

Xornada de mañá

ORDEADO POR HORA DE PUBLICACIÓN DA ACTA

RUTA mulleres Benxamíns -500 mM

Hora de Publicación: 11:46

| Pto. | DrsI | Lic. | Apellidos y nombre / Club | Ano | Club | Marca |
|------|------|-----------|----------------------------|-----|------|-------|
| 1 | 234 | | CARLA ALLEGUE BLANCO | 09 | 1 | 01:52 |
| 2 | 242 | AG2023093 | DANIELA CALVO PRADOS | 09 | 16 | 01:53 |
| 3 | 254 | | NOA DIAZ GOMEZ | 10 | 1 | 01:54 |
| 4 | 269 | | NAYARA ROLDAN POLO | 10 | 23 | 01:54 |
| 5 | 255 | | ALBA ABEAL PIÑEIRO | 10 | 1 | 02:04 |
| 6 | 252 | | LAURA ANNICHIARICO BARREIR | 10 | 1 | 02:05 |
| 7 | 259 | | MARTINA CASTELO SANCHEZ | 10 | 1 | 02:06 |
| 8 | 233 | | EVA CANDELA DIZ | 09 | 1 | 02:06 |
| 9 | 237 | | ANA MARIA LOSADA ALONSO | 09 | 1 | 02:07 |
| 10 | 239 | | PAULA SALAS DE LA TORRE | 09 | 1 | 02:09 |
| 11 | 260 | | EMMA GARRIDO MIRANDA | 10 | 1 | 02:14 |
| 12 | 268 | | LOLA GARCIA LAZARO | 10 | 1 | 02:18 |
| 13 | 240 | | LOLA DOPICO AMOR | 09 | 1 | 02:22 |
| 14 | 236 | | DANIELA GONZALEZ GONZALEZ | 09 | 1 | 02:29 |
| 15 | 272 | | FABIOLA VALIÑA SAINZ | 10 | 8 | 02:39 |
| 16 | 251 | | MUNA RUIZ QUINTIA | 10 | 1 | 02:55 |
| 17 | 248 | | LUA PORTILLO SIMO | 09 | 1 | 03:14 |
| 18 | 265 | | MARTA HURTADO DE MENDOZA | 10 | 1 | 04:12 |
| 19 | 229 | | CRISTINA BLANCO CERDIDO | 09 | 1 | 04:13 |

Ruta homes Benxamíns -500 mH

Hora de Publicación: 11:52

| Pto. | DrsI | Lic. | Apellidos y nombre / Club | Ano | Club | Marca |
|------|------|-----------|---------------------------|-----|------|-------|
| 1 | 238 | | DAVID BAETA GUERRAS | 09 | 1 | 01:52 |
| 2 | 275 | ag2025640 | DIEGO ALLEGUE BLANCO | 10 | 38 | 01:53 |
| 3 | 246 | AG2023170 | RODRIGO REY PERNAS | 09 | 16 | 01:54 |
| 4 | 249 | | PEDRO CASADO LOPEZ | 09 | 1 | 01:54 |
| 5 | 245 | | LUCAS VARELA RODRIGUEZ | 09 | 1 | 02:04 |
| 6 | 261 | | ALEJANDRO RODRIGUEZ BARAJ | 10 | 23 | 02:05 |
| 7 | 247 | | HECTOR PEREIRA VILAR | 09 | 23 | 02:06 |
| 8 | 258 | | SAMUEL ANEIROS MONTERO | 10 | 1 | 02:06 |
| 9 | 273 | | MARCO HERMIDA LAGO | 10 | 1 | 02:07 |
| 10 | 267 | | JUAN VALCUENDE DIZ | 10 | 1 | 02:09 |
| 11 | 235 | | ANTONIO OTERO OLIVEIRA | 09 | 1 | 02:14 |
| 12 | 257 | | MARIO CASTRO MARTINEZ | 10 | 1 | 02:18 |
| 13 | 274 | | ROBERTO VAZQUEZ SOLC | 10 | 1 | 02:22 |
| 14 | 276 | | MARCOS AMARELO FONTANA | 10 | 1 | 02:29 |
| 15 | 262 | | JORGE LOPEZ FEAL | 10 | 1 | 02:39 |
| 16 | 263 | | ENRIQUE LOPEZ FEAL | 10 | 1 | 02:55 |
| 17 | 266 | | IKER AMENEDO REY | 10 | 1 | 03:14 |
| 18 | 253 | | FERNANDO BARRO GONZALEZ | 10 | 1 | 04:12 |

Ruta homes Alevíns -800 mH

Hora de Publicación: 12:06

| Pto. | DrsI | Lic. | Apellidos y nombre / Club | Ano | Club | Marca |
|------|------|-----------|----------------------------|-----|------|-------|
| 1 | 227 | | IKER LAVANDEIRA RODRIGUEZ | 08 | 10 | 02:49 |
| 2 | 187 | | MARIO Balsa RAMALLO | 07 | 1 | 02:59 |
| 3 | 283 | | LEO LAVANDEIRA RODRIGUEZ | 07 | 10 | 03:08 |
| 4 | 207 | | JORGE LOPEZ GODOY | 08 | 1 | 03:10 |
| 5 | 202 | | LUCAS BARDANCA LAGO | 07 | 1 | 03:13 |
| 6 | 228 | | CRISTIAN CAMPOS GARCIA | 08 | 1 | 03:16 |
| 7 | 210 | | MARKEL GONZALEZ LOPEZ | 08 | 1 | 03:17 |
| 8 | 193 | | MATEO IGLESIAS PEDROVIEJO | 07 | 1 | 03:18 |
| 9 | 216 | ag2021362 | MANUEL DIAZ SANCHEZ | 08 | 8 | 03:21 |
| 10 | 223 | | LUCAS SANJUAN PEREZ | 08 | 1 | 03:22 |
| 11 | 218 | | JOSE ANTONIO LEIS VAZQUEZ | 08 | 1 | 03:24 |
| 12 | 201 | ag2023256 | ANDER AMENEDO MARTINEZ | 07 | 4 | 03:24 |
| 13 | 190 | | PABLO GARCIA LAZARO | 07 | 1 | 03:25 |
| 14 | 183 | | MARCOS GOMEZ MARQUEZ | 07 | 1 | 03:25 |
| 15 | 200 | | JAVIER PEREZ PIÑEIRO | 07 | 1 | 03:29 |
| 16 | 199 | | JUAN ARTIME PRADO | 07 | 1 | 03:30 |
| 17 | 182 | | MARTIN PENA GARCIA | 07 | 1 | 03:36 |
| 18 | 219 | | ALEJANDRO MAHIA DE LA PUEN | 08 | 1 | 03:38 |
| 19 | 205 | | XAVIER REBORIDO GOMEZ | 08 | 23 | 03:39 |
| 20 | 196 | | AWOKE QUINTIA RUIZ | 07 | 1 | 04:08 |
| 21 | 226 | | MATEO MARTINEZ CERNADAS | 08 | 1 | 04:09 |



Milla Urbana conxunta cad 16/xuv 18/xun sub20/Prom sub23/senior

Hora de Publicación: 12:38

| Pto. | DrsI | Lic. | Apellidos y nombre / Club | Ano | Club | Marca |
|------|------|-----------|-----------------------------|-----|-------|-------|
| 1 | 123 | GA19873 | SERGIO GONZALEZ SALUTREGUI | 97 | 16 | 04:36 |
| 2 | 138 | GA765371 | ALDO REY GOMEZ | 01 | 16 | 04:42 |
| 3 | 130 | | AARON RIVAS TERRON | 99 | 29 | 04:46 |
| 4 | 135 | | ELOY VILLANUEVA RICO | 00 | 40 | 04:54 |
| 5 | 125 | | PEDRO PEREZ MARTINEZ | 98 | 1 | 05:01 |
| 6 | 110 | ga766085 | PAULA MAYOBRE GONZALEZ | 89 | 23 | 05:01 |
| 7 | 146 | PAD3879 | MARCOS LOPEZ SAMPEDRO | 03 | 14 | 05:06 |
| 8 | 124 | M4127 | BRUNO CAL CABIDO | 97 | 3 | 05:09 |
| 9 | 133 | | EUGENIO VLADISLAV CEGARRA | 00 | 1 | 05:13 |
| 10 | 111 | | MARTIN BARBEITO | 90 | 1 | 05:14 |
| 11 | 134 | | DANIEL RIOS GRAÑA | 00 | TRILU | 05:17 |
| 12 | 140 | | XABIER BOUZA BENGOTXEA | 02 | 1 | 05:19 |
| 13 | 115 | | ALEJANDRO ROCA RIVERA | 92 | 1 | 05:20 |
| 14 | 109 | | DANIEL DIAZ PRIETO | 85 | 23 | 05:21 |
| 15 | 136 | | JORGE LONGARELA BARREIRO | 01 | 23 | 05:25 |
| 16 | 278 | | IAGO OTERO BERMUDEZ | 00 | 1 | 05:36 |
| 17 | 122 | AG2017131 | INES BEREJO ALBO | 97 | 16 | 05:38 |
| 18 | 121 | | JUAN ANTONIO AIRADO VILAR | 97 | 1 | 05:41 |
| 19 | 132 | | PABLO IRIMIA REGA | 00 | 29 | 05:43 |
| 20 | 145 | M1629 | NOEMI VALENCIA VILLET | 03 | CPO | 05:45 |
| 21 | 119 | | DAVID GERARDO TRUJILLO VAS | 95 | 1 | 05:52 |
| 22 | 112 | | CRISTIAN CALVO GONZALEZ | 90 | FEN | 05:55 |
| 23 | 151 | GA769108 | ISMAEL DIAZ SANCHEZ | 04 | 8 | 05:56 |
| 24 | 147 | | CLARA DIAZ MARTIN | 03 | 1 | 05:57 |
| 25 | 148 | AG768542 | ANA VALLINES FERNANDEZ | 03 | 29 | 05:59 |
| 26 | 128 | | EVA HERRERO DOMINGUEZ | 99 | 1 | 06:00 |
| 27 | 129 | | ARIANNE CRISTINA BLANCO MAR | 99 | 1 | 06:09 |
| 28 | 131 | | CAROLINA CRUZ LAPIDO | 99 | 23 | 06:30 |
| 29 | 117 | | MARI CARMEN RUIZ GALIAN | 94 | 1 | 06:39 |
| 30 | 120 | | LUCIA PRIETO FUSTES | 95 | 1 | 08:03 |
| - | 285 | | CARLA VILASANCHEZ FERNADE | 04 | 1 | desc. |

dorsal 285. descalificado art. 11 de la prueba

Ruta conxunta Infantís 1 km

Hora de Publicación: 12:38

| Pto. | DrsI | Lic. | Apellidos y nombre / Club | Ano | Club | Marca |
|------|------|-----------|-------------------------------|-----|------|-------|
| 1 | 163 | AG2017051 | ANGEL VIDAL CIBREIRO | 05 | 16 | 03:23 |
| 2 | 161 | | GUILLERMO GUERRAS VALIOS | 05 | SSCO | 03:26 |
| 3 | 175 | | PABLO GONZALEZ VILLARES | 06 | 1 | 03:27 |
| 4 | 171 | ag2001837 | SAMUEL FRAGA RIOS | 06 | 8 | 03:29 |
| 5 | 155 | AG764774 | MARIO VILAR VEIGA | 05 | 7 | 03:30 |
| 6 | 174 | | JORGE SANCHEZ MOUZO | 06 | 1 | 03:30 |
| 7 | 160 | | INES GUERRAS VALIOS | 05 | SSCO | 03:34 |
| 8 | 165 | | MERCEDES CARRETERO GUERR | 05 | SSCO | 03:36 |
| 9 | 167 | AG768529 | IAN MENDEZ PIÑEIRO | 06 | 29 | 03:37 |
| 10 | 153 | AG764904 | Valeria Batire Guridi Diéguez | 05 | 12 | 03:45 |
| 11 | 178 | | DANIEL PORTOMEÑE FORMOSO | 06 | 20 | 03:53 |
| 12 | 173 | | ANUSKA PRIETO MARTINEZ | 06 | 1 | 03:56 |
| 13 | 154 | | MARCOS MARGHARETTO MOREN | 05 | 1 | 04:01 |
| 14 | 158 | | ANDRES MAIZTEGUI MARTINEZ | 05 | 1 | 04:06 |
| 15 | 170 | | Ines López Sampedro | 06 | 1 | 04:09 |
| 16 | 172 | | JORGE VAZQUEZ URIA | 06 | 1 | 04:10 |
| 17 | 168 | | MARTA VENTURA SANTOS | 06 | 4 | 04:11 |
| 18 | 164 | | JAN ROMERO CRUZ | 05 | 1 | 04:12 |
| 19 | 157 | | LUIS SANJUAN PEREZ | 05 | 1 | 04:19 |
| 20 | 169 | | LARA RIOS CALVO | 06 | 40 | 04:32 |
| 21 | 159 | | SOFIA RODRIGUEZ BARAJAS | 05 | 23 | 04:38 |
| 22 | 156 | | JAVIER LOPEZ GODOY | 05 | 1 | 05:29 |
| 23 | 176 | | MELANI CAMPOS GARCIA | 06 | 1 | s.t. |
| 23 | 166 | | DIEGO CALVO PRADOS | 06 | 1 | s.t. |

Xornada de mañá

ORDEADO POR HORA DE PUBLICACIÓN DA ACTA

Milla Urbana conxunta master 1-2-3-4

Master 2/3/4

Master 2/3/4

Hora de Publicación: 13:01

| Pto. | Drsl | Lic. | Apellidos y nombre / Club | Ano | Club | Marca |
|------|------|-----------|------------------------------|-----|--------|-------|
| 1 | 78 | ag765886 | ESTEBAN RIOSECO DIAZ | 75 | 11 | 04:35 |
| 2 | 100 | AG2019451 | FERNANDO DIEZ GOMEZ | 81 | 10 | 04:37 |
| 3 | 103 | AG769953 | LUIS PINEDO ARMESTO | 82 | 8 | 04:45 |
| 4 | 48 | GA765494 | MARCELO VASQUES CORTES | 71 | 11 | 04:52 |
| 5 | 67 | | JOSE MANUEL PENA SUAREZ | 74 | 1 | 05:03 |
| 6 | 107 | | ROBERTO MARTINEZ CASTRO | 83 | 20 | 05:06 |
| 7 | 99 | AG2020264 | JUAN LUIS MENDEZ PAZ | 81 | 29 | 05:09 |
| 8 | 62 | | RUBEN GARCIA PIÑEROA | 73 | 29 | 05:10 |
| 9 | 40 | | ROBERTO SALVADO TEJEDOR | 70 | PINO | 05:11 |
| 10 | 77 | GA19860 | ANDRES PIÑON LOUREIRO | 75 | 11 | 05:12 |
| 11 | 46 | GA768577 | XOSE MANUEL MEIZOSO VILLAS | 71 | OLY | 05:13 |
| 12 | 28 | GA764400 | XOSE CABADO CASTRO | 68 | 30 | 05:14 |
| 13 | 91 | | JOSE ANTONIO CHUECOS ESCAL | 78 | CLIZ | 05:17 |
| 14 | 22 | GA716922 | JOSE GONZALEZ BAÑOBRE | 66 | 16 | 05:18 |
| 15 | 7 | | JAFVIER TORO MONTERO | 55 | ver | 05:30 |
| 16 | 47 | GA768940 | ALBERTO ARIAS TORRON | 71 | 38 | 05:34 |
| 17 | 54 | | JOSE VICENTE LOPEZ TOIMIL | 69 | 1 | 05:36 |
| 18 | 20 | GA769352 | JAVIER ANGEL VAZQUEZ OREJA | 64 | 3&RUN | 05:37 |
| 19 | 95 | | ESTEBAN RODRIGUEZ VAZQUEZ | 78 | FEN | 05:37 |
| 20 | 80 | | AITOR LOZANO SANCHEZ | 75 | VILLA | 05:38 |
| 21 | 104 | | JOAQUIN PAMPIN BARREIRO | 82 | 1 | 05:41 |
| 22 | 87 | | CARLOS RIOS NUÑEZ | 77 | 40 | 05:46 |
| 23 | 11 | | MANUEL BELLO GARCIA | 58 | 1 | 05:47 |
| 24 | 4 | GA768555 | EDUARDO PINEDO IGLESIAS | 51 | 8 | 05:49 |
| 25 | 3 | AG2022098 | DOMINGO ALVAREZ IGLESIAS | 51 | 11 | 05:50 |
| 26 | 35 | AG769105 | JACINTO PARGA FERNANDEZ | 69 | 8 | 05:50 |
| 27 | 93 | GA769358 | KARINA PASARIN MON | 78 | 3&RUN | 05:51 |
| 28 | 21 | | JOSE ROBERTO REY IGLESIAS | 65 | 23 | 05:52 |
| 29 | 37 | ag2024664 | MANUEL VAZQUEZ RAMOS | 70 | ver | 05:52 |
| 30 | 83 | | CLEMENTE SANCHEZ FOLGUEIR | 76 | 1 | 05:52 |
| 31 | 8 | | JOSE MIGUEL POLO CARREIRAS | 58 | 23 | 05:53 |
| 32 | 31 | | LUIS ANGEL CASTELO SANCHEZ | 69 | 1 | 05:54 |
| 33 | 29 | | FERNANDO LOPEZ GARCIA | 68 | 14 | 05:58 |
| 34 | 53 | AG2014306 | OSCAR SOUTO MUIÑO | 71 | 8 | 05:59 |
| 35 | 68 | GA768927 | LUZ CERCIDO DIAZ | 74 | 16 | 06:01 |
| 36 | 2 | AG2019110 | JUAN MANUEL CITOUOLA PEREZ | 49 | FLU | 06:04 |
| 37 | 17 | | JESUS VAAMONDE RUA | 64 | 1 | 06:05 |
| 38 | 280 | | JOSE LOPEZ SAINZ | 78 | 1 | 06:06 |
| 39 | 81 | | JOSE MANUEL MARCOTE LAGO | 75 | 1 | 06:08 |
| 40 | 84 | | PABLO MARTINEZ LANDEIRA | 76 | 1 | 06:12 |
| 41 | 105 | | FERNANDO CAMPO PAREDES | 83 | 1 | 06:16 |
| 42 | 39 | AG2016168 | PEDRO PETEIRO ROSENDE | 70 | RUNO | 06:17 |
| 43 | 45 | | PILAR BARREIRO SENRA | 71 | 8 | 06:19 |
| 44 | 52 | | FERNANDO DIAZ PARDO | 71 | 8 | 06:20 |
| 45 | 98 | | MARIA JOSE TRASTOY DIAZ | 80 | VILLA | 06:20 |
| 46 | 1 | | FERNANDO SAINZ GARCIA | 49 | CAS | 06:24 |
| 47 | 23 | GA765964 | SUSANA PARGUIÑA FERNANDEZ | 66 | 11 | 06:25 |
| 48 | 82 | | JUAN M. BARCIA GARCIA | 76 | 23 | 06:25 |
| 49 | 106 | | JUAN JOSE GARCIA SAS | 83 | 1 | 06:30 |
| 50 | 13 | AG2024832 | ELISA PAZ SOUTO | 59 | 11 | 06:31 |
| 51 | 92 | AG2019561 | LOLI PIÑERO RODRIGUEZ | 78 | ver | 06:36 |
| 52 | 32 | | GUILLERMO LAGO BREIJO | 69 | FEN | 06:37 |
| 53 | 58 | | FRANCISCO JAVIER QUINTIA DEI | 73 | 1 | 06:40 |
| 54 | 27 | | JAIME MACEIRAS BIDEGAIN | 67 | ALTAFI | 06:46 |
| 55 | 86 | | RUBEN PENAS GARCIA | 77 | 1 | 06:53 |
| 56 | 96 | | MARIA TERESA GOMEZ RODRIGU | 79 | 1 | 06:56 |
| 57 | 9 | | PABLO PARGUIÑA FERNANDEZ | 58 | 1 | 06:57 |
| 58 | 69 | | ROGELIO REY ABAD | 74 | 1 | 06:58 |
| 59 | 71 | | MARIA YAÑEZ ALONSO | 74 | 1 | 06:59 |
| 60 | 6 | ga768557 | PILAR MARQUIZ HERNANDEZ | 53 | 1 | 07:01 |
| 61 | 18 | | MARTIN NIETO TARAMONA | 64 | 1 | 07:01 |
| 62 | 14 | | SILVIA SANCHEZ BASCOY | 60 | 1 | 07:15 |
| 63 | 64 | | JORGE CRIADO PRIETO | 73 | 1 | 07:19 |
| 64 | 65 | | TERESA LOPEZ DE LA VEGA | 73 | 1 | 07:21 |
| 65 | 50 | | MARTA GUERRAS GUTIERREZ | 71 | SSCO | 07:23 |
| 66 | 70 | | JORGE BORT ALONSO | 74 | 1 | 07:27 |
| 67 | 12 | ag2021344 | JULIO ESCALANTE DIEGO | 58 | 8 | 07:37 |
| 68 | 30 | | ANA SANCHEZ JULIAN | 68 | 8 | 07:41 |
| 69 | 10 | AG2021348 | ESTHER MARTINEZ | 58 | 8 | 07:55 |
| 70 | 76 | | EVA FUERTES DOPICO | 75 | 1 | 07:57 |
| 71 | 16 | | MELY MEIJEDE MARTINEZ | 63 | 8 | 08:09 |



| | | | | | |
|----|----|------------------------------|----|----|-------|
| 72 | 94 | JESUS CALVO CHEDA | 78 | 1 | 08:11 |
| 73 | 38 | LUISA GUERRAS GUTIERREZ | 70 | 1 | 08:14 |
| 74 | 56 | MONTERRAT RUIZ FERNANDEZ | 72 | 1 | 08:19 |
| 75 | 36 | ELENA PATRICIA LAPIDO RODRIG | 70 | 23 | 08:22 |

RUTA mulleres Alevíns ~800 mM

Hora de Publicación: 21:43

Vento: j

| Pto. | Drsl | Lic. | Apellidos y nombre / Club | Ano | Club | Marca |
|------|------|-----------|-----------------------------|-----|------|-------|
| 1 | 217 | | AROA GONZALEZ ARTECHE | 08 | FEN | 02:58 |
| 2 | 225 | AG2017147 | ALBA PENA SOTO | 08 | 4 | 03:00 |
| 3 | 224 | AG2018191 | HENAR MENDEZ PIÑERO | 08 | 29 | 03:04 |
| 4 | 212 | AG2017396 | CELIA PUENTE GONZALEZ | 08 | 41 | 03:07 |
| 5 | 194 | | ANTIA MARCOS MARTINEZ | 07 | 23 | 03:13 |
| 6 | 213 | | VIOLETA DIAZ MARTIN | 08 | 1 | 03:17 |
| 7 | 220 | | IRENE PAZ PAZOS | 08 | 23 | 03:28 |
| 8 | 277 | | CANDELA RIOS CALVO | 08 | 40 | 03:32 |
| 9 | 206 | | SOFIA DURAN SANJOSE | 08 | 1 | 03:40 |
| 10 | 189 | ag2018501 | STELA FRAGA RIOS | 07 | 8 | 03:40 |
| 11 | 203 | AG201969 | NOA ROMERO LOPEZ | 08 | 4 | 03:41 |
| 12 | 208 | | ANDERE BOUZA BENGOTXEA | 08 | 1 | 03:43 |
| 13 | 186 | | PAULA ANNICCHIARICO BARREIR | 07 | 8 | 03:44 |
| 14 | 209 | | IZAR BOUZA BENGOTXEA | 08 | 1 | 03:45 |
| 15 | 188 | | EVA HURTADO DE MENDOZA Y R | 07 | 1 | 03:59 |
| 16 | 222 | | AMALIA VICENTE RUZO | 08 | 23 | 04:30 |