

RESULTADOS POR SESIÓN

5000 m MASC. AL Sub18

Pos	Dor	Nome Club	Data de Nac. Lic	Cat	Orde	Marca
Final 18/03/2018 11:00						
1	7	Ermias Fernandez Casabella Coruña Comarca	06/08/2001 GA765427	LM	4	16:19.21
2	27	Bilal Dahmouni Lahrach Atletica Lucense	21/05/2001 GA769241	LM	16	16:25.74
3	43	Iván Salgado Troncoso CD San Paio A Estrada	06/11/2001 GA765691	LM	11	16:34.69
4	14	Xoel Rodríguez Abad Comesaña Sporting Club	10/08/2002 GA766241	LM	1	16:40.55
5	9	Iago Jopia Astray Coruña Comarca	10/10/2002 GA766247	LM	7	16:43.94
6	40	Pablo Camescasse Rouco San Miguel de Oia	04/07/2002 GA768710	LM	15	16:44.58
7	41	(t) Victor Bouzon Garcia Olimpico Vedra	15/01/2001 AG9950	LM	13	16:48.34
8	28	(t) Moaad Dahmuni Lahrach Atletica Lucense	13/07/2002 AG2023281	LM	14	17:41.70
9	51	(t) Iván Abeledo Varela CLUB ATLETISMO PINO	12/12/2002 AG2025097	LM	5	17:47.16
10	10	Diego Martinez Rivas Coruña Comarca	25/06/2001 GA765429	LM	8	17:58.49
11	18	(t) Nicolás Gomez Rey Club Atletismo Estrada	06/10/2001 AG768218	LM	3	18:55.68
12	15	José Ibrahim Soto Pintos Comesaña Sporting Club	30/01/2001 GA768741	LM	2	20:11.34
13	31	(t) Oscar Parente Turnes Club Atletismo Negreira	18/11/2002 AG2025282	LM	9	21:23.00
	22	(e) Said Abdoun Bechiki AD Limiactiva	21/06/2002 GA766253	LM	10	DNF
	12	Diego Barros Carballo Comesaña Sporting Club	28/08/2001 GA766239	LM	6	DNF
	29	Hugo Martínez Casanova Atletica Lucense	23/11/2002 GA768948	LM	12	DNS

5000 m FEM. AL Sub20 & Sub18

Pos	Dor	Nome Club	Data de Nac. Lic	Cat	Orde	Marca
Final 18/03/2018 11:20						
1	2	Sonsoles Martin Rodriguez ADAS Proinor	18/09/2001 GA766142	LF	6	18:53.21
2	17	Maria Perez Boente Comesaña Sporting Club	30/06/2000 GA765510	JF	3	20:05.38
3	26	Carlota Ansele Moreno Lucus Caixa Rural Galega	21/06/2000 GA765974	JF	2	20:42.09
4	4	(t) Sara Lia Ochogavias Sotelo EA Ben Cho Shey	01/10/2000 AG2022744	JF	5	21:57.91
	32	(t) Corine Alsina Forján Club Atletismo Negreira	30/11/2000 AG2022823	JF	1	DNF
	1	Marta Ballesteros Fernandez ADAS Proinor	07/09/2001 GA765695	LF	4	DNS

10000 m FEM. AL

Pos	Dor	Nome Club	Data de Nac. Lic	Cat	Orde	Marca
Final 18/03/2018 12:00						
1	46	(t) Ariana González Verde S.A. DO TREGA	07/04/1983 AG768898	SF	1	39:44.26
2	16	Maria Soledad Castro Soliño Comesaña Sporting Club	25/05/1965 GA9172	W-50	3	40:27.44
3	6	Laura Santos Dominguez At. Femenino Celta	08/04/1998 GA717230	PF	4	40:40.77
4	39	(t) Maria Teresa Couto Mendoza NOITEBRA	24/06/1981 AG2023259	W-35	5	46:01.95
5	48	Ana Mª Suárez Liste Atletica a Silva	30/05/1970 GA769091	W-45	2	49:56.88

RESULTADOS POR SESIÓN

10000 m MASC. AL M45 & superiores

Pos	Dor	Nome Club	Data de Nac. Lic	Cat	Orde	Marca
Final 18/03/2018 12:00						
1	42	Xose Manuel Meizoso Vilasuso Olympo As Pontes	14/02/1971 GA768577	M-45	8	37:26.71
2	33	Fernando Gonzalez Pousa Atletismo Noia	10/08/1967 GA769189	M-50	7	37:51.46
3	21	(t) Jose Antonio Juanatey Perez Atletismo Fontes do Sar	24/02/1971 AG9873	M-45	1	38:05.62
4	5	Jose Benito Gomez Lopez Atletas Veteranos Ourense	11/06/1959 GA765008	M-55	4	38:20.40
5	20	(t) Juan Carlos Brandon Rodriguez Atletismo Fontes do Sar	02/01/1962 AG11133	M-55	3	39:25.70
6	36	(t) Juan Carlos Fernandez Castro NOITEBRA	10/12/1962 AG2023113	M-55	10	40:55.58
7	35	(t) Francisco Javier Cepeda Gacio NOITEBRA	17/09/1959 AG2025051	M-55	6	41:54.96
8	19	(t) Jose Luis Diaz Vazquez Fluvial	08/03/1964 AG2023643	M-50	9	42:14.31
9	3	Jose Matias Regueira Boo Atletica Barbanza	16/07/1951 GA19236	M-65	5	45:45.56
	47	(t) Antonio Santos Mallo Atletica a Silva	20/08/1965 AG2024888	M-50	2	DNS

10000 m MASC. AL Abs, M35-40, Sub23, Sub20

Pos	Dor	Nome Club	Data de Nac. Lic	Cat	Orde	Marca
Final 18/03/2018 12:45						
1	25	Esteban Iglesias Vila Lucus Caixa Rural Galega	02/07/1995 GA765841	SM	11	31:56.41
2	52	Amadeo Abal Chaves Vexel Nutricion Dep	01/09/1995 GA768991	SM	10	32:08.53
3	53	Antonio Teijido Lopez Vexel Nutricion Dep	20/01/1986 GA765824	SM	14	32:59.02
4	34	Pablo Monteagudo Lago Atletismo Noia	16/02/1999 GA764825	JM	16	33:09.89
5	49	José Manuel Lojo Fernández San Miguel de Marin	09/03/1983 GA769210	M-35	8	33:30.00
6	11	Jorge Sieira Hermida Coruña Comarca	15/09/1999 GA765246	JM	7	33:36.82
7	13	(t) Víctor Xosé González Horta Comesaña Sporting Club	29/03/1984 AG765828	SM	4	34:01.18
8	30	Jose Carlos Ferreira Gonzalez CAR Marisqueiro	13/02/1974 GA769003	M-40	2	34:04.66
9	8	Nicolas Pablo Gens Lopez Coruña Comarca	03/04/2000 GA769223	JM	3	34:09.24
10	24	(t) Kevin Darriba Corral Lucus Caixa Rural Galega	22/05/2000 AG2019705	JM	1	35:23.75
11	44	Santiago Piñeiro Graña Atmo. Samertolameu	16/04/1978 GA769042	M-35	6	35:24.11
12	50	Borja Castro Hermida CA Santiago	05/03/1998 GA769216	PM	5	35:43.00
13	45	(t) Carlos Fernández Álvarez S.A. DO TREGA	25/08/1973 AG768891	M-40	9	36:54.10
14	37	(t) Jorge Manuel García Rodríguez NOITEBRA	18/09/1973 AG767429	M-40	12	37:45.34
15	23	(e) Ziad Nagihi (f) AD Limiactiva	03/03/2000 GA766251	JM	15	38:24.51
16	38	(t) Ricardo Iglesias Casal NOITEBRA	16/01/1978 AG2015131	M-40	13	42:32.71