	00:04:30	00:04:30		TERRA DE SONEIRA C.D.	VIMIANSO
24	2225	SASHA ROCHA MORATE	F- 10	ALVF- 10	00:04:31	00:04:31			CAMARIÑAS
25	2244	ERIKA PUENTE SIEIRA	F- 11	ALVF- 11	00:04:31	00:04:31			CEE
26	2256	NAYARA CASAIS COSTA	F- 12	ALVF- 12	00:04:45	00:04:45			CEE
27	2242	DAMIAN DOMINGUEZ SENRA		ALVM- 15	00:05:14	00:05:14			CEE
28	2237	MARIA MONTERO ROMERO	F- 13	ALVF- 13	00:05:31	00:05:31		MASTER SPORT ATLETISMO	CEE
29	2252	LUCÍA FERNÁNDEZ SANTABAYA	F- 14	ALVF- 14	00:05:34	00:05:34			DUMBRÍA
30	1	SARA VIEITES FERREIRO	F- 15	ALVF- 15	00:15:17	00:15:17			CEE

## IV CARREIRA PEDESTRE CONCELLO DE DUMBRÍA, Dumbría 26/05/2018

Carreira Benxamín. Distancia: 1.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Licenza	Club	Localidade
1	2011	JUAN LOUREIRO MOSQUERA		BNXM- 1	00:03:34	00:03:34		JUAN LOUREIRO ATLÉTICA A SILVA	ORDES
2	2001	PABLO TABOADA PRIETO		BNXM- 2	00:03:36	00:03:36		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
3	2008	JIMENA OUTES GRAIÑO	F- 1	BNXF- 1	00:03:40	00:03:40		ATLETISMO CORUÑA COMARCA	CEE
4	2010	RUBÉN DÍAZ CANOSA		BNXM- 3	00:03:50	00:03:50		CLUB OLIMPIA	CEE
5	2049	GABRIEL RODRÍGUEZ VIEITO		BNXM- 4	00:03:58	00:03:58			VIMIANZO
6	2050	GONZALO RAMOS SAMBADE		BNXM- 5	00:04:00	00:04:00			MUROS
7	2005	MARTÍN CERNADAS GÓMEZ		BNXM- 6	00:04:02	00:04:02		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBIÓN
8	2030	IKER AYASO PARADA		BNXM- 7	00:04:07	00:04:07			RIVEIRA
9	2024	XABI CAMBA VÁZQUEZ		BNXM- 8	00:04:13	00:04:13			CULLEREDO
10	2016	IKER VELO BRANDÓN		BNXM- 9	00:04:17	00:04:17			CARBALLO
11	2029	SIRA AYASO PARADA	F- 2	BNXF- 2	00:04:21	00:04:21			RIVEIRA
12	2040	ALBERTO ATAN LEMA		BNXM- 10	00:04:25	00:04:25			DUMBRIA
13	2015	LEILA ANDRADE CASTIÑEIRA	F- 3	BNXF- 3	00:04:31	00:04:31		TERRA DE SONEIRA C.D.	VIMIANZO
14	2038	HUGO SEÑARÍS VILARIÑO		BNXM- 11	00:04:32	00:04:32		RUNNERS CARBALLO	CARBALLO
15	2053	IKER QUINTELA FONTENLA		BNXM- 12	00:04:46	00:04:46			CORCUBION
16	2002	PAULA GARCÍA MARTÍNEZ	F- 4	BNXF- 4	00:04:46	00:04:46		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
17	2042	BORJA CASTELO FERNANDEZ		BNXM- 13	00:04:47	00:04:47			CEE
18	2043	BRUNO PÉREZ OGANDO		BNXM- 14	00:04:55	00:04:55			DUMBRIA
19	2019	IRIA SAMBADE BARCIA	F- 5	BNXF- 5	00:04:56	00:04:56			MUXÍA
20	2062	PABLO SANTAMARIA PAZ		BNXM- 15	00:04:58	00:04:58			CEE
21	2045	DANIEL CAAMAÑO RODRIGUEZ		BNXM- 16	00:05:07	00:05:07			CEE
22	2025	PEDRO MOUZO FUENTES		BNXM- 17	00:05:10	00:05:10			CEE
23	2046	DAVID DOMÍNGUEZ LEMA		BNXM- 18	00:05:11	00:05:11			CEE
24	2056	MARÍA TRABA SUÁREZ	F- 6	BNXF- 6	00:05:16	00:05:16			FISTERRA
25	2007	LOLA LAGOA FERNÁNDEZ	F- 7	BNXF- 7	00:05:22	00:05:22		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
26	2052	IKER FRANQUET GALERA		BNXM- 19	00:05:29	00:05:29			DUMBRIA
27	2003	ANDRÉS CAMBEIRO ANDRADE		BNXM- 20	00:05:32	00:05:32		ASOCIACIÓN DEPORTIVA OLIMPIA	CORCUBION
28	2051	HUGO BARDANCA VILLAVERDE		BNXM- 21	00:05:43	00:05:43			CARBALLO
29	2036	IRIA GÓÑEZ PAZOS	F- 8	BNXF- 8	00:05:52	00:05:52		ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
30	2059	NAHIA PASANTES REY	F- 9	BNXF- 9	00:05:58	00:05:58			LOS BARRIOS
31	2063	SAMIRA SARNOWSKI LEMA	F- 10	BNXF- 10	00:06:12	00:06:12			DUMBRIA
32	2041	ASIER LÓPEZ ÁLVAREZ		BNXM- 22	00:06:18	00:06:18			DUMBRIA
33	2054	LUCIA SIEIRA DURAN	F- 11	BNXF- 11	00:06:27	00:06:27			CEE